



Ganesh Utsav



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Groups'
Success in
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September 19, 2023

Vol. 22 No. 38



Courtesy of Alameda County

Walk and bike through Niles Canyon



continued on page 15

Courtesy of Alameda County

Ride the Haunted Train through the forest at Ardenwood Historic Farm



SUBMITTED BY JACQUE BURGESS

The "Haunted Train" returns to Ardenwood Historic Farm in Fremont in October. The event has been closed since 2019 due to Covid concerns, but now it's back better than ever! Tickets are on sale now, so get yours before they are gone on Eventbrite.com (search for Haunted Train).

The Haunted Train is a spooky (not scary) ride through the haunted forest at Ardenwood Historic Farm in Fremont. This ride is designed especially for families with children under 12. Live actors supply the fun, and you will encounter the famous Witch of Ardenwood and other characters. There are colorful Halloween displays, a huge skeleton, giant pumpkins, and other surprises in between the scenes.

The Haunted Train has been supplying Halloween fun for all ages for 30 years. The

experience is designed so that families can have a nighttime adventure appropriate for young children. Nothing will jump out or scare the little riders, and our goal is for children of all ages to have fun!

Ticket holders will also be treated to a display of huge, carved pumpkins by the award-winning Pumpkin Lady. She brings freshly carved pumpkins each weekend for everyone's enjoyment.

The last time we held the Haunted Train, tickets sold out within days, so we recommend you get yours as soon as possible before they are all gone.

The Haunted Train operates on the two weekends before Halloween: October 20, 21, 22; and October 27, 28, 29. Trains will depart every 30 minutes beginning at 7 p.m. each night. The last train will depart at 9:30 p.m. on Friday and Saturday nights, and 9 p.m. on Sundays.

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Coastal Cleanup 2023

BY STAFF

Castro Valley Creek & Trail

Saturday, September 23 is "Coastal Cleanup Day" in California! Help remove trash and plastic pollution at beaches and waterways throughout local cities and park districts. Pre-registration is recommended, but some events accept walk-ups as well. Cleanups run from 9 a.m. – 12 noon. Below are a few cleanups around the East Bay Area, with registration links.

Join Clean Water Volunteers in collaboration with Friends of San Lorenzo Creek for Coastal Cleanup. Meet at the trail next to the KFC at 3625 Castro Valley Boulevard. Volunteers must be age 10 and up. Bring water and a snack. Register on Eventbrite.

<https://2023castrovalleycoastal-cleanup.eventbrite.com/>

View a map of all Coastal Cleanup locations at:
<https://www.coastal.ca.gov/public/ccd/ccd.html>

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Cholesterol 101

September is National Cholesterol Education Month

You likely know people should have their cholesterol levels checked periodically and need to keep them at certain levels to stay healthy, but what does it mean that some cholesterol is good and some is bad? What exactly is cholesterol and how do you maintain healthy levels in your body? To mark National Cholesterol Education Month, a local cardiologist shares answers to these questions and other important facts everybody should know about cholesterol.

Washington Hospital Medical Foundation (WTMF) cardiologist Sangeetha Balakrishnan, MD, calls herself a healer and an educator. She is board-certified in internal medicine and cardiology and certified in nuclear cardiology. Cholesterol is a regular topic of discussion between the doctor and her patients because it plays a big role in cardiovascular disease and can lead to heart attacks and stroke.



Local cardiologist, Sangeetha Balakrishnan, MD

“Cholesterol is a waxy substance in our blood that is essential because our bodies need it to perform important jobs like building cells and making hormones,” explained Dr. Balakrishnan. “The body generally produces the right amount of good and bad cholesterol, so we don’t need to supplement it with our diet.”

That said, if we start making too much of the bad cholesterol, it can be dangerous. Low-density lipoprotein (LDL) cholesterol is known as the bad type of cholesterol. This is the one we want to keep low (at or below 100 milligrams per deciliter [mg/dl] of blood) to ward off heart disease. The good type of cholesterol is high-density lipoprotein (HDL) and higher levels can help reduce a person’s risk of heart disease and stroke (ideally above 70 mg/dl). Triglycerides are fats from the food we eat. Extra calories, alcohol, and

sugar in your body turn into triglycerides. Too many triglycerides can contribute to problematic cholesterol buildup.

How and When to Check Levels

The American Heart Association recommends adults have their cholesterol and triglyceride levels tested every four to six years, and Dr. Balakrishnan recommends her higher risk patients test every year. Risk factors include a family history of high cholesterol or early heart disease and people’s risk for high cholesterol increases as they get older. Controllable risk factors include a diet high in sugar and fats, being overweight, low physical activity, smoking, high blood pressure, and type 2 diabetes.

Testing cholesterol levels entails a fasting blood draw, called a lipid panel, that your primary care physician can order from a medical laboratory to check your

lipoprotein and triglyceride levels. Fasting usually means not eating, drinking certain beverages, and taking medications for 9 to 12 hours before the test. After the blood sample is taken, it is analyzed and levels of HDL cholesterol, LDL cholesterol, and triglycerides are measured. If the test results show higher levels of HDL or other red flags, it is a good idea to talk to your doctor or a cardiologist about considering lifestyle changes or medications.

Cholesterol Controlling Therapies

“For my patients who don’t have high risk factors but their LDL cholesterol is up, we discuss how making a few changes in their daily life can help improve their numbers,” said Dr. Balakrishnan. She recommends people eat a Mediterranean diet which includes lots of fruits and vegetables, cooking with olive oil, and eating fish one or two times a week.

The other way to increase your HDL and lower LDL cholesterol is exercise. Brisk walking or jogging, cycling, swimming and yoga several times per week will help keep your numbers in line, especially when combined with a healthy diet.

When changes in lifestyle are not enough, cholesterol-lowering medications may be recommended. Statins are suggested for most patients and have been directly associated with a reduced risk of heart attack or stroke. If this is the case for you, be sure to discuss the benefits and risks of statin therapy with your doctor.

For more information about cholesterol, find multiple videos on the Washington Hospital YouTube channel at www.YouTube.whhs/InHealth. To schedule an appointment with Dr. Balakrishnan, call WTMF Cardiology at 510.248.1670.

InHealth
Your YouTube Channel

YouTube
[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)
Join the 36,000 subscribers of Washington Hospital's YouTube page.

Health Care Videos More Accessible Than Ever!

Tips to Overcome Anxiety
Anxiety can creep up at any time due to over-extended schedules, family and work demands. Here are some helpful tips to help manage your anxiety and stress levels.

Managing Diabetes
Given the prevalence of diabetes in our community, many households have felt the impact of this condition. Family medicine physician, Dr. Thomas Collins-Pallet, provides a conversation on how diabetes can be managed through lifestyle changes and medication.

Medicare: What You Need to Know
What are your Medicare options? If you are new to Medicare, this seminar provides an overview of coverage provided by Medicare as well as your options for additional coverage. Learn enrollment periods for Medicare Advantage Plans (Part C) and Medicare Prescription Drug Plans (Part D), and what you need to know during open enrollment.

Coming Soon!

Staying Healthy to Retirement and Beyond
Tuesday, September 26, 1 p.m.
Planning for retirement years should include more than just financial consideration. Join Dr. Kediya as she explains health screenings and lifestyle strategies to maintain good health into retirement.

Genetic Testing for Breast Cancer Risk
Tuesday, October 3, 3 p.m.
Join this seminar for an overview of the genetic mutations that can increase the risk of breast cancer and how genetic testing can help identify individuals who may be at higher risk.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information
For more information or to register for events, call 800.963.7070 or visit whhs.com/events.

Visit Us!
[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)

Washington Hospital Women's Center, a Place of Comfort and Confidence

The Washington Women's Center was designated a Breast Imaging Center of Excellence in June 2012 by the American College of Radiology. The Women's Center also is accredited by the National Accreditation Program for Breast Centers (NAPBC), a nongovernmental not-for-profit organization established to recognize breast centers that provide the best possible diagnostic and treatment options.

Many patients, however, will say that the most impressive aspects of the Women's Center are the staff and the environment. Understanding that whether a woman is coming in for a routine mammogram or a follow-up to a biopsy, an atmosphere that reduces anxiety is important.

"Our goal at the Washington Women's Center is not only to address how to improve cancer patient survivorship, but also to increase awareness of cancer prevention and screenings," says Christine Mikkelsen, RN, who also serves as a certified breast health nurse navigator at the center. "With cotton robes, soothing music and beautiful wall art, our intention is to make every patient feel calm and comforted."

"Breast cancer is actually fairly common," notes Medical Director of the Women's Center, William E. Dugoni, MD. "Most people's lives will be touched by breast cancer—either directly or because someone they know has been diagnosed."

He emphasizes, however, that if caught early, breast cancer is one of the most treatable cancers. "I encourage women to make sure mammograms are part of their annual preventive health care plans. If problems are found, they are treatable—and we can't say that about a lot of cancers." The Women's Center offers advanced techniques for diagnosis using 3D tomosynthesis, which provides better images and more opportunities for early diagnosis.

Dr. Dugoni notes, "It's important that our community members know that they don't have to travel out of the area to receive first-class care."

NAPBC accreditation

To receive NAPBC accreditation, centers must show they offer the following services:



The Women's Center, located at 2500 Mowry Ave., strives to make every patient feel comforted and cared for.

- A multidisciplinary, team approach to coordinate the best care and treatment options available
- Access to breast cancer-related information, education and support
- Breast cancer data collection on quality indicators for all subspecialties involved in breast cancer diagnosis and treatment
- Ongoing monitoring and improvement of care
- Information about clinical trials and new treatment options

If a patient's mammogram is abnormal, she will receive a phone call from a nurse navigator to schedule a follow-up appointment. For patients who have been diagnosed with breast cancer, a nurse navigator will meet with the patient to help guide them and their family members through the breast cancer treatment journey.

Whether answering some of the many initial questions, or offering resources such as an introduction to the HERS Breast Cancer Foundation, nurse navigators help patients feel less overwhelmed and more

able to focus on the healing process. "It really is a blessing for me to be a nurse navigator to help guide and support women as they embark on this stressful journey," Mikkelsen says.

Dr. Dugoni notes the technology that plays a role in the diagnosis and treatment plans for community members. "By offering these services in a local setting, our community members can receive the care they need without having to travel far from home. In addition to 3D tomosynthesis, the Women's Center offers MRI and MRI-guided breast biopsies. These noninvasive breast imaging procedures can be utilized for high-risk patients, surgical planning, and identifying the extent of the spread of breast cancer. And through our affiliation with UCSF Health, patients have access to linear accelerator radiotherapy using the most advanced linear accelerator. This state-of-the-art system delivers a broad array of powerful radiation oncology therapies with pinpoint accuracy."

Through their affiliation with UCSF Health, Washington Hospital can

offer genetic testing to patients with a family history of cancer.

Academic-level care in a welcoming environment without having to leave the Tri-City Area is a benefit to local community members. To learn more about the Washington Hospital Women's Center, visit whhs.com/womenscenter. Details about their cancer programs, including the UCSF – Washington Cancer Center, can be found at whhs.com/cancer.

Schedule Your Mammogram

Once a physician order is received, mammograms can be scheduled by calling 510.818.7410. Regular appointment schedule is Monday – Friday, 7:15 a.m. to 4 p.m.

During the months of October, November and December, Saturday appointments (except Nov. 25, Dec. 30) are available from 7:45 a.m. to noon.



Virtual Health & Wellness

 facebook.com/WashingtonHosp

 youtube.com/whhsInHealth

Thursday, Oct. 19

1 p.m.

Anatomy-preserving Spine Surgery

This seminar will explore the benefits of anatomy-preserving spine surgery, as well as the types of conditions that may be treated with this technique.



Sandeep Kunwar, MD
Neurosurgery

 Washington Hospital Healthcare System

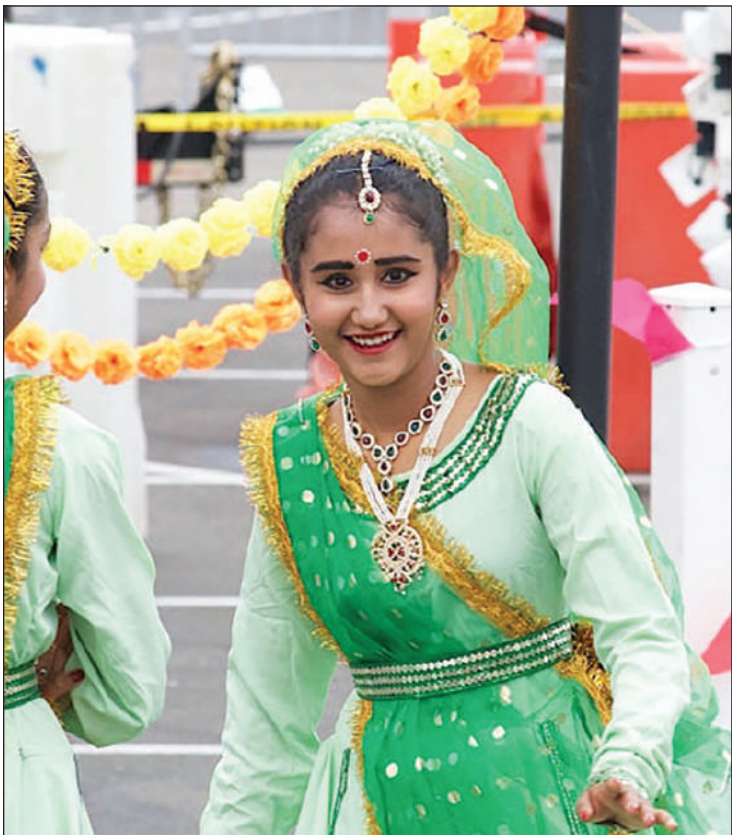
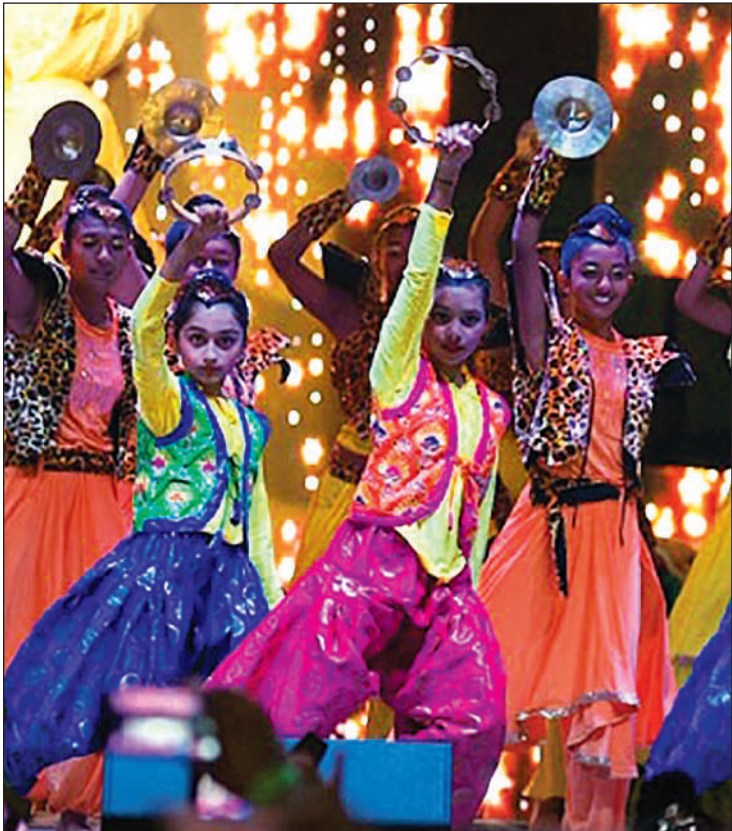
If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

Ganesh Utsav

SUBMITTED BY
RADIO ZINDAGI 1550 AM

On September 23 and 24, Radio Zindagi will host the Ganesh Utsav festival at Newpark Mall in Newark. The two-day event will include a schedule of cultural performances, aarti and darshan rites, Dhol Tasha (percussion), Lezim (folk dance), food and shopping booths, community vendors, and kids' zone. The Ganesh replica zone will showcase a variety of miniatures by Empowerly.

Ganesh Utsav
Saturday, Sept 23 – Sunday, Sept 24
10 a.m. – 10 p.m.
NewPark Mall, Newark
www.rzganeshutsav.com



Chalk Art in the Park

SUBMITTED BY
OHLONE HUMANE SOCIETY

On Saturday, September 23, Ohlone Humane Society will host a fun and colorful fundraiser at Niles Town Plaza. With each donation, attendees will receive a chalk goodie bag and be

assigned a sidewalk square to decorate. This event is pet- and family friendly.

Chalk Art in the Park
Saturday, Sept 23
10 a.m. – 3 p.m.
37592 Niles Blvd, Fremont
www.ohlonehumaneociety.org

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Location: **TPC Stonebrae Country Club
202 Country Club Drive
Hayward, CA 94542**

Speakers: **Nic Gay, MD - Orthopedic Surgeon
Adam Dziuba, MD - Pain Management Specialist
Janice Cooper, NP-C – Nurse Practitioner**

Dr. Nic Gay
Orthopedic Surgeon



Dr. Adam Dziuba
Pain Management

Janice Cooper
Nurse Practitioner



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Why modernizing infrastructure will benefit our future water supply



SUBMITTED BY
CALIFORNIA DEPARTMENT
OF WATER RESOURCES

The State Water Project moves life-sustaining water across the state for 27 million Californians and 750,000 acres of farmland. It supplies families, businesses, crops, and industries with safe and affordable water.

Without modernization of our infrastructure, climate-driven weather extremes and seismic threats will affect how we can deliver this water, risking human health and safety, urban and agricultural economies, and the cost of water to communities.

The modernization work required includes physical infrastructure improvements to how we capture and move water

during high flow weather events to store for later use during dry periods. Improving the way we move water with a proposed tunnel system, called the Delta Conveyance Project, will help protect against interruptions in water deliveries due to earthquakes and the effects of climate-driven weather extremes like rising sea levels and extreme weather.

“Isn’t there another way?” or, “Why can’t we just conserve more?” While alternative supplies and conservation are extremely important for regional sustainability overall, they don’t directly address the functionality of the State Water Project. Modernizing the State Water Project, by adding new water intakes and creating a new way to move water, does two important things:

- Adapts to climate-driven weather extremes by adding flexibility in *how* the water moves
- Protects against supply disruptions caused by nearby earthquakes

Climate change models indicate that more precipitation will fall as rain in the winter months. The state expects to see more runoff and river flows in the winter than in past years. Infrastructure built to accommodate seasonal patterns of the past cannot accommodate the flashy winter flows that are becoming more common.

Local water agencies across the state are working hard to fortify their respective water supply portfolios, including the 18 State Water Contractors participating in the proposed Delta Conveyance Project. This

project neither precludes nor replaces those much-needed efforts.

Californians are no strangers to thinking big and taking on tough challenges, especially when it comes to protecting health and safety. There are cities, small towns and retail water agencies across the state that rely in part on the State Water Project, and they are counting on this proposed infrastructure modernization project to help ensure a stable water supply for their communities into the future.

The proposed Delta Conveyance Project will make the necessary modernizations to the State Water Project to promote sustained reliability. The Department of Water Resources will continue to pursue this and other projects that allow California to prosper and thrive.

California Department of
Water Resources
<https://water.ca.gov/deltaconveyance>

ESL Tuesday chat is back in person!

SUBMITTED BY ALAMEDA COUNTY LIBRARY

Starting Tuesday, October 3, the ESL Tuesday Chat program will be back in person! ESL Tuesday Chat has been running for years at Fremont Main Library before (in person) and through the pandemic (over Zoom). People from around the globe have improved their spoken English by chatting about everyday topics with native speakers. These tutors are caring and devoted, and the chat takes place in a friendly, welcoming setting. Let’s keep on chatting!

ESL chat
Tuesdays, starting Oct 3
4 p.m. – 5 p.m.
Fremont Main Library
Fukaya Room A
2400 Stevenson Blvd., Fremont
(510) 745-1444
www.aclibrary.org

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Reclaiming 60's Girl Groups' Success in Oral History

BY CHARLENE DIZON
PHOTOS COURTESY OF
ALAMY STOCK AND
JOSHUA SIMPSON

Though music has been around for centuries, the history of many artists, particularly groups, often goes untold. For Hayward native Emily Sieu Liebowitz and co-author Laura Flam, unearthing the jumbled history of 1960s doo-wop girl groups became essential in ensuring that artists were given long overdue credit. Their book, *But Will You Love Me Tomorrow? An Oral History of The 60's Girl Groups*, perfectly encapsulates the triumphs and tussles of several girl groups whose songs continue to be featured in media today.

Doo-wop—a mix of rhythm and blues, and gospel, usually with a lead vocal over backup vocals—became part of popular American culture after World War II. In pre-pandemic New York City, Liebowitz and Flam began attending doo-wop concerts together. These events birthed the beginning of their book. “We’re both huge fans of girl groups, so we wanted to learn more about the performers we were seeing,” Liebowitz says. However, when starting their research, the results were either shockingly sparse or nearly obsolete. Liebowitz and Flam quickly realized that this lack of information needed to be rectified and felt obligated to help bring these groups’ stories of success and hardship to light.

The project began in the spring of 2019. Liebowitz and Flam not only pored over autobiographies and musical



Emily Sieu Liebowitz

historian books, but scheduled interviews with members of some of the 1960s’ most prominent girl groups, such as The Chordettes, The Chiffons, and The Marvelettes to name a few. Liebowitz states, “Researching was a joy. Once we talked with one person, they gave us other contacts to reach out to.” The research rhythm consisted of interviewing, transcribing, and putting chapters together. Each interview revealed what it was like for these young Black women making a musical mark during the Civil Rights movement.

With handfuls of successful Black female groups rising to the top in the 1960s, listeners at shows were finally seated together, regardless of race, for the first time. Girl group members, often young and still in school, were suddenly popular performers with access to recording studios and the latest fashions. However, the starlet life did not gleam as brightly as one might expect. During the 1960s, women were heavily expected to segue into marriage and motherhood. Furthermore, the lack of recognition for these girl groups was extreme. Liebowitz states, “The Shirelles had top hits from 1960 to 1963 and their



Laura Flam

songs are still used in countless things today, yet no one knows the group name or its members. A huge reason for this was solely that they were Black women, on top of societal pressures for women to not have careers and to lead domestic lives.”

Once the girl group era was “completed,” many of these members went on to have normal lives. A particularly interesting interview revealed that the lead member of The Chiffons, Judy Craig, never told her daughter that she had once been part of a girl group. Liebowitz says, “Judy’s daughter told us that she made her discovery when they were moving one day. There was a portrait of The Chiffons in their belongings. The movers recognized them but she had no clue, and that’s how she found out her mom was in this group.” Many of the interviewees were humble women who had gone on to have families, careers out of the public eye, and other valuable parts of life.

Despite these women still successfully carrying on post-stardom, Liebowitz and Flam wanted to create a proper opportunity for the recognition that these groups did not receive after their time in the spotlight.



Liebowitz says, “It’s hard realizing that the progress we thought existed, due to our own privilege, hasn’t actually been linear. That’s what we encountered in our research: we didn’t know who these girls were or who sang on certain tracks.” For example, the song “Maybe,” originally sung by The Chantels, is more recognized by the public as sung by Janice Joplin, who performed a cover in the late 1960s. “These might seem like small injustices, but they’re not—because we don’t want to whitewash that history,” Liebowitz says, adding, “These girl

groups made cultural contributions to society that have either gone unrecognized or gotten co-opted by someone else.”

But Will You Love Me Tomorrow? shapes a safe space for 1960s girl group members to honestly share their whirlwind journey. Liebowitz says, “It was a real honor to bear witness to what these women went through. I hope that we can get to a place where some of the more major egregious erasures are remedied.” With this goal in mind, the book not only works towards rectifying these historical absences, but also celebrates the musical gifts of these talented women and appreciates the lifelong impact doo-wop continues to spread across all music genres.

To purchase *But Will You Love Me Tomorrow? An Oral History of The 60's Girl Groups*, visit greenapplebooks.com or BooksonB.com.

Book Launch Event:

9th Ave: Laura Flam and Emily Sieu Liebowitz with Rocky Rivera

Tuesday, Sept 19

7 p.m.

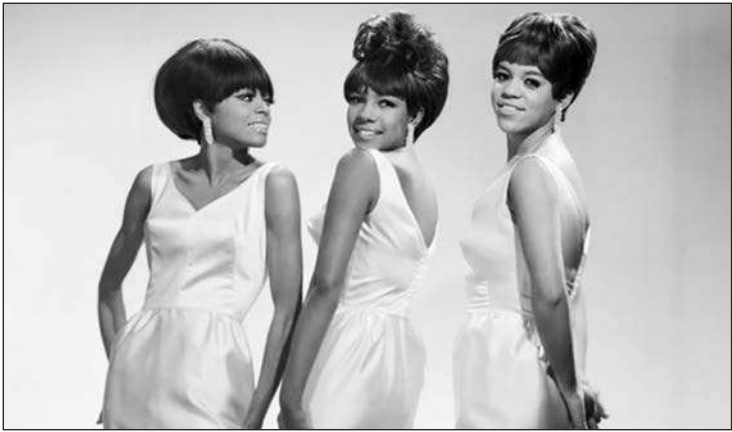
Green Apple Books

1231 9th Ave., San Francisco

(415) 742-5833

<https://www.greenapplebooks.com/event>

No entrance fee



Artists sought for new Stack Center murals

SUBMITTED BY CITY OF HAYWARD

City of Hayward is inviting applications from artists to design and paint two murals on the outside of the Matt Jimenez Community Center, the future site of the Stack Youth and Family Center. One of the most requested community features for the new center has been public art that reflects the local culture and history.

The themes for the two murals were identified by neighborhood youth during a five-month participatory design process. The first mural, roughly 700 square feet, will depict community members thriving through a diverse range of multi-cultural recreational opportunities, including sports to tie into the gymnasium. The second mural, roughly 350 square feet, will depict indigenous food heritages from around the world to tie into the commercial kitchen.

The murals are funded through a Clean California grant that the city received through Caltrans to clean and beautify public spaces in underserved communities. The \$2.6 million grant will also fund major external improvements such as environmentally sustainable landscaping, including rainwater and runoff-water retention systems, and a new community events plaza.

The full Stack Center campus will encompass the existing Matt Jimenez and Eden Youth and Family Centers and is the culmination of a decades-long dream to create a neighborhood anchor that will be a cultural center, service hub, and economic catalyst. Phase I construction will begin in the next few months.

Submissions will be reviewed by a Selection Committee of community members from South Hayward, non-profit partners, and city staff members. For more information, visit the Artist All-Call page on the City of Hayward website. The deadline to apply is 5 p.m. on October 2.

Stack Center Mural Call for Artists
Deadline: Monday, October 2 by 5 p.m.
www.hayward-ca.gov/business/doing-business-with-hayward/artist-all-call

Soar into Excellence online auction supports local teachers

SUBMITTED BY
HAYWARD EDUCATION
FOUNDATION

Join Hayward Education Foundation for exciting opportunities to make a difference in the lives of Hayward’s youth!

Our online auction, “Soar into Excellence 2023,” will be held from September 21 to 26. By participating in this event, you’ll be contributing towards equipping teachers with essential tools and resources, empowering students from disadvantaged backgrounds, and creating a vibrant learning environment for all. Your generous

bids and support will help us reach more schools, classrooms, and students, providing them with equal opportunities to excel and pursue quality education. Don't miss this chance to be part of a brighter future for Hayward's children.

And save the date for our 40th Anniversary Party on October 19, at Hayward City Hall Council Chambers area. We will have food, drinks, and entertainment.

Soar into Excellence online auction

Thursday, September 21 – Tuesday, September 26

<https://www.haywarded.org/>



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www.FremontBotanicals.com

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- Assist Editor-in-Chief

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tricityvoice@aol.com

Subject: Reporter/Editor Application

Red Cross urgently needs donors for national blood shortage

SUBMITTED BY
MARTIN GAGLIANO

The American Red Cross is experiencing a national blood shortage. Fewer donors than needed gave this summer, drawing down the national blood supply and reducing distributions of some of the most needed blood types to hospitals. Hurricane Idalia further strained the blood supply with blood drive cancellations and reduced blood and platelet donations in affected areas.

Donors of all blood types are urgently needed, and there is an emergency need for platelet donors and type O blood donors to make an appointment to give now to ensure patients across the country continue to receive critical medical care.

When Idalia slammed into the Southeast - leading to widespread power outages, travel hazards and flooding - the storm also forced the cancellation of over a dozen blood drives and caused hundreds of blood and platelet donations to go uncollected. This compounded a shortfall of about 30,000 donations in August. Right now, blood product distributions to hospitals are outpacing the number of blood donations coming in.

The Red Cross needs blood and platelet donors now. Schedule an appointment to give by downloading the Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

In thanks for helping rebuild the blood supply, all who come to give throughout September will receive a coupon for a free haircut by email, thanks to Sport Clips Haircuts. Details are available at RedCrossBlood.org/RaceToGive.

To donate blood visit:
www.redcrossblood.org/give.html#/find-drive

SAVE Evening of Empowerment

SUBMITTED BY **SAVE**

SAVE's (Safe Alternatives to Violent Environments) mission is to provide safety, support, and resources for people to live free from Intimate Partner Violence and engage communities in the work to end violence. From operating a 24/7 crisis line, to providing a shelter for survivor families, ongoing case management, and inspiring youth leaders, we have been providing services in the community for the last 47 years.

We will be holding our annual fundraiser "An Evening of Empowerment" on Sunday, October 1. Join us for an

unforgettable evening of live music, cocktail hour, 3-course dinner, and silent and live auctions. This year's exquisite venue, Casa Bella, is nestled in the heart of downtown Sunol. We look forward to a spectacular event in support of the services SAVE provides for the community.

An Evening of Empowerment
Sunday, Oct 1
4 p.m. - 8 p.m.
Casa Bella
11984 Main St., Sunol
SAVE contact: (510) 574-2250
<https://save-dv.org/event/2023gala/>
Individual ticket: \$125

Mission Tour

SUBMITTED BY **OLIVE HYDE ART GUILD**

On Thursday, September 21, Olive Hyde Art Guild (OHAG) is fortunate to have a tour and explanation of the art in the Mission San Jose Church. Even though it looks like it was built in the late 1700s, it is less than 50 years old. At that time, the rectory was moved south on Mission Boulevard to Anza so the church could be reconstructed on its original site.

The tour will answer several questions.

- What on the inside is from the original church?
- How was it made to look original?
- How was the church built originally, and what was saved or recreated in the new one?

The inside of the church is also artistically interesting. Some art is very old, and some is new. Jurek Zarzycki, one of our OHAG members and also a Mission docent, will interpret and educate us as we tour through the church.

There is a \$10 suggested donation for this event. RSVP to reserve your spot!
<https://olivehydeartguild.org/news-events/upcoming-programs/>

Tour of Mission San Jose Church
Thursday, Sept 21

Lunch at Mission Coffee: 12:30 p.m.
Mission Coffee Roasting Company
151 Washington Blvd., Fremont

Mission Church Tour: 2 p.m.
Old Mission San Jose
43300 Mission Blvd., Fremont
Location: Enter through the museum

(510) 791-4357
<https://olivehydeartguild.org/>
\$10 suggested donation

Take advantage of Mutt Strut Early Bird pricing!

SUBMITTED BY
NEW HAVEN SCHOOLS FOUNDATION

Calling all pet lovers and furry friends! Get ready to showcase your style while contributing to a worthy cause at the upcoming New Haven Schools Foundation (NHSF) "Mutt Strut" event. Taking place on the scenic grounds of the historic Masonic Homes, nestled in the picturesque Union City foothills along Mission Boulevard, this event promises a day of excitement, camaraderie, and canine charm.

Mark your calendars for Saturday, October 7, and secure your tickets now to enjoy Early Bird Pricing until September 23.

Registration starts at 8 a.m., and attendees can enjoy coffee and breakfast burritos before the strut officially kicks off and dogs with their humans make the trek up to the Masonic Homes campus. Back at the park at the bottom of the hill, festivities continue with a pet kissing booth, community booths, pet trick contest, and pet costume contest.

All proceeds from this fun event will directly support foundation programs that supplement activities and educational programs for students and teachers in the New Haven Unified School District.

Mutt Strut
Saturday, Oct 7
8 a.m. - 12 noon



Masonic Homes
34400 Mission Blvd., Union City
(510) 909-9263
www.NHSFoundation.org
\$25 for individuals and one dog - \$45 family package
(Prices go up \$10 on September 23)

Wellness at Work

By ANNE CHAN, PhD, MFT

The American Psychological Association (APA) recently conducted a survey of over 2,500 employees across America. Here are some highlights from the findings of this extensive survey. First, the good news. More than three-quarters of the participants reported that their work was meaningful and valued. Given that most of us spend a substantial percentage of our time at work, it is heartening to know that most Americans find meaning in their work and feel valued for their contributions. More good news: a very high percentage of workers (over 85%) appear to be very or somewhat satisfied with their relationships with coworkers and supervisors.

Unfortunately, not all is rosy and cozy on the American work front. Despite the fact that many report feeling that their jobs are meaningful, just as many are suffering from stress at work. About three-quarters of those surveyed were affected by work stress in the last month. Even more troubling is the finding that almost 60% are experiencing symptoms consistent with burnout, such as lack of motivation, anger, and being exhausted emotionally. This could be due to a toxic work environment or being bullied at work, which 20% of the respondents reported suffering from.

Some experts have proclaimed the Great Resignation to be over—even so, a third of all the respondents in the APA survey intend to look for a new job in the new year. Those who reported that their employers do not provide mental health support are even more likely to look for greener pastures—almost 60% of this group say that they will look for a new job in the new year.

A troubling finding from this survey is that certain demographics reported feeling unsupported and a sense of not belonging. Younger workers, Blacks, Hispanics, and LGBTQ+ workers were more likely to report that they did not feel like they belonged or that they felt unsupported at work.

The findings from this study provide critical takeaways for senior leadership to consider in shaping workplaces. Here are my recommendations of actionable steps leaders and managers can take to retain valued employees:

Provide mental health support

Employees value psychological wellness at work. A whopping 92% of those surveyed reported that it is important that their companies value and provide support for psychological wellness and mental health.

Unfortunately, less than half of the respondents said that their employers offer mental health insurance benefits.

Support a healthy work/life balance

Psychological wellness also includes a healthy work life balance and time off from work. Employees are clear about the importance of having their off-time respected. Ninety-five percent of survey participants stated the importance of companies respecting their off time. Unfortunately, a significant percentage reported that their bosses do not respect their personal time.

Allow for flexibility at work

Flexibility at work was another attribute highly valued by participants. However, only a small percentage of the respondents enjoyed days without meetings (21%), a four-day week (17%), or mental health days (15%). By offering flexible work options, employers would be creating healthier workplaces where employees would be more motivated to work and be loyal to the company.

Create a healthy workplace with attention to DEIA (diversity, equity, inclusion, and accessibility) concerns

Marginalized groups reported that they felt unsupported and a sense of not belonging at work. These feelings can lead to unhappiness and burnout, which translates to reduced productivity and higher turnover for the company. Having a DEIA-friendly workplace can increase the health and wellbeing of the workplace for everyone, not just those with DEIA concerns. This would actually help the company bottom line.

There is much that employers can do to create healthy, happier workplaces that protect the mental wellbeing of workers. A healthy work environment doesn't just benefit employees. Indeed, happy employees tend to be loyal employees who are productive, motivated, and are more likely to stay long-term with a company. I hope that the findings from this survey will inspire senior leadership to take action on improving mental wellness for their employees.

Anne Chan is a career consultant and licensed psychotherapist in California. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com

LETTER TO THE EDITOR

Invitation Niles Canyon Stroll and Roll

Mission Peak Conservancy is thrilled to announce that Niles Canyon will host another car-free day for bicyclists and hikers on September 23, 2023. Launched in 2015, the six-mile Stroll and Roll has become the most popular fitness event in southern Alameda County, often drawing over 10,000 participants.

As a champion for green transportation and a vision for a healthier future, the late Supervisor Richard Valle sponsored this fitness festival and ciclovia, which is designed to promote the construction of a bike and walking trail through Niles Canyon. This trail is a top priority for our community because of the unsafe conditions on Niles Canyon Road, where pedestrians have been banned due to narrow bridges and unsafe shoulders, making it dangerous for bicyclists.

The new Niles Canyon Trail will not only provide a safer mode

of transportation, but it also promises to succeed the beloved, locally-famous "secret sidewalk," an abandoned aqueduct from Sunol to Fremont that dated back to the late 1800s. The canyon also holds picturesque green hillsides and historic shooting locations for Charlie Chaplin silent films, making it a perfect destination for families and outdoor enthusiasts.

Moreover, the Niles Canyon Trail will connect to a future two-mile greenway trail along the UPRR rail line, providing an opportunity for people to walk and bike from the mouth of the canyon near Vallejo Mill to Central Park. The city of Fremont began planning to remediate the abandoned rail line for walking and biking as long ago as 2009. Additionally, within two years, the East Bay Regional Park District expects to complete another seven-mile trail that starts from Niles Canyon northward to

Garin Regional Park through the hills of Union City.

The mouth of Niles Canyon near Alameda Creek is set to become a crossroads for healthful transportation and recreation. And as we come together for this grand festival in September, we honor the legacy of the late Supervisor Valle, who envisioned this trail bringing people closer to the natural beauty of our region and connecting the Tri-Cities to the Tri-Valley.

We invite everyone, old and young alike, to join us for a day of healthy outdoor activity and to be a part of Supervisor Valle's exciting vision for a greener and healthier future. We will have a table at the event, so stop by and say hi.

William Yragui

Mission Peak Conservancy
Fremont

continued from page 1

Coastal Cleanup 2023

Don Edwards
San Francisco Bay
Wildlife Refuge

Use Google maps to navigate to 1 Marshlands Road, and follow the signage to find

parking. Arrive at 8:50 a.m. to allow time for check in. Water refill station and portable restrooms will be available on site. Register on Eventbrite.

<https://www.fws.gov/event/california-coastal-clean>

Fremont

Fremont is organizing cleanups at seven sites, including at Tule Ponds and Central Park near Aqua Adventure. Register at the City of Fremont website.

<https://www.fremont.gov/government/departments/environmental-services/events/coastal-cleanup-day>

Hayward Shoreline

Join Hayward Shoreline Cleanup at 3050 West Winton Avenue. Register on the East Bay Regional Parks website at <https://www.ebparks.org/get-involved/volunteer/coastal-cleanup>; walkups are also welcome. Bring water, gloves, and sun protection.

Milpitas

City of Milpitas will be holding a cleanup at Los Coches Creek at 94 Dempsey Road. Volunteers should bring water; cleanup supplies will be provided. Please sign the waiver at <https://cleanacreek.org/volunteer-info-2/>. Register on Eventbrite or follow the link at <https://cleanacreek.org/upcoming-events/>.



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PG&E Corporation Foundation funding 60 scholarships

SUBMITTED BY
PG&E COMMUNICATIONS
OFFICE

PG&E Corporation Foundation announced that 60 students - 20 more than last year - from hometowns across Pacific Gas and Electric Company's (PG&E) service area will receive scholarships from the 2023 Better Together STEM Scholarship Program. Among the awardees are 22 from the Bay Area region.

The PG&E Corporation Foundation (PG&E Foundation) funds the scholarships that totaled \$350,000 this year, an increase of \$100,000 from 2022. The PG&E Foundation is sponsoring 20 scholarships of \$10,000, 20 scholarships of \$5,000, and 20 scholarships of \$2,500 each. The \$5,000 scholarships are new this year.

The scholarships are given to students pursuing a degree in the Science, Technology, Engineering and Math (STEM) disciplines. STEM education fosters ingenuity, creativity, and experimentation, leading to new ideas, innovations, and technological advancements that can have global impact.

This year's scholars include Fulati Aizilhaer of Walnut Creek, who is attending University of California, Los Angeles and majoring in computer science.

"Winning the PG&E STEM Scholarship is more than an honor - it's a radiant opportunity illuminating my journey towards

knowledge and innovation. With each reward, like this scholarship, I'm reminded that my persistent efforts are bearing fruit. This recognition fuels my motivation to continue giving my best, and as an immigrant, it's a powerful reminder that hard work knows no boundaries," said Aizilhaer.

Scholarships are awarded based on academic achievement, demonstrated participation and leadership in school and community activities, and financial need. You can see the full list of this year's scholarship recipients and watch a video of a prior scholar Miriam Brody from Woodside here: www.youtube.com/watch?v=vZSCZ61NayA.

"We are thrilled to support 22 hometown students right here in the Bay Area as they chase their dreams in STEM fields. Congratulations to these outstanding young scholars who are shaping the future of STEM!" said Aaron Johnson, PG&E's Bay Area Regional Vice President.

In addition to the Better Together STEM Scholarship Program, PG&E's 11 employee resource groups (ERGs) and two engineering networking groups (ENGs) award scholarships to help offset the cost of higher education. The funds are raised entirely through employee donations, employee fundraising events and PG&E's employee giving program, the Campaign for the Community. Since 1989, nearly \$6 million ERG scholarships have been received by thousands of recipients.

Lantern Festival

SUBMITTED BY
MILPITAS RECREATION AND
COMMUNITY SERVICES

Celebrate the 2nd annual "Lantern Festival" this fall at Civic Center Plaza in Milpitas.

The event will take place on September 29, the night of the full harvest moon. Activities will include cultural dancing by Viet Youth Entertainment and VietSteps, live music by The Tran Band, DJ, and kids' crafts. Lantern kits, suitable for

hanging in the plaza, will be available for purchase. A food truck will also be on site.

Lantern Festival
Friday, Sept 29
6 p.m. - 9 p.m.
Civic Center Plaza

457 E. Calaveras Blvd., Milpitas
(408) 586-3210
www.milpitas.gov



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FREMONT FRIENDS OF THE LIBRARY BOOK SALE

Fremont Main Library, in the Fukaya Room
2400 Stevenson Blvd., Fremont, CA 94538

September 22, 23, & 24, 2023

- Friday, September 22: 2 pm - 6 pm
- Saturday, September 23: 10 am - 3 pm

Most books priced at \$1/inch, some specially priced.
Children's material individually priced.
CDs: from 25 cents, DVDs: from \$1.
New materials may be added after opening.

- Sunday, September 24: 12 pm - 3 pm

Clearance Sunday:
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We will provide the bags.
Books & magazines only in bags.
CDs & DVDs are 50% off marked price.

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Kid Scoop Together

What's the difference between sweat and tears?

Your body makes liquids. Some of those liquids are tears.



Some are sweat.



While they are both wet, they do different things.

Tears keep your eyes from drying out. They can also help you feel better.

Sweat comes out of your skin to keep you cool on a hot day. Sweat also cools you down when you exercise.

About how many tears do our eyes produce each day?



We produce about 5-10 ounces of tears every day.

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kidscoop.com/activity-pages/

Kid Scoop VOCABULARY BUILDERS

This week's word: EMOTION

The noun **emotion** means a strong feeling such as joy, sorrow, or fear.

I feel a deep **emotion** whenever I see a kitten.

Try to use the word **emotion** in a sentence today when talking with your friends and family members.

Why do I cry?



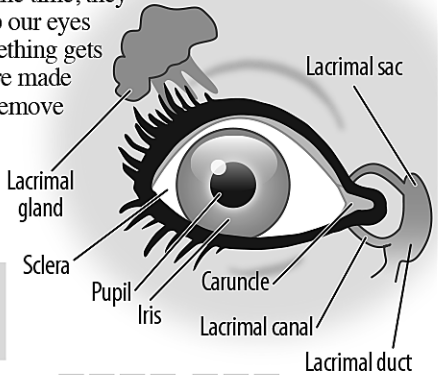
Everyone Cries Sometimes

Crying is natural! Sometimes crying gets the sadness out, and after a good cry, we feel better. There is a good reason for this. Tears contain some special ingredients that make you feel better.



Why do tears come out of my eyes?

Your eyes always have tears. There are special glands near your eyes that make tears. Most of the time, they make just enough to keep our eyes clean and healthy. If something gets in your eye, more tears are made that rinse your eyes and remove what shouldn't be there.



What's in tears? Use the code!

1 = A 4 = L 7 = S
2 = E 5 = O 8 = T
3 = I 6 = R 9 = W

Mostly 9 1 8 2 6 A little 7 1 4 8 5 3 4, and something that kills germs. When you blink, your eyelids spread the tears around your eyeballs.

The 5 3 4 helps keep the 9 1 8 2 6 close to your eyes.

Happy Tears

When people have a lot of happy feelings inside, that can bring out the tears, too.

Circle the things that sometimes make you cry happy tears.



Seeing a family member who lives far away



A happy ending in a movie or book



Laughing with your friends



Winning an award

Brain to Glands!

A part of your brain turns the "tear faucet" off and on. This happens when you feel strong emotions—happy and sad.

Your eye glands can produce more than half a cup of tears in minutes. This is too much for the eye glands to hold, so the overflow tears fall out of your eyes. Sometimes, overflowing tears go down your nose. That's why when you cry, your nose might run.

Circle every other letter to discover what the glands that make the tears that flow to your eyes are called.

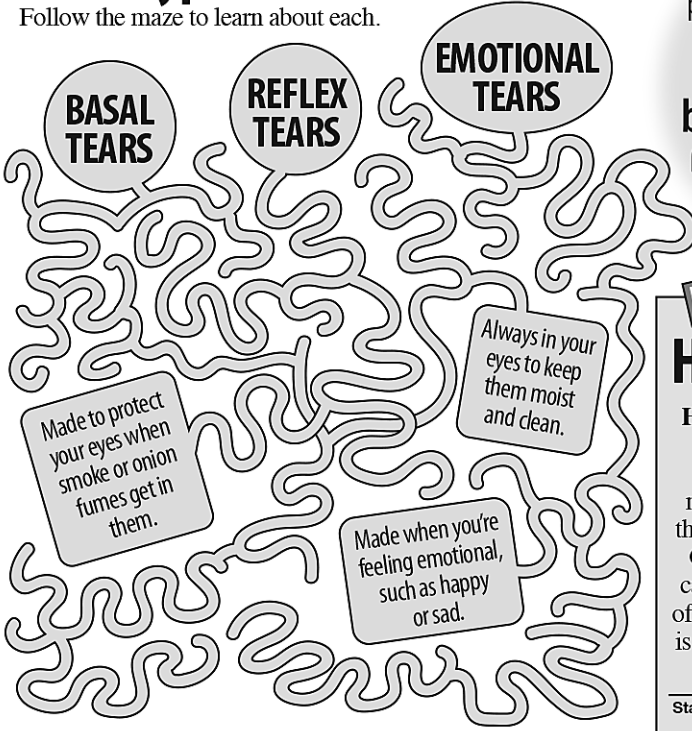
B O V A N C T R W I K M P A
J L S G U L M A Z N Y D T S

L

Standards Link: Life Science: Understand that humans have structures that aid in survival.

Three Types of Tears

Follow the maze to learn about each.



BASAL TEARS

REFLEX TEARS

EMOTIONAL TEARS

Made to protect your eyes when smoke or onion fumes get in them.

Always in your eyes to keep them moist and clean.

Made when you're feeling emotional, such as happy or sad.

How big is the gland that produces tears? Hold this page up to a mirror to discover the answer!

Happy/Sad

Happy and **sad** mean opposite things. Look through the newspaper for words that mean the opposite. Glue the words onto cards and play a game of fish where a "match" is two words that mean the opposite.

Standards Link: Language Arts: Identify antonyms.

Kid Scoop Puzzler

SCIENTISTS CLOSER SUPPER

Replace the missing words!



Crocodile Tears

Long ago, a told a story about crocodiles crying to get people to come. When they did, **SNAP!** time!

People started saying certain kinds of crying are "crocodile tears." It means a person is just pretending to be to get something.

Strangely, have noticed that sometimes crocodiles DO indeed cry when they, but not for emotional reasons.

Standards Link: Language Arts: Understand the origin of idioms.

Double Double Word Search

AWARD
BLINK
BRAIN
CLEAN
CRY
EYES
FEEL
GERMS
GLANDS
HAPPY
NOSE
PUPIL
SAD
TEARS
WINNING

Find the words in the puzzle. How many of them can you find on this page?

N B T S C Z E S O N
I S G H A P P Y G J
A D N U W D R T E B
R N I P A C L C R S
B A N I R U L W M R
F L N G D E I N S A
E G I V A R P Q W E
E C W N L S U I T T
L J P S K O P L N E

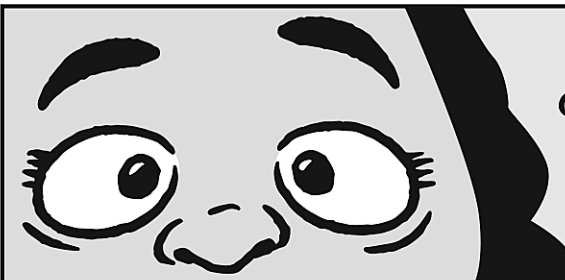
Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Cause and Effect

Often, a newspaper headline reports on what has happened. This can be called an **effect**. Something **caused** the effect to happen. Read a newspaper article and underline the **effect**. Circle the **cause**.

Standards Link: Language Arts: Differentiate between cause/effect.



What did one eye say to the other?

ANSWER: "Between us, something smells!"

Write On!

Is it okay to cry?

What is your opinion? Write about it!

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Closure of State Route 84 between Old Canyon Road and Sunol Main Street, September 23

SUBMITTED BY

KATHY KIMBERLIN

NB I-680

Off-Ramp to EB Rte 84

Traffic from Sunol and Pleasanton Sunol Rd

Via: EB Rte 84
(Niles Canyon Rd)
On-Ramp to SB I-680
SB I-680
Off-Ramp to NB Rte 238
(Mission Blvd)
NB Rte 238
WB Rte 84

Traffic from SB Rte 680 and WB Rte 84

Via: Continue SB I-680
Off-Ramp to NB Rte 238
(Mission Blvd)
NB Rte 238

Traffic from Palomares Road

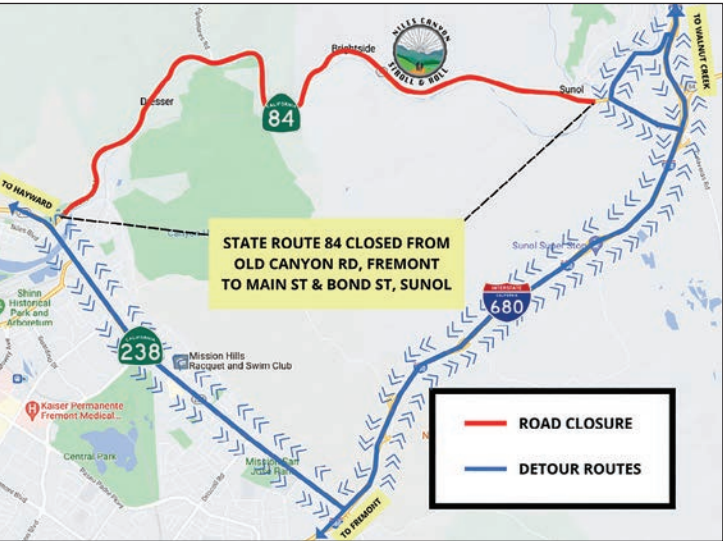
To Fremont: Use I-580 EB to SB I-680
To Tri-Valley: Use I-580 EB
To Hayward/Union City: Use I-580 WB to SB Rte 238
(Foothill/Mission Blvd)

Please drive with caution.
Slow for the Cone Zone and Be Work Zone Alert.

For real-time traffic, view the Caltrans QuickMap at <http://quickmap.dot.ca.gov/>.

Detours:

Traffic from SB Rte 238 (Mission Blvd)
Via: Continue SB Rte 238
On-Ramp to NB I-680





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Saturday, September 30, 2023 | 8:00 AM to 12:00 PM

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www.hersbreastcancerfoundation.org | (510) 790-1911

HERS Breast Cancer Foundation is a 501(c)3 nonprofit organization, Federal Tax ID #94-3309906.

Pacific Commons hosts The Cheeseballs in final summer concert

SUBMITTED BY PACIFIC COMMONS

Pacific Commons, a regional lifestyle center in Fremont, invites the community to the final concert in its summer series. The concert, performed by talented local funk, soul and R&B band The Cheeseballs, will be held on Friday, September 22,

from 7 p.m. to 9 p.m. in the Block Plaza near Koja Kitchen.

This concert is free and open to the public; no pre-registration is required. For more information, visit <https://pacificcommons.com/events-and-promotions>.

Pacific Commons Final Concert

Friday, Sept 22

7 p.m. – 9 p.m.

Pacific Commons

Concert Held in The Block Plaza near Koja Kitchen

43440 Boscell Rd., Fremont

www.pacificcommons.com



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Eleven (or Twelve) People



BY STEPHANIE GERTSCH

The photography exhibit “Eleven People” by portrait photographer Paul Mueller is currently on display at the Smith Center at Ohlone College. On Monday, September 11, Mueller gave a talk to students and answered questions about the exhibit.

One question was surprisingly obvious: Why does the exhibit “Eleven People” have 12 portraits? The answer is not too deep. When Mueller was planning how many prints would fit on each wall, he thought the longest wall would be able to fit five portraits. He later found the original plan had too much white space, and added a sixth. It was a mistake, but a funny one, so he kept the original name “Eleven People.” Mueller remarked, “Hey, how many artists in the room are perfect?”

Mueller describes his portrait taking as “compulsive experiences”—following opportunities where they appear. Some of his portraits are of acquaintances, while for others he approached strangers and respectfully asked whether they would be interested in posing. It can be a bit anxiety-inducing asking stranger to be the subject for a portrait, but Mueller is respectful of their time and gets right to the point. He says, “People can sense that it’s a sincere request. And they usually say yes.”

The portraits are taken in a variety of places, with some taken last year when Mueller was attending a workshop in London while on sabbatical. Through people recommending him to their friends, he was able to work with people in their homes. “In this way I got to go to people’s homes and meet people and see parts of London I normally wouldn’t be able to see.”

For this exhibit, Mueller chose portraits where he was about the same distance from the subject (showing approximately the top half of the person). He explains the effect: “What you see in this room is a relentless monotony of distance. All these people are staring at you from the same spot.”

It can definitely feel a bit intense to be in this small room, with subjects staring back at you in larger-than-life size. While it might be easier to walk by generic smiling faces, the variety of expressions, some serious, prompt more thought. Mueller says, “We’re all used to ‘smile for the camera,’ that kind of thing. I feel like that doesn’t always convey who we are. So I don’t tell them ‘Don’t smile,’ I say, ‘I



want to photograph you being you. You don’t have to put on a special expression for me.”

Eleven People
Mondays – Thursdays, through Oct 12
10 a.m. – 2 p.m.
Louie Meager Art Gallery,

Ohlone College
43600 Mission Blvd., Fremont
www.ohlone.edu/art-gallery
www.paulography.com

Home & Garden

Baked Pasta: Comfort in a Casserole Dish

By JOHN SCHINKEL

Easily catered to dietary preferences, baked pastas are delicious and easy to prepare! Often laden with sauce and cheese, the extra step of baking adds a whole new level of flavor and texture to pasta dishes.

Similar to casseroles, baked pastas are often the feature of care packages to friends and family who are going through difficult times, as they can so easily be made ahead and popped into the oven. Some recipes even allow for these pastas to be frozen for weeks in advance for meal prep.

I think it’s safe to say the most well-known noodle used in baked pasta is the Lasagne, those amazing long noodles layered with sauce, and cheese. Another common noodle used to make baked pasta is rigatoni, tubes of pasta with ridges, which work well due to their size and shape.

A common mishap is ending up with a dry baked pasta. It is important to note that noodles are basically sponges, and will keep absorbing whatever liquid you expose them to. To avoid a dry final product, make sure your cooked noodles are cold when assembling in your baking dish. To do this, run noodles under cold water following boiling, and toss them in just a little bit of olive oil.

Another common error is burning the cheese on top. To prevent this, cover your baking dish with foil, tented over to avoid direct contact, and only remove for the final 5-10 minutes. This allows cheese to melt beautifully, but not caramelize too quickly.

My personal favorite baked pasta is Stuffed Manicotti: a large tubular noodle stuffed with a mozzarella and ricotta mixture, baked in a savory red sauce and topped with cheese. It can be a bit of a mess, and a little tricky at first, but most will agree: It’s pretty delicious! While almost every manicotti recipe out there can be made easier in the form of a lasagne, when time allows, it is a labor of love that will leave your family and/or guests satisfied.

Baked Sausage and Beef Manicotti

Recipe developed from SavingDessert.com

Level: Intermediate

Serves: 4-6

Ingredients

For the sauce:

- 1-pound mild Italian sausage
- 1-pound lean ground beef
- 2 teaspoons extra virgin olive oil
- ¼ teaspoon salt



- 6 cloves garlic minced
- ½ cup red wine
- 3 cups marinara sauce
- Pasta and filling:**
- 8 ounces manicotti pasta shells (12 to 14 shells)
- 2 cups part-skim ricotta cheese
- 2 large eggs lightly beaten
- 2 tablespoons fresh parsley leaves chopped
- 5 ounces fresh baby spinach leaves
- ½ teaspoon salt
- ½ teaspoon fresh ground black pepper
- 2 cups shredded mozzarella cheese, divided

Instructions

- Preheat oven to 400°F
- Sauce:** Brown sausage and beef in a large skillet over medium-high heat. Remove the sausage and any liquid from the skillet, drain, and set aside. In the same skillet, add olive oil and sauté garlic for no

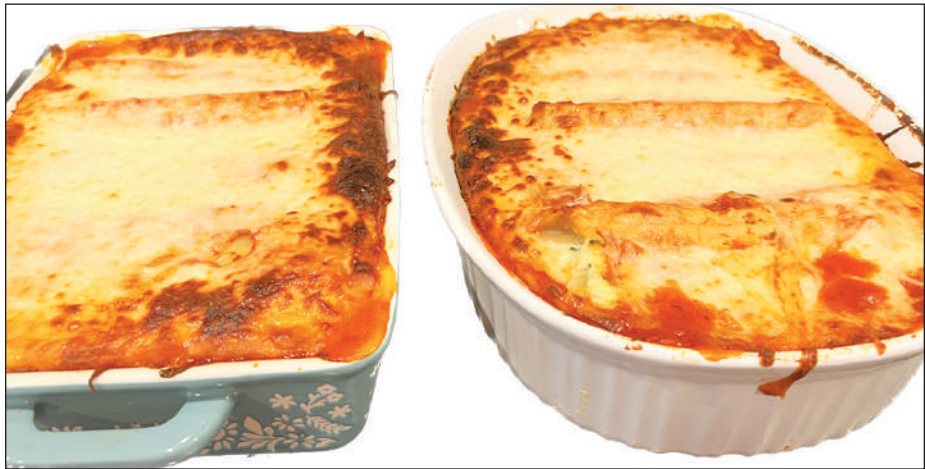
more than one minute. Add the wine, and deglaze the pan. Add your marinara sauce and cooked meats, stirring to combine. Once simmering, remove from heat and set aside.

Manicotti noodles:

Bring a large pot of water to a boil over high heat. Cook manicotti until al dente and still holding its shape. Spread 3 cups of the meat sauce in the prepared pan. In a medium bowl mix together the ricotta, eggs, parsley, salt, spinach, pepper and half

the mozzarella cheese. Spoon or pipe the ricotta mixture into the cooked manicotti shells. Place stuffed manicotti in two tight rows or a single layer on top of the sauce in the prepared pan. Repeat until all pasta is filled. Top with remaining sauce and cup of mozzarella cheese.

Cover with foil and bake until the casserole is hot and bubbling, about 30 minutes. Bake uncovered for an additional 5-10 minutes for the cheese to get golden brown. Allow 15 minutes to rest, then serve.



John Schinkel is a lifelong Fremont resident who completed his culinary education at Laney College in Oakland. He specializes in, and has a passion for French, Italian, and modern American cuisines. Professionally, he works in nonprofit development. His spare time is spent as President of the Rotary Club of Mission San Jose, Fremont Elks Lodge 2121, and the Washington Hospital Healthcare Foundation. John resides in Niles with his fiancé, Marty. Questions, comments? Johnarthurculinary@gmail.com

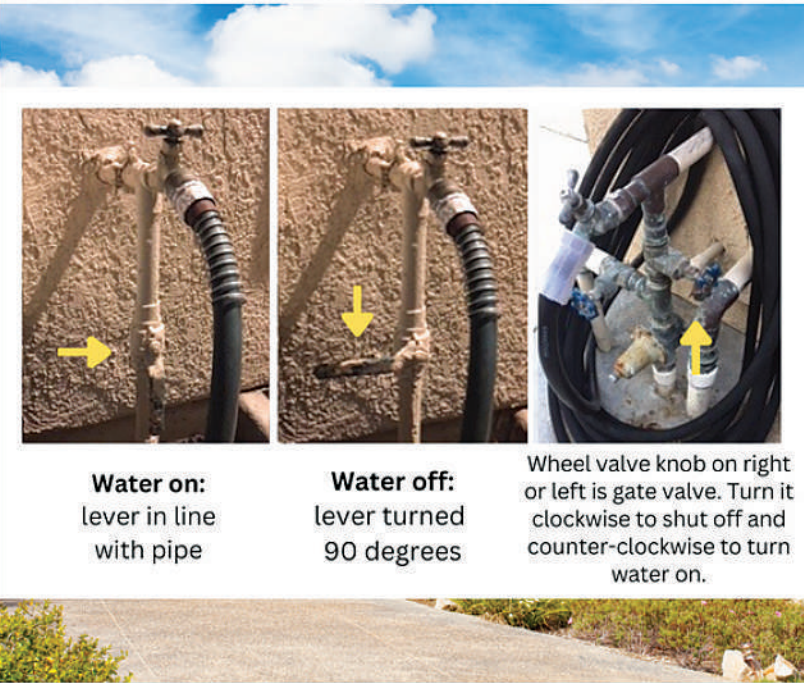
THE ACWD CONNECTION

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Customers may need to turn off their house valves during an emergency or for a customer-side repair. Learn the location of your house valve and how it operates to control water flow inside the home.

- The house valve is typically located near the hose bib in the front of the home.
- Turn it on and off routinely to exercise the valve, helping to prevent corrosion and ensure it is functioning correctly.
- If the water in your home will not turn on, you should first turn on your hose bib and check for water flow, then check your house valve to ensure it is in the on position.
- It is the responsibility of the homeowner to operate and maintain the house valve, including repairing leaks or replacement.
- ACWD maintains the water meter; however, the water service lateral from the meter to the home is the homeowners’ responsibility.

To shut off the water at the meter to your home and irrigation, call our 24-hour emergency line, 510.668.6500.



Water on:
lever in line
with pipe

Water off:
lever turned
90 degrees

Wheel valve knob on right
or left is gate valve. Turn it
clockwise to shut off and
counter-clockwise to turn
water on.

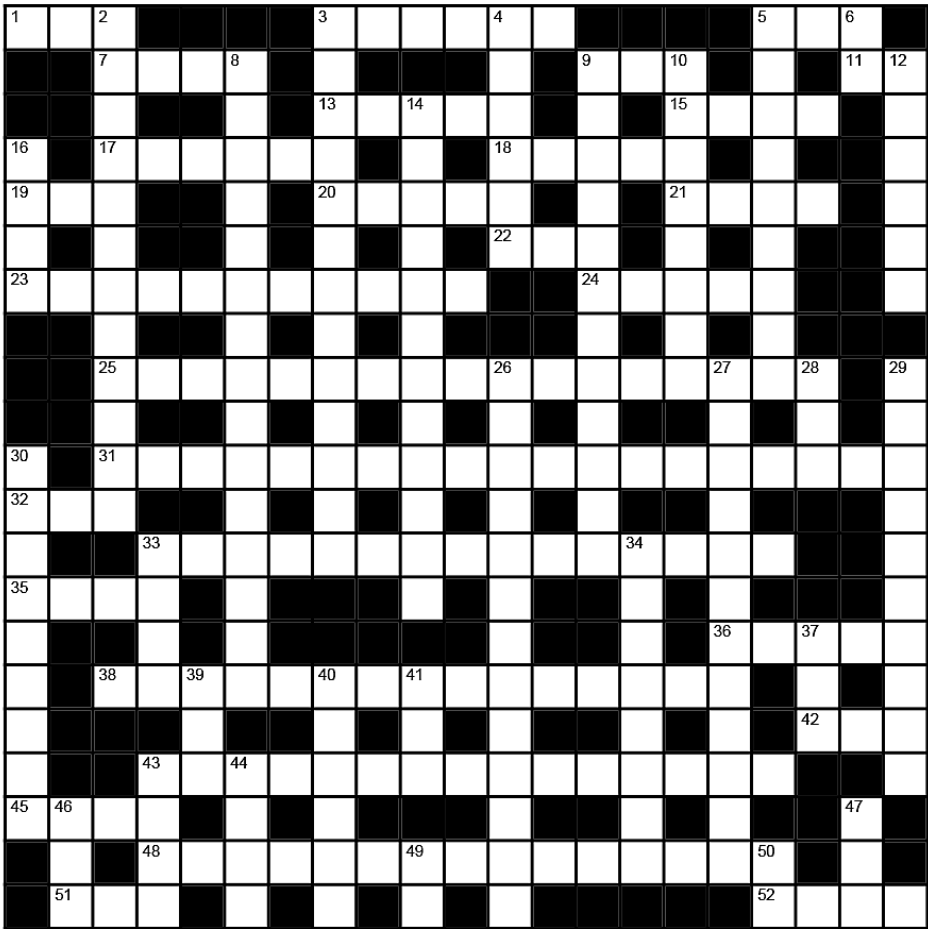


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Mind Twisters

Crossword Puzzle



- Across

1

"Gimme another, dealer" (3)

3

Protect, in a way (6)

5

"Uhh..." (3)

7

"All that and ___ of chips" (1,3)

9

Bit (3)

11

Dorothy's aunt (2-)

13

Above and beyond (2,3)

15

"Here comes trouble!" (4)

17

'69 Ford with hot Talladega variant (6)

18

"Let's Make ___" (1,4)

19

Agcy. involved in the Human Genome Project (3)

20

"Christina's World" artist Andrew (5)

21

Many memes (4)

22

12th graders: Abbr. (3)

23

Nations mentioned in Genesis (3,3,5)

24

Hungarian language group (5)

25

Litmus test (4-4,9)

31

Wedge shot from a worn-out practice range platform?

(1,4,3,3,3,5)

32

Order between "ready" and "fire" (3)

33

One spreading dirt (6,9)

35

Eagle: Prefix (4)

36

Cliff Huxtable on "The Cosby Show," e.g. (2-3)

38

Showy-flowered shrub (7,8)

42

"Sprechen ___ Deutsch?" (3)

43

Completely (4,3,6,2)

45

Egyptian abode of dead (4)

48

Director's place (6-3-6)

51

Debtor's note (3)

52

Harem rooms (4)
- Down

2

"Appalachian Spring" choreographer (6,6)

3

Pasta choice (5,8)

4

Bernhardt et al. (6)

5

By virtue of position (2,7)

6

Pronoun (2)

8

Got in (6,9)

9

Parade attire, perhaps (5,7)

10

Balkan nation (8)

12

Human (6)

14

Chow down (4,4,4)

16

Cuddle and kiss, in Hyde Park (4)

26

Anything goes (2-5-6)

27

Hot stuff (7,5)

28

Type of post office: Abbr. (3)

29

Writer, slangily (10)

30

City on the Ebro (9)

33

Artist van ___ (4)

34

Birth (8)

37

Classic sports cars (3)

39

Super or inter ending (0-3)

40

Protests (6)

41

Charlemagne's realm: Abbr. (3)

43

Clothing company founded in Queens (4)

44

Dept. of Labor arm (4)

46

"Miss Murder" rockers (3)

47

Cage sport, for short (3)

49

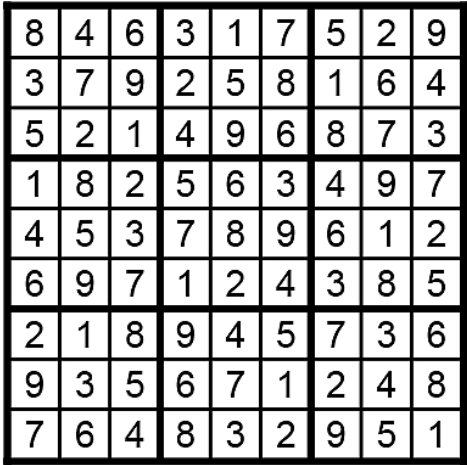
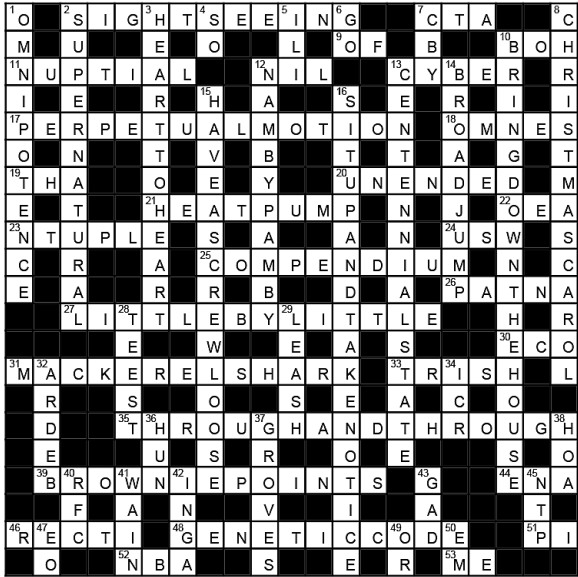
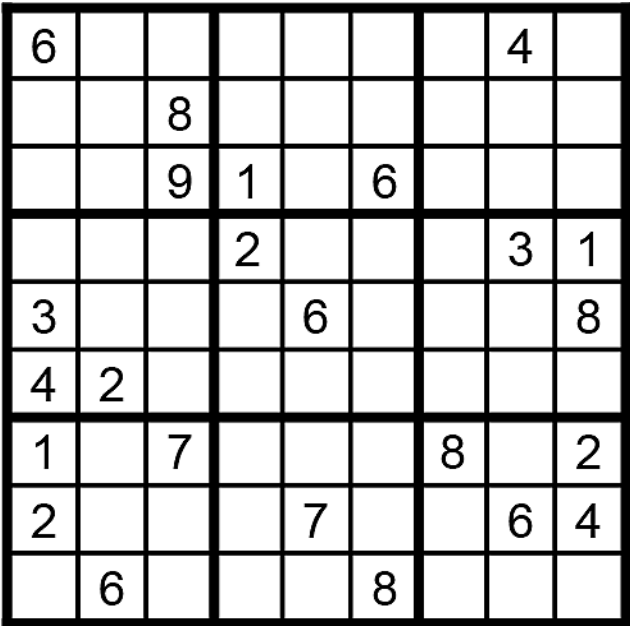
Initials of the Rough Rider (2)

50

Therefore (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: SEPTEMBER 19, 2023

All Signs: Mercury retrograde is technically over, but its shadow continues until the end of the month. This particular Mercury retrograde got me. Among other goofs, last week I referred to September's New Moon as a Solar eclipse, when in fact, it's October's New Moon that is a Solar eclipse. Many well-meaning readers were quick to point out this mistake. Yes, I was chagrined, but I was also encouraged to know people are reading me.

Aries the Ram (March 21-April 20):

An element of confusion and discouragement is present this week, which means you have to tread carefully. Someone might try to trick you. Nevertheless, powerful forces are at work that will allow you to improve your health, and be productive at work. This week the Sun moves opposite your sign, to stay for four weeks, which happens once a year, six months after your birthday. You might encounter opposition, especially from authority figures. Some issues are reaching a culmination. Respect your need for more sleep in the next few weeks.

Taurus the Bull (April 21-May 20):

Romance might confuse and disappoint this week. Parents should protect their kids against accidents with chemicals or food poisoning. Artists and sports types might make improvements. Meanwhile, the Sun changes signs this week, ushering in a four-week window where you will work hard. You want to be as efficient as possible, which is why you will discover the best way of doing things. Meanwhile, service to family, or working on behalf of someone else's needs will come into play, but you can handle this because Mars will boost your energy as well.

Gemini the Twins (May 21-June 20):

Something to do with home and family is confusing for you. Make sure that others are being truthful because family discussions, especially about home repairs, might trigger deception. Nevertheless, you can

make improvements at home, especially to plumbing, bathrooms, recycling, and garbage areas. This week the Sun moves into one of the most playful, fun parts of your chart to stay for four weeks—something that happens once a year. This means the month ahead is a fabulous time for a vacation. Even a mini weekend getaway will be rewarding!

Cancer the Crab (June 21-July 21):

Be clear because confusion and deception are likely this week. You will also daydream and fantasize more than usual. Nevertheless, you'll be persuasive about something that matters. This week the Sun will move to the bottom of your chart where it will stay for four weeks, highlighting your personal world and interactions with family, especially a parent. If possible, take time for yourself to focus on your inner world. Memories of the past will bubble to the surface. Something might challenge you. Don't waste time on anger. Instead, appreciate what you have.

Leo the Lion (July 22-August 22):

There's an element of confusion or deception with financial matters this week. Be careful in financial negotiations, especially about salaries. Likewise, be careful about spending money. Make sure someone doesn't deceive you. Nevertheless, you can use your money and resources to make improvements in your life. This week the Sun changes signs, ushering in a busy four-week window! Expect to take short trips. Your month ahead will be great for socializing and integrating your energy with neighbors and groups.

Virgo the Virgin (August 23-September 22):

The last few days of the Sun in your sign have arrived, bringing confusion with partners and close friends. Perhaps unexpressed expectations have led to disappointment? It's easy to think that loved ones should "know" what we want. Nonetheless, others can't read your mind. You can improve your health and wellbeing now. Later this week, the Sun changes signs and moves into your Money House, which means you will give more attention to money, earnings and cash flow in the next four weeks. You will also re-examine your relationship to your belongings.

Libra the Scales (September 23-October 22):

Earlier this week, you might feel discouraged and doubt yourself. Don't do this. Actually, this week the Sun will move into your sign for the next four weeks, giving you a chance to recharge your batteries for the rest of the year! You will move from feeling indecisive into an upbeat and proactive mindset. You might find yourself reaching out to others more because you want to be heard and seen. This is because when the Sun is in your sign, you have a strong need to express yourself!

Scorpio the Scorpion (October 23-November 21):

Issues with friends, perhaps younger people, might be dicey this week. You might feel let down or betrayed. You might also work hard to improve a group, and in doing so, take control. (Relations with authorities are excellent right now.) However, later in the week, the Sun changes signs and moves into a hidden part of your chart. This

means that you will go dark for the next four weeks. Your energy is percolating as it waits for the Sun to enter your sign on Monday, October 23. Then you will enter center stage empowered!

Sagittarius the Archer (November 22-December 21):

For the last four weeks, the Sun has been at the top of your chart, casting you in a flattering spotlight. It's been an empowering time for you. Just before it leaves, you might feel disappointed in someone or confused by their expectations. You might make decisions about cleaning up your act and changing your life direction. Quite likely, this will be a bit halfhearted. This week the Sun moves into your House of Friendships to stay for four weeks, boosting your interaction with others, especially friends, groups, and organizations.

Capricorn the Goat (December 22-January 19):

This week you might feel betrayed or disappointed by issues related to politics and religion. Be careful about proselytizing because you might change your tune. The good news is that the Sun will move to the top of your chart this week, which is the only time all year this happens. It will stay there for four weeks, shining down on you (symbolically speaking). This light is so flattering, bosses and VIPs will be impressed with you even if you don't do anything special. This is an opportunity for you to go after what you want.

Aquarius the Water Bearer (January 20-February 18):

In discussions about inheritances, shared property or

dealing with banks and mortgage issues, make sure you get your facts right. Deceit or carelessness could cost you money. This week the Sun moves into an exciting part of your chart to stay for four weeks. It will usher in increased opportunities to travel and explore your world. If you don't travel, then you will expand your world through further education or training. You love to learn. Venus opposite your sign promotes warm relations.

Pisces the Fish (February 19-March 20):

Don't waste time feeling disappointed with a partner or close friend this week. Ask yourself if your expectations were realistic. Did others really grasp what you wanted? Fortunately, relations with coworkers are supportive. This week the Sun shifts signs as it starts to rise higher in your chart. For the next four weeks, you might be involved in counselling or some activity that encourages self-scrutiny. You might even meet someone who will trigger major changes in your self-perception. You will also give more thought to wills, inheritances, debt and shared property.



By Georgia Nicols
www.georgianicols.com.

CASTRO VALLEY TOTAL SALES: 7						
Highest \$: 1,520,000		Median \$: 1,294,000				
Lowest \$: 825,000		Average \$: 1,187,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
18433 Milmar Blvd	94546	825,000	2	1044	1950	8/7/23
2338 Star Avenue	94546	925,000	3	1244	1948	8/8/23
20772 Woodside Way	94546	1,110,000	3	1571	1952	8/8/23
18327 Joseph Drive	94546	1,294,000	3	1730	1956	8/7/23
4323 Omega Avenue	94546	1,315,000	3	1596	1947	8/7/23
6510 Ridgewood Drive	94552	1,320,000	3	1404	1990	8/8/23
6701 Bellhurst Lane	94552	1,520,000	4	2139	1988	8/7/23

FREMONT TOTAL SALES: 9						
Highest \$: 2,000,000		Median \$: 1,258,000				
Lowest \$: 518,000		Average \$: 1,226,778				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
47111 Bennis Ter #52	94539	518,000	1	675	1987	8/8/23
38656 Aurora Ter #27	94536	725,000	2	1123	1980	8/8/23
33203 Lake Garrison St	94555	950,000	2	880	1969	8/7/23
3658 Capitol Ave #518a	94538	1,030,000	3	1433	2019	8/8/23
4748 La Mesa Court	94536	1,258,000	3	1148	1956	8/7/23
37336 Sequoia Road	94536	1,410,000	3	2047	2020	8/7/23
4952 Seneca Park Loop	94538	1,570,000	4	1809	1987	8/8/23
41717 Maywood Street	94538	1,580,000	3	1118	1959	8/8/23
20 Lima Terrace	94539	2,000,000	3	2175	1984	8/8/23

HAYWARD TOTAL SALES: 7						
Highest \$: 1,475,000		Median \$: 1,075,000				
Lowest \$: 715,000		Average \$: 1,048,571				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1277 McBride Lane	94544	715,000	3	1834	1954	8/8/23
22882 Upland Way	94541	800,000	3	1074	1949	8/7/23
32371 Seneca Street	94544	875,000	3	1221	1951	8/7/23
20897 Locust Street	94541	1,075,000	6	2456	1957	8/7/23
358 Toscana Way	94545	1,150,000	4	2101	2009	8/8/23
1631 Wonderland Way	94545	1,250,000	4	2032	2021	8/7/23
3441 Augusta Court	94542	1,475,000	3	2133	1978	8/8/23

MILPITAS TOTAL SALES: 9						
Highest \$: 2,985,000		Median \$: 1,180,000				
Lowest \$: 819,500		Average \$: 1,460,611				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1365 Highland Court	95035	819,500	3	1155	1971	8/17/23
800 South Abel St #314	95035	912,000	3	1421	2007	8/15/23

248 Currlin Circle	95035	1,088,000	3	1503	2014	8/17/23
783 Parc Lane	95035	1,180,000	3	1530	2005	8/15/23
208 Currlin Circle	95035	1,180,000	3	1622	2014	8/15/23
278 Falcato Drive	95035	1,570,000	4	1910	1977	8/15/23
245 Silvera Street	95035	1,686,000	5	1918	1959	8/18/23
1635 Serpa Drive	95035	1,725,000	4	1976	1978	8/16/23
942 Westridge Drive	95035	2,985,000	4	3389	1989	8/14/23

NEWARK TOTAL SALES: 5						
Highest \$: 1,410,000		Median \$: 1,170,000				
Lowest \$: 668,000		Average \$: 1,152,600				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6395 Joaquin Murieta Ave #G	94560	668,000	2	1132	1981	8/7/23
6210 Central Avenue	94560	1,125,000	3	1417	1965	8/7/23
6358 Jarvis Avenue	94560	1,170,000	2	1392	1987	8/7/23
5784 Dichondra Place	94560	1,390,000	4	1468	1986	8/8/23
36071 Cedar Boulevard	94560	1,410,000	4	1360	1961	8/8/23

SAN LEANDRO TOTAL SALES: 7						
Highest \$: 1,030,000		Median \$: 825,000				
Lowest \$: 355,000		Average \$: 769,143				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
15956 East 14th St #301	94578	355,000	1	680	2008	8/8/23
16017 Liberty Street	94578	625,000	4	1902	1948	8/8/23
1365 Parker Street	94577	750,000	3	1466	1946	8/7/23
470 Joaquin Avenue	94577	825,000	2	1373	1915	8/7/23
881 Bancroft Avenue	94577	899,000	2	1375	1935	8/8/23
783 Portola Drive	94578	900,000	3	1136	1956	8/7/23
1141 Tulane Avenue	94579	1,030,000	3	1866	1951	8/8/23

SAN LORENZO TOTAL SALES: 2						
Highest \$: 925,000		Median \$: 882,500				
Lowest \$: 840,000		Average \$: 882,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
777 Grant Avenue	94580	840,000	3	1288	1944	8/8/23
16156 Via Owen	94580	925,000	3	1793	1955	8/8/23

Home Sales Report

continued from page 1

Walk and bike through Niles Canyon

SUBMITTED BY KATHY KIMBERLIN

Don't miss the opportunity to walk and bike Niles Canyon. The "Niles Canyon Stroll & Roll" is a biennial event where Highway 84/Niles Canyon Road is closed



By Roelle Balan

to vehicular traffic. This is an opportunity for people to walk and bike safely through the canyon with their friends and family.

Stroll & Roll was started in 2015 by the late Alameda County Supervisor Richard Valle and former Supervisor Scott Haggerty in an effort to promote an initiative to create a Class 1 Trail through the Niles Canyon. The current Supervisors David Haubert-D1 and Elisa Marquez-D2 carry on this tradition and look forward to seeing you at the event!

Here's some info for the day:

Event Schedule Saturday, September 23

7 a.m. - 8 a.m.: Open only to cyclists
8 a.m. - 2 p.m.: Open to cyclists and pedestrians

Advisory

- No pets allowed
- Total length of the route is 6.4 miles one way and 12.8 miles round trip

Estimated round trip travel time:

- Walking: 4.5 hours (round trip)
- Biking: 1.5 hours (round trip)
- There will be two rest stops within the canyon with portable restrooms, water, and chairs

Free Shuttle

- Free shuttles will be running back and forth from the Stroll & Roll Niles/Fremont staging area and stops at Fremont Bart Station and Quarry Lakes.
- Shuttles will have accompanying bike trailers for those with bikes.
- The shuttle schedule is still being finalized. Please check back for updates.

NOTE: There are no shuttles on the Sunol side as there is a parking lot within close walking/biking proximity to the event.

Please visit the website <https://www.84strollroll.com/> for full event

details including fun activities on both ends of the Canyon in Sunol and in Niles.

Questions? Email the planning team at District1@acgov.org or District2@acgov.org.

Niles Canyon Stroll and Roll
Saturday, September 23
7 a.m. Event opens to bikes
8 a.m. Event opens to pedestrians
Fremont Staging Area:
Niles Blvd. / Mission Blvd.
Sunol Staging Area: Downtown Sunol
<https://www.84strollroll.com/>



Over 100 Fremont Unified School District students named 2024 National Merit Scholarship Semifinalists

SUBMITTED BY LAURA FORREST

Last week, seniors from each comprehensive high school in Fremont Unified School District (FUSD) were named as National Merit Scholarship Program semifinalists for 2024. In all, 105 FUSD students were among the approximately 16,000 semifinalists named nationally, representing less than one percent of high school seniors nationwide.

For the third year in a row, the City of Fremont is in the top three California cities in terms of total semifinalists. Fremont, the 16th most populous city in the state, has 118 semifinalists, trailing only San Diego and the City of San José, the second- and third-most populous cities in California.

High school juniors were screened for the 2024 National Merit Scholarship Program through the 2022 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®); semifinalists are the highest-scoring entrants in each state.

"I congratulate each student named as a National Merit Scholarship semifinalist, along with the proud families and

educators who stand behind them. The consistently high number of Fremont Unified students recognized as semifinalists is a strong indicator of our students' dedication to academic excellence, and underscores the strength of our district's educators and schools," said FUSD Superintendent CJ Cammack.

The 105 semifinalists in the District represent each comprehensive high school: Mission San Jose High School has 49 semifinalists, Irvington High School has 31, American High School has 17, Washington High School has seven, and John F. Kennedy High School has one semifinalist.

In addition to submitting applications demonstrating their academic record, school and community activities, leadership, employment and honors/awards received, semifinalists must also have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, write an essay, and earn SAT® or ACT® scores that confirm the student's earlier

performance on the qualifying test. Approximately 15,000 students in the country will advance to the finalists level and be considered for over 7,000 scholarships worth nearly \$28 million.

Students will be notified if they advanced to the finalist level in 2024, and the 2024 National Merit Scholarship winners will be announced in four nationwide news releases between April and July 2024.

Visit www.nationalmerit.org for more information about the National Merit Scholarship Program.





Memory care for your loved ones, in beauty and comfort.

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Welcome home! At the Pavilion at the Masonic Homes in Union City, seniors in need of memory care and assistance with day-to-day living can enjoy comfortable living quarters in a beautiful, community-minded atmosphere.

Our person-centered philosophy gives residents the chance to live their best life safely, and with a helping hand when needed. If you or your loved one is looking for expert, compassionate care in a relaxing and serene setting, the Pavilion offers a haven for your mind, body, and spirit. Visit us today to learn more and tour one of our brand-new apartments.

34400 MISSION BLVD., UNION CITY, CA

- Person-centered care philosophy for memory care and assisted living
- 24/7 security and on-site nursing support
- Access to hair salon, swimming pool, and massage therapy
- Weekly housekeeping and laundry service

Schedule a tour
(888) 466-3642
pavilion-unioncity.org

Upcoming Events at the Masonic Homes

SATURDAY, OCTOBER 7
34400 MISSION BLVD., UNION CITY, CA



Mutt Strut

8 a.m.-noon
Bring your four-footed friend and enjoy a pet parade, entertainment, and more! Benefits the New Haven Schools Foundation.
Buy tickets at nhsfoundation.org

Street Faire

12:30-3:30 p.m.
Crafts, vendors, food, raffle, and much more at Acacia Creek Retirement Community.
Free to attend!

Acacia Creek: Come Live the Dream!

*Cherished friends. Continued learning and growth.
Busy, active lifestyles to keep you energized.*



Come see for yourself how Acacia Creek is breaking the mold on what it means to age. In our vibrant, community, we empower each other to lead fulfilling lives and become our best selves.

Join us:
(877) 902-7555
acaciacreek.org



ACACIA CREEK
RETIREMENT COMMUNITY
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RCFE #015601302 | COA #246



Masonic Homes of California

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(510) 475-2137

View our video at:
masonichome.org/Transitions

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Voice
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and Keyboard

FREE Lesson
with purchase
of 4 lessons

Qualified, Professional and Experienced
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Richard Kendrick
510-661-9147

https://richardkendrickguitar.com/
E-mail:rwkendrickjr@yahoo.com

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Hayward
Animal Shelter

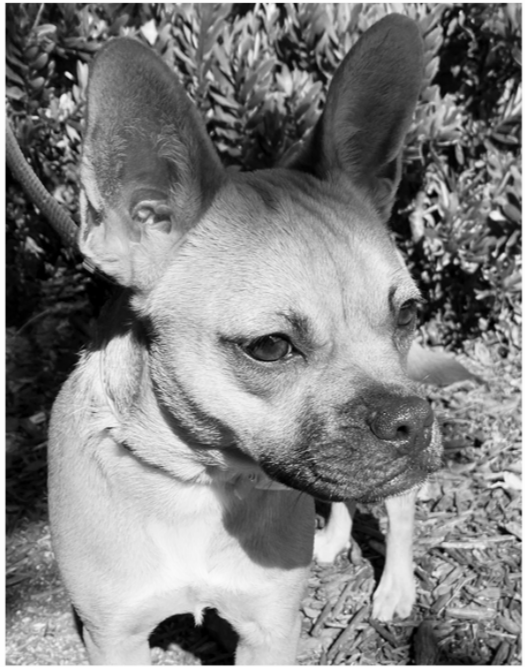


510-293-7200
www.HaywardAnimals.com
16 Barnes Court, Hayward
(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Kari is a 10 month old terrier puppy. She is
full of life, love, and positive energy. Kari
would do well in a home with older kids
and would do well with other dogs. To
adopt contact Hayward Animal shelter
510-293-7200.



Flavio is a 10 month chihuahua mix puppy.
He is looking for a young family that can
take their time with socializing him and
showing the love and affection he
deserves. He would do best with older kids
and do well with another young dog.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING
EVENTS

Tuesdays

Poker Tournaments

6:00 pm
Weekly tournaments for beginners or
a seasoned player.
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
bit.ly/3GllRwI

Tuesdays

A Matter of Balance R

10:00 am - 12:00 pm
Reduce the fear of falling and
increase activity levels of older adults.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7540
issuu.com/hsdept
mtorrez@fremont.gov

Tuesdays

East Bay Games Meet

6:00 pm - 10:00 pm
German/Euro style board games and
card games.
Swiss Park
5911 Mowry Ave., Newark
(510) 936-2523
meetup.com/east-bay-games
sfdavidkaye@yahoo.com

First and Third Tuesdays &
Wednesdays

Trivia Night

6:00 pm - 8:00 pm
Gather your team, grab some beers,
and compete to win prizes.
Drake's Brewing Company
1933 Davis St. #177, San Leandro
(510) 568-2739
bit.ly/3U31xWD

Third Tuesdays

Read to a Dog

4:00 pm - 5:00 pm
Read your favorite book to a therapy
dog
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/m7ded

Wednesdays

Trivia Night R\$

6:30 pm - 8:30 pm
Play & win prizes.
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
fremontclubhouse.com

Wednesdays

Zumba Gold \$

11:30 am - 12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529

Wednesdays

Ping Pong

1:00 pm - 3:00 pm
Activities for people with Parkinson.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
cutt.ly/zwdxcR1t
mtorrez@fremont.gov

Wednesdays

Tropics Bingo

7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd., Union City
(510) 471-8550

Thursdays & Saturdays

Story Time

10:30 am - 11:00 am
Picture book story time
Banter Bookshop
3768 Capitol Ave. Ste. F, Fremont
(510) 565-1004
bit.ly/3VFpbcz

Third Thursdays

Chronic Pain Support Group

12:30 pm - 2:30 pm
Group guidance from Stanford Pain
Management Clinic.
(510) 790 - 6600
issuu.com/hsdept
Zoom:
bayareacpainmigraine@icloud.com

Thursday -Sunday

Animal Feeding

3:00 pm - 3:30 pm
Feed livestock and learn about their
favorite food
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
Admission fee applies.

Fridays and Saturdays

Telescope Viewings

7:30 pm - 10:30 pm
Experience the awe and wonder of
the universe
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
bit.ly/3pehdLx

Saturdays

Laugh Track City \$

8:00 pm
Series of improvised games and
scenes
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
bit.ly/3HKIhsa

Second & Fourth Sundays

Larry "O" Teen Workshop

10:00 am - 12:00 pm
Used bikes, bike parts for sale and
bike repair
Larry Orozco Teen Workshop
33623 Mission Blvd., Union City
(510) 675-5487
RobertS@unioncity.org
Instagram @ibikeunioncity

Mondays

Advanced Math + Science
Tutoring

5:30 pm - 7:00 pm
Free high school and college-level
tutoring
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900

Mondays & Thursdays

Fruit Tree Gleaning

9:00 am - 10:30 am
Donate fresh fruits from your garden
LEAF CR Stone Garden
55 Mowry Ave., Fremont
bit.ly/42e4FIR
info@fremontleaf.org

Wednesdays, December 7 -
November 22

Qi Gong Meditation & Exercise
Classes

2:00 pm - 4:00 pm
Relieve stress and anxiety by joining
Falun Dafa classes
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
shorturl.at/gqZ49

Fridays, January 20 -
January 5

Knit & Crochet Circle

2:00 pm - 4:00 pm
Learn knitting and crocheting.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
shorturl.at/iGST9

Tuesdays, March 21 -
December 19

Chess Mix

12:30 pm - 3:00 pm
Drop in for some casual chess games
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
shorturl.at/ehsRS

Mondays, April 17 -
December 8

Job Lab

12:00 pm - 2:00 pm
One-on-one help for jobseekers
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/3mbW8Qz

Fridays, May 5 - October 20

Fremont Street Eats \$

5:00 pm - 9:00 pm
Food trucks and community fun!
Fremont Downtown Event Center
3500 Capitol Ave., Fremont
(510) 742-7510
bit.ly/2VfuSgv

Third Saturdays, May 20 -
December 16

Yoga for beginners & beyond

10:30 am - 11:45 am
Join for free yoga class
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/44NFZSZ
joesapena@gmail.com

Fourth Saturdays, May 27 -
November 25

Reading Buddies for Grades K -
5th

2:00 pm - 3:00 pm
Buddy up with a furry friend & read
your favorite book
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
bit.ly/3MEpC3X

Saturdays, May 27 -
December 30

Divine Satsang Sabha

5:00 pm - 7:00 pm
Know techniques of living a virtuous,
harmonious & meaningful life
SMVS (Shri Swaminarayan Mandir)
36665 Cedar Blvd, Newark
(650) 585-5325
bit.ly/4380OGV

Saturdays, June 3 -
September 30

Summer Music Series R\$

7:00 pm - 10:00 pm
Get ready to groove, dance, and sing
along to your favorite tunes all
summer long!
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
rb.gy/iw8sc

First Monday, June 5 -
December 4

Teen Junk Journaling Workshop

5:45 pm - 6:45 pm
Learn the basics of junk journaling
and start your own journal!
Hayward Public Library
888 C St., Hayward
(510) 293-8685
rb.gy/igtgy
emrys.holmes@hayward-ca.gov

Wednesday, June 13 -
September 27

Little Listeners Storytime

11:00 am - 11:45 am
Storytime for preschoolers
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/9lrx
sanlorenzo@aclibrary.org

Wednesday, June 14 -
December 27

Little Bookworms Storytime

11:30 am - 12:30 pm
Come read, sing, and be silly with us
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
rb.gy/5nlam
sanlorenzo@aclibrary.org

Tuesdays, July 18 -
November 28

Baby Bouncers Lapsit

11:30 am - 12:00 pm
A baby and caregivers program
including nursery rhymes & picture
book
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/lwm72

Wednesdays, July 19 -
November 29

ESL Conversation Club

3:00 pm - 4:00 pm
Improve your English skills and learn
about other cultures.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/tszda
dphillips@sccl.org

Fourth Monday, July 24 -
November 27

Adult Tai Chi

2:00 pm - 3:00 pm
Come enjoy a gentle, energizing class
with modified Tai Chi movements
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/n1llh

First and Third Wednesdays, August 2 - December 20

Golden Gatherings
10:30 am - 12:00 pm
Gathering of the elders for casual conversations and calm, self-guided activities.
San Lorenzo Library
395 Paseo Grande, San Lorenzo (510) 284-0640
rb.gy/h1xtb
sanlorenzo@aclibrary.org

Thursday - Saturday, August 10 - October 7

53rd Annual Virtual and In-Person Textile Exhibition
12:00 pm - 5:00 pm
Olive Hyde Art Gallery
123 Washington Blvd., Fremont (510) 791-4357
is.gd/IUUSZT

First and Third Thursday, August 17 - October 19

Homeschool Preteen Social Hour R
1:00 pm - 3:00 pm
Board games and craft supplies with other homeschoolers
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
t.ly/Q8fjY
Registration opens at 12 pm

Thursday - Saturday, September 1 - September 30

2nd Annual Tiny Art Show Artwork Display
During library hours
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
rb.gy/ifi35y

Monday - Friday, September 4 - October 26

"Climate Change - RE-Imagined" Sun Gallery Members Exhibition
9:00 am - 3:00 pm
Hayward City Hall, John O' Lague Galleria
777 B St., Hayward (510) 583-4000
haywardartscouncil.org
hac@haywardartscouncil.org

Tuesdays, September 5 - December 19

Music and Storytime
11:00 am - 11:45 am
Story, music, and movement with children
Cherryland Community Center
278 Hampton Road, Hayward (510) 626-8522
t.ly/M2lnv
sanlorenzo@aclibrary.org

First and Third Wednesdays, September 6 - November 29

Stories & Crafts with Ms. Jennifer
3:30 pm - 4:30 pm
Join for stories, songs, and craft. Ages 2-5
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
t.ly/6ZiXJ
newarklibrary@aclibrary.org

Saturdays, September 9 - September 30

Yoga with Sejal R\$
9:30 am - 10:30 am
Refresh and renew yourself in the magic of yoga
Local Ecology and Agriculture Fremont (LEAF) Center
36501 Niles Blvd., Fremont
t.ly/mhWew

Saturdays, September 9 - September 30

Tech Tutor: 3D Printing R
2:30 pm - 4:30 pm
Meet with a tutor who can answer your questions
Irvington Library
41825 Greenpark Drive, Fremont (510) 795-2631
t.ly/e0K1U
irvington@aclibrary.org

Saturdays, September 9 - December 30

Computer Crew: Teen Tech Help
2:00 pm - 4:00 pm
One-on-one tutor on basic tech issues
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
t.ly/OFsQh
castrovalley@aclibrary.org

Mondays, September 11 - September 25

Lego Club
3:30 pm - 4:30 pm
Use your creativity and engineering skills to freely build your imagination.
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
rb.gy/081fh
uvu@sccl.org

Mondays and Tuesdays, September 11 - October 9

Modern Brush Pen Calligraphy
9:00 am - 12:00 pm
Learn to write beautifully and cover the basis of using, holding, and writing with brush pens.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont (510) 790-6606
issuu.com/hsdept
njordan@fremont.gov

Thursdays, September 14 - October 26

Silent Book Club
3:30 pm - 5:30 pm
Read your book in a quiet group setting
Centerville library
3801 Nicolet Ave., Fremont (510) 795-2629
t.ly/sMi0J

Thursdays, September 14 – September 28

Digital Craft Class \$
1:30 pm - 3:30 pm
Learn to make cards, toys, games, puppets, origami, and more using your laptop.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont (510) 742-7529
issuu.com/hsdept
mtorrez@fremont.gov

Monday - Friday, September 15 - October 27

Flux Exhibition
Upstairs Gallery: Mon- Fri: 10 am - 4 pm
Lower Main Gallery: Mon: 5 pm - 9 pm, Tues & Thurs: 11 am - 2 pm
Reception: September 23: 2 pm - 5 pm.
Several local artists displaying their fluctuation of creativity
Image Central Gallery
1099 E St., Hayward (510) 881-6721
haywardrec.org
imagecentral@hawardrec.org

Saturday, September 16 – Monday, November 30

Latinx American Heritage Month Art Showcase
11:00 am - 3:00 pm
Studio 11
34626 11th St., Union City (510) 675-5825
rb.gy/gu46v
erine@unioncity.org

Sundays, September 17 - November 12

Epic Art Exhibit at Dove Gallery
12:00 pm - 3:00 pm
Featuring spectacular landscapes, historical landmarks and symbols of great devotion
Dove Gallery
875 S Park Victoria Dr., Milpitas (408) 464-5011
t.ly/8X3Wa
dove@parkvictoria.org

Mondays and Wednesdays, September 18 - November 6

Music for Minors II Volunteer training R
In person Training on Mondays.: 9:15 am - 11:45 am
Online training on Wednesdays: 7:00 pm - 9:15 pm
Corpus Christi Parish
37968 Third St., Fremont (510) 790-3207
musicforminors2.org

Tuesdays, September 19 – May 28

It's Storytime
1:30 pm - 2:00 pm
Stories, finger plays, nursery rhymes, songs, and musical instruments for kids ages 18 month- 6 yrs.
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1400
t.ly/oTq3Q
fremontchildrens@aclibrary.org

UPCOMING EVENTS

Tuesday, September 19

Book Review and Author meet R
7:00 pm - 8:00 pm
Author of Why We Need to Be Wild: One Woman's Quest for Ancient Human Answers to 21st Century Problems.
Surlene Grant Community Room
999 east 14th Street, San Leandro
rb.gy/isgsv

Tuesday, September 19

Start Smart Teen Driving R
6:00 pm - 8:00 pm
Driver safety education class targeting new and future licensed drivers between the age of 15 - 19 and their parents/guardians.
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
rb.gy/18hw0
castrovalley@aclibrary.org

Tuesday, September 19

Bingo Night
5:30 pm - 7:30 pm
Come with friends, play, and win prize
Chick-fil-A Auto Mall
5539 Auto Mall Parkway, Fremont
rb.gy/fikd5

Tuesday, September 19

Current Concepts in the Management of Shoulder Arthritis R
1:00 pm - 2:00 pm
An overview of current treatment options for patients with shoulder arthritis. Washington Hospital Healthcare System.
rb.gy/3advr

Tuesday, September 19 – Wednesday, September 20

Tri-City Local Hazard Mitigation Plan - Planning Committee Meeting
Tues: 1:00 pm – 4:00 pm
Wed: 9:00 am – 12:00 pm
Get involved and learn more
Alameda County Water District (Board Room)
43885 S. Grimmer Blvd., Fremont
t.ly/aWH1y

Wednesday, September 20

Financial Wealth Building Workshop R
3:00 pm
Learn simple techniques to start your journey to financial success! (Grades 9 -12)
Kennedy Community Center
1333 Decoto Rd., Union City (510) 574-2020, (510) 675-5329
rb.gy/3ibx1

Wednesday, September 20

Teen Poetry Workshop
4:30 pm - 6:00 pm
Meet up with teen poets to get inspired & workshop your poetry--all levels welcome.
Hayward Public Library
888 C St., Hayward (510) 293-8685
rb.gy/fhstk

Thursday, September 21

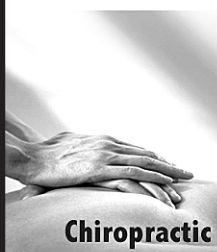
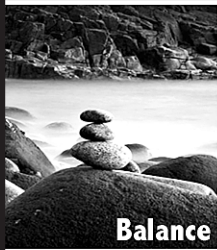
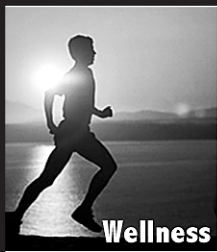
Bilingual Music Class for Kids! R
3:00 pm - 3:45 pm
English-Spanish music class for babies-preschoolers and their grownups.
San Lorenzo Library
395 Paseo Grande, San Lorenzo (510) 284-0640
t.ly/Ze1iu
sanlorenzo@aclibrary.org

Thursday, September 21

Art of the Mission Church \$R
12:30 pm
Tour and explanation of the art in the church
Mission San Jose Church
43300 Mission Blvd, Fremont (510) 791-4357
t.ly/CRC9I
pr@olivehydeartguild.org

Friday, September 22

Mexican Tin Art R
4:00 pm - 5:00 pm
A folk art with tin and colors to decorate for ages 12 - 18
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
rb.gy/jwejo
rleo@sccl.org



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Janet Laney, D.C.

510-792-9000

**6170 Thornton Ave., Ste H
Newark**

Friday, September 22

African Dance Performance R
1:00 pm - 3:00 pm
Enjoy the joy and vitality of African dance with movement, rhythm, and sprit.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont (510) 790-6606
issuu.com/hsdept
njordan@fremont.gov

Saturday, September 23

Volunteer in the Parks - Meek Park R
9:00 am - 12:00 pm
Tools, leadership, snacks, and satisfaction of knowing you are a V.I.P.
Meek Estate Park
240 Hampton Rd, Hayward (510) 881-6700
tinyurl.com/HARDvvp
volunteer@haywardrec.org

Saturday, September 23 – Sunday, September 24

Ganesh Utsav \$
10:00 am - 10:00 pm
Cultural fest including Ganesh Darshan & Arati, shopping & food booths, cultural performances, kids' zone and more.
Newpark Mall
2086 Newpark Mall, Newark 8-555-Ganesh
rzganeshutsav.com

Saturday, September 23

Coastal Cleanup Day R
9:00 am - 12:00 pm
Keep our coastline, watershed, and Baylands clean!
Don Edwards San Francisco Bay National Wildlife Refuge
1 Marshlands Rd., Fremont (510) 792-0222
t.ly/9LxXP
paul_mueller@fws.gov

Saturday, September 23

Fremont's Annual Coastal Cleanup Day R
9:00 am - 12:00 pm
keep our coastline, watershed, and Baylands clean!
Various location
t.ly/Mugn9

Saturday, September 23

Hayward Fall Festival
9:00 am - 5:00 pm
Season change celebration with fine art and craft booths, sidewalk sales, food vendors, kid's activities, and live music
Downtown
B St. &, Main St., Hayward
haywardareachamber.com

Saturday, September 23

Book Discussion and Author meet (Emily Sieu Liebowitz and Laura Flam) R
2:00 pm - 3:30 pm
But Will You Love Me Tomorrow: An oral history of '60s girls' groups
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 608-1137
rb.gy/77iel
castrovalley@aclibrary.org

Saturday, September 23

Screening of "The Freshman (1925)" \$R
7:30 pm
Preceded by: Fox Trot Finesse (1915), and Looking For Sally (1925)
Niles Essanay Silent Film Museum
37417 Niles Blvd., Fremont (510) 494-1411
t.ly/INly6

Saturday, September 23

Comedy Den - Magician Dan Chan \$R
6:00 pm -8:00 pm
World-class magic and mind-reading.
JP's Family Restaurant
3600 Castro Valley Blvd., Castro Valley
thecomedydencv.com/#upcoming-shows

Saturday, September 23

Bay Philharmonic Gala Fundraiser \$R
5:30 pm
Spectacular entertainment, delicious food, fabulous libations, silent and live auction.
Hayward City Hall
777 B St., Hayward (510) 583-4000
bayphil.org/gala
info@bayphil.org

Saturday, September 23

Fall Festival
1:00 pm - 3:00 pm
Celebration of season change with activities and more
Mission Peak Unitarian Universalist Congregation
First United Methodist Church
2950 Washington Blvd., Fremont
mpuuc.org/fall-festival/
dre@mpuuc.org

Saturday, September 23

Community Science Bio Blitz
10:00 am - 12:00 pm
Come learn how apps like seek, iNaturalist, and more are used to help scientists gather data, while also enhancing your next hike!
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
rb.gy/2rcfu
Parking fee applies

Saturday, September 23

American Red Cross Blood Drive R
9:00 am - 2:00 pm
Schedule your appointment on their website
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
t.ly/lxqeE, redcrossblood.org

Saturday, September 23

Castro Valley Friends of the Library CD Sale
10:00 am - 2:00 pm
Music CD sale @\$1
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
rb.gy/jwtq9
castrovalley@aclibrary.org



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Email: customerservice@fudenna.com

Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Saturday, September 23

Garden Club at the Learning Garden
11:30 pm - 12:30 pm
Involve working in the garden space and meet other gardeners
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
rb.gy/hs9t6
fremontneighborhood@aclibrary.org

Saturday, September 23

Poppin' Popcorn
11:00 am - 12:00 pm
See how we prepare our own farm-grown popcorn and try a taste yourself.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
rb.gy/067ev
Admission fee applies

Saturday, September 23

Carding Wool
1:00 pm - 2:00 pm
Listen about our fleecy friends, and try your hand at using different tools to brush out wool.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
rb.gy/067ev
Admission fee applies

Saturday, September 23 – Sunday, September 24

Explore the Paranormal at McConaghy House \$
Sat: 7:00 pm
Sun: 1:00 am
Join experienced investigators for a paranormal investigation
McConaghy House
18701 Hesperian Blvd., Hayward
(510) 581-0223
haywardareahistory.org

Sunday, September 24

Album Discussion for Adults
2:00 pm - 3:00 pm
Discussion on “Bad” by Michael Jackson
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/n4wcg
achand@sccl.org

Sunday, September 24

Fall Colors Stroll
2:00 pm - 3:00 pm
Discover the colors of Sunol while strolling around

Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol
(510) 544-3245
rb.gy/yi057
Parking fee applies

Sunday, September 24

Hayward Executive Airport Open House
10:00 am - 3:00 pm
Stationary aircraft displays, police and fire vehicles, and classic cars, introductory flights conducted by local flight school, and more.
Hayward Executive Airport
20301 SkyWest Dr., Hayward
(510) 293-8678
hayward-ca.gov/airport

Sunday, September 24

John Stanley's Creature Features \$R
1:00 pm - 5:00 pm
Screening “The Best of John Stanley and Trailers of Horror”
Niles Essanay Silent Film Museum
37417 Niles Blvd., Fremont
(510) 494-1411
rb.gy/cdjcv

Sunday, September 24

Apple Cider Pressing
1:30 pm - 2:30 pm
Come help squeeze the juice from apples and discover how long people have been enjoying this tasty fruit treat!
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
rb.gy/067ev
Admission fee applies

Sunday, September 24

Pumpkin Fest: Sunday Makebreak \$
2:00 pm - 4:00 pm
Come in-store and craft a pumpkin using our supplies. Please note you'll have to purchase your craft pumpkin.
Fremont Hub
39281 Fremont Hub, Fremont
rb.gy/8nl2h

Sunday, September 24

Disability Resource Festival
11:00 am - 2:00 pm
Connect with the people of disabilities and their families with helpful area resources, fun activities, entertainment
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757

t.ly/WEpM9
Admission fee applies

Sunday, September 24

Harvest Traditions
11:00 am - 12:00 pm
Discover how different cultures around the world celebrate the beginning of Fall and enjoy a tasty treat cooked in our woodfire stove.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
rb.gy/067ev
Admission fee applies

Monday, September 25

St. Joseph School Fremont & Fremont Bank 28th Annual Golf Tournament & Gala \$R
9:30 am - 5:00 pm
Silent auction, putting contest, shot gun followed by food, drinks, raffle and more.
The Club at Ruby Hill
3400 W Ruby Hill Dr., Pleasanton
(925) 417-5840
shorturl.at/gklpD
sjsmsj@sjsmsj.org

Tuesday, September 26

Paying for College with Scholarships R
6:30 pm - 7:30 pm
Learn how to approach the scholarship search process and more
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
shorturl.at/hrC06

News and Notes FROM AROUND THE WORLD

**SUBMITTED BY
THE ASSOCIATION OF
MATURE AMERICAN
CITIZENS**

The lion gave up

Margot Lowe and guide Witness Mathebule were on safari near the Arathusa Safari Lodge in South Africa when they came across a herd of feeding hyenas. The critters suddenly stopped eating; they sensed danger. Out came the video camera and, sure enough, a large and scary lion entered the scene. The hyenas scattered but not fast enough for all of them to get away; one member of the herd was too slow and was singled out by the lion. But the big cat hesitated when it saw the hyena clan had turned around and was about to attack. It gave the lion's captured prey enough time to get away. Watch the savage attack on YouTube: www.youtube.com/watch?v=qRVcgbFQxY0

Rubber duckies

The citizens of Belfast, Maine are scratching their heads for a third year in a row. This time of the year, in 2021, a lone “Giant” plastic duck made its first appearance in Belfast harbor; the word, “Joy,” was written on its chest. The Joy duck and a second

inflatable duck showed up last year; the second duck bore the words “Greater Joy” on its chest. This year a third Giant ducky joined the clan; it bore the words, “Greatest Joy.” Anybody know who's responsible for these joyous rubber duckies? View the joyous ducks on YouTube: www.youtube.com/watch?v=vxYaIvU-lmk

Tricky awards

It happened in Australia. Noeline Cassettari's pal, Megan Reimann, earned a Guinness World Records title for her cow's bovine tricks. Not to be outdone, Nicole showed off the tricks that her miniature horse and her pet sheep were able to do and bagged two Guinness titles. Her mini-horse, Rose, was able to do 13 tricks in sixty seconds and Beanie, the sheep, completed 11 tricks in one minute. Watch the talented sheep on YouTube: www.youtube.com/watch?v=De2mhwhu_ok

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

Honor Roll

**Missouri State University
2023 Summer Graduate**

Madhuri Joshi of Fremont
Master of Business Administration

Community Bulletin Board

FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365		10 lines/\$10/ 10 Weeks \$50/Year	
		510-494-1999 tricityvoice@aol.com	
		Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting	only. Any change will be considered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV
Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings. Visit https://alanond17.weebly.com/ for a full meeting list. You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.		Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com	
		FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT,CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom	SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499
			HOLIDAY BOUTIQUE & CRAFT FAIR Sat. December 2nd, 9am-3pm Fremont's largest! Over 80 artisan vendors FREE admission and parking American High School 36300 Fremont Blvd, Fremont Proceeds benefit the Class of 2024 Safe & Sober Grad Nite celebration https://ahsboutique.weebly.com/
Memorial Lutheran Chapel for the Deaf (MLCD) MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. Location: Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA Sunday Bible Study: 9:30 a.m. - Sunday Worship: 11:00 a.m. Church Office: 510-499-8473 or 510-516-9566 Email: mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube "Where people gather...to worship, learn and share the love of Jesus"		The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531	President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills. We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org
			Mistletoe Madness 15301 Wicks Blvd. San Leandro November 25th Still accepting vendors Apply at mistletoemadness.net email: mmchristmasfair@aol.com
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club. For more info, call 916-217-3074	Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org	ABWA – Pathfinder Chapter American Business Women's Association Provides opportunities for women for leadership, education, & networking. Virtual meetings – 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com www.abwa-pathfinder.org	THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891
Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email: Accgr43@gmail.com For more information.		LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org	
SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055		NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327	
			Holiday Boutique by the Builders Fund Friday, November 3 9am-3pm homemade baked items by the Builders Fund. Proceeds benefit the Age Well Center at Lake Elizabeth. Event is sponsored by the Senior Center Builders Fund. We look forward to seeing you, so save the date! Want to be a vendor? Stop by the office or call 510.790.6600, for more info or to get an application. DEADLINE TO RESERVE A TABLE IS TUESDAY, OCTOBER 10. Age Well Center at Lake Elizabeth, 40086 Paseo Padre Pkwy, Fremont, CA 94538
A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227		BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers	
		49th Year Homecraft Fair Oct 4, 5, 6, 7 Wed - Sat Hours: 10:00 am - 4:00 pm 1608 Via Sarita, San Lorenzo, 94580 Follow Sign on Bockman Road	

OPINION



WILLIAM MARSHAK

Afternoon shadows lengthen as days shorten at both ends. Dark mornings will soon be matched by early, dark evenings. On the political front, candidates are preparing for a new cycle of appeals for votes from their constituents. The dark days are a reminder of the perilous and tumultuous times that have engulfed the nation. But they can also bring a sense of purpose, without rancor, to support politicians promoting basic values and policies while rejecting those who have abandoned them in search of power and influence.

Constitution Day is observed on September 17th in honor of the U.S. Constitution, its amendments and citizens. As the foundation of our democracy, although recently under attack, it has withstood the divisive rhetoric and violent force of authoritarianism. A glance at history reveals emergence from a similar dark period when the country was trying to recover from the Civil War. In his second inaugural address on March 4, 1865 (engraved on the wall of the Lincoln Memorial), Abraham Lincoln spoke to a weary, wounded nation. Centuries later, it remains relevant and appropriate. Here is what he said...

"Fellow countrymen: at this second appearing to take the oath of the presidential

office there is less occasion for an extended address than there was at the first. Then a statement somewhat in detail of a course to be pursued seemed fitting and proper. Now, at the expiration of four years during which public declarations have been constantly called forth on every point and phase of the great contest which still absorbs the attention and engrosses the energies of the nation little that is new could be presented. The progress of our arms, upon which all else chiefly depends is as well known to the public as to myself and it is I trust reasonably satisfactory and encouraging to all. With high hope for the future no prediction in regard to it is ventured.

"On the occasion corresponding to this four years ago all thoughts were anxiously directed to an impending civil war. All dreaded it ~ all sought to avert it. While the inaugural address was being delivered from this place devoted altogether to saving the Union without war insurgent agents were in the city seeking to destroy it without war ~ seeking to dissolve the Union and divide effects by negotiation. Both parties deprecated war but one of them would make war rather than let the nation survive, and the other would accept war rather than let it perish. And the war came.

"One eighth of the whole population were colored slaves not distributed generally over the union but localized in the southern part of it. These slaves constituted a peculiar and powerful interest. All knew that this interest was somehow the cause of the war. To strengthen perpetuate and extend this interest was the object for which the insurgents would rend the Union even by war while the government claimed no right to do more than to restrict the territorial enlargement of it. Neither party expected for the war the magnitude or the duration which it has already attained. Neither anticipated that the cause of the conflict might cease with or even before the conflict itself should cease. Each looked for an easier triumph and a result less fundamental and astounding. Both read the same Bible and pray to the same God and

each invokes His aid against the other. It may seem strange that any men should dare to ask a just God's assistance in wringing their bread from the sweat of other men's faces but let us judge not that we be not judged. The prayers of both could not be answered ~ that of neither has been answered fully. The Almighty has His own purposes. "Woe unto the world because of offenses for it must needs be that offenses come but woe to that man by whom the offense cometh." If we shall suppose that American slavery is one of those offenses which in the providence of God must needs come but which having continued through His appointed time He now wills to remove and that He gives to both North and South this terrible war as the woe due to those by whom the offense came shall we discern therein any departure from those divine attributes which the believers in a living God always ascribe to Him. Fondly do we hope ~ fervently do we pray ~ that this mighty scourge of war may speedily pass away. Yet, if God wills that it continue until all the wealth piled by the bondsman's two hundred and fifty years of unrequited toil shall be sunk and until every drop of blood drawn with the lash shall be paid by another drawn with the sword as was said three thousand years ago so still it must be said 'the judgments of the Lord are true and righteous altogether.'

"With malice toward none with charity for all with firmness in the right as God gives us to see the right let us strive on to finish the work we are in to bind up the nation's wounds, to care for him who shall have borne the battle and for his widow and his orphan ~ to do all which may achieve and cherish a just and lasting peace among ourselves and with all nations."

William Marshak
PUBLISHER

continued from page 1

Ride the Haunted Train through the forest at Ardenwood Historic Farm



All children must be accompanied by an adult. Because the ride is at night, for safety reasons every child under the age of four must sit on an adult's lap (which will also allow them to see over the sides of the train). The ticket price is \$15 for ages three and up (ages two and under are free).

This event is a fundraiser for The Railroad Museum at Ardenwood, operated by the all-volunteer, non-profit Society for the Preservation of Carter Railroad Resources (SPCRR). Our volunteers preserve, restore and operate one-of-a-kind 19th century wooden railroad cars at Ardenwood Historic Farm, in association with East Bay Regional Park District. Our museum is a 501(c)(3) and all tickets are tax deductible.

Haunted Train at Ardenwood
Fridays - Sundays; Oct 20 - 22,
Oct 27 - 29
First/last departures on Fri, Sat:



7:00 p.m. - 9:30 p.m.
First/last departures on Sun:
7 p.m. - 9 p.m.
(Trains depart every 30 minutes)
Ardenwood Historic Farm
34600 Ardenwood Blvd,
Fremont
(510) 544-2797
Tickets: \$15 at
www.eventbrite.com search for
"Haunted Train"
www.spcrr.org



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Monday Nights

Swiss Park

Doors Open
Lightning Game
Regular Games

4:00PM
6:00PM
6:30PM

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Pumpkin Patches

Pick of the Patch Pumpkins
Fremont
Opens mid-September
4020 Fremont Hub, Fremont

San Lorenzo
Opens September 23

Mon – Thurs: 2 p.m. – 9 p.m.
Fri: 2 p.m. – 10 p.m.
Sat: 10 a.m. – 10 p.m.
Sun: 10 a.m. – 9 p.m.
Inflatable amusement zone, paint ball, pumpkin patch
Wristbands: \$5-30
Hesperian Blvd at Paseo Grande
<https://abctreefarms.net/pumpkin-patches>

Joan’s Farm Pumpkin Patch
Saturday, Sept 30 – Sunday, Oct 29
10 a.m. – 6 p.m.
Pumpkin patch, corn maze, snack shack, and more!
4351 Mines Rd., Livermore
(925) 980-7772
<https://joansfarm.com/>

Pumpkin Patch and Public Swim
Saturday, Oct 21
1 p.m. – 4 p.m.
Enjoy a floating pumpkin patch, decorate your own unique pumpkin
Hayward Plunge
24176 Mission Blvd., Hayward
\$6

Pumpkins in the Park
Saturday, Oct 28
10 a.m. – 2 p.m.
Cardoza Park
Kennedy Dr. & Park Victoria Dr., Milpitas
Register at:
www.milpitas.gov/448/Activity-Guide-Registration
\$15 per child

Boo Calendar

Unhinged: Housewarming
Friday, Sept 22 – Tuesday, Oct 31
Friday – Sunday; select Thursdays
Start times: 7:15 p.m., 10:15 p.m.
Garden party, haunted house, and Halloween museum
Winchester Mystery House
525 S Winchester Blvd., San Jose
(408) 247-2000
<https://winchestermysteryhouse.com/unhinged/>
Tickets: \$64.99

Fear Overload Scream Park
Saturday, Sept 23 – Sunday, Nov 5
7 p.m. – 10 p.m.
(times vary; check by night)
Two terrifying attractions: House of Phobia, Happy Days Asylum
2086 NewPark Mall, Newark
<https://fearoverload.com/>
Tickets: \$19.99 - \$32.99

Paranormal Investigation at McConaghy House
Saturday, Sept 23
7 p.m. - 1 a.m.
Search for paranormal activity with an experienced investigator
McConaghy House
18701 Hesperian Blvd., Hayward
(510) 581-0223
www.haywardareahistory.org/explore-the-paranormal
Tickets: \$75

Pirates of Emerson Haunted House
Friday, Sept 29 – Tuesday, Oct 31
Fridays – Sundays; Thursdays, Oct 19 & 26; and Tuesday, Oct 31
7:05 p.m. – 10 p.m. (11 p.m. or midnight on select nights)
Choose your attraction: Demented Dolls, Pirates of Emerson, Halloween Hell, Seesawz Circus
Alameda County Fairgrounds
Corner of Bernal & Valley Avenues

www.piratesofemerson.com
Tickets: \$40 - \$80; \$13 landlubber pass

Boo at the Zoo
Sunday, Oct 1 – Sunday, Oct 29
10 a.m. – 4 p.m.
500-bale hay maze, scavenger hunt—come in costume!
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
<https://www.oaklandzoo.org>
Tickets become available at 9 a.m., 28 days prior
Zoo tickets: \$24 adults, \$20 kids / seniors, free under age 2
Parking: \$10 in advance / \$15 at the gate

Fremont Ghost House: Voodoo on the Bayou
Friday, Oct 13 – Tuesday, Oct 30
Mon – Thurs: 6 p.m. – 10 p.m.
Fri: 6 p.m. – 10 p.m.
Sat: 3 p.m. – 10 p.m.
Sun: 3 p.m. – 9 p.m.
Haunted house, carnival games, and snacks

Kids Costume Parade
Saturday, Oct 21
1 p.m.

Lights On Tour
Saturday, Oct 21
2 p.m. – 3 p.m.
Behind-the-scenes look at the sets with no scares

Chadbourne Carriage House
39169 Fremont Blvd., Fremont
(510) 796-0595
<https://candlelighters.com/>
Ghost House Admission: \$5
Game tickets: \$1 (6 for \$5)

Trick-or-Treat at Fremont Street Eats
Friday, Oct 20
5 p.m. – 9 p.m.
Wear your costume and trick-or-treat!

Fremont Downtown Event Center
3500 Capitol Ave., Fremont
(510) 494-4300
www.fremont.gov

Ardenwood Haunted Train Rides
Friday, Oct 20 – Sunday, Oct 22
Friday, Oct 27 – Sunday, Oct 29
Fri / Sat: 7:00 p.m. – 9:30 p.m.
Sun: 7 p.m. – 9 p.m.
A spooky, not scary train ride with pumpkin art and encounter with a witch
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
<http://spcrr.org/>
Tickets: \$15

Beyond the Veil
Friday, Oct 20 – Saturday, Oct 28
6:15 p.m., 7:30 p.m., 8:45 p.m.

McConaghy House: Friday, Oct 20 – Saturday, Oct 21
18701 Hesperian Blvd., Hayward

Meek Mansion: Friday, Oct 27 – Saturday, Oct 28
17365 Boston Rd., Hayward

(510) 581-0223
www.haywardareahistory.org/beyond-the-veil
Tickets: \$30

Howl-o-Ween
Saturday, Oct 21
10:00 a.m. – 11:30 a.m.
Dog Halloween costume contest
Newbark Dog Park
35501 Cedar Blvd., Newark
<https://www.newark.org/>
(see recreation guide)

Pumpkin Patch and Public Swim
Saturday, Oct 21
1 p.m. – 4 p.m.
Enjoy a floating pumpkin patch, decorate your own unique pumpkin

Hayward Plunge
24176 Mission Blvd., Hayward
\$6

Halloween Community Carnival
Sunday, Oct 22
1 p.m. – 4 p.m.
Dancing, games, costume contest and treats! For families with kids ages 3-12
Holly Community Center
31600 Alvarado Blvd., Union City
(510) 675-5488
<https://www.unioncity.org/419/Community-Events>
Tickets: \$10

Unhaunted House
Saturday, Oct 28
3 p.m. – 9 p.m.
Carnival with Halloween crafts, stories, games and treats
San Felipe Community Center and Park
2058 D St., Hayward
Free; register at www.haywardrec.org

Running Dead 5K Fun Run
Sunday, Oct 29
9 a.m. – 12 noon
8 a.m. check in
Civic Center/City Hall
34009 Alvarado-Niles Rd., Union City
www.unioncity.org/419/Community-Events
Registration \$35 Adults; \$25 Youth

Paranormal Investigation at Meek Mansion
Saturday, Nov 4
7 p.m. – 1 a.m.
Search for paranormal activity with an experienced investigator
Meek Mansion
17365 Boston Rd., Hayward
(510) 581-0223
www.haywardareahistory.org/explore-the-paranormal
Tickets: \$75

California Bill to allow Cannabis Cafes Heads to Governor Newsom's Desk

SUBMITTED BY
ASSEMBLYMEMBER
MATT HANEY

Assemblymember
Matt Haney’s (D-San Francisco)
bill AB 374 to allow local
California governments to license

Amsterdam-style cannabis cafes passed its final legislative hurdles passing out the California State Senate with a 33 to 3 vote and the Assembly with a final 66 to 9 vote. The bill has enjoyed broad bi-partisan support throughout the legislative process. While cannabis cafes in the Netherlands offer a social experience where coffee, food, and live music are enjoyed together with cannabis, these businesses are currently illegal under California law. Haney’s AB 374 will allow struggling cannabis businesses to diversify away from the marijuana-only “dispensary” model and will bring much-needed tourist dollars into empty downtowns.

“Lots of people want to enjoy legal cannabis in the company of others,” said Haney. “And many people want to do that while sipping coffee, eating a scone, or listening to music. There’s absolutely no good reason from an

economic, health, or safety standpoint that the state should make that illegal. If an authorized cannabis retail store wants to also sell a cup of coffee and a sandwich, we should allow cities to make that possible and stop holding back these small businesses.”

California is known worldwide as the birthplace of cannabis culture with its early adoption of medical cannabis and its expertise in cultivation, but Amsterdam competes with California for cannabis dollars and for the title of the world capital of cannabis. Over 700 cannabis cafes operate across the Netherlands, and over 1 billion dollars are spent in Dutch cannabis cafes every year.

California on the other hand, is still dealing with the unintended consequences of decades of a “medical marijuana-only” policy. California’s “dispensaries” have replaced the social aspect of the

Amsterdam cannabis scene with pharmacy-like businesses that only allow customers to order cannabis at a counter, purchase nothing else, and then leave.

“California’s small cannabis businesses are struggling,” said Haney. “Issues like over-saturation, high taxes, and the thriving black market are hurting cannabis businesses who follow the rules and pay taxes.” In 2020, California’s legal cannabis sales reached \$4 billion, while the state’s illicit market sales were projected to have exceeded \$8 billion.

While consuming cannabis on-site at cannabis retailers is technically legal in California, selling non-cannabis-infused products is not. AB 374 is simple because it allows cannabis retailers to diversify their business by selling non-cannabis-infused foods and selling tickets to live performances.

“To be clear, we’re not saying that coffee shops should be

allowed to sell cannabis,” said Assemblymember Matt Haney. “We’re saying that cannabis shops should be allowed to sell coffee. It shouldn’t be illegal for an existing cannabis business to move away from only selling marijuana and instead have the opportunity to grow, and create jobs by offering coffee or live jazz.”

Cannabis cafes will only be allowed to open in cities and counties that pass legislation to allow them. If the Governor signs AB 374, the bill will come into effect on January first of 2024. Local governments will then have the opportunity to create a permitting process and regulations for local cannabis cafes. West Hollywood has already passed legislation creating a licensing system, and a similar bill is currently working its way through the San Francisco legislative process.

Hayward Youth Commission



City of Hayward 2023-2024 Youth Commission Members

By JACK ALCORN

Hayward Youth Commission (HYC) advises the Mayor and City Council, and the elected boards of the Hayward Area Recreation and Park District (HARD) and Hayward Unified School District (HUSD) about issues that affect young people in the Hayward community.

The HYC Board of Commissioners consists of 21 voting members and 11 alternate members.

Two directors from HARD; two directors from HUSD and two Hayward City Councilmembers serve as HYC advisors each year. Advisors provide HYC members first-hand opportunities to work with local government. HYC

advisors also offer college prep guidance to the student leaders.

Youth Commissioners attend HARD; HUSD; and City Council meetings to observe and participate in the proceedings. They learn the issues and function of each agency and gain understanding of legislative processes. Agency interaction gives youth a voice at proceedings and allows them to help guide the direction of the parks, school district and city council.

HYC members work on a number of projects and activities throughout the year. They identify and advocate for youth needs; organize public speak outs; and coordinate school educational events and conferences. HYC participation teaches young people the goals and values of public service. They also learn the rules of

order observed by civic bodies. Youth Commissioners learn how to apply their knowledge and leadership skills to change circumstances affecting youth.

Hayward’s 2023-2024 Youth Commission held its orientation meeting September 11. Attendees were led through a review of the Brown Act to help the young policy makers understand how to ensure transparency for public agency participation. They also learned how to conduct public meetings correctly and efficiently.

The orientation agenda included planning for the HYC Retreat at Mt. Eden Mansion. This event will allow commissioners to get to know each other better, discuss issues at their respective schools, and to set goals for the year. Also discussed were plans for an upcoming train

trip to visit the state capitol in Sacramento.

Youth Commissioners must attend monthly meetings and work on special projects addressing issues of concern to youth. To qualify, students must be between 13 and 20 years old at the time of appointment and live in the City of Hayward or within the boundaries of the Hayward Unified School District. Applications are accepted in the Spring and commissioners are selected by the Hayward City Council through an interview process at the end of the school year.

www.hayward-ca.gov/your-government/appointed-bodies/hayward-youth-commission

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Milpitas City Council		
September 5, 2023		
Consent Calendar		
• Consider recommendations from Mayor Montano for removal from and appointments to city commissions, and accept commissioner resignation	• Authorize the Public Trail Easement and Maintenance Agreement for a residential development at 355 Sango Court by Sango Court, L.P.	• Approve a Site Development Permit to allow the development of a new in-ground swimming pool and legalize the unpermitted site improvements at an existing single-family residence on a 2.69-acre site at 640 Evans Road
• Authorize a Stormwater Management Facilities Operation and Maintenance Agreement between the City of Milpitas and Sango Court, L.P., for the Affordable Housing Project at 355 Sango Ct.	• Authorize the Encroachment and Maintenance Agreement with Sango Court, L.P., for the installation and maintenance of private landscape improvements for the Sango Court Affordable Housing Project located at 355 Sango Court	• Apply for an up to \$3,500,000 Community Resilience Center Grant from the State of California Strategic Growth Council and accept a CRC grant
	• Receive the April – June 2023 report for unhoused services	
	• Approve a budget appropriation of \$200,000 from the Affordable Housing and Community Benefit Fund and authorize an agreement with Housekeys for Administration of City's Below Market Rate Homeownership program	
		Mayor Carmen Montano
		Gary Barbadillo
		Evelyn Chua
		Hon Lien
		Anthony Phan
		Aye
		Aye
		Aye
		Aye
		Aye

Birth

Marriage

Obituaries

LIFE CORNERSTONES

For more information
510-494-1999
tricityvoice@aol.com



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Dennis Blakeslee
Resident of Mountain House
March 8, 1961 – September 14, 2023
Fremont Memorial Chapel

Monte C. Jarman
Resident of Fremont
February 11, 1932 – September 14, 2023
Fremont Chapel of the Roses

Grace A. Kawabe
Resident of Fremont
September 23, 1940 – September 12, 2023
Fremont Chapel of the Roses

Daniele S. Willis
Resident of Fremont
August 3, 1951 – September 12, 2023
Fremont Chapel of the Roses

Shirley J. Short
Resident of Hayward
January 24, 1947 – September 7, 2023
Fremont Chapel of the Roses

Beverly V. Chitwood
Resident of Union City
May 16, 1929 – September 12, 2023
Fremont Chapel of the Roses

Manny J. Lobato
Resident of Newark
May 21, 1963 – September 10, 2023
Fremont Chapel of the Roses

Dr. Lakshminath Ramamurthy
Virinchipuram
Resident of Fremont
November 14, 1937 - September 5, 2023
Fremont Chapel of the Roses

Guillermina Dallas
Resident of East Palo Alto
February 10, 1964 – September 6, 2023
Fremont Chapel of the Roses

Jennie Tjon
Resident of Fremont
October 28, 1929 – September 2, 2023
Fremont Chapel of the Roses

Karen J. Mar
Resident of Fremont
December 22, 1962 – August 31, 2023
Fremont Chapel of the Roses

Elsie H. Schroeder
Resident of Fremont
May 27, 1929 – September 5, 2023
Fremont Chapel of the Roses

Gertrude C. “Trudy” McDonald
Resident of Fremont
July 21, 1923 – September 4, 2023
Fremont Chapel of the Roses

Daniel E. Willoughby
Resident of San Jose
January 14, 1947 – September 4, 2023
Fremont Memorial Chapel

Ruth Rumble Simpkins
Resident of Fremont
August 9, 1946 – September 1, 2023
Fremont Chapel of the Roses

Nemesio D. Credo
Resident of Newark
May 21, 1931 – August 30, 2023
Fremont Chapel of the Roses

Gene Rohde
Resident of Fremont
January 21, 1935 – August 29, 2023
Fremont Chapel of the Roses

Robert “Bob” Mora
Resident of Fremont
May 23, 1927 – August 18, 2023
Fremont Memorial Chapel

James A. Pachote
Resident of Fremont
October 3, 1944 – August 22, 2023
Fremont Chapel of the Roses



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Fides Concepcion
Resident of Milpitas
November 28, 1954 – September 11, 2023

Parvati Roy
Resident of Fremont
September 10, 1959 – September 9, 2023

Satoshi Sekigahama
Resident of Fremont
October 8, 1933 – September 8, 2023

Virendra Singh
Resident of Fremont
July 12, 1939 – September 6, 2023

Rev. Luther Werth
Resident of Union City
January 4, 1939 – September 6, 2023

Beth Matthews
Resident of Fremont
June 28, 1933 – September 4, 2023

Jose Suarez
Resident of Fremont
January 6, 1927 – September 1, 2023

Simon Yin
Resident of Fremont
March 26, 1930 – September 1, 2023

James Palmer
Resident of Fremont
March 8, 1930 – September 1, 2023

Mary Wilber
Resident of Fremont
July 6, 1932 – September 1, 2023

May Fejeran
Resident of Fremont
May 17, 1958 – August 31, 2023

Patricia Barrientez
Resident of Fremont
August 9, 1930 – August 31, 2023

Laura Derham
Resident of Fremont
March 10, 1958 – August 30, 2023

Michael Lawhorn
Resident of Fremont
August 22, 1954 – August 30, 2023

Lovelle-Khristine Mendoza
Resident of Newark
December 28, 1996 – August 29, 2023

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

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Elsie Hampe Schroeder

May 27, 1929 – September 5, 2023

Resident of Fremont

Elsie Schroeder, 94, passed on September 5, 2023, at Aegis of Fremont with her family surrounding her. Elsie was born in Berwyn, IL to Hedwig and George Hampe on May 27, 1929. She was the last surviving family member of her immediate family.

Elsie attended St. John’s Lutheran School in Forest Park, IL and Proviso High School in Maywood, IL. She completed her schooling by attending night school and working days in a bakery in Oak Park, IL.

Elsie met her husband, Raymond Schroeder in a roller rink in the Chicago area. They regularly danced on roller skates as well as had many dates doing photo shoots for weddings. They were married in September 1948 at St. John’s Lutheran Church of Forest Park, IL.

Ray and Elsie decided they could build a house together. They had plans drawn up and started building their house in Medinah, IL in 1953. They did most of the construction themselves. The house was a work in progress for many years. Elsie was a wonderful housewife and mother of three. The family attend St. Luke’s Lutheran Church, in Itasca, IL.

Elsie enjoyed so many things, painting and arts were on the top of the list with others including stained glass, knitting, embroidery, sewing, baking, Girl and Boy Scouts, refinishing furniture, bird watching and traveling.

Later after Raymond retired in 1985, they moved to Sonora, CA and attended St. Matthew’s Church. They both had a lust for travel in their motorhome and abroad. Elsie had her own craft/art room to create in.

Not long after Ray passed in 2008, Elsie moved to Fremont, CA to be closer to her family. She got a condo in the Ardenwood and joined Prince of Peace Lutheran Church in Fremont, CA. Elsie was again embedded into church work, bible study, Vacation Bible School and the senior group.



Elsie moved to Aegis of Fremont in 2017. She was the poster girl of Aegis, boasting at church about the wonderful place Aegis was. The staff have become like family to all of us. They cared for Elsie through the pandemic and through the last steps of her life. The family would also praise the care of Vitas Hospice for the care of Elsie in the end.

Elsie survived by her son, Greg Schroeder, and his wife Barbara of San José, CA daughter, Robin Murri and her husband Jerry of Fremont, CA, son, Kurt Schroeder and his wife JoAnne Hongo of Redwood City, CA, and, grandchildren Zach Schroeder, Ben Schroeder and his wife Emily and Kelsey Schroeder, all of Denver, CO and Stephanie Murri and her husband Matt Fernandez of Hayward, CA., last but not least her greatgrandchild, Theo Schroeder and a baby sister who is on her way soon in Denver, CO. She also survived by many nieces and nephews in CO and IL.

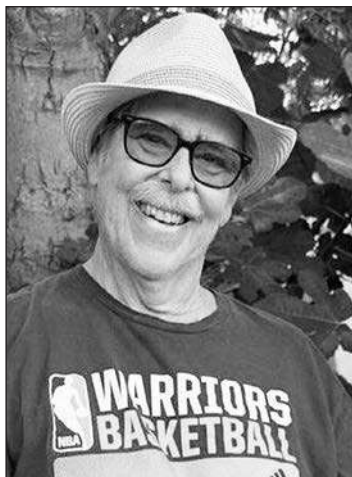
Services are yet to be determined.

In lieu of flowers, donations may be made to Prince of Peace Lutheran Church, 38451 Fremont, CA 94536. Website: popfremont.org.

Fremont Chapel of the Roses
510-797-1900

William Roy Painter

February 2, 1951 - September 8, 2023



William (Bill) Painter was born in Frederick, MD to Norma and Bob Painter in the middle of a snowstorm. The second of five siblings, he also lived on Long Island, NY and in Columbus, OH as a child before moving out to sunny Palo Alto, CA. A dedicated Ohio State Buckeyes fan, he loved to watch almost all sports and played many himself. His favorite activities included going to the Oakland A’s Coliseum as a season ticket holder and watching Golden State Warriors games as a loyal fan. He enjoyed being outdoors and was a groundskeeper for

33 years; he lived in Newark, CA for 47 years. For Bill, life was a loving meditation on everyday things: walks around Quarry Lakes, taking pleasure in a warm cup of tea or a new book from the library, playing with his grandkids, relaxing with Marilyn, and being the best dad who ever daddied. He had a humble intelligence second in intensity only to his joyful sense of humor and irresistible laugh. His dear friends Mary Jane and Tony always said, “Nobody doesn’t like Bill.” He is survived by his devoted wife, Marilyn; his four siblings, Sally, Jim, Rob, and Andy; his children, Karen and Laura; four grandchildren; and many more family members and friends. Donations in Bill’s memory can be made to the American Red Cross and the Leukemia & Lymphoma Society (redcross.org and lls.org).

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Loretta Mae Johnson

July 28, 1943 - October 25, 2022

Loretta Mae Johnson lived her life devoted to her family. She was creative and artistic, loving virtually every type of art project available, participating however she could. She made friends wherever she went with her kind nature, humor, magnetic personality, humility, and compassion.

Loretta was born July 28, 1943, in the San Francisco Bay Area in California to Harold and Martha Faria. She grew up in Alvarado and lived in the East Bay most of her life. In 1964, she married Wayne Robert Johnson, her husband of 39 years until he died at the age of 60. They met as students at Washington High School in Fremont, California, where they each graduated in 1961. Loretta had said she wanted to marry a responsible man she could have a family with, but said she was fortunate enough to get a supportive friend as well. They had 4 children together and raised their family in Fremont and then in Scotts Valley, California, where she lived her remaining 34 years.

Loretta spent childhood summers working on the family farm, most of the time with her peers where they could socialize while cutting apricots. After spending her childhood living on a farm and experiencing asthma and allergies, she wanted city life! She loved traveling and got to go to a few big cities like NYC and Chicago. She and Wayne traveled to the Azores Islands with her father, where he reunited with some relatives whom Loretta got to meet for the first time. She said strangers kept speaking Portuguese to her; she fit right in. Every summer, Loretta and Wayne would drive their family to Disneyland, stopping at all the favorites along the way. They owned an RV for some time and, in addition to small trips, they got to go across the USA with their 2 youngest children.



Loretta's main goal in life was to have a family. She took classes at San Jose City College studying home economics. Her main job was being a homemaker, exactly what she had wanted, and Wayne was happy being the main breadwinner. Loretta was an excellent bookkeeper as well and had many part time jobs in that field, starting that career path on her High School Council as Treasurer. Her final job was running a real estate investment company.

Loretta will be remembered as a devoted daughter, wife, mother, grandmother (Mamie), and friend. She is preceded in death by Wayne and her beloved dog Trixie and survived by children: Shelley Chalmers of Scotts Valley, Susanne (Craig) Swenson of San Ramon, Jeremy (fka Scott Johnson) Hatch (Jessica LeBeau) of Portland, and Shaun Johnson (Jensen Rule Tierra) of Los Angeles; grandchildren: Randy Chalmers, Sander Swenson, Zachary Swenson, and Shaun's sweet dog Loretta loved, Fanny.

A celebration to honor her was held in January and she was laid to rest with her husband at Holy Sepulchre Cemetery in Hayward, California. Contributions in her memory may be made to Santa Cruz County Animal Shelter (SCCAS).

Daniele Susanne Willis

August 3, 1951 - September 12, 2023

Resident of Fremont



Daniele "Coco" Willis of Fremont, CA, passed away September 12th, 2023, after a long and courageous battle with Progressive Supranuclear Palsy (PSP). She was born August 3rd, 1951, to Marcel Knuchel and Suzanne Van Dam in Zurich, Switzerland; immigrating with her family to the United States when she was five years old. She was raised in Redwood City California, where she worked full time while completing high school, instilling in her a life-long

work ethic that she would pass on to her sons. She went on to become a successful Executive Assistant in San Jose, where she raised her two sons with her former husband, Steve (Ligaya).

Daniele was an avid health enthusiast, cook, music lover, 49er fan, and porcelain/teddy bear collector, but her biggest pleasure in life was spending time with her grandchildren. Daniele loved her significant other Mark, whom she spent many wonderful years with in their Fremont home, surrounded by their dogs and loving caregivers.

She was predeceased by her parents. She is survived by her sons Ryan (Jennifer) and Kevin (Rosanne); grandchildren Sydney, Gabe, Stephen, Katelyn, and Kyle; significant other Mark; sisters Colette and Fran, and brother Tim.

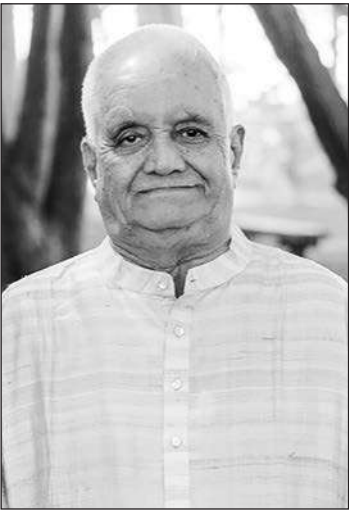
A Celebration of Life lunch will be held at a later date in the future.

Fremont Chapel of the Roses
510-797-1900

Dr. Lakshminath Ramamurthy Virinchipuram

November 14, 1937 – September 5, 2023

Resident of Fremont



Kevin Shankar, Puja Iyra, Pranav Iyer, Megna Anand, and Meera Anand.

He was preceded in death by his parents, V.S. Ramamurthy and Mangalam Ramamurthy, siblings, Subramaniam Ramamurthy, Bhanumathy Narasimhan, Indumathy Venkataramanan, Shivakumar Ramamurthy, and Padmavathy Ramamurthy.

V.R.L. was a devout Hindu and Sai Baba devotee. He served in the National Cadet Corps as a

Lieutenant. He had a Ph.D. in Fluid Mechanics, Civil Engineering from IIT Madras. He was a professor in three countries, India, Iraq, and Ethiopia, across two continents, Asia and Africa. At Osmania University in Hyderabad, he was the Head of the Department of Civil Engineering.

He was a simple man who found joy in hobbies like attending the bhajans, reading novels and the newspaper, doing crossword puzzles, watching cricket and action movies, playing chess and rummy, learning about history, geography, and politics, and indulging in the cuisines of the world.

As he said himself, V.R.L. experienced all that he wanted to in life before his passing. His legacy will live on through his descendants who love him dearly.

Fremont Chapel of the Roses
510-797-1900

Nancy Pratt Montage Art Presentation

SUBMITTED BY PAUL SETHY, WASHINGTON TOWNSHIP HISTORICAL SOCIETY

The next meeting of the Washington Township Historical Society will be Monday, September 25, at 7 p.m., in person at the Washington Township Museum of Local History. Folks can also attend the meeting remotely via Zoom.

Our guest speaker will be West Coast Artist Nancy Pratt. A longtime resident of Newark, California, she is renowned for historical "montage" painting style, particularly of San Francisco Bay Area communities and California coast locations.

A montage is an assembly of images that relate to each other in

some way to create a single work of art. Historical montage extends this further to produce a new composite whole from selection of, or inspiration from, old pictures, drawings, historical figures, and stories.

Nancy Pratt has been commissioned to capture The California Gold Rush, Carmel-by-the-Sea, Monterey, Newark, Fremont, Mission San Jose, Pleasanton, Pacific Grove, Mission San Juan Bautista, and the Mason's 100th Anniversary, to name a few. Her work is included in private and public collections throughout the world.

Pratt says of herself: "As an artist I am inspired to honor history by capturing the natural landscape and the cultural

diversity of a community. I feel I am blessed with the ability to listen, research, and embody the whole story."

Nancy Pratt Montage Art Presentation
Monday, Sept 25
7 p.m.
Washington Township Museum of Local History
190 Anza St., Fremont
(across from Ohlone College)
<https://museumoflocalhistory.org/>
Zoom link:
<https://us02web.zoom.us/j/76473734687>

THE ROBOT REPORT

ASTM developing standards for assembly robots

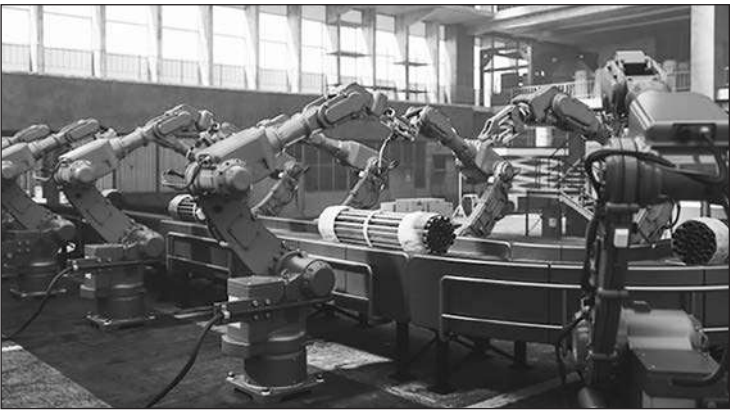
BY STEVE CROWE

ASTM International's robotics, automation, and autonomous systems committee is seeking participation in the development of proposed standards for testing and recording assembly capabilities of robot systems.

According to ASTM member Kenny Kimble, a mechanical engineer with the National Institute of Standards and Technology, the proposed standards will provide a reliable and repeatable means for testing the assembly capabilities of robot systems. The proposed standards also include a practice for recording the testing setup and configuration so that users can create and compare test results across the robotics community.

"The proposed standards will be most useful to robotics research labs, both academic and industry-based, that are regularly working with manufacturing assembly operations," said Kimble. "Manufacturers can use the standards to benchmark robot performance as well as compare results to encourage innovation and solve manufacturing problems."

Kimble notes that the task group is particularly looking for participation from the manufacturing industry in the development of these standards.



Standardized Assembly Robot Photo Source: therobotreport.com

"Manufacturers deal directly with the current problems involved in robot assembly," says Kimble. "They are also some of the most primary users of the already-available NIST assembly test boards referenced in the proposed standards."

ASTM welcomes participation in the development of its standards.

The committee has been busy in 2023. It started off the year by announcing work on a standard to evaluate an end effector's grasp strength. ASTM said the standard will better determine an end effector's capabilities like limits of payload size and resistance to pull and push forces during operation.

It then launched a new legged robotics subcommittee that is focusing on test and performance standards. The legged robotics subcommittee has already proposed a new test method for

disturbance rejection testing of legged robotics.

Aaron Prather, director of ASTM's robotics & autonomous systems programs, was a guest on *The Robot Report Podcast* in February 2023. He discussed the current state of robotic standards at ASTM and talked about some of the pitfalls that young robotics companies can trip over when attempting to sell their solutions to a large Fortune 500 company like FedEx, for which he served as senior technical advisor for many years.

Steve Crowe is Editorial Director, Robotics, WTW Media, and co-chair of the Robotics Summit & Expo. He joined WTW Media in January 2018 after spending four-plus years as Managing Editor of Robotics Trends Media. He can be reached at scrowe@wtwmedia.com

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PUBLIC NOTICES

BULK SALES

NOTICE OF INTENDED TRANSFER OF
RETAIL ALCOHOLIC BEVERAGE LICENSE
UNDER SECTION 17913.3 AND 24074,
CALIFORNIA BUSINESS AND PROFESSIONS
CODE

Licensee(s) Name(s): NEW AA BUFFET INC
Premises Address(es) To Which The License(s) Has/Have Been Issued: 6010 STEVENSON BLVD, FREMONT CA 94538
Applicant(s) Name(s): NEW WORLD GOURMENT INC
Mailing Address of Applicant: 6010 STEVENSON BLVD, FREMONT CA 94538
Kind of License Intended To Be Transferred: 41 ON SALE BEER & WINE EATING PLACE : 41-603557

Escrow Holder/Guarantor Name: UGM ASSOCIATES
Escrow Holder/Guarantor Address: 739 WASHINGTON ST STE 300, SAN FRANCISCO CA 94108
Total consideration to be paid for business and license, including inventory, whether actual cost, estimated cost, or a not-to-exceed amount: CHECK(S) \$50,000.00
TOTAL AMOUNT \$50,000.00

The parties agree that the consideration for the transfer of the business and the license(s) is to be paid only after the Department of Alcoholic Beverage Control has approved the proposed transfer. The parties also agree and herein direct the above-named escrow holder to make payment of distribution within a reasonable time after the completion of the transfer of the license as provided in Section 24074 of the California Business and Professions Code.

Date signed: 9/8/23
SI YOUNG TUNG, PRESIDENT
HEW AA BUFFET, INC
Licensee(s)/Transferor(s)
Date signed: 9/8/23
SI/HI, WENDING, PRESIDENT
HEW WORLD GOURMET, INC
Applicant(s)/Transferee(s)
9/19/23

CNS-373960#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 23CV042799
Superior Court of California, County of ALAMEDA
Petition of: TATYANA ASBERRY WALKER for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner TATYANA ASBERRY WALKER filed a petition with this court for a decree changing names as follows:

TATYANA RAVEN ASBERRY WALKER to TATYANA RAVEN NEWMAN
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing: Date: 10/13/2023, Time: 9:30AM, Dept.: 14, Room: --
The address of the court is 1221 OAK ST., OAKLAND, CA 94612

(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.)

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: SEP 11 2023
CHARLES A. SMILEY
Judge of the Superior Court
9/19, 9/26, 10/3, 10/10/23

CNS-373975#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 600694

Fictitious Business Name(s):
PARS CONSTRUCTION, 4059 BELOVERIA CT., FREMONT, CA 94536, County of ALAMEDA
Mailing Address: 3051 QUANTUM DR #3416, FREMONT, CA 94538
Registrant(s):
ALI MIRAZAEI, 3051 QUANTUM DR. #3416, FREMONT, CA 94538
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 09/12/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ALI MIRAZAEI

This statement was filed with the County Clerk of Alameda County on 09/12/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/19, 9/26, 10/3, 10/10/23

CNS-3739760#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 600623

Fictitious Business Name(s):
YOUNGECARE HEALTH, 39582 KONA COURT, FREMONT, CA 94538-1837, County of ALAMEDA
Registrant(s):
TSUNG-HAN YANG, 39582 KONA COURT, FREMONT, CA 94538-1837, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ TSUNG-HAN YANG
This statement was filed with the County Clerk of Alameda County on 09/07/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/19, 9/26, 10/3, 10/10/23

CNS-3739759#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 600180

Fictitious Business Name(s):
BAY AREA NEW PARENTHOOD CONSULTATION & THERAPY, 37010 DUSTERBERRY WAY #7271, FREMONT, CA 94537 County of ALAMEDA

Registrant(s):
AYUMI KURTZ, 3839 RIVERBEND TERRACE, FREMONT, CA 94555
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed

one thousand dollars [\$1,000].)

S/AYUMI KURTZ

This statement was filed with the County Clerk of Alameda County on 08/17/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/12, 9/19, 9/26, 10/3/23

CNS-3737586#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 600459

Fictitious Business Name(s):
DIVINE LOTUS HOLISTICS, 47000 WARM SPRINGS BLVD STE 1126, FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
PALLAVI GUPTA, 960 JOSHUA PL, FREMONT, CA 94539

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 08/30/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ PALLAVI GUPTA

This statement was filed with the County Clerk of Alameda County on 08/30/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/12, 9/19, 9/26, 10/3/23

CNS-3737574#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 600219

Fictitious Business Name(s):
HASTINGS EAST APARTMENTS, 335 PENNSYLVANIA AVEUE, OFFICE 13, FREMONT, CA 94536, County of ALAMEDA

Registrant(s):
ANNETTE C LEE, TRUSTEE OF THE LEE FAMILY TRUST, 1990 FUNSTON AVEUE, SAN FRANCISCO, CA 94536
Business conducted by: A TRUST
The registrant began to transact business using the fictitious business name(s) listed above on 12/01/1975

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ANNETTE C LEE

This statement was filed with the County Clerk of Alameda County on 08/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/12, 9/19, 9/26, 10/3/23

CNS-3737533#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 600220

Fictitious Business Name(s):
HASTINGS TERRACE APARTMENTS, 36660 HASTINGS ST. OFFICE 109, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):
ANNETTE C LEE, TRUSTEE OF THE LEE FAMILY TRUST, 1990 FUNSTON AVE., SAN FRANCISCO, CA 94536
Business conducted by: A TRUST
The registrant began to transact business using the fictitious business name(s) listed above on 12-01-1995

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ANNETTE C LEE

This statement was filed with the County Clerk of Alameda County on 08/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/12, 9/19, 9/26, 10/3/23

CNS-3737532#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 600356

Fictitious Business Name(s):
K STEALE HAIR SALON, 6180 JARVIS AVE #S, NEWARK, CA 94560, County of ALAMEDA

Registrant(s):
LANH T LE, 4647 DIAZ DR., FREMONT, CA 94536
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ LANH T LE

This statement was filed with the County Clerk of Alameda County on 08/25/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/12, 9/19, 9/26, 10/3/23

CNS-3736141#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 600069

Fictitious Business Name(s):
HUY YUAN, 39109 GUARDINO DR APT 329, FREMONT, CA 94538 County of ALAMEDA

Registrant(s):
JIN GUO, 39109 GUARDINO DR APT 329, FREMONT, CA 94538
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 07/01/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ JIN GUO

This statement was filed with the County Clerk of Alameda County on 08/14/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/5, 9/12, 9/19, 9/26/23

CNS-3734361#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 596205

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):
The Fictitious Business Name Statement filed on 03/10/2023 in the County of Alameda.

UNION CITY BIKE PARK ADVOCATES, 5208 DAVIS ST, UNION CITY,CA 94587, County of: ALAMEDA.

Registered Owner(s):
ROBERT SINGER, 5208 DAVIS ST, UNION CITY,CA 94587, County of: ALAMEDA.
This business is conducted by: AN INDIVIDUAL
I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/ ROBERT SINGER

This statement was filed with the County Clerk-Recorder of Alameda County on AUG 18, 2023.
8/29, 9/5, 9/12, 9/19/23

CNS-3733499#

GOVERNMENT

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on October 18, 2023. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.

VALLEJO MILL HISTORICAL PARK CONVERSION PICKLEBALL COURTS AND DOG PARK PROJECT PWC 9090 A PRE-BID CONFERENCE: A conference will be held on September 29, 2023 at 10:00 a.m., at the following location: Vallejo Mill Historical Park Project Site, to acquire all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 via Phone (408) 295-5770 or email: santaclara@e-ar.com or through Planwell at www.e-ar.com/location/santa-clara. Please reference BID #24-007. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov
JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT
9/19, 9/26/23

CNS-3739838#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on October 4, 2023. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.

CENTRAL PARK PICKLEBALL PROJECT PWC 9067: A PRE-BID CONFERENCE: A conference will be held on September 20, 2023 at 2:00 p.m. at the following location: Central Park Pickleball Courts Project Site, 4000 Paseo Padre Parkway, Fremont, CA 94538 (Entrance to site is at Civic Center Dr. off of Stevenson Blvd.), to acquire all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 via Phone (408) 295-5770 or email: santaclara@e-ar.com or through Planwell at www.e-ar.com/location/santa-clara. Please reference BID #24-005. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov
JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT
9/12, 9/19/23

CNS-3737469#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
NOEL STEPHEN FERGUSON AKA
NOEL S. FERGUSON
CASE NO. RP23147190

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: NOEL STEPHEN FERGUSON AKA NOEL S. FERGUSON

A Petition for Probate has been filed by STEVEN S. FERGUSON in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that STEVEN S. FERGUSON be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on OCTOBER 9, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: DANIEL P. TRUMP, ESQ. (#124548) FRANK ANTONINI, ESQ. (#301155), TRUMP, ALIOTO, TRUMP & PRESCOTT LLP, 2001 UNION STREET SUITE 482, SAN FRANCISCO, CA 94123, Telephone: 415-563-7200
9/19, 9/26, 10/3/23

CNS-3739042#

TRUSTEE SALES

T.S. No.: 23-9030 Loan No.: *****696 APN: 525-0187-014 NOTICE OF TRUSTEE SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/27/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code, and authorized to do business in this state, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of this Notice of Trustee Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: CATHERINE S. DUTKO, TRUSTEE, OF THE "DUTKO FAMILY TRUST - 2004," DATED OCTOBER 14, 2004 Duly Appointed Trustee: Prestige Default Services, LLC, Recorded 2/15/2017 as Instrument No. 2017042023. This is a --- page Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 10/19/2023 at 9:00 AM Place of Sale: Fallon Street Steps, Alameda County Courthouse, 1225 Fallon Street, Oakland, CA 94612 Amount of unpaid balance and other charges: \$95,048.06 Street Address of the property to be sold: 1225 Fallon Street, ALAMEDA BEATRICE ST FREMONT California 94539 APN: 525-0187-014 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Website www.auction.com, using the file number assigned to this case 23-9030. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you may call (800) 793-6107 or visit this Internet Website www.auction.com, using the file number assigned to this case 23-9030 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 9/8/2023 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Patricia Sanchez, Trustee Sale Office, NP0440498 To: TRI-CITY VOICE 09/19/2023, 09/26/2023, 10/03/2023
9/19, 9/26, 10/3/23

CNS-3739445#

T.S. No. 113629-CA APN: 501-1821-119-00 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/9/2020. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and AUTHORIZED TO DO BUSINESS IN THIS STATE: at the Fallon Street Steps Alameda County Courthouse, 1225 Fallon Street, Oakland, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated at PARCEL ONE: LOT 59, TRACT NO. 5541, FILED APRIL 28, 1986, MAP BOOK 160, PAGES 65 THROUGH 69, ALAMEDA COUNTY RECORDS. A CERTIFICATE OF CORRECTION HAS RECORDED ON JUNE 19, 1987 UNDER RECORDER'S SERIAL NUMBER 1987-173114. AN EASEMENT FOR SIDE YARD PURPOSES, AS DEFINED IN ARTICLE II, SECTION 2.8 OF THE DECLARATION RECORDED NOVEMBER 19, 1986, SERIES NO. 279812, OFFICIAL RECORDS OVER THAT PORTION OF LOT 58 AND THAT PORTION OF LOT 60 OF SAID TRACT NO. 5541, FILED APRIL 28, 1986, MAP BOOK 160, PAGES 65 THROUGH 69, ALAMEDA COUNTY RECORDS. A CERTIFICATE OF CORRECTION HAS RECORDED ON JUNE 19, 1987 UNDER RECORDER'S SERIAL NUMBER 1987-173114. AN EASEMENT FOR SIDE YARD

PUBLIC NOTICES

condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$595,186.04 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (855) 313-3319, or visit this internet website www.clearrecorp.com using the file number assigned to this case 110045-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of

intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 8880 Rio San Diego Drive, Suite 725 San Diego, California 92108 9/12, 9/19, 9/26/23

CNS-3734685#

NOTICE OF TRUSTEE'S SALE TS No. CA-22-950521-SH Order No.: 220692904-CA-VOO YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/29/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE TRUST PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): GLEN RAMOS, AN UNMARRIED MAN Recorded: 4/5/2007 as Instrument No. 2007132488 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 10/24/2023 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$455,276.64 The purported property address is: 32325 PEGASUS COURT, UNION CITY, CA 94587 Assessor's Parcel No.: 483-0102-216-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of

sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-950521-SH. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-950521-SH to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders rights against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-

939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-22-950521-SH IDSPub #0187916 9/5/2023 9/12/2023 9/19/2023 9/5, 9/12, 9/19/23

CNS-3733366#

NOTICE OF TRUSTEE'S SALE TS No. CA-23-958118-BF Order No.: 230196848-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/4/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): KEVIN Z. KAHINE AND MARIA A. KAHINE, HUSBAND AND WIFE Recorded: 8/10/2006 as Instrument No. 2006305895 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 9/26/2023 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$395,094.75 The purported property address is: 39630 LAHANA WAY, FREMONT, CA 94538-1839 Assessor's Parcel No.: 531-0022-152-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if

applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-23-958118-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-23-958118-BF to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders rights against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-23-958118-BF IDSPub #0187910 9/5/2023 9/12/2023 9/19/2023 9/5, 9/12, 9/19/23

CNS-3733288#

Chabot Football Takes Step Forward in Loss to Reedley

SUBMITTED BY PHIL JENSEN

From its first play of the game, the Chabot College football team showed its offense was going to be dangerous against visiting Reedley on Saturday afternoon, September 9.

Chabot quarterback Colby Furia found Kierr Stewart open over the middle for a 71-yard touchdown pass. It was the first of four touchdown passes for Furia, but Reedley had a huge third quarter and edged Chabot, 34-26.

"I was happy with some things with the defense, and I was happy that our offense was rolling," said Chabot coach Eric Fanene. "We minimized the amount of penalties (from the opener against Feather River) ... our special teams got a little bit better."

"We're so young," Fanene also said. "That was a very good team that we played right there, year in and year out. We matched up well for the most part. But when you make the mistakes, give them the short field, that's not good at any level."

Reedley (2-0), ranked 24th in the state in the JCAB poll entering Saturday's game, was kept out of the end zone in the first quarter by the Gladiators defense, which allowed only a 32-yard field goal in that frame. But the Tigers scored a rushing touchdown early in the second quarter and led 10-7.

However, the Gladiators produced another huge pass play with 4 minutes, 4 seconds left in the half. From near midfield, Furia found Carlos Franklin near the left sideline, and the sophomore from Largo, Florida juked a defender at the 25 on his way to a 53-yard touchdown reception and a 13-10 Chabot lead that held up the rest of the half.

However, the Tigers marched 77-yards for a touchdown and a 17-13 lead on the first drive of

the second half. But Chabot (0-2) answered with a scoring drive capped by a 33-yard catch-and-run by Manny Higgins for another Chabot passing touchdown. The Gladiators (0-2) had seven players who caught passes. "That's our goal in this offense, to get our playmakers the ball in space," Fanene said.

Reedley responded to Higgins' touchdown with a short 25-yard scoring drive, ending with a 15-yard run. Later in the third quarter, a fumbled punt return gave Reedley another short field, and top back Contae Cason later scored from the 2-yard-line, giving Reedley a double-digit lead.

Chabot didn't back down, however. Four plays into the fourth quarter, Furia found Franklin for another touchdown pass, from 32-yards out, and the Gladiators trimmed the Reedley lead to 31-26. But Chabot only got back into Reedley's territory once more; the drive stalled at the Tigers 31 with one minute remaining in the game. A 30-yard field goal by Reedley's Jayden Evangelo with 5:14 remaining, set up by a blocked punt, lifted his team to its eventual 34-26 advantage.

Furia, a 6-foot-1 sophomore, completed 22 of 38 pass attempts for 334 yards, four touchdowns and no interceptions. "He's very good in the pocket; he's a very good decision-maker," said Fanene of Furia.

Chabot had six players with multiple receptions, led by Stewart (four catches, 121 yards), Ismael Sanchez (five receptions, 37 yards), Franklin (three receptions, 87 yards) and Malakai Matthews (four receptions, 22 yards).

Defensively, Henry Pole and Callan Ivy were among the Chabot players who pressured Reedley quarterback Santhony Brown throughout the game and took him down for three sacks.

Lady Colts win Livermore Roundup Tournament

SUBMITTED BY
STACEY SARMIENTO

James Logan Girl's Volleyball captures another tournament championship at the Livermore Roundup Tournament going undefeated (5-0). In pool play they faced host Livermore (25-22, 25-14), Middletown (25-9, 25-14), and Tracy (25-16, 25-15) and earned the second seed in the Gold Bracket. They played Kennedy (25-18, 25-21) to advance to the championship game against Head-Royce (Oakland) in an exciting championship game. Logan took the first set 25-19 and lost in a back and forth second set that finished 24-26. Logan bounced back in the third set with big time clutch performances by Sophomore Outside Hitters



McKenzie Anderson, Emma Tran, and Senior Libero Julianna Bondoc sealing the win 15-6.

The Lady Colts weekend stat leaders were Sophomore Outside Hitter McKenzie Anderson (39 kills, 47 digs) Senior Middle Blocker Hannah Issenmann (29 kills, 15 digs), Sophomore Outside Hitter Emma Tran

(16 kills, 29 digs, 5 aces), Senior Libero Julianna Bondoc (83 digs), Sophomore Setter Leann Jung (93 assists, 28 digs, 10 aces) and Senior Setter Kaitlyn Anderson (63 assists, 17 digs, 5 aces).

Logan is 12-1 overall as they head back into the second week of Mission Valley Athletic League.

San Leandro Flag Football First Win

BY APRIL RAMOS
PHOTO COURTESY OF
SANDRA HERNANDEZ

On Thursday, September 14 San Leandro High School's Girl's Flag Football team had their first ever win. The San Leandro Pirates played Hayward's Mt. Eden High School and secured a 38-8 victory. Pirates Head Coach Sandra Hernandez shared, "After the other team

scored to start the game, we answered back with 38 points and shut down the other team."

"Many of our players scored touchdowns and extra points to contribute to our win," added Hernandez. A few of those players include Quarterback Jade Orta, Bella Martin, Isabella Hernandez, Faith Roach and Rachel Emnace. Not only



Alameda County Fire Log

SUBMITTED BY ACFD

Wednesday, September 13

Alameda County Fire Department (ACFD) responded to an overturned big rig on Calaveras Road at Geary Road in Sunol. The truck was full of Aluminum Sulfate and was headed to the Sunol Water Treatment Plant.

ACFD received reports that the driver possibly lost control around a sharp turn and went off the round. There was an initial report of a leak that ended up being coolant from the tractor. The big rig is about 100 yards from the nearby lake, but didn't

pose a threat even if it leaked. CHP, ACFD remained on scene while a clean-up company worked on removing the fluids and the truck.



Overturned big rig on Calaveras Road at Geary Road in Sunol

Hayward City Council

September 12, 2023

Action Items

• City Commissions and Keep Hayward Clean and Green Task Force: Adopt a Resolution confirming the appointment and reappointment of members of the Community Services Commission, Keep Hayward Clean and Green Task Force, Library Commission, Personnel Commission and Planning Commission. Passed 7-0

Consent Agenda

• Adopt a Resolution Reducing the Keep Hayward Clean and Green Task Force Membership size from thirty members to twenty members and creating a waitlist to account for vacancies throughout the year

• Accept and Appropriate \$3,000 in Awarded Grant Funding from the Best Friends Animal Society in connection with its GoodPup Scholarship Grant for the Hayward Police Department's Animal Services Bureau



City of Hayward 2023-2024 Commission Members' Oath Ceremony. Photo by Jack Alcorn

• Authorize a Site License Agreement with East Bay Community Energy for electric vehicle charging at multiple locations

• Amend the Agreement with Schaaf & Wheeler for engineering design services to complete the Arf Avenue Trash Capture Project

• Award a Construction Contract to Spencon Construction, Inc. for the FY23 Sidewalk Rehabilitation and Wheelchair Ramps Project

• Authorize to execute a 10-Year Agreement with Axon Enterprises, Inc. for the Purchase of the Axon Officer Safety Plan 10 Premium Bundle in an amount not-to-exceed \$11.5 Million

• Residential Design Standards: Draft Regulations for the Hayward Residential Design Study (Report from Director Buizer of Development Services)

• I-880/Whipple Road Industrial Parkway Interchange Improvement Project Work Session: review and discuss aesthetic features (Report from Director Ameri of Public Works)

• Russell City Energy Center: Adopt a Resolution Approving the Expenditure Plan for the Calpine Clean Energy Fund (Report from Public Works Director Ameri)

• Lease Obligation Refinancing: Adopt Resolutions of the City Council and the Hayward Public Financing authority

regarding amended savings requirements related to the refinancing of prior lease payment obligations, approval of the preliminary official statement and bond purchase contract for refunding certificates of participation (Report by Finance Director Gonzales)

Mayor Mark Salinas	Aye
Angela Andrews	Aye
Ray Bonilla	Aye
Dan Goldstein	Aye
Julie Roche	Aye
George Syrop	Aye
Francisco Zermeno	Aye

Fremont's New Homelessness Response Plan

SUBMITTED BY
CITY OF FREMONT

The City of Fremont has started developing a new Homelessness Response Plan to engage the community and help guide our comprehensive response to homelessness in Fremont. The goal is to engage the community and develop a plan that will guide our comprehensive response to homelessness. The plan will include:

- long-term best-practice recommendations to reduce homelessness
- a framework to address the impacts of homelessness on the community
- a roadmap for addressing homelessness
- remove barriers to assistance
- expand housing opportunities
- improve the quality of life for the community

Our goal is to create a plan for Fremont that is both visionary and aspirational in its objectives but also practical in its implementation.

On May 3, 2022, the City Council passed a resolution endorsing Alameda County's Home Together 2026 Community Plan. This plan lays out the goals, strategies, and investments needed to dramatically reduce homelessness and reduce racial disparities in the homeless population by 2026.

On May 2, 2023, the City Council authorized the city to work with EdeColigny Consulting, LLC to develop a

Fremont-specific Homelessness Response Plan that is cost-effective, incorporates a racial equity lens, considers the perspectives and needs of unhoused community members, and reflects feedback received from community engagement with residents and businesses.

We anticipate it will take approximately eight months to prepare the plan, with a final plan expected by spring 2024. We are starting phase 2 of the process, Community Engagement, by launching a webpage: www.my.fremont.gov/homeless-responseplan

We want to hear from you! There will be several opportunities for the community to engage with us and provide feedback on the Homelessness Response Plan, including community meetings. As soon as these opportunities become available, we will post them on this page and notify our Homelessness Interest List subscribers. Sign up here to be notified: <https://public.govdelivery.com/accounts/CAFRE-MONT/signup/37496>

Throughout the process, we will periodically post survey questions on the webpage to help inform us and gather feedback. The feedback will be reviewed and considered as we develop the plan. Registration is not required, and all responses are kept anonymous.

Answer our first survey question at:

https://www.my.fremont.gov/homelessresponseplan/survey_tools/hrpsurveyquestion1

Thank you for participating!

Deputies located the recently carjacked vehicle parked in front of the Arco gas station located at 712 Lewelling Boulevard in San Leandro. The vehicle was occupied by a black female adult in the driver's seat, who was later identified by police as Billie Hughes.

Hughes barricaded herself in the vehicle and refused to exit the car. East Bay Regional Park District Police Officers and Helicopter provided assistance on scene during the negotiations. After approximately one hour and thirty minutes Hughes exited the vehicle and was safely taken into custody. Hughes was provided medical treatment on scene and was later booked at Santa Rita Jail.

East Bay Regional Park District Police Log

SUBMITTED BY
DAVE MASON, EBRPD

Monday, September 4

• At approximately 4:15 p.m. a vehicle was reportedly carjacked from Garin Regional Park in Hayward. The suspect was described as a black female adult armed with a handgun.

Friday, September 8

• At approximately 11:40 a.m. San Leandro Police Officers and Alameda County Sheriff's

Union City City Council

September 12, 2023

Items Removed from Consent Agenda

• Authorize to execute an Independent Contractor Agreement with Frank Monge to provide youth basketball services. Passed 3-0-1 (Wang, abstain)

Consent Agenda

• Authorize the Certifications and Assurances Document required for the city to receive a grant award under the fiscal year

2023 Edward J. Byrne Memorial Justice Assistance Grant

• Authorize to enter into a single source subscription agreement with Peregrine Technologies, Inc., for five years, for data analysis and visualization software

• Authorize the Consulting Services Agreement with Townsend Public Affairs, Inc. for legislative advocacy and grant funding services

• Approve an amendment to the classification and compensation plan to update the class specifications/job description for the classifications of Engineer I (Civil) and Transit Coordinator

• Authorize the First Amendment to the Consulting Services Agreement with Maze & Associates to increase the contract amount for continued assistance with Audit Preparation

Mayor Carol Dutra-Vernaci	Absent
Jamie Patino	Aye
Scott Sakakihara	Aye
Gary Singh	Aye
Jeff Wang	Aye; 1 Abstain

CHP Log

SUBMITTED BY
CALIFORNIA HIGHWAY
PATROL

Tuesday, September 12

• In the early hours of the morning, Officer Ocampo and Officer Reyes conducted an enforcement stop on a vehicle for

weaving (an indicator of possible DUI) on I-580, west of Strobbridge Avenue. They contacted the driver and immediately detected the odor of an alcoholic beverage emitting from within the vehicle.

Officer Reyes asked the driver to exit the vehicle and as she did, Officer Ocampo observed an imprint of a handgun in her front pocket. The Officers took appropriate action and were able

to detain the driver and secured the weapon.

Upon further investigation the officers found a second loaded illegal firearm in the vehicle. The driver was subsequently arrested for driving under the influence and gun charges. During a search incident to arrest, Officer Reyes found drugs and drug paraphernalia on the driver and within the vehicle.

Union City Police Log

SUBMITTED BY UNION CITY PD

Tuesday, September 5

• Officers responded to the area of Medallion Dr. and Whipple Rd. to an unresponsive individual. Personnel on-scene attempted life-saving measures and the individual was transported to a local hospital. The individual was later pronounced deceased, and fentanyl is suspected to be involved.

• EMS personnel responded to the Hayward-Union City border for an unresponsive individual, who was cold to the touch. The individual was identified as a 17-year-old and pronounced deceased at the scene. Not too far away from the area, a second unresponsive individual was located, but was revived by EMS personnel and transported to a local hospital. There were no apparent signs of foul play, but evidence of narcotics use was located at both scenes of the unresponsive subjects.

Wednesday, September 6

• There was report of an unresponsive individual gasping for air, who was found in a restroom on the 33000 block of Western Avenue. The Alameda County Fire Department responded and revived the individual after administering Narcan. The individual was stabilized and transported to a local hospital. Shortly after that, another individual was reported to be unresponsive in a vehicle in the parking lot of the same property. The Union City Police Department and Alameda County Fire Department responded and administered Narcan to the individual. The individual was revived and transported to a local hospital. Suspected fentanyl was located inside of the vehicle.

The Union City Police Department (UCPD) recognizes this recent trend and wants to bring awareness to help prevent additional incidents from occurring. UCPD Detectives are actively investigating these cases to identify the source. Anyone with information regarding the recent events are encouraged to contact UCPD at 510-675-5207 or at tips@unioncity.org. Information can be left anonymously.

Alameda County Water District

September 14, 2023

Action Calendar

• Resolution authorizing to execute an agreement for Water Purchase Between ACWD and the Westside Districts. Passed unanimously.

Consent Calendar

• Ratification of payment of audited demands dated August 4, August 11, August 18, and August 25, 2023

• Authorization of Purchase Order for District Vehicles

• Resolution Vacating an Easement and Authorizing Execution of a Quitclaim Deed to Syufy Enterprises, LP

• Authorize a Five-Year Joint Funding Agreement with the United States Geological Survey for a Cooperative Water Resources Program for Stream Gaging

• Authorization of Professional Services Agreement for the Water Savings Assistance Partnership Program

President Paul Sethy	Aye
Aziz Akbari	Aye
James Gunther	Aye
Judy Huang	Aye
John Weed	Aye

Fremont Police Log

SUBMITTED BY
FREMONT PD

Saturday, August 26

- Officers responded to a residence on Sequoia Rd. after receiving a report of a subject attempting to force open one of the windows on a neighbor’s vehicle. Officers located the subject and found that he had also vandalized the vehicle. The subject, an adult out of Fremont, was arrested and taken to a hospital for medical clearance.
- Officers received a report that a subject at a gas station on Auto Mall Pkwy. was waving a firearm in the air. As officers were en route, he drove away. Officers patrolled the area and located the subject nearby. Upon being ordered to surrender, the subject jumped back into his vehicle and drove away, traveling on I-880 at a high speed. On Monday, August 28 Tracy Police located the subject while responding to a call for service and arrested him, an adult out of Hayward.

Wednesday, August 30

- Officers responded to a robbery in progress at a department store at the Fremont Hub. The subject attempted to steal store merchandise and threatened the store’s security personnel with a knife when confronted. He fled in a vehicle before officers arrived. This case remains under investigation.
- Officers responded to a subject on a scooter who had been hitting vehicles with a baseball bat and pouring an unknown liquid on vehicles in a parking lot on the 48000 block of Fremont Blvd. The subject had also pushed a motorcycle over and was jumping on it. Officers arrested the subject, an adult out of San Jose.
- Friday, September 1**
 - Officers responded to a request for assistance from East Bay Regional Park District Police regarding a deceased person in the Coyote Hills Regional Park marsh. Fremont Police officers handled the recovery and initial death investigation, but the case was determined to fall within the jurisdiction of the U.S. Fish and Wildlife Service. A deputy from the Alameda County Coroner’s

- Bureau responded to the scene to take possession of the decedent.
- Saturday, September 2**
 - Officers responded to a call regarding a subject who intentionally rammed his vehicle into another vehicle at Centerville Community Park. The subject was angry at the mother of his child and hit her vehicle with his own. Officers arrested the subject, an adult out of Fremont, and obtained an Emergency Protective Order.
 - Sunday, September 3**
 - Two subjects broke into a home on Asquith Pl. where a bedridden victim was alone in a bedroom. When the subjects attempted to access her bedroom, the victim screamed, and the subjects fled. This case remains under investigation.
 - Monday, September 4**
 - A victim reported being robbed by three subjects he had met at a bar on Peralta Blvd. The subjects followed the victim outside and took his property. One of the subjects stated that he had a gun. This case remains under investigation.
 - Officers responded to several reports of a subject trying door handles in the parking lot of a supermarket on Fremont Blvd.

- The subject’s pants were pulled down, exposing himself to shoppers. Officers arrested the subject, an adult out of Fremont, who was wanted on multiple parole violations.
- Thursday, September 7**
 - Officers responded to a report of a robbery at a church on Sundale Dr. Two subjects had assaulted the victim with baseball bats and stole his wallet. This case remains under investigation.
 - Officers responded to a subject climbing on the roof of a family member’s vehicle after an argument. She broke the side mirror off the vehicle and ripped off one of his windshield wipers. She fled before police arrived, driving by responding officers at a high speed. She eventually crashed her vehicle and informed officers that she wanted to kill herself. The subject was placed on a mental health hold.
 - Friday, September 8**
 - Officers responded to a report of a commercial burglary at a supermarket on Fremont Blvd. Officers located forced entry into the business, and the subject had stolen multiple containers of alcohol. This case remains under investigation.

- Officers assisted Santa Clara County Sheriff’s Office with a pursuit. Two subjects fled from police in a vehicle from a nearby city. The pursuit continued into Fremont, where the subjects fled on foot near Mowry Ave. and Farwell Dr. Multiple units responded, including FPD’s UAV (drone) and K-9 team. Both subjects were apprehended.
- Officers responded to a residential burglary at Highland Terrace in the evening. The next day, a resident of Hunter Lane, a nearby street, also reported their house as having been burglarized at a similar time. These cases remain under investigation.
- Saturday, September 9**
 - Officers responded to a report of a possible dead body in front of a motorhome in the parking lot of a supermarket on the 5000 block of Mowry Ave. Officers arrived and noted obvious signs of death; a paramedic from Fremont Fire Department later declared the subject deceased. No obvious injuries or signs of foul play were observed. An Alameda County Coroner’s Bureau deputy responded to take possession of the decedent.

BART Police Log

SUBMITTED BY BART PD

Thursday, September 7

- At 7:44 a.m. a woman identified by police as Luchita Graham, 47, from Oakland was taken into custody for battery and booked into the Alameda County Jail. Graham was issued a prohibition order in regard to this incident.
- At 9:17 p.m. officers identified and contacted Robert Fassbender, 33, from San Francisco for fare evasion at the Milpitas station. Fassbender was arrested and booked into Santa Clara County Jail in San Jose for false impersonation.
- Friday, September 8**
 - At 1:41 a.m. an officer located an unresponsive male, who appeared to be suffering from an apparent drug overdose on the platform of Bay Fair station. The officer administered two doses of NARCAN and the subject was transported to a local hospital for further medical evaluation.
 - At 2:17 a.m. officers identified and contacted Lawrence Johnson, Jr., 58, from Oakland, off BART property near the Castro Valley station. Johnson was arrested for assault with a deadly weapon and false impersonation. Johnson was booked into the Alameda County Jail. Johnson was also issued a BART Prohibition Order.
 - At 1:55 p.m. Benjamin Johns, 35, from Lake Elsinore was identified and contacted by police inside the Union City station. He was taken into custody for receiving stolen property; false impersonation; and brandishing a deadly weapon. Johns was booked into the Alameda County Jail and issued a BART prohibition order in regard to this incident.

Saturday, September 9

- At 12:23 a.m. an officer identified and contacted Amandeep Kohli, 30, from Fremont on the platform of Bay Fair station. Kohli was arrested and booked into the Alameda County Jail for possession of a controlled substance and drug paraphernalia; false impersonation; and disobeying a court order.
- At 1:31 a.m. an officer identified and contacted Tu Do, 47, from Oakland at Bay Fair station. Do was arrested and booked into Alameda County Jail for possession of drug paraphernalia and disobeying a court order.
- At 7:30 a.m. Marvin Prudhomme, 28, from Manteca was identified and contacted by police for fare evasion at San Leandro station. Prudhomme was arrested and booked into Santa Rita Jail.
- At 7:21 p.m. an officer identified and contacted Andrew Grubbs, 34, from San Francisco for fare evasion at Bay Fair station. Grubbs was arrested for an outstanding warrant and booked into the Alameda County Jail.
- At 9:49 p.m. an officer identified and contacted Marcus Terrell, 42, from Richmond for fare evasion at Bay Fair station. He was arrested for possession of a controlled substance and drug paraphernalia. Terrell was booked into the Alameda County Jail.

Sunday, September 10

- At 1:56 a.m. officers identified and contacted Samin Mohamad, 33, from Union City near the Union City station, off BART property. Mohamad was arrested for violating the terms of probation

and disobeying a court order. He was booked into Alameda County Jail.

- At 6:10 p.m. officers identified and contacted Lester Harris, 59, from Oakland inside the Castro Valley station. Harris was arrested and booked into Alameda County Jail for possession of methamphetamine and violating the terms of probation.
- Monday, September 11**
 - At 7:14 a.m. a man identified by police as Efrin Moline, 29, from San Jose was contacted for fare evasion at San Leandro station. Moline had a No Bail arrest warrant for traffic violations out of Santa Clara County. He was also found to be in possession of narcotics. He was arrested and booked into Santa Rita Jail.
- Tuesday, September 12**
 - At 11:29 a.m. a man identified by police as Fred Weberpang, 34, from Gilroy was contacted for fare evasion at Fremont station. He was arrested and booked into Santa Rita Jail for possession of a controlled substance and for violating the terms of probation.

Wednesday, September 13

- At 10:34 a.m. a man identified by police as Kyle Daniels, 29, from Hayward was contacted for fare evasion at Hayward station. Daniels had a \$30,000 arrest warrant out of Hayward PD for domestic violence. He was booked into Santa Rita Jail.
- At 7:36 p.m. a man identified by police as Isidro Figueroa, 24, from San Jose was detained for fare evasion into the Milpitas station. Figueroa was arrested for three active warrants and booked into Santa Clara County Jail.

Hayward Fire Log

SUBMITTED BY
HAYWARD FIRE
DEPARTMENT

Tuesday, September 12

- Two alarm apartment fire on Gading Rd. Initial reports of people trapped, these residents were helped to safety by Hayward Firefighters. Fire contained to two units. No injuries reported.

Alameda County Sheriff’s Log

SUBMITTED BY ACSO

Sunday, September 10

- Around 8:45 p.m. deputies responded to the Whispering Oaks area in Castro Valley for a reported carjacking. The victim advised Sheriff’s Dispatch that he was seated inside his black vehicle when three Hispanic males approached him. One suspect brandished a black firearm and demanded the victim’s vehicle. In fear for his safety, the victim exited his vehicle, where all three suspects entered and fled.
- During the investigation, Alameda County Sheriff’s Office (ACSO) deputies located the black vehicle near 105th Avenue and Edes Avenue in the City of Oakland. Deputies attempted to conduct a high-risk traffic stop. The driver failed to stop, fleeing northbound on 105th Avenue. Deputies pursued the suspects for a little over five miles, then terminated the pursuit for public safety and allowed the suspects to continue once the Oakland Police

Milpitas Police Log

SUBMITTED BY MPD

Saturday, September 9

- A resident on Big Bend Drive reported that they scared a suspect away after he tried to get into their home through a sliding glass door. While officers were looking for the suspect, a homeowner on Grand Teton Drive reported that someone had broken their window while they were away, but the person did not enter their home. Security footage confirmed it was the same suspect from Big Bend Dr. Detectives located, identified and arrested Andres-Ruiz in Milpitas. He was booked into Santa Clara County Main Jail for attempted residential burglary and prowling.
- Sunday, September 10**
 - At about 7:05 p.m. Milpitas Police Officers responded to the report of a domestic violence incident at a residence on Spence Avenue.

When officers arrived, they saw the suspect in front of the home. When the officer attempted to detain the suspect, he ignored the officer’s commands to stop and ran into the side yard of the residence. Additional officers responded to establish a perimeter around the home, and they deployed a drone to search the area for the suspect.

The surrounding area, including the nearby Spangler Elementary School, was checked immediately after the suspect ran from officers. Based on all available information at the time, officers believed the suspect ran into the house. A judge authorized a warrant for the suspect’s arrest.

During the investigation, officers utilized the SWAT team to serve the warrant. At about 7:23 a.m. the SWAT team attempted to serve the arrest warrant. However, the suspect was not located. It was later determined that the suspect did not enter the home after fleeing from officers.

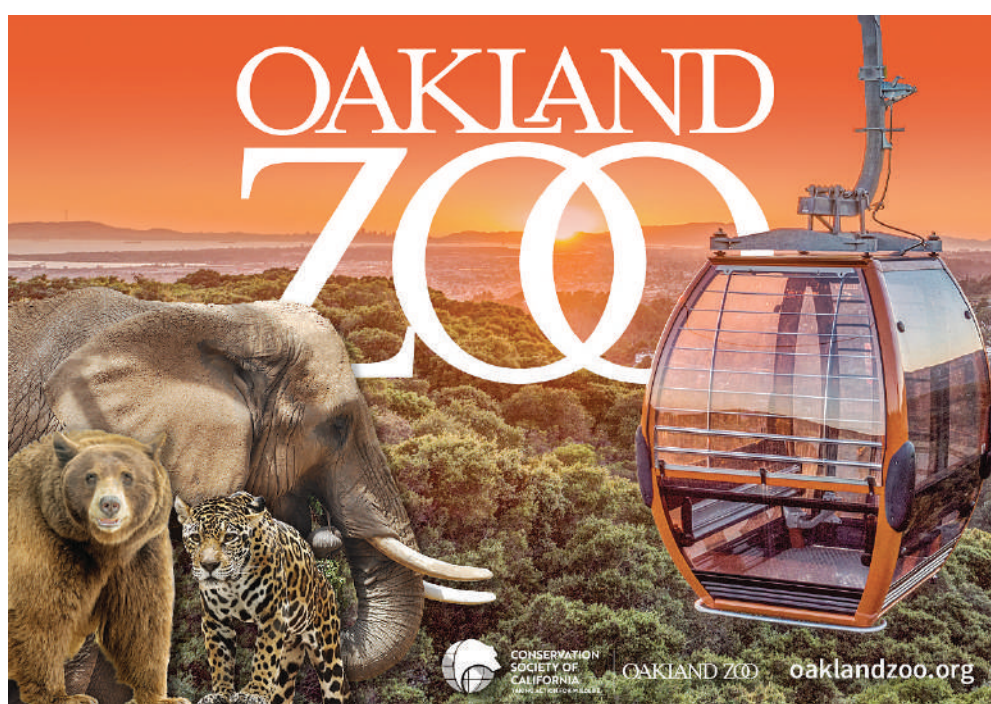
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United Nations and East Bay Regional Parks Commemorate International Day of Peace

By HUGO VERA

Community leaders, volunteers and representatives of local social justice-oriented groups convened at Lake Chabot Regional Park in Castro Valley to commemorate the United Nations' International Day of Peace on Saturday, September 16. The United Nations, first founded in 1945 as the League of Nations, has commemorated September 21st as its International Day of Peace since 1981. At Lake Chabot Regional Park, the East Bay Regional Parks District (EBRPD) collaborated with organizations such as the Dr. Martin Luther King, Jr. Freedom Center, the United Nations East Bay Chapter and GirlTrek (an Oakland-based

organization dedicated to empowering Black female walkers/joggers) to spread messages of peace, unity and tolerance.

The East Bay Regional Park District's choice of venue is no surprise as the Lake Chabot Regional Park was the scene of a hate crime in 2015 when a white California state correctional employee harassed a group of Muslim men socializing in the park. Denise Slader, the correctional employee in question, was later charged with misdemeanor assault and a hate crime when she threw coffee at the Muslim park-goers while victim Rasheed Albeshari recorded the incident and later posted it to social media. In the years that followed, the EBRPD worked to reclaim the site of the crime as one of tolerance and understanding. In 2021, the EBRPD erected a "Peace Pole" in the park. The 12-ft tall spire features the word "Peace" written in 31 languages, including the Chochenyo and Nahuatl languages of the Ohlone tribes that are indigenous to the area.

On Saturday, participants gathered in a clearing next to the Peace Pole as speakers and artists gave speeches, recited poetry and performed music highlighting messages of peace, love and community. There were also various segments in which participants split up into smaller groups to discuss the daily actions that one can take to foster peace.

"Peaceful actions include listening to better understand one another while also rejecting violence, including bullying and racism," says EBRPD Community Relations Manager Mona Koh. "Standing in support of persons being targeted is also a peaceful action, as is protecting and healing our life-giving lands, forests, rivers, oceans, wildlife and habitats."



Participants at the International Day of Peace celebration by Lake Chabot Regional Park's Peace Pole. The monument features the word "Peace" written in 31 languages.

One of the hallmarks of the event was the presence of the local youth. For K-12 student members of the MLK Freedom Center such as Arsema Abera and Coyo Tena, no one is ever too young to start having meaningful discussions about world peace.

"For so many people our age, it's easier to just stay inside but it's not necessarily the right thing to do," says Tena. "To oppose racism and fascism, we have to be conscious of the world around us and work to find common ground."

"Spreading the word of peace is the first step," adds Abera. "We also need to show up at the polls every election, we need to vote in the right people and also hold them accountable."

Toward the end of the event, local musician Joe Ellison debuted his new song, "Choose Love," which focuses on themes of domestic violence, LGBT rights and how "choosing love" is a viable answer. Participants then posed for a group picture in front of the Peace Pole before enjoying a free light lunch and engaging in a "Peace Walk" in which they marched around the perimeter of Lake Chabot Regional Park. For many in attendance, including Karen Bohlke of the



Local musician Joe Ellison performs his song "Choose Love."

MLK Freedom Center, events such as these are just the beginning.

"We're living in a time of so much division and isolation from each other, where our cultural values have shifted to the point that being aggressive with one another is almost like a game," says Bohlke. "What today has shown is that peace is real and when we help each other focus we can find common ground and connect with others to work through our differences and achieve peace."

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