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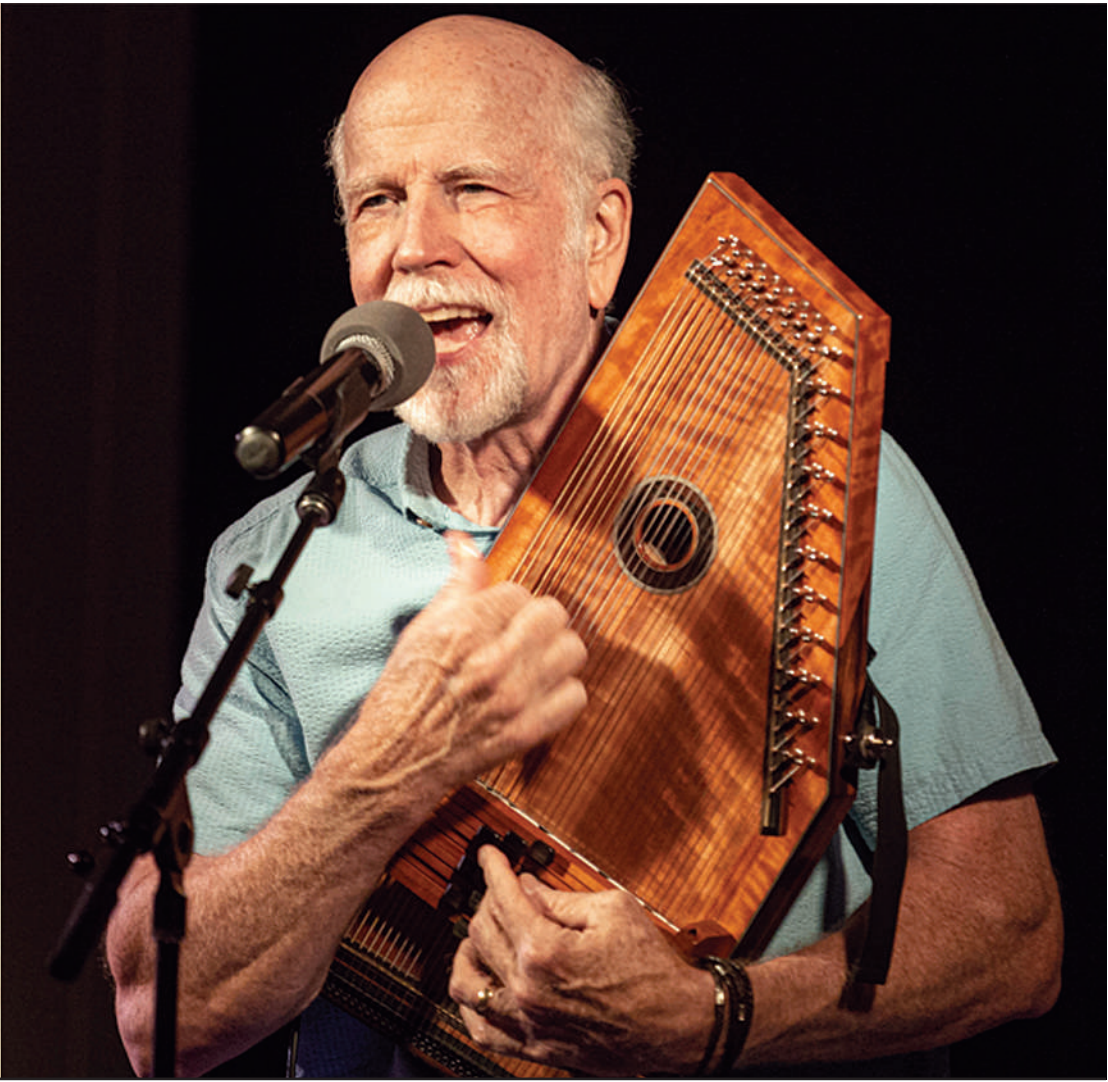
John McCutcheon LIVE IN CONCERT

SUBMITTED BY BRUCE L. ROBERTS

John McCutcheon is back. And we are so happy to have him play and sing at St. James'. We miss his musicianship, singing and enthusiasm.

Besides being the only folk singer/songwriter to have a website entitled www.folkmusic.com, he embodies the genre of folk music. His songs reflect real life, his tunes are his own, and his playing is masterful. Although he does perform songs penned by others, the best and most fun songs are his own. During the pandemic he wrote and wrote, producing two CDs, "Cabin Fever" and "Bucket List." And just arriving - "Leap," a brand-new CD, his 43rd.

continued on page 4



Explore the Animal Kingdom

with SF Bay Area Chamber Choir

SUBMITTED BY OLD MISSION SAN JOSE

On Friday, January 13, Old Mission San Jose will host the San Francisco Bay Area Chamber Choir (SFBACC) for their first concert of 2023. Founding in 1978, the Choir performs works from composers both traditional and modern, singing both a capella and with orchestral accompaniment. For the January concert, their theme is the animal kingdom, and the choir will perform a selection of delightful animal-themed madrigals in small ensembles.

The concert features music that is inspired by animals. Eric Whitacre's whimsical *Animal Crackers* are six miniature works for choir and piano composed to the words of Ogden Nash. Rounding out the program will be several madrigals, both light-hearted and serious, sung by small groups within the Choir.

In 1936, Randall Thompson wrote *The Peaceable Kingdom*, a monumental unaccompanied work of eight choruses on texts from the book of Isaiah. Thompson was inspired by Edward Hicks' paintings of the same name which represent a messianic prophecy in the book of Isaiah (11:6): "The wolf also shall dwell with the lamb, and the leopard shall

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Active
Local
Woman
Gets Moving
Again
With
New Hip

An Inspiration
to Joint
Replacement
Candidates and
Everyone Else

"People should not be afraid of having surgery to maintain their quality of life."
—Karen Barrett

To say 68-year-old South Bay Area resident Karen Barrett is active is an understatement. She is an avid hiker, cyclist, and golfer; works out five days a week; and stretches out first thing in the morning, "every day of the year." When Karen began experiencing hip pain then found out she needed a hip replacement, she went about it as she does everything else: with a smart game plan and disciplined approach.

In the beginning she thought it was a groin pull, but after seeing her primary physician, a sports medicine doctor,



Enjoying an active lifestyle is important to South Bay resident, Karen Barrett.

physical therapist, and massage therapist, Karen's pain and limp persisted no matter what she tried. When Karen got the news that she needed a hip replacement, she was surprised at first because she never actually injured her hip—the pain just showed up. However she'd had her knee replaced four years prior, and four of her eight siblings, most of whom are also athletes, also had hip replacements. She began to realize that because of genetics, her body was not able to keep up with her physical lifestyle.

When things don't go the way Karen plans, she overcomes. Because he had previously performed her knee replacement surgery, Karen turned to Dr. Alexander Sah for a consult. Dr. Sah's

schedule was full, which meant she'd have to endure the 24/7 pain for an extra month. That's when she met his colleague, Bryant Bonner, MD, at Washington Hospital's Institute for Joint Research and Restoration (IJRR). After a long conversation where Dr. Bonner described his background and answered all Karen's questions, she developed trust in him and was pleased to have him perform her surgery.

Originally from Sacramento, Dr. Bonner is board certified and was educated at Harvard Medical School. A specialist in minimally invasive hip and knee procedures, he joined the IJRR in September 2021 because of its impressive

reputation and focus on continually improving patient outcomes. Dr. Bonner enjoys developing long-lasting relationships with his patients and helping them return to a fulfilling, active lifestyle.

Karen's procedure went well. "Dr. Bonner closely monitored my condition and was there to check up on me in recovery," she recalls. "The whole team was wonderful and made me feel like their only patient. I can't say enough about how Dr. Bonner and everyone on the team is top notch and truly cares for you."

It helped that Karen was in good physical shape before the surgery, and she was an optimal patient who diligently followed the postop instructions in the informational binder provided by Dr. Bonner's office. She recovered well, except for a minor strain in the area six months later that she worked through with physical therapy.

Though she and her husband Bill do not have children of their own, Karen worked in education for 30 years. Before retiring she was a teacher, principal, then school district administrator who led the effort to get full-time physical education (PE) teachers hired in Cupertino elementary schools when PE was not mandatory. Karen, who ran track in high school and college, believes a strong body is as important as a strong mind and she wanted to instill that in the children within her school district.

"I believe in taking care of your body and if something hurts, find out what's wrong and do what it takes to get better," she advises others. "People should not be afraid of having surgery to maintain their quality of life. I have referred several friends to the Washington Hospital IJRR. At this point, half of my lower body is mechanical, and if I need to get the other side done, I know exactly where I will go."

For more information about Dr. Bonner or Washington Hospital's Institute for Joint Restoration and Research, go to www.whhs.com/IJRR.



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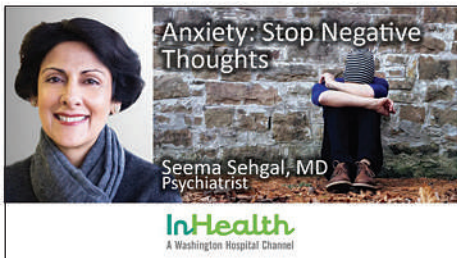
Diabetes Matters: Being Active

Learn how maintaining an active lifestyle can help manage diabetes. Hear tips on how much activity is necessary and how to fit activity into your weekly routine.



Intermittent Fasting for Longevity

Oncologist Matthew Tenold, MD, explores the benefits of intermittent fasting.



Anxiety: Stop Negative Thoughts

When negative thoughts cycle through your mind over and over, they can have a significant impact on reasoning. Clinical psychiatrist Seema Sehgal, MD, offers perspective and tips on how to stop negative thoughts.



Shoulder Pain: Causes and Treatment Plans
Thursday, Jan. 19, 3:30 p.m.

The shoulder has more range of motion than any other joint in your body. It is a complex joint, which means a lot can go wrong, resulting in shoulder pain. Medical Director of Washington Sports Medicine, Dr. Russell Nord, will review possible causes of shoulder pain and treatment options.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.



Hip Replacements—The Anterior Approach
Wednesday, Jan. 25, 4:30 p.m.

In-person event! Anterior hip replacement is a minimally invasive approach to hip replacement. Dr. Alexander Sah, President of the Anterior Hip Foundation for 2023 will explain the muscle-sparing benefits of this technique.

- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
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New Year, New You—Small Changes Can Have Large Impact - Part one of three-part series



Is it time to Ditch the New Year's Resolutions?

Fremont Psychiatrist Encourages Positive Self-Talk and Micro Changes

Have you made any New Year's resolutions for 2023? Whether it's losing weight, quitting smoking, reducing our alcohol consumption or exercising more, New Year's resolutions can actually be counterproductive to our mental health and might even sabotage our ability to make positive changes in our lives, according to a local psychiatrist.

"One of the big traps many of us set this time of year is the New Year's resolution," said Dr. Seema Sehgal, a psychiatrist with the Washington Township Medical Foundation. "The reality is most of us fall off by mid-February because New Year's resolutions don't address the cause of the true unhappiness that makes us do the thing we want to change, whether it's drinking or eating too much, or whatever. Then combine that with taking away the thing that helps you cope – even though it may be a negative coping strategy – and you really set yourself up for failure. That's when the negative self-talk often starts."

Dr. Sehgal recommends a more positive approach to life. "One of the biggest detriments to our own mental health is the amount of scolding we give ourselves.

This negative self-talk erodes our self-confidence," she explained. "It's important to identify our inner critic and understand that it really doesn't serve us very well. Talking to ourselves kindly and compassionately, even using our own first names, can help change that narrative in our own heads. If we can change our inner self-talk to being more positive, it will improve the way we approach things. It's important to be realistic about how hard it is to make changes in our lives and be more kind to ourselves."

Focus on Changing

Dr. Sehgal said when we only focus on results, it can prevent us from making the small changes necessary to achieve our larger goals. But if we focus on the process of changing, we will see results. Real change is the product of the small choices we make, such as choosing an apple over a bag of chips or going for a walk instead of sitting in front of a screen. She recommends making small changes every day, one day at a time.

"We have these lofty masterpieces we want to paint and we forget that masterpieces are created one brush stroke at a time," she added. "Focus on making micro changes to your life. If you need to

lose weight, don't say you're going to the gym five days a week. Start with walking every day – and do it for your health, so you will feel better and have more energy to engage in activities you enjoy right now. The result will probably be that you lose weight, but think about how good it feels to get moving."

Unhappiness is Inevitable

Sometimes people are waiting for a time in their lives when they will never be unhappy, but it's important to remember that unhappiness is part of life, according to Dr. Sehgal.

"We have to accept that being human does involve some unhappiness," she noted. "But how we let it consume us is up to us. It's about redirecting and reframing. If we're not in the right headspace, we're not able to release the negative thoughts and make space for the good, uplifting, encouraging and compassionate talk that could make us feel so much better."

She said that just telling yourself not to have negative thoughts doesn't always work because it can be hard to turn them off. Instead, she encourages people to redirect their energy by focusing on small enjoyments that create positive feelings,

like listening to music, reading a book or taking a walk in the park.

Feelings are Fleeting

"We also have to remind ourselves that feelings are fleeting," Dr. Sehgal said. "The most beautiful moment is as transient as the worst moment. Sometimes we just have to sit with our depression or hurt and feel it, knowing it will pass. Positive self-talk can help by reminding us that we will get through it. Focus on your strengths in this moment. Think about how you can change your mindset. How can I look at something in a more positive way? How can I hang on until it passes?"

So instead of making all-encompassing New Year's resolutions this year, Dr. Sehgal encourages people to consider what small changes they can make on a daily basis that will improve their lives, whether it's getting more exercise or eating a healthier diet.

"The most important thing is to be kind to yourself," she stressed. "That is the first step toward a more positive approach to life."

For information about programs and services that can improve your physical and mental health, visit www.whhs.com.



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Thursday, Jan. 19
3:30 p.m.

Shoulder Pain: Causes and Treatment Plans

The shoulder has more range of motion than any other joint in your body. It is a complex joint, which means a lot can go wrong, resulting in shoulder pain.

Medical Director of Washington Sports Medicine, Dr. Russell Nord, will review possible causes of shoulder pain and treatment options.



Russell Nord, MD,
Orthopedic Surgery

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continued from page 1



At the concert's intermission McCutcheon leaves a basket on stage for the audience to request favorite songs. Many requested fan favorites happen to be sing-alongs because the audience knows them almost as well as

McCutcheon does. Be prepared for lots of new, original songs as well as old favorites. Those favorites he plays on a myriad of instruments, usually six or so that he brings with him: guitar, 12-string guitar, banjo, fiddle,



hammer dulcimer, autoharp. He plays St. James' piano as well. His song introductions make them even more interesting. "Sermon on the Mound" is a whole album of baseball songs and stories. McCutcheon has recorded the story of an electrician meeting Paul Robeson at the Sydney Opera House. And then there is the story of when he was robbed, followed by the song "Forgive Us."

For a music and fun-filled time just come over to St. James' in Fremont, John's only South Bay Concert, for a genuinely great evening. A portion of the proceeds will go to Abode Services, working to end homelessness in the Bay Area. Get your tickets now and get in the door early to get a good seat. Masks are required.

For more on John McCutcheon go to www.folkmusic.com.



John McCutcheon Concert
Monday, Jan 16
7:30 p.m.
Doors open 7 p.m.
St. James' Episcopal Church
37051 Cabrillo Dr., Fremont

Suggested donation: \$30 adults; \$15 children
(510) 797-1492, ext. 203
events@saintj.com
<http://saintj.com/mccutcheon>



continued from page 1

Explore the Animal Kingdom

with SF Bay Area Chamber Choir

lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them.” The work is often considered to be Thompson’s masterpiece and requires an expert choir to sing the demanding vocal passages and to handle the frequent writing for double-chorus.

Concert COVID protocols:

It is strongly recommended that audience members be fully vaccinated and boosted and that masks be worn at all times. All SFBACC singers and the director have been vaccinated and boosted and will self-test on performance day. However, the choir cannot guarantee that all patrons will be vaccinated; unvaccinated individuals may be present as a result of, for example, exemptions or



exceptions. None of these precautions eliminate the risk of exposure to COVID-19.

SF Bay Area Chamber Choir Concert
Friday, Jan 13
6 p.m.
Mission San Jose

43300 Mission Blvd., Fremont
Tickets: \$20 general admission, \$10 for young audience (30 and under)
(510) 657-1797
www.missionsanjose.org
www.sfbaychoir.org

SOCIAL SECURITY MATTERS

By RUSSELL GLOOR, NATIONAL SOCIAL SECURITY ADVISOR, AMAC FOUNDATION

Ask Rusty – Should I Claim Social Security Now?

Dear Rusty: I am 68 years old, born in July 1954. I have the credits necessary to qualify for benefits. The Social Security website says that if I continue to work to age 70 with yearly earnings of \$206,000, my monthly benefit would be \$4,245. If I stop working now, and start taking benefits in January 2023, my benefit would be \$3,778. The number of months between January 2023 and July 2024 is 19. Nineteen months of benefits for that period would be \$71,782. It looks like it

would take about 17 years to make up the difference between taking the money in January vs. waiting until age 70, which would put me at age 85. I don't think that I would live much past that age, given my family history. Do you think it wise on my part to begin taking benefits in January 2023, and are my calculations correct? Signed: Trying to Decide

Dear Trying: Well, the difference between your monthly payment at age 70 vs. your benefit amount in January 2023 is \$467, so it would take you about 154 months (just under 13 years) to recover that \$71,782. But that doesn't take future cost of living adjustments (COLA) into account. Average annual COLA over the last 20 years was about 2%, and if you factor average future COLA into the equation you would likely break even at about age 81 (if you wait until age 70 to claim). And this is where your life expectancy comes in.

According to Social Security, the average life expectancy for a man your age

is 85, which means that if you claim at 70 and enjoy average longevity, you'll collect that higher benefit for an extra four years. That would mean more than \$22,000 in additional benefits over your lifetime. Of course, no one knows how long they will live, but if you'd like to get a more personal estimate of your life expectancy, I suggest you try this tool:

www.socialsecurityreport.org/tools/life-expectancy-calculator/. This tool takes your lifestyle and current health status, as well as your family history, into account.

When to claim is always a personal choice, but in your specific circumstances - since you apparently don't need the money right now and have a family history which suggests longevity - waiting until age 70 to claim could not only give you a substantially higher monthly benefit but also the most in cumulative lifetime benefits. And if you're married, it will also mean the maximum possible survivor benefit for your wife if you predeceased her because, as your

widow, your wife would get the benefit you are receiving at your death instead of her own smaller amount. Thus, when you claim your benefit will also affect your wife's benefit as your surviving widow. In the end, it's your personal decision to make, after considering all of the above factors, especially your life expectancy.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

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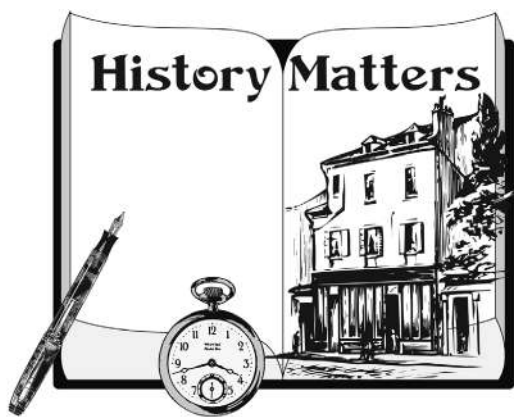
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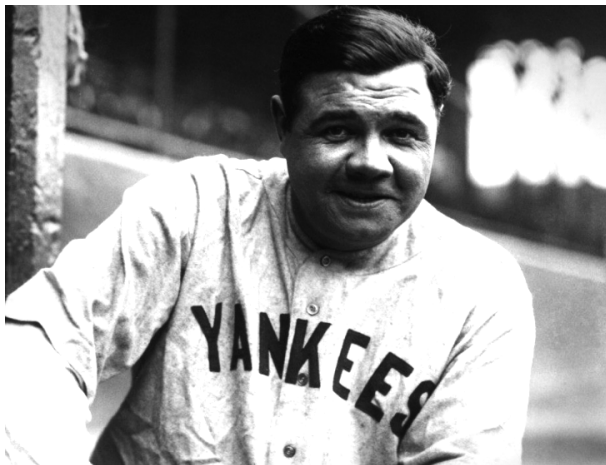
BY JOHN GRIMALDI AND
DAVID BRUCE SMITH

A baseball legend

On January 5, 1920, George Herman Ruth -- “The Babe” -- was sold by the Boston Red Sox to the New York Yankees for \$125,000 -- or approximately \$2 million in today’s currency. The announcement fevered up the baseball fans in Boston. Ruth was a legend, who had guided his home team through three World Series wins.

“The deal paid off -- in spades -- for New York, as Ruth went on to smash his own home run record in 1920, hitting 54 home runs,” according to History.com. “He connected for 59 homers in 1921, dominating the game and increasing Yankee revenues to the point that the team was able to leave the Polo Grounds (shared with the New York Giants baseball team) and build Yankee Stadium, which opened in 1923 and became known as “the house that Ruth built.”

The Grateful American Book Prize recommends “The Big Bam: The Life and Times of Babe Ruth” by Leigh Montville.



Babe Ruth took the New York Yankees to the forefront of baseball.

A major gusher

Wildcatters started drilling for Texas oil during the last of the 1800s, but the first major gusher wasn’t discovered until January 10, 1901, at Spindletop Hill near Beaumont, Texas. The crude soared high and wide, flowing at an initial rate of more than 100,000 barrels each day. It took nine days to cap the well.

“Following the discovery, petroleum, which until that time had been used in the U.S. primarily as a lubricant and in kerosene for lamps, would become the main fuel source for new inventions such as cars and airplanes; coal-powered forms of transportation including ships and trains would also convert to the liquid fuel,” says History.com. It was the beginning of the world’s first trillion-dollar industry.

The Grateful American Book Prize recommends “Giant Under the Hill: A History of the Spindletop Oil Discovery at Beaumont, Texas, in 1901” by Jo Stiles, Judith Walker Linsley and Ellen Walker Rienstra.

Civil rights leader

On January 15, the nation will celebrate the birth of

Michael Luther King Jr. His father, Michael Senior, apparently got inspired by the German protestant reformer, Martin Luther, changed his name -- and his son’s -- to Martin Luther King. Each morphed into civil rights reformers.

Martin Luther King, Jr. was a compassionate, intelligent person who skipped grades nine through 12, and in 1944 enrolled in Morehouse College, according to History.com. He earned his “divinity degree from Pennsylvania’s Crozer Theological Seminary [then] attended graduate school at Boston University, where he received his Ph.D. degree in 1955 ... on May 17, 1957, before a crowd estimated at between 15,000 and 30,000, King delivered his first national address on the topic of voting rights. His speech, in which he urged America to ‘give us the ballot,’ drew strong reviews and positioned him at the forefront of the civil rights leadership.”

The night before King’s April 4, 1968, murder in Memphis, he addressed the congregation at the Mason Temple Church. “Like anybody,” he said, “I would like to live a long life. Longevity has its place. But I’m not concerned about that now ... I’ve seen the Promised Land. I may not go there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land. And I’m happy tonight. I’m not worried about anything. I’m not fearing any man. Mine eyes have seen the glory of the coming of the Lord.”

The Grateful American Book Prize recommends “The Trumpet of Conscience” by Dr. Martin Luther King Jr.

This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at gratefulamericanbookprize.com.

Bill forcing feds to fix prison cameras is signed into law

BY MICHAEL R. SISAK
ASSOCIATED PRESS

President Joe Biden signed into law Dec. 27 a bill requiring the federal Bureau of Prisons to overhaul outdated security systems and fix broken surveillance cameras after rampant staff sexual abuse, inmate escapes and high-profile deaths.

The bipartisan Prison Camera Reform Act, which passed the Senate last year and the House on Dec. 14, requires the Bureau of Prisons to evaluate and enhance security camera, radio and public address systems at its 122 facilities.

The agency must submit a report to Congress within three months detailing deficiencies and a plan to make needed upgrades. Those upgrades are required within three years and the bureau must submit annual progress reports to lawmakers.

Failing and inadequate security cameras have allowed inmates to escape from federal prisons and hampered investigations. They’ve been an issue in inmate deaths, including that of financier Jeffrey Epstein at a federal jail in New York City in 2019.

The Justice Department’s internal watchdog found that deficiencies with security cameras have compromised investigations into staff misconduct, the introduction of contraband, civil rights violations and inmate deaths. In March, The Associated Press reported that a lack of security cameras in critical areas contributed to widespread staff sexual abuse of inmates at a federal women’s prison in Dublin, California.

“Broken prison camera systems are enabling corruption, misconduct, and abuse,” said the legislation’s sponsor, Sen. Jon Ossoff, D-Ga. “That’s why I brought Republicans and Democrats together to pass my Prison Camera Reform Act, which is now law.”

January 6 Remembrance and Action Sundown Vigil

SUBMITTED BY SYEDA RESHMA INAMDAR

The League of Women Voters of Berkeley, Albany, Emeryville (LWVBAE) - and Leagues throughout Alameda County and the Bay Area - are hosting a “January 6th Remembrance and Action sundown vigil” to remember the insurrection on January 6, 2021 and take action.

“We can never forget the deadly insurrection at our nation’s capitol, and the attack on our constitutional democracy and freedoms it represents,” Syeda Inamdar, Chair of the Alameda County Council of the League of Women Voters said. “A healthy democracy requires us to advocate against voter suppression, and election subversion laws as they promulgate disinformation. We have to do everything in our power to shore up our political system of government in the months and years ahead.”

The League has strongly urged the Senate to address the discriminatory barriers to the ballot faced by voters of color who attempt to cast votes and have those votes fully counted as well as election subversion measures and other forms of interference with the electoral process. On the national level, the League has implored the Senate to promote and protect an inclusive multiracial democracy by passing federal voting rights protections to ensure everyone can participate and have equal access to the ballot.

The League of Women Voters (LWV) will share the work it has accomplished with its partners to defend our democracy, as it looks to prepare for the 2024 election. The event will feature LWV of the United States CEO, Virginia Kase Solomón, who is a tireless leader on the national stage fighting for our democratic freedoms using advocacy, coalition building, direct action, litigation and more.

For more information, contact Kande Mosley Gandhi at president@lwvbae.org or (510) 322-1354.

January 6 Remembrance and Action Sundown Vigil
Friday, Jan 6
5:30 p.m. - 6:30 p.m.
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Holiday sales up 7.6% despite the squeeze of inflation

ASSOCIATED PRESS

Holiday sales rose this year as American spending remained resilient during the critical shopping season despite surging prices on everything from food to rent, according to one measure.

Holiday sales rose 7.6%, a slower pace than the 8.5% increase from a year earlier when shoppers began spending the money they had saved during the early part of the pandemic, according to Mastercard SpendingPulse, which tracks all kinds of payments including cash and debit cards.

Mastercard SpendingPulse had expected a 7.1% increase. The data released Dec. 26 excludes the automotive industry and is not adjusted for inflation, which has eased somewhat but remains painfully high. U.S. sales between Nov. 1 and Dec. 24, a period that is critical for retailers, were fueled by spending at restaurants and on clothing.

By category, clothing rose 4.4%, while jewelry and electronics dipped roughly 5%. Online sales jumped 10.6% from a year ago and in-person spending rose 6.8%. Department stores registered a modest 1% increase over 2021.

“This holiday retail season looked different than years past,” Steve Sadove, the former CEO and chairman at

Saks and a senior advisor for Mastercard, said in a prepared statement. “Retailers discounted heavily, but consumers diversified their holiday spending to accommodate rising prices and an appetite for experiences and festive gatherings post-pandemic.”

Some of the increase reflected the impact of higher prices across the board. Consumer spending accounts for nearly 70% of U.S. economic activity, and Americans have remained resilient ever since inflation first spiked almost 18 months ago. Cracks have begun to show, however, as higher prices for basic necessities take up an increasingly large share of everyone's take-home pay.

Inflation has retreated from the four-decade high it reached this summer, but it's still sapping the spending power of consumers. Prices rose 7.1% in November from a year ago, down from a peak of 9.1% in June.

Overall spending has slowed from the pandemic-infused splurges and shifted increasingly toward necessities like food, while spending on electronics, furniture, new clothes and other non-necessities has faded. Many shoppers been trading down to private label goods, which are typically less expensive than national brands. They've been going to cheaper stores like dollar chains and big box stores like Walmart.

Consumers also waited for deals. Stores expected more procrastinators to hit stores in the last few days before

Christmas compared with a year ago when people began shopping earlier due to a global disruption of the supply chain that created thousands of product shortages.

“Consumers are trying to spread out their budget, and they are evaluating and shopping at different stores,” said Katie Thompson, the lead of consultancy Kearney's Consumer Institute.

In November, shoppers cut back sharply on retail spending compared with the previous month. Retail sales fell 0.6% from October to November after a sharp 1.3% rise the previous month, the government said in mid-December. Sales fell at furniture, electronics, and home and garden stores.

A broader picture of how Americans spent their money arrives in January when the National Retail Federation, the nation's largest retail trade group, comes out with its combined two-month results based on November-December sales figures from the Commerce Department.

The trade group expects holiday sales growth will slow to a range of 6% to 8%, compared with the blistering 13.5% growth of a year ago. Analysts will also be dissecting fourth-quarter financial results from major retailers in February.



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Farmers market shoppers attracted to cohousing booth



SUBMITTED BY EVELYN LATORRE

Vendors had already arranged their cabbages, cauliflower, strawberries, and green vegetables in artistic patterns, ready for early shoppers, when Caroline Harris and I arrived at the Irvington Farmers Market on the last Sunday in November. The 4- x 6-foot metal wagon we pulled behind us overflowed with items we needed for our information booth. In the cool early morning air, Caroline checked with the market manager, who motioned us to an open space between a strawberry vendor and a vegetable stand.

After ten minutes of wrestling with a pesky canopy frame that wouldn't fully deploy, we stopped.

"Let's just hang our banner on the thing," I said shrugging.

"We can sit outside," Caroline agreed, "and set up our table in front of it."

She dug out two S-hooks from her bag of tools and hung our new bright-orange banner for all to read:

FREMONT'S FIRST COHOUSING COMMUNITY
KNOW YOUR NEIGHBORS AND LIVE YOUR VALUES

Over the next six hours, we spoke with more than 50 interested shoppers who were curious about the advantages of cohousing. Some were already knowledgeable about the growing movement in which groups form, purchase land, and recruit their own architect to design 20-40 private residential units around shared spaces.

"Oh, I know all about cohousing," said one of the first passersby, pointing to our sign. "It's a great way to live where everyone knows their neighbors and watches out for them."

The nice thing about a cohousing group is that you are already friends before you become members. Despite the pandemic, for example, Mission Peak Village has managed to have a couple of picnics, a Halloween potluck, and day-after-Thanksgiving 'leftover meals.'"

"Do you live in cohousing?" I asked, surprised at his remark.

"Not yet. I'm considering it," he said, "but I need to be closer to where my folks live."

"I get that," Caroline chimed in. "But if our group sounds like something you might consider, we found the perfect acre of land three blocks from here, and we have already begun submitting plans to the City for approval."

"I know," the gentleman said, heading towards the Bay Street exit.

"Your cohousing information is all over the place!"

I figured the man might have heard radio announcements for Mission Peak Village on KQED-FM, seen the display at Fremont Main Library, or read articles about us in the San Jose Mercury News or Tri-City Voice. He left before I could ask whether he had ever toured any of the existing cohousing communities in Mountain View, Oakland, Berkeley or Pleasant Hill.

More than half of the curious people who stopped to chat began surmising that Mission Peak Village might be for seniors. Caroline was quick to explain that we are definitely not a seniors-only community but rather a group composed of families and people of all generations, ethnic traditions and interests. The Mission Peak Village families who have already committed to buy one of the 32 two- or three-bedroom condos reflect the age and ethnic mix of Southern Alameda County at large."

"Of course," I said shaking my grey hair out from under my hat, "some of us are wise elders who don't want to age alone in our suburban homes."

"One of the families joining us has school-aged children," Caroline said. "They currently live in an apartment building and after many years say they still don't know their neighbors."

"When you're busy working," I explained, "it can be hard to find time enough to plan social things with your neighbors. The nice thing about a cohousing group is that you are already friends before you become members. Despite the pandemic, for example, Mission Peak Village has managed to have a couple of picnics, a Halloween potluck, and day-after-Thanksgiving 'leftover meals.'"

"And we see each other in person at our monthly public tours of the property," Caroline pointed out, "and on Zoom for our community meetings and our 'Learn About' information sessions."

By the time the farmers market closed at 2 p.m., the vendor next to us had given me a pint of his freshly picked strawberries, and I had shopped for the vegetables I'd need for the following week. We gave out most of our postcards with contact information, educated scores of market attendees about the cohousing movement, and showed them renderings of our proposed cohousing home. I'd been struck by the variety of accents I heard and the neighborliness of those who shared a few minutes with us. Irvington Farmers Market felt a bit like how our cohousing community will be. Caroline and I had a few laughs taking down our uncooperative canopy.

The information booth will make another appearance at Irvington Farmers Market on Sunday, January 8. We may or may not get the canopy to cooperate, but our bright orange banner will be prominently displayed.

This article is part of an ongoing series on cohousing. To learn more on the topic of cohousing, visit www.cohousing.org. Irvington Farmers Market is located in the city of Fremont at Bay Street and Trimboli Way on Sundays from 9 a.m. to 2 p.m.

Mission Peak Village is a group of friends forming Fremont's first cohousing community. Memberships are still available. Call Kelli at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or the www.missionpeakcohousing.org website, where you can register for a monthly walk to explore the neighborhood around the future site.

46th Dr. Martin Luther King, Jr. Commemoration Program

SUBMITTED BY JEAN FICKLIN

Afro American Cultural & Historical Society, Tri-City Area & Hayward, will hold their 46th annual Dr. Martin Luther King, Jr. Commemoration Program on Sunday, January 8. Their theme for 2023 is "It Starts with Me; Cultivate a Beloved Mindset to Transform Unjust Systems." This is a call to churches, corporations, organizations, leaders and individuals to look within and commit to doing their part to work towards creating the Beloved Community.

Program participants are:
Reverend Garrett Yamada – Host Pastor and Keynote
Speaker Carolyn Hoskins of Domini Hoskins Black History Museum
Centerville Presbyterian Church Choir
Family Bible Fellowship Praise Dances
Havenscourt Community Church Choir
Pamela Page, Violinist
Jana Cole, Pianist
Mayors from the Tri-City Area and Hayward

In addition, art from local students will be displayed at the event.

Dr. Martin Luther King, Jr. Commemoration Program
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Rocky ride: Tesla stock on pace for worst year ever

BY ALEX VEIGA ASSOCIATED
PRESS BUSINESS WRITER

Owning Tesla stock this year has been anything but a smooth ride for investors.

Shares in the electric vehicle maker are down nearly 70% since the start of the year, on pace to finish in the bottom five biggest decliners among S&P 500 stocks. By comparison, the benchmark index is down about 20%.

While Tesla has continued to grow its profits, signs of softening demand and heightened competition have investors increasingly worried. And then there's CEO Elon Musk's acquisition of Twitter. Some of Musk's actions since taking over the social media company, including doing away with a content moderation structure created to address hate speech and other problems on

the platform, have unnerved Twitter's advertisers and turned off some users.

That's stoked concerns on Wall Street that Twitter is taking too much of the billionaire's attention, and possibly offending loyal Tesla customers.

Musk's acquisition of Twitter opened up a political firestorm and has caused Musk and Tesla's brand to deteriorate, leading to a "complete debacle for the stock," Wedbush analyst Dan Ives wrote in a research note last week.

Musk has said that he plans to remain as Twitter's CEO until he can find someone willing to replace him in the job.

Despite Musk's focus on Twitter, Tesla's results have been solid this year. The Austin, Texas, company posted year-over-year profit and revenue growth through the first three quarters of 2022, including more than doubling its third-quarter profit from a year earlier.

Still, electric vehicle models from other automakers are starting to chip away at Tesla's dominance of the U.S. EV market. From 2018 through 2020, Tesla had about 80% of the EV market. Its share dropped to 71%

in 2021 and has continued to decline, according to data from S&P Global Mobility.

This month, in a rare move, Tesla began offering discounts through the end of the year on its two top-selling models, a sign that demand is slowing for its electric vehicles. Ives predicts that Tesla will likely miss Wall Street's estimates when the company reports its fourth-quarter results, citing higher inventory levels, the recent price cuts and overall production slowdowns in China. He also expects a "softer trajectory for 2023."

"The reality is that after a Cinderella story demand environment since 2018, Tesla is facing some serious macro and company specific EV competitive headwinds into 2023 that are starting to emerge both in the U.S. and China," Ives wrote.

Still, Ives is optimistic that Tesla's long-term prospects remain solid as the global market for electric vehicles grows -- and Musk refocuses on Tesla.

"However, any further Musk strategic missteps will be carefully scrutinized by the Street and further weigh on shares," he wrote.

Expanding your perspective through Tarot

SUBMITTED BY NATHAN SILVA

Needing a change of perspective? You are invited to change your view of a nagging question or issue, by a taking a journey into tarot land. Join internationally known Qabalistic Tarot teacher and author Amber Jayanti, to "play" an insightful, fun-filled and educational tarot board game. Group size limited to 10, please preregister:

Amber Jayanti, is the founder of the International School for Tarot & Qabalah Study in 1975, and author of, "Living the Qabalistic Tarot," "Tarot For Dummies," and "Principles of Qabalah." She has been living, studying, writing about, consulting with and teaching these subjects for 40+ years. Her spare time is dedicated to socio-political activism.

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News and Notes FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF
MATURE AMERICAN CITIZENS

A holiday record

Joel Strasser of Kuna, Idaho took Christmas decorations to a new level, earning himself a page in the Guinness Book of World Records, according to the Association of Mature American Citizens (AMAC). He did it by decorating his beard with 710 Christmas baubles, knickknacks and ornaments. It is the fourth time in four successive years that he's been honored by the Guinness judges. In 2019 he set the record with 302 baubles, in 2020 he did it again with 542 ornaments and last year he managed to adorn his whiskers using 686 festive knickknacks. His secret: "My technique has evolved and gotten a lot more specialized over the years that I've been breaking the record. I stuck them in a lot more haphazardly at first and that's why those first beard bauble record numbers were so low ... I found that if I take my time and really focus on the individual strands of



Joel Strasser decorated his beard with 710 holiday ornaments. Credit: Guinness Book of World Records

beard hair and small groups of hair, I can manage to fit so many more in there."

A Hanukkah menorah of biblical proportions

While Christians celebrated Christmas this year, the Jewish population of the U.S. observed the seven day festival of Hanukkah lighting the seven candles of their menorahs. AMAC reports that Rabbi Yonaton Nuszen

and 425 Jewish teens in Denver, Colorado celebrated the festival by creating a potentially record-breaking menorah. They built it using 25,000 LEGO pieces. It stood 24 and a half feet tall. But Rabbi Yonaton said "It's not about the height -- it's about the unity it created. Our entire Jewish community came together to build this mammoth of a LEGO menorah." See video of the LEGO menorah on YouTube: www.youtube.com/watch?v=FF3yEMUVepw.

A Christmas story

And then there was the holiday home invasion that occurred in Waxhaw, North Carolina, the invader being a cute little squirrel, reports AMAC. The homeowner, Taylor Stading, suspects it found its way into the house via a loose roof shingle. The squirrel led Stading and her family on a merry chase as it sought to settle in the branches of the family Christmas tree. Eventually she used a dust mop to help the critter exit the premises via an open window. It was all caught on video, providing the family with their own, very funny version of the classic Chevy Chase film "National Lampoon's Christmas Vacation." See video of the squirrel on YouTube: www.youtube.com/watch?v=rs56XiwWrro.

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

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India Community Center Table Tennis sets record

SUBMITTED BY ICC TABLE TENNIS

India Community Center (ICC) Table Tennis Center has made a new record. At the US Open Table Tennis Championship in Ontario, California the ICC Table Tennis team of Milpitas had 41 players earn a medal at the tournament. This included seven golds, 11 silvers and 23 bronze medals. The seven gold medalists include Ria Jain, Tian Ye, Kenneth Pinili, Dan Liu, Om Narvekar, U1900 and U1700, and Xin Li. ICC alumni also collected medals at the US Open. 10 gold, 10 silver and four bronze.



Silver Sticks Champions

SUBMITTED BY ROBERT BOUCHER

Congratulations to the Blackhawks 12U-BB team for their recent Championship win at Silver Sticks the Pacific Region tournament! The team went 4-0 in round-robin

play, beating the Sharks, Blue Devils, Jr. Monsters and Black Stars with a combined score of 19-3.

In the final game, the Hawks faced off against the also-undefeated Oakland Bears, outshot them 24-15, and secured the championship when Esaiah Amezquita scored

a power play goal with 3.6 seconds left in the game.

Keller Thurston racked up six goals and two assists in the tournament, and 13 other players had points. Goalie Bailey Watson earned three shutouts and finished with a .958 SV% after facing 71 shots.

EARTHTALK

Surging human population numbers worry environmentalists

BY MALINA BARKER

Dear EarthTalk: I hear that world population just topped eight billion. Is this growth wreaking havoc on the environment/climate and what is the prognosis for population growth globally over next few decades?

-- Peter. W., Albuquerque, New Mexico

Global population has indeed reached eight billion, but it won't remain there for long. Lower mortality rates and longer life expectancies have contributed to elevated population numbers. Although richer countries have lowered their birth rates in recent decades, poorer countries -- specifically those in sub-Saharan Africa -- continue to have high birth rates. Whether or not we will be able to support a continually growing population is still a hotly debated topic.

Many analysts still subscribe to philosopher Thomas Malthus' hypothesis, first postulated in a 1798 essay, that humans' ability to provide more and more resources will always be overwhelmed by ever-increasing population growth numbers. But others believe that growing population numbers can be supported with proper and effective resource allocation. Regardless, a growing population coupled with climate change will have an impact on resource availability and distribution.

Population projections are inherently tricky. It's impossible to account for every scenario that could be a determinant over the course of a century. The Department of Economic and Social Affairs of the United Nations Secretariat (UNPD) projects that human population will pass 10 billion by 2100. However, a convergence of population forecasts created by the Wittgenstein Centre projected a global population of 8.79 billion by 2100 after an initial peak of 9.73 billion in 2064. This projection is vastly lower than UNPD's projections due to their different modeling approaches.



The environmental consequences of global human population numbers cresting four decades from now are anybody's guess. Credit: James Cridland, FlickrCC

The Wittgenstein Centre's models arrived at different population totals based on variables such as fertility, mortality and migration pattern changes. The models predicted a lower total fertility rate (TFR) as access to education and contraception for childbearing people increased. A low TFR will have long term impacts on the overall global population. A reduced global population would reduce carbon dioxide output and lower resource needs and stresses, but climate change will continue to have consequences that will affect resource availability for decades to come even if we are successful at reining in emissions.

Social programs and systems will need to adapt as populations age and access to contraception and education increases. Age gaps will expand in countries with low TFRs. Labor forces will decrease, social security and universal healthcare systems will become strained and economic growth will be lowered as a result. These factors create a daunting task to support a growing global population, but it is possible.

Global population numbers do put a large strain on the environment, so it is important to elect policymakers who support a sustainable future with commitments to reduce fossil fuel emissions and who uphold and encourage reproductive education and healthcare for everyone, especially childbearing people. Whether our future will be some sort of Malthusian hell or a global garden where most of us receive the nourishment and resources needed to survive is still anybody's guess.

ONLINE CONTACTS

- The Global Population Will Soon Reach 8 Billion -- Then What? un.org/en/un-chronicle/global-population-will-soon-reach-8-billion-then-what
- Fertility, mortality, migration, and population scenarios for 195 countries and territories from 2017 to 2100 [thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30677-2/fulltext#seccestitle10](https://thelancet.com/journals/lancet/article/PIIS0140-6736(20)30677-2/fulltext#seccestitle10).

Bats plunge to ground in cold; saved by incubators, fluids

ASSOCIATED PRESS

Hundreds of bats lost their grip and plunged to the pavement underneath a bridge in Houston after going into hypothermic shock during the city's recent cold snap, according to wildlife rescuers who saved them by administering fluids and keeping them warm in incubators.

The Mexican free-tailed bats that roost at Houston's Waugh Bridge went into shock when temperatures plunged below freezing in mid-December, the Houston Humane Society said in a Facebook video.

The society's Texas Wildlife Rehabilitation Center rescued hundreds of bats from beneath the bridge, along with another group of bats elsewhere in the Houston area that also went into hypothermic shock, said center director Mary Warwick. She said some were recuperating in dog kennels in the attic of her home. Nearly 700 of the estimated 1,500 rescued bats were set to be released back into the wild Dec. 28, she said.

The humane society is now working to raise money for facility upgrades that would include a bat room, Warwick added. "That would really help in these situations where we continue to see these strange weather patterns come through," she said. "We could really use more space to rehabilitate the bats."



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Monarchs

soar into 2023



BY STAFF

According to preliminary numbers from the Western Monarch Count, more than 300,000 butterflies have been spotted at overwintering sites across California. The largest individual count, over 34,000, came from a site in Santa Barbara. Xerces Society, who runs the yearly Thanksgiving Count, won't release the final data until the end of January, 2023.

In an article from December 14, 2022, Western Monarch Count shares: "Surpassing 300,000 monarch butterflies for the 2022 Thanksgiving Count is a meaningful benchmark. In fact, it's something that hasn't occurred since the fall of 2000! (That said, volunteers are counting significantly more sites since the early 2000s, and thus, possibly more butterflies, too.) After last year's surprising news of a more than 100-fold increase from 2020's record lows of ~2,000 butterflies, a second year of increasing numbers gives hope for the struggling western monarch population."

Still, Western Monarch Count warns that we shouldn't write off protecting monarchs as a cause worthy of our time and attention. The 2022 numbers are similar to those of the 2014 Monarch Count, when researchers sought protection for the species under the Endangered Species Act. Monarchs as a species have declined in numbers significantly since the 1980s, and they continue to need our protection.

There are several spots around the Bay Area where you can spot overwintering monarchs. On December 7, 2022, Ardenwood Historic Farm posted to their Instagram that around 500 monarchs are sheltering in the park's eucalyptus grove. Guests are welcome to explore on their own or with a park guide, but staff warn visitors to watch for butterflies on the ground that are too cold to fly. Handling or collecting the butterflies is prohibited.

Monarchs have also been known to frequent the nectar garden at Coyote Hills and Monarch Bay Golf Course in San Leandro. Further afield, monarchs can be found in Monarch Grove in Santa Cruz and the Monarch Sanctuary in Pacific Grove, Monterey.

The increase in monarch sightings may be due to a variety of factors. Still, part of the credit goes to Bay Area garden clubs and individuals who have planted native plants, such as milkweed, that create a welcoming place for monarch butterflies and caterpillars. Let's keep helping our beautiful butterfly friends so that they continue to pay us a visit.

Learn more about monarchs at:
www.monarchjointventure.org
www.westernmonarchcount.org
www.xerces.org

Before

After

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Home & Garden

Start the new year by joining a plant society

By DANIEL O'DONNELL

Ever since there were notions of secret societies, people outside of them have been intrigued as to whether they exist, what happens behind closed doors, and what the real goals are. There are books, movies and websites dedicated to exposing them and their nefarious goals. This is not a modern-day phenomenon. Early conspiracy theorists as far back as the early 1300s were spreading rumors about the Knights Templar Society. What secret societies exist and what they get up to may never be known. So, instead of spending time and energy on them, why not join a known society, such as one for individual plants?

Plant societies are organized clubs that promote, educate, and connect like-minded people based on a plant species, plants with a common theme, or a gardening technique. Most plant societies have local chapters, conduct monthly meetings, host events, or participate in county fairs or garden shows to highlight their particular emphasis. The benefit for members is that they can get firsthand knowledge and help from gardeners with the same passion, access expert monthly presentations, and enjoy the company of people with the same hobby.

January is a great time to join a plant society. There is still plenty of time to plant seeds, prune, or purchase a plant for its spring flowers. It is often a great time to re-pot a plant or transfer it into the garden. Early sunsets and cold weather keep people inside longer, giving them more time to work on and enjoy their interior plants. Below are some local plant societies worth investigating:

California Native Plant Society East Bay Chapter (CNPA.org). Membership grants access to local and statewide plant and book sales, participating retail nursery discounts, garden tours, classes and lectures, online articles, field trips, and a subscription to



California Native Garden

Flora and Artemisia magazine. The membership fee also helps support saving, monitoring, and establishing native plant habitats. The CNPA East Bay Chapter is an all-volunteer organization and sponsors many volunteer workdays for its members.

Bay Area Carnivorous Plant Society (BACPS.org). BACPS has monthly meetings that are open and free to the public, as are the many articles on their website from other clubs throughout the



Carnivorous Plants



Carnivorous Plants

world. Members can get access to the BACPS Library and invitations to special propagation programs for only \$12 annually. Members can get free plants propagated by other members and guest speakers, raffle tickets for special prizes, and access to a member's sale table at monthly meetings. Each year the chapter hosts a large carnivorous plant show. Although it's free to the public, members get a free raffle ticket for show sponsored prizes, first access to club sale plants, and a discount for purchases.

Cactus and Succulent Society of San Jose (CSSSJ.org) CSSSJ encourages advanced, novice, and brand-new



Succulent



Succulent

hobbyists to join. Their mission is to educate people about the benefits of succulents in the garden and their conservation in the wild. Members gain the monthly *Cactus Courier* newsletter, access to the Society's extensive library of rare books and journals, entry into the Annual Show and Sale, field trips to local botanical gardens, monthly meetings with guest speakers, and an invitation to their Holiday Banquet and plant auction.

California Rare Fruit Growers Santa Clara Valley Chapter (scvcrfg.woodpress.com). The California Rare Fruit Growers Society, Inc., has 19 chapters in California, with three more in Arizona and Texas. Their mission is to grow delicious, rare, and historic fruit in an environmentally responsible manner. To become a member of the local Santa Clara Chapter, membership in the state Society is required. Both give members access to a plethora of articles on the website and an online question and answer form. Members in the Santa Clara Chapter are granted access to monthly meetings and early entry into an annual Scion Exchange in January.

East Bay Bonsai Society (eastbaybonsai.org). This local Bonsai Club is dedicated to teaching and displaying the living art of Bonsai. Membership privileges include a monthly newsletter, club meetings, workshops, club library, annual exhibits where members can display their trees, and guidance from experienced Bonsai artists.

East Bay Rose Society (eastbayroses.org). Membership gives access to monthly meetings which include a wide range of rose topics such as pruning, organic disease control, grooming tips, and watering techniques. Training to become a rosarian or ask questions of a rosarian is also a perk of being a member. Seminars, lectures, training events, and rose shows are held in different East Bay locations throughout the year. A monthly newsletter is also included in the membership.

Bromeliad Society of San Francisco (sfbromeliad.org). Bromeliads are popular houseplants and learning how to take care



Bromeliad



Bromeliad

of them at monthly meetings is a great reason to join the Society. Membership includes a monthly newsletter subscription, and online articles such as *Hardy Bromeliads for Bay Area Gardens*. Members also enjoy Society-sponsored sales at garden shows and Bay Area Bromeliad garden tours.

There are many more plant societies than the ones listed above; all offer great ways to deepen the enjoyment of gardening. The wealth of information gained from likeminded people is well worth the low price of joining!

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

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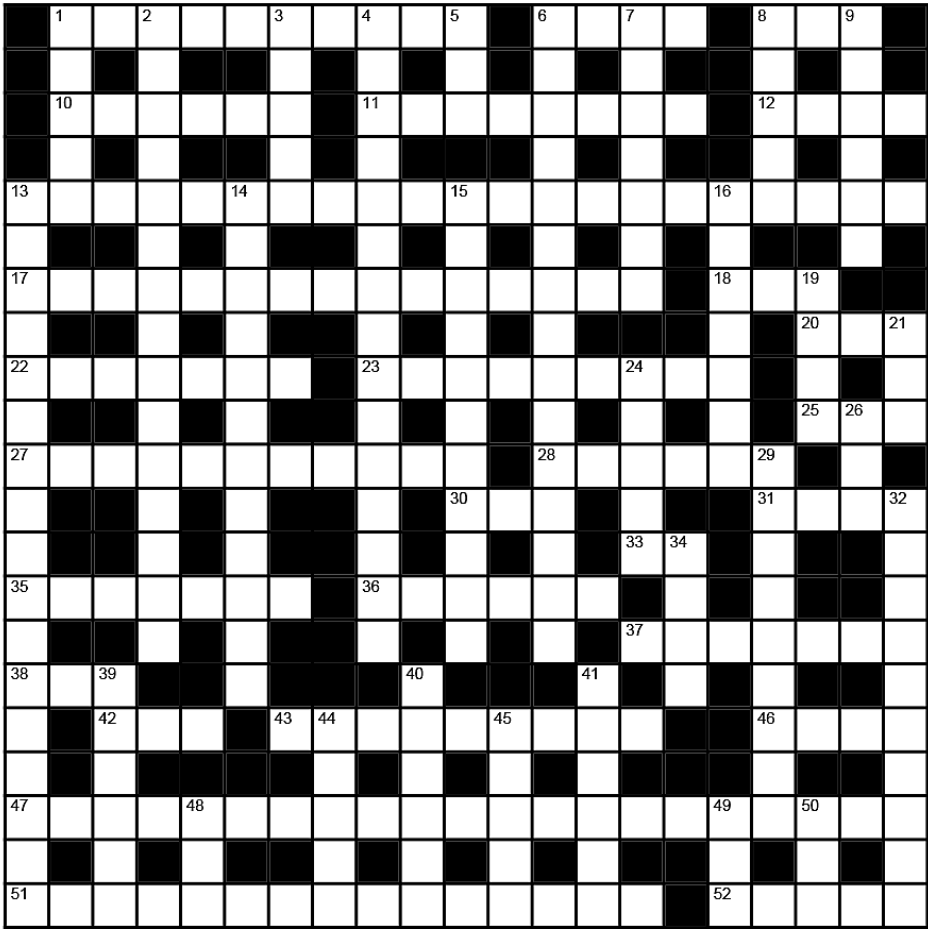


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Mind Twisters

Crossword Puzzle



- Across

1

Clear the air, in a way (10)

6

Pre- _____. (4)

8

Army program: Abbr. (3)

10

Baseball Hall-of-Famer Fox (6)

11

____ cuisine (8)

12

French marshal. (4)

13

What "Send" triggers? (9,12)

17

How natives communicate (2,3,10)

18

Prefix with acetylene (3)

20

A type of pooled investment security (3)

22

Work shoes (7)

23

One way to sell (2,1,6)

25

Certain bachelor, in ads (3)

27

Cat also known as an ounce (4,7)

28

Changes (6)

30

Howard of "Happy Days" (3)

31

"I May Destroy You" creator Michaela

33

Mathmatical, but also yummy (2)

35

"Good going!" (4,3)

36

By and large (6)

37

Good in rough weather (7)

38

Fmr. freight overseer (3)

42

Kamozé of reggae (3)

43

Cover, in a way (9)

46

Dublin's nat. (4)

47

Dance, idiomatically (4,3,5,9)

51

Menu item. (7,8)

52

Scattered, as seed (5)

Down

1

1910 Kentucky Derby winner (5)

2

Dire alternatives (4,2,4,5)

3

Broadcaster's tag (5)

4

Naive (8,2,1,4)

5

"That means ____!" (3)

6

Basis for some melodramas (7,8)

7

California observatory (7)

8

Arm parts (5)

9

Approval, so to speak (3,3)

13

Litmus test (4-4,9)

14

Plug + truck + sticks = progress (12)

15

Destruction (4,3,4)

16

Bull, at times (7)

19

Cravings (4)

21

Tea time (3)

24

Equip (3,2)

26

Big name in sweaty soap operas for men (3)

29

Imagined series of events (9)

32

Ski resort in New York (4,6)

34

"So ____ down most hurriedly and joined up with the John Birch Society..." (Dylan lyric) (4)

39

Franklinville, N.Y., and Franklin Park, Ill., for two (6)

40

Elegantly designed (6)

41

Vichy leader (6)

44

Went white (5)

45

Enough, for Caesar (5)

48

Sulfur: Prefix (3)

49

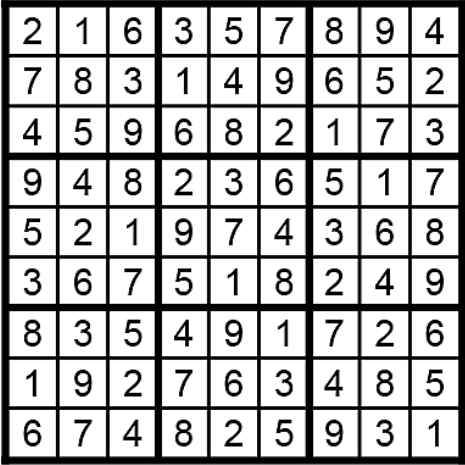
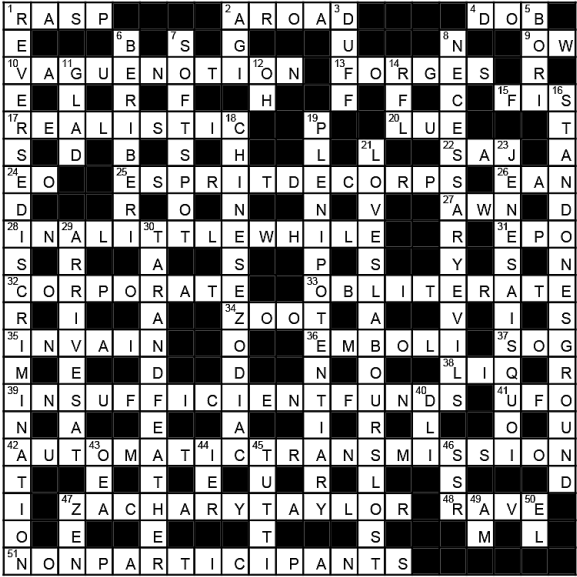
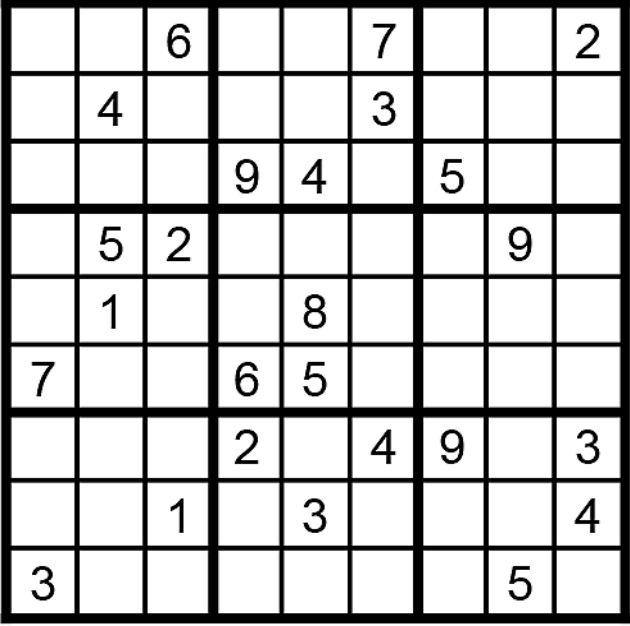
Balaam's mount (3)

50

God for whom a day of the week is named (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JANUARY 3, 2023

All Signs: Read your sign for a recap of what to expect in the year ahead. For many of us, life will get easier. The most important thing to know is that two major changes will take place this year: Saturn will move into Pisces in March. (The last time Saturn was in Pisces was from 1994-1996.) Two months later, in May, lucky Jupiter will move into Taurus. It's important to note that both the planet and zodiac sign are associated with wealth. This will signal a time of increased wealth and the enjoyment of creature comforts. I can't wait!

Aries the Ram (March 21-April 20):

You will meet two very different influences this year. On one hand, you are entering a two- to three-year window when you give up anything holding you back. It's time to tackle storage lockers, attics, basements and garages, getting rid of what is no longer useful and relevant in your life. You might also give up friends or jobs. Consider this a time of lightening, not loss. You're streamlining your life to get ready for new beginnings around 2026. The other piece of news is you're going to get richer this year!

Taurus the Bull (April 21-May 20):

Excellent news! Lucky Jupiter will enter your sign this year for the first time in 12 years, and it will stay there until June 2024! This boosts your ability to feel good about life. This the beginning of a new 12-year cycle of growth in values and choices in all areas of your life. Many of you will have more travel opportunities. This year is also an excellent time to study any subject that expands your worldview. You will find it easy to be optimistic and generous. Admittedly, 2023 will encourage extravagance.

Gemini the Twins (May 21-June 20):

This year is the culmination of a 30-year cycle, and you are entering your time of harvest, recognition, accolades and awards! You might see some failures, because you will now see clearly what's working and what isn't. You can expect a lot of responsibilities this year. But you will get credit for what you do! About 14 years ago,

you laid the groundwork for what is coming to fruition now. Where you have prepared, you will receive tremendous benefits. Don't ignore close relationships while you are caught up in your job and increased status.

Cancer the Crab (June 21-July 21):

In 2023, life will flow more easily! Not only will your year ahead be more popular with friends, colleagues and acquaintances, you will also be more involved with clubs, groups and professional organizations. (Note: your relations with people in power will benefit you.) In turn, you will find it easy to be tolerant of others. This year, you will be more idealistic and will work to improve the world around you. It's important to know that whatever you put out this year will come back to you in even greater quantity.

Leo the Lion (July 22-August 22):

This year you will have to get along with less support financially, practically and emotionally. But you are a resilient, strong sign. Your time of harvest is five years away, so this is a chance to build your self-discipline and strengthen your focus. Lucky Jupiter will cross the top of your chart for the first time in 12 years, making you look fabulous in the eyes of others! For most, this is a time of getting ahead. Expect a promotion at work, public recognition or the esteem of your peers.

Virgo the Virgin (August 23-September 22):

This year, respect your need for rest. Because Saturn is opposite your sign, you might feel world-weary.

You might also feel your ambitions are thwarted by circumstances or other people. Nevertheless, you have wonderful opportunities to travel! It's an excellent year for writers and anything to do with media and communications. Some of you will take courses or go back to school. You might also become involved with a human potential group. You will expand your world through education and travel this year – definitely.

Libra the Scales (September 23-October 22):

This year you will work hard for long-term goals that will come to fruition in around 2026. Fortunately, you will have all the help that you need because lucky, moneybags Jupiter will be travelling through one of your Money Houses. You might inherit, or become richer indirectly through another person. You will benefit others this year. This is the perfect year to ask for a loan or a mortgage. Sweeping changes will happen now that will make your life richer and more rewarding.

Scorpio the Scorpion (October 23-November 21):

This year you will enjoy favorable influences for close friendships and partnerships. In fact, this is the best year for Scorpios to get married in 12 years! You will encounter people who help you out in various ways. This is not the time to go it alone. Reach out to make contact – new friends and old. This is also an excellent year to consult experts, lawyers, counselors and astrologers. Some of you will have increased responsibilities with children. Get organized this year because whatever

you produce will be the result of hard work.

Sagittarius the Archer (November 22-December 21):

This is a pivotal year because in a 30-year cycle, now is the time to set down roots and establish a firm base for yourself and your family. You might change residences. Or possibly, you changed residences within the last two years, which was a time of flux for you. This year, you will address basic home repairs and improve where you live. Meanwhile, this is the best year in over a decade to find rewarding work. You can improve your existing job or get a better job. Likewise, you can improve your health.

Capricorn the Goat (December 22-January 19):

A welcome year ahead! Lucky Jupiter will travel through one of the most fun-loving parts of your chart! This will encourage opportunities for a fabulous vacation. It will also promote romance and enjoyable times with children. It will enhance your enjoyment of sports events. It can also sharpen your ability for financial speculation. It will hugely boost all aspects of creative self-expression – great news for artists and writers. Meanwhile, you are headed into a two-year window of flux and change with possible job and residential moves.

Aquarius the Water Bearer (January 20-February 18):

Your year ahead will bring you abundant opportunities to make improvements to where you live. You will redecorate, renovate or expand your living quarters. Others will move to something better. By

extension, this is also an excellent year for real-estate speculation. Meanwhile, your family will be happier. Children and family members will be lighthearted and more generous to each other. Yes, this all sounds like you're sharing a bottle of Happy Pills – but it's the truth.

Pisces the Fish (February 19-March 20):

The good news for you is that as of March, your journey through the Dark Night of the Soul will be over. Since early 2020, life has been challenging. Disappointing. Frightening and full of loss, especially of friends. Admittedly, your social skills were not always at the best. Starting this year, all of this is history. You're setting out on a new path of adventure where you will reinvent yourself by 2030. Some of you will change your daily wardrobe. This year you will be happier, more optimistic, busy with short trips, and full of big ideas!



By Georgia Nicols
www.georgianicols.com.

CASTRO VALLEY TOTAL SALES: 9						
Highest \$: 1,500,000		Median \$: 985,000				
Lowest \$: 735,000		Average \$: 1,041,667				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
21529 Dolores Street	94546	735,000	2	1018	1948	11/3/22
3669 Pinon Canyon Ct	94552	796,000	2	1258	1996	11/4/22
18076 Reamer Road	94546	809,000	3	1566	1942	11/3/22
4253 Moreland Drive	94546	920,000	4	1715	1953	11/4/22
20253 Meadowlark Dr	94546	985,000	3	1448	1959	11/3/22
19579 Carlton Avenue	94546	1,080,000	3	1486	1963	11/1/22
22490 Charlene Way	94546	1,100,000	2	1714	1937	10/31/22
3779 Boulder Canyon Dr	94552	1,450,000	4	2352	1998	11/3/22
5051 Stone Canyon Dr	94552	1,500,000	4	2605	1999	10/31/22

FREMONT TOTAL SALES: 30						
Highest \$: 2,850,000		Median \$: 1,342,750				
Lowest \$: 469,000		Average \$: 1,409,500				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
39224 Guardino Dr #304	94538	469,000	1	693	1990	10/31/22
38500 Paseo Padre Pkwy #206	94536	485,000	2	950	1970	10/31/22
38444 Berkeley Cmn #Cmn	94536	560,000	2	976	1979	10/31/22
39951 Fremont Blvd #116	94538	610,000	2	1146	1987	11/4/22
5663 Poplar Common	94538	675,000	3	1149	1970	11/3/22
39090 Presidio Way #137	94538	715,000	2	1552	1974	10/31/22
41304 Alline Street	94538	900,000	3	1318	1960	11/4/22
5308 Curtis Street	94538	1,025,000	3	1148	1961	11/2/22
37946 Bright Common	94536	1,055,000	2	1717	1978	10/31/22
41004 Genesis Common	94538	1,065,000	3	1662	2018	11/4/22
3785 Cardinal Terrace	94555	1,070,000	2	1407	1988	10/31/22
2873 Pinnacles Terrace	94538	1,126,000	2	1644	2013	11/4/22
40475 Blacow Road	94538	1,135,000	3	1036	1960	10/31/22
39736 Placer Way	94538	1,200,000	3	1269	1963	11/2/22
4839 Sterling Drive	94536	1,300,000	3	1132	1953	11/3/22
38566 Acacia Street	94536	1,385,500	3	1919	1962	11/1/22
4825 Valpey Park Ave	94538	1,400,000	4	1551	1962	11/4/22
41345 Roberts Avenue	94538	1,572,000	3	1795	1947	11/3/22
3856 Carol Avenue	94538	1,637,000	4	1586	1954	10/31/22
40850 Capa Drive	94539	1,700,000	3	1536	1964	11/1/22
1751 Circuit Cmn #402	94539	1,742,500	3	2097	2021	10/31/22
4712 Robin Court	94538	1,750,000	4	1556	1964	11/1/22
41555 Paseo Padre Pkwy	94539	1,858,000	5	1924	1959	11/1/22
40689 Canyon Heights Dr	94539	2,030,000	4	1708	1975	11/4/22
38275 Ballard Drive	94536	2,090,000	5	2425	1960	11/1/22
45048 Cougar Circle	94539	2,150,000	4	2144	1988	10/31/22
207 Emory Terrace	94539	2,150,000	4	2676	2016	10/31/22
42681 Lerwick Street	94539	2,200,000	4	2036	1964	11/2/22
1847 Argus Court	94539	2,380,000	3	2388	1988	11/4/22
61 Old Glory Court	94539	2,850,000	5	3108	1991	11/1/22

HAYWARD TOTAL SALES: 15						
Highest \$: 1,900,000		Median \$: 793,000				
Lowest \$: 380,000		Average \$: 867,733				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
658 River Oak Way #76	94544	380,000	1	531	1985	11/2/22
22773 Watkins Street	94541	474,000	2	1159	2005	10/31/22
2972 D Street	94541	680,000	3	1012	1951	11/4/22
31213 Tepic Place #45	94544	690,000	2	1435	1981	11/4/22
32062 Kennet Street	94544	699,000	3	1031	1951	11/1/22
396 Thorne Drive	94544	710,000	-	951	1950	11/2/22
27426 Capri Avenue	94545	770,000	3	1000	1957	11/1/22
1289 Rieger Avenue	94544	793,000	3	1119	1956	10/31/22
1514 Sumatra Street	94544	800,000	4	1524	1954	11/4/22
25022 Panitz Street	94541	800,000	3	1075	1954	11/4/22
24135 Machado Court	94541	1,000,000	4	1512	1984	11/1/22

MILPITAS TOTAL SALES: 7						
Highest \$: 7,000,000		Median \$: 1,199,000				
Lowest \$: 683,000		Average \$: 2,014,143				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
1931 Landess Avenue	95035	683,000	3	1165	1971	11/23/22
1911 Cadence Lane	95035	1,036,000	2	1393	2015	11/23/22
1923 Big Bend Drive	95035	1,190,000	3	1249	1966	11/23/22
340 South Temple Drive	95035	1,199,000	3	1102	1960	11/22/22
54 Pimentel Circle	95035	1,460,000	4	2155	2012	11/23/22
1800 Crater Lake Ave	95035	1,531,000	3	2039	1967	11/21/22
859 London Drive	95035	7,000,000	-	-	011	23/22

NEWARK TOTAL SALES: 7						
Highest \$: 1,560,000		Median \$: 1,075,000				
Lowest \$: 755,000		Average \$: 1,126,429				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
6153 Thornton Ave #A	94560	755,000	3	1383	1987	11/3/22
36708 Charles Street	94560	900,000	3	1190	1954	11/4/22
6665 Albyn Court	94560	1,010,000	3	1140	1958	11/4/22
6253 Thornton Avenue	94560	1,075,000	4	1687	2017	11/1/22
37794 Rockspray Street	94560	1,225,000	4	1432	1969	11/3/22
5269 Bristol Place	94560	1,360,000	4	2018	1967	10/31/22
5062 Winsford Court	94560	1,560,000	4	1896	1967	10/31/22

SAN LEANDRO TOTAL SALES: 12						
Highest \$: 1,156,000		Median \$: 854,500				
Lowest \$: 362,000		Average \$: 824,667				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
2077 Washington Ave #110	94577	362,000	1	618	1984	11/2/22
847 Donovan Drive	94577	599,000	2	1210	1942	11/4/22
15055 Norton Street	94579	670,000	2	821	1948	11/1/22
1710 Thrush Avenue	94578	700,000	4	1309	1949	10/31/22
3843 Anza Way	94578	790,000	3	1342	1954	11/2/22
2046 Trombas Avenue	94577	849,000	3	1501	1944	10/31/22
2002 Orchard Avenue	94577	860,000	3	1333	1947	11/1/22
755 Dutton Avenue	94577	900,000	3	1448	1942	11/2/22
543 Fortuna Avenue	94577	950,000	2	1212	1939	11/4/22
1186 Cherrybrooke Commons	94578	960,000	4	1947	2005	11/2/22
1522 Kelly Avenue	94577	1,100,000	3	1309	1942	10/31/22
15233 Laverne Court	94579	1,156,000	3	1711	1958	11/4/22

SAN LORENZO TOTAL SALES: 2						
Highest \$: 735,000		Median \$: 517,500				
Lowest \$: 300,000		Average \$: 517,500				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
1476 Via Buena Vista	94580	300,000	3	1519	1951	11/2/22
17476 Via Estrella	94580	735,000	2	837	1948	11/1/22

SUNOL TOTAL SALES: 1						
Highest \$: 650,000		Median \$: 650,000				
Lowest \$: 650,000		Average \$: 650,000				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
11739 Foothill Road	94586	650,000	3	1616	010	31/22

UNION CITY TOTAL SALES: 4						
Highest \$: 1,500,000		Median \$: 902,500				
Lowest \$: 515,000		Average \$: 955,000				
ADDRESS	ZIP	SOLD FOR	BD\$	SQFT	BUILT	CLOSED
2172 Skylark Court #2	94587	515,000	2	903	1972	11/3/22
31133 Alvarado Niles Rd #17	94587	570,000	2	1129	1983	11/4/22
2453 Becket Drive	94587	1,235,000	4	1489	1969	11/3/22
2606 Oregon Street	94587	1,500,000	4	1919	1972	11/4/22

Home Sales Report

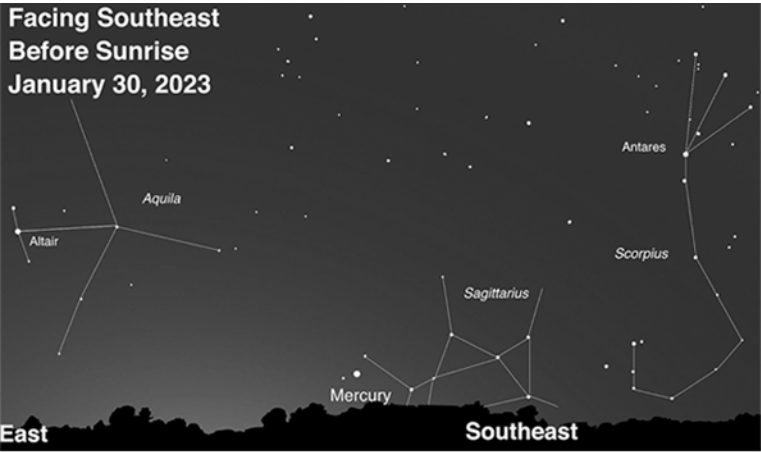
Spot the Messenger: Observe Mercury

By DAVID PROSPER

Most planets are easy to spot in the night sky, but have you spotted Mercury? Nicknamed “the Messenger” for its speed across the sky, Mercury is also the closest planet to the Sun. Its swift movements close to our Sun accorded it special importance to ancient observers, while also making detailed study difficult. However, recent missions to Mercury have resulted in amazing discoveries, with more to come.

Mercury can be one of the brightest planets in the sky – but also easy to miss! Why is that? Since it orbits so close to the Sun, observing Mercury is trickier than the rest of the “bright planets” in our solar system: Venus, Mars, Jupiter, and Saturn. Mercury always appears near our Sun from our Earth-bound point of view, making it easy to miss in the glare of the Sun or behind small obstructions along the horizon. That’s why prime Mercury viewing happens either right before sunrise or right after sunset: When the Sun is blocked by the horizon, Mercury’s shine can then briefly pierce the glow of twilight.

Mercury often appears similar to a “tiny Moon” in a telescope, since, like fellow inner planet Venus, it shows distinct phases when viewed from Earth! Mercury’s small size means a telescope is needed to observe its phases since they can’t be discerned with your unaided eye.



Mercury reaches maximum western elongation on the morning of January 30, which means that your best chance to spot it is right before sunrise that day! Look for Mercury towards the southeast and find the clearest horizon you can. Binoculars will help distinguish Mercury’s elusive light from the pre-dawn glow of the Sun. Image created with assistance from Stellarium

Safety warning: If you want to observe Mercury with your telescope during daytime or before sunrise, be extremely careful. You don’t want the Sun to accidentally enter your telescope’s field of view. As you may already understand, this is extremely dangerous and can not only destroy your equipment, but permanently blind you as well. That risk is why NASA does not allow space telescopes like Hubble or the JWST to view Mercury or other objects close to the Sun, since even the tiniest error could destroy billions of dollars of irreplaceable equipment.

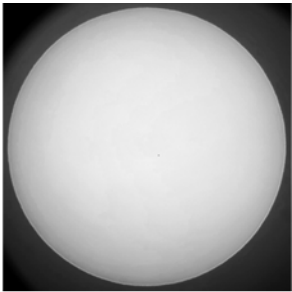
Despite being a small and seemingly barren world, Mercury is full of interesting features. It’s one of the four rocky (or terrestrial) planets in our solar system, along with Earth, Venus, and Mars. Mercury is the smallest

planet in our solar system and also possesses the most eccentric, or non-circular, orbit of any planet as well: during a Mercurian year of 88 Earth days, the planet orbits between 29 million and 43 million miles from our Sun – a 14-million-mile difference! Surprisingly, Mercury is not the hottest planet in our solar system, despite being closest to the Sun. That honor goes to Venus, courtesy of its thick greenhouse shroud of carbon dioxide. Since Mercury lacks a substantial atmosphere and the insulating properties a layer of thick air brings to a planet, its temperature swings wildly between a daytime temperature of 800 degrees Fahrenheit (427 degrees Celsius) and -290 degrees Fahrenheit (-179 degrees Celsius) at night.

Similar to our Moon, evidence of water ice is present at

On rare occasions, Earthbound observers can observe Mercury transiting the Sun. Mercury frequently travels between Earth and the Sun, but only rarely does the geometry of all three bodies line up to allow observers from Earth to view Mercury’s tiny shadow as it crosses our star’s massive disc. You can see one such event in this photo taken by Laurie Ansorge of the Westminster Astronomical Society on November 11, 2019.

Image from NASA MESSENGER. Mercury is the most heavily cratered planet in our solar system, since it lacks either a substantial atmosphere or geologic activity to erode surface features like craters. Credit: NASA/Johns Hopkins University Applied Physics Laboratory/Carnegie. Source: <https://solarsystem.nasa.gov/resources/439/mercurys-subtle-colors/>



thoroughly studied and mapped the planet before smashing into Mercury at mission’s end in 2015. Since MESSENGER, Mercury was briefly visited by BepiColombo, a joint ESA/JAXA probe, which first flew by in 2021 and is expected to enter orbit in 2025 - after completing six flybys. Need more Mercury in your life? Check out NASA’s discoveries and science about Mercury at solarsystem.nasa.gov/mercury/, and visit the rest of the universe at nasa.gov.

This article is distributed by NASA’s Night Sky Network (NSN). The NSN program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit nightsky.jpl.nasa.gov to find local clubs, events, and more!

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Fremont Lab: 5500 Stewart Ave, Ste 108
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Union City Drive-Thru: 34800 11th St (BART)
• Mon, Wed, Fri, 8:30am-5:00pm

Did you know?
Covid-19, RSV, & Flu A/B survival tips

Tips to avoid getting sick:

- wash hands with soap & warm water for 20 seconds
- avoid touching your face (eyes, nose, mouth) w/ unwashed hands
- disinfect high traffic surfaces: cell phone, steering wheel, door knobs and handles (when did we all last do this?)
- avoid sick people / stay home if you're sick! Merry Christmas!

Find us on social media @mycarelabs

My Care Labs provides crucial testing amid pandemic

BY MADHIKA SINGH
PHOTOS COURTESY OF
MYCARELABS
SOCIAL MEDIA

Early detection through widely available and easily accessible testing seems to be one of the main public health tools we have for fighting infectious diseases like COVID-19. To help Tri-City and other communities in California combat the COVID-19 pandemic, Harvey Singh founded My Care Labs in November 2021.

As part of the California COVID-19 Testing Task Force, My Care Labs partners with

California Department of Public Health (CDPH), California Reportable Disease Information Exchange (CalREDIE), Centers for Disease Control and Prevention (CDC), among other organizations. My Care Labs is a Clinical Laboratory Improvement Amendments (CLIA)-certified COVID-19 RT-PCR (reverse transcription-polymerase chain reaction) testing facility with its own laboratory and pop-up locations in California with 24-hour turnaround times. In addition to their Fremont testing facility, they also have pop-up locations in Fremont and Union City. For more information and operating



My Care Labs testing pop up

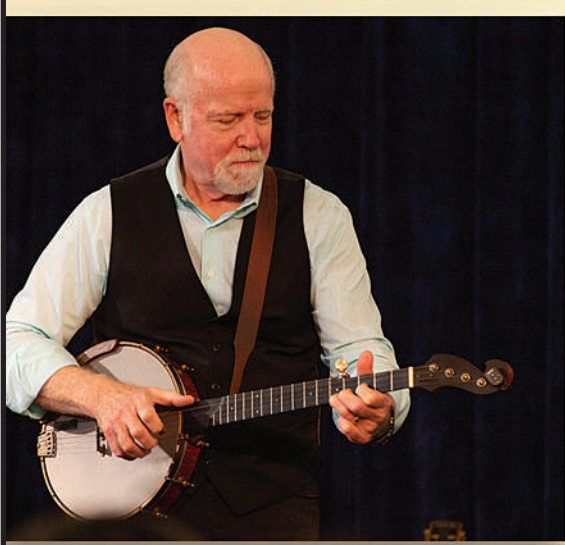
John McCutcheon
LIVE IN CONCERT
Monday, January 16, 7:30pm

World-Renowned, Grammy-Nominated
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One Night Only

Proof of COVID vaccination and masks are required

For more on John McCutcheon, go to www.folkmusic.com




St. James' Episcopal Church
37151 Cabrillo Terrace
Thornton Ave at Cabrillo Terrace
Fremont

(510) 797-1492 ext. 203
events@saintj.com

Tickets \$30 adults, \$15 children 12 & under, children under 5 free

A portion of the proceeds from this concert will be donated to Abode Services working to end homelessness



hours please see www.mycarelabs.com/testing-locations/.

The company offers managed in-person testing staffed by trained medical assistants as well as self-service next-day testing. To make the process even more convenient for patients, My Care Labs locations provide services by appointment, drive-through and even on a same-day drop-in basis. The company also provides weekly group testing for residents, schools, nursing homes, businesses, and large organizations. "As a patient-first company, we provide convenient mobile testing on-demand as well as self-service and full-service testing solutions customized to patient and organizational needs," shared My Care Labs. Organizations can schedule a call

with My Care Labs during which their solutions team puts together a custom testing program tailored to the organization's own requirements.

"We continue to take COVID-19 seriously as well as increase our surveillance testing offerings to address wider geographies and demographics of patients," explained My Care Labs about their current approach to COVID-19. The company is currently testing

To make the process even more convenient for patients, My Care Labs locations provide services by appointment, drive-through and even on a same-day drop-in basis.

an at-home test kit service as well. They are also offering comprehensive tests for infectious diseases other than COVID-19, which are seeing a rise in cases.

"We are the first California laboratory to offer the all-in-one combo RSV, COVID-19, influenza A and B (flu) testing to all California schools, individuals, and businesses. Unfortunately, RSV hospitalizations are ramping up among children and elderly alongside COVID-19 and flu, with a surge of cases seen weeks earlier than the normal winter season," the company shared.

My Care Labs is looking to expand its offerings to better serve the patients. They plan to begin offering toxicology and oncology testing soon. "We're aware that cancer rates continue to increase and we are interested in continuing to serve our local community in new ways," shared My Care Labs. They will have their own medical provider and trained medical staff, so anyone will be able to drop in for testing without the need for a referral as long as they have health insurance or are able to pay for services otherwise.

The nature of services offered by My Care Labs is evolving; please visit <https://www.mycarelabs.com/> for latest information.

My Care Labs
Mon-Sat 9:30 a.m. - 5:00 p.m.
Walk-in or by appointment
5500 Stewart Ave, Suite 108,
Fremont
(800) 790-4550
support@mycarelabs.com
www.mycarelabs.com/

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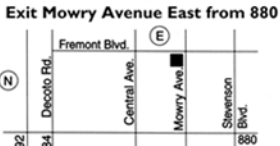
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4075 Mowry Ave., Fremont



Hayward Animal Shelter



510-293-7200

www.HaywardAnimals.com

16 Barnes Court, Hayward (Near Soto & Jackson)

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Grinch is a 1 year old male chihuahua who likes attention, but on his terms. He has nice manners, enjoys planning with toys, and is very food motivated. He would do well in home with older children and other dogs. Right now dog adoptions are FREE, sponsored by SantaCon Hayward! To adopt call Hayward Animal Shelter (510) 293 – 7200.



Aiko is a 1 year old male German Shepherd mix who is active and energetic. He loves playing with toys and getting treats. He is good with other dogs and would like a home with older children. Right now dog adoptions are FREE, sponsored by SantaCon Hayward! To adopt call Hayward Animal Shelter (510) 293 – 7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays
Practice Your English--Tuesday Chat! R
4:00 pm - 5:00 pm
Improve your English by talking with native speakers
bit.ly/3TH2keU
jliu@aclibrary.org

Wednesdays
Tropics Bingo
7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd, Union City
(510) 471-8550
the-tropics.net

First Wednesdays
Talkin' Dirt
7:00 pm - 8:00 pm
Online gathering of gardeners
Local Ecology and Agriculture
Fremont (LEAF)
6501 Niles Blvd, Fremont
fremontleaf.org/talkindirt

First Thursdays
Plethos Comedy Lab \$
8:00 pm - 10:00 pm
Ever-changing lineup of Bay Area comics (18+)
Castro Valley Market Place
3295 Castro Valley Blvd,
Castro Valley
(510) 901-1001
castrovalleymarketplace.com

Second Thursdays
Diaper Distribution Program
11:00 am
Diaper and wipes for low-income household
Hayward Public Library
888 C St, Hayward
(510) 293-8685
hayward-ca.gov/public-library

Thursdays to Sundays
Animal Feeding
3:00 pm - 3:30 pm
Feed livestock and learn about their favorite food
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

First Fridays
First Friday: Invisible Astronomy \$
6:00 pm - 10:00 pm
Explore light from earth and space
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
chabotspace.org

Fridays and Saturdays
Telescope Viewings
7:30 pm - 10:30 pm
Experience the awe and wonder of the Universe
Chabot Space and Science Center
10000 Skyline Blvd, Oakland
(510) 336-7300
chabotspace.org

Saturdays
Laugh Track City \$
8:00 pm
Improvised games & scenes
Made Up Theatre
4000 Bay St suite B, Fremont
(510) 573-3633
madeuptheatre.com
Please show proof of vaccination

First and Third Saturdays
Pacific Bus Museum \$
10:00 am - 2:00 pm
Open house
Pacific Bus Museum
37974 Shinn St, Fremont
pacbus.org
info@pacbus.org

Second Saturdays
Alviso Adobe Tours \$
1:00 pm
Docent-led tours and video presentation
Alviso Adobe Park
2087 Alviso Adobe Ct, Milpitas
(408) 586-3210
bit.ly/3Wcmgu

Arts & Entertainment

Second Saturdays
Lazy Saturdays?
9:00 am - 12:00 pm
Join members of LEAF and tackle various projects
Local Ecology and Agriculture
Fremont (LEAF)
6501 Niles Blvd, Fremont
fremontleaf.org/volunteer
volunteer@fremontleaf.org

Saturdays and Sundays
Nectar Garden Exploration
11:00 am - 12:00 pm
Discover native pollinators and plants
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Saturdays and Sundays
Discovery On Demand
10:30 am - 3:30 pm
Explore, investigate and craft to satisfy your natural curiosities
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Mondays, Tuesdays, Thursdays, and Fridays
Showers for Adults 55+ R
1:00 pm - 2:30 pm
One shower per day
Age Well Center at South Fremont
47111 Mission Falls Ct, Fremont
(510) 742-7529
bit.ly/3rAEdSC

Mondays
Advanced Math + Science Tutoring
5:30 pm - 7:00 pm
Free high school and college-level tutoring
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
aclibrary.org

Second Thursdays, September 8 - June 9
Café Dad
6:00 pm
Father and father figures to obtain resources
HUSD Parent Resource Center Hub
24823 Soto Rd, Hayward
(510) 723-3857
husd.us/hub

Saturdays, November 12 - February 5
13 Weekly (Grief Share) sessions R
9:00 am - 10:30 am
Prince of peace church
38451 Fremont Blvd, Fremont
(510) 793-3366
popfremont.org

Friday - Wednesday, November 18 - January 4
Travelling Exhibit "We Are Not Strangers Here"
During library hours
African American Histories in Rural Californian
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

First Thursday, December 1 - April 6
Bill Savings Assistance with Spectrum
3:00 pm - 5:00 pm
In-person assistance on how to complete the 2022 LIHEAP and/or LIHWAP application forms
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
bit.ly/3gWSjfq

Wednesdays, December 7 - November 22
Qi Gong Meditation & Exercise Classes
2:00 pm - 4:00 pm
Relieve Stress and anxiety by joining Falun Dafa classes
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

Thursdays, December 8 - June 8
Cover to Cover Book Discussion
1:00 pm - 2:30 pm
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAjaM

Second Mondays, December 12 - May 8
ASL (American Sign Language) Story Signing
6:30 pm - 7:30 pm
Preschool - 2nd grade:
6:30 - 7:00 pm
3rd - 5th grade: 7:00 - 7:30 pm
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

First and third Friday, December 16 - Jun 16
Mobile Food Distribution
10:30 am - 11:30 am
Available for first 80 families, line up starts at 9:30
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM
Bring your own reusable bag

Saturdays & Sundays, December 20 - January 22
Winter Brick Show \$
12:00 pm - 4:00 pm
Exhibit of various LEGO structures
Bay Area Family Church
2305 Washington Ave, San Leandro
(510) 483-4712
bafc.org

Wednesdays, December 28 - January 25
Folding Books R
12:00 pm - 1:00 pm
Used books makeover project
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3DyAjaM

Tuesdays, January 3 - May 30
Baby Bouncers Lapsit
11:30 am - 11:45 am
Nursery rhymes, lap bounce, songs, & picture books for 12 months & younger
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org

Wednesday, January 4 - January 25
Little Listeners Storytime
11:00 am - 11:45 am
In-person story time with, songs and other fun for preschooler
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
aclibrary.org/locations/SLZ

Wednesdays, January 4 - May 31
Pen Pal Club
4:00 pm - 5:00 pm
Create a card and write to your new pen pal friend from the Portola Branch Library in SFO
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM
Ticket will be distributed at children desk from 3:45 pm

First Saturdays, January 7 - March 4
Music Hour at the Library
2:30 pm - 3:30 pm
Perform, volunteer, share & enjoy music together
Newark Public Library
37055 Newark Blvd, Newark
(510) 284-0675
bit.ly/3WyERY6

UPCOMING EVENTS

Tuesday, January 3
Storywalk along the Marsh
3:00 pm - 3:30 pm
Enjoy the stroll with stories, songs and movement
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Tuesday, January 3
Sticks & String Knitting Circle
10:30 am - 12:00 pm
Knit, crochet, sew & more with sticks & string
Hayward Public Library
888 C St., Hayward
(510) 293-8685
hayward-ca.gov/public-library

Tuesday, January 3 – Thursday, January 5
Midwinter Matinees
1:30 pm
January 3- How to Train your Dragon
January 4 - The Bad Guys (2022)
January 5 - Lightyear
Centerville library
3801 Nicolet Ave, Fremont
(510) 795-2629
aclibrary.org/locations/CTV
Mask Required

Wednesday, January 4
Movie Wednesday
1:00 pm - 3:00 pm
Minions The Rise of Gru
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
bit.ly/3WNSjhc
aclibrary.org

Friday, January 6
Lookin' for Lichen Walk
10:00 am - 11:30 am
Stroll around in search of Lichens and other common species
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3245
ebparks.org/parks/sunol

Friday, January 6
LGBTQ Older Adult Social Space
4:30 pm - 6:30 pm
Socialize with some board games, card games, snacks or group discussion
Milpitas Public Library
160 N Main St, Milpitas
(408) 262-1171
scclld.org
tkingery@avenidas.org

Saturday, January 7
Learning Lichens: A Nature Journal Discovery
2:00 pm - 4:00 pm
Create nature journal pages using the different lichen spices and art supplies
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3245
bit.ly/3GvBOB4

Saturday, January 7
Relax & Color for Adults
1:00 pm - 2:00 pm
De-stress yourself through art
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Saturday, January 7
Making Tracks R
10:30 am - 12:00 pm
Identify the animal from their track, explore animal track mold & make your own
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
bit.ly/3UGfdGr

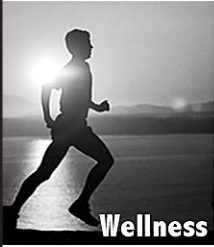
Saturday, January 7
Sounds in Nature (English/Spanish)
9:00 am - 10:30 am
Explore unexpected sounds heard across Coyote Hills
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

Sunday, January 8
Marsh Adventures
10:00 am - 11:00 am
Walk through the marsh and discover the plants & animals residing there
Coyote Hills Visitors Center
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
bit.ly/3UGfdGr

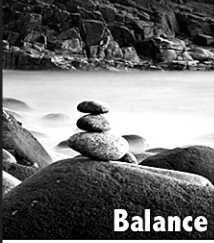
Sunday, January 8
Make a seed ball
1:00 pm - 1:30 pm
Make seedball out of soil and clay
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

Sunday, January 8
Rabbit Rendezvous
2:00 pm - 2:30 pm
Learn why rabbits are great hoppers & how they use their ears
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood

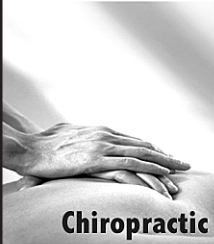
Monday, January 9
Pollinator puppet Show
10:30 am - 11:00 am
Discover the importance of pollinator through puppet
Ardenwood Historic Farm
34600 Ardenwood Blvd, Fremont
(888) 327-2757
ebparks.org/parks/ardenwood



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Janet Laney, D.C.
510-792-9000
6170 Thornton Ave., Ste H
Newark

Tuesday, January 10
Nature's Stories: Neat Newts
11:00 am - 11:45 am
Nature themed story time, followed by activity or craft
Sunol Regional Wilderness Visitor Center
1895 Geary Rd, Sunol
(510) 544-3245
eparks.org/parks/Sunol

Friday, January 13 – Sunday, January 15
Fremont Friend of the Library Book Sale
Friday: 2 pm - 6 pm
Saturday: 10 am - 3 pm (\$1 per inch)
Sunday: 12 pm - 3 pm (\$5 per bag)
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
aclibrary.org/locations/FRM

Fremont Friends of the Library

BOOK SALE

Fremont Main Library, in the Fukaya Room

2400 Stevenson Blvd., Fremont, CA 94538

JANUARY 13, 14, & 15, 2023

- **Friday, January 13: 2 pm - 6 pm**
- **Saturday, January 14: 10 am - 3 pm**

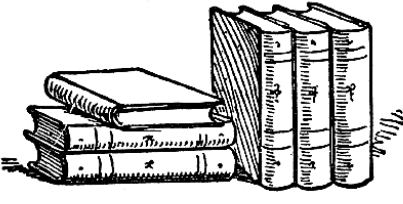
Most books priced at \$1/ inch, some specially priced.
Children's material individually priced.
CDs: from 25 cents, DVDs: from \$1.
New materials may be added after opening.

- **Sunday, January 15: 12 pm - 3 pm**

Clearance Sunday:
Only \$5 per paper grocery bag!
We will provide the bags.
Books & magazines only in bags.
CDs & DVDs are 50% off marked price.

FEATURING:
Zane Grey (66 volumes)
Child Craft, copyright 1954 (complete 15 volumes)
Science & Invention Encyclopedia, copyright 1977 (complete 24 volumes)

Credit cards accepted, \$10 minimum
Mask required



Kwanzaa celebration



About 100 people attended a Kwanzaa celebration Saturday, December 31, at NewPark Mall in Newark. Sponsored by the Afro-American Cultural & Historical Society Tri-City & Hayward, the celebration recognizes universal values of family, community and African culture. Kwanzaa is held annually from December 26 through January 1.

ROB KLINDT

Police seek community assistance with shooting investigation

SUBMITTED BY LT. SERGIO QUINTERO, UNION CITY PD

On Sunday, January 01, 2023, at approximately 03:49 a.m., Union City Police Department officers were dispatched to the 1800 block of Whipple Road regarding a shooting. Upon arrival, officers located a 36-year-old female victim who sustained gunshot wounds. The victim was transported to a local hospital for non-life-threatening injuries.

UCPD Detectives responded and took over this investigation.

This appears to be an isolated incident and there are no known additional threats to the public.

Anyone with information regarding this incident is encouraged to contact Detective Angela Fonseca at AngelaF@unioncity.org or (510) 675-5227. If you wish to remain anonymous, you can leave information on the UCPD tip line at (510) 675-5207 or at tips@unioncity.org



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Contact Fudenna Bros. for more information

Phone: 510-657-6200

Email: customerservice@fudenna.com

Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Park It:

**Sounds of the
Woodlands**
BY NED MACKAY

Wildlife can be elusive – it's a survival technique. But even if you can't see the animals while visiting regional parklands, you can still identify them by the sounds they make. Find out more during "Sonidos En La Naturaleza – Sounds in Nature," a program from 9:00 a.m. to 10:30 a.m. on Saturday, January 7 at Coyote Hills Regional Park in Fremont with naturalist Martha Cerda.

As the title implies, this is one of a series of bilingual programs in English and Spanish. The group will explore and appreciate some of the different and beautiful sounds that are made by wildlife throughout Coyote Hills. Meet at the visitor center.

The program is free and open to all ages. Parental participation is required; registration is not necessary. Coyote Hills Regional Park is located at the end of Patterson Ranch Road off Paseo Padre Parkway. There's a parking fee of \$5 per vehicle. For information, call (510) 544-3220.

Another recurring program in the park district is Saturday Strolls. The strollers will meet at Oyster Bay Regional Shoreline on Saturday, January 7 for an easy, three-mile walk from 9:30 a.m. to 11:30 a.m. with naturalist Susan Ramos. Participants will see how the former landfill site has been transformed into a park that is a stopover for migrating birds and overwintering butterflies. There are great views of the bay, too.

The hike is free of charge and registration is not necessary. To get to the trailhead from I-880 in San Leandro, exit at Marina Boulevard and drive west. Turn right onto Neptune Drive and park at the end of the street. For information, call (510) 544-3187.

From before the arrival of the bow and arrow, the First Peoples of the East Bay used a device called an atlatl while hunting. You can try your hand at this ancestral skill during a program from 2 p.m. to 3 p.m. on Saturday, January 7 at Tilden Nature Area near Berkeley, with naturalist Anthony Fisher. Personal note: I've tried using an atlatl myself during a similar program. I'll say only that any potential food source would have been safe. Accuracy requires a lot of practice.

Anthony's program is free of charge and registration is not necessary. Meet at the Environmental Education Center. It's at the north end of Tilden's Central Park

Drive, accessible via Canon Drive from Grizzly Peak Boulevard in Berkeley. For information, call (510) 544-2233.

Millions of years ago, a shallow sea covered the area that is now Black Diamond Mines Regional Preserve in Antioch. To see evidence of this ancient seascape, in the form of sea creature fossils, join naturalist Jaclyn Caldwell on a short, leisurely stroll from 2 p.m. to 3 p.m. on Saturday, January 7. No underground mine tour is included.

Meet Jaclyn in the parking lot at the park offices, on the left just past the park entrance kiosk. The park is on Somersville Road, about 3½ miles south of Highway 4. The program is free; no registration is required. Black Diamond Mines has a parking fee of \$5 per vehicle when the kiosk is staffed. For information, call (510) 544-2750.

You can help to track the health of the Delta during ongoing water quality testing programs at Big Break Regional Shoreline in Oakley. Learn how water quality changes affect the ecosystem. There's a program from 9 a.m. to 10 a.m. on Sunday, January 8 with the Big Break naturalist staff. It's free and registration is unnecessary.

Big Break Regional Shoreline is located at 69 Big Break Road off Oakley's Main Street. For information, call (510) 544-3050.

Monarch butterflies have returned to Ardenwood Historic Farm in Fremont this year in respectable though not extensive numbers.

Monarch butterflies have a complicated life cycle. They undergo an annual migration for thousands of miles north and south; some populations migrate between Canada and Mexico. Individual butterflies complete only part of the full distance.

According to Ardenwood naturalists, the monarchs that overwinter there are part of a western population that doesn't migrate to Mexico. They come from all over the northwest United States west of the Rockies. They settle in the park's eucalyptus groves in winter, conserving warmth by overlapping like roof shingles, and occasionally launching into flight.

No formal butterfly programs are planned at Ardenwood this season. However, if you visit the park, stop by the farmyard and the park staff will be glad to direct you to where you may view some of the monarchs. Ardenwood is at 34600 Ardenwood Boulevard, just north of Highway 84. For information, call (510) 544-2797.

These are just a few of the programs and activities available in the East Bay Regional Parks. For full information, visit www.ebparks.org/things-to-do.

Newark Memorial Varsity takes Consolation Trophy, Cougars JVs finish third

SUBMITTED BY DARRYL REINA

The 35th Annual Newark Optimist Club - Newark Memorial Girls Holiday Basketball Classic was a huge success as 16-teams from throughout the Bay Area participated in the three-day event at the Newark Memorial Event Center.

Congratulations to San Leandro High School on winning the Varsity Division Championship, and to Lowell High School of San Francisco taking home the Junior Varsity Division first-place trophy.

Senior point guard Tali Fa'i scored 20-points in the Cougars 52-34 win over Foothill High School of Pleasanton in the Varsity Division. In the Third Place JV game, freshman Aaliyah Tai scored the game-winning free-throw with just 10-seconds left in the game, to give the Cougars an exciting 31-30 win over the Irvington JV Vikings.

Tali Fa'i was named to the Varsity All-Tournament Team, while Deysi Montiel was recognized for her outstanding play, and was selected to the JV All-Tournament Team.



Community Bulletin Board

10 lines/\$10/ 10 Weeks
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FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365		510-494-1999 tricityvoice@aol.com	
Hope Evangelical-Lutheran Church 3800 Beard Rd, Fremont, CA 94555 A church of the Unaltered Augsburg Confession AD 1530 and The Book of Concord AD 1580/1584 Lutheran Church Missouri Synod (LC-MS) - English District Incarnational. Sacramental. Liturgical. Find our service times and social media links on our website: www.hopelutheranfremont.org Rev. Ray Hulett (510) 793-8691 reverendhulett@gmail.com “We implore you on behalf of Christ, be reconciled to God.”		Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting	
HOPE EVANGELICAL-LUTHERAN CHURCH 3800 BEARD RD, FREMONT, CA 94555 A church of the Unaltered Augsburg Confession AD 1530 and The Book of Concord AD 1580/1584 Lutheran Church Missouri Synod (LC-MS) - English District Incarnational. Sacramental. Liturgical. Find our service times and social media links on our website: www.hopelutheranfremont.org Rev. Ray Hulett (510) 793-8691 reverendhulett@gmail.com “We implore you on behalf of Christ, be reconciled to God.”		President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills. We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org	
BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers		SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499	
Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com		Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics. We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17.weebly.com You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.	
LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers’ Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfb.org www.friendshipforce.org Call or text 510-363-0531	
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 916-217-3074		THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891	
Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org		Mission Peak Fly Anglers Join us to meet with those who enjoy fly fishing Programs Casting Lessons FlyTying Meetings every 3rd Wednesday 7 pm Fremont Activity Center 3375 Country Dr, Fremont www.missionpeakflyanglers.org email: fremont.mpfagmail.com	
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A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227		SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313	
Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30-7:30pm begin in October Newark Library 37101Newark Blvd. Newark 510-793-8181 aachstricity.org		NEWARK TROOP NEWARK TROOP 186 is looking for 6th – 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at EvelynMarieLittle@gmail.com for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark”	

Trash Talk

This is the 24rd edition of Trash Talk, a column devoted to cleaning up our neighborhoods, our environment and our attitudes.

Happy New Year!

I have been addressing the need to clean neighborhoods and protect the environment by recycling and reducing trash for two years now, and feel very good about it. I walk the walk (several times a month), and talk the Trash Talk. The appearance of my neighborhood has improved, along with sanitation and property values. We ALL have to live here, let's make it as good as we can. There is no Planet B.

It's a New Year, time for a clean slate and a new start. Can you think of any aspects of your life you'd like to improve? If there is something you'd like to change, now is a great time to start. My current project is learning to play piano. My kids gifted me with an electronic keyboard, and I found some really good software that allows me to connect a laptop, so it can 'watch' and get tips as I progress. It's difficult to set a specific goal, but I can see an improvement in sight-reading already.

Start by pondering what we take for granted. Clean water delivered via indoor plumbing. Reliable electricity at the touch of a switch. A wide variety of foods at nearby markets. Many people don't even have that. Would you believe most of the world's population does not even have flush toilets and squat over an open pit?

A 2013 study in Environmental Science & Technology estimates six out of 10 people on planet Earth don't have access to flush toilets or adequate water-related sanitation.

As recently as the early 1900s, much of the American South was still pooping next to a favorite tree. In fact, it wasn't until John D. Rockefeller set out to cure the "damned Southerners" of their laziness that outhouses



A Pakistani child digs a hole to be used as a toilet for her family

were invented. (radiolab.org) The cause of that "malaise," was hookworms—tiny, toothy parasitic larvae that hatch out of human feces and crawl around in search of another host's bare feet. Researchers realized the little buggers could move about a foot a day for four days, so they prescribed outhouses with pits six feet deep. As this simple technology spread, it alleviated iron deficiency anemia, improved health, and boosted school attendance and literacy.

Which brings us back to the rest of the world—4.2 billion people without proper sanitation. Aside from hookworms, do you know what happens when humans don't have toilets? Dysentery. Typhoid. Cholera, Hepatitis A, and diarrhea.

This is why the Bill & Melinda Gates Foundation held the Reinventing the Toilet Challenge in 2012. The foundation hopes to dramatically improve developing-world sanitation by leapfrogging old technology, similar to the way cellphones are now prevalent in places formerly without so much as a landline. The winning team, from Caltech, built a solar-powered electrochemical reactor toilet. (Caltech.edu) Water and waste gets broken down into fertilizer and hydrogen, the latter of which can be stored in fuel cells as energy. Treated water is recycled for further flushing or irrigation.

The bottom line (yes, pun intended) is that we don't have it so bad. But couldn't it also be better? Pick up a

paper cup or beer bottle and dispose of it properly. It has to start somewhere, let's all do our part.

Flavored Tobacco follow up

The Supreme Court has denied a challenge by the tobacco companies who wanted to override Prop. 31 and continue to sell flavored tobacco products in California. Looks like 63% of the voters will get their way. (eastbaytimes.com)

Earthquake Preparedness

As I write this, the radio is reporting on a 6.4 earthquake in Humboldt County. Some houses were shaken off their foundations, which can break gas lines and lead to a fire that does even more damage. Remember the 1906 earthquake and fire? I strongly urge you to add an automatic gas-line shutoff. A quake will cause it to shut off and prevent a fire. You can have a "California Valve" installed to prevent this disaster. Contact Pacific Seismic Products at PSPvalves.com. Some gas valves must be reset by a professional, but this one has a lever so you can do it yourself, a huge time-saver. They cost about \$200-\$300 - a one-time expense/investment. If your house was built before 1958, consider having it bolted to the foundation so it doesn't slide off during a shaker.

Quote for today:

"You cannot escape the responsibility of tomorrow by evading it today." Abraham Lincoln

You can contact me at the email address below, or scan this QR code to generate an email. Your comments and



suggestions could be used in future Trash Talk columns. What's on your mind?

Send comments or questions to
ThePickupArtist-KHCG@outlook.com

MIT researchers build swarms of assembling robots

THE ROBOT REPORT

BY BRIANNA WESSLING

Researchers at the Massachusetts Institute of Technology (MIT) Center for Bits and Atoms (CBA) have created assembling robots that are made up of the same components they use to build structures, and that can move independently in large numbers to make those structures.

The latest research, published in Nature Communications Engineering, brings the researchers closer to creating a fully autonomous, self-replicating robot assembly system capable of assembling larger structures and planning its construction sequence.

MIT's CBA has worked for years on similar research, like studies that have demonstrated that objects like a deformable plane wing and a functional racing car can be assembled from small, lightweight, identical pieces. This team's research builds on that previous work and indicates that these small subunits of robots can be used to accomplish large-scale assemblies quickly.

The system developed by the team includes large, usable structures made from tiny, identical subunits called voxels, which are the volumetric equivalent of a 2D pixel. MIT's voxels are more complex than the ones used in previous studies, as they can carry both power and data from one unit to the next. The structure is assembled by robots that are also made up of a string of voxels joined end-to-end.

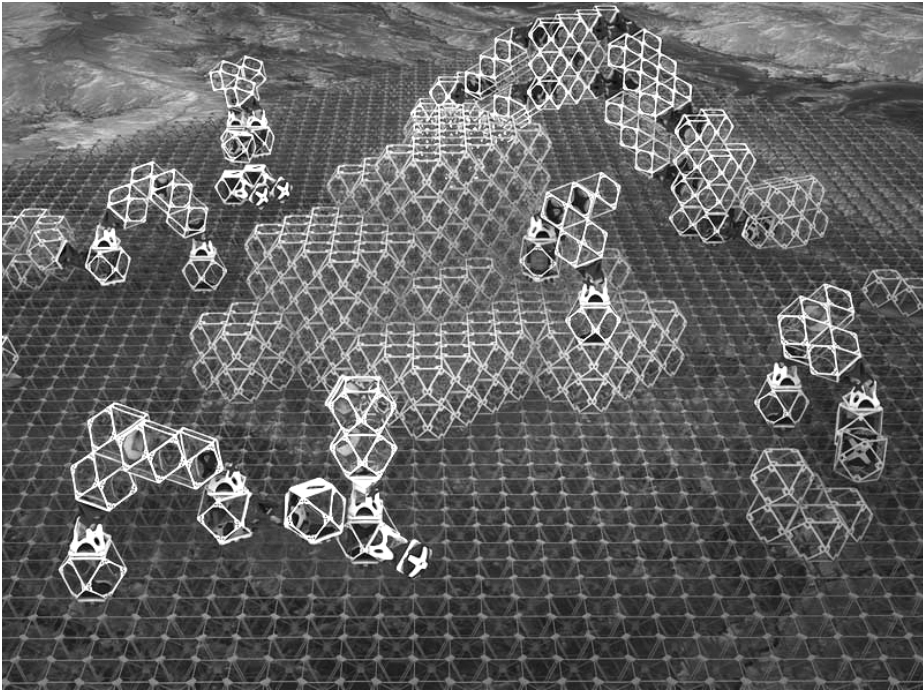
The voxel-robot can grab individual voxels using attachment points on its end. It then travels using inchworm-like movements to a position where it can attach the voxel to the structure and release it. But the robot doesn't just decide how to build the structure, it can also decide to build more robots to help it build more quickly, or to make itself bigger so that it can travel across the structure faster.

This is where things get complicated for the researchers. While many papers have been published on robot path planning, that research doesn't take into consideration a robot that could decide to make more robots.

The MIT team working on the research plans to develop stronger connectors for the robots in the future. Right now, the subunits aren't strong enough to bear heavy loads, something that will be necessary for the many potential use cases they see for the technology. Some of those use cases include building 3D-printed houses and structures for coastal protection against erosion and sea level rise, as well as in the automotive and aviation industries.

The research team included MIT-CBA doctoral student Amira Abdel Rahman, professor and CBA Director Neil Gershenfeld, MIT-CBA student Benjamin Jenett and Christopher Cameron, a researcher at the U.S. Army Research Lab, among others.

This kind of technology could be particularly helpful in space travel, where they could be sent to other planets to build structures before humans ever arrive. This



MIT's research brings us closer to the possibility of building large structures from these assembly robots.
Credit: MIT

is the vision of the COLMENA Project, or "hive" in English. This project involves sending a swarm of five self-organized robots, each weighing less than 60 grams and measuring just 12 centimeters in diameter, each equipped with a small solar panel.

The robots will autonomously navigate themselves to achieve electrical connectivity by joining their panels together to make a larger solar panel. The project will demonstrate how feasible it may be to build structures on planetary surfaces with robot swarms. During the mission, the robots will also take the

first-ever lunar plasma temperature, electromagnetic and regolith particle size measurements.

The project, led by Dr. Gustavo Medina Tanco from the National Autonomous University of Mexico, is set to launch the five micro-robots to the moon on board the Peregrine Lunar Lander in early 2023.

Brianna Wessling is an Associate Editor, Robotics, WTWH Media. She can be reached at bwessling@wtwhmedia.com

Staff gives governor flamethrower for Christmas

ASSOCIATED PRESS

Gov. Kristi Noem got a hot Christmas gift from her staff -- literally. Noem's staff gave her a Pulsefire LRT flamethrower with an engraved plate of the South Dakota state motto "Under God, the people rule," the Sioux Falls Argus Leader reported Dec. 27.

A video posted to Twitter shows Noem, decked out in camouflage, using the flamethrower to torch a pile of cardboard boxes on a snowy farm. She shoots a final spray of flames into the boxes, raises her arm with a flourish and says "Boom, perfect."

According to Tennessee-based ammunitions company MidSouth Shooters, a Pulsefire LRT costs about \$650. Noem spokesperson Ian Fury said no tax dollars went toward the purchase. The gift comes after a photo on Twitter showing Noem holding a flamethrower with the caption, "Is it too late to add something to my Christmas list?" went viral in 2020.

Some critics on social media have complained that while Noem was burning the boxes, media reports surfaced that thousands of American Indians on the Rosebud and Pine Ridge reservations were trapped without heat during a fierce winter storm. Pine Ridge citizens had to burn clothes after propane deliveries stopped and there

was no firewood. At least one person, a 12-year-old Rosebud Sioux girl, died, because she was unable to receive medical treatment. Fury noted that the state Department of Public Safety cleared roads on both reservations, coordinated transport for dozens of dialysis patients to Rapid City, helped stranded drivers and delivered food, firewood and propane to communities. Noem also declared a state of emergency and activated the National Guard to deliver firewood to the Rosebud and Oglala Sioux tribes.

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Eddie M. Yang
Resident of Carson City, Nevada
October 23, 1944 – December 24, 2022
Fremont Chapel of the Roses

Delores “Del” Homen
Resident of Fremont
January 11, 1932 – December 28, 2022
Fremont Chapel of the Roses

Guillermo P. Ayupan
Resident of Hayward
April 10, 1932 – December 28, 2022
Fremont Memorial Chapel

Miguel M. Poquiz
Resident of Fairfield
May 7, 1940 – December 27, 2022
Fremont Chapel of the Roses

Elijah Noel Elizondo
Resident of Fremont
May 18, 2022 – December 13, 2022
Fremont Chapel of the Roses

Josephine A. Hernandez
Resident of Union City
March 17, 1927 – December 25, 2022
Fremont Chapel of the Roses

Veronica Corazon Macainan
Resident of Union City
July 9, 1950 – December 24, 2022
Fremont Memorial Chapel

Nathan H. Jenesse
Resident of Fremont
February 5, 1944 – December 18, 2022
Fremont Chapel of the Rose

Osmond Jasper Chung
Resident of Newark
July 1, 1928 – Dec. 22, 2022
Fremont Chapel of the Roses

Betty Ann Pacheco
Resident of Fremont
Sept. 27, 1933 – Dec. 26, 2022
Fremont Memorial Chapel

William Davis
Resident of Fremont
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Padmini Arora
Resident of Tracy
January 26, 1940 – December 25, 2022

Leonila Mortensen
Resident of Union City
January 17, 1934 – December 25, 2022

Suman Jain
Resident of Fremont
July 3, 1941 – December 25, 2022

Wilson Ng
Resident of Fremont
May 7, 1937 – December 24, 2022

Juan Rodriguez
Resident of Redwood City
June 24, 1934 – December 23, 2022

Gian Aggarwal
Resident of Los Altos
November 25, 1940 – December 22, 2022

Kenneth Yang
Resident of San Ramon
July 17, 1948 – December 22, 2022

Dorothy McCowen
Resident of Fremont
March 9, 1927 – December 21, 2022

Dorlores Lenfert
Resident of Newark
September 24, 1932 – December 21, 2022

Shivkumar Chaudhari
Resident of Fremont
May 3, 1976 – December 21, 2022

Barinder Ahluwalia
Resident of San Jose
May 30, 1938 – December 20, 2022

Muktaben Javia
Resident of San Jose
November 12, 1932 – December 19, 2022

Kalawatiben Dharnidharka
Resident of Dublin
August 1, 1947 -- December 18, 2022

Diane Peterson
Resident of Newark
April 27, 1936 – December 17, 2022

Kameshwar Eranki
Resident of Fremont
June 29, 1968 – December 16, 2022

Josephine A. Hernandez
March 17, 1927 – December 25, 2022
Resident of Union City



Josephine A. Hernandez (Jo, Josie), a lifelong resident of Union City (Decoto), died on December 25, 2022 in her home surrounded by her family. She was 95 years old.

She was born in Los Angeles on March 17, 1927, moving to Decoto shortly after. Josephine spent most of her life caring for others. She worked as a nursing assistant in convalescent hospitals. She later spent many years taking care of her husband who was confined to a wheelchair. She also took care of her grandchildren, great grandchildren, nephew and nieces.

Josephine enjoyed gardening, cooking for her family and dancing. Most of all she loved spending time with her family. Later in life she learned she liked to travel. Especially going on cruises with her sibling.

Josephine is survived by her sons, Mario A. Hernandez (Toni) of San Jose and Gabriel A. Hernandez (Ken) of Kansas City,

Kansas, two daughters, Louise Martinez (Jess) of Union City and Maria Elena Rios (Ramiro) of Houston, Texas. She's also survived by her brothers Ruben Aguilar of Union City, Richard Aguilar of Fremont, Daniel Aguilar of Newark, two sisters, Mary Lou Limon of Newark and Yolanda Sierra of Hayward. Her legacy lives on in her 9 grandchildren, 15 great grandchildren and 2 great-great grandchildren.

She is proceeded in death by her husband Felix A. Hernandez, daughter, Esther Rodriguez, granddaughter, Danielle (Dolly) Hernandez, parents Sabino and Rosa Aguilar, siblings, David Aguilar, Joe C. Aguilar, Arthur Aguilar, Virginia Solorio and Balvina (Mickey) Eldred.

Visitation is from 5-8 pm on Tuesday, January 3 with a Vigil Service at 6pm at Fremont Chapel of the Roses, 1940 Peralta Blvd, Fremont. A Funeral Mass will be celebrated at 10am on Wednesday, January 4 at Our Lady of the Rosary Catholic Church, 703 C St, Union City. Burial to follow at Holy Sepulchre Cemetery in Hayward.

Fremont Chapel of the Roses
510-797-1900

Betty Ann Pacheco
September 27, 1933 – December 26, 2022
Resident of Fremont



Early December 26, 2022 Betty Pacheco left behind a full, well-lived 89 years. Her intelligence and kindness positively touched the lives of many friends, family, students and co-workers. She was always eager to learn more and especially to know about people she talked to. Somehow she was related to everyone she met. She was also known for her love of Cal Bears and See's chocolates.

Born to Tony Pacheco and Stella Serpa in rural Fremont, she attended Hayward public schools until she entered the University of California Berkeley at age 16. There she earned both her bachelor's and master's degrees in Education and later followed her doctorate from the University of the Pacific.

Betty worked as a counselor/teacher in San Leandro and then Newark, eventually moving into administration as principal at Newark Memorial before becoming Superintendent of Schools in Cupertino. After retiring from Cupertino, she continued to work at Santa Clara University and San Jose State University in their Administrator Training programs. In 1994 she was recognized as Woman of the Year by the California State

Legislature for her “outstanding service and dedication to the people of the State of California”.

She is survived by her closest and best friend, Pat Simon, by a large family with many cousins, and by numerous friends.

A Vigil Service will be held Tuesday, January 3 at 6:00 pm with viewing from 4-8 pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont. There will be a Funeral Mass at 9:30 am on Wednesday, January 4 at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont. In lieu of flowers, please consider a donation to St. Jude Children's Hospital or your local food bank.

Fremont Memorial Chapel
510-793-8900

Osmond Jasper Chung
July 1, 1928 – December 22, 2022
Resident of Newark



Osmond Jasper Chung, age 94, passed away peacefully after a stroke on December 22, 2022.

He was born in Sherwood, Jamaica. After attending high school, he moved to Kingston where he became a senior auditor and worked there for many years. In 1960, he married Charmaine Summers and they had a son, Wayne. He and his family migrated to Redwood City, California in 1967. Osmond was very proficient in his accounting career and landed his first and only job in the United States at the prestigious Stanford University where he did auditing.

He was predeceased by his wife and son. Also known as OJ, Oz, Ozzie & Uncle, he was a quiet and gentle man who loved his wife and son very deeply. His strength was his dedication to love his family and his extended family by supporting them with hospitality, guidance and generosity.

A man of honor, respect, gentleness and compassion was who Osmond was. He was a very classy man who loved Jazz and classical music. He had an extensive collection of classical music and it would be heard for hours throughout the house emanating from his very sophisticated stereo system. He would share copies of any new CDs and mail to family members who appreciated this type of music.

Photography was another hobby and he was excellent and meticulous in his selection and display of his work. Of course he would always send pictures to whoever he captured in his shot. Again, this displayed the kindness in this man.

He loved all the Bay Area sports teams and recently became a fanatic of the WWE. Just one of the kindest of souls and most generous person who helped better the lives of many. He was loved, respected and looked up to by all.

Visitation will be held on Wednesday, January 4 from 4-8pm and the Funeral Service is scheduled for Thursday, January 5 at 11am. Both will be held at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536.

Fremont Chapel of the Roses
510-797-1900

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Tell A Friend Call Rachel Parra 510 745-1480

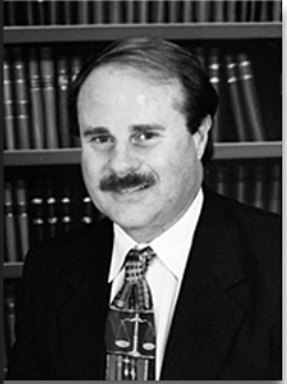
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Deed of Trust
Power of Attorney
Affidavit of Death
of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway
Suite C-7, Fremont

M-F 10-7
Evening & Weekends
By Appointment

Age well, drive smart: Traffic safety seminar

SUBMITTED BY NATHAN SILVA

Stay safe...and save money! Registration has begun for the library's popular senior driving program! Conducted by the California Highway Patrol, this seminar will include: Compensating for Age-Related Changes, Tune-Up Your Driving Skills, Rules of the Road, Safe Driving Tips; and more! Participants will receive a certificate for completing this free course which may lead to an insurance discount. You must be 65 or older to qualify. Registration is required; to register, call the Library Information Desk at (510) 667-7900. This program will be held in person at the Castro Valley library in the Chabot/Canyon room.

The library is wheelchair accessible. An ASL interpreter will be provided with ten days' notice. For more information, call the library at (510) 667-7900, or see Events at www.aclibrary.org/branches/csv.

Senior Traffic Safety Seminar
Wednesday, Jan 18
1 p.m. – 3 p.m.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org/branches/csv
Free

San Leandro girls' basketball claims tournament win

BY APRIL RAMOS

Newark Memorial High School hosted the 35th Annual Newark Optimist Club Girls' Holiday Basketball Classic. From December 28 to 30. The Holiday Basketball Classic brings 16 girls' basketball teams from all over the Bay Area, both junior varsity and 36-18, elevating them into the next round of the tournament. Unfortunately, that was where the host team stayed after a difficult defeat to Lowell High School, 49-19. The San Leandro Pirates had a smooth first game beating Foothill High School of Pleasanton 68-34. This win intensity creating numerous opportunities to score. The first quarter was a breeze as the Pirates collected an 11-point lead at 20-9. In the second quarter, errors allowed the Scots to inch closer. Coming back from half time at 33-19, Carlmont's rigor and quick breaks made a difference on the scoreboard as





varsity, to compete in the three-day tournament. Day one of the tournament Newark Memorial's (NMHS) junior varsity team played Carlmont High School of Belmont. NMHS was victorious, propelled the team to the semifinal game on Thursday, December 29, against the Carlmont High School Scots. From the moment of the tip-off, the Pirates came out with they began to close the gap, ending the third quarter only 10 points behind San Leandro. Despite the Scots' best efforts, the Pirates' defense blocked many of Carlmont's shots and continued to hold a possession advantage, ending the game with a 54-42 win, and moving on to the championship game against the Santa Clara High School Bruins. Both San Leandro and Santa Clara started the game with the same energy and hustle on the ball. San Leandro's Lisette Lopez, made the first shot of the game with a skilled three-pointer followed by two more from the Pirates. This set the pace for the game ending the first half 20-4, Pirates in the lead. In the second quarter Santa Clara began to push back, but was ultimately forcing plays that had no follow through. The Pirates' Chozen Horn-Young continued to drive the ball down the court making multiple two pointers with no pressure from the Bruins, holding the Pirates in the lead 35-15 at half time. Santa Clara didn't lose focus as they came back from half time making two back-to-back three point shots. Through this the Pirates never lost control of the ball, maintaining communication and clean passes, improving from their semifinal game. That paid off as Geriah Bradley of San Leandro made the last play of the game finishing with a 58-40 win. The San Leandro Pirates earned the 35th Annual Newark Optimist Club Girls' Holiday Classic Championship. Congratulations to all participants. Well done!

Delores "Del" Homen

January 11, 1932 – December 28, 2022

Resident of Fremont

Delores passed away at home on Wednesday December 28th after a heroic battle with cancer. She is survived by her 3 children Lori Foley, Mark Homen and Stephanie Homen and was predeceased by her oldest daughter Cindy Homen in 1970. She married the love of her life, Anthony "Tony" Homen on June 24th 1951 and had 45 wonderful years of marriage before his passing in 1997. Del was a fixture at Holy Spirit church having been married there, sent her children



to school there and attended mass regularly, even by video during the pandemic. She was an avid cook and excellent baker notorious for her pies. She loved the beach, especially Pismo Beach where she honeymooned and spent countless family vacations there as well as East Coast beach trips with her daughter Lori. She loved to gamble with family and friends whether Reno/Tahoe, Indian casinos or games on her iPad. There will be a Funeral Mass held at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, on Thursday January 5th at 1:00 pm with a reception and light refreshments to follow at the churches hall.

Fremont Chapel of the Roses
510-797-1900

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 22CV023446

Superior Court of California, County of ALAMEDA
Petition of: UDAY VIJAYRAO BIDKAR AND
MINAL BIDKAR for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner UDAY VIJAYRAO BIDKAR AND MINAL
BIDKAR filed a petition with this court for a decree
changing names as follows:

SAMRAT BIDKAR to SAMRAAT BIDKAR
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: 02-03-2023, Time: 11AM, Dept.: 17, Room:

The address of the court is 1221 OAK ST.,
OAKLAND, CA 94612
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: TRI
CITY VOICE.

Date: DEC 09, 2022
CHARLES A SMILEY
Judge of the Superior Court
12/20, 12/27/22, 1/3, 1/10/23

CNS-365296#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. 22CV022688

Superior Court of California, County of ALAMEDA
Petition of: LEJING DENG for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner KA-YAN WONG filed a petition with this
court for a decree changing names as follows:
LEJING DENG to LEJING WONG

The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: JAN 20, 2023, Time: 11AM, Dept.: 17,
Room: --

The address of the court is 1221 OAK ST.,
OAKLAND, CA 94612
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: TRI
CITY VOICE.

Date: NOV 29, 2022
CHARLES A SMILEY
Judge of the Superior Court
12/13, 12/20, 12/27/22, 1/3/23

CNS-365006#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 594091

Fictitious Business Name(s):
**ACE MEDCHEN CONSULTING, 4506 AMIENS
AVE., FREMONT, CA 94555**, County of ALAMEDA
Registrant(s):
**ANJALI PANDEY, 4506 AMIENS AVE., FREMONT,
CA 94555**, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ ANJALI PANDEY

This statement was filed with the County Clerk of
Alameda County on 12/19/2022
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/21, 12/22, 1/3, 1/10, 1/17/23

CNS-365515#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 593912

Fictitious Business Name(s):
**ART'S LANDSCAPING, 3249 GREENWOOD
DR., FREMONT, CA 94536**, County of ALAMEDA
Registrant(s):
**ARTURO ESPITIA, 3249 GREENWOOD DR.,
FREMONT, CA 94536**

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on
01-01-1990.

I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ ARTURO ESPITIA

This statement was filed with the County Clerk of
Alameda County on 12/12/2022

NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

The filing of this statement does not of itself
authorize the use in this state of a fictitious

business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/27/22, 1/3, 1/10, 1/17/23

CNS-3653816#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 593642

Fictitious Business Name(s):
**C F REPAIR, 3123 SAN RAMON COURT, UNION
CITY, CA 94587** County of ALAMEDA
Registrant(s):
**CAMERON FORCARI, 3123 SAN RAMON
COURT, UNION CITY, CA 94587**
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on
N/A.

I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ CAMERON FORCARI

This statement was filed with the County Clerk of
Alameda County on 11/29/2022.

NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/20, 12/27/22, 1/3, 1/10/23

CNS-3651979#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 593651

Fictitious Business Name(s):
**KUMON MATH & READING CENTER OF
FREMONT-NORTH, 3614 THORNTON AVE,
FREMONT, CA 94536**, County of ALAMEDA
MAILING ADDRESS: 769 LIPPERT AVE,
FREMONT, CA 94539

Registrant(s):
**INCREDIBLE LEARNERS INC, 769 LIPPERT
AVE, FREMONT, CA 94539**
Business conducted by: A CORPORATION
The registrant began to transact business using
the fictitious business name(s) listed above on
09/01/2022

I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ JAYANTHI SUBRAMANIAN

This statement was filed with the County Clerk of
Alameda County on 11/29/2022

NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/13, 12/20, 12/27/22, 1/3/23

CNS-3650072#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 593690

Fictitious Business Name(s):
**ECO MATTERS CONSULTING, 34200
GADWALL CMN, FREMONT, CA 94555**, County
of ALAMEDA
MAILING ADDRESS: 35640 FREMONT BLVD
#237, FREMONT, CA 94555

Registrant(s):
**TARA BOCK, 34200 GADWALL CMN, FREMONT,
CA 94555**, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on
07/01/2022

I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ TARA BOCK

This statement was filed with the County Clerk of
Alameda County on 11/30/2022

NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/13, 12/20, 12/27/22, 1/3/23

CNS-3650058#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 593407

Fictitious Business Name(s):
**DAYCARE RADUGA, 43859 N MORAY ST,
FREMONT, CA 94539** County of ALAMEDA
Registrant(s):
**NURGUL KARASARTOVA, 43859 N MORAY ST,
FREMONT, CA 94539**

Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on
02-25-2022

I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ NURGUL KARASARTOVA

This statement was filed with the County Clerk of
Alameda County on 11/14/2022.

NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.

The filing of this statement does not of itself
authorize the use in this state of a fictitious

business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
12/13, 12/20, 12/27/22, 1/3/23

CNS-3649507#

GOVERNMENT

Notice is hereby given that the Alameda
County Fire Department will be accepting bids
for **RFP #23-01 ACFD CEQA Services, NON-
MANDATORY BIDDERS CONFERENCE**.
Wednesday January 4, 2023 at 11:00AM - TO
ATTEND ONLINE: Join via Microsoft teams or
Dial-In: +1 415-915-3950 Phone Conference ID:
527 752 133 **Response Due** by 2:00PM on
January 24, 2023 **County Contact:** Eric Moore at
(510) 693-3402 or via e-mail: eric.moore@acgov.org.
Specifications regarding the above may be
obtained at the Alameda County GSA Current
Contracting Opportunities Internet website at
www.acgov.org.
1/3/23

CNS-3656414#

CITY OF FREMONT

SUMMARY OF PROPOSED ORDINANCE

As Introduced December 20, 2022

**AN ORDINANCE OF THE CITY OF FREMONT
AMENDING FREMONT MUNICIPAL CODE
TITLE 18 PLANNING AND ZONING CHAPTER
18.155 AFFORDABLE HOUSING ADDING
SECTION 18.155.095 LIVE/WORK LOCAL
PREFERENCE AND MAKING FINDINGS OF
CEQA EXEMPTION (CEQA GUIDELINES
SECTIONS 15162, 15183, AND 15061(B)(3))**
(Live/Work Preference Policy).

On December 20, 2022, the City Council
introduced the above ordinance amending
Fremont Municipal Code Title 18 Planning and
Zoning, Chapter 18.155 Affordable Housing,
Adding Section 18.155.095 Live/Work Local
Preference and Making Findings Of CEQA
Exemption (CEQA Guidelines Sections 15162,
15183, and 15061(B)(3)) (Live/Work Preference
Policy).

A certified copy of the full text of the ordinance
is available for review in the office of the City
Clerk, 3300 Capitol Ave, Fremont, and is available
for review upon request. The second reading
for adoption is currently scheduled for January
10, 2023 at 7:00 pm, at City Hall, 3300 Capitol
Avenue, Fremont.

SUSAN GAUTHIER, CITY CLERK
1/3/23

CNS-3655278#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
YUANHONG GU

CASE NO. RP2135323

To all heirs, beneficiaries, creditors,
contingent creditors, and persons who may
otherwise be interested in the will or estate,
or both, of: YUANHONG GU
A Petition for Probate has been filed by
GUOPING CUI in the Superior Court of
California, County of ALAMEDA.

The Petition for Probate requests that
GUOPING CUI be appointed as personal
representative to administer the estate of
the decedent.

The Petition requests authority to
administer the estate under the
Independent Administration of Estates
Act. (This authority will allow the personal
representative to take many actions
without obtaining court approval. Before
taking certain very important actions,
however, the personal representative will
be required to give notice to interested
persons unless they have waived notice
or consented to the proposed action.)
The independent administration authority will
be granted unless an interested person
files an objection to the petition and shows
good cause why the court should not grant
the authority.

A hearing on the petition will be held in
this court on JANUARY 25, 2023 at 9:45
A.M. in Dept. 201 Room N/A located at
2120 MARTIN LUTHER KING JR WAY,
BERKELEY, CA 94704.

If you object to the granting of the petition,
you should appear at the hearing and state
your objections or file written objections
with the court before the hearing. Your
appearance may be in person or by your
attorney.

If you are a creditor or a contingent
creditor of the decedent, you must file
your claim with the court and mail a copy
to the personal representative appointed
by the court within the later of either
(1) four months from the date of first
issuance of letters to a general personal
representative, as defined in section 58(b)
of the California Probate Code, or (2) 60
days from the date of mailing or personal
delivery to you of a notice under section
9052 of the California Probate Code.

Other California statutes and legal authority
may affect your rights as a creditor. You
may want to consult with an attorney
knowledgeable in California law.

You may examine the file kept by the court.
If you are a person interested in the estate,
you may file with the court a Request for
Special Notice (form DE-154) of the filing of
an inventory and appraisal of estate assets
or of any petition or account as provided in
Probate Code section 1250. A Request for
Special Notice form is available from the
court clerk.

Attorney for Petitioner: VICTORIA LI,
ESQ., 2845 MOORPARK AVE., SUITE
110, SAN JOSE, CA 95128, Telephone:
408-260-8288
1/3, 1/10, 1/17/23

CNS-3656232#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC LIEN SALE

West Coast Self-Storage
45968 Warm Springs Blvd
Fremont, CA 94539

In accordance with the provisions of the California
Self-Storage Facility Act, Section 21700, et seq.

of the Business and Professions Code of the
State of California the undersigned will be sold
at public auction on Tuesday, January 3, 2023
at 6:00PM on street address: 45968
the personal property including but not limited to:
personal and household items stored at **45968
Warm Springs Blvd, Fremont CA, 94539** County
of Alameda County, by the following persons:
Name Unit # Size
Andres Ciriaco Luna #2129 5x5
Malaysia Rairez #2051 5x5
Bilal Salimi #104310x15
Jessica T. Valentine #2071 5x10
12/27/22, 1/3/23

CNS-3653334#

TRUSTEE SALES

TS No: CA07000489-20-1 APN: 483-0015-079-
00 To No: 200069738-CA-VOI NOTICE OF
TRUSTEE'S SALE (The above statement is made
pursuant to CA Civil Code Section 2923.3(d)
(1). The Summary will be provided to Trustor(s)
and/or vested owner(s) only, pursuant to CA
Civil Code Section 2923.3(d)(2).) YOU ARE IN
DEFAULT UNDER A DEED OF TRUST DATED
October 28, 2005, UNLESS YOU TAKE ACTION
TO PROTECT YOUR PROPERTY, IT MAY BE
SOLD AT A PUBLIC SALE. IF YOU NEED AN
EXPLANATION OF THE NATURE OF THE
PROCEEDINGS AGAINST YOU, YOU SHOULD
CONTACT A LAWYER. On February 17, 2023
at 12:00 P.M. at the Fallon Street entrance exit
to the Alameda County Courthouse, 1225 Fallon
St., Oakland, CA 94612, MTC Financial Inc. dba
Trustee Corps, as the duly Appointed Trustee,
under and pursuant to the power of sale contained
in that certain Deed of Trust recorded on June 20,
2006 as Instrument No. 2006235866, of official
records in the Office of the Recorder of Alameda
County, California, executed by LUISA M FOLEY,
A SINGLE WOMAN, as Trustor(s), in favor of
FINANCIAL FREEDOM SENIOR FUNDING
CORPORATION, A SUBSIDIARY OF INDYMAC
BANK, F.S.B., as Beneficiary, WILL SELL AT
PUBLIC AUCTION TO THE HIGHEST BIDDER,
a lawful principal of the United States, at the time
of the sale, that certain property situated
in said County, California describing the land
therein as: AS MORE FULLY DESCRIBED IN
SAID DEED OF TRUST The property heretofore
described is being sold "as is". The street address
and other common designation, if any, of the real
property described above is purported to be: 3818
SHINGLEWOOD COURT #10, UNION CITY, CA
94587 The undersigned Trustee disclaims any
liability for any incorrectness of the street address
and other common designation, if any, shown
herein. Said sale will be made without covenant
or warranty, express or implied, regarding
title, possession, or encumbrances, to pay the
remaining principal of the Note(s) secured by
said Deed of Trust, with interest thereon, as
provided in said Note(s), advances if any, under
the terms of the Deed of Trust, estimated fees,
charges and expenses of the Trustee and of the
trusts created by said Deed of Trust. The total
amount of the unpaid balance of the obligations
secured by the property to be sold and reasonable
estimated costs, expenses and advances at the
time of the initial publication of this Notice of
Trustee's Sale is estimated to be \$366,945.10
(Estimated). However, prepayment premiums,
accrued interest and advances will increase this
figure up to the time the Bidder's bid at sale is
received. The Trustee will accept a cashier's check
drawn on a state or national bank, a check drawn
by a state or federal savings and loan association,
savings association or savings bank specified in
Section 5102 of the California Financial Code and
authorized to do business in California, or other
such funds as may be acceptable to the Trustee.
In the event tender other than cash is accepted,
the Trustee may withhold the issuance of the
Trustee's Deed Upon Sale until funds become
available to the payee or endorsee as a matter
of right. The property offered for sale excludes all
funds held on account by the property receiver,
if applicable, if the Trustee is unable to convey
title for any reason, the successful bidder's sole
and exclusive remedy shall be the return of
monies paid to the Trustee and the successful
bidder shall have no further recourse. Notice to
Potential Bidders If you are considering bidding
on this property lien, you should understand that
there are risks involved in bidding at a Trustee
auction. You will be bidding on a lien, not on
the property itself. Placing the highest bid at a
Trustee auction does not automatically entitle
you to free and clear ownership of the property.
You should also be aware that the lien being
auctioned off may be a junior lien. If you are the
highest bidder at the auction, you are or may be
responsible for paying off all liens senior to the
lien being auctioned off, before you can receive
clear title to the property. You are encouraged
to investigate the existence, priority, and size of
outstanding liens that may exist on this property
by contacting the county recorder's office or a
title insurance company, either of which may
charge you a fee for this information. If you
consult either of these resources, you should be
aware that the same Lender may hold more than
one mortgage or Deed of Trust on the property.
Notice to Property Owner The sale date shown
on this Notice of Sale may be postponed one
or more times by the Mortgage Lender, Beneficiary
Trustee, or a court, pursuant to Section 2924g of
the California Civil Code. The law requires that
information about Trustee Sale postponements be
made available to you and to the public, as a
courtesy to those not present at the sale. If you
wish to learn whether your sale date has been
postponed, and, if applicable, the rescheduled
time and date for the sale of this property, you
may call Auction.com at 800.280.2832 for
information regarding the Trustee's Sale or visit
the Internet Website address www.Auction.com
for information regarding the sale of this property,
using the file number assigned to this case.
CA07000489-20-1 Information about
postponements that are very short in duration
or that occur close in time to the scheduled
sale may not immediately be reflected in the
telephone information or on the Internet Website.
The best way to verify postponement information
is to attend the scheduled sale. Notice to Tenant
NOTICE TO TENANT FOR FORECLOSURES
AFTER JANUARY 1, 2021 You may have a right
to purchase this property after the trustee auction
pursuant to Section 2924m of the California Civil
Code. If you are an "eligible tenant buyer," you
can purchase the property if you match the last
and highest bid placed at the trustee auction. If
you are an "eligible bidder," you may be able to
purchase the property if you exceed the last and
highest bid placed at the trustee auction. There
are three steps to exercising this right of purchase.
First, 48 hours after the date of the trustee sale,
you can call 800.280.2832, or visit this internet
website www.Auction.com, using the file number
assigned to this case CA08001107-16-2 to find
the date on which the trustee's sale, if you think
the amount of the last and highest bid, and the
address of the trustee. Second, you must send
a written notice of intent to place a bid so that
the trustee receives it no more than 15 days
after the trustee's sale. Third, you must submit
a bid so that the trustee receives it no more
than 45 days after the trustee's sale. If you think
you may qualify as an "eligible tenant buyer" or
"eligible bidder," you should consider contacting
an attorney or appropriate real estate professional
immediately for advice regarding this potential
right to purchase. Date: December 13, 2022
MTC Financial Inc. dba Trustee Corps TS No:
CA08001107-16-2 17100 Gillette Ave, Irvine, CA
92614 Phone: 949-252-8300 TDD: 866-660-4288
By: Loan Quema, Authorized Signatory SALE
INFORMATION CAN BE OBTAINED ONLINE
AT www.Auction.com FOR AUTOMATED SALES
INFORMATION PLEASE CALL: Auction.com at
800.280.2832 NP0419189 To: TRI-CITY VOICE
12/20/2022, 12/27/2022, 01/03/2023
12/20, 12/27/22, 1/3/23

CNS-3655952#

APN: 486-0094-032 TS No: CA08001107-16-
2 To No: 220189290-CA-VOO NOTICE OF
TRUSTEE'S SALE (The above statement is made
pursuant to CA Civil Code Section 2923.3(d)
(1). The Summary will be provided to Trustor(s)
and/or vested owner(s) only, pursuant to CA
Civil Code Section 2923.3(d)(2).) YOU ARE IN
DEFAULT UNDER A DEED OF TRUST DATED
October 28, 2005, UNLESS YOU TAKE ACTION
TO PROTECT YOUR PROPERTY, IT MAY BE
SOLD AT A PUBLIC SALE. IF YOU NEED AN
EXPLANATION OF THE NATURE OF THE
PROCEEDINGS AGAINST YOU, YOU SHOULD
CONTACT A LAWYER. On January 26, 2023 at
09:00 AM, Fallon Street Steps, Alameda County
Courthouse, 1225 Fallon Street, Oakland, CA
94612, MTC Financial Inc. dba Trustee Corps, as
the duly Appointed Trustee, under and pursuant
to the power of sale contained in that certain
Deed of Trust Recorded on November 8, 2005
as Instrument No. 2005480892, of official records
in the Office of the Recorder of Alameda County,
California, executed by DI WEN, A SINGLE
WOMAN, as Trustor(s), in favor of MORTGAGE
ELECTRONIC REGISTRATION SYSTEMS, INC.,
as Beneficiary, as nominee for MORTGAGEIT,
INC as Beneficiary, WILL SELL AT PUBLIC
AUCTION TO THE HIGHEST BIDDER, in lawful
money of the United States, all payable at the
time of sale, that certain property situated in
said County, California describing the land there-
in as: AS MORE FULLY DESCRIBED IN SAID DEED
OF TRUST The property heretofore described is
being sold "as is". The street address and other
common designation, if any, of the real property
described above is purported to be: 2458 EARLY
RIVERS PLACE, UNION CITY, CA 94587 The
undersigned Trustee disclaims any liability for
any incorrectness of the street address and other
common designation, if any, shown herein. Said
sale will be made without covenant or warranty,
express or implied, regarding title, possession,
or encumbrances, to pay the remaining principal
sum of the Note(s) secured by said Deed of
Trust, with interest thereon, as provided in said
Note(s), advances if any, under the terms of the
Deed of Trust, estimated fees, charges and
expenses of the Trustee and of the trusts created
by said Deed of Trust. The total amount of the
unpaid balance of the obligations secured by the
property to be sold and reasonable estimated
costs, expenses and advances at the time of
the initial publication of this Notice of Trustee

Fremont Unified School District

December 14, 2022

Consent Calendar:

- Approve study trips.
- Approve the 2023-2024 Middle School and High School Course Catalogs.
- Amend the adopted California World History graded 6-8 curriculum to translate the program assessments from English to Spanish.
- Authorize application for Carl Moyer Program school bus replacement grant.
- Amend the agreement with Quattrocchi Kwok Architects for the new construction and modernization project at Thornton Middle School.
- Amend the agreement with Fremont Millwork Company for the modernization project at Rix-Glankler Early Learning Center.
- Amend the agreement with Cal-Pacific General Contractor for construction services for the modernization of Rix-Glankler Early Learning Center Project.
- Authorize an agreement with Colorado Time Systems for the American High School Scoreboard.
- Authorize an agreement with Colbi Technologies, Inc. for Quality Bidders Software Services.
- Approve Middle School Transfer Timeline and priority MOU for Centerville, Hopkins and Thornton Middle School.
- Approve MOU between FUSD & FUDTA for Resource Specialist Program (RSP) teachers.
- Approve waiver to exceed caseload maximum for RSP teachers.

President Vivek Prasad	Aye
Dianne Jones	Aye
Rachel Zhang	Aye
Larry Sweeney	Aye

Union City City Council

December 13, 2022

Consent Calendar:

- Amend the consulting services agreement with Swinerton Management & Consulting for inspection services.
- Amend the consulting services agreement with Rail Surveyors and Engineers, Inc. (RSE) to provide engineering services for the Pedestrian At-Grade Crossing Project.
- Authorize an application for CalRecycle Beverage Container Recycling Payment Program.
- Authorize the transfer of \$162,820 from the Kennedy Parking Lot Rehabilitation Project to the Old Alvarado/Cesar Chavez Parks Improvement Project.
- Extend the Union City Transit Fixed-Route and Demand Response operations and maintenance agreement with MV Transportation for an additional three months through March 31, 2023.
- Amend the Post-Retirement Employment Agreement with retired annuitant Lola Tapia.
- Amend the city’s Classification and Compensation Plan for multiple unrepresented seasonal and temporary positions.
- Authorize remote teleconferenced meetings of the legislative bodies of the city of Union City for the 30-day period beginning December 13.

Mayor Carol Dutra-Vernaci	Aye
Scott Sakakihara	Aye
Gary Singh	Aye
Jeff Wang	Aye
Jaime Patiño	Aye

Jury duty travel bill goes into effect

SUBMITTED BY CHARLSIE CHANG

People who serve as jurors and pay to use public transportation to attend court proceedings will be reimbursed under a bill by Assemblymember Alex Lee (D-José) that went into effect Jan. 1.

AB 1981 allows jurors to be reimbursed for using public transportation and creates a two-year pilot program to study whether increases in juror compensation and travel reimbursement result in increases in juror diversity and overall participation. The pilot program includes six geographically diverse counties including Alameda County.

By allowing jurors to be reimbursed, jurors are given more options as well as an incentive to take public transit, which will encourage greener ways to travel, and expand access to Californians without cars to fulfill their civic duties.

Another bill by Lee that just went into effect -- AB 2949 -- exempts vehicles registered to a U.S. military veteran and displaying a specified veteran’s license plate from payment of a toll on a toll bridge, toll highway, or any other toll facility. AB 2949 provides this benefit to veterans who display one of the following license plates: Disabled Veteran, Pearl Harbor Survivor, Former Prisoner of War, Congressional Medal of Honor, or Purple Heart Recipient.

These toll bridges include the Antioch, Benicia-Martinez, Carquinez, Dumbarton, Richmond-San Rafael, San Francisco-Oakland Bay, San Mateo-Hayward, and Golden Gate bridges. The benefit does not apply to Express Lanes or High Occupancy Vehicles toll lanes.

Lee represents the 24th Assembly District which includes the cities of Fremont, Newark, Milpitas, San Jose, and the community of Sunol. More information is available on his website at <https://a24.asmdc.org/>.

Castro Valley Unified School District

December 14, 2022

Consent Agenda:

- Accept donations to the district
- Approve facility use agreement - Alcohol use request for the Castro Valley Center for the Arts - Religious Use Form
- Accept notice of completion for Climatec, LLC for the districtwide Infrastructure Modernization Program.
- Solicit Request for Proposals (RFP) for construction services for the Canyon Middle School fields project.
- Accept California Schools Healthy Air,

- Plumbing and Efficiency (CalSHAPE) grant.
- Approve upcoming District-sponsored overnight field trips.
 - Adopt new 2022-2023 course of study outline for Castro Valley High School.
 - Approve California State Preschool Program Continued Funding Application for Fiscal Year 2023-24.
 - Approve the revised job description for Craft & Operations Theater Technician.
 - Adopt revised Board policies.

President Lavender Whitaker	Aye
Michael Kusiak	Aye
Dolly Adams	Aye
Gary C. Howard	Aye
Quentin Hanson	Aye

Fremont City Council

December 20, 2022

Consent Calendar:

- Approve Amend the Military Equipment Use Policy for the purchase of additional UAS and PepperBall VKS launchers and clarifying the use of UAS in partnership with the Fire Department.
- Authorize a 3-year grant application with the Fremont Unified School District (FUSD) for the After School Education and Safety (ASES) Program and authorize an additional agree-

ment with FUSD for the Extended Learning Opportunity Program (ELOP).

- Authorize the Facilities Maintenance Agreement with California SkateParks.
- Authorize agreements to provide housing transition, navigation, tenancy and sustaining services.

Mayor Lily Mei	Aye
Vice Mayor Teresa Keng	Nay
Teresa Cox	Nay
Raj Salwan	Aye
Yang Shao	Aye
Jenny Kassin	Nay
Desrie Campbell	Aye

Milpitas City Council

December 20, 2022

Municipal Election:

- November 8 election results were certified.
- Carmen Montano was elected the first woman Mayor of Milpitas.
- Gary Barbadillo and Hon Lien were elected as Councilmembers.
- Evelyn Chua was unanimously elected by the City Council to serve as Vice Mayor for a term of one year.

Public Forum:

- Many speakers asked the City Council to ensure Sunnyhills Apartments continues to remain an affordable housing complex.
- Consent Calendar:**
- Authorize an Encroachment and Maintenance Agreement with Milpitas – District 4 Owner, LLC, for the perpetual maintenance and operation of private sidewalk

lighting improvements within the city right-of-way located at 150 Market Street.

- Accept the annual Development Impact Fee disclosure information for the Calaveras Blvd Widening Traffic Impact Fee, Transit Area Specific Plan Impact Fee and Storm Drain Fee for the fiscal year ended June 30, 2022.
- Authorize a purchase order for five police vehicles from the National Auto Fleet Group through a Cooperative Procurement Contract with Sourcewell.
- Authorize the five-year agreement with SmartCovers Systems for alert system services related to the deployment of SmartLevel Sewer Monitoring System units.
- Accept a \$224,543 California State Parks grant for Sunnyhills Albert Augustine Jr. Memorial Park.

Mayor Carmen Montano	Aye
Evelyn Chua	Aye
Gary Barbadillo	Aye
Hon Lien	Aye
Anthony Phan	Aye

Santa Clara Valley Water District Board of Directors Meeting

December 13, 2022

Consent Calendar:

- Approve the membership nomination for new two-year term committee re-appointment to the Agricultural Water Advisory Committee.
- Approve the Board of Directors’ Quarterly Expense Report for the quarter ending September 30, 2022.

- Authorize a State of California grant application for up to \$14.9 million for the Coyote Percolation Dam Replacement Project.
- Accept the CEO Bulletin for the Weeks of November 18 - December 8, 2022.

President Richard Santos	Aye
John Varela	Aye
Barbara Keegan	Aye
Jim Beall	Aye
Nai Hsueh	Aye
Tony Estremera	Aye
Rebecca Eisenberg	Aye

Late night shooting leaves man dead in Castro Valley

SUBMITTED BY LT. RAY KELLY, ALAMEDA COUNTY SHERIFF’S OFFICE

Detectives from Alameda County Sheriff’s Office are investigating the fatal shooting of a man on December 26 in Castro Valley.

The incident started about 10:15 p.m. when deputies responded to a report about an adult male suffering from multiple gunshot wound in the area of Knox and N. Sixth streets. Life saving measures were attempted by emergency medical personnel, but the man died at the scene.

Detectives and crime lab personnel arrived and collected evidence, including several dozen expended shell casings. Sheriff’s Office officials said it appeared the man was the intended target of the shooting. Detectives are asking anyone who witnessed the shooting or has video of it to call ACSO at (510) 667-7721.

Ohlone College Board of Trustees

December 14, 2022

Consent Agenda:

- Approval of personnel actions.
- Approval of Ohlone Representative to the Southern Alameda County Adult Education Consortium.
- Trustee Compensation.
- CCCT Board Report
- Archival and Destruction of Records.

- New, revised and deactivated credit courses and programs for 2023-2024.
- Approval of Student Health fee increase.
- FY 2023-2024 Budget Planning Calendar.
- Building 5 renovation - D.L. Falk Construction, Inc.
- Ratification of contracts.
- Approval of New Bond Measure Oversight Committee member.
- Approval of side letter between California School Employees Association and Ohlone Community College District: clarifying language related to calculating longevity pay.
- Approval of side letter between Service Employees

International Union and Ohlone Community College District clarifying language related to calculating longevity pay.

Chair Suzanne Chan	Aye
Lance Kwan	Aye
Rakesh Sharma	Aye
Greg Bonaccorsi	Aye
Richard Watters	Aye
Elisa Martinez	Aye
Betty Ho	Aye

Looking for a job?

Protective services might be a good fit



By Rob Klindt

For many people, a new year means setting new goals and searching for new opportunities. A new part-time job or full-time career in police or fire protection services could be just the right fit. Right now, numerous agencies in the Tri-City area and beyond are searching for new employees to join their ranks.

In addition to police officers and firefighters, agencies often have other jobs available including dispatchers, auto mechanics, investigators, school crossing guards, technicians, warehouse workers and even animal care attendants.

Here is a roundup up positions often available at area agencies. Call or visit their websites for specific openings:

- **Alameda County Fire Department**
Firefighters, fire department mechanic II, fire public affairs manager. Various locations.
<https://fire.acgov.org>
- **Alameda County Sheriff’s Office**
Division commander (promotional), accounting specialist, emergency services dispatchers, chief

forensic pathologist, sheriff’s technicians, safety aide, deputy sheriff II (lateral) and deputy sheriff’s recruit. Various locations.

- www.joinacso.com/home-recruiting
- **BART Police Department**
(510) 464-7681
Entry-level, lateral and academy graduate police officers, community services officer, crisis intervention specialist. Various locations.
www.bart.gov/about/police/employment
- **California Highway Patrol**
(707) 917-4530
Public safety dispatcher, public safety operator, officer, auto technician, warehouse worker. Various locations.
CHPbethevoice.com
- **Fremont Fire Department**
3300 Capitol Ave., Building A, Fremont
(510) 494-4200
Firefighters, hazardous materials inspector, fire prevention inspector.

- <https://www.fremont.gov/government/departments/fire/>
www.fremont.gov/cityjobs
- **Fremont Police Department**
2000 Stevenson Blvd., Fremont
(510) 790-6800
Police officers (entry-level, academy graduate, lateral), police communications dispatchers (entry-level and lateral), animal services officer, police records specialist.
Fremont.gov/cityjobs
Jobs.fremontpolice.gov
- **Hayward Police Department**
300 W. Winton Ave., Hayward
(510) 293-7000
Police officer trainees, lateral and reserve, animal care attendants, communications operators (dispatchers), community service officers.
Hayward-ca.gov/police-department
<https://www.governmentjobs.com/careers/haywardca>

Seismic retrofit grant approved for Golden Gate Bridge

SUBMITTED BY
SENATOR DIANNE FEINSTEIN’S
OFFICE

A \$400 million grant toward a seismic retrofit project for the Golden Gate Bridge has been approved and will be funded through the Department of Transportation’s Bridge Investment Program.

The grant was announced Dec. 29 by Senators Dianne Feinstein and Alex Padilla (both D-Calif.). When complete, the retrofit will ensure the bridge can withstand a “maximum credible event,” including a catastrophic earthquake, according to Feinstein’s office. The multi-year bridge retrofit is currently in its final phase. In April, both senators called on the Transportation Department to ensure that seismic retrofit projects were eligible for funding from the Bridge Investment Program.

“The Golden Gate Bridge is a critical transportation link in the Bay Area with more than 40 million vehicle crossings each year and an iconic landmark that represents San Francisco,” Feinstein said. “Modernizing our state’s transportation infrastructure -- incentivizing electric vehicles, improving transit hubs, deploying zero-emission buses and safeguarding our roads and bridges -- is a critical part of keeping our economy growing, and I’m proud to have worked with Senator Padilla to secure this vital grant.”

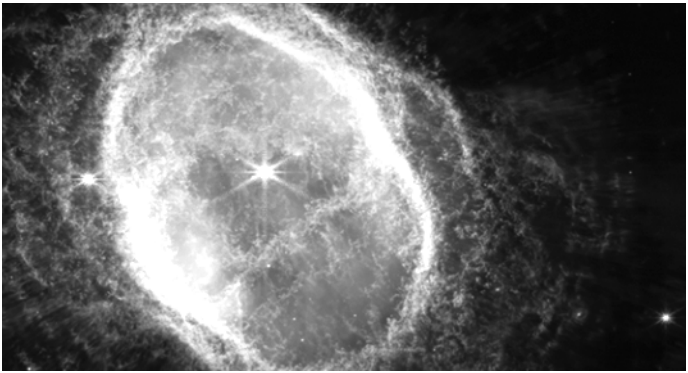
Padilla added: “This funding will protect one of California’s most iconic landmarks -- which provides breathtaking views to tourists from around the world and helps thousands of commuters get to and from work each day. It’s not a matter of if but when the next big earthquake will happen, so it is critical to get ahead of seismic retrofitting to keep everyone who uses the Golden Gate Bridge safe.”

Bridge Investment Program funds are intended to “replace, rehabilitate, preserve, or protect” highway bridges and were included in the Infrastructure Investment and Jobs Act, a bill passed by Congress and signed into law in 2021.

Invisible Astronomy

SUBMITTED BY CHABOT SPACE AND SCIENCE CENTER

Spend an exciting evening with music, activities and fun exploring light from Earth and Space. Human perception of visible light is our most important sense, but we are not capable of seeing certain types of light on the electromagnetic spectrum. Listen to scientists explain how they use telescopes and other instruments to see these invisible rays and what we can learn from what we see. Make nebula art and engage with hands-on activities that demonstrate UV rays and see how some animals view the world through ultraviolet or infrared light.



Invisible Astronomy
Friday, Jan 6
6 p.m. - 10 p.m.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
Tickets: \$15 adults, \$10 kids/seniors, \$5 members
<https://chabotspace.org>

Think those bags are recyclable? California says think again

By Don Thompson
Associated Press

Since California adopted the nation's first ban on single-use plastic shopping bags in 2014, most grocery stores have turned to thicker, reusable plastic bags that are supposed to be recyclable.

But Attorney General Rob Bonta is now investigating whether the bags are truly recyclable as required by law. “We’ve all been to the store and forgotten to bring our reusable bags,” Bonta said recently. “At least the plastic bags we buy at the register for 10 cents have those ‘chasing arrows’ that say they are 100% recyclable, right? Perhaps wrong.”

Bonta asked six bag manufacturers to back up their claims that the bags can be recycled and threatened legal action that could include banning the bags temporarily or issuing multimillion-dollar fines. His office declined to say in late December how many of the companies responded, citing an ongoing investigation. The American Chemistry Council, a plastics industry group, said that manufacturers disagree with Bonta’s characterization.

Other states, including New York, New Jersey and Oregon, have followed California in banning single-use plastic bags. Beyond California, only a handful of states require that stores take back plastic bags for recycling, with Maine first adopting such a law in 1991, according to the National Conference of State Legislatures.

Policy experts and advocates estimate that just 6% of plastics are recycled in the United States, with the remaining burned, trashed or littered. More plastic bags ended up in California landfills in 2021 compared

with 2018, according to data from the state’s recycling department.

Californians Against Waste Executive Director Mark Murray in part blames pandemic policies. Consumers are supposed to be able to return their plastic bags to grocery stores and other retailers. But many removed their bag recycling bins during the early days of the pandemic, fearing contamination.

For the system to work, retailers must collect the bags and sell them back to manufacturers for use in making new bags that must include 40% recycled content and be reusable at least 125 times. Murray suspects that most are reused once to hold other trash. “That’s not meeting the standard and it may be time to phase these bags out,” he said.

The California Retailers Association declined comment because it said each retailer has its own policy, and the California Grocers Association did not respond to a request for comment.

As of now, makers of the bags get to self-certify to the state that their bags can be recycled. But Bonta said that requires a comprehensive system to collect, process and sell the used bags, none of which exist. Putting the bags in most curbside recycling bins interferes with recycling other products by clogging equipment and increasing the risk of worker injury, he said.

Plastic bags and similar products are “a top form of contamination in curbside recycling bins,” California’s Statewide Commission on Recycling Markets and Curbside Recycling wrote in a 2021 report.

Bonta asked six manufacturers -- Novolex, Revolution, Inteplast, Advance Polybag, Metro Polybag and Papier-Mettler

-- to prove their bags can be recycled in California. His office hasn’t said if they all responded, citing an “active and ongoing investigation.”

Revolution Chief Executive Sean Whiteley said the company has been recycling more than 300 million pounds of plastic material annually for decades and is “confident in our own sustainability and compliance record.” He noted lawmakers publicly introduced the single-use bag ban legislation in 2014 at one of the company’s Southern California subsidiaries. “At our core, we are an environmental recycling company that also makes sustainable plastic solutions,” Whiteley said in a statement.

Novolex said it is “committed to complying with all state laws and regulations.” The company responded to Bonta’s request but declined to share its full response with The Associated Press, a spokesman said. Novolex’s bags have been certified as eligible for recycling by an independent laboratory and, therefore, must be marked that way, the company said in a statement.

The other four companies did not respond to multiple emailed requests.

Manufacturers are “aggressively working so that all plastic packaging that is manufactured is remade into new plastics,” said Joshua Baca, vice president of plastics at the American Chemistry Council.

It’s not Bonta’s first plastics-related clash with industry. In 2022 he subpoenaed ExxonMobil as part of what he called a first-of-its-kind broader investigation into the petroleum industry and the proliferation of plastic waste.

Alameda County Fire Log

SUBMITTED BY AC FIRE DISTRICT

Tuesday, December 27

- Day shift firefighters responded to a call about a person trapped inside a commercial hopper in Newark. It took crews about an hour to safely get the person out of the four-story hopper that was filled with gypsum power.
- At 10:07 a.m. day shift crews from ACFD Engine 12 and FALCK responded to a report about a woman in labor in San Leandro. Crews assisted with delivering the girl at the scene. The baby and mother were healthy and were taken to a nearby hospital.

Hayward Police Log

SUBMITTED BY HAYWARD PD

Sunday, December 18

- At 10:00 p.m. five unknown people entered a business near the 300 block of W. Tennyson Road and forcibly took property before fleeing the scene on foot. The case is being investigated as a robbery.
Monday, December 19
- At 2:00 a.m. officers made a traffic stop near the intersection of Jackson and Watkins streets for an equipment violation. A record check showed the vehicle registration was expired and it was towed. While searching the vehicle, officers found a loaded firearm, suspected narcotics, and other narcotics sales contraband. The driver was taken into custody.
- At 12:25 a.m. patrol officers near the area of Austin and Huntwood avenues spotted what appeared to be a man breaking into vehicles. They contacted the man and found he had a loaded firearm in his clothing. The man was taken into custody.

Thursday, December 22

- At 1:09 p.m. officers located an occupied stolen vehicle near the 24000 block of Groom St. and made a vehicle stop; the driver was taken into custody.

BART boosts evening, morning service

SUBMITTED BY BART

The new year is bringing new changes to BART starting with additional train service after 9 p.m. and the resumption of four morning trips that had been eliminated during the Transbay Tube earthquake retrofit project.

As part of the late evening service upgrade, there are more even wait times between trains rolling between Daly City and West Oakland with trains no longer running in pairs. Previously, when two trains arrived within a few minutes of each other there would be a long gap in service. Now, they run approximately every 15 minutes between Daly City and West Oakland, reducing wait times for many riders in San Francisco.

This improvement is possible because late-night single tracking for the Transbay Tube Seismic Retrofit Project, which closed half of the Tube each night is no longer needed. Full completion of the retrofit project is anticipated later in 2023.

Morning riders are benefiting from the resumption of four weekday trips along two lines that were also affected by retrofit construction:

Yellow Line weekday

- 4:40 a.m. train that started at Daly City
- 5:44 a.m. train that started at Antioch (6:01 a.m. started at Pittsburg/Bay Point)

Green Line weekday

- 4:30 a.m. train that started at South Hayward
- 5:29 a.m. train that started at Daly City

The updated schedules went into effect Monday, Jan. 2. For details, visit the BART website at www.bart.gov.

LETTER TO THE EDITOR Legislation is needed

An open letter to California state legislators: As you know, California Department of Fish and Wildlife (CDFW) allows the importation of live turtles (i.e., spiny softshell and red-eared sliders) and bullfrogs into California for the live food market. So far in 2022, CDFW has issued 17 Standard Importation permits for bullfrogs for a total of approximately 400,000 bullfrogs, and 37 Long-term Importation permits for turtles for approximately 32,000 turtles.

Standard Importation Permits are valid for one shipment. Long-term Importation permits are valid for 30 days with an unlimited number of shipments allowed during the 30-day permit period. As such, the number of live turtles imported into California in 2022 could range from 32,000 if each permittee imported only once during the permit period, to 128,000 if each permittee imported four times during the permit period. It is likely that the actual number of turtles imported annually lies somewhere in the middle.

As noted, the problems are three-fold: environmental protection, public health, animal cruelty. Animals -- both wild and domestic -- are crammed in with the human population, a recipe for disaster. These markets are found throughout California: Los Angeles, San Francisco, Oakland, San Jose, Sacramento and elsewhere. Local health departments should be all over this, as should all environmental groups. To my knowledge, only the Center for Biological Diversity has aggressively addressed this matter.

The CDFW (Chuck Bonham, Director) continues to issue the import permits for the frogs and turtles, despite major opposition, having received more than 3,000 letters and emails since the mid-1990s demanding that the permits cease: environmental and sporting organizations, the

California Game Warden's Association, various animal welfare organizations and the general public. The late S.F. Superior Court Judge William Newsom (the governor's father) submitted a letter; former Resources Secretary Huey Johnson wrote twice. And our State Fish & Game Commission has twice voted unanimously (5:0) to stop the permits. It has all fallen on deaf ears in the CDFW, and this illicit, brutal and dangerous trade continues.

Legislation is clearly in order, and long overdue. And perhaps a lawsuit or two.

Some three dozen necropsies on the market frogs and turtles since the mid-1990s have documented that all are diseased and/or parasitized, with cases of E. coli, salmonella and Pasteurella (all potentially fatal in humans), plus cases of giardia, blood parasites, even one case of malaria. Again, it is illegal to import and/or sell such products for human consumption, yet this illicit and dangerous commerce continues.

The majority of the bullfrogs (62% in one study) test positive for a lethal chytrid fungus (Batrachochytrium dendrobatidis, or Bd), responsible for the extinctions of more than 200 amphibian species worldwide in recent years. The bullfrogs do not succumb to the fungus, but they certainly do disperse it, endangering other species. The market animals are routinely bought en masse by "do-gooders" and certain religious sects, who illegally release the non-natives into local waters where they prey upon and displace our native species, while spreading all sorts of diseases and parasites, including Bd.

Again, an author is needed for legislation to stop this brutal and dangerous commerce. You? Any responses would be appreciated. Thank you for your consideration.

**Eric Mills, coordinator
ACTION FOR ANIMALS
Oakland**

Oakland Zoo Announces Extended Closure Due to Sinkhole Damage



SUBMITTED BY
ERIN HARRISON

Oakland Zoo is closed and will be unable to reopen until January 17th, or possibly later, due to a major sinkhole caused by a collapsed culvert located under the vehicle entrance to the Zoo at Golf Links Road. The culvert, overburdened by the historic and unprecedented amount of rainfall throughout the region over the past few days, serves as a connection for Arroyo Viejo Creek and runs beneath the entry road to the Zoo. The sinkhole, approximately 10 feet wide and 10 feet deep, is impassable to vehicles, prohibiting guests from entering the Zoo. Engineers called to the site

yesterday say that with additional rain expected in the next several days, the sinkhole could worsen. Zoo officials are working with a local company specializing in engineering, design, and construction to repair the sinkhole as soon as possible, and advised it may take an estimated two weeks or more for materials to arrive and the work to be completed.

In other areas of the Zoo yesterday, the volume and velocity of the water flowing across the Zoo grounds caused incredible soil erosion, eucalyptus trees to fall, flooding in various buildings, and overwhelmed drainage systems. Electricity went out at times and affected our internet and ticketing systems.

All animals and staff are fine and remained safe during the extreme weather. While closed, Zoo staff will continue to be on-site to take care of the animals, provide maintenance needs, and conduct clean-ups from damage caused by the rain.

Guests with reservations, at any time until January 17th, to visit the Zoo or attend Glowfari, will receive an email about a refund for their tickets.

Once reopened, the Zoo is looking into possibility of extending the popular Glowfari event into February.

Year of the Rabbit hops in on new stamp

SUBMITTED BY U.S. POSTAL SERVICE

In recognition of the Lunar New Year -- the Year of the Rabbit -- the U.S. Postal Service has issued a colorful new postage stamp to celebrate one of the most important holidays of the year for many Asian communities around the world.

The rabbit is the fourth of the 12 zodiac animal signs associated with the Chinese lunar calendar. In 2023, the Year of the Rabbit starts January 22 and continues through February 9, 2024.

Postal Service officials will unveil the new Year of the Rabbit Forever stamp in San Francisco at 11 a.m. Thursday, January 12 at the Asian Art Museum. Attending the event will be Fiona Ma, California State Treasurer; London Breed, San Francisco Mayor; Jay Xu, Asian Art Museum Director and Derek Kan, governor, U.S. Postal Service Board of Governors. Admission to the event is free and open to the public.

Designed by art director Antonio Alcalá with original art by Camille Chew, the stamp is anchored by an elaborate three-dimensional mask depicting a rabbit as a contemporary take on the long tradition of paper-cut folk arts crafts. The design incorporates lucky colors of red, blue, pink and purple associated with the Year of the Rabbit.

Known as Tet in Vietnam and the Spring Festival in China and elsewhere, Lunar New Year begins on the



second new moon after the winter solstice and historically marks the arrival of spring. Filled with symbolic meaning, the colors red and gold appear everywhere during this time of year. Red is considered very lucky, while gold is supposed to bring wealth.

In 2020, the Postal Service introduced its third series of Lunar New Year stamps to honor the occasion. This new series will continue through 2031 with stamps for the Year of the Dragon, Snake, Horse, Ram, Monkey, Rooster, Dog and Boar still to come.

The Year of the Rabbit stamp is being issued as a Forever stamp in sheets of 20 at post offices nationwide or by visiting the USPS online store at usps.com/shopstamps. Individual stamps are equal in value to First-Class mail rates, currently 60-cents, but slated to rise to 63-cents on January 22.

**Year of the Rabbit Forever stamp dedication
Thursday, Jan 12
11 a.m. – 12 noon**

**Asian Art Museum, 200 Larkin St., San Francisco
Free; RSVP at usps.com/lunarnewyearrabbit**

Safe Parking Program:

More stories of residents



David Flores



Marilyn Singer takes breakfast order from Judy Borden

SUBMITTED BY SHIRLEY GILBERT
PHOTOS BY DAVE FISHBAUGH

Over the past few weeks, we have run coverage of Fremont's Safe Parking Program, a collaboration between the city and four churches to provide a safe overnight location for residents who live in their cars. Below are the stories of several individuals who have made use of this program.

Judy Borden is the woman with the waggy-tailed chihuahua named Nickel—named in memory of a former dog, Penny. Borden has been unhoused since July. During Covid she was furloughed from her job and has been unemployed ever since. Unable to pay her rent, she resorted to living in her car. She believes her affectionate dog keeps her occupied and sane. "Oh, I wouldn't know what to do without Nickel," she enthused. One thing that makes Borden sad is the animosity directed toward people who live in cars. She was chatting with a woman in a car next to her in a very friendly way until the woman looked in her car and saw

the bedding. Her friendliness turned to coldness, and she turned abruptly away. What keeps Borden positive is her volunteer work at the Wellness Center at Lake Elizabeth. Before she enrolled in the Safe Parking program she parked on the street, and that frightened her. But now thanks to the kindness of the churches, she's in contact with volunteers and friends in cars, and Borden feels they are all family.

Mari-Lyn Harris lists some of the challenges of living in a car. She misses a kitchen and the ability to get hot water and make herself a cup of coffee. Therefore, she spends time at coffee shops. Groceries are also hard to keep in your car. And on these cold nights Harris finds it hard to get warm enough to sleep. She resorted to living in her car after finding her apartment building too noisy and unaffordable. Harris is very active in the community. She volunteers, which keeps her positive and gives her a support network. "Getting out and volunteering lifts you up," she said with a laugh. Harris has a website and a blog in which she calls



Mari-Lyn Harris

herself Chief Kindness Officer. She works as an End-of-Life Doula, guiding people through their last days, and is also a wellness expert. "What makes life bearable," Harris says, "is working a lot and staying active and relevant in the community." She is a great fan of the Safe Parking Program and promotes it wherever she can. She's been in the program since July and thinks "it's the best thing." However, she feels more services for the unhoused are needed—such as a

long-term place where folks living in cars can come and go. "That would make us feel more human," she said.

David and Estefany Flores have been living in a car since January. David is considered quite a character and has a warm outgoing style. Estefany is disabled and suffers from a traumatic brain injury. She deals with chronic pain but tries her best not to let it get her down. She smiles a lot. Before David had a car, he had to get from Oakland to Fremont for a job possibility. According to Estefany, he wheeled her from Oakland to Fremont on foot. It took him two days. Estefany said she slept a great deal, but David trudged on. The couple admit that living in a car is tough, but they try to think of it as an adventure. David has barbecue equipment in storage, and he's used it to make interesting meals. He also has a machine that makes cake pops and one for hot chocolate. The couple lives in a car because rent in the area is too expensive. David sees prices rising for big things and little things. For example, he bought a pie at Walmart for 50 cents not long ago, and it leaped to 74 cents in a short time. David works in restaurants whenever he gets a chance. The couple feel that Fremont's Safe Parking Program has been very helpful. Getting a good night's sleep is important to them and being with other caring people makes them feel part of a loving community.

Donate to the Safe Parking Program at: donate@fremont.gov

Volunteer at: specialprojects@cityserve.org



Judy Borden



Estefany Flores

We help you focus on the important things in life.



Eric Olsen
Physician (In Training)



Alan Olsen, CPA
Father and GROCO
Managing Partner



Charlotte Olsen
Teacher (in training)

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