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National Night Out celebrates 40th year

BY STAFF

In 2023, National Night Out (NNO) will be celebrated its 40th year. Held the first Tuesday in August, the family-friendly event encourages neighbors to get to know each other, educates about crime prevention and safety tips, and strengthens partnerships between community members and law enforcement.

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Mindful Abstract Watercolor

BY LINA MELKONIAN

Fremont Art Association (FAA) is delighted to have Luz Donahue as the guest artist at its virtual General Meeting and Art Demo on Wednesday, August 2.

Donahue is an abstract expressionist painter. Her creations draw upon the complexities of our world and the ephemeral nature of our existence. Her work is distinguished by her passion for exploration and observation, introspection and reflection, and healing. In her demo, “Mindful Abstract Watercolor,” Donahue will showcase her meditative creative process revealing how she paints her watercolor abstractions layer by layer allowing her emotions and intuition to lead the way.

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Get ready to take your own road to wellness

BY STEPHANIE GERTSCH



On Saturday, July 29, Washington Hospital in Fremont will hold their first “Road to Wellness Family Health Fair.” This summer’s event highlights key health information for individuals of all ages in an upbeat and family-friendly atmosphere. The Road to Family Health Fair is one of many ways that Washington Hospital meets the needs of the community identified in their 2023 Community Health Needs Assessment.

The event will feature a health fair with 25 partner agencies sharing important local resources and educational exercises, like how to effectively wash hands and the importance of having a first aid kit in the home. Washington Hospital’s Sports Medicine Team will demonstrate proper throwing techniques and challenge attendees to see how fast they can pitch a baseball or softball. As people visit booths and complete different activities and challenges, they can get an event passport stamped and turn it in to enter a raffle.

The 2023 assessment highlighted diabetes, heart health, and obesity as some key health needs.

As part of the fair attendees will be able to get free health checks from hospital staff, including blood sugar and cholesterol testing, and blood pressure checks. For kids, encouraging movement is crucial for long term health, so Bike East Bay will be holding a free Bike Rodeo where kids can have a helmet fitted and learn the basics of how to bike safely. To register for a 30- to 45-minute workshop, sign up on the Eventbrite listing (search Bike East Bay).

Of course, kids will also enjoy investigating the 15 community vehicles on site, including a fire truck, ambulance, police vehicles, garbage truck, AC transit zero emission vehicle, and Fremont’s Mobile Hygiene Unit. In other vehicle-centered fun, City of Fremont Recreation Services is volunteering their mini train for the fair, so kids can take free rides.

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Medicare Answers At Free Seminar

Online or In Person, Seminar Answers Complicated Questions



In-person August 29 seminar on Medicare options

It's nearly that time of year again. Medicare open enrollment is around the corner, from October 15 through December 7. The newspapers, television and radio blare with reminders to enroll and teasers about the various plans that are available.

So what to do? Washington Hospital's Health Insurance Information Service (HIIS) can help you sort out all the information you need to make an informed decision. "Everyone on Medicare should review their current plan to check whether it covers their current needs and look at available options," according to Washington Hospital's HIIS Coordinator, Kristi Caracappa.

For example, does your current plan or the one you may be considering cover your current prescriptions? You may have new medications that aren't covered or one of your current prescriptions may have been dropped or changed to a different tier. Does the plan you are considering cover any medical equipment you may need? Or, have your health care requirements changed as a result of recent illnesses or an accident?

Caracappa will cover these as well as other issues and questions at a free community seminar from 11 a.m. to noon on Tuesday, August 29. The in-person seminar — which also will be available online on Facebook and YouTube — will be held at Washington West, 2500 Mowry Ave. in Fremont. Enrollment information for both the in-person and online programs is available at whhs.com/Events.

At the seminar, Caracappa will discuss Medicare, Medicare Advantage plans (Part C) and Medicare supplemental insurance enrollment options, any upcoming changes to Medicare and/or Part D, and answer questions about changes, choices and timing, among other issues.

Caracappa encourages everyone who is Medicare eligible, including those who receive Medicare benefits because of a qualified disability, to review their plan each year before open enrollment. In addition to Part D, which offers prescription drug coverage, Medicare Advantage plans (Part C) also should be reviewed annually. Part C plans are run by private insurers and can vary from year to year and depend on your county residence.

Additional information and assistance is available through the Hospital's HIIS, a free, unbiased and confidential service for individuals. It can help with questions about individual and group plans, government-sponsored programs such Medi-Cal or Covered California and, of course, Medicare and all its options.

"The service does not sell insurance or recommend specific policies," Caracappa explains. "We're here to help you understand the choices you may have, answer health insurance questions or direct you to a physician referral service," she notes. The service also provides information on insurance options following a job loss or job change, questions about changes in benefit coverage, understanding COBRA, and how to understand and prepare an advance health care directive.

After attending the seminar, if you have further questions about how this service can assist you, call Caracappa at 510.818.7005. Additional information is available on the Washington Hospital website: whhs.com/insurance.



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Mood & Anxiety Disorders
Teens and young adults increasingly struggle with mood and anxiety disorders. Fear of being treated differently can result in many people not seeking assistance. Psychiatrist Neeru Kumar, MD, addresses what can be done to reduce the stigma of mental illness.



Heart-healthy Cooking Made Easy
Wednesday, August 16, 2 p.m.
Join two registered dietitians for a fun cooking demonstration! Heart-healthy meals can be tasty and easy to make.



In-person Event!
Medicare: What You Need to Know
Tuesday, August 29, 11 a.m.
This seminar provides a clear explanation of Medicare options, including Parts C and D. This seminar is available both in person and online.



The Aging Spine
While age impacts the health of your spine, there are things you can do to maintain spine health. Local neurosurgeon, Rajiv Saigal, MD, notes spine changes you can expect with age and back conditions that may require surgery.

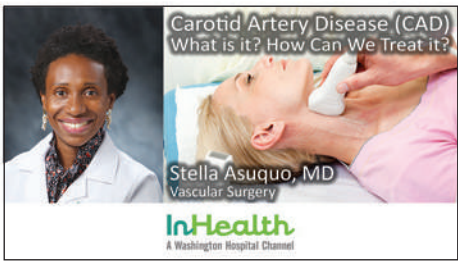


- Other Video Topics:**
- Joint Pain
 - Stroke Awareness
 - Washington Township Health Care District monthly board meetings

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!

Events Information
For more information or to register for events, call 800.963.7070 or visit whhs.com/events.

Visit Us!
[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)



Carotid Artery Disease (CAD): What Is It? How Can We Treat It?
Carotid artery disease is a serious condition that blocks blood flow to the brain. Untreated, it can lead to a stroke and death. Vascular specialist, Dr. Stella Asuquo, presents current therapeutic strategies that exist for people with CAD.



July is National Minority Health Awareness Month

Overcoming Barriers to Get Help

National Minority Mental Health Awareness Month is observed annually in July to bring attention to the unique and ongoing struggles that racial and ethnic minority communities face regarding mental illness in the United States. The observance began in 2008, and the cause is just as important today.

Minority groups often suffer from poor mental health outcomes due to multiple factors including inaccessibility of high-quality mental health care services, cultural stigma surrounding mental health care, language barriers, distrust in the health care system, and lack of education and awareness about mental health problems. It was estimated in 2021 that 39% of Black or African American adults, 25% of Asian adults, and 36% of Hispanic/Latino adults with mental illness received treatment, compared to 52% of Caucasian adults.

Wajeeha Khan, MS, LMFT, a licensed marriage and family therapist with Washington Township Medical Foundation, is an advocate for increased education and awareness around mental health issues in the Tri-City Area. “Regardless of your age, race, ethnicity or socioeconomic status, everyone faces some type of emotional challenges or knows someone who does, and these challenges have worsened since the pandemic. Unfortunately, there are many barriers that prevent people from seeking the help they need to cope with symptoms of mental illness, which include anxiety, depression, paranoia, fear, intrusive thoughts, and trauma-based symptoms. We need our community services and resources to unite in the effort to remove stigma and normalize talks about mental health illnesses so they become an integral part of our routine health and wellness regimen.”

Obstacles

Below, are a few of the obstacles diverse groups face that can prevent people from getting the mental health support they need.

Cultural perceptions: Mental health problems are seen as a sign of spiritual

weakness in some cultures and people may be reluctant to seek outside help for fear of stigma or being judged. There may be an emphasis on individualism and emotional restraint over being open and sharing ones feelings, which can prevent people from seeking help.

Fear of being labeled: Because of the stigma associated with mental illness, people fear being labeled as “crazy” or being ostracized by their friends, family or co-workers. This causes people to avoid seeking treatment, noncompliance with medications, and isolation, which worsen the situation.

Lack of trust in or knowledge about the health care system: Research shows there are large disparities in trust of health care providers and institutions based on race and ethnicity. Also, immigrants may not have adequate information about the resources available to them or how to navigate the system and advocate for themselves.

Tips

In addition to calling upon health care providers, community resources and

other key players within our society to help remove the stigma, promote education, and expand mental health offerings, Khan offers tips to those who may benefit from mental health treatments.

“First of all, know that you are not alone and there is professional, confidential support available to you. Mental and physical health are equally important components to overall health and wellness, so do not be ashamed to get help. If you have insurance coverage, make an appointment with a mental health care provider to be evaluated and start receiving treatment. If you are not sure whether your health care benefits cover mental health services, check with your employer. Some companies offer employee assistance programs which provide counseling or mental health resources. Advocate for yourself to find a culturally sensitive, language appropriate provider. Research shows that treatment for mental illness is effective, and the earlier treatment is sought, the better the outcome.”

If you or someone you know is experiencing a mental health emergency, go to your local emergency department or dial 988 day or night for the Suicide and Crisis Lifeline. The Mental Health Association of Alameda County offers free education, support and patient advocacy programs for those struggling with mental illness – visit <https://mhaac.org> for more information. To schedule an appointment with Wajeeha Khan, LMFT, or to learn more about Washington Township Medical Foundation's Behavioral and Psychiatric Health Services, call 510.248.1820.

988
SUICIDE
& CRISIS
LIFELINE

July 16 marked the one-year anniversary of the three-digit, 988 Suicide and Crisis Lifeline.

988 is a crisis line that connects callers experiencing a mental health emergency to more than 200 call centers with trained crisis counselors. These counselors are prepared to provide free and confidential emotional support and crisis counseling to people in suicidal crisis or emotional distress, and connect them to resources. These services are available 24 hours a day, seven days a week, across the United States.



Hattie Hyman Hughes

1943-2023

Hattie was a generous and compassionate benefactor and true friend to Washington Hospital. Hattie considered high-quality health care close to home as a cornerstone for a vibrant community. Throughout her distinguished career as President of the Fremont Bank Foundation, she remained generous in her support for patient care in South County. We will miss Hattie's wit and warmth, and take comfort in the legacy she imprinted in our hearts and minds.

- Kimberly Hartz, Chief Executive Officer, Washington Hospital Healthcare System



Hattie Hyman Hughes believed that having high-quality health care close to home was one of the cornerstones of a vibrant community. We opened the Morris Hyman Critical Care Pavilion, named after Hattie's father Morris Hyman, in late 2018, and Hattie joined us to celebrate her family's investment in the health of our community. Hattie led the effort to expand emergency services, leading to the construction of a state-of-the-art critical care facility on our Fremont campus. She honored her father's love for Washington Hospital and chose to continue his legacy through a transformational gift serving our staff, physicians and the community.

Hattie's legacy will live on in our Hospital through the Morris Hyman Critical Care Pavilion and it will continue to benefit our community members for years to come. We honor Hattie's memory and send our deepest condolences to her loved ones.



Healthy Tips, Healthy You

Join us to learn how to better your health and well-being at our Timely Talks. This monthly series features experts from our community who will provide resources to care for you and your loved ones.

Gather tips on how to best support your loved one during our Coping With Dementia discussion on Wednesday, August 9 from 2:00pm-3:30pm. Call 510-493-9116 to RSVP by July 26.

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Quarry Lakes Regional Recreation Area

By JACK ALCORN

A quarry lake is a lake that is formed after a quarry has been dug for a mining operation. Overtime, groundwater seeps in and rainwater collects in a reclaimed quarry. The depth of a quarry lake is dependent upon rainfall in the region.

Quarry Lakes Regional Recreation Area got its name from the quarries established in Fremont in the mid 19th century. Gravel was taken from the banks of Alameda Creek, creating the quarry, and used in the construction of the transcontinental railroad's western section in this part of California.

A decade of reclamation and construction by East Bay Regional Park District (EBRPD), in partnership with Alameda County Water District (ACWD), brought Quarry Lakes Regional Recreation Area to the public in 2002.

The park is a beautiful water-oriented recreation area, which offers boating, swimming and fishing. Hiking and wildlife viewing also attract lots of people to the spacious grounds that contain many picnic and event areas. A system of several connected lakes and waterways comprise 350 of the park's 471 acres.

Fishing is permitted in Horseshoe Lake and Rainbow Lake. A California Fishing License is required for all anglers age 16 and above. An EBRPD Daily Fishing Access Permit is also required for all anglers age 16 and over. The Daily Fishing Access Permit may be purchased at the park entry kiosk. Horseshoe Lake is stocked with trout and catfish.

A boat launch ramp makes the lakes easy to enter and exit. Sailboards; stand-up paddle boards; canoes; kayaks; and boats with electric-powered motors may be launched into Horseshoe Lake from the boat ramp. All watercraft



Niles swimming beach across the lake from the fishing dock.

must be inspected prior to launching. Gas powered boat motors are not permitted in the park.

All ages can swim at the designated white sandy beach. The swimming area has lifeguard service and restrooms. Contact the park to confirm the current summer schedule.

Visitors to Quarry Lakes can hike, observe nature, walk dogs and ride bicycles around Willow Slough and Lago Los Osos, and the areas surrounding those waterways. Water contact is not allowed in these areas. Dogs must always be kept on leash throughout the entire park.

The Park's trails connect to the Alameda Creek regional trails. The entire hiking/biking network accessible from

Quarry Lakes extends eastward to Niles Canyon and westward to Coyote Hills and Don Edwards National Wildlife Refuge on the San Francisco Bay.

Quarry Lakes features gardens that provide horticulture planting demonstrations. The gardens were inspired by local nurseries and flowering fruit trees in the region. Explore subtropical flora; exotic conifer; rare fruit trees and a butterfly habitat.

The park has ample picnic sites with tables and barbecues. Reservable sites are also available including shaded pavilions that accommodate up to 200 people each.

Accessibility

There is a wheelchair accessible fishing pier at Horseshoe Lake. All the facilities at

the Niles beach area, Ensenada Pavilion area, and Orchard picnic area are wheelchair accessible. The Rock picnic area has wheelchair accessible bathrooms and a drinking fountain, but no parking.

The swimming area has a free beach wheelchair, that provides a way for wheelchair users to travel across the beach.

Quarry Lakes park entrance is located at 2100 Isherwood Way in Fremont. Parking and user fees apply. For more information or reservations visit www.ebparks.org/parks/quarry-lakes or call 888-EBPARKS (888-327-2757), option 3, extension 4552.

Quarry Lakes Regional Recreation Area
2100 Isherwood Way, Fremont

Donate to Community Closet

SUBMITTED BY STUDIO 11

On Saturday, July 29, Studio 11 will hold another “Community Closet” event where people can drop off their no-longer-needed but still-in-good-condition clothes, or pick up some essentials free of charge. Free men’s, women’s, and children’s clothing, shoes, accessories, will be available, as well as free children’s books and worksheets.

For this July event, free backpacks and school supplies will be distributed while supplies last.

For clothing donations, contact Sofia Dangerfield at sofia@mindfulmami.com; for backpack and school supplies donations contact Miguel Ramirez at Miguel_ramirez42@yahoo.com.

Community Closet

Saturday, Jul 29

9 a.m. – 1 p.m.

Studio 11

34626 11th St., Union City

www.unioncity.org/192/Community-Recreation-Services

Roll into
decades past
on Retro Night

SUBMITTED BY MILPITAS RECREATION AND
COMMUNITY SERVICES

If you’re a fan of the 70s, 80s, 90s, or 2000s, enter the “way back” machine and join “Retro Milpitas” on Friday, August 4 and Saturday, August 5 at Milpitas Sports Center Complex! Celebrate a vintage vibe of local historical family fun with Cal Skate, Splashdown, and more.

Theme decades shift based on the day, so check which era fits your style before heading out.

Friday will celebrate the 1970s and 80s, with a live concert from the Billy Martini show starting at 6:30 p.m. Saturday will be all about the 1990s and 2000s, with a live concert from Other People’s Money (also starting at 6:30 p.m.) In addition, Saturday will have a skateboard competition.

Events slated for both days include free kids’ activities and lawn games, DJ music, food trucks (snacks for purchase), decade best costume contests, skate rink (for purchase), and activity area with water slides, video games, mini golf, etc. (for purchase).

Retro Night

Friday, Aug 4 – Saturday, Aug 5

10 a.m. – 10 p.m.

Milpitas Sports Center Complex

1325 E. Calaveras Blvd., Milpitas

(408) 586-3210

www.milpitas.gov/180/Recreation-Community-Services

Reserve skate session: bit.ly/retromilpitas

Skate rink sessions: \$13-\$25

Activity area tickets: \$10

LETTER TO THE EDITOR

Union City Public Library Closure

Alameda County Public Library (ACPL) has decided to close the Union City Library on Mondays starting July 23, 2023, without input from the community and for the first time ever in the library’s history. When announcing this closure, ACPL said that libraries strengthen communities and transform lives every day. The closure is exactly opposite to this slogan. ACPL wasted about six months where it could have notified the public and the New Haven School District for a stronger case with the city Mayor.

This library is very close to James Logan High School, which has over 4,000 kids. They depend on this library as a place to go after school hours and do their homework. There are many opportunities for our kids to go off track

and ruin their lives. This is one of the very few resources that will keep them away from those paths. Yet ACPL has closed the door for them on Mondays.

Union City has done nothing to support the local library in the last many years. It let the library close on Sunday afternoons because the city stopped its funding. This was understandable as the city was then in major fiscal trouble. Yet the city continued its neglect of the library even after the fiscal condition improved. Funding the local library has disappeared from the Union City budgets. The City Manager even forgot that a library about 200 feet away from City Hall even exists. The Mayor and City Council should be held responsible for this mismanagement of the city’s needs.

Newark has set an example for us in Union City to follow. It has built a modern and spacious library with city funds, managed by the ACPL. It is providing additional funds now to keep the library open on Sundays.

Union City Library needs our support. Our elected officials need to wake up and support funding of the local library. They also need to hold the city manager responsible for actions and in this case inaction to make funding part of the city budget.

Subru Bhat, Alameda County
Public Library Advisory Commissioner
Union City

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Tuesday, August 1, 2023

SAVE THE DATE !

ACTIVITIES FROM 4 PM-8 PM

National Night Out is celebrating its 40th Anniversary. This year UCPD will have one location to celebrate the evening in the Union Landing Shopping Center near Texas Roadhouse Restaurant. The purpose of this night is to allow local businesses, community groups, CIT professionals, and First Responders in the community to partner with law enforcement for an upbeat night of fun and festivities. Please help us celebrate our community partnerships and learn about safety awareness in our city and our neighborhoods and suggestions for preventing the theft of autos and electronic devices.

If you would like to help sponsor this event, have a booth on-site or make a product or monetary donation, please contact UCPD Community Coordinator Crystal Raine at UCPDCommunity@unioncity.org



Douglas Morrison Summer Concert

SUBMITTED BY EMMA SMITH

The Douglas Morrison Theater Chorus will present their summer concert, Music of the Americas, on Friday, August 4 at 8 p.m. and Sunday, August 6 at 2 p.m. at the Douglas Morrison Theater.

The program features the works of Irving Berlin, Oscar Hammerstein, and Jerome Kern. The songs range from patriotic to romantic, with a splash of Motown and rhythms from Cuba, Jamaica, and Brazil. Performances by talented soloists add to the fun of this popular concert. Director Cesar Cancino's direction, musical knowledge, and sense of humor enhances the experience.

Don't miss this opportunity to celebrate great music in our own backyard!

Tickets can be purchased at the HARD offices (1099 E St. Hayward) or online at www.haywardrec.org. Call (510) 881-6700 for assistance if needed. Tickets will not be available at the door.

Music of the Americas
Friday, Aug 4 – Sunday, Aug 6
Fri: 8 p.m.
Sun: 2 p.m.
Douglas Morrisson Theater
11311 Third St., Hayward
www.haywardrec.org



Douglas Morrison Summer Concert: The Morrison Theatre Chorus

Kaiser Permanente recognized for their commitment to cardiac and stroke patients

SUBMITTED BY KAISER PERMANENTE

The American Heart Association recognized 21 Kaiser Permanente Northern California hospitals with awards for their commitment to delivering high-quality cardiac and stroke care that follows nationally recognized, research-based guidelines, ultimately leading to more lives saved and reduced disability. Severe heart attacks in Kaiser Permanente Northern California patients have been reduced by 72% using a team-based, preventive approach.

A few Kaiser Permanente Northern California hospitals receiving both the Get With The Guidelines - Heart Failure and the Get With The Guidelines - Stroke awards include Fremont, Oakland, Redwood City, Richmond, San Jose, San Leandro, San Rafael, Santa Clara, Vacaville, Vallejo, and Walnut Creek and more.

“This recognition is a tribute to the collective expertise of our physicians, nurses, and staff who provide comprehensive cardiac care and treatment for our patients and members,” said Maria Ansari, MD, FACC, CEO and executive director of The Permanente Medical Group. “Our reduction in cardiovascular events continues to surpass the nation in quality outcomes, as our cardiologists, physicians, and care teams work across

specialties and locations to consistently deliver the highest quality care to our patients and members, who are living longer and healthier lives as a result of these efforts.”

Kaiser Permanente Northern California caregivers have reduced severe heart attacks by 72% using a team-based, preventive approach, according to Kaiser Permanente's Northern California Division of Research. Kaiser Permanente members are 33% less likely to experience premature death due to heart disease, Elizabeth A. McGlynn, PhD, et al., "Measuring Premature Mortality Among Kaiser Permanente Members Compared to the Community," Kaiser Permanente, July 20, 2022.

“Our Kaiser Permanente Northern California teams of cardiac specialists collaborate seamlessly to coordinate diagnosis, treatment, and recovery of our patients,” said Carrie Owen Plietz, FACHE, president of Kaiser Permanente’s Northern California region. “We are helping our members and patients with heart disease live longer, healthier lives through our comprehensive care and support.”

The Get With The Guidelines - Heart Failure award is earned by meeting specific quality achievement measures for the diagnosis and treatment of heart failure patients at a set level for a designated period. These measures include

evaluation of the proper use of medications and aggressive risk-reduction therapies. Before discharge, patients should also receive education on managing their heart failure and overall health, get a follow-up visit scheduled, as well as other care transition interventions.

The Get With The Guidelines - Stroke award is earned by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

About Get With The Guidelines®

Get With The Guidelines® is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 12 million patients since 2001. For more information, visit heart.org.

Drug pricing legislation

Senator Amy Klobuchar (D-MN) and other lawmakers recently introduced the Strengthening Medicare and Reducing Taxpayer Prices Act, a bill they claim will help America's seniors by imposing strict price caps on prescription drugs.

The bill effectively doubles down on last year's Inflation Reduction Act, which empowered the government to set prices for dozens of prescription drugs covered by Medicare. Price controls discourage new entrants into the marketplace and the development of new products. Life sciences is no exception.

Even before the IRA, it took a risk-tolerant investor to bankroll cutting-edge biotech research. After accounting for the high rate of failure—about 88% of experimental drugs that start clinical trials never earn FDA approval—it can cost upwards of \$2.6 billion to bring one to market.

This is particularly true of small-molecule medicines, which usually come in pill form. The IRA subjects “small-molecule” drugs to price controls just nine years after FDA approval. Larger molecule “biologic” medications, often administered via infusion, are eligible for price setting after 13 years.

The legislation would double the number of medications subject to price controls. It would drastically reduce how long new drugs are exempt from price controls, subjecting both small-molecule and biologic medicines to price caps just five years after FDA approval.

Small and medium biotechs employ 71% of the nearly 1.9 million workers in the U.S. bioscience industry. The SMART Act could put hundreds of small biotechs out of business, and thousands of workers out of a job.

Karen Kerrigan is president and CEO of the Small Business & Entrepreneurship Council

Karen Kerrigan
Vienna, Virginia



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Mission Track and Field Junior Olympic Qualifiers

SUBMITTED BY LEE WEBB

Mission Valley Track and Field Club based in Fremont has a large group of talented athletes. This year 41 members of the Mission Valley Track and Field team have qualified for the Junior Olympic National qualifiers in Eugene, Oregon at the famous Hayward Field taking place from July 24 to the 30.

Many of today's Olympic stars began their track and field careers competing in the USATF National Junior Olympic Championships. Thus, making this meet one of the most visible youth athletics development programs in the world.

We are proud to have athletes representing Fremont and the Bay Area at large at such an important meet.



"We shifted to a two-day meet to reduce the volume of athletes and parents together." The historical growth and participation in the EBSL have been phenomenal. EBSL started in 1976 with six teams and now has eleven, with an average team membership of 120 to 160 swimmers. Patrick further noted that, geographically, the league covers the "corridor from Warm Springs to San Leandro."

The steady growth of the league is also attributed to the swimmers who grew up in it. Patrick was proud to point out "They've been meeting at Chabot College for championships since they were five, six years old." Although the annual championship is the league's highlight, the season event calendar is also busy with dual meets where three teams compete simultaneously. Patrick clarified, "because we have an odd number of teams, we've had to adjust how we do our schedule so that we can get every team participating on a given Saturday."

One appeal for all the swimmers in the league is the chance to contribute, where each has a stake in winning the championship for their respective team. Patrick said, "There's a scoring system based on an individual swim where we score up to 30 placings, giving many kids in a given age group an opportunity to score points for their team."

Apart from winning the team championship, Patrick pointed out that, "primary goal is to give all these swimmers a chance to perform at their best." Patrick added that it has also been great for the swimmers because, for most, it's an exciting event with a "big meet at the big college pool." Not to mention the cheering crowd adding to the fantastic event atmosphere.

For more information about East Bay Swim League, please check out <https://ebsl.org/>.

Newark Bluefins repeat East Bay Swim League championship

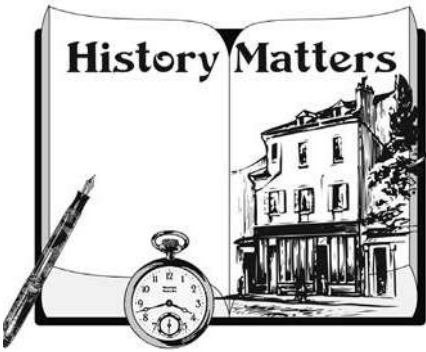
BY ERIC DONATO

East Bay Swim League (EBSL) 2023 championship event was held at Chabot College in Hayward. The event was held on July 21 for the thirteen to eighteen age group; and July 22 for the thirteen-under group. The 2022 defending champions, Newark Bluefins, edged the other teams out of the water again this year with a combined score of 6,628. They also took first place in the men and women categories with 3,246.5 and 3,381.5, respectively.

The excitement-filled two days were jam-packed with the two age groups represented in eleven teams scurrying through many heats, several eliminations, and the finals in seven main swim events further broken down by the different official swim distances. All the teams in the EBSL were represented at the championship event, which included: Newark Bluefins, Mission Valley Barracudas, Chabot Marlins, Highlands Sharks, San Leandro Drowning Darryls, Glenmoor Stingrays, Castro Valley Crocodiles, Bay Area Dolphins, Southgate Penguins, Treeview Dolphins, and Warm Springs Gators.

EBSL Meet Director, Patrick Ryken, noted the expansion of the championship event into two days, given the growth of the league and the participation post-Covid. Patrick said, "We have 11 teams in the league, and we saw 1,100 swimmers participate." He added,





July 16 to July 31

BY JOHN GRIMALDI AND DAVID
BRUCE SMITH

Dare Devil Pilots

America’s “dare devils” of the skies pack the history of aviation. The Wright brothers, for example, invented the airplane and flew the first powered flight in 1903, while other risk takers — Charles Lindbergh and Amelia Earhart — piloted solo and non-stop across the Atlantic in 1927 and 1932, respectively.

And then there was Douglas Corrigan: an aircraft mechanic who salvaged an

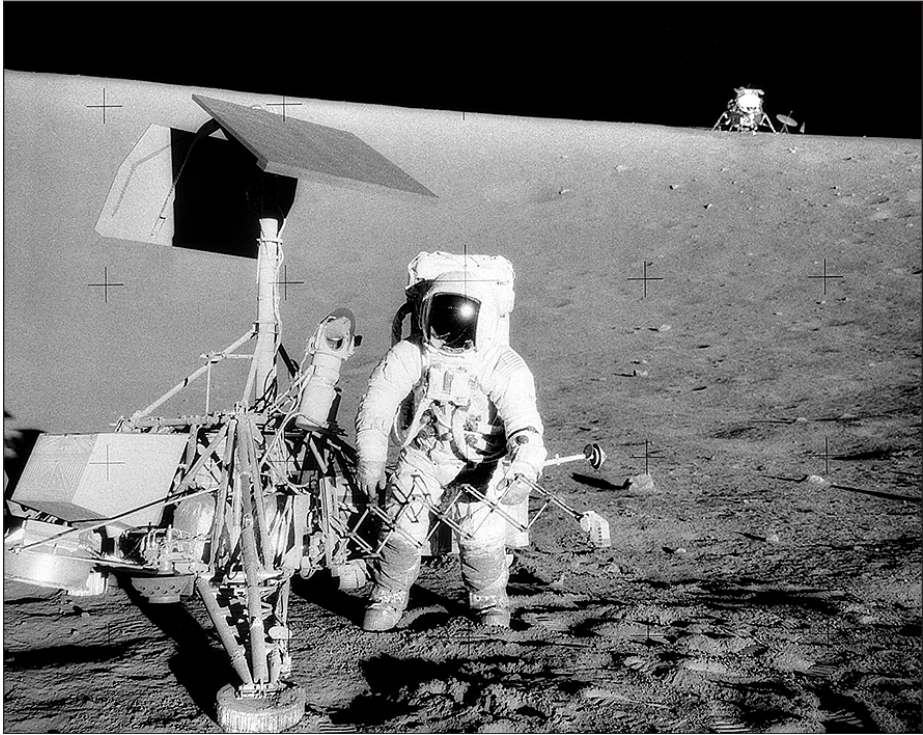
airplane from a trash heap, restored it, and soared from California to New York. He anticipated a transatlantic journey, but the authorities quashed it.

Even so, on July 17, 1938, Corrigan took off—allegedly for California, but reversed course, turned east, crossed the Atlantic, and ended up in Ireland 28 hours later. Afterwards, he was —famously— known as “Wrong Way” Corrigan.

The Apollo Space Missions

On July 20, 1969, the astronaut Neil Armstrong took “one small step for man, one giant leap for mankind,” when he set foot on the moon became the first human to reach an extraterrestrial destination, and—also— satisfy President John F. Kennedy’s 1961 promise to the nation.

The achievement was challenging but according to History.com “NASA and its thousands of workers forged ahead, and in October 1968, Apollo 7, the first manned Apollo mission, orbited Earth and successfully tested many of the sophisticated systems needed to conduct a moon journey and landing. In December of the same year, Apollo 8 took three



The Grateful American Book Prize recommends Moon Shot: The Inside Story of America’s Apollo Moon Landings by Jay Barbree, Alan Shepard, Deke Slayton, and Neil Armstrong.

astronauts around the far side of the moon and orbited it 10 times before returning, and in March 1969 Apollo 9 tested the lunar module for the first time while in Earth orbit. Then in May, the three astronauts of Apollo 10 took the first complete Apollo spacecraft in 31 orbits around the moon in a dry run for the scheduled July landing mission.” And so, on July 16, “Apollo 11 took off from Kennedy Space Center with astronauts Neil Armstrong, Edwin Aldrin Jr., and Michael Collins aboard.”

The Space Race

On October 4, 1957, the Soviet Union launched Sputnik, followed in January by America’s Explorer I. In July, Congress established the National Aeronautics and Space Administration (NASA), a civilian agency responsible for coordinating the country’s interstellar activities. The competitive chase to conquer the cosmos had begun.

According to History.com, “by landing on the moon, the United States effectively ‘won’ the space race that had begun with Sputnik’s launch in 1957. For their part, the Soviets made four failed attempts to launch a lunar landing craft between 1969 and 1972, including a spectacular launch-pad explosion in July 1969. From beginning to end, the American, Soviet and U.S. space programs were heavily covered in the national media. This frenzy of interest was further encouraged by the new medium of television. Astronauts came to be seen as the ultimate American heroes, and earth-bound men and women seemed to enjoy living vicariously through them. Soviets, in turn, were pictured as the ultimate villains, with their massive, relentless efforts to surpass America and prove the power of the communist system.”



The Grateful American Book Prize recommends Corrigan’s That’s My Story.

Cornell Carter performs for
Castro Valley
Arts Foundation

SUBMITTED BY TERRY LIEBOWITZ

Celebrate summer and the beginning of the Castro Valley Arts Foundation 2023-24 Concert Series as we kick off the season with Soul singer/songwriter Cornell C.C. Carter and his seven-piece band. On Saturday, August 12, at the Castro Valley Center for the Arts, arrive early for dinner on the theater patio, catered by Sacred Pig Barbeque, 21st Amendment, and Drake’s Brewing Co.

Cornell has opened for the legendary James Brown and Ray Charles and recorded and performed with Carlos Santana. He has three albums of original music. This spring, Cornell’s latest single, “It’s So Nice,” garnered the #1 spot on the UK Soul charts.

Born in Berkeley and raised in San Francisco, Cornell performs extensively in the United Kingdom and Europe. Cornell shares, “Europeans have a real love for Soul music. I found a huge community of musicians and fans for my music.” The first time he performed in England he was “blown away” by the audience’s reaction to American Soul. “It is every artist’s dream to be so welcomed.”

Visit: [cvartsfoundation.org/shows/](https://www.cvartsfoundation.org/shows/) for show tickets and <https://www.cvcfa.com/bbq> for dinner tickets.



Cornell C.C. Carter
Saturday, Aug 12
Pre-show dinner: 5 p.m. – 7 p.m.
Show: 7:30 p.m.
Castro Valley Center for the Arts
19501 Redwood Rd., Castro Valley
[cvartsfoundation.org](https://www.cvartsfoundation.org)
Tickets: Show \$44-48; Dinner \$18-30

Park District hosts
first-ever National Night
Out at Lake Chabot

SUBMITTED BY JEN VANYA

Join us for an exciting evening of community bonding and fun at Lake Chabot. The East Bay Regional Park District is hosting its first-ever National Night Out, where parkgoers are invited to come together to celebrate and strengthen our community ties. All are welcome to this FREE event. Registration on Eventbrite is encouraged, but not required to attend. (Search East Bay Regional Park District).

Bring your family, friends and neighbors for a fun night out in the park. Enjoy some of the following activities: first responders talk, police horses, fire trucks, peace pole viewing, photo booth, hot dogs & refreshments, kid activities, live DJ.

Take this opportunity to meet the Park District’s public safety officers, firefighters, lifeguards, and park rangers who are instrumental in keeping our community safe. Visit with Park District naturalists at the Mobile Visitor Center and learn about the nature exhibits on display. Stroll around Lake Chabot and enjoy the lake’s serene beauty.

The Lake Chabot Marina Café will be open extended hours for dinner, snacks, ice cream, and more. Parking fees will be waived for the event starting at 3 p.m.

Don’t miss out on this special event promoting unity, safety, and a sense of belonging. Together, we are making communities safer, more caring places to live.

EBRPD National Night Out
Tuesday, Aug 1
4 p.m. - 7 p.m.
Lake Chabot Regional Park
17600 Lake Chabot Rd., Castro Valley
www.ebparks.org/nno



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Chicago's Shedd Aquarium welcomes its first rockhopper penguin chick in 8 years

BY ERIN HOOLEY, ASSOCIATED PRESS

It's bright and early at Chicago's Shedd Aquarium and the penguin population's newest member is ready for a wellness check. A fuzzy brown southern rockhopper chick is gently plopped onto a scale in an exam room and Shedd's penguin team members are happy with the results. So, it seems, is the chick, who waves its flippers in the air and stretches out its neck. "You're doing the happy flaps!" says senior trainer Katy Roxbury, who offers the chick bits of herring. The first southern rockhopper penguin hatched at Shedd in eight years came out of its shell on June 16. The aquarium made modifications to the exhibit area and brought in a few new female penguins last year as part of the rockhopper breeding program. Shedd's penguin colony also includes Magellanic penguins.

"We were very excited when we found out that this egg was fertile," says penguin and otter supervisor Megan Vens-Policky. "We've been monitoring it closely. We're seeing great growth and we're seeing very attentive behavior from the parents, so we couldn't be happier with how things are going." The chick's parents, Edward and Annie, became famous in 2020 when they joined the aquarium's "field trips," visiting locations such as the nearby Field Museum and Soldier Field while the aquarium was closed due to the COVID-19 pandemic.

During the daily wellness exam, the chick is weighed to see how much food it's getting from mom and dad. Aquarium team members also offer additional food items, which helps the chick become comfortable with being handled. The chick will remain nameless for three months while the penguin team focuses on its health and development. The sex of the chick will be determined by testing DNA from inside its egg shell. Shedd is part of the Species Survival Plan, a global conservation program designed to optimize the genetics and health of the rockhopper population within accredited zoos and aquariums. "The southern rockhopper population is a population of concern out in the wild so it's one we definitely want to learn more about," says Vens-Policky.



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Summer Outdoor Movies

Movie Night Out	August 8 Hotel Transylvania: Transformania 8 p.m. Washington Manor Park www.sanleandro.org/377/Recreation-Human-Services	Bark After Dark 8 p.m. Bring low-back chairs and/or blankets. Pets must remain on leashes
8:30 p.m. \$10; register ahead of time		
July 28 Ant Man & the Wasp Higuera Adobe Park Wessex Pl., Milpitas www.milpitas.gov	Free Outdoor Movies 8 p.m. Bring picnic dinner, low-back chairs or blankets, and flashlights	July 28 Lady and the Tramp Kennedy Community Park 1333 Decoto Rd., Union City
Family Movie Nights Bring lawn chairs, blankets, snacks	August 18 Turning Red Castro Valley Community Park	Classic Movies Under the Stars \$5 Barbara Lee Senior Center Member; \$10 Non-Member Register online or at the Senior Center
July 28 Minions: Rise of Gru 7 p.m. Farrelly Pool \$3 pre-registration, \$6 at the door	September 8 Hotel Transylvania 4 Meek Park www.haywardrec.org	August 18 Grease (1978) 8:30 p.m. Barbara Lee Senior Center www.milpitas.gov

LETTER TO THE EDITOR

TikTok is Being Banned for All the Wrong Reasons

TikTok is a titan of social media — According to CBS News, over 150 million Americans use TikTok on a monthly basis. But its footing in the U.S. seems to be slipping. Congress interrogated TikTok's CEO on the app's connections with the Chinese Communist Party and its potential acts of espionage on American citizens (NYTimes). Nearly 60% of Americans find the app to be a threat to national security (pewresearch.org).

But in the midst of this uproar over data privacy, a more dangerous facet of TikTok has been disregarded: the damage it has done to the attention spans of users. TikTok forces us to confront a much larger, more uncomfortable truth about the effects of modern social media.

The platform's videos span from 15 seconds to 10 minutes, but are for the most part around 30 seconds. In theory, this offers a bite-sized viewing experience that only takes up a small portion of the user's time. However, as anyone who has binged snacks can attest, the small amount of dopamine from each bite — or view — encourages the consumer to keep eating or scrolling in an attempt to feel satisfied. Even though videos are less than half a minute long, the average TikTok browsing time per session is 52 minutes (searchlogistics.com), meaning most TikTok users

browse over 100 videos per session. This is in part made possible because of the exceedingly effective hooks that TikTok uses to make the experience more convenient; a like is only a single double tap, the next video only a swipe away.

Spending nearly an hour a day on browsing TikToks is having a noticeable effect on its users. Although TikTok video maximum lengths have increased from seven seconds to 10 minutes in order to sell more ad revenue, most TikTok users are now finding that videos over one minute stress them out (wired.co.uk), with users admitting that they watch videos at twice the speed not because they are short on time, but because they are short on attention span and concentration.

The issue is so serious, even TikTok and its users are aware of the danger. Nearly half of girls who use TikTok consider themselves "addicted" to the platform, and Tiktok even has its own alert systems for users, telling them to "stop" and that they've "been scrolling for way too long now." When TikTok feels obligated to warn its own users, despite driving profits from user engagement, the damages of addiction and attention span atrophy really ought to be emphasized more.

Why aren't these mental health impacts brought up as much as security and privacy concerns? The answer is

because TikTok's security concerns make it unique among social media apps and mark a convenient target for politicians — for example, Montana justified its TikTok ban by accusing the app of Chinese espionage (npr.org). However, the deeper problem with TikTok — its addictive scrolling — isn't unique. An endless scrolling of curated content can also be found on sites like Twitter, Spotify, Instagram, and Youtube Shorts, the last of which pulls in over 50 billion views daily (blinkfire) and targets older age demographics too.

Confronting and banning TikTok for its security concerns is easy. But to recognize and stop the dangers of scrolling addiction forces us to confront all other social media platforms as well, which have eagerly seized upon TikTok's addictive scrolling formula, yet escaped TikTok's scrutiny because they are not connected to foreign governments. The older generations should not be content with stamping out TikTok and leaving the social media site they endlessly scroll untouched — rather, they must do a better job of teaching the younger generations the dangers of all social media addiction, as well.

Ryan Shen
Mission San Jose High School, Fremont

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FIFA Women's World Cup

Hi! I'm Lily.
I love soccer!

I'm Mason. I love to
play and watch soccer!

I'm Zoe. And I love to
READ about soccer!



These three friends
put together soccer
puzzles and fun facts
for this special
Kid Scoop page
about the
FIFA WOMEN'S
WORLD CUP!

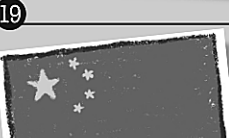
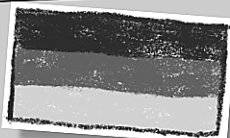
Women's World Cup Teams

By Zoe

The FIFA Women's World Cup soccer championship began in 1991. It is held every four years. Soccer teams from countries around the world compete for a chance to be one of the 32 teams that make it to the Women's World Cup.

I drew flags of the countries that have hosted the Women's World Cup tournament over the years. Do the math to label each flag correctly.

14 + 7 = SWEDEN 18 + 9 = CHINA 19 + 6 = FRANCE
11 + 11 = CANADA 13 + 6 = UNITED STATES 9 + 9 = GERMANY



Australia and New Zealand

By Lily

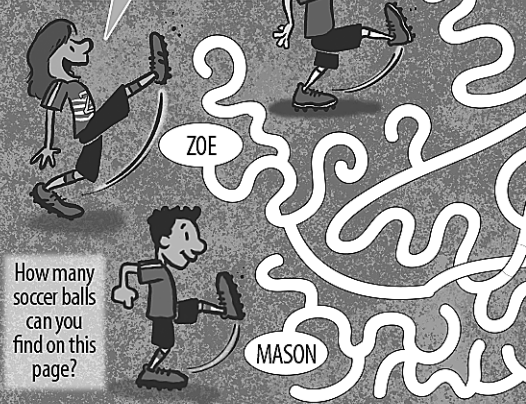
The 2023 FIFA Women's World Cup tournament will take place from July 20 through August 20. The teams will play in Australia and New Zealand.

It takes a month to play all the matches that will lead to one country taking home the trophy!

I drew a map to show the host cities where Women's World Cup matches will take place.



It takes a lot of practice to build the skills needed to compete for a World Cup. Which soccer ball belongs to each player?



How many soccer balls can you find on this page?

The Awesome Trophy

By Mason

The Women's World Cup trophy is really cool. I tried drawing a picture of it, but it took several tries to get it right. Find the two that are exactly the same.

Use the code to learn some facts about the trophy.

0 = 1 = 2 = 3 = 4 = 5 = 6 = 7 = 8 = 9 =

Trophy height: inches
Weight: pounds



Soccer Search

Look through the newspaper for 10 words that can be used to describe soccer.

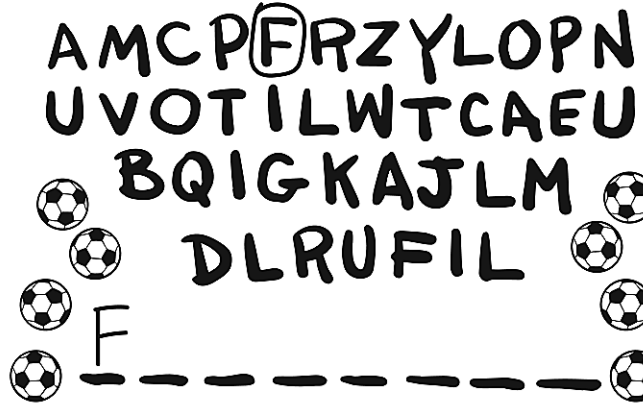
Standards Link: Use the newspaper to locate information.

Kid Scoop Puzzler

What's in a name?

By Lily

Soccer is called something else in most countries around the world. Circle every fifth letter to reveal the answer.



Double Double Word Search

NEW ZEALAND
AUSTRALIA
COMPETE
MATCHES
FLAGS
BALL
CITIES
YEARS
TEAMS
MAP
MONTH
READ
SKILLS
SOCCER
TROPHY

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together

Sports Reporter

Interview a family member about a sport they played. Write their answers on the lines under each question.

What was your favorite sport(s) to play as a kid or teenager?

What was your favorite thing about that sport?

How did you react to winning a game?

How did you react when you lost a game?

What advice would you give young people playing that sport?

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kidscoop.com/activity-pages/

Kid Scoop VOCABULARY BUILDERS

This week's word: **COMPETE**

The verb **compete** means to take part in a game or contest.

My sister will **compete** in the annual City Chess Tournament next Saturday.

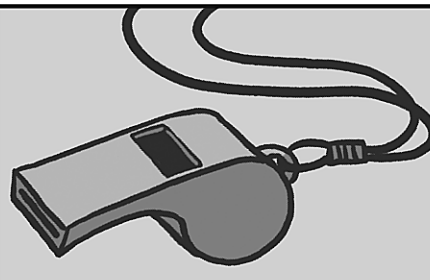
Try to use the word **compete** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Winning Headlines

Choose three newspaper ads. Can you change the headlines in the ads to be about soccer or your favorite sport?

Standards Link: Reading Comprehension: Follow simple written directions.



How can you tell that soccer referees are happy?

ANSWER: They whistle while they play.

Write On!

Sports News

Write a paragraph about a real-life sports event that you watched or played in.



The Fremont CONNECTION



City Now Accepting Public Comments on Draft Climate Action Plan

Fremont's updated draft Climate Action Plan is now available on MyFremont for the community to review and provide feedback! On June 20, the Fremont City Council unanimously approved to release the draft for a period of public review and comment.

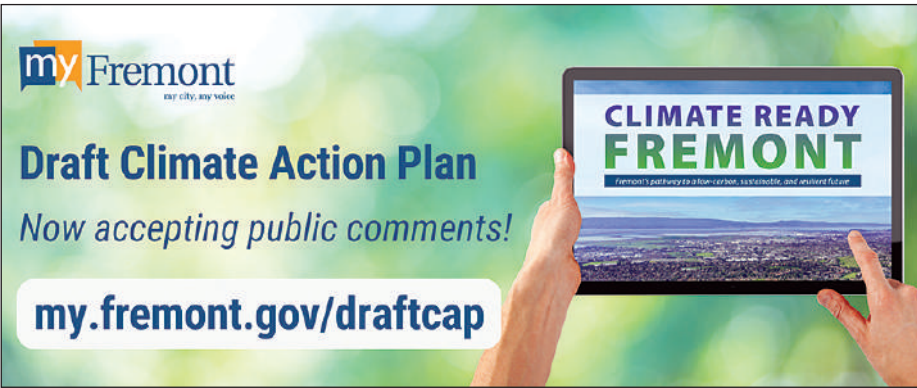
The plan, titled Climate Ready Fremont, provides a series of local greenhouse gas (GHG) emission reduction and climate adaptation measures to be undertaken through the year 2030. To learn more about the plan and the update process, please visit the City's Climate Action Plan webpage at www.fremont.gov/climateactionplan.

To provide feedback on the draft, community members can take the following actions on MyFremont (www.my.fremont.gov/draftcap), the City's community engagement platform:

- Review the draft.
- Take a quick poll with only three questions.
- View and participate in a discussion forum.
- Ask a question.

Feedback will be accepted on MyFremont through Monday, July 31, 2023. The feedback received will be reviewed and considered as staff prepares the final Climate Action Plan to bring to the City Council for adoption later this year.

The City welcomes all feedback, and thanks everyone for participating and helping to create a climate ready Fremont!



Fremont Kicks off New Active Transportation Plan



The City is kicking off its Active Transportation Plan (ATP), which focuses on improving access, safety, and comfort for active modes of transportation through planning for infrastructure and supportive programs. Get involved and share your feedback!

Active transportation refers to "human-powered" or small battery-assisted modes of travel, including walking, biking, scooting, or using mobility devices. We want to hear from you, the Fremont community, as we develop this plan. The ATP is currently in the first phase of public outreach, which focuses on learning how the Fremont community is experiencing walking and biking in the city. The Phase 1 outreach will span over the course of this summer, consisting of an online survey and in-person project outreach at various special events and farmers markets throughout the city. For a list of upcoming special events that the project team will be attending, as well as completing the online survey, please visit the City's MyFremont page at www.my.fremont.gov/active-transportation-plan. Your input will help ensure future City investments will meet the needs of the community for walking, biking, and scootering, ultimately contributing to Fremont being a happy city!

City's ADU Ordinance Update

The City is nearing completion of updating Fremont's accessory dwelling unit (ADU) ordinance. ADUs are independent living units attached or detached to a single-family home or established within a multi-family development. An update to Fremont's ordinance is necessary for consistency with recently adopted state laws and to simplify local development standards, consistent with the City's General Plan and Housing Element.

On July 11, 2023, the Fremont City Council adopted the City's 2023 Accessory Dwelling Unit (ADU) ordinance updates. The new ordinance will go into effect August 11, 2023. As a next step, the City will submit the recently-adopted ADU



ordinance to the State Department of Housing and Community Development (HCD) for review. HCD is responsible for reviewing locally adopted ADU ordinances to determine whether the ordinance complies with the requirements of state law. For more information visit <https://city.fremont.gov/adu>.

Drone First Responders (DFR) Program Community Meeting

Please join Fremont Police Department (FPD) and Fremont Fire Department (FFD) in a community meeting to discuss our Drone First Responders (DFR) Program on Saturday, July 29, from 9 a.m. to 11 a.m. in the Large Fire Training Classroom at 3300 Capitol Ave., Building A.

FPD and FFD completed a pilot phase for the DFR Program from December 21, 2022 – January 20, 2023. Results from the pilot program suggest DFR is a valuable tool in providing first responders with real-time information to assist with decision-making, tactics, tools, and resources to mitigate a problem safely. The DFR program assists first responders in being proactive when responding to emergencies instead of waiting until firefighters or officers arrives on the scene to deploy a UAV. DFR further provides aerial support for public safety incidents, decreases response times, and increases community safety.

Please join our community meeting as we share the results of the DFR pilot phase and present the proposal to establish DFR as a permanent program. To learn more about DFR, please visit: <https://fremontpolice.gov/DFR>.



Mid-Year City Council Priority Progress Report Now Available

In 2023 the Fremont City Council adopted three core priorities for the City which included focusing on public safety, combatting homelessness, and fostering the vitality of commercial corridors, while ensuring financial health and sustainability remain the City's core principle. Last week, City Manager Karena Shackelford released a mid-year Priority Progress Report outlining how staff has focused its efforts on these key areas so far this year.

City staff has been off to a strong start working toward these priorities this year. Here are just a few milestones we've achieved in pursuit of these priorities:

- Used one-time revenues to increase funding for Capital Improvement Program projects to provide for improvements to city facilities and infrastructure desired by the community.
- Launched Homelessness Strategic Plan development process with plan completion expected in 2024.

- Fremont Police Department (FPD) completed a comprehensive assessment and evaluation of recruitment and hiring policies, procedures, and practices to ensure the department remains competitive and sustains the ability to hire qualified and competent police personnel.

- Launched Fremont's inaugural Restaurant Week, which generated tens of thousands of unique online visits to the Restaurant Week website and social media engagement and supported over 40 local restaurants during what is typically a slow time of year.

The City looks forward to continuing this work to improve our Fremont community. To learn more and view all of this year's updates and achievements so far, please read the Mid-Year City Council Priority Progress Report at <https://city.fremont.gov/councilpriorities>.

City Secures Funding of \$3 Million in State Budget

On July 10th, Governor Newsom signed AB 102: Budget Act of 2023, which includes \$3 million in direct funding for the City of Fremont. The following breakdown shows how Fremont intends to allocate the funding:

- \$1,000,000, for the development of a Multi-Service Community Center at Central Park.
- \$500,000 for support of Housing Navigation Center.
- \$1,500,000 for support of the Commercial District Wi-Fi Access Expansion Project.

City staff worked closely with the offices of Senator Aisha Wahab and Assemblymember Alex Lee, who championed Fremont's budget requests to secure this funding for the City and is greatly thankful for their continued partnership.





John Juarez, REALTOR®
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Striking Home in Central Fremont

- ◆ 5 Bedrooms, 2 Baths
- ◆ 1,956 Sq. Ft. Living Area
- ◆ 6,001 Sq. Ft. Lot
- ◆ Upgraded/Remodeled Kitchen
- ◆ New Windows and Doors
- ◆ Laminated Flooring
- ◆ New Garage
- ◆ Fresh and Contemporary Finishes

4407 AMADOR RD., FREMONT List Price: \$1,300,000

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john@medfordteam.com 510-673-0686 www.MedfordTeam.com CalBRE# 01223788

Join
Fremont Football & Cheer League
for our 1st Annual
Pasta Dinner FUNDRAISER EVENT

SATURDAY, AUGUST 5TH
DOORS OPEN AT 5:30 ~ DINNER SERVED 6-7:30PM

Elks Lodge #2121
38991 Farwell Dr, Fremont

Reserve your table & Purchase Tickets by
calling or texting Kelly 707-849-6794



Tickets:
\$15 Adults
\$12 Children
under 6 Free

Ticket Price Includes:
Pasta, Salad
Bread, drink
and Dessert

**Bocce Ball, Silent Auction, Prizes
Raffles, no host bar, music and more!**
Tickets \$20 at the door

continued from page 1

Mindful Abstract Watercolor



Born in San José, Costa Rica, Donahue moved to the US with her family at the age of ten. This early uprooting, her ADHD and a debilitating arm injury have informed and fueled her fierce independence, originality, and entrepreneurial mindset. Today, these attributes serve as the cornerstones of both her creative and digital marketing consulting practices.

Donahue's remarkable autobiographical work chronicles, in multiple layers of watercolor abstractions, the distinct emotions and thoughts contained in specific moments of her life. Her paintings capture the vastness of her inner world and her relationship to the external world. It's astonishing that Donahue may have, in progress, over a hundred pieces of work at various stages of completion.

As part of her art practice, Donahue enjoys teaching mindfulness through her abstract watercolor workshops. She inspires students to unleash and cultivate their creativity through purposeful silencing of their inner critic and spurs them toward a state of flow and unexpected insights. She believes this process in accessing creativity can apply to endeavors beyond painting.

You may view Donahue's work at:
www.luzdonahue.com
www.instagram.com/luzdonahueart/
www.saatchiart.com/luzdonahue

The demo (free to attend) will be held via Zoom. Participants must register in advance and will receive the Zoom link via email. All details may be found on the Fremont Art Association webpage: www.fremontartassociation.org/monthlymeetinganddemo.

FAA General Meeting and Art Demo
Wednesday, Aug 2
1 p.m. – 3 p.m.
Online via Zoom
Register at:
www.fremontartassociation.org/monthlymeetinganddemo

FREE E-WASTE DROP-OFF EVENT

Recycle your unwanted Electronic Waste (E-Waste) safely and responsibly for FREE! Open to all Union City Residents.

WHEN: Saturday, July 29, 8:00 am - 2:00 pm
WHERE: James Logan High School Parking Lot
1800 H Street, Union City



ACCEPTED ITEMS:

- Television Sets
- Computer Monitors
- Central Processing Units
- Laptop Computers
- Hard Drives
- Keyboards & Mice
- Printers, Copiers & Fax Machines (excluding Industrial-Sized)
- VCR & DVD Players
- Telephones & Cell Phones
- Camcorders
- Stereos & Radios



PROHIBITED ITEMS:

- Kitchen Appliances
- Microwave Ovens
- Vacuum Cleaners
- Light Bulbs
- Fluorescent Tubes
- Household Hazardous Waste



E-Waste accepted year round at Tri-CED Community Recycling at (33377 Western Ave).
For more information, contact Tri-CED at (510) 471-3850 or Info@Tri-CED.org.





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Home & Garden

Keep plants thriving despite the heat of summer

BY MELINDA MYERS
PHOTOS COURTESY OF
MELINDAMYERS.COM

Last year's record-high temperatures across much of the country took a toll on gardens and landscapes. Once again, above-normal summer temperatures are in the forecast for many regions of the country. Adjusting how you manage your gardens and landscape can help plants thrive as temperatures rise.

Water plants thoroughly to promote deep drought-tolerant roots that help boost the plants' pest resistance. Wait until the top few inches of soil are crumbly and moist before watering most plants. Newly planted perennials, trees, and shrubs need more attention and water than drought-tolerant plants or established ones with more robust root systems that are better able to absorb more moisture. During extended dry periods, even drought-tolerant and established plants may need supplemental water.

Water early in the day to reduce water lost to evaporation. Avoid late evening watering that leaves foliage wet at night, increasing the risk of disease.

Apply water directly to the soil above the plant roots using soaker hoses or drip irrigation whenever possible. Water is applied where needed and the slow, steady flow of water is better able to infiltrate the soil and moisten the roots with less runoff.

Check soil moisture daily in container gardens and several times a week for raised beds. Both dry out more quickly than in-ground gardens and need to be watered more often. Save time and water by incorporating Wild Valley Farms' wool pellets into the growing mixes. This sustainable product is made from wool waste. University research found

it reduced watering by up to 25% and increased air space in the soil, promoting healthy plant growth.

Further conserve water by spreading a two- to three-inch layer of shredded leaves, evergreen needles, or shredded bark mulch over the soil in garden beds and around trees and shrubs. Mulching conserves moisture, keeps roots cooler and moist, and suppresses weeds. As the organic mulch decomposes, it adds nutrients and organic matter to the soil. Just pull the mulch away from tree trunks, shrub stems, and the crowns of other plants to avoid rot.

Incorporate organic matter like compost into the soil. It helps the soil accept and retain water so you will need to water less often. It also adds nutrients to the soil so over time you will need to fertilize less often. Use a low-nitrogen, slow-release fertilizer if your garden plants

need a nutrient boost. These types of fertilizers release small amounts of nutrients over an extended period. The low level of nitrogen reduces the risk of damaging heat-stressed plants.

Include plants that are more tolerant of the weather conditions in your area. Those that tolerate both heat and cold extremes will thrive with less care once established. Remove weeds from garden beds and borders as soon as they appear. These "plants out of place" steal water and nutrients from your desirable garden plants. Plus, many harbor insects and diseases that are harmful to your garden plants.

Provide stressed plants with a bit of shade from the hot afternoon sun. Container gardens can be moved to a more suitable spot during heat waves. Add a bit of temporary shade to garden plants that are struggling to survive in

the blazing hot sun. A strategically placed chair, lattice, or umbrella may be all that is needed. As temperatures drop, you can move plants back in place and remove the temporary shade.

Your garden will greatly benefit from these changes to your summer garden care.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Wild Valley Farms for her expertise to write this article. Myers' website is www.MelindaMyers.com.



THE ACWD CONNECTION CLAIM YOUR KIT!

LOOKING TO CONSERVE ENERGY AND WATER?

ACWD is partnering with local nonprofit, Rising Sun Center for Opportunity, to promote energy and water efficiency kits that help you conserve and lower your utility bills. The best part? It won't cost you anything! To sign up **scan the QR code or call (510) 665-1501 ext. 300.**



What comes in the kit?

- LED light bulbs
- A smart power strip or smart plugs
- Efficient bathroom and kitchen faucet aerators
- Efficient showerhead
- Toilet leak detection tablets
- Information about the BayREN Home+ program, offering residents up to \$5,000 in rebates for home energy improvements

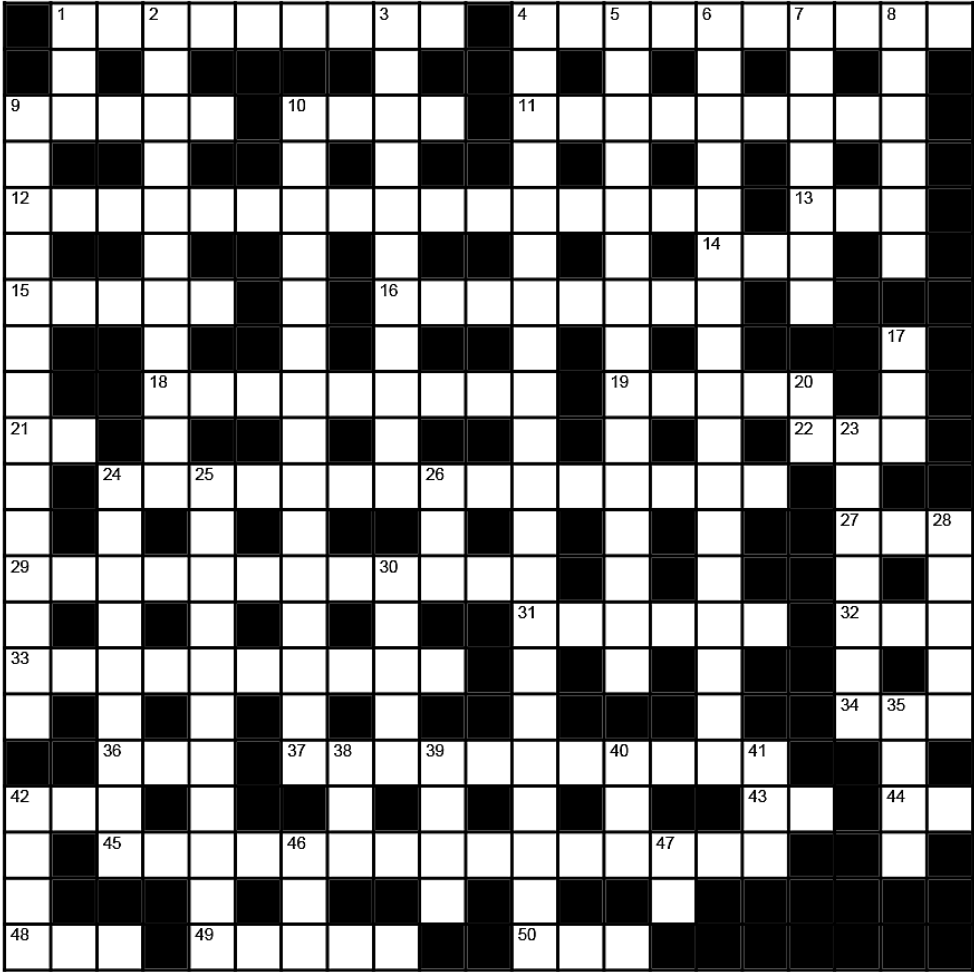


Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



Mind Twisters

Crossword Puzzle



Across

- 1 Satisfaction, so to speak (4,5)
- 4 Amateur production (6,4)
- 9 Knight's tunic (5)
- 10 Anchor (4)
- 11 Don Quixote's horse (9)
- 12 Gunfight, Part 7 (5,3,3,5)
- 13 One-eighth of a V-8: Abbr. (3)
- 14 FDR loan org. (3)
- 15 Garden products brand (5)
- 16 Aid financially (6,2)
- 18 Broke (9)
- 19 "The Killing Fields" Oscar winner ____ S. Ngor (5)
- 21 God of midday sun (2)
- 22 Early people of Brazil (3)
- 24 Without delay (2,3,4,2,1,3)
- 27 Id or char conclusion (3)
- 29 Healthy real estate condition (6,6)
- 31 Alternative (6)
- 32 Anger (3)

- 33 Early calculators (5-5)
- 34 Abbreviation in arithmetic. (3)
- 36 Durham sch. (3)
- 37 Hay people, more formally (11)
- 42 "C'____ la vie!" (3)
- 43 Exists (2)
- 44 Happen (2)
- 45 Current path (8,7)
- 48 Nay's opposite (3)
- 49 Goes (for) (5)
- 50 Arabic letter (3)

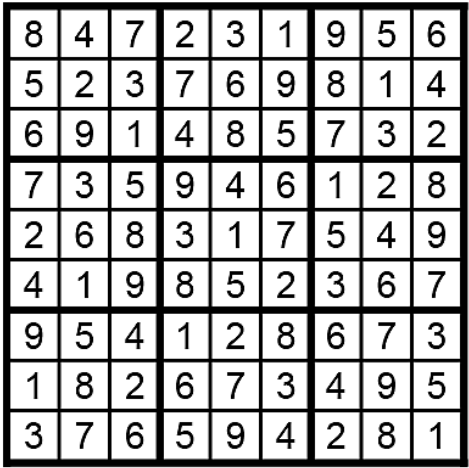
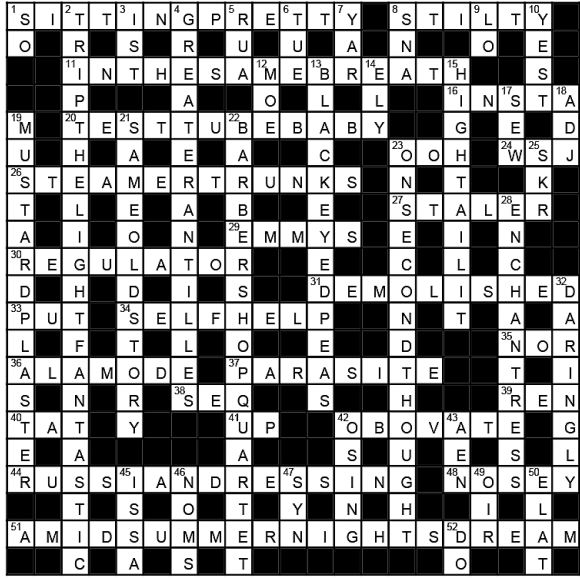
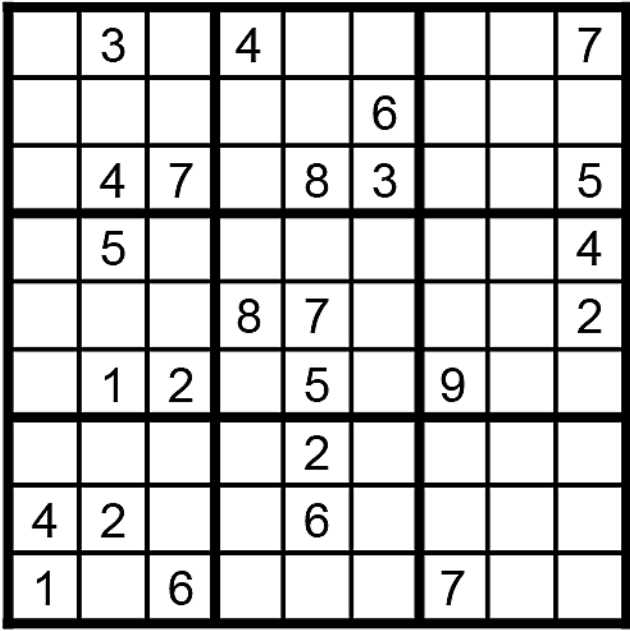
Down

- 1 52, in old Rome (3)
- 2 Raw deal (5,6)
- 3 Explained away (7,4)
- 4 Live recklessly (5,7,2,3,4)
- 5 Adore (4,4,5,2)
- 6 Like some holiday wishes (17)
- 7 Native New Yorkers (7)
- 8 Too (6)

- 9 Have an initial success (3,2,5,4)
- 10 Be especially savory (4,2,4,5)
- 17 Rapa ____ (Easter Island) (3)
- 20 Depart (2)
- 23 Working hard (7)
- 24 Before you know it (3,6)
- 25 Hearty hurrah (5,6)
- 26 Mork's planet (3)
- 28 Like some jackets (5)
- 30 Case of the sniffles (5)
- 35 ____ San Lucas (Mexican resort city) (4)
- 38 "____ the fields we go" (4)
- 39 "____ bitten, twice shy" (4)
- 40 Mixed martial arts co. that recently aired its first event on national television (3)
- 41 Be in session (3)
- 42 Like custard (4)
- 46 Kay Kyser's "____ Reveille" (3)
- 47 Above (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JULY 25, 2023

All Signs: This is a great week for productivity because people are pumped and ready to work. Then the weekend morphs into the perfect time to socialize and enjoy romantic date nights, sports outings, urban explorations, and picnics at the beach. Summer is upon us!

Aries the Ram (March 21-April 20):

This is a productive week for those who work in entertainment, the hospitality industry, sports and anything related to children. Not only will you accomplish a lot, you will enjoy doing so. Take it easy on Monday because you have to compromise. For the rest of the week, however, look for ways to boost your earnings. After working hard this week, you're ready to reward yourself with a fun-filled weekend, possibly a mini vacation? Make plans for fun outings because romance will dazzle. This is a particularly strong week for creative projects.

Taurus the Bull (April 21-May 20):

This is a productive week, and you have a strong focus on home, family and real estate. You might tackle home repairs or redecorating projects. Fortunately, you have optimism because lucky Jupiter is in your sign, which will help you to get a lot done. On Tuesday, Wednesday, and Thursday, be accommodating because the Moon is opposite your sign, which means you have to go more than halfway when dealing with others. Interaction with a parent could be significant this week. Have fun on the weekend!

Gemini the Twins (May 21-June 20):

It's time to get to work. The pace will be busy this week but you will be stimulated by it. Plan on short trips, errands, appointments plus discussions, especially relatives and siblings. Interactions will be smooth and friendly – no worries! You

might tackle some home repairs. Meanwhile, figure out how to cope with interruptions due to visiting guests, residential moves or DIY projects. This weekend is a wonderful time to socialize; nevertheless, because the Moon is opposite your sign be accommodating.

Cancer the Crab (June 21-July 21):

This is an excellent time for business and commerce, plus financial negotiations. In fact, you can attract money to you. You will be busy with appointments, short trips and errands. It's a strong week if you are in sales, marketing, teaching, acting, or writing because you will say what you mean and mean what you say. Expect to spend money on beautiful things for yourself and loved ones. You might even make money related to the arts. Socialize and enjoy the company of others this weekend. Be ready to help someone.

Leo the Lion (July 22-August 22):

Right now, many things are in your favor. The Sun and Venus are in your sign. Mercury is also in your sign until Friday; and until June of next year, lucky Jupiter is sitting at the top of your chart. This is a major bonus and happens only once every 12 years. Jupiter will attract work-related travel and dealings with other cultures and countries. It's a time for promotions, public recognition and increased respect from your peers. All these astrological aspects combine to make this a winning time for you! Don't waste this opportunity.

Virgo the Virgin (August 23-September 22):

This year and well into next, you will have opportunities to travel and expand your world. You can also explore avenues in publishing, medicine, and law. This week you will be happy to work behind the scenes. A secret love affair is possible. On Friday, Mercury enters your sign to join fiery Mars, which means you will be more confident asserting yourself. The pace of your days will accelerate. Midweek will be busy; however, by Friday, you might want to cocoon at home to gather your strength for an exciting weekend!

Libra the Scales (September 23-October 22):

This is a popular time for you because there are three planets in your House of Friendships. This means you will enjoy hanging out with friends more than usual. In particular, you might hang out with younger people as well as creative, artistic types. This is also an excellent time for you to think about future goals. You might seek out feedback from a friend. Since this is also a time of increased involvement with clubs and organizations, perhaps a colleague will have ideas. It's easy to get support now—both practical and financial.

Scorpio the Scorpion (October 23-November 21):

Once a year, for four weeks, the Sun sits at the top of your chart, and when this occurs, it symbolizes that the Sun is shining down on you. Furthermore, this spotlight is flattering, which means others— especially bosses, parents

and people in authority—see you as capable and effective. (Even if you don't do anything special.) Knowing this, you can make things happen! This means that starting this week until August 22, you can demand the advantage and go after what you want because people are impressed with you! Use this.

Sagittarius the Archer (November 22-December 21):

You'll be happy to hear that this is the time to expand your experience. Obviously, the ideal choice would be to travel somewhere new and exciting. If you can't travel, you can be a tourist in your own town. Explore new shops, restaurants, and neighborhoods. Meanwhile, on Friday, Mercury moves to the top of your chart, which increases your interest in your professional life and your desire to undertake new studies. It's a good time to talk to bosses, employers or anyone who can help you.

Capricorn the Goat (December 22-January 19):

In the next few weeks, you will have an increasing desire to be more in touch with your inner self. You might feel some compulsions that steer you in new directions. You definitely want to experience life on a feeling level—not just an intellectual understanding. You might also be more concerned with finances, shared property, or the wealth of your partner. You will also have a strong desire to study, learn and travel.

Aquarius the Water Bearer (January 20-February 18):

This is the only time all year when the Sun is opposite your sign.

Furthermore, both Mercury and Venus are also opposite your sign, which increases your focus on your closest relationships. Venus will make these relationships warmer and cozier. Meanwhile, energetic Mars is in a sexy part of your chart, so many of you are getting cozy. If you are living with a partner or spouse, this influence combines beautifully with the fact that this year and well into next year, is a wonderful time for you to improve family relationships and your home.

Pisces the Fish (February 19-March 20):

This is the only time all year when the Sun is opposite your sign. Furthermore, both Mercury and Venus are also opposite your sign, which increases your focus on your closest relationships. Venus will make these relationships warmer and cozier. Meanwhile, energetic Mars is in a sexy part of your chart, so many of you are getting cozy. If you are living with a partner or spouse, this influence combines beautifully with the fact that this year and well into next year, is a wonderful time for you to improve family relationships and your home!



By Georgia Nicols
www.georgianicols.com.

CASTRO VALLEY TOTAL SALES: 4						
Highest \$: 1,970,000		Median \$: 1,487,500				
Lowest \$: 1,175,000		Average \$: 1,530,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
3173 Barrett Court	94546	1,175,000	3	1452	1960	6/7/23
1707 Grove Way	94546	1,300,000	4	2376	1944	6/7/23
18643 West Cavendish Dr	94552	1,675,000	-	2262	1978	6/5/23
25515 Crestfield Cir	94552	1,970,000	5	2992	2000	6/5/23

FREMONT TOTAL SALES: 24						
Highest \$: 2,725,000		Median \$: 1,361,000				
Lowest \$: 516,000		Average \$: 1,368,958				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
42111 Osgood Rd #319	94539	516,000	-	-	-	6/5/23
4087 Murray Cmm #59	94538	675,000	2	1189	1980	6/7/23
46876 Shale Cmm #142	94539	685,000	2	936	1987	6/5/23
38590 Royal Ann Cmm	94536	750,000	3	1180	1971	6/8/23
201 Bridalveil Falls Cmm	94539	835,000	2	1496	2020	6/6/23
39329 Marbella Terraza #Q	94538	920,000	2	1578	1991	6/5/23
3632 Norfolk Road	94538	980,000	3	1314	1960	6/8/23
5471 Fiesta Road	94538	1,020,000	3	1064	1962	6/5/23
42955 Corte Verde	94539	1,050,000	3	1242	1971	6/6/23
45228 Tom Blalock St #306	94539	1,175,000	2	1786	2019	6/7/23
4933 Boone Drive	94538	1,320,000	3	1148	1960	6/7/23
43908 Paso Cedro Cmm	94539	1,347,000	3	1556	2012	6/8/23
39818 Duran Court	94538	1,375,000	5	2117	1962	6/6/23
36004 Ashton Place	94536	1,480,000	3	1669	1968	6/8/23
309 School Street	94536	1,600,000	2	1405	1915	6/8/23
3319 Holmes Place	94555	1,630,000	3	1467	1976	6/7/23
37481 Summer Holly Cmm	94536	1,651,000	4	1866	1998	6/8/23
2715 Barrington Ter	94536	1,660,000	2	1466	1988	6/8/23
36062 Plumeria Way	94536	1,701,000	3	1936	1968	6/8/23
2857 Washington Blvd	94539	1,800,000	3	1388	1951	6/5/23
41818 Higgins Way	94539	1,800,000	3	1785	1960	6/8/23
2460 Night Shade Ln	94539	1,810,000	4	2252	1967	6/5/23
4557 Mayfield Ct #137	94536	2,350,000	3	2263	1954	6/7/23
3620 Silverlock Road	94555	2,725,000	4	3769	1992	6/8/23

HAYWARD TOTAL SALES: 5						
Highest \$: 1,025,000		Median \$: 775,000				
Lowest \$: 565,000		Average \$: 784,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
25930 Kay Ave #300	94545	565,000	1	1152	1982	6/8/23
2658 Oliver Drive	94545	600,000	2	988	1971	6/7/23
29480 Urbia Way	94544	775,000	2	1501	2020	6/5/23
633 Quincy Way	94541	955,000	3	1359	1957	6/8/23
19690 Camden Ave	94541	1,025,000	3	1680	1925	6/5/23

MILPITAS TOTAL SALES: 12						
Highest \$: 2,950,000		Median \$: 1,272,500				
Lowest \$: 910,000		Average \$: 1,462,208				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1472 Cherry Cir	95035	910,000	2	1065	2018	6/16/23

52 Wind Song	95035	1,110,000	2	1353	2000	6/16/23
330 Riesling Ave #22	95035	1,111,500	3	1458	2018	6/13/23
295 Odyssey Lane	95035	1,130,000	2	1510	2014	6/16/23
285 Klamath Road	95035	1,250,000	2	1459	1983	6/13/23
51 Hedgestone Ct	95035	1,250,000	3	1427	1994	6/15/23
863 Celebration Dr	95035	1,295,000	3	1369	2000	6/16/23
1401 Coyote Creek Way	95035	1,320,000	3	1668	2013	6/12/23
145 Greentree Way	95035	1,510,000	4	1824	1968	6/13/23
28 Images Circle	95035	1,550,000	4	1869	1996	6/14/23
2116 Skyline Drive	95035	2,160,000	4	2150	1989	6/12/23
1562 Bond Street	95035	2,950,000	3	2105	2018	6/16/23

NEWARK TOTAL SALES: 3						
Highest \$: 1,636,000		Median \$: 1,280,000				
Lowest \$: 1,250,000		Average \$: 1,388,667				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
36157 Spruce St	94560	1,250,000	3	1240	1975	6/6/23
36304 Christine St	94560	1,280,000	3	1232	1962	6/6/23
5235 Sussex Place	94560	1,636,000	3	1610	1967	6/5/23

SAN LEANDRO TOTAL SALES: 11						
Highest \$: 1,600,000		Median \$: 830,000				
Lowest \$: 357,000		Average \$: 806,182				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1570 165th Ave #108	94578	357,000	1	529	1987	6/8/23
346 Caliente Drive	94578	520,000	2	1060	1980	6/5/23
650 Fargo Ave #7	94579	676,000	3	1136	1965	6/5/23
15214 Vera Ave	94578	680,000	2	844	1947	6/5/23
1396 Pierce Ave	94577	730,000	3	792	1942	6/6/23
577 Pala Avenue	94577	830,000	2	1209	1950	6/6/23
442 Nabor Street	94578	850,000	3	1399	1947	6/6/23
940 Evergreen Ave	94577	865,000	3	1752	1945	6/5/23
1216 Lucille Street	94577	875,000	2	1082	1946	6/6/23
114 Sunnyside Drive	94577	885,000	2	1064	1928	6/5/23
1876 Marineview Dr	94577	1,600,000	4	3235	1967	6/7/23

SAN LORENZO TOTAL SALES: 3						
Highest \$: 870,000		Median \$: 724,000				
Lowest \$: 700,000		Average \$: 764,667				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
16823 Alisal Court	94580	700,000	2	1076	1947	6/7/23
16114 Via Segundo	94580	724,000	3	1528	1944	6/7/23
15762 Via Colusa	94580	870,000	3	986	1944	6/7/23

UNION CITY TOTAL SALES: 5						
Highest \$: 1,598,000		Median \$: 1,200,000				
Lowest \$: 755,000		Average \$: 1,137,600				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
31226 Lily Street	94587	755,000	2	815	1976	6/7/23
252 Appian Way	94587	775,000	3	1008	1963	6/8/23
4477 Horner St	94587	1,200,000	5	1973	1946	6/8/23
2443 Balmoral St	94587	1,360,000	4	1888	1967	6/7/23
3256 Santa Clara Ct	94587	1,598,000	4	1660	1971	6/5/23

Home Sales Report

The Story of San Lorenzo

By JACK ALCORN
Photo by JIM HEAPHY

San Lorenzo is a census-designated place (CDP) located in an unincorporated section of Alameda County. It is bordered by the incorporated cities of San Leandro to the north and Hayward to the south. The 2020 census recorded the population of San Lorenzo as 29,581 people.

A land grant given to Guillermo (“Don”) Castro in 1841 led to the creation of Camino Viejo, a 19th century route that led California travelers through the San Lorenzo area.

Hordes of California Gold Rush miners came through the area after the Sonora “big strikes” of 1849. Located along the banks of San Lorenzo Creek, the flatland was originally named Squattersville in 1851. Many miners passing through set up temporary camps near the creek and some stayed to homestead there. The community later renamed the site San Lorenzo.

The early homesteaders had modest farms with small herds of livestock. They grew fruits, flowers and vegetables for Bay Area markets. A family home built in 1859 by entrepreneur William Roberts still stands on Lewelling Boulevard in central San Lorenzo.

In 1944 The David D. Bohannon Company began construction of San Lorenzo Village. The development was one of the nation's first planned communities, with parcels designated for schools, churches, parks, and several retail centers.



The 1859 Roberts Home in San Lorenzo

Bohannon's pioneering pre-cutting techniques, referred to as the “California method” set a precedent for suburban tract-home construction all across California.

Home construction continued into the 1950's to accommodate the region's booming population. Workers from thriving East Bay ship yards, canneries, foundries and other industries spawned by WWII flocked to the modern two and three bedroom homes going up in San Lorenzo.

Many of the early inhabitants are buried in San Lorenzo Pioneer Cemetery, including Moses Wicks, who initiated oyster farming along the San Lorenzo coast of the Bay. The Hayward Area Historical Society and Alameda County maintain the old cemetery on Hesperian Boulevard.

New Head Coach to Lead Cal State East Bay Men’s Soccer Program

SUBMITTED BY
CSUEB ATHLETICS COMMUNICATIONS

Cal State East Bay announces the hiring of Michael Haswell as head coach for men's soccer.

With a rich history of coaching championship teams, Haswell arrives to the Hayward campus having most recently served as assistant men’s soccer coach at California State University, Los Angeles for the previous six seasons.

In the six seasons that were played while serving on the Golden Eagles’ staff, the program saw tremendous success. Cal State LA won the NCAA Division II Men’s Soccer Championship in 2021 and reached the national championship match in 2019. Cal State LA amassed 91 wins in the six seasons with Haswell on staff, including four CCAA Tournament Championships and five NCAA Tournament appearances.

“I am thrilled to welcome Coach Haswell to Cal State East Bay,” said CSUEB Associate Vice President/Director of Athletics Allison Kern. “Mike brings an elite mentality to our program and he has had success at every stop in his career. His ability to recruit and develop exceptional



soccer players will be a great asset, but it will be secondary compared to his commitment to preparing young men for life after East Bay.” Kern added, “As we continue to grow into this next phase of Pioneer Athletics, I'm confident that Mike will elevate our program on and off the pitch.”

Also at Cal State LA, Haswell was a Kinesiology instructor. Outside his collegiate coaching career, Haswell served in a coaching role at Mendez High School in Los Angeles from 2010-2019 where he earned a CIF Division II Coach of the Year honor in 2017 for leading his team to a CIF Los Angeles City Section Championship that season.

His soccer playing career includes three city championships at Fayetteville-Manlius High School near Syracuse, New York and a youth national championship with Syracuse Blitz. At the semi-professional soccer level, Haswell competed as a member of the Los Angeles Crew.

Haswell earned a degree in Aerospace Engineering from Penn State, where he also played NCAA Division I lacrosse. He earned a Master's degree at Long Beach State in Kinesiology.

Haswell's Pioneer coaching debut is set for August 31 with a non-conference match at Dominican University. The first Pioneer home match under Haswell's direction is set for September 15 against St. Mary's (Texas). On October 6, Haswell gets to coach against his former team, Cal State LA, from Pioneer Stadium.



HAYWARD AREA RECREATION & PARK DISTRICT

Teen Series

JOIN US FOR A
Splash Day
August 5th, 2023
1:00PM - 3:00PM

Meek Park
280 Hampton Rd., Hayward

Cool down with H.A.R.D. before summer ends! Inflatable water slides, water games, ice CREAM and tons of fun in the sun! Don't forget to bring your sun block and towel! Register TODAY!

All participants must register to attend this **FREE** event.
Ages 13-17

Call or register online
www.haywardrec.org/REGISTER
CLASS #25449
(510) 881-6700



1099 "E" St., Hayward | HaywardRec.org | (510) 881-6700

HERS BREAST CANCER FOUNDATION 24TH ANNUAL WALK/RUN/YOGA FUNDRAISER & COMMUNITY EXPO



Saturday, September 30, 2023 | 8:00 AM to 12:00 PM
QUARRY LAKES REGIONAL PARK | FREMONT, CA

Register Now!

5K/10K Timed Run, 5K Walk or Outdoor Yoga
Featuring Emcee Heather Holmes of KTVU FOX2
Bollywood Dance Warmup, Elaine's Memorial Circle
Footprints & Survivors Booths, Community Expo & Giveaways
PLUS Free Drawings, Music, and Entertainment!

Register at <https://tinyurl.com/HERSWalkRunYoga23>
or use our QR code

With thanks to our Legacy Sponsor


Funds raised will support under-served breast cancer patients.
Volunteers, sponsors, and in-kind donations needed! Call (510) 790-1911 ext. 105
or visit <https://tinyurl.com/HERSWALKRUN2023>

HERS Program Locations: FREMONT | LIVERMORE | SAN LEANDRO
www.hersbreastcancerfoundation.org | (510) 790-1911
HERS Breast Cancer Foundation is a 501(c)(3) nonprofit organization, Federal Tax ID #94-3309906.



SUBMITTED BY NEWARK MEMORIAL ATHLETICS

Linfield University's wrestling team assistant coach, Tim Hess a Newark Memorial coach and physical education teacher, served as team chaplain for the U.S. men's U20 Freestyle team. The Oregon institution wrestling team won the 2023 Pan-American Championships held in Santiago, Chile, from June 6-8. The Americans went 34-1 at the tournament, winning nine of the 10 weight classes.

continued from page 1

Get ready to take your own road to wellness

On the entertainment side, there will also be free face painting and balloon animals, and different groups will perform throughout the day—starting with Music for Minors II and finishing with The Dream Achievers, a band made up of members on the autism spectrum.

Kayla Gupta, Community Outreach Manager and event coordinator for the fair, shares, “Having a way to connect with our community and share information on these important topics, is something we’re always excited

to do as a community hospital. This is just one of many events and education pieces Washington Hospital does to connect to community members and make sure they have the information they need to live a healthy life.”

Guests arriving by car are encouraged to park at the Fremont Office Center on Civic Center Drive. Signs and volunteers will direct traffic. ADA accessible parking will be available at Washington West.

Read the full Community Health Needs Assessment at whhs.com/CHNA.

Road to Wellness Family Health Fair
Saturday, Jul 29
10 a.m. – 2 p.m.

Performance Schedule
10:30 a.m. Opening remarks
10:45 a.m. Music for Minors II
11:15 a.m. Bay Philharmonic Youth Orchestra
12:15 p.m. Magic Show
1:00 p.m. The Dream Achievers

Event Location
Washington West Parking Lot
2500 Mowry Ave., Fremont

Free Parking
Fremont Office Center
39300 Civic Center Dr., Fremont

www.whhs.com/events



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E-mail:rwkendrickjr@yahoo.com

Hayward
Animal Shelter



510-293-7200
www.HaywardAnimals.com

16 Barnes Court, Hayward
(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Harvard is a 1-year-old domestic short hair
looking for a lap to call his own. Harvard is
a dignified gentlemen that wants to be
near you while you study from this
Ivy league graduate. To adopt contact
Hayward Animal shelter 510-293-7200.



Acorn and Arugula(sisters) are short hair
Rabbits. This bonded pair is a perfect set
for someone looking to have bunny
companions without having to help them
bond. They are calm, and love to be
carried around. To adopt contact
Hayward Animal shelter 510-293-7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING
EVENTS

Tuesdays

Poker Tournaments

6:00 pm
Weekly tournaments for beginner or
a seasoned player
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
bit.ly/3GllRwI

First Tuesdays

Open Mic on the Labyrinth

6:30 pm - 8:00 pm
Share your music, poetry, comedy,
and spoken word in one of Fremont's
most beautiful settings!
St. Anne's Episcopal Church
2791 Driscoll Rd., Fremont
(510) 490-0553
stanneschurch.org
bug54@sbcglobal.net

First and Third Tuesdays &
Wednesdays

Trivia Night

6:00 pm - 8:00 pm
Gather your team, grab some beers,
and compete to win prizes
Drake's Brewing Company
1933 Davis St. #177, San Leandro
(510) 568-2739
bit.ly/3U31xWD

Wednesdays

Trivia Night R\$

6:30 pm - 8:30 pm
Play & win prizes
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
fremontclubhouse.com

Wednesdays

Tropics Bingo

7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd., Union City
(510) 471-8550

Wednesdays

Zumba Gold \$

11:30 am - 12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529

Thursday -Sunday

Animal Feeding

3:00 pm - 3:30 pm
Feed livestock and learn about their
favorite food
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
Admission fee applies.

Thursdays & Saturdays

Story Time

10:30 am - 11:00 am
Picture book story time
Banter Bookshop
3768 Capitol Ave. Ste. F, Fremont
(510) 565-1004
bit.ly/3VFpbcz

Fridays and Saturdays

Telescope Viewings

7:30 pm - 10:30 pm
Experience the awe and wonder of
the universe
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
bit.ly/3pehdLx

Fourth Fridays

Eden Night Live

3:00 pm - 7:00 pm
Futsal, music & dancing, food
vendors, games, resource fair
Hayward Adult School
22110 Princeton St., Hayward
(510) 783-4001
acdsal.org/enl

Saturdays

Laugh Track City \$

8:00 pm
Series of improvised games and
scenes
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
bit.ly/3HKIhsa

Saturdays & Sundays

Recreational Swim \$

12:30 pm - 03:00 pm
Activity pool, waterslides, lazy river,
and more
Silliman Activity and Family Aquatic
Center
6800 Mowry Ave., Newark
(510) 578-4620
bit.ly/3nxo0is

Mondays

English Conversations at
Newark Library R

12:00 pm - 01:30 pm
Free learning material to develop
your English conversation skills
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/qaxkf
lisacarter@aclibrary.org

Mondays & Thursdays

Fruit Tree Gleaning

9:00 am - 10:30 am
Donate fresh fruits from your garden
LEAF CR Stone Garden
55 Mowry Ave., Fremont
bit.ly/42e4FIR
info@fremontleaf.org

Wednesdays, December 7 -
November 22

Qi Gong Meditation & Exercise
Classes

2:00 pm - 4:00 pm
Relieve stress and anxiety by joining
Falun Dafa classes.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171

Last Thursdays, February 23
- August 31

The Peaceful Poets

5:30 pm - 8:00 pm
Writers & appreciators meet.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/xkchp
dphillips@sccl.org

Tuesdays, April 4 - Septem-
ber 5

Lego & Duplo Time

3:00 pm - 4:30 pm
Create your own design using your
imagination and engineering skills.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
bit.ly/3VTzrhF

Wednesdays, April 5 - Sep-
tember 6

Board Game Night

4:00 pm - 6:00 pm
Play board games with family,
friends, or make new friends
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
bit.ly/3VTzrhF

Mondays, April 17 - Decem-
ber 8

Job Lab

12:00 pm - 2:00 pm
One-on-one help for jobseekers.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/3mbW8Qz

Fridays & Saturdays, April 25
- August 31

Your Wildest Dreams, an
exhibit

11:00 am - 3:00 pm
An exhibit of wildlife paintings by
Rita Sklar
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Wednesdays, April 26 - Sep-
tember 6

Manitas en Acción

4:00 pm - 5:30 pm
Reading out loud, learning about
the culture, and other hands-on
crafts in Spanish.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675

Thursdays, May 4 - August
24

French Conversation Circle R

2:00 pm - 03:45 pm
Practice your French
Hayward Public Library
888 C St., Hayward
(510) 293-8685
bit.ly/HPLFrench23
wu@hayward-ca.gov

Fridays, May 5 - October 20

Fremont Street Eats \$

5:00 pm - 9:00 pm
Food trucks and community fun!
Fremont Downtown Event Center
3500 Capitol Ave., Fremont
(510) 742-7510
bit.ly/2VfuSgv

Third Saturdays, May 20 -
December 16

Yoga for beginners & beyond

10:30 am - 11:45 am
Join for free yoga class
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/44NFZSZ
joesapena@gmail.com.

Friday & Saturday, May 26 -
August 26

Hayward Live

4:00 pm - 8:00 pm
Music, art and much more
B Street, Hayward
hayward-ca.gov/hayward-live
All activities will take place
on the sidewalks, bump-out patios,
and parks.

Fourth Saturdays, May 27 -
November 25

Reading Buddies for Grades
K - 5th

2:00 pm - 3:00 pm
Buddy up with a furry friend & read
one on one from a favorite book.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
bit.ly/3MEpC3X

Saturdays, May 27 – Decem-
ber 30

Divine Satsang Sabha

5:00 pm - 7:00 pm
Know techniques of living a virtuous,
harmonious & meaningful life
SMVS (Shri Swaminarayan Mandir)
36665 Cedar Blvd, Newark
(650) 585-5325
bit.ly/4380OGV

Saturdays, June 3 - August 1

Summer Library Program

During library hours
Reading and activities programs for
all ages all summer long.
San Leandro Library
300 Estudillo Ave., San Leandro
(510) 577-3970
rb.gy/wc5b5
Kkeefe@sanleandro.org

Saturdays, June 3 - Septem-
ber 30

Summer Music Series R\$

7:00 pm - 10:00 pm
Get ready to groove, dance, and
sing along to your favorite tunes all
summer long!
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
rb.gy/iw8sc

Monday -Friday, June 5 - Au-
gust 18

Code Ninjas Union City R\$

9:00 am - 4:00 pm
Interactive learning experience for
children ages 5-14.
Code Ninjas
1772 Decoto Rd., Union City
(510) 585-9945
rb.gy/e6d1o

Monday - Friday, June 5 - Au-
gust 18

Code Ninjas Fremont R\$

9:00 am - 4:00 pm
Interactive learning experience for
children ages 5 -14.
Code Ninjas Fremont/Warmsprings
46525 Mission Blvd., Fremont
(510) 400-1466
rb.gy/w63ym

Thursday - Saturday, June 8 - August 5

I Dream of Color
12:00 pm - 5:00 pm
Paintings and textiles by Jennifer Banzaca
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
rb.gy/ct6aq

Thursdays, June 8 - August 10

Connections Through Music (Special Needs Friendly)
4:30 pm - 5:30 pm
Inclusive musical experience for children of all abilities ages 5-14.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/8ttqt
newarklibrary@aclibrary.org
Caregivers must be present

Saturday, June 10 - August 26

Computer Crew Teen Tech Help
2:00 pm - 4:00 pm
Meet one-on-one with a tutor to get assistance with basic tech issues.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/cmfw
castrovalley@aclibrary.org

Tuesdays, Wednesdays and Thursday, June 13 - August 3

Free Recreational Summer activities in Fremont R
2nd - 5th grade: 9:00 am - 10:30 am
6th - 8th grade: 11:00 am - 12:30 pm
Session 2: July 18 - August 3
Birchfield Park
24438 Santa Clara St, Hayward
(510) 881-6700
bit.ly/3NZJ4cr

Tuesdays, June 13 - July 25

Crafternoon
1:00 pm - 3:00 pm
Drop in during the program time frame and complete a craft at your own pace.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/e49ev
castrovalley@aclibrary.org

Wednesdays, June 14– September 27

Little Listeners Storytime
11:00 am - 11:45 am
Storytime for preschoolers.
Parent presence required.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/9lrtx
sanlorenzo@aclibrary.org

Wednesdays, June 14 - December 27

Little Bookworms Storytime
11:30 am - 12:30 pm
Come read, sing, and be silly with us.
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
rb.gy/5nlam
sanlorenzo@aclibrary.org

Thursdays, June 15 – July 27

Game Day
1:00 pm - 3:00 pm
Children and their families are invited for an afternoon of video games.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/xn27n
castrovalley@aclibrary.org

Monday - Friday, July 10 - August 30

Arts & Letters Member show
9:00 am - 5:00 pm
Art Reception: Saturday, August 19:
2:00 pm - 4:00 pm
Hayward City Hall (John O’Lague Galleria)
777 B St., Hayward
(510) 583-4000
haywardartscouncil.org

Tuesdays, July 11 - August 15

TAG/ Teen Tuesdays R
4:00 pm - 6:00 pm
Play board games, join the teen advisory group, make art and poetry
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/pzayf

Tuesdays, July 11 – September 5

LEGO® Time
3:00 pm - 4:30 pm
Use your imagination and engineering skills to create your own LEGO designs.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
rb.gy/cpnae

Tuesdays, July 18 - August 29

Little Learners Storytime
10:30 am - 11:00 am
Learn through stories, songs, and movement activities.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
rb.gy/t448y

Tuesdays, July 18 - November 28

Baby Bouncers Lapsit
11:30 am - 12:00 pm
A baby and caregivers program including nursery rhymes, lap bounce, body rhymes, songs & picture books.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/lwm72

Tuesdays, July 18 - September 5

LEGO® Time
3:00 pm - 4:30 pm
Use your imagination and engineering skills to create your own LEGO® designs.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/107pa

Wednesdays, July 19 - November 29

ESL Conversation Club at Milpitas Library
3:00 pm - 4:00 pm
Improve your English listening and speaking skills and learn about other cultures.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/tszda
dphillips@sccl.org

Saturdays, July 22 - August 26

Storywalk Along the Marsh
3:00 pm - 3:30 pm
Join us for an outdoor story walk as we explore the wonders of the marsh.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
rb.gy/71ajw
Parking fees applies.

Saturdays, July 22 – July 29

Summer Storytime Saturdays
10:30 am - 11:00 am
Join for a fun-filled morning where we'll share books & songs to build early literacy skills!
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/lspms

UPCOMING EVENTS

Tuesday, July 25

Chinese Poetry & Songs
11:15 am - 11:45 am
Children ages 0 - 12.
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464
rb.gy/2vtl
unioncitylibrary@aclibrary.org

Tuesday, July 25

Giant Bubble Party
3:30 pm - 4:30 pm
Join the giant bubble party and play with bubbles, chalk, and hula hoops.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/e22yj

Tuesday, July 25

Bubblesmith
2:00 pm - 3:00 pm
Enjoy the wonderful world of bubbles
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/9au12

Tuesday, July 25

Sensory Family Movie
4:00 pm - 5:45 pm
Screening of “Luca” (2021)
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464
rb.gy/1pu80

Tuesday, July 25

Wildmind Science
1:00 pm - 1:45 pm
Learn the significance of living things.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/qu2d1
Tickets will be distributed outside the main entrance from 12:45pm.

Wednesday, July 26

Magician Brain Scott
1:00 pm - 2:00 pm
Magic and comedy, providing an entertaining and interactive show.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/uuy0u
castrovalley@aclibrary.com

Wednesday, July 26

Bingo Night
5:30 pm - 7:00 pm
Free to attend. Food for purchase
Chick-fil-A Mowry Avenue
5245 Mowry Ave., Fremont
(510) 608-5771
rb.gy/xkchp

Thursday, July 27

"Hey Jude" Summer Concert
6:30 pm - 7:30 pm
Energetic & accurate versions of music from the 60's & 70's emphasizing The Beatles catalog.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/d6er0
castrovalley@aclibrary.org

Friday, July 28

Sunset Science: Starlight astronomy \$R
6:00 pm - 9:00 pm
Learn all about the energy and light while observing some of the most unique stars.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
rb.gy/xkchp

Friday, July 28

Family Caregiver Film Series R
11:00 am - 1:00 pm
Enjoy the screening of "Still Alice"
Fremont City Hall
3300 Capitol Ave., Fremont
(510) 574-2035
fsharifi@fremont.gov

Friday, July 28

Job Fair and Career Expo for Refugees & Immigrants
10:00 am - 1:00 pm
Meet companies that are eager to hire
Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2000
acgov.org/hrs.
christine.marke@rescue.org

Friday, July 28

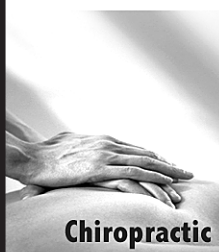
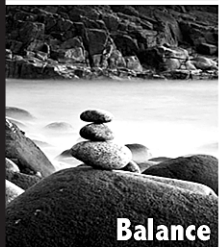
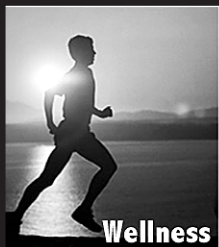
Crafternoon for Ages 6 - 12 R
2:00 pm - 3:00 pm
Craft program for kids ages 6-12
Hayward Public Library
888 C St., Hayward
(510) 881-7943, (510) 293-8685
rb.gy/xkchp
martha.mena@hayward-ca.gov
Registration will close on July 28, 2023 @ 10 am.

Friday, July 28

Bedtime Theater - Beauty & The Beast Sing-a-Long \$R
6:00 pm - 8:00 pm
Enjoy this classic with on-screen lyrics for all the songs.
Douglas Morrisson Theatre
22311 N 3rd St., Hayward
(510) 881-6700
rb.gy/xkchp
rica@haywardrec.org

Saturday, July 29

Find your Voice Karaoke Party! R
1:30 pm - 2:30 pm
Join for an hour full of fun and music.
Hayward Public Library
888 C St., Hayward
(510) 583-2113
rb.gy/xkchp
sandra.stewart@hayward-ca.gov



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Janet Laney, D.C.
510-792-9000
6170 Thornton Ave., Ste H
Newark

Saturday, July 29

Raspberry Pi Kids R
1:30 pm - 2:30 pm
Learn how Raspberry Pi is used in the field of engineering and projects done using it.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
rb.gy/zxpwu
fremontneighborhood@aclibrary.org
For 4th grade and up.

Saturday, July 29

Movie Night \$R
7:30 pm
Screening of "The Calgary Stampede (1925), preceded by shorts: It's a Gift (1923) and Time Flies(1926)
Niles Essanay Silent Film Museum
37417 Niles Blvd., Fremont
(510) 494-1411
rb.gy/dfzu2

Saturday, July 29

Women in Tech Conference
1:00 pm - 3:00 pm
Hear successful women in tech (computer science, engineering, biotechnology) and get inspired.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/go2ps

Saturday, July 29

Farmyard Games
1:30 pm - 2:30 pm
Explore the delightful past times games, such as sack races and more.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
rb.gy/woeij
Admission fee applies

Saturday, July 29

Play with Dough
11:30 pm - 12:30 pm
Experience the ancient art of bread making.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
rb.gy/89dic
Admission fee applies

Saturday, July 29

Coyote Hills Puppet Show
11:30 am - 12:00 pm
Follow the cast of animal characters on an imaginary adventure around the park.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
rb.gy/xkchp
Parking fee applies

Saturday, July 29

AM Paint N' Chill \$R
8:30 am - 10:00 am
A morning of step-by-step painting along with the wonderful sight and sound of Sunol.
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol
(510) 544-3245
rb.gy/xkchp
Parking fee applies.

Saturday, July 29

Community Closet
9:00 am - 1:00 pm
Free clothes & donation drop off.
Studio 11
34626 11th St., Union City
(510) 675-5825
mindfulmami.com
sofia@mindfulmimi.com
Contact Sofia Dangerfield for clothing donations

Saturday, July 29

The Road to Wellness Family health Fair!
10:00 am - 2:00 pm
Interactive health and fitness challenges, giveaways, utility truck of all kind to explore, music & dance performances & much more.
Washington Hospital
2000 Mowry Ave., Fremont
(510) 797-1111
rb.gy/4lfpw

Saturday, July 29

Drone First responders (DFR) Program Meeting
9:00 pm - 10:00 pm
Join Fremont Police and fire department in a community meeting to discuss their Drone First Responders (DFR) Program
Fremont City Hall
3300 Capitol Ave., Fremont
(510) 248-4000
rb.gy/xkchp

Saturday, July 29

Dumbarton Quarry Campfire - Animal Celebrities
8:30 pm - 9:30 pm
Explore some of the Bay area's most charismatic animals as we delve into their connections and charm!
Ages 5+yrs.
Dumbarton Quarry Campground
9400 Quarry Rd., Fremont
(510) 544-3215
rb.gy/xkchp
MCerda@ebparks.org

Saturday, July 29

Pruning Your Fruit trees R
10:00 am - 2:00 pm
Learn about pruning tools and more with live demonstration
Local Ecology and Agriculture Fremont (LEAF) Center
36501 Niles Blvd., Fremont
rb.gy/73ovu

Saturday, July 29

Plant & Cutting Swap
12:00 pm - 2:00 pm
Bring house plant cuttings, extra plants or seed starts, succulents, bulbs or tubers to share and swap with other gardeners in our community.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/wshoq
fremont@aclibrary.org



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Saturday - Sunday, July 29 - July 30

Fremont Coin Club's Annual Coin Show

10:00 am - 4:00 pm
Fremont Elks Lodge
38991 Farwell Dr., Fremont
(510) 797-2121
rb.gy/a97th
1971fcc@gmail.com

Saturday, July 29

Hike & Sip \$R

5:30 pm Hike: Easy interpretive hike with moderate terrain (75 minutes)
7:00 pm Hike: Moderate interpretive hike with some hills (90-120 minutes)
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7329, (510) 336-7300
rb.gy/xkchp
LHoover@chabotspace.org.

Sunday, July 30

Native Skies Star Stories \$

2:00 pm - 3:00 pm
Native storyteller will speak to an Indigenous East Bay understanding of the sky and land as you gaze at the stars.

Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
rb.gy/xkchp
Free with general admission.

Sunday, July 30

Rancho To Ranch Homes: Mapping the Evolution of the Castro Valley

2:00 pm - 4:00 pm
Book discussion with Local Author: Rick Kelly
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/okf6s
castrovalley@aclibrary.org

**Sunday, July 30
Timber**

1:00 pm - 2:00 pm
Walk the farm to see various timber trees and hear logging's storied past at Ardenwood and across California
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
rb.gy/mfuj1
Admission fee applies.

Sunday, July 30

Music meetup at Milpitas Library

2:00 pm - 3:00 pm
Discussion on Taylor Swift's "Folklore"
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/xkchp
achand@sccl.org

Sunday, July 30

Ethnobotany Garden Exploration

10:00 am - 11:00 am
Stroll around and discover native plants and how they are used by Ohlone People.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
rb.gy/xkchp
Parking fee applies

Sunday, July 30

Summer Resource Fair

11:00 am - 3:00 pm

Learn, discover, network & share community resources that fit your needs.
Centerville community center
3355 Country Dr, Fremont
(510) 745-9151
southasianprogram@humecenter.org

Monday, July 31

Juggling Club

4:30 pm - 5:30 pm
Join the summer juggling club!
All skill levels ages 10 - 14 welcome
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/kjr66

Monday, July 31

Start Smart Teen Driving R

6:00 pm - 8:00 pm
Driver safety education class targeting new and future licensed drivers
Ages 15 - 19
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/f2rou
castrovalley@aclibrary.org
Parent/guardian is required

Tuesday, August 1

Drummm: A Magical Journey

11:00 am - 12:00 pm
An interactive rhythm event for whole family
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464
rb.gy/704tp
unioncitylibrary@aclibrary.org

Tuesday, August 1

Science for kids: Aerodynamics and Iteration!

2:00 pm - 3:00 pm
Design a paper airplane, make some small adjustments to it and test them to see how their fling abilities have changed.
Ages 6 and up.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421), (510) 745-1400
rb.gy/x7k80
fremontchildrens@aclibrary.org

Summer Concerts

Milpitas Summer Concert Series

6:30 p.m. – 8:30 p.m.
Free admission

August 4

Billy Martini Show

Milpitas Sports Center Complex
1325 E Calaveras Blvd.

August 5

Other People's Money

Milpitas Sports Center Complex
1325 E Calaveras Blvd.

www.milpitas.gov/milpitas/departments/recreation-services

Groovin' at the Grove

Fridays; 5:00 p.m. – 7:30 p.m.
4 p.m. Gates Open
Bring a blanket or low-backed chair

July 28

5 p.m. OMT Band
6 p.m. Tortilla Soup

Shirley Sisk Grove, NewPark Mall
2086 NewPark Mall Rd., Newark
<https://www.newark.org/>

Pacific Commons Summer Concerts

Fourth Fridays
7 p.m. – 9 p.m.

July 28 – Neon Velvet

August 25 – East Bay Mudd

September 22 – The Cheeseballs

The Block near Koja Kitchen
43440 Boscell Rd., Remont
pacificcommons.com

Central Park Summer Concert Series

6 p.m. – 8 p.m.

July 27 – Touch of Class

August 3 – Idea Band

August 10 – Flock of Seagirls

Central Park Performance Pavilion
40204 Paseo Padre Pkwy, Fremont
(510) 790-5541
www.fremont.gov

Niles Concerts on the Plaza

Saturdays; 4 p.m. – 8 p.m.

August 5 – The Coffis Brothers with Anthony Arya

September 9 – David Luning with The Hurricane Roses

October 7 – Jinx Jones & the Kingtones with Three on the Tree

Niles Town Plaza
37592 Niles Blvd., Fremont
niles.org

H.A.R.D and Hayward Odd Fellows Summer Concert Series

Sundays, August 6 – September 24
1 p.m. – 4 p.m.
(no concert September 3)
Hayward Memorial Park
24176 Mission Blvd., Hayward

LETTER TO THE EDITOR

Rodeos

This is about rodeos. They want to get rid of them. Anything that's been around for a long time is no good anymore. It's been said that rodeos have nothing to do with farming and ranching. Where do the animals come from? People that don't know what they're talking about should mind their business.

My father used to farm with draft horses. By doing that he was abusing them, I guess. He took good care of them. I had a saddle horse. I took good care of him too. I love to ride. I have been around animals all my life.

Rodeos are here to stay. The kids can't have any fun. They want to take everything away from them too. There's a lot of ignorant people around. They don't know anything.

Leonard T. Rose
Fremont

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com

OPINION



WILLIAM MARSHAK

A recent discussion of the Fremont School Resource Officer (SRO) program at a council meeting revolved around shared funding and the basic premise of the program itself. A draft of the Fremont Unified School District School Resource Officer Handbook declares its purpose as "...serving as a mentor; serving as a positive role model for students; and by enforcing laws fairly and equitably on and around school campuses. The SRO works to prevent and solve problems within our schools and foster positive relationships between our community's youth and law enforcement."

Whether costs are out of line may be a subject to debate, the benefit of a familiar

and protective presence on campus yields benefits that go far beyond policing unruly incidents. Developing relationships with students, teachers and administrative personnel removes some of the stigma that has surfaced toward law enforcement in this period of violence and distrust.

The closer those charged with enforcing the law and others subject to it, the more chances for de-escalation and control of emotional outbursts or simmering disputes that may erupt into savage actions. Someone who has a good relationship with the school community can often be an effective source for arbitration and peaceful resolution. The same concept could be applied to a larger universe of schools and residents.

Although the cost of additional sworn officers, even if without expensive vehicles, on foot or bicycle patrols, can be high, but the cost can be mitigated by use of a highly trained, paid civilian corps equipped with tools for rapid response communications with nearby sworn officers and central office personnel. These people may be able to spot trouble before it escalates and inform responding personnel of the situation before they arrive on scene. Such information can direct the proper support necessary without delay.

It seems to me that the more contact everyday citizens, especially youth, have with

law enforcement personnel on a daily basis, the easier it will be to build trust and belief in a safe and equitable environment. This not only depends on actions of government and policing agencies, but willingness of the community to accept the concept as well.

As we approach National Night Out, a convivial evening between neighbors and protective service personnel, it is possible to extend the feeling throughout the year. Some people equate familiarity and negative experiences and therefore have contempt for it. Negative assumptions may be reciprocated by law enforcement personnel who often collide with dishonest and criminal behavior. These attitudes can be softened through structured positive contact. . If so, the proverb, "familiarity breeds contempt" can be disproven and become "familiarity breeds compatibility".

Familiarity and repeated positive contact at all levels of society will breed understanding, respect and trust, all essential to provide effective safety for everyone in our communities.



William Marshak
PUBLISHER

Men to compete in artistic swimming at Olympics for first time

BY STEPHEN WADE,
ASSOCIATED PRESS

Snickering if you wish. Guffaw for good measure. Bill May and other male synchronized swimmers -- now called artistic swimmers -- have heard the putdowns before. But they're getting the last laugh. Men have competed in synchro at the lower levels for decades. Now they're being included in the Olympics, meaning next year's Summer Games in Paris. "I think it's a huge opportunity for the sport to grow and attract more men," May told the Associated Press at the World Aquatics Championships. "By keeping men out you're limiting the sport. By including men you're going to see an upshift in the popularity and the numbers."

May looks like a lean bodybuilder. He was among the first men to compete when synchro was included in the worlds for the first time in 2015. And he worked for 17 years at Cirque du Soleil doing water-themed shows. He has come out of competitive retirement for a chance to compete at the Olympics. "There has always been that misconception that it's a female-only sport, or that it's for wimps, or that it's not a difficult sport," the 44-year-old May said. "Anyone that has anything negative to say about the sport -- boy, female, anyone. Just try it and you'll know it's the most difficult sport in the world."

The acrobatic team event, in particular, features lifts, throws and flips, and diving routines launched off the shoulders of teammates treading water below.

It's gymnastics on water and concussions are a risk. Interested men often confront the stereotypes. Beginning in elementary school, 18-year-old American Kenny Gaudet dreamed of being a synchronized swimmer. He made it, but it wasn't easy. "It makes me emotional just to think about the problems we all went through and the struggles we all had just to get a chance to swim and do what we love," said Gaudet who competed at this year's worlds. "So much bullying. So much slander. So much hate," he added. "Just because of my gender, just because I'm a male in artistic swimming. When I first started, I wanted to quit so many times. Growing up my peers would ask why I'm doing a female sport, why am I being like a girl and degrade me for doing what I love to do."

One aspect of Adam Andrasko's job as the head of USA Artistic Swimming is recruiting men. He said there are about 100 participating in the United States, up from 25 just four years ago. "There hasn't been a good foundation of growth," Andrasko said. "You haven't had the farm system." A few countries at the world championships have male swimmers including the United States, Japan, Germany and China. Spain and Italy also have top competitors. "There aren't a lot of countries with strong males," in the international competition, Andrasko said, noting men often lack the flexibility to compete. "So, you might not see a lot of males swimming in the Olympics. I'm concerned it goes to the Olympic Games and we don't see a male participating. I definitely have that fear." "To this point,"

he added, "women are still far better at this sport than a man."

Another fear, apparently unfounded, is that women might resent the men competing in the sport. Men will compete in only team events at the Olympics. Teams have a maximum of eight members -- with a limit of two men -- which means men might crowd out some women. There is no requirement for men to be included. Asked about any acrimony, two-time American Olympian Anita Alvarez replied: "No, not at all." Alvarez has blacked out twice in the last two years while competing and had to be resuscitated. She's been cleared to compete with no diagnosis except physical or mental exhaustion. Holding her breath for too long underwater is also suspected.

Men can add some physicality to routines, and their presence could lead to a wider audience. Alvarez also credits May with choreography skills that he picked up with Cirque du Soleil. "Having the inclusion of both males and females will make it more open for young boys and young girls to dream of being in the Olympics, parents wanting to start their kids," Alvarez said. She ran off her workout routine, sure to scare away men and women __ equally. "We're training eight-plus hours a day, treading water all day," she said. "You have to be able to count time and work with music. You have to be able to watch your patterns and stay in line. We don't wear goggles when we compete. You're holding your breath. You don't touch the bottom. There are so many elements that go into it that people don't see." And we're about to see more men trying it.

TRI-CITY VOICE

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San Leandro City Council

July 17, 2023

Consent Calendar

- Accept the 2022-2023 Third Quarter City of San Leandro Investment Report
- Award a \$4,217,305 Construction Contract to Suarez & Munoz Construction, Inc. for Memorial Park Improvements Project
- Authorize Amendment No. 3 to an Existing Consulting Services Agreement with Noll & Tam Architects for Design Services for the Mulford-Marina Branch Library Project
- Authorize Amendment No. 1 for \$279,820 to the Consulting Services Agreement with HF&H Consultants, LLC to Provide Technical Assistance with the Procurement Process for Solid Waste Recyclables, and Organics Services Contracting
- Reallocate \$800,000 in the American Rescue Plan Act (ARPA) Budget to Citywide Beautification and Community Preservation
- Authorize a Non-Professional Services Agreement with T & S Intermodal Maintenance Inc. for Rehabilitation of the Belt Press Building at the Water Pollution Control Plant
- Authorize an Emergency Construction Contract to McGuire & Hester for the Demolition of the Former Blue Dolphin Restaurant Pier Structure

- Approve Amendment No. 2 to the Master Services Agreement with Visionary Integration Professionals, LLC for Development and Improvements to the Accela Permitting System to increase the total amount by \$763,745
- Adopt a Resolution Appropriating Funding for Washington Manor Park Pool Renovation (provides funding for annual maintenance and repairs to the Family Aquatic Center pool, deck, and play equipment)
- Authorize an Emergency Construction Contract for the Lake Chabot Road Upslope Repair Project
- Approve a Master License Agreement with Cingular Wireless PCS, LLC for Small Cell Pole Attachment Installations
- Approve the 2023 Councilmembers Handbook

Mayor Juan Gonzalez	Aye
Vice Mayor Bryan Azevedo	Aye
Celina Reynes	Aye
Victor Aguilar	Aye
Fred Simon	Absent
Xouhoa Bowen	Aye
Pete Ballew	Aye

continued from page 1

National Night Out celebrates 40th year

Learn more about NNO at <https://natw.org/>, and read what local cities are doing below.

East Bay Regional Park District

The park district will be holding its first-ever National Night Out at Lake Chabot. Families are encouraged to come and talk with first responders, meet police horses, see fire trucks, visit with park naturalists, enjoy hot dogs and snacks, and stroll around the lake.

EBRPD National Night Out
Tuesday, Aug 1
4 p.m. – 7 p.m.
Lake Chabot Regional Park
17600 Lake Chabot Rd., Castro Valley
www.ebparks.org/nno

Fremont

Blocks and neighborhoods around Fremont will be holding parties for National Night Out. Police will be visiting registered parties between 6 p.m. and 8 p.m.

<https://www.fremontpolice.gov/community/events/national-night-out>

Hayward

Hayward neighborhoods will be hosting events from 6 p.m. – 9 p.m. ranging from potlucks and barbecues to large block parties. Police and other City of Hayward representatives will be stopping by registered parties to say hello. Residents who want to show their support can also leave their porch light on between 7 p.m. and 10 p.m.

<https://www.hayward-ca.gov/police-department>

Milpitas

Milpitas will be holding neighborhood parties on Tuesday, August 1 for National Night Out (sponsored nationally by the National Association of Town Watch and co-sponsored locally by Milpitas Police Department), with the goal of building community and heightening crime prevention awareness.

<https://www.milpitas.gov/157/> Police

Newark

Citizens, neighborhoods, apartment complexes, and businesses in Newark are participating in National Night Out between 6:30 p.m. and 9:00 p.m. Police and fire departments will be conducting public safety visits for registered events.

[www.newark.org/departments/police/ get-involved-community-engagement/national-night-out](http://www.newark.org/departments/police/get-involved-community-engagement/national-night-out)

San Leandro

City of San Leandro Office of Sustainability's Resilience Hubs Initiative is partnering with the San Leandro Manor Branch Library for a National Night Out gathering. Join for free food and kids' activities, meet neighbors, and learn more about new Library programming, including the native garden demonstration project with Homegrown Habitats, and resilience around climate impacts.

Manor Library National Night Out
Tuesday, Aug 1
5:00 p.m. – 7:30 p.m.
Washington Manor Resilience Hub
15634 Hebron Ct., San Leandro
www.sanleandro.org

Newark City Council

July 13, 2023

Public Hearing

- Hearing to consider adopting a resolution to confirm the diagram and assessments and to levy and collect assessment in conjunction with Landscaping and Lighting District Nos. 1, 2, 4, 6, 7, 10, 11, 13, 15, 16, 17, 18 and 19. Passed

Consent Calendar

- Authorize the deletion of one full-time equivalent (FTE) Aquatics Activities Specialist and the addition one FTE Aquatics Coordinator
- Add the class specification of City Engineer and assign salary range 20
- Authorize the deletion of one FTE Assistant City Engineer and the addition of one full FTE City Engineer
- Authorize the addition of one full time Senior Street Maintenance Worker
- Authorize one full time Maintenance Supervisor and Facilities Supervisor
- Authorize a Contractual Services Agreement with LPC Services, Inc. for pest control services for city facilities
- Authorize a Contractual Services Agreement with Applied Landscape Materials, Inc. to install engineered wood material to all city-owned playgrounds
- Authorize an agreement with Alameda County for participation in the Alameda County Urban County Community Development Block Grant program
- Adopt an ordinance repealing and replacing Chapter 3.04 "Purchasing System" of Title 3 "Revenue and Finance" of the Newark Municipal Code in its entirety
- Adopt an ordinance adding chapter 3.05 "Informal Bid Procedures" to Title "Revenue and Finance" of the Newark Municipal Code
- Approve an amendment to Contractual Service Agreement with Patrick Ibarra dba The Mejorando Group to complete employee training services
- Authorize an agreement with All City Management Services, Inc. to provide Crossing Guard Services for the Newark Unified School District

Mayor Michael Hannon	Aye
Vice Mayor Lucy Collazo	Aye
Luis Freitas	Aye
Mike Buccì	Aye
Matthew Jorgens	Aye

Union City

Union City Police Department is celebrating National Night Out at Union Landing Shopping Center near Texas Roadhouse Restaurant. Local businesses and community groups will partner with crisis intervention teams, first responders, and law enforcement for a night of fun festivities. Learn about safety awareness and preventing theft of autos and electronic devices.

Union City National Night Out
Tuesday, Aug 1
4 p.m. – 8 p.m.
32115 Union Landing Blvd., Union City
www.unioncity.org/677/Police



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Technical Program Manager (Mult Pos), Lam Research Corporation, Fremont, CA. Lead cross fnctnl tchncl teams to lrg projects to enable solutions for Etch process module hrdwr product dvlpmnt & release. Req Master's deg or foreign equiv in Engg Mgmt, Mech Engg, Chem Engg, Chem, Materials Sci or rel + 2 yrs exp in an engg or project mgmt role. Salary: \$173,326- \$244,000/yr. Please email resume to resumes@lamresearch.com and reference Job #7441.

Electrical Engineer (Entry-Level) Mult Pos, Lam Research Corporation, Fremont, CA. Design, dvlp, modify electrical hardware sys. Select OEM cmpnents & materials for power distribution box/control panel design. Req. Master's deg or foreign equiv in Electrical Engg or rel field; OR a Bach's deg or foreign equiv in Electrical Engg or rel field + 2 yrs of exp in an electrical engg role. Salary: \$109,720 - \$176,000/yr. Please email resume to resumes@lamresearch.com and reference Job #6260.

TECHNOLOGY

TE Connectivity Corp. has the following positions available in Fremont, CA:

Sr. Field Application Engineer - Be the initial point of contact for customer's local engineering group. Remote work opportunity. Wage range \$68,328 – \$139,700. Send resume to rebecca.kostelac@te.com and reference job code SFAE001

Sr. R&D/Product Development Engineer - Responsible for designing the next generation of MEMS sensors for medical, industrial, automotive and consumer applications. Wage range \$103,459 - \$140,071. Send resume to blanca.lanza@te.com and reference job code SRPDE002

Manager, Product Management - Develop product roadmaps that aligns with business strategy. Telecommuting permitted. Wage range \$161,242 - \$177,366. Send resume to Robin Sharp at rbsharp@te.com and reference job code MPM003

Supply Chain Manager - Support sites with the monthly Regional Supply Review for the SIOP process to identify and ensure risks and opportunities and take necessary proactive measures to close gaps to meet budgets. Remote work opportunity. Requires 25% domestic/international travel. Wage range \$132,163 - \$145,379. Send resume to pamelajohnson@te.com and reference job code SCM004

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Obituaries

For more information
510-494-1999
tricityvoice@aol.com



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Martha Valencia Valle
Resident of Tracy
September 16, 1952 – July 22, 2023
Fremont Memorial Chapel

Walterlene Springs
Resident of Fremont
December 3, 1938 – July 18, 2023
Fremont Memorial Chapel

Jessica M. Vasquez
Resident of Biggs
June 27, 1961 – July 8, 2023
Fremont Memorial Chapel

Martin Sanchez
Resident of Union City
April 29, 1963 – July 18, 2023
Fremont Chapel of the Roses

Ernest Sarte
Resident of Copperopolis
January 1, 1948 – July 10, 2023
Fremont Chapel of the Roses

Maria Chow
Resident of San Lorenzo
February 18, 1947 – July 4, 2023
Fremont Chapel of the Roses

Robert Greenhouse
Resident of Newark
July 7, 1947 – July 8, 2023
Fremont Chapel of the Roses

Isabel L. Morales
Resident of Sacramento
July 20, 1930 – July 8, 2023
Fremont Memorial Chapel

Dianna H. Wong
Resident of San Ramon
December 12, 1928 – June 29, 2023
Fremont Chapel of the Roses

Rudy Junior Castillo
Resident of Milpitas
March 4, 1963 0 June 30, 2023
Fremont Memorial Chapel

Helen Fazon Ordoña
Resident of Fremont
December 10, 1935 – July 7, 2023
Fremont Chapel of the Roses

Sadie Jane (Williams) Khan
Resident of Union City
March 1, 1939 – June 30, 2023
Fremont Memorial Chapel

Steven Fryman
Resident of Fremont
October 6, 1959 – July 3, 2023
Fremont Chapel of the Roses

Leonora Morales Bulabon
Resident of Fremont
February 22, 1937 – July 3, 2023
Fremont Memorial Chapel

Alfred F. Robles, Jr.
Resident of Fremont
March 28, 1963 – June 27, 2023
Fremont Chapel of the Roses

Slavik Drozik
Resident of Fremont
March 25, 1945 – June 27, 2023
Fremont Chapel of the Roses

Clark H. McCall
Resident of Fremont
May 14, 1954 – June 25, 2023
Fremont Chapel of the Roses

William Hunt
Resident of Fremont
August 27, 1932 – June 26, 2023
Fremont Chapel of the Roses

Richard E. Piper
Resident of Newark
December 8, 1930 – June 30, 2023
Fremont Chapel of the Roses



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40842 Fremont Blvd, Fremont

Anna Berry
Resident of Fremont
January 14, 1934 – July 18, 2023

Tom Moore
Resident of Hayward
January 26, 1963 – July 18, 2023

Ping Ng
Resident of Fremont
July 24, 1955 – July 17, 2023

Parley Livingston
Resident of Pleasanton
March 7, 1931 – July 16, 2023

Ajai Saxena
Resident of Fremont
April 5, 1955 – July 14, 2023

Dick Walsh
Resident of Utah
September 8, 1938 – July 13, 2023

Peggy LeClair
Resident of Newark
August 14, 1950 – July 13, 2023

Khin Daw
Resident of Fremont
April 15, 1921 – July 12, 2023

William “Bill” Alires
Resident of Fremont
December 17, 1933 – July 12, 2023

Vinod Shrivastava
Resident of Milpitas
July 10, 1947 – July 11, 2023

Mary Galvez
Resident of Fremont
June 20, 1924 – July 8, 2023

Caroline Hendee
Resident of Fremont
June 11, 1940 – July 7, 2023

Seetha Rangarajan
Resident of Cupertino
November 1, 1933 – July 7, 2023

Vy Nguyen
Resident of San Jose
July 5, 1934 – July 4, 2023

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LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

Maria Chow

February 18, 1947 – July 4, 2023

Resident of San Lorenzo



Maria Sing Kun Chow was born on February 18, 1947 and entered into rest on July 4, 2023 in San Lorenzo, CA at the age of 76.

She started her career in the Social Services and worked in

San Francisco to her last position. She was a member of San Francisco Orchid Society. She loved to grow Orchid, knitting and making jewelry. Maria was also a very nice person to be with.

She will never be forgotten and we are certain that she is resting in God's keeping. Blessed be the holy name of the Lord.

Visitation will begin at 1pm on Saturday, July 29, 2023 with a Chapel Service starting at 2pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536.

Fremont Chapel of the Roses
510-797-1900

RICHARD CRAWFORD WALSH

September 8, 1938 – July 13, 2023

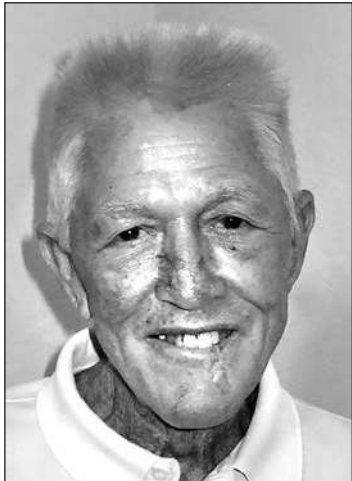
Richard “Dick” Walsh passed away peacefully at home in St. George, Utah on July 13, 2023. Dick was a husband, father, brother, friend, coach and mentor to many.

Born and raised in Taft, California, Dick flourished in the schools’ athletic programs playing football, basketball, baseball and tennis. In 1956, Dick’s senior year of high school, he was a member of the Taft Union High School Wildcats Valley Basketball Championship team. The next year, he earned All-Conference honors while playing for Taft College. In 1957, Dick received a full athletic scholarship to attend College of the Pacific (now University of the Pacific) and thrived in the Division 1 men’s basketball program. In 1961, with his master’s degree in hand, Dick moved to Hayward, California, where he took his first coaching job at Mt. Eden High School.

In 1968, Dick became the head basketball coach for Ohlone Community College in Fremont, California, where he developed a highly competitive basketball program in addition to coaching men’s tennis. Over the years of practices, travel, holidays on the road, and competition, Dick made lifelong friends with his athletes and fellow community college coaches.

In 1981, Dick took a sabbatical from Ohlone to become the Director of Basketball for the country of New Zealand. For one year, he travelled the country putting on clinics, helped develop the New Zealand Professional Basketball League, and prepared the men’s and women’s national basketball teams for the World Games. It was a wonderful adventure that he always recalled fondly.

Returning to Fremont in 1982, Dick became the tennis professional at Mission Hills (formerly Kimber Woods) Tennis Club while continuing his coaching role at Ohlone. He provided private instruction, group lessons, and tennis



clinics to athletes of all ages and abilities.

A coach and educator through and through, Dick loved talking sports, strategy, and the mental aspects of any game. He loved to fish, garden, grill, and baked excellent cookies. Until the very end, he took pride in maintaining his own athletic regime through swimming, riding his stationary bike, or going to the weight room.

In his lifetime, Dick achieved many honors including being inducted into the California Community Basketball Coaches Hall of Fame (2012) and Taft Union High School Hall of Fame (2013). He was recognized for his contribution to coaching by his peers, having received Coast Conference Coach of the Year award in 1993. His office was full of trophies, photos, and memorabilia from past players, teams, and fellow coaches.

Dick was married to his wife Josie for over 45 years. He is survived by their combined family including his daughters Kim (Bryan) Baptist and Kristen (Michael) Desmond, Josie’s children Terrie (Kevin) Desler and Richard (Corrine) Sanchez, and five grandchildren – Samuel, Gabriel, Marisa, Ethan and Anthony.

If you’d like to make a donation in Dick’s honor, please consider Ohlone Community College Athletics. Go to <https://www.ohlone.edu/foundation>, select “Donate Now” and select “Dick Walsh Memorial.” Your donation will benefit Ohlone College Athletics.

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480

Leonora Morales Bulabon

February 22, 1937 - July 03, 2023

Resident of Fremont



Leonora Morales Bulabon of Fremont passed away on July 3, 2023 at the age of 86. She is survived by her daughter Jovie, sister Leticia and brother Alfonso Jr. Leonora was predeceased by her son Joefrey and siblings Teresita Bustamante, Leonardo and Eduardo Morales, and Maria Asunción Aleligay.

Leonora Morales Bulabon was born on February 22, 1937 in Bacolod City, Philippines and was the 3rd of seven siblings. My mom was a single parent since I was 2 years old. She always made sure we have something on the table. She was caring and loving person. Her concern was the welfare of the family. Missing you Mamang and I love you.

Visitation will be held on Friday, July 28 from 4-8pm with a Vigil Service starting at 6:30pm at Fremont Memorial Chapel, 3723 Peralta Blvd. in Fremont. A Funeral Mass will be held in her honor on Saturday, July 29, 10am at Holy Spirit Catholic Church, 37588 Fremont Blvd. in Fremont.

In lieu of flowers the family would greatly appreciate monetary donations.

Fremont Memorial Chapel
510-793-8900

Draft Report on Alameda LAFCO's Initial Feasibility Analysis

The Alameda Local Agency Formation Commission's (LAFCO) draft report on its Initial Feasibility Analysis for the potential incorporation of the unincorporated communities of Castro Valley, Ashland, Cherryland, San Lorenzo, Fairview, and Hayward Acres is now available for public comment and review.

The purpose of the report is to provide LAFCO, affected agencies, and residents with quantitative understanding of the pros and cons of cityhood to help decide whether to move forward with incorporation and to understand its financial service implications.

The draft report on the Initial Feasibility Analysis can be viewed on the Alameda LAFCO website at www.alamedalafco.org. Written comments may be submitted online on the LAFCO website or directly to Rachel Jones, LAFCO Executive Officer, at rachel.jones@acgov.org or via US Mail at: 224 West Winton Avenue, Suite 110, Hayward, CA 94544.

Comments submitted by Friday, August 11th will be considered in the development of the final report.

Alameda LAFCO will hold a public hearing to consider adoption of the report and any specific actions in September or November 2023.

Please contact Rachel Jones at rachel.jones@acgov.org or 510.670.6267 if you have any questions.

Draft Report on Alameda LAFCO's South Livermore Valley Special Study

The Alameda Local Agency Formation Commission's (LAFCO) draft report on its South Livermore Valley Special Study is now available for public comment and review.

The report has been commissioned to provide objective information and data that may better inform deliberations and potential future policy decisions pertaining to the South Livermore Valley area though the support of agricultural preservation policies and the extension of municipal services.

The draft report on the South Livermore Valley Special Study can be viewed on the Alameda LAFCO website at www.alamedalafco.org. Written comments may be submitted online on the LAFCO website or directly to Rachel Jones, LAFCO Executive Officer, at rachel.jones@acgov.org or via US Mail at: 224 West Winton Avenue, Suite 110, Hayward, CA 94544.

Comments submitted by Friday, August 11th will be considered in the development of the final report.

Alameda LAFCO will hold a public hearing to consider adoption of the report and any specific actions in September or November 2023.

Please contact Rachel Jones at rachel.jones@acgov.org or 510.670.6267 if you have any questions.

Electrify the Summer at StarStruck's The Lightning Thief: The Percy Jackson Musical

BY HUGO VERA
PHOTOS COURTESY
OF ROSAURA STUDIOS

Greek mythology meets top-notch singing and dancing in StarStruck Stage's production of *The Lightning Thief: The Percy Jackson Musical*. Based on Rick Riordan's 2005 novel *Percy Jackson and the Lightning Thief*, this whimsical and action-packed story follows the plight of a well-meaning but socially awkward schoolboy named Percy Jackson (played by Gabriel Lew). When Percy Jackson learns that he is a demigod (a person of half-human and half-Greek god parentage), he and others like him attend Camp Half-Blood; a safe haven and school in which they learn to balance their human abilities with those of their divine parents.

When the all-powerful lightning bolt from the god of lightning Zeus is stolen, Percy must turn to his friends Grover (Brian Loh) and Annabeth (Valerie Golobic) as the three embark on an epic cross-country quest to retrieve the stolen bolt and prevent further infighting among the gods in order to save humanity.

The core trio of Lew, Loh and Golobic display amazing chemistry as their characters trade quips and witty banter, as well as emotional moments that audiences will be able to relate to. Many songs and much of the choreography juxtapose high-stakes

moments of conflict with slapstick humor theatergoers of all ages can enjoy. Tracks such as "My Grand Plan" give a tender glimpse into Annabeth's struggles, which many young girls may identify with, while songs such as "D.O.A." use dark humor to memorialize dearly-departed musicians such as Elvis Presley and Janis Joplin.

Other standout performances include those of the feisty Clarisse (Ella Lym), sassy Hades (Jacob Gonzales), paternalistic Chiron (Neil Basu), and wisecracking Mr. D (Manny Suarez). Both Lym and Gonzales produce a refreshingly sympathetic aura around their otherwise antagonistic characters while Basu and Suarez's bickering on how to best lead their demigod pupils harkens back to the comedy duo Abbott & Costello.

One of the hallmarks of this production is without question its set design. The use of Greek columns, massive painted backdrops and practical effects aid in the audience's suspense of disbelief as our characters are transported to modern reimaginings of Mount Olympus, the Underworld, and Camp Half-Blood. Clever costume and prop work also excel in bringing mythological icons such as Medusa and the Minotaur to life on stage. Credit is also due to the impressive efforts of the stagehands who simulate bus and motorcycle travel in a way that's both subtle and in line with the musical-comedy aspects of the show.



(L to R): Valerie Golobic as Annabeth, Gabriel Lew as Percy Jackson and Brian Loh as Grover.



(L to R): Luke (Garrison Garcia), Clarisse (Emma Lym) and Annabeth (Valerie Golobic) face off during an intense game of 'Capture the Flag' at Camp Half-Blood.

Those who have read the original *Percy Jackson and the Lightning Thief* novel as well as fans of the 2010 film adaptation starring Logan Lerman will surely enjoy StarStruck's musical adaptation of *The Lightning Thief*. The compelling performances, accompanied by Nancy Godfrey's musical direction and Francesca Cipponeri's dance choreography, offer an entertaining experience for the whole family in this exploration of self-worth, introspection and courage.

StarStruck Stage's *The Lightning Thief: The Percy Jackson Musical*
Friday, Jul 21 – Sunday, Jul 30
Thurs, Fri, Sat: 7:30 p.m.
Sun: 2 p.m.
Saturday, Jul 29: 2 p.m.
Smith Center at Ohlone College
43600 Mission Blvd., Fremont
(510) 659-1319
<https://starstrucktheatre.org/>
Tickets: Adults \$30, Seniors (65+) \$28, Children/Students (through high school) \$25

PUBLIC NOTICES

CIVIL

SUMMONS (Family Law)

CITACION (Derecho familiar)

CASE NUMBER (NUMERO DE CASO):

HF22127487

NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): WILLIAM VALUBENGO

You have been sued. Read the information below and on the next page.

Lo han demandado. Lea la información a continuación y en la página siguiente.

Petitioner's name is: Nombre del demandante: SAVOY BREANN KEY

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp).

California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association.

Tiene 30 días de calendario después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica o una audiencia de la corte no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales.

Para asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio web de los Servicios Legales de California (www.lawhelpca.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE—RESTRaining ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO—LAS ÓRDENES DE RESTRICCIÓN SE ENCUENTRAN EN LA PÁGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden público que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte.

1. The name and address of the court are: El nombre y dirección de la corte son: SUPERIOR COURT OF CALIFORNIA COUNTY OF ALAMEDA, 24405 AMADOR STREET, HAYWARD, CA 94544

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): SAVOY KEY 40995 CRUZ COURT, FREMONT, CA 94539

Date (Fecha): JULY 7, 2022

CHAD FINKE, Clerk, by (Secretario, por) C. GALLO, Deputy (Asistente)

[SEAL]

7/18, 7/18, 8/1, 8/8/23

CNS-3720399#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. 23CV028804

Superior Court of California, County of ALAMEDA

Petition of: JAGTAR for Change of Name TO ALL INTERESTED PERSONS:

Petitioner JAGTAR filed a petition with this court for a decree changing names as follows:

JAGTAR to JAGTAR JASSI

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: 08/29/2023, Time: 9:30, Dept.: 14, Room: --

The address of the court is 1221 OAK ST., OAKLAND, CA 94612

(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.)

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: TRI-CITY VOICE

Date: MAR 08, 2023

CHARLES A SMILEY

Judge of the Superior Court

7/11, 7/18, 7/25, 8/1/23

CNS-3718340#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 599085

Fictitious Business Name(s): ALWAYS BEST CARE SENIOR SERVICES, 1027 WISTERIA DR, FREMONT, CA 94539 County of ALAMEDA

Registrant(s): KOLALA VENTURES, 1027 WISTERIA DR, FREMONT, CA 94539

Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on 06/21/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ KOLALA VENTURES

S/ VIJAYASHANKAR VEERANNA

This statement was filed with the County Clerk of Alameda County on 06/30/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/25, 8/1, 8/8, 8/15/23

CNS-3723007#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 599391

Fictitious Business Name(s): ITS A VIBE, 2596 JACOBS ST., HAYWARD, CA 94541, County of ALAMEDA

Registrant(s): THERESA M. SHORTER, 2596 JACOBS ST., HAYWARD, CA 94541, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ MICHAEL KUOKWANG CHANG

This statement was filed with the County Clerk of Alameda County on 06/23/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/25, 8/1, 8/8, 8/15/23

CNS-3723007#

/s/ THERESA M. SHORTER

This statement was filed with the County Clerk of Alameda County on 07/17/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/25, 8/1, 8/8, 8/15/23

CNS-3723005#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598953

Fictitious Business Name(s): WANGSABI INC, 3924 DECOTO RD., FREMONT, CA 94555, County of ALAMEDA

Registrant(s): WANGSABI INC, 4248 BEAUMONT ST., FREMONT, CA 94536

Business conducted by: A CORPORATION

The registrant began to transact business using the fictitious business name(s) listed above on 04/01/2018

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ TEH TSAI WANG

This statement was filed with the County Clerk of Alameda County on 06/26/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/25, 8/1, 8/8, 8/15/23

CNS-3721677#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598877

Fictitious Business Name(s): TAHMINA GEM STONES, 41078 FARALLON CMN 107, FREMONT, CA 94538, County of ALAMEDA

Registrant(s): JAMSHED ANWARI, 41078 FARALLON CMN 107, FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 06/01/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ JAMSHED ANWARI

This statement was filed with the County Clerk of Alameda County on 06/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/25, 8/1, 8/8, 8/15/23

CNS-3721120#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 599048

Fictitious Business Name(s): BAREFOOTCARE, 2364 MEDALLION DR., UNION CITY, CA 94587, County of ALAMEDA

Registrant(s): VICTORIA CARISI, 2364 MEDALLION DR., UNION CITY, CA 94587

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ VICTORIA CARISI

This statement was filed with the County Clerk of Alameda County on 06/29/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/11, 7/18, 7/25, 8/1/23

CNS-3718348#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598858

Fictitious Business Name(s): CALPRO DRIVING SCHOOL LLC, 38750 PASO PADRE PKWY #C9, FREMONT, CA 94538, County of ALAMEDA

Registrant(s): CALPRO DRIVING SCHOOL LLC, 38750 PASO PADRE PKWY #C9, FREMONT, CA 94538, County of ALAMEDA

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 06/21/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ AMARJIT SINGH

This statement was filed with the County Clerk of Alameda County on 06/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/11, 7/18, 7/25, 8/1/23

CNS-3717209#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598943

Fictitious Business Name(s): MK + DESIGN GROUP, 32824 BLUEBIRD LOOP, FREMONT, CA 94555, County of ALAMEDA

Registrant(s): MICHAEL KUOKWANG CHANG, 32824 BLUEBIRD LOOP, FREMONT, CA 94555, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 10/28/2003

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ MICHAEL KUOKWANG CHANG

This statement was filed with the County Clerk of Alameda County on 06/23/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/25, 8/1, 8/8, 8/15/23

CNS-3723007#

generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/14, 7/11, 7/18, 7/25/23

CNS-3716725#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598843

Fictitious Business Name(s): SG TRANSPORT, 34249 FREMONT BLVD, FREMONT, CA 94555, County of ALAMEDA

MAILING ADDRESS: PO BOX 2124, UNION CITY, CA 94587

Registrant(s): EG PRO SERVICES INC, 34249 FREMONT BLVD, FREMONT, CA 94555, County of ALAMEDA

Business conducted by: A CORPORATION

The registrant began to transact business using the fictitious business name(s) listed above on JULY 06, 2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SUKHWANT SINGH

This statement was filed with the County Clerk of Alameda County on 06/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/14, 7/11, 7/18, 7/25/23

CNS-3716722#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598393

Fictitious Business Name(s): BUMBLES PLAYSPACE, 35500 DUMBARTON COURT, NEWARK, CA 94560, County of ALAMEDA

MAILING ADDRESS: 4888 PIPER ST., FREMONT, CA 94538

Registrant(s): HAPPY HIVE LLC, 4888 PIPER ST., FREMONT, CA 94538

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SOPHIA TRINH VU

This statement was filed with the County Clerk of Alameda County on 06/05/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/14, 7/11, 7/18, 7/25/23

CNS-3715107#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598700

Fictitious Business Name(s): DRYCO, 42745 BOSCELL RD, FREMONT, CA 94538, County of ALAMEDA

Registrant(s): DRYCO CONSTRUCTION INC., 42745 BOSCELL RD, FREMONT, CA 94538, County of ALAMEDA

Business conducted by: A CORPORATION

The registrant began to transact business using the fictitious business name(s) listed above on 09/01/1988

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ VICTOR LAUREL

This statement was filed with the County Clerk of Alameda County on 05/25/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

7/14, 7/11, 7/18, 7/25/23

CNS-3715102#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 598452

Fictitious Business Name(s): REVERIE ART AND HOME GOODS, 4527 VAL ST., FREMONT, CA 94538, County of ALAMEDA

Registrant(s): SHELLEY HULSEMAN, 4527 VAL ST., FREMONT, CA 94538, County of ALAMEDA

Business conducted by: A GENERAL PARTNERSHIP

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SHELLEY HULSEMAN

This statement was filed with the County Clerk of Alameda County on 06/06/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any

PUBLIC NOTICES

District Offices. The District will use reasonable efforts to deliver by facsimile and/or e-mail a copy of the Notice of Intent to Award to all Bidders who submitted Bids no later than the Business Day after issuance.

Prebid Conference

A non-mandatory virtual prebid conference call will be held at 8:00 a.m. local time on Tuesday, August 1, 2023.

Instructions on how to join the prebid conference are as follows:

To attend the prebid conference by web browser, use the Zoom link below for video and audio:

<https://us02web.zoom.us/j/83875914607>

To attend the bid opening by phone:

Call: 1-888-788-0099 or 1-877-853-5247

Meeting ID: 838 7591 4607#

Participant ID: #

Bid Opening

Bids will be publicly opened, examined and declared on said day and hour, and will be referred to the District Board of Directors for subsequent action. The bid opening will be web

casted on the internet starting at 2:30 p.m. local time on Tuesday, August 29, 2023. Instructions on how to join the bid opening are as follows:

To attend the bid opening by web browser, use the Zoom link below for video and audio:

<https://us02web.zoom.us/j/84944955143>

To attend the bid opening by phone:

Call: 1-888-788-0099 or 1-877-853-5247

Meeting ID: 849 4495 5143#

Participant ID: #

A site visit prior to bidding is not mandatory for bidders to be qualified to bid on the project.

Prebid photos and videos of the Site of Work as described in the Contract Documents are available to download and view at the hyperlink below:

<https://www.unionsanitary.ca.gov/about-us/usd-construction-projects/prebid-photos-and-videos>

If bidders wish to attend a voluntary site visit, bidders shall contact the District's Project Manager, Derek Chiu, at (510) 477- 7611 to schedule a site visit. Bidders shall contact the District's Project Manager at least 72 business hours in advance.

The site visits shall be conducted in the presence of the District's Project Manager or their designee. All bidders making a voluntary site visit shall comply with the current (as of the date of the site visit) Alameda County Health Order update regarding the use of face covering and the minimum six-foot physical distance from others.

In addition, all bidders shall review, complete, and acknowledge the District's COVID-19 Visitor Screening Questions and Guidelines, which will be made available to bidders upon scheduling the site visit appointment. The District may utilize a touchless thermometer to confirm bidders do not have a temperature of 100.4 degrees Fahrenheit or higher before allowing entry.

Under California Labor Code Regulations, the District shall inform all prime contractors of public works, to the extent feasible of relevant public work requirements as listed in Section 00010 of the Contract Documents.

All bidders shall consider and incorporate measures to ensure compliance with all applicable state and county health orders, including but not limited to Alameda County Health Order No. 20-14a, as may be updated from time to time (County Health Order), and the Construction Project Safety Protocols in Appendix B to the County Health Order. Among other things, compliance shall include but is not limited to the designation of a site-specific COVID-19 officer or supervisor, daily screening protocols, the implementation of social distancing plan, provision of personal protective equipment (PPE) and requirement to wear face coverings, the implementation of cleaning and sanitizing requirements, and posting of signage and notices. For Large Construction Projects, compliance also includes but is not limited to preparation of a new or updated Site-Specific Health and Safety Plan and designation of a site-specific COVID-19 Third-Party Jobsite Safety Accountability Supervisor. Copies of the Contract Documents are available for public inspection in the District's website: <https://unionsanitary.ca.gov/about-us/usd-construction-projects/projects-out-to-bid>. A paper copy of the Contract Documents, including half size drawings, may be purchased at the District Office for a non-refundable \$75 charge, which includes the appropriate State sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. Partial sets of Bid Documents are not available from the District. Bidders may pay for plans and specs by sending a check made out to Union Sanitary District, 5072 Benson Road, Union City, California 94587, or by going to our website www.unionsanitary.ca.gov for payment by VISA or MASTERCARD credit card.

All Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. However, all bidders submitting a bid must purchase and receive a paper copy of the Project Manual of Force Main Corrosion Repairs Project – Phase 4, Project No. 800-575 from the District prior to the bid opening date. All submitted bids must be on bid forms included in the purchased paper copy of the Project Manual or subsequent addenda. A bid submitted to the District by a bidder who has not purchased and received a paper copy of the Project Manual of Force Main Corrosion Repairs Project – Phase 4, Project No. 800-575, or submitted on bid forms not included in the purchased paper copy of the Project Manual or subsequent addenda shall be considered non-responsive and shall be rejected by the District. Each bid must conform and be responsive to the invitation, the Plans and Specifications, and all documents comprising the contract Documents. Each bid shall be presented under sealed cover and shall be accompanied by a certified check or bidder's bond, made payable to the District, in an amount not less than ten percent (10%) of the bid. The said check or bidder's bond shall be given as a guarantee that the successful bidder will execute the contract in conformity with the form of agreement contained within the contract documents, and will furnish bonds and insurance policies as specified within ten (10) days after notification of the award of the Contract to the successful bidder.

Cost for work described in each addenda issued during the time of bidding shall be included in the bid and the addenda shall become a part of the Contract documents.

Bidders shall develop and submit bids at their own expense. The District will not reimburse any costs associated with the development and submittal of any and all Bids.

The District reserves the sole right to reject any and all bids and to waive any informality in a bid. No bidder may withdraw its bid for a period of one hundred twenty (120) days after the date set for the opening thereof.

At the successful Contractor's option, securities may be substituted for the required retention, in accordance with the provisions of Section 22300 of the State of California Public Contract Code.

In accordance with the provisions of California Public Contract Code Section 3300, the District has determined that the Contractor shall possess, as a minimum, a valid Class A License. In accordance with the provisions of California Business and Professions Code Section 7028.15, a bid submitted to the District by a Contractor who is not licensed in accordance with Chapter 9 of the California Business and Professions Code shall be considered non-responsive and shall be rejected by the District.

BID PROTEST: Any Bid protest must be submitted in writing to the Project Manager at the District Office located at 5072 Benson Road, Union City, California 94587 before 4:30 p.m. of the fifth Business Day following transmission and posting of the District's Notice of Intent to Award. The notice will be posted at the District Offices. The District will use reasonable efforts to deliver by facsimile and/or e-mail a copy of the Notice of Intent to Award to all Bidders who submitted Bids no later than the Business Day after issuance, although any delay or failure to do so will not extend the Bid protest deadline described above. Questions concerning this project should be directed to:

Union Sanitary District

Attn: Derek Chiu

5072 Benson Road

Union City, CA 94587

Phone: 510-477-7611

By: Tom Handley

Secretary of the Board

Union Sanitary District

Date: July 25, 2023

7/25, 8/1/23

CNS-3722318#**CITY OF UNION CITY****DEPARTMENT OF PUBLIC WORKS****CITY PROJECT NO. 23-10****NOTICE TO CONTRACTORS**

Sealed proposals for the work shown on the plans entitled: **2023 TREE PRUNING PROJECT, CITY PROJECT NO. 23-10**, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until **Tuesday, August 8th, 2023, 2:00PM PST**, at which time they will be publicly opened and read in the Council Chambers of said building. The engineer's estimate for this project is \$300,000. The Contractor shall possess a Class D-49 California contractor's license at the time this contract is awarded.

Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990.

Bid Package & Bid Package Location. All of the project work is to be done in accordance with the bid package on file with the Public Works Department - City of Union City, 34009 Alvarado-Niles Road, Union City, California 94587. Eligibility to bid on this project requires bid package to be electronically obtained from the City. Bid package may be obtained at no charge via email request to the City at publicworks@unioncity.org. Non-biddable plans and specifications shall be available to view at various Builders' Exchanges throughout the Bay Area and on the City of Union City website at www.unioncity.org.

General Work Description: The work to be done, in general, consists of site specific tree pruning with a small allowance for tree removal and emergency call out work. As the City's annual tree maintenance contract, the project duration is one-year, with the possibility of being extended an additional year.

All questions should be emailed or fax to Jesus Banuelos of City of Union City, email: jesusb@unioncity.org or fax to (510) 489-9468. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond.

Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates.

Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication 7/18, 7/25, 8/1/23

CNS-3720996#**NOTICE TO CONTRACTORS**

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on August 9, 2023. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m.

CITY HALL BUILDING A AND B ROOF REPLACEMENT PROJECT PWC0905

A PRE-BID CONFERENCE: A conference will be held on Thursday, July 27, 2023 at 1:00 p.m., at the following location: 3300 Capitol Avenue, Fremont, CA, at the front parking lot by the City Hall Building A to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is **mandatory**. A bidder who fails to attend a **mandatory** conference may be disqualified from bidding. Any changes will be advised by the issue of an addendum. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 via Phone (408) 295-5770 or email: santaclara@arc.com or through Planwell at www.e-arc.com/location/santa-clara. Please reference BID #24-003. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov

JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT

7/18, 7/25/23

CNS-3720938#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MELVA JEAN HOLLIMAN CASE NO. RP23141095

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: MELVA JEAN HOLLIMAN AKA MELVA J. HOLLIMAN AKA MELVA HOLLIMAN

A Petition for Probate has been filed by MORGAN M. HOLLIMAN in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that MORGAN M. HOLLIMAN be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on AUGUST 28, 2023 at 10:15 A.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: JAMES E. BERGE, ESQ., 1101 S. WINCHESTER BLVD., STE. I-208, SAN JOSE, CA 95128, Telephone: 408-985-9918

7/25, 8/1, 8/8/23

CNS-3722954#**NOTICE OF PETITION TO ADMINISTER ESTATE OF RAE KAVERT AKA RAE E. KAVERT AKA RAE EARL KAVERT CASE NO. RP23144254**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: RAE KAVERT AKA RAE E. KAVERT AKA RAE EARL KAVERT

A Petition for Probate has been filed by GAYLE A. KAVERT in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that GAYLE A. KAVERT be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on AUGUST 2, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: KURT E. YIP, 37 LAM CT., KENSINGTON, CA 94707, Telephone: 415-690-9493

7/11, 7/18, 7/25/23

CNS-3717383#**NOTICE OF PETITION TO ADMINISTER ESTATE OF ALLEN LILIENTHAL AKA ALLEN A. LILIENTHAL, JR. CASE NO. RP23144279**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: ALLEN LILIENTHAL AKA ALLEN A. LILIENTHAL, JR.

A Petition for Probate has been filed by NANCY J. LILIENTHAL in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that NANCY J. LILIENTHAL be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on JULY 31, 2023 at 9:45 A.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: SANFORD H. MARGOLIN, ESQ., 1970 BROADWAY, SUITE 1100, OAKLAND, CA 94612, Telephone: 510-451-4114

7/11, 7/18, 7/25/23

CNS-3717113#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC LIEN SALE

West Coast Self-Storage

45968 Warm Springs Blvd

Fremont, CA 94539

In accordance with the provisions of the California Self-Storage Facility Act, Section 21700, et seq. of the Business and Professions Code of the State of California the undersigned will be sold at public auction on Thursday August 3, 2023 at

6:00PM on storagetreasures.com. The personal property including but not limited to: personal and household items stored at **45968 Warm Springs Blvd, Fremont CA, 94539** County of Alameda County, by the following persons:

Name Unit # Size

Claudia Barron 1003 10x20

Aysiana Clark 2176 10x10

Deja Collins 3121 10x5

Juan Mora 3105 10x10

7/18, 7/25/23

CNS-3719996#

TRUSTEE SALES

T.S. No.: 230414129

Notice of Trustee's Sale

Loan No.: 04212022-0950 Order No. 95527471

APN: 056-1926-030; 056-1984-017 Property Address: 1138, 1141 Bancroft Way Berkeley, CA 95678 You Are In Default Under A Deed Of Trust Dated 5/22/2022. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinbefore described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

No cashier's checks older than 60 days from the day of sale will be accepted. Trustor: Rosalind Hunter Roberts, a single woman Duly Appointed Trustee: Total Lender Solutions, Inc. Recorded 5/9/2022 as Instrument No. 2022091214 in book page of Official Records in the office of the Recorder of Alameda County, California. Date of Sale: 8/16/2023 at 12:00 PM Place of Sale: At Fallon Street emergency exit, Alameda County Courthouse, 1225 Fallon St., Oakland, CA Amount of unpaid balance and other charges: \$676,763.55 Street Address or other common designation of real property: 1138, 1141 Bancroft Way Berkeley, CA 95678 A.P.N.: 056-1926-030; 056-1984-017

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice to Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924d of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkconsultantsinc.com, using the file number assigned to this case 230414129. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website www.tissales.info, using the file number assigned to this case 230414129 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 7/19/2023 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-335-3736 Sale Line: (877) 440-4460 By: Rachel Seropian, Trustee Sale Officer

7/25, 8/1, 8/8/23

CNS-3723141#

SOCIAL SECURITY MATTERS

Ask Rusty – Will WEP and GPO Affect My Wife’s Spousal Benefit?

BY RUSSELL GLOOR, NATIONAL SOCIAL SECURITY ADVISOR, AMAC FOUNDATION

Dear Rusty: My wife worked for the US Postal Service in New York for about 22 years, and then in the private sector for about 15 years. She began collecting her “deferred annuity” from the USPS at age 62 and she plans to collect her Social Security benefits at age 67, which is her full retirement age (FRA).

Her Social Security benefit before the Windfall Elimination Provision is less than 50% of my Primary Insurance Amount, so the plan is for her to start collecting a “spousal” benefit from me at age 67. My question is: Will my wife’s spousal benefit be reduced by both the Windfall Elimination Provision and the Government Pension Offset (GPO)? Signed: Inquiring Husband

Dear Inquiring Husband: Your wife cannot separate her personally earned Social Security retirement benefit from her Social Security spousal entitlement from you - whenever she applies for

Social Security, your wife will be automatically deemed to be filing for all benefits she is entitled to when she claims.

Because your wife has a “non-covered pension” from the US Postal Service (USPS)—and assuming that pension is under the older “CSRS” (Civil Service Retirement System)—your wife’s personally earned SS retirement benefit will be reduced by the Windfall Elimination Provision (WEP). WEP reduces Social Security retirement benefits for anyone who also has a pension earned while not contributing to Social Security.

The Government Pension Offset (GPO) is different: The GPO will affect any additional amount your wife is entitled to as your spouse, which we refer to as her “spousal boost.” The “spousal boost” amount is the difference between your wife’s pre-WEP FRA entitlement and 50% of your FRA entitlement, which is your Primary Insurance Amount. Because of her USPS pension, GPO will reduce your wife’s “spousal boost” by 2/3rds of the amount of her non-covered

pension, which may eliminate her potential spousal boost.

So WEP will affect your wife’s personally earned SS benefit, and the GPO will affect her spousal entitlement from you. But, depending on the amount of her USPS pension, your wife will not be entitled to an additional amount as your spouse if two-thirds of her USPS pension amount is more than her “spousal boost” amount. And if the GPO doesn’t completely eliminate your wife’s spousal boost, it will at least drastically reduce it.

I have previously published several articles about both WEP and GPO and how each provision works, which you

Hayward Area Recreation and Park District (H.A.R.D.)

July 17, 2023

Consent Calendar

- Approval of updated public safety supervisor job description
- Approval of Park Ranger Lead Position and Park Ranger Trainer Incentive
- Approval of the District's Justice, Equity, Diversity and Inclusivity Policy
- Approval of a Habitat Conservation Fund (HCF) Grant Application for the Sulphur Creek Restoration at the D & Clay and 1350 E Streets Park Project
- Retroactive Approval of Vehicles for the Public Safety Division Fleet
- Authorize General Manager to replace District Fleet Vehicles for FY2324
- Transfer of General Fund Restricted Fund Balance to Capital Projects Fund for DMT (Douglas Morrisson Theatre) Improvements

President Rick Hatcher	Aye
Paul Hodges	Aye
Peter Rosen	Aye
Louis Andrade	Aye
Sara Lamnin	Aye



H.A.R.D. Board of Directors proclaiming July as Park and Recreation Month, Photo Courtesy of James Wheeler

State Treasurer Fiona Ma appoints David Teykaerts as CalSavers Executive Director

SUBMITTED BY OFFICE OF THE STATE TREASURER

State Treasurer Fiona Ma announced the appointment of David Teykaerts as the Executive Director of the CalSavers Retirement Savings Board (CalSavers), California's retirement savings program designed to ensure all Californians have access to a workplace retirement savings account.

Teykaerts most recently served as the Interim Chief of Stakeholder Relations at the California Public Employees Retirement System (CalPERS), the nation's largest pension fund. As Interim Chief, he led outreach and communications to the pension fund's many stakeholder groups and advised executive leadership on investment, retirement, and health care policy.

Teykaerts was also responsible for all Diversity, Equity, and Inclusion training, Public Records Act requests, and planning and organizing events and major conferences at CalPERS, including the annual Educational Forum, Pathways for Women, and Catalyst: California's Diverse Investment Manager Forum.

Before becoming chief, Teykaerts served as Assistant Chief of Stakeholder Relations, beginning in May of 2022. In his ten years with CalPERS, Teykaerts worked closely with a wide variety of stakeholders of all levels, including elected officials, professional management representing local governments, labor leaders, school districts, retiree coalitions, and private sector leaders.

From the pilot in 2019 through last year, CalSavers has seen 89.1% of employers respond to the call to action to register for the savings program. With 434,918 funded accounts and \$594.6 million in assets under management, CalSavers expects exponential growth with the expansion of the program through state law – granting eligibility to employers with fewer than 5 employees.

In 2012, California was the first state in the nation to pass legislation establishing an automatic enrollment retirement policy for private sector workers who lack access to work-based retirement plans. CalSavers seeks to facilitate the largest expansion of retirement security since the advent of Social Security in the 1930's and is already a model for a growing number of states seeking to establish a similar program. Learn more at www.calsavers.com.

Fremont City Council

July 11, 2023

Consent Calendar

- Alameda County Behavioral Health Care Services Master Contract - Authorization to execute a contract renewal with Alameda County Behavioral Health for Adolescent Substance Use Disorder Services provided by the Human Services Department's Youth and Family Services Division for FY 2023/24
- Approval of purchase orders through cooperative agreements with The Ford Store San Leandro for the purchase of Ford fleet vehicles in an amount not to exceed \$2,000,000 and with National Auto Fleet Group for the purchase of various make vehicles in an amount not to exceed \$900,000
- Approval of service agreement with Safe Moves, Inc. for School-Based Traffic Safety Education services
- Authorization to contract with Alameda County Behavioral Health and La Familia to provide mental health services
- Approve a Professional Services Agreement with Fehr & Peers to develop the city's active transportation plan
- Consideration and approval of a five-year agreement between the City of Fremont and the

Alameda County Fire Department for fire dispatch services through the Regional Emergency Communications Center

- Authorize the fourth amendment on-call tree trimming, maintenance and general groundwork and debris removal agreement with West Coast Arborists to increase contract compensation to support city street sweeping operations
- Approval of Service Agreements with Classic Graphics for Vehicle Repairs for a Four-Year Period and with Stommel Inc., DBA Lehr, for Build-up Services for a Four-Year Period
- Approve an agreement for FY 2023/24 with Alameda County Health Care Services Agency to support human services programs, including the Fremont Family Resource Center Family Support Services program and Youth and Family Services Division's Why Try Cognitive Behavioral Groups program
- Consideration of an amendment to the employment agreement between City Attorney Rafael E. Alvarado, Jr. and the City of Fremont
- Consideration of an amendment to the employment agreement between City Manager Karena McGee Shackelford and the City of Fremont

Mayor Lily Mei	Aye
Vice Mayor Teresa Cox	Aye
Raj Salwan	Aye
Yang Shao	Absent
Teresa Keng	Aye
Jenny Kassan	Aye
Desrie Campbell	Aye

San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

Wednesday, July 19

- At 6:30 a.m. officers responded to the Greenhouse Shopping Center after a witness saw subjects breaking into vehicles. When officers arrived at the shopping center, they located multiple suspects

rummaging through vehicles and detained them without any incident. After an initial investigation, the subjects were arrested for being in possession of a stolen vehicle, stolen property and in possession of narcotics. The suspects are residents of Alameda and Oakland and active to the Alameda County Probation Department for various property crimes.

News and Notes FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF MATURE AMERICAN CITIZENS

A Golden birthday party

They came from all corners of the earth to attend a birthday party at Guisachan House in the village of Glen Affric in the Scottish Highlands recently. The event was held to celebrate the birth of the first litter of Golden Retrievers 155 years ago. The event attracted 466 dogs and their owners. According to the Golden Retriever Club of Scotland, "the Golden as we know it today was bred at Guisachan, Glen Affric, near Inverness, the Scottish Estate of Lord Tweedmouth, from a series of matings which commenced by mating a good looking yellow coloured Flat Coated Retriever with a Tweed Water Spaniel called 'Belle' (a breed now extinct but believed to be a small liver coloured dog with a curly coat)." See the golden birthday party on YouTube at <https://www.youtube.com/watch?v=TdgUTEnV1dM>

But it's not a 'real' burger

Burger King has cheered up vegetarians with its newest fast-food offering: a meatless hamburger sandwich. So far, it's available in its stores in Thailand, only, and it is being called the "real cheeseburger" because the bun is filled with at least 20 slices of American cheese, but no burger, and it has gone viral throughout the country. At least one Thai Burger King location has had to curtail deliveries in order to ensure availability at its store. But not all customers think it is a tasty treat. One patron told CNN it's a bit too much cheese. "I could only finish half of it," she said. See a video of the ultra-cheesy sandwich at https://www.upi.com/Odd_News/2023/07/12/thailand-Burger-King-real-cheeseburger-20-slices-Americancheese/6121689179090/

Home is where you make it

Thinking about moving to Nebraska? If so, you might want to check out a rather unusual residence-- a renovated missile silo. YouTube's Andrew Flair purchased the nuclear bunker last year for \$550,000 and turned it into a 2,000 square foot underground home. It's listed for sale for \$750,000 as "an opportunity to own a piece of cold-war military history and the ultimate survivalist retreat, weekend escape or perhaps an Airbnb." And it comes, "complete with electricity, hot and cold running water, working septic system with lift station, and a water purification system." See the renovated bunker on YouTube at <https://www.youtube.com/watch?v=iLkpW0Ys4y4>

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

Milpitas Fire Log

SUBMITTED BY MILPITAS FD

Saturday, July 15

- At approximately 7:57 a.m. Milpitas Fire Department responded to the 1600 block of Yosemite Drive for a structure fire. A full alarm was dispatched to the address and arrived on scene at 8:01 a.m. Upon arrival crews found light smoke in the attic. After an extensive search for hidden fire, the ceiling was pulled down to isolate and extinguish the source. Cause is undetermined at this time and no injuries were reported.

BART Police Log

SUBMITTED BY BART PD
AND LES MENSINGER

Wednesday, July 12

- At 5:37 a.m. a man identified by police as Jeffrey Remoy, 41, from Concord was contacted at Bay Fair station and was taken into custody. Remoy was booked into the Alameda County jail for false impersonation.
- At 7:53 a.m. a man identified by police as Eric Stewart, 54, from Oakland was contacted at Milpitas station and was taken into custody for an outstanding warrant. Stewart was booked into the Santa Clara County Jail.
- At 9:58 a.m. a woman identified by police as Hailey Mohr, 30, from Concord was taken into custody at Bay Fair station and booked into Alameda County Jail for an arrest warrant.
- At 10:06 a.m. a person identified by police as Lonnie Johnson, 55, from El Sobrante was contacted for fare evasion at the Bay Fair station and taken into custody. Johnson was booked into the Alameda County Jail for an arrest warrant.

Thursday, July 13

- At 6:03 p.m. a man identified by police as Lester Harris, 59, from Oakland was contacted for

- interfering with train operation at Bay Fair station. Harris was arrested for mental health evaluation and will be booked upon medical clearance.
- At 6:38 p.m. a man identified by police as Gregory Minjarez, 54, of Stockton was contacted for fare evasion to exit the paid area of Bay Fair station. Minjarez was arrested and booked into the Santa Rita Jail for warrants.
 - At 11:13 p.m. a man identified by police as Christopher Boscano, 43, from Oakland was contacted for smoking on the platform at Bay Fair station. Boscano was arrested for hindering the efficient operation of a transit facility and booked into the Santa Rita Jail.
- Friday, July 14
- At 1:16 a.m. a person identified by police as Samin Mohamad, 33, from San Ramon was arrested in front of Bay Fair station for narcotics possession and probation violation. Mohamad was booked into the Santa Rita Jail.
 - At 1:31 a.m. a person identified by police as Antoine Drummer, 23, from San Francisco was arrested at Bay Fair station and booked into Santa Rita Jail for a warrant.
 - At 10:41 a.m. a man identified by police as Derek Mishrah, 40, from Hawaiian Gardens was taken into custody at Fremont station and booked at Alameda County Jail for possession of a controlled substance and drug paraphernalia.

- At 2:26 p.m. a 17-year-old male juvenile and a man identified by police as Raquan Williams, 19, from San Francisco were contacted at San Leandro station and taken into custody for burglary, possession of burglary tools and probation violation. Williams was booked into Alameda County Jail. The male juvenile was booked into Alameda County Juvenile Hall.
 - At 6:22 p.m. a man identified by police as Levi Harrington, 31, from San Francisco was arrested for two outstanding warrants. Harrington was transported and booked at Santa Clara County Jail for his warrants. Harrington did not have proof of payment.
- Saturday, July 15
- At 1:36 a.m. a man identified as Cesar Delatorre, 50, from San Lorenzo was placed under arrest at Bay Fair station for public intoxication. Delatorre was booked into the Santa Rita Jail without incident.
 - At 7:54 p.m. a man identified by police as Ray Estrada, 28, from Vacaville was contacted for fare evading to exit. Estrada was arrested for an outstanding warrant. He was transported and booked at Santa Clara County Jail for his warrant only.
 - At 8:39 p.m. a man identified by police as Jonathan Arias, 18, from Oakland was contacted at Bay Fair station for fare evading to exit the station. Arias was arrested for an outstanding warrant. He was transported and booked at Santa Rita Jail.

Fremont Police Log

SUBMITTED BY FREMONT PD

Friday, July 14

- Officers responded to a parking lot on Boyce Rd. to the report of a shooting. The reporting party indicated he was shot in the leg by a subject. Officers arrived immediately and rendered aid to the victim, who was transported to a trauma center. Officers determined that the victim and the shooting subject may have had an altercation, and this is not a random act of shooting. This case remains under investigation.
- Saturday, July 15
- Officers responded to an in-progress commercial

- burglary on Mowry Ave. The reporting party indicated live video surveillance showing a subject was inside the business. Officers responded within minutes and set up a perimeter. A search team entered the building and located the subject. An adult subject out of Fremont was arrested.
- Tuesday, July 11
- Officers responded to a domestic violence incident on Country Dr. The victim requested medical assistance due to her husband injuring her. The victim was transported to a local hospital. The husband, an adult subject out of Fremont, later came to the Police Department lobby, where an officer arrested him.
 - Officers responded to the area of Warm Springs Blvd. and Meadowfaire Common regarding a subject smoking out of a pipe and urinating on the sound wall. The reporting party was concerned because the man was walking towards an area where children were present. Officers located the subject, who was drunk. An adult subject out of Fremont was arrested.

CHP Log

SUBMITTED BY
CALIFORNIA HIGHWAY PATROL
HAYWARD OFFICE

Thursday, July 20

- Officer Villars was on patrol when she noticed a member of the motoring public using both hands to text on his cellphone and his knee to drive. She addressed this unsafe behavior and made an enforcement stop. As she was speaking to the driver, she smelled the odor of an alcoholic beverage on the driver's breath. Officer Villars evaluated the driver for DUI and ultimately made an arrest. As she was searching the DUI driver incident to arrest, he made a spontaneous statement that he had a handgun in his car. There was a "ghost" gun in the glovebox.

Hayward Police Log

SUBMITTED BY HAYWARD PD

Tuesday, July 18

- Officers were in the right place at the right time when a Corvette C7 Stingray was spotted doing donuts in north Hayward, close to downtown. Officers pulled the driver over for reckless driving and the car was impounded for 30 days. The driver was also found to have a suspended license. During an inventory search of the car, officers found a loaded handgun (not registered to him) with an extended magazine, suspected narcotics, and narcotics sales contraband. The driver was ultimately arrested.

Union City Police Log

SUBMITTED BY UNION CITY PD

Tuesday, July 18

- Around 11:08 a.m. Union City Police Officers responded to the area of 12th Street and G Street to investigate a shooting. When officers arrived, they contacted an adult male, who was suffering from a non-life-threatening gunshot wound. Paramedics arrived and transported the victim to a local hospital for treatment.
- While investigating this incident, officers learned that the suspect was possibly still in the area. Officers contained the area and later arrested the possible suspect. The arrested suspect was identified

as Joseph Davis, 41-year-old male from Union City. A firearm and ammunition were recovered from the crime scene. Davis was later booked into Santa Rita County Jail for the following violations: Felon in Possession of a Firearm, Felon in Possession of Ammunition and Assault with a Deadly Weapon.

This incident appears to be isolated and there are no known active threats to the overall community.

This is an active investigation, and it is currently being investigated by the Union City Police Department's Investigations Unit. If you have any information regarding this incident, please contact Detective Moreno at (510) 675-5354.

LETTER TO THE EDITOR

Mission San Jose Historic District becoming "in name only"



The ambiance of the Mission San Jose village is slowly being eradicated by the so-called "new look." What makes the area unique and a destination is the historic eclectic building architecture; along with the Mission San Jose Museum and Church, Olive Hyde Art Gallery, Gardens at Palmdale and the History Museum. Park your vehicle and visit all these attractions with a leisurely walk.

The new look being promoted as progress is attempting to demolish another structure in the heart of the village.

The property is located at 43341 Mission Boulevard. The property sometime back was purchased by a developer for development purpose only. There certainly wasn't any interest to perpetuate the existing uses of the structure when purchased. The building in question presently is not usable due to a fire on the building site roughly a year ago. Since then, the only attraction to the building has been graffiti, tagging, homeless and shopping carts. Such good attention is being given to the building and obviously no interest in repairing it for commercial use.

The present consensus of both the developer and city planners seems to be "down with the old and bring high density straight up," with unimaginative structures with inadequate parking for the project, thus allowing street parking. I for one say NO, instead, repair-rehab the building!

If you feel you have had enough of this so-called progress, join me in raising your voice to the following:

Mayor: Lily Mei, lmei@fremont.gov
Council Member: Raj Salwan, rsalwan@fremont.gov
Council Member: Teresa Cox, tc Cox@fremont.gov
Mission San Jose Chamber of Commerce: Board@msjchamber.org

**Bob Tavares
Fremont
Ronacle103@yahoo.com**

Alameda County Fire Log

SUBMITTED BY
ALAMEDA COUNTY FIRE DEPARTMENT

Saturday, July 15

- At 8:33 p.m. Alameda County Fire Department (ACFD) responded to a vegetation fire that was approximately three acres located at Cedar Blvd. and Willow St. in the city of Newark. Dozer 17 and crews from Battalion 7 worked quickly to extinguish the fire. There were no injuries reported to community members or firefighters.
- ACFD extinguished a car fire on I-580 near Rowell Ranch in Castro Valley. Firefighters were able to extinguish the fire before it could spread into the vegetation.

Monday, July 17

- ACFD performed a quick knockdown of a room and contents fire at Medford Ave. in Cherryland.

Wednesday, July 19

- At Cambridge Ave. in Cherryland ACFD knocked down an outside fire that extended into a home with no injuries.

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