



Oakland Zoo
Receives Two
Orphan
Mountain
Lion Cubs

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Meals on
Wheels
program
serving
Fremont,
Newark, and
Union City
reintroduced to
the
community

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Division 1
Golf
Champion
Alyssa Lim on
the Rise

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November 21, 2023

Vol. 22 No.47

Nutcracker Piñata

continued on page 4



SUBMITTED BY
BALLET FOLKLÓRICO MÉXICO DANZA

On Saturday, November 25 and Sunday,
November 26, Ballet Folklórico México Danza will hold

their annual "Nutcracker Piñata," a unique take on the
old Christmas classic, "The Nutcracker." In this version,
Clarita takes audiences on a magical journey through the
beautiful states of Mexico. You will experience exhilarating
dances through the various regions, and be taken into a

magical atmosphere. The Nutcracker Piñata is a national
holiday tradition with a fusion of Mexican folklore and
classical ballet.

Based in Hayward, Ballet Folklórico México Danza
was founded by René González, with collaboration from

Niles Festival of Lights Parade



Courtesy of community members

SUBMITTED BY
KRYSTEN LAINE

Every year on the Friday after
Thanksgiving, the Niles District
in Fremont kicks off the holiday
season with the "Festival of
Lights Parade." The parade has
been a tradition in Fremont since
2001, and features entries such as
giant parade balloons, creative
floats, marching bands, antique
vehicles, dance groups and special
guests. The parade draws more
than 10,000+ spectators along the
half-mile route.

Local favorite The Taphandles
will kick off music at 4 p.m. on
November 25. Food Truck Mafia
will be there with six food trucks
with a variety of tasty treats,
beginning at 4 p.m. and available
until the parade concludes at
8 p.m. The tree lighting is at
6 p.m., followed by the parade.

Washington Hospital
Healthcare System and
Lennar Homebuilders are Star
Sponsors for this year's parade,
with Fremont Firefighters Local
1689 as Mistletoe Sponsors. The

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Challenging marathons, mountains, and disability

BY STEPHANIE GERTSCH

In summer of 2020, local school librarian
Junichi Kakutani began noticing "wobbliness" in his
knees. At the height of the pandemic, it was difficult
to schedule doctor visits, and the diagnosis process
took until December 2021. But Kakutani suspected
the culprit: SpinoCerebellar Ataxia (SCA), a
hereditary illness Kakutani's father also has.

Kakutani says, "SpinoCerebellar Ataxia is a
degenerative condition that affects the nervous
system. It involves problems with coordination and
balance. There are many different kinds of Ataxia.
The cures haven't been found yet." He currently
experiences double vision, as well as difficulty with
walking, speaking, and swallowing.

He recalls, "I suspected it was SpinoCerebellar
Ataxia because of my father, but I was in denial. I
always thought I'd start experiencing the symptoms



in my 60s like my father did." Kakutani is in his
late 40s.

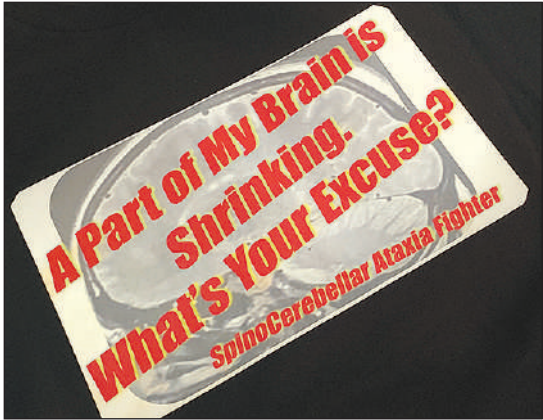
This isn't the only time Kakutani has undergone
a life-altering experience. On January 17, 1995, the
Hanshin-Awaji Earthquake destroyed his home in
Kobe, Japan. "I could have died in the Earthquake.
I was underneath the chest of drawers and I couldn't
breathe for a moment." Kakutani had planned to
come to the United States if he didn't find a
fulfilling career by 30. "After the Earthquake, I
didn't want to wait until I turned 30."

An interest in film prompted Kakutani to come
to San Francisco and study at Academy of Art
College (now Academy of Art University). He later
worked as a script supervisor. Now he's the librarian
at Harvey Green Elementary School in Fremont.

With the diagnosis, Kakutani once again decided
to pursue his dreams. He walked in The Giant Race
in Summer 2023, and has registered to walk in the
Honolulu Marathon in December. Since 2017, he's
been learning Kendo with his son, and he keeps up
his training as physical therapy, earning his
2nd Level Black Belt early in November.

Ironically, Kakutani says, "Believe me, I'm not an
active type of person at all."

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T-shirt Kakutani made for the Honolulu Marathon

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Bay Area Native Brings Home Her Passion for Women's Health

Washington Township Medical Foundation (WTMF) Welcomes New OB-GYN

Born and raised in the San Francisco Bay Area, Saloni Mathur, MD, spent a decade away from “home” before returning in early November to join Washington Township Medical Foundation in Fremont. Her motivation for moving back to the area she considers home, she says, is to “give back to the community where I grew up.”

With a father who is a computer engineer and a mother who teaches science to middle school students, Dr. Mathur had a natural inclination to study science as a child, and she notes she always wanted to go into the field of medicine. She also had a mentor who influenced her decisions.

“My parents had a friend who was an OB-GYN,” Dr. Mathur says. “Starting about when I was in sixth grade, since both of my parents were working, I would go to her office after school to do my homework. I learned a lot from her while spending time there, and she inspired me. I still keep in touch with her. She lives in the area, and she is excited that I followed in her footsteps.”

After graduating from a Bay Area high school, Dr. Mathur earned a Bachelor of Science degree in biological sciences from the University of California, Davis. While at UC Davis, she worked as a research assistant for the MIND Institute – an international research center focused on neurodevelopmental disabilities. At the MIND Institute, she was involved in “mapping” genetic markers for autism and facilitating MRI scanning of children with Fragile X syndrome, a genetic disorder that can result in developmental delays and learning disabilities.

Following her years at UC Davis, she moved to Chicago, Illinois, where she



Saloni Mathur, MD

spent a year earning a Master of Science degree in biomedical science. Continuing her studies at the University of Toledo College of Medicine and Life Sciences in Ohio, she earned an additional master's degree in biomedical science and her medical doctorate degree. She then completed a three-year residency in

obstetrics and gynecology at Richmond University Medical Center in Staten Island, New York.

“I can honestly say that my experience in Toledo was amazing,” she recalls. “The Midwest is quite different from California, but I found the people there to be so kind

and friendly. I have stayed in close contact with many of my friends there, and have even been a bridesmaid in a couple of their weddings.”

Dr. Mathur's experience in the New York City borough of Staten Island also was memorable, for different reasons.

“We cared for a high-risk patient population in New York,” she explains. “Many of our patients were on Medicaid, and they came to our hospital from other parts of New York City, such as Brooklyn and the Bronx, as well as from Staten Island. Some even came to us from New Jersey. For a fair number of them, we were the first medical care providers they had seen in a long time.

“With my experience in high-risk obstetrics, I am passionate about women's health advocacy,” she adds. “I also have a strong interest in promoting family planning.”

Outside of her medical career pursuits, Dr. Mathur enjoys swimming, kickboxing, do-it-yourself projects and volunteering at the humane society. She also is enthusiastic about “Bollywood dancing.”

“My interest in Bollywood dancing started when I was very young after visiting relatives in India,” she chuckles. “I was classically trained, and I competed both locally and nationally when I was in college.”

If you need help finding a physician, visit www.whhs.com or www.mywtmf.com.

For more information about the Washington Hospital Healthcare System and their birthing center, visit whhs.com/BirthingCenter



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Tips to Overcome Anxiety

Anxiety can creep up at any time due to overextended schedules, family and work demands. Here are some useful tips to help manage your anxiety and stress levels.



Pregnancy After Age 35 Tuesday, Dec. 5, 1 p.m.

This seminar will provide an overview of the potential risks and challenges associated with advanced maternal age pregnancy. Dr. Saloni Mathur will also offer practical advice to optimize health and well-being for both mother and baby.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.



Holiday Anxiety: How to Beat the Blues Monday, Dec. 18, 11 a.m.

The holiday season can be a time of joy and celebrations, and it can also be a time of stress, anxiety and depression. Along with Dr. Seema Sehgal, let's explore how to cope with the various mental health challenges during the upcoming holidays.

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
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Managing Diabetes

Given the prevalence of diabetes in our community, many households have felt the impact of this condition. Family medicine physician, Dr. Thomas Collins-Pallet, provides a conversation on how diabetes can be managed through lifestyle changes and medication.



Medicare: What You Need to Know

What are your Medicare options? If you are new to Medicare, this seminar provides an overview of coverage provided by Medicare as well as your options for additional coverage. Learn enrollment periods for Medicare Advantage Plans (Part C) and Medicare Prescription Drug Plans (Part D), and what you need to know during open enrollment.



Managing Pregnancy After Age 35

Free Online Seminar Discusses Potential Risks and Helpful Advice

Are you older than 35 and either currently pregnant or hoping to get pregnant? Many families these days are deciding to delay pregnancy well into their 30s—and sometimes beyond.

“Technically, age 35 and above is classified as ‘advanced maternal age,’ but we have come a long way in medical technology and practices in caring for women over 35 who want to have children,” says Saloni Mathur, MD, an obstetrics and gynecology (OB-GYN) specialist with Washington Township Medical Foundation (WTMF). “There is no hard cutoff line for when women should not try to become pregnant, but 35 is an age at which your risks for pregnancy-related complications can become more common. It’s also good to remember that the average age for onset of menopause is 52.”

To promote greater awareness of the potential risks of advanced maternal age pregnancies and to offer guidance for managing those risks, Washington Hospital will offer a free online seminar featuring Dr. Mathur on Tuesday, December 5. The seminar, “Pregnancy After Age 35,” will be presented on both Facebook and YouTube, beginning at 1 p.m.

“There is no hard cutoff line for when women should not try to become pregnant, but 35 is an age at which your risks for pregnancy-related complications can become more common.”

—Saloni Mathur, MD



“One factor to consider when you are thinking of getting pregnant is fertility declines with age,” Dr. Mathur notes. “A woman is born with all the eggs she will ever have, and both the quantity and quality of those eggs decrease as she ages. So it might take longer for women over age 35 to get pregnant. If you have been trying to get pregnant for more than six months, you might want to consult your OB-GYN or a fertility specialist about options such as in vitro fertilization (IVF) or intrauterine insemination (IUI), which we can discuss at the seminar.”

While a woman’s chances of becoming pregnant decrease with age, the risks for complications increase. Some of the potential complications Dr. Mathur will discuss at the seminar include:

- Gestational diabetes, which is a type of diabetes that occurs only during pregnancy.

- Complications of pre-existing diabetes, which can damage blood vessels, nerves, eyes and kidneys.

- High blood pressure that may be more common in pregnancy among older women, and preeclampsia – a condition characterized by extremely high blood pressure – is more common among pregnant people over age 40.

- The chance of needing a cesarean delivery, also known as a C-section, goes up after age 35.

- The risks for miscarriage and stillbirth increase with age.

- Babies born to older mothers have a higher risk of genetic abnormalities that cause conditions such as Down syndrome and autism.

- Premature birth and low birth weight also are more common in babies born to older women.

“After we’ve discussed the risks of complications for older mothers and their babies, we can focus on what steps these mothers can take to minimize their risks for complications,” says Dr. Mathur.

“A lot of this advice is what your doctors have already been telling you,” she points out. “Eat a healthy diet with lots of leafy greens and fiber. Exercise regularly, ideally for 30 minutes a day, five times per week. Take your family’s health history into

consideration for factors such as diabetes and high blood pressure that might put you and your baby at risk for complications.”

“It’s also important to seek regular prenatal care,” she adds. “And please remember that alcohol, tobacco and recreational drugs or vaping need to be off-limits during pregnancy. Check with your doctor before taking any medications or supplements. The choices you make can have lasting consequences for your baby.”

Join the Seminar – Find a Physician

To view the Dec. 5 seminar on Facebook, sign in to your account and then go to facebook.com/WashingtonHosp. Watching from YouTube does not require an account. Simply go to youtube.com/whhsInHealth.

People attending the seminar via Facebook will be able to ask questions directly during the seminar. Those watching on Facebook or YouTube may submit questions in advance to communityoutreach@whhs.com. If you miss the event, you can view it later on Washington Hospital’s Facebook and YouTube pages.

If you need help finding a physician, visit www.mywtmf.com.

For more information about the Washington Hospital Healthcare System and their birthing center, visit whhs.com/BirthingCenter



Virtual Health & Wellness

- facebook.com/WashingtonHosp
- youtube.com/whhsInHealth

Tuesday, Nov. 28
1 p.m.

Living with Serious Illness: Understanding Palliative Care

Navigating a serious illness can bring new challenges for patients and loved ones. Join this seminar to learn what it means when palliative care is offered as an option.



Krishna Suri, DO
Palliative Care Medicine

If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.



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NUTCRACKER

Saturday, December 9 at 2 PM
Saturday, December 9 at 7 PM
Sunday, December 10 at 2 PM

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continued from page 1

Nutcracker Piñata



Martín Romero of Mexico City. González and Romero each have over 30 years of dance experience at national and international levels. This is their 12th annual Nutcracker Piñata.

Tickets may be purchased on Eventbrite.

Sat: 7 p.m.
Sun: 3 p.m.
San Leandro Arts Education Center
2250 Bancroft Ave., San Leandro
(510) 303-1042
<https://mexicodanza.com/>
Tickets: \$25-\$35

Nutcracker Piñata
Saturday, Nov 25 – Sunday,
Nov 26



How to compose yourself amidst the current chaos

By MARC VICENTE

PHOTO PROVIDED BY
MICHAEL STANTON

Having just barely made it past the global pandemic, many are still struggling with anxiety from the many world tragedies happening recently. The recent war in Palestine is one of the major crises currently making the world we live in feel more hostile and uncontrollable. In addition, climate change has started to permanently alter seasons and deliver all



Michael Stanton

sorts of natural disasters across the globe. Does there seem to be anything we can do about these problems that we're presently facing? Maybe not everyone can do something to directly face these issues, but there are still actions we can take to at least better adapt with their long-term effects.

Michael Stanton is a licensed clinical health psychologist of Black and Latino descent who is also a professor of Public Health at California State University, East Bay. His research primarily focuses on how culture and stressful life experiences such as racism and discrimination affect a person's mental and physical health. Stanton also has accounts on X, Bluesky and Threads (all under the handle @drmikestanton) where he expresses his concerns on certain topics and talks about events he has recently attended.

"As a person born as both Black and Latino, I can say I'm very sensitive to think about how culture and race affect lives," Stanton states. "Through a person's environment - namely things like their culture, upbringing and even their immigration status - I am interested in using my understanding of these factors to

better help people improve their overall wellbeing so they can live healthier lives."

Solutions Stanton proposed specifically for processing the wars in Ukraine and Palestine is to limit the overall exposure to news and screens, since it leads to bad habits like doom-scrolling, which is a tendency to constantly look for more news on depressing topics that make you mad. According to him, keeping up with the latest news can be important, but following it too closely might actually inadvertently lead to post-traumatic stress disorder. Stanton also wrote an article during the pandemic about how people can relieve their anxiety from uncontrollable circumstances by doing simple things to improve their health like watching their diet and sleeping habits, and exercising.

"People don't really think much about how physical health contributes to mental health," Stanton states. "If you're eating well, going to bed on time and if you're getting enough exercise, then you're gonna be a bit more resilient to not just major issues like climate change, but also smaller-scale ones like the price changes for items in the grocery store."

Something Stanton also touches upon is how we can address these issues with the youth, so that they can learn how to engage in those conversations. According

to Stanton, younger children don't always have the words to express themselves, so be mindful of their behavior in response to their current environment and try to understand how they feel. For older children and teenagers, it's a good idea to ask them directly how they feel about a certain topic so you have a better idea of where they stand, and then share what you know about it—or learn together.

And there's critical work to be done. "Many organizations out there are doing great work—solidarity marches for those oppressed by war, writing to Congress about these issues, and joining political organizations at community colleges and learning more about peace and conflict resolution studies," Stanton brings up as other potential solutions. "Instead of doom scrolling, you might want to think about controlling how much time you spend watching the news and try to do what you can to make a difference."

*The following is a link to Michael Stanton's previous article on preparing to deal with COVID-19 in our everyday lives:
<https://eastbayexpress.com/training-your-mind-10for-the-new-normal-1/>.*

Livermore-Amador Symphony Free Family Concert

SUBMITTED BY
DENISE LEDDON

Livermore-Amador Symphony will present its eighth annual free-admission "Family Concert" on Saturday, December 2 at in The Bankhead Theater. The program, conducted by symphony music director Lara Webber, includes music from "Beauty and the Beast" and

holiday medleys of Hannukah songs and Christmas carols. In addition, Valley Dance Theatre will give a sneak preview of favorite "Nutcracker" dances.

Webber says, "It's a short, fun program designed for the young and the young at heart. We look forward every year to welcoming our community to a free festive holiday-themed concert right before our annual holiday parade.

All are welcome!" The concert concludes in the lobby with a return of the popular hands-on instrument petting zoo for children.

The concert is funded by Livermore Valley Arts. No cost to attend, but tickets are required: <https://livermorearts.org/event-list/> or (925) 373-6800.

Free Family Concert
Saturday, Dec 2
3 p.m.
The Bankhead Theatre
2400 First St., Livermore
(925) 373-6800
<https://livermorearts.org/event-list/>





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Be a part of Light Up the Season

**SUBMITTED BY
CITY OF HAYWARD**

Light Up the Season, the annual downtown Hayward winter-time celebration and lighting ceremony, is returning to the City Hall rotunda and plaza the afternoon and evening of Saturday, December 2. Local organizations, businesses, associations and school groups are welcome to participate.

After two-years of virtual and scaled-back Light Up the Season programs due to COVID-19, the City of Hayward reintroduced the event in 2022 with the goal of creating a time and place for Hayward residents to come together in a spirit of inclusion, and to share and celebrate winter-time traditions of our diverse communities. How do you celebrate Twin Luminaries, Mawlid al-Nabi, Chalice, Bodhi Day, Las Posadas, Hanukkah, Winter Solstice, Christmas, Kwanzaa, Lohri, Pongal, or other occasions that have the common theme of remembering that there is light even during the season of long nights?

With the 2023 edition of Light Up the Season, the city seeks to partner with community organizations, local businesses

and associations, and school groups to recognize and to honor the sense of pride, togetherness and belonging shared by Hayward residents and interrupted by the pandemic. We invite you to present music and dance from these various winter traditions and to decorate homes and businesses in ways that recognize and embrace our commonalities as well as our wealth of cultures and traditions.

During the event, the city will continue its tradition of holding a lighting of a tree and other decorations just after sundown at approximately 5 p.m., as well as displays of fire engines and other apparatus, police officer- and firefighter-led seasonal toy and donation drives, an appearance by Curbie, the Hayward Public Library bookmobile, and other offerings.

Local organizations, businesses, associations, school and other groups interested in participating through performances, the sharing of winter-time traditions and other cultural practices, and in other ways are encouraged to contact Community Programs Specialist Zach Ebadi, of the Hayward City Manager’s Office, at (510) 583-3911 or by email at zach.ebadi@hayward-ca.gov.

Holiday Lights

**SUBMITTED BY
HAYWARD AREA
RECREATION AND PARK
DISTRICT
PHOTO COURTESY OF
HAYWARD HISTORICAL
SOCIETY**

Enjoy this free event and light up Historical Mansions, celebrate the season with some fun activities, walk through the Meek Mansion and McConaghy Mansion open house and enjoy some hot chocolate.

Mt. Eden Mansion
2451 W Tennyson Rd., Hayward
Tuesday, Dec 5
5:30 p.m. - 7:30 p.m.

McConaghy House
18701 Hesperian Blvd.,
Hayward
Wednesday, Dec 6
5:30 p.m. - 7:30 p.m.

Meek Mansion
240 Hampton Rd., Hayward
Thursday, Dec 7
5:30 p.m. - 7:30 p.m.



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Remembering JFK in Peru

**EVELYN LATORRE
(RETURNED PEACE CORPS
VOLUNTEER, PERU ’64-’66)**

At the Cusco, Peru railway station on November 22, 1964, my Peace Corps roommate Marie and I purchased tickets for the local train to Machu Picchu, not the more expensive one for tourists. We would see the ancient wonder of the world, then visit fellow volunteer, Larry, at his site in Quillabamba.

Trains were one of the few things that arrived and left on time in Peru, so we hopped aboard as soon as our train pulled up and settled onto a couple of scratched blue vinyl seats. Three toots of the whistle and the train began to move. The diesel engine labored forward, then backward, to pull, then push, the six passenger cars along the zigzagging rails up the side of the mountain and out of the city.

The view from the window improved as the train lumbered along. Miles of beige grass spread out across an immense pampa replacing the reddish-gray adobe buildings of Cusco. For an hour we followed the lush green banks of the gurgling, then gushing, Urubamba River.

A yellow bus waited to take us up a gravel road to Machu Picchu at the Aguas Calientes station. We hurried aboard. Soon we were zigzagging again up the side of another steep mountain. The fifteen sharp switchbacks jerked our bodies left, then right with each thirty-degree turn.

Solemnity returned when we exited the bus. There before us at 8,000 feet, stood the place Incan nobles had come for religious ceremonies over five hundred years before. I stopped on the crest of the mountain a few yards past a cream-colored hotel, spellbound. Spread out for five miles below were hundreds of stone steps and buildings. Gray stone walls

surrounded terrace after terrace of lime-green grass. Behind the structures stood tall, forest-green mountains. Their sharp peaks poked through white clouds. Cliffs on three sides dropped straight down fifteen hundred feet to the Urubamba River. A bright blue sky with wisps of white clouds swirled above us. I felt within reach of heaven.

The huge stone walls and buildings fit together without mortar—the same masonry techniques used for the impressive walls in Cusco. We trotted up and down the varying levels of stone houses, marveling at the workmanship. Here sat an altar, there, a solar clock. A sophisticated irrigation system of aqueducts crossed the terraces. We ducked through trapezoid-shaped doorways, careful not to bump our heads.

At the far side of the ruins, a steep trail led to Huayna Picchu, a pointed mountain towering 1,200 feet above where we stood. It called to us to climb it. We picked our way up the narrow dirt path, trying not to look down until we reached the top lest we be overtaken by vertigo.

Heavy blue-gray clouds from the nearby tropical rain forest floated below us. I saw the perfect background to snap a photograph of Marie with my Instamatic camera. She looked regal sitting on the precipice in her red-and-black alpaca sweater. Quiet beauty surrounded us. We hated to leave. But the only afternoon train to Quillabamba would depart soon.

Back on the bus, we plunged down the hairpin curves and scurried onto the train. The engine chugged for an hour through a tropical jungle thick with vine-covered trees. At the end of the line, we boarded a bus that sped along an unpaved road for another hour to Quillabamba. The bus deposited us at our destination at dusk.

Marie found a reasonably priced hotel and we checked in and washed the sweat and dust from our sunburned bodies. Then we sauntered over to the town square to a soda fountain. There we found fellow Peace Corps friend, Larry, who’d trained with us at Cornell and in Puerto Rico.

The three of us exchanged the latest gossip about others in our training group. Larry invited us to see his place. His apartment was bigger than our room in Abancay. And he had indoor plumbing. Two turkeys strutted around the common yard of the apartment complex. Larry said he was fattening them up for the Quillabamba volunteers’ Thanksgiving dinner.

“Hey, you two,” Larry said, in a serious tone, “tomorrow morning is a Requiem Mass commemorating the one-year anniversary of President Kennedy’s death. Want to go to it with me?”

“Sure,” I said, surprised that this foreign country would be honoring my beloved President.

We were up early the next morning. The cool humidity of the jungle town slapped me awake as we walked with Larry to Quillabamba’s main church. When I entered the church, I was surprised to be given a funeral card with a photo of our handsome dead President.

The church was filled with Peruvians who were there for the same reason I was. The sermon, in Spanish, extolled the virtues of our departed president. The Mass touched me. I felt a pang of sadness, then pride. I recalled the shock I’d felt on this day the year before when the President had been assassinated. Now, on November 23, 1964, I worked in the very organization President Kennedy had founded.

Explore Regional Parks on Green Friday

**SUBMITTED BY
DAVE MASON**

Celebrate Green Friday, November 24, with an East Bay Regional Parks FREE Park Day. Green Friday provides healthy and fun ways to enjoy the day after Thanksgiving with family and friends.

On Green Friday, all entrance activity fees are waived in Regional Parks, including parking, dogs, horses, boat launching, and fishing, as well as entrance to Ardenwood Historic Farm. The fee waiver does not include state fees for fishing licenses and watercraft inspections or concessions, such as the Tilden Merry-Go-Round

and Redwood Valley Railway steam train.

For the past nine years, the East Bay Regional Park District has celebrated Green Friday to encourage the public to spend time in nature.

**Green Friday activities in
Regional Parks include:**

Hike It Off
9 a.m.
Reinhardt Redwood, Oakland

Fall Scavenger Hunt
9 a.m.
Sunol, Sunol

Green Friday Hike
10 a.m.
Del Valle, Livermore

**History Hike ABOVE the
Mines!**
10 a.m.

Black Diamond Mines, Antioch

Farm Chores for Kids
10:30 a.m.
Ardenwood, Fremont

Meet The Bunnies
11:30 a.m.
Ardenwood, Fremont

Stilts
1:30 p.m.
Ardenwood, Fremont

Woodland Wonderland
3:30 p.m.
Del Valle, Livermore

**For more information about
Green Friday, visit**

www.ebparks.org/green-friday.



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Flash Fiction - The Winners

Continuing with our coverage of the winners for October 2023's Flash Fiction Contest, on the theme "The Day I Fell In Love," this week we are running the second of two 4th place winners. Read all the winners at www.fremontculturalartscouncil.org.

"Love Can Get Sticky" by the Grape Jelly

By JILL M. BUONO

I met him during the summer of the BEFORE TIMES. I'd just gotten out of a claustrophobic relationship with a donut, and I was chilling with my cousin, the orange marmalade. One afternoon during lunch, I saw him across the table in all his golden-brown gloriousness. He was manspread on a piece of bread.

"Chica, that dude looks like a smooth operator," my cousin warned me as I lustily gazed at the peanut butter in all his creaminess.

She tried to convince me to stay in the pantry, but the peanut butter said something charming and invited me over. I couldn't resist! By late afternoon I was living in sin in the condiment section of the cool refrigerator.

At first, our relationship was perfect. During the day, we snuggled together between fluffy sheets of bread. At night, we kept each other warm while the mustard and ketchup debated whether a hot dog is a sandwich.

As winter arrived, our relationship chilled. The peanut butter spent most Sundays on the coffee table in the living room watching football with a couple stalks of celery and some brews. On Saturday nights, he often hung out with juicy apple slices that he claimed were "just friends." Finally, he came home one night with marshmallow fluff on his shirt collar. That was the last straw! I was ready to leave!

Then COVID hit and reality shifted. The human took the coldcut bin by eminent domain to quarantine newly arrived perishables, and a turkey drumstick was unceremoniously balanced on my lid. After my cousin bragged that her shelf had become quite spacious since the mysterious disappearance of all the toilet paper, I fled to the pantry, leaving behind the skanky peanut butter with his marshmallow fluff hussy.

MUSD leader Cheryl Jordan receives ACSA State Superintendent of Year Award

SUBMITTED BY SCOTT FORSTNER

At the Association of California School Administrators (ACSA) Leadership Summit from November 2 through 4 in Sacramento, Milpitas Unified School District (MUSD) leader Cheryl Jordan was formally honored as the 2023 State Superintendent of the Year, a special moment she shared with her family, the members of the MUSD Board of Education, and Santa Clara County and MUSD leaders.

"The dynamic and purposeful leaders within MUSD and our Milpitas community are a part of this recognition; together we are creating a world class educational experience for All Learners. My husband and son have steadfastly supported the work I do. I am thrilled and humbled to have received this recognition that illuminates all of our efforts as one in a Culture of We," Superintendent Jordan shared.

The ACSA summit brings together educators at all levels in an annual awards celebration banquet while providing

opportunities for networking and professional development. ACSA, established in 1971, is the largest umbrella organization for school leaders in the nation, serving more than 16,000 school leaders throughout California.

Superintendent Jordan was one of four MUSD leaders to receive ACSA Region 8 awards; the others being Giuliana Brahim (Adult Education Administrator of the Year), Mary Jude Doerpinghaus (Student Services Administrator of the Year) and Kelly Ng (Classified Administrator of the Year). Jordan was then named California's state champion among ACSA's 19 geographic regions.

Superintendent Jordan has served on and chaired various state, region, and county boards of directors, including the Santa Clara County Superintendents' Association, Milpitas Rotary Club, the South Bay Consortium for Adult Education, Santa Clara County Construction Careers Association, and ACSA Region 8.

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- Plantar fasciitis
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- TMJ

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Brighten Black Friday with coffee and learn about cohousing

By EVELYN LATORRE, MISSION PEAK VILLAGE

On Friday, November 24 come to Suju's Coffee on Thornton for an event that could change your life. Grab a coffee and join members of Fremont's friendly cohousing community to learn how cohousers combat the loneliness often felt during the holidays. At this monthly info session, you will learn how the future residents of Fremont's Mission Peak Village are building 32 homes in a way that will counteract the loneliness epidemic that has increased nationally from 54% to 61% since the pandemic.

Cohousing communities like Fremont's Mission Peak Village value sustainability, growing their own food, and having a few meals together each week. They watch out for one another, from children to the elderly, share tools, and plan holidays together. The homes, common kitchen and dining room, and shared spaces are designed by those who will live on the 1.23-acre property in Irvington.



The first Coffee & Conversation session was so successful that the group decided to hold monthly informal informational meetings to continue answering questions that attendees have about cohousing. A third Coffee & Conversation session is scheduled for Saturday, December 16 at Suju's on Thornton.

At these informal gatherings, Mission Peak Village members discuss how cohousing is enhancing their lives and those of the thousands who are forming and living in the 200+ cohousing communities throughout the U.S.

A great way to spend an hour on Black Friday!

Reservations are not required, but more information about this and Mission Peak Village's other upcoming events can be obtained by calling Kelli at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or www.missionpeakcohousing.org. There you can register for a monthly walk to explore the neighborhood around the future site.

Coffee & Conversation about Cohousing
Friday, Nov 24
2 p.m.
Suju's Coffee
3602 Thornton Ave., Fremont

Karaoke for a Cause

SUBMITTED BY AMANDA DALY

On November 28, Plethos Productions is holding a unique fundraiser at JP's Restaurant in Castro Valley. Support this local, volunteer-owned nonprofit theater by singing or nominating someone to sing at "Karaoke for a Cause." Donations of any amount will get you or your nominee up on stage for a great night of all-ages



karaoke. This is a "pay what you can" fundraiser, so that everyone who would like to support with any amount is able to participate.

Plethos Productions has a big goal this year is to raise \$10,000 to support expansion in 2024, and the focus for their 7th season's big goals: bringing on more staff, offering more scholarships to Stagecraft Camp for Kids, and creating a new theatre retreat for adults. Plus, Plethos has been touring local buildings in hopes of getting a dedicated space. The community is invited to help make these big dreams come true!

Sing your heart out this Giving Tuesday at JP's Family Restaurant, tickets are pay-what-you-can at plethos.org.

Karaoke for a Cause
Tuesday, Nov 28
6 p.m. – 8 p.m.
JP's Family Restaurant
3600 Castro Valley Blvd., Castro Valley
plethos.org
Tickets: donations accepted

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Chabot College engineering professor chosen for nautical-based, STEM program

SUBMITTED BY
ADELINA ELO

Tess Weathers, Ph.D., E.I.T., and engineering professor at Chabot College in Hayward, was recently selected for an inaugural expedition with Science, Technology, Engineering And Math Student Experiences Aboard Ships (STEMSEAS) for community college faculty.

Dr. Weathers was chosen among only 12 community college faculty nationwide to participate in the expedition. Along with other participants, Dr. Weathers sailed on the 274-feet-long research vessel R/V Thompson, from Seattle, Washington, to Honolulu, Hawaii from November 2 through November 11.

"I'm really excited to be a part of the STEMSEAS experience and share everything once I return," said Dr. Weathers in a video taken on board. "And hopefully get more and more students and faculty out at sea."

Some activities Dr. Weathers and her cohorts conducted during the expedition were plankton and microplastic sampling, dredging tests, short-term research, CTD (conductivity, temperature, depth) rosettes and gravity cores of Juan de Fuca sediments.

Since its conception in 2016, STEMSEAS has worked to provide six- to ten-day exploratory trips, all ship-based, for undergraduates from many backgrounds aboard National Science Foundation (NSF)-funded research vessels.

Working alongside faculty and graduate students, undergraduate students gain experience with geoscience and oceanography with the goal of learning about science and career options. After noticing a lack of community colleges and communities of color in the participant lists, STEMSEAS started this specific exploratory trip and others to target those two communities.

This community college faculty expedition aims to prepare future STEMSEAS expedition mentors, provide unique professional development opportunities to community college faculty and encourage students to take part in the STEMSEAS experience.

According to the California Department of Education, students educated in STEM "learn to become problem solvers, innovators, creators and collaborators and go on to fill the critical pipeline of engineers, scientists and innovators so essential to the future of California and the nation."

STEMSEAS is funded by the NSF via a Columbia University and Indiana University of Pennsylvania grant. It is also supported by the University National Oceanographic Laboratory System and Office of Naval Research.

Learn more about Chabot College's STEM Center and programs at <https://www.chabotcollege.edu/stem/>.

Learn more about STEMSEAS' exploratory programs at <https://mlp.ideo.columbia.edu/stemseas/>.

continued from page 1

Challenging marathons, mountains, and disability

But for one dream, he sought the support of his community. Kakutani always wanted to climb Mt. Fuji, the tallest mountain in Japan. In the GoFundMe "Fulfill My Dream of Climbing Mt. Fuji While I Can," he asked for \$3,776 to help with travel and equipment costs for him and his family.

He wrote in the GoFundMe, "There were a lot of things I wanted to do 'someday.' But I realized that 'someday' I won't be able to. That was when I stopped saying 'someday' and decided that 'someday' is now."

A month later, the GoFundMe has far exceeded Kakutani's modest goal, with \$8,099 raised. Kakutani decided to donate the surplus to the National Ataxia Foundation, which is searching for a cure. (As of November 15, he's closed the original GoFundMe and started a new one for people who want to donate specifically to his marathon and mountain climbing endeavors.)

Amid Kakutani's accomplishments, there are still frustrations as daily tasks become difficult. "Stepping up and down the curb isn't fun. I pause and remind myself how I move my cane and foot. And still my foot decides to stop moving in the middle of the action."

Kakutani's 14-year-old son has a 50% chance of developing



Kakutani (323) at his kendo exam

Ataxia too. Kakutani says, "I want him to know that he might have SCA, but SCA will never have him... It takes away our abilities, not our happiness."

For now, the two still study Kendo together. Kakutani hopes to show that his son can still pursue the sport whether he develops Ataxia or not. Still, he notes, "It's okay to be frustrated. I was frustrated when I couldn't perform Kendo as well as I'd been able to. To be honest, I still sometimes get frustrated."

Another dream for Kakutani is less physical, but just as important: writing a book. "Students often say, 'Mr. Jun, you should write a book about your life.' I always answer, 'YOU write it. I'm available for an interview.' But one day when I told them about my plan to climb Mt. Fuji, I accidentally agreed to write a book when I climbed the mountain. I don't know why. Maybe I'll find the reason later."

At the encouragement of a friend and YA book translator in Japan, Kakutani has started planning his book, rather than waiting until after he climbs Mt. Fuji. "Now that I registered for the Honolulu Marathon, I have more to write about."

Kakutani says, "Disability comes in different forms. If you see me sitting behind the circulation desk at the school library, you don't think I'm disabled. If you see me walking with a cane, you assume I have problems with my knees or legs or back. (I always say, 'My knees are fine. The cane is for my brain.' People think I'm only joking. I don't always explain, though.) You don't know what's going on with others, disabled or not. So be kind."

Kakutani can name his illness. He knows what it will take from him and approximately how quickly it will progress. But he is not unique. Every one of us will see our mobility decline. We all have only a limited time when we can accomplish something extraordinary. So let's not do it "someday." In spite of challenges, we may find that with the help of our families and friends, we can achieve more than we ever thought possible.

Junichi Kakutani's GoFundMe:
www.gofundme.com/f/fulfill-my-dream-of-climbing-mt-fuji-while-i-can



Music program launches fundraising campaign

SUBMITTED BY CAROL ZILLI,
EXECUTIVE DIRECTOR, MFMII

Music For Minors II is thrilled to announce the launch of our HOSTS Fundraising Campaign, running from November 15, 2023 to January 15, 2024! Our goal is to raise \$5,000, empowering us to continue bringing the gift of music to children in the East Bay.

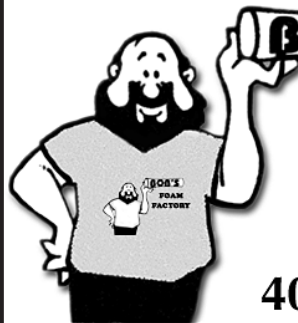
MFMII maintains a scholarship fund to help schools support the MFMII program that keeps

music in children's classrooms and lives. This annual fall fundraising campaign seeks donations from the community to sponsor one or more children to have weekly music enrichment provided by MFMII's trained volunteer music Docents.

For only \$20 you can sponsor one child to have weekly music for the whole school year. \$200 supports 10 children, and \$500 a whole classroom! Please help make the musical difference in children's lives by visiting our website: www.musicforminors2.org and clicking on HOSTS!

MFMII thanks our Donors without whom the program would not succeed in reaching thousands of children in need of music education. They are helping us transform lives through music.

**Donate to Music for Minors II
Through January 15, 2024
www.musicforminors2.org**



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Micromanager No More: Strategies for Managers and Employees

By ANNE CHAN, PhD, MFT

In my last column, I described the common problem of micromanagement, where managers distrust their employees and resort to being controlling even doing employee work in extreme cases. First, the bad news: Micromanaging is usually a no-win situation for both bosses and employees. Micromanaged employees feel tense, on edge, and mistrusted because Big Brother or Sister is constantly watching them. Micromanagers, on the other hand, are likely to feel overworked, overwhelmed, and stressed, because they cannot trust their employees and expend large amounts of time double checking their work and demanding updates. The good news is that there is a lot that employees can do to alleviate the problem of micromanagement.

Strategies For Employees Who are Micromanaged

- First, conduct an honest self-evaluation.
- Have you demonstrated poor job performance that has resulted in your boss feeling the need to oversee your work?
 - Are you the type that clocks in late and leaves early?
 - Have you missed deadlines?
 - Have you been an effective communicator?
 - Do you take unnecessarily long bathroom or coffee breaks?
 - Have you been late for meetings?
 - Are you working well with other team members?
 - Has the quality of your work been subpar?
 - Are you on social media at work?
 - Do you use work time for personal concerns?
 - Are you sleeping or nodding off on the job?

If you answered “Yes” to several of the above questions, your work behaviors or performance are likely the cause for boss’s micromanagement. The solution to getting your boss off your back would be to change your work habits rather than to look to your boss to change. If you can transform yourself into an employee who can do the job well, your boss will eventually trust you and micromanage less. This will not happen overnight or even in a couple of months. Trust takes a long time to build, especially if there has been valid cause for mistrust.

If you answered “No” to all of the above questions, it is likely that you have a true-blue micromanager boss. Fortunately, there are things you can do:

- See things from your boss’s point of view. What is important to her? How does she like to get things done? What are her worries and concerns? Get a clear idea of what matters to her and tailor yourself accordingly.
- Anticipate what tasks are important to her and get them done ahead of time.
- Understand your boss’s preferred communication style and follow her preferences. Provide updates proactively. Consider having a conversation with your boss about communication styles and expectations. Don’t accuse her of being a micromanager. Instead, use a specific example and ask how it could have been optimized. You could seek outside help from a coach or therapist on how to communicate with a micromanager.
- Initiate a conversation to clarify the different aspects of your role and how your time should be allocated.
- Be on top of things. Show your boss that you can be trusted to do quality work and that you can meet deadlines with ease.
- Overcommunication is preferable to under-communication when it comes a micromanager.
- In most cases, it is better to overdeliver rather than underdeliver.
- Stay positive. It is easy to become passive-aggressive or hostile when you are under the thumb of a micromanager. But negativity will only worsen the situation. Keeping a positive, professional attitude will help you take charge of the situation.
- Look for opportunities to show your value and do excellent work.

Implementing some of these changes can help ease the tension between you and your micromanager. However, don't expect a micromanager to change overnight to give you complete free reign. It will take time to build trust in your relationship. You can, however, ask them to slacken the reins over time. For instance, you could talk them down to twice a day check-ins as opposed to hourly updates after you’ve proven yourself to be reliable. Before you know it, you might not even feel like you have a micromanager anymore!

Anne Chan is a career consultant and licensed psychotherapist in California. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com
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East Bay Regional Park District Announces New Equity Officer

SUBMITTED BY
DAVE MASON

After a nationwide search, the East Bay Regional Park District (EBRPD) announces the appointment of José G. González as its new Equity Officer to lead diversity, equity, and inclusion efforts. EBRPD’s mission is to preserve a rich heritage of natural and cultural resources and provide open space, parks, trails, safe and healthful recreation and environmental education. An environmental ethic guides the district in all of its activities. González begins in the role on December 18, 2023.

As the largest regional park district in the country, the park system spans Alameda and Contra Costa counties and serves an estimated 30 million visitors a year through park and trail access, visitor centers, and programs. Its workforce provides services that encompass 73 parks, 55 miles of shoreline, and over 1,300 miles of trails.

The new role will work to improve access to and use of the park’s services for all community members and support inclusive programs, services, and public processes that reflect the tremendous diversity of our community. The position will also lead on programs and activities to help diversify our workforce, eliminate any systemic barriers to employment and promotion, and ensure equitable policies and best practices.

“I am excited to join the East Bay Regional Park District as its inaugural Equity Officer. I look forward to bringing my experience from the local to the national level around equity in the conservation field and community in a way that showcases the opportunity and

leadership that the Park District has been developing in this space for all of our community,” said González.

González is a professional educator with training in the fields of education and conservation. He is the Founder of Latino Outdoors as well as a consultant at large. His work focuses on Equity & Inclusion frameworks and practices in the environmental, outdoor, and conservation fields. He is also an illustrator and science communicator.

He received his B.A. at the University of California, Davis, with teaching coursework at the Bilingual, Multicultural, Education Department at Sacramento State University. He received his M.S. at the University of Michigan School of Natural Resources & Environment. He serves as a board member at Parks CA and Resource Media, and as a Commissioner for the California Boating & Waterways Commission.

www.ebparks.org

Feast on some trails the Saturday after Thanksgiving

SUBMITTED BY
BRAZEN RACING

The rarely-seen Quarry Turkey will make his appearance on Saturday, November 25, two days after the big feast, fueled-up and ready to take on all the little turkeys! Start a new Thanksgiving weekend tradition with a fast, mostly-flat half marathon, 10K or 5K at Quarry Lakes! The Little Turkeys Race (about 100 yards or

so) is free to all children brought with race participants. (Walkers welcome!)

Thanksgiving-themed costumes (for children and adults) are highly encouraged!

Children (10 and under) of race participants are invited to participate in our "Little Turkeys Race" at 7:40 a.m. This (approximately) 100-yard dash will be all the children against Quarry Turkey. The Quarry Turkey likes to think he is fast, but he's still searching for the race where he doesn't come in last! All children participating will receive a special “Little Turkeys Race” medal.

Race start times range from 7 a.m. (half marathon hikers) to 8:40 a.m. (5K). All races start and finish in the Quarry Lakes Recreational Area. The half marathon and 10K have out-and-back sections on the Alameda Creek Trail. The course is mostly dirt trails with a very

small portion of pavement at the beginning and end. Hills are nearly non-existent, so bring on the speed!

Quarry Turkey will be supporting the Alameda County Community Food Bank and encourages every little turkey to bring at least one canned good on race morning. Cash donations can be made when registering, and bins will be available on race day for food donations. These are the food items most in need.

Most-needed food items: canned fruit and vegetables, canned meats and fish, peanut butter, pasta, beans, rice, canned soup (low-salt), low-sugar cereal and oatmeal, tomato sauce, powdered milk

Quarry Turkey Race
Saturday, Nov 25
7 a.m.
2100 Isherwood Way, Fremont
<https://brazenracing.com/quarryturkey>
Registration:
(Parking is free before runners arriving 8:40 a.m.)
Registration: \$68-\$95

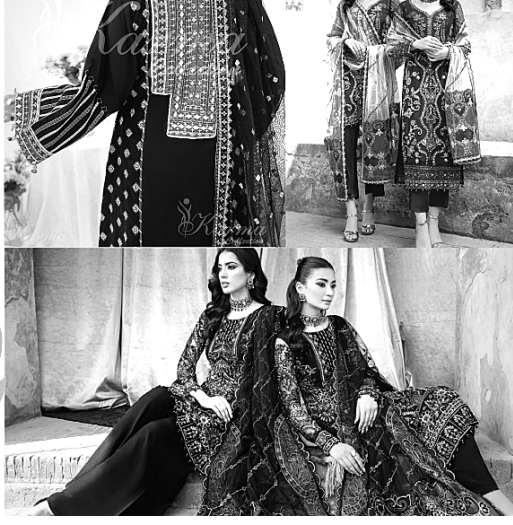


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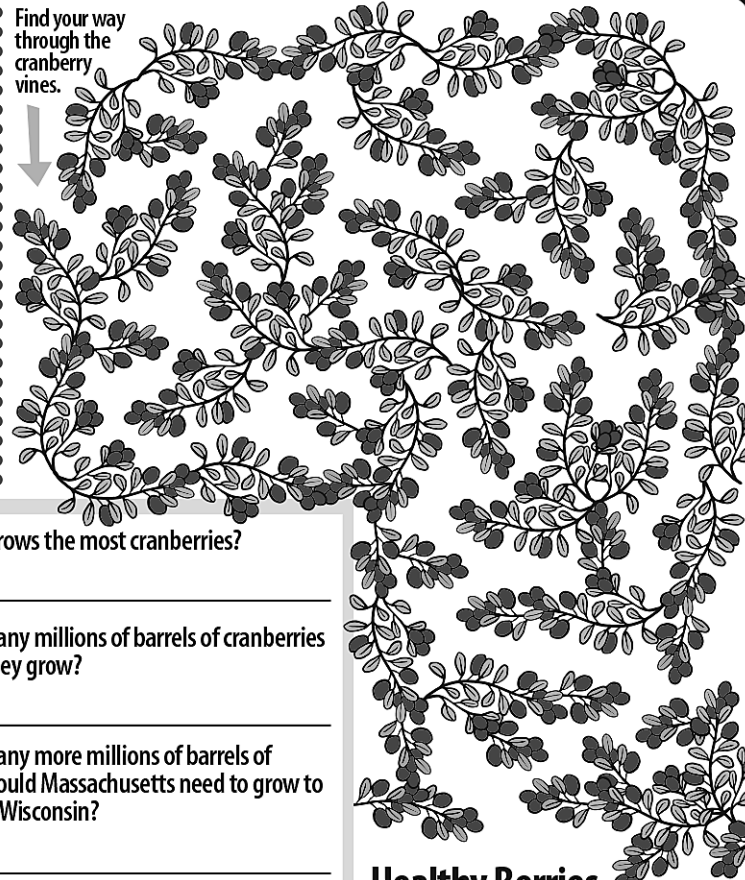
Cranberries

Americans eat about 400 million pounds of cranberries a year!

Many are eaten at Thanksgiving, but there are lots of ways to eat these little red, tangy berries all year round.

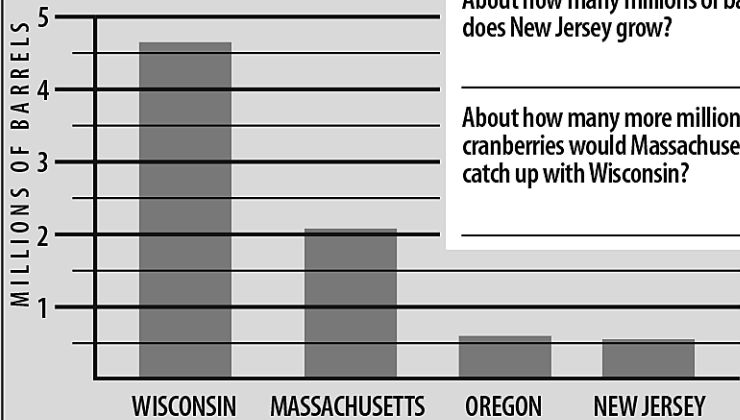
Cranberries are native to North America. Native Americans used them for both food and medicine.

Find your way through the cranberry vines.



Cranberry Chart

Use the chart to answer the questions!



Standards Link: Number Sense: Interpret data from charts and graphs.

Which state grows the most cranberries?

About how many millions of barrels of cranberries does New Jersey grow?

About how many more millions of barrels of cranberries would Massachusetts need to grow to catch up with Wisconsin?

NOTE:
1 barrel equals 100 pounds of berries.
SOURCE:
USDA Economic Research Service and USDA National Agricultural Statistics Service

Healthy Berries

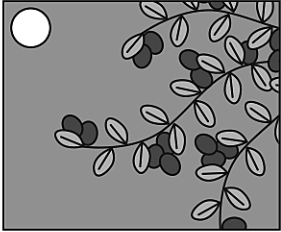
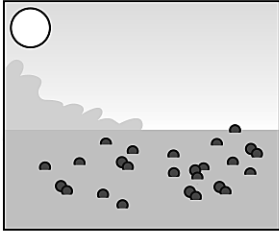
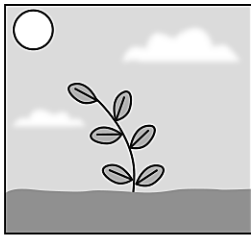
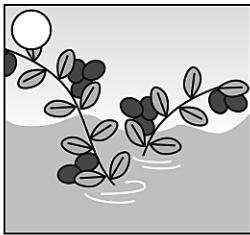
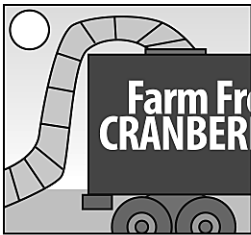
Cranberries are high in Vitamin C. Long ago, sailors and pirates took barrels of cranberries on long voyages. Eating the berries prevented a disease called scurvy.



Growing and Harvesting Cranberries

Number the pictures in order.

1. Cranberry vines are planted in sandy soil.
2. They grow into long vines that crawl along the ground.
3. When the cranberries are ripe, the farmers flood the field.
4. Cranberries have little air pockets inside that cause them to float to the top of the water.
5. Farmers wearing rubber "waders" walk through the floating cranberries and push them into a big vacuum in the center of the field.
6. The berries are sucked out of the water and end up in a big truck.



Bee Power

Cranberry farmers need bees. The bees pollinate the plant's blossoms, so they turn into berries.

Cranberry plants can live and grow for 100 years!

Extra! Extra! Living Things Scavenger Hunt

- Look through the newspaper for:
- 5 things that are alive
 - 4 things to eat
 - 3 things made from something alive
 - 2 things people need to survive
 - 1 thing that you like to eat

Standards Link: Language Arts: Follow written directions.

Kid Scoop Puzzler

Replace the missing words.

Ways to Eat Cranberries

Some people like the tart _____ of cranberries. Others _____ them with sugar, maple syrup, or honey.

While they are tart, cranberries can be eaten _____ or chopped raw into salsa, salads, and other dishes. Most cranberries are used to make _____ sauce and craisins. Craisins® are dried cranberries that look like reddish _____.

Canned cranberry sauce is a popular Thanksgiving side _____. It can also be enjoyed on turkey sandwiches.

Craisins® is a trademark of Ocean Spray Cranberries, Inc.



Double Double Word Search

BEES
CRANBERRY
EAT
FARMERS
FIELD
FLOAT
FLOOD
FOOD
GROW
MEDICINE
RED
RIPE
TANGY
VINES
WATER

Find the words in the puzzle. How many of them can you find on this page?

L Y G N A T C J S M
G R F L O O D B T E
F R E A R E T A W D
I E O D R D Z P V I
E B A W T M Q R I C
L N E T F V E W N I
D A U E E P I R E N
M R J F S Y Q C S E
B C T A O L F O O D

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together Cranberry Salsa

Work with an adult to make this delicious recipe together!

Ingredients:

With the help of an adult, chop each of the following:

- 1 cup fresh or frozen cranberries
- 1 red bell pepper
- 1 green bell pepper
- 1 chili pepper
- ½ red onion
- 1 clove of garlic

Mix the following in a bowl:

- ½ tsp parsley
- ½ tsp ground cumin
- ¼ tsp black pepper
- Zest of small orange
- 6 oz frozen orange juice concentrate

Combine all ingredients and mix well. Store in the refrigerator until all ingredients are chilled and flavors are well combined.

Eat with tortilla chips or put on a sandwich!

Thank you to the US Cranberries organization for the idea for this recipe. There are many more great cranberry recipes at uscranberries.com



See how many words you can make using the letters in CRANBERRIES

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kidscoop.com/activity-pages/

Kid Scoop VOCABULARY BUILDERS

This week's word: **WADERS**

The noun **waders** means high waterproof boots or waterproof pants with attached boots that are used for wading in water.

My mother wears **waders** when she harvests cranberries or goes fishing.

Try to use the word **waders** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Put Things in Order

Read a newspaper article and write down the main things that are reported. Number the things that happened in order: first, second, third. Is the order of your list the same or different from the article? Why could that be?

Standards Link: Analyze passages to sequence events.



What do snowmen eat for Thanksgiving dinner?

ANSWER: Cold-flaw.

Write On!

What's your opinion?

Do you like cranberries? Why or why not?

Meals on Wheels program serving Fremont, Newark, and Union City reintroduced to the community

By JOHN SCHINKEL,
SOS MEALS ON WHEELS

Drive by the parking lot at the Fremont Hall of Justice on weekday mornings and you'll see volunteers lined up behind a box truck helping to unload coolers containing packaged meals. These individuals are dedicated volunteers who give a few hours of their time to deliver meals to homebound older adults in the Tri-City community, providing them with a healthy meal, wellness check, and a friendly visit.

Meals on Wheels, which has been administered in Fremont, Newark, and Union City by LIFE Eldercare, has been acquired by San Leandro-based SOS Meals on Wheels, which serves meals to homebound seniors in Oakland, San Leandro, San Lorenzo, Castro Valley, and Hayward. As part of the acquisition, SOS has maintained the Fremont office and hired all former LIFE Eldercare Meals on Wheels staff, including longtime Program Manager Tammy Duran. "My staff and I are grateful that with the help of our community volunteers we will continue to serve our older neighbors by providing a daily nutritious meal and wellness check. Each weekday our volunteers show up to deliver a meal and a smile to our homebound seniors," shared Duran, a longtime Fremont resident.



From left: SOS Meals on Wheels Operations Director Cadre Mandy, Program Coordinators Patty Eng and Dawn Tschae, Executive Director Charlie Deterline, and South Program Manager Tammy Duran.

Since 2018, LIFE Eldercare had been purchasing meals prepared by SOS Meals on Wheels. Each day, SOS prepares roughly 1,700 meals daily in their San Leandro facility, where the large-scale kitchen and food packaging operation is based. In 2023, LIFE Eldercare and their Fall Prevention and Friendly Visitor programs were acquired by the Institute on Aging. As the Institute on Aging does not provide senior nutrition programs, Alameda County Area on Aging asked SOS to take over LIFE's Meals on Wheels contract, given that there was already an existing collaboration which could make for a seamless transition.

Service Opportunity for Seniors (SOS) has been in operation since 1966.

Charlie Deterline, Executive Director, notes, "Our Board, leadership, and staff are honored and excited to take over the work that will enable us to begin and develop relationships with the older South County residents who depend on the Meals on Wheels service, the volunteers who make it possible, and the community members and leaders who will help us sustain and grow the program in the years to come."

In addition to SOS, there are four other providers of Meals on Wheels in Alameda County: Alameda Meals on Wheels, (City of Alameda); Tri-City Meals on Wheels (Berkeley, Albany, Emeryville); Spectrum Community Services (Dublin, Pleasanton, Livermore, Sunol); as well as

J-Sei, a provider of meals culturally tailored to the Japanese community. All providers of Meals on Wheels must follow stringent nutrition guidelines set forth by the Older Americans Act, ensuring meals are low in saturated fat and sodium, and high in nutrients important to the overall health of older adults. Meals on Wheels contracts are awarded by the Alameda County Area Agency on Aging to community-based organizations and local government agencies that have proven their ability to best serve Alameda County's aging population—the fastest growing population in our county.

SOS Meals on Wheels looks forward to its new relationship with the communities of Fremont, Newark, and Union City, as well as getting to know all the new and longtime volunteers who give their time to further the agency's mission of fostering the independence and dignity of older adults by reducing food insecurity and isolation with daily nutritious meals, friendly visits, and connection to support services.

SOS is always looking for new volunteers to get involved! The average route takes 1-3 hours, with 12-15 stops. Driving not for you? There are several other volunteer opportunities including kitchen and administrative work. Interested individuals/groups may reach out to Community Outreach Coordinator John Schinkel at john@sosmow.org or (510) 244-0165.



Union City Council Member Scott Sakakihara joined us for a ride along recently, delivering meals to seniors in Union City.



Fremont City Council Member Desrie Campbell recently joined longtime volunteer Jeboy Koshy (left) for a ride along, delivering meals to seniors in the Niles district of Fremont

MFMI Graduates 25 new Music Docents and partners with Fremont Education Foundation!

SUBMITTED BY CAROL ZILLI,
EXECUTIVE DIRECTOR, MFMI

Music for Minors II (MFMI) celebrated the graduation of Docent Training Class of 2023 on November 6 after eleven two-and-a-half-hour training sessions of making music, learning music theory, teaching methodology, classroom management, and what it means to be a MFMI volunteer music Docent sharing the joy of music with children in need of music education in schools. Community volunteers represented businessmen and women, teachers, seniors, professional musicians, and parents of children MFMI serves.

This is MFMI's 33rd graduating class. The 501 (c)(3) nonprofit has been keeping music in children's classrooms since 1988

by recruiting and training community volunteers who know that music is essential for children's emotional, physical and academic success. These graduates are now placed in classrooms sharing weekly music enrichment with children in need.

This year three also marks the partnering of MFMI and the Fremont Education Foundation (FEF) whose financial support ensures over 1500 students can receive MFMI's weekly music lessons in singing/signing songs, rhythmic movement/dance and instrumentation, Taiko (Japanese Drumming) presentations and participation in MFMI's annual Children's Showcase.

The generosity of FEF which has supported the afterschool band program in FUSD for countless years, is



L to R: Cindy Bonoir, Carol Zilli, Kathy Kimberlin

overwhelming. FEF President Kathy Kimberlin and FEF board member and Fremont Chamber of Commerce CEO, Cindy Bonoir, presented MFMI a

check for \$7,500 during the graduation ceremony, representing one half of the total contribution of \$15,000! The remaining contribution will be presented to MFMI in the spring of 2024. This partnership will enhance both nonprofits as we continue to provide music education for children in need.

Please support FEF's annual "Run for Education" at Quarry Lakes on December 3 at 9 a.m. MFMI will have an interactive booth there, including making of homemade instruments.

MFMI greatly appreciates the support of FEF and looks forward to more partnering in the future as we share our missions of music enrichment for children and the community to make a future filled with hope and musical joy.



Pacific Commons Tree Lighting

SUBMITTED BY DEBORAH BLACKFORD

Pacific Commons invites the community to its spectacular Holiday Celebration and Tree Lighting Event, an evening of exciting family fun, on Thursday,

November 30, from 5:30 p.m. to 7:30 p.m. During this event, guests will enjoy a traditional tree-lighting ceremony. Following the tree lighting, attendees will have an opportunity to meet and take photos with Santa Claus, The Grinch, and several of Santa's festive elves. There will also be face painting, balloon twisting and train rides for

children. This event is free of charge and open to the public; no pre-registration is required.

Pacific Commons Tree Lighting
Thursday, Nov 30
5:30 p.m. – 7:30 p.m.
Pacific Commons, Next to Market Broiler
43440 Boscell Rd., Fremont
www.pacificcommons.com

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MISSION PEAK
village



Hayward History—and Art!



“Shine on,” mixed media on wood by HAC Member Claudine Krause

SUBMITTED BY
BRUCE ROBERTS

Hayward Area Historical Society (HAHS) is the keeper of Hayward Area History. Founded in 1956, the Society has done its best to keep records and focus on the nearly 150 years of ideas and details that have made up this fine town. Now, branching out, HAHS has joined with the Hayward Arts Council to add an art gallery, a home for local artists, to its already notable local museum.

Twenty-nine artists, utilizing every skill from oil and acrylic painting, to graphic drawing, quilting, poetry, digital printing, mixed media, to calligraphy have taken over the HAHS wall space. More exotic techniques are the frottage collages of Ruey Syrop, the use of markers on galvanized steel by Tiffany Wan, and several examples of Chinese ink and color on xuan paper by Benjamin Chang and John To. Also impressive is Khristel Johnson’s quilt titled

“Unity,” a concept so needed today in our war-torn and divisive world. All these fine works of art complement the outstanding historical displays always on exhibit.

Now, through January 30, every Saturday from 11 a.m. to 3 p.m., fans of both ART and HISTORY can enjoy both passions at the Hayward Area Historical Society. (Park behind the building in the lot off of Russell Way.)

Bruce Roberts is Hayward Arts Council Board Vice President. Please visit www.haywardartscouncil.org for more free exhibitions and programs.

Hayward History and Art Saturdays through Jan 30
11 a.m. to 3 p.m.,
Hayward Area Historical Society
22380 Foothill Blvd., Hayward,
(Park in Russell Way lot)
(510) 538-2787
www.haywardartscouncil.org

continued from page 1

Niles Festival of Lights Parade

Grand Marshal is Gael Stewart of Mission Coffee, who has served on boards, led countless committees in fundraising for non-profits all over Fremont for 30 years.

As a holiday gift to the City of Fremont and the Niles District, members of the Niles Merchant Association have organized the parade since its inception in 2001. They rely on financial contributions from individuals, businesses and community

groups to organize the event, as well as sponsorships and volunteers, but the parade wouldn’t be a parade without participation of great entries!

Niles Festival of Lights Parade
Friday, Nov 24
4 p.m. – 8 p.m.
F Street to J Street
Niles Blvd., Fremont
(510) 857-6512
www.nilesfestivaloflightsparade.org

Explore the charm and enchantment of Niles district

Explore the charm and enchantment of Niles district, where history meets vibrant modernity. Nestled in the heart of Fremont, Niles Boulevard offers an unforgettable experience with its three blocks of antiques, collectibles, and a plethora of exciting attractions that will captivate your senses.

For the antique enthusiasts, Niles Boulevard is a treasure trove waiting to be discovered. Step into a world of nostalgia as you peruse through a wide array of vintage finds, from exquisite furniture pieces to unique collectibles that tell stories of the past. With multiple antique dealers showcasing their finest selections, you’re bound to find that perfect piece to add to your collection or adorn your home.

But Niles Boulevard is so much more than just antiques! Prepare your taste buds for a culinary journey like no other. Indulge in delectable delights at the various restaurants and cafés lining the street. From charming bistros serving up mouthwatering dishes to cozy coffee shops brewing aromatic blends, there’s something to satisfy every craving.

Need to stock up on groceries or grab a quick treat? Look no further than the conveniently located grocery store and ice cream shop. Whether you’re seeking fresh

produce for a homemade feast or simply want to savor a scoop of artisanal ice cream on a sunny day, Niles Boulevard has you covered.

Immerse yourself in the local arts scene at the renowned Fremont Art Association. Admire breathtaking exhibitions, connect with local artists, or even take part in workshops to unlock your own creative potential. The association is a hub for artistic expression and a must-visit destination for art enthusiasts.

And don’t miss a visit to the Niles Essanay Silent Film Museum, a true gem for cinema lovers. Step back in time and discover the birthplace of silent movies, with captivating exhibits and screenings that pay homage to the early days of the film industry. It’s an experience that transports you to a bygone era and provides a fascinating glimpse into the history of the silver screen.

Whether you’re a local resident or a visitor exploring Fremont, Niles Boulevard promises an unforgettable experience. Lose yourself in its charm, indulge in its culinary delights, immerse yourself in art and history, and create memories that will last a lifetime. Come and discover all that Niles Boulevard has to offer – your gateway to an extraordinary adventure!

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www.niles.org

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By James Sakane

Home & Garden

The OG Thanksgiving menu



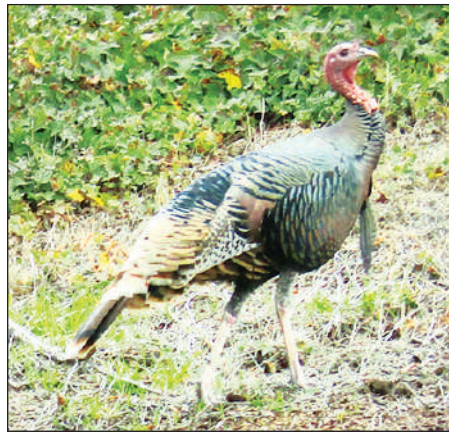
Photo courtesy of Lily 15



By DANIEL O'DONNELL

Many Americans will sit down to eat a Thanksgiving meal on the fourth Thursday in November. The holiday dinner will likely include roasted turkey, stuffing, cranberry sauce, mashed potatoes, and pumpkin pie. Of these five, only the roasted turkey might have been on the first Thanksgiving menu 400 years ago. Some of the other foods that were present at the first Thanksgiving may still show up on our Thanksgiving dinner tables.

The American Thanksgiving holiday dates back to November 1621 in Plymouth when the Wampanoag natives and the Pilgrims gathered for a three-day fall harvest feast. Canada, Grenada, Liberia, and Saint Lucia also have national Thanksgiving holidays on various dates. People in Brazil and the Philippines partake in Thanksgiving



celebrations even though they are not national holidays. It was written in a colonist's journal from 1621 that 22 pilgrim men, four pilgrim women, and over 25 pilgrim children and teenagers attended the festival, and that colonists were outnumbered by the Wampanoag natives by more than two to one.

There were no set tables for a ceremonial Thanksgiving meal. Food was placed on any available flat surface including tables, benches, and boxes. The food the colonists and native Americans would have chosen to eat was what they liked and/or what was closest to them. They simply grabbed food with their hands or sometimes placed it on a small piece of cloth whenever they were hungry over the three days, not eating at any set time.

Food served at the first Thanksgiving was local and seasonal. There are firsthand accounts of some food items that were served. The list of other foods thought to have been on the menu is based on written accounts of foods commonly eaten in early colonial times, and archaeological pollen samples that show what plants the Pilgrims were growing at the time.

Was turkey on the menu? Possibly, but it most likely would not have been a main meat source. William Bradford, the colony's governor, sent four men on a "fowling mission" to hunt ducks, geese, swans, and turkeys for the festival. Given the limited amount of time, it would have

been easier to hunt for ducks, swans, and geese that could be found on the water, rather than track elusive wild turkeys in the forest.

It is possible that venison was the main meat source, since the Wampanoags brought five deer to the feast. The meat and fowl were most likely slow roasted on a spit over a smoldering wood fire. However, culinary historians speculate that some of the deer meat might have been used to make a hearty stew. Wild poultry might also have been used to make a stew called sobaheg which also includes beans, corn, squash, nuts, and clam juice.

Seafood was an abundant food source for the natives and the colonists so it is likely that it was on the menu for the first Thanksgiving. Lobster, clams, mussels, shrimp, bass, cod, and eels were common. Although the immediate waters around Plymouth probably did not have oysters, it is likely that the native people brought some. Edward Winslow, a colonist, had written earlier in his journal that "Oysters we have none near, but we can have them brought by the Indians when we will."

It was recorded that the Pilgrim's first autumn harvest was plentiful thanks to the help they received from the Wampanoags. The Pilgrims held the feast to show gratitude. It can be assumed that the food they grew and ate would have included onions, beans, turnips, lettuce, spinach, peas, carrots, corn, and squashes including

pumpkins. The vegetables may have been consumed raw or incorporated into stews. Although there was no pumpkin pie, pumpkins stewed with vinegar and currants might have been served as well. Corn would have been crushed and boiled into a porridge possibly sweetened with molasses.

There was most likely an abundance of wild fruits served as well. Blueberries, gooseberries, raspberries, grapes, and cranberries, all indigenous to the region, would have been ready to harvest at the time of the first Thanksgiving feast. However, it is questionable whether cranberries would have been consumed. The native Americans used them as a dye and it would not be until 50 years later that the colonists would boil them with sugars to make cranberry sauce.

Much of the food that the Wampanoags and Pilgrims ate at the first Thanksgiving 400 years ago is still consumed today. It is just not commonly found on the modern-day Thanksgiving menu. Venison was replaced by turkey, and perhaps in another 400 years, turkey will be replaced by something else. One thing will remain the same however. There will always be something to give thanks for.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont.
www.Chrysalis-Gardens.com





THE ACWD CONNECTION

Thanksgiving Water Saving Tips

Make water conservation part of your Thanksgiving tradition. Here are tips for the entire family:

- Wash only full loads of laundry and dishes
- Pour leftover glasses of water into a bucket and use for plants
- Rinse fruits and vegetables in a bowl to capture excess water
- Let your turkey defrost in the refrigerator rather than running water
- Scrape food scraps off plates before rinsing

More water saving tips, rebates and info at acwd.org/conserve.



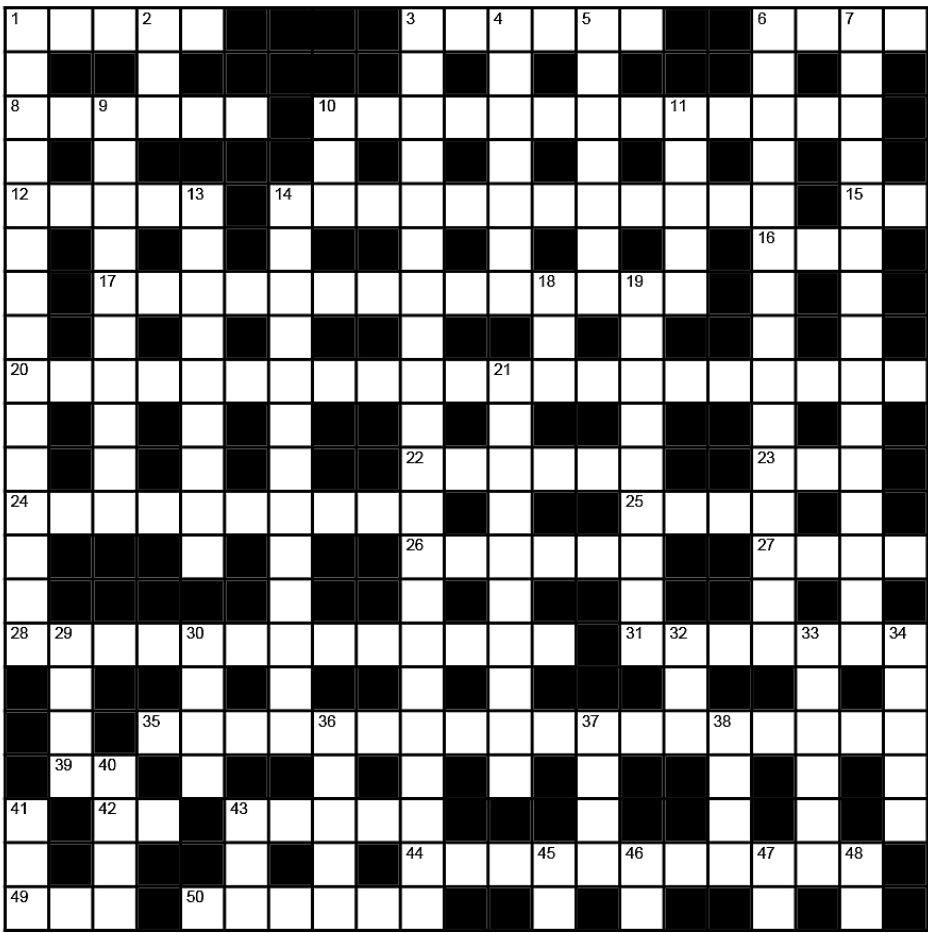
Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City





Mind Twisters

Crossword Puzzle



- Across

1

Fairy tale character (5)

3

Sewer line? (6)

6

Good vantage point (4)

8

Attract (6)

10

Common houseplant with colorful blooms (7,6)

12

Downer drug, slangily (5)

14

Extremely troubling (3-9)

15

Dorothy's aunt (2-)

16

Suffix with front (3)

17

Antacid preparation (4,2,8)

20

What "Send" triggers? (9,12)

22

Home of California's Strawberry Festival (6)

23

"Grey's Anatomy" hookups (3)

24

Like some wrestling (5-5)

25

Newt: Var. (4)

26

Pool hall array (6)

27

Key-shaped, in heraldry (4)

28

Old yarn (5-4,4)

31

Didn't put up a fight (7)

35

Yearbook (1949) (8,6-4)

39

Pronoun (2)

42

Behold (2)

43

Milk: Prefix (5)

44

Wimbledon winnings (3,8)

49

NYM inter-league rival, occassionally (3)

50

Bettered the bet (6)

Down

1

Broadway insurance dealer? (10,5)

2

George Sand's "Elle et ____" (3)

3

Live recklessly (5,7,2,3,4)

4

Wash again (7)

5

Lotions for treating sprains (7)

6

Fast (9,6)

7

In a precarious position (2,3,6,4)

9

Shock (10)

10

Babylonian deity (3)

11

"Three Sisters" sister (5)

13

Michigan city (9)

14

Pituitary secretion (6,7)

18

East ender? (3)

19

Shamelessness (9)

21

Love poem of 1849 (7,3)

29

Cordial (4)

30

Vaper's buy (1-3)

32

"The Addams Family" cousin (3)

33

Ornament (6)

34

Anatomical backs (5)

36

Checks (5)

37

Grandpa Walton portrayer (4)

38

Style of '60's French pop music (2-2)

40

Antiquated old times (4)

41

Bus. entity (3)

43

Angels on scoreboards (3)

45

3.14 (2)

46

"No kidding!" (2)

47

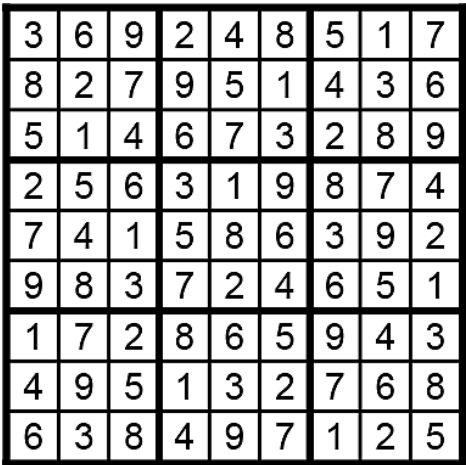
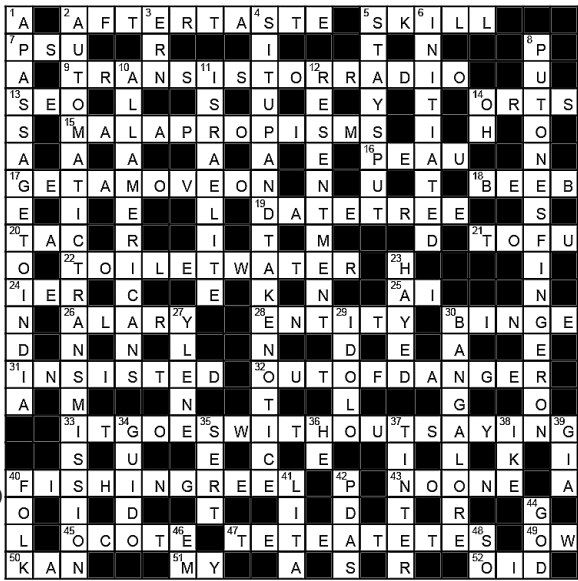
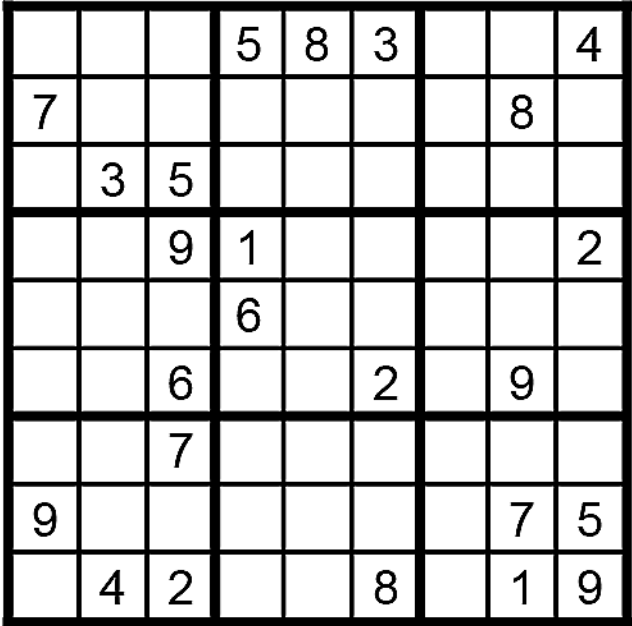
"Captain ____" (1986 Michael Jackson role) (2)

48

Therefore (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: NOVEMBER 21, 2023

All Signs: A repeated warning for those who want to buy a car, truck, bike, computer, or cell phone in the next few months. Mercury is retrograde from December 12, 2023 to January 1, 2024. However, I recommend the buffer dates (when Mercury slows down beforehand – and catches up afterwards): December 5, 2023 – to January 21, 2024. This week, the Sun enters Sagittarius to stay for four weeks. Everyone the travel bug! This will also boost our enthusiasm for outdoor activities. Of course, Sagittarius is the philosopher of the zodiac, which is why we will ponder profound thoughts.

Aries the Ram (March 21-April 20):
Good news! This week the Sun enters your fellow Fire Sign, which is supportive. This happens twice a year, four months before and four months after your birthday. You can expect your general energy level to get a boost; plus, you will have increased confidence to make plans. This is a good time to take stock of your past achievements. You will want to travel and might also be hungry to study new things. Some of you might take a course or ponder going back to school. An exciting month ahead!

Taurus the Bull (April 21-May 20):
This week the Sun changes signs, which means in the next four weeks, you will be more focused on financial matters, especially shared property, taxes, debt and inheritances. You might be involved with the wealth and resources of your partner. You might sign important papers or negotiate finances. Fortunately, coworkers are supportive. With lucky Jupiter in your sign, you have divine protection. You might meet someone in the next few weeks who challenges your values. This could be healthy.

Gemini the Twins (May 21-June 20):
This week the Sun moves opposite your sign to stay for four weeks. (Happens once a year.) Some things are coming to a culmination; however, relations with authority figures might be challenging. Don't provoke arguments. It's likely you'll encounter someone whose ambitions conflict with yours. Your personal interactions are important

now; don't withdraw. You will need more sleep in the next four weeks. This is a time when your successes and failures are obvious. This week in particular, accept invitations and enjoy the company of others, especially children. Romance is blessed!

Cancer the Crab (June 21-July 21):
For the next four weeks, you'll be gung-ho to work hard. Your focus will be on efficiency and effectiveness because you want to make every action count. You will be focused more than usual on your health, perhaps seeing ways to boost your health through exercise or healthier eating. You might have to work according to someone else's needs. You might perform a favor for someone. You will enjoy redecorating your digs as well as entertaining at home. Meanwhile, Mars will guarantee passionate romance, playful energy and an interest in competitive sports.

Leo the Lion (July 22-August 22):
This week the Sun enters your fellow Fire Sign, which will be supportive for you in the next four weeks. It's time to examine the projects you've been working on because some will come to a culmination. Meanwhile, this is the one time of year when you really want to play and do your own thing! Make an effort to enjoy social outings, the theatre, musical performances, sports events, fun activities with kids and mini vacations. You want to do your own thing. Fortunately, fair Venus will sweeten your words.

Virgo the Virgin (August 23-September 22):

This week the Sun moves to the bottom of your chart, which makes you want to enjoy your privacy. You will want more time to contemplate life. Memories from the past might bubble to the surface. You might be more involved than usual with a parent. Some of you will also tackle home repairs and be involved in family discussions. Meanwhile, you can attract money to you, and you will certainly want to spend money on beautiful things. Fiery Mars in your House of Communications will guarantee lively discussions.

Libra the Scales (September 23-October 22):
Fasten your seatbelt because the next four weeks will be busy! Errands, appointments plus short trips will keep your schedule packed. Many of you will also be reading, writing and studying more than usual. It's important for you to feel confident about your ability to talk to others because in this window of time, you need to be heard. You are the most sociable sign in the zodiac, so it's important for you to be bolstered your immediate social network. With your ruler Venus in your sign now, you look amazing!

Scorpio the Scorpion (October 23-November 21):
You have energy to burn because with your co-ruler Mars in your sign, you'll be more of a fighter for your own rights. Because your physical energy is high, you will get a lot done. (Mars is in your sign only once every two years for about six weeks.) Meanwhile, this week the Sun enters your Money House, which increases your focus on cash flow and possessions. Now is an excellent time to take stock of what

you own and get rid of what you don't need. Actually, more than any other sign, you're good at purging your stuff!

Sagittarius the Archer (November 22-December 21):
This week the Sun moves into your sign to stay for the next four weeks, boosting your energy and confidence! You will attract people and favorable situations. Plus, you will make a great impression. Mercury in your sign will increase your desire to express yourself, which you will do with conviction. Mercury will also make you want to travel. Meanwhile, Venus in your House of Friendships makes this a great time to party with others. Not only will you enjoy time with friends, you will thrive in group settings, business conferences and organizations.

Capricorn the Goat (December 22-January 19):
Your personal year is drawing to a close. Therefore, in the next four weeks, the Sun will be "hiding" in your chart before it makes its entrance, centre stage in your sign. This is the best time of the year to be contemplative. Ponder your life. What do you want for yourself in the coming year? Now is the time to set goals because they give you a clearer focus on what is important. They make decision making easier. Others will ask for your advice about how to make something look better.

Aquarius the Water Bearer (January 20-February 18):
Friendships are important to you. This is why you will bubble with enthusiasm in the next four weeks while the Sun sits in your House of Friendships (the only time all year this happens.) You

might ask yourself if the people you're hanging out with have your back. You might also be more involved with clubs and organizations. The next four weeks are an excellent time to set goals, which help to keep you on track. Meanwhile, accept all invitations to travel because you're eager for a change of scenery.

Pisces the Fish (February 19-March 20):
Once a year the Sun sits at the top of your chart for four weeks and casts you in a flattering spotlight. This lovely blessing begins this week! In the next several weeks, you will be admired, even if you don't do anything special. Obviously this four-week window will be the time to demand the advantage. Ask for permission or approval! You might also be more involved with a parent than usual. Meanwhile, you'll be eager to travel. Romance will be affectionate and sizzling. Others will give you with money and practical favors.



By Georgia Nicols
www.georgianicols.com.



By JOHN GRIMALDI AND
DAVID BRUCE SMITH

November 16 through 30

Telling time



Clocks

Setting the clocks back used to be effortless; a task that flowed into a routine of rising early, having a midday meal, and retiring at sundown. According to History.com, “as late as the 1880s, most towns in the U.S. had their own local time, generally based on ‘high noon,’ or the time when the sun was at its highest point in the sky.” There was no pressing need for a “uniform time-keeping system.”

But, when the railroads encroached, “travel...between cities [shrunk] from days or months to mere hours ... local times became a scheduling nightmare.” They took the liberty of dividing the country into four time zones, but congress did not approve it until 1918.

The Grateful American Book Prize recommends *Saving Time: Discovering a Life Beyond the Clock* by Jenny Odell.

The Articles of Confederation

In the annals of history, George Washington is usually named as the first president, but



Portrait of John Hanson attributed to John Hesselius, c. late 1760s

others might disagree—technically:

According to ConstitutionFacts.com, “when we think of the President of the United States, many people do not realize that we are actually referring to presidents elected under the U.S. Constitution. Everybody knows that the first president in that sense was George Washington. But in fact the Articles of Confederation, the predecessor to the Constitution, also called for a president, albeit one with greatly diminished powers. Eight men were appointed to serve one-year terms as president under the Articles of Confederation. In November 1781, John Hanson became the first President of the United States under the Articles of Confederation.”

He died on November 22, 1783; Washington took office in 1789.

The Grateful American Book Prize recommends Peter H. Michael’s, *Remembering John Hanson: A biography of the first president of the original United States government*.



The First Thanksgiving’ by Jennie Augusta Brownscombe, an example of the kind of vision of Thanksgiving that spread in the 19th century

The first Thanksgiving

In 1941 President Franklin Roosevelt designated the fourth Thursday—of every November—as Thanksgiving.

But the celebration had started much earlier. History.com, says it began “in the autumn of 1621, when Plymouth governor William Bradford invited local members of the Wampanoag tribe to join the Pilgrims in a festival held in gratitude for the bounty of the season.” And so it “became an annual custom throughout New England in the 17th century, and in 1777 the Continental Congress declared the first national American Thanksgiving following the Patriot victory at Saratoga. In 1789, President George Washington became the first president to proclaim a Thanksgiving holiday, when, at the request of Congress, he proclaimed November 26, a Thursday, as a day of national thanksgiving for the U.S. Constitution.”

This year, the holiday is on November 23.

The Grateful American Book Prize recommends *Thanksgiving: The Biography of an American Holiday* by James W. Baker.

This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at gratefulamericanbookprize.com.

News and Notes
FROM AROUND THE WORLD

SUBMITTED BY
THE ASSOCIATION OF
MATURE AMERICAN
CITIZENS

A pond to ponder

Nature is always giving us something to ponder. This time it’s a pretty pink pond that emerged in Hawaii due to a lack of rain. Actually the new color of Kealia Pond on the island of Maui is actually described as a combination of “pink and purple.” The U.S. Fish and Wildlife Service says it’s the result of something called “halobacteria” – a salty condition resulting from drought conditions. The water is not believed to be toxic, but it is pretty. See the picturesque pond on YouTube: www.youtube.com/watch?v=bWo-YF86ffo

A daring deer

A leaping deer can be a sight to behold. But sometimes it can be a disaster in the making. It happened recently in New Jersey when a stag attempted to jump its way across a road. It soared with ease over a parked car but landed on a 2007 Chevy Silverado truck on the other side of the road. It turns out the owner of the truck was in the process of selling it. He

completed the sale but had to drop his price by \$1,000 to cover the damage. As for the deer, it continued its crossing with ease. Watch the daring deer on YouTube: www.youtube.com/watch?v=3Pvh01bk7GM

Fiona is safe

Fiona, “Britain’s loneliest sheep,” has been rescued. Fiona fell off a Scottish cliff, survived the fall but wound up stranded on a remote beach. Try as they might, it took local shepherds numerous attempts over some three years to rescue Fiona. Luckily, she was able to survive, allowing Cammy Wilson and a local team to save the isolated sheep. As Wilson put it, “we came up here with some heavy equipment and we got this sheep up an incredibly steep slope. She’s in incredible condition.” See the sheep saving episode on YouTube: www.youtube.com/watch?v=25Mle4TTGco

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

Union City Station
District Community
Open House

SUBMITTED BY
CITY OF UNION CITY

Join us for the Station District Open House! Learn more about the future of Union City over complimentary snacks and beverages. The Open House will be held at Studio 11 on Saturday, December 2 from 11 a.m. – 2 p.m.

Learn more about:

- Quarry Lakes Parkway
- East Entrance to BART
- Future Intercity Passenger Rail Station
- New Market-Rate and Affordable Housing
- And More!

For decades, Union City has envisioned the creation of a vibrant, walkable, transit-oriented neighborhood centered around its BART station. The city will host a Community Open House to share our progress toward that vision, including information about the ongoing infrastructure projects and proposed affordable and mixed-use housing developments within the Station District area.

Along with the proposed development projects, information will also be provided about the planned Quarry Lakes Parkway, a critical multimodal transportation corridor needed for circulation and public safety access to and from the BART Station; the proposed BART Pedestrian At-Grade Crossing;

and the future Union City Intermodal Station, Phase 3/Intercity Rail Station as identified in MTC’s Southern Alameda County Integrated Regional Rail Study, Phase 2.

In addition to an exhibit walk with informative project boards, Union City staff and project engineers will be present to answer any questions you may have. Translation services will be available. There will be a designated play zone for children, complimentary snacks and refreshments, AND a drawing where you can enter to win a prize! There will be free parking during event hours.

Below are additional links to the plans and projects.

- <https://www.unioncity.org/499/Quarry-Lakes-Parkway-Project>
- <https://www.unioncity.org/423/Resources>
- <https://mtc.ca.gov/planning/transportation/regional-transportation-studies/southern-alameda-county-integrated-rail-analysis-so-co-rail-study>
- <https://www.unioncity.org/362/ACTC-Projects-Programs>

Community Open House
Saturday, Dec 2
11a.m. – 2 p.m.
Studio 11
34626 11th St., Union City

LETTER TO THE EDITOR

Upholding Inclusion:
FUSD Board Challenged Over
Exclusion of Hindi as a
World Language

The Fremont Unified School District (FUSD) is under scrutiny as members of the Indian American community express their profound disappointment and frustration with what they perceive as inaction and lethargic behavior from the board. The core issue at hand is the exclusion of Hindi, the language spoken by a significant percentage of FUSD’s student body, from the list of world language offerings that includes French, Chinese, and Spanish.

Superintendent CJ Cammack’s explanation that there was not enough time to address the inclusion of Hindi during the 11/15/2023 board meeting has not appeased the concerned community members. Their question is whether the FUSD Wellness Committee meeting on October 23rd was the first time the board recognized the need for Hindi as a second language.

The most pressing question, however, is why the FUSD board has consistently ignored the demands of the Indian American community to include Hindi as a world language. The community members are seeking transparency on the decision-making process regarding world language offerings in the district.

In the midst of these concerns, allegations of discrimination against Indian Americans have emerged, as Hindi remains excluded while other languages are included. The community feels that the board’s actions are inconsistent with the values of Diversity, Equity, and Inclusion (DEI) that the district often promotes.

The Indian American community insists that the FUSD board prioritize the wellness of the largest student

body by population, which comprises a significant number of students who speak Hindi at home. The community demands answers and an expedited action plan to include Hindi as a world language in the curriculum for the 2024-2025 academic year.

In response to these grievances, the community members are expecting concrete actions rather than mere explanations. They stress the importance of addressing these concerns promptly to ensure a fair and inclusive educational environment for all students in the Fremont Unified School District. The responsibility now lies with the FUSD board to answer these pressing questions and take effective steps toward inclusivity.

A concerned parent of
FUSD students

Newark Law
Enforcement Graduates

SUBMITTED BY
NEWARK PD

Four new Newark police officers graduated November 9 from the South Bay Regional Training Consortium Police Academy Class 174. Join us in congratulating Christian Lara, Michael Orozco, Taryn Stevenson,

and Vincent Townsend on their accomplishment and welcoming them to our City of Newark family. Chief Gina Anderson delivered the keynote speech and swore them in after the ceremony before an incredibly supportive audience of family and friends in attendance.





Memory care for
your loved ones, in
beauty and comfort.

The PAVILION
AT THE MASONIC HOMES

Welcome home! At the Pavilion at the Masonic Homes in Union City, seniors in need of memory care and assistance with day-to-day living can enjoy comfortable living quarters in a beautiful, community-minded atmosphere.

Our person-centered philosophy gives residents the chance to live their best life safely, and with a helping hand when needed. If you or your loved one is looking for expert, compassionate care in a relaxing and serene setting, the Pavilion offers a haven for your mind, body, and spirit. Visit us today to learn more and tour one of our brand-new apartments.

34400 MISSION BLVD., UNION CITY, CA

- Person-centered care philosophy for memory care and assisted living
- 24/7 security and on-site nursing support
- Access to hair salon, swimming pool, and massage therapy
- Weekly housekeeping and laundry service

Schedule a tour!
(888) 466-3642
pavilion-unioncity.org

**Acacia Creek:
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*Cherished friends. Continued learning and growth.
Busy, active lifestyles to keep you energized.*



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acaciacreek.org



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Masonic Homes
of California

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Recover from illness, surgery, or injury in a tranquil and upscale environment that caters to your every need. Hotel-style amenities and restaurant-style dining make you feel comfortable and cared for by our team of experienced, interdisciplinary caretakers.

(510) 475-2137

View our video at:
masonichome.org/Transitions

Mission San Jose School of Guitar
43255 Mission Boulevard, Fremont CA 94539

Private online
and in person instruction

Beginning
Advanced
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Popular
Rock
Jazz
Blues
& Classical
also available:
Bass,
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and Keyboard

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Richard Kendrick
510-661-9147

https://richardkendrickguitar.com/
E-mail:rwkendrickjr@yahoo.com

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Hayward
Animal Shelter



510-293-7200
www.HaywardAnimals.com
16 Barnes Court, Hayward
(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Cassie is a 1 year old Calico Domestic short
hair. Cassie is a mature young female
looking for a home that will treat her like
the diva she is. Cassie would do well in a
home with older kids. To adopt or meet
Cassie contact Hayward Animal Shelter at
510-293-7200.



Kilo is a 10 month old Albino Doberman.
Kilo is a stubborn male in his teenage
years, so he tries to get away with
everything he possibly can. Kilo would do
best in a home with teens and up. To
adopt or meet Kilo contact
Hayward Animal Shelter at 510-293-7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING
EVENTS

First and Third Tuesdays
Mobile Food Distribution with
Tri-City Volunteers

11:30 am - 12:30 pm
Bring your own bag.
Fremont Adult and Continuing
Education
4700 Calaveras Ave., Fremont
(510) 793-6465
tri-cityvolunteers.org/food

Tuesdays
East Bay Games Meet
6:00 pm - 10:00 pm
German/Euro style board games and
card games.
Swiss Park
5911 Mowry Ave., Newark
(510) 936-2523
meetup.com/east-bay-games
sfdavidkaye@yahoo.com

Tuesdays
A Matter of Balance R
10:00 am - 12:00 pm
Reduce the fear of falling and
increase activity levels of older adults.
Space is limited.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7540
issuu.com/hsdept
mtorrez@fremont.gov
Call or email to register.

Tuesdays, July 18 -
November 28
Baby Bouncers Lapsit
11:30 am - 12:00 pm
A baby and caregivers program
including nursery rhymes, lap
bounce, body rhymes, songs, &
picturebooks.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
scclld.org/locations/Milpitas

Tuesdays, March 21 -
December 19
Chess Mix
12:30 pm - 3:00 pm
Drop in for some casual chess games.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
aclibrary.org/locations/SLZ

Tuesdays, November 7 -
December 19
Music and Storytime
11:30 am - 12:15 pm
Join for stories, music, and
movement.
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
aclibrary.org/locations/CHY/

Tuesdays, November 7 -
December 26
Lego Time
3:00 pm - 4:30 pm
Use your imagination and
engineering skills to create your own
LEGO® designs.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
aclibrary.org/locations/CTV/
fremontneighborhood@aclibrary.org
Supervision is required for kids 7 and
under.

Tuesdays, October 3 -
November 28
Teen Tuesdays Tag R
4:00 pm - 6:00 pm
Join the Teen advisory group, meet
other teens, play games, make art and
poetry, and more
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
aclibrary.org/locations/FRM/
ebuchanan@aclibrary.org

Tuesdays, September 5 -
December 19
Music and Storytime
11:00 am - 11:45 am
Story, music, and movement with
children.
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
aclibrary.org/locations/slz/
sanlorenzo@aclibrary.org

Arts & Entertainment

Tuesdays, September 19 -
May 28
It's Storytime
1:30 pm - 2:00 pm
Stories, finger plays, nursery rhymes,
songs, and musical instruments for
kids ages 18 month- 6 yrs.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
aclibrary.org/locations/FRM/
fremontchildrens@aclibrary.org

Third Tuesdays
Read to a Dog
4:00 pm - 5:00 pm
Read your favorite book to a trained
therapy dog.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
aclibrary.org/locations/FRM/

Second and Fourth Tuesday,
October 24 - November 28
Chinese Poetry & Songs for
Families
10:30 am - 11:00 am
Chinese poems from the Tang
dynasty for kids ages 0 – 12.
Union City Library
34007 Alvarado-Niles Rd.,
Union City
(510) 745-1464
aclibrary.org/locations/UCY/

Wednesdays
Tropics Bingo
7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd., Union City
(510) 471-8550
the-tropics.net/activites

Wednesdays
Zumba Gold \$
11:30 am - 12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
issuu.com/hsdept
mtorrez@fremont.gov

Wednesdays
Ping Pong
1:00 pm - 3:00 pm
Activities for people with Parkinson
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
issuu.com/hsdept
mtorrez@fremont.gov

Wednesdays, December 7 -
November 22
Qi Gong Meditation & Exercise
Classes
2:00 pm - 4:00 pm
Relieve Stress and anxiety by joining
Falun Dafa classes.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
scclld.org/locations/milpitas

Wednesdays, July 19 -
November 29
ESL Conversation Club
3:00 pm - 4:00 pm
Improve your English skills and learn
about other cultures.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
scclld.org/locations/Milpitas
dphillips@sccl.org

Wednesdays, November 1 -
December 6
Digital Literacy for Adults
10:30 am - 12:00 pm
Learn how to use a computer and
mouse, typing, where to find help
and more.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
aclibrary.org/locations/NWK/

Wednesdays, October 11 -
December 27
Manitas en Acción
4:00 pm - 5:30 pm
Combination of reading books out
loud, hands-on crafts and learning
about culture in Spanish.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
aclibrary.org/locations/NWK/

Thursdays and Tuesdays,
November 9 - May 23
Literacy Enrichment Program R
4:00 pm - 5:45 pm
Supporting struggling readers
through personalized lesson plans
and dedicated one-on-one tutoring.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400, (510) 745-1421
aclibrary.org/locations/FRM/
fremontchildrens@aclibrary.org
Email to register.

Thursdays & Saturdays
Story Time
10:30 am - 11:00 am
Picture book story time
Banter Bookshop
3768 Capitol Ave. Ste. F., Fremont
(510) 565-1004
bit.ly/3VFpbcz

Thursdays - Sundays
Historic Days
10:00 am - 4:00 pm
Ride a train, tour the Patterson
House Museum, and join park staff
in historic costume for programs and
activities.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
ebparks.org/parks/ardenwood#events
Admission fee applies.

Thursday - Sunday
Animal Feeding
3:00 pm - 3:30 pm
Feed livestock and learn about their
favorite food.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
ebparks.org/parks/ardenwood#events
Admission fee applies.

Thursday - Sunday,
November 9 - December 16
Ingrid Wells Emotional Support
Paintings
12:00 pm - 5:00 pm
Virtual and in person Exhibit
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
olivehydeartguild.org

Fridays and Saturdays
Telescope Viewings
7:30 pm - 10:30 pm
Experience the awe and wonder of
the universe.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
chabotspace.org/events

Fridays
Mat and Chair Yoga R
9:45 am - 10:45 am
Learn to relax your body and do
breathing and stretching techniques
using pranayama.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
issuu.com/hsdept
mtorrenz@fremont.gov

Fridays, January 20 -
January 5
Knit & Crochet Circle
2:00 pm - 4:00 pm
Learn knitting and crocheting.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
scclld.org/locations/milpitas

Saturdays
Laugh Track City R\$
8:00 pm
Series of improvised games and
scenes
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
madeuptheatre.com

Saturdays, May 27 -
December 30
Divine Satsang Sabha
5:00 pm - 7:00 pm
Know techniques of living a virtuous,
harmonious, & meaningful life.
SMVS (Shri Swaminarayan Mandir)
36665 Cedar Blvd, Newark
(650) 585-5325
smvs.org/centers/centerdetail/106

Saturdays, September 9 - December 30
Computer Crew: Teen Tech Help
2:00 pm - 4:00 pm
One-on-one tutor on basic tech issues.
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
aclibrary.org/locations/csv/
castrovalley@aclibrary.org

Saturday - Sunday, November 25 - November 26
Mysterious Monarchs
1:30 pm - 2:30 pm
Visit the Greenhouse and see if any Monarchs are in residence this season.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
ebparks.org/parks/ardenwood#events
Admission fee applies.

Saturdays, September 16 - November 30
Latinx American Heritage Month Art Showcase
11:00 am - 3:00 pm
Studio 11
34626 11th St., Union City (510) 675-5825
rb.gy/gu46v
erine@unioncity.org

Fourth Saturdays, May 27 - November 25
Reading Buddies for Grades K - 5th
2:00 pm - 3:00 pm
Buddy up with a furry friend & read one on one from a favorite book
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
bit.ly/3MEpC3X

Sundays
Weekly meditation Session R
8:30 am - 9:30 am
Explore the effortless way to ultimate bliss.
India Community Center
525 Los Coches St., Milpitas (408) 934-1130
samarpanmeditationusa.org
info@indiacc.org
info@samarpanmeditationusa.org

Sunday - Saturday
Recreational Swim \$
12:30 pm - 5:00 pm
Attractions may vary.
Silliman Activity and Family Aquatic Center
6800 Mowry Ave., Newark (510) 578-4620
bit.ly/3nxo0is

Second & Fourth Sundays
Larry "O" Teen Workshop
10:00 am - 12:00 pm
Used bikes, bike parts sale and bike repair. Donation accepted
Instagram @ibikeunioncity
Larry Orozco Teen Workshop
33623 Mission Blvd., Union City (510) 675-5487
RobertS@unioncity.org

Mondays & Thursdays
Fruit Tree Gleaning
9:00 am - 10:30 am
Donate fresh fruits from your garden.
LEAF CR Stone Garden
55 Mowry Ave., Fremont
fremontleaf.org/glean
info@fremontleaf.org.

Mondays
Advanced Math + Science Tutoring
5:30 pm - 7:00 pm
Free high school and college-level tutoring
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
aclibrary.org/locations/csv/

Mondays, October 16 - November 27
Lego Club for Grades K - 8
3:30 pm - 4:30 pm
An hour of fun building with Legos.
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
sccl.org/locations/milpitas/
uvu@sccl.org

Fourth Monday, July 24 - November 27
Adult Tai Chi
2:00 pm - 3:00 pm
Come enjoy a gentle, energizing class with modified Tai Chi movements adapted from the Yang and Chen styles.
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1400
rb.gy/n1llh

Every other Sunday, September 17 - November 26
Teen & Tweens Origami Workshop Series
3:30 pm - 5:00 pm
Come shape and make!
San Lorenzo Library
395 Paseo Grande, San Lorenzo (510) 284-0640
t.ly/F_G92
sanlorenzo@aclibrary.org

UPCOMING EVENTS

Tuesday, November 21
Let's Art Together- Folding Books R
6:00 pm - 7:00 pm
Make small book sculptures out of donated books.
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
aclibrary.org/locations/nwk/
Registration opens November 14.

Tuesday, November 21
Game Day
1:00 pm - 3:00 pm
Drop in during the program to play your favorite video and board games.
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
aclibrary.org/locations/csv/
castrovalley@aclibrary.org

Tuesday, November 21
Free Dental Service and Thanksgiving Dinner
1:00 pm - 6:00 pm
Centerville Presbyterian Church
4360 Central Ave., Fremont (510) 793-3575, (650) 740-5408
jckh3402@gmail.com

Tuesday, November 21
Fall Break Activity: Play Giant Games
2:00 pm - 4:00 pm
Let's have some fun with giant versions of the games like tic-tac-toe and more.
San Leandro Main Library
300 Estudillo Ave., San Leandro (510) 577-3970
sanleandro.org

Tuesday, November 21
Game Day
1:00 pm - 3:00 pm
Play your favorite videos and board games at the library.
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
aclibrary.org/locations/csv
castrovalley@aclibrary.org

Wednesday, November 22
A glimpse of Ohlone Culture
12:30 pm - 2:00 pm
Get a glimpse into Ohlone Culture. Ages 7+
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
aclibrary.org/locations/NWK/
newarklibrary@aclibrary.org

Wednesday, November 22
Puppet Company Presents Peter & Wolf
7:00 pm - 8:00 pm
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
sccl.org/locations/milpitas/
eyeung@sccl.org

Wednesday, November 22
Folktales from around the world
1:00 pm - 2:00 pm
Join for the storytelling of Folktales from Around the World!
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
aclibrary.org/locations/csv
castrovalley@aclibrary.org

Wednesday, November 22
Double Feature Family Movie Matinee
10:15 am - 1:30 pm
Screening of "Trolls and Trolls: World Tour"
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
sccl.org/locations/milpitas/

Friday, November 24
Stilts
1:30 pm - 2:30 pm
Improve your balance, give stilts a try, and enjoy.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
bparks.org/parks/ardenwood#events
Admission fee applies.

Friday, November 24
Niles Festival of Light Parade
6:00 pm
Watch the annual Light Parade (510) 857-6512
37573 Niles Blvd., Fremont
niles.org/nmsa-events/niles-festival-of-lights-parade
info@niles.org

Friday, November 24
Farm Chores For Kids
10:30 pm - 11:00 pm
Lend a hand cracking corn and feeding the animals, and on other morning chores.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
ebparks.org/parks/ardenwood#events
Admission fee applies.

Friday - Saturday, November 24 - November 25
Fall Scavenger Hunt
9:00 am - 3:00 pm
Drop by the Center to grab an activity sheet and begin your self-guided adventure in the park.
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
ebparks.org/parks/sunol#events
Parking fee applies.

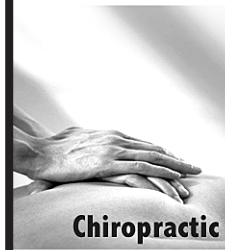
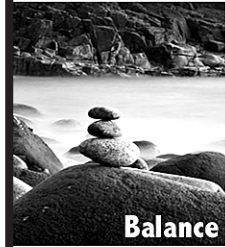
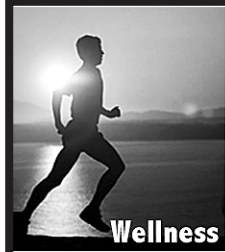
Saturday, November 25
Thanksgiving weekend show \$R
7:30 pm
Screening of Don Q, Son of Zorro (1925) followed by The Lion's Whiskers (1924) and Pass the Gravy (1928)
Niles Essanay Silent Film Museum
37417 Niles Blvd., Fremont (510) 494-1411
nilesfilmmuseum.org

Saturday, November 25
Family Astronomy: The Moon and Tides \$R
6:00 pm - 8:00 pm
Join the adventure and delve into the captivating relationship between the Moon and tides.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland (510) 336-7300
chabotspace.org/events/events-listing/

Sunday, November 26
Time Travelling Tales
11:00 am - 11:30 am
Dive into the diverse histories of Sunol. And get to know about many truths and legends. Parking fee applies.
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
ebparks.org/parks/sunol#events

Sunday, November 26
Album Discussion For Adults
2:00 pm - 3:00 pm
Album discussion on "Nevermind" by Nirvana.
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
sccl.org/locations/milpitas/
achand@sccl.org

Monday, November 27
Adult Tai Chi
2:00 pm - 3:00 pm
Gentle, energizing class with modified Tai Chi movements adapted from the Yang and Chen styles
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1400
aclibrary.org/locations/FRM
fremont@aclibrary.org



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Janet Laney, D.C.
510-792-9000
6170 Thornton Ave., Ste H
Newark

Tuesday, November 28
Karaoke for a Cause (Plethos Fundraising) \$
6:00 pm - 8:00 pm
Support local theater while getting mic time for you or someone you love
JP's Family Restaurant
3600 Castro Valley Blvd., Castro Valley
t.ly/DtsRd amanda
daly@liberointl.com

Tuesday, November 28
Arts and Crafts for ages 5 - 7
6:00 pm - 7:00 pm
A journey of creating art for kids ages 5 - 7.
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
aclibrary.org/locations/nwk
newarklibrary@aclibrary.org

Tuesday, November 28
Giving Tuesday
Washington Hospital
2000 Mowry Ave., Fremont (510) 797-1111
Foundation@whhs.com

Tree Lighting Calendar

Niles Tree Lighting
Friday, Nov 24
6 p.m.
Tree lighting before the Niles Festival of Lights Parade
Niles Town Plaza
37592 Niles Blvd., Fremont (510) 857-6512
www.nilesfestivaloflightsparade.org

Pacific Commons Tree Lighting
Thursday, Nov 30
5:30 p.m. – 7:30 p.m.
Photos with Santa, train rides, face painting, balloon twisting
Next to Market Broiler
43440 Boscell Rd., Fremont
www.pacificcommons.com/events

City of Newark Tree Lighting
Friday, Dec 1
5:30 p.m. – 7:30 p.m.
5:30 p.m. – 6:45 p.m. Activities
7 p.m. – Tree Lighting
Performances, hot coco & cookies, crafts, games, photo booth, toy drive & raffle
Newark Civic Center
37101 Newark Blvd., Newark
www.newark.org

Milpitas Tree Lighting Ceremony
Friday, Dec 1
7 p.m.
Photos with Santa, performance from Milpitas Community Concert Band
Milpitas Civic Center Plaza
457 E. Calaveras Blvd., Milpitas
www.milpitas.gov

Hayward Light up the Season
Saturday, Dec 2
3 p.m. – 7 p.m.
5 p.m. Tree Lighting
Toy drive, fire engines, performances from local schools
www.hayward-ca.gov

Mission San Jose Tree Lighting Ceremony
Saturday, Dec 2
5 p.m. – 8 p.m.
Refreshments, live music, carols, Santa Claus
Mission Courtyard
43571 Mission Blvd., Fremont
www.msjchamber.org/christmas-tree-lighting

Washington Hospital Holiday Tree Lighting
Wednesday, Dec 6
5:00 p.m. – 6:30 p.m.
5:30 p.m. Photos at Santa
Featuring the “Signing Santa”, carolers, treats, crafts, & more
Washington West Anderson Auditorium
2500 Mowry Ave., Fremont
www.whhs.com/upcomingevents

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Call for Decorated Houses

BY STAFF

In the upcoming weeks (or maybe already) local people will be decking out their houses with lights and displays for the Christmas and holiday season. We are hoping to include photos of some of these festive decorations in upcoming issues of Tri-City Voice and on our social media.

Is there a decorated house near you that you would like to share? Or, maybe you think your own decorating skills deserve the recognition.

Email photos and the approximate location to
tricityvoice@aol.com.



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looking to keep costs down**

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 - Close to Bart
 - Near 680/880



Contact Fudenna Bros. for more information

Phone: 510-657-6200

Email: customerservice@fudenna.com

Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Boutique Calendar

Mistletoe Madness
Saturday, Nov 25
10 a.m. - 4 p.m.
70+ local art vendors
Marina Community Center
15301 Wicks Blvd., San Leandro
<http://www.mistletoemadness.net/>

Newark Artists Open Studios & Holiday Boutique
Friday, Dec 1 – Sunday, Dec 3
11 a.m. – 5 p.m.
Paintings, ceramics, jewelry, glass, scarves
Studio Sites
6222 Thornton Ave., Ste. B1: Nancy Benton, Scoop Benton, Farshid Namei

39675 Cedar Blvd. #135: Tetiana Taganska, Olga Tymoshchuk, Susan Helmer
36541 Cherry St.: Simone Archer, Shelley Stratton Stewart
35911 Ruschin Dr.: Adriane Dedic, Emelie Rogers
www.myartiststudio.com

Sun Gallery Holiday Boutique
Friday - Sunday, Dec 1 - Dec 9
11 a.m. - 4 p.m.
Sun Gallery

1015 E. St., Hayward
(510) 581-4050
<http://sungallery.org/>

Holiday Boutique and Craft Fair
Saturday, Dec 2
9 a.m. - 3 p.m.
Over 80 artisan vendors
American High School
36300 Fremont Blvd., Fremont
<https://ahsboutique.weebly.com/>

Fremont Art Association Holiday Open House
Sunday, Dec 10
1 p.m. – 3 p.m.
1:30 p.m. Watercolor Demo
Fremont Art Association
37697 Niles Blvd., Fremont
www.fremontartassociation.org

Livermore-Amador Symphony to Perform Winter Tales Concert

SUBMITTED BY DENISE LEDDON

The Livermore-Amador Symphony will perform its “Winter Tales” concert on Saturday evening, December 2 at The Bankhead Theater in Livermore. Celebrate the season with magical music and fairy tales! Sibelius’ “Karelia Overture” opens the program. “The music is full of joy and ends in a blaze of glory,” says music director and conductor Lara Webber. Respighi’s shimmering “Trittico Botticelliano” brings a warm glow to the dark days of winter and features music familiar in Christmas carols. The program closes with Humperdinck’s “Hansel and Gretel Suite,” described by Webber as “Fully loaded with rich harmonies, memorable melodies, and powerful moments that sweep us away.” Get your holidays off to a festive start with the sounds of the symphony!

The concert begins at 8 p.m. Webber will provide brief commentary during the concert in lieu of a prelude talk. A complimentary wine and sparkling cider reception in



the Bankhead lobby follows the performance. Youth under age 22 are always free.

Winter Tales Concert
Saturday, Dec 2
8 p.m.

The Bankhead Theatre
2400 First St., Livermore
(925) 373-6800
<https://livermorearts.org/event-list/>
Tickets: \$28-\$42



Community Bulletin Board

10 lines/\$10/ 10 Weeks
\$50/Year

		FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365	510-494-1999 tricityvoice@aol.com	
MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION Welcomes YOU! We are a spirital community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live compassionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom Learn more about us at www.mpuuc.org		A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227	Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting	
Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings. Visit https://alanond17.weebly.com/ for a full meeting list. You can also email easydudz@gmail.com or call us at 510.276.2270 for more info.		Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com	The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
Fremont Stamp Club Meet 2nd Thurs. each month Cultural Arts Center 3375 Country Dr., Fremont Interesting discussions, trade, silent auction fremontstampclub@gmail.com www.fremontstampclub.org Steve (510) 461-3431	FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT,CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom		SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499	HOLIDAY BOUTIQUE & CRAFT FAIR Sat. December 2nd, 9am-3pm Fremont's largest! Over 80 artisan vendors FREE admission and parking American High School 36300 Fremont Blvd, Fremont Proceeds benefit the Class of 2024 Safe & Sober Grad Nite celebration https://ahsboutique.weebly.com/
Memorial Lutheran Chapel for the Deaf (MLCD) MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. Location: Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA Sunday Bible Study: 9:30 a.m. - Sunday Worship: 11:00 a.m. Church Office: 510-499-8473 or 510-516-9566 Email: mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube "Where people gather...to worship, learn and share the love of Jesus"		The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531	EARLY RISERS start your Tuesday with a boost of energy. Join the NEWARK TOASTMASTERS from your home 7 am - 8 am via Zoom. Boost your communication, leadership & personal growth skills. It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org	Ohlone College Flea Market **Garage Sellers promo** Buy 1 market and get the second market 50% off!! No permit is needed for your first 2 markets The Ohlone College Flea Market is on the 2nd Saturday of every month Claim your deal! Email: fleamarket@ohlone.edu Phone: 510-659-6285
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 916-217-3074	Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org	ABWA – Pathfinder Chapter American Business Women's Association Provides opportunities for women for leadership, education, & networking. Virtual meetings – 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com www.abwa-pathfinder.org	THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891	
Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scotttfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327	
Tropics BINGO Every Wednesday Games start7pm 33000 Almaden Blvd. Fremont Buy-In \$10 Flash games \$100-\$500 90% Payout Profits go to local Charities the-Tropics.net	Masquerade \$5 Jewelry and Accessories Sale Nov. 27, 28, 29, 7 a.m. to 5 p.m. Washington West, 2500 Mowry Ave. Ample free parking Support the Washington Hospital Service League of Volunteers and find fun and budget-friendly household items and gifts.			
A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227	BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers		Holiday Boutique Saturday, December 2nd, 2023 10am-4pm Georgian Manor Mobile Home Community Club House 1419 Buckingham Way, Hayward 94544 Here is your chance to purchase handcrafted items for your holiday gift giving or a gift for yourself. Proceeds from space rent and raffle table donations go to NFL Alumni Toy Drive. For information call Harlene Strauss 510-887-4366 or email harleneatvip@comcast.net	
Ohlone College Flea Market 2nd Saturday of every month 9AM - 3PM Lower Lots E & D Free Admission & Free Parking Come to your community flea market,your one-stop destination for great deals and unique finds! Explore the deals waiting just for you – happy shopping! Email: fleamarket@ohlone.edu Phone: 510-659-62851		Mistletoe Madness 15301Wicks Blvd. San Leandro November 25th Still accepting vendors Apply at mistletoemadness.net email: mmchristmasfair@aol.com	BINGO - BINGO... LETS YELL BINGO!!! Fremont Elks Lodge (510-797-2121) 38991 Farwell Drive - Fremont Every Thursday - Doors open @ 4:30pm. Flash/Strips start 6:00... Regular Paper games start 6:30pm. Packs: 1/\$20 2/\$25 3-5/\$30 6-8/\$35 9-12/\$40 FREE COFFEE - WATER - POPCORN SNACKBAR AVAILABLE Grab some friends & Come on down!!	

Community Bulletin Board

continued from page 20

How To Optimize Your Social Security Income Want to know how to get the most out of your Social Security benefits? Speaker Thien Khuu, a Registered Social Security Analyst and a 25-year veteran with the Social Security Administration, can help you to understand, navigate and plan for a secure retirement. Thursday, December 7, 2023 6:00 PM to 7:30 PM Fremont Chamber of Commerce 39488 Stevenson Pl #100, Fremont, CA 94539 Registration Link: http://tiny.cc/RSSA-Photo-registration Or call/text 510-936-1318	ACCIÓN DE GRACIAS Thanksgiving Church Service English at 10 AM Servicio Religioso A las 11.15 AM EN ESPAÑOL 1351 Driscoll Rd. Fremont ALL WELCOME! BIENVENIDOS TODOS W E L C O M E	Coffee and Conversation with Mission Peak Villagers Get together and chat about cohousing and how it builds a sense of community. Bring your questions if you have them. Check here for date, time, and location: www.missionpeakcohousing.org/events	SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055
Holiday Art and Craft Faire and Holiday Tea Sponsored by Niles Discovery Church Saturday December 2nd 9:30 am-3pm Wanted Artists and Crafters To apply contact Barb at Barbarpking076@gmail.com, and request a Faire Registration Form. For Holiday Tea tickets contact Melissa at mpall@comcast.net Niles Discovery Church, 36600 Niles Blvd, Fremont, CA 94536			

Alameda County Boards, Commissions and Committees

SUBMITTED BY SUPERVISOR ELISA MARQUEZ Boards and Commissions - District 2 openings for residents of Hayward (incorporated), Union City, Newark and portions of Fremont. To qualify, you must either live or work in District 2. Read about the Commissions – https://www.acgov.org/bnc/#/board 1. Alameda County Advisory Commission on Aging: • Objective: To act as an independent advocate for older persons as mandated by the Older Americans Act, and the Mello-Granlund Older Californians Act by taking positions on matters pertaining to federal, state and local policies, programs and procedures, and any legislation affecting older persons. • Agency: Social Services Agency • Term: 4 years, and not to exceed 2 four-year terms.	• Meetings: Monthly, 2nd Monday at 9:30 a.m. • Location: 6955 Foothill Blvd #300, Oakland • Qualifications: Members shall be older individuals who are participants or who are eligible to participate in programs assisted under this Act, representatives of older individuals, local elected officials, and the general public, to advise continuously the area agency on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan. • One opening available to district 2 residents 2. Human Relations Commission: • Objective: Create an environment in which each person may realize the highest potential unhampered by any discrimination based on race, ethnicity, religion, national origin, immigrant status, gender, age actual or perceived sexual orientation and mental or physical feasibilities protected by the Americans with Disabilities Act.	• Established: February 4, 1964 • Terms: 3 years • Location: Eden Area Multi-Service Center, 24100 Amador St, 3rd floor, Hayward 94544 • Meetings: 4th Wednesday of each month at 6:00 p.m. • Qualifications: District 2 residents interested in social justice. • One opening 3. Consumer Affairs Commission: • Objective: Established to improve the business climate in Alameda County, educate the citizenry, and advise the Board of Supervisors regarding issues that affect the quality of life for everyone. • Agency: County Administrator’s Office • Term: 2 years • Meetings: 2nd Thursday of each month from 4 p.m. to 6 p.m. The commission shall meet at least ten times a year. • Location: Board Conference Room, 1221 Oak Street, Oakland, CA.	• Qualifications: Any District 2 resident interested in consumer and/or business issues. • Two seats open. 4. Assessment Appeals Board: • Objective: Serves as the Board of Equalization for the County of Alameda. • Agency: County Administrator's Office • Term: 3 years • Meetings: As needed, Monday and Wednesday, 1221 Oak St, Oakland • Qualifications: Five years minimum experience as a licensed Real Estate Broker, Attorney or Appraiser or Certified Public Accountant. • One opening <i>For Further Information, contact Ginny DeMartini, ginny.demartini@acgov.org and/or (510) 670 - 6150. Please send a resume and request an application.</i>
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H.A.R.D Seeking Members for Citizens Bond Oversight Committee

SUBMITTED BY H.A.R.D.

Hayward Area Recreation and Park District (H.A.R.D.) is actively seeking applications from residents of Hayward, and from the unincorporated Alameda County communities of Castro Valley, San Lorenzo, Ashland, Cherryland, and Fairview to fill three vacant

positions on the Citizens’ Bond Oversight Committee (C.B.O.C.). This presents an excellent opportunity for community members to oversee the responsible use of Measure F1 Bond proceeds.

Positions Available: Two openings on the Citizens’ Bond Oversight Committee

Committee Responsibilities: Oversight of the expenditure and use of Measure F1 Bond proceeds, ensuring alignment with the projects outlined in the Bond Measure. The committee operates with a focus on the general welfare of the District as a whole, without representing any specific or special interest group.

Measure F1 Bond: Approved by voters in 2016, the bond provides \$250,000,000 for the construction, design, and improvement of H.A.R.D. facilities and parks.

Meeting Frequency: The C.B.O.C. convenes four times per year, and members serve a two-year term.

To access the C.B.O.C. application or for additional information about the committee, please visit www.haywardrec.org/698/Citizens-Bond-Oversight-Committee or contact H.A.R.D. Capital Planning Offices at (510) 881-6731. For direct inquiries, email Kimaly Nguyen, Bond Program Administrative Coordinator, at NguK@HaywardRec.org.

The deadline for submitting applications is Monday, December 19, 2023.

To learn more about H.A.R.D. programs and events, please visit www.HaywardRec.org. To learn about the Bond-related projects visit: <https://hard.icitywork.com/>

H.A.R.D. Seeking Citizens Advisory Committee Members

SUBMITTED BY
NICOLE ESPINOZA, H.A.R.D.

The Hayward Area Recreation and Park District (H.A.R.D.) is inviting applications from enthusiastic residents of Hayward, Castro Valley, San Lorenzo, and unincorporated Alameda County for vacant positions on the District’s Citizens Advisory Committee (CAC). This presents a unique opportunity for community members to actively participate in helping shape the future of our recreational programs, park design projects, and overall community service initiatives.

Positions Available: Two openings on the Citizens Advisory Committee

Committee Responsibilities: Provide advisory recommendations to the Board of Directors on District programs, operations, park design projects, and Board-directed community projects.

Meeting Frequency: The CAC convenes four times a year.

Term Duration: Members serve a two-year term, with the current vacancies designated for the 2024-2025 term.

To access the CAC application or gather additional information, interested individuals can contact the HARD District Offices at (510) 881-6700 or visit <https://www.HaywardRec.org/cac> to download the application. The deadline for application submissions is Monday, December 11, 2023.

For further insights into the District Citizens Advisory Committee, please reach out to Adriane Lee Bird at BirdA@HaywardRec.org or (510) 881-6705.

Fremont City Council

November 7, 2023

Consent Calendar

- Adopt a resolution accepting the California Board of State and Community Corrections (BSCC) Organized Retail Theft (ORT) grant and authorize to execute the grant agreement and take any necessary implementing actions
 - Authorization to enter into an agreement with Alameda County Social Services to provide services to older adults and making findings of CEQA exemption
- Approval of a service agreement with Mandli Communications, Inc. for a street sign inventory and condition assessment in an amount not-to-exceed \$481,250

- Approve a purchase order using the Houston-Galveston Area Council Cooperative Purchasing Program for one Wildland fire apparatus in an amount not to exceed \$599,945.29
 - Authorize a service agreement with Ricardo Rivera, dba Spectrum Canine, LLC, for Police Canine Team Training

Mayor Lily Mei	Aye
Vice Mayor Teresa Cox	Aye
Raj Salwan	Aye
Yang Shao	Aye
Teresa Keng	Aye
Jenny Kassan	Absent
Desrie Campbell	Aye

Eden Municipal Advisory Council

November 14, 2023

Informational Items

- Economic & Civic Development Update: Data Focus. Presented by Jaimie Orfanos, Assistant Director, Economic & Civic Development Department, Community Development Agency of Alameda County.
- Community Climate Action Plan and Safety Element. Presented by Alison Abbors, Staff Planner, Alameda County Planning Department.
- Action Items**
 - Approval of Art Designs for the Utility Box Art Program and

the Art Banners for Lewelling Boulevard. Presented by Rachel Osajima, Director, Alameda County Arts Commission. Unanimously approved.

- Adopt 2024 Eden Area Municipal Advisory Council meeting schedule. Presented by Tyler Dragoni, Chair (Eden Municipal Advisory Council). Unanimously approved.

Chair Tyler Dragoni	Aye
Vice Chair Aida Sizova	Aye
Warren Cushman	Aye
Mimi Dean	Aye
Jennifer Esteen	Aye
Diane Wydler	Aye

Classifieds Deadline: Noon Thursday
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By this deed I, the undersigned Shashi Kant (new name) previously called Shashikant (old name), doing Chemist (give profession or vocation) and resident of 4154 Aquarius cir, Union city CA-94587 (address) solemnly declare:

That for and on behalf of myself and my wife, children and remitter issue, I wholly renounce/relinquish and abandon the use of my former name/surname of Shashikant and in piace thereof, I do hereby assume from this date the name/surname Shashi Kant, so that I and my wife, children and remitter issue may hereafter be called, known and distinguished not by my former name/surname, but assumed name/surname of Shashi Kant.

In witness whereof I have hereunto subscribed my former and adopted name/surname of Shashikant and Shashi Kant affix my signature and seal, if any, this 10 day of November 2023.

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www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Sebastian Antonio Varela
Resident of Fremont
June 19, 1928 – November 16, 2023
Fremont Memorial Chapel

Michael J. Poquiz
Resident of Fremont
May 2, 1969 – November 11, 2023

Fremont Chapel of the Roses

Clarence Edward Dowden, Jr.
Resident of Oakley
January 17, 1927 – November 10, 2023
Fremont Chapel of the Roses

Reine-Marie Joseph Fourcand
Resident of Fremont
December 26, 1925 – November 7, 2023
Fremont Chapel of the Roses

Rosie Imhof
Resident of Fremont
September 28, 1932 – November 5, 2023
Fremont Chapel of the Roses

Kai Otto Wesener
Resident of Fremont
May 1, 2006 – October 30, 2023
Fremont Chapel of the Roses

Bonnie G. Ochsenfeld
Resident of Fremont
August 7, 1951 – October 31, 2023
Fremont Chapel of the Roses

Barbara S. Lugo
Resident of Fremont
May 17, 1936 – November 3, 2023
Fremont Chapel of the Roses

Virginia Dickhart
Resident of Fremont
November 14, 1949 – October 31, 2023
Fremont Chapel of the Roses

Alan Roth
Resident of Danville
July 16, 1949 – October 20, 2023
Fremont Memorial Chapel

Samuel Carranza Garcia
Resident of Newark
February 20, 1938 – October 27, 2023
Fremont Memorial Chapel

Robert “Tito” Reyes
Resident of Newark
April 29, 1964 – October 24, 2023
Fremont Chapel of the Roses

Tai Woon Kim
Resident of Newark
January 2, 1925 – October 20, 2023
Fremont Chapel of the Roses

Karen N. Espadera
Resident of Hayward
April 28, 1966 – October 20, 2023
Fremont Memorial Chapel

Dolores Mae Greer “Nani”
Resident of Fremont
April 28, 1935 – October 14, 2023
Fremont Memorial Chapel



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Amber Yen
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September 26, 1929 – November 17, 2023

Bhupinder Batra
Resident of Hillsborough
February 12, 1939 – November 14, 2023

Mukesh Patel
Resident of San Jose
October 19, 1957 – November 13, 2023

Supriya Kumar
Resident of San Jose
December 18, 1967 – November 12, 2023

Sister Mary Tokar
Resident of Fremont
August 23, 1945 – November 12, 2023

Varaprasad Chinta
Resident of India
October 11, 1960 – November 12, 2023

Quang Quy Le
Resident of San Jose
July 3, 1996 – November 10, 2023

Albert Stojanovich
Resident of Cupertino
May 23, 1938 – November 9, 2023

Cedric Sanders
Resident of Fremont
March 5, 2005 – November 7, 2023

Sharada Murthy
Resident of Oakland
November 24, 1950 – November 7, 2023

Catherine Foreman
Resident of Union City
March 13, 1966 – November 6, 2023

William Sweigard
Resident of Rohnert Park
November 23, 1921 – November 6, 2023

Satya Wati
Resident of San Jose
February 25, 1922 – November 5, 2023

Sister Moira Macpherson
Resident of Fremont
January 15, 1932 – November 4, 2023

Rolf Kaufmann
Resident of San Leandro
June 8, 1933 – November 4, 2023

Purva Ghalsasi
Resident of San Jose
March 24, 1995 – November 4, 2023

Hirji Vadaria
Resident of Fremont
July 15, 1941 – November 3, 2023

Latha Ravisankar
Resident of San Jose
August 3, 1962 – November 2, 2023

Dhirajlal Kapadia
Resident of Alameda
March 23, 1931 – November 1, 2023

Benjamin Froke
Resident of Fremont
January 29, 1980 – November 1, 2023

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Michael J. Poquiz

May 2, 1969 – November 11, 2023

Resident of Fremont

With heavy hearts, the Poquiz family is saddened to announce the passing of Michael, a beloved husband and father. A longtime Bay Area resident, Michael was born on May 2nd, 1969 to Luisa & Miguel Poquiz in San Francisco, California. He spent most of his life in the Bay Area, living in San Francisco, Union City, & Fremont throughout the years. He ended his journey on November 11th, 2023.

He is survived by his loving wife, Denise Poquiz, and their two daughters. Michael and Denise had been together since 1991, married since 1997. He was a devoted husband, having spent 32 years together with Denise. His legacy also lives on in his daughters, Isabel and Maya. He is also survived by his mother, Luisa, and younger brother, Mark.

Michael was a talented engineer at Lam Research for 28 years. He was an excellent problem-solver and enjoyed working with his hands at work, on cars, or around the house. He was a proud veteran, having served in the Army Reserves



straight out of high school at the age of 18.

He was a dedicated and loving family man, whose warm presence gave those around him a sense of safety and security. His generous and thoughtful nature impacted the lives of many, and those who loved him take comfort in the out pour of condolences from friends, family members, and coworkers.

In lieu of a funeral service, Michael will be cremated and ashes spread by his loved ones in Hawaii in a celebration of life, as he wished.

Fremont Chapel of the Roses
510-797-1900

Shinn House receives preservation grant Letter to Senator Laphonza Butler’s office

I am writing as a constituent of Senator Laphonza Butler to let you know that we recently received a federal grant through the National Endowment for the Humanities.

The Shinn House Museum in Fremont is thrilled to have received an NEH Preservation Assistance Grant. The grant allows us to hire a preservation expert to conduct a one-day site visit, during which they will advise us on how best to preserve materials in the family’s archive and will teach a half-day workshop on preservation, open to other local historical societies.

The Shinn family’s history tells many personal stories of the development of the San Francisco Bay Area, the state, and the country. The archives cover the Gold Rush era, coming of the Transcontinental Railroad, growth of California agriculture, study of child psychology, development of forestry, and WWII. Issues of the day—agriculture, water, labor, immigration, education, psychology, women’s suffrage, and conservation—can be seen through the eyes of this family.

Eldest son, Charles Howard Shinn, was a journalist, historian, author, horticulturalist, and forester. He wrote about the history and growth of California. While at Johns Hopkins University, he was Woodrow Wilson’s roommate. He knew John Muir and was a founding member of the Sierra Club.

His sister, Milicent Shinn, was one of the first women to study at the University of California in the 1870s. After graduation, Milicent was editor of the Overland Monthly, a literary magazine devoted to the development of the country and of California. She was the first woman to receive a PhD from the University of California, Berkeley. Her dissertation was based on child development observations of her niece, one of the first studies of its kind in the

United States. Her work was done here at the Shinn Ranch and is still recognized nationally and internationally.

Youngest brother, Joseph Shinn, took over the operations of the fruit ranch. He and his wife were active in the local community. Joseph was the first president of the board of the Alameda County Water District in 1914.

Joseph’s second son Vice Admiral Allen M. Shinn concluded his long and distinguished career in 1968 as head of the world’s largest naval air command (Commander, Naval Air Force Pacific Fleet), having previously served, inter alia, as a Carrier Air Group commander in WWII; Commander USS Saipan; Commandant of Midshipmen at the US Naval Academy; Commander of the first “super carrier,” USS Forrestal; and Chief, Naval Air Systems Command in Washington DC.

The archives also have precious fragments that tell the stories of Chinese workers on Shinn Ranch who were essential to the success of the nursery and fruit ranch from 1870 to 1960. The letters and ledgers give voices to these forgotten people who worked in the Shinn family home and in the orchards for almost 100 years. This important history was lost over time, and we are continuing to bring it to light in exhibits and articles.

We are very grateful to the National Endowment for the Humanities for recognizing the importance of the Shinn family archives to our community. Much appreciation, from the docents, historians, preservationists, and the board of the Mission Peak Heritage Foundation. Please communicate our sincere thanks to Senator Butler and extend an invitation to visit us, when in Fremont.

Mission Peak Heritage
Foundation
missionpeakreporter.org

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. **tricityvoice@aol.com**

Oakland Zoo Receives Two Orphan Mountain Lion Cubs



Female Cub 1



Female Cub 2

SUBMITTED BY
ISABELLA LINARES AND
ERIN DOGAN
PHOTOS COURTESY OF
OAKLAND ZOO

Two very young, orphaned mountain lion siblings were rescued and transported to Oakland Zoo early on Tuesday, November 14 by the California Department of Fish and Wildlife (CDFW) following their search for the kittens, which started Monday morning. An adult female mountain lion, who CDFW suspects is their mother, was struck by a car and killed on Saturday, November 11, along Highway 280, near the Hillsboro/Burlingame area. Over the weekend, residents reported seeing two cubs alone near the area. They were found safe in one of the reporting residents’

backyard. Both kittens are female, approximately six to ten weeks old, and weigh five and five-and-a-half pounds. These kittens mark the 25th and 26th mountain lion rescues as part of the Zoo’s Rescue and Recovery Program for local wildlife in need. Upon the kittens’ arrival, at 11:30 a.m. on the 14th, Oakland Zoo’s Veterinary Hospital staff conducted a thorough health examination on both female cubs. The exam included virus testing, parasite treatment, and bloodwork. Additionally, vital fluids were administered to the visibly dehydrated kittens. Although underweight and dehydrated, they are showing no signs of extreme illness at this time. The Zoo’s Vet Hospital staff are awaiting laboratory results to determine if the kittens are anemic and will need blood transfusions. “Our team will be caring for the cubs daily to restore them to full health and for

their overall animal wellbeing,” said Dr. Alex Herman, Oakland Zoo’s Vice President of Veterinary Services. Orphaned kittens, such as these, remain on average for eight days in the Zoo’s ICU. Once cleared, they are moved to a holding area at the Zoo’s Vet Hospital for weeks or months until CDFW identifies a proper home for them. In the wild, mountain lion cubs need about two years with their mother to learn survival skills. Because the cubs are so young, they lack those skills and cannot return to the wild. “These cubs became orphans when their mother was struck by a car on a busy highway, a tragedy suffered by wildlife when safe passage across their natural territories isn’t possible. We support and advocate for more wildlife crossings, such as the one opened in Santa Cruz earlier this year on Highway 17,” said Nik Dehejia, Oakland Zoo’s CEO.

In 2012, Oakland Zoo participated in a training session focused on resolving conflicts between humans and wildlife. This training led to forming BACAT (Bay Area Cougar Action Team). The alliance brings together various agencies, non-profit organizations, local parks, the California Department of Fish and Wildlife, and mountain lion researchers. Through BACAT, Oakland Zoo has already rescued and rehabilitated 24 mountain lions most of whom were victims of human-wildlife conflicts or wildfires.

To learn more about the Zoo’s Mountain Lion Rescue and Recovery program, visit: <https://www.oaklandzoo.org/wildlife-conservation/mountain-lions#taking-action>



Female Cub 1



Female Cub 2

Local student starts ‘Little Free Pantry’ to combat hunger

SUBMITTED BY NEIL MAKUR

Did you know that every year in California, 160 million kilograms of produce goes to waste while three million people face hunger? No Hunger No Waste aims to address this problem head on for the Tri-City area. Their mission is to ensure that nobody should go hungry, and no food should go to waste. Food banks and food drives are doing all they can, but there is still a last mile problem that needs to be addressed—food is available in the general area, just not reaching everyone who needs it. **What does No Hunger No Waste offer?** The No Hunger No Waste team provides, builds and registers Little Free Pantries in Fremont/Union City/Newark in California. While working on food



drives and volunteering at food banks, the team observed several times that community members in this area are eager to help and went on to find easy and sustainable ways where anyone can contribute. Having Little Free Pantries in the area will allow all community members to contribute easily, regularly and within their means. They are currently looking for more places to install Little Free Pantries. The pantries will be installed at no cost to you, at the place of your choice: house, place of worship or business. **What is a Little Free Pantry?** A small pantry (about the size of one kitchen cabinet) installed in an open place like in front of a house or place of worship. Anyone with excess food, e.g. canned food or grains, can donate it to the pantry at a time convenient to them, and those in need can take it anonymously. In this way, it is an ever-green solution that is self-sustainable, easy to use and scalable. The motto is “Bring what you can, take what you need.” There are over 3,000 pantries all over the U.S., but not even 10 in the Tri City area. **Where can I find more information to get started?** For more information, visit nohungernowaste.org, or contact nohungernowaste@gmail.com. **Who are we?** We are a group of high schoolers with the aim to systematically eliminate hunger,



starting with the local area. We have partnered with local non-profits and sponsors invested in the same cause to take our efforts forward. We believe in creating a system that presents community members easy opportunities to help, aggregating those together to combat food insecurity. Neil Makur is an Eagle Scout and a senior at Fremont Christian High School. He got passionate about fighting hunger when he observed how rampant the problem is in the Tri-City area. His journey started with holding food drives for the Afghan Coalition and volunteering at Tri City Food Bank. He founded No Hunger No Waste earlier this year in the Tri City area with a vision to build it so it can be implemented anywhere. Tanya Mehta is a recipient of the President’s Volunteer Service Award (Gold) and a sophomore at American High School. She is passionate about serving the underprivileged community in India and the local Bay Area by holding food and blanket drives, working with local Bay Area homeless shelters, and participating in many food drives as a volunteer for Empower and Excel. Her vision is to impact those in our community who are suffering without basic necessities. Coming together as a community, we can make a difference.

PUBLIC NOTICES

BULK SALES

NOTICE TO CREDITOR'S OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE
(UCC Sec. 6101 et seq. and B & P 24073 et seq.)

ESCROW #0126021346
NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made. The name(s) and business address(es) of the seller(s) is/are: SAS Peppertree LLC 1848 Whipple Road Union City, California 94587
Doing Business as: Peppertree Lounge
All other business name(s) and address (es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: (if none, so state) NONE

The location in California of the chief executive office of the seller is: SAME

The name(s) and business address of the buyer(s) is/are: Pepper Tree Lounge Corporation 1848 Whipple Road Union City, California 94587
The assets being sold are generally described as: furniture, fixtures, equipment, and liquor license and are located at: 1848 Whipple Road Union City, California 94587

The kind of license to be transferred is: 48 – On Sale General Public Premises
Now issued for the premises located at: 1848 Whipple Road Union City, California 94587
The anticipated date of the bulk sale / transfer is December 11, 2023 and upon approval by Department of Alcoholic Beverage Control at the office of OLD REPUBLIC TITLE COMPANY located at 1000 Burnett Avenue, Suite 400, Concord, CA 94520 or E-Fax to 925-265-9040.
The amount of the purchase price or consideration in connection with the transfer of the license and business is \$290,00.00

It has been agreed between the Seller/Licensee and the intended Buyer/Transferee, as required by Sec. 24703 of the Business and Professions Code that the consideration for the transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control.
Dated: Nov 6, 2023

Buyer(s):
Pepper Tree Lounge Corporation
/S/ By: Amrinder Singh Sandhu, President
/S/ By: Bikramjit Singh Sandhu,
Seller(s):
SAS Peppertree LLC
/S/ By: Gurnish Singh Anand, /Managing Member/
/S/ By: Anshul Sharma, Managing Member
11/21/23

CNS-3759410#

NOTICE TO CREDITORS OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE(S)
(UCC Sec. 6101 et seq. and B & P Sec. 24074 et seq.)

Escrow No. FSBC-0272301197
Notice is hereby given that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made. The names, and address of the Seller/Licensee are: RAVI & SONS INC., 41200 BLOW RD., FREMONT, CA 94538
The business is known as: MEADOW SQUARE LIQUORS

The names, and addresses of the Buyer/ Transferee are: PRINCE CORPORATION, INC., 41200 BLOW RD., FREMONT, CA 94538
As listed by the Seller/Licensee all other business names and addresses used by the Seller/Licensee within three years before the date such list was sent or delivered to Buyer/Transferee are: NONE
The assets to be sold are described in general as: FURNITURE, FIXTURES AND EQUIPMENT, STOCK IN TRADE, INVENTORY, GOODWILL AND TRADE NAME. Located at: 41200 BLOW RD., FREMONT, CA 94538

The kind of licenses to be transferred are: TYPE 21-OFF-SALE GENERAL; LICENSE #: 618133
now issued for the premises located at: 41200 BLOW RD., FREMONT, CA 94538

The anticipated date of the sale/transfer is DECEMBER 11, 2023 at the office of: FIDELITY NATIONAL TITLE CO, 2099 GATEWAY PL, STE 500, SAN JOSE, CA 95110. PHONE (408)437-4313, FAX (408)392-9272.

It has been agreed between the Seller/Licensee and the intended Buyer/Transferee, as required by Sec. 24074 of the Business and Professions code, that the consideration for transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control.
Dated: NOVEMBER 6, 2023

RAVI & SONS INC., Seller/Licensee
PRINCE CORPORATION, INC., Buyer/Transferee
197370-PP TRI-CITY VOICE
11/21/23

CNS-3758792#

CIVIL

SUMMONS (Family Law)

CITACIÓN (Derecho familiar)
CASE NUMBER: 22129411

NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): BONIFACIO GERONA
You have been sued. Read the information below and on the next page.

La han demandado. Lea la información a continuación y en la página siguiente.

Petitioner's name: Nombre del demandante: CONCEPCION BRIONES

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp).

California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association.

Tiene 30 días de calendario después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica o una audiencia de la corte no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales.

Para asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio web de los Servicios Legales de California (www.lawhelpca.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE—RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO—LAS ÓRDENES DE RESTRICCIÓN SE ENCUENTRAN EN LA PAGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden público que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCION DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario el formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte.

1. The name and address of the court are: (El nombre y dirección de la corte son): SUPERIOR COURT OF CALIFORNIA, 24405 AMADOR STREET, HAYWARD, CA 94541

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): CRISPIN C. LOZANO, LAW OFFICES OF CRISPIN LOZANO, 1290 B STREET, STE. 205, HAYWARD, CA 94541 (510) 538-7188

Date (Fecha): AUGUST 15, 2022

CHAD FINKE, Clerk, by (Secretario, por) PRICHILLE KUMAR, Deputy (Asistente)

[SEAL]
11/14, 11/21, 11/28, 12/5/23

CNS-3756590#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601769
Fictitious Business Name(s):
ANYUAN COMPANY, 201 MANITOBA TER., FREMONT, CA 94538, County of ALAMEDA

Registrar(s):
JINGLIN LI, 201 MANITOBA TER., FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 10/1/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ JINGLIN LIN
This statement was filed with the County Clerk of Alameda County on 10/1/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/21, 11/28, 12/5, 12/12/23

CNS-3759430#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601356
Fictitious Business Name(s):
SCHOLASTIC INSTRUCTIONAL DESIGNS, 39339 BLOW RD., FREMONT, CA 94538, County of ALAMEDA

Registrar(s):
SUNIL SHARMA 39339 BLOW RD., FREMONT, CA 94538, County of ALAMEDA

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 12-26-2013

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SUNIL SHARMA
This statement was filed with the County Clerk of Alameda County on 10/12/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/21, 11/28, 12/5, 12/12/23

CNS-375669#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601565
Fictitious Business Name(s):
BAYMETALS, 39059 SONORA CT., FREMONT, CA 94538, County of ALAMEDA

Registrar(s):
G & H INVESTMENTS INC., 39059 SONORA CT., FREMONT, CA 94538

Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ GERSHAWN SINGH
This statement was filed with the County Clerk of Alameda County on OCTOBER 24, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/14, 11/21, 11/28, 12/5/23

CNS-3754899#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601178
Fictitious Business Name(s):
CITY NAILS, 3884 DECOTO ROAD, FREMONT, CA 94555 County of ALAMEDA

Registrar(s):
HUNG DO, 2151 OAKLAND RD SPC 329, SAN JOSE, CA 95131

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 10-03-2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ HUNG DO
This statement was filed with the County Clerk of Alameda County on 10/03/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/7, 11/14, 11/21, 11/28/23

CNS-3754891#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601658
Fictitious Business Name(s):
PHOTO, 32108 ALVARADO BLVD, UNION CITY, CA 94587, County of ALAMEDA

Registrar(s):
PHILBERT DEL RIO, 3294 SANTA ROSA CT., UNION CITY, CA 94587

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ PHILBERT DEL RIO
This statement was filed with the County Clerk of Alameda County on 10/26/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/7, 11/14, 11/21, 11/28/23

CNS-3754061#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601566
Fictitious Business Name(s):
CAROLENA GLORIOUS ANGELS, 33341 7TH ST., UNION CITY, CA 94587, County of ALAMEDA

Registrar(s):
CAROLENA WILLIAMS, 33341 7TH ST., UNION CITY, CA 94587

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 10/1/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ CAROLENA WILLIAMS
This statement was filed with the County Clerk of Alameda County on 10-24-2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/7, 11/14, 11/21, 11/28/23

CNS-3753250#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 601427
Fictitious Business Name(s):
NORTHSTAR 88 PARTNERSHIP, 39843 PASEO PADRE PKWY STE B, FREMONT, CA 94538, County of ALAMEDA

Registrar(s):
NELSON HSUI, 39843 PASEO PADRE PKWY STE B, FREMONT, CA 94538, County of ALAMEDA

Business conducted by: A GENERAL PARTNERSHIP
The registrant began to transact business using the fictitious business name(s) listed above on 12-26-2013

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ NELSON HSUI
This statement was filed with the County Clerk of Alameda County on 10/17/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/7, 11/14, 11/21, 11/28/23

CNS-3753244#

GOVERNMENT

PLANNING COMMISSION OF THE CITY OF UNION CITY

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Planning Commission of the City of Union City will hold a public hearing on the following matter:

3200-3292 Whipple Road: (APN: 463-90-26, 463-90-27, 463-90-28, 463-90-29, 463-90-30, 463-90-31, 463-90-32) ASD-23-018, UP-23-007

Please be advised that Marco Aguirre of Corporate Sign Systems is seeking Administrative Site Development Review (ASD-23-016) and Use Permit (UP-23-007) for a planned sign program that will include the construction of monument signs at the four-building life science campus. A Use Permit is required for any freestanding sign that provides sign area for more than two tenants. The property is zoned Special Industrial (MS) and has a General Plan designation of Special Industrial.

NOTICE IS ALSO GIVEN This project is categorically exempt under Section 15303 (a). New Construction or Conversion of Small Structures, of the California Environmental Quality Act (CEQA).

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. Comments may be submitted in writing prior to the hearing or at the hearing consistent with the INTY PRS or on 10/22-30

Legislative Body which can be found at https://www.unioncity.org/199/City-Meetings-Video. The project planner, Natalie Dean, can be reached at (510)-675-5382 or via email at NatalieD@unioncity.org.

PLANNING COMMISSION MEETING
Thursday, November 2, 2023
Said hearing will be held at 7:00 p.m.
City Hall-Council Chamber,
34009 Alvarado-Niles Road
Union City, CA 94587
and Via Teleconference

The Planning Commission meeting packet and the questions on how to telephonically attend the meeting and provide your comments can be found at https://www.unioncity.org/199/City-Meetings-Video.

Meeting packets which include the meeting agenda and staff report are generally available online the Friday before the meeting.

If you challenge the above-described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing, or in written correspondence delivered to the Planning Commission or the City Council at, or prior to, the public hearing.

CARMEL CAMPBELL, AICP
Economic & Community Development Director
11/21/23

CNS-3759159#

Notice is hereby given that Alameda County Public Works Agency will be accepting bids for **RFP #Castlewood 2023-1 Operation and Maintenance of Sewer and Water Systems in the Alameda County Service Area (CSA) R-1967-23 Castlewood, Non-Mandatory Networking Bidders Conference:** Wednesday, November 29, 2023 at 11:00AM - **To Attend Online:** join via Microsoft Teams - Meeting ID: 253 449 272 677 Passcode: FaLDm9 **or Call in (audio only):** +1 415-915-3950 or (888) 715-8170 (Toll-free) Phone Conference ID: 472 044 492#.

Response Due by: 5:00PM on December 26, 2023. **County Contact:** Claudia Chavez at (510) 670-5241 or email: claudiac@acpwa.org. All dates are tentative and subject to change. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org. 11/21/23

CNS-3759064#

CITY OF UNION CITY

DEPARTMENT OF PUBLIC WORKS

CITY PROJECT NO. 17-29

NOTICE TO CONTRACTORS

Sealed proposals for the work shown on the plans entitled: UC CITY HALL ATRIUM GARDEN IMPROVEMENTS PROJECT, CITY PROJECT NO. 22-30, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Wednesday, December 6, 2023, 2:00PM PST, at which time they will be publicly opened and read in the Council Chambers of said building.

The Contractor shall possess a California contractor's license Class B, or all three of the following subdivisions of the California Civil Code, and the contractor shall be bonded.

Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990.

Package & Bid Package Location. All the project work is to be done in accordance with the bid package on file with the Public Works Department - City of Union City, 34009 Alvarado-Niles Road, Union City, California 94587. Eligibility to bid on this project requires bid package to be electronically obtained from the City. Bid package may be obtained at no charge via email request to the City at publicworks@unioncity.org. Non-biddable plans and specifications shall be

available to view at various Builders' Exchanges throughout the Bay Area and on the City of Union City website at www.unioncity.org.

General Work Description: The work to be done, in general, consists of concrete repair and waterproofing, installation of electrical wiring, installation of transformer and landscaping light fixtures, soil preparation and drain installation, installation of metal edging, installation of landscaping features and materials, and installation of plants, irrigation system, and ground cover and other related work as indicated and required by the plans, Standard Specifications and these special provisions.

All questions should be emailed or fax to Saul Flores of City of Union City, email: saulf@unioncity.org. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond.

Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates.

Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication. 11/21, 11/28/23

CNS-3758942#

CITY OF UNION CITY

DEPARTMENT OF PUBLIC WORKS

CITY PROJECT NO. 17-29

NOTICE TO CONTRACTORS

Sealed proposals for the work shown on the plans entitled: UNION CITY BLVD. BIKE LANE IMPROVEMENTS PROJECT, CITY PROJECT NO. 17-29, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Wednesday, January 17, 2024, 2:00PM PST, at which time they will be publicly opened and read in the Council Chambers of said building. The Engineer's estimate for this project is \$16.7 million.

The Contractor shall possess the following Class A, and/or C-12 California contractor's license at the time this contract

PUBLIC NOTICES

or both, of: THOMAS DEMMITT AKA TOM DEMMITT AKA THOMAS J. DEMMITT AKA THOMAS JOSEPH DEMMITT
A Petition for Probate has been filed by LOC T. DEMMITT in the Superior Court of California, County of ALAMEDA.
The Petition for Probate requests that LOC T. DEMMITT be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on DECEMBER 11, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the

court clerk.
Attorney for Petitioner: JASON W. HARREL, ESQ., CALONE & HARREL LAW GROUP, LLP, 1810 GRAND CANAL BLVD., SUITE 6, STOCKTON, CA 95207, Telephone: 209-952-4546
11/14, 11/21, 11/28/23

CNS-3755327#

NOTICE OF PETITION TO ADMINISTER ESTATE OF:
LOUISE VIOLA VAN EMON
CASE NO. 23PR049067

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of LOUISE VIOLA VAN EMON.
A PETITION FOR PROBATE has been filed by JEANETTE M. VAN EMON in the Superior Court of California, County of ALAMEDA.
THE PETITION FOR PROBATE requests that JEANETTE M. VAN EMON be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held in this court as follows: 12/13/23 at 9:45AM in Dept. 202 located at 2120 MARTIN LUTHER KING JR. WAY, BERKELEY, CA 94704
REMOTE APPEARANCE: The Court allows, but does not require, all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties

must be present at least five (5) minutes before the scheduled hearing time.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner
LINDA M. VARGA - SBN 149988 AND, HENRY J. MORAVEC III - SBN 149989, MORAVEC, VARGA & MOONEY 2233 HUNTINGTON DRIVE, SUITE 17 SAN MARINO CA 91108, Telephone (626) 793-3210
11/7, 11/14, 11/21/23

CNS-3753868#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 132171-11 Loan No. 990008221 Title Order No. 95313683 APN 513-0748-016-00 TRA No. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/01/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. MORTGAGE LENDER SERVICES, INC. as the duly appointed Trustee WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest conveyed to and now held by it under said Deed of Trust, described as follows: Trustor(s): MOHAMMAD ZISHAN AND ANJUM ZISHAN Deed of Trust: recorded on 08/15/2012 as Document No. 2012266616 of official records in the Office of the Recorder of ALAMEDA County, California, Date of Trustee's Sale: 12/12/2023 at 12:00 PM Trustee's Sale Location: At the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612 The property situated in said County, California describing the land therein: LOT 11, A/S SHOWN UPON THAT CERTAIN MAP ENTITLED "TRACT NO. 7863," FILED ON AUGUST 22, 2008, IN BOOK 303 OF MAPS, AT PAGE 35, ALAMEDA COUNTY RECORDS. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above as purported to be: 42725 LOMA DR, FREMONT, CA 94539. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$556,213.01 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned causes said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting

the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this internet website www.nationwideposting.com, using the file number assigned to this case 132171-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. IF THE SUBJECT PROPERTY CONTAINS FROM ONE TO FOUR SINGLE FAMILY RESIDENCES, THE FOLLOWING WILL APPLY: NOTICE TO TENANT OR ELIGIBLE BIDDER: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case 132171-11 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 11/14/2023 MORTGAGE LENDER SERVICES, INC. 7844 Madison Ave., Suite 145 Fair Oaks, CA 95628 (916) 962-3453 Sale Information Line: 916-939-0772 or www.nationwideposting.com TARA CAMPBELL: ASSISTANT VICE PRESIDENT MORTGAGE LENDER SERVICES, INC. MAY BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0443450 To: TRI-CITY VOICE 11/21/2023, 11/28/2023, 12/05/2023 11/21, 11/28, 12/5/23

CNS-3758799#

Fremont Senior Citizens Commission (FSCC)

November 17, 2023

Reports

- A report was presented on Fremont Homeless Response Planning by Laurie Flores, Fremont Homeless Services Manager. Presentation points included:
 - Homelessness in Fremont increased by about 144% from 2017 to 2022.
 - There were 1,026 unhoused people in Fremont in 2022.
 - 80% of the unhoused were unsheltered in 2022 and 60% of the unsheltered lived in vehicles.
 - Unhoused people living in vehicles is the fastest growing group of the unhoused.
 - Seniors over age 55 make up a large portion of the homeless accounting for 43% of the homeless served.
 - 92% of the assessed unhoused people reported having a disabling condition.
 - In 2022, for every person provided permanent housing in Fremont, 2.4 became homeless. Fremont's response does not currently meet the need for homeless services.
 - Emphasis is being put on preventing homelessness and a consulting group is being used to further develop the plan.
 - For opportunities to engage in and follow progress of the plan visit www.my.Fremont.gov/homelessresponseplan.

- For more information contact Laurie Flores at (510) 574-2040 or lflores@fremont.gov
- A report was presented by FSCC Facility Subcommittee which included:
 - There will be a bell and service alarm added to the exterior of the rear entrance of the South Fremont senior center to accommodate people using the disabled parking spaces at the rear of the building.
- Increasing advertising for the senior centers was discussed. Possibilities include advertising on shopping carts, online in Next Door, and signage in local buildings.
- Representatives from the American Association of Retired People (AARP) will visit the South Fremont Senior Center on Thursday, December 7.
- FSCC Transportation report which included:
 - Paratransit Advisory and Planning Committee (PAPCO) needs more members to reach a quorum. Members are required to be Paratransit users which makes it difficult for them to attend the in-person meetings in Oakland. Committee members keep recommending Zoom participation to be allowed, but this has not yet happened. A \$50 stipend is available for transportation to/from meetings and meals.

Age Well Centers

- Crab Feed fundraiser will be held on Friday, February 16, 2024.
- Meals will be in-person at Lake Elizabeth Senior Center and will also be available for take-out.
- Tickets will be available online starting December 6 at www.fremont.gov/government/departments/human-services/age-well-centers
 - \$75 for tickets bought December 6 through 12
 - \$80 for tickets bought after December 12.
- Volunteers are needed at both senior centers for front desk help and basic computer/smart phone instruction.

Now accepting nominations for the 2023 Board of Directors' Annual Awards Program

SUBMITTED BY H.A.R.D.

Hayward Area Recreation and Park District (H.A.R.D.) is delighted to invite nominations for the Annual Board of Directors' Award for Distinguished Community Service, recognizing exceptional contributions throughout 2023.

Since 1962, H.A.R.D. has been acknowledging the valuable volunteer service provided by individuals and organizations in our community. The Awards highlight those whose efforts align with the District's mission of delivering top-tier leisure facilities and programs to residents on a voluntary basis.

All community members are encouraged to nominate individuals or organizations whose dedication exemplifies outstanding volunteer service. The deadline for submissions is Monday, December 11, 2023.

The award recipients will be announced during the Board of Directors' meeting on December 18, 2023, and will be formally recognized at the Annual Board of Directors' Awards Luncheon on Friday, January 26, 2024.

To access the nomination form, please visit www.HaywardRec.org/awards, drop by the District Office, or contact Adriane Lee Bird at (510) 881-6704.

It's important to note that individuals who have received the District's Volunteer of the Month Award in the preceding twelve months are not eligible for recognition of the same services.

Refer to the list of previous winners at www.HaywardRec.org/awards. For additional information, please contact Adriane Lee Bird at (510) 881-6704 or email BirdA@HaywardRec.org

Milpitas Police Log

SUBMITTED BY MILPITAS PD

Thursday, November 9

- At 10:20 a.m. officers responded to the 1300 Block of Great Mall Dr. for a suspect shoplifting from a store. The suspect, a 31-year-old San Jose resident, attempted to flee prior to officers arriving, but was quickly found nearby. He was arrested and booked into jail for the theft and a felony warrant for a sexual offender registration violation.
- At 11:21 a.m. an alert citizen reported a suspicious person looking into vehicles near the 300 Block of Gates Dr. Officers responded in under two minutes and contacted the 22-year-old suspect from San Jose. The suspect was arrested and booked into jail for multiple narcotics violations, providing false identification to a police officer, and resisting arrest.

Sunday, November 12

- At 2:39 a.m. a midnight shift officer stopped a pick-up truck hauling a trailer with no license plate

near Montague Expy/Interstate 880. It was discovered the trailer was stolen from Santa Cruz. The driver, a 59-year-old from Gilroy, was arrested and booked into jail for possession of a stolen vehicle.

- At 5:59 a.m. a dayshift officer contacted a 36-year-old from San Jose near the 1000 Block of Hillview Ct. The subject had multiple felony warrants in excess of \$300,000 for narcotics-related offenses. He was arrested and booked into jail.
- At 4:11 p.m. officers responded to the 200 Block of Great Mall Dr. on the report of shoplifting and contacted a 17-year-old from Oakland. The suspect, who had a felony warrant for robbery out of Texas, was arrested and booked into juvenile hall for the theft, providing false identification to a police officer, and her warrant. All the stolen property was recovered and returned to the store.
- At 11:36 p.m. midnight shift officers stopped a vehicle for a traffic violation. The driver, a 44-year-old from San Jose, was in possession of over three pounds of marijuana, fentanyl pills, almost one pound of mushrooms, and drug paraphernalia. He was arrested and booked into jail for multiple narcotics violations and driving with a suspended driver's license.

Alameda County Fire Log

SUBMITTED BY ACFD

Friday, November 10

- Just after 9 a.m. ACFD responded with their Hazmat Team to an incident in the 900 block of Shorepoint Court in Alameda. There was a report of an explosion and a male patient who had sustained chemical burns. Alameda County Fire provided emergency medical care and transported the patient to a local hospital. Residents in the area were asked to shelter in place.

Thursday, November 9

- At 4:26 p.m.

Alameda County Fire Department (ACFD) responded to a house fire on Brookside Drive in San Leandro. Arriving crews held the fire to the exterior laundry room and a single bedroom. Unfortunately, two adults, three children, and two dogs were displaced. No injuries to firefighters or the community.

Fremont Online Permit Services unavailable during holiday closure

SUBMITTED BY
CITY OF FREMONT

The City of Fremont's online permitting portal, Citizen Access will be taken offline for the Thanksgiving holiday closure. Citizen Access will not be available from Wednesday, November 22 at 5 p.m. through Monday, November 27 at 8 a.m. Online requests for permits and building inspections will not be available during this time. This includes building, planning, and engineering permits. Please keep

this in mind when planning construction and development projects requiring these types of permits. The city's inspection scheduling phone line will still be available during the closure to request a building inspection for the following week. Anyone who needs to request an inspection can call (510) 494-4885. The city apologizes for any inconvenience this may cause. Thank you for your cooperation. For more information visit: <https://www.fremont.gov/Home/Components/News/News/699/>

BART Police Log

SUBMITTED BY BART PD

- Sunday, November 12**
 - At 12:28 a.m. an officer administered one dose of NARCAN to an unresponsive female who appeared to be suffering from an apparent drug overdose at Hayward station. The woman was transported to a local area hospital.
 - At 12:28 a.m. a man identified by police as Mario Roberts, 32, from Fremont was contacted inside Hayward station. Roberts was arrested and booked into Alameda County Jail for possession of drug paraphernalia; possession of a controlled substance; violating the terms of probation; and public intoxication.
- Monday, November 13**
 - At 7:54 a.m. Samin Mohamad, 33, from San Ramon was identified by officers and detained for fare evasion at Fremont station. Mohamad was arrested for possession of drug paraphernalia; disobeying a court order; and an active warrant. Mohamad was booked into Santa Clara County Jail.
 - At 2:43 p.m. officers responded to a report of a subject acting aggressive on board a Berryessa bound train that was stopped at Fremont station. Rashaad Jackson, 44, from Oakland was identified by officers and arrested for disobeying a court order; possession of drug paraphernalia; and battery on a police officer. He was booked into Santa Rita Jail after being medically cleared.
 - At 4:48 p.m. officers were dispatched to a welfare check on

- a Dublin bound train. Sean Brown, 38, from San Francisco was identified and contacted by officers. Through questioning, officers developed reasonable suspicion that Brown was not in possession of fare media. Brown was arrested for possession of drug paraphernalia at San Leandro station and booked into Santa Rita Jail.
- Tuesday, November 14**
 - At 12:13 a.m. Giovanni Razon, 22, from Concord was identified and contacted by officers in the parking lot of Castro Valley station. Razon was arrested for domestic battery. A prohibition order was issued and he was booked into Santa Rita Jail.
- Wednesday, November 15**
 - At 2:30 p.m. a man identified by officers as Enoch Trosclair, 55, from Tracy was contacted at Warm Springs station regarding a report of an armed robbery with a gun. During the investigation, it was determined that a theft had taken place during an earlier incident in Fremont. He was arrested for brandishing an imitation firearm; making physical threats; and domestic battery. Trosclair was issued a prohibition order and booked at Santa Rita Jail.
 - At 6:29 p.m. an officer patrolling Bay Fair station identified and contacted Shamonte Williams, 28, from Pittsburg for fare evading out of the station. He was arrested for battery on a police officer and resisting arrest. Williams was booked into Santa Rita Jail.
 - At 10:17 p.m. officers identified and contacted Nhigel Anderson, 55, from Fairfield for a fare dispute at Bay Fair station. Anderson was arrested for failure to register as a sex offender and booked into Santa Rita Jail.

- The grant will provide additional programs and resources, including:
- DUI checkpoints and patrols focused on stopping suspected impaired drivers.
 - High-visibility distracted driving enforcement operations targeting drivers in violation of California's hands-free cell phone law.
 - Enforcement operations focused on the most dangerous driver behaviors that put the safety of people biking or walking at risk.
 - Enforcement operations focused on top violations that cause crashes: speeding, failure to yield, stop sign and/or red-light running, and improper turning or lane changes.
 - Community presentations on traffic safety issues such as distracted driving, impaired driving, speeding and bicycle and pedestrian safety.
 - Collaborative enforcement efforts with neighboring agencies.
 - Officer training and/or recertification: Standard Field Sobriety Test (SFST)and Advanced Roadside Impaired Driving Enforcement (ARIDE).

Newark Police Log

SUBMITTED BY
NEWARK PD

- Monday, November 6**
 - At 2:00 a.m. Officer Riddles conducted a traffic stop and arrested a 48-year-old male out of Castro Valley for a misdemeanor warrant. Officer Riddles released him on a notice to appear for his warrant and several traffic-related offenses.
 - At 7:52 p.m. Field Training Officer Norvell and Officer Williams responded to a disturbance on Magnolia Street involving a male yelling in the roadway. Officer Williams determined the 28-year-old male out of Newark was too intoxicated to care for himself and arrested him for public intoxication. He was booked into Santa Rita Jail.
 - At 9:43 p.m. Officer Swadener responded to a report of a theft of meat from a business in the 39900 Block of Cedar Boulevard. Officer Swadener located the suspect vehicle and initiated a traffic enforcement stop. All three occupants, a 53-year-old male out of San Jose, 33-year-old male out of San Jose and 59-year-old male out of Newark, were identified by a witness and arrested for grand theft. They were booked into Santa Rita Jail.
- Thursday, November 9**
 - At 10:11 p.m. Officer Riddles responded to a subject

- who was struck with a wine bottle in the area of 39000 Cedar Boulevard. The suspect, a 63-year-old male out of Newark, was taken into custody. He was arrested for assault with a deadly weapon, violating a restraining order, and burglary. He was booked into Santa Rita Jail.
- Friday, November 10**
 - At 7:17 a.m. officers were dispatched to a restraining order violation in the area of 36400 Spruce Street. Officer Medina located the suspect, a 51-year-old-male out of Newark and placed him under arrest. He was booked into Sant Rita Jail.
 - At 9:03 a.m. Officer Losier responded to a hotel on Cedar Boulevard for suspicious activity complaints and ultimately arrested three suspects and booked them at Santa Rita Jail for the following:
 - A 33-year-old out of Union City was arrested for a felony warrant, possession of a firearm, ammunition, and narcotics.
 - A 44-year-old male out of Oakland was arrested for possession of narcotics and a felony warrant.
 - A 35-year-old female out of Santa Cruz was arrested for possession of narcotics, drug paraphernalia, and identity theft/fraud of 10 or more people.
 - At 6:55 p.m. Officer Hererra was alerted to a theft that just occurred from a business on

- Newpark Mall Road, which resulted in the arrest of a 29-year-old male out of Richmond. The suspect was booked into Santa Rita Jail for shoplifting, resisting arrest, and possession of narcotics.
- Saturday, November 11**
 - At 8:59 a.m. Officer Jackman investigated a domestic violence incident that occurred on Ebbetts Street. A 25-year-old male out of Newark was arrested and booked into Santa Rita Jail.
 - At 5:18 p.m. Officer Piquette responded to a disturbance in the area of 7700 Gateway Boulevard and located the suspect, a 50-year-old female out of San Jose. She was found to have felony warrants for her arrest and was booked into Santa Rita Jail.
- Sunday, November 12**
 - At 2:40 p.m. Officer Slavazza located an occupied stolen vehicle and arrested a 33-year-old female out of Oakland. She was booked into Santa Rita Jail.
 - At 8:24 p.m. Officer Riddles observed a 48-year-old male out of Fremont, driving a stolen vehicle near Cedar Court. The suspect fled in the vehicle and was later located on Albrae Street after it collided into a fence. Officers located the suspect riding a bicycle away from the collision and placed him under arrest. He was booked into Santa Rita Jail for possession of the stolen vehicle, possession of drug paraphernalia, and the hit and run collision.

Hayward Police Log

SUBMITTED BY
HAYWARD PD

- Monday, October 23**
 - At 8:49 p.m. officers responded to the report of a shooting near the 29000 block of

- Hub Ln. One victim was located who sustained non-life-threatening injuries as a result of the shooting and was transported to a local medical facility for treatment. The suspect(s) fled the scene prior to officers' arrival.
- Thursday, October 26**
 - At 6:20 a.m. a delivery truck driver was approached by three subjects near the 26000 block of Hesperian Blvd. The subjects used force and took property

- from the truck and fled the scene in a vehicle.
- Tuesday, October 31**
 - At 9:30 p.m. officers responded to the 3000 block of Bridge Rd. regarding a large party and reports of a man armed with a gun. Officers located a man that matched the description of the armed subject, and he was detained. A search of the man revealed a loaded unregistered, “ghost gun.” The man was placed under arrest.

Union City Police Log

SUBMITTED BY
UNION CITY PD

- Saturday, November 11**
 - Officer Benard was patrolling the area of Alvarado Niles Rd. and Dyer St. when he conducted a traffic stop for a vehicle travelling at high speed. When Officer Benard approached the vehicle, he observed packaged narcotics in plain view. When Officer Benard asked the driver to exit the vehicle, he conducted a search and located a loaded firearm concealed in the driver's waistband. The firearm was recovered, and the driver was taken into custody without incident. A subsequent search of the vehicle revealed a significant amount of narcotics indicative of

- sales. The driver was arrested for the firearms charge and possession of narcotics for sale and booked into jail.
- Sunday, November 12**
 - Union City police officers responded to the area of Pacific Street and Central Avenue to investigate a report of a stabbing. When officers arrived on scene, they located the victim who sustained multiple stab wounds. The victim was transported to a local hospital and listed to be in critical, but stable condition. The suspect was not located and is outstanding. Union City Police Department is not aware of any active threats to the community, as a result of this incident.
- This is an active investigation. If you have any information regarding the incident, please

- contact Detective Smith at (510) 458-3310 or AndrewS@unioncity.org. Information may be left anonymously at (510) 675-5207 or tips@unioncity.org.
- Monday, November 13**
 - Officer Olson and Officer Griffin were patrolling the area of Whipple Rd. and Amaral St. when they observed a subject they knew to be on parole sitting in his vehicle. The officers contacted the subject and conducted a search. During the search, the officers recovered suspected narcotics from the subject's pockets and a loaded firearm from his vehicle. The firearm was later determined to be reported stolen. The subject was arrested for numerous firearms and narcotics charges and booked in jail.

Union City Police Department receives \$120k grant for traffic enforcement

SUBMITTED BY UCPD

The Union City Police Department was awarded a \$120K grant from the California Office of Traffic Safety (OTS). The grant will support our ongoing enforcement and education programs to help reduce the number of serious injuries and deaths on our roads. “This funding will strengthen our commitment to public safety in our community,” Union City Police Sgt. Steven Fong said. “We will be able to increase our efforts in making our roads safer for everyone and focus on critical areas such as distracted driving, impaired driving, and speeding.”

Nepal bans TikTok and says it disrupts social harmony

ASSOCIATED PRESS

Nepal’s government decided to ban the popular social media app TikTok on Monday November 13, saying it was disrupting “social harmony” in the country.

The announcement was made following a Cabinet meeting. Foreign Minister Narayan Prakash Saud said the app would be banned immediately. “The government has decided to ban TikTok as it was necessary to regulate the use of the social media platform that was disrupting social harmony, goodwill and flow of indecent materials,” Saud said. He said that to make social media platforms accountable, the government has asked the companies to register and open a liaison office in Nepal, pay taxes and abide by the country’s laws and regulations. It wasn’t clear what triggered the ban or if TikTok had refused to comply with Nepal’s requests.

The company did not immediately respond to an email seeking comment. TikTok, owned by China’s ByteDance, has faced scrutiny in a number of countries because of concerns that Beijing could use the app to harvest user data or advance its interests. Countries including the United States, Britain and New Zealand have banned the app on government phones despite TikTok repeatedly denying that it has ever shared data with the Chinese government and would not do so if asked. Nepal has banned all pornographic sites in 2018.

SPORTS

Division 1 Golf Champion Alyssa Lim on the Rise

By Andrew Joseph

Local golf sensation Alyssa Lim of James Logan High in Union City has been making noise recently at some of the highest levels of competition. She recently won the girls North Coast Section (NCS) Division 1 Championship in October at the Tilden Regional Park golf course in Berkeley as a 17-year-old junior.

“It’s really fun being an inspiration to others, but at the same time I put that pressure on myself to live up to a certain expectation,” said Lim. “At the D1 Championships when I knew I was going to win, I was just so happy that I practiced what I practiced because that’s what made the difference.”

Lim’s score was a 6-under par 66 at the D1 Championships including seven birdies to win the championship by five shots. Earlier this season Alyssa defended her own Division 2 NCS title in Oakland, outscoring her score from last year.

She is still currently competing as an individual since James Logan does not currently have a women’s team. Last year she competed as an individual for girls and also on the boys’ team at James Logan as the team captain. It was a challenge because she was playing on boys’ courses.



Last year when Lim qualified for Mission Valley Athletic League (MVAL) playoffs, she qualified as a boy.

The current ranking for Lim is at 280 in the nation by the American Junior Golf Association. Alyssa’s focus of late is United States Golf Association (USGA) courses, which are more recognized for their golf course standards. This will help her in her journey to win the state title next season and receive college scholarship offers.

Last year Lim started two clubs at school, the Eco Club and a new Girls Golf Club,

which keeps her busy. She is still able to focus and balance her time with school work and golf to get everything done. With a 4.2 GPA and receiving the Superintendent’s Award last year, Lim looks to excel in everything that she sets out to accomplish in golf, the classroom, and life. Speaking with her you can tell she is always cool, calm, and collected with an impeccable amount of maturity for her age.

“Playing in the USGA courses like my next tournament at Poppy Hills will help gain recognition from college coaches around the nation who will respect the course play based on factors of the course like distance and setting that is standard in USGA courses,” said Lim. “I’ve been practicing on improving all types of wedge shots to elevate my game.”

Former All-American at UCLA and rookie-of-the-year 2000 Ladies Professional Golf Association (LPGA) Tour Coach Jenny Park-Choi has been training Lim at the NorCal Golf Academy in Walnut Creek. Lim also trains with James Logan boys head golf coach Eli Bagaoisan.

“Hopefully she’s opened some eyes, and the D1 tournament title will help her believe in herself more,” said Coach Bagaoisan.” She’s good enough to compete



with the best not only in the section but in the entire state.”

Over the course of summer 2023, Lim travelled the country participating in six major events with highly ranked competition. These events include the American Junior Golf Association (AJGA) tournament in Massachusetts in July where she shot 74-69-72 to finish sixth, and the Northern Junior in Connecticut where she shot 74-72 to earn fourth place. This past July, Alyssa won the AJGA Tokay Junior at Woodbridge in Lodi with a score of 72-71-143.

“I am very proud of her because she’s been nothing short of impressive when it comes to her career in golf,” said Adrian Lim, Alyssa’s father.

Alyssa has exceeded expectations for her early career and continues to rise with hopes of qualifying and winning the California State title next season. Her younger brother is also playing golf and will be attending James Logan next year as a freshman on the boys’ golf team. Right now, Alyssa is still considering whether to go to the LPGA or not because she’s still in high school, but she says she definitely wants to play college golf no matter what school she decides to attend.



Gladiators Shining Under New Coach

Submitted by Chabot College Athletics

The Chabot women’s soccer team has had enough quality wins and closely waged matches this season to call the debut campaign of head coach Dan Chubbock a big success.

The Glads entered the week with four wins in their past five games in the program’s return season after being dormant last year. “We had good wins against De Anza and Ohlone and then a good battle with West Valley (in a 3-0 loss), but we weren’t able to break them down and they had quality in the final third,” Chubbock said Tuesday morning.

Chubbock is pleased with the recent games, and although the team is still missing Sophia Amezcua due to a sprained knee, Selena Davalos and Julie Lemoine have stepped into center back to partner with Giselle Caballero,

who was an “absolute monster” against West Valley, the coach said.

“The girls are proud of how far they have come and while playoffs may be a step too far this year, we will go into the final two games with a winning record and will try to cause more surprise results to finish what has been an amazing season for this group of young ladies.”

Top Freshman Selected from Women’s Soccer



Submitted by Chabot College Athletics

Chabot College soccer star Emily Hornig, a Berkeley High graduate, was selected as Freshman of the Year for the Coast-South Conference.

“It is great for the program, but more importantly, great for Emily, who has been amazing for us this year, on and off the field,” Chabot head coach Dan Chubbock said.

Hornig, a dynamic midfielder, amassed 21 goals and 10 assists for 52 total points this season, including eight goals and four assists in conference. She had three game-winning goals, two in conference. She finished second in the conference in goals scored and points.

The Glads turned some heads during an impressive bounce-back season. They were 10-8-1 overall and 5-7 in conference, finishing fourth.

Pioneers Come Up Short on Saturday Against SMU

Submitted by CSUEB Athletics Communications

Cal State East Bay men’s basketball wrapped up the Pioneer Conference Challenge on Saturday evening with a matchup against Saint Martin’s University inside Pioneer Gymnasium. The Saints won a nail-biter 74-72 over the host Pioneers.

In the first half, the Pioneers opened the game on a 13-7 run capped by a Chris James layup with 14:05 left in the half. The Saints responded with a 15-3 run, capped by a Marcel Stevens 3-pointer with 10:04 left in the half, to take the lead at 22-16. SMU had its largest lead of the half at eight on two occasions; the second occasion was at 36-28 on a Kyle Greeley jumper with 27 seconds left in the half which both teams took into the halftime break.

In the second half, the Pioneers chipped away at the Saints’ lead. The Saints gained their largest lead at nine on three occasions; the third occasion at 65-56 after a pair of Shakeem Alcindor free throws with 4:56 left. The Pioneers answered with a 16-7 run, capped by a Tyree Campbell layup with 32 seconds left, to tie the game at 72-72. With five seconds left, Greeley drew a foul and made a pair of free throws for a 74-72 lead. The Pioneers had one last opportunity to tie or take a lead in the closing seconds, but they were unable to score a basket as SMU won the final game of the Pioneer Conference Challenge, 74-72.

- Klonaras scored a game high 25 points for the Pioneers (his CSUEB career-high), going 9-for-15 from the floor, including 4-for-7 from beyond the arc, as well as three free throws.
- Grady Lewis scored 19 points and had a team-high 12 rebounds for a double-double.
- Campbell had a season-high 16 points.
- Defensively, Klonaras had four steals.
- The Pioneers shot 41.9 percent from the floor and 14-for-19 from the free throw line.
- The rebound battle was even between both teams at 38 each.

Cal State East Bay: 2-2
Saint Martin’s: 5-0

On Saturday, November 25, the Pioneers host a non-conference game against Alaska Fairbanks at Pioneer Gymnasium. Tipoff is set for 4 p.m.



Photo by Justine Willard/KLC Fotos



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CNSB #3751976

Veterans Memorial Park

BY JACK ALCORN

The Veterans Memorial Park & Tennis Courts in Union City offer a place for tennis enthusiasts to indulge in a game or practice their sport solo. With six tennis courts; a practice wall; playground; basketball court; open fields and two baseball diamonds, this is a great place for sports and recreational activities.

The clean, well-kept facility has public restrooms open during park hours. Ample parking is available curbside, all the way around the grounds.

The Union City-run park features a paved plaza honoring military veterans. An 8-sided granite monument

details the history of all of our nation's military and paramilitary branches. The granite memorial is encircled by the flags of all the service branches. Bench seating helps you to enjoy the monument or to sit and read its engraved faces.

You will find the park along Dyer Street in Union City between Deborah Drive and Regents Boulevard. Scattered throughout the spacious neighborhood facility are many shaded barbeque sites with grills, picnic tables and trash barrels. Another highlight of this 5-acre park is a dog friendly walking path that encircles the park, through grassy areas and along the sidewalk.

The park is home court for the highly active Union City Tennis Club. The Union City American

Little League is also based there. Registration for the Spring 2024 Little League season begins in December: www.ucall.org

To reserve a sports field, visit: www.unioncity.org/168/Sports-Fields

To reserve tennis courts, visit: www.unioncity.org/180/Park-Facility-Reservation

Veterans Memorial Park
Open Daily
5 a.m. to 10 p.m.
4525 Dyer St., Union City



Learn about Mysterious Monarchs

SUBMITTED BY EAST BAY REGIONAL PARK DISTRICT

Ardenwood's eucalyptus grove is one of the historic overwintering sites used by monarch butterflies along the California coast. On November 25 and 26, meet at the Greenhouse to explore this special place and see if any of these mysterious insects are in residence this season.

This is a drop-in program; no registration is required. Ardenwood admission fee applies.

Mysterious Monarchs
Saturday, Nov 25 – Sunday, Nov 26
1:30 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

We help you focus on the important things in life.



Eric Olsen
Physician (In Training)



Alan Olsen, CPA
Father and GROCO
Managing Partner



Charlotte Olsen
Teacher (in training)



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