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birthday

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In Fall 2024, African elephant Osh will leave Oakland Zoo for The Elephant Sanctuary in Tennessee where he can mingle with fellow elephants

Farewell, Osh!

OAKLAND ZOO PREPARES FOR DEPARTURE OF AFRICAN ELEPHANT

Submitted by **ISABELLA LINARES**
Photo: Oakland Zoo

Oakland Zoo announced on July 9 that Osh (male, 30), the only remaining African elephant living at the zoo, will be moving later this Fall to his new home at The Elephant Sanctuary in Tennessee (The Sanctuary), an Association of Zoos and Aquariums (AZA)-accredited facility. Donna, the last female African elephant who lived at the Zoo, moved to the same location last September.

The decision to move Osh to The Sanctuary was made after careful consideration and consultation with the AZA's African Elephant Taxon Advisory Group (TAG). After more than a year of discussions, it was agreed that while difficult and heartbreaking, this was the best decision for his wellbeing. As an AZA-accredited facility that ensures the same gold standard of care, the availability of other possible social companions, the Sanctuary provides the most suitable home for Osh for the rest of his life.

"Although it's difficult to say farewell to Osh, we're filled with joy knowing he's found a new home at The Sanctuary. He will have the opportunity to socialize and develop relationships with many other elephants over his lifetime, something that we could not offer him here. Those of us who know and love him, including our Oakland Zoo community, will miss him terribly," says Colleen Kinzley, VP of Animal Care, Conservation and Research.

For the past year, the zoo has worked with AZA on a nationwide search, yet no compatible African elephants in protected care were available now or anytime soon to join Osh at

Oakland Zoo. One of the many reasons the zoo has chosen The Elephant Sanctuary in Tennessee for Osh and Donna is their ability to provide extensive social opportunities.

Upon his arrival in Tennessee in the Fall, Osh will immediately be able to communicate with and smell other elephants. Elephants often communicate using low-frequency vocalizations over many miles. Two new 3,000-square-foot bull barns are under construction for Artie, a male African elephant aged 41, and Osh at The Elephant Sanctuary. Osh will have the opportunity to get to know Artie across fence lines. After settling into the new barns and habitats, and with the care staff at The Sanctuary, Osh will also have the opportunity for introductions to African female elephants. We are hopeful that Osh and Donna will have the opportunity to reunite.

Moving Osh, who weighs 15,000 pounds and stands 11 feet 2 inches tall, requires significant time and preparation to ensure his comfort during the transition. He will be transported in a specially designed, air-conditioned trailer with enough space for the 40-hour journey to Tennessee. In the upcoming months, the Animal Care team at Oakland Zoo will hold voluntary training sessions to prepare Osh for the journey. Members of The Sanctuary's animal care and veterinary staff will also visit Oakland Zoo to connect with his current staff and begin building their relationships with Osh. The zoo will also launch a half-million-dollar campaign to support this transition and its commitment to conservation for one year.

With Osh's departure, the zoo can explore different options for Osh's current habitat, including bringing in a new species

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We're So Happy

FREMONT CONSISTENTLY TOPS NATIONAL RANKINGS FOR LIVABILITY



John Charles Fremont mapped out a trail through Mission Pass in 1846.

By **PANASHE MATEMBA-MUTASA**

Muggy weather on a weekday afternoon in Fremont can't keep residents from enjoying their city. Under an oppressive sun, Umesh Velayudhan strolls slowly down a path at the popular Centerville Community Park. For him, it's no surprise that Fremont has topped the list of "America's Happiest Cities" for the fifth consecutive year.

"It's very nice," Velayudhan says. "I love the community here."

Each year, personal finance company Wallethub conducts a study comparing quality of life in cities across America. According to company analyst Cassandra Happe, the rankings published in February were determined by evaluating 182 of the country's largest cities based on "indicators of happiness" spanning three categories: emotional and physical wellbeing, income and employment, and community and environment.

Pooling from sources like the U.S. Census Bureau and Bureau of Labor Statistics, Wallethub weighs metrics like depression rates, income growth, adequate sleep rates, sports participation and community engagement to form a comprehensive report. With the most recent report, Fremont's five-year winning streak has the Bay Area buzzing.

"With our vibrant community, exceptional quality of life and abundant opportunities, Fremont has earned its reputation as a beacon of happiness and wellbeing," Fremont Mayor Lily Mei says.

But Fremont is a happy city in a country with declining happiness. The UN's Sustainable Development Solutions Network ranked America 23rd on a list of the world's 25 happiest countries, citing loneliness and concerns about political leadership as contributors to people's dissatisfaction.

"The city actively promotes health and wellness by providing access to top-notch healthcare facilities, promoting healthy lifestyles and investing in recreational spaces," Mei says.

Golden State Rules

Seemingly, there's something about living in the Golden State that makes people happier than most. Fremont shares the spotlight with three other California cities in the top 10 (San Jose, 3rd place, Irvine, 5th place, and San Francisco, 7th place). The other two Bay Area cities on the list made the top 30 (Oakland, 26th, and Santa Rosa, 29th). A total of 29 out of 182 cities on the list are in California, making it the state with the most cities to be ranked. The unhappiest city is Detroit, Michigan.

A statistical snapshot provides insight into Fremont's appeal. The South Bay suburb (average July 1, 2024 home price,

according to Zillow: \$1.6 million) soars in multiple categories, ranking first in lowest divorce rates and third in lowest depression rates among the cities studied. Additionally, Wallethub reports that Fremont boasts the highest share of households with an income that exceeds \$75,000, one of the main data points that pushed the city over its runner-up contender, Overland Park, Kansas. But Happe emphasizes that money isn't the main factor that contributes to satisfaction, citing the United States' place at 15th in the World Happiness Report despite being amongst the richest countries. Rather, Happe pointed to the city's mental health data and ample parkland per capita.

"These elements create a positive environment that fosters well-being beyond financial stability."

The new rankings come as Fremont recently also topped the list on Wallethub's "25 Best Places to Raise a Family" list. Happe explains those rankings were particularly difficult to determine, as affordable cost of living must be balanced with factors like educational opportunities and safety.

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FREMONT COUNCIL APPROVES \$35M COMMUNITY CENTER

Central Park Community Center construction to begin at Lake Elizabeth

By **JACK ALCORN**

Tuesday July 9 Fremont City Council approved construction of a new Community Center at Fremont's Central Park. The new building will replace the permanently closed Fremont Community Center and deteriorating Teen Center buildings.

The effort is the first phase of the Central Park Community Center (CPCC) project. The CPCC will include a gymnasium, classrooms for art, recreation and education programs, a banquet hall for larger indoor events and celebrations, a full-service kitchen, outdoor plaza spaces, and improvements to access and parking.

2,600 Fremont residents provided input for the future Lake Elizabeth complex. Opinions were gathered at project planning meetings, local events, online and at the Main Library. The people of Fremont identified these priorities:

- Support for programs and activities related to health and fitness, community gatherings, and arts and crafts.
- Site amenities to include markets and fairs, walking paths, and social spaces.
- Architectural design that reflects nature, fitting into the park context and use of natural/earthy materials like wood and stone.

The CPCC will offer views of Lake Elizabeth, Mission Peak and the surrounding hills. The proposed project is located adjacent to the Fremont Main Library, at the corner of Stevenson Boulevard and Paseo Padre Parkway.

The new gym will house an exercise/fitness studio. An indoor café will complement the complex lobby. Construction of a new outdoor amphitheater on the CPCC grounds will provide a new venue for performances, storytelling and civic engagement.

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Skin-Deep Beauty

Local Dermatologist Offers Advice for Teens

Your teenager or pre-teen is looking forward to the excitement, fun and benefits of being a teenager. But one issue that often occurs during the teen years—acne or other skin issues—is not among the list of anticipated benefits.

What can you do to help your teens head off or lessen the impact of the skin issues that almost inevitably occur as they begin to mature? The key, according to Dr. Sunil Dhawan, a dermatologist with the Center for Dermatology in Fremont, “is to begin early and take aggressive action when the first bumps appear, or even before.”

Dr. Dhawan says children, especially pre-teens, should use sunscreen regularly to protect their skin. “This early action can help head off more serious skin problems, such as acne, that can occur in a year or two.”

He recommends early, aggressive treatment for those first bumps. This includes over the-counter creams like adapalene and benzoyl peroxide, among others. And, he warns, a lack of consistency in maintaining a skin regimen can lead to more serious teen skin problems. “It is essential for youngsters to moisturize regularly and aggressively, especially when outside.” Everyone — whatever their age — should use sunscreen while outside to protect against a variety of skin problems, some of which can lead to skin cancer.

If/when more bumps appear and begin to turn into whiteheads, blackheads and pimples, it’s time to treat the skin with more advanced anti-acne medications to reduce inflammation and control the acne. Dr. Dhawan recommends seeing your family doctor or a dermatologist for an evaluation and treatment recommendations. These may include products to unclog pores, anti-inflammation medications, oral antibiotics, male hormone blockers in



females, birth control pills, and in some cases Accutane. Many require a prescription but are important in controlling acne.

He cautions teens against trying to pop pimples themselves, as that will only lead to scarring. “Pimple extractions must only be undertaken by a dermatologist who can do the job without leaving scars.” Acne is caused by blocked oil glands, bacteria and hormones. It begins with blackheads and whiteheads, and then becomes red and inflamed pimples that can turn into scars and pigment spots. The scarring and pain from pimples can lead to poor self-esteem and/or depression in teens. Dr. Dhawan warns, “This is why it’s so important to take action early.”

Myths versus Facts

Acne myths include: washing your face will make it better (overwashing and rubbing actually can make it worse); facials help (they don’t); you will grow out of it (eventually when you are 30, but by then

you have scars that are difficult to treat). Certain foods can make it worse is another myth. Dr. Dhawan notes. “Not usually, but long-term eating of foods rich in simple carbohydrates such as rice and breads may increase acne risk.” He recommends eating more complex carbohydrates like fruits and vegetables.

Oily skin often is blamed for acne. “It may or may not be related,” Dr. Dhawan notes, “but the only way of reducing oily skin is by some creams and washes, or by using Accutane.”

Other Teen Skin Issues

Teens can face other issues in addition to acne such as large skin pores, dandruff, foot and body odor, increased sweating and, in some cases, loss of hair. Most of these issues can be managed with attentive care.

Recommendations include:

- Manage dandruff with over-the-counter shampoos, though more severe cases should be treated by a dermatologist.

- Select a makeup foundation with SPF-30 sunscreen.
 - Reduce the size of skin pores with certain anti-acne creams. But Dr. Dhawan explains, “The over-the-counter creams and washes that aren’t specifically anti-acne do not work.”
 - Treat dry skin with a good cream moisturizer. Simple bar soaps like Ivory or Dove usually are the best and least expensive. Anti-bacterial soaps aren’t needed except for frequent skin infections. Liquid body washes aren’t needed and perfumed washes and soaps can cause rashes and itching.
- “Don’t forget,” Dr. Dhawan emphasizes, “the key to heading off or managing acne is early action during pre-teen years, consistent attention always, and medical oversight for more advanced cases.” For more information on the Center for Dermatology, visit centerforderm.com.

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Given the prevalence of diabetes in our community, many households have felt the impact of this condition. Family medicine physician, Dr. Thomas Collins-Pallet offers a conversation on how diabetes can be managed through lifestyle changes and medication.

Naloxone: A Lifesaver in the Opioid Crisis
Zariakhta Wayand, MD
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Naloxone: A Lifesaver in the Opioid Crisis

What is naloxone (Narcan) and how can it save lives? Discover why understanding naloxone and its proper administration is crucial for anyone who may encounter opioid emergencies.

Aquablation: A Transformative BPH Treatment
Mark Saleh, MD
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Aquablation: A Transformative BPH Treatment

Aquablation is a minimally invasive treatment for benign prostatic hyperplasia (BPH). Learn the science behind this innovative technology and how the procedure relieves pain without compromises, improving the quality of life for men affected by BPH.

Coming Soon!

Heart Valve Disorders in Adults: Types and Treatments
Harsh Agrawal, MD
Structural Cardiology
InHealth
A Washington Hospital Channel

Heart Valve Disorders in Adults: Types and Treatments
Wednesday, July 24, 9 a.m.

Dizziness, shortness of breath, chest pain and fatigue: these may be signs of heart valve disorders. Join cardiologist Harsh Agrawal, MD, to learn the various types of valve disorders and treatment options.

Causes and Treatment of Obstructive Sleep Apnea
Jason Van Tassel, MD
Otolaryngology
InHealth
A Washington Hospital Channel

Causes and Treatment of Obstructive Sleep Apnea
Wednesday, August 14, 9 a.m.

From persistent fatigue and daytime drowsiness to headaches and irritability, untreated sleep apnea can significantly impair cognitive function and overall well-being. Join Jason Van Tassel, MD, to learn treatment options for sleep apnea.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

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This is the First of a Two-Part Series on Sleep Apnea

Reclaim a Better Night's Sleep

Expert Advice on Sleep Apnea Treatment Options



With sleep apnea, the upper airway becomes blocked or partially blocked, causing the sleeper to wake up to breathe. The cycle of restricted airflow, waking, sleeping, then waking again continues throughout the night. This cycle stops the individual from sleeping soundly and prevents vital organs from getting sufficient oxygen. Untreated, sleep apnea can lead to fatigue, headaches, irritability and other more serious health issues.

What if you or a family member suffers from sleep apnea and have found that the standard CPAP (continuous positive airway pressure) treatment doesn't help? Neither does the dental mouthpiece often recommended as an alternative. What now?

"Inspire®, a minimally invasive surgical alternative, is providing relief to those individuals for whom CPAP and dental mouthpieces aren't working," says Jason Van Tassel, MD, a Washington Township Medical Foundation (WTMF) ENT and otolaryngology physician. "In use for more than 10 years, recent surgical

refinements have made the procedure even more effective and popular," he adds.

Dr. Van Tassel explains: The two-hour outpatient surgical procedure involves placing a miniature computing device (CPU) under the skin in the chest area. A nerve stimulator from the CPU is connected internally to some of the branches that control tongue protrusion. When the patient initiates a breath, it is detected by a sensor lead which communicates with the CPU. It then sends a signal to the tongue to move it out of the way, alleviating the obstruction, while at the same time coordinating with the patient's natural breathing cycle. The net effect is that the obstructive sleep apnea is alleviated.

The patient uses a remote control device similar to a computer mouse to start, pause or stop the sensor from running. The patient starts the device when he/she goes to bed and turns it off in the morning. It can be paused during the night if the patient gets up and then

restarted. It's totally under the control of the patient and can be kept nearby.

Between 30% to 50% of persons suffering from sleep apnea can't tolerate CPAP, Dr. Van Tassel explains. "They have difficulty with the face mask or have other health issues that interfere with effective CPAP use. They end up not using it, discarding it."

Often a dental mouthpiece is recommended for those unable to tolerate CPAP. The mouthpiece keeps the mouth open enough for air to flow. The dental mouthpiece is successful in 20% to 30% of those who try it, but often can cause other dental or jaw issues.

Sleep apnea affects 8% to 10% of the public across all ages, Dr. Van Tassel notes. In children, it's often caused by tonsils or adenoids and can be corrected by surgically removing one or both.

Dr. Van Tassel sees 20 to 30 patients a week suffering from sleep apnea. Approximately 20% undergo the Inspire

surgical option. A month following the surgery, patients undergo tests to make sure the system is working correctly along with training on how to properly use the device.

Health insurance companies may require apnea patients to try CPAP and/or a dental mouthpiece first before approving the surgical alternative. Dr. Van Tassel says, "This can be frustrating for some patients who are exhausted by their sleep deprivation. But once they have worked through the system, they can find relief with Inspire."

To learn more about Dr. Van Tassel or the Ear, Nose and Throat program at WTMF, visit mywtmf.com/services/ear-nose-throat/or scan the below QR code.



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Wednesday, August 14
9 a.m.

Causes and Treatment of Obstructive Sleep Apnea

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Ice cream and arts

Support artists and have a cool treat at a Victorian Fremont house



Local artisans will set up booths at the 148-year-old Shinn House

By **ARATHI SATISH**

Step back in time and enjoy the peaceful atmosphere of Shinn Park while eating delicious ice cream and looking at local art around one of Fremont’s historical sites. Sponsored by Fremont Cultural Arts Council and Mission Peak Heritage Foundation, the event will be held on Sunday, July 21. Connie Chew, President, Fremont Cultural Arts Council said, “We are pleased to bring back Arts and Crafts in Shinn Park. Combining this event with the Mission Peak

Heritage Society’s Victorian Ice Cream Social will mean there will be more fun.”

Al Minard, who has been organizing this event for many years, said, “Local artists and crafters will display, demonstrate and sell their art work on the lawn in front of the 148-year-old Shinn House. Art work includes paintings, quilts, photographs, ceramics, etc. All sales of arts and crafts go completely to the artists. There is no charge for enjoying the art, music and dancing.”

Visitors can tour the historic Shinn House with a docent dressed

in historic costume, or they can relax and walk around the beautiful gardens maintained by the Friends of the Heirloom Flowers (who will also be at the event selling plants). They can see unusual trees, colorful flowers and enjoy the musical performances.

Minard pointed out, “The Shinn family arrived in what was then Niles in 1856, established a plant nursery, and later developed orchards and gravel quarry.” The family donated land so a church, a veterans hall and an elementary school could be built. Minard continues, “Shinn family members

became authors, teachers, publishers, diplomats, forest rangers, etc.

Allen Shinn became a three-star Admiral in the United States. By taking a tour of this beautiful house you can not only learn about the family but the workers who lived and worked there. There is so much history and beauty in this park for you to enjoy.”

The youth can once again participate in a special local event. The Shinn House is one of the nine local Passport to Adventure sites, generating traffic on Facebook and other social media platforms. To learn more about the Passport to Adventure program, see the Museum of Local History – Passport to Adventure page (<https://museumoflocalhistory.org/passport-to-adventure/>).

Apart from ice cream, there will be soft drinks and water available for purchase from noon until 4pm. The docent-led house tours provided by Mission Peak Heritage Foundation will begin at noon with the last tour at 3:30pm. The house was completed in 1876 and the interior walls and woodwork are the same pattern and colors as the house was in the 1880s. Milicent Shinn, the daughter of James and Lucy Shinn was the first

woman to earn a Ph.D. from the University of California and this was her home during much of her life. (Cameras are permitted both on the grounds and in the house.)

As local artists and crafters will be selling their artwork, the community will not only benefit from this event, it also provides an opportunity to purchase one-of-a-kind items. Profits will be used for historical preservation and restoration by Mission Peak Heritage Foundation, a 501(c)(3) non-profit organization.

For more information call Joan Butler at (510) 795-0891, visit www.historicshinnhouse.org or visit FCAC website at www.freemontculturalartscouncil.org or email Al Minard at aminard957@comcast.net.

Victorian Ice Cream Social & Arts and Crafts in Shinn Park Sunday, Jul 21 11am - 4pm Shinn Park 1251 Peralta Blvd., Fremont Park Admission: Free Tours of Shinn House: \$4 adults, \$2 children 7-15, under 7 free



Costumed docents will give tours of the Victorian Shinn House.



Local artisans will set up booths at the 148-year-old Shinn House

Point Molate is on track to become East Bay Regional Park

Submitted by **JEN VANYA**

The East Bay Regional Park District (EBRPD) is poised to acquire the 80-acre Point Molate property located on the Point San Pablo Peninsula in the City of Richmond. The acquisition will ensure that this historic land will be preserved forever as open space and will add it to the Park District’s portfolio. The acquisition supports the Park District’s mission of habitat preservation and providing recreation and public access for all.

On Friday, July 12, the City of Richmond will hold a Special Council meeting to consider approval of a Letter of Intent (LOI), a three-party agreement between the city, EBRPD and the Guidiville Rancheria of California.

“There are many partners to thank who have backed our goal to make this an East Bay Regional Park,” said Park District General Manager Sabrina Landreth. “This Letter of Intent is a major step in the process

to secure Point Molate as public open space for the community for decades to come.”

The LOI will be before the EBRPD Board of Directors for approval at its regular board meeting on Tuesday, July 16, 2024. This LOI is a precursor to the Purchase and Sale Agreement which will transfer the property into the hands of the Park District no later than January 15, 2025. The LOI includes a purchase price of \$40 million, supported by an independent appraised valuation. Additional details can be found in the Board’s agenda.

“This important step toward creating a regional park at Point Molate will preserve stunning bay front land with a rich cultural history for all to enjoy,” said Park District Board President Elizabeth Echols. “It promotes our shared goal of creating equitable access to parks and recreation.”

Combined with the extension of the San Francisco Bay Trail already scheduled for construction along this shoreline, this historic land is now on track toward public ownership and to provide the type of open,

outdoor space the community has come to expect from the Park District.

“Point Molate has been called ‘the most beautiful part of San Francisco Bay no one’s ever heard of,’” said Richmond Councilmember Gayle McLaughlin. “We are now at the point where everyone will come to know Richmond as home to an amazing world-class park at Point Molate.”

The Park District’s 2013 Master Plan and the Bay Conservation and Development Commission’s San Francisco Bay Plan both have called for a regional park at Point Molate. Few opportunities remain to create significant parkland in the Bay Area, especially in the Richmond region.

Point Molate is located on the San Pablo Peninsula within the City of Richmond, in Contra Costa County. The San Francisco Bay lies to the west, open space parcels to the north and south, and the Chevron Richmond refinery to the east.

Underscoring the support this acquisition has received over the years, State Senator Nancy Skinner championed \$36 million in

the 2022-23 California budget for acquisition and clean-up of Point Molate.

“This is truly a great day for the East Bay and all of California,” Senator Skinner said. “The acquisition of Point Molate, with its breathtaking views along San Francisco Bay, continues the East Bay’s decades-long mission to protect our bay shoreline. Securing Point Molate within the East Bay Regional Park District is not only an incredible environmental victory, it will also reawaken the area’s significant cultural history, which includes Native sacred sites, a historic Chinese fishing camp, a historic wine port and America’s last whaling station. I was proud to lead the state budget effort to help in the purchase of this property and thank the Guidiville Rancheria of California, the City of Richmond, and the East Bay Regional Park District for their role in securing Point Molate for all to enjoy.”

San Leandro Players Present: ‘Waiting in the Wings’



L to R: Terry Guillory, Marsha Howard, Laura Martin-Chapin



L to R: Laura Martin-Chapin and Linda Scaparotti



L to R: Miranda Bumstead, Tiare Pena, Imagine Gonzales, and Sarah Catherine Chan

Submitted by **TERRY GUILLORY**

Noel Coward wrote “Waiting in the Wings”, his 50th play, as a gift for actress friends he had worked with in his earlier days. “The Wings” is a charity home for retired actresses who bring their dramatic stage talents into their communal living. The play explores ins and outs of daily life within a framework of both the pleasures and sadness of aging. Hanging over the community are the whims of the theater

board that runs the home. What ensues is a delightful collection of forceful and dramatic personalities, a long simmering feud, a mysterious journalist, and the tender and heartbreaking realities of losing family and building new relationships.

The San Leandro Players production of “Waiting in the Wings” will take place Saturdays and Sundays at the San Leandro Museum from July 20 through August 24. The cast features Pamela Ball, Miranda Bumstead, Sarah Catherine Chan, John Chapin, Dana M. Fry Ed.D.,

Imagine Gonzales, Terry Guillory, Marsha Howard, DD Langley, Carole MacKenzie, Laura Martin-Chapin, Siobhan O’Brien, Tiare Pena, Linda Scaparotti, Mark DeWeese.

“Waiting in the Wings” is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc. www.concordtheatricals.com.

PLEASE NOTE: MASKING IS RECOMMENDED. The venue is wheelchair accessible.

Waiting in the Wings
Saturday, Jul 20 - Sunday, Aug 4
Saturday: 8pm
Sundays: 2pm
Fridays, Aug 9 & 16: 8pm
San Leandro Museum/Auditorium
320 West Estudillo Ave., San Leandro
(510)895-2573
www.slplayers.org
Tickets: \$25 general; \$20 seniors & under 12 (other discounts may apply)



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A milestone birthday

Fremont resident celebrates 10th birthday
at Everest Base Camp

For Aaryam, hiking to Everest Base Camp felt like scaling the mountain itself

Submitted by
ABHISHEK & KHUSHBOO MURARKA
Photos Courtesy of Abhishek Murarka

In May 2024, Aaryam Murarka, a spirited 10-year-old from Fremont, achieved an extraordinary milestone by hiking to Everest Base Camp (EBC) in Nepal. Everest Base Camp is a whopping 5,364 m (17,598 ft) above sea level. Accompanied by his father, Abhishek Murarka, and cousins Vyom (18) and Ved Tulsyan, (15) (from India), Aaryam embarked on a challenging 12-day journey, creating a lifelong memory.

Despite facing illness along the way, Aaryam showed remarkable resilience and determination, completing the trek without external aid and on schedule. His mother's daily letters provided constant motivation and encouragement. His family couldn't be prouder, marking this as a significant milestone in his young life.

Reaching EBC on May 29, coinciding with International Everest Day, added special significance to Aaryam's adventure. This day celebrates the historic first ascent of Mount Everest by Sir Edmund Hillary and Tenzing Norgay in 1953, symbolizing achievement and perseverance.

Along with his father Abhishek and cousins Vyom and Ved, Aaryam Murarka took a leap and hiked to Everest Base Camp

Aaryam looks forward to sharing his experiences with classmates in 5th grade and fellow Cub Scouts at summer camp. He shared, "Getting to Everest Base Camp felt just like climbing Mount Everest! It was unbelievably awesome! I felt all kinds of feelings—happy, a little scared, curious, super excited, tired and sometimes just laughing at everything. Doing it gave me so much confidence as this validated my belief that I can do anything when I really try and do not give up. I can't wait to tell everyone how cool the journey was."

Reflecting on her son's accomplishment, Aaryam's mother expressed pride and hope

for his future, "No peak is too high, and no goal is unattainable. Aaryam, your achievement lights the way of hope and inspiration for others." With unwavering support from his family, including his parents, younger brother, grandparents, extended family and friends, Aaryam's journey to Everest Base Camp stands as a testament to the power of determination and familial encouragement.

continued from page 1

Fremont is a happy place

Origin Story

Fremont sits on Ohlone land, one of the Bay Area’s main Indigenous tribes. According to the municipal website, Spanish settlers first arrived in 1797, establishing Mission San Jose. In 1846, American explorer John Charles Fremont, the city’s namesake, mapped out a trail through Mission Pass, providing American settlers access to the South Eastern Bay Area.

Fremont was a brilliant and daring explorer whose missions charted America’s expansion into the western states. He opposed slavery; during a short stint as a U.S. cabinet secretary, he issued a short-lived emancipation order which some historians believe inspired President Lincoln’s emancipation proclamation. Those historic acts would not assure Fremont naming rights by contemporary standards, however, as he was also ruthless in battles against Native Americans, leading heavily armed battalions to slaughter Indigenous resisters to America’s westward expansion.

Settlers continued to establish townships in the early 17th and 18th centuries, and by 1956, under the supervision of councilmember Wally Pond, five townships—Centerville, Mission San Jose, Niles, Irvington and Warm Springs—together joined to form the official city of Fremont.

Today, Fremont is known as one of the Bay Area’s tech hubs. From 1984 to 1992, it was the site of a plant established by Steve Jobs to manufacture early Macintosh computers. By 1999, more than 700 high-tech companies



Fremont ranks on the “25 Best Places to Raise a Family” list.

had opened headquarters and production facilities in the city.

In 2010, Tesla established a Fremont manufacturing plant at a former General Motors plant, built in 1962, which later became home to the Toyota-GM co-venture NUMMI. Tesla is now the city’s largest manufacturer and employer.

In line with their hosting of the eco-friendly automobile brand, Fremont has been a star on the environmental stage in other ways. The city came in 4th on Wallethub’s 2022 “Greenest Cities in America” list, and in 2017 had hit a milestone of reducing greenhouse gas emissions by 25%. Some other honorable Wallethub rankings Fremont has earned are #4 in Best Cities for Women in 2023 and #14 in Healthiest Cities in 2021.

Next week, read about Fremont today, its school district and diverse community.



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Richmond water treatment plant tour

Veolia North America unveils upgrades to improve air and water quality in Richmond



Community leaders toured the updated Richmond Water Pollution Control Plant on July 11.

Submitted by **ADAM LISBERG**

On Thursday, July 11, Veolia North America unveiled major upgrades to the Richmond Water Pollution Control Plant to the public, showcasing the results of a three-year, \$40 million construction project that will improve wastewater treatment, environmental compliance and odor control for the city of Richmond and nearby communities on San Francisco Bay.

Veolia has operated Richmond’s wastewater treatment plant for more than two decades, and the construction project marks a significant step forward in modernizing the plant’s ability to effectively treat the city’s wastewater. Veolia welcomed local community leaders and neighbors to the plant for an open house to see the results and learn how this investment will improve their surroundings.

“Veolia is proud to be a key partner to the city of Richmond as it continually improves its infrastructure and its resiliency for the future,” said Karine Rougé, CEO for Municipal Water at Veolia North America, who attended the open house. “These vital improvements will make a significant impact in how the wastewater treatment plant functions in the community, by improving the quality of treated water released into San Francisco Bay, delivering more efficient operations to the city, and better controlling the odors produced by the wastewater treatment process.”

The wastewater system improvements will require less energy and lower levels of chemical treatment to operate, reducing the city’s costs as well as its greenhouse gas emissions. These achievements exemplify the goals of Veolia’s global GreenUp strategy, which strives to lead the ecological transformation of the planet by accelerating

water quality improvement, decarbonization and technological innovation.

The Richmond Water Pollution Control Plant construction project replaced outdated or ineffective equipment used in major functions at the plant:

Fine screens – Two new mechanical fine screens were installed to filter out trash, rags and other larger debris from the wastewater stream. This prevents that material from clogging pipes and pumps, and potentially polluting the San Francisco Bay.

Vortex grit removal system – Grit and sand settles at the bottom of wastewater treatment tanks, where it can cause wear and tear on machinery. The new grit removal system allows those fine materials to be easily separated from wastewater.

Biofilter – Gases released by the wastewater treatment process are captured and forced through a new filtration system. Many layers of porous materials in the biofilter promote the growth of specialized microorganisms that break down the odor-causing compounds.

Blower building – a new structure holds powerful mechanical turbo blowers, which ingest outside air that is diffused into wastewater to promote the treatment process.

Aeration basins – a new system in the bottom of wastewater treatment tanks diffuses air into the water as fine bubbles, rather than the previous mechanical mixing system. These fine bubble diffusers are more consistent, efficient and resilient than the prior system.

The completion of this construction project marks another milestone for Veolia’s partnership with Richmond. Since the partnership began in 2002, the city’s environmental performance has improved significantly.



Two folklorico dance groups will also perform at the festival

NEWARK REC PRESENTS THE 10TH MARIACHI FESTIVAL

Submitted by **EDDA RIVERA**

Photos courtesy of Edda Rivera

On Sunday, July 21, the City of Newark will hold its 10th annual Mariachi Festival, a chance for the community to immerse themselves in the sounds of local bands and honor Newark’s Mexican-American heritage. The free summer afternoon event will occur in the beautiful Shirley Sisk Grove, off NewPark Mall Road, across from Jack’s Restaurant.

This year’s festival will showcase the talents of three local mariachi bands: Mariachi San Francisco, Mariachi Halcones and Mariachi Tapatio. All three feature accomplished performers with years of musical experience. Additionally, there will be a

performance from Newark Children’s Ballet Folklorico dancers and Ballet Costa de Oro. The event will also feature a Resources and Health Fair, and Activities and Crafts for kids.

Gates will open at 11am for picnicking, so arrive early for the best spots. City of Newark Council Member Sucs Collazo will serve as the Master of Ceremonies during the Mariachi Festival. For more information, please contact Edda Rivera at eddar@newark.org or (510) 578-4346.

10th Newark Mariachi Festival
Sunday, Jul 21
1pm - 5pm
Shirley Sisk Grove
NewPark Mall Rd., Newark
www.newark.org/departments/recreation-and-community-services

Hayward Explorer Program

Young adults explore a career in law enforcement

By **JACK ALCORN**

Hayward Police Department offers an Explorer Program for young adults who may be interested in a career in law enforcement. The Explorer Program provides comprehensive training, competition, service and practical experiences. Character development, physical fitness, good citizenship and patriotism are integral components of the overall program.

Explorers develop an awareness of the purpose, mission and objectives of law enforcement agencies. The support of the Police Chief, along with a dedicated cadre of law enforcement professionals and adult volunteers who provide adult leadership, is essential to the success of the Hayward Police Department’s Explorer Post.

Explorers participate in:

- Law enforcement oriented weekly training

- Ride-alongs with police officers
- Traffic and crowd control during special events
- Assist the community at public festivals, events, etc.
- A one week Explorer Academy in San Diego

The Explorer Program provides an opportunity for service, practical experiences, competition and recreation. Activities are always conducted under the supervision of law enforcement officers and serve to demonstrate that Explorers can be beneficial to our agency and the community.

The Hayward Police Department Explorers recently participated in the 2024 Central Valley Explorer Competition, competing in 17 scenarios against 36 teams from police departments across California and Nevada. The HPD Explorers earned first place in the Critical Incident Scenario and third place in the Officer Rescue.



2024 Hayward PD Explorers. Photo Source: Hayward Police Department

Requirements for Explorer recruits include:

- Full-time student with a minimum 2.5 GPA
- At least 14 years old and not yet 19 1/2 years of age
- Attend Wednesday night meetings (5:30pm - 7:30pm), training events and other activities
- Participate in occasional weekend training and community activities

- Pass background check
- Interest in a law enforcement career

The Explorer program is seeking mature youth with good character and sound judgment who desire to be leaders.

How do you apply to be an Explorer? Contact the Explorer Program through the Hayward Youth and Family Services Bureau at (510) 293-7048.

What to do if you get a bad performance review: part 2

By ANNE CHAN, PHD, MFT

A performance review is not an objective appraisal—the process of being evaluated can be subjective and biased. Despite the flaws in the yearly evaluation process, getting a bad review can feel like a slap in the face. It is normal to feel like a failure and wonder what you did wrong. But there is a lot that an employee can do when confronted with a poor performance review. Last column, I wrote about the importance of taking a step back before responding to your boss. It is also critical to seek input from those who know your work performance well.

After you have received input, take stock of your situation. Generally, people who receive a poor review will have one of three beliefs. Which of these most accurately reflects your boss?

- A. My boss is evil or hates me and is out to get me.
- B. My boss is incompetent/ clueless and made mistakes in reviewing my performance.
- C. My boss is right and I need to do course correction.

Take an honest look at yourself and your situation. If you answered “A” and you truly believe that your boss is evil and is out to get you, ask yourself if you want to stay in this situation. Your best option might be to look for another job in a less toxic environment. You could go to HR, an employment attorney or EDD to file a complaint. Unfortunately, change doesn’t usually occur quickly enough to benefit the complainant. Another option is to write a rebuttal giving concrete examples of how you have measured up. You can ask for your

rebuttal to be included in your record. Your rebuttal might not prevent you from being let go, but it will feel good to have your say in the matter.

If you answered B or C and you believe that your boss is partially right or has made a mistake, you should first read through your evaluation carefully. The first order of business is for you to understand your boss’s viewpoint, rather than to defend yourself. Be honest with yourself as you note points that you agree or disagree with. Also note the parts where you need clarification. If concrete suggestions were given, note how you can act on them, when you plan to do so, and how you will measure your performance. If there is a point of disagreement, provide data and specifics to back up your claim. Also note any points that are vague or confusing.

Your next step would be to schedule a formal meeting with your boss to address these points. Start by expressing your commitment to the job and your willingness to work on the feedback. It is important to have an open and receptive attitude at the start of this conversation so that you and your boss can work respectfully toward a win-win agreement. Begin the conversation with the parts that you agree with and intend to work on. Showing that you have taken your boss’s viewpoint into serious consideration will help defuse tension and create a more collaborative and respectful tone. You can then move to the parts that you disagree with or are unclear about. Avoid asking questions that begin with the word

“Why”: This might make you sound whiny as opposed to professional. Instead, use thoughtful questions to understand your boss’s perceptions, such as “Can you give me two examples of instances when I did or did not do ABC?”

When handled professionally by both parties, performance appraisals, even those that are painful, can actually be a useful tool for career development. Hence, one piece of advice that I give my clients is to ask for more frequent reviews so they can get timely feedback over the course of the year. Taking charge of your career and the review process in this manner will help ensure that you get a strong yearly performance appraisal and are not blindsided.

Getting a good performance review is, of course, critical to feeling empowered and appreciated at work. However, it is worth remembering that you are infinitely more than your job. Here in Silicon Valley, we tend to identify so tightly with our work roles that we start believing our job titles are all that we are. Nothing is further from the truth—you are far more than the job title on your resume. Your boss might not be happy about your work performance, but her critique does not mean that you are a worthless person.

Anne Chan is a career consultant and licensed psychotherapist in California. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com. © Anne Chan, 2024

A FUND FOR FAMILIES

The Ranger Josh Fund aims to help provide mental health resources for families trying to support loved ones

By LISA PLACHY

Before her youngest brother died by suicide in 2023, Jasmine Basrai witnessed him cycle through diagnoses, facilities and bouts of recovery and crises. Though she and her family tried to be involved in his care, once Joshua turned 18, that became more difficult depending on the decisions he, as an adult, made for himself.

Helping Joshua relied on his consent—to keep his family informed, to allow his doctors to release medical information, to be in a state of sound decision-making. When these factors didn’t align, Jasmine and her family were extremely limited as to how they could intervene. And they didn’t know how to find information that would help them and their family member. Even after his death, many unanswered questions remained.

“As a relatively intelligent and well-versed person,” said Jasmine, “I never felt so helpless in my life.” It’s a scenario familiar to anyone with a family member who struggles with mental health issues, as Jasmine would hear over and over again from people after she helped start the Ranger Josh Fund (<https://www.hallerspharmacy.com/rangerjosh>). Named after her brother’s online gaming handle, the fund seeks to fill in the gaps of resources for both individuals struggling with mental health and, critically, their family members. It is supported by partnerships with the Washington Healthcare Hospital Foundation, the Hume Center and Alameda County.

Jasmine and the rest of the Basrai family launched the fund in April 2024, around the time of Joshua’s birthday and less than a year after his death. It was something she felt she could do quickly—and, with the help of Washington Hospital, realistically—to provide the resources that were missing for both Joshua and herself.

“There’s nowhere to go. It’s so frustrating. I wish by now, I could give you four phone numbers, say here’s five places,” says Jasmine about where families can turn to when they need help taking care of a loved one who’s struggling with mental health. Ideally the fund will help solve this, so she can offer



Photo courtesy of Haller’s Pharmacy **REACHING OUT** Jasmine says her brother Josh was “brilliant,” but it wasn’t always clear how to support his mental health.

something that says: “Look, you’re not alone.”

On the individual side, the fund has already opened up rooms at a Washington Hospital facility that serve as an alternative to emergency rooms—or worse, jail—as Basrai notes is common when someone is experiencing a mental health crisis.

On the family side, there is progress toward creating the kind of resources Jasmine wishes she would have had. The exact form is still to be determined. She’s thinking of a support line or a website—anything that offers guidance to someone who is struggling to help a family member manage mental illness.

What matters most to Jasmine is that these kinds of resources become more easily accessible. While she praises national efforts like the National Alliance on Mental Illness (NAMI) hotline, it’s important to serve her immediate Fremont community where she, Josh and her parents have lived most of their lives, helping provide essential vaccines during the pandemic and running Haller’s Pharmacy.

“I hope it stays local. I don’t need a national coalition. I don’t want this to happen to the next Josh, to the next Josh’s family,” she said.

That, she also hopes, will inspire more people to share their stories and their resources, to provide support before it’s too late. Ideally this will evolve the larger conversations around mental health—to focus not just on patients but also their families.

“So much goes into the individual going through the crisis. It affects the whole society, the whole fabric,” she says. The fund is still raising money and, with the power of an organization like Washington Hospital behind the fund, Jasmine feels they can create real change. “It gives me peace of mind that something will happen.”

If you or someone you know is in crisis, call or text the 988 Suicide and Crisis Lifeline at 988 (para ayuda en español, llame al 988). The Lifeline provides 24-hour, confidential support to anyone in suicidal crisis or emotional distress. Call 911 in life-threatening situations.

Park District Assistant General Manager for Operations selected for NACPRO Board of Directors

Submitted by JEN VANYA

East Bay Regional Park District (EBRPD) Assistant General Manager of Operations Lisa Goorjian has been appointed to the National Association of County Park and Recreation Officials (NACPRO) Board of Directors. NACPRO is a non-profit professional organization that advances official policies that promote county and regional park recreation and conservation issues. NACPRO is an affiliate of the National Association of Counties (NACo) and the National Recreation and Park Association (NRPA).

“I am honored by this prestigious appointment and thrilled to continue to represent East Bay Regional Park District’s perspectives and interests,” said Park District Assistant General Manager of Operations Lisa Goorjian.

NACPRO represents 279 professional and retiree members, 128 agencies across 35 states, and 29 NRPA Commission for

Accreditation of Park and Recreation Agencies (CAPRA) accredited agencies. NACPRO’s greatest strength is its peer network, which creates opportunities to exchange ideas and enhance professional development. Members are kept informed with curated news, research, technical reports, training opportunities and job openings. NACPRO also manages an annual awards program that honors excellence in parks and recreation at the county and regional levels throughout the nation.

“Common challenges facing park managers at the local and regional level include stable funding, increased visitor demands and traffic control, and climate change impacts,” said Goorjian. “NACPRO is a collective of like-minded park managers discussing solutions that are being used across the country that may be applied locally.”

Lisa Goorjian has over 25 years of public sector experience, exclusively in parks and recreation.

She has worked for city, county and state park agencies and two special park districts. She is a registered landscape architect in California and Oregon and possesses significant expertise in park and trail design and construction, operations, programming, stewardship and land acquisition. She is also a graduate of the NRPA Directors School with Honors.

NACPRO Board members meet monthly to participate in committees to evaluate and select annual award recipients, develop the legislative agenda, create the annual meeting program and serve as liaisons to NRPA, CAPRA and NACo.

www.ebparks.org



Photo courtesy of Raj Salwan **COMMUNITY MATTERS** Fremont city councilmember Raj Salwan joined the fundraising began at a Niles Rotary Club event.



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BollyBE: Be fit, be jolly

STUDENT TEACHES BOLLYWOOD DANCE AT LOCAL LIBRARIES



Anusha demonstrates a Bollywood dance end pose.
By **MONIKA LEE**
Photos by Sunita Upadhyayula

The term “Bollywood” comes from a combination of “Bombay,” which is now known as Mumbai, and “Hollywood.” The exciting, fast-paced dance style associated with this form of cinema may have originated in India, but it is now popular all over the world. Bollywood dance combines different styles including bhangra (a traditional folk dance of Punjab area in India), hip-hop, Arabic and jazz dance. Local student and Bollywood dancer, Anusha Upadhyayula, is conducting free Bollywood dance workshops for people



Anusha teaches a Bollywood dance class at Milpitas Library.

12 years and up at various South Bay libraries. She is teaching a workshop in the Milpitas Library in July.
Upadhyayula is the captain of the Bollywood dance team at Presentation High School in San Jose. Growing up she bonded with her family while watching Bollywood movies together. Upadhyayula especially loved the dancing scenes. She watched the movies over and over and eventually started learning the steps. She often spent hours a day boogying to the Bollywood beats. Upadhyayula does not come from a dancing family—her mother told her most of the family has two left feet and that she is pleasantly surprised Upadhyayula has become such an accomplished dancer.
As Upadhyayula grew up and encountered more people outside of the South Asian community, she was surprised many people did not know much about her culture and Bollywood. She was inspired to

bridge that cultural gap by teaching Bollywood dance. She calls her organization BollyBE and the catchphrase is “BollyBE: Be fit, be jolly.”
“When we listen to a song, regardless of the language, the human body naturally responds, whether it’s tapping feet or swaying to the rhythm. Rhythm, music and dance transcend language barriers and cultural divides,” Upadhyayula said. “The BollyBE dance workshops strive to bring a sense of diversity and awareness into the community, allowing people to learn more about South Asian culture in an active way, while having fun and celebrating the rich heritage it represents.” Upadhyayula pitched her idea of conducting Bollywood dance workshops to local libraries and convinced them her classes would be a valuable addition to their offered events.
A challenge she has had with teaching the dance workshops is catering to the students’

varying experience levels. Some of her students are from the South Asian community and have a background in Bollywood dancing while others are still brand new.
Upadhyayula starts each class with a warm-up and slowly adds dance steps, gaging each class individually as to how quickly she can progress. This makes every class accessible to people with no experience. Each class in a workshop features different dances so classes are self-contained and don’t build on the previous class. This allows students to come to any of the individual classes in the series or join all of them.
Upadhyayula invites people 12 years and up to groove to Bollywood music and learn the fusion of dance steps that is Bollywood Dance. Her next upcoming class is at Morgan Hill Library, and she teaches at various locations in the Santa Clara Library system, including in San Jose and Milpitas.
No prior experience or registration is required. Just dress comfortably, bring a bottle of water and enjoy dancing to the rhythm.

Bollywood Dance Workshops
Monday, July 22
7pm – 9pm
Morgan Hill Library
660 West Main Ave., Morgan Hill
(408) 779-3196
<https://scclld.org/>
FREE – no registration required

ComicCon Livermore

The fandom gathers again at the Tri-Valley celebration

Submitted by
RUTH EGHHERMAN
Photos courtesy of
Livermore Valley Arts

Following a well-received first-time last summer, Livermore Valley Arts (LVA) is once again partnering with O’Hana ComicCon to bring ComicCon Livermore to The Bankhead on Saturday, July 20. A place where fandoms collide and imagination knows no bounds, this year’s event will include a Costume Contest (on stage for the first time), face painting, photo booth, comics and anime. Unlike other ComicCons, this Tri-Valley celebration is free and open to the public.
Of special note this year, John Morris, the voice of Andy in *Toy Story*, *Toy Story 2*, and *Toy Story 3*, will be at ComicCon Livermore beginning at 11am. The guest of honor for the event, Mr. Morris will be onstage just before the costume contest, and he will have autographs available for purchase

during the day. The public is invited to experience this thrilling afternoon at The Bankhead Theater in Downtown Livermore.
This year’s ComicCon Livermore event promises to be an exhilarating celebration of all things geek culture, showcasing a vibrant tapestry of artists in all genres including graphic novel, manga, crime/noir, sci-fi, horror, fantasy, slice of life, adventure, humor and romance. In addition to showcasing the artists and the previously mentioned cosplay contest, anime and toy vendors, and special guest appearances, ComicCon Livermore will be the ultimate destination for fans of all ages to come together and celebrate. Vendors and exciting activities to look for also include King Kong Comics and Games, Towne Center Books, henna art and art demonstrations. Guests are invited to grab their cape, dust off their masks and get ready to showcase their art for ComicCon Livermore!



To compete in the costume contest, register on the day of the event.
To sign up for the costume contest, interested participants must register at The Bankhead on the day of ComicCon with Ziggy of O’Hana ComicCon between 11am – 12pm. The contest will take place on the Bankhead Stage from 1pm – 2pm. Free for all participants.
ComicCon Livermore
Saturday, July 20
11am—4pm
Bankhead Theater
2400 First St., Livermore
www.LivermoreArts.org
Admission Free



ComiCon Livermore is free and open to the public.

WOMEN CREATE SPACE: CALL FOR ARTISTS

Submitted by
OLIVE HYDE ART GUILD

Olive Hyde Art Gallery is excited to present a new call for art, “Women Create Space,” a regional juried exhibition. This upcoming exhibition is a collaboration between the City of the Gallery and Northern California Women’s Caucus for Art (NCWCA). The call is open now!
Women Create Space will spotlight women sculptors and 3D artists of the Northern California Women’s Caucus for Art and Olive Hyde Art Guild in a gallery-wide installation at the City of Fremont’s Olive Hyde Art Gallery.
Categories Accepted
Original 3D artwork created through the media of sculpture, assemblage, mixed media, fiber art, installation, ceramics, glass art. (No reproductions.)
Jurors
Leah Andrews, Curator,
Olive Hyde Gallery
Elizabeth Addison MFA,
NCWCA Exhibitions Chair,
Visual Artist, Educator, Curator
Karen M. Gutfreund,
Independent Curator, Consultant,
Artist
Exhibition Directors
Leah Andrews, Curator,
Olive Hyde Gallery

Elizabeth Addison, NCWCA Exhibitions Chair, Visual Artist, Educator, Curator
Women Create Space will be open to Bay Area Region Women sculptors and 3D artists (including those who identify as female/women, nonbinary). Artists selected by the jurors whose work cannot be hand-delivered or shipped will have their work exhibited in the NCWCA Online Gallery.
NCWCA, SCWCA, and Olive Hyde Art Guild Members are eligible for a discounted entry fee of \$15. The public/non-member entry fee is \$30.
DEADLINE FOR SUBMISSION
Wednesday, July 24, 2024, 11:59pm your time zone
Artists will be notified by Monday, July 29, 2024 by email only. If notification is not received by end of day July 29, 2024, please check your email spam folder and contact, elizabeth@ncwca.org.

Women Create Space
Virtual Exhibit
Thursday, August 8 - Saturday, October 5
Gallery Exhibit
Thursday, August 15 - Saturday, October 5
Opening Reception
Friday, August 23
7pm - 9pm
Olive Hyde Art Gallery
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510-791-4357
<https://olivehydeartguild.org/>

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You're a celebrity! You are writing your autobiography for *Celebrity* magazine. Tell all about how you became famous.

Standards Link: Write descriptively using main idea and supporting details.

Mayor Dutra-Vernaci

AN INTERVIEW WITH UNION CITY’S FIRST FEMALE MAYOR

By JACK ALCORN

Carol Dutra-Vernaci made history on December 11, 2012 when she was sworn in as the first female mayor of Union City. Now she is in her third term as Union City Mayor.

Mayor Dutra-Vernaci granted Tri-City Voice an interview in which she spoke of her enthusiasm and commitment for the people she serves and the progress Union City has made.

When asked, “What do you see as Union City’s greatest strength?” the mayor replied, “In one word: people. And the reason I say *people* is that besides our residents and those that are willing to participate and be part of the team, as I like to call it, it’s our staff. Our staff has shown a dedication to the city, and that I’m very proud of.”

Dutra-Vernaci is a third generation Union City resident. She grew up in Decoto, and now lives in Alvarado. She graduated in the class of 1972 from James Logan High School, and is an alumna of California State University East Bay (formerly Hayward) with a degree in Psychology and Taxation education. Dutra-Vernaci brings more than 30 years of business experience to the role of mayor. She has owned and

operated an income tax business in Union City since 1986.

The mayor’s city service began in 1988 where she served as a member of the original Redevelopment Advisory Committee and Planning Commission. In 1997 she was elected to the city council where she served for thirteen years. The mayor continues her participation and leadership with several local nonprofits in the fields of education, health care and youth activities and with Lions Club of Union City.

When it comes to young women who are considering a career in politics, the mayor shared, “Be involved. Politics is about people, and to really know the people and have people be able to talk to you, they need to know you. And the way they’re going to get to know you is if you’re involved in organizations and also just being out and about...having a friendly attitude.”

The mayor recounted her vision for Union City. “My dedication is and always has been inclusiveness...As we strengthen the inclusiveness, I have learned, there are folks out there that still may not feel like they’re included. So that’s where the work is and that’s where the vision is. As we come across those residents, to have the programs in place so that they do feel included.” During her term

in office, Mayor Dutra-Vernaci has put in place new internal administrative systems to help the people of Union City find the information and resources they need. “Our city’s top priorities include economic development, housing, and of course, the homelessness situation...to get people out of a homeless situation and into housing.”

Dutra-Vernaci recently added a new staff member to augment economic development and increase revenue. “We’re trying to grow our economic development activities for our businesses,” said the Mayor. “When you have all of that in place, that does help improve the quality of life for residents.”

The mayor spoke highly of her staff. “Our current city manager started out in the city when I was a planning commissioner in the early ‘90s. The longevity speaks for itself. Our current police chief started as an officer in Union City in the middle ‘90s as well. Under their leadership they have built an excellent staff.”

Regarding the work of the City Council, the mayor said, “The current city council is the first city council where we’ve had our districts, city districts fully implemented... Prior to this, the city councils were elected at large... So, as we are making our politics



Mayor Carol Dutra-Vernaci Photo: City of Union City

decisions, I think that’s something that’s very important. Doing the most good for the most people by thinking about the big picture in the entire city.”

The mayor shared a favored accomplishment from her service to the city. “That revolves around transportation and our Union City BART station. We have 800-unit housing projects currently underway; we’ve got the opening of the east side of our BART station. Since I have been mayor, we have really been working hard for what we’re now calling Quarry Lakes Parkway to come to fruition as a necessary roadway for the circulation around and within our Station District.

When asked if the mayor saw any emergent opportunities or potential for Union City, she stated, “We’re currently working on

Union City expanding its role as an intermodal station.” She continued, “What I’m referring to by that is the Altamont Commuter Express [train]. It will be coming into Union City, connecting people from as far as Chico in the north and Merced in the south. So that’s something exciting that will be the current endpoint for high-speed rail.”

Mayor Dutra-Vernaci shared, “Come December, I’ll have spent 36 years in service to the residents of the city. I will certainly end my involvement in Union City as an elected official for the city. But I know that I’m still going to remain involved because I’ve lived here my entire life and want to continue to contribute in whatever capacity that might be.”

New laws took effect July 1, 2024

By TODD GUILD
Weeklys Media Group

Below is a list of new state laws that affect the workplace, firearms, rental security deposits and more.

Security Deposit Cap (AB 12)

On July 1, a law took effect that prohibits landlords from charging more than one month rent for security deposits.

Assembly member Matt Haney, who authored the bill, said the practice of charging two or three times the monthly rental cost can create “insurmountable barriers” to housing affordability.

California joins eleven other states in the country to limit security deposits to only one month’s rent.

AB 12 does not impact small landlords that own only two properties with a total of no more than four units.

Landlords can still seek damages from tenants who are responsible for harm to the property that exceeds the amount of the security deposit.

Ammo And Gun Tax (AB 28)

Otherwise known as the Gun Violence Prevention and School Safety Act, the new law imposes an 11% tax on guns, gun parts

and ammunition.

It is expected to raise \$160 million annually to fund school safety and violence prevention programs, including initiatives to prevent mass shootings, bolster firearm investigations and remove guns from domestic abusers.

Building Homeownership (SB 684)

Requires jurisdictions to approve housing projects with 10 or less units, on lots less than five acres, without public hearings and votes. Applies in areas that are zoned for multifamily housing.

Senator Anna Caballero, who authored the bill, says it expedites the permitting process to encourage construction of small homeownership development projects.

Date-Rape Drug Testing Kits in Bars (AB 1013)

Requires bars and nightclubs to offer testing kits that detect the presence of drugs used to spike or lace drinks that are often used as a means to facilitate sexual assault.

Authored by Assembly member osh Lowenthal.

Eliminating Hidden/Junk Fees (SB 478)

Bars businesses from adding undisclosed fees at the end of transactions. Includes online

event tickets, lodging and other transactions.

Senator Bill Dodd said the new law will “level the playing field” for consumers.

“Restaurant customers shouldn’t be surprised when they get their checks by a slew of extra charges they were not expecting,” Sen. Dodd said. “Many restaurants are up-front with their business practices but too many aren’t, necessitating action,” Dodd stated in a press release.

A companion bill, SB 1524, mandates that all fees are clearly posted and visible at businesses.

Keep Kids in School (SB 274)

Prohibits schools from suspending Transitional Kindergarten-12th-grade students for “willful defiance” such as wearing a hat backward, falling asleep in class, or “talking back to a teacher,” Author Sen. Nancy Skinner said.

In a press release, Skinner said that these suspensions have been disproportionately directed at students of color, LGBTQ students, students who are homeless or in foster care and those with disabilities.

“Suspending students, no matter the age, doesn’t improve student behavior, and it greatly increases the likelihood that the student will fail or drop out,” she stated in a press release.

Menstrual Products in Schools (AB 230)

Extends existing law to require schools with any combination of classes from grades 3 to 12 to offer free menstrual products in the school’s restrooms. Authored by Assembly member Eloise Reyes.

Right to Repair Act (SB 244)

Requires companies that make consumer electronics to provide replacement parts, diagnostic information, and service literature to consumers and repair businesses.

Author Susan Eggman says the bill gives consumers the ability to repair their devices, and also helps reduce the number of electronics that are thrown out every year.

Workplace Violence Prevention (SB 553)

This new law requires most California employers to create a workplace violence prevention plan, and to train their employees on the plan.

Sen. Dave Cortese said that SB 553 was inspired by the mass shooting at the Valley Transportation Authority rail yard in San Jose, in which a gunman killed nine people.

On that horrible day, we quickly realized how safety protocols can and must be enhanced. In the following days and months, more solutions for preventing workplace violence emerged,” Cortese said.

continued from page 1

Oakland Zoo prepares for the departure of African elephant

to take residence. The Zoo must invest in renovating the 35-year-old habitat (including the barn and behind-the-scenes areas) and evaluate the long-term wellbeing of whichever species it commits to. This endeavor may take at least 18 months.

The zoo has maintained an elephant program for 75 years, which has evolved into the industry-leading program it is today. With a 35-year commitment to elephant conservation in the wild and advocating for elephant welfare under human care, the zoo sees this move as a pivotal moment to reaffirm its commitment to elephants.

“Oakland Zoo’s ‘elephant program of the future’ requires much more than our habitat and facilities can provide today

for this species to thrive in human care. Our commitment to supporting the success of elephants remains unwavering, although our participation in their success may need to evolve,” says Nik Dehejia, CEO of Oakland Zoo.

The zoo will continue to support its elephant partners who combat poaching, collaborate with communities to stop the illegal wildlife trade and promote coexistence with this iconic endangered species.

Osh has lived at the Oakland Zoo for 20 years. During this time, many guests and followers of the Zoo have made memories with him. The zoo wanted to honor the bonds people have formed with Osh by announcing his move early and providing ample time for people to say goodbye before he leaves this fall.

The zoo urges guests and followers to submit their Oakland Zoo Elephant Memories by emailing photos and videos of the elephants throughout the years to web@oaklandzoo.org.

The zoo is accepting donations for its elephant campaign at www.oaklandzoo.org/elephantfund. For more updates on Osh as he prepares to leave, visit www.oaklandzoo.org/elephants.

Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org



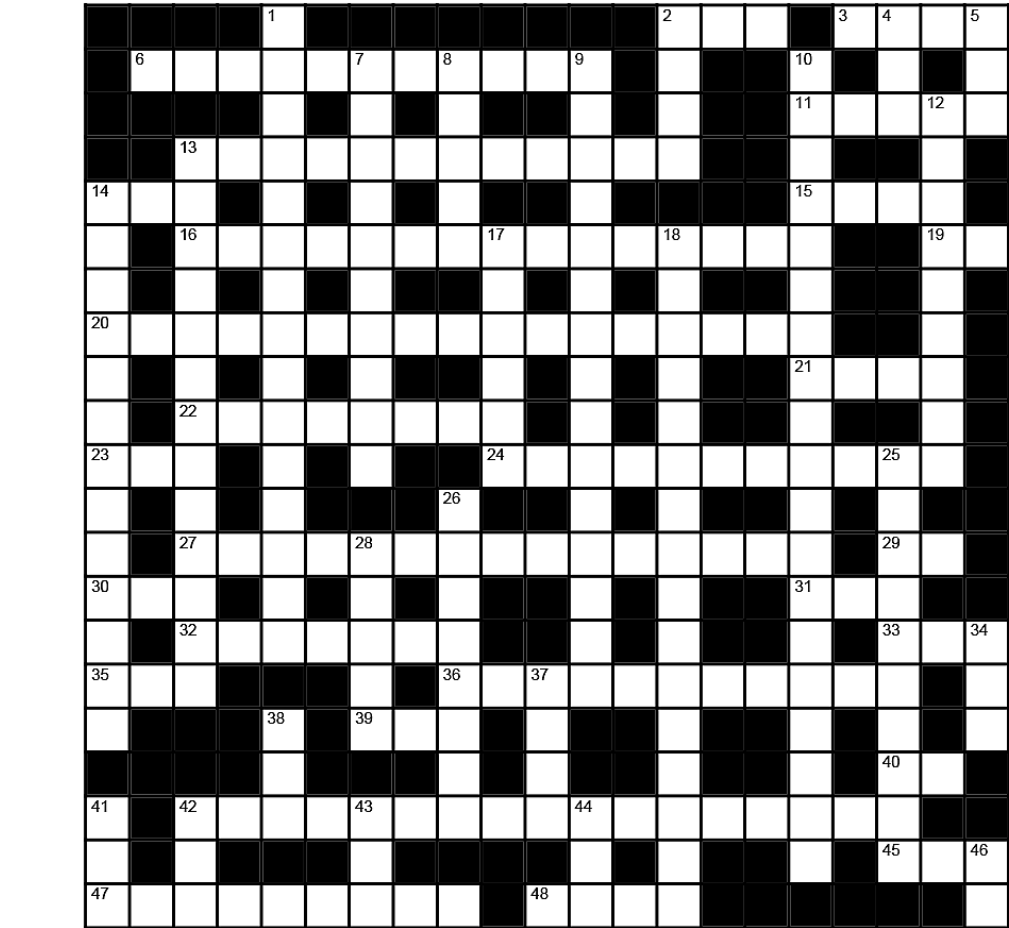
In Fall 2024, African elephant Osh will leave Oakland Zoo for The Elephant Sanctuary in Tennessee where he can mingle with fellow elephants



In Fall 2024, African elephant Osh will leave Oakland Zoo for The Elephant Sanctuary in Tennessee where he can mingle with fellow elephants

Mind Twisters

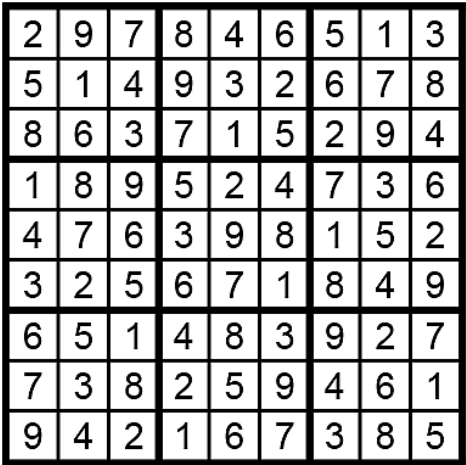
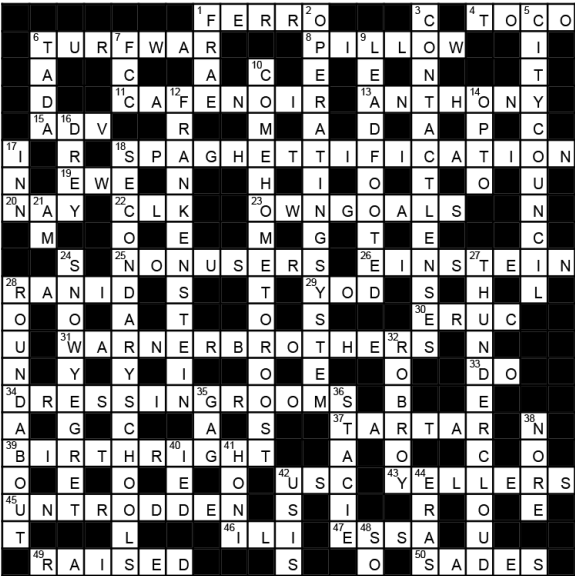
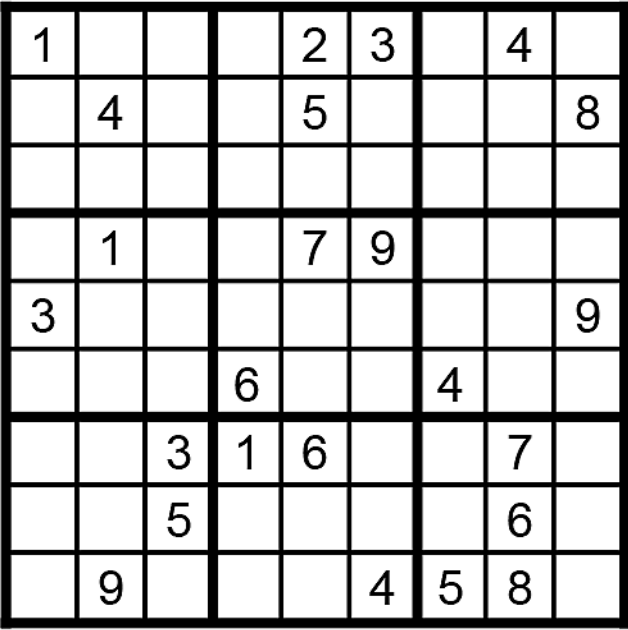
Crossword Puzzle



Across		30	"Solaris" author Stanislaw (3)	8	Astronomer ____ Brahe (5)
2	" ____ queen!" (slangy affirmative) (3)	31	Alkaline liquid (3)	9	Popular high school course (6,9)
3	____ out (fall asleep) (4)	32	Nickname (7)	10	IGN named it the funniest TV show of all time (8,11)
6	Hopping mad (3,2,2,4)	33	"Bad idea" (3)	12	Cockpit device (9)
11	Amount of assessment (5)	35	Bread served with korma (3)	13	"Billy Bathgate" star (6,7)
13	Tooth decay, to professionals (6,6)	36	Declining to draw (8,3)	14	Treachery (6-7)
14	"Lady of the Lake" outlaw (3)	39	Egyptian cotton (3)	17	Horse operas (6)
15	Islet: Var. (4)	40	Part of "be" (2)	18	'FIRST in war, FIRST in peace...' man (6,10)
16	Hang tough (5,2,4,4)	42	Fun? (12,5)	25	Several days ago, say (6,4)
19	"No kidding!" (2)	45	Hooker and Maxx (3)	26	Region of South Africa (8)
20	RAZE (5,4,3,5)	47	Feigned (9)	28	Actress Rogers et al. (5)
21	Kind of income (4)	48	"Little Shop of Horrors" dentist (4)	34	March sound (3)
22	Sci-fi vehicle (8)			37	High: Prefix (4-)
23	Batman and Robin, e.g. (3)	Down		38	Coolers, for short (3)
24	Name of the hospital on "Scrubs" (6,5)	1	Enthusiastic response (8,7)	41	Law firm letters (3)
27	Appraiser's guideline (4-6,5)	2	Cries of pain (4)	42	Martinique, e.g. (3)
29	*Part of Georgia named for a relative of baseball legend Ty (2)	4	Food scrap (3)	43	Beanie Babies, e.g. (3)
		5	"Hooked on Classics" record company (3)	44	Always, to a poet (3)
		7	Slate (10)	46	Therefore (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK OF JULY 16, 2024

All Signs: This week we will throw off the chains of stagnation and tradition. It's time to be bold and daring! All kinds of possibilities await us including career changes or an increase in wealth and abundance. Fiery Mars is lined up with wild, unpredictable Uranus, which will give us marvelous opportunities to explore new paths. Now is the time to let go of inhibitions, habits and fears that keep us in a rut. Be open to what is possible!

Aries the Ram (March 21-April 20):

Home, family and your private life are your focus, which is why many of you are having family discussions, especially about home repairs. Social outings and playful activities with kids will also be enjoyable. However, the main area where you can shake things up this week will relate to earnings, cash flow, and assets. You might see ways to earn more money. You might buy something unusual for yourself. You might take a new approach to reorganizing. You might decide to be self-employed. Could be anything!

Taurus the Bull (April 21-May 20):

An exciting, fast-paced week! Expect to see new places and meet new faces! Discussions with siblings, relatives and daily contacts will be invigorating! You might entertain at home. (You're a great host.) Meanwhile, check out real-estate opportunities. It's important to know that this special conjunction of Mars lining up with Uranus is taking place in your sign! This is why you feel rebellious, independent, excited, and ready to take on the world! This could manifest in dramatic ways; or it could be a quiet, little revolution taking place in the back of your mind.

Gemini the Twins (May 21-June 20):

You might feel unsettled and restless this week. This is because the unusual conjunction of Mars with Uranus is taking place in a hidden part of your chart. In other words, the universe is trying to light a fire underneath you, but you might not know why. No worries. This planetary aspect is

meant to challenge complacency and routine. It wants to make you more alert to the opportunities and possibilities all around you! Reach out and socialize! Contact an old friend. Think of new ways to boost your earnings.

Cancer the Crab (June 21-July 21):

This unusual conjunction of fiery Mars with unpredictable Uranus is a bugle call for you. Your sign is comfortable with routine. However, you are supportive and caring about your friends. This week is a wake-up call for you to get in touch with friends you haven't seen for a while. Reach out to acquaintances, especially members of groups or organizations to which you have belonged. Many of us have forgotten our old ways of socializing because of Covid. Those restrictions for several years really changed things, and it's hard to wake up again!

Leo the Lion (July 22-August 22):

This week's conjunction of fiery Mars with unpredictable Uranus is taking place at the top of your chart. This means your ambition is suddenly ignited! You might change your career direction completely! You might choose a new life path. You might take on an exciting new project. You might do something that is apparent to others, which means they see you as taking a new stand or acting differently. One thing is certain: you have the courage, the confidence, the determination and the resolve to go after your dreams!

Virgo the Virgin (August 23-September 22):

Hello Virgo! This is an exciting time! You look good to others because people see you as successful,

competent and affluent. Not only do you have a successful image right now, this is a popular time for you, especially with younger people. These two influences might combine to create sudden travel opportunities. Or you might change travel plans? Others will have chances to take courses or go back to school or learn something new. Opportunities in publishing, legal matters, or medicine might also surprise. Whatever happens will be liberating!

Libra the Scales (September 23-October 22):

The Sun is at high noon in your chart. This means you look attractive to others, which is why many of you will be asked to take on increased responsibilities. (You can pull it off. This attractive image you create now is an illusion, but you can trust it.) Friendships are important to you, especially with creative, artistic types. Meanwhile, this wild and crazy conjunction of fiery Mars and unpredictable Uranus takes place in one of your Money Houses! Unexpected money might come your way. You might receive a gift or a favor.

Scorpio the Scorpion (October 23-November 21):

More than any other sign, you're eager for change and adventure. Many interesting possibilities exist for you this week because this unusual conjunction of fiery Mars with wild, unpredictable Uranus is directly opposite your sign. Traditionally, this means your closest relationships will be a source of surprise. You might meet someone new or unusual? Or someone close to you might change things. They might want a new arrangement. They might do something that

surprises you. Meanwhile, you're hungry for change and adventure!

Sagittarius the Archer (November 22-December 21):

This is an exciting week because many possibilities exist for you! You might have unexpected news related to your health? Or you might get a new pet because you are such an animal lover. (Note: Do be vigilant because there is a remote possibility this could be an accident for your pet.) In addition, many of you will also adopt a new attitude about your job. You might quit and be self-employed. Something unusual might take place at your job, perhaps related to equipment or technology. Something will make you freer and more autonomous!

Capricorn the Goat (December 22-January 19):

This is an exciting week! Your strong focus on your closest relationships and partnerships continues. In fact, important discussions might be taking place. Meanwhile, gifts, money and favors can come your way; plus, opportunities to improve your job exist. But this week, the unusual conjunction of fiery Mars and Uranus takes place in the part of your chart associated with children, vacations, socializing, sports and the arts. In these areas you might suddenly have a surprising chance to open up your life! Say yes because this window of opportunity will be brief.

Aquarius the Water Bearer (January 20-February 18):

You're working hard. Fortunately, relations with partners and close friends are warm and supportive right now. The area where you might expect a few surprises (and opportunities) will

be related to your private life – anything to do with where you live and family members. You might have an opportunity to move or make major changes to where you live. Some of you will be surprised at news from a family member. Many will take a stand that makes you feel liberated from an oppressive situation.

Pisces the Fish (February 19-March 20):

This is a great time for vacations, social outings, fun activities with children, sports events and the arts. Socialize! Take a vacation! Things are smooth at work because coworkers are supportive. (This is a wonderful time for romance, even a work-related affair.) However, pay attention to everything you say and do because this is an accident-prone week for you. On the upside, new contacts and ideas might surprise you! The main difference will be your attitude. This week, you're courageous, bold and inventive! Nothing will hold you back.



By Georgia Nicols
www.georgianicols.com.

Home & Garden

Winning perennial plant adds color and fragrance



Jeana garden phlox (*Phlox paniculata* 'Jeana') is the 2024 Perennial Plant of the Year.

By **MELINDA MYERS**
Photo courtesy of MelindaMyers.com

Add long-lasting beauty and pollinator appeal to your garden with this year's Perennial Plant of the Year, Jeana garden phlox (*Phlox paniculata* 'Jeana'). Selected for its tall sturdy habit and fragrant dense flower heads, it is a welcome addition to perennial, meadow and pollinator gardens as well as mixed borders.

Grow this perennial phlox in full sun with a bit of afternoon shade in hotter climates. It is hardy in USDA zones three to eight, growing and flowering best in moist, fertile and well-drained soil.

The Perennial Plant of the Year (PPOY) is selected by members of the Perennial Plant Association for its suitability to a wide range of climatic conditions, low maintenance,

relative pest and disease resistance, availability, and multiple seasons of beauty. This program began in 1990 and you can find out more about past winners on the Perennial Plant Association website.

This cultivar of the North American native *Phlox paniculata* was discovered growing along the Harpeth River near Nashville, Tennessee. It was named for the woman, Jeana Prewitt, who discovered this plant. It was a standout with its mildew-resistant foliage. Jeana is the head gardener at Bedside Manor in Brentwood, Tennessee. She took cuttings of the plant and began propagating it. In time, it was declared to be a new cultivar and has been available for several years.

Mt. Cuba Center, a botanical garden in Delaware, found it to be the best-performing phlox in their trials and it attracted more butterflies than the other garden phlox in the

two-year study. Fifteen volunteers from the Pollinator Watch Team conducted weekly observations of 94 different phlox over two years. Jeana had 539 butterfly visits—much more than any other phlox in the study—and is especially attractive to eastern tiger swallowtails.

Enjoy the lavender-pink flowers with wine-colored eyes that cover the plant from mid-summer to fall. Although each flower is smaller than other garden phlox, the dense cone-shaped flower head is made up of hundreds of individual petals providing a beautiful show. Removing faded flowers, also known as deadheading, promotes continued bloom and prevents the self-seeding of inferior seedlings.

Combine this three-to-five-inch-tall plant with other perennials like Amsonia, Shasta daisies (*Leucanthemum x superbum*), Iron Butterfly ironweed (*Vernonia lettermanii*

'Iron Butterfly'), coneflowers (*Echinacea*), and switch grass (*Panicum virgatum*). Or use it as a backdrop for shorter plants like alliums and woodland sage (*Salvia nemorosa*).

Look for places to add this late-season bloomer to your gardens and landscapes. You'll enjoy the flowers and butterflies that stop by for a visit.

Melinda Myers has written over 20 gardening books, including *Midwest Gardener's Handbook, 2nd Edition* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* instant video and DVD series and the nationally syndicated *Melinda's Garden Moment* radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Myers' website is www.MelindaMyers.com.



Jeana garden phlox (*Phlox paniculata* 'Jeana') is the 2024 Perennial Plant of the Year.



Jeana garden phlox (*Phlox paniculata* 'Jeana') is the 2024 Perennial Plant of the Year.



THE ACWD CONNECTION



Water Rates Workshops

Join Alameda County Water District for a series of financial workshops focusing on ensuring water rates are sufficient to fund the cost of water service. Topics will include the District's current financial status, expenditure forecasts, and water rate-setting matters such as rate structures and the allocation between fixed and variable consumption charges. Participate in the meetings and provide your input.

Water Rates Workshops:

- July 18
- August 22
- September 26

Each workshop is open to the public and will begin at 4 p.m. Details about the workshops, including presentation materials for July 18, and how to attend are available at acwd.org/rates.





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Animal Shelter



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www.HaywardAnimals.com

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(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Arky is a 2 year old tan shepherd mastiff mix. Arky is a big ole boy that loves to take you for a walk, not vice versa. Arky has plenty of energy, but knows how to be a big cuddle. Arky is already chipped and is looking to start his new life in a home. To adopt or meet Arky contact Hayward Animal Shelter 510-293-7200



Calvin is a 8 month old brown and white Pitbull mix. Calvin has a soft demeanor and really would do best with some confidence building. Calvin loves toys and is good for some activity or excercise. Calvin is best suited for older kids and up. To adopt or meet Calvin contact Hayward Animal Shelter 510-293-7200

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING
EVENTS

Mondays and Thursdays
Food Garden Volunteer

9am - 12pm
Learning from experienced gardeners.
LEAF CR Stone Garden
55 Mowry Ave., Fremont
volunteer@fremontleaf.org
Volunteer agreement form is re-
quired.

Tuesdays

East Bay Games Meet

6pm - 10pm
German/Euro style board games and
card games.
Swiss Park
5911 Mowry Ave., Newark
(510) 936-2523
meetup.com/east-bay-games
sfdavidkaye@yahoo.com

Tuesdays

East Indian Seniors R

2pm - 4pm
Anyone who is retired and of Indian
origin or interested in Indian culture
is welcome to join us.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
Second and Fourth Tuesdays of the
month

Tuesdays

LEGO® Time

3:00 pm - 4:30 pm
Use your imagination and engineer-
ing skills to create your own LEGO®
designs.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
Drop-in. For everyone.

Tuesdays

Music and Storytime

11:30am - 12:00pm
Join us for stories, music, and move-
ment.
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
For babies, toddlers, kids, and
preschoolers.

Tuesdays

Comfort & Joy Ukulele R

1:30pm - 3:00pm
A group of ukulele players with vol-
unteer leaders to practice familiar
songs as well as learning new.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606

Wednesdays

Folk Dancing Social R

9:00am - 10:30am
Join together in the wonderful spirit
of dancing and savor the beautiful
music from all over the world.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606

Wednesdays

Book Club AWC R

10am - 12pm
The book club meets for stimulating
discussions.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
Second and fourth Wednesdays of
the month

Thursdays

International Folk Dancing R\$

11:15 pm - 1:00 pm
Celebrate the cultural roots and tra-
ditional life of various countries.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
In English and Chinese.

Thursdays

Bocce Ball Class R

11am - 12pm
Learn how to play Bocce Ball.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
Rain will cancel class.

Arts & Entertainment

Thursdays

Chinese Calligraphy Social R

2pm - 4pm
Bring your own supplies and socialize
and have fun while doing calligraphy.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
There is no teaching on site.

Thursdays

Historic Days

10am – 4pm
Ride a narrow-gauge train, tour the
beautifully restored Patterson House
Museum. Every historic day ends
with an animal feeding at 3 pm. This
is a drop-in program; no registration
is required. Disabled accessible. Ar-
denwood admission fee applies.
Ardenwood Farms
34600 Ardenwood Blvd., Fremont
(510) 544-2797

Thursdays

Chinese Music Ensemble R

1:00 pm - 3:30 pm
Open to all who are interested in per-
forming traditional Chinese music.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606

Thursdays

Family Board Game Night

3:30 pm - 5:30 pm
Play together with family and
friends, or make some new friends at
the library.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
Board games will be provided.

Thursdays

The Peaceful Poets

5pm - 8pm
Join a Milpitas-based group of writ-
ers and appreciators of poetry.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
For teens, adults, and seniors.
Last Thursdays of the month

Thursday, June 13 – August 3
54th Annual Textile Exhibition

Thurs - Sun; 12 noon – 5pm
Artwork will showcase a variety of
textile techniques including quilting,
macrame, wearables, sculpture, hand-
dyed/painted fabrics, and much
more.
Olive Hyde
123 Washington Blvd., Fremont
(510) 791-4357

Thursday, August 14 – Satur-
day, October 5

Women Create Space juried
exhibition

Women Create Space will spotlight
women sculptors and 3D artists of
the Northern California Women's
Caucus for Art and Olive Hyde Art
Guild in a gallery-wide installation.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357

Thursdays and Saturdays

Story Time

10:3am - 11:00am
Picture book story time
Banter Bookshop
3768 Capitol Ave. Ste. F, Fremont
(510) 565-1004
bit.ly/3VFpbc

Fridays and Saturdays

Free Telescope Viewings

7:30pm- 10:30pm
Join Chabot astronomers on the Ob-
servatory Deck for a free telescope
viewing!
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
chabotspace.org/calendar
Weather permitting.

Friday - Sunday, July 19 – Au-
gust 4

StarStruck Theatre's Beauty and
the Beast

This summer join StarStruck as we
step into the enchanted world of
Broadway's classic, Disney's Beauty
and the Beast, an international sensa-
tion that has been produced in 37
countries worldwide. Based on the
Academy Award-winning animated
feature, the stage version includes all
of the wonderful songs written by

Alan Menken and the late Howard
Ashman, along with new songs by
Mr. Menken and Tim Rice. The
original Broadway production ran for
over thirteen years and was nomi-
nated for nine Tony Awards, includ-
ing Best Musical.
Ohlone College
Smith Center
43600 Mission Blvd., Fremont
starstrucktheatre.org
(510) 659-6031
Tickets: \$25 - \$35

Saturdays

Laugh Track City R\$

8pm
Series of improvised games and
scenes
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
madeuptheatre.com

Saturdays

Free Beginner Pickleball Lesson

12pm - 2pm
Free pickleball lesson taught by a
USPA professional.
Hall Memorial Park
304 La Honda Dr, Milpitas
(408) 586-3210
Drop-in. Weather permitting.

Saturdays

Teen Cohort for Outdoor Edu-
cation R\$

10am – 4pm
Meet new friends, build outdoor
skills, and get to know your commu-
nity as we participate in activities,
such as Hayward Shoreline Hike and
Clean-Up, Quarry Lakes Excursion;
Coyote Hills Excursion; Fishing;
rock climbing on our 28-foot rock
wall, hiking; and a Sulphur Creek
Guided Tour.
Ashland Community Center
1530 167th Avenue, San Leandro
Noel Munivez: (510) 317-2303
munnn@HaywardRec.org

Saturday, July 20 - Sunday,
August 4

Waiting in the Wings

Saturday: 8pm
Sundays: 2pm
The play explores ins and outs of
daily life within a framework of both
the pleasures and sadness of aging.
Hanging over the community are the
whims of the theater board that runs
the home.
Fridays, Aug 9 & 16: 8pm
San Leandro Museum/Auditorium
320 West Estudillo Ave., San Lean-
dro
(510)895-2573
www.slplayers.org
Tickets: \$25 general; \$20 seniors &
under 12 (other discounts may
apply)

Sundays

Farmyard Games

1pm
Join us for some old-fashioned fun!
Try your hand at classic American
pastimes including stilts, sack races,
and the potato-spoon race. This is a
drop-in program; no registration is
required. Ardenwood admission fee
applies.
Ardenwood Farms
34600 Ardenwood Blvd., Fremont
(510) 544-2797

Sundays

Practice Your English: Group
Conversation for Adults

2pm – 3pm
Improve your conversation skills by
chatting with other people about
everyday topics in a friendly, wel-
coming group
Castro Valley Library
3600 Norbridge Ave., Castro Valley

Sundays - Saturdays

Recreational Swim \$

12:30pm - 5:00pm
Attractions may vary.
Silliman Activity and Family Aquatic
Center
6800 Mowry Ave., Newark
(510) 578-4620
bit.ly/3nxo0is

Sundays

Larry "O" Teen Workshop

10am - 12pm
Used bikes, bike parts for sale and
bike repair.
Larry Orozco Teen Workshop
33623 Mission Blvd., Union City

(510) 675-5487
www.unioncity.org/723/Larry-O-Teen-Workshop
RobertS@unioncity.org
Donation accepted.
Second and fourth Sundays of the month

UPCOMING
EVENTS

Wednesday, July 17
Magical Mark
1pm – 2pm
Magical Mark is a full-time professional magician who has been delighting audiences across the greater Bay Area for over 7 years. This interactive program brings everyone together for an experience that is both entertaining and inspiring.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900

Thursday, July 18
Animal Show: Wild, Odd and Weird
11am – 12pm
See unique animal wildlife up close! Learn about animal senses, personalities, and how they treat their young and interact with each other.
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464

Friday, July 19
Trolls 3 Movie Night
8pm
Gather everyone together, pack up your snacks, grab your cozy lawn chairs and blankets, and don't forget those flashlights. We'll be screening "Trolls 3" (PG) for an evening of adventure and excitement. No registration required.
San Lorenzo Community Park
1970 Via Buena Vista, San Lorenzo
(510) 881-6700
info@haywardrec.org

Saturday, July 20
Niles Dog Show
9am – 3pm
Pancake breakfast, doggie water park, Fremont Police K-9 demonstration, food and vendor booths, prizes and more.
Niles Community Park
37697 3rd St., Fremont
(510) 494-4300

Saturday, July 20
Adopt-a-thon with Inclusive Innovators
10:30am – 12:30am
Learn simple engineering while making interactive, battery-operated toys more accessible for children with disabilities.
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464

Saturday, July 20
Family Bird Walk
12pm – 2pm
We'll begin by helping kids create their personal bird watching field guides, and then head out onto the trails to find those birds. A limited number of binoculars are available to borrow. Recommended for children ages 5-10. Inclement weather conditions could cancel. Tickets are free but are in limited numbers. Register via Eventbrite.
Don Edwards San Francisco Bay National Wildlife Refuge-Fremont
2 Marshlands Rd., Fremont,
www.fws.gov/event/family-bird-walk-3

Saturday, July 20
Comedy in the Plaza
5:00pm – 7:30pm
Award-winning actor, playwright, comedian, and talk show host Brian Copeland is producing and emceeing the event featuring some of his favorite comedians. The event is recommended for ages 13 and older. It is strongly recommended to arrive early to secure a good spot with a blanket or low-back lawn chair.
San Leandro Main Library
300 Estudillo Ave., San Leandro
SanLeandro.org/ComedyinthePlaza

Saturday, July 20 – Sunday, July 21
59th Annual Japanese Bazaar
Sat: 11am – 7pm
Sun: 11am – 3pm
Food, games, entertainment, silent auction. Plus, Taiko demos, Kendo, Ikebana exhibit, bookstore, crafts and more.
Southern Alameda County Buddhist Church
32975 Alvarado Niles Rd., Union City
www.sacbc.org
(510) 471-2581
Free admission

Sunday, July 21
10th Newark Mariachi Festival
Watch the performances of three local mariachi bands, Newark Children's Ballet Folklorico dancers and Ballet Costa de Oro. Bring lawn chairs and blankets. Food and drink will be available for purchase.
1pm - 5pm
Shirley Sisk Grove
NewPark Mall Rd., Newark
www.newark.org/departments/recreation-and-community-services

Sunday, Jul 21
Victorian Ice Cream Social & Arts and Crafts in Shinn Park
11am - 4pm
Step back in time and enjoy the peaceful atmosphere of Shinn Park while eating delicious ice cream and looking at local art around one of Fremont's historical sites.
Shinn Park
1251 Peralta Blvd., Fremont
Park Admission: Free
Tours of Shinn House: \$4 adults, \$2 children 7-15, under 7 free

Saturday, July 27
Party HARD in the Park
1pm – 4pm
Free carnival-themed family-fun. Dive into carnival games, groove with live entertainers, explore mobile recreation activities, and meet animals from Sulphur Creek Nature Center. No registration required.
Southgate Community Park
26780 Chiplay Ave., Hayward
(510) 881-6700
info@haywardrec.org

Tuesday, July 30
American Red Cross Blood Drive
11am – 5pm
Blood drive
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900

Thursday, August 1 - Friday, August 2
Heal with Art Workshop
10am – 12pm
Elementary age kids make get well soon cards, stress balls and port pillows to donate to patients in need.
35206 Cabral Dr., Fremont
https://tinyurl.com/healwart2024

Saturday, August 10
11th Annual Larry-O-Car Show
9am - 3pm
Displays of classic and custom cars, trucks and hot rods. Live music,



KITTENS FOR ADOPTION



RADA



Spunky & Stella



Bonnie & Gigi



Rizzo & Toto



ELROY



If you would like to learn more or apply for adoption, visit our website, or scan the QR code.

WWW.OHLONEHUMANESOCIETY.ORG

Ohlone Humane Society offers assistance with spay or neuter for your pets and community cats.

prizes, raffles and food trucks.
Ruggieri Center
33997Alvarado Niles Rd., Union City
(510) 675-5495

Saturday, August 10
Splash Day
1pm – 3pm
Teens (13-17) join us and beat the heat with inflatable water slides, water games and ice cream. Registration is free.
Register:haywardrec.org/register
Activity #29980
Meek Estate Park
240 Hampton Rd., Hayward
(510) 881-6700
info@haywardrec.org

Saturday, August 10
Annual Obon Festival
Food Sales: 5pm
Obon Dance: 7pm
Obon dancing, Japanese Music with the San Jose Chidori Band, and Japanese Foods. Everyone is invited. Optional: Obon Dance Practices
7pm on 7/30, 8/1, 8/5, 8/7 & 8/8
Southern Alameda County Buddhist Church
32975 Alvarado-Niles Rd., Union City
www.sacbc.org
(510) 471-2581

Saturday, August 17
Touch-A-Truck
1pm – 3pm
Touch-A-truck is a hands-on family event that allows children to explore a variety of vehicles up close. From public service emergency vehicles and fire trucks to police cars and utility trucks, kids have the chance to honk horns, push buttons and more. Register here at haywardrec.org/register
Activity #30942
San Lorenzo Community Park
1970 Via Buena Vista, San Lorenzo
(510) 881-6700
info@haywardrec.org

Friday, August 23
Under the Boardwalk Movie Night
8pm
Gather everyone together, pack up your snacks, grab your lawn chairs and blankets, and don't forget those flashlights. We'll be screening "Under the Boardwalk" (PG). No registration required.
Castro Valley Community Park
18988 Lake Chabot Rd., Castro Valley
(510) 881-6700
info@haywardrec.org
Free

Summer
Concerts

Groovin' at the Grove
Friday, July 26
5pm – 7pm
Gates open 4 p.m.
July 26 Opening: One More Time; Headliner Tortilla Soup
Shirley Sisk Grove (by NewPark Mall)
39270 Cedar Blvd., Newark

Milpitas Summer Concert Series
Friday, July 19
6:30pm – 8:30pm
Jive Machine
Creighton Park
1260 Creighton Ct., Milpitas

Summer Concert Series
Thursdays: July18, 25;
August 1, 8
6pm – 8pm

(Parking lots fill up by 5 p.m.)
July 18: Wolf Jett (Americana)
July 25: Bombay Disco Co. (Bollywood)
August 1: 925 Band (Party Band)
August 8: You Should Be Dancing (Bee Gees Tribute)
Central Park Performance Pavilion
40000 Paseo Padre Pkwy., Fremont
www.fremont.gov

Summer Concert Series
Fridays, 7pm – 9pm
July 26: Neon Velvet (70s, 80s, 90s, contemporary hits)
August 23: East Bay Mudd (Classic Soul, R&B)
September 27: Foreverland (Michael Jackson Tribute)
The Block Plaza (near Kojia Kitchen)
43806 Pacific Commons Blvd., Fremont
https://pacificcommons.com/

Summer Concert Series
Second Thursdays
6:30pm – 7:30pm
August 8: Mark Hummel (Blues harmonica and vocals)
September 12: Broken Compass Bluegrass
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Niles Concerts on the Plaza
Saturdays: Jul 13, Aug 10, Sept 14
3pm
August 10: Jinx Jones & the Kingtones, with Loren O
September 14: Hijinx, with Jeremy Landicho
Niles Town Plaza
37482 Niles Blvd., Fremont
www.niles.org

Summer
Outdoor
Movie Nights

Aloha Movies
8pm
August 2: Moana
Kennedy Community Park
1333 Decoto Rd., Union City

Friday, July 26
Teenage Mutant Ninja Turtles: Mutant Mayhem
Delano Manongs Park
1650 McCandless Dr., Milpitas

Friday, August 9
The Mighty Ducks
Dixon Landing Park
Milmont Dr. & Jurgens Dr.

Movies Under the Stars at the Smith Center

7pm Vendors, food & fun
8:15pm Movie starts

Wednesday, July 17
Encanto
(Face painting)

Friday, August 9
Grease Sing-a-Long
(Classic cars show)

Friday, September 6
Wonka
(Contest: Find a golden ticket)

Smith Center at Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6031
www.smithcenter.com
\$5 per person; \$25 movie pass for four (\$30 at the door)

Free Outdoor Movie Nights
Fridays, 8pm

July 19: Trolls 3
San Lorenzo Park
1970 Via Buena Vista, San Lorenzo

August 23: Under the Boardwalk
Castro Valley Community Park
Quail Ave, Castro Valley,

September 13: Super Mario
Meek Park
240 Hampton Rd, Hayward

www.haywardrec.org

Ardenwood Historic Farm Movie Night: *Wish!*
Saturday, August 17
8:20pm– 10:30pm
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Summer
Food Trucks

Special events

Castro Valley Pride
Saturday, July 20
12 noon – 5pm
Castro Valley High School Tennis Courts
19221 Redwood Rd., Castro Valley

San Leandro Comedy in the Plaza
Saturday, July 20
5:00pm – 7:30pm
300 Estudillo Ave., San Leandro

Ongoing

Niles Street Eats
Wednesdays

5pm – 9pm
Niles Town Plaza
37592 Niles Blvd., Fremont

City of Fremont Concert Series
Thursdays: July 18, July 25, August 1
5pm – 8pm
Central Park
40204 Paseo Padre Pkwy., Fremont

Fremont Street Eats
Fridays
5pm – 9pm
Downtown Event Center
3500 Capitol Ave., Fremont

Ohlone College Flea Market
Second Saturdays
9am – 3pm
43600 Mission Blvd., Fremont

The new TriCityVoice.com website is live

Visit and bookmark for community news, events & more



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Living Well

MASONIC HOMES OF CALIFORNIA

MASONICHOME.ORG • JULY 2024

WHEN IT COMES TO DEMENTIA, ENGAGEMENT IS THE BEST MEDICINE

Studies show that personal connections and activity can slow the loss of memory.

DEANNE REHBERG AND her team of memory-care staff were there for support, but the group of seniors with dementia gathered for a “Red Hat Club” meeting today were the ones in charge. And that meant that the conversation was wide-ranging, free-flowing, and, at times, emotional. One resident, not usually a big talker, was moved to share a family photo album. Another recalled the grief of losing a child. All the while, the rest were there to hear them out and share their own memories. “That’s the importance of these groups,” Rehberg says. “People need an outlet to talk about their feelings.”

For Rehberg, that’s become one of the keys to a holistic approach to memory care at the Masonic Homes of California. As the newly appointed director of memory care, she and her team oversee the **Traditions** program, which serves seniors dealing with all stages of memory loss. And engagement is at the very heart of the program.

“What happens with people with dementia is that people start taking things away from them,” she says. “But one of the essential things you can do to slow the disease and maintain cognitive levels is to keep up social connections—things like going out with peers, giving back to the community, doing service projects.”

Those kinds of social activities, along with regular exercise and brain-boosting games, have been shown to slow the progression of memory loss by as much as 60 percent for people with an early diagnosis of dementia, Rehberg says. “As long as there’s support in place, there’s nothing that should be holding seniors back.”

Rehberg, who has spent more than 20 years in senior and memory care, says that’s the driving force behind Traditions, which is broken into several components.

EXERCISE: Keeping physically fit is beneficial not only for the body but also the mind. As part of Traditions, seniors



with dementia work out twice a day—typically for 30 minutes in the morning, and another 15-to-30-minute session in the afternoon.

SOCIAL GROUPS: Through Traditions, residents gather every day for a wide range of group activities, including “artist’s corner,” a gardening club, cooking and baking clubs, walking groups, and lunch clubs.

BRAIN GAMES: Bingo may get a bad rap as the quintessential senior-home activity, but social games like that can help stave off memory loss and keep seniors sharp. Other kinds of trivia and card games also help strengthen memory and bring people together.

GROUP OUTINGS: Exploring other areas of the campus, including the Masonic Homes’ library, museum, ice cream parlor, and clothing shop is a key element of the program. So, too, are off-campus group trips, whether for a lunch outing or to visit a museum.

COMMUNITY INTEGRATION: Crucially with Traditions—and not often seen in other senior care communities—staff encourage memory care patients to fully participate in the campus community. Whether it’s sharing lunch with friends, attending a ceramics class, or attending a music performance, dementia care patients are invited to all

Masonic Homes events, both on campus and off. Through Traditions, they are able to attend while ensuring that there’s trained staff on hand to support them there.

Says Rehberg, “Everything is geared around making sure that our residents have their independence and that they’re not being isolated. It’s all about preserving their dignity and respect.” ♦

...

To learn more about Traditions and the Masonic Homes of California’s memory care programs, visit masonichome.org.

Memory Care in Union City

The Masonic Homes of California on Mission Boulevard provides high-quality memory care for those dealing with Alzheimer’s and dementia, set in lush and elegant surroundings. The Masonic Homes features chef-prepared meals and inspiring views, as well as daily activities that help residents maintain a purposeful life at every age.

Call us at (510) 216-0624
or visit masonichome.org to
schedule a tour.

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Come see for yourself how **Acacia Creek** residents break the mold on what it means to age. Our active, vibrant community empowers residents to live their best lives in retirement.

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TRANSITIONS

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LETTER TO THE EDITOR

The reality of rodeos from a veterinarian’s perspective

Animals should not be injured or killed for entertainment and that is what rodeo is. It bears no resemblance to ranching. I grew up on a cattle ranch in North Dakota and spent eight years as a ranch veterinarian there. My ranch clients did not ride bulls, speed rope calves or make their expensive horses buck. Rodeo is not an “American tradition.”

As a former bareback bronc rider, pathologist and large animal veterinarian, I have both the experience and autopsy proof that rodeo injures and kills animals. Dr. Robert Bay from Colorado autopsied roping calves and found hemorrhages, torn muscles, torn ligaments, damage to the trachea, damage to the throat and damage to the thyroid. These calves never get a chance to heal before they are used again. Meat inspectors including Drs. Haber and Fetznar who processed rodeo animals found broken bones, ruptured internal organs, massive amounts of blood in the abdomen from ruptured blood vessels and damage to the ligamentum nuchae that holds the neck to the rest of the spinal column.

Dr. C. G. Haber, a veterinarian with thirty years of experience as a USDA meat inspector, stated “The

rodeo folks send their animals to the packing houses where I have seen cattle so extensively bruised that the only areas in which the skin was attached was the head, neck, legs, and belly. I have seen animals with six to eight ribs broken from the spine and at times puncturing the lungs. I have seen as much as two and three gallons of free blood accumulated under the detached skin.”

Animals and humans share the same pain and fear centers in the brain. The fear center is the amygdala. The pain centers are the pre-frontal cortex and the hypothalamus. Animals feel pain and fear the same as humans!

As a former state criminal lawyer, we prosecutors have all had cases where criminals have abused and tortured animals before abusing or killing humans. What are we teaching our children when we cheer when a calf roper knocks down and drags by the neck a bawling calf? Kids cry at rodeos. Time to end animal abuse at rodeos.

Peggy W Larson, DVM MS JD
Williston, VT

Regional Parks Foundation’s Lakeside Laps

Submitted by **JEN VANYA**

Calling all runners, walkers, hikers and nature enthusiasts! It’s time to lace up your running shoes and hit the trails at the Regional Parks Foundation’s Lakeside Laps trail running and walking event on Saturday, July 20 at Lake Chabot Regional Park. Lakeside Laps fundraising event, hosted by the Regional Parks Foundation in partnership with Brazen Racing Sports & Community, includes a fun Finish Line Festival for participants and their families.

Lakeside Laps is a Regional Parks Foundation fundraiser in celebration of the East Bay Regional Park District’s 90th Anniversary, with proceeds going to support East Bay Regional Parks programs. The Foundation supports the Park District through fundraising to provide universal access, environmental stewardship, education and recreation programs, and the acquisition of parklands.

Lakeside Laps is more than a race—it’s a celebration of community, friendship and the shared love of outdoor adventure. Whether you’re a seasoned runner or just starting out on your fitness journey, Lakeside Laps offers participants a race for every fitness level. The family-friendly Trout Trot 5K is a good opportunity for first-time runners and families to participate in a fun and healthy outdoor activity together. Choose your distance and prepare for an

unforgettable journey! Register for the Trout Trot 5K, 10K or half marathon – all fitness levels are welcome.

The Finish Line Festival will feature snacks, vendors, photo walls, awards and more. Food and beverages provided by Equator Coffee, Harmless Harvest and Drake’s Brewing Company. All race finishers with valid ID will receive a free ice-cold ParkFest Pils by Drake’s Brewing Company at the finish line festival.

For registration info, start times, and general event information, visit www.brazenracing.com/lakesidelaps.

Lakeside Laps
Saturday, July 20
7:30am
Lake Chabot Regional Park
17600 Lake Chabot Rd., Castro Valley
www.brazenracing.com/lakesidelaps



FREMONT UNIFIED SCHOOL DISTRICT
Now Hiring: Director, Purchasing

The Purchasing Director reports to the Associate Superintendent or designee to manage the central purchasing function of the District, including contract preparation, review and administration; to develop and implement District-wide purchasing policies and procedures; to oversee the operation of the District warehouse, mail service, duplicating services, courier and the personal property control system; and to perform other job-related duties as required.

Experience:
Five years of increasingly responsible experience in the purchasing field. A valid certificate as Certified Purchasing Manager issued by the National Association of Purchasing Managers, or the California Association of Public Purchasing Officers will be accepted for up to two years’ experience.

Education:
Equivalent to the completion of a full four-year course of study leading to a Bachelor’s Degree in Business Administration or a related filed is preferred

Compensation: \$141,752.76-\$171,648.13 annually; Range **16**; (7 steps; maximum reached in 6 years).

APPLY ON-LINE AT:
<https://www.edjoin.org/Home/JobPosting/1965147>

For employment Questions, email slsingh@fusdk12.net



Honor Roll

Oregon Institute of Technology 2023-2024 Spring President’s list
• Hubert Bui of Hayward

Hamilton College Spring 2024 Dean’s List
• Xavier Nelson of Hayward
• Harry Wu of Fremont

Community Bulletin Board

10 lines/\$10/ 10 Weeks
\$50/Year

SIMINOFF DAYLIGHT MASONIC LODGE No. 850 Meets on 2nd Monday Of Every Month, At 1:30 PM In Siminoff Masonic Center on campus of Masonic Homes of California 34400 Mission Blvd. Union City CA 94587 Secretary, James Leggate 510-493-1296		FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365		510-494-1999 tricityvoice@aol.com	
MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION Welcomes YOU! We are a spirital community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live passionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom Learn more about us at www.mpuuc.org		A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227		Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting	
FREMONT PATHFINDER BRANCH 59 SONS IN RETIREMENT!! Retired men! Come and have lunch on us and join the best retiree group in Fremont! We meet at the Fremont Elks Lodge at noon on the 3rd Wednesday of every month. In addition to engaging and entertaining luncheon programs and fabulous conversation, we offer a veritable plethora of activities for retired men. Golf, Bocce Ball, Poker, Bowling, Walking, Bridge, Couples Wine Tasting, Music and much, much more. Call, write, or email for your free lunch! Big Sir Rob Ingebretson, 48232 Cottonwood Street, Fremont, CA 94539; robingy@comcast.net; 510-657-7828.		Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, or returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com			
Fremont Stamp Club Meet 2nd Thurs. each month Cultural Arts Center 3375 Country Dr., Fremont Interesting discussions, trade, silent auction fremontstampclub@gmail.com www.fremontstampclub.org Steve (510) 461-3431	Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings. Uc-newark.northernca-al-anon.org for a full meeting list. You can also email Alanond17@gmail.com or call us at 510.276.2270 for more info.				
		The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Canada in 2024 We visit Japan Enjoy our many Bay Area events www.ffa.org www.friendshipforce.org Call or text 510-363-0531	THE ROSE GARDEN IN NILES NEEDS VOLUNTEERS The California Nursery Garden Club invites volunteers – corporate, groups, and individuals to the historic California Nursery show gardens. Weed, mulch, prune, plant, and enjoy this beautiful historic garden. Volunteer workdays are Thursdays, 10:00 AM – 12:00 PM Volunteers, contact Brenda: Nixon6@comcast.net The California Nursery Historical Park 36501 Niles Blvd. in Fremont, CA Find us on Facebook at CaliforniaNurseryGardenClub or our website sites.google.com/view/thecalifornianurserygardenclub		
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 916-217-3074	SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055	ABWA – Pathfinder Chapter American Business Women's Association Provides opportunities for women for leadership, education, & networking. Virtual meetings – 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com www.abwa-pathfinder.org	The ITALIAN AMERICAN HERITAGE FOUNDATION OF THE SOUTH BAY CORDIALLY INVITES YOU TO THE 42 ITALIAN FAMILY FESTA, AT HISTORY PARK IN SAN JOSE. Save the Date: August 3 & 4. Celebrity grape stomp, two stages of musical entertainment, a cultural and culinary forum, a pizza toss, regional costume show, roman encampment, bocce, wine tasting and exhibits and demonstrations. FREE admission. Contact IAHF at 408 293-7122 IAHFSJ.ORG/EVENTS.		
	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327		
BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers		Mt Eden HS Music Dept. Flea Market 2300 Panama St. Hayward, CA 94545 When: Every 4th Saturday of the month -6am set up, 7am-3:30pm open to the public Where: Mt. Eden HS student parking lot Cost: \$30 per vendor (pay cash only at the gate) Contact Info: officialmehsband@gmail.com Starts 7/27, 8/24, 9/28, 10/26		Mistletoe Madness Will be accepting vendors as of July 1, 2024 Show is November 30 10am-4pm Marina Community Center on Wicks Boulevard Email: mmchristmasfair@aol.com	
A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227					
ROTARY CLUB OF NEWARK CA Meets on Tuesdays from 12:15 PM to 1:30 PM at Doubletree Hotel, 39900 Balentine Dr., Newark, CA 94560 Conference Room 3 The Newark Rotary Club was founded on May 8, 1961 and continues its community and international service work. Members share camaraderie, fun and self-service in helping others throughout the Tri-City area and beyond. We welcome you to join us for a free lunch on us! For more information, email rotarynewarkca@gmail.com		11th Annual Larry O Car Show Saturday August 10 9:00 am - 3:00 pm FREE event for all ages, Drawing Prizes, Music DJ Qui Qui, Food Trucks, Classic Cars, Custom Cars & Trucks 1920-1970's Hosted by Mayor Carol Dutra Vernaci Ruggieri Senior Center 33997 Alvarado Niles Road Union City 510-675-5495		Rewarding volunteer opportunity! Deliver meals to seniors SOS Meals on Wheels Fremont, Newark, Union City M-F, 10:30am - 12:30 pm 10-15 clients per route Contact John, 510-244-0165 John@sosmow.org www.sosmow.org	

Classifieds Deadline: Noon Thursday
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POLICE • COMMUNITY PARTNERSHIPS

Tuesday, August 6, 2024

SAVE THE DATE !

ACTIVITIES FROM 4 PM-8 PM

National Night Out is celebrating its 41st Anniversary! It's a great opportunity for the community to come together and celebrate with local businesses, community groups, CIT professionals, and First Responders. The UCPD will be hosting a fun-filled evening in the Union Landing Shopping Center, between Columbia & Best Buy. The event will be a great chance to learn about safety awareness in our city and neighborhoods, as well as tips for preventing the theft of autos and electronic devices. It's also an excellent opportunity to help the kids get the school year off to a good start with Back-to-School items and show our support for our community partnerships.

If you would like to help sponsor this event, or would like additional information, please contact UCPD Community Coordinator
Crystal Raine at
UCPDCommunity@unioncity.org.

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POLICE

EARTHTALK

Banks role in greenhouse gasses

Dear EarthTalk: How is it that banks play a disproportionately large role in the increase in greenhouse gas emissions, and what can we do to reform this?

Banks play a critical role in the global economy. By financing industrial activities and investing in infrastructure projects, banks are at the forefront of driving economic growth. However, through their investments in fossil fuel industries, banks such as Chase, Wells Fargo and Bank of America are also responsible for financing the emission of greenhouse gasses.

The carbon emissions produced by banks can be traced to high carbon portfolios consisting of fossil fuel industries. According to Whistleblowers.org, the world's 60 largest commercial banks have provided more than 3.8 trillion dollars for fossil fuels through lending and underwritings. By supporting and investing in companies that extract and

produce oil, gas and coal, banks are helping such companies expand, regardless of the global shift towards a greener economy.

What can banks do to rewrite this narrative? For one, shifting their portfolios away from carbon intensive industries and toward sustainable projects is needed. In doing so, banks can invest in industries that reduce carbon emissions. Additionally, green bonds, fixed income financial instruments used to fund climate positive projects, and climate funds, financial mechanisms that support low carbon projects and initiatives, can be utilized by providing capital directed specifically for eco-friendly projects.

Furthermore, banks can reduce their greenhouse gas emissions by adopting ESG (environmental, social and governance) criteria, a screening technique that judges companies based on their relationship with their social and ecological environment. By applying these criteria to potential investments, they can shift toward working with companies that reflect environmentally friendly values. Adopting ESG criteria can help banks reduce their carbon footprints and addresses other wider social issues.

One easy step for banks to take is to enhance their transparency and accountability. By disclosing the carbon footprint of their investment portfolios as well as their targets for reducing emissions, banks can demonstrate their dedication to a

Through their investments in fossil fuel industries, banks are responsible for financing the emission of tons and tons of greenhouse gasses. Credit Pexels.com.

carbon neutral future. Frameworks like the Task Force on Climate Related Financial Disclosures can be used to provide guidelines for reporting and stakeholder assessments, and also to compare the emissions of different banks. Greater transparency enables the tracking of banks' progress towards reduced greenhouse emissions.

Readers can study their banks' carbon footprints to identify "greenwashing," a technique used to deceptively portray a company as green friendly. Search their websites for impact reports to understand their ethics and investments. Look for external ecological certifications and use resources like Bank Green, which conduct environmental analyses of banks. By supporting greener banks, you can contribute to transparency and accountability. Through such actions you can influence the financial sector's shift towards a low carbon future.

CONTACTS:
Bank.Green: <https://bank.green/>

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 6:30 P.M., ON THURSDAY, AUGUST 1, 2024, AT THE CITY OF FREMONT, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

SECOND & J. MIXED USE BUILDING - 185 J Street - PLN2023-00205-
To consider a Historical Architectural Review Board (HARB) Design Review for a new mixed use building consisting of approximately 2,123 square feet of commercial in three tenant spaces and two residential units in the Niles Community Plan Area; and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) per, without limitation, CEQA Guidelines Section 15332 In-Fill Development, and CEQA Guidelines Section 15183, as the project is consistent with the General Plan, for which an Environmental Impact Report (EIR) (SCH#2010082060) was previously prepared and certified. Each of the foregoing provides a separate and independent basis for CEQA compliance. Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov.

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

JAMES WILLIS, SECRETARY
HISTORICAL ARCHITECTURAL REVIEW BOARD



CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 24CV072991
Superior Court of California, County of ALAMEDA
Petitioner of: KULWANT SINGH GANDHAM for Change of Name.

TO ALL INTERESTED PERSONS:
Petitioner KULWANT SINGH GANDHAM filed a petition with this court for a decree changing names as follows:
KULWANT SINGH GANDHAM to KULWANT SINGH

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: AUG 02, 2024, Time: 9:30AM, Dept.: 1B, Room: B
The address of the court is 1225 FALLON ST., OAKLAND, CA
(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.)
A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county:
Date: JUNE 17, 2024
THOMAS J. NIXON
Judge of the Superior Court
7/9, 7/16, 7/23, 7/30/24

CNS-3829167#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607522

Fictitious Business Name(s):
JW HOMES, 1951 CHROMA COMMON #402, FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
SAJNIV KUMAR, 3932 WASHINGTON BLVD, FREMONT, CA 94538, County of ALAMEDA
NEELAM SARON, 3932 WASHINGTON BLVD, FREMONT, CA 94538, County of ALAMEDA
Business conducted by: MARRIED COUPLE
The registrant began to transact business using the fictitious business name(s) listed above on 02/01/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ SANJIV KUMAR

This statement was filed with the County Clerk of Alameda County on 06/26/2024.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/16, 7/23, 7/30, 8/6/24

CNS-3832686#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607777

Fictitious Business Name(s):
JW HOMES, 1951 CHROMA COMMON #402, FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
JIAQI WU, 1951 CHROMA COMMON #402, FREMONT, CA 94539, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ JIAQI WU

This statement was filed with the County Clerk of Alameda County on 07/09/2024.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/16, 7/23, 7/30, 8/6/24

CNS-3832687#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607511

Fictitious Business Name(s):
TINY KINGDOM, 4444 CENTRAL AVE APT 117, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):
MURSAL RAHIMI, 4444 CENTRAL AVE APT 117, FREMONT, CA 94536, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 06/26/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ MURSAL RAHIMI
This statement was filed with the County Clerk of Alameda County on 06/26/2024.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/16, 7/23, 7/30, 8/6/24

CNS-3831004#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607343

Fictitious Business Name(s):
JCD CLEANING SERVICES LLC., 1934 DALISAI CT, STOCKTON, CA 95206 County of ALAMEDA
Registrant(s):
JCD CLEANING SERVICES LLC., 1934 DALISAI CT, STOCKTON, CA 95206
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on 06/03/2024.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ JOEL CALDERON
This statement was filed with the County Clerk of Alameda County on 06/17/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/24

CNS-3829171#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607394

Fictitious Business Name(s):
PETER MTD, 842 BOGGS AVE STE F, FREMONT, CA 94539 County of ALAMEDA
Registrant(s):
MICHAEL COLLINS HILL, 1845 EDNAMARY WAY APT E, MOUNTAIN VIEW, CA 94040
KENDRA KESSINGER, 842 BOGGS AVE STE F, FREMONT, CA 94539
JONICA KESSINGER, 842 BOGGS AVE STE F, FREMONT, CA 94539
JUAN OMAR MORENO-DIAZ, 16260 BURTON RD, LOS GATOS, CA 95032
Business conducted by: a General Partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ MICHAEL HILL
This statement was filed with the County Clerk of Alameda County on 06/20/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/12, 7/9, 7/16, 7/23/24

CNS-3828249#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607357

Fictitious Business Name(s):
COMPONENT, 47000 WARM SPRINGS BOULEVARD STE 1 UNIT 315, FREMONT, CA 94539 County of ALAMEDA
Registrant(s):
KIM COFFEE LLC, 44358 OLD WARM SPRINGS BLVD., FREMONT, CA 94538
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ KIM COFFEE LLC
/s/ HUGH LIH COFFEE

This statement was filed with the County Clerk of Alameda County on 06/18/2024.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/12, 7/9, 7/16, 7/23/24

CNS-3828239#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607153

Fictitious Business Name(s):
CCOMA WOMEN CENTER, 27225 CALAROG AVE, HAYWARD, CA 94546, County of ALAMEDA
MAILING ADDRESS: 8543 LUPINE CT., PLEASANTON, CA 94588
Registrant(s):
ASHIT JAIN, M.D., 2333 MOWRY AVE STE 300, FREMONT, CA 94538
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 05/01/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ASHIT JAIN M.D.
This statement was filed with the County Clerk of Alameda County on 06/10/2024
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement

pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/25, 7/2, 7/9, 7/16/24

CNS-3826297#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 607362

Fictitious Business Name(s):
RIGO E COM / EMILIANO / 369, 40047 LESLIE ST., FREMONT, CA 94538, County of ALAMEDA
Registrant(s):
AIDA BARRERA, 40047 LESLIE ST., FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ AIDA BARRERA
This statement was filed with the County Clerk of Alameda County on 06/18/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/25, 7/2, 7/9, 7/16/24

CNS-3826294#

GOVERNMENT

CITY OF UNION CITY
DEPARTMENT OF PUBLIC WORKS
CITY PROJECT NO. 23-24
NOTICE TO CONTRACTORS

Sealed proposals for the work shown on the plans entitled: **Decoto Road Project, Phase 1, City Project No. 23-24**, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until **Tuesday, July 30, 2024, 2:00 PM PST**, at which time they will be publicly opened and read in the Council Chambers of said building.
The Contractor shall possess a Class A California contractor's license at the time this contract is awarded.

Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirement pursuant to Government Code Section 12990.
Bid Package & Bid Package Location. All of the project work is to be done in accordance with the bid package on file with the Public Works Department - City of Union City, 34009 Alvarado-Niles Road, Union City, California 94587. Eligibility to bid on this project requires bid packages to be electronically obtained from the City. **Bid package may be obtained at no charge via email request to the City at publicworks@unioncity.org.** Non-biddable plans and specifications shall be available to view at various Builders' Exchanges throughout the Bay Area and on the City of Union City website at www.unioncity.org.

General Work Description: The project consists of rehabilitation of Decoto Rd. roadway from southern city limits (Alameda Creek bridge) to Station Way. Travel lanes geometry will be reconfigured to add a Class 2 buffered bike lane with improved visibility. The Engineer's Estimate for the project base is Two Million Four Hundred Thousand Dollars (\$2,400,000). The total time to complete the project will be 80 working days (5-calendar day).

All questions should be emailed or fax to **Trieu Tran** of City of Union City, **email:trieut@unioncity.org** or fax to (510) 489-9468. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates.
Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of Industrial Relations for the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication. 7/16, 7/23/24

CNS-3833113#

PLANNING COMMISSION OF THE CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Planning Commission of the City of Union City will hold a public hearing on the following matter:
1303-1311 I Street (APN: 486-45-17-1) Tentative Parcel Map (TPM-23-001)

Please be advised that Daphne Butler, applicant, on behalf of Stavatore Dejar, property owner of 1303-1311 I Street is seeking a Tentative Parcel Map (TPM-23-001) for 1303-1311 I Street (APN 486-45-17-1), within the R 5000 Zoning District. The proposed project includes the subdivision of an existing 15,400 square foot parcel into two parcels: one 8,800 square-foot parcel occupied by the existing single-family residence at 1311 I Street, and one 6,600 square foot parcel occupied by an existing three-unit multi-family development at 1303 I Street.

NOTICE IS ALSO GIVEN This project is categorically exempt under the California Environmental Quality Act (CEQA), Section 15315, Minor Land Divisions, of the CEQA Guidelines.

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. Comments may be submitted in writing prior to the hearing or at the hearing consistent with the instructions, which can be found at <https://www.unioncity.org/199/CityMeetings-Video>. The project planner, NatalieD, Deat can be reached at (510)-675-5382 or via email at NatalieD@unioncity.org.

**PLANNING COMMISSION MEETING
Thursday, August 1, 2024
Said hearing will be held at 7:00 p.m.
City Hall-Council Chamber,
34009 Alvarado-Niles Road
Union City, CA 94587
and Via Teleconference**

The Planning Commission meeting packet can be found at <https://www.unioncity.org/199/CityMeetings-Video>. Meeting packets which include the meeting agenda and staff report are generally available online the Friday before the meeting.

If you challenge the above-described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing, or in written correspondence delivered to the Planning Commission or the City Council at, or prior to, the public hearing.
**CARMELA CAMPBELL, AICP
Economic & Community Development Director
7/16/24**

CNS-3832542#

NOTICE TO CONTRACTORS
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on August 6, 2024, at which date, time and place the bids will be opened publicly and the dollar amounts of each bid will be read aloud. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.
Fire Stations 4 & 10 Generators Replacement Project PWC 9000/9003
A BIDDERS' CONFERENCE: A conference will be held on Thursday, July 18th, 2024 at 10:00 a.m., at the following location: 1950 Stevenson Boulevard, Fremont, CA 94583 – Tri-City Animal Shelter way entrance between the City Animal Shelter and Central Park Dog Park, to acquaint all prospective bidders with the Contract

Documents and the Worksite. The bidders' conference is not mandatory.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC San Jose located at 2070 Ringwood Avenue, San Jose, CA 95131 via Phone(408) 295-5770 or email: sanjose@arc.com or through Planwellatwww.e-ar.com/location/santa-clara. Please reference BID #25-001. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT 7/9, 7/16/24

CNS-3830624#

NOTICE TO CONTRACTORS
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on August 6, 2024, at which date, time and place the bids will be opened publicly and the dollar amounts of each bid will be read aloud. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.
Fire Stations 4 & 10 Generators Replacement Project PWC 8393
A BIDDERS' CONFERENCE: A conference will be held on July 24, 2024 at 9:00 a.m., at the following location: Fire Station 10, 5001 Deep Creek Road, to acquaint all prospective bidders with the Contract Documents and the Worksite. Once complete at Fire Station 10, we will immediately proceed to Fire Station 4, 1000 Pine Street for prospective bidders to acquaint themselves with the conditions at that site. The bidders' conference is mandatory. A bidder who fails to attend a mandatory conference may be disqualified from bidding.
Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC San Jose located at 2070 Ringwood Avenue, San Jose, CA 95131 via Phone(408) 295-5770 or email: sanjose@arc.com or through Planwellatwww.e-ar.com/location/santa-clara. Please reference BID #25-003. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT 7/9, 7/16/24

CNS-3830265#

NOTICE TO CONTRACTORS
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on July 30, 2024, at which date, time and place the bids will be opened publicly and the dollar amounts of each bid will be read aloud. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.
Centerville SVE Well Destruction Project at 37070 Fremont Boulevard PWC 8812D
A BIDDERS' CONFERENCE: A conference will be held on Thursday July 18, 2024 at 10:00 a.m., at the following location: 37070 Fremont Boulevard, to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory.
Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC San Jose located at 2070 Ringwood Avenue, San Jose, CA 95131 via Phone(408) 295-5770 or email: sanjose@arc.com or through Planwellatwww.e-ar.com/location/santa-clara. Please reference BID #25-004. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT 7/9, 7/16/24

CNS-3830205#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF ANIL JACOB
CASE NO. 24PR076962

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: ANIL JACOB

A Petition for Probate has been filed by EVANGELINE ANIL in the Superior Court of California, County of ALAMEDA.
The Petition for Probate requests that EVANGELINE ANIL be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on AUGUST 7, 2024 at 10:15 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: GOPI GOLLAPUDI, ESQ., 4695 CHABOT DR, SUITE 200-B, PLEASANTON, CA 94588, Telephone: 510-896-0232
7/16, 7/23, 7/30/24

CNS-3832263#

TRUSTEE SALES

Title Order No.: 1908316CAD T.S.#: 854494 HOA File #: C149-00149-134-01 APN No.: 501-1816-367 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT DATED FEBRUARY 04, 2020. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On July 31, 2024, at 12:00 p.m., United Trustee Services as the duly appointed Trustee

under and pursuant to Notice of Delinquent Assessment, recorded on February 27, 2020, as Document No. 2020406650 of the Recorder of the Office of the Recorder of ALAMEDA County, California, property owned by: Antonette C. Quiambao and Aloysius S. Quiambao WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a State, or national bank, a check drawn by a state of federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.); At the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612 (Acceptable form of payment is listed in CA Civil Code 2924h., 2924h (. . .)) (b) At the trustee's sale the trustee shall have the right (1) to require every bidder to show evidence of the bidder's ability to deposit with the trustee the full amount of their final bid in cash, a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, or a cash equivalent which has been designated in the notice of sale as acceptable to the trustee prior to, and as a condition to, the recognizing of a bid and to conditionally accept and hold these amounts for the duration of the sale, and (2) to require the last and highest bidder to deposit, if not deposited previously, the full amount of the bidder's final bid in cash, a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, or a cash equivalent which has been designated in the notice of sale as acceptable to the trustee, immediately prior to the completion of the sale, the completion of the sale, and funds announced by the fall of the hammer or in another customary manner. The present beneficiary of the deed of trust under foreclosure shall have the right to offset their bid or bids only to the extent of the total amount due the beneficiary including the trustee's fees and expenses. (c) In the event the trustee accepts a check drawn by

Local Viola Blythe volunteers rescue woman in overturned car



Woman and her dog rescued from overturned car

Submitted by **EVE MARIE LITTLE**

On Wednesday, July, Viola Blythe volunteer driver, Jim Zulawski, and a worker from Dryco were successful in rescuing a woman and her dog from an overturned vehicle just east off of Mowry Boulevard. The incident occurred in front of the Viola Blythe fireworks stand near BJ Brewery when the female driver became distracted and her car hit a tree, completely flipping over.

The two immediately recognized the severity of the situation and rushed to the scene. They swiftly broke the side window glass, cut the seatbelt to free the driver and pulled her out to safety. She then informed them her dog was still in the car so the two heroes went back and were able to successfully rescue the dog as well.

When asked about how he felt, Zulawski stated it was just part of who he is. “I just help people and have been doing so for 18 years with Viola Blythe,” he replied, “It felt good doing what needed to get done.” After removing driver and dog from the vehicle, Viola Blythe volunteers stayed and directed traffic until the police arrived.

Former Mayor and member of the Viola Blythe Board of Directors, Alan Nagy, was not one bit surprised, noting “Jim is always willing to help those in need. His concern for others and his volunteerism is exemplary.” It is heroes like these that make our community such an amazing place.

continued from page 1

Fremont City Council approves new Community Center

Central Park Community
Center construction to begin at Lake Elizabeth



Old Fremont Community Center Photo By Jack Alcorn



Approved replacement community complex Photo Source: City of Fremont

The new community center complex (CPCC) will accomplish the goals of the City of Fremont 2022 Parks and Recreation Master Plan. Priorities of the Plan were to modernize and expand facilities for recreation and community activities. It is anticipated that the community center will begin construction in 2025 and be completed in 2027.

An assortment of state, federal and other funds contributed to the \$35.5 million project cost. The vote at the July 9 Council meeting was unanimous with Councilman Yang Shao absent.

Newark’s High Impact Traffic Team



Newark’s High Impact Traffic Team reduces accidents and enhances traffic safety. Photo Source: City of Newark

Submitted by **NEWARK PD**

Thursday, July 11 Newark Police Department took part in a High Impact Traffic Team operation. Eighteen officers from allied agencies collaborated in this effort to educate the public and enforce traffic regulations throughout the City of Newark. The ultimate aim of the operation was to reduce accidents and enhance traffic safety by utilizing primary collision factor (PCF) data and addressing community concerns. A big thank you to the following agencies for their participation:

- Alameda PD
 - Hayward PD
 - Union City PD
 - Alameda County Sheriff
 - CHP Dublin
 - CHP Hayward.
- Newark PD is committed to addressing traffic safety concerns and we encourage you all to continue to report these matters to us. Let’s all do our part—stay alert and drive safe!

Clean up the creek and earn community service hours

Submitted by **ALLISON RODACKER**

On Saturday, July 27, Alameda County Unincorporated Area Clean Water Program Volunteers are partnering with CalTrout and Alameda Creek Alliance to clean up Alameda Creek near the Niles Canyon Staging Area. Students, adult volunteers, and youth groups are welcome! This is a good opportunity to earn community service hours. Volunteers must be age 10 and up; those under age 14 must be accompanied by a parent or guardian.

Meet at 1004 Old Canyon Rd. near the Niles Staging Area, in the Niles area of Fremont. We’ll clean up trash, pull invasive plants, and

discuss habitat restoration and barrier removal efforts benefiting fish and people along the creek! Wear sun protection including long sleeves, sunscreen and hats, work clothes and sturdy shoes that can get dirty, and bring gloves if you have them. We’ll provide tools and gloves. Please bring your own re-fillable water bottle. To learn more and register to volunteer, visit: <https://caltrout.org/event/alameda-creek-clean-up>

Creek Trail Cleanup
Saturday, July 27
9am - 12pm
Alameda Creek cleanup
1004 Old Canyon Rd., Fremont
<https://caltrout.org/event/alameda-creek-clean-up>

Biden says ‘everybody must condemn’ attack on Trump and later speaks with ex-president

By **WILL WEISSERT, ASSOCIATED PRESS**

Rehoboth Beach, Del. (AP) — President Joe Biden said Saturday that “everybody must condemn” the suspected assassination attempt on former President Donald Trump.

Addressing the nation about two hours after the shooting, Biden said he was relieved that Trump is reportedly “doing well.” He said he had been unable to reach Trump before his remarks, but the White House said he did speak to Trump several hours later.

“We cannot allow this to be happening,” Biden said. “The idea that there’s violence in America like this is just unheard of.”

Biden, speaking without a teleprompter, said he was waiting for additional information before formally calling the attack an attempted assassination on the former president.

“I have an opinion, but I don’t have any facts,” he told reporters, pledging to provide updates as he learns more.

After midnight, he returned to the White House, cutting short a weekend stay in Delaware. The White House said he and Vice President Kamala Harris will receive an updated briefing from homeland security and law enforcement officials Sunday morning.

The president delivered remarks from the White House’s emergency briefing room in Rehoboth Beach, Delaware, which is set up whenever the president travels to allow him to deliver remarks to the country in a matter of minutes. He was spending the weekend at his beach home and was at a nearby church for mass when the shooting occurred.

As he left the church, reporters asked if the president had been briefed about the shooting. Biden turned toward reporters with a serious look on his face but replied simply, “no,” before stepping into his motorcade.

Biden received an “initial briefing” from aides moments later then convened security officials for a more in-depth update from Kimberly Cheatle, the director of the United States Secret Service, Homeland Security Secretary Alejandro Mayorkas, and White House homeland security adviser Liz Sherwood-Randall.

Many Republicans quickly blamed the violence on Biden and his allies, arguing that sustained attacks on Trump as a threat to democracy have created a toxic environment. They pointed in particular to a comment Biden made to donors on July 8, saying “it’s time to put Trump in the bullseye.”

The FBI early Sunday identified the shooter as Thomas Matthew Crooks, 20, of Bethel Park, Pennsylvania. There was no immediate information on his motivations.

The Biden campaign said Saturday that it was pausing all messaging to supporters and working to pull down all of its television ads as quickly as possible in light of the shooting.

Harris said in a statement that she was also briefed, adding that she and her husband “are relieved” that Trump was not seriously injured.

“We are praying for him, his family, and all those who have been injured and impacted by this senseless shooting,” she said.

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Shirley Lorenz
Resident of Fremont
May 11, 1927 – July 8, 2024

Gokul Rachiraju
Resident of Dublin
October 24, 1971 – July 7, 2024

Shyam Kalra
Resident of San Jose
October 21, 1950 – July 7, 2024

Mohammad Ashraf Shaik
Resident of Fremont
February 22, 1997 – July 7, 2024

Kirke Schnoor
Resident of Fremont
February 2, 1937 – July 6, 2024

Rohitkumar Godhani
Resident of Milpitas
July 28, 1982 – July 4, 2024

Kanchan Padukone
Resident of San Jose
March 4, 1957 – July 4, 2024

John Mara
Resident of Fremont
June 5, 1939 – July 2, 2024

Narayanaswamy Aswathappa
Resident of Mountain House
February 8, 1960 – July 1, 2024

Frank Zekjak
Resident of Fremont
September 21, 1921 – June 30, 2024

Tae Sun Shahbazifar
Resident of Fremont
January 15, 1954 – June 30, 2024

Steven Leshner
Resident of Fremont
October 27, 1956 – June 29, 2024

Edward “Eddie” Alvarado
Resident of Fremont
October 17, 1957 – June 28, 2024

Gopi Menghrajani
Resident of Fremont
October 10, 1930 – June 28, 2024

Anand Mardikar
Resident of San Jose
December 24, 1947 – June 28, 2024

Lenee Alvarado
Resident of Manteca
February 16, 1965 – June 28, 2024

Richard Charpentier
Resident of Fremont
April 1, 1932 – June 24, 2024

Eric Dalh
Resident of Fremont
January 12, 1965 – June 24, 2024

Jesus Martinez
Resident of Fremont
November 8, 1929 – June 23, 2024

Robin Ellis
Resident of Fremont
September 21, 1951 – June 23, 2024

Kishin Mirpuri
Resident of Fremont
June 9, 1946 – June 22, 2024

Kittur Narayana
Resident of San Carlos
May 22, 1940 – June 22, 2024

Margaret Dahl
Resident of Fremont
July 31, 1935 – June 22, 2024

William Brown Odom
Resident of Fremont
March 13, 1937 – June 22, 2024



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Walter Mark Rathjen
Resident of Union City
July 12, 1956 – July 5, 2024

Steven John Cash
Resident of Newark
December 30, 1961 – June 29, 2024

Antoinette E. Cordeniz
Resident of Sparks, Nevada
April 18, 1931 – June 23, 2024

Maria Odete Oliver
Resident of Newark
July 2, 1951 – June 23, 2024

Earl Eugene Lout
Resident of Fremont
November 15, 1940 – June 27, 2024

Sandra R. Stearns
Resident of Fremont
September 14, 1940 – June 28, 2024

Donald J. Brockhage
Resident of Milpitas
April 18, 1934 – June 22, 2024

Maria da Gloria Garcia
Resident of Fremont
January 1, 1928 – June 23, 2024

Anna-Lisa Hughes
Resident of Fremont
July 16, 1969 – June 21, 2024

Denise W. Fullerton
Resident of Newark
July 18, 1936 – June 19, 2024

David P. Green
Resident of Fremont
June 8, 1950 – June 19, 2024

Darlene A. Martin
Resident of Fremont
April 19, 1945 – June 15, 2024

Mariaelena J. Garnica
Resident of Union City
May 21, 1965 – June 15, 2024

Sarah Maya
Resident of El Dorado Hills
October 29, 1971 – June 16, 2024

Marva “Carla” Strong
Resident of Union City
September 12, 1941 – June 11, 2024

Mary Lucile Saraf
Resident of Fremont
May 14, 1947 – June 16, 2024

Robert “Bobby” E. Brown
Resident of Hayward
April 8, 1959 – June 9, 2024

FRANK ZELJAK

Resident of Fremont

September 21, 1921 – June 30, 2024



Frank Zeljak, loving husband, father, and grandfather, passed away peacefully in his sleep on Sunday, June 30, at the age of 102. Frank was born in Croatia and immigrated to the United States in 1952. Frank is survived by his wife of almost 60 yrs., Carolyn, as well as his three sons, Steve Zeljak and his wife, Maureen, of Ventura; Dave Zeljak and his wife, Trina, of Carlsbad, CA; and Mark Zeljak and his wife, Cristin, of San Jose. He is also survived by his beloved grandchildren, Calvin of Mesa, AZ, Colby of Carlsbad, CA, Spencer of San Jose, CA, and Caitlin of San Jose, CA.

Frank was a family man who worked as a machinist for over 60 yrs., eventually opening his own machine shop. He enjoyed working outdoors in his yard, and was known for growing a huge crop of tomatoes which he shared with family and friends. He faithfully attended his sons' and grandchildren's sports and scouting activities. He loved the many cats he had through the years as well as his sons' dogs. After his retirement he enjoyed walks around his neighborhood. In the last few years when it was difficult for him to walk, he and his wife would go for rides around Fremont, especially to Lake Elizabeth to enjoy watching the ducks and geese.

There will be a Celebration of Life at 1:00 p.m on Sunday, June 21, at the United Church of Christ – Fremont, at 38255 Blacow Rd., followed by a luncheon. In lieu of flowers, please contribute to an animal rescue organization in Frank's memory.



Top Hatter’s Executive chef and owner, DanVy Vu, searches for the multicultural flavors of her childhood in her unique cuisine. Photos: Panashe Matemba-Mutasa, Dan Pulcrano and Top Hatters

Flavor Chaser

Top Hatters Kitchen and Bar innovates San Leandro’s culinary scene

By **PANASHE MATEMBA-MUTASA**

A meal at Top Hatters Kitchen and Bar is not for the narrow palate. Executive chef and owner DanVy Vu embraces a refreshingly offbeat culinary approach, playfully combining flavor and texture profiles for dishes that are as visually stunning as they are delicious. You won’t find burgers in this establishment. Each menu item is an ode to a point in Vu’s complex life story.

“Our mission is for each dish to be unique,” Vu says. “We want to surprise you.”

At Top Hatters, highbrow cuisine meets humble immigrant origins. Vu learned to cook from her parents who were Vietnamese “boat people”—groups who fled the country by ship following the end of the Vietnam War. Her family would host anywhere from 15 to 20 refugees in their four-bedroom home at any given time, preparing traditional Vietnamese meals to satisfy their guests’ growing nostalgia. Thousands of miles away from home, food became their way of staying culturally grounded.

Over the years, Vu would encounter a variety of cuisines in her Orange County neighborhood. Her mom, a factory worker employed alongside other immigrants, would bring home dishes her coworkers prepared for their Friday potlucks. Many of these dishes were foreign cuisines for Vu, and she grew curious about these new eats. And so the chronicles of the Flavor Chaser began; itching to relive those potluck days, Vu learned to recreate the yummy meals of her childhood, with only the memories of how they tasted to guide her.

“I was always chasing those flavors but never knew exactly what they were,” Vu says. “The food at Top Hatters is inspired by that constant flavor chasing from my childhood.”

The menu embodies the farm-to-table philosophy. Each week, the restaurant receives shipments of fresh produce in partnership with Stonybrook Canyon Farm located in Castro Valley. Vu takes pride in having access to high quality

produce, as she believes it’s been key to her successful veggie-heavy dish lineup.

“We’re big on fresh, from scratch, and natural food and ingredients,” Vu said.

Upon walking in, one is greeted by a chic yet unpretentious ambiance. The décor blends modern elegance with rustic touches, featuring large windows, wooden beams, and accent greenery. The room is humming, and waitstaff work the dining floor like a ballroom, waltzing between tables as they deliver platters with rhythm and grace. Service is warm, and visitors are quickly seated. The experience begins.

For starters, the Tissue Bread is a fan favorite. It comes rolled on a plate and fortunately, resembles Indian roti more than the sanitary paper product its name alludes to. Being in a fine dining eatery, a diner’s instinct may be to grab the fork in front of them and dig in. But trying to conquer this appetizer with a utensil is futile; due to its thinness, it’s best eaten with the hands. One can also dip their bread into the tangy house-made soy sauce.

Vu first discovered the concept for this dish in Singapore, where she stayed in a refugee camp for a while as a kid. There, it’s called *tisu prata*, and similar breads can be found throughout Asia.

“I’d been chasing that flavor for years,” Vu says. “Then I came here and tried the Indian version and it clicked for me.”

Those curious about plant-based main course options can try the Shimeji and Cremini Mushroom Lemongrass Madras Curry. This dish is Vu’s vegetarian take on the popular Vietnamese chicken curry or Ca Ri Ga. The roasted potatoes are a robust meat substitute. Zucchini and carrots offer a delectable summer garden blend. The two mushrooms, shimeji and cremini, complement each other, the former providing buttery notes and the latter packing a more mild, earthy essence.

But the one ingredient that truly elevates this dish is the fried onion, presented as golden-brown shreds. Cooking them to a crisp unlocks their umami, allowing them to

impart a sharp, sophisticated flavor. The meal comes with a sliced banh mi roll, a French bread cousin. The banh mis are freshly baked daily and have an airy quality to them, and they quickly sop up the curry when dipped.

“A lot of veggie-based dishes don’t taste hearty,” Vu says. “I wanted this dish to be a hearty option for vegan and vegetarian diners.”

And for those who order dessert after their meals on principle, the Lemon Ricotta Zeppole Doughnuts are sure to satisfy. These spongy mini cakes come dusted with powdered sugar and are topped with lemon rind for a sweet treat that packs a citrusy punch. But their sweetness is subtle—and that’s where the side of Earl Grey ganache comes in. The ganache is a thick, creamy chocolate sauce that offers a boost of bittersweetness.

The doughnuts are Vu’s iteration of *zeppole* or deep-fried dough balls that her Italian in-laws grew up on. But perhaps it was chasing the flavors of these doughnuts that taught Vu the most valuable lesson of her career. After trying to nail down a recipe for months that resembled the dessert her husband’s family adored, she realized she was pursuing an elusive idea. She jokingly added that she doesn’t wish to compete with any Italian grandmother’s cooking; rather, she wants to use the inspiration to develop new mouthwatering creations that are uniquely hers.

“I’ll never be able to replicate someone’s exact memory of something,” Vu says, “and that’s okay.”

So while she’s still the wild Flavor Chaser at heart, Vu’s accepted that her masterpieces may not always be duplicates of the originals. Her doughnuts may not be the most Neapolitan zeppole, but they are the Top Hatters zeppole. And they’re *damn good*.



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