



Comedy is
no Joke

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Gronk commits
\$1 million to
Anivive for
valley fever
vaccines!

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Summer Music
Program for
Bay Area
Young
musicians—
it's free!

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Hayward 4th grader becomes 49ers reporter

BY ANDREW JOSEPH
PHOTOS COURTESY OF ELIJAH DURANA

Elijah Durana is a 9-year-old fourth grade student at St. Bede Catholic School in Hayward and the next rising star as a kid reporter for the San Francisco 49ers.

Ever since he can remember, Elijah has always loved sports, including football and basketball as an avid 49ers and Warriors fan. Elijah's love for sports comes from always watching the games on TV with his dad. Elijah has been making podcast videos since 2020 and posting them on his YouTube, Facebook, and Instagram accounts.

His father's friend found a job opening with the 49ers for a kid reporter and asked Elijah if he would like to apply. With the help of his aunt they filmed, edited, and sent an audition video in the summer of 2021 to apply for the position. Elijah landed the job with his charming personality and wittiness about 49ers football.

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The show must go on...with puppets!

BY DAVID R. NEWMAN

It's opening night. People from all walks of life gather outside the theatre, giggling in hushed anticipation. They fill the seats and look over the program. As showtime approaches, the director walks on stage to give a brief speech, to audience applause. The lights dim, music begins to play, and everyone settles in, ready to experience a story that might change their lives.

Many feel that there is nothing as emotionally powerful as live theatre. While the cost to see a professional production can be prohibitive, a local production put on by volunteers can be just as stirring. Welcome to the world of Community Theatre!

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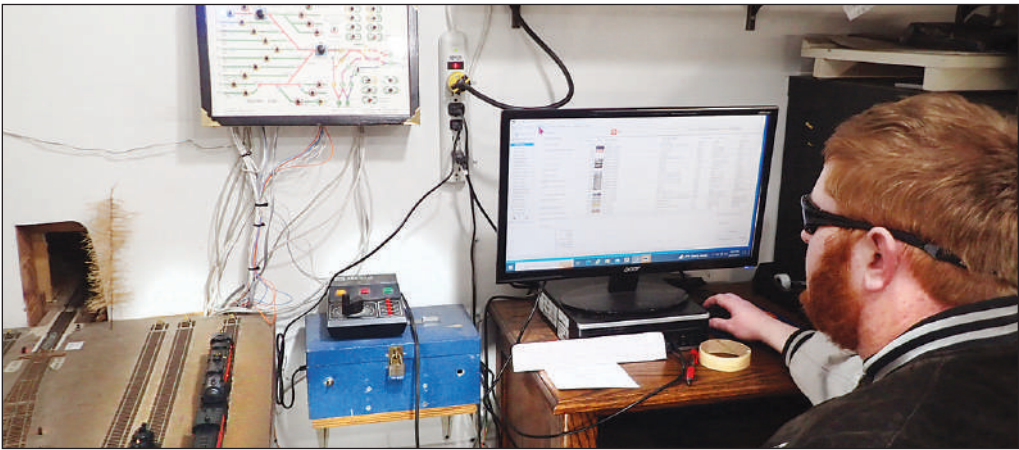
Multiple layers of HO gauge train layouts, including the largest helix train elevator in the country.

All aboard for model train heaven

BY ROB KLINDT

For many East Bay model train enthusiasts, all tracks lead to San Leandro. The city is home to one of the area's largest clubs dedicated to the hobby, and members regularly meet and share their railroading passion in a historic train depot near downtown.

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Digital Command Control system for indoor trains

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Help and Hope for People with Lymphedema

March Is Lymphedema Awareness Month

The lymphatic system plays a crucial role in your body's immune system. Lymph glands, or "nodes," produce lymphocytes, a type of white blood cell that recognizes foreign substances in the body such as bacteria, viruses and protein wastes. The clear, watery lymph fluid containing these lymphocytes circulates throughout the body via the lymphatic system of vessels and nodes to remove these substances from body tissues.

But sometimes the lymphatic system doesn't function properly if the lymph vessels or nodes are deformed due to genetic factors or impacted by surgery, radiation, scar tissue, infection or trauma. In these cases, the lymph fluid accumulates in soft tissues just under the skin in parts of the body and causes painful swelling, most often in the arms or legs, but occasionally in other parts of the body such as the head, neck, torso or genitals.

Director of Washington Hospital Rehabilitation Services Christy Casey,

OTR/L, explains that there are two basic types of lymphedema. "Primary lymphedema is when a person is born with a deficient lymphatic system — even though the symptoms may not show up until later in life," she notes. "Primary lymphedema tends to run in families.

"Secondary lymphedema can be caused by surgery to remove lymph nodes, such as in the groin, underarm or pelvis; by radiation to the groin, underarm, pelvis or neck; or by scar tissue resulting from surgery or radiation in the lymphatic ducts, veins or under the collarbone," she continues. "It also can be due to cancer with lymph node involvement in the pelvis, underarm, chest, neck or abdomen, as well as tumors that involve or put pressure on the lymphatic vessels or the large lymphatic ducts."

Treatment

The outpatient Lymphedema Clinic at Washington Hospital is one of a handful of health care providers in the Bay Area

that provides specialized treatment for lymphedema. Opened in 2005, the Lymphedema Clinic currently is staffed by two physical therapists that are certified as lymphedema therapists by the Lymphology Association of North America (LANA) – Jina Kim, DPT, CLT-LANA; and Susan Yi, MPT, CLT-LANA.

A registered/licensed occupational therapist, Casey encourages patients to check the credentials of therapists offering lymphedema treatments. "Our lymphedema therapists have completed extensive training in providing lymphedema care," she explains. "Certification assures that a therapist has the proper training."

Early treatment of lymphedema is essential, and patients must manage their condition throughout their lifetimes.

Treatments provided by the Lymphedema Clinic might include:

- Instructions for daily skin care to ensure there are no breaks in the skin.

- Manual lymph drainage massage to redirect the lymph fluid back up to the heart where it is pumped to the kidneys to filter out wastes.
- Application of compression bandages or garments around the affected extremities to prevent fluid from reaccumulating.
- Therapeutic exercises to help move the lymph fluid throughout the body.

Importance of Education

"Our therapists offer extensive patient education, since their goal is to teach patients to manage the condition themselves," Casey says. "For example, the therapists teach patients how to perform their own manual lymph draining, which is a light form of massage. Our therapists also work with medical professionals to increase awareness of lymphedema." They provide information about proper diet and nutrition to support the immune system, since both obesity and diabetes can increase the risk of lymphedema and jeopardize the effectiveness of treatment.

To obtain treatment at the Lymphedema Clinic, patients must get a referral from their physician and then call 510.818.6758 to schedule an appointment. They also may need authorization from their health insurance provider before treatment begins. Clinic staff can help confirm insurance coverage.

In addition to working directly with patients and health care providers, the Lymphedema Clinic offers a Lymphedema Education class for anyone who is interested in learning more about the lymphatic system and lymphedema. The class is held on the second Tuesday of the month from 1:30 to 2:30 p.m. in the Women's Center conference room at 2500 Mowry Ave. For details, contact the Lymphedema Department at 510.818.6758.

For additional resources or information about the causes, symptoms and treatment of lymphedema, visit the Washington Hospital website at whhs.com/Lymphedema.

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Breathe Easy: Managing Asthma

Asthma attacks bring fear and sometimes panic. You can't catch your breath and for a moment, don't know if you need emergency assistance. Ryan Croft, respiratory therapist, helps you identify your asthma triggers, control symptoms, and understand when you need medical attention.



Heart Attack? We're Here for You

The cardiology team at Washington Hospital hopes you never need them, but if you do, they're prepared. Watch this video to better understand the emergency treatment for patients with heart-related events.



Shoulder Pain: Causes and Treatment Plans

Medical Director of Washington Sports Medicine and orthopedic surgeon, Russell Nord, MD, explains reasons for shoulder pain and treatment options for each type of condition.



Robotic-assisted Knee Replacement Thursday, March 16, 3:30 p.m.

The award-winning Institute for Joint Restoration and Research at Washington Hospital continues to offer the latest technology to benefit our community members. Dr. Bryant Bonner will present the benefits of the VELYS™ Robotic-assisted Solution knee replacement procedure.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.



Mood and Anxiety Disorders: Breaking the Stigma Wednesday, March 22, 12 p.m.

Teens and young adults increasingly struggle with mood and anxiety disorders. Fear of being treated differently or losing a job can result in a hesitancy to seek help. Dr. Neeru Kumar will discuss what can be done to reduce the stigma of mental illness.

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
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Santa Cruz Man Kiteboards, Skis After Hip Replacement Surgeries

Minimally Invasive Technique Offers Shorter Recovery Times



Quinn McLaughlin has always been active – he is an avid kiteboarder, mountain biker, and skier – so when his hips started to fail him, he knew hip replacement surgery was probably in his future. What he didn't count on was being able to kiteboard just four weeks after surgery.

“The hip surgery has definitely improved my life,” said Quinn, who lives in Santa Cruz and serves as chief technology officer for a tech startup. “My job keeps me busy and so do my boys, who are 5 and 7. Not having working hips was really not an option.”

Quinn, who will soon turn 53 years of age, had hip surgery at Washington Hospital's Institute for Joint Restoration and Research (IJRR), which specializes in minimally invasive knee, hip and shoulder restoration and replacement surgeries. The state-of-the-art facility offers comprehensive joint care with a highly skilled, multidisciplinary team of physicians, nurses, therapists and physician assistants.

The surgery was performed by Dr. John Dearborn, an orthopedic surgeon and medical co-director of the IJRR. He is an early pioneer in minimally invasive hip and knee replacement surgeries.

Quinn started looking for an orthopedic surgeon in the summer of 2020. His hips hurt when he went kiteboarding and he was having a hard time dancing, another activity he enjoys.

“I was modifying the way I danced because I had trouble going down to the floor and getting back up,” he added. “After the surgeries, the range of motion in my hips was actually better than ever. It was really noticeable when I started dancing again.”

Quinn said he found out that his hips were actually misshapen, so he had lived with less range of motion without knowing it. He had no idea because he had nothing to compare it with until he had the hip surgeries. Quinn had also broken his leg about 20 years ago, and one was shorter than the other; now they are the same length. “I threw out the lifts for my shoes,” he said. “It was a real gamechanger.”

Both Hips

Quinn underwent his first hip replacement procedure in December 2020, followed by surgery on his other hip six weeks later. Both hips had deteriorated to the point of needing to be replaced, he said.

With both surgeries, he was able to go home the same day. This type of minimally invasive hip replacements typically have shorter hospital stays and quicker recovery times than traditional hip replacement surgeries.

Only a handful of hip replacement surgeons in the U.S. specialize in this procedure. “I received exceptional care,” Quinn shared. “Dr. Dearborn is an excellent surgeon.”

Quinn did physical therapy beyond what was recommended because he wanted to get back to his active lifestyle without anything holding him back.

“I did Pilates PT to really take it to the next level, and I'm glad I did,” he explained. “It was very helpful for

getting back to the higher level of performance that was necessary for me.”

Now Quinn can take part in the activities he enjoys and keep up with his two young sons.

“I was born and raised in Santa Cruz – it's a good place to be active,” he said. “Most days I'm outside doing something, and my hips are going strong. I would definitely recommend Dr. Dearborn and Washington Hospital. The care I received was worth the drive.”

For more information about Washington Hospital's Institute for Joint Restoration and Research, visit www.whhs.com/Hip-Knee.



After dual hip replacements, Quinn McLaughlin is back to his extremely active lifestyle.



Virtual Health & Wellness

 facebook.com/WashingtonHosp
 youtube.com/whhsInHealth

**Wednesday, March 22
12 p.m.**

Mood and Anxiety Disorders: Breaking the Stigma

Teens and young adults increasingly struggle with mood and anxiety disorders. Fear of being treated differently or losing a job can result in a hesitancy to seek help. Dr. Neeru Kumar will discuss what can be done to reduce the stigma of mental illness.



Neeru Kumar, MD
Behavioral Health

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SUBMITTED BY MISSION PEAK CHAMBER SINGERS

Mission Peak Chamber Singers' spring concert will be held on Saturday, March 11. By tradition, we like to give our audiences something to laugh about in March, and this concert is no exception. "Let Them Eat Cake" will feature sweet and saucy songs of frivolity and indulgence and showcase solo and group performances by members of the choir. Bring your sweet tooth -- cake will be served!

Let Them Eat Cake!
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Tickets \$15 to \$45, online and at the door
<https://www.chambersingers.org/>

Sulphur Creek Nature Center



BY STAFF
PHOTO COURTESY OF HARD

Nestled amongst the oaks, Sulphur Creek Nature Center is a hidden oasis tucked into the Hayward Hills. It is a wildlife education and rehabilitation facility that features local wildlife on display, a discovery center, educational programs, a wildlife hospital, volunteer opportunities, and activities designed to connect people and nature.

The mission of the Sulphur Creek Nature Center is to instill a sense of responsibility for the welfare of our world by bringing people and animals closer together through wildlife rehabilitation and education.

Brief History: In the 1960s, a member of the public found a lost little rabbit and named it Happy. Unfortunately, Happy lost his home and needed somewhere to stay. The community created



a home for Happy at the local community center (now San Felipe Community Center) and an animal sanctuary was born. In 1970, H.A.R.D. acquired the property at 1801 D Street; the site was used as a wellness retreat and its wells drew sulphur water from the springs. Sulphur Creek Nature Center was formed and slowly grew into the place we know and love. A refuge for people and wildlife, hidden in a suburban neighborhood.

Plan a Visit: Bring the family and enjoy the outdoors as you peruse our outdoor bird and mammal enclosures, take a peek in our Discovery Center and view our resident amphibians and reptiles and check out our new local wildlife spotlight display. Sulphur Creek is a great spot to have an outdoor lunch with the family or plan a birthday party. Volunteer opportunities are also available.

Sulphur Creek Nature Center
1801 D St., Hayward
Tuesdays - Fridays - 12 p.m. – 4 p.m.
Saturdays & Sundays - 10:30 a.m.-2:30 p.m.
Free admission

continued from page 1

The show must go on...with puppets!

Community Theatre organizations are usually nonprofits run by a board, with volunteer actors and production crew. Only a few full-time positions, such as director or stage manager, receive compensation. But the final product is professional and moving.

Chanticleers Theatre in Castro Valley recently put on a production of Little Shop of Horrors (LSOH), which was plagued with difficulties throughout rehearsals. Says Jacob Russell-Snyder, Artistic Director, “When I first suggested doing LSOH, a lot of people were skeptical, thinking it was too big a production to fit in our little theatre. But I thought, if we could figure out the puppets, then it was totally doable.”

LSOH tells the story of a meek flower shop assistant named Seymour (played by Julian Hensley) who discovers an unusual, blood-thirsty plant during a solar eclipse. He names the plant Audrey II (after his lovely co-worker). It is based on the 1960 horror comedy film directed by Roger Corman. In the musical, four puppets of various sizes are used to represent the different stages of growth of Audrey II.

Chanticleers planned eight weeks of rehearsals to begin right after Thanksgiving (including a two-week break for Christmas). This is typical for community theatre productions, giving them time to advertise, gather props and costumes, design the light and sound cues, and design and build the sets. Actors prepare by memorizing their lines and learning the songs, choreography, and blocking.

Then came the January storms. A fallen tree took out the theatre’s electricity and internet. Another uprooted tree leaned precariously over the 1940’s structure. The cast was forced to rehearse elsewhere until the tree was removed, scrambling to find space in Concord and



Hayward. Once the building was deemed safe again, they returned, only to discover a flooded dressing room. They tore up the moldy carpet and replaced it with whatever rugs they could find.

“We began to realize that there were many structural improvements needed,” sighs Russell-Snyder, acknowledging a common problem with community theater. “When you spend most of your money putting on shows, it’s hard to put

anything aside to deal with building maintenance.” Once the team got back on track, they realized the enormous challenge of working with the puppets, which were rented from a local specialty shop. Says the Director, Sue Ellen-Nelsen, “The puppets were expensive. And finding people to act as a puppeteer was challenging. It’s a thankless job.” Local talent Em Woods and Max O. Chang answered the call, though neither had any previous experience working with puppets on stage. “I have loved the Muppets since I was little - Jim Henson has really inspired me. So, I was definitely interested in being a puppeteer,” says Woods. Chang concurs, “It’s exhilarating and exhausting. I remember the first night I did it I got a standing

ovation. That’s going to go down as one of my favorite memories of all time.” The two took turns operating the gigantic pod, using their upper body and arms to move the plant’s mouth in sync with the music. They wore a back brace for stability, and a hydration backpack and neck fan to keep cool inside the hot and stuffy costume. “The hardest part for me was probably understanding the character blocking. We can’t see anything in there, so we had to rely on sound, listening to footsteps and memorizing the other actor’s movements,” Chang explains. Curtis Manning was the voice for Audrey II. He sang and read his lines from the sound booth in the rear of the theatre. “I could see what the puppeteers were doing on stage and I tried to match them. Obviously, they couldn’t see me, so it came down to trust.” Russell-Snyder agrees. “It’s no different than dance. You practice and practice until you can do it the same way every time. And as the show goes on you can see more nuance in the acting.” With one week to go before opening night, Juliet Newman, a local middle schooler, was recruited to operate the the baby Audrey II hand puppet. But she came down with COVID, so her older sister, Maddie “Turtle” Newman, came in at the last minute. Says Maddie, “After some practice, I figured out the best position so I can respond to Seymour’s actions. But it took a lot of fine tuning.” Despite the setbacks (including a cast member dropping out due to a family tragedy and a sound technician leaving for a new job), the production was a resounding success. It is Chanticleers’ first show back after a two-year hiatus, and they couldn’t be more excited about what the future holds.

Says Russell-Snyder, “Anyone involved in community theatre will tell you that this is all just part of putting on a show. I hope it’s not part of every show, but these things do happen. Our biggest challenge right now is that we need more volunteers.” Chang voices what many feel about community theatre: “It’s a very welcoming place, with all levels of talent, and it gives you a platform to express yourself. But beyond that, you meet so many wonderful people and develop relationships that are just invaluable.”

Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
<https://chanticleers.org/>



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MARCH 2023

DTSC PUBLIC NOTICE

Department of Toxic Substances Control – Our mission is to protect the people, communities, and environment of California from harmful chemicals by cleaning up contaminated sites, enforcing hazardous waste laws, and compelling the development of safer products.

**Public Comment Period for Union City Property
Draft Remedial Action Plan Available for Review**

WHAT IS BEING PROPOSED? The California Department of Toxic Substances Control (DTSC) invites you to review and comment on a draft cleanup plan, known as a draft Remedial Action Plan (RAP) for an 18.7-acre portion of the Union City Property, also known as the Station East area. The Site consists of: 33945 7th Street; 34051 7th Street; a portion of 33955 7th Street; and three parcels without addresses (see Figure 1 on last page) in Union City, CA 94587. The contaminants of concern are pesticides, metals, and total petroleum hydrocarbons (as diesel) in soil and volatile organic compounds (VOCs) in soil vapor and groundwater. The developer plans to remediate (cleanup) the Site prior to construction of the Station East mixed-use development. The proposed remedy includes excavation of 38,500 cubic yards (3,040 truckloads) and disposal at a permitted facility; installation of vapor intrusion mitigation systems underneath buildings; installation of a soil vapor extraction system by the former McKesson Chemical Facility over the northeastern portion of the Site; and recording land use restrictions with the County of Alameda.

CALIFORNIA ENVIRONMENTAL QUALITY ACT (CEQA): DTSC evaluated potential environmental impacts related to implementation of the RAP. As the lead agency for the cleanup portion of the project, DTSC prepared an Addendum to the existing 2021 Environmental Impact Report for the Station East Project to include cleanup activities. The EIR Addendum determined that the proposed project would not have significant environmental impacts. Following the approval of the RAP, a Notice of Determination will be filed with the State Clearinghouse.

HOW DO I PARTICIPATE? You can review and provide comments on the draft RAP from **March 7, 2023 to April 5, 2023**. Please send comments to: Elizabeth Chung, Project Manager, DTSC Berkeley Office, 700 Heinz Avenue, Berkeley, CA 94710 or at Elizabeth.Chung@dtsc.ca.gov. **You are invited to attend a remote public meeting on March 22, 2023 from 6:30 p.m. to 8:00 p.m. at <https://tinyurl.com/UnionCityProperty> or call 1-669-444-9171 and Meeting ID 883 5922 9082#.**

WHERE DO I GET MORE INFORMATION? You may view the documents at the Union City Library, 340007 Alvarado-Niles Road, Union City, CA 94587; call (510) 745-1464 for hours or online at <https://www.envirostor.dtsc.ca.gov/public/> (search for site code 60002290). Contact DTSC staff for more information: Elizabeth Chung, Project Manager at (510) 540-3842 or Elizabeth.Chung@dtsc.ca.gov; Asha Setty, Public Participation Specialist at (510) 540-3910, toll-free at (866) 495-5651 or Asha.Setty@dtsc.ca.gov; For Media Inquiries: Devin Hutchings, Public Information Officer at (916) 903-6949 or Devin.Hutchings@dtsc.ca.gov

**Hearing impaired** individuals may use the California Relay Service at 711 or 800-735-2929 TTY/VCO/HCO to voice.



Additional information on DTSC sites can be found through our **EnviroStor**. (rev. 5-2020)

Police investigate stabbing

SUBMITTED BY NEWARK PD

On Friday, March 3, 2023, at approximately 8:21 p.m., Newark Police received a report of an assault that occurred in the 3000 block of Newpark Mall Road involving several persons including males in their late teens to early twenties. Officers quickly responded and located an adult male victim suffering from possible stab wounds to the upper body. Emergency personnel immediately rendered aid to the victim. The victim, an adult male in his thirties, was transported to a local area hospital where he was treated for non-life-threatening injuries and subsequently released.

No arrests have been made at this time. Newark Police officers are actively working to identify involved parties. As a reminder, the Newark Police Department and the Newark community do not tolerate acts of violence. The Newark Police Department is urging any person with additional information to come forward.

Anyone with information regarding this investigation should contact Newark Police Officer Corey Swadener at Corey.Swadener@newark.org or by phone at 510.578.4964.

Information can be left anonymously on the “Anonymous Tip” hotline at 510.578.4965.

Road closure rescheduled

SUBMITTED BY FREMONT PD

The closure of northbound Interstate 680 between Sunol Boulevard and Bernal Avenue planned for March 3-6 has been RESCHEDULED due to predicted rain. The closure is now planned to take place starting at 10 p.m. Friday, March 10 and reopening at 5 a.m. Monday, March 13 (three nights, two days), weather permitting. In the case of rain or unanticipated developments, the closures will be rescheduled and the public will be notified.

During the closures, crews will work around the clock to remove and replace entire sections of the freeway. The work includes repaving the freeway. The work is part of a project encompassing northbound I-680 between Sunol and San Ramon to improve the freeway to enhance safety and provide a smoother ride for motorists. Southbound I-680 will remain open and will not be affected by the closure. California Highway Patrol officers and message signs will be on hand to guide motorists.

Civil disobedience and litigation: rebranding Chinese Americans

SUBMITTED BY CHRISTIANNE SELIG

How are the transcontinental railroad, Massachusetts Museum of Contemporary Art, Henry V’s St. Crispin’s Day Speech, and Florida’s orange industry all connected?

Visitors to the Castro Valley Library can find out on Sunday, March 19 when David Y. Lei will deliver a 90-minute presentation about the efforts of Chinese Americans to secure civil rights for everyone. Lei will discuss Supreme Court cases and acts of civil disobedience that made a lasting impact. A Q&A session is planned after the presentation.

Lei, a former social worker for at-risk youth and a business entrepreneur, has a passion for the arts, education, history, and social justice. He volunteers with many organizations, including The Chinese Performing Arts Foundation, Asian Art Museum, and The Chinese American Community Fund.

This educational program is designed for teenagers and adults. Admission is free, but advance registrations are needed and can be made online at www.aclibrary.org. The library will provide an ASL interpreter for any event with at least seven working days’ notice. Call (510) 667-7900 or TTY (888) 663-0660.

Abode Services Shares Stories of Progress, Goals in Breakfast Fundraiser

SUBMITTED BY CHRIS DE BENEDETTI

Abode Services presented its 18th annual “Journey Home Breakfast fundraiser” on Friday, March 3 with a virtual program, broadcasting a nearly half-hour video during which supporters made donations and pledges that will help the nonprofit organization continue its mission to end homelessness.

The March 3 event, titled the Journey Home Breakfast at Home, can be watched at journeyhome.abodeservices.org — the event’s special website where the livestreamed program premiered Friday morning. Viewers can also find the breakfast — Abode’s only fundraiser of the year — at abodeservices.org.

This year’s program presented a video featuring four Abode Services clients: Mandy, Fred, Tina, and Albert. Each client shared their personal story about overcoming challenges that led to homelessness before turning their lives around and gaining permanent housing with Abode Services’ help.

Louis Chicoine, Abode Services’ chief executive officer, joined longtime colleague Jean Morgan, Abode’s director of community outreach, in a video in which they reminisced about the organization’s origins and discussed the vision for its future.

“People have seen we’re making a difference, that we’re getting more and more people into their homes and helping them change their lives,” Chicoine said. “We have a moral obligation to grow because we have so much more work to do to solve the problem of homelessness.”

Former Fremont Vice Mayor Anu Natarajan served as the event’s emcee. In addition, Abode Services Board President Tarrah Henrie provided viewers with more details on how they can give to help Abode provide housing and services to the community’s most vulnerable residents.

Donations to the annual fundraiser can still be made online at journeyhome.abodeservices.org. Also, thanks to an anonymous donor, all gifts for the program will be matched up to \$50,000.

Abode Services would like to thank the event’s generous sponsors: Presenting Sponsors were BBI Construction and Kaiser Permanente.

Premier Sponsors included Ann and Alden Danner; Cahill Contractors; Fremont Bank; and Marx/Okubo.

Major Sponsors were Alameda Alliance for Health; BKF Engineers; Branagh Construction; Digital Nirvana, Inc.; Heritage Bank of Commerce; Herman Coliver Locus Architecture; Lowney Architecture; and Washington Hospital Healthcare System.

Supporting Sponsors included Bernard, Balgley & Bonaccorsi LLP; Blach Construction Company; Element Structural Engineers, Inc.; Gonsalves & Kozachenko Attorneys at Law; Gunkel Architecture; Hayward-Tri-City Alumnae Chapter of Delta Sigma Theta Sorority, Inc.; HKIT Architects; Indo-Americans for Better Community; PYATOK Architecture & Urban Design; and Santa Clara County Housing Authority.

Abode Services
abodeservices.org



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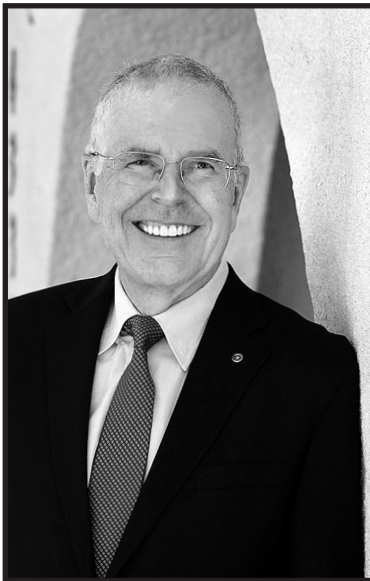
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Gronk commits \$1 million to Anivive for valley fever vaccines



SUBMITTED BY SAMANTHA PREECE

Following his appearance at the WVC annual conference, 4-Time Super Bowl Champion and 5-Time NFL Pro-Bowler, Rob “Gronk” Gronkowski, has committed

\$1 million to pet health start-up, Anivive, for future vaccines, following approval, to help fight Valley Fever and also raised valuable funds for leading pet charities.

As the proud pet parent to his French Bulldog Ralphie, Gronk is committed to

pets and their owners to have access to affordable and innovative care.

Gronkowski announced the vaccine pledge at the veterinary conference in Las Vegas to raise awareness of the work of Anivive, who were named 2022 Best

News and Notes

FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF MATURE AMERICAN CITIZENS

Talk about your tongue twisters

It’s official: Nick Stoeberl who hails from Salinas, California has the longest tongue of any man on earth, says the Association of Mature American Citizens (AMAC). The folks at the Guinness World Records confirm that it measures nearly four inches -- 3.97 inches from teeth to tip, to be precise, and he uses it

to paint pictures. His paintings have sold for as much as \$1,200 and have earned him the nickname, Likasso. See a video interview with Stoeberl on YouTube at www.youtube.com/watch?v=Fg7UQFM D_Qc.

A sad keepsake

So, how did a Polaroid photo of President John F. Kennedy on the day of his assassination wind up in the Souls Harbor Thrift Store in Ferris, Texas? AMAC reports that George Rebele, who

hails from Ferris, mysteriously found it when he opened a CD case containing a cassette he had purchased. It’s a mystery that is not likely to be resolved anytime soon. JFK historian Farris Rookstool says the photo appears to have been taken as President Kennedy’s motorcade was traveling from Love Field to downtown Dallas that sad day -- November 22, 1963. See a video report about the photo on YouTube: www.youtube.com/watch?v=6n6-hzn-MjP4.

How big is your sunflower?

The average, garden variety Sunflower is said to weigh a pound or two, a mere fraction of the sunflowers the Welsh Fortey farming family are used to, according to AMAC. In 2021 the Forteys earned the

Guinness World Record for growing an 11.5-pound sunflower; this year they out-did themselves nurturing a sunflower that weighed in at more than 14.21 pounds. It’s not surprising; the family has been growing sunflowers for more than a century and their seeds are known to grow what are officially known as Fortey Giant Sunflowers. See video of the giant sunflower on YouTube: www.youtube.com/watch?v=Kkgzn-NdhLUw.

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

OHPLONE COLLEGE FLEA MARKET

SUBMITTED BY OHPLONE COLLEGE
PHOTO BY ROB KLINDT

For nearly nine years, fans of the Ohlone College Flea market have been itching for its return. Their wait will be over Saturday, March 11 when the event returns to two of

the colleges lower parking lots near Mission Boulevard in Fremont.
Along with the usual vendors selling collectibles, antiques, apparel, household goods and flowers, there will be music, food and art exhibits along with community and Ohlone College information booths at the

family-friendly event set for 9 a.m. to 3 p.m.
And the best deal? Admission and Early Bird parking will be free in Parking Lot C until it is full. Parking in other available lots will be \$4. Flea market vendors will be set up in Parking Lots D and E.
The college plans to operate the flea market the second Saturday of every month year-round. Upcoming 2023 dates are:

- April 8
- May 13
- June 10
- July 8
- August 12
- September 9
- October 14
- November 11
- December 9

The original flea market started in the late 1980s, but was discontinued in 2014 to allow for renovation of the college's hillside campus. Now that the renovation is finished, college officials are anxious for community members to visit the hillside camps to see the improvements.

Ohlone College Flea Market
Saturday, Mar 11
2nd Saturday of every month
9 a.m. – 3 p.m.
www.ohlone.edu/flea-market
(510) 659-6285
Admission free
Parking \$4



Park It: Less-muddy trails

BY NED MACKAY

With the recent rain, it's likely to be a bit soft underfoot on the trails in the East Bay Regional Parks. Hiking around, you may soon feel as though you were wearing platform shoes. Cyclists can acquire brown stripes down the back of their shirts.

You can avoid mud in the regional parks by hiking or biking paved inter-park regional trails such as the Contra Costa Canal Trail and Iron Horse Trail in central Contra Costa County, Lafayette-Moraga Regional Trail, San Francisco Bay Trail along the shoreline, or Alameda Creek Regional Trail in Fremont. Nimitz Way at Tilden Regional Park in Berkeley is paved for the first four miles out from Inspiration Point on Wildcat Canyon Road. On all trails, watch for signs indicating that dogs must be leashed.

Some unpaved trails that partly traverse rockier, less muddy soil include the Seaview Trail at Tilden, Old Stage Road Trail at Diablo Foothills in Walnut Creek (with four stream crossings), Chaparral Loop Trail at Black Diamond Mines in Antioch, and

Round Top Loop Trail at Sibley Volcanic Regional Preserve in the Oakland hills.

The Bayview Trail at Coyote Hills Regional Park in Fremont is paved. The first section of Camp Ohlone Road at Sunol Wilderness in southern Alameda County is gravel.

Perhaps the best approach is just to accept that the trails are muddy in the rainy season, dress accordingly, and take a pair of dry shoes to wear after the hike. Please avoid going off-trail to bypass mud. And before you go, check www.ebparks.org/alerts-closures to be sure that your excursion is possible.

As always, make sure you share the trails with others and protect wildlife by staying on designated trails. Illegal bootleg trails are not maintained and damage wildlife habitat.

The Park District plans to hire over 50 new lifeguards for the 2023 swim season at its 12 East Bay swim facilities, which include lakes, lagoons, and swimming pools. All new lifeguard positions are seasonal, full-time positions from May through September. Anyone age 16 or older may apply before April 22, 2023. Starting pay is \$20.78 per hour.

Six lifeguard testing dates are scheduled in March. Participants will be asked to swim 550 yards in under 10 minutes, carry a rescue board 50 feet, retrieve three dive rings under four to seven feet of water, tread water

for two minutes using only their legs, and retrieve a 10-pound brick from underwater. There will also be a short informal interview after successful completion of the swim test on the same day.

Testing dates and locations are on March 11 at Buchanan Pool in Pittsburg, March 12 at Granada High School in Livermore, March 18 and 19 at San Leandro High School, March 25 at Buchanan Pool again, and March 26 at Castro Valley High School.

Learn more at: <https://www.ebparks.org/public-safety/lifeguard>.

The marshland at Coyote Hills Regional Park in Fremont is the venue for three naturalist-led programs on Saturday, March 11.

"Marsh Mammal Madness" is the theme of a walk from 10:00 a.m. to 11:30 a.m. with naturalist Martha Cerda. Cerda will talk about unique traits of animals that live in the marshland, while the group plays a storytelling and science game.

Then from 1:00 p.m. to 2:30 p.m., naturalist Erin Blackwood will lead a trek to find out what lives in the marsh mud. The group will use scientific tools to collect and examine mud and its denizens, then make a model or sketch to take home.

At a naturalist-led "storywalk" at the marsh from 3:00 p.m. to 3:30 p.m., take a stroll with stories, songs and movement

based on a nature-themed book.

All three programs are free, no registration required. All ages are welcome; parents must accompany children. Meet at the visitor center. Coyote Hills is on Patterson Ranch Road off Paseo Padre Parkway. There's a parking fee of \$5 per vehicle. For information, call (510) 544-3220.

Although it hasn't been a problem lately, rainmaking is the theme of Family Nature Fun Hour from 1:30 p.m. to 2:30 p.m. on Saturday, March 11, at Doug Siden Visitor Center at Crab Cove in Alameda. The program repeats at the same time on Sunday, March 12. Crab Cove is at 1252 McKay Avenue off Alameda's Central Avenue. For information, call (510) 544-3187.

Nighttime is the right time for a variety of animals. In hopes of seeing some, naturalist Susan Ramos will lead a twilight walk from 6 p.m. to 8 p.m. on Saturday, March 11, at Reinhardt Redwood Regional Park in Oakland. You may hear owls or coyotes, or catch a glimpse of other forest dwellers. The program is for ages eight and older; parents must accompany children. Dress warmly and bring a flashlight.

It's free and no registration is required. Meet Ramos at the park's Canyon Meadow Staging Area, at the end of the road leading into the park from Redwood Road, about two miles down-canyon from the

intersection with Skyline Boulevard in Oakland. For information, call Crab Cove at (510) 544-3187.

A guided walk with supervising naturalist Wyatt Moore is on the calendar from 2 p.m. to 3 p.m. on Sunday, March 12 at Big Break Regional Shoreline in Oakley. The group will look for seasonal changes in the Delta.

Big Break is at 69 Big Break Road off Oakley's Main Street. For information, call (510) 544-3050.

In observance of St. Patrick's Day, naturalist Ashley Grenier will host a Lucky Leprechaun Treasure Hunt for kids ages five through 12 from 1 p.m. to 4 p.m. on Friday, March 17 at Shadow Cliffs Regional Recreation Area in Pleasanton. Adult participation is required. Drop by the park's Lakeside Picnic Area any time during those hours to join the hunt and see what a leprechaun has left behind.

Shadow Cliffs is at 2500 Stanley Boulevard, east of downtown Pleasanton. For information, call Sunol Wilderness at (510) 544-3249.

There are many other upcoming programs in the Regional Parks. For the full schedule, visit www.ebparks.org/things-to-do.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com



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Trash Talk

BY THE PICKUP ARTIST

This is the 26th edition of Trash Talk, a column devoted to cleaning up our neighborhoods, our environment, and our outlook on life.

Why do I collect other people's trash?

Ever hear the term "one man's trash is another man's treasure?" True story: I was driving away from my house and noticed some cardboard on the side of the road. When I came back three hours later, I investigated, because, of course, nobody else would bother with it. Believe it or not, there was a large-screen TV in the box! It was not a broken one that someone shoved into the box; it was a new one that had never been taken out of the box! Moral of the story, you never know what you'll find, and the walk is good for you, too.

How to Recycle your Sandbags

If you needed to use sandbags to prevent flooding, you may want to get rid of them. That's not as simple as you might expect. First of all, they're too heavy for the trash bin. And if the flood waters reached them, they might be contaminated with sewage or septic waste and shouldn't go to landfill. In order to recycle them properly, go to: <https://resource.stop-waste.org/items/sand> for instructions and locations.

Free Disposal Days Program

After a successful pilot program in 2022, the City of Hayward's Maintenance Services Department is kicking off 2023 by announcing that six times per year residents of incorporated Hayward may pre-register to dispose of up to five cubic yards of household items safely and legally, free of charge. Items should be taken to the City transfer station at 3455 Enterprise Avenue. Days: Second Saturdays in February, April, June, August, October, and December. Five cubic yards is about the equivalent of one full bed of an average-size pickup truck.

Registration will open two weeks prior to each event. Proof of Hayward residency is required. The next free Disposal Day will be Saturday, April 8. The bi-monthly events will be held regardless of the weather conditions at the time.

The following items are not accepted at the transfer station:

- Hazardous materials, including paint, motor oil, solvents, cleaners, pesticides, tires and car batteries.
- Objects over 75 pounds (except furniture and appliances)
- Medical waste
- Construction and demolition debris
- Rocks, bricks, dirt, concrete

To learn more about Hayward's free Disposal Days, scan the QR code, go to the program page on the City website, or contact City Maintenance Services at (510) 881-7745 or disposal@hayward-ca.gov.

Update on Limiting Unwanted Calls

Last month I mentioned among other programs that AT&T has a service called Call Protect. I just found out that the program was cancelled at the end of January. It still shows on their website, which is why I thought it was available. If you know of any other services that can block by caller ID, not just phone number, please let me know.

Quote for today:
"I find most folks are as happy as they make up their minds to be."
Patrick McDonnell in "Mutts" comic strip.

Hayward Birthday Bash

SUBMITTED BY TRESSA MARQUES

On Saturday, March 11, Hayward Chamber of Commerce is hosting a downtown street party on B and Main Streets to celebrate the 147th birthday of the City of Hayward.

The event will include local bands, including performances from Hayward school musical groups and ensembles, and will feature local downtown restaurants, shops and other small businesses. There will be a Kid's Zone and a resource fair with exhibits presented by local nonprofit groups, service clubs and other organizations.

It was on March 31, 1876, by signature of Governor William Irwin, that Hayward was originally incorporated under the name Haywards, a nod to the town's then landmark Hayward's Hotel. To learn more about Hayward's history, visit the Hayward Area Historical Society online

Hayward Birthday Bash
Saturday, Mar 11
11 a.m. - 5 p.m.
B and Main Streets, Hayward
(510) 537-2424
<https://hayward.org/>

Newark Memorial High School Athletics Boosters Crab Feed

SUBMITTED BY JOYCE JIAWAN

Newark Memorial High School Athletics Boosters is excited to announce their 2023 Annual Crab Feed at Swiss Park on Saturday, March 18. The Crab Feed is a perfect opportunity to see old friends and make new ones all while supporting the community. Dinner includes salad, pasta, bread and crab.

The Boosters raise money throughout the year with events like the crab feed, as well as operating the snack bar for various games and meets. The income they raise helps pay for sports team uniforms, equipment and other necessities.

Want to support our event but can't attend? We are accepting monetary donations. Want to support a family in need? \$300 can feed a family of 4.

We want to thank our parent volunteers, Athletic Director Rachel Kahoalii, and coaches who have made this event possible.

Special recognition and thanks to our community partner, O'Sullivan's Sports Bar, for their continued support of our program. O'Sullivan's is located off Thornton Avenue in Newark. They offer an excellent array of food and

drink, and it's a great place to have dinner with friends or solo!

We are accepting Venmo payments @NMH-SAthleticsBoosters. If paying by Venmo, in the comments section, add one of the following note options:

2023 NMHS Athletics Booster Crab Feed Tickets
2023 NMHS Athletics Booster Crab Feed Donation
2023 NMHS Athletics Booster Crab Feed 50/50 Raffle

For more information or to purchase tickets email Rachel Kahoalii at rkahoalii@newarkunified.org.

Newark Memorial Crab Feed
Saturday, Mar 18
6 p.m. – 11 p.m.
Swiss Park
5911 Mowry Ave., Newark
Doors open at 5 p.m.
Dinner served at 6 p.m.
Tickets: \$75 per person
To purchase tickets
email rkahoalii@newarkunified.org



Contact Information

You can contact me at the email below, or scan the QR code to generate an email. Your comments and suggestions could be used in future Trash Talk columns. What's on your mind?
Send comments to ThePickupArtist-KHCG@Outlook.com

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CELEBRATE WOMEN'S HISTORY

History of Women in Sports

Today, we know that exercise is good for everyone's health — boys and girls, men and women.

Today, girls and women can play sports for fun. They also can compete and become professional athletes. But that was not always the case.

Imagine being told that you can't do something you love to do. Or that you are forced to wear clothing that

makes it difficult to do what you love to do. Or that you can't find anyone to play a sport with you. Or that you aren't allowed on a golf course, a tennis court or other sporting fields.

How would all of that make you feel? Frustrated? Lonely?

That is how girls and women who enjoyed sports felt before the year 1972, a year of important change.

Standards Link: Read informational text in history.

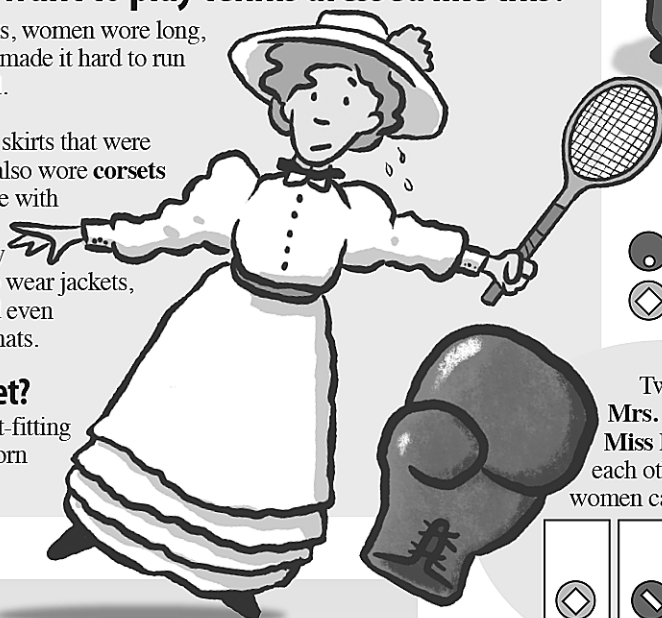
Would you want to play tennis dressed like this?

In the early 1900s, women wore long, heavy skirts that made it hard to run after a tennis ball.

It wasn't just the skirts that were a problem, they also wore **corsets** and blouses made with long sleeves and stiff collars. They were expected to wear jackets, heavy shoes, and even broad-brimmed hats.

What's a corset?

A corset is a tight-fitting undergarment worn under a blouse.



1800s



Today

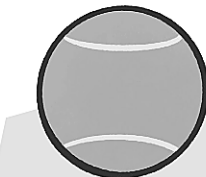
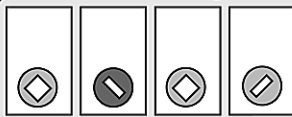
How many differences can you find between these two baseball players from different years?

Women's Sports Moments

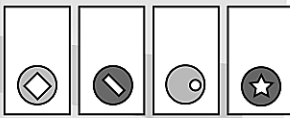
Use the code to discover when each of these important moments happened.

● = 0 ◐ = 2 ● = 4 ◐ = 7
◐ = 1 ★ = 3 ◐ = 5 ◐ = 9

Two women, Mrs. Edwards and Miss Kussin, boxed each other and showed women can throw punches.



Billie Jean King beats the No. 1-ranked men's tennis player, **Bobby Riggs**, showing women can compete with men.

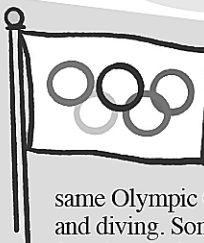
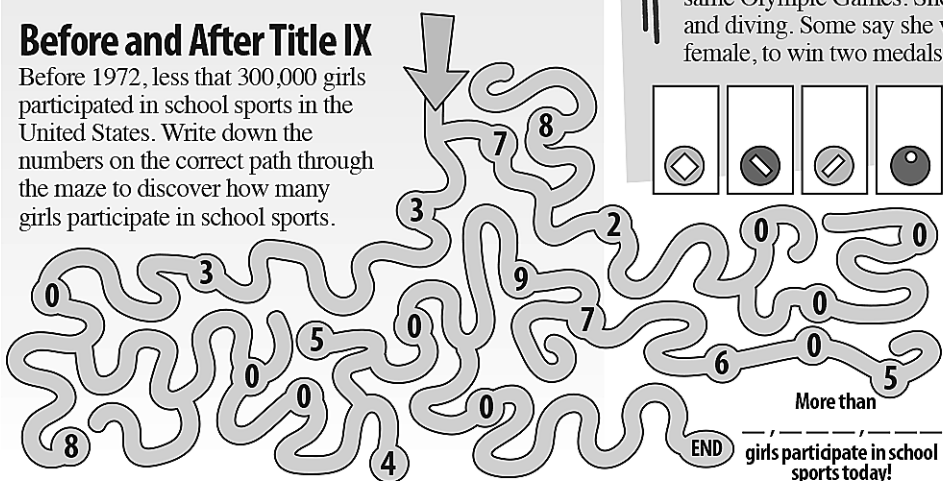


Title IX Changes Girls' Lives

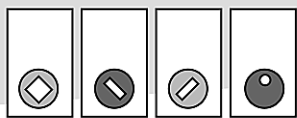
Today, girls have equal access to playing sports at public schools because in 1972, the United States Congress signed into law that everyone in the United States, regardless of their gender, has equal rights to play sports. This law is called **Title IX**. (*Title IX is the same as Title 9. The number 9 is written in Roman numerals.*)

Before and After Title IX

Before 1972, less than 300,000 girls participated in school sports in the United States. Write down the numbers on the correct path through the maze to discover how many girls participate in school sports.



Aileen Ruggin became the first female Olympian to win medals in two different sports at the same Olympic Games. She medaled in both swimming and diving. Some say she was the first athlete, male or female, to win two medals in the same Olympic Games.



More than 9 million girls participate in school sports today!

Extra! Extra! Roman Numerals

I = 1
II = 2
III = 3
IV = 4
V = 5
VI = 6
VII = 7
VIII = 8
IX = 9
X = 10

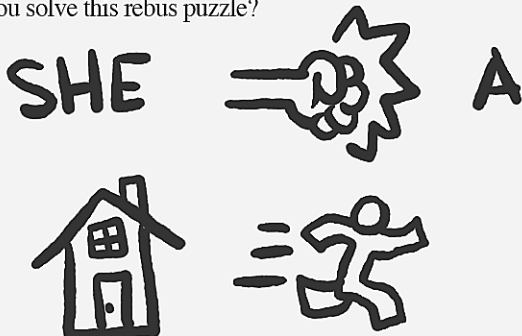
Title IX uses the Roman numerals IX to show the word **nine**. Look through the newspaper for five numbers and rewrite each one as a Roman numeral.

Standards Link: Math: Understand the use and system of Roman numerals.

Kid Scoop Puzzler

Picture Puzzles

A rebus is a puzzle that uses pictures to reveal a word or phrase. Can you solve this rebus puzzle?



FROM THE Kid Scoop LESSON LIBRARY

Women in Sports Collage

For one week, look through the newspaper for pictures and articles about women in sports. Cut these out and make a collage with everything you find.

Standards Link: Language Arts: Identify parts of speech.



What is harder and harder to catch the faster you run?

ANSWER: Your breath!

Kid Scoop Together

The Amazing Babe Didrikson Zaharias

Babe Didrikson Zaharias is considered one of the greatest athletes of the last century. Few, if any, have matched her achievements in sports.

Babe was born on June 26, 1911. When she was young, most girls did not participate in sports. Babe loved sports. In her lifetime, she was an Olympic gold medalist in track and field, an All-American basketball player, a champion golfer and an extraordinary baseball player, swimmer, bowler, diver and tennis player.

A Running Start

When the news of the 1928 Olympic Games filled the newspapers, Babe decided to begin her own training. She practiced hurdles by soaring over seven hedges in her neighborhood. When one of the hedges was a bit too high, she asked the people who lived there to cut it down to the right size, and they did!



How many differences can you find between these two pictures?



Golfing Great

Babe was an excellent golfer. From 1946-47, Babe won 13 tournaments in a row. Babe would go on to win 113 golf tournaments.

Standards Link: Read biographical text.

Kid Scoop VOCABULARY BUILDERS

This week's word: **ATHLETE**

The noun **athlete** is a person who participates in sports or other physical activity.

Serena Williams is a famous **athlete** who excels in tennis.

Try to use the word **athlete** in a sentence today when talking with your friends and family members.

Write On!

The Woman I Most Admire

Write about a woman you know that inspires you.

continued from page 1

Hayward 4th grader becomes 49ers reporter

“The job comes naturally for him because he’s very personable, especially with adults, when it comes to sports,” said Elijah’s mother Janine Durana.

A typical day at work for Elijah is arriving to the field early, practicing his interview questions, saying hi to the film crew, and getting ready for the interviews to be filmed. Elijah’s job entails interviewing 49ers players about once or twice a month during practice and more recently at the home games at Levi’s Stadium. He comes up with the questions, the staff films him, and he gets featured on the 49er’s website, Facebook, Instagram, YouTube channel, and NBC Sports Bay Area.

“The coolest part of my job is getting to meet a lot of famous players and be on TV because most kids my age don’t get to do that,” said Elijah.

to other kids out there who want the same career,” added Janine.

The most memorable moment for Elijah so far is when his work was recognized at the 2022 Emmy Awards in San Francisco on June 11, 2022 and his crew won an Emmy in the category of “interview/discussion” for a video he made titled “49ers Kid Reporter: Players Share Their Thanksgiving Favorites.”

“I went to the Emmy’s and unexpectedly won the award,” said Elijah. “It was very fun and exciting for our crew to win the award although I was a bit nervous to go up on stage.” Elijah says the director of the kids’ program, Josh Conner, is the one who made it possible to win the award by assembling everything together.

“My son winning an Emmy is the proudest moment for me as a parent,” said



Elijah had on his foot when he broke a toe. That cast is now hanging on the wall at the Durana’s home.

A nice gesture happened when Elijah met 49ers star running back Christian McCaffrey for an interview before their game against the Seattle Seahawks in the first round of the 2023 NFC playoffs. Elijah had on his jersey and McCaffrey said “Hi kid nice jersey.” This shocked Elijah, who was so exhilarated he forgot he had a sharpie in his pocket for him to sign his jersey.

George Kittle is Elijah’s favorite player to interview because of his responses and the way he loves to laugh and joke during the interviews. The most notable game

Elijah has covered so far was the 49ers playoff game against the Dallas Cowboys earlier this year, where they won to advance to the NFC championship game.

“I think the way more kids my age can get involved in sports journalism is to dedicate your life to watching sports and practice interviewing as much as possible,” shared Elijah.

Elijah has undoubtedly achieved a great deal in a short amount of time at a very young age, and the sky is the limit. “For the next season my goal is to go to more games, get more interviews done, and have more experience,” said Elijah. “If I get a permanent reporter role, I would focus everything in my life on being a reporter.”



Janine says that it makes her very proud that Elijah is reaching his dreams at such a young age. She says he brings out the best in the 49ers players by making them feel comfortable enough to express themselves in a way never seen before. “Elijah’s public speaking ability is outstanding, he is a natural leader, and it is very encouraging

Janine. “I’m blown away by his talent and he’s so humble even with all of the success he has achieved.” Another stand out moment was when Elijah met George Kittle, Nick Bosa, and Charvarius Ward all at the same time in one interview which was overwhelmingly exciting for him. George Kittle also signed the cast that

Nocturnal Illumination

SUBMITTED BY CHABOT SPACE AND SCIENCE CENTER

Nocturnal is a new program at Chabot Space & Science Center created for adults 21+ to enjoy an evening exploring the intersection of art and science in an atmosphere filled with unique multi-media experiences, art installations, music and curated activities all while enjoying music, drinks and a fun-filled evening that ends with telescope viewings.

For our inaugural event on March 11, we will focus on the brilliance and beauty of the night sky exploring constellations, planets and other celestial bodies that inspire art and keep us in wonder. (Telescope viewing is weather and conditions permitting.)

Presentations and Performances:

Serpent Twins Mobile Sculptures at the Front Entrance

The Jormungand (Midgard) and Julunggul (Rainbow) serpents sit between two worlds; the old world that needed and revered them and the present which has shunned such monsters as fears metamorphosed into mythical form. Created by Jon Sarriugarte, the two 50-foot kinetic mobile sculptures are rendered in metal and cast-off materials using modern science; restoring ancient mythos to the modern world.

DJ Brad

6 p.m. – 10 p.m., Studio 3

DJ Brad returns for an evening of music!

Light Lab

7 p.m., Theater

Light is all around us, even when it is unseen! Through a series of illuminating demonstrations, discover the nature of light, where it comes from, and how the electromagnetic spectrum can reveal the invisible universe.

Live Dark Skies Science and Comedy Show

7:30 p.m., Planetarium

Explore the cosmos as Julia DeMarines leads you through the galaxy!

The Dark Energy Spectroscopic Instrument Talk

With Nathalie Palanque-Delabrouille

8 p.m., Theater

The Dark Energy Spectroscopic Instrument (DESI) is measuring the expansion history over the past 11 billion years; DESI’s scientific goal is to constrain possible models of dark energy. Learn more about the DESI project from Nathalie Palanque-Delabrouille, one of the key team members on the project.

Make Space for Music!

With Shannon Hayden, Cellist

8 p.m., Planetarium

Enjoy a night of music under the stars with international touring musician, cellist Shannon Hayden. Join us for a sonic journey through interstellar landscapes!

Activities, Films, and Installations

5000 Eyes: Mapping the Universe with DESI New Planetarium Show

6:30 p.m., Planetarium

DESI is creating the most detailed map of our nearby universe. Installed on the Mayall telescope on Kitt Peak in Southern Arizona, DESI’s 5000 independently operated robots can measure the light from millions of galaxies at once.

Catstronauts

AI artwork designed by Scott Kildall

6 p.m. – 9 p.m., Studio 1

Catstronauts are playful and cute, playing with the use of “low culture” cat memes on the internet alongside the science of space travel. Created by an AI engine with detail work by Scott Kildall.

Spectra Cart

With Galaxy Explorers

6 p.m. – 9 p.m., Studio 2

What are rainbows? How do astronomers identify distant gases in stars, nebulae, and exoplanet atmospheres? The answer to both questions is spectra! Look at different light sources with a special tool to split their light into different colors.

Uncovering Color

With Galaxy Explorers

6 p.m. – 9 p.m., Studio 2

Enter a space where a special light bulb removes colors from images and your surroundings. This light source, a Low-Pressure Sodium vapor lamp emits visible electromagnetic radiation in a very narrow band of the spectrum, about 589nm. This limited access to reflected color causes your eyes to perceive things in a shaded greyscale.

Nebula Spin Art

With Galaxy Explorers

6 p.m. – 9 p.m., Lab 1

In this activity, you will learn about how gigantic clouds of gas and dust in space, called nebulae, are formed. Create a colorful model nebula using paint and a spinner.

Nocturnal: Illumination

Saturday, March 11

6 p.m. - 10 p.m.

Chabot Space and Science Center

10000 Skyline Blvd., Oakland

(510) 336-7300

<https://chabotspace.org>

For Adults 21+

Tickets: \$20



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• Mon, Wed, Fri, 8:30am-4:00pm

Covid-19, RSV, & Flu A/B survival tips
Send questions to TCV@mycarelabs.com

Tips to avoid getting sick and making others sick this winter

- wash hands with soap & warm water for 20 seconds
- avoid touching your face (eyes, nose, mouth) w/ unwashed hands
- disinfect high traffic surfaces: cell phone, steering wheel, door knobs and handles (when did we all last do this?)
- stay home if you're sick! Happy New Year!

[f](#) [@](#) [t](#) [in](#) [@mycarelabs](#)

SUNDAY AFTERNOON

The 32nd Season

ARTS SERIES

The League of Volunteers and
The Newark Arts Council
Present

The CoolTones Big Band



The CoolTones Big Band, a 19 piece "Big Band", plays Big Band, Swing, Jazz and Blues with a few surprises in R&B, and Rock mixed in. A great group for dance, party and just groovin'. The group has received rave reviews at Street Fairs, Weddings, City Events and Private Parties. We promote dancing in the aisles! Please come and enjoy the CoolTones!

Sunday March 19, 2023
2:00PM

Suggested Donation
Adults: \$10
Seniors & Students: \$7

COMPLIMENTARY INTERMISSION REFRESHMENTS

NEWARK JUNIOR HIGH MULTIPURPOSE AUDITORIUM
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For information call: (510) 793-5683
Visit our website at www.lov.org

Sunday Afternoon Arts Series - 32nd Season

March 19th
The Cool Tones Big Band
Enjoy the Music with 18 Musicians & Vocalists

April 23rd
Laura Ellis a Los Angeles based Jazz Singer
"Lets Live Again" featuring Class Jazz Melodies of the
Radio Era

May 21st
Broceliande Golden Brough - Trio
Celtic, Medieval and Renaissance Music

Summer Music Program for Bay Area Young musicians—it's free!



SUBMITTED BY JENNY LIN FOUNDATION

For the 29th year, Jenny Lin Foundation is offering a summer music program free of charge to young people in the Bay Area. Instrumental musicians currently in 8th grade or higher are welcomed to join the String Orchestra or Band; students currently in 7th grade and up may register for the Choir.

Participants meet Mondays, Wednesdays and some Thursdays for five weeks starting Monday, June 12. Rehearsals take place at Creekside Middle School, Castro Valley, and culminate with a large-scale community concert on Saturday, July 15, at Chabot College Performing Arts Center in Hayward.

Based in Castro Valley, the Jenny Lin Foundation is a non-profit organization established in 1994 after the brutal murder of 14-year-old Jenny Lin. It operates through

volunteers and donations with a mission to promote child safety and youth music education. For the many music and safety events that the Foundation has sponsored over decades, its founders John & Mei-lian Lin (Jenny's parents) were honored last year with the Jefferson Award for Public Service, the most prestigious and longest-standing public service award in the United States.

Through the annual Summer Music Program, Jenny Lin Foundation hopes to carry on Jenny's passion—music and friendship—and extend her life in a unique fashion. Student-musicians are encouraged to take advantage of this exceptional program to help maintain their skills and to continue performing in a group during the summer. This is also

an opportunity for students to meet and interact with peers from throughout the Bay Area, and hone their leadership skills. Last summer, about 200 young people from 29 schools in 12 cities participated in the program, co-sponsored by Chabot College.

Jenny Lin Foundation Summer Music Program
Mondays, Wednesdays & some Thursdays
June 12 - July 15
6:45 p.m. - 9:00 p.m.
Rehearsals: Creekside Middle School, Castro Valley
Concert: Chabot College Performing Arts Center, Hayward
Registration:
<https://jennylinfoundation.org>
Free



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Next to Sprouts in Four Corners Shopping Center

Home & Garden

Pain Relief Found in the Garden

BY MELINDA MYERS
PHOTOS COURTESY OF
MELINDAMYERS.COM

Look to the garden, farmer's market, or refrigerator next time you are battling sore muscles, indigestion, and headaches. These five foods fresh from the garden contain powerful pain-relieving and anti-inflammatory properties.

Mint



Infuse mint into your tea or ice water to refresh and rejuvenate. It also helps relieve headaches and general aches and pain. Grow this vigorous perennial herb in a container so it won't overtake your other plants. And at the end of the season, root a few cuttings to start new plants to grow indoors. All you need are a sunny window, quality potting mix, and regular watering.

Hot Peppers

Capsaicin, the spicy element in chili, jalapeno, habanero, and cayenne peppers, is a great pain-fighting tool and is often used in topical creams to help treat backaches, arthritis, and muscle pain. Plant hot peppers after the soil and air warm, at the same time you are planting sweet peppers and tomatoes. They are ready to harvest when they are fully colored. Purchase extra hot peppers to dry and enjoy year-round.

Cherries



Manage muscle pain and inflammation with sour cherries. They are loaded with disease-fighting chemicals and antioxidants and help fight inflammation and relieve pain. Purchase plenty of cherries to juice, dry, and preserve so you can enjoy their health benefits all year long. And consider planting a sour cherry tree in your backyard.

Montmorency is the most popular sour cherry, needing only 700 hours of air temperatures between 34 and 45 degrees to initiate flowering for fruit development. New hardier dwarf introductions from the University of Saskatchewan can be grown in colder regions including zone 2. Although it takes several years for cherry plants to start producing fruit, you'll enjoy watching your tree grow into maturity and bear its first crop. Just make sure to cover the plants with netting so the birds don't eat your harvest.



Ginger

Ginger helps reduce inflammation and combat migraines, muscle pain, arthritis, and post-workout or post-gardening soreness. All this plus it helps fight nausea. Although it's a tropical plant, you can find plants or rhizomes (the part you eat) online. Or join other enthusiastic gardeners who have had success rooting the rhizomes they purchased at the grocery store to start new plants. Grow your ginger in a pot outdoors or sunny window alongside your other indoor plants.

Sage



Sage tea has long been used to soothe scratchy and irritated throats, and showed positive results in a 2006 clinical trial. Harvest a few sage leaves, add hot water, and brew a bit of sore throat relief. Grow this herb in the garden or a container. It thrives in a sunny spot with well-drained soil. Harvest leaves as needed throughout the season. Regular harvesting encourages more growth for future harvests. You can remove as much as one-third of the plant at one time for preservation.

So next time you're feeling a bit of pain, pass by the medicine cabinet and look to the garden for a bit of relief. Even the simple act of tending your garden and harvesting produce can elevate your mood, lower your blood pressure, and start you on the road to feeling better.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.

THE ACWD CONNECTION



National Groundwater Awareness Week is the perfect time to highlight the importance of groundwater. In fact, more than 44 percent of the population depends on groundwater as a primary water source. Groundwater is also a critically important local water supply for ACWD and its customers, so protecting and conserving it is vital. Here are simple ways to help:

- **Fix the Drip** - Check all faucets, fixtures, toilets, and taps in your home for leaks and fix them right away.
- **Go Native** - Use native plants in your landscape. They look great, and don't need much water or fertilizer.
- **Water Wisely** - Water the lawn and plants during the coolest parts of the day and only when they truly need it.
- **Reduce Chemical Use** - Use fewer chemicals around your home and yard, and be sure to dispose of them properly.
- **Natural Alternatives** - Try natural/nontoxic cleaners when possible. Lemon juice, baking soda, and vinegar make great and safe cleaning products.

For more information on groundwater, visit: acwd.org/groundwater

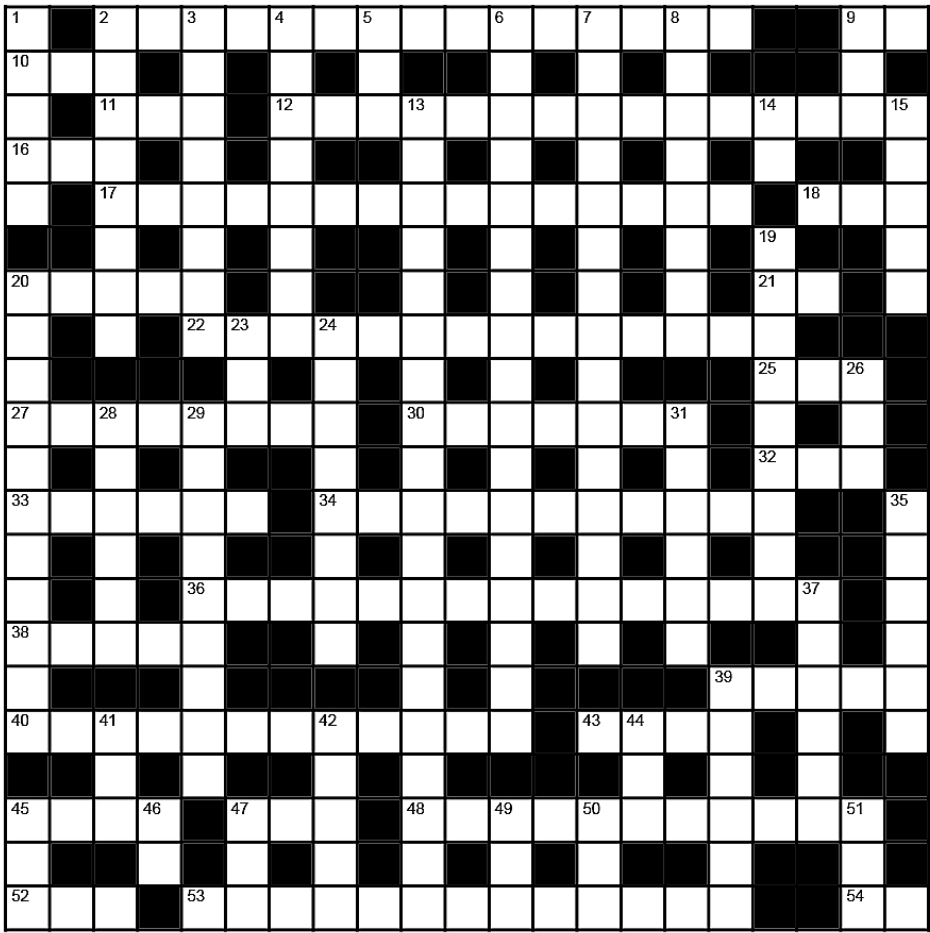


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Mind Twisters

Crossword Puzzle



Across

- 2 Forgetful computer operator's lack? (5-4,6)
- 9 @ (2)
- 10 Not online, briefly (3)
- 11 Decide to leave, with "out" (3)
- 12 It's a reel place (10,5)
- 16 Cool, once (3)
- 17 "The Giving Tree" author (4,11)
- 18 Certain theater, for short (3)
- 20 Playground retort (5)
- 21 *Part of Georgia named for a relative of baseball legend Ty (2)
- 22 Purchase something sight unseen (3,1,3,2,1,4)
- 25 Kramden laugh syllable (3)
- 27 Combat ship (3-2-3)
- 30 Harem guards (7)
- 32 Ashes holder (3)
- 33 Like some humor (6)
- 34 Burger side order (6,5)
- 36 It can take your breath away (7,8)
- 38 Facilitates (5)

- 39 Computer communication device (5)
- 40 Astronaut's quarters (5,7)
- 43 Cafe freebie (4)
- 45 Back (4)
- 47 Generator: Abbr. (3)
- 48 Eternal (5-6)
- 52 ET carrier (3)
- 53 Buffeted during a strong blow at sea (7-6)
- 54 "That hurt!" (2)

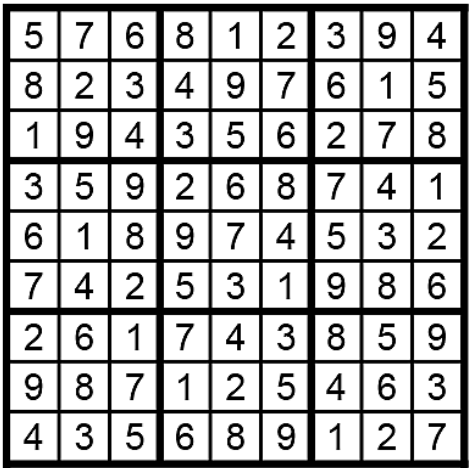
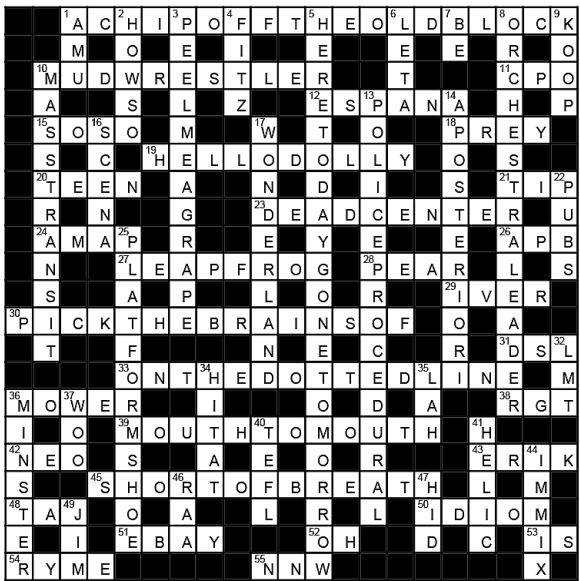
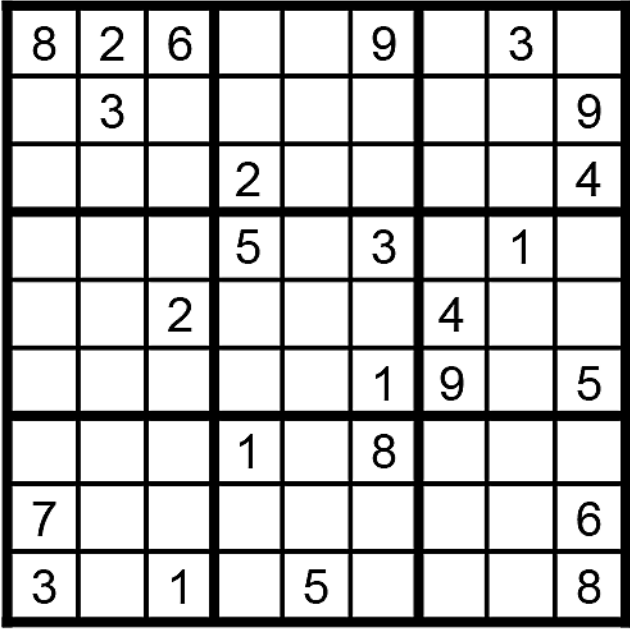
Down

- 1 Groups of acquaintances (5)
- 2 Basement washtub (4,4)
- 3 Kind of training (2,3,3)
- 4 Classic Carole King album (8)
- 5 "I" problem (3)
- 6 Hot lunch (8,3,6)
- 7 Requiring no care (11-4)
- 8 Meets (4,4)
- 9 Acronym in dance (3)
- 13 Stir fry? (8,11)
- 14 "No kidding!" (2)

- 15 Beer descriptor (5)
- 19 Cold storage places (9)
- 20 Short pants (11)
- 23 Etc., in Essen (3)
- 24 Russian carrier (8)
- 26 Logic: abbr. (3)
- 28 Snares (6)
- 29 Brown, stew, and serve in sauce (9)
- 31 Card (6)
- 35 Canal site (6)
- 37 Minstrel show figures (3,3)
- 39 Erred on (6)
- 41 ___ grecque (cooked in olive oil, lemon juice, wine, and herbs, and served cold) (3)
- 42 Barracks decor (3-2)
- 44 Mineral suffix (3)
- 45 "Street Fighter" fighter (3)
- 46 God of midday sun (2)
- 47 "Forgot About ___" (1999 rap song) (3)
- 49 Check for accuracy (3)
- 50 Some linemen: Abbr. (3)
- 51 Acqua di ___ (cologne brand) (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: MARCH 7, 2023

All Signs: Saturn takes about 30 years to travel through all 12 signs. Saturn is so powerful that when it changes signs, we feel its shift like an external force. Since March 2020, Saturn has been in Aquarius. The pandemic. This week it moves into Pisces to stay until 2026. Saturn is called the Great Teacher because it teaches us about who we really are. The last time Saturn was in Pisces was 1994 to early 1996. If you harken back to that time, you might get a hint of how Saturn helps you or cramps your style.

Aries the Ram (March 21-April 20):

As Saturn changes signs this week, it means you are entering a period of several years when you will start to downsize and streamline your life. Consciously or unconsciously you are getting rid of what is no longer relevant in your life. You might even end some friendships. Some of you might quit your job or even leave your country. Fortunately, lucky Jupiter is in your sign now boosting your spirits and bringing you good fortune. Later in the year, it will make you richer!

Taurus the Bull (April 21-May 20):

In the early 90s, you achieved things that were important to you, which meant that by 1994, 1995 you had to learn how to deal with the repercussions of the successes and failures that you had recently experienced. Once again, you are back in this same cycle. However, this time (because nothing in life is ever truly “the same”) while you learn to juggle people, success and your own needs, lucky Jupiter will move into your sign in May, which will bring a boost of good fortune your way, including joy and optimism.

Gemini the Twins (May 21-June 20):

Although you might not be aware of it, you have been waiting for this year for about 15 years. You are now entering your time of harvest, which will last for the next few years and will show you what is working and what is not. For many, it will be a time when cherished dreams come true: a graduation,

marriage, first child, big promotion, self-employment, book published. At the same time, some things will fall flat. Don't waste your time focusing on those. Move on because this is a powerful time for you!

Cancer the Crab (June 21-July 21):

Cast your mind back to 1994-96. Did you travel or study? Beginning this week, for the next two years, Saturn will be in your fellow Water Sign, making the same journey through your chart. This is super supportive. Take advantage of this time ahead to accomplish as much as possible. This will be a time when you achieve something that makes you proud. It will be easy to work. In fact, you can build up your physical strength in the next few years.

Leo the Lion (July 22-August 22):

In the next two years, you will take life more seriously, especially responsibilities to others. You will tie up loose ends with wills, estates, insurance issues and shared property. Meanwhile, you'll be in a serious frame of mind and give more thought to your own mortality. You will learn to live with the values of others, even if you don't agree with them. But you will also enjoy accolades, a promotion at work, success in the eyes of others and increased confidence!

Virgo the Virgin (August 23-September 22):

Once every 30 years, Saturn sits opposite your sign. That time has arrived. This is why your energy might be lower than usual. If you

feel tired – get more rest. This is a natural cycle and nothing is gained by fighting it. In the next two years, you might experience endings. A close relationship might end. Your ambitions might be thwarted. Accept what is happening. Pamper yourself with flowers, chocolates, or outdoor picnics. (Virgos often live in the city but are restored by pristine nature.) By summer, you want to explore the world!

Libra the Scales (September 23-October 22):

You're going to be busy in the next few years. Do not feel overwhelmed. Your effectiveness is being tested, and you will pass. Put everything in order. The key to your success will be to work steadily and efficiently. All the work that you do will benefit you. Likewise, treat your body as a tool that has to be well cared for. Expect wealth and gifts from others this year.

Scorpio the Scorpion (October 23-November 21):

Good news! Saturn moves into your fellow Water Sign this week, which means it will act like the third leg on a three-legged stool. This is good because you might have increased responsibilities with children in the next two years. Saturn will help you to accomplish as much as you can. The more you accomplish, the better prepared you will be for your future. Many of you will win recognition for your achievements. Meanwhile, lucky Jupiter will bless your closest relationships and make it the best year in over a decade to get married!

Sagittarius the Archer (November 22-December 21):

Ironically, it's a playful time for you now until the early summer. After that, you have fantastic opportunities to improve your job or get a better one – the best in over a decade. This year you can improve your health, which is good news because you like to be active outdoors! And at a deeper level, you might be asking yourself “What do I want to be when I grow up?” Regardless of how old you are.

Capricorn the Goat (December 22-January 19):

The winds of change are blowing, which means in the next two years, you will have a job change or a residential move. Think back to what happened around 1994-1996 because this same influence has returned. After giving up a lot between 2015 and 2018, you started to redefine who you were in the world. In the next two years, you put the final touches on the “new you.” Even if you think it won't happen, keep an open mind because the odds are high that you will have a change.

Aquarius the Water Bearer (January 20-February 18):

Glory hallelujah! It's been tough since March 2020, and this week marks the end of that tension. Now that you have survived this, you will use the next two years to give serious thought to your values. Saturn doesn't put you through the wringer for nothing. You're a better version of yourself. You have more patience with yourself and others and a deeper understanding of what life is all about.

Pisces the Fish (February 19-March 20):

This is a benchmark year for you because Saturn is entering your sign this week to stay for two years. The last time this happened was from 1994-96. This means you are starting out on a new 30-year cycle of internal growth. Your responsibilities will continue to be heavy but you're setting off on a new journey! You might even change your daily wardrobe. In the bigger picture, you are going to reinvent yourself or situations around you will force you to redefine who you are.



By Georgia Nicols
www.georgianicols.com.

CASTRO VALLEY TOTAL SALES: 8							
Highest \$: 1,700,000		Median \$: 946,500					
Lowest \$: 282,000		Average \$: 1,005,625					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
22739 Canyon Terrace Dr #3	94552	282,000	2	1213	1997	1/26/23	
3131 Somerset Ave #C	94546	710,000	3	1415	1985	1/24/23	
19244 Pinehaven P	94546	740,000	2	1674	1967	1/27/23	
3270 Keith Ave	94546	915,000	3	1454	1945	1/25/23	
19198 Madison Ave	94546	978,000	3	1110	1954	1/26/23	
21372 Timco Way	94552	1,030,000	3	1541	1990	1/27/23	
7509 Denison Pl	94552	1,690,000	5	2875	1999	1/27/23	
29863 Palomares Rd	94552	1,700,000	3	2128	1975	1/27/23	

FREMONT TOTAL SALES: 13							
Highest \$: 3,630,000		Median \$: 1,245,000					
Lowest \$: 465,000		Average \$: 1,344,077					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
3660 Knollwood Ter #204	94536	465,000	1	936	1984	1/27/23	
4502 Merced Cmm	94536	600,000	2	1050	1973	1/23/23	
4257 Delaware Dr	94538	950,000	3	1104	1955	1/25/23	
3873 Quantum Dr #400	94538	953,000	-	-	-	1/27/23	
35864 Linda Drive	94536	1,080,000	3	1689	1949	1/27/23	
40175 Michelle St	94538	1,110,000	2	950	1959	1/25/23	
40338 Blacow Rd	94538	1,245,000	3	1148	1960	1/23/23	
4885 Los Arboles Pl	94536	1,250,000	3	1370	1970	1/27/23	
2910 Park Place Cmm #Cm	94536	1,450,000	3	1546	1984	1/27/23	
40281 Cottage Rose Ter	94538	1,470,000	3	2036	2009	1/23/23	
45273 Tom Blalock St #401	94539	1,620,000	3	2097	2020	1/23/23	
793 Iroquois Way	94539	1,650,000	3	1481	1977	1/27/23	
2780 Woodside Ter	94539	3,630,000	4	3366	1997	1/23/23	

HAYWARD TOTAL SALES: 14							
Highest \$: 1,100,000		Median \$: 792,500					
Lowest \$: 425,000		Average \$: 787,786					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1155 Rowena Dr	94542	425,000	-	880	1949	1/23/23	
21985 Prospect St	94541	650,000	4	3269	1953	1/24/23	
24865 Muir St	94544	670,500	3	1040	1950	1/24/23	
24746 Stone Ct	94545	680,000	3	1550	1954	1/24/23	
22296 Western Blvd	94541	705,000	1	672	1922	1/24/23	
1895 Sally Creek Cir	94541	750,000	2	1561	1979	1/24/23	
706 City Walk Pl #8	94541	790,000	3	1418	2001	1/24/23	
656 Quincy Way	94541	795,000	3	1200	1957	1/24/23	
2072 Everglade St	94545	810,000	3	1125	1955	1/23/23	
23829 Clayton St	94541	860,000	3	1502	1958	1/27/23	
393 Solano Ave	94541	883,500	3	1474	1951	1/26/23	
597 Carmar St	94544	910,000	4	1437	1956	1/27/23	
24374 Bottlebrush Pl	94541	1,000,000	3	1997	1981	1/23/23	
25424 Modoc Ct	94542	1,100,000	3	1923	1997	1/24/23	

MILPITAS TOTAL SALES: 5							
Highest \$: 1,708,000		Median \$: 1,335,000					
Lowest \$: 660,000		Average \$: 1,268,900					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	

44 Washington Square Dr	95035	660,000	2	900	1990	1/27/23	
1010 Big Bear Court	95035	1,250,500	3	1742	1977	1/27/23	
894 Coyote Street	95035	1,335,000	3	1475	1977	1/27/23	
1566 Ellis Avenue	95035	1,391,000	3	1584	1962	1/27/23	
1205 Madalen Dr	95035	1,708,000	4	2683	1966	1/27/23	

NEWARK TOTAL SALES: 7							
Highest \$: 1,100,000		Median \$: 875,000					
Lowest \$: 560,000		Average \$: 852,571					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
39865 Cedar Blvd #228	94560	560,000	2	1071	1986	1/24/23	
36913 Newark Blvd #A	94560	670,000	2	1166	1987	1/24/23	
37056 Saint Christopher St	94560	750,000	3	1615	1958	1/26/23	
6462 Rochelle Ave	94560	875,000	3	1100	1960	1/25/23	
5321 Milani Ave	94560	915,000	3	1126	1959	1/24/23	
35132 Buckingham Ct	94560	1,098,000	3	1619	1968	1/23/23	
6475 Thomas Ave	94560	1,100,000	3	1730	1959	1/25/23	

SAN LEANDRO TOTAL SALES: 7							
Highest \$: 1,050,000		Median \$: 767,500					
Lowest \$: 475,000		Average \$: 782,500					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
16645 Hannah Dr	94578	475,000	2	800	1970	1/23/23	
16709 Rolando Ave	94578	662,000	3	1784	1939	1/25/23	
14414 Outrigger Dr #70	94577	738,000	3	1957	1987	1/26/23	
280 Leo Avenue	94577	767,500	2	1278	1927	1/27/23	
845 Linwood Way	94577	825,000	2	1371	1949	1/27/23	
1650 Dayton Ave	94579	960,000	-	1764	1977	1/26/23	
2395 Fairway Dr	94577	1,050,000	4	2046	1953	1/25/23	

SAN LORENZO TOTAL SALES: 3							
Highest \$: 940,000		Median \$: 800,000					
Lowest \$: 775,000		Average \$: 838,333					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
849 Via Manzanaras	94580	775,000	3	1134	1947	1/25/23	
1400 Bockman Rd	94580	800,000	3	1520	2009	1/26/23	
16228 Silverleaf Dr	94580	940,000	3	1819	1994	1/27/23	

UNION CITY TOTAL SALES: 5							
Highest \$: 1,360,000		Median \$: 1,160,000					
Lowest \$: 710,000		Average \$: 1,049,200					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
32022 Arya Ct #6a	94587	710,000	3	1249	1981	1/24/23	
385 Tamarack Dr	94587	816,000	3	1256	1957	1/24/23	
3260 Courthouse Pl	94587	1,160,000	3	1760	1989	1/24/23	
3306 San Pedro Ct	94587	1,200,000	-	2547	1977	1/26/23	
110 Mahogany Ln	94587	1,360,000	3	1867	1999	1/23/23	

Home Sales Report

To move or not to move:

Cohousing members mitigate hesitation

SUBMITTED BY EVELYN LATORRE AND JANE MUELLER

Moving can be one of the most stressful experiences in a person's life. From sorting and packing up your belongings to saying goodbye to familiar surroundings, the process of relocating can appear so daunting that it's tempting to just make do with a less than ideal situation.

In her At Home newspaper column, Marni Jameson cites a study about moving. Twenty-six percent of Americans actually moved to a new state in the last five years. Among those who stayed put, though, some 63% thought of doing it and didn't. And of those who did, 88% were happy they moved. What makes people hesitate? Three reasons seem to dominate their thinking.

1. People who have lived in the same place for a long time have likely accumulated a lot of possessions. Fortunately, there are many resources that can assist with sorting through them, including several of Ms. Jameson's books: What to Do with Everything You Own to Leave the Legacy You Want, and Downsizing the Family Home—What to Save, What to Let Go. There are also social media resources, including YouTube's popular Minimal Mom. Licensed professional organizers can help for a fee.

2. Worry about whether the new residence will meet their needs better than where they live now. These concerns are very personal and need to be evaluated individually. Most people searching for a new home must choose among neighborhoods that have already been designed around developer preferences and don't always reflect residents' priorities. Maybe the objective is to move nearer family members. However, sometimes family members have a change in circumstances—such as a new job—and move away themselves!

3. Concern whether the new neighborhood will be friendly. One may feel more comfortable with the present neighbors, even if not well known, than take the risk of meeting future ones.

The cohousing concept mitigates some of these reasons for hesitation. Cohousing—also known as collaborative housing—involves future residents in the planning and layout. For example, the members of Mission Peak Village, Fremont's first cohousing project, decided that they wanted smaller individual condominium units and ample shared space, including a large community building and lots of outdoor space. Several member households are downsizing from single family homes to live in either a two-or-three-bedroom

condominium. They know they want to live cooperatively surrounded by nature. All their condos will open onto a central garden dotted with fruit trees, play and sitting areas, and pathways that meander through the 13,200-square-foot professionally landscaped area. Residents look forward to gathering for common meals and special events in the 3,500-square-foot common house.

The concern about compatible neighbors is also reduced when moving into cohousing. By joining the group in its planning stage, one can find out who the neighbors will be. The members of Mission Peak Village are taking that step. On their website, they have declared a mission of being with neighbors who are living the values of sharing, caring, and sustainability. Reasons they state for moving into a cohousing community include social interaction, more facilities and resources, cost savings, health and wellness, security, and living in an appropriately sized home. The 32-unit development they are planning on High Street is where they want to reside for many years to come.

Most residents of the approximately 200 U.S. cohousing communities are happy with their choices, according to a recent survey done by the Cohousing Association of the U.S. (cohousing.org).

Members who moved two months ago into Skagit Commons Cohousing in Anacortes, Washington had this to say:

Susan: “Cohousing offers the opportunity for...unique interdependence. We can learn to serve the greater good in place of individual desires.”

Trina: “Someone always has your back; your neighbors are ready to listen.”

Larry: “I like to live in a unique community where your neighbors reach out in caring and cooperation. It is an opportunity to learn how to be independent through interdependence with others.”

Their advice: You get one life. Spend it where you want to be.

This article is part of an ongoing series on cohousing. To learn more on the topic of cohousing, visit www.cohousing.org. To learn more about Mission Peak Village, visit www.missionpeakcohousing.org.

Mission Peak Village is a group of friends forming Fremont's first cohousing community. Memberships are still available. Call Kelli at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or the www.missionpeakcohousing.org website, where you can register for a monthly walk to explore the neighborhood around the future site in the Irvington district of Fremont

Seder Apokálypsis comes to CSU East Bay

SUBMITTED BY CSUEB

Seder Apokálypsis: A Multi-dimensional Liberation Ceremony is a collaborative dance/theater/music production by the Wandering Ensemble and friends that will be presented by the CSU East Bay Theatre and Dance Department in from March 10 to 19.

Eric Kupers, the Wandering Ensemble, and a diverse group of artists, scholars, activists, and spiritual leaders are collaborating on a multi-cultural performance exploration of the Jewish Passover Seder and celebrations of freedom. Seder Apokálypsis is the primary public performance series of year three of Wandering in the Wilderness.

Straddling the worlds of performance, academic presentation, culture exchange, religious ritual, and transcultural community gathering, Seder Apokálypsis will be an immersive, ever-evolving, participatory experience.

We are returning to the root meanings of “apocalypse” as a time of uncovering and revealing more expansive and liberatory ways of being together in community. We will explore innovative intersections of dance, music, theatre visual art, film, interactive technology, academic research, community ritual, comedy, improvisation, and things we can only dream up together once we're in dialog.

There are 15 parts to a traditional Seder, and so there will be 15 sections of this performance ceremony,

co-created by folks from the CSUEB departments of Theatre & Dance, Interactive Art Graduate Program, Communication, Social Work, Kinesiology, and Music, as well as community groups and ensembles.

More information is available at www.csueastbay.edu/theatre. Tickets can be purchased on ShowTix4U.

Seder Apokálypsis
Friday, Mar 10 – Sunday, Mar 19 - Tickets: \$5 - \$15
CSUEB University Theatre
25800 Carlos Bee Blvd., Hayward
www.csueastbay.edu/theatre
www.showtix4u.com/events/17582

Comedy is no Joke

By MADHVIKA SINGH
PHOTOS COURTESY OF
AMIT TANDON

Be it art, arithmetic or architecture, genes, dance, or love, the key to their brilliance is in their expression. In theatrical performance, expression is an amalgamation of a character's story, emotions, and thoughts delivered in a way that audiences can relate to. It was this realization for Amit Tandon, Indian stand-up comedian, that brought out his latent genius. That started his journey to global fame, including his latest show on Netflix, "Family Tandoncies."

Tandon first discovered his talent for writing when he wrote an essay that unexpectedly fetched him an award in school. Another time, he took the opportunity to go up on stage and perform and ended up liking it, including the attention he didn't usually receive as a shy child. It was a humble beginning, but it planted the seeds of his future profession. While in college, Tandon started a dramatics club with friends, and it became a big success. This gave his personality a boost and he became more outgoing. After completing his undergraduate degree in Mechanical Engineering and a Master of Business Administration, he started working and the artist in him got left behind.

As he was looking to expand his business, a consultant suggested he follow the book - "The 4-Hour



considering making his passion his full-time profession. Soon, corporate bookings and international shows started flowing in.

Social media gave a boost to Tandon's popularity when he posted one of his early videos on YouTube, and it went viral. His U.S. tours sold out like hot cakes and he ended up doing way more than scheduled. Having performed at the Mark Green Sports Center in Union City in 2018, and India Community Center (ICC) in Milpitas in 2019, Tandon had a show in the Bay Area in February this year as part of his "Masala Sandwich" tour. Tandon is expecting to be back in the Bay Area again in 2024, and is thrilled about his show on Netflix. "The journey to Netflix has been exciting - it's a different kind of experience," shared Tandon. "Success did not come easy - there were times where my jokes did not fly with the audience. What defines me is that I continuously experiment and improve," he added.

On what advice he would give to aspiring stand-up comedians, he shared, "When you get an opportunity to connect with people, go bond with them, and be the best version of yourself. Social media and mobile devices have made it possible for artists to discover niche audiences and create a market for themselves." Tandon is grateful to his audience, and those in the industry who gave him an opportunity and lifted him in his starting years.

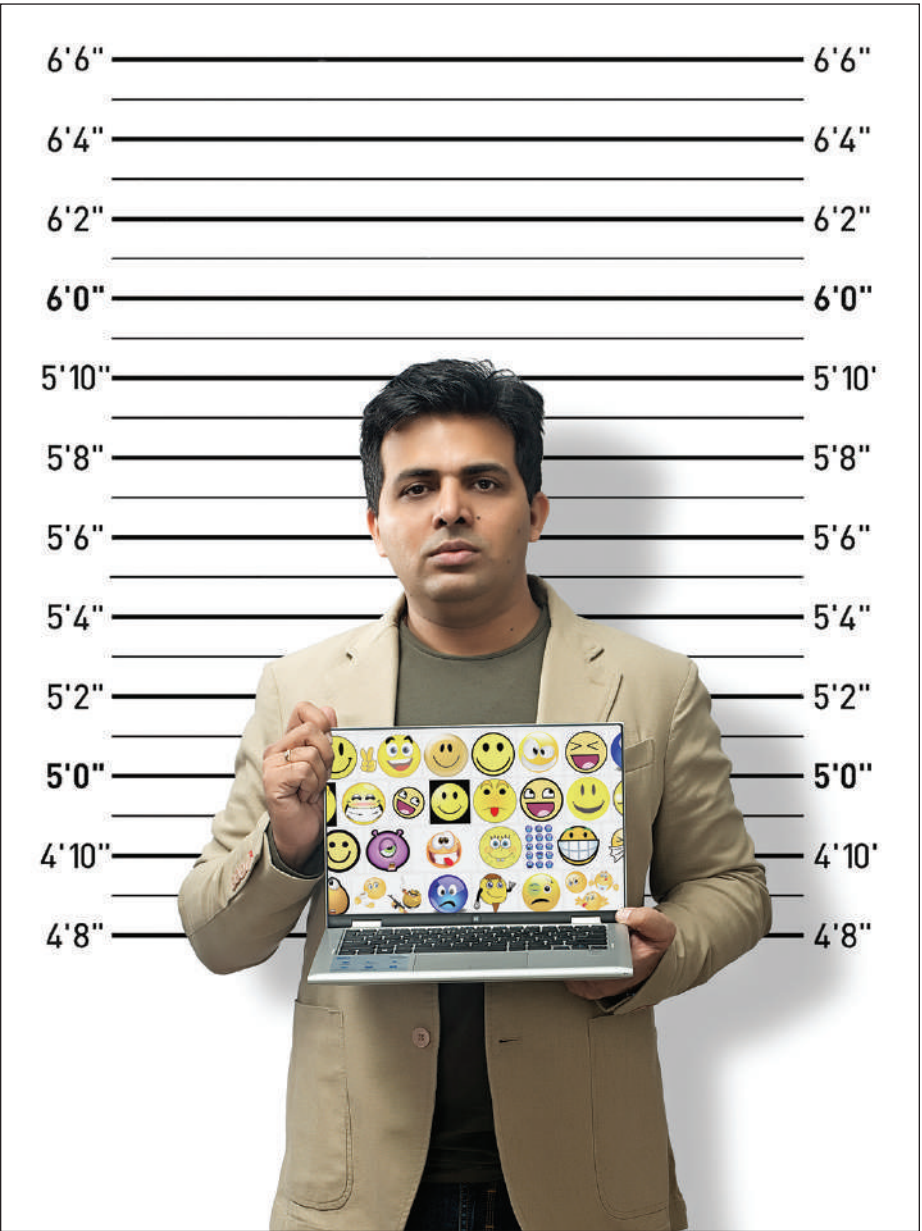


Workweek: Escape 9-5, Live Anywhere, and Join the New Rich" by Timothy Ferris. One of the recommendations was to list non-work activities to pursue. Tandon picked stand-up comedy and found open-mic platforms to experiment and improvise. "This helped me connect with people with common interests. The joy of writing jokes together was so energizing!" shared Tandon.

and continues to be the source of his strength.

Unbeknownst to him, a fan following had taken root, fetching him his first corporate show offer. The show was a hit. "The following morning, I was among the first ones to eat breakfast, because I couldn't sleep the whole night in joy of success," shared Tandon, with a laugh. The connection his audience was making with his talent got him seriously

Amit Tandon
<https://www.tandonamit.com>.



Shrek the Musical Jr.

SUBMITTED BY MILPITAS RECREATION

Shrek The Musical Jr., based on the Oscar-winning DreamWorks Animation film and fantastic Broadway musical, is coming to Milpitas Community Theatre from March 9 – 12. It's a "big bright beautiful world" as everyone's favorite ogre, Shrek, leads a cast of fairytale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairytale, Shrek Jr. is an irreverently fun show with a powerful message for the whole family.

Shrek the Musical Jr. is approximately 1 hour, 20 minutes with a short intermission. Community Center

parking is free. No food and drink are allowed in the auditorium. If you wish to enjoy a snack, please do so in the lobby or outside the building.

There are two casts for this production, performing on alternate nights.

Thursday, March 9, 7 p.m. - Cast A
Friday, March 10, 7 p.m. - Cast B
Saturday, March 11, 2 p.m. - Cast B
Saturday, March 11, 7 p.m. - Cast A
Sunday, March 12, 2 p.m. - Cast A
Sunday, March 12, 6 p.m. - Cast B

Shrek -The Musical Jr. is presented through special arrangement with Music Theatre International (MTI).

All authorized performance materials are also supplied by MTI. www.MTIShows.com

EVERY PERSON NEEDS A TICKET. Please purchase a quantity sufficient to accommodate your entire group (including young children who will sit in your lap).

Shrek the Musical Jr.
Thursday, Mar 9 – Sunday, Mar 12
Thurs/Fri: 7 p.m.
Sat: 2 p.m., 7 p.m.
Sun: 2 p.m., 6 p.m.
Milpitas Community Center
457 East Calaveras Blvd., Milpitas
<https://www.milpitas.gov/milpitas/departments/recreation-services/>
Tickets: \$12-14
Purchase tickets on Eventbrite

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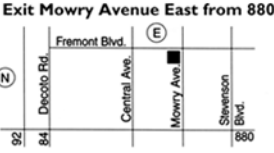
Se Habla Español
Burmese
Spoken

Financing Available
Evening and Saturday Appointments
Same Day Emergency Treatment Available

Most Insurance Plans Accepted

510-744-0844

4075 Mowry Ave., Fremont



Hayward Animal Shelter



510-293-7200

www.HaywardAnimals.com

16 Barnes Court, Hayward
(Near Soto & Jackson)

*Connecting rescued animals
with loving homes!*



Finn is a 2 year old male German Shepherd and the best boy! He is sweet, social, and just and an all-around well-rounded dog who loves walks, people, and playing with tennis balls. He would like a home with older children and other dogs. To adopt call Hayward Animal Shelter (510) 293 – 7200.



Sasha is a sweet 9 month old female German Shepherd/Lab mix puppy who loves tennis balls and Squeaky toys. Like any puppy, she would benefit from training, but is friendly and loves treats, which makes her a motivated and eager student. To adopt call Hayward Animal Shelter (510) 293 – 7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays

Practice Your English - Online Chat! R
4:00 pm -5:00 pm
Improve your English by talking with native speakers
bit.ly/3jqnz86
jliu@aclibrary.org

Tuesdays

Bilingual (English/Spanish) Tiny Tot Story Time
9:30 am -11:00 am
Kinder readiness class for 0-5 years old
Union City Family Center
725 Whipple Rd, Union City
(510) 476-2770
bit.ly/3vcTYRA bit.ly/3GaTami

Tuesdays & Thursdays

Spectrum Fall Prevention Presents "Enhance Fitness" R
9:30 am, 11:00 am
Program to energize and empower 60+ adult
San Leandro Senior Community Center
13909 E 14th Street, San Leandro
bit.ly/3Kzxlu8
Register in person or call
(510) 881-0300 x 270

Wednesdays

Zumba Gold \$
11:30 am -12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Wednesdays

Tropics Bingo
7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd, Union City
(510) 471-8550
the-tropics.net

Second Thursdays

Diaper Distribution Program
11:00 am
Diaper and wipes for low-income household
Hayward Public Library
888 C St, Hayward
(510) 293-8685
hayward-ca.gov/public-library

Thursdays

International Folk Dancing in Mandarin \$R
11:30 am -12:50 pm
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Thursdays

Chronic Pain Support Group
12:30 pm -2:30 pm
Group guidance from Stanford Pain Management Clinic
(510) 790-6600
Zoom link: agewellcenters@fremont.gov

Thursdays & Saturdays

Story Time
10:30 am -11:00 am
Picture book story time
Banter Bookshop
3768 Capitol Ave Ste.F, Fremont
(510) 565-1004
banterbookshop.com

Thursday - Sunday

Animal Feeding
3:00 pm -3:30 pm
Feed livestock and learn about their favorite food
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Fridays and Saturdays

Telescope Viewings
7:30 pm -10:30 pm
Experience the awe and wonder of the universe
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
chabotspace.org

Arts & Entertainment

278 Hampton Road, Hayward
(510) 626-8522
haywardrec.org

Saturdays

Laugh Track City \$
8:00 pm
Improvised games and scenes
Made Up Theatre
4000 Bay St suite B, Fremont
(510) 573-3633
madeuptheatre.com

Second Saturdays

Alviso Adobe Tours \$
1:00 pm
Docent-led tours and video presentation
Alviso Adobe Park
2087 Alviso Adobe Ct, Milpitas
(408) 586-3210
bit.ly/3BELTgR, bit.ly/3Wcmgau

Mondays

Advanced Math + Science Tutoring
5:30 pm -7:00 pm
Free high school and college-level tutoring
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
aclibrary.org
castrovalley@aclibrary.org

Mondays, Tuesdays, Thursdays & Fridays

Showers for Adults 55+ R
1:00 pm -2:30 pm
One shower per day
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Mondays, Wednesdays & Fridays

Spectrum Fall Prevention presents "Enhance Fitness" R
9:30 am, 11:00 am, 1:00 pm
Program to energize and empower 60+ adult
Cherryland Community Center
278 Hampton Road, Hayward
Register in person or call
(510) 881-0300 x 270
haywardrec.org, bit.ly/3Kzxlu8

Wednesdays, December 7 - November 22

Qi Gong Meditation & Exercise Classes
2:00 pm -4:00 pm
Relieve stress and anxiety by joining Falun Dafa classes
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scld.org

Thursdays, December 8 - June 8

Cover to Cover Book Discussion
1:00 pm -2:30 pm
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Saturdays, February 4 - April 15

Free Tax Assistance from VITA
1:00 pm -4:00 pm
Trained volunteers will prepare & file taxes for households earning less than \$66,000 in 2022
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
earnitkeepitsaveit.org

Sundays, February 12 - April 9

Dove Gallery Competition Exhibit
12:00 pm -3:00 pm
Eclectic showcase of local artist
Dove Gallery at Park Victoria Baptist Church
875 S Park Victoria Dr, Milpitas
(408) 464-5011
Dove@ParkVictoria.org

Wednesdays, February 15 - June 7

Youth basketball clinic R
4:30 pm -5:30 pm
Free Basketball clinic for Hayward students ages 12 - 17
Matt Jimenez Community Center
28200 Russ Rd, Hayward
(510) 887-0400
hayward-ca.gov/pal

Tuesdays, February 21 - June 27

Erase Una Vez / Once Upon a Time
4:00 pm -5:00 pm
Read & do an art project in Spanish
Cherryland Community Center

Thursdays, January 19 - April 20

Health Services for People Experiencing Homelessness
1:30 pm -3:00 pm
Get help with checkup, medications, appointments & food assistance
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Thursday - Saturday, January 19 - March 18

Tree talk
12:00 pm -5:00 pm
Art works & poems by Dotti Cichon & Nelly Capra
Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
olivehydeartguild.org

Monday - Thursday, January 23 - March 16

Embracing the World
9:00 am -5:00 pm
Multicultural & multimedia works from various artists
John O'Lague Galleria
Hayward City Hall
777 B street, Hayward
(510) 538-2787
haywardartscouncil.org

Saturdays, January 28 - March 25

Saturday English Conversation
10:00 am -12:00 pm
Open English conversation for all skill levels
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Tuesdays, March 7 - December 19

Chess Mix
12:30 pm - 3:00 pm
Drop in for some casual games of chess
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
aclibrary.org/locations/SLZ

UPCOMING EVENTS

Tuesday, March 7

Online Spanish Conversation Circle R
11:00 am - 12:00 pm
Practice your Spanish-Speaking skills
bit.ly/3ZeHVAq

Wednesday, March 8

Storytime & Craft
8:45 am - 10:00 am
Free to attend, food for purchase
Chick-fil-A Auto Mall
5539 Auto Mall Parkway, Fremont

Wednesday, March 8

Happy Holi Storytime
11:30 am - 12:30 pm
Read, sing and celebrate Holi together
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
haywardrec.org

Thursday, March 9

French conversation circle
2:00 pm - 3:45 pm
Practice your French
Hayward Public Library
888 C St, Hayward
(510) 293-8685
hayward-ca.gov/public-library
jessie.wu@hayward-ca.gov

Thursday, March 9

Fremont Summer Job Fair
4:30 pm - 7:30 pm
Interviews on the spot for part time & full-time positions
Fremont Downtown Event Center
3500 Capitol Ave, Fremont
(510) 494-4327
bit.ly/3Bnluib, bit.ly/3YcQxGN
RecJobs@fremont.gov

Thursday, March 9
Connection Through Music
4:45 pm - 5:30 pm
Inclusive musical experience designed for children with special needs, open to all abilities.
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Thursday, March 9
Ready, Set, Kindergarten
6:00 pm - 7:00 pm
Kindergarten readiness story time
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scld.org

Friday, March 10 – Saturday, March 11
VEX Robotics Tournament
8:00 am - 6:00 pm
State Championship High School
India Community Center
525 Los Coches St, Milpitas
(408) 934-1130
indiacc.org

Saturday, March 11
H.A.R.D Summer Job Fair
11:00 am – 2:00 pm
Workshop seasons: 11:30 am, 1:30 pm
Summer job fair and resume writing & interview prep workshop
Sorensdale Recreation Center
275 Goodwill Street, Hayward
(510) 881-6700
bit.ly/41HWnTu
jwad@haywardrec.org

Saturday, March 11
Paranormal at McConaughy House \$R
7:00 pm - 11:00 pm
Explore & investigate
McConaughy House
18701 Hesperian Blvd, Hayward
(510) 581-0223
bit.ly/3EMDzbM

Saturday, March 11
Ohlone College Flea Market \$
9:00 am - 3:00 pm
Music, arts, antiques, food, flowers, info-booth & more
Ohlone College
43600 Mission Blvd, Fremont
ohlone.edu

Saturday, March 11
Music hour at the library
2:30 pm - 3:30 pm
Enjoy your favorite book with light music
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Saturday, March 11
Building America
12:00 pm - 2:00 pm
Stories of Niles Canyon Railway
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3245
ebparks.org/parks/Sunol

Saturday, March 11
Family Nature Adventures: Scat \$R
9:30 am - 11:00 am
Identify the animals of the redwood forest
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
bit.ly/3ZbBr5A

Saturday, March 11
The Rainbow Trail Showing \$R
7:30 pm
A movie followed by two preceded shorts
Niles Essanay Silent Film Museum
37417 Niles Blvd, Fremont
(510) 494-1411
nilesfilmmuseum.org, bit.ly/3mmo-Hux

Saturday, March 11
International women's day celebration
3:00 pm - 7:00 pm
Honor, tributes and celebration for all the women
Fremont Downtown Event Center
3500 Capitol Ave, Fremont
(510) 742-7510
bit.ly/3Bnluib

Saturday, March 11
Lego for kids
11:00 am - 12:00 pm
Create with Legos for 3+
Hayward Public Library
888 C St, Hayward
(510) 293-8685
hayward-ca.gov/public-library

Saturday, March 11
Nocturnal: Illumination \$R
6:00 pm - 10:00 pm
Enjoy the evening exploring the intersection of art & science.
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
bit.ly/3SHoWfj

Saturday, March 11
Victorian table top games
2:00 pm - 3:00 pm
Enjoy old fashioned games
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Saturday, March 11
Marsh Mammal Madness
10:00 am -11:30 am
Learn about the mammals in the area
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Saturday, March 11
What's in the Mud?
1:00 pm - 2:30 pm
Discover new things about strange creatures in mud
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Sunday, March 12
Apples to Apples
12:30 pm - 1:30 pm
Explore the farm & taste varieties of apples
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Sunday, March 12
Wonderful weeds
1:30 pm - 2:30 pm
Discover the hidden uses of weeds
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Sunday, March 12
Holi Celebration R
2:00 pm - 4:00 pm
Celebrate the festival of color
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
bit.ly/3xZaXZf

Sunday, March 12
Wild Food
1:30 pm - 2:30 pm
Explore the farm for edible native california plants & weeds
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Sunday, March 12
VEX Robotics Tournament
8:00 am - 5:00 pm
State Championship Middle School
India Community Center
525 Los Coches St, Milpitas
(408) 934-1130
indiacc.org

Sunday, March 12
Dola Purnima & Holi
10:30 am - 2:05 pm
Bhajan, Puja followed by Holi celebration
Sri Ashta Lakshmi Temple
37270 Niles Blvd, Fremont
(510) 676-6635
ashtalakshmikrupa.org

Monday, March 13
ASL Story Signing
Preschool-2nd grade: 6:30 pm - 7:00 pm
3rd - 5th Grade: 7:00 pm - 7:30 pm
Story telling in American sign language
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Write Your Blues Away

SUBMITTED BY TISH DAVIDSON

Worn down by the cold, rainy weather? Tired of feeling trapped at home? Socialize in a fun, free, nonjudgmental Zoom Write-In on Saturday, March 11 from 2:00 p.m. – 3:30 p.m. This event is sponsored by Fremont Area Writers, and it is for everyone from complete beginners to established authors. It is not a writing critique session. Your writing will not be judged, just enjoyed by your fellow writers.

How the Write-In works:

At the Write-In, the computer will randomly assign four writers to each Zoom room. Writers will be given several word or photo prompts. The prompts are designed to help you get to know other writers in the room. They may be something like “a special piece of music” or “the beach.” Choose one prompt and write for 10 minutes. When the writing time ends, each person will read their response to the prompt and socialize in a relaxed, supportive atmosphere. Writers will then be reassigned a different Zoom room with different colleagues and given a choice of four sentences to begin a story. After a writing period, the stories will be shared with others in the room.

The Write-In is sponsored by Fremont Area Writers (FAW), a branch of the California Writers Club. In addition to the Write-In, FAW meets on

Zoom the fourth Saturday of each month. At meetings, guest speakers discuss various aspects of writing and the publishing industry.

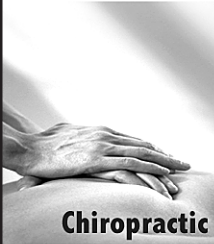
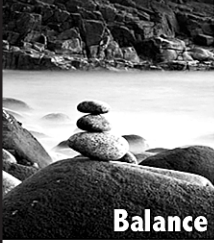
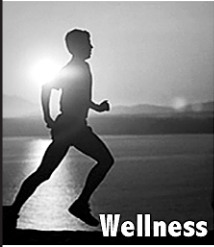
At the March 25 meeting, Julia Oversloot will speak about her book Decency and Luck. Based on her family's experiences, she has written about a Dutch couple living in the Netherlands during the Holocaust who protected a Jewish couple by incorporating them into their family. More information is available at <https://cwc-fremontareawriters.org>.

To participate in the Write-In or attend the free general meeting, please request the Zoom meeting link from Scott Davidson at scottfrombayside@yahoo.com.

Zoom Write-In
Saturday, Mar 11
2:00 p.m.-3:30 p.m.

General Meeting
Saturday, Mar 25
2 p.m. - 4 p.m.
Zoom

Request link from Scott Davidson:
scottfrombayside@yahoo.com
<https://cwc-fremontareawriters.org/>



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Summer job hunting season is here

SUBMITTED BY CITY OF FREMONT

Although summer is still a few months away, it’s not too early to think about summer jobs. And Fremont Parks & Recreation is a great place to start the search.

A free Summer Job Fair is set for Thursday, March 9 at the Downtown Event Center on Capitol Avenue. Staff members will be available to meet with potential applicants and answer questions about more than 100 seasonal, year-round or part-time jobs with the city.

Some of the benefits include:

- Flexible hours
- Day and night shifts
- Opportunities to gain valuable skills

There are jobs available for youth as young as 15 and adults of all ages; pay rates range from \$16 to \$33 per hour. On-the-spot screening interviews will be available for many jobs, so applicants can bring a resume. The 3-hour job fair starts at 4:30 p.m. and job seekers are welcome to drop in anytime.

To search or apply for jobs in advance, go to bit.ly/FremontRecJobs. For questions, send an email to RecJobs@fremont.gov or call (510) 494-4327.

Summer Job Fair
Thursday, Mar 9
4:30 p.m. – 7:30 p.m.
Downtown Event Center
3500 Capitol Ave., Fremont
(510) 494-4327

Entries sought for student virtual Art contest

SUBMITTED BY CITY OF FREMONT

In celebration of Youth Art Month, the City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Virtual Student Art Contest. The contest promotes National Children's Mental Health Awareness Day on May 11, 2023.

This year's theme is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit art, photographs and poetry based on this year’s theme. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete contest rules and submission details, visit the City of Fremont website at fremontcityofca.prod.govaccess.org, then enter “Virtual Student Art Contest 2023” into the search field and follow the links that appear. For details, call (510) 574-2100.

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Celebrate Persian New Year

SUBMITTED BY SAN LEANDRO MAIN LIBRARY

Join us at the Main Library to celebrate Persian New Year! Enjoy an interactive educational program with dances celebrating Nowruz performed by Beshkan Dance Academy, along with lively read-louds explaining the holiday. All ages welcome.

**Nowruz educational program
Saturday, Mar 11
2 p.m. - 3 p.m.
San Leandro Main Library
300 Estudillo Ave, San Leandro
<https://www.sanleandro.org/>
(510) 577-3960**

Moreau Catholic Falls to Bellarmine in CIF Playoffs

BY ANDREW JOSEPH

The Moreau Catholic Mariners boys' basketball team lost at home 62-60 to the Bellarmine College Prep Bells in round one of the California Interscholastic Federation (CIF) playoffs on Tuesday, February 28. The Mariners leading scorers include Robert Morgan II with a game high 19 points, Goudy-Lee added 17 points, and Kellen

Hampton added nine points. Bellarmine was led by Nick Corbett's 18 points, Will Corbett's 14 points, and Julian Gospich's 14 points. "The game plan was to try to play to our strengths, pushing the ball down the floor, and attacking the bucket which I think we did in the first quarter," said Moreau head coach Frank Knight. Moreau began the game on a 7-0 run and ended the first

quarter with a 3-pointer at the buzzer by Morgan II to go into the second period up 22-7. They played solid on offense getting to the rim and finishing in the first quarter with the momentum on their side. "The first quarter was excellent for us and that's the way we were supposed to play the whole game," said Goudy-Lee. "We were all in our rotations, got to the basket, and executed what the coaches wanted."

In the second quarter things turned around as Bellarmine played better defense and outscored Moreau 18-5 in the period. The Mariners didn't convert on their foul shots, going 13 for 24 from the free throw line the whole game. "We weren't attacking the basket in the second quarter and they had us settling for 3s which is what Bellarmine wanted us to do," said Morgan II.

Moreau went into halftime holding on to a 27-25 lead. "We were in foul trouble kind of early so we decided to back off a little bit and that caused them to play harder and come at us more," said Goudy-Lee.

The Mariners went 7 for 11 on free-throws in the third quarter and also had two steals in their effort to keep their lead. Goudy-Lee scored eight points in

the third, including a layup after stealing the ball from the Bells. Bellarmine scored 16 points in the third quarter to go into the final period down just three points.

Moreau opened the fourth quarter with a 3-pointer by Joseph Cid to give them a 47-41 advantage. Bellarmine got their first lead of the game after scoring on four straight possessions including a 3-pointer to go up 55-53 with under three minutes remaining in the game. Moreau came back immediately and tied the game at 55 with a layup on a fast break possession. There was a total of four lead changes in the final 2:30 of the game.

The Mariners shot just 2 of 6 from the free throw line to end the game, which costed them. The Bells were fouled on a made layup and tied the game at 60 with 40 seconds left. Moreau's Jesse Ybarra was subsequently fouled and missed both free throws with seven seconds left. Bellarmine's Tariq Weisner took the ball the length of the floor and made a wild basket off the glass as time expired to win the game.

"On that last possession I was supposed to wait for the shot clock to go down, but we

scrapped the first play we were going to go with then we got fouled and went to the free-throw line and missed both free-throws," said Morgan II. "It didn't turn out how we wanted it to in the end but it was a good season."

A brand-new Wilson ball was used for the CIF playoff game which caused a bit of disruption for Moreau who had played the entire season with a Spalding ball that the North Coast Section (NCS) uses for their games. "That was a brand-new ball," said Goudy-Lee. "We hadn't played with it or touched it yet so there was a different feel to it."

The season ends in disappointment for Moreau who had high hopes this year of winning a league title. The seniors on the team have now played their last high school basketball game in a season that went well until their last two losses, including their February 25 loss in the NCS championship. The Mariners end the season 23-7 overall and undefeated in the Mission Valley league at 14-0.

"This was a tough one to lose and to end it the way we did was a let-down," said coach Knight.



Community Bulletin Board

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		FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365			510-494-1999 tricityvoice@aol.com	
			A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227		Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting	only. Any change will be considered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV
BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers						
Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com	Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics. We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17.weebly.com You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.				SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499	President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills. We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org
Memorial Lutheran Chapel for the Deaf (MLCD) MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. Location: Prince pf Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA Sunday Bible Study: 9:30 a.m. - Sunday Worship: 11:00 a.m. Church Office: 510-499-8473 or 510-516-9566 Email: mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube "Where people gather...to worship, learn and share the love of Jesus"		The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531		Join the American Association of University Women - Fremont Branch Make new friends Create STEM opportunities for girls Arrange STEM summer camps for teens Attend social events Choose students for college scholarships Meet with your book group. Gather for coffee Have Fun https://fremont-ca.aauw.net/		
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 916-217-3074	Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org		Mission Peak Fly Anglers Join us to meet with those who enjoy fly fishing Programs Casting Lessons FlyTying Meetings every 3rd Wednesday 7 pm Fremont Activity Center 3375 Country Dr, Fremont www.missionpeakflyanglers.org email: fremont.mpfagmail.com		THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891	
Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY’S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.	FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT,CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom		The Washington High School Alumni Foundation and WHS Associated Student Body 2023 Hall of Fame Ceremony & Dinner Saturday, May 20 For information about the Hall of Fame, visit www.whsaf.org This year's inductees are: Louis Costin Bufkin (Posthumously) Teacher & Coach 1961-1987 Education Ed Neumeister, Class of 1970 - Arts & Entertainment Mike Jacinto, Class of 1971 (Posthumously) - Lifetime Recognition Denise Jacinto, Class of 1972 - Lifetime Recognition Swiss Park, 5911 Mowry Avenue (across from NewPark Mall), Newark. Doors open 5pm dinner 6pm Order Tickets: https://www.eventbrite.com/e/515144098867			
SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313	Newark Memorial High School 40th Reunion - Class of 83 June 10, 2023 - 6:00pm - 10:00 pm Massimos Italian Restaurant (Includes Dinner) 5200 Mowry Ave., Fremont Ca Tickets:\$99 if purchased in advance \$110 at the door Venmo: @NMHS83 (last 4 digits of phone number: 1197) Website: www.newarkmemorial83.com Email: newarkmemorial83@gmail.com SAVE THE DATE		Ohlone College Flea Market 2nd Saturday of every month Starting March 11, 2023. 9AM – 3PM Lower Lots E & D Free Admission Free Early Bird Parking in Lot C ONLY! We will be welcoming new and old vendors, So come ready to spend money and have fun! Email: fleamarket@ohlone.edu Phone: 510-659-6285.			
A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227	*** 2023 SPRINGTIME BOUTIQUE *** APRIL 22, 2023 9:00AM - 3:00PM FREMONT ELKS LODGE 38991 FARWELL DRIVE, FREMONT Great shopping for gift giving ideas. Remember Mothers Day is coming soon along with Weddings / Bridal Showers / Graduations / Baby Showers & Birthdays ! Contact 510-828-9685 for more info		NEWARK TROOP NEWARK TROOP 186 is looking for 6th – 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at EvelynMarieLittle@gmail.com for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark”			
PRIMAVERA BICYCLE RIDE Sunday, April 23, 2023 Mission San Jose HS, Fremont 100 mi, 100K, 25 mi Advance registration required For info: to sign up, or volunteer: FFBC Primavera 2023 https://ffbc.org/primavera/	REGISTER TODAY Fremont Football and Cheer League 2023 season FREE football & cheer camps will be held at Nordvik park on 4/8, 4/22, 5/6 & 5/20 Go to our website for more information www.fremontfootball.org If you have any questions you can call 510-226-7277	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30-7:30pm begin in October Newark Library 37101Newark Blvd. Newark 510-793-8181 aachstricity.org		NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6237.		

OPINION



WILLIAM MARSHAK

In 1968, a new cigarette, manufactured by Philip Morris, appeared to laud the emancipation of women while paradoxically enticing them to buy and use a carcinogen. Virginia Slims burst on the market with the slogan, "You've come a long way, baby" recognizing the lengthy struggle for women's equality. The U.S. suffrage movement for voting rights, culminated in 1920 with passage of the 19th Amendment to the Constitution. However, many gender-oriented discriminatory obstacles have emerged that threaten hard-won civil rights of women and all population sectors. Others affected by the long road to civil rights have also endured a rough path toward equality although addressed in 1957 and 1964 Civil Rights Act legislation. The path twists and turns, even backtracks at times, but looking back, the slogan still has merit.

A Long Way

Not only have we experienced some progress, although inconsistent and irregular, in women's and minority civil rights, but recognition of personal challenges has also matured. In 1972, Missouri Senator Thomas Eagleton, Democratic vice president candidate on the ticket with George McGovern was forced to drop out when it was revealed that he had suffered from, and been treated for, depression. Mental illness was, at the time, a topic left to the shadows as shameful and taboo. With the Vietnam debris, came recognition of a mental condition finally officially categorized as posttraumatic stress disorder (PTSD). This was discussed openly as a legitimate problem affecting many veterans and others in different circumstances. Mental illness has come out of the closet as evidenced by the supportive reaction to the revelation that Senator John Fetterman of Pennsylvania is currently under treatment for depression.

An additional challenge to the goal of "life, liberty and the pursuit of happiness" is the double-edge sword of the internet. A wonderful source of information and connectivity, it has also spawned a plethora of concerns, especially for teens. Information, support, entertainment and

networking are positive aspects of social media, but abnormal peer pressure, distraction and disassociation from the real world as well as unrealistic expectations can also be the result.

All in all, when looking back, there is cause to celebrate our accomplishments while remaining vigilant and wary of the road ahead. Much remains to be done. Some yearn for a past that appears rosy in the rearview mirror, but was flawed, requiring hard work, legislation, recognition and correction of those defects. Frank and clear appraisal of past deficiencies will pave a straighter and healthier road to tomorrow.

We have come a long way, but have a long way to go

William Marshak
PUBLISHER

Cloud seeding: risky for the environment?

EARTHTALK

BY RODDY SCHEER AND DOUG MOSS

Dear EarthTalk: What are the environmental implications of "blueskying" -- that is, seeding clouds to affect the weather -- like China did in preparation for hosting the Olympics back in 2008?

-- William S., Raleigh, North Carolina

Cloud seeding -- also called "blueskying" -- involves releasing chemicals such as silver iodide, potassium iodide or calcium chloride into the atmosphere to stimulate cloud formation, enhance clouds' precipitation or suppress rain where blue skies are desired. China used cloud seeding to ensure dry weather for the 2008 Beijing Olympics, one of the most recent and significant examples of the technique being used on a large scale. China has also used cloud seeding to stimulate precipitation to help replenish its shrinking Yangtze River watershed.

But at what price to the environment, you might ask? Cloud seeding can theoretically go well, but there is always a chance of unintended adverse consequences. Releasing these chemicals into the atmosphere can contaminate water supplies below and affect human and animal health. Researchers from Spain's Complutense University found in a 2016 study that silver iodide causes acute toxicity for a range of living organisms both in soil and freshwater.

Another potential environmental implication of cloud seeding is its potential effect on weather patterns. Increased precipitation in one area could lead to droughts in nearby areas, as the rain is diverted away from those regions. Similarly, cloud seeding could cause excessive rainfall, leading to flooding and other weather-related disasters.

Cloud seeding could also have an impact on agriculture and natural ecosystems. While increased rainfall may be beneficial for some crops, it could lead to soil erosion and other negative impacts on the environment. Similarly, increased rainfall could alter the ecosystem's balance, leading to the proliferation of certain species and the decline of others.

Cloud seeding can also have an impact on the Earth's ozone layer. Silver iodide can break down ozone molecules in the atmosphere, leading to the depletion of the ozone layer. Ozone depletion can have severe consequences for the environment, including increasing our exposure to harmful ultraviolet radiation and the potential for climate change.

Given all the potential risks, governments should proceed cautiously with any plans to seed clouds. Perhaps with more research and refinement humans can perfect the process in the future, but until then it might be better to just accept whatever weather we have. Of course, what we think here in North America has little impact on what the Chinese or others elsewhere think about this type of geoengineering, so get ready for it to become more and more common around the world.

ONLINE CONTACTS

- Climate Intervention: ametsoc.org/index.cfm/ams/about-ams/ams-statements/statements-of-the-ams-in-force/climate-intervention/
- Potential risk of acute toxicity induced by AgI cloud seeding on soil and freshwater biota: <https://pubmed.ncbi.nlm.nih.gov/27517140>

EarthTalk is produced by Roddy Scheer & Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

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ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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Radke Championing Advocacy Award

SUBMITTED BY DAVE MASON

On Friday, March 3, 2023, East Bay Regional Park District and Regional Parks Foundation awarded State Assemblymember Rebecca Bauer-Kahan the 2022 Radke Championing Advocacy Award at a ceremony at Inspiration Point in Tilden Regional Park. Assembly Member Bauer-Kahan was instrumental in securing \$4 million in the 2019-20 State Budget for restoration at McCosker Creek in Robert Sibley Volcanic Regional Preserve in Orinda and \$3.5 million in the 2021-22 state budget for wildfire protection equipment. The Radke Championing Advocacy award is named for late Park District Board Member Ted Radke who advanced state and federal support for park funding and strengthened the Park District’s ties in Sacramento and Washington, D.C.

Ink and Metal

SUBMITTED BY MANASA MADDI

Ink and Metal 5773 is a high school robotics team that has been competing for 11 years in the FIRST Tech Challenge (FTC) run by the FIRST organization. They are located in Fremont and participate in the Nor-Cal region, in which they have consistently qualified for States and also won the NorCal States Championship in 2021. They strive to share their team’s passion with interested audiences regardless of race, background, and location. Their mission is to instill the values of perseverance, leadership, gracious professionalism, & STEM in students in their local and international communities. Throughout years of competing, they have hosted numerous workshops, classes, YouTube videos, donations, and competitions to inspire people to discover their passion.

In this current season, Ink and Metal have shifted towards offering unique opportunities for students to be involved in FIRST and STEM by providing them with an in-depth run-through of what FIRST entails. After successfully completing 11 years as an FTC team, they encountered countless teams that came from different backgrounds, locations, member count, experience, and goals. While these factors distinguished teams, all were equally qualified for success.

At previous events, Ink and Metal stuck to presenting only their own experiences. While this introduced audiences to their side of this journey, they understood the approach lacked perspective. This moment of realization prompted the team to execute an event of unmatched scale in the history of Ink and Metal.

They decided to invite FIRST teams from across the globe to share their experiences as a

competitive team, opportunities associated with their location, struggles they overcame, and most importantly, what FIRST has taught them. Answering these questions would demonstrate to audiences the benefits and challenges associated with being a FIRST team, and also how participating could be immensely fun. By compiling the recordings into a video uploaded to YouTube, Ink and Metal wanted to reach a new audience and inspire viewers to join these programs.

Using social media platforms such as Instagram, Messenger, Reddit, Discord, and YouTube, Ink and Metal connected with teams to pitch the idea. To make sure all participating teams understood the project, Ink and Metal coordinated individual online meetings. Overall, they contacted 758 teams and met with 127 teams. Would it be possible to make a project on this scale work? Well, Ink and Metal defied all odds and crafted a documentary featuring a grand total of 119 teams from around the globe. They included at least a team from every U.S. State and 22 international teams from 15 countries.

With the debut of their documentary “INKernational,” Ink and Metal 5773 have become an inspiration for many across the world by demonstrating how faith in an idea along with vision, persistence, and collaboration can bring an idea to life.

The video has been posted on their YouTube channel and made available on Vimeo. To find it, go to @Ink and Metal 5773 on Youtube.

After reaching more than 2 million people from 73 countries, Ink and Metal is continuing to become the change this world needs.

Spot the Morning and Evening Star: Observe Venus

BY DAVID PROSPER

Venus is usually the brightest planet in our skies, and is called “Earth’s Twin” due to its similar size to Earth and rocky composition. However, Venus is a nightmare version of our planet, featuring a thick, crushing atmosphere of acidic clouds, greenhouse gasses, howling winds, and intense heat at its surface.

This rocky inner world’s orbit brings it closer to Earth than any of the other planets, and is the second closest to the Sun after Mercury. Like Mercury, Venus orbits between our planet and the Sun, so Earth-based observers can observe Venus in the morning before sunrise, or in the evening after sunset – but never high in the sky in the middle of the evening, unlike the outer planets.

Since Venus is so striking in its twilight appearances, the planet features heavily in sky mythologies worldwide. Venus’s bright morning and evening appearances are the origin for its dual nicknames: Morning Star, and Evening Star. Some ancient astronomers never made the connection, and assumed the Evening Star and Morning Star were two unrelated objects! Observers can even spot Venus during the daytime, if the sky is very clear and the planet is bright enough.

Venus also has phases, similar to the Moon and Mercury. Galileo’s observations of Venus’ phases helped turn the astronomy world upside down in the early 1600s, and you can see them yourself using a telescope or even a surprisingly low-power pair of binoculars. Warning: Please be very careful when observing Venus with a telescope in the early morning or daytime. Never allow the Sun to enter your instrument’s field of view, as you could be permanently blinded.

Venus’s other moniker of “Earth’s Twin” is a bit misleading. In terms of their surface temperatures and atmospheres, Venus and Earth are extremely different! The surface of Venus is warmer than that of Mercury, despite Mercury being many millions of miles closer to the Sun. While Mercury is still a scorching 800 degrees Fahrenheit (427 degrees Celsius), Venus is even hotter: 900 degrees Fahrenheit (482 degrees Celsius). The vast amount of carbon dioxide in the thick Venusian atmosphere acts as an insulating blanket that retains much of the Sun’s heat, creating the runaway greenhouse effect that dominates its present-day climate. The Venusian surface is a crushing 90 Earth atmospheres on top of its absurd temperatures. These extreme conditions mean that the mission life of any past Venusian robotic landers were measured in hours at best – and usually minutes!

However, conditions in Venus’s upper atmosphere may be much more hospitable, with temperatures and pressures at 30 miles (50 km) above the surface that are much more Earth-like in temperature and pressure. Studies of the Venusian atmosphere, including seasonal appearances of dark streaks and faint signals of suggestive chemistry, intrigue researchers with the possibility that some sort of life may persist in the clouds. But far more evidence is needed to confirm such a claim, since non-biological factors like volcanism and other processes could also be the source for these signals.

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Emerson College, Massachusetts
Spring 2022 Dean’s List
• **Worlanyo Mensah of Fremont**
• **Qais Faraj of Hayward**

Be a hero by donating blood

SUBMITTED BY MARTIN GAGLIANO, AMERICAN RED CROSS

During March, the Northern California Coastal Region of the Red Cross is honoring the humanitarian spirit of volunteers and donors during its 80th annual American Red Cross Month celebration. It is a national tradition that began in 1943 when President Franklin D. Roosevelt issued the first Red Cross Month proclamation. This year, volunteers, staff and Red Cross leadership will celebrate Red Cross Month in local proclamation ceremonies across the Northern California region.

There are numerous ways people can participate in Red Cross Month. Financial donations can be made by visiting redcross.org, or people can give blood or platelets, become a volunteer or take a class in lifesaving skills, such as first aid, CPR and how to use an AED. On March 22, people can also join the annual Red Cross Giving Day campaign by donating at redcross.org/givingday. These funds will help provide shelter, food, relief items, emotional support and other assistance for people affected by disasters big and small.

There are numerous in-person blood donation opportunities available in the Tri-City region through March 31:

- **Hayward**
March 11: 9 a.m. to 3 p.m.
New Hope Christian Fellowship, 22110 Montgomery St.
- **San Leandro**
March 22: 11:30 a.m. to 3:30 p.m.
City of San Leandro/Marina Community Center, 15301 Wicks Blvd.
- **Castro Valley**
March 28: 9 a.m. to 3 p.m.
Castro Valley Church of the Nazarene, 19230 Lake Chabot Road.
- **Newark**
March 10-12; 17-19; 24-26; 31: 8:15 a.m. to 2:45 p.m.; March 13-16; 20-21; March 23, 27-30: 11:45 to 6:00 p.m.
Newark Blood Donation Center, 39227 Cedar Blvd.

It’s important for donors -- especially type O blood donors and platelet donors -- to give to ensure hospitals have the blood they need in times of emergency. Donation appointments can be scheduled online by visiting the American Red Cross website at redcross.org or by calling 1-(800) 733-2767.

Venus’s thick sulfuric acid clouds block direct visual observations of its surface from optical telescopes on Earth. Multiwavelength observations from space probes show evidence of active volcanoes and possibly some sort of plate tectonics, but follow-up missions will be needed to confirm the presence of active volcanism, plate tectonics, and any possible signs of life.

In order to do so, NASA is sending two new missions to Venus by the end of this decade: the orbiter VERITAS, which will map the surface in high detail and study the chemistry of its rocks and volcanoes, and DAVINCI+, which will study its atmosphere and possible tectonic surface features via a “descent sphere” that will plunge into Venus’s clouds. Follow their development and discover more about Venus at solarsystem.nasa.gov/venus, and of course, continue your exploration of the universe at nasa.gov.

This article is distributed by NASA’s Night Sky Network (NSN). The NSN program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit nightsky.jpl.nasa.gov to find local clubs, events, and more!

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Sheldon Parks
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September 20, 1933 – February 19, 2023

Jess Loya Jr.
Resident of Fremont
December 7, 1942 – February 18, 2023

LeRoy Raymond
Resident of Fremont
May 4, 1919 – February 14, 2023

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SOCIAL SECURITY MATTERS

BY RUSSELL GLOOR, NATIONAL SOCIAL SECURITY ADVISOR, AMAC FOUNDATION

Ask Rusty – What’s the best way to start receiving my survivor benefit?

Dear Rusty: When one becomes a widow/widower, what is the most efficient way to start receiving the deceased’s monthly Social Security.

Signed: Still Grieving

Dear Still Grieving: There is really only one way to start receiving surviving spouse benefits – you must contact Social Security directly to apply. You can call 1 (800) 772-1213 or call your local SS field office (find the number at www.ssa.gov/locator) to make an appointment to apply for your survivor benefits. These appointments are normally conducted over the phone, so a personal visit to the Social Security office isn’t usually necessary.

The larger question to consider is when you should claim the survivor benefit. Like most other Social Security benefits, your age when you claim determines how much your survivor benefit will be. And a survivor benefit isn’t payable in all cases. Consider these points:

- If the surviving spouse is already receiving their own SS retirement benefit and that is more than the deceased spouse was receiving, the surviving spouse continues to receive only their own higher benefit but will get a one-time lump sum death benefit of \$255.
- If the surviving spouse’s own benefit is less than the deceased was receiving, the surviving spouse’s benefit will be based on the higher amount.
- If the surviving spouse has reached their full retirement age (FRA), the survivor’s benefit will be 100% of the amount the deceased was receiving. If the widow(er) has not yet reached their FRA when they claim their survivor benefit, the amount will be reduced (by 4.75% for each full year earlier than FRA).

In Memory of Bonnie Nelson (Creaser)

On Thursday, December 29th, Bonnie M. Nelson (Creaser) passed away. She was eighty years old. Residing in Fremont, California. Bonnie was preceded by her parents Helen and Ed Creaser, and her husband Fred. She is also survived by two daughters Nancy and Kathy and two grandchildren.

Celebration of Life will be held on Saturday March 11, 2023, at 11:00am St James Episcopal Church 37051 Cabrillo Dr. Fremont, Ca 94536

In lieu of giving flowers, Please make a donation to:



St James Episcopal Church
37051 Cabrillo Dr.
Fremont, Ca 94536

Jess Loya Jr.
Resident of Fremont

December 7, 1942 – February 18, 2023



Jess Loya Jr., Born in Madera, Ca and longtime Fremont, Ca resident passed away on Feb. 18th, 2023 at the age of 80. He is preceded in death by his Father Jess Loya Sr and Mother Rose Avila. Jess was second oldest of 13 children; Richard Avila, Frank Loya, Tommy Loya, Evelyn Rocha (Loya), Larry Ramirez. Olga Ramirez (Olivares), Rick Ramirez, Ron Ramirez, Roseann Ramirez, Sally Martinez (Flores), Henry Martinez and Jaclyn Quintera-Silvera and has many Nephews, Nieces and Cousins.

Jess graduated from Washington High in 1960 and was drafted into the U.S. Army serving from 1966-1968, in 1967, he fought in the Vietnam

War with the 3rd Battalion, 47th Infantry Regiment, 9th Infantry Division. After serving our country Jess went on to start a successful and well known roofing business. He was well known and became friends with many of his customers as owner of Jess Loya Roofing for over 30 years.

He also spent much of his time serving in various leadership positions as a member of the Mission San Jose I.D.E.S. Council #1. He was in charge of Council #1 Annual Festa’s at at Mission San Jose/St. Joseph’s Church and he also organized many of the 4th of July Parades in Fremont. His later years were spent tending to his garden with his companion, helping other Veterans navigate through the VA system and spending time on his computer.

A visitation will be held on Wednesday, March 8, 2023 at 1:30 PM at Berge Pappas Smith Chapel of the Angels, 40842 Fremont Blvd., Fremont, CA 94538. Burial will be on March 9, 2023 at 11 AM at California Central Coast Veterans Cemetery, 2900 Parker Flats Cut Off Rd, Seaside, CA 93955.

Masks are required

- A survivor benefit reaches maximum at the survivor’s FRA. If the surviving spouse hasn’t yet reached FRA, they have the option to delay claiming their survivor benefit until it reaches maximum at their FRA. There is one exception to this: if the surviving spouse was already receiving only a spousal benefit from the deceased (and not their own SS retirement benefit), the survivor benefit will be automatically awarded regardless of the survivor’s age.
- If the surviving spouse hasn’t yet claimed their own SS retirement benefit, they have the option to claim only their survivor benefit first and permit their personal SS retirement benefit to grow (up to age 70). That would be prudent if the survivor’s own SS retirement benefit at age 70 will be higher than their maximum survivor benefit at their full retirement age.

• If you haven’t yet reached your full retirement age and are still working, Social Security has an earnings test which limits how much you can earn before some benefits are taken away. The limit for 2023 is \$21,240 and if that is exceeded, they will take away benefits equal to \$1 for every \$2 you are over the limit. The earnings test goes away when you reach your FRA.

So, as you can see, there are several things to consider as you decide when to claim your Social Security benefits as a widow or widower. I hope the above information helps you make an informed choice.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

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David M. Galindo

October 29, 1982 - February 18, 2023

David M. Galindo, son of Grace Huerta and Michael Galindo, was 40 years old when he arrived at the pearly gates. An avid learner and over-achiever, David graduated from Newark Memorial High School, University of Arizona with not 1, but 3 degrees in Marketing, Entrepreneurship, and Spanish, and Cal State East Bay with a Master’s in Education. The stars were aligned when David met the love of his life, Diane, in an Astronomy class at U of A. They married in July 2008 and their love grew stronger with time.

David’s gift, being able to connect with everyone he met, was shared with many students over the course of his career at Fremont and Newark School Districts and the All Saints’ Youth Ministry/Confirmation Program. He often told extravagant, comedic, and mostly believable stories with metaphors to life to reach his audience. His legacy lives on in the people whose lives he forever changed with his gift.

David’s thirst for life and interest in business resulted in the creation of DOHP – Decorate Our Home Planet 3Trees. His vision for DOHP was to develop and market an affordable, sustainable clothing line manufactured from recycled materials. In his pursuit of this endeavor, he showed others



how to live a full and deeply meaningful life.

David was an avid reader and talented writer/storyteller. He enjoyed sport cars, travel, sports, music, technology, art, history, politics, languages, gaming, photography, and food. He was an empathetic teacher and motivational speaker who gave the gift of his time to his students, staff, and parents. He is survived by his wife Diane Galindo, parents Grace Huerta and Michael Galindo, sisters Victoria Piatt and Valerie Spencer, brother Mike Jr. from San Diego, many aunts, uncles, cousins, nieces, and nephew. We are thankful to everyone for reaching out during this time.

Elia Perez-Castañeda

December 27th, 1965 - February 28th, 2023

Resident of San Lorenzo



Elia is survived by her husband Jesus, and five children, Natalia, Monica, Celeste, Jasmin and Jesus Jr, and family dog Koketa.

Born to José and Juana Perez, Elia was raised in Newark. She was one of 8 children, and was a graduate from Newark Memorial High School. As a young woman Elia loved to dance, and would frequent local dances. This is how she met the person who would become her husband, Jesus. In 1986 they got married at St. Edwards Catholic Church on her 21st birthday.

Elia was married for 36 years, and in that time, she birthed 5 children who love her dearly. As a mother and wife, she gave her family all that she could. She enjoyed taking her children to concerts and shows, providing them protection, chaperoning for field trips, volunteering at their schools, supporting each of their creative endeavors and

expressions, and so much more. Elia was a lover of music and an excellent craftswoman when it came to crocheting, sewing, and scrapbooking, all things she would teach and pass on to her children.

Those who knew Elia, knew her as a kind, spit-fire, and a radiant woman. She was a woman who wore her heart on her sleeve, and would give anything for those she cared for. She was a fighter and warrior who fought every day to be the best woman, mother and wife s he could be. With her amazing smile, infectious laugh, and sense of humor,

Elia was one that could bring a smile to every person she met, even through hard times. Some of her favorite things include Pepsi, ice cream, flan, chinese food, the color maroon, lilies, and soap operas.

Elia was a beautiful woman, that was so smart, funny, and clever, and she is greatly missed.

Visitation will be held on Thursday, March 9th from 5-8pm with Vigil Service starting at 6:30pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA. She will be honored at St. Edwards Church, 5788 Thornton Ave., Newark, CA on Friday, March 10th at 10:30am.

Fremont Memorial Chapel
510-793-8900

NEWARK-FREMONT LEGAL CENTER

510-794-5297

www.newark-legal.com

Business & Personal Legal & Paralegal Services

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Chapter 7
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• Deeds

Inter-spousal Deeds
Grant Deeds
Quitclaim Deeds
Deeds in/out of Trusts
Deed of Trust
Power of Attorney
Affidavit of Death
of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway
Suite C-7, Fremont

M-F 10-7
Evening & Weekends
By Appointment

SOCIAL SECURITY MATTERS

By RUSSELL GLOOR, NATIONAL SOCIAL SECURITY ADVISOR, AMAC FOUNDATION

Ask Rusty – What’s the best way to start receiving my survivor benefit?

Dear Rusty: When one becomes a widow/widower, what is the most efficient way to start receiving the deceased’s monthly Social Security.

Signed: Still Grieving

Dear Still Grieving: There is really only one way to start receiving surviving spouse benefits – you must contact Social Security directly to apply. You can call 1 (800) 772-1213 or call your local SS field office (find the number at www.ssa.gov/locator) to make an appointment to apply for your survivor benefits. These appointments are normally conducted over the phone, so a personal visit to the Social Security office isn’t usually necessary.

The larger question to consider is when you should claim the survivor benefit. Like most other Social Security benefits, your age when you claim determines how much your survivor benefit will be. And a survivor benefit isn’t payable in all cases. Consider these points:

- If the surviving spouse is already receiving their own SS retirement benefit and that is more than the deceased spouse was receiving, the surviving spouse continues to receive only their own higher benefit but will get a one-time lump sum death benefit of \$255.

- If the surviving spouse’s own benefit is less than the deceased was receiving, the surviving spouse’s benefit will be based on the higher amount.

- If the surviving spouse has reached their full retirement age (FRA), the survivor’s benefit will be 100% of the amount the deceased was receiving. If the widow(er) has not yet reached their FRA when they claim their survivor benefit, the amount will be reduced (by 4.75% for each full year earlier than FRA).

- A survivor benefit reaches maximum at the survivor’s FRA. If the surviving spouse hasn’t yet reached FRA, they have the option to delay claiming their survivor benefit until it reaches maximum at their FRA. There is one exception to this: if the surviving spouse was already receiving only a spousal benefit from the deceased (and not their own SS retirement benefit), the survivor benefit will be automatically awarded regardless of the survivor’s age.

- If the surviving spouse hasn’t yet claimed their own SS retirement benefit, they have the option to claim only their survivor benefit first and permit their personal SS retirement benefit to grow (up to age 70). That would be prudent if the survivor’s own SS retirement benefit at age 70 will be higher than their maximum survivor benefit at their full retirement age.

- If you haven’t yet reached your full retirement age and are still working, Social Security has an earnings test which limits how much you can earn before some benefits are taken away. The limit for 2023 is \$21,240 and if that is exceeded, they will take away benefits equal to \$1 for every \$2 you are over the limit. The earnings test goes away when you reach your FRA.

So, as you can see, there are several things to consider as you decide when to claim your Social Security benefits as a widow or widower. I hope the above information helps you make an informed choice.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Facebook parent Meta threatens to remove news from platform

ASSOCIATED PRESS

Facebook parent Meta Platforms Inc. said Dec. 6 it will be “forced to consider” removing news content from its platform if Congress passes legislation requiring tech companies to pay news outlets for their material.

The Journalism Competition and Preservation Act, if passed, would allow news companies to collectively negotiate with social platforms over the terms on which their material appears on their sites.

Meta said it would rather pull news from its platforms than “submit to government-mandated negotiations that unfairly disregard the value we provide to news outlets.” The value, Meta said in a statement tweeted by spokesman Andy Stone, includes “increased traffic and subscriptions.”

Meta, which is based in Menlo Park, California, has taken similar stands in the past. Last year, it briefly blocked news from its platform in Australia after the country passed legislation that would compel tech companies to pay publishers for using their news stories. It later struck deals with Australian publishers.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, MARCH 23, 2023, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

LIANG RESIDENCE – 4528 Saint Francis Terrace – PLN2023-00138 - To consider a Discretionary Design Review to allow a new 15,500 square foot two story single family home on a 2.52 acre vacant lot located at 4528 Saint Francis Terrace in the Southern Hill Area Community Plan Area, and to consider a finding that no further environmental review is required pursuant to categorical exemption from the California Environmental Quality Act (CEQA) per, without limitation, pursuant to CEQA Guidelines Section 15303, Small Structures, and a finding that no further environmental review is required per CEQA Guidelines Section 15183, as the project is consistent with the land use envisioned for the site as established by the General Plan for which an Environmental Impact Report (SCH#2010082060) was previously prepared and certified, and CEQA Guidelines Sections 15162 and 15163, as none of the circumstances requiring preparation of a subsequent or supplemental EIR have occurred. Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov

HAPPY BIRDIE BADMINTON – 43951 Boscell Road – PLN2023-00195 - To consider a Conditional Use Permit to convert a 23,957 square foot tenant space in an existing 50,480 square foot commercial building to allow the operation of a 13 court badminton facility located at 43921 Boscell Road in the Bayside Industrial Community Plan Area, and to consider a finding that no further environmental review is required pursuant to an exemption from the requirements of the California Environmental Quality Act (CEQA), per without limitation, CEQA Guidelines Section 15301, Existing Facilities, and a finding that no further environmental review is required per CEQA Guidelines Section 15183, as the project is consistent with the land use envisioned for the site as established by the General Plan for which an Environmental Impact Report (SCH#2010082060) was previously prepared and certified, and CEQA Guidelines Sections 15162 and 15163, as none of the circumstances requiring preparation of a subsequent or supplemental EIR have occurred. Each of the foregoing provides a separate and independent basis for CEQA compliance. Project Planner – Kevin Lee, (510) 494-4521, kylee@fremont.gov

FEE DEFERRAL PROGRAM AMENDMENT – Citywide – PLN2023-00216 - To consider a City-initiated Zoning Text Amendment (PLN2023-00216) to amend FMC Chapter 18.290 (Development Impact Fees) to modify the timing of payment of development impact fees for certain types of development projects and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061(b)(3) in that it is not a project which has the potential to cause a significant effect on the environment. Project Manager – Dan Schoenholz, (510) 494-4438, dschoenholz@fremont.gov

For further information on any of the above items, contact the respective project planner above for that particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

JOEL PULLEN, AICP, SECRETARY
FREEMONT PLANNING COMMISSION



CNSB #3676617

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 595863

Fictitious Business Name(s):
BEAUTY DOSE LOUNGE, 1780 WHIPPLE RD STE 205, UNION CITY, CA 94587, County of ALAMEDA

MAILING ADDRESS: 214 G ST., UNION CITY, CA 94587
Registrant(s):
VIVIANA MONARREZ, 214 G ST., UNION CITY, CA 94587

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ VIVIANA MONARREZ
This statement was filed with the County Clerk of Alameda County on 02/27/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/7, 3/14, 3/21, 3/28/23

CNS-3676715#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595844

Fictitious Business Name(s):
NAIL PERFECTION, 47878 WARMSPRING BLVD, FREMONT, CA 94539, County of ALAMEDA

Registrant(s):
TRANG THI LE, 38014 IRIS COURT, NEWARK, CA 94560

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ TRANG THI LE
This statement was filed with the County Clerk of Alameda County on 02/27/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont Planning Commission will hold a public hearing to consider the following proposal. Said public hearing will be held at 7:00 p.m., Thursday, March 23, 2023, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

Fee Deferral Program Amendment—Public hearing (published notice) to consider recommendation to City Council of a City-initiated Zoning Text Amendment (PLN2023-00216) to amend FMC Chapter 18.290 (Development Impact Fees) to allow market rate residential development projects to defer payment of impact fees for up to 18 months from the date of permit issuance; and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061(b)(3) in that the proposed amendment is not a project which has the potential to cause a significant effect on the environment.

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

Questions about this public hearing item should be directed to Community Development Director Dan Schoenholz, at 510-494-4438 or dschoenholz@fremont.gov.

JOEL PULLEN, SECRETARY

CNSB #3676609

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/7, 3/14, 3/21, 3/28/23

CNS-3675722#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595713

Fictitious Business Name(s):
GO GO FREIGHTS, 38863 FREMONT BLVD APT #34, FREMONT, CA 94536, County of ALAMEDA

Registrant(s):
MOHAMMED JAVEED, 38863 FREMONT BLVD APT #34, FREMONT, CA 94536, County of ALAMEDA

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ MOHAMMED JAVEED
This statement was filed with the County Clerk of Alameda County on 02/22/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/7, 3/14, 3/21, 3/28/23

CNS-3675613#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595678

Fictitious Business Name(s):
GLOBAL SHIP N PRINT, 30679 UNION CITY BLVD, UNION CITY, CA 94587, County of ALAMEDA

Registrant(s):
BIRAJ B. SHAH, 33478 BARDOLPH CIR, FREMONT, CA 94555

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ BIRAJ B SHAH
This statement was filed with the County Clerk of Alameda County on 02/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/28, 3/7, 3/14, 3/21/23

CNS-3674257#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595673

Fictitious Business Name(s):
ACAREPLUS / C/WFA, 24438 SANTA CLARA ST UNIT 57102, HAYWARD, CA 94544, County of ALAMEDA

Registrant(s):
CHRIST'S WORLD FELLOWSHIP ASSEMBLY, 24438 SANTA CLARA ST UNIT 57102, HAYWARD, CA 94544, County of ALAMEDA

Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on 09/14/2020

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ ROME S ENZON
This statement was filed with the County Clerk of Alameda County on 02/21/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/28, 3/7, 3/14, 3/21/23

CNS-3674240#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 594780

Fictitious Business Name(s):
NUMARITECH, 38660 HASTINGS STREET APT D102, FREMONT, CA 94536 County of ALAMEDA

Registrant(s):
YAPING HOU, 38660 HASTINGS STREET APT D102, FREMONT, CA 94536

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 12/15/2022.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ YAPING HOU,
This statement was filed with the County Clerk of Alameda County on 01/17/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/28, 3/7, 3/14, 3/21/23

CNS-3673902#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 594668

Fictitious Business Name(s):
KISSED BY MY LOU, 5409 CENTRAL AVE SUITE 14, NEWARK, CA 94560 County of ALAMEDA

Registrant(s):
LAKENYA COPER, 981 WEST TENNYSON RD #306, HAYWARD, CA 94544

Registrant(s):
TRACEY PERRY, 2844 HANCOCK DR, FREMONT, CA 94538

Business conducted by: A General Partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ TRACEY PERRY
This statement was filed with the County Clerk of Alameda County on 01/10/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/28, 3/7, 3/14, 3/21/23

CNS-3672526#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595437

Fictitious Business Name(s):
MACIA SHOP 4545 PERALTA BLVD, FREMONT, CA 94536, County of ALAMEDA

Registrant(s):
HARRY M. WALKER, 35231 LIDO BLVD, NEWARK, CA 94560

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 1967

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ HARRY M. WALKER
This statement was filed with the County Clerk of Alameda County on 02/08/2023

NOTICE: In accordance with subdivision (a)

Alameda County Water District
Notice of Proposed Transfer of Unclaimed Money to General Fund

The Alameda County Water District ("District") hereby gives notice to the following persons and organizations, pursuant to California Government Code Sections 50050 – 50053, that unclaimed money in the amounts shown below, will become the property of the District and will be transferred to its general fund on April 14, 2023 unless a claim is filed with the Treasurer of the District before that date. The unclaimed money is represented by checks issued by the District payable to the persons and organizations listed below which have not been cashed for three years or more. If you believe you are entitled to such money, you must file a written claim stating your name, address, phone number, the amount of the claim and the grounds on which the claim is founded. If you still have the check, it must be submitted along with the claim. The Treasurer may require you to provide additional information and will inform you whether the claim has been accepted or rejected. Claims should be addressed to:

Jonathan Wunderlich, Treasurer
Alameda County Water District
43885 South Grimmer Boulevard
Fremont, CA 94538

If you have any questions, please contact accounts payable at 510-668-4259.

DATE	WARRANT #	PAYEE	AMOUNT
4/5/2019	243999	Union Pacific Railroad	1045.00
7/12/2019	244877	STILOG, Inc.	2910.00
7/12/2019	244878	TerraChem Inc	1480.00
7/26/2019	245025	Partner Engineering & Science	121.82
7/26/2019	245039	Warm Springs LP	4432.51
3/13/2019	3006364	The New Home Company Northern Cal.	375.89
3/9/2019	3006379	The New Home Company Northern Cal.	324.88
3/19/2019	3006393	Derrick Fortier	100.00
3/19/2019	3006401	The New Home Company Northern Cal.	116.15
3/26/2019	3006410	Vivan Randall	94.82
3/26/2019	3006413	Janet Zook	86.32
3/26/2019	3006422	Show and Sell Realty	92.04
5/02/2019	3006445	Raj Vuppala	81.93
5/02/2019	3006459	Esteban Kim	45.02
5/02/2019	3006472	Keller Williams Tri Cities Management	49.11
5/02/2019	3006473	The New Home Company Northern Cal.	41.16
5/02/2019	3006474	The New Home Company Northern Cal.	63.81
5/02/2019	3006480	Kim's Cleaners	18.32
5/02/2019	3006482	Theresa Redfield	19.39
5/02/2019	3006485	Kyle Christie	20.08
5/02/2019	3006488	Marlon Moreno	31.13
5/02/2019	3006492	Coleen Loftus	28.12
5/02/2019	3006496	Bharathram Loganathan	32.33
5/02/2019	3006498	Henry Ma	24.42
5/28/2019	3006510	Joyce Davis	68.00
5/28/2019	3006514	Shui Ho	69.07
6/03/2019	3006557	Irene Young	150.81
6/03/2019	3006560	Lorena Velez	169.93
6/04/2019	3006613	Kenneth Duran	87.63
6/04/2019	3006616	Top Line Property Solutions	59.34
6/11/2019	3006629	Anatoli Teveler	16.01
6/11/2019	3006633	Carmen Ocampo	16.03
6/18/2019	3006658	Shirley Meeker	18.69
6/18/2019	3006662	Jose Aranda	25.97
7/30/2019	3006703	Susan Akbar	21.17
7/30/2019	3006714	Twinkle Mohapatra	100.00
7/30/2019	3006717	Kjirsten Koka	94.04
7/30/2019	3006718	Abdul Shekai	79.07
9/17/2019	3006735	Suchi Reddy	20.68
9/17/2019	3006806	Barns	79.55
9/17/2019	3006813	Rodan Builders Inc.	1472.83
9/23/2019	3006822	Lloyd Smith	94.27

Date: February 28, 2023 Jonathan Wunderlich, Director of Finance/Treasurer
CNSB#3673784

of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/21, 2/28, 3/7, 3/14/23

CNS-3671673#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 595339

Fictitious Business Name(s):
PERFECT NAIL, 43460 ELLSWORTH STREET, FREMONT, CA 94539 County of ALAMEDA

Registrant(s):
PERFECT NAIL, 43460 ELLSWORTH STREET, FREMONT, CA 94539

Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on 12/2/2022

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ LEAKENATUY,
This statement was filed with the County Clerk of Alameda County on 02/03/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/21, 2/28, 3/7, 3/14/23

CNS-3670278#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595397

Fictitious Business Name(s):
LINA BEAUTY SPA, 44825 INDUSTRIAL DR., FREMONT, CA 94538, County of ALAMEDA

MAILING ADDRESS: 4063 CRESTWOOD ST., FREMONT, CA 94538

Registrant(s):
LINA LIN, 4063 CRESTWOOD ST., FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 02/07/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ LINA LIN
This statement was filed with the County Clerk of Alameda County on 02/07/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of

PUBLIC NOTICES

390, FREMONT, CA 94538 County of ALAMEDA Registrant(s):
FULL SERVICE TECHNOLOGY SOLUTIONS INC. (CALIFORNIA), 39300 CIVIC CENTER DRIVE, SUITE 390, FREMONT, CA 94538
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
FULL SERVICE TECHNOLOGY SOLUTIONS INC. 39300 CIVIC CENTER DRIVE
ST ROBERT BROWN

This statement was filed with the County Clerk of Alameda County on 02/08/2023.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 2/14, 2/21, 2/28, 3/7/23

CNS-3666567#

GOVERNMENT

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposal. Said public hearing will be held at 7:00 p.m., Tuesday, March 21, 2023, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

2022 HOUSING ELEMENT ANNUAL
PROGRESS REPORT

Public Hearing (Published Notice) to Consider an Annual Report on the Status of Implementation of the General Plan and 2023-2031 Housing Element, and to Consider a Finding that the Annual Report is Exempt from the Requirements of the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15378 in that the activity does not meet CEQA's definition of a "Project."

Information on how to participate will be made available, at least 72 hours prior to the meeting, on the agenda posted online.
If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER, CITY CLERK

3/7/23

CNS-3675770#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on March 22, 2023. Due to the current safety measures in place there will not be a public bid opening for this project. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m. Sylvester Harvey Community Park Perimeter Pathway Project PWC 9065

A PRE-BID CONFERENCE: A conference will be held on Thursday, March 16, 2023, at 2:00p.m. at the following location: the entry path to the Sylvester Harvey Community Park play area on Lake Arrowhead Avenue, to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory. Potential bidders who attend the conference will be required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest COVID-19 Alameda County Guidance.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 via Phone(408) 295-5770 or email: santaclara@e-arc.com or through Planwellat www.e-arc.com/location/santa-clara . Please reference BID #23-0110 No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT 2/28, 3/7/23

CNS-3674574#

CITY OF UNION CITY
DEPARTMENT OF PUBLIC WORKS
REQUEST FOR PROPOSAL (RFP) FOR
TRAFFIC SIGNAGE, IN-SIGNAL
SUPPORT, AND EMERGENCY REPAIR
SERVICESCITY PROJECT NO. 23-20
NOTICE TO CONTRACTORS

Sealed proposals for the work shown on the RFP entitled: **UNION CITY – RFP FOR TRAFFIC SIGNAGE, IN-SIGNAL SUPPORT, AND EMERGENCY REPAIR SERVICES, CITY PROJECT 23-20**, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until **Thursday, March 30th, 2023, 2:00PM PST**.

The Contractor shall possess a Class A or a combination of Class C-10 (Electricity) and C-12 (Earthwork and Paving) California contractor's license at the time this contract is awarded.

All the project work is to be done in accordance with the RFP on file with the Public Works Department - City of Union City, 34009 Alvarado-Niles Road, Union City, California 94587. A copy of the RFP may be obtained at no charge via email request to the City at publicworks@unioncity.org. The RFP is also posted on the City's website: www.unioncity.org. All questions should be emailed to Eddie Yu at eddiey@unioncity.org.

CITY OF UNION CITY
DATED: February 23th, 2023

2/28, 3/7, 3/14, 3/21, 3/28/23

CNS-3674413#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on March 15, 2023. Due to the current safety measures in place there will not be a public bid opening for this project. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m. NORTHGATE COMMUNITY & MARSHALL NEIGHBORHOOD PARK PLAY AREA RENOVATIONS PROJECT PWC 9054 & 9008

A PRE-BID CONFERENCE: A conference will be held on Wednesday, March 8th, 2023 at 10:00am, at the following location: the entry path to the Marshall Park play area on Curtis Street, to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory. Potential bidders who attend the conference will be required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest COVID-19 Alameda County Guidance.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 via Phone (408) 295-5770 or email: santaclara@e-arc.com or through Planwell at www.e-arc.com/location/santa-clara. Please reference BID #23-012 No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT 2/28, 3/7/23

CNS-3673431#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on **March 21, 2023**. Due to the current safety measures in place there will not be a public bid opening for this project. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day by 4:00 p.m. 2023 PAVEMENT REHABILITATION PROJECT PWC 8234-W

A PRE-BID CONFERENCE: There is no Pre-Bid Conference for this project.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 via Phone(408) 295-5770 or email: santaclara@e-arc.com or through Planwellat www.e-arc.com/location/santa-clara . Please reference **BID #23-019** No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov JANICE BECERRA, CPPB PURCHASING DIVISION CITY OF FREMONT 2/28, 3/7/23

CNS-3673991#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
ROSA LOPEZ RODRIGUEZ
CASE NO. RP23138302

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: ROSA LOPEZ RODRIGUEZ, A Petition for Probate has been filed by STEVEN RODRIGUEZ in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that STEVEN RODRIGUEZ be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on APRIL 5, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: STEVEN RODRIGUEZ, 1500 "H" STREET, UNION CITY, CA 94587, Telephone: 510-386-4001 3/7, 3/14, 3/21/23

CNS-3676221#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
VICTOR EDWARD OBREZA
CASE NO. RP23136287

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: VICTOR EDWARD OBREZA, A Petition for Probate has been filed by SANDRA ANTLE-OBREZA in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that SANDRA ANTLE-OBREZA be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on APRIL 24, 2023 at 9:45AM in Dept. 201 Room located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: SANDRA ANTLE-OBREZA, 512 WALNUT ST. #301, SAN CARLOS, CA 94070, Telephone: 650-801-2794 2/28, 3/7, 3/14/23

CNS-3674271#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
Susan J. Sakamoto
CASE NO. RP23137598

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Susan J. Sakamoto, A PETITION FOR PROBATE has been filed by Mie Sakamoto Wise in the Superior Court of California, County of Alameda. THE PETITION FOR PROBATE requests that Mie Sakamoto Wise be appointed as personal representative to administer the

estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on 03/27/2023 at 9:45am in Dept. 202 located at 2120 MARTIN LUTHER KING JR. WAY BERKELEY CA 94704 BERKELEY COURTHOUSE.

REMOTE APPEARANCE: The Court allows, but does not require, all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Cindy T. Nguyen (SBN 273866) Amity Law Group LLP 3733 Rosemead Blvd., Ste 201 Rosemead, CA 91770 Telephone: (626)307-2800 2/28, 3/7, 3/14/23

CNS-3673878#

TRUSTEE SALES

T.S. No. 107678-CAAPN: 483-0042-075 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/8/2007, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 5/3/2023 at 12:00 PM, CLEAR RECON CORP. as duly appointed trustee under and pursuant to Deed of Trust recorded 10/12/2007 as Instrument No. 2007358172 of Official Records in the Office of the County Recorder of Alameda County, State of California executed by: ROY C. THOMPSON AND MINNIE L. THOMPSON, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS AND CREDIT ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE; AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST., OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 69, AS SAID LOT IS SHOWN ON THE MAP OF "TRACT 2969" CASA VERDE, UNIT NO. 1, CITY OF UNION CITY, COUNTY OF ALAMEDA, STATE OF CALIFORNIA; FILED FEBRUARY 6, 1968, IN BOOK 56 OF MAPS, AT PAGES 43 AND 44, IN THE OFFICE OF THE COUNTY RECORDER OF ALAMEDA COUNTY, THE FOLLOWING LEGAL DESCRIPTION IS SHOWN AND DESCRIBED IN SAID DEED OF TRUST AS FOLLOWS: LOT 69, AS SAID LOT IS SHOWN ON TAN MAP OF "TRACT 2969" CASA VERDE, UNIT NO. 1, CITY OF UNION CITY, COUNTY OF ALAMEDA, STATE OF CALIFORNIA; FILED FEBRUARY 6, 1968, IN BOOK 56 OF MAPS, AT PAGES 43 AND 44, IN THE OFFICE OF THE COUNTY RECORDER OF ALAMEDA COUNTY. The street address and other common designation, if any, of the real property described above is purported to be: 3138 SAN ANGELO WAY, UNION CITY, CA 94608. The undersigned trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trust created by said Deed of Trust, to the highest bidder, the amount of the unpaid balance of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$369,138.96 If the Trustee is unable to convey for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown in this notice of sale may be postponed without notice. The undersigned trustee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 107678-CA.

Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: Effective January 1, 2021, you may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an

"eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (408) 374-7204 or visit www.foreclosureuc.com or www.nationwideposting.com and check Trustee's Sale #22-327-ALA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (408) 374-7204 or visit www.foreclosureuc.com or www.nationwideposting.com and check Trustee's Sale #22-327-ALA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 8880 Rio San Diego Drive, Suite 725 San Diego, California 92108 3/7, 3/14, 3/21/23

CNS-3674667#

Title Order No.: 2227206cad Trustee Sale No.: 86142 Loan No.: 399376704 APN: 543-0253-057 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/2022, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 3/22/2023 at 12:00 PM, CLEAR RECON CORP. as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 1/19/2022 as Instrument No. 2022012549 in book *1111*, page *1111* of official records in the Office of the Recorder of Alameda County, California, executed by: JAMES N. HARDWICK, as Trustor and DESIGNATED PUBLIC AS BENEFITARY WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: At the Fallon Street Emergency Exit of the Alameda County Courthouse located at 1225 Fallon Street, Oakland, CA 94612. NOTICE OF TRUSTEE'S SALE -- continued all right, title, and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: LOT 65, TRACT 3587, FILED SEPTEMBER 11, 1975, MAP BOOK 86, PAGES 24 TO 27, INCLUSIVE, ALAMEDA COUNTY RECORDS. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 34855 WABASH RIVER PL FREMONT, CA 94555. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligations secured by and pursuant to the Power of Sales conferred in the Deed of Trust executed by Rose Linda Amboy Vargas, a married woman as her sole and separate property, as Trustor, Recorded on June 8, 2021 as Instrument Number 2021209570 in Book *n/a* at Page *n/a* of Official Records in the Office of the Recorder of Alameda County. At the time of the initial publication of this Notice, the amount due to satisfy the obligation secured by the subject Deed of Trust, estimated costs, expenses, fees and advances is \$147,961.35. To verify the opening bid call (408) 374-7204, before the sale date. The Foreclosure Company, Inc., as Agent, 827 Cedar Street, Santa Cruz, CA. 95060 By: Christina Leigh, Foreclosure Officer, should be filed on February 14, 2023. This notice attempted to collect a debt and any information obtained will be used for that purpose; whether that information is obtained verbally or in writing. NPP0421477 To: TRI-CITY VOICE 02/21/2023, 02/28/2023, 03/07/2023 2/21, 2/28, 3/7/23

CNS-3671830#

Title Order No.: 05946840 Trustee Sale No.: 86095 Loan No.: 399384636 APN: 519-1583-048-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/26/2022, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 3/15/2023 at 12:00 PM, CALIFORNIA TD SPECIALISTS, AS TRUSTEE as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 2/23/2022 as Instrument No. 2022040643 in book *1111*, page *1111* of official records in the Office of the Recorder of Alameda County, California, executed by: PAMULA S. YOSEMITE, AS HIS SOR AND SEPARATE PROPERTY, as Trustor YOSEMITE CAPITAL, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY, as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: At the Fallon Street Emergency Exit of the Alameda County Courthouse located at 1225 Fallon Street, Oakland, CA 94612. NOTICE OF TRUSTEE'S SALE -- continued all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: LOT 45, AS SHOWN ON THAT CERTAIN MAP OF TRACT 405, AS SHOWN ON THE RECORD OF RECORD FOR RECORD IN THE OFFICE OF THE RECORDER OF THE COUNTY OF ALAMEDA, STATE OF CALIFORNIA ON DECEMBER 20, 1995, IN BOOK 222 OF MAPS, PAGE(S) 51 THROUGH 53. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 553 LOWER VINTNERS CIRCLE FREMONT, CA 94539. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligations secured by and pursuant to the Power of Sales conferred in the Deed of Trust executed by Rose Linda Amboy Vargas, a married woman as her sole and separate property, as Trustor, Recorded on June 8, 2021 as Instrument Number 2021209570 in Book *n/a* at Page *n/a* of Official Records in the Office of the Recorder of Alameda County. At the time of the initial publication of this Notice, the amount due to satisfy the obligation secured by the subject Deed of Trust, estimated costs, charges and expenses of the Trustee and of trusts created by said Deed of Trust, to-wit: \$ 2,265,067.22 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 2/8/2023 CALIFORNIA TD SPECIALISTS, AS TRUSTEE, as Trustee 8190 EAST KAISER BLVD., ANAHEIM HILLS, CA 92808. NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/26/2022, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 3/15/2023 at 12:00 PM, CALIFORNIA TD SPECIALISTS, AS TRUSTEE as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 2/23/2022 as Instrument No. 2022040643 in book *1111*, page *1111* of official records in the Office of the Recorder of Alameda County, California, executed by: PAMULA S. YOSEMITE, AS HIS SOR AND SEPARATE PROPERTY, as Trustor YOSEMITE CAPITAL, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY, as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). 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Union City Police Log

SUBMITTED BY UNION CITY PD

Saturday, February 4

• At about 3:30 p.m. officers responded to a report about a strong-arm robbery at a business in the 30000 block of Industrial Parkway. Two suspects stole tools from the business, and when confronted by security, they threatened the security officer and fled with the merchandise. The next day, armed with a description of the suspects, a patrol officer spotted one of the suspects riding a bicycle and detained him. The victim positively identified the suspect and an arrest was made on suspicion of robbery.

Sunday, February 5

• At about 1 a.m. officers responded to a report about gunshots heard on Jean Drive and Cabello Street. When they arrived, officers found shell casings strewn across the street, but no victims or damage to cars were found.

Hundreds of bike riders block traffic in Niles district

SUBMITTED BY FREMONT POLICE DEPARTMENT

A swarm of bicyclists rolled into Fremont and blocked traffic on Niles Boulevard on Saturday, February 25, causing disturbances, according to Fremont Police Department (FPD) officials. Multiple callers to FPD reported the bicyclists were converging on a business. A team of officers

responded to the area and used a drone to determine the size and location of the crowd. Police learned the crowd traveled from Hayward through Union City and settled the Niles business. After a short standoff with police, the bicyclists rode away northbound on Niles Boulevard into Union City. No injuries or arrests were reported; an investigation is continuing.

Union Sanitary District

February 27, 2023

Information

• The Union Sanitary District (USD) Board will be returning to in-person board meetings starting on March 1, 2023 due to expiration of California’s COVID-19 State of Emergency.

Motions

• Terminate the emergency action to repair two sewer lines in the City of Fremont damaged by fiber optic line installation.

- Authorize an agreement and task order with Brown and Caldwell for the digester efficiency evaluation.
- Amend the temporary sewer siphon connection agreement with Lennar Homes of California for the Gateway Station West, Bridgeway Development in the City of Newark.

Manny Fernandez	Aye
Pat Kite	Aye
Tom Handley	Aye
Anjali Lathi	Aye
Jennifer Toy	Aye

Hayward City Council

February 21, 2023

Consent Calendar

- Accept the resignation of Katlin Turner from the Keep Hayward Clean and Green Task Force, effective immediately.
- Accept the resignation of Pekon Gupta from the Keep Hayward Clean and Green Task Force, effective immediately.
- Approve Final Map of Tract 8556, a 10 Lot Subdivision for Condominium Purposes at 27177 and 27283 Mission Boulevard, Hayward to allow the construction of nine live/work lofts fronting Mission Boulevard and 46 townhome units totaling 55 condominium units, open space areas, and related site improvements; Applicant/Owner: Moreau JV Owner.
- Accept \$76,202 in grant funding from the Alameda County Sheriff’s Office for the Byrne Justice Assistance Grant for Hayward Police Department Operations.

- Authorize Hayward’s participation in East Bay Community Energy’s Community Solar Program.
- Award up to \$627,554 in Community Development Block Grant (CDBG) funds to Bay Area Community Services (BACS) for the St. Regis Multi-Service Campus Project.
- Adopt a resolution ending the Local Emergency Due to the Spread of a Severe Acute Respiratory Illness Caused by Novel (New) Coronavirus (COVID-19).

Mayor Mark Salinas	Aye
Angela Andrews	Aye
Dan Goldstein	Aye
Elisa Marquez	Aye
Julie Roche	Aye
George Syrop	Aye
Francisco Zermeno	Aye

Milpitas City Council

February 21, 2023

Public Hearing

- Conducted a public hearing and introduced an ordinance amending Title III “Business and Professions” of the Milpitas Municipal Code to add Chapter 9 “Permits for Retailers of Tobacco Products.” The matter will continue to Regular City Council Meeting of March 7, 2023.

Consent Calendar

- Authorize a letter in response to the December 14, 2022 Santa Clara County Civil Grand Jury Final Report “Show Me the Money: Financial Transparency Needed”
- Approve a Site Development Permit to develop a new two-story, single-family residence with an attached accessory dwelling unit, an in-ground swimming pool/spa, and associated site improvements on a vacant 4.29-acre lot located at 531 Vista Ridge Drive
- Authorize the Non-Exclusive License Agreement between the City of Milpitas and Crown Castle Fiber LLC for the installation of Small Cell Facilities on Municipal Facilities
- Accept Alviso Adobe Renovation Notice of Completion for Project No. 5055
- Review the FY 2022-23 Quarterly Financial Status Report for the quarter ended December 31, 2022

Mayor Carmen Montano	Aye
Evelyn Chua	Aye
Gary Barbadillo	Aye
Hon Lien	Aye
Anthony Phan	Aye

Fremont Police Log

SUBMITTED BY AMY GEE, FREMONT PD

Thursday, February 23

- Officers responded to a report about a person lighting merchandise on fire at a retail store. The suspect left the store before officers arrived, but was later found nearby by officers who made a positive identification with store employees. The suspect, a Fremont adult, was arrested.
- Officers responded to a report about a male exposing himself at a fast-food restaurant in the Centerville area. When they arrived, officers were unable to locate the suspect. An hour later, a nearby business reported the same suspect acting aggressively and threatening people. Officers arrived and positively identified the suspect and made an arrest.
- Officers responded to a report about a possible targeted shooting into an occupied home on Torrington Court. Officers arrived and found casings on the street and sidewalk near the residence. Officers learned the shooting suspects(s) possibly targeted the occupants in a vehicle parked in the residence’s driveway. There were no injuries. The case is under investigation.

BART Police Log

SUBMITTED BY
LES MENSINGER AND
BART PD

Sunday, February 26

- At 10:31 a.m. a man identified by police as Robert Wallace, 41, of San Leandro was arrested at Bay Fair station in San Leandro on suspicion of making criminal threats, intimidating a witness, resisting arrest and probation violation. He was issued a prohibition order and booked at Santa Rita Jail.

Monday, February 27

- At 5:59 p.m. a person identified by police as Jandre Blakely, 32, of San Francisco was stopped at Milpitas station on suspicion of fare evasion. A record check showed four warrants. Blakely was arrested and booked into Santa Clara County Main Jail.
- At 9:25 p.m. a man identified by police as Michael Bullock, 36, was stopped at Fremont station on suspicion of fare violation. A record check showed a warrant. He was arrested and booked into Santa Rita Jail.

Wednesday, March 1

- At 10:35 a.m. a man identified by police as Parker Ross, 26, of Yuba City was stopped at Bay Fair station in San Leandro on suspicion of fare evasion. A record check showed three warrants. He was arrested and booked into Santa Rita Jail.
 - At 11:07 a.m. a man identified by police as Donald Davis, 58, of San Jose was stopped at Bay Fair station in San Leandro on suspicion of fare evasion. He was arrested and booked into Santa Rita Jail.
 - At 11:31 a.m. a man identified by police as Oscar Valderrama, 29, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of trespassing on transit property. He was booked into Santa Rita Jail.
- ### Thursday, March 2
- At 8:08 p.m. a person identified by police as Denilson Gonzales-Mendoza, 24, of San Francisco was stopped at Fremont station on suspicion of fare evasion. A record check showed five warrants. Gonzales-Mendoza was arrested and booked into Santa Rita Jail.

County Ends COVID Health Emergency

SUBMITTED BY ALAMEDA COUNTY EMERGENCY SERVICES

Alameda County Health Officer Dr. Nicholas Moss confirmed that the local public health emergency for COVID-19 in Alameda County ended February 28 in alignment with the end of California’s COVID-19 State of Emergency. While COVID-19 continues to circulate in our communities, declarations of local health emergencies are intended to be temporary. We now know more about the virus that causes COVID-19 and how to protect ourselves and each other than we did in March 2020, and increased immunity in the local population and widely available treatments have rendered the disease considerably less threatening to public health.

The end of the local health emergency declaration does not mean the end of COVID-19, which will remain present in our community. Residents should use the same tools that have proven over time to be effective in keeping themselves and others as healthy as possible. The Alameda County Health Care Services Agency continues to encourage everyone to:

- Stay home if ill or COVID-19 positive
- Keep up to date on vaccinations, including getting the updated COVID-19 booster
- Wear a high-quality, well-fitted mask for added protection against infection
- Gather small and outdoors to reduce risk or if gathering indoors, improve ventilation by opening doors and windows or running air filtration systems
- Get tested if exposed or sick
- Plan how and where to access treatment and, if positive, contact a health care provider or utilize a state-supported resource right away: don’t wait until symptoms get worse.

These precautions are the best ways we can continue to protect ourselves and manage the pandemic as it continues to evolve. Alameda County, like other Bay Area counties, led the nation in response to COVID-19, thanks to partnerships with community-based organizations, health care systems and community clinic partners. We thank residents, organizations, and local businesses for partnering with Alameda County at the beginning of the pandemic and for their ongoing efforts to protect the health of the community.

Fremont Unified School District

February 22, 2023

Agenda Items

- Approve the Declaration of Need for the Period July 1, 2023 through June 30, 2024
- Approve furniture procurement with

One Workplace for the New Construction and Modernization Project at Thornton Middle School

- Ratify the Contingency Expenditure Directives for the New Construction and Modernization Project at Centerville Middle School
- Amend the agreement with Colbi Technologies, Inc. for Quality Bidders

Software Services

- Approve revised Board Policy 9200, Limits of Board Members Authority
- Approve the revised Board Policy 9220, Governing Board Elections
- Approve revised Board Policy 9322, Agenda/Meeting materials.
- Designate additional Trustee(s) to attend the 2023 Coast2Coast Federal

Advocacy event, April 23-26, 2023 in Washington, D.C.

President Vivek Prasad	Aye
Yajing Zhang	Aye
Larry Sweeney	Absent
Dianne Jones	Aye
Sharon Coco	Aye

Relief on PG&E gas bills expected

SUBMITTED BY
TAMAR SARKISSIAN, PG&E

After three months of higher-than-normal natural gas market prices driving up energy bills, Pacific Gas and Electric Company (PG&E) customers can expect, on average, a 75% decline in their March natural gas bills.

The decrease is due in part to PG&E distributing the state’s April Climate Credit one month earlier than in previous years. Even without the Climate Credit, March natural gas bills, on average, would decrease 40% because of a significant drop in the market prices PG&E pays to buy natural gas to serve its customers, and customers using less gas as colder temperatures moderate. The estimated decrease, which is for natural gas usage in March, is based on customers using

38 therms (a unit of energy) compared to 50 therms in February. Depending on billing cycle, customers may not receive statements for March usage until April.

PG&E does not control market prices, nor does it mark up the cost of gas and electricity that it purchases on behalf of its customers.

“We supported the California Public Utilities Commission’s decision to distribute the statewide Climate Credit earlier than previous years, and we’re grateful to pass on that savings to our customers. Even with this bill credit, we know that after three months of sustained high natural gas prices, some customers may have difficulty paying their bills, and we’re here to help with individualized customer support, including payment plans,” said Vincent Davis, PG&E Vice President, Customer Operations and

Enablement.

The natural gas service bill for customers not enrolled a CARE discount program in March is projected to be about \$37, which includes the gas Climate Credit of \$52.78. In February, the average residential non-discounted customer bill was about \$150.

Natural gas prices also affect the cost of electricity since many power plants use natural gas to generate electricity. Customers can expect, on average, a 37% decrease in March electric bills. The average residential non-CARE customer bill for electric service in March is projected to be about \$91, which includes the Climate Credit of \$38.39. That’s compared to \$145 in February.

In late January, California average daily prices for natural gas were five times higher than the U.S. benchmark,

according to the United States Energy Information Administration. The higher market prices between November and January were driven by market forces including increased natural gas demand due to colder than normal temperatures; increased demand for gas-fired electric generation due to less hydroelectric generation and fewer electric imports; lower Pacific regional natural gas storage inventory; and natural gas pipeline delivery constraints.

In February, market wholesale prices were well below the January average. Customer natural gas rates for the month are generally set based on wholesale prices at the end of the previous month.

Hayward Unified School District

February 15, 2023

Public Comments

- Students and teachers spoke about teacher Henry Bens teaching antisemitic materials to 10th grade students at Mt. Eden High School.
- Community members spoke about racism against black students on HUSD campuses.
- Consent Items
- Appointments, changes of status, waivers, retirements, leaves of absence, and terminations
- Adult Education substitute rate increase
- Employee Referral Incentive Pilot
- Recruitment Incentive Pilot
- December 2022 warrants
- Staff out of state travel
- HUSD Comprehensive Coordinated Early Intervening Services Plan
- Approve Memorandums of Understanding
- Measure H contracts, final change orders, and notices of completion
- Adopt Board of Education resolutions

President Peter Bufete	Aye
April Oquenda	Aye
Joe Ramos	Aye
Ken Rawdon	Aye
Sara Prada	Aye

LETTER TO THE EDITOR

Draconian eviction moratorium leaves immigrant man no other choice but a hunger strike to get his house back

Alameda County Board of Supervisors, the Mayor and City Councils of San Leandro, Oakland and Berkeley:

I am a first-generation immigrant. My wife and I both worked hard to save for a small rental property in San Leandro. We worked night and day for our new life and our American dream. Today, our property has been stolen from us by you, by this draconian eviction moratorium. We have been severely abused over the past three years because of this endless and biased law.

For 37 months we’ve received no rent, we are owed over \$120,000 and have had to spend all our savings to pay mortgage, property taxes, utilities and to keep from becoming homeless ourselves. Our Unlawful Detainer case was filed before the pandemic and it’s not COVID related, but it got postponed 18 times because of the State and County’s Eviction Moratorium. The delay can go on and on if the County of Alameda does not put its Eviction Moratorium to an end.

And there’s more, we discovered our tenant no longer lives there. We don’t even know who is living there. We’ve got no word, no rent from the tenant. We still have to pay all the maintenance expenses, mortgage, property taxes, insurance, and utilities. I applied for the rent relief assistance but the government didn’t pay me a penny to help me.

The Board of Supervisors and the city officials are aware of my plight and the plight of all other mom and pop housing providers in the community yet they’ve done next to nothing to help. It’s not right for you to protect one side while completely ignoring the other side. It’s not right for you to force the society’s burden on some individual’s shoulders.

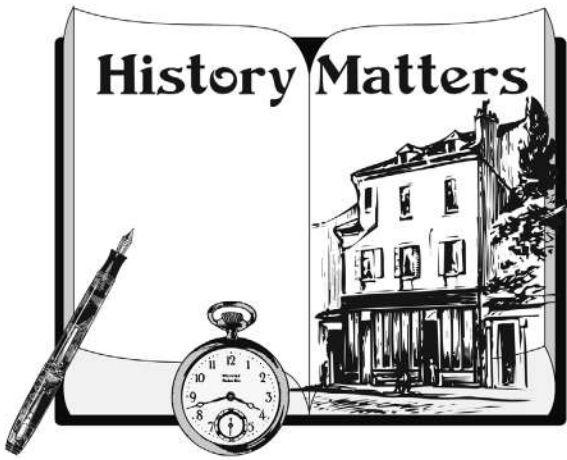
I had no choice but to begin a hunger strike before I lose my property and to stop the Government abuse against all mom and pops. The strike began on Sunday, February 26 at the Alameda County Administration Building. I’ve exhausted all means and I have to do something to make my voice heard.

By no means am I against the society as a whole to protect our vulnerable, but small-scale housing providers like me should not be the victims. We provide housing to make a living and we deserve to be compensated.

I am on a hunger strike with an indefinite end date until my demands below are satisfied.

1. Immediately end the eviction moratorium to stop the abuse.
2. As a legal condition for extension, require all cities extending the eviction moratorium to immediately reimburse housing providers for unpaid rent from the date the County Eviction moratorium ends.
3. Reimburse ALL housing providers directly for the rent debt that has accumulated since March 1, 2020.
4. Establish a county-wide fund to help the vulnerable tenants.

Sincerely, George Wu
San Leandro



BY JOHN GRIMALDI AND
DAVID BRUCE SMITH

Lighting the way

When Helen Keller was 19 months old in 1882, she caught a fever that seized her eyesight and snatched her speech.

Years later, 20-year-old-Annie Sullivan “...arrived at Ivy Green, the Keller family estate...and began working to

socialize her wild, stubborn student and teach her by “[using a finger to] spell out words in Keller’s hand,” according to History.com. “Keller went on to learn how to read, write and speak. With Sullivan’s assistance, Keller attended Radcliffe College... graduated with honors in [1904”], morphed into a public speaker, an author, and “even formed a vaudeville act [with Sullivan] to educate the

public and earn money. [Sullivan passed away in 1936] Helen Keller died on June 1, 1968 at 87 leaving her mark on the world by helping to alter perceptions about the disabled.”

The Grateful American Book Prize recommends “Helen Keller: Lighting the Way for the Blind and Deaf” by Carin T. Ford.

Prolific epistlers

“Scripturient” is a term which refers to people who are ardent correspondents. John Adams married Abigail Smith in 1764, but his peripatetic political career kept the couple apart for long periods, and they emerged into prolific epistlers.

According to History.com, “the remarkable correspondence between Abigail and John Adams -- numbering 1,160 letters in total -- covered topics ranging from politics and military strategy to household economy and family health. Their mutual respect and adoration served as evidence that even in an age when women were unable to vote, there were nonetheless marriages in which wives and husbands were true intellectual and emotional equals.”On March 7, 1777 -- while he was tending to his duties in the Continental Congress in Philadelphia, John wrote three letters to Abigail and he received two from her -- postmarked from their home in Braintree, Massachusetts.

The Grateful American Book Prize recommends Joseph J. Ellis’ “First Family: Abigail and John Adams.”

War dogs remembered

Brave and dedicated American men and women joined the fight in World War II, but it was not just them who labored to preserve freedom. The War Dogs of the U.S. Army’s K-9 Corps -- started March 13,

Hellen Keller

1942 -- played a major role, too.

“When the country entered World War II in December 1941, the American Kennel Association and a group called Dogs for Defense began a movement to mobilize dog owners to donate healthy and capable animals to the Quartermaster Corps of the U.S. Army. Training began in March 1942, and that fall the QMC was given the task of training dogs for the U.S. Navy, Marines and Coast Guard as well,” says History.com.

An estimated 20,000 war dogs helped guard military posts, delivered battlefield messages, abetted the rescue of downed pilots, and led troops through enemy territory.

For more information, the Grateful American Book Prize suggests “The Dogs of War: The Courage, Love, and Loyalty of Military Working Dogs” by Lisa Rogak.

This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at gratefulamericanbookprize.com.



All aboard for model train heaven



009-Lawrence Cappuccio building retaining walls in the outdoor layout.

San Leandro Historical Railway Society (SLHRS) is dedicated to preserving the local railroad history of San Leandro and the Bay Area. To do that, members have built impressive indoor and outdoor model train layouts at their depot headquarters near Thrasher Park on Davis Street. They also maintain a museum with railroad artifacts.

Bob Goforth, a SLHRS spokesman and docent, said the indoor layouts feature popular HO gauge trains while the outdoor G&O Garden includes larger G and O gauge trains in a lushly landscaped layout complete with 15 bridges, a flowing waterfall and replica of the Golden Gate Bridge.

What will first-time visitors be most surprised to see? “The complexity of the HO and how many trains are running and the detail of things going on inside,” Goforth said. And the variety of trains: “The most unusual trains are the Thomas Trains; we also have a guy that runs an Australian HO train.”

The 75 or so SLHRS members come from a variety of backgrounds. Many are retired, some are students, others work full-time jobs. Most are men, but there are several women. But their love of trains is the common thread that connects members. “At heart, we’re all kids,” explained member Gino Cerelli, a retired San Leandro police officer. He oversees

the 1980s.

In 1990, SLHRS volunteers started work to restore the exterior of the building to its 1929 appearance. Inside, they started construction of HO scale model sections of the Southern Pacific train lines between Oakland/San Leandro and the Norden/Donner Summit. By 2000, with much of the work in place, the depot opened for public tours. Today, the layout



Daniel Sadi operates Thomas Trains remotely using an app.



Golden Gate Bridge replica fabricated by Raymond Ghio

much of the group’s G&O Garden layout.

Retired depot sees new life

According to SLHRS historian Pat LaTorres, the group was formed in 1987 with members gathering in a local hobby shop. As the group grew, more space was needed. When it learned a retired train depot near downtown was available, the nonprofit group mounted an extensive fundraising effort and acquired it. Next, they struck a deal with the City of San Leandro to move the building to a city-owned parcel at the southern edge of Thrasher Park on Davis Street in late 1988.

The train depot was built in 1898 near Alvarado Street to help San Leandro cherry and peach farmers ship their products via Southern Pacific rail. It also served passengers until 1939, continued freight service into the 1970s, then became an office for railroad switching crews into

features more than 4,000 feet of track spanning three levels, including the largest helix model train elevator in the country.

Open house, membership and donations

The SLHRS museum and working model railroad layouts are open to the public 9 a.m. to 2 p.m. on Saturdays; admission is free. There is also an interactive children’s layout in the G&O Garden where kids can control the speed of trains. Regular themed open houses aimed at children and families are held throughout the year; the next one is slated for Saturday, April 15 and will feature dinosaurs.

SLHRS offers various membership levels. Monthly membership dues help with club operating expenses. Members also get access to the depot to run and maintain their trains. General membership

meetings are held at 10 a.m. the first Saturday of each month via Zoom. Details are posted online at www.SLHRS.org/membrship.

Donations are an important tool that keeps SLHRS rolling. “The club is a non-profit organization and is supported by member dues and model train donations,” Goforth explained. “I get the donations and first make them available to members [to buy] and then sell the rest on eBay,” he said, adding that train donations often come from word of mouth, from depot visitors, or through the group’s advertising.

Goforth added that he is able to receive donations by phone at (510) 566-3499.

San Leandro Historical Railway Society
Saturdays
9 a.m. – 2 p.m.

Open House
Saturday, Apr 15

1302 Orchard Ave., San Leandro (near Thrasher Park)
(510) 569-2490
www.slhrrs.org
Free; donations accepted



Isaac Sattler runs a long-distance HO gauge train.

LETTER TO THE EDITOR

Cherry blossoms in the East Bay...Wheelchair accessibility and more

As spring approaches, driving through flower fields and fruit farms are some of the wheelchair-friendly activities that can keep our minds fresh and rejuvenated. Last weekend we went to check out the famous cherry blossoms at Brentwood Farms. We were surprised to see more spectacular blossoms in Alameda County around the Fremont, Pleasanton, and San Ramon (Contra Costa County) areas. The drive from Fremont to Brentwood is very scenic with breathtaking views of green hills and yellow rocket-covered spring fields.

These are the few places around the East Bay where you can spot some beautiful cherry blossoms if you drive by:

- Both sides of 680 North. From the



road, it looks like perfectly manicured golf course lawns on every hillside. Enjoy the bright fields of yellow skyrocket as you drive by around Vargas plateau.

- Sunol Boulevard and the Raley’s Plaza in Pleasanton have some wonderful white cherry blossoms.
- Johnson Drive in Pleasanton has some beautiful shades of White and Pink Blossoms. There are a few parking lots where you can park for clicking pictures.

- The intersection of Stoneridge and Hopyard, Willow Road, Gibraltar Drive, and Inglewood Drive—all in Pleasanton—has a cluster of white blossoms. Enjoy walking on the white carpet.
- Near the intersection of Hacienda and Dublin Boulevard at Pleasanton, yellow rockets are at their peak.
- Owens Drive at Oracle Pleasanton is spectacular with bright pink blossoms as far as our eyes can see.
- The intersection of Hancock and East 16th in Hayward has bright fields of yellow rockets.
- Some parts of Quarry Lake Road, Central Park around Lake Elizabeth, Blacow Road, and Coyote Hills Regional Park in Fremont are very colorful with mixed hues of pink, yellow, and white.
- At the intersection of Bollinger Canyon and San Ramon Valley Road on both sides of Bollinger canyon, you can experience beautiful

ful colors against the green hills.

- The Japanese Garden in Hayward is a picturesque place where cherry blossoms are at peak bloom.

Apart from these, there are other places in the South and North Bay where you can experience spring blossoms. And if you have some time, you can make a quick trip to Brentwood, Modesto, and Fresno which have some famous colorful blossom trails.

Wheelchair accessibility:

All the sites mentioned here can be easily seen by driving around. Most of these places are ADA-compliant and are fully accessible on wheelchairs or mobility scooters. For most of the sites, you can just park your car and feast your eyes on nature’s colorful creation. Most of the spots are easily reachable or are close to an easily accessible parking spot.

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