

India Day Parade and Fair

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High school football is gearing up

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Don Marek, Fremont Bank's new President. Photo Credit: Ron Essex Photography

# An interview with Fremont Bank's new President Don Marek

FREMONT BANK
PRESIDENT DON MAREK
LEADS NEW ERA OF
COMMUNITY BANKING

#### By JACK ALCORN

Don Marek assumed the office of Fremont Bank President August 1st. He previously served the bank as Senior Vice President and Commercial Banking Executive.

Recently, I spoke with the new top executive of Fremont Bank. Marek shared the interesting history of the bank, the institution's people-focused values and its inclusive approach to serving the community.

Marek explained that Fremont Bank was founded 60 years ago by Morris Hyman. Hyman grew up in Natchez, Mississippi. He served in World War II on the GI bill and earned his law degree at Stanford. Hyman really embraced family and brought the southern hospitality tradition with him when he and his wife settled in Fremont.

Morris Hyman's father had a construction company that was shut down because of a missed payment. Morris felt like that's something that you never want to see happen to people. This experience drove Hyman's desire for a bank that would really be there for the community. Hyman saw the need to have a locally controlled, locally owned bank that served the people.

"Going forward it's that southern hospitality, that locally owned bank for the local community that has really been our brand. We stayed true to that as part of our mission here at the bank," said Marek.

Marek holds two bachelor degrees in history and economics from UCLA and an MBA from the Anderson School of Management at UCLA. Marek started his banking career in 2009 as the manager of Fremont Bank's commercial portfolio, drawing from his extensive experience in commercial real estate. Marek has held numerous executive management roles during his 15 years at Fremont Bank.

Fremont Bank has a rich history of serving the community in many ways not found at other banks. Retirement planning, college savings plans, estate settlements and small business loans are some examples of how Fremont Bank creates lasting customer relationships.

"As we look ahead we certainly want to continue to strengthen and add further depth of our relationships within our current footprint and our current communities that we serve," said Marek.

The Fremont Bank Foundation and Fremont Bank Corporate Giving Program help support local nonprofits that improve the quality of life in the communities served by the bank. Fremont Bank gives at least 5% of its pretax profit to nonprofits.

"Part of who we are over the last 60 years has been creating this ecosystem within our communities where everybody benefits by having more predictable, healthy financial situations," said Marek.

Fremont Bank philanthropy has assisted thousands of community efforts over the years. This has included grants to Newark Symphonic Winds and East Bay Bicycle Coalition. The bank sponsored New Haven Unified School District robotics programs and funded the Niles Centerville Little League snack shack.

Fremont Bank is also providing a significant contribution for Access Community Health to establish a new clinic that will provide health and wellness services to 5,600 additional patients.

"The groups that we support are right

here in our community," said Marek.

continued on page 7

# Indian classical music concert celebrates tradition, improvisation

#### NADA NIDHI SCHOOL MARKS 35 YEARS

#### By MONIKA LEE

Carnatic music is a classical music style that originated in Southern India over 2,000 years ago. Today, Srikanth Chary is teaching it out of his home in Fremont. His music school is called Nada Nidhi which translates to the Treasure of Sound. This year, Nada Nidhi is celebrating its 35th anniversary with a free music concert open to the public at the Jackson Center at Ohlone Community College on Sunday, August 18 at 3pm.

Chary teaches music on a stringed instrument called a veena, which his grandfather also played. Though Chary never heard his grandfather play the instrument, he was fascinated with his grandfather's veena and started playing with it as a very young child. He began veena lessons at the age of six, and Carnatic music became his lifelong passion. He performs at concerts and was encouraged to start a music school when parents asked if he would teach their children to play Carnatic music. Typically, he has one to four students in his classes. Once students get beyond the mechanics of learning to play the veena, Chary guides them to develop skills based on their individual musical goals. Improvisation, or manodharma, is a large part of Carnatic music. As Chary explains, "In this kind of music there is a blend of pre-composed music and extemporary music. So, you create, and you improvise when you're on stage in addition to performing pieces that have been composed centuries ago."

Longtime student Smriti Swaminathan was inspired to learn to play the veena from watching the popular Indian musician Rajhesh Vaidhya on television - both she and her parents admired him. When they approached Chary about starting their daughter on veena lessons, he let them know that his style of music was very different from that played by her idol, but that did not deter her. Swaminathan and her parents have grown to love the more traditional style of Carnatic music that Chary teaches. "The more and more I progressed in vocal music as well as veena, they realized it was a lot different from what we see on TV," Swaminathan shared, referring to her parents. "The more I enjoyed it, the more they enjoyed it."

Carnatic music is one of the oldest musical traditions in the world and Chary's students will perform their personal renditions of it at this concert. "A lot of the songs we will be performing during the program talk about the pervasiveness of sound, the nature of sound, how does sound affect us," said Chary, "So that's the theme we're going to be exploring during this concert." The concert is called Nada Mahima which translates to the Glory of Sound. Enjoy an afternoon filled with soulful melodies and captivating performances that explore timeless Carnatic classics and improvisations.

Nada Mahima
Nada Nidhi 35th Anniversary Concert
Sunday, Aug 18
3pm
Jackson Center at Ohlone Community
College
43600 Mission Blvd., Fremont
Order FREE tickets at:
www.ticketleap.events/tickets/nadanidhi/
nada-mahima-nada-nidhi-35th-anniversary



The lettering was one of the most challenging parts of the project.
Courtesy of Linda Anderson.

## STUDENTS THRIVE BELOW SEA LEVEL

OCEAN MURAL OF STUDENT-PAINTED TILES WELCOMES BACK OLIVEIRA ELEMENTARY STUDENTS

#### By STEPHANIE GERTSCH

Sea level rise is a global problem, but Oliveira Elementary School in Fremont has welcomed the ocean in a fun way with a friendly mural created with student- and staff-painted tiles, organized by teachers Amy Twisselman and Gina Song.

The project started as a river, before merging with the sea. Independently of each other, the two teachers both came up with the idea of doing a rock river installation with rocks hand painted by students. Twisselman was inspired by a student's grandmother, who left painted rocks around the community as legacy for a daughter who passed away. Song had done a rock painting project at her son's school from the book "Only One You" by Linda Kranz. With playful images of rocks painted to look like fish, the book takes kids through advice about individuality and making a difference. Principal Linda Anderson connected the two teachers, kicking off a shared project.

Unfortunately, the school's terrain with unruly tree roots made finding a place for the rock river difficult. Then Song had another idea. A Kindergarten teacher, she works next to a tunnel that cuts through the building. "I remember thinking a year or so back just walking through the hallway, Oh it would be cool to turn the hallway into an ocean!" The project evolved into a tile mural.

Song and Twisselman created a lesson plan teachers could use to introduce the project to students, and presented the idea at an October staff meeting in 2023. Says Song, "It was a project that we had been thinking about for a while, so when we got the green light for it, it was fun."

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# What are the Signs of A Stroke? How to Prevent One?

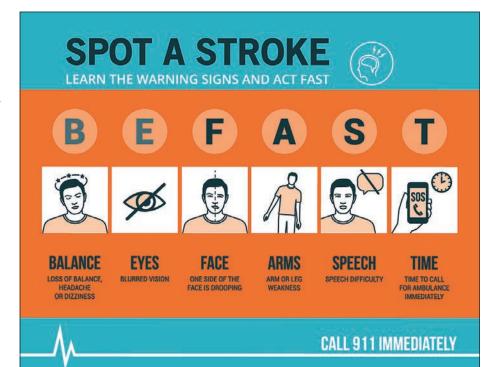
Stroke Expert to Present Seminar on Stroke Awareness

The statistics are staggering. There are 795,000 strokes every year in the U.S. and one person dies of stroke every four minutes. Stroke is the leading cause of serious, long-term disability, but the good news is 80% of strokes are preventable and most are treatable when detected early. You are invited to learn the risk factors of stroke, and how you can prevent it from happening to you.

On Wednesday, Aug. 28, at 9 a.m. Jack Rose, MD, neurointensivist and co-medical director of Washington Hospital's Stroke Program will present an online seminar called, "Stroke: Warning Signs and Risk Factors." To watch it on Facebook, sign in to your account, then go to facebook.com/WashingtonHosp. Or you can watch it without an account on YouTube by going to YouTube.com/whhsInHealth.

There are two types of strokes, sometimes called brain attacks. Ischemic strokes occur when blood flow to part of the brain is cut off due to a blood clot or an artery that has become narrowed from plaque buildup. Hemorrhagic strokes, which are the less common of the two, happen when a blood vessel breaks, causing bleeding in the brain.

Strokes are medical emergencies and it is said "time is brain," so it's important to call 911 immediately if you or someone else is displaying signs of a stroke. Dr. Rose warns, "Do not try to drive yourself or someone with stroke symptoms to an Emergency Department. EMS professionals know how to treat stroke



patients and can call ahead so the Stroke Team is ready on arrival."

So what exactly are the symptoms of a stroke? There are six telltale signs that are easy to remember by using the acronym "BE FAST."

**Balance** – Is the person experiencing a sudden loss of balance or coordination?

Eyes – Are they having a sudden change in vision or trouble seeing?

**Face** – Ask them to smile. Does one side of the face droop?

**Arms** – Ask them to raise both arms. Does one arm drift downward?

**Speech** – Ask them to repeat a simple phrase. Is their speech slurred or strange?

**Time** – If you observe any of these signs, call 911 immediately.

Dr. Rose will thoroughly explain each of these symptoms and show illustrations so you will be able to determine if someone truly is having a stroke. Quite often it is a family member, not the stroke victim, who recognizes the signs of a stroke and calls 911, so it's important that everyone know how to recognize a stroke. Even children who may be home alone with a family member can identify the signs if they know them and save a life by dialing 911.

Since strokes can be deadly or have devastating permanent results like paralysis and problems with thinking, awareness, memory, or speech to name a few, it is good for everyone to know how strokes can be prevented. While some risk factors are uncontrollable, like age, gender, heredity and race, others are very much in our control. They include managing your hypertension, controlling your weight, eating well and not smoking. Dr. Rose will discuss these and other stroke risk factors in detail. Prevention is the best way to avoid having a stroke.

In addition to its recent Trauma Center designation, Washington Hospital is the designated receiving center for strokes in Southern Alameda County and a certified Primary Stroke Center. This means stroke patients receive the best and fastest possible testing and treatment from the moment they arrive in the Emergency Department to the time they leave the Hospital to continue their rehabilitation.

To learn more about Washington Hospital's Stroke Program, visit whhs.com/stroke. Washington Hospital has produced a video demonstrating the symptoms. Visit their InHealth YouTube channel at YouTube.com/whhsInHealth, or scan the below QR code.



"Do not try to drive yourself or someone with stroke symptoms to an Emergency Department. EMS professionals know how to treat stroke patients and can call ahead so the Stroke Team is ready on arrival." - Jack Rose, MD, Neurointensivist



# InHealth Your YouTube Channel

#### YouTube

YouTube.com/whhsInHealth Join the 36,000 subscribers of Washington Hospital's YouTube page.

#### Health Care Videos More Accessible Than Ever!









**Stroke: Warning Signs and Risk Factors** 

Wednesday, Aug. 28, 9 a.m.

Did you know that 80% of strokes can be

prevented? Learn how to reduce your risk factors

for this life-altering event.



# Importance of Prostate Cancer Screening

Wednesday, Sept. 11, 9 a.m. This seminar will empower men and their loved ones with essential knowledge for early detection and effective management.

#### **Life After Stroke**

Recovering from a stroke can be overwhelming. Dr. Prabhjot Khalsa, medical co-director of Washington Hospital's Stroke Program, will address the health complications that may arise following a stroke.





#### **Aquablation: A Transformative BPH Treatment**

Aquablation is a minimally invasive treatment for benign prostatic hyperplasia (BPH). Learn the science behind this innovative technology and how the procedure relieves pain without compromises, improving the quality of life for men affected by BPH.





**Heart Valve Disorders in Adults: Types and Treatments** Dizziness, shortness of breath, chest pain and fatigue: these may be

signs of heart valve disorders. Watch this seminar to learn the various types of valve disorders, the impact on cardiovascular health, and treatment options.

#### **Other Video Topics:**

- Joint Pain
- Stroke Awareness • Washington Township Health Care District monthly board meetings
- **Events Information** For more information or to register for events, call 800.963.7070 or visit whhs.com/



- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
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THIS IS THE FIRST IN A THREE-PART BACK-TO-SCHOOL SERIES

# **Back-to-School Series:** Backpack Safety

Local Orthopedic Specialist Offers Advice

"It's important to note that the wrong backpack or the weight of backpacks can - and do contribute to posture problems and musculoskeletal pain in the back, neck and shoulders." -Russell Nord, MD

For most local students, the new school year has just begun. Most back-to-school shopping lists include brightly colored backpacks to carry books and supplies to school and back home again. Backpacks are a practical way for kids to carry things around, but if those packs are not fitted and worn properly, or if the backpacks are carrying too much weight, they might cause injuries to muscles and joints.

As an example, Medical Director of Washington Sports Medicine Russell Nord, MD, notes, "As the experts in bone and joint health injury prevention, members of the American Academy of Orthopedic Surgeons (AAOS) remind us that heavy backpacks can be a source of back, neck and shoulder-related pain in adolescents and adults. In fact, according to the Consumer Product Safety Commission (CPSC), in 2018, emergency departments, doctors' offices and clinics treated 50,635 people for backpack-related injuries. Those were just the ones who had problems severe enough to require medical care."

A board-certified orthopedic surgeon and sports medicine specialist, Dr. Nord also is the father of four school-age children.

#### **A Correct Fit**

"As a father, backpack safety is a matter of concern for me," he says. "I do appreciate the temptation for parents to buy bigger backpacks that their kids can 'grow into,' but the National Safety Council recommends that a backpack should not be wider than the child's back. Also, the backpack should not extend more than four inches below the waist."

While it might seem faster and easier for parents to shop alone for children's backpacks, it is worth the extra



effort to take children with you to ensure a proper fit. Dr. Nord observes that it also is important to use backpacks that have well-padded, adjustable shoulder straps and a waist strap.

"The waist strap helps make sure the pack's load is supported by the pelvis and not just the shoulders, similar to how hikers use waist straps on their hiking backpacks," he explains. "A chest strap also can be useful to help keep the backpack snug against the back, therefore reducing the torque to which the back is exposed."

He continues, "It is best if the child uses both shoulder straps, rather than slinging the backpack over one shoulder. Using two shoulder straps distributes the weight more evenly. When you are deciding on which backpacks are right for your children or teens, it's good to make sure that they can adjust all the straps on their own without struggling. Specifically, small hands may have trouble opening and closing the clip for a particular waist or chest strap design, thus making it less useful."

#### **The Correct Weight**

Choosing the proper-size backpack is only part of the safety equation. The other primary consideration is the weight of the backpack once it contains the student's books and other supplies.

"The American Chiropractic Association recommends that a backpack should carry only 10% of the child's body weight," says Dr. Nord. "That means, for example, a limit of 5 pounds for a 50-pound first-grader." Because your child is likely to put more things into a large backpack, bigger is not necessarily better.

In addition to causing pain, an ill-fitting or overly heavy backpack also can contribute to poor posture.

According to Dr. Nord, "It's important to note that the wrong backpack or the weight of backpacks can - and do – contribute to posture problems and musculoskeletal pain in the back, neck and shoulders. In addition, numbness in the arms or legs could indicate nerve damage. I urge parents to take those complaints seriously and seek medical attention for their child right away."

#### **What About Wheels?**

One question some parents are asking is whether they should have their children use backpacks with wheels. "Check your child's school policy. Rolling backpacks may pose a problem on crowded sidewalks," he cautions. "Also, because some backpacks on wheels cannot be hung up on a hook or placed on a shelf, they could clutter up the floors in classrooms and hallways, presenting a tripping hazard, which is why some schools do not allow rolling backpacks." Regardless of the specific design chosen, the principles discussed above will help your child remain safe and comfortable when using a backpack.

If you need help finding a physician, such as a pediatric or orthopedic specialist, the Washington Township Medical Foundation website may be useful: myWTMF.com. Find information on the Washington Sports Medicine Program at whhs.com/sports or scan the below QR code.



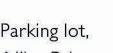
# **Union City Heart Health Fair**

Discover the key to better heart health at the Union City Heart Health Fair, sponsored by Washington Hospital and Washington Township Medical Foundation!

#### Date and Location

Saturday, September 7 10 a.m.-2 p.m.

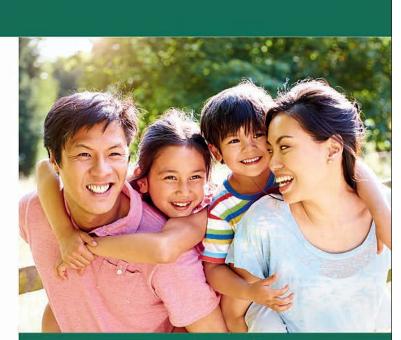
Nakamura Clinic Parking lot, 33077 Alvarado-Niles Rd.



#### **Details**

The event is open to everyone! Join us for:

- Free Health Screenings: Blood pressure, glucose, and cholesterol checks
- Health Information: Learn lifestyle changes for better heart health
- Interactive Activities: Free fitness classes and health activities
- Entertainment: Family-friendly performances



Two Free Fitness Classes!

Zumba at 10 a.m. Fitness Boxing at 12 p.m.



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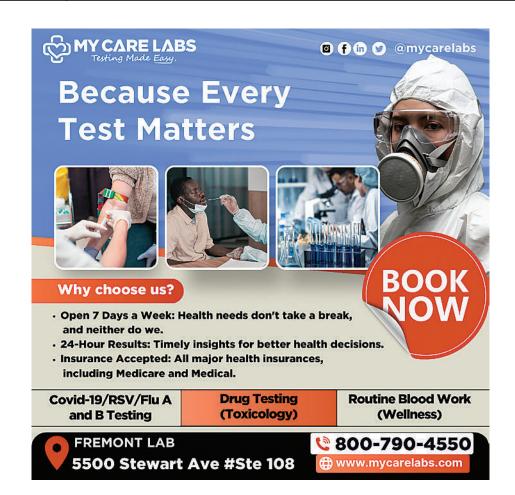












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# K-Pop Republic Pop Up

MERCH, BOBA AND DANCE PERFORMANCES DRAW FANS TO HAYWARD LIBRARY



Calling all K-Pop fans! Courtesy of Elanor Lazar

#### Submitted by ELEANOR LAZAR

Get ready, East Bay K-pop fans! The K-pop Republic store from Buena Park is bringing an exciting pop-up event to Downtown Hayward, and it's one you won't want to miss. On August 17 and 18, from 10am to 6pm each day, join us at the Hayward Public Library for an immersive K-pop experience. With merchandise, boba, performances and meetups, this event promises a weekend filled with K-pop

The K-Pop Republic Pop Up will feature an array of official K-pop merchandise from K-pop Republic, giving fans

the chance to snag exclusive items and show off their favorite groups in style. Teaspoon, a beloved local boba shop, will be serving up refreshing drinks throughout the event. Sip on your favorite flavors while you explore the merchandise and enjoy the festivities. The excitement continues with energetic K-pop dance performances from local groups, bringing the latest hits to life with high-energy routines that celebrate the spirit of K-pop. This is a great opportunity to connect with fellow fans and expand your collection of K-pop merchandise.

Additionally, on Saturday, August 17, from 9am to 10am, join us for a K-pop trading card event in partnership with



Expand your collection of K-Pop merch.
Courtesy of Eleanor Lazar

Soheila Bakery. The first 20 customers will receive a free photo trading card with their purchase, and there will be plenty of space at the venue for trading.

K-Pop Republic Pop Up Saturday, Aug 17 - Sunday, Aug 18 10am - 6pm Hayward Downtown Library 888 C St., Hayward www.hayward-ca.gov/discover/events/k-pop-republicpop-shop-aug-17-2024

# Library announces 2024 Alameda County Youth Poet Laureate winners

#### CONGRATS TO JOVINA ZION PRADEEP AND ASHWIKA JANI

Submitted by ALICIA REYES

On August 6, Alameda County Library announced the winners of the 2024 Alameda County Youth Poet Laureate competition. Now in its fourth year, the annual competition for Alameda County teens ages 13-18 takes place during National Poetry Month in April. The winners of the 2024 Alameda County Youth Poet Laureate competition are Jovina Zion Pradeep and Ashwika Jani, both of Fremont.

Pradeep, the 2024 Youth Poet Laureate, is a writer, photographer and editor at Blossomer Literary Magazine, a youth-center environmental magazine.

Jani, the 2024 Youth Poet Vice-Laureate, is a music writer and activist for underserved populations in healthcare and education. She uses her voice to uplift others and bring attention to issues impacting her community.

This year's finalists include: J.A., Fern Biswas, Eleanor Bleharski.

The Alameda County Youth Poet Laureate competition celebrates teen voices and civic engagement. The number of entries continues to rise. Alameda County Library

received 54 submissions this year, an increase from last year's record-breaking year of 52

This year's winners were selected by a panel of judges from the Bay Area spoken word, education, and restorative justice communities, and were judged based on the content, craft and voice of their work. The winners' names were announced during an awards ceremony on Friday, August 2 at REACH Ashland Youth Center.

"I am truly moved by all the talented youth poets who participated in this year's competition. When we provide teens with a platform for creative and authentic expression, they can harness the power of poetry to inspire collective civic engagement that uplifts our communities," said Acting County Librarian Deb Sica.

From now through August 2025, Pradeep and Jani will serve as ambassadors to inspire civic engagement, social justice, cultural awareness and literary excellence among young people in Alameda County. As this year's Laureate, Pradeep will receive a MacBook and a suite of Apple products. Pradeep's poetry will be featured in the

National Poetry Anthology along with Laureates across the country. Jani will receive an iPad and a suite of Apple products.

"Poems are sculptures of breath, balms that soothe the soul, and popsicles of words that melt the perspectives of communities. Out of all forms of literary expression, poetry inspires me the most because it offers a channel for humanity to be vulnerable—to forge dreams and reflections that ignite social change," said Pradeep.

"Poetry is a means to explore the limits of language, and to find the beauty in breaking and making rules as I see fit to tell my story. Through its ability to become a vessel for both catharsis and change, poetry inspires me through providing perspective on the complexity of life," said Jani.

Winners and finalists will be invited to perform at public events year-round. Winners will also be able to compete in the California and Regional Youth Poet Laureate competitions. Past Alameda County Youth Poet Laureates have advanced to the state, regional and national competitions.

Zoe Dorado, the inaugural Alameda County Youth Poet Laureate from

Castro Valley, won the 2024 West Regional competition and now serves as the 2024 West Regional Youth Poet Laureate. Dorado competed in the National Youth Poet Laureate competition in April and placed runner-up. Brian Guan, the 2023 Alameda County Youth Poet Laureate from Dublin, placed runner-up in the 2024 West Regional Youth Poet Laureate competition. Sunwoo Eom, the 2023 Alameda County Youth Poet Vice-Laureate from Albany, placed as a finalist in the 2024 California Youth Poet Laureate competition, and Yamini Jain, the 2022 Alameda County Co-Youth Poet Laureate from Fremont also placed as a finalist in the California Youth Poet Laureate competition in 2023.

Alameda County Library thanks this year's judges, Urban Word and Alameda County Library Foundation for their partnership and support. For more information about the Alameda County Youth Poet Laureate competition, visit aclibrary.org/youth-poet/.

# Could a ten-year-old invent the next Uber?

FIND OUT AT THE FREMONT CHILDREN'S BUSINESS FAIR, SHOWCASING CHILDREN'S ENTREPRENEURIAL GENIUS!

Submitted by AYDIN RIZQI

On Saturday, August 24 the 1st annual Fremont Children's Business Fair will host 30 young entrepreneurs at the Fremont Hub. This event is free and open to the public.

Children create a product or service, develop a brand, build a marketing strategy, and then open for customers at this one-day marketplace. The children are responsible for the setup, sales, and interacting with customers, and any parent seen selling to the customer or promoting the child's product will result in disqualification from the competition.

This event is sponsored by Acton Academy, the Acton Next Great Adventure, and the generous support of our sponsors, Banter Bookshop and Silicon Valley Podiatry Group and volunteers, who all believe that principled entrepreneurs are heroes and role models for the

Whether an entrepreneur is famous, like Elon Musk or Oprah Winfrey, or one of the thousands of unsung business owners across this country, these entrepreneurs are the people who make sacrifices to innovate, create jobs and serve their communities.

"Today's youth are tomorrow's business innovators and leaders. The Children's Business Fair gives students the opportunity to spread their entrepreneurial wings and get a head start on promising business careers," said Jeff Sandefer, founder of the Acton School of Business, one of the sponsors of the fair.

Cash prizes of \$50 will be awarded in each of the four age groups (6-7, 8-10, 11-12, and 13-14) for "Most Business Potential," "Most Creative Idea," and "Most Impressive Presentation." Both adult sponsors and shockingly articulate children are available for interviews on camera or off. For more information, please contact Dr. Najwa Javed at (925) 457-1791 or drnjaved@hotmail.com.

Fremont Children's Business Fair Saturday, Aug 24 11am - 2pm Fremont Hub Courtyard 39281 Fremont Hub

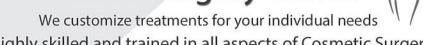


FREE Adult Reading and Writing Classes are offered at the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480



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facebook instagram yelp: 39141 Civic Center Dr. #110, Fremont



2024 Ford Maverick Hybrid. Photo credit: Michael Coates



The Ford Maverick can fit five - for short trips. Photo credit: Michael Coates



Ford Maverick driver's seat. Photo credit: Michael Coates



The roughly 4½ by 3½ ft bed hauls up to 1,500 pounds. Photo credit: Michael Coates

# 2024 Ford Maverick Hybrid – A Truck of Choices

Submitted by MICHAEL COATES

Let's start with a key fact. Ford Motor Company knows trucks. The full-size F-150 pickup has been the best-selling vehicle in America for the past 47 years. Over the past decade Ford has expanded its pickup lineup in size and technology, adding two trucks smaller than the F-150 as well as

electric and hybrid models.

Which brings us to this month's review, arguably the hottest model in the lineup, the Ford Maverick Hybrid. Introduced in 2021 as a 2022 model, the Maverick is about to go into a mid-cycle refresh with several enhancements in store for 2025. We'll tell you what the 2024 is like, but will probably recommend you hold on until the 2025s arrive later this year. We advise being patient for a couple reasons.

First, as we said, the Maverick is a hot item. Finding one on a Ford dealer lot could be a challenge at this point. The second reason depends more on what you're looking for in a truck. For that, let's take a deeper look at what the Maverick offers.

#### Size Does Matter

Ford classifies the Maverick as a midsize truck, although the (also) midsize Ranger and larger F-150 are significantly longer and heavier. I'd call the Maverick a compact truck, the updating of the classic mini-truck with modern technology and true seating for four or five.

Since trucks are tools, usually purchased because of what they can do, the functional dimensions are important. In addition to seating for four (five for short distances),

the bed is smallish, roughly 4 ½ by 3 ½ feet and capable of hauling 1,500 pounds. Power plug-ins in the bed can turn it into a workbench.

Maverick's 121.3-inch wheelbase and less than 200-inch overall length makes it more maneuverable than the larger trucks. I hesitate to say it's car-like, because it still is in most ways a truck. What blurs the car/truck differentiation is all of the technology available, such as the 8-way power driver seat and Ford Co-Pilot360 package on the Lariat model we tested. In 2025 even more tech will be added or upgraded.

#### All-Wheel Drive & Other Trade-Offs

When it comes to functionality, many folks look to all-wheel drive (AWD) as a key desirable attribute. In turn, that brings us back to the model year debate. For 2024, if you want a hybrid Maverick (and its 42 mpg), you're limited to front-wheel drive only. It doesn't limit your hauling, but can cut your travels short if you want a truck that can take you deep off-road. That changes for 2025, when a hybrid AWD becomes an option. If offroading is a must and you still want the fuel economy of the hybrid, then you'll just have to wait.

For both on and off-road work, the hybrid Maverick does present something of a compromise. Powered by a 2.5-liter four-cylinder engine backed with a continuously variable transmission, the hybrid offers 191 horsepower and 155 foot-pounds of pulling torque. You can tow a solid 4,000 pounds. There's a trade-off if you want more power. The turbocharged 2.0-liter four (with an 8-speed transmission)

in the non-hybrid Maverick drops 10+ mpg, but gives you 50 more horsepower and more than 100 more foot-pounds of torque. If towing or hauling heavy loads is part of your agenda, you will need

to weigh those trade-offs carefully.

Cost may be another tradeoff consideration. The base XL

Maverick with the 2L engine starts
at \$25,425 after accounting for
delivery charges. Moving up to the
hybrid, which is something you
can do at all trim levels, is a \$1,500
bump. Our well-appointed Lariat
trim model retailed at just over
\$35,000. Prices are looking to rise
for 2025 models. It can be a long
payback for the hybrid, but you'll
congratulate yourself every time
you fill up.

#### Auto Review



Michael Coates is an
experienced automotive writer,
who is also editor and publisher of
the Clean Fleet Report
online magazine
(www.cleanfleetreport.com)
that focuses on advanced
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# Ant Agony

By PAT KITE

There are at least 20 quadrillion ants in this world. They are not all in my kitchen. Some of them are in yours. The usual home ant is the little black ant. A lady worker ant (servant) sniffs a crumb or three, sends out a notice (pheromone) to her nest mates, and bingo!

My daughter found ants in her bed and she is the tidiest of people. Since you will probably want to be sure what type of ant you are discouraging...you need a magnifying glass. Capture an ant. Turn it upside down. See if there are one or two nodes at the abdominal petiole. Are you still excited? Has life been a bit dull? The internet speaks: "The rear section of the mesosoma, the propodeum, is actually the first abdominal segment, the petiole is the second segment and the postpetiole, when present, the third segment." Is there nothing on television?

According to Hopi mythology, the Ant People, or Anu Sinom, are believed to be an ancient and advanced civilization that once coexisted with the Hopi tribe during a time of troubles in the First World. These troubles were possibly volcanic. The Ant People were part human and part ant. They took the Hopi humans underground. The Ant People taught humans how to live safely on Earth, releasing them when danger was over. The Ant People however were destroyed by the catastrophe. In Native American culture, ants represent diligence and patience, especially since they helped humans during ancient disasters.

There are also stories of Egyptian Ant People with

elongated skulls and spindly arms and legs said to be descended from aliens. I had a friend who believed this. All is a confusing mixture.

There seem to be infinite ways to deter ants. The list: white vinegar, salt, cinnamon, peppermint, dish soap etc. There are also some containing sugar, but I won't put those in because of kids. It is not a good idea to squish ants. Apparently this ignites sexual passion for other ants who then flock to the existing ones.

Generally, seeing a black ant is believed to be a good omen. In that case, seeing 100s... Might cheer you up, or not.

# Pat Kite's Garden



PAT KITE

L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

# Flash Fiction - About Frogs

#### CALL FOR WRITERS FOR FREMONT AREA WRITERS FALL CONTEST

By ARATHI SATISH

The Fremont Cultural Arts
Council, Half-Price Books,
Infinity Care LLC and
Jack's Brewing Company,
Fremont Hub will be holding a
Flash Fiction Writing Contest, on
Saturday, September 28. The event
will be once again hosted at
Half-Price Books in the
Fremont Hub. This time the
contestants must write about
"Frogs." Al Minard, organizer of
the event said, "It can be about real
or imaginary Frogs."

or imaginary Frogs.' This contest is open to contestants of any age and residency. Entries must be 300 words or less, title included. Stories without a title will be assigned a three-word title with a number. Writers can submit up to three entries, but cannot submit fiction that contains plagiarism or would be offensive to the general reader. FCAC reserves the right to return entries that do not meet the criteria. Each entry submitted must be in 12-point or larger legible font, which will fit on a single printed 81/2 x 11" sheet. The author's name and contact information must be on the back of the submission or on a separate sheet of paper. Stories will be posted with title only, but without the author's name. They will be posted on the columns inside Half Price Books and everyone visiting the store on that day will be able to vote for their five favorite entries.

Over \$150 in cash and gift card prizes will be awarded to those who win. Only one award per person. Submissions will not be accepted at Half-Price Books and must be received by e-mail or postmarked by midnight, Monday, September 23. To submit by postal mail, mail your entries to: Writing Contest, Fremont Cultural Arts Council, P.O. Box 1314, Fremont, CA 94538. Write the author's name and contact information on the back or separate sheet of paper. To submit by email, send your entry as a Word or PDF compatible attachment to FCACwriters@gmail.com. Include the author's name and contact

information in the body of the email message.

The Flash Fiction Writing Contest "Frogs," is on Saturday, September 28th from 10am to 5pm with prizes awarded at 5:30pm at Half-Price Books at 39152 Fremont Hub, Fremont, CA 94536. For more information,

39152 Fremont Hub, Fremont, CA 94536. For more information visit FCAC website at www. fremontculturalartscouncil.org or contact Al Minard at aminard957@comcast.net or call him at (510) 552-4839.

Flash Fiction Contest Enter by Monday, Sept 23 Email: FCACwriters@gmail.com

#### PACIFIC COMMONS ANNOUNCES FREE SUMMER CONCERT

FEATURED PERFORMER
- EAST BAY MUDD

#### Submitted by MOLLY BLAISDELL

Pacific Commons shopping center welcomes the summer season with its always popular Summer Concert Series. And, East Bay Mudd is on the menu for the Friday, August 23 concert, which will be on tap from 7pm - 9pm.

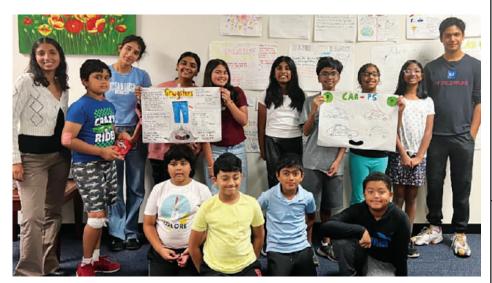
Held in the bustling
Pacific Commons Shopping
Center, at Block Plaza, near Koja
Kitchen, the concert is free to the
public and a great way to kick off
the weekend with family, friends
and the community.

Next up is Foreverland, a Michael Jackson Tribute band, on Friday, September 27.

Free Summer Concert
Friday, Aug 23
7pm - 9pm
Block Plaza near Koja Kitchen
Pacific Commons
43440 Boscell Rd., Fremont
https://pacificcommons.com/

# Ubuntu Entrepreneurship and Startup Summer Camp

HIGH SCHOOL STUDENTS IGNITE ENTREPRENEURIAL SPIRIT



Students were encouraged to think out of the box. Credit: Alka Agarwal

#### Submitted by ARMAAN AGRAWAL, UBUNTU CIRCLE

During the week of July 27, three Fremont high schoolers hosted a summer camp to encourage elementary and middle school students to dip into their entrepreneurship side. This year marks the second annual Ubuntu Entrepreneurship and Startup Summer Camp. The camp was founded by five Fremont high schoolers:

Ananya Aggrawal, Armaan Agrawal,
Anika Dileep, Esha Bansiya and
Shreya Sadhwani. Although its first year started as a small initiative with just eight students, the camp saw more than double the participation with seventeen students this summer.

The camp's focus was to provide students with practical, hands-on experience in innovating, coding and pitching ideas to investors, culminating in a final mini-Shark Tank event. Throughout the week, the students were encouraged to think out of the box and attempted to design and invent their ideas. From eco-friendly solutions to cutting-edge apps, the pitches showcased the wide range of creativity. Car-PS was an idea to locate your car in the parking area, and Snugsters were introducing insulated eco-friendly pants. Each student pitched their products and received valuable feedback from peers, parents and the camp mentors.

"The club was an amazing experience," commentied a family who participated both

years. "We were very impressed with the whole process. The clear communication, coming up with a plan of action, and goals at the end of the endeavor were very nicely done."

The camp's success is drawn from the high school students' previous experience in tutoring students and participating in their own hack-a-thons. Ubuntu Circle, a non-profit based in the Bay Area, has previously worked with elementary students. From 2018 to 2020, Ubuntu Circle organized a group of 10 to 15 middle and high schoolers who tutored math at local underprivileged schools, including Brier and Santee Elementary. Although the program has not started again since the pandemic, Ubuntu Circle is determined to continue educating and influencing the youth around them.

As Ubuntu Circle looks to the future, there are plans to expand its reach even further with possible workshops with successful entrepreneurs, collaboration with local businesses, and perhaps even a school-wide entrepreneurship fair. The South Bay and Palo Alto have such camp options, but this is one of a kind in the Tri-City area. Being in the Bay Area, it is rewarding to give these young kids exposure to creativity and technology. One thing is for certain, Ubuntu Circle will continue to uplift and educate local youth.



continued from page 1

# Fremont Bank introduces new President after its 60th anniversary

Home ownership in the Bay Area has become increasingly difficult for the average family. Unlike other larger banks, Fremont Bank allows clients to have a relationship with a local loan officer. The unique job title for these helpful loan agents is 'relationship loan officer.'

Marek said, "We've got residential loan officers that sit in our branches that are available over the phone. They live here in our communities, they work here. They're very much aware of the market and they offer the ability to be able to sit down with you, with the family and discuss goals and discuss the options."

Fremont Bank has mortgage products that can require 3% down payment of the purchase price and they can partner with various entities that offer down payment assistance programs. "The down payment assistance programs are pretty remarkable. They're there to really kind of help these families realize their dreams of home ownership," said Marek.

Fremont Bank holds close to \$6B in assets and is headquartered in Fremont with a large operations campus in Livermore and 21 branches throughout the San Francisco Bay Area. Forty-nine banks opened in California when Hyman founded Fremont Bank in 1964. Fremont bank

is the only one that's still open and independently owned.

Fremont Bank celebrated its 60th anniversary with the opening of its new headquarters on Fremont Boulevard in June. Marek said, "The growth of our flagship branch is really important for the overall growth in the tri-cities area. We remain committed to that area. It's great to be part of that whole kind of resurgence of the downtown core."

Fremont Bank has grown by consistently adding new local customers, and never acquiring other banks. "We really do believe that to stay true to the community, that vision, that we have to be hyper local. We stay independent and we also grow the same way we've always grown, so no interest really in acquiring another bank," said Marek.

Marek is a fan of Fremont. "Fremont stays very close to my heart. I married into a Fremont family. My wife's a third generation Fremont resident and her grandfather, Hugh Block, was mayor of Fremont in the late '60s," said Marek. "I love the diversity, the diversity of people, the diversity of the economy. It's got great quality of life, Lake Elizabeth, all the great cultural elements to the city."

# High school theater troupe performs at Edinburgh Fringe Festival

HAYWARD HIGH SCHOOL STUDENTS TAKE THEIR COMMEDIA DELL'ARTE CINDERELLA TO A BIGGER STAGE



After two years of fundraising and workshopping, and performing at Bay Area venues, the kids are ready! Courtesy of Hayward High Theater

#### Submitted by **SARAH SAMMIS**

In August 2024, a Hayward High theater troupe led by teacher Tavis Kammet and Edward Hightower performed their version of Cinderella at the annual Fringe Festival in Edinburgh, Scotland. This chance of a lifetime event began two years ago with fundraising and the workshopping of the play, with performances at Hayward High, Sun Gallery and the recently-opened Hayward Unified School District Performing Arts Center.

The actors are performing in the Commedia dell'Arte style, with most of the troupe wearing masks which has its roots Venetian theater dating to the 1500s. The play is an adaptation of the classic fairytale with Columbina as Cinderella (Ariana Casiano-Baker). The evil stepmother is performed by Pantalone (Kay Sammis) with step sisters Pulchinella (Alondra Guillen) and Scapino (Natalia Mujica-Herrera). This time, though, through Commedia dell'Arte shenanigans Cinderella ends up not with Prince Charming played by Flavio (Elijah Dumonthier), but with his always



This version of Cinderella uses traditional stock characters and has some unexpected twists. Courtesy of Hayward High Theater

hungry servant, Harlequino (Solomon Llamido).

Besides performing in three shows at the SpaceTriplex, the actors got a chance to tour both London and Edinburgh and to participate in some acting workshops. They've also been spending their free time watching other shows at the Fringe. The troupe returned to the Bay Area on Friday, August 9.

# Kitten alert!

#### OAKLAND ZOO RESCUES 27TH MOUNTAIN LION, 'BRIAR'

Submitted by ISABELLA LINARES

On Monday morning, August 5, Oakland Zoo assisted in rescuing a male mountain lion cub from El Dorado County. This is the 27th mountain lion rescue through the Zoo's Bay Area Cougar Action Team (BACAT)

The cub, which the Zoo has named Briar (inspired by the spots on his fur resembling a blackberry bush), was found by residents walking alone down a road in El Dorado County. The California Department of Fish and Wildlife (CDFW) conducted ground and wildlife camera surveillance where the kitten was found, hoping to find a mother or other siblings to reunite them. However, no mountain lions were detected on the cameras over the weekend. After several days, CDFW

decided to rescue Briar and bring him to Oakland Zoo.

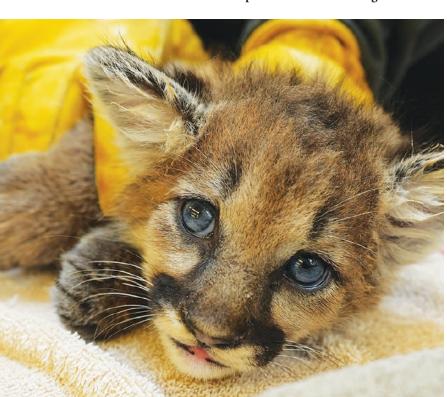
The Zoo conducted a full examination and determined that Briar was four to five months old, making him one of the Zoo's youngest mountain lion rescues. After a few days of care from CDFW, Briar gained some weight and came to the Zoo well-nourished and hydrated, and there was no need to provide fluids. The Zoo's Veterinary Hospital Team will continue to care for him and monitor him closely as he adapts to human care.

Briar will remain at the Zoo until CDFW identifies a proper home for the cub. Mountain lion cubs need about two years with their mother in the wild to learn survival skills. Because Briar is so young, he lacks those skills and cannot return to the wild.

The population of mountain lions faces various conservation challenges in the wild, such as habitat fragmentation, human-wildlife conflict and climate change. Without information about the cub's mother, CDFW and the Zoo cannot determine how these factors and many other conservation challenges may have contributed to Briar being orphaned.

The Zoo will continue to post updates on Briar's journey through their social media platforms.

https://www.oaklandzoo.org/



Rescued mountain lion during exam. Credit Oakland Zoo

# India Day Parade and Fair

FESTIVAL OF THE GLOBE CELEBRATES INDIAN BAY AREA CULTURE



In addition to the parade, the fair will showcase various dance forms. Courtesy of Ritu Maheshwari



An artificial elephant oversees real festivities. Courtesy of Ritu Maheshwari



The parade will take place on Sunday. Courtesy of Ritu Maheshwari



A community organization shows celebratory spirit. Courtesy of Ritu Maheshwari

#### Submitted by RITU MAHESHWARI

Realizing the American dream, while honoring the strong roots and culture from the country of origin - This is the motto of 32nd Festival of Globe (FOG) India Day Parade and Fair being held on August 17 and 18 on Paseo Padre in Fremont. Organized by Federation of Globe (FOG) and Federation of Indo Americans (FIA) of Northern California, this largest celebration of democracy coincides with India Independence Day. This year FOG continues the celebrations and tradition that has been part of Fremont culture for the past 31 years.

Thousands of people are expected to join the FOG India Day Parade and Fair. There will be cultural programs, free Wellness fair, Food Fest, kids' activities and the biggest ever grand parade with famous Bollywood celebrity Manisha Koirala bringing grand recognition and support from India. People can not only immerse themselves in the Indian culture, but can visit, eat and shop at over hundred booths.

India Day Fair will showcase some of the best presentations in dance and music. Over 250 local dance groups will compete in Classical, Folk, Bollywood, Contemporary, Hip-Hop and others. Each category winner will be awarded with a prize. Contestants will participate in their age groups, divided into ages five-11, 12-18,

The fair will feature a variety of delicious cuisines from different regions of India. Savory snacks will be served by seven food trucks organized by the best-known restaurants and caterers in the Bay Area.

The FOG India Day Grand Parade will be held on August 18 from 11am to 1pm, boasting over 90+ entries representing a wide cross section of communities, ranging from Indian regional cultural communities to Bay Area organizations. The parade runs through sections of Fremont and is a spectacle to enjoy. Roads are blocked to facilitate the smooth and comfortable viewing of the parade. This has become a ritual for families to spend a summer Sunday, watching their favorite celebrities and enjoying the Fair.

FOG India Day Parade and Fair coincides with India's Independence celebrations. This provides an opportunity for the community to celebrate the event and appreciate the value of freedom, both in their country of origin, India, as well as the land of dreams - USA.

Manisha Koirala is the star attraction and 'Grand Marshal' in the parade this year to engage and entertain the community. Manisha has acted in many movies and the web series 'Heeramandi.'

Dr. Romesh Japra, Founder and Convener, FOG (Festival of Globe), said, "Over the past three decades, FOG has made great strides helping the Indian community realize their American dream and anchor in the Indian values.'

FOG India Day Mela / Fair Saturday & Sunday August 17 – 18 10am - 6pm 39439 Paseo Padre Pkwy, Fremont (Intersection of Walnut Ave. and Paseo Padre Pkwy) Individual events Free Health Fair Saturday, 11am - 1pm India Day Parade Sunday, 11am - 1pm **Parade State Performances** 1:30pm - 3pm Food Fest Both days, 10am - 6pm Visit Sulekha.com/FOG, Eventmozo.com or FOGsv.org

# MUSEUM LOCAL HISTORY

#### **LEARN THE HISTORY OF** CENTERVILLE IN SATURDAY WALKING **TOUR**

TIMOTHY SWENSON **WILL ANSWER QUESTIONS ABOUT** LOCAL BUILDINGS

Submitted by **WASHINGTON TOWNSHIP MUSEUM OF LOCAL HISTORY** 

Join local historian Timothy Swenson of the Washington Township Museum of Local History as he delves into the history of the Centerville area. The one and a half hour walking tour will take place on Saturday, August 17 beginning at 10am. The tour will begin in front of Holy Spirit Church, before heading down Fremont Boulevard to Thornton Avenue, and returning on the other side of Fremont Boulevard.

Participants will learn historical information on a number of buildings, (some of which are no longer standing), in the historic downtown/business area of Centerville. Join us on the walking tour to learn the answers to your questions about days gone by!

This event is free with donations gladly accepted, and is open to a interested citizens and visitors of Fremont. Children and students are welcome. Tour booklets will be available on the tour. You can also download one from the museum

www.museumoflocalhistory.org. Click on Resources > Historical Papers > Centerville Walking Tour.

Centerville Walking Tour Saturday, Aug 17 10am Meet in front of Holy Spirit Church 37588 Fremont Blvd, Fremont (510) 623-7907 http://www.museumoflocalhis-Free - donations welcome

# Movies at the Morrisson

for more details.

Submitted by YADIRA AYALA

Hayward Area Recreation and Park District (H.A.R.D.) invites you to join us every Monday in August at the Douglas Morrisson Theatre for our series: Movies at the Morrisson: Japanese Cinema.

Inspired by H.A.R.D.'s Japanese Garden, moviegoers will explore the rich tapestry of Japanese cinema, from timeless classics to contemporary masterpieces, while celebrating the country's cultural legacy through the lens of its most visionary storytellers.

The Douglas Morrisson Theatre aims to involve and enlighten the

community and is located at 22311 N 3rd St. in Hayward. Before every movie, the film curator will share a brief introduction about the film and director. Admission price is \$10; concessions will be available for purchase in the lobby. Join us at 7pm for one or all of the following

#### **Upcoming Dates**

August 19 – Tampopo August 26 - Ghost in the Shell

To purchase tickets or learn more about this and upcoming DMT events, visit https://douglasmorrissontheatre.thundertix.com/.

Movies at the Morrisson Mondays, Aug 19 – 26 **Douglas Morrisson Theatre** 22311 N 3rd St., Hayward

https://douglasmorrissontheatre. thundertix.com/ Tickets: \$10



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continued from page 1

# Oliveira Elementary School creates a school of fish of their own

Of the lesson plan, Twisselman says the goal is for kids to think, What I'm doing with this tile is, I'm not just drawing a fish, but I'm drawing a fish that represents me or a fish that I want to be my legacy as I leave this school."

The project also brought together two colleagues who didn't have many previous chances to collaborate, with Twisselman teaching 3rd and 4th Grades, and Song Kindergarten. Song mentioned, "Working with Amy really helped because she's very artistic." Song handled logistics and organization, while Twisselman loaned her projector for key parts of the project.

Over winter break, Twisselman and Song took the tiles home and spray painted them different shades of blue. Fremont Unified School District's facilities department painted the hallway light blue, providing adhesive to attach the tiles and scaffolding. In March, students were ready to paint their fishes in the school makerspace, Ollie's Nest. Finished tiles were coated with sealant over spring break. This is when time (and tide) started running out. Song says, "We were like. There's only three months left of school. We've got to get everybody to do this. That's when all the hard work started."

The scale was daunting. Twisselman describes, "At [spring break] there were 576 tiles that were finished; we just needed a couple of classes to finish up. At this point there are over 600 tiles up in that hallway. Which is pretty rad."

But tiles alone don't tell the whole fish story. The two teachers drew kelp and stenciled ocean life to fill out the space. During May, they worked before and after school, and on one weekend. "We were just trying to get it done whenever we had time," says Song. "Before school, fifteen minutes, or during our prep time, half an hour here or there...random times throughout the day. Whenever we had a free moment we would go and finish painting."

Twisselman shares, "There were times where I was definitely feeling some pressure from my husband, like 'Why are you still working on this? You need to come home.' But



Hand painted tiles, including fish by Gina Song (Cheep Cheep fish) and Amy Twisselman (Seahorses). By Stephanie Gertsch

it wasn't something stressful that I resented doing. It was something I really loved and was enjoying."

"At one point we were up on our scaffold painting the quote from the end of the book," she recalls, laughing. "It was so dusty; it's like a wind tunnel in there. We were both having allergies, we were squatting in weird positions and craning our necks to try to get the right angle for these letters. And we were like 'What are we doing up here? Are we going to be able to finish in time? I don't know.' Other teachers and staff pitched in, and the mural was completed for the end of the school year.

Colorful tiles paint a picture of unity and individuality, representing the school as a 'school.' Of course, Song and Twisselman made their own contributions. Inspired by childhood visits to the Monterey Bay Aquarium, Twisselman painted a pair of seahorses representing her and her daughter. Song painted the cute orange Cheep Cheep Fish from the Super Mario Games, in honor of

the video games she played with

In keeping with the quote above the mural-"There's only one you in this great big world. Make it a better place"-students were excited to play a role in beautifying their school. Twisselman says, "Students would often walk through with their parents when they were getting picked up. They would get so excited to show their parents, 'This one's my tile, this is my friend's tile. Oh, look at this one! I really like the way this one looks.' It was fun to see families engaging with it too and hearing the sense of pride students had in their work and being able to show it off to their families."

Twisselman hopes that this will be a legacy for current and future students. "We put a lot in there, but there's still a lot of space left

Watch a short video documentary of the project by Oliveira 2nd Grade teacher Kevin Hammond on YouTube. https://www.youtube. com/watch?v=9HYtKeMxx8s



Pacific Bus Museum holds summer open house

TOUR ANTIQUE AND MODERN BUSES





Calling all fans of public transportation! Courtesy of Pacific Bus Museum

Submitted by TOM BAKER

The annual Pacific Bus Museum (PBM) Open House will be on Sunday, August 18, from 11am to 3pm. Most of the PBM fleet of antique and modern buses will be on display for photo opportunities and interior viewing. We may also be joined by some visiting buses. After touring the vehicles stop by the flea market of bus memorabilia.

There will be a BBQ lunch available for a \$14 donation (\$6 for children 10 and under). Choose from a hamburger, cheeseburger, or chicken breast. Side options are potato or macaroni salad, coleslaw, or chips. Also included: soda or water and a dessert.

Pacific Bus Museum Summer Open House Sunday, Aug 18 11am - 3pm Pacific Bus Museum 37974 Shinn St., Fremont info@pacbus.org

https://pacbus.org/annual-pbm-open-house/

**BART** Police

Submitted by BART PD

Sunday. August 4

• At 1:39pm a man identified by police as Jonathan Gomez-Vazques, age 21, from San Jose was contacted aboard a train at Fremont Station. Gomez-Vazques was taken into custody and booked into Alameda County Jail for an outstanding warrant.

Monday, August 5

• At 1:11am an officer contacted Keana Hatfield, age 32, from Antioch on the Bay Fair Station platform. Hatfield was arrested and booked into Alameda County Jail for an active

- At 7:35pm a person identified by police as Samin Mohamad, age 34 from San Ramon was contacted for fare evasion at Bay Fair Station. Mohamad was taken into custody and booked into Alameda County Jail for failure to follow court orders.
- At 8:07pm a man identified by police as Diontay Heath, age 27, from San Pablo was taken into custody at Bay Fair Station. Heat was booked into the Alameda County Jail for failure to follow court orders.
- At 10:29pm a man identified by police as Jorge Alvarez, age 28, from San Francisco was taken into custody at Hayward Station. Alvarez was booked into Alameda County Jail for public intoxication, disturbing the police and false identification.

Tuesday, August 6

• At 5pm a man identified by police as Richard Lupercio, age 22, from Oakland was taken into custody at Bay Fair Station. Lupercio was booked into Alameda County Jail for an active arrest warrant.



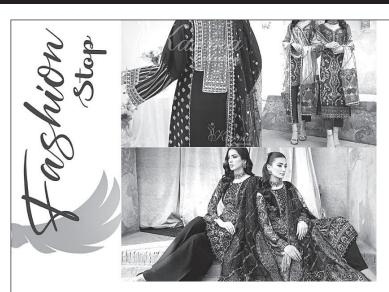
Stenciled ocean life and hand drawn kelp give a playful vibe. Courtesy of Linda Anderson.

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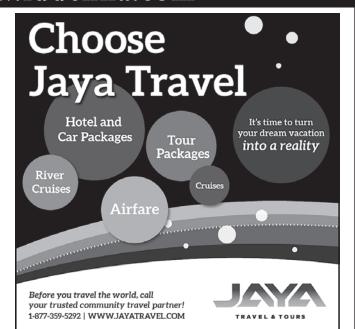


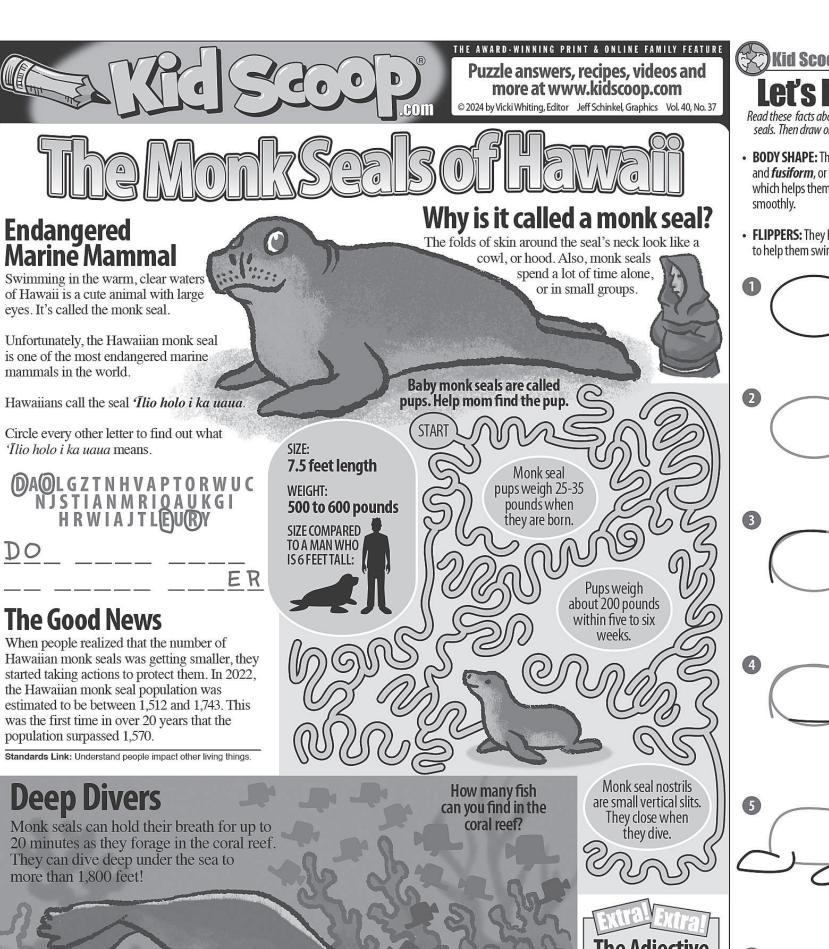
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510-376-3101

3909 Stevenson Blvd. Suite E., Fremont

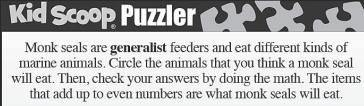




#### The Adjective Hunt The word marine is

an adjective, which describes the noun that comes after it in a sentence. Select one page of the newspaper and circle 10 adjectives. Underline the nouns that they each describe.

Standards Link: Language Arts: Identify adjectives in use.





urchins

4 + 8 + 4 =

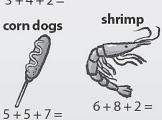


eels









Find the words in the puzzle. **BABY** How many of them can you **BREATH** find on this page? CORAL **CUTE EYES** 

Double

Double

**FIRST HAWAII** 

HOLD

HOOD

MONK

REEF

**SEALS** 

**UNDER** 

**YEARS** 

**MAMMAL** 

UNETBPDLOH NSRYUCOVHT DLEBKNOMAB EYEARSHRWC RONBLAMMAM EQFIRSTZIL EYPWVHSJIA FUETUCXOYJ LNHSHTAERB

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

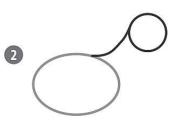
# **Kid Scoop Together:**

## Read these facts about Hawaiian monk

seals. Then draw one in 4 easy steps!

- **BODY SHAPE:** Their bodies are long and fusiform, or torpedo-shaped, which helps them swim quickly and
- FLIPPERS: They have short flippers to help them swim and spin quickly.

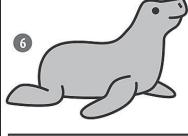












## FREE DOWNLOAD: KID SCOOP TEACHER

With hundreds of topics, every Kid Scoop® printable activity pack features six-to-seven pages of high-interest extra learning activities for home and school! Get your free sample today at:

kidscoop.com/activity-pages/

# Kid Scoop This week's word:

**MARINE** 

The word **marine** is an adjective that means living in the sea.

The monk seal is a **marine** mammal.

Try to use the word **marine** in a sentence today when talking with your friends and family members.

## esson Library

Standards Link: Life Science: Understand that some animals are generalist feeders

Look through the newspaper to find four sports. For each one, select an animal that would excel at this sport. Write a story about your four animal athletes.

Standards Link: Language Arts: Write stories that have a beginning, middle and end.



## write On! **Animal Family**

If you were an animal, which would you be and why? Which animals would be in the rest of your family?











# The Fremont CONNEC



#### Fremont Green Challenge **Evolves into My Climate Ready Fremont**



Get ready to take climate action to the next level with My Climate Ready Fremont! We have rebranded our Fremont Green Challenge platform with this new name to align with Fremont's recently updated Climate Action Plan, Climate Ready Fremont.

For years, our Fremont Green Challenge platform has empowered residents to adopt sustainable practices and reduce their environmental impact. Now, as My Climate Ready Fremont, the platform will continue this objective while seamlessly connecting to the City's larger climate action goals. The platform has a fresh new look, while still offering all the familiar actions, tools, tips, and resources for residents.

To check it out and get started, visit the My Climate Ready website at myclimatereadyfremont.gov.

Together, we can create a clean, healthy, and resilient Fremont for generations to come!



You are invited for outdoor movie nights this fall. These events take place at Central Park. The movies will start in the evening after sunset. This event is FREE, so grab some blankets & low beach chairs. Closed captioning available. For questions, call (510) 494-4300 or visit https://bit.ly/FremontMovieNights

= ECHO.CHURCH













# We're Hiring!

**Apply online** at fremont.gov/cityjobs

- Accounting
- Administrative / Clerical
- Animal Services
- Building Inspection
- Human Services
- Information Technology
- Management
- Maintenance
- Public Safety
- Public Works and/or Engineering
- Recreation and More!





Wear bright colors and use reflective tape on backpacks, jackets, and bikes

Phones Down, Eyes Up

**Choose the Safest Route** 



**Cross @ Intersections** Make eye contact with drivers before crossing





Visit Alameda County's Safe Routes to School webpage for more info! https://alamedacountysr2s.org/

Bike on the Right Wear a Bike Helmet

For Recommended Routes to School, visit our Fremont Safe Routes to School webpage: https://city.fremont.gov/saferoutestoschool



**SLOW** 







#### PARENTS & GUARDIANS **BACK TO SCHOOL DRIVING TIPS**

**SLOW DOWN** 

Follow posted school zone speed limits. Stay below 25 mph in residential neighborhoods.

WATCH FOR KIDS ON BIKES

Pass with three or more feet of space.

WATCH FOR SUN GLARE

Use vehicle sun visors if driving into sun glare. Further reduce speed if needed.

PAY ATTENTION

Look for children on the sidewalk and in the street. Do not block crosswalks.

CROSSWALKS

REVERSE

SLOWLY

CURB

Check for children on sidewalks, driveways and around your vehicle.

**PULL TO THE** 

Have children exit the vehicle directly onto the sidewalk.

KEEP CLEAR OF

SCHOOL TRAFFIC Leave early to avoid school traffic or park farther from the school and walk the rest of the way.

**NEVER CHANGE LANES OR U-TURN IN A SCHOOL ZONE** 

NEVER PASS A BUS THAT IS STOPPED TO LOAD OR UNLOAD CHILDREN





Visit Alameda County's Safe Routes to School webpage for more info: https://alamedacountysr2s.org/

For Recommended Routes to School, visit our Fremont Safe Routes to School webpage: https://city.fremont.gov/saferoutestoschool



















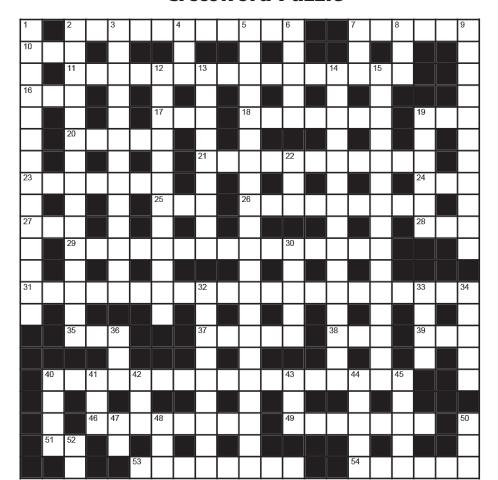






# Wind Twisters

#### **Crossword Puzzle**



#### Annual Oscar hopefuls (5) Across 37 12 Go downhill (11) 38 Advanced degree? (3) 13 Chug-a-lug (6) 39 Burma's first P.M. (3) 10 Japanese caldera (3) 40 Final-appeal venue (5,2,4,6) 14 11 Arctic sea route (9,7) 46 Colorful, spiky flowers (8) 15 16 Hissed reproof (3) 49 Driver's option at night (7) 19 17 A.B.A. member: Abbr. (3) 51 "Captain \_\_\_" 22 18 Blow an opportunity (7) (1986 Michael Jackson role) (2) 30 19 Chipper (3) 53 Assailed (4,4) 32 20 Drive (5) 54 Fish in streams (6) 33 21 Hardly any time at all (7,4) 34 23 Telephone part (7) 36 24 11-member grp. (3) Down 40 25 Prefix with Clean, in Exemplary one (4,2,3,5) 41 Billy Mays infomercials (also 2 "I know you didn't just say what 42 hidden in APPROXIMATE) (3-) I think you said" (4,4,2,5) 43 26 Popular banana type (9) Motorist's choice. (7,6) 44 27 Music genre (3) The Wobblies, briefly (3) 45 28 Jalalabad's loc. (3) What "Send" triggers? (9,12) 47 29 John Gay work (3,7,5) Hindu land grants (5) 48 31 This puzzle's theme, whose first Reverse, for one (3) 50 notes are indicated by shaded Actress Caldwell (3) 52 "Brideshead Revisited" author squares (3,4-8,6) 35 One of eight Eng. kings (3)

# Frank (5-2-5) Increasing in scope, area, etc. (9) Forced unions? (7,8) Fume (3,3,2,1,6) "Aha!" (6) Bill: Abbr. (3) Longing looks (5) Part of a legal system. (5,4) Prefix with -algia (4)

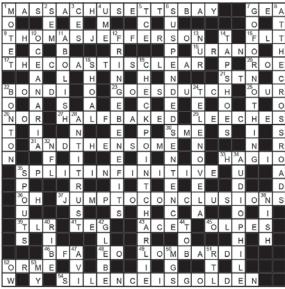
"Aha!" (6)
Bill: Abbr. (3)
Longing looks (5)
Part of a legal system. (5,4)
Prefix with -algia (4)
Blush (5)
"This means \_\_\_!" (3)
Algonquian Indian (4)
Appomattox initials (3)
Air letters? (3)
Chest protector? (3)
Should, with "to" (5)
Bugle call: Var. (5)
Behold (2)
Scooby-\_\_\_ (cartoon dog) (3)

1960's radical grp. (3)
"That hurt!" (2)

#### Sudoku:

Fill in the missing numbers (1-9) inclusive so each row, column and 3x3 box contains all digits.

6	2				7			4
				2				
8							1	
				1				
4	5				6			
	3	9					5	
Г	6	5	4	9				1
					5			
7					8	3		



3	5	2	6	8	9	7	1	4
6	1	7	3	4	2	5	9	8
4	8	9	5	7	1	2	3	6
1	9	6	2	3	7	8	4	5
2	4	3	8	5	6	9	7	1
5	7	8	9	1	4	6	2	3
7	3	5	1	2	8	4	6	9
9	2	1	4	6	5	3	8	7
8	6	4	7	9	3	1	5	2

# Tri-City Stargazer for week of August 13, 2024

All Signs: This week there's good news and bad news. The planet Mars represents energy and ego; while Jupiter is about good fortune, wealth and expansion. When these two planets line up, it creates enthusiastic physical activity that helps us work hard. We feel confident and lucky! Now for the bad news: Mars will also be at odds with Saturn, which produces the opposite effect! This influence makes us want to proceed with caution. We might feel held back by self-doubt or regulations.

#### Aries the Ram (March 21-April 20):

This will be a curious week because something will happen that makes you enthusiastic! You'll be keen to convince others of your way of thinking. You might also be excited about learning something new. Short trips will be stimulating. Nevertheless, intertwined with this energetic enthusiasm, coming from another direction entirely, will be an influence that makes you feel cautious and worried. Therefore, even though this is a social, fun-loving week, something might hold you back or create feelings of doubt.

#### Taurus the Bull (April 21-May 20):

As the financial wizard of the zodiac, you are savvy when it comes to your cash flow and monetary position. This is why you'll feel a wide range of emotions and ideas when it comes to your finances this week. For starters, you'll be enthusiastic and turned on about moneymaking ideas. You might be excited because you see ways to expand your wealth. You'll certainly work hard to do this. However, at the same time, for a different reason, something will discourage you and make you feel worried about your assets.

#### Gemini the Twins (May 21-June 20):

This is a curious week. Mars is lined up with Jupiter in your sign, which will pump your energy and make you feel strong and ready to work hard. (This influence is favorable for childbirth, for example.) It will help you to do physical labor and excel at physical sports. You'll also feel confident. This is definitely a fast-paced week! However, an entirely different influence, possibly connected with an authority figure, might make

you second-guess some of your ambitious plans. It won't cancel out your enthusiasm. It will just add to the mix.

## Cancer the Crab (June 21-July 21):

This Mercury retrograde is particularly difficult for you because it will trigger transportation delays, car problems, mixed-up communications, missed appointments and a general sense of confusion to your daily activities. On the upside, you will be able to finish writing projects and wrap up loose details. Many of you will also be in contact with siblings, relatives and neighbors you haven't seen for a while. You might have an increased interest in spiritual or religious matters this week. You might feel inspired or have renewed hope. Nevertheless, an entirely different influence might make you cautious.

#### Leo the Lion (July 22-August 22):

This is a popular week for you because the Sun is in your sign giving you energy as well as attracting favorable situations and people to you. In fact, your dealings with friends will be enthusiastic. You'll be excited about fun get-togethers. In particular, groups interactions will make you feel pumped! Gifts and financial favors might come to you; and yet, at the same time, there might be delays to financial situations. Meanwhile, dealing with the resources of others could be a problem. Do you have enough beds, food, transportation?

#### Virgo the Virgin (August 23-September 22):

Let's face it, with your ruler Mercury retrograde in your sign, you can't avoid goofy mistakes, misplaced items and transportation delays. At times, you have the feeling that you're just running in circles. You might encounter ex-partners in person, online or in your dreams. Nevertheless, this is a great week to buy wardrobe goodies. In general, you will feel ambitious and confident because you see that many of your plans are coming to fruition. Furthermore, people admire you right now. Still, you might have difficulty dealing with a spouse or close friend.

#### Libra the Scales

(September 23-October 22): This is a popular time for you; you're more active with groups and organizations. Your desire to travel and broaden your horizons is strong this week! Not only that, you might be enthusiastic about visiting a particular place or a country. This is an excellent week to finish a writing project because you have the mental energy to study and communicate your ideas. However, some impediment, perhaps related to your health or your job, will make it difficult for you to travel or learn in the way that you really want to.

#### Scorpio the Scorpion

(October 23-November 21): With the Sun at the top of your chart, you are high viz. now. People admire you. Meanwhile, you are running into old friends from your past, especially younger people. In fact, some of you might enjoy a romance or flirtation with someone from your past. (Your sex drive is amped.) One reason you feel enthusiastic right now is you might benefit from the wealth and resources of someone else. Your partner might get a bonus. You might receive an inheritance or gift. Nevertheless, increased responsibilities with children might create financial strain. Work with what you've got.

#### Sagittarius the Archer (November 22-December 21):

This is an excellent time for you because you have travel opportunities and chances to expand your world. You look good to others, especially bosses and authority figures. (This is timely because some of you are encountering bosses and parents from your past.) Meanwhile, relations with partners and close friends are enthusiastic! Either you or someone else has big plans. However, limitations related to a parent or your family might create obstacles that you cannot avoid. Do your best to juggle things this week. Learn from the past.

#### Capricorn the Goat (December 22-January 19)

(December 22-January 19): Grab every opportunity to travel for pleasure, especially some place you've been before. Meanwhile, you're eager to work hard this week. It might be a particular project that is exciting. Your enthusiasm will make you give it all you've got. Work-related travel might be a factor. However, news from relatives or neighbors, or difficulties related to transportation might create a problem. This could discourage you. Focus on staying positive and don't let your worries and fears hold you back.

#### Aquarius the Water Bearer (lanuary 20-February 18):

(January 20-February 18):
You are up for fun times this week because Mars is lined up with Jupiter in the most fun part of your chart! It's the perfect week for a vacation. Make an effort to socialize more than usual. Enjoy sports, fun activities with kids, entertaining outings, vacations, and anything to do with the arts or the entertainment world. Children will be a source of joy. Nevertheless, a different influence is at play, which will create increased responsibilities

with your kids or social outings. It's a juggling act but you can handle it.

#### Pisces the Fish (February 19-March 20):

Lots of activity where you live will make this an upbeat, active week for you. This might be due to visiting family or family reunions and get-togethers where you live. Whatever the reason, you have to stock the fridge and clean the place. Fortunately, all this activity will be fun and energetic. Having said this, there will also be some problems that make you secondguess yourself. You might not feel up to the task. You might even feel criticized or discouraged. For some of you, this could relate to ex-partners back on the scene. Make the best of opportunities that are coming your way now because you can!



By Georgia Nicols www.georgianicols.com.

# Home & Garden

# Harvest and enjoy garden-fresh cucumbers



You can grow Quick Snack cucumbers in a sunny window. Photo credit: Ball Horticultural Company.

#### Submitted by MELINDA MYERS

Low in calories and versatile, cucumbers can flavor beverages, perk up a salad, serve as a snack, or be made into pickles. This popular vegetable is a good source of fiber, potassium and vitamin K. Plus, they have a high water content, making them a mild diuretic to help in weight loss and reduce blood pressure. To ensure the best flavor and greatest nutritional value, grow your own or purchase cucumbers fresh from the farmer's market.

Harvest cucumbers or purchase them based on the variety and intended use. Pick the fruit when it is  $1\frac{1}{2}$  to  $2\frac{1}{2}$  inches long if you plan on making sweet pickles. If dill pickles are on the menu, allow the cucumbers to grow bigger to about three to four inches.

Wait to harvest those you plan on using fresh in salads, beverages or for snacking. Harvest slicing cucumbers when the skin is firm, bright green and the fruit is six to nine inches long. You can leave burpless-type cucumbers on the vine a bit longer. They have been bred to maintain their mild flavor when harvested at 10 to 12 inches in length.

Go big and impress your family with the crisp, mild flavor of the long Japanese cucumber. Pick these when they are 12"

to 18" long. Their flavor remains mild and the skin is easy to digest despite the longer size.

Misshapen and bitter-flavored cucumbers are usually the result of drought, improper fertilization and large fluctuations in temperature. These are safe to eat but may not have the best flavor.

The bitter flavor in cucumbers is caused by the cucurbitacin B and C in the plant moving from the leaves, stems and roots into the fruit when the plants are under stress. Remove about an inch of the stem end and peel where these compounds concentrate to improve the flavor. Consider growing varieties that are typically less bitter like Sweet Slice, Sweet Success and Marketmore 76.

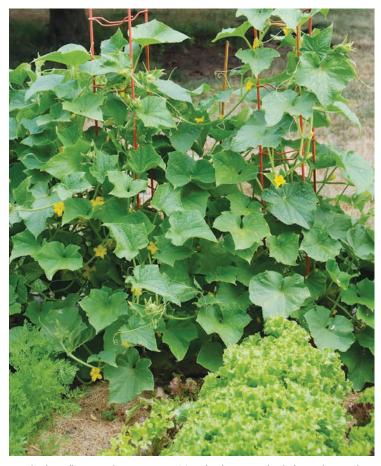
Compost poor quality fruit that is not suitable for eating. Then adjust your care to ensure better quality cucumbers for the remainder of the season.

Consider making a second planting if space and time allow. Many cucumbers reach maturity in 60 days or less. Calculate the days remaining until the first fall frost to determine if you have enough time to plant, grow and harvest a second cucumber crop.

Grow the All-America Selections winner Green Light, ready to harvest in as few as 37 to 42 days. Train the long



Harvest Green Light cucumbers when three or four inches long for great taste. Photo Credit: All-America Selections.



For the best flavor and greatest nutritional value grow fresh-from-the-garden cucumbers. Photo courtesy of www.MelindaMyers.com.

vines on a pole or trellis to save space and for easier picking. Harvest the fruit when three to four inches long for great taste without peeling.

Try growing Patio Snacker cucumber if space is limited. This compact plant produces an abundance of six- to seven-inch fruit in about 50 days.

Extend the season indoors with the new Kitchen miniâ Quick Snack cucumbers. These small plants will grow indoors in a sunny window, with no pollination needed, and produce fruit that tastes best when picked at  $2\frac{1}{2}$  inches long.

No matter how you plan to enjoy this multi-purpose vegetable, harvest it at just the right time for the best flavor and intended use.

Melinda Myers has written over 20 gardening books, including Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.



\$ = Entrance or Activity Fee R= Reservations Required

Schedules are subject to change.

CONTINUING

#### Mission San Jose School of Guitar 43255 Mission Boulevard, Fremont CA 94539

Private online and in person instruction Beginning Advanced **Guitar Instruction** 

> Popular Rock Jazz Blues & Classical also available: Bass. Ukulele, Voice **Music Theory** and Keyboard



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of 4 lessons

https://richardkendrickguitar.com/ E-mail:rwkendrickjr@yahoo.com

Qualified, Professional and Experienced Masters Degree in Music (Performance - Classical Guitar)

#### Hayward **Animal Shelter**



510-293-7200 www.HaywardAnimals.com 16 Barnes Court, Hayward (Near Soto & Jackson)

Connecting rescued animals with loving homes!



Mom is a 2-year-old sweet Doberman. She is full of energy and enjoys playing with other dogs. Mom also enjoys playing with people and toys but is also happy to lay next to you. We think Mom would do best in a home with teens and up who ideally have experience with Dobermans. If you are interested in meeting with Mom contact the Hayward Animal shelter at 510-293-7200.



Pops is a 3-year-old Doberman. Pops is a strong energetic dog. Pops enjoys exploring and will seek attention from people when he wants it. Pop would be a good hiking buddy, We think he would do best in a home with adults only. If you are in interested in meeting with Pops, call the Hayward Animal Shelter at 510-293-7200

#### Thursdays

#### **Chinese Calligraphy Social R**

2pm - 4pm Bring your own supplies and socialize and have fun while doing calligraphy. Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont (510) 790-6606

There is no teaching on site.

#### **Thursdays**

#### **Historic Days**

10am - 4pm Ride a narrow-gauge train, tour the beautifully restored Patterson House Museum. Every historic day ends with an animal feeding at 3 pm. This is a drop-in program; no registration is required. Disabled accessible. Ardenwood admission fee applies. Ardenwood Farms 34600 Ardenwood Blvd., Fremont

(510) 544-2797

#### Thursdays

#### **Chinese Music Ensemble R**

1:00 pm - 3:30 pm Open to all who are interested in performing traditional Chinese music. Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont (510) 790-6606

#### **Thursdays**

#### **Family Board Game Night**

3:30 pm - 5:30 pm Play together with family and friends, or make some new friends at the library. Centerville library

3801 Nicolet Ave., Fremont (510) 795-2629 Board games will be provided.

#### Thursdays

#### **The Peaceful Poets**

5pm - 8pm Join a Milpitas-based group of writers and appreciators of poetry. Milpitas Public Library 160 N Main St., Milpitas (408) 262-1171

For teens, adults, and seniors. Last Thursdays of the month

#### Thursday, August 14 -Saturday, October 5

#### **Women Create Space juried** exhibition Women Create Space will spotlight

women sculptors and 3D artists of the Northern California Women's Caucus for Art and Olive Hyde Art Guild in a gallery-wide installation. Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 bit.ly/FremontOHAG

#### Thursday, August 1 -Saturday, August 31

#### **Vintage Trucks and Tractors Exhibition**

11am – 4pm "Vintage Trucks and Tractors," a retrospective of paintings from Jerry Peters' early years exhibiting at the Portola Art Gallery. Portola Art Gallery 75 Arbor Rd., Menlo Park (650) 321-0220 www.portolaartgallery.com

#### **Thursdays and Saturdays**

#### **Story Time**

10:3am - 11:00am Picture book story time Banter Bookshop 3768 Capitol Ave. Ste. F, Fremont (510) 565-1004 bit.ly/3VFpbc

#### **Fridays and Saturdays**

#### **Free Telescope Viewings** 7:30pm-10:30pm

Join Chabot astronomers on the Observatory Deck for a free telescope viewing!

Chabot Space and Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 chabotspace.org/calendar Weather permitting.

#### **Laugh Track City R\$**

madeuptheatre.com

#### Saturdays

Arts & Entertainment

#### Free Beginner Pickleball Lesson

12pm - 2pm Free pickleball lesson taught by a USPA professional. Hall Memorial Park 304 La Honda Dr, Milpitas (408) 586-3210 Drop-in. Weather permitting.

#### Saturdays

#### **Teen Cohort for Outdoor Education R\$**

10am - 4pmMeet new friends, build outdoor skills, and get to know your community as we participate in activities, such as Hayward Shoreline Hike and Clean-Up, Quarry Lakes Excursion; Coyote Hills Excursion; Fishing; rock climbing on our 28-foot rock wall, hiking; and a Sulphur Creek Guided

Tour. Ashland Community Center 1530 167th Avenue, San Leandro Noel Munivez: (510) 317-2303 munn@HaywardRec.org

#### Sundays

#### **Farmyard Games**

Join us for some old-fashioned fun! Try your hand at classic American pastimes including stilts, sack races, and the potato-spoon race. This is a drop-in program; no registration is required. Ardenwood admission fee applies.

Ardenwood Farms 34600 Ardenwood Blvd., Fremont (510) 544-2797

#### Sundays

#### **Practice Your English: Group Conversation for Adults**

2pm - 3pmImprove your conversation skills by chatting with other people about everyday topics in a friendly, welcoming group Castro Valley Library 3600 Norbridge Ave., Castro Valley

#### **Sundays - Saturdays**

**Recreational Swim \$** 12:30pm - 5:00pm Attractions may vary. Silliman Activity and Family Aquatic 6800 Mowry Ave., Newark (510) 578-4620

#### Sundays

bit.ly/3nxo0is

#### Larry "O" Teen Workshop

10am - 12pm Used bikes, bike parts for sale and bike repair. Larry Orozco Teen Workshop 33623 Mission Blvd., Union City (510) 675-5487 www.unioncity.org/723/Larry-O-Teen-Workshop RobertS@unioncity.org Donation accepted. Second and fourth Sundays of the month

#### **UPCOMING EVENTS**

#### Wednesday, August 14 **Mobile Library**

#### 1pm - 2:30pm

Join us for mobile library service at Warm Springs Community Park. Look for us near the playground. Get a free library card and borrow library materials. Warm Springs Community Park

47300 Fernald St., Fremont (510) 745-1477 outreach@aclibrary.org

#### Wednesday, August 14

#### **Digital Business Basics**

5pm – 6pm This course, hosted by John Gibson, will teach you the important skills you need to succeed in the digital business world. Newark Library 37055 Newark Blvd., Newark (510) 284-0675 johngibson@aclibrary.org

#### **EVENTS** Mondays and Thursdays **Food Garden Volunteer** 9am - 12pm

Call to confirm activities shown in these listings

Learning from experienced gardeners. LEAF CR Stone Garden 55 Mowry Ave., Fremont volunteer@fremontleaf.org Volunteer agreement form is required.

#### **Tuesdays**

#### **East Bay Games Meet**

6pm - 10pm German/Euro style board games and card games. Swiss Park 5911 Mowry Ave., Newark

(510) 936-2523 meetup.com/east-bay-games sfdavidkaye@yahoo.com

#### **East Indian Seniors R**

Tuesdays

#### 2pm - 4pm

Anyone who is retired and of Indian origin or interested in Indian culture is welcome to join us. Age Well Center at Lake Elizabeth

40086 Paseo Padre Pkwy., Fremont (510) 790-6606 Second and Fourth Tuesdays of the

#### **Tuesdays**

month

#### **LEGO® Time** 3:00 pm - 4:30 pm

Use your imagination and engineering skills to create your own LEGO® designs.

Centerville library 3801 Nicolet Ave., Fremont (510) 795-2629 Drop-in. For everyone.

#### **Tuesdays**

#### **Music and Storytime**

11:30am - 12:00pm Join us for stories, music, and move-Cherryland Community Center

278 Hampton Road, Hayward (510) 626-8522 For babies, toddlers, kids, and pre-

schoolers.

#### **Tuesdays**

#### **Comfort & Joy Ukulele R**

1:30pm - 3:00pm A group of ukulele players with volunteer leaders to practice familiar songs as well as learning new. Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont (510) 790-6606

#### Wednesdays

#### **Folk Dancing Social R**

9:00am - 10:30am Join together in the wonderful spirit of dancing and savor the beautiful music from all over the world. Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont (510) 790-6606

#### Wednesdays

#### **Book Club AWC R**

10am - 12pm The book club meets for stimulating discussions. Age Well Center at Lake Elizabeth

40086 Paseo Padre Pkwy., Fremont (510) 790-6606 Second and fourth Wednesdays of

the month

#### **Thursdays International Folk Dancing R\$**

11:15 pm - 1:00 pm Celebrate the cultural roots and traditional life of various countries. Age Well Center at South Fremont 47111 Mission Falls Ct., Fremont (510) 742-7529 In English and Chinese.

#### **Thursdays**

#### **Bocce Ball Class R**

11am - 12pm Learn how to play Bocce Ball. Age Well Center at South Fremont 47111 Mission Falls Ct., Fremont (510) 742-7529 Rain will cancel class.

#### Saturdays

Series of improvised games and Made Up Theatre 4000 Bay St. suite B., Fremont (510) 573-3633

#### Saturday, August 17

Touch-A-Truck

1pm - 3pmTouch-A-truck is a hands-on family event that allows children to explore a variety of vehicles up close. From public service emergency vehicles and fire trucks to police cars and utility trucks, kids have the chance to honk horns, push buttons and more. Register here at haywardrec.org/register Activity #30942 San Lorenzo Community Park 1970 Via Buena Vista, San Lorenzo (510) 881-6700 info@haywardrec.org

#### Saturday, August 17

#### **BWOPA Voter Information** presentation

10am - 11am Presentation will include information covering overview of elections, pro and cons of bills and on-site regis-

Hayward Area Historical Society 22380 Foothill Blvd., Hayward Registration required: Haywardareahistory.org/calendar

#### Saturday, August 17 How to Create a Winter

Garden

11am - 1pm Learn how to grow cool weather vegetables in the Bay Area. Educational workshop presented by Master Gardener Guy Duran and the Dominican Sisters of Mission San Jose Garden of Blessing Dominican Sisters of Mission San

43326 Mission Cir., Fremont calbayarea@yahoo.com

#### Saturday, August 17

#### **Dog Days**

sungallery.org

Tickets: \$5

Register on eventbrite

Treat your dog to DIY pup cups, Snow Cone booth or a new tag with the dog tag Markers Space while you get a free puppy portrait. 12pm - 3pm Sun Gallery 1015 E Street, Hayward (510) 581-4050

#### Saturday, August 17

#### How to Create a Winter Garden

11am-1pm

Learn how to grow cool weather vegetables in the Bay Area. Educational Workshop presented by Master Gardener Guy Duran and the Dominican Sisters of Mission San Jose Garden of Blessing

Dominican Sisters of Mission San

43326 Mission Cir., Fremont calbayarea@yahoo.com

#### Saturday, August 17

#### **Centerville Walking Tour**

10am

Join local historian Timothy Swenson of the Washington Township Museum of Local History as he delves into the history of the Centerville area. Meet in front of Holy Spirit Church 37588 Fremont Blvd, Fremont (510) 623-7907

http://www.museumoflocalhistory.

Free – donations welcome

#### Saturday, August 17

#### Music Hour at the Library

2:30pm - 3:30pm Join us every 3rd Saturday of the month for an hour of music at the library. Local musicians of all ages with various musical specializations will perform outside between the library and city hall.

Union City Library 34007 Alvarado-Niles Rd., Union

City (510) 745-1464 unioncitylibrary@aclibrary.org

#### Saturday, August 17 -Sunday, August 18

#### FOG India Day Mela / Fair

10am - 6pm Watch the India Day Parade and enjoy a free health fair, performances and food fest 39439 Paseo Padre Pkwy, Fremont

(Intersection of Walnut Ave. and Paseo Padre Pkwy) Visit Sulekha.com/FOG, Eventmozo. com or FOGsv.org

#### Saturday, August 17 -Sunday, August 18

#### K-Pop Republic Pop Up

The K-Pop Republic Pop Up will feature an array of official K-pop

merchandise from K-pop Republic, giving fans the chance to snag exclusive items and show off their favorite groups in style.

Hayward Downtown Library 888 C St., Hayward www.hayward-ca.gov/discover/ events/k-pop-republic-pop-shopaug-17-2024

#### Sunday, August 18

#### Pacific Bus Museum Open

11am - 3pm Tour them museum and the antique and modern buses on display. Food will be available for purchase. Pacific Bus Museum 37974 Shinn St., Fremont www.pacbus.org info@pacbus.org

#### Sunday, August 18

#### Alfred Hitchcock's The Lodger (1927)

This British silent film directed by Alfred Hitchcock is a thriller, horror, crime drama, and a mystery all in one focused on the hunt for a Jack the Ripper-like serial killer in London.

Essanay Niles Silent Film Museum 37417 Niles Blvd., Fremont

#### Sunday, August 18

#### Nada Nidhi 35th Anniversary Concert

Enjoy an afternoon filled with soulful melodies and captivating performances that explore timeless Carnatic classics and improvisations. Jackson Center at Ohlone Community College 43600 Mission Blvd., Fremont

Order FREE tickets at: www.ticketleap.events/tickets/ nadanidhi/nada-mahima-nada-nidhi-35th-anniversary

#### Mondays, August 19 and 26 **Movies at the Morrisson**

HARD invites you to join us every Monday in August at the Douglas Morrisson Theatre for our series: Movies at the Morrisson: Japanese

Douglas Morrisson Theatre 22311 N 3rd St., Hayward https://douglasmorrissontheatre. thundertix.com/ Tickets: \$10

#### Kitten's for Adoption

www.ohlonehumanesociety.org









Visit our website or scan the QR code, if you would like to learn more or apply for adoption. nane offers assistance with spay or neuter for your pets and community cats

#### Friday, August 23

#### **Under the Boardwalk Movie Night**

8pm

Gather everyone together, pack up your snacks, grab your lawn chairs and blankets, and don't forget those flashlights. We'll be screening "Under the Boardwalk" (PG). No registration required.

Castro Valley Community Park 18988 Lake Chabot Rd., Castro Valley (510) 881-6700

info@haywardrec.org

#### Friday, August 23

#### **Women Create Space Exhibit Opening Reception**

7pm - 9pm Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 bit.ly/FremontOHAG

#### Saturday, August 24

#### **Free General Meeting**

2pm - 4pm

Join Fremont Area Writers to listen to guest speakers discuss aspects of writing and publishing Request Zoom link from scottfrombayside@yahoo.com

#### Saturday, August 24 Fremont Children's Business

11am - 2pm

Children create a product or service, develop a brand, build a marketing strategy, and then open for customers at this one-day marketplace. Fremont Hub Courtyard 39281 Fremont Hub

#### Sunday, August 25

#### Niles Antique Faire and Flea Market

6am - 4pm Hundreds of vendors from all over the Bay Area and beyond sell antiques, collectibles, art, crafts, home & garden décor, toys food, etc. Niles Town Plaza 37482 Niles Blvd., Fremont www.niles.org

#### Summer Concerts

#### Summer Concert Series

Fridays, 7 p.m. – 9 p.m. August 23: East Bay Mudd (Classic Soul, R&B) September 27: Foreverland (Michael Jackson Tribute) The Block Plaza (near Koja Kitchen) 43806 Pacific Commons Blvd., Fremont

**Summer Concert Series** 

https://pacificcommons.com/

Second Thursdays 6:30 p.m. – 7:30 p.m. September 12: Broken Compass Bluegrass

Castro Valley Library 3600 Norbridge Ave., Castro Valley 510-667-7900 www.aclibrary.org

#### Niles Concerts on the

Plaza Saturdays: Sept 14 3 p.m. September 14: Hijinx, with Jeremy Landicho Niles Town Plaza 37482 Niles Blvd., Fremont www.niles.org

**Concerts in the Park** 

Sundays, Aug 18, 25; Sept 8, 15, 22, 29 1pm - 5pm

Aug 18: Yolanda Cazessus,

Gravity+4, Alrighty Then Aug 25: Kari & the SweetSpOts, Gary O and Friends, The TaleSpinners, Dee Smith & Friends

Sept 8: Hayward High School Cheerleaders Sept 15: Oasis Big Band, In Full

Swing Big Band Sept 22: Memphis Blues Project, **CSUEB Aphasia Tones, East Bay** Youth Orchestras' Symphony

Orchestra Sept 29: East Bay Symphonic Band, Hayward High Marching Band & Color Guard, Hayward High Jazz Band Hayward Memorial Park (behind

Hayward Plunge) 24176 Mission Blvd., Hayward

www.HaywardLodge.org

# Summer

7 p.m. Vendors, food & fun 8:15 p.m. Movie starts

Friday, September 6 Wonka

Smith Center at Ohlone College 43600 Mission Blvd., Fremont

www.smithcenter.com \$5 per person; \$25 movie pass for four (\$30 at the door)

#### **Free Outdoor Movie Nights** Fridays, 8 p.m.

August 23: Under the Boardwalk Castro Valley Community Park Quail Ave, Castro Valley

September 13: Super Mario Meek Park 240 Hampton Rd, Hayward

www.haywardrec.org

Ardenwood Historic Farm Movie Night: Wish! Saturday, August 17 8:20 p.m. – 10:30 p.m. Ardenwood Historic Farm 34600 Ardenwood Blvd., **Fremont** (510) 544-2797 www.ebparks.org

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38750 Paseo Padre Parkway Suite C-1, Fremont

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# Outdoor Movie Nights

#### **Movies Under the Stars at** the Smith Center

(Contest: Find a golden ticket)

(510) 659-6031

#### Summer Food Trucks

#### **Ongoing**

**Niles Street Eats** Wednesdays 5pm – 9pm Niles Town Plaza 37592 Niles Blvd., Fremont Fremont Street Eats **Fridays** 5pm – 9pm **Downtown Event Center** 3500 Capitol Ave., Fremont

Ohlone College Flea Market Second Saturdays 9am - 3pm 43600 Mission Blvd., Fremont

LETTER TO THE EDITOR

# Vinnie Bacon

Vinnie Bacon is the best politician that money cannot buy. Unlike his opponent in the Fremont mayoral campaign, Raj Salwan, he's never accepted donations from real estate

developers or corporations. If you google "the truth about Raj Salwan," you will discover he is a 0.1 percenter, with over \$100 million in real estate assets in Alameda County. Over 40% of these are in Fremont. During his two City Council stints, he supported nearly two dozen contentious real estate development initiatives. It is a conflict of interest

for such a wealthy property owner to occupy an elected office and make choices that directly affect his financial interests. This real estate gravy train has got to stop.

Vinnie Bacon has Masters degrees in city planning and transportation engineering, along with Fremont Council experience, to ensure we grow appropriately. Please join me in electing him as the next mayor of this wonderful community.

**RENE WISE** Fremont

# Energetic in their eighties, Tri-City alumni plan 65th reunion

#### THE FINAL CLASS OF WASHINGTON UNION HIGH CELEBRATES STILL BEING HERE



Washington High School '59 alumni, including JoAnn Faria - far right in pink - at their 60th reunion in 2019. Courtesy of JoAnn Faria



Washington High School '59 alumni, including Mark Crutcher in blue, at their 60th reunion in 2019. Courtesy of JoAnn Faria



A beloved yearbook sporting a Washington Huskie. Courtesy of JoAnn Faria



Washington High School students back in the day. Courtesy of JoAnn Faria





A vintage photo of the reunion committee. Courtesy of JoAnn Faria



Current day Washington High School building. By Stephanie Gertsch

#### By CONNIE CHEUNG

On September 6th, Washington High School's class of 1959 will celebrate 65 years since their graduation. "I don't know how much longer we'll be around," said alumna JoAnn Faria, adding, "I don't know if I'll be the last one to turn the lights off."

Sounding decades younger than her age, Faria still very much has her lights "on." Now eighty-two years old, she drives, keeps an active social calendar and responds quickly to emails and texts on her smartphone much quicker, in fact, than this reporter. Her classmate Mark Crutcher is similarly busy, delaying his interview because he was running late from another engagement. "Due to modern technology, I have your phone number," he chuckled, promising to return

This year, in consideration for a more octogenarian-friendly lifestyle, the Huskies reunion will be a daytime event at Spin-a-Yarn restaurant starting at 11am. Still, the meet-up sounds like it'll be a lot of fun. In

2009, for example, the class posed for photos and commissioned an updated yearbook. Prior gatherings included multi-day events with long hours of cocktails and conversation.

"We just sit around and the stories get longer each year," Crutcher said. "Initially, it was how important are you and what you are doing. Now it's just, 'Boy I'm glad you're still here, you're one of the five who came in without a walker!"

With each passing year, communications also become more bittersweet. "I feel like the Grim Reaper because I'm always sending out these messages," Faria said, as she was about to notify the group of a classmate's recent passing. Faria estimated over 150 classmates known to have passed away from a total class of 400 students.

The class of 1959 has the distinction of being the last graduates of what was then called Washington Union High School, the final cohort from a bygone era. Founded in 1891, Washington Union was for decades the only institution serving a wide swathe of students roughly from Warm Springs to Hayward. But as the region's population increased, the school changed its name and is now incorporated as one of Fremont's five high schools. Today, according to the Fremont Unified School District, Washington has the second largest percentage of English language learner students in the city.

Throughout these changes, some alumni stayed involved in preserving the school's legacy. After the main building was shuttered in 1972 due to safety concerns, new construction plans in the early 1990s spurred a debate about tearing down the original structure. In order to avoid destroying the historic romanesque facade, the Washington High School Alumni Foundation raised money to "save the arch" and preserve elements of the original appearance. "I saved a couple of bricks out of the building, and they're in the patio I have in the backyard," Crutcher said.

Like bricks from the old building, the past is simultaneously solid and fleeting

for many of Washington's older alumni. Reflecting on the arc of life, Crutcher noted: "When it's all over, the only thing you take with you is absolutely nothing." Time spent with family and friends becomes all the more precious.

When asked about the secret to healthy aging, Crutcher and Faria gave similar advice: Stay busy, and keep looking forward. The octogenarians walk everyday, filling their time by visiting friends and helping out in community organizations. Most of all, they remain optimistic and joyful about life.

'We're happy to see each other," Faria said, "and just happy we're still here."

For more information on the 2024 reunion, contact joannfaria@sbcglobal.net.





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# Fremont Unified School District places education bond measure on November ballot

Submitted by LAURA FORREST, FUSD

The Fremont Unified School District Board of Trustees unanimously approved a resolution at their August 5th meeting to place an education bond measure on the November 2024 ballot.

If approved by Fremont voters this November, the measure would provide a source of local funds to update classrooms, technology and equipment, science and computer labs and libraries, and make basic repairs to Fremont elementary, middle and high schools, with funding that cannot be taken away by the State.

"The Fremont Unified School District is among the lowest funded districts in Alameda County," said Superintendent Erik Burmeister. "This measure would provide our local schools a chance to catch up to where other districts are now, and help maintain the district's excellence and status as a destination for families.'

The measure was placed on the ballot after nearly a year of outreach and feedback from local schools, parents/guardians, teacher groups and community members. The input guided the development of an updated Long Range Facilities Plan, with a prioritized list of projects that would be addressed by the measure.

"Good schools make strong, desirable communities, whether you have school-age children in the District or not," continued Burmeister. "We appreciate the feedback we received from our community partners throughout this process, and will continue working to ensure each school has the resources it needs to succeed."

This measure continues the strict accountability requirements that have previously been approved by voters, including independent citizen oversight, annual audits and reports to the community to ensure the District uses the funds as promised. By law, no money from this measure can be used for administrator salaries or central administration.

In a recently commissioned independent survey by the District's long term opinion research professional Godbe Research, nearly 62% of respondents indicated they would support an education bond to address the needs of schools in the Fremont Unified School District. The proposed \$919,000,000 bond would cost voters 4.9 cents per \$100 of assessed valuation.

# Union City Council votes to place business license tax measure on November ballot

Submitted by UNION CITY

Union City voted unanimously on July 23, 2024 to place for voter consideration a ballot measure amending the Business License Tax Ordinance on the upcoming November 5, 2024 General Municipal Election.

While Union City currently maintains a healthy General Fund reserve, the city's financial forecast projects an anticipated operating budget deficit of nearly \$3 million annually beginning in 2025. Over the past several months the City Council has prudently evaluated options for a stable, locally controlled revenue source that can be used for city services.

The City's Business License Tax was originally enacted in 1969 requiring all businesses operating in Union City to obtain a business license and to pay an associated

annual tax to help support city services such as the roads, infrastructure, and other service used by local businesses. Since 1990, the city's current business license tax structure has not been updated to reflect the evolving local economy, industries and workforce.

The proposed Business License Tax would not be imposed on Union City residents who do not own or operate a business in Union City. The projected revenues from an update to the Business License Tax is an estimated \$3.5 million annually. Any revenues from the proposed Business License Tax could be used locally for City services and infrastructure.

To learn more about the General Municipal Election, including candidates and ballot information, visit www.unioncity. org/MunicipalElection.

# New boxART! Brightens Fremont

FREMONT IS BLOSSOMING WITH CREATIVITY

Submitted by **CITY OF FREMONT** 

Our boxART! program continues to transform ordinary traffic signal control boxes into extraordinary works of art that enhance the city's aesthetic appeal and foster a sense of community.

We are excited to announce the completion of a new series of boxART! focused on sustainability. Local artists, from professionals to student artists, have brought their

unique visions to life, exploring the many facets of the environment and sustainability. These vibrant designs, both painted and digital, are now beautifying our neighborhoods.

The city's boxART! program helps bring art to Fremont, beautify the community and abate graffiti. Through the program, launched in 2014, Fremont's many traffic signal control boxes are transformed into compelling and

The program employs local artists from all facets of the community—professional artists, artists with special needs, students, etc.—to help be a part of the solution and bring art to their community. The goal is to engage residents from the entire 90 square miles that is Fremont as they drive, walk or bike throughout the city. Seeing art throughout Fremont creates positivity, pride and a sense of community.

To date, the city has transformed close to 90 boxes. Thank you to all the artists who have participated in this program and have helped bring more art to

Explore Fremont and its boxART! Murals:



Box # 101 Corners of the World. Photos courtesy of City of Fremont

#### Corners of the World

Intersection: Alvarado Blvd. @ Falcon Dr. / Lake Arrowhead Ave. Artists: American High

School students Archisha Datta, Aparanjitha Connur, and Kaviyasri

Sponsor: The Rotary Club of Niles Fremont

#### California Native Plants

Intersection: Fremont Blvd. @ Mowry Ave.

Artist: Judy Lew Loose Sponsor: City of Fremont Judy Lew Loose provided an Inspiration Statement for her art: "My traffic signal and tower box

goal is to raise environmental awareness to help educate the public about drought-resistant plants in California. They are beautiful and essential components to our ecosystems and natural

Some of California's native flowers are so small that they may hardly be noticed when walked by. Yet, within their tiny form, there is a beauty waiting to be seen and felt. My desire as a watercolor painter is to portray these flowers less in an illustrative way and, instead, give them a 'voice' from an emotional reference.

My hope is that this might help the unfamiliar viewer gain more awareness; enough for these flowering plants to become more of a household name. California native plants are not a common subject matter to paint. I believe that artistic awareness and transforming them to works of art, the public can have a greater appreciation."



Box # 118 California Native Plants. Photos courtesy of City of Fremont

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# Community Bulletin Board

#### SIMINOFF DAYLIGHT MASONIC LODGE No. 850

Meets on 2nd Monday Of Every Month, At 1:30 PM In Siminoff Masonic Center on campus of Masonic Homes of California 34400 Mission Blvd. Union City CA 94587 Secretary, James Leggate 510-493-1296

#### **MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION**

Welcomes YOU!

We are a spirital community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live compassionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom

Learn more about us at www.mpuuc.org

#### FREMONT PATHFINDER BRANCH 59 SONS IN RETIREMENT!! Retired men! Come and have lunch on us and join the best retiree group in Fremont!

We meet at the Fremont Elks Lodge at noon on the 3rd Wednesday of every month. In addition to engaging and entertaining luncheon programs and fabulous conversation, we offer a veritable plethora of activities for retired men. Golf, Bocce Ball, Poker, Bowling, Walking, Bridge, Couples Wine Tasting, Music and much, much more. Call, write, or email for your free lunch! Big Sir Rob Ingebretson, 48232 Cottonwood Street, Fremont, CA 94539; robingy@comcast.net; 510-657-7828.

scholarships for women entering college, returning after 2+ years. 2% education loans. peouf150@gmail.com

#### **Scholarships for Women**

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It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org

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#### **Shout out to your** community

Our readers can post information including:

**Activities Announcements** For sale **Garage sales Group meetings** Lost and found

of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

For the extremely low cost

only. Any change will be considered a new posting and incur a new fee.

#### The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or
- real estate sales No animal sales (nonprofit humane organization
- adoptions accepted) • No P.O. boxes unless physical address is verified by TCV

#### **Fremont Stamp Club** Meet 2nd Thurs. each month **Cultural Arts Center**

3375 Country Dr., Fremont Interesting discussions, trade, silent auction fremontstampclub@gmail.com www.fremontstampclub.org Steve (510) 461-3431

#### Are you troubled by someone else's drinking?

Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings.

Uc-newark.northernca-al-anon.org for a full meeting list. You can also email Alanond17@gmail.com or call us at 510.276.2270 for more info.

#### **EARLY RISERS start your** Tuesday with a boost of **NEWARK TOASTMASTERS**

Boost your communication, growth skills.

#### **SAN LEANDRO HISTORICAL RAILWAY SOCIETY OPEN HOUSE**

The SLHRS models the Southern Pacific from Oakland to just east of Norden using a tri-level Donner Pass helix. Public invited every Sat. 10AM - 2:30PM 1302 Orchard Ave, San Leandro San Leandro G&O trains in back garden. New members & Model Railroad donations accepted.

Visit us at www.slhrs.org

#### 50th Year **Homecraft Fair** Oct 2, 3, 4, 5 Wed - Sat

Hours: 10:00 am - 4:00 pm 1608 Via Sarita, San Lorenzo, 94580 Follow Sign on **Bockman Road** 

#### **AAUW EMPOWERS WOMEN**

Since 1961, provider of women's graduate education scholarships in Tri-Cities, advancing gender equity for women and girls through research, education, and advocacy.

https://fremont-ca.aauw.net aauwfremontbranch@gmail.com **JOIN US!** 

#### The Friendship Force of the San Francisco Bay Area

Experience a country and its culture with local hosts; meet global visitors. Guests from Canada in 2024 We visit Japan

**Enjoy our many Bay Area** events www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531

#### THE ROSE GARDEN IN NILES NEEDS VOLUNTEERS

The California Nursery Garden Club invites volunteers - corporate, groups, and individuals to the historic California Nursery show gardens. Weed, mulch, prune, plant, and enjoy this beautiful historic garden.

Volunteer workdays are Thursdays, 10:00 AM - 12:00 PM Volunteers, contact Brenda: Nixon6@comcast.net The California Nursery Historical Park 36501 Niles Blvd. in Fremont, CA Find us on Facebook at CaliforniaNurseryGardenClub or

our website sites.google.com/view/thecalifornianurserygardenclub

#### TRI-CITIES WOMEN'S **CLUB**

Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club. For more info, call 916-217-3074

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Tagalog 2:00pm - 4:00pm

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#### **ABWA - Pathfinder Chapter American Business** Women's Association

**Provides opportunities** for women for leadership, education, & networking. Virtual meetings – 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com

www.abwa-pathfinder.org

#### LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec)

2:00-4:00 PM

Great speakers! \* All genres! \* Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions)

Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email **up.dragonfly.com@gmail.com** for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org

#### NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES

protecting and preserving your benefits Meets at Noon the 4th Friday

at Fremont's Age Well Center at Lake Elizabeth

Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info:

www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327

#### **BINGO BINGO BINGO**

Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers

#### Mt Eden HS Music Dept. Flea Market

2300 Panama St. Hayward, CA 94545 When: Every 4th Saturday of the month -6am set up, 7am-3:30pm open to the public Where: Mt. Eden HS student parking lot Cost: \$30 per vendor (pay cash only at the gate) Contact Info: officialmehsband@gmail.com Starts 7/27, 8/24, 9/28, 10/26

#### **Mistletoe Madness**

Will be accepting vendors as of July 1, 2024 Show is November 30 10am-4pm Marina Community Center on Wicks Boulevard Email: mmchristmasfair@aol.com

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#### **Credit and Money** Mgmt. Workshop

Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227

#### **Mission Peak Choirs is Hiring!**

Two part-time salaried positions available for our 2024-25 season! We are looking for a new collaborative pianist and a new managing director! Mission Peak Chamber Singers is a non-profit community choir organization based in Fremont. We consist of two ensembles, the Chamber Singers and the People's Choir.

anyone interested to find out more at our website: https://www.chambersingers.org/jobs

#### **ROTARY CLUB OF NEWARK CA**

Meets on Tuesdays from 12:15 PM to 1:30 PM at Doubletree Hotel, 39900 Balentine Dr., Newark, CA 94560 Conference Room 3

The Newark Rotary Club was founded on May 8, 1961 and continues its community and international service work. Members share camaraderie, fun and self-service in helping others throughout the Tri-City area and beyond. We welcome you to join us for a free lunch on us! For more information, email rotarynewarkca@gmail.com

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As we return to school and hurtle toward another election, enjoy this editorial from William Marshak. Many feel that the current elected government doesn't reflect the values of the people, or protect the interests of the vulnerable. Worse, many feel like it's futile to try to influence our elected officials for the better. But we do have power, if we know how to use it. Even if we just read up on the League of Women Voters voting guide and make a more informed choice in local elections. Teaching kids not only what to care about but how to effect change under the current system seems like another good place to start.

# School Bells Ring

#### By WILLIAM MARSHAK, **EDITOR-IN-CHIEF EMERITUS**

Summer days are quickly fading, giving way to cooling winds and reopening of school grounds for students, returning and new. Our future is on display as children, adolescents and young adults enter school grounds to engage in the art of education. Teachers, aides and management staff will attempt to engage young minds with the knowledge they need to succeed in a complex world. The struggle to find the best tools to achieve that goal continues, and, through it all, educators remain the front line of communication with the next generations.

Schools form the framework of good citizenship. Not only do they create an opportunity for academic progress, but social and civic awareness as well. In order for future generations to understand their vital role in our form of government, educators need to give high priority to providing information about our political system. The input of elected officials can promote participation. Not only learning the pledge of allegiance and textbook descriptions of the branches of responsibility, but participatory exercises and interaction with civic leaders is necessary. Without face-to-face discussions and presentations, government becomes existential, far removed from daily life. Students of all ages form their own priorities from outside cues and influences. The foundation of civic responsibility and action begins from an early age within families, schools and social interaction. Along with reading, writing and arithmetic, civic awareness should be a top priority. Our system of government depends on it.

A possible civic curriculum could include: At the fourth grade level, a visit from an elected official to tell students about why he

or she is involved in the system and what they do. This would bring politics to a local level that is understandable and create additional opportunities for discussion.

In Junior High school, students could be asked to view a select portion of a council or commission meeting – or a series of them – to report on a topic of interest and how it was resolved. Attendance at a board or commission meeting would also be instructive.

Senior High School students could form groups to study an issue that is under consideration by the city council and create an oral pro or con presentation by a spokesperson of the group. This not only would engage students in a logical and thoughtful investigation, but be part of the process as well.

It is only through citizen interaction with government processes that democracy can thrive. There are some who are naturally attracted to participation, but many others who have little or no involvement. It is in our best interests to include as many of our students as possible in civic affairs. Our cities know this and actively recruit youth for advisory commissions. However, it is critical to involve all students in this process so as they mature, their government and its effects are familiar.

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TRI-CITY VOICE

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#### **ADJUDICATION:**

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# Passing of Board Director Ellen Corbett

#### CORBETT HAS ALSO SERVED IN THE STATE SENATE AND MAYOR OF SAN LEANDRO

Submitted by **DAVE MASON** 

On Friday, August 9, 2024, East Bay Regional Park District (EBRPD) General Manager Sabrina Landreth made the following statement about the passing of EBRPD Board Director Ellen Corbett:

'Director Ellen Corbett peacefully passed away earlier today, and this news leaves me with

"Ellen was an incredible champion of our mission and a tireless advocate for communities to have access to open space, public parks, and

nature. In the last eight years, Director Corbett represented her constituents by serving on the Park District's Board of Directors. Her time with us was the capstone to a long, decorated, and meaningful public service career in local and state government, including serving as the majority leader of the California State Senate and the Mayor of San Leandro. We will remember Ellen as a fearless leader for regional parks at the urban core of the Park District's jurisdiction. May she rest in peace."

After serving as Mayor of San Leandro, then in the California State Assembly and Senate,

including serving as Senate Majority Leader, Ellen Corbett was elected to the East Bay Regional Park District's Board of Directors in November 2016. She was co-chair of the Measure FF effort, which passed by 85.6 percent in 2018. From January 2020 to January 2021, she served as President of the Board during the pandemic when county health departments led an effort to keep parks open.

The flags at EBRPD properties will be flown at half-mast in honor of Director Corbett.

# National Night Out in Union City

#### COMMUNITY PRIDE WAS HIGH AT UNION CITY'S PUBLIC SAFETY CELEBRATION



Union City's SWAT Team explaining operations to guests. Photos by Jack Alcorn

#### By JACK ALCORN

National Night Out is an annual nationwide event designed to strengthen relationships in your neighborhood, raise crime prevention awareness and continue relationships with police and fire departments.

The successful outdoor event took place August 6 at Union Landing Shopping Center in

Ruth Estrada from Union City Police Department said, "I'm here working the welcome booth. We're giving out free meal tickets, drink tickets, raffle tickets and backpacks. I just enjoy doing this because I like to be around people."

More than 80 sponsor booths shared operations, efforts and opportunities at the 41st annual community celebration. Law enforcement, schools, local businesses, social services and many other agencies participated.

Union City families enjoyed four hours of fun, information and community building. The Fire Department and Carpenters Union shared career opportunities. Police greeted residents. Friends of Falun Gong showed seniors fitness techniques and Everything Lumpia fed the

Lee Guio manned Union City's CERT booth (Community Emergency Response Team) "We train people at no cost how to be prepared in case of an emergency like earthquake or similar emergencies. We have classes once a month in our CERT building near the fire station on Central Avenue. Everything is free and the intent is to make

sure that everyone is ready for an emergency

when it happens.'

National Night Out increases awareness about police programs in your area. Drug prevention, neighborhood watch and other anti-crime efforts are spotlighted. Starbucks served free ice coffee and specialty sweet drinks for kids. Raffles, music and plenty of games for children made this a merry event.

These neighborhood block parties are a great opportunity for the community to come together and celebrate with local businesses, community groups, law enforcement and first responders. Boy Scouts, Christian Academy, Fremont Bank, Masonic Homes and Vision y Compromiso were some of the scores of sponsors for this event.

Jeff Macaloloy from Dragons Den Mixed Martial Arts said, "We're in Union City. We're supporting National Night Out. This is our third year at the event doing demos. We've been in business in Union City for 27 years since 1997 so anything we can do to support the community - we teach martial arts, self-defense for all ages, combat sports like wrestling and boxing, MMA and things like that so we're just here to have a good time and support our community."

National Night Out is the perfect chance to get to know your neighbors better! It's also an excellent opportunity to help kids get the school year off to a good start. The event happens annually on August 6.





**Classifieds Deadline: Noon Thursday** 510-494-1999 | tcv@tricityvoice.com

#### **CLASSIFIEDS**

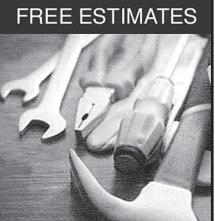
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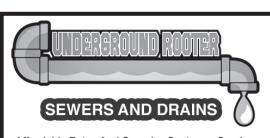
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# **MECHATRONICS**

#### PUBLIC NOTICES



City of Fremont Human Services Department Community Development Block Grant (CDBG) Public Notice of Amendment to FY 2024-2025 Annual Action Plan

若您需要中文的訊息, 請撥510-574-2046與翁于喆聯絡. 謝謝.

The City of Fremont announces a thirty (30) day public comment period on an amendment to FY 2024-2025 Annual Action Plan associated with CDBG funding

The City of Fremont intends to amend the CDBG funding in the FY 24-25 Annual Action Plan as

Activity Name and	Amendment	Action Plan	Funding
Description	Action	Year	Amount
Pre-development Costs for Affordable Housing Project at 3900 Thornton - Resources for Community Development	New Activity	2024	\$300,000

The City Council will discuss the Amendment to the FY 2024-2025 Annual Action Plan associated with CDBG funds at their Council meeting on Tuesday, September 17, 2024. The staff report will be available for view at http://www.fremont.gov/agendacenter on Thursday, September 12, 2024.

FY 2024-2025 Amended Action Plan will be available for review https://www.fremont.gov/government/departments/human-services/human-services-in-thecommunity/city-funded-grants/community-development-block-grant on Friday, August 16, 2024. If you have any comments or would like hard/electronic copies of the documents, please write or email Noelle Tolentino, City of Fremont Human Services Department, PO Box 5006, Fremont, CA 94537, Email: ntolentino@fremont.gov.

CNSB # 3842035

WE CARE ASSISTED LIVING, 6214 THORNTON AVENUE, NEWARK, CA 94560 County of ALAMEDA MAILING ADDRESS: 8543 LUPINE CT., PLEASANTON, CA 94588 Registrant(s).

Registrant(s): AS4368
Registrant(s): ASHIT M.D. JAIN, 2333 MOWRY AVE STE 300, FREMONT, CA 94538
MONISHA JAIN, 2333 MOWRY AVE STE 300, FREMONT, CA 94538
Business conducted by: a Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A

Business conducted by: a Married Couple The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

S/ASHIT JAIN

This statement was filed with the County Clerk of Alameda County on 07/25/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1411, 8/20, 8/27, 9/3/24

FICTITIOUS BUSINESS NAME STATEMENT

File No. 608194
Fictitious Business Name(s):
SIP SOO CONSULTING, 6157 POTRERO DRIVE,
NEWARK, CA 94560 County of ALAMEDA
Pacietra Vision 12 Pacietr

Registrant(s): ELANCHEZHIAN PALANIVELU, 6157 POTRERO

DRIVE, NEWARK, CA 94560 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

S/ ELANCHEZHIAN PALANIVELU,
This statement was filed with the County Clerk of

S/ ELANCHEZHIAN PALÍANIVÉLU,
This statement was filed with the County Clerk of
Alameda County on 07/24/2024.
NOTICE: In accordance with subdivision (a)
Of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be

new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/6, 8/13, 8/20, 8/27/24

FICTITIOUS BUSINESS NAME STATEMENT File No. 608131
Fictitious Business Name(s):
ANGERA, 1290 CURTNER ROAD, FREMONT,
CA 94539 County of ALAMEDA
Registrant(s):

CA 94539 County of ALAMEDA Registrant(s):
ANJANA GEHANI, 1290 CURTNER ROAD, FREMONT, CA 94539
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on MIA

declare that all information in this statemen

N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

S/ANJANA GEHANI,
This statement was filed with the County Clerk of Alameda County on 07/22/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/6, 8/13, 8/20, 8/27/24

FICTITIOUS BUSINESS NAME STATEMENT
File No. 608140
Fictitious Business Name(s):
360REVERENCE COACHING & CONSULTING,
39270 PASEO PADRE PKWY #330, FREMONT,
CA 94538 - 1616 County of ALAMEDA
Registrant(s):

Registrant(s): TRICIA RYAN, 25925 CALAROGA AVE HAYWARD, CA 94545

Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on

07/22/2024. I declare that all information in this statemen

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. S/ TRICIA RYAN, This statement was filed with the County Clerk of

STIRULARYAN,
This statement was filed with the County Clerk of Alameda County on 07/23/2024.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement correctly express of the not of five years from the

of Section 17920, a flotitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new flotitious business name statement must be filed before the expiration.

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious

8/6, 8/13, 8/20, 8/27/24

CNS-3839514#

CNS-3839139#

#### NOTICE OF PUBLIC HEARING CITY OF FREMONT ZONING ADMINISTRATOR

ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT
THE ZONING ADMINISTRATOR OF
THE CITY OF FREMONT WILL HOLD
PUBLIC HEARING ON THE FOLLOWING
PROPOSALS. SAID PUBLIC HEARING
WILL BE HELD AT 3:00 P.M., ON
TUESDAY, AUGUST 27, 2024, AT THE
CITY OF FREMONT DEVELOPMENT
SERVICES CENTER, NILES
CONFERENCE ROOM, 39550 LIBERTY
STREET, FREMONT, CALIFORNIA,
AT WHICH TIME ANY AND ALL
INTERESTED PERSONS MAY APPEAR
AND BE HEARD.

OSGOOD FAMILY HOUSING - 41965-42035 Osgood Road - PLN2024-00083 - To consider a Discretionary Design Review Permit, Vesting Tentative Parcel Map, and a request for a density bonus and development corrections par Colifornia Review Permit, Vesting Tentative Parcel Map, and a request for a density bonus and development concessions per California Government Code Section 65915 in conjunction with the phased development of a six-story, 229-unit affordable housing project on a 2.68-acre site in the Irvington Community Plan Area; and to consider exemptions from the requirements of the California Environmental Quality Act (CEQA) per, without limitation, CEQA Guidelines Section 15332, Infill Development Projects; and a finding that no further environmental review is required pursuant to CEQA Guidelines Section 15183, as the project is consistent with the density established by the General Plan, for which an Environmental Impact Report (EIR) (SCH#2010082060) was previously prepared and certified; and CEQA Guidelines Section 15183.3, as the infill project satisfies the performance standards of CEQA Guidelines Appendix M and would not cause any new specific effects or more significant effects not previously analyzed in the General Plan EIR. Each of the foregoing provides a separate and independent basis for CEQA compliance. of the foregoing provides a separate and independent basis for CEQA compliance. Project Planner – Spencer Shafsky, (510) 494- 4452, sshafsky@fremont.gov

IKIDZ DAY CARE – 5255 Mowry Avenue PLN2024-00086 - To consider a Zoning Administrator Permit to establish and operate a 4,000 square foot indoor daycare facility with a 3,697 square foot outdoor play area through the conversion of three existing commercial units and parking spaces on a 1.79-acre site located in the Centerville Community Plan area; and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) per, without limitation, CEQA Guidelines Section 15301, Existing Facilities, and CEQA Guidelines Section 15183, as the project is consistent with the 15183, as the project is consistent with the General Plan, for which an Environmental Impact Report (EIR) (SCH#2010082060) was previously prepared and certified. Each of the foregoing provides a separate ar independent basis for CEQA compliance. Project Planner – Kevin Lee, (510) 494-4521, kylee@fremont.gov

For further information on any of the above items, contact the respective project planner above for that particular project.

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.



#### FICTITIOUS BUSINESS NAMES

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 607982
Fictitious Business Name(s):
JOULES BY JIGS, 2578 MIDDLEFIELD,
FREMONT, CA 94539 County of ALAMEDA
PacietraPic A.

Registrant(s): JIGNA M FARIA, 2578 MIDDLEFIELD, FREMONT, CA 94539

INLINIONI, CA 94039
Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on
07/14/2021 07/16/2024 that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. one thousand dollar S/ JIGNA M FARIA, ent was filed with the County Clerk of

S/ JIGNA M FARIA, This statement was filed with the County Clerk of Alameda County on 07/16/2024. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/13, 8/20, 8/27, 9/3/24

14411 et seq., Business 8/13, 8/20, 8/27, 9/3/24

CNS-3841991#

FICTITIOUS BUSINESS NAME STATEMENT Fictitious Business Name(s):

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/6, 8/13, 8/20, 8/27/24

FICTITIOUS BUSINESS NAME STATEMENT File No. 607902

Fictitious Business Name(s):
MOORE & BURKHARDT
MANAGEMENT, 39275 STAT WOUKE & BURKHARDT WEALTH MANAGEMENT, 39275 STATE STREET, FREMONT, CA 94538 County of ALAMEDA Registrant(s):

Registrant(s): CHARLENE BURKHARDT, 39275 STATE STREET, FREMONT, CA 94538

Business conducted by: an Individual
The registrant began to transact business using tious business name(s) listed above on

01/01/2022 declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. S/ CHARLENE BURKHARDT.

This statement was filed with the County Clerk of

This statement was filed with the County Clerk of Alameda County on 07/11/2024.

Alameda County on 07/11/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filled in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A the residence address of a registered owner. A new fictitious business name statement must be new fictitious business na filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/6, 8/13, 8/20, 8/27/24

CNS-3839129#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607495
Fictitious Business Name(s):
FREMONT BOTANICALS, 37317 FREMONT
BLVD, FREMONT, CA 94536 County of ALAMEDA
Paristrant(s):

BLVD, FREMIONT, CO. 37323 FREMONT Registrant(s):
GSB ENTERPRISES, INC, 37323 FREMONT BLVD, FREMONT, CA 94536
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

GSB ENTERPRISES, INC
SYBASPAL

one thousand dollars [\$1,000].)
GSB ENTERPRISES, INC
S/ BASRAL,
This statement was filed with the County Clerk of
Alameda County on 06/25/2024.
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
7/30, 8/6, 8/13, 8/20/24
CNS-3837092#

CNS-3837092#

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 598393

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):

The Fictitious Business Name Statement filed on 06/05/2023 in the County of Alameda.

BUMBLEBEE PLAYSPACE, 35500

DUMBARTON CT., NEWARK, CA 94560, County of Al AMEDA

of: ALAMEDA

Registered Owner(s): HAPPY HIVE LLC, 4888 PIPER ST., FREMONT, CA 94538 CA 94538
This business is conducted by: A LIMITED LIABILITY
I declare that all information in this statement is

true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). S/ SOPHIA VU

S/SOPHIA VU
This statement was filed with the County Clerk-Recorder of Alameda County on JULY 10, 2024. 7/30, 8/6, 8/13, 8/20/24

FICTITIOUS BUSINESS NAME STATEMENT File No. 607995 ness Name(s):

Fictitious Busine BRONCO BILLYS PIZZA PALACE, 3940 SMITH STREET, UNION CITY, CA 94587,

Registrant(s): SAM'S PIZZA INC., 5309 AUDUBON PARK COURT, FREMONT, CA 94538 RPORATION

The registrant began to transact business using the fictitious business name(s) listed above on

01/01/2004 declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ SAMUEL RODRIGUEZ

is/ SAMUEL RODRIGUEZ
This statement was filed with the County Clerk of Alameda County on 07/16/2024
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another than the common law (see Section 2). 14411 et seq., Business 7/30, 8/6, 8/13, 8/20/24 ss and Professions Code

CNS-3835573#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607910
Fictitious Business Name(s):
MEANDERIE, 37581 NILES BLVD., FREMONT,
CA 94536 County of ALAMEDA
MAILING ADDRESS: PO BOX 2013,, FREMONT,
CA 94536
Registrant(s):

Registrant(s):

ARA COFFELT, PO BOX 2013, FREMONT, CA 94536

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

S/ SARA COFFELT

This statement was filed with the County Clerk of

S/ SARA COFFELT
This statement was filed with the County Clerk of Alameda County on 07/11/2024.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/30, 8/6, 8/13, 8/20/24

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s): The Fictitious Business Name Statement filed on JAN 31, 2022 in the County of Alameda.

POLYGON-USA, 5795 FORBES DR., NEWARK,

CA 94560 , County of ALAMEDA. Registered Owner(s): SPÍN MAGICIANS INC., 5795 FORBES DR., NEWARK, CA 94560 , County of: ALAMEDA.

This business is conducted by: A CORPORATION I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). S/ SHASHIN SHODHAN This statement was filed with the County Clerk-Recorder of Alameda County on JULY 08, 2024. 7/23, 7/30, 8/6, 8/13/24

#### GOVERNMENT

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on August 29, 2024, at which date, time and place the bids will be opened publicly and the dollar amounts of each bid will be read aloud. The bids will be opened by Purchasing and the initiating department representative. A preliminary

initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.

City Hall Building A & B Fire Alarm Replacement Project PWC 9095

A BIDDERS' CONFERENCE: A conference will be held on Thursday, August 22, 2024 at 10:00 a.m., at the following location: 3300 Capitol Ave., Fremont, CA, at the flag poles to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is mandatory. A bidder who fails to attend a mandatory conference may be disqualified from bidding. Contractors who are attend the conference are required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well, as follow all social.

don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest Covid-19 County Guidance. Given the current environment, this may change. If so, potential bidders will be advised by the issue of an addendum. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC San Jose, CA 95131 via Phone(408) 295-5770 oremail: sanjose@e-arc.com/ cotton/santa-clara Please reference BID #25-006. No partial sets will be issued,cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerrascola@fremont.gov JANICE BECERRA, CPB PURCHASINC DIVISION CITY OF FREMONT 8/13, 8/20/24

CNS-3841838#

# Section 00 11 13 NOTICE TO CONTRACTORS NEWARK FAMILY RESOURCE CENTER RENOVATIONS, PROJECT NO. 1360 The City Council of the City of Newark invites sealed bids for the construction of public improvements for the renovations of the existing

improvements for the renovations of the existing Ash Street Recreation Center for use as the Newark Resource Center, City of Newark, Alameda County, California. Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBERS and BID DATE as identified on this Notice to Bidders. If the bid is sent by mail, the sealed bid envelope shall be enclosed in the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, face with the notation "SEALED BID ENGLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBERS and PROJECT NAME, PROJECT NUMBERS and BID DATE as identified on this Notice to Bidders. Sealed bids must be delivered to the office of the City Clerk of the City of Newark at 37101 Newark Boulevard, Second Floor Counter, Newark, California, before 11:00 a.m. on Tuesday, September 3, 2024. At that time, all bids will be publicly oneged examined and declared. publicly opened, examined and declared.

Upgrades include, but are not limited to: New pavements and addition of ADA parking spaces for the facility

New enclosed rear vard and outdoor improvements.

improvements.

A new lobby, reception area and floor plan layout at the Newark Resource Center

Kitchenette addition

Storage and utility modifications

Interior finish upgrades

Exterior painting of Newark Resource Center, Viola Blythe Facility and adjacent Restroom Building

Required and ductwork modifications

Rew main electrical switchboard

New main electrical switchboard
It is the City's intent to award the contract for this
work on September 26, 2024 with a Notice to

Proceed issued by October 10, 2024. The Newark Resource Center renovations shall The Newark Resource Center renovations shall be substantially complete and ready for public recreational use no later than Wednesday, May 28, 2025. Improvements required to be considered "substantially complete" shall include site upgrades, new lobby, reception area and floor plan layouts, kitchenette addition, storage and utility modifications, interior finish upgrades, exterior paint, ductwork modifications, and new main switchboard installation.

main switchboard installation.
Plans and Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen.

Gordon at (510) 578-4452 or by e-mail to helen. gordon@newark.org.
For information on obtaining Plans and Specifications or a list of plan holders, please contact Ms. Helen Gordon at (510) 578-4452 or by email at helen.gordon@newark.org. For technical questions, contact Saul Flores at (650) 862-3131 or email saul.flores@cumming-group.com. Copy Roya Gonzales at (510) 578-4200 or email roya.gonzales@newark.org and Brett Oeverndiek at (510) 578-4257 or email brett.oeverndiek@newark.org on correspondence.

newark.org on correspondence. A mandatory pre-bid meeting at the project site is scheduled for this project on **Thursday, August 22, 2024 at 1:00 p.m.** Prospective Contractors must attend this meeting.

The Contractor shall possess a valid Class B California Contractors license at the time of the bid opening. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the proposal.

in the proposal.
As of July 1, 2014, all Contractors bidding on this project are required to register with the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015.

on or after March 1, 2015.

The City of Newark reserves the right to reject any or all bids, and to waive any minor informalities, irregularities and/or bid non-responsiveness that does not influence the competitive nature of the bid. The City Council will award the project, if it is awarded, to the lowest responsible Bidder as determined by the Total Base Bid only.

The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement.

entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, osability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award.

Pursuant to Section of 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the Department of Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors shall pay all their employees performing labor under this Contract salaries or wages at least equal to the general prevailing wage rates for the particular crafts, classifications or types of workers employed on this project. These wage rates appear in the latest Department of Industrial Relations publication. Future effective wage rates which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication, and are available on the internet at publication, and are available on the internet at www.dir.ca.gov.

5, City August HARRINGTON, City of Newark, Alameda County, Ca Publish Dates: Tuesday, August 6, California Tuesday, August 13, 2024 8/6, 8/13/24

CNS-3839599#

7/30, 8/6, 8/13/24

# CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS CITY PROJECT NO. 25-10 NOTICE TO CONTRACTORS

21

Sealed proposals for the work shown on the plans entitled: FY2024-2025 TREE PRUNING plans entitled: FY2024-2025 TREE PRUNING PROJECT ("Project"). City Project No. 25-10, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, 34009 Alvarado-Niles Road, Union City, California, 1909 Alvarado-Niles Road, 1909 Alv 34009 Alvarado-Niles Road, Union City, California, until Tuesday, August 27, 2024, 2:00PM PST, at which time they will be publicly opened and read in the Council Chambers of said building.

The Contractor shall possess a valid Class C-61/D-49 (Tree Service) California contractor's licence at the time this contract is pureded.

license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990.

Bid Package & Bid Package Location. All of the project work is to be done in accordance with Bid Package & Bid Package Location. All of the project work is to be done in accordance with the bid package on file with the Public Works Department - City of Union City, 34009 Alvarado-Niles Road, Union City, California 94587. Eligibility to bid on this project requires bid package to be electronically obtained from the City. Bid package may be obtained at no charge via email request to the City at publicworks@unioncity.org. Non-biddable plans and specifications shall be available to view at various Builders' Exchanges throughout the Bay Area and on the City of Union City website at www.unioncity.org.

General Work Description: The work to be done, in general, consists of tree pruning services with a small allowance for tree removal and emergency call out work. As the City's annual tree maintenance contract, the project duration is one-year, with the possibility of being extended an additional year. The Engineer's Estimate for the project base is Three Hundred Thousand Dollars (\$300,000).

All questions should be emailed or fax to Jesus Banuelos of City of Union City, email: joseb@unioncity.org or fax to (510) 489-9468. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond.

Minimum wage rates for this project as

Bond.

Bond.

Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates.

Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations

on file with the Department of Industrial Relations are referenced but not printed in said publication. 7/30, 8/6, 8/13, 8/20/24

CNS-3837508#

#### TRUSTEE SALES

APN: 092A-0941-001 Order: 15951150
TS-240408 NOTICE OF TRUSTEE'S SALE
UNDER DEED OF TRUST YOU ARE IN
DEFAULT UNDER A DEED OF TRUST, DATE
3/16/2019 UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT MAY BE
SOLD AT A PUBLIC SALE. IF YOU NEED AN
EXPLANATION OF THE NATURE OF THE
PROCEEDING AGAINST YOU, YOU SHOULD
CONTACT A LAWYER. NOTICE is hereby given
that C.N.A. FORECLOSURE SERVICES, INC.
A CALIFORNIA CORPORATION, as trustee, or
successor trustee, or substituted trustee pursuant
to the Deed of Trust executed by Brenda Cortes,
an unmarried woman and Joel Luna, an unmarried
, as Joint Tenants Recorded on 3/29/2019 as
Instrument No. 2019056801, of Official records
in the office of the County Recorder of Alameda
County, California, and pursuant to the Notice of
Default and Election to Sell thereunder recorded
4/23/2024 as Instrument No. 2024051979 of said
Official Records, WILL SELL on 8/20/2024 Athe Fallon Street mergency exit to the Alameda
County Courthouse, 1225 Fallon St., Oakland,
CA 94612 at 12:00 p.m. AT PUBLIC AUCTION
TO THE HIGHEST BIDDER FOR CASH (payable
at the time of sale in lawful money of the United
States), all right, title and interest conveyed to
and now held by it under said Deed of Trust
in the property described above is purposed to
be: 36605 Hafner Street, Newark, CA The
tender of the property address
and other common designation, if any, of the
treal property described above is purposed to
be: 36605 Hafner Street, Newark, CA The
tundersigned Trustee disclaims any liability for any
incorrectness of the property address and other
common designation, if any, shown herein. The
total amount of unpaid balance of the obligation
secured by the property to be sold and reasonable
estimated costs, expenses and advances at the
time of the initial publication of the Notice of Sale
sis \$647,063.57 (estimated). In addition to cash,
the Trustee will accept a cashier's check drawn
by a state or federal savings and loan association,
savings association or savings bank specified in
funds become available to th funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS! If you are considering bidding on this Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, vou may call 916-939-0772 or visit this internet website www. nationwideposting.com, using the file number assigned to this case 240408 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website.

way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT You may have a right to purchase this property after the trustee auction, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website www. nationwideposting.com, using the file number assigned to this case 240408 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advise regarding potential right to purchase." FOR SALES INFORMATION CALL: 916-939-0772 C/O C.N.A. Foreclosure Services, Inc., a California Corporation as said Trustee. 2020 Camino Del Rio SALES INFORMATION CALL: 916-939-0772 C/O.
C.N.A. Foreclosure Services, Inc., a California
Corporation as said Trustee. 2020 Camino Del Rio
N. #230, San Diego, CA 92108 (619) 297-6740
DATE: 7/23/2024 C.N.A. Foreclosure Services,
Inc., a California Corporation Kimberly Curran,
Trustee Sale Officer NPPO463325 To: TRI-CITY
VOICE 07/30/2024, 08/06/2024, 08/13/2024
7/30 8/6 8/13/24

CNS-3837284#

# High school football is gearing up

#### HOW ARE TRI-CITY HIGH SCHOOLS PREPARING FOR THIS SEASON?



Irvington High School running back Matthew Forbes (23) fights through contact for a touchdown. Photo credit: Neel Bhimani

#### Submitted by **NEEL BHIMANI**

With the fall season just around the corner, the Tri-City area is gearing up for another exciting year of high school football. Six teams—James Logan, Kennedy, Washington, Newark, Irvington and American—are training and preparing for the upcoming season. Some teams, like James Logan, Irvington and Kennedy, are entering an exciting era of football under new coaching staffs, while others, such as Washington, Newark and American, aim to build and improve on their existing foundations. Despite their differences, all these teams share a common goal: to learn and improve on last year's performance and build excitement around their football programs.

James Barnes, the new head coach for James Logan, reflected on last year's performance, highlighting the contributions of Jonathan Craft, the league MVP quarterback who led the team to a league title. Coach Barnes expressed his ambitions for the upcoming season, stating, "This year, we want James Logan to play fast, while also controlling the flow of the game." He emphasized that Logan will be one of the most conditioned and disciplined teams in the league, adding, "The players you see on the field will be the ones who bought in." With a history of success, James Logan hopes to continue their winning ways under Coach Barnes.

On the other hand, American High School faced a winless season, but is determined to bounce back. Despite the challenging year, American managed to keep a few games close, offering hope for the future. Assistant Head Coach Rueben Rodriguez, who preaches the motto "iron sharpens iron," believes the adversity has only strengthened the team. Coach Rueben stated, "In order to be the best, you have to play against the best." This season, Coach Rueben and the Eagles are confident they can return to the win column and advance to the playoffs.

John F. Kennedy High School, a powerhouse in the area, had a solid season last year, finishing 7-3 and second in their league. They were behind only Piedmont High School due to a 6-point loss in their head-to-head matchup. Kennedy was a very consistent team last year, keeping it close in almost every game. Kennedy Head Coach BJ Hagood believes that his first season will be a "rebuild year." With many players gone, Kennedy's team will have to find a new identity. By holding players to a high standard and ensuring accountability, Coach Hagood is implementing the motto 'control what you can control.' This season, Coach Hagood and the Titans hope to get back to the playoffs and continue to win one game at a time.

In contrast, Washington High School experienced a season full of highs and lows, ending with a 5-5 record. The Huskies' slow start and inconsistency contributed to their mediocre season. Early in the season, they suffered tough losses, but they managed to find their rhythm later in the season, dominating teams like Encinal, Mt. Eden and Irvington. This strong finish gives the Huskies optimism for the future.

Irvington High School's Vikings had a slow start as well, but quickly found their

stride, finishing the season with a 5-1 run after starting 0-2. Head Coach Anthony Jackson, who coaches with the motto "Accept the Challenge," praised his team's resilience last season. This season, Coach Jackson aims to win their league and make the playoffs. He noted that this year's team is "a year older than last year" and is confident that the Vikings can be a factor this season. He is particularly excited about returning all-conference running back Matty Forbes. Coach Jackson expects big things from him this season.

Newark Memorial High School is coming off an exciting season. They finished 6-4, with three of their losses coming in one-possession games. The Cougars just could not flip that last gear to get them to the next level. This season, Assistant Head Coach Abdul Harris wants to make the postseason and get past the first round. He stated that he plans to do this by staying the course and executing on every opportunity. He goes by the motto, "We don't make excuses, we make examples." Coach Harris highlighted player Gerardo Zavala Rangel as the "heart of the defense and a guy who just understands the game." He expects Gerardo Zavala Rangel to be an X-Factor on the defensive side of the ball.

As the fall season approaches, the Tri-City area's high school football teams are poised for an exciting and eventful season. From the established powerhouses to the teams looking to turn their program around, this season will be highly competitive and fun to watch. With the support of fans and the Tri-City community, the area can look forward to an electrifying season this fall.

# Aegis Games

#### ASSISTED LIVING AND MEMORY CARE FACILITY HOST THEIR OWN OLYMPICS

#### By APRIL RAMOS

While most of the world is turning on their televisions to tune into the 2024 Paris Olympics, the residents at Aegis Assisted Living and Memory Care facility in Fremont have been busy in a competition of their own: the Aegis Games. "The Aegis Games are our version of the Olympics, where all 36 communities compete in over 55 different games over a span of three weeks," explained Brian Wakefield, Aegis Living's Life Enrichment Director.

On June 22, Aegis Living commenced their first day of the Aegis Games. "Aegis Games are a source of pride and friendly competition within our community," said General Manager Ryan Turner. "These games offer our residents the opportunity to form strong connections and earn some bragging rights among friends."

One of the most exciting days of the three-week competition is Carnival Day. On Carnival Day, Aegis staff set up a carnival themed experience where Aegis Living seniors can win tickets and claim prizes while still testing their physical strengths. Games included ring toss, dog races, inflatable darts, skee-ball and a dunk tank, which Wakefield bravely volunteered for.

"Last year when we did our carnival, it was a way to celebrate our staff, our residents and each other. We love working at Aegis. We love being able to come to work, have a good time and share that enjoyment and love as a part of that work experience. So, it's a way to say we appreciate you all," shared Wakefield at the introduction of Carnival Day.



Aegis Games first place winners. Photo by April Ramos

A number of games and activities were sponsored by companies such Redwood Hospice, Suncrest Hospice and SpiritCare Ministry. Reverend Jeremiah Montejo, who works with SpiritCare, and his wife Rachel, were hosts of the very popular dog races. Athletes each chose a battery operated dog to bet on which would win the race down the mini track. "I'm one of the Chaplains here. I conduct worship time, singing, prayers and bible study. I'm here at least twice a month and [Aegis Living] just calls me if they need me for anything, or have a special request. Like this one!" laughed Reverend Jeremiah. As a new round of dog racing began, a crowd of onlookers gathered and cheered along to watch who the unpredictable winner

Another popular attraction was actually more of a de-stressor for the tired athletes. A petting zoo with goats, bunnies, chickens and a pig garnered a lot of attention from everyone at the event. "Last year we had the petting zoo and one of our residents who had trouble with his vision just sat in a chair holding one of the bunnies for almost an hour. It was so sweet," shared Shashi Madahar, Regional Health Services Director.

The carnival games weren't the only treat residents received that day. "Today is special because family and friends are invited to the their grandkids, and even some great-grandkids," explained Wakefield.

great-grandkids," explained Wakefield.

After three weeks of Aegis Game competitions, the closing ceremony was held in the lobby of the Aegis facility. The lobby was still adorned with world flags hung across the ceiling and their very own blue and white striped 'Aegis Games' flag displayed proudly in the center of the room. "We did over 55 games in three weeks," announced Wakefield to the lobby full of residents and staff. He then announced all the first place winners in all events of the Games, while Turner handed out their gold medals. Second and third place received certificates.

Just like any Olympics, emotions were high at the Aegis Games closing ceremony. When one resident was asked 'How do you feel?' after getting her medal, she replied, "Wish you luck next year," with confidence and a teasing chuckle. There were also some tear-jerker moments. Another resident, teared up while receiving her medal and said, "I'm so happy," as she got a congratulatory hug from Wakefield.

As the fourth annual Aegis Games came to an end, the residents shifted back to their daily routines, much like the rest of us after the last day of the Paris Olympics on August 11. General Manager Turner shared, "It's invigorating to see our residents get into the team spirit and make Aegis Games a treasured competition each year." Luckily for the residents, Aegis only has to wait until next year for their Games.



Reverend Jeremiah hosted the dog races as crowds cheered along. Photo by April Ramos



Joginder Ahluwalia had an exciting first day at Aegis Living with his daughter and grandson. Photo courtesy of Brain Wakefield

# LIFE CORNERSTONES

For more information 510-494-1999 tcv@tricityvoice.com

Marriage **Obituaries** Birth



#### Fremont Chapel of the Roses

(510) 797-1900 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com



#### Fremont Memorial Chapel

(510) 793-8900 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

#### Samuel Rutland, Jr. Resident of Fremont

September 16, 1942 - August 7, 2024 Henedina G. Padlan-Ylarde

#### Resident of Newark June 14, 1960 - July 31, 2024 Dr. Varghese C. Palathumpat

Resident of Fremont August 1, 1949 - July 27, 2024

#### Ronald P. Crawford Resident of Fremont

April 11, 1963 - July 22, 2024 Edward A. Gravelle

#### Resident of Fremont September 25, 1946 - July 21, 2024

Hani Ghaith Resident of Dublin

#### March 10, 1967 - July 28, 2024 Marjorie C. Silletto

Resident of Union City August 29, 1926 - July 28, 2024

#### Deborah L. Hageman Resident of Sunnyvale November 5, 1959 – July 22, 2024

Jan Southworth-Kidder Resident of Fremont February 3, 1946 - July 18, 2024

#### Maria Albertina Sousa

Resident of Newark March 30, 1940 - July 20, 2024

#### Simon A. Sagabaen, Jr. Resident of Fremont October 23, 1957 - July 11, 2024

John Ralph DiPaola Resident of Fremont April 20, 1940 -July 3, 2024

Walter Mark Rathjen Resident of Union City July 12, 1956 – July 5, 2024



#### Berge • Pappas • Smith Chapel of the Angels

510-656-1226 40842 Fremont Blvd, Fremont www.bergepappassmith.com

#### Sister Barbara Sheahan

Resident of Fremont September 29, 1931 - August 6, 2024

#### Geetha Suryanarayanan

Resident of San Ramon September 7, 1956 – August 6, 2024

#### Frank Mangiola

Resident of Fremont June 22, 1941 – August 5, 2024

Eshwar Majji Resident of San Mateo

#### December 1, 1947 – August 5, 2024 Sally Padgett

Resident of Fremont September 26, 1973 - August 2, 2024

#### Nagwa Frankenstein

Resident of Fremont

#### November 16, 1961 - August 1, 2024

Noe Reynoso Vera

#### Resident of Los Banos October 20, 1986 - July 31, 2024

William Cahill

#### Resident of Sunnyvale March 25, 1968 – July 29, 2024

Arjunan Cherlopalli Resident of Pleasanton

#### July 1, 1935 – July 29, 2024

**Maureen Rotter** 

#### Resident of Fremont June 30, 1934 – July 26, 2024

Jagannath Nath Kundu

#### Resident of India

August 6, 1940 - July 24, 2024

#### Keiko Eberwine Resident of Fremont

December 28, 1936 - July 22, 2024

#### Krishnaier Ganapathy

Resident of Milpitas November 18, 1927 – July 21, 2024

Helen Leary Resident of Union City May 2, 1933 – July 20, 2024

#### Su Chu Chi

Resident of Fremont December 16, 1922 - July 20, 2024

#### Paramjit Kaur

Resident of Fremont March 25, 1946 - July 20, 2024

# California **Grizzlies Running** Club sparkle at **Nationals**



Liam Tassa of the Grizzlies coming in second place in the 1500. Photos courtesy of Mike Exton



Rosalind, Hannah, Dylan and Charlene getting ready to run in the 4 x 800 relay. Photos courtesy of Mike Exton

#### Submitted by MIKE EXTON

The California Grizzlies Running Club, which practices in Fremont and Castro Valley competed at the Youth National Track & Field Championships this summer and recently returned home with eight runners being crowned All-American --- top 8 in the USA!

#### Among them were:

7th grader Liam Tassa: 800 meters: 2:02; mile: 4:32

8th grader Harish Paschapur:

800m = 2:06; mile: 4:42 5th grader Vihaan Sharma: Mile: 5:16; 3000:10:55

8th grader Charlene Evangelista: 3000: 10:25; 2k Steeple: 7:40

7th grader Rosalind Fennelly: Mile: 5:20; 3000: 10:46

8th grader Hannah Zhang: 4x800 relay: 10:22

7th grader Dylan Fogt: 4x800

8th grader; 8-time National Champion Ava Padilla: 800: 2:12;

Also competing at the Nationals were Aarna "Gazelle" Patel, Sannvi Tiwari, Justus Roman,

Krish Shah, Aariv "Gazelle Junior" Patel, Riaan Kumar and Cameron Owsley. For more information about the Grizzlies, go to: www.CalGrizzlies.com.

# The new TriCityVoice.com website is live

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# **Celebrate** a life well lived

# MEEKLYS

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Capture the essence of a departed family member with an obituary in the pages of our papers. Your tribute will appear perpetually on our website, and that of our partner, Legacy.com. We can write a tribute that embodies the spirit of the deceased. or we can publish one you provide us.





Creation by Hwei-Li Tsao. Courtesy of Olive Hyde Art Gallery



Creation by Elizabeth Bloomfield. Courtesy of Olive Hyde Art Gallery



Creation by Lisa Stambaugh. Courtesy of Olive Hyde Art Gallery



Creation by Christine Cianci. Courtesy of Olive Hyde Art Gallery



Creation by Aleana Ortega. Courtesy of Olive Hyde Art Gallery



Creation by Lorraine Bonner. Courtesy of Olive Hyde Art Gallery



Creation by Susan Longini. Courtesy of Olive Hyde Art Gallery

# Women Create Space at Olive Hyde Art Gallery

#### ARTWORK SHOWCASES SCULPTURAL WORKS IN CERAMIC, FIBER, GLASS AND MORE

#### Submitted by CITY OF FREMONT

The City of Fremont's historic Olive Hyde Art Gallery is proud to partner with the Northern California Women's Caucus for Art (NCWCA) to present WOMEN CREATE SPACE - a celebration of sculpture and three-dimensional works by Bay Area women artists.

Artwork will showcase a variety of sculptural works including ceramic, assemblage, fiber, metal, glass and much more. Participating women artists include members of NCWCA as well as non-members. Visit ncwca.org for more information about the non-profit organization for women in

Join us for the opening reception Friday, August 23rd from 7pm - 9pm. A curatorial tour led by NCWCA exhibitions chair Elizabeth Addison, and in-person artist talk Friday, September 13 at 12pm. Gallery and Receptions are always free to the public. All are invited to meet the artists and enjoy the events with fellow art enthusiasts.

#### **Featured artists include:**

Salma Arastu, Barbara Berk, Elizabeth Bloomfield, Lorraine Bonner, Mague Calanche, Marie Cameron, Christine Cianci, Mittie Cuetara, Lynn Dau, Giny Dixon, Michelle Echenique, Myrna Ehrlich, Marguerite Elliot, Somaya Etemad, Eden V. Evans, Gillian Garro, Bushra Gill, Annette Goodfriend, Stacey Gregory, Jane Grimm, Vicki Gunter, Dianne Hoffman, Marilynn J Host, Kathleen King, Tanya Lin, Susan Longini, Annie Marini-Genzon, Caroline Masters, Kristine Mays, Midori, Patricia A. Montgomery, Aleana Ortega, Priscilla Otani, Renée Owen, Cheryl Perman-Ruskin, Sawyer Rose, Arathi Satish, Barbara Schlein, Sondra Schwetman, Larraine Seiden, Sok'iann, Lisa Stambaugh, Linda Tapscott, Demetra Theofanous, Hwei-Li Tsao, Yuting Wang, Susan Zimmerman

Sponsorship funding by Olive Hyde Art Guild -

olivehydeartguild.org

**Opening Reception** Friday, Aug 23 7pm - 9pm **Exhibition Dates** Thursday, Aug 15 - Saturday, Oct 5 Virtual Exhibit Thursday, Aug 8 - Saturday, Oct 5 bit.ly/FremontOHAG Curatorial Tour and In-Person Artist Talk Friday, Sept 13 12pm City of Fremont's Olive Hyde Art Gallery 123 Washington Blvd., Fremont Th-Su; 12pm - 5pm during exhibitions (510) 791-4357 bit.ly/FremontOHAG