

Same-day Discharge for Hip Replacement?

Orthopedic Surgeon Offers Seminar on the Benefits



“For most hip replacement candidates, surgery at an ASC is at least as safe as having the procedure performed at the hospital.”
—John T. Dearborn, MD

You’ve been told you need a hip replacement and you’re concerned about what that means in terms of recovery and time away from home and work. You are surprised when your doctor says you can come home the same day as your surgery—no need to even go to a hospital.

Today’s hip replacement surgery is very different from that of several years ago. Same-day discharge from ambulatory surgery centers (ASCs) has replaced overnight or longer hospital stays, according to Dr. John T. Dearborn, orthopedic surgeon, founder and co-medical director of Washington Hospital’s Institute for Joint Restoration and Research (IJRR).

Several studies have shown that hip replacement performed at an ASC is as safe—and potentially safer—than the same surgery performed in a hospital. Improved surgical techniques and postoperative pain management have made the ASC the preferred location for most patients.

Dr. Dearborn will discuss hip replacement surgery and recovery

Wednesday, Nov. 20, with an online Health & Wellness seminar. The 9 a.m. seminar, titled “Safely Home After Hip Replacement,” can be accessed on Facebook.com/WashingtonHosp and on YouTube.com/whhsInHealth.

“Most of my patients, up to the age of 80 or so, qualify for outpatient hip replacement surgery,” Dr. Dearborn notes. Certain health conditions, such as severe heart, lung or kidney issues, may dictate surgery in the hospital setting. He adds, “But for most hip replacement candidates, surgery at an ASC is at least as safe as having the procedure performed at the hospital.”

Of course, all patients will need some assistance at home initially and may require physical therapy to regain strength and flexibility in the hip. Most patients can resume modest activity—working at a desk, light housework, walking, etc.—within two weeks of the surgery, Dr. Dearborn says. At least six weeks is required to resume heavier physical work and longer for most sports.

The major shift to same-day discharge at Washington Hospital started in 2020, at the beginning of the COVID-19 pandemic. Patients needing hip replacements did not want to spend the night at a hospital, preferring to spend the first postoperative night in their own bed in the safety of their own homes. In response to this rising demand, Peninsula Surgery Center (PSC) was developed during the early pandemic, recreating the already successful program at Washington Hospital into a purely outpatient model. Same-day discharge hip replacement is now performed at both Peninsula Surgery Center in Redwood Shores and at the Washington Outpatient Surgery Center in Fremont. To date, every hip replacement patient at PSC has been successfully discharged home the same day.

Keys to successful same-day surgeries include thoroughly defined pre- and post-surgery plans. The pre-surgery plan should be focused on a balanced protein-rich diet to promote wound healing, muscle tone/cardio exercises to build up arm and leg strength, and a thorough pre-operation examination with

one’s primary care physician. A post-surgery plan should include someone to assist the patient at home for a few days, postoperative home-based physical therapy, and a next-day follow-up call from a nurse.

Same-day hip replacement surgery is a safe route to a smooth and quick recovery. “Continued improvement in surgical techniques and perioperative pain management ensure better outcomes and faster recoveries now and in the years ahead,” notes Dr. Dearborn. “I encourage anyone facing hip replacement surgery to consider having their procedure at an ASC.”

To learn more about Dr. Dearborn, visit the Meet Our Team page at whhs.com/IJRR or scan the below QR code.



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Join the 45,000 subscribers of Washington Hospital’s YouTube page.

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Coming Soon!



Treating Breast Cancer in the Community
Hear from community members how the UCSF – Washington Cancer Center provided the resources and support they needed for breast cancer diagnosis and treatment right here in our community.

Treating Carotid and Aortic Disease Through Endovascular Innovation
Wednesday, Oct. 23, 9 a.m.
Innovative procedures treat and prevent stroke and aortic rupture.

Falls: Prevention and Recovery
Wednesday, Nov. 6, 9 a.m.
One in four individuals aged 65 and older experience a fall each year. Learn practical tips and exercises to improve balance and strength to reduce risk of fall injury.



Breast Cancer Screenings: When and Why
When it comes to breast cancer, early detection is key. Bettina Kurkjian, MD, FACOG, shares important information on breast health and screenings.



Earlier Stage Breast Cancer
Many lives are touched by breast cancer each year. What are the risk factors, treatment options and survival rates of early stage breast cancer?

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!

Events Information

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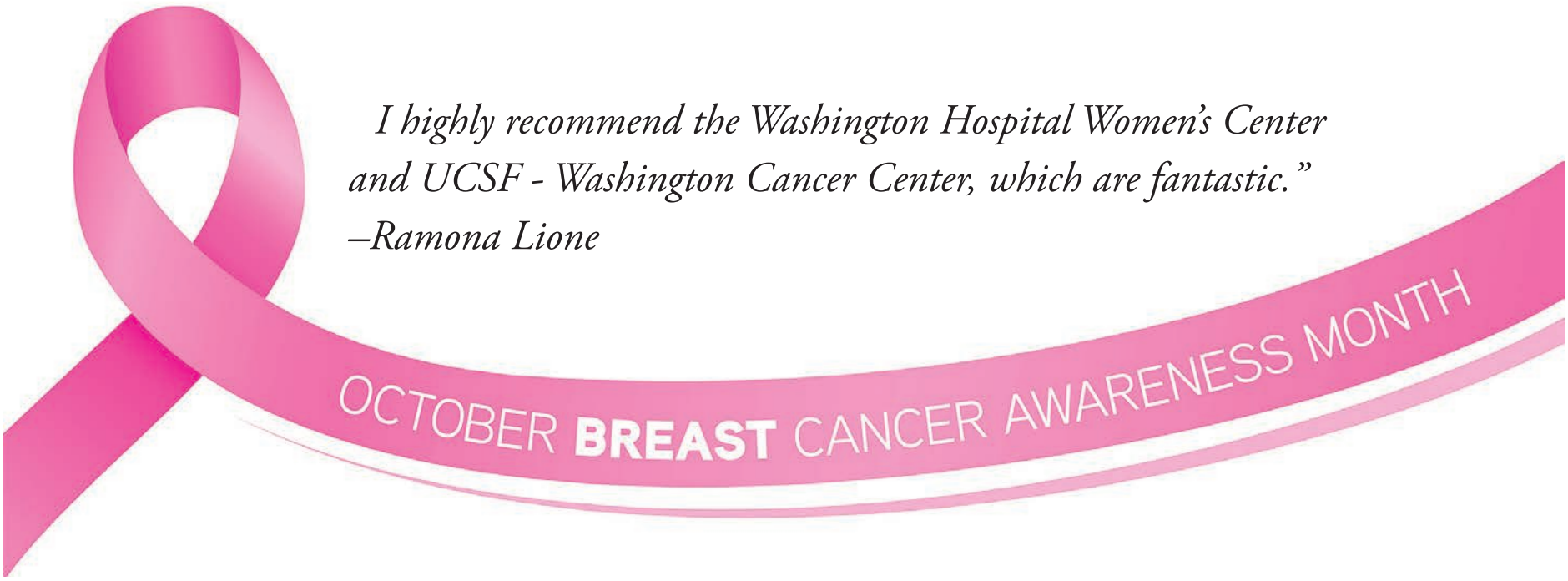
YouTube.com/whhsInHealth



San Jose Breast Cancer Survivor Exudes Positivity and Gratitude

“A Mammogram Saved My Life”

I highly recommend the Washington Hospital Women’s Center and UCSF - Washington Cancer Center, which are fantastic.”
—Ramona Lione



Ramona Lione moved from Fremont to San Jose many years ago but continued going to Washington Hospital Healthcare System (WHHS) for her mammograms. She liked the continuity of care she had always received at the Women’s Center and knew her previous mammogram images were on file in case a comparison or follow-up mammogram was ever needed. That’s exactly what happened in February of this year when Ramona was called back after her annual mammogram for additional imaging of a suspicious-looking area in her right breast.

Ramona was diagnosed with lobular carcinoma after another mammogram, ultrasound and biopsy of the area. Lobular carcinoma makes up a small portion of all breast cancers as it is found in the milk-producing glands of the breast (called lobules), instead of more common ductal cancers. Lobular carcinoma is curable if detected and treated before it spreads from the breasts to nearby lymph nodes. Luckily for Ramona, her cancer had not spread and she had a lumpectomy to remove the small, 5 millimeter tumor in early May.

“That mammogram definitely saved my life,” said Ramona. “The tumor I had was very small and is nothing any medical

professional or I would ever have found with a manual breast exam.”

Ramona’s lumpectomy was performed by Washington Township Medical Foundation surgeon Kranthi Achanta, MD. Her surgery went smoothly and she did not experience pain afterward. She did, however, develop a seroma, which is a pocket of clear fluid that sometimes results from breast surgery. Despite being aspirated three times the seroma refilled, but is now healing.

Next up in Ramona’s treatment plan was radiation therapy, a common treatment for breast cancer that uses high-energy rays or particles to destroy cancer cells. The Washington Radiation Oncology Center (ROC) in Fremont is part of the WHHS cancer care affiliation with UCSF. But since Ramona lives in San Jose and was facing what she thought would be daily radiation treatments for several weeks, she chose to have her radiation done closer to home. Fortunately, since her tumor was small and found early, her radiologist said she only needed five sessions. She tolerated the treatments well, except for some resulting fatigue that is a common side effect.

“Now that the treatments are done, I feel terribly lucky about my cancer journey,” Ramona recalled. “So many women face more trauma and heartbreaking results following their breast cancer diagnosis. From the start, I was very optimistic and just knew this was not going to be a terrible thing. I believe a positive attitude helps when you are facing cancer.”

Ramona is now on a five-year course of anti-estrogen medication to prevent the cancer from returning. As her fatigue improves, she is back to enjoying retirement from her 30-year career as a clinical researcher. She loves gardening with California native plants, birdwatching, and getting outside with her two corgi dogs.

“I would tell other women facing breast cancer to lean on the support of family and friends to keep you strong,” Ramona advised. “Stay positive and hopeful because there has been so much progress in cancer research. Today, we have more ways to reduce risk, raise survival rates and improve outcomes. I highly recommend the Washington Hospital Women’s Center and UCSF - Washington Cancer Center, which are fantastic. Everyone, from the physicians, staff, imaging techs and



outpatient surgery team members, go out of their way to be super helpful, kind, patient and supportive.”

To learn more about the Washington Women’s Center, visit www.whhs.com/WomensCenter. For more information about the UCSF - Washington Cancer Center, go to www.whhs.com/Cancer.

SCHEDULE YOUR MAMMOGRAM

*For yourself or someone you love,
today is a good day to schedule a mammogram.*

Hours

Regular appointment schedule

Monday – Friday, 7:15 a.m. to 4 p.m.

In Oct., Nov., Dec., Saturday appointments are available from 7:45 a.m. to noon, except Nov. 30 and Dec. 28.

Once a physician order is received, mammograms can be scheduled by calling **510.818.7410** or scheduled through MyChart.

Location

Women’s Center, Washington West
2500 Mowry Ave., Suite 150, Fremont





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BayPhil Youth Orchestra’s new music director and conductor

Dr. Carlos Hernandez conducts youth and professional musicians at a special “side by side” concert in summer 2024. Photo courtesy of Bay Philharmonic

Now Hernandez describes the atmosphere he tries to cultivate as chamber music. “It’s all a small group of people getting together and doing their thing, where everyone’s equal and everyone’s voice is heard... That’s my approach with people of all ages I get to work with.”

One interesting aspect of Bay Philharmonic is that often students of different levels will learn and play side by side, and student musicians will even perform alongside professionals. Hernandez explains, “The hope is that there’s a camaraderie that goes with playing with someone that’s older than

you, more advanced than you, and allowing that to be motivating.”

In addition to their own season opener “Music for the People” on Saturday, Nov. 9, the Bay Philharmonic Youth Orchestra (BPYO) will also perform at this Year’s Bay Philharmonic Holiday

Spectacular on December 15 alongside the professional orchestra.

Hernandez knows that his students pursue music at different levels and for different reasons, so he tailors his approach rather than taking one authoritarian stance toward the whole group. “Something that we’ve been making part of our rehearsals is time to develop socially, so that we’re also nurturing our EQ [Emotional Intelligence] and not just our performance abilities on instruments.” The orchestra happens to include many homeschooled students. For them, the program is an especially meaningful chance to socialize with other kids of different ages and backgrounds in a shared music community. Hernandez says, “Getting to know each other... Social development is important to nurture. Especially when some folks are not in a school setting.”

For the future, Hernandez sees a Bay Philharmonic that expands its educational offerings (in addition to pro orchestra and youth programming) to include a “community chamber orchestra” which will create an outlet for amateur community musicians to participate and perform, which calls back to Bay Phil’s roots as a community orchestra.

He encourages those interested in learning more about Bay Philharmonic, or even participating in some capacity, to reach out. “The same way we are sharing our stories and our music, we would love to hear about everyone, their stories, and the music of their individual lives.”

BPYO Season Opener: Music for the People
Saturday, Nov. 9
3pm
Irvington United Methodist Church
4181 Irvington Ave., Fremont
Free event

Bay Philharmonic Holiday Spectacular
Sunday, Dec. 15: 3pm
Chabot College Performing Arts Center
25555 Hesperian Blvd., Hayward
Tickets: \$25 - \$89

Tri-City Stargazer

FOR WEEK OF OCTOBER 22, 2024

All Signs: This week is bursting with ambitious energy! It's an auspicious time to get new projects off the ground. Experiment with new ways of doing things. Try a new approach in your business or in life. Break free of old habits if they no longer serve your best interests. Take up a new hobby. Try new stores or restaurants. Have the courage to explore a better way of doing something. Meanwhile, there's a big change this week as the Sun moves from Libra into Scorpio.

Aries the Ram (March 21-April 20):
In the next four weeks, you will focus more on finances, especially property held jointly with a spouse or business partner. You might raise money for a loan or try to get a mortgage. Alternatively, you might lend money. Meanwhile, you feel more in touch with your own compulsions. Something might happen, perhaps the loss of someone close, that makes you realize you want to experience life—not just intellectual ideas and goals. Currently, you're excited about introducing new changes at home.

Taurus the Bull (April 21-May 20):
Right now, you might identify with your opinions so strongly you take disagreements personally. Don't try to coerce others into believing as you do. For the next four weeks, the Sun will be opposite your sign, which happens only once a year. Because the Sun represents your energy, and it is now as far away from your sign as it can get (in your chart), you need more sleep! However, this polarized position of the Sun can help you learn more about yourself through your closest relationships. This is not the time to go it alone.

Gemini the Twins (May 21-June 20):
In the next four weeks, you will examine how you can manage your life and responsibilities. What really needs to be done? You're keen to work hard now, which is why you will strive to make every action count. However, you might also have to work on behalf of someone else. This is also an

excellent time to improve your health. Meanwhile, this week you might look for a new job or new ways of making money. You might buy something unusual or give stuff away.

Cancer the Crab (June 21-July 21):
Lucky you! For the next four weeks, you will do what you want and set your own priorities! You need the freedom to explore and socialize! Your approach to life will be more lighthearted. You might also have a greater concern for children. In the month ahead, you will give yourself permission to be who you are and do what you want. You feel this is your chance to show the world what you can do. Fortunately, your physical energy will be high and you will be happy as long as your individuality is acknowledged.

Leo the Lion (July 22-August 22):
Home, family and private life will be your focus in the next four weeks. Expect family discussions, especially about home repairs. Some of you will be more involved than usual with a parent. Meanwhile, events from your past might come back to you now. You might have a clearer idea of how your past has dictated your behavior. You might pinpoint self-defeating behavior. Meanwhile, you'll be happy to work alone now. (Incidentally, be aware that someone might be working against your best interests. If you suspect this—you're right! Protect yourself.)

Virgo the Virgin (August 23-September 22):
The pace of your days will accelerate in the next four weeks because you're suddenly busy. You might read, write and study more. You will have more errands and appointments. Many will spend more time with siblings and relatives. This is the perfect time to tell someone how you feel because your mind is clear. Incidentally, a vacation will be a lovely way to spice things up! Physical activity with others will spur your ambition. You will be more courageous about speaking up.

Libra the Scales (September 23-October 22):
Money, cash flow, earnings and your assets are your strong focus in the next four weeks. Librans are affected by their immediate surroundings more than other signs, which is why you're looking around you with a discerning eye. Keep what you like and get rid of what you don't. Live simply and elegantly. Your ambition is strong now, and you might get into trouble with parents and bosses. Are they threatened by your bolder energy? Ideally, you should be your own boss for the next few weeks.

Scorpio the Scorpion (October 23-November 21):
This week the Sun moves into your sign to stay for the next four weeks. This happens only once a year and when it does—it's your birthday. It's your chance to recharge your batteries for the rest of the year. It also means that you make an excellent impression on others because the Sun enhances

your ability to project yourself with dazzle! You also need to express yourself—which is valid. Be open to opportunities in publishing, the media, medicine and the law. Be flexible and ready to act fast.

Sagittarius the Archer (November 22-December 21):
As your birthday approaches, it means your personal year is ending. That's why this is an ideal time for a reality check. Welcome moments of solitude so that you can examine your behavior honestly, especially the way you deal with your world. You might also suddenly be in a dispute about an inheritance or shared resources or property, especially with a spouse or business partner. Meanwhile, your sex drive is amped! (This is a great time to shop for wardrobe goodies.)

Capricorn the Goat (December 22-January 19):
Your popularity will increase in the next four weeks because the Sun will be in your House of Friendships. This will promote your interaction with friends and prompt you to learn new things and hang out with like-minded people. Expect to talk to younger people more than usual. Team efforts will pay off. It's also the perfect time to examine your friends and decide who benefits you and who does not. Meanwhile, be ready for unexpected tension with a partner or close friend. Hopefully, you can handle this by expressing yourself honestly.

Aquarius the Water Bearer (January 20-February 18):
The Sun is at the top of your chart for the next four weeks,

which can happen only once a year. This symbolizes that the Sun is shining a light down on you, casting you in a flattering spotlight, which means that others, especially parents, bosses and VIPs, will admire you—even if you don't do anything different. Obviously, this gives you a marvelous advantage. Meanwhile, you're keen to work hard. Expect surprises in your job. You might want more independence, perhaps self-employment?

Pisces the Fish (February 19-March 20):
In the next four weeks, you want a change of scenery. This is because you're keen to play! You will explore romance with ardent passion. You will also be interested in sports events, social outings, luncheons, dinners and movies because you want to have fun. Admittedly, some of you might encounter tension with your kids because you want to goof off. Accept all invitations to party.



By Georgia Nicols
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Healthcare heroes

NEWARK MAYOR
MICHAEL HANNON
HONORED THE
PROMOTORAS AT
CITY COUNCIL MEETING

By **PANASHE MATEMBA-MUTASA**

As Hispanic Heritage Month comes to a close, the recognition of

Latino contributions continues in Newark, where Mayor Michael Hannon honored the Promotoras, a group of Latino community health workers. During the October 10th city council meeting, the mayor issued a proclamation declaring October 2024 as Promotoras Month. The Promotoras, many of whom are immigrants, have faced significant challenges before

becoming trusted figures in the local healthcare system. Mayor Hannon highlighted the need to support marginalized groups, emphasizing that when all voices are heard, communities grow stronger. “Once we start recognizing folks that don't feel like they had a voice, it encourages others within the community,” Mayor Hannon said. Promotoras, made up of Spanish-speaking men and women, are trained to advocate for solutions to community healthcare issues. Their work, the mayor says, plays

a crucial role in making Newark a welcoming place by connecting the Latino community with healthcare services, social programs and educational institutions. They provide valuable resources such as information, referrals and training to ensure access to these services. Grounded in cultural values, the Promotoras focus on building strong personal relationships and supporting one another in their new surroundings. They act as an extended family, offering both social and emotional support.

Mexican-American councilmember Sucy Collazo praised the group for their dedication, reflecting on her years of collaboration with them. “I'm proud to say as we close out the celebration of Latin heritage, our Promotoras are all Latin angels,” Collazo said.

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Grief can make the holidays a painful time. For comfort after the loss of a loved one, you are invited to join us for a program from GriefShare.

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by GriefShare

***Saturday Morning, November 2 | 9:00am - 11:30am**
Alpha Room | Prince of Peace Church
38451 Fremont Blvd., Fremont, CA 94536
Coffee and pastry available

***During the event you will watch a video featuring reflections of people who've made it through the holidays while dealing with grief. You will receive a Holiday Survival Guide.**

13 Weekly (Grief Share) sessions
Saturdays 9:00am - 10:30am
Beginning November 9



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The sessions are Free, but you must register so we can order materials.
Call or email Carol Ramos for details and to register for the class.
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The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
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Community Bulletin Board

SIMINOFF DAYLIGHT MASONIC LODGE No. 850 Meets on 2nd Monday Of Every Month, At 1:30 PM In Siminoff Masonic Center on campus of Masonic Homes of California 34400 Mission Blvd. Union City CA 94587 530-262-2177		A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227
FREMONT PATHFINDER BRANCH 59 SONS IN RETIREMENT!! Retired men! Come and have lunch on us and join the best retiree group in Fremont! We meet at the Fremont Elks Lodge at noon on the 3rd Wednesday of every month. In addition to engaging and entertaining luncheon programs and fabulous conversation, we offer a veritable plethora of activities for retired men. Golf, Bocce Ball, Poker, Bowling, Walking, Bridge, Couples Wine Tasting, Music and much, much more. Call, write, or email for your free lunch! Big Sir Rob Ingebretson, 48232 Cottonwood Street, Fremont, CA 94539; robingy@comcast.net ; 510-657-7828.		
Fremont Stamp Club Meet 2nd Thurs. each month Cultural Arts Center 3375 Country Dr., Fremont Interesting discussions, trade, silent auction fremontstampclub@gmail.com www.fremontstampclub.org Steve (510) 461-3431	SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055	Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, or returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com
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SURVIVING THE HOLIDAYS COFFEE & PASTRY SAT. NOV 2 - 9AM - 11:30AM Prince of Peace Church Alpha Room 38451 Fremont Blvd. Fremont Materials provided Register contact: Carol Ramos 510-299-2171 Carolkr45@comcast.net Grief Share Sessions Starting November 9	Living Hope Foursquare Church 7160 Graham Ave Newark CA Welcomes You Sunday Worship Times English: 10:30am - 12:30pm Tagalog 2:00pm - 4:00pm Join our worship and study of God's Word. www.newlivinghope.org	Fremont Cribbage Club Meets every Wednesday at 5:30 p.m. at Stanley's Sports Bar in Sharks Ice Fremont 44388 Old Warm Springs Blvd. Fremont. We play a 9-game tournament We welcome experienced players and will work with new players hoping to learn the game. Email: accgr43@gmail.com for more information.
LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227
BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers		TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 510-673-0877
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“Legacies of Love” Quilt Show Piecemakers Quilt Guild of Southern Alameda County Over 100 quilts on display! Vendors, boutique, raffle and door prizes! Saturday, Nov 2, 2024, 9am to 5pm and Sunday, Nov 3, 2024, 9am to 3pm Ohlone College Newark Center 39399 Cherry Street, Newark, CA 94560 \$10 Entrance Fee This organization is supported by grants from Alameda County Arts Commission ARTSFUND and Washington Hospital		Rewarding volunteer opportunity! Deliver meals to seniors SOS Meals on Wheels Fremont, Newark, Union City M-F, 10:30am - 12:30 pm 10-15 clients per route Contact John, 510-244-0165 John@sosmow.org www.sosmow.org
		Serious Mental Illness Free 8-week course for caregivers of someone with a serious mental illness starting Jan 4, 2025, from 9:00-11:30 in Fremont. Registration Form at: https://bit.ly/4h8ev0s Contact: Joe Rose at 510-255-3903 or F2F@NAMIlacs.org

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HOSPITAL HOSTS CANCER AWARENESS FAIR

Emily Gentry, a physician assistant at Washington Hospital, shared about the hospital's Women's Center and its resources for cancer patients, including a newly added second 3D mammography machine.

Dr. Bogdan Eftimie, a hematologist-oncologist, spoke of the negative effects of anxiety on the body and the benefits of meditation: Namely, improving sleep which improves overall health.

Dr. Seema Sehgal, a specialist in psychiatry and behavioral sciences, spoke on the psychological effects of cancer, saying, “Mental health

treatment should be part of routine treatment of cancer. It should not be considered a luxury or an add-on.”

She pointed out that this type of cancer often affects women in their prime, dealing a blow to self image as well as a physical one. “We can't talk about the breast without talking about what this organ symbolizes. It symbolizes femininity, beauty, motherhood, sexuality. I really feel that the breast as an organ almost lives in the public domain. Everybody has something to say about the breast.” Societal discourse ranges from how

much cleavage should be shown to whether mothers should breastfeed in public.

Dr. Sehgal continued, “When this organ is affected by cancer, it really is a hit on a woman's femininity, womanhood, attractiveness and fertility.” The psychological impact can be as great as the physical. This is why patients need informed care that considers the whole person.

There is much work to be done, but many doctors, volunteers and allies are doing it. And their work is appreciated.

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tcv@tricityvoice.com

EARLY RISERS start your Tuesday with a boost of energy. Join the NEWARK TOASTMASTERS from your home 7 am - 8 am via Zoom. Boost your communication, leadership & personal growth skills. It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org	SAN LEANDRO HISTORICAL RAILWAY SOCIETY OPEN HOUSE The SLHRS models the Southern Pacific from Oakland to just east of Norden using a tri-level Donner Pass helix. Public invited every Sat. 10AM - 2:30PM 1302 Orchard Ave, San Leandro San Leandro G&O trains in back garden. New members & Model Railroad donations accepted. Visit us at www.slhrs.org
Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings. Uc-newark.northernca-al-anon.org for a full meeting list. You can also email Alanond17@gmail.com or call us at 510.276.2270 for more info.	
NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday every month except December at the Masonic Home on Mission Blvd, Union City Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327	
Builders Fund Holiday Boutique Friday November 1 9am—3pm Shop at tables filled with handmade gifts and holiday décor and browse through hidden treasures. Don't miss the homemade baked items by the Builders Fund. Proceeds benefit the Age Well Center at Lake Elizabeth. Event is sponsored by the Senior Center Builders Fund. Want to be a vendor? Stop by the office or call 510-790-6600, for more info or to get an application. Deadline to reserve a table is Monday, October 7.	
Mt Eden HS Music Dept. Flea Market 2300 Panama St. Hayward, CA 94545 When: Every 4th Saturday of the month -6am set up, 7am-3:30pm open to the public Where: Mt. Eden HS student parking lot Cost: \$30 per vendor (pay cash only at the gate) Contact Info: officialmehsband@gmail.com Starts 7/27, 8/24, 9/28, 10/26	
ROTARY CLUB OF NEWARK CA Meets on Tuesdays from 12:15 PM to 1:30 PM at Doubletree Hotel, 39900 Balentine Dr., Newark, CA 94560 Conference Room 3 The Newark Rotary Club was founded on May 8, 1961 and continues its community and international service work. Members share camaraderie, fun and self-service in helping others throughout the Tri-City area and beyond. We welcome you to join us for a free lunch on us! For more information, email rotarynewarkca@gmail.com	
Smart Social Security Planning for a Secure Financial Future Optimize your Social Security benefits with Thien Khuu, a Registered Social Security Analyst and 25-year Social Security Administration veteran. Gain insights to plan for a confident and secure retirement. Don't miss this chance to empower your financial future! Thursday, October 24, 2024 6:00 PM to 7:00 PM Union City Library Community Meeting Room 34007 Alvarado-Niles Rd, Union City, CA 94587 Registration Link: http://tiny.cc/RSSA-registration102424 Or call/text 510-936-1318	
THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and group reservations email mphf.secretary@gmail.com	

continued from page 1

Day of the Dead honors ancestors

live music by Discos Resaca Collective
Veterans Memorial Hall
22737 Main St., Hayward
Organized by Eden Youth (@op3doors on Instagram)

Día de Muertos Wellness Fair & Sugar Skull 5K Run
Sat, Nov. 2
9am - 12pm
Performances, crafts, wellness fair and 5k run
Cardoza Park
Kennedy Dr. & N. Park Victoria Dr., Milpitas
www.milpitas.gov

Niles Altar Walk
Sun, Nov. 3
2pm - 9pm
Locals, Friends of Niles, artists and students build altars to commemorate the lives of passed loved ones
Niles Town Plaza
37482 Niles Blvd., Fremont
www.niles.org/nmsa-calendar-of-events/niles-altar-walk

Home & Garden

Keep the vampires away!

GROWING GARLIC AT HOME IS EASY AND REWARDING



Hardneck garlic varieties have a woody stalk around which cloves are arranged, and a green stalk called a scape. Photo credit: Madhvika Singh



Plant cloves with the pointy side up, from mid-October until November. Photo credit: Madhvika Singh



Garlic makes a useful gift as it can both deter cryptids and flavor home-cooked meals. Photo credit: Madhvika Singh



Garlic cloves can be stored frozen, mashed into paste and frozen as cubes, or ground into powder. Photo credit: Madhvika Singh

By MADHVIKA SINGH

Planting garlic has become a ritual in my home garden. It started as a garlic plant showing up in the compost pile, and then there was no looking back. It is now one of my favorite crops to grow for many reasons—seed garlic is available almost everywhere, planting is easy, and plants do not require a lot of attention and care, store for a long time and can be used in many ways. Most importantly, garlic does not require structure for support or climbing.

Garlic, *Allium sativum*, belongs to the family Amaryllidaceae. The bulb is made up of individual segments called cloves. There are two main types of garlic—hardneck (*Allium sativum* var. *ophioscorodon*) and softneck (*Allium sativum* var. *sativum*). Hardneck varieties have a woody stalk in the middle around which the cloves are arranged, and have more pungency, but have a shorter storage life of about four months. The hardneck varieties also produce a green stalk, called the scape, which can be used in cooking. Softneck varieties are less pungent, have more cloves, and have a longer shelf life of up to eight months under optimal storage conditions.

Some of my favorite softneck varieties to grow are Inchium Red and California Early. For hardneck varieties, I like Music, Spanish Roja and German Extra Hardy. Fun fact: Elephant garlic (*Allium ampeloprasum* var.

ampeloprasum) is not a true garlic. It is a close relative of the leek and its bulb has very large, mild-flavored cloves.

Although growing garlic in a raised bed or in the ground has better chances of producing bigger bulbs, if a home gardener is limited by space, growing garlic in a container is equally rewarding. I always add a lot of compost to garlic beds or the containers, and fertilize again in about three months with a granular fertilizer.

To prepare for planting, gently open the garlic bulb and separate the cloves, keeping skins intact and avoiding damage to the root callus. Plant the largest cloves, as they will produce the largest bulbs. Plant with the pointy sides up. I like to plant garlic anywhere from mid-October to November before the ground is too cold to be worked in. Space each clove six to eight inches apart and plant about two inches deep in a location that receives at least six hours of strong sun. The cloves sprout anywhere from two to three weeks. During the initial weeks I like to hand water to give the sprouting cloves enough moisture. Once the rains start, I let them take over until spring. I stop watering two weeks prior to the harvest time.

The time to harvest garlic depends on the variety, planting time and local climate, but is generally around June to July. When the bottommost leaves on the stalk start to turn brown, garlic is about ready. Rather than pulling up the stems, using a trowel

or gardening fork, gently lift the garlic bulb along with surrounding soil and brush off excess dirt. Harvest all bulbs that look ready and cure the garlic in a well-ventilated location sheltered from direct sunlight.

There are many ways to cure garlic. Some gardeners prefer to wash dirt off, while others like to remove the outermost layer, and still others swear by cutting the stems and roots right away. My approach has been to not wash the garlic, and not cut the stems or the roots for the first four weeks while they are curing. I remove any leaves that are dry and look diseased and let the garlic bulbs cure in a single layer on a surface like a wire rack. I like to inspect the garlic once a week for pests or rotting bulbs and remove dirt that's dry and falls off easily. After curing for about five weeks, cut off the tops and trim the roots to finish the curing process.

There are many ways to use and store garlic. It can be made into paste and frozen as cubes, cloves can be peeled and frozen, or garlic can be dried and stored as powder. Homemade garlic bread and sweet potato fries sprinkled with sauteed minced garlic and parsley are a couple of my favorite indulgent foods.

Garlic soup

In an oven-safe container, roast 15-20 peeled cloves of garlic at 225 degrees Fahrenheit for about 45 minutes, making sure they are covered in oil. In a heavy bottom pan, add a few tablespoons of olive

oil or butter. As soon as it warms up, add half a cup of diced white or yellow onion, and a few minutes later, add half a cup each of diced celery and carrots, with about 10 cloves of minced garlic to add pungency. Add salt to taste and sauté on medium heat until vegetables look translucent. Add the roasted garlic cloves to the pan, incorporating everything together. Roasted garlic adds creaminess and sweetness to the soup. Adjust the total amount of garlic to your liking.

Turn the stove to low and add in stock or water. Bring to a boil, and let it simmer for 10 minutes. Use a blender to blend the mixture well. Don't prefer to blend? No problem. One can add in butter or heavy cream to make the contents more luscious. Add freshly ground black pepper, adjust salt to taste and garnish with any herbs your garden has to offer. Enjoy with sourdough croutons or a grilled cheese sandwich for a comforting evening meal.

Note: This article gives an overview of growing plants, sun and soil requirements, moisture needs, etc. Plant health and growth will vary based on various factors. This article is intended for gardening and culinary inspiration only. Please consult your healthcare provider should you have any questions or concerns about adding any new foods or ingredients to your diet.

The ACWD Connection

FALL LANDSCAPE WORKSHOP

SATURDAY, OCT. 26 | 10 AM TO NOON
IN-PERSON AT ACWD HEADQUARTERS

Re-think Your Lawn: Creating Water-Efficient & Climate Resistant Landscapes
Learn how to transform your water-thirsty lawn into a beautiful, low maintenance, and water-efficient landscape that can better withstand emerging impacts of climate change, including prolonged droughts. Register online at: <https://bit.ly/October26Workshop>.



FREE



The Fremont CONNECTION



Apply to be a City of Fremont Commissioner or Advisory Board Member

Looking for a way to make a difference in the Fremont community? Consider serving the City of Fremont as a commissioner or an advisory board member! Current board and commission vacancies include the following:

Art Review Board

Vacancy: One Representative

Building Appeals Board

Vacancies: Three Representatives

Board Members must have specific expertise/experience related to building construction and State and local Building and Fire Codes. Board members need not reside in Fremont.

Environmental Sustainability Commission

Vacancy: One *Development/Construction Representative*

George W. Patterson House Advisory Board

Vacancy: One *At Large Representative*

Vacancy: One *Mission Peak Heritage Foundation Representative*

Vacancy: One *Washington Township Historical Society Representative*

Human Relations Commission

Vacancy: One Representative

Library Advisory Commission

Vacancies: Two *At-Large Representatives*

Vacancy: One *Friends of the Library Representative*

Recreation Commission

Vacancy: One Representative

Rent Review Board

Vacancy: One *Tenant Representative*

Senior Citizens Commission

Vacancy: One Representative

The City Clerk's Office welcomes applications for all Boards, Commission and Committees throughout the year. For more information about each board and commission, or to download an Advisory Body application, visit city.fremont.gov/boardsandcommissions. You may also obtain an application from the City Clerk's Office at 3300 Capitol Ave., Building A. For more information contact 510-284-4060 or cclerk@fremont.gov.

New Building Appeals Board for Fremont

On September 17, the Fremont City Council adopted a new ordinance for Fremont that creates a Building Appeals Board to hear and decide appeals of orders, decisions, and determinations made by the City's Building Official and Fire Marshal related to building and fire codes. This is in response to a court ruling that determined that the City's existing appeals process—which is currently managed by a single hearing officer—does not comply with the California Building Code.

The ordinance allows for a three-member Building Appeals Board appointed by the City Council. Members do not have to be Fremont residents. They are required to have special knowledge of state and local building and fire codes. The City's Building Official or designee serves as the secretary to the board but does not have voting rights. A fee of \$2,101 is associated with any appeal to the board, and the fee becomes effective November 18, 2024.

The ordinance also establishes the City's Planning Commission as the hearing body for post-entitlement appeals pursuant to California's Housing Accountability Act.

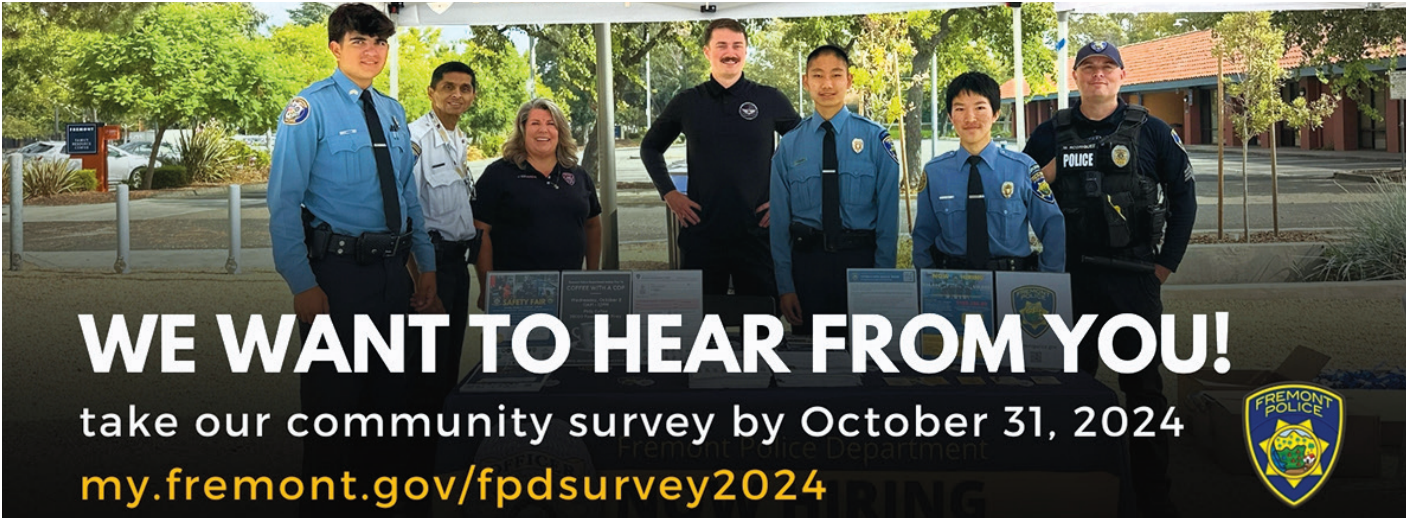
For more information about the Building Appeals Board, view the City Council staff report. Additional information, including the application to serve on the board, is available on the Building Appeals Board webpage at city.fremont.gov/buildingappealsboard.



Fremont Police Department Launches Annual Community Survey

Fremont Police Department (FPD) wants to hear from you! FPD's annual community survey is available from September 27 through October 31, 2024.

Each year, the results of the Community Survey help the Department improve services and identify primary concerns our community would like to address. Fremont Police Department is looking forward to community input and how the Fremont Police can best serve you! You do not need to register or create an account to take the survey. All responses are completely anonymous. Take the survey at my.fremont.gov/fpdsurvey2024



Seven Steps to Earthquake Safety

Follow the Seven Steps to Earthquake Safety to be prepared to survive and recover. Learn more at EarthquakeCountry.org/sevensteps.

PREPARE

1

Secure your space by identifying hazards and securing moveable items.

2

Plan to be safe by creating your emergency plan and deciding how you will communicate.

3

Organize emergency supplies in convenient locations.

4

Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance coverage.

SURVIVE

5

Drop, Cover, and Hold On or other recommended actions (if you feel shaking or get an alert).

6

Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.

RECOVER

7

Reconnect and Restore daily life by reuniting with others, repairing damage, and rebuilding community.

© 2023 Earthquake Country Alliance

If You Feel Shaking or Get an Alert:

If Possible			
	DROP!	COVER!	HOLD ON!
Using Cane			
	DROP!	COVER!	HOLD ON!
Using Walker			
	LOCK!	COVER!	HOLD ON!
Using Wheelchair			
	LOCK!	COVER!	HOLD ON!

EarthquakeCountry.org/step5

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD A PUBLIC HEARING ON THE FOLLOWING PROPOSAL, SAID PUBLIC HEARING WILL BE HELD AT 6:30 P.M., ON THURSDAY, NOVEMBER 7, 2024, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

2024 CODE UPDATE - HOUSING ELEMENT IMPLEMENTATION CITYWIDE - 39550 Liberty Street - PLN2025-00074 - To consider adoption of a resolution for objective design standards for historic homes to implement programs contained within the adopted housing element and an ordinance for associated text amendments to the Historic Resources Chapter (FMC Chapter 18.175); and to consider exemptions for the proposed amendments from the requirements of the California Environmental Quality Act (CEQA), each on a separate and independent basis, pursuant to CEQA Guidelines §15061 (Review for Exemption), §15183 (Projects Consistent with a Community Plan, General Plan, or Zoning), §15262 (Feasibility and Planning Studies), and §15378 (Project).
Project Planning – James Willis, (510) 494-4449, jwillis@fremont.gov

For further information on any of the above items, contact the respective project planner above for that particular project.

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

JAMES WILLIS, SECRETARY
HISTORICAL ARCHITECTURAL REVIEW BOARD



BULK SALES

NOTICE TO CREDITORS OF BULK SALE

(SECS 6104, 6105 U.C.C.)

Escrow No. FSBC-02724014
Notice is hereby given to the Creditors of: FLEETWOOD GROUP INC., Seller(s), whose business address(es) is: 39230 ARGONAUT WAY, FREMONT, CA 94538, that a bulk transfer is about to be made to: DOUBLE DOUBLE TEA INC., Buyer(s), whose business(es) address is: 39230 ARGONAUT WAY, FREMONT, CA 94538. The property to be transferred is located at: 39230 ARGONAUT WAY, FREMONT, CA 94538. Said property is described in general as: ALL STOCK IN TRADE, FIXTURES, EQUIPMENT, GOODWILL AND OTHER PROPERTY of that business known as: TATA TEAHOUSE and located at: 39230 ARGONAUT WAY, FREMONT, CA 94538

The bulk sale is intended to be consummated at the office of: FIDELITY NATIONAL TITLE COMPANY, ESCROW DIVISION, 2099 GATEWAY PL, STE 500, SAN JOSE, CA 95110. The bulk transfer will be consummated on or after the NOVEMBER 7, 2024.

The bulk transfer is subject to Section 6106.2 of the California Commercial Code. If Section 6106.2 applies, claims may be filed at: FIDELITY NATIONAL TITLE COMPANY, ESCROW DIVISION Escrow No. FSBC-02724014, 2099 GATEWAY PL, STE 500, SAN JOSE, CA 95110. PHONE: (408)437-4313. FAX: (408)392-9272. This bulk transfer does NOT include a liquor license transfer. All claims must be received at this address by the NOVEMBER 6, 2024

So far as known to the Buyer(s), all business names and addresses used by the Seller(s) for the three (3) years last past, if different from the above are: NONE

IN WITNESS WHEREOF, the undersigned have executed this document on the date(s) set forth below.
Date: OCTOBER 3, 2024
2861937-PP TRI-CITY VOICE
10/22/24

CNS-3863498#

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. 24CV080617
Superior Court of California, County of ALAMEDA
Petition of: GINA MARIE SALAZAR for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner GINA MARIE GUEVARA filed a petition with this court for a decree changing names as follows:
GINA MARIE GUEVARA to GINA MARIE SALAZAR

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 11/7/2025, Time: 9:30 A.M., Dept.: 103, Room: N/A
The address of the court is 661 WASHINGTON STREET, OAKLAND, CA 94607

(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.)

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: OCTOBER 9 2024
THOMAS I NIXON
Judge of the Superior Court
10/22, 10/29, 11/5, 11/12/24

CNS-3862458#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609218
Fictitious Business Name(s):
TKI PALMS AVENUE, 29455 NEW HAMPSHIRE WAY, HAYWARD, CA 94544 County of ALAMEDA
Registrant(s):
NICOLE BETTIUS, 29455 NEW HAMPSHIRE WAY, HAYWARD, CA 94544
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ NICOLE BETTIUS.
This statement was filed with the County Clerk of Alameda County on 09/10/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/12, 10/29, 11/5, 11/12/24

CNS-3863304#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609591
Fictitious Business Name(s):
GAMEDAY MEN S HEALTH, HAYWARD, 24301 SOUTHLAND DRIVE, SUITE 200, HAYWARD, CA 94545 County of ALAMEDA
Registrant(s):
SATPATHY HEALTH AND WELLNESS PC, 24301 SOUTHLAND DRIVE, SUITE 200, HAYWARD, CA 94545 (CA)
Business conducted by: State or Local Registered Domestic Partners
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ SARITA SATPATHY
This statement was filed with the County Clerk of Alameda County on 09/27/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/24

CNS-3862461#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609824
Fictitious Business Name(s):
CHILDREN'S INNOVATION CENTER, 4212 WESTMINSTER CIR., FREMONT, CA 94536, County of ALAMEDA

Registrant(s):
SHANTI BALARAMAN, 4212 WESTMINSTER CIR., FREMONT, CA 94536
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ SHANTI BALARAMAN
This statement was filed with the County Clerk of Alameda County on OCTOBER 9, 2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/24

CNS-3862460#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609838
Fictitious Business Name(s):
COLLEGE PERSPECTIVE, 2345 WOODTHRUSH WAY, PLEASANTON, CA 94566-5326, County of ALAMEDA

Registrant(s):
EMMELINE CHEN, 2345 WOODTHRUSH WAY, PLEASANTON, CA 94566
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 10/1/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ EMMELINE CHEN
This statement was filed with the County Clerk of Alameda County on OCTOBER 9, 2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/24

CNS-3862459#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609587
Fictitious Business Name(s):
EXPRESSION8 ART ACADEMY, 39190 PASEO PADRE PKWY, FREMONT, CA 94538 County of ALAMEDA

Registrant(s):
EXPRESSION8 ART INC, 39190 PASEO PADRE PKWY, FREMONT, CA 94538 (CA)
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 09/12/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ PRASHANT LAXMIL NEKKANTI
This statement was filed with the County Clerk of Alameda County on 09/27/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/24

CNS-3862183#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609745
Fictitious Business Name(s):
PERALTA DISCOUNT LIQUOR #2, 4342 THORNTON AVE, FREMONT, CA 94536 County of ALAMEDA

Registrant(s):
PERALTA DISCOUNT LIQUOR LLC, 4342 THORNTON AVE, FREMONT, CA 94536
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ PERALTA DISCOUNT LIQUOR LLC
S/ RESHAM SINGH
This statement was filed with the County Clerk of Alameda County on 10/04/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/24

CNS-3861183#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609474
Fictitious Business Name(s):
UP RIVER SOLUTIONS, 1550 STAFFORD AVE, HAYWARD, CA 94541; MAILING ADDRESS: 1090 B STREET #130, HAYWARD, CA 94541 County of ALAMEDA

Registrant(s):
SARA LAMNIN, 1090 B STREET #130, HAYWARD, CA 94541
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ SARA LAMNIN.
This statement was filed with the County Clerk of Alameda County on 09/24/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/24

CNS-3861182#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609314
Fictitious Business Name(s):
ZC MOTORS, 4223 PERALTA BLVD, FREMONT, CA 94538 County of ALAMEDA

MAILING ADDRESS: 1414 EL CAMIMNO HIGUERA, MILPITAS, CA 95035
Registrant(s):
ZACHARY CHAMALI, 1414 EL CAMIMNO HIGUERA, MILPITAS, CA 95035
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 07/01/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ ZACHARY CHAMALI.
This statement was filed with the County Clerk of Alameda County on 09/16/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/24

CNS-3861169#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609749
Fictitious Business Name(s):
GRIMMER LIQUOR & GROCERY, 43410 GRIMMER BLVD., FREMONT, CA 94538 County of ALAMEDA

Registrant(s):
KAMALJEET SINGH INC., 43410 GRIMMER BLVD., FREMONT, CA 94538
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ KAMALJEET SINGH INC.
S/ KAMALJEET SINGH
This statement was filed with the County Clerk of Alameda County on 10/04/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/24

CNS-3861168#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609494
Fictitious Business Name(s):
ADOBOLICIOUS FILIPINO RESTAURANT, 4812 THORNTON AVE, FREMONT, CA 94536 County of ALAMEDA

Registrant(s):
VILMA A. LIRIO, 4812 THORNTON AVE, FREMONT, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 08/15/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ VILMA A. LIRIO.
This statement was filed with the County Clerk of Alameda County on 09/24/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/24

CNS-3858169#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609568
Fictitious Business Name(s):
1. TOM'S FLOWER STOP, 2. TOM'S FLOWERS, 33090 MISSION BLVD., UNION CITY, CA 94587 County of ALAMEDA

Registrant(s):
THOMAS J. MEDEROS, 33090 MISSION BLVD., UNION CITY, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ THOMAS J. MEDEROS.
This statement was filed with the County Clerk of Alameda County on 09/26/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/11, 10/15, 10/22, 10/29/24

CNS-3858166#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609011
Fictitious Business Name(s):
J TOWING, 33435 5TH ST, UNION CITY, CA 94587 County of ALAMEDA

Registrant(s):
JENNIFER RIVERA, 33435 5TH ST, UNION CITY, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ JENNIFER RIVERA.
This statement was filed with the County Clerk of Alameda County on 08/30/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/1, 10/8, 10/15, 10/22/24

CNS-3856824#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609192
Fictitious Business Name(s):
A. OBE MEDICAL CORPORATION, 4275 PEREGRINE WAY, FREMONT, CA 94555 County of ALAMEDA

Registrant(s):
SHAHIDA P HASSAN, 4275 PEREGRINE WAY, FREMONT, CA 94555
SAJIDA Y RANA, 4275 PEREGRINE WAY, FREMONT, CA 94555
Business conducted by: Joint Venture
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ SHAHIDA P. HASSAN
This statement was filed with the County Clerk of Alameda County on 09/09/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/1, 10/8, 10/15, 10/22/24

CNS-3856822#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 609306
Fictitious Business Name(s):
PRETTIFY ME, 1129 OVERLOOK AVE., HAYWARD, CA 94542, County of ALAMEDA

Registrant(s):
LN COSMETICS LLC, 1129 OVERLOOK AVE., HAYWARD, CA 94542, County of ALAMEDA
Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ MARK LOPEZ
This statement was filed with the County Clerk of Alameda County on 09/16/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/1, 10/8, 10/15, 10/22/24

CNS-3855475#

PUBLIC NOTICES

Attorney for Petitioner: KONSTANTINE A. DEMIRIS (240089) THE DEMIRIS LAW FIRM, P.C., 1255 TREAT BLVD., SUITE 300, WALNUT CREEK, CA 94597, Telephone: 925-378-2520 10/22, 10/29, 11/5/24

CNS-3862769#

NOTICE OF PETITION TO ADMINISTER ESTATE OF: TINA MARIE MCCABE AKA TINA M. MCCABE AKA TINA MCCABE CASE NO. 24PR094819

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of TINA MARIE MCCABE AKA TINA M. MCCABE AKA TINA MCCABE,

A PETITION FOR PROBATE has been filed by DENNIS T. DYSTHE in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that DENNIS T. DYSTHE be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 11/20/24 at 9:45AM in Dept. 201, Room: TBA located at 2120 MARTIN LUTHER KING JR. WAY, BERKELEY, CA 94704.

REMOTE APPEARANCE:The Court allows, but does not require, all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner JOHN J. RANK, ESQ. - SBN 160490 45 JAN COURT, STE. 170 CHICO CA 95928 Telephone (530) 891-4000 10/22, 10/29, 11/5/24

CNS-3862655#

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHARLES PRESTON MORROW CASE NO. 24PR095178

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: CHARLES PRESTON MORROW

A Petition for Probate has been filed by ROGER BOAZ in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that ROGER BOAZ be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person

files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on NOVEMBER 20, 2024 at 9:45 A.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: KONSTANTINE A. DEMIRIS (240089) THE DEMIRIS LAW FIRM, P.C., 1255 TREAT BLVD, SUITE 300 WALNUT CREEK, CA 94597, Telephone: 925-378-2520 10/22, 10/29, 11/5/24

CNS-3862496#

FIRST AMENDED NOTICE OF PETITION TO ADMINISTER ESTATE OF FORREST PATTERSON CASE NO. 24PR091616

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: FORREST PATTERSON

A Petition for Probate has been filed by DONALD PATTERSON in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that DONALD PATTERSON be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on DECEMBER 2, 2024 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: GLEN L. MOSS, 1297 B STREET, HAYWARD, CA 94541, Telephone: 510-583-1155 10/22, 10/29, 11/5/24

CNS-3862177#

NOTICE OF PETITION TO ADMINISTER ESTATE OF ANDREW CHIGI KAO CASE NO. 24PR090476

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or

estate, or both, of: ANDREW CHIGI KAO A Petition for Probate has been filed by KAREN KAO in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that KAREN KAO be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 11/13/2024 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: JONATHAN LEE ESQ., LAW OFFICES OF JONATHAN LEE, PO BOX 940, MILLBREA, CA, 94030, Telephone: 415-685-0813 10/15, 10/22, 10/29/24

CNS-3860303#

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARK FRANK MROZ CASE NO. 24PR093503

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: MARK FRANK MROZ AKA MARK MROZ

A Petition for Probate has been filed by OLIVIA MROZ-FIELDS in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that OLIVIA MROZ-FIELDS be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 11/04/2024 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the

court clerk. Attorney for Petitioner: JENNIFER C. MARLOWE, LAW OFFICE OF JENNIFER C. MARLOWE 100 PINE STREET, SUITE 1250, SAN FRANCISCO, CA 94132, Telephone: 415-745-3041 10/8, 10/15, 10/22/24

CNS-3858577#

TRUSTEE SALES

T.S. No. 124814-CA APN: 531-0022-152 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 8/4/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 11/13/2024 at 12:00 PM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 8/10/2006 as Instrument No. 2006305895 of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: NEVIN Z. KHINE AND MARIA A. KHINE, HUSBAND AND WIFE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE, AT THE SOLD ON ST. EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST., OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 38630 LAHANA WAY, FREMONT, CA 94538-1839 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold on ST. EMERGENCY EXIT is \$384,396.21 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary aware that Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-24-990564-AB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-24-990564-AB to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio N San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION TS No.: CA-24-990564-AB IDSPub #0224699 10/22/2024 10/29/2024 11/5/2024 10/22, 10/29, 11/5/24

CNS-3860486#

CNS-3859140#

Football Spotlight: Irvington High School



Irvington's Head Coach Anthony Jackson gives the team a pep talk during a timeout. Photo by Neel Bhimani

ONE INGREDIENT AT A TIME

By NEEL BHIMANI

The Irvington Vikings have started the season with a fantastic 6-0 record, dominating their opponents in every game. So far,

they have outscored their opponents by a staggering 229-36. Irvington's Head Coach, Anthony Jackson, believes this success is primarily because of Irvington's ball security. Irvington has had very minimal turnovers on the offensive side of the ball and many forced turnovers on the defensive side. Another key factor, according to Coach Jackson,

is the team's chemistry. He states, "[The] players have camaraderie, they feel loyal to one another, and they feel brought into what is going on." The chemistry has been very evident on the field this season, and Irvington hopes to continue their winning streak.

Focusing on the offensive side of the ball, Irvington has

been on an absolute tear. In a recent interview, Coach Jackson mentioned that the offense starts with the run game to open up options downfield and control the clock. Star running back Matthew Forbes, one of the team's captains and the head of the offense, has scored seventeen touchdowns in six games. Irvington's run game has been very dominant so far. When Irvington needs to turn to the passing game, senior quarter back Angel Perez has been delivering. With an exceptional passer rating of 135.4 on the season, Irvington's passing attack is slowly becoming just as effective as the run game.

On the defensive side of the ball, Coach Jackson highlighted captain Tommy Chang, a middle linebacker who is "an extension of the coaching staff." His deep understanding of the game and leadership qualities make him a key asset to the team.

Although Irvington has been winning, there are still weaknesses they hope to address. The biggest one so far has been tackling. Coach

Jackson admits, "I still think we need to tackle better, be physical on both sides of the ball and improve attention to detail." He also stated that many of the kids on the team did not grow up playing football, so technique still needs to be taught to many of the players.

Ultimately, Coach Jackson's goal for the season is to win a playoff game. However, it's very early in the season and playoffs are still in the far future. Coach Jackson states, "Our goal is to go 1-0 every week. We're not putting much emphasis on the total picture yet. We're just putting one ingredient in at a time." If the team continues refining these ingredients--- sharp execution, strong chemistry and attention to detail--- Irvington could be in for something bigger than just a great start. The right mix might just lead them to a playoff run that no one saw coming.

If you would like to donate to Irvington's football program, please contact Irvington's athletic director Michelle Stone at mstone@fusdk12.net.

LIFE CORNERSTONES

Birth

Marriage

Obituaries

For more information
510-494-1999
tcv@tricityvoice.com



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Clara Cornejo Pureza
Resident of Fremont
August 11, 1942 - October 18, 2024

Irene A. Wallner
Resident of Fremont
June 8, 1924 - October 8, 2024

Robert Lee Lewis
Resident of Sunnyvale
January 21, 1933 - October 19, 2024

Donna R. Kimel
Resident of Fremont
September 18, 1967 - October 12, 2024

Beatrice Jimerson
Resident of Hayward
October 28, 1947 - October 13, 2024

James C. Weaver
Resident of Hayward
November 2, 1954 - October 9, 2024

Daniel Ferreira
Resident of Newark
July 25, 1946 - October 9, 2024

Celestino B. Brillantes, Jr.
Resident of Fremont
June 5, 1938 - October 4, 2024

Josephine "Josie" Kirth
Resident of Manteca
June 13, 1935 - October 4, 2024

Robert Wayne Tidwell
Resident of Milpitas
January 31, 1944 - October 2, 2024

Debra L. Harrison
Resident of Castro Valley
January 15, 1954 - October 2, 2024

Maria Elena Torres
Resident of Union City
March 20, 1931 - October 2, 2024

Arthur Juan Jones, III
Resident of Fremont
April 10, 1975 - October 2, 2024

Sharon Silva
Resident of Newark
October 18, 1952 - September 30, 2024

Efren Pena Rosas
Resident of Milpitas
September 22, 1948 - September 24, 2024

Yun Hsien Lu
Resident of Fremont
May 18, 1925 - September 19, 2024

Chong Choe
Resident of Fremont
August 23, 1973 - September 23, 2024

Iris Annie Petersen
Resident of Newark
August 21, 1932 - September 27, 2024

Harry Thrash, Jr.
Resident of Redwood City
February 6, 1958 - September 25, 2024

Haley Babette Crain
Resident of Newark
January 7, 1994 - September 22, 2024

Raymond Allen Greppi
Resident of Fremont
March 8, 1948 - September 21, 2024

Anastasia Macias
Resident of Newark
November 1, 1939 - September 17, 2024

Carlos Viana Alexandre
Resident of Newark
September 24, 1943 - September 16, 2024



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Manoj Maniar
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April 5, 1963 - October 16, 2024

Barbara Jenkins
Resident of Fremont
August 26, 1946 - October 15, 2024

Ved Prabha
Resident of Saratoga
October 4, 1956 - October 15, 2024

Kamleshkumar Patel
Resident of Fremont
June 7, 1978 - October 14, 2024

Sally Norton
Resident of Fremont
July 20, 1950 - October 14, 2024

Nagaraj Patil
Resident of Fremont
February 10, 1959 - October 14, 2024

Patricia James
Resident of San Ramon
January 1, 1938 - October 14, 2024

Emmy Yourish
Resident of Fremont
November 22, 1933 - October 13, 2024

Maria Petritsch
Resident of Fremont
August 15, 1933 - October 13, 2024

Sister Sylvia Conant
Resident of Fremont
January 10, 1931 - October 12, 2024

Anand Vaidya
Resident of San Francisco
January 4, 1976 - October 11, 2024

Satyanarayan Lall
Resident of Livermore
February 2, 1940 - October 9, 2024

Lanetta Odum
Resident of Fremont
October 21, 1956 - October 9, 2024

Subhash Gohlyan
Resident of Nepal
July 22, 1956 - October 8, 2024

John Mason
Resident of San Luis Obispo
February 19, 1960 - October 8, 2024

Winston Randall
Resident of Fremont
October 11, 1932 - October 5, 2024

Devendra Jain
Resident of San Jose
September 15, 1942 - October 5, 2024

Osh leaves Oakland Zoo for Elephant Sanctuary



Oakland Zoo staff threw Osh a farewell bash. Photo courtesy of Oakland Zoo



After his road trip, Osh was eager to explore his new home. Photo courtesy of Oakland Zoo

ZOO'S LAST ELEPHANT FINDS NEW HOME AND FRIENDS

Submitted by **ISABELLA LINARES**

Osh (male), Oakland Zoo's last African elephant, has settled in his new home at The Elephant Sanctuary in Tennessee (The Sanctuary), an accredited Association of Zoos and Aquariums (AZA) facility. Accompanying him on his almost 46-hour-long road trip to Tennessee were his Oakland Zoo Animal Care Team members and a Zoo Veterinarian. The Zoo announced Osh's departure in July and the decision to relocate to The Sanctuary, a decision made from commitment to caring for animal wellbeing and providing a home that meets companionship needs.

Moving an elephant is challenging, Osh's Animal Care Team worked with him several times a week through voluntary training to help him get used to his custom air-conditioned trailer, which was built to accommodate his 15,000 lb. weight and 11'2" height. Osh's keepers described him as highly adaptable, calm, and resilient. The Zoo's Veterinary Hospital staff conducted foot and tusk radiographs, blood tests, and physical and visual exams. When loaded onto his trailer last Wednesday morning, he was prepared and healthy.

The journey to Tennessee was smooth, and Osh remained calm throughout. The team, consisting of two of Osh's Oakland Zoo animal care keepers and an Oakland Zoo veterinarian, stopped every three hours to check on Osh and feed him. He ate celery, beet pulp, and many watermelons during his drive. The team could also monitor him closely with cameras in his trailer. After his long drive, he felt tired but was eager to explore his new home in Tennessee. He joyfully began clearing trees, eating, and roaming his new habitat.

"After caring for Osh for almost twenty years, I've had the privilege of seeing him grow and build a bond. After only a few days at The Sanctuary, he continues to be a rambunctious and resilient being, joyfully exploring his new habitat. My heart is so full seeing Osh at his new forever home," says Gina Kinzley, Zoological Manager at Oakland Zoo.

Two new 3,000-square-foot bull barns have been added at The Elephant Sanctuary for Osh and his new companion, Artie, a 41-year-old male African elephant. Osh has begun interacting with Artie through fence lines.

The dedicated care team at The Sanctuary visited Osh in August of this year to get to know him better. They also discussed and received a comprehensive background on Osh's medical history from the Oakland Zoo's Veterinary Hospital staff.

The Sanctuary staff have helped Osh settle into his new home and provided comprehensive support during his transition. Once he is fully settled, they will consistently update the public on his progress through social media. His community can continue to follow his journey online through The Sanctuary's Elecam.

The elephants at Oakland Zoo, including Osh, have been beloved icons in the community for many years, serving as animal ambassadors for their counterparts in the wild.

"It is undeniable that Osh and the other African elephants who have lived at the Zoo have made a deep impact in Oakland. They have left a mark on our staff and zoo community, who love them. We know this is the right decision for Osh, and we are celebrating his future, his ability to be with other elephants, and the next chapter of his life," says Nik Dehejia, CEO of Oakland Zoo.

To honor the special relationship between the elephants and the community, the Zoo has been showcasing guest elephant memories online and hosting events to see Osh before he left, including a Farewell Party held last week.

The Zoo has maintained an elephant program for 75 years, which has evolved into the innovative and industry-leading program it is today. In 1991, Oakland Zoo was the first institution to broadly adopt the "protected contact" methodology with our male and female elephants. This methodology places barriers between zookeepers and elephants and incorporates cooperation through rewards rather than discipline. The standard at the time was to share space with elephants and use a tool called the bullhook to control and punish elephants.

Through community donations, the Zoo raised \$500K to fund Osh's move and to fulfill its elephant conservation and welfare commitment for the year. With Osh's move, the Zoo will be without elephants for the first time in 75 years. This provides the opportunity for the Zoo to reimagine the future of the elephant habitat. As the Zoo continues to assess its Long-Range Plan, more updates on the future of the elephant habitat will be available in 2025.

EMMY L. YOURISH

November 22, 1933 - October 13, 2024

Emmy L. Yourish, 90, entered rest on Sunday, October 13, 2024, at her home in Fremont, California surrounded by her family. She was born in Latrobe, PA on November 22, 1933, to John and Zetta Myers. Emmy got her associate's degree in nursing and worked as a nurse at Washington Hospital for 35 years until she retired in 1999. She loved her job and was instrumental in the nursing careers of several friends and family members.

She was a devoted Christian and attended Irvington Presbyterian church for many years. She was in fact a deacon for her church and was part of different groups such as the Christian women's club, and Red Hats Club. She also did a ministry at a nursing home, was part of a pregnancy crisis center and multiple other volunteer organizations.

Emmy also loved her bingo, people and she loved to have conversations with whomever she could. Most of all she loved her dogs, home and of course her loving family.

Emmy is survived by her daughters, Frances Shaver, and Nancy Dupree (Victor); Son Daniel Yourish; Grandkids, Katrina Garza (John), Daniel Garza, Jenny Cullen (Ryan), Emily Moore (Travis), Joseph Yourish (Bobbi) and great grandchildren, Cohen, Nolan, Benjamin, Thaddeus, and Lillian. She is preceded in death by her husband Theodore W. Yourish who passed away on October 2, 2002.



So you want to start your own business?

By ANNE CHAN, PHD, MFT

A recent statistic caught my attention: Those who work for themselves tend to work more hours but report higher levels of life satisfaction and happiness. At first glance, this statement does not make sense. Why would people be happier if they had to work more? Wouldn't they be more disgruntled? The answers to this puzzle can be discerned when we look at the huge plusses you enjoy as a sole proprietor: You get to call all the shots, you don't have to ask anyone for permission, you don't have to attend boring meetings, you can take vacations whenever you want AND you don't have to endure annual performance reviews. Here are other significant benefits to being a sole proprietor:

1. You can create your business with very little capital—startup costs can be surprisingly low for small businesses.
2. You can start with a vision that is all yours, implement it the way you like, make changes as you see fit, all without having to beg for authorization from higher-ups.
3. You can create your own healthy work culture. Say goodbye to toxic bosses, disagreeable co-workers maneuvering for power and office politics.
4. You can choose work that enables you to work from home, from a cafe, from Jamaica, from pretty much anywhere! You are not tied to showing your face at the office from 9 to 5.
5. You can enjoy flexibility, which is one of the most important upsides to being a sole proprietor. You can work nights, two hours or 12 hours a day, skip days when needed for caretaking or medical appointments. You do not have to ask a boss for approval. Nor do you have to worry that your job is on the line.
6. You can enjoy all the fruits of your labor. When you work for a big company, you may not see the results of your hard work because you feel like a cog in a massive machine. However, when you work for yourself, you know that every bit of work that you do will benefit you.
7. You enjoy the freedom of choice. If you don't want to do a certain contract or work for an unpleasant customer, you don't have to. No longer do you have to do something because your boss said so.
8. You can use the resources of our digital age to help you with unpleasant tasks.
9. You can work in your pajamas, shorts or any outfit you desire. There is no dress code. Every day can be Casual Friday!
10. You can be as creative as you want—no one is going to tell you that your vision doesn't fit the company's mission or that there is no budget for your innovations. No one will mess with your ideas, or worse, take credit for them.

Of course, the joys of being totally in charge also come with a lot of responsibility. If the business fails, that's on you. If the business picks up, it's on you to do the work. You have to be willing to adjust to fluctuating incomes, particularly at the beginning of your career.

As I stated at the beginning of the article, you might find yourself working more hours than you did in a regular job. Having your own business means that you and you alone are responsible for attending to customers. You might find yourself having to work on the weekends. Almost certainly, you might find yourself having to renegotiate what work-life balance means.

Another downside to working for yourself is the possibility of loneliness and isolation. You don't have a team to turn to, to brainstorm ideas and to rely on. Luckily, this problem is easily addressed. You can take part in business support groups, join meetups and attend professional development groups, conferences and trade shows. In fact I would recommend that this be part of your business plan because people contact will help with marketing. You can also work in a shared working space and enjoy the company of like-minded entrepreneurs.

Of course, not everyone is suited to being a sole proprietor. If any of the following describes you, you might want to think twice before starting your own business:

1. You need a stable income
2. You are risk averse
3. You have no desire to work extra hours
4. You are indecisive and lean on people to make decisions for you
5. You love paid time off, free food and other work benefits like employer contributions to your 401(k)
6. You want instant gratification
7. You are prone to anxiety and are unable to cope with the stress of doing business
8. You lack real passion and commitment
9. You don't like doing quarterly taxes

I've tried to give a balanced view of the pros and cons of being a sole proprietor. Nothing in this world is all rainbows and roses, but for those of you who desire to be in the driver's seat in their careers, there is nothing that can match the satisfaction of owning one's business. Don't forget that you don't have to quit your job to become a solopreneur. You can easily start one on the weekend while continuing with your full-time job. Who knows? After a trial period, you might decide to be your own boss full-time!

Anne Chan is a career consultant and licensed psychotherapist in California. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com
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Foster Family Town Hall

Submitted by KATHY KIMBERLIN
Alameda County Supervisors David Haubert, D1 and Supervisor Elisa Marquez, D2 are partnering to host a Tri-Cities community Foster Family Support Townhall October 30.

Why? Both Supervisors believe that ensuring foster youth and their caregivers have the support they need is essential for creating a more compassionate society who work together. Educating the community on how they may help in a small way builds a strong and supportive network for foster families. If you wish to share your interest, please complete this short survey: <https://bit.ly/FosterFamilySupportSurvey>

What are the goals and benefits of a supportive network?
Emotional and Physiological Well-Being – Building resilience
Stable Environment – Bring resources, training and community connections

Educational Track – Overcoming stress for a better academic future
Life Skills Development – Through mentoring
Community and Belonging – Fostering a sense of community
Breaking the Cycle of Trauma – Healthier future generations
Advocacy and Awareness – Creating improved policies
You are invited to learn more, meet the Supervisors, meet resource provider organization and nonprofit representatives, and ask questions. Presentation from Alameda County Child & Family Services. Food and beverages provided. No fee, RSVP required.

Foster Family Town Hall
Wednesday, Oct 30
5:30pm - 7:30pm
Ruggieri Senior Center
33997 Alvarado-Niles Rd,
Union City
<https://bit.ly/FosterFamilyTown-Hall>

Women’s nonprofit extends delicious invitation

DEATH BY CHOCOLATE BINGO NIGHT RAISES MONEY FOR SCHOLARSHIP FUND

Submitted by SHIRLEY GILBERT

It's an evening that Agatha Christie might have invented although there will be no bodies, no suspects and no murders—only heavenly, yummy, glorious chocolate served up with a helping of competitive bingo.

Death by Chocolate will take place on Friday, November 1 at the Niles Canyon Mobile Estates. Proceeds go to the American Association of University Women's (AAUW) Ohlone College Scholarship Fund. The association has three main scholarship programs: \$750 for two continuing students and one \$4,000 scholarship for a transferring student from Ohlone to a college of the student's choice.

The idea behind Death by Chocolate was hatched by AAUW member Randy Fewel. She saw a flyer while on vacation in Baja California, inviting folks to a Death by Chocolate bingo night.

"It sounded intriguing," said Fewel, "and I thought it would be fun for our members. What was great about the venue we selected is it comes with

a professional bingo caller—Laurie Percoco—who consented to do the honors at our AAUW event."

Every bingo winner will get a chocolatey prize like bars, kisses or pretzels. AAUW members have created themed baskets for winners—for example, a Girl Scout basket with chocolates the girls are selling this year. Attendees can also purchase tickets for \$1 that could lead to winning one of several themed baskets from AAUW's interest groups. (Tickets can be purchased ahead of time from AAUW members.)

Along with chocolate there will be wine and other beverages. AAUW has obtained a gambling permit from the City of Fremont and because of it, young people under 18 cannot attend.

Bingo and chocolate lovers alike won't want to miss this sweet and special night at the Niles Canyon Mobile Estates.

Death by Chocolate Bingo Night
Friday, Nov 1
Niles Canyon Mobile Estates
711 Old Canyon Rd., Fremont.
6pm Doors Open
7pm Bingo
Entry fee: \$25 per person, \$15 for Niles Canyon Mobile Estate members

Flash Fiction Results

ALL ABOUT FROGS

Submitted by ARATHI SATISH

Evidence points out that frogs have been in existence on earth for more than 200 million years. They are colorful amphibians facing a world that is changing due to climate, habitat destruction, pollution and diseases. They have been associated with fertility in cultures like Egypt, Mesopotamia and Pre-Columbian Mesoamerica. In India, they symbolize transformation and reincarnation.

Frogs have also played fascinating roles in fairy tales. One can never forget the Grimms' story about "The Frog prince." The fairy tale, "Sleeping Beauty," begins with a frog predicting that the queen will have a baby in a year's time.

"Flash Fiction - Frogs," a writing contest co-sponsored by Fremont Cultural Arts Council along with Half Price Books, Infinity Care LLC, Jack's Brewing Company and Nothing Bundt Cakes was held on September 28 at Half Price Books, Fremont Hub.

Al Minard, board member, FCAC and organizer of the contest said, "The Fremont Cultural Arts Council started the flash fiction contest about 10 years ago to promote writing. Too many people think of art as a painting or photograph or a piece of sculpture and forget that words can be used to create an image also.

"We had about 250 ballots submitted with up to five stories listed on each ballot," Minard said. "Every vote had the same weight, there were only six votes difference between the first-place winner and the fifth-place winner. We had 18 different writers submit 27 stories on frogs to the contest, and each writer could submit up to three stories."

The first place was awarded to "Finn: the Frog Detective" by Elizabeth Kimmel. Second place (tie) went to "Dear Burglar" by Alina Nazareth and "Some Enchanted Evening" by Patricia Doyne. Fourth place went to "A Boy Named Frog" by Edward SooHoo, and fifth place went to "Escape to the Frogs" by Thomas Staaden. Elena Climent won the Past President's award and a Nothing Bundt Cakes Trio for "The Frog."

Minard concluded by saying, "This year's contest was about frogs, because frogs sounded like a fun theme for writing. We had contestants from eight years old to writers in their 90s. Infinity Care LLC participated by helping to conduct the event and provided refreshments. We are planning on holding the next Flash Fiction Writing Contest in April during the 'Fremont Creates' event."

Visit www.fremontculturalartscouncil.org to read all the winning stories.

FREMONT MARKS 13TH ANNUAL MANUFACTURING WEEK

MANUFACTURERS ASSOCIATION INSPIRES NEXT GENERATION TO EXPLORE CAREERS IN STEM

Submitted by GENEVA BOSQUES

In recognition of National Manufacturing Day on Oct. 4, the City of Fremont hosted its 13th annual celebration of Manufacturing Week from Oct. 8 to Oct. 14. Sponsored by the California Manufacturers & Technology Association (CMTA), the weeklong series enabled local students, ranging from elementary school to college, to attend factory tours and presentations held at Fremont-based manufacturers, inspiring the next generation to explore careers in manufacturing and science, technology, engineering and mathematics (STEM).

Over 500 students from nine schools and universities participated in Manufacturing Week, which consisted of 16 tours hosted by 14 prominent

companies from biomedical, cleantech, auto tech, electronics and semiconductor industries.

"I'm proud to have led eight Manufacturing Weeks, showcasing our city as the state's advanced manufacturing hub. Each year, I gain a deeper appreciation for our manufacturing industry and its vital role in our economy," said Fremont Mayor Lily Mei.

A Manufacturing Institute study estimates that by 2030, there could be up to 2.1 million unfilled manufacturing positions in the U.S. Manufacturing Week serves as a proactive step to meet the future workforce needs—solidifying Fremont's position as an advanced manufacturing hub.

Lance Hastings, president and CEO of the CMTA, says, "With over 900 manufacturers in Fremont, we have a unique opportunity to inspire young minds. By engaging students in this industry, we not only ignite their interest but also help build a skilled workforce essential for driving future innovation and growth."

Additional information about Manufacturing Day can be found at <https://mfgday.com/>.

Letter to the Editor

Authors Needed—Animal Welfare Legislation

Most state legislators decide in Oct/Nov upon which bills to carry in the coming session. Here are four in need of an author: 1. Amend state rodeo law, Penal Code 596.7, so as to require ON-SITE veterinarians at all rodeos and charreadas—the "on call" option isn't working, and animals are suffering needlessly. Racetracks, horse shows, endurance rides and the PRCA all require on-site vets—so should all rodeos; 2. Ban tie-down calf roping, allowing "breakaway" roping only. Some vets claim the calves are injured EVERY time they are roped/thrown/tied—mere babies, and terrified; 3. Ban the charreada's brutal "steer tailing" event (already outlawed in Alameda and

Contra Costa Counties and Nebraska). The steers' tails are routinely stripped to the bone ("degloved"), even torn off; 4. Ban the rodeo's non-sanctioned events, as Alameda County has done: "wild cow milking," the children's "mutton busting" event, and all animal "scrambles"—cruel and dangerous for all. Write all legislators c/o The State Capitol, Sacramento, CA 95814. Email for all: senator.lastname@senate.ca.gov; assemblymember.lastname@assembly.ca.gov.

Eric Mills, coordinator,
ACTION FOR ANIMALS
Oakland

Honor Roll

Honor Society of Phi Kappa Phi Inductee
Elaine Ng of Fremont

2024 GENERAL ELECTION CANDIDATES

Each election season, Tri-City Voice extends an invitation to local candidates for a chance to submit a statement and photo for publication. We believe it is our civic duty to present candidates to our readers in a non-biased manner. This will allow readers to decide without undue prejudice or influence. We have extended our elections issue into two weeks due to the number of submissions received. This week, learn about candidates running for congressional, state and special district positions. For city and school board candidate statements read our October 15, 2024 issue or for a complete list visit tricityvoice.com.

CONGRESSIONAL DISTRICT

LATEEFAH SIMON

12th Congressional District



Lateefah Simon has spent her career fighting for justice — fighting for folks without a voice. Now, as a 25-year veteran organizer and nationally recognized advocate for civil rights and social justice, she’s running to take this fight to congress. Lateefah began her career in advocacy at age 16 as an outreach coordinator for the Young Women’s Freedom Center. At age 18, she gave birth to her eldest daughter, Aminah, and quickly learned as a young single mother that the government wasn’t working for people like her. A year later, she became Executive Director of YWFC and spent the next decade earning national acclaim for her advocacy on behalf of marginalized young women. In recognition of that work Lateefah won a MacArthur “Genius” Fellowship, and at age 26 she became the youngest woman to receive this prestigious award.

She was tapped by then-San Francisco District Attorney Kamala Harris to lead the creation of Back on Track — a highly effective, first-of-its-kind anti-recidivism initiative for young adults charged with low-level offenses.

In 2016, galvanized by the death of Oscar Grant, Lateefah ran and was elected to the Bay Area Rapid Transit Board of Directors. Born legally blind, Lateefah relies solely on public transportation to go about her day and sought to make BART more affordable for working families and transit-dependent people like herself.

Lateefah continues to be a leading voice in Oakland and the Bay Area serving a multitude of local organizations and frequently offering state officials strategic advice on policy matters related to racial justice. Now, Lateefah is committed to bringing her community’s voice to Washington. “I’ve spent my life fighting for folks without a voice. I will take the shared stories and experiences of this community to the halls of Congress so I can continue our fight. That’s how we make change. And that’s why I’m running for this seat.” In Lateefah, CA-12 has a fighter.

JENNIFER TRAN

12th Congressional District
No statement submitted

VIN KRUTTIVENTI

14th Congressional District



As a first-generation immigrant, I know the American dream firsthand. I came to this country with nothing but determination and built successful businesses. I contributed to my community through philanthropy and helped turn around many small businesses in East Bay through my family

foundation. Now, I’m running for Congress to bring that experience to Washington and advocate for the people of my district. My priorities are clear: Ensuring quality education for all children, no matter their background or zip code. Supporting small businesses, the backbone of our economy. Creating jobs to provide more opportunities for Californians and making housing affordable. Providing quality care for our seniors and aging population. Strengthening national security to protect our country from threats. Securing our borders and safeguarding our sovereignty. Improving water quality, expanding water storage, and achieving energy self-sufficiency. Taking a tough stance on crime to keep our communities safe. I am a committed leader running to serve the people of District 14 and preserve the American dream for future generations. I will always put people over politics and work towards prosperity for all. I am running for you and need your support.

ERIC SWALWELL

14th Congressional District



I’m dedicated to delivering tangible results for my Congressional District and the East Bay. By hearing the challenges, stories, and ideas of our community, my office has been able to advance multiple proposals based on community feedback. My office helped secure over \$23.5 million in Community Project Funding in FY 2023 and 2024 to support 30 local projects. From removing forever chemicals from our water supply and constructing hydrogen fueling stations for the next generation of public transportation to building new affordable and supportive housing, investments in these projects will help address some of the most pressing challenges facing individuals and families.

I’ve also supported numerous bills to improve public safety. I voted for the Bipartisan Safer Communities Act, which will help combat gun violence, improve access to mental health care and help equip schools with resources to keep kids safe. I was also proud to support a package of public safety bills to invest in law enforcement and community violence intervention to keep our communities safe.

I will continue to support measures to secure our democracy and make the polls more accessible for everyone on Election Day. I’m a proud original cosponsor of the *John R. Lewis Voting Rights Advancement Act of 2023* which would resurrect the most crucial protections stripped from the *Voting Rights Act of 1965* by the Supreme Court in 2013. I’m also proud to cosponsor the Freedom to Vote Act which expands access to the polls and would make Election Day a national holiday, allowing Americans to prioritize making their voice heard.

I will also never compromise on ensuring that women have the freedom to decide what happens to their bodies. No government official should be supervising the decisions made between women and their doctors. I’m honored to be your Representative in Congress and would appreciate your vote.

ANITA CHEN

17th Congressional District



I’m not a politician. I’m an educator and entrepreneur, helping struggling students become confident communicators. But when I found that 80% of child sex trafficking victims in the U.S. are American youth, I knew someone had to speak for them. In my research, I found that the major contributors to sex trafficking are the issues that concern us all. High inflation means financial and housing insecurity. Crime without consequence means feeling unsafe in our communities. Political correctness sacrifices academic excellence. Illegal immigration strains our social systems at the expense of legal immigrants and citizens. An open border invites fentanyl deaths and trafficking victims. Criminals exploit these vulnerabilities for their own profit. This can’t happen anymore. One-sided policies dishonor our diversity, while partisan politics undermine our shared heritage. From the Valley of the Heart’s Delight to today’s Silicon Valley, we represent the best of American industry and innovation. We are the wealthiest district in America with the highest percentage of immigrants and we must be allowed to be who we are: creative problem solvers. We can leverage tech to save cost and time, and deliver justice to the most vulnerable. Our voice now needs to be heard in D.C.

When I talk to students, parents, seniors, teachers, police officers, engineers, and people from all walks of life, the message is the same: “We feel voiceless.” I merely aim to be our voice. As every good engineer knows, it is possible to transform our biggest pain points into our greatest successes. To learn more, volunteer, receive a yard sign, or host a meetup, please visit: www.anitaforcongress.us

RO KHANNA

17th Congressional District
No statement submitted

STATE DISTRICT

TIM GRAYSON

9th State Senate District



Hard-working Californians are being left behind. Stagnant wages and rising inflation are holding too many of us back. Government must be focused on lifting up working Californians. I have served this area in the Assembly for 8 years. I fought to crack down on gun violence, retail theft and fentanyl dealing. I wrote a law to increase penalties on sexual predators and started a nonprofit to protect survivors of domestic abuse and human trafficking. In the State Senate, I’ll continue my work to create good paying jobs and ensure economic growth, lower

utility and insurance rates, address senseless gun violence and keep violent criminals in jail and expand mental health services. www.GraysonforCA.com

MARISOL RUBIO

9th State Senate District
No statement submitted

LIZ ORTEGA

20th Assembly District



I have spent more than two decades leading the fight for working people and vibrant, diverse, and healthy communities in the East Bay and the Tri-Cities. It is an honor to fight for you and every Californian seeking safe, and affordable communities. As a working Mom and daughter of immigrant, working-class parents, I live the challenges that face us all.

That’s why -- working with you -- I’ve authored/co-authored more than 130 bills, including making low-cost car insurance affordable; championing low-cost, over-the-counter life-saving medicines; increasing the minimum wage and protecting healthcare workers from toxic smoke; building affordable housing; and shielding renters from unfair rental deposits. I fight for our fair share of money for the East Bay and Tri-Cities, securing millions for programs in every corner of our District to create transitional/ affordable housing; support youth, senior, and family services; construct wells for clean water; and preserve St. Rose Hospital. My annual District Diaper Drive benefits hundreds of families and infants.

My legislative priorities are to ensure every family is safe and healthy in today’s tough economy. I am honored to serve as the Chair of the Assembly Labor Committee. I have recently been elected as vice-chair to the Latino Caucus. I am also the Chair of the Select Committee on Opportunities and Barriers for People with Disabilities in the Workplace. In addition, I currently sit on the Privacy, Health and Human Services, Budget and Insurance Committees. Together with local law enforcement/firefighters, we are working on community-empowered safety and first responder approaches to ensure public safety and that trained, accountable officers are focused on reducing gun violence. Working together, we will make our communities stronger by expanding jobs that pay a living wage and supporting the small businesses who create great good jobs. With your support and vote, I’ll continue the fight to lower costs and improve the economy for everyday people. Follow me at OrtegaforAssembly.com

SANGEETHA SHANBHOGUE

20th Assembly District
No statement submitted

BOB BRUNTON

24th Assembly District
Bob Brunton For California State Assembly D24 – The No Excuses – Award Winning Un- Commonly Sensible and Workable REAL Solutions Candidate Our cities and schools and safety are suffering largely from our inept, cowardly, and wasteful state government leadership. Our current leadership has squandered billions of your tax dollars and since his entering of office the state has gone from surplus to deficits and has achieved almost nothing.

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It’s time to Elect Bob Brunton – The Most Experienced and Ready to serve with the Engineering Approach – It’s past the time to Repair our Broken State Government and to Restructure it to be prepared for our best future. Let’s Get Our State Government to Work for Us. CHANGE – Change for the Better

COURAGE – To stand up to entrenched defenders of the status quo

ACCOUNTABILITY – I will hold myself to high standards of integrity and will take responsibility for my actions and commitments

LOVE – The Bay Area should be best place to live and work and raise a family, but it is not. I Love this area and will diligently work every day to make our region the best it can be –

I offer REAL solutions

Restoring Public Safety is a Top Priority

Ensuring Educational Excellence through Education Reform

Accountability from our State Agencies, Bureaucrats and Public Officials

Lower Taxes – Fees – and improve our government – YES it possible for both

Experience -I have lived in the district for over 40 years and have been elected three times and served 12 years as an Ohlone College Trustee – I have started, owned and operated businesses in California in several types - Electronics Manufacturing, Architecture Energy Conversion Services and Wealth Management – I have two grown children that attended local public schools, two grandchildren and have been involved- Rotary Club of Fremont, Co-Founder Newark Toastmasters, Co- Founder Fremont Education Foundation – Member of Milpitas Chamber of Commerce and Leadership Fremont

I welcome your input please review
votebobbruntonforassembly.com
510-657-8645

ALEX LEE

24th Assembly District

As your Assemblymember, I’m grateful every day to represent and serve our community. We have accomplished so much together. In just three years, we have secured over \$25 million in investments back to Fremont and Newark, assisted thousands of families, and passed 34 bills into law.

Growing up in the Bay Area, I’ve seen too many friends and families priced out of the South Bay. I’m running for re-election to continue addressing the housing crisis and building our communities for common good, not for profit.

Since day one, I have rejected all campaign contributions from corporations because I am accountable to you, not the corporate interests trying to preserve the broken status quo. Above all else, I believe in the integrity of our democracy – that the government should serve all people, not just the rich and powerful.

As Chair of the Legislative Progressive Caucus, I am proud to lead the fight to build social housing, establish universal healthcare, combat climate change, defend everyone’s civil rights (especially LGBTQ+ families), uplift our unhoused neighbors, and root out corporate special interest money from our elections.

We still have so much work to do, and with such urgency to meet the moment, I humbly ask for your vote to continue representing you.

www.VoteAlexLee.com
instagram/twitter: alex_lee
alex@votealexlee.com

SPECIAL DISTRICT

SHONDA GOWARD

AC Transit District Director Ward 6

I am Dr. Shonda Goward, a Fairview native and public university administrator, and I’m running for the AC Transit Board. My priorities are rider and driver safety, ensuring public transportation is accessible to all, and addressing AC Transit’s fiscal cliff without unfairly burdening residents. I am endorsed by the Sierra Club, Supervisor Elisa Márquez, Hayward Mayor Mark Salinas, Newark Mayor



Mike Hannon, and AFSCME Council 57, representing AC Transit and BART workers.

I have dedicated my adult life to ensuring our community has access to the education they deserve. As Chair of the Hayward Library Commission, and as a volunteer with the Friends of the Hayward Library, I work alongside City leaders to support our beautiful library and ensure it is equipped with something for everyone. At work, I am a senior manager who leads a large team and manages a significant budget to help ensure student success at a local public university.

The safety of bus drivers and riders must be AC Transit’s top priority. As the only woman in this race, I will fight to put safety first. As your AC Transit Board Member, I will work closely with Hayward, Newark and other jurisdictions to ensure we build infrastructure that enhances safety for all road users. I will ensure resources are allocated to provide equitable bus access for our communities, especially our students. I am prepared to be a responsible fiscal steward of a large public budget, and I will work to identify fair and sustainable funding sources for public transit.

As a bus rider and advocate, I know how to get things done for our community. As your AC Transit Director, I will build coalitions to provide reliable, safe, and sustainable bus service for all of us. Learn more about my campaign at
GowardForACTransit.com, and join Sierra Club, Supervisor Elisa Márquez, Mayors Mark Salinas and Mike Hannon in voting for me, Shonda Goward for AC Transit Board!
gowardforactransit.com

JESSE GUNN

AC Transit District Director Ward 6



Buses do more than move people, they connect communities. That’s why we need an AC Transit system that’s safe, reliable, and accessible for Hayward, Newark, and Fairview residents. As a teacher, labor and climate organizer, Community Services Commissioner for the City of Hayward, and a frequent transit rider myself, I know the vital role that reliable public transit plays in addressing climate change and linking neighborhoods to jobs, schools, and essential services. If elected, I would work to improve bus frequency and reliability, enhance safety for drivers and passengers, and ensure our buses serve all riders, including the elderly, disabled, and parents with young children. Our buses must meet the needs of the communities they are meant to service. As director, I will advocate for a fiscally responsible and environmentally sustainable transit system that prioritizes clean energy and modernized buses and facilities, while working to foster a new generation of ridership and improve working conditions for AC Transit’s drivers and workers. I’m proud to have lived here for nearly 30 years, and to have earned the endorsement of over 45 organizations and elected leaders across the East Bay. With your vote, I hope to put my lived and professional experience to work for you, so that our buses work for us. www.jesse2024.com

A. CURTIS SILVA

AC Transit District Director Ward 6



Occupation: Transportation Engineer

AC Transit is a vital transportation lifeline for people with disabilities, students, seniors and low-income residents. I know this first hand because AC Transit was my children’s primary mode of transportation to school in Newark. That is why as your representative, I will push for: (1) keeping the costs of bus fares low for our students, seniors and disabled; (2) increasing bus service in Hayward and Newark; and (3) the purchase of buses that do not pollute our environment. Moreover, because of my 30 plus years of experience in public transit, I believe that I am uniquely qualified to address the lingering impacts of the COVID-19 pandemic on AC Transit. Therefore, I ask that you join the coalition of AC Transit Board President Joel Young, Hayward Mayor Mark Salinas, and community members from Newark and Hayward, by giving me your vote in this election on November 5th. It would be a privilege and an honor to serve you and our community. For additional information regarding my campaign please contact me at
silvaforactransit@gmail.com.

AZIZ AKBARI

Alameda County Water District, Ward 5

No statement submitted

RAYMOND OJEDA

Alameda County Water District, Ward 5



Why I’m Running for Alameda County Water District Director, Ward 5

Hey there, Fremont Neighbors! I’m stepping up to run for Water District Director, Ward 5, because I believe in securing a bright, sustainable future for our community. Our kids and grandkids deserve clean, reliable water, and I’m committed to making that happen.

A Bit About Me

I’ve called Fremont home for over 40 years. My wife and I have raised 2 wonderful kids here, and we couldn’t imagine living anywhere else. I studied hard, earning my BS from Cal-State Hayward and participated in Cal-Berkeley’s Graduate/Summer Institute of Public Policy.

My career has given me a unique perspective on water issues. I worked at Kaiser Aluminum Can Company, getting my hands dirty with recycling, water filtration, and manufacturing. Trust me, I know the ins and outs of environmental management! For the past 22 years, I’ve served in Alameda County’s criminal justice system. I worked on keeping our community safe and following important protocols – skills I’ll bring to the Water District board.

So, What’s My Plan to Help You and Your Family?

1) Protect our water: I’ll work tirelessly to beef up security around our precious water resources.

2) Embrace innovation: We need to stay ahead of the curve. I’ll push for smart investments in new water capture and storage tech.

3) Think long-term: Our community is growing, and we need sustainable solutions. I’ll make sure we have reliable water for years to come.

I’m all ears if you want to chat more about our water future. Let’s work together to keep Fremont flowing! Vote Raymond Ojeda for new leadership delivering results for our community!

raymondojedausa@gmail.com
rojeda4alamedawater.com

JOSEPH GRGAR

BART Director, District 5



alamedacountyelections.org/bart

Dr. Grcar is running for the BART Board, committed to tackling the transit system’s issues with his background in scientific research. His priorities include:

Safety and Security: Advocates for more police and specialists on trains, and supports modern fare gates to reduce fare evasion and crime.

Financial Stability: Proposes an independent Efficiency Committee to address revenue loss post-pandemic, suggesting cost-cutting measures like furloughs.

Commuter Support: Proposes reduced fare Clipper Cards for employees, with employers covering the cost difference.

Democratic Engagement: Challenges the current system where his opponent, a former elected mayor turned appointed BART Director, might discourage competitive elections.

Dr. Grcar aims to bring transparency, efficiency, and innovation to BART’s management and operations.

MELISSA HERNANDEZ

BART Director, District 5

No statement submitted

DANIEL AKAGI

Castro Valley Sanitary District Directors

No statement submitted

JOSEPH GRGAR

Castro Valley Sanitary District Directors

alamedacountyelections.org/cvsan

I am honored to present myself as a candidate for the Castro Valley Sanitary District, bringing a unique blend of scientific expertise and mathematical precision to address our community’s needs. As a retired laboratory scientist and mathematician, I have dedicated my career to understanding complex systems, optimizing processes, and ensuring efficiency—skills that are directly applicable to the challenges we face in waste management.

Enhanced Technology for Waste Management: Our district stands at the cusp of a revolution in waste management. I propose leveraging cutting-edge technologies such as advanced waste-to-energy conversion, smart waste tracking systems, and AI-driven robotics. These innovations will not only make our waste management more efficient but also transform waste into valuable resources, reducing our environmental footprint.

Fiscal Responsibility: In these times, every dollar counts. My background in mathematics has honed my ability to analyze data, forecast trends, and manage budgets with meticulous care. I commit to fiscal responsibility by ensuring that every penny spent on our district’s operations is justified, transparent, and aimed at long-term sustainability. This approach will not only save costs but also invest wisely in our future.

Environmental Stewardship: Our planet’s health is paramount. I advocate for policies that enhance recycling, reduce landfill use, and promote sustainable practices. By implementing green technologies and practices, we can significantly decrease our carbon emissions and contribute positively to environmental conservation. My

vision includes creating a model for other districts, where waste management becomes a cornerstone of environmental stewardship.

Community Engagement: The heart of any effective governance is its community. I believe in an open, transparent dialogue with residents. I will initiate regular town halls, community workshops, and educational programs to ensure that our district’s policies reflect the needs and inputs of our community. Together, we can innovate, educate, and implement solutions that benefit us all.

I ask for your vote to lead the Castro Valley Sanitary District towards a future where technology, responsibility, and stewardship converge for the betterment of our community. Together, let’s transform challenges into opportunities. Thank you for considering me for this important role.

TIMOTHY MCGOWAN

Castro Valley Sanitary District Directors



I am seeking reelection to the Castro Valley Sanitary District, where I have served as a board member for nearly 20 years. With over 30 years of experience as a civil engineer at the East Bay Municipal Utility District, I bring extensive expertise in sewage collection and wastewater treatment. I use this knowledge to guide CVSan’s capital improvement program and ensure the proper maintenance of our facilities. Additionally, I am a licensed water treatment plant operator and a licensed water distribution operator.

As a Sierra Club member, I’m dedicated to protecting the environment and promoting recycling. I fully support CVSan’s Zero Waste Program, including Earth Day clean-ups, Green Ribbon Schools, 4Rs field trips for students, and household hazardous waste collection events.

In my role as Finance Committee Chairperson, I’m proud of CVSan’s strong financial position. We hold \$36.5 million in reserves, maintain a AA credit rating, and our sewer rates are 32% lower than the county average. While Oro Loma Sanitary District’s rates are currently lower, their planned 15% annual increases over the next five years will change that. Some have raised concerns about CVSan’s debt, but our current cash reserves exceed our outstanding bond debt, and last year, our interest income surpassed interest expenses.

CVSan’s new administration building is also nearing completion, solving the challenge of housing a 23-person team in a space designed for 8. This new facility will provide offices, vehicle storage, a warehouse, chemical storage, locker rooms for field crews, a classroom for 3rd-grade field trips, an outdoor demonstration garden, and a boardroom for public meetings. In addition, the building will be LEED certified with solar power and vehicle recharging stations.

In the coming term, I will prioritize reducing nutrient levels in the region’s wastewater to combat algae blooms in San Francisco Bay and preparing CVSan’s infrastructure for the impacts of climate change. With your vote, I will continue delivering quality service, maintaining reasonable rates, and managing our resources responsibly.

KENNETH OWEN

Castro Valley Sanitary District Directors

No statement submitted

DAVE SADOFF

Castro Valley Sanitary District Directors

As a member of the Board of Directors of the Castro Valley Sanitary District for the past 13 years, I have been committed



to serving the public interests of Castro Valley through safe, efficient, and cost-effective wastewater and solid waste management. My wife and I are 32-year residents of Castro Valley with two children who attended Castro Valley schools. I am a California Licensed Professional Geologist specializing in environmental and hydrogeology issues for the past 38 years. I am a Board Member of the Alameda County Waste Management Authority, also known as Stop Waste. As a member of Stop Waste, one of my favorite votes was for the Alameda County-wide ban on single use plastic bags. I am an active member of the American Institute of Professional Geologists (an AIPG Certified Professional Geologist) and the Castro Valley Rotary Club.

I previously served as an Alameda County Parks, Recreation and Historical Commissioner, where I spearheaded the creation of the Alameda County Historical Preservation Ordinance. I also served as a member of the Castro Valley Municipal Advisory Council, and as a CVSan Community Advisory Committee member. During my years of service to you, the Castro Valley Sanitary District has been recognized as an efficient and innovative agency and has been the recipient of numerous local, regional, and state-wide awards. If re-elected, I will continue to help guide CVSan's commitment to excellence. Above all, I will always remember that I work for you and will continue to strive to make sure that the Castro Valley Sanitary District provides you with the best possible service at the lowest possible rates.

DARSHAN SAINI

Castro Valley Sanitary District Directors

No statement submitted

JOHN LEWIS

EBMUD District, Ward 5

No statement submitted

JIM ODDIE

EBMUD District, Ward 5



You deserve the cleanest water in the country – and you’ve been getting it. After 24 years of service, our EBMUD Director Doug Linney is retiring and endorsing me to build on his legacy. I take that legacy seriously. As a former City of Alameda Councilmember and former District Director for then-Assemblymember (now Attorney General) Rob Bonta, I have developed a keen understanding of water, climate, and environmental policy that will enable me to listen and lead from Day One. My values and priorities are what we need at EBMUD: a commitment to highest quality clean water, ensuring a stable water supply, doing our part to address the climate crisis, and maintaining reasonable rates. Resilience is key. We need to be proactive in preparing for the climate crisis and all that it brings: drought, flood, wildfires, and sea level rise. EBMUD is an incredibly important steward of water and public lands and a leader in environmental protection. I’m proud to be endorsed by

environmental and civic leaders you trust, including Attorney General Rob Bonta, Senator Nancy Skinner, Assemblymember Mia Bonta, County Supervisor Lena Tam, County Assessor Phong La, Oakland Councilmembers Treva Reid and Kevin Jenkins, San Leandro Councilmember Fred Simon, former Alameda Councilmember John Knox White, and former San Leandro Councilmembers Corina Lopez, Jim Prola, and Benny Lee, and all seven sitting members of the EBMUD Board of Directors. www.OddieforEBMUD.com

ALEX SPEHR

EBMUD District, Ward 5

No statement submitted

TARYN EDWARDS

East Bay Regional Park District Director, Ward 4



Hi. My name is Taryn Edwards. I am a lifelong resident of Alameda County. I have a BA in Anthropology from Cal State East Bay and a Master's Degree in Library and Information Science from San José State University. I served for four years as a librarian for the City of San Leandro and then spent nearly 16 years in San Francisco as a librarian and public historian. In that capacity, I facilitated alliances with many non-profits, agencies, and community groups to preserve and celebrate the Bay Area's cultural heritage.

Our parks tell the story of the region and are the region's last wild places. I am concerned that this heritage is threatened by climate change and competing interests, thus my platform is based upon environmental and cultural conservation to ensure our parks and open space thrive for the next generation.

I ask for your vote because I have spent my career championing democratic values. I have helped the public find and apply for jobs, complete government forms, and research the issues that are important to them. In addition, I have hosted scores of public events that promote the democratic process and explore the socio-political issues that directly affect the community. As Director for the East Bay Regional Parks, I will continue to be a resource for the people and a voice who acts in your interests.

In closing, I am eager to hear from the residents about what you love about our parks. Together we can improve the parks' climate resiliency, protect their biodiversity, and provide healthy outdoor spaces for future generations. My education and professional experiences have provided me with skills that will serve me well as a Director and most of all, I have a record of getting things done! Thank you for your vote and I look forward to working together.

LUANA ESPANA

East Bay Regional Park District Director, Ward 4



As a community leader, I am committed to representing your interests and concerns. My track record includes developing strategic partnerships, making impact-

focused community grants, and building consensus across diverse stakeholders. I am here to represent your voice in the East Bay Regional Park District Ward 4. For over ten years, I have advised leaders and made policy recommendations on the Executive Committees of the East Bay Regional Park District Park Advisory Committee, Bay Area Ridge Trail Council Board, and Hayward Area Recreation & Park District Citizen Advisory Committee. I am prepared to address pressing issues such as climate resiliency, equitable access, and sustainable planning. I am a trail runner, backpacker, and NOLS wilderness school alum. This personal connection and first-hand experience have given me a deep understanding of open spaces and wilderness areas, which I will bring to my role as your East Bay Regional Park District Director. I earned my Bachelor of Arts in Politics and Spanish Literary Studies from Occidental College and my Master of Public Policy from the Goldman School of Public Policy at the University of California, Berkeley. I will use critical thinking and a data-driven approach to develop and evaluate the Second Century District Plan. Vote for Luana España to be your next East Bay Regional Park District Director Ward 4, and learn more about my campaign at luana4parks.com.

SUSAN GONZALES

East Bay Regional Park District Director, Ward 4



My name is Susan Gonzales. I am a former executive with the East Bay Regional Park District (EBRPD), having served a total of 16 years as Human Resources Manager for the organization. I also have served as a university instructor for over a 20 year period, lecturing at CSUEB, SFSU, and USF on Human Resource Management. I have approximately 40 years of service in local government. I have worked for the cities of Santa Fe Springs, San Leandro, Vallejo, South San Francisco, Santa Clara, as well as EBRPD. I have also performed interim assignments for the City of Alameda, Contra Costa County, City of Oakland, and City of Half Moon Bay.

I am a long-time resident of San Leandro and have close ties to the City of Alameda. I was appointed by former Alameda County Supervisor Wilma Chan to the Alameda Commission on the Status of Women and served one term. I am an active member of the League of Women Voters Alameda and have twice served on the City of San Leandro Bike and Pedestrian Ad hoc Advisory Committee.

I have a B.A. from the University of Southern California; M.P.A. from CSUEB, and received the designation Certified Employee Benefits Specialist from the International Foundation of Employee Benefit Plan and the Wharton School of the University of Pennsylvania.

I have endorsements from: Dee Rosario, EBRPD Park Director Beverly Lane, former EBRPD Park Director Ayn Wieskamp, former EBRPD Park Director Pat O'Brien, former EBRPD General Manager Jerry Kent, former EBRPD Assistant General Manager John Escobar, former EBRPD Assistant General Manager Paul Rankin, former EBRPD Chief Financial Officer/ Controller EBRPD Retirees Association In seeking this office, my primary goals would be to: maintain and improve existing infrastructure, with an eye on funding; review and provide appropriate staffing levels as parks open and demand for parks increases;

examine and address issues related to climate change; support regional planning.

TIM MCMAHON

East Bay Regional Park District Director, Ward 4

No statement submitted

SABRINA ARANDA

Eden Township Healthcare District Director, Area 4



Sabrina Aranda is a lifelong Hayward resident with over 20 years of service to unincorporated communities. Her deep-rooted commitment to local well-being has been shaped by her experiences as a first-generation college graduate, a proud aunt, and the daughter of a dedicated U.S. Postal Service letter carrier. Educated in the Hayward and San Lorenzo school districts, Sabrina's passion for serving her community is unwavering.

Her leadership has secured over \$35 million in grants aimed at improving the health and well-being of residents within the Eden Health District. As a school district director during the COVID-19 pandemic, Sabrina took swift action to ensure families had access to crucial resources like testing, vaccines, and more.

Her advocacy continues through her roles on the H.A.R.D. Community Advisory Committee, the Eden Area League of Women Voters, and the Hayward Education Foundation.

Health is the foundation of a thriving community. Sabrina recognizes the significant health challenges faced by the Cherryland/Ashland district and is dedicated to improving wellness outcomes for seniors and families in unincorporated areas. With decades of experience in community service, she is committed to building strong partnerships and delivering impactful services to uplift our community.

Championing Health and Wellness: Vote Sabrina Aranda for Eden Township Healthcare District, District 4 on November 5th!

For more information, visit www.vote4aranda.com.

LUIS REYNOSO

Eden Township Healthcare District Director, Area 4



Eden Township Health Care District (ETHCD) Elect Dr. Luis Reynoso: A Champion for Community Health and Education

Dr. Luis Reynoso is running for Eden Township Health Care District Trustee, Area 4. With his extensive experience in education, community service, managing public financials for over \$2 Billion in Operational Budgets and Construction Bonds, and over \$140 Million in applying for and managing Federal, State, Local, Foundation, and Corporate grants, Dr. Reynoso is committed to addressing our district's healthcare challenges and improving the well-being of all residents.

Addressing Eden Township Health Care District Challenges: Dr. Reynoso will tackle the district's pressing issues head-on, including improving healthcare infrastructure and enhancing community health programs. He plans to collaborate with local

healthcare providers to expand services and ensure the district meets the evolving needs of our diverse population.

Promoting Healthcare Access for All:

As a staunch advocate for equitable healthcare, Dr. Reynoso will work tirelessly to increase access to quality medical services. He proposes implementing mobile health clinics and telemedicine programs to reach underserved areas, ensuring every resident can access essential healthcare.

Advancing Quality Nursing Education:

Drawing from his experience as a Chabot-Las Positas Community College District Trustee, Dr. Reynoso will champion partnerships between the Health Care District and local educational institutions. He aims to create robust nursing programs that address the shortage of healthcare workers while providing career opportunities for local students.

Ensuring Fiscal Accountability:

Dr. Reynoso's background as a college professor and his educational administration experience have honed his budget management skills. He pledges to implement transparent financial practices, ensuring that every dollar is spent wisely to maximize community health benefits.

Why Vote for Dr. Reynoso?

Dr. Reynoso's unique blend of educational expertise and community involvement makes him suitable for serving on the Eden Township Health Care District Board. His proven track record of leadership and dedication to public service will bring fresh perspectives and innovative solutions to our healthcare challenges. Your vote for Dr. Luis Reynoso is for improved healthcare access, quality education, and responsible fiscal management.

ElectReynoso.com; Reynoso.clpccd@gmail.com

LOUIS MANUEL ANDRADE

Hayward Area Recreation and Park District Directors

No statement submitted

JOSEPH GRCAR

Hayward Area Recreation and Park District Directors

alamedacountyelections.org/hard

Dr. Joseph Grcar has both a high-tech background and environmental experience. He served as the chairperson of the Tri-Valley group of the Sierra Club. He is running for the Hayward Area Recreation and Park District Board, aiming to:

Improve Parks: Modernize facilities, focusing on under-served areas like Castro Valley.

Expand Educational Programs: Introduce STEM camps and vocational training in parks.

Financial Responsibility: Promote transparent budgeting and seek new funding.

Address Issues: Tackle homelessness in parks, ensure equitable access, and adapt facilities.

Promote Health: Increase fitness and wellness activities district-wide.

With his high-tech and environmental background, Dr. Grcar offers innovative leadership. Vote for Dr. Grcar for a vibrant, inclusive park system.

RICK HATCHER

Hayward Area Recreation and Park District Directors



Parks and Recreation make life better. I have lived in the Hayward Area Recreation and Park District H.A.R.D area for 44 years. Growing up using the parks, camps and swim programs I knew from an early age how lucky we were to have our own Park and Recreation District. Over the 9 years on the HARD board I have helped to bring HARD to the community in ways was not before. We have listened to the community through a community

wide survey. We have instituted a justice, equity, divert and inclusion practice through our staffing and recreational programing. HARD has always wrapped its arms around its community from the camps, pre K schools, swim lessons, art programs, sports teams, special needs programs and center, nature centers and programming, senior centers. I believe that HARD provides the communities it serves the services that help make life better, our peace, our love of craft, are outlets for relaxing and decompressing. Times can be challenging especially for the young and our seniors. I sit on the Hayward Youth Commission HYC a collaboration with the City of Hayward and Hayward Unified School District. The HYC has its governing body of 13 to 19 year olds who give our agencies the knowledge to better serve our youth. I believe a HARD future will be stronger partnerships with community groups, non profits, business community and agencies. You can see parks are being built and renovated in your communities. We are leveraging the F1 Bond passed in with grant funding to give you, us the parks and recreation we deserve. We are an open and transparent agency that encourage you “tell us” what you want and need to make your lives better. I truly look at my position on the HARD board as a gift to serve the community. Thank for your love our HARD and what we do. Get out and vote and make your voice heard.

KENNETH OWEN
Hayward Area Recreation and Park District Directors
No statement submitted

LUIS REYNOSO
Hayward Area Recreation and Park District Directors
Elect Dr. Luis Reynoso: Revitalizing Hayward's Parks and Recreation

Dr. Luis Reynoso is running for the Hayward Area Recreation and Park District Board with a vision to enhance our community's quality of life through improved parks and recreation services. As a dedicated educator and public servant, Dr. Reynoso brings a wealth of experience and fresh ideas to address the challenges facing our district priorities.

Enhancing Park Access and Facilities:

Dr. Reynoso plans to modernize our parks, ensuring they are accessible, safe, and enjoyable for all residents. He proposes implementing a comprehensive park renovation program, focusing on upgrading playgrounds, sports facilities, and green spaces across Hayward, Cherryland, Fairview, and surrounding areas.

Promoting Educational and Job Training Programs:

Leveraging his background as a college professor, Dr. Reynoso will expand educational opportunities within our parks system. He envisions creating nature education centers, STEM-focused summer camps, and vocational training programs in partnership with local schools and businesses.

Ensuring Fiscal Responsibility:

With his experience on the Hayward School District Board and Chabot-Las Positas Community College District, Dr. Reynoso understands the importance of efficient resource management. He pledges to

implement transparent budgeting practices and seek innovative funding sources to maximize the impact of every tax dollar.

Addressing Current Challenges:

Dr. Reynoso is committed to tackling pressing issues such as park maintenance backlogs, equitable access to recreation programs, and adapting facilities to meet evolving community needs. His approach includes conducting comprehensive community surveys and implementing data-driven solutions.

Promoting Healthy Lifestyles:

By expanding fitness programs, creating more walking and biking trails, and organizing community health events, Dr. Reynoso aims to foster a culture of wellness throughout the district.

Why Vote for Dr. Reynoso?

Dr. Reynoso's Doctorate in Education and years of experience in academia and public service uniquely qualify him to lead the Hayward Area Recreation and Park District into a new era of excellence. His commitment to community engagement and environmental sustainability will ensure that our parks and recreation programs reflect our community's diverse needs and values.

ElectReynoso.com;
Reynoso.clpcd@gmail.com

PETER ROSEN
Hayward Area Recreation and Park District Directors



Thank you for your support and confidence over the last four years. My wife, daughter and I love the Hayward Area Recreation & Park District facilities and programs and I appreciate my role in improving the community I have lived in for many years. My decades of experience as a landscape contractor, community leader, and small business owner have proven invaluable with H.A.R.D. As President of the H.A.R.D. Board this year, I have worked effectively with our staff and collaborated with other agencies to help H.A.R.D. be more successful.

I also want to thank the community for your support in passing our \$250 million dollar bond in 2016. This funding has allowed H.A.R.D. to invest in critical needs throughout the District. So far, H.A.R.D. has received almost \$60,000,000 in additional funding through grants, private donations, collaborations and partnerships. This additional funding has allowed your bond (tax) dollars to be stretched further and allowed H.A.R.D. to acquire additional properties in addition to the many facility upgrades. Almost all the bond projects have come in on time and under budget.

H.A.R.D. is a District that is here to serve the entire community from tots to seniors and we have expanded our programming while also offering more scholarships, free aquatics, and increased our free community events as well. We are close to achieving our goal of a park

within a 10 minute walk of our residents, but we don't want to stop there. We want to keep adapting our programs and activities so that they reflect the changing needs of the community. Whatever your favorite activity is, we want to offer it and help you have fun. Parks make life better and I hope H.A.R.D. is as important to you as it is to my family. I am very proud of the work that H.A.R.D. has accomplished over the last four years and I would ask that you trust me to continue with the great work by voting for me to represent you. Please visit PeterRosen4HARD.org to find ways to help with the re-election.

PeterRosen4HARD.org

MOIRA “MIMI” DEAN
Oro Loma Sanitary District Board Member



I am Moira “Mimi” Dean and I'm living green.

I am a proven leader with the education, experience, and enthusiasm needed to serve on the Oro Loma Sanitary District board. My degree is in environmental studies with a focus on state wide water resources and San Francisco Bay biology. I worked for the SF Bay Regional Water Quality Control Board enforcing clean water regulations.

Even as a child I was passionate about “living green” and I taught myself how to repurpose items. For example, my parents did not have the means to buy me a doll house so I repurposed a china cabinet that I got for free from my neighbors. From that I learned I could make something useful and conserve the earth's resources at the same time.

For over 30 years I worked with Oro Loma as a teacher promoting their compost and recycling programs. My students competed in an Oro Loma sponsored Earth Day poster contest teaching them and their families about environmental issues such as becoming better recyclers, composters, and stewards of our communities and our planet. Serving on the Oro Loma Board is the next logical step in practicing these environmental ideals. While serving on the board I will advocate for zero waste education, fiscal responsibility, building partnerships, and solutions to sea level rise and climate change.

Being a teacher for 32 years helped me hone essential skills in leadership and governance such as policy making, budget management, and meeting ethically and socially responsible goals. I currently serve on the Eden Area Municipal Advisory Council and know how important it is to listen and gather community input whenever a major decision is made.

I am committed to carrying out Oro Loma's mission statement and I would like to use my critical thinking skills and creativity to support their mission.

I would really appreciate your vote on November 5th. Remember...vote for Mimi Dean... she's living green.

BOB GLAZE
Oro Loma Sanitary District Board Member
No statement submitted

BENNY LEE
Oro Loma Sanitary District Board Member
No statement submitted

LUIS REYNOSO
Oro Loma Sanitary District Board Member
Elect Dr. Luis Reynoso: A Vision for a Sustainable Oro Loma

Dr. Luis Reynoso is running for the Oro Loma Sanitary District Board with a commitment to addressing our community's challenges and improving essential services. With his extensive experience in education and public service, Dr. Reynoso is uniquely qualified to lead Oro Loma into a more sustainable future.

Key Priorities: Modernizing Infrastructure: Dr. Reynoso will prioritize upgrading our aging wastewater collection and treatment systems. He plans to implement smart technologies to detect and prevent sewer overflows, ensuring the protection of public health and our environment.

Enhancing Waste Management: Building on Oro Loma's recycling success, Dr. Reynoso will work to expand green waste programs and introduce innovative recycling initiatives to further reduce landfill waste.

Fiscal Responsibility: As a former Hayward School Board member, Dr. Reynoso understands the importance of responsible financial management. He pledges to maintain Oro Loma's position as a low-cost service provider while investing in critical infrastructure improvements.

Environmental Stewardship: Dr. Reynoso will champion projects like the horizontal levee expansion, which naturally filters wastewater while protecting against sea-level rise, demonstrating his commitment to safeguarding San Francisco Bay.

Community Engagement: Leveraging his background in education, Dr. Reynoso will develop public outreach programs to educate residents about water conservation and proper waste disposal practices.

Why Vote for Dr. Reynoso?

Dr. Reynoso's experience as a college professor and his Doctorate in Education uniquely positions him to tackle complex challenges and communicate effectively with diverse communities. He understands the importance of long-term planning and will work tirelessly to ensure Oro Loma remains a leader in sanitation services.

By electing Dr. Reynoso, you're choosing a leader committed to transparency, fiscal responsibility, and environmental sustainability. His vision will benefit all residents of San Lorenzo, Ashland, Cherryland, Fairview, and portions of San Leandro, Hayward, and Castro Valley.

Vote for Dr. Luis Reynoso for the Oro Loma Sanitary District Board. Together, we can build a cleaner, more sustainable future for our community.

PO Box 21091, Castro Valley, CA 94546 | 510-274-1807
ElectReynoso.com;
Reynoso.clpcd@gmail.com

DÁMARIS VILLALOBOS-GALINDO
Oro Loma Sanitary District Board Member



As a proud resident of the Fairview Unincorporated Community, I am honored to be running for the Oro Loma Sanitary District Board of Directors. I am a highly driven water resources engineer with over 12 years of experience in environmental and water resources management working with the goal of rebuilding and improving our aging public infrastructure, making it more resilient for our ever-changing future while using engineering practices for the preservation, support, recovery, and restoration of the natural environment. I began my engineering journey at Southwestern Community College working my way through school and transferring to the University of California in San Diego where I completed a Bachelor of Science Degree in Environmental Engineering, followed by a Master of Science Degree in Civil and Environmental Engineering from Stanford University. If elected as a member of the Board of Directors for the Oro Loma Sanitary District my top three priorities will be:

1. To get ahead of the ever-changing environmental regulatory environment and become a leader in our field while protecting the waters of the State from pollutants and trash. This might include testing, implementing or piloting emergent technologies, training staff on regulatory requirements, and having tangible metrics to measure success.
2. To ensure that as the workforce changes and retires, the institutional knowledge acquired during someone's career is not lost and that there is overlap between the workforce leaving and the new generation entering the workforce through mentorship, training opportunities, and partnerships with local colleges and universities.
3. Prioritization of infrastructure repair and/or replacement. By replacing and repairing infrastructure at a sustainable rate, we would be improving our level of service and providing the community with a reliable and adequately sized sewer infrastructure system for many years to come.

To learn more about me go to www.votefordamarisvillalobos-galindo.com.

Writing children’s books

AWARD-WINNING AUTHOR JENNIFER GENNARI DISCUSSES SKILLS NEEDED TO WRITE FOR KIDS

Submitted by **NANCY GUARNERA**

Have you ever dreamed about writing a children's book? Do you have an idea for a story you wish you'd heard when you were young or that you'd love to read to your children or grandchildren now? What's stopping you?

Writing for children seems like it should be easy. However, it can be more difficult

than writing for adults. Think about your child's favorite books, and your grandkid's favorites...the ones falling apart because they've been read every night. They're magical, because their authors understood how to write for children.

On Saturday, Oct. 26 at a FREE and open-to-everyone Zoom meeting, Fremont Area Writers is hosting award-winning children's author Jennifer Gennari, who will present “READ, NOTE, HOPE: Three Skills You Need to Write Children's Books.” This is an opportunity to get tips on how to write a book that might just entertain kids and adults for generations.. Knowing your target audience, cultivating the power of observation, and understanding why “hope” and “truth” matter when writing for young readers will all be addressed in the presentation.

Jennifer Gennari is the author of Muffled, a Junior Library Guild selection and a Georgia Children's Book Award finalist, and *My Mixed-Up Berry Blue Summer*, a Bank Street Best Children's Books of the Year selection and an American Library Association Rainbow List title. She divides



Jennifer Gennari is an award-winning children’s book author. Photo courtesy of Fremont Area Writers

her time between Vermont and the Bay Area.

To get the link to this event, email a request to scottfrombayside@yahoo.com with "FAW Zoom" in the subject line. You should receive the link the day before or the day of the meeting. Learn more about Fremont Area Writers at cwc-fremontareawriters.org.

Saturday, Oct. 26
Read, Note, Hope: The three skills you need to write children's books
2pm - 4pm
Author Jennifer Gennari shares writing tips.
Online via Zoom
Request link from:
scottfrombayside@yahoo.com