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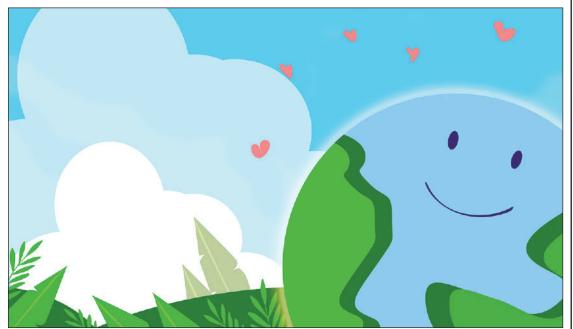
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April 12, 2022

Vol. 20 No. 14



Earth Day in the East Bay



Since 1970, Americans have celebrated Earth Day on April 22 to raise awareness of the effects of pollution and the need to protect the environment. You can read more about the history of the day at www.earthday.org. Organizations around the Bay Area will likewise be hosting environmentally-conscious (and fun!) events in April. A few are listed below:

On April 16, Oakland Zoo will hold an Earth Day "Regeneration Celebration" to celebrate the return of in-person Earth days and the Zoo's centennial. Guests can learn about various conservation groups at hands-on stations throughout the Zoo, admire and add to chalk murals drawn by Drawing on Earth, share their visions of the future at the "100 Year Vision Tree" created by artist group Giant Peach (to be on display throughout the year), and watch two performances by Earthcapades at the Wildlife

Theater at 11:00 a.m. and 2:30 p.m. Earth Day events are included with Zoo admission.

With Washington Hospital, City of Fremont will hold a free "Earth Day Fair" on Saturday, April 23 at the new downtown event center on Capitol Avenue. Care for the planet by donating eyeglasses, condiment packets, and packaged utensils; safely disposing of medication and syringes; and exchanging plastic toothbrushes for bamboo ones. Consult with environmental experts on ways to go green, recycle, reduce waste, and save energy. Kids can participate in a bike rodeo, where Bike East Bay will teach road safety. Everyone can enjoy music, games, art activities, and food trucks.

Also on April 23, San Leandro will hold an Earth Day fair aimed at families with young children. Hosted by Downtown Association and Community

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Ride the Rails for Relay returns!



By MARC VICENTE PHOTOS COURTESY OF CATHY NORVELL

The COVID-19 pandemic has made the past two years a hurdle for businesses and non-profit organizations alike. As California recently started lifting some pandemic restrictions, many annual events by these businesses and organizations are returning after a two-year hiatus. On Sunday, April 24 the regional fundraising event "Ride the Rails for Relay," returns to Sunol Valley for its eleventh year.

Started by Gordy Klapp in 1985, Relay for Life is a movement supported by American Cancer Society, dedicated to finding cures for all forms of cancer. Cities and households across California form teams that host events under this movement in order to collect funds for said research. Ride the Rails for Relay is one such event, organized by Cathy Norvell, her team known as Cure Crusaders Family, and volunteers at Niles Canyon Railway.

"Before the pandemic, Ride the Rails sold over 500 tickets in 2019," Norvell reminisces.

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Is Your Child Ready for Kindergarten?

Pediatrician will offer guidance and answer questions at online seminar

In California, children generally start kindergarten at age 5. Some parents, however, may feel anxious about whether their young children have developed the social and educational skills needed to successfully take part in kindergarten activities. This may be particularly true for parents whose children have maintained minimal contact with other children during the past couple of years because of the COVID-19 pandemic.

So how do you determine what is best for your child?

To help parents and guardians decide whether their children are ready for kindergarten, Washington Hospital Healthcare System (WHHS) is offering a free online seminar featuring pediatrician Bhaskari Peela, MD, on Thursday, May 12. The seminar, "Kindergarten Readiness," will be presented online on both Facebook and YouTube, beginning at 6:30 p.m. The seminar will include time for questions from participants.

"Parents need to consider not only their children's academic skills, but also their temperament and social skills," explains Dr. Peela, a physician with Washington Township Medical Foundation (WTMF). "Some 5-year-old kids are quite capable of sitting still, following instructions and cooperating with others, but other children that age may have more trouble following classroom rules or listening carefully. Children entering kindergarten

need to know how to share with others and take turns, as well as demonstrate self-control and take care of their personal hygiene and belongings."

Dr. Peela notes that many of these social skills are taught in preschool classes, so children who attended preschool prior to kindergarten may have some advantages. "Unfortunately, because of the ongoing pandemic, lots of kids have missed out on school and preschool experiences," she acknowledges.

If a child missed attending preschool, parents or guardians might consider a state-sponsored program known as "transitional kindergarten" (TK). According to the California Department of Education, TK is the first year of a two-year kindergarten program that uses a modified kindergarten curriculum that is appropriate for the child's age and developmental abilities. Each school district must offer TK classes for all children eligible to attend. Children who complete one year in TK may continue in a kindergarten program for one additional year. Children are eligible for TK if they have their fifth birthday between September 2 and December 2.

"Parents and guardians should do their 'homework' to determine the best options for their children," Dr. Peela says. "For example, if a child is currently in preschool, it could help to talk with the teacher to seek guidance on whether the

THURSDAY



Social skills are one aspect of kindergarten readiness. Discover other assessment tools at online seminar May 12.

child is ready for kindergarten. It also could be helpful to take a tour of the school the child would be attending and observe a kindergarten class to see if their child would fit in. Parents and guardians also can help their children develop the academic skills required in kindergarten, including reading to them frequently and teaching them the letters of the alphabet, numbers, shapes and colors. The more fun you make those activities, the more kids will enjoy them."

Prekindergarten parental and guardian "homework" also includes helping children develop physical abilities, including the

fine motor skills required for using scissors, glue or paste, crayons and pencils. Physical skills also would include the large motor coordination required for playground activities.

In addition, California law requires each child to have a health examination report for school entry. A licensed health examiner must complete this Report of Health Examination for School Entry, which consists of a physical health examination and an up-to-date immunization record.

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

WEDNESDAY



SATURDAY



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	4/12/22	4/13/22	4/14/22	4/15/22	4/16/22	4/17/22	4/18/22
2:00 PM 2:00 AM	Heart Attack: Symptoms & Prevention		Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be	Cognitive Assessment As You Age	Early Detection and		Gastrointestinal
2:30 PM 2:30 AM :00 PM	Improve Your	Washington Township	Sidelined by Back Pain? Get	Diabetes Matters: Diabetes Complications and Amputation	Prevention of Female Cancers	Metabolic Disorders	Disorders
:00 AM	Balance with Yoga	Health Care District Board Meeting March 9, 2022	Back in the Game	How to Prevent Financial Elder		Mental Health Education Series:	Fremont Bank
:30 AM 2:00 PM 2:00 AM	Don't Let Hip Pain Win		Diabetes Matters: Diabetes Conversations	Abuse/Fraud Healing Foods: Food	Washington Township Health Care District	Mental Wellness	Staying Healthy in 2021
				Choices and Our Health	Board Meeting		
::30 PM ::30 AM	COVID-19: What Families Need to Know	Intro to Radiation Oncology Therapy	How To Stop Disease Before		March 9, 2022	Washington Township	Endometriosis: Causes, Symptoms,
3:00 PM 3:00 AM	Chronic Pelvic Pain in Women	Diabetes Matters: Travel & Disaster Preparedness	It Starts	. Washington Township		Washington Township Health Care District Board Meeting	Diagnosis and Treatment
3:30 PM 3:30 AM	Diabetes Matters: Glucose Monitoring	Chronic Venous Disease:	Ortho Overuse Injuries: Prevention and	Health Care District Board Meeting	Healing Foods: Food Choices and Our Health	March 9, 2022	Strategies to Help
1:00 PM 1:00 AM	Healthy Gut,	Causes, Symptoms & Treatment	Treatment	March 9, 2022	Diabetes Matters: Managing Diabetes		and Blood Pressure
1:30 PM 1:30 AM	Healthy You	Wound Care: The Latest Treatment	Managing Diabetes During Challenging Times		During Adverse Conditions	Preventive Care: What You Need To Know	Interventional
5:00 PM 5:00 AM	Diabetes Matters: Heart Healthy Foods	Options	Diabetes Matters: Heart Healthy Eating	Diabetes Matters: Asian Fusion	Chronic Pelvic Pain in Women	Advanced Treaments for Knee Pain	Vascular Disease
5:30 PM 5:30 AM	& Diabetes	Diabetes Matters: Latin Foods	COVID-19: What Families Need to Know	Get Fit at Home the Right Way	Aortic Valve Disease: Treatment Options Including TAVR	Heart Attack: Symptoms & Prevention	Healthy Eating: Prescription for Health
5:00 PM 5:00 AM		Diabetes Matters: Diabetes and Kidney Health		Stroke: Warning Signs	Enlarged Prostate: Causes, Symptoms	Chronic Kidney Disease: FAQ	
5:30 PM 5:30 AM	Washington Township	Improve Your	Washington Township	and Prevention	and Treatment	Improve Your	Washington Tournship
7:00 PM 7:00 AM	Health Care District Board Meeting March 9, 2022	Balance with Yoga	Health Care District Board Meeting March 9, 2022	Diabetes Matters: Managing Diabetes	Street Management	Balance with Yoga	Health Care District Board Meeting
7:30 PM 7:30 AM	Walch 9, 2022	Keeping Your	WiaiCii 9, 2022	During Adverse Conditions	Stress Management	Learn the Signs and	iviaicii 9, 2022
3:00 PM 3:00 AM		Lungs Healthy		Women's Health: Planning for Pregnancy	Advances in Joint Replacement Surgery	Symptoms of Sepsis	
3:30 PM 3:30 AM	Impact of Obesity: Why You Need to Get and Keep a Healthy Weight	Hepatitis B and	Treating Neck and Back Pain from Home	Why Does My Ankle Hurt? Causes &	When Your Heart Needs A Little Help	Breathe Easier with Pulmonary Rehab	Women's Health: Depression, More Than a State of Mind
9:00 PM 9:00 AM	Women's Health through the Years:	Liver Cancer: Prevention and Treatment	Diabetes Matters: Italian Foods	Treatment of Ankle Pain	Hernias: Causes Symptoms and the Latest Treatment Options	Fall Prevention	Colon Cancer
9:30 PM 9:30 AM	Screening is Key to Aging Well	neaunent	Shoulder Pain: Causes and	Diabetes Matters: Asian Indian Cooking	Advancements in Lung Cancer Detection and Treatment	Chronic Venous Disease: Causes, Symptoms	Oh My Aching Feet!
0:00 PM 0:00 AM	Food Pharmacy: Prescription for Colon Health	How to Sleep Your	Treatment Options		Family Caregiver Series: Loss, Grief & Recovery	& Treatment	Foot and Ankle Problems
0:30 PM 0:30 AM	Keeping Your	Way to Better Health	Mental Health	Anxiety: Stop Negative Thoughts	Diabetes Matters: Filipino Food	Suffer From	Strategies to Help Lower Your Cholesterol and Blood Pressure Interventional Radiology (IR) for Vascular Disease Healthy Eating: Prescription for Health Washington Township Health Care District Board Meeting March 9, 2022 Women's Health: Depression, More Than a State of Mind Colon Cancer Oh My Aching Feet! Recognizing Common oot and Ankle Problems Advances in Joint Replacement Surgery Inside Washington Hospital: Advanced Greatment of Aneurysms
1:00 PM 1:00 AM	Brain Healthy	Advances in Joint Replacement Surgery	Education Series: Understanding Psychotic Disorders		Made Healthy	Sinus Problems?	
1:30 PM 1:30 AM	Family Caregiver Series: Tips for Navigating the Healthcare System	Understanding HPV: What You Need to Know	1 Sycholic Districts	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Palliative Care, an Extra Layer of Support	Family Caregiver Series: Understanding Healthcare Benefits	Diabetes Matters: Diabetes and Your Heart

Washington Sports Medicine Medical Director Serves at March Madness

Orthopedic Surgeon Says Experience Ups His Game With Local Athletes

Dr. Russell Nord hardly ever missed a basketball game while attending Duke University as an undergraduate. It was incredibly rewarding, therefore, to watch his alma mater make it into the Final Four during this year's NCAA Division I men's basketball tournament—also known as March Madness. It was particularly exciting considering during the game, he was right there on the sidelines, serving as the tournament physician.

Dr. Nord is the medical director at Washington Sports Medicine and an orthopedic surgeon with Washington Township Medical Foundation. He has been the tournament physician for the West Coast Conference Men's and Women's NCAA Basketball Championships for many years, but this is the first time he served as the host physician for the Sweet 16 and Elite Eight rounds, held at Chase Center in San Francisco this year.

"It was super exciting just to be there," Dr. Nord exclaimed. "It was especially incredible watching Duke make it to the Final Four. They had a remarkable come-from-behind victory in the Sweet 16 game. It was even more special because it's Coach Krzyzewski's last year at Duke. He's legendary."

The NCAA Division I men's basketball tournament is a single-elimination tournament of 68 college teams that compete in seven rounds. The final four teams then compete for the national championship in what is dubbed the Final Four.

"Fortunately, there weren't any serious injuries, but you have to be ready for anything," he said. "There have been some terrible injuries at these games in the past."

Dr. Nord said preparation is critical when it comes to the high-profile event and medical staff met before the competition began to plan for every contingency.

"In sports medicine, to be successful, you need a harmonized team working in concert," he added. "We had regular meetings with team physicians and emergency personnel. Some of the doctors

who help with the Warriors were also there and they had a lot of insight regarding logistics specific to the Chase Center, including contacts in San Francisco where we could get an urgent MRI if needed."

Elbows Fly

Dr. Nord served as team physician for the Stanford football team while completing his fellowship in sports medicine at the university, and he acknowledged that football generally has more injuries than basketball. But basketball players can also get seriously hurt.

"Cuts to the face and head are common," he said. "During the game, elbows are flying and guys are right next to each other, so it's not uncommon to take an elbow to the head. We have to be ready for lacerations and mouth injuries, including tooth loss. There can also be a lot of twists and sprains, and then of course more serious injuries when players collide."

According to Dr. Nord, it's not just about the players. There can also be medical emergencies in the stands as well as with referees, cheerleaders, photographers and coaches.

"It's not unusual for a referee to get accidentally taken out by a player," he

Sports Medicine Close to Home

Dr. Nord said over the years, his March Madness experience has helped him hone his sports medicine skills and improve his ability to care for the local community. He leads a team of athletic trainers at Washington Sports Medicine who help people with injuries return to their favorite sport or activity with minimal downtime. Dr. Nord and his team also work with area high schools and help young athletes get the care they need to stay in the game.

"Adrenaline is pumping during any sporting event and it can be a chaotic environment, so as a medical team, we all have to be able to perform at our highest level in that setting," he explained. "The tournament provides a lot of great experience."

As an orthopedic surgeon, Dr. Nord performs minimally invasive procedures



Russell Nord, MD, served as tournament physician at March Madness.

that can eliminate pain and restore mobility. He said he was drawn to sports medicine by his desire to help people and his love of science.

"With orthopedic surgery there is a huge opportunity to treat—and even cure—debilitating conditions," he added. "The technology is ever advancing. I'm using techniques now that weren't available when I started practicing in Fremont a dozen years ago. And the good news is, patients don't have to be an athlete to benefit from these newer procedures."

To learn more about Dr. Nord and Washington Sports Medicine, visit www.whhs.com/Sports.



YouTube

Starting July 1, 2022, Comcast channel 78 will no longer broadcast the Washington Hospital InHealth channel. Find videos featuring health care experts on YouTube.com/whhslnHealth



TIP: On YouTube, you can search by presenter name or topic to find entertaining and informative presentations.

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Pesach at Chabad of Fremont



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The eight-day Jewish holiday of Passover is celebrated in the early spring, from the 15th through the 22nd of the Hebrew month of Nissan, or April 15 -23, 2022. Passover (Pesach) commemorates the emancipation of the Israelites from slavery in ancient Egypt. Pesach is observed by avoiding leaven, and highlighted by the Seder meals that include four cups of wine, eating matzah and bitter herbs, and retelling the story of the Exodus. In Hebrew it is known as Pesach (which means "to pass over"), because G-d passed over the Jewish homes when killing the Egyptian firstborn on the very first Passover eve.

Passover is divided into two parts:

The first and last two days (the latter commemorating the splitting of the Red Sea) are full-fledged holidays. Holiday candles are lit at night, and Kiddush and sumptuous holiday meals are enjoyed on both nights and days. We don't go to work, drive, write, or switch on or off electric devices. We are permitted to cook and to carry outdoors. The middle four days are called Chol Hamoed, semi-festive "intermediate days," when most forms of work are permitted.

The first Seder will be on Friday, April 15 after nightfall, and the second Seder will be on Saturday, April 16 after nightfall. For the duration of the eight days of Passover, chametz (leaven) is strictly avoided.

The highlight of Passover is the Seder, observed on each of the first two nights of the holiday. The Seder is a fifteen-step family-oriented tradition and ritual-packed feast.

The focal points of the Seder are:

- Eating matzah.
- Eating bitter herbs—to commemorate the bitter slavery endured by the Israelites.
- Drinking four cups of wine or grape juice—a royal drink to celebrate our newfound freedom.
- The recitation of the Haggadah, a liturgy that describes in detail the story of the Exodus from Egypt. The Haggadah is the fulfillment of the biblical obligation to recount to our children the story of the Exodus on the night of Passover. It begins with a child asking the traditional "Four Questions."

Chabad of Fremont will hold a community First Seder on Friday, April 15 starting at 7 p.m. at the Jewish Center in Fremont. Discover the Seder's relevance to today's modern Jew. Limited space is available, so make reservations ahead of time at www.chabadfremont.com/seder or email Chaya Fuss at Chaya@chabadfremont.com.

First Seder at Chabad of
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Is Your Child Ready for Kindergarten?

"Children's physical and emotional well-being are key to success in kindergarten and the rest of their academic life," Dr. Peela emphasizes. "Optimal nutrition and exercise, as well as regular physical exams and appropriate vaccinations, can help your child succeed in school and beyond."

Join the Seminar – Learn More

To view the May 12 seminar on Facebook, sign into your account and then go to facebook.com/WashingtonHosp. Watching from YouTube does not require an account. Simply go to youtube.com/whhsInHealth.

People attending the seminar via Facebook will be able to ask questions directly during the seminar. Those watching on Facebook or YouTube may submit questions in advance to communityoutreach@whhs.com. If you miss the live event, it will be archived and available for viewing within 24 hours on

Washington Hospital's Facebook and YouTube pages.

If you need help finding a physician, visit www.mywtmf.com.

For more information on TK and other aspects of kindergarten in California, visit https://www.cde.ca.gov/ci/gs/em/kinderinfo.asp

To Ukraine, with love: **BASIS** independent school packs 28,000 meals

By Allyson Wong

The tragic war resulting from Russia's invasion has displaced millions of Ukrainians from their families and loved ones. To date, over 4 million refugees have fled Ukraine, and they need the world's help to access daily necessities and food.

BASIS Independent Fremont School's Kids Against Hunger Club decided to lend a helping hand. They started fundraising with the goal of holding a schoolwide meal packing event, packing nutritious dry meals to send across the Ukrainian border via Convoy of Hope, a humanitarian charity organization. Among the generous donors who supported our mission are Fremont Council member

Teresa Keng, who donated proceeds from her restaurant, Milk and Honey Café Fremont, My Green Lunch (lunch provider of several Bay Area schools), Palo Alto Medical Foundation, Experian, and Dr. Yu Chiropractic Clinic in Fremont. Cresco Equipment rentals Fremont also sponsored

"We appreciate so much the tremendous efforts by Kids Against Hunger, Fremont, and BASIS Independent School to support the needy. My kids and I have participated several times in the school meal packing events. It's a great opportunity to show the kids that even in Fremont and in Silicon Valley, we have many children experiencing food insecurity. I hope many more people can participate and support such efforts. Together, we can make a greater difference," said Teresa Keng.

On the morning of Saturday, April 2, the school united and packed over 28,000 meals over the course of four hours to support those impacted by the conflict in Ukraine. The Mission San Jose High School Kids Against Hunger Club also attended to support the event. Following the packing event, numerous students voiced how great it felt to be able to give back to the global community.

"Our love for those in need should not be bound by distance or borders. Now is the time for us to show our love for others by taking action. We truly appreciate the support from Kids Against Hunger Fremont, the generous donors, and all our school staff and students for pitching in to pack 28,000 meals. This truly shows that many hands do make light work," shared Allyson Wong, founder of the BASIS Kids Against Hunger Club.

"Immediately following the event, I had a parent reach out to tell me how meaningful the event was for her daughter. I am hopeful that we will continue to have more volunteer opportunities with Kids Against Hunger and other non-profits to continue to do great work in our immediate communities and abroad," remarked Ms. Davis, Head of BASIS Independent Fremont Upper School.

It was inspirational to see our community coming together to make a positive impact not only locally but also around the world.







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2022 Ford Escape Plug-in Hybrid The New Kid in Class

By MICHAEL COATES

The new kid in class doesn't look that different, but he sure is popular. What's his secret? When the class is the growing compact crossovers and the new kid is the 2022 Ford Escape Plug-in Hybrid (PHEV), the key is that plug port and ability to drive 37 miles on electricity alone after charging up. Proof of popularity is easy. When I checked on the availability of an Escape PHEV at a local dealer, I was told there were none on the lot, but one was in transit. It would be available, but only after a \$5,000 "market adjustment" to the price. That's the downside for a consumer interested in the popular new kid.

The recent spike in gas prices has got people looking for ways to cut down on their pump expenditures. Paying \$6 a gallon for gas suddenly cut through many of the objections and concerns about driving a car that needs to be plugged in.

A PHEV is designed to address some of those lingering concerns. Its EV-only range

is relatively short, but at the point it runs out, the car becomes a hybrid, shifting between its gasoline-powered internal combustion engine and an electric motor to keep the car moving efficiently.

Install a home-charger hooked up to your 240V dryer circuit and charge every night and you'll have a "full tank" of electricity in the morning. If your round-trip commute is less than 37 miles (more on that number later) you won't see a gas station for a long time. But if you have to make a run to Tahoe, you could probably do it on a single tank of gas after you've exhausted your electric range.

Three Kinds of Escape

Ford's approach to its popular compact crossover is to offer choice, but it also involves compromises. Its gas-only models come in four trim levels with two different engines, front-wheel drive and all-wheel drive. Starting prices begin at \$26,510 and ascend to near \$40,000 when fully loaded. Fuel economy ranges from 26 to 30 mpg in combined driving. Hybrids feature a bigger engine, but add an electric motor

that can share the load and boost fuel economy. The Hybrid's three trim levels also include all-wheel drive options. Average fuel economy is 40-41 mpg.

The Plug-in Hybrid model we drove is the top of the fuel efficiency pool. The EPA gives it a 105 MPGe rating, but let's break that down into the real world. As mentioned, with a full charge you can drive 37 miles on electricity alone. That comes with a big caveat. Jump on the freeway and cruise with traffic and you'll never see 37 miles. Drive up into the local hills like I did and you'll find a mile of EV range suddenly shrinks. On the other hand, all that comes back to you when you head down the same hills or find yourself in stop-and-go traffic.

I left for one test drive with 28 miles of range (all I could coax out of my charger). Returning 32 miles later I still had two miles of range even after some freeway driving and hill climbing. A good stretch of relatively flat road and a downhill road back home that had me on the brakes for much of the drive more than compensated for the less efficient part of the run. It's all part of learning about EV driving. When the battery's depleted it becomes a front-wheel drive hybrid (no AWD available on the PHEV) that will deliver high-40s mpg.

Besides the Fuel Economy

There's a whole car beyond the fuel gauge, and the Escaper delivers on that score as well. A full complement of the latest safety and advanced technology equipment comes either standard or part of the typical option packages available. Seating is comfortable and accommodating for five adults for short drives. The rear storage area will handle a typical Costco run.

My test car was the base (for the Hybrid and PHEV models) SE trim that

starts at \$34,320 (including destination and delivery charges). Added to that was an equipment group that included a foot-activated power liftgate and leather-wrapped steering wheel, among other goodies.

The final total for the car was \$35,305, pretty close to the average transaction price of a new car at present. Of course, this hot segment has many competitors to choose from, but at least I didn't have to deal with the \$5,000 new kid mark-up.

Auto Review



Michael Coates is an experienced automotive writer, who is also editor and publisher of the Clean Fleet Report online magazine (www.cleanfleetreport.com) that focuses on advanced automotive technology. He lives in the Bay Area with his wife.

kmcoates@gmail.com 408-399-9081 (office)









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Nutmeg

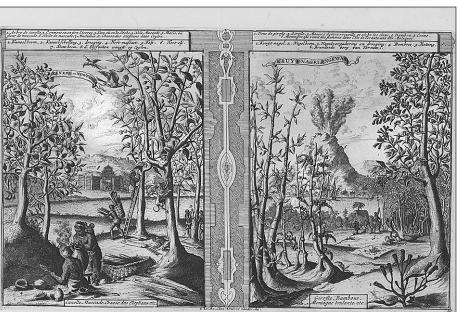
By Pat Kite

Lincoln and Coyote Hills).

When I sprinkle a tidbit of nutmeg powder into a spice cake recipe, I'm thinking of tasty, not a grand adventure. But adventure is there. A lot of wars, blood and misery has been shed over little brownish nutmeg fruits. Nutmeg trees are native to Indonesia, specifically the tiny Banda Islands [also called the Spice Islands]. The Dutch East India Company, controlling the Islands in 1600, wanted to keep the site a secret. If you were even

suspected of tattling, or spying, off with your head. This eventually reduced the Banda population of 15,000 to 1,000.

Utmost secrecy worked for a while. The price of one pound of nutmeg in 1760 London was equal to purchasing several sheep. Rich folk tucked aromatic nutmeg into pies and cakes. The spice was ground into alcoholic drinks. Money being money, if prices seemed to be slacking, the Dutch stockpiled nutmeg in an Amsterdam warehouse so there was always a scarcity. Eventually a Frenchman snuck some tree



Scenes depict the harvesting of nutmeg and cinnamon in Ceylon, Sri Lanka (left) and clove in the Moluccas, Indonesia (right). The establishment of nutmeg in Ceylon contributed to the end of the nutmeg monopoly. (Public Domain)



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saplings out and the British East India Company planted them hither and yon.

However, the Dutch East India Company was determined to keep control of the Nutmeg supply as long as they could. What better way than to dump some useless land? Let us keep our Nutmeg plantations, the Dutch bargained in the Treaty of Breda. We'll give you Manhattan (New York) in exchange.

What is nutmeg? The nutmeg tree is 25-foot high Myristica fragrans. Its fruit offers two spices, nutmeg from its hard, grey, wrinkled interior seed kernel; and mace from the seed covering. After picking, the fruits are sun dried for about two months. The nutmeg shrinks away from the hard seed covering. A club is used to break the outer shell, and the egg-shaped tiny nutmeg seed within is picked out and ground into powder form. The word nutmeg comes from the Latin word "nux," which means nut, and the word "Muscat," which means musky. How much nutmeg do we produce today? More than 142,000 tons. Prime providers are Indonesia, Guatemala and India.

After all the wars and fussing over nutmeg, I can buy a small bottle at the local supermarket for less than a dollar. This is progress!

Note to readers:

Do you know what to do if you find an injured wild animal—or who to ask about which animals need help and which should be left alone?

The Ohlone Humane Society Wildlife Rehabilitation Center

(ohlonehumanesociety.org) is open Tuesday – Saturday 10 a.m. – 2 p.m. If you have found a wild animal who is injured or orphaned during non-operating hours, please reach out to the following wildlife rehabilitation centers for assistance: Lindsay Wildlife (lindsaywildlife.org), Wildlife Center of Silicon Valley (wcsv.org).

Pat Kite's Garden



PAT KITE

L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

Reward for information on killer raised to \$200,000

SUBMITTED BY JOHN LIN

Effective immediately, the reward for information leading to the arrest and conviction of the killer of Jennifer Lin is increased from \$100,000 to \$200,000. Anyone with information on

Jenny's killer please contact Alameda County Sheriff's Office at (510) 667-3636 or the Jenny Lin toll free hotline at (855) 4-JENNY-LIN.

Jenny was a well-liked, straight-A student who was murdered in her own home in 1994 at age fourteen. A reward of \$100,000 for information leading to the arrest and conviction of Jenny's killer was established shortly after her murder. Through the years, the family and friends of Jenny have never given up hope to find justice for Jenny. Therefore, to continue our commitment to solving the case,

we are increasing the reward amount from \$100,000 to \$200,000.

Please direct your inquiry to John Lin at (510) 537-7366 or e-mail jhlin@sbcglobal.net.



Newark leaders want to hear from you

SUBMITTED BY NEWARK POLICE DEPARTMENT

City of Newark officials are updating the housing element of the city's General Plan which will guide the city's housing policies for the next 10 years. As part of the process, they have posted an informational Housing Element webpage that explains the details at https://newarkhousingupdate.org/.

Additionally, they have posted a survey asking residents to share their thoughts about housing issues in the community. A link to the multiple-choice survey is posted on the Housing Element webpage and at www.surveymonkey.com/r/8SYC2Y3.



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FIND OUT MORE & APPLY TODAY FOR SUMMER & FALL 2022: www.ohlone.edu/tcv



Park It

By NED MACKAY

Back in the day, railroads connected many East Bay towns and farms, including what is now Ardenwood Historic Farm in Fremont. Thanks to the Society for Preservation of Carter Railroad Resources, the railroad at Ardenwood has been restored, and you can ride it for free when you visit the park.

Among other times and dates, train rides will be available between 10:20 a.m. and 2:55 p.m. on both Friday and Sunday, April 15 and 17. The ride leads past rows of crops and through aromatic eucalyptus groves. Check the daily schedule and meet the train at either Arden Station or Deer Park. No registration is required. The train ride is disabled accessible.

After the train ride, you can dye Easter eggs the natural way in a program from 1 p.m. to 2 p.m. on Sunday, April 17 with naturalist Mindy Castle. Find out which plants and spices are great for dyeing eggs, and take home a finished product. This is a drop-in program; registration is not required. Meet at the granary.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84. For information on activities and admission fees, call (510) 544-2797. Parking is free.

You can learn more about the world of flowers without leaving home, by joining in a virtual program hosted by naturalist Ashley Adams. It's from 10:00 a.m. to 10:30 a.m. on Saturday, April 16 at the Black Diamond Mines Regional Preserve Facebook page.

The idea is to buy a daffodil at your local supermarket or florist, then follow along online as Ashley dissects a flower and explains pollination. Anyone can join in, and of course it's free of charge.

Springtime colors are the theme of a program from 10 a.m. to 11 a.m. on Sunday, April 17 at Coyote Hills Regional Park in Fremont with naturalist Maeron Yeshiwas. Designed for ages five and up, the program will explore the associations of various colors and how some animals use color to thrive in the springtime. Then participants can create their own color-inspired painting.

The program is drop-in; no registration is necessary. For information, call (510) 544-3220. Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway. There's a parking fee of \$5 per vehicle

Appropriately for Easter, eggs are the focus of a free, naturalist-led program from 1:30 p.m. to 2:30 p.m. on Saturday, April 16 and again on Sunday, April 17 at Crab Cove Visitor Center in Alameda. Discover all the different animals that lay eggs. It's free and no registration is necessary. Crab Cove is at the end of McKay Avenue off Alameda's Central Avenue. For information, call (510) 544-3187.

Or, you can get your feet wet during a creek and pond study program from 11 a.m. to 12 noon on Sunday, April 17, at Tilden Nature Area near Berkeley, led by naturalist Trent Pearce. Trent will lead a safari in search of the animals that live in Tilden's streams and ponds. And winged animals are the focus of a birding program from 9 a.m. to 12 noon on Monday, April 18, with naturalist Anthony Fisher. All ages are welcome.

Both programs are free and no registration is required. Meet at the Environmental Education Center, which is at the north end of Central Park Drive. For information, call (510) 544-2233.

This is just a sample. For a complete list of park district programs, visit the website, www.ebparks.org.

City is recruiting people to serve the community

SUBMITTED BY CITY OF HAYWARD

City of Hayward has opened its annual recruitment period for applicants to serve on city commissions and task forces. Because of new rules, these City Council-appointed bodies are now open to both citizen and non-citizen residents.

Applications for appointment are being accepted through June 16 -- with current and potential vacancies on the Community Services Commission, Keep Hayward Clean and Green Task Force, Library Commission, Personnel Commission, and Planning Commission.

A list of all City Council-appointed city bodies, the terms of their current members, updated eligibility and service requirements, and an application is posted online. Visit the City of Hayward website at www.hayward-ca.gov, then enter "Commissions & Task Forces" into the search field and follow the link. Information also is available by sending an email to the Office of the City Clerk at cityclerk@hayward-ca.gov or by calling (510) 583-4400.

News and Notes FROM AROUND THE WORLD

SUBMITTED BY THE
ASSOCIATION OF MATURE
AMERICAN CITIZENS

It takes years to become a great soprano

Maria Callas, Birgit Nilsson and Joan Sutherland earned their fame in their day as the world's greatest sopranos. Ten-year-old Victory Brinker of Latrobe, Pennsylvania, may be a little too young for her debut at New York's Metropolitan Opera or La Scala in Milan, Italy but the odds are she'll make it one day soon, says the Association of Mature American Citizens [AMAC]. At the age of 7 she was performing at the Pittsburgh Public Theatre and was dubbed the world's youngest opera singer by the folks at Guinness who keep track of world records like this one. Brinker says her opera-loving mom introduced her to the world of opera when she was 6 years old, inspiring her to pursue the art form. As she put it, she loved "the challenge of the difficult arrangements, the technique required to sing, all the runs, and the different languages all the arias are written in." See Victory Brinker performing on YouTube:

www.youtube.com/watch?v=SuU 33M8xdyM.

Blame it on St. Patrick

It was the annual St. Patrick's Day holiday that prompted moms in Center Grove, Indiana, Irish or not, to dress their kids in Shamrock green when they sent them off to Sugar Grove Elementary School, according AMAC. It was picture day, so many of the children were wearing green clothing and the photographer used "green screen"

technology, which caused goofs in the proofs. It's fixable but the photo proofs quickly became cause for levity. The green screen made the children's clothing to reflect the background sets. As one mom explained it to reporters at WTHR-TV, "The top of [her son's] hoodie is green, so he turned into the fence here. He had lime green shorts on, so I guess the darker the shirt the more transparent the background comes through. And he had a green mohawk, but that is completely gone." See a green screen photo goof on YouTube: www.youtube.com/watch?v=dFH 8kvVnZns.

See Spot run

Italian authorities have hired a new guard to protect the ruins of the ancient city of Pompeii -- a tireless patrol dog, reports the AMAC. What breed of dog, you ask? It's a 21st century "quadruped robotic dog" with the not-so-21st century name of Spot. Gabriel Zuchtriegel, director of the Pompeii Archaeological Park, says "Often the safety conditions within the tunnels dug by grave robbers are extremely precarious, and so the use of a robot could signify a breakthrough that would allow us to proceed with greater speed and in total safety." See video of Spot in action on YouTube: www.youtube.com/watch?v=nYih 4KB_V54.

The Association of Mature American Citizens is a nonprofit, nonpartisan organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

Shakespeare Summer Camps

SUBMITTED BY SAN FRANCISCO SHAKESPEARE FESTIVAL

After two seasons of virtual Shakespeare Camps, San Francisco Shakespeare Festival is celebrating the return of in-person sessions with a newly developed curriculum that features a schedule of activities and exercises tailored specifically to distinct age groups. Campers, ages 7-10 (grades 2-5) and 11-13 (grades 6-8), will meet and engage with their own peers while learning about the world of performance and Shakespeare.

The Festival's Education Workgroup has been revamping favorite camp activities as well as adding new ones that reaffirm its mission of sharing Shakespeare's work in a collaborative and reflective manner and filtered through an anti-racist and community-centric lens.

Debuting this summer are camps specifically tailored for middle-schoolers, rising 6th-8th graders, ages 11-13. Previously, 12- and 13-year-old campers had to choose between a Players camp for ages 7-13 or an Upstart Crows camp for ages 12-18. Now they'll learn, rehearse, and perform with their peers while working with a curriculum created for this unique period of adolescence.

Additionally, Fremont's camp for Shakespeare Players (ages 11-13) will meet for three weeks this summer. During virtual camps (held last summer), we found that the 3-week format enables campers to more fully engage with the material, as well as each other, resulting in a stronger ensemble and greater mastery of the content. The 7-10-year-old group, formerly the younger Players, will now be known as Groundlings. These campers will still have 2-week camps tailored to their interests and stage of development, with a focus on active play and

exploration of language. On the final day of camp, the kids will stage their own 30-minute version of a Shakespeare play for an audience of family and friends The Groundlings will perform Pyramus and Thisbe, the antic play-within-a-play from A Midsummer Night's Dream. The Players will perform Much Ado About Nothing - the same performance that San Francisco Shakespeare Festival is staging for their 40th anniversary season of Free Shakespeare in the Park.

Pre-care (8:30 a.m. - 9:00 a.m.) and aftercare (3:00 p.m. - 5:30 p.m.) is included with enrollment at either session.

Fremont Shakespeare Camp
The Groundlings (ages 7-10):
 July 18-29 (10 days)
The Players (ages 11-13):
 July 18-Aug 5 (15 days)
 Weekdays
 9 a.m. – 3 p.m.
 Temple Beth Torah
42000 Paseo Padre Parkway,
 Fremont
 (415) 558-0888
 www.sfshakes.org

Keeping us moving during a pandemic

SUBMITTED BY SHIRLEY GILBERT

"Let's start in a comfortable seated position with our backs straight. This can be on a chair, on the floor, or on your sofa. Place one palm on your heart and the other on your belly."

Sherri Plaza, fitness instructor, is starting one of her morning yoga classes. In front of her are several dozen tiny faces contained in small rectangles. Here we are, her students, settled in our little Zoom corner of the house, a few of us still in pajamas, mirroring her moves as we see her in the middle of our screens.

Because of the Pandemic and the transfer of her yoga classes to Zoom, Plaza is demonstrating all the moves. Before March 2020, when all classes were in person, she would walk around the yoga studio and get a feel for how folks were doing. But that isn't possible when students are on Zoom.

"You only see these little rectangles," says Plaza, "and with Zoom you can't get visual clues and many people close their cameras, so you don't see them at all. That's why I do all the poses."

She and other fitness pros had to make many adjustments when pre-Pandemic classes shut down and they moved their classes online. For example, Plaza tries to describe her yoga positions more graphically and tell students what she's feeling in her own body because she's not seeing what people are doing. She also tries to keep things simple.

Luckily, Plaza was familiar with Zoom. Yet the technology can still be a challenge. Sometimes her image freezes, or the technology doesn't work well and is unstable. "That's when I ask everyone to practice patience and accept that there will be technical glitches. I tell them if you lose me, take a rest, breathe and all will be well," affirms Plaza.

On balance, she finds that after two years of exercising at home, most of her clients prefer the convenience of livestream Zoom classes. Being home really works for them. You can sign in late or leave early, you can use props more easily at home, you save on gas and driving, with no traveling it takes less time, and there's no comparing what you do to others. For many, Zoom is the ideal way to stay fit.

The question for many purveyors of fitness is: Will their patrons want to return to the old in-person way of exercising?

Plaza believes that virtual classes are here to stay for both yoga and fitness. She thinks some people will opt for a hybrid approach -- going to some in-person sessions but maintaining Zoom classes as well. Of course, she says, a few want to ditch Zoom altogether because they dislike the technology and want the camaraderie of others around them. But most of the people she teaches want to continue with Zoom even when the Pandemic is no longer an issue.

One of the classes that Plaza teaches where Zoom is king is called Keep It Moving. This get-together is designed to help seniors move more easily and with



Sherri Plaza in her backyard where in good weather she conducts her yoga sessions.

less pain in their day-to-day lives. Plaza employs basic exercises, fun dance moves to songs, and balance challenges that will allow seniors to function better. The class was in person until the virus struck. But seniors love the virtual version so much Plaza doubts they will want to return to exercising in person.

What is so comforting to seniors in the Keep It Moving Zoom classes is the sense of community. There is always a period of socialization before the class. Participants share their stories, check to make sure all is well when a member is not there, and enjoy the social aspects as well as the physical aspects of being together.

Plaza believes passionately in engendering that community feeling. "I love to know as much as I can about my students," she says. "I'm a social person and I take a personal approach. That's such a fun part of what I do. I often think the social part is just as important as the physical part. There's such a need to stay in touch especially during the Pandemic."

Plaza has exercised almost all her life but after leaving her job at HP to raise kids, she fell in love with yoga, took 200 hours of teacher training and got a group fitness certification so she could be an instructor. She has been teaching yoga and fitness since 2008 in various Tri-City area locations. Two years ago, she opened her own business concentrating on yoga and Keep It Moving Zoom classes.

Plaza thinks of her teaching in everyday terms. "In order to be healthy physically," concludes Plaza, "we need to keep moving, we need to be able to balance, we need strength, endurance, and flexibility. By bringing exercises that can do that, I believe I can help folks improve their lifestyle and enjoy every day. That is what I believe my teaching is all about."

Keep Moving with Sherri https://www.keepmovingwithsherri.com

Homekey is hope – not a solution: Homelessness outreach volunteers weigh in on Motel 6 conversion

By Andrew Cavette

As this paper reported in the March 29 article by David Newman, Fremont City Council voted unanimously to apply for \$40.2 million in Homekey funding. If awarded, that funding will be used to convert the Motel 6 on 46101 Research Avenue into 156 units of affordable housing.

Each Homekey property in California is converted by an experienced housing developer and managed by a service provider, who is also responsible for enforcing house rules, managing disputes and maintaining cleanliness. For Fremont's Motel 6 project, a Santa Monica-based nonprofit "Step Up" has been chosen.

Tammy Nguyen and Aaron Lloyd are members of Renegade Feedings, a homeless outreach organization based in Fremont. Renegade Feedings members work directly with unhoused residents (in Fremont, Union City and elsewhere), bringing food and hygiene kits into local encampments.

Nguyen is Secretary for Public Outreach at Renegade Feedings. She is optimistic about Fremont's Homekey project, specifically because of who will manage the future site and how this project differs from earlier failed projects in the Bay Area.

"Step Up have six conversion projects that are successful," Nguyen said, noting reported resident retention and satisfaction. "They have good resources [for unhoused clients] and are one of a handful of service providers that have kept to their word, providing support services along with housing."

Lloyd, Training Program Specialist for Renegade Feedings, added that Step Up has rental assistance, drug treatment programs and mental health support onsite at their other Homekey locations.

Nguyen and Lloyd both said that Homekey projects fail when there is a lack of support programs coupled with housing opportunities. "Hotel conversion projects in San Francisco – that started during Covid – were not carried out properly by the city or the service provider," Nguyen said. "They rented out hotels to try and keep [those hotels] in business during Covid-19. They were not providing any supportive resources."

Some Fremont residents are actively working in opposition to the Motel 6 conversion project. Citing a Fremont police report from 2019, opposition activists have expressed concern over increased crime involving unhoused residents.

Nguyen said that crime is certainly a concern, anywhere, regardless of housing status, but also that context is important. "Based on our experiences working out in the field, a lot of the crime committed by unhoused people happens within encampments," Nguyen said. "When you are put in survival mode, and have to be territorial, you are bound to face these kinds of issues."

According to Alameda County's 2019 point-in-time count report on homelessness, 78% of un-housed people in Alameda County used to be housed residents of the county. The same report shows that over 50% of unhoused people lived - housed - in Alameda County for over 10 years before becoming homeless.

Renegade Feedings supports the Motel 6 conversion project, but are not without criticisms of California's Homekey project. Lloyd said California's Homekey program is helpful, but does not believe it is a solution; too much time passes between project developments for it to keep up with the housing crisis. "What we need to be focusing on is rent control.'

"Our leadership is very much geared towards rent mediation," Nguyen added. "Which we do not believe is not a proper solution to the housing issue." Rent mediation - labeled "Rent Review Process" on the City of Fremont website – is mandatory, mediated discussions between landlords and tenants when rent increases become problematic.

Nguyen noted that some Fremont city council members are strong advocates for the unhoused. "But at the same time, [the City Council] have a history of being developers," Nguyen said. "Those are the people who say that rent mediation will fix this issue."



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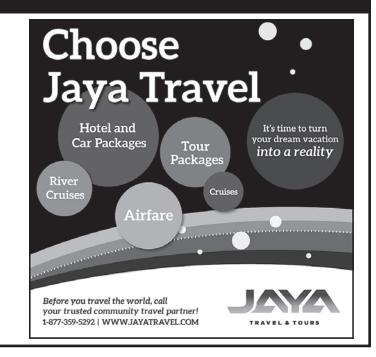
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Buzz and Beeper Bunny are back with all

If the activities on this page seem hard, find some bunny to help you. If it looks easy, help some bunny younger than you!



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE Find Kid Scoop on _ Facebook $@\ 2022\ by\ Vicki\ Whiting,\ Editor\quad Jeff\ Schinkel,\ Graphics\quad Vol.\ 38,\ No.\ 19$

> Mr. E.B. Rabbit has an Easter Basket all ready to deliver. But he can't remember where he put it. Take your pencil and show him the way through the maze to the basket. Don't retrace your



COOPERVILLE-Last night,

things really started hopping for Henrietta Hen. The young mother of 152 is with excitement over the _ in her unusual nest last night.

"I was just dozing off, around _when one of my eggs began to shake," Henrietta recalls. "Now I know why I didn't hear the tapping and sounds the sweet beaks of my chicks usually make as they crack out of their

When Henrietta's egg finally opened, a smiling

Draw a line to where

each of these missing

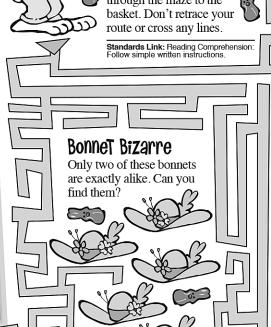
words belongs in the



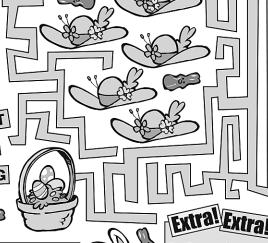
hopped out. "I nearly flew the coop!" Mrs. Hen said.

Although she is a bit "chicken" when it comes to all of the media _____, Henrietta's story will soon be made into a book and a movie.

"I guess I'll enjoy the fame while it lasts," Henrietta says. "However, I don't like to put all of my ____ in one basket."









newspaper for advertisements with an Easter theme. Circle the facts in yellow. Circle the

opinions in green. Standards Link: Reading Comprehension: Distinguish between fact and opinion in expository text.

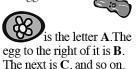
How many chocolate bunnies can you find on This page in one minute?



The secret code to crack

CHIPPING

Beeper's riddle is hidden in the egg rows.



The alphabet follows in order from left to right, top to bottom. Each egg stands for one letter of the alphabet.



What kind of

Stories do bunnies

Like best?

How many can a friend, find? Who found more?

Scoop Puzzler

Egg Patterns Buzz Bunny has decorated his eggs with number patterns. Help Beeper figure out where to put each of the numbers left in the basket. Draw a line to where each egg belongs

BUDDIES OPINIONS HATCHING **MOVIE MEDIA BONNET BASKET BEAKS** COOP CRACK CHICKEN

FACTS

EGGS

SHELLS

DECORATED

Find the words in the puzzle. How many of them can you find on this page?

DNEKCIHCBG TENNOBSOUN NNCYMEBOUI SSNOINIPOH K D V D R K C A R C AIDEBASKET EUGFACTSDA BGIEAIDEMH SLLEHSSODK

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns



Some phrases people use don't mean exactly what they say. For example the saying, "Its raining cats and dogs," doesn't mean that cats and dogs are falling from the sky. It is a phrase people use to say it is raining hard.

These kinds of phrases are called

The Eqq-quirer page has several idioms. Find the idiom that goes with each meaning below:

1. Meaning: I was really surprised!

2. Meaning: To be afraid.

3. Meaning: Not to depend on one

4. Meaning: Things are getting busy.

4. fyings really started hopping 1. I nearly flew the coop! 2. she is a bit "chicken" **YUS WERS:**

Standards Link: Vocabulary: Apply knowledge of idioms to determine the meaning of phrases.



... laughing with people, not at them.

Kid Scoop This week's word:

IDIOM

The noun idiom means a phrase that cannot be understood from the meaning of the words that make up the phrase.

'Don't count your chickens before they hatch," said Coach Pesko when we were sure we would win the game.

Try to use an **idiom** today when talking with your friends and family.

ESSON LIBRARY

Standards Link: Math/Probability: Recognize patterns.

Reporter Game

With a partner, read a newspaper article. One of you must choose to be a person in the article and the other should be the reporter. Decide what questions were asked to get the relevant information and then role-play the interview. Standards Link: Reading Comprehension: Ask clarifying questions about essential textual elements, restate facts and details, clarify and organize ideas.





The Easter Bunny has been spotted, and you are the reporter covering the story.

The Fremont CONNECTION













Afghan Refugee Help Fund Raises \$442,000

In August 2021, the City launched the Afghan Refugee Help (ARHelp) fund to aid refugees in our community as they get settled. We are proud to share that the fund has raised \$442,000 from over 1,000 donors in 40 states as of February 28, 2022.

To date, 19 organizations and five individual families were granted more than \$310,000 to support emergency needs such as legal fees, clothing, food, furniture, and shelter. The ARHelp Fund has also helped organizations hire additional staff who speak Dari and Pashtu and provided cell phones for those who had to discard theirs while fleeing Afghanistan. In addition, the City has distributed grants for after-school care, culturally appropriate food, and much more.

For more information about the future of the fund and to view the six-month report, visit www.Fremont.gov/arhelp.





Register for Recreation Summer Programs

Summer break is just around the corner, and the Recreation Services Division has you covered with camps, active adult classes, sports programs, the Tiny Tot Preschool Program, and more to keep your family engaged and having fun. Whether you are looking for something for your child or yourself, we have several virtual and in-person options to explore new interests and make new friends! Check out the Recreation Guide to see a full list of available programs. For more information, visit: www.RegeRec.com or call 510-494-4300.

Fremont Seeking Community Input for Housing Element Update

The City is updating Fremont's Housing Element for 2023-2031 to help meet the housing needs of everyone in the community. As the City moves forward, staff is seeking community input to help guide the goals, policies, and program development included in the update. Staff will be making presentations at upcoming public hearing meetings to provide information, answer questions, and collect input. Staff is

also looking for individuals to participate in upcoming focus groups. To learn more about the Housing Element and how you can participate and provide feedback, visit the Housing Element webpage at www.Fremont.gov/HousingElement. This webpage also includes a new introductory video that provides an overview of the update process and what to expect.

Host Your Next Event at Downtown **Event Center**

The Downtown Event Center, located in the heart of Fremont at 3500 Capitol Ave., is now taking reservations for community and private events. This state-ofthe-art facility offers spacious rooms and an outdoor plaza for a variety of different events. Contact Recreation Supervisor Gloria Kim at DTEC@fremont.gov or call 510-794-7510 to learn more about the space, how City staff works behind the scenes to help your event run smoothly, and how to schedule a tour!

For more details, visit www.Fremont.gov/DTEC.

Part-Time Job Opportunities with Parks & Recreation

The City of Fremont Parks & Recreation is looking for motivated individuals to fill over 100 open positions! From students looking to strengthen college applications/resumes, retirees, or those looking to supplement their current income, join our Parks & Recreation team by being hired for a fun, exciting job that builds long-lasting life skills and friendships and makes a difference in the community. Apply online today at www.Fremont.gov/RecJobs.









WASHINGTON HOSPITAL AND CITY OF FREMONT PRESENT

GO GREEN with us in 2022!

Join us as we celebrate Earth Day and increase environmental awareness in our community.

Saturday, April 23, 2022 11 a.m. to 3 p.m.



Downtown Event Center & Plaza 3500 Capitol Ave., Fremont



- - For Families & Children: Free basic bike tune-ups
 - Food trucks · Farmer's market Bike rodeo
 - Eco-tainment Earth Day art
- Mercury thermometer exchange · Games & activities





Donate eyeglasses

- · Recycling & waste reduction

condiments like ketchup, mustard, etc.)

- Eco-friendly gardening & composting
- Saving energy at home
 Local sustainability programs Healthy eating













everyone's safety, COVID-19 Go to our website(s) for details. www.whhs.com/green • www.Fremont.gov/earthday



BAY AREA



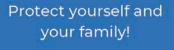
Fremont CA 94538 Monday, March 7 Wednesday, March 9 Friday, March 11 Monday, March 28 Wednesday, March 30

Friday, April 1 Monday, April 11 Wednesday, April 13 Friday, April 15 Monday, May 9 Wednesday, May 11 Friday, May 13

9:00AM-3:30PM Scan To Register



ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY
PUBLIC HEALTH DEPARTMENT



- Must wear a mask
- Drive-through COVID
- Minors under 18 must be accompanied by an adult

Call our COVID Hotline 510.252.6845 for more information and/or for help scheduling an appointment







































Bring Back the Natives online tour

SUBMITTED BY KATHY KRAMER PHOTOS BY STEFANIE PRUEGEL

Registration for the free, eighteenth annual "Bringing Back the Natives Garden Tour and Green Home Features Showcase" is now open. This year there will be four days of inspiration: two days online, and two in person. And, for the first time, the Tour will also showcase green home features.

The online Bringing Back the Natives Garden Tour and Green Home Features Showcase will take place on the weekend of April 16 and 17. This event will be kicked off on April 16 with a keynote presentation by the inspirational, best-selling author Doug Tallamy.

The two-day virtual tour will also feature beautiful native plant gardens that attract birds, bees, and butterflies, as well as visits to homes with Tesla solar panels and Powerwall backup batteries, heat pumps for heating and cooling

the house and heating water, induction ranges, and more.

San Leandro resident Stefanie Pruegel has been gardening with native plants since 2016. On Saturday, April 16, Pruegel's garden will be featured on the Tour. Pruegel will be talking about how, the more than 100 species of native plants of varying heights, a fountain, and a plethora of seed- and berry-bearing plants, as well as nectar- and pollen-providing flowers, have attracted 25 species of birds, bumblebees, skippers, hairstreaks, Acmon blue, and orange sulfur butterflies to her garden.

Pruegel will also discuss the many green home features she has installed, including solar panels and battery, a smart panel, her ductless mini-split heat pump for heating and cooling the house, the heat pump hot water heater, her three 1,000-gallon rainwater catchment tanks, and more.

Online Bringing Back the

Natives Garden Tour Saturday, Apr 16 & Sunday, **Apr 17** 10 a.m. - 3 p.m.www.bringingbackthenatives.net



Homeowner Stefanie Pruegel next to her Smart Panel, which manages energy use so she didn't have to upgrade her electrical panel, despite having electrified her air and water heating systems.





Stefanie Pruegel's San Leandro garden, 'before' and 'after' it was planted with more than 100 species of native plants

continued from page 1

Earth Day in the East Bay

Impact Lab, the event will have eco-friendly crafts, educational games, sidewalk chalk art, a toy exchange and a story corner.

Milpitas will hold their "Earth Day Resource" fair the same Saturday, featuring tours of the city's newest solar and battery microgrid systems, and other energy- and water-saving projects. The fair will inform people about simple changes they can make at home to save money and protect the planet.

You can also celebrate the planet at our East Bay Regional Parks. From 1 p.m. to 3 p.m. on Saturday, April 23, Coyote Hills visitor center will hold an Earth day "Reduce, Reuse, Recycle" event. Kids can do a litter bug craft, watch a puppet show, and play recycle games. Register in advance online. On the same day, various parks will be hosting volunteer cleanups (including Hayward Shoreline). Registration and lists of materials to bring are on the park website. https://www.ebparks.org/earth-day-2022

> Earth Day at Oakland Zoo Saturday, April 16 10 a.m. – 4 p.m. 9777 Golf Links Rd., Oakland (510) 632-9525 www.oaklandzoo.org/programs-andevents/earth-day

San Leandro Earth Day Fair Saturday, April 23 10 a.m. - 12 noon 384 W. Estudillo Ave., San Leandro https://www.sanleandro.org/

Earth Day Resource Fair Saturday, April 23 10 a.m. – 1 p.m. 40 N. Milpitas Blvd., Milpitas https://www.ci.milpitas.ca.gov/earth-day/

Fremont Earth Day Fair Saturday, April 23 11 a.m. – 3 p.m. Downtown Event Center & Plaza 3500 Capitol Ave., Fremont https://fremont.gov/2234/Earth-Day-2022

Reduce, Reuse, Recycle Saturday, April 23 1 p.m. – 3 p.m. 2 p.m. Puppet show Coyote Hills Visitor Center 8000 Patterson Ranch Rd., Fremont https://www.ebparks.org/earth-day-2022



courtesy of Oakland Zoo

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Home & Garden

10 lovely long-lasting flowers

By Daniel O'Donnell

Audrey Hepburn, "Golden Age of Hollywood" film and fashion legend loved gardening. Her last recorded performance was on "Gardens of the World with Audrey Hepburn," a television series that confirmed her deep love of gardening. She was said to have spent hours in the garden every day and would often fill a basket with flowers to take inside. Maybe she, like other gardeners, might have wished for a longer spring when many flowers bloom. Although we cannot control nature's timeframe, we can try to extend spring by choosing flowers that have longer lasting blooms or plants that flower for many months.

There are many benefits to growing flowers that have a longer life. People have enjoyed cutting flowers to bring inside for centuries. The earliest known flower arrangements date back to around 2,500 BCE in ancient Egypt. Selecting longer lasting-flowers allows for a more durable arrangement and reduces the number that need to be cut, leaving more outside for bees and butterflies. These will last longer on special occasions, as opposed to flowers that might only survive a week.

Below are five plants that can be grown in the Bay Area and do not require a lot of water. They produce long-lasting flowers that can be enjoyed when left on the plant outside, or cut and placed in a vase inside.

Geums are long-blooming thornless perennials in the rose family that produce many quarter-sized flowers. Their colors include yellow, orange, pink and red. Flowers should be cut when the blooms are half open for greatest longevity.

Gomphrenas bloom from spring until the temperature drops below 40°. They





produce small white, pink, or purple flowers on the end of long stems, sometimes a foot above the foliage. Gomphrena was grown by colonists before the U.S. was founded. Flowers on the stem can survive more than two months, and last for weeks when cut. Dried flowers can last for years.

Statice is a popular drought-tolerant perennial that produces large clusters of many small purple flowers. It begins to bloom in mid-spring and continues into fall. A single flower stalk can look good for more than two months. They have longevity as cut flowers in a vase as well. Newer cultivars have white, yellow, orange and pink flowers.

Geranium maderense is a biennial flowering plant. It takes two years to flower before it dies. However, when it finally flowers in early spring, the dozens of violet flowers can last into summer.

Growing plants with flowers that stay alive for a long time is one way to extend spring bloom. A second way is to use plants





that bloom for a long time. Although the flowers on these plants might be short lived, they continue to produce new flowers for a long time. Another benefit to these plants is they provide a food source for bees, butterflies, and other garden pollinators for longer periods.

Below are five more plants that can be grown in the Bay Area and do not require a lot of water:

Iochromas are large shrubs that bloom from early spring well into late summer and early fall. A single shrub can produce over 100 clusters of two-inch tulip-shaped flowers. The flower colors include different shades of purple, blue, burgundy, pink, red, and white, and all attract hummingbirds and bees.

Centranthus, aka Red Valerian, produces rose to deep red clusters of tiny flowers from early spring into late summer. It thrives with minimal water and care and is a favorite food source for many varieties of butterflies.

Plumbagos are perennial shrubs that can produce blue or white flowers year-round if the weather stays warm. It is

not uncommon in the Bay Area to see the flowers nine months out of the year.

Bleeding Heart "Luxuriant" is a small woody perennial shrub that flowers in part or full shade. It produces multiple pink heart-shaped flowers from early spring into fall. The water requirements are moderate until it gets established and then it will require less.

Russian Sage produces many small blooms on multiple stems that rise out of its soft green foliage and create an attractive lavender canopy over the plant. Although it typically does not begin to flower until June, it will continue through October.

Audrey Hepburn is quoted as saying, "To plant a garden is to believe in tomorrow." Using plants with longer lasting flowers or longer lasting bloom times gives us more tomorrows.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



THE ACWD CONNECTION

Lawn Be Gone Rebate

Rebates Now Available for Front and Backyard Turf Replacements

Take advantage of ACWD's program update, where customers can now apply online to receive a rebate of \$2 per square foot of lawn replaced with water-efficient landscape - front and backyards qualify! Replace your water-thirsty lawn with a beautiful, droughttolerant landscape to receive a rebate.

Customers must submit an application and receive approval before beginning a landscape conversion project.

To apply and for all program information and requirements, visit: acwd.org/rebates



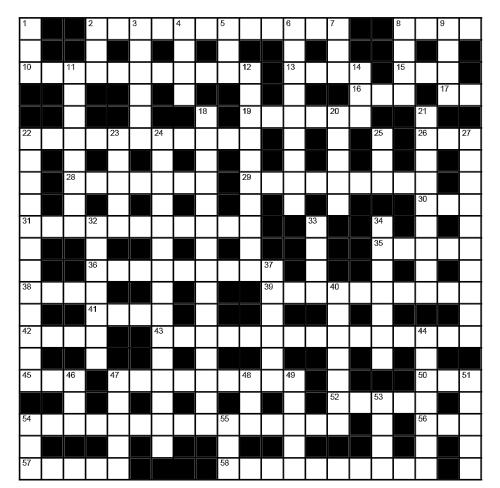






Wind Twisters

Crossword Puzzle



					ox ox
Across		45	Cheat (3)	20	Dutch exports (5)
2	Overjoyed (5,2,1,4)	47	Ace (4,2,3)	21	Kind of income (3,6)
8	NASA craft (4)	50	Engine speed, for short (3)	22	Agriculture option that
10	persistence (11)	52	East German secret police (5)	combin	es crops with livestock (5,7)
13	"An apple" (1-3)	54	Eliciting a "So what?" (2,2,11)	23	Snacks in shells (5)
15	"Gimme!" (start of an Iowa	56	Some Caltech grads, for short	24	Medical achievement of 1967
	State cheer) (3)		(3)		(5,10)
16	Biblical verb suffix (3)	57	Baddies (5)	25	Düsseldorf direction (3)
17	I give you word (2)	58	Value (3,5,2)	27	Lots and lots (1,5,4)
19	Blush (6)			32	Adjusts (7)
22	Peak in the Cascades (5,6)	Down		33	French bench (4)
26	Longoria of "Desperate	1	Letters on a Cardinal's cap (3)	34	They do the thinking (7)
	Housewives" (3)	2	Old White House inits. (3)	37	Austronesian language (6)
28	Bind (7)	3	Juries (6)	40	Pacify (7)
29	Kind of drill (9)	4	Masculine side (4)	44	A little of this, a little of that (7)
30	" you sure?" (3)	5	Carrier to Oslo (3)	46	Flair, e.g. (3)
31	Check mate? (7,4)	6	Left (9)	47	Cabbies (5)
35	Oust (5)	7	Mauna Observatory (3)	48	Sch. in Stillwater (3)
36	Behind (2,7)	8	Jacob's first wife (4)	49	Cone-shaped heaters (5)
38	Gad about (4)	9	Wing, say (4)	51	Bungle (5)
39	Penny purchase, years ago (6,4)	11	Groom (6-2)	53	Advil target (4)
41	Former Georgia senator (4)	12	Doodler's aid (5,5)	54	Antipoverty agcy. (3)
42	"Why should you?" (1,3)	14	Craving (3)	55	Parts of gals. (3)
43	Green light (5,2,8)	18	Choice words (2,2,11)		

Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.

				8		5		
4							2	
8	6	3						
	4							6
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8	4	1	3	7	9	2	5	6
5	9	3	7	2	4	8	6	1
1	7	4	6	9	8	5	2	3
6	2	8	1	5	3	တ	7	4
9	5	2	4	6	1	7	3	8
4	8	7	9	3	2	6	1	5
3	1	6	5	8	7	4	9	2

Tri-City Stargazer for week: APRIL 12, 2022

All Signs: This week there is a major conjunction of Jupiter and Neptune. This is when two planets are in the same sign, at the same degree, at the same place and at the same time. The last time this particular conjunction in Pisces took place was on March 17, 1856, which was 166 years ago. It's interesting to note that was when Russia lost a religious war. What does this mean for the rest of us? Increased spiritual idealism, sensitivity and finely-tuned intuition. But there will also be unrealistic expectations, and conspiracy theories, false news and disappointments.

Aries the Ram (March 21-April 20):

Perhaps more than any other sign, this major conjunction will boost your curiosity and appreciation of your spiritual world. Something will happen that makes you more aware than ever about the interconnectedness of everything. You might find yourself in a situation where you are happy to be selfless and work for the benefit of someone else. You won't resent this. Au contraire! You will feel satisfied and rewarded.

Taurus the Bull (April 21-May 20):

This rare conjunction of Jupiter and Neptune will take place in the part of your chart that is related to friendships, as well as your dealings with clubs and organizations. You might idealize a friend. You might also become committed to an organization with a mandate to help others. This part of your chart is also related to your ability to set goals for yourself. This means you might find yourself modifying or changing your goals to embrace your ideals in a more personally, rewarding way.

Gemini the Twins (May 21-June 20):

This rare conjunction of Jupiter and Neptune will take place at the top of your chart this week. This is bound to affect your ideals and even your life direction. You will explore ways to benefit others, especially those in need. You will want to be part of something bigger than yourself. You want to make a difference – even if it's small. Because this conjunction is

at the top of your chart, your idealism will shine. You will be admired by others. Someone might even approach you to ask for help.

Cancer the Crab (June 21-July 21):

This rare and unusual conjunction of Jupiter and Neptune will take place in the part of your chart that will inspire you to travel and expand your horizons. Travel will allow you to understand more about the world. In addition, it will connect you to a deeper part of yourself. You might also pursue idealistic philosophies and consciousness-expanding groups because you want to get in touch with higher truth. Someone from another culture might enter your world. Hopefully, this is a beneficial contact. Nevertheless, be careful of over idealizing someone.

Leo the Lion (July 22-August 22):

Each of us will feel this rare conjunction of Jupiter and Neptune in a different way. For your sign, it will affect your financial scene, especially how your finances interact with partners and close friends. It will be easy for you to be generous to those in need. You won't resent this. In fact, you will feel grateful that you're in a position to do this. In turn we know that everything in the universe is interconnected. Therefore, you will also receive gifts, favors and a sense of abundance because of your generosity.

Virgo the Virgin (August 23-September 22):

This rare conjunction of Jupiter and Neptune is taking place exactly

opposite your sign, which means it will affect your relations with partners, spouses and close friends. Most likely, you will idealize someone close to you. You will see their fine qualities and be happy to know that this excellent person is in your life. Having said that, this Jupiter/Neptune conjunction comes with rose-coloured glasses. You might also feel disillusioned by someone close to you.

Libra the Scales (September 23-October 22):

You are entering a lovely, dreamy, feel-good week! This is because the Jupiter/Neptune conjunction will affect your health, your job and your pet. Some of you might get a new pet and feel thrilled with your new pal. More likely, something will occur in your job or with humanitarian work. In turn, you will feel personally rewarded. With respect to your health, this is a tricky astrological influence because it could indicate an improvement in your well-being, or it could magnify something that is confusing.

Scorpio the Scorpion (October 23-November 21):

You are a Water Sign, and this rare and unusual conjunction of Jupiter and Neptune in Pisces will definitely impact you, most likely in a favorable way. It will boost your good health and feelings of well-being. It will make you feel content and more in touch with your creative potential. Your self-confidence will be strong. Because Jupiter is associated with wealth, this is an excellent time for financial matters for your sign. Quite likely, you will spend money

to make your surroundings more elegant. Children will be a source

Sagittarius the Archer (November 22-December 21):

This week the conjunction of your ruler Jupiter with Neptune in the sign of Pisces will give you opportunities to improve your home. You might want to entertain so that you can show off your clever ideas. Likewise, this will be an excellent week to pursue real estate opportunities. This same influence will promote good will among your family members. Relatives may want to help you, or you will be happy to help a family member in need of assistance.

Capricorn the Goat (December 22-January 19):

This conjunction of Jupiter and Neptune will be a boost to your optimism. You will believe in yourself and your ability to do things. This influence will also improve dealings with daily contacts like neighbors, siblings and relatives. It will heighten your interest in learning and studying lofty ideas and philosophies, especially knowledge related to other cultures and different countries.

Aquarius the Water Bearer (January 20-February 18):

This week the conjunction of Jupiter and Neptune takes place in your House of Earnings. Jupiter is the planet related to wealth and good fortune. Many of you will become richer or see ways to boost your income. Some of you will buy something luxurious so that you "feel" richer. You might also use what you own to benefit others, especially someone in need. If so,

this will be a rewarding feeling for you.

Pisces the Fish (February 19-March 20):

Jupiter and Neptune will line up perfectly this week in your sign. This means for the entire week, you will feel blissful, peaceful and full of harmonious vibes. Humanitarian impulses and opportunities to be generous to others will present themselves, and if you act on these, you will feel personally rewarded. Teamwork will be easy. You will also find it easy to forgive those who have been petty and even harmful to you.



By Georgia Nicols www.georgianicols.com.

729 Barbara Court

15756 Via Nueva

CASTRO VALLEY | TOTAL SALES: 7 Highest \$: 1,650,000 Median \$: 1,400,000 Lowest \$: 770,000 Average \$: 1,282,857 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED 94546 770,000 2 808 1955 2/8/22 2287 Lobert Street 94546 950,000 4 2195 1948 2/9/22 4315 Heyer Avenue 3496 Marques Court 94546 1,350,000 3 1216 1954 2/10/22 3714 Kenmore Court 94546 1,400,000 3 1523 1955 2/7/22 5587 Crow Canyon Rd 94552 1,410,000 - 2178 3839 Mabel Avenue 94546 1,450,000 3 1607 1960 2/7/22 6183 Bellingham Drive 94552 1,650,000 4 2098 1987 2/10/22

FREMONT | TOTAL SALES: 16

Highest \$: 7,700,000 Median \$: 1,420,000							
Lowest \$: 665,00	0 Ave	erag	je \$: 1,8	828,625		
ADDRESS	ZIP	SOLD FOR I	BDS	SQFT	BUILT CLOSED		
428 Sequim Cmn #90	94539	665,000	2	897	0 2/10/22		
314 Sequim Cmn #60	94539	685,000	2	897	1985 2/10/22		
3748 Colet Terrace	94536	780,000	3	1168	1974 2/9/22		
42810 Via Puebla	94539	810,000	2	968	1971 2/10/22		
39397 Sutter Drive	94538	995,000	3	1364	1960 2/8/22		
45058 Fremont Blvd #403	94538	1,160,000	-	-	0 2/9/22		
41032 Ramon Terrace	94539	1,302,000	4	1328	1972 2/10/22		
3213 Briones Terrace	94538	1,350,000	3	1644	2014 2/8/22		
3768 Capitol Ave #303b	94538	1,490,000	4	2673	2020 2/10/22		
40872 Creston Street	94538	1,700,000	3	1955	1961 2/8/22		
34130 Gannon Terrace	94555	1,700,000	4	1774	1988 2/10/22		
5632 Shana Street	94538	1,725,000	4	1877	1962 2/10/22		
42861 Lemonwood St	94538	1,951,000	3	2082	1959 2/10/22		
4887 Sterling Drive	94536	2,145,000	3	2135	1953 2/9/22		
2419 Jackson Street	94539	3,100,000	8	4978	2005 2/9/22		

HAYWARD | TOTAL SALES: 20 Highest \$: 1,675,000 Median \$: 765,000 /oct \$ ⋅ 500 000

867 Boar Terrace

94539 7,700,000 5 7830 2006 2/9/22

Lowest \$: 500,000 Average \$: 873,125	
ADDRESS ZIP SOLD FOR BDS SQFT BUILT	CLOSED
24576 Oneil Avenue 94544 500,000 2 1032 1947	2/10/22
24838 Broadmore Ave 94544 500,000 3 1424 1958	2/10/22
21103 Gary Dr #104d 94546 571,500 2 1025 1993	2/10/22
22722 7th Street #15 94541 638,000 2 1199 1953	2/10/22
18024 Sahara Road 94541 650,000 2 1270 1973	2/7/22
491 Medford Avenue 94541 650,000 3 1182 1947	2/7/22
662 Shenandoah Place 94544 650,000 2 824 1960	2/9/22
24411 Thomas Avenue 94544 660,000 2 840 1910	2/9/22
25467 Del Mar Avenue 94542 705,000 2 720 1938	2/10/22
18032 Silverado Road 94541 750,000 3 1314 1973	2/10/22
656 Macabee Way 94541 780,000 2 1227 2012	2/7/22
948 Collins Court 94544 860,000 3 1125 1967	2/9/22
1159 Martin Luther King Dr 94541 865,000 4 1982 2014	2/10/22
27841 La Porte Avenue 94545 972,000 3 1000 1955	2/10/22
622 Barron Way 94544 1,026,000 3 1532 1960	2/10/22
3326 Jamie Way 94541 1,100,000 3 2035 1980	2/7/22
370 C Street 94541 1,100,000 4 1607 2015	2/8/22
25076 Belhaven Street 94545 1,260,000 4 2223 1959	2/10/22
695 Fiesta Place 94544 1,550,000 4 2357 1965	2/9/22
3609 Skyline Drive 94542 1,675,000 - 2060 1976	2/9/22

MILPITAS | TOTAL SALES: 14

Highest \$: 3,310,000 Median \$: 1,360,000 Lowest \$: 860,000 Average \$: 1,435,464

ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED 1101 South Main St #322 95035 860,000 3 1386 2007 3/4/22 921,000 2 1259 2007 3/4/22 700 South Abel St #520 95035

1566 Jupiter Drive	95035	1,025,000	3	1240	1960	3/3/22
869 Erie Circle	95035	1,080,000	2	1280	1984	3/4/22
1595 Bleecker Street	95035	1,150,000	2	1310	2014	2/28/22
1503 Coffee Berry Lane	95035	1,200,000	2	1442	2018	2/28/22
288 South Main Street	95035	1,250,000	-	1550	1925	3/4/22
290 Heath Street	95035	1,470,000	3	1160	1961	3/4/22
1911 Trento Loop	95035	1,500,000	3	1882	2016	3/1/22
1382 Nestwood Way	95035	1,520,000	3	1788	2013	3/4/22
495 Folsom Circle	95035	1,565,000	3	1698	1983	3/4/22
1505 Saratoga Drive	95035	1,595,000	3	1484	1964	2/28/22
119 Heath Street	95035	1,650,500	4	1370	1962	3/3/22
1033 Camarillo Court	95035	3,310,000	4	3192	1989	3/3/22

NEWARK | TOTAL SALES: 6

Highest \$: 1,350,000 Median \$: 1,135,000 Lowest \$: 832,000 Average \$: 1,108,833

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6187 Joaquin Murieta Ave #I	94560	832,000	3	1456	1981	2/9/22
6031 Joaquin Murieta Ave #D	94560	876,000	3	1408	0	2/10/22
37073 Spruce Street	94560	1,090,000	3	1080	1961	2/10/22
36227 Cedar Boulevard	94560	1,180,000	4	1360	1961	2/9/22
38910 Tobira Place	94560	1,325,000	3	1933	2017	2/9/22
5834 Vizcaino Way	94560	1,350,000	4	2114	2017	2/7/22

SAN LEANDRO | TOTAL SALES: 8 Highest \$: 1,360,000 Median \$: 955,500

9	, ,				/				
Lowest \$: 529,000 Average \$: 979,750									
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSE			
316 Caliente Drive #50	94578	529,000	2	1060	1980	2/10/22			
810 Hutchings Drive	94577	738,000	2	833	1942	2/10/22			
1117 Davis Street	94577	750,000	3	1514	2007	2/8/22			
15019 Wengate Street	94579	800,000	3	1121	1954	2/9/22			
741 Durant Avenue	94577	1,111,000	3	1600	1967	2/7/22			
16623 Rolando Avenue	94578	1,250,000	4	2124	1980	2/7/22			
1280 Vistagrand Drive	94577	1.300.000	3	1847	1958	2/8/22			

SAN LORENZO | TOTAL SALES: 6

94577 1,360,000 2 1241 1944 2/9/22

980,000 3 1465 1956 2/10/22

Highe	Highest \$: 980,000			Median \$: 837,500				
Lowe	st \$: 796,00	0 Ave	Average \$: 855,833					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED		
17576 Via Segundo	94580	796,000	3	1320	1944	2/8/22		
65 Paseo Grande	94580	834,000	3	1164	1954	2/7/22		
2081 Keller Avenue	94580	835,000	3	1092	1957	2/9/22		
16072 Via Descanso	94580	840,000	3	1000	1944	2/9/22		
663 Paseo Grande	94580	850,000	3	1480	1944	2/9/22		

SUNOL | TOTAL SALES: 1

Highest	\$: 1,910,	,000	Me	dia	n \$: 1,9	910,000)	
Lowest S	Lowest \$: 1,910,00			00 Average \$: 1,910,000				
ADDRESS	ZIP	SOLD F	OR E	3DS	SQFT	BUILT	CLOSED	
14 Railroad Avenue	94586	1,910,0	000	5	3553	1933	2/10/22	

94580

UNION CITY | TOTAL SALES: 5

Median \$: 975,000 Highest \$: 1,475,000 Lowest \$: 510,000 Average \$: 993,000 **ADDRESS** ZIP SOLD FOR BDS SQFT BUILT CLOSED 34800 Starling Dr #2 94587 510,000 2 903 1972 2/10/22 2157 Canary Court #1 94587 565,000 2 810 19722/10/22 361 Monaco Avenue 975,000 3 1008 1965 2/9/22 94587 2489 Ascot Way 94587 1,440,000 4 1463 19682/10/22

3205 San Carlos Way 94587 1,475,000 3 1396 1969 2/10/22

Sales Repor

Teacher and student reunite in emergency room

By Staff

In late 2021, Fremont resident Fred Ilg started experiencing extreme chest pains and was taken to the emergency department at the Kaiser Permanente Fremont Medical Center. As it happened, the team who treated him with an angioplasty included RN Cynthia Jose, one of his former science students at Newark Junior High! On Friday, April 8, Ilg and Jose shared their experience at a press conference hosted by Antonia Ehlers, media relations at Kaiser.

Ilg remembers that the November morning started off normally, with his exercise routine and breakfast. "All of a sudden I got this very crushing feeling in the center of my chest. The cliché is that an elephant is sitting on your chest, but there's some truth to it." He hadn't experienced anything like it before. His wife Jackie called 911. Luckily the hospital was only a few miles away. As he was wheeled into the room where he would have an angioplasty, Ilg was greeted with a familiar face—or half of one.

"Lo and behold, who was in there but Cynthia! I didn't realize she was there because we were all masked up and whatever, but she saw my name and she knew."

Jose hadn't seen her teacher for over 30 years. But as soon as she looked up his name in preparation for the procedure, she recognized him. "There are so many names, thousands and thousands of people, but for some reason I hang onto those names from when I was young. And so I knew it as Mr. Ilg. As soon as he rolled in the door-which is a very chaotic time because he was surrounded by so many people and people are talking at him—I just wanted to whisper and tell him that. 'I know you. You're my teacher.' Something that could help him center himself and calm himself." She squeezed his hand and let him



know she was his former student. Ilg remembered that this human moment helped him face a scary and intense procedure.

Jose has strong memories of her 9th grade teacher. "Mr. Ilg was teaching me science. I remember him as being very serious, which he should be, but he really did set the tone for how seriously I would take the rest of my courses. That started everything. Things that I learned in his class, even if I don't consciously think about it now, affect my daily life."

Ilg started teaching at Newark School District in the 1970s and retired in 2004. He taught science, coached soccer, and eventually became a junior high school principal. He remembers Jose as an outgoing student with many friends. "You never know as a teacher where your students are going to end up. To me Cynthia was—she was Cindy then—she was a normal student and I'm glad if I had any part in directing her in her path that she ended up following."

Jose advises anyone feeling unusual symptoms to call for medical help quickly. "Many of our patients will try to rationalize their symptoms and say, 'No I just hurt myself,' or 'It's something that I ate,' or 'I'm just tired,' or 'I'm just stressed.' But when you can get in here quickly, the better outcome you'll have. Mr. Ilg is a perfect example of that." If people come in and it turns out their symptoms aren't serious, then there's no harm done. But in the case of an emergency, "Even a few minutes can make a huge difference."

In April 2022, Fred feels back to full health. He has eased back into his active lifestyle, including exercise and golf. He has also switched to a healthier

Ohlone Culture at **Tule Ponds**

SUBMITTED BY MATH **SCIENCE NUCLEUS**

Join a walking tour of Tule Ponds at Tyson Lagoon and learn about the Muwekma Ohones that lived at Tule Ponds and surrounding area. The Ohlones lived in the Bay Area for at least 5,000 years, making their culture a very long-lived peaceful people. They used the land to survive.

Wear comfortable walking shoes. Recommended for ages five and above as strollers will be difficult to navigate on narrow

Some examples of activities available for children and adults after the walk:

• Displays on Native American artifacts, including Tule hut and

- Learn how to ground acorns with mortar and pestle.
- Make a tule doll or boat.
- Make an elderberry necklace.
- Displays on tules, silkworms, and more.
- Posters on evolution of Tule Ponds.

Parking will be available onsite or at Fremont BART Station. Registration is limited to 30 participants.

Ohlone Culture at Tule Ponds Sunday, Apr 24 10 a.m. - 12 noon 1999 Walnut Ave., Fremont Registration: \$10 https://www.msnucleus.org/watersheds/tule/events/ohlone.ht ml



continued from page 1

Ride the **Rails for Relay** returns!

"Everyone was sad to hear when it got postponed two years in a row. During that time, we held virtual relays to make up for it, but it wasn't exactly the same as being there in person."

Ride the Rails is a round-trip diesel train ride around Sunol Valley from Niles. There will be trains with a mix of indoor and open-air cars, departing from Sunol Depot, around 10:30 a.m., 12:30 p.m., and 2:30 p.m. All proceeds gathered from the event will go 100% directly to the American Cancer Society. According to Norvell, "family-friendly bank robbers" will occasionally come around the trains to collect donations during the trips as well.

Outside of train rides, Niles Canyon Railway Museum and gift shops will be open during the event. Snacks, beverages and other activities will be provided for guests of all ages, as well as picnic spaces outside the station and in the trains. Free wine tasting will also be available for those 21 or older. Local artisans will be opening booths to sell various goods as well. All persons boarding the trains or entering the gift shop or museum will be expected to wear masks, but additional COVID-19 mandates may be added.



"Cure Crusaders and I have been involved with Ride the Rails for 11 years," Norvell says. "Every donation provided over the years from this event helps out people not just with one specific type, but people with all types of cancer out there. Overall, it's a really fun experience that everyone can enjoy which was made to support a great cause."

> Ride the Rails for Relay Sunday, Apr 24 10:30 a.m., 12:30 p.m., & 2:30 p.m. Niles Canyon Railway Sunol Depot 6 Kilkare Rd., Sunol (510) 701-9005 cn63ln73@gmail.com https://www.ncry.org/ https://secure.acsevents.org/ Tickets: \$25 adults, \$15 children ages two - 12

Rotary Speech Contest



Contestant Natalie Chen won the Rotary Speech Contest Northern Regional



Sheila Marquises SUBMITTED BY CITY OF SAN LEANDRO

Sheila Marquises, a veteran civil engineer who grew up in San Leandro, has been appointed as the city's new Engineering and Transportation Director.

A homecoming for new city executive

In an April 1 announcement, city officials noted that Marquises brings two decades of local government experience in California to this executive-level position. She previously worked for the County of Los Angeles, City of Glendale and City of Fremont.

In 2020, Marquises joined the City of San Leandro as a Principal Engineer, managing the functions of the transportation and land development divisions. In her new role, Marquises will be responsible for designing and implementing the city's Capital Improvement Program, overseeing subdivisions, private development projects, and the safe and efficient movement of people and goods on the city's transportation network.

Marquises was born in the Philippines, immigrated to the United States at age 8 and settled in the San Leandro with her single working mother. Over time, Marquises resided in four areas of the city and attended Thomas Jefferson Elementary, Bancroft Middle and San Leandro High School. Marquises replaces former

Engineering and Transportation Director Keith Cooke who retired in December 2021.

"It is a pleasure to appoint Sheila to the Engineering and Transportation Director role," said San Leandro City Manager Fran Robustelli. "Sheila is an innovator whose technical skills, empathy, and passion for collaboration are perfect for leading our Engineering and Transportation Department."

Marquises received her BS degree in Civil Engineering from the University of California, Los Angeles, and an MPA from Arkansas State University. She is a licensed professional civil and traffic engineer in California.

"I'm excited for the opportunity to serve my hometown as a director as we commence the celebration of our Sesquicentennial year. I am committed to making San Leandro a better place to live, work, and play today and for the next 150 years," Marquises said.



UNION CITY RESIDENTIAL BULKY ITEM COLLECTION PROGRAM



Union City residents are eligible to receive two FREE (2) annual Bulky Item Collections to conveniently and responsibly manage items that are too large to fit in the blue Landfill Cart. Contact Republic Services at 510-657-3500 for more information and to schedule your free Bulky Item Collection. Para obtener esta información en español, por favor llame al 510-657-3500.

Accepted Items

Large Appliances

Limit one large appliance, such as a washing machine or dishwasher. For safety, tightly secure or remove doors/lids.



Computer monitors, CPUs, TVs, printers, and small appliances.



Tires

Maximum of four (4) passenger car tires or smaller.

Furniture & Carpet Including a mattress and box spring. Materials must meet the acceptable set-out dimensions.



Yard Trimmings/ Loose Wood

Tie in bundles of five feet or less in length. Painted and treated wood not accepted.



Other

Flattened and bundled cardboard, scrap metal, etc. Please bag or box loose items.





Acceptable Set-Out Dimensions

Ready to Schedule Your FREE **Bulky Item Collection?**

- Call Republic Services at 510-657-3500 to schedule your collection.
- Set out accepted materials at the curb by 6 a.m. on your scheduled collection day.
- Need more information? Call Republic Services at 510-657-3500 or visit www.RepublicServicesAC.com to learn more about the Residential Bulky Item Collection Program.

\$ = Entrance or Activity Fee

R= Reservations Required Schedules are subject to change.

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Hayward **Animal Shelter**



510-293-7200

www.HaywardAnimals.com 16 Barnes Court, Hayward (Near Soto & Jackson)

Connecting rescued animals with loving homes!



Myrine is a female bunny whose name means "swift bounding", which she excels at. However, Myrine also enjoys slowing down to snack on fresh salad and napping on her bed. Right now all bunny adoptions are FREE sponsored by a generous volunteer. To Adopt call Hayward Animal Shelter (510) 293 - 7200



Luna is a 10 month old female lab mix who is playful and sweet. She gets along well with other dogs, enjoys going on walks and getting attention from her favorite people. Her adoption is free, sponsored by SantaCon Hayward. To adopt call Hayward Animal Shelter (510) 293 – 7200.

CONTINUING

EVENTS

Thursday - Sundays, March 31 - May 29

Visions of Spring

1 p.m. − 5 p.m. Exhibition of National League of American Pen Women (NLAPW) 2400 First St, Livermore Bankhead Theater Gallery www.livermorearts.org Free

Friday, March 4 - Saturday, April 16

Painting Through the Pandemic: Artwork as a Relief

Fri - Sat: 11 a.m. - 4 p.m. Pandemic era art from Sun Gallery members and new artists Sun Gallery 1015 E St., Hayward (510) 581-4050 http://www.sungallery.org/

Friday, April 1 - Saturday, **April 16**

Spring Forward

Thursday – Saturday, 11 a.m. – 3 Exhibit showcasing floral artwork Adobe Art Center 20395 San Miguel Ave, Castro Valley https://www.artinc.org/

Saturdays & Sundays, February 12 - April 17

Niles Canyon Railway Train

Departures from Sunol Depot at 10:30 a.m. and 1:00 p.m. \$25 for adults

\$15for seniors (62+) and children (3-

6 Kilkare Rd., Sunol https://www.ncry.org/

Saturday, March 19 -Saturday, April 23

Fremont Cultural Art Council Juried Photo Exhibit

During library hours Photos from community members on "Scenes of Fremont" Fremont Main Library 2400 Stevenson Blvd., Fremont Exhibit Chairperson Rajeev Shankar: (510) 399-3049 fcacphotoshow2022@gmail.com https://fremontculturalartscouncil.or

Saturdays & Sundays, **March 26 – May 1**

Wildflower Walk

10 a.m. Enjoy the beauty of spring on this guided stroll Sunol Visitor Center 1895 Geary Rd., Sunol www.ebparks.org

Sunday, February 13 -Sunday, April 17

Dove Gallery Annual Juried Art Exhibit

Gallery Open Sundays from 12 noon

Artworks of various media and style

by 80 artists Park Victoria Church back parking

875 S. Park Victoria Dr., Milpitas Dove@ParkVictoria.org

Monday - Saturday, **April 1 – 30**

The Square Show

11 a.m. – 4 p.m. Group exhibition of 6x6" works Portola Art Gallery Allied Arts Guild 75 Arbor Rd., Menlo Park www.portolaartgallery.com

<u>UPCOMING</u> **EVENTS**

Tuesday, April 12 **JAZZINATORS**

7 p.m. – 9 p.m. Enjoy an evening of jazz Bronco Billy's 41200 Blacow Rd., Fremont (510) 438-0121

Wednesday, April 13

Joint Chamber of Commerce **Networking Mixer**

Arts & Entertainment Call to confirm activities shown in these listing

5 p.m. - 7 p.m.Dublin, Hayward, Livermore, and Pleasanton Chambers meet and greet Contact Dawn Wilson to register:

dawn@pleasanton.org 5860 Owens Dr., Pleasanton Members: free Prospective members: \$25

Thursday, April 14

Growing Food the Eco-Friendly Way

5 p.m. – 6 p.m. Free webinar with helpful gardening

Via Zoom: https://bit.ly/3jfYiK1 www.cleanwaterprogram.org

Thursday, April 14

Startup Sales Strategies R

5:30 p.m. Scott Case, Founding CTO of Priceline, shares his journey StartupGrind Fremont To register: https://bit.ly/36UPUx5 https://startupgrind.com/fremont

Thursday, April 14

Advanced Health Care Directive

11 a.m. - 12 noon Learn about end-of-life decision making, appointing an agent Age Well Center of South Fremont 47111 Mission Falls Ct., Fremont http://bit.ly/AgeWellClasses

Thursday, April 14

Caring for Loved One's with Parkinson's Disease R

11:00 a.m. - 12:30 pm. Family caregiver education series Age Well Center at Lake Elizabeth Via Zoom

http://bit.ly/AgeWellClasses

Thursday, April 14- Sunday, April 17

Animal Feeding

3:00 p.m. - 3:30 p.m. Check for eggs and feed livestock Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont www.ebparks.org

Thursday, April 14, 15 & 17

Patterson House Tours

11:00 a.m., 11:30 a.m., 1:00 p.m., 2:00 p.m., 2:30 p.m. Tour the Patterson House Museum Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont

Thursday, April 14, 15 & 17

Ride the Rails

www.ebparks.org

10:20 a.m. – 2:55 p.m. Travel back in time on the train Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont www.ebparks.org

Saturday, April 16

Storytime With Aunt Marie

11 a.m. This week's book: Spring Stinks! By Ryan T Higgins Books on B 1014 B St., Hayward (510) 538-3943

https://www.booksonb.com/event/st orefront-storytime-aunt-marie-6

Saturday, April 16

Victorian Tabletop Games

1 p.m. - 2 p.m.Play old fashion games of ball and cup, tops, or Jacob's Ladder Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont www.ebparks.org

Saturday, April 16

Chickens and Dinos

1 p.m. -2 p.m. Learn the connection between chickens and dinosaurs Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont

Saturday, April 16

www.ebparks.org

Birding for Beginners

9:00 a.m. - 10:15 a.m. Learn about the local birds in our regional park Quarry Lakes 2100 Isherwood Way, Fremont (510) 544-3220

Saturday, April 16

The Vagabonds \$

7:30 p.m. Jered Freiburg and his 3-piece band celebrate the 50's and 60's Castro Valley Center for the Arts 19501 Redwood Rd., Castro Valley www.cvartsfoundation.org

Saturday, April 16 - Sunday, April 17

Online Garden Tour

10 a.m. - 3 p.m.Two-day virtual tour featuring native

plant gardens (510) 236-9558 https://www.bringingbackthen-

Sunday, April 17

atives.net

Color Curiosities

10 a.m. - 11 a.m. Learn how animals use color to thrive in the springtime Coyote Hills Visitor Center 8000 Patterson Ranch Rd., Fremont www.ebparks.org

Sunday, April 17

Farmyard Story Time

10:30 a.m. - 11:00 a.m. Listen to classic barnyard tales Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont www.ebparks.org

Sunday, April 17

Nectar Garden Exploration

11:00 a.m. - 12:00 noon Discover native pollinators and

Coyote Hills Visitor Center 8000 Patterson Ranch Rd., Fremont www.ebparks.org

Sunday April 17

Easter Services

8:30 am: Traditional Easter Worship 11:00 am: Praise & Worship Prince of Peace Church 38451 Fremont Blvd., Fremont

Mission San Jose School of Guitar 43255 Mission Boulevard, Fremont CA 94539

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Richard Kendrick 510-661-9147

https://richardkendrickguitar.com/ E-mail:rwkendrickjr@yahoo.com

Qualified, Professional and Experienced Masters Degree in Music (Performance - Classical Guitar)

Monday, April 18

Protecting Your Home Equity R

1 p.m. -2 p.m. Learn about reverse mortgages and other equity-based loans Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont http://bit.ly/AgewellClasses

Monday, April 18

iPhone Training R

10 a.m. – 12 noon Learn about the features on your

Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy., Fremont Via Zoom http://bit.ly/AgewellClasses

Tuesday, April 19 **Indian Heritage Night at the**

Tank \$

7:30 p.m. Dancing on ice, henna tattoos, and

Buy tickets at www.sjsharks.com/in-SAP Center 525 W Santa Clara Street, San Jose

Tuesday, April 19

Sharks vs. Blue Jackets

Managing Cash Flow for Business Success R

12 noon – 1:30 p.m. Online workshop demonstrating spreadsheet techniques Sponsored by Ohlone College https://bit.ly/357cBx6

Tuesday, April 19

IHSS Information Session R

10:30 p.m. – 2:00 p.m. Learn about the In-Home Supportive Services program for aged, blind, and disabled

Via Zoom: https://bit.ly/3NUAFVp

Saturday, April 23

People with Purpose \$R

6 p.m. HERS Breast Cancer Foundation

Dinner, silent auction, fundraising games, music Casa Bella Event Center 11984 Main St., Sunol

RSVP by April 12 Hersbcf.ejoinme.org/2022PWP

Sunday, April 24 Youthsava 2022 \$

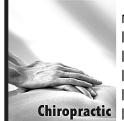
9 a.m. – 9 p.m. Dance competition for ages 4-18 ICC Milpitas

525 Los Coches Street, Milpitas www.indiacc.org/event/youthsava-

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6170 Thornton Ave., Ste H Newark

Sports Reporter

Wanted

Must be:

• Proficient in English language and grammar

• Proven writing and editing skills

Excellent driving record

Time Commitment:

Square Dance Class

SUBMITTED BY THE FARMERS AND FARMERETTES SQUARE DANCE CLUB

Square Dancing is one of the few dances that started in America, adapted from the Virginia reel. During the Western migration it traveled with the wagon trains to the west.

Square dancing is done the same way around the world, with four couples in one square and a caller who tells them where they are supposed to move. Square dance calls have some common names like "swing your partner" and "circle left", but there are also some unusual calls that take a while to understand like, "Load the Boat" and "Ferris Wheel".

If you can walk you can square dance. There are no complicated dance steps. It's all about moving within your group of eight dancers on one area of the square dance floor. This is a fun activity that gives you some exercise, some mental challenges like remembering what to do when the caller calls a dance step routine, and interaction with other people both physically and socially.

Square dancing is a smoke free and alcohol free activity and a lot of fun. Men are encouraged to wear long sleeve shirts, because the women touch arms with the men and don't like sweaty arms.

This is a couple's activity, but we do not care who makes up the couple. The couple can be two people of the same sex or different ages. You can start the class without having a partner. Most of the dancers in our club have been dancing for many years, and they still come out every week to enjoy this activity called, "Modern Social Square Dancing".

When you have learned Modern Social Square dance calls you will be able to attend square dance festivals in other areas of the city, county, state, nation or world. The Farmers and Famerettes dance almost every Wednesday night at the Newark Pavilion, 6430 Thornton Avenue in Newark. We dance in the main hall that has wood floors and air conditioning. The Farmers and Farmerettes Square Dance Club is a member of the Northern California Square Dance Association and has been in existence for the past 60 years.

Please come down and give Square Dancing a try! After a free lesson on April 20th there is a \$50 fee per person for the 13-week class to cover the cost of the hall and the caller. We are requiring everyone who attends the classes to show proof of Covid vaccination with booster. We follow the Newark City, Alameda County and California State guidelines. We are not requiring masks at this time.

For more information call Jim & Bev at (510) 299-8941 or Bruce at: (510) 862-7039 and check out our website:

www.farmersandfarmerettes.org

Square Dance Class Wednesdays, April 20 - July 13 7 p.m. First lesson free! **Newark Pavilion**

6430 Thornton Avenue, Newark www.farmersandfarmerettes.org



Grant money available for youth programs

SUBMITTED BY CITY OF SAN LEANDRO

Applications are being accepted through May 2 for the annual Youth Mini Grant program offered through City of San Leandro's Youth Advisory Commission (YAC). The program provides grant funding to support organizations or programs that are youth-driven and have a positive impact on San Leandro youth.

YAC raised the grant money by volunteering and implementing special fundraising events, with additional funding donated by San Leandro Optimist Club. The total funding available for this year's program is \$1,000; the amount per award will

be dependent on the number of awards granted and their corresponding funding level.

- Each application must meet three requirements: • Must serve San Leandro youth (grades 6-12)
- Must have an adult sponsor/advisor
- Must present a proposal at the May 3, 2022 YAC meeting

Applications are available on the YAC website at www.SanLeandro.org/YAC and must be submitted by 12 noon, Monday, May 2. Early applications are encouraged. For details, call Liz Hodgins, YAC Secretary at (510) 577-3473.

• 10 hours per week • Evenings and some weekends **Duties:** • Report on local sports games • Write/edit articles as assigned by Editorial Staff Assist Editor-in-Chief

Send resume and one 300-500 word writing sample to: tricityvoice@aol.com **Subject: Sport Reporter Application**

Power of youth to be celebrated

SUBMITTED BY ROCHELLE COLLINS

The work of young people creating positive community changes and uplifting young voices across California is the focus of Friday Night Live (FNL) Advocacy Day. Started in 1984, this year's annual FNL Advocacy Day is set for April 22 and will be celebrated by FNL chapters in 50 counties across the state,

including Alameda County. Among the local chapter's goals is to continue working with youths in their effort to pass a proclamation to reduce access and availability of tobacco products in Alameda County. Toward that end, FNL is working in partnership with numerous county organizations including Hayward Unified School District, Alameda County Behavioral Health, Sutter Health, Alameda County Tobacco Coalition and local businesses. Their work will help young people at Hayward and Brenkwitz high schools have their

With nearly 600 chapters in California schools, community

voices heard.

centers, local agencies, and nonprofit organizations the FNL structure provides programs and leadership opportunities for youth of varying ages. Friday Night Live Kids is focused on students in grades four through six, Club Live is geared toward middle school-aged youth, Friday Night Live Mentoring provides peer-to-peer mentoring between high school-aged youth and middle school-aged youth.

FNL works in partnership with high school-aged youth, and California Youth Council, and there is a statewide cabinet of FNL leaders. They believe that a youth development framework, which is inclusive, comprehensive, youth-driven, and founded on current research, will improve the lives of young people and the communities in which they live.

In the Hayward area, information about Project Eden's FNL program is available by calling (510) 334-0235 or by sending an email to project.eden@hsimail.org. Details about the statewide program are available on their website at fridaynightlive.tcoe.org.



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Alameda County Senior Meals Program 50th anniversary

SUBMITTED BY HELEN CHANG, SPECTRUM COMMUNITY SERVICES

Spectrum Community Services celebrated the 50th anniversary of the Older Americans Act Nutrition Program with a week of volunteer service by elected officials and community leaders at some of its 12 congregate senior meal locations, and on some of its 90 weekly Meals on Wheels delivery routes in the Tri-Valley area.

On Monday, March 21, San Leandro Mayor Pauline Cutter joined appointed city leaders, friends and staffers in an intense hour of volunteer service plating and distributing 47 hot meals to-go. At a meeting later that day the City of San Leandro declared this month "March for Meals." Of the nearly 8,000 take-away hot meals distributed each month at senior centers throughout Alameda County, more than 800 are served in San Leandro.

Similarly, on Tuesday, March 22, community leaders in Castro Valley helped prepare and distribute healthy meals to seniors at Kenneth C. Aitken Senior Center. With this show of support, they were helping to raise awareness for the growing number of older adults in Alameda County facing hunger and isolation, both serious problems that have been exacerbated during the COVID-19 pandemic.

Also on March 22, Alameda County Board of Supervisors declared the month "March for Meals" with a proclamation honoring Spectrum Community Services and celebrating the 50th anniversary of the federal legislation that helps to partially fund community-based programs like Spectrum Community Services' Meals on Wheels and Senior Meals.



San Leandro Human Services Commissioner Kurry Foley collects reusable containers from clients receiving their hot meal.

Spectrum's Meals on Wheels and Senior Meals rely heavily on private and individual donations to ensure that no seniors are ever turned away. Senior nutrition programs provide home-delivered meals in Dublin, Pleasanton, Livermore and Sunol, and congregate meals in Hayward, Castro Valley, San Leandro, Alameda, Oakland and Union City.

Alameda County residents aged 60+ can register for Senior Meals or Meals on Wheels by visiting SpectrumCS.org or by calling (510) 881-0300. Spectrum is also seeking volunteers to help serve or deliver meals at various distribution sites.



Hayward Area Recreation District General Manager James Wheeler dishes out beef stroganoff with egg noodles for the day's hot meal for drive-by pickup at the Kenneth C. Aitken Senior Center in Castro Valley.



San Leandro Mayor Pauline Cutter is delighted to discover that the takeaway meals provided by Spectrum Community Services are served in reusable containers that are brought back the next day.

LETTER TO THE EDITOR

News and Notes

I am writing today in regard to your regularly featured column titled, News and Notes From Around the World, submitted by The Association of Mature American Citizens (AMAC), which is self-described in your paper as a nonpartisan organization.

AMAC is a vigorously conservative advocacy organization that calls itself, "the conservative alternative to the AARP," and is supported by the likes of Glenn Beck. They made this quite evident in the Tri City Voice's April 5 edition of the News and Notes column, when it addressed the right wing's bogeyman, Critical Race Theory, in one of their stories. Don't be misled into thinking that AMAC is a nonpartisan organization. It pulls the reader in with its feel good, cutesy stories in order to fool them into thinking they have no political agenda when just the opposite is true.

If the Tri City Voice is going to continue to run this column, then it would be helpful to your readers if you added a disclaimer letting the reader know that AMAC is an organization promoting a politically conservative agenda.

Jacqueline Wise Fremont

Community Bulletin Board

HERS Breast Cancer Foundation

Post-surgical products & fitting services by appointment only. Assistance Programs available for under-served patients. HERSbreastcancerfoundation.org (510) 790-1911 2500 Mowry Avenue, Suite 130 (Washington Hospital West)

M-F, 10 am to 5 pm

Hope Evangelical-Lutheran Church 3800 Beard Rd, Fremont, CA 94555

A church of the Unaltered Augsburg Confession AD 1530 and The Book of Concord AD 1580/1584 Lutheran Church Missouri Synod (LC-MS) - English District Incarnational. Sacramental. Liturgical.

Find our service times and social media links on our website: www.hopelutheranfremont.org

Rev. Ray Hulett (510) 793-8691 reverendhulett@gmail.com "We implore you on behalf of Christ, be reconciled to God."

BINGO BINGO BINGO

Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District)

The FIRST MONDAY of Every month in 2022 Doors Open @ 6:00 PM Games Start @ 7:00 PM

\$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers

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Shout out to your community

Our readers can post information including:

Activities **Announcements** For sale **Garage sales Group meetings** Lost and found

of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting

For the extremely low cost

only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans.

www. peocalifornia.org peouf150@gmail.com

SENIOR SOCIAL ACTIVITIES

Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313

FREMONT COIN CLUB

Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365

Are you troubled by someone else's drinking?

Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics.

We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17.weebly.com You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.

LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP!

Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM

Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com

for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month

(occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org

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A-1 Comm. Housing Svcs. A HUD Approved Agency **1st Time Home Buyers** Workshop

Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227

TRI-CITIES WOMEN'S CLUB

Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 - Cards & Games 11:45 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 916-217-3074

SAN LEANDRO HISTORICAL **RAILWAY SOCIETY**

is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499

Want to see a collection of vintage buses?

Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org

MAUNDAY THURSDAY 4/14 GOOD FRIDAY 4/15

Foot washing & Communion Thursday 7pm Indoors Masks required Stations of the Cross Friday 4-5 pm Outdoors

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Fremont Cribbage Club

Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at **BRONCO BILLY'S PIZZA at** 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.

Jared Freiburg & The Vagabonds

SUBMITTED BY TERRY LIEBOWITZ

There's going to be a "Whole Lotta Shakin' Goin' on" at Castro Valley Center for the Arts Saturday, April 16, when Jared Freiburg brings his three-piece band, the Vagabonds, to town to celebrate the big names of the 50s and 60s. Jered sings Elvis to Sinatra, with a healthy serving of Jerry Lee Lewis.

Jared was born and raised in Des Moines, Iowa, beginning piano at five. He was first introduced to the style of Jerry Lee Lewis as a young teenager and immediately began studying the dynamic piano style and bad boy attitude of "The Killer." While others of his generation listened to pop music, Jared immersed himself in all things 50s and 60s.

For the past five years, Jared has been touring the world on land and sea, performing the role of Jerry Lee Lewis in Broadway's Tony Award-winning musical, Million Dollar Quartet. In 2021, Jared created the Lewis role in the spinoff, Million Dollar

Quartet Christmas, touring throughout the country during the holidays. Jared will be featured in its original cast recording to be released later this year. Also, Jared recorded and released his first album, Vagabond, last year.

This is the closing concert for Castro Valley Arts Foundation this season. Please note: For admittance, all patrons must show proof of Covid-19 vaccination or negative Covid-19 test within 72 hours of the production and ID regardless of age.

> Jared Freiburg Saturday, April 16 7:30 p.m. Castro Valley Center for the Arts 19501 Redwood Rd., Castro Valley (510) 889-8961 Tickets: www.cvartsfoundation.org

> > Parking is free

Voter education language workshops

SUBMITTED BY SANTA CLARA COUNTY REGISTRAR OF VOTERS

Registrar of Voters will be hosting a variety of language workshops aimed at educating all members of the community about the upcoming June 7, 2022 Statewide Direct Primary Election.

The workshops will be offered in thirteen languages: Spanish, Chinese, Tagalog, Vietnamese, Korean, Khmer, Japanese, Hindi, Punjabi, Gujarati, Tamil, Telugu, and Nepali. All English-speaking and bilingual members of the public are welcome to attend these workshops which will mainly focus on Voter's Choice Act, Vote by Mail, and Vote Center Information.

Attendees will also learn how they can get involved in the election process, including how to become an election worker or volunteer.

Bilingual support will be provided at each meeting.

For more information, contact the Registrar of Voters' Office at (408) 299-VOTE (8683) or (866) 430-VOTE (8683). You

can also email outreach@rov.sccgov.org or visit https://sccvote.sccgov.org/get-involved/outreach#1849274314-4175360803

Voter Education Language Workshops Tuesday, April 26 - Wednesday,

May18 6 p.m. – 7 p.m. 4/26: Chinese 4/27: Vietnamese 4/28: Tagalog 5/2: Hindi 5/3: Spanish 5/4: Gujarati 5/5: Nepali 5/9: Punjabi 5/10: Tamil 5/11: Telugu 5/12: Japanese 5/17: Khmer 5/18: Korean Via Zoom: https://bit.ly/3jeqPiS

OPINION



WILLIAM MARSHAK

"Democracy is the worst form of government, except for all the others." -Winston S. Churchill

For many who study history and natural phenomenon, cyclical patterns often emerge that not only explain past events, but foretell the future as well. Even as novel situations occur such as the genetic mutations of a virus such as COVID (e.g. Omicron and its variants), they are usually based on a prior basic structure or premise. Historical patterns can be seen in our current worldwide crisis and many political issues - global, regional, local – as well.

Reference to the cyclical nature of human activities is well documented. These pattens emerge almost on cue for each generation. It appears that lessons learned by every peer group must be relearned. The lure of adolescent group-think for acceptance and strict order is powerful while the chaotic nature of democratic discourse appears as disorganized and weak. Appearances can be deceiving... the opposite is actually true. However, it is difficult to see beyond the moment when confronted with immediate demands.

Misgivings about the folly of malignant and misguided repetition is evident in literature and song. A

Patterns

well-known folk melody, "Where Have All the Flowers Gone", released in the 1960s by Pete Seeger and amended by Joe Hickerson, decried the cycle of violence and waste associated with war. Inspiration for the song is said to be a Ukranian Cossack folk song, Koloda-Duda whose words and cadence evoke a wistful sadness and recognition of an unrelenting, futile cycle. Rising from the ashes of past misadventures, a fresh sequence of renewal of promises to remember and avoid previous catastrophic decisions gives hope to break the patttern.

The struggle between lessons of the past and impulsive, reactive behavior of the present are constant. Societal direction often hinges on deliberate and dispassionate actions of leadership that can either respect the governed population or use them solely for personal gain. A dramatic representation of this is on full display in Ukraine while at home we face some of the same forces that seek to divide and weaken our resolve for self-determination.

It is our responsibility to recognize and break the cycle of aggression, violence and human entropy that descends to chaos. The American experiment of democracy is often identified as an outlier system that dares to challenge a chain of autocratic, despotic and authoritarian controls common in humankind. Those fleeing from dictatorial rule understand the value of our system and bring these lessons with them. However, without direct knowledge and experience, it is difficult for others to appreciate its advantages.

The foundation of our democracy is the right and responsibility to become a reasonable and informed voter. As Winston Churchill said in a speech to the House of Commons in 1944:

"At the bottom of all the tributes paid to democracy is the little man, walking into the little booth, with a little pencil, making a little cross on a little bit of paper—no amount of rhetoric or voluminous discussion can possibly diminish the overwhelming importance of that point."

As we approach primary season for mid-term elections this year, keep comments of those embroiled in momentous and calamitous events in mind. They understand the tragic, historical cycle of their time. Honor them and their sacrifices as well as those who do so today with your voice and vote.

Where have all the flowers gone? Where have all the young girls gone? Where have all the husbands gone? Where have all the soldiers gone? Where have all the graveyards gone?

When will they ever learn?

William Marshak **Publisher**

Walmart to end cigarette sales in some stores

By Anne D'Innocenzio THE ASSOCIATED PRESS

Walmart will no longer sell cigarettes in some of its stores though tobacco sales can be a significant revenue generator.

Wall Street Journal was the first to report the development. It noted some stores in California, Florida, Arkansas and New Mexico were on the list, citing anonymous sources and store visits.

Walmart is not the first national retail chain to cut off cigarette sales even on a trial basis, but it is the largest. Target ended cigarette sales in 1996 and the drugstore chain CVS Health did the same in 2014.

CVS Health sales in areas outside the pharmacy fell for a few quarters after it pulled tobacco products, and the company had predicted that missing tobacco products would hurt annual earnings by 7 to 8 cents per share.

Overall revenue has grown every year at CVS, however, after a number of acquisitions and changes to its stores bolstered the

company's health care offerings. CVS Health bought the health insurer Aetna in 2017.

Decisions about removing cigarettes at Walmart will be made on a store-by-store basis according to the business and particular market, the company said Monday. "We are always looking at ways to meet our customers' needs while still operating an efficient business," Walmart said in a prepared statement.

Health officials say that cigarette smoking causes about one of every five deaths in the U.S. each year.

Walmart Inc., based in Bentonville, Arkansas, announced in 2019 that it was getting out of the vaping business and would stop selling electronic cigarettes at its stores and also at Sam's Clubs. It said at the time the decision was based on "growing federal, state and local regulatory complexity."

AP Health writer Tom Murphy in Indianapolis contributed to this report.



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ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE®™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council 1st/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council 1st/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:00 p.m. 37101 Newark Blvd., Newark (510) 578-4000 www.ci.newark.ca.us

San Leandro City Council 1st/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 4:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

San Leandro City Council

April 4, 2022

Recognitions:

- Proclamation declaring April as Autism Awareness Month.
- Proclamation declaring April 10-16 as National Public Safety Communications Week.
- Proclaimed April as Fair Housing Month.
- Proclamation declaring April 3-9, 2022 as National Library Week.
- Proclaiming San Leandro's Support for Ukraine.
- James Madison elementary school student Emily Bravo received the Kindness Award for demonstrating a great amount of maturity, reflection and deep care for her peers, and for helping with the school garden each day.

City Manager Update:

- Response to litigation questions will be published in next City newsletter.
- Farmers Market starts Wed @ 3pm – 7pm with Mayor's ribbon cutting ceremony.

Public Comments

- Resident Douglas Spalding suggested maintaining a virtual option for Council meeting attendance; thanked City Attorney Pio Roda for following through on transparency promise; requested findings from recent retreat; requested items 9g and 9h to be pulled from Consent Calendar; stated community is grateful for City Council actions leading towards approval of police oversight ordinance.
- Abby Kitchen, Steven Taylor's grandmother, thanked Council for CPRB (Community Police Review Board) support and community involvement in development of Board training and procedures, and maintaining Board diversity.

• Residents thanked Council for bringing Police oversight ordinance forward.

violence examples.

meetings.

ordinance forward.

• Resident provided gun

Councilmember Announcements:

• Mayor Cutter welcomed public back to on-site Council

Councilmember Lopez thanked public and Friends of San Leandro Creek and volunteers for attending creek cleanup in commemoration of Cesar Chavez.

- Councilmember Cox announced a special exhibit event at the library in April for Sesquitennial.
- Councilmember Aguilar thanked UC Berkeley Fulbright scholars for sharing Ukraine update.

Presentations:

• City Attorney Richard D. Pio Roda presented "Brown Act / Public Records Act Refresher 2022" (People have a right to access information that enables them to monitor the functioning of government). Resident Douglas Spalding questioned copying fees for public records. Attorney Pio Roda confirmed 10 cents per page cost; encouraged public to use free digital records, accessible through City Clerk. A resident clarified 1st Amendment protections for offensive speech.

Consent Calendar:

- Approve minutes of the regular City Council meeting of February 22, 2022.
- Approve minutes of the regular City Council meeting of March 7, 2022.
- Approve minutes of the adjourned regular City Council meeting of March 14, 2022.
 - Approve minutes of the

special City Council meeting of March 14, 2022.

- Approve minutes of the regular City Council meeting of March 21, 2022.
- Resolution approving the San Leandro City Employees Association (SLCEA) Memorandum of Understanding and the Confidential Employees' Group Compensation Plan for a Three-Year Term (January 1, 2022 through December 31, 2024), a side Letter of Agreement to the 2022 San Leandro Management Organization (SLMO) Memorandum of Understanding, and a Budget Appropriation in the amount of \$777,217 for FY2022 and \$1,873,292 for FY2023.
- Resolution Increasing the City's General Liability Self-Insured Retention Level from \$500,000 to \$750,000 through the California Joint Powers Risk Management Authority with a potential cost savings of \$50,000 in Fiscal Year 2022-2023.
- Ordinance of the City of San Leandro City Council to amend San Leandro Municipal Code sections 1-3-100, 1-3-110 and subsection (a) of section 1-3-115 to add Community Police Review Board and to add Article 17 Community Police Review Board to San Leandro Municipal Code Chapter 1-3, Boards and Commissions City of San Leandro.

Items Removed from Consent Calendar:

• (9g) Resolution Increasing the City's General Liability
Self-Insured Retention Level from
\$500,000 to \$750,000 through
the California Joint Powers Risk
Management Authority with a
potential cost savings of \$50,000
in Fiscal Year 2022-2023. Motion
unanimously adopted.

• (9h) Ordinance of the City of San Leandro City Council to Amend San Leandro Municipal Code sections 1-3-100, 1-3-110 and subsection (a) of section 1-3-115 to add Community Police Review Board and to Add Article 17 Community Police Review Board to San Leandro Municipal Code Chapter 1-3, Boards and Commissions City of San Leandro. Motion unanimously adopted.

Action Items:

- Resolution approving the City Manager Salary Schedules effective for January 1, 2022, January 1, 2023, and January 1, 2024 and a Budget Appropriation in the amount of \$3,150 for FY 2022 and \$7,830 for FY 2023. Community Resources Director Hung provided a summary of salary recommendations. Motion unanimously adopted.
- Resolution approving an agreement with Flock Safety to install fixed community safety cameras that have Automated License Plate Readers (ALPR) in an amount not to exceed \$250,000 (2-year contract). Motion unanimously adopted.

City Council Reports:

- Councilmember Cox attended conference in Sacramento; Alameda County Transportation meeting.
- Councilmembers Azevedo, Aguilar, and Lopez attended National League of Cities conference in Washington D.C.

Councilmember Simon attended East Bay Community Membership Meeting.

Mayor Pauline Russo Cutter Aye
Vice Mayor Pete Ballew Aye
Victor Aguilar Aye
Bryan Azevedo Aye
Fred Simon Aye
Deborah Cox Aye
Corina Lopez Aye

Fremont City Council

April 5, 2022

Consent Calendar:

- Second reading of ordinance regarding district boundaries.
- Second reading to rezone 22.4-acre site at 40517-40525 Albrae Street.
- Continue meetings via videoconference; reconsideration May 3, 2022.
- Approve contract with G. Bortolotto & Company, Inc. for 2022 Pavement Rehabilitation Project in the amount of \$1,452,649.18.
- Prepare and file annual engineer's report for Landscaping District 88.
- Approve permit for a temporary food storage facility at 40950 Chapel Way.

Ceremonial Items:

- Proclaim April 2022 as Arts, Culture, and Creativity Month. Connie Chew, Vice President of Fremont Cultural Arts Council (FCAC) accepted the proclamation. Additional comments by FCAC President Julie Gilson.
- Proclaim April 2022 as Community College Month. Ohlone College President Dr. Eric Bishop received the proclamation.
- Resolution in support of locating a trauma center in Southern Alameda County. Kimberly Hartz CEO of Washington Hospital Healthcare System accepted the resolution.

Public Communications:

• Support for safe parking program.

- Public comment on ceremonial items. Comments of dynamic new leadership at Ohlone College.
- Comments regarding previous city manager and local government practices.
- Make Auto Mall and Grimmer safer with better bus service.
- Buffer wall for Fremont Boulevard near Stevenson.

Items Removed from Consent:

• Minutes of March 8 and March 15 meetings (Cox). Correct missing names and misspellings to be corrected at subsequent meeting.

Scheduled Items:

- Final Public Hearing for redistricting with revisions to Map 91064.
- Public Hearing: Consider choices of Art Review Board for artwork for Warm Springs Plaza.

Other Business:

• Presentation of 2023-2031 Housing Element plan

Council Communications:• Appointments to Advisory

Bodies: Library Advisory Committee Rohit UpaMaka, Smiti Anand Planning Commission

Jasmin Basrai Senior Citizens Commission Claudette Surma

Mayor Lili Mei Aye
Vice Mayor Raj Salwan,
District 5 Aye
Teresa Keng, District 1 Aye
Rick Jones, District 2 Aye
Jenny Kassan, District 3 Aye
Yang Shao, District 4 Aye
Teresa Cox, District 6 Aye

Workers' wage bill advances

SUBMITTED BY JEFF BARBOSA

As some federal support programs are discontinued, the state Senate Judiciary Committee on April 5 approved SB 1477, authored by SenatorBob Wieckowski (D-Fremont) to enable low-wage workers to improve their financial stability by protecting more of their wages in garnishment cases.

Building on Wieckowski's SB 501 passed in 2015, SB 1477 increases the amount protected in a worker's wages to 80 hours of work at a minimum wage salary. It also restricts the use of civil arrest warrants in consumer debt matters. The bill would double the amount of wages protected from garnishment from \$600 to \$1,200.

"This bill protects workers from falling deeper into debt by safeguarding a larger share of their wages from collection to give them a better chance to stabilize their finances and pay for their basic day-to-day needs as they pay down their debts," Wieckowski said.

"The COVID-19 pandemic has exacerbated many families' financial struggles and widened the gap between rich and poor. Although our unemployment rate is going down, we cannot afford to turn our backs on those who were hit the hardest by the pandemic, especially with rising prices," Wieckowski continued. "SB 1477 is a responsible step to prevent more Californians from experiencing greater financial distress."

SB 1477 is a part of the Building the California Dream Alliance priority legislation package. The Alliance was founded in 2015 to further a progressive, positive vision for California, offering a counterbalance to the influence of anti-worker, anti-environment and special interest policies.

Wieckowski represents the 10th District in the State Senate, which includes southern Alameda County and parts of Santa Clara County. Constituents who need information or assistance on state issues can call the senator's district office at (510) 794-3900 or send an email to https://sd10.senate.ca.gov/contact/email.

Alameda County Water District Board Special Meeting

March 31, 2022

Action Item:

• Resolution to approve a cooperative agreement for a transfer and exchange project of up to 5,000 acre-feet of water between Alameda County Water District and Contra Costa Water District and determine that the project is exempt from the California Environmental Quality Act (CEQA). Motion unanimously adopted.

John Weed, President Aye
Aziz Akbari Aye
James Gunther Aye
Judy Huang Aye
Paul Sethy Aye

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New Lawn - Yard & Hillside Clean Up

Block - Concrete - Artificial Grass

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Birth

Marriage



Fremont Chapel of the Roses (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com



Fremont Memorial Chapel (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

Wayne B. Russell
Resident of Fremont
October 8, 1945 – March 26, 2022
Fremont Chapel of the Roses

Napoleon A. Rodriguez Resident of Fremont August 6, 1951 – March 23, 2022 Fremont Memorial Chapel

Eusebio Santos Resident of Fremont December 16, 1941 – March 22, 2022 Fremont Chapel of the Roses

Beverly A. Coffin Resident of Fremont September 23, 1932 – March 16, 2022 Fremont Chapel of the Roses

Edith Q. Mazo Resident of Lathrop August 23, 1946 – March 16, 2022 Fremont Chapel of the Roses

Bernice F. Alexandre Resident of Newark September 18, 1943 – March 30, 2022 Fremont Chapel of the Roses

Mala Mailo Resident of Fremont September 15, 1936 – March 30, 2022 Fremont Memorial Chapel

Evan M. Trout
Resident of Fremont
August 25, 1936 – April 9, 2022
Fremont Chapel of the Roses

CHAPEL of the ANGELS

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

Hipolito Martinez Resident of FremontDecember 16, 1928 – April 7, 2022

Mai Hoa Hoang Resident of Fremont January 6, 1934 – April 5, 2022

Subbarao Valavala Resident of San Jose March 21, 1941 – April 4, 2022

Kalyani Desai Resident of Fremont March 7, 1967 – April 3, 2022

Kamala Balaraman Resident of Union City November 3, 1939 – April 3, 2022

Theodore Jorgenson Resident of Fremont

January 25, 1941 — March 31, 2022 **Domenica Lamanna**

Resident of Fremont December 21, 1935 – March 31, 2022

Barbara Brumbaugh Resident of Union City March 1, 1938 – March 30, 2022

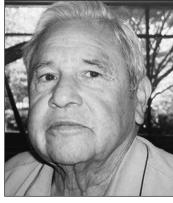
Resident of Livermore December 23, 1947 – March 30, 2022

Marietta Lawhorn Resident of Fremont

May 18, 1926 – March 27, 2022

Hipolito "Polito" Martinez

Obituaries



Hipolito "Polito" Martinez passed away peacefully on April 7, 2022 with his family by his side. He was born to Hipolito and Herminia Martinez in Corpus Christi, Texas on December 16, 1928. Polito has been a resident of Fremont since

Polito is survived by his beloved wife Maria. They were married in 1955 and have shared 67 wonderful years together. Polito is also survived by six of his children and many grandchildren and great grandchildren. Polito was a loving brother to Delia Garcia and Gloria Martinez. Polito was predeceased by his daughter Sylvia.

Polito was an active member of the former St. Leonards Church that is now Our Lady of Guadalupe. He was a member if the Knights of Columbus #2692, American GI Forum of the USA, Guadalupano Group of St. Leonards, and Operating Engineers Local #3. Polito was a World War 2 veteran that served in both the Marines and Army.

Some of Polito's favorite past times included golfing, watching boxing, cooking family meals including Turkey on thanksgiving or assisting Maria in making Tamales.

A viewing will be taking place at Berge-Pappas-Smith Chapel of the Angels located at 40842 Fremont Blvd, Fremont, CA 94538 on April 19th from 5-8 PM with a Vigil Service at 6:30 PM. Mass will take place the following day at Our Lady of Guadalupe located at 41933 Blacow Rd, Fremont, CA 94538 at 11 AM. Burial will follow at Irvington Memorial Cemetery.

LETTER TO THE EDITOR

Easter Holiday: Resurrection or anastasis of coming back to life after death

Easter isn't only about egg hunt. Eggs represent new life and rebirth, and it's thought that this ancient custom became a part of Easter celebrations. So, what is Easter about?

It is about the resurrection of the death, coming back to life after death.

Most historians confirm that a Jew Jesus was crucified and died under Pontius Pilatus. Did he rise from death? If Jesus Christ has not been raised from the dead, Christian belief is in vain and futile. But in fact, Jesus Christ has been raised from the dead.

Were there eyewitnesses?

The resurrected Jesus Christ not only appeared to his twelve apostles, but also to more than five hundred Christian followers. And last but not least to Paul, who had persecuted early believers.

None of the eyewitnesses renounced Jesus's resurrection; most of them were arrested and killed by Jewish leaders or the Roman Empire. None was willing to renounce that Jesus had risen from the dead. If the resurrection was fabricated, why all his followers would go through horrendous suffering rather than deny it?

What the enemies claimed

Jewish leaders claimed that the body of Jesus was stolen, and put a lot of effort into finding it. Six hundred years later, the Quran was written, claiming, it wasn't Jesus who was crucified, but somebody else, who looked like Jesus. Another only 200-year-old hypothesis proposes that Jesus did not die on the cross, but merely fell unconscious ("Swooned"). Then, Jesus went to Kashmir / India and is proposed to be buried in Rauza Bal, Khnayr (City of Srinagar). Forensic pathologist Zugibe argued that it was not possible for Jesus to have survived his crucifixion and no drugs or medications of the time would have been able to stop the pain Jesus had experienced or put him into a deep sleep to feign death.

Looking for a place to learn more or to celebrate?

Easter Sunday April 17
8:30 a.m.: Traditional Worship
11:00 a.m.: Praise & Worship
Prince of Peace
38451 Fremont Blvd., Fremont

Hartmut Wiesenthal, Fremont

Mala Mailo

September 15, 1936 - March 30, 2022

Resident of Fremont

Mala Mailo of Leone, American Samoa passed the way she always wanted to. She never wanted to see her family struggling to let her go. Mala passed peacefully resting in her sleep at the age of 85 in her daughter's home on March 30th in Fremont, CA. She spent her last days being cared for by her daughter Aunoa, her son-in-law Wes and youngest son Fili Jr. in their home.

Mala was born in American Samoa to Molio'o and Fiva on September 15, 1936. She was a widow to Fili Leao Mailo and a supermom to 9 kids; Foai, Mala, Soisoi Jr, Penina, Nuuuli, Aunoa, Laloifi, Ofisa, and Fili Jr.

Mala was a devout Seventh-day Adventist and placed God above all else. She spent her life sharing the gospel of God's love with anyone and everyone. Mala had 9 children but had so many other children she took into her home and cared for. She had a heart of gold and was always more than willing to assist anyone in need. Mala migrated to California in the 1970s to provide better opportunities for her children. She moved to a new country not knowing the language but had faith that could move mountains. She worked incredibly hard as a single Mom

to ensure her children would have the privileges and advantages she never had. Even with all the odds stacked against her, she made it possible for her children. But, she truly believed that the impossible was always possible through Christ. Mala devoted her life to God and her family. She taught her children, grandchildren, and great-grandchildren the importance of having a personal relationship with God and putting family first.

She is preceded in death by her Husband Fili Leao Mailo and 3 daughters Foai, Penina, and Nuuuli.

Mala is survived by her remaining children Soisoi Jr, Mala, Aunoa, Laloifi, Ofisa, and Fili Jr, her 27 grandchildren & 19 great-grandchildren.

A Funeral Service will be held on Monday, April 18, 9am at the Hayward SDA Church, 26400 Gading Rd., Hayward, CA, followed by a burial at Chapel of the Chimes Memorial Park in Hayward. A reception will be held at the Doubletree. Mala Mailo's family wishes to extend our sincerest gratitude to all those who helped in her care. Thank you for the gifts, love offerings, all the words of comfort but especially your



prayers. Your kindness and compassion will never be forgotten. Our Mama will be dearly missed and we will continue to celebrate her life until we meet again in Christ. May she rest peacefully until our Heavenly reunion, long live our Queen Mala Mailo.

Fremont Memorial Chapel 510-793-8900

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Hayward Marsh Restoration

By Dennis Waespi

A site plan for restoration of the Hayward Marsh at Hayward Regional Shoreline, including greater public access, has been approved by East Bay Regional Park District Board of Directors.

A bit of history: the marsh was completed in 1985 by Union Sanitary District and then managed by the park district. It relies on secondary treated wastewater from the sanitary district to provide freshwater and brackish habitat for wildlife and waterfowl.

There are five ponds, controlled by a system of tide gates and channels, with islands for nesting birds including California least terns and Western snowy plovers. The ponds have gradually silted in, reducing the system's ability to treat wastewater and provide habitat. So the sanitary district will soon stop using the area for wastewater discharge. As a result, the park district staff has developed a concept for habitat restoration and public use. The process involved input from the public and other government agencies, including the Hayward Area Shoreline Planning Agency (HASPA).

HASPA is a joint powers agency with representatives from the City of Hayward, the park district, and Hayward Area Recreation and Park District. Its purpose is to coordinate planning activities and carry out policies for improvement of the Hayward shoreline. Through its efforts, more than 3,150 acres have been purchased for public ownership and marshland habitat.

The Hayward Marsh plan envisions improving the connection with other marshes to north and south, constructing an interim levee to preserve habitat for the endangered birds and salt marsh harvest mouse, and

providing an alternate alignment for the San Francisco Bay Trail when future frequent flooding makes the current alignment no longer viable.

With the board's approval, the next step in the process is staff analysis of the project's environmental impacts. The district staff expects to present the conclusions to the board in late summer or early fall of this year.

Speaking of shoreline, the park district has completed and opened a fine new access point to McLaughlin Eastshore State Park, it manages on behalf of the state. It's at Brickyard Cove, located at the end of University Avenue in Berkeley.

Formerly a dump site for dirt and construction debris, the site has been re-graded and wildlife habitat has been restored by the park district, with a \$5 million grant from California State Parks. Attractions include bike racks, restrooms, a water fountain, interpretive panels, and walking paths for recreation and nature study. Not to mention spectacular views of San Francisco Bay and the city. There's parking for 47 vehicles.

Check it out. You won't be disappointed.

Congratulations to Bart O'Brien, director of the Regional Parks Botanic Garden. He has just received the American Horticultural Society's highest honor, the Liberty Hyde Baily Award. The award is given to an individual who has made significant lifetime contributions to at least three horticultural fields: teaching, research, communications, plant exploration, administration, art, business or leadership. Bart O'Brien has been botanic garden director since 2013.

Summer is calling in San Leandro



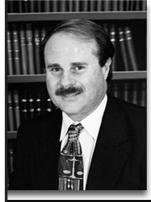
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M-F 10-7 **Evening & Weekends** By Appointment

Medicare weighs premium cut after limiting Alzheimer's drug

By Ricardo Alonso-Zaldivar and MATTHEW PERRONE ASSOCIATED PRESS

Medicare said on April 7 that it's considering a cut in enrollee premiums, after officials stuck with an earlier decision to sharply limit coverage for a pricey new Alzheimer's drug projected to drive up program costs.

The agency "is looking at that, and is still going through the process," spokeswoman Beth Lynk said of a potential reduction in premiums, as Medicare announced its final coverage decision for Aduhelm, a drug whose benefits have been widely questioned in the medical community.

Officials said Medicare will keep coverage restrictions imposed earlier on the \$28,000-a-year medication, paying for Aduhelm only when it's used in clinical trials approved by the Food and Drug Administration or the National Institutes of Health.

The projected cost of Aduhelm was a major driver behind a \$22 increase in Medicare's Part B premium this year, boosting it to \$170.10 a month. That price hike is already being paid by more than 56 million Medicare recipients signed up for the program's outpatient coverage benefit. Lawmakers have called for a rollback and Health and Human Services Secretary Xavier Becerra already directed Medicare to reassess.

The coverage decision illustrates the impact that ingle medication can have on the budgets of individuals and taxpayers. It comes as legislation to authorize Medicare to negotiate prescription drug prices remains stuck in the Senate, part of President Joe Biden's stalled social and climate agenda. That's left Democrats with nothing to show on their promises to cut prescription drug costs, unless they can overcome internal disagreements.

Medicare's determination on Aduhelm included an important caveat. Officials said that if it or any other similar drug in its class were to receive what's called "traditional" FDA approval, then Medicare would open up broader coverage for patients. Such approval is granted when a medication shows a clear clinical benefit.

That was not the case with Aduhelm. It received what's known as "accelerated" approval last year because of its potential promise. But manufacturer Biogen is required to conduct a follow-up study to definitively answer whether Aduhelm truly slows the progression of Alzheimer's. If that study is successful, FDA would grant full approval. That would also open up Medicare coverage.

Dr. Lee Fleisher, chief medical officer of the Centers for Medicare & Medicaid Services, said "there will be quick access for Medicare beneficiaries" for Alzheimer's drugs that receive the traditional FDA approval, after demonstrating a clear benefit.

Aduhelm hit the market as the first new Alzheimer's medication in nearly two decades.

Initially priced at \$56,000 a year, it was expected to quickly become a blockbuster drug, generating billions for Cambridge, Mass.-based Biogen. But although the company slashed the price in half -- to \$28,000 a year -- Aduhelm's rollout has bee

Pushback from politicians, physicians and insurers left the company with just \$3 million in sales from Aduhelm last year. Doctors have been hesitant to prescribe it, given weak evidence that the drug slows the progression of Alzheimer's. Insurers have blocked or restricted coverage over the drug's high price tag and uncertain benefit.

The CMS decision means that for Medicare to pay, patients taking Aduhelm will have to be part of clinical trials to assess the drug's safety and effectiveness in slowing the progression of early-stage dementia. Tamara Syrek Jensen, head of CMS's coverage and analysis unit, said "it's status quo" as far as limitations the agency initially imposed on Aduhelm in January.

The limits stayed on despite a massive lobbying push by the Alzheimer's Association to change Medicare's position, including outreach to members of Congress, online advertising and social media campaigns directed at the agency.

The association, the largest group of its kind, has received contributions from drugmakers, including Biogen. The group's CEO said he was "very disappointed" after reviewing Medicare's decision.

"Denying access to FDA-approved Alzheimer's treatments is wrong," Harry Johns said in a statement. "At no time in history has CMS imposed such drastic barriers to access FDA-approved treatments for people facing a fatal disease."

Aduhelm has sparked controversy since the FDA approved it against the recommendation of outside advisers. The medicine, administered intravenously in a doctor's office, hasn't been shown to reverse or significantly slow Alzheimer's. But the FDA said its ability to reduce clumps of plaque in the brain is likely to slow dementia.

Many experts say there is little evidence to support that claim. And a federal watchdog and congressional investigators are conducting separate probes into how the FDA reviewed the medication.

Alzheimer's is a progressive neurological disease with no known cure. The vast majority of U.S. patients are old enough to qualify for Medicare, which covers more than 60 million people, including those 65 and older, and disabled people under 65.

The reason Aduhelm falls under Medicare's outpatient benefit, and not its pharmacy drug program, is that it's given in a doctor's office. Beneficiary premiums are set to cover about 25% of the cost of outpatient care.

SUBMITTED BY **ERWIN GONZALES**

Although spring has just arrived, many people are already looking forward to summer and many of the activities associated

To help residents prepare, the City of San Leandro has published its Summer 2022 Activities Guide which features information about

summer camps, special events, classes and community resources for children, adults, individuals and senior citizens. It was distributed as a supplement inside the March 31 issue of San Leandro Times newspaper.

Information about specific events, classes and resources listed in the guide, along with fees, is posted on the city's Recreation and Human Services website at sanleandrorec.org. Online,

in-person and mail registration for San Leandro residents opens at 8:30 a.m. Thursday, April 14 with registrations for non-San Leandro residents opening a week later on April 21.

For details, send an email to slrec@sanleandro.org or call (510) 577-3462.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Friday, April 1

• At 3:19 p.m. a man identified by police as Sage Emmenegger, 26, of San Lorenzo was detained at Milpitas station on suspicion of fare evasion. A record check showed two outstanding \$2,500 warrants issued in Alameda County. He also was found to be in possession of drug paraphernalia and suspected fentanyl. He was arrested and booked into Santa Clara County Main Jail.

Monday, April 4

• At 7:30 a.m. a man identified by police as Darnell Shields, 30, of Hayward was arrested at Bay Fair station in San Leandro on a \$10,000 warrant charging vandalism issued by Alameda County Sheriff's Office and a \$1,000 warrant charging theft issued by Pleasanton Police Department. He was booked at Santa Rita Jail.

Tuesday, April 5

• At 8:00 a.m. officers responded to a report about a person waiving a gun around on the platform at San Leandro station. A man identified by police as Marco Senegal, 33, of Oakland was detained and officers determined the weapon was an airsoft gun. Senegal was arrested on suspicion of

being out of compliance with sex offender registration rules, possession of a controlled substance and drug paraphernalia; he was booked into Santa Rita Jail.

Wednesday, April 6

- At 6:55 a.m. a woman identified by police as Sara Hansen, 38, of Arcata was arrested at Hayward station on a \$7,500 warrant charging theft issued in San Francisco, a \$500 warrant charging shoplifting and a \$500 warrant charging possession of drug paraphernalia, both issued in Santa Clara County. She was booked into Santa Rita Jail.
- At 12:21 p.m. a man identified by police as Harrison Repetto, 19, of San Jose was arrested at Hayward station on suspicion of possessing a hidden gun. He was booked into Santa Rita Jail.

Thursday, April 7

• At 1:46 p.m. a man identified by police as Eshawn Harrell, 49, of Berkeley was detained at Milpitas station on suspicion of fare evasion. A record check showed six outstanding warrants totaling \$50,000. He was arrested and booked at Santa Clara County Main Jail.

Friday, April 8

• At 1:03 a.m. officers made a welfare check on an unresponsive adult male on a train at Fremont station. He did not appear to be breathing, so an officer administered two doses of NARCAN, the man regained consciousness and became responsive. He was taken to Washington Hospital for evaluation and treatment.

Fremont Police Log

SUBMITTED BY YANNETH CONTRADA, FREMONT PD

Wednesday, March 30

Sometime between 6:30 p.m. and 9:40 p.m. someone shattered windows from about three vehicles in the parking lot near Toro Sushi, 43785 Bocell Road and removed items from each vehicle.

Friday, April 1

• At about 5:56 p.m. a male entered the Total Wine & More store, 43484 Boscell Road, a

hid more than \$6,000 worth of alcohol in his clothing and exited the store without paying.

• At about 9:58 p.m. officers responded to a report about a catalytic converter theft from a vehicle near the area of Espada Court. Officers soon located a vehicle nearby that matched the suspect vehicle description and detained two male occupants. Inside their vehicle, burglary tools typically used in catalytic converter thefts were seen. Both suspects, identified by police as James Brewer, 52, and Antonio Deanda, 44, both of Hayward were arrested.

Saturday, April 2

• At 4:55 a.m. someone shattered the front entrance door

and ransacked a commercial business at 45461 Industrial Place. More than \$3,000 worth of items were taken.

Monday, April 4

• At 12:49 a.m. a male motorist pulled up next to another vehicle in the area of Irvington Avenue and Fremont Boulevard rolled down his window and confronted the occupant in the other vehicle. The occupant pulled out a firearm and fired one shot at the other vehicle. The victim was uninjured and left the area. The case is being investigated as an assault with a deadly weapon.

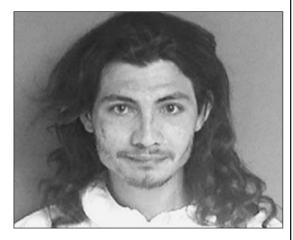
Homicide victim, suspects identified

SUBMITTED BY Union City Police Department

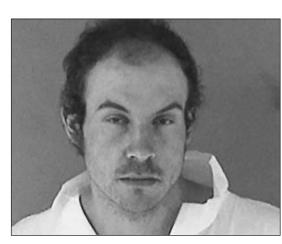
Investigators with the Union City Police Department have identified the victim who died March 23 after a fire in a creek area that borders Union City and Fremont. Additionally, they said the death is being investigated as a homicide and that two suspects have been arrested.

Police said the victim, David Madrid, 67, of Union City was found dead near Isherwood Way and Quarry Lakes Drive. The suspects, identified by police as Andrew Dela Cruz, 24, and Jeramie Cosper, 29, were arrested March 31. Police said the suspects were charged with one count of murder and arson.

An investigation is continuing, and police are asking that anyone who has information to call Detective Fong at (510) 675-5259. Tip information can be left anonymously at (510) 675-5207 or online at Tips@unioncity.org.



Andrew Dela Cruz Credit: Union City Police Department



Jeramie Cosper Credit: Union City Police Department

Hayward Police Log

SUBMITTED BY HAYWARD PD

Tuesday, March 29

- At 1:03 p.m. a victim near the 400 block of Orchard Ave. was approached by an unknown suspect who brandished a firearm and took property from the victim, and then fled the scene on foot.
- At 8:55 p.m. officers responded to a report of a man brandishing a weapon near the 22000 block of Mission Blvd. The suspect initially started to run from arriving officers, but was quickly apprehended and taken into custody.

Wednesday, March 30

• At 12:05 p.m. officers spotted an occupied stolen vehicle parked near the 30000 block of Industrial Parkway, SW. The occupant was taken into custody and the vehicle recovered.

Saturday, April 2

• At 3:04 a.m. officers responded to a report of a shooting near the 2000 block of W. Tennyson Road. Upon arrival, officers located evidence of a shooting. No injuries were reported; an investigation is continuing.

Have unneeded prescription drugs? Here's where to take them

By Rob Klindt

On Saturday, April 30, numerous police departments and other agencies in the greater East Bay and South Bay areas will be partnering with the Drug Enforcement Administration (DEA) on its 22nd National Prescription Drug Take Back Day. The event is designed to give the public an opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs.

People are encouraged to bring their unneeded medications for disposal to their closest participating agency. Most prescription drugs, including pills and patches are eligible for the event, however needles, sharps and syringes cannot be accepted. The service is free and anonymous, with no questions asked.

In addition, e-cigarette and vaping devices will be collected for safe disposal. The DEA will accept these items from individual consumers only after the batteries are removed from them.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription

drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs.

More than 4,200 law enforcement agencies across the nation participated in the last Prescription Drug Take Back Day held in October 2021. For more information, visit the DEA National Take Back Day website at www.dea.gov/takebackday.

Here are local agencies where people can drop off unneeded or expired prescription drugs from 10 a.m. to 2 p.m. on Saturday, April 30:

Alameda County Sheriff's Office

Eden Township Substation 15001 Foothill Blvd. San Leandro

(510) 667-7721

• Fremont Police Department (In partnership with Fremont Elks Lodge)

Elks Lodge

38991 Farwell Drive, Fremont (510) 790-6800

- Hayward Police Department 300 W. Winton Ave., Hayward (510) 293-7000
- Milpitas Police Department 1275 N. Milpitas Blvd.,

Milpitas

(408) 586-2400



FOAM FOR:

IN MOST CASES SAME DAY SERVICE

Mattress Toppers Special Back & Neck Pillows, Wedges

Special Packaging/Cases

and more **MATTRESSES**

Service is our number one product! **CUSHION REPLACEMENTS FOR:** Sofa, Chairs, Window Seats, Boats

Thank you for choosing Bob's Foam Factory products. We are certain you will be pleased with your choice. Since opening our doors in 1979, we have been committed to providing outstanding service, quality and durability. **OPEN TO THE PUBLIC** LARGEST SELECTION IN BAY AREA

OPEN MON-FRI 8:30AM-5:00PM SAT 8:30AM-3:00PM

880 to Auto Mall Pkwy - Exit towards the Hills Rt on Fremont Blvd. - 1/2 mile turn right on Pestana Place

Special Packaging

DIE CUTTING - PACKAGE DESIGN PROTOTYPES

Tell us how you use your foam!

Celebrating 42 Years!

Thank you for your years of support

Homicide Investigation

SUBMITTED BY LT. PAUL KANAZEH

On Saturday, April 9th, 2022, at approximately 2:10 AM, Union City Police Department officers were dispatched to the area of Eric Ct and Kenita Way for a report of gunshots. Upon arrival, officers located a single victim with multiple gunshot wounds. Life saving measures were administered. Alameda County Fire/Paramedics arrived shortly after and pronounced the victim deceased. UCPD Detectives responded and are currently investigating this homicide.

Union City Police Detectives are asking anyone who may have been in the area or who witnessed anything to contact Detective Smith at 510-675-5268 or the Union City anonymous tip line at 510-675-5207. Anonymous tips can also be sent to Tips@unioncity.org

Santa Clara County and San Jose Earthquakes start negotiations for complex

SUBMITTED BY
SANTA CLARA COUNTY
PUBLIC AFFAIRS

The County of Santa Clara and Earthquakes Soccer LLC have entered an Exclusive Negotiating Agreement (ENA) for 12 months to explore the potential of a long-term lease for a soccer complex at the County Fairgrounds.

The plan could include a training facility for Earthquakes Youth Academy program, practice fields, and facilities for the professional Earthquakes Soccer Team. Approximately 14.8 acres of the 34-acre project at the County Fairgrounds would be leased to the Earthquakes. In addition, the County is considering the development of up to six publicly available soccer fields adjoining the Earthquakes site.

Santa Clara County Board of Supervisors received an initial Letter of Interest from the Earthquakes in 2020 to lease land at the Fairgrounds to create soccer fields and associated facilities. This is part of the County Fairgrounds Master Plan to consider leasing proposals for parts of the 150-acre site.

"This is a major step towards our goal of having an elite training center and singular home for all of our teams," said Earthquakes President
Jared Shawlee. "As part of our
club ethos, we wanted to pursue
an opportunity that not only
provided a first-class complex for
our professional and youth teams,
but also to facilitate the
development of the premier
public-use youth and adult soccer
facility in Northern California."

The team training building would consist of locker rooms, a weight room, dining hall, theatre, medical treatment facility and hydrotherapy, equipment and laundry rooms, coach and staff offices, and more. The professional training center would be complemented by 10 full-size soccer fields: four would exclusively serve the Earthquakes, and six turf fields would be dedicated exclusively for year-round public use. All 10 fields would be lighted and at least three of the Quakes' four fields would feature natural grass.

During the period of the Exclusive Negotiating Agreement, the County and Earthquakes Soccer LLC will do an analysis to determine the potential costs and revenues associated with the project, provide additional design and planning details, develop a community engagement plan for the proposed project, and produce a proposed development agreement.

Washington Huskies Boys' Tennis Senior Night

By Angela Xiong

On Friday, April 8, the Washington High School Huskies (Fremont) played with spirit and sentimentality against the Irvington High School Vikings (Fremont) in their final boys' varsity tennis game of the season – senior night.

The tennis courts were decorated with colorful posters dedicated to the senior players, celebrating their growth and commitment to the team over the years. As the game began, families and friends gathered eagerly outside the courts, watching the singles and doubles matches progress steadily. While some

matches were easygoing, others were extremely fast-paced and physically demanding, consisting of smashes and powerful serves. The Huskies and Vikings played a well-matched and skillfully executed game, ending with a close score of 4-3 respectively.

Facing tremendous success this season with a record of 10-1, the Washington Huskies transformed their intense preparation into victorious results. "Our team preparation has gone very well this season. We have done a lot of drills and team bonding exercises to get ready for this win and I think that the team really deserves it." Varsity Co-Captain Senior Jackson Tabish said.

Two Suspects Wanted in Arson and Burglary

SUBMITTED BY
LT. RICARDO CORTES,
FREMONT P.D.

On March 23, 2022, at approximately 8:08 p.m., officers were dispatched to the Walmart on Albrae Street for a report of a large fire. The investigation indicates the incident was an arson that was associated with a burglary involving multiple suspects. The Fremont Police Department is requesting the public's assistance in identifying two suspects.

Suspect One: Light skinned male, medium height and build, wearing a black hat with a white symbol on the front, gray hoodie with white drawstrings, jeans, black/red Nike brand athletic shoes, and a black mask.

Suspect Two: Light skinned male, tall with a medium build, unshaven, wearing a black hat with red Republic of California symbol on the front, black sweatshirt over a white collared shirt, black pants and shoes, and a surgical mask. Suspect two was observed starting the fire in the automotive section of the store.

If anyone has information that could help with this investigation, please contact Detective Travis MacDonald at 510-790-6927 or via email tmacdonald@fremont.gov.

anonymous tips. To send a web tip, go to https://local.nixle.com/tip/alert/5 788118 or text your tip, by typing TIP FREMONTPD followed by your short message to 888777.

We also accept and welcome





TWO SUSPECTS IN MARCH 23, 2022 ARSON AND BURGLARY

Berkeley peregrine falcon finds partner after mate's death

ASSOCIATED PRESS

A peregrine falcon whose longtime mate died this week amid the breeding season appears to have found a new partner to help her hatch two eggs.

Grinnell, one of a beloved pair of peregrine falcons who made their longtime home atop the bell tower at the University of California, Berkeley, was found dead Thursday. Less than 24 hours later, his partner Annie had mated with a new untagged male falcon, Cal Falcons, a group that monitors the birds, said on Twitter Friday.

"When a mated Peregrine dies during the breeding season, the most likely outcome of the nest is abandonment," Cal Falcons tweeted. "In rare cases, a new mate can come in, establish a bond with the remaining individual, and adopt the chicks."

While peregrine falcons typically mate for life, those who lose a partner will seek a replacement after a mate dies.

The new falcon also appeared interested in incubating Annie's eggs and performed multiple courtship displays with Annie after spending the night in her gravel nest, the group said.

"Although these two eggs still might not make it, this is an encouraging development," they said. "We will be keeping our eyes out for prey deliveries and incubation in particular, as those two behaviors will be an indication of a potentially successful nest."

Grinnell was found dead on a street and was likely hit by a car, the group said. Grinnell and

Annie had been nesting atop the university's 307-foot-tall Campanile since late 2016 and produced 13 chicks.

Grinnell was attacked by other falcons last fall and spent nearly three weeks in a wildlife hospital recuperating, while other rivals courted Annie. But he returned and observers felt that the couple was bonding again.

A few hours before he died, Grinnell was seen defending the nest against another peregrine falcon. Cal Falcons said it's possible that the new falcon is the one that Grinnell fought, though an injury on the bird's left foot appears to be older.

In February, Annie vanished from her nest and was briefly presumed injured or dead before returning nearly a week later. Her disappearance made local headlines.

The falcon researchers said they had never seen a female vanish suddenly during peak breeding season and then suddenly return.

Peregrine falcons are considered the world's fastest birds. They can reach 200 miles per hour (322 kilometers per hour) during a hunting dive known as a stoop. The American birds were declared endangered in 1970 because of ingesting prey that was poisoned by DDT and other pesticides. The chemical caused the falcons to produce thin-shelled eggs that couldn't survive until hatching. However, recovery programs brought the bird back from potential extinction.

LETTER TO THE EDITOR

Stop Trampling on the Rights of the Homeless

It was troubling to read Veena Kommu's article (March 29, 2022) on the City of Fremont's forced removal of homeless people near the public library, even though the City's shelters were apparently at capacity. According to the article, the city appears to think that its nuisance ordinance applies to homeless people sleeping on the streets even when no housing or shelter is available to them in the city.

Contrariwise, the Ninth Circuit Court of Appeals has ruled: "an ordinance violates the Eighth Amendment [cruel & unusual punishment] insofar as it imposes criminal sanctions against homeless individuals for sleeping outdoors, on public property, when no alternative shelter is available to them."

This 2019 decision was made in the case of Martin v. City of Boise 902 F3d 1031, 1036. and it remains in effect within the Ninth Circuit's jurisdiction, which includes California, after the U.S. Supreme Court, on December 16, 2019, declined to accept the appeal of the City of Boise.

I suggest that rather than trample on the rights and dignity of its homeless residents, the City of Fremont should follow the good example of the County of San Mateo, which recently publicized its intention to end homelessness in the county in the year 2022, as reported on the County's website and by multiple media.

But wait, maybe there is hope in Fremont because, as reported in Tri-City Voice (March 29, 2022), the city has applied for \$40.2 million in federal funding for "Homekey" housing for the homeless.

P.S. This editor's letter is submitted based on my knowledge and experience as a former attorney.

John Michael Kelly Hayward

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. 22CV009184
Superior Court of California, County of ALAMEDA
Petition of: JUAN CARLOS MARTINEZ ROSA
CARDOZA MARTINEZ for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner JUAN CARLOS MARTINEZ ROSA
CARDOZA MARTINEZ filed a petition with this
court for a decree changing names as follows:
DIEGO ALEJANDRO CARDOZA to DIEGO
ALEJANDRO CARDOZA TO DIEGO
ALEJANDRO CARDOZA MARTINEZ
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: 05/20/2022, Time: 11AM, Dept.: 17, Room:
--The address of the court is 1221 FALLON ST.,

The address of the court is 1221 FALLON ST., OAKLAND, CA 93612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: WHATS HAPPENING TRI CITY VOICE Date: MAR 30, 2022
JUDGE DESAUTELS
Judge of the Superior Court

Judge of the Superior Court 4/12, 4/19, 4/26, 5/3/22

CNS-3574538#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21CV004701 Superior Court of California, County of ALAMEDA Petition of: PARWANA PATMAN SARDAR WALI

Petition of: PARWANA PATMAN SARDAR WALI PATMAL for Change of Name TO ALL INTERESTED PERSONS: Petitioner PARWANA PATMAN SARDAR WALI PATMAL filed a petition with this court for a decree changing names as follows: PARWANA PATMAN to PARWANA BIBI PATMAL WAHID AHMAD TO WAHID AHMAD PATMAL ALINA BIBI TO ALINA BIBI PATMAL FINU ZUHRA TO ZUHRA BIBI PATMAL

FNU ZUHRA TO ZUHRA BIBI PATMAL
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition without a hearing.
Notice of Hearing:
Date: 05-06-2022, Time: 11:00AM, Dept.: 17,
Room: —

The address of the court is 1221 OAK ST., OAKLAND, CA 94612 OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI-CITY VOICE FREMONT
Date: MAR 14, 2022

JUDGE DESAUTELS Judge of the Superior Court 3/29, 4/5, 4/12, 4/19/22

CNS-3567941#

FICTITIOUS BUSINESS **NAMES**

FICTITIOUS BUSINESS NAME STATEMENT File No. 587690

Fictitious Business Name(s): LEARNING AHEAD, 5588 LEMKE PLACE FREMONT, CA 94538, County of ALAMEDA Registrant(s): LEARNING AHEAD, 5588 LEMKE PLACE FREMONT, CA 94538

Business conducted by: A CORPORATION The registrant began to transact business using the fictitious business name(s) listed above on declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ BOBBY Y. LAI

This statement was filed with the County Clerk of

This statement was filed with the County Clerk of Alameda County on MAR 25, 2022

Alameda County on MAR 25, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in

pursuant To section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/12, 4/19, 4/26, 5/3/22

CNS-3573121#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 587754
Fictitious Business Name(s):
5 STAR TRADER, 39331 DRAKE WAY,
FREMONT, CA 94538, County of ALAMEDA
PROJECTACIÓN

STAR TRADER, 39331 DRAKE WAY, FREMONT, CA 94538, County of ALAMEDA Registrant(s):
MAQBOOL AHMED, 39331 DRAKE WAY, FREMONT, CA 94538, County of ALAMEDA Business conducted by: AN INDIVIDUAL The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is MAQBOOL AHMED
This statement was filed with the County Clerk of Alameda County on MAR 29, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/22

CNS-3572259#

FICTITIOUS BUSINESS NAME STATEMENT File No. 587667

File No. 30 7007
Fictitious Business Name(s):
GANESH BHAVAN, 39742 CEDAR BLVD,
NEWARK, CA 94560, County of ALAMEDA orporation. **39742 Cedar Blvd.**

NEWARK, CA 94560, County of ALAMEDA Business conducted by: A COPORATION The registrant began to transact business using the fictitious business name(s) listed above on 03-30-2012 declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].
/s/ KALAKA CO, VIVEGANANDAN

VIJAYARAGAVAN

VIJAYARAGAVAN
This statement was filed with the County Clerk of Alameda County on MAR 25, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/22

CNS-3571871#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 587668
Fictitious Business Name(s): SATYA SWEETS, 39742 CEDAR BLVD, NEWARK, CA 94560, County of ALAMEDA Pagistrant(s):

KALAKA CORPORATION, **39742 CEDAR BLVD**

KALAKA CORPORATION, 39742 CEDAR BLVD, NEWARK, CA 94560, County of ALAMEDA Business conducted by: A CORPORATION The registrant began to transact business using the fictitious business name(s) listed above on 33-30-2012 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ KALAKA CO

one thousand dollars [\$1,000].) (S) KALAKA CO
This statement was filed with the County Clerk of Alameda County on MAR 25, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3571866#

CNS-3571866#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 587684
Fictitious Business Name(s):
AUTO EMPORIUM, 3588 ELLERY COMMON,
FREMONT, CA 94538, County of ALAMEDA
Registrant(s):

Registrant(s):
KHATERA DANISHYAW, 3588 ELLERY
COMMON, FREMONT, CA 94538, County of

Business conducted by: AN INDIVIDUAL

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

Is/ KHATERA DANISHYAW
This statement was filed with the County Clerk of

one thousand dollars [\$1,0001.)

//s/KHATERA DANISHYAW

This statement was filed with the County Clerk of Alarmeda County on MAR 25, 2022

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

// CNS-3571858#

CNS-3571858#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 587370
Fictitious Business Name(s):
ASCENSION WELLNESS, 4643 JOANNA
COURT, FREMONT, CA 94536, County of
ALAMEDA
Registrant(s):
STEPHEN JAMES BRENNA, 4643 JOANNA
COURT, FREMONT, CA 94536, County of
ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
Is/ STEPHEN BRENNA
This statement was filed with the County Clerk of
Alameda County on MAR 16, 2022
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another

authorize the use in this state of a fictitious business name in violation of the rights of anothe under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/22

CNS-3571851#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 587484
Fictitious Business Name(s):
CHOICE ONE REALTY AND INVESTMENT, 111 PALACIO CT., FREMONT, CA 94539, Count ALAMEDA Registrant(s): HYONG C YOO, 111 PALACIO CT., FREMONT,

CA 94539

Dusiness conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above or

02-07-2014 I declare that all information in this statemen

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ HYONG C YOO

This statement was filed with the County Clerk of

one thousand dollars [\$1,000].)

Si HYONG C YOO

This statement was filed with the County Clerk of Alameda County on MAR 18, 2022.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/22

CNS-3569600#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 587470
Fictitious Business Name(s):
THINK POSITIVE PUBLISHING / TP
PUBLISHING, 531 FLORA PL, FREMONT, CA
94536, County of ALAMEDA
Recistrant(s): Registrant(s): EVA DEVASI, **531 FLORA PL, FREMONT, CA**

Registrant(s):
EVA DEVASI, 531 FLORA PL, FREMONT, CA 94536, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is IEVA DEVASI
This statement was filed with the County Clerk of Alameda County on MAR 18, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

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14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/22

CNS-3568952#

FICTITIOUS BUSINESS NAME STATEMENT File No. 587467

Fictitious Business Name(s):
COMPASS ACADEMY OF EDUCATION, 46132
WARMSPRINGS BLVD #101, FREMONT, CA
94539, County of ALAMEDA
MAILING ADDRESS: 990 YUCATAN CT.,
FREMONT, CA 94539

Registrant(s): SASH LLC, 990 YUCATAN CT., FREMONT, CA Business conducted by: A LIMITED LIABILITY

COMPANY
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeapor punishable by a fine not to eyect. misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ VAISHNAVEE RAGAVAN

/s/ VAISHNAVEL RAGAVAN
This statement was filed with the County Clerk of Alameda County on MAR 18, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

nied before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/22

CNS-3568550#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 587405
Fictitious Business Name(s):
EIKOD HOLDINGS, 4700 WARM SPRINGS
BLVD, FREMONT, CA 94539, County of
ALAMEDA
MAILING ADDRESS: 602 WINDMILL COURT,
FREMONT, CA 94539
Registrant(s):

MALLING ADDRESS: 602 WINDMILL COURT, FREMONT, CA 94539 Registrant(s): GEORGE L. WHALEY, 4700 WARM SPRINGS BLVD, FREMONT, CA 94539, County of ALAMEDA Business conducted by: AN INDIVIDUAL The registrant began to transact business using the fictitious business name(s) listed above on 07-01-2016

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ GEORGE L. WHALEY This statement was filed with the County Clerk of Alameda County on MAR 16, 2022 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

flied before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/29, 4/5, 4/12, 4/19/22

CNS-3567946#

FICTITIOUS BUSINESS NAME STATEMENT File No. 587365 usiness Name(s):

HOLLY PROPERTY MANAGEMENT, 37091 HOLLY ST., FREMONT, CA 94536, County of ALAMEDA

ALAMEDA
MAILING ADDRESS: 16416 SW CORNUS CT.,
SHERWOOD, OR 97140
Registrant(s):
HAE EUN LEE, 37091 HOLLY ST., FREMONT,
CA 94536, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
//s/ HAE EUN LEE
This statement was filed with the County Clerk of

one thousand dollars [\$1,000].)
/s/ HAE EUN LEE
This statement was filed with the County Clerk of Alameda County on MAR 16, 2022
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/22

CNS-3567932#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 586600
Fictitious Business Name(s):
ANGELICA'S CARROS, 37400 JOSEPH ST.,
FREMONT, CA 94536, County of ALAMEDA
Pagistraptic, 1986

Registrant(s): WILLY ORONA, **37400 JOSEPH ST., FREMONT,**

Registrant(s): WILLY ORONA, 37400 JOSEPH ST., FREMONT, CA 94536, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ WILLY ORONA
This statement was filed with the County Clerk of Alameda County on FEB 22, 2022

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/22, 3/29, 4/5, 4/12/22

GOVERNMENT

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS CITY PROJECT NO. 22-01 NOTICE TO CONTRACTORS

Sealed proposals for the work shown on the plans entitled: 2022-23 UNION CITY CITYWIDE STREET PAVEMENT REHABILITATION PROJECT, CITY PROJECT 22-01, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Tuesday, May 10th, 2022, 2:00PM PST, at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A or C-12 California contractor's license at the time this contract is awarded.

contract is awarded.
Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990.

requirements pursuant to Government Code Section 12990. Bid Package & Bid Package Location. All of the project work is to be done in accordance with the bid package on file with the Public Works Department - City of Union City, 34009 Alvarado Niles Road, Union City, California 94587. Eligibility to bid on this project requires bid package to be electronically obtained from the City. Bid package may be obtained at no charge via email request to the City at publicworks@unioncity.org. Non-biddable plans and specifications shall be available to view at various Builders' Exchanges throughout the Bay Area.

General Work Description: The work to be done, in general, consists of grinding/milling

of existing asphalt concrete pavement, asphalt concrete spot repairs on various roadways, hot mix asphalt paving, provide associated traffic control measures, lane & crosswalk striping, control measures, lane & crosswalk striping iron adjustment, minor concrete work, and other such items indicated and required by the plans, Standard Specifications, and these technical

Standard Specifications, and these technical specifications.
All questions should be emailed or fax to Trieu Tran of City of Union City, email: trieut@unioncity.org or fax to (510) 489-9468. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond.
Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates

set forth in the special provisions. It there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wages rates.

wage rates.
Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined which the Works to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are no file with the Department of Industrial Relations are referenced by the property of the property Engineer Estimate: \$ 1.0 Mil CITY OF UNION CITY

<u>DATED: April 7th, 2022</u> 4/12, 4/19, 4/26, 5/3, 5/10/22

CNS-3574833#

NOTICE TO CONTRACTORS
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on May 4, 2022 Due to the extension of the Shelter in Place there will not be a public bid opening for this project. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the same day.

and the initiating department representative. A preliminary bid result will be posted on the City's website the same day.

FREMONT FAMILY RESOURCE CENTER I AND II ADA UPGRADES

A MANDATORY PRE-BID CONFERENCE: A conference will be held on April 20, 2022 at 10:00 a.m., at the following location: 439155 & 39175 Liberty Street, Fremont, CA, at the parking lot to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is mandatory. A bidder who fails to attend a mandatory conference may be disqualified from bidding. Contractors who attend the conference are required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest Covid-19 County Guidance. Given the current environment, this may change. If so, potential bidders will be advised by the issue of an addendum. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 orthrough Plarwellat www.e-arc.com/location/santa-clara or via Phone(408) 295-5770. Please reference BID #22-028 No partial sets will be issued,cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov
JANICE BECERRA
PURCHASING DIVISION CITY OF FREMONT 4/12, 4/19/22

CITY OF FREMONT
SUMMARY OF ADOPTED ORDINANCE NO. 03-2022
AN ORDINANCE OF THE CITY OF FREMONT
REZONING A 224-ACRE SITE AT 40517-40525
ALBRAE STREET AND 6000 STEVENSON
BOULEVARD FROM P-2006-10 ("THE
GLOBE" PLANNED DISTRICT) TO P-2021160 (PRELIMINARY AND PRECISE PLANNED DISTRICT), TO ALLOW A THREE-BUILDING,
APPROXIMATELY 397,000-SQUARE-FOOT
INDUSTRIAL DEVELOPMENT
On March 15, 2022, the City Council introduced
the above Ordinance rezoning a 22.4-acre site at
40517-40525 Albrae Street and 6000 Stevenson
Boulevard from P-2006-10 ("The Globe" Planned
District) to P-2021-160 (Preliminary and Precise
Planned District), to allow a three-building,
approximately 397,000-square-foot industrial
development (PLN2021-00160).
The foregoing ordinance was introduced before

development (PLN2021-00160). The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 15th day of March, 2022, and finally adopted at a regular meeting of the City Council held on 5th day of April, 2022, by the following vote: AYES: Mayor Mei, Vice Mayor Salwan, Councilmembers: Keng, Jones, Kassan, Shao, and Cox

and Cox NOES: None ABSENT: None

ABSTAIN: None

SUSAN GAUTHIER CITY CLERK

4/12/22 CNS-3574326#

CITY OF FREMONT
ORDINANCE NO. 02-2022
AN ORDINANCE OF THE CITY OF FREMONT
AMENDING FREMONT MUNICIPAL CODE
SECTIONS 2.05.130 AND 2.10.110 REGARDING
ADOPTING COUNCIL DISTRICT MAPS BY
RESOLUTION AND OTHER CONFORMING
CHANGES

ADDP ING COUNCIL DISTRICT MAPS BY RESOLUTION AND OTHER CONFORMING CHANGES
THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS: SECTION 1. FMC SECTION 2.05.130 AMENDED Fremont Municipal Code Section 2.05.130 is amended in its entirety to read as follows:

Sec. 2.05.130 Establishment of city council electoral districts. Six City Council districts are hereby established in the City of Fremont. The boundaries and identifying number of each district shall be as described on the "Official City Council District Map" adopted by resolution of the City Council and on file in the Office of the City Clerk." SECTION 2. FMC SECTION 2.10.110 AMENDED Fremont Municipal Code Section 2.10.110 is amended in its entirety to read as follows:

Sec. 2.10.110 Removal. Removal of the city manager shall be only by a vote of at least four members of the city council at a regular meeting of the council; provided, that the vote of five members of the council shall be required to remove a city manager within 60 days after the city manager's appointment or within the 60 days after any election at which one or more members are elected to the city council.

SECTION 3. SEVERABILITY

If any section, subsection, sentence, clause or phrase of this Ordinance is for any reason held

are elected to the city council.

SECTION 3. SEVERABILITY

If any section, subsection, sentence, clause or phrase of this Ordinance is for any reason held by a court of competent jurisdiction to be invalid, such a decision shall not affect the validity of the remaining portions of this Ordinance. The City Council of the City of Fremont hereby declares that it would have passed this Ordinance and each section or subsection, sentence, clause and phrase thereof, irrespective of the fact that any one or more sections, subsections, sentences, clauses or phrases be declared invalid.

SECTION 4. EFFECTIVE DATE
This Ordinance shall take effect and will be enforced thirty (30) days after its adoption.

SECTION 5. PUBLICATION AND POSTING
The City Clerk has prepared and published at least five days before the date of adoption, this ordinance once in a newspaper of general circulation printed and published in Alameda County and circulated in the City of Fremont. A certified copy of the full text of the ordinance was posted in the office of the City Clerk since at least five days before this date of adoption. Within fifteen (15) days after adoption of this ordinance, the City Clerk shall cause the ordinance to be published again with the names of those City Council members voting for and against the ordinance; and the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office, and the City Council members voting for and against the ordinance; and the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City Clerk shall post in the office of the City

The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 1st day of March, 2022, and finally adopted at a regular meeting of the City Council held on the 5th day of April, 2022, by the following vote:

AYES: Mayor Mei, Vice Mayor Salwan, Councilmembers: Keng, Jones, Kassan, Shao, and Cox Councillrie..
and Cox
NOES: None
ABSENT: None
ABSTAIN: None
SUSAN GAUTHIER
CITY CLERK

NOTICE TO CONTRACTORS
FY 2021-2022 CITYWIDE ACCESSIBLE
PEDESTRIAN CURB RAMPS
PROJECT NO. 1277
The City Council of the City of Newark invites sealed bids for the construction of public improvements for FY 2021-2022 Citywide Accessible Pedestrian Curb Ramps, Project 1277, City of Newark, Alameda County, California. Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. If the bid is sent by mail,

the sealed bid envelope shall be enclosed in the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID

PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. Sealed bids must be delivered to the City Clerk of the City of Newark at 37101 Newark Boulevard, Second Floor Administration Office, Newark, California 94560, before 11:00 a.m. on Tuesday, May 3, 2022. At that time, all bids will be publicly opened, examined and declared in the City Council Chambers at the City of Newark David W. Smith City Hall, 37101 Newark Boulevard, First Floor.

First Floor.

To attend the bid opening by web browser, please use the Zoom link below for video and audio: From a PC, Mac, IPad, IPhone or Android device: https://luoSóweb.zoom.us///88657866195?pwd=d mgzY205M1htMzRxRmNiSDNhL0dNUT09
Webinar ID: 886 5786 9195, Passcode: 372687 (to supplement a device without audio, or to just call in, please also join by phone: US: +1 669 900 6833).

900 6833). City of Newark David W. Smith City Hall is City of Newark David w. Smith City Hall is currently open limited hours only, Monday through Thursday, 8:00 a.m. to 1:00 p.m. The City will continue to comply with the Centers for Disease Control and Prevention (CDC), Occupational Safety and Health Administration (OSHA), and local health agencies to provide a safe workplace for City staff and customers. In the event a new or updated COVID-19 Health Order is issued preventing the delivery or opening of bids as or updated COVID-19 Health Order is issued preventing the delivery or opening of bids as prescribed above in this Notice To Contractors, alternative provisions will be made for bid submittals at the same time and location. Any such provisions will be made available to all plan belders with an Addendum. holders with an Addendum.

The improvements are generally described as follows:

follows:

Remove existing concrete sidewalk, curb, gutter, valley gutter, and curb ramps; and install new ADA-compliant curb ramps with detectable warning surfaces at various locations within the City of Newark.

The City reserves the right to increase or decrease the work quantity from the project, if necessary, to stay within funding limitations at the sole discretion of the City Engineer. It is the City's intent to award the contract for this work on May 26, 2022.

Plans and Specifications for the work may be

City's Intent to award the contract for this work on May 26, 2022.
Plans and Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen. gordon@newark.org. Information regarding obtaining Plans and Specifications or a list of plan holders is available by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen.gordon@newark.org. All technical questions should be directed to Ms. Trang Tran, Senior Civil Engineer, at (510) 578-4298 or by E-mail to trang.tran@newark.org. No pre-bid meeting is scheduled for this project. However, Bidders are strongly urged to visit the job site before submitting bids. Submission of a bid shall be considered as an acknowledgement of site investigation.

of site investigation.

The Contractor shall possess a valid Class A or C-8 California Contractors license at the time

bid shall be considered as an acknowledgement of site investigation. The Contractor shall possess a valid Class A or C-8 California Contractors license at the time of the bid opening. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the proposal. As of July 1, 2014, all Contractors bidding on this project are required to register with the Department of Industrial Relations (DIR) and pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015. The City of Newark reserves the right to reject any or all bids, and to waive any minor informalities, irregularities and/or bid non-responsiveness that does not influence the competitive nature of the bid. The City Council will award the project, if it is awarded, to the lowest responsible Bidder as determined by the Total Bid. The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics or the Department of Industrial Relations or the State of California. These wages are least equal to the gener

Shellar Anakhis Ton, city Clerk City of Newark, Alameda County, California Publish Dates: Tuesday, April 12, 2022, Tuesday, April 19, 2022 4/12, 4/19/22

CNS-3574181# CITY OF FREMONT
PUBLIC NOTICE OF A PUBLIC HEARING
The City Council of the City of Fremont hereby
gives notice, in accordance with its Resolutions of
Intention (shown below), that the City Council will

conduct a public hearing to consider the levy and collection of annual assessments for the 2022/23 fiscal year for Fremont Landscaping Assessment District 88.

RESOLUTION STATING THE INTENT TO LEVY AND COLLECT ASSESSMENTS FOR LANDSCAPING ASSESSMENT DISTRICT 88

FOR FISCAL YEAR 2022/23

(Duranust to the Level prairies and Lighting Act of

(Pursuant to the Landscaping and Lighting Act of 1972 and Proposition 218)
The City Council of the City of Fremont Resolves:
The City Council intends to levy and collect the current assessments within Fremont Landscaping
Assessment District 88 for the fiscal year 2022/23.
The District is located in the City of Fremont, Alameda County. The improvements are generally described as follows: Maintenance of landscaping strips and open space areas including trees, shrubs, ground cover, and automatic irrigation systems generally extending from the curb to the property line. In accordance with the City Council's property line. In accordance with the CITy Council's resolution ordering the preparation and filing of an Engineer's Report, Harris and Associates has filed with the City Clerk, an annual report required by the Landscaping and Lighting Act of 1972 and Proposition 218 respectively. All interested persons are referred to those reports for a full and detailed description of the improvements, the boundaries of the assessment district and the proposed assessments upon assessable the boundaries of the assessment district and the proposed assessments upon assessable lots and parcels of land within the assessment district. On Tuesday, the 7th day of June 2022, at the hour of 7:00 o'clock P.M., the City Council will conduct a public hearing and then take-action regarding the annual Engineer's Report and levying assessments for Fiscal Year 2022/23. The public hearing will be held in the Fremont City Council Chambers, 3300 Capitol Avenue, Fremont, California. The City Clerk is authorized and directed to give the notice of public meeting and public hearing required by the Landscaping and public hearing required by the Landscaping and Lighting Act of 1972 and Proposition 218. For additional information or to review the report, email afreeman@fremont.gov. SUSAN GAUTHIER, CITY CLERK

4/12/22 CNS-3574087#

NOTICE OF FINDING OF NO SIGNFICANT
IMPACT AND NOTICE OF INTENT TO
REQUEST RELEASE OF FUNDS
April 12, 2022
City of Fremont, Department of Human
Services
3300 Capitol Avenue, Building B Fremont,
CA 94538

300 Capitol Avenue, Building B Fremont, CA 94538 (510) 574-2043
These notices shall satisfy two separate but related procedural requirements for activities to be undertaken by the City of Fremont, Department of Human Services.

REQUEST FOR RELEASE OF FUNDS
On or about April 27, 2022, the City of Fremont, Department of Human Services will submit a request to the U.S. Department of Housing and Urban Development for the release of \$750,000 in Community Development Block Grants (CDBG)/Entitlement Grants. \$190,000 in CDBG CARES Act Grants, and \$3,000,000 in HOME American Rescue Plan Act funding, as authorized by the Housing and Community Development Act of 1974, Title 1, Part 24, Section 570, Public Law 93-33, 88 Stat. 633, 42 U.S.C. 5301-5321, as amended, to undertake a project known as Homekey Round 2 at Motel 6 for the purpose of providing affordable housing. Shangri-La Industries, LLC proposes to develop Homekey Round 2 at Motel 6. The project involves acquisition and rehabilitation of 159-units of affordable housing on a 40,432 square-foot parcel (APN 519-1687-53) with address 46101

PUBLIC NOTICES

Research Avenue in Fremont, Alameda County, California 94539. The proposed action would conduct minor renovations to the existing Motel 6 to adhere to the latest CALGreen requirements, and the latest health and safety codes in order to maintain occupancy, and to properly house homeless people that have been impacted by the COVID-19 pandemic. The minor renovations include the following:

- ADA compliance

- Backfilling the existing pool

- Installation of convertible kitchenettes in each unit.

- Installation of convertible kitchenettes in each unit.
- Upgraded finishes to the fire/life/safety system, the mechanical, electrical, and plumbing (MEP) system, landscape and hardscape, and access control points and security cameras.
- Installation of energy-efficient appliances, water conservation plumbing equipment, drought-tolerant landscaping, and if possible, installation of solar panels.

Total project cost is estimated to be \$33,421,417.
- FINDING OF NO SIGNIFICANT IMPACT
- The City of Fremont, Department of Human Services has determined that the project will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA) is not required. Additional project information is contained in the Environmental Review Record (ERR) on file at the 3300 Capitol Avenue, Building B, Fremont, CA 94538, and may be examined or copied weekdays 9:00 A.M. to 5:00 P.M.

- PUBLIC COMMENTS

to 5:00 P.M.

PUBLIC COMMENTS

Any individual, group, or agency may submit written comments on the ERR to Robert Lopez, City of Fremont, Department of Human Services, 3300 Capitol Avenue, Building B, Fremont, CA 94538. All comments received by 5:00 PM on Tuesday, April 26, 2022, will be considered by the City of Fremont prior to submission of a request for release of funds. Comments should specify which Notice they are addressing.

submission of a request for release of funds. Comments should specify which Notice they are addressing.

ENVIRONMENTAL CERTIFICATION
The City of Fremont, Department of Human Services certifies to U.S. Department of Housing and Urban Development that Robert Lopez in his capacity as Community Development Block Grant Administrator consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. HUD's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities and allows the City of Fremont, Department of Human Services to use Program funds.

funds.

OBJECTIONS TO RELEASE OF FUNDS

U.S. HUD Office will accept objections to its release of fund and the City of Fremont, Human Service'scertification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases:

(a) the certification was not executed by the Certifying Officer of the City of Fremont, (b) the City of Fremont has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR part 58; (c) the grant recipient or other participants in the development process have committed funds, incurred costs or undertaken activities not authorized by 24 CFR Part 58 before approval of a release of funds by HUD; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58, Sec. 58.76) and shall be addressed to Kimberly Nash, Director of Community Planning and Development, United States Department of Housing and Urban Development, One Sansome Street, Suite 1200, San Francisco, CA 94104. Potential objectors should contact HUD to verify the actual last day of the objection period. Robert Lopez Community Development Block Grant Administrator, Human Services Department 4/12/22

NOTICE OF FINDING OF NO SIGNIFICANT IMPACT AND NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS (Amended) April 12, 2022
City of Fremont, Department of Humar

3300 Capitol Avenue, Building B Fremont, CA 94538 (510) 574-2043

(510) 574-2043
These notices shall satisfy two separate but related procedural requirements for activities to be undertaken by the City of Fremont, Department of Human Services.

REQUEST FOR RELEASE OF FUNDS

REQUEST FOR RELEASE OF FUNDS
On or about April 27, 2022, the City of Fremont,
Department of Human Services will submit a
request to the U.S. Department of Housing and
Urban Development for the release of \$1,000,000
in HOME Grant Funding,as authorized by the
Housing and Community Development Act of
1974, Title I, Part 24, Section 570, Public Law
93-33, 88 Stat. 633, 42 U.S.C. 5301-5321, as
amended, to undertake a project known as Bell
Street Gardens for the purpose of providing
affordable housing. affordable housing.
Resources for Community Development proposes

Resources for Community Development proposes to acquire and develop the Fremont Islander/Bell Street Gardens project located at 4103 Mowry Avenue, Fremont, Alameda County, California 94538. The proposed project consists of two buildings. Building I entails the revitalization of the existing Islander Motel. Renovations include the addition of a third story to provide a total of 79 apartment units on the 1.11-acre site (APN 501-0930-020-02). The unit mix will be 54 studios, 12 one-bedroom units and 13 two-bedroom units. There will be 48 covered and uncovered parking spaces which includes two Electric Vehicle (EV)

ready parking spaces. Amenities will include a welcoming lobby with access from Bell Street, in-building resident services, in-building laundry, and a community room that opens toward a shared outdoor patio and landscaped courtyard. An elevator will be added to improve accessibility throughout the building, and a bridge will be added to connect the two wings of the building at the second and third levels. Building II of the project entails new construction of a new family housing development on two adjacent parcels that total 0.86 acres (APNs 501-0930-018 and -019). Both are vacant parcels. A new, four-story building will be constructed with 49 apartment units. The unit mix will be 24 one-bedroom units, and to the constructed with apartment units. 42 parking spaces will be provided with on grade covered and uncovered parking. Amenities will include a welcoming lobby along Bell Street, in-building resident services, in-building laundry, an exercise room, and a large community room that will open onto a shared courtyard with patio and play area. This building will share a driveway and Emergency Vehicle Access with the Building I renovation. A total of 42 parking spaces will be provided on the Building II sten. After completion, the project will provide a total of 90 parking spaces. Both buildings are affordable housing for a low-

the project will provide a total of 90 parking spaces. Both buildings are affordable housing for a low-income population of which 25% of units are reserved for tenants with special needs. The total project cost is estimated to be \$99,450,000.

FINDING OF NO SIGNIFICANT IMPACT The City of Fremont, Department of Human Services has determined that the project will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA) is not required. Additional project information is contained in the Environmental Review Record (ERR) on file at the 3300 Capitol Avenue, Building B, Fremont, CA 94538, and may be examined or copied weekdays 9:00 A.M. to 5:00 P.M.

PUBLIC COMMENTS

to 5:00 P.M.

PUBLIC COMMENTS

Any individual, group, or agency may submit written comments on the ERR to Robert Lopez, City of Fremont, Department of Human Services, 3300 Capitol Avenue, Building B, Fremont, CA 94538. All comments received by 5:00 PM on Tuesday, April 26, 2022, will be considered by the City of Fremont prior to submission of a request for release of funds. Comments should specify which Notice they are addressing.

Comments should specify which Notice they are addressing.

ENVIROMENTAL CERTIFICATION The City of Fremont, Department of Human Services certifies to U.S. Department of Housing and Urban Development that Robert Lopez in his capacity as Community Development Block Grant Administrator consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. HUD's approval of the certification satisfies its responsibilities under NEPA and related laws

and authorities and ailows the City of Fremont, Department of Human Services to use Program funds.

OBJECTIONS TO RELEASE OF FUNDS
U.S. HUD Office will accept objections to its release of fund and the City of Fremont, Human Service's certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the City of Fremont; (b) the City of Fremon thas omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR part 58; (c) the grant recipient or other participants in the development process have committed funds, incurred costs or undertaken activities not authorized by 24 CFR Part 58 before approval of a release of funds by HUD; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 56) and shall be addressed to Kimberty Nash, Director of Community Planning and Development, United States Department of Housing and Urban Development, One Sansome Street, Suite 1200, San Francisco, CA 94104. Potential objectors should contact HUD to verify the actual last day of the objection period.

Robert Lopez
Community Development Block Grant
Administrator, Human Services Department
4/12/22

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF TONYA WILLIAMSON CASE NO. RP22122348

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: TONYA WILLIAMSON Court of California, County of ALAMEDA. The Petition for Probate requests that CHYNA WILLIAMSON be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the

Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on MAY 2, 2022 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA

If you object to the granting of the petition. you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate,

you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk

court cierk.
Attorney for Petitioner: ADAM W.
FERGUSON, ESQ., FERGUSON LAW
GROUP, INC., 1886 THE ALAMEDA, SAN
JOSE, CA 95126, Telephone: 408-296-3/29, 4/5, 4/12/22

CNS-3570468#

Las Positas College's Elham Mausumi named Coca-Cola **Academic Team Gold Scholar**

SUBMITTED BY DIONICIA RAMOS

Las Positas College (LPC) student Elham Mausumi has been named a Coca-Cola Academic Team Gold Scholar and 2022 Phi Theta Kappa (PTK) All-California Award winner.

Mausumi's selection as a Coca-Cola Gold Scholar was based on scores she earned in the All-USA Academic Team competition, which more than 2,000 applications were received this year. As Gold Scholar, Mausumi will receive a \$1,500 scholarship and a commemorative medallion from Coca-Cola Scholars Foundation, which sponsors the Coca-Cola Academic Team program, awarding nearly \$200,000 in scholarships annually.

Students are nominated for the All-USA Academic

Team by their college administrators. Selection is based on academic achievement, leadership and engagement in college and community service.

Mausumi's distinction as a 2022 PTK All-California Award winner was based on academic performance, leadership and community service. She was among 114 students chosen from California Community Colleges for the All-California Academic First, Second and Third Teams. PTK launched the All-State Academic Team program to provide recognition at the state level for top community college students.

An LPC psychology major with plans to pursue a medical degree in psychiatry, Mausumi hopes to transfer to a four-year university this fall and continue working towards her bachelor's degree with a minor in public health. During her time at LPC, she has been a member of Psi Beta, Alpha Gamma Sigma (AGS) and Mu Alpha Theta honor societies. She served as the vice president of the Psychology Club and the community service chair of AGS.

Mausumi also volunteered as a crisis counselor for Crisis Text Line and has been an intern at International Bipolar Foundation. She completed numerous honors projects with LPC professors, which led to her Honors Scholar designation.

"Elham Mausumi represents the very best of Las Positas College and this recognition is well deserved,' stated Dr. Dyrell Foster, president of Las Positas College.



achievements and we celebrate her commitment to community service as part of her student journey."

LETTER TO THE EDITOR

Don't Walk on **Auto Mall Pkwy**

When I got off the bus after the Auto Mall Pkwy and Fremont Blvd intersection, my heart stopped. Right there at the bus stop, I saw tire tracks leading to a destroyed fence and damaged home. It was apparent that a car had lost control and crashed at the bus stop. If my daughter had been waiting at that same bus stop, distracted on her phone, unaware of an out-of-control car barreling towards, she'd be dead.

Auto Mall Pkwy is dangerous for pedestrians and bus users. I'm not suggesting that we ban pedestrians from Auto Mall, but we do need to rethink how we can reposition bus stops on Auto Mall so we spend less time on the high-speed corridor.

Currently, the option for the 2,700 residents whom live at the motor homes and the apartment complex at the corner of Auto Mall and Grimmer are to walk up to 15 minutes alongside cars speeding over 45 mph on Auto Mall Pkwy to get to what the San Jose Mercury News wrote as "One of 'America's Sorriest Bus Stops." The alternative bus stop is to walk over 15 minutes in the opposite direction, across the 880 highway overpass, towards the Target at Pacific Commons. It's a suicide for a pedestrian to spend so much time next to high-speed traffic.

If we reposition the bus stops on Auto Mall so that it minimizes the amount of time a pedestrian has to walk on Auto Mall, we could mitigate the risk of their vulnerability to crazy drivers. We should open a new bus stop in front of Unitek College, and reconsider other bus stops along Auto Mall going towards

Pacific Commons. Bus stops should be located closer to where people live, work, study and shop.

In 2016, the Fremont City Council had adopted a "Pedestrian Master Plan." It states that "Fremont is a community that inspires people of all ages and abilities to walk for everyday transportation, recreation and health." Further, it explains that "...in a quality city, a person should be able to live their entire life without a car and not feel deprived."

In 2015, the City adopted a "Vision Zero Policy" which promises better facilities for vulnerable users such as pedestrians.

In 2013, the City adopted a "Complete Streets Policy", which intends to design an integrated transportation network that allows safe and convenient travel for all users.

Fremont, let's keep those promises. The San Jose Mercury article about the Sorriest Bus Stop in America noted that it had "remained unchanged for four years". Don't say that AC Transit needs to take care of this. AC Transit just turns around and says Fremont needs to do sidewalk improvement first. This finger pointing is getting us nowhere. Let's not wait for a fifth year of no-changes. Let's not wait until a pedestrian dies of a moto

> Maria Caluag **Fremont**

Workshop for caregivers of individuals with Parkinson's Disease

SUBMITTED BY ROBERT MAGBANUA

Powerful Tools for Caregivers is a proven six-week program to reduce stress and improve caregiver health. The course is taught by trained class leaders and enables caregivers to develop their own self-care tools that reduce stress, help change negative self-talk, communicate needs to family members and healthcare providers, and develop a process for making tough caregiving decisions.

Program materials focus on the current and ongoing caregiver principles to help caregivers thrive, even while caring for their loved one. This program has been offered for over 10 years at Muhammad Ali Parkinson Center, a Parkinson's Foundation Center of Excellence and served over 10,000 caregivers.

This free workshop will focus specifically on caregivers, partners, or family members of individuals with Parkinson's Disease. The program consists of six weekly virtual session meetings for 90 minutes. The Caregiver Help book will be



Program instructor Nancy Flores

provided to all participants and is a great resource even after the program has finished. You can find testimonials for this workshop and sign-up at www.unioncity.org/parkinsons. Space is limited so make sure to sign-up early.

Workshop for caregivers of individuals with Parkinson's Disease Workshop Begins: Wednesday,

May 4 4:30 pm - 6pm Virtual meetings Contact Robert Magbanua: robertmagbanua@unioncity.org (510) 675-5600

Free



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continued from page 1

Celebrate Easter!

In 2022, Easter will be observed on Sunday, April 17. (Traditionally, Easter is observed on the Sunday following the first full moon after the Spring Equinox.) Christian Churches will be holding services to remember the crucifixion and resurrection of Jesus Christ. Around the East Bay Area, cities and local organizations are celebrating the secular side of the holiday with egg hunts, photos with the Easter Bunny, and general spring-related fun. Check out some events near you!

77th Egg Hunt & Bonnet parade Saturday, April 16 9 a.m. Parade registration starts 9:30 a.m. Bonnet Parade for kids 6 and under Kids model their homemade bonnets, followed by an egg hunt **Kennedy Park** 19501 Hesperian Blvd., Hayward HaywardRec.org

Union City Egg Hunt Saturday, April 16 9:30 a.m. - 12:30 p.m. Egg hunts, preschool raffle basket, goodie bags (please wear a mask) Kennedy Park 1333 Decoto Rd., Union City Tickets: \$5 advance; \$10 Day-of https://www.unioncity.org/192/ Community-Recreation-Services

Eggstravaganza San Lorenzo Saturday, April 16 10 a.m. - 12 noon Easter bunny, Mr. Softee, magician, egg hunt, crafts &

more Little League Park 1062 Grant Ave., San Lorenzo www.alamedakids.org/eggstravaganzaslz

Brunch with the Bunny Saturday, April 16 10 a.m. - 1 p.m. Egg decorating, bunny crafts, balloon animals, photos with **Easter Bunny** Barbara Lee Senior Center **Community Room** 40 N. Milpitas Blvd., Milpitas Tickets: Kids ages 2 and up: \$12; Adults: \$8 https://www.ci.milpitas.ca.gov/ brunch-with-the-bunny

> Springfest Saturday, April 16 10 a.m. - 5 p.m.

Marina Park 13801 Monarch Bay Dr., San Leandro Tickets: \$5 Eventbrite.com

Easter Celebration Saturday, April 16 11 a.m. – 1 p.m. Arm painting, photos with Easter Bunny (bring camera), balloon maker Block Plaza near **Dick's Sporting Goods** 43923 Pacific Commons Blvd., Fremont https://pacificcommons.com/

Easter Worship Sunday, April 17 8:30 am: Traditional Easter Worship 11:00 am: Praise & Worship **Prince of Peace Church** 38451 Fremont Blvd., Fremont (510) 793-3366 www.popfremont.org

Family Easter Celebration Sunday, April 17 9 a.m. – 1 p.m. Games, prizes, candy for kids ages 1-18 Newark Presbyterian 35450 Newark Blvd., Newark patch.com RSVP by April 14 to brian@newarkpres.org

Earthy Eggs Sunday, April 17 1 p.m. – 2 p.m. Dye Easter eggs using plants and spices Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont www.ebparks.org

Rabbit Rendezvous Saturday, April 23 10:30 a.m. - 11:00 a.m. Meet the farm rabbits! Learn why they have big ears and their favorite food. **Ardenwood Farm** 34600 Ardenwood Blvd., Fremont

www.ebparks.org/parks/ardenwood

Spring Craft Show Sunday, April 24 12 noon – 6 p.m. Shop local crafters, artists, bakers and cooks Century House & Gardens 37447 Fremont Blvd., Fremont www.centuryhousegardens.com



Image via Pixabay



Dr. Vera Barreto Packard HERS Breast Cancer Foundation Executive Director 2008-2017

Hope Award



The Buentello Family Volunteers and Annual Walk/Run Footprints Booth Creators

Empowerment Award



Dr. Bogdan Effinie Co-Director, Joint Medical Oncology Service of WHHS/UCSF

Renewal Award



Ramil Sumalpong

Volunteer and Founder of Iconic Lab **Support Award**

13th Annual People with Purpose

A GALA TO BENEFIT UNDERSERVED BREAST CANCER PATIENTS

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