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LITTLE SHOP OF HORRORS

SUBMITTED BY JACOB RUSSELL-SNYDER

Chanticleers Theatre (“Chanticleers”) is opening their 2023 season on February 10 with the crowd-pleasing comedy horror rock musical “Little Shop of Horrors.” Held over from 2022, this hugely popular musical has been seen by audiences all around the Bay Area, and now it’s coming to Castro Valley.

With music by Alan Menken and Howard Ashman (the musical team behind The Little Mermaid and Beauty and the Beast), this show is great for all ages and will have audiences singing the hits long after the show’s conclusion. The production is directed by East Bay favorite Sue Ellen Nelsen and runs through March 5.

The story concerns a meek flower shop worker from Skid Row and his man-eating plant Audrey II. The show has been extremely popular with local theaters post-pandemic and it’s not difficult to see why. With hit songs like “Feed Me” and “Suddenly Seymour,” it’s the perfect opportunity for many families to re-discover live performance. “I am really

Julian Hensley as Seymour, holding Audrey II

continued on page 11

Dove Gallery ART COMPETITION

SUBMITTED BY CAROL MANASSE HAMILTON

Dove Art Gallery in Milpitas is having the grand opening of its 4th Annual “Art Competition Exhibit.” Forty artists are competing for ribbons in various media categories and age divisions. Professional, emerging, and student artists will have works on display in this eclectic showcase of local talent.

San Jose artist Laurie Barna is exhibiting several works including a torn-paper collage entitled “Liberty Above All.” As part of her “Liberty Series” of over 100 artworks, Barna depicts Liberty’s magnificent torch and the hope it holds for humankind. Barna is exhibiting several other works including a still life depiction of pomegranates in a bowl.

Milpitas artist Mythili Kattupalli is exhibiting a vibrant acrylic painting titled “Vegan Lioness.” The human likeness adorned with cherries and foliage was inspired by the fruit and vegetable garden she grew during the Covid pandemic. Keeping with the theme of produce, Kattupalli has several other acrylic paintings on display that depict tree-ripened fruit such as peaches and mangoes.

Student artist Sanjana Srikanth is exhibiting an original oil painting titled “The Rhythmic River.” At age 11, Sanjana is already an award-winning artist

continued on page 6



Embracing the World

SUBMITTED BY BRUCE ROBERTS

Hayward is a multicultural town, with citizens from all over the world. It’s also multicultural in the sense that Hayward residents travel the world, are aware of the world, and many of them represent that awareness in their art.

From January 23 to March 16, the artistic works of 46 Hayward area artists will travel to the O’Lague Gallery in Hayward City Hall for a showing of this multicultural art entitled “Embracing the World.”

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The New Normal Following a Stroke

Neurologist to hold informative free seminar

You or a family member have had a stroke and, having survived the initial incident, are now heading home to adjust to a new reality in your life. This period, the initial two months following a stroke, is the time when much of the recovery progress will occur, according to neurologist Dr. Prabhjot Khalsa, co-medical director of the Stroke Program at Washington Hospital.

Dr. Khalsa will discuss “Life After Stroke” at a Washington Hospital Health & Wellness online seminar. This free seminar is on March 8, 1:30 p.m. and will cover health problems that may arise after having a stroke and the importance of rehabilitation programs and home adaptations. Caregiver challenges also will be discussed.

This “golden window of opportunity,” as Dr. Khalsa calls it, requires the participation of skilled health care professionals and, most importantly, the drive and commitment of the stroke patient to work hard to adapt to or compensate for neurological impairments caused by the stroke.

Upon leaving the Hospital, most stroke patients go to an acute rehabilitation facility to begin the work of recovery. This includes development of a specialized rehabilitation program for the patient, discussions of what adaptations will have to be made at home, and working with prospective caregivers, according to Maria Nunes, nurse practitioner and Washington Hospital’s Stroke Program manager.



March 8 seminar reviews health and lifestyle changes following a stroke.

Nunes explains that living with disabilities following a stroke is a lifelong challenge. For many, the real work of recovery begins after formal rehabilitation. The patient and the caregiver work together to help the patient achieve independence, improve cognitive and physical functions, improve communications, maintain safety, prevent another stroke and, perhaps most important, achieve a satisfactory quality of life. “The patient and family are key members of the stroke rehab team,” she adds.

Stroke is the fifth leading cause of death in the United States, with 140,000 deaths each year, according to the national Centers for Disease Control and Prevention. One in four stroke victims are experiencing their second or third (or more) stroke. Of the more than 4.5 million stroke survivors in the U.S. currently, 40 percent of stroke victims have moderate impairment while 15-30 percent experience severe disability.

Life after having a stroke usually means living with some level of physical disability including: difficulty communicating, a feeling of isolation, trouble swallowing, and for many, depression. Dr. Khalsa explains, “It’s important to keep talking with your doctor about how you are feeling as well as how you are doing physically,” he adds. And, being the caregiver for a stroke patient

often is exhausting. It is essential for the caregiver to also practice self-care.

Nunes recommends that stroke patients join a stroke support group where the patient can tap into the experiences and lessons learned from other stroke patients as well as experts who also participate in the group. Washington Hospital’s stroke support group meets monthly and welcomes new participants.

Washington Hospital’s Stroke Program has been recognized for excellence in patient treatment, having been awarded the American Heart Association’s Gold Plus Elite award for the fifth consecutive year and The Joint Commission’s Gold Seal of Approval for primary stroke centers again last year.

The Life After Stroke seminar can be viewed live on Facebook and YouTube. For Facebook, sign in to your account and then go to facebook.com/WashingtonHosp. YouTube does not require an account. Simply go to YouTube.com/whhsInHealth.

For information about the Hospital’s stroke support group, call 510.818.5080.



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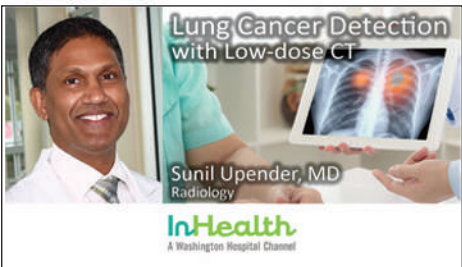
NEW! Heart Attack? We're Here for You

The cardiology team at Washington Hospital hopes you never need them, but if you do, they're prepared. Watch this video to better understand the emergency treatment for patients with heart-related events.



Tips for Overcoming Anxiety

Anxiety can creep up at any time due to over-extended schedules, family demands and work commitments. Here are some helpful tips to help manage your anxiety and stress levels. Presented by Psychiatry Behavioral Science specialist, Dr. Seema Sehgal.



**Lung Cancer Detection with Low-Dose CT
Thursday, Feb. 16, 3:30 p.m.**

Lung cancer is the second most common cancer in both men and women. Dr. Sunil Upender will discuss the importance of early detection and how a low-dose CT scan works. This presentation includes a powerful survivor story from a community member.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.



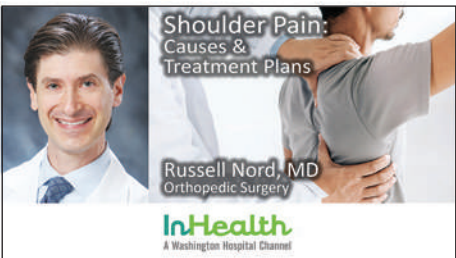
**Staying Heart Healthy
Thursday, Feb. 23, 3 p.m.**

Join cardiologist Rohit Sehgal, MD, as he presents the importance of heart health and what you can do to improve yours.

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
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Shoulder Pain: Causes and Treatment Plans

Medical Director of Washington Sports Medicine and orthopedic surgeon, Russell Nord, MD, explains reasons for shoulder pain and treatment options for each type of condition.



Fremont Man Urges Everyone with Chest Pain to Get Immediate Care

Washington Hospital is a Designated Cardiac Receiving Center

Two days before Roger Wood's 70th birthday, he started having chest pain. He was washing dishes and felt pain on his right side under his ribs. He thought he had pulled a muscle and decided to lie down, but he couldn't get comfortable. It turns out Roger was having a heart attack.

"My message to everyone is don't be a hero," Roger urged. "If you feel pain in your chest and it doesn't go away, get to the hospital. I wasn't short of breath and I wasn't dizzy, but the pain got worse, so my wife called 911. When the paramedics came, they put monitors on me and told me I was having a heart attack."

Fortunately for Roger, who lives in Fremont, the closest hospital was Washington Hospital, a designated cardiac receiving center. That means it has the facilities, technology and physicians needed to provide immediate diagnostic tests and the interventions necessary to save lives. In accordance with the American Heart Association recommendation, Washington Hospital is committed to getting heart attack victims into the Cardiac Catheterization Lab to restore blood flow to the heart within 90 minutes or less, which means better outcomes for patients like Roger.

"When I got to the Hospital, my cardiologist was there," he added. "I thought that was a lucky coincidence, but I found out later he was part of a cardiac team that was notified when I was on my way to Washington Hospital. They acted quickly and I received excellent care."

Roger was treated by Dr. Rohit Sehgal, a cardiologist with Washington Township Medical Foundation. He underwent emergency angioplasty and a stent was placed in his artery to hold it open. Angioplasty is a procedure used to open blocked arteries and restore blood flow to the heart muscle without open-heart surgery.

A long, thin tube called a catheter is inserted into a blood vessel and guided to the blocked coronary artery. The catheter has a tiny balloon at its tip and when it is in place, the balloon is inflated at the narrowed area of the heart artery, opening it up so blood can flow through. A stent is a tiny, expandable metal mesh coil that is put into the newly opened area of the artery to keep it from narrowing or closing again.

Pain Went Away

"After the stent was in, the pain went away," Roger noted. "I stayed in the Hospital a few days to make sure I was stable and everything was good. Six weeks later I had another stent put in my other artery."

Roger said he knew he had plaque in his arteries causing a blockage. He had an appointment to see his cardiologist, but he had the heart attack before he could get to it.

"I walk 4 to 5 miles a day, five days a week, so I didn't have any kind of realization it was a big problem," he explained. "But a couple weeks before my heart attack, I did have some twinges in my chest while I was walking. I stopped for a few seconds and it went away, so I resumed my normal pace. But now I see it's important to pay attention to those feelings."

He said he's fortunate everything happened so fast for him the night of his heart attack. "I believe the paramedics were already in touch with the Hospital," Roger added.

Washington Hospital works with paramedics in the field so the Emergency Department is prepared to receive a heart attack patient. Paramedics send EKG results to the Hospital so the Cath Lab Team can be ready when the patient arrives. This is the reason it is important to call 911, rather than drive to the Hospital.

Roger was able to get back to his active life soon after he had the stents placed in his arteries. Since retiring from his job at the state unemployment insurance program about 10 years ago, he has been a crossing guard for his local school. "I like being a crossing guard," he added. "I walk a half mile each way to my post. Then I get to see the kids."



Fremont resident Roger Wood is back to enjoying his active life—thanks to the quick care he received at Washington Hospital.

For more information about the heart program at Washington Hospital, visit www.whhs.com/heart.



NEW: Scan the QR Code to view a short video illustrating what happens when a patient arrives at Washington Hospital with a heart-related condition.



**Thursday, Feb. 23
3 p.m.**

Staying Heart Healthy

A heart attack can be life-altering, but there are preventive strategies everyone should consider.

Cardiologist, Dr. Rohit Sehgal, explains the importance of heart health and what you can do to improve yours.



Rohit Sehgal, MD
Cardiology

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Embracing the World



Multicultural, in this case, equals multi-talented. The work in this show involves over a dozen different techniques. Paint involves oil and acrylic and watercolor, with subsets of gouache, or paint with ink or pen or colored pencil. The realism of photography is interspersed with fabric art—quilts, and even embroidery. Mixed media contrasts ceramics, encaustic art, and poetry.

One technique appropriate to the season is a Happy New Year rabbit done in Chinese Brush Painting on “Cloud Dragon Paper.” Other papers supporting the art are rice paper, shaun paper, and hand-cut paper.

Curator Rucy Syrop said, “There are so many issues going on in the world like pandemic, war, global warming, etc. We choose “Embracing the World” for the theme, and hope the artists convey their thoughts on how they relate to the world to their artwork.”

Art supporters, and those curious about local art should visit the John O’Lague Galleria, Hayward City Hall and open Monday-Friday from 9 a.m. to 5 p.m.

Even better, see the show and meet the artists at the artists’ reception on Friday, February 10. Visit haywardartscouncil.org for more exhibitions and programs.

Embracing the World
Monday, Jan 23 – Thursday, Mar 16
Monday-Friday: 9 a.m. - 5 p.m.

Artists’ Reception
Friday, Feb 10

5:30 p.m. - 7:30 p.m.

John O’Lague Galleria
Hayward City Hall
777 B St., Hayward
(510) 538-2787
haywardartscouncil.org



Eagle Court of Honor



Mission Peak Scout Commissioner (and former Troop 199 Scout Master) Henry Allen congratulates Eagle Scouts: (L to R) Rhys Calbreath, Vedaant Vyas, Shivaang Vyas, Nicholas Hintzman, Thomas McCallion, Avery Walston and Ronin Fife

SUBMITTED BY LIZA HINTZMAN
PHOTO BY AARON HOUSTON

Scout Troop 120 of Fremont recognized seven scouts at an Eagle Court of Honor on Sunday, January 22, 2023, at Our Lady of Guadalupe School. All scouts had earned the rank of Eagle during the pandemic and had been unable to celebrate and be honored in person. The young men being recognized were Rhys Calbreath, Vedaant Vyas, Shivaang Vyas, Nicholas Hintzman, Thomas McCallion, Avery Walston and Ronin Fife.

The Eagle Scout Rank is the highest rank available to BSA Scouts and is earned by less than 5% of all scouts. To earn the Eagle rank, a scout must serve in a leadership position for at least 16 months; earn 21 merit badges (12 specified as required); demonstrate he lives by the Scout Oath and Law; and appear before a board of review.

Each scout must also display leadership by planning and executing a service project that benefits a community institution. Rhys built a native garden with pathways for Blacow Elementary. Vedaant rebuilt 18 benches at Our Lady of Guadalupe School. Shivaang coordinated making blankets for Project Linus of San Jose. Nicholas rebuilt two storage closets (converting one to a box office) for Starstruck Theatre and purchased a portable handicap ramp. Thomas installed irrigation and planter boxes at Our Lady of Guadalupe School. Ronin upgraded the gardens at Newark Memorial High School. Avery built and installed a library coding board for Irvington Library.

BSA Troop 120 was chartered in 2017. Since its founding Troop 120 has added in Venturing Crew 120. Troop 120 (t120.org) served boys ages 11-17 from schools throughout Fremont, Union City, and Newark. Venturing Crew 120 serves girls and boys ages 14-20.

Young hoopsters get ready!

SUBMITTED BY HAYWARD POLICE DEPARTMENT

Registrations are underway for a Police Activities League Youth Basketball Clinic sponsored by Hayward Police Department.

The clinic is open to Hayward students ages 12 to 17 and will meet every other Wednesday afternoon February

15 through June 7 at Matt Jimenez Center Gymnasium on Ruus Road. Participation is free, but advance registrations are required and can be made online at www.hayward-ca.gov/pal-registration.

For details, send an email to Sgt. Cosgriff at julian.cosgriff@hayward-ca.gov or call (510) 293-7096.

Youth Basketball Clinic
Alternate Wednesdays, Feb 15-Jun 7

4:30 p.m. – 6:30 p.m.
For Hayward students age 12-17
Matt Jimenez Center Gymnasium, 28200 Ruus Road, Hayward

Free; registration required
www.hayward-ca.gov/pal-registration
(510) 293-7096

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Adult Slumber with the Stars

SUBMITTED BY CHABOT SPACE AND SCIENCE CENTER

Love is in the air molecules in this chemistry-inspired Valentine's program!

On the evening of Saturday, February 11, Chabot Space and Science Center will hold their Adult "Slumber with the Stars" sleepover party. Start the evening with a bubbly chemistry cocktail reception followed by a romantic Valentine's dinner. From our featured speaker, you will learn about the different things animals find attractive in a mate, i.e., bright feathers, large manes, deep howls, and the chemistry of pheromones in animals and how they use them. End the night with dessert and planetarium and laser shows.

Your overnight includes dinner, breakfast and indoor and outdoor sleeping options.

Adult Slumber with the Stars
Saturday, Feb 11 – Sunday, Feb 12
6 p.m. - 9 a.m.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
<https://chabotspace.org>
For adults 21+
Tickets: \$100, \$95 members

Black History Month Art Showcase

SUBMITTED BY ERIN EWING

On Friday, February 10, Studio 11 in Union City will hold an opening reception for their "Black History Month Art Showcase." This annual showcase honors, recognizes, and celebrates African American history, culture stories, and artists. Submissions will include photography, mixed media, paintings and drawings, sculptures, and fashion.

Works will be on display at the studio through March 3, 2023. After that they will be displayed at Mark Green Sports Center.

Black History Month Art Showcase opening reception
Friday, Feb 10
6 p.m. – 9 p.m.
Studio 11
34626 11th St., Union City
www.unioncity.org/589/Arts-Culture-Studio-11
Admission is free

DOES YOUR HIDDEN WRITER WANT OUT?

SUBMITTED BY TISH DAVIDSON

Do you write stories in secret but are afraid to share them? Worried about how your writing might be judged? Put those worries away. This is a chance to let your secret writer out by joining the fun, free, nonjudgmental "Zoom Write-In" on Saturday, February 11, from 2:00 p.m. – 3:30 p.m. This event is sponsored by Fremont Area Writers, and it is for everyone from complete beginners to established writers. It is not a writing critique session. Your writing will not be judged, just enjoyed by your fellow writers.

How the Write-In works: At the Write-In, the computer will randomly assign four writers to each Zoom room. Writers will be given several word or photo prompts. The prompts are designed to help you get to know other local writers in the room. They may be something like "fire" or "a thing I found." Choose one prompt and write for 10 minutes. When the writing time ends, each person in the room will read their response to the prompt and socializes in a relaxed, supportive atmosphere. Writers will then be reassigned a different Zoom room with different colleagues and given a choice of four sentences to begin a story. After a writing period, the stories will be shared with other in the room.

The Write-In is sponsored by Fremont Area Writers (FAW), a branch of the California Writers Club. In addition to the Write-In, FAW meets on Zoom from 2 p.m. – 4 p.m. the fourth Saturday of each month. At meetings, guest speakers discuss various aspects of writing and the publishing industry. The guest speaker for the February 25 meeting is Susan Iannucci, owner of Voice to Remember, who will talk about what it takes to make an audio book. More information is available at <https://cwc-fremontareawriters.org>.

To participate in the Write-In or attend the free general meeting, please request the Zoom meeting link from Scott Davidson at scottfrombayside@yahoo.com.

Zoom Write-In
Saturday, Feb 11
2:00 p.m. – 3:30 p.m.

Zoom General Meeting
Saturday, Feb 25
2 p.m. – 4 p.m.

Request link from Scott Davidson at scottfrombayside@yahoo.com

Help is available for filing tax returns

SUBMITTED BY CITY OF FREMONT

Tax season is quickly heating up and this year's April 18 deadline to file returns is around the corner. And with new tax laws in place, along with changing deductions and income levels, completing the forms can be a challenge for some taxpayers. But help is available.

Most taxpayers or households that made less than \$75,000 during 2022 are eligible for free income-tax preparation assistance provided by trained volunteers from the IRS Volunteer Income Tax Assistance (VITA) program.

In Fremont, in-person, drop-off and virtual services are being offered through April 18 at the Fremont Family Resource Center on Liberty Street, near City Hall. Additionally, in-person only tax preparation services are available in Newark at the Newark Senior Center and in Union City at Union City Family Center. All services are by appointment only.

For details, visit the Fremont Resource Center tax help page at <http://city.fremont.gov/taxhelp> or call (510) 250-2606.

continued frompage 1

Dove Gallery ART COMPETITION

with exceptional talent. Her lovely landscape features a backdrop of California pines and rugged mountains. Equally stunning is her rendition of an exotic drink adorned with lemons titled "Once in a Blue Moon."

In addition to many paintings and drawings, the exhibit also features digital art, photography, fiber art and a variety of crafts. Artist Lucy James uses great precision in the decoration of a beautiful hand-painted chest. James is known for lovely renditions on porcelain, glassware and wood.

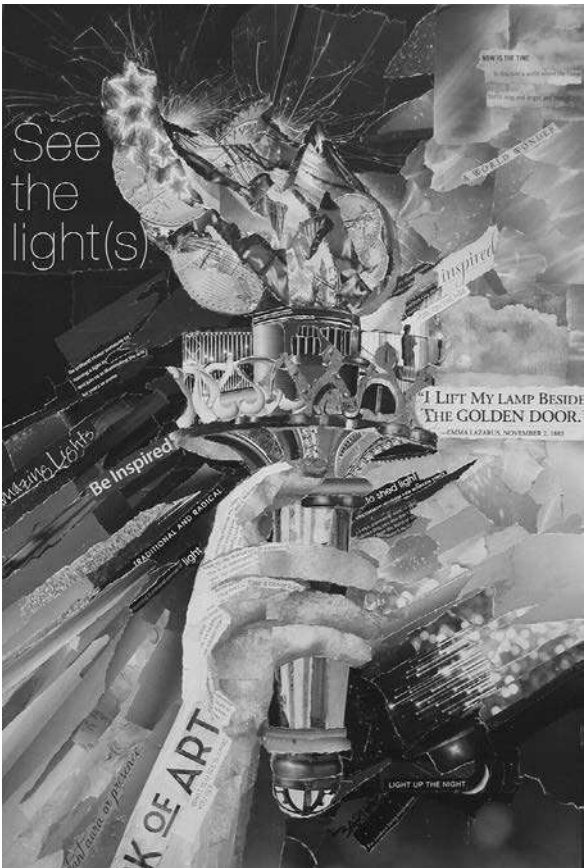
The public is invited to view this wonderful collection of artworks at the Grand Opening on Sunday, February 12 from 12 noon - 3 p.m. The Gallery will be open every Sunday during the exhibit, which runs through April 9. Dove Gallery is located at the back lot of Park Victoria Church in Milpitas.

Contact Dove@ParkVictoria.org for more information.

Dove Gallery Competition Exhibit
Sunday, Feb 12 – Sunday, Apr 9
Gallery hours: Sundays, 12 noon - 3 p.m.

Grand Opening
Sunday, Feb 12
12 noon

Dove Gallery
Back lot of Park Victoria Church
875 S. Park Victoria Dr., Milpitas
Dove@ParkVictoria.org



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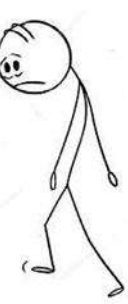
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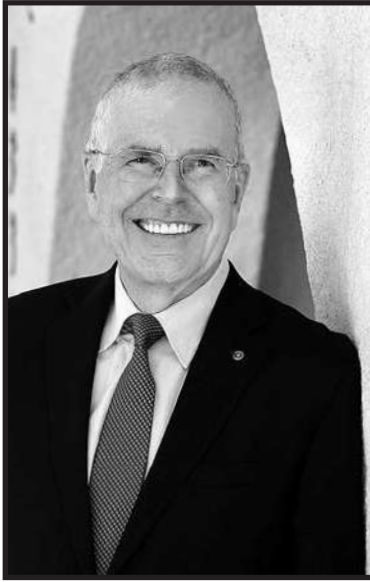
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Distance is no obstacle to join cohousing

SUBMITTED BY
EVELYN LATORRE & JANE MUELLER

Anna, a widow for five years, had searched for a cohousing group she could join for a long time. She knew when she lost her husband of 48 years that she wanted her next home to be in an active and interdependent collaborative community. There were none in Orange County where she owned a two-story house. Her only son lived with his wife in the San Francisco Bay Area.

One Sunday in 2018, when searching on the internet for new cohousing sites, Anna became excited. She saw that a group called Mission Peak Village had formed to build a neighborhood in Fremont that combined private homes with shared indoor and outdoor spaces. Anna checked out the missionpeakcohousing.org website, then contacted the group's leaders. Her next step was to take the hour-long flight up to Fremont and attend the group's monthly pot-luck meeting. Convinced this would be her new community, Anna became a member of Mission Peak Village.

Joining the multi-generational cohousing community early meant Anna could participate in designing the condo units, common house, and expansive yard. She will also have early pick of which two-bedroom, 1 ½ bath unit she wants. And, when built, she'll have a regular presence in her two-year-old granddaughter's life.

"I've never lived in a new house before," Anna says. "I moved a lot as a child and even after I married. I look forward to fewer repairs and living in a one-story flat. I want to stay in my cohousing condo for the rest of my days."

During COVID, like other groups, Mission Peak Village's meetings were conducted remotely. Since all community and committee meetings continue on Zoom,



Anna Ryan

Anna attends from her kitchen in Orange County. She comes to the group's picnics, neighborhood walks, and workshops in person whenever she can. Despite her physical absence, she has become a welcome part of the Mission Peak Village group. She serves on the Development, Finance, and Legal committee and helps to orient the "Explorers", i.e., new potential members. Anna has made long-distance membership work for her and the group.

"I become part of the community wherever I am," Anna says. "I want to know my nearby neighbors and be a part of their lives."

Moving away from a long-term residence into cohousing in a different part of the state, another state, or even a foreign country, is fairly common. Many of the 55 cohousing developments in California and the 26 in Colorado have residents from the East Coast. Several US citizens are part of a forming cohousing project in Greece. Most of the 180 formed and 140 forming cohousing groups in the States have attracted members from outside their geographical areas.

Communities that are still forming, like Mission Peak Village, welcome members who live in other states prior to move in. However, it is advised to find out about a cohousing community before committing to living there. Some may emphasize religious or life-style preferences. Getting to know communities will reveal their values. Whether someone is local or from a distant geographical area, joining Mission Peak Village in Fremont could be the best choice of an intentional community in which to live.

This article is part of an ongoing series on cohousing. To learn more, visit the Mission Peak Village on Facebook or the www.missionpeakcohousing.org website. Join us on our monthly walks around the Irvington area site.

Mission Peak Village is a group of friends forming Fremont's first cohousing community. Memberships are still available. For information, see www.missionpeakcohousing.org or call Kelli at (510) 413-8446. For more information on the topic of cohousing, visit www.cohousing.org.

Storm-related damage? Help is available

SUBMITTED BY CITY OF HAYWARD

Alameda County has been added to the major disaster declaration for California's severe storms and flooding, meaning residents who had damage or losses from the storms that began Dec. 27, 2022, may now apply for FEMA disaster

assistance. The declaration allows FEMA to provide direct support to individuals and households in Alameda County and 12 other California counties.

The deadline for homeowners or renters to apply is March 16, 2023. Disaster assistance may include grants to help pay for temporary housing and essential home repairs as well as other serious disaster-related needs such as medical and dental expenses, transportation, childcare, and moving and storage expenses.

Residents who have insurance should first file a claim with their insurance

provider. FEMA provides assistance for uninsured or underinsured disaster-caused expenses and serious needs.

Applicants must use the disaster incident number DR-4683-CA when applying. There are several ways to apply for FEMA assistance under the Individual Assistance program:

- Visit DisasterAssistance.gov and apply via their online application.
- Download the FEMA mobile app from the fema.gov website.
- Call the FEMA Helpline at (800) 621-3362. Help is available in many

languages and lines are open from 7 a.m. to 11 p.m. daily. Press 2 for Spanish. Press 3 for an interpreter who speaks your language. If you use video relay service (VRS), captioned telephone service or others, give FEMA your number for that service.

Visit any Disaster Recovery Center and meet with FEMA staff and representatives of other federal and state agencies who can provide information about disaster assistance. To find a recovery center near you, visit the DRC Locator on the fema.gov website. For additional help in applying visit disasterassistance.gov.



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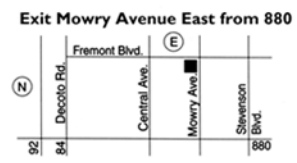
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Samreen Siddiqui, it was found that Inland Silverside and mysid shrimp, when exposed to tire particulates and a resultant pollutant known as leachate (a mix of chemicals that are released by tire particulates) had a number of problems, including significantly altered swimming behaviors and reduced growth.

In a similar study led by graduate student Brittany Cunningham, a freshwater ecosystem was exposed to tire particulates and leachates. The organisms in question -- embryonic zebrafish and the crustacean *Daphnia magna* -- experienced mortality and developmental abnormalities as a result of the exposure. Leachate was considered the main driver of toxicity in both organisms, with the particles themselves enhancing the toxicity in comparison to the leachate alone. The researchers recommended some innovative solutions to preventing tire-wear exposure, including rain gardens on the sides of roads to capture tire particulates, as well as more durable tires, incentivizing greener transit alternatives, and something known as particle capture devices.

The Tyre Collective, a research group that produces sustainable devices for tire-particulate removal, invented a device that is capable of capturing the particulates themselves. Since the particulates become positively charged when released due to friction, the device uses electrostatic plates to capture as much as 60% of the particles released, preventing them from ever entering the environment!

ONLINE CONTACTS

• Emissions analytics:
emissionsanalytics.com

• Tire dust is pollution:
greencarreports.com/news/1129809_tire-dust-is-pollution-and-this-invention-will-help-vehicles-clean-up-as-they-go

• Why don't tires last as long on an EV?
cleanfleetreport.com/tech-why-dont-tires-last-as-long-on-an-ev/

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

Tire wear a major contributor to auto particulate emissions

EARTHTALK

BY DYLAN STOLL

Dear EarthTalk:

What happens to all the rubber waste that wears off tires as cars and trucks roll down the road? Is it bad for the environment?

-- Jack C., Marion, Ohio

Most people have heard of exhaust emissions, but there is another form of emissions released by vehicles known as non-exhaust emissions (NEEs). According to independent testing and data firm Emissions Analytics, they can be as much as 1,000 times worse for the environment. NEEs are defined as “particles released into the air from brake wear, tire wear, road surface wear and resuspension of road dust during on-road vehicle usage.”

Unfortunately, NEEs account for most of the primary particulate matter released by road vehicles on a daily basis. In total, more than 1.5 million metric tons of tire-wear particles are lost to the environment each year, equivalent to 30% of the weight of every tire used in the U.S. NEEs constitute as much as 60% of the particles that are less than 2.5 micrometers in size (PM2.5) and 73% of those that are less than 10 micrometers in size (PM10), making them one of the greatest vehicular threats to nature.

This is only further exacerbated by the growing electric-vehicle industry, as EV's weigh significantly more due to their batteries and also have a higher torque output. Putting these two characteristics together, tires used on an EV will inevitably wear out faster. According to Scott Clark, Michelin executive vice president for automotive, motorsport experiences and Americas Regions, the difference in tire life-span can be as much as 20% less for an EV compared to an internal combustion engine vehicle.

As for the effects that NEEs have on the environment, the data is unsettling to say the least. In a study on estuary ecosystems led by post-doctoral scholar



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Track and Field Mini-Clinic

SUBMITTED BY LEE WEBB

Register for the Track and Field Mini-Clinic and get the chance to practice with Olympians at Chabot College. On Saturday, February 18 clinicians Tom Petranoff, Kevin Craddock, Michal Granville and more with be instructing athletes of all levels and ages in events including hurdles, javelin, middle distances and sprints, and more.

Registration is from 8 a.m. to 9 a.m., clinic from 9 a.m. to 2 p.m. Members of the Pacific Association registered individuals participate for free, \$20 for all others.

Mini-Clinic
Saturday, Feb 18
9 a.m. -2 p.m.
Chabot College
25555 Hesperian Blvd., Hayward
Lee Webb (510) 304-7172
Lwebb@nhusd.k12.ca.us

Australia is removing British monarchy from its bank notes

ASSOCIATED PRESS

Australia is removing the British monarchy from its bank notes.

The nation's central bank said Feb. 2 its new \$5 bill would feature an Indigenous design rather than an image of King Charles III. But the king is still expected to appear on coins that currently bear the image of the late Queen Elizabeth II. The \$5 bill was Australia's only remaining bank note to still feature an image of the monarch.

The bank said the decision followed consultation with the center-left Labor Party government, which supported the change. Opponents say the move is politically motivated. The British monarch remains Australia's head of state, although these days that role is largely symbolic. Like many former British colonies, Australia is debating to what extent it

should retain its constitutional ties to Britain.

Australia's Reserve Bank said the new \$5 bill would feature a design to replace the portrait of the queen, who died last year. The bank said the move would honor "the culture and history of the First Australians."

"The other side of the \$5 banknote will continue to feature the Australian parliament," the bank said in a statement.

Treasurer Jim Chalmers said the change was an opportunity to strike a good balance. "The monarch will still be on the coins, but the \$5 note will say more about our history and our heritage and our country, and I see that as a good thing," he told reporters in Melbourne.

Opposition Leader Peter Dutton likened the move to changing the date of the national day, Australia Day. "I know the silent majority don't agree with a lot of the woke nonsense that goes on but we've got to hear more from those people online," he told 2GB Radio.

Dutton said Prime Minister Anthony Albanese was central to the decision for the king not to appear on the note, urging him to "own up to it." After taking office last year, Albanese started laying the groundwork for an Australian republic by creating a new position of Assistant Minister for the Republic, but holding a referendum to sever constitutional ties with Britain has not been a first-order priority for his government.

mutual celebration. We hope we have had a positive impact on our community."

Highlights of the weekend include:

Erik Boquiren - Tahitian Drumming

Betty Ann Ka ihilani Bruno - Manu O o

The manu o o is an endangered bird endemic to Hawai i. It has yellow feathers which were used in traditional feather work.

K haulani Dinga - Construct and Dance With Your Own Ul ul (Hawaiian feather gourd)

Lani Cid-Iulio – Mele Ohana (song of thanks to one's family)

Jade Makana Iulio - Ori Tahiti (te a & A-parima) (Tahitian dance)

Patrick Makuak ne - Lecture on Kuahu Hula and Mele Kuahu (hula altar and songs to it)

Liko Puha - Oli (Hawaiian chant) Workshop

Rick No eau Smith - Kaulana N Pua "Famous Are The Flowers"

Mahea Uchiyama 30th Anniversary
Saturday, Feb 18 – Sunday, Feb 19
Golden Gate School
6200 San Pablo Ave., Oakland
Weekend passes: \$120-\$155
Registration: <https://centerforinternational-dance.org/kapili/>

The bank plans to consult with Indigenous groups in designing the \$5 note, a process it expects will take several years before the new note goes public. The current \$5 will be issued until the new design is introduced and will remain legal tender even after the new bill goes into circulation.

The face of King Charles III is expected to be seen on Australian coins later this year. One Australian dollar is worth about 71 cents in U.S. currency.

British currency began transitioning to the new monarch with the release of the 50 pence coin in December. It has Charles on the front of the coin while the back commemorates his mother.

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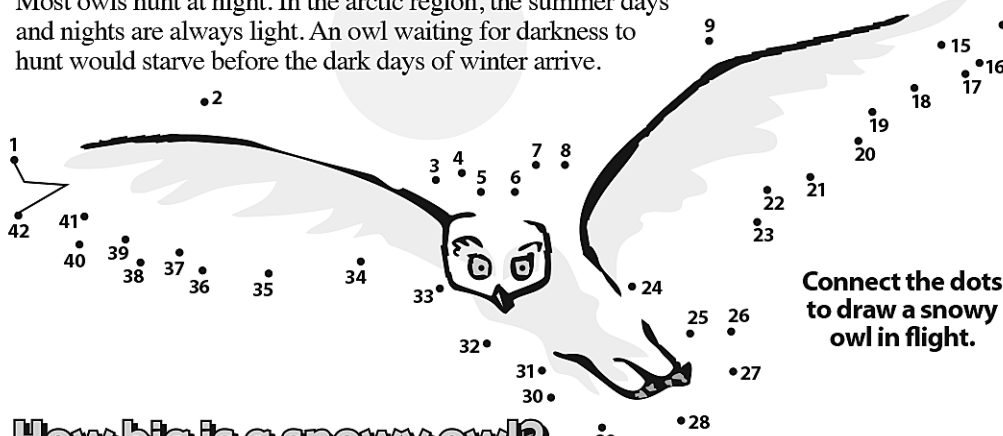
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© 2023 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 39, No. 10



Try these exercises to have fun and exercise the owl way!

The Snowy Owl

Like a ghost, the snowy owl glides through the air in soundless flight. This owl is different from most owls because it hunts during the day and at night. Most owls hunt at night. In the arctic region, the summer days and nights are always light. An owl waiting for darkness to hunt would starve before the dark days of winter arrive.



Connect the dots to draw a snowy owl in flight.

How big is a snowy owl?

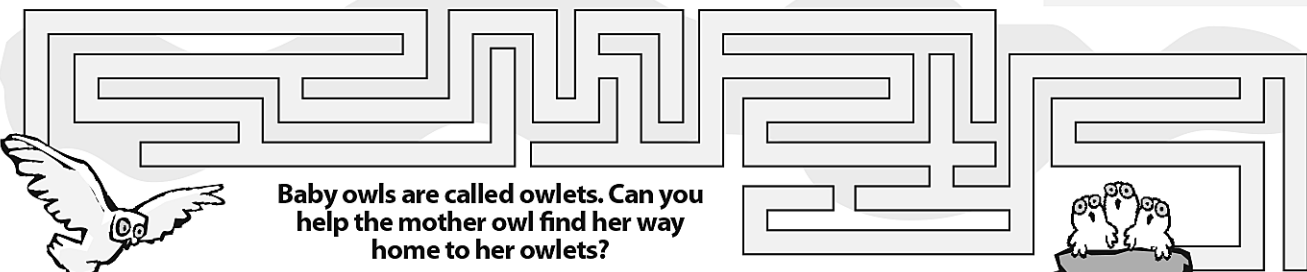
The snowy owl is one of the largest owls, with a height of about 27 inches (69 cm) and a wingspan of up to 60 inches (152 cm). Wingspan is the measurement from wing tip to wing tip, when the wings are fully stretched.

How many of the things in this chart could fit into a snowy owl's wingspan?

Microwave oven	25 inches (63.5 cm)
Teacher's desk	40 inches (102 cm)
House cat	25 inches (63.5 cm)
Baseball bat	33 inches (84 cm)
Tennis Racket	27 inches (69 cm)
Small car (width)	67 inches (170 cm)

Measure 60 inches (152 cm) on the floor. Now lie down with your arms outstretched along the line. Measure your outstretched arms. How do you compare?

Standards Link: Measurement: Students compare the length of objects by using direct comparison of standard units.



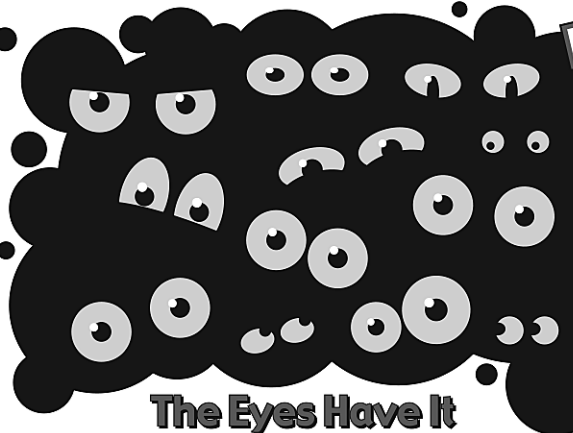
Baby owls are called owlets. Can you help the mother owl find her way home to her owlets?

Owl Eyes

All owls have excellent sight so that they can spot creatures like mice that run fast along the ground. Owls' eyes are not the same as human eyes. We move our eyes in their sockets to see from side to side. The owl must turn his head to see in different directions. Owls also have a third eyelid, which protects the eye.

It is a milky white eyelid that comes up from the bottom of the eye. Its purpose is to clean and refresh the owl's eyes. This third eyelid is called a **nictitating membrane**.

Standards Link: Life Science: Adaptations in physical structures improve an animal's chance for survival.



The Eyes Have It

The snowy owl has round, yellow eyes. Can you find the pair of eyes that match?

Standard Links: Visual Discrimination: Students compare and sort common objects.

Count the Eyes

Look through the newspaper and count the number of eyes that you find. How many are human eyes? How many are the eyes of other animals?

Standards Link: Number Sense: Count and name a number of objects.



Fly like an owl.

Stretch your arms wide apart and swoop around outdoors.



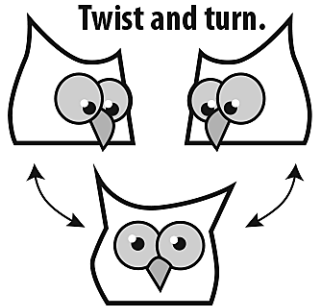
Perch like an owl.

Squat down like you are sitting on a tree branch watching for mice on the ground. Fold your arms into wings with your thumbs in your armpits. How long can you stay in this position?



Hop like an owl.

Start in the perch position. Then hop to the right, hop to the left, hop forward, hop backward.



Twist and turn.

While sitting in the perched position, turn your head as far to the right as you can. Then turn your head as far left as possible.

Standards Link: Physical Education: Understand the health benefits of physical activity and exercise.

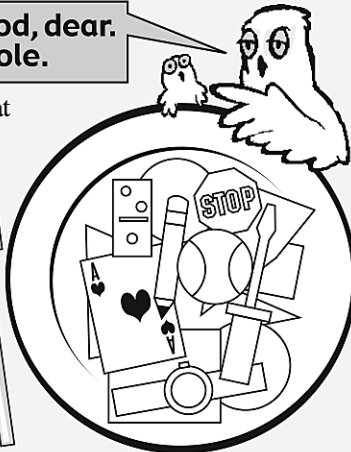
Kid Scoop Puzzler

Don't chew your food, dear. Swallow it whole.

The snowy owls need to eat a huge amount each day—enough to equal their own body weight. They don't chew their food—they just swallow their prey whole, including fur, claws, teeth and bones. Then they spit out a pellet of all the parts they can't digest.

What silly things can you find on this owl's dinner plate?

Standards Link: Life Science: Animals need food for survival and have physical structures to help them survive.



Double Double Word Search

SNOWY
OWL
WINGSPAN
MEMBRANE
DIGEST
BONES
COUNT
TUNDRA
SPOT
SIGHT
CHEW
PREY
BLEND
GHOST
PLUMAGE

Find the words in the puzzle. How many of them can you find on this page?

Y L O W G P S A B P
M E M T O W R O D M
E T H G I S N E L E
G T O B L E N D Y M
A N A P S G N I W B
M U P O S B L G O R
U O C H E W R E N A
L C T S O H G S S N
P C A R D N U T W E

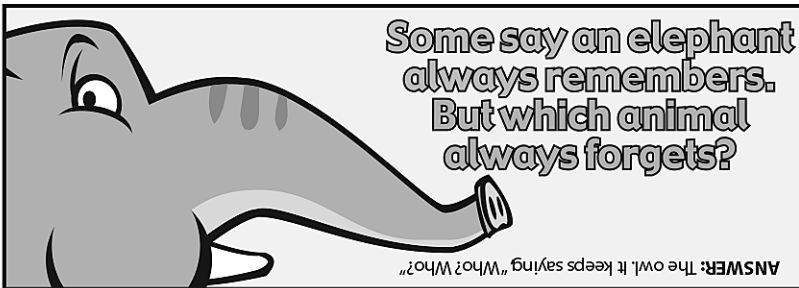
Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Create Camouflage

Choose a picture in the newspaper. Cut out a circle of white paper that fits over one-third of the picture. Color the white circle to match the picture underneath. This is camouflage.

Standards Link: Reading Comprehension: Follow simple multiple-step directions.



Some say an elephant always remembers. But which animal always forgets?

ANSWER: The owl. It keeps saying "Who? Who?"

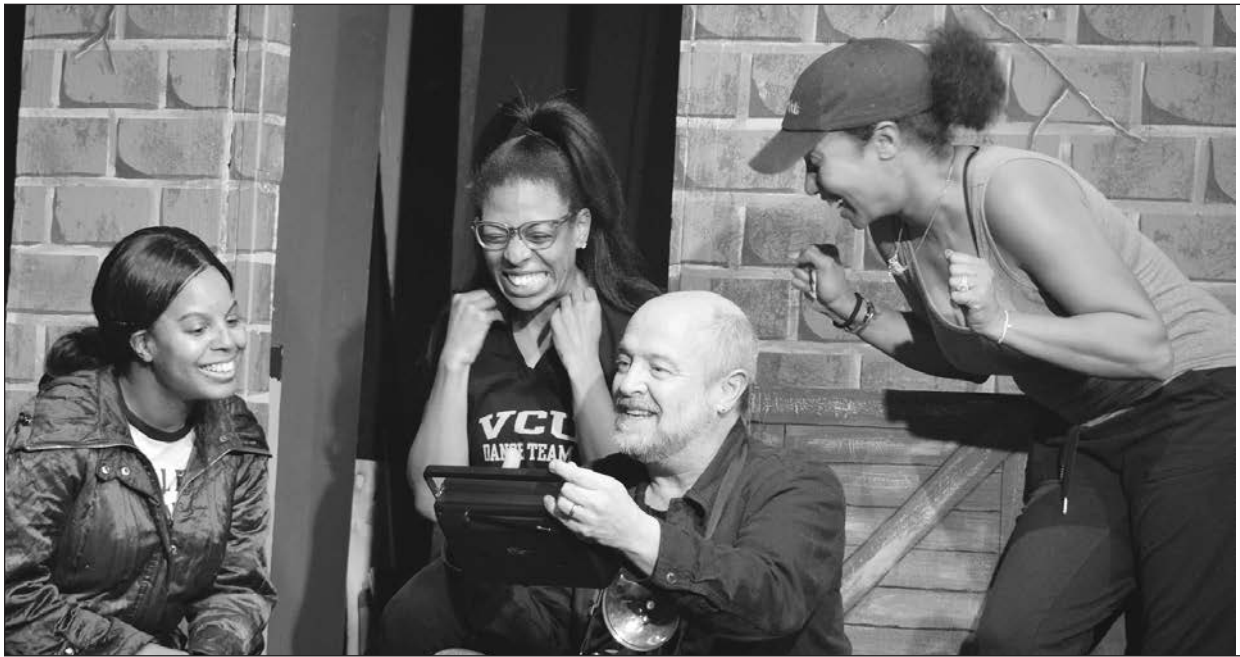
Write On!

Animal Report

Write a paragraph reporting on your favorite animal. Include at least three facts about this animal.

Continued from page 1

LITTLE SHOP OF HORRORS



excited about how our season has turned out,” says Chanticleers Artistic Director Jacob Russell-Snyder, who has held the position since early 2022. “We have two beloved musicals and two amazing plays that were nominated for the Pulitzer Prize.” After “Little Shop of Horrors” is the modern classic “Six Degrees of Separation” by John Guare. The show, about a group of wealthy New Yorkers and the con artist who targets them, employs a quick pace, witty and profound dialogue and an irresistible mystery to keep the audience guessing until the end.

In summer 2023, right in time for the Women’s World Cup, is Sarah DeLappe’s 2016 theatrical sensation “The Wolves.” The show follows a teen indoor soccer team as they warm up each week for the upcoming game. While we never learn the girl’s names, only the numbers on their backs, by the end of the play, we come to know, love, and understand each of these fierce and complicated student athletes.

Finally, the fall brings one of the quintessential American musicals back to Chanticleers for the first time in 25 years. “The Fantasticks,” once the longest running off-Broadway musical of all time, is a classic tale of teen lovers, kept apart by a wall and two disapproving parents. Filled with swashbuckling, moonlight, slapstick, and timeless songs like “Try to Remember” and “Soon it’s Gonna Rain,” “The Fantasticks” has often been called the most romantic musical ever written.

Chanticleers is welcoming all community members to not only buy their tickets today for “Little Shop of Horrors,” but to also become of the theatrical experience. “We are back,” Russell-Snyder continues. “We have a full slate of shows, a musical theater summer camp at the theater in June and July, and auditions for our shows in mid-February. Now all we need are people who want to help put on a show.”

All Chanticleers staff and artists are fully vaccinated. Performers will be unmasked during the shows. Masks are required for audience members while in the building, and Chanticleers strongly recommends vaccinations and boosting.

Little Shop of Horrors
Friday, Feb 10 – Sunday, Mar 5
Thursdays: 7 p.m.
Fridays & Saturdays: 8 p.m.
Sundays: 2 p.m.

Chanticleers Theater (Community Center Park)
3683 Quail Ave., Castro Valley

Tickets: \$25-\$30
Student tickets \$10 (available on Thursdays)
(510) 733-5483
chanticleers.org

Spot the King of Planets: Observe Jupiter

BY DAVID PROSPER

Jupiter is our solar system’s undisputed king of the planets! Jupiter is bright and easy to spot from our vantage point on Earth, helped by its massive size and banded, reflective cloud tops. Jupiter even possesses moons the size of planets: Ganymede, its largest, is bigger than the planet Mercury. What’s more, you can easily observe Jupiter and its moons with a modest instrument, just like Galileo did over 400 years ago.

Jupiter’s position as our solar system’s largest planet is truly earned; you could fit 11 Earths along Jupiter’s diameter, and in case you were looking to fill up Jupiter with some Earth-size marbles, you would need over 1,300 Earths to fill it up – and that would still not be quite enough! However, despite its awesome size, Jupiter’s true rule over the outer solar system comes from its enormous mass. If you took all of the planets in our solar system and put them together they would still only be half as massive as Jupiter all by itself. Jupiter’s mighty mass has shaped the orbits of countless comets and asteroids. Its gravity can fling these tiny objects towards our inner solar system and also draw them into itself, as famously observed in 1994 when Comet Shoemaker-Levy 9, drawn towards Jupiter in previous orbits, smashed into the gas giant’s atmosphere. Its multiple fragments slammed into Jupiter’s cloud tops with such violence that the fireballs and dark impact spots were not only seen by NASA’s orbiting Galileo probe, but also observers back on Earth!

Jupiter is easy to observe at night with our unaided eyes, as well-documented by the ancient astronomers who carefully recorded its slow movements from night to night. It can be one of the brightest objects in our nighttime skies, bested only by the Moon, Venus, and occasionally Mars, when the red planet is at opposition. That’s impressive for a planet that, at its closest to Earth, is still over 365 million miles (587 million km) away. It’s even more impressive that the giant world remains very bright to Earthbound observers at its furthest distance: 600 million miles (968 million km)! While the King of Planets has a coterie of around 75 known moons, only the four large moons that Galileo originally observed in 1610 – Io, Europa, Ganymede, and Calisto – can be easily observed by Earth-based observers with very modest equipment. These are called, appropriately enough, the Galilean moons.

Most telescopes will show the moons as faint star-like objects neatly lined up close to bright Jupiter. Most binoculars will show at least one or two moons orbiting the planet. Small telescopes will show all four of the Galilean moons if they are all visible, but sometimes they can pass behind or in front of Jupiter, or even each other. Telescopes will also show details like Jupiter’s cloud bands and, if powerful enough, large storms like its famous Great Red Spot, and the shadows of the Galilean moons passing between the Sun and Jupiter. Sketching the positions of Jupiter’s moons during the course of an evening - and night to night – can be a

rewarding project! You can download an activity guide from the Astronomical Society of the Pacific at bit.ly/drawjupiter-moons.

NASA’s Juno mission currently orbits Jupiter, one of just nine spacecraft to have visited this awesome world. Juno entered Jupiter’s orbit in 2016 to begin its initial mission to study this giant world’s mysterious interior. The years have proven Juno’s mission a success, with data from the probe revolutionizing our understanding of this gassy world’s guts. Juno’s mission has since been extended to include the study of its large moons, and since 2021 the plucky probe, increasingly

battered by Jupiter’s powerful radiation belts, has made close flybys of the icy moons Ganymede and Europa, along with volcanic Io. In 2024 NASA will launch the Europa Clipper mission to study this world and its potential to host life inside its deep subsurface oceans in much more detail. Find the latest discoveries from Juno and NASA’s missions at nasa.gov.

This article is distributed by NASA’s Night Sky Network (NSN). The NSN program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit nightsky.jpl.nasa.gov to find local clubs, events, and more!

Moon

Jupiter

Venus

Facing West

After Sunset

February 22, 2023

West

JupiterVistaJunoGill3688print.jpeg: NASA/JPL-Caltech/SwRI/MSSS; Processing: Kevin M. Gill, license: CC BY 2.0) <https://creativecommons.org/licenses/by/2.0/> Source: <https://apod.nasa.gov/apod/ap201123.html>

**Saturday
February 11th, 2023
12:00PM to 5:00 PM**

BLACK HISTORY MONTH

Afro-American Cultural & Historical Society celebrates

BLACK RESISTANCE
resisting stereotypes & empowering our youth

featuring keynote speaker
ASHLEY WATSON,
the Oakland Jazz Ensemble, African Drumming, soul food for purchase, black businesses & more!

Supported by the City of Newark Cultural Arts Department

Newark Community Center 35501 Cedar Blvd, Newark, CA 94560

info@aachstricity.org
aachstricity.org
@aachstricity
Afro-American Cultural & Historical Society

NEW **New Smart Combo Test**
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Fremont Lab: 5500 Stewart Ave, Ste 108
• Mon-Fri, 8:30am-6:00pm
Union City Drive-Thru: 34800 11th St (BART)
• Mon, Wed, Fri, 8:30am-4:00pm

Covid-19, RSV, & Flu A/B survival tips
Send questions to TCV@mycarelabs.com

Tips to avoid getting sick and making others sick this winter

- wash hands with soap & warm water for 20 seconds
- avoid touching your face (eyes, nose, mouth) w/ unwashed hands
- disinfect high traffic surfaces: cell phone, steering wheel, door knobs and handles (when did we all last do this?)
- stay home if you're sick! Happy New Year!

@mycarelabs

Support Fremont School District at Candy Land gala

Save the Date **Fremont Education Foundation** **Candy Land Theme**

Excellence in Education Gala
February 24, 2023 6:00 PM

COMMUNITY HONOREE: GRIPPSMAS PLAGE
FUSD HONOREE: CURRICULUM & INSTRUCTION DEPARTMENT

Fremont Downtown Event Center
www.fremont-education.org

SUBMITTED BY KATHY KIMBERLIN

The Fremont Education Foundation (FEF) is excited to announce its sweet "Candy Land"-themed event to honor some amazing members of Fremont Unified School District (FUSD) and the Fremont community at our "Excellence in Education Gala." This event is the main fundraiser for the FEF Teacher Classroom Grant program. We invite our guests to join us in traveling back to their whimsical childhoods and take the Rainbow Trail all the way to Lollipop Woods to help us celebrate our FUSD and community honorees.

This year we are recognizing the school district's Curriculum and Instruction Department which supported our educators in innovative ways during distance learning as well as the work they are currently doing redesign our curricular materials to meet the needs of our diverse learners. This dedicated group of coaches, librarian, technicians, administrative assistants, and managers work tirelessly to support the students and educators of Fremont Unified School District.

From our Fremont community, we are also thrilled to recognize Crippmas Club. This philanthropic group was started in 1967 by Robert "Spider" Cantley as a way to raise money for the Leukemia Lymphoma Society. After Cantley's retirement, Kate Ammon and her neighbors continued to bring holiday cheer to the community and raise money for a variety of charities. These holiday displays bring together volunteers from high schools as well as community members to set up and take down decorations between November and January, bring holiday cheer, and support good causes.

Our generous event sponsors this year are Fremont Bank and Meta, and the list continues to grow. We ask the community, to sponsor, donate and/or attend the Gala to fund the popular Teacher Classroom Grants program that provides supplies and resources to teachers.

We look forward to celebrating with our Fremont community, FUSD staff and honorees at our Excellence in Education Gala! The event starts at 6 p.m. with appetizers, raffles, beer & wine, and entertainment and the program to recognize honorees starts at 7 p.m.

Friday, Feb 24

6 p.m. - 8 p.m.

Downtown Event Center
3500 Capitol Ave., Fremont
www.fremont-education.org

www.facebook.com/FremontEducationFoundation

Tickets: \$60 general, \$40 for FUSD staff

OAKLAND ZOO

CONSERVATION SOCIETY OF CALIFORNIA
OAKLAND ZOO
oaklandzoo.org



Lions Club of Union City Presents

Southern Alameda Co. Buddhist Church
32975 Alvarado-Niles Road
5:00pm Happy Hour
6:00pm Dinner

Crab Feed!



February 25, 2023

Featuring:
Music
Raffle Prizes
Auction
No Host Bar

NO OUTSIDE ALCOHOL ALLOWED

Proceeds from this event will benefit youth groups and other Lions Club community service projects.

Tickets: \$75.00 per person

Crab Feed Tickets may only be purchased at www.UCLions.com
(Webpage does not recognize UCLions.com)

Important Notice Regarding Seating

Seating assignments will be made on the evening of the event with sponsorships being the exceptions. Parties of three or more may be accommodated with reserved seating as long as the guest identifies the Group's Coordinator at the time the ticket was purchased; there is a location on the webpage to enter the coordinators name; there can only be one coordinator per group. Or, the group must be together at check-in to be seated together. *The Union City Lions Club does not guarantee groups, other than sponsorships, will be seated together.*

Home & Garden

Growing Easy-Care Aloe Vera, Nature's Burn Ointment



Courtesy of MelindaMyers.com

BY MELINDA MYERS

Grow your own burn ointment by adding *Aloe vera* to your indoor plant collection. This succulent has been used for centuries to treat superficial burns, cuts, sunburns, and more.

The gel inside the leaves is the medicinal part of the plant. Just cut away the outer part of the leaf and use the gel on the problem areas. Make sure to remove the latex plant sap located between the outer layer (skin) of the leaf and the gel, as that can cause skin irritation. It is always best to test a small area of your skin first.

You may have read about *Aloe vera* being used in beverages and desserts. Properly prepare aloe before consuming.

Make sure to remove the latex and use only gel to avoid cramps, diarrhea, and stomach upset. Keep *Aloe vera* plants out of the reach of children, cats, and dogs.

Plant *Aloe vera* in a container with drainage holes. Consider using a clay pot that allows the soil to thoroughly dry between watering and prevent larger often top-heavy plants from tipping over. Use a pot as wide as it is deep whenever possible to accommodate the spreading nature of this plant. Cover the drainage hole with a coffee filter or piece of paper towel. This prevents potting mix from leaking out the drainage holes after planting. Use a well-drained cacti and succulent potting mix.

Grow this plant in a sunny window along with your other cacti and

succulents. South and unobstructed east or west-facing windows are usually the best. Set it under artificial lights if a brightly lit location is not available. Water thoroughly whenever the top third of the soil is dry. Avoid applying water over the center of the plant where it can collect between the leaves and lead to rot. Pour off excess water that collects in the saucer.

Prevent early death of your plant by avoiding waterlogged soil. Watering too often or allowing the pot to sit in excess water can lead to root rot and the death of the plant. You will need to water less often in winter when days are shorter, light intensity is lower and plant growth is limited. Keep plants away from cold drafts and temperatures below 50 degrees Fahrenheit, as those can damage the plants. Northern gardeners may need to move the plants back a bit from the window in winter as outside temperatures drop.

Clean leaves occasionally with a damp rag. This removes any dust that may collect on the leaves and helps reduce the risk of insect pests such as mealy bugs and aphids. These plants are sensitive to

many chemicals so check the label and test a leaf before treating the whole plant if additional treatment is needed.

Watch for small plants to form at the base of the original plant. You can use these offsets, often called plantlets or pups, to start new plants to grow or share with others. Use a sharp knife to separate the small plants, roots and all, from the parent plant. Repot the offsets in small containers just an inch or two larger than the remaining root system.

Enjoy the beauty and medicinal benefits of this easy-care plant. Then consider gifting a few to your favorite gardeners and cooks.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.



Photo via Pixabay



Courtesy of MelindaMyers.com



Photos via Pixabay

THE ACWD CONNECTION

Sustainable Practices for Water-Wise Gardening

Join CompostGal Lori Caldwell for a class on permaculture and sustainable techniques for your garden.

Saturday, Feb. 11, 2023
10:30 AM – 12:00 pm
Centerville Library
3801 Nicolet Ave. Fremont



Register for the class at <http://bit.ly/3Xyfs8k>.

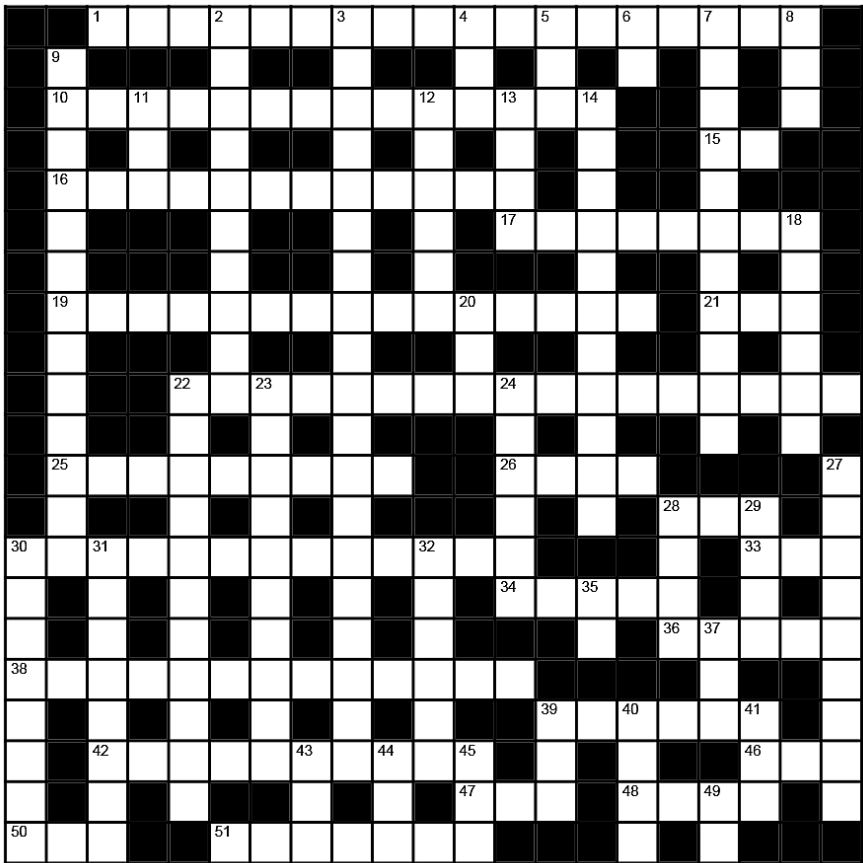


Space is limited. This is an outdoor event (weather permitting).
Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



Mind Twisters

Crossword Puzzle



- Across

1

Crater Lake, to the locals? (3,5,10)

10

Box of cookies? (6,8)

15

Me, Mine, ___ (2)

16

(Practically mooing with fat!) (7-5)

17

Some shots (8)

19

Finished for good (4,3,4,4)

21

Antipollution org. (3)

22

Imitation phrase (6,3,6,2)

25

Came out on top (9)

26

Acct. (4)

28

Baseball V.I.P.'s (3)

30

Impromptu (13)

33

Egypt and Syria, once: Abbr. (3)

34

Indigenous Mexican (5)

36

Contraption (5)

38

Letters of CIVIL and MIMIC (5,8)

39

Microscopic alga (6)

42

Eight producers? (3-7)

46

Protest for better wages, say (3)

47

"Get ___!" (3)

48

Endurance (4)

50

G.I. suppliers (3)

51

Make obsolete (7)

2

Bay on the SE coast of Cuba. (10)

3

IGN named it the funniest TV show of all time (8,11)

4

2004 Cooperstown inductee Dennis, in headlines (3)

5

More ribald or suggestive (3)

6

Therefore (2)

7

Impolite (3-8)

8

Pince-___ (3)

9

Words of warning (5,4,4)

11

Hosp. area (3)

12

Crown colony until 1948 (6)

13

Hebrew eve (4)

14

Crack assault group (5,6)

18

Grassy areas (6)

20

180° from WNW (3)

22

Moonshine (8,3)

23

A little body work (3,3,4)

24

Early stage (6)

27

Like many small engines (3-6)

28

Lively person (4)

29

Brewski (4)

30

Buttresses (6,2)

31

Spinsters (3,5)

32

Atmosphere that may smell salty (3-3)

35

"That hurt!" (2)

37

Displaced persons' gp. (3)

39

Doo-wop syllable (3)

40

East Indian tree (4)

41

Army cops (3)

43

Halifax clock setting: Abbr. (3)

44

Central American tree (3)

45

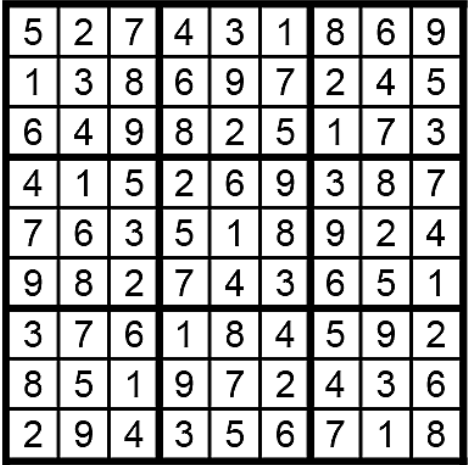
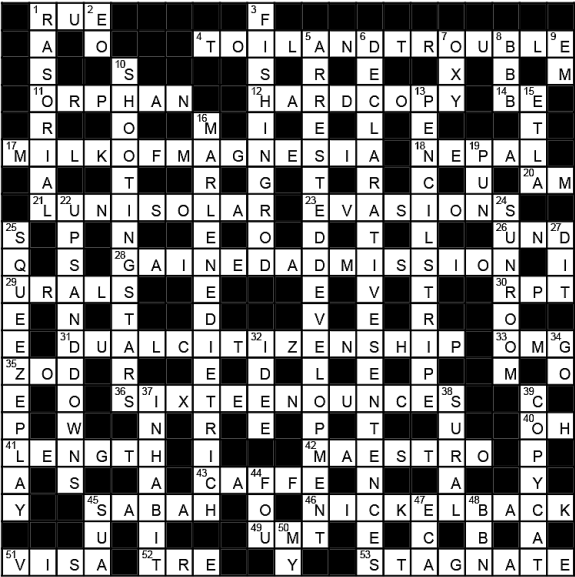
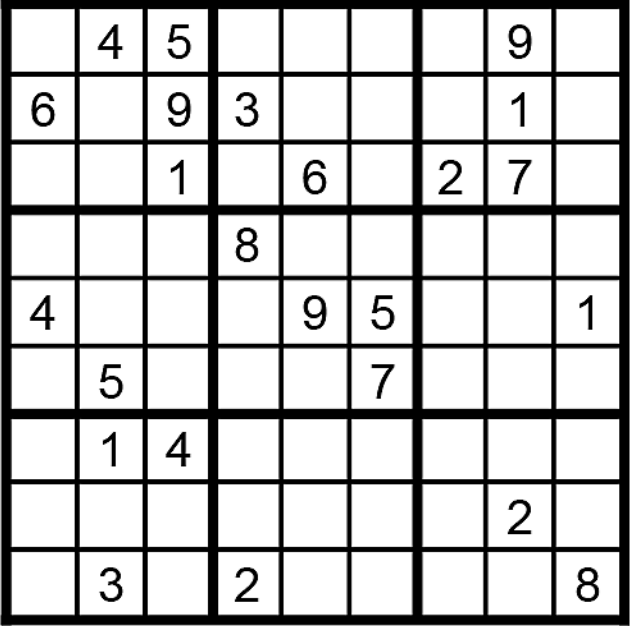
"___ Cried" (1962 hit) (3)

49

Depart (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JANUARY 3, 2023

All Signs: As this week begins, Mercury is waltzing with Neptune, which makes us feel dreamy, imaginative and lazy. By midweek, storybook romance is in the air and some will feel swept off their feet! But caution: Although high hopes will lead to delightful escapes, some will encounter disappointment due to unexpressed expectations. By Friday, we have X-ray vision and powerful problem-solving abilities. We will see solutions and grasp deeper understandings.

Aries the Ram (March 21-April 20):

At the beginning of the week, you will idealize a parent, teacher, boss, or authority figure. You will have a bias toward them and will believe what they say. But do they really know what they're talking about? By the end of the week, you will know. In fact, you will have an intense, realization that strips away illusion. This makes sense because like back in 1994, you are entering a two-year window when you will let go of beliefs, belongings and relationships that are no longer relevant.

Taurus the Bull (April 21-May 20):

The Sun is still high in your chart casting you in a flattering spotlight. People respect and admire you! Meanwhile, you might get carried away with philosophical discussions. You might have dreamy aspirations to travel somewhere exotic. Romance with someone “different” might blossom. However, by the end of the week, your ability to grasp the essence of political, religious and philosophical issues is so profound, you might have an epiphany. Or an argument with someone? Or you will teach your ideas?

Gemini the Twins (May 21-June 20):

Many of you will develop a crush on your boss or an authority figure this week. This could be a fleeting feeling or the beginning of something long-lasting. You might also have daydreams about how to spend money you don't have. Perhaps these ideas include money

from an inheritance or shared income? Travel and exciting escapes will also appeal. By the end of the week, you will see solutions and ways to strip things down to the bare essentials in order to build them up into something better.

Cancer the Crab (June 21-July 21):

Many of you will develop a crush on your boss or an authority figure this week. This could be a fleeting feeling or the beginning of something long-lasting. You might also have daydreams about how to spend money you don't have. Perhaps these ideas include money from an inheritance or shared income? Travel and exciting escapes will also appeal. By the end of the week, you will see solutions and ways to strip things down to the bare essentials in order to build them up into something better?

Leo the Lion (July 22-August 22):

You need more sleep. Acknowledge this. As this week begins, you are idealistic about your work. Perhaps you hope you can make a meaningful change. Meanwhile, your Spidey Sense is tuned in, especially with respect to coworkers. This could lead to a crush or a work-related romance. By the end of the week, you are ambitious! You want to strip things down to the bare bones so that you can identify a problem and then fix it. You might also take this approach to a health issue.

Virgo the Virgin (August 23-September 22):

This is an eventful time for you. In many ways, it has the same

qualities that life brought to you back in 1994. You are entering a testing time for partnerships and close relationships. This could be brought on by a crush? Certainly, at the beginning of the week, your relations with kids and romantic partners are idealized. By contrast, by the end of the week, an intense discussion might reveal what is really at play. One thing is certain, romance will be mesmerizing this week. Still, you will be productive.

Libra the Scales (September 23-October 22):

This is another week when you want to get out and schmooze! You're visiting restaurants, theatres and enjoying social times. At the beginning of the week, relations with a family member will be sweet and mutually affectionate. You might make travel plans. You will also make a lovely impression on coworkers, which could lead to a crush. At the end of the week, intense family discussions might take place. You might also tackle home repairs. The upshot of this energy will be that you want to make something better.

Scorpio the Scorpion (October 23-November 21):

This year will be a huge improvement over the last three years because Saturn will be in your fellow Water Sign, supporting you. Your energy to work will dovetail with what's happening in your life. You will accomplish as much as possible. It will also be a time of preparation. Meanwhile, enjoy idealistic, impossible romance this week! Likewise, enjoy playful times with kids, sports events and social

outings. At the end of the week, lighten up! You don't have to convince everyone to agree with you.

Sagittarius the Archer (November 22-December 21):

You're entering a window, similar back to 1994-95, when you want to secure your home base. Caution about spending money on luxurious items at the beginning of the week. This is great week to entertain at home. You will enjoy short trips and discussions with daily contacts. At the end of the week, you might decide to adopt a budget. Or you might make plans to attack your belongings and keep what you want and recycle what you don't need. This part of creating a home base that works for you.

Capricorn the Goat (December 22-January 19):

Your idealism is aroused at the beginning of the week, which is why you might daydream “what if” scenarios. Daydreams allow us to try on different possibilities for our future. Because you are entering a two to three-year window when you might have a residential move or a job change, you're thinking about options for your future. By the end of the week, you might have an intense discussion with someone. Or you might flip this intense energy and direct it toward yourself by taking a realistic look in the mirror.

Aquarius the Water Bearer (January 20-February 18):

More than any other sign, you will feel a huge relief this year beginning next month. Saturn has challenged you since March 2020. Small wonder that your optimism will return in a big way! This week, you will think of ways

to make more money and spend it. You might buy a beautiful gift for someone midweek. Meanwhile, by the end of the week, your mental acuity will be off the charts. Research will be productive. A profound epiphany might occur.

Pisces the Fish (February 19-March 20):

This year and next are a dramatic change for you. And a welcome one! You will have finished your journey through the Dark Night of the Soul. You gave up many things in the last few years – places, possessions, people, and relationships. This year marks the beginning of a new 30-year cycle where you will reinvent yourself. Not only that, this year you will get richer! Romance will be affectionate and friendly this week. (A friend might become a lover.) At the end of the week, a powerful discussion might prompt you to change goals.



By Georgia Nicols
www.georgianicols.com.

CASTRO VALLEY TOTAL SALES: 5							
Highest \$: 1,370,000		Median \$: 824,000					
Lowest \$: 780,000		Average \$: 928,800					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
21864 Orange Ave	94546	\$780,000	3	1288	1948	12/28/22	
2363 Lessley Ave	94546	\$805,000	3	1028	1948	12/28/22	
22074 Cameron St	94546	\$824,000	2	1224	1947	12/27/22	
4510 Edwards Lane	94546	\$865,000	3	1275	1963	12/29/22	
17301 Midsummer Ln	94546	\$1,370,000	4	2144	1997	12/27/22	

FREMONT TOTAL SALES: 15							
Highest \$: 3,625,000		Median \$: 1,065,000					
Lowest \$: 550,000		Average \$: 1,355,233					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
5590 Hemlock Ter	94538	\$550,000	2	1006	1970	12/28/22	
42111 Osgood Rd #206	94539	\$580,000	-	-	-	12/30/22	
42111 Osgood Rd #220	94539	\$637,500	-	-	-	12/30/22	
42111 Osgood Rd #420	94539	\$658,000	-	-	-	12/29/22	
42111 Osgood Rd #408	94539	\$840,000	-	-	-	12/29/22	
38985 Gar Terrace	94536	\$1,028,000	3	1400	1996	12/30/22	
4882 Phelan Ave	94538	\$1,060,000	3	996	1960	12/29/22	
4252 Adriano Ct	94536	\$1,065,000	3	1298	1965	12/30/22	
1380 Striper Cmm	94536	\$1,125,000	3	1610	1996	12/29/22	
48345 Conifer St	94539	\$1,250,000	3	1164	1963	12/28/22	
35911 Caxton Pl	94536	\$1,500,000	4	1811	1968	12/28/22	
36081 Ashton Pl	94536	\$1,700,000	4	1830	1971	12/27/22	
916 San Martin Pl	94539	\$1,980,000	4	1975	1965	12/29/22	
33469 Pony Loop	94555	\$2,730,000	5	3402	2016	12/28/22	
1657 Vinehill Circle	94539	\$3,625,000	4	4545	1992	12/27/22	

HAYWARD TOTAL SALES: 18							
Highest \$: 2,535,000		Median \$: 690,000					
Lowest \$: 345,000		Average \$: 801,861					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
725 Auburn Pl #212	94544	\$345,000	2	1000	1980	12/30/22	
27850 Andrea St	94544	\$447,000	4	927	1952	12/29/22	
27228 Whitman St	94544	\$460,000	3	951	1950	12/30/22	
383 Elmwood Ln	94541	\$501,000	2	1725	1950	12/27/22	
714 Penny Lane	94541	\$550,000	4	1746	1990	12/30/22	
1000 Clubhouse Dr	94541	\$600,000	2	1270	1973	12/27/22	
22140 Castille Ln #75	94541	\$610,000	3	1432	1983	12/28/22	
495 C Street	94541	\$639,000	2	959	1922	12/30/22	
20130 Times Ave	94541	\$655,000	3	1014	1951	12/30/22	
20801 Cambridge Ave	94541	\$725,000	4	1912	1960	12/30/22	
24809 Willimet Way	94544	\$768,500	3	1153	1957	12/27/22	
678 Barron Way	94544	\$790,000	4	1748	1960	12/30/22	
1172 Huron Lane	94545	\$800,000	3	1290	1957	12/28/22	
547 Blue Jay Drive	94544	\$808,000	3	1610	1979	12/27/22	
26637 Jamaica Ln	94545	\$820,000	3	1650	1958	12/28/22	
1708 Ruus Lane	94544	\$1,100,000	5	2064	1996	12/28/22	
22897 Valley View Dr	94541	\$1,280,000	-	3932	1932	12/27/22	
27097 Greenhaven Rd	94542	\$2,535,000	4	5445	1987	12/28/22	

MILPITAS TOTAL SALES: 7							
Highest \$: 2,521,500		Median \$: 885,000					
Lowest \$: 315,000		Average \$: 1,115,143					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
600 South Abel St #208	95035	\$315,000	1	932	2007	12/30/22	
700 South Abel St #221	95035	\$810,000	2	1108	2007	12/29/22	

136 Parc Place Dr	95035	\$840,000	2	1192	2005	12/30/22	
1828 Snell Place	95035	\$885,000	3	1253	2010	12/29/22	
318 South Park Victoria Dr	95035	\$1,205,500	3	1517	1966	12/28/22	
114 Smithwood St	95035	\$1,229,000	3	1160	1961	12/28/22	
2143 Incline Court	95035	\$2,521,500	4	2705	1989	12/29/22	

NEWARK TOTAL SALES: 4							
Highest \$: 2,000,000		Median \$: 915,500					
Lowest \$: 650,000		Average \$: 1,120,250					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
7595 Braidburn Ave	94560	\$650,000	3	1067	1971	12/30/22	
7067 Mayhews Landing Rd	94560	\$865,000	3	1232	1963	12/27/22	
5235 Sussex Place	94560	\$966,000	3	1610	1967	12/30/22	
39716 Spadefoot	94560	\$2,000,000	5	3199	2020	12/30/22	

SAN LEANDRO TOTAL SALES: 15							
Highest \$: 1,480,000		Median \$: 780,000					
Lowest \$: 480,000		Average \$: 830,800					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
27 East 14th St	94577	\$480,000	2	958	1997	12/28/22	
1675 151st Ave	94578	\$560,000	2	880	1941	12/30/22	
128 Bristol Blvd	94577	\$600,000	2	1325	1943	12/29/22	
2360 Belvedere Ave	94577	\$630,000	3	1740	1972	12/29/22	
15235 Central Ave	94578	\$748,000	4	1632	1947	12/28/22	
14950 Lark Street	94578	\$755,000	3	1176	1945	12/29/22	
1522 153rd Ave	94578	\$775,000	3	1212	1946	12/28/22	
14358 Tiburon Rd	94577	\$780,000	4	1464	1963	12/29/22	
891 Dolores Ave	94577	\$850,000	3	1438	1949	12/29/22	
14684 Cypress St	94579	\$859,000	3	1694	1953	12/28/22	
1310 Dorothy Ave	94578	\$910,000	3	1581	1946	12/28/22	
15461 Heron Dr	94579	\$910,000	4	1651	1998	12/30/22	
90 Begier Avenue	94577	\$925,000	2	1028	1939	12/30/22	
1351 Scenicview Dr	94577	\$1,200,000	3	2754	1968	12/28/22	
715 Joaquin Ave	94577	\$1,480,000	3	2192	1961	12/29/22	

SAN LORENZO TOTAL SALES: 2							
Highest \$: 770,000		Median \$: 719,000					
Lowest \$: 668,000		Average \$: 719,000					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
15905 Via Conejo	94580	\$668,000	3	1000	1944	12/28/22	
15830 Via Del Sol	94580	\$770,000	3	1000	1944	12/30/22	

UNION CITY TOTAL SALES: 7							
Highest \$: 1,366,000		Median \$: 1,312,000					
Lowest \$: 715,000		Average \$: 1,134,143					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
2617 Teal Lane	94587	\$715,000	2	1318	1983	12/29/22	
4609 Granada Way	94587	\$720,000	4	1632	1972	12/28/22	
35030 Begonia St	94587	\$1,116,000	3	1848	1970	12/30/22	
2772 Meadowlark Dr	94587	\$1,312,000	3	1392	1975	12/29/22	
4311 Blondwood Ct	94587	\$1,350,000	3	1594	1974	12/27/22	
129 Elderberry Ln	94587	\$1,360,000	5	2258	2000	12/30/22	
32267 Valiant Way	94587	\$1,366,000	3	1320	1971	12/29/22	

Home Sales Report

How to gift sustainably and create less waste this Valentine’s Day

SUBMITTED BY REPUBLIC SERVICES

Roses are red. Violets are blue. You should consider sustainable gift options and understand how to recycle right too! Whether you’re celebrating Valentine’s Day with a special someone or with friends, remember there are plenty of ways you can share the love without creating landfill waste.

Words of Affirmation

Express your appreciation in a letter, poem, or song. Laugh over a singing telegram. Leave a personal note in their lunch tote. Send a curated playlist with songs that express how you feel or favorite songs that will send them on a happy stroll down memory lane.

Quality Time

Share laughs over a meal at a favorite local restaurant. Plan a road trip and pair it with a specially curated playlist. Enjoy a theater production, live music performance, museum or art gallery, bowling or axe throwing, comedy show, or time outdoors at a state or national park together. Learn a new skill and more about each other while taking a dancing, climbing, cooking, wood shop, or scuba diving class. Volunteer through an

organization you both care about.

Acts of Service

Offer to house-, baby-, and/or pet-sit so they can be free to relax and take care of their needs. Take on a task or project they have been putting off such as organizing the garage or regrouting the bathroom. Give a certificate for a house cleaning service or massage. Research and organize an itinerary for an upcoming trip they are going to take. Whip together a homemade meal. (Pro tip: compost the food scraps and any food-soiled paper in your green compost cart.)

Greeting Cards

Digital cards and singing telegrams are fun and sustainable alternatives to traditional paper cards. However, if you plan to send a traditional greeting card, choose a simple paper card that is free of embellishments like glitter, foil, and other additions so it can be recycled. Who wants to be covered in glitter anyways? Additionally, opt for a paper card that contains post-consumer recycled content to support using paper recycled through the curbside recycle program, to reduce the demand for virgin wood, and to help build markets for recycled paper. If you receive a card with embellishments, keep it as a special memento or place it in your landfill (garbage) cart. Received a card that talks or sings? The tiny batteries that power these cards can ignite when compressed and cause sparks that result in a fire. Remove and properly recycle the battery – visit UnionCityRecycles.org to learn how to safely recycle batteries and other electronic waste.

Chocolates and Candy Treats

Look for third-party certifications such as Fairtrade Certified or the Rainforest Alliance seal to help you choose ethically produced chocolate brands that address socioeconomic and environmental issues throughout the supply chain. Consider reusable glass jars filled with dried fruit, nuts, or other sweet or savory treats from your local store’s bulk aisle, especially when gifting a group of people. Remember that plastic wrappers in which many

chocolate and other candy products are wrapped are not accepted in the curbside recycle program and should be placed in the landfill cart.

Flowers

Consider eco-friendly alternatives that last longer than traditional cut flowers such as a potted plant, hardy cacti or succulents, hanging flower basket, bonsai tree, planter or mason jar of herbs for the avid chef, or dried flower arrangement. If you receive traditional cut flowers, remember to place the plastic cellophane wrapper in the landfill cart. Learn how to preserve flowers by searching online, or place wilted flowers in your green compost cart.

Takeout Food

Ordering takeout food allows you to enjoy a convenient, restaurant-quality meal in the comfort of your home, but there is a lot of “stuff” to manage at the end. Store leftovers for a tasty snack the next day, or compost food scraps. Save plastic takeout containers and bags to send your guests off with leftovers the next time you host a party. When disposing of packaging materials, show our environment love by only placing accepted materials in the recycle and compost carts. Look for the plastic resin number on the bottom of the plastic takeout container to understand if it is accepted in the curbside recycle program – recycle plastic containers labeled #1 and #2, and place unlabeled plastics or plastic containers labeled #3-7 in the landfill (garbage) cart if they cannot be reused. Place paper napkins and towels, wood chopsticks, and food-soiled paper containers such as a greasy pizza box in the green compost cart.

Valentine’s Day provides us with opportunities to demonstrate our appreciation to those we care about, and it also allows us to demonstrate our commitment to our environment and community by recycling right and reducing the amount of waste sent to landfill.

Visit www.UnionCityRecycles.org to learn more about what is accepted in Union City’s curbside recycle program and to download free resources.

Fully clothed bathing burglar found in Seattle bathroom

ASSOCIATED PRESS

A man suspected of breaking into a Seattle home has refused to come clean about his intentions, even though police found him fully clothed in a bathtub filled with water.

A woman returned to her home Jan. 27 to find a window smashed and an unknown man inside the house, according to the Seattle Police Department. She remained outside the home and called police. Upon arrival, officers instructed anyone inside to come out. When they got no reply, they went in to search the home -- and found a

suspect in a bathroom.

“The man was clothed but very wet, and the bathtub was full of water,” police said in a statement. The 27-year-old man was arrested for residential burglary and refused to explain his actions, including his choice of a bathing spot, police said.

Hindi for High School Language Credits

MBK's High School Hindi Program is approved by
FUSD, Pleasanton, San Ramon, Milpitas,
Palo Alto, Cupertino, Saratoga,
Mountain House (Lammersville)
and Irvine USD
Credits and grades are
accepted by all colleges
and universities.

Hindi For Credit Offerings
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Hindi II
Hindi III
Hindi IV

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Next to Sprouts in Four Corners Shopping Center
6299 Jarvis Ave., Newark



Grocer offers an international taste of home



Co-owner Kami Din has been operating the market since 2014.

BY ROB KLINDT

With more than 90 languages spoken in Fremont, the city is known as one of the most diverse communities in the Bay Area. Fremont's immigrant population can trace their roots to China, Korea, Mexico, the Philippines, Portugal and Vietnam. Also calling the city home are people from Baltic, Eastern European and Middle Eastern nations including Ukraine, Poland, Russia, Germany, and Iran.

For many of these, a taste of home is a welcome treat. Numerous food stores in the area cater to local Asian, Indian, Korean and Mexican customers.

Delicacies from other regions -- including Eastern and Central Europe -- are also available, but on a smaller scale.

One of those sources is Royal Food Market, an international grocery store on Washington Boulevard in Fremont. Kami Din, co-owner and manager, said he caters to customers who are looking for specific types of ethnic foods, wines, spices and sweets that are hard to find elsewhere in the area.

"Most customers who come in here are Ukrainian, Armenian, Russian, Polish, Hungarian and Iranian," Din said, adding that he tries to mix products in his market to appeal to specific

groups. Popular items include bologna and sausages, German and Turkish coffees, various teas, honey, candy, spices, and sauces from Europe and the Middle East.

"Many things I have here are very specific," Din said, adding that 90% of the items he carries are imported and cannot easily be found in Costco, Safeway or other international stores. They include canned sardines and pickled vegetables; black olives from Morocco; German breads; Italian pasta; flavorful jams; and halva snacks from Israel, Iran and elsewhere (including vegan options). About 10% of items -- mostly sausages and



Candy from Ukraine

meats -- are from the United States, as produce and other perishables need to come from local sources.

For customers in a celebratory mood, the store boasts a large selection of varietal wines from Lithuania, Ukraine, Moldova, Russia, Georgia; and beers from the Czech Republic, Belgium and elsewhere. Din said one of the most unusual items the store sells is Kvass, a non-alcoholic beverage popular in Russia and Eastern Europe that is fermented with rye flour, sugar and baker's yeast.

For dessert, there is an international smorgasbord of delectable delights. Just inside the store is a colorful selection of candies from Ukraine manufactured by Roshen, one of the country's best known confectionery companies. Also available are sweets and snacks from Iran, Israel, Turkey, Poland, Russia and various European nations.

Din, 45, is a native of Iran and has co-owned the store with a silent partner since 2014. With the help of a floor assistant, he keeps the shelves stocked,

provides personalized service to customers, and works with suppliers in ordering merchandise.

Because of sanctions related to the Russian incursion into Ukraine, Din said items from Russia and neighboring Belarus are now more difficult and expensive to import. But he monitors the supply chain regularly when placing his weekly orders through U.S.-based import companies. "It's an unusual job with unusual things," Din said.

For curious customers visiting the store for the first time, Din recommends they try champagne or wine from Ukraine or beer from Czech Republic. If they don't want alcohol, Din recommends sausage and salami.

Royal Food Market
Ohlone Village shopping center
1602 Washington Blvd.,
Fremont
9 a.m. – 8 p.m. daily
(510) 668-1107



Jams from Poland

50% Off All in-stock Heart Jewelry

15% OFF All Other in-stock Jewelry

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WED. - SAT. 11AM - 5PM
(510-) 490-3022



Hayward Animal Shelter



510-293-7200

www.HaywardAnimals.com

16 Barnes Court, Hayward (Near Soto & Jackson)

Connecting rescued animals with loving homes!



Sourdough is a shy boy bunny who likes napping in his timothy hay hut and playing with toys. In celebration of the Lunar New Year of the Rabbit, all bunny adoptions are FREE to qualified homes, sponsored by Al Hops. To adopt call Hayward Animal Shelter (510) 293 – 7200.



Ivy is a 1 year old female German Shepherd mix. Ivy came into the shelter scared and shy but has been coming out of her shell recently. She loves tennis balls and squeaky toys. She would like a home with teens and adults who will go slow with her and help her continue to come out of her shell. To adopt call Hayward Animal Shelter (510) 293- 7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays
Bilingual (English/Spanish) Tiny Tot Story Time
9:30 am -11:00 am
Kinder readiness class for 0-5 years old
Union City Family Center
725 Whipple Rd, Union City
(510) 476-2770
bit.ly/3vcTYRA, bit.ly/3GaTamI

Tuesdays
Practice Your English--Tuesday Chat! R
4:00 pm -5:00 pm
Improve your English by talking with native speakers
bit.ly/3jqnz86
jliu@aclibrary.org

Tuesdays & Thursdays
Spectrum Fall Prevention Presents "Enhance Fitness" R
9:30 am
Program to energize and empower 60+ years adult
San Leandro Senior Community Center
13909 E 14th Street, San Leandro
(510) 577-3462
SpectrumCS.org
Register in person or call (510) 881-0300 x 270

Wednesdays
Zumba Gold \$
11:30 am -12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Wednesdays
Tropics Bingo
7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd, Union City
(510) 471-8550
the-tropics.net

Thursdays
Chair Yoga R
10:00 am -11:00 am
Consists of breathing and stretching techniques
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Thursdays
International Folk Dancing in Mandarin R\$
11:30 am -12:50 pm
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Second Thursdays
Café Dad
6:00 pm
Father and father figures to obtain resources
HUSD Parent Resource Center Hub
24823 Soto Rd, Hayward
(510) 723-3857
husd.us/hub

Second Thursdays
Diaper Distribution Program
11:00 am
Diaper and wipes for low-income household
Hayward Public Library
888 C St, Hayward
(510) 293-8685
hayward-ca.gov/public-library

Thursdays & Sundays
Story Time
10:30 am - 11:00 am
Children book story time
Banter Bookshop
3768 Capitol Ave Ste. F, Fremont
(510) 565-1004
banterbookshop.com

Thursday - Sunday
Animal Feeding
3:00 pm -3:30 pm
Feed livestock and learn about their favorite food
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Arts & Entertainment

Saturdays and Sundays
Discovery On Demand
10:30 am -3:30 pm
Explore, investigate, & craft to satisfy your natural curiosities
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Second Saturday
Lazy Saturdays?
9:00 am -12:00 pm
Join members of LEAF & tackle various projects
Local Ecology and Agriculture Fremont (LEAF)
6501 Niles Blvd, Fremont
bit.ly/3DG9gD5
volunteer@fremontleaf.org

Second Saturdays
Alviso Adobe Tours \$
1:00 pm
Docent-led tours & video presentation
Alviso Adobe Park
2087 Alviso Adobe Ct, Milpitas
(408) 586-3210
bit.ly/3BEITgR, bit.ly/3Wcmgau

Fridays and Saturdays
Telescope Viewings
7:30 pm -10:30 pm
Experience the awe & wonder of the universe
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
chabotspace.org

Saturdays
Laugh Track City\$
8:00 pm
Improvised games & scenes
Made Up Theatre
4000 Bay St suite B, Fremont
(510) 573-3633
madeuptheatre.com
(Please show proof of vaccination)

Mondays
Advanced Math + Science Tutoring
5:30 pm -7:00 pm
Free high school & college-level tutoring
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
aclibrary.org
castrovalley@aclibrary.org

Mondays, Wednesdays, & Fridays
Spectrum Fall Prevention presents "Enhance Fitness" R
9:30 am, 11:00 am, 1:00 am
Program to energize and empower 60+ years adult
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
aclibrary.com, SpectrumCS.org
Register in person or call
(510) 881-0300 x 270

Mondays, Tuesdays, Thursdays, & Fridays
Showers for Adults 55+R
1:00 pm -2:30 pm
One shower per day
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

First Thursdays, December 1 - April 6
Bill Savings Assistance with Spectrum
3:00 pm -5:00 pm
In-person assistance on the 2022 LI-HEAP and/or LIHWAP application forms
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
bit.ly/3gWSjfq

Wednesdays, December 7 - November 22
Qi Gong Meditation & Exercise Classes
2:00 pm -4:00 pm
Relieve stress & anxiety by joining Falun Dafa classes
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

Thursdays, December 8 - June 8
Cover to Cover Book Discussion

1:00 pm -2:30 pm
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Second Mondays, December 12 - May 8
ASL (American Sign Language) Story Signing
6:30 pm -7:30 pm
Preschool - 2nd grade:
6:30 - 7:00 pm
3rd - 5th grade: 7:00 - 7:30 pm
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Tuesdays, January 3 - May 30
Baby Bouncers Lapsit
11:30 am -11:45 am
Nursery rhymes, lap bounce, songs, & picture books for 12 months & younger
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

Tuesdays, January 17 - May 16
Read to a Dog
4:00 pm -5:00 pm
Come and read to the trained therapy dogs
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM
Mask required for 2+

Thursdays, January 19 - April 20
Health Services for People Experiencing Homelessness
1:30 pm -3:00 pm
Get help with checkups, medications, appointments, food assistance, & more
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Thursday - Saturday, January 19 - March 18
Tree Talk
12:00 pm -5:00 pm
Art works & poems by Dotti Cichon & Nelly Capra
Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
olivehydeartguild.org

Fridays, January 20 - January 6
Knit & Crochet Circle
2:00 pm -4:00 pm
Come to learn knitting & crocheting
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

Monday - Thursday, January 23 - March 16
Embracing the World
9:00 am -5:00 pm
Artists' Reception: Feb 10,
5:30 pm - 7:30 pm
Multicultural & multimedia works from various artists
John O'Lague Galleria
Hayward City Hall
777 B street, Hayward
(510) 538-2787
haywardartscouncil.org

Thursdays, January 26 - February 9
Musical Storytime Session 1 & 2 R
10:00 am -10:30 am
10:45 am - 11:15 am
Musical story time for 0 -6 years. Read, sing, & dance together
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
aclibrary.org
castrovalley@aclibrary.org

Saturdays, January 28 - March 25
Saturday English Conversation
10:00 am -12:00 pm
Open English conversation for all skill level
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAJaM

Tuesdays, January 31 - February 28

Tag/Teen Tuesdays R
4:00 pm -6:00 pm
Join the teen advisory group, play, make art & poetry
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
bit.ly/3kO3Krm

Wednesdays, February 1 - February 22

Black History Month - Little Bookworms Storytime
11:30 am -12:00 pm
Let's read sing & honor black resistance together
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
aclibrary.com
Mask required for 2+

Thursdays, February 2 - February 23

CleanStart Mobile Hygiene Unit
12:00 pm -2:00 pm
Access to a shower & laundry for people experiencing homelessness
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Saturdays, February 4 - April 15

Free Tax Assistance from VITA
1:00 pm -4:00 pm
Trained volunteers prepare & file taxes for households earning less than \$66,000 in 2022
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
earnitkeepsitsaveit.org
Walk-in only

Sundays, February 12 - April 9

Dove Gallery Competition Exhibit
12:00 pm -3:00 pm
Grand Opening: Feb 12: 12:00 pm
Eclectic showcase of local artists
Dove Gallery
Back lot of Park Victoria Church
875 S Park Victoria Dr, Milpitas
(408) 464-5011
Dove@ParkVictoria.org

UPCOMING
EVENTS

Tuesday, February 7

Fraud Prevention (in English & Mandarin)
10:00 am - 12:00 pm
How to prevent fraud, fraud tactics & trends
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Tuesday, February 7

Tot Time for Ages 0-2
Session 1:8:30 am - 9:30 am
Session 2: 10:00 am - 11:30 am
Kinder readiness program
Barnard White Middle School, Room B8
725 Whipple Rd, Union City
(510) 471-5363

Wednesday, February 8

Storytime & Craft
8:45 am - 10:00 am
Enjoy story time & craft, food to purchase
Chick-fil-A
5245 Mowry Ave, Fremont
(510) 608-5771
bit.ly/3WpRmw2

Wednesday, February 8

Teens & Tweens Valentine's Day Treat
3:00 pm - 5:00 pm
Make valentine rice crispy treats & valentine cards
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
aclibrary.org/locations/SLZ

Wednesday, February 8

Crafting Together! Valentine's Ornaments
4:30 pm - 5:30 pm
Make air-dry clay heart ornaments
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Wednesday, February 8 - February 15

Docent Training R
9:00 am - 1:00 pm
Enjoy working with children, teaching about natural & cultural history?
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3243
bit.ly/408PFoT
KParkison@EBParks.org

Friday, February 10

Valentine's Craft K-5th Grade R
3:30 pm - 4:30 pm
Join cupid's workshop & make your own card
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
bit.ly/3wY4DjT

Saturday, February 11

Crab Feed & Auction \$R
6:00 pm - 9:00 pm
Salad, pasta, bread & crab. Childcare provided on additional cost
St. Leander School
1345 Carpenter St, San Leandro
(510) 351-4144
steandersschool.org
Purchase ticket at school or use Venmo@Leander-school

Saturday, February 11

Tail Wagging Tales - Read to a Dog
11:00 am - 12:00 pm
Read your favorite book to a trained therapy dog
Centerville library
3801 Nicolet Ave, Fremont
(510) 795-2629
aclibrary.org/locations/CTV

Saturday, February 11 – Saturday, February 12

Adult Slumber with the stars \$R
6:00 pm - 9:00 am
Cocktail reception, dinner, planetarium, & laser shows
Chabot Space and Science Center
10000 Skyline Blvd, Oakland

(510) 336-7300
bit.ly/3l4eCSn

Saturday, February 11

Crab Feed \$R
3:30 pm - 8:30 pm
Live music with crab, salad, garlic bread, soda & wine
S.D.E.S. Alvarado
30846 Watkins St, Union City
Ticket :(510) 928-7019
Book online: bit.ly/3Ynpqsz

Saturday, February 11

Sweetheart Swan Note Holder Workshop R
9:00 am - 12:00 pm
Bring your DIYer to work with the experts on projects
Lowe's Union City
32040 Union Landing Blvd, Union City
low.es/3DCUSLN

Saturday, February 11

Common Nature: Plant & People
10:00 am - 12:00 pm
Hike & discover the interconnectedness of plants & animal (7+ years)
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Saturday, February 11

Music Hour at the Library
2:30 pm - 3:30 pm
Read your favorite book while enjoying light music
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Saturday, February 11

Beginning Embroidery
1:00 pm - 2:00 pm
Learn basic embroidery stitches.
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood
Training materials provided

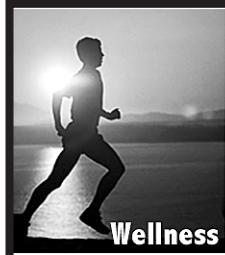
Saturday, February 11

Zoom Write-In
2:00 pm - 3:30 pm
Practice writing in a relaxed environment
Request link from Scott Davidson at scottfrombayside@yahoo.com

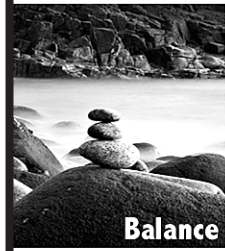
Saturday, February 11
DIY Valentine's Day Cards
09:00 am - 5:00 pm
Create & decorate a Valentine's Day card
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
aclibrary.org
castrovalley@aclibrary.org

Saturday, February 11

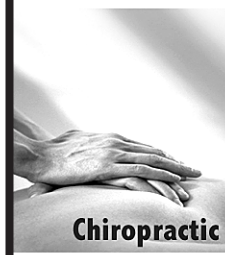
Science Saturday for 5 - 10 years kids R
2:00 pm - 3:30 pm
Explore magnetism & electricity, force & motion, & more
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
bit.ly/3l05AWv
castrovalley@aclibrary.org



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Exp. 3/30/23

Janet Laney, D.C.

510-792-9000

6170 Thornton Ave., Ste H

Newark

Saturday, February 11

Virtual Youth (15 - 24) Job Fair R
10:00 am - 1:00 pm
Learn about job opportunities in the park district
Register: bit.ly/3HSU2gv
Zoom link will be provided upon registration

Saturday, February 11

Sustainable Practices for Water-Wise Gardening R
10:30 am - 12:00 pm
Learn permaculture & sustainable techniques for your home garden
Centerville library
3801 Nicolet Ave, Fremont
(510) 795-2629
bit.ly/3HLxGfV

Sunday, February 12

Sunday Cinema R
1:30 pm - 3:30 pm
The Farewell (2019)
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
bit.ly/3JDsZHz
castrovalley@aclibrary.org

Sunday, February 12

Abalone & Pine Nut Bead Necklace Making R
10:00 am - 11:30 am
Learn about abalone & other resources as you make a necklace
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr, bit.ly/3X24dUv

Monday, February 13

DIY: Heart Suncatchers
3:30 pm - 4:30 pm
Make suncatchers using tissue & contact paper
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
aclibrary.org/locations/SLZ

Tuesday, February 14

Free Haircut for Valentine's Day
10:00 am - 12:00 pm
Hair cut offered on first come, first served basis. Washed hair only
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Tuesday, February 14

Valentine's Day Celebration \$
11:00 am - 1:00 pm
Enjoy a special meal & live performance with your loved ones
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529

Tuesday, February 14

One Mystery at a Time Book Club R
4:30 pm - 5:30 pm
Book discussion groups for 4th & 5th grade
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
bit.ly/3RnWKh4



Trash Talk

SUBMITTED BY THE PICKUP ARTIST

This is the 25th edition of Trash Talk, a column devoted to cleaning up our neighborhoods, our environment, and our outlook on life.

Happy Valentine’s Day

Give your sweetie a gift they’ve never received before. Clean up the neighborhood or your garage. It’s sure to surprise him/her. Mother Earth will be pleased too.

You can even recycle your favorite memories!

I came across a bunch of greeting cards for birthday, Christmas, Father’s Day, etc. that I’ve received over the years. It’s a walk down memory lane. What to do with the cards when you are done with them? Recycle, of course! Preschoolers and young children like old greeting cards to practice using scissors or to dictate a story to go with the picture on the card. The front of the card can also be used as a gift tag.

Flavored tobacco follow upCalifornia is frequently a leader in new technologies and policies. But New Zealand banned cigarettes before we did.

New Zealand passed extensive legislation aimed at preventing minors from becoming smokers, including a lifetime prohibition on cigarette sales to everyone born after 2008. What about those born before 2008? Under the new laws, the country’s smoking age of 18 would be raised year by year until it applies to the whole population. Beginning in 2023, those younger than 15 will be barred from buying cigarettes for the rest of their lives. The legislation is the result of more than a decade of public health campaigns.

Only 8% of New Zealand’s adult population smoked every day in 2022, according to government statistics. The country’s associate health minister, Ayesha Verrall, recently released a statement saying, “This legislation accelerates progress towards a smoke-free future. Thousands of people will live longer, healthier lives.” (Information from Tiffany May of The New York Times.)

Don’t delay giving up cigarettes because you fear weight gain

According to Douglas Jorenby at the Center for Tobacco Research at the University of Wisconsin, you would have to be 80 to 90 pounds overweight to put the same strain on your heart as a pack-a-day cigarette habit. If you give up cigarettes and gain some weight, there’s always time to trim down later. Tackle one challenge at a time.

Earthquake preparedness

Last month I suggested you should consider bolting your house to the foundation. Some of the most vulnerable Californians can receive thousands of dollars from the state to better protect their homes. The Earthquake Brace & Bolt program was established in 2015 by the California Earthquake Authority and the Governor’s Office of Emergency Services to stabilize more than 1 million at-risk homes. Qualifying residents are awarded up to \$3,000 reimbursement to retrofit their residences — typically houses built before 1980. Also, homeowners earning up to \$72,080 per household are now eligible for an additional low-income grant on a

first-come, first-serve basis. Depending on a home’s needs and location, the supplemental award may cover up to 100% of a retrofit’s cost. Submit applications online at www.EarthquakeBraceBolt.com. Usually, registration is open from mid-October to December. (Katie Lauer, Bay Area News Group)

Minimize trash on your phone

Do you get unwanted calls or ads on your phone? There are several apps to address that annoyance. Verizon wireless customers can use a FREE app called Call Filter to block calls. T-Mobile and Sprint’s plan is called Scam Shield. AT&T blocks all known fraud calls with Call Protect, which can be used on land lines as well as cell phones.

Quote for today:

“It is not the mountains that we conquer but ourselves.” - Sir Edmund Hillary

You can contact me at ThePickupArtist-KHCG@outlook.com. Your comments and suggestions could be used in future Trash Talk columns



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Public hearing set on water rates and drought surcharges

SUBMITTED BY SHARENE GONZALES

Alameda County Water District Board of Directors will hold a public hearing on Thursday, February 9, and consider a proposed two-year water rate increase of 4% to the bimonthly service and commodity charges and updates to drought surcharges and private fire service rates beginning March 1, 2023.

For the average residential customer using 16 units of water in a two-month billing cycle, about 200 gallons per day, the proposal would increase their bimonthly bill by \$5.30, or \$2.65 per month.

In 2022, ACWD adopted drought surcharges to stabilize revenue during drought. The proposed increase of \$0.03 per unit of water, or 748 gallons, helps meet the fixed cost of water treatment, delivery and system maintenance.

In December 2021, ACWD declared a stage 2a water shortage emergency and adopted water use restrictions and mandates to achieve a 15% systemwide reduction in water use.

Though early winter storms delivered heavy precipitation to the Bay Area, local and statewide drought declarations and related state regulations remain in effect. A better water supply outlook is expected in the coming months.

Nearly half of the revenue increase will fund capital projects and anticipated cost increases for purchased water. The balance will cover employee compensation and benefits with union contract agreements, including cost-of-living increases under 3.3% through 2024, and be used to meet increased regulatory water quality requirements and protect debt covenants.

The proposed increases follow financial analyses and

four public workshops during 2022. In addition, ACWD hosted two community meetings in January in advance of the public hearing.

Members of the public can attend the meeting in person or via webinar. In addition, the board will take public comments during the public hearing. The webinar will be held using Zoom software; participants must have an internet connected computer, tablet or mobile device. The Zoom link is posted on acwd.org/rates under the Public Hearing header for February 9; the passcode is 43824.

ACWD Public Hearing
Thursday, Feb 9
6 p.m.
43885 S. Grimmer Blvd., Fremont
Acwd.org/rates
(510) 668-4200

Park It: Castle Rock peregrines

BY NED MACKAY

The Castle Rock formation, which overlooks Diablo Foothills Regional Park in Walnut Creek, is now closed through July 31 to protect the peregrine falcons that live there during their mating and nesting season.

Castle Rock is actually located in Mount Diablo State Park. Pine Creek, which runs through the canyon, is generally the boundary line between the state park and Diablo Foothills. Signs advising the closure are posted in Diablo Foothills at several Castle Rock access points along the Stage Road Trail, which follows the creek.

Peregrine falcons are remarkable birds. They are about the size of crows, although slightly bulkier and with longer wings. They prey mostly on smaller birds and mammals, including rodents and bats. Peregrines are considered the world's fastest animals, with dives that have been recorded at more than 200 miles per hour.

Although peregrines are no longer on the federal endangered species list, they are still fully protected under California's Fish & Game Code. Please do not venture onto the rocks or otherwise disturb the peregrines between now and July 31. If the

birds are approached, they can abandon their nest or fail to mate. Trespassers can be fined.

An all-volunteer group of natural history educators keeps watch on the peregrines at Castle Rock during their mating season. Last year was a very good year for the Castle Rock peregrines. The mating pair raised three healthy chicks, two females and a male. Let's hope for similar success this time around.

There are many paid seasonal and year-round jobs available in the East Bay Regional Park District for youth, young adults and students. Opportunities include outdoor activities, working with the community and lifeguarding at swim areas.

You can find out more at a Virtual Youth Job Fair on Saturday, February 11 from 10 a.m. to 1 p.m. The Job Fair is designed for applicants ages 15 to 24, although the minimum age requirement for most jobs is 16 years. Application and interview tips will be provided.

Participants are encouraged to have their cameras on and come dressed as if they were attending a job fair in person. For information and registration, visit www.ebparks.org and click on Virtual Youth Job Fair near the top of the home page. Or use this link: bit.ly/VirtualYouthJobFair.

February is Black History Month, and naturalist Melissa Fowlks will celebrate it with a stroll from 11:00 a.m. to 12:30 p.m. on Saturday, February 11 at Point

Pinole Regional Shoreline in Richmond. Point Pinole and environs have a strong connection to the Black community. During the walk, learn the history of Parchester Village and explore the Dotson Family Marsh, named for Black community leaders.

Meet Melissa at the park's Giant Road Staging Area, which is off Giant Highway south of Atlas Road. This is a free, drop-in program; no registration is required. Point Pinole has a parking fee of \$5 per vehicle when the kiosk is attended. For information, call (510) 544-2233.

February also brings Valentine's Day, on Tuesday the 14th. In anticipation, the naturalists at Ardenwood Historic Farm in Fremont are offering a Valentine-themed program from 2:00 p.m. to 2:30 p.m. on Saturday, February 11. Learn about the Victorian Era, from which modern Valentine's Day traditions are derived, then make your own Valentine.

This is a disabled-accessible drop-in program; registration is not needed. Ardenwood admission fees apply. Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84 (the Dumbarton Bridge approach). For information, call (510) 544-2797.

Nearby at Coyote Hills Regional Park, a program with stories, songs and movement is on the agenda from 3:00 p.m. to 3:30 p.m. on Saturday, February 11. Meet the naturalist at the visitor center

to explore the park's marsh and hear stories from a nature-themed book. All ages are welcome; parent participation is required. Registration is not necessary.

Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway in Fremont. The program is free; there's a parking fee of \$5 per vehicle. For information, call (510) 544-3220.

"Superpower Snakes" is the theme of a program from 10 a.m. to 11 a.m. on Sunday, February 12 at Black Diamond Mines Regional Preserve in Antioch. Naturalist Jessica Kauzer will explain how snakes are an important part of the local ecosystem, and show a live snake, weather permitting. The program is for ages two and older; parent participation is required.

Meet Jessica at Black Diamond Mines' upper parking lot, which is at the end of Somersville Road, 3½ miles south of Highway 4 and a mile past the entrance kiosk. For information, call (510) 544-2750.

These are just a few of the programs scheduled in the East Bay Regional Parks in coming days. For a full listing, visit ebparks.org/things-to-do.

And be sure to check "alerts and closures" at the top of the home page before heading out to a regional park. Storm damage may have required program cancellations or park and trail closures while repairs are underway.

Community Bulletin Board

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Hope Evangelical-Lutheran Church 3800 Beard Rd, Fremont, CA 94555 A church of the Unaltered Augsburg Confession AD 1530 and The Book of Concord AD 1580/1584 Lutheran Church Missouri Synod (LC-MS) - English District Incarnational. Sacramental. Liturgical. Find our service times and social media links on our website: www.hopelutheranfremont.org Rev. Ray Hulett (510) 793-8691 reverendhulett@gmail.com “We implore you on behalf of Christ, be reconciled to God.”		Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting	
BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers		President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills. We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org	
Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com	Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics. We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17.weebly.com You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.		SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499
LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers’ Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531	Join the American Association of University Women - Fremont Branch Make new friends Create STEM opportunities for girls Arrange STEM summer camps for teens Attend social events Choose students for college scholarships Meet with your book group. Gather for coffee Have Fun https://fremont-ca.aauw.net/
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 916-217-3074	Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org	Mission Peak Fly Anglers Join us to meet with those who enjoy fly fishing Programs Casting Lessons FlyTying Meetings every 3rd Wednesday 7 pm Fremont Activity Center 3375 Country Dr, Fremont www.missionpeakflyanglers.org email: fremont.mpf@gmail.com	THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891
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Newark Memorial High School 40th Reunion - Class of 83 June 10, 2023 - 6:00pm - 10:00 pm Massimos Italian Restaurant (Includes Dinner) 5200 Mowry Ave., Fremont Ca Tickets:\$99 if purchased in advance \$110 at the door Venmo: @NMHS83 (last 4 digits of phone number: 1197) Website: www.newarkmemorial83.com Email: newarkmemorial83@gmail.com SAVE THE DATE			
A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227	SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313		NEWARK TROOP NEWARK TROOP 186 is looking for 6th – 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at EvelynMarielittle@gmail.com for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark”
Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30-7:30pm begin in October Newark Library 37101Newark Blvd. Newark 510-793-8181 aachstricity.org			

OPINION



WILLIAM MARSHAK

Information about our communities and issues outside immediate family comes from personal experience or what others tell or show us. A monumental impact on children in the 1950s was a series of “look-say” or sight method primers that followed the bland, sanitized world of siblings Dick and Jane, along with their dog and cat, Spot and Puff, and younger sister Sally. Although eventually replaced by phonics and more realistic characters and storylines, the Dick and Jane series served as a portrayal of a safe, clean, homogeneous (Caucasian) community that defined gender and occupational roles. Although many children did not actually live in anything even close to this world, young and impressionable readers were constantly assured that it did exist and any possible danger would be assuaged by authority figures... mom, dad, fireman, policeman, etc.

Along came the 1960s, filled with rage and a completely different view of how

Connections

authorities handled their responsibilities. The façade of a harmonious, gentle society was shattered as societal factions staked their claim to reality. Information – factual and contrived - moved faster and faster. The pace of both phenomena has only increased since then.

Connections in communities at large have often evaporated as challenges to personal interaction with community members, and even business associates, has declined, reduced to computer screens and lines of text, emojis, memes and images. Brutal reality (or fantasy) has replaced idyllic simplicity, both skewed toward extremes of an unrealistic utopia or disastrous dystopia.

In addition to a fractured social structure, the COVID pandemic accelerated isolation within our communities. Prior to its outbreak, gatherings, festivals, sports and celebrations were numerous and well attended. Not only did arts and civic organizations bring people together, so did various protective services. Safety fairs, k-9 competitions, motorcycle competitions and fire suppression skills were on display on an annual basis.

The general population was able to mingle with administrative and line personnel, one-to-one. This is a tremendous mitigating factor when relying on the same people in a stressful crisis. As the impact of the pandemic has lessened, some major fairs (e.g., Festival of the Arts, Newark Days, etc.) have returned along with concerts and fine arts

exhibits. However, we are a long way from pre-pandemic activity levels.

Although efforts of law enforcement to stay connected with the general public have continued through programs such as Coffee with Cops or School Resource Officers, these are limited in scope and while valuable, fail to reach much of the population. We need augmentation by more positive and personal connections. So far, our communities have avoided some of the lurid headlines of others that have suffered grievous tragedy and loss of life, but closer relationships with authority figures under positive circumstances is a powerful protective measure. I am not suggesting a fanciful, kumbaya moment with a Dick and Jane patina, but I do believe personal connections can mitigate differences that lead to misunderstanding and serious consequences.

The result will not be a series of colorful, simplistic pictures with sentences to match or the dark, despair of hopelessness, rather a realistic understanding and connections with others serving in a variety of capacities to ensure a vibrant, healthy and safe community.

William Marshak
PUBLISHER

Castro Valley falls to Berkeley

BY ANDREW JOSEPH

Castro Valley Trojans boys' soccer team lost 2-1 to the Berkeley High Yellowjackets Friday, February 3 at home in a league matchup for first place. A race for the first-place title of Western Alameda County Conference (WACC) league was on the line for winning this game. Though there is still a chance to win the WACC after losing to league opponent Berkeley, it makes the possibility of that title a lot tougher.

Both teams were competing for the same position with the approaching playoffs. The Trojans were on a nine-game winning streak coming into the game, including two wins over San Leandro. “The mindset coming into tonight was that we needed to get the win and that we couldn't afford to lose this game,” said Trojans head coach Robert Olson. “The goal right now is to win the WACC league no matter what.”

In the beginning of the game the Spartans had positive momentum with good offense, keeping the Yellowjackets on their defensive heels. The Spartans had a wide open shot at a goal running down the left field in the opening minutes, but the shot was wide left.

There were a total of four shots at the goal in the first half for Castro Valley. Both teams' goalies played very efficiently in the first 40 minutes not allowing any goals scored before halftime.

“Our team had a focused mindset on winning today because we were fighting for first place in our league,” said Castro Valley sophomore midfielder Hakuto Kremer. “We can build a lot of momentum off of the one goal that we did score tonight.”

Berkeley scored the first goal less than four minutes into the second half by keeping the ball downfield and passing aggressively. Junior Trojans' fullback Alec Balica scored on the sixth attempt by the team after intermission to tie the game at 1-1. It looked like the game might end in a tie until the Yellowjackets scored the game winning goal with under

four minutes left in the contest.

“That goal by Alec was just a good bowl in the box after a bit of a scuffle and he just did what he always does and that is score goals for us,” added coach Olsen. “Berkeley is a strong team so you can't make any mistakes against them if you want to win.”

Castro Valley falls to 12-3-4 on the season, with a lot of potential still remaining for the postseason. The Trojans' next game is another league matchup on Wednesday, February 8 in against Bishop O'Dowd at 6 p.m. There are a total of three games left in Castro Valley's regular season before the WACC playoffs start.

“We are really looking forward to hosting a game in the NCS playoffs,” said Kremer. “We need to try to focus on what we can fix from this game and what we can do better next time.”



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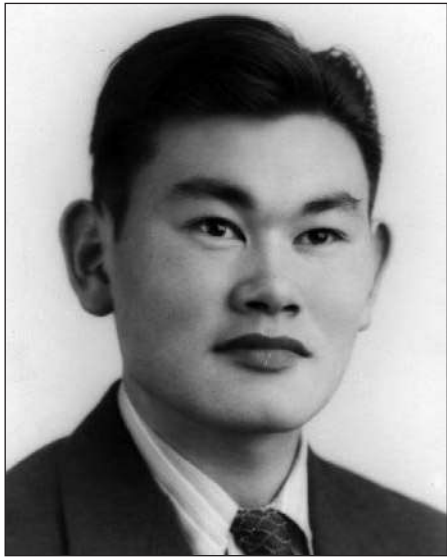
Civil rights hero honored

SUBMITTED BY
GOVERNOR'S PRESS OFFICE

On Monday, January 30, California Governor Gavin Newsom issued a proclamation declaring Fred Korematsu Day.

Here is the governor's proclamation text:

Fred Korematsu did not set out to become a civil rights hero, but his bold decision at the age of 23 to challenge the policy of Japanese internment forever altered the course of history. This year, as we commemorate the 104th anniversary of his birth, we reflect with gratitude on his brave crusade for civil rights.



In 1942, Korematsu, an Oakland-born welder, took a stand against Executive Order 9066, the federal government's demand that Japanese Americans report to internment camps. Korematsu's bold act of protest led to his arrest and conviction, which he fought all the way to the Supreme Court.

Though the Court ultimately ruled against him, Korematsu found vindication forty years later, when a federal court overturned his criminal conviction. In 1998, President Bill Clinton awarded Korematsu the Presidential Medal of Freedom.

Throughout his life, Korematsu worked tirelessly to ensure Americans understood the lessons learned from one of the dark

chapters of our history. Today, as we confront attacks on our fundamental rights and freedoms and hate-fueled violence across the country, it is clear that Korematsu's extraordinary fight for civil rights is far from over. His legacy is an inspiration and reminder to all of us that we must continue to strike out against injustice in our daily lives.

NOW THEREFORE I, GAVIN NEWSOM, Governor of the State of California, do hereby proclaim January 30, 2023, as "Fred Korematsu Day."

GAVIN NEWSOM
Governor of California

New State Rep commits to working families

BY STAFF

Liz Ortega was sworn in as the Assemblymember for District 20 in December. The newly elected

Education, Insurance, Labor, Public Safety and Rules. "These committees oversee important functions of our state government that are crucial for supporting working families and working toward equity in our communities," said Ortega.

Liz Ortega is a longtime labor leader and activist from an immigrant family who has dedicated her career to fighting for the working-class people of Alameda County. Her undocumented mother brought three-year-old Liz and her family to California to build a better life. Her family's struggles shaped the values that guide her work.

"I am grateful to have been elected to serve my



Assemblymember represents one of the most ethnically diverse districts in the state. It includes the cities of Hayward, San Leandro, Union City, Dublin, Pleasanton and the unincorporated areas of Ashland, Cherryland, Fairview, San Lorenzo, and Castro Valley.

In January, Representative Ortega was appointed to serve on the Assembly committees of Higher

community in Sacramento, and I am ready to deliver for the residents of District 20," stated Ortega. "Together, we can accomplish a great deal on what matters to working-and-middle class families and ensure that the American Dream is attainable." Liz, her husband Jason (a former School Board Member), and daughter Yamara live in San Leandro, where Yamara attends public school.

HARD announces Board of Directors Award Winners

SUBMITTED BY NICOLE ESPINOZA ROA

Hayward Area Recreation and Park District (H.A.R.D.) is pleased to congratulate the 2022 Board of Directors Awards recipients:

- Volunteer of the Year - Norm Kaiser
- Special Recognition - Hayward Area Historical Society
- H.A.R.D. Foundation Organization of the Year - Fremont Bank and Fremont Bank Foundation
- H.A.R.D. Foundation Individual of the Year - Lori Taylor
- Organization of the Year - Tiburcio Vasquez Health Center
- Individual of the Year - Norman Garcia

In 1962 the Hayward Area Recreation and Park District Board of Directors initiated these annual awards to honor and thank individuals and organizations who assist our District in its mission to provide quality parks, recreation programs and facilities. This marks the 60th year for the awards program.

These award winners received their awards on Friday, January 27, 2023, at a luncheon held in their honor at Sorensdale Recreation Center in Hayward.

The District is thankful for the honor of working with such dedicated partners and volunteers! Again, congratulations to our 2022 Board of Director Award Winners.

www.HaywardRec.org

Honor Roll

University of Alabama
Fall 2022 President's List
• Abigayle Kneebone of Fremont

Worcester Polytechnic Institute, Massachusetts
Fall 2022 Dean's List
• Dylan Dsilva of Fremont

Valdosta State University, Georgia
Fall 2022 graduate
• Christopher Shannon of Castro Valley

Central Methodist University, Missouri
Fall 2022 Dean's List
• Damarae Andrews of Castro Valley
• Emmily Rose Patneaud of Newark

University of Maryland Global Campus
Fall 2022 graduates
• Toney Dale Chaplin Jr. of Hayward
• Malay Kumar Mandal of Newark

Campbellsville University, Kentucky
Fall 2022 graduates
• Vijay Daniel Bula of Hayward
• Dilraj Kaur of Fremont



NEWS AND NOTES FROM AROUND THE WORLDSUBMITTED BY
THE ASSOCIATION OF MATURE AMERICAN CITIZENS

He picked himself up

Floridian Wesley Williams broke his back a couple of years ago when he fell off his 27-foot unicycle at a "Spain's Got Talent" event. According to the Association of Mature American Citizens (AMAC), he survived the fall and, to paraphrase that old song suggests, he picked himself up, dusted himself off and started all over again. But his time he didn't break any bones but he did break the Guinness record for building the world's tallest unicycle -- nearly 32 feet in height -- and riding it for a distance of nearly 28 feet. See video of the Williams atop the unicycle on YouTube: www.youtube.com/watch?v=rL7jSLJkumI.

Toadzilla

Forest rangers in Queensland, Australia on patrol in Conway National Park got quite a shock recently when they came across Toadzilla. The average toad weighs in at about 3 ounces, says AMAC. Toadzilla, the name the rangers gave the cane toad they found, weighed nearly six pounds. Ranger Kylee Gray said she "reached down and grabbed the cane toad and couldn't believe how big and heavy it was -- A cane toad that size will eat anything it can fit into its mouth, and that includes insects, reptiles and small mammals." See video of the six pound can toad on YouTube: www.youtube.com/watch?v=AH_oQI_AAIA.

A very big pizza pie

In 2012 Italian pizza chefs set the record for the largest pizza known to man -- a very hungry man, of course. It measured 13,580.28 square feet, reports AMAC. Not to be outdone, America's Pizza Hut chain outdid the Italians by baking a 14,100 square foot pizza pie on the floor of the Los Angeles Convention Center. They laid out the dough, topped it with cheese and sauce and then used heat lamps to bake the [tasty?] treat. Why did they do it? The chain wanted to break the Guinness Record and tell us that they were bringing back its Big New Yorker pizza -- a somewhat bigger version of their standard pizza pie -- that they discontinued 25 years ago. See video of the pizza event on YouTube: www.youtube.com/watch?v=xgYGzQyQjqs.

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

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BY JOHN GRIMALDI AND DAVID BRUCE SMITH

Mexican-American War

President James K. Polk was anchored to his belief in “Manifest Destiny” -- that the nation was meant to spread far and wide in North America. According to History.com, “he sent his Commanding General of the Army Zachary Taylor and his troops to claim territory along the Rio Grande River between the U.S. and Mexico...” They skirmished in the Mexican-American War, signed the Treaty of Guadalupe Hidalgo on February 2, 1848, and annexed 525,000 miles with the eventual boost of Texas, California, Nevada, Utah, New Mexico, Arizona; parts of Colorado and Wyoming.

Although the U.S. was victorious, Polk's policies generated 1,773 casualties, \$100 million in costs -- nearly \$3 billion today -- and a downturn in public opinion. Polk departed office in compromised health and died three months later. Zachary Taylor succeeded him.

The Grateful American Book Prize recommends “The Mexican-American

War” by John DiConsiglio for more information.

French and Indian War

On February 10, 1763, the French and Indian War ended. The Treaty of Paris terminated the hostilities, but the “Republique” was forced to cede virtually all of its North American territories, including Canada and Louisiana. The British scooped up Florida from Spain.

According to History.com, “the treaty ensured the colonial and maritime supremacy of Britain and strengthened the 13 American colonies by removing their European rivals to the north and the south.” Fifteen years later, French bitterness over the loss of most of their colonial empire contributed to their intervention in the American Revolution on the side of the Patriots.”

The Grateful American Book Prize recommends “The War That Made America: A Short History of the French and Indian War” by Fred Anderson.

Spanish-American War

On February 15, 1898, an American battleship -- anchored in Havana harbor -- exploded. Two hundred sixty sailors -- out of approximately 400 -- perished.

A U.S. Navy court investigated the incident and ruled that a mine had been used to sink the ship. The court did not blame Spain for the incident. But according to History.com, “much of Congress and a majority of the American public expressed little doubt that Spain was responsible and called for a declaration of war ... Subsequent diplomatic [overtures] failed to resolve the...matter,

coupled with [the] United States’ indignation over Spain’s brutal suppression of the Cuban rebellion and continued losses to American investment, led to the outbreak of the Spanish-American War in April 1898.”

Four months later, an armistice was declared, and by the end of the year, a treaty was signed.

The Grateful American Book Prize recommends Theodore Roosevelt’s “The Rough Riders.” The 26th president fought in the Spanish-American War.

This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at gratefulamericanbookprize.com.



Birth

Marriage

Obituaries

LIFE CORNERSTONES

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JoAnne C. Richardson
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Lisa Marie Ronquillo
Resident of Union City
June 28, 1982 – January 25, 2023
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Hiawatha Griffin
Resident of Fremont
February 16, 1934 – January 25, 2023
Fremont Chapel of the Roses

Linda Sue Chiapetto
Resident of Union City
April 5, 1958 – January 27, 2023
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Don Nihal Tilak Kuruppu
Resident of Alameda
Sept. 27, 1950 – Jan. 27, 2023
Fremont Memorial Chapel



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Trevor Burton
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Aurora Morales Perez
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Priscilla Vaughn
Resident of Hayward
April 7, 1952 – December 29, 2022
Fremont Memorial Chapel

Marilyn “Lyn” White
Resident of Newark
May 28, 1946 – February 1, 2023
Fremont Chapel of the Roses

Pamela Marie Rhodes

December 25, 1950 - January 17, 2023

Resident of Fremont

It is with heartfelt sadness that we announce the passing of Pamela Marie Dutra Rhodes on January 17, 2023 following a short illness.

Pam is preceded in death by her beloved husband of 39 years, Tommy E. Rhodes. She is survived by Tommy's sons Rick (Daphne) and Rodney; his daughters Raquel and Renee. Pam is also survived by her brother Jim (Christina); nieces Jaime (Josh), Kelly (Joe) and nephew Jeffrey (Gabriella); great nieces Keira, Kate and Claire; great nephews Keaton, Luke and Adam; as well as grandchildren Ashley and Peyton, Justin and Charity.



A memorial will be held on Friday, February 24, 2023 at 2:00 p.m. at Berge Pappas Smith Chapel of the Angels, 40842 Fremont Blvd., Fremont, CA 94538.

Marilyn “Lyn” White

May 28, 1946 – February 1, 2023

Resident of Newark



Marilyn Virginia White passed away the morning of February 1st, 2023 at the age of 76. Known to her family, friends and business associates as “LYN”. She was born in Oakland, California to Marty and

Adelaide Martin of Castro Valley California. Lyn always enjoyed family gatherings and traveling with Kirk on vacations to visit their grandchildren. Lyn attended Bishop O Dowd high school in Oakland California. She went on to enjoy a 30 year career in the banking industry in the Newark and Fremont California area

She is survived by her Husband Kirk, Sons Brent and Jeff, Three grandkids, Seven Great grand kids and her brother Richard Martin, her Sister Pat Lopez and several nieces, nephews and cousins.

A Memorial Mass will be held on Friday, February 17, 10:30am at St. Edwards Catholic Church, 5788 Thornton Ave., Newark, CA.

Fremont Chapel of the Roses
510-797-1900

Lisa Marie Ronquillo

June 28, 1982 – January 25, 2023

Resident of Union City

Lisa Marie Ronquillo joined our Lord Savior on January 25, 2023. She is survived by her parents, Rick Dwayne Ronquillo Sr. and (Gina) Donna Marie Ronquillo, brothers Ricky (Maria), Jesse Reuben (Angelica), and Gabriel (Christina). She is also survived by her nephews, Xavier, Ezekiel, Jesse Jr., Gabriel Jr., Andres, Jacob and Jose; nieces, Selena, Eva Skyy, Sophia and Angelina; great nephew, Lorenzo and her great niece Abriella, who she loved so much.

Lisa was born in Fremont, CA on June28, 1982. She is survived by many Uncles and Aunts. Her God parents are Jesse and Sally Rivera. Lisa loved music, taking selfies, taking pictures with family and friends, and cooking. She was always willing to help if she was asked with whatever she could. Lisa had a big heart and loved her family, friends and cousins. She was very caring,



honest and loving!

Visitation will be held on Thursday, February 9, from 5-8pm with the Funeral Service starting at 6pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536.

Fremont Chapel of the Roses
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Don Nihal Tilak Kuruppu

September 27, 1950 – January 27, 2023

Resident of Alameda



Don Nihal Tilak Kuruppu, of Alameda CA, formally from Sri Lanka, passed away suddenly last week. He was a tremendously loving father to his surviving family, Kim Kuruppu (son), Rosie (daughter in-law), and a doting grandfather to his grandsons, Aramis and Athos. He is also survived by his brother's family, Daya Kuruppu (brother), Nayana (sister in-law), Rajeev (nephew), Nishana (niece). Don was a devoted son to his parents who preceded him in death, Don Albert Kuruppu (father) and Prema Karunaratne Kuruppu (mother).

He was a 25-year veteran of the US Army, earning the rank of Sgt. 1st Class, and a longtime resident of Alameda. Don was a deeply caring individual whose passion for service to the US

his grandchildren, Aramis and Athos, who were his joy and happiness. During their precious time together, he made sure the boys were always having fun and laughing when grandpa was around.

Don's joyful spirit and positivity will be greatly missed by his family and by the community of friends his sudden departure has left behind.

Visitation will be held on Thursday, February 9, 5-8pm with a Chapel Service starting at 6pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536.

Fremont Memorial Chapel
510-793-8900

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SOCIAL SECURITY MATTERS

By RUSSELL GLOOR, NATIONAL SOCIAL SECURITY ADVISOR, AMAC FOUNDATION

Ask Rusty – Will Social Security Be There for Me?

Dear Rusty: I am 56 and hope to hold out to get maximum Social Security at age 70. However, with all of the talk of Social Security funds being depleted, is it wise to continue with this mindset? Will there even BE Social Security benefits for folks in my age bracket? Should I think about starting Social Security benefits as soon as I am eligible? I am employed; however, I don't have a large amount of savings. I contribute to my company's 401(k) and receive the match, and I own my own home (almost paid off) with an estimated \$250,000.00 in equity, but I won't be able to stay in the home long term. Any insight you can provide would be greatly appreciated. Signed: Weary Worker

Dear Weary Worker: I don't suggest changing your strategy due to fears of Social Security not being there – it will be. Although the program is facing some future financial issues, the very worst that could happen is that everyone's benefits might be cut by 20+% if Congress fails to act to restore the program to solvency before the Trust Funds are depleted in the early to mid-2030s. In my opinion, Congress will not likely fail to act because to do so would be political suicide. The fact is, they already know how to fix Social Security's financial issues; they just lack the bipartisan spirit and political fortitude to do so until they extract every possible ounce of political capital from the issue. So, it's largely a matter of how long Congress will wait to reform the program.

Right now, the Social Security Trust Funds hold about \$2.8 trillion in reserves to ensure full benefits will be paid. But Social Security now pays out more in benefits than it receives in revenue, so the extra money needed to pay full benefits is taken from those reserves. What is needed is reform which addresses the reality that people today are living much longer and collecting benefits for much longer than the program is structured to accommodate. Many possible solutions are on the table in Congress, including raising the full retirement age a bit to deal with the reality of people living much longer, and increasing the program's tax revenue by withholding a bit more from American workers. The eventual reform will likely include some variation of both, as well as other "tweaks" which further guarantee the program will be there for future generations.

As for the thought of claiming your benefits as soon as you are eligible (age 62), be aware that Social Security has an "earnings test" which applies to anyone who collects benefits before reaching full retirement age (FRA). If you are working full time when you first become age-eligible, you likely wouldn't be able to collect benefits because your benefit amount would be insufficient to pay the penalty for exceeding the earnings limit (\$1 for every \$2 over the limit) within one year. And, as you may already know, your age 62 benefit would be cut by about 30% from your FRA amount, while your benefit at age 70 would be about 76% more than your age 62 benefit.

So even if the worst-case scenario happens (which it almost certainly won't), an across the board cut of 20+% to your age 70 benefit would yield a higher monthly payment than that same cut to your age 62 benefit amount. So, I suggest you stick with your current strategy to continue working and wait as long as practical to claim your benefits (up to age 70). As an aside, AMAC (Association of Mature American Citizens) has, for years, been proposing (to Congress) its "Social Security Guarantee Plus" which would restore Social Security to solvency for generations to come and would not require an increased payroll tax rate. Congressional reaction has been generally positive, leading us to be hopeful for a reasonable solution to the problem.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

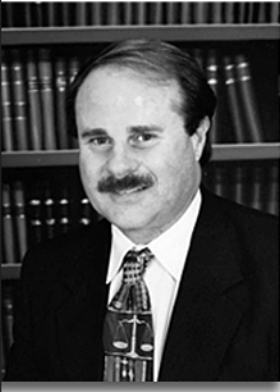
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Hayward Disposal Days

SUBMITTED BY CITY OF HAYWARD

After a successful pilot program in 2022, the City's Maintenance Services Department is kicking off 2023 by announcing a full year of scheduled events to provide community members additional opportunities to dispose of household debris safely and legally free of charge.

The 2023 Disposal Days program allows residents to bring up to five cubic yards of household items for disposal to the city transfer station six times per year on the second Saturday

of the months of February, April, June, August, October, and December. Five cubic yards of household items is about the equivalent of one full bed of an average-size pickup truck.

Program registration will open two weeks prior to each event. The next Disposal Day free household debris drop off at the City's transfer station is on Saturday, February 11. The bi-monthly events will be held regardless of the weather conditions at the time.

Disposal Days is open to residents of incorporated Hayward only, preregistration and proof of Hayward residency is required. The following items are not accepted at the transfer station:

• Hazardous materials, including paint, motor oil, solvents,

cleaners, pesticides tires and car batteries.

• Objects over 75 pounds (except furniture and appliances)

• Medical waste

• Construction and demolition debris

• Rocks, Bricks, Dirt, Concrete

Registration space is limited! Learn more about Disposal Days on the program page on the City of Hayward website or contact City Maintenance Services at (510) 881-7745 or disposal@hayward-ca.gov.

Hayward February Disposal Day

Saturday, Feb 11

3455 Enterprise Ave., Hayward

(510) 881-7745

disposal@hayward-ca.gov

Register on Eventbrite.com

Fremont Hosts Wrestling Championships

By ERIC DONATO

The rainy weekend did not damper the well-attended East Bay wrestling event. On Saturday, February 4, Washington High School (Fremont) hosted eighteen high schools for the 2023 North Coast Section

(NCS), California Interscholastic Federation (CIF), D1 and D2 East Bay Dual Team Wrestling Championships. The bleachers were packed, and the gym echoed with the constant rhythmic sounds of thuds and scuffles on the wrestling mats. The gym floor was crowded with athletes, staff, coaches and parents milling about the different matches simultaneously happening across the five large wrestling mats that covered the entire Huskies gym floor.

The massively busy wrestling event took all day, with numerous individual high school matches across the different weight divisions, and there were both boys' and girls' wrestling bouts. The Tri-City was well represented in the day's championship tournament with the Washington Huskies, James Logan Colts (Union City) in the East Bay D1 division, and Kennedy Titans (Fremont) in the East Bay D2 division. Despite commendable efforts and displays of agile athleticism in their matches, the local teams got eliminated in the early stages of their respective championship brackets. The Huskies lost to Pittsburg 52-16, Colts to California (San Ramon) 49-26, and the Titans to Las Loma (Walnut Creek) 57-21.

As the grueling all-day school wrestling matches ended, the NCS/CIS East Bay D1 and D2 championship brackets whittled down to the remaining victors. The De LaSalle Trojan's (Concord) path to earning the D1 championship left a convincing trail of high-point margin wins with their elimination matches. Liberty (Benicia) and Granada (Livermore) took second and third places, respectively, in this division. In the East Bay D2 camp, Benicia High School had a close match with Las Lomas before claiming the championship (37-36). Las Lomas (Walnut Creek) and Campolindo (Moraga) rounded out the second and third place, respectively.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M. ON THURSDAY, FEBRUARY 23, 2023, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

ST. JAMES NEW CHURCH CUP AMENDMENT – 34700 Fremont Boulevard – PLN2021-00283 - To consider a Conditional Use Permit Amendment and Discretionary Environmental Review Permit to construct an 18,000-square-foot worship center on an existing church site located at 34700 Fremont Boulevard in the North Fremont Community Plan Area, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA), per, without limitation, each as a separate and independent basis, CEQA Guidelines Section 15332, In-Fill Development Projects, and CEQA Guidelines Section 15183, as the project is consistent with the land use envisioned for the site as established by the General Plan for which an Environmental Impact Report (SCH#2010082060) was previously prepared and certified, and CEQA Guidelines Sections 15162 and 15163, as none of the circumstances requiring preparation of a subsequent or supplemental EIR have been triggered. Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov

2022 HOUSING ELEMENT ANNUAL PROGRESS REPORT – Citywide – PLN2023-00193 - To Consider an Annual Report on the Status of Implementation of the General Plan and 2015-2023 Housing Element, and to Consider a Finding that the Annual Report is Exempt from the Requirements of the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15378 in that the activity does not meet CEQA's definition of a "Project." Project Planner – Wayland Li, (510) 494-4453, wli@fremont.gov

2023 UPDATES TO THE FLOOD DAMAGE PREVENTION ORDINANCE – Citywide – PLN2023-00207 - To consider an ordinance to amend Fremont Municipal Code Title 18 (Planning and Zoning) Chapter 18.200 (Flood Damage Prevention) to remove text that is non-compliant with the National Flood Insurance Program (NFIP) and Community Rating System (CRS) and to enhance and clarify definitions, procedures and standards related to flood damage prevention in accordance with recommendations from the Federal Emergency Management Agency (FEMA), and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA), per, without limitation, each as a separate and independent basis, (1) CEQA Guidelines Section 15378(b), as an administrative and/or fiscal activity that does not involve commitment to a specific project that will result in any significant physical impact on the environment; (2) CEQA Guidelines Section 15061(b)(3), in that it can be seen with certainty that there is no possibility that the amendments will have the potential for causing a significant effect on the environment; and (3) CEQA Guidelines Section 15305, as a minor alteration in land use limitations which does not result in a change to land use or density. Project Manager – Kelly Reynolds, (510) 494-4737, kreynolds@fremont.gov

For further information on any of the above items, contact the respective project planner above for that particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

JOEL PULLEN, AICP, SECRETARY
FREEMONT PLANNING COMMISSION



CNSB#3666913

CIVIL

AMENDED ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 22CV014849
Superior Court of California, County of ALAMEDA
Petition of: JAY B BISEN for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner JAY B BISEN filed a petition with this court for a decree as follows:
JAY B BISEN to JAY BHARAT SINGH BISEN
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 3/14/2023, Time: 9:30 A.M., Dept.: 14, Room: N/A
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
(To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.)
A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation, printed in this county: WHAT'S HAPPENING TRI CITY VOICE
Date: JANUARY 30, 2023
CHARLES A SMILEY
Judge of the Superior Court
2/7, 2/14, 2/21, 2/28/23

CNS-3666569#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 22CV024902
Superior Court of California, County of ALAMEDA
Petition of: FATIMA MOKHAMMAD BASYR for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner FATIMA MOKHAMMAD BASYR filed a petition with this court for a decree changing names as follows:
FATIMA MOKHAMMAD BASYR to FATIMA AMIRI
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: FEB 17, 2023, Time: 11AM, Dept.: 17, Room: --
The address of the court is 1221 OAK ST., OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: DEC 30, 2022
CHARLES A SMILEY
Judge of the Superior Court
1/24, 1/31, 2/7, 2/14/23

CNS-3661604#

NOTICE OF PUBLIC HEARING

2023 UPDATES TO THE FLOOD DAMAGE PREVENTION
ORDINANCE
(PLN2023-00207)

To consider an ordinance to amend Fremont Municipal Code Title 18 (Planning and Zoning) Chapter 18.200 (Flood Damage Prevention) to remove text that is non-compliant with the National Flood Insurance Program (NFIP) and Community Rating System (CRS) and to enhance and clarify definitions, procedures and standard related to flood damage prevention in accordance with recommendations from the Federal Emergency Management Agency (FEMA).

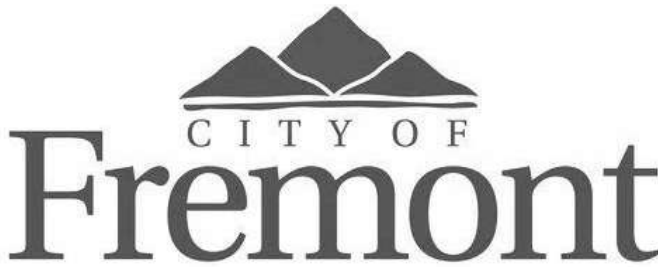
APPLICANT: City of Fremont

PUBLIC HEARING: Notice is hereby given that the Fremont Planning Commission will consider the proposed ordinance to amend Fremont Municipal Code Title 18 (Planning and Zoning) Chapter 18.200 (Flood Damage Prevention) on Thursday, February 23, 2023, at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard.

ENVIRONMENTAL REVIEW: The proposed amendments are exempt from the requirements of the California Environmental Quality Act (CEQA) per, without limitation, each as a separate and independent basis, (1) CEQA Guidelines Section 15378(b), as an administrative and/or fiscal activity that does not involve commitment to a specific project that will result in any significant physical impact on the environment; (2) CEQA Guidelines Section 15061(b)(3), in that it can be seen with certainty that there is no possibility that the amendments will have the potential for causing a significant effect on the environment; and (3) CEQA Guidelines Section 15305, as a minor alteration in land use limitations which does not result in a change to land use or density.

Any questions or comments on the project should be submitted to:

Kelly Reynolds, Senior Civil Engineer
Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 494-4737
E-mail: KReynolds@fremont.gov



CNSB #3666909

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 54535
Fictitious Business Name(s):
DERMA ESTHETIC CARE, 43334 BRYANT ST STE 8, FREMONT, CA 94539; MAILING ADDRESS: 34768 HEMET COMMON, FREMONT, CA 94555, County of ALAMEDA
Registrant(s):
DC DERMA ESTHETICS LLC, 34768 HEMET COMMON, FREMONT, CA 94555 (CALIFORNIA)
Business conducted by: A LIMITED LIABILITY COMPANY
The registrant began to transact business using the fictitious business name(s) listed above on 1/31/2023.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ SUKHYVEER SALUITA

This statement was filed with the County Clerk of Alameda County on JANUARY 31, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/7, 2/14, 2/21, 2/28/23

CNS-3666568#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 54535
The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):
The Fictitious Business Name Statement filed on 5/2/2018 in the County of Alameda.
FREMONT STEM, 43505 MISSION BLVD., FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
EDUMAX, INC., 40963 OLMSTEAD TER, FREMONT, CA 94538 (CALIFORNIA)
This business is conducted by: A CORPORATION
I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].
S/ KWEIWEH JEN
This statement was filed with the County Clerk-Recorder of Alameda County on JANUARY 31, 2023.
2/7, 2/14, 2/21, 2/28/23

CNS-3666565#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 595177
Fictitious Business Name(s):
FREMONT STEM, 43475 ELISWORTH STREET, FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
OLIVE CHILDREN FOUNDATION, 40963 OLMSTEAD TER, FREMONT, CA 94538 (CALIFORNIA)
Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on 1/31/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ CHIAMING JEN
This statement was filed with the County Clerk of Alameda County on JANUARY 31, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/7, 2/14, 2/21, 2/28/23

CNS-3666563#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 594792
Fictitious Business Name(s):
TRI-CITY PHYSICAL THERAPY, 34278 LENNOX CT., FREMONT, CA 94556, County of ALAMEDA
Registrant(s):
SAMASTA SERVICES, PHYSICAL THERAPY PC, 34278 LENNOX CT, FREMONT, CA 94555 (CALIFORNIA)
Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on 10/01/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ PREETHA NAIR

This statement was filed with the County Clerk of Alameda County on JANUARY 17, 2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/31, 2/7, 2/14, 2/21/23

CNS-3663361#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 594746
Fictitious Business Name(s):
SACRED SPACE, 1401 RED HAWK CIRCLE E305, FREMONT, CA 94538, County of ALAMEDA
Registrant(s):
SHIVA SUBRAMANIAN RAJARAM, 1401 RED HAWK CIRCLE E305, FREMONT, CA 94538, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ SHIVA SUBRAMANIAN RAJARAM
This statement was filed with the County Clerk of Alameda County on 01/13/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/24, 1/31, 2/7, 2/14/23

CNS-3662023#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 594250
Fictitious Business Name(s):
MISSION VALLEY URBAN FARM, 41721 HIGGINS WAY, FREMONT, CA 94539 County of ALAMEDA
Registrant(s):
VAN DER WILK JOSANNE, 41721 HIGGINS WAY, FREMONT, CA 94539
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on

N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
S/ VAN DER WILK JOSANNE

This statement was filed with the County Clerk of Alameda County on 12/22/2022.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/17, 1/24, 1/31, 2/7/23

CNS-3659286#

GOVERNMENT

Notice is hereby given that this is an Online Bid Process; only bids submitted through the online portal will be accepted. Please logon or register at <https://ebsourcing.acgov.org/>.

RFP #902253 Certified Unified Regional Agency Area Plans As-Needed Services - VENDOR OUTREACH: Wednesday, February 8, 2023 at 10:30AM - TO ATTEND ONLINE: Join Microsoft Teams Meeting or Call-in: +1 415-915-3950 Conference ID: 504 517 635#
NON-MANDATORY NETWORKING BIDDERS CONFERENCE: Friday, February 10, 2023 at 10:00AM - TO ATTEND ONLINE: Join Microsoft Teams - Meeting ID: 270 429 448 547 Passcode: mYKMB5 or Call-in (audio only): +1 415-915-3950 Phone Conference ID: 754 166 778#
Response Due by 2:00PM on March 7, 2023
County Contract: Kachina Handy at (510) 208-9644 or via email: kachina.handy@acgov.org. Specifications regarding the above may be obtained at the Alameda County GSA Current Contracting Opportunities Internet website at www.acgov.org.
2/7/23

CNS-3666590#

NOTICE TO CONTRACTORS
FY 2021-2022 CITYWIDE PARK PATHWAYS
RESURFACING FOR ADA ACCESS

PROJECT NO. 1297

The City Council of the City of Newark invites sealed bids for the construction of public improvements for FY 2021-2022 Citywide Park Pathways Resurfacing for ADA Access, Project 1297, City of Newark, Alameda County, California. Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address, and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. If the bid is sent by mail, the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. Sealed bids must be delivered to the office of the City Clerk of the City of Newark at 37101 Newark Boulevard, David W. Smith City Hall, Second Floor, Newark, California 94560, before 11:00 a.m. on Tuesday, February 28, 2023. The bid opening will be held using a hybrid format. At that time, all bids will be publicly opened, examined, and declared in the City Council Chambers at the City of Newark, David W. Smith City Hall, 37101 Newark Boulevard, Second Floor.

To attend the bid opening by web browser, please use the Zoom link below for video and audio:
For PC, Mac, iPad, iPhone or Android device: Please click the link below to join the webinar: <https://us06web.zoom.us/j/87001807459>

Or One tap mobile
US: +16699006833, 87001807459# or
+16694449171, 87001807459#

Or Telephone:
Dial(for higher quality, dial a number based on your current location):
US: +1 669 900 6833 or +1 669 444 9171 or +1 253 215 8782 or +1 346 248 7799 or +1 719 359 4580 or +1 253 420 0468 or +1 366 347 5053 or +1 507 473 4847 or +1 564 217 2000 or +1 646 931 3860 or +1 689 278 1000 or +1 929 205 6099 or +1 301 715 8592 or +1 305 224 1968 or +1 309 205 3325 or +1 312 626 6799 or +1 360 209 5623
Webinar ID: 870 0180 7459

International numbers available: <https://us06web.zoom.us/j/87001807459>

City of Newark, David W. Smith City Hall is currently open during limited hours only, Monday through Thursday and every other Friday, 8:00 a.m. to 2:00 p.m. The City will continue to comply with the Centers for Disease Control and Prevention (CDC), Occupational Safety and Health Administration (OSHA), and local health agencies to provide a safe workplace for City staff and customers. In the event a new or updated COVID-19 Health Order is issued preventing the delivery or opening of bids as prescribed above in this Notice to Contractors, alternative provisions will be made for bid submittals at the same time and location. Any such provisions, when made available to all plan holders with an Addendum. The improvements are generally described as follows:

Park pathway asphalt concrete and concrete construction, repair, and rehabilitation along with outdoors sport court rehabilitation, resurfacing, and restriping at various parks throughout the City of Newark, including Birch Ash Street Park, Birch Grove Park, Byington Park, Newark Community Center Park, Lakeshore Park, and Civic Center Park. The scope of work includes traffic control; asphalt concrete grinding; placement of hot-mix asphalt concrete; asphalt concrete patch paving; crack sealing; placement of seal coat; minor concrete construction; resurfacing of basketball courts; restriping basketball courts, tennis courts and multi-use areas; removal and replacement of basketball poles, hoops and accessories; root pruning; installation of headerboards; minor grading and backfilling; and other related items of work as needed to complete the public works

Due to funding requirements and constraints, a minimum of \$212,000 of proposed improvements shall be substantially completed by June 2, 2023.

It is the City's intent to award the contract for this work on March 30, 2023, with a Notice to Proceed to be issued on April 14, 2023. The first working day will be no later than April 24, 2023. Plans and Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen.gordon@newark.org.

Information regarding obtaining Plans and Specifications or a list of plan holders is available by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen.gordon@newark.org. All technical questions should be directed to Alex Tat, Senior Civil Engineer, at (510) 578-4041 or by e-mail to alex.tat@newark.org.

No pre-bid meeting is scheduled for this project. However, Bidders are strongly urged to visit the job sites before submitting bids. Submission of a bid shall be considered as an acknowledgment of site investigation.

The Contractor shall possess a valid Class A, Class C-12 or C-22 California Contractor's License at the time bids are opened. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the Proposal.

In order for a bid to be considered responsive to this invitation for bids, the Contractor or listed Subcontractors shall have a minimum of five (5) years of experience in acrylic recreational court surfacing or similar surfaces and must be a licensed applicator as approved by the manufacturer. Documentation of mandatory qualifications shall be made in the section entitled "Bidder's Statement of Financial Responsibility, Technical Ability, And Experience" included in the Bid forms.

The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the proposal. Bids are required for the entire work described herein.

As of July 1, 2014, all Contractors bidding on this project are required to register with the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015.

The City Council of Newark reserves the right to reject any or all bids, and to waive any minor informalities, irregularities and/or bid non-responsiveness that does not influence the competitive nature of the bid. The City Council will award the project, if it is awarded, to the lowest responsible Bidder as determined by the Total Bid only.

The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract

entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award.

Pursuant to Section of 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the Department of Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors shall pay all their employees performing labor under this Contract salaries or wages at least equal to the general prevailing wage rates for the particular crafts, classifications or types of workers employed on this project. These wage rates appear in the latest Department of Industrial Relations publication, Future effective wage rates which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication, and are available on the internet at www.dir.ca.gov are on file with the City of Newark, Public Works Department - Engineering's office, which shall be available to any interested party upon request. The Contractor is also required to have a copy of the applicable wage determination posted and/or available at each jobsite.

This project is partially funded by the Community Development Block Grant (CDBG) from the United States Department of Housing and Urban Development, administered by the Alameda County Housing and Community Development Department, a division of the Alameda County Community Development Agency.

The general Contractor and Subcontractors shall comply with the Federal Labor Standard Provisions [HUD-4010(06/09)]: New Affirmative Action Requirements for Equal Employment Opportunity Executive Order 11246; Prevailing Wage (General Wage Decision Number: CA20230018, Modification Number 0, Publication Date: 01/13/2023). **Note: The minimum (prevailing) wages applicable to this project will be those in effect ten (10) days prior to bid opening.**

Minimum wage rates for this project as predetermined by the Secretary of Labor are included in the Specifications. If there is a difference between the minimum wages rates predetermined by the Secretary of Labor and prevailing wages rates determined by the Department of Industrial Relations for similar classifications of labor, the Contractor and higher subcontractors shall pay not less than the higher wage rate.

Dated: January 31, 2023
SHEILA HARRINGTON, City Clerk
City of Newark, Alameda County, California
Publish Dates: Tuesday, February 7, 2023
Tuesday, February 14, 2023
2/7, 2/14/23

CNS-3666393#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MINH NGUYEN
CASE NO. RP23136830

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MINH NGUYEN

A Petition for Probate has been filed by BE LE in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that BE LE be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on MARCH 13, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days

PUBLIC NOTICES

objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: SCOTT J. JUDSON, ESQ. - SBN 287135. BOLD POLISNER, MADDOX, NELSON & JUDSON, 520 CAPITOL MALL, STE 150, SACRAMENTO CA 95814 2/7, 2/14, 2/21/23

CNS-3666376#

NOTICE OF PETITION TO ADMINISTER ESTATE OF IRENE FRANCES NELSON CASE NO. RP23136466

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: IRENE FRANCES NELSON A Petition for Probate has been filed by CHRISTINE M. BROWN in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that CHRISTINE M. BROWN be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on MARCH 6, 2023 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: ERIK R. HARTSTROM, HARTSTROM LAW, 12218 KEATING RD., WILTON, CA 95693, Telephone: 916-508-7980 1/31, 2/7, 2/14/23

CNS-3664445#

NOTICE OF PETITION TO ADMINISTER ESTATE OF VERMA GLO DENTON CASE NO. RP23136035

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: VERMA GLO DENTON A Petition for Probate has been filed by KELLY DENTON AND JILL DENTON in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that KELLY DENTON AND JILL DENTON be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 2/22/2023 at 9:45 A.M. in Dept. 201 Room N/A located at 2120 MARTIN

LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: JAY ROADARMEL, 1811 SANTA RITA RD., STE. 207, PLEASANTON, CA 94566, Telephone: 925-271-5646 1/31, 2/7, 2/14/23

CNS-3664329#

NOTICE OF PETITION TO ADMINISTER ESTATE OF YVONNE JACKSON CASE NO. RP23135995

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: YVONNE JACKSON

A Petition for Probate has been filed by ALAMEDA COUNTY PUBLIC ADMINISTRATOR in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that ALAMEDA COUNTY PUBLIC ADMINISTRATOR be appointed as personal representative to administer the estate of the decedent.

A hearing on the petition will be held in this court on FEBRUARY 23, 2023 at 9:30 A.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: PO BOX 2071, OAKLAND, CA 94604, Telephone: 510-577-1979 1/31, 2/7, 2/14/23

CNS-3663382#

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT PALMA AKA ROBERT ARMANDO PALMA CASE NO. RP23136461

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: ROBERT PALMA AKA ROBERT ARMANDO PALMA

A Petition for Probate has been filed by ROSA LUISA PALMA & ALEJANDRO PALMA in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that ROSA LUISA PALMA & ALEJANDRO PALMA be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on FEBRUARY 24, 2023 at 9:45 A.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate,

you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: ROBERT LOWELL JOHNSON, 38750 PASEO PADRE PARKWAY, SUITE C-7, FREMONT, CALIFORNIA 94536, Telephone: 510-794-5297 1/31, 2/7, 2/14/23

CNS-3663367#

NOTICE OF HEARING-DECEDENT'S ESTATE OR TRUST

Case Number: RP23135493 Superior Court of California, County of ALAMEDA In the Matter of: THE EARL PALFREYMAN & CAROLYN PALFREYMAN FAMILY TRUST, TRUST

This notice is required by law. This notice does not require you to appear in court, but you may attend the hearing if you wish.

1. NOTICE is given that: JEFFREY R PALFREYMAN: CO-EXECUTOR AND SUCCESSOR TRUSTEE has filed:

JEFFREY R. PALFREYMAN IN THE MATTER OF THE EARL PALFREYMAN AND CAROLYN PALFREYMAN FAMILY TRUST PETITION THE COURT FOR AN ORDER CONFIRMING THE REAL PROPERTY OF THE DECEDENTS, EARL AND CAROLYN PALFREYMAN, LOCATED AT 4635 REED COURT, FREMONT, CA 94538 (PARCEL: 501-962-63) AS TRUST PROPERTY OF THE EARL PALFREYMAN AND CAROLYN PALFREYMAN FAMILY TRUST.

2. You may refer to the filed documents for more information. (Some documents filed with the court are confidential.)

3. A HEARING on the matter will be held as follows:

Date: MARCH 29, 2023 Time: 9:30 A.M. Dept.: 1B Room: N/A Address of court: 1225 FALLON STREET, OAKLAND, CA 94612

Assistive listening systems, computer-assisted real-time captioning, or sign language interpreter services are available upon request if at least 5 days notice is provided. Contact the clerk's office for Request of Accommodations by Persons With Disabilities and Order (form MC-410). (Civil Code section 54.8.)

Attorney or party without attorney: JEFFREY R PALFREYMAN, 4635 REED COURT, FREMONT, CA 94538 1/24, 1/31, 2/7/23

CNS-3661484#

TRUSTEE SALES

T.S. No. 107060-CA APN: 531-0218-056-00 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 4/3/2004, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 3/29/2023 at 12:00 PM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 6/11/2004 as Instrument No. 2004261523 the subject Deed of Trust was modified by Loan Modification recorded on 5/16/2007 as Instrument 2007189223, and was again modified by Loan Modification recorded on 5/28/2018 as Instrument 2018167720, the subject Deed of Trust was modified by Loan Modification recorded on 6/10/2020 as Instrument 2020133610 of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: KAUSALYA SINGH WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 1701 OF THE UNIFORM COMMERCIAL CODE, AND AUTHORIZED TO DO BUSINESS IN THIS STATE, AT THE FALLON ST. EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST., OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County of Alameda, State of California, ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 5437 BORGIA RD, FREMONT, CA 94538 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$400,732.90 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned, or its predecessor, has caused the Declaration of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off. Before you receive your clear title to the property, You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown in this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460, or visit this internet website <https://mkconsultantsinc.com/trustees-sales/>, using the file number assigned to this case: 22-6635. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

NOTICE TO TENANT: Effective January 1, 2021, you may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website <https://mkconsultantsinc.com/trustees-sales/>, using the file number assigned to this case: 22-6635 to find the date on which the trustee sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 8880 Rio San Diego Drive, Suite 725 San Diego, California 92108 1/31, 2/7, 2/14/23

steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (855) 313-3319, or visit this internet website www.clearreconcorp.com, using the file number assigned to this case 107060-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 8880 Rio San Diego Drive, Suite 725 San Diego, California 92108 1/31, 2/7, 2/14/23

CNS-3663394#

T.S. No.: 22-6635 Loan No.: *****-RC APN: 092-0030-023 You Are In Default Under A Deed Of Trust Dated 1/26/2006. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed Trustee, as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Pablo Padilla Rodriguez and Aurora G. Avalos husband and wife as joint tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 2/6/2006 as Instrument No. 2006045672 of Official Records in the office of the Recorder of Alameda County, California. Date of sale: 2/21/2023 at 12:00 PM Place of Sale: At from Fallon Street Emergency Exit, Alameda County Courthouse, 1225 Fallon St., Oakland Amount of unpaid balance and other charges: \$131,919.75 Street Address or other common designation of real property: 36916 Olive Street Newark, CA 94560 A.P.N.: 092-0030-023 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of the Notice of Sale. Notice To Potential Bidders: you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Principal Default Services, LLC, are payable to Property Owner. The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this internet Web site <https://mkconsultantsinc.com/trustees-sales/>, using the file number assigned to this case: 22-6635. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website <https://mkconsultantsinc.com/trustees-sales/>, using the file number assigned to this case: 22-6635 to find the date on which the trustee sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 12/1/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sales Line: (877) 440-4460 Patricia Sanchez, Trustee Sale Officer 1/24, 1/31, 2/7/23

CNS-3662057#

Title Order No.: 2203874cad Trustee Sale No.: 86047 Loan No.: 2021070 APN: 501-0749-005-03 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/29/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 2/15/2023 at 12:00 PM, UNION HOME LOAN, INC as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 7/1/2021 as Instrument No. 2021235416 in book *III*, page *III* of official records in the Office of the Recorder of Alameda County, California, executed by: CHOYDA INC., A CALIFORNIA CORPORATION, as Trustor SEE ATTACHED BENEFICIARY ADDENDUM , as Beneficiary Beneficiary Addendum Loan # 2021070 Millennium Trust Co., LLC Custodian FBO Venkatesh Srinivasan Traditional IRA, as to an undivided 16.667% interest and Kirk C. Lebowe, Trustee of The Kirk Lebowe Trust dated October 19, 2004 as to an undivided 12.698% interest and Thomas Hood, legal owner via non-trust custodial IRA with AET, as to an undivided 11.746% interest and 16675 Zenda Street LLC, a California limited liability company as to an undivided 11.111% interest and Diamond Gate Management, LLC a California limited liability company as to an undivided 10.159% interest and Freeman WeiJen Hsu and Ming Ming Chen, husband and wife as joint tenants as to an undivided 9.524% interest and Mark Grumet and/or Pearl Grumet, Trustees of the Grumet Family Trust u/d April 18, 2013, or any successor trustee thereto as to an undivided 9.524% interest and Malkim Capital, LLC a California limited liability corporation as to an undivided 9.524% interest

and Millennium Trust Co., LLC Custodian FBO Asha RamdasTraditional IRA as to an undivided 7.841% interest and Varun Venkatesh, a single man as to an undivided 1.206% interest. WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States), by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: At the Fallon Street Emergency Exit of the Alameda County Courthouse located at 1225 Fallon Street, Oakland, CA 94612, NOTICE OF TRUSTEE'S SALE - continued all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: See Exhibit "A" Attached Hereto, And, Map Hereof. TSN# 86047 APN # 501-0749-005-03 LEGAL DESCRIPTION EXHIBIT "A" Parcel One: Beginning at a point in the center line of Fremont Boulevard, formerly County Road No.397, distant South 57° East 75.00 feet from the intersection of the Northwestern line of Survey No. 115 of the land of the Ex-Mission of San Jose and said center line of said boulevard and running thence parallel to said line of said Ex-Mission Survey No. 115, South 33° 43' West 285.00 feet; thence South 57° East 75.00 feet; thence North 33° 43' East 285.00 feet to said center line of said Fremont Boulevard, and thence along said center line of said boulevard North 5° West 75.00 feet to the point of beginning. Being a portion of the said Survey No. 115 of the land of the Ex-Mission of San Jose and being also a portion of that certain place or parcel of land heretofore conveyed by Richard D. Blacow, et al. to said Charles F. Homer by Deed dated June 1, 1898 recorded in Book 652 of Deeds, Page 431, Alameda County Records. Excepting therefrom, that portion thereof described in the Deed to the City of Fremont, recorded July 20, 1971, Reel 2903, Image 486, Alameda County Records. Parcel Two: All that portion of Lot 8, Block 1, Tract 1959, in Book 39 of Maps, Pages 59 and 60, Alameda County Records, described as follows: Beginning at the most Eastern corner of said Lot 8, thence along the Southeastern line of Lot 8, South 40° 30' 59" West 39.515 feet to the Northeastern line of Lot 7, in said Block 1; thence along the prolongation Westerly of said Northeastern line North 56° 59' West 125 feet, more or less, to the Eastern line of Lot 9; thence along the last mentioned line, North 57° 18' West, 3 feet more or less, to the Northwestern line of said Lot 8, thence along the last mentioned line, North 33° 41' East 32.05 feet to the Southwestern line of the parcel of land conveyed to Abbot Satterthwait by Deed recorded May 24, 1910, in Book 1755 of Deeds, Page 178, Alameda County Records, thence along the Eastern line of said Lot 8, thence along the Southwestern line of the parcel of land conveyed to Robert A. Blacow and Effa S. Blacow, by Deed recorded December 6, 1916, in Book 2505 of Deeds, Page 413, Alameda County Records, South 56° 44' 50" East 140.00 feet to the point of beginning. Parcels One and Two are also known as Parcel A, Record 1290, in Book 39 of Maps, March 24, 2014 in Book 39 of Surveys Page 45 Alameda County Records. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 38239 FREMONT BLVD., FREMONT, CA 94536 "VACANT LAND" SECTION 17 BENEFICIARY OBTAINED BY WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY WITHIN 10 DAYS AFTER THE FIRST PUBLICATION OF THIS NOTICE AT THE FOLLOWING ADDRESS: BENEFICIARY, C/O CALIFORNIA TD SPECIALISTS, ATTN: PATRICIO S. INCE, 8190 EAST KAISER BLVD., SUITE 100, SAN JOSE, CA 95080." The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of trusts created by said Deed of Trust, to-wit: \$ 1, 283,369.89 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to the sale. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of trusts created by said Deed of Trust, to-wit: \$ 1, 283,369.89 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to the sale. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election of Sell to be recorded in the county where the real property is located. The time between the recording of the Declaration of Default and Election to Sell and the date of the sale, if more than three months have elapsed since such recordation, DATE: 1/11/2023 UNION HOME LOAN, INC., AS TRUSTEE, as Trustee 8190 EAST KAISER BLVD., ANAHEIM HILLS, CA 92808 PHONE: 714-283-2180 FOR TRUSTEE SALE INFORMATION LOG ON TO:

California seeks new gun restrictions following shootings

By ADAM BEAM
ASSOCIATED PRESS

California Gov. Gavin Newsom wants to limit where people can carry concealed guns after multiple mass shootings left dozens dead across the state in January, calling for more restrictions in a state that already has some of the nation’s toughest gun laws.

He endorsed legislation Feb. 1 that would ban people from carrying concealed guns into churches, public libraries, zoos, amusement parks, playgrounds, banks and all other privately owned businesses that are open to the public. The rule wouldn't apply if the business owner puts up a sign that says concealed guns are allowed.

Democratic state Sen. Anthony Portantino, the bill's author, called that exception “a legal nuance that I think helps it with constitutional muster.”

“This is not window dressing. This is to put a strong bill on the governor's desk to withstand a legal challenge that is sure to come,” Portantino said. It would also ban anyone younger than 21 from having a permit to carry their gun concealed and would require all permit holders to have more training, including on how to safely store and transport guns.

California and half a dozen other states previously had laws that required people to give a reason if they wanted to carry a concealed gun in public -- like citing a direct threat to their public safety. But a U.S. Supreme Court ruling last year struck down those laws, making it easier for people in those states to get a permit to carry a concealed weapon.

California Democrats tried to pass new rules last year -- and they would have succeeded, had it not been for a strategic blunder requiring a two-thirds vote of the Legislature so the bill could take effect immediately. Democrats could not round up enough support, and the bill died. “That's not going to happen this year,” Newsom said. “I will be signing this legislation.”

Newsom and legislative Democrats vowed to double down on passing a new law this year. Their cause came with renewed urgency, after mass shootings in Monterey Park and Half Moon Bay left 18 people dead and 10 others wounded. In total, the state had six mass shootings in January and at least 29 people were killed.

Hayward City Council

January 24, 2023

Consent Calendar

- Adopt an agreement with the Gray-Bowen-Scott transportation consultant firm for engineering services for the City of Hayward.
- Award a construction contract to Silicon Valley Paving, Inc. for the Municipal Parking Lot Improvement Project.
- Approve the plans and specifications and call for bids for the Safe Routes to School Project.
- Increase the construction contract with GSW Construction, Inc, for the trash capture device installation on Cotter Way.
- Award a contract to Carbon Supply Inc. for the Bio-Gas Conditioning System Media Replacement Project.

- Allow the City Council and Appointed Commissions/Task Forces and Council Committees to hold continued teleconferenced public meetings.
- Appoint Ms. Karla Goodbody to fill the unexpired term of former Planning Commissioner Julie Roche and appoint Ms. Anika Patterson to fill the unexpired term of former Planning Commissioner Dan Goldstein, and confirm the selection of Ms. Shanta Franco-Clausen as the alternate for the term ending July 2023.

Mayor Mark Salinas	Aye
Angela Andrews	Aye
Dan Goldstein	Aye
Elisa Marquez	Aye
Julie Roche	Aye
George Syrop	Aye
Francisco Zermeno	Aye

Biden Pays Tribute to Victims of California Shootings

THE ASSOCIATED PRESS

On January 26th President Joe Biden honored 18 people killed in two California mass shootings, saying “we have to be there” with the communities that have been forever scarred by gun violence. “Our prayers are with the people of Monterey Park and Half Moon Bay, and after yet another spree of gun violence in America,” he said at a Lunar New Year reception at the White House.

Eleven people were killed at a Southern California ballroom dance hall last month and seven others died days later at two mushroom farms in the northern part of the state.

Biden said he had spoken with Brandon Tsay, 26, who was at a second dance hall a few miles from the scene of the tragedy in Monterey Park when the same gunman entered, brandishing his weapon. Tsay disarmed the gunman, who then fled.

He praised Tsay’s courage, calling him a “genuine hero.”

“Brandon said he thought he was going to die, but then he thought about the people inside,” Biden said, asking the largely Asian American audience to ponder what could have happened had Tsay fled himself.

San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

Thursday, January 26

- At about 3:00 p.m. officers responded to a report about a man who climbed a telephone pole in the 14800 block of Lark Ave. When they arrived, officers spotted the man

about 25-feet up and in mental distress. Police hostage negotiators persuaded the man to come down. He was uninjured and provided with mental health assistance.

Wednesday, February 1

- At about 2:10 p.m. officers responded to a report about a man harming himself with a knife in an apartment on the 800 block of Davis St. Officers persuaded the man to exit the apartment and meet with medical and mental health staff. There were no injuries.

BART Police Log

SUBMITTED BY BART PD AND LES MENSINGER

Saturday, January 28

- At 5:39 p.m. a man identified by police as Victor Bykof, 32, of Burlingame was stopped at Bay Fair station in San Leandro on suspicion of drug activity. A record check showed five outstanding warrants. He was arrested at booked into Santa Rita Jail.
- Tuesday, January 31**
- At 9:10 a.m. a man identified by police

as Laurence Ramsdale, 29, of Modesto was arrested at Bay Fair station in San Leandro on suspicion of possessing a controlled substance. He was arrested and booked into Santa Rita Jail.

Wednesday, February 1

- At 5:59 p.m. a man identified by police as Timothy Towne, 33, of Redwood City was arrested in the free area of Bay Fair station in San Leandro on suspicion of vandalism. He was booked into Santa Rita Jail.

Santa Clara Valley Water District

January 24, 2023

Consent Calendar

- Adopt plans and specifications and authorize advertisement for bids for The Federal Energy Regulatory Commission (FERC) order compliance project Coyote Percolation Dam Replacement Project.
- Adopt a resolution declaring February 2023 as National Black History Month.
- Declaration of November 8, 2022, general election and official results for Board of Directors Districts 6 and 7 and appointment of Directors to Represent Districts 1 and 4.
- Accept the CEO Bulletin for the weeks of January 6-19, 2023.

Chair John Varela	Aye
Barbara Keegan	Aye
Richard Santos	Aye
Jim Beall	Aye
Nai Hsueh	Aye
Tony Estremera	Aye
Rebecca Eisenberg	Aye

Quirk named to state environmental agency

SUBMITTED BY GOVERNOR’S PRESS OFFICE

California Governor Gavin Newsom announced January 30 that former California State Assembly member Bill Quirk, 77, has been appointed to the California Air Resources Board. The position, which pays \$54,114 annually, still requires Senate confirmation.

Quirk, a Union City resident, represented the 20th Assembly District from 2012 through 2022. Prior to that he served as a Hayward City Councilmember from 2004 to 2012.

His past positions include jobs as a physicist at the Lawrence Livermore National Laboratory from 1979 to 2005, a Corporate Planner at Amdahl Corporation in 1978, a Management Consultant for McKinsey & Company from 1977 to 1978, a Climate Modeler for the NASA Goddard Institute for Space Studies from 1972 to 1977 and a Postdoctoral Fellow at the California Institute of Technology from 1970 to 1972.

Quirk earned a Doctor of Philosophy degree in Astrophysics from Columbia University.

New Haven Unified School District

January 17, 2023

- Personnel Actions.
- Approve multiple days/out of State field trip request(s).
- Approve continued funding application for child development services to Kisdango for 2023-24.
- Accept completion of the Roof Replacement Project at Cesar Chavez Middle School.
- Ratify contract with IMP Electric for the Little Theater Electrical Upgrades Project at James Logan High School.
- Ratify contract with Souto Brothers Landscape & Concrete Construction, Inc. for the Play Structures Project at various sites.
- Amend the agreement with 19-six Architects for the Central Kitchen Operations Relocation Project.
- Approve agreement with 19-six Architects for the Maker-Space and Media Center Project at Guy Emanuele Elementary School.
- Ratify engineering services agreements with Underwood & Rosenblum, Inc. for land survey and other relevant services for the Land Exchange Project with the City of Union City.
- Approve updated courses at James Logan High School, Beginning Fall 2023: Audio Video Workshop; Film 1; and Film 2.
- Ratify contract between NHUSD and West Coast Strategic Consulting Services for DSIS - 2022-23.
- Approve contract between NHUSD Union City Family Center and County of Alameda for supportive health services, October 2022 - September 2023.
- Approve contract between NHUSD Union City Family Center Corporation and Sunol's Casa Bella.
- Approve MOU with WestEd to proctor the California Healthy Kids Survey, 2022-23.
- Approve the 2022 School Accountability Report Cards.
- MOU addendum with Alameda County Office of Education Network for Internet Services, 2023-24.
- Approve the Revised Continuity of Services Plan.

President Lance Nishihira	Aye
Shruti Kumar	Aye
Michael Gonzales	Aye
Shamsa Rafay	Aye
Mel Shuen-Mallory	Aye

Milpitas Unified School District

January 24, 2023

Consent Items

- Approve field trip requests of January 24, 2023.
- Approve purchase order report of January 24, 2023.
- Accept donations to Milpitas Unified School District.
- Approve Sound and Signal’s annual fire alarm system proposal for inspection, testing, and maintenance district wide.
- Approve contract for services agreement between Air Tutors and Milpitas Unified School District.
- Approve 2021-2022 School Accountability Report Cards (SARC).
- Approve personnel report of January 24, 2023.
- Allow NSLP DATA access for Data Analyst position.

President Chris Norwood	Aye
Vice President Hai Minh Ngo	Aye
Kelly Yip-Chuan	Aye
Anu Nakka	Aye

Union City Police Log

SUBMITTED BY
UNION CITY PD

Monday, January 16

• At about 3:30 p.m. Officer Hammad and Field Training Officer Olson made a traffic stop on Railroad Avenue and Westgard Street. When the approached the driver, they saw the barrel of a gun under the

driver’s seat. The driver was arrested on suspicion of possessing a loaded handgun in a vehicle.

Thursday, January 26

• At about 4:45 a.m. officers responded to a report about a carjacking in the 33300 block of Mission Blvd. The male victim was inside his vehicle when an unknown person approached and pretended to have a weapon and threatened him. The suspect then punched the victim in the face, grabbed the car keys and took the car. Later, Fremont police

detectives and Newark police officers found the car in Newark and detained a male matching the description of the suspect near the car. He was later identified as the carjacking suspect and arrested.

• At about 9:45 p.m. officers responded to a weapon brandishing report on Alvarado Niles Road near Decoto Road. The victim told police that the suspect was upset because she moved his laundry out of a machine. As a result, the suspect brandished a firearm at the

victim. The suspect then fled in his vehicle. Officers located and stopped the car and safely detained the suspect. A record check showed the suspect was on parole for manslaughter; investigators also located a loaded semiautomatic handgun used in the incident. The suspect was arrested on suspicion of assault with a deadly weapon and five additional felony weapon violations.

Saturday, January 28

• At about 11:30 p.m. officers responded to a report about an

armed robbery in the 34800 block of Perry Road. The victim had just arrived at his residence when he was approached by two suspects. They both pointed black handguns at the victim and demanded his property. The suspects then pistol-whipped the victim and took the victim’s watch and necklaces. The suspects then fled in a vehicle and were not located. The victim described the suspects as Black males.

Alameda County Sheriff’s Office

SUBMITTED BY LT. RAY KELLY AND LT. TYA M. MODESTE

Sunday, January 29

• At about 3:00 p.m. deputies responded to a report about a woman yelling for help in the 19900 block of Santa Maria Ave. in Castro Valley. She told deputies she was pushed to the ground by someone after she parked her 2023 Porsche Macan in front of a senior living facility. Two suspects took the woman’s keys when they fell from her purse and unsuccessfully tried to start her car. The woman fled on foot to safety and the suspects fled in a silver compact BMW SUV. Both suspects were described as Black juveniles between 5-foot-4 and 5-foot-7-inches tall with thin builds. An investigation is ongoing and authorities are asking anyone who witnessed the incident or has information to call Det. Berumen at (510) 406-6149.

Monday, January 30

• At about 8:00 p.m. a male was fatally shot on 167th Avenue near E. 14th St. in unincorporated San Leandro. The victim’s identity was not immediately released pending an investigation by ACSO. Anyone who witnessed the incident or has information is asked to call ACSO at (510) 667-7721.

CHP Log

SUBMITTED BY CHP CASTRO VALLEY

Monday, January 30

• At about 5:10 a.m. officers responded to a collision at the connector between I-580 and Highway 238 in Castro Valley. A black Honda SRV, driven by a 71-year-old Castro Valley resident struck and killed a 28-year-old Turlock woman who had exited a stopped Chevrolet Malibu alongside the roadway. The driver remained at the scene and cooperated with investigators. The eastbound lane on the I-580 connector was closed for about 90 minutes during the investigation.

Milpitas Police Log

Submitted by Milpitas PD

Friday, January 27

• At 2:41 p.m. officers responded to reports of shots fired in a shopping center on the 1535 block of Landess Ave. Upon arrival officers learned the shots occurred in a jewelry store when one of five suspects discharged a firearm during a robbery. The suspects fled the scene in two vehicles before officers arrived. They took an undisclosed amount of property with them. The case is under investigation and police are asking anyone who has information to call them at (408) 586-2400. Information can also be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or online at www.ci.milpitas.ca.gov/crimetip.

Saturday, January 28

• At 11:21 a.m. officers responded to a report about a female being held at gunpoint by a male in a hotel room on the 400 block of S. Main St. When officers spotted the suspect leaving the room, they tried to detain him. Instead, the suspect started to walk back to the room, but officers caught up to him and a struggle started. The suspect, described by police as a 40-year-old East Palo Alto resident, was arrested. He was in possession of an unregistered loaded firearm with an extended magazine. A record check showed he was a convicted felon on probation for a domestic violence related charge and had a restraining order. The female was located inside the hotel room. No injuries were reported.

PayPal to cut 2,000 jobs

ASSOCIATED PRESS

PayPal said Jan. 31 it will trim about 7% of its total workforce, or about 2,000 full-time workers, as the digital payments company contends with what it calls “the challenging macro-economic environment.”

PayPal said it will make the cuts over several weeks, with some of its organizations affected more than others. The company did not further specify. PayPal is the parent of Venmo, Xoom and Honey, among other brands.

The company based in San Jose, California, is the latest in the technology sector to trim its headcount. During the month of January alone, Google, Microsoft and Salesforce announced tens of thousands of layoffs.

Last summer activist investor Elliott Management bought a stake then worth about \$2 billion in PayPal, which said it had entered into an “information-sharing agreement” with Elliott “to continue collaboration across a range of value-creation opportunities.”

“Over the past year, we made significant progress in strengthening and reshaping our company to address the challenging macro-economic environment while continuing to invest to meet our customers’ needs,” PayPal President and CEO Dan Schulman said in a Jan. 31 statement. “While we have made substantial progress in right-sizing our cost structure, and focused our resources on our core strategic priorities, we have more work to do.”

PayPal Holdings Inc. is scheduled to report quarterly results Feb. 9.

Fremont Police Log

SUBMITTED BY AMY GEE, FREMONT PD

Tuesday, January 24

• Officers responded to a report about an armed robbery at a convenience store on Fremont Boulevard. An unknown adult entered the store and demanded tobacco products and cash. The clerk saw what appeared to be the muzzle of a handgun. The suspect was last seen fleeing on foot north-bound through the store’s parking lot. The case is under investigation as an armed robbery.

Thursday, January 26

• Officers responded to a report about a catalytic converter theft on Mobile Court in north Fremont. The suspect was seen fleeing the scene in a passenger vehicle. Officers located the vehicle and made a stop. Inside the vehicle officers found a large amount of cash, narcotics, a scale, four catalytic

converters and tools. The two adult occupants in the car were arrested. The case is being investigated as grand theft/possession of narcotics for sale.

Sunday, January 29

• Officers responded to multiple reports about a person wielding a machete and threatening to harm passing motorists near Grimmer Boulevard and Paseo Padre Parkway. When they arrived, officers found the subject, who was hiding a machete in the bushes. The adult Fremont resident was arrested.

Monday, January 30

• Officers responded to an assault report outside a retail business on Osgood Road. An argument between two customers over a parking space escalated where one of them tried to drive their vehicle into the other. Arriving officers detained both, and eventually arrested an adult San Jose resident on suspicion of assault with a deadly weapon.

South Bay mass COVID-19 vaccination, testing sites to close

SUBMITTED BY COUNTY OF SANTA CLARA

Santa Clara County officials announced February 1 that its three remaining COVID-19 mass vaccination and testing sites will close Tuesday, February 28.

The move comes after President Joe Biden informed Congress on January 30 that he will end the twin national emergencies for addressing COVID-19 on May 11, as most of the world has returned closer to normalcy nearly three years after they were first declared.

Since COVID-19 vaccinations were first authorized in December 2020, Santa Clara County’s mass vaccination program has provided more than 1.3 million vaccinations to community members. Combined with vaccinations delivered through the county’s health clinics and Mobile Vaccination program, the Valley Homeless Healthcare Program, Employee Health, and other county-operated programs, the county has provided about 1.9 million COVID-19 vaccinations. This total represents 33% of all vaccinations given in Santa Clara County during the pandemic.

Closure dates and locations of the three remaining mass vaccination and testing locations are:

- Santa Clara County Fairgrounds – Testing February 24; vaccinations February 25
- San Martin – February 25
- Mountain View - February 28 (testing already closed)

Santa Clara County residents can continue to make COVID-19 vaccination appointments through the end of February by visiting the county’s website at www.sccfreevax.org.

“As we wind down our mass vaccination effort, I want to thank everyone in the county who served as Disaster Service Workers, doing everything from directing traffic in parking lots to staffing mobile vaccination clinics,” said Dr. Jeff Smith, County Executive for the County of Santa Clara. “We could not have kept our cases as low as we did without the incredibly hard work of our employees, volunteers, and community partners.”

County officials said the county is continuing to provide vaccination, testing, and medical services to more than 225,000 patients routinely cared for through the county’s health system. It also is providing safety net services to all those in need, regardless of payor or documentation status. The county will also remain a COVID-19 resource for all residents through Valley Connections, available at 1 (888) 334-1000.

West Nile positive mosquito found in Union City

SUBMITTED BY JUDITH PIERCE

Officials from the Alameda County Mosquito Abatement District are reporting a mosquito found in western Union City has tested positive for West Nile virus. This is the county’s first indication of West Nile virus in 2023.

The district is increasing mosquito monitoring and larval control efforts throughout the area where the West Nile virus positive mosquito was discovered. Every effort is being made to locate areas of standing water where mosquitoes may breed including but not limited to catch basins, storm drain systems, and swimming pools. Neglected swimming pools continue to be a mosquito breeding issue in Alameda County. Anyone who has or knows someone that has an unmaintained swimming pool is asked to contact the district so treatment can be made.

“This is an unusually early start to the West Nile virus season in Alameda County” said General Manager Ryan Clausnitzer. “Given the large amount of rain we had at the end of 2022 and the beginning of this year, there are more opportunities for mosquitoes to lay their eggs and reproduce rapidly. We need the public to help by reducing mosquito breeding sites. Dump and drain or tightly cover containers that have standing water to reduce mosquitoes around your house and workplace.”

Residents can reduce the risk of contracting mosquito-borne diseases by following these guidelines:

• Dump or drain standing water on their property, because mosquitoes need water to develop.

• Know that dawn and dusk is when mosquito activity peaks, so limit outdoor activities during this time.

• Defend yourself from mosquito bites by wearing long pants and long-sleeved shirts and apply insect repellent containing EPA-registered active ingredients such as DEET, Picaridin, IR3535, or Oil of lemon eucalyptus.

• Door and window screens should be in good repair with no tears or holes.

West Nile virus is transmitted to people and animals through the bite of an infected mosquito. There is no cure for West Nile virus. Approximately one in five people who are infected with West Nile virus will develop symptoms such as fever, headache, body aches, joint pains, vomiting, or rash. Fewer than one percent will develop a serious neurological illness such as encephalitis or meningitis. Adults older than 50 and people with compromised immune systems are at increased risk of serious complications. Anyone who develops symptoms should seek medical care immediately.

For information about mosquitoes, West Nile virus, or to request any of the district services, go online and visit www.mosquitoes.org or call (510) 783-7744. Alameda County residents can also request mosquitofish for their fish ponds, horse troughs, or neglected swimming pools at the district’s Hayward office at 23187 Connecticut St. For information concerning West Nile virus symptoms, prevention or testing contact the Alameda County Public Health Department at (510) 267-8001

Folding purpose into a Bun

BY STEPHANIE GERTSCH
PHOTOS COURTESY OF
JOSHUA LIANG

“When people ask me what kind of food I make, I actually struggle to tell them,” says Joshua Liang, founder of Asian Fusion Restaurant “Bun Me Up.”

That doesn't exactly sound like a recommendation. But sometimes food that transcends borders has to be tasted to be understood. Such is true of Liang's folded "Bao buns" that combine unexpected flavors and textures into one perfect bite.

A Santa Clara native, Liang studied to be a software developer, taking restaurant jobs to pay bills. But after embarking on his career, Liang felt something was missing. He kept working at restaurants on the weekends, and even began creating his own dishes.

"I started cooking for friends and family every weekend," Liang explains. "I slowly started to build my own menu. Because I've always wanted to open up a restaurant. I just had no clue what to do... I would [invite guests] to try out the same dish, get feedback, and repeat the dish every week for maybe two months for different friends and their friends until I finally became satisfied."

Liang settled on a folded bun that could be streamlined while still feeling creative and gourmet. Although steamed buns tend to be traditional, Liang says,



But traditional 70% of the way. When I do fusion, I don't care. I let go."

Even calling his creations “Bao buns” is something of a misnomer. “Bao” simply means bun. And taco-shaped folded buns are called “Gua Bao.”

Liang opened a ghost kitchen with an investor, but challenges still lay ahead. “One of the most painful things I’ve realized was I can’t always do what I want as a chef,” admits Liang. “I have to remind

six months later when they go to the grocery stores and start realizing.”

Liang has also participated in local festivals, including Fremont Festival for the Arts and 626 Mini Night Market in Milpitas. “Festivals are great,” says Liang, adding, “And very tiring at the same time. They’re great because of direct foot traffic; we get to meet our customers. [In a ghost kitchen] you’re basically locked in this commissary kitchen just prepping, cooking.”

As of February, 2023, you can find Bun Me Up in downtown San Jose, operating out of the bar Fuze (Liang works in the kitchen with five employees). Order buns or rice bowls off the kiosk for takeout or eat in. (It's tempting to sample the bar's menu while you're there too.)

Transitioning careers was a challenge, especially as Liang is only in his 20s. But he felt it was the time to take risks. Says Liang, “It was a really difficult decision for me to make, actually. Because I was still in software last October. Three months ago, I was a developer, but now I’m just a cook.”

Liang has found support among peers

and fellow small business owners who see the potential in his menu. Immediate family is a little more fraught. "I didn't even tell them that I left my job," says Liang, although he thinks they are catching on that he's spending more time emailing and researching for his restaurant than coding.

In college, Liang often found himself striving, picking up extra dishwashing shifts just to join his friends for a meal out. “I figured out I kind of miss that drive I had when I was younger; 21-year-old me would be so disappointed with 25-year-old me.”

A stable career allowed Liang to relax—but he also stopped growing. He continues, “When I decided to quit being a software developer I put myself in those shoes again...Technically I’m working for free-ish because we’re not that profitable yet. But that feeling is giving me that drive again. I need to make this work. I need make good food ...that people like and come back [for]. It’s not a choice anymore. I love it. I like having that drive again.”

His ultimate dream? A sit-down restaurant with a serving staff, where he can plate up higher-end versions of his dishes. Knowing how difficult the industry can be, Liang is content keeping it simple for now, but having his own location would be amazing.

He says, "That's pretty much a festival 24/7."

Bun Me Up
Mon – Wed: 11 a.m. – 2 p.m.
Thurs – Fri: 11 a.m. – 2 p.m.;
5:30 p.m. – 10:00 p.m.
Sat: 5:30 p.m. – 10:00 p.m.
Sun: 5:30 p.m. – 9:00 p.m.

**58 South 1st St., San Jose
(Inside Fuze)
(408) 768-5917
www.bunmeup.com**



"I wanted to put my own Asian fusion twist to it. Like the Aji Verde Peruvian sauce on Japanese Shoyu pork." Expected ingredients such as braised pork make their appearance too.

The unusual style prompts questions. “People look at me like, ‘You’ve got a shouyu pork, but you’ve got a Peruvian sauce. How did you get South American and Japanese to go together?’” The answer is simple. “I literally just tried everything.”

“If you go to an Asian fusion restaurant,” Liang says, “they might have a Chinese dish with sweet sauce that’s not really Chinese, and they call it fusion.”

myself that I'm still a businessman."

The restaurant got off to a slow start. Liang was still tweaking the menu, and lacking a storefront meant he could only do online orders. Services like Doordash take 30% - the profit restaurants can expect after goods and labor. Liang says, “For about one month I was actually selling at a loss.”

Prices for everything have increased in past months. “For inflation, it’s the consumers who realize last,” Liang shares. “Small businesses and restaurants, we see everything go up first. Consumers aren’t willing to follow through until like three,



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Charlotte Olsen
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