

Glass—the Alluring Artistic Medium





Fire crews assist at the scene of a mudslide that stranded an ACE train in Niles Canyon.

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Lewis and Clark expedition History Matters

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January 24, 2023

Vol. 21 No. 4



Photo By Robin Fadke continued on page 16

Fascinated with new scientific

research discovering trees have the ability to communicate with each other, Cichon was inspired

to examine the voice of vegetation through her art, and Capra through her poetry. Poetry and photography will appear on a variety of textiles in surprising ways, immersing you in the mysterious world of Tree Talk.

Cichon has been a

photographer since the age of six, often combining her work with other media. Her images of trees and nature encourage the viewer to contemplate the relationship among all living things.

Mysterious trees floating on a void-like background bring to mind the threat deforestation

through development and wildfires, while also expressing hope for the future through the

bright foliage. These large-scale photos are printed on 6 x 4-foot



Community Closet provides quality clothing at no cost

By Victor Carvellas

The Community Closet is returning to Union City's Studio 11 on Tuesday, January 28. Visitors can take home high quality used (and new) donated clothing. Whether someone needs a new outfit for an interview, clothes for school, or just something to freshen up their wardrobe, Community Closet has hundreds of items, all at no cost, displayed in a boutique-like setting.

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Sofia Dangerfield (second from left) with volunteers



Tree Talk:

Poems in the Air

SUBMITTED BY OLIVE HYDE ART GUILD

The next exhibit at Olive Hyde Art Gallery will combine poetry, photography, and textile art with the collaboration "Tree Talk: Poems in the Air," by Dotti Cichon and Nelly Capra.

fabric sheets that simulate the experience of walking through a forest.

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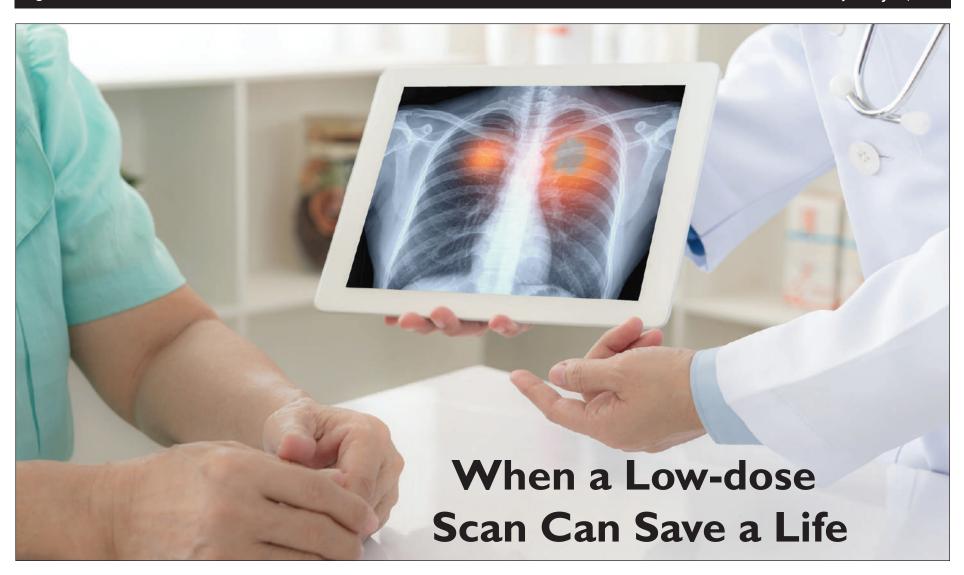
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If you are a current smoker or have quit smoking within the past 15 years, a simple test at Washington Hospital could save your life. The test, which can detect early stages of lung cancer with a low-dose CT scan, takes only minutes, according to Dr. Sunil Upender, a radiologist at Washington Hospital who supervises and interprets the testing program.

Dr. Upender will discuss the benefits of the low-dose CT scan at a free Thursday, Feb. 16, Washington Hospital Health & Wellness online seminar. Called "Lung Cancer Detection with Low-dose CT," the 3:30 p.m. program also will feature a powerful survivor story from a community member.

Studies show that a low-dose CT scan can reduce the risk of dying from lung cancer by 20 percent. The scan is a painless and noninvasive procedure to detect lung cancer in individuals who don't exhibit symptoms. Early detection leads to early treatment and better opportunities for remission and recovery. If lung cancer is caught before it spreads, the likelihood of surviving five years or more

improves to 60 percent, according to the American Lung Association.

"Low-dose means the person being screened isn't exposed to levels of radiation any higher than one might encounter walking around outside," Dr. Upender explains. A regular CT scan for other purposes has seven times the radiation level. "The low-dose CT scan is safe, fast and could save a life," he adds.

To be eligible for the scan, the patient has to be between the ages of 50 and 80 years, have a tobacco smoking history of a pack a day on average for 20 years, have no signs or symptoms of lung cancer, and is either a current smoker or one who quit smoking within the past 15 years. A physician's referral is required.

"Our biggest concern is all those people out there who have been or are current smokers who don't know about this simple test," Dr. Upender says. "Only 1 percent of Californians currently get screened; nationally only 6 percent. We could save so many more lives if we can

increase screening numbers; studies have shown up to 20,000 lives a year could be saved."

"If you've been a smoker or currently are a smoker, talk to your doctor about having a low-dose CT scan," Dr. Upender urges. "That talk could save your life. Tell other smokers or former smokers you know about the test too. That could save their life."

The seminar can be viewed live on Facebook and YouTube. For Facebook, sign in to your account and then go to facebook.com/WashingtonHosp. YouTube does not require an account. Simply go to YouTube.com/whhsInHealth.

For more information on upcoming health-related talks by subject matter experts, see whhs.com/events.

"The low-dose CT scan is safe, fast and could save a life." —Sunil Upender, MD



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Diabetes Matters: Being ActiveLearn how maintaining an active lifestyle can help manage diabetes. Hear tips on how much activity is necessary and how to fit activity into your weekly routine.



Breathe Easy: Managing Asthma

Asthma attacks bring fear and sometimes panic. You can't catch your breath and for a moment, don't know if you need emergency assistance. Ryan Croft, respiratory therapist, helps you identify your asthma triggers, control symptoms, and understand when you need medical attention.



Anxiety: Stop Negative Thoughts

When negative thoughts cycle through your mind over and over, they can have a significant impact on reasoning. Clinical psychiatrist Seema Sehgal, MD, offers perspective and tips on how to stop negative thoughts.

Coming Soon!



Managing Diabetes Tuesday, Feb. 7, 1:30 p.m.

Many households in our community have felt the impact of diabetes. Join family medicine physician, Dr. Thomas Collins-Pallet, for a conversation on how diabetes can be managed through lifestyle changes and medication.

Other Video Topics:

- Joint Pain Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.





Lung Cancer Detection with Low-Dose CT

Lung cancer is the second most common cancer in both men and women. Dr. Sunil Upender will discuss the importance of early detection and how a low-dose CT scan works. This presentation includes a powerful survivor story from a community member.

Wednesday, Feb. 16, 3:30 p.m.

- Diabetes Education
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Stay Healthy During Pregnancy—For You and Your Baby

One of the residual effects of health-related events these past few years is a heightened awareness of preventing illness. People are more willing to wash their hands frequently, maintain social distance and wear masks in crowded indoor spaces. Dr. Stacey Barrie an obstetrician with Washington Township Medical Foundation reminds her patients of things to do to remain healthy during pregnancy. She explains, "It's important to remember that pregnant women are at special risk because their immune systems

and conduct screenings that protect the health of both the mother and the baby."

February is Prenatal Infection Prevention Month, held to raise awareness about the risk of bacterial and viral diseases that can be passed from a mother to her baby during pregnancy or the delivery process.

"Every patient is offered a variety of screening tests to detect infections and other serious complications," Dr. Barrie explains. "We test for diseases like chlamydia, hepatitis, herpes and HIV. "You need to increase the amount of protein in your diet," she notes. "More than half of my patients are vegetarians, so I tell them to reduce the rice and increase the lentils and tofu."

Women who are within the normal weight range should gain about 25 to 35 pounds during the pregnancy, but those who are overweight shouldn't gain more than 25 pounds, and obese women shouldn't gain more than 15 pounds.

It's also important to avoid alcohol and tobacco during pregnancy, and keep

others don't even want to be offered meds during the delivery. If it's a boy, will they be circumcised? Do you want music during the delivery? Whatever it is, we want to know the details of your plan."

Dr. Barrie said having a baby is like running a marathon, so you should try to be in the best shape you can to get ready for it.

"You really can't prepare for a marathon by sitting on the couch for nine months, reading about training" she adds. "You need to lead a healthy lifestyle. Eat right



are depleted during pregnancy, making them more susceptible to infections."

Good prenatal care is critical to ensure a healthy pregnancy. Dr. Barrie encourages women to make their first visit three to four weeks after their first missed period. She explains the preferred appointment schedule. "We see patients monthly until 30 weeks, every two weeks from 30 to 36 weeks, and then weekly for the last month," she adds. "We monitor how the pregnancy is progressing, check vital signs,

We also look for birth defects. At the first prenatal visit, we screen for genetic diseases that could be passed on to any offspring like cystic fibrosis or muscular dystrophy."

Staying Healthy

It's important to maintain your current state of health during pregnancy. That means eating right and exercising regularly. She recommends eating a colorful variety of fruits and vegetables as well as lean protein sources like fish, chicken and legumes.

caffeine consumption to two servings per day. No amount of alcohol has been shown to be safe during pregnancy.

Dr. Barrie encourages everyone to take prenatal child birth classes and create a birth plan so their delivery goes the way they want, barring any health complications.

"Some women say they just want what's best for their baby, and others know exactly what they want," she said. "There are a lot of details. Some want an epidural, and exercise – and yes, you can have sex. There are a lot of myths out there about pregnancy. It's really about taking good care of yourself and your baby."

To learn more about obstetric and gynecology services offered through Washington Hospital, visit whhs.com/Childbirth. For information on Dr. Barrie and Women's Health Specialists, visit MyWTMF.com.



Virtual Health& Wellness

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Tuesday, Feb. 7 1:30 p.m.

Managing Diabetes

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Thomas Collins-Pallet, MD Family Medicine



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Tree Talk:

Poems in the Air

Writing both in English and Italian, Capra lived in Genova, Italy before moving to the Bay Area in 1992. In addition to writing, she also translates from English to Italian and vice versa. She has participated in poetry readings and shows, and has published her own book of poetry titled "The Window Wide Open."

Below is one of Capra's poems that will be displayed at the exhibit:

If We Could hear Trees Talk

If we could hear trees talk
we'd realize
they recite poems

they serenade us
with the spirit they emanate
through their trunks branches leaves
fruits

in the poems they recite they talk of friendship sustenance home wisdom

their colors are their words their movements are their dance their fragrance is their breath their fruits are our delight



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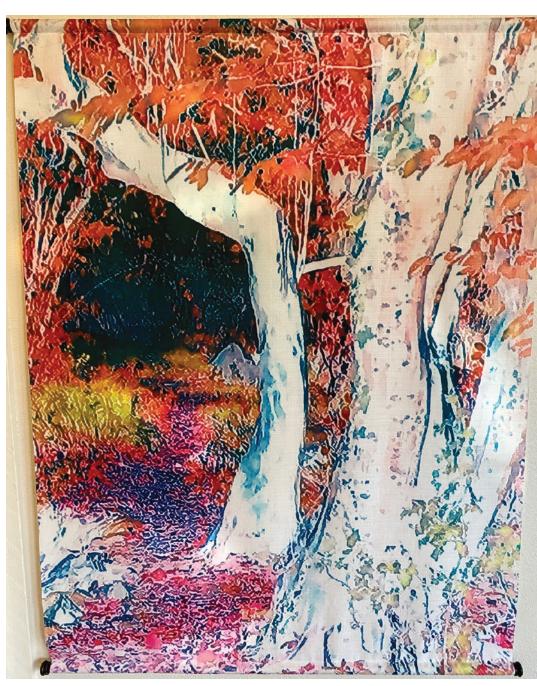
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Tree Talk: Poems in the Air Through Saturday, Mar 18 Gallery Hours: Thurs – Sun; 12 noon – 5 p.m.

Opening Reception: Friday, Jan 27 7 p.m. – 9 p.m.

Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 http://olivehydeartguild.org/

Cohousing Becomes Trendy in the U.S.

SUBMITTED BY EVELYN LATORRE AND JANE MUELLER

In the wake of the pandemic, families seeking homes in 2023 have become acutely sensitive to avoiding isolation in their housing choices. Recent news coverage shows that too many people live among neighbors whom they rarely see or interact with. Members of Mission Peak Village, Fremont's future cohousing community, believe that selecting a home is more than a real estate transaction; it is a lifestyle choice. In the cohousing approach, residents are their own developers with an active role in building homes on a site that meets their own rigorous criteria. By the time they move into their new homes on High Street, Mission Peak members will already be a connected community of intergenerational neighbors.

Mission Peak Village didn't invent this approach. The group adopted the intentional community model that was popularized in Denmark and introduced to North America in 1988 by architects Kathryn McCamant and Chuck Durrett. In their seminal book, Cohousing: A Contemporary Approach to Housing Ourselves, the authors observed that cohousers in Denmark were happier and better connected to their neighbors. Most Americans in 1988 lived in tracts of compartmentalized single-family units. By contrast, residents in cohousing not only maintain a personal residence but also share amenities with their neighbors to reduce their cost of living. Opportunities for frequent interaction are built into daily life.

The cohousing movement has grown in North America in the years since publication of the first edition of the cohousing book. According to the Cohousing Association of the United States (CohoUS), there are currently about 180 cohousing communities in the United States and about 50 in Canada. At least 50



Trish Becker, CEO of CohoUS

more cohousing communities are in the formative stage.

Trish Becker, CEO of CohoUS, observes, "I believe that humans need one another for meaning and survival and that collective housing is poised to be among the signature movements of our time."

Ms. Becker is familiar with practice as well as theory. She was a founding member of Aria Cohousing and of Chase Street Commons, a micro-village built upon the principles of cohousing. When she came to CohoUS

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nearly a year ago, she brought more than a decade of experience working in nonprofit and higher education with a focus on community engagement, strategic partnerships and event design. For the prior seven years, she had served as the Director of Community Engagement at the University of Denver's Graduate School of Social Work (GSSW), leading community engagement initiatives and creating gatherings that advance social justice.

Ms. Becker is a Tedx speaker and a passionate advocate for housing solutions that address our collective crises of loneliness, environmental degradation, and housing inaccessibility. In her leadership role at CohoUS, she is charged with working to promote cohousing as a viable housing option. She helps communities get started and thrive. CohoUS provides a directory of cohousing communities in the United States, as well as a range of educational resources, including articles, videos, and workshops. Spreading the word about cohousing shifts the culture toward a new American dream where every home is surrounded by caring, collaborative neighbors who use less of the earth's resources while living an abundant life.

This article is part of an ongoing series on cohousing. To learn more on the topic of cohousing, visit www.cohousing.org.

Mission Peak Village is a group of friends forming Fremont's first cohousing community. Memberships are still available. Call Kelli at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or the www.missionpeakcohousing.org website, where you can register for a monthly walk to explore the neighborhood around the future site.



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Page 6 What's Happening's Tri-City Voice January 24, 2023



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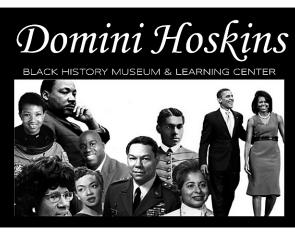
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SUBMITTED BY CITY OF UNION CITY

Union City Housing & Community Development Department officials are asking residents to share their thoughts about what types of public services the city should be providing.

As part of this process, they have posted an online Community Public Needs Assessment Survey. The multiple-choice survey asks residents to provide input on numerous topics including:

- What services are most helpful
- What services should be expanded
- How can city officials better connect people with available services

The survey, available in English and Spanish will be available through February 7. To access it, visit:

- ${\color{gray}\bullet}\ www.surveymonkey.com/r/UnionCity_English$
- www.surveymonkey.com/r/UnionCity_Espanol

All survey responses are anonymous and respondents will have a chance to include comments. For details, send an email to Housing & Community Development Manager Francisco Gomez Jr. at Francisco@unioncity.org or call (510) 675-5322.

Colobrate Valentine's Day with Nicolas Bearde's 'Jazz for Lovers'

SUBMITTED BY TERRY LIEBOWITZ

Get a jumpstart on Valentine's celebrations with vocalist Nicolas Bearde and his quartet, Saturday, February 4 at the Castro Valley Center for the Arts. With his rich and silky baritone, fans often compare him to Nat King Cole and Lou Rawls. In his show, Jazz for Lovers, Bearde delivers romantic interpretations of contemporary jazz, blues,

Lovers, Bearde delivers romantic interpretations of contemporary jazz, blues, classics, and his elegant originals. He is one of today's premier male



jazz recording artists, soon to release his seventh album. Glen Pearson (piano), Edwin Livingston (bass), Lorca Hart (drums), and Charles McNeal (sax) will join Bearde on stage.

Multi-talented, Bearde is a songwriter, educator, voice-over artist, and actor. Nicolas regularly sells out at SFJazz Center, Yoshi's Jazz Club, Blue Note Napa, Smoke and Birdland in NY, Jazz Café in London, and Hermann's in Victoria, Canada. He has performed on four continents and has been a highly sought-out solo artist and front-

Club, Blue Note Napa, Smoke and Birdland in NY, Jazz Café in London, and Hermann's in Victoria, Canada. He has performed on four continents and has been a highly sought-out solo artist and frontman at International Jazz festivals including Monterey Jazz, North Sea, Montreaux, Stuttgart and Burghausen, San Jose Jazz and the Vancouver Folk Festival. He has appeared in numerous stage plays and several feature films including Final Analysis with Richard Gere and True Crime with Clint Eastwood as well as popular TV shows Nash Bridges and Monk.

All About Jazz says, "When Nicolas Bearde's soulful and affecting baritone sits atop impeccably tailored arrangements of sterling standards, the results are absolutely stunning!" Tickets are available at www.cvartsfoundation.org or (510)-889-8961. Free parking is available for this event.

'Jazz for Lovers' with Nicolas Bearde Saturday, Feb 4 7:30 p.m. Castro Valley Center for the Arts 19501 Redwood Road, Castro Valley (510)-889-8961 www.cvartsfoundation.org



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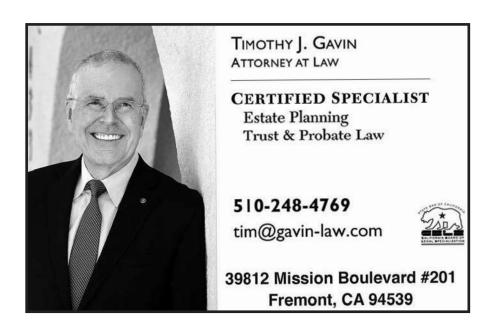
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continued from page 1

Community Closet provides quality clothing

Community Closet is the creation of Sofia Dangerfield. A mother of two young girls, she decided to use what she had learned at San Francisco State as a fashion design and merchandising student to address the issue of "fashion equity," the recognition that access to quality clothing is important at all income levels. "I was exposed to fashion in a new light," says Dangerfield, "I recognized the social and environmental impact of fashion. College is where my passion for sustainability grew."

Dangerfield also received a master's degree in consumer behavior and studied the psychology of clothing, why people wear what they do. "During that study, I understood the inequality of dress," she says. "I got a first-hand view of communities who were struggling just to have the basics, the essentials, like a jacket for their children or shoes that were functional for school. Once I became a mother, I became sensitive to the disparity surrounding access to clothes. It's not right that people might lose out on advancement or employment opportunities because of the clothes they don't have."

Due to the impact of COVID, Dangerfield was out of both her merchandising job and her teaching post at SF State for many months. With time on her hands, she decided to put her ideas into action. "I pitched the Community Closet to the city of Union City, mainly because I'm from here, and I wanted to start here." The response to Community Closet has been stellar and the January 28 event will be her sixth.

Sofia and her volunteers carefully sort all the donations they receive to ensure that the clothes they put on display are in

excellent condition, clean, and ready to wear. Volunteers form the core of the Community Closet staff, and Dangerfield considers the volunteer opportunities to be as important as the clothes.

"I want to share what I know, as a mentor," says Dangerfield. "I've helped high school students from Conley-Caraballo and Logan get the community service hours they need to graduate. Not only do they get the hours, they see for themselves where the needs and opportunities are in the community."

Traditional sources of affordable clothing, like thrift stores, are getting more expensive. According to Dangerfield, "Gen Zs are combing the thrift stores for brand names or hard-to-find pieces and

then reselling online at a profit. The market is driving up prices [to a level] some families can't afford."

"About ninety percent of people that come to the Community Closet event genuinely need the clothing," she adds. "Often several generations of a family visit together. It's true; we do get individuals who are looking for just the cool stuff to resell, and I'm not going to knock that. After all, it's still giving those clothes a longer life cycle; they're not becoming trash."

In the age of fast fashion where consumers are encouraged to turn around their wardrobes quickly, the issue of textile waste is a growing concern. According to earth.org the average US consumer throws away 81.5 pounds of clothes every year, an estimated 11.3 million tons of textile waste that ends up in landfills.

Dangerfield is currently involved in a project with her colleague at SF State to assemble data on how much clothing The Community Closet is diverting from the waste stream. Her goal is to form a non-profit that, armed with numbers, can start looking for grants to dig into the issue further.

"We not only weigh the clothes we receive," says Dangerfield, "we also keep track of the brands, what kinds of clothes, whether they are high-end or fast fashion.

We track how much comes in and how much goes out. Besides the charitable aspect of Community Closet, I want to use what we discover to contribute to academic study of textile waste management."

Clothes aren't all that's to be found at the Closet. "I get people asking me if I'm going to have blankets, or if I'm going to have backpacks," she says. "I don't have those things quite yet but I'm still learning the needs of the community. We do have lots of kids' books, as well as hats, purses, shoes, and other accessories. I'm funding the events myself right now, but I've received monetary donations from the community, so I've been able to purchase more rolling racks, more hangers — plus buy breakfast and snacks for my volunteers!"

For more information on how to donate or volunteer, visit

www.mindfulmami.com/communitycloset or the Union City Website www.unioncity.org/192/Community-Recreation-Services.

> The Community Closet Saturday, Jan 28 9 a.m. – 1 p.m. Studio 11 34626 11th St., Union City





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For employment Questions, email scshaw@fusdk12.net

Hayward Area Recreation and Park District **Board of Directors** welcomes a new Director and Board President

SUBMITTED BY NICOLE ESPINOZA ROA

H.A.R.D. Board of Directors is pleased to announce that Mr. Rick J. Hatcher was elected by the Board as the new Board President for 2023.

"Growing up with H.A.R.D., I know it is one of our community's true gems. With the diverse breadth of programs, facilities, and open space, I am truly honored to serve as Board President. The upcoming year will bring new, inclusive programs, and upgrades to parks and facilities."

Mr. Hatcher has been a Board Member with H.A.R.D. since 2015. The past few years have been very exciting, with the successful passage of the \$250 million-dollar Measure F1 Parks Bond and the construction of several major capital projects.



At its December 15, 2022 special meeting, H.A.R.D. Board of Directors also elected Director Paul Hodges, Jr. as Board Vice President, and Director Peter Rosen as Board Secretary. They are joined on the H.A.R.D. five-person Board by Director Louis M. Andrade and Director Sara Lamnin. The district is excited to welcome Director Sara Lamnin to the Board.

The district expresses gratitude to Carol A. Pereira who is retiring from the Board of Directors after 40 years of dedicated service to H.A.R.D. and the residents of the district. www.HaywardRec.org



By John Grimaldi and DAVID BRUCE SMITH

Extraordinary expedition On January 18, 1803, President

Thomas Jefferson requested a



Lewis and Clark expedition.

congressional authorization of \$2,500 to underwrite an expedition by Meriwether Lewis and William Clark, to determine the expanse of the country. According to History.com, the cost ramped up to \$50,000; an equivalent of \$1,177, 765 in contemporary currency.

Sixteen months later, the two explorers -- along with a company of 50 -- set out on their mission. It included a former African American slave "and a female Native American guide named Sacagawea. The team, which Jefferson called the Corps of Discovery, first surveyed the territory that comprised the Louisiana Purchase, a vast expanse that reached as far north as present-day North Dakota, south to the Gulf of Mexico and stopped at the eastern border of Spanish territory in present-day Texas. The team then crossed the Rockies and navigated river routes to the Pacific coast of present-day Oregon. Upon their return, the duo's reports of the exotic and awe-inspiring new lands they had encountered sparked a new wave of westward expansion," as reported by History.com.

For more information, the Grateful American Book Prize recommends "Corps of Discovery: A Novel Based on the Lewis and Clark Expedition of 1803-1806" by

Jeffrey W. Tenney.

A time of discovery

On January 27, 1888, a party of 33 geographers, explorers, teachers, lawyers, cartographers, military officers, and financiers convened in Washington D.C., and inaugurated the National Geographic Society.

History.com says they all "shared an interest in scientific and geographical knowledge, as well as an opinion that in a time of discovery, invention, change and mass communication, Americans were becoming more curious about the world around them. With this in mind, the men drafted a constitution and elected as the Society's president a lawyer and philanthropist named Gardiner Greene Hubbard. Neither a scientist nor a geographer, Hubbard represented the Society's desire to reach out to the lavman."

The Grateful American Book Prize recommends "The National Geographic Society: 100 Years of Adventure and Discovery" by C. D. B. Bryan.

The 13th Amendment

During the Civil War, Union forces frequently freed slaves wherever they were found; then, after Abraham Lincoln's

Emancipation Proclamation took effect January 1, 1863, bondage was declared illegal, and the President's Executive order dusted up discord over the issues of states' rights-and "what to do about slavery in border states that had not seceded or in areas that had been captured by the Union before the proclamation," reports History.com

A year later, the Senate passed the 13th amendment -- a tryout to officially trounce the "institution" -- but the House Democrats rejected the reform. Lincoln, however, was re-elected with significant majorities -- in each house -- enough to sweep up posthumous ratification -- and recognition -- in 1864. The amendment was finally passed in the two houses of Congress on January 31, 1865.

The Grateful American Book Prize recommends "Final Freedom: The Civil War, the Abolition of Slavery, and the Thirteenth Amendment" by Michael

This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at gratefulamericanbookprize.com.



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Local event honors MLK Day

By Esha Bansiya

Dr. Martin Luther King, Jr. inspired many to use their voices to fight for equality. He once said, "I came to the conclusion that there is an existential moment in your life when you must decide to speak for yourself; nobody else can speak for you." Almost 60 years later, Dr. King's words continue to inspire youth to fight for peace in their communities. On the morning of January 16, students and locals of San Leandro attended the annual MLK Day Open Mic at the Marina Community Center to commemorate the late Dr. King and appreciate the diversity of their community.

As they filed in, residents were welcomed by volunteers and given the chance to grab snacks and coffee. The vibrancy of the community was visible as residents from all over the city joined to honor Dr. King. San Leandro Mayor Juan Gonzalez opened the event with an appreciation for the diversity and community in San Leandro: "We are here today to celebrate tremendous progress. It's one thing to have a vision, and it's one thing to have a dream, but it's another thing to make it happen. In San Leandro, we embrace diversity. Today, we honor Dr. King's dream of equality through the celebration of dance, sound, and speech, and

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so we are thrilled to have you here today."

Bernade Ashcraft, emcee for the event and founder of African Americans for a Better San Leandro, introduced Tacuma King, a traditional West African music teacher. King and two other musicians filled the hall with the harmonious sounds of Kaiso, traditional music from West Africa. Once he finished his piece, he invited children to the stage to play drums and percussion.

After the traditional music, the main event began. The third through fifth-grade speakers were called on stage first: Mariana Angel, Prince Anku, Kaiden Patterson, Sarah Hernandez, Emily Lin, and Iseoluwa Aladesanmi. Notably, Kaiden Patterson confidently recited his poem "My Entirety" by Ayesha Patterson, his mother. She said she wrote this poem because, "Everyone is always complimenting his athletics, but he is smart too. I wanted him to know he is more than just his talents, and I wanted his entire person to be acknowledged." Patterson wrote the poem to give confidence to

her son as well as express her own voice through poetry.

Next, the middle school speakers were called up: Nyla Parker, Gianardo Fiero, and Rachel Hernandez. Gianardo Fiero gave an original speech about violence in his school and community. He wanted to inspire students and residents to advocate for peace and speak up to violence. "I have been trained to fight, but I've also been trained to fight for peace. Nonviolence does not mean non-action. Say no to violence in your school and community. Peace matters."

Finally, the high school speakers were called on stage: Ireoluwa Aladesnmi, Alvin Wong, and Iteoluwa Aladesanmi. Iteoluwa Aladesanmi's poem "A Letter to Martin Luther King" started with a commemoration of Dr. King: "Dear MLK, You saw a better future, a brighter one, you pushed for harmony, a peaceful one, you fought for equal rights, a free one." Dr. King motivates Aladesnmi to use her voice, and she ended her poem with, "You inspired a nation, a people, a community, a family. You inspire me. We can do that too; we can inspire our family and our

community. Your admirer, Iteoluwa." Aladesanmi wrote her poem to show the impact anyone can make on their community.

While scores were being tallied, members of the audience shared their personal experiences and appreciation for Dr. Martin Luther King Jr. Finally, the winners were announced: Kaidan Patterson, Rachel Hernandez, and Alvin Wong placed first in their age divisions, while Emily Lin, Gianardo Fiero, and Iteoluwa Aladesanmi placed second. Despite not all participants winning, each speaker stood proudly on stage.

San Leandro has held this event for decades and has honored Dr. Martin Luther King Jr. while inspiring the youth to use their voices. The speeches and poems highlighted the diversity of the San Leandro community, and allowed everyone to feel a sense of belonging. This historic day and event has allowed residents to bond and appreciate each other's differences as a community.



Kaiser Permanente Medi-Cal plans recognized for quality

SUBMITTED BY ANTONIA EHLERS, KAISER PERMANENTE

A December 2022 report from the California Department of Health Care Services (DHCS) gives a top rating for quality to Kaiser Permanente Northern California's Medi-Cal health plan.

Medi-Cal is California's Medicaid health care program, which covers a variety of medical services for children and adults with limited income and resources. To promote better health outcomes and preventive services, the DHCS requires Medi-Cal plans to

report annually on a set of quality measures associated with children's preventive services, women's health preventive services, chronic medical conditions, and behavioral health conditions.

Kaiser Permanente's Northern and Southern California Medi-Cal health plans were the only plans among more than two dozen in the state that achieved established quality levels for more than 90% of the measures. It is also the only Medicare health plan in California to receive a 5-star rating, according to the Centers for Medicare & Medicaid Services' 2023 Medicare Star Ratings.

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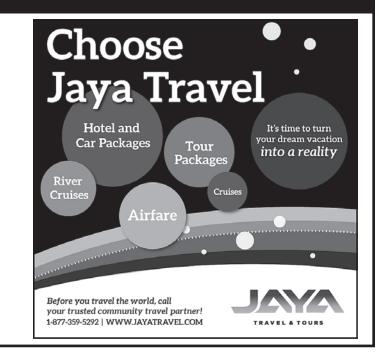
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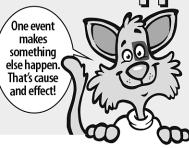
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News articles tell about the cause and the effect of things that happen. News articles report on something that happened and explain why. The headline tells what happened—or the effect. The article gives more details

and tells why it happened — or the cause. A good headline sparks your curiosity and makes you want to read the article to learn more.

Caution! This article is not real news! It is just for fun!

Discovering Cause and **Effect**

Read this silly article to answer these questions.

WHAT happened? This is the EFFECT.

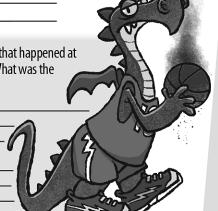
How many differences can you find between these two



WHY did it happen? This is the CAUSE.

Think about something that happened at your school this week. What was the **CAUSE and EFFECT?** CAUSE:

EFFECT: _



Dragon Burp Burns Ball

BLAZETON – Karly Kindling sparked surprise in the people watching last night's basketball game between the Southside Scorchers and the Eastside Embers at Flaming Torch High School.

"I ate a burrito just before the game," said Karly. "I overdid it with the hot sauce I added. The burrito caused my stomach to be a bit upset when I started the game."

The burrito caused stomach gas to form in the belly of the star forward for the Eastside Embers. Just as she caught the ball from a teammate, she burped.

The burp caused a burst of flame to shoot out of her mouth, burning the basketball

"Karly took it well. She took a big breath and got right back in the game, shooting a three-pointer with a new ball moments later," said coach Coalsworth.

"But from now on," said Coalsworth, "our players will be sticking with orange slices and ice water before a game!"

Kid Scoop Together

Cause and

Work with a family members to draw lines to connect each CAUSE with its EFFECT.

> My cousin told me a funny joke.

I was late for school.

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Heft my popsicle in the sun.

I had a

bad dream.

I got an A!

Birds splashed and chirped happily.

I missed the bus.

I read a story last

> l laughed and told it to my friends.

I filled the bird bath with fresh water.

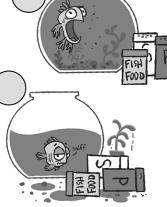
> Istudied each night before the big test.

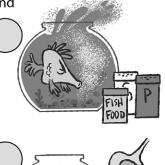
melted.

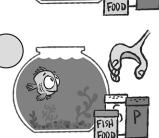
Scrambled Story

Look at the pictures below. They tell a silly story of cause and effect. But they are out of order. Number the pictures to show the correct order.









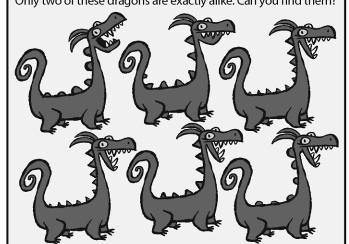
Before and After

happens before the effect. Look at a photograph in the newspaper. Try to imagine what happened before the picture was taken. Why do you think that?

Standards Link: Identify cause and effect using visual cues.

Kid Scoop Puzzler

Dragon DoublesOnly two of these dragons are exactly alike. Can you find them?



Double Nord Search

BASKETBALL **BURP**

CAUSE DETAILS DRAGON **EFFECT EMBERS FLAMES HAPPEN NEWS ORDER**

READ

THINK

WATER

WHY

Find the words in the puzzle. How many of them can you find on this page?

J C A U S E J G K O XLDETAILSR I W A T E R E K S D SREBMEFNEE HAPPENFIMR K Y S Q J F E H A S J H D A E R C T L W S W B U R P T X F E ZLHNOGARDN BASKETBALL

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns

This week's word:

SCOOP

The noun scoop means being the first to publish information that is of high interest and importance.

Carol got the scoop about the new stadium before all the other sports reporters.

Try to use the word **scoop** in a sentence today when talking with your friends and family members.

FROM THE COOP LESSON LIBRARY

News Cause and Effect

Select an article in the newspaper. After reading the article carefully, write a summary of the effect or what happened. Then write the cause or why it happened.

Standards Link: Language Arts: Summarize main ideas in writing.



Write On! 🗷 What's your scoop?

Write a sentence or short paragraph that tells the who, what, when and where of some news happening in your school.











The Fremont CONNECTION



Fremont Activated its Emergency Operations Center (EOC) during Recent Storms

The City of Fremont's Emergency Operations Center (EOC) activated in response to the recent storms, providing organized coordination and information sharing among various responding agencies. "We came together to maintain situational awareness and create a common operating picture," said the City's Emergency Services Manager, Alec Tune, who oversees the Office of Emergency Services (OES). "It became more complex than any incident in Fremont in the last two years," said Tune, referring specifically to the number of agencies involved, geographic scope, and overall impact of the storms. Unlike COVID-19, a public health incident, the City has primary responsibility for most emergency situations that may occur in Fremont such as storm response or an earthquake.

OES, a division of the Fremont Fire Department, plans for major emergencies and disasters. In addition, the office maintains an on-call Duty Officer to monitor serious incidents as well as the weather forecast. When severe weather conditions are forecasted, OES monitors changes in the situation and reports periodic updates to City departments and partner agencies. When the situation involves a higher level of risk or is potentially more complex and difficult to manage, key City departments and agencies to come together by providing a representative to the EOC, which is managed by OES. The EOC sets priorities and coordinates resources. Emergency response personnel and equipment can quickly become scarce when a major incident occurs. OES regularly interfaces with Alameda County, the conduit through which outside assistance such as mutual aid, and even State and Federal assistance, are requested.

While the Fremont Fire and Police Departments command various incidents occurring

across the city at any given time, the EOC doesn't "command." Instead, it's more about maintaining a big picture and acting as a 'hub' or 'network' for overall response. The EOC may direct certain aspects of emergency response such as sheltering of evacuees, damage assessment, and prioritization of debris clearance. Ultimately, however, the City Manager, who is designated as Director of Emergency Services in the Fremont Municipal Code, oversees the City's emergency organization, including the EOC.

On Monday, January 9, 2023, City Manager Karena Shackelford signed a local emergency proclamation, in response to the recent weather

events, including torrential rains, flooding, and high winds that have impacted the City of Fremont. The Fremont City Council ratified the proclamation at its January 10, 2023, regularly scheduled Council meeting.

The emergency proclamation gives the City legal authority and flexibility to mobilize resources in response to the ongoing weather events that have impacted Fremont. The action will also help ensure critical services and operations continue.

"City departments have been working diligently and proactively in response to the storms and we're hopeful that State and Federal disaster assistance funding will be made available, to help offset the cost of the City's response," said City Manager Karena Shackelford. While no disaster assistance funding has yet been authorized to cities in Alameda County, according to the City's Office of Emergency Services, the Sheriff, Governor, and President have also declared emergencies in response to the recent storms.

For more information, including local road and bridge closures, where to pick up sandbags, and who to call during the storm for services in Fremont, visit the City's Storm Updates webpage at www.fremont.gov/storm.

Also, stay informed about local winter storms by following Fremont Police and Fremont Fire on Nixle (www.nixle.com), and sign up to receive emergency notifications via the countywide AC Alert (www.acalert.org).







Apply to be a City of Fremont Commissioner or Advisory Board Member

Looking for a way to make a difference in the Fremont community? Consider serving the City of Fremont as a commissioner or an advisory board member! Current board and commission vacancies include the following:

Economic Development Advisory Commission Vacancy: One Commercial/Industrial Representative

Environmental Sustainability Commission

Vacancy: One Development/Construction Representative

George W. Patterson House Advisory Board Vacancy: One At Large Representative

Vacancy: One Mission Peak Heritage Foundation Represen-

Vacancy: One Washington Township Historical Society Representative

Human Relations Commission Vacancies: Three

Library Advisory Commission

Vacancies: Two

Vacancy: One Friends of the Library Representative

Mobility Commission Vacancy: One Driving Representative 1

Recreation Commission Vacancy: One

Rent Review Board

Vacancy: One Landlord Representative

Vacancy: One Third Party-Alternate Representative

Senior Citizens Commission

Vacancies: Seven

(The Senior Citizens Commission no longer has enough members to hold a meeting due to lack of a quorum.)

The City Clerk's Office welcomes applications for all Boards, Commission, and Committees throughout the year. For more information about each board and commission, or to download an Advisory Body application, visit city.fremont.gov/boardcommission. You may also obtain an application from the City Clerk's Office at 3300 Capitol Ave., Building A in Fremont.

For questions or additional information, please contact the City Clerk's Office at 510-284-4060 or cclerk@fremont.gov.



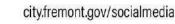






























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Glass-the Alluring Artistic Medium

SUBMITTED BY LINA MELKONIAN

Fremont Art Association (FAA) is delighted to have Susan Longini as the guest artist at its virtual "General Meeting and Art Demo" on Wednesday, February 1.

In her presentation/demo, "Glass—the Alluring Artistic Medium," Longini will share her

fascinating journey as a prolific kiln-formed glass artist. She will showcase her pâte de verre-French for glass paste—process, formed by hand and placed in a mold, then fired in a kiln to

Longini has been immersed in the world of glass art. Her work has been exhibited throughout the United States and is in public and private collections in the U.S., Europe, and Asia. Her work has been displayed locally at Triton Museum of Art, Los Gatos Museum of Art, and Oakland Museum. She is a frequent lecturer, guest curator and juror. Longini received her B.A. in Fine Arts from the University of Michigan and did postgraduate studies at San Jose State University and California College of the Arts. From 1986 to 2003 she was head of the Glass Program and Adjunct Professor at Ohlone College in Fremont. Since 2014 Longini has been Program Manager for boxART!

which uses glass frits and powders produce unique sculptures. For over three decades,

> control box mural program. of art in telling stories and depicting universal truths is glass quilt wall panels are patchwork quilts created by women. Several of her installations have been Hospital Health Services in keen understanding of the

City of Fremont's traffic signal

Longini's belief in the power evident throughout her expansive and distinctive body of work. Among her works are her vases which offer a reinterpretation of historic glass vessels. Her original reminiscent of the traditional commissioned by Washington Fremont, a testament of Longini's

relationship between art and life. You may view Longini's works at www.susanlongini.com.

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(\$0 w/ any insurance



The demo is free to attend and will be held via Zoom. Participants must register in advance and will receive the Zoom link via email. All details may be found on the Fremont Art Association webpage: www.fremontartassociation.org/ monthlymeetinganddemo.

Fremont Art Association General Meeting & Art Demo Wednesday, February 1 1 p.m. - 3 p.m. Online via Zoom Register at: www.fremontartassociation.org /monthlymeetinganddemo

Home & Garden

2023 Winning Flower and Vegetable Varieties

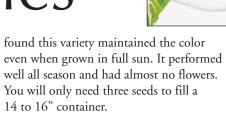
By Melinda Myers
Photos courtesy of
All-America Selections

It's never too early to start planning new additions to this year's gardens and containers. Start compiling your list now so you are ready to place your seed order or buy plants early when the selection is the greatest.

Consider including a few All-America Selections (AAS) winners. These plants have been "Tested Nationally & Proven LocallyTM" for their superior performance in home gardens and containers. (https://all-americaselections.org/product-category/year/2023/) Grow a few of these 2023 flower winners for a new look to some long-time favorites.

Coral Candy Coleus is part of the Premium Sun series of coleus. It is the first coleus grown from seed to be selected as an AAS Winner. This uniformly compact coleus has unique narrow, serrated, multicolored leaves. The AAS judges





Bring a bit of the tropics to your garden, patio, or balcony with Royal Hawaiian® Waikiki colocasia. This beautiful elephant ear wowed the judges with its sturdy burgundy stems and large glossy leaves featuring pink veins and creamy white centers. Waikiki reveals these striking colors earlier than other variegated colocasia. This compact variety holds up well in wind and rain.

The stunning orange flowers of Doubleshot snapdragons will have you looking for spaces in the garden and containers to include this winner. This 18 to 20" tall snapdragon features open faced double flowers that start out in shades of orange and orange-red, transitioning to a dusty shade as they age. Its strong stems produce lots of flower-filled branches all season long that don't break off in high winds.





Blue By You salvia is bursting with bright blue flowers from late spring into fall when spent flowers are removed. This perennial blooms up to two weeks earlier than similar varieties already on the market. It was tested over three seasons, including winters and proven to be hardy in zones 4b to 9a. It is a favorite of hummingbirds and butterflies, makes a great cut flower, is suitable for containers, and is heat tolerant. All this and it's less favored by deer and rabbits.

Make space in the vegetable garden for the high-yielding Kabocha Sweet Jade winter squash. The fruit weighs between one and two pounds, making it perfect for single servings of squash, as an edible soup bowl, or added to a variety of Asian-style dishes where a sweet, earthy nutritious squash is typically recommended. Roast, bake, or puree Sweet Jade's deep orange flesh that has a dry texture with a sweet flavor.

Grow San Joaquin jalapeño pepper when looking for big harvests in a short timeframe. This means you'll have lots of peppers available for canning, pickling,



and serving roasted and stuffed to large groups of guests. Leave them on the plant longer, allowing them to turn a beautiful red while maintaining their flavor. These thick-walled peppers have just a hint of heat at 2,500-6,000 Scoville units.

Make room in your gardens and containers for these and other winning varieties. Adding new introductions that have been trialed by horticulture professionals across North America helps increase your gardening success.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.



THE ACWD CONNECTION

Annual Main Cleaning Program Begins

The Alameda County Water District is scheduled to clean all dead-end mains in the Tri-Cities to improve water quality and remove sediment buildup in pipes that may cause discolored water. This process is part of the vital service provided by ACWD to ensure that all customers receive high quality water.

Cleaning will occur at various locations throughout the service area from January through April 2023; Monday through Friday, from 7 a.m. to 4 p.m. (excluding holidays).

To find out if and when the water main on your street will be cleaned, and for program updates and future notifications, please visit **acwd.org/maincleaning** or call (510) 668-6500.





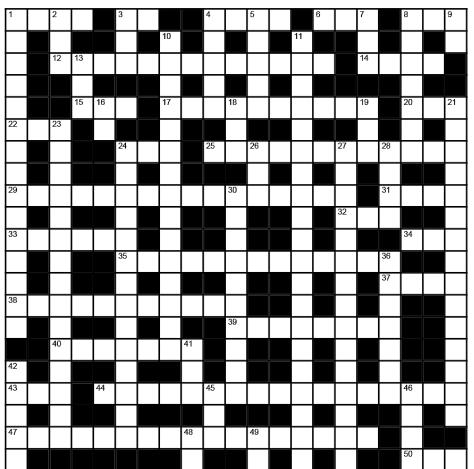






wind Twisters

Crossword Puzzle



Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.

			1			7		
		9						
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Across		38	Mimeographs, e.g. (11)		not," for example (11,9)
1	Mouth, in slang (4)	39	ATM output (8)	13	Tolkien's Dark Elf
3	love, possesive (2)	40	General who defeated Antony	16	I think,therefore I (2)
4	Gray wolf (4)		and Cleopatra (7)	18	Manhattan sch. (3)
6	grass (meadow barley) (3)	43	dye (3)	19	Beach, Hawaii (3)
8	Dash (3)	44	Hot lunch (8,3,6)	21	"My mistake" (1,5,9)
12	*All-in-one (4-9)	47	"Chip off the old block"	23	Eminently satisfied with onese
14	Georgetown athlete (4)		comparison (4,6,4,3)		(5,2,1,7)
15	Charlie of the 60's Orioles (3)	50	Invented, as a phrase (3)	24	*Tortilla roll filled with every
17	Longfellow opus (10)				ingredient you can possibly
20	Form 1040 calc. (3)	Down			imagine (5,9)
22	"Alley!" (3)	1	Pots and pans, e.g., to a cook	26	Former Eur. country (3)
24	Court (3)		(5,2,3,5)	27	Orchestra honcho (7,8)
25	Healthy real estate condition	2	longa, vita brevis (3)	28	Korean soldiers (4)
	(6,6)	3	Doctors Without Borders,	30	Ventilation aid (7,3)
29	Maryland legislative body		abroad: Abbr. (3)	36	Slippery (7)
	(5,2,9)	4	"Little" girl of old comics (5)	41	Condensed: Abbr. (3)
31	"OI' Man River" composer (4)	5	Fetch (5)	42	Beach buckets (5)
32	Driver's lic. and others (3)	7	Book after Galatians: Abbr. (3)	45	Bar-code reader: Abbr. (3)
33	Hypnotic state (6)	8	Revenge (3,4)	46	Adjective suffix (4)
34	Alouette's bill (3)	9	Math, but yummy (2)	48	Dorothy's aunt
35	What the "12 Hours of Sebring"	10	Effectively slam on the brakes	49	That thing (2)

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"I'm Chevy Chase" and "You're

Tri-City Stargazer for week: JANUARY 24, 2023

All Signs: A wonderful week ahead! Vibes will be gentle and cozy but also productive. It's a great week for team effort and negotiations. It's a good time to initiate new ideas and make new contacts. Because it will be easy to concentrate and get things done, this is the perfect week to catch up on old business. Tackle what needs to be done because you won't mind doing it. In fact, you'll love yourself later after it's done.

Aries the Ram (March 21-April 20):

is (9,4) (9,4)

Swerve (4)

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This is a friendly, upbeat week; however, it's possible that some of you will have to say goodbye to a friend. This person might be a personal friend or a member of a group. Meanwhile, the good news is that this week the Sun is dancing with lucky Jupiter in your sign, which makes you feel pumped and positive! It creates a strong desire in you to be included in something larger than yourself. This is why you will work harmoniously with others. If an older friend has advice, accept their assistance.

Taurus the Bull (April 21-May 20):

This week, you look successful and affluent in the eyes of others! Having said that, you might also look a bit conservative and more restrained than usual. Could this be a case of false modesty? Midweek, Venus will move into your House of Friendships boosting your enjoyment of group activities. All your relationships will become more loving. (For some, a friend will become a lover.) Meanwhile, someone in authority might have a bright idea that will boost your income. Listen to people in the know. They might encourage you to go after something.

Gemini the Twins (May 21-June 20):

This week brings exciting diversions! Many of you will travel or expand your horizons. You might explore opportunities in publishing, the media, legal or medical matters, or higher education. This might be because of an older family member. Perhaps

you will travel to see them, or they will give you the funds to travel? Possibly, you will say goodbye to someone from another country or different culture. Meanwhile, Venus is at the top of your chart now, making you look attractive in the eyes of others. Why not play this up?

Cancer the Crab (June 21-July 21):

For your sign, this can be a financially beneficial week. Some of you will inherit. Others will benefit indirectly through the increased wealth of a partner or spouse. You might get money back from the government. Issues might be going on behind the scenes that others are unaware of. In turn, these issues might bring you a boon or an increase in shared property. This is an excellent week to discuss how to share things because you'll come out smelling like a rose. Meanwhile, if you can, make plans to travel in the next few weeks.

Leo the Lion (July 22-August 22):

As mentioned last week, you will need more rest in the next few weeks. Please respect your need to protect your health and the happiness of those around you. You might say goodbye to a close friend or a partner this week. Meanwhile, someone older or more experienced will give you advice. One thing is certain, as the week wears on, gifts, goodies and favors from others will come your way. You might even receive cash. As the week wears on, relations with your main squeeze or someone special will be more

affectionate.

Virgo the Virgin (August 23-September 22):

This week the vibes are mellow; nevertheless, it will be a productive week. You will get a lot done with steady, easy effort because your concentration skills will be excellent. (Your ambition is aroused and has been for some time.) One reason you will accomplish a lot is you will get help from other sources. You might get an extended budget or the use of equipment. Someone might lend or give you something that helps you. Meanwhile, relations with others - friends, spouses and partners – are excellent. Your health will improve this week as well.

Libra the Scales (September 23-October 22):

This is a wonderful week to schmooze or entertain at home. Nevertheless, most Librans will prefer to go out: make dinner reservations, buy tickets to movies or the theatre, and see sports events. Romance will flourish. At the beginning of the week, you will feel reserved. But as the week wears on, you will step up your style and create an impression on others. Coworkers will be supportive. (A work-related romance will begin for some.) You will do something unusual because you have a strong desire now to expand your world.

Scorpio the Scorpion (October 23-November 21):

On Sunday, you felt more reserved about expressing your feelings. This reserved feeling will fade quickly, and for the rest of the week, you will express yourself creatively and enjoy entertaining at home. You will also enjoy redecorating. Those of you who

work from home will have a positive week because things will flow smoothly and others will help you. Work-related travel is likely for many. Meanwhile, disputes about shared property, taxes, inheritances and insurance issues

Sagittarius the Archer (November 22-December 21):

will be resolved.

This week continues to be a fast-paced, fun-loving time. You have a positive frame of mind, which is almost always a guarantee for happiness. Meanwhile, you might have to say goodbye to a sibling, relatives or neighbor. A relationship might end. By midweek, you will turn your attention to redecorating and making your digs look more attractive. Some of you will explore real-estate deals as well. The last two years have been a blur of residential moves and job changes. This year things will settle down.

Capricorn the Goat (December 22-January 19):

Money is handy when you want to buy things, and you will be happy to know that something will likely boost your income this week. Don't hesitate to explore ways to boost your income because they are possible. Increased wealth might also relate to your involvement with a group. Also, many of you will acquire this increased wealth through real estate or family members. This week, Venus enters your House of Communications, which means your words will be sweet, and you will be charming and diplomatic in the next few weeks.

Aquarius the Water Bearer (January 20-February 18):

This is a wonderful week for you because the Sun is in your sign dancing with lucky, moneybags Jupiter, which gives you a marvelous boost of confidence and optimism. Despite all these positive vibes, on Sunday you held your cards close to the chest. Later in the week, feel free to spend money on beautiful things for yourself and loved ones. You might also attract money to you. Social diversions will appeal, especially sports and flirtatious romance.

Pisces the Fish (February 19-March 20):

This continues to be a low-key month because the Sun is hiding in your chart waiting for your birthday to arrive. Naturally, you can enjoy yourself and have great fun, but you will do so more conservatively. You might stay at home more. You will also be more low-key. From Friday onwards, the next three weeks will be an excellent time for you to buy wardrobe items for yourself, including shoes and boots. Fortunately, you will get richer this year, so buy yourself something that you love.



By Georgia Nicols www.georgianicols.com.

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CASTRO VALLEY TOTAL SALES: 9	960 Folsom Avenue 94544 950,000 3 2010 194512/15/22	
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4333 Wildwood Place 94546 1,825,000 3 3574 198712/14/22	NEWARK TOTAL SALES: 3	\rightarrow
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FREMONT TOTAL SALES: 15	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED 37018 Magnolia Street 94560 875,000 3 1054 195212/13/22	
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39059 Guardino Dr #308 94538 480,000 1 693 198712/14/22	SAN LEANDRO TOTAL SALES: 12	10
47112 Warm Springs Blvd #111 94539 610,000 2 970 198212/16/22	Highest \$: 980,000 Median \$: 830,000 Lowest \$: 425,000 Average \$: 767,625	
39149 Guardino Dr #259 94538 625,000 2 1077 198712/14/22	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
4990 Everglades Park Dr 94538 1,020,000 4 1180 196212/15/22	1400 Carpentier Street 94577 425,000 1 804 198312/16/22	α
38940 Matson Place 94536 1,260,000 4 1409 197812/15/22	1400 Carpentier St #237 94577 522,000 2 1193 198312/12/22	
38630 Adcock Place 94536 1,295,000 - 1409 197712/13/22	14023 Seagate Dr #229 94577 560,000 2 990 198512/12/22	
34202 Donahue Terrace 94555 1,506,500 4 1857 199012/13/22	14832 Wake Avenue 94578 735,000 2 1354 194512/16/22	
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2005 Mento Drive 94539 1,700,000 3 1476 196112/16/22	1011 Castle Street 94578 825,000 3 1334 195212/15/22	()
3568 Bittern Place 94555 1,750,000 3 1898 198412/16/22	870 Estudillo Avenue 94577 835,000 3 1535 193812/15/22	10
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42601 Montevideo Ct 94539 1,890,000 3 1796 012/12/22	16526 Russell Court 94578 850,000 - 1842 197712/16/22	
243 Morrison Canyon Rd 94536 3,191,000 012/12/22	241 Begier Avenue 94577 895,000 5 2177 196612/14/22	
42000 Osgood Road 94539 7,200,000 - 2736 196812/16/22	1188 Cherrybrooke Cmns 94578 964,500 4 1957 200512/15/22	
HAYWARD TOTAL SALES: 14	605 Lee Avenue 94577 980,000 4 2545 194812/12/22	
Highest \$: 1,200,000 Median \$: 835,000	SAN LORENZO TOTAL SALES: 2	
Lowest \$: 614,000 Average \$: 821,143 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	Highest \$: 775,000 Median \$: 737,500	\Box
ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED 610 Plaza Place 94541 614,000 2 1700 200412/16/22	Lowest \$: 700,000 Average \$: 737,500	
1582 D Street 94541 650,000 2 1068 192812/16/22	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
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91 Hacienda Avenue 94541 717,000 3 1182 195112/13/22	UNION CITY TOTAL SALES: 5	
26307 Regal Avenue 94544 730,000 3 1059 195212/15/22	Highest \$: 2,280,000 Median \$: 550,000	
26337 Huntwood Ave 94544 820,000 3 1142 195412/12/22	Lowest \$: 400,000 Average \$: 1,014,000 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
27008 Underwood Ave 94544 850,000 3 1231 195512/12/22	2221 Mann Avenue #1 94587 400,000 2 810 197212/15/22	
1974 Lilac Avenue 94545 865,000 3 1224 196412/16/22	143 Aurora Plaza #33 94587 460,000 2 685 198412/12/22	
1792 Osage Court 94545 890,000 3 1224 196512/16/22	3011 Risdon Drive #8 94587 550,000 2 908 198712/12/22	
221 Span Court 94544 910,000 3 1760 201912/16/22	4717 Michelle Way 94587 1,380,000 4 1926 197412/13/22	·
25495 University Court 94542 950,000 - 1788 197812/14/22	32455 Capitola Court 94587 2,280,000 5 3028 199412/15/22	
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East Bay real estate professionals honored

SUBMITTED BY DAVID STARK

Officials from Bay East Association of REALTORS® recently announced the winners of the organization's highest honors awards for their achievements during 2022.

Winners, announced January 17, include:

REALTOR® of the Year
• Bill Espinola, Park View Realty, Hayward.

Rookie of the Year
• Glen Riggs, Elation Real Estate, Pleasanton.

Platinum Affiliate of the Year

• Christian Carr, Loan Depot, Walnut Creek.

Outstanding Leader
• Nancie Allen, Compass, Fremont.

John Deadrich Distinguished Service Award
• Sandi Gomes, Pride Properties, Livermore.

Good Neighbor of the Year

• Diane Johansen, Re/MAX Accord, Castro Valley.

Bay East Association of REALTORS® is a professional trade association serving more than 6,000 residential and commercial real estate professionals throughout the San Francisco Bay Area.

Juried Photo Exhibit

SUBMITTED BY ARATHI SATISH

April is Arts, Culture and Creativity month in California, a month-long statewide effort organized by California for the Arts. The 28th Annual "Juried Photography Exhibit" will be held in conjunction with the celebrations.

The event is a joint venture of Fremont Cultural Arts Council (FCAC), Fremont Photographic society and City of Fremont. Julie Gilson, President, FCAC said, "FCAC is extremely pleased to have the 2023 edition of the Annual Juried Photography Exhibit coincide with Fremont's first ever celebration of Arts, Culture and Creativity month, in conjunction with Fremont Creates. We hope that new participants are inspired to submit entries this year and look forward to images from prior participants. I want to emphasize this event is open to ALL levels of photographers — with the ability to take great images digitally with cell phones, anyone is able to submit show-worthy images."

Photographs selected by a panel of judges will be displayed at Fremont Main Library. An opening night reception will be held on Saturday, April 1, and the exhibit will be on display until May 6. This show is open to Fremont residents, students, employees of Fremont businesses and members of FCAC and Fremont Photographic Society. Images may be manipulated but all content must be the creation of the photographer and must be primarily photographic in nature. Entries must also be acceptable for general viewing.

Entries must be submitted by the original photographer who is the sole owner of the copyright of any image submitted. Entries by minors under the age of 18 must have the approval of a parent or guardian. By entering, photographers agree to have their submissions (winning or not) displayed on the FCAC website.

Photos will be judged on the basis of creativity, photographic quality, and effectiveness in conveying beauty or a concept.

An entry fee of \$6 per photograph is charged with a maximum of five prints per entrant. There are two submission categories: Open (non-students) and Student (full-time students under the age of 25).

Digital images must be submitted using the online form as high-resolution JPG files. Images smaller than 1600×1600 pixels may be rejected. Maximum size is 5 MB. No watermarks, signatures, or copyright notices may be added to images. More details on frame size and entry forms can be found at www.fremontculturalartscouncil.org.

A list of selected photographs will be posted on the FCAC website and emailed to entrants. In addition to awards selected by the judges, visitors at the opening

reception will vote on the "People's Choice Award."

The deadline for digital submissions is Midnight on February 26. Photographers will be emailed on March 4. Selected prints will be received in FCAC office on March 25 and 26. Prints can be picked up after the show ends at the Library on May 5 and 6 and at the FCAC office during normal business hours May 7 or later.

For more details, contact fcacphotoshow2023@gmail.com or Exhibit Chairperson Rajeev Shankar at (510) 399-3049.

Juried Photo Exhibit Submission Deadline: Midnight on Sunday, Feb 26

> Deliver to FCAC Saturday, Mar 25 – Sunday, Mar 26 FCAC office 3375 Country Drive Fremont, CA 945638

Opening Reception
Saturday, Apr 1
6 p.m. - 8 p.m.
Exhibit runs through May 6

(510) 399-3049 www.fremontculturalartscouncil.org Submission fee: \$6 per photograph

LETTER TO THE EDITOR

Equal access to parks

As an environmental organization dedicated to promoting access to nature for all, we are deeply troubled by the current policies regarding park access at Coyote Hills and Mission Peak. In particular, we are concerned about the city's ban on most on-street parking near Coyote Hills, which creates a barrier for many residents who may not have the means to afford the \$5 per day fee to visit the park.

We believe that it is the responsibility of city officials to provide equal access to nature for all residents, regardless of their financial means. Limiting access to Coyote Hills Regional Park around sunrise is a clear violation of this principle and denies many city residents the opportunity to enjoy the natural beauty of this area.

As a case in point, the fact that the Dumbarton campground doesn't open until 8:00 a.m. while the main park entrance on Patterson Road opens at 5:00 a.m. denies early-morning visitors the opportunity to enjoy activities such as bird-watching, sunrise viewing and meditation. We urge the City of Fremont to work in partnership with the park district to ensure that our natural and cultural resources are managed in a way that is inclusive and welcoming for all.

Free parks and wildlife viewing areas are essential amenities for the residents of Fremont, Union City, Menlo Park, and Palo Alto. The fact that parking at the Dumbarton Quarry campground costs \$5 per vehicle, while parking is free on Commerce Drive, creates a barrier for many visitors who may not have the resources to afford the fee.

In the face of the current flood emergency at Coyote Hills, it is more important than ever that the city and the district work together to protect park access. Together, we can strive to keep our parklands healthy, safe, and accessible for recreational activities and environmental education. The City of Fremont must take responsibility to ensure that all residents have equal access to nature, and we urge them to take immediate action to rectify this issue by lifting the no-stopping zones near Coyote Hills.

William Yragui Co-founder Mission Peak Conservancy Fremont continued from page 1

Edwardian Ball

SUBMITTED BY JUSTIN KATZ PHOTO BY JANE HU AND ROBIN FADKE

Cultural powerhouses PARADOX Media and Vau de Vire are announcing the return of the all-ages "Edwardian Ball" to The Regency Ballroom in San Francisco Vendor Bazaar, a curiosity-filled Museum of Wonders, and an exquisite Grand Ballroom, The Edwardian Ball invites thousands of costumed revelers to join together to co-create an imagined "Edwardian" wonderland.

This year there is a bittersweet note to the annual celebration, as Edwardian founders and Co-Hosts of The Ball Rosin



on February 3 and 4, 2023.

Now in its twenty-second year, The Edwardian Ball has blossomed from an underground club event into an internationally renowned, immersive and participatory festival of the arts. Complete with mesmerizing stage shows, interactive steam-powered art, immersive performances, an extensive, artisan Coven, prepare to hang up their top hats and sashay their bustles into the sunset. This year will be their final performances on the Edwardian stage, appearing both nights, Friday and Saturday, to bid their dear friends and fans a loving farewell.

Says Rosin Coven bassist and Edwardian Ball producer Justin Katz,



"We began this with a simple story, etched in pen and ink, projected on wall, with ramshackle props on a dilapidated stage. From the start, our unique flavor of gothic jazz and cabaret paired delightfully with Gorey's ambling wit and sardonic prose. We simply had no idea this would grow over two decades into the colossally elegant, participant-driven spectacle that now includes so many from far and wide. We will be sad to close this long and wonderful chapter, but it's been a beautiful ride and we are grateful to have been a small part of San Francisco's rich underground history."

Edwardian Ball co-hosts Vau de Vire Society will continue the vibrant tradition that they have built with Rosin Coven over the past 18 years, welcoming attendees into an immersive journey through art, fashion, circus, theater and dance, while offering guests a non-judgmental canvas to freely express their art.

"The Edwardian Ball challenges expectations around what is possible to experience in a single evening" explains Mike Gaines, Director of Vau de Vire Society. "Music, theatre, circus, art, fashion, oddities, performances, vending, and dance all collide to create another world. There's really nothing else like it in the Bay, or perhaps the world!"

The award-winning Edwardian Ball is presented over two nights, with both Friday and Saturday offering the full experience. Ticket options are available for one or both nights. Daytime programming on Saturday, February 4 features both free

daytime shopping at the Vendor Bazaar and sold-out return of "Afternoon Tea in the Museum of Wonders," an elegant and delectable afternoon of performance and oddities in a classical afternoon tea service format.

This year's art and performance highlights include art exhibits by renowned artist Michael Garlington and Burning Man cultural founder Crimson Rose, as featured in the Edwardian Museum of Wonders. Performances include Bay Area musical legends Lavay Smith & Her Red Hot Skillet Lickers, Eric McFadden, Robin Coomer, dance performances by Zoe Jakes, elegant fashion performance by Dark Garden Corsetry and, of course, an homage to Edward Gorey.

Tickets, information, and full lineup are available at www.edwardianball.com.

The Edwardian Ball Friday, Feb 3 - Saturday, Feb 4 Doors open: 8 p.m. (ends 2 a.m.)

> Vendor Bazaar Saturday, Feb 4 12 noon to 5 p.m. Free admission

The Regency Ballroom 1300 Van Ness Avenue, San Francisco General Admission: \$150; Young Edwardians (16 and under) \$45 (Friday only) www.edwardianball.com

Fremont Needs Artists

SUBMITTED BY CITY OF FREMONT

The City of Fremont is excited to announce a new phase of the boxART! program. This effort transforms Fremont's traffic signal control boxes into works of art for all to see. Fremont is issuing two different calls for artists for this next phase, which includes a total of 30 boxes. Artists are invited to apply for these opportunities to showcase their work and help beautify Fremont.

The City's boxART! program helps bring art to Fremont, beautify the community, and abate graffiti. Through the program, launched in 2014, Fremont's many traffic signal control boxes were transformed into compelling and creative murals. The program employs local artists from all facets of the community—professional artists, artists with special needs, students, etc.—to help be a part of the solution and bring art to their community.

The goal is to engage residents from the entire 90 square miles that is Fremont as they drive, walk, or bike throughout the city. Seeing art throughout Fremont creates positivity, pride, and a sense of community. To date, the city has transformed close to 90 boxes.

Students may submit artwork proposals to paint 10 traffic signal control boxes. Artists who work in photography or digital graphics may submit artwork proposals for vinyl to wrap 20 traffic signal control boxes.

Eligibility: All Fremont students in grades 7-12 and artists ages 18+ who have experience in photography or digital graphics and who are familiar with the area.

Theme: Climate action; sustainability; environmental awareness, and green building. Submissions: Artists can apply independently or in teams. Stipend: \$300 (student); \$500 (adult)

Submission deadline: Monday, January 30, 2023 by noon 12 p.m.

For more information regarding this opportunity visit city.fremont.gov/boxartcall.

boxART! call for artists Submission deadline: Monday, Jan 30 12 noon city.fremont.gov/boxartcall









Fremont Area Writers Starts 2023 Speaker Series

SUBMITTED BY KNUTI VANHOVEN

Fremont Area Writers will lead off its 2023 Speaker Series at 2 p.m. on Saturday, January 28 with a presentation by Tanya Egan Gibson. Gibson is a freelance editor, writing coach, and the author of the young adult novel How to Buy a Love of Reading. Her FAW presentation is titled "How to Keep Your Readers Invested"

What does that mean? "As writers, we all care deeply about our storylines, characters and the plot twists that we've labored over for years" Gibson explained. "But we can't assume that our readers will love our creations just because we do. We have to gain their interest and then work to keep it, all the way to our last page."

Gibson will teach her FAW Zoom Audience the vital tricks of the trade: how to re-read your own manuscript and weed out "the boring parts" (everyone has them); how to use beta readers to your best advantage, and why an inability to sell your novel might be more than a "pitch problem"—all with the goal of creating and keeping your readers invested in a truly engaging manuscript.

To get your link to this event, send an email request to scottfrombayside@yahoo.com with 'FAW Zoom" as your subject line. You should receive the link the day before or the day of the meeting. Zoom participation is FREE to everyone who loves good writing.

For more information, go to the Fremont Area Writers website at https://cwc-fremontareawriters.org, visit www.tanyaegangibson.com, or read the synopsis of Gibson's book on Goodreads.

How to Keep Your Readers Invested
Saturday, Jan 28
2 p.m.
Via Zoom
Request link from scottfrombayside@yahoo.com

Reporter/Writer-Wanted

Must be:

- Proficient in English language and grammar
 - Proven writing and editing skills
 - Excellent driving record

Time Commitment:

- 10-20 hours per week
- Some weekend and evening hours

Duties:

- Report on council and board meetings
- Write/Edit articles as assigned by Editorial Staff

Assist Editor-in-Chief

Send resume and one 300-500 word writing sample to:

tricityvoice@aol.com **Subject: Reporter/Editor Application**

Hayward **Animal Shelter**



510-293-7200

www.HaywardAnimals.com 16 Barnes Court, Hayward (Near Soto & Jackson)

Connecting rescued animals with loving homes!



Scarlett is a 1 year old female Husky who is a little unsure of the world and looks for reassurance from the people who care for her. She would like a home with adults who are willing to go slow with her and help her see the world is not so scary. To adopt call **Hayward Animal Shelter (510) 293 – 7200.**



Tinsel is a sweet 5 month old male Doberman puppy. Tinsel is a little shy but he loves playing with toys and people. He would do well in a home with older children. To adopt call Hayward Animal Shelter (510) 293 - 7200.

R= Reservations Required Schedules are subject to change.

\$ = Entrance or Activity Fee

Call to confirm activities shown in these listings

Arts & Entertainment

CONTINUING **EVENTS**

Tuesdays

Bilingual (English/Spanish) Tiny **Tot Story Time**

9:30 am -11:00 am Kinder readiness class for 0-5 years

Union City Family Center 725 Whipple Rd, Union City (510) 476-2770 bit.ly/3GaTamI

Tuesdays

Practice Your English--Tuesday Chat! R

4:00 pm -5:00 pm Improve your English by talking with native speakers! bit.ly/3TH2keU jliu@aclibrary.org

Wednesdays

Zumba Gold \$

11:30 am -12:30 pm Workout while dancing Age Well Center at South Fremont 47111 Mission Falls Ct, Fremont (510) 742-7529 bit.ly/3rAEdSC

Wednesdays

Tropics Bingo

7:00 pm Flash games Tropics Mobile Home Park 33000 Almaden Blvd, Union City (510) 471-8550 the-tropics.net

Thursdays

Chair Yoga R

10:00 am -11:00 am Consists of breathing and stretching Age Well Center at South Fremont 47111 Mission Falls Ct, Fremont (510) 742-7529 bit.ly/3rAEdSC

Thursdays

International Folk Dancing in Mandarin R\$

11:30 am -12:50 pm Age Well Center at South Fremont 47111 Mission Falls Ct, Fremont (510) 742-7529 bit.ly/3rAEdSC

Thursdays -Sundays

Animal Feeding

3:00 pm -3:30 pm Feed livestock and learn about their favorite food Ardenwood Historic Farm 34600 Ardenwood Blvd, Fremont (888) 327-2757 ebparks.org/parks/ardenwood

Last Thursdays

The Peaceful Poets

5:30 pm -8:00 pm Writers & appreciators' meet Milpitas Public Library 160 N Main St, Milpitas (408) 262-1171 sccld.org

Fridays and Saturdays

Telescope Viewings

7:30 pm -10:30 pm Experience the awe & wonder of the Chabot Space & Science Center 10000 Skyline Blvd, Oakland (510) 336-7300

chabotspace.org

Laugh Track City\$

8:00 pm Improvised games and scenes Made Up Theatre 4000 Bay St. suite B, Fremont (510) 573-3633 madeuptheatre.com Please show proof of vaccination

Second Saturdays

Alviso Adobe Tours\$

1:00 pm Docent-led tours and video presenta-Alviso Adobe Park 2087 Alviso Adobe Ct, Milpitas (408) 586-3210 bit.ly/3Wcmgau

Saturdays and Sundays

Discovery On Demand

10:30 am -3:30 pm Explore, investigate, & craft to satisfy your natural curiosities Coyote Hills Visitors Center 8000 Patterson Ranch Rd, Fremont (510) 544-3220 bit.ly/3UGfdGr

Mondays

5:30 pm -7:00 pm

Advanced Math + Science Tutoring

Free high school & college-level tutoring Castro Valley Library 3600 Norbridge Ave, Castro Valley (510) 667-7900 aclibrary.org castrovalley@aclibrary.org

Mondays, Tuesdays, Thursdays, & Fridays

Showers for Adults 55+R

1:00 pm -2:30 pm One shower per day Age Well Center at South Fremont 47111 Mission Falls Ct, Fremont (510) 742-7529 bit.ly/3rAEdSC

Saturdays, November 12 -February 5

13 Weekly (Grief Share) sessions R

9:00 am -10:30 am Prince of peace church 38451 Fremont Blvd, Fremont (510) 793-3366

popfremont.org

First Thursdays, December 1

- April 6 **Bill Savings Assistance with** Spectrum

3:00 pm -5:00 pm In-person assistance on completing the 2022 LIHEAP &/or LIHWAP application forms Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 bit.ly/3gWSjfq

Wednesdays, December 7 -**November 22**

Qi Gong Meditation & Exercise Classes

2:00 pm -4:00 pm Relieve stress & anxiety by joining Falun Dafa classes Milpitas Public Library 160 N Main St, Milpitas (408) 262-1171 sccld.org

Thursdays, December 8 -

June 8 **Cover to Cover Book**

Discussion 1:00 pm -2:30 pm

Newark Public Library 37055 Newark Blvd., Newark (510) 284-0675 bit.ly/3DyAJaM

First and third Fridays, De**cember 16 - Jun 16**

Mobile Food Distribution

10:30 am -11:30 am

Available for first 80 families Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 aclibrary.org/locations/FRM Please bring your own reusable bag, line up starts at 9:30

Wednesdays, December 28 - January 25

Folding Books R

12:00 pm -1:00 pm Used books makeover project Newark Public Library 37055 Newark Blvd, Newark (510) 284-0675 bit.ly/3DyAJaM

Sundays, January 1 - February 26

Snake Talk

2:30 pm -3:00 pm Discover the importance of snakes to the ecosystem Sunol Regional Wilderness Visitor 1895 Geary Rd, Sunol (510) 544-3245 ebparks.org/parks/sunol

Tuesdays, January 3 - May 30

Baby Bouncers Lapsit

11:30 am -11:45 am Nursery rhymes, lap bounce, songs, & picture books for 12 months & vounger Milpitas Public Library 160 N Main St, Milpitas (408) 262-1171 sccld.org

Wednesdays, January 4 - January 25

Little Listeners Storytime

11:00 am -11:45 am In-person story time with, songs, & other fun for preschooler San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 284-0640 aclibrary.org/locations/SLZ

Saturdays, January 7 - January 28

Story walk along the Marsh

3:00 pm -3:30 pm Enjoy the stroll with stories, songs, and movement Coyote Hills Visitors Center 8000 Patterson Ranch Rd, Fremont (510) 544-3220 bit.ly/3UGfdGr

Fridays, Saturdays & Sundays, January 13 - January 29 Matilda The Musical R\$

Fri, Sat: 7 pm Sun: 2 pm Smith Center Ohlone College 43600 Mission Blvd, Fremont bit.ly/3Zeges0 ASL interpreted performance on January 27

Tuesdays, January 17 - May

Read to a Dog

4:00 pm -5:00 pm Come & read to the trained therapy dogs Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 aclibrary.org/locations/FRM Mask required for 2+

Thursday, January 19 Thursday, April 20

Health Services for People Experiencing Homelessness

1:30 pm -3:00 pm Get help with checkup, medications, appointments, referral, food assistance, & more Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 aclibrary.org/locations/FRM

Thursday - Saturday, January 19 - March 18

Tree Talk

During gallery hours Art works & poems by Dotti Cichon & Nelly Capra Art reception: January 27 at 7:00 pm - 9:00 pm Olive Hyde Art Gallery 123 Washington Blvd, Fremont (510) 791-4357 olivehydeartguild.org

Fridays, January 20 - January 6, 2024

Knit & Crochet Circle

2:00 pm -4:00 pm Come and learn knitting and crocheting Milpitas Public Library 160 N Main St, Milpitas (408) 262-1171 sccld.org

Last Wednesdays, January 25 - April 26

Learn through play (special need friendly)

4:00 pm -5:00 pm Practice fine & gross motor skills, hand-eye coordination, & social skills. Open to children of all abilities Newark Public Library 37055 Newark Blvd, Newark (510) 284-0675 bit.ly/3DyAJaM

Saturdays, January 28 March 25

Saturday English Conversation 10:00 am -12:00 pm Open English conversation for all

skill level Newark Public Library 37055 Newark Blvd, Newark (510) 284-0675 bit.ly/3DyAJaM Materials will be provided

Mondays, January 30 - February 27

English conversations

12:00 pm - 1:30 pm Open for English conversation to any level of English learners Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 aclibrary.org/locations/FRM Material will be provided

<u>UPCOMING</u> **EVENTS**

Wednesday, January 25 Lunar New Year - Little Bookworms Storytime

11:30 am - 12:00 pm Read, sing, and honor the year of the rabbit together Cherryland Library 278 Hampton Road, Hayward (510) 626-8522 aclibrary.com Mask required

Wednesday, January 25

Hip Replacement - The Anterior Approach

4:30 pm Get to know about muscle-sparing benefits of the technique youtube.com/whhsInHealth

Wednesday, January 25 The Journaling hour (14+)

6:30 pm - 7:30 pm Create calendars, trackers, & other journaling basics Centerville library 3801 Nicolet Ave, Fremont (510) 795-2629 aclibrary.org/locations/CTV

Thursday - Sunday, January 26 - January 29

Friends of the Milpitas Library **Big Winter Book Sale \$**

Jan 26: 5:00 pm - 8:30 pm (Member Jan 27 – Jan 29: 10:00 am -5:00 pm Milpitas Public Library 160 N Main St, Milpitas (408) 262-1171 sccld.org

Friday, January 27

Comedy Night R

8:00 am Standup comedy from established, local rising stars Swiss Park 5911 Mowry Ave, Newark (510) 936-2523 bit.ly/3D01cNc

Friday, January 27 Roblox Game Night (7 - 14

years old) \$R

5:00 pm - 8:00 pm Play Roblox games on a private server with other Code Ninjas center's ninjas Code Ninjas 1772 Decoto Rd, Union City (510) 585-9945 bit.ly/3JiqAlt

Friday, January 27

11:00 am

Family Caregiver Education Series R

Free viewing of movie "Welcome to Happiness" Fremont City Hall 3300 Capitol Ave, Fremont 510.574.2035 bit.ly/3ZKvehK fsharifi@fremont.gov

Friday, January 27

Sax Sessions at Sakis¹ R

7:00 pm - 10:00 pm Come out for a relaxing night out & unwind with the smooth sax music Spin A Yarn Steakhouse 45915 Warm Spring Blvd, Fremont (510) 656-9141 bit.ly/3D26Q1j

Friday, January 27 - Saturday, January 28

Open Enrollment Footwork University \$R

2:00 pm - 4:00 pm Roller-skate workshop by Dr. David Stewart aka NIZM United Capoeira Association 22491 Foothill Blvd, Hayward (650) 218-7601 bit.ly/3D1yUlz

Friday, January 27

2nd-8th Grade Make Your Own **Puzzle**

3:30 pm - 4:30 pm Join in, let your imagination run wild, & create your very own puzzle Milpitas Public Library 160 N Main St, Milpitas (408) 262-1171 sccld.org

Saturday, January 28

Funky Fungi

11:30 am - 12:30 pm Learn about mushroom, search for its rings, & make your own craft Ardenwood Historic Farm 34600 Ardenwood Blvd, Fremont (888) 327-2757 ebparks.org/parks/ardenwood

Saturday, January 28

Lunar New Year Celebration

Mask required

Victorian games

of graces, Jacob's ladder & more Ardenwood Historic Farm 34600 Ardenwood Blvd, Fremont (888) 327-2757

ebparks.org/parks/ardenwood

11:00 am - 2:00 pm Fix flat tires, adjust brakes & gears, & even replace broken or worn-out parts Union City Library 34007 Alvarado-Niles Rd, Union City (510) 745-1464

Gardening Series R

2:00 pm - 4:00 pm Prepping your garden for spring with tips for new gardeners, learn about seeds, crop rotation, building healthy soil, & more Castro Valley Library 3600 Norbridge Ave, Castro Valley (510) 667-7900

castrovalley@aclibrary.org

5:30 pm - 7:00 pm Free to attend, food to purchase Chick-fil-A Mowry Avenue 5245 Mowry Ave, Fremont (510) 608-5771

Saturday, January 28

& Dance \$

Swiss Park 5911 Mowry Ave, Newark (510) 936-2523 bit.ly/3iW0VUL

Saturday, January 28

Jr. Paleontologist for 4+

11:00 am - 11:45 am Learn about the tools used to find fossils & check out fossils found in East Bay parks Sunol Regional Wilderness Visitor Center 1895 Geary Rd, Sunol (510) 544-3245

2:00 pm - 4:30 pm Enjoy lion & dragon dance, Chinese shadow puppets, calligraphy, arts & crafts, & a DIY photo booth Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 aclibrary.org/locations/FRM Zoom Link: tinyurl.com/FRM-ID: 884 6168 0727, Passcode: 780374

Saturday, January 28

1:00 pm - 2:30 pm Try popular games like skittles, game

Saturday, January 28

Bike Mobile repair program

bit.ly/3WujVaM

Saturday, January 28

Saturday, January 28

Bingo Night

aclibrary.org

bit.ly/3WpRmw2

Crab Feed with Jumbo Prawns

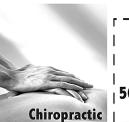
6:00 pm - 10:00 pm Already cleaned/no sell dungeness Purchase ticket at Swiss Park

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Janet Laney, D.C. 510-792-9000

6170 Thornton Ave., Ste H **Newark**

ebparks.org/parks/Sunol

Saturday, January 28

Sree Sree Saraswati Puja

11:00 am - 5:00 pm Saraswati puja, pushpanjali, abhyasam, children cultural program, preetibhoj, arati, & bisharjan Vedic Dharma Samaj Fremont Hindu Temple 3676 Delaware Dr., Fremont (510) 659-0655 fremonttemple.org

Saturday, January 28

Nomad at the Bistro 3:00 pm - 6:00 pm

Performing solo-acoustically The Bistro 1001 B Street, Hayward (510) 833-3470 the-bistro.com, nomadicbliss.com

Saturday, January 28

Prison Re-Entry: Healing & **Transformation \$R**

10:00 am - 2:00 pm Hear stories from former inmates about their life in prison, how they transformed & are making amends in the community Dominican Sisters of Mission

San Jose 43326 Mission Blvd, Fremont (510) 657-2468

msjdominicans.org, bit.ly/3XMiO7i

Saturday, January 28 2023 Crab Feed Fundraiser \$R

5:00 pm - 9:30 pm Featuring raffle basket, silent auction, live DJ, & a crab, pasta & salad

Holy Spirit Gymnasium 37588 Fremont Blvd, Fremont bit.ly/3Z9fOn3, bit.ly/3ZrRwVx

Saturday, January 28 "VARIETY" a Masterpiece of

German Expressionism \$R

7:30 pm

Famous film of a tragedy based on a circus aerialist triangle relationship Niles Essanay Silent Film Museum 37417 Niles Blvd, Fremont (510) 494-1411 bit.ly/3kwNGtV

Saturday, January 28

Stroke n' Toke \$R

6:00 pm - 8:30 pm A step-by-step directional painting of an island oasis Why Not Lounge 469 W A St, Hayward (510) 586-0680 bit.ly/3XD7bze

Sunday, January 29

Fun with Felting 11:00 am - 12:00 pm

Turn sheep's wool into felt Ardenwood Historic Farm 34600 Ardenwood Blvd, Fremont (888) 327-2757 ebparks.org/parks/ardenwood

Tuesday, January 31 **Preparing for College & Career** as Underclassmen R

6:30 pm - 7:30 pm College admission tips & tricks by certified college & career counselor Castro Valley Library 3600 Norbridge Ave, Castro Valley (510) 667-7900 bit.ly/3QRcwRj castrovalley@aclibrary.org Zoom link will be sent 30 minutes before the event

Harmony Day Bystander Intervention Training

SUBMITTED BY CANICE McLaughlin

Have you ever been in a situation where you saw a person being harassed and wanted to help? But you didn't know what to do or how to safely intervene? Come to Bystander

Intervention Training (BIT) on Sunday, February 5, at Fremont Main Library. The program teaches bystanders about the principles of nonviolence and de-escalation techniques. In a workshop setting, participants will learn how to de-escalate a hate incident

before it leads to violence, create a safe space, and support the person being targeted. Tri-City Interfaith Council (TCIC) presents this program as part of World Interfaith Harmony Week, established in 2010 by the United Nations. Realistic scenarios of harassment are discussed and then you will learn skills to support and protect the vulnerable person while keeping yourself safe. Bystander Intervention Training is offered by the Council on American Islamic Relations (CAIR) of the San Francisco Bay Area.

Everyone is invited. You may attend in person (masks required) or online via Zoom. Please register in advance on Signup Genius at: https://tinyurl.com/3yxzd4r5

Tri-City Interfaith Council's mission is to promote respect, understanding, cooperation, and appreciation for the many spiritual paths and faith traditions within our community that inspire and teach us to love and support one another. To learn more, please visit www.TCICouncil.Weebly.com or find us on Facebook.

> Sunday, Feb 5 2 p.m. to 4 p.m. Fremont Main Library 2400 Stevenson Blvd., Fremont www.TCICouncil.Weebly.com

https://tinyurl.com/3yxzd4r5

Harmony Day - Bystander Intervention Training

New Farmers Market coming to Niles Fremont

SUBMITTED BY NILES MAIN STREET ASSOCIATION

Niles Main Street Association is proud to announce a new partnership with Foragers Market to operate the new Saturday Niles Fremont Farmers Market starting Saturday April 1, 2023.

Foragers Market, operators of the successful Livermore Downtown Farmers Market and San Ramon Farmers Market at City Center Bishop Ranch, will bring a new vibrant, community-driven farmers market that will feature 30-40 of the Bay Area's best growers and producers including vendors with fresh cut flowers, gourmet mushrooms, microgreens, honey, pasture raised meats, eggs, dairy and non-dairy products, artisan bakeries, coffee, fresh pressed juices, gourmet street food vendors and more! The Market will also host live, weekly entertainment.

Niles Fremont Farmers Market will be located at the same Saturday location at 37592 Niles Boulevard and operate year-round on Saturdays from 9 a.m.

to 1 p.m. beginning Saturday, April 1. For information on becoming a vendor or community partner, please visit www.nilesfarmersmarket.org.

> Niles Fremont Farms Market Grand Opening Saturday, Apr 1

> > 9 a.m. – 1 p.m.

(Market will run year-round) 37592 Niles Blvd., Fremont www.nilesfarmersmarket.org



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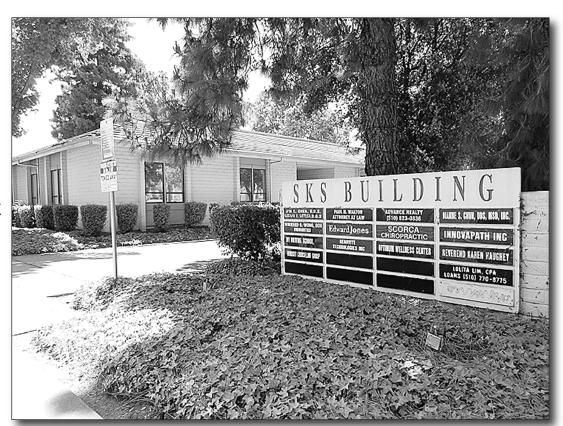
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Email: customerservice@fudenna.com Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

New members join park district board



John Mercurio

SUBMITTED BY DAVE MASON

Olivia Sanwong and John Mercurio, the two newest members to join the East Bay Regional Park District Board of Directors, were welcomed to their new positions during a "Passing of the Gavel" swearing-in ceremony during the board's January 17 meeting.

Additionally, Colin Coffey and Dennis Waespi were sworn for their second and third terms respectively. Congressman Mark DeSaulnier and



Olivia Sanwong

veteran park district employee Karen McClendon delivered the oath of office.

In a ceremonial "passing of the gavel", outgoing board president Coffey handed the leadership role to new board president Waespi, who was first elected to the board in 2014 and previously served as board president in 2018. Other board officers for 2023 include Vice President Elizabeth Echols, Treasurer Ellen Corbett and Secretary Dee Rosario.

For information about the East Bay Regional Park District, visit ebparks.org.

Park It: Tilden Fungus Fair

By NED MACKAY

Winter rains always stimulate mushroom growth in Bay Area woodlands, and if abundant rain is a factor, this year should bring a bumper crop.

So, some words of caution are in order. Please remember that collecting mushrooms or any other plants and animals is against the rules in the East Bay Regional Parks. The parks are essentially wildlife areas where we are supposed to "take only pictures, leave only footprints."

Beyond that, collecting mushrooms in the wild can be dangerous. Both edible and poisonous mushrooms grow in the parks. Among the poisonous kind are the death cap (Amanita phalloides) and Western destroying angel (Amanita ocreata), two of the world's most toxic varieties.

Both contain amatoxins, molecules that are deadly to humans and many animals, including pets. The two varieties grow mainly under oak trees or anywhere that oak roots are present. Other mushrooms in this area that contain deadly toxins include Galerina and Lepiota species.

Symptoms may not appear until up to 12 hours after consumption, beginning as severe gastrointestinal distress that can be life threatening if treatment is not sought immediately. Dog owners: Keep a close watch on your pets during winter months. If you believe your dog may have eaten a poisonous mushroom, contact a veterinarian immediately.

In sum, if you collect mush-rooms in areas where it is permitted, expertise is a must. For the rest of us, the best place to collect is your local supermarket.

That said, a great opportunity to learn more about mushrooms is the 2023 Tilden Fungus Fair. It's a free event from 10:00 a.m. to 4:30 p.m. on both Saturday and Sunday, January 28 and 29, at the Environmental Education Center in Tilden Nature Area near Berkeley. The program will include guest speakers from the mycology community, arts and crafts for children, mushroom cooking, mushroom ice cream, and hundreds of locally collected mushrooms on display.

The center is at the north end of Tilden's Central Park Drive. For information, call (510) 544-2233.

If you can't make the fungus fair, check out a mushroom program scheduled from 11:30 a.m. to 12:30 p.m. on Saturday, January 28 at Ardenwood Historic Farm in Fremont. It's free and registration is not required. The park's naturalist staff will explain why mushrooms grow in circles and describe their fairy tale associations. The group will search for mushroom rings, and make a fairy craft to take home.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84. Park admission fees

Honor Roll

DeSales University, Pennsylvania Fall 2022 Dean's List

• Diya Stephen of Fremont

Concordia University, Nebraska Fall 2022 Honors List

Abby Dueck of Newark

The Honor Society of Omicron Delta Kappa New circle member, Arizona State University
• Frank Morales of Newark

Southern New Hampshire University Fall 2022 Dean's List

- Katie Switzer of Hayward
- Brejonne Clinton of Fremont
 Amanda Golos of Milpitas
- Amunda Golos of Impicas
- Fall 2022 President's List
 Hassan Bokhari of Fremont
- Mariam Omari of Hayward
- Trevor Schofield of Castro Valley
 - Ryan Santos of Milpitas
- Cody Cook of Milpitas

apply; parking is free. For information, call (510) 544-2797.

You can often tell animals' presence and diet by the scat they leave behind. Find out more during a program from 10:00 a.m. to 11:30 a.m. on Saturday, January 28 at Coyote Hills Regional Park in Fremont. Naturalist Martha Cerda will lead a walk in search of animal signs. Meet at the visitor center. This is a drop-in program; registration is not necessary. All ages are welcome; parent participation is required.

Access to the Coyote Hills Visitor Center via the Patterson Ranch Road park entrance may be impacted due to flooding from recent storms. Check program and park status at www.ebparks.org before you go. The program may transition to virtual, depending on park access. Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway. For information, call (510) 544-3220.

Spotting and identifying migratory shorebirds is the goal of a program from 2 p.m. to 4 p.m. on Saturday, January 28 at the Doug Siden Visitor Center at Crab Cove in Alameda, with naturalist Susan Ramos. The program is free and registration is not required. Beginning birders are welcome and some binoculars will be available to borrow.

Crab Cove is at 1252 McKay Ave. off Alameda's Central Avenue. For information, call (510) 544-3187.

The East Bay's backyard volcano is the destination for a Wednesday Walk from 9:30 a.m. to 12:30 p.m. on February 1 with naturalist Michael Charnofsky. Meet Michael at the Tunnel Road Staging Area for Sibley Volcanic Regional Preserve. It's just off Highway 24 at the east end of the Caldecott Tunnel in Orinda.

This is a moderate 5½-mile hike with ups and downs. The group will explore two ponds in search of amphibians, take in some great scenic vistas and view some volcanic geology.

Wednesday Walks is a series of free, naturalist-led hikes exploring various regional parks. No registration is necessary; everyone is welcome. For directions and information about the Sibley hike, call (510) 544-3187.

There are many programs planned in coming days in the regional parks. For a complete list, visit the district website at www.ebparks.org. And be sure to check the website before visiting a regional park to be sure that weather conditions or storm damage have not resulted in program cancellations, park closure or restricted access.

Community Bulletin Board

FREMONT COIN CLUB

Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365

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OPINION



WILLIAM MARSHAK

Dragons and firecrackers are often associated with Lunar New Year celebrations observed throughout Asia and far beyond. Symbolic of strength and protection, dragons can overcome potential misfortune while the loud sounds of firecrackers ward off evil spirits and monsters. Lunar New Year, also known as Chinese New Year, takes place on the day following the first new moon between January 21 and February 20 in 2023, it happened on Sunday, January 22. Each year is linked to one of twelve zodiac animals with particular characteristics bestowed on those born during that year. This is now the Year of the Rabbit whose kind and patient nature leads to positive and successful endeavors.

Hoppy New Year

With each New Year celebration, there is a sense of renewal and commitment to constructive aspects of life. Family and friends are honored and a sense of goodwill is promulgated; mistakes and malevolent patterns of behavior are renounced. Spring – a new year - is just around the corner and with it, agricultural societies look forward to new plantings and the transition from winter's barren landscape to verdant, fertile fields. Although most of us living in suburban and urban environments are largely out of touch with crop cycles, the legacy of these celebrations remains an important lesson of personal review and revival.

We have endured years of political turmoil - local to national. A myriad of new year celebrations gives all of us an opportunity to take stock of priorities and relationships. Many traditions have survived for millennia and with good reason. Beyond customs and symbols, lies a basic tenet of civilized life, the advantage of support and harmony between individuals. In spite of human foibles, every society has recognized this truth and worked to form strong bonds of reliable companionship for health, happiness and protection. Hopefully, this

will smooth the rough edges of political rhetoric and extremism prevalent during election cycles, especially recent ones.

On January 1st, we drank a cup of kindness for Auld Lang Syne; made promises to be better people and honor our friends and families. Now, a bit later, we can renew those resolutions and continue on a path toward goodwill and peaceful coexistence. Another new year, among many throughout the world, is the Persian celebration of Nowruz, and with it, an additional opportunity to reflect on past actions and pledge better behavior to exemplify the ideals or our "better angels." With each new year celebration, hopefully, we can assess our progress and conclude, that although subject to human weaknesses, a "new year" reveals a few less blemishes.

Happy New Year!

William Marshak

William Marshak
PUBLISHER

EARTHTALK

Electric vehicles for everyone?

By RODDY SCHEER AND DOUG MOSS

Dear EarthTalk: Which of the EV models now available in the U.S. provide the most bang for the buck? Is now a good time to finally make the upgrade from my internal combustion car?

-- P. Bronson, Tampa, Florida

With some 43 new battery-powered electric vehicles (EVs) debuting in the U.S. this 2023 model year, not to mention the continued production and sales of 32 previous EV models, there has never been a better time to make the switch from your internal combustion gas guzzler to something greener. The increased competition among carmakers for your EV dollars means lower prices all around; indeed 14 different EVs sport sticker prices of \$40,000 or below.

Cheapest of them all is still the Nissan Leaf, with a manufacturer's suggested retail price (MSRP) of \$27,400. While this is the only EV for sale in the U.S. with a sticker price under \$30k, the trade-off is less range; the Leaf will only get you about 149 miles per full charge, making it perfect for short commutes or jaunts around town but not so good for road trips. (Nissan also offers a Leaf "Plus" model with a bigger battery array that sells for \$5,000 more but gets you 226 miles between charges.)

The next cheapest EV is Chevrolet's Bolt, with a sticker price of \$31,500 and a range of 259 miles; given this longer range, this little hatchback by one of America's great carmakers might just be the best bang-for-buck option out there. Chevy is also offering a Bolt EUV model which gives customers a roomier interior for \$2,000 more than the base Bolt, but with slight range trade-off (247 miles between charges).

Other good options for cost-conscious EV buyers include Hyundai's Kona Electric (\$34,000; 258-mile range), Subaru's Solterra SUV (\$37,000; 285-mile range), Kia's Niro EV (\$39,990; 239-mile range). Also, under \$40k but with less range, include Hyundai's Ioniq Electric sedan (\$33,245; 170-mile range), Mazda's MX30 crossover (\$33,470; 100-mile range), and Mini Cooper's EV (\$33,900; 114-mile range).

Of course, these MSRPs don't factor in tax rebates and other financial incentives. In the U.S., EV buyers still qualify for up to \$7,500 in tax credits. The amount varies depending on your tax bracket and other factors including where the vehicle in question was built. Some state governments and municipalities offer their own incentives for EV buyers. Get the full run down for your location via the Database of State Incentives for Renewables & Efficiency (DSIRE), a free and comprehensive resource on federal, state and regional incentives supporting renewables and energy efficiency across the LLS

Going electric is definitely a step in the right direction for the environment given how much less pollution is caused by charging your car up with electricity as opposed to filling 'er up with gas. But if you think you're doing Mother Nature a favor by turning in or selling a perfectly good gas car so you can upgrade, you might want to think twice. The overall environmental impact of producing your brand-new EV far outweighs that of continuing to drive a gas car around. But if it's really time to upgrade or you just need a car now, buying an EV is the smart and responsible way to go.

ONLINE CONTACT
DSIRE: https://www.dsireusa.org.

Earth Talk is produced by Roddy Scheer and Doug Moss for the non-profit Earth Talk. See more at https://emagazine.com. To donate, visit https://earthtalk.org. Send questions to: question@earthtalk.org.





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Milpitas community Celebration Rings in Lunar New Year



By Amy Luo

The Lunar New Year always brings a time of togetherness and good cheer. On January 14, the Milpitas community embodied this festive spirit at the Lunar New Year Celebration hosted by the City's Recreation and Community Services Department. Despite torrential rain over the weekend, families and friends flocked to the Milpitas Civic Center Plaza on Saturday to celebrate in anticipation of the forthcoming Year of the Rabbit.

Decked out in scarlet-red lanterns, intricate paper cuttings, and banners professing happiness and luck for the new year, the entire plaza was transformed for the celebratory event. An array of Chinese and Vietnamese cultural performances led by local youth occurred

simultaneously in various locations within the venue — the Viet Youth Dancing and Singing ensemble performed vibrant renditions of traditional Vietnamese New Year songs, and the Milpitas High School Lion Dance Club staged lively lion dance routines behind Chinese tanggu drum and cymbal music.

Aimusic.us, a musical arts institution, was invited to perform a series of Chinese classical pieces, while the Vietnamese rock band Vrock provided an energetic soundtrack to the event. In addition to musical numbers, students from Cantrelle's Martial Arts, a family-owned Kenpo Karate Studio, put on several martial arts routines in the Senior Center Community room.

While various celebratory performing arts routines thrilled the crowd of attendees, the Milpitas event organizers and Mandarin Language and Cultural Center also set up craft and activity booths for children to enjoy. Volunteers guided participants through elaborate Chinese calligraphy and painting techniques, provided crafting supplies for kids to fold and decorate their own paper lanterns, and organized lunar calendar zodiac games. In addition, red envelopes stuffed full of gold chocolate coins were handed out to children as a symbol for prosperity and good luck in the new year.

As the event came to an end, San Francisco-based performance troupe LionDanceMe closed off the night with a series of lion and dragon dance, while the weather cleared up just in time for a finale of lighting firecrackers in the Senior Center Courtyard. Attendees joyously cheered and looked on after a fun-filled night of ringing in the Lunar New Year.

New Stratford School holds ribbon cutting



SUBMITTED BY JODIE FREDERICKS

On Thursday, January 19, Stratford School Milpitas held a ribbon cutting for the grand opening of its Beresford Square facility. Stratford School founder Sherry Adams was in attendance. The school serves Pre-K through Middle School students.

For community members who want to learn more, Stratford School will hold an open house on Saturday, January 28 starting at 10 a.m. Information is also available online at www.stratfordschools.com. Use the "Find Your Campus" option to find the Milpitas school.



News and Notes FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF MATURE AMERICAN CITIZENS

Saved by the bell

Mauricio Henao parked his car at the base of a hillside on the Pacific Coast Highway in Malibu, California and got out to answer his cell phone; it saved his life. A few moments later a rockslide -- including a giant boulder -- landed on the car, compressing it in a manner seconds. It happened in the wake of recent torrential rains; the call saved his life, says the Association of Mature American Citizens (AMAC). Henao was succinct when he described it: "I was in the driver's seat, walked out, got a call, ran back inside, came out and the car was just totaled." See video of the boulder that hit Henao's car on YouTube: www.youtube.com/watch?v=PhLe6Rwpwcs.

This boa was no scarf

The lady was all set to board her flight at Tampa International Airport in Florida recently but when she put her carry-on bag through the checkpoint X-ray machine the TSA agents saw that the boa in her bag was not a kind of decorative scarf, it was a boa constrictor, according to AMAC. She claimed the snake was her emotional support pet; the TSA said in an Instagram post, "Our officers at Tampa International Airport didn't find this hyssssssterical! Coiled up in a passenger's carry-on was a 4-foot boa constrictor! We really have no adder-ation for discovering any pet going through an X-ray machine." See TSA X-ray video of the snake on YouTube: www.youtube.com/watch?v=ITOwKXMHpWc.

He lives for his headstands

Twenty-years ago this spry Canadian gymnast, Bruce Ives, started a birthday tradition of standing on his head to celebrate the occasion. He is 82 now and he's still at it, reports AMAC. In fact, the Guinness Book of World Records has declared him to be the oldest man on the planet to perform headstands, taking the title away from the previous record holder who was a mere 75. Says Ives, "In my 60s, when my grandchildren were around in my lawn in the summertime, I just gave it a shot to get them involved in gymnastics as well. It just grew from there -- it became a custom on my birthdays." See video of Ives doing a headstand: vancouver.citynews.ca/2023/01/12/bc-headstand-guinness-world-record/.

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

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Twinkle, twinkle

fading stars: Hiding in our brighter skies

By Christina Larson ASSOCIATED PRESS SCIENCE WRITER

Every year, the night sky grows brighter, and the stars look dimmer. A new study that analyzes data from more than 50,000 amateur stargazers finds that artificial lighting is making the night sky about 10% brighter each year.

That's a much faster rate of change than scientists had previously estimated looking at satellite data. The research, which includes data from 2011 to 2022, published Jan. 19 in the journal Science.

"We are losing, year by year, the possibility to see the stars," said Fabio Falchi, a physicist at the University of Santiago de Compostela, who was not involved in the study. "If you can still see the dimmest stars, you are in a very dark place. But if you see only the brightest ones, you are in a very light-polluted place," he said.

As cities expand and put up more lights, "skyglow" or "artificial twilight," as the study authors call it, becomes more intense.

The 10% annual change "is a lot bigger than I expected -- something you'll notice clearly within a lifetime," said Christopher Kyba, a study co-author and physicist at the German Research Centre for Geosciences in Potsdam.

Kyba and his colleagues gave this example: A child is born where 250 stars are visible on a clear night. By the time that child turns 18, only 100 stars are still visible. "This is real pollution, affecting people and wildlife," said Kyba, who said he hoped that policymakers would do more to curb light pollution. Some localities have set limits.

The study data from amateur stargazers in the nonprofit Globe at Night project was collected in a similar fashion. Volunteers look for the constellation Orion -- remember the three stars of his belt -- and match what they see in the night sky to a series of charts showing an increasing number of surrounding stars.

Prior studies of artificial lighting, which used satellite images of the Earth at night, had estimated the annual increase in sky brightness to be about 2% a year. But the satellites used aren't able to detect light with wavelengths toward the blue end of the spectrum -- including the light emitted by energy-efficient LED bulbs.

More than half of the new outdoor lights installed in the United States in the past decade have been LED lights, according to the researchers. The satellites are also better at detecting light that scatters upward, like a spotlight, than light that scatters horizontally, like the glow of an illuminated billboard at night, Kyba said.

Skyglow disrupts human circadian rhythms, as well as other forms of life, said Georgetown biologist Emily Williams, who was not part of the study. "Migratory songbirds normally use starlight to orient where they are in the sky at night," she said. "And when sea turtle babies hatch, they use light to orient toward the ocean -- light pollution is a huge deal for them."

Part of what's being lost is a universal human experience, said Falchi, the physicist at University of Santiago de Compostela. "The night sky has been, for all the generations before ours, a source of inspiration for art, science, literature," he said.

'Past and Extant Farms in the Santa Clara Valley

SUBMITTED BY SARATOGA **HISTORICAL FOUNDATION**

Santa Clara Valley, once known as the Valley of Heart's Delight is now known as Silicon Valley. How, when, and why did it change? The Saratoga Historical Foundation presents, "Past and Extant Farms in the Santa Clara Valley" by Pioneer Agriculturist Andy Mariani on January 28 at 7 p.m. on Zoom. The talk covers a brief history of the farming industry in Santa Clara Valley, causes of its rapid decline, and profiles of some of the remaining farms, including their survival strategies, as they face the challenges of the increasingly urbanized world of Silicon Valley.

Educated in both horticultural and behavioral science, Andy Mariani, who grew up in Cupertino, continues to grow fruit on his family's farm in Morgan Hill, but once pursued a career in city management and spent a year as Saratoga's Administrative Assistant. His farm grows specialty fruit with a national reputation for its quality.

For more information go to www.saratogahistory.com or call (408) 867-4311.

Past and Extant Farms in the Santa Clara Valley Saturday, Jan 28

7 p.m.

Online via Zoom

Register at: www.saratogahistory.com Meeting ID: 819 8944 2077 Passcode: 175559

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May 30, 1976 - November 12, 2022

Resident of Fremont



Michele Nicole Day Scott battled her fight with cancer until the end: November 12, 2022. Michele was born May 30, 1976, six minutes after her twin sister. Michele created fun every chance she could. She grew up snow skiing, house boating, water skiing, camping, playing MSJLL baseball/FGSA softball and taking many road trips to visit family and friends.

Michele attended Washington High School where she began dating Kevin Scott who would become the love of her life. She was a three sport athlete. Volleyball was her favorite. She graduated from WHS June 1994 and went on to play more volleyball at Ohlone Community College. She was the assistant coach at Ohlone volleyball for two seasons and then transferred to Cal Poly San Luis Obispo.

Her love for the Central Valley began then. Any chance she could, she planned a trip to visit Pismo Beach, Shell Beach, Avila Beach or San Luis Obispo. She graduated from Cal Poly, moved back to Fremont and started her career at Yahoo!

Michele and Kevin were married in 2005. Daughter, Cassidy, was born in 2007 and Shelby in 2009. Michele was very involved in parent volunteer activities at First Flight Preschool and Niles Elementary, both in Fremont. She loved spending every moment she could with her girls, Kevin, and extended family, including three German Shepherds over the years. Her love bugs!

Among the tremendous love she held for her family, she saved some love for the San Francisco Giants. She would attend games as often as possible and made it to Arizona for plenty of Spring Training games. Along with baseball, Michele enjoyed watching football, playing cards and board games. She especially loved playing cards with Grandma Mackie. Michele would take Shelby to see Gma Wednesday afternoons for whatever Gma was itching to play. She would have stayed to hang with Gma and her parents all evening, though she made sure the girls were home for school work and dinner together. Michele loved her family time!

Michele is survived by her husband Kevin, daughters Cassidy and Shelby, her parents Mike and Sue Sauvageau, her twin sister Danielle, and all her extended family.

Michele will forever be dearly missed. Memories of her will be shared every moment we can. Michele will continue to bring a smile to our faces every day! We love you Michele!

Private services will be held at a later date.

Fremont Chapel of the Roses 510-797-1900

Diane Scrempos

October 27, 1946 - January 15, 2023 Resident of Morgan Hill



Diane Scrempos passed away peacefully on January 15, 2023 at the age of 76. Diane was born on October 27, 1946 in San Francisco, CA to Albert and Eleanore Escalante. She graduated from Mission High School in 1964. On July 25, 1964 she married the love of her life, John Scrempos. They raised their two sons, Pete and Steve in Milpitas, CA. She worked many years in marketing and sales at Monolithic Memories, Inc. (MMI) and persevered through numerous acquisitions. Her colleagues knew her as a kind soul and dedicated employee.

Diane was very creative and enjoyed crafting keepsakes for her friends and family. She was a lover of the arts and enjoyed attending theatrical productions, with her grandaughter, Mariah. She would proudly boast about all six of her granchildren's accomplishments and enjoyed attending all of her grandson's sporting events. As a grandmother, her hands were rarely still, often taking her grandchildren on outings to the beach and orchestrating arts and crafts. To her sons and grandchildren, she was always the perfect fan.

Diane was preceded in death by her husband of 58 years, John, siblings Ronald and Shirley, and parents, Albert and Eleanore. She is survived by her sons, Pete (Sandy) and Steve (LaRae), grandchildren, Mariah, John, Jason (Crystal), Lavelle, Sedale, and Justin, sisters, Linda and Joanne and countless nieces and nephews.

Services will take place on Saturday, January 28th at 11:00 AM at Fremont Chapel of the Roses located at 1940 Peralta Blvd, Fremont, CA 94536.

Fremont Chapel of the Roses 510-797-1900

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of Trustee, Joint Tenant R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway Suite C-7, Fremont

M-F 10-7 **Evening & Weekends** By Appointment

SOCIAL SECURITY MATTERS

By Russell Gloor, National Social Security Advisor, AMAC Foundation

Ask Rusty – Will My Work Earnings Affect My Social Security Benefits?

Dear Rusty: I am presently 67 years of age and am still working full time. I am receiving Medicare coverage, but I have not yet applied for monthly Social Security payments. I have been told that I can take SS payments even if I am still working. Is that correct? Is there a limit to how much I can earn each year and still receive SS payments? Signed: Working but Wondering

Dear Working: Social Security's so-called "earnings test" applies only to those who haven't yet reached their full retirement age. At 67 years of age, you are already past your SS full retirement age (FRA) of 66 years and 2 months, which means there is no longer a limit to how much you can earn from working. Regardless of how much you earn, your monthly Social Security benefits will not be affected, so you can claim your Social Security at any time and not worry about your benefits being affected

You should also know that because you haven't yet claimed your Social Security, your monthly

benefit has been growing since you reached your full retirement age in October of 2021. You've been earning Delayed Retirement Credits (DRCs) at the rate of .667% more benefit for each month you have delayed claiming, so your benefit now at 67 would be over 8% more than it would have been at your FRA last year. And, if you wish to, you can continue waiting to claim SS and continue to earn those DRCs to get a still higher benefit. But DRCs stop when you reach 70, when you would get your maximum Social Security benefit – about 31% more than your FRA amount – so never wait past age 70 to claim.

To recap: Because you've already passed your full retirement age you can claim your SS benefit now (e.g., to start in January) and get a benefit which is 8+% more than you would have gotten if you claimed at your full retirement age, or you can continue to wait and get an even higher amount by claiming even later. Which way to go depends a lot on your current financial needs and your life expectancy. If you don't urgently need the money now and are in good health and expect at least average longevity (about 84 for a man your current age), then waiting longer to claim would be a smart move. But if you need (or want) the money now, then claiming at this time would also be a wise choice. In either case, you don't need to worry about your earnings from work negatively affecting your monthly Social Security benefit - they won't.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory)

(amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

AnneMarie TenKortenaar Kadish

August 7, 1931 - January 16, 2023

Resident of Fremont



AnneMarie passed away peacefully January 16, 2023 at 91 years old. She is our beloved mom & Oma and is survived by her four children, Birgitta Corsello (Sam), Anita Moreci (Steve), Karyn Jones (Andy), Norbert TenKortenaar, and 7 grandchildren, 4 great grandchildren, & 3 brothers, 2 sisters, 3 sisters-in-law & many nephews and nieces. She is preceded in death by her parents Eduard & Mia van Erven Dorens (Holland), her first husband of 16 years Jan (1973), her second husband Joel of 12 years (2007), her brothers Daan and Eduard, her brother-in-laws Han, Leo, Fons, and Herman, and sister-in-laws Meik and Lies.

She was born in Holland and was the second of 8. She came to the United States as a newlywed in 1956 with her husband Jan TenKortenaar. They made their

home first in Chicago, then San Francisco, and settled in San Bruno to raise their 4 children. AnneMarie was a strong woman who had a smile on her face everywhere she went. She was calm, supportive, compassionate, and volunteered her time, talent, knowledge and resources to help others until age 90. She worked as a Medical Office manager and bookkeeper. During her life she was a Girl Scout Leader & camp director, PTA officer/president, taught CCD for the Catholic Church, organizer for the Peninsula Parents without partners, volunteer at the San Francisco Opera, member of the Bachelor & Bachelorette Square Dance group where she met her second husband Joel, a square dance caller, she danced and performed demonstrations with the Farmers & Farmerettes, and was an officer for the Golden State Mobile Home Owners League advocating to protect seniors residing in senior mobile home facilities.

She loved visiting family and friends – travelling to Holland, all over Europe and the USA. She loved the beach, swimming, classical music, square dancing, gardening, travelling and cruising. Trips included Colorado, Washington, Arizona, New England, Japan, many countries in Europe, Costa Rica,

and multiple times to Hawaii one of her favorite places. She cruised to Alaska, the Bahamas, Mexico, Canada, countries along the Mediterranean Sea, and the Panama Canal. Her travel partners over the years included Jan & Joel, girlfriends Ethel & Elizabeth, sisters Mia & Carla, her children and grandchildren, members of Farmers & Farmerettes Square Dance club, and the Red Hat Ladies. She experienced her first Giants game in 2018. She proudly became a US citizen in 1994, married her second husband, Joel in 1995, and moved to Fremont. She was a devout Catholic attending St. James the Apostle Catholic Church.

Visitation will be held on Thursday, January 26, from 4:30pm-6:30pm with a Vigil Service at 5:30pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. A Funeral Mass will be held for her on Friday, January 27, 11 AM at St. James the Apostle Church, 34700 Fremont Blvd, CA 94555.

In lieu of flowers, AnneMarie's charities; Veterans of Foreign Wars of the US, American Cancer Society, American Diabetes Association, and St. James the Apostle Church, Fremont.

Fremont Memorial Chapel 510-793-8900

Donate now to keep blood and platelets stocked

SUBMITTED BY JENNY ARRIETA

As National Blood Donor Month continues this January, the American Red Cross celebrates those who give blood and platelets to help save lives – especially now, as we work to ensure a stable blood supply amid the threat of icy winter weather and severe seasonal illness. Donors of all blood types – particularly type O blood donors, the most needed blood group by hospitals – and platelet donors are needed daily to meet demand.

The start of the new year is one of the most challenging times to collect enough blood products, despite the constant demand. One in 7 patients entering a hospital will need a blood transfusion – yet only 3% of the public gives blood.

Don't wait until there's a crisis to donate. To book a time to give blood or platelets, visit RedCrossBlood.org, download the Red Cross Blood Donor App, or call 1-800-RED CROSS.

In partnership with the National Football League (NFL), those who come to give blood, platelets or plasma through Jan. 31, 2023, will be automatically entered to win a trip for two to Super Bowl LVII in Arizona*, including access to day-of, in-stadium pre-game activities, tickets to the official Super Bowl Experience, round-trip airfare to Phoenix, three-night hotel accommodations (Feb. 10-13, 2023), plus a \$500 gift card for expenses.

Upcoming blood donation opportunities:

Fremont
Saturday, Jan 28
9 a.m. - 3 p.m.
Pathway Community Church
4500 Thornton Ave., Fremont

Newark

Wednesday, Jan 25 – Thursday, Jan 26 11:45 a.m. - 6:15 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd., Newark

Friday, Jan 27 – Sunday, Jan 29 8:15 a.m. - 2:45 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd., Newark

Monday, Jan 30 – Tuesday, Jan 31 11:45 a.m. - 6:15 p.m. Fremont - Newark Blood Donation Center 39227 Cedar Blvd., Newark

How to donate blood

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds, and are in generally good health may be eligible to donate blood.

Amplify your impact - volunteer!

Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check-in and thank blood donors to ensure they have a positive donation experience.

Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position visit redcross.org/volunteertoday.

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5800 Thornton Ave., Newark, CA 94560 CA. FD #2085

Grocery store with items made from plastic opening

By Mike Householder Associated press

A grocery store that features thousands of products made entirely of discarded plastic opened to the public Jan. 17. The Plastic Bag Store is a custom-built public art installation and film experience designed to encourage visitors to think more about the enduring impact of single-use plastics.

The store in Ann Arbor, Michigan, features shelves stocked with items such as meat, eggs and cakes -- all made from single-use plastics taken from streets and garbage dumps. The store at times during the day will be transformed into a stage for a series of short films in which puppetry and handmade sets are used to tell a story of the dangers of plastic waste and the consequences for future generations. As the show's tagline

puts it: "Part installation. Part film. All bags."

Plastic bags are created by fossil fuels and often end up as waste in landfills and oceans.

Americans toss out 100 billion plastic bags per year, according to Worldwatch Institute, a Washington, D.C.-based environmental research organization.

Theater and film director Robin Frohardt is the driving creative force behind the Plastic Bag Store. "I got the idea many years ago after watching someone bag and double-bag and triple-bag my groceries," Frohardt said Jan. 17. "I just was sort of struck by how ridiculous how much packaging is involved in our everyday lives. And it just seemed so absurd. I just thought, 'Maybe I could make a project that's even more absurd.'"

The store's shelves are lined with items whose names are intended to mimic real-life products such as "Yucky Shards" (Lucky Charms), "Bitz of Plastic Crap" (Ritz Crackers), "Bagemite" (Vegemite) and "Filthydelphia roll" (Philadelphia roll). One product Frohardt didn't have to alter was baguettes, "because it was already in the

name," she said with a laugh.

The Plastic Bag Store, which runs through Feb. 5, is presented via a partnership between the University of Michigan Museum of Art, University Musical Society, University of Michigan Arts Initiative and Graham Sustainability Institute. Tickets are \$30 for general admission. Student tickets cost \$12. The show premiered in Times Square in 2020. It since has made stops in Los Angeles; Chicago; Austin, Texas; and Adelaide, Australia.

"I hope that we can continue to tour this project and bring it to different communities," said Frohardt, who is based in New York. "My dream would be that this project becomes irrelevant.But it probably won't be."

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 22CV024902 Superior Court of California, County of ALAMEDA Petition of: FATIMA MOKHAMMAD BASYR for

Change of Name
TO ALL INTERESTED PERSONS:
Petitioner FATIMA MOKHAMMAD BASYR filed a petition with this court for a decree changing FATIMA MOKHAMMAD BASYR to FATIMA AMIRI

FATIMA MOKHAMMAD BASYR to FATIMA AMIRI The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: FEB 17, 2023, Time: 11AM, Dept.: 17, Room:

Room: -The address of the court is 1221 OAK ST.,
OAKLAND, CA 94612
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: TRI
CITY VOICE

general circulation, printed CITY VOICE Date: DEC 30, 2022 CHARLES A SMILEY Judge of the Superior Court 1/24, 1/31, 2/7, 2/14/23

CNS-3661604#

FICTITIOUS BUSINESS **NAMES**

FICTITIOUS BUSINESS NAME STATEMENT
File No. 594746
Fictitious Business Name(s):
SACRED SPACE, 1401 RED HAWK CIRCLE E305, FREMONT, CA 94538, County of ALAMEDA Registrant(s):
SHIVA SUBRAMANIAN RAJARAM, 1401 RED HAWK CIRCLE E305, FREMONT, CA 94538, County of ALAMEDA Business conducted by: AN INDIVIDUAL The registrant began to transact business using the fictitious business name(s) listed above on NIA I declare that all information in this statement is true and correct. (A registrant who declares as true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
SISHIVA SUBRAMANIAN RAJARAM
This statement was filed with the County Clerk of Alameda County on 01/13/2023
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3662023#

FICTITIOUS BUSINESS NAME STATEMENT File No. 594250

Fictitious Business Name(s): MISSION VALLEY URBAN FARM, 41721 HIGGINS WAY, FREMONT, CA 94539 County of ALAMEDA

Registrant(s): VAN DER WILK JOSANNE, 41721 HIGGINS WAY, FREMONT, CA 94539

Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on

declare that all information in this statemen is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. S/ VAN DER WILK JOSANNE, This statement was filed with the County Clerk of

SI WAN DER WILL JOSANINE,
This statement was filed with the County Clerk of
Alameda County on 12/22/2022.
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in

the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. statement does not of itself The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/17, 1/24, 1/31, 2/7/23

CNS-3659286#

FICTITIOUS BUSINESS NAME STATEMENT File No. 594172

FICTITIOUS BUSINESS NAME STATEMENT File No. 594172
Fictitious Business Name(s):
ALAMEDA AUTO SALES, 4333 BOLINA DR, UNION CITY, CA 94587 County of ALAMEDA Registrant(s):
FAHAD KHAN MOHMAND, 4333 BOLINA DR, UNION CITY, CA 94587
Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A.

N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. S/ FAHAD KHAN MOHMAND.

This statement was filed with the County Clerk of

This statement was filed with the County Clerk of

Alameda County on 12/21/2022.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/10, 1/17, 1/24, 1/31/23

CNS-3657612#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 594421
Fictitious Business Name(s):
FRANK PEST CONTROL CO., INC., 37541
SUMMER HOLLY COMMON, FREMONT, CA
94536, County of ALAMEDA
MAILING ADDRESS: P.O. BOX 4361, SAN
LEANDRO, CA 94579
Positotropics

Registrant(s):
FANK PEST CONTROL CO., INC., 37541
SUMMER HOLLY COMMON, FREMONT, CA
94536, County of ALAMEDA
Business conducted by: A CORPORATION
The registrant began to transact business using
the fictitious business name(s) listed above on 1/20/2008

declare that all information in this statement

01/20/2008
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ FRANK SOARES
This statement was filed with the County Clerk of Alameda County on 12/29/2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/10, 1/17, 1/24, 1/31/23

CNS-3657608#

GOVERNMENT

NOTICE IS HEREBY GIVEN that the Board of Directors of the ALAMEDA COUNTY WATER DISTRICT has fixed Thursday, February 9, 2023, at the hour of 6:00 P.M. in the Board of Gone The District Office Building, 43885 South Grimmer Boulevard, Fremont, California, and on Zoom https://us02web.zoom.us/j/833598565 04?pwd=ZkxPUGVHWmVNTi8raFc2UIJGY3kz Zz09, (passcode 438204), or by calling any of the following phone numbers: 1-669-900-9128 or 1-346-248-7799 or 1-301-715- 8592 followed by 833 5985 6504, as a time and place for a public hearing to review and consider and potentially act on the following water rates that are proposed to be collected by said DISTRICT, which, if adopted, would take effect March 1, 2023: a rate increase of 4% to the service and commodity charges, and updates to the drought surcharges are supplemental charges during times of declared water shortage emergency, such as the current drought, and are proposed based on a target of achieving 15 percent systemwide water conservation. Private fire service rates are proposed to be updated based on the results of a cost of service study. At this hearing, the District will also consider updates to various miscellaneous fees and charges as well as development-related fees. Development-related fees, if approved, will be effective May 1, 2023, while all other rates, fees, and charges for a proposed of the proposed water rates and present comments on the proposed rates. Following the conclusion of the hearing, this Board of Directors may, by resolution, fix the charges to be collected by said DISTRICT, fredictive March 1, 2023, except for development-related fees effective May 1, 2023.

NOTICE IS FURTHER GIVEN that any person interested may inspect the proposed water rates in the office of the District Director of Finance and Administration at 43885 South Grimmer NOTICE OF TIME AND PLACE OF HEARING

interested may inspect the proposed water rates in the office of the District Director of Finance and Administration at 43885 South Grimmer Boulevard, Fremont, California, Monday through Friday between the hours of 9:00 A.M. and 12:00 Noon, and 1:00 P.M. and 4:00 P.M.

GINA MARKOU
District Secretary
Board of Director Alameda County Water District 1/24, 1/31/23

CNS-3662079#

CITY OF FREMONT PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposal. Said public hearing will be held at 7:00 p.m., Tuesday, February 7, 2023, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties

may attend and be neard:

APPEAL OF CONDITIONAL USE PERMIT FOR
PAPE FREEWAY PYLON SIGN (PLN2021-

00378)
Public Hearing (Published Notice) to Consider a Public Hearing (Published Notice) to Consider a First Party Appeal of the Planning Commission's Denial of a Conditional Use Permit of a Freeway-Oriented Pylon Sign at 43510 Osgood Road, Adjacent to Interstate 680, and Finding that no further environmental review is required pursuant to of categorical exemption from the California Environmental Quality Act (CEQA) per, without limitation, to CEQA Guidelines Section 15311, Accessory Structures and pursuant to CEQA Imitation, to CEQA Guidelines Section 15311, Accessory Structures, and pursuant to CEQA Guidelines Section 15183 [Projects Consistent with a Community Plan, General Plan, or Zoning, as the project is consistent with the General Plan, for which an Environmental Impact Report (EIR) (SCH#2010082060) was previously prepared and

Information on how to participate will be made available, at least 72 hours prior to the meeting,

on the agenda posted online https://www.fremont.gov/government/agenda-center/city-council/FlexSetting_Category-2#!/.-hou rs pri or to the meeting, on the agenda posted online http:// fremont.gov/AgendaCenter/City-Council-4. If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing. SUSAN GAUTHIER, CITY CLERK

CNS-3661816#

PROBATE

NOTICE OF HEARING-DECENDENT'S ESTATE
OR TRUST
Case Number: RP22135493
Superior Court of California, County of ALAMEDA
In the Matter of: THE EARL PALFREYMAN &
CAROLYN PALFREYMAN FAMILY TRUST,
TRUST

CAROLYN PALFREYMAN FAMILY TRUST, TRUST
This notice is required by law. This notice does not require you to appear in court, but you may attend the hearing if you wish.

1. NOTICE is given that: JEFFREY R PALEFREYMAN: CO-EXECUTOR AND SUCCESSOR TRUSTEE has filed:
JEFFREY R. PALFREYMAN IN THE MATTER OF THE EARL PALFREYMAN IN THE MATTER COFTHE EARL PALFREYMAN AND CAROLYN PALFREYMAN FAMILY TRUST PETITION THE COURT FOR AN ORDER CONFIRMING THE REAL PROPERTY OF THE DECEDENTS, EARL AND CAROLYN PALFREYMEN, LOCATED AT 4635 REED COURT, FREMONT, CA 94538 (PARCEL: 501-962-63) AS TRUST PROPERTY OF THE EARL PALFREYMAN AND CAROLYN PALFREYMAN FAMILY TRUST.
2. You may refer to the filed documents for more information. (Some documents filed with the court are confidential.)
3. AHEARING on the matter will be held as

A HEARING on the matter will be held as

Date: MARCH 29, 2023 Time: 9:30 A.M. Dept.: 18 Room: N/A
Address of court: 1225 FALLON STREET, OAKLAND, CA 94612
Assistive listening systems, computer-assisted real-time captioning, or sign language interpreter services are available upon request if at least 5 days notice is provided. Contact the clerk's office for Request for Accommodations by Persons With Disabilities and Order (form MC-410). (Civil Code section 54.8.)
Attorney or party without attorney:
JEFFREY R PALFREYMAN, 4635 REED COURT, FREMONT, CA 94538
1/24, 1/31, 2/7/23

CNS-3661484#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC LIEN SALE

NOTICE OF PUBLIC LIEN SALE

West Coast Self-Storage
45968 Warm Springs Blvd
Fremont, Ca 94539
In accordance with the provisions of the California
Self-Storage Facility Act, Section 21700, et seq.
of the Business and Professions Code of the
State of California the undersigned will be sold at
public auction on Friday February 3rd, 2023 at
6:00PM on storagetreasures.com. The personal
and household items stored at 45968 Warm
Springs Blvd, Fremont CA, 94539 County
of Alameda County, by the following persons:
Name Unit # Size
Wesley Pollard #1003 10x20
Mark Grant #1044 10x15
Dartre Green #2104 5x5
Ryan Rivera #2036 5x10
1/24, 1/31/23

CNS-3660518#

CNS-3660518#

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

Notice is hereby given that under and pursuant to section 1993.07 of the California Civil Code the property listed below is believed to be abandoned by Mohamad Ebrahim Joyaa and Hafizullah Raufi, D/B/A Zam Zam Grill and all other tenants. subtenants, and/or occupants, located at 3876 Decoto Road, Fremont, CA 94555: 8 tables, Decoto Road, Fremont, CA 94555: 8 tables, 14 chairs, soda cooler, Atosa deep fryer, 2 Atosa gas stove tops, 4 stainless steel shelving units, 1 True sandwich prep table, 3 Stainless Steel prep tables, 2 True refrigerators, 1 Metro Rack, 1 topside freezer, Small quantity of kitchen pots and pans, utensils 3 metro racks, microwave, and other miscellaneous items you may find in a small restaurant will be sold at public auction for Mary Jo Shepherd, Trustee on Saturday, 04 February 2023, at 12:00 pm by Carolee Camacho d/b/a USAuctions at 3876 Decoto Road, Fremont, CA 94555. Terms are CASH ONLY, 15% buyer's premium, removal at time of sale, preview at 11:30 am. For additional terms and information please call USAuctions at 408-497-0339, or go to usauctionco.com, Bond #61708186.

CNS-3659819#

TRUSTEE SALES

T.S. No.: 22-6635
Notice of Trustee's Sale
Loan No.: ***********-RC APN: 092-0030-023 You
Are In Default Under A Deed Of Trust Dated
1/26/2006. Unless You Take Action To Protect
Your Property, It May Be Sold At A Public Sale. If
You Need An Explanation Of The Nature Of The
Proceeding Against You, You Should Contact A
Lawyer. A public auction sale to the highest bidder
for cash, cashier's check drawn on a state or
national bank, check drawn by a state or federal
credit union, or a check drawn by a state or federal savings and loan association, or savings
association, or savings bank specified in Section
5102 of the Financial Code and authorized to
do business in this state will be held by the duly
appointed trustee as shown below, of all right,
title, and interest conveyed to and now held by the
trustee in the hereinafter described property under
and pursuant to a Deed of Trust described below.
The sale will be made, but without covenant
or warranty, expressed or implied, regarding
title, possession, or encumbrances, to pay the
remaining principal sum of the note(s) secured by
the Deed of Trust, with interest and late charges
thereon, as provided in the note(s), advances,
under the terms of the Deed of Trust, interest

thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Pablo Padilla Rodriguez and Aurora G. Avalos husband and wife as joint tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 2/6/2006 as Instrument No. 2006045672 of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 2/21/2023 at 12:00 PM Place of Sale: At front Fallon Street Emergency Exit, Alameda Couonty Courthouse, 1225 Fallon St., Oakland Amount of unpaid balance and other charges: \$131,919.75 Street Address or other common designation of real property: 36916 Olive Street Newark, CA 94560 A.P.N: 092-0030-023 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of the signation of the property of the property of the property of the property of the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you can set the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to P more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 12/1/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (877) 440-4460 Patricia Sanchez, Trustee Sale Officer 1/24, 1/31, 2/7/23

CNS-3662057#

Title Order No.: 2203874cad Trustee Sale No.: 86047 Loan No.: 2021070 APN: 501-0749-005-03 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/29/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 2/15/2023 at 12:00 PM, UNION HOME LOAN, IN/C as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 7/1/2021 as Instrument No. 2021235416 in book ////, page //// of official records in the Office of the Recorder of Alameda County, California, executed by: CHOYDA INC., A CALIFORNIA CORPORATION, as Trustor SEE ATTACHED BENEFICIARY ADDENDUM, as Beneficiary Beneficiary Addendum Loan # 2021070 Millennium Trust Co. LLC Custodian FBO Venkatesh Srinivasan Traditional IRA as to an undivided 16.667% interest and Kirk C Lebowe, Trustee of The Kirk Lebowe Trust dated October 19, 2004 as to an undivided 11.746% interest and IRA with AET, as to an undivided 11.746% interest and 16675 Zenda Street LLC, a California Limited isbility Company as to an undivided intilitie. 19, 2004 as to an undivided 12.698% interest and Thomas Hood, legal owner via non-trust custodial IRA with AET, as to an undivided 11.746% interest and 16675 Zenda Street LLC, a California Limited Liability Company as to an undivided 11.111% interest and Diamond Gate Management, LLC a California limited liability company as to an undivided 10.159% interest and Freeman WeiJen Hsu and Ming Ming Chen, husand and wife as joint tenants as to an undivided 9.524% interest and Mark Grumet and/or Pearl Grumet, Trustee's of the Grumet Family Trust u/t/d April 18, 2013, or any successor trustee thereto as to an undivided 9.524% Interest and Malkim Capital, LLC a California limited liability corporation as to an undivided 9.524% interest and Malkim Capital, LLC a Cc. LLC Custodian FBO Asha Ramdas Traditional IRA as to an undivided 7.841% interest and Varun Venkatesh, a single man as to an undivided 1.206% Interest. WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: At the Fallon Street Emergency Exit of the Alameda County Courthouse located at 1225 Fallon Street, Oakland, CA 94612, NOTICE OF TRUSTEE'S SALE — continued all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: See Exhibit "A" Attached Hereto And Made A Part Hereof, TS# 86047 APN # 501-0749-005-03 LEGAL DESCRIPTION EXHIBIT "A" Parcel One: Beginning at a point in the center line of Fremont

Boulevard, formerly County Road No.397, distant South 57° East 75.00 feet from the Intersection of the Northwestern line of Survey, No. 115 of the land of the Ex-Mission of San Jose with said center line of said boulevard; and running thence parallel to said line of said Ex-Mission Survey, No. 115, South 33° 43′ West 285.00 feet; thence North 33° 43′ East 285.00 feet to said center line of said Fremont Boulevard, and thence along said center line of said boulevard North 5° West 75.00 feet to the point of beginning. Being a portion of the said Survey, No. 115 of the land of the Ex-Mission of San Jose and being also a portion of that certain place or parcel of land heretofore conveyed by Richard D. Blacow, et a.l. to said Charles F. Homer by Deed dated June 1, 1898 recorded in Book 652 of Deeds, Page 431, Alameda County Records. Excepting Therefrom, that portion thereof described in the Deed to the City of Fremont, recorded July 20, 1971, Reel 2903, Image 486, Alameda County Records. Parcel Two: All that portion of Lot 8, Block 1, Tract 1959, in Book 39 of Maps, Pages 59 and 60, Alameda County Records, described as follows: Beginning at the most Eastern corner of said Lot 8, thence along the Southeastern line of Lot 8, South 40° 30′ 59′ West 139.515 feet to the Northeastern line of Lot 9; thence along the prolongation Northwesterly of said Northeastern line of Lot 9; thence along the prolongation Northwestern line of said Lot 8, thence along the last mentioned line, North 33° 41′ East 3.05 feet to the Southwestern line of Lot 8, South 40° 30′ 59′ West 132 feet, more or less, to the Northwestern line of said Lot 8, thence along the last mentioned line, North 33° 41′ East 3.05′ feet to the Southwestern line of Lot 8, South 40° 30′ 59′ Yest 1325 feet, more or less, to the Northwestern line of said Lot 8, thence along the last mentioned line, North 33° 41′ East 3.05′ feet to the Southwestern line of the parcel of land conveyed to Abbot Satterthwait by Deed recorded May 24, 1910, In Book 1755 of Deeds, Page 178, Alame on a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of the outstanding lien that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 8444.477.7869 sale of this property, you may call 844-477-7869, or visit this internet Web site www.stoxposting.com, using the file number assigned to this case T.S.# 86047. Information about postponements I.S.# 86047. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale." For sales conducted after January 1, 2021: NOTICE TO TENANT: You may have a right to purchase this property after the trusted audition present to Section 2024 not fit be scheduled sale." For sales conducted after January 1, 2021: NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (844) 477-7869, or visit this internet website www.STOXPOSTING. com, using the file number assigned to this case 86047 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee receives it no more than 45 days after the trustee receives it no more than 45 days after the trustee sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase.

1/24, 1/31, 2/7/23

CNS-3660895#

10 librarians nationwide receive I Love My Librarian awards

By HILLEL ITALIE ASSOCIATED PRESS NATIONAL WRITER

Some are fighting local efforts to censor books, while others are focused on cultural programs, education about Ukraine or helping people buy groceries: These are this year's winners of the I Love My Librarian Award.

Based everywhere from New York City to Carencro, Louisiana, the winners share a common desire to work closely with their patrons.

"Even in these unprecedented times and as our nation's library workers face historic levels of intimidation and harassment due to an ongoing wave of book censorship, librarians continue to empower their patrons, teach critical

literacy skills, promote inclusion in their space and collections, and provide vital services for their communities," American Library Association President Lessa Kanani'opua Pelayo-Lozada said in a statement on Jan. 17.

Each of the 10 honorees will receive a \$5,000 cash prize and a \$750 travel stipend to attend the library association's LibLearnX event later this month in New Orleans. The awards are based on nominations from library users around the country and made possible by a grant from the Carnegie Corporation of New York and support from the New York Public Library.

Winners include Kathryn Blackmer Reyes of the San Jose State University library in San Jose, California, cited for how she promoted untold stories by Asian Americans, Native Americans and

Hispanics among others. At the Highlands County Library System in Sebring, Florida, Vikki Brown successfully pressed for a grant to set up a mobile library for the rural population.

Cara Chance of the Lafayette Public Library, in Carencro, Louisiana, has battled efforts by the library's Board of Control to restricts books with LGBTQ themes. Tara Coleman, based at Kansas State University in Manhattan, Kansas, has led a campuswide common reading program; and David Ettinger, at George Washington University in Washington, D.C., is working with students on their research skills.

At Childs Elementary School, in Bloomington, Indiana, Julie Marie Frye is helping kids learn more about Ukraine in the wake of the Russian invasion. Lauren Ginsberg-DeVilbiss, of the Wright

Brothers School in New York City, is helping students grow a community garden. Students at Christ Church Episcopal School, in Greenville, South Carolina, are receiving help from librarian Jamie Gregory in learning about censorship and the meaning of intellectual freedom.

purchase. 1/24, 1/31, 2/7/23

Roseanna Gulisano, at Highbridge School in New York City, has worked to raise money for more books for students who can't afford to buy them, along with funds to buy food and clothing. At the Evanston Public Library in Evanston, Illinois, Elacsha Madison has focused on teen programs in marginalized

communities. The awards were established in 2008. This year, judges at the library association chose the winners from more than 1,500

January 24, 2023 What's Happening's Tri-City Voice Page 27

Is recycling enough? Where does recycling fit into the Circular Economy?

By Vandana Balakrishnan

Have you heard the term "wishcycling"? It refers to the idea that consumers want to believe that they are doing something positive for the environment, and place items that are not going to get recycled into the recycle bin, much to the frustration of waste collection facilities. A parallel can be drawn to the bigger concept of recycling. As consumers of convenience, we — customers and businesses alike — would like to believe that recycling would solve all the world's problems. If all the material in the world were simply recycled efficiently, can't we go on with our business as normal without

having to change the bigger design? Tempting, but unfortunately not true.

Recycling can't stand alone if we truly want to make impactful change. In fact, if all circular design concepts were to stand on a scale, the least impactful would be recycling. This is because recycling simply deals with the end of a product's lifecycle and does not require businesses to rethink strategy or product design. It enables companies to carry on as usual, and leave the messy business of recycling to someone else!

A circular economy challenges us to consider waste and pollution as design flaws. These problems need to be thought through at the beginning of the design process rather than simply dealt with as an afterthought once waste is created. So, let's see how recycling fits in with circular economy concepts.

- Regenerate. Regenerative resources are resources that go back into the earth, and in some way participate in nature's regenerative lifecycle. The obvious place for regenerative practices is in the food industry. Regenerative farming focuses on minimizing and/or eliminating synthetic inputs, and building healthy soils that absorb rather than release carbon.
- **Reduce.** The idea of reducing consumption seems antithetical to the core values of American capitalism. Yet, it is important to acknowledge that our current

trends of mindless consumerism that align well with the capitalistic model are at odds with the environment at large.

- Upcycle. The unfortunate reality of manufacturing processes around the world, and especially for products catered to the Western world, is that resource extraction is maximized for a particular use/product, often while wasting or under-utilizing a secondary resource xtracted along with the first. This is often the case with food businesses when profits are centered on a particular part of a plant. The remaining part of the plant is often wasted and not used to its full potential. Companies are now leveraging this waste to create food products with secondary resources (e.g., food upcycling products).
- Reuse/Rental. One of the best ways to bring circularity into the system is to adopt a rental model for consumer products instead of a one-way sale. Any model that allows a product to be reused through many iterations, whether by facilitating reuse or rental, will minimize the waste of resources typical of a linear buy and dispose model. Rental models naturally build in a means by which the product is returned to a single entity that controls distribution and can then be rented out many more times.
- Repurpose. Another model allows products to be repurposed after the original purpose has been fulfilled. Some companies are specifically designing

products with "repurpose" built in to the original appeal. An example that comes to mind are candles that are specifically marketed as repurposable into pots in the future. A good designer will empower the user to easily repurpose the product into its secondary use through education and ease of repurpose.

- Takeback. In this model, the product or resource finds its way back to its original producer such that it can be recycled or preferably reused in future products. This eliminates the problem of the consumer or even waste facilities having to determine the best end of life scenario for any given product.
- Recycle. While obviously preferable to the linear model that does not concern itself with waste at all, and assumes the product will end up in a landfill, recycling necessitates that the resource is completely broken down and rebuilt into an entirely new thing. As long as the above strategies are employed prior to this last stage, recycling is a necessary and important part of the circular system. Unfortunately, recycling is heralded as a solution to our sustainability problem, but it cannot deliver on its own unless used in addition to the strategies above, which use resources more efficiently for a longer period of time.

Vandana Balakrishnan, The Circular People. A longer version of this article can be found at thecircularpeople.com

Owners of Union City company face wage theft charges

SUBMITTED BY ALAMEDA COUNTY DISTRICT ATTORNEY'S OFFICE

Officials from Alameda County District Attorney's Office have charged the owners of a Union City-based security company with stealing more than \$800,000 in wages from their employees.

In a January 20 news release, the DA's office said an investigation showed the owners of Alfa Private Security Services did not properly pay about 87 of their employees for both regular and overtime hours worked. The investigation, which started in December 2021 also involved the State Labor Commissioner's Office, the California Department of Insurance, and the Department of Labor.

Additionally, the investigation showed unregistered ghost guns and firearms were provided to employees, some of whom did not have a license to carry guns. Ghost gun is a term referring to privately-made or homemade guns without serial numbers which are often untraceable.

According to the DA's office, a forensic audit of the company's insurance policy based on information found in the investigation also showed the company made misrepresentations on its policy from 2017-2021, causing a financial loss of \$88,000.

The two owners each were charged with theft of wages from employees; conspiracy to commit a crime and insurance fraud. One of the owners also was charged with possession of an assault weapon, possession of a short barrel rifle, and possession of an expandable baton.

Both owners have been arraigned and will return to Superior Court in Oakland on February 14 where they are expected to make a plea.

White House Mindful Of California Storm Victims' Trauma

THE ASSOCIATED PRESS

President Joe Biden is touring damaged areas and being briefed on recovery efforts Thursday after devastating storms hit California in recent weeks, killing at least 20 people and causing destruction across 41 of the state's 58 counties.

The president, accompanied by Federal Emergency Management Agency Administrator Deanne Criswell, Gov. Gavin Newsom and other state and local officials, is visiting the storm-damaged Capitola Pier in Santa Cruz County, where he is meeting with business owners and affected residents.

Biden will also meet with first responders and deliver remarks on supporting the state's recovery at nearby Seacliff State Park. More than 500 FEMA and other federal personnel have been deployed to California to support the emergency response operations.

Criswell said Thursday (Jan. 19) on the trip from Washington to California that the president and staff have to be mindful of what people have been through when traveling to places devastated by storms and other natural disasters.

"There has just been so much trauma to this community and it's really important that we keep that in mind. ... These communities have had loss of life, loss of their well-being and their livelihood, and I think it's incredibly important that they know that the president is here to support them and that the full force of the federal family is going to be behind them."

San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

Sunday, January 15

• At about 9:30 a.m. officers were called to an apartment on the 2700 block of Marina Blvd. where they learned a woman had been assaulted. Upon arrival, officers found a 24-year-old woman lying in bed with significant trauma to her head and torso. She died at the scene. Homicide detectives arrived to interview witnesses and examine surveillance video. They determined the victim's boyfriend was responsible and later tracked him to a San Francisco address and made an arrest. The suspect, identified by police as Chataron Rose, 23, lived in the apartment with the victim. He is in custody and awaiting arraignment.

High-Tech Manufacturing boosts Fremont's Economy



By Jack Alcorn Photos source Applied Materials, Inc.

Fremont is home to the largest concentration of advanced manufacturers in the Bay Area. The 900 manufacturing and hardware companies located in Fremont retain some of the foremost expertise in electronics, bio industries and automotive technology. Meta, Tesla, Apple, Western Digital, Boehringer and ThermoFisher are some of the multi-billion-dollar giants operating in Fremont.

The Bayside city is known for its diversified globally connected economy where businesses find success and residents are afforded a high quality of life. Nestled in the eastern part of Silicon Valley, Fremont continues to evolve and grow. As tech companies mature, they often expand or relocate to Fremont to access the real estate and skilled workforce they need to grow. Fremont has the largest industrial real estate inventory in the region, providing highly sought after large-format space for the Valley's most innovative companies.

The Fremont Economic Development Advisory Commission (EDAC) is a citizen commission appointed by Fremont City Council. EDAC promotes and facilitates economic development in the City of Fremont and enhances and supports current businesses in the city. Current EDAC envdeavors include completion of the Fremont Bank Headquarters Building on Fremont Blvd.; launching Restaurant Week; and ground breaking for Applied Materials Wafer Fabrication Plant, a cutting-edge computer chip manufacturing process.

Fremont's Economic Development Director Donovan Lazaro said, "Advanced industries are blossoming from continued investment in key growth areas of the city." Major development activity is increasing in the Warm Springs Innovation District, Ardenwood, Bayside, and Downtown/City Center.

EDAC advises Fremont City Council on economic development projects and identifies relevant issues before the council makes final decisions. Meetings are coordinated by Fremont's Economic Development Department. The Department provides business development, marketing, promotion and other services to present and potential Fremont business associates.

The nine-member Fremont Economic Development Advisory Commission conducts business quarterly, in a public forum. The eight current members are recruiting one more to complete the citizen commission. EDAC members are appointed by the mayor, subject to the approval of a majority of the council. For a commission member application visit the www.fremont.gov/government/departments/city-clerk/boards-commissions-committees.



Fremont Police Log

SUBMITTED BY MONICA LEON, FREMONT PD

Sunday, January 15

• Officers responded to a report about a robbery in a pharmacy at the Fremont Hub shopping center. A person took several items and brandished a pointed object at an employee then left the business. Officers arrived and found the suspect walking on Fremont Boulevard. After a short foot pursuit, the suspect, described by police as an adult Fremont resident, was caught and arrested.

Monday, January 16

• Officers responded to a report about a shooting near Central Avenue and Argyle Road that occurred the night before. The person reporting the incident heard several gunshots overnight and reviewed video surveillance cameras later and saw two vehicles driving by and frying shots into a vacant residence across the street. No injuries were reported; the case is under investigation.

Tuesday, January 17

 When officers tried to make a vehicle enforcement stop, the driver sped away westbound on Stevenson Boulevard near I-880. Moments later, the vehicle crashed into a traffic light pole on the northwest side of the intersection of Stevenson Boulevard and Boyce Road. Arriving officers found two adults trapped inside the vehicle. First-responders then arrived and took both people to trauma centers for treatment of major injuries. The case has been referred to the District Attorney's Officer for possible charges.

Newark **City Council**

January 12, 2023

Public Comment

• Resident thanked City and City maintenance crew for attending to falling tree within the hour of calling for assistance.

Consent Calendar

- Approve audited demands. • Authorize continued remote teleconferenced meeting of the legislative bodies of the City of Newark for the 30-day period
- Approve the first amendment to the contractual services agreement with Orion Security.

beginning January 12.

• Authorize the first amendment to the contractual services agreement with 4Leaf Inc.to provide temporary professional code enforcement services.

Other Business

• Economic development update informational report from Anne Stedler.

City Council Matters

• Council thanked the City's maintenance crew and department for their services during the winter rainstorms.

Mayor Michael Hannon Vice Mayor Sucy Collazo Luis Freitas Mike Bucci Aye Matthew Jorgens

Newark Develops Master Plan for Broadband

SUBMITTED BY CITY OF NEWARK

A Broadband Master Plan is needed for the City of Newark to ensure sufficient infrastructure is in place to provide robust broadband services to all residents and businesses. The focus of the plan will be to develop solutions for improved broadband services to unserved and underserved areas. The master plan scope of work will include development of an inventory of existing fiber optic infrastructure, identification of unserved and underserved areas, identification of gaps in infrastructure assets, and development of phased improvements to address short-term and long-term needs.

The Broadband Master Plan is currently in the development phase with a request for proposals anticipated to be released in early 2023. The master plan would create the strategies necessary to position the city with a strong broadband presence in order to attract, retain and serve residents and businesses. For additional updates in the near future visit newark.org/residents/broadband-master-plan.

Alameda County Water District

January 12, 2023

Action Items:

- Authorize professional services agreement for Emergency Action Plans with Water Resources Engineering, Inc. Motion adopted 4-0; Weed abstained.
- Approve an amended cooperative agreement for water transfer and exchange project between Alameda County Water District and Contra Costa Water District. Motion unanimously adopted.
- Authorize a new contract with MissionSquare to continue to provide deferred compensation plan services and amend contract with MissionSquare for retiree health savings plan services. Motion unanimously adopted.
- Amend the Collection and Residential Water Service Termination Policy to collect delinquent and unpaid charges for owner occupied single family residential accounts on the property tax roll. Motion adopted 4-1; Huang voted no.
- Authorize a memorandum of agreement to participate in the Regional Purified Water Pilot Project Phase 2 -- Public Outreach and Grant Funding Opportunities. Item tabled for clarification at a future
- Authorize a settlement and release agreement for the Rubber Dam No. 1/Alameda County Drop Structure Fishway, Rubber Dam No. 1 control building modifications, and Shinn Pond Fish Screens construction. Motion adopted 4-0; Weed abstained.

Consent Calendar:

- Approve public water system extension agreement with Merida Place LLC for Muse Court Condominiums.
- Reaffirm COVID-19 health and safety concerns that impact the ability for meetings to be held safely in person.
- Resolution honoring Timothy Gruchow upon his retirement from ACWD.
 - Authorize purchase of a heavy-duty equipment fleet vehicle. Authorize professional services agreement for Security Master
- Plan with Aanko Technologies, Inc.
- Approve the 42155 Vargas Road Well Construction Project as exempt from the California Environmental Quality Act.
- Execute a funding agreement with California Department of Water Resources for the ACWD Alternative Data Gap Monitoring
- Accept the completion of Avalon Tank Hillside Slope Erosion Protection Project.
- · Accept completion of the removal, disposal and installation of filter media in filters 4-6 at WTP No. Project.

President Paul Sethy John Weed Aziz Akbari Aye James Gunther Aye Judy Huang

Union City City Council Meeting

January 10, 2023

Consent Calendar

• Authorize remote teleconferenced meetings of the legislative bodies of the city of Union City for the 30-day period beginning January 10.

• Accept a Hazard Mitigation Grant Program award from the Federal Emergency Management Agency (FEMA) for the final design and construction of the Ruggieri Senior Center generator upgrade project.

• Amend the city's Classification & Compensation Plan for unrepresented Police Department positions.

• Award a contract to Gillig, LLC for the purchase of fourteen battery electric thirty-five foot heavy-duty fixed-route buses through the Washington State Department of Enterprise Services.

Mayor Carol Dutra-Vernaci Aye Gary Singh Scott Sakakihara Aye Jeff Wang Aye Jaime Patino Aye

Multiple arrests made in auto theft crime ring

SUBMITTED BY NEWARK POLICE DEPARTMENT

Several suspects have been arrested by Newark Police Department (NPD) detectives in connection with a high-end auto theft crime ring affecting Newark and several other Bay Area cities.

The arrests follow a multi-month investigation by NPD in conjunction with San Pablo Police Department. The two agencies began to work together after a shooting occurred in San Pablo on November 26, 2022 that involved a vehicle suspected to be part of the theft ring.

In a January 20 news release, NPD said several felony arrest and search warrants related to the investigation were served at about 6:05 a.m. Thursday, January 19 in a multi-agency operation in Newark, Union City, Hayward, Oakland, and San Leandro. Three suspects were taken into custody, without incident:

- Axel Martinez, 21, of Newark was arrested on suspicion of possessing stolen property and on various weapons related charges, including possession of a "ghost gun." He was booked at Santa Rita Jail.
- Alexander Echeverria, 20, of Newark, was arrested on suspicion of conspiracy to commit murder and a variety of vehicle theft related charges.
- Jose Flores Torres, 26, of Union City, was arrested on suspicion of conspiracy to commit murder and a variety of vehicle theft related charges. Torres and Echeverria were booked into the Martinez Detention Facility.

The multi-agency investigation spanned several counties and resulted in the recovery of 17 stolen vehicles, 12 firearms, two ballistic body armor vests, thousands of rounds of ammunition, including armor piercing rounds, and auto-theft technology and equipment.

The investigation is continuing and police are asking that anyone who has information, or who believes they were victimized, to send an email to Newark Police Lead Detective Andrew Musantry at Andrew.Musantry@newark.org or call (510) 578-4956. Information also can be left anonymously at (510) 578-4965.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

Fremont Unified School District Board Meeting

January 11, 2023

Consent Calendar:

- Continue holding meetings via videoconference
- Approve the Second Quarter 2022-2023 Williams Uniform Complaint Report.
- Authorize the Superintendent to join the Asian Pacific Islander School Board Members
 - Association (APISBMA).
- Approve study trips: Irvington High School; Washington High School; Centerville Junior High.
- Authorize additional funding for non-public school /non-public agencies for 2022-2023 school year.
 - Accept listed gifts to Fremont Unified School District.
- Approve the Budget Development calendar for the 2023-24
- Approve the second reading of new Board Policy, Electronic Signatures.
 - Authorize contracts and purchases over \$25,360.
 - Approve personnel actions.
 - Approve recommended athletic coaches for winter 2022.

President Vivek Prasad Aye Yajing Zhang Aye Larry Sweeney Aye Dianne Jones Aye

Local firefighter arrested on alleged charges of child pornography

SUBMITTED BY CITY OF SAN LEANDRO

Chuck Harris, a firefighter/paramedic with the Alameda County Fire Department serving in San Leandro, has been arrested on alleged charges of possession of child pornography. Harris, a resident of Greeley Hill in Mariposa County, was arrested in San Leandro on Sunday, January 8, by the Mariposa County Sheriff's Office, the Central California and Silicon Valley Internet Crimes Against Children Task Forces, and the FBI.

"These allegations, if proven true, are deeply concerning and undermine the public's trust in our public safety service," noted San Leandro Mayor Juan Gonzalez. "We will work closely with our partner agencies to ensure that justice is served. Each day,

our community places its trust in our public safety staff, and we absolutely understand the anger and disappointment caused by the arrest of a first responder." Harris is on paid administrative leave per his collective bargaining agreement as an

employee of the Alameda County Fire Department. The city will provide additional information when possible and in accordance with all laws.

Santa Clara Valley Water District

Board of Directors Meeting January 10, 2023

Board of Directors

• Adopt a resolution setting the time and place of regular meetings of the Santa Clara Valley Water District Board of Directors. Passed 6 – 1 (Nay, Eisenberg).

Water Utility Enterprise

• Approve the Design-Build Agreement with Kiewit Infrastructure West Co for the Coyote Pumping Plant Adjustable Speed Drive Replacement Project. Unanimously approved.

Assistant Chief Executive Officer

• Authorize acquisition of a real property interest from Janice M. Schultz for the Anderson Dam Tunnel Project as part of the Federal Energy Regulatory Commission Order Compliance Project. Unanimously approved.

Consent Calendar

- Set time and place of a public hearing for the Santa Clara Valley Water District Board of Directors to determine the necessity for directors to be compensated for up to 15 days per calendar month and to consider directors' compensation for calendar year 2023.
- \bullet Accept the CEO Bulletin for the weeks of December 9, 2022 January 5, 2023.

Chair John Varela	Aye
Jim Beall	Aye
Rebecca Eisenberg	Aye
Barbara Keegan	Aye
Richard Santos	Aye
Nai Hsueh	Aye
Tony Estremera	Aye

Hayward Police Log

SUBMITTED BY HAYWARD PD

Sunday, January 8

- At 6:30 a.m. a male was inside his vehicle near the 1000 block of Skokie Lane when an unknown male approached and brandished a gun in his waistband and ordered the victim out of his car. The suspect fled the scene in the victim's vehicle. The case is being investigated as a carjacking.
- At 11:23 a.m. officers spotted an occupied

stolen vehicle near the intersection of West A Street and South Garden Avenue. They made a vehicle stop, took the driver into custody and recovered the vehicle.

Monday, January 9

• At 1:14 p.m. officers responded to a burglary report on the 20000 block of Hesperian Blvd. Officers located the suspect nearby and took him into custody. They also recovered a firearm and suspected narcotics during the incident.

Saturday, January 14

• At 9:21 p.m. officers found an occupied stolen vehicle parked near the intersection of Cliffwood and Bolero avenues. Officers took the driver into custody and recovered the vehicle.



Alameda County Fire Department Log

SUBMITTED BY ACFD

Tuesday, January 17

• At 8:40 a.m. firefighters joined members of the Fremont Fire Department and Cal Fire in helping crews evacuate 225 passengers from a westbound ACE commuter train that was stopped by a 100-foot mudslide that blocked train tracks in Niles Canyon near Sunol. A second train arrived to transport passengers back to Pleasanton. No injuries were reported.

BART Police Log

SUBMITTED BY BART PD AND LES MENSINGER

Saturday, January 14

- At 6:55 a.m. a man identified by police as Lamont Abbit, 43, of Oakley was stopped at Warm Springs/South Fremont station on suspicion of fare evasion. A record check showed a \$10,000 warrant. He was booked into Santa Rita Jail.
 - At 7:04 a.m. a man identified by police as Mustafa

Jalali, 42, of Dublin was arrested at San Leandro station on suspicion of lewd conduct and providing false identification to an officer. He was booked into Santa Rita Jail.

• At 9:06 a.m. a man identified by police as Shawn Anderson, 52, of Berkeley was arrested at Bay Fair station in San Leandro on suspicion of assault with a deadly weapon. He was issued a prohibition order and booked into Santa Rita Jail.

Sunday, January 15

• At 6:15 p.m. a man identified by police as Satchel Avando, 27, of Oakland was arrested at Hayward station

on suspicion of unlawful possession of tear gas, battery on an officer, resisting an officer and probation violation. He was booked into Santa Rita Jail.

Tuesday, January 17

• At 9:00 a.m. a man identified by police as Mohammad Alnajjar, 39, of Hayward was arrested at Bay Fair station in San Leandro on suspicion of sexual battery. He was issued a prohibition order and booked into Santa Rita Jail.

Gladiator men's basketball win

SUBMITTED BY CHABOT COLLEGE ATHLETICS

The Chabot men's basketball team earned an 82-70 victory over Foothill Junior College on Monday, January 9

in a Coast-North Conference rescheduled game. The teams were supposed to meet on January 4 to open conference play, but the game was rescheduled due to the recent storms.

Zach Broadous led the Gladiators with 23 points and six rebounds, and David Hector had a double-double with 19 points and 11 rebounds. Diggy Winbush added 19 points and three assists, and David Ogunleye powered in eight points and 10 rebounds.

Chabot (8-8, 1-1) fell to defending state champion City College of San Francisco 101-81 on Friday, January 6, in what turned out to be the teams' conference openers, when Ogunleye had a double-double with 13 points and 10 rebounds, to go with four blocks. Jaiden Rivera was solid with 14 points and eight boards.

Lorenzo Abellar and Pawilos Habtom came off the bench to score 10 points apiece.

Pioneers come up short

SUBMITTED BY CSUEB ATHLETICS COMMUNICATIONS

The Cal State East Bay women's basketball team dropped a CCAA matchup on Thursday, January 19 evening at The Sports Center, 72-62. Grace Campbell scored 26 points, which was a Cal State Easy Bay career-high for her.

The opening quarter was fairly even. To finish the quarter, the Pioneers trailed by only one point, after Payton Sterk made a layup with four seconds remaining. The Cougars led 13-12 after 10 minutes of action.

In the second quarter alone, Campbell scored 12 of Cal State East Bay's 19 points.

However, CSUSM outscored the Pioneers by a point for the second straight quarter, and took a 33-31 lead into halftime.

Although the Cougars scored the first eight points of the third quarter, and led by as many as nine, a late run in the quarter brought the Pioneers within a point heading into the final quarter. CSUSM led 50-49.

With 6:06 remaining in the fourth quarter, Taylor Linzie made a layup to even the game at 56-56. But the Cougars broke the tie less than a minute later on a 3-pointer from Dynnah Buckner. The 3-pointer started a 16-6 run to finish the game for the Cougars, who went on to a 72-62 win.

- Campbell went 10-for-18 from the floor and 2-for-3 from the free throw line, scoring a team-high 26 points. Four of Campbell's 10 field goals were from beyond the arc.
- With seven rebounds each were Sterk and Michaella Dean.
- Campbell and Kelsey Valencia had one block and one steal each.
- For the Cougars, Buckner scored a team-high 22 points.



Cal State East Bay head coach Jenny Thigpin following Thursday's loss, "We played a solid game on the road tonight. Proud of our team effort on the defensive end. We came up short but it something to build upon going into our next game."

Newark's effortless win

By April Ramos

Newark Memorial and Mission San Jose's Varsity boys' soccer team met on the Newark Memorial field Wednesday, January 18.

From the moment of kickoff, the Newark Cougars had control of the ball, keeping it near the Mission Warrior's



goalie box. The Warriors' defense was alert on the ball and kept a man-on defensive strategy.

Ten minutes into the first half, Newark set-up a corner kick. The ball was passed to the center and kicked into the goal with a low center shot, getting the Cougars their first goal. The Cougars got lucky again with another corner kick, this time with a high shot into the net, making the score 2-0. Though the Warriors' kept their defensive wall up, the Cougars scored two more goals before halftime.

Quickly into the second half Newark got a deep pass from midfield and Cougar's forward takes one touch on the ball getting it over the keeper's head and rolls into the net.

Mission had moments of dominance and took the opportunity to take a shot on goal, but was blocked. They kept their momentum and stayed on the offensive trying another low shot, ultimately missing again.

Although the Warrior's defense had improved from the first half, two more goals got past their keeper making the score 7-0. This game marked Newark's seventh game winning streak.

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