

Bay Area Latin Jazz Festival

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How an all-girl Scouts BSA Troop is closing the gender gap in technology

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Healthy Parks Healthy People

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August 15, 2023

Vol. 22 No. 33



FOG India Day Parade and Fair 2023

SUBMITTED BY RITU MAHESHWARI

Realizing the American dream, while honoring the strong roots and culture from your country of origin—this is the motto of the 31st Festival of the Globe (FOG) "India Day Parade and Fair" held on August 19 and 20 in Fremont. Organized by Federation of Globe (also FOG) and Federation of Indo Americans (FIA) of Northern California, this celebration of democracy coincides with India Independence Day. This year, FOG continues the tradition that has been part of Fremont culture for the past 30 years.

continued on page 4

Pacific Bus Museum Open House



SUBMITTED BY PACIFIC BUS MUSEUM

On Sunday, August 20, the Pacific Bus Museum will have their annual open house, along with a memorabilia flea market with antique bus items for sale. The museum's collection at their Shinn Street location comprises 15 restored and operational buses, spanning eras from the 1930s to the present day. At the event, buses will be on display for photo opportunities, and attendees will be able to board buses to inspect the interiors. Come see the museum's latest acquisition, a Greyhound Silverside. Country Western star Tammy Wynette's tour bus will also be on display.

This event is free and open to the public. A barbecue lunch will be available for purchase at the event (\$14 for adults, \$6 for kids under 10), and money raised will be donated to the museum. Attendees can choose an entrée of hamburger, cheeseburger, or chicken breast, with sides, a drink, and dessert.

Pacific Bus Museum Open House
Sunday, Aug 20
11 a.m. – 3 p.m.
Pacific Bus Museum
37974 Shinn St., Fremont
www.pacbus.org
Free; barbecue lunch available for purchase



Stone Tool Knap-In

SUBMITTED BY COYOTE HILLS REGIONAL PARK

Watch the skill of stone toolmaking come to life in a flintknapping demonstration at Coyote Hills Visitor Center on Sunday, August 20.

Observe experienced stone tool makers and learn methods of transforming chert and obsidian into spear points and arrowheads. Interact hands-on with "before" and "after" objects that have been through the process of flintknapping.

All ages are invited to watch this demonstration and learn more about stone toolmaking from the interpretive staff; parent participation is required. This is a drop-in program; no registration is needed. The venue is wheelchair accessible.





Stone Tool Knap-In
Sunday, August 20
10 a.m. – 3 p.m.
Coyote Hills Visitor Center
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
https://www.ebparks.org/calendar
Parking: \$5 per vehicle



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Better Health is Key Quality of Life as We Age

Seminar Explains
Importance of
Screenings and
Lifestyle
Retirement
Strategies

With the number of Americans growing older in record numbers, there is a renewed effort underway to ensure the continued good health of community members as they age.

According to the 2020 census, the United States population aged 65 and older grew nearly five times faster than the total population from 1920-2020. This older population climbed to 55.8 million, or 16.8% of the population of the U.S. in 2020, when one in six people in the U.S. were 65 and older. This rapid growth was driven in part by those born between 1946-1964, who began turning 65 in 2011. This group is often called Baby Boomers.

There is a golden opportunity for increasing the chances of continued good health reaching into retirement and long after, according to Jaya Kediyal, DO, (Doctor of Osteopathic Medicine) with Washington Township Medical Foundation. "It's time we start changing the mindset about aging because how people look at post-retirement life has changed," Dr. Kediyal says. "People have retired and 20 or 30 years later they're still walking, talking and functioning beautifully."



Dr. Kediyal will present "Staying Healthy to Retirement and Beyond" on Tuesday, Sept. 26, at 1 p.m. The free online seminar will take place on Facebook and YouTube. For more information or to register, visit www.whhs.com/events. Following the live event, it will be added to the library of past presentations on Washington Hospital's InHealth YouTube page at YouTube.com/whhsInHealth.

Dr. Kediyal lists good health as an essential factor she will emphasize in her symposium. "If most of us are going to have a longer life span, we should stay healthier," she notes. To adapt to a change about the idea of healthy aging, she suggests imagining how you would want to live 20-30 years after retirement. She has found that not everyone is aware of what is required to engage in what she calls "healthy aging." She recommends starting with a dialogue with a primary care physician on topics that include health screenings, good nutrition and exercise.

Screenings

A plan for healthy aging begins with regular, routine screenings to find a baseline of personal health. There is no single

approach to health screenings or physicals; they are tailored to the individual. For example, if someone has a family history of cancer, the screenings would probably begin earlier than for others. The same is true if there are early heart issues in a family history. Screenings are a vital part of living longer in good health.

Exercise

A moderate exercise plan for 30 minutes per day should be the goal for healthy aging. While Dr. Kediyal acknowledges that people lose muscle mass as they age, this can be balanced with a sustainable exercise program. This may include hiking, swimming and tai-chi, or other low-impact activities.

Nutrition

Like a regular exercise plan, a healthy diet needs to be sustainable. "Nutrition is equally as important as exercise. Most people who go on a severe diet to lose weight quickly, tend to give up soon afterwards, regaining weight they lost." She continues, "The basic cornerstones for a sustainable, healthy lifestyle are nutrition, staying fit and staying mentally healthy."

Dr. Kediyal's recommendation for an ideal diet is a "rainbow plate" that includes a variety of vegetables, proteins and whole grains. Just as there are foods that should be part of a diet for healthy aging, there are some that should be excluded. Instead of bacon or sausage, switch to lean meats and lean poultry, fish or other seafood. Lentils are also an important source of protein and minerals. "A body is a machine," Dr. Kediyal says. "You have to understand to use it in a balanced way."

At her presentation, Dr. Kediyal will share ideas on how healthy eating and regular exercise can be enjoyable. If we are living longer, we should strive to live better.

For more information about Dr. Kediyal, visit the Find a Doctor page on MyWTMF.com, www.mywtmf.com/find-a-doctor/jaya-kediyal-do/

To register for this presentation, or for more information about other Health & Wellness seminars, see whhs.com/events or call 800.963.7070.



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Mood & Anxiety Disorders

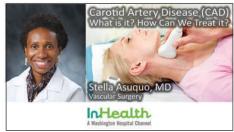
Teens and young adults increasingly struggle with mood and anxiety disorders. Fear of being treated differently can result in many you people not seeking assistance. Psychiatrist Neeru Kumar, MD, addresses what can be done to reduce the stigma of mental illness.





The Aging Spine

While age impacts the health of your spine, there are things you can do to maintain spine health. Local neurosurgeon, Rajiv Saigal, MD, notes spine changes you can expect with age and back conditions that may require surgery.





Carotid Artery Disease (CAD): What Is It? How Can We Treat It?
Carotid artery disease is a serious condition that blocks blood flow to the brain.
Untreated, it can lead to a stroke and death. Vascular specialist, Dr. Stella Asuquo, presents current therapeutic strategies that exist for people with CAD.

Coming Soon!



Heart-healthy Cooking Made Easy Wednesday, August 16, 2 p.m.

Join two registered dietitians for a fun cooking demonstration! Heart-healthy meals can be tasty and easy to make.

Other Video Topics:

- Joint Pain Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.





A Washington Hospital Channel

In-person Event! Medicare: What You Need to Know Tuesday, August 29, 11 a.m.

This seminar provides a clear explanation of Medicare options, including Parts C and D. This seminar is available both in person and online.

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!

Visit Us! YouTube.com/whhsInHealth





Back-to-School Series: How Hard Should You Push Your Kids to Succeed?

Fremont Psychiatrist Offers Advice for Local Parents

We all want our children to succeed in life. But what does that really mean? And how hard should parents push? Is it possible to encourage your kids without causing undue stress? As local kids head back to school, these questions may be on the minds of many parents who want to support their children's academic success.

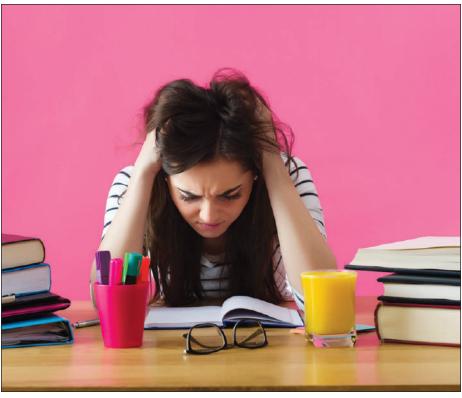
"I know parents have good intentions when they push their child to succeed," said Dr. Seema Sehgal, a psychiatrist with Washington Township Medical Foundation. "But I think it's important for parents to realize that stress is real, even for children, and sometimes it's invisible. We think of children as having a carefree, easy life. But the truth is, they are under a lot of stress today. Stress may look different in a child than it does in an adult, but it is there."

Though Dr. Sehgal doesn't see children in her practice, she works with many young adults suffering from anxiety and depression who talk about the enormous stress they felt growing up. There is a lot of pressure on kids today, according to Dr. Sehgal. Many are overscheduled with extracurricular activities and academic stress is rampant, particularly in the Bay Area where education and achievement are a major focus.

"There is a sentiment that if you aren't taking honors classes, you're not smart enough," she explained. "Some students constantly compare themselves to others to the point that they begin to internalize these differences and doubt themselves." Young people have always compared themselves to



Seema Sehgal, MD offers tips on balancing encouragement and stress management



their peers, but with social media, it's much more intense. It leaves many kids and teens feeling like they just don't measure up, which can cause a lot of stress.

Parents should be aware of the warning signs when it comes to stress.

"Children can become more irritable when they feel stressed," Dr. Sehgal described. "They might become quieter and isolate themselves. They may have frequent stomachaches or suddenly refuse to go to school. Sudden bed-wetting,

We need to give our children tools for coping with stress.
That should be our focus rather than pushing them to succeed.

-Seema Sehgal, MD

nail biting and waking up in the middle of the night for no apparent reason, are all signs of stress."

No Pressure

Dr. Sehgal's advice to parents is to become aware of their role in adding to the pressure their children already feel and see them as the unique individuals they are. Academic achievement is only one measure of success. Being a disappointment to their parents is already a potent stressor for most children. Being sensitive to this will relieve your child's stress. "It's our own fear that they won't amount to anything if we don't push them," she added. "But parents need to be the calming voice in their children's lives."

Stress and anxiety are normal, Dr. Sehgal said. The problem comes when they are out of control. "We need to give our children tools for coping with stress," she said. "That should be our focus rather than pushing them to succeed."

It is important to make sure your kids eat a nutritious diet, exercise regularly and get plenty of sleep. Those are the baseline for good health, both physical and mental. "Teach your kids how to relax on the weekends; do fun activities as a family," Dr. Sehgal said. "Let them spend time doing nothing. We keep kids on a busy

schedule from a very young age. We interfere with their normal development by keeping them overscheduled. Try to allow them to have time just to be. Limit afterschool activities so they have plenty of time to do their homework."

She also advises parents to restrict screen time and encourage face-to-face time with real friends. Have a cutoff time at night for phones and computers. Dr. Sehgal doesn't have a specific age when it's appropriate for kids to have smart phones or social media accounts because it depends on the child: some are ready before others. But parents should monitor social media accounts. "There is so much cyberbullying today, and that certainly causes additional stress," Dr. Sehgal added.

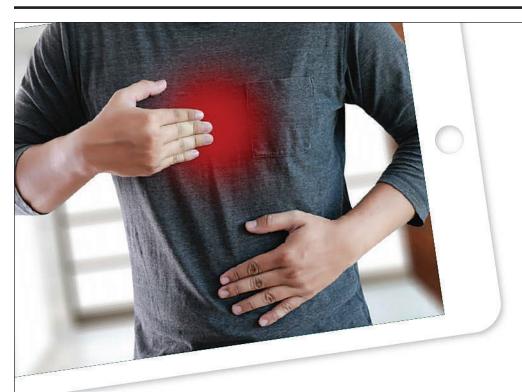
Parents need to focus on really talking with their kids and understanding them, rather than lecturing them and telling them what to do. Dr. Sehgal noted that many foreign-born parents were raised in a different culture, which may result in their Americanized children seeming difficult to connect with.

"Many parents are disconnected from their kids today for a number of reasons," she said. "Really communicating with your children is the absolute most important thing. Listen to them. Know their favorite music. Find out what they like to look at on social media. Spend time with your child. Get to know them as individuals. Be open to new experiences with them. Make sure they know you are in this together, that they can count on you for emotional support."

For information about WTMF psychiatry and behavioral health services, see the Services page on mywtmf.com. If you or someone you know is experiencing a mental health crisis, the 988 crisis lifeline is available 24 hours a day, seven days a week.

988 Crisis Lifeline

988 is a crisis line that connects callers experiencing a mental health emergency to more than 200 call centers with trained crisis counselors. These counselors are prepared to provide free and confidential emotional support and crisis counseling to people in suicidal crisis or emotional distress, and connect them to resources.



Virtual Health& Wellness

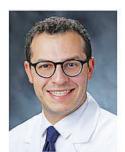
facebook.com/WashingtonHosp

voutube.com/whhslnHealth

Tuesday, September 12 1 p.m.

When Heartburn is Acid Reflux

A burning sensation on your chest may be a sign of acid reflux. Learn the causes, symptoms and treatment options.



Zaid Imam, MD Gastroenterology





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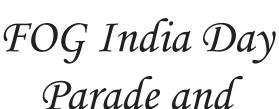
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continued from page 1

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Fair 2023

Thousands of people are expected to join the Parade and Fair. There will be cultural programs, a free Wellness Fair, Food Fest, Kid's Activities, and the Grand Parade with famous Bollywood celebrity Mahima Chaudhry and Bollywood actress Nataliya Janoszek. Bringing recognition and support from India this year, we also have chief guest Sunita Duggal, who is a Member of Parliament in India. People can not only immerse themselves in Indian culture, but also visit, eat, and shop at over a hundred booths.

The Fair will showcase presentations in dance and music. This year, there are multiple categories of dance performances. Over 250 local dance groups will compete in Classical, Folk, Bollywood, Contemporary, Hip-Hop and other categories. Each category winner will be awarded with a prize. Contestants will participate in their age groups, divided into 5-11 years, 12-18 years, and adults.

In addition, the Fair will feature a variety of delicious cuisines from different regions of India. North and South Indian cuisine, and savory snacks will be served by seven food trucks organized by Bay Area restaurants and caterers.

Sunday's Grand Parade boasts of over 60 entries ranging from Indian regional cultural communities to Bay Area organizations. The parade runs through sections of Fremont, and roads will be blocked off to facilitate comfortable viewing of the parade. Mahima Chaudhry is the star attraction and "Grand Marshal" in the parade this year. She is famous for her performance in the movie "Parades" and iconic song "I Love my India."



This year India celebrates its 75th Independence Day. The FOG India Day Parade and Fair provides an opportunity for the community to celebrate the event and appreciate the value of freedom, both in their country of origin—India—as well as the land of dreams—the U.S.A. Dr. Romesh Japra, Founder and Convener, FOG, said, "Over the past 30 years, FOG has made great strides helping the Indian community realize their American dream and anchor in Indian values."

> FOG India Day Extravaganza Saturday, Aug 19 – Sunday, Aug 20

> > Mela / Fair & Food Fest Saturday & Sunday 10 a.m. – 6 p.m.

> > > Health Fair Saturday 10 a.m. - 2 p.m.

Parade State Performances Sunday 10 a.m. - 2 p.m.

> Parade Sunday 11 a.m. - 1 p.m.

Music Performances Sunday 2 p.m. – 4 p.m.

39439 Paseo Padre Pkwy, Fremont (510) 491-4867 (510) 938-8667 Sulekha.com/FOG FOGsv.org



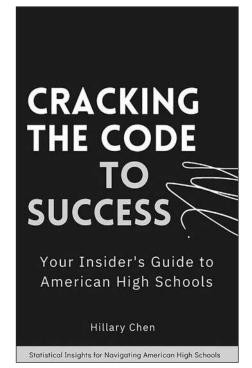


Empowering educational journeys: Hillary Chen's guide to navigating college admissions

By Olivia Ma PHOTOS COURTESY OF HILLARY CHEN

In the intricate tapestry of American education, the path to college or university can be elusive, especially for those from immigrant families or underserved communities. Recognizing this, Hillary Chen, a determined rising senior at Leland High School in San Jose, has embarked on a mission to illuminate this path for others like herself. Her guide, "Cracking the Code to Success: Your Insider Guide to American High School," is not just a compilation of advice, but a lifeline for individuals seeking clarity and confidence in their pursuit of learning and higher education.

Chen's guide was born from personal experience, as her parents are Taiwanese immigrants. Even with their hard work and



"Cracking the Code to Success: Your Insider Guide to American High School"

impressive PhDs, when it came time for Chen to leverage herself in high school, they could not help much. "When I had to register for the SAT and APs or summer programs, they didn't really know anything about it, and I couldn't go to them for help,' she said. Chen empathizes with others in similar situations. "There's probably a lot of people out there like me who really don't know much about how the system works." This empathy became her driving force as she worked to address the widespread need for accessible guidance.

Creating this guide was a labor of love. Chen embarked on rigorous research, spending a month and a half reflecting on her own experiences and conversing with other students from immigrant families and underserved communities. She then dedicated six months to crafting each chapter meticulously, from classes and extracurriculars to dealing with stress, interweaving her personal experiences with practical advice. She concluded with a guide that resonates with her intended audience and serves as a comprehensive roadmap through the daunting college admissions process.

Earlier this summer, on June 29, 2023, the Supreme Court of the United States overturned affirmative action, effectively prohibiting public and private colleges and universities from considering race as a factor in admissions. This overturning has drawn criticisms from across the nation, largest of which is that statistically underserved racial groups (many of which are immigrants) will have a difficult time pursuing higher education, whereas statistically privileged racial groups will have a much easier time due to their closer access to educational resources. While Chen agrees that students from underserved communities need programs to uplift their educational journeys and affirmative action was a way for that to happen, she believes that, "affirmative action is sort of like a Band-Aid solution to the larger issue." For



Leland High School Senior and Author Hillary Chen

Chen, real change starts from the beginning of a student's journey, with comprehensive support for underserved communities. It is a sentiment she stands firmly behind - a reminder that true equity is achieved through systemic changes.

Chen believes that those with privilege have a role in leveling the educational playing field. "Those who have more access to resources can donate...to help underserved communities, because in my area, there are schools that don't really have a lot of resources. There's a very clear contrast between several schools in my area and I think donations would help schools like those and just communities like this," she suggests. In her own community, she has witnessed the stark contrast between resource-rich and underprivileged schools, where some students receive free Chromebooks to assist with their studies, where others are left scrambling to access similar technology. She adds, "In a government context, I think they should have a bigger role and focus on increasing funding to public schools."

According to the Century Foundation, public schools in the U.S. are collectively underfunded by about 150 billion USD a year, and two-thirds face a funding gap, meaning that they do not receive enough resources to provide their students with a fruitful education. For many students, public education is the path to college and university. If their paths and journeys are not sufficiently supported, going through college admissions becomes more grueling than it already is.

In a world where educational inequality persists, Chen's guide is more than a book; it is a manifestation of her unwavering commitment to helping others like herself and paying her experiences as a student from an immigrant family forward. As Chen's guide continues to light the path, it beckons others to join in creating a brighter future for all students, regardless of their backgrounds.



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Exp. 8/31/23

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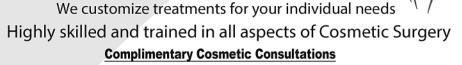
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39141 Civic Center Dr. #110, Fremont

Park happenings for **August: Beat the heat** in Regional Parks

SUBMITTED BY JEN VANYA

Visitor safety is always important for the East Bay Regional Park District, especially during times of excessive heat. Beat the heat in Regional Parks by preparing in advance for your adventure. Before heading out, make sure you check the weather and pay close attention to any heat advisories and warnings.

Here are some tips to stay safe when visiting **Regional Parks** on hot days:

- Stay hydrated and bring plenty
- Stay cool by wearing a hat and loose, lightweight, light-colored clothing.
- Avoid the hottest part of the day. If you do visit, go in the morning or early evening when it is cooler.
- Those vulnerable to heat should consider visiting on milder days.
- Avoid drinking alcohol and caffeine, which can worsen the heat's effects on your body.
- Don't forget your pets! Bring water for them, as water from streams or ponds is not always available or safe to drink.

Whenever it's hot, fire safety is essential. Visitors must follow all fire safety rules, including no fireworks and no smoking anywhere in parks. Visit the Park District's Alerts/Closures page

Red Cross:

Donation shortfall

may impact

blood supply

SUBMITTED BY MARTIN GAGLIANO

The American Red Cross has seen a shortfall of

months of the summer, which makes it hard to keep

products. By making an appointment to give blood

or platelets in August, donors can keep the national blood supply from falling to shortage levels.

Right now, the Red Cross especially needs

type O negative, type O positive, type B negative

and type A negative blood donors, as well as platelet

donors. For those who don't know their blood type,

The Red Cross needs donors now. Schedule an

appointment to give by downloading the Red Cross

All who come to give throughout the month of

Upcoming blood donation

opportunities Aug. 16-31

Blood Donor App, visiting RedCrossBlood.org or

calling 1-800-RED CROSS (1-800-733-2767).

merchant of their choice. Details are available at

August will get a \$10 e-gift card to a movie

making a donation is an easy way to find out this

Red Cross will notify new donors of their blood

important personal health information. The

type soon after they give.

RedCrossBlood.org/Movie

about 25,000 blood donations in the first two

hospital shelves stocked with lifesaving blood

(www.ebparks.org/alerts) for Fire Danger Level notices.

Regional Parks with cool weather and shady trails offer an escape from the summer heat. Here are some great options: Point Pinole Regional Shoreline (Richmond), Tilden Regional Park (Berkeley), Briones Regional Park (Lafayette, Martinez), George Miller Jr. Trail (Martinez to Port Costa), Diablo Foothills Regional Park (Walnut Creek, Concord, Alamo), Big Break Regional Shoreline (Oakley), Las Trampas Regional Wilderness (San Ramon), Reinhardt Redwood Regional Park (Oakland), Crown Memorial State Beach (Alameda), Coyote Hills Regional Park (Fremont), Sunol Wilderness Regional Preserve (Sunol). For more info, visit www.ebparks.org/visit/shadyhikes-cooler-parks.

Three Beat-the-Heat Hikes are scheduled in August at Black Diamond Regional Preserve and Del Valle Regional Park. At Black Diamond, enjoy a morning stroll up the shaded Chaparral loop on Saturday, August 12, from 8 a.m. to 10 a.m. Get some exercise and learn how chaparral survives the hot and dry summer months. At Del Valle, enjoy moderate morning hike on Sunday, August 13, from 8:30 a.m. - 11:00 a.m.; and Saturday, August 26, from

9:00 a.m. to 11:30 a.m. along the East Shore Trail, with oak woodlands and beautiful views of Lake Del Valle. For more information, visit www.ebparks.org/calendar and search "Beat the Heat Hikes."

Looking for a "Cool" activity? The Coal Mine Experience at Black Diamond Mines takes visitors deep beneath the surface to a time when coal powered California. The interactive and immersive experience transports visitors back in time with the sights and sounds of an active 1870s-era coal mine, with stories of the toils, triumphs, and tragedies embedded under the

The Coal Mine Experience is located inside the Hazel-Atlas Mine at Black Diamond Mines Regional Preserve where temperatures are in the mid-50's year-round, so bring a jacket or wear layered clothing.

Registration is required. For more information, visit www.ebparks.org/calendar and search "Coal Mine Experience." All participants must be age seven or older, and parent participation is required. Hard hats are required and provided.

The East Bay Regional Park District is the largest regional park system in the nation, comprising 73 parks, 55 miles of shoreline, and over 1,300 miles of trails for hiking, biking, horseback riding, and environmental education. The Park District receives more than 25 million visits annually throughout Alameda and Contra Costa counties in the San Francisco Bay Area.

Newark: Fremont - Newark Blood Donation Center,

8/16 - 17: 11:45 a.m. - 6:15 p.m. 8/18 - 20: 8:15 a.m. - 2:45 p.m. 8/21 - 24: 11:45 a.m. - 6:15 p.m. 8/25 - 27: 8:15 a.m. - 2:45 p.m. 8/28 - 29 and 31: 11:45 a.m. - 6:15 p.m.

Milpitas Area

8/26: 8 a.m. - 2 p.m., The Church of Jesus Christ of Latter-day Saints, Santa Clara,

How to donate blood

To make an appointment, simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. A blood donor card or driver's license or two other forms of identification are required at check-in.

A stable blood and platelet supply is critical to the beginning of what is expected to be another active hurricane season, the Red Cross urges volunteer to help people affected by the growing number of climate-driven disasters.

Red Cross shelters, using your professional skills as a licensed health care provider or becoming a member of the Red Cross Disaster Action Team. To learn more, visit redcross.org/volunteertoday.

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San Leandro Job Fair

SUBMITTED BY SAN LEANDRO CHAMBER OF COMMERCE

Looking to move up in your career? Changing careers or industries? Interested in seeking new opportunities? You may be interested in the 2023 San Leandro Job Fair, to be held at San Leandro Public Library on Thursday, August 24. Positions available include: administrative positions, contract specialist, project management, substitute teachers, and more. Energy Recovery, AC Transit, CA Institute of Career Development, Boys & Girls Clubs of San Leandro, and more will be hosting booths.

There is no cost to job seekers to attend. Be prepared to interview at the event.

> San Leandro Job Fair Thursday, Aug 24 3 p.m. – 5 p.m. San Leandro Public Library 300 Estudillo Ave., San Leandro www.sanleandrochamber.com

Milpitas Unified School District Receives \$1.5M Grant for **Innovation Campus**

SUBMITTED BY SCOTT FORSTNER

Milpitas Unified School District (MUSD) was recently awarded a \$1.5 million grant from Assemblymember Alex Lee's District 24 Office to support local workforce development through the construction of the MUSD Innovation Campus. "The MUSD Innovation Campus is unique in that it will intertwine business, higher education, governance, and community partnerships in uncommon ways," said Superintendent Cheryl Jordan.

The new facilities will support a wide variety of programming, including business entrepreneurship, robotics, virtual reality, Audio/Video production, coding, artificial intelligence, machine learning, computer science and virtual design and construction, as well as simulation for legal, financial, manufacturing and health career training. The MUSD Innovation Campus will provide dedicated space for MUSD's Adult

Education School, Calaveras Hills High School and additional facilities for Milpitas High School students.

"I graduated from Milpitas HS ten years ago, and being a product of MUSD, it brings me great pride to see its vision of harnessing the diversity of MUSD learners to the Innovation Campus," added Assemblymember Lee, a Sinnott Elementary, Rancho Milpitas MS and Milpitas HS alumnus. "Those in the MUSD community come from all walks of life. Their life experiences and political beliefs helped build my understanding of the diversity of the district I represent."

With the completion of Phase 1 for the start of the 2023-24 school year, the MUSD Innovation Campus is set for the two additional phases. Phase 2 is slated to be completed in summer 2024, while the Phase 3 opening is estimated for fall 2025. For more information, please visit: https://www.musd.org/musd-innovation-campus-campaign.html.

Senator secures \$1m for Center for Elders' Independence new location

SUBMITTED BY MELISSA GONZALO

Center for Elders' Independence (CEI), the leading provider of PACE coordinated health care and services for seniors in the East Bay, received a \$1 million funding boost thanks to support from State Sen. Nancy Skinner. She helped secure funding in the latest state budget that includes additional resources for Programs of All-Inclusive Care for the Elderly (PACE). The money will go toward construction of a new location scheduled to open in early 2024

"We are very grateful to both Gov. Gavin Newsom and

Sen. Nancy Skinner for their ongoing commitment to the Master Plan for Aging, and for Sen. Skinner's unwavering support of CEI and older adults in East Bay communities," CEI President and CEO Maria Zamora said.

Sen. Skinner said, "This state funding will enable CEI to expand its health care services for frail, older adults with complicated health conditions in West Contra Costa County, complementing CEI's existing services in Oakland, Berkeley, San Leandro, and other East Bay cities."

https://cei.elders.org/

Hot Pawgust Nights

SUBMITTED BY HAYWARD POLICE **DEPARTMENT**

The Hayward Animal Shelter will host its annual Hot Pawgust Nights car show fundraiser and animal adoption event on Saturday, August 26.

All pet adoptions will be \$20 to qualified homes from 11 a.m. to 5 p.m. A \$17 license fee applies to all dogs adopted to Hayward residents.

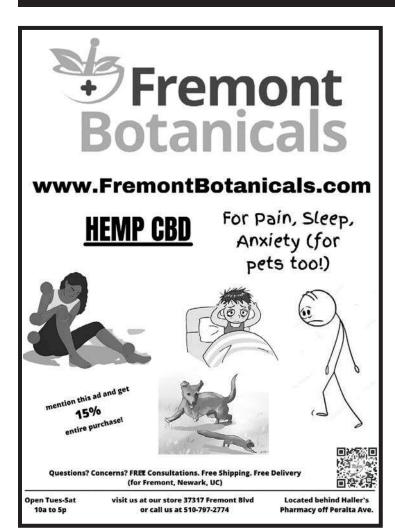
In the spirit of the original Hot August Nights, the shelter will showcase an array of classic cars and trucks. There also will be live bands, food, raffles, activities for kids and a special guest appearance by Nate Branch, legendary 15-year veteran of the Harlem Globe trotters.

If you are interested in displaying your car to help support the shelter, email shelter.volunteers@hayward-ca.gov or call (510) 881-7927. There is a \$25 registration fee which will go toward providing medical care, toys, food or other supplies for the shelter animals.

www.haywardanimals.org for more information about this event and the animals available for adoption.

> **Hot Pawgust Nights** Saturday, August 26 11a.m. – 3 p.m. **Hayward Animal Shelter** 16 Barnes Ct, Hayward (510) 293-7200 www.haywardanimals.org







Hayward **Executive Airport** to host annual Open House



SUBMITTED BY CITY OF HAYWARD

The Hayward Executive Airport will hold its annual Open House on Sunday, September 24, from 10 a.m. to 3 p.m. Families and aviation lovers are invited to this free event, which will feature a variety of entertainment for people of all

The Open House will include static aircraft displays, police and fire vehicles and equipment, and classic cars. Local restaurants and vendors also will be onsite selling food and drinks.

The airport started hosting the annual Open House in 2012, with assistance from aircraft owners and other stakeholders. The popularity of the event quickly grew, with thousands of community members from Hayward, the greater the Bay Area and beyond attending year after year. Due to the COVID-19 pandemic, the

Open House was canceled in 2020 and 2021.

A former World War II fighter base, Hayward Executive is a vibrant general aviation airport that spans 534 acres. Over 350 aircraft are based at the airport, from single-engine airplanes to sophisticated corporate jets, and aviation products and services are provided by 21 support companies. Learn more about the airport at

www.hayward-ca.gov/airport Open House admission and parking are free. To learn more, go

www.haywardairportopenhouse.com/.

Hayward Executive Airport Open House Sunday, Sep 24 10 a.m. - 3 p.m. www.haywardairportopenhouse.com/ 20301 Skywest Dr., Hayward



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EARTHTALK

Electric & Infrared Tech Usher In **Greener Grilling**

By Anagha Iyer PHOTO COURTESY OF THOMAS BARWICK/GETTY IMAGES

Dear Earth Talk: I've heard that grilling generates a lot of pollution and greenhouse gases. Are there greener types of grills or grilling methods that are more planet-friendly?

– Bill D., Raleigh, NC

We certainly do love to grill. Whether it's hot dogs, burgers, steaks, salmon or shish-kebab, chances are you and/or your neighbors have grilled it up recently. But all that grilling can't be good for the planet or our carbon footprints. Researchers in the United Kingdom report that a typical summer barbecue for four people releases more greenhouse gases into the atmosphere than an 80-mile car

There are several types of grills that can contribute to pollution, and your grill is most likely included. Charcoal grills release more emissions because they are literally burning carbon. If you live in a poorly ventilated area, charcoal grills may not be the best option since they release particulate matter into the air.

There are two major types of charcoal: lump charcoal, which is roasted wood; and briquettes, which are laced with chemicals and flammables. Both release very toxic volatile organic compounds and carbon monoxide when burned. But, between both of them, lump charcoal is the more sustainable option.

On the other hand, propane and natural gas grills emit significantly less pollutants than charcoal grills; however, they do burn fossil fuels. They are more efficient, cooking faster and easier, but still release chemicals like Nitrogen oxide, although usually on a smaller scale compared to charcoal grills.

An even better option are electric grills. These might be pricier, but they do significantly reduce emissions and will last a long time without refueling. They rely on electricity from the grid, so



Electric infrared grills don't generate any pollution and lock in moisture making them ideal for cooking steaks, burgers and other meats.

their environmental impact depends on the source of electricity generation.

Choosing renewable energy sources, such as solar or wind power, further enhances the sustainability of electric grills. Similarly, infrared grills use infrared radiation for cooking. Instead of heating the air around the food, they target the actual metal and food on the grill. They also lock in moisture making them ideal for cooking steaks, burgers and other meats.

Grilling is an integral part of our culinary culture, but it is essential to acknowledge and address its potential environmental impact. By embracing sustainable alternatives, such as electric grills or infrared grills, we can still indulge in grilling while minimizing our carbon footprint.

ONLINE CONTACTS

• Green Grilling for a Better Cookout www.thespruceeats.com/green-grilling-basics-

• How to Become a Green Grill Master www.saveonenergy.com/green-energy/greengrilling/

•The Greenest Way To Grill

www.theatlantic.com/science/archive/2021/07/gr illing-emissions-environment/619394/

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Imposter Syndrome

By Anne Chan, PHD, MFT

"I got lucky when they gave me this job (or when I got into this college)."

"I really don't feel qualified-I'm afraid someone is going to find out and I'll be asked to leave.'

"I don't deserve that raise they just gave it to me."

"I'm just not very smart; I'm not a born genius."

"I should know all of this by now—I shouldn't have to ask for help or ask questions."

If any of the above statements resonate with you, you might be suffering from a very common condition called "Imposter Syndrome." While Imposter Syndrome is not a medical or mental health diagnosis, it appears to afflict almost all of us. Some researchers estimate that as many as three-fourths of us will experience some degree of Imposter Syndrome at some point. Signs that you are suffering from imposter syndrome are:

- You feel unqualified, in terms of skill, competence, education, and experience
- You believe that your success is due to luck or chance, rather than your own hard work and achievements
- You find it difficult to take ownership of your competencies and achievements
- You amplify your weaknesses, flaws, or failings
- You believe that success means being the best or being perfect
- You worry that someone is going to find out that you are a fraud
- You avoid reaching out for help for fear that people might judge
- You habitually downplay your achievements

These worries about being an imposter can result in anxiety, low confidence, and embarrassment about speaking up. As you can see, a vicious cycle can happen because such actions will likely result in an individual becoming even more insecure.

The isolation of Covid made things worse when people worked remotely without a means of easily checking in with co-workers and bosses. Without adequate feedback, many began to question themselves. Even worse, news about the poor economy and layoffs sent many into a tailspin of fear. Some started working themselves into a frenzy, fearful that they were not performing up to par and that they would be laid off.

It's normal to have some degree of imposter syndrome when taking on a new role, such a new job, college program, or business. However, imposter syndrome can become a problem when one is crippled by self-doubt, fear, anxiety, depression, and worry, and ends up obsessively checking for mistakes or working insanely long hours to compensate for feeling like a fraud. I recommend seeking the help of a therapist if the effects of imposter syndrome are hampering your life.

It is also worth addressing imposter syndrome on your own. Here are some research-based strategies:

- 1. Separate your anxieties from the facts. Yes, you might feel like an imposter, but where is the evidence? A helpful exercise would be to analyze your strengths and your accomplishments to date.
- 2. Rethink how you see yourself with regards to others. Are you constantly comparing yourself unfavorably to others? Could you change this habit so that you are measuring yourself by a more appropriate benchmark? Perhaps you could stop comparing altogether.

3. Take the time to acknowledge your feelings of fear. Imposter syndrome doesn't go away simply because you decide to banish it. Acknowledge the feelings beneath your imposter syndrome.

- 4. Notice and evaluate your thoughts—imposter syndrome thoughts tend to be exaggerated, all-or-nothing, or catastrophic, like "They are going to fire me," or "I'm completely unqualified for my job.'
- 5. Get a supportive mentor who can guide you and give you quality feedback.
- 6. Limit social media use to optimize your mental health. Social media with its curated images provides fertile breeding ground for imposter syndrome, envy, and insecurity. Keeping tabs on people's achievements will only heighten your sense of incompetence.
- 7. Take stock of your achievements. I recommend having a list where you note down your achievements, big and small. This is not to stroke your ego, but to give you a more realistic and balanced sense of who you are.
- 8. Celebrate your wins, starting with the smallest—when was the last time you celebrated a personal accomplishment? Or notified people about your wins?

Having imposter syndrome isn't always a bad thing. Researchers have found that those with imposter syndrome can actually be better communicators because they are more attentive to other people. Barbara Corcoran, who made a fortune from her real estate firm and is one of the sharks in Shark Tank, believes that having Imposter Syndrome isn't necessarily a bad thing. In fact, she looks for entrepreneurs with a bit of self-doubt because she knows that their uncertainty drives them. Of course, a little bit goes a long way, so don't fault yourself for having imposter syndrome, but don't let it take over either.

Anne Chan is a career consultant and licensed psychotherapist in California. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com © Anne Chan, 2023

contact the Castro Valley Library at (510) 667-7900 or

The library will provide an ASL interpreter for any event with at least seven working days' notice. Call (510) 667-7900 or TTY (888) 663-0660.

> E-Bike Safety Workshop Saturday, Aug 19 1:30 p.m. - 2:30 p.m. Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900

www.aclibrary.org/branches/csv

Ohlone College Foundation receives generous donation from longtime supporter

> **SUBMITTED BY** MEG D'SOUZA

On August 10, 2023, Ohlone College Foundation was honored to receive a generous donation of \$18,750 from the CIO Scholarship Fund, a longtime supporter of the college's Computer Network Emerging Technology (CNET) program. Funds assist students in a number of ways, including peer-to-peer and embedded tutoring in CNET courses, faculty support, and technology lab improvements.

"We are very grateful for the CIO Scholarship Fund's continued generosity for our CNET students," Ohlone College

President Charles Sasaki said. "The funds play a pivotal role in preparing them for a successful future in the ever-evolving world of technology.'

Since 2013, the CIO Scholarship Fund has donated over \$166,000 to the Ohlone College Foundation. Their gifts ensure that students are provided a foundation for success through hands-on access to the latest networking and computer technology and tailored academic support both in and out of the classroom.

The goal of the CIO Scholarship Fund is to help build and enhance information technology leadership. Along with providing scholarships, they also achieve this by helping to build relationships between students, schools, and IT practitioners.

"It brings us joy to help students take a step closer to a bright future in IT," said Ron Sha, board member of CIO Scholarship Fund. "I hope when they are in a position to help the next generation of students, that they will pay it forward. To do so will help continue building leadership in IT."

For more information on how to contribute, visit www.ohlone.edu/foundation.



Free bike repair

SUBMITTED BY NATHAN SILVA, LIBRARIAN II

Is your bike making mystery sounds? Is it in your garage collecting dust because it has a flat tire? If so, come down to the Castro Valley Library and join us for this FREE bicycle repair clinic, hosted by BikeMobile of Alameda County. The BikeMobile can fix flat tires, adjust brakes and gears, and even replace worn out parts. (The only thing it can't do is replace missing wheels or gears.)

Bikes will be repaired on a first come, first serve basis. While the mechanics work on your

bike, they'll explain how your bike works and how to keep it running smoothly.

The BikeMobile (BMB) is a mobile bicycle repair clinic that offers schools, community organizations, and public events in Alameda County free bike repair services, and bike mechanics and safety education.

Bikemobile free bike repair Saturday, Aug 19 11 a.m. - 2 p.m. Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org/branches/csv

E-Bike Safety Workshop

SUBMITTED BY NATHAN SILVA, LIBRARIAN II

E-bikes can make riding easier for so many cyclists. An August 19 class from Castro Valley Library shares introductory knowledge around e-bike riding safety and getting the most out of your e-bike!

During this indoor hour-long in-person workshop, a certified Bike East Bay instructor will walk you through e-bike riding in an urban environment.

This includes:

- How to prepare for a ride
- Intro to safe riding concepts

• Battery and motor maintenance

Commuting tips

The class is for adults and teens; no bike required to participate.

This class is made possible with support from the Alameda County Transportation Commission, in partnership with Castro Valley Library. To register, www.aclbrary.org/branches/csv.

SUBMITTED BY CITY OF FREMONT

Fremont offers

down payment assistance

for first-time homebuyers

If you are interested in buying your first home in Alameda County,

the City of Fremont has information to share. This fall, Alameda County AC Boost program is offering a new round of down payment assistance funding.

AC Boost provides down payment assistance loans to eligible middle-income first-time homebuyers to facilitate the purchase of owner-occupied homes in Alameda County.

For more information, visit acboost.org or www.fremont.gov/Home/Components/News/News/576/

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News and Notes FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF **MATURE AMERICAN CITIZENS**

Old and bold

An "air chair" is not as comfy as it may sound -- especially if you are a nonagenarian. But that didn't stop 94-year-old Ejnar Dyrr from sitting back on his hydrofoil, a sit-down platform pulled by a motorboat, as it skimmed across the Pineview Reservoir in Ogden Valley, UT. His 8 children, 27 grandchildren and 30 or more great-grandchildren were on hand to cheer him on. The feat is likely to win him a page in the Guinness Book of World Records. Dyrr learned how to ride an air chair when he was younger -- at the age of 88. Watch him ski the lake on YouTube:

www.youtube.com/watch?v=Yn-WUuxP81Ow

Masters of jugglery

It's likely that David Rush and his partner, Arthur Lewbel did it

again. They recently made 914 nonstop juggling catches and now they are awaiting word from the Guinness judges that they made it into the record book. In 2018 they earned the title by making 532 side-by-side juggling catches. Rush has earned some 250 Guinness Records in his lifetime for feats such as the world's fastest juggler, juggling the most bowling balls and making the most consecutive ax-juggling catches. Oh yeah, he also won the Guinness World Record for using his nose to blow up 10 balloons in one minute. See the jugglers on YouTube: www.youtube.com/watch?v=4T5

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

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City of Hayward introduces new **Learn to Earn Tuition Assistance Grant**

SUBMITTED BY CITY OF HAYWARD

The City of Hayward is introducing a new tuition assistance program to help Hayward residents retool and update job skills while expanding the city's hometown employee talent base.

The Learn to Earn Tuition Assistance Program will provide microgrants ranging from \$500 to \$2000 to cover educational and training expenses at California State University East Bay,

Chabot College and potentially other technical schools offering certification and professional training.

Learn to Earn will prioritize students enrolling in advanced manufacturing and biotechnology and collaborate with local educational institutions to facilitate seamless grant issuance and continuity of

student support through graduation, certification or completion of a training program.

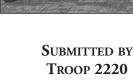
The initiative is a critical new component of the city's COVID-19 economic recovery efforts and intended to respond to pandemic dislocation of workers and post-pandemic recruitment challenges faced by local businesses and industry.

For more information about Learn to Earn including ways to apply for the grants through CSU East Bay, Chabot College and Eden Area Regional Occupational Program Center, or to have your school considered to become a partner institution or agency—visit the City of Hayward website or the program page: www.hayward-ca.gov/services/city-services/tuition-

How an all-girl Scouts **BSA** Troop is closing the gender gap in technology



Miraya Jain with the 4 guest speakers



(SCOUTS BSA)

An all-girl Scouts BSA troop is aking strides in bridging the tech gender gap. On July 29, 2023, BSA Troop 2220 held a Women in Technology conference at Newark Library, where over 70 attendees listened to inspiring talks given by tech founders and executives, and engaged in a discussion panel. The initiative was spearheaded by Miraya Jain, a high schooler and rising Eagle Scout who aimed to merge her interests in technology and gender equity through the means of Scouting. Thus, this conference was born as her Eagle Project.

The scouts in Troop 2220 organized this conference to



assistance-program-learn-earn

encourage, inspire, and empower middle to high school girls to pursue careers in tech. "The tech field is incredibly important on a global scale," Miraya notes in her introductory speech. "It is necessary to have more diversity and collaboration so we can solve the right problems in the right

The troop invited four guest speakers, who shared their stories as women in technology. The insightful discussion covered topics such as the speakers' backgrounds and how-against all odds—they achieved success in the male-dominated tech industry. They shared several insider tips, such as how to network successfully, and how being a woman is an advantage in the tech field (due to a fresh perspective on the world and approach to problem-solving).

A recurring theme of the speakers' insights was that putting yourself in uncomfortable, unknown situations is necessary for personal growth. This mindset of creating your own space in the world and seeking adventure is crucial to success in any industry, particularly tech. As several attendees noted, the conversation transcended the topic of technology, and encompassed women's experiences in the

By providing young girls with a platform to network with female leaders and tech pioneers, these female Boy Scouts have sowed the seeds of empowerment and ambition.

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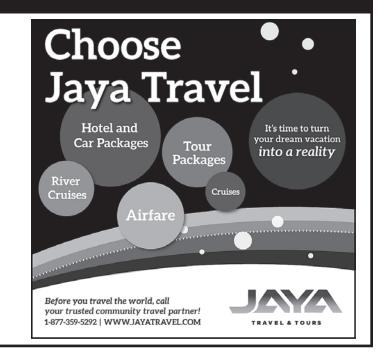
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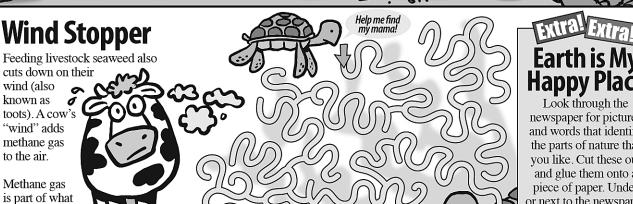
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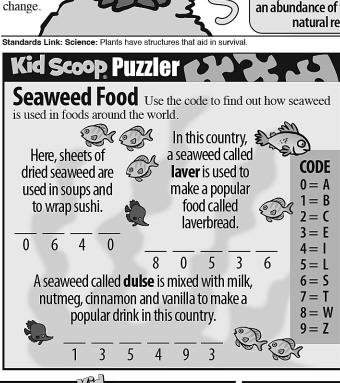


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newspaper for pictures and words that identify the parts of nature that you like. Cut these out and glue them onto a piece of paper. Under or next to the newspaper clippings, write what you love about each kind of nature.

Standards Link: Use descriptive



nounte **Word Search** Find the words in the puzzle. **CHANGE**

COLORS EARTH EAT **FEED FISH** HIDING HUNGER **MARINE OCEAN SEAWEED** SLOW 🔊 WATER

WHALES

WIND

How many of them can you find on this page?

SDSROLOCOJ J E R E G N U H N T BEAXWIQIHC T F D W T Z A D S W ODLUEBYIIH CHANGEMNFA EVQSWADGML ABENIRAMWE N V A R L T W O L S WATERHUXNB

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns

Kid Scoop Together

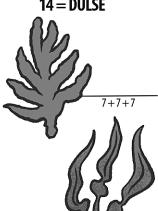
Work with a family member to

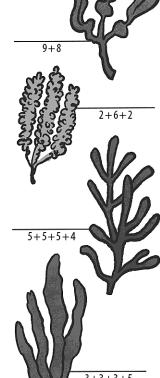
do the math to discover five of the most popular types of edible seaweed.

> 10 = NORI 21 = **WAKAME**

17 = **KELP** 19 = ARAME

14 = DULSE





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The adjective **edible** describes something that is safe to eat.

The scientist found several edible plants on the island.

Try to use the word **edible** in a sentence today when talking with your friends and family members.

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Science Solutions

is causing

climate

Find and read news articles about scientific developments or research. Write a summary answering these questions: Who are the scientists? What kind of science is involved? How will this help humans?

Standards Link: Reading Comprehension: Summarize an article.

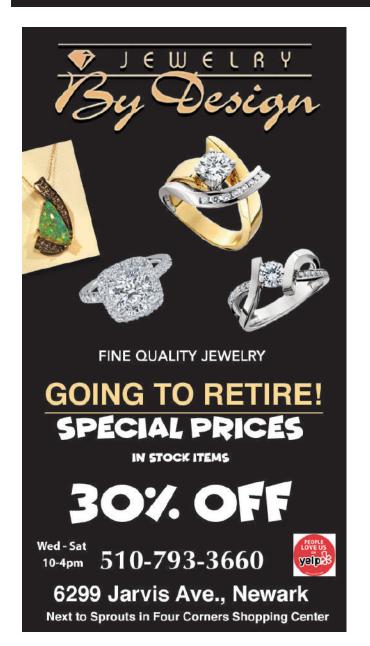
What did the ocean say to the sea when the sea asked if he wanted to come to the party?

This joke is from Kid Scoop reader Lucas Warner, age 11

ANSWER: Shore!

vrite un! 🐗 Live underwater?

Would you like to live underwater? Why or why not?







Niles Antiques

By Jack Alcorn

Fremont's Niles District is famous for many things. The Charlie Chaplin inspired Silent Film Festival, the Niles Canyon Railway and many seasonal events. Sunday, August 27, The Niles Main Street Association will host the 59th Annual Niles Antique Fair & Flea Market in the historic Niles shopping district, across from the Town Plaza on Niles Blvd.

Niles is home to a world class collection of antique stores. No one knows why

antique dealers settled and prospered in Niles over the last century, but the remarkable ensemble of more than a dozen antique shops provides a captivating tour of nostalgia in this interesting neighborhood.

The American Trading Post has a unique turn of the century plate collection and a wide range of base baseball memorabilia. Niles Antiques and Collectibles has an impressive collection of vintage furniture, porcelain and gramophones. Lost in the Attic boasts an interesting assortment. of dolls and novelties for the kitchen.

Mantiques owner Joseph Tarquini said, "We've got an antique fair coming up. It's been going for over 50 years. It's a really special day. People used to come from all across the country to this fair before there was Internet, and a there is lot of history in this town." Mantiques is "...geared up for guys - pop culture...more collectibles than antiques...80s and 90s type stuff, toys, costumes, video games...," said Joseph.

Sharon Lewis moved to Niles 50 years ago and said there were a lot of antique stores here then. She has been selling antiques this whole time. When asked about the antique business Lewis said, "A friend took me to a flea market - you just start collecting something and after three years collecting and couple yard sales, did a show and we rented a shop. Thirty-eight years

later, there is no rhyme or reason, you have a passion for old things and you like people. Some of the dealers have newer things, some of them have old things."

Page 11

Antique Dealer and 20-year Niles Mainstreet Association member, Keith Eldon, is coordinating the Fair. "People enjoy coming down to Niles because it's still the old Niles," said Eldon.

Open space views, no traffic, and a safe small town feel make Niles a popular family destination. The Town Plaza has ample parking and public restrooms for your tour of Niles antique shops. Restaurants, bars, cafes and ice creams stores punctuate the boulevard and promise a worthy outing.

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Hot Kugust Night on the Rails



SUBMITTED BY NILES CANYON RAILWAY

On August 19, ride through the canyon on a beautiful summer night! Diesel-powered round-trip rides depart from Sunol Depot at 7 p.m. and take approximately one hour and 20 minutes.

Since this is an evening run and temperatures can get cooler at night, please be sure to dress accordingly for the weather since there will be a mixture of open and closed cars available. Our snack bar will be open for hot dogs, cookies, chips, soda and

water. Restroom facilities are available on the train.

Arrive 30-45 minutes before departure to insure there is enough time to park, pick up your tickets and board the train.

Hot August Night on the Rails Saturday, Aug 19 7 p.m. **Sunol Depot** 6 Kilkare Rd., Sunol (510) 996-8420 https://www.ncry.org/ride/hotaugust-night/ Adults \$30; Children 3-12 & Seniors (62+) \$20

Bay Area Latin Jazz Festival

SUBMITTED BY MONTUNO PRODUCTIONS

Montuno Productions is happy to announce the fourth annual "Bay Area Latin Jazz Festival," to be held on Saturday, August 19 from 11 a.m. to 6 p.m. at Rowell Ranch, a picturesque, park-like venue operated and maintained by the Hayward Area Recreation and Park District (HARD).

The celebration will showcase the cultural/musical contributions of Latin Jazz, with an emphasis on Afro-Caribbean and Latin American influences. Festival attendees will be able to enjoy a diverse array of food, music, dance, and artistry.

Confirmed artists include Cuban pianist Daniel Amat,

direct from Málaga, Spain; Carlos Xavier & His Salsa Band; Montuno Productions All-Stars Salsa Project, featuring several Grammy award-winning musicians; Ricky's Grupo Afro-Nativo; MC & DJ, radio personality, Luis Medina.

General admission is \$35; \$45 at the gate on the day of the festival. Parking is \$5 (please bring cash). (No coolers or outside food and drink.)

Bay Area Latin Jazz Festival Saturday, Aug 19 11 a.m. – 6 p.m. **Rowell Ranch** 9725 Dublin Canyon Rd., Castro Valley (510) 586-3215 www.eventbrite.com www.bayarealatinjazzfestival.com



LETTER TO THE **EDITOR**

Electric Cars

This is about electric cars and self-driving cars. They are not safe at all. I don't like them.

I remember when they built the GM (General Motors) plant in 1963 in Fremont. They built beautiful cars and trucks.

They're going to have more problems with electric cars than they think. Electric belongs in the house, not on the road. There's no power at all. How will they get rid of those batteries when they are old? They are going to poison the ground and cause more pollution.

The more education they have the worse off they are. They're not going forward they're going backward. People have never seen anything. They have never seen what I've seen. I know what I'm talking about.

When they wake up it will be too late.

> **Leonard Rose Fremont**

Home & Garden

Mediterranean Dips to Share

By JOHN SCHINKEL

Something you can almost always count on finding at a potluck is a savory dip or spread, served with a vessel for consumption—vegetables, chips, or breads. A cold dip is great for transport, as keeping cold food cold tends to be an easier task than its opposite. Dips can be made in advance, and often have decent shelf lives. The region with the most commonly-known spreads and dips is the Mediterranean.

One lesser-known dip that is a personal favorite of mine is Muhammara (muh-huh-maa-ruh), a roasted red pepper and walnut dip with a special ingredient that makes it unique: pomegranate molasses. Recently, this dip has been growing in popularity, and is starting to be more common on restaurant menus. This dish is vibrant in both flavor and appearance, with a deep, sweet, and smoky flavor with hints of fruit and spices.

Hummus is a beloved dip that can very easily be made at home using just a few ingredients including chickpeas (Garbanzo beans), lemon juice, salt, pepper, tahini paste, and garlic. Most recipes are straightforward: Throw everything in a blender and call it a day! This is almost true, but something very important must happen to get that smooth, silky finish: removing the outer husk from the chickpeas. This can be a bit of a task but don't worry, you don't need to do them one by one. I recommend using dried chickpeas, soaking them overnight, boiling them with a bit of baking soda, cooling them, agitating them in a deep bowl of water, and using a strainer to pick out the husks that detach and temporarily float. This sounds like a lot of work, but it's quite easy, and explained in the recipe provided.

Both of these incredible dips are best served with warm, fresh pita bread. You don't need to bake your own pita; brush store-bought pita with olive oil, wrap in foil, and stack up to six layers. Place in an oven heated to 300 degrees for 15 minutes, then carefully unwrap. This reinvigorates the freshly-baked flavors, and will impress your guests.

Give these recipes a try, and tell me what you think. Enjoy!

Muhammara (Roasted Pepper & Walnut Spread)

By Chef John Mitzewich, Foodwishes.com Serves 10 Level: Easy

Ingredients

- 4 tablespoons olive oil, divided
- 1 1/4 cups raw walnut halves
- ½ cup fresh bread crumbs
- 1 cup fire-roasted red bell peppers peeled, seeded, coarsely chopped
 - 2 garlic cloves, crushed
 - 2 tablespoons lemon juice
 - 2 teaspoons pomegranate molasses
 - 1 teaspoon salt, plus more if needed
 - 1 teaspoon paprika
- 1 teaspoon Aleppo red pepper flakes, plus a pinch for garnish
 - ½ teaspoon cumin
 - ½ teaspoon cayenne pepper
- 1 tablespoon chopped Italian parsley for garnish

Directions

Heat a skillet over medium heat. Add walnuts and drizzle with 1 tablespoon olive oil. Cook and stir frequently until walnuts smell toasted and are lightly browned, about five minutes. Remove from heat and transfer to a plate to cool. Reserve two or three to coarsely chop for garnish.

Place skillet over medium heat; add 1 tablespoon of olive oil. Sprinkle in bread crumbs and cook, stirring frequently until crumbs turn golden brown, 3 or 4 minutes. Remove from heat and sprinkle onto plate with walnuts.

Place peppers in a food processor. Add walnuts, toasted bread crumbs, garlic, lemon juice, pomegranate molasses, salt, paprika, Aleppo pepper flakes, cumin, and cayenne pepper. Drizzle with remaining 2 tablespoons olive oil. Pulse on and off, scraping mixture down occasionally, until it's fine and smooth. Transfer to a bowl, cover, and refrigerate until chilled, about 2 hours.

Transfer to a shallow serving bowl. Use the back of a spoon to swirl indentations onto the surface to capture garnishes. Garnish with reserved chopped walnuts, a drizzle of olive oil, pepper flakes, and chopped parsley.

Smooth Hummus

Serves 12 Level: Easy

Ingredients

- 4 ½ cups of cooked dried chickpeas or 4 1/2 cups canned
 - ½ cup tahini
 - juice of 1 lemon
 - ½ cup roasted garlic
 - 1/4 tablespoon olive oil



By John Schinkel

- sea salt and cayenne pepper to taste
- one clove garlic
- 1. Soak chickpeas overnight with about 3 inches of water above.
- 2. Boil chickpeas with a teaspoon of baking soda for 35 minutes.
- 3. Drain chickpeas, return to pot, and fill with cold water, covering chickpeas by at least 6 inches.
- 4. Agitate chickpeas by hand; husks should start to come off and temporarily float. Using a strainer, catch as many as
- 5. In a food processor or blender, add chickpeas, tahini, lemon juice, garlic, and salt, and process while drizzling olive oil until very smooth.
- 6. Serve with a drizzle of olive oil, cayenne, and optional chopped parsley.

John Schinkel is a lifelong Fremont resident who completed his culinary education at Laney College in Oakland. He specializes in, and has a passion for French, Italian, and modern American cuisines. Professionally, he works in nonprofit development. His spare time is spent as President of the Rotary Club of Mission San Jose, Fremont Elks Lodge 2121, and the Washington Hospital Healthcare Foundation. John resides in Niles with his fiancé, Marty. Questions, comments? Johnarthurculinary@gmail.com



By Esin Deniz, via Shutterstock



By John Schinkel



THE ACWD CONNECTION





Water Savings Assistance Partnership Program 🔼

Alameda County Water District and Pacific Gas & Electric Company have partnered to offer income qualified customers a water and energy efficient program.

Through this program, local contractors will provide water and energy conservation assessments to residents. Services include indoor and outdoor leak assessments, and when necessary, contractors will install new toilets, faucet aerators, low-flow showerheads and more!

Sign up by calling Bottom Line Utility Solutions at 1-800-597-2835 or Community Outreach Services at 1-800-592-7197.



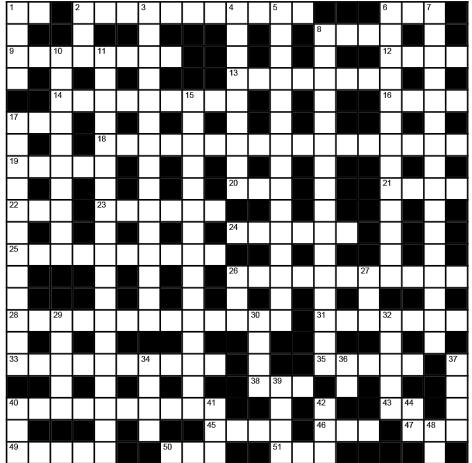
A Water and Energy Savings Program for income qualified customers





wind Twisters

Crossword Puzzle



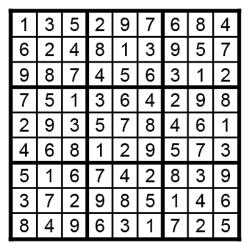
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6	Software program, briefly (3)		(2-3)					
8	Rikki-Tikki (4)	38	/IP (3)					
9	Exaggerated sense of power (8)	40	"Never!" (2,1,4,3)					
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17	Mama bear, in Madrid (3)	49	Because of, with "to" (5)					
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	in each area of this puzzle (9,8)	51	Benefit (3)					
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25	Call it a day (3,3,4)	3	Name to guess (15)					
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Tri-City Stargazer for week: AUGUST 15, 2023

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All Signs: This is an exciting week! It's time to include our love of fashion, art and beautiful things. Although we're all prepared to work, what we really want to do is have fun! On Wednesday, the New Moon takes place in glamorous, dramatic Leo. However, it is surrounded by disruption and exciting, new directions because on Tuesday, the Sun is at odds with oredictable Uranus, and again on Wednesday, Mars is also dancing with Uranus. This means people are working, people are playing and people are eager for new ways of doing things. Life is full of exciting possibilities.

Aries the Ram (March 21-April 20):

(8,5)

William Bullock that mangled his leg and led to his death

Of course, this will be a fun-loving, romantic week for you. Nevertheless, be aware that sudden changes might take place that affect your work and even your health. You might explore a new job or way to earn money. You might meet someone unusual through work. This particular New Moon urges you to respect your creative talents. (You love hobbies and crafts.) What might be a new approach to how you use your talents? For some, this might relate to parenting; for others, it could mean new love.

Taurus the Bull (April 21-May 20):

This is a busy week for you because you're juggling a lot. Social plans will constantly change. New romance, flirtations, hobbies, and getaways will be stimulating. Parents take note that this could be an accident-prone time for your kids. Pick fun clothes to wear. Be ready for anything—even an impromptu vacation. This week certainly sizzles! Meanwhile the New Moon on Wednesday is your best chance all year to consider how you can improve family relationships, your home, and how you enjoy where you live.

Gemini the Twins (May 21-June 20):

The energy for you this week is bright, crisp and full of possibilities because you will be full of new ideas. Wednesday's New Moon is the best time all year to think about your style of communicating. How can you speak so that others really hear you? Likewise, how can you listen with more awareness? Meanwhile,

something will change your home routine this week. It might be renovations or visitors. Or you might have new ideas that involve home repairs or redecorating. Change is in the air!

*Male pattern baldness? (7,6)

"Heaven forbid!" (6,3,7)

Cancer the Crab (June 21-July 21):

This is a fast-paced week, and your mind is brimming with original ideas. However, this week you will encounter interruptions to your daily routine. Be careful because it's a mildly accident-prone time. Nevertheless, this same influence could trigger genius ideas. Note: If you want to begin something new, wait until Mercury retrograde is over, which is the middle of September. But to be really safe (if you're starting a new business), wait until the beginning of October. The New Moon this week is the perfect time to introduce new ways of handling money and possessions.

Leo the Lion (July 22-August 22):

You are empowered because the Sun and Venus are in your sign; plus, the New Moon takes place in your sign on Wednesday, something that happens only once a year. This is the perfect week to take a look in the mirror to see how you can improve your image. Wardrobe? Hair? You will make impulsive purchases this week. Because an unpredictable influence might impact your wealth and possessions, be careful. On the upside, you might discover a way to boost your earnings! With Jupiter at the top of your chart, others admire your success.

Virgo the Virgin (August 23-September 22):

Get ready because this week has detours, surprises and unexpected happenings because both Mercury and Mars are in your sign sparring with wild, unpredictable Uranus. This will make you impulsive. You will do and say things unexpectedly. Likewise, the universe will throw some surprises your way. Note: this is a mildly accident-prone influence for you so pay attention. But aside from that, be ready for anything! Do your laundry. Stock the fridge. All you can do is play things by ear.

Libra the Scales (September 23-October 22):

This week the New Moon is in your House of Friendships, the only time all year this happens. This means now is the perfect time to give serious thought to friendships. What kind of friend are you? Do you like the friends you have? This is a good time to think about your connection with clubs and groups. Your associates are important because they affect your thinking, which in turn, affects your choices and your future. You might also feel restless with changes happening behind the scenes.

Scorpio the Scorpion

(October 23-November 21): Others might surprise you this week. You might be surprised by someone who is competitive and a bit aggressive? Another aspect of this "fast surprise" could be that you decide to change your goals? Someone might impress you, which in turn, makes you decide to change your goals. Meanwhile, the only New Moon all year that takes place at the top of your chart is

happening this week. This dovetails with the possibility of you changing future goals because the New Moon will make you reassess your life direction.

Sagittarius the Archer (November 22-December 21):

Your interactions with bosses, parents, teachers and authority figures, including the police, will yield a few surprises this week. The painful one is—don't get busted. The best one is—a surprise promotion or good news! Something might happen that gives you great press, which makes everyone admire you. Whatever occurs out of the blue will be public. Others will notice. Meanwhile, this week's New Moon is the best opportunity all year for you to make travel plans. Where do you want to go?

Capricorn the Goat

(December 22-January 19): Travel plans are tenuous this week. Specific plans might be cancelled or delayed. Conversely, some of you will have to suddenly travel when you did not expect to. This same surprising quality might impact a medical situation or legal matter. It might also affect your educational plans or something writing a paper or a manuscript. Meanwhile, in another part of the forest, this week's New Moon urges you to take a fresh look at how you handle debt and shared property. It's time to reassess inheritances and

Aquarius the Water Bearer

(January 20-February 18): This is the best week of the entire year for you to give serious thought to how to improve your closest

relationships. That's because the

New Moon this week (Wednesday) takes place opposite your sign (the only time all year) giving you a wonderful chance to set new goals and resolutions about how you relate to partners, close friends and spouses. Meanwhile, keep an eye on banking situations and anything to do with shared property, debt, and inheritances because there will be surprises impacting these areas.

Pisces the Fish (February 19-March 20):

A close friend, spouse or partner (professional or personal) will surprise you this week. They might have an unexpected suggestion or want to redefine the relationship? They might want more freedom in the relationship. Alternatively, you might meet someone new who is a real character. They're unusual and exciting. Meanwhile, the only New Moon that happens all year in your House of Employment is taking place. Each New Moon is the perfect time for new resolutions, so now is the time to initiate ideas about how to improve your job or your health.



By Georgia Nicols www.georgianicols.com.

CASTRO VALLEY | TOTAL SALES: 11 MILPITAS | TOTAL SALES: 8 Highest \$: 2,400,000 Median \$: 1,290,000 Highest \$: 1,770,000 Median \$: 1,225,500 Lowest \$: 785,000 Average \$: 1,421,545 Lowest \$: 1,045,000 Average \$: 1,279,063 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED 785,000 2 1018 19256/20/23 95035 1,045,000 3 1010 1969 7/7/23 19923 Wisteria Street 94546 63 Woodland Court 20642 Maria Court 94546 848,000 3 1569 19946/22/23 1488 Bond Street 1,058,000 2 1449 2018 7/7/23 20068 Summerridge Dr 94552 1,065,000 639 Elderberry Drive 1.088.000 2 1223 2014 7/5/23 95035 06/22/23 3464 Northwood Drive 94546 1,200,000 3 1825 19526/21/23 600 South Abel St #412 95035 1,200,500 2 1851 2007 7/7/23 94552 1,200,000 3 1652 1989 6/22/23 1405 Yosemite Drive 95035 1,250,500 3 1710 1966 21606 Justco Lane 7/3/23 35555 Palomares Road 94552 1,290,000 3 2494 06/23/23 767 Superior Road 95035 1,280,500 2 1459 1984 7/6/23 06/20/23 30313 Palomares Road 94552 1,500,000 - 2888 95035 1,540,000 4 1586 1637 Everglades Drive 1965 7/7/23 94546 1,598,000 06/23/23 21112 Tyee Court 211 Buskirk Street 1,770,000 4 1750 1978 7/6/23 19525 Forest Avenue 94546 1,851,000 2 957 19496/22/23 NEWARK | TOTAL SALES: 11 3848 Somerset Avenue 94546 1,900,000 -5856 19946/21/23 Highest \$: 1,508,000 Median \$: 1,258,000 16985 Brierly Court 94546 2,400,000 4 3624 1968 6/21/23 Average \$: 1,189,000 Lowest \$: 625,000 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED FREMONT | TOTAL SALES: 18 39997 Cedar Blvd #247 94560 625,000 2 1071 1985 6/20/23 Highest \$: 3,528,000 Median \$: 1,533,500 5352 Port Sailwood Dr #26 900,000 3 1647 1983 6/20/23 94560 Lowest \$: 480,000 Average \$: 1,602,000 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED 6222 Jarvis Avenue 94560 930,000 2 1110 1987 6/20/23 39078 Guardino Dr #304 94538 480,000 1 693 1990 6/20/23 1,070,000 3 1356 1954 6/20/23 5946 Cinnabar Court 94560 685,000 2 224 Sequim Common 94539 897 1985 6/21/23 36389 Indian Wells Dr 94560 1,235,000 3 1381 1969 6/23/23 755,000 3 1101 1,258,000 3 1232 38627 Cherry Lane #82 94536 1974 6/21/23 7764 Hazelnut Drive 94560 1964 6/20/23 1,350,000 3 1414 36090 Pizarro Drive 1,100,000 3 1154 5854 Bellflower Drive 94560 94536 1955 6/21/23 1969 6/22/23 4531 Portola Drive 94536 1,200,000 3 1580 1953 6/20/23 4801 Windermere Drive 94560 1,360,000 4 1779 1969 6/23/23 4502 Mowry Avenue 94538 1,200,000 4 1356 1960 6/23/23 5486 Jonathan Drive 94560 1,400,000 3 1314 1959 6/23/23 38212 Luma Terrace 49025 Meadowfaire Cmn 94539 1,330,000 3 1548 2004 6/20/23 94560 1,443,000 4 2405 2015 6/20/23 1,508,000 4 39581 Kona Court 94538 1,400,000 3 1496 1967 6/21/23 37679 Bay Crest Road 94560 2412 2018 6/21/23 1,480,000 3 1269 39730 Plumas Way 94538 1963 6/20/23 SAN LEANDRO | TOTAL SALES: 9 1,587,000 3 1268 38854 Cherry Lane 94536 1978 6/23/23 Highest \$: 1,283,500 Median \$: 760,000 1,600,000 4 1601 38357 Acacia Street 94536 1963 6/20/23 Lowest \$: 515,000 Average \$: 778,500 **ADDRESS** 36343 Perkins Street 1,600,500 4 2160 ZIP SOLD FOR BDS SQFT BUILT CLOSED 94536 1965 6/20/23 515,000 2 811 1970 6/22/23 36027 Carnation Way 94536 1,705,000 3 1805 1955 6/20/23 1450 138th Avenue #5 94578 520,000 3 1060 14409 Doolittle Drive 94577 1979 6/21/23 1,800,500 4 2028 836 Regan Way 94539 1964 6/21/23 2,080,000 4 1795 16264 Saratoga St #1 533,000 3 1096 34425 Bridgewater Pl 94555 1968 6/22/23 94578 0 6/20/23 13833 Samoa Road 94577 730,000 3 1336 1961 6/23/23 33631 Stallion Street 94555 2,625,000 4 3075 2017 6/23/23 94577 760,000 2 907 Victoria Avenue 970 1925 6/21/23 48939 Green Valley Rd 94539 2,680,000 4 2625 1992 6/21/23 533 Dolores Avenue 43470 Vista Del Mar 3,528,000 4 3446 94577 850,000 2 1381 1946 6/21/23 94539 1985 6/23/23 2084 167th Avenue 94578 855,000 3 1501 1949 6/21/23 HAYWARD | TOTAL SALES: 18 213 Leo Avenue 94577 960,000 3 1667 1936 6/20/23 Highest \$: 2,420,000 Median \$: 885,000 1,283,500 3 1506 474 Diehl Avenue 94577 1939 6/23/23 Average \$: 1.009.333 Lowest \$: 420,000 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED SAN LORENZO | TOTAL SALES: 3 681 Royston Lane #130 94544 420,000 1 643 1988 6/20/23 Highest \$: 905,000 Median \$: 850,000 21899 Vallejo Street 94541 650,000 2 864 1922 6/21/23 Lowest \$: 720,000 Average \$: 825,000 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED 625 Meek Avenue 94541 660,000 2 806 1942 6/23/23 1205 Via Dolorosa #133 94580 720,000 3 1043 1950 6/21/23 18026 Sahara Road 94541 680,000 3 1314 1973 6/20/23 15881 Via Media 94580 850,000 3 1000 1944 6/20/23 643 Arcadia Drive 94541 700,000 3 1333 2003 6/23/23 17033 Ganley Street 94580 905,000 4 1680 1952 6/23/23 123 Fagundes Street 94544 730,000 3 969 1950 6/20/23 1920 6/23/23 94541 850,000 3 1211 22347 Montgomery St UNION CITY | TOTAL SALES: 5 568 Mardie Street 94544 853,000 3 1000 1950 6/22/23 Highest \$: 1,818,000 Median \$: 1,100,000 654 Lebanon Street 94541 870,000 3 1164 1956 6/22/23 Lowest \$: 645,000 Average \$: 1,141,200 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED 900,000 3 168 Laurel Avenue 94541 1386 1926 6/20/23 35540 Monterra Ter #201 94587 645,000 3 1200 2001 6/23/23 25897 Bryn Mawr Ave 94542 933,000 3 1050 1951 6/20/23 4388 Planet Circle 788,000 3 1255 1971 6/23/23 94587 25980 Underwood Ave 94544 950,000 5 1989 1952 6/22/23 31328 Santa Maria Drive 94587 1,100,000 5 2054 1970 6/23/23 94541 1,011,000 4 1750 205 Cherry Way 1939 6/22/23 2807 Petunia Court 94587 1,355,000 3 1392 1972 6/22/23 31275 Hershey Way 94544 1,050,000 3 1762 1955 6/22/23 2969 Miraloma Way 94587 1,818,000 4 2357 1993 6/23/23 27725 Fallen Leaf Court 94542 1,210,000 4 2650 1967 6/21/23 94541 1,225,000 2 1036 1947 6/20/23 2979 D Street 37 Country Club Drive 94542 2,056,000 4 3946 2016 6/23/23

Inspiring Youth Environmental Activism

94542 2,420,000 5 3937 2014 6/23/23

By Esha Bansiya

2 Sonas Place

On August 5, 2023, Audrey Hsu and Bernice Deng welcomed youth into their Zoom webinar on how to raise awareness and fight back against climate change. While they waited for the webinar to begin, presenters invited attendees to share where they were from; answers ranged from Myanmar to South Korea to Taiwan. Mindful of this diversity, Hsu and Deng highlighted the primary goal of the webinar: to empower youth to make positive impacts in their specific communities.

To initiate the event, Hsu and Deng spoke about their experiences as youth non-profit founders. Hsu showcased her work with Everything Starts Small (ESS), a Bay Area-based non-profit. She introduced ESS projects and their origins to inspire attendees. Hsu used their literary magazine as an example of intersectionality between art and climate justice and encouraged attendees to use their passions to drive their work.

Deng continued the webinar by introducing her own Los Angeles-based nonprofit, Inspirate. Lack of environmental education in her community pushed her to start the nonprofit, a mentorship program where high schoolers teach middle schoolers about climate justice through interactive workshops. This program highlights the importance of climate awareness, and Deng emphasizes the need to continue discussing climate justice.

Finally, Nina Zhang and Jordan Smith introduced Oceanbusters, an international nonprofit focused on protecting our oceans through art and writing. Their projects include a podcast, newsletter, and translating children's books. Each project

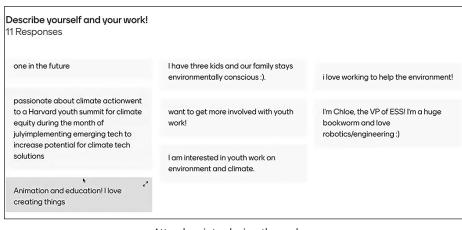
hopes to unite youth of all backgrounds against climate change and inspire action. They hope attendees could use this webinar to connect with like-minded students and learn about climate change from different perspectives.

After introducing these three hosting nonprofits, the webinar moved into interviewing three guest speakers: Sophia Kianni, Lourdes Diaz, and Renesmee Chen. Sophia Kianni, an Iranian-American youth advocate, founded Climate Cardinals, an international youth nonprofit with a mission to make climate justice accessible to non-English speakers. Her activism began during her visits to Iran, where she found a lack of environmental awareness despite increasing pollution. With help from her mom, she translated resources for her relatives to inspire change. Kianni's story highlights the importance of leaning into one's passion and personal experiences to shape impactful work. She prompted attendees to find specific experiences in their lives that make them passionate about environmental justice and channel those into their work.

Lourdes Diaz, from the Youth Environmental Power Initiative (YEPI), inspired attendees to act on their passions in big and small ways. She highlighted both composting in her backyard and collaborating with her city as significant contributions to combating climate change. Diaz further emphasized communication and group work. Silicon Valley Clean Energy Fund funds the majority of YEPI's work, a sponsorship the team acquired through confident communication. Open communication and support within the group alleviates the burden of environmental injustice, maintaining the movement's momentum.



Professionals' profiles



Attendees introducing themselves

Finally, Renesmee Chen from Taiwan Youth Climate Coalition motivated attendees to leverage youth creativity to develop innovative solutions. Her involvement in creating engagement material for the Conference of Parties to the United Nations Framework Convention on Climate Change (COP27) and her ongoing work for COP28 are examples of her own creative efforts. To help other attendees reach this international level, she advised them to stay engaged with climate news and be courageous when given opportunities to use their voices.

As the interviews concluded, the audience asked a few final questions. One attendee asked about future collaborations between the youth nonprofits. Hsu noted that ESS and YEPI are in the Bay Area and plan to work together again. On that hopeful note, the presenters ended the webinar, leaving attendees with much to reflect on themselves and their goals to change their community.

Everything Starts Small everythingstartssmall.org



Welcome home! The Masonic Homes in Union City are pleased to announce the opening of the new Pavilion, where those in need of memory care and assistance with day-to-day living can enjoy comfortable living quarters in a beautiful,

community-minded atmosphere.

Our person-centered philosophy of care offers residents the opportunity to live their best life safely, with a helping hand when needed. Whether enjoying a card game in our communal living space or relaxing in a beautiful new apartment, you'll find that the Pavilion offers a haven for your body, mind, and soul.

34400 Mission Blvd., Union City, CA

- Person-centered care philosophy for memory care and assisted living
- 24/7 security and on-site nursing support
- Access to hair salon, swimming pool, and massage therapy
- Weekly housekeeping and laundry service

Schedule a tour (888) 466-3642 pavilion-unioncity.org



\$ = Entrance or Activity Fee R= Reservations Required

Schedules are subject to change.

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Private online and in person instruction Beginning Advanced

Guitar Instruction

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Tell A Friend Call Rachel Parra 510 745-1480

Hayward



510-293-7200

www.HaywardAnimals.com 16 Barnes Court, Hayward (Near Soto & Jackson)

Connecting rescued animals with loving homes!



Peach is a 2 month old Husky/Bernese mountain dog mix. Peach is a sweet girl who loves to run circles around you, and be held by her new owner. Peach is going to need a lot of care and training to be the best companion. To adopt contact Hayward Animal shelter 510-293-7200



DK is a 2 month old Husky/Bernese mountain dog mix. DK is a a goof ball who loves to get into everything. DK is adventurous, loving, and is looking to be the best boy companion in your home. To adopt contact Hayward Animal shelter 510-293-7200

CONTINUING

Call to confirm activities shown in these listings

EVENTS

Tuesdays

East Bay Games Meet

6:00 pm - 10:00 pm German/Euro style board games and card games Swiss Park 5911 Mowry Ave., Newark

(510) 936-2523 meetup.com/east-bay-games sfdavidkaye@yahoo.com

Tuesdays

bit.ly/3GllRwI

Poker Tournaments

6:00 pm Weekly tournaments for beginner or a seasoned player The Clubhouse Bistro & Bar 4020 Technology Pl., Fremont (510) 651-2500

First and Third Tuesdays

Mobile Food Distribution with Tri-City Volunteers

11:30 am - 12:30 pm Bring your own bag Fremont Adult School 4700 Calaveras Ave., Fremont (510) 793-6465 tri-cityvolunteers.org/food

Third Tuesdays

Read to a Dog

4:00 pm - 5:00 pm Ohlone Humane Society and Alliance of Therapy Dogs will be at the library Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 rb.gy/m7ded

First and Third Tuesdays & Wednesdays

Trivia Night

6:00 pm - 8:00 pm Gather your team, grab some beers, and compete to win prizes. Drake's Brewing Company 1933 Davis St. #177, San Leandro (510) 568-2739 bit.ly/3U31xWD

Wednesdays

Trivia Night R\$

6:30 pm - 8:30 pm Play & win prizes The Clubhouse Bistro & Bar 4020 Technology Pl., Fremont (510) 651-2500 fremontclubhouse.com

Wednesdays

Tropics Bingo

7:00 pm Flash games. Tropics Mobile Home Park 33000 Almaden Blvd., Union City (510) 471-8550

Wednesdays

1:00 pm - 3:00 pm

Activities for people with Parkinson Age Well Center at South Fremont 47111 Mission Falls Ct., Fremont (510) 742-7529 cutt.ly/zwdxcR1t mtorrez@fremont.gov

Wednesdays

Zumba Gold \$

11:30 am - 12:30 pm Workout while dancing. Age Well Center at South Fremont 47111 Mission Falls Ct., Fremont (510) 742-7529

Thursdays

Chair Yoga R

10:00 am - 11:00 am Breathing and stretching techniques. Age Well Center at South Fremont 47111 Mission Falls Ct., Fremont (510) 742-7529

Third Thursdays

mont.gov

Chronic Pain Support Group 12:30 pm - 2:30 pm Group guidance from Stanford Pain Management Clinic (510) 790 - 6600 rb.gy/khu6w For zoom link: agewellcenters@fre-

Thursday -Sunday

Animal Feeding 3:00 pm - 3:30 pm

Feed livestock and learn about their favorite food Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (888) 327-2757 Admission fee applies.

Thursdays & Saturday

Story Time

10:30 am - 11:00 am Picture book story time Banter Bookshop 3768 Capitol Ave. Ste. F., Fremont (510) 565-1004 bit.ly/3VFpbcz

Fridays and Saturdays

Telescope Viewings

7:30 pm - 10:30 pm Experience the awe and wonder of Chabot Space and Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 bit.ly/3pehdLx

Saturdays

Laugh Track City \$

8:00 pm Series of improvised games and scenes Made Up Theatre 4000 Bay St. suite B., Fremont (510) 573-3633 bit.ly/3HKIhsa

Saturdays

Sip & Shop Maker's Market

11:00 am - 3:00 pm Enjoy delicious drinks while browsing offerings from local vendors! Castro Valley Market Place 3295 Castro Valley Blvd., Castro Valley (510) 901-1001

Sunday – Saturday

Summer Recreational Swim \$

castrovalleymarketplace.com/calen-

Mon - Fri: 12:30 pm - 3:00 pm Sat - Sun: 12:30 pm - 6:00 pm Attractions may vary Silliman Activity and Family Aquatic Center 6800 Mowry Ave., Newark (510) 578-4620

bit.ly/3nxo0is

Mondays & Thursdays **Fruit Tree Gleaning**

9:00 am - 10:30 am LEAF CR Stone Garden

Donate fresh fruits from your garden 55 Mowry Ave., Fremont bit.ly/42e4FlR info@fremontleaf.org

Wednesdays, December 7 -**November 22**

Qi Gong Meditation & Exercise Classes

2:00 pm - 4:00 pm Relieve stress and anxiety by joining Falun Dafa classes Milpitas Public Library

160 N Main St., Milpitas (408) 262-1171 shorturl.at/gqZ49

Second and Third weekends, March 11 - October 29

Public weekend train ride \$

9:30 am - 5:00 pm 1.5 hour round trip on steam and/or diesel operated trains. Niles Canyon Railway 6 Kikare Rd., Sunol (510) 996-8420 Online booking: ncry.org Departures: 10:30 am & 1:00 pm

Tuesdays, April 4 -September 5

LEGO® Time

3:00 pm - 4:30 pm Create your own design using your imagination and engineering skills. Centerville library 3801 Nicolet Ave., Fremont (510) 795-2629 shorturl.at/hxBSU

Wednesdays, April 5 -September 6

Board Game Night

4:00 pm - 6:00 pm Play board games with family, friends, or make new friends.

Centerville library 3801 Nicolet Ave., Fremont (510) 795-2629 bit.ly/3VTzrhF

First Wednesdays & third Sundays, April 16 -**November 19**

Shinn House tour

Arts & Entertainment

1:00 pm - 3:00 pm Visit Shinn House on a docent led Shinn Historical Park and Arboretum 1251 Peralta Blvd., Fremont (510) 790-5541 bit.ly/3TWli28

Mondays, April 17 -**December 8**

Job Lab

12:00 pm - 2:00 pm One-on-one help for jobseekers Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 bit.ly/3mbW8Qz

Fridays & Saturdays, April 25 - August 31

Your Wildest Dreams, an exhibit

11:00 am - 3:00 pm An exhibit of wildlife's paintings by Rita Sklar Hayward Shoreline Interpretive 4901 Breakwater Ave., Hayward (510) 670-7270

Fridays, May 5 - October 20

Fremont Street Eats \$

5:00 pm - 9:00 pm Food trucks and community fun! Fremont Downtown Event Center 3500 Capitol Ave., Fremont (510) 742-7510 bit.ly/2VfuSgv

Third Saturdays, May 20 -December 16

Yoga for beginners & beyond

10:30 am - 11:45 am Join for free yoga class Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 bit.ly/44NFZSZ joesapena@gmail.com.

Friday & Saturday, May 26 -August 26

Hayward Live

4:00 pm - 8:00 pm Music, art and much more for fun B Street, Hayward hayward-ca.gov/hayward-live

Saturdays, May 27 -**December 30**

Divine Satsang Sabha

5:00 pm - 7:00 pm Know techniques of living a virtuous, harmonious, & meaningful life SMVS (Shri Swaminarayan Mandir) 36665 Cedar Blvd, Newark (650) 585-5325 bit.ly/4380OGV

Fourth Saturdays, May 27 -November 25

Reading Buddies for Grades K -

2:00 pm - 3:00 pm Buddy up with a furry friend & read one on one from a favorite book. Milpitas Public Library 160 N Main St., Milpitas (408) 262-1171 bit.ly/3MEpC3X

Saturdays, June 3 -September 30

Summer Music Series R\$

7:00 pm - 10:00 pm Get ready to groove, dance, and sing along to your favorite tunes all summer long! The Clubhouse Bistro & Bar 4020 Technology Pl., Fremont (510) 651-2500 rb.gy/iw8sc

Saturdays, June 10 -August 26

Computer Crew Teen Tech Help

2:00 pm - 4:00 pm Meet one-on-one with a tutor to get assistance with basic tech issues. Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 rb.gy/cmfwa castrovalley@aclibrary.org

Wednesday, June 13 -September 27

Little Listeners Storytime

11:00 am - 11:45 am Storytime for preschoolers San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 284-0640 rb.gy/9lrtx sanlorenzo@aclibrary.org

Wednesday, June 14 -**December 27**

Little Bookworms Storytime

11:30 am - 12:30 pm Come read, sing, and be silly with us Cherryland Community Center 278 Hampton Road, Hayward (510) 626-8522 rb.gy/5nlam sanlorenzo@aclibrary.org

Third Saturdays, June 17 -**December 16**

Music Hour at the Library

2:30 pm - 3:30 pm Relax and enjoy the music while reading your favorite book Union City Library 34007 Alvarado-Niles Rd., Union (510) 745-1464 rb.gy/hwcv8 unioncitylibrary@aclibrary.org

Monday - Friday, July 10 -August 30

Arts & Letters Member show

9:00 am - 5:00 pm Art Reception: Saturday August 19: 2 pm - 4 pm Hayward City Hall (John O'Lague Galleria) 777 B St., Hayward (510) 583-4000 haywardartscouncil.org

Tuesdays, July 11 -September 5

LEGO® Time

3:00 pm - 4:30 pm Use your imagination and engineering skills to create your own LEGO® designs. Centerville library 3801 Nicolet Ave., Fremont (510) 795-2629 rb.gy/cpnae

Tuesdays, July 18 -September 5

LEGO® Time

3:00 pm - 4:30 pm Use your imagination and engineering skills to create your own LEGO® designs. Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 rb.gy/107pa

Tuesdays, July 18 - August 29

Little Learners Storytime 10:30 am - 11:00 am

Learn through stories, songs, and movement activities. Centerville library 3801 Nicolet Ave., Fremont (510) 795-2629 rb.gy/t448y Tickets will be issued 15 minutes prior to the event.

Wednesdays, July 19 -**November 29**

ESL Conversation Club

3:00 pm - 4:00 pm Improve your English skills and learn about other cultures. Milpitas Public Library 160 N Main St., Milpitas (408) 262-1171 rb.gy/tszda dphillips@sccl.org

First & Third Friday, July 21 -**December 15**

Mobile Food Distribution

10:30 am - 11:30 am Food distribution for the first 80 families Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1444 rb.gy/3s1qh fremont@aclibrary.org Please bring your own bag.

Saturdays, July 22 -August 26

Storywalk Along the Marsh

3:00 pm - 3:30 pm Join us for an outdoor story walk Coyote Hills Visitors Center 8000 Patterson Ranch Rd., Fremont (510) 544-3220 rb.gy/71ajw Parking fee applies

Saturdays, August 1 -August 26

Bubble Shows

2:00 pm - 3:00 pm 4:00 pm - 5:00 pm Bubble machines and upbeat pop Fremont Hub (Outside old Navy)

39281 Fremont Hub, Fremont

August 2 - December 20

First and Third Wednesdays,

Golden Gatherings

10:30 am - 12:00 pm Gathering of elders for casual conversations and calm, self-guided activities San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 284-0640 rb.gy/h1xtb sanlorenzo@aclibrary.org

Friday - Sunday, August 4 -August 27

Chanticleers Theatre presents "The Wolves" R\$

8:00 pm Sundays: 6:00 pm. Chanticleers Theatre 3683 Quail Ave., Castro Valley (510) 733-5483 shorturl.at/rxFM3

Thursday - Saturday, August 10 - October 7

53rd Annual Virtual and **In-Person Textile Exhibition**

12:00 pm - 5:00 pm Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 is.gd/IUUSZT

Third Saturdays, August 19 -**December 16**

Yoga For Beginners

10:30 am - 11:45 am Beginners' yoga for all adults and Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 rb.gy/3mazn

<u>UPCOMING</u> **EVENTS**

Tuesday, August 15

Intro to Financial Literacy R

4:00 pm - 6:00 pm Workshop on an introduction to financial literacy. Ages 12 - 18. Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 rb.gy/xkjgy fremont@aclibrary.org

Tuesday, August 15

Welcome Teacher Day

10:00 am - 5:00 pm Elementary students can pick up free vase to take to school & present to their teacher. Washington West, 2500 Mowry Ave (Drive through) Washington Hospital 2000 Mowry Ave., Fremont (510) 797-1111 dirkrlorenz@gmail.com

Tuesday and Thursday, August 15 - August 17

Application Workshop

5:30 pm - 7:30 pm Join for support with applying to Ohlone College for Fall 2023. Ohlone College (Room # 1302) 43600 Mission Blvd., Fremont t.ly/gH-a7 spa@ohlone.edu

Wednesday, August 16

Bat Watch Wednesday

7:30 pm - 9:00 pm Stop by to see the wonderful world of local bats Sunol Regional Wilderness Visitor Center 1895 Geary Rd., Sunol (510) 544-3245 t.ly/TockE

Wednesday, August 16

Parking fee applies.

Virtual Workshop: Investing in the Future of Bay Area Housing

5:30 pm - 7:00 pm BAHFA's Workshop on proposed regional housing measure. Zoom link: rb.gy/idy12 Meeting ID: 879 0781 6698 Passcode: 307329 Join via phone: (408) 638-0968

Wednesday, August 16

Application Workshop

Ohlone College for Fall 2023! Ohlone College (Room # NC110) 39399 Cherry St., Newark t.ly/gH-a7 spa@ohlone.edu

Wednesday, August 16

Welcome Mixer R

Meet and greet evet to welcome President Charles Sasaki to the community. Fremont Downtown Event Center 3500 Capitol Ave., Fremont (510) 742-7510 https://t.ly/77M04 foundation@ohlone.edu

Thursday, August 17

Live Webinar: Understanding

12:00 pm An opportunity to learn more about Medicare rb.gy/5e4sj Registration: Enter SUTTER for your first name, GUEST for your last name. Your link to join the webinar will be sent in your confirmation

Thursday, August 17

Meet the Innovators \$R

Hayward Bonneville Labs 25801 Industrial Blvd, Hayward (510) 256-7155 eastbayeda.org/events

Friday Night Features \$R

8:00 pm Improvised comedy showcase comedians Made Up Theatre (510) 573-3633 madeuptheatre.com

Saturday, August 19

Buses on display, flea market, BBQ, and raffle. Pacific Bus Museum 37974 Shinn St., Fremont pacbus.org

Saturday, August 19

info@pscbus.org

7:00 pm ful summer night! Niles Canyon Railway 6 Kikare Rd., Sunol (510) 996-8420 t.ly/Hudmc Departs from Sunol Deport

Dumbarton Quarry Campfire:

Spiders

Get to know about spiders and enjoy the campfire.

9400 Quarry Rd., Fremont (510) 544-3220

Bikemobile Free Bike Repair

11:00 am - 2:00 pm hit the road Castro Valley Library (510) 667-7900

Saturday, August 19

1:30 pm - 2:30 pm Workshop on e-bike riding safety and getting the most out of e-bike. Castro Valley Library (510) 667-7900 rb.gy/3a899 castrovalleylibrary@aclibrary.com

Saturday, August 19

Brain Health for Teens Workshop

1:00 pm - 2:30 pm Teens workshop on the importance of your brain health, your wellness,

5:30 pm - 7:30 pm Join us for support with applying to

Ohlone Colleges' Community

3:00 pm - 5:00 pm

Medicare R

5:00 pm - 7:00 pm A presentation on biotech and biomedical innovation in the City of

Friday, August 18

featuring in-house and visiting 4000 Bay St. suite B., Fremont

Annual Open House

11:00 am - 3:00 pm

Free to attend. Food for purchase

Hot August Night on The Rail

Ride through the canyon on a beauti-

Saturday, August 19

8:00 pm - 9:00 pm

Dumbarton Quarry Campground

ebparks.org/parks/dumbarton-quarry

Saturday, August 19

Visit the library to fix your bike and 3600 Norbridge Ave., Castro Valley rb.gy/goonf castrovalley@aclibrary.org

E-Bike Safety Workshop R

3600 Norbridge Ave., Castro Valley

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Janet Laney, D.C. 510-792-9000

6170 Thornton Ave., Ste H Newark

and to discuss tips to better manage difficult days. San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 284-0640 aclibrary.org sanlorenzo@aclibrary.org

Saturday, August 19

We All Scream For Ice Cream

1:00 pm - 2:00 pm Learn how we make delicious old-fashioned ice cream. Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (888) 327-2757 t.ly/7ihXH Admission fee applies.

Saturday, August 19

Comedy Shorts Night \$R

7:30 pm Featuring comedy shorts of early 90s' Niles Essanay Silent Film Museum 37417 Niles Blvd., Fremont (510) 494-1411 nilesfilmmuseum.org

Saturday, August 19 **Rolling Toy Pickup Truck**

Workshop R 10:00 am - 1:00 pm Bring your mini-DIYer into Lowe's 32040 Union Landing Blvd., Union City

Saturday, August 19 Laser: Taylor Swift \$R

7:30 pm - 8:30 pm Laser Taylor Swift takes her biggest hits and brings them to life in dazzling laser light. Chabot Space and Science Center 10000 Skyline Blvd., Oakland (510) 336-7300

Saturday, August 19 **Laser After Hours: Queens of**

chabotspace.org/events/events-listing

9:30 pm - 10:30 pm An exciting new series of laser shows and light demonstrations, beer, wine, and a featured thematic cocktail of

Chabot Space and Science Center 10000 Skyline Blvd., Oakland (510) 336-7300 chabotspace.org

Saturday, August 19 **Cool Adaptations Scavenger**

Hunt

10:00 am - 11:00 am Learn what plants and animals' bodies can do to help them keep cool in the hot summer. Sunol Regional Wilderness Visitor Center 1895 Geary Rd., Sunol (510) 544-3245

ebparks.org/parks/sunol#events

Saturday, August 19

Pollinator Power!

Parking fee applies

11:00 am - 12:00 pm Explore the power of pollinators who help our plants to grow Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (888) 327-2757 tiny.cc/pys9vz Admission fee applies.

Saturday, August 19

The 4th Annual Bay Area Latin Jazz Festival \$R

11:00 am - 6:00 pm Showcase the cultural/musical contributions of Latin Jazz, with an emphasis on Afro-Caribbean and Latin American influences. Rowell Ranch 9725 Dublin Canyon Road, Castro Valley 510) 586-3215 t.ly/go5zM

Saturday, August 19 and Sunday, August 20

Festival Of India Mela and Fair

10:00 am - 6:00 pm Dance competition, folk festival, India day parade, food festival, kid's corner and more 39439 Paseo Padre Parkway, Fremont fogsv.com Parade: Sunday, 20; 11 am - 1 pm

Saturday, August 19 and

Sunday, August 20 Family Camp out \$R

3:00 pm - 9:00 am A night out under the stars with family-friendly activities, campfire stories, and more East Avenue Park 3221 East Ave., Hayward (510) 881-6700 havwardrec.org munn@haywardrec.org Bring? Pillows, tents, sleeping bags, camping chairs, weather-appropriate clothing, bug repellant, reusable water bottle, and flashlights/lanterns.

Saturday, August 19 and

Sunday, August 20

Circus Menagerie \$R Join the Murder mystery dinner "Circus Menagerie: Murder on the Midway.' Twining Vine Winery 16851 Cull Canyon Rd, Castro Val-(510) 582-7391

Sunday, August 20

amanda.daly@liberointl.com

Apples to Apples 11:30 am - 12:00 pm

plethos.org

Explore the apple history of Ardenwood and taste varieties of apples. Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (888) 327-2757 https://t.ly/KM3W Admission fee applies

Sunday, August 20 **Knap-In: Stone Tool Making**

10:00 am - 3:00 pm Observe stone tool makers and learn methods of making spear points and arrowheads. Coyote Hills Visitors Center 8000 Patterson Ranch Rd., Fremont (510) 544-3220

t.ly/94x8E Parking fee applies.



FUDENNA BROS., INC.

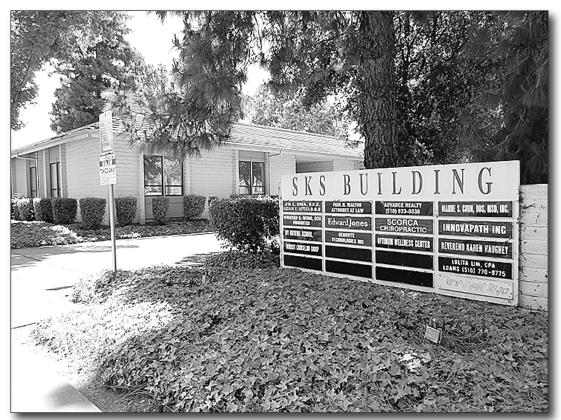
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Email: customerservice@fudenna.com Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Sunday, August 20

A Genealogy Workshop R

2:00 pm - 4:00 pm Learn how to digitize and document your family history. Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 aclibrary.org castrovalley@aclibrary.org

Tuesday, August 22

(510) 742-7529

city.fremont.gov/awcclasses

mtorrez@fremont.gov

Do I Need Estate Planning and a Will?

2:30 pm - 3:30 pm Seminar on Wills, Trusts, Living Wills (Healthcare Directives), and Power of Attorney. (510) 742-7540 Age Well Center at South Fremont 47111 Mission Falls Ct., Fremont

Tuesday, August 22 **Medical Eligibility and Home** and Community Based Services

11:00 am - 12:00 pm Presentation on medical eligibility for specific programs serving individuals 65 and older and individual with disabilities.

Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont (510) 790-6606

city.fremont.gov/awcclasses njordan@fremont.gov

Summer **Outdoor Movies**

Free Outdoor Movies

Bring picnic dinner, low-back chairs or blankets, and flashlights

August 18 **Turning Red**

Castro Valley Community Park

September 8 **Hotel Transylvania 4** Meek Park

www.haywardrec.org

Classic Movies Under the Stars

\$5 Barbara Lee Senior Center Member; \$10 Non-Member Register online or at the Senior Center

August 18 8:30 p.m. **Grease (1978)**

Barbara Lee Senior Center

www.milpitas.gov

Movies Under the Stars

August 24 – Sonic 2 **September 22 – Super Mario** October 13 - Guardians of the Galaxy Vol. 3

Central Park, Fremont (510) 494-4300 https://bit.ly/FremontMovieNights

Summer Concerts

Niles Concerts on the Plaza

Saturdays; 4 p.m. – 8 p.m.

September 9 – David Luning with The Hurricane Roses October 7 – Jinx Jones & the **Kingtones with Three on the**

Niles Town Plaza 37592 Niles Blvd., Fremont niles.org

H.A.R.D and Hayward **Odd Fellows Summer Concert Series**

Sundays, August 6 – September 24 1 p.m. – 4 p.m.

(No concert September 3) August 20 - 3 O'Clock Jump, Memphis Blues Project, and

Degeneration Nation August 27 - Kari & the SweetSpOts, Dee Smith & Friends, and Karen Soo Hoo September 17 - Oasis Big **Band, East Bay Youth** Orchestra, and In Full Swing September 24 - Hayward High **School Marching Band & Jazz** Band, and East Bay Symphonic

Hayward Memorial Park 24176 Mission Blvd., Hayward

LETTER TO THE EDITOR

Wildlife **Protection**

California's Dept. of Fish & Wildlife (CDFW) annually imports some TWO MILLION American bullfrogs (commercially-raised), and 300,000 freshwater turtles (all taken from the wild) for human consumption, sold in live food markets throughout the state. None are native to California, and all are diseased and/or parasitized, though it is illegal to sell such products (California Code of Regulations, Title 14, Section 236). The animals are housed in brutal and unsanitary conditions, routinely slaughtered while fully conscious.

Worse, the majority of the bullfrogs carry a dreaded chytrid fungus (Batrachochytrium dendrobatidis, or Bd), responsible for the recent extinctions of 100+ amphibian species worldwide. The market frogs and turtles are often illegally released into local waters, spreading all sorts of diseases and parasites.

Since the mid-1990's our state Fish & Game Commission has

twice voted unanimously to stop the permits, with thousands of letters supporting the ban, including two from former Resources Secretary Huey Johnson, all to no avail. Easy fix: Stop the live permits, allowing frozen frog/turtle products only.

The Commission meets in Fortuna (coastal Humbold County) on Tuesday, August 22; this issue is #12 on the agenda. PLEASE CONTACT: Chuck Bonham, Director, Dept. of Fish & Wildlife (director@wildlife.ca.gov); members of the F&G Commission (fgc@fgc.ca.gov).

Sincerely,

Eric Mills, coordinator **ACTION FOR ANIMALS Oakland** (510) 652-5603

San Leandro search for artists

SUBMITTED BY SLUSD COMMUNICATIONS

San Leandro is searching for ten talented artists to design and paint the new Downtown Holiday Trees. San Leandro is a beautifully diverse community, and the Downtown San Leandro Community Benefit

District is looking for at least one design each to

represent Hanukkah and Kwanza. Not all trees need to describe a specific holiday tradition. Design concepts can reflect what the holiday season embodies.

Up to ten artists will be selected. The commission is \$500 per tree. There will be no compensation of portfolio or design concepts. Submitting artists must live, work, or attend school in the City of San Leandro.

Application period opens August 1 – August 31. For more information visit

www.DowntownSanLeandro.com.

LETTER TO THE EDITOR

X-Ray image error

In reference to the article: August 1 is World Lung Cancer Day, pg. 3, Vol.22 No.31 (August 1, 2023 issue)

This article submitted by the Washington Hospital made interesting reading and is indeed a good source of information about the latest developments in the diagnosis and treatment of Lung Cancer for lay persons.

However, there was a glaring mistake in the photograph that was used in the article. The image shows someone, who is possibly a physician, judging from the long-sleeved doctor's coat they are wearing, holding an image of a patient's X-ray of the chest. Unfortunately, they are viewing the X-ray incorrectly.

A postero-anterior view of the X-ray of the lungs always has the heart shadow on the left side of the body, which is the on right side of the person who is holding the image in their hands (unless the patient has a condition called dextrocardia, where the heart is pointed towards the right side of the body). This physician is holding the X-ray incorrectly with the right and left directions reversed.

> Vijay Vaishnav **Fremont**

Community Bulletin Board

FREMONT COIN CLUB

Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365

Are you troubled by someone else's drinking?

Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics.

We have in-person and zoom meetings. Visit https://alanond17.weebly.com/ for a full meeting list. You can also email easyduz@gmail.com or call us at

510.276.2270 for more info.

FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA

We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom

A-1 Comm. Housing Svcs. A HUD Approved Agency **1st Time Home Buyers** Workshop

Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227

Scholarships for Women

Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www. peocalifornia.org

peouf150@gmail.com

10 lines/\$10/ 10 Weeks **\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities Announcements For sale **Garage sales Group meetings** Lost and found

of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting

For the extremely low cost

only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or
- real estate sales • No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

SAN LEANDRO HISTORICAL **RAILWAY SOCIETY**

is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499

Memorial Lutheran Chapel for the Deaf (MLCD)

MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. **Location:** Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA Sunday Bible Study: 9:30 a.m. - Sunday Worship: 11:00 a.m. **Church Office:** 510-499-8473 or 510-516-9566

Email: mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube "Where people gather...to worship, learn and share

The Friendship Force of the San Francisco Bay Area

Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possiblities

Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org

President's **Distinguished Club Newark Toastmasters** can help you improve your speaking and leadership skills.

We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com

the love of Jesus" Call or text 510-363-0531 www.1118.toastmastersclubs.org

TRI-CITIES WOMEN'S CLUB

Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 - Cards & Games 11:30 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club. For more info. call 916-217-3074

Want to see a collection of vintage buses?

Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org

THE HISTORIC SHINN HOUSE

1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891

Fremont Cribbage Club

Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.

LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP!

Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM

Great speakers! * All genres! * Critique groups available!

Email scottfrombayside@yahoo.com

for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions)

Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email **up.dragonfly.com@gmail.com** for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits

Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth

Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info:

www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327

SENIOR SOCIAL ACTIVITIES

Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055

Neighborhood **Garage Sale ANTIQUE-VINTAGE-USED-NEW AUGUST 19 - 20 8AM-5PM**

Furniture, Housewres, Glassware, Collectibles, Craft Supplies, GIFT ITEMS. 4619 Hampshire Way, Fremont

NEIGHBORHOOD BLOCK SALE Garage Sale AUGUST 19 - 20 8AM-5PM STREET PARTICIPANTS Hampshire Way

Robin St. Drury Ct. Robin Ct. Victoria Ave. Stratford Ave. Giriffith Ave.

Hedgewick Ave. Wadsworth Ct. Sundale Dr. Blacow Rd. and More

A-1 Comm. Housing Svcs. A HUD Approved Agency **Credit and Money**

Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227

BINGO BINGO BINGO

Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers

NEWARK TROOP NEWARK TROOP 186

is looking for 6th – 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at EvelynMarieLittle@gmail.com for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark"

Afro-American Cultural & Historical Society

Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30-7:30pm begin in October Newark Library 37101Newark Blvd. Newark 510-793-8181 aachstricity.org

CALLING ALL GARAGE SELLERS!

Ohlone College Flea Market Garage Sellers promotion: buy 1 market and get the second market at half price between July and December 2023. No permit is needed for your first 2 markets. The Ohlone College Flea Market is on the 2nd Saturday of every month, for more info contact fleamarket@ohlone.edu or 510-659-6285.

OPINION



WILLIAM MARSHAK

An essential element of democracy is transparency of its governmental functions. At the local level, deliberations by elected representatives, with a few exceptions, must be made in a setting open to public scrutiny. City councils, governing boards and special districts not only hold meetings in public venues, but also record actions taken. While meeting times may not be convenient for everyone, agendas are published in advance. Live streaming and video recordings create alternative opportunities to observe discussions and actions taken.

The executive branch of local government is typically represented by a mayor and/or general manager at these meetings as well as legal advice from the judicial branch. However, legal proceedings present a different challenge. While under investigation and waiting for adjudication, assertions of wrongdoing and damages that may not be corroborated (and ultimately dismissed), can cause irrevocable damage to reputations, endanger participants and create negative impressions. To preserve the assumption of innocence, many aspects of a case leading to

Transparency

trial and/or judgement are subject to rules of privacy.

Recent developments at regional and national levels have created heightened awareness of the unique position of our legal system. Based on the premise that all citizens are equal in a court of law, actions by some judges have raised concerns of political bias in legal interpretations and rulings. Allowance must be made for the human element that can influence court demeanor, but as representatives of justice for all, courtrooms are at the root of democracy. Those entrusted with legal proceedings shoulder a monumental responsibility to be models of decorum, propriety and fair application of the law. When this trust is weakened at any level of the judicial system, it threatens our entire societal compact of governance.

Most citizens have little contact with courtrooms and, if serving on juries, are carefully shielded from extreme behavior. Visitors and those who appear in court either as a defendant or plaintiff may have a more comprehensive view of courtroom behavior. In this wild, wacky world of partisan politics, courts play a pivotal role as guardians of our rights and freedoms. As such they should come under the same scrutiny as our legislators and executives. How can we expect our courts to behave as neutral arbiters of justice if they are appointed through a political process?

When a judgeship does show up on a ballot, how many citizens know anything about the candidates – qualifications, demeanor and character? Relying on attorney references is suspect since praise or criticism may be tempered by knowledge that if successful, they may face that judge in a courtroom. Some control of legal proceedings at the local level is possible as attorneys are subject to boards or councils. Judges in

courtrooms rule with few observers and controls. Flagrant violations of law may be handled by a bar association and or the legal system, but erratic behavior and poor rulings can be problematic. For those who either need to seek costly review by a higher court, the alternative is to simply retreat. In such cases, transparency is nonexistent.

Is it time to review how our justice system is organized and judges are selected? Is there a better way to assure transparency within the legal system through televised proceedings or other electronic means? How will participant rights to privacy be retained?

How about a pilot program to televise legal proceedings in a myriad of courtrooms, not made for television dramas. This would test the question of whether this would be instructive and beneficial for the general public without harming court proceedings.

"The bedrock of our democracy is the rule of law and that means we have to have an independent judiciary, judges who can make decisions independent of the political winds that are blowing."

— Caroline Kennedy

"A lack of transparency results in distrust and a deep sense of insecurity."

— Dalai Lama

William Manhall

William Marshak
PUBLISHER

SOCIAL SECURITY MATTERS

Ask Rusty – Why is Social Security Withholding My Monthly Payments?

By Russell Gloor, National Social Security Advisor, AMAC Foundation

Dear Rusty: I have been working since I started collecting Social Security when I turned 62. Last year I was apparently overpaid because of my job. I made \$37,000 and now the Social Security Administration says I owe them \$8,800 dollars because I made too much, and they have withheld my \$2,000 monthly SS payment. I am close to the maximum allowable again already this year. So, I am looking at quitting my job so I don't go over, but they are holding my payments so then I would have no money. Any help would be

appreciated. Signed: Frustrated by Social Security

Dear Frustrated: You are being affected by Social Security's "earnings test," which applies to everyone who collects early Social Security and also works before reaching their full retirement age (FRA). If your earned income exceeds the annual limit (which was \$19,560 for 2022), Social Security will withhold \$1 in benefits for every \$2 you are over the limit. If you earned \$37,000 in 2022 you were more than \$17,000 over the limit and owe half of that back to Social Security. They usually recover what you owe by withholding your future benefit payments, so they won't pay you benefits until they have recovered that \$8,800, after which your benefits will resume—but only for a while.

If you are working full time and also collecting early Social Security benefits, the earnings test lasts until you reach your full retirement age, which for you is 66 years and eight months. The earnings limit goes up a bit each year—for 2023 it is \$21,240—but if you continue to work full time, you'll receive another overpayment notice and

have more benefits withheld. A better approach might be to contact Social Security in advance and tell them what your 2023 earnings are expected to be, thus permitting them to suspend your benefits in advance and avoid overpaying you. I'm afraid there is no way around this—collecting early benefits while working full time means the "earnings test" will affect your benefit payments.

The "good news" in all of this is that when you reach your full retirement age, you will get time-credit for all months your benefits were withheld. By that I mean they will, at your FRA, recalculate your benefit entitlement as though you had claimed later (later by the number of months you had benefits withheld), which will result in a higher monthly payment after your FRA. In that way, you may eventually recover some or all of the benefits withheld by receiving a higher monthly amount for the rest of your life, starting at your full retirement age.

I suggest you contact Social Security at 1 (800) 772-1213 (or at your local office) and tell them you want to provide them with an estimate of your 2023 earnings because you are working and collecting early Social Security benefits. They will work with you to suspend your benefits for an appropriate number of (additional) months to avoid another overpayment situation. Note, you'll likely need to do this each year you continue to work full time, until the year you reach your full retirement age when the earnings limit more than doubles. The earnings limit goes away when you reach your full retirement age.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

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Assemblymember Lee secures \$1 million for Fremont's multi-use community center

SUBMITTED BY NICHOLAS CHAN

Assemblymember Alex Lee has secured \$1 million from this fiscal year's state budget for Fremont's multi-use community center at Central Park, which will be a state-of-the-art facility with spaces for community events and programs, alongside health and wellness activities.

In total, the Assemblymember has secured \$9 million to help Fremont develop the center, with \$1 million from the 2023-2024 state budget and \$8 million from the 2022-2023 state budget. "The facility will be a hub for Fremont residents, and I look forward to seeing generations of

the Fremont community enjoy this center," Lee said.

The multi-use community center will serve as a multi-generational facility in the heart of Fremont's Central Park. The over 34,000 square feet facility will include a multi-sport gymnasium, dance and fitness room, program rooms, as well as a kitchen and large room for events and activities. The multi-use community center will replace the City's Teen Center and Fremont Community Center, temporary facilities that are over 50 years old.

The planning and design phase of the project is underway, with construction of the \$58 million facility expected to

begin in 2026. The city plans to open the multi-use community center in 2028.

"I'd like to thank Assemblymember Alex Lee for his ongoing support to the Fremont community," stated Fremont Mayor Lily Mei. "This is a significant contribution toward our \$58 million dollar community investment at Central Park, bringing our total secured funding to \$35 million. I will be working with staff to secure the final \$22 million with our State and Federal partners as well as our community, in the upcoming months. This is an important project that will serve Fremont residents for years to come."

Finding your Treasures

Flea Market



First Presbyterian Church
35450 Newark Blvd.
Newark, CA 94560

AUGUST 19, 2023 10AM - 3PM

Flea Market for Relay For Life of the East Bay

Sponsored by TEAM HOPE

Union City City Council

August 8, 2023

Consent Agenda

- Amend the Construction Agreement with Bay Area Tree Specialists for the 2022-2023 Tree Pruning Project
- Amend the Consulting Services Agreement with CSG Consultants, Inc. for Municipal Programming
- Authorize the Close-Out Letter from Cargill, Inc., for the Union City Boulevard Bike Lanes Project
- Amend the Consulting Services Agreement with Richard K. Tanaka for project management services for the Union City Boulevard Bike Lanes Project
- •Amend the Consulting Services Agreement with Kimley-Horn and Associates, Inc. for the Union City Boulevard Bike Lanes Project
- Amend the Consulting Services Agreement with PGA Design Inc. for preparation of the final landscape plans and specifications and to provide design services during construction for the Union City Boulevard Bike Lanes Project
- Authorize a Consulting Services

 Agreement with Cal-West Lighting and

Signal Maintenance, Inc. for Street Light Maintenance, On-Call Support and Emergency Repair Services

- Award a construction contract to G. Bortolotto & Company Inc. for the Citywide Street Pavement Rehabilitation Project
- Amend Service Awards, Recognitions and Proclamations Policy
- Accept completion of the Union City Innovative Deployments to Enhance Arterials (IDEA) Grant Traffic Signals Control Upgrades Project, and the Passive Pedestrian Detection Improvement Project
- Adopt six resolutions appointing individuals to serve on the Arts & Culture Commission, Bicycle Pedestrian Advisory Committee (BPAC), Economic Development Advisory Team, Human Relations Commission, Park & Recreation Commission, and Planning Commission
- Authorize a five-year agreement with the New Haven Unified School District for the Provision of Seasonal Union City Transit Service

Mayor Carol Dutra-Vernaci	Aye
Gary Singh	Absent
Jamie Patino	Aye
Jeff Wang	Aye
Scott Sakakihara	Aye

Alameda County Water District

August 10, 2023

Action Items

• Authorization of Agreement for Services Amendment for the Development of an Alameda County Water District RiverWare Model. Passed 4-0 (Gunther excused)

Consent Calendar

• Ratification of Payment of Audited Demands dated July 7, July 14, July 21, and July 28, 2023 • Resolution Honoring Timothy Mathews upon his retirement from District Service

• Resolution Honoring Michael Williams upon his retirement from District Service

President Paul Sethy Aye
Aziz Akbari Aye
James Gunther Excused
Judy Huang Aye
John Weed Aye

Join Fremont PD's Community Advisory Board

SUBMITTED BY FREMONT POLICE DEPARTMENT

Interested in joining Fremont Police Chief Sean Washington's Community Advisory Board (CAB)? Join us for a virtual information session on Monday to hear more about what the board does and how you can help the Chief make decisions that put the community first.

The CAB brings together a representative cross-section of perspectives to serve in an advisory capacity to the Chief of Police by providing input on policy, technology, social issues, crime strategies, community engagement, department direction, and

prioritization. Learn from Chief Washington about CAB and get questions answered.

The Chief's Community Advisory Board can now accommodate up to 25 members and will consist of original Sustaining Members and newly added District Members who will represent each of the six districts throughout the city. District Members will serve a maximum of two years.

Virtual Information Session on the Chief's Community Advisory Board (CAB)

- August 14, 2023
- 6 p.m. to 7 p.m.
- Join via Zoom at https://zoom.us/join or call 1 669 444 9171 for audio.
 - Meeting/Webinar ID: 881 7287 9683
 - Passcode: 388071
- Meeting will be close captioned and recorded for future viewing purposes

For more info, visit fremontpolice.gov/CAB

Lucid USA Inc. has multiple openings in Newark, CA:

Sr Diagnostics Syst Eng(Job#K1418) Lead EEng diagnostics effort REQ: MS MechEng, EEng or rel fld&3yrs auto diagnostics exp \$150K-\$165K.

DMU Eng, Vehicle Integration(Job#M1449) Lead exec of virtual builds in prep for phys prototype builds REQ: BS or fgn equiv MechEng, AutoSys, or rel fld&3 yrs exp in pos offrd or in Auto design eng. Dom trvl up to 15% \$114,546-\$143K.

Sr Adv Product Quality Eng(Job#P1362) Des prog for prod qual& reliability reqs for upstream validation via APQP REQ: MS MechEng, EEng, or rel fld&3yrs APQP exp \$161,200-\$181,200

Eng, Supplier SW Quality(Job#R1357) Drive root cause investig of SW issues w/ suppl&int SW teams REQ: MS MechEng, CompSci or rel fld&2yrs SW qual or SW valid exp \$139,488-\$165K

Sr Systems Eng, Automotive

Controls(Job#V1046) Coord plan&exec E/ElectS ystsEng lifecycle activities REQ: MS or fgn equiv EEng, or rel fld&3yrs embd prod dev exp ALT: BS or fgn equiv EEng, or rel fld&5yrs progr post-bacc embd prod dev exp* \$194,245-\$214,245.

*Any suitable combo of ed, training, or exp is acceptable. All positions include full std benefits. TO APPLY: Email resume to Jobs1@lucidmotors.com Must reference Job# in subject line. EOE

Fremont Police Log

SUBMITTED BY FREMONT PD

Monday, July 31

• Officers responded to the reporting party near Stewart Ave., who reported that his neighbor attempted to strike him with a hatchet. Officers attempted contact with the subject, who was hiding in his RV. Ultimately, the subject, an adult out of Fremont, exited the vehicle, surrendered, and was arrested.

Tuesday, August 1

• Officers responded to a request from Fremont Fire Department for assistance with a structure fire at an abandoned house on Osgood Rd. A construction worker in the area observed a suspicious person exit the house prior to the fire. FFD extinguished the fire. The case remains under investigation.

Wednesday, August 2

• Officers responded to a report that two subjects had battered a victim at a fast-food restaurant on Ardenwood Blvd. After a verbal dispute, the subjects began punching the victim and used a sock filled with rocks to beat him. The subjects then fled the area. The case remains under investigation.

- Officers responded to a victim on Webfoot Loop who stated that a subject had threatened to graffiti the home and punched him. Officers located the subject nearby and arrested him, an adult out of Union City.
- Officers responded to a report of a fight at a residence on Camino Santa Barbara. The subject battered and bit the victim. Officers arrested the subject, an adult out of Lathrop.

Sunday, August 6

• Officers responded to a call regarding four armed subjects who had attempted to carjack a driver on Thornton Ave. crossing over I-880. The subjects blocked the front of the victim's car with a stolen car, at which time numerous subjects pointed firearms at the victim and removed her from the vehicle. The subjects were unsuccessful in stealing the vehicle, but stole \$300 from inside the vehicle before fleeing. The case remains under investigation.

Classifieds Deadline: Noon Thursday (510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

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Randy McFarland



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Property management company is looking for part time people for outdoor work.

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Seeking part-time workers for mostly outside work (leaf-blowing, sweeping, raking). High school students with permits may apply.

To apply, email customerservice@fudenna.com or call 510-657-6200

LEPPARD LANDSCAPING

MONTH TO MONTH SERVICE

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DGN Technologies, Inc.-Multiple Openings.

Computer Programmer: Creat tchncl specificatins & write cmputr prgrms; Revw code & test cmputr prgrms; Monitr & track prfrmnc of cmputr apps; & Rsolv tchncl isus. \$151K-170K/yr.

Programmer Analyst: Gathr biz rqmnts & cndct feasblty anlysis to provd custmizd & scalbl IT solutns; Implmnt & confgr IT solutns; & Condct RCA & rsolv tchncl isus. \$109K-125K/yr.

IT Project Manager: Mng projet thru entire SDLC; Prep projet status rports & monitr projet milstons & IT projet deliverables. \$125K-149K/yr

Sr. Programmer Analyst: Anlyz biz systms rqmnts; Idntfy gaps & prep BRD & tchncl specifcatns; Test, mntn & monitr IT systms; & Recomnd imprvmnts to incrse opratng eficncy of IT systms. \$132K-154K/yr.

Lead Programmer Analyst: Lead rqmnts gathrng sesions, idntfy, anlyz & revw IT systms rqmnts; Convrt dsgns & specifcatns into tchncl IT solutns; & Provd dsgn, dvlpmnt, test & productn suprt. \$155K-175K/yr.

All positions may req travel &/or relocatn to var unanticipated locatns thruout USA. Job Site: Fremont, CA & var unanticipated locatns thruout USA. Resumes: HR, 46500 Fremont Blvd, #708, Fremont, CA 94538.

LANDSCAPING SERVICE

Trees - Trimming - Pruning

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510-599-8814

Patio - Mowstrip - Flagstone 5
Driveway - Paver stone - Fence

Retaining Wall - Concrete Stamp color

Sod seed - Sprinkler System

Rock & Bark - Walkway - Brick

New Lawn - Yard & Hillside Clean Up Block - Concrete - Artificial Grass MAINTENANCE 2 OR 4 TIMES A MONTH

MONTHLY

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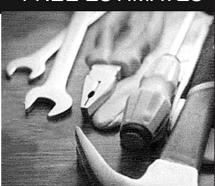
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Operations Research Analyst (Job# ORA0602) sought by EZSVS USA Inc in Fremont, CA, offd:

\$74,069/yr: Collaborate w/ Project Mgrs to ensure adherence to budget, sched, & scope of internet data center opportunities overseas by solving various problems & clarifying mgmt objectives. Prep project status reports by collecting, analyzing, & summarizing info & trends. Establish & execute CDN, & IDC projects communication plan by identifying, reviewing, & selecting vendors or consultants to meet project needs in South America, Middle East, & East Europe. Facilitate & negotiate w/ project stakeholders & suppliers to obtain resources & materials such as Tencent, Bytedance, & Kuaishou. Assess current or future customer needs & priorities by communicating directly w/ customers, in order to submit project deliverables. Reqmts: Bachelor's in Operations Research, Statistics, Economics, or rltd quantitative field; Proficiency in data analysis s/ware such as R & data extraction s/ware such as python. To apply, mail CV w/ Job# to HR, 46500 Fremont Blvd, Ste 716, Fremont, CA 94538.

FLEA MARKET

Saturday August 26th 8:00AM – 4:00PM Niles Canyon Mobile Estates 711 Old Canyon Rd., Fremont, CA 94536

Multi-Family event selling anything and everything from furniture, tools, clothing, collectables, home goods and miscellaneous items, plus hot dogs, chips and sodas

Drop by find some treasures!!!

Nextracker LLC in Fremont, CA seeks Supply Chain Analyst:

Evaluate landed cost analyses to deliver materials to project sites cost-efficiently. Salary: \$122k-142k. Submit resumes to jbetcher@nextracker.com and reference job #152.

LIFE CORNERSTONES

For more information 510-494-1999 tricityvoice@aol.com

Birth

Marriage

Obituaries



Fremont Chapel of the Roses (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com



Fremont Memorial Chapel (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

Jessica A. Madrona **Resident of Fremont** December 25, 1968 - August 9, 2023 **Fremont Memorial Chapel**

Albert Castillou **Resident of Fremont** February 9, 1944 - August 12, 2023 **Fremont Chapel of the Roses**

Charles "Bebe" Nuñez Resident of Newark April 19, 1966 – August 6, 2023 **Fremont Memorial Chapel**

Frank Gilbert Fernandez, Sr. **Resident of Fremont** October 15, 1932 – August 8, 2023 **Fremont Chapel of the Roses**

Shirley J. Ratliff Resident of Fremont November 10, 1957 - July 29, 2023 **Fremont Chapel of the Roses**

Alan Earles, Jr. **Resident of Fremont** January 29, 1992 - July 23, 2023 **Fremont Memorial Chapel**

Louis Staffaroni Resident of Fremont August 26, 1949 - July 30, 2023 **Fremont Memorial Chapel**

Ronald L. Lumley Resident of Fremont August 26, 1947 - July 27, 2023

Fremont Chapel of the Roses Mary Ann Downey Resident of Fremont

February 21, 1939 - July 29, 2023 Fremont Chapel of the Roses **Harry Chang**

Resident of Fremont December 18, 1931 - July 22, 2023 **Fremont Chapel of the Roses**

Martha Valencia Valle Resident of Tracy September 16, 1952 – July 22, 2023 **Fremont Memorial Chapel**

Walterlene Springs Resident of Fremont December 3, 1938 - July 18, 2023 **Fremont Memorial Chapel**

Martin Sanchez Resident of Union City April 29, 1963 – July 18, 2023 **Fremont Chapel of the Roses**

CHAPEL of the ANGELS

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

Peter Loreno Resident of Livermore May 18, 1942 – August 11, 2023

Guong Dang Resident of Milpitas

October 26, 1939 – August 10, 2023

Suryanrayana Kotikalapudi Resident of San Jose

March 24, 1985 - August 10, 2023 Basanti Kar **Resident of Fremont**

January 1, 1957 - August 9, 2023 Srihari Mahamkali

Resident of Mountain House June 21, 1959 - August 9, 2023

> **Bobby Guinto Resident of Newark** May 5, 1965 - August 8, 2023

> **Mary Hastings Resident of Newark**

May 24, 1941 – August 7, 2023 **Martha Valadez**

Resident of Fremont December 24, 1963 - August 7, 2023

Barbara Darby Resident of Fremont January 18, 1934 - August 6, 2023

Vedantsinh Vaghela Resident of Dublin

December 12, 2009 - August 3, 2023 Francisca Perfecto **Resident of Tracy**

Kusumben Patel Resident of Pleasanton

June 21, 1936 - August 3, 2023

February 10, 1939 - August 2, 2023 **Arunkumar Perumal**

Resident of Fremont June 3, 1964 - August 2, 2023

Les Addison Ir. **Resident of Fremont** December 17 1931 - August 1, 2023

Margo Ulis Resident of Fremont December 4, 1939 - August 1, 2023

Richard Seaman Resident of Fremont November 18,1952 - August 1, 2023

Hiroshi Teramura **Resident of Union City** August 19, 1941 – July 31, 2023

David Hansen Resident of San Leandro April 20, 1951 - July 31, 2023

Armando Castaneda Resident of Fremont March 22, 1950 – July 25, 2023

Sharda Pai **Resident of Los Altos Hills** August 15, 1948 – July 25, 2023

Subscribe to TRI-CITY VOICE and you will always know What's Sappening

510-494-1999 tricityvoice@aol.com the Vegas Golden Knights.

The action comes two weeks after members voted 97% in favor of authorizing a strike if a contract isn't reached soon. It is the union's second gathering on the Strip in recent months highlighting the ongoing negotiations with Levy, which provides food and drink services to arenas, convention centers and other venues nationwide.

Orphia Lester "Les" Addison Jr.

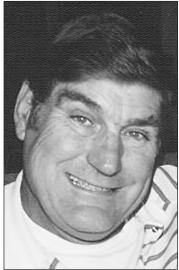
December 17, 1931 - August 1, 2023

Resident of Fremont

Orphia Lester "Les" Addison, Jr., passed away Tuesday, August 1st after several years of health complications. He is survived by his loving wife of 68 years LaVonne Addison and his children and their spouses, Dennis and Linda Addison of Fremont and Denise and Kent Bettendorf of McKinleyville, CA. He was a very proud grandfather to Kyle, Trevor, Ren and their spouses Elisa, Corrin, and Tanna. He was preceded in death by his father and mother, Orphia and Effie Addison, his three sisters and two brothers and his beloved grandson, Jaren Bettendorf.

Les was born December 17, 1931, in Oklahoma City, OK and grew up in Oklahoma and the Bay Area before moving to his home of 62 years in Fremont. He and LaVonne met at church and dated a few years before marrying. People said they were too young, but their 68 years together proved them wrong. Les worked at General Grinding, Inc. in Oakland for 44 years as a precision machinist.

Les had many interests in life, but his priority was always his family whom he loved dearly. He



was very handy around the house and enjoyed building many things. They bought a place on the water in Clear Lake and spent many fun years with family and friends waterskiing, boating, and enjoying the lake. Les and LaVonne loved traveling and went to 6 continents, 79 countries, and 45 states. He served as Big Sir for the Sons in Retirement and was a member for many years.

Les was full of fun, and everyone enjoyed being around him. He will be greatly missed.

Thousands rally on Las Vegas Strip in support of food service workers demanding better pay, benefits

ASSOCIATED PRESS Aug 10, 2023 By RIO YAMAT ASSOCIATED PRESS

Thousands of hospitality workers rallied Thursday evening beneath the glittery lights of the Las Vegas Strip to call attention to ongoing union contract negotiations for higher pay and better benefits for food service workers at one of the largest arenas on the famed tourist corridor.

The Culinary Workers Union, a political powerhouse in Nevada, said in a statement ahead of the rally that servers, dishwashers, cooks and bartenders who work at T-Mobile Arena have been locked in contract negotiations for nearly a year with their employer, Levy Premium Food Service. The workers say they want a fair contract that will ensure "one job is enough to provide for their families."

walkways near the arena on Thursday, with the crowd mostly dressed in red spilling onto Las Vegas Boulevard. The union represents

Union members packed the

60,000 hospitality workers in Las Vegas and Reno, including 200 Levy employees who work at the arena, the home stadium of

In June, thousands also dressed in red assembled on the Strip for a march to bring attention to the contract negotiations, waving signs that read "ONE JOB SHOULD BE ENOUGH" at passing cars and tourists.

Levy said in a statement it was discouraged by the union's decision to rally after several months of negotiations.

"We remain committed to working diligently with the Union to reach a fair agreement that shows our team members how much we value them," the statement said, "and we look forward to returning to the bargaining table soon."

MGM Resorts International, which operates T-Mobile Arena, did not respond to a request for

Lucia Orozco has worked as a cook at the arena since it opened in 2016. She described herself and her husband, a hospitality worker at a nearby Strip casino, as hard workers who don't spend outside of their means. Yet they live paycheck to paycheck and don't have money saved to retire anytime soon.

"I worry about it because I`m very close to retirement," the 56-year-old said. "I don't have too much time left."

block of union members who voted to authorize a strike, said she wasn't surprised by the results of the vote. "Everybody's tired of not

Orozco, who was among the

making enough," she said. A date for a strike has not

been set, but the union said its members have taken major steps toward walking off the job, including making picket signs and signing up for shifts on the picket line. The possible strike looms

ahead of the Golden Knights' first preseason home hockey game Sept. 27 against the Los Angeles Kings and the team's season opener at home Oct. 10 against the Seattle Kraken. If the union strikes, it would happen against the backdrop of thousands of hospitality workers in Southern California, also demanding higher pay and improved benefits, walking off the job last month. The union there described it as the largest strike in its history.

LETTERS POLICY

to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

The Tri-City Voice welcomes letters

August 15, 2023 What's Happening's Tri-City Voice Page 25

District attorney threatens to charge officials in California's capital over homelessness response

By Tran Nguyen and Janie Har Associated Press

Tensions are rising in California's capital city as the Sacramento district attorney threatened to file charges against city officials over their handling of the homelessness crisis, saying they are too lenient in their approach and are failing to enforce the rules.

District Attorney Thien Ho on Monday threatened to press criminal charges against city officials under state public nuisance laws if they don't implement a slew of changes within 30 days, including a daytime camping ban where homeless people have to put their belongings in storage between 6 a.m. and 9 p.m.

Ho was elected in 2022 after vowing on the campaign trail to address the city's homelessness crisis. He began his public fight with City Hall officials last month when he launched an investigation into officials' conduct. Ho said Sacramento city officials are "inconsistent" in enforcing rules, including an ordinance to keep sidewalks clear of encampments, resulting in "an unprecedented public safety crisis."

Ho also wants the city to clear all 16 encampments within city's limits, open 24-hour shelter beds for thousands of people who sleep on the streets each night, give out citations to those who decline shelter, and hire four more city attorneys to enforce city rules, among other things.

"This local crisis has been made worse by local decisions and indecisions. Therefore, we have taken the first formal step towards litigation against the City of Sacramento," Ho said in a statement, calling the list of demands the city's opportunity to address the issue.

In response, Sacramento Mayor Darrell Steinberg blasted Ho at a news conference Tuesday, saying the district attorney is politicizing the issue while refusing to work with the city. Steinberg said his office brought a number of proposals to Ho in late July, including expanding mental health and drug courts, and alternatives to misdemeanor charges for

homeless individuals. Ho did not respond, Steinberg said.

In a statement, Steinberg said Ho "deflects responsibility, takes credit for programs the city initiated, lacks basic understanding of existing shelter management system and funding structures, and includes a series of demands that would cripple the city financially."

Ho's letter didn't specify which city officials could face charges.

The dispute between the district attorney and the city is further complicated by a lawsuit filed by a homeless advocacy group last week that resulted in an order from a federal judge temporarily banning the city from clearing homeless encampments during extreme heat.

Ho's demands are alarming to some advocates, who said a citywide daytime camping ban and stricter enforcement of city rules would upend the lives of many homeless people. "That might serve to kind of clean the streets and make homelessness less visible, but I don't think that is actually going to help the folks that are living with being homeless," said Angela Hassell, executive director of Sacramento Loaves and Fishes. The organization provides hot meals, shower and other services to roughly 10,000 people monthly.

Homeless tent encampments have grown visibly in cities across the U.S. but especially in California, which is home to nearly one-third of unhoused people in the country. In Sacramento, the homeless population jumped 67% between 2019 and 2022, and most live outdoors without shelter.

Advocates for homeless people say they can't alleviate the crisis without more investment in affordable housing and services, and that camping bans and encampment sweeps unnecessarily traumatize homeless people.

But others say encampments are unsanitary and lawless, and block children, seniors and disabled people from using public space such as sidewalks. They say allowing people to deteriorate outdoors is neither humane nor compassionate.

Dog finds woman in cornfield, 2 days after she disappeared in Michigan crash

ASSOCIATED PRESS August 11, 2023

A woman who was missing after being seriously injured in a car crash was finally discovered two days later by a police dog in a dense cornfield in southeastern Michigan, authorities said.

"We knew she didn't have much longer in order to live," said state Trooper Jeff Schrieber, who found the woman with Woodson, his specially trained dog. The 45-year-old woman, whose name wasn't released, was involved in a crash Sunday in Livingston County's Deerfield Township, 45 miles (72.4 kilometers) northwest of Detroit.

Her car was found but she was not at the vehicle. By Tuesday, two days later, the state police got involved. Troopers searched for nine hours among mature corn plants.

"It feels like needles going in your face as you're going through the corn at a high rate of speed with the dog," Schrieber told WXYZ-TV.

Finally, Woodson pulled hard and led his handler to the woman, who was nearly a mile from the crash site.

"I was able to get her awake. ... One trooper ripped off his shirt to try to get her warm due to her extreme hypothermia," Schrieber said.

The woman initially was in critical condition at a hospital but was upgraded to stable.

"I've been doing this so long, you make contact with the family, you feel for them, and you know that you're just trying to have a good outcome," Schrieber said.

City of Newark



City Clerk's Office 37101 Newark Boulevard

VACANCY NOTICE SENIOR CITIZEN STANDING ADVISORY COMMITTEE

Pursuant to California Government Code Section 54974, notice is hereby given of a vacancy on the Senior Citizen Standing Advisory Committee of the City of Newark.

The Senior Citizen Standing Advisory Committee researches senior citizen needs in the City of Newark and identifies those needs which require assistance. The Committee makes recommendations to the City Council and provides information which they feel is pertinent to the well being of Newark's senior citizens. The Committee typically meets at 10:00 a.m. on the third Thursday of most months at the Clark W. Redeker Newark Senior Center located at 7401 Enterprise Drive.

Persons interested in serving on the Senior Citizen Standing Advisory Committee are invited to apply. Applicants are required to be a senior citizen (55 or older) and a Newark resident.

Application forms are available in the Office of the City Clerk, 37101 Newark Boulevard, 2nd Floor, at the Clark W. Redeker Senior Center, 7401 Enterprise Drive, on the city website www.newark.org or by calling (510) 578-4266. Committee members are appointed by the Mayor, with confirmation by the City Council.

Applications will be accepted in the City Clerk's office until 2 p.m. on Friday, August 25, 2023.

Sheila Harrington City Clerk Dated: August 9, 2023

THE ROBOT REPORT

Yank Technologies lands NASA SBIR contract

By Brianna Wessling

Yank Technologies, a developer of long-rand, high-power wireless charging systems, has been awarded a NASA Small Business Innovation Research (SBIR) Contract. Under the contract, Yank Tech will develop wireless charging systems in kilowatt ranges for autonomous vehicles on the Moon.

Yank Tech is known for its wireless power systems for industrial, autonomous, consumer, and now space applications.

"With this NASA Phase I contract, we will expand our wireless charging ecosystem into the space sector. We can significantly improve the productivity of NASA robots and enable greater human exploration for future missions," Josh Yank, CEO of Yank Technologies, said.

NASA SBIR contracts allow small business innovators to be part of the growing aerospace ecosystem. Its Artemis Program is expected to cross \$93 billion in endowments by 2025, and will help pave the way for future human explorations.

With the increasing demand in Moon exploration, Yank Tech

is taking the opportunity to expand its wireless power ecosystem for space applications. The company will develop a kilowatt, modular wireless charging system that can operate in extreme environments from farms on Earth to lunar missions.

Yank Tech's receiver devices can be integrated into future NASA rovers and its transmitter devices on the lunar surface to improve the uptime and productivity of NASA robots for prolonged use.

Yank Tech has developed patented and patent-pending technology for multiple automotive manufacturers to power electronics that enable new features in next-generation vehicles. Its systems reduce assembly and warranty costs by removing complex wire harness connections while enabling new features like complete cockpit reconfiguration.

The company has achieved innovations like powering passenger vehicles in new locations, like cup holders, and while in use over the air. Yank Tech has also developed new wireless power systems that can power robotic vehicles dynamically to



An illustration of Yank Tech's wireless charging system for a lunar rover.
Source: Yank Technologies

improve manufacturing uptime and productivity.

This isn't NASA's only power-related investment for the Moon. Just last week, Astrobotic won a \$34.6 million NASA Tipping Point partnership to demonstrate the power transmission abilities of its LunaGrid-Lite on the lunar surface. This will be the first-ever transmission of high-voltage power across the lunar surface.

Brianna Wessling is an Associate Editor, Robotics, WTWH Media. She joined WTWH Media in November 2021, and is a recent graduate from the University of Kansas. She can be reached at bwessling@wtwhmedia.com

THE ROBOT REPORT

NYSOFA combats aging adult loneliness with ElliQ robot

By Brianna Wessling

The New York State Office for the Aging (NYSOFA) and Intuition Robotics announced the continuation of their partnership that began in May 2022, and new data showing the positive effects of ElliQ, Intuition's robotic companion for aging adults.

Over the past year, NYSOFA has brought ElliQ to more than 800 New Yorkers to help combat loneliness, foster engagement, improve overall health and wellness, and support aging-in-place.

According to data reports from the pilot program with NYSOFA, ElliQ was able to reduce loneliness by 95% in older adults using the platform. Users engaged with the robot often, with some users interacting with their ElliQ over 30 times per day, 6 days a week. More than 75% of these interactions were related to improving the users' social, physical, and mental well-being.

"We had high hopes for the efficacy of ElliQ, but the results that we're seeing are truly exceeding our expectations," Greg Olsen, Director of the New York State Office for the

Aging, said. "The data speaks for itself, and the stories that we're hearing from case managers and clients around the state have been nothing short of unbelievable. To see the impact this technology is making on the lives of our community members is incredibly moving and we can't wait to see this program continue to grow."

ElliQ is able to initiate conversation, suggest activities, and remember what its users tell it. The robot is designed to encourage and work with users to set and help achieve goals, and to convey empathy to build trust and drive engagement.

"It has been a pleasure to work alongside local offices for the aging and partners to identify older adults who would most benefit from empathetic AI," Dor Skuler, CEO and Co-Founder of Intuition Robotics, said. "ElliQ can't make an impact on individuals until it has been invited into the home, and the case managers and staff on the ground have been integral in educating older adults about ElliQ, supporting installations, and facilitating introductions between our team and the clients directly. We're excited to continue our work with NYSOFA and

other aging agencies to increase the number of aging adults we can help."

Since the program started,
Intuition has added new features
to ElliQ. For example, ElliQ can
now guide users through
museum exhibits and road trips
and is equipped with mindfulness
exercises led by a certified
mindfulness instructor. The robot
can also now record memories in
a digital memoir and share them
with family and friends. It also
allows NYSOFA staff to send
informational video messages
about available resources.

ElliQ is designed to alleviate the effects of loneliness or social isolation and connect users to their families and caregivers. Its technology combines psychology, behavioral sciences and advanced cognitive artificial intelligence capabilities to provide proactive and empathetic care.

ElliQ was designed in collaboration with Yves Béhar and his studio, fuseproject, and is the culmination of over five years of research and beta testing with older adults. Fuseproject has also helped Embodied develop Moxie, a companion robot designed to help children build social, emotional and cognitive skills.

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 23CV039844 Superior Court of California, County of ALAMEDA Petition of: HANH MY THI DANG for Change

of Name TO ALL INTERESTED PERSONS: Petitioner HANH MY THI DANG filed a petition with this court for a decree changing names as

HANH MY THI DANG to LINDY HANH MY THI DANG VISAYA

The Court orders that all persons interested in this matter annear before this court at the hearing

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition without a beginning the court may great the petition without a beginn

grant the petition without a hearing.
Notice of Hearing:
Date: 09/26/2023, Time: 9:30AM, Dept.: 14, Room:

The address of the court is 1221 OAK ST., OAKLAND, CA 94612

Ine address of the court is 1221 OAK S1., OAKLAND, CA 94612 (To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.)
A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county.
Date: AUG 04, 2023
CHARLES A SMILEY
Judge of the Superior Court
8/15, 8/22, 8/29, 9/5/23

CNS-3729074#

FICTITIOUS BUSINESS **NAMES**

FICTITIOUS BUSINESS NAME STATEMENT

FILITIOUS BUSINESS NAME STATEMENT FILE No. 599166 Fictitious Business Name(s): FIJI VANUA KAVA, 23785 CABOT BLVD SUITE 305, HAYWARD, CA 94545 COUNTY of ALAMEDA MAILING ADDRESS: PO BOX 381, HAYWARD, CA 94557

CA 94957 Registrant(s): NI SA BULA INC, 23785 CABOT BLVD SUITE 305, HAYWARD, CA 94545 Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
NI SA BULA INC
S/ NITESH NARAYAN,
This statement was filed with the County Clerk of

NI SA BULA INC
S/ NITESH NARAYAN,
This statement was filed with the County Clerk of Alameda County on 07/06/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

8/15, 8/22, 8/29, 9/5/23

CNS-3729405#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 599883
Fictitious Business Name(s):
S & A MOTORS, 43260 CHISTY ST., FREMONT,
CA 94538, County of ALAMEDA
Registrant(s):

CA 94538, County of ALAMEDA
Registrant(s):
SAMEER PARVEZ, 40717 GREYSTONE TERR.,
FREMONT, CA 94538
AMIR LONGI, 40717 GREYSTONE TERR.,
FREMONT, CA 94538
Business conducted by: A JOINT VENTURE
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
//s/ SAMEER PARVEZ
This statement was filed with the County Clerk of
Alameda County on 08/07/2023
NOTICE: In accordance with subdivision (a)

Alameda County on 08/07/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/15, 8/22, 8/29, 9/5/23

FICTITIOUS BUSINESS NAME STATEMENT File No. 599196

File No. 399 150
Fictitious Business Name(s):
ALI ENTERPRISES, 4591 SENECA PARK AVE,
FREMONT, CA 94538 - 4029 County of ALAMEDA

Registrant(s): DANISH ABEDI, 4591 SENECA PARK AVE, FREMONT, CA 94538 LI ABEDI, 4591 SENECA PARK AVE, FREMONT,

MEHBOOB ABEDI. 4591 SENECA PARK AVE.

FREMONT, CA 94538
ARTHUR SCOTT, 4591 SENECA PARK AVE, FREMONT, CA 94538

Business conducted by: Joint Venture
The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

S/ MEHBOOB ABEDI

one thousand dollars [\$1,000].) S/ MEHBOOB ABED!
This statement was filed with the County Clerk of Alameda County on 07/07/2023.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/15, 8/22, 8/29, 9/5/23

8/15, 8/22, 8/29, 9/5/23

CNS-3727727#

FICTITIOUS BUSINESS NAME STATEMENT File No. 599467

Fictitious Business Name(s):

J R'S GARAGE, 1659 WHIPPLE RD UNIT 1,
HAYWARD, CA 94544, County of ALAMEDA
MAILING ADDRESS: 24939 JOYCE ST.,
HAYWARD, CA 94544
Pagistrapt(s):

Registrant(s):
J R'S MOBILE AUTO SERVICES LLC, 24939
JOYCE ST., HAYWARD, CA 94544
Business conducted by: A LIMITED LIABILITY
COMPANY
The registrant boson to transport business using

COMPANY
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Julius Rhedrick Principal

one thousand unlars (s) 1,000;) /s/ Julius Rhedrick Principal
This statement was filed with the County Clerk of
Alameda County on 07/20/2023
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement

generally expires at the end of five years from the date on which it was filed in office of the county date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expirition. filed before the expiration.

nied before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/8, 8/15, 8/22, 8/29/23

CNS-3726317#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 599398
Fictitious Business Name(s):
SABA HOME HEALTH CARE, 175 GOLD TREE
WAY, HAYWARD, 94544, County of ALAMEDA
Registrant(s):

SABA HOME HEALTH CÂRE, 175 GOLD TREE WAY, HAYWARD, 94544, County of ALAMEDA Registrant(s):
HOME MOGADDEDI, 175 GOLD TREE WAY, HAYWARD, CA 94544
NARGES MORADI-RAGHEB, 38433 PASEO PADRE PKWY, FREMONT, CA 94536
Business conducted by: A JOINT VENTURE
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Is/HOMA MOGADDEDI
This statement was filed with the County Clerk of Alameda County on 07/17/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

under federal, state, or common law (see Sectior 14411 et seq., Business and Professions Code). 8/8, 8/15, 8/22, 8/29/23

CNS-3725912#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 599072
Fictitious Business Name(s):
SONIC DRIVE INS HAYWARD, 31187 MISSION
BLVD, HAYWARD, CA 94544 County of ALAMEDA Registrant(s): SFZ VENTURES LLC, 44202 LUPINE PLACE

FREMONT, CA 94539
Business conducted by: a limited liability company
The registrant began to transact business using
the fictitious business name(s) listed above on

I declare that all information in this statemen

N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

SFZ VENTURES LLC
S/ FARJAD AHMED SIDDIQUI,
This statement was filed with the County Clerk of Alameda County on 06/30/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

8/8, 8/15, 8/22, 8/29/23

CNS-3725911#

FICTITIOUS BUSINESS NAME STATEMENT File No. 599615

Fictitious Business Name(s):
K. ROSE CONSULTING, 35893 BLAIR PL
FREMONT, CA 94536, County of ALAMEDA

Registrant(s): SOCORRO ROSE, **35893 BLAIR PL, FREMONT**

SOCORRO ROSE, 35893 BLAIR PL, FREMONT, CA 94536, County of ALAMEDA Business conducted by: AN INDIVIDUAL The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SOCORRO ROSE

This statement was filed with the County Clerk of Alameda County on 07/27/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 47000.

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/8, 8/15, 8/22, 8/29/23

CNS-3725465#

FICTITIOUS BUSINESS

FICTITIOUS DISINESS

NAME STATEMENT
File No. 599526
Fictitious Business Name(s):
SIMPLY CHEESEKAKE, 9833 C ST, OAKLAND,

SIMPLY CHEESKAKE, 9833 C ST, OAKLAND, CA 94603, County of ALAMEDA Registrant(s):
ALONDRA CASTANEDA GARCIA, 9833 C ST, OAKLAND, CA 94603, County of ALAMEDA Business conducted by: AN INDIVIDUAL The registrant began to transact business using the fictitious business name(s) listed above on 07/24/2023. 07/24/2023

the fictitious business name(s) listed above on 07/24/2023
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ALONDRA CASTANEDA GARCIA
This statement was filed with the County Clerk of Alameda County on 07/24/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1441) et seq., Business and Professions Code).

8/8, 8/15, 8/22, 8/29/23

CNS-3725463#

CNS-3725463#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 599479 Fictitious Business Name(s): 4 SEASON LAND CARE, 35358 LUCIA ST., FREMONT, CA 94536, County of ALAMEDA MAILING ADDRESS: P.O. BOX 941, NEWARK,

CA 94560

CA 94560
Registrant(s):
ARNULFO NAPOLES, 35358 LUCIA ST.,
FREMONT, CA 94536, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on NIA
declared that all informations to this obstance. declare that all information in this statemen

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ ARNULFO NAPOLES

Isl ARNULFO NAPOLES
This statement was filed with the County Clerk of Alameda County on 07/20/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 599436
Fictitious Business Name(s):
J HUNT CONSULTING GROUP, 25881
BARNARD ST., HAYWARD, CA 94545, County
of ALAMEDA
Registrant(s):

PUBLIC NOTICES

authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section

14411 et seq., Business and Professions Code). 8/1, 8/8, 8/15, 8/22/23

CNS-3725094#

of ALAMEDA
Registrant(s):
JANINE HUNT, 25881 BARNARD ST.,
HAYWARD, CA 94545, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ JANINE HUNT
This statement was filed with the County Clerk of
Alameda County on 07/19/2023
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
8/1, 8/8, 8/15, 8/22/23

FICTITIOUS BUSINESS NAME STATEMENT File No. 599504

UMRED, 5371 MOWRY AVE, FREMONT, CA 94538, County of ALAMEDA MAILING ADDRESS: 5579 STARFIRE CIR, FREMONT, CA 94538

Registrant(s):
BEAUOLOGY, INC., 5579 STARFIRE CIR, FREMONT, CA 94538

FREIDON, CA 94330 Business conducted by: A CORPORATION The registrant began to transact business using the fictitious business name(s) listed above on N/A declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000], /s/ RAMAKRISHNA MAVUDURU

18I RAWARRISHINA MAYUUURU This statement was filed with the County Clerk of Alameda County on 07/21/2023 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/1, 8/8, 8/15, 8/22/23

CNS-3724193#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 599472
Fictitious Business Name(s):
NIKITHA DECHAKKA MEDIA, 38800 HASTINGS
ST APT 26, FREMONT, CA 94536, County of
ALAMEDA
Registrant(s):
NIKITHA DECHAKKA , 38800 HASTINGS
ST APT 26, FREMONT, CA 94536, County of
ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using

The registrant began to transact business using the fictitious business name(s) listed above on 11/03/2021 I declare that all information in this statement

Inusize I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s / NIKITHA DECHAKKA
This statement was filed with the County Clerk of Alameda County on 07/20/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. new fictitious business na filed before the expiration.

this statement does not authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/1, 8/8, 8/15, 8/22/23

FICTITIOUS BUSINESS NAME STATEMENT

File No. 599085
Fictitious Business Name(s):
ALWAYS BEST CARE SENIOR SERVICES, 1027
WISTERIA DR, FREMONT, CA 94539 County of ALAMEDA

ALAMEDA Registrant(s): KOLALA VENTURES, 1027 WISTERIA DR, FREMONT, CA 94539 Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

KOLALA VENTURES

(VILLANGEMENTED ANNA)

S/ VIJAYASHANKAR VEERANNA

KOLALA VENTURES
S/ VIJAYASHANKAR VEERANNA,
This statement was filed with the County Clerk of Alameda County on 06/30/2023.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/25, 8/1, 8/8, 8/15/23

7/25, 8/1, 8/8, 8/15/23

CNS-3723007#

FICTITIOUS BUSINESS NAME STATEMENT File No. 599391

Fictitious Business Name(s): ITS A VIBE, 2596 JACOBS ST., HAYWARD, CA 94541, County of ALAMEDA

Registrant(s):
THERESA M, SHORTER, 2596 JACOBS ST.,
HAYWARD, CA 94541, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictilious business name(s) listed above on NA I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

/s/ THERESA M SHORTER
This statement was filed with the County Clerk of

/s/ THERESA M SHOŘTÉR 17
This statement was filed with the County Clerk of Alameda County on 07/17/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A

new fictitious business na filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/25, 8/1, 8/8, 8/15/23

the residence address of a registered owner. A new fictitious business name statement must be

CNS-3723005#

FICTITIOUS BUSINESS NAME STATEMENT File No. 598953

Fictitious Business Name(s): WANGSABI INC, 3924 DECOTO RD., FREMONT, CA 94555, County of ALAMEDA

Registrant(s):
WANGSABI INC, 4248 BEAUMONT ST.
FREMONT, CA 94536 PREMONT, CA 94536 Business conducted by: A CORPORATION The registrant began to transact business using the fictitious business name(s) listed above on

04/01/2018 declare that all information in this statemen

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ TEH TSAI WANG
This statement was filed with the County Clerk of Alameda County on 06/26/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A

the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/25. 8/1. 8/8. 8/15/23 14411 et seq., Busines: 7/25, 8/1, 8/8, 8/15/23

CNS-3721677#

FICTITIOUS BUSINESS NAME STATEMENT File No. 598877

Fictitious Business Name(s):

TAHMINA GEM STONES, 41078 FARALLON
CMN 107, FREMONT, CA 94538, County of
ALAMEDA
Registration

Registrant(s):

JAMSHED ANWARI, 41078 FARALLON CMN
107, FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on
06/01/2023

I declare that all information in this statement
is true and correct. (A registrant who declares

Usi/1/2023
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
//s/ JAMSHED ANWARI
This statement was filed with the County Clerk of Alameda County on 06/21/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/25, 8/1, 8/8, 8/15/23

CNS-3721120#

GOVERNMENT

WASHINGTON TOWNSHIE HEALTH CARE DISTRICT ORDINANCE NO. 2023-01 APPROVING A FORMAL AGREEMENT FOR THE PRIVATE SALE OF THE WASHINGTON TOWNSHIP HEALTH CARE DISTRICT REVENUE BONDS, 2023 SERIES A WHEREAS, the Board of Directors (the "Board") of Washington Township Health Care District (the "District"), a local health care district organized and existing under and pursuant to The Local Health Care District Law of the State of California (the "Authorizing Law"), has determined to issue its Revenue Bonds, 2023 Series A (the "Bonds") in an aggregate principal CARE DISTRIC Series A (the "Bonds") in an aggregate principal amount of not to exceed \$40,000,000, pursuant to the Authorizing Law; and WHEREAS, the District has determined that WHEREAS, the District has determined that financial market conditions and the needs of the District dictate that the Bonds be sold pursuant to private sale; and WHEREAS, the Authorizing Law requires the adoption of this Ordinance prior to the sale of the Bonds at private sale; and WHEREAS, there has been presented to this meeting of the Board a form of Bond Purchase Contract respecting the purchase and sale of the Bonds (the "Bond Purchase Contract"), to be entered into by and between the District and BofA Securities, Inc., as underwriter (the "Underwriter"); NOW, THEREFORE, BE IT ORDAINED by the Board of Directors of Washington Township Health Care District as follows: Section 1. The foregoing recitals are true and correct. Section 2. Section 1. Ineforegoing recitals are true and correct. Section 2. The formal agreement between the District and the Underwriter, substantially in the form of the Bond Purchase Contract on file with the Secretary of the Board and presented to this meeting, is hereby approved The Chief Executive Officer of the District. Sousantainy in the long to the Board and presented to this meeting, is hereby approved. The Chief Executive Officer of the District, or her designee, is hereby authorized and directed to approve the final terms of sale of the Bonds and to evidence the District's acceptance of the offer made thereby by executing and delivering the Bond Purchase Contract in substantially said form, with such changes therein as the officer executing the same may require or approve, such approval to be conclusively evidenced by the execution and delivering the recent of the officer executing the same may require or approve, such approval to be conclusively evidenced by the execution and delivery thereof; provided, however, that the Bonds shall have a final maturity of no more than 31 years, their true interest cost shall not exceed 6.0% per annum, the principal amount shall not exceed \$40,000,000 to finance additions, improvements and betterments to the District's facilities, the equipping of the same and the payment of fees and expenses incurred in connection therewith), and the Underwriter's discount shall not exceed 1.0%. The District represents that the aggregate principal amount of the Bonds does not exceed 50% of the average of the District's gross revenues for the preceding three fiscal years and that the estimated cost of the acquisition, construction, improvement, betterments and equipping of the District facilities is no less than the aggregate principal amount of the Bonds.

4 8 7 9 - 7 1 2 8 - 7 4 0 7 . 5

2 Section 3. The entering into of the Bond Purchase Contract and the adoption of this Ordinance shall be subject to referendum as provided by Section 9140 of the Elections Code of the State and in accordance with Section 32321 of the Authorizing Law. Section 4. The Secretary of the Board is directed to cause this Ordinance to be published once a week for two successive weeks in a newspaper of general circulation within the District, in accordance with Section 9303 of said Elections Code and Section 32321 of the Authorizing Law. Section 5. This Ordinance shall take effect thirty (30) days after the date of its a dopton processive section 5. This Ordinance shall take effect thirty (30) days after the date of its a dopton processive section 5. This Ordinance shall take offict and the section 5. This Ordinance shall take offict thirty (30) days after the date of its a dopton processive section 5. This Ordinance shall take offict and the section of the Board of Directors of the Washington Township Health Care District conducted in Fremont, California, upon notice duly given, at which a quorum of members of said Board were present and acting throughout, by the following vote, representing the approving votes of no less than 4/5 of the membership of the Board of Directors of the District: A V E S

ö

В S Ν President, Board of Directors, Washington Township Health Care District

Secretary, Board of Directors, Washington Township Health Care District 8/8, 8/15/23

CNS-3727214#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF SHUI TAM YEE CASE NO. RP23141298

otherwise be interested in the will or estate, or both, of: SHUI TAM YEE

A Petition for Probate has been filed

by PETER YU in the Superior Court of The Petition for Probate requests that PETER YU (IDENTIFIED IN THE WILL AS

KIN WHA YU) be appointed as persona representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

the authority.

A hearing on the petition will be held in this court on SEPTEMBER 20, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing Your

with the court before the hearing. Your appearance may be in person or by your attorney.

attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney

knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk

Attorney for Petitioner: DANIEL REDMAN, SIDEMAN & BANCROFT LLP, 1 EMBARCARDERO CENTER, FLOOR 22, SAN FRANCISCO, CA 94111, Telephone: 415-392-1960 8/15, 8/22, 8/29/23

CNS-3729365#

NOTICE OF PETITION TO ADMINISTER ESTATE OF RICHARD L. CREEL **CASE NO. RP23145898**

all heirs, beneficiaries, creditors contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: RICHARD L. CREEL

or both, of: RICHARD L. CREEL
A Petition for Probate has been filed by
WENDY L. CREEL in the Superior Court of
California, County of ALAMEDA.
The Petition for Probate requests that
WENDY L. CREEL be appointed as
personal representative to administer the

personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows

good cause why the court should not grant the authority. the authority.

A hearing on the petition will be held in this court on SEPTEMBER 8, 2023 at 9:45

A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY,

BERKELEY, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either by the court within the later or entries

(1) four months from the date of first

(2) four months from the date of first

(3) four months from the date of first

(4) four months from the date of first

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(16) four months from the date of first

(17) four months from the date of first

(18) four months from the date of first from the date of first

(18) four months from the date of first from the date of first from the date of first from the date of first

(18) four months from the date of first from the date issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: GEORGE A. MCNITT, ATTORNEY AT LAW, 2041 BANCROFT WAY, SUITE 206, BERKELEY, CA 94704, Telephone: 510-444-0800 8/15, 8/22, 8/29/23

CNS-3729363#

NOTICE OF PETITION TO **ADMINISTER ESTATE OF:** SANDRA GILBERT CASE NO. RP23145807

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of SANDRA GILBERT. A PETITION FOR PROBATE has been filed by DANIEL GILBERT in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that DANIEL GILBERT be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required the personal representative will be required the personal representative will be required to be the personal representative. be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

the authority.

A HEARING on the petition will be held in this court as follows: 09/13/23 at 9:45AM in Dept. 201 located at 2120 MARTIN LUTHER KING JR. WAY, BERKELEY, CA

REMOTE APPEARANCE: The Court allows but does not require, all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may Petition for Probate has been filed

PUBLIC NOTICES

and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file

written objections with the court before the hearing. Your appearance may be in person or by your attorney. If YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first

issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney

knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice

form is available from the court clerk. Attorney for Petitioner BONNIE MARIE BURSK - SBN 70335 LAW OFFICES OF SAVIN & BURSK 10663 YARMOUTH AVE GRANADA HILLS CA 91344 Telephone (818) 368-8646 8/15, 8/22, 8/29/23

CNS-3727614#

Eden Area Municipal Advisory Council

August 8, 2023

Regular Calendar

- Public Review Draft of the Sixth Cycle Housing Element of the County General Plan. Presented by Elizabeth McElligott, Assistant Planning Director, Planning Department, Community Development Agency --Informational Item
- Community Climate Action Plan and Safety Element -Request for input on preliminary strategies. Presented by

Ali Abbors, Staff Planner, Planning Department, Community Development Agency -- Informational Item

• The Alameda Local Agency Formation Commission's (LAFCO) draft report on its Initial Feasibility Analysis for the potential incorporation of the unincorporated communities of Castro Valley, Ashland, Cherryland, San Lorenzo, Fairview, and Hayward Acres. Presented by Rachel Jones, Executive Officer, Local Agency Formation Commission (LAFCO). -- Informational Item

Tyler Dragoni Aida Sizova Warren Cushman Mimi Dean Jennifer Esteen Diane Wydler

Hayward Fire Log

SUBMITTED BY
HAYWARD FIRE
DEPARTMENT
PHOTO CREDIT C. FOVEL,
INCIDENT COMMAND
PHOTOGRAPHY

Saturday, August 5

• At 1:30 p.m. Hayward Fire made quick work of a fast-moving vegetation fire on Harder Rd. east of Westview near Cal State East Bay. Although no structures were immediately threatened, it is highly recommended for the community to sign up for AC Alert, our mass notification system (link below). East Bay Regional Parks provided the air support, HPD and CSUEB PD assisted. This approximate 3 acre fire was contained within half an hour and no injuries were reported.

AC Alert: https://www.haywardca.gov/.../mass-notification-system



BART Police Log

SUBMITTED BY BART PD AND LES MENSINGER

Thursday, August 3

• At 9:36 a.m. a man identified by police as Steven England, 46, from Oakland was contacted at San Leandro station for fare evasion. England was arrested on a warrant and booked into the Alameda County Jail.

Friday, August 4

• At 7:51 p.m. a man identified by police as Angel Ramirez, 26, from Oakland was contacted at San Leandro station for fare evasion and taken into custody. Ramirez was booked into Alameda County Jail for possession of drug paraphenalia and resisting arrest.

Saturday, August 5

- At 7:15 a.m. a man identified by police as Tristin Zirbes, 27, from Sonora was taken into custody at Milpitas station and booked into Santa Clara County Jail for an outstanding warrant.
- At 6:59 p.m. a man identified by police as Francisco Ponce, 32, from

Vacaville was contacted at Milpitas station for fare evasion and taken into custody for an outstanding warrant. Ponce was booked into Santa Clara County jail in San Jose.

• At 7:26 p.m. a man identified by police as Dominic Pineda, 21, from San Ramon was taken into custody at Bay Fair station and booked into Alameda County Jail for transit related trespassing and public drunkenness. Pineda was issued a prohibition order in regard to this incident.

Sunday, August 6

• At 6:57 p.m. a man identified by police as Eli Alvarez, 40, from Fremont was contacted and taken into custody at Fremont station. Alvarez was detained per 5150 W&I with a criminal hold.

Monday, August 7

• At 9:55 a.m. an officer contacted Lizabeth M. Sanders, 39, Oakland for fare evasion at Bay Fair station. Sanders was arrested and booked into Alameda County Jail for disobeying a court order.

Wednesday, August 9

• At 9:23 a.m. an adult male subject was unresponsive in the free area of Warm Springs station. Medical personnel responded and ultimately declared the person deceased. The case is under investigation, there is no foul play suspected at this time.

Union City Police Log

SUBMITTED BY UNION CITY PD

Saturday, July 22

• At approximately 8:20 p.m., Officers were investigating a theft in the 31200 block of Courthouse Drive. While driving through the parking lot, they saw a subject enter the driver compartment of a vehicle, then quickly exit and flee on foot after noticing officers in the area. A check of the vehicle revealed it was stolen, so officers chased the subject and placed him under arrest for possession of the stolen car and resisting arrest.

Sunday, July 23

• At approximately 11:30 a.m., officers responded to an assault in the 1800 block of Decoto Road. The victim, a fruit vendor, told police that an irate female approached him and began yelling. Due to a language barrier, the victim did not understand what the female was saying to him. At one point, the female picked up a chair and struck the victim in the head with it. She also vandalized

the victim's fruit cart and stole a fruit cup. Officers located the suspect nearby and arrested her for assault with a deadly weapon and robbery.

Monday, July 24

• At approximately 11:30 p.m., officers responded to a shooting on Union Square and Decoto Road. The victim was sitting in her car when she noticed a vehicle stopped directly behind her. An unidentified male suspect approached her driver's side door holding a gun. The victim pulled away and attempted to get away from the male suspect, and the male fired approximately nine rounds, striking the victim's vehicle several times. The victim was not injured, and the suspect fled in his car.

Tuesday, July 25

• At approximately 9:54 p.m., officers responded to a shooting in the 200 block of Appian Way. The caller heard several impacts on the exterior of their home and located bullet holes and spent projectiles on the ground. Patrol units responded and determined that a black SUV drove into the cul-de-sac, and an occupant fired four bullets at the residence, then fled.

Monday, July 26

• At approximately 1:30 p.m., officers responded to a robbery attempt in the 100 block of Decoto Road. The suspects entered the business, tried stealing a case of beer, then battered the clerk when he tried to stop them. They fled in a blue vehicle. The suspects were two Black males, 18-21 years old, 5'9", 145 pounds. The driver was a Black female, 18-21 years old, 5'7", 160 pounds.

Saturday, July 29

• At approximately 10:00 a.m., officers contacted a subject at Arroyo Park. The subject was determined to be on probation, and during a search of his person, 22.6 grams of methamphetamine was located. The subject was cited and released, and the drugs were booked as evidence.

Saturday, July 29

• At approximately 8:50 p.m., officers responded to the 32000 block of Alvarado Niles Road to investigate the report of a stolen vehicle in the area. Officers found the car and arrested the occupant for possession of stolen property. The vehicle was returned to the owner.

Historic agreement aims to increase forest and fuels management projects on state and federal land

SUBMITTED BY CAL FIRE PUBLIC INFORMATION OFFICE

CAL FIRE and the Bureau of Land Management signed a statewide Good Neighbor Authority agreement making it easier to work across land jurisdictions and boundaries.

The California Department of Forestry and Fire Protection (CAL FIRE) and the U.S. Bureau of Land Management (BLM) have accelerated efforts to combat catastrophic wildfires while improving and restoring the health of California forests. Through a nationwide initiative known as the Good Neighbor Authority, CAL FIRE and the BLM have entered a statewide agreement and contract worth approximately \$4.5 million, made available to CAL FIRE as part of the agreement, to increase coordination for restoration, fuels reduction, and forest health projects on BLM-managed public lands in California.

BLM oversees 15 million acres of public land in California, which is approximately 15 percent of the state's total land mass. "This groundbreaking collaboration between CAL FIRE and the BLM promises to be a vital step in safeguarding California's natural resources and communities from the devastating impacts of wildfires," Matthew Reischman, Deputy Director for Resource Management at CAL FIRE said. "Through strategic planning and joint efforts, this partnership streamlines planning steps and seeks to foster a healthier and more resilient environment—one that is better equipped to withstand the challenges posed by wildfire and other ecological stressors."

The primary objective of this contract is to mitigate the potential devastation caused by

wildfires specifically on BLM lands. By joining forces, the agencies can pair similar goals of sometimes separate projects on adjacent or nearby lands and further reduce the risks associated with wildfires while improving overall ecosystem health.

"These agreements will result in better coordination for activities to reduce fuels that feed wildfires, protect wildlife habitat, improve forest health, and restore important watersheds," said BLM California State Director Karen Mouritsen

Deputy Director Reischman hailed the Good Neighbor Authority agreement as an essential first step for the agencies to work together and achieve common objectives in California. The benefits of this partnership also extend beyond wildfire prevention, as the agreement also strives to fortify BLM wildlands against climatic stressors like drought. It also addresses potential threats posed by insects and fungi, which impact the overall health of natural systems.

In the past, coordinating these projects may have required months or years of coordination while addressing a range of hurdles due to jurisdictional boundaries. Now, projects may encompass a wide range of activities, with the hope for seamless coordination across state and BLM lands, authorized by the Good Neighbor Authority, such as undertaking National Environmental Policy Act preparations, implementing fuel reduction measures, and engaging in watershed restoration initiatives, among other activities.

The plan is to use science-based management to ensure vegetation treatment tools are ecologically appropriate to specific vegetation and landscapes. Treatments will include thinning in excessively dense stands, timber harvesting, mechanical fuel reduction, prescribed fire, grazing, and reforestation.

Alameda County Fire Log

SUBMITTED BY ACFD

Saturday, July 29

• The Alameda County Fire Department in joint efforts with multiple agencies responded to multiple vegetation fires in the Livermore Valley.

Thursday, August 10

• Alameda County Fire units responded to an outside fire in the Newark. Firefighters were able to stop the fire from extending into the interior of the home. There were no injuries reported to community members or firefighters.

CHP Log

SUBMITTED BY
CALIFORNIA HIGHWAY
PATROL HAYWARD AREA
OFFICE

Sunday, August 6

• At approximately 2:15 p.m., officers assigned to the CHP's Oakland and Hayward Area offices were notified by local police officials that an individual had been transported to a local hospital

after being injured during a shooting on eastbound I-580, near Benedict Drive in San Leandro. Following the shooting, the victim was transported to a local hospital for treatment of non-life-threatening injuries.

CHP detectives are actively attempting to determine a motive and identify the suspect(s) and vehicle(s) involved. Detectives are asking anyone with information regarding this incident to call the CHP Investigations Tipline at (707) 917-4491.

Hayward Police Log

SUBMITTED BY HAYWARD PD

Thursday, August 3

• Four search warrants and an arrest warrant were executed in Hayward, Redwood City, and San Mateo, resulting in multiple firearm recoveries and five total arrests.

The warrants stemmed from a shooting that occurred on July 4, 2023, near the 400 block of Ranker Place at about 10:14 p.m. Six shooting victims were identified after an altercation escalated, resulting in an exchange of gunfire between at least three shooters.

All six victims, including two that were critically wounded that night, have been released from the hospital and are expected to make full recoveries. Investigative steps are being taken to confirm initial reports that one of the victims was also a shooter. His name is not being released at this time. The third shooter has not been identified and is still at large.

Hayward Police Department's Special Duty Unit (SDU) led the investigation and worked to identify others involved in the incident. During the investigation, a second shooter was positively identified as Kasi Pohahua, 52, of San Mateo.

SDU Detectives authored four search warrants and an arrest warrant that were approved and served on August 3, 2023. With the assistance of San Mateo County SWAT and the U.S. Marshals Service, the Hayward Police Department's Special Response Unit, Criminal Investigative Bureau and Special Investigative Bureau,

executed the warrants and Pohahua was taken into custody.

Pohahua was arrested for attempted murder, a negligent shooting, and for being a felon in possession of a firearm. Pohahua is currently being held at the Santa Rita County Jail.

Eight total firearms were also confiscated.

This investigation is active and ongoing. Anyone with information about this incident is asked to call the Criminal Investigations Bureau at 510-293-7176. The report number for this incident is 2023-37757.

Wednesday, August 9

• Officers responded to a commercial burglary and spoke with management who said several laptops, a tablet, and construction tools had been stolen from the business. The tablet's GPS was still turned on and was tracking near a set of train tracks in Hayward, south of Industrial Pkwy.

Officer Guardado decided to check the aqueduct next to the tracks, even though it was not where the tablet was supposed to be. Officer Guardado said he could hear a faint "pinging" noise coming from the aqueduct. He found a backpack in a crevasse of the aqueduct. The backpack had been tightly wrapped in plastic, seemingly to protect it from moisture and other elements. After cutting the plastic away, several of the stolen electronic devices were found, along with the "pinging" tablet, all of which had also been wrapped in a sweatshirt that belonged to the business that was burglarized.

Electric bus maker Proterra files for Chapter 11 bankruptcy protection

ASSOCIATED PRESS

Electric bus and truck maker Proterra says it is seeking Chapter 11 bankruptcy protection from a federal court in Delaware.

The Burlingame, California, company is a big supplier of buses to transit systems across the nation. A statement on Proterra's website August 7 said that it intends to maintain normal operations and will file motions with the court to use existing capital to keep funding operations, including paying employees, vendors and suppliers.

President Joe Biden visited the company's factory in South Carolina in 2021 to highlight U.S. electric vehicle

The company said in the statement that it's taking action

to separate its business units "to maximize their independent potential." It sells heavy truck, van, bus and off-highway equipment in the U.S., European and Asia- Pacific markets.

'While our best-in-class EV and battery technologies have set an industry standard, we have faced various market and macroeconomic headwinds, that have impacted our ability to efficiently scale all of our opportunities simultaneously," CEO Gareth Joyce said in the statement. "As commercial vehicles accelerate towards electrification, we look forward to sharpening our focus as a leading EV battery technology supplier for the benefit of our many stakeholders."

Shares in Proterra Inc. closed Tuesday August8 down more than 88% at 17 cents. LETTER TO THE EDITOR

Response to letter on rodeos

I am writing in regards to what was expressed by Mr. Rose's Letter to the Editor about rodeos.

We all know, most unfortunately, that it takes a long, long time for people to become aware of what we humans have done to others for the sake of making a profit off of them, and/or a need to dominate, to show "bravery," or for entertainment.

What humans around the world have done to others is unbelievable and unforgivable. What we have done to other races and cultures, to children, to girls and women, to animals. Using, abusing, and killing people, animals, and other living things for our own gain has to be the saddest, most tragic things we humans do.

Finally, more and more intelligent and compassionate people have found the truth and have brought to our attention how we humans, back in history and the present, have been getting some very unhealthy satisfaction off the barbaric treatment of others. Some examples of what humans have supported are slavery, lynchings, concentration camps, child abuse and sexual abuse, and animal "performances" in circuses,

Marine World-type animal shows, dog and cockfights, tearing down rainforests, and polluting the rivers and oceans.

Rodeos and the things mentioned above are nothing more than humans wanting to show their domination and "bravery." People cheer as performers strut off with their ego-fix and then get a monetary profit from it.

Look at what is done during the training of rodeo animals, then what the horses and calves, bulls, sheep, and pigs go through on the hellish hot ride in the truck or trailer from one town to another, not forgetting what has been done to the animals just before the "performance" to make them behave the way they do during "the show." Then add the real fear and torture each of the animals goes through during its time in the ring.

"Oh, but we have a veterinarian on site!" rodeo folks say. If you need a veterinarian on site, the animal is being made to do something it would never want to do.

If a person wants to perform, they themselves should be the performer not the animal who has no voice, no say.

People are choosing and really enjoying Cirque de Soleil, where the humans perform, over the circuses of old where elephants are forced to place their heavy front feet onto the back of another elephant while wearing a skirt and decorated hair piece. And who would still want to support the show where lions and tigers are whipped into an absolute frenzy and drugged so that the man or woman in the top hat can show us how "brave" and "amazing" he/she is?

Good grief.

We can do better. We *are* doing better and better. God bless the people who have worked and are still working to stop the tragic things I mentioned above—and other unjust situations.

I believe if you have been brought up going to/performing in rodeos and the like, and there is a nostalgia and family tie to it, it is much harder to see it for what it is or even think of questioning.

> Stephanie G Fremont

From eggs to electronics to used cars, consumer inflation eased its grip on US households in July

By Paul Wiseman, Associated Press

Inflation in the United States edged up in July after 12 straight months of declines. But excluding volatile food and energy costs, so-called core inflation matched the smallest monthly rise in nearly two years, a sign that the Federal Reserve's interest rate hikes have continued to slow price increases.

The inflation figure the government reported Thursday August 10 showed that overall consumer prices increased 3.2% from a year earlier. That was up from a 3% annual rise in June, which was the lowest rate in more than two years. The latest figure remained far below last year's peak of 9.1%, though still above the Fed's 2% inflation target.

"Core prices are moving in the right direction," said Rubeela Farooqi, chief U.S. economist for High Frequency Economics. "That will be welcome news to (the Fed's) policymakers."

Last week's price data will be among the key barometers the central bank will weigh in deciding whether to continue raising interest rates. In its drive to tame inflation, the Fed has raised its benchmark rate 11 times since March 2022 to a

Overall prices, measures on a month-to-month basis, rose 0.2% in July; roughly 90% of it reflected higher housing costs. Excluding shelter, Paul Ashworth of Capital Economics calculated that core prices actually fell 0.1% from June to July.

Food prices, which have pressured Americans' budgets for months, rose a mild 0.2% from June to July. Eggs, meat, beer and dairy products all declined in price, though food is still up 4.9% over the past 12 months. Also falling last month were prices of televisions, audio equipment and pet food.

Energy costs rose just 0.1%. Modestly higher gasoline prices were offset by falling electricity prices. Used vehicle prices fell for a second straight month, dipping 1.3% from June and 5.6% from a year ago. Those prices had surged last year as a shortage of computer chips disrupted production of new vehicles, forcing buyers into the used market. The chip shortage has eased, and new-car production has rebounded, reducing demand for used cars and trucks.

Economists say that in the Fed's fight to conquer inflation, the easy progress has likely already been achieved. Gasoline prices, for example, though liable to bounce around from month to month, have already plunged from a peak national average of more than \$5 a gallon, which was reached in June of last year after Russia's invasion of Ukraine.

Many Americans continue to feel under pressure from higher prices. "There are some things you can stop buying or slow down on buying," said Mark Dye of Port St. Lucie, Florida. "The cost of junk food has gone outrageously high. It's \$5, \$6 for a bag of chips. And I just think that is ridiculous. And then we pay even more for the healthy stuff."

Likewise, Richard Priedits of Grand Rapids, Michigan, said he's noticed higher costs during his annual vacation out West. "We are using credit cards a lot more," he said as he stopped at the Red Rock Canyon National Conservation Area in Nevada. "The hotel was probably about \$100 more ... We filled up the tank this morning. It was like \$90."

Prices, he said, are high back in Michigan, too: "It's expensive everywhere."

The moderating pace of inflation, combined with a resilient job market, has raised hopes that the Fed may achieve a difficult "soft landing": — raising rates enough to tame inflation without causing a painful recession.

"Barring a hot August CPI and labor market report, the progress should encourage the (Fed) to skip a rate hike on Sept. 20 and, in our view, for the remainder of this exceptional tightening cycle," said Sal Guatieri, senior economist at BMO Capital Markets. "That can only increase the prospect for a soft landing."

Many economists and market analysts think the Fed's most recent rate hike in July will prove to be its last: More than 90% of traders now expect no Fed hike next month, according to the CME Group's FedWatch Tool.

California man found dead on Tucson hike during extreme weather conditions

ASSOCIATED PRESS

A California man reported missing on a hike in Tucson has been found dead, authorities August 9.

Pima County Sheriff's officials say the body of 46-year-old Kyle Chance, of San Diego, was located near the Starr Pass area about 4 p.m. August 8.

"There was no indication of foul play. More information regarding the cause of death will be available at a later date," Sheriff's Deputy Gordon Downing said in a statement. "The initial indication is that it was related to exposure to the weather conditions."

The high in Tucson was 93 degrees Fahrenheit (33.9 Celsius) August 8, according to the National Weather Service. Downing said Chance started his hike around 9:30 a.m. on the 8th of August and was reported missing later in the day.

The sheriff department's search and rescue crew joined Tucson police, Drexel Heights fire personnel and an Arizona Department of Public Safety helicopter in the search.

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Ohlone College mourns the passing of former coach

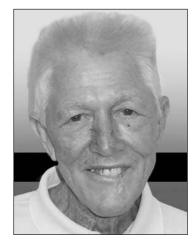
SUBMITTED BY OHLONE ATHLETICS

Former Ohlone College coach and educator Richard "Dick" Walsh (September 8, 1938 - July 13, 2023) passed away peacefully at his home in St. George, Utah on July 13 at the age of 84.

After playing basketball at Taft College and College of the Pacific (now University of the Pacific) in Stockton, Walsh moved to the Bay Area in 1961 for his first coaching job at Mt. Eden High School in Hayward.

In 1968, Walsh was named the men's basketball head coach at Ohlone where he developed a highly-competitive program while also coaching the men's tennis team.

Walsh took a sabbatical from Ohlone in 1981 to become the Director of Basketball for the country of New Zealand. For one year, he traveled the country to conduct clinics, while helping develop the New Zealand Professional Basketball League, and preparing the men's and



women's national basketball teams for the World Games.

He returned to Fremont in 1982 and resumed his coaching duties at Ohlone. Walsh also became the tennis professional at Mission Hills (formerly Kimber Woods) Tennis Club.

A coach and educator through and through, Walsh loved talking sports, strategy, and the mental aspects of any game. He loved to fish, garden, grill, and baked excellent cookies. Until the very end, he took pride in maintaining his own athletic regime through swimming, riding his stationary bike, or going to the weight room.

In his lifetime, he achieved many honors including being inducted into the California Community College Men's Basketball Coaches Hall of Fame (2012) and Taft Union High School Hall of Fame (2013). He was recognized for his contribution to coaching by his peers, having received the Coast Conference Coach of the Year award in 1993.

Walsh was married to his wife Josie for over 45 years. He is survived by their combined family including his daughters Kim (Bryan) Baptist and Kristen (Michael) Desmond, Josie's children Terrie (Kevin) Desler and Richard (Corrine) Sanchez, and five grandchildren – Samuel, Gabriel, Marisa, Ethan and Anthony.

To make a donation in his honor, please go to the Ohlone College Foundation at https://www.ohlone.edu/foundation, select "Donate Now," and select "Dick Walsh Memorial." The donation will benefit the Ohlone College Basketball program.

By Mark Thiessen and Audrey McAvoy

Wildfire

devastates

Hawaii's

historic

Lahaina Town,

a former

capital

of the

kingdom

Dissipating smoke and ash revealed the sheer devastation that a wildfire left behind in Lahaina Town, one of Hawaii's most historic cities and onetime capital of the former kingdom.

At least 36 people were killed and hundreds of structures were damaged or destroyed in the blaze that sparked Tuesday August 8 and quickly spread throughout the western Maui community of less than 13,000 residents.

It's feared that the fire consumed much of historic Front Street, home to restaurants, bars, stores and what is believed to be the United States' largest banyan — a fig tree with roots that grow out of branches and eventually reach the soil, becoming more trunklike features that expand the size of the tree — as well as other parts of Lahaina.

Richard Olsten, a helicopter pilot with tour operator Air Maui, said he and other pilots and mechanics flew over the scene Wednesday August 9 before work to take stock. "All the places that are tourist areas, that are Hawaiian history, are gone, and that can't be replaced. You can't refurbish a building that's just ashes now. It can't be rebuilt — it's gone forever," he said. "It's a huge impact and blow on the history of Hawaii and Maui and Lahaina,"

For Francine Hollinger, a 66-year-old Native Hawaiian, the news was painful since Front Street represented history. "It's like losing a family member ... because they'll never be able to rebuild it, like we wouldn't be able to bring back our mother or father," she said.

The full extent of loss won't be known until officials can assess the damage done by the flames, fanned by winds caused in part by Hurricane Dora moving westward hundreds of miles to the south of the island state.

The Lahaina Historic District includes the downtown, Front Street and neighboring areas, and is home to more than 60 historic sites, according to the Advisory Council on Historic Preservation. A National Historic Landmark since 1962, it encompasses more than 16,000 acres and covers ocean waters stretching a mile offshore from the storied buildings.

One of them is the 200-yearold, two-story stone Wainee Church, later renamed Waiola, which has kings and queens buried in its graveyard. Its hall, which can seat up to 200 people, was photographed apparently engulfed in flames last week. After Kamehameha unified Hawaii under a single kingdom by defeating the other islands' chiefs, he made Lahaina his royal residence. His successors made it the capital from 1820 to 1845, according to the National Park Service. "It was really the political center for Hawaii," said Davianna McGregor, a retired professor of ethnic studies at the University of Hawaii at Manoa.

Lahainaluna High School was where royalty and chiefs were educated, and also where King Kamehameha III and his Council of Chiefs drafted the first Declaration of Rights of the People and the Constitution for the Hawaiian Kingdom.

"So in that transition, from going from an absolute monarchy to a constitutional monarchy, the ruling chiefs in and around Lahaina and those educated at Lahainaluna played very prominent roles in our governance at that time," McGregor said.

The capital was moved to Honolulu in 1845, but Lahaina's palace remained a place where royalty would visit. Lahaina also has a rich history of whaling, with more than 400 ships a year visiting for weeks at a time in the 1850s. Crew members sometimes clashed with missionaries on the island.

Sugar plantations and fishing boosted the economy over the decades, but tourism is the main driver now. Nearly 3 million visitors came to Maui last year, and many of them come to the historic city.

The fire is "just going to change everything," said Lee Imada who worked at the Maui News for 39 years including the last eight as managing editor until his retirement in 2020. "It's just hard to register, even right now, what the full impact of this is going to

Imada lives in Waikapu, on Maui, but has ancestral ties to Lahaina going back generations. His mother's family owned a chain of popular general stores, and his granduncles ran the location on Front Street until it closed around 60 years ago.

"If you went there, you could still see the name etched in the cement," Imada said. He recalled walking down Front Street among the tourists as they shopped or ate, looking at the banyan tree, and enjoying the beautiful ocean views from the harbor.

"It's just sort of hard to believe that it's not there," Imada said. "Everything that I remember the place to be is not there anymore."

Fitness at Fremont Main—belly dance

SUBMITTED BY JUI-LAN LIU

Sitting is the new smoking as believed by many! The "Fitness at Fremont Main" monthly series aims to get everyone moving and to provide people with a chance to try out a wide range of exercises with certified and experienced instructors. Various workouts may include Yoga, Taichi, BollyX, Chinese Kung Fu, Zumba, Line Dance, and Swing Dance, to name a few.

On Saturday, August 26, we are featuring a belly dance session led by the popular instructor, Azra, aka Dolian. Dolian has been teaching belly dance since 1998.

Please note the following:

- Hip scarves will be provided or bring your own.
- Wear comfortable clothes.
- Bring a towel and water.

Come join us for a great workout to rock the summer away!

Belly dance class Saturday, Aug 26 11 a.m. – 12 noon Fremont Main Library Fukaya Room 2400 Stevenson Blvd., Fremont

East Bay Pioneer nominated for NCAA Woman of the Year

SUBMITTED BY CSUEB ATHLETICS COMMUNICATION

The California Collegiate Athletic Association (CCAA) and Cal State East Bay have nominated Drishti Karumbaya, from Cal State East Bay women's golf, for 2023 NCAA Woman of the Year.

Karumbaya is one of 46 women in NCAA Division II who have been selected by their respective conference.

The NCAA Woman of the Year program recognizes graduating female student-athletes who demonstrate outstanding achievements in academics, athletics, community service and leadership during their time as a student-athlete.

Coming off two straight appearances (one as an individual, one with the team) in the NCAA Division II Women's Golf Championships, Karumbaya also earned back-to-back WGCA All-American honors. She



finished in the top-10 in 10 of 12 tournaments played her senior year. Throughout her career on the course, Karumbaya received postseason honors from the CCAA four times.

Academically, Karumbaya has made the CCAA Honor Roll, All-Academic Team and was a CSC Academic All-District selection in 2023. Three times, she received a WGCA All-American Scholar award.

In the community, Karumbaya volunteered at Aurum Charter School in Oakland, assisting with parent outreach and also works with youth golfers at Nike Golf Camps.

Following the institutional and conference-level nomination, the Woman of the Year Selection Committee will choose 30 honorees, with 10 from each NCAA division and will be announced this coming October. From the 30, the top three from each division will be a finalist. Of the nine finalists, the 2023 NCAA Woman of the Year will be chosen by the NCAA Committee on Women's Athletics and will be celebrated at the NCAA Convention in January 2024 in Phoenix.

Newark Recreation Soccer Registration

SUBMITTED BY NEWARK FC

Fall soccer is just around the corner. The Fall Rec program consists of six to seven games with an end of season tournament. Games begin at the end of September through November. The end season tournament is scheduled for November 10 – 12. Player must be aged between 2009 – 2019. Registration fees are \$250, which includes uniforms and awards.

Players must be registered and paid to be placed on a team!

For more information visit www.newarksoccer.org.

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Get hooked on lace making

By Stephanie Gertsch

Fremont has many historical districts and buildings to visit, but one little museum that moved to Warm Springs in 2022 focuses on something very specific: the art of lace making. Lace itself encompasses a range of techniques of embroidering or weaving threads into intricate patterns, either using bobbins to wind threads, or simply with a needle.

Founded in 1976 by two Bay Area women, the Lace Museum was incorporated as a nonprofit in 1981. Kimberly Davis, Managing Director, for the Museum, shares, "Cheri Helm and Gracie Larsen were just very passionate about lace. They decided to start a museum. Mainly it began with Cheri's collection, and they did a lot of fashion shows and that sort of thing. Victorian things were very popular in the late 80s, early 90s. That's when they were really active."

Both founders passed away within the last five years. Others have preserved their vision, even as the Museum evolved. Davis shares, "As happens with these kinds of things, it was really about a collector...to begin with, but then we began to emerge as an actual museum...We began collecting more laces, offering teaching, we got a mission statement...so we started gearing toward being a nonprofit, and I would say, a community resource."

The small rooms of the Museum contain pieces on display, and 10,000 more in archival boxes, kept away from sunlight, which can degrade the textiles. These pieces have to be stored carefully, laid flat. Davis explains, "When you put a fold in any kind of textile, that will break down the fibers in that fold. So, if something's very large, then we roll it."

Mon/Tues 4:45 - 6 p.m @ BASIS Independent Fremont

In the 90s and 2000s, the museum adapted as trends slowly moved away from Victorian teas and fashion shows and toward more modern ways of lacemaking. However, sometimes change happened much more quickly. "What really got us was the pandemic," Davis says. "That was terrifying because we were still paying rent. We had to think fast. Fortunately, I like to plan ahead. In my long-term plan, I had envisioned us doing some sort of online virtual something...We were in the process of building a web shop. And I thought that would be fully functional in about five years."

Usually, Davis and the rest of the staff implement changes gradually to avoid alienating current customers. In 2020, they didn't have that luxury. "It was either eat up all of our savings or do something," Davis states. "So, I got really radical and tried a virtual class.'

"In a class, you usually have 12 people, and the teacher will demonstrate what she's doing. And you can see how small these





Porcelain lace constructed in a bobbin lace stitch





Kimberly Davis

things are." Davis gestures to nearby laces, many with details best observed under a microscope—not from across the room. "One, two, maybe three people can see what the teacher's doing. The other nine or 10 just pretend they see what she's doing. And it's ridiculous. Yet we keep doing it."

After coaching tech newbies through setting up webcams, the first-ever Lace Museum virtual class was ready to go. Davis remembers that moment: "So here we are on Zoom. And there's the teacher. And THERE WAS her project. THIS BIG. In my face." Everyone realized that what had seemed a liability, the virtual format, was a huge asset. "It was only a couple of minutes into the class. I remember I was so nervous, so scared—sweaty palms. And then when I saw that, I was like, oh my god this is Amazing!"

In 2023, the Lace Museum is still holding virtual classes with attendees from around the globe, although they have resumed in-person as well. Says Davis, "On a good year in the past, we might get two or three new lacemakers. Since the pandemic began, we've done over 200. We're able to spread the craft in a much more efficient way."

Now the emphasis is on the creativity of lace, moving away from the "old white lady" esthetic. Some pieces on display use lace patterns with materials like porcelain and wire in 3D constructions. There's also a work in Sol Lace—a technique of sun-like shapes that South American countries like Bolivia, Brazil, and Peru adapted from laces brought over by Spanish colonizers.

"We're just trying to keep the technique alive so artists of today can do what they need to and advance it," says Davis. Of course, even with innovations, lace keeps its timeless appeal. "We do so much digitally right now and so much is hands off. I notice there's a



Wire lace

resurgence with a lot of people who want that meditative quality of connecting with something and using your hands."

The Lace Museum is open on second and fourth Saturdays. On the website, you can read articles, view virtual exhibits on laces from around the world and across time, and register for upcoming virtual and in-person classes for anyone from experienced lacemakers and embroiderers to total beginners. Davis says, "The skill that's most handy to have is just to be able to handle a needle. If you can handle a needle and thread, that's a good place to start."

Lace Museum 2nd & 4th Saturdays 12:30 p.m. - 4:30 p.m. 200 Brown Rd., Ste 300, Fremont (408) 730-4695 https://thelacemuseum.org/ lacemuseum@gmail.com