



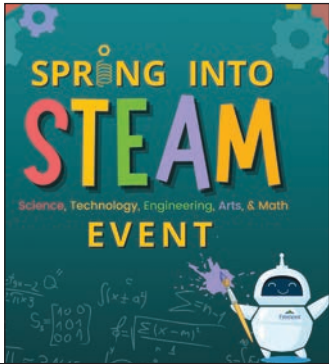
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March 21, 2023

Vol. 22 No. 12



Spring Bicycling Fun—sign up for Primavera!

SUBMITTED BY JULIE GILSON

Fremont Freewheelers Bicycle Club's (FFBC) annual "Primavera" event will be held on April 23, starting at Mission San Jose High School in Fremont. This is southern Alameda County's pre-eminent organized cycling fundraiser. Recognizing this winter's rainy weather is making getting in shape harder than usual, Primavera offers a choice of distances to accommodate a range of cycling fitness and experience levels:

- 100 Miles (century distance option 1)
- 100 Kilometers (65 miles) (century option 2)
- 90 Miles (option 1, minus Patterson Pass loop)
- 25-Mile Fun Ride

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FREE Newark Symphonic Winds Concert

This FREE performance (no tickets are necessary) is sponsored by the Fremont Bank Foundation



SUBMITTED BY JIM CARTER

Enjoy an evening of absolutely wonderful symphonic music provided free of charge by the Tri-Cities' own 50 musician symphony - Newark Symphonic Winds - directed by Richard Wong.

continued on page 11

People with Purpose Gala

BY STEPHANIE GERTSCH

"I hope that [the founders] would think that we have stayed true to the mission of meeting the unique needs of post-surgical breast cancer patients. That was the whole focus...Something could be done to better support them. And it's blossomed into this."

So remarks Tina Fernandez Steckler, Executive Director of HERS Breast Cancer Foundation.

For 25 years, HERS has been serving the community, offering prosthetics, properly fitted bras, wigs, and lymphedema compression garments. They take a range of insurances, and can provide financial help for under- or un-insured patients. Their Fremont, Livermore, and San Leandro locations are decorated



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Breast Cancer—the Path You Will Take

Local surgeon presents seminar on early breast cancer detection

You felt a lump in your monthly breast exam, or your yearly mammogram wasn't clean as it has been in past years. Now what?

Washington Hospital surgeon Dr. William Wood will discuss “Early Stage Breast Cancer: What You Should Know” on Tuesday, April 18, at 1:30 p.m. The Health & Wellness seminar will cover risk factors, treatment options and survival rates of early stage breast cancer. The seminar also will include a special presentation from the HERS Breast Cancer Foundation, a community-based breast cancer support organization.

The first experience for the newly diagnosed patient is Washington Hospital's Breast Cancer Program, a comprehensive program designed to guide the incoming breast cancer patient through all the steps along the path she will be undertaking through diagnosis, treatment and follow-up.

“The Breast Cancer Program offers comprehensive care for women with breast cancer (whether early stage or more advanced) — from the initial visit all the way through surgery, treatment, recovery and ongoing follow-up,” Dr. Wood explains. “A relief to most patients, every step in the process is undertaken here in Fremont, so there is no need to go elsewhere for treatment. Once the patient comes in the door, a program designed specifically for her will begin and she will be led through the steps necessary to deal with the breast cancer.”

The program's team includes (in order of the patient's process through treatment): a surgeon specializing in breast cancer; an oncologist specializing



Online Health & Wellness seminar, “Early Stage Breast Cancer: What You Should Know” takes place on Tuesday, April 18 at 1:30 p.m.

in hematology and medical oncology; a radiation oncologist; a radiologist; a pathologist for diagnostic purposes; a genetic counselor for the patient and her family; a nursing coordinator to provide guidance to the patient throughout the entire process; schedulers; the comprehensive breast tumor board; the lymphedema clinic; and finally the Women's Center for support groups and other follow-up.

“Every single patient we see will be given a customized treatment plan, matching what they require. It simplifies

a patient's life to have all in one location, locally,” notes Dr. Wood.

By definition, early stage breast cancer means the cancer is contained within the breast and has not spread. Treatment options may include breast-conserving surgery, radiation and/or chemotherapy. Breast cancer risk factors include a history of estrogen exposure (which can include an early menstruation age, frequent pregnancy), obesity and other factors. The seminar also will include an enactment from the patient's perspective of the program's process.

“Survival rates are very high with early stage breast cancer,” Dr. Wood stresses, “so it's very important to see your physician as soon as you suspect a lump or receive a positive mammogram diagnosis.”

“The Early Stage Breast Cancer” seminar can be viewed live on Facebook and YouTube. For Facebook, sign in to your account and go to facebook.com/WashingtonHosp. YouTube does not require an account. See YouTube.com/whhsInHealth.



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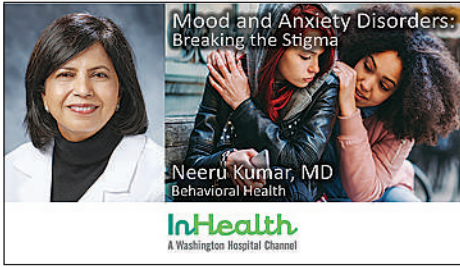
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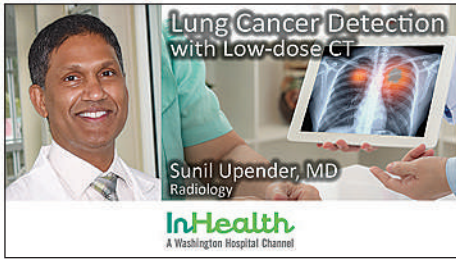
Life After Stroke
Recovering from a stroke can be overwhelming. Medical Co-director of Washington Hospital's Stroke Program, Dr. Prabhjot Khalsa, addresses the health complications that may arise. This presentation covers the importance of rehabilitation programs and home adaptations.



Mood and Anxiety Disorders: Breaking the Stigma
Wednesday, March 22, 12 p.m.
Teens and young adults increasingly struggle with mood and anxiety disorders. Fear of being treated differently or losing a job can result in a hesitancy to seek help. Dr. Neeru Kumar will discuss what can be done to reduce the stigma of mental illness.



The Aging Spine
Tuesday, April 4, 2 p.m.
While age impacts the health of your spine, there are things you can do to maintain spine health. Neurosurgeon Rajiv Saigal, MD, reviews spine changes what you can do to improve the health of your spine.



Lung Cancer Detection with Low-dose CT
Lung cancer is the second most common cancer in both men and women. Dr. Sunil Upender discusses the importance of screenings to detect lung cancer at an early stage. This seminar features a powerful survivor story from a community member.



Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

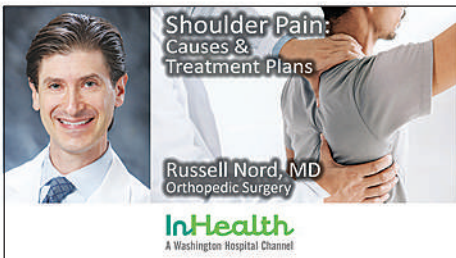
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Shoulder Pain: Causes and Treatment Plans
Medical Director of Washington Sports Medicine and orthopedic surgeon, Russell Nord, MD, explains reasons for shoulder pain and treatment options for each type of condition.



30-Year-Old Man Undergoes Double Hip Replacement

Excellent Outcome Returns Him to an Active Mountain Lifestyle

Travis Sanches lives in a small town in the Sierra Nevada mountains with his wife, who he has known since childhood, and their two young sons. He worked for the Tuolumne County Sheriff's Department and started suffering lower back and leg pain when wearing his 8-pound utility belt. His pain continued to worsen to the point he could barely walk. Travis was shocked to learn his only option was to have both his hips replaced at the age of 30.

An MRI scan showed Travis had avascular necrosis in his hips, which is a

condition where bone tissue dies due to lack of blood supply. "When I found out I needed two total hip replacements at such a young age, I thought my active lifestyle would be over," he recalled. "I first met with a doctor that gave me no confidence, but then a neighbor referred me to Dr. Dearborn, and that's when everything began to fall into place."

John Dearborn, MD, is a renowned surgeon who has been performing hip and knee replacements at the Institute for Joint Restoration and Research (IJRR) at Washington Hospital for over 25 years.

Travis heard about him from a neighbor who had his hip replaced by Dr. Dearborn and highly recommended him. "After five minutes with Dr. Dearborn, I knew he was my surgeon. Plus, seeing people in the waiting room who came from around the world to have their joints replaced by him instills a lot of confidence!" Travis added.

Travis had his first hip replacement surgery in June 2021, followed by the other hip in October of that year. Each time, he was discharged from the Hospital five to six hours after arriving. "When I woke up after surgery, the nurses were there to make sure I was comfortable. Next, they had me sitting up, walking the halls on crutches, and then I was discharged home to start my physical therapy. Everyone at Washington Hospital is unbelievably caring and made those stressful surgeries as easy as possible," he recalled.

Travis' rehabilitation after both surgeries was very fast, which he attributes to two things. First, he is significantly younger than most hip replacement patients. Second, he credits Dr. Dearborn's minimally invasive surgical techniques which require less cutting of surrounding muscle. "I have referred several people to Dr. Dearborn for their joint replacements, and they all reported back that they had excellent experiences like I did. Normally I wouldn't trust someone enough to

recommend them, but I am very confident Dr. Dearborn is the best joint replacement surgeon."

Travis is pain-free and enjoys hiking in the mountains around his home, snowmobiling in the plentiful recent snow, and playing with his rowdy 3- and 5-year-old boys. He laughs, "I was that fearless kid growing up and everyone would tell me, 'You're gonna get yours someday.' Well, now I got min and I'm loving it."

Travis calls his wife Juliana, "The support center of our family." As children, their families' properties backed up to each other. "Even before this, when I was down with shoulder and leg surgeries, she worked double time to keep everything together and she never once complained."

When asked what Travis' advice is to the community about getting a needed joint replacement surgery he said, "Absolutely do it, and when you do, go see Dr. Dearborn. He is not only a fine doctor, but he's also a great human. I can tell he doesn't do his job for the money; he does it to make people's lives better."

To contact Dr. Dearborn's office, call the IJRR at Washington Hospital at 510.818.7200 or get more information online at www.whhs.com/IJRR.



Hip replacement procedures returned Travis Sanches to the active life he and his family enjoy.



Virtual Health & Wellness

facebook.com/WashingtonHosp
youtube.com/whhsInHealth

Tuesday, May 2
1:30 p.m.

Carotid Artery Disease (CAD) What is it? How Can We Treat it?

Carotid artery disease is a serious condition that blocks blood flow to the brain. Untreated, it can lead to stroke and death. Join vascular specialist, Dr. Stella Asuquo, to hear about current therapeutic strategies.



Stella Asuquo, MD
Vascular Surgery



Washington Hospital
Healthcare System

If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

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Fremont Students qualify for State History Day Competition

SUBMITTED BY LAURA FORREST

Students representing four Fremont Unified School District (FUSD) schools were champions at the 2023 County History Day awards, with 11 projects earning a place in the State History Day competition.

“I’m incredibly proud that so many of our students took the time to explore a topic and develop a project for History Day,” said FUSD Superintendent CJ Cammack. “The success of our students in this competition is indicative of the high level of curiosity and academic achievement cultivated by our educators and supported by our families. I send my congratulations to each student who competed, and wish each of our champions well in the state competition to come.”

The projects on this year’s theme of “Frontiers in History: People, Places, Ideas” were part of the Alameda County History Day’s county-wide competition. This year the event returned to an in-person format, hosted at Mendenhall Middle School in Livermore on March 4.

Participating students created individual or group projects showing their findings, with analysis backed by extensive research. Students were interviewed by judges during the event, and their projects were judged based on historical quality, relation to theme, and clarity of presentation.

“I love the history day project because it not only teaches the students history, but also teaches them skills like teamwork, leadership, confidence, and relationship building,” said Lauren Denarola, an 8th Grade U.S. History and Leadership teacher at Centerville Junior High. “During the contest, it was great to see how confident and passionate the students were to speak about their topics.”

FUSD students took home awards across multiple categories:

Centerville Junior High

Jasdeesh Punia

Project: Shooting for the Moon: Frontiers in History with the Moon Landing

Aanya Gautam, Zoe Chiang

Project: Fighting for Miscegenation - How the Loving v. Virginia Case Changed Marriage Laws Across the US

Diya Chivukula, Moukthika Kuruva, Laasya Kyabaarsi

Project: Votes for Women

Harikrishna Vaidya

Project: The Fight for Equal Rights Remains...

Thornton Junior High

Ami Parikh, Ishan Parekh

Project: Making Money - Finance Through America’s History

Ananya Tayal

Project: Antiseptics: Frontiers in History

Adam Kasouit

Project: The Trieste’s Dive into Challenger Deep: Breaking Boundaries Under the Waves

American High School

Logan King, Bhargav Shriram

Project: “Hope Will Never Be Silent.” Harvey Milk’s Crusade for LGBTQ+ Rights

Karthik Subramanian

Project: Standing Up to Sit: Baton Rouge Boycott

Mission San Jose High School

Ryka Chopra

Project: Cryptography - A Frontier in Wartime Espionage and the Woman Who Breached It - The Life and the Legacy of Elizebeth Smith Friedman

Megan Nguyen

Project: The French Revolution: The Catalyst of Modern Democracy in Europe

Winning projects are eligible to compete in State History Day in April.



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Celebrating Art is Education

SUBMITTED BY WINDA I. SHIMIZU, HAYWARD ARTS
COUNCIL EXECUTIVE DIRECTOR

Hayward Unified School District's annual "Art is Education" exhibition showcases the work of seventy-five art students. For the last thirteen years during March, which is Arts Education Month, Hayward Arts Council has sponsored month-long exhibitions showcasing outstanding student work in the John O'Lague Galleria in Hayward City Hall.

Students have been selected for their exceptional achievement in the arts and their potential to continue in the arts in the future.

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On Friday, March 24 exhibiting artists will be honored with a program including certificate presentations and performances at Hayward City Hall Rotunda.

The exhibition, sponsored by Hayward Arts Council, will run from March 20 through May 4 at the John O'Lague Galleria at Hayward City Hall.

Hayward Arts Council believes that all students deserve access to a quality arts education to help pursue their dreams. Providing skills and various forms of art education gives students a voice and improves critical thinking skills. March is Arts Education Month and thus the perfect time to reflect on the myriad of benefits that arts education can provide for our students.

Visit <https://www.haywardartscouncil.org> to learn more about exhibitions and programs.

Art is Education
Monday, Mar 20 – Thursday, May 4
John O'Lague Galleria
Hayward City Hall
777 B St., Hayward

Certificate presentations
Friday, Mar 24
5:30 p.m. - 7:30 p.m.
John O'Lague Galleria
Hayward City Hall
777 B St., Hayward

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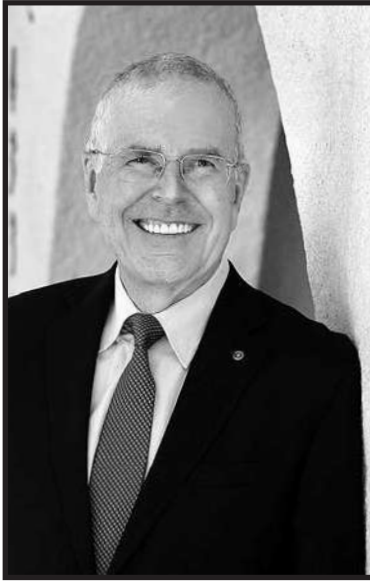


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What better way to enjoy an afternoon of live poetry than to cap it off with an energetic program of live jazz? And, admission to the program is free. Mark your calendars.

In recognition of National Poetry Month, Hayward Library is hosting An Afternoon of Poetry & Jazz program on Saturday, April 8 at its downtown branch on C Street. The program will feature readings by Hayward Poet Laureate Bruce Roberts and Hayward Youth Poet Laureate Germani Latchison, with Pat Doyne and Vecepia Robinson.

After the readings, music will be performed by Cal State East Bay Jazz Combo, directed by James Happ. The 90-minute program starts at 3 p.m. in the Fremont Bank Foundation Room on the library's second floor. The program is supported by Friends of Hayward Library. For details, send an email to Ricardo Antoni at ricardo.antoni@hayward-ca.gov.

An Afternoon of Poetry & Jazz
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Douglas Morrisson Chorus Concert

SUBMITTED BY ERMA SMITH

The Douglas Morrisson Theater Chorus, sponsored by Hayward Recreation & Park District (HARD), will be presenting their spring concert “Stage and Screen,” with music from Broadway and the Movies. Shows will take place on Friday, March 31 and Sunday, April 2 at the Douglas Morrisson Theater.

This popular chorus will have you tapping toes and snapping fingers while you listen to memorable songs.

Performances by talented soloists also promise more of your favorites. Director Cesar Cancino always adds to the fun with his comments about the music and performers. Guests are sure to leave this rousing concert with smiles and happy feet.

Tickets can also be purchased at the HARD District Offices at 1099 North 3rd St., Hayward.

Purchase tickets online at the links below. Tickets will not be sold at the door.

Friday performance: <https://rb.gy/zkyfic>
Sunday performance: <https://rb.gy/gkzl7j>

Douglas Morrisson Chorus Concert: Stage and Screen
Friday, Mar 31: 8 p.m.
Sunday, Apr 2: 2 p.m.
Douglas Morrisson Theater
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<https://www.haywardrec.org/>





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Can living in cohousing slow aging?



BY EVELYN LATORRE AND JANE MUELLER

According to the U.S. Census Bureau's 2017 National Population Projections, 20 percent of the population will be older than age 65 by 2030. As members of Mission Peak Village Cohousing, we wondered: Can aging be slowed by living in cohousing? Of course, cohousing is not just for seniors. It has something to offer every age group. But with the rapid greying of the US population, it is important to look at what recent research sees when studying the brains of those over 60, and how the stimulation found in cohousing communities can affect residents' lives.

Victor Scurtu, the director of the George Washington University College of Medicine says that the brains of those over 60 are much more plastic than is commonly believed. Beginning at that age, the interaction of the right and left hemispheres becomes harmonious, he writes, which allows for solving more complex problems.

Although the risk of disease, dementia, and death rises faster with each passing decade, experts in geriatrics say that people in their 80s, who are active, engaged, and have a sense of purpose, can remain productive and healthy into their 100s. Those over 65, who live in the U.S.'s 200 Cohousing communities, fit the researchers' description of the active, engaged elder with many interests.

Cohousers meet and socialize often with neighbors—who all live close by and aren't

separated by fences or garages. These seniors participate more in their communities' activities than those in single-family homes or apartments, or in commercial group living arrangements. Eating together in the common house, working in the community garden, washing clothes in the laundromat, and relaxing or playing in the landscaped central area, promotes forming connections and provides many opportunities to volunteer.

"Sometimes cohousing is the grandest of grand pictures," says Peg, one of the over-65 residents who three months ago moved to the new Skagit Commons in Anacortes, Washington. "By living our best lives together, we know we are not alone. Sometimes it's about the smallest of the small—sharing a bag of onions, asking around for extra hangers, or finding that ride to the co-op."

Experts in geriatrics cite the following facts about an elder's brain.

- Connections between the neurons of the brain disappear if a person does not engage in mental work. They don't die off but simply disappear if not used.

- Absent-mindedness appears due to an overabundance of information. You don't need to focus your whole life on unnecessary trifles.

- With continuous mental activity, intellectual abilities do not decrease with age, but grow, reaching a peak around 80-90 years.

Conclusion: Living in Mission Peak Village, Fremont's first cohousing community, could slow the aging of its older residents. The community will encourage a healthy lifestyle with lots of physical activity, socializing, and intellectual stimulation.

Catherine, an elderly cohouser says it best: "I think that living in cohousing makes me a better person, which gives me the oomph to do more, understand more, give more."

This article is part of an ongoing series on cohousing. To learn more on the topic, visit www.cohousing.org.

Mission Peak Village is a group of friends forming Fremont's first cohousing community. Memberships are still available. Call Kelli at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or the www.missionpeakcohousing.org website, where you can register for a monthly walk to explore the neighborhood around the future site in the Irvington district of Fremont.

Mother Daughter STEM Discovery Day

SUBMITTED BY JUDY YOUNG, AAUW FREMONT BRANCH

The 32nd annual "Discovery Day" was held at Cesar Chavez Middle School in Union City on Saturday, March 4. The event was hosted by the Fremont Branch of the American Association of University Women (AAUW). A national nonprofit established in 1881, AAUW promotes its mission "to advance 'equity for women and girls through research, education, and advocacy', through scholarships, contests and events," explained, Jo Szeto, Vice President of the Fremont Branch.

The intent of the program is to help spark an interest for STEM subjects (Science, Technology, Engineering and Math) in 3rd through 5th grade girls.

As the 50 mother- (or grandmother-) daughter teams waited to check in, they were provided with snacks and an opportunity to play math games hosted by MA+HNASIUM. The girls alongside their mothers participated in a half-day of four 40-minute hands-on STEM activities led by successful women working in these fields.

CODE for FUN introduced the girls to Scratch, a "block-based" programming language where they created a colorful screen of animated dots. They select a Sprite, a cartoon like image, and scripts (instructions) that control them.

The Tower Building project, led by Irvington High School's Girls in STEM and Logan High School's Science Club, guided the girls on what it was like to be a civil engineer for the day. Two mother/daughter teams were partnered together to build the strongest, tallest tower in 15 minutes out of dry spaghetti noodles, packing peanuts, and five pieces of scotch tape. The leaders then traveled to each group and gave a strong jolt to the table simulating an earthquake. The tower height was then measured.

Irvington High School Berbawy Makers were asked to design and launch a catapult using any number of the assorted items provided at their desks with no instructions. Two contests followed: One to see who could launch a plastic block the furthest (measured in inches) and a second to see who could hit the bullseye of a paper target. The girls learned it was okay if the catapult did not launch the first time. (Failure is ok!) You go back and tweak it until you succeed.

Lori Kahn from Lockheed Martin and Women's Impact Network provided basic instructions to build a rocket. The girls were then asked to test their rockets and make modifications to ensure the rocket could fly five feet and consistently hit a target. At the end of the session, girls were asked to demonstrate their rockets as a group.

At the end of the morning sessions, the mother/daughter teams gathered in the gym. Jo Szeto informed the group about additional AAUW educational programs such as Tech Trek and Speech Trek designed for older girls. Last year's Tech Trek students, Ella Cheung and Itzel Hernandez, related their experiences (a week-long STEM camp at UC Davis and a virtual camp too).

Door prizes were donated by AAUW members and MA+HNASIUM. All in all, it was a fun learning day for everyone!

If you would like more information about AAUW Fremont Branch, please visit us at our website: <https://fremont-ca.aauw.net/> or contact us at: aauwfremontbranch@gmail.com

Easter Celebration

SUBMITTED BY DEBORAH BLACKFORD

On Sunday, April 2, Pacific Commons will host an Easter Celebration with a variety of family-friendly activities, including selfies with the Easter Bunny (bring your own camera), a children's Easter craft (while supplies last), face painting, and balloon twisting. Goodie bags will also be available while supplies last.

This event, which is free and open to the public, will take place from 11 a.m. to 1 p.m. in The Block Plaza near Dick's Sporting Goods. No pre-registration is required. To learn more, visit www.pacificcommons.com.

Easter Celebration

Sunday, April 2

11 a.m. - 1 p.m.

Pacific Commons

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www.pacificcommons.com



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Yoga 4 Unity & Wellbeing

SUBMITTED BY BEENA SHAH

Yoga may be an exercise class at your gym or the Y. It may mean stretching to awaken your body, or to relax after a stressful day at the office. Yet, Yoga can gradually sink into your way of life. Yoga means union--bringing together the mind, body and spirit of an individual human being. It is an exploration of science and philosophy leading to skill in action. And it can be practiced at many levels depending on

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interest.

Members of the Fremont Center of the Heartfulness Institute are offering a day of yoga on Saturday, April 1. The event will be a collaboration of Bay Area certified yoga teachers, scientists and students of philosophy with whom you can explore yoga through the process of asana (physical poses), pranayama (beneficial breathing exercises) and meditation.

Did you know that yoga can be done in a chair as well as on a mat? That not only children and younger people can benefit from yoga asana practice but also seniors who may never have attempted yoga before? Yoga is not about learning how to be a pretzel; it is about finding the inner balance promoting stillness, relaxation and even meditation.

The event will take place at the Fremont Center of Heartfulness Institute and begin with an introduction to the spectrum of yoga possibilities. The keynote program will be presented by Jeannine Rashidi, a Doctor of Ayurveda and founder of Goodbye Tension. She recently authored the book, Abundance Beyond Trauma.

Each participant can choose to join two classes from among six experienced Bay Area Yoga teachers. A special class for children will also be available in both morning and afternoon. Purchase your ticket in advance online at <https://heartfulness.us/yoga4unity/>.

For those experienced in yoga practice, this event is an opportunity to gain exposure to broader horizons. And for anyone curious about the benefits yoga can provide, supported by a well-grounded teacher, good dietary guidance, and training in meditation Heartfulness Institute's Yoga4Unity Day in Fremont would be an ideal event to attend.

Yoga 4 Unity and Wellbeing
Saturday, Apr 1
9 a.m. – 4 p.m.
585 Mowry Ave., Fremont
Register at: heartfulness.us/yoga4unity
Tickets: \$10 - \$15

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New Farmers Market Coming to Niles Fremont!

SUBMITTED BY HARV SINGH

A new partnership between Foragers Market and Niles Main Street Association has been announced, which will transform the Saturday Niles Fremont Farmers Market. The event's grand opening festivities will be held on Saturday, April 1 starting at 9 a.m.

Foragers Market, the operators of the highly successful Livermore Downtown Farmers Market and San Ramon Farmers Market at City Center Bishop Ranch, will introduce a new, robust farmers market that is community-driven and will showcase 30-40 of the Bay Area's top growers and producers. Vendors will offer a variety of fresh and high-quality products such as fresh-cut flowers, Asian vegetables, gourmet mushrooms, microgreens, honey, pasture-raised meats, eggs, organic dairy products, artisan bakeries, specialty coffee,

fresh-pressed juices, gourmet street food, and more. Additionally, the market will have weekly live entertainment.

The Niles Fremont Farmers Market will remain in the same location at 37592 Niles Boulevard and will operate year-round on Saturdays from 9 a.m. to 1 p.m., starting on April 1, 2023.

For information on becoming a vendor or community partner, please visit www.nilesfarmersmarket.org

Foragers Market Grand Opening
Saturday, April 1
9 a.m. – 1 p.m.
Parking lot beside Niles Town Plaza
37592 Niles Blvd., Fremont
www.nilesfarmersmarket.org

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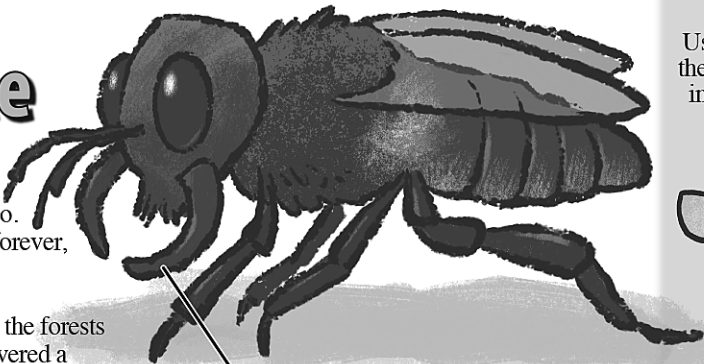
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World's Biggest Bee

The world's biggest bee, called **Wallace's giant bee**, disappeared almost 40 years ago. Scientists thought it was gone forever, or **extinct**.

In 2019, scientists traveled into the forests of Indonesia. There, they discovered a living Wallace's giant bee!



Giant Jaws

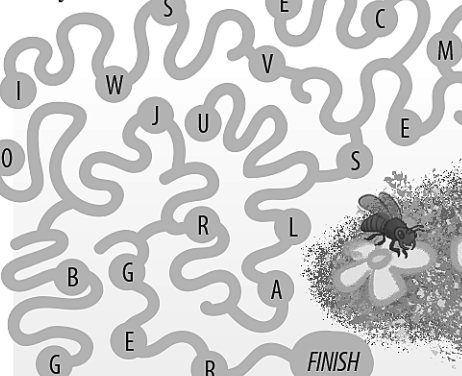
The giant bee has enormous jaws called **mandibles**. It uses the mandibles to scrape sticky **resin** off trees. They use the resin to build burrows within termite nests, where females raise their young.

Does it sting?

Wallace's giant bee **does** sting. But, unlike the honeybee, it does not die when it stings.

What does a giant bee eat?

Like other bees, they feed on nectar and pollen but they don't make honey. Follow the maze and write down the letters along the correct path to discover how much larger Wallace's giant bee is than a typical honeybee.



How much larger is Wallace's giant bee than a typical honeybee?

F _____

How Big?

Use the code to discover why the giant bee causes such buzz in the scientific community!



Wingspan: _____ inches (_____ cm)

About as long as an adult human thumb: _____ inches long (_____ cm)

The Big Bee with Many Names

Use the code to discover different names this big bee is called.

Indonesians call it *Raja Ofu* which means:

7 19 22 16 18 13 20

The scientists who found it called it:

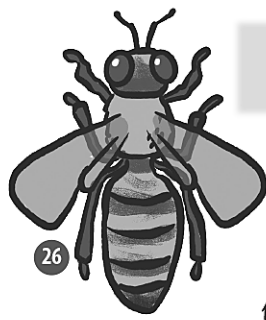
21 15 2 18 13 20

25 6 15 15 23 12 20

CODE

26 = A	13 = N
25 = B	12 = O
24 = C	11 = P
23 = D	10 = Q
22 = E	9 = R
21 = F	8 = S
20 = G	7 = T
19 = H	6 = U
18 = I	5 = V
17 = J	4 = W
16 = K	3 = X
15 = L	2 = Y
14 = M	1 = Z

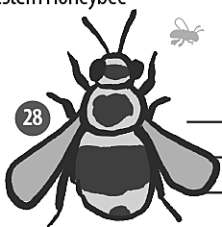
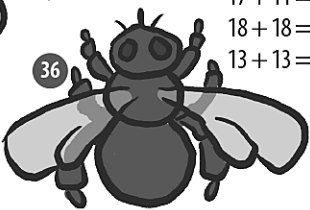
How many bees can you find on this page?



What bees are these?

Do the math to label each of these bees!

14 + 17 = Pigmented Miner Bee
17 + 11 = Western Bumble Bee
18 + 18 = Valley Carpenter Bee
13 + 13 = Western Honeybee



Extra! Extra! Big, Bigger, BIGGEST

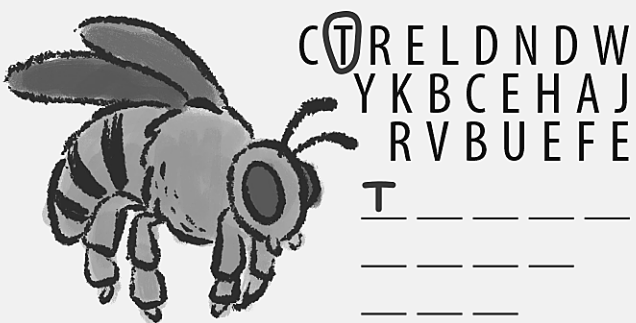
Look through the newspaper for pictures of three things. Cut them out and glue them to a piece of paper in order from big, bigger to biggest. Do the same thing to show things that are small, smaller and smallest.

Standards Link: Understand comparative and superlative forms.

Kid Scoop® Puzzler

The Cutest Bee on Earth

These bees, with scientific name *Amegilla bombiformis*, look cute and cuddly. If you want to snuggle up with one of these bees, you're in for a treat because the male bees don't sting. These bees live in Australia. **Circle every other letter to reveal the nickname for this bee.**



Standards Link: Follow simple written directions.

Double Double Word Search

BEES
BUZZ
CARPENTER
EXTINCT
GIANT
HONEY
JAWS
MINER
NECTAR
NESTS
RESIN
STING
THUMB
TREES
VALLEY

Find the words in the puzzle. How many of them can you find on this page?

S E E R T G R G P V
O E T V S R I T Y A
U Q E T J A W S S L
T R S B N M V H T L
C E S T G G M O I E
N S R A T C E N N Y
I I R E N I M E G F
T N E B U Z Z Y A J
X C A R P E N T E R
E B T H U M B F L E

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together

World's Smallest Bee

Unscramble the letters to find the missing words.

One bee is teeny tiny. Scientists call it the *Perdita minima*. Many people call it the _____

YRIAF EBE

The fairy bee lives in the American southwest. It lives alone and makes a tiny nest in sandy desert

LISO

The fairy bee grows to be less than two millimeters long. Its entire body can easily fit on the head of an average-size bee.

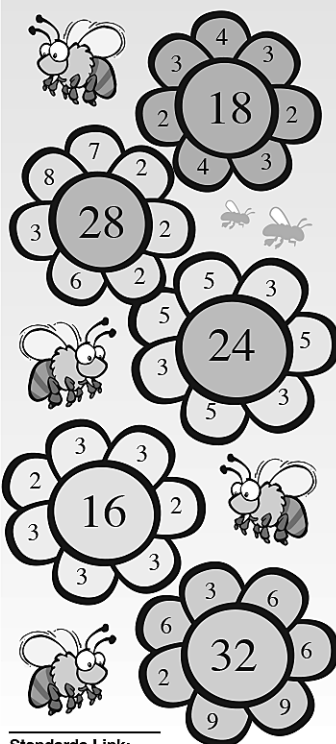
People who look for this tiny bee look for its shadow on the ground. It is easier to find its shadow than the bee.

This bee is so small that it can easily pass through the mesh of insect _____

TENS

Standards Link: Spell grade appropriate words correctly.

The numbers on the flower petals add up to the number in the center of the flower. **Oops!** All but one petal, that is! Figure out which petal on each flower needs to be plucked so that the numbers on the petals add up to the number in the center.



Standards Link: Calculate sums and differences.

Kid Scoop® VOCABULARY BUILDERS

This week's word: **MANDIBLE**

The noun **mandible** is a jaw-like mouth used to pinch, cut or pull on things.

Wallace's giant bee uses its **mandibles** to scrape resin for its nest.

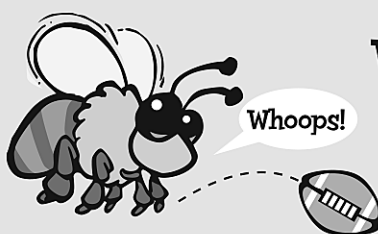
Try to use the word **mandibles** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop® LESSON LIBRARY

Endangered Species

Look for articles about animals that are endangered. What is causing each animal's endangerment? What can be done to prevent the loss?

Standards Link: Use evidence from text to support a position.



Whoops!

What kind of bees hum and drop things?

ANSWER: Fumble bees.

Write On!

Buzzy Day

One day I woke up and I was a bee. Then ...

Finish this story.



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continued from page 1

FREE Newark Symphonic Winds Concert

We'll begin this performance with a composition by Rossano Galante, *The Falls*. While listening to this piece, you'll have the feeling of resting and hearing a magnificent waterfall. After that relaxing moment, we'll need you to put

on your straw hat and tap your feet for Richard Saucedo's *American Barndance*. We'll next travel to a bygone era with a medley of tunes arranged by James Christensen, *The Homefront: Musical Memories From World War II*.

We'll end the first half of our performance with Eric Coates' *Oxford Street (March)*, arranged by Douglas E. Wagner. We certainly hope this will get you marching out to our luscious intermission treats!

After intermission, we are proud to present the music of the Newark Saxophone Quartet – Plus One. Their musicians include Peter Greef (baritone saxophone), Steve Leitner (tenor), Andy Ehling (alto), and Jim Carter (soprano) – and last but certainly not least – our “Plus One” – Glenn Wiegand on drum set. Their performance is a collage of Chicago. The quartet plus one is certain you'll recognize each and every one of the tunes they'll perform.

The symphony will then return to the stage and perform a medley of tunes arranged by Carl Strommen in *Salute to the Cinema*. We bet you'll be singing each tune as they are performed.

Next will be the haunting composition, *Music From Gladiator* by the great movie composer, Hans Zimmer (arranged by John Wasson). Although Leroy Anderson is known best for Sleigh Ride, he also composed our next piece, *The Syncopated Clock*. If you have ever watched game shows on TV, you'll certainly recognize this composition. We'll end the evening with the bounce and swing of Benny Goodman in *Benny Goodman: The King of Swing*, arranged by Paul Murtha.

This FREE performance (no tickets are necessary) is sponsored by the Fremont Bank Foundation.

Newark Symphonic Winds Concert
Saturday, Mar 25
7 p.m.
Newark Memorial High School Theatre
39375 Cedar Blvd., Newark
(510) 552-7186
<https://newarksymphonic.org>



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- stay home if you're sick! Happy New Year!

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NSW Newark Symphonic Winds

Spring Concert

- Newark Memorial High School Theatre
39375 Cedar Blvd.
- March 25, 2023
7:00—9:00 PM

Free ADMISSION!

Donations welcomed

Richard Wong
Director

Free Spring Concert

Presented by

Sharing with the Community

Newark Memorial High School Theatre

Saturday, March 25, 2023
7:00—9:00 PM

Enjoy an evening of absolutely wonderful symphonic music provided free by the Tri-Cities' own 50 musician symphony - the Newark Symphonic Winds - directed by Richard Wong.

Come listen to the swinging tunes of Benny Goodman; Leroy Anderson's very recognizable, *The Syncopated Clock*, featuring our wonderful percussion section; a medley of tunes from *The Homefront*; *Music from Gladiator* by the magnificent Hans Zimmer; as well as many other wonderful compositions.

Also performing this evening will be the Newark Saxophone Quartet—plus one.

Cost of admission is "FREE", no tickets are necessary.

For information, call 510-552-7186 or visit us on the web at newarksymphonic.org

Home & Garden

Elevate your garden's beauty with jewel-tone plants



BY MELINDA MYERS
PHOTO COURTESY OF
ALL-AMERICA SELECTIONS

Bring the beauty of your favorite gemstones into the garden and your outdoor living space with the help of jewel-toned plants. Even a pot of these beauties placed on the balcony can provide bold color, vibrancy, and lushness to any space.

Select plants with leaves, flowers, or both in the saturated colors of gemstones like rubies, amethyst, topaz, sapphire, and turquoise. Select plants with colors that complement your home and landscape and will thrive in the growing conditions in your gardening space.

Look for opportunities to include these rich colors throughout the growing season. Jewel-toned pansies, ornamental cabbage and kale, and calendula are a few plants that thrive in cooler weather, providing welcome color before other plants appear or have faded in the summer heat.

As temperatures rise, include rich yellows and oranges of Rudbeckias and

sunflowers. Add a showy and exotic look to the garden with Crocosmia. Plant Lucifer for bright red flowers, Prince of Orange for its red-orange blooms, and George Davidson for an added touch of yellow. Check out the many colorful varieties of dahlias and gladiolus that grow well in the garden and containers and make great additions to your garden bouquets. Canna's bold and colorful foliage is impressive all season long and is sure to command attention when topped with flowers.

Add colorful zinnias for season-long color. You can start them from seed right in the garden or buy transplants for earlier bloom. Look for disease-resistant varieties and those with bold colors like Benary's giant deep red, Profusion red, and Double Zahara Fire's orange-red blooms. These sun-loving annuals are also heat and drought-tolerant, making them perfect for low-maintenance gardens.

Plant some tall Mexican sunflowers in the back of the garden. Consider Fiesta Del Sol, a more compact variety, if you want something shorter. No matter which

you grow, you and the pollinators will enjoy the orange blooms.

Keep the color going with summer-to fall-blooming Helenium which is hardy in zones three to eight. Hot Lava is topped with fire engine red flowers while Butterpat has vibrant yellow blossoms.

Coral bells come in a wide variety of leaf colors, making it easy to include jewel tones all season long. Many shade-tolerant hostas have deep green foliage that provides the perfect backdrop for other flowers.

Combining complementary colors that appear opposite each other on the artist's color wheel creates an eye-catching display. Dark colors can easily disappear in the background or shade. Teaming them with a complementary-colored plant or light background can help them pop. A combination of purple-leaved bugbane and the fine chartreuse foliage of Hakone grass, for example, allows both plants to shine while creating a splendid display.

Make sure the plants you combine are equally bold, so each adds to the overall

design. Mix in some green foliage to provide a bit of color relief. Too much of a good thing, including vibrant colors, can overpower the landscape and create a somewhat chaotic feel.

Make notes on the plants and combinations you want to repeat next year. Note those that didn't perform to your expectations and don't need to be repeated. If you decide to expand upon this theme, be sure to add some jewel-toned, spring-flowering bulbs like tulips and hyacinths to the landscape this fall.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.



THE ACWD CONNECTION

ACWD Hosts Special Board Meeting to Consider Rescinding Drought Surcharges

MEETING DETAILS



Tuesday, March 21
6 p.m.



43885 S. Grimmer Blvd.
Fremont, CA 94538

The Alameda County Water District's Board of Directors will consider rescinding the imposition of drought surcharges during a special Board meeting on Tuesday, March 21, at 6 p.m. The surcharges have been in effect since March 1, 2022, and were imposed to cover operations and necessary capital improvements during the declared water shortage emergency and mandated 15% demand reduction.

With drought conditions easing following significant local and statewide precipitation, customers' continued conservation, and the District's financial situation, the Board will consider sunsetting the current surcharge of \$0.82 per unit (about 748 gallons) of water.

The water shortage emergency declaration remains in effect with further evaluation in the coming months.

Members of the public may also attend virtually. The agenda and meeting link are available at acwd.org/agendacenter.

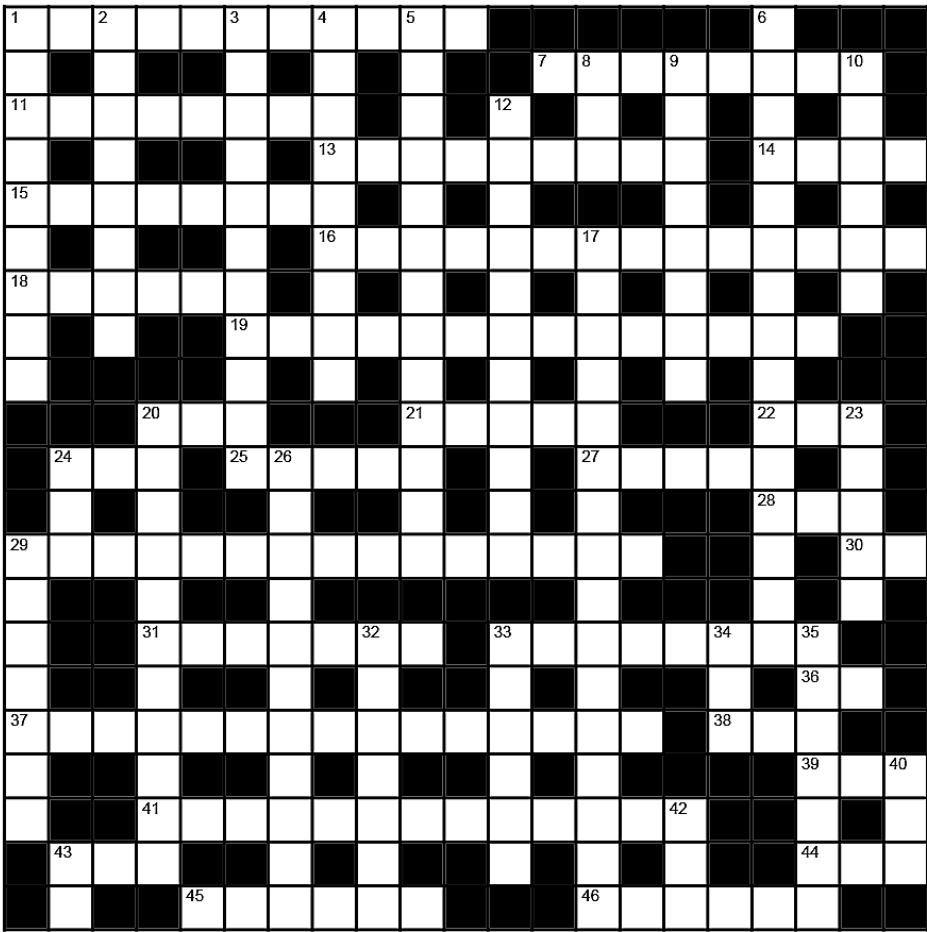


Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



Mind Twisters

Crossword Puzzle



Across

- 1 Just in time (4,3,4)
- 7 British Parliament outrage of 1765 (5,3)
- 11 Hinged (8)
- 13 Lacking humility (9)
- 14 Brontë's "Jane ____" (4)
- 15 Light rapping sounds (8)
- 16 Sheet bends (7,7)
- 18 Six-line poem (6)
- 19 "Cool substitute!" said the 1960s bohemian (3,11)
- 20 Australian runner (3)
- 21 Aviation tower (5)
- 22 Dutch city (3)
- 24 Buff (3)
- 25 "Chicago Hope" actress (5)
- 27 Father-and-daughter Hollywood duo (5)
- 28 CGI, e.g. (3)

- 29 Knuckle under (5,2,8)
- 30 "That hurt!" (2)
- 31 Doesn't sit still (7)
- 33 Making certain (8)
- 36 "No kidding!" (2)
- 37 Command from parents (5,2,8)
- 38 Modern: Ger. (3)
- 39 "I'll take that as ____"
- 41 Atlantic City, e.g. (7,6)
- 43 Grp. founded in Bogotá (3)
- 44 Ancient Hebrew liquid measure (3)
- 45 Have covered (6)
- 46 Singer Nicks (6)

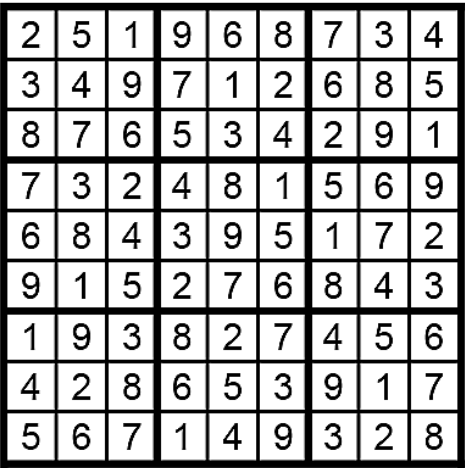
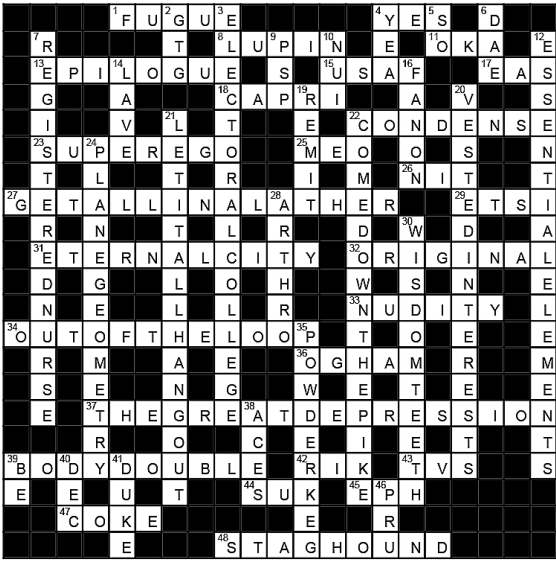
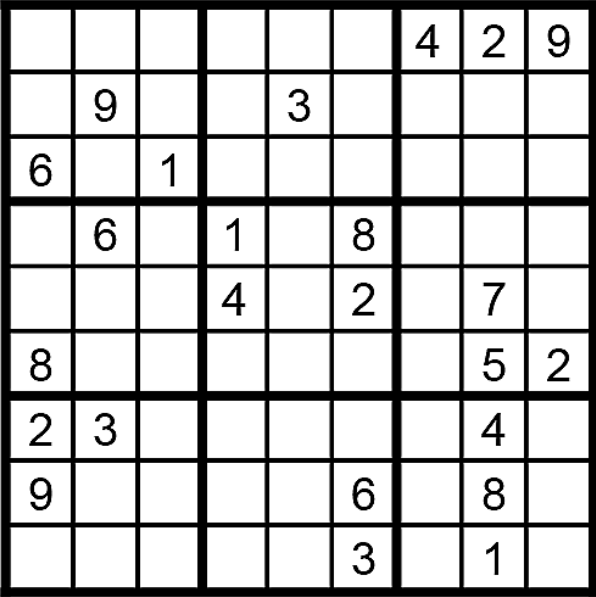
Down

- 1 Like old unrecyclable bottles (2-7)
- 2 Family man? (8)
- 3 Yellowstone attraction (3,8)
- 4 Glancing blow (9)
- 5 Constantinople was its capital (7,6)

- 6 Acknowledge (4,1,10)
- 8 "Sesame Street" watcher (3)
- 9 Exaggerated manliness (8)
- 10 Tank top (6)
- 12 Colorful spotted flowers (5,6)
- 17 Places to learn about the backfields? (9,7)
- 20 Infinite quality (11)
- 23 Pump name (5)
- 24 J. Edgar Hoover's org. (3)
- 26 "She had a hearthow shall I say?too soon made glad... " (11)
- 29 Gorbachev's successor (7)
- 32 One who accepts charges (7)
- 33 One facing the day (6)
- 34 "Jurassic Park" mathematician ____ Malcolm (3)
- 35 Opaque watercolor technique (7)
- 40 Suffix in chemistry. (0-3)
- 42 Calendar abbr. (3)
- 43 Belonging to (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: MARCH 21, 2023

All Signs: Three planetary changes occur this week. The first is the Spring equinox when the Sun crosses the equator, creating equal day and night. This means the Sun will be in Aries for four weeks. The second is that Pluto will move into Aquarius for three months. Pluto returns to Aquarius in 2024 to stay until 2044. (The last time Pluto was in Aquarius was 1778-1798.) Finally, after being in Gemini for seven months, this week Mars moves into Cancer. (Normally, Mars is in one sign for only six weeks, once every two years.)

Aries the Ram (March 21-April 20):

You're looking at a powerful four weeks ahead. The Sun, Mercury and lucky Jupiter will all be in your sign, which is empowering. You'll have more energy, drive and focus! This is your chance to rejuvenate yourself. And as the Sun starts to dance with Jupiter, you will feel physically and psychologically pumped. You will attract money, and will buy beautiful things for yourself and loved ones. Get ready for increased chaos and activity on the home front due to renovations, visiting guests or home repairs. Whatever it is – you can handle it.

Taurus the Bull (April 21-May 20):

Your personal year is coming to an end; but your new year won't begin until your birthday. The next four weeks are a limbo. Nevertheless, with Venus in your sign, you'll be charming and diplomatic. A shift from Mars will make your communications more direct and forceful for six weeks. You might also sense a change in your career or life direction. It's starting now but will magnify by next year. Meanwhile, lucky Jupiter enters your sign mid-May, to stay for a whole year, which brings great good fortune!

Gemini the Twins (May 21-June 20):

Big change this week! For the last seven months, fiery Mars was in your sign. (This is unusual because usually Mars is in your sign for only six weeks every two years.) So, for over half a year, you've been strutting your stuff and giving everyone orders. Naturally, you might have come on too strong

for some. Now you will enter a friendly, four-week window where you might hang out with younger people more than usual, and be involved with groups. You will start to work hard for money.

Cancer the Crab (June 21-July 21):

You're entering a powerful window this week because fiery Mars moves into your sign to stay for six weeks. This will pump you with energy, enthusiasm and aggression! Meanwhile, for the next four weeks, the Sun will be at the top of your chart casting you in a flattering spotlight, which makes everyone admire you. Meanwhile, expect fun times with friends, especially creative, artistic types. For some of you, a friend could become a lover. You might see a change in how you share property. Even your values are starting to change.

Leo the Lion (July 22-August 22):

Your urge to travel and seek adventure will be strong in the next four weeks. Do whatever you can to satisfy this desire for new stimulation. Whatever you do will be pleasant because Venus is at the top of your chart making you look attractive to others. This means that wherever you go, you will schmooze successfully and be popular. However, closer to home, you might start to feel some rumblings of change that affect your partnerships and closest relationships. You'll feel the need to flex your muscles and demand more independence.

Virgo the Virgin (August 23-September 22):

Like Leo, you want to travel for pleasure and see the world! You will

also enjoy learning and studying, especially deep truths. In the next four weeks, you will feel more intense about everything, including physical intimacy. But you will feel just as passionate about financial matters, inheritances and how to share things. Your worldview is changing now because you're beginning to think about your external goals and how to achieve them. Teamwork will be important. In fact, some of you might be involved competitively with a group or an individual.

Libra the Scales (September 23-October 22):

For the next four weeks, you will need more sleep because the Sun will be opposite your sign, or as far away as it can get (in your chart) – and the Sun represents energy. Your focus on close friends and partners will be strong. Ironically, you will have more objectivity viewing these relationships, which is an opportunity for you to improve. Meanwhile, fiery Mars will be at the top of your chart, (which hasn't happened for two years) arousing your ambition! Venus will also arouse your romantic passion!

Scorpio the Scorpion (October 23-November 21):

You might be surprised at how much energy you have in the next four weeks to work and be productive. You will set the bar high because you want to get a lot done as efficiently as possible. These high standards will extend to your health too. With Venus opposite your sign now, relations with others are warm and supportive. Meanwhile, Mars will stir your desire to travel, explore, discover adventure and meet people

from other cultures. You might see your home scene changing in a direction that will give you more freedom.

Sagittarius the Archer (November 22-December 21):

Lucky you! The next four weeks are play city for your sign. Slip away on a vacation if you can. As the world traveler of the zodiac, you hardly need an excuse. Meanwhile, you want to work hard and party hard! Romance will flourish. Accept invitations to social outings, sports events, the theatre and fun get-togethers, especially younger people. Relations with coworkers are warm and mutually supportive. The only fly in the ointment is that you might encounter disputes about shared property, debt, inheritances or insurance issues.

Capricorn the Goat (December 22-January 19):

Home, family and your private life will be your primary focus for the next four weeks. Expect to have family discussions, especially about home repairs. You might even be thinking about a change of residence. Warm relations with children as well as romantic rendezvous will delight. Admittedly, Mars is opposite your sign now for the next six weeks, which can provoke conflict with others, especially partners, spouses and close friends. Consider this an opportunity to practice patience. Cocooning at home alternates with exciting opportunities to socialize.

Aquarius the Water Bearer (January 20-February 18):

The pace of your days is accelerating! Short trips, appointments and errands, plus increased discussions with siblings, relatives and neighbors

will keep you busy. Ironically, you want to entertain at home and redecorate your digs; at the same time, you'll be busting your buns at work for the next six weeks. You want to get things done, and naturally, you want the credit. Meanwhile, Pluto moves into your sign for the first time since more than two centuries ago! Many of you will dramatically change your appearance now or next year.

Pisces the Fish (February 19-March 20):

Money and earnings plus issues with possessions are your strong focus in the next four weeks. Look for ways to boost your income. Meanwhile, you want to have fun! Many will spend money on vacations, social outings, the theatre or sports events and fun activities with children. It's a great time to socialize because Venus is in your House of Communications, sweetening your words and smoothing relations with siblings, relatives and neighbors. Your positive frame of mind will plant the seeds of appreciation, making you notice the beauty of your daily surroundings.



By Georgia Nicols
www.georgianicols.com.

How to Keep Working from Home

BY ANNE CHAN, PhD, MFT

Working from home has been a boon for those of us who are glad to be rid of tiring commutes and noisy workplaces. But now there are more and more calls to return to work in person. What should you do if you want to keep working from home but management is sending out return mandates? This article will give you some concrete strategies to ask your boss about continuing to work from home.

Before you do anything, think carefully about the pros and cons of working remotely 100% while everyone else has gone back 100% in-person. Will being a remote worker impact your career advancement? If you are angling for a promotion right now, it might not be the best time to be physically away from the team and your boss.

If the advantages of working remotely outweigh the disadvantages, prepare to have a thoughtful conversation with your boss. To make your request, it is generally best to have a face-to-face conversation with your boss. First, assess the timing of your ask. Is this a particularly stressful period at work? Are people being laid off right and left? If so, this might not be a good time to ask for a special privilege. On the other hand, if you sense that your boss is anxious about losing good people, this might be a fantastic time to make your request.

Before doing anything, spend at least an hour working on your pitch. Research the benefits of working from home for the organization and for your boss. Many employees want to work from home for good reasons, such as reduced commute time and a more focused environment. Your boss, ultimately, doesn't care

if it makes it easier for you to pick up your child from daycare. But she does care that working from home has enabled you to be more productive. As you do your research, focus on what is important for your boss and for the organization, not for you.

Next, take the time to create a written proposal to present to your boss. Having a formal proposal shows that you are serious and professional about this request. These are some key components that should be included:

The exact nature of your request

Are you requesting to be a full-time remote worker or are you willing to have a hybrid schedule where you show up to the office a few days a week? Or perhaps you are looking for a flexible schedule where you clock in at non-standard times?

A communication plan

One of the main concerns for bosses is the impact on communication and work culture. Outline how you will be available to employees and customers and how you will keep communication channels open in a manner that is accessible and easy. If you are asking for flexible hours, address how you will ensure that this does not impact or inconvenience other employees and customers. For instance, you could say that you would be clocking in early at 6 a.m. and that this would actually enable you to attend to customer questions sooner rather than later.

A Work Plan

How will projects be handled? What will the workflow be like? Spell out how the work will be handled, now that some employees are in-person and you are requesting to work from home.

The Benefits of Remote Work for the Company
Here's where your research comes in. Highlight work accomplishments that you achieved while you worked from home during the pandemic.
Concerns or Questions That Your Employer May Have
Don't wait for your boss to express his concerns. Pre-empt any concerns and propose solutions to mitigate them. For example, your boss might be concerned about security, productivity, impact on work culture, and/or communication issues. Propose how you will work in a manner that will address these concerns. For instance, you could propose a metrics tracking system so that you can assure your boss of your productivity.

After writing your proposal, schedule a meeting with your boss to present it. Allocate enough time for this meeting. Ten minutes over the phone won't suffice. During this meeting, present your proposal in a professional and flexible manner. Try to work out a sensible schedule that would work for both you and your boss. Flexibility is the key here. You might not get your way if you go into this negotiation with a take-no-prisoners stance. Try to negotiate in a collaborative manner so that both you and boss feel like it's a win-win. If your boss balks, you can ask for a trial run of three months.

Don't give up if your boss is firm about saying no to your request. You might want to start applying to companies that are friendly to remote workers. Luckily, in Silicon Valley, many companies have adopted remote-friendly work policies, such as Adobe, Citigroup, Intuit, IBM, Nvidia, Oracle, Salesforce, Splunk, Visa and Yelp. If you receive an attractive offer, you could leverage it with your boss to keep your current job with remote benefits.

I believe that remote work is here to stay, and the possibilities for remote work are expanding exponentially. You might never have to purchase work pants again!

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com © Anne Chan, 2023

Tune in to a discussion with Tri-City Police Chiefs



Newark Police Chief Anderson



Union City Police Chief Rinetti



Fremont Police Chief Washington

SUBMITTED BY SHIRLEY GILBERT

With the spotlight on policing taking place throughout the United States, League of Women Voters of Fremont, Newark, and Union City (LWVFNUC) has invited the Tri-City Police Chiefs to a community forum to discuss the state of policing in our area. It will be held via Zoom on Monday, March 27 at 6:30 p.m.

Police Chiefs Sean Washington of Fremont, Gina Anderson of Newark, and Jared Rinetti of Union City will join League moderator Pauline Weaver, retired Alameda County Public Defender, in what is sure to be a lively conversation.

Fremont's Police Chief, Sean Washington, joined Fremont Police Department in 1997 and has served in a variety of posts since then. He was sworn in as Fremont's new Police Chief on October 1, 2021, succeeding

Chief Kim Petersen. As Police Chief, he is responsible for all aspects of the department, including emergency services and personnel. Chief Washington says he is committed to fostering a diverse department.

Newark's Police Chief, Gina Anderson, was sworn in on April 6, 2020, and is the city's first woman appointed to lead Newark Police Department. She has over 28 years of experience in law enforcement. Chief Anderson started her career as a Community Services Officer with Davis Police Department and was promoted through the ranks to Police Officer and later to Police Sergeant. She later joined Citrus Heights Police Department as Police Lieutenant, and in 2013 became Police Commander. In 2018 she was promoted to Assistant Chief of Police before coming to Newark. Chief Anderson has formed community

partnerships, creatively solved community problems, and developed innovative policing programs.
Union City's Police Chief, Jared Rinetti, is a Fremont native. Since childhood he had dreams of becoming a police officer and realized that dream in 1998. He was hired by the town of Atherton and worked there for two years. In 2000, Chief Rinetti joined Union City Police Department and spent 12 years as an officer and supervisor in several operation and support service assignments. In 2018, he was promoted to Chief of Police. Chief Rinetti is focused on leading the police department in a progressive and contemporary manner.
The discussion with the three Police Chiefs will center around a variety of challenges that police departments in the U.S. and our area face today. For example: achieving diversity matching

that in the community served, training of police officers, crime level in the three cities, police misconduct and discipline, and more.
Register in advance at www.lwvf nuc.org. You may submit questions for the Police Chiefs to Program@lwvf nuc.org. After registering, you will receive a confirmation email containing a link to join the meeting.

League Community Forum on Policing with the Tri-City Police Chiefs
Monday, Mar 27
6:30 p.m.
Via Zoom
Register at: www.lwvf nuc.org.
Submit questions for the Police Chiefs at: Program@lwvf nuc.org

Spring Into STEAM

SUBMITTED BY GLORIA KIM

The City of Fremont Community Services Department invites you to the "Spring into STEAM" event on Wednesday, March 29 at the Downtown Event Center. This is a FREE, family-friendly evening with fun STEAM activities, giveaways, Fremont Unified School District's (FUSD) 5th Grade Science Fair Winner Showcase, food trucks, music, exhibitors, and more.
The Spring into STEAM event is sponsored by Seagate and hosted by the City of Fremont in partnership with FUSD and Food Truck Mafia; and endorsing educational programs that will lead to careers in science, technology, engineering, arts, and math. For more details, visit <https://bit.ly/SpringintoSTEAM>.

Exhibitors at the event are the City of Fremont's Recreation Division and Transportation Engineering Department, After School Academy, Play-Well TEKnologies, Mad Science of the Bay Area, Code for Fun, Bay Coding Club, Math Science Nucleus, Safe Moves City, Ohlone College's BioTechnology Department, Fremont Library, Banter Bookshop, Bay Area Community Health, Martin and the Green Guitar, as well as Fremont high school robotics teams Ink and Metal, and Future.
Spring Into STEAM - FREE
Wednesday, Mar 29
4 p.m. – 8 p.m.
Downtown Event Center
3500 Capitol Ave., Fremont
<https://bit.ly/SpringintoSTEAM>



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A HOME ON THE HILL

The Origins of the Masonic Home at Union City: Part One

This summer, the Masonic Homes of California will celebrate its 125th anniversary. In recognition of that milestone, we're exploring the long and notable history of the organization in Union City. Here, part I:

THE MASONIC HOMES at Union City, located on Mission Boulevard near Dry Creek Pioneer Regional Park, have been part of the Tri-City community for 125 years. In line with the Masonic principles upon which it was founded, the Homes have provided shelter and compassionate care for residents since their earliest days. From its original iteration as a widows' and orphans' home to today's holistic retirement and health care organization serving Masons, their families, and the wider community, the Masonic Homes has evolved alongside the Tri-City area.

IMAGINING A MASONIC HOME

The history of the Masonic Home is closely linked with the history of California. The earliest Freemasons arrived in California before it was officially a state. In 1848, when the gold rush began, Masons were among the thousands who flocked to California with hopes of making their fortune.

Unfortunately, along with the gold rush came disease. In 1850, cholera swept Sacramento, killing thousands. Masons helped built and maintained a hospital at Sutter's Fort, dipping into their personal savings to fund the enterprise. By the mid-1850s, Masons had formed regional boards of relief, providing what today



THE MASONIC HOME OPENED ITS DOORS TO 41 WIDOWS AND CHILDREN IN 1898. ITS ORIGINAL BRICK HEAD BUILDING REMAINS.



would equal millions of dollars in assistance to their fellow brothers and their families. In 1891, California Masonic Grand Master William Johnson initiated the first organized plan to establish a Masonic widows' and orphans' home. Approximately 16,000 California Masons donated more than \$45,000 toward the campaign.

SHELTERING THOSE IN NEED

In 1893, the Grand Lodge of California purchased a 305-acre plot in the area then known as Decoto, now Union City. Construction began in 1896, and after two years and an additional \$104,000 in member donations, the first California Masonic Home opened its doors in

1898. The first residents were 41 Masonic widows and children, many of whom had been affected by the 1890s economic depression.

In addition to lodging areas, the Home had its own power, water, and refrigeration plants; dairy farm, hog ranch, and 2,000-chicken poultry farm; vegetable garden, berry patches, and fruit orchards; and a laundry. Residents were actively involved in running and maintaining the Home and diligently worked in its farm and gardens, as well as in other needed areas.

The historic brick building in which early Masonic families found refuge still stands today as the treasured Head Building. Filled with books, artwork, and furniture lovingly donated by Masons throughout the years, it is a true testament to the fraternity's ideals of brotherly love and relief. ♦

Learn more about the Masonic Homes of California at masonichome.org.

WHERE YOU LIVE MATTERS

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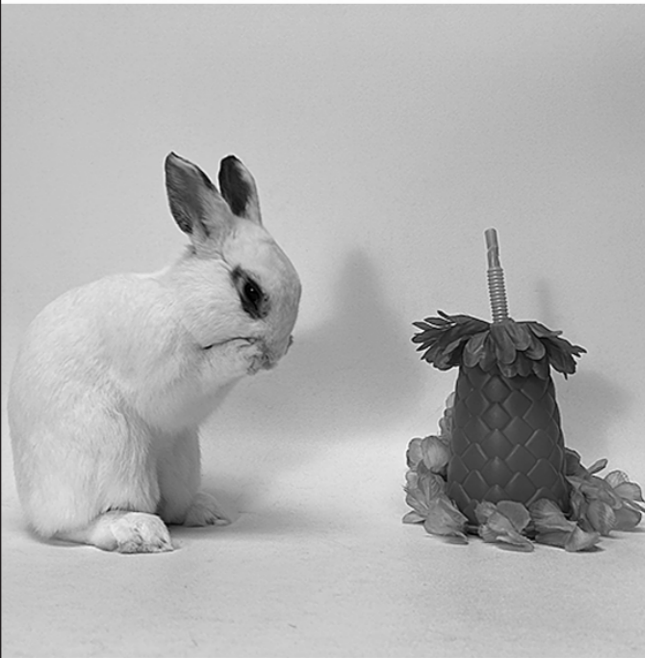
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MS. Frizzle is a female guinea pig who
loves her daily salad. Watch her run up
with happy trills to get fresh basil,
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To adopt call Hayward Animal Shelter
(510) 293 – 7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING
EVENTS

Tuesdays

Practice Your English - Online
Chat! R

4:00 pm - 5:00 pm
Improve your English by talking
with native speakers
bit.ly/3jqnz86
jliu@aclibrary.org

Tuesdays

Bilingual (English/Spanish) Tiny
Tot Story Time

9:30 am - 11:00 am
Kinder readiness class for 0-5 years
old
Union City Family Center
725 Whipple Rd, Union City
(510) 476-2770
bit.ly/3GaTamI

Wednesdays

Tropics Bingo

7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd, Union City
(510) 471-8550
the-tropics.net

Wednesdays

Zumba Gold \$

11:30 am - 12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Thursdays

Chronic Pain Support Group

12:30 pm - 2:30 pm
Group guidance from Stanford Pain
Management Clinic
(510) 790-6600
Email for zoom link:
agewellcenters@fremont.gov

Thursdays

International Folk Dancing in
Mandarin R\$

11:30 am - 12:50 pm
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Thursdays

Chair Yoga R

10:00 am - 11:00 am
Breathing and stretching techniques
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529

Thursdays & Saturdays

Story Time

10:30 am - 11:00 am
Picture book story time
Banter Bookshop
3768 Capitol Ave Ste.F, Fremont
(510) 565-1004
banterbookshop.com

Fridays and Saturdays

Telescope Viewings

7:30 pm - 10:30 pm
Experience the awe and wonder of
the universe
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
chabotspace.org

Thursday -Sunday

Animal Feeding

3:00 pm - 3:30 pm
Feed livestock and learn about their
favorite food
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Saturdays

Laugh Track City \$

8:00 pm
Series of improvised games and
scenes
Made Up Theatre
4000 Bay St suite B, Fremont
(510) 573-3633
madeuptheatre.com

Mondays, Tuesdays, Thurs-
days and Fridays

Showers for Adults 55+ R

1:00 pm - 2:30 pm
One shower per day

Arts & Entertainment

Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Mondays, Wednesdays, & Fri-
days

Spectrum Fall Prevention
presents "Enhance Fitness" R

9:30 am, 11:00 am, 1:00 pm
Program to energize and empower
60+ adult
Cherryland Community Center
278 Hampton Road, Hayward
Register in person or call
(510) 881-0300 x 270
bit.ly/3Kzxlu8

Mondays

Advanced Math + Science
Tutoring

5:30 pm - 7:00 pm
Free high school and college-level
tutoring
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
aclibrary.org
castrovalley@aclibrary.org

Wednesdays, December 7 -
November 22

Qi Gong Meditation &
Exercise Classes

2:00 pm - 4:00 pm
Relieve stress and anxiety by joining
falun dafa class
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scld.org

Thursdays, December 8 -
June 8

Cover to Cover Book
Discussion

1:00 pm - 2:30 pm
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Tuesdays, January 3 - May 30

Baby Bouncers Lapsit

11:30 am - 11:45 am
Nursery rhymes, lap bounce &
picture books for 12 months &
younger
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scld.org

Thursdays, January 19 - April
20

Health Services for People
Experiencing Homelessness

1:30 pm - 3:00 pm
Get help with checkup, medications,
appointments & food assistance
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Fridays, January 20 - January
6

Knit & Crochet Circle

2:00 pm - 4:00 pm
Learn knitting and crocheting
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scld.org

Saturdays, January 28 -
March 25

Saturday English Conversation

10:00 am - 12:00 pm
Open English conversation for all
skill level
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Thursdays, February 2 - April
27

CleanStart Mobile Hygiene
Unit

12:00 pm - 2:00 pm
Access to a shower & laundry for
people experiencing homelessness
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Saturdays, February 4 - April
15

Free Tax Assistance from VITA

1:00 pm - 4:00 pm
Trained volunteers will prepare & file
taxes for households earning less than
\$66,000 in 2022

Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
earnitkeepitsaveit.org

Sundays, February 12 - April
9

Dove Gallery Competition
Exhibit

12:00 pm - 3:00 pm
Eclectic showcase of local
Dove Gallery at Park Victoria Baptist
Church
875 S Park Victoria Dr, Milpitas
(408) 464-5011
Dove@ParkVictoria.org

Wednesdays, February 15 -
June 7

Youth basketball clinic R

4:30 pm - 5:30 pm
Free Basketball clinic for Hayward
students ages 12 - 17
Matt Jimenez Community Center
28200 Russ Rd, Hayward
(510) 887-0400
hayward-ca.gov/pal

Tuesdays, February 21 - June
27

Erase Una Vez / Once Upon a
Time

4:00 pm - 5:00 pm
Read & do an art project in Spanish
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
haywardrec.org
Mask required for 2+

Tuesdays - Sundays

Nature tour

10:30 am – 2:30 pm
Stroll around and explore the center
Sulphur Creek Nature Center
1801 D St., Hayward
(510) 881-6747
bit.ly/3JQ1me1

Monday - Thursday, March
20 - May 31

Homework help center

3:45 pm - 5:45 pm
Homework help for students grades
K - 8
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM
Mask required

Tuesdays, March 21 - Decem-
ber 19

Chess Mix

12:30 pm - 3:00 pm
Drop in for some casual chess games
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640

Tuesdays, March 21 - April
25

Stay and Play

1:00 pm - 3:30 pm
Variety of toys and activities with
story, music, and snacks for 0 -5.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
aclibrary.org/locations/SLZ

Tuesdays & Wednesdays,
March 21 - May 24

Homework help center

3:30 pm - 5:00 pm
Homework assistance for primary &
secondary student
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
castrovalley@aclibrary.org

Wednesdays, March 22 -
April 26

Toddler Storytime + Stay N'
Play

11:15 am - 12:30 pm
Early literacy activities for toddlers
ages 1-3
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Thursdays, March 23 - May
11

Preschool Storytime

11:15 am - 12:15 pm
Read book, sing songs, dance, and
have fun
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

UPCOMING EVENTS

Tuesday, March 21

Read to a Dog
4:00 pm - 5:00 pm
Come and read to the trained therapy dogs
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Tuesday, March 21

Bingo
5:30 pm - 7:00 pm
Win prizes and have fun
Chick-fil-A Auto Mall
5539 Auto Mall Parkway, Fremont

Wednesday, March 22

The Journaling Hour
6:30 pm - 7:30 pm
Create calendars, trackers, & other journaling basics
Centerville library
3801 Nicolet Ave, Fremont
(510) 795-2629
aclibrary.org/locations/CTV

Wednesday, March 22

Author talk with Kai Harris R
7:00 pm - 8:00 pm
Author talk followed by Q & A
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
bit.ly/42l4rtO

Thursday, March 23

Coffee with Cops
8:00 am - 10:00 am
Chat with cops from UCPD while enjoying coffee
Starbucks
33115 Mission Blvd, Union city
(510) 471-1365

Thursday, March 23

Book Signing \$
2:00 pm - 4:00 pm
“From Berkeley to Berlin: How the Rad Lab helped avert nuclear war” by Tom Ramos
Acacia Creek Retirement Community
34400 Mission Blvd, Union City
(925) 453-3805
acaciacreek.org
Free for atomic & DOE workers

Thursday, March 23 & Saturday, March 25

Pysanka workshop \$R
Thurs: 6:00 pm - 9:00 pm
Sat: 11:00 am - 2:00 pm,
3:00 pm - 6:00 pm
Ukrainian easter egg decoration technique & special dyes.
Ages 7& up
Imaginook
39675 Cedar Blvd, Newark
(214) 864-5133
bit.ly/3ToRs6j

Friday, March 24

Music & Movement
10:30 am - 11:00 am
A morning filled with song, dance & stickers
Hayward Public Library
888 C St, Hayward
(510) 293-8685
hayward-ca.gov/public-library

Friday, March 24

Candle Making (Soy wax) \$R
4:00 pm - 7:00 pm
Oil candle making workshop
2196 American Ave, Hayward
bit.ly/3mOkKig
Leesa@oiishiorganics.com

Saturday, March 25

Worldwide food web
11:00 am - 12:00 pm
Discover who eat who/what and how animals & plants are connected
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Saturday, March 25

Spring Concert
7:00 pm - 9:00 pm
Wonderful symphonic music
Newark Memorial High School
39375 Cedar Blvd, Newark
(510) 818-4350
nmhs.newarkunified.org

Saturday, March 25 – Sunday, March 26

Wildflower Walk
10:00 am - 11:30 am
Stroll around and enjoy the guided wildflower exploration. Ages 4+
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3245
ebparks.org/parks/Sunol

Saturday, March 25

Budding Birders
2:00 pm - 3:00 pm
Playful activities for kids to learn basics of bird identification. Ages 7+
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3245
ebparks.org/parks/Sunol

Saturday, March 25

The Last Laugh \$R
7:30 pm
Screening of The Last Laugh
Niles Essanay Silent Film Museum
37417 Niles Blvd, Fremont
(510) 494-1411
nilesfilmmuseum.org

Saturday, March 25

Culture feast '23
12:00 pm - 4:00 pm
Celebrate the city's rich diversity of cultures with entertainment, food & art

Kennedy Park
1333 Decoto Road, Union City
(510) 675-5329
https://bit.ly/3mWdPDL

Saturday, March 25

Resume Building and Job Search Workshop R
10:00 am - 4:00 pm
In-person workshop on resume building and job search
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/40fZW1s

Saturday, March 25

Plant & Cutting Swap
12:00 pm - 2:00 pm
Bring house plant cuttings, extra plant or seed starts to swap with other gardeners
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
https://bit.ly/3FsYrFd

Saturday, March 25

MFMI Children's Showcase Concert \$R
3:00 pm
Performances by children in our community
James Logan High School
1800 H St., Union City
(510) 471-2520
bit.ly/42dKoxd

Saturday, March 25

Beginning Embroidery
1:00 pm - 2:00 pm
Learn basic embroidery stitches
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(510) 544-2797
ebparks.org/parks/ardenwood

Saturday, March 25

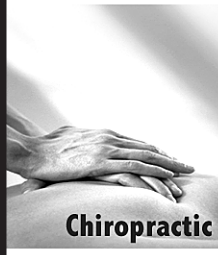
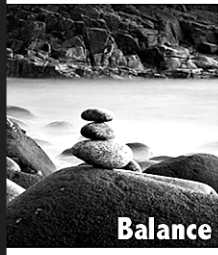
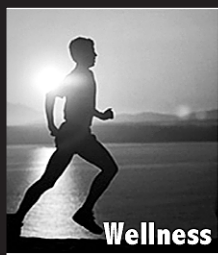
Fun with felting
11:00 am - 12:00 pm
Learn how felt is made from sheep's wool & make your own felt toy
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Saturday, March 25

Saint Patrick's Party \$R
5:30 pm
Food & Dancing
Tropics Mobile Home Park
33000 Almaden Blvd, Union City
(510) 471-8550
the-tropics.net
Ticket deadline: March 22

Saturday, March 25

Girls Scout meet & greet
10:00 am - 12:00 pm
Information session about Girl's Scout (K - 3rd grade)
Always Dream Play Park
1110 Stevenson Blvd, Fremont
(510) 790-5541
bit.ly/3ZUH4pe
jmelhus@gsnocal.org



Professional/Affordable Quality Chiropractic Care

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- Auto and sports injuries
- * Neck, back & extremity pain
- Headaches

Most insurances accepted

Come and enjoy
a truly unique healing experience
New Patient Special
50% off Initial Visit With This Ad
Exp. 5/30/23

Janet Laney, D.C.

510-792-9000

**6170 Thornton Ave., Ste H
Newark**

Saturday, March 25

Double thick crochet workshop
10:30 am - 12:00 pm
Learn unique stitches that links two layers of single crochet together
Hayward Public Library
888 C St, Hayward
(510) 293-8685
bit.ly/3yMDQly

Saturday, March 25

Live Music By Groovy Judy
8:00 pm - 11:00 pm
21+ only
Bosco's Bones & Brew
11930 Main St, Sunol
(925) 862-0821
boscosbonesandbrews.com

Sunday, March 26

Busy Bees
12:00 pm - 1:00 pm
Check the beehive and get a peek at the life of a bee
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(510) 544-2797
ebparks.org/parks/ardenwood

Sunday, March 26

Teen Figure Drawing
1:30 pm - 2:30 pm
Practice your drawing skills;
ages13 - 18
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Sunday, March 26

Stilt walkers
1:30 pm - 2:30 pm
Give stilts a try & have fun
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Sunday, March 26

Milpitas Library Music Meetup
2:00 pm - 3:00 pm
Album discussion - Graceland by Paul Simon
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

Sunday, March 26

Marsh Adventures
10:00 am - 11:30 am
Discover new facts about the marsh while strolling around.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Monday, March 27

Domino Topping for grades K - 8
3:30 pm - 4:30 pm
Use your imagination to create your own designs
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

New County Ordinance allows food entrepreneurs to operate out of their homes

SUBMITTED BY COUNTY OF SANTA CLARA

Under a new county ordinance approved and enacted March 7, food industry entrepreneurs can apply for a permit that allows them to legally prepare, cook, and sell food out of a private home kitchen.

County of Santa Clara Board of Supervisors voted unanimously to permit such mini restaurant businesses – called Microenterprise Home Kitchen Operations, or MEHKOs – throughout the county. County of Santa Clara Department of Environmental Health is now accepting applications on their website at chinfo.sccgov.org/home.

The cost of starting a traditional brick-and-mortar restaurant or operating a food truck can be prohibitive, and this ordinance makes it more accessible to get into the food industry. Supervisor Cindy Chavez, who brought the idea of a legal path for such operations to the board last year, called it a potential boon for lower-income and marginalized communities.

“This helps eliminate limitations faced by small-scale food entrepreneurs – many of them women, immigrants, and people of color – allowing for the operation of a legitimate, legal and County-approved business from the convenience of their home,” said Supervisor Chavez.

A state law that took effect in 2019 gives California counties

discretion to allow MEHKOs within their jurisdiction. In accordance with that state law, there are requirements for qualifying operations:

- Each home kitchen operation is limited to serving 30 meals per day or 60 meals per week.
- All food is required to be prepared, cooked, and served on the same day.
- Proprietors are allowed one full-time food employee other than family or household members.
- Each operation may not exceed \$58,275 in verifiable gross annual sales.

Customers may dine in, pick up their food, or have it delivered. MEHKOs are exempt from many standard food

facilities requirements but are still required to obtain a Health Permit and are subject to inspections by the County of Santa Clara Department of Environmental Health. In addition, all MEHKO participants will complete a food safety certification course.

“When people know an operation is permitted by the County, they know it has been inspected and they can expect their food to be safe for consumption” said Board President Susan Ellenberg.

County officials are urging food vendors who are currently operating out of their homes without a license to take advantage of the new opportunity. The County is waiving application fees for

MEHKO and other small food business operations, following another recent board action.

The proposed fee to operate a MEHKO is \$635, with an additional one-time \$340 application fee. However, these fees may be waived for the first year of operation under a county program designed to assist small businesses in the wake of the COVID-19 pandemic. MEHKO startups are specifically noted as being qualified for fee relief.

For more information, visit the Department of Environmental Health's MEHKO webpage at cpd.sccgov.org/food/microenterprise-home-kitchen-operations-mehko.

Celebrating Special Meditation & Music

SUBMITTED BY KUMAR KUSHAL

Join Sahaja Yoga on for a Special Meditation & Music Livestream honoring the extraordinary life of Shri Mataji

Nirmala Devi, the founder of Sahaja Yoga, along with hundreds of thousands of people worldwide!

Shri Mataji dedicated her life to bringing spiritual awakening and inner peace to everyone she embraced. Experience the awakening of your own inner energy as we honor her life and legacy.

Agenda includes:

- Guided meditation session
- Overview of Shri Mataji's life and the impact
- Music performance
- Testimonials sharing transformative experiences

More info at www.sfbaymeditation.org and www.centennialcelebrations.org

Special Meditation & Music Livestream

**Tuesday, Mar 21
7 p.m. – 9 p.m.**

**Sahaja Yoga Meditation Center
37138 Niles Blvd., Fremont
www.sfbaymeditation.org**



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Allow for growth to larger office space
within our properties

- 24/7 building access
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- Some Furniture available at no cost
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- No hidden fees
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- Near 680/880



Contact Fudenna Bros. for more information

Phone: 510-657-6200

Email: customerservice@fudenna.com

Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Cougar Report

SUBMITTED BY RACHEL KAHOALII

Champions of Character

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week:

JV Softball

Freshman, Jaslene Cortez, is someone who puts her team first. She is always cheering on her teammates and puts in 100% effort to improve each day.

Varsity Softball

Senior, Vanessa Buenrostro, is a model

teammate. She consistently models commitment, a strong work ethic and shows up every day with a good attitude. She pushes herself to be the best she can be and makes others around her better.

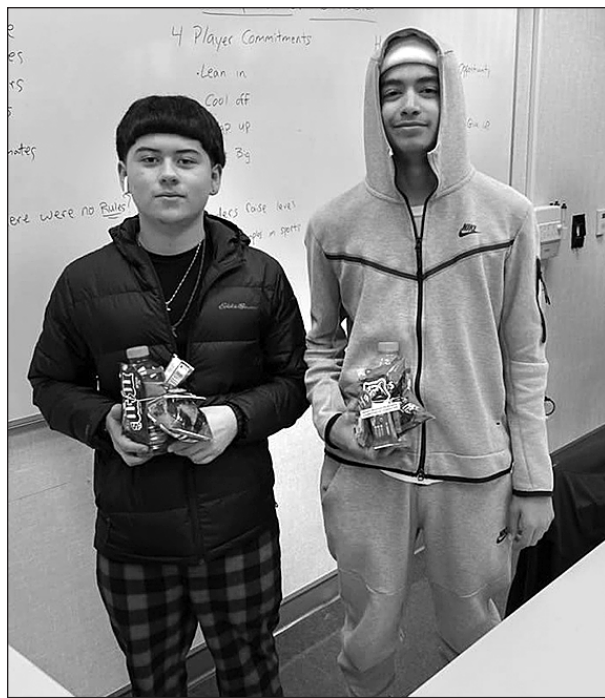
JV Baseball

Sophomore, Max Segura, has made tremendous improvement in the classroom

and on the baseball field since last season. He has taken on a new position with a great attitude and is willing to do whatever is best for the team.

Varsity Baseball

Sophomore, Fabian Guzman, is a silent leader who works hard even through adversity.



Max Segura and Fabian Guzman



Jaslene Cortez



Vanessa Buenrostro

Register for Spring Lacrosse

SUBMITTED BY SPARTANS LACROSSE

If your child is interested in playing lacrosse, it's the perfect time to join in on this sport with Fremont Spartans Lacrosse. Registration is now open for the 2023 Spring Season! Spartans Lacrosse is excited to offer the following teams/divisions: 14U Boys & Girls; 12U Boys & Girls; 10U Boys & Girls

For each youth division, you must be

under the maximum age prior to 9/1/2021 (i.e., for 14U, your fourteenth birthday must be after 8/31/2021).

14U -- Turn 14 after 8/31/2022 \$399

12U -- Turn 12 after 8/31/2022 \$399

10U -- Turn 10 after 8/31/2022 \$299

Freshman in high school who are fourteen, and do not attend a high school with a CIF team may be eligible to play in the 14U division.

Players may be granted an exception to play "up" based on size, experience, and athletic ability. They may not play down an age group unless there are special circumstances.

What to Expect: Teams should expect two practices per week. They will participate in the Northern California Junior Lacrosse Association (NCJLA) and compete in an end of season playoff or Jamboree, depending on the age group.

Games: Games and game formats are still up in the air, but we are prepared to do smaller sized games as needed (7v7 or 8v8), up to full field if allowed (10v10).

Uniforms: All players to receive a custom sublimated uniform that will be theirs to keep.

Social Distancing: As we have established for our Fall/Winter programs, we will continue practicing proper Social Distancing Protocols as long as necessary, and in accordance with any/all state and county guidelines. The safety of our local players and families is always of utmost importance to us.

For more information visit www.fre-lax.com

Community Bulletin Board

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post
information including:

Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

**SAN LEANDRO HISTORICAL
RAILWAY SOCIETY**

is open to the public
each Saturday
from 9 am to 1 pm. Located
at 1302 Orchard Ave,
San Leandro, Ca.
Outdoor & indoor model trains
will be in operation.
Information: Eugene
510 963-2965
Model train donations:
Bob 510 566-3499

**President's
Distinguished Club
Newark Toastmasters
can help
you improve
your speaking
and leadership skills.**

We meet via Zoom
every Tuesday 7 am - 8 am
It's FREE to attend as a guest.
Info: wmfitts@yahoo.com
profricka@gmail.com
www.1118.toastmastersclubs.org

**Join the American
Association of University
Women - Fremont Branch**

Make new friends Create
STEM opportunities for girls
Arrange STEM summer camps
for teens Attend social events
Choose students for college
scholarships Meet with your
book group. Gather for coffee
Have Fun
<https://fremont-ca.aauw.net/>

THE HISTORIC SHINN HOUSE

1251 Peralta Blvd, Fremont, CA
Open for public tours \$4 adults, \$2 Children (7-13) on the:
First Wednesday of each month, and
Third Sunday of each month from 1 PM to 4 PM.
Groups of six or more need to make a reservation
Groups of five or less are welcome without a reservation
We will enforce current local CDC Guidelines
All tours are Docent led and last about one hour.
More information and large group reservations call:
(510) 795-0891

Fremont Cribbage Club

Meets to play weekly, every Weds.
We play a Cribbage Tournament
starting at 5PM. at
BRONCO BILLY'S PIZZA at
41200 Blacow Road, Fremont
We welcome experienced players
and will work with new players
hoping to learn the game.
Email: Accgr43@gmail.com
For more information.

**Want to see a collection
of vintage buses?**

Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome.
www.pacbus.org

Mission Peak Fly Anglers

Join us to meet with those
who enjoy fly fishing
Programs Casting Lessons
FlyTying
Meetings every
3rd Wednesday 7 pm
Fremont Activity Center
3375 Country Dr, Fremont
www.missionpeakflyanglers.org
email:
fremont.mpfa@gmail.com

FIRST UNITED METHODIST CHURCH
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We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org
See our website to meet us on Zoom

The Washington High School Alumni Foundation
and WHS Associated Student Body

2023 Hall of Fame Ceremony & Dinner Saturday, May 20

For information about the Hall of Fame, visit www.whsaf.org

This year's inductees are: Louis Costin Bufkin (Posthumously)
Teacher & Coach 1961-1987 Education Ed Neumeister,
Class of 1970 - Arts & Entertainment
Mike Jacinto, Class of 1971 (Posthumously) - Lifetime Recognition
Denise Jacinto, Class of 1972 - Lifetime Recognition
Swiss Park, 5911 Mowry Avenue (across from NewPark Mall),
Newark. Doors open 5pm dinner 6pm

Order Tickets: <https://www.eventbrite.com/e/515144098867>

Ohlone College Flea Market
2nd Saturday of every month
Starting March 11, 2023.
9AM – 3PM Lower Lots E & D
Free Admission

Free Early Bird Parking in Lot C ONLY!
We will be welcoming new and old vendors,
So come ready to spend money and have fun!
Email: fleamarket@ohlone.edu
Phone: 510-659-6285.

NEWARK TROOP
NEWARK TROOP 186
Looking for 6th – 12th grade

is looking for 6th – 12th grade boys
to join us in amazing
wilderness adventures, merit badge training,
community service, and more! Email the troop at
EvelynMarieLittle@gmail.com for more info or
join us Mondays at 7:15pm at the
First Presbyterian Church in Newark”

Garden Club Plant Sale
Age Well Senior Center, Lake Elizabeth - Wing A
Friday May 5, 2023 from 9:00am-2:00pm

Many varieties of flowers, herbs, vegetables, succulents and other plants. There will be house plants for indoor gardeners. For sale at very reasonable prices. Tips on maintaining your plants, ask the gardeners staffing the tables. Proceeds benefit garden club activities and Age Well Center activities.

Don't miss the plant sale on Friday, May 5, 2023.

Don't miss the plant sale on Friday, May 5, 2023.

**Afro-American Cultural
& Historical Society**

Sharing our culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday 5:30-7:30pm begin in October
Newark Library
37101Newark Blvd. Newark
510-793-8181
aachstricity.org

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
protecting and preserving your benefits

**Meets at Noon the 4th Friday
at Fremont's Age Well Center at Lake Elizabeth**
Come meet new and old friends,
discuss developments regarding your benefits,
share your experience and knowledge and get involved.
For info:
www.NARFE.org or 800-456-8410 (5am-2pm PT M-F)
or leave msg for Jeannie at 510-792-6237.

www.NARFE.org or 800-456-8410 (5am-2pm PT M-F)
or leave msg for Jeannie at 510-792-6237.

OPINION



WILLIAM MARSHAK

Basketball courts across the nation have become the focus for a wide swath of the population in the month of March. Dubbed “March Madness”, the annual collegiate competition for a national basketball championship is filled with anticipation, excitement, drama, exultation and despair. This month also signals a change of seasons as we emergence from long, dark winter months into warmer, spring weather. Historically, March has been a time of change and this year appears to be no exception. The excitement and frenetic activity on the hardwood is matched by

March Madness

national and international financial and political stress. In addition, problems in the banking system, while limited at this time, hopefully do not portend a more severe systemic problem. It seems that every day brings a new wave of concerns that can overwhelm if allowed to dominate personal reality.

This is not a new phenomenon, rather one that repeats over time. For example, in the time of Caesar's reign over the Roman Republic and his assassination in 44 BC., the mid-month “Ides” was the subject of Shakespeare's popularized caution to Caesar who was warned of danger during the Ides of March. Ignoring advice to avoid Senate chambers, he paid the ultimate price. His demise, however, ushered in an era of relative peace in the Roman Empire.

Currently, the ides of March remain a time of transition and uncertainty. Emerging from the shadow of the pandemic, significant economic and political challenges echo Shakespeare's warning to Caesar. Budget projections are filled with caveats that, despite a strong economy, persistent inflation and

geopolitical concerns sprinkled with missteps by several banks close to home and in foreign lands.

National debates and looming political campaigns foreshadow chaos in major political parties – we cannot dismiss the possibility of local equivalents. As with the passing of Caesar in his time, the truth of any result is in the eye of the beholder. Declaring that patterns will change is not a reliable option but supporting and setting realistic goals can provide a good chance of realizing expectations. The Ides is a good time to enjoy the madness on basketball courts but pause and examine our inventory of choices, essential for the physical and mental wellbeing of our communities.

William Marshak
PUBLISHER

Castro Valley Volleyball beats Arroyo



BY ANDREW JOSEPH

The Castro Valley Trojan boys' volleyball team holds on to second place in West Alameda County Conference (WACC) beating Arroyo 3-1 on Friday, March 17 at home in a league matchup.

“We know that these are our league rivals so we were in for a tough game, but we've been preparing for this,” said Castro Valley head coach Eric Unti. “We beat Arroyo twice last year and both times it went to the fifth set.”

The Trojans began the game strong, winning their first two sets with great timing and solid defense on their blocks. They started the first set with a seven-point rally to be up with a 18-8 lead. Arroyo went on a 4-1 run at the end of the set, but Castro Valley's effort prevailed 25-15.

In the second set the score was tied at seven, again at 10, and at 20. The Trojans made a comeback playing from behind most of the set, but scored the last four points to win 25-22 and go up 2-0 in the game.

“Other than Bishop O'Dowd this was probably our toughest match of the season,

but we fought strong,” said Trojans junior Braden Lew. “Getting out to an early lead is always our goal so we can have a little bit of cushion heading into the next set.”

Arroyo came into the third set with a visibly different focus, leading the whole time and going on a 10-5 run to end the set and finishing with two good blocks. Castro Valley's timing was off as they had three service faults and two out of bounds hits. The Trojans also had miscommunication on one play where no one was in the position to reach the ball at its destination. Arroyo won the set with authority 25-15. “Arroyo was blocking like crazy in the third set and neutralizing our hitters,” added coach Unti.

The Trojans began the fourth set up 7-2 with great serves and forcing Arroyo to call a timeout. Castro Valley never let down by going up by 10, leading 18-8 with a good hard serve. They won the set 25-19 and defeated their league opponent winning the game in four sets.

“I think we can make it to the state playoffs this year and make it far,” said Castro Valley's Lukas Winn.

Castro Valley's first of only two losses this season came on March 1 to Bishop O'Dowd, who currently holds first place in the WACC. Arroyo has lost its third straight game and is now 12-5 overall, but is 1-3 in league play as they fall to ninth place in the WACC. The Trojans' next game is Tuesday, March 21 at San Leandro. Arroyo's next game is Tuesday, March 21 at San Lorenzo.



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Children's Showcase: 'Making Music Memories'

SUBMITTED BY CAROL ZILLI

Music for Minors II (MFMI) is back!

After school and event closures, and challenges from the COVID-19 pandemic, our 501 (c)(3) nonprofit that has been keeping music in children's classrooms and lives for 35 years, rises up with another Children's Showcase! Taking place on March 25 at James Logan Center for the Performing Arts, the event will involve over 200 students from Fremont, Newark and Milpitas Unified School District elementary schools.

Excitement is in the air as students prepare for their unique performances learned in their classrooms during MFMI Docent-led music lessons. MFMI curriculum comprises singing/signing songs, rhythmic movement/dance, instrumentation and listening appreciation.

March is nationally recognized as "Music in the Schools Month." Preparing for this event celebrates musical arts and raises awareness of the need for music in the schools. February feedback from teachers includes:

- "Music supports all areas of the curriculum. Getting the beat/rhythm in their heads helps with reading fluency and math!"
- "The students learn so much, and it expands their cultural/musical knowledge. They become excited and more upbeat when it's a 'music day.'"
- "Music is very good for my special ed class. They are really enjoying learning songs on the keyboard."

Also featured at this Showcase will be our MFMI Kids Choir, consisting of 62 members. The choir meets virtually each

week for their rehearsals and then performs two in-person concerts per year.

Kids Choir member Bella Dong will be co-MC at the Showcase with MFMI Executive Director and Founder, Carol Zilli. Bella performed in Starstruck's production of Matilda, and runs her own YouTube channel "Sing With Bella."

Tickets for the MFMI Showcase must be purchased online in advance at www.musicforminors2.org.

The MFMI Showcase is the primary fundraiser for the nonprofit. All proceeds benefit the MFMI annual fall Docent Training Class. In April, MFMI will also participate in "Fremont Creates," which is part of Arts, Culture, and Creativity Month. Check the website for details on all upcoming MFMI activity.

Hope to see everyone at the theater on March 25 for an afternoon of musical fun and joy!

**MFMI Spring Concert:
'Making Music Memories'
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Joseph Paes Figueiredo

June 17, 1929- March 11, 2023

Resident of Fremont



Joe is survived by his wife of 65 years Betty, daughter Kathy, sons Robert and Kenneth, 12 grandchildren, 16 great grandchildren, Brother Manuel Figueiredo & sister Lucy Figueiredo. Proceeding him in heaven, are his parents Joao and Concepcion De Figueiredo, son Edward Figueiredo, great grandson Hunter Yapp, sister Mary Figueiredo, and brothers Tony, David & Daniel Figueiredo.

Joe worked as a plumber for local union 342, retired and worked at Home Depot in Newark. He was an Army vet in the Korean War, a dedicated member of Holy Spirit Church, and took pride in the Portuguese community being a member of Knights of Columbus, and IDES. Joe loved camping, working on cars, going on cruises and spending time with all his family. Joe loved being a Papa to his grandchildren and great grandchildren.

Joe is dearly loved by his family and miss so much already. A Memorial Mass will be held on Saturday, March 25, 12pm at Holy Spirit Catholic Church, 37588 Fremont Blvd. in Fremont. In lieu of flowers, please consider a donation to the family via Venmo: @itsamberlove.

Fremont Chapel of the Roses
510-797-1900

Manuel A Maseda



Manuel A Maseda 66 years old , of Livermore, California, passed away on 02/20/2023. Manny was born to parents George and Caridad Maseda, in New York. After a short time in New York, his family moved to the San Francisco Bay Area. Manny was raised in the small suburban city of Fremont California and later made his home in Union City California and then Livermore. He graduated from Irvington High school in 1975 and studied art at Ohlone College. Manny worked for Genuine Parts Distributors (a subsidiary of Ford) in sales for many years and then as auto body shop estimator until his death. He was known as Mr. Reliable at his place of employment. He enjoyed cars (Fords, in particular). He liked to work on them, drive them, repair them as well as attending car shows, car races and boat races. Some of his other interests included music, dancing, Oakland A's games and Oakland Raiders football. He enjoyed grilling, movies, traveling, watching favorite shows with his son and 805 Beer. But most of all Manny loved his family and friends. This is just a small piece of a beautiful life of a wonderful man. Manny is survived by his son Matthew Maseda, Daughter in-law Yessica Nuno, Granddaughter Harper, Ex-wife Jackie Peters and her family, Brother George Maseda, Sister in-law Michele and their family. He was also loved by cousins, nephews, nieces, godchildren and friends. He was especially loved by his Granddog, Chewy. A memorial service to honor his life will take place at Chapel of the Chimes in Hayward, California on Saturday March 18, 2023 from 12pm-1:30pm. All are welcome.

ASK THE DMV

Don’t count on being lucky, get your REAL ID ahead of time.

If you haven’t already upgraded your driver’s license to a REAL ID, don’t count on being lucky. Save yourself the stress and get your REAL ID ahead of the enforcement date!

Q1: How is a REAL ID different from my driver’s license?

A1: Good question! Your driver’s license is issued by the DMV; it gives you the ability to operate a motor vehicle and acts as a form of identification. A REAL ID is a federally accepted form of identification that can be used to board domestic flights nationwide and enter secure federal facilities, such as military bases, federal courthouses, and other secure federal locations. If you already have your driver’s license, make sure to upgrade to a REAL ID before the May 2025 enforcement date.

Q2: I’m ready to upgrade my driver’s license to a REAL ID, can I apply online

A2: You can start the application process online to expedite your DMV office visit at dmv.ca.gov/realid. Getting your REAL ID is as easy as 1,2,3!

1. Begin by gathering your documents, one (1) original or certified proof of identity, and two (2) different printed proofs of California residency are required. Check out the DMV’s interactive document checklist at <https://www.dmv.ca.gov/portal/driver-licenses-identification-cards/real-id/real-id-checklist/> to see what qualifies.

2. Complete the online application and upload your documents.

3. Make an appointment online to visit your local DMV office and complete your application. Be sure to bring printed copies of any documents uploaded online and bring your confirmation code to your DMV appointment.

Q3: What happens if I don’t obtain my REAL ID by the May 2025 enforcement date?

A3: Starting May 7, 2025, if you don’t have a REAL ID, you will not be able to board domestic flights using your driver’s license or identification card within the U.S. or enter secure facilities, such as military bases, and federal courthouses. Make your REAL ID your lucky charm and upgrade your license before the rush.

For more information about the DMV’s online services, visit www.dmv.ca.gov/online. Note: DMV offices are closed on weekends.

The article is distributed by the California DMV. For more information or answers to questions not listed here, visit www.dmv.ca.gov.

Laura Pessagno

April 2, 1923 - March 11, 2023

Resident of Fremont



Laura Pessagno long time Fremont resident passed away at her home peacefully just a few weeks shy of her 100th birthday.

She was one of the founders of the Washington Township Hospital Service League and an active member for 65 years. She was a loving wife, mother, grandmother and great grandmother.

Born and reared in South San Francisco she married Gene in 1940 and moved to the town of Niles which incorporated with four other towns into the City of Fremont in 1956.

Laura was preceded in her death by her husband Gene, her daughter Janet Pessagno and her brothers Aldo and Leo Padreddii. She is survived by her daughter Joan (Allen) Lopez,

grandchildren Tony (Alysa) Avila, Tim (Stacie) Avila, Gina Avila, and Ali Lopez, great-grandchildren Zachary, Katrina, Luca and Matteo Avila and Cian and Fallon Yakeley, and numerous surrogate sons, daughters, nieces and nephews.

Laura loved to cook and her risotto, minestrone soup and desserts warmed the hearts of family and friends. Laura loved to crochet and do calligraphy. She provided years of service to Washington Hospital & helped create and often volunteered at the Gene Angelo Pessagno charity golf tournament in memory of her husband.

A remembrance for Laura will be held at Berge Pappas Smith Chapel of the Angels, 40842 Fremont Blvd., Fremont, CA on Sunday, March 26, 2023 from 3 to 6 pm. A private burial will be held on Monday, March 27, 2023 at Holy Sepulchre Cemetery at 11 AM.

Please consider donations to Moreau Catholic High School, Janet Pessagno and Lopez Family Scholarship Fund, Washington Hospital Foundation, or Sister John Marie Food Pantry

NOTICE OF POTENTIAL REPURPOSE OR REIMBURSEMENT OF FUNDS DONATED TO ST. JOSEPH PARISH IN FREMONT, FOR THE “TO BUILD CHURCH” PROJECT FROM 1999-2022.

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Vladimir Vysotsky

August 8, 1973 - March 12, 2023

Resident of Fremont



Vladimir Vysotsky, age 49, passed away on March 12, 2023, of an unexpected and untimely heart problem. Vladimir was married for 28 years and is survived by his wife Nadiya, parents Vladimir and Olga, children Vladimir and Olga, and younger brother Mikhail.

He moved to Fremont at the turn of the millennium after a childhood and young adulthood spent in Kyiv, Ukraine, a city and country for which he retained great affection and loyalty. It was where he graduated from the Taras Shevchenko National University in Physics, like his father and brother, started his career as a network engineer, and met, befriended, and married Nadiya. Over the next two decades, he continued to build his career in California, quickly becoming a lead engineer and architect at Avistar and Citrix, all while supporting his wife and kids.

His last day was spent caring for his wife and sailing with his crew in the San Francisco Bay.

Sailing was only the latest of a long line of hobbies into which he threw himself wholeheartedly, never content to be anything less than an expert. He loved to be in nature and did not leave a single park within his reach unexplored. He absorbed languages, history, arts, and skills as enthusiastically as physics and engineering. His knowledge was matched only by his eagerness to share it. He will be sorely missed by all those whose lives he touched.

A Graveside Service will be held on Thursday, March 23, 12pm at Skylawn Memorial Park, Route 35 ay Highway 92, San Mateo, CA 94402.

Fremont Chapel of the Roses
510-797-1900

Randy Paul St. Pierre

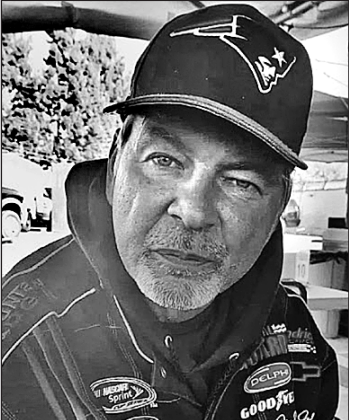
January 23, 1966 – March 12, 2023

Resident of Fremont

Randy Paul St. Pierre (best known as “Boston” or “Randini”) entered eternal life on March 12, 2023. His lively spirit is carried on by his two brothers Dale and Alan, his sister Lori, his niece Dominique, and all of the many lives touched by his kindness and generosity. He was born in Fall River, Massachusetts, deemed “Boston” by friends due to his thick, unmistakable Boston accent.

Randy was not only fearless and ambitious, but a master shingler as well. Using these skills he founded his own roofing company, all to make his late mother proud. Not only did he build the company, but he built up those around him, taught them the trade, serving as both a boss and a mentor. All who met Randy can attest to his generosity with time, money, effort, and patience.

Even when he wasn't feeling well, Randy never lost sight of what mattered most to him- others. A few days before his death, Randy insisted: “I need to get out of here, I have people to take care of.” Not a day passed when Kirby's wasn't lit by his laughter and a round of shots on him. He never expected anything in return and welcomed others with open arms. His seat



at the bar will feel strangely empty, but stories of him and his spirit will live on forever.

What did Randy teach us? All we can do is speak up, work hard, forgive, and be kind. We're all doing the best that we can. Les meilleurs parentent en premier- the best go first. And most importantly: Life is like a shot of Jäger, so take it.

You can help us celebrate Randy's life by attending the Vigil on Thursday, March 30th at 5pm at Chapel of the Angels Mortuary, 40842 Fremont Blvd, Fremont, CA. The Funeral will be held on Friday, March 31st, 11 am at St. Joseph Church, 43148 Mission Blvd, Fremont, CA, followed by a private party Randy-style at Kirby's Sports Bar at 3 pm, 42312 Fremont Blvd, Fremont, CA.

Enovix Leadership Additions

SUBMITTED BY AMANDA MARTINEZ

Enovix Corporation (Nasdaq: ENVX), an advanced silicon battery company, recently announced multiple leadership additions in key functional roles to support the company's scale-up.

Recent appointments include:

Samira Naraghi as Vice President of Product Management

Naraghi joins Enovix in a newly established role and will report to CEO Dr. Raj Talluri. She is responsible for planning and driving products and strategic programs across all organizations of the company.

Naraghi brings to Enovix over 19 years of experience leading product teams and go-to-market (“GTM”) strategies for technology leaders. Most recently, she served as global head of partnerships for Meta Connectivity. Naraghi additionally has held product and business leadership roles at multiple semiconductor companies, including Atheros Communications, Qualcomm, Rambus, and Integrated Device Technology (IDT).

Milind Patil as Vice President of Global Procurement

Patil joins Enovix from semiconductor capital equipment leader Lam Research, where he most recently served as Managing Director of Global Supply Chain, Global Operations.

Patil brings nearly 29 years of global supply management and operations management to Enovix, focused on the U.S. and Asia Pacific regions for companies spanning semiconductors, wafer fabrication equipment, printed circuit boards, lighting, optics, and electronics.

At Enovix, Patil will oversee a procurement process that spans the full stack of battery production, from raw materials to capital equipment. He will report to Chief Operating Officer Ajay Marathe.

Mani Balasubramanian as Vice President, Controller

Mani joins Enovix from Lumileds, where he has most recently served as Vice President of Finance for the Automotive Business Unit and Operations. Among his many roles, Mani led new product investment analysis, cost modeling, long-term cost reduction roadmaps and implemented processes to forecast revenue based on design wins with OEMs.

Mani has over 25 years of experience in strategy, finance, operations management, continuous improvement, and process engineering roles, primarily at Philips companies (Lumileds, Philips Lighting, Philips Broadband Networks). At Enovix, Mani will be focused on product costing, margin analysis, and directing financial planning and budgeting. He will report to Chief Financial Officer Steffen Pietzke.

Enovix
www.enovix.com

Ohlone Softball Win

BY APRIL RAMOS
PHOTO BY DON JEDLOVEC

The Ohlone Renegade softball team played Reedley College Tigers in a home game on Friday, March 17. After postponing four games in the last month due to weather, Ohlone was eager to step out of the diamond and continue their season.

Reedley Tigers started the game on a good note with two runs, but the Renegades were able to stay close behind with their own run in the first inning of the game. The Tigers managed to keep their lead as they secured two more runs in the second inning where Ohlone feel short, making the score 1-4 at the end of the second inning. It was in the fourth inning where the Renegades were able to bounce back with three runs tying the game for the first time 4-4.

The tie held up until the eighth inning when, again, the Renegades gained one more run winning the game 5-4. Ohlone is now at 6-13 overall record. The team's next game is scheduled for Tuesday, March 21 where they will face off San Jose City College.

For more information about the Ohlone Softball's games and stats visit www.ohloneathletics.com.



PUBLIC NOTICES

Notices Regarding Production of Groundwater
Public Hearing for Proposed Replenishment Assessment Increase

A public hearing on the replenishment assessment for Fiscal Year (FY) 2023/24 will be held at 6:00 P.M. on Tuesday, April 11, 2023. Members of the public may participate in this meeting either in person at the District office at 43885 South Grimmer Boulevard, Fremont, or via webinar <https://us02web.zoom.us/j/83359856504?pwd=ZkxPUGVhVWVhbnVNTlRlRmFzZUJlYjY3ZkZzO09> (passcode: 438204), or by calling any of the following phone numbers: 1-669-900-9128 or 1-346-248-7799 or 1-301-715-8592 followed by 833 5985 6504.

Alameda County Water District (ACWD) staff is proposing a 4.9% increase in the replenishment assessment rate for groundwater pumped or extracted for purposes other than agricultural and municipal recreation, effective July 1, 2023. This would change the rate from \$513 to \$538 per acre-foot of groundwater extracted. Only property owners with a well, well owners, and operators of wells (or other groundwater extraction facilities) within the ACWD-managed Niles Cone Groundwater Basin would be affected by this proposed rate increase. It does not apply to the rates and charges for water served to residences and businesses by ACWD's distribution system. The basis for the proposed 4.9% increase is set forth in the 2023 Survey Report on Groundwater Conditions (Survey Report) and Resolution 23-013, which are available for review at the ACWD Headquarters. They can also be found on-line by doing the following steps:

- To access the Survey report:
1. Visit us at: <https://www.acwd.org/>
2. At the top, click on "Services"
3. In the list on the left side, click on "Groundwater Resources"
4. Click on "Groundwater Management"
5. Click on "Annual Survey Report on Groundwater Conditions"
6. Click on "Annual Survey Report"

Revenue from the replenishment assessment helps ACWD offset its costs to replenish and maintain groundwater supplies for the benefit of the users of the groundwater basin. In recent years, ACWD has made substantial upgrades and repairs to aging recharge facilities to render them in compliance with the Endangered Species Act. Although grant funding has helped offset the cost of these projects, an increase in the replenishment assessment rate is necessary to help pay for remaining work, invest in long-term water storage and supply initiatives, and pay for other necessary upcoming capital costs identified in the Capital Improvement Program for the groundwater basin. The water storage and supply initiatives are critical to ensure reliability of sources of groundwater replenishment for the long-term as each of ACWD's sources is subject to future uncertainties related to climate change and regulatory and environmental pressures. You are invited to attend the public hearing, to be heard in support of or opposition of the proposed increased replenishment assessment, the Survey Report, or the Board determination in Resolution No. 23-013 that a replenishment assessment is required. In addition, if you wish to comment on, or protest, the proposed replenishment assessment rate increase, you may submit a written comment, or protest, by mail or online to:

Alameda County Water District
Attn: Proposed Groundwater RA Rate Increase Protest
By Mail: P.O. Box 5110, Fremont, CA 94537-5110
By Drop Box - 43885 South Grimmer Boulevard, Fremont, CA 94538
Online: <https://www.acwd.org/raprotest>

For all protests, please be sure to include your name, daytime phone number (for protest verification), and the address of the property where the well is located. Written comments or protests, including online, must be received by ACWD by 5:00 PM on April 11, 2023. If providing a protest during the public hearing, you will be asked to provide the information above for protest verification, and ACWD will document that information as a written protest. Under state law, there is a 120-day statute of limitations for challenging any new, increased, or extended fee or charge.

Extension of Deadline of Metering Low Producing Groundwater Production Facilities

On February 9, 2023, the Board of Directors of the Alameda County Water District, adopted Resolution No. 23-014 which extended the deadline to install water measuring devices (flow totalizers) on groundwater-producing facilities (e.g., wells), located within the jurisdiction of Alameda County Water District, and which produce such low volumes of water that the cost of metering would not be justified by the replenishment assessment revenue that would be generated within a reasonable period of time. The new deadline is March 12, 2024. For more information, contact ACWD at 510-668-4469.

CNSB #3679181

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSAL: SAID PUBLIC HEARING WILL BE HELD AT 6:30 P.M. ON THURSDAY, APRIL 6, 2023, AT THE CITY OF FREMONT, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

THE OLD SCHOOL - MILLS ACT APPLICATION - 43551 Mission Boulevard - PL N2023-00129 - To consider an application before the Historical Architectural Review Board (HARB) for a Mills Act Historical Property Contract basis, pursuant to CEQA (former Mission Elementary School and City Hall), located at 43551 Mission Boulevard in the Mission San Jose Community Plan Area; and to consider exemptions for the project from the requirements of the California Environmental Quality Act (CEQA), each on a separate and independent basis, as provided in CEQA Guidelines §15061 (Review for Exemption), §15183 (Projects Consistent with a Community Plan, General Plan, or Zoning), and §15378 (Project).

Project Planner - Mayank Patel, (510) 494-4450, mpatel@cfremont.gov

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

WAYLAND LI SECRETARY
HISTORICAL ARCHITECTURAL REVIEW BOARD



CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 23CV028655
Superior Court of California, County of ALAMEDA
Petition of: SELENA RAI for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner SELENA RAI filed a petition with this court for a decree changing names as follows:
SELENA RAI to SELENA KAUR RAI
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 04/18/2023, Time: 9:30AM, Dept.: 14, Room: XXX
The address of the court is 1221 OAK ST., OAKLAND, CA 94612
(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. Find your court's website, go to www.courts.ca.gov/find-my-court.htm.)
A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: MAR 06 2023
CHARLES A SMILEY
Judge of the Superior Court
3/14, 3/21, 3/28, 4/4/23

CNS-3678630#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 596205
Fictitious Business Name(s):
UNION CITY BIKE PARK ADVOCATES, 5208 DAVIS ST, UNION CITY, CA 94587 County of ALAMEDA
Registrant(s):
ROBERT SINGER, 5208 DAVIS ST, UNION CITY, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ROBERT SINGER
This statement was filed with the County Clerk of Alameda County on 03/10/2023.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/21, 3/28, 4/4, 4/11, 4/25, 5/2/23

CNS-3681189#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 595995
Fictitious Business Name(s):
GM DESIGNS, 122 WENDY CT, UNION CITY, CA 94587 County of ALAMEDA
Registrant(s):
JORGE F MARTINEZ JR, 122 WENDY CT, UNION CITY, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 03/03/2023.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ JORGE F MARTINEZ JR,
This statement was filed with the County Clerk of Alameda County on 03/03/2023.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/21, 3/28, 4/4, 4/11/23

CNS-3680464#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 596110
Fictitious Business Name(s):
SHUN FOOK HERBALIST CONSULTANTS, 1926 GROVE WAY, CASTRO VALLEY, CA 94546, County of ALAMEDA
Registrant(s):
HO WAH TSAN, 1926 GROVE WAY, CASTRO VALLEY, CA 94546
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 2008
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ HO WAH TSAN
This statement was filed with the County Clerk of Alameda County on 03/07/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/21, 3/28, 4/4, 4/11/23

CNS-3679619#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 596070
Fictitious Business Name(s):
PIONEER INVESTMENT COMPANY, 320 YAMPA WAY, FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
PAUL B THOTTUNGAL, 43055 OLIVE COMMON, FREMONT, CA 94539
SOSAMMA JOHN, 320 YAMPA WAY, FREMONT, CA 94539
BOBAN C JOHN, 2009 ORO DR, FREMONT, CA 94539
THOMAS GEORGE, 40876 SUNDALE DR., FREMONT, CA 94538
JAMES VARGHESE, 79 BENMORE DR., HAYWARD, CA 94542
KOSHY JOHN, 32655 RED MAPLE ST., UNION CITY, CA 94587
SUSEY JOSEPH, 32233 JEAN DR., UNION CITY, CA 94587
RAJU MATHAI, 384 ALOHA DR., SAN LEANDRO, CA 94578
Business conducted by: A GENERAL PARTNERSHIP
The registrant began to transact business using the fictitious business name(s) listed above on 06/11/2996
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ PAUL B THOTTUNGAL
This statement was filed with the County Clerk of Alameda County on 03/06/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/14, 3/21, 3/28, 4/4/23

CNS-3679143#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 596006
Fictitious Business Name(s):
SIYAASHREE, 1425 STONE PINE TER APT 209, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):
RAJAN JHA, 1425 STONE PINE TER APT 209, FREMONT, CA 94536, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 10/22/2022
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ RAJAN JHA
This statement was filed with the County Clerk of Alameda County on 03/03/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ MOHAMMED JAVEED

This statement was filed with the County Clerk of Alameda County on 02/22/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/7, 3/14, 3/21, 3/28/23

CNS-3675613#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 595678
Fictitious Business Name(s):
GLOBAL SHIP N PRINT, 30679 UNION CITY BLVD, UNION CITY, CA 94587, County of ALAMEDA
Registrant(s):
BIRAJ B SHAH, 33478 BARDOLPH CIR, FREMONT, CA 94555
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ BIRAJ B SHAH
This statement was filed with the County Clerk of Alameda County on 02/21/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/23

CNS-3674257#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 595673
Fictitious Business Name(s):
ACAREPLUS / CWA, 24438 SANTA CLARA ST UNIT 57102, HAYWARD, CA 94544, County of ALAMEDA
Registrant(s):
CHRIST'S WORLD FELLOWSHIP ASSEMBLY, 24438 SANTA CLARA ST UNIT 57102, HAYWARD, CA 94544, County of ALAMEDA
Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on 09/14/2020
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ROME S ENZON
This statement was filed with the County Clerk of Alameda County on 02/21/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/23

CNS-3674240#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 594780
Fictitious Business Name(s):
NUMARITECH, 38660 HASTINGS STREET APT D102, FREMONT, CA 94536 County of ALAMEDA
Registrant(s):
YAPING HOU, 38660 HASTINGS STREET APT D102, FREMONT, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 12/15/2022.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ YAPING HOU,
This statement was filed with the County Clerk of Alameda County on 01/17/2023.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/28, 3/7, 3/14, 3/21/23

CNS-3673902#

GOVERNMENT

PLANNING COMMISSION OF THE CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Planning Commission of the City of Union City will hold a public hearing on the following matters:
Station East Mixed Use Residential Project - Development Agreement Amendment
The applicant, The Station East Owner, LLC, is seeking a Development Agreement Amendment (ADA-23-001) to the Development Agreement (DA-20-001) approved by Ordinance No. 886-21 adopted on June 22, 2021 to: 1) adjust the number of housing units from a maximum of 974 to 894 units and corresponding adjustments to affordable housing requirements and Planning Area unit counts, 2) clarify obligations related to the Master Homeowners' Association and Community Facilities District, 3) adjust the provisions under which an Operating Memorandum can permit minor changes, 4) updates to exhibits for consistency with the Tentative Map Amendment (ATM-23-001), and 5) other minor adjustments.
Station East Mixed Use Residential Project - Tentative Map Amendment
The applicant, The Station East Owner, LLC, is seeking a Tentative Map Amendment (ATM-23-001) to Tentative Tract Map 8251 (TTM-20-001) approved by Resolution No. 5777-21 on June 8, 2021, to amend the size and configuration of Neighborhood Park C within Planning Areas 9 and 10, and to amend the size and type of street dedication, extension of "L" Street adjacent to Planning Area 9
Station East Mixed Use Residential Project - Planning Area 4: (APN:087-0021-005-02 (portion); SD-22-003
The applicant, The Station East Owner, LLC, is seeking a Development Review (SD-22-003) approval for Planning Area 4 to construct 50 townhouse style 3-story condominiums on 7.11 acres in six 4-story buildings located in the Station East Mixed Use Residential Development between the extensions of 8th Street and 9th Street, south of Decoto Road and east of the PG&E Substation (APN 087-0021-005-02 portion), including a portion of the former Air guide site within the Station East Mixed Use Residential (SEMU-R) Zoning District.
Station East Mixed Use Residential Project - Planning Area 9/10: (APN:087-0023-013-02 (portion); SD-22-004
The applicant, The Station East Owner, LLC, is seeking a Development Review (SD-22-004) approval for Planning Areas 9 and 10 to construct 78 condominiums on 1.42 acres in four 4-story buildings located in the Station East Mixed Use Residential Development on the west side of the future extension of 9th Street, north of Bradford Way within the Station East Mixed Use Residential (SEMU-R) Zoning District.

NOTICES ALSO GIVEN that pursuant to California Environmental Quality Act (CEQA)

Guidelines Section 15164, an Addendum has been prepared to the Environmental Impact Report (EIR) entitled "Station East Residential Mixed-Use Project" (SCH# 2020039032), dated April 2021 and certified by the City Council on June 8, 2021. The Addendum affirms the proposed changes in the project are within the scope of the EIR.

This item will be heard at a public hearing by the Planning Commission at the meeting listed below. Comments may be submitted in writing prior to the hearing or at the hearing consistent with the Teleconference Guidelines. The project planner, Leslie Carmichael, can be reached at (510)-675-5319 or via email at LeslieC@unioncity.org.

PLANNING COMMISSION MEETING

Thursday, April 6, 2023
Said hearing will be held at 7:00 p.m.
City Hall-Council Chamber,
34009 Alvarado Niles Road
Union City, CA 94587
and Via Teleconference

The Planning Commission meeting packet and instructions on how to virtually attend the meeting and provide your comments can be found at <https://www.unioncity.org/199/City-Meetings-Video>.

Meeting packets which include the meeting agenda and staff report are generally available online the Friday before the meeting. If you challenge the above-described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing, or in written correspondence delivered to the Planning Commission or the City Council at, or prior to, the public hearing.

CARMELA CAMPBELL, AICP
Economic & Community Development Director
3/21/23

CNS-3681782#

CITY OF FREMONT
PUBLIC NOTICE

In accordance with California Civil Code 2080.1-2080.3 the Fremont Police Department has unclaimed money in the amount of \$6,000.00.

To file a claim for these funds, you may contact the Fremont Police Department by calling 510-790-6920. A party of interest may file a claim with the Fremont Police Department, which must include the claimant's name, address, amount of claim, the grounds on which the claim is founded, and any other information that may be required by the Fremont Police Department. **Your claim must be made within fourteen days of this publication.** Failure to file your claim will result in those funds being transferred to a government account, and you will no longer have a claim in this money.
3/21/23

CNS-3681547#

CITY OF FREMONT
PUBLIC NOTICE OF A PUBLIC HEARING

The City Council of the City of Fremont hereby gives notice, in accordance with its Resolutions of Intention (shown below), that the City Council will conduct a public hearing to consider the levy and collection of annual assessments for the 2023/24 fiscal year for Fremont Landscaping Assessment District 88.

RESOLUTION STATING THE INTENT TO LEVY AND COLLECT ASSESSMENTS FOR LANDSCAPING ASSESSMENT DISTRICT 88 FOR FISCAL YEAR 2023/24

(Pursuant to the Landscaping and Lighting Act of 1972 and Proposition 218)
The City Council of the City of Fremont Resolves:
1. The City Council intends to levy and collect the current assessments within Fremont Landscaping Assessment District 88 for the fiscal year 2023/24. The District is located in the City of Fremont, Alameda County.

2. The improvements are generally described as follows: Maintenance of landscaping strips and open space areas including trees, shrubs, ground cover, and automatic irrigation systems generally extending from the curb to the property line.
3. In accordance with the City Council's resolution ordering the preparation and filing of an Engineer's Report, Harris and Associates has filed with the City Clerk, an annual report required by the Landscaping and Lighting Act of 1972 and Proposition 218 respectively. All interested persons are referred to those reports for a full and detailed description of the improvements, the boundaries of the assessment district and the proposed assessments upon assessable lots and parcels of land within the assessment district.
4. On Tuesday, the 9th day of May 2023, at the hour of 7:00 o'clock P.M., the City Council will conduct a public hearing and then take action regarding the annual Engineer's Report and levying assessments for Fiscal Year 2023/24. The public hearing will be held in the Fremont City Council Chambers, 3300 Capitol Avenue, Fremont, California.
5. The City Clerk is authorized and directed to give the notice of public meeting and public hearing required by the Landscaping and Lighting Act of 1972 and Proposition 218.
For additional information or to review the report email afreeman@fremont.gov
3/21/23

CNS-3680753#

SAFE ROUTES TO SCHOOL IMPROVEMENTS
PROJECT NO. 1280

The City Council of the City of Newark invites sealed bids for the construction of public improvements for Safe Routes to School Improvements, Project 1280, City of Newark, Alameda County, California.

Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. The envelope shall be sealed in the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. Sealed bids must be delivered to the City Clerk of the City of Newark at 37101 Newark Boulevard, Second Floor Administration Office, Newark, California 94560, before 11:00 a.m. on Tuesday April 11, 2023. At that time, all bids will be publicly opened, examined and declared in the City Council Chambers at 37101 Newark Boulevard W. Smith City Hall, 37101 Newark Boulevard, First Floor.

To attend the bid opening by web browser, please use the Zoom link below for video and audio: From a PC, Mac, iPad, iPhone or Android device: <https://us06web.zoom.us/j/88654943010>
Or One mobile: US +16694449171,,88654943010# or +16699006833,88654943010#
Or Telephone: Dial (for higher quality, dial a number based on your current location):
US: +1 669 444 9171 or +1 669 900 6833 or +1 346 248 7799 or +1 719 359 4580 or +1 253 205 3468 or +1 253 215 8782 or +1 360 209 5623 or +1 386 347 5053 or +1 807 473 4847 or +1 584 217 2000 or +1 646 931 3860 or +1 689 278 1000 or +1 929 205 6099 or +1 301 715 8592 or +1 305 224 1968 or +1 309 205 3325 or +1 312 626 6799
Webinar ID: 886 5494 3010

City of Newark and applicable Smith City Hall is currently open during limited hours only Monday through Thursday, 8:00 a.m. to 2:00 p.m. The City will continue to comply with the Centers for Disease Control and Prevention (CDC), Occupational Safety and Health Administration (OSHA), and local health agencies to provide a safe workplace for City staff and customers. In the event of a new or updated COVID-19 Health Order is issued preventing the delivery or opening of bids as prescribed above in this Notice to Contractors, alternative provisions will be made for bid submittals at the same time and location. Any such provisions will be made available to all plan holders with an Addendum.

The improvements are generally described as follows:
Removing existing curb ramps; installing new ADA-compliant curb ramps with detectable warning surfaces; removing and installing new pavement legends, traffic striping, and markings; installing green bike lane markings; installing roadside signs; and application of delineators at Schilling Elementary School and Newark Junior High School.

The City reserves the right to increase or decrease the work quantity from the project, if necessary, to stay within funding limitations at the sole discretion of the City Engineer. It is the City's intent to award the contract for this work on May 11, 2023.

Plans and Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Mrs. Helen Gordon at (510) 576-4452 or by e-mail to helen.gordon@newark.org. All technical questions should be directed to Mrs. Alycia Reyes, Junior Engineer, at (510) 789-7684 or by e-mail to alysia.reyes@newark.org. No pre-bid meeting is scheduled for this project. However, Bidders are strongly urged to visit the job site before submitting bids. Submission of a bid shall be considered as an acknowledgement of site investigation.

The Contractor shall possess a valid Class A Contractor's License and a valid California Contractors license at the time of the bid opening. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are

CNS-3674667#

Park It: Wildflower Walks

BY NED MACKAY

The wildflower season is starting, and one of the best places for viewing the blooms is Sunol Wilderness Regional Preserve in southern Alameda County.

With that in mind, Sunol’s naturalist staff has scheduled a series of wildflower walks. The first one is from 10:00 a.m. to 11:30 a.m. on Saturday, March 25. The next is at the same time on Sunday, March 26. The hikes are free of charge, intended for ages four and older, with adult participation required. To join in, sign up at the Sunol Visitor Center the morning of the hike. Attendance is on a first-come, first-served basis.

Trails and hike capacity will vary each day. Wear weather-appropriate clothing, sun protection, and closed-toe shoes. Bring drinking water. Sunol Wilderness is at the end of Geary Road off Calaveras Road, about five miles south of I-680 and the town of Sunol. There’s a parking fee of \$5 per vehicle. For information, call (510) 544-3245.

Note that Geary Road has been closed periodically due to landslides. So, before you go, check ebparks.org/alerts-closures to be sure the park is open and the program is on. It’s a good idea to do this for every Regional Park you wish to visit or program you wish to join.

There will also be a naturalist-led wildflower walk from 9 a.m. to 11 a.m. on Saturday, March 25 at Thurgood Marshall Regional Park in Concord. This program is free too, but requires advance registration. For registration and information, call (888) 327-2757 and select option 2.

There are few signs remaining that one of Contra Costa’s most populous mining communities once thrived in what is now Black Diamond Mines Regional Preserve in Antioch. Through historic photos, maps and clues on the ground, naturalist Katie Garchar will bring the town of Somersville back to life during a program from 2 p.m. to 3 p.m. on Saturday, March 25 at Black Diamond Mines.

The program is drop-in and free of charge. Heavy rain may cancel the program. Meet Katie in the park’s uppermost parking lot at the end of Somersville Road, 3½ miles south of Highway 4. For information, call (510) 544-2750.

Birds of Briones Regional Park near Martinez are the focus of a walk from 9 a.m. to 12 noon on Monday, March 27, with naturalist Anthony Fisher. The program is free and no registration is required. All levels of bird-watching skill are welcome.

Meet Fisher at the park’s Old Briones Road staging area. Old Briones Road leads up the hill from Alhambra Valley Road, about 100 yards west of the intersection with Reliez Valley Road. For information and directions, call Tilden Nature Area at (510) 544-2233.

“Duck, Duck, Goose!” is the theme of Family Nature Fun Hour from 1:30 p.m. to 2:30 p.m. on Saturday, March 25 at the Doug Siden Visitor Center at Crab Cove in Alameda. It’s all about fun with our feathered friends. The program repeats at the same time on Sunday, March 26.

And in celebration of Women’s History Month, naturalist Susan Ramos will host a program from 2 p.m. to 3 p.m. on Saturday, March 25 at the Elsie Roemer Bird Sanctuary at Crown Beach in Alameda. During a short walk along the edge of the bay, learn how Sylvia McLaughlin, Kay Kerr and Esther Gulick formed Save the Bay. Also find out who were Elsie Roemer and Junea Kelly. Bring your binoculars or borrow a pair from Ramos.

Both programs are drop-in and free of charge. The visitor center is at 1252 McKay Ave. off Alameda’s Central Avenue. The marsh observation platform is at the intersection of Park Street and Shoreline Drive. For information on either program, call (510) 544-3187.

The Park District and Regional Parks Foundation have presented State Assembly member Rebecca Bauer-Kahan with the District’s 2022 Radke Championing Advocacy Award, in recognition of her

years of support for the Park District in Sacramento. She was instrumental in securing \$4 million in the 2019-20 state budget for restoration at McCosker Creek in Robert Sibley Volcanic Regional Preserve in Orinda. She also secured \$3.5 million in the 2021-22 state budget for wildfire protection equipment.

The award is named for late Park District Board member Ted Radke, the longest-serving board member in the District’s history.

Learn more about the Park District’s history of land preservation at the premier of the film documentary, “The Long Game: How Robert Doyle Shaped the East Bay.” The documentary will be premiered at a Save Mount Diablo program from 5:30 to 7:30 p.m. on Thursday, March 23, at the Lafayette Veterans Memorial Center.

Doyle is a retired Park District general manager and a founding member of Save Mount Diablo. The program also honors two recently retired, long-term Park District elected board members: Beverly Lane and Ayn Wieskamp. All three have been active for many years in preserving East Bay open space for public enjoyment and wildlife habitat. To obtain tickets, visit bit.ly/ebprd2.

These are just a few of the activities planned in coming days in the Regional Parks. For the complete calendar, visit www.ebparks.org/things-to-do.

continued from page 1

Spring Bicycling Fun—sign up for Primavera!



Photo by Carl La Rue

Cyclists on the longer routes will enjoy the verdant scenery as a result of this winter’s rains as they bike from Fremont, past Calaveras’ now-full reservoir, through verdant hills with abundant wildflowers,

and for the 90 and 100-mile routes, to Livermore vineyards. What better way to re-invigorate your exercise plan than setting your sights on riding this beautiful bicycle route?

Volunteers are there to help you along the way with well-signed routes, food and drink at multiple rest stops along the route, professional bicycle mechanics, a post-ride meal and party at the end, medals for kids, and support vehicles that patrol the course during the event to help with mechanical or other issues. The volunteers can help you with most anything -- except the actual pedaling!

Cyclists and families who prefer a more relaxed, shorter and flat ride can register for the Fun Ride, a 25-mile scenic ride through Fremont’s Coyote Hills Park. “Bicycling the Primavera event is a family tradition” says Mike Kelly who has participated for many years with his son. “Last year we had three generations. The family hero was my teenage grandson. Although he bikes a lot, it’s normally not on a traditional road bicycle. With his father, the three of us rode all the way from Fremont to Sunol over the Calaveras hill summit! While it was a challenge for my grandson, both other riders and Primavera volunteers encouraged all of us through the ride and to the finish.”

Registration is open now; Advanced registration is required. To register and learn more, visit ffbc.org/primavera.

The Fun Ride is mostly flat, so most bicycles should suffice. Class 1 and 3 (pedal-assisted) e-bikes are welcome on the Century rides, but not on the Fun ride due to restrictions imposed by East Bay Regional Park District for Coyote Hills Park. FFBC encourages participants looking to purchase a bicycle for the first time to support local bike shops in Fremont and the tri-valley area who are sponsors for the event.

FFBC is also looking for volunteers to help out on the day of the event. Volunteers receive a free t-shirt with a commemorative 2023 design by a local artist and all the beverages and snacks they want! Go to the Volunteers link at ffbc.org/primavera to sign up.

Fremont Freewheelers Bicycle Club has been in existence for over 50 years as a non-profit organization dedicated to promote the enjoyment of safe cycling. The club has regularly scheduled rides in the tri-city area and often ventures outside of Alameda County to enjoy the entire bay area while getting exercise and being environmentally-friendly. The club’s adjunct competitive cycling organization, Team Fremont, races competitively throughout Northern California.

Proceeds from Primavera not only support FFBC’s operations, but also benefit local nonprofits. Past recipients have included Bike East Bay, Abode Services Sunrise Village Emergency Shelter, Sunol Glen School, Niles Canyon Railway, Good Karma Bikes and BORG Adaptive Cycling.

Primavera Century
Sunday, Apr 23
Century Start: 6:30 a.m.
Fun Ride Start: 10 a.m.
Start at Mission San Jose High School
41717 Palm Ave., Fremont
ffbc.org/primavera
Tickets: \$100 Century, Fun Ride \$40 adults / \$20 kids under 16

Rapid Robotics and Universal Robots team up to accelerate cobot deployments

THE ROBOT REPORT

BY MIKE OITZMAN

Rapid Robotics and Universal Robots (UR) recently announced a new partnership. UR, a Danish company that makes collaborative robots (cobots), will supply Rapid Robotics with collaborative robot arms so that it can set up cobot work cells all over North America. This means that Rapid Robotics will be able to serve more customers and keep the quick deployment times that customers have come to expect, even as Rapid Robotics continues to grow across the country.

“As the number of unfilled, critical manufacturing roles increases and global economic uncertainty continues to impact supply chains, more and more North American manufacturers are turning to automation,” said Jordan Kretchmer, CEO and Co-Founder of Rapid Robotics. “This collaboration with UR helps us deploy more cobots,

with a wider variety of capabilities, at a faster rate, ultimately helping manufacturers of all shapes and sizes manage and even thrive through the adversity they are facing.”

Rapid Robotics is integrated with and can use any cobot from the UR product line. This makes it possible to add new functions like palletizing, box building and packing, and tasks that need a heavier payload or longer reach. Rapid Robotics will also be able to build work cells and choose peripheral equipment with more freedom.

Together, Rapid Robotics and UR also speed up cobot deployments in new ways. UR’s two-week ship program is one of the fastest in the industry, and Rapid Robotics’ powerful mix of state-of-the-art AI, advanced vision systems, and a unique software stack means robots can be up and running in customer facilities in a matter of weeks instead of the usual months to years.

“Universal Robots has spent the last decade in North America focused on freeing up more manpower by automating a wide range of human-scale tasks with easy-to-deploy cobots,” says Bryan Bird, Universal Robots’ Regional Sales President. “We’re excited to work with Rapid Robotics in a partnership that will enable us to break down more automation barriers, deploying a robotic workforce to address those jobs manufacturers simply can’t staff.”

In 2022, UR brought in \$326 million, a 5% increase in annual revenue from 2021 and a 12% growth on a

constant currency basis. UR is part of the robotics division at Teradyne and delivered \$85 million in sales in Q4 2022, down from \$97 million in Q4 2021.

A big change for both new and old Rapid Robotics customers is that there are now more ways and things that can be automated. Existing customers who want to grow their businesses or fill open positions for machine operators can automate even more of their lines with UR’s cobots, which have new features. Rapid Robotics’ expanded product line makes automation easier and faster to start for new customers than ever before.

Mike Oitzman is Editor of WTW’s Robotics Group and founder of the Mobile Robot Guide. He can be reached at moitzman@wtwhmedia.com.



A UR cobot performs a place operation. Credit: Universal Robots

CASTRO VALLEY				TOTAL SALES: 3			
Highest \$: 1,385,000		Median \$: 1,150,000					
Lowest \$: 830,000		Average \$: 1,121,667					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
17370 Robey Dr	94546	830,000	3	1307	1948	2/10/23	
5771 Cold Water Dr	94552	1,150,000	3	1764	1967	2/09/23	
6012 Mount Olympus Dr	94552	1,385,000	4	2520	1991	2/10/23	
FREMONT				TOTAL SALES: 10			
Highest \$: 1,865,000		Median \$: 1,425,000					
Lowest \$: 570,000		Average \$: 1,227,300					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
39139 Argonaut Way #107	94538	570,000	1	1221	1974	2/07/23	
42111 Osgood Rd #322	94539	666,000	-	-	-	2/07/23	
46794 Winema Cmm #13	94539	669,000	2	897	1985	2/08/23	
40430 Davis Street	94538	798,000	3	950	1955	2/06/23	
1088 Bonner Ave	94536	1,350,000	4	1565	1963	2/10/23	
4839 Sterling Drive	94536	1,500,000	3	1132	1953	2/09/23	
35842 Salvador Ct	94536	1,520,000	4	1630	1965	2/09/23	
34303 Kenwood Dr	94555	1,580,000	3	1524	1989	2/09/23	
42344 Greenbrier Park Dr	94538	1,755,000	4	2158	1963	2/10/23	
43139 Calle Sagrada	94539	1,865,000	4	2374	2019	2/06/23	
HAYWARD				TOTAL SALES: 16			
Highest \$: 1,790,000		Median \$: 842,500					
Lowest \$: 400,000		Average \$: 968,125					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
359 Westchester St	94544	400,000	3	1233	1956	2/06/23	
725 Auburn Pl #115	94544	450,000	2	1000	1980	2/10/23	
1280 Stanhope Ln #242	94545	498,000	2	1007	1989	2/10/23	
1414 Roosevelt Ave	94544	785,000	3	1210	1955	2/09/23	
22250 Main Street	94541	800,000	3	1444	1930	2/08/23	
2164 Grove Way	94546	820,000	3	1222	1948	2/09/23	
27913 Tampa Ave	94544	835,000	3	1276	1954	2/09/23	
1157 Huron Lane	94545	840,000	3	1276	1957	2/10/23	
1083 Citron Way	94545	845,000	3	1164	1959	2/07/23	
24428 Marie Drive	94542	890,000	5	1638	1948	2/10/23	
2102 Jubilee Drive	94541	1,001,000	3	1692	2017	2/06/23	
399 Berry Avenue	94544	1,060,000	4	2063	1960	2/09/23	
442 A Street	94541	1,450,000	3	2460	1924	2/07/23	
28620 Fox Hollow Dr	94542	1,475,000	4	2962	1994	2/07/23	
24987 Fairview Ave	94542	1,551,000	4	2238	1900	2/08/23	
29836 Cantera Drive	94544	1,790,000	4	3150	2017	2/07/23	
MILPITAS				TOTAL SALES: 3			
Highest \$: 1,325,000		Median \$: 800,000					
Lowest \$: 750,000		Average \$: 958,333					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1101 South Main St #427	95035	750,000	2	977	2007	2/09/23	

25 Terfidia Lane	95035	800,000	3	1428	1989	2/08/23	
472 Coelho Court	95035	1,325,000	3	1497	1964	2/06/23	
NEWARK TOTAL SALES: 6							
Highest \$: 1,375,000		Median \$: 1,157,750					
Lowest \$: 899,000		Average \$: 1,119,917					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
39876 Sawyer Ter	94560	899,000	2	1486	2017	2/06/23	
6130 Tourraine Dr	94560	950,000	3	1100	1959	2/08/23	
37922 Goldenrod Dr	94560	1,155,000	4	1391	1969	2/10/23	
6593 Flanders Dr	94560	1,160,500	4	1386	1962	2/07/23	
5840 Crespi Way	94560	1,180,000	4	1902	2015	2/10/23	
6321 Marguerite Dr	94560	1,375,000	5	2095	1963	2/06/23	
SAN LEANDRO TOTAL SALES: 7							
Highest \$: 862,000		Median \$: 745,000					
Lowest \$: 550,000		Average \$: 743,857					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
13754 Jib Rd	94577	550,000	2	1062	1978	2/10/23	
1436 Pacific Ave	94577	730,000	3	1011	1943	2/10/23	
15330 Inverness St	94579	745,000	3	1115	1955	2/06/23	
1212 Ottawa Ave	94579	745,000	3	1081	1951	2/07/23	
2049 Orchard Ave	94577	750,000	3	1456	1951	2/06/23	
1513 142nd Ave	94578	825,000	3	1336	1941	2/08/23	
763 Maud Ave	94577	862,000	2	1174	1924	2/08/23	
SAN LORENZO TOTAL SALES: 1							
Highest \$: 770,000		Median \$: 770,000					
Lowest \$: 770,000		Average \$: 770,000					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
17525 Via Primero	94580	770,000	3	1000	1944	2/06/23	
UNION CITY TOTAL SALES: 6							
Highest \$: 1,665,000		Median \$: 973,000					
Lowest \$: 650,000		Average \$: 1,049,333					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
4432 Viejo Way	94587	650,000	3	1155	1970	2/09/23	
31301 San Andreas Dr	94587	835,000	2	1195	1969	2/10/23	
2475 Ascot Way	94587	956,000	4	1489	1968	2/07/23	
33897 Depot Rd	94587	990,000	3	1626	1993	2/10/23	
4459 Queen Anne Dr	94587	1,200,000	3	1120	1970	2/08/23	
2986 Mallorca Way	94587	1,665,000	4	2410	1994	2/10/23	

Home Sales Report

Newark Unified School District

March 2, 2023

Report On Closed Session

- The Board took action to not re-elect certificated employee ID#s 4417 4333 effective at the end of the 2022-23 school year. Passed 4-0.

Other Business

- The Board unanimously approved the purchase of 1,845 new Chromebooks

Consent Agenda

- Personnel report
- Field Trip: Curricular, overnight trip for KennedyElementary fifth grade class to travel to Alliance Redwoods

- Contracts and purchase orders authorized under Resolution 2020.21-025 (Delegate authority to procure necessary materials, equipment and services to provide distance and/or in-person learning for staff, teachers, and students to mitigate the effects of Covid-19)

- Member resignation (Richard Watters)
- Member reappointment (Cary Knoop)

President Nancy Thomas	Aye
Bowen Zhang	Absent
Katherine Jones	Aye
Aiden Hill	Aye
Phuong Nguyen	Aye

Alameda County Water District Board

March 9, 2023

General Manager’s Report

- Drought update: local and state reservoir conditions are improving; precipitation outlook is positive; water supply remains stable, but still awaiting final tabulation numbers. ACWD customers are continuing to meet 15% water conservation goals.
- As part of Groundwater Awareness Week, staff provided an educational program for 7th grade students in Newark Unified School District.

Public Comment

- Disappointment was voiced that the Board is not reviewing the drought surcharge following recent wet storms.

Action Items

- Resolution that repairs to groundwater recharge facilities damaged by winter storms are exempt from California Environmental Quality Act, and approving the project. Motion approved 3-1 (Gunther absent; Weed abstained)
- Resolution to award a contract for Alameda Reservoir Roof Replacement Project. Motion approved 4-1 (Sethy abstained)
- Authorize construction, management and inspection services for Alameda Reservoir Roof Replacement Project. Motioned approved 4-1 (Sethy abstained)
- Authorize an agreement to participate in the Regional Purified Water Pilot Project Phase 2, Public Outreach and Grant Funding Opportunities. Motion approved 4-1 (Weed nay)

Consent Calendar

- Resolution honoring Ramon Gonzalez upon his retirement from ACWD
- Amend the professional services agreement for engineering and environmental services for the Vallecitos Channel Maintenance Project and emergency repairs project damages caused by winter storms
- Authorize an agreement for supply and delivery of water conservation kits
- Adopt Alameda County Water District Hazard Mitigation Plan
- Nominate John H. Weed to Executive Committee of the Association of California Water Agencies Joint Powers Insurance Authority
- Amendment the professional services agreement for engineering and environmental services for Alameda Reservoir Roof Replacement and Decoto Reservoir Improvements Projects
- Approve revised fire hydrant meter charges, updating the ACWD rate and fee schedule
- Award a contract for the Distribution Programmable Logic Controller Upgrade Project, Phase 3
- Designate an alternate director (Jonathan Wunderlich) to represent Alameda County Water District on the Delta Conveyance Finance Authority Board of Directors.

President Paul Sethy	Aye
John Weed	Aye
Aziz Akbari	Aye
James Gunther	Aye
Judy Huang	Aye

Hayward Unified School District

March 8, 2023

Consent Calendar

- Appointments, changes of status, waivers, retirements, leaves of absence, and terminations
- January 2023 warrants and \$10K summary
- Legal services agreement
- Approve Memorandums of Understanding: California College Guidance Initiative (CCGI) (Educational Services) and Silicon Valley Education Foundation (Student and Family Services)
- Approve contracts: First Alarm Health and Safety (Educational Services); McGrath RentCorp DBA Mobile Modular (Business Services) and Restorative Coaching Amendment (Educational Services)
- Measure H contracts: Landmark Construction; FE Controls Corp, and; Construction Testing Services

President Peter Bufete	Aye
April Oquenda	Aye
Clerk Ramos	Aye
Ken Rawdon	Absent
Sara Prada	Aye

East Bay Municipal Utility District

March 14, 2023

Other Business

- Conduct a discussion regarding the district’s trench soils management program and receive a staff presentation on the district’s trench soils management program, including an update on the proposed Quarry Site Restoration Project on Lake Chabot Road in Alameda County: A vote to terminate the project failed.
- ### Consent Calendar
- Authorize a lease with California State Lands Commission for a 20-year period with an effective date of March 1, 2023, to allow for the continued use of two district facilities in Lockeford, San Joaquin County, used to monitor and communicate stream flow data.
 - Adopt the 2023 East Bay Municipal Utility District Local Hazard Mitigation Plan.

President Andy Katz	Aye
Lesa McIntosh	Aye
John Coleman	Aye
Marguerite Young	Aye
Doug Linney	Aye
William Patterson	Aye
April Chan	Aye

New fire chief appointed in Fremont

SUBMITTED BY CITY OF FREMONT

Zoraida Diaz, an experienced leader in the fire service field, has been appointed the next Chief of the Fremont Fire Department.

In a March 14 announcement, Fremont City Manager Karena Shackelford said Diaz will start her new role April 7. Diaz will be the ninth fire chief in Fremont's history and the highest-ranking woman in the fire department's history.

Diaz joined the department in February 2021 as a Deputy Chief, after serving with the City of Oakland for 18 years. While there, Diaz established her career in fire service and was promoted through the ranks to Assistant Fire Chief. Prior to that, she was a social worker for 15 years.

Currently, Diaz is Deputy Chief of Operations in Fremont where she has been responsible for a variety of complex work programs. She also has helped to create

working relationships within the fire department, and with partnering organizations such as local law enforcement and private ambulance agencies.

"I am pleased to announce Zoraida Diaz as Fremont's next Fire Chief," Shackelford said. "Zoraida will be an integral part of our city's executive management team and is committed to building upon a legacy of excellence and leadership and is aligned with the city's highest priorities."

Maintaining service to the community is important to Diaz. "I look forward to leading the Fremont Fire Department and its ongoing legacy as industry leaders regarding best practices, and we will continue to identify and implement innovative procedures to best serve the Fremont community."

Diaz attended the State University of New York at Albany where she earned a Bachelor of Arts in Psychology with a minor in Spanish and a Master of Science in Rehabilitation Counseling. A badge-pinning ceremony will be scheduled at a later date.



Zoraida Diaz

Newark Police Log

SUBMITTED BY CAPTAIN JONATHAN ARGUELLO

- Sunday, February 12**
- At 1:29 a.m. officers stopped a 54-year-old Newark man in the 35000 block of Newark Blvd. The man was uncooperative with the officer's investigation. He was ultimately arrested on suspicion of possessing a controlled substance for sale and obstructing a police officer. He was booked into Santa Rita Jail.
- Monday, February 13**
- At 1:03 p.m. Officer Kapu investigated a report of a hit and run vehicle collision on the 39000 block of Cedar Blvd. A 33-year-old Newark man was found nearby and arrested on suspicion of hit and run. He was booked into Santa Rita Jail.
 - At 12:00 midnight Officers Adami and Herrera made a traffic enforcement stop on the 7000 block of Thornton Ave. Inside was a 28-year-old woman and a 59-year-old man, both of Hayward. Both were arrested on suspicion of possessing drug paraphernalia and controlled substances. The woman was booked at Santa Rita Jail; the man was cited and released.
- Friday, February 17**
- At 3:00 p.m. Officer Nobbe investigated a report about an assault with a deadly weapon (not a firearm) in the 5000 block of Mowry Ave. Incident is under investigation.

- Sunday, February 19**
- At 4:19 p.m. Officer Frentescu investigated a grab and run theft worth \$20,000 of merchandise in the 200 block of NewPark Mall Road.
- Wednesday, February 22**
- At 8:38 a.m. Officer Johnson located a stolen vehicle in the 5000 block of Cedar Court. While investigating, Johnson stopped and later arrested a 33-year-old man and a 29-year-old woman, both from Fremont, on suspicion of possessing a stolen vehicle, burglary tools and drug paraphernalia. The woman was booked at Santa Rita Jail; the man was cited and released.
- Friday, February 24**
- At 9:23 p.m. Officer Slavazza responded to a report about threats being made in the area of Chapman Drive and Lake Boulevard. Upon arrival, Slavazza arrested a 26-year-old man on suspicion of making criminal threats. While enroute to Santa Rita Jail, the man started to thrash and kick about in the backseat. Additional officers responded to assist. The man was additionally charged with delaying the duties of a peace officer.
- Saturday, February 25**
- At 5:06 p.m. Officer Kapu responded to a report about suspicious activity in the 35000 block of Newark Blvd. Kapu arrested a 25-year-old man on suspicion of possessing drug paraphernalia. He was booked at Santa Rita Jail.

DUI checkpoint nets three arrests

SUBMITTED BY SGT. TASHA DECOSTA, HAYWARD PD

Three drivers were arrested on suspicion of DUI during a March 3 checkpoint conducted by Hayward Police Department at Foothill Boulevard and City Center Drive in Hayward. Additionally, 44 drivers were cited for operating a vehicle while unlicensed or with a suspended license.

The checkpoint started at 8 p.m. and continued until 2 a.m. the next day with officers contacting 588 vehicles. HPD officials said checkpoint locations are determined based on a history of crashes and DUI arrests. They added that the primary purpose of checkpoints is not to make arrests, but to promote public safety by taking suspected impaired drivers off the roads.

Another DUI checkpoint is planned for August 25 at an undisclosed location in Hayward. Funding for checkpoints is provided by a grant from California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

- Thursday, March 16**
- At about 10:35 p.m. officers responded to several 911 calls about a vehicle colliding into a house on the 15100 block of Edgemore St. Officers, along with the Alameda County Fire Department, arrived and found the driver still inside the vehicle. The driver was taken to a trauma hospital for medical treatment. The house was unoccupied and there were no other injuries. Police are asking anyone who witnessed the collision to call Traffic Investigator Officer Daryl Pasut at (510) 577-3208 or send an email to DJPasut@sanleandro.org.

Tri-City police to showcase military equipment

STAFF REPORT

To comply with state legislation requiring law enforcement agencies to show or share information with the public about what military equipment they own, police in Fremont, Newark and Union City are inviting local residents to have a look and share their thoughts.

California Assembly Bill 481, enacted in 2022, requires law enforcement agencies to obtain approval of governing bodies (mayor and city council) for this equipment. It also requires adopting a military equipment use policy for funding, acquisition and use of the equipment and sharing information about it annually with the public.

Tri-City residents can learn more about military equipment

- used in the area at three public sessions:
- Fremont: Police will showcase their equipment from 5 p.m. to 6 p.m. Wednesday, March 29 in the Fremont Police Department parking lot at 2000 Stevenson Blvd.
 - Newark: Police will offer the public an up-close look at their equipment from 5 p.m. to 6 p.m. Tuesday, April 4 in the Newark Police Department parking lot at 37077 Newark Blvd.
 - Union City: Police will give a presentation and discussion about its use of military equipment during the regular Union City Council meeting at 7 p.m. Tuesday, March 28 at City Hall, 34009 Alvarado-Niles Road.

In each case, local police and local government officials will be available to answer questions. Additionally, each Tri-City area police department has posted their military equipment use policy on their respective webpages.

The full text of AB 481 is posted online at: <https://bit.ly/3yLr3px>

Milpitas City Council

March 7, 2023

Community Services and Sustainable Infrastructure

- Received a presentation on the options for expanding the pilot Street Sweeping Program, and supported staff's recommendation to perform additional survey work and return to the Mayor and City Council to discuss next steps following completion of the surveys.

Consent Calendar

- Authorize the license agreement between the City of Milpitas and Crown Castle Fiber LLC for the installation of Small Cell Facilities on municipal facilities
- Accept Alviso adobe renovation
- Initiate proceedings for the annual levy and collection of assessments and preparation of the annual Engineer's Report for Landscaping and Lighting Maintenance Assessment District No. 95-1 (McCarthy Ranch), and District No. 98-1 (Sinclair Horizon)

- Accept the completed public improvements for the Lantana Apartments Residential Project
- Amend the Memorandum of Understanding (MOU) for the Santa Clara Valley Urban Runoff Pollution Prevention Program which will allow for a five year extension.
- Approve the addition of a second City Council Liaison to the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW) Task Force, and approve the Mayor's appointment of Vice Mayor Evelyn Chua as the second City Council Liaison to the CEDAW Task Force
- Adopt a resolution for termination of the proclamation of Local Emergency regarding COVID-19

Mayor Carmen Montano	Aye
Evelyn Chua	Aye
Gary Barbadillo	Aye
Hon Lien	Aye
Anthony Phan	Aye

Milpitas Fire Department

SUBMITTED BY MILPITAS FIRE DEPARTMENT

Milpitas Fire Department is proud to announce the appointment of Deputy Fire Chief Jason Schoonover to the position of Fire Chief. Chief Schoonover has over 20 years of experience in the fire service. We are happy to have him on board to lead the department and help grow the next generation of public safety teams that are essential to our community. Congratulations, Chief Schoonover!



Homicide Investigation

SUBMITTED BY UNION CITY
POLICE DEPARTMENT

On March13, at about 10:58 a.m., Union City PD officers were dispatched to the railroad tracks near the 33300 block of Central Avenue regarding a possible dead body. Upon arrival, Officers found an unconscious male, suffering from various injuries. He was later pronounced deceased. The identity of the male has not yet been determined, but appeared to be in his mid-30's.

Union City PD Detectives have identified Brandon Kong, a white adult male as a person of interest. Brandon Kong is described to be 5'11", 230 lbs., with black hair and brown eyes. Brandon Kong is known to frequent the Union City/Hayward area. If you see him or have any information on his whereabouts, please contact the Union City Police Department at (510) 471-1365.

This remains an active investigation and Union City Police Department is requesting

that anyone who has information about this incident to please leave a voicemail at (510) 675-5207, or email tips@unioncity.org.



Brandon Kong – "Person of Interest"

Milpitas Police Log

SUBMITTED BY MILPITAS PD

Tuesday, February 28

At 7:46 p.m. officers responded to a report of an assault on the 1000 block of Hillview Court. Officers arrived and eventually arrested a 32-year-old Milpitas resident. During the arrest, the suspect kicked an officer several times, but did not injure the officer. The suspect was booked into jail and faces charges of battery on a police officer, resisting arrest, and assault and battery.

Saturday, March 4

At 2:54 p.m. officers responded to a report about an assault with a knife on the 1600 block of Dennis Ave. Upon arrival, officers found the

victim who was quickly taken to a hospital with non-life-threatening injuries. The suspect, a 21-year-old Milpitas resident, initially refused to exit their residence. After numerous attempts to de-escalate the incident, and with the assistance of the Santa Clara County Mobile Crisis Unit, the suspect complied and was taken into custody. The suspect was arrested and booked into jail on charges of assault with a deadly weapon and domestic violence.

Saturday, March 11

At 11:26 a.m. officers responded to a disturbance report on the 1400 block of Falcon Dr. The suspect, a 42-year-old San Jose resident, stole merchandise from a store at the Great Mall and brandished a knife at loss prevention officers while trying to leave. No one was injured and the store officers detained the suspect until police arrived. The suspect was arrested and booked into jail on a charge of assault with a deadly weapon and theft-related charges.

Union City accepting applications for Vacant Fireworks Sales Permit

SUBMITTED BY CITY OF UNION CITY

The City of Union City is accepting eligibility pre-applications from local nonprofit organizations to fill one vacant Fireworks Sales Permit. Pursuant to the Municipal Code, eligible nonprofit organizations must apply for and be issued a permit from the city for the sale of State-approved fireworks, also known as "Safe and Sane Fireworks".

Vacant permits shall be filled by an impartial drawing supervised by the Permit Administrator if the number of new applicants exceeds the number of vacancies. Interested parties are required to submit a pre-application form to qualify for the drawing. The selected organization will be in first position to receive the permit and will need to

complete and submit a full permit application by May 1, 2023, to secure the permit.

Before submitting a pre-application and full permit application, nonprofits will need to work with a fireworks distributor/vendor to secure a stand location, State fireworks sales permit, product, and satisfy other requirements that are specific to the vendor. Please contact a fireworks vendor prior to submitting a pre-application.

For eligibility requirements and the form please visit unioncity.org/fireworksapp. To qualify for the drawing, please submit the pre-application form with all requested documents to fireworks@unioncity.org no later than Friday, March 31, 2023, 5 p.m.

Please contact the Permit Administrator at fireworks@unioncity.org if you have any questions.

Wanted: Students with community spirit

SUBMITTED BY CITY OF HAYWARD

Applications are being accepted from students who would like to serve on the Hayward Youth Commission.

Candidates should be students who are eager to represent the interests, needs and concerns of young people in the Hayward community. Youth Commission members also provide input about issues that affect youth to elected officials in the City of Hayward, Hayward Area Recreation and Park District, and Hayward Unified School District.

Youth Commissioner responsibilities include attending meetings at 6:30 p.m. the second Monday of every month from September to June at Hayward City Hall, 777 B St. Students also work on various special projects that address current issues in Hayward.

To qualify for the commission, students must meet several criteria:

- Be between 13 and 20 years old at the time of appointment.
- Live in the City of Hayward or within the boundaries of Hayward Unified School District.
- Applicants younger than 18 must have parent/legal guardian consent to participate and need to complete a Parent Agreement and Contact Information form.

The deadline to submit an application is Friday, May 19. Applicants will be notified by email when an interview time is confirmed. Applications and forms are available online at www.hayward-ca.gov/hyc. For questions, send an email to the City Clerk's office at cityclerk@hayward-ca.gov or call (510) 583-4400.

LETTER TO THE EDITOR

An additional traffic lane is needed on Grimmer Boulevard

For 20+ years I have driven through Paseo Padre Parkway onto Grimmer Boulevard five days a week. And once you make a right or left turn heading to Grimmer Boulevard, it has two lanes, one for each direction, both with heavy traffic.

Just look at the unused land on the right-hand side being ignored presumably for years. I don't know the reason. This small portion of unused land has enough space to construct an additional asphalt road in order to reduce peak-hour congestion and facilitate drivers.

I ask the mayor of Fremont and the City Council to inspect the location that I cited above and direct the city traffic/planning department to work on the feasibility of the project. And I guarantee with the construction of an additional lane, drivers would be benefitted.

Zafar Yousufzai
Fremont

Union City Police Log

SUBMITTED BY UNION CITY PD

Wednesday, March 15

At about 7:41 a.m. officers responded to a disturbance report at Starbucks, 33115 Mission Blvd. Upon arrival, officers were approached by a male acting aggressively and showing erratic behavior. When the male walked away, officers confirmed with Starbucks staff members no crime had occurred. Later, at about 8:11 a.m., officers saw a collision between a motor vehicle and pedestrian on Mission Boulevard, south of Starbucks. The pedestrian was the same male officers encountered at Starbucks. He was in the roadway and suffering from significant injuries. He was taken to a hospital and later reported in critical, but stable condition. The driver of the vehicle stayed at the scene and cooperated with investigators. An investigation is continuing. Anyone with information is asked to contact Traffic Officer Silva at (510) 675-5222. Information also can be left anonymously at (510) 675-5207 or online at Tips@unioncity.org.

BART Police Log

SUBMITTED BY BART PD AND LES MENSINGER

Monday, March 13

At 11:39 a.m. a woman identified by police as Jennifer Torres, 25, of Berkeley was arrested at Milpitas station on suspicion battery on an officer. She was booked at Santa Clara County Main Jail.

At 7:52 p.m. a man identified by police as Osiris Rojas, 26, of Kensington was stopped at Milpitas station on suspicion of fare evasion. A record check showed a warrant. He was arrested and booked into Santa Clara County Main Jail.

Tuesday, March 14

At 12:35 p.m. a community service officer at Warm Springs/South Fremont station administered one dose of NARCAN to an unresponsive male who appeared to be suffering from an apparent drug overdose. Medical personnel responded, but the male declined further medical treatment.

Wednesday, March 15

At 6:26 p.m. a man identified by police as Kevin Tobie, 37, of San Francisco was stopped at San Leandro station on suspicion of fare evasion. A record check showed two warrants. He was arrested and booked into Santa Rita Jail.

California 'Teacher of the Year' accused of child sex abuse

ASSOCIATED PRESS

A onetime Teacher of the Year at a Southern California school pleaded not guilty March 13 to multiple child sex abuse charges involving a former student, prosecutors said.

Jacqueline Ma, a 34-year-old teacher at Lincoln Acres Elementary in National City near San Diego, was arrested in early March.

Detectives began investigating after a mother reported suspicions that her 13- year-old was in an inappropriate relationship with a former teacher, according to the National City Police Department. Police did not release details of the investigation because the alleged victim is a minor.

Ma pleaded not guilty to 15 criminal counts, including lewd acts upon a child and contact of minor with intent to commit a sexual offense, the San Diego County District Attorney's Office said.

The Los Angeles Times reported National School District Superintendent Leighangela Brady said at a school board meeting March 8 that the community was trying to process the "unthinkable situation."

Ma taught in the district since 2013 and had a bachelor's degree in biology and a master's in education, both from UC San Diego, according to her Teacher of the Year profile in the San Diego Union Tribune. The award was announced last year by the San Diego County Office of Education.

Ma was held without bail. A bail review hearing was scheduled for March 16.

CHP Log

SUBMITTED BY CHP HAYWARD

Monday, March 13

Early morning heavy rains resulted in flooding on I-880 freeway near the Thornton Avenue exit in Fremont. Caltrans closed northbound and southbound lanes and CHP directed traffic to detours. The lanes opened that evening after mud and debris was removed.

Fremont City Council March 7, 2023

Consent Calendar

Second reading and adoption of an ordinance amending Fremont Municipal Code Title 6 Section 6.05.010, adding sections 6.10.140 and repealing section 6.40.040 (Animals Ordinance)

Extend agreement between the City and Alameda County Fire Department for Regional Emergency Communication Center and fire dispatch services

Mayor Lily Mei	Aye
Raj Salwan	Aye
Teresa Cox	Aye
Yang Shao	Aye
Teresa Keng	Aye
Jenny Kassan	Aye
Desrie Campbell	Aye



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continued from page 1

People with Purpose Gala

like boho boutiques with private fitting rooms for patients to meet with specialists.

The need hasn't changed. Fernandez Steckler says, "One in eight women will get breast cancer in their lifetime. There are so many of us that have either gone through breast cancer, know someone, or are supporting someone who is struggling with it."

For the past three years, even cancer has felt almost banal next to the ever-pervasive risk of COVID-19. But previous health conditions don't care that they aren't newsworthy. Fernandez

small nonprofit. The "People with Purpose Gala" honors the volunteers, donors, and grantors who sustain the organization. Among them is Washington Hospital, who has donated the Fremont space for 15 years. Other HERS Award Recipients are community partner Fremont Firefighters; breast care specialist Mimi Poon, MD; and volunteer Doug Florence. During the presentations, event co-chair Kirsten Litz, will share a patient story, leading into fund-a-need.

"I have set kind of a lofty fundraising goal," says Fernandez Steckler. "It's \$200,000."



Steckler is proud that the HERS Fremont location stayed open. "We never shut down, which is a big deal, because even though surgery slowed and some patients had to postpone their mammograms, so there weren't as many cases being detected, people were still being diagnosed during the pandemic and they still needed surgery. So, we were here for them. We're really proud of that."

To safely serve their often-immunocompromised patients, "We got creative; we started mailing products to patients so they wouldn't have to come back in. If they didn't have major changes to their body shape, we were able to fill the same size."

Now HERS Fremont continues to follow precautions set by host location Washington Hospital. "We wear masks to protect ourselves and our patients. And they're required here at the hospital...If it's not Covid, it's RSV or the flu. There's lots going around still." All staff members are vaccinated.

On April 8, 2023, HERS will celebrate their work not only over the past three challenging years, but all 25—a big milestone for a

In addition to the ticket sales, the gala raises funds via silent auction baskets, live auction, and games throughout the evening. For example, guests can enter "heads or tails" with the purchase of a \$20 fan: The person who calls a coin toss the most times in a row will win a pair of 2nd Gen Air Pods Pro. During the fund-a-need call for donations, there will be a special anniversary option. "Because it's our 25th anniversary we're going to encourage everybody to raise their paddle for at least \$25."

The dress code is "pink tie" because guests are encouraged to dress in the Breast Cancer Awareness color. In addition, "Because it's our 25th anniversary, the traditional color is silver. So, folks are going to be wearing pink and silver. Our décor provided by the venue is going to be a lot of silver."

There will be some guests who were there when HERS got started. "We have one of the founders coming. Her name is Tisha McMann. She'll be attending with her wife; they're coming down from Washington State, so that will be lovely."

Hopefully the Gala will just be the prelude to a year of uplifting



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A Division of the Human Services Department



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City of Fremont Human Services Department
3300 Capitol Ave | Building B | Fremont CA 94538
city.fremont.gov/afs



SPRING INTO STEAM
Science, Technology, Engineering, Arts, & Math
EVENT

Wednesday, March 29 • 4:00 p.m. - 8:00 p.m.
DOWNTOWN EVENT CENTER | 3500 CAPITOL AVE FREMONT, CA
ACTIVITIES | FUSD SCIENCE FAIR SHOWCASE | FOOD TRUCKS

SPONSORED BY:

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- City of Fremont - Recreation
- After School Academy
- Play-Well TEKnologies
- Mad Science of the Bay Area
- Code For Fun
- Bay Coding Club
- Math Science Nucleus

- City of Fremont - Transportation Engineering
- Safe Moves City
- Ohlone College - BioTechnology Dept.
- Fremont Library
- Banter Bookshop
- Ink & Metal - FTC Team 5773
- Future - FTC Team 14473
- Bay Area Community Health
- Martin & the Green Guitar



If you are a qualified person with a disability and you need accommodation to participate, contact Recreation Services at (510) 494-4300 at least two (2) working days in advance.

and successful events. HERS plans to have a booth at Fremont Street Eats during the summer, ahead of their second big fundraiser, the Walk/Run/Yoga at Quarry Lakes on September 30. And Breast Cancer Awareness month in October is a time of fundraising with local organizations and making presentations on breast cancer prevention and the services HERS offers.

Breast cancer can be painted with a broad pink brush: too common to be interesting, but "only" afflicting "older" women. The associated rosy paraphernalia can make the disease seem oddly twee. But let's rethink pink. Must medical care be stark and white? Is healing only about fixing our

organs, or should it also be about our comfort, identity, and confidence?

Fernandez Steckler says, "We've had patients who have disrobed and they don't want to look in the mirror. It's too much for them. Our breast care specialists meet the patient where they are."

She continues, "One of our biggest strengths and what helps attract patients and donors to us, and keeps past patients returning, is the emotional support that we are able to provide, which happens between breast care specialists and patients during the fitting process and the assessment. Whether it's a patient

coming to us for the first time, or their 10th visit... We have patients come in and say they wouldn't go anywhere else."

People with Purpose Gala
Saturday, Apr 8
6 p.m.: Check in and outdoor reception
7 p.m.: Dinner served
7:30 p.m.: Awards presentations, live auction, fund-a-need

Casa Bella Event Center
11984 Main St., Sunol
Tickets: \$150 per person; \$1,350 table of ten
(510) 790-1911
hersbreastcancerfoundation.org