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January 9, 2024

Vol. 23 No. 2

## Take flight with Disney's *The Little Mermaid* at StarStruck Theatre

SUBMITTED BY  
STARTSTRUCK THEATRE

This month join StarStruck Theatre as they dive under the sea and take flight in Disney's *The Little Mermaid*. This beloved Disney classic turned blockbuster Broadway musical will have the whole family filled with wonder and awe. With a live orchestra led by Nancy Godfrey and flying by ZFX Flying, this StarStruck MainStage production is not to be missed.

In a magical kingdom beneath the sea, the young mermaid, Ariel, longs to leave her ocean home to live in the world above. With music by eight-time Academy Award winner, Alan Menken, lyrics by Howard Ashman and Glenn Slater, and a compelling

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Lilia ten Bosch (Ariel) and Russell Lym (Sebastian) (Picture by Rosaura Studios)

## Folk music legend John McCutcheon returns to Bay Area

SUBMITTED BY WENDY BRYNFORD-JONES

In January, singer/songwriter John McCutcheon will tour the Bay Area, performing at St. James Episcopal Church in Fremont on Martin Luther King Monday, January 15.

John McCutcheon has been delighting audiences with live performance and recordings for decades. The late Johnny Cash referred to him as "the most impressive multi-instrumentalist I ever heard." In a McCutcheon show, along with storytelling and fun, listeners will hear this master musician play hammered dulcimer, banjo, piano, harmonica, guitar and more. He has performed annually for many years in the Golden State.

The musician is a part of the generation of folksingers that grew up singing Tom Paxton songs. His own impressive catalog of songs spans forty-four albums, six Grammy nominations, numerous awards and accolades and the citing of his song "Christmas in the Trenches" as "one of the 100 essential folk songs," by *Folk Alley*. John and Tom Paxton have been pals for decades, but it was COVID and Zoom that turned them into a songwriting team. Every Monday at 2 p.m. they'd tell jokes, reminisce about old friends, and, of course, talk lots of sports. Eventually one would say, "Well, guess we better write a song, huh?" And off they'd go, two old warhorses pulling the plow.

After a hundred songs, they gathered fourteen for their first joint recording, the aptly titled *Together*. The stunning result provides songs about history, the news, baseball, cowboys, America, love, the remembered, the forgotten. Gathering John's familiar crew of supporting musicians (fiddle wizard Stuart Duncan, keyboardist Jon Carroll, bass player JT Brown, as well as special guest, Country Music Hall of Famer Charlie McCoy), the arrangements

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## Plant a Tree for MLK Day weekend



SUBMITTED BY  
BEE NEWELL  
PHOTOS BY  
VICTOR CARVELLAS

continue their tree planting efforts throughout the month and during the spring.

### Fremont Neighborhood Tree Plantings

Join us in planting 15-gallon street trees in front of homes in several Fremont neighborhoods with low tree canopy! There are currently five neighborhood planting dates.

**Saturday, Jan 27**  
1:00 p.m. - 3:30 p.m.  
North Fremont/Warwick

**Saturday, Feb 3**  
1:00 p.m. - 3:30 p.m.  
North Fremont

**Saturday, Feb 10**  
1:00 p.m. - 3:30 p.m.  
Glenmoor

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# Cardiothoracic Surgeon Explains TAVR

Online seminar presents minimally invasive heart procedure

Hearing a physician say you have an aortic valve that needs replacing is a frightening moment. Most people would envision a major operation, followed by a lengthy recovery period. Like many areas in health care, technology has changed and improved patient care.

There is now a minimally invasive procedure called transcatheter aortic valve replacement (TAVR). For most valve replacement patients, open-heart surgery, including the heart-lung machine, is no longer needed. Ramin Beygui, MD, Medical Director of the Washington Hospital/UCSF Cardiac Services program at Washington Hospital said, “TAVR is very important because it expands our ability to provide a minimally invasive treatment to those who in the past would be at significant risk in open heart surgery.”

The relatively new, minimally invasive valve replacement procedure usually requires no more than a one or two-day stay in the Hospital. Patients often return to normal activities within a few days.

Dr. Beygui will talk about this cutting-edge, minimally invasive procedure during an online Health & Wellness seminar, “TAVR: Minimally Invasive Procedure for Heart Valve Replacement” on Feb. 8 at 2 p.m. The free seminar will

take place on Facebook and YouTube. For more information or to register, visit [whhs.com/events](https://whhs.com/events) or call 800.963.7070.

After consulting with a cardiothoracic surgeon, a TAVR procedure can be considered for all patients suffering from severe aortic stenosis. Dr. Beygui noted that outcomes for TAVR procedures are equal or superior to traditional open-heart surgery for aortic valve replacement. “Data shows younger patients are candidates for TAVR,” Dr. Beygui said. “We have done the procedure for patients younger than 75, which was the average age in the early stages. I have had patients younger than 60 and older than 90. The oldest was 101.”

The aortic valve is critical because it allows blood to flow through the heart. As a minimally invasive procedure, TAVR allows the replacement of a diseased aortic valve without opening the chest. “We insert a tiny catheter into an artery in the groin,” he explained. “A fully collapsible replacement valve is delivered through the catheter to the valve site. Once the new valve is expanded, the replacement valve takes over.”

Dr. Beygui pointed out that medication is not an effective method to treat severe aortic stenosis. This condition represents a clear danger and requires surgery. “Aortic

stenosis is a mechanical problem. The role of a valve is to allow the blood to travel without a leak and if it cannot, this needs to be corrected surgically.”

The initial TAVR trials began in 2008 and came into general use in the United States in 2011. Dr. Beygui has performed TAVR surgery since 2016. The affiliation between Washington Hospital and UCSF results in patients receiving academic-level care without leaving the area. It is part of Washington Hospital’s goal of bringing doctors to patients, rather than the other way around.

During the upcoming seminar, Dr. Beygui will discuss the early warning signs that could be associated with heart valve conditions requiring attention and why minimally invasive TAVR may be the correct option.

“I will review possible indications, signals and symptoms of aortic stenosis, why it

happens, what to expect for the recovery time and what the follow-up period after the procedure looks like,” he said. TAVR patients are monitored overnight after the procedure and can go home the next day. The follow-up routine is just to make sure everything has gone well.

To view the Feb. 8 seminar on Facebook, sign in to your account and then go to [facebook.com/WashingtonHosp](https://facebook.com/WashingtonHosp). Watching from YouTube does not require an account. Simply go to [YouTube.com/whhsInHealth](https://YouTube.com/whhsInHealth). Following the live event, this seminar and hundreds of other Washington Hospital productions will be available at [YouTube.com/whhsInHealth](https://YouTube.com/whhsInHealth).

To learn more about TAVR and other cardiovascular procedures performed at Washington Hospital, visit [whhs.com/heart](https://whhs.com/heart).



*“I will review possible indications, signals and symptoms of aortic stenosis, why it happens, what to expect for the recovery time and what the follow-up period after the procedure looks like.” –Ramin Beygui, MD*



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**Opening Doors to Empower Victims of Interpersonal Violence**  
Betty Goodwin, DNP, RN, AGCNS-BC, CEN, Emergency Room

**Empowering Victims of Interpersonal Violence**

Learn about the screening process for abuse stemming from domestic violence, human trafficking, or elder and child abuse. This presentation includes a special message from Safe Alternatives to Violent Environments (SAVE).



**Naloxone: A Lifesaver in the Opioid Crisis**  
Zarlakhta Wayand, MD, Emergency Medicine

**Naloxone: A Lifesaver in the Opioid Crisis**  
Thursday, January 18, 2 p.m.

What is naloxone (Narcan) and how can it save lives? This seminar will explore the urgent need for naloxone in our communities and its remarkable ability to reverse opioid overdoses.

**TAVR: Minimally Invasive Procedure for Heart Valve Replacement**  
Ramin Beygui, MD, FACS, Cardiothoracic Surgery

**TAVR: Minimally Invasive Procedure for Heart Valve Replacement**  
Thursday, February 8, 2 p.m.

How can a valve in your heart be replaced without open-heart surgery? Join cardiothoracic surgeon, Ramin Beygui, MD, FACS, for a full explanation of the TAVR procedure and how it is changing lives.

**Genetic Testing For Breast Cancer Risk**  
Bogdan Eftimie, MD, Hematology - Oncology

**Genetic Testing for Breast Cancer Risk**

Genetic mutations can increase the risk of breast cancer. Hematologist-Oncologist, Dr. Bogdan Eftimie, explains how genetic testing can help identify individuals who may be at higher risk and what you can do with this knowledge.



**Is A Continuous Glucose Monitor Right For You?**  
Lina Huang, PharmD, BC-ADM, Clinical Manager, Diabetes Program

**Is Continuous Glucose Monitor Right for You?**

Explore the different types of continuous glucose monitors (CGMs). Several factors should be considered before deciding whether a CGM can be successfully used to monitor your glucose levels. Clinical Manager of the WHHS Diabetes Program, Lina Huang shares her expertise.



**Other Video Topics:**

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

**Events Information**

For more information or to register for events, call 800.963.7070 or visit [whhs.com/events](https://whhs.com/events).



- Diabetes Education
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# New Year, Healthier You—If Not Now, When?

THIS IS THE SECOND ARTICLE IN A FOUR-PART SERIES ON WAYS TO IMPROVE YOUR HEALTH IN 2024

## Improve Your Heart Health

Local cardiologist explains that some risk factors are within your control

According to the American Heart Association (AHA), heart disease remains the number one cause of death in the United States, accounting for 928,741 deaths in the U.S. in 2020. Yet people who pay attention to certain risk factors can reduce their chances of developing heart disease.

“Some risk factors—such as a family history of heart disease—are unchangeable,” says Nowwar Mustafa, MD, FACC, a cardiologist with Washington Township Medical Foundation. “Nevertheless, many of the most common risk factors for heart disease can be managed, including high blood pressure, high cholesterol, obesity, diabetes and smoking. Smoking, fortunately, is in decline, but the combination of smoking and diabetes is particularly lethal because both of them weaken the blood vessels and increase formation of plaque in the blood vessel walls.”

### Know the Numbers Related to Reducing Heart Disease

#### BP Numbers

Blood pressure is generally recorded as two numbers, with the top number (systolic) measuring the pressure in the arteries when the heart contracts. The lower number (diastolic) measures the pressure in the arteries when the heart is at rest. The AHA recommendation for healthy blood pressure is 120/80 or lower, and high blood pressure (hypertension) generally is defined as 140/90 or higher.



Healthy Heart living can start at any age.

*“Nevertheless, many of the most common risk factors for heart disease can be managed, including high blood pressure, high cholesterol, obesity, diabetes and smoking.” —Nowwar Mustafa, MD*

#### Healthy Cholesterol

There are two types of cholesterol: LDL, sometimes called the “bad” cholesterol, that causes fatty buildup in the arteries, and HDL or “good” cholesterol. Triglycerides are another type of fat in the blood. A high triglyceride level combined with low HDL cholesterol or high LDL cholesterol also is associated with heart disease.

Cholesterol is measured in levels of milligrams per deciliter of blood (mg/dL). In general, total cholesterol—which includes LDL, HDL and 20% of triglycerides, should be less than 200 mg/dL. The optimal guideline level of LDL cholesterol is less than 100 mg/dL. For HDL, the recommendation is a level greater than 45 mg/dL, and the higher the better. In some cases, a high HDL level may help counter the effects of high LDL.

#### Healthy Weight

Your body mass index (BMI) is a useful measure of overweight and obesity. BMI is calculated based on your height and weight. The normal range for BMI is between 18.5

and 24.9. A person is considered overweight with a BMI between 25.0 and 29.0. A person is considered obese with a BMI of 30.0 or above.

#### Blood Sugar Levels

For people with diabetes, controlling high blood sugar (glucose) levels is an important step in reducing heart disease risks. High levels of blood sugar can cause changes that lead to a hardening of the blood vessels. A normal sugar level is less than 100 mg/dL after not eating (fasting) for at least eight hours. A normal A1C level is below 5.7%. Many doctors consider the A1C test a better indicator because it measures average blood glucose over the past two to three months.

#### A Good Night's Sleep

Did you know that sleep is important for a healthy heart, too? According to the Centers for Disease Control and Prevention, chronic lack of sleep can increase the risk of high blood pressure and heart disease. Over time, poor sleep can lead to habits that are also related to

poor heart health. This includes higher stress levels, less motivation to be physically active, and unhealthy food choices. (“How Does Sleep Affect Your Heart Health” [www.cdc.gov](http://www.cdc.gov))

#### Lifestyle Changes Can Change Your Numbers

Dr. Mustafa observes that in many cases, people can manage these risk factors by making lifestyle changes. One of those changes is to exercise regularly. The AHA's basic recommendations for heart-healthy exercise include:

- At least 30 minutes of moderate-intensity aerobic activity at least five days per week for a total of 150 minutes each week, OR
- At least 25 minutes of vigorous aerobic exercise at least three days per week for a total of 75 minutes per week, AND
- Moderate- to high-intensity muscle-strengthening activity at least two

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SAVE SOME NALOXONE

Naloxone (Narcan) can temporarily reverse the effects of opiod overdose.

Thursday, Jan. 18  
2 p.m.

Naloxone: A Lifesaver in the Opioid Crisis

What is naloxone (Narcan) and how can it save lives? This seminar will explore the urgent need for naloxone in our communities and its remarkable ability to reverse opioid overdoses. Discover why understanding naloxone and its proper administration is crucial for anyone who may encounter opioid emergencies. This presentation will include an introductory message from our community partner, Haller's Pharmacy.



Zarlakhta Wayand, MD  
Emergency Medicine

Online Health & Wellness

facebook.com/WashingtonHosp

youtube.com/whhsInHealth

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Washington Hospital Healthcare System

If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

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#PatientFirst





# John McCutcheon *Is Comin' to Town*

World-Renowned, Grammy-Nominated  
Folk Singer/Songwriter

## LIVE IN CONCERT

Monday, January 15, 2024, 7:30 P.M.

One Night Only  
St. James' Episcopal Church  
(37051 Cabrillo Terrace at Thornton Ave., Fremont)

For tickets: 510-797-1492, ext. 203,  
or email [events@saintj.com](mailto:events@saintj.com)  
or purchase online <http://www.saintj.com/mccutcheon>

Masks and COVID  
vaccination/boosters recommended  
A portion of the proceeds from  
this concert will be donated to  
ABODE Services and other local charities

### Last Concert at St. James

For more on John McCutcheon,  
go to [www.folkmusic.com](http://www.folkmusic.com)

Suggested Donation:  
\$30 Adult, \$15 Child (12 & under)  
MasterCard, Visa, Cash or Check



## Veterans Mobile Medical Outreach Team

SUBMITTED BY  
HECTOR M. VILLASEÑOR

This month the VA Palo Alto Mobile Medical Outreach Team will be returning to Hayward on Thursday, January 11. The event will take place at Hayward

Veterans Memorial Hall from 10 a.m. – 1 p.m. The team will facilitate examinations, consultations, and referrals for veterans who are enrolled in the VA healthcare system.

They will also assist veterans and their spouses, caregivers, family members, and survivors with information about veteran enrollment in the VA healthcare system. Veterans should bring military discharge papers (Form DD-214) and a list of current medications. Those who need to obtain proof-of-service documents prior to the event can find instructions at the Hayward Public Library's online Veterans

Resource Center at [bit.ly/hpl-veterans](http://bit.ly/hpl-veterans). This program is a collaboration between the VA Palo Alto Mobile Medical Outreach Team, Veterans Connect @ the Library Program, Hayward Public Library and American Legion Post 68-Hayward.

**Veterans Mobile Medical  
Outreach Team  
Thursday, Jan 11  
10 a.m. – 1 p.m.  
Hayward Veterans Memorial  
Hall  
22737 Main St., Hayward  
[bit.ly/hpl-veterans](http://bit.ly/hpl-veterans)**

reception is scheduled for  
Saturday, January 13.

**Kaleidoscope  
Through Wednesday, Jan 31  
Mon – Sat; 11 a.m. - 4 p.m.**

**Artist Reception  
Saturday, Jan 13  
1 p.m. – 4 p.m.**

**Portola Art Gallery at Allied  
Arts Guild  
75 Arbor Rd., Menlo Park  
(650) 321-0220  
[www.portolaartgallery.com](http://www.portolaartgallery.com)**



Potted Hydrangeas (Patricia Jones)



Replication (Yvonne Newhouse, Watercolor)

## Dr. Martin Luther King, Jr. Celebration

SUBMITTED BY  
CITY OF SAN LEANDRO

Celebrate Dr. Martin Luther King, Jr., a great American leader, and honor his lifelong work toward equality and peace. On Monday, January 15, the City of San Leandro will host an oratorical festival and poetry slam, with performances from local 3rd through 12th grade students. Students will perform original or well-known essays, speeches, and poems celebrating Dr. King's message of peace, tolerance, and social justice.

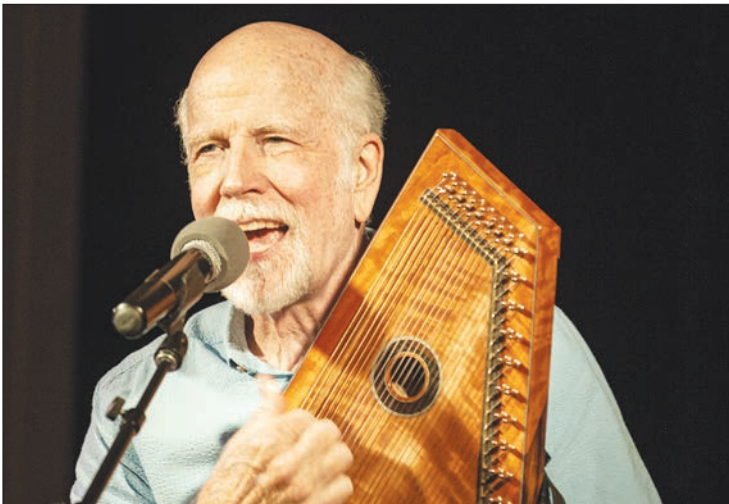
The celebration includes live entertainment, student oratorical contest, crafts for kids, and light refreshments. The event is free of charge and open to the public.

For more information, contact Liz Hodgins at [youth@sanleandro.org](mailto:youth@sanleandro.org) or (510) 577-3473.

**Dr. Martin Luther King, Jr.  
Celebration  
Monday, Jan 15  
10:30 a.m.  
Marina Community Center  
15301 Wicks Blvd., San Leandro  
[sanleandro.org/mlk](http://sanleandro.org/mlk)**

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## *Folk music legend John McCutcheon returns to Bay Area*



are compelling, the production pristine, and the performances stunning. From the stirring "Ukrainian Now" to the hilarious "Same Old Crap," the immigrant story of "In America" to the heart stopping finale, "Together," each song shines as would be expected of this partnership.

Physical and digital copies of *Together* available upon request. Masks and COVID vaccinations / boosters are recommended. A

portion of concert proceeds will be donated to ABODE Services, working to end homelessness in the Bay Area.

**John McCutcheon Concert  
Monday, Jan 15  
7:30 p.m.  
St. James Episcopal Church  
37051 Cabrillo Ter., Fremont  
[www.folkmusic.com](http://www.folkmusic.com)  
Tickets: \$30 Adult, \$15 Kids**

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# Improve Your Heart Health

days per week for additional health benefits, such as maintaining bone mass.

“The most crucial step is to get moving,” he says. “We know that people today lead hectic lives, especially here in the Bay Area, and sometimes it just doesn’t seem possible to exercise every day. I tell my patients to try to at least exercise for

two hours each week. That might mean exercising more on weekends and less during the week, but some exercise is better than none at all.”

Deciding to become heart healthier in 2024 might start with a complete physical to learn your overall baseline health. A plan to be mindful of an improved diet,

increased exercise and better sleep habits could result in reduced stress and increased heart health.

If you need help finding a primary care physician, visit the Washington Township Medical Foundation website at [www.mywtmf.com](http://www.mywtmf.com) and click on the tab for “Find a Doctor.” To learn more about

Dr. Mustafa, use the Find a Doctor feature or scan the below QR code.



## Diamonds in Education Gala

SUBMITTED BY  
NEW HAVEN SCHOOLS FOUNDATION

Our annual fundraiser is back at the Paradise Ballroom with live and silent auctions, casino games, music and more. We'll also honor our 2024 “Diamonds in Education.”

The New Haven Schools Foundation is a non-profit 501(c)3 foundation dedicated to supporting schools in the New Haven Unified School District. Every dollar of support we receive stays right here in our local school district, serving children and youth living in Union City and parts of Hayward.

The Silent Auction is now open. Bidding will continue until the night of the gala. Winners need not be present to win. You can also get a sneak preview of the fabulous prizes to be sold only in our live auction. New this year - The Golden Ticket Raffle! The odds of winning your choice of one of four vacation packages are good - only 100 tickets will be sold.

In 2023, the Foundation's Pathways to Success program awarded \$192,500 in scholarships for our students, bringing the total to \$1,700,000. Our project grants enable teachers to innovate in the classroom and schools to offer extracurricular

activities, funded in part by our Fund-a-Need auction. Thanks to the generosity of donors, especially those who attended the gala, NHSF funded \$104,000 in classroom programs in 2023!

**This year's gala features:**

- Celebrity emcee Fatima Silva, star of Reasonable Doubt on Discovery+
- Live auction featuring Ellen Toscano, the Singing Auctioneer, formerly of Beach Blanket Babylon.
- Casino games and prizes
- Silent auction opens in advance. Bidding closes at 9 p.m.
- Tom Kitayama Business Award - Republic Services
- Guy Emanuele Service Award - Michael Ritchie

VIP Tables are \$1,750 for a table of 10, sold as one transaction. Includes a premium table location, two bottles of wine for the table, \$1000 casino chips per person, and a welcome drink.

New this year! Teachers may purchase tickets at the reduced price of \$125.

Tickets can be purchased and advanced auction bids can be made at <https://nhsfoundation.ejoinme.org/MyEvents/DiamondsinEducation2024>

**Diamonds in Education Gala**  
**Saturday, January 20**  
**Cocktails: 6 p.m.**  
**Buffet: 7 p.m.**  
**Paradise Ballroom**  
**4100 Peralta Blvd., Fremont**  
**<https://nhsfoundation.ejoinme.org/MyEvents/DiamondsinEducation2024>**  
**Tickets: \$150 - \$1,750**

## New BART Schedule Effective January 15

SUBMITTED BY  
BAY AREA RAPID TRANSIT

BART is making minor changes to the schedule beginning January 15, 2024. Some departure times will shift by a few minutes, and we encourage riders to check the schedule before January 15 to see if their trip is impacted. BART's Trip Planner has been updated for trips beginning January 15, 2024, and PDF timetables are available at <https://www.bart.gov/schedules/pdfs>

Get customized notifications with the BART app. The Official BART App offers customized in-app notifications about BART service and news. Riders can personalize what type of information they get through the app based on when and where

they ride BART and what information they care most about. For example, you can select service advisories for your line and direction of travel and specific times of day. Or you can get real time departures pushed as notifications for the 15 minutes before arriving to a station on the days you ride. To turn on these features, select the person icon in the upper-right, then select “Notification Settings” and starting adding what you want. This is a great option for people who don't want to subscribe to text/email alerts or for people who remain on Twitter (X) only for BART Service Advisories.

We also made it easier to pay for parking with the new Tap-and-Go feature on the app that allows customers to pay for parking with just one tap. Check it out!

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**FREE Adult Reading and Writing Classes** are offered at the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480

## LEAF

(Local Ecology and Agriculture Fremont)

Is seeking volunteers in various positions in our non-profit gardening community from working in our food gardens to grant writing, teaching classes and project mgmt.

**Website: [FremontLEAF.org](http://FremontLEAF.org),**

**Contact us at [Info@FremontLEAF.org](mailto:Info@FremontLEAF.org)**

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# Niles Essanay January Film Lineup

SUBMITTED BY  
MICHAEL BONHAM  
IMAGES FROM IMDB

We're starting the year with a great January lineup at Niles Essanay historic theatre. We kicked off the month with one of the big three of silent comedy, Harold Lloyd in his last silent film. Coming up is a classic by the great German director, Fritz Lang. Our Laurel & Hardy Matinee and Comedy Shorts Night come next with an Alfred Hitchcock silent classic to round out the month.

Our big special event of the month will be an awesome collection of Popeye cartoons produced by Max and Dave Fleischer. After the cartoons, there will be a video presentation about the Fleischer studio and a Q&A session with in-person guest Jane Fleischer. Definitely a show not to be missed!

As an added plus, we are promoting a couple of shows by our partners in silent film. First is a showing of "Vampyr" in the last authentic silent film show at the Castro Theatre in San Francisco. Next is "Chaplin" with Robert Downey Jr. at the Balboa Theater in San Francisco. It is hosted by our theater manager, Brett Bonowicz.



Fritz Lang, Spies



Fritz Lang, Spies poster

Fritz Lang (Metropolis) directs a tale of espionage and romance. With Rudolf Klein-Rogge and Lien Deyers. (Bruce Loeb, Piano Accompaniment)

Preceded by:  
The Lonedale Operator (1911, Biograph)  
Picking Peaches (1924, Sennett)

**Laurel & Hardy / Our Gang Matinee**  
Sunday, Jan 14  
3 p.m.

**Barnum & Ringling Inc. (1928) Our Gang**  
**Liberty (1929) Laurel & Hardy**  
**Cat & Dog & Company (1928) Our Gang**  
**Bacon Grabbers (1929) Laurel & Hardy**  
**Chaplin (1992) (Robert Downey Jr,**

**Geraldine Chaplin)**  
Tuesday, Jan 16  
7:30 p.m.  
**Balboa Theater, San Francisco**

An elderly Charlie Chaplin discusses his autobiography with his editor, recounting his amazing journey from his poverty-stricken childhood to world-wide success after the ingenious invention of the Little Tramp. Hosted by Brett Ryan Bonowicz.

There is also a cartoon and vintage trailers before the feature.



Chaplin 1992

Enjoy!  
Order tickets at:  
<https://www.balboamovies.com/>

**Comedy Shorts Night**  
**Bruce Loeb, Piano Accompaniment**  
Saturday, Jan 20  
7:30 p.m.

**Caught in the Rain (1914, Keystone) Charlie Chaplin**  
**The Rounders (1914, Keystone) Roscoe Arbuckle, Charlie Chaplin**  
**From Hand to Mouth (1919, Rolin) Harold Lloyd**  
**The Garage (1919, Comique,**

**35mm) Buster Keaton**  
**Their Purple Moment (1928, Hal Roach Studios)**  
**Stan Laurel, Oliver Hardy**

**Popeye the Sailor 90th Anniversary Showcase**  
Sunday, Jan 21  
3 p.m.

Strong to the finish! Cartoons from Fleischer Studios featuring Popeye, Olive Oyl, Bluto, Wimpy, Little Swee'Pea, and plenty of spinach. With newly restored pictures and sound.

This program was assembled by Fabulous Fleischer Cartoons Restored in 2023 in tribute to the 90th anniversary of the animated series, begun in 1933.

Followed by a short video presentation about the artistry and techniques of Fleischer studios by Ray Pointer, animation professional and author of *The Art and Inventions of Max Fleischer: American Animation Pioneer* (McFarland, 2016).

Then questions and answers with guest Jane Fleischer.

**Easy Virtue (1927, Gainsborough Pictures)**  
**Greg Panc, Piano Accompaniment**  
Saturday, Jan 27  
7:30 p.m.

Rarely screened, this early Hitchcock picture is a courtroom romance based on the play by Noel Coward. Watch for Hitchcock's signature cameo!

Directed by Alfred Hitchcock  
Preceded by:  
*Should Husbands be Watched?* (1925, Hal Roach Studios) Charley Chase  
*Ten Dollars or Ten Days* (1924, Mack Sennett Comedies) Ben Turpin

**Donations Needed!**  
We are planning to do major upgrades to our building such as the foundation, plumbing, electrical, and other tasks. We are also refurbishing the auditorium and bringing it back to its authentic heyday when it was a silent film theater from 1913 to 1924. We're excited about these plans but they all take lots of money. Your generosity will surely make our museum one of the crown jewels of the Bay Area.

Make a (tax deductible) donation online at [nilesfilmmuseum.org](http://nilesfilmmuseum.org) or send a check made out to NESFM to:

**Niles Essanay Silent Film Museum**  
37417 Niles Blvd.  
Fremont, CA 94536

**Volunteers Needed!**  
We are a volunteer-led non-profit organization and every little bit helps so if you can help us with selling tickets, ushering, after-show cleanup, also working in the store, giving tours, or behind-the scenes computer work, we need you! With more volunteers we will be able to increase our movie nights and our daytime open hours.

Email Bethany, our volunteer manager at [bethanycarlsonmann@gmail.com](mailto:bethanycarlsonmann@gmail.com) if you want to volunteer.

**Niles Essanay Silent Film Museum**  
37417 Niles Blvd., Fremont  
(510) 494-1411  
[www.nilesfilmmuseum.org](http://www.nilesfilmmuseum.org)

Danish director Carl Dreyer's (*The Passion of Joan of Arc*) first sound film was shot silent with music, effects, and scant dialogue added in post-production.

A drifter obsessed with the supernatural stumbles upon an inn where a severely ill adolescent girl is slowly becoming a vampire.

Order tickets at:  
<https://silentfilm.org/event/vampyr/>

**SPIES (1928, Fritz-Lang-Film)**  
Saturday, Jan 13  
7:30 p.m.



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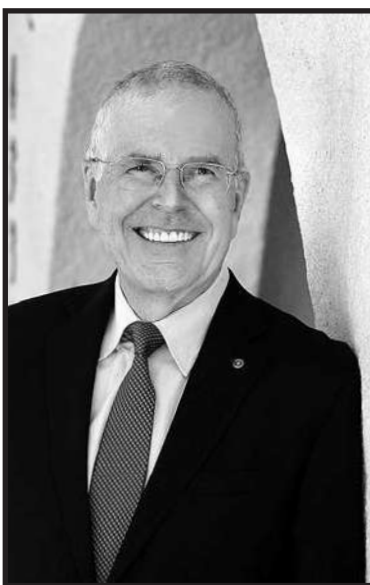


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# 90 Years of East Bay Regional Parks

SUBMITTED BY  
DAVE MASON

Welcome to the East Bay Regional Park District's 90th Anniversary year. After 90 years, the Park District has grown to be the largest regional park district of its kind in the nation, with 73 regional parks available for hiking, biking, swimming, horseback riding, boating, fishing, picnicking, camping, and

nature discovery. The Park District manages over 125,000 acres of parklands, 55 miles of shoreline, and more than 1,300 miles of trails in Alameda and Contra Costa counties. Wherever you live in the East Bay, there is a beautiful regional park close to you.

"Join us in celebrating the Park District's 90 years of milestones and history of environmental conservation and positive experiences in nature,"

said Park District General Manager Sabrina Landreth. "We invite the public to enjoy their regional parks and shorelines and celebrate with us throughout the year at events and programs commemorating our 90 years of service to the community."

The East Bay Regional Park District's story began in the late 1920s when thousands of acres of watershed land in the East Bay Hills suddenly became available for development. Civic leaders came together with a vision: preserve the land forever, and balance environmental conservation with public enjoyment.

To aid the cause, they enlisted renowned landscape architect Frederick Law Olmsted Jr. and National Park Service's Chief Naturalist Ansel Hall to survey the watershed lands for potential park use. The resulting 1930 Olmsted-Hall report titled "Report on Proposed Park Reservations for East Bay Cities" brought national credibility to the effort and is largely considered the founding document of the East Bay Regional Park District.

Four years later, in the heart of the Great Depression, civic leaders placed a measure on the ballot to

establish the Park District and tax themselves for land preservation. The measure passed on November 6, 1934, by a resounding 71 percent—even during trying times and economic instability. On June 4, 1936, the District purchased land from the East Bay Municipal Utility District to create its first three parks—Upper Wildcat Canyon (Tilden), Temescal, and Roundtop (Sibley).

For 90 years, the East Bay Regional Park District has preserved and protected open space and provided safe and welcoming parks for recreation and nature viewing.

Events and programs celebrating the Park District's 90th Anniversary include a community birthday celebration on May 11 and monthly naturalist-led "Explore Your Parks" adventure programs. Additional events and programs will be announced throughout the year.

For more information about the Park District's 90th Anniversary, including events and activities, visit [www.ebparks.org/celebrating-90-years](http://www.ebparks.org/celebrating-90-years).

- Saturday, Feb 10; 11:00 a.m. - 12:30 p.m.**

**Hayward Regional Shoreline**  
(West Winton Ave. Staging Area)
- Community Science Bio Blitz**

Love nature and want to contribute to real scientific studies? Learn how apps like Seek, iNaturalist, and others are used to help scientists gather data, while enhancing your next hike! Drop-in program; no registration is required.
- Saturday, Jan 27; 10 a.m. - 12 noon**

**Sunol Wilderness Regional Preserve**
- Celebrating Black History Walks**

In honor of Black History Month, tours will explore the southern end of the new Thurgood Marshall Regional Park – Home of the Port Chicago 50, where attendees can learn about the natural and human history of the land. Registration required: [www.ebparks.org/calendar](http://www.ebparks.org/calendar).



- 90th Anniversary "Explore Your Parks" Adventure Series**

Throughout 2024, Park District naturalists are hosting a series of programs and events to celebrate the District's 90th Anniversary.
- King Tide Walk**

What are king tides? How do they affect plants and animals, and what can we learn from them? Be prepared for muddy shoes! Drop-in program; no registration is required.
- Saturday, Jan 13; 12 noon - 1:30 p.m.**

- Sundays in February; 10 a.m. - 1 p.m.**

**Thurgood Marshall Regional Park (Concord)**
- Winter Walk**

Take in the spectacular views of Carquinez Strait and look for signs of spring's approach along this rolling, paved trail. Heavy rain cancels. Drop-in program; no registration is required.
- Friday, Feb 23; 9 a.m. - 12 noon**

**Carquinez Strait Regional Shoreline (Port Costa Staging Area)**

# January Dinosaur classes at Math Science Nucleus

SUBMITTED BY JOYCE RAI

Are your kids in love with dinosaurs and eager to take a class with a researcher at a higher level than normally taught? Paleontologist will Danny Anduza will lead classes on January 20 and 27, and February 1 at the Math Science Nucleus (MSN) in Fremont.

Born and raised in the Bay Area, Danny Anduza is a dinosaur paleontologist with over ten years of experience in discovering, excavating, and studying dinosaurs. Anduza has worked with Museum of the Rockies, Badlands Dinosaur Museum, and the Utah Geological Survey, uncovering several new

dinosaurs, including the bizarre Trierarchuncus. He brings his paleontology knowledge and enthusiasm to Twitch livestreams every weekday. He also teaches children of all ages.

**The three classes at MSN cover the topics below:**

**What are Dinosaurs?**

Everyone thinks they know what a dinosaur is, but how do paleontologists determine what is a dinosaur and what isn't? The answer might surprise you! Through hands-on activities and interactive lessons, students will learn the basics of dinosaur science, from geologic time to classification and how paleontologists figure all this stuff out.



- The Plant Eaters**

Why did most dinosaurs eat plants? In this overview of herbivorous dinosaurs, students will learn why the biggest dinosaurs were plant-eaters, what kinds of foliage they fed on, and how they defended themselves against hungry meat-eating dinosaurs. With engaging lessons and crafts designed to help students remember what they've learned, this class will be a delight to any young dinosaur detective.
- The Meat Eaters**

Fierce, fast, and ferocious, carnivorous dinosaurs capture our imagination like no other creatures—but what do we really know about them? Students will gain a newfound appreciation for the wondrous diversity of predatory dinosaurs through hands-on activities, learning about the astounding shapes and sizes these creatures attained, and their surprising relationship
- to birds. From the mighty Tyrannosaurus to the tiny feathered Microraptor, these marauding meat-eaters still haunt our dreams—and perhaps our bird feeders too!

Classes are for children ages seven to 10 years old. They can sign up for one class, or for all three at a discount. Please bring water. All class materials will be provided.
- Dinosaur Science**

**Saturdays: Jan 20, Jan 27, & Feb 3 9 a.m. - 12 noon**

**Math Science Nucleus**  
4074 Eggers Dr., Fremont  
(510) 790-6284  
<http://msnucleus.org>  
**Registration: \$38 per class; \$100 for all three**



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2400 Stevenson Blvd., Fremont, CA 94538

January 12, 13, & 14, 2024

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• Saturday, January 13: 10 am – 3 pm

Most books priced at \$1/inch, some specially priced.  
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CDs: 2 for 25 cents, DVDs: from \$1.  
New materials may be added after opening.

• Sunday, January 14: 12 pm – 3 pm

Clearance Sunday:  
Only \$5 per paper grocery bag!  
We will provide the bags.  
Books & magazines only in bags.  
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• The Second World War by Winston Churchill (6 vols)

• Grand Diplome Cooking Course (22 vols)

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## Resolve to Write in 2024

SUBMITTED BY  
TISH DAVIDSON

Fremont Area Writers invites you to make a New Year's resolution to write that book, story, or poem a reality. On Saturday, January 13, join a virtual "Social Write-In" to jumpstart your creativity in a nonjudgemental Zoom session. The Write-In will stimulate your creativity as well as put you in touch with other local writers. The event is free and for all levels from absolute beginners to published pros. The event is not a writing critique session. Your writing will not be judged, just enjoyed by your fellow writers.

### How the Write-In works:

At the Write-In, the computer will randomly assign four writers to each Zoom room. Writers will be given several word or photo prompts. Choose one prompt and write whatever comes to mind for 10 minutes. At the end of 10 minutes, each person in the room will read their response to the prompt. Because the writing time is short, there is no expectation that the result will be polished or even complete. Time to socialize and get to know each other follows the readings. Writers will then be reassigned to a different Zoom

room with different people and a new writing challenge. After the second writing period, stories will be shared with others in the room.

The Write-In is sponsored by Fremont Area Writers, a branch of the California Writers Club. In addition to the Write-In, FAW meets on Zoom from 2 p.m. – 4 p.m. the fourth Saturday of each month. At meetings, guest speakers discuss various aspects of writing and the publishing industry. The speaker for the January 27 meeting is Maine illustrator Aggy Wilson. She will talk about what to expect when working with a book or cover illustrator. Children's book authors and artists interested in illustration are especially encouraged to attend. You do not need to live in Fremont to join the meeting. More information is available at <https://cwc-fremontareawriters.org>

To participate in the Write-In or the general meeting, please request the Zoom meeting link from Scott Davidson at [scottfrombayside@yahoo.com](mailto:scottfrombayside@yahoo.com).

**Free Zoom Write-In**  
**Saturday, Jan 13**  
**2:00 p.m. - 3:30 p.m.**

**Free General Meeting**  
**Saturday, Jan 27**  
**2 p.m. - 4 p.m.**

**Via Zoom**  
**Request link from:**  
**[scottfrombayside@yahoo.com](mailto:scottfrombayside@yahoo.com)**

continued from page 1

Plant a Tree for  
MLK Day weekend

Saturday, Mar 2  
1:00 p.m. - 3:30 p.m.  
Glenmoor

Saturday, Mar 16  
1:00 p.m. - 3:30 p.m.  
Glenmoor



Additional 2024 events include three tree plantings in Newark in April (Signups will open in February) and a tree identification walk in April starting from Newark Public Library (no signup required). For all events, volunteers must be 15+ to participate.

UFF would also like to share two opportunities to give feedback and learn more about trees:

1. If you live or work in Newark, the city wants to hear from you! Ask for more trees in the parks on the Newark Parks website. Link to the Survey Monkey survey: [www.surveymonkey.com/r/6FG2CPC](http://www.surveymonkey.com/r/6FG2CPC)
2. For all Tri-City residents: The City of Fremont has a brand-new six-week course on Urban Forestry! Registration for the class is available at the city of Fremont website. If you can't do the in-person training, consider auditing to learn about our city trees! The course costs \$50 and runs March 7 to April 13. [www.fremont.gov/government/departments/urban-forestry/urban-forest-updates](http://www.fremont.gov/government/departments/urban-forestry/urban-forest-updates)

Community Tree Planting  
Saturday, Jan 13  
Volunteer check-in: 9 a.m.  
Event: 10 a.m. – 12 noon  
Fremont Central Park  
Nature Learning Center, behind  
Aqua Adventure Waterpark  
[www.urbanforestfriends.org](http://www.urbanforestfriends.org)

## Meals on Wheels Program serving Fremont, Newark, Union City needs volunteers!

SUBMITTED BY  
JOHN SCHINKEL-KLUDJIAN,  
SOS MEALS ON WHEELS

SOS Meals on Wheels, the provider of home-delivered senior nutrition in the Tri-City Area, needs more volunteers to keep up with the demand for service. The work is rewarding, fun, and flexible, and meets a pressing need in our community of providing homebound seniors with a nutritious meal and wellness check.

As seniors continue to be the fastest-growing population in Alameda County, the need for Meals on Wheels grows accordingly. We rely on our dedicated volunteer drivers to allow us to take on new clients in need of service.

Each day, volunteers meet at the rear parking lot of the Fremont Hall of Justice where pre-packed coolers with chilled meals are distributed by route. The average route has 10-15 stops, and takes an average of 1-2 hours, with a delivery time of 10:30 a.m. - 12:30 p.m. Routes can be driven at a frequency of your availability,

such as once per week, month, or when otherwise available.

Are you ready to join an amazing community of volunteers who serve our older neighbors? Contact John Schinkel-Kludjian at (510) 244-0165 or [John@sosmow.org](mailto:John@sosmow.org). For more information visit [sosmow.org](http://sosmow.org).

*SOS Meals on Wheels is a 501c (3) organization. We foster the independence and dignity of older adults by reducing food insecurity and isolation, with daily nutritious meals, friendly visits, and connection to support services. We serve Fremont, Newark, and Union City, Hayward, San Leandro, Castro Valley, San Lorenzo, and Oakland.*



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# Asparagus

By PAT KITE

If you want to enjoy garden-fresh asparagus, start soon and have patience.

First things first: Purchase asparagus seeds, or better yet, asparagus crowns. (What are asparagus crowns? The roots of one-year-old plants. Where do you get these? Most garden centers.) Seeds can take two to three weeks to emerge. From here, if things go well, you will soon see tiny baby asparagus poking out. Do not reach for the mayo or sauce. For the first year, the youngsters are developing their roots. Second year plants are growing roots. In the third year, you can admire, slice and eat.

When siting your prospective harvest, remember that wherever you plant, that is where asparagus will stay, perhaps for years. You need sensible soil, sun, and a quiet place that does not turn into a bog.

Dig down about 12 inches. Put in a substantial layer of compost. Settle in your crowns/roots about eight inches apart. Cover loosely with good soil and water. Wait. You will see shoots. If the shoots are slimmer than a pencil, more waiting. Wait until the third year to harvest. You can cut from the base. No more waiting. If the asparagus starts looking like ferns, it is too late for harvest.

King Louis of France called asparagus the King of Vegetables. He grew them in his greenhouses. Emperor Augustus of Roman days grew a lot of asparagus. He had ancient runners carry the spears to the Alps where they could be frozen until ready to munch. In ancient China, arriving guests were honored with an asparagus footbath. The goddess of Love, Aphrodite, was

in charge of asparagus as a fertility aid.

While we are on the subject, asparagus was banned from girls' schools in the 1800s. Eating it was supposed to make you think about sex, etc. As you may recall, after you eat asparagus, your pee has a distinct aroma. Victorian women, always alert to cheating husbands, would check their urine for the asparagus aroma. A definite sign of misbehavior.

There are several Asparagus types: Argenteul Early from France, Mary Washington and Purple Passion with early shoots being deep purple. There are several Asparagus recipes on the Internet. Easy-peasy...roast them for a short time and top with Parmesan sprinkles and a few chopped nuts. I have tried this recipe for guests, but I usually eat it all myself.

HAPPY NEWEST YEAR!

## Pat Kite's Garden



PAT KITE

L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

# Newark's Daddy Daughter Dance

SUBMITTED BY  
NEWARK RECREATION  
DEPARTMENT

Take your daughter on her most important first date and join us for the Annual Daddy Daughter Dance on Friday, January 19. A sophisticated and fun event that gives your daughter the opportunity to dress up, have a dance with her dad or loved one, and create memories that last a lifetime. Dancing, DJ, refreshments, and photo booth are included. All ages welcome!

No tickets will be sold at the door. \$30 per couple, \$5 for each additional daughter. Registration deadline is Friday, January 12. Register at <http://tinyurl.com/4kupey48>

**Daddy Daughter Dance**  
**Friday, Jan 19**  
**6 p.m. – 8 p.m.**  
**Silliman Activity Center Gym**  
**6800 Mowry Ave., Newark**  
**Register at:**  
**<http://tinyurl.com/4kupey48>**  
**Tickets:**  
**\$30 per father/daughter couple;**  
**\$5 additional daughter**

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## Join the 2024 Point-In-Time Homeless Count

SUBMITTED BY  
ALAMEDA COUNTY

Are you looking to volunteer or help out in your community? The Point-in-Time (PIT) Count is a county-wide count of all people experiencing homelessness during a 24-hour period. The next PIT Count will be held on Thursday, January 25.

### How can you help?

1. Volunteer - Volunteer opportunities to administer surveys are available throughout Alameda County, but there is a high need in Unincorporated County.
2. Encampment Identification - For those who can't volunteer, the app called "Counting Us" allows users to "drop pins" and give estimates of people experiencing homelessness in the community. Reporting takes two-clicks and is a crucial first step in identifying the locations that volunteers will be visiting.

The purpose of the Everyone Home's PIT Count is to obtain a

snapshot census of people experiencing homelessness in the Alameda County area in a designated 24-hour period. The count focuses on people who, on the night of the count, are:

- Sheltered (living in emergency shelters or transitional housing) or
- Unsheltered (staying outdoors or places not designed for habitation including vehicles, streets, parks and abandoned buildings)

The PIT Count is an essential element in our effort to end homelessness. The campaign presents a great opportunity to raise awareness of the myriad challenges our homeless citizens face, hear personal experiences from those experiencing homelessness, and demonstrate the compassion and generosity of the Alameda County community through provision of basic items such as hats, gloves, socks and toiletries. Connections are made based on individual needs to community resources.

### What to expect:

Volunteers will conduct surveys of people experiencing homelessness to gather details about their demographics and of conditions that may impede their ability to obtain and retain housing. Volunteers will be able to indicate what geographic areas they prefer to be located at for the count. Registration will also ask other questions that will allow organizers to match you with other volunteers.

We strongly encourage folks to sign up in groups as a team if you have a preference of who you will be working with and to ensure you are working with someone you know, if that is important to you. Much more information, FAQs, training resources, etc., will be provided at the training sessions. Thank you for your help in ensuring that every individual experiencing homelessness counts!

**Point-in-Time Count**  
**Thursday, Jan 25**

**5 a.m. to 10 a.m.**

**Register at**  
**<https://alameda24.pointin-time.info/>**

## Family Nature Adventures: Weather



SUBMITTED BY  
CHABOT SPACE AND SCIENCE CENTER

Every second Saturday, drop by Chabot Space and Science Center for "Nature Adventures" where we'll take a deep look into a different aspect of the surrounding redwood forest. Your adventure includes a hands-on workshop, access to scientific tools and instruments, a simple snack, and a short exploration work in the forest.

The January 2024 theme is "Wonders of Weather." Learn how to measure and predict the

weather using scientific instruments in a hands-on workshop. Then, put your skills to the test with a short walk in the forest.

(Event ticket does not include general admission.)

**Family Nature Adventures: Weather**  
**Saturday, Jan 13**  
**10:30 a.m. - 12:00 noon**  
**Chabot Space and Science Center**  
**10000 Skyline Blvd., Oakland**  
**(510) 336-7300**  
**<https://chabotspace.org>**  
**Tickets: \$25 Adults; \$15 Youth 3+**

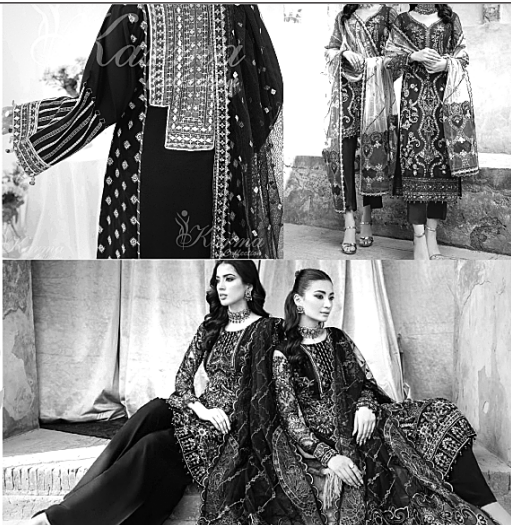
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## ROMAN NUMERALS

Long ago, people in the Roman Empire started a number system called **Roman numerals**. They found it helped when all of the people in their empire used the same symbols for counting and for math.

| I | V | X  | L  | C   | D   | M    |
|---|---|----|----|-----|-----|------|
| 1 | 5 | 10 | 50 | 100 | 500 | 1000 |

Standards Link: Mathematics: Understand different numbering systems.

### How It Works

Roman numerals are combined to make different numbers. Here is a number in Roman numerals. It is three letter Is in a row.

III

To figure out what number this is, you add the three Is.

I + I + I

1 + 1 + 1 = 3

If you want to write the number 4, things change a bit. Instead of IIII, the number 4 is written as IV. This shows that the number 4 is one less than 5.

IV = 4

### What is VII?

Add the Roman numerals:

V = 5 I = 1 5 + 1 + 1 = 7

The number 7 is written as VII in Roman numerals. But the number 9 is IX. That shows that the number nine is one less than 10. (The number 10 is X in Roman numerals.)

| VIII | IX | X  | XI |
|------|----|----|----|
| 8    | 9  | 10 | 11 |

### Give it a try!

Can you write each of these numbers as Roman numerals?

|    |   |   |   |
|----|---|---|---|
| 3  | I |   |   |
| 16 |   | V |   |
| 29 | X |   |   |
| 32 |   | X | X |

Standards Link: Mathematics: Understand the Roman numeral system.

The Roman Empire was so big that the numbers were eventually used in parts of Europe, Asia, and Africa.

Roman numerals have seven symbols: I, V, X, L, C, D, and M. The chart at left shows which letters represent which numbers.



How many differences can you find between these two pictures?



### Match Up

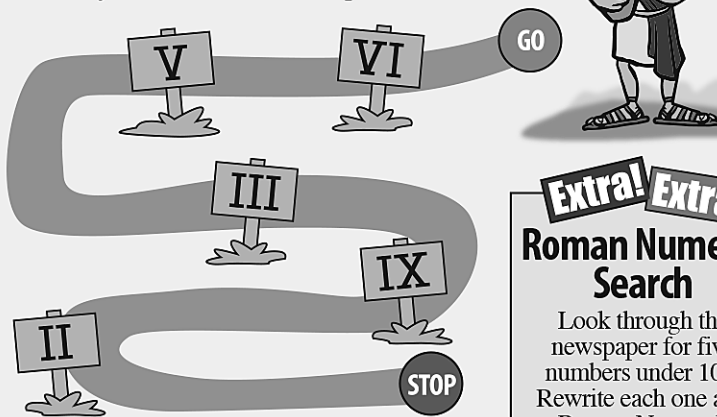
Draw a line between each number and the Roman Numeral that has the same value. One is done for you.

|      |    |    |    |       |
|------|----|----|----|-------|
| XIV  | 6  | 12 | 14 | XXV   |
| XII  | 24 |    |    | XXIII |
| XXIV | 23 | 25 |    | VI    |

Standards Link: Mathematics: Understand that numbers can be represented in different ways.

### Miles to Marketplace

Add up the Roman numerals on the signposts to see how many miles it is to the marketplace.



It is \_\_\_\_\_ miles to the marketplace.

### Extra! Extra! Roman Numeral Search

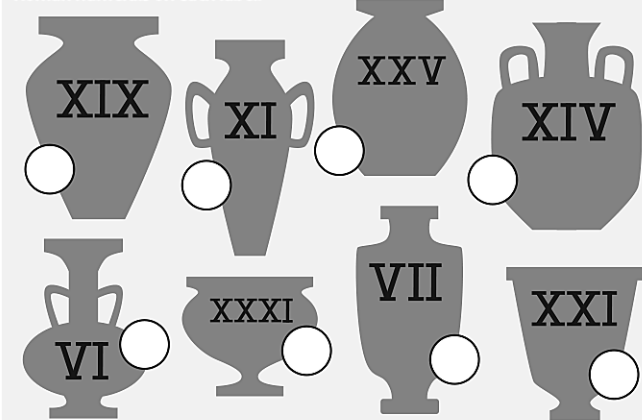
Look through the newspaper for five numbers under 100. Rewrite each one as a Roman Numeral.

Standards Link: Mathematics: Practice writing Roman numerals.

### Kid Scoop Puzzler

#### Pottery Places

Number these pieces of pottery in order from lowest to highest based on the Roman numerals on each label.



Standards Link: Mathematics: Order numbers from lowest to highest.

### Double Double Word Search

ADD  
BIG  
ASIA  
CHART  
EMPIRE  
FIGURE  
LESS  
MATH  
MILES  
NINE  
NUMBER  
ROMAN  
SYMBOLS  
VALUE  
WRITTEN

Find the words in the puzzle. How many of them can you find on this page?

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| K | B | N | R | S | T | R | A | H | C |
| A | S | Y | M | B | O | L | S | G | W |
| Z | D | F | I | I | A | U | L | Y | R |
| O | P | D | L | G | S | P | N | E | I |
| N | L | O | E | V | I | Y | U | M | T |
| A | U | B | S | M | A | T | H | P | T |
| M | V | M | S | S | E | L | T | I | E |
| O | K | C | B | W | F | V | U | R | N |
| R | L | O | Y | E | N | I | N | E | K |
| V | J | D | W | E | R | U | G | I | F |

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

### Kid Scoop Together

#### Roman to Arabic

Adding and subtracting Roman Numerals is not easy. Multiplying and dividing is even harder.

To simplify things, people switched to Hindu-Arabic numerals (called Arabic numbers for short). They were invented by two great mathematicians from Ancient India, **Aryabhata** (fifth century BC) and **Brahmagupta** (sixth century BC).

The Arabic system has ten digits – 0, 1, 2, 3, 4, 5, 6, 7, 8, and 9.

#### Roman Numerals and You

Work with a family member to answer these questions using Roman numerals.

How old are you?

What's the first number in your address?

How many hours did you sleep last night?

How many noses do you have?

How many kids are in your class?

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### Kid Scoop VOCABULARY BUILDERS

This week's word:  
**NUMERAL**

The noun **numeral** means one or more words or symbols used to represent a number.

The numeral "3" stands for three.

Try to use the word **numeral** in a sentence today when talking with your friends and family members.

### FROM THE Kid Scoop LESSON LIBRARY

#### Around the World

Roman numerals came from Rome. Chocolate came from Mexico. Rice came from Asia. Look through the newspaper for examples of things in your community that come from another country.

Standards Link: Differentiate between wants and needs.

1948  
25/63

Why do math teachers always seem worried?

ANSWER: They've got a lot of problems.

### Write On!

#### My Favorite Number

Which number is your favorite or "lucky" number? Why? Write about it!

# Toyota Prius – Beautifully Green

By MICHAEL COATES  
PHOTOS PROVIDED BY TOYOTA

When the first Toyota Prius hybrid came to America in 2000, gas prices were \$1.58 a gallon. Even though the car with a combination of an electric motor *and* a gasoline engine set new marks for efficiency in Japan, the stateside reaction was more muted. The environmental community raved about the car, but sales were light. Toyota kept at it and during the decade introduced improved versions (in both looks and efficiency), and as gas prices rose, so did sales of the Prius. It became a star of not just the eco-minded, but anyone concerned about saving money at the gas pump.

Fast forward to the third decade of the 21st century and the Prius is still around. It's earned its place in automotive history. The hybrid technology is found in most Toyota and Lexus products and spawned competitors around the



world. Prius added a plug-in hybrid model along the way for increased efficiency and all-electric driving.

But hold the dry accolades—the latest Prius has something completely new. It's good-looking! The Prius was always distinctive, part of the badge of good citizenship that came with driving the most efficient car on the market. Those designs, painfully practical and supremely focused on maximum mpg, never seemed to excite enthusiasts of automotive styling. The latest iteration of the Prius changes all that.

## Not Just a Pretty Face

The good news is the 2024 Prius, still available as a hybrid and a plug-in hybrid, hasn't sacrificed any of the positive environmental traits as it nears the midpoint of the third decade of its U.S. presence. The hybrid delivers more than 50 mpg in most trims and most driving situations. We drove the plug-in hybrid Prius Prime, which has an even longer EV-only range than its predecessor—up to 44 miles. The car's safety standing remains top notch, now featuring the third generation of Toyota Safety Sense. Advanced driver assistance tools are either standard or available as options.

The good stuff is still around in the new skin, but underneath that sleek new exterior is some new hardware that adds another first for the Prius—performance. Horsepower is bumped a whopping 100 hp compared to the last generation Prius, and that translates into acceleration that will not leave you wondering whether your freeway merge is really going to happen. The base engine is still a 2.0-liter



4-cylinder, but two electric motors add boost without detracting from overall efficiency.

The 13.6-kWh lithium-ion battery is stashed under the back seat so it doesn't impact storage under the Prius' traditional hatchback. At 284 pounds, the low placement of the battery adds to the stability of car's stance and, with its new suspension, leads to a sportier feel of what used to be an economy-first-and-only car.

## The Numbers

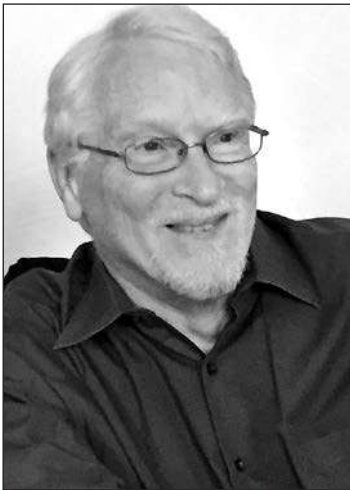
The new Prius comes in two distinct flavors, each of which have two levels of efficiency. The basic Prius remains one of the most efficient vehicles on the market, and the plug-in Prime that I drove adds the ability to do most daily driving on electricity. The three trim levels further stratify that efficiency. The base SE model offers the best efficiency (600 miles of total range in the Prime compared to 550) while the better-equipped XSE and XSE Premium sacrifice some hybrid mpg and all-electric range (AER) because of larger tires and increased weight from added equipment dropping to

39 miles from the SE's 44 of AER. Given the variability of range due to temperature, terrain, and driver skill, I would view those five miles as negligible.

The retail price of the SE Prime starts at \$33,770, including the destination charge. The XSE Premium tops \$40,000, and options can bump that up even more. It's a reasonable price to pay for a car that now wraps hyper-efficiency in a pleasing exterior.



## Auto Review



Michael Coates is an experienced automotive writer, who is also editor and publisher of the Clean Fleet Report online magazine ([www.cleanfleetreport.com](http://www.cleanfleetreport.com)) that focuses on advanced automotive technology. He lives in the Bay Area with his wife.

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# Clipper® BayPass Welcomes Aboard UCSF as First Employer to Offer Workers Unlimited Free Transit

SUBMITTED BY  
JOHN GOODWIN, MTC; AND  
ALICIA TROST, BART

The Metropolitan Transportation Commission (MTC) and the University of California, San Francisco (UCSF) finalized a partnership agreement through which UCSF will provide up to 6,000 of its employees with passes for unlimited free travel for one year on any of 24 Bay Area transit agencies beginning January 1, 2024. The agreement, approved at the December meeting of MTC's Regional Network Management Committee, makes UCSF the first Bay Area employer to join Phase 2 of the Clipper® BayPass program, which is jointly managed by MTC and BART.

UCSF's goal is to make public transit more accessible to employees in the university's lower salary tiers.

"This is an exciting project that has the potential to help our staff with their commutes, keep our transit system sustainable, and contribute to our communities by reducing the number of cars coming to our campuses," said Erin Gore, senior vice chancellor for finance and administration at UCSF. "We hope this will become a model for other employers across the Bay Area."

MTC and BART expect to complete similar agreements with other employers in

the months ahead. The Clipper BayPass will be made available to as many as 20,000 individuals at up to 10 different companies, institutions or public agencies during the pilot program's second phase. Employers who wish to participate can get more information and complete an interest form on the Clipper BayPass website at [clipperbaypass.com](http://clipperbaypass.com).

MTC teamed with BART and other transit agencies to launch Phase I of the Clipper BayPass pilot in August 2022. The purpose of the program is to study the impact of a single pass that can be used for unlimited access to all Bay Area bus, rail and ferry services, with the exception of San Francisco's Muni cable cars. Clipper BayPass to date has enrolled some 50,000 people, including residents of several affordable housing complexes managed by MidPen Housing, students at Santa Rosa Junior College and randomly selected students at San Francisco State University, San Jose State University and the University of California's Berkeley campus.

"One of the big takeaways from the Blue Ribbon Transit Recovery Task Force convened early in the COVID-19 pandemic is the urgency of making Bay Area transit simpler and more seamless," explained MTC Chair and Napa County Supervisor Alfredo Pedroza. "Clipper BayPass is giving us real-world data on the role fare coordination can play in meeting those goals. We'll use this

information to help shape the development, pricing and implementation of one or more new multi-agency passes or fare caps that eventually will be used by vastly more riders."

Clipper BayPass participants used their passes for more than a combined 2 million transit trips in the first year of the pilot. Usage data indicate these customers take some 40 percent more transit trips than their nonparticipating peers and transfer between systems 74 percent more often.

"In just its first year of existence, Clipper BayPass already is establishing itself as a shining example of regional coordination among Bay Area transit agencies," said BART general manager Bob Powers. "Clipper BayPass is giving us a vision of the future of Bay Area transit and shows if we make transfers between systems more seamless, ridership will increase across the board."

Fare coordination and integration is a cornerstone of the Bay Area Transit Transformation Action Plan adopted by MTC in 2021. The Survive & Thrive roadmap released earlier this year by MTC, transit agencies, and business and policy advocacy groups identifies Clipper BayPass as a key strategy for retaining and growing ridership. Transit agencies in 2024 will expand fare integration with the launch of a pilot program for no-cost and reduced-cost transfers between agencies.

Pilot program participants use Clipper BayPass for unlimited travel on: BART, SFMTA (Muni), AC Transit, VTA, Caltrain, SamTrans, Golden Gate Transit, Golden Gate Ferry, San Francisco Bay Ferry, County Connection, Dumbarton Express, FAST, Marin Transit, Petaluma Transit, Santa Rosa CityBus, SMART, Soltrans, Sonoma County Transit, Tri Delta Transit, Union City Transit, Vacaville City Coach, VINE, WestCAT, Wheels.

Aside from allowing travel at no charge, the Clipper BayPass functions like any other Clipper card. Participants use their Clipper cards—either traditional plastic cards or Clipper cards on their smartphones or Apple Watches—to tag on (or off) at faregates, on buses, on rail platforms or at ferry ramps. The Clipper BayPass may not be shared with family or friends; it may be used only by participants selected for the pilot program.

MTC is the transportation planning, financing and coordinating agency for the nine-county San Francisco Bay Area. The Commission operates the Clipper transit-fare payment system on behalf of the region's transit agencies.

Metropolitan Transportation  
Commission  
[mtc.ca.gov](http://mtc.ca.gov)

## Introduction to Herbalism

SUBMITTED BY  
ANGELA MOFFET, CASTRO VALLEY LIBRARY

Join us for an interactive class on herbal medicine as an ancient, holistic practice. We will taste different herbs and

herbal preparations to learn about types of medicinal herbal extractions, the five energetics of herbs, and explore how to make sense of the world of medicinal plants through their categories and constituents. This program is the first in a series of three.

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Saturday, Jan 20  
2 p.m. to 3 p.m.  
Castro Valley Library  
3600 Norbridge Ave., Castro Valley  
<https://aclibrary.org/locations/csv/>  
Free

# Sonoma Developmental Center’s Open Space Lands Transferred to California State Parks

SUBMITTED BY  
CALIFORNIA DEPARTMENT OF PARKS AND RECREATION

Early in January, 2024, California State Parks announced the transfer of jurisdiction of approximately 650 acres of Sonoma Developmental Center’s (SDC) open space property to State Parks. SDC’s open space area is connected to Jack London State Historic Park (SHP). Sharing a common boundary, watershed, critical wildlife

corridor, connecting trails, and view shed, the property is an integral part of the region’s biodiversity and recreational opportunities.

The transfer of SDC lands to State Parks is the largest addition to state park lands in Sonoma County since 2010. These lands will provide a connection from Jack London SHP to Sonoma County Regional Park, maintaining a critical regional wildlife linkage connecting the Marin Coast to Blue Ridge and Lake Berryessa. The property includes high-quality oak woodlands, mixed evergreen forests, coast redwood and riparian forests, grasslands, and wetlands.

“California State Parks looks forward to stewarding this property, working through the planning process with the public, and advancing public outdoor access to more Californians,” said California State Parks Director Armando Quintero. “By transferring these open space lands to the State Park System, we are conserving California’s critical biodiversity and helping ensure that future generations will be able to enjoy these protected lands.”

State Parks will operate the open space lands in an interim state until a general plan amendment process is conducted with public input. During this interim state, the public may expect the following:

- Continued and enhanced public access to the lands for recreational purposes. Currently, the land is accessible on

the west side. Once additional trail and maintenance signs are installed, the east side will be open to the public.

- Vegetation and wildfire management.
- Trails maintenance and management.
- Installation of informational/interpretive/wayfinding signs and portable restrooms.
- Installation and service of garbage cans.

State Parks will proceed with the transition by developing and initiating public messaging, developing service agreements, and engaging and planning with partners and the community.

A general plan amendment process will be conducted to formally add and incorporate the open space lands into Jack London SHP. This comprehensive public process will involve the following:

- Community and stakeholder engagement.
- Tribal consultation.
- Creation of management units.
- Potential development of recreational facilities.
- Environmental Impact Report.

State Parks will keep the public apprised of public engagement opportunities.

## EARTHTALK

# Old-Growth Forest Inventory Shows Promising Results



A recent national inventory shows the U.S. has more old-growth forest left than researchers originally thought. Photo Credit: Roddy Scheer

By TAYLOR CONNELLY

*Dear EarthTalk: How much “old-growth” forest is left in the U.S. today and what are we doing to protect it?*

—Paul Belaire, Chico, CA

Scientists have found it tough to settle on a precise definition for old-growth forests. There’s no single formula to determine what is considered an “old” tree, and growth rates among tree species are varied. Some species have ages at which they can be considered “old.” At 80 years, Gambel oaks are considered old-growth, but for bristlecone pines it is 300 years. In general, old-growth forests are areas of land with layers of undisturbed trees and vegetation. Prior to becoming old-growth, trees enter a stage where they are considered “mature.” Mature forest definitions are even broader and have no specific age.

One categorization system that Wilderness Society scientists have proposed is to base a tree’s maturity on its “biomass”—the amount of collected carbon stored in the tree. One of the reasons that old-growth forests are important is that the trunks and branches of old trees store large amounts of carbon and thus are crucial to fighting climate change because they absorb more carbon than they release into the atmosphere. When these trees burn in wildfires, like the ones that have devastated California in recent years, the carbon is released back into the atmosphere.

In early 2023, the U.S. initiated its first national inventory of mature and old-growth forests. It revealed more than expected, showing that the U.S. Forest Service and Bureau of Land Management collectively oversee over 50,000 square miles of old-growth forests and 125,000 square miles of mature forests. Most of this land is in the West and together covers an area larger than California. Of all of the U.S. forests, only about six percent are old-growth. Decades of logging, development, drought and wildfire have torn through the forests, heavily decreasing their numbers. Some 32 percent of U.S. forests are considered

mature, and it’s equally important to protect these so that they can one day become old-growth forests.

Recent actions by the Biden administration have moved to conserve groves of old-growth trees. The proposal would limit commercial timber harvesting in old-growth forests, while allowing logging in mature forests that are not considered old yet. This proposal is somewhat controversial, as many believe that the government should be thinning out forests to reduce wildfire risks. Earlier this year, the Biden administration also reinstated roadless forests protections in Southeast Alaska’s Tongass National Forest, one of the last intact temperate rainforests in the world. Indigenous communities there have been protesting destructive logging and development for years, and this achievement is a result of their efforts.

The Tongass Forest is a prime example of the change that can come through community efforts. The best way to help protect old-growth forests is to speak out. With enough public support, government agencies can be persuaded to enact stronger protection policies. Sign petitions, join protests, write letters to your representatives. Every bit of support can help.

## ONLINE CONTACTS

- Mature and Old-Growth Forests: Definition, Identification, and Initial Inventory on Lands Managed by the Forest Service and Bureau of Land Management  
[www.fs.usda.gov/sites/default/files/mature-and-old-growth-forests-tech.pdf](http://www.fs.usda.gov/sites/default/files/mature-and-old-growth-forests-tech.pdf)
- US moves to protect old growth forests as climate change threatens their survival  
<https://abcnews.go.com/US/wireStory/us-moves-protect-growth-forests-climate-change-threatens-105767684>
- Tongass roadless protections reinstated: 4 reasons that’s great news  
[www.wilderness.org/articles/blog/tongass-roadless-protections-reinstated-4-reasons-thats-great-news](http://www.wilderness.org/articles/blog/tongass-roadless-protections-reinstated-4-reasons-thats-great-news)

*EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: [question@earthtalk.org](mailto:question@earthtalk.org).*

# ‘You are the father!’ Maury Povich declares to Denver Zoo orangutan

By AMY BETH HANSON

Initially unsure of which orangutan was the father of a new baby primate, the Denver Zoo decided to have a little fun with the results and turned to the paternity announcement guru himself: former daytime talk show host Maury Povich. Just as he would do on his long-running show, Povich pulled the purported DNA results for 4-month-old Siska out of an envelope and declared: “Berani. You are the father!”

The zoo posted the video on social media this week.

Siska, a female who was born on Aug. 27, is the first baby for Eirina, a 15-year-old Sumatran orangutan, who came to the Denver Zoo from Germany’s Dortmund Zoo in 2016.

Sumatran orangutans are listed as critically endangered by the International Union for Conservation of Nature, with a rapidly declining wild population due to habitat loss, illegal hunting and the black-market pet trade, the zoo said in announcing Siska’s birth.

Siska’s father remained a mystery because the zoo’s animal care team had to wait a few months before Eirina was comfortable allowing them to get close enough to get a hair sample from Siska to compare her DNA against 30-year-old Berani and 16-year-old Jaya.

“When I heard we received the results, the first thing that popped into my mind was, ‘Berani, you ARE the father!’” Jake Kubié, the zoo’s director of communications, said in a late December email.

“That led me to do a little light online stalking to track down (Povich’s) former executive producer, who was kind enough to connect me with his executive assistant,” Kubié said.

Kubié emailed the assistant, asking if it might be possible to have “Maury reveal the paternity results as only he can.”

“Everyone was incredibly friendly and enthusiastic about the idea, and I can’t express enough gratitude to Maury for dedicating a bit of his time and energy to supporting Denver Zoo — especially on such a big day for him personally,” Kubié said.

Povich, 84, taped his announcement Saturday before attending the Daytime Emmy Awards in Los Angeles where he received a Lifetime Achievement Honor presented by his wife, journalist Connie Chung.

“As much as I’d like to think he dressed in a tux for our announcement, it was actually for his big moment at the Emmys,” Kubié said.

# Home & Garden

## A new year in the garden



By DANIEL O'DONNELL

There are many traditions that people observe around the New Year. There is a Spanish tradition of eating twelve grapes at midnight, while in some Asian countries, long noodles are eaten unbroken on that night. In Austria, Portugal, and Cuba, people eat pork. In Holland and Mexico, round cakes with a small trinket for good luck are served. In the Philippines, doors and windows are kept open at midnight, and in Latin America, water is thrown out a window. One habit that many people practice is reflecting on the past year and looking at what the year ahead may bring. This is observed by people from all walks of life, including gardeners.

The first known record of New Year celebrations dates back to ancient Babylon around 2,000 B.C. where they were held at the time of the spring equinox. Ancient Egypt, Phoenicia, and Persia held New Year festivals around the time of the autumn equinox, while ancient Greece did so during the winter solstice. It was not until 46 B.C. that the Romans developed the Julian calendar and recorded New Year's Day as January 1st. This date for New Year's is one of the better ones when it comes to thinking about the garden. There is plenty of time to look back at what did and did not

work in the garden, assess the garden's current condition, and start implementing a plan for the future garden. Here is what I observed in 2023 and am planning for in 2024.

Looking back at 2023, the year began with record rainfall and cold temperatures. Heavy spring rains meant many irrigation timers did not have to be turned on until May or even later. However, the spring rains knocked off many fruit tree blossoms, limiting fruit production. Heavy rains allowed for deep soil saturation which helped trees and plants in unirrigated areas, but extended the weed germination timeline everywhere. Although 2023 was one of the warmest years on record, the Bay Area temperatures remained mild well into fall. This limited tomato and other warm weather vegetable and fruit yields, but extended the blooming time of many plants. Many deciduous trees still have not lost all their leaves.

Prices for many items in the U.S. rose in 2023, and plants, gardening materials, and tools were not immune. Keeping and renovating healthy existing plants can be more economical than purchasing new plants. Plant exchanges on Nextdoor are excellent ways to get free plants. Periodically maintaining tools and fixing older ones will greatly extend their lifespans and reduce replacement costs.

Starting in 2024, the sale of new gas-powered blowers, mowers, weed trimmers and chainsaws will be banned. Fixing current or purchasing used gas-powered equipment may seem economical, but many tool shops no longer even service them. Switching over to electric garden equipment will pay dividends in limiting greenhouse gasses, reducing noise pollution, and minimizing exposure of the user to harmful fumes.

New Year's is a great time to figure out not only what you would like from the garden, but what it would take to achieve your goal. Sometimes all a garden needs is a big cleanup. If that is the case, take a few days to trim, remove, and add plants. It is much easier to do when the garden is dormant. Figure out if you have the money or the time this year to accomplish big changes. If so, make it happen. If not, take the time to make the garden easier to maintain for the next year or until you are ready to change it. This includes removing plants, garden furniture, debris, and anything else cluttering up the garden. It is amazing how much this will reduce the work in the garden over the next year and how attractive the garden will look.

Many people prefer to keep the garden simple. Simple and low maintenance is the trend that people are expressing interest in for 2024. A single tree, a few native or

drought tolerant and wildlife supportive plants, maybe a rock cluster or two, with some mulched open space will make a pleasant garden that requires little work and can adapt to climate change.

Lawns take a lot of care and resources to keep them lush but offer little habitat or environmental benefits. Taking advantage of Alameda County Water District's (ACWD) "Lawn Be Gone Rebate Program" is a trend that should continue into 2024. The rebate is based on the square feet of lawn removed. ACWD is currently offering \$2/sq. ft of lawn removed and replaced with a water-efficient landscape. They also have an instant rebate for residential customers who purchase an app-based Rachio Smart Sprinkler Controller.

Most of the time you will not need to make huge changes to simplify the garden and make it more enjoyable. Sometimes the smallest changes make the biggest impact. Start the New Year in the garden as you mean to go on.

*Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont.*  
[www.Chrysalis-Gardens.com](http://www.Chrysalis-Gardens.com)



## THE ACWD CONNECTION

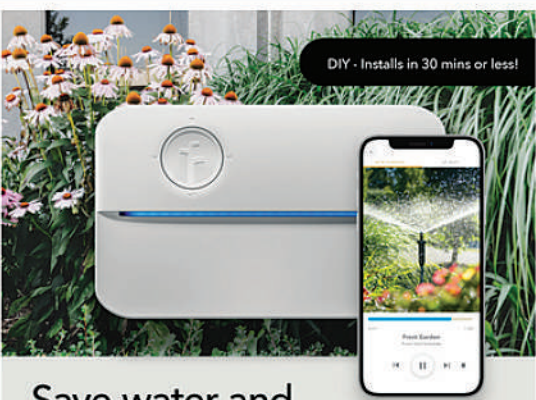
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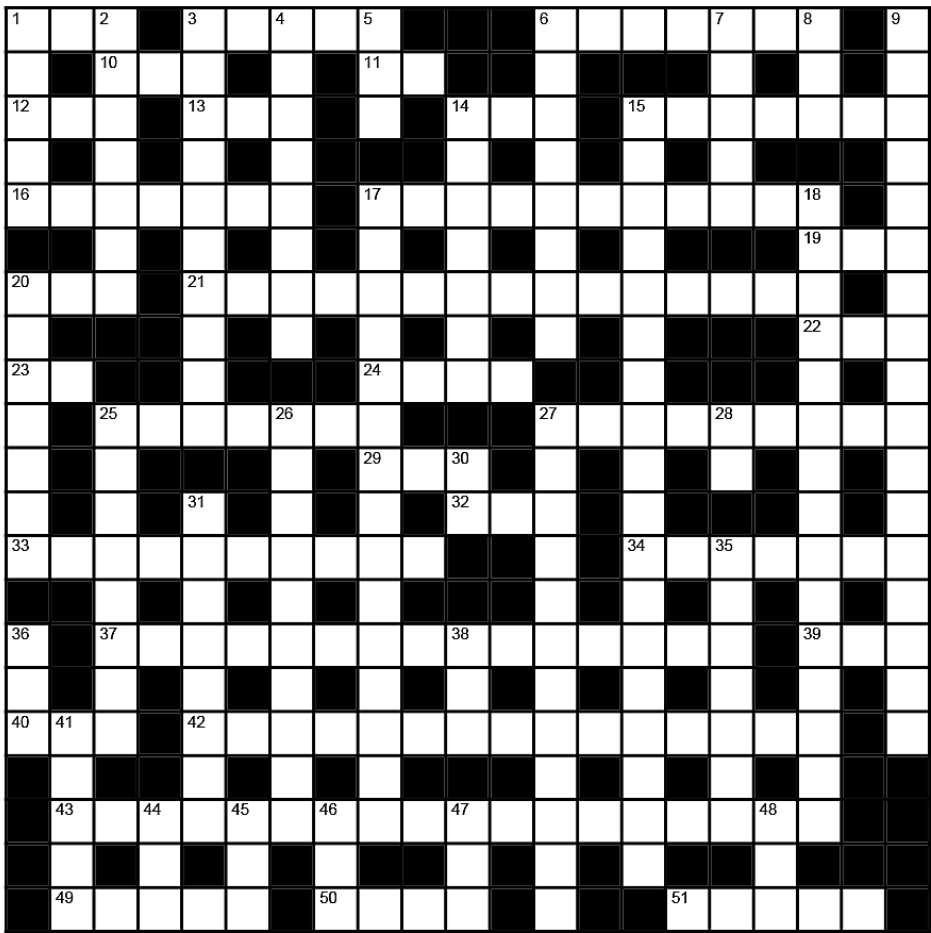
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# Mind Twisters

## Crossword Puzzle



- Across

1

Crosses (out) (3)

3

Shortened, in mus. (5)

6

Literary sisters (7)

10

Filch (3)

11

"No kidding!" (2)

12

\_\_\_ Getz ("Lethal Weapon 2" role for Joe Pesci) (3)

13

"... man \_\_\_ mouse?" (3)

14

Chest muscle, for short (3)

15

\_\_\_ riche (7)

16

"Amahl and the Night Visitors" composer (7)

17

Relaxing, informally (8,3)

19

Vietnamese coin (3)

20

Inc., abroad (3)

21

Bushy, drooping growth (6,9)

22

Range of sizes, briefly (3)

23

@ (2)

24

Maryland athlete, for short (4)

25

More severe (7)

27

They may go through withdrawals (9)

29

"\_\_\_-haw!" (3)
- 32

Auction unit (3)
- 33

Completely crazy (3,4,3)
- 34

Small particle (7)
- 37

Malicious missive (6-3,6)
- 39

Chinese food general (3)
- 40

Mark, as a ballot box (1,2)
- 42

Bison (8,7)
- 43

Annual to-do item (3,5,10)
- 49

Neutral middle vowels (Var.) (5)
- 50

Cry like a feline (4)
- 51

Baseball teams (5)

Down

1

Plant tissue (5)

2

Treated with contempt (7)

3

Athletic apparel (10)

4

City in Texas (8)

5

Newspaper div. (3)

6

Rod-shaped bacterium (8)

7

German: Prefix (5-)

8

Freelancer's enc. (3)

9

Final-appeal venue (5,2,4,6)

14

More bluenosed (7)

15

Yearbook (1949) (8,6-4)

17

Rural rubes (7,8)

18

Cry of determination (3,4,4,2,2)

20

South American cowboy (7)

25

Ajar (4-4)

26

Shoot-'em-up (5,5)

27

Kitchen island material (7,5)

28

Happen (2)

30

Spanish definite article (2)

31

Closeness (8)

35

Eighth-century pope (6,1)

36

"Jurassic Park" girl (3)

38

Hoops grp. (3)

41

"The Wreck of the Mary Deare" author (5)

44

"Awesome!" (3)

45

Cousin of -trix (3)

46

Brouhaha (3)

47

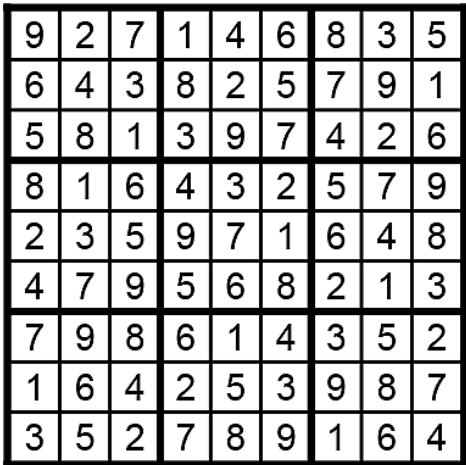
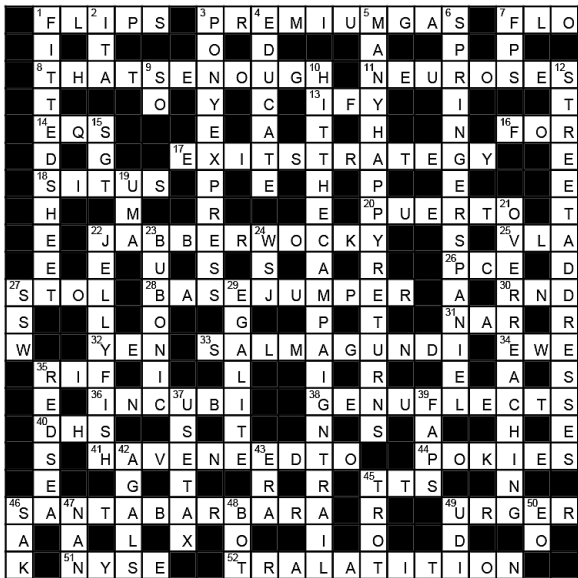
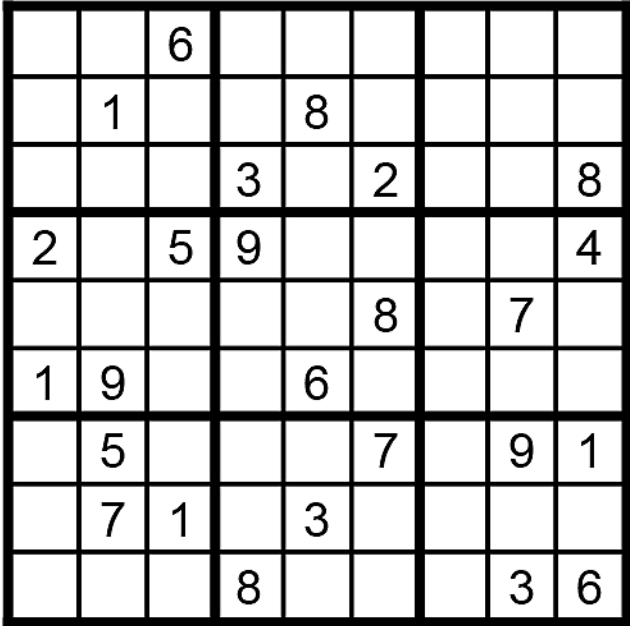
Tolkien's Dark Elf (3-)

48

Control (3)

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



## Tri-City Stargazer FOR WEEK: JANUARY 9, 2024

All Signs: This is a productive week because on Monday and Tuesday, we can brainstorm ideas, and by Wednesday, everyone’s working hard! On Thursday, there’s a New Moon in Capricorn, which gives all of us a chance to rethink New Year’s resolutions. (Plus, this is a sweet, romantic evening.) Friday is a powerhouse day to build bridges and move mountains! Basically, Mercury going forward since last Monday (it was retrograde since December 12), combined with this week’s New Moon, gives us an excellent impetus to make plans about what to accomplish this year.

**Aries the Ram (March 21-April 20):**

You’re pumped to achieve something this week! Actually, someone in authority—a boss, parent or even the police—might surprise you or catch you off guard. However, this influence can go both ways. You might catch an authority figure off guard. Either way, keep your wits about you. Travel for pleasure if you can. The overall tone of this week is using your efforts and influence to boost your earnings. Use this New Moon to think about your life direction. Where do you want to go? What do you want to achieve?

**Taurus the Bull (April 21-May 20):**

Travel plans might fall in your lap this week. Admittedly, this is the kind of unexpected change that could also work the other way, and travel plans might suddenly be cancelled. Nevertheless, be prepared for unexpected opportunities in legal matters, medicine, higher education, publishing and the media. If an opportunity does present itself, you will have to act fast because this window will be brief. You can also attract money to you this week. Perhaps you can take a short trip to explore interesting, new restaurants?

**Gemini the Twins (May 21-June 20):**

Keep an eye on financial matters, especially anything related to inheritances, money back from the government, insurance payouts or your partner’s wealth, because a few surprises are waiting for you. Keep checking your bank to see what’s going on. Stay on top of things because something unusual could

happen; but hopefully, it will be a bonus for you and not a loss. Relations with partners and close friends are warm and cozy this week. Everyone wants to talk to you.

**Cancer the Crab (June 21-July 21):**

Get more rest this week because your energy is flagging. Plus, conflict with a partner or close friend might be draining. Fortunately, the New Moon on Thursday is the best day of the year for you to think about how to improve your closest relationships. Don’t think about how the other person can change. You only have control over how YOU will act in the relationship. Before you retort, ask yourself, “Do I want to be miserable or happy in the next three hours?” That is your clue about what to say next.

**Leo the Lion (July 22-August 22):**

You can look forward to a pleasant year, especially by spring, when your life will flow more easily. You’re ready to work hard and be productive this week; but you’re also prepared to carve out a little time for fun and pleasure. A nice balance. Romance could blossom. However, be prepared for something sudden and unexpected that could impact your health, your work, or the technology that you use every day. Be smart and get things done ahead of time so that you have room to deal with the unexpected.

**Virgo the Virgin (August 23-September 22):**

You’re in a playful mood this week! Expect fun diversions, social outings, and sports events as well as pleasant times with kids. However, parents take note: This could be an

accident-prone time for your kids, so be extra vigilant, especially with toddlers. On the bright side, this same influence can bring you unexpected invitations to social events. Admittedly, you might have to cancel an outing as well. Home repairs and entertaining will please you. This is an excellent week for writing, studying and teaching because you will be skillful with your words.

**Libra the Scales (September 23-October 22):**

Home, family and your private life will continue to be your major focus this week, probably because some kind of increased activity or chaos is taking place. This means, you will make an extra effort to restore things to the way you want them to look because you like to have a pleasant refuge for yourself. This is because more than any other sign, you are affected by your immediate surroundings. Meanwhile, something unexpected might occur. Stock the fridge.

**Scorpio the Scorpion (October 23-November 21):**

Heads up! This is a fast-paced week, but it is also an accident-prone week, so pay attention to everything you say and do. On the upside, this same energy can give you sudden, genius ideas! You might also meet new friends. Personally, you might do something out of the ordinary. It’s an interesting week! It’s also an excellent week to make money, which will allow you to buy pretty things for yourself and others. Be ready for the possibility of an unexpected short trip. This will please you because you’re playful and adventurous.

**Sagittarius the Archer (November 22-December 21):**

This week it’s important for you to stay on top of details related to earnings and money as well as possessions. This is because something unexpected could impact your wealth and your assets. Protect what you own against loss, theft or damage. However, it’s possible that you will suddenly buy something unusual or high tech for your home. This is likely because you’re tempted to spend impulsively! While you’re spending, buy yourself some wardrobe goodies because this is the perfect time to do so.

**Capricorn the Goat (December 22-January 19):**

This is a powerful week for you because both the Sun and fiery Mars are in your sign! Furthermore, you will attract people and favorable situations to you. However, something unexpected might occur this week. You might be accident-prone. But more likely, you will meet someone unusual, do something different, or find yourself in an unusual situation. Whatever happens could be illuminating. It might also make you feel younger. (Well, it’s true that some of you are having a secret flirtation.)

**Aquarius the Water Bearer (January 20-February 18):**

This week you are in a holding pattern waiting for your birthday to arrive. Until then, you’re taking a backseat to pull your act together before you take it on the road. That’s just fine. Meanwhile, interactions with younger people will be taking place. You might also enjoy the company of someone creative and

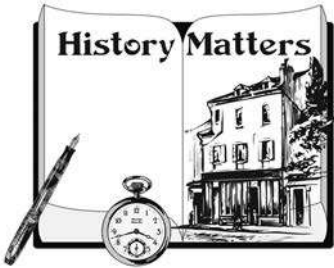
artistic. For some of you, a friend could become a lover. Nevertheless, there is an undercurrent this week that makes you feel restless and impulsive. Be ready for a surprise.

**Pisces the Fish (February 19-March 20):**

You will be more involved with people this week. This might be because you’re seeing friends who are unusual, or you might be more involved with a group. Whatever the case, expect a surprise. Someone might say or do something you least expect. Nevertheless, fair Venus is at the top of your chart, which paves the way for excellent relations with others, especially parents and bosses. (Some of you might have a flirtation with a boss.) Quite likely, others will ask for your advice about how to make something look better even if it’s outside of your field.



By Georgia Nicols  
www.georgianicols.com.



By JOHN GRIMALDI AND  
DAVID BRUCE SMITH

January 1 through 15

The First U.S. Election

America was very efficient when it came to shaping a government. On January 7 1789, six years after the finish of the Revolutionary War, Congress committed to a date for the first election; less than a month later, George Washington ascended to the presidency.

“Americans [still] vote for President and Vice President of the United States, they are actually voting for presidential electors, known collectively as the Electoral College. It is these electors, chosen by the people, who elect the chief executive... the

United States still uses the Electoral College system, which today gives all American citizens over the age of 18 the right to vote for electors, who in turn vote for the president. The president and vice president are the only elected federal officials chosen by the Electoral College instead of by direct popular vote,” according to History.com.

For more information, the Grateful American Book Prize suggests Kathleen Bartoloni- Tuazon’s For Fear of an Elective King: George Washington and the Presidential Title Controversy of 1789.

The Legendary Wyatt Earp

Wyatt Earp has been the subject of a plethora of books, movies, TV shows-and-even a song by Johnny Cash. He mythicized his gunfight at the O.K. Corral in Tombstone, Arizona, transposed himself into a bona fide cowboy-hero, and lived by his revolver until he reached eighty.

According to History.com, “the Earp brothers had long been competing with the Clanton-McClaury ranching families for political and economic control of Tombstone, Arizona, and the surrounding region. On October 26, 1881, the simmering tensions finally boiled over into



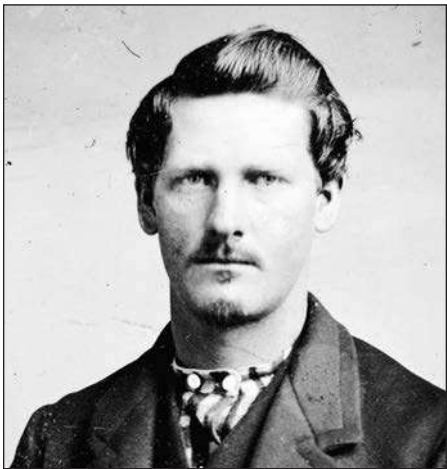
Thomas Hooker founded the Colony of Connecticut. In 1639 they adopted a constitution called the “Fundamental Orders.”

The Connecticut Colony

On January 14, 1639, Hartford, Connecticut endorsed its “Fundamental Orders:

The Dutch discovered the Connecticut River in 1614, but English Puritans from Massachusetts largely accomplished European settlement of the region. During the 1630s, they flocked to the Connecticut valley from the Massachusetts Bay Colony, and in 1638 representatives from the three major Puritan settlements in Connecticut met to set up unified government for the new colony...Roger Ludlow, a lawyer, wrote much of the Fundamental Orders, and presented a binding and compact frame of government that put the welfare of the community above that of individuals. It was also the first written constitution in the world to declare the modern idea that ‘the foundation of authority is in the free consent of the people,”” says History.com.

The history of the U.S. Constitution is told in the book The Framers’ Coup: The Making of the United States Constitution by Michael J. Klarman, says the Grateful American Book Prize.



Wyatt Earp, age 21 in 1869 or 1870, while married to Urilla Sutherland; taken in Lamar, Missouri



Washington’s first inauguration, April 30, 1789, Federal Hall, New York City

The California King Tides Project

By JACK ALCORN

The California King Tides Project helps us visualize future sea level by observing the highest tides of today. You can help by taking and sharing photos of the shoreline during King Tides to create a record of changes to our coast and estuaries.

“King Tide” describes very high tides, caused when there is alignment of the gravitational pull between sun, moon, and Earth. When King Tides occur during floods or storms, water levels can rise higher and have the potential to cause great damage to the coastline and coastal property.

King Tides:

- occur naturally and regularly
- are predictable and expected
- are not an everyday occurrence

Watch a video from the Exploratorium explaining King Tides:

[www.exploratorium.edu/video/full-spectrum-science-shorts-king-tides](http://www.exploratorium.edu/video/full-spectrum-science-shorts-king-tides)

The sea level rise we're experiencing now will continue. California will be greatly impacted by sea level rise. For example, San Francisco Bay is projected to see a rise between 1.1 and 2.7 feet by 2050, and by 2100 could experience between 3.4 and 6.9 feet of sea level rise with a potential for more than 10 feet of rise if there is extreme melting of Antarctic ice.

King Tides themselves are not related to climate change, but they allow us to experience what higher sea level will be like. King Tides are the highest high tides of the year - one to two feet higher than average high tides, which is a good approximation of how high we expect everyday tides to be over the next few decades.

When you observe the King Tides, imagine seeing these tides (and the associated flooded streets, beaches, and wetlands) every day. Understanding what a King Tide looks like today will help us plan for future sea level rise. Sharing your photos and talking about what you’ve noticed helps others understand that they’re part of a community that cares about the climate crisis and wants to take action.

To find out what time and how high the King Tides will be near you, visit:

[www.tide-forecast.com/locations/San-Francisco-California/tides/latest](http://www.tide-forecast.com/locations/San-Francisco-California/tides/latest)

Statewide:  
[www.coastal.ca.gov/kingtides/participate.html#tidemap](http://www.coastal.ca.gov/kingtides/participate.html#tidemap)

Observe and document King Tides on your own or join a group event. Consider joining the King Tides events in your area such as the King Tide Walk at Hayward Shoreline.

What are King Tides? How do they affect plants and animals, and what can we learn from them? Find out the answers to these questions and participate in the community science King Tides Project on this easy walk

along the San Francisco Bay shore. Bring your camera to capture birds of prey and other predators taking advantage of rising waters that flush out shorebirds, rodents, and other potential prey. Be prepared for muddy shoes! All ages. Parent participation required. This is a drop-in program; no registration is required.

The most important thing to remember is to be safe! Take extra precautions when you walk on slippery areas or near big waves, and always be conscious of your surroundings and the weather conditions. Don't turn your back on the ocean! Please be aware that shore birds may be taking refuge in areas above the tide line - don't flush them out in the process of getting your shot.

Since 2010, people have joined the California King Tides Project in taking and sharing photos of the highest high tides of the year and their impact on the shore. Starting with the 2018/2019 season, photos are compiled in the interactive online map, presenting a geographic view of this community science data. You can also browse nearly 3,000 photos collected on Flickr from past years, search for #kingtides on social media platforms.

Some of the most powerful images are taken in areas that are subject to flooding and erosion, and of places where high water levels can be gauged against familiar landmarks (such as cliffs, rocks, roads, buildings, bridge supports, sea walls, staircases, and piers).

Visit [www.coastal.ca.gov/kingtides/participate.html](http://www.coastal.ca.gov/kingtides/participate.html) to learn how to participate by uploading your photos via a web browser or with a free app. Your photos will be added to a map of this season’s King Tides photos. Email [kingtides@coastal.ca.gov](mailto:kingtides@coastal.ca.gov) if you have questions.

In addition to uploading your photos, you can also share them on social media using #kingtides. Your posts will be liked and shared throughout the King Tides season.

The California King Tides Project was launched in the winter of 2010/2011 by a partnership of state and federal agencies and non-profit organizations. The California project is now part of a global network of King Tides initiatives along both coasts of the US, Canada, Australia, New Zealand, Europe, and Asia.

Source: California Coastal Commission

King Tide Walk

Saturday, January 13, noon – 1:30 p.m.

Saturday, February 10,  
11 a.m.-12:30 p.m.

Hayward Regional Shoreline  
West Winton Avenue Staging Area  
(510) 544-3220



Hayward Shoreline Interpretive Center at high tide 1/04/2024. Photo By Jack Alcorn



Hayward Shoreline Interpretive Center during a king tide 1/21/2023.  
Photo Courtesy of EBRPD

An advertisement for 'JEWELRY By Design'. The top section features the brand name in a mix of serif and script fonts, with a diamond icon. Below the name are four images of jewelry: a necklace with a large green opal pendant, a yellow gold ring with a large round diamond and a curved band set with smaller diamonds, a large brilliant-cut diamond ring, and a silver ring with a round diamond and a curved band. The middle section contains the text 'FINE QUALITY JEWELRY' in a simple sans-serif font. Below this is a large, bold promotion: 'GOING TO RETIRE! SPECIAL PRICES' in yellow and white, followed by 'IN STOCK ITEMS' in white. The largest text on the page is '30% OFF' in a very large, bold, white sans-serif font. At the bottom left, the store's hours 'Wed - Sat 10-4pm' are listed next to the phone number '510-793-3660'. At the bottom right is a red Yelp logo with the text 'PEOPLE LOVE US' and 'yelp'.

**FREE Adult Reading and Writing Classes** are offered at  
the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480

The advertisement features a vibrant background image of a large, colorful bowl filled with orange-red salsa, topped with shredded cheese and garnished with a lime wedge. A black straw is inserted into the bowl. The bowl has a decorative pattern on its side. In the foreground, there's a circular yellow graphic with a scalloped edge. Inside the circle, it says "SHOW THIS TO OUR STAFF AND GET A FREE TRIO OF SALSAS WITH CHIPS". Around the perimeter of this circle, the words "SPECIAL DEAL" are repeated multiple times. Above the bowl, the restaurant's name "MAS FUEGO" is written in a bold, sans-serif font, with a stylized flame icon above the letter "F". Below the name, it says "FUSION • COCINA • TEQUILARIA". Further down, the text "NOW OPEN" is displayed in large, bold letters, with "NOW" in white and "OPEN" in yellow. Below this, the operating hours are listed: "SUNDAY - THURSDAY 11AM TO 9PM" and "FRIDAY - SATURDAY 11AM TO 10PM". At the bottom of the ad, the location "PACIFIC COMMONS 43968 Pacific Commons Blvd., Fremont" and phone number "510-630-2378" are provided, along with the website "www.masfuego.com". The entire advertisement is framed by a dashed border on the left and right sides.

**Fremont's First  
Cohousing Community**

**MISSION PEAK VILLAGE**

*Know Your Neighbors and Live Your Values*

Visit [missionpeakcohousing.org](http://missionpeakcohousing.org)  
Chat with us informally or sign up for an  
information session  
Call Kelli at 510-413-8446

**MISSION PEAK**  
village

A colorful illustration of the Mission Peak Village cohousing community. It features a row of seven stylized houses in various colors (orange, green, red, green, orange, red, green) with white windows. In front of the houses are seven stylized trees in green and yellow. At the base of the houses, a row of seven colorful stick figures (blue, red, green, blue, yellow, purple, pink) are holding hands, representing a sense of community. The background is a brown, textured mountain range.



# John Juarez, REALTOR®

510-673-0686



***TWIN CREEKS TWO STORY  
DUET***

- ◆ 3 Bedrooms, 2.5 Baths
- ◆ 1,461 Sq. Ft. Living Area
- ◆ 5,074 Sq. Ft. Lot
- ◆ Community Pool
- ◆ Two Car Garage
- ◆ New Interior Paint, New Baseboards, New Flooring
- ◆ Low HOA = \$45/mo.

**708 Fountainhead Ct, SAN RAMON, CA**

**List Price: \$1,198,000**

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**K W Advisors Realty**

john@medfordteam.com v 510-673-0686 v [www.MedfordTeam.com](http://www.MedfordTeam.com) v CalBRE# 01223788

continued from page 1

# Take flight with Disney's *The Little Mermaid* at StarStruck Theatre



Mission San Jose School of Guitar  
43255 Mission Boulevard, Fremont CA 94539

Private online  
and in person instruction

Beginning  
Advanced  
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Popular  
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Blues  
& Classical  
also available:  
Bass,  
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Qualified, Professional and Experienced  
Masters Degree in Music (Performance - Classical Guitar)

Hayward  
Animal Shelter



510-293-7200  
www.HaywardAnimals.com  
16 Barnes Court, Hayward  
(Near Soto & Jackson)  
Connecting rescued animals  
with loving homes!



Gader is a 1-year-old Belgium Malinois.  
Gader has been waiting for his forever  
home since July. He is an energetic dog that  
loves to please and looks for guidance.  
Gader would do best in a home with teens  
and up. To meet or adopt Gader contact  
Hayward Animal Shelter at 510-293-7200.



Midnight is a 1 year old Black Shepherd  
mix. Midnight is a very goofy dog that  
demands your attention and needs to play.  
Midnight knows he's big and tries to get  
away with it. Midnight would do best in a  
home with Teens and up. To meet or  
adopt Midnight contact Hayward Animal  
Shelter at 510-293-7200.

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.

CONTINUING  
EVENTS

Tuesdays

East Bay Games Meet

6:00 pm - 10:00 pm  
German/Euro style board games and  
card games.  
Swiss Park  
5911 Mowry Ave., Newark  
(510) 936-2523  
meetup.com/east-bay-games  
sfdavidkaye@yahoo.com

Tuesdays, September 19 -  
May 28

It's Storytime

1:30 pm - 2:00 pm  
Stories, finger plays, nursery rhymes,  
songs, and musical instruments.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
aclibrary.org/locations/FRM/  
For kids ages 18 month- 6 yrs.

Tuesdays, January 2 -  
April 30

Bilingual Family Storytime / 中  
英雙語故事時間

6:30 pm - 7:00 pm  
Features movement, singing, and  
action!  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
For babies, preschoolers, and  
toddlers.

Tuesdays, January 9 -  
March 26

Music and Storytime

11:30 am - 12:00 pm  
Stories, music, and movement!  
Cherryland Community Center  
278 Hampton Road, Hayward  
(510) 626-8522  
aclibrary.org/locations/CHY/  
sanlorenzo@aclibrary.org  
For babies, toddlers, preschoolers.

Wednesdays

Tropics Bingo

7:00 pm  
Flash games  
Tropics Mobile Home Park  
33000 Almaden Blvd., Union City  
(510) 471-8550  
the-tropics.net/activities

Wednesdays

Ping Pong

1:00 pm - 3:00 pm  
Activities for people with Parkinson  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
issuu.com/hsdept  
mtorrez@fremont.gov

Wednesdays, January 10 -  
June 26

Online Spanish Conversation  
Circle R

9:00 am - 10:00 am  
A volunteer guided conversation.  
Online Events  
EdServices@hayward-ca.gov  
(510) 583-8557. Zoom.

Wednesdays, January 10 -  
March 27

Drop in Technology R

3:30 pm - 4:15 pm  
Local high school teens volunteer to  
assist with your tech needs.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
Drop-in.

Wednesdays

Talkin' Dirt R

7:00 pm - 8:00 pm  
Online gathering of gardeners.  
Local Ecology and Agriculture  
Fremont (LEAF) Center  
36501 Niles Blvd., Fremont  
bit.ly/3UPp51i  
First Wednesdays of the month

Wednesdays, January 10 -  
March 13

Book Club AWC R

10:00 am - 12:00 pm  
Meet for stimulating discussions.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
Second and fourth Wednesdays of  
the month

Arts & Entertainment

Wednesdays and Saturdays,  
January 10 - December 20

Free Open House Nature  
Learning Center & Pollinator  
Garden

Wed: 1:00 pm - 4:00 pm  
Sat: 10 am - 2 pm  
See native mammals and birds,  
explore a compost worm bin and  
more.  
Nature Learning Center at Central  
Park  
40204 Paseo Padre Pkwy., Fremont  
http://tinyurl.com/mtrht5js  
Check availability.

Thursdays, December 21 -  
May 23

Homework Help Center

3:45 pm - 5:45 pm  
Students in grades K - 8 can get help  
with their homework questions.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
Drop-in.

Thursdays, December 28 -  
January 25

Stay N' Play!

1:30 pm - 2:30 pm  
Make friends, play with toys, explore  
arts and more.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
Ages 12 - 36 months.  
Free tickets.

Thursdays, January 4 -  
March 28

International Folk Dancing R\$

11:15 pm - 1:00 pm  
Celebrate the cultural roots and  
traditional life of various countries.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
In English and Chinese.

Thursdays, January 4 -  
December 26

CleanStart Mobile Hygiene  
Unit Visit

11:30 am - 1:30 pm  
At the library's parking lot to provide  
hygiene services to the unhoused.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
Recommend checking for availability.

Thursdays, January 11 -  
March 28

Chinese Music Ensemble R

1:00 pm - 3:30 pm  
Open to all who are interested in  
performing traditional Chinese  
music.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

Thursdays, January 11 -  
May 9

Lil' Bookworms: Book Club for  
Grades 1 & 2 R

3:30 pm - 4:30 pm  
Reading books, and discussing them  
with a group  
Newark Public Library  
37055 Newark Blvd., Newark  
(510) 284-0675  
Second Thursdays of the month

Thursdays, January 11 -  
March 21

Homeschool Pre-Teen Social  
Hour

1:00 pm - 3:00 pm  
Making new friends and sharing your  
interests with others.  
Newark Public Library  
37055 Newark Blvd., Newark  
(510) 284-0675  
lisacarter@aclibrary.org  
For homeschoolers ages 9-13.  
Second and third Thursdays of the  
month

Thursdays - Sundays

Animal Feeding

3:00 pm - 3:30 pm  
Feed livestock and learn about their  
favorite food.  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(888) 327-2757  
ebparks.org/parks/ardenwood#events  
Admission fee applies.

Thursdays and Saturdays

Story Time

10:30 am - 11:00 am  
Picture book story time  
Banter Bookshop  
3768 Capitol Ave. Ste. F, Fremont  
(510) 565-1004  
bit.ly/3VFpbcz

Thursdays and Tuesdays,  
November 9 - May 23

Literacy Enrichment Program R

4:00 pm - 5:45 pm  
Supporting struggling readers  
through personalized lesson plans  
and tutoring.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
aclibrary.org/locations/FRM/  
fremontchildrens@aclibrary.org  
Email to register.

Thursdays, January 11 -  
February 8

Cover To Cover Book  
Discussion Group

1:00 pm - 2:30 pm  
Sharing your thoughts on the book -  
The Lincoln Highway by Amor Tow-  
els.  
Newark Public Library  
37055 Newark Blvd., Newark  
(510) 284-0675  
For adults.  
Second Thursdays of the month

Fridays, January 20 -  
January 10

Knit & Crochet Circle

2:00 pm - 4:00 pm  
Learn knitting and crocheting.  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
scclld.org/locations/milpitas

Fridays, December 29 -  
May 10

Go: The Game R

3:30 pm - 5:30 pm  
Go is an ancient game of strategy.  
Learn the game or to play it.  
Union City Library  
34007 Alvarado-Niles Rd., Union  
City  
(510) 745-1464  
All ages and levels.

Fridays, December 29 -  
November 29

Qi Gong Meditation & Exercise  
Class

1:00 pm -3:00 pm  
Falun Dafa classes provided by the  
Classical Arts Foundation.  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
Language: English, Mandarin, Viet-  
namese.

Fridays, January 12 -  
March 29

African Dance and Culture R\$

11:00 am - 12:00 pm  
Experience the joy and vitality of  
African Dance!  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

Fridays and Saturdays  
Free Telescope Viewings

7:30 pm - 10:30 pm  
Join Chabot astronomers on the  
Observatory Deck for a free telescope  
viewing!  
Chabot Space and Science Center  
10000 Skyline Blvd., Oakland  
(510) 336-7300  
chabotspace.org/calendar  
Weather permitting.

Saturdays

Laugh Track City R\$

8:00 pm  
Series of improvised games and  
scenes.  
Made Up Theatre  
4000 Bay St. suite B., Fremont  
(510) 573-3633  
madeuptheatre.com

Saturdays

Free Beginner Pickleball Lesson

12:00 pm - 2:00 pm  
Free pickleball lesson taught by a  
USPA professional.  
Hall Memorial Park  
304 La Honda Dr, Milpitas  
(408) 586-3210  
Drop-in. Weather permitting.

**Saturdays, January 6 - May 25**  
**Family Storytime**  
11:00 am - 12:00 pm  
The story time features lots of movement, singing, and action. Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
For babies, toddlers, preschoolers, family events.

**Saturdays, January 6 - December 28**  
**Computer Crew: Teen Tech Help**  
2:00 pm - 4:00 pm  
Meet with a tutor to get assistance with basic tech issues.  
Castro Valley Library  
3600 Norbridge Ave., Castro Valley  
(510) 667-7900  
Check for availability. For adults, seniors.

**Saturdays**  
**Open Garden Days**  
10:00 am - 2:00 pm  
Displays include taxidermy of native birds and mammals, native plant and pollinator garden, and access to an educator or a Ranger. Central Park Nature Learning Center  
40000 Paseo Padre Pkwy., Fremont  
cutt.ly/xwdxx9G8  
Second Saturdays of the month

**Saturdays**  
**Alviso Adobe Tours \$**  
1:00 pm  
Docent-led tours and video presentation.  
Alviso Adobe Park  
2087 Alviso Adobe Ct., Milpitas  
(408) 586-3210  
bit.ly/3Wcmgau  
Second Saturdays of the month

**Saturdays, November 11 - May 11**  
**Music Hour at the Library**  
2:30 pm - 3:30 pm  
Relax and enjoy the music while reading your favorite book.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
aclibrary.org/locations/FRM/  
fremontchildrens@aclibrary.org  
Second Saturdays of the month

**Sundays**  
**Weekly meditation Session R**  
8:30 am - 9:30 am  
Explore the effortless way to ultimate bliss.  
India Community Center  
525 Los Coches St., Milpitas  
(408) 934-1130  
samarpanmeditationusa.org  
info@indiacc.org

**Sundays, January 7 - April 14**  
**English Conversations at the Library R**  
10:00 am - 12:00 pm  
Open to learners of any English skill level.  
Newark Public Library  
37055 Newark Blvd., Newark  
(510) 284-0675  
Recommend checking availability.

**Sundays - Saturdays**  
**Recreational Swim \$**  
12:30 pm - 5:00 pm  
Attractions may vary.  
Silliman Activity and Family Aquatic Center  
6800 Mowry Ave., Newark  
(510) 578-4620  
bit.ly/3nxo0is

**Mondays, December 18 - May 20**  
**Advanced Math + Science Tutoring**  
5:30 pm - 7:00 pm  
Offering free high school and college-level tutoring in math, physics, and chemistry.  
Castro Valley Library  
3600 Norbridge Ave., Castro Valley  
(510) 667-7900  
nsilva@aclibrary.org

**Mondays, January 8 - March 25**  
**Beginning Zumba Gold R\$**  
2:30 pm - 3:30 pm  
This is a dance fitness program.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

**Mondays, January 8 - May 20**  
**Homework Help Center**  
3:45 pm - 5:45 pm  
Students in grades K - 8 can get help with their homework questions.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
Closed on Fremont Unified School District's holidays and teacher work-days.

**Mondays - Fridays, January 16 - March 7**  
**"Something Minimal" Art Exhibition**  
9:00 am - 5:00 pm  
HAC member exhibition.  
John O'Lague Galleria  
777 B Street, Hayward  
Located within Hayward City Hall.

**Mondays - Thursdays, December 5 - May 30**  
**Homework Help Center**  
3:30 pm - 5:30 pm  
Get your homework questions answered for grades K-8 during open hours.  
San Lorenzo Library  
395 Paseo Grande, San Lorenzo  
(510) 284-0640  
aclibrary.bibliocommons.com/events/  
sanlorenzo@aclibrary.org  
For kids, teens.

**Mondays - Thursdays, December 5 - May 23**  
**Homework Help Center**  
3:30 pm - 5:00 pm  
Offer primary and secondary students FREE homework assistance.  
Castro Valley Library  
3600 Norbridge Ave., Castro Valley  
(510) 667-7900  
aclibrary.bibliocommons.com/events/  
nsilva@aclibrary.org  
For kids, teens. Recommend check-ing availability.

**Mondays and Thursdays**  
**Free Hot Meals - Eden Greenway**  
2:00 pm - 4:00 pm  
Food Truck to bring FREE hot meals to South Hayward.  
Eden Greenway Park  
25625 Cypress Ave., Hayward  
(510) 881-7535  
lindsey.vien@hayward-ca.gov  
On the corner of Harder and Cypress Avenue.

**Mondays and Thursdays**  
**Food Garden Volunteer**  
9:00 am - 12:00 pm  
Learning from experienced gardeners.  
LEAF CR Stone Garden  
55 Mowry Ave., Fremont  
volunteer@fremontleaf.org  
Volunteer agreement form is re-quired.

**Mondays and Thursdays**  
**Fruit Tree Gleaning**  
9:00 am - 10:30 am  
Donate fresh fruits from your garden.  
LEAF CR Stone Garden  
55 Mowry Ave., Fremont  
fremontleaf.org/glean  
info@fremontleaf.org.

**Mondays and Wednesdays, January 8 - May 29**  
**Homework Help for Grades K-6**  
4:00 pm - 5:30 pm  
Receive homework help from the tutors.  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
dlara@sccl.org

**UPCOMING EVENTS**  
**Tuesday, January 9**  
**Kids Club: Making Winter Friends with Clay \$R**  
3:00 pm - 4:00 pm  
Learn to sculpt winter figures using soft air-dry clay.  
Online Events  
www.michaels.com/class/  
All ages.  
Zoom meeting

**Tuesday, January 9**  
**AWC Cinemas R**  
1:30 pm - 4:00 pm  
Watch the film “Green Book”  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

**Tuesday, January 9**  
**The Page Turners R**  
7:00 pm - 8:00 pm  
Book discussion for adults.  
Castro Valley Library  
3600 Norbridge Ave., Castro Valley  
(510) 667-7900

**Tuesday, January 9**  
**ESL Conversation Club - Basic Level R**  
10:30 am - 12:00 pm  
For adults looking to practice their English speaking and listening skills.  
San Leandro Main Library  
300 Estudillo Ave., San Leandro  
(510) 577-3970  
sanleandro.libcal.com/

**Wednesday, January 10**  
**The Souls of White Jokes: Book Talk with Dr. Raúl Pérez R**  
6:00 pm - 8:00 pm  
Author Raul Perez will discuss his book, The Souls of White Jokes.  
Online Events  
albany@aclibrary.org  
(510) 526-3720

**Wednesday, January 10**  
**Together In Music and Play in Person (Special Needs Friendly) R**  
4:30 pm - 5:30 pm  
Music making designed for children with special needs, open to children of all abilities!  
Union City Library  
34007 Alvarado-Niles Rd., Union City  
(510) 745-1464 ext. 6  
prubanova@aclibrary.org

**Wednesday, January 10**  
**TeenZone**  
12:30 pm - 2:30 pm  
Come play video games, board games, and do some art.  
Washington Manor Branch Library  
1241 Manor Blvd, San Leandro  
(510) 577-7970  
For 6th-12th graders

**Thursday, January 11**  
**Video Games & Drawing Club @ Teen Lounge**  
2:00 pm - 4:00 pm  
Open to teens in grades 6-12.  
San Leandro Main Library  
300 Estudillo Ave., San Leandro  
(510) 577-3970

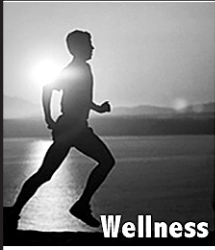
**Thursday, January 11**  
**Art, Music & Writing Reception**  
4:00 pm - 6:00 pm  
The Center is celebrating the 17th year, featuring arts, music and poetry.  
Castro Valley Center for the Arts  
19501 Redwood Rd., Castro Valley  
(510) 889-8961  
www.cvcfa.com

**Friday, January 12**  
**Makerspace Intro: 3D Printer**  
3:30 pm -5:30 pm  
Learn the basics of using an Original Prusa i3 MK3S+.  
Irvington Library  
41825 Greenpark Drive, Fremont  
(510) 795-2631  
For age 9+ yrs.

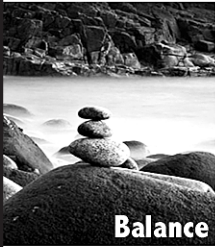
**Friday - Sunday, January 12 - January 14**  
**Fremont Friends of the Library - Book Sale**  
10:00 am - 6:00 pm  
Fri: 2 pm - 6 pm  
Sat: 10 am - 3 pm (\$1 per inch)  
Sun: 12 noon - 3 pm (\$5 per bag)  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400

**Fridays - Sundays, January 12 - January 28**  
**StarStruck Theatre's Winter MainStage: Disney's The Little Mermaid \$R**  
Fri & Sat: 7:30 pm  
Sun: 2:30 pm  
Broadway musical - will have the whole family filled with wonder and awe!  
Smith Center At Ohlone College  
43600 Mission Blvd., Fremont  
StarStruckOffice@gmail.com

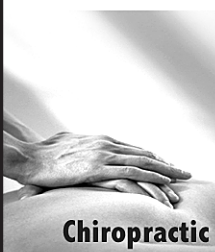
**Saturday, January 13**  
**Rock Painting Zone**  
2:00 pm - 5:00 pm  
Come and relax with music while painting a rock.  
San Lorenzo Library  
395 Paseo Grande, San Lorenzo  
(510) 284-0640  
sanlorenzo@aclibrary.org  
For teens and adults.



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**Newark**

**Saturday, January 13**  
**Birds Of The Farm**  
8:00 am - 9:30 am  
Explore the gardens, forests, and fields looking for these delightful visitors.  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
Admission fee applies.

**Saturday, January 13**  
**Ohlone Cultures Table**  
2:00 pm - 3:30 pm  
Learn about the ways the ancestors of today's Ohlone thrived in and managed this beautiful place.  
Sunol Visitor Center  
1895 Geary Rd., Sunol  
(510) 544-3245

**Saturday, January 13**  
**Mysterious Monarchs**  
1:30 pm - 2:30 pm  
Ardenwood's eucalyptus grove is one of the historic overwintering sites used by monarch butterflies along the coast.  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(888) 327-2757  
All ages.  
Admission fee applies.

**Saturday, January 13**  
**King Tide Walk at Hayward Shoreline**  
12:00 pm - 1:30 pm  
Easy walk along the San Francisco Bay shore and more.  
Hayward Regional Shoreline  
3050 W. Winton Ave., Hayward  
(510) 544-3084  
Drop-in.

**Saturday, January 13**  
**Saturday Night Show \$R**  
7:30 pm  
Film - SPIES (1928, Fritz-Lang-Film)  
Niles Essanay Silent Film Museum  
37417 Niles Blvd., Fremont  
(510) 494-1411

**Saturday, January 13**  
**Urban Forest Friends MLK Remembrance Tree Planting R**  
9:00 am - 12:00 pm  
In honor of Martin Luther King Jr.  
Fremont Central Park Nature Learning Center  
40500 Paseo Padre Pkwy, Fremont  
www.urbanforestfriends.org/  
Sign up to participate.  
Behind Aqua Adventure Waterpark.

**Saturdays, January 13 - January 20**  
**Self-guided Tour - Fossils \$**  
1:00 pm - 4:00 pm  
Visit the various halls that highlight the fossils of the San Francisco Bay area.  
Children's Natural History Museum  
4074 Eggers Dr., Fremont  
(510) 790-6284

**Saturdays and Sundays, January 13 - January 28**  
**Legally Blonde, The Musical \$R**  
8:00 pm  
Experience the ultimate blend of pink power, brains, and fabulousness.  
Bankhead Theatre  
2400 First St., Livermore  
(510) 373-6800

**Sunday, January 14**  
**Sunday Make Break: Organization Jars R**  
2:00 pm - 4:00 pm  
Make a cute organization jar out of a mason jar and tissue paper!  
Michaels Store - Fremont Hub  
39170 Argonaut Way, Fremont  
Free and all supplies are included!

**Sunday, January 14**  
**Painting with Wool Workshop \$R**  
10:00 am - 4:00 pm  
To explore the art of wool drawing and painting. For all levels.  
Imaginook Art Studio  
39675 Cedar Blvd., Newark  
(214) 864-5133, (510) 358-5877  
www.imaginook.us/wool-painting

**Sunday, January 14**  
**Winter Scavenger Hunt**  
10:00 am - 2:00 pm  
Enjoy an easy but fun, self-guided adventure in the park.  
Sunol Visitor Center  
1895 Geary Rd., Sunol  
(510) 544-3245  
All ages.

**Sunday, January 14**  
**STEAM Sessions - Cranky Creations \$**  
1:00 pm - 3:00 pm  
A fun-filled day of creativity and innovation to unleash your imagination.  
Sun Gallery  
1015 E St., Hayward  
(510) 581-4050

**Sunday, January 14**  
**Sunday Stroll: Lake Chabot (Fairmont Ridge)**  
9:30 am - 11:30 am  
The walk is around 2.5 miles or so depending on the weather.  
Lake Chabot Regional Park  
17600 Laker Chabot Rd., Castro Valley  
(510) 544-3187

**Sunday, January 14**  
**Library's 15th Anniversary Celebration Concert - Estranged Individuals**  
3:00 pm - 4:00 pm  
Celebrated with the 2023 Battle of the Bands Teen Division winners - Estranged Individuals.  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
dphillips@sccl.org



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**Email: [customerservice@fudenna.com](mailto:customerservice@fudenna.com)**

**Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538**

**Sunday, January 14**

**Laurel & Hardy / Our Gang Matinee \$R**  
3:00 pm  
Barnum & Ringling Inc. (1928) - Our Gang, Liberty (1929) - Laurel & Hardy, Cat & Dog & Company (1928) - Our Gang, Bacon Grabbers (1929) - Laurel & Hardy.  
Niles Essanay Silent Film Museum  
37417 Niles Blvd., Fremont  
(510) 494-1411

**Sunday, January 14**

**Fremont Adult Tabletop Gamers**  
1:00 pm - 4:00 pm  
Come to play various card games and board games!  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
For adults.

**Monday, January 15**

**Dr. Martin Luther King, Jr. Celebration**  
10:30 am - 2:00 pm  
The celebration includes live entertainment, student oratorical contest, crafts for kids, and more.  
Titan Auditorium  
15301 Wicks Blvd., San Leandro  
(510) 577-3473  
[www.sanleandro.org/Calendar.aspx?EID=3167](http://www.sanleandro.org/Calendar.aspx?EID=3167)  
[youth@sanleandro.org](mailto:youth@sanleandro.org)

**Monday, January 15**

**John McCutcheon Live in Concert \$R**  
7:30 pm - 10:30 pm  
World renowned and Grammy nominated folk singer in-person concert.  
St. James's Episcopal Church  
37051 Cabrillo Terrace, Fremont  
(510) 797-1492  
[saintj.com/wp/event/mccutcheon-concert/](http://saintj.com/wp/event/mccutcheon-concert/)  
[events@saintj.com](mailto:events@saintj.com)

**Tuesday, January 16**

**Booklegger Volunteer Orientation R**  
11:00 am - 12:00 pm  
Volunteers visit 2nd through 5th grade classrooms throughout the Fremont Unified School District.  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400

**Tuesday, January 16**

**Tech-Artificial Intelligence R**  
10:00 am - 11:30 am  
Learning what is artificial intelligence.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
Space is limited.

**Tuesday, January 16**

**Android Phone Training R**  
10:00 am - 12:00 pm  
FREE training - make your Android phone work better for you!  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

**Sunday, January 28**

**Paint 'n' Sip Fundraiser \$R**  
2:30 pm - 4:30 pm  
With all profits going to local domestic violence intervention nonprofit, SAVE.  
Women of Temple Beth Torah  
42000 Paseo Padre Parkway, Fremont  
(510) 656-7141  
[www.bethtorah-fremont.org/wtbt](http://www.bethtorah-fremont.org/wtbt)  
[womentbt@gmail.com](mailto:womentbt@gmail.com)  
Age 12+.  
Register by 1/21/24

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## Bryan Matthews named Hayward's 16th Chief of Police

**SUBMITTED BY  
CITY OF HAYWARD**

Bryan Matthews, a career Hayward police officer, has been appointed Hayward Chief of Police and has taken command of a department he had led in a temporary and acting capacity since September 2022. Matthews, whose appointment was effective Wednesday, January 3, succeeds Chief Toney Chaplin, who announced last month his intention to retire and bring to a close a 33-year career in policing. Chaplin joined the Hayward Police Department as Chief on September 3, 2019. He had been on work-related injury leave.

"I am thrilled to be able to promote Bryan Matthews to a leadership position for which he has worked so hard to prepare himself. Bryan grew up in Hayward and the surrounding areas and brings a deep sense of personal commitment to this new role of Chief after serving the department and city for many years," Hayward City Manager

Kelly McAdoo said. "On behalf of the city and the Hayward community, I also want to express our gratitude to Chief Chaplin for his service and sharing with our department and organization his wealth of professional law enforcement experience," City Manager McAdoo added.

Chief Matthews, whose appointment will be celebrated at a public swearing-in ceremony later this month, takes permanent charge of a department with 197 sworn police officer and 136 non-sworn professional staff positions. "I am truly humbled and honored to serve as Hayward's next Chief of Police," Chief Matthews said. "I appreciate the trust City Manager McAdoo has in me and am grateful for the opportunity to continue to give back to the community that, in many ways, raised me."

Chief Matthews began his law enforcement career in 1999 and has served his hometown, the City of Hayward, for 24



consecutive years. Over the course of his service, he worked a variety of assignments, including Patrol, Training, Gang Investigations, SWAT, Community Policing, Internal Affairs, Emergency Preparedness and as the department's liaison with the community for policy innovation and alternative response models.

Chief Matthews earned a bachelor's degree in sociology from California State University, Hayward, now California State University, East Bay, and a master's degree in organizational leadership from Columbia Southern University. He is a graduate of the FBI National Academy, the California POST Command College, and the Harvard Kennedy School of Government's Senior Executives in State and Local Government Program.

## Alameda County Fire Department welcomes new firefighters

**SUBMITTED BY ACFD**

The Alameda County Fire Department (ACFD) is pleased to announce the arrival of twelve new Lateral Firefighters, who started Thursday, December 28, 2023. This is ACFD's first-ever Lateral Firefighter Academy and will be the first of two ACFD academies held in 2024. The Lateral Firefighters will complete an intense eight-week academy, where they will enhance their skills and learn ACFD fire tactics and culture.

Please join us as we welcome our newest members to ACFD.



# Community Bulletin Board

10 lines/\$10/ 10 Weeks  
\$50/Year

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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>FREMONT COIN CLUB</b><br>Established 1971<br>Meets 2nd Tues in person 7pm<br>Meets 4nd Tues with Zoom 7pm<br>Holy Trinity Lutheran Church<br>38801 Blacow Rd, Fremont<br>Guests Always Welcome,<br>Enjoy Show N Tells, Drawings<br>Auction, Refreshments<br>www.fremontcoinclub.org<br>510-366-1365                                    | <b>510-494-1999 tricityvoice@aol.com</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                              |
| <b>MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION</b><br>Welcomes YOU!<br>We are a spirital community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live compassionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom<br>Learn more about us at www.mpuuc.org                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | A-1 Comm. Housing Svcs.<br>A HUD Approved Agency<br><b>1st Time Home Buyers Workshop</b><br>Presented on ZOOM<br>Learn the process of homeownership.<br>Down Payment Assistance<br>Please register www.a1chs.org or call 510.674.9227                                                                                                     | <b>Shout out to your community</b><br><br>Our readers can post information including:<br><b>Activities</b><br><b>Announcements</b><br><b>For sale</b><br><b>Garage sales</b><br><b>Group meetings</b><br><b>Lost and found</b><br>For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting |                                                                                                                                                                                                                              |
| <b>Are you troubled by someone else's drinking?</b><br>Al-Anon and Alateen Family Groups are here to help!<br>Al-Anon has but one purpose, to help families and friends of Alcoholics.<br><br>We have in-person and zoom meetings.<br>Visit https://alanond17.weebly.com/ for a full meeting list.<br>You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>Scholarships for Women</b><br><b>Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years.</b><br>2% education loans.<br><b>www.peocalifornia.org</b><br><b>peouf150@gmail.com</b>                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                              |
| <b>Fremont Stamp Club</b><br>Meet 2nd Thurs. each month<br><b>Cultural Arts Center</b><br>3375 Country Dr., Fremont<br>Interesting discussions, trade, silent auction<br>fremontstampclub@gmail.com<br>www.fremontstampclub.org<br>Steve (510) 461-3431                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>SENIOR SOCIAL ACTIVITIES</b><br>Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313<br>510-303-1055 |
| <b>Memorial Lutheran Chapel for the Deaf (MLCD)</b><br>MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School.<br><b>Location:</b> Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA<br><b>Sunday Bible Study:</b> 9:30 a.m. - <b>Sunday Worship:</b> 11:00 a.m.<br><b>Church Office:</b> 510-499-8473 or 510-516-9566<br><b>Email:</b> mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net<br>You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube<br><b>"Where people gather...to worship, learn and share the love of Jesus"</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>The Friendship Force of the San Francisco Bay Area</b><br>Experience a country and its culture with local hosts; meet global visitors.<br>Guests from Canada in 2024<br>We visit Japan<br><b>Enjoy our many Bay Area events</b><br><b>www.ffsfba.org</b><br><b>www.friendshipforce.org</b><br><b>Call or text 510-363-0531</b>         | <b>EARLY RISERS start your Tuesday with a boost of energy. Join the NEWARK TOASTMASTERS from your home 7 am - 8 am via Zoom.</b><br>Boost your communication, leadership & personal growth skills.<br>It's FREE to attend as a guest.<br>Info: wmfitts@yahoo.com<br>profricka@gmail.com<br>www.1118.toastmastersclubs.org                                                                                                                                                                                                                                      |                                                                                                                                                                                                                              |
| <b>TRI-CITIES WOMEN'S CLUB</b><br>Meets on the third Tuesday<br>Elk's Club on Farwell Drive<br>9:15 – Cards & Games<br>11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club.<br>For more info, call 916-217-3074                                                                                                                                                                                                                                                                                                                                                          | <b>Rewarding volunteer opportunity! Deliver meals to seniors SOS Meals on Wheels</b><br><br>Fremont, Newark, Union City<br>M-F, 10:30am - 12:30 pm<br>10-15 clients per route<br><br>Contact John, 510-244-0165<br>John@sosmow.org<br>www.sosmow.org                                                                                                                                                                                                                                                                                                                                            | <b>ABWA – Pathfinder Chapter American Business Women's Association</b><br>Provides opportunities for women for leadership, education, & networking.<br>Virtual meetings – 3rd Wednesday of each month.<br>6:45 pm to 8:30 pm.<br>Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com<br>www.abwa-pathfinder.org          | <b>THE HISTORIC SHINN HOUSE</b><br>1251 Peralta Blvd, Fremont, CA<br>Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation<br>Groups of five or less are welcome without a reservation<br>We will enforce current local CDC Guidelines<br>All tours are Docent led and last about one hour.<br>More information and large group reservations call: (510) 795-0891                                                    |                                                                                                                                                                                                                              |
| <b>Fremont Cribbage Club</b><br>Meets to play weekly, every Weds.<br>We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont<br>We welcome experienced players and will work with new players hoping to learn the game.<br>Email:Accgr43@gmail.com<br>For more information.                                                                                                                                                                                                                                                                                                                          | <b>LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP!</b><br>Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM<br>Great speakers! * All genres! * Critique groups available!<br>Email <b>scotttfrombayside@yahoo.com</b> for Zoom link before the meeting.<br>Writers' Salon meets 4th Monday of the month (occasional exceptions)<br>Join us via Zoom 7:00-9:00 PM Read, discuss or just listen.<br>Email <b>up.dragonfly.com@gmail.com</b> for Zoom link before the meeting.<br>Everyone is welcome! www.cwc-fremontareawriters.org |                                                                                                                                                                                                                                                                                                                                           | <b>NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES</b><br>protecting and preserving your benefits<br><b>Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth</b><br>Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved.<br>For info:<br><b>www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327</b>                                                                                                                     |                                                                                                                                                                                                                              |
| <b>Tropics BINGO Every Wednesday Games start7pm</b><br>33000 Almaden Blvd. Fremont<br>Buy-In \$10<br>Flash games \$100-\$500<br>90% Payout<br>Profits go to local Charities the-Tropics.net                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>BINGO BINGO BINGO</b><br>Niles Canyon Mobile Estates<br>711 Old Canyon Road, Fremont (Niles District)<br>The FIRST MONDAY of Every month in 2023<br>Doors Open @ 6:00 PM Games Start @ 7:00 PM<br>\$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                           | <b>Community Resource Fair January 14, 2024 2pm-4pm</b><br><b>Location: Bridges Community Church (gym) 505 Driscoll Road, Fremont</b><br>Hosted by: the Jesus and Justice Collective<br>Connect with some amazing local organizations that are fighting to make a difference in our community and see how you may get involved!<br>Learn more at: <a href="https://jesusandjusticecollective.org/events/">jesusandjusticecollective.org/events/</a>                                                                                                            |                                                                                                                                                                                                                              |
| A-1 Comm. Housing Svcs.<br>A HUD Approved Agency<br><b>Credit and Money Mgmt. Workshop</b><br>Presented on Zoom<br>For dates, go to our website<br>Please register at www.a1chs.org call 510.674.9227                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT,CA</b><br>We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org<br>See our website to meet us on Zoom                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Serious Mental Illness Free 8-week course for caregivers of someone with a serious mental illness starting Jan 6, 2024, from 9:00-11:30 in Fremont.</b><br>Registration is required. Contact: Joe Rose at 510-255-3903 or Email F2F@NAMIacs.org<br><a href="https://www.NAMIacs.org">https://www.NAMIacs.org</a><br><a href="https://www.NAMI.org/f2f">https://www.NAMI.org/f2f</a>                                                                                                                                                                                                          | <b>Want to see a collection of vintage buses?</b><br>Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome.<br><a href="http://www.pacbus.org">www.pacbus.org</a> | <b>BINGO - BINGO... LETS YELL BINGO!!! Fremont Elks Lodge (510-797-2121)</b><br>38991 Farwell Drive - Fremont<br>Every Thursday - Doors open @ 4:30pm.<br>Flash/Strips start 6:00... Regular Paper games start 6:30pm.<br>Packs: 1/\$20 2/\$25 3-5/\$30 6-8/\$35 9-12/\$40<br>FREE COFFEE - WATER - POPCORN<br>SNACKBAR AVAILABLE<br>Grab some friends & Come on down!!                                                                                                                                                                                        |                                                                                                                                                                                                                              |

# OPINION



WILLIAM MARSHAK

President Franklin D. Roosevelt used the phrase “Day of Infamy” to describe the Japanese attack on Pearl Harbor that resulted in the United States entry into World War II. Other momentous flashpoints are also known by a singular phrase such as “Remember the Maine” that signaled the advent of the 1898 Spanish-American War.

There are, however, historical events that are known primarily for their date to

evoke vivid images and emotions in our collective consciousness. Reference to September 11 immediately conjures the horrors of the World Trade Center twin towers collapsing after terrorists commandeered airplanes to destroy them, attack the Pentagon and, but for the heroic efforts of passengers of flight 93, strike the White House. January 6 was added to this lexicon in 2021. Observance of the third anniversary of the shameful desecration of our nation’s capitol and our democracy is exacerbated by the continued struggle to adjudicate the damage by those responsible.

While some have faced the consequences, others continue to flaunt the rule of law and hide behind partisan prattle and nonsense that relies on repetition of distorted “facts” to misrepresent that day’s events. For those who witnessed the irrational and cruel behavior of that day, it should be impossible to reach any other conclusion.

## Days of infamy

This was a clear case of uncivilized behavior that will forever stain the date.

This new year, democracy can prevail at the ballot box. Many have described this election cycle as the ultimate challenge, an existential threat to the very foundation of our country. It is more important than ever for citizens to reach beyond partisan politics and protect and preserve our way of life. Threats such as this have risen in the past and, in each instance, been repelled. Let’s make sure the election year 2024 does not include days of infamy.

William Marshak  
PUBLISHER

### THE ROBOT REPORT

## LimX Dynamics shows off its CL-1 humanoid’s stair climbing abilities

BY BRIANNA WESSLING

LimX Dynamics Inc. yesterday showed off the latest abilities of its CL-1 humanoid robot in a new video. In the video, CL-1 completed tasks such as climbing stairs and walking down slopes. The robot can also move indoors and outdoors.

The Shenzhen, China-based company said in a blog post that CL-1 was able to do these tasks because it “closed the loop” between real-time perception, gait planning, locomotion control, and hardware and data streams.

During the testing, CL-1 used perception control to adjust its motion proactively, said LimX. This allowed the humanoid to do things like take smooth steps onto a curb, ascend stairs dynamically and fluidly, and walk down a 15-degree slope.

The company’s team tested CL-1 indoors and outdoors, as well as from afternoon to dusk to test its performance in different environmental conditions.

LimX Dynamics said it expects its humanoid robots to eventually be deployed in business-to-business (B2B) and business-to-consumer (B2C) applications. It added that it plans to focus on hazardous scenarios, high-end customer service, automotive manufacturing, and in-home services.

LimX Dynamics designs CL-1 toward general-purpose use. LimX Dynamics explained that it uses advanced motion control, artificial intelligence, and proprietary actuators and hardware to achieve dynamic stair climbing based on real-time perception. The company said its environmental perception technology is a key part of the evolution of its humanoid robots.

CL-1 uses advanced algorithms to achieve full-loop integration of perception, controls, and hardware, according to LimX. It said this allows the robot to break free from the limitation of blind locomotion, and realize real-time interactive motion between the robot and its environment.

LimX noted that it took the cost and efficiency of manufacturing into consideration while designing CL-1. The robot uses its self-developed actuators, which the company asserted provide “exceptional” impact resistance and precise, rapid torque control.

These hardware and software advances lay the groundwork for the robot to be a “general mobile manipulation platform,” said LimX Dynamics. The company said its ambition is for its humanoid and human-centric



5-LimX-Robot: LimX Dynamics' CL-1 Humanoid Robot outside waving.  
Photo Source: LimX Dynamics

robot to go anywhere people can go and do anything people can do.

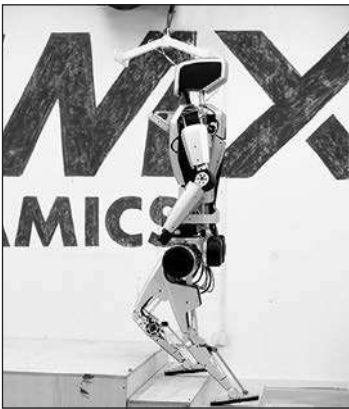
Because it wants its humanoids to be general-purpose robots, LimX said it doesn't tailor different algorithms for specific functions, forms, application scenarios, or variations on those scenarios. The company has based all of its robots, from its wheeled quadrupeds to its humanoid, are based on a core set of algorithms.

LimX said it focuses on developing motion-control algorithms and using generative AI to unlock the generalization of humanoid robots. The company said CL-1 serves as a platform for it to tackle humanoid technology challenges.

#### China goes all in on humanoids

It would be difficult to talk about the robotics industry in 2023 without mentioning humanoid robots. Stories about humanoids took up the majority of The Robot Report's 10 most popular stories this year, and it has been a major trend in the industry.

In November, Beijing's Ministry of Industry and



CL-1 ascending the stairs dynamically.

Information Technology (MIIT), which oversees the country's industrial sector, published a guideline detailing goals for the country's ambitions to develop humanoid robots. According to the document, China aims to be ready to mass-produce humanoids by 2025.

While LimX Dynamics has worked on bipedal robots before, this is the first time it has released a full humanoid robot. It faces competition from several companies, including Agility Robotics, Figure AI, Sanctuary AI, Unitree Robotics, Apptronik, and more. Most of these companies, however, are focusing on starting with logistics applications, while LimX Dynamics said it hopes to create a general-purpose robot.

#### About the author

Brianna Wessling is an Associate Editor, Robotics, WTWH Media. She joined WTWH Media in November 2021, and is a recent graduate from the University of Kansas. She can be reached at bwessling@wtwhmedia.com

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# Milpitas City Council

**December 5, 2023**

**Consent Calendar:**

- Consider the recommendation from Mayor Montano for appointments to and removals from City Commissions
- Accept the FY 2022-23 Commissioners Annual Report for three (3) commissions and approve three (3) City of Milpitas Commission Work Plans for FY 2023-24
- Accept the City's Annual Comprehensive Financial Report and other related annual audited reports for the fiscal year ended June 30, 2023
- FY 2023-24 1st Quarter Financial Status Report for the quarter ended September 30, 2023
- Review and accept the annual Development Impact Fee Annual Report for the

Calaveras Boulevard Widening Traffic Impact Fee, the Transit Area Specific Plan (TASP) Impact Fee, and the Storm Drain Fee for the Fiscal Year ended June 30, 2023

- Approve a Site Development Permit and PUD Amendment Permit to develop a new one-and-a-half story single-family residence and to deviate from the approved designs, on a vacant 1.1-acre lot located in the R1-H Single-family Residential Zoning District with a Hillside Combining District at 1321 Terra Vista Court
- Approve a Site Development Permit to develop a new two-story, single- family residence with an attached accessory dwelling unit, an in-ground swimming pool, and associated site improvements on a vacant 1.3-acre lot located in the R1-H Single-Family Residential Zoning District with a Hillside Combining District at 490 Vista Ridge Drive
- Adopt Ordinance No. 38.854 amending the zoning code

|                          |     |
|--------------------------|-----|
| Carmen Montano (Mayor)   | Aye |
| Evelyn Chua (Vice Mayor) | Aye |
| Gary Barbadillo          | Aye |
| Hon Lien                 | Aye |
| Anthony Phan             | Aye |

# Milpitas Unified School District

**Board of Education**

**December 12, 2023 7:00 p.m.**

**Board Organization**

- Election of the 2024 Officers of the Board of Education
- Minh Ngo; nominated for Board President. Unanimously approved.
- Kelly Yip-Chuan; nominated for Vice President. Unanimously approved.
- Anu Nakka; nominated for Board Clerk. Unanimously approved.

**Consent Items**

- Approve field trip requests of December 12, 2023
- Accept Public Agency Retirement Services (PARS) alternate retirement system plan monthly activity statements
- Accept County of Santa Clara Treasury Investment report from July 1, 2023 through September 30, 2023
- Authorize the listed Parent/Booster Organization request to operate at specific school sites
- Approve Cyclone Fence & Iron, Inc.'s Notice of Completion for Curtner, Rose, and Weller Fencing Installation Project
- Approve Purchase Order Report of December 12, 2023
- Approve Pennsulators agreement for installation of blinds at the Innovation Campus

- Approve Kaz & Associates' agreement for environmental service at MHS Performing Arts Center
- Approve the School Facility Consultant's Additional Service request and new consultant agreement to provide services for state school facility funding program eligibility
- Approve Jahn Plumbing to Infill Sunnyhills Amphitheater
- Approve Purchase of new Blue Bird Bus from A-Z Bus Sales
- Approve Memorandum of Understanding (MOU) with Santa Clara County Office of Education for CalHOPE Grant for the 2023-2024 school year
- Approve Memorandum of Understanding (MOU) with Kango, a youth rideshare for schools, for the 2023-2024 school year
- Approve 2023-24 Learning A-Z Licenses for Raz-Plus ELL
- Approve Memorandum of Understanding (MOU) between Synopsys Silicon Valley Science & Technology Outreach Foundation and the Milpitas Unified School District
- Approve Personnel Report of December 12, 2023

|                 |     |
|-----------------|-----|
| Chris Norwood   | Aye |
| Kelly Yip-Chuan | Aye |
| Robert Jung     | Aye |
| Anu Nakka       | Aye |
| Minh Ngo        | Aye |

## Milpitas School Board elects new officers



Milpitas Board of Education President Minh Ngo



Milpitas Board of Education Vice President Kelly Yip-Chuan



Milpitas Board of Education Clerk Anu Nakka

**By JACK ALCORN**  
**PHOTOS COURTESY OF MILPITAS UNIFIED SCHOOL DISTRICT**

Each December the Milpitas Board of Education holds a special organization meeting. The Board Trustees elect officers for the following year; approve Trustee representation on internal and external committees for 2024; and schedule the Board's regular meetings for the 2024 calendar year.

At the special organization meeting, conducted by Milpitas Unified School District (MUSD) Superintendent Cheryl Jordan, Tuesday, December 12, the MUSD Board of Education held

elections for 2024 officers. Minh Ngo was elected President, Kelly Yip-Chuan was voted in as Vice President, and Anu Nakka was elected to serve as Board Clerk.

Ngo has served on the school board since 2020. He is replacing Trustee Chris Norwood who served as President this past year.

New Vice President Yip-Chuan, served as Board President in 2022 and Board Clerk this past year. She was first elected to the school board in 2018, and re-elected in 2022.

"It's been truly amazing what we've accomplished in this past year and we'll continue to accomplish as a complete governance team," said new Board President Ngo.

## San Leandro City Council

**January 2, 2023 7:00 p.m.**

**Consent Calendar**

- Authorize the Successor Agency to the Redevelopment Agency of the City of San Leandro to adopt a Recognized Obligations Payment Schedule (ROPS) and Administrative Budget for the Period July 1, 2024 - June 30, 2025
- Approve the appointment of Retired Annuitant Kevin Hart as Interim Police Chief
- Approve an appropriation of \$1,284,140 from 2023 Unspent Funds Balance to Fund the Climatec Phase III Project

- Nominate the following Representatives to Boards and Commissions: Jessica Bustos and Sidney Davis to the Recreation and Parks Commission; and Rosemary Picado to the Senior Commission
- Nominate Nicholas Foster as San Leandro's Community Representative to the Oakland Airport/Community Noise Management Forum for a 3-Year Term Commencing January 2, 2024, and Ending December 31, 2027. Passed 4-2 (Aguilar, Nay; Simon, Nay)

|                     |          |
|---------------------|----------|
| Mayor Juan Gonzalez | Aye      |
| Victor Aguilar      | Nay; Nay |
| Bryan Azevedo       | Aye      |
| Pete Ballew         | Aye      |
| Xouhoa Bowen        | Aye      |
| Fred Simon          | Aye; Nay |

## BART train derails and catches fire

**By JACK ALCORN**  
**PHOTO SOURCE: ABC7NEWS.COM**

On the first day of 2024 a BART train derailed and caught fire between the Orinda and Lafayette stations. The accident forced passengers to evacuate the train. At least nine people were hurt in the January 1 incident. All of the injured were taken to area hospitals. None of the injuries were reported as severe.

The incident occurred shortly after 9 a.m. New Year's Day on BART's Yellow line. An eastbound train partially derailed just outside the Orinda station. Two cars caught fire following the derailment.

The escalating fire under the derailed section of the train forced passengers to jump out of one end of the train and run along the trackway away from fire.

According to BART the derailment happened at an interlocking, a section of track where trains typically transfer from one set of rails to another.

Shortly before the derailment, BART said its Operations Control Center instructed the train operator to manually align the route at the interlocking. A signaling issue had prevented the computer from facilitating the track change. The operator was manually directing the train to a different track when it derailed.

The two BART train cars that left the track and caught fire during the commuter train failure were successfully put back onto the tracks by a crane later that morning. The damaged cars were reattached to the cars that did not derail and the train was towed away from its location on the eastbound tracks near the Orinda station.

The Orinda and Lafayette stations were closed after the derailment and there was no train service between the Rockridge and Walnut Creek stations, BART said.

The incident caused major delays on the Yellow Line for both of the line's Antioch and San Francisco International Airport directions. Yellow line riders were advised to take alternative transportation. Free bus service to BART station stops between the Walnut Creek and Rockridge stations was provided by AC Transit.

Highway 24 between Wilder Road and St. Stephens Drive was closed to traffic in the left two eastbound lanes while the train cars were repositioned. All lanes of the busy Highway 24 had been reopened by 11 a.m.

Track repairs and safety inspections were conducted overnight. Regular BART service returned to the popular East Bay route less than a day after the derailment and fire.

The cause of the derailment remains under investigation.

## Charges announced for the Murder of Oakland Police Officer Tuan Le

**SUBMITTED BY THE ALAMEDA COUNTY DISTRICT ATTORNEY'S OFFICE**

Alameda County District Attorney Pamela Price has announced charges against three men accused of the December 29, 2023 shooting death of Oakland Police Officer Tuan Le. The prosecution charged 27-year-old Mark Demetrious Sanders with murder, including special circumstances allegations that could result in a possible sentence of life without the possibility of parole if convicted of all charges and allegations.

A second defendant, 28-year-old Allen Starr Brown was also charged with murder. The third defendant, 28-year-old Sebron Ray Russell was charged with burglary. All three defendants face multiple charges in addition to these serious allegations. The DA's office believes the evidence will show that Officer Tuan Le was shot to death while responding to a commercial burglary in the area of Embarcadero and 5th Avenue.

District Attorney Pamela Price released this statement: "Today I spoke with the family of Tuan Le. I offered my sincere condolences as they continue to grieve the tragic loss of their loved one. I informed the family of the charges against the men accused of murdering Tuan Le, and I assured them that my office will do everything within the confines of our legal power to make sure the man accused of shooting Tuan Le will serve the rest of his life in prison. We join law enforcement and people across the region in expressing our heartbreak and outrage over this horrific crime. My office will continue to follow the evidence wherever it leads to hold these men accountable for their outrageous behavior. Speaking as the elected District Attorney of Alameda County, I will leverage the full weight of my office against these people who we believe ruthlessly and wantonly murdered an officer who gave his life to protect our community against those who would do harm to all of us."



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Viola L. Sullivan

June 4, 1926 – December 25, 2023

Resident of Fremont

Viola Sullivan passed away peacefully at her home in California, Aegis of Fremont, early Christmas morning. Viola, or Babe as she was known by some, enjoyed a full life of 97 years.

Viola was born and raised in Oroville CA. In the 1940s, after moving to San Francisco to work as an administrative assistant for the FBI, she met and married her husband Bill. They eventually settled in Oakland where they resided in the same home for more than sixty years, raising four children. For many years Viola was the office manager for an orthodontics practice in Oakland. She enjoyed travel and visiting with friends and family, notably annual trips to La Porte CA, a source of much of her family history. In 2010 Viola and Bill moved from Oakland to Aegis of Fremont Assisted Living. Viola made many friends at Aegis through the years and their kindness and support is much appreciated.

Viola was preceded in death by her husband of 63 years, Bill Sullivan, and her oldest son Paul



Sullivan. She will be missed by son Mark Sullivan and wife Ellie David of Seattle WA, daughter Susan Sullivan of Reno NV, daughter Peggy Claassen and husband Alan Claassen of Fremont CA, and daughter-in-law Alice Sullivan of Clayton CA, as well as four grandchildren: Amy, Becky, Ryan and Scott, and three great grandchildren: Rayne, Mia and Gus, and many cousins.

Viola will be reunited with her deceased husband in Chapel of the Chimes Columbarium in Oakland CA. No services are scheduled at this time.

Fremont Chapel of the Roses  
510-797-1900

Dolores Mae Greer “Nani”

April 28, 1935 – October 14, 2023

Resident of Fremont



Dolores Mae Greer, lovingly known as Dee, Mom, Aunt Dee, and Nani, passed away at the age of 88 on October 14, 2023, in Fremont, California. She is survived by her children Denise Beeson (Mark Beeson), Robert Greer Jr., Russell Greer, Roger Greer, and DeAnna Douglas (Deanna Broom). She also leaves behind her beloved grandchildren Brianna Orduno (Jose Orduno), Brittany Starzak, Staci Drown (Matthew Drown), Bayley Seaver, Tyler Greer, Noel Greer, Chelsea Greer, Austin Greer, Sierra Douglas, Logan Douglas, and Julianna Douglas, as well as her great-grandchildren Gianna Watson, Devon Starzak, Emmett Orduno, Ella Mae Orduno, Otto Drown, Knox Drown, and Lucy Drown.

Dolores was born to Emil and Anita Lindquist on April 28, 1935, in Inglewood, California. She was the youngest of her three siblings—Emil (Bud) Linquist, Ramona Finlason, and Frank Lindquist. Growing up in Southern California, Dolores enjoyed spending time at the beach and participating in the high school drill team. Dolores married the love of her life, Robert (Bob) Greer, on June 24, 1956.

Together, Dolores and Robert moved to Northern California and purchased a house in Fremont where they resided for

62 years. Robert ran his own accounting business, and Dolores worked alongside him as his bookkeeper. Sadly, Robert passed away in May of 2005.

Dolores enjoyed spending time with her children. The boys were all involved in sports: baseball, basketball, and soccer. She attended their games regularly and even took on the job as a scorekeeper for the baseball games.

Dolores dedicated 10 years of her life to the 4-H club, where her daughter, DeAnna, was a member. She served as a community club leader and was adored by both parents and children alike. Dolores took everyone under her wing and wholeheartedly committed herself to enriching the lives of the kids involved in 4-H.

During her retirement years, Dolores found joy in babysitting her grandchildren and witnessing their growth. She could always be found in her chair in the living room, crocheting ponchos for her beloved grandchildren and great-grandchildren.

She also dedicated her time to working with Fremont Stage 1 Theatre for many years. Backstage, she could often be found with her sewing basket, helping to mend costumes. She cherished the memories she made during those years and had a deep appreciation for the theater community.

Dolores Mae Greer was a kind and loving soul who touched the lives of many. She will be deeply missed but forever remembered for her warmth, generosity, and dedication to her family and community.

A Memorial Service will be held on Saturday, January 13th, 2pm at Fremont Memorial Chapel, 3723 Peralta Blvd. in Fremont.

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**Dorothy Hughes**  
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January 23, 1927 – December 30, 2023  
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**Linda Redgrave**  
Resident of Fremont  
July 10, 1956 – January 1, 2024  
Fremont Memorial Chapel

**Viola L. Sullivan**  
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June 4, 1926 – December 25, 2023  
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March 6, 1958 – January 3, 2024

**Yun Kit Chen**  
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January 10, 1923 – January 2, 2024

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January 16, 1938 – January 1, 2024

**Saidulu Aadapu**  
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April 6, 1974 – December 31, 2023

**Jane Rice**  
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May 24, 1935 – December 31, 2023

**Richard Raftery**  
Resident of Livermore  
July 12, 1930 – December 27, 2023

**Kristen Matthews**  
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October 9, 1975 – December 27, 2023

**Sai Chandra Mohan Inala**  
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**Richard Raftery**  
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September 28, 1950 – December 26, 2023

**Rajendran Ramachandran**  
Venkatachalam  
Resident of India  
September 15, 1945 – December 25, 2023

**Emily Hunt**  
Resident of San Ramon  
April 25, 1919 – December 22, 2023

**Chittaranjan Muthumalai**  
Resident of Fremont  
August 3, 1963 – December 22, 2023

**Hubert Shaw**  
Resident of Mt. View  
December 16, 1970 – December 20, 2023

**Parvathy Ajjampurlakshmi**  
Resident of Fremont  
August 24, 1937 – December 19, 2023

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

## Michael Gavin

Resident of Fremont

May 7, 1928- January 3, 2023

Michael Gavin passed away January 3, 2024, surrounded by his family. Michael was born to Patrick and Annie Gavin on May 7, 1928, in Clonaderig, Ballinahown, Co. Offaly, Ireland. He had 3 siblings sisters Mary, Nancy, and brother Paddy of Ireland. He took the long road to his final United States destination, Fremont, California via England, Canada, New York City and San Francisco. In 1958 he met the love of his life Ellen Kelly at soccer match at Kezar Stadium. They were engaged on Christmas eve 1959 and married on September 17, 1960. They had 4 wonderful children, Michael (Mona), Noel (Loretta), Eileen (Glen) and Patrick (Melanie). Dad was Papa Mike to Brendan (Aya), Brooks (Melynn), Bridget, Gavin (Nadia), Emma (Cole) Clare and Sean. He was also the extra special Papa Mike



to his great granddaughters Lilyana Marie, Ebba Hagen, and Paisley Jo. Michael was loved by all his nieces and nephews around the globe. Michael worked construction for many years before landing a wonderful job at American Airlines where he stayed until his retirement in1991. Michael is survived by his wife Ellen, his children, grandchildren, and great grandchildren. Proceeded in death by his parents and sisters.

## Linda Ann Redgrave

July 10, 1956 – January 1, 2024

Resident of Fremont



Linda Ann Redgrave, 67, took her last breath this New Years Day, January 1, 2024, in the comfort of her home and husband by her side. Linda was born on July 10, 1956, in Oakland, CA. She and her brothers, Michael and Robert Dunn, were raised by Joan and William in San Leandro, CA. She attended Marina High School and later Chabot College. She attended Bryman College where she got her Medical Assistant certification. She spent her 40-year career as a Medical Assistant at San Jose Medical and Palo Alto Medical Foundation in Dermatology. She was invaluable to those she worked with and supported. She would always go the extra mile for her patients. During her sons' school years, she was always there to help teachers make their educational experiences very special. She met her husband, Thomas Redgrave, while accompanying her friend and soon-to-be sister-in-law, Cindy Redgrave, to pick him up at the airport. She loved to travel

whenever she could and went on many trips together through the years, taking sons Christopher and Kevin Redgrave across the continent and the Atlantic. She took delight in many trips with family and friends as well. Her favorite places to visit were Hawaii and Europe. Linda had a green thumb which proved a bountiful pastime that flourished as she entered retirement. She was in her element when she had her little helper and granddaughter, Aurora Redgrave's, company while pruning and watering. She cared for all pets, but her cats, Chloe and Mandy, will miss her most dearly. Once, while on a trip to Europe with her brother Michael, she photographed more cats than she did people. Everyone who knew Linda would agree she always had a smile on her face and made everyone feel comfortable. She made friends everywhere she went. Family and friends are invited to her Celebration of Life on Friday, January 12th, 1pm at Fremont Memorial Chapel, 3723 Peralta Blvd, Fremont with a reception to follow. Preceded in death by, Joan (mother), William (father) and Robert Dunn (brother). In lieu of flowers, remembrances may be made by planting a tree through [alivingtribute.org](http://alivingtribute.org) or to your favorite charity.

Fremont Memorial Chapel  
510-793-8900

## John Francis Mikel, Jr.



He is survived by his high school sweetheart and wife of 54 years Margaret Jean Mikel, along with his two children Kim Mikel and Matt Mikel and his 3 grandchildren Stephanie,

Cole, and Bryce. He is also survived by his nephew Skip Eitemiller and his sister Margaret Stepinsky of Irwin Pennsylvania. John was a dedicated coach in Newark Bobby Sox and Newark American Little League during his kid's adolescents. His passion for Golf and RV trips brought him great joy and his infectious laughter and humor will be dearly missed by all who knew him. He is now free of pain after suffering a stroke 6 years ago. A Celebration of life will be held Sunday Jan 21st from 2-5pm at the Elks Lodge #2121 Elks Lodge 38991 Farwell Dr. Fremont, CA.

### SOCIAL SECURITY MATTERS

## Ask Rusty – Will My Friend’s Fiancée be Entitled to a Survivor Benefit?

By RUSSELL GLOOR,  
NATIONAL SOCIAL  
SECURITY ADVISOR, AMAC  
FOUNDATION

*Dear Rusty: I have a very good friend who has cancer and will begin chemotherapy this week. He is 71 years old and is currently receiving Social Security benefits. He has been living with his fiancée for a little more than two years, but they have been a couple for about 15 years and will be married in the next few weeks. She is 60 years old.*

*I am naturally concerned about his, and her, future so my questions are:*

- *What, if anything, should he and his wife do to ensure that she gets his Social Security benefits?*
- *What benefits will she be entitled to, and how soon will she be able to begin receiving them after his death?*

Signed: A Friend with Questions

Dear Friend: You are kind to be concerned about your friend and his fiancée. Here's what you need to know:

Social Security goes by state rules when it comes to what is often referred to as “common law marriage.” That means that whether your friend's fiancée will receive any benefits as a surviving spouse in a “common law” relationship depends on whether

they live in a state which recognizes common law marriage. Most states do not, but state laws have changed over the years and many states which once recognized such unions as “marriage” no longer do. Although they may have “been a couple” for 15 years, if your friend and his fiancée have been living together for only two it is likely only the last two years will count for Social Security benefit purposes. So, whether your friend's fiancée will get anything when your friend dies depends on where they live—unless they get married, in which case the rules are different.

In order for a married widow(er) to receive surviving spouse benefits, the couple must have been married for at least nine months. If they marry and your friend lives longer than nine months thereafter, then his wife will be entitled to a surviving spouse benefit from her husband. The amount of his wife's benefit will be based upon the amount your friend is receiving at his death, adjusted for her age when she claims her surviving spouse benefit.

A surviving spouse can claim benefits from the deceased as early as age 60, but those benefits will be reduced for claiming before full retirement age (FRA). Taken at age 60, the wife's benefit would be 71.5% of your friend's SS benefit at his death. The wife need not claim the survivor benefit immediately; she could opt to delay claiming in order to get a higher percentage of the husband's amount. Survivor benefits reach their maximum—100% of the deceased's benefit amount—at the recipient's FRA.

So, if your friend and his fiancée now live in a state which currently recognizes common law marriage (CO, IA, KS, MT, NH, SC, TX, UT, RI, or in the District of Columbia), then your friend's partner will be considered his “wife” and entitled to survivor benefits as normal (the fiancée would need to prove they cohabitate in a marriage-like relationship to claim benefits).

If they do not live in one of those states, but they get married and the marriage lasts for at least nine months, then the wife will be entitled to normal benefits as a surviving spouse (as described above).

But if the couple do not live in one of the above states which recognize “common law” relationships, or if their soon-to-occur marriage doesn't last at least nine months, or if they do not get married, I'm afraid your friend's partner will not be entitled to any survivor benefits from your friend.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).*

## Powerful Pacific swell brings threat of more dangerous surf to California

By MARCIO SANCHEZ AND JOHN ANTCAK,  
ASSOCIATED PRESS

VENTURA, Calif. (AP) -- Bulldozers built giant sand berms New Year's Eve to protect beachfront homes in one of California's coastal cities hit hard the first week of the new year by extraordinary waves generated by powerful swells from Pacific storms.

Dozens of people watched construction of the emergency barriers in the Pierpont area of the city of Ventura, where a rogue wave on Thursday December 28 smacked spectators and vehicles as it overran the beach and flowed into a neighborhood.

"We have had water down the lane once before but never like this," said Karris Kutivan, a 9-year resident of the scenic shoreline city about 60 miles northwest of Los Angeles.

"What it has taught me is I want to live by the beach, not on the beach," Kutivan said.

Eight people were taken to hospitals for treatment of injuries after the Pierpont incident, according to Ventura County authorities, who closed beaches, piers and harbors through Dec. 31.

Similar waves overran beaches elsewhere that week on the California coast, flooding parking lots, streets and triggering evacuation warnings for low-lying areas.

The ocean was less violent Friday December 29 but the National Weather Service warned that another round of extremely dangerous surf conditions would return Saturday December 30.

The Los Angeles-area weather office wrote that powerful cyclones over northern Pacific waters were sending 12- to 17-foot swells, creating "tremendous wave energy across coastal waters."

At some points along California, breaking waves were predicted to reach 25 feet. Astronomical high tides were adding to a significant risk of more coastal flooding, forecasters said.

"Overall, this is expected to be an exceptional high-surf and coastal flooding event that has not occurred in many years," the weather service wrote. "Take caution and heed the direction of local authorities and lifeguards. Never ever turn your back to the water as damaging and life-threatening sneaker waves are likely to occur."

In Hawaii, which also was slammed by the huge swells this week, the weather service downgraded a high surf warning to an advisory. Large breaking waves of 18 to 22 feet along some north-facing shores and strong currents will make swimming dangerous, the weather service said.

## 7th Annual Season Announcement Soiree and Fammy Awards

SUBMITTED BY PLETHOS

Ring in the new season of Plethos on January 13 with a party, performances, raffles, exclusive discounts and delicious drinks and dinner at JP's Restaurant in Castro Valley! Be the first to find out all the shows, auditions and events coming in our 2024 season. Plus, get a sneak peek performances from the new season and be there for the announcement of the illustrious Fammy Award winners. It's a festive, formal event so dress up and get ready for a fabulous evening!

**Plethos Season Announcement Soiree and Fammy Awards**  
**Saturday Jan 13**  
**7 p.m.**  
**JP's Family Restaurant & Sports Lounge**  
**3600 Castro Valley Blvd., Castro Valley**  
**<https://plethos.org/>**  
**Tickets: \$20**

## PUBLIC NOTICES

NOTICE OF PUBLIC HEARING  
CITY OF FREMONT  
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARING ON THE FOLLOWING PROPOSAL. SAID PUBLIC HEARING WILL BE HELD AT 7:00 P.M., ON THURSDAY, JANUARY 25, 2024, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

**ROYALE SAKOON BANQUET HALL  
CUP - 5200 Mowry Avenue Unit K1- PLN2023-00273** - To consider a Conditional Use Permit to allow a banquet hall within an existing shopping center at 5200 Mowry Avenue, in the Irvington Community Plan Area, and to consider a finding that no further environmental review is required pursuant to an exemption from the requirements of the California Environmental Quality Act (CEQA), per, without limitation, and each as a separate and independent basis, CEQA Guidelines Section 15301, Existing Facilities, as the project consists of operations within an existing private structure, and a finding that no further environmental review is required per CEQA Guidelines Section 15183, as the project is consistent with the land use envisioned for the site as established by the General Plan for which an Environmental Impact Report (SCH#2010082060) was previously prepared and certified. Project Planner – Clarissa Flores, (510) 494-4545, [cflores@fremont.gov](mailto:cflores@fremont.gov)

## \* NOTICE \*

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

JOEL PULLEN, AICP, SECRETARY  
FREEMONT PLANNING COMMISSION



CNSB #3771249

## BULK SALES

NOTICE TO CREDITORS OF  
BULK SALE  
(Division 6 of the Commercial Code)  
Escrow No. 120-32715-CM

- (1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described. (2) The name and business addresses of the seller are: ETERNAL SUNRISE LLC, 5030 MOWRY AVENUE, FREMONT, CA 94538 (3) The location in California of the chief executive office of the Seller is: SAME AS ABOVE (4) The names and business address of the Buyer(s) are: APKED LLC, 19819 COLBY COURT, SARATOGA, CA 95070 (5) The location and general description of the assets to be sold are: CERTAIN FURNITURE, FIXTURES, EQUIPMENT, GOODWILL, INVENTORY AND OTHER ASSETS of the certain business located at: 5030 MOWRY AVENUE, FREMONT, CA 94538 (6) The business name used by the seller(s) at said location is: MENCHIE'S FROZEN YOGURT (7) The anticipated date of the bulk sale is JANUARY 26, 2024 at the office of: GLEN OAKS SSCROW, 24018 LYONS AVE, SANTA CLARITA, CA 91321, Escrow No. 120-32715-CM, Escrow Officer: CYNTHIA MOLLER (8) Claims may be filed with Same as "7" above. (9) The last day for filing claims is: JANUARY 25, 2024. (10) This bulk sale is subject to Section 6106.2 of the Uniform Commercial Code. (11) As listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are: MENCHIE'S FROZEN YOGURT, 1200 EL CAMINO REAL A-3, BELMONT, CA 94002. DATED: DECEMBER 4, 2023 BUYER(S): APKED LLC 2067382-PP TRI CITY VOICE 1/9/24

CNS-3771890#

## CIVIL

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME  
Case No. 23CV054165

Superior Court of California, County of ALAMEDA  
Petition of: TONG CUI for Change of Name  
TO ALL INTERESTED PERSONS:  
Pettitioner TONG CUI filed a petition with this court for a decree changing names as follows:  
TONG CUI to GRACEY ENYI TONG CUI  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
Date: JAN 23, 2023, Time: 9:30AM, Dept.: 14, Room: --  
The address of the court is 1221 OAK ST., OAKLAND, CA 94612

(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to [www.courts.ca.gov/find-my-court.htm](http://www.courts.ca.gov/find-my-court.htm).)

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: TRI CITY VOICE  
Date: DEC 05, 2023  
CHARLES A SMILEY  
Judge of the Superior Court

CNS-3766833#

FICTITIOUS BUSINESS  
NAMESFICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 603036

Fictitious Business Name(s):  
**THE ROSE GARDEN RESTAURANT, 33348 ALVARADO-NILES RD, UNION CITY, CA 94587,** County of ALAMEDA

Registrant(s):  
**TOCA CORPORATION, 33348 ALVARADO-NILES RD, UNION CITY, CA 94587,** County of ALAMEDA  
Business conducted by: A CORPORATION  
The registrant began to transact business using the fictitious business name(s) listed above on SEPT 2000

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ SUSANNA WONG

This statement was filed with the County Clerk of Alameda County on 12/27/2023  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/9, 1/16, 1/23, 1/30/24

CNS-3771029#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 602768

Fictitious Business Name(s):  
**AANBI INC, 3183 RALEIGH CT, FREMONT, CA 94555** County of ALAMEDA

Registrant(s):  
**CLOUDNEXT TECHNOLOGIES INC, 3183 RALEIGH CT, FREMONT, CA 94555**  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
**CLOUDNEXT TECHNOLOGIES INC  
S/ GUNJUAN AGGARWAL**

This statement was filed with the County Clerk of Alameda County on 12/13/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/9, 1/16, 1/23, 1/30/24

CNS-3771024#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 603029

Fictitious Business Name(s):  
**SKY CASTLE CO./ SKY CASTLE STICKERS, 5645 VIA LUGANO, FREMONT, CA 94555,** County of ALAMEDA

Registrant(s):  
**ALAN LAU, 5645 VIA LUGANO, FREMONT, CA 94555,** County of ALAMEDA  
Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ ALAN LAU

This statement was filed with the County Clerk of Alameda County on 12/27/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/9, 1/16, 1/23, 1/30/24

CNS-3770593#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602617

Fictitious Business Name(s):  
**VMR CONSULTING, 18129 MELROSE AVE., HAYWARD, CA 94541,** County of ALAMEDA

Registrant(s):  
**SCOTT BASLER, 18129 MELROSE AVE., HAYWARD, CA 94541,** County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ SCOTT BASLER

This statement was filed with the County Clerk of Alameda County on DEC 08, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/9, 1/16, 1/23, 1/30/24

CNS-3770286#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602968

Fictitious Business Name(s):  
**HAPPY SUE-PER DOGGY CARE, 950 CHERRY CLEN CIRLCE, FREMONT, CA 94536,** County of ALAMEDA

Registrant(s):  
**ATSUMI ERLING, 950 CHERRY CLEN CIRLCE, FREMONT, CA 94536,** County of ALAMEDA

Registrant(s):  
**ATSUMI ERLING, 950 CHERRY CLEN CIRLCE, FREMONT, CA 94536,** County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ ATSUMI ERLING

This statement was filed with the County Clerk of Alameda County on 12/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/2, 1/9, 1/16, 1/23/24

CNS-3769933#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602800

Fictitious Business Name(s):  
**SALON H K-BEAUTY, 47946 WARM SPRINGS BLVD, FREMONT, CA 94539,** County of ALAMEDA

Registrant(s):  
**AURA K-BEAUTY SALON LLC, 47644 BANNON CT., FREMONT, CA 94539 (CALIFORNIA)**

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ KA CHI WONG

This statement was filed with the County Clerk of Alameda County on DECEMBER 14, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/26/23, 1/2, 1/9, 1/16/24

CNS-3767199#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602777

Fictitious Business Name(s):  
**BHANDAL PIZZA DBA MOUNTAIN MIKE'S PIZZA, 1633C THORNTON AVE., NEWARK, CA 94560,** County of ALAMEDA

Registrant(s):  
**GURPREET KAUR, 5255 ORKNEY CT., NEWARK, CA 94560**

Registrant(s):  
**GURPREET KAUR, 5255 ORKNEY CT., NEWARK, CA 94560**

Business conducted by: A GENERAL PARTNERSHIP

The registrant began to transact business using the fictitious business name(s) listed above on 2006

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ GURPREET KAUR

This statement was filed with the County Clerk of Alameda County on 12/13/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/26/23, 1/2, 1/9, 1/16/24

CNS-3766829#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602774

Fictitious Business Name(s):  
**THREE SISTERS PIZZA LLC DBA MOUNTAIN MIKE'S PIZZA, 5255 ORKNET CT., NEWARK, CA 94560,** County of ALAMEDA

Registrant(s):  
**THREE SISTERS PIZZA LLC, 5255 ORKNET CT., NEWARK, CA 94560,** County of ALAMEDA

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ GURPREET KAUR

This statement was filed with the County Clerk of Alameda County on 12/13/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/26/23, 1/2, 1/9, 1/16/24

CNS-3766827#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602287

Fictitious Business Name(s):  
**SABI'S TRANSPORTATION, 39605 STEVENSON PL 129, FREMONT, CA 94539,** County of ALAMEDA

Registrant(s):  
**BAHIA'S TRANSFER, 39605 STEVENSON PL 129, FREMONT, CA 94539,** County of ALAMEDA

Registrant(s):  
**BAHIA'S TRANSFER, 39605 STEVENSON PL 129, FREMONT, CA 94539,** County of ALAMEDA

Business conducted by: A CORPORATION  
The registrant began to transact business using the fictitious business name(s) listed above on 10/06/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ SARABJIT SINGH

This statement was filed with the County Clerk of Alameda County on 11/27/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/19, 12/26/23, 1/2, 1/9/24

CNS-3766132#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602543

Fictitious Business Name(s):  
**A FLOR DE PIEL ARTESANAL JABONES, 26 HUNWOOD WAY APT 2, HAYWARD, CA 94544,** County of ALAMEDA

Registrant(s):  
**MARIA AUXILIADORA SILES FLORES, 26 HUNWOOD WAY APT 2, HAYWARD, CA 94544,** County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 12/02/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ MARIA AUXILIADORA SILES FLORES

This statement was filed with the County Clerk of Alameda County on 12/07/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/19, 12/26/23, 1/2, 1/9/24

CNS-3764862#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602371

Fictitious Business Name(s):  
**I AM JANITORIAL- HOUSEKEEPING SERVICES, 5178 MOWRY AVE., FREMONT, CA 94538,** County of ALAMEDA

Registrant(s):  
**ANALIDA ARCENEUX, 5178 MOWRY AVE., FREMONT, CA 94538,** County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ ANALIDA ARCENEUX

This statement was filed with the County Clerk of Alameda County on 11/30/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/19, 12/26/23, 1/2, 1/9/24

CNS-3764858#

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 602183

Fictitious Business Name(s):  
**1. FREMONT TOYOTA, LLC 2. FREMONT TOYOTA, 5851 CUSHING PARKWAY, FREMONT, CA 94538,** County of ALAMEDA

Registrant(s):  
**FREMONT AUTOMOBILE DEALERSHIP, LLC, 5851 CUSHING PARKWAY, FREMONT, CA 94538 (CA)**

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 6/7/1999

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ AHMED AZZAM

This statement was filed with the County Clerk of Alameda County on NOVEMBER 17, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/19, 12/26/23, 1/2, 1/9/24

CNS-3764799#

## GOVERNMENT

PUBLIC HEARING NOTICE  
Thursday, January 25, 2024

7:00 p.m.  
**Publication Date: January 9, 2024**  
**The meeting will be held in the City Hall Council Chambers at 37101 Newark Boulevard, Newark, CA 94560.**

**Members of the public may attend the meeting in person or watch it via YouTube or Cable Channel 26.**

Pursuant to Section 147(f) of the Internal Revenue Code of 1986, on January 25, 2024, at or after 7:00 p.m., the City Council will hold a public hearing with respect to a plan of finance that includes the proposed issuance by the California Municipal Finance Authority (the "Authority") of its revenue bonds in one or more series in an amount not to exceed \$50,000,000 (the "Bonds"), including but not limited to revenue bonds issued to finance or refinance the acquisition, construction, development and equipping of a 79-unit qualified residential rental project for low-income seniors, to be located at 37660 Timber Street (the "Project") in the City of Newark, California (the "City"). The Project will be owned and operated by Timber Street Investors, L.P., a California limited partnership, or another ownership entity to be created by Eden Timber, LLC, a California limited liability company, its general partner (the "General Partner") or by another affiliate of Eden Housing, Inc. (the "General Partner" or another ownership entity, the "Borrower").

The Bonds and the obligation to pay principal thereof and interest thereon and any redemption premium with respect thereto do not constitute indebtedness or an obligation of the City of Newark, the Authority, the State of California or any political subdivision thereof, within the meaning of any constitutional or statutory debt limitation, or a charge against the general credit or taxing powers of any of them. The Bonds shall be a limited obligation of the Authority, payable solely from certain revenues duly pledged therefore and generally representing amounts paid by the Borrower.

Any interested person or authorized agent may appear at the public hearing to be heard and may submit written comments on the issuance of the Bonds or on the nature and location of the Project proposed to be financed by contacting the project manager, Carmelisa Lopez via email

PUBLIC NOTICES

PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On February 16, 2024 at 12:00 PM, at the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on June 20, 2006 as Instrument No. 2006235866, of official records in the Office of the Recorder of Alameda County, California, executed by LUISA M. FOLEY, A SINGLE WOMAN, as Trustor(s), in favor of FINANCIAL FREEDOM SENIOR FUNDING CORPORATION, A SUBSIDIARY OF INDYMAC BANK, F.S.B. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 3818 SHINGLEWOOD COURT #10, UNION CITY, CA 94587 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$396,596.36 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter

of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires the information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the County Recorder's Office at 916.939.0772 for information regarding the Trustee's Sale or visit the Internet Website www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case, CA07000489-20-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. Notice to Tenant NOTICE TO TENANT FOR FORECLOSURES AFTER JANUARY 1, 2021 You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction.

If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916.939.0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case CA07000489-20-1 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: December 15, 2023 MTC Financial Inc. dba Trustee Corps TS No. CA07000489-20-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 711 949-252-8300 By: Bernardo Saleto, Authorized Signatory. SALE INFORMATION CAN BE OBTAINED ONLINE AT www.nationwideposting.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Nationwide Posting & Publication AT 916.939.0772 NPP0444847 To: TRI-CITY VOICE 01/09/2024, 01/16/2024, 01/23/2024 1/9, 1/16, 1/23/24

CNS-3770611#

T.S. No. 112201-CA APN: 525-0231-072-00 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/23/1997. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 2/21/2024 at 12:00 PM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 12/29/1997 as Instrument No. 97344821 of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: ROBERT O. AND DOROTHY R. MCCOWEN 1976 LIVING TRUST WITH EITHER ROBERT O. OR DOROTHY R. MCCOWEN AS TRUSTEE DATED DECEMBER 9, 1976 WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH. CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR

A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE; AT THE FALLON ST. EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST. , OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described as: MORE ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 41511 CHADBOURNE DRIVE, FREMONT, CA 94539 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$2,042,835.33 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused the return of monies paid to the Trustee and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a

title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 112201-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: Effective January 1, 2021, you may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (855) 313-3319, or visit this internet website www.clearconcorp.com, using the file number assigned to this case 112201-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 9380 Rd. San Diego Drive, Suite 725 San Diego, California 92108 12/26/23, 1/2, 1/9/24

CNS-3765620#

Newark Police Log

SUBMITTED BY  
NEWARK PD

Tuesday, December 19

• At 12:44 p.m. Officer C. Torres located a stolen vehicle in the area of Cedar Boulevard and Newark Boulevard. Officers contacted the driver, a 50-year-old male out of Oakland, as he was walking away from the vehicle. A high-risk stop was conducted, and he was taken into custody for two felony warrants and possession of the stolen vehicle.

Officers contacted his associate, a 36-year-old male out of Hayward, who was also found to have a warrant for his arrest and was active to searchable probation for auto theft. During a probation search, a 50-year-old female out of Hayward was contacted and found to be in possession of a controlled substance for sales, transporting a controlled substance and possession of drug paraphernalia. All three were arrested and booked into Santa Rita Jail.

Wednesday, December 20

• 7:30 a.m.: Officer McCuin was dispatched to a report of suspicious persons looking into a

building in the 37300 block of Cedar Boulevard. He contacted a 27-year-old male out of Hayward and arrested him for a felony warrant. He was booked into Santa Rita Jail.

• 12:28 p.m.: Officer McCuin investigated a commercial burglary from the 5640 block of Thornton Avenue. Three suspects were captured on CCTV footage entering a business and using bolt cutters to gain access to a locked cabinet. Loss was tools.

• 8:42 p.m.: Officer S. Torres located a stolen vehicle in the area of Mowry Avenue and arrested a 15-year-old juvenile for possession of the stolen vehicle.

Thursday, December 21

• 1:42 p.m.: A citizen received a motion notification from his Ring camera. Upon reviewing the video, he observed someone take a package off his porch. He immediately responded home, and saw the suspect walking in the area that matched the description of the subject on video. He followed the subject and called the police. Officer Williams located the subject and detained him. Officer Lara conducted the investigation, and accepted a private person

arrest for petty theft. The suspect, a 31-year-old male out of Fremont, was arrested for petty theft and possession of drug paraphernalia. He was booked into Santa Rita Jail.

Monday, December 25

• 1:00 a.m.: Officer Riddles investigated a collision in the 35700 block of Newark Boulevard where a vehicle collided into a parked vehicle. Upon arrival, officers discovered the driver, a 27-year-old male out of Newark, collided with four parked vehicles. He was determined to be driving under the influence and booked into Santa Rita Jail.

• 3:40 a.m.: Officer C. Torres arrested a 19-year-old male out of Newark for being drunk in public and resisting arrest. He was transported and booked into Santa Rita Jail.

• 7:39 a.m.: Officer McCuin arrested a heavily intoxicated 41-year-old female out of Newark after she struck her 21-year-old son on the top of his head with a chef's knife causing injury. She was booked into Santa Rita Jail for assault with a deadly weapon.

Tuesday, December 26

• 10:49 a.m.: Officer Williams investigated the theft of a catalytic converter from a parking lot on Newpark Mall Road. The

theft occurred between 6:00 p.m. and 1:45 a.m. the night prior.

Wednesday, December 27

• 9:35 a.m.: Officer Medina investigated a strong-armed robbery in the area of Mayhews Landing Road. The victim was walking to their front door, when confronted by a suspect who took their cell phone, bag, and cash.

Thursday, December 28

• 2:25 p.m.: Officer Lara was dispatched to a report of a suspected stolen vehicle in a parking lot off Mowry Avenue. He located a suspect, a 40-year-old male out of Newark, in the area. The suspect was transported and booked into Santa Rita Jail.

• 5:14 p.m.: Officer C. Torres investigated a robbery from a business on Thornton Avenue. While in the process of shoplifting, the suspect brandished a hatchet at an employee. The employee was not injured, and the suspects fled the scene.

Friday, December 29

• 7:32 a.m.: Alert citizens reported a suspicious person riding around on a bicycle looking into vehicles in the area of Joaquin Murrieta. Officers arrived on scene and contacted a subject matching the given

description. A 39-year-old male, was arrested for felony warrants, possession of identification and credit cards in the name of others, drugs and drug paraphernalia. Officer Orozco arrested and booked him into Santa Rita Jail.

Saturday, December 30

• 8:37 p.m.: Community cameras alerted officers to a stolen vehicle entering the city. Officer Riddles checked the area of Walnut Avenue where she previously recovered an unoccupied stolen vehicle Thursday night. Officer Riddles located the stolen vehicle with two subjects standing outside of it. One suspect immediately fled on foot and then the second suspect, a 34-year-old male out of Newark, fled on foot. Officer Riddles gave chase and caught him after a brief foot pursuit. He was arrested for a variety of charges, including possession of a stolen vehicle, resisting arrest, and probation violation. He was booked into Santa Rita Jail.

CHP Volunteer Opportunity for Hayward Seniors



California Highway Patrol Senior Volunteer Program

SUBMITTED BY  
CALIFORNIA HIGHWAY  
PATROL HAYWARD AREA  
OFFICE

Our CHP Hayward Senior Volunteers help enhance our operational efficiency and public service. Senior Volunteers Bob and Bud placed a radar trailer on D Street in Fairview in order to slow down vehicles. We are grateful for our group of Senior Volunteers because they contribute to our community by supporting public safety, service and security.

If you are interested in becoming a Senior Volunteer, you must:

- Be age 55 or older
- Be able to work at least 4 hours a week during regular business hours

- Have a clean driving record and no felony convictions
- Be able to pass a background check, including at least two interviews, fingerprinting, and review by the Department of Justice and FBI

- Complete the CHP Senior Volunteer Training Program
- Sign a statement of Professionalism Ethics

If you are interested in joining the CHP Senior Volunteer Program, please contact our local office.

CHP Hayward Area Office  
2434 Whipple Rd., Hayward  
(510) 489-1500  
www.chp.ca.gov

Alameda County Fire Log

SUBMITTED BY ACFD

Thursday, December 28

• On December 28, 2023, at 8:09 p.m., the Alameda County Fire Department (ACFD) was called to the 1500 block of Thrush Avenue in San Leandro. When crews arrived, they saw light smoke coming from the home. Once inside, crews worked to extinguish the fire raging in the back bedroom and rescued an elderly patient who suffered critical burns. The person was taken to a local hospital for treatment.

In all, two people have been displaced along with two dogs, and the Red Cross was called in to assist. The cause of the fire is under investigation.

Saturday, December 30

• As stormy weather made its way through the region this week, ACFD Crew 8 stepped up to assist the community members of Castro Valley. Taking



Flood preparation in Castro Valley.

advantage of a break in the storms, the dedicated crew took on the task of filling sandbags to help prepare the local community for potential flood-related emergencies.

CHP Log

SUBMITTED BY  
CALIFORNIA HIGHWAY PATROL

Monday, January 1

• Sergeant Lehr stopped a driver of a white Dodge Charger for speeding on I-880 near Auto Mall Parkway. Officer Mangalathil and his Field Training Officer, Officer Cristalinis responded

to the traffic stop to evaluate the driver for DUI. Officer Mangalathil arrested the driver for DUI and conducted an inventory of the Dodge after the passengers were detained. He located a Glock 17 and loaded Glock magazine in the glove box, as well as a second loaded Glock magazine behind the rear passenger seat. Sergeant Lehr assisted in the vehicle inventory and located brass knuckles inside the Dodge.

The driver was transported and booked into Santa Rita County Jail for DUI, concealed carry charges and possession of brass knuckles.

# Alameda County Sheriff’s Log

SUBMITTED BY ACSO

## Saturday, December 30

• Deputies assigned to our Eden Township Substation located a white 2005 Mercedes CLK320 with a felony warrant for evading out of CHP Hayward. Deputies followed the vehicle until CHP helicopter H-30 arrived overhead. Deputies attempted a traffic stop on the car, but the driver fled. H-30 continued to track the vehicle, following it to Oakland. The Mercedes began circling the area of 35th Avenue, and eventually pulled to the curb about two blocks away. Units responded to the area, and the driver was standing outside of the vehicle with his hands up surrendering. The driver said he surrendered because the car malfunctioned, and he could not continue. A record check revealed the suspect had three outstanding felony warrants. Next stop, Santa Rita Jail.

## Sunday, December 31

• Just after 7:00 p.m. deputies were detailed to shots fired in the 1900 block of Via Sarita in San Lorenzo after a bullet pierced a resident’s front window. The suspects had tried unsuccessfully to steal the victim’s vehicle from the driveway before the front passenger fired a handgun and struck the front window of the residence. The suspects had no contact with the residents, who were unharmed.

## Monday, January 1

• Deputies responded to the 20000 block of Angus Way for another attempted vehicle theft with shots fired at a resident who exited his home to check on his vehicle. The victim encountered a masked, unknown race suspect, who fired several rounds at him from a handgun and then fled southbound on Angus Way in a dark-colored sedan. The suspect fired several more shots a short distance away as they fled. Fortunately, the victim was unharmed during this incident as well.

Deputies canvassed the area and checked local hospitals for other potential victims. We are happy to report that none were located.

## Tuesday, January 2

• The Alameda County Sheriff’s Office is investigating multiple attempted vehicle thefts perpetrated over the past couple of days by armed, masked suspects in San Lorenzo and Cherryland.

Because of the similarities in these incidents, they are possibly related. Our Gang Suppression Unit is investigating these cases and asks that anyone with information regarding these senseless acts to contact the Alameda County Sheriff’s Office at (510) 667-7721. You may also provide information via our Anonymous Tip Line at (510) 667-3622 or by leaving a message on our website at <https://www.alamedacountysheriff.org/community/anonymous-tip>

# BART Police Log

SUBMITTED BY BART PD

## Monday, January 1

• At 12:36 p.m. a man identified by officers as Jose Tapia, 37, from Hayward was contacted on the platform of Bay Fair station. Tapia was arrested and booked into Santa Rita Jail for public intoxication.

• At 9:10 p.m. a man identified by officers at Bay Fair station as Keith Montgomery, 29, from San Leandro was detained for fare evading out of the station to exit. Montgomery was arrested for obstructing a public officer and booked into Santa Rita Jail.

## Tuesday, January 2

• At 6:01 p.m. a man identified by officers as Demetrius Young, 37, from Vallejo was arrested at Bay Fair station. Young was booked into Santa Rita Jail for an outstanding warrant.

• At 10:02 p.m. a woman identified by officers as

Willicia Davies, 48, from Vallejo was arrested at Bay Fair station for attempted robbery and possession of a controlled substance. Davies was booked into Santa Rita Jail. She was issued a BART prohibition order for this incident.

## Wednesday, January 3

• At 9:56 a.m. a woman identified by officers as Kristen Foreman, 41, from San Francisco was located on a train at Fremont station and arrested for public intoxication and an active warrant. Foreman did not have proof of payment and was booked into Santa Rita Jail.

• At 7:04 p.m., while conducting a security check of Bay Fair station platform, a sergeant observed a man in possession of suspected narcotics. He was identified by officers as Tyler Huntley, 33, from San Clemente. Huntley was arrested for possession of a controlled substance, drug paraphernalia and several outstanding warrants. Huntley was booked into Santa Rita Jail.

## LETTER TO THE EDITOR

# Authors Needed - 2024 Animal Welfare Legislation

The California State Legislature reconvened on January 3. Deadline for introduction of new bills is February 16. The following five need an author:

1. Ban importation of live, non-native bullfrogs and turtles for human consumption. All are diseased and/or parasitized, endangering public health and the environment;
2. Amend state rodeo law, Penal Code 596.7, so as to require ON-SITE veterinarians at all rodeos; racetracks and horse shows require on-site vets; so should all rodeos;
3. Ban tie-down calf roping, allowing “breakaway” roping only;
4. Ban the Mexican rodeo’s brutal “steer tailing” event; outlawed in Alameda and Contra Costa Counties (1993);
5. Ban the rodeo’s non-sanctioned “wild cow milking contest,” children’s “mutton busting” event,

and all animal "scrambles" (recently banned in Alameda County).

All legislators may be written c/o The State Capitol, Sacramento, CA 95814.

EMAIL PATTERN FOR ALL:  
senator.lastname@senate.ca.gov;  
assemblymember.lastname@assembly.ca.gov

Let your representatives hear from you! Now’s the time.

Sincerely,

Eric Mills, coordinator  
ACTION FOR ANIMALS

## SOCIAL SECURITY MATTERS

# Ask Rusty – Social Security Disability vs. Spouse Benefits vs. Survivor Benefits (and COLA)

By RUSSELL GLOOR,  
NATIONAL SOCIAL SECURITY ADVISOR,  
AMAC FOUNDATION

Dear Rusty: I retired from working in June but will not sign up for Social Security until age 70 and, to do that, I plan to draw from my IRA for the next three years. My wife is receiving Social Security disability benefits and will reach her full retirement age in March of next year. I know that my wife simply reaching her full retirement age will not mean an increase to her benefit – except for COLA. What I’m wondering is, can my wife get spousal benefits of any sort based on my Social Security benefits—either before I draw or while I am drawing—apart from her benefits at my death? Her Social Security disability amount is only a fraction of my maximum benefit.

Signed: Baffled Husband

Dear Baffled: Looks like you’re confused about your wife’s Social Security disability benefits, retirement benefits, spousal benefits, and survivor benefits. Here’s what you need to know:

When your wife reaches her full retirement age (FRA) next year, her current Social Security Disability Insurance (SSDI) benefit will automatically convert to become her regular SS retirement benefit at the same amount she was receiving on SSDI (disability). The amount stays the same because your wife’s SSDI amount is based on her FRA entitlement.

Your wife cannot get any spousal benefits from you until you claim your own Social Security retirement benefit. Since you plan to delay claiming until you are 70 several years from now, after your wife’s SSDI converts to become her regular retirement benefit at her FRA next year, she will

continue to receive her own SS retirement benefit until you claim. At that point, your wife will get a “spousal boost” added to her own SS retirement benefit. The amount of her spousal boost will be the difference between her FRA entitlement (same as her SSDI amount), and 50% of your FRA entitlement (not half of your age 70 amount—spouse benefits are always calculated using FRA amounts, regardless of when Social Security is actually claimed).

Your wife cannot get a spousal benefit from you until you start your Social Security, but after you claim she will receive her higher spousal benefit (her own SS retirement benefit plus a spousal boost) for the rest of her life, or until you predecease her. If you die first, your wife will get 100% of the amount you were receiving at your death (e.g., your age 70 amount), instead of the smaller amount she was receiving as your spouse while you are both living.

Regarding COLA, after becoming eligible for benefits, everyone gets the annually awarded COLA increase whether they are already collecting SS benefits or not. The next annual COLA increase will be added to your wife’s SSDI at the end of this year and added to her SS retirement amount each year thereafter, and then to her higher amount as your spouse after you claim. And even though you are waiting until age 70 to claim, the annual COLA will still be added to your Primary Insurance Amount (PIA) each year, and you will receive that past COLA in your monthly payments after you later claim.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).*

# Toy Giveaway



Jackson with a family receiving toys

The belief that every young person should wear a smile during the Christmas season isn’t just a cliché to me, it’s a ministry. That is why I bring my family to the corner of Huntwood and Tennyson Avenue in Hayward every year to pass out toys in the community that I grew up in. As

the Head Coach at Irvington High School, and a lifelong resident of the Bay Area, I’m committed to making sure young people in my area know somebody has their back.

Anthony Jackson  
Hayward

# News and Notes FROM AROUND THE WORLD

SUBMITTED BY  
THE ASSOCIATION OF  
MATURE AMERICAN  
CITIZENS

## Cheezy delight

If you want extra cheese on your pizza just ask Chefs Benoît Bruel and Fabien Montellanico. You might recall that Chef Bruel set the Guinness record for the greatest variety of pizza pie cheeses in 2020 when he baked a pie adorned with 254 different cheeses but lost it when a rival baker produced a pie with 834 varieties of cheese. Not to be undone, Bruel got back the record recently when he joined with Chef Montellanico to produce a pizza festooned with no less than a thousand and one varieties of cheeses. See the prize winning pizza on Facebook: [www.facebook.com/Guinness-WorldRecords/videos/1437248090523420/](https://www.facebook.com/Guinness-WorldRecords/videos/1437248090523420/)

## Lucky ducks

Who can watch a batch of ducklings and resist the urge to smile? For sure, the officers of the League City, Texas Police Department who came to the rescue of eleven ducklings trapped in a storm drain were grinning when they returned the baby ducks to their Mama Duck. In a Facebook post, the police thanked Mama Duck for assisting the officers by “calling her ducklings back to the opening,” noting that she “quickly gathered them all together, and they all waddled their way back home.” Watch the rescue on YouTube: [www.youtube.com/watch?v=mkQQc9B4C0g](https://www.youtube.com/watch?v=mkQQc9B4C0g)

*The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at [www.amac.us](http://www.amac.us).*

# SPORTS

## Castro Valley Boys Basketball Wins League Opener

By Andrew Joseph

The Castro Valley Trojans boys basketball team won 71-62 on the road against the San Leandro Pirates on Wednesday, January 3 in their first Western Alameda County Conference (WACC) Foothill League game of the season.

“The focus for us coming into today was we just wanted to execute,” said Trojans Head Coach Terrell Carriere. “The goal was to set the tone defensively and let our offense knock down shots.”

Three-year varsity point guard Ekam Sandhu led Castro Valley with 29 points and three assists. Trojans senior Dominic Chatman added 10 points for the Trojans. Darren Stamps led San Leandro with 12 points. Castro Valley wins their fifth game out of the past seven, advancing to 7-6 overall and undefeated at 1-0 in the WACC Foothill league currently in third place behind the one seed defending league champion Berkeley High who is 11-3 overall and two seed Bishop O’Dowd who is 7-5 overall. San Leandro falls to 2-10 overall this season and 0-1 in WACC league play.

“I feel like we’re a better team than San Leandro and we know this is a game we should definitely win,” said Sandhu.

Castro Valley had the lead to begin the game going on a 13-5 run to start the first quarter, but ended that quarter down 16-14. Much of the second quarter was dominated by San Leandro’s size and transition offense that helped them get out to a sizeable lead. The Trojans found themselves trailing after committing turnovers and missing open shots. The score was 35-28 at halftime and Castro Valley regrouped during the intermission with a visibly different focus in the second half.

“I talked to my staff at halftime and we said ‘this game is only halfway done,’” said coach Carriere. “We played the third quarter like it was the first quarter and really picked it up in the second half.”

In the third quarter the Trojans came out aggressive forcing steals that led to transition offense and also making their three-point shots. Castro Valley regained the lead at 46-44 with 2:30 remaining in the third quarter. A late three pointer by Sandhu equaled the Trojans largest lead of the game at 10 points with 2 minutes remaining in regulation to put the game away. The Pirates costly turnovers late in the game in addition to missed shot opportunities was the main reason for their ninth consecutive loss this season.

“Our motivation right now is to do really well this season after missing the



playoffs last year,” said Chatman. “We want to change things around and start winning again.”

Castro Valley has had a recent history of winning in historic fashion when Juan Toscano-Anderson, NBA star, played for the Trojans from 2007-2011. During Toscano-Anderson’s senior year they were ranked 6th in California and 32nd in the nation. He led Castro Valley to a school record 30-2 winning season and won its first league and NCS titles, also advancing to the Northern California Division 1 title game. He later went on to win an NBA championship as a local fan favorite with the 2021-2022 Golden State Warriors team, and is currently playing on a one-year contract with the Sacramento Kings.

“We want to continue on Toscano-Anderson’s legacy he made at our

school because he basically put our school on the map,” added Chatman.

The program today at Castro Valley hopes to return to those historic years of the past knowing it can be done at the highest level at their school seeing the success of players like Toscano-Anderson. “We know if we pick things up feeling motivated and giving it 110% in practice we can make the playoffs this season and even go to the NCS title game,” added Sandhu.

Castro Valley plays their next game Tuesday, January 9 at home against Bishop O’Dowd in another league game. The Pirates next game is Wednesday, January 10 at Berkeley High in another league matchup.

## Moreau Catholic Athletics Crab Feed

SUBMITTED BY  
MOREAU CATHOLIC  
ATHLETICS

Every January, the Department of Athletics and the Booster Club organize and host its annual Crab Feed Dinner and Auction. This event raises valuable funds in support of our athletics programs and the more than 400 students who participate in athletics each year.

Ready your crab crackers, butter-melters and bibs, and get out your calendars.

Purchase a Golden Raffle ticket and have the chance to win a trip. Picture yourself in paradise! Buy a ticket yourself and share the link with friends and family. Tickets are only \$50. WIN BIG! No need to be present to win and you do not have to attend the school to win.

**Some of this year’s Live Auction include:**

1. Pick your Paradise

2. 12 VIP Graduation Tickets  
We hope to see you at this great party in support of the Moreau Catholic Booster Club, which supports our student-athletes as well as other co-curricular programs. This event is exclusively for guests aged 21 and over. Registration closes Sunday, January 21.

**Moreau Catholic Crab Feed  
Saturday, Jan 27  
5 p.m.  
Moreau Catholic High School  
Main Gymnasium  
Tickets: \$85, Raffle Tickets:  
\$50**

## Inaugural Futsal Playdate

SUBMITTED BY  
DEPUTY SHERIFF’S  
ACTIVITIES LEAGUE

Sheriffs FC welcomes you and your teams to Futsal games in a 1-day Playdate at the Sunset Futsal Courts in Hayward.

Every effort will be made to accommodate scheduling requests and ensure that teams play opponents with similar playing level. The games will be held in a 5 v 5 format with four games guarantee.

While scores will be posted, the emphasis should remain on learning and advancing both the player and the team with the game of Futsal (with some players/teams experiencing Futsal for the first time).

Parents and coaches are encouraged to be supportive of

their players, respectful to their opponents and game officials, and show the highest level of sportsmanship throughout the day. The development of the individual player and team should always come first and foremost in the eyes of the coaches and parents.

January 13, 2024 - U11/U10 2013/2014  
January 14, 2024 - U09 2015  
January 15, 2024 - U8 2016

**Sheriff’s FC Futsal One-Day Playdate  
Saturday, Jan 13 – Monday, Jan 15  
9 a.m. - 6 p.m.  
Sunset Futsal Courts  
300 Laurel Ave., Hayward  
Team registrations: \$250**

## Pioneers Split Double Dual Meet on Friday

SUBMITTED BY  
CSUEB ATHLETIC  
COMMUNICATIONS

At Aztec Aquaplex on Friday, January 5, No. 18 Cal State East Bay women’s swimming competed in a double dual meet against San Diego State and Concordia University Irvine. In their first meet in 2024, the Pioneers lost to SDSU, 132-118 in team scoring, but defeated the Golden Eagles, 157-105.

There was one first place finish individually and the meet was capped off with a relay win.

- Tehani Kong won the 100-yard butterfly in 58.19 seconds.
- The final event of the day was the 400 yard freestyle relay, which the team of Delaney Carlson, Olivia Parham, Emilie Giannini and Kong won in 3:38.88.

Additional highlights in the pool on Friday for the Pioneers included:

- A pair second place finishes by Brooklyn Dressel, including the 200 yard freestyle (1:57.13) and the 100 yard freestyle (52.97).
- A second-place finish in the 100-yard backstroke by Hannah Sharp in 59.35 seconds.

- A finish of 5:21.41 by Giannini in the 500-yard freestyle.
- Emma Wettlaufer placing second in the 200-yard individual medley in 2:17.16.

The Pioneers have a pair of home meets next week at Pioneer Pool. On Friday, January 12, Cal State East Bay hosts a double dual meet with San Jose State and Simon Fraser set for 1 p.m. The next day, Saturday January 13, the final home meet of the season is set to start at 10 a.m. when the Pioneers host UC Santa Cruz, Simon Fraser and Southwestern Oregon Community College. Prior to Saturday’s meet, Cal State East Bay will have a Senior Day Ceremony.

## Pioneer Men's Basketball Winning Streak Ends on Saturday

SUBMITTED BY  
CSUEB ATHLETICS  
COMMUNICATIONS

Cal State East Bay men’s basketball hosted No. 20 Chico State at Pioneer Gymnasium on Saturday evening. The Wildcats defeated the Pioneers, 75-66 ending Cal State East Bay’s winning streak at eight games.

Chico State started the game on a 22-8 run capped by a Trae Taylor free throw with 12:00 left in the half. The 14-point lead was the largest of the ballgame for the Wildcats. The Pioneers would chip away at the lead, using a 23-16 half-ending run, capped by a Kevin Ebiriekwe driving layup with 48 seconds left in the half, to trim the Wildcats’ lead to 38-31 at halftime.

In the second half, the Wildcats would hold the Pioneers at arms’ length. The Pioneers started the half on a 6-0 run, capped by a Daeshawn Eaton layup with 18:12 left, to trim the Wildcats’ lead to one at 38-37. Cal State East Bay did not get any closer than one points, as Wildcats pulled away and won 75-66.

• Grady Lewis scored a game-high 22 points to lead the Pioneers going 11-for-12 from the floor. He also led the Pioneers in rebounds with nine on Saturday.

- Also scoring in double figures for CSUEB were Eaton with 18 and Dimitrios Klonaras with 10.
- Defensively, Eaton had two blocks and two steals.
- Caden Harris finished with 20 points for the Wildcats.
- The Pioneers shot 42.4 percent from the floor while Chico State shot 45.9 percent in field goals.

• The Wildcats had a 50-38 rebounding edge in the game

Cal State East Bay head coach Bryan Rooney following Saturday’s loss to Chico State:

“Credit to Chico State, they deserved to win tonight. While

the result was disappointing, I am confident our group will respond in the right way. We have two huge games coming up and need a determined week of practice.”

(RV) Cal State East Bay: 10-3, 6-1 CCAA

No. 20 Chico State: 10-2, 5-2 CCAA

The Pioneers continue their homestand next Thursday, January 11 when they host Cal State LA. Tipoff is scheduled for 7:30 p.m. from Pioneer Gymnasium.



Coach Bryan Rooney





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## Ten Hills Trail



Scenery along Ten Hills Trail in Castro Valley. Photo by Jack Alcorn



Ten Hills Trail in Castro Valley. Photo by Jack Alcorn



Lake Chabot from the end of Ten Hills Trail.  
Photo source [www.alltrails.com](http://www.alltrails.com)

### BY JACK ALCORN

Ten Hills Trail is a short, moderately challenging hike through the picturesque hills of Castro Valley. As part of the the Lake Chabot Regional Park trail system, Ten Hills Trail connects to many other hiking and biking trail options. The trail network provides access to a family campground, the Lake Chabot Marina and Reinhardt Redwood trees.

The trail is commonly used for hiking, walking and running. Dogs are able to use this trail but must be kept on leash. The wide dirt path is also popular for mountain bikers. A round trip at a medium gait should take less than 3 hours for most people.

The trail is mostly shaded with some creek frontage. Ten Hills Trail is 1.8 miles from its starting point on Redwood Road in Castro Valley to the shore of Lake Chabot. The trail starts with an aggressive climb for less than a half of a mile. The hard packed track levels out, then gains elevation climbing and descending 10 small peaks. The trailhead for Ten Hills, located east of central Castro Valley on Redwood Road, has parking and a stall restroom. All levels of hikers can appreciate wildlife and spectacular views of Castro Valley's undeveloped hilltops and ridges from this free, local outdoor venue.

# Sloths have a superpower



SUBMITTED BY INTERESTING FACTS  
PHOTO CREDIT ROB JANSEN/IStock

Sloths are masters of living life in the slow lane. These tree-hugging mammals, split into two-toed and three-toed varieties, travel only about 125 feet a day - so slowly that moss and algae grow on their fur. This lethargic lifestyle is actually a survival strategy suitable for their slow metabolisms and low-calorie diets, which are mostly based on tree leaves. In fact, three-toed sloths have the slowest metabolism of any mammal (followed closely by pandas and two-toed sloths).

Their sluggish metabolism, as well as their ability to slow their heart to one-third its normal rate, give sloths an unexpected superpower - they can hold their breath for an impressively long time. With estimates suggesting that some two-toed sloths can hold their breath for upwards of 40 minutes, this makes sloths better at conserving oxygen than even some marine mammals such as dolphins, who can only hold their breath for 15 minutes, maximum. The sloth breathing technique, aided by the design of their lungs, helps make sloths excellent swimmers. So, while their leisurely lifestyle may seem a bit lazy to the untrained eye, don't blame the sloth - they're just built that way.