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June 1, 2021

Vol. 19 No. 21



Niles

WHERE REEL HISTORY WAS MADE

SUBMITTED BY MICHAEL BONHAM

The medium of silent film began over 125 years ago, starting with Thomas Edison’s “Black Maria” studio in Orange, New Jersey in 1894. More than a century later, the Niles Essanay Silent Film Museum is helping the public enjoy and appreciate the historical significance of this wonderful art form.

In 1995, film historian David Kiehn came to Niles gathering intel for a screenplay he was writing about the Essanay film company, where over 350 films were made from 1912 to 1916. Kiehn started

Continued on page 5

Exotic Bird Mart and Expo comes to Alameda County Fairgrounds



SUBMITTED BY EXOTIC BIRD MART & EXPO

Experience a market like no other and socialize with hundreds of bird enthusiasts! The Exotic Bird Mart and Expo aims to create a fresh and unique experience for long time pet lovers, while attracting the

Continued on page 16



LOCAL FAMILY SERVES UP REAL ICE CREAM

BY STEPHANIE GERTSCH

Crossing I-880 at the intersection of Stevenson and Albrae, you will find a shopping center that looks like it hasn’t changed much from the 60s. However, there’s more than the nearby Walmart to draw locals to this area, as new restaurants are popping up—including Northern California’s first Bruster’s Real Ice Cream, run by Fremont natives.

“I’m actually a retired teacher/administrator from Fremont Unified School District,” says Jan March, who co-owns the shop with her husband and two sons. “This is kind of like my post-retirement gig.” The family has lived in Fremont for the last 20 years.

The process of acquiring this location started four years ago when a former furniture store was subdivided into restaurants.

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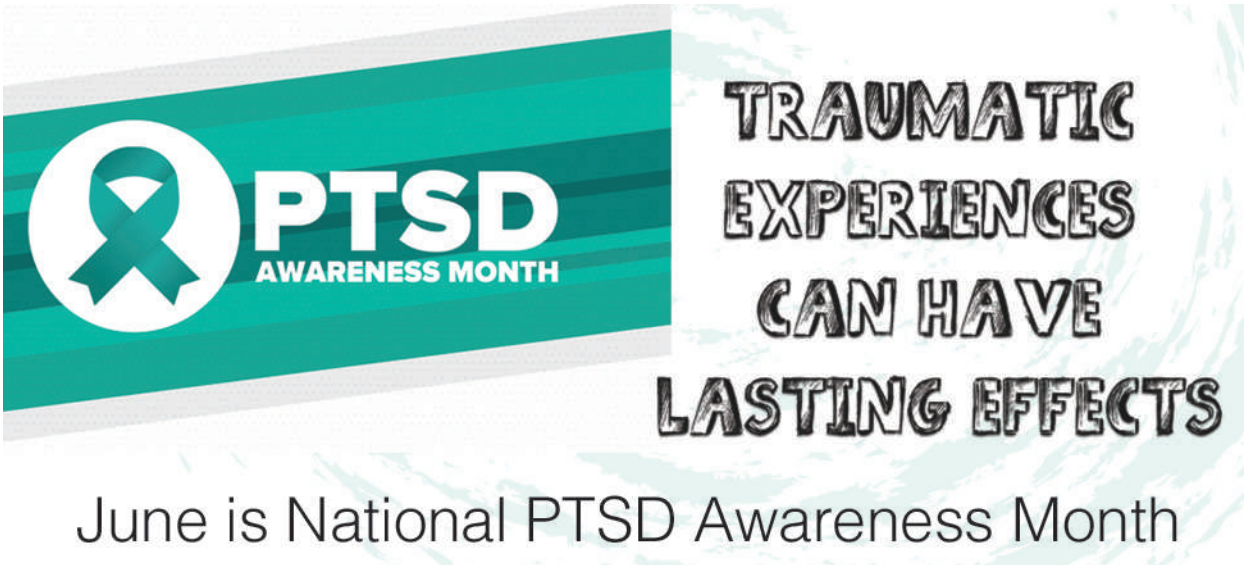
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June is National PTSD Awareness Month

After World War I, the term “shell shock” was used to describe chronic symptoms like panic and sleep problems experienced by combat soldiers. Now called post-traumatic stress disorder (PTSD), much has been learned about this common mental health condition that results from experiencing or witnessing a terrifying event.

June is National PTSD Awareness Month, designed to spread the message that even though PTSD treatments work, most people with the disorder don’t get the help they need. Experiencing trauma is common and can happen to anyone. It is estimated that 8 percent of the U.S. population will have PTSD at some point in their lives, and women are more than twice as likely to develop PTSD than men.

PTSD is a complex disorder because the causes, symptoms and effective therapies vary widely among those who develop it. For example, PTSD can result from being bullied; getting caught in a natural disaster; becoming a victim of physical, verbal or sexual abuse; having a car accident; or even suffering through a serious medical condition like COVID-19.

“By definition, PTSD can be brought on by any event a person perceives to be traumatic,” said Catalina Villa,

MD, a psychiatrist with Washington Township Medical Foundation. “Not everyone experiencing the same trauma will develop the disorder, as each of us process and manage our stress differently. Those with more resiliency may work through the situation, while others struggle to adjust and cope.”

The onset of PTSD can begin shortly after the initial trauma, or manifest after many years have passed if the person’s memories about the event have been repressed. Many symptoms are associated with PTSD, but the most common ones include nightmares, anxiety, hypervigilance, distressing flashbacks, panic attacks, and avoiding people or things associated with the trauma. These signs must be present for more than a month for a person to be diagnosed with PTSD.

Regular stresses of daily life can increase the severity of PTSD symptoms as can reminders of the trauma. For example, someone may relive combat experiences when hearing a car backfire or another person may see a news report about a sexual assault and feel overcome by frightening memories of their own attack. Added pressures we are all facing regarding the pandemic and recent civil rights protests—some of which have led to violence in our

community—are resulting in heightened mental health issues. An unknown future, fear for our personal safety, and increased civil unrest can lead to depression and anxiety which can act as triggers for PTSD-related symptoms.

In more severe cases, called complex PTSD, the person suffering the disorder shows classic signs of PTSD as well as other more debilitating symptoms. These can include mistrust of others, loss of hope and faith, uncontrollable feelings like explosive anger or ongoing sadness, and dissociation—which is feeling detached from your emotions and body.

“If PTSD is left untreated, the symptoms can persist and worsen to the point where the person loses their basic ability to function at home and work, and maintain relationships with their friends and family,” said Dr. Villa. “It’s critical for someone living with PTSD to get help from a mental health professional so they can process the trauma and move on toward an improved quality of life.”

Treatment for PTSD often includes a combination of medications and psychotherapy, though each case is unique and requires a customized approach. Patients are carefully evaluated to determine which path of therapy is right for them. Some of the techniques include cognitive behavioral therapy, which helps the patient find new ways to cope by changing their thought patterns; psychoanalysis, a form of in-depth talk therapy that aims to bring deeply buried thoughts to the conscious mind; and desensitization therapy, which substitutes fears with relaxation response.

Dr. Villa added, “This past year, the COVID-19 pandemic has people more stressed than usual as they worry about their health, being isolated from loved ones, and financial concerns. These new fears and anxieties can bring on PTSD signs and other mental health issues. I urge those in our community to call their doctor, a counselor or a psychiatric professional if they need help or know someone who does.”

For more information on Washington Township Medical Foundation’s psychiatry services or to schedule an appointment, call 510.248.1820.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on Facebook & Twitter



InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	6/1/21	6/2/21	6/3/21	6/4/21	6/5/21	6/6/21	6/7/21
12:00 PM 12:00 AM	Diabetes Matters: Glucose Monitoring	Washington Township Health Care District Board Meeting May 12, 2021	Advanced Treaments for Knee Pain	Managing Diabetes During Challenging Times	Mental Health Education Series: Mental Wellness	Ortho Overuse Injuries: Prevention and Treatment	The Signs and Symptoms of Sepsis
12:30 PM 12:30 AM	Metabolic Disorders		Early Detection and Prevention of Female Cancers	Diabetes Matters: Dining Out Around The World			
1:00 PM 1:00 AM				How to Prevent Financial Elder Abuse/Fraud	Washington Township Health Care District Board Meeting May 12, 2021	Gastrointestinal Disorders	Mental Health Education Series: Anxiety Disorders
1:30 PM 1:30 AM	Women's Health Conference: Reclaiming Your Confidence		Mental Health Education Series: Understanding Mood Disorders	Aortic Valve Disease: Treatment Options Including TAVR			
2:00 PM 2:00 AM	Colon Cancer		Food Pharmacy: Prescription for Colon Health	Anxiety: Stop Negative Thoughts		Washington Township Health Care District Board Meeting May 12, 2021	
2:30 PM 2:30 AM		Sick Feet?			Don't Let Hip Pain Win		Sports Medicine Program: Why Does My Shoulder Hurt?
3:00 PM 3:00 AM	Diabetes Matters: Exercise IS Medicine	Preventive Screenings: When and Why are They Important?	Chronic Kidney Disease: FAQ	Washington Township Health Care District Board Meeting May 12, 2021		Vitamins & Supplements: How Useful Are They?	
3:30 PM 3:30 AM	Diabetes Matters: Latin Foods	Solutions for Weight Management			Diabetes Matters: Diabetes & Eyes		
4:00 PM 4:00 AM	Stress Management		How To Stop Disease Before It Starts	Washington Township Health Care District Board Meeting May 12, 2021		Mental Health Education Series: Family Support	Women's Health Conference: Women & Stroke: Are You at Risk?
4:30 PM 4:30 AM		Diabetes Matters: Filipino Food Made Healthy			Diabetes Matters: Asian Indian Cooking		
5:00 PM 5:00 AM	Medicare: What You Need to Know	Family Caregiver Series: Advance Health Care Planning & POLST	Active Living: Yoga Exercises	Intro to Radiation Oncology Therapy	Diabetes Matters: Asian Fusion		
5:30 PM 5:30 AM		Diabetes Matters: Diabetes Complications and Amputation				Preventive Care: What You Need To Know	
6:00 PM 6:00 AM	Washington Township Health Care District Board Meeting May 12, 2021	FB Live: Staying Fit While Working From Home	Suffer From Sinus Problems?	Women's Health through the Years: Screening is Key to Aging Well	Keeping Your Brain Healthy	From One Second to the Next	Washington Township Health Care District Board Meeting May 12, 2021
6:30 PM 6:30 AM		Mindful Healing				Endometriosis: Causes, Symptoms, Diagnosis and Treatment	
7:00 PM 7:00 AM			Healthy Eating: Prescription for Health	Washington Township Health Care District Board Meeting May 12, 2021	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery		
7:30 PM 7:30 AM		Learn the Latest Treatment Options for GERD				Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Laugh without Leaking: Understanding Female Urinary Incontinence
8:00 PM 8:00 AM	Family Caregiver Series: Tips for Navigating the Healthcare System	Fremont Bank Staying Healthy in 2021	Family Caregiver Series: Fatigue and Depression	Family Caregiver Series: Nutrition for the Caregiver	Inside Washington Hospital: Advanced Treatment of Aneurysms	COVID-19: The Road Ahead	Wound Care: The Latest Treatment Options
8:30 PM 8:30 AM	Strategies to Help Lower Your Cholesterol and Blood Pressure						
9:00 PM 9:00 AM		Diabetes Matters: Italian Foods	Diabetes Matters: Heart Healthy Foods & Diabetes	Hepatitis B and Liver Cancer: Prevention and Treatment	Treating Neck and Back Pain from Home	Interventional Radiology (IR) for Vascular Disease	When Your Heart Needs A Little Help
9:30 PM 9:30 AM	Enlarged Prostate: Causes, Symptoms and Treatment	FB Live: Maintaining Your Mental Wellness During the COVID-19 Pandemic					
10:00 PM 10:00 AM			FB Live: Noontime in the COVID-19 Kitchen	Fall Prevention	Family Caregiver Series: Managing Family Dynamics in Caregiving	Diabetes Matters: Diabetes and Kidney Health	Women's Health: Depression, More Than a State of Mind
10:30 PM 10:30 AM							
11:00 PM 11:00 AM							
11:30 PM 11:30 AM							

Curvature of the Spine

What Does That Mean?

June is National Scoliosis Awareness Month

An X-ray can indicate scoliosis, a curvature of the spine.



When a physician says you or your child has scoliosis, or curvature of the spine, the first reaction may be fear—it sounds serious. But what does it mean? How common is it, and what happens next?

Scoliosis, or curvature of the spine, is a physiological occurrence where the spine, rather than growing in a straight line from the neck to the bottom of the back, develops a sideways curve. This is usually in either an “S” shape or a “C” shape. While scoliosis can occur during fetal development in pregnancy, the condition most often develops as a child grows and becomes noticeable during adolescence, according to Dr. Ranjana Sharma. Scoliosis may also occur in children with other severe diseases, particularly muscular dystrophy or cerebral palsy, both of which can affect muscular development and use.

For most individuals with scoliosis where the curve is 10 percent or less, the symptoms are mild and do not require surgical or other major medical intervention. According to Dr. Sharma, scoliosis is often discovered during a child’s annual medical exam. Other cases are found when a child is required to have a sports exam, or may be noticed by a coach.

Exams usually focus on uneven hips or shoulders and other physical signs of uneven spinal alignment. Complaints of pain or wakefulness during the night which interrupts sleep are other signs, Dr. Sharma noted. However, the patients who may have a more severe curve with a Cobb angle of 40 degrees or more, disruptive symptoms such as lung and heart issues, as well as persistent pain from the curvature—particularly around the neck and shoulders—may develop over time, prompting a visit to the doctor.

Nationally, scoliosis occurs in about 3 percent of the population. Generally, the same percentage of girls/women and boys/men develop scoliosis. However, that ratio changes with the more severe cases. The incidence of a severe curve (30 percent curve or more), is 10 to 1 in women as compared to men. The cause of this disparity is not known.

Scoliosis can be genetic and run in families. If one sibling has scoliosis, there is up to a 7 percent chance another sibling in the family may develop it. The correlation runs higher when a parent has scoliosis for one or more children in the family to develop the condition. If scoliosis is a factor in the family, the family’s physician should be told so he/she can watch to see if the condition develops.

When a youth is identified with scoliosis, a discussion with both the

parents and the child is very important, Dr. Sharma said.

Though most cases are not serious, a small percentage may need future treatment. “If necessary, the patient needs to understand what has occurred and what the future may bring in terms of symptoms or limitations on activities.”

Scoliosis, when promptly diagnosed and appropriately treated is not a disruptive condition for most children or adults with the condition, Dr. Sharma emphasized. There are instances where more advanced treatment may be needed; at that point, a primary care physician would refer the patient to a specialist.

For more information on scoliosis see srs.org. For help finding a physician in the Washington Township Medical Foundation, see mywtmf.com.



Virtual Health & Wellness

facebook.com/WashingtonHosp
youtube.com/whhsInHealth

Wednesday, June 30
3:30 p.m.

Fun Fresh Summer Cooking Demonstration

Summertime brings opportunities for outdoor grilling and family fun. Food options do not need to be unhealthy choices in order to taste good. Learn how to incorporate nutritious and delicious foods into your next cookout.

San Leandro to celebrate Pride Month

SUBMITTED BY PAUL SANFTNER

In recognition of June 2021 as Pride Month in San Leandro, numerous events are planned to celebrate the city's diversity and its LGBTQ community.

Starting at 10:00 a.m. Tuesday, June 1, the Progress Pride Flag will be raised in front of City Hall at 835 E. 14th St. The ceremony is free and open to the public, but because of public health orders that remain in effect, attendees are asked to maintain social distancing. The ceremony and flying flag will also be visible from East 14th street and to passing motorists. Photos will be shared on the city's social media pages.

The City Council meeting agenda for June 7 will include a Mayoral proclamation declaring June 2021 as Pride Month in San Leandro. The proclamation will additionally recognize the 27th Anniversary of the Lavender Seniors of the East Bay for their many years of active work supporting the local LGBTQ community.

"As one of the most diverse cities in the United States, I believe is important to welcome and celebrate our spirit of inclusivity, and to embrace opportunities to recognize our rich diversity," said Mayor Pauline Russo Cutter. "When I was first elected to public office over 20 years ago, I ran on a platform that included addressing LGBTQ issues in our schools. Since that



time, it is encouraging to see the social progress that has been made, and our ability to celebrate together as a community of kindness."

A link where people can view the reading and adoption of the proclamation will be posted on the City of San Leandro website. To access it, visit www.sanleandro.org, then select "About the City" from the navigation bar and choose "Agendas/Meeting Central" from the drop-down menu and follow the prompt to the June 7 City Council meeting.

Astrophotography with your Smartphone

By DAVID PROSPER

Have you ever wanted to take nighttime photos like you have seen online, with the Milky Way stretched across the sky, a blood-red Moon during a total eclipse, or a colorful nebula? Many astrophotos take hours of time, expensive equipment, and travel, which can intimidate beginners to astrophotography. However, anyone with a camera can take astrophotos; even if you have a just smartphone, you can do astrophotography.

Do not expect Hubble-level images starting out. However, you can take surprisingly impressive shots by practicing

several basic techniques: steadiness, locked focus, long exposure, and processing. First, steady your smartphone to keep your subjects sharp. This is especially important in low light conditions. A small tripod is ideal, but an improvised stand, such as a rock or block of wood, works in a pinch. Most camera apps offer timer options to delay taking a photo by a few seconds, which reduces the vibration of your fingers when taking a shot.

Next, lock your focus. Smartphones have an auto focus setting, which is not ideal for low-light photos, especially if the camera readjusts focus mid-session. Tap the phone's

screen to focus on a distant bright star or streetlight, then check for options to fine-tune and lock it. Adjusting your camera's exposure time is also essential. The longer your camera is open, the better light it gathers - essential for low-light astrophotography. Start by setting your exposure time to a few seconds. With those options set, take a test photo of your target!

If your phone's camera app does not offer these options, you can download apps that do. While some phones offer an "astrophotography" setting, this is still rare as of 2021. Finally, process your photos using an app on your phone or computer to bring out additional detail. Post-processing is the secret of all astrophotography.

You now have your own first astrophotos. Wondering what you can do next? Practice: take



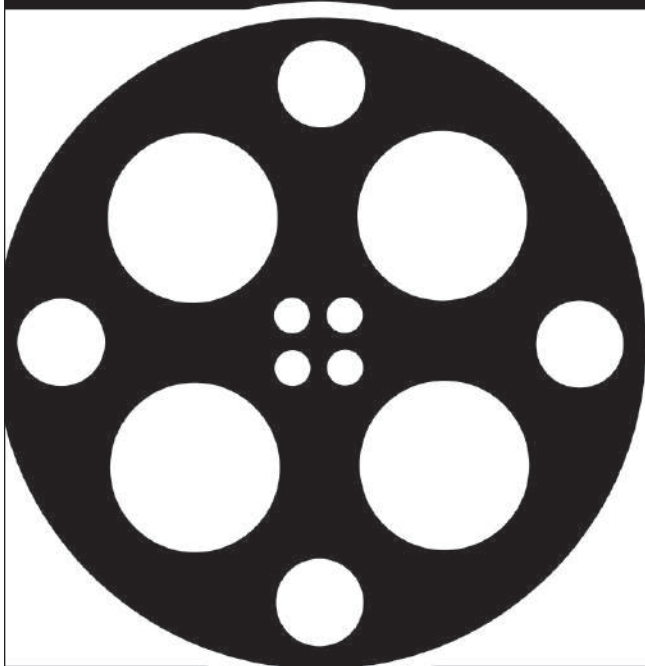
lots of photos using different settings, especially before deciding on any equipment upgrades. Luckily, amazing resources are available for budding astrophotographers.

NASA has a free e-book with extensive tips for smartphone astrophotography at bit.ly/smartastrophoto, and you can also join the Smartphone Astrophotography project at bit.ly/smartphoneastroproject. Members of astronomy clubs often offer tips or even lessons on astrophotography; you can find a

club near you by searching the "Clubs and Events" map on the Night Sky Network's website at nightsky.jpl.nasa.gov. May you have clear skies!

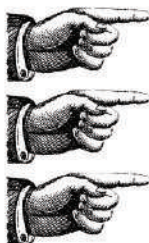
This article is distributed by NASA Night Sky Network. The Night Sky Network program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit <https://nightsky.jpl.nasa.gov/index.cfm> to find local clubs, events, and more.

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Continued from page 1

Niles WHERE REEL HISTORY WAS MADE

gathering photographs and information and word got out. He was asked to speak at a Niles Main Street Association board meeting. Soon after, the idea of a festival showcasing silent films from Niles Essanay was mentioned. The Niles Essanay Preservation Committee was formed, and the first film festival happened in 1998. Committee members were able to contact one of the world's leading film preservationists, David Shepard, who not only offered to loan film prints, but graciously offered to come with his own equipment and project the films himself!

By 2001, committee members decided to incorporate into their own 501c3 non-profit organization... Niles Essanay Silent Film Museum, Inc. was born!

The Broncho Billy Silent Film Festival was held at different venues in the historic Niles district of Fremont for the next six years. We were looking for a permanent home for the festival and a place to tell the Essanay story to the public. We found that place in 2004 when the first nickelodeon theater built in Niles became available. The theater operated from 1913 until 1924 when a new and larger theater was built next door (that second building burned down in 1959). After 1924, the first theater became a dance hall, storage

warehouse, karate studio, and then a photographer's studio.

In 2004, we leased the auditorium and began screening silent films every Saturday night in January of 2005, always with live musical accompaniment and using the original tin-lined projection booth! Over the next few years, we began to lease each of the three storefronts on the street-side of the building as they became available. Ultimately, they would house the museum store, increase our exhibition space and return the middle space back to its original use – as the lobby that leads to the theater auditorium.

After renting the facility all these years, our museum acquired the property in 2020 due to the generosity of our landlords, Victoria (Vickie) Lopez and her son Allen. Mrs. Lopez generously put the museum building and adjacent parking lot into a trust to be donated to our non-profit organization upon her death. She lived a good long life and passed at the age of 93 in late 2019. We were given the keys to the building just a few weeks before shelter-in-place was mandated.

Our volunteer-run, non-profit 501c3 organization did the "Covid pivot" and have produced monthly programs online since last June. Those programs will continue online for at least the next few months as we have a large project in front of us. We are now planning on renovating, restoring and upgrading the property and taking the building back to its roots as a real silent film theater.

We're beginning a major fundraising campaign to complete foundation work, update the infrastructure – especially electrical and plumbing – refurbishing the



building while maintaining its historic integrity. Some parts of the building will be restored to their original look, including the front façade. Restoring the auditorium will bring it back to its authentic heyday when it was a silent film theater from 1913 to 1924.

For the first time in well over a year, we're hosting a live—yes, live—socially-distanced fundraising social for our museum

in the parking lot. The highlight of the June 6 social will be the unveiling of an architectural model of the building as it will look when finished.

If you are interested in supporting the arts and historical preservation, please stop by! If you can't make it on the day, we are also able to accept checks made out to NESFM and sent to: 37417 Niles Blvd., Fremont, CA 94536. You can also donate online at <https://nilesfilmmuseum.org/>. All online donations made between now and June 6 will go to the building renovation fund.

Your generosity will surely make our museum one of the crown jewels of the Bay Area. A promotional video for the social (produced by Zack Sutherland) is available on our YouTube channel.

Live open house to support film museum
Sunday, June 6
12 noon
Niles Essanay
Silent Film Museum
37417 Niles Blvd., Fremont
(510) 494-1411
<https://nilesfilmmuseum.org/>



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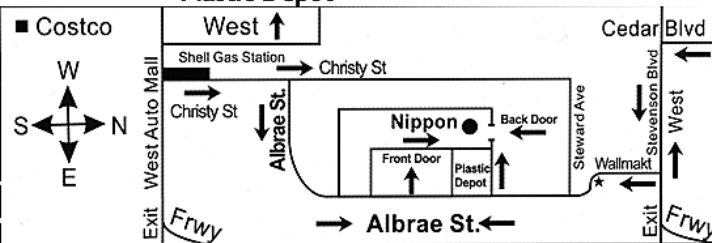
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TRASH TALK



SUBMITTED BY THE PICKUP ARTIST

This is the fifth edition of Trash Talk, a column devoted to cleaning up our neighborhoods.

So you've decided to become a "collector" like me? Here are some tips to make your efforts safer and more effective.

First, wear GLOVES. You don't know where the trash has been, so better to be safe than sorry. Besides bacteria, etc., there are sticky and sharp objects. I don't care for the thin rubber gloves; they wear out too soon. I use some that are closer to gardening gloves, with rubberized palms and fingers for gripping. They also enable use of a cell phone. This comes in handy if you use a reporting app like Access Hayward's to report your findings for pickup by the city.

Good walking shoes will be appreciated by the end of your trek. And don't forget your Fitbit—might as well get credit for your miles!

I'm not particularly into "bend and stretch," so will use a grabber to avoid constant squatting and touching items I may prefer to keep at a distance. A grabber also helps keep you going longer, and may prevent some uncomfortable muscle cramps. It's entirely your choice. Some prefer more exercise.

Large trash bags are great for clean-ups. I usually keep four to six with me. The bright orange ones I get through the Hayward program are more visible for the truck drivers to see, and are generally recognized as not containing someone's laundry, for example.

Wear a Day-Glo vest. While you are doing your neighborhood a service, a distracted driver may not see you. We don't want to lose any volunteers! Vests are provided to volunteers—for free!—during Hayward's "Keep Hayward Clean and Green" events. If you want your own, they are they are available for around \$5 at most hardware stores.

I prefer wearing sunglasses and a hat. You may also consider using sunscreen. Even though the CDC is loosening up the requirement of wearing a mask outside, I plan to continue doing so for a while.

I seem to find a lot of abandoned infant car seats. Thrift stores are not allowed to sell them due to the possibility of recalls or decreased safety if they have been in an accident. But much of these seats can be recycled! Remove the car seat cover and any padding underneath it. Discard the fabric, foam padding, straps and mixed metal-plastic pieces and small plastic pieces with your regular trash. Mark the plastic as expired or unsafe. Recycle the bulky plastic body and all-metal pieces. Both Target and Walmart have had annual car seat recycle events. When you take an old or expired car seat in, the store offers a perk related to that store. Check with them for this year's dates.

The quote for today:

"You're alive, you might as well be glad." —Neil Diamond in 'Surviving the Life'

Answer to the last Trash Talk Question: What was the most unidentifiable item I found?

Several four to five-foot-long cylinders, about 6" in diameter. They seemed to be made of some kind of dark, glass-like material, Very heavy, breakable, and with sharp edges. If you have any ideas, please let me know. Unfortunately, I don't have a picture of them; that was before I started using the Access Hayward app.

The Trash Talk Question for today:

What were the most reusable items I've found?
Answer in the next edition.

Send comments or questions to ThePickupArtist-KHCG@outlook.com.

Competitive youth soccer tryouts set in Fremont

SUBMITTED BY RUSH SOCCER

Fremont Rush, local chapter of Rush Soccer, the largest network of youth soccer clubs in the United States, is holding tryouts for players through June 12.

The goal of Rush Soccer is to create a professional pathway for young soccer players, with instruction from the organization's extensive network of professional coaches and technical staff. Rush officials believe training with their current teams and coaches is the best way to evaluate outside players and for them to evaluate Rush. Once you've registered, a Rush coach will reach out to schedule your training day.

For tryout schedule, location and registration details, visit the Fremont Rush website at www.fremontrush.com.



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Youth tutors sought for summer program

SUBMITTED BY FUSS

To help students recover from learning loss, Fremont Unified Student Store (FUSS) hopes to provide free online tutoring support for Fremont Unified School District students who need to catch up on various subjects this summer.

To accomplish that goal, FUSS is looking for volunteers who are currently in seventh through 12th grades to be youth tutors. For details, and to sign up, visit the FUSS website at www.fuss4schools.org.

Water-saving hacks focus of new campaign

SUBMITTED BY SHARENE GONZALES

Drought conditions have spread across much of California, and officials from Alameda County Water District (ACWD) have launched a "One Saves Water" water conservation campaign which is being advertised in print, online and in social media. The campaign asks customers to make a difference by taking one simple action to conserve water during a second critically dry year -- adding up to significant water savings for the community now and in the future.

"Our campaign complements careful dry year water supply planning putting ACWD in a position to meet this year's demands despite a drought

declaration in 41 California counties," said ACWD Board President Aziz Akbari. "Customers are saving 15% since the last drought and we encourage their efforts by offering tips that can save more water by doing less -- watering their lawn one less day, or reducing shower times by one minute, these things add up."

Customers can take one action to reduce their water use by five gallons of water per day. The campaign supports water-use efficiency and expands its program promotions and messaging to encourage increased indoor and outdoor water conservation.

Actions that people can take right away to start saving water include:

- Finding and fixing leaks
- Taking shorter showers
- Reducing unnecessary toilet flushes
- Washing full loads of dishes and laundry
- Using a broom instead of a hose to clean sidewalks
- Adjusting outdoor sprinkler heads to reduce overspray and runoff

ACWD provides drinking water to more than 357,000 people living in the cities of Fremont, Newark and Union City. More water-saving tips and information about how to participate in ACWD's rebate programs is posted on the ACWD drought resource webpage at acwd.org/drought.



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Keep Fremont Housed



Rental Assistance Program

As part of a federal relief package, the City of Fremont's Human Services Department is implementing **Keep Fremont Housed**, a rental assistance program, to assist Fremont households and landlords financially impacted by COVID-19.

To See If You Qualify, Get More Information or Apply

visit

Fremont.gov/KeepFremontHoused



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EARTHTALK

Keeping pets safe from chemicals
From the Editors of E
The Environmental Magazine

Dear EarthTalk: What are some of the most common contaminants our pets are exposed to and how can we avoid them?

-- Maria R., Chicago, Illinois

This issue grabbed headlines when it was revealed in May 2021 that domestic dogs and horses were suffering from health issues and premature death from exposure through drinking water to chemicals emitted by the Chemours Fayetteville Works chemical plant in Bladen County, North Carolina.

The offending chemicals -- perfluoroalkyl and polyfluoroalkyl substances (PFAS) that are added to everyday products to make them water, grease and stain-resistant -- fall to the ground with rain. They then permeate soils and the water table for some 18 miles in every direction. Most residents of this rural area get their drinking water from private wells that do not benefit from community clean water filtration systems or standards. A court challenge by local clean water advocates prompted a local judge to order Chemours Fayetteville

Works to provide local residents with water filtration systems to filter out offending chemicals. But many locals say they can't rest easy until the factory closes altogether.

If you do live within the pollution radius of a factory, you'll want to get your drinking water (and air quality) tested for contaminants on a regular basis to make sure you, your family members and pets aren't getting poisoned. If the results aren't good, it may be time to see if any neighbors are experiencing issues and start asking some questions to get to the bottom of where the pollution might be coming from.

There are of course many other threats to pets even if you don't live near a pollution "point source." In one study, researchers found that the brains of dogs exposed to the heavy and constant air pollution of Mexico City had significantly elevated inflammation and pathology profiles (including neurofibrillary tangles that cause Alzheimer's in humans) compared to dogs from more rural, less polluted regions.

Since our pets spend lots of time walking and running through -- not to mention rolling around in and even nibbling on -- the grass, it's not surprising that they are much more likely to pick up



It's hard to know how to keep dogs and cats safe from all the chemicals in the environment around your neighborhood.
Credit: Roddy Scheer.

and ingest contaminants than their owners. If your dog or cat develops a skin rash, vomiting, diarrhea, excessive salivation, dilated pupils, lack of coordination, or respiratory difficulties, it may be related to chemical exposure. Regarding longer-term effects, one study in Massachusetts showed that dogs whose owners used pesticides in their own yards had a 70% higher chance of developing malignant lymphoma. Indeed, one-third of the 700 dogs in the study were diagnosed with this typically terminal canine cancer.

If your dog or cat wants to run free in a neighbor's yard or at the park, wait 24-72 hours after the lawn in question

has been treated with chemicals of any kind (fertilizers, herbicides, pesticides) to minimize exposure to and ingestion of potentially hazardous substances. You can also lobby your neighbors and local officials to give up the harsh synthetic chemicals; some will be more open to the idea than others, so make sure you have a good way to protect your pets even if your requests aren't complied with.

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

THE ROBOT REPORT

Drone helps disinfect
Kentucky Derby venue

BY THE ROBOT
REPORT STAFF

The race was on -- safely -- for more than 50,000 spectators on Saturday, May 1 at the 147th Kentucky Derby thanks in part to Pittsburgh-based AERAS. The company used its patented

charged-electrostatic drone technology to sanitize Churchill Downs against COVID-19. This in part helped allow fans to return to the oldest sporting event in the United States.

"It's awesome having a hand in bringing back massive in-person sporting events after a year of

uncertainty," said Eric Lloyd, CEO and co-founder of AERAS. "Seeing thousands of cheering fans enjoying the Kentucky Derby safely felt like a huge victory over COVID-19."

The Environmental Protection Agency recognizes that electrostatic spray systems can create effective coverage when applying sanitization solutions. Powered by its AER-Force technology, AERAS drones release a uniform output of small droplets to create a disinfecting barrier along all grounded surfaces.

AERAS recently earned the Federal Aviation Administration's (EPA) 137 certification to sanitize sports and entertainment sites with its drone technology.

"Like the rest of America, we're hungry for live concerts and sports," said Jim Abel, global director of business development. "It feels great to see our technology make this type of impact on live events and to be helping to return America back to normalcy."

The Kentucky Derby was one of the largest sporting events to be held since COVID-19 shut the

world down in March 2020. With 51,838 fans cheering on the run for the roses in person this year, safety was at the forefront of everyone's minds.

In less than 90 minutes, Churchill Downs seating areas were sanitized by a AERAS' 107-certified drone operator and AERAS backpack sprayers. "If sports franchises want to increase the number of people in seats, AERAS is the path," said Jim Christiana, vice president of marketing and corporate communications for AERAS. "We're excited for the opportunity to work with any sports and entertainment facility that wants to provide that peace of mind to fans returning to live entertainment."

Established in Pittsburgh in 2020, AERAS specializes in using a patented charged-electrostatic spraying technology to safely sanitize arenas, stadiums, fields and buildings by dispersing any approved disinfectant as science and best practices dictate to sanitize against COVID-19 and other viral pathogens.

The Robot Report covers the full range of innovations in robotics and intelligent systems, including the latest research and breakthroughs coming from universities and research institutions. Visit their website at www.therobotreport.com.



Drone technology was used to sanitize Churchill Downs.
Credit: AERAS

SOCIAL SECURITY MATTERS

Ask Rusty – Should My Wife
Wait Until Age 70 to Claim?

BY RUSSELL GLOOR,
NATIONAL SOCIAL
SECURITY ADVISOR,
AMAC FOUNDATION

Dear Rusty: I am age 74 and receiving my Social Security benefits. My wife is age 68, and we are delaying her benefits until she is age 70. But I read an article about a wife receiving half of her husband's benefit, which makes me wonder if my wife waiting is smart. Please let me know your thoughts. Signed: Wondering

Dear Wondering: Your wife waiting until she is age 70 to claim her own SS retirement benefit may be a smart move, but only if her age 70 benefit will be more than

the benefit she is already entitled to as your spouse. Her benefit as your spouse is 50 percent of the benefit you were entitled to at your full retirement age (66). She would get that 50 percent because she has already reached her own full retirement age (FRA), but your wife's spousal benefit does not grow beyond what she is entitled to at her FRA. Her own SS retirement benefit, however, grows by 0.667 percent per month until she is 70, at which point it reaches maximum (32 percent more than her FRA benefit amount). So, the question is, which will be higher -- her spouse benefit, or her age 70 benefit? If the answer is her spousal benefit, then she should claim that

now. But if the answer is her age 70 benefit, waiting until she is 70 makes more sense.

There is, however, another option which would work even better if your wife's own benefit at age 70 will be her highest. Since you are already collecting, and because your wife was born in 1953, she is eligible to file a "restricted application for spousal benefits only." Doing so would allow her to collect her 50 percent spouse benefit from you now, while still allowing her own SS retirement benefit to grow to maximum at age 70. That would give your wife half of your FRA benefit amount each month, while she simultaneously maximizes her own SS retirement benefit. Then at age 70 when her personal benefit reaches maximum, she can switch to her own higher benefit. I suggest that your wife get a Statement of Estimated Benefits from Social Security to determine

if her age 70 benefit will be higher than her spouse benefit. If so, she can file the "restricted application for spouse benefits only" and then simply wait until she is 70 to switch from her spouse benefit to her own higher benefit (32 percent more than her FRA amount).

Note that this "restricted application for spouse benefits only" option is no longer available to anyone born after January 1, 1954, but it is still available to your wife because she was born before that. Unless her spousal benefit will be her highest, I suggest that your wife file the "restricted application for spouse benefits only" which will give her 50 percent of your FRA benefit amount (including COLA awarded since then). She should also ask for 6 months' retroactive spouse benefits since she was eligible to do this at her FRA.

The easiest way for your wife to get her Statement of Estimated

Benefits is by using her personal "My Social Security" online account. If she does not yet have an online account with Social Security, it is easy to create one at www.ssa.gov/myaccount. She will need that account anyway to apply for her benefits online, which is by far the most efficient way to apply.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained, and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Are you prepared for a disaster?

SUBMITTED BY
BRITTANI PETERSON,
CAL OES

Disasters can happen in California at any moment. Living in a state with the potential for wildfires, earthquakes, mudslides, flooding, tsunamis and more, it’s important to consider which disaster could potentially affect your area. Making a plan and preparing before a disaster will help protect you and your loved ones during these times.

Officials from the California Governor’s Office of Emergency Services (CalOES) say there are many considerations to keep in mind when preparing for a disaster. Following the safety steps below will help prepare your family, household members, and friends for any disaster.

- If you haven’t already, go to CalAlerts.org and sign up for alerts through your county.
- Make a plan to protect you and your loved ones.
- Get to safety with the things you need.
- Stay safe at home when you can’t leave.
- Help friends and neighbors get ready.

Connect and protect

Think about who you want to connect with during an emergency. This may be family members, neighbors, friends, or caregivers. Write down their names and contact information. Include home, work, school, and other significant numbers. Share copies with everyone on your list. You should also pick one person, outside the area where you live, who won’t be affected by your local disaster.

Evacuation action

If you are not safe at home, work, or school due to a disaster, you will need to go to a safe place and meet up with people you care

about. It’s hard to know ahead of time where these safe places might be. These places might change based on the kind of emergency you face.

- Follow the guidance of local authorities.
- Learn different ways to get out of your community fast.
- Be ready to go to your safe place.
- Keep your gas tank full.

Pack a go bag

Most disasters are unexpected and happen fast. You might not have time to shop, or even to pack. Pack up important items now, so you have what you need later. Pack things for each member of your household.

A go bag should include:

- Important documents
- Cash
- A local map
- A list of medications needed
- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food) and manual can opener
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries
- Flashlight and whistle (to signal for help)
- First aid kit
- Dust mask (to help filter contaminated air)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- A wrench or pliers (to turn off utilities)
- A cell phone with chargers and a backup battery

Since you don’t know where you will be when a disaster occurs, it’s important to prepare supply kits for your home, car, and anywhere you frequently visit like work or school, to ensure you and

your family are ready no matter where you are during a disaster.

Stay box

In some disasters, you may be safer staying at home. Damage from the disaster might make that uncomfortable. You might not have water to drink, to bathe or to flush the toilet. You might not have electricity to keep your food cold, turn on a light or charge your phone.

Add items to a stay box, for when you can’t leave home. Prepare for at least three days without water or electricity. Save up a little at a time, until you have enough for everyone in your household including pets, to get by.

Items in your stay box should include:

- Water: Save up to three gallons per person, for drinking and washing.
- Food: Set aside foods that won’t spoil and require no cooking.
- Trash Bags: Set aside extra plastic bags, with ties, to use in a bucket for a toilet

Once a kit is assembled it will need to be maintained by keeping any canned food in a cool and dry place and storing boxed food in a tightly closed plastic or metal container. Expired items should be replaced, and you should rethink your household’s needs yearly as your family’s needs may change.

Disasters are challenging for everyone. Each individual and household has different needs when preparing for a disaster. You or someone you care about can benefit from planning ahead. For more information and guidance on how to plan for a disaster, visit the California Disaster Preparedness website at www.listocalifornia.org/disaster-preparedness.

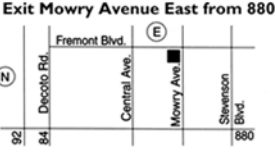
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Electricity product change coming to Hayward

SUBMITTED BY
CITY OF HAYWARD

Officials from the City of Hayward are asking for community input as the city prepares to select a new electricity product for local residents and businesses.

The change is coming because East Bay Community Energy (EBCE), Hayward’s electricity supplier since 2018, is in the process of updating its electricity product options. EBCE provides the electricity delivered to Hayward customers, while transmission and billing are handled by Pacific Gas and Electric Company (PG&E).

As of January 1, 2022, the city’s current electricity product through EBCE, called Brilliant 100, will no longer be available. Brilliant 100 power was 100 percent carbon free and available to customers at rates equal to PG&E rates. It also has been instrumental in helping Hayward meet and surpass its climate protection goals for the reduction of greenhouse gas emissions.

Due to the discontinuation of Brilliant 100, the city will have to choose between Bright Choice, a slightly cheaper electricity product that draws power from some carbon-emitting sources, and Renewable 100, a slightly

more expensive option that is based on entirely carbon-free, renewable sources.

On May 10, the Hayward City Council Sustainability Committee voted to recommend to the full City Council the designation of EBCE’s 100-percent renewable and carbon free Renewable 100 as the primary energy source in the City of Hayward.

To learn more about the program and complete an online opinion survey, visit the City of Hayward website at <https://hayward-ca.gov>, then type “Community Energy” into the search field and follow the prompt. For questions, call the City of Hayward Environmental Services Division at (510) 583-4770 or email Environment@hayward-ca.gov.

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Why the Bear has a Stumpy Tail

This tale is told all over the world! There are versions from Germany, Poland, Norway and from many of the Native American tribes in the United States. Read the story and look at the pictures. **Can you number the pictures in the correct order?**



Once upon a time, bears had beautiful long tails. One bear was very, very proud of his tail. Bear would brag about his magnificent tail to anyone who would listen. Fox got tired of listening to bear brag day after day. So, he came up with an idea to trick Bear.

Fox stole a big bunch of fish and waited for Bear to walk by.

Bear saw the fish and asked Fox, "How did you get so many tasty fish? Can you teach me how to get fish like that?"

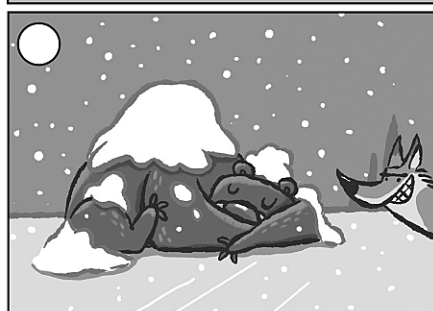


"Oh, it is so easy!" said Fox. "Start by going to the frozen pond, cut a hole in the ice and then drop your tail into the hole and wait as long as you can! The longer you wait, the more fish you'll catch. If your tail starts to hurt, don't worry about it," Fox explained. "It means that the fish are biting." Bear did just as Fox said.

Bear waited and waited. His tail started to hurt, but he remembered Fox's advice and he stayed put. After a while, he fell asleep.

Fox came by the next morning to find Bear sleeping and covered with snow. The hole in the ice had frozen over, trapping his long tail. Fox shouted, "GOOD MORNING!" in Bear's ear, causing him to jump up in surprise and yank his tail out of the ice.

Bear's tail snapped right off and that is why bears have stumpy tails to this very day.



Fox and Bear Fitness

Summertime is a great time to get some exercise while also having fun with family and friends. Try these animal exercises this summer.



Roll on your back like a happy fox.



Walk on all fours like a great big bear.



Run fast like a fox!



Climb playground equipment like a bear.

Fiction or Non-Fiction?

Fiction is any story made up by an author. It's a creation of the author's imagination. It is not based strictly on history or facts. The opposite of fiction is **non-fiction**, writing that deals with facts.

Was the story of how the bear lost his tail fiction or non-fiction?

Why do you think this?

Tales That Teach

Folktales were often told to teach people lessons. What do you think is the lesson being taught in tale, "Why the Bear has a Stumpy Tail"?

Extra! Extra!

Hooray for Homophones!

Homophones are words that are pronounced the same but have different meanings. For example, **tail** and **tale** are homophones. T-A-I-L is the rear part of an animal's body that sticks out from the backbone. T-A-L-E is a story. Look through the newspaper for five or more words that are homophones. For example:

**sun and son • buy and by
stair and stare**

Standards Link: Reading Comprehension: Recognize homophones.

Kid Scoop Puzzler

Prefix Fox

Help Fox use the prefixes UN and DIS to create new words. Look at each word and write UN or DIS on the line. Can you find one root word that works with both UN and DIS?

safe	civil	obey	true
own	real	hinge	joint
sure		miss	card
like			taste
known			loyal
common			tidy
color			plug
play			gust
usual			latch

Standards Link: Language Arts: Identify and know the meaning of common prefixes.

Double Double Word Search

BEAUTIFUL
FICTION
HISTORY
STUMPY
FROZEN
PROUD
FACTS
OFF
BEAR
TALE
TAIL
BRAG
HURT
FISH
YANK

Find the words in the puzzle.
How many of them can you find on this page?

D U O R P B T T A L
G L T O L E R T L D
Y A N K F A R I S N
R A R A E U A F T O
O L C B H T F R U I
T T L O A I F O M T
S V E L S F O Z P C
I R E H T U H E Y I
H E W O R L L N D F

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Prefixes and Suffixes

Find five words with prefixes or suffixes. Look up the definition of the root word and each prefix or suffix. Write a definition of the word created with the prefix or suffix.

Standards Link: Identify and know the meaning of common prefixes and suffixes.



Write On!

Best Book of the Summer

What book do you recommend other kids read this summer? Have fun describing the details but don't give away the ending!

Meet the photographer behind HERS Breast Cancer events



BY STEPHANIE GERTSCH
PHOTOS BY RAMIL SUMALPONG

Ramil Sumalpong has been taking photos pro bono for events at HERS Breast Cancer Foundation for the last 10 years. “I’m a staple there,” he says. “I see kids grow. I see people fighting their battles and getting better... I only see them once a year—we still say ‘hi’ as if no time passed.”

He learned about the foundation while working as an assistant at Fremont Bank, a primary sponsor for HERS. “My manager at the time, Julie Zhu, was heavily involved in community events. And me, being the assistant, I just popped on in.” Soon he began participating in the annual Walk/Run, taking his own photos.

“I shared some of the photos, they were forwarded to the HERS Breast Cancer Foundation, and they liked it and used some of them.” Now Sumalpong has been freelancing full time for about four years, doing primarily video with photography on the side.

HERS events have a special vibe. “Speaking with some of the survivors, the common thread that I’ve always found was feeling alone. Like no support... especially with the new people who attend that were just recently diagnosed... so just to be in the inner circle, the circle of hope, you can feel them feeding off each other’s energy and the energy of everyone else. And it usually brings them to tears their first couple times. When I’m taking photographs, I try to capture those moments.”

Those are moments he hopes people can look back on as they continue their fight against cancer.

With family members who have been diagnosed with breast cancer, and having dealt with his own health issues, Sumalpong knows how valuable community is. “Fighting the battles alone, that’s where depression grows and it thrives. Being in those positions, I’ve noticed it myself that just by speaking it and not bottling it in, it really makes a difference. Your internal chemistry changes. You’re not worried about trying to keep a secret.”

At the walk/run he gets right in the middle of the action. “I’m known as the only guy that stands in the middle of the trail... I literally raise my arms up taking photos. Every time they come by, I say, ‘I’m here, don’t run me over, guys!’ and a lot of them know me so they will literally poke me or tickle me while they’re passing by. I’m like, ‘Ok guys I get it.’... The other photographers, even the newspaper guys, are just kind of laughing at me because they’re like, ‘That’s dangerous.’ And I’m like, ‘It’s cool, we’re all family. We’ll have fun.’”

With the pandemic putting a stop to large events, many freelancers lost work. Sumalpong was able to cover virtual corporate events, as well as HERS’ Pink PJ Party in May 2021. “The whole virtual thing, it’s a completely different format. We were all learning it along the way, poking fun at each other.”

When everything has gone to screens, what does a photographer capture? “I try to get what’s going on behind the scenes, to show the effort that these guys are doing to make this happen,” Sumalpong explains. “The setups of everyone getting ready. Like all the ladies were actually gathered around the dinner table... going over the scripts and making sure everything was tidy... Once the event started, I took photos of the ladies interacting, doing the introductions, snacking away as well because that’s part of the setup for the pajama party... they have the eye masks on and stuff like that.”

For the event, HERS staff gathered at a studio to watch presenters on the livestream, while

also recording their reactions. In all, they raised nearly \$97,000 of their \$100K goal.

Sumalpong has been supporting the community in other ways during the pandemic. “I was trying to figure out what else I could do,” he remembers. “My friends are nurses, RNs, doctors, and they were literally front line of the whole COVID scare.” Lacking sewing skills, he got into 3D printing face shields. With two printers going, he’s made 1,500 so far.

“I’m that type where if I try something I jump in headfirst and I go all out,” Sumalpong says. “I’m 3D printing stuff for my business now.” Yes, it’s a little random. But sometimes randomness can lead to unique opportunities—like a 10-year collaboration.

“A lot of it doesn’t make sense but when I put it together it does.”

Ramil Sumalpong
www.iconic-lab.com

“I’ve caught photos of, of course the tears, but also the joy. After the hugs and the announcements, and just saying out loud they’ve been diagnosed. It can be two months, it can be a week, it can be ten years. Just by announcing it out loud with a support group around them, you see a lot of weight lifted off their shoulders. It’s moving.”

—Ramil Sumalpong



Continued from page 1

LOCAL FAMILY SERVES UP REAL ICE CREAM



Jan March and son Kyle Hicks

“We got the best spot, we got the corner,” says March. “Because I contracted with them right when they did it. We have good visibility, we have Walmart right next door, and we’re right off the freeway so the location’s ideal.”

All Bruster’s locations have counter ordering and outdoor seating—a blessing during the pandemic restrictions to indoor dining. The chain started in Pennsylvania, but now has stores in many states including Georgia, Texas, Utah and Southern California.

Part of the attraction to Bruster’s is ice cream made on the premises. March explains, “When you make ice cream, a lot of manufacturers will go through a rapid pasteurization process so they can get the volume out. As a result, you can get ice in the milk. Bruster’s actually owns their own pasteurization process so they can control how they want to kettle-cook the milk. So that’s part of the creaminess secret.”

However, each location reflects its local area. “We have several Indian recipes that we’re going to try and see because we do have a large Indian population here,” says March. “We’re opening with a recipe called Paan [Betel Leaf]. And we’re also going to do Green Tea.” Summer flavors for June 2021 are Mango Dragon Fruit Sorbet and Key Lime Pie.

Some flavor themes remain consistent—chocolate, strawberry, vanilla, coffee, coconut—but new variations pop up week to week.

You might see lemon one week and lemon meringue pie the next. There are always non-dairy and low fat options.

Ongoing promotions include complimentary “baby cones” for children 40 inches and under, and “doggy sundaes” made of a scoop of plain vanilla, crumbled waffle cone, and a doggy cookie. “My dog came last night and she would not get her face out of the cup,” March recalls. “It was hilarious.”

About 20 high school students and graduating seniors work at the location, in addition to adult staff. Says March, “Brusters is really big in mentoring kids, getting them ready for the work world and teaching them life skills and customer service.”

Customers were already stopping by ahead of the official opening on May 27. However, brisk business comes with its challenges. “Covid made me lazy,” March says with a laugh. “We’ve all been sitting at home, and now it’s like, ‘I’ve got to go back and I’ve got to work a 12-hour day?’ That’s hard! Especially when your body is not used to it.”

Download the Bruster’s loyalty app to collect points, and get a \$3 discount for your first visit to the Fremont location.

Bruster’s Real Ice Cream
Thursday – Sunday
11 a.m. – 10 p.m.
40524 Albrae St., Fremont
<https://brusters.com/fremont/>
(510) 573-0134



LEAF’s Community Garden is seeking volunteers to greet visitors. Very time flexible. ADA Handicap accessible. Location: California Nursery Historical Park in Fremont, at Mission Blvd/Niles.
FremontLEAF@gmail.com 925-202-4489



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Home & Garden

World of Olive Oils

BY DANIEL O'DONNELL

It can be argued that not all food processing is unhealthy or bad. Some people might not like fried or boiled eggs, but would love meringue made from whipped egg whites. Some people love liver pate, but dislike grilled liver. Others would not live without ketchup, but would never eat a raw tomato. However, disliking olives while adoring olive oil might be the most common occurrence of people only liking a food after it has been processed. This can be seen all over the world where olive oil is used far more commonly in traditional recipes than brined olives.

Archeological Neolithic sites have shown that olives were, at the very least, collected by people dating back to 8,000 B.C. The earliest archeological evidence shows that olives were being pressed for oil in 6,000 B.C. even though people could have been making olive oil for a long time before that. The earliest uses for olive oil were for anointing royalty, soldiers, and other influential people, fuel for lamps,

soaps, and for pharmaceutical ointments and medicine.

It is thought that olive trees were domesticated in the Mediterranean basin about 2,800 years ago. Cooking with olive oil is thought to have started in about the 5th or 4th century B.C. and by A.D 200, the Romans were producing tens of millions of gallons of olive oil per year throughout their empire.

The first step in making olive oil is to collect ripened olives. The oil in over-ripe olives can be stale or rancid tasting and olives prior to ripening, can produce a bitter-tasting oil. Olives turn from green to black as they ripen. Some olives, depending on the variety, can ripen when green before they turn black while others ripen sometime while turning dark. Next, the collected olives are ground into a paste, pressed, and the water is separated from the oil. The tools and techniques used in modern day olive oil production can still include ancient stone presses and the use of gravity for separation, or more modern presses and centrifuges made from stainless steel.



There are three different grades of olive oil. The highest quality is extra-virgin olive oil. It meets a specific criterion of acidity below 1 percent and has no or very few imperfections. There can be premium grade stratifications within the parameters of extra-virgin olive oil depending on the type of olives used, their ripeness, the year's favorable or unfavorable weather conditions, and where on the tree the olives were picked from. Olives that are pressed when their temperature is below 86F will have the added description of being cold-pressed,

and extra-virgin olive oil that has not been filtered will be labeled unfiltered. All these aspects account for the varying prices of different extra-virgin olive oils.

Virgin olive oils have an acidity range between 1 percent and 3 percent. Neither virgin nor extra-virgin olive oils use chemicals or heat to extract oil, refine flavors, or change acidity. Although virgin olive oil retains the purity of the olives, it has a slight less flavorful taste. Virgin olive oil also has a higher smoke point than extra-virgin olive oil.

The third grade of olive oils are those made from the oils left

over in the pressed olive paste that have been extracted and refined by using heat or chemicals. These types of olive oils lack the delicate flavors, aromas, and textures of virgin and extra-virgin olive oils. Sometimes they are blended with either of the two other olive oils to add flavor. These oils are labeled olive oil in the best-case scenario, but are often fraudulently labeled as virgin or extra-virgin olive oil. Scientist are working on ways to verify the oils' true grade. A reputable olive oil will have a superior taste and aroma.

Extra-virgin and virgin olive oil are made all over the world, with some of the highest quality ones being made here, in Northern California. Whole Foods has a selection of locally produced olive oils. Sapore Messo Foods in Niles, www.saporemesso.com, has a premium selection of extra-virgin olive oils not only from California, but also from Australia, Chile, Greece, Italy, Spain, and Tunisia. The annual Olive Festival in Mission San Jose is also a great place to sample and buy local olive oil. Information about the festival can be found at www.msjchamber.org/olive-festival.

People have been enjoying cooking with olive oil and drizzling it over their food for thousands of years and probably will continue for thousands of years to come. Life is too short not to sample different brands of olive oils, especially those made throughout California. Enjoying them will help write the next chapter in olive oils' rich history.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

THE ACWD CONNECTION

Local Organizations Named For Exemplary Water Use Efficiency

Thank you for your water use efficiency efforts during such a challenging time. Keep up the good work as we enter a second critically dry year.

Each year, ACWD recognizes organizations in the Tri-City area for their water use efficiency efforts. Our landscape water use efficiency awards are for organizations with dedicated landscape meters who tracked at or below their calculated landscape water use budget.

ACWD also highlights organizations that participate in the California Green Business Program which helps prevent pollution, reduce waste, conserve natural resources and reduce greenhouse gas emissions.

Visit acwd.org/news for the list of organizations and landscape contractors that managed their landscape water use effectively in 2020. For information about how your organization can qualify for these programs, contact ACWD water conservation staff at 510.668.4218.

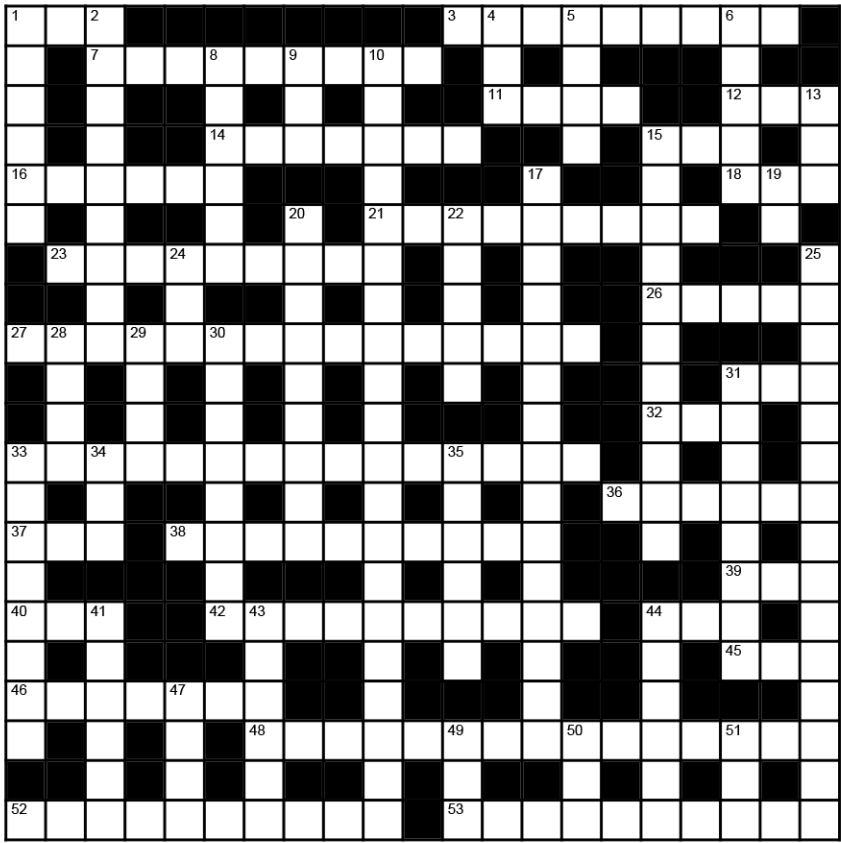


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Mind Twisters

Crossword Puzzle



- Across

1

Biblical verb ending (3)

3

Perfect (9)

7

Similar (1,3,5)

11

She, in Italy (4)

12

1959 hit with a melody based on the folk song "The Wreck of the Old 97" (3)

14

Slippery ones (7)

15

CD-___ (3)

16

Kind of house (6)

18

___, amas, amat ... (3)

21

"Amen!" (3,4,2)

23

Head honcho (6,3)

26

Kick out (5)

27

Nonstop (5,5,5)

31

Publishers' hirees, for short (3)

32

252 wine gallons (3)

33

Goodwill, e.g. (10,5)

36

To no avail (2,4)

37

Golf ball support (3)

38

Fancied (8,2)
- 39

Family M.D.'s (3)

40

Inclined (3)

42

Dazed and confused (10)

44

Be in debt (3)

45

Calendar square (3)

46

Buy-one-get-one-free item? (7)

48

Slots (3-5,7)

52

Lots and lots (1,5,4)

53

Must (4,4,2)
- Down

1

Break (6)

2

Clown (9)

4

Riddle-me-___ (3)

5

Very (2-2)

6

Diploma word (5)

8

Haberdashery item (3-3)

9

___ Fail (Irish coronation stone) (3)

10

Batting order? (4,4,3,2,3,4)

13

___ system (3)

15

Fuss (5,1,5)

17

Carouse (5,3,4,3)

19

... (2)

20

Lots (5,1,3)

22

Kind of suit (5)

24

Old letter (3)

25

Disregard (5,4,4,2)

28

"Chestnuts roasting ___ open fire" (4)

29

"Gone With the Wind" plantation (4)

30

Together (2,1,5)

31

Blew up (8)

33

Corporate web (8)

34

___ Hsi (empress dowager of China during the Boxer Rebellion) (3)

35

Exodus commemorations (6)

41

Brat (6)

43

Develop (6)

44

Danish city (6)

47

Annapolis inits. (4)

49

Dash abbr. (3)

50

Quilting party (3)

51

N.Y.C. subway (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

9	4			8	2	5	6	
			1		9		4	
	6	1				8		
1						2		9
					5			8
		3	9	2	8		7	4
	1	2				3		
3		4						7
7	9		8			4	2	5

B	E	A	T	T	H	E	T	A	R	O	U	T	O	F			C	L	E	M
U			S		K		T		M	S			O	L						
D		B	R	I	G	H	T	A	S	A	B	U	T	T	O	N	I			
		U	N		H	A	E	E			V	H								
F	S	Y	S	T	O	L	E	R	O	I	E	A	S	E	D	U	P			
A	L	O		D	I	A	T	U	N		R		A							
S	H	O	R	T		R		L	S		S	I								
	S		C	O	T	T	O	N	C	A	N	D	Y		H	A	L	E	D	
S	T	E	N	O		A	P		S	E		T		A						
A			L	A	K		O	M	I	T		N		A	M	I		V		
N			D	E	F		I		I		F	O		I						
D	E	F	O	E		P	L	A	T	I	N	U	M	B	L	O	N	D	E	
	R	S		A	H		G		U	R		E		I						
C	O	U	N	T	E	R	B	A	L	A	N	C	E	S		I	N	E	R	
A		I		T		T		E		H	S		P							
P	E	T	T	Y		C		V	I	S	U	A	L		J	O	K	E		
A		S		M		R		U	S		E		N		N	I	N			
		A	C	C		U	R	A	T	E			A			E		O		
A	T	L		A		N				S	T	A	G	E	R		D	E	L	
A		A			I			C		U		E								
M	A	D	A	S	A	M	A	R	C	H	H	A	R	E		C	R	E	T	

4	9	2	8	7	6	1	5	3
3	6	8	1	2	5	9	4	7
1	7	5	9	3	4	6	8	2
7	5	1	3	6	9	8	2	4
9	4	3	7	8	2	5	1	6
8	2	6	4	5	1	3	7	9
5	3	7	2	9	8	4	6	1
6	1	9	5	4	7	2	3	8
2	8	4	6	1	3	7	9	5

Tri-City Stargazer FOR WEEK: JUNE 1, 2021

All Signs: This week has good news and bad news. The good news is that leading up to Thursday, fair Venus will dance with lucky Jupiter, which will promote good feelings and fun times for everyone! Nevertheless, by Saturday, fiery Mars will oppose big daddy

Pluto, and this is a tough scene. It can trigger power struggles and encourage ruthless behavior and in rare cases, violence.

Aries the Ram (March 21-April 20): This will be a curious week dealing with home, family and perhaps parents. For most of the week, you will enjoy redecorating your place and making things look better. You will also enjoy entertaining at home. Family relations will be upbeat and positive, and people will be generous to each other. However, something will go off the rails at the end of the week because by Saturday, power struggles, chaos and crazy activity seem to be the order of the day.

Taurus the Bull (April 21-May 20): In the beginning of the weekend, leading up to Thursday, your everyday relations with others are wonderful! You are happy with your surroundings. But something will happen that suddenly pits you against others by the weekend. This confrontation will not be nice. You will not be happy. In fact, stay away from dangerous areas or violent neighborhoods because people are on the warpath on Saturday. Better to be safe than sorry.

Gemini the Twins (May 21-June 20): In one way, this is a powerful time for you because the Sun is in your sign boosting your energy and attracting people and favorable situations to you. Mercury retrograde is also in your sign attracting old friends, ex-partners, and triggering goofy mistakes. The contrast of the good news/bad news will impact you in a financial way. Initially, you can boost your earnings this week. However, by Saturday, you are at loggerheads with someone about shared property, shared

responsibilities, or how to use a particular possession. Patience is your best ally.

Cancer the Crab (June 21-July 21): You are keeping a low profile. Unlike many signs, you can use Mercury retrograde to your advantage because it will help you research issues or dig into the past for answers. In the beginning of this week, Jupiter will dance with Venus in your sign making you feel contented. It is an ideal time to take a vacation and enjoy socializing with others. You might also feel lazy and self-indulgent. However, by Saturday, you might be involved in an intense power struggle with someone, perhaps a partner or close friend.

Leo the Lion (July 22-August 22): This is a popular week for you. People want to talk to you, especially young people. Overall, you will be happy because you have a feeling of inner contentment. You might even have a spiritual epiphany of sorts. However, by the weekend, an element of confusion can contribute to a nasty power struggle. Initially, you might feel resentment building up in you. That feeling of “This is the last straw!” Your best option is not to act out any feelings of resentment because you might do or say something that you will regret later.

Virgo the Virgin (August 23-September 22): You look great in the eyes of others because the Sun is still at the top of your chart casting you in a flattering spotlight! This happens only once a year for four weeks so make the most of this. Now is the time to make your pitch and

ask for what you want, especially between now and Thursday! In fact, during this window of time, you will get along famously with others. Creative, artistic people will enjoy your company. However, by Saturday, you are at odds with a member of a group or a friend, and it is a real ego battle. Try to find a win-win solution.

Libra the Scales (September 23-October 22): Your desire for travel and a chance to learn something new continues to be strong this week. You might meet people who are “different,” and possibly learn new things from them. You will also enjoy any kind of study or exploration. Relations with bosses and parents are excellent until Friday. However, on Saturday, the bottom falls out of everything! Now you are at odds with a family member. Strife, arguments, or power struggles will be a challenge. Avoid angry people and dangerous places. Do what you can to maintain peace.

Scorpio the Scorpion (October 23-November 21): You have lots of passionate energy, which some of you have directed into dealing with shared property, taxes, debt, and red-tape issues. Some of you are channeling this passion into an exciting relationship! This week you have lovely opportunities to travel or explore avenues in publishing, media, law, medicine, or higher education. You might strike up a new relationship with someone different. However, by the weekend, arguments about ideological differences, politics, racial issues – something – will ruin your enjoyment of good

times. Stay away from dangerous neighborhoods and potentially violent people.

Sagittarius the Archer (November 22-December 21): Your focus on close relationships is strong, perhaps due to ex-partners and old friends who are back in your world. Gifts, goodies, and favors from others will come your way. You might even receive money. Likewise, a passionate, sexy relationship might flourish! This is an excellent week to negotiate any kind of financial deal or discussion about how to divide or share something including an inheritance. Unfortunately, by Saturday, everything seems to go south, and you find yourself quarreling with someone about money, possessions, or property.

Capricorn the Goat (December 22-January 19): You are in work mode this week. Stay focused and accomplish as much as possible because this will make you feel rewarded and gratified. Relations with those who are closest to you will improve. Nevertheless, by the end of the week, a confused communication with a coworker might occur. Or perhaps this confused communication is related to your health or a pet. You will be at odds with a partner or close friend on the weekend. It will be a power struggle; you can step back and give the situation some space.

Aquarius the Water Bearer (January 20-February 18): You are in a playful mood. Anything to do with arts will delight you, especially if you can express your creative talents. You will enjoy interactions with kids,

sports events, and social outings. Work-related travel might occur for some. All of you will have excellent relations with work colleagues this week. You might also feel healthy in a vigorous, vital way. Nevertheless, by the end of the week, confusion, perhaps with your kids or a social event might lead to a power struggle that affects your health or your relations with a coworker or even a pet. Tread carefully.

Pisces the Fish (February 19-March 20): Home and family are where it is at this week. Home repairs and improvements along with family discussions will take place. Many of you will be involved more than usual with a parent. This is a playful week in terms of arts and good times with kids. It is also a romantic week! New love will blossom for some of you. Nevertheless, a misunderstanding with a family member might trigger arguments with your kids or a romantic partner by Saturday. These difficulties with others will require diplomacy, sympathy, and understanding.



By Georgia Nicols
www.georgianicols.com.

CASTRO VALLEY TOTAL SALES: 13						
Highest \$: 1,355,000		Median \$: 905,000				
Lowest \$: 589,000		Average \$: 972,769				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
23018 Canyon Terrace Dr #1	94552	589000	2	984	1996	3/5/21
2375 Vegas Avenue	94546	624000	3	1031	1948	3/1/21
4215 Somerset Avenue	94546	770000	2	859	1949	3/5/21
22247 North 6th Street	94546	850000	0	0	0	3/2/21
6344 Paloverde Road	94552	865000	3	2033	1979	3/5/21
3744 La Costa Avenue	94546	900000	3	1476	1963	3/2/21
20565 Stanton Avenue	94546	905000	4	1796	1961	3/3/21
18251 Apricot Way	94546	960000	3	1230	1954	3/3/21
2812 Chloe Court	94546	1130000	3	1386	1963	3/4/21
18649 Stanton Avenue	94546	1188000	4	1998	2001	3/1/21
2429 Irma Way	94546	1210000	0	0	0	3/5/21
7979 Pineville Circle	94552	1300000	5	2535	1997	3/4/21
5029 Tyler Lane	94546	1355000	3	2413	1965	3/3/21

FREMONT TOTAL SALES: 31						
Highest \$: 3,180,000		Median \$: 1,285,000				
Lowest \$: 455,000		Average \$: 1,263,177				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39224 Guardino Dr #309	94538	455000	1	693	1990	3/5/21
38490 Princeton Terr #4	94538	535000	2	821	1990	3/5/21
38010 Dover Common	94536	600000	2	900	1971	3/4/21
40425 Chapel Way #214	94538	630000	3	1228	1983	3/5/21
176 Paso Olmo Terrace	94539	657500	4	1842	2011	3/5/21
39281 Marbella Terraza #9r	94538	705000	2	1056	1991	3/5/21
4713 Portola Drive	94536	715000	3	1111	1954	3/1/21
42901 Corte Caracas	94539	755500	2	968	1971	3/2/21
41951 Cerchio Terrace	94538	846000	2	1198	2013	3/5/21
39262 Marbella Terraza #3p	94538	858000	2	1578	1991	3/4/21
42536 Gage Court	94538	936000	3	1000	1958	3/5/21
39631 Iolani Court	94538	1020000	3	1200	1961	3/3/21
3235 Greenwood Drive	94536	1085000	3	1292	1950	3/4/21
427 Summerwood Drive	94536	1111000	3	1370	1989	3/4/21
416 Hillview Drive	94536	1250000	3	1316	1955	3/5/21
35145 Adriano Street	94536	1285000	5	1796	1965	3/5/21
4852 Deep Creek Road	94555	1300000	3	1750	1987	3/2/21
5992 Treviso Terr #137	94555	1362500	2	1783	1992	3/5/21
3757 Savannah Road	94538	1365000	4	1776	1960	3/1/21
33917 Tybalt Court	94555	1405000	5	1717	1985	3/3/21
5076 Eggers Drive	94536	1405000	3	1320	1960	3/4/21
4764 Calaveras Avenue	94538	1411000	4	1788	1959	3/5/21
34127 Tupelo Street	94555	1450000	4	3184	2008	3/3/21
4446 Gibraltar Drive	94536	1450000	4	1387	1967	3/4/21
616 Lonsdale Avenue	94539	1568000	3	1462	1962	3/3/21
220 Ottawa Way	94539	1764000	4	2219	1977	3/1/21
3321 Kestrel Place	94555	1790000	3	1898	1985	3/5/21
2814 Harrisburg Avenue	94536	1892000	4	2527	1987	3/5/21
40367 Imperio Place	94539	2072000	3	1881	1975	3/3/21
43844 Cameron Hills Dr	94539	2300000	4	2804	1990	3/5/21
44477 Parkmeadow Dr	94539	3180000	5	4112	1979	3/1/21

HAYWARD TOTAL SALES: 31						
Highest \$: 1,375,000		Median \$: 750,000				
Lowest \$: 369,000		Average \$: 754,903				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
687 Royston Lane #126	94544	369000	1	643	1988	3/3/21
18 Crystal Gate Commons #18	94544	460000	1	870	1992	3/2/21
22820 Parkhill Court #6	94541	480000	2	1063	1987	3/4/21
27587 Del Norte Court	94545	515000	2	988	1970	3/5/21
1732 Sumner Place #11	94541	530000	2	1020	1992	3/5/21
615 Arcadia Drive	94541	615000	2	1179	2005	3/5/21
1629 C Street	94541	625000	2	1276	1947	3/4/21
31157 Tepic Place #17	94544	660000	2	1435	1981	3/1/21
27722 Tampa Avenue	94544	670000	3	1315	1954	3/3/21
2776 Oliver Drive	94545	670000	4	1474	1971	3/5/21
27057 Lemay Way	94544	680000	3	1210	1956	3/2/21
65 Trestle Drive	94544	680000	2	1520	1991	3/5/21
27738 Melbourne Ave	94545	700000	3	1000	1955	3/1/21
671 Hampton Road #A	94541	720000	3	1340	1927	3/5/21
1683 Trowville Lane	94545	730000	3	1119	1956	3/2/21
24648 Dale Street	94544	750000	3	1093	1950	3/1/21
567 Blue Jay Drive	94544	750000	3	1610	1979	3/4/21
25919 Gettysburg Ave	94545	750000	4	1845	1959	3/5/21
271 Elmwood Lane	94541	755000	3	1032	1950	3/2/21
28742 Triton Street	94544	765000	4	1389	1961	3/4/21
2044 Depot Road	94545	781000	3	1244	1960	3/2/21
975 Major Avenue	94542	810000	4	1368	1951	3/3/21
602 Moss Way	94541	820000	4	1999	2012	3/4/21
2096 Florida Street	94545	820000	3	1040	1959	3/5/21
26706 Underwood Ave	94544	872000	3	1231	1954	3/5/21
2509 Kirkwood Drive	94545	940000	4	1820	1974	3/3/21
2921 Ralston Way	94541	960000	3	1913	1983	3/1/21
553 Mildred Place	94544	970000	4	1609	1955	3/4/21
424 Cherry Way	94541	1050000	0	3456	1950	3/4/21
29201 Eden Shores Dr	94545	1130000	3	1822	2004	3/4/21
236 Benmore Drive	94542	1375000	0	0	0	3/3/21

MILPITAS TOTAL SALES: 18						
Highest \$: 1,711,000		Median \$: 1,325,250				
Lowest \$: 626,000		Average \$: 1,236,611				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
311 North Temple Drive	95035	626000	2	976	1970	4/19/21
340 Rio Verde Place #1	95035	626000	3	1050	1971	4/23/21
1177 North Abbott Ave	95035	725000	2	1174	1979	4/21/21
491 Dixon Road	95035	880000	3	900	1960	4/19/21
1596 Bond Street	95035	985000	2	1297	2014	4/22/21
478 Alvarez Common	95035	1008000	2	1371	2007	4/21/21
1287 Fallen Leaf Drive	95035	1220500	3	1190	1969	4/22/21
1235 Traughber Street	95035	1280000	4	1186	1970	4/20/21
434 Singley Drive	95035	1300500	4	1312	1977	4/23/21
1924 Lee Way	95035	1350000	4	2135	2013	4/19/21
780 Las Lomas Drive	95035	1380000	4	1828	0	4/19/21
432 Greathouse Drive	95035	1444000	4	2090	1961	4/21/21
586 Old Evans Road	95035	1450000	3	1468	1984	4/20/21
1746 Yosemite Drive	95035	1520000	4	1451	1964	4/20/21
996 Idaho Court	95035	1553000	3	1922	1989	4/22/21
2174 Lacey Drive	95035	1580000	5	2042	1971	4/23/21
1747 Tahoe Drive	95035	1620000	4	2029	1968	4/19/21
2315 Farmcrest Street	95035	1711000	4	1939	1989	4/20/21

NEWARK TOTAL SALES: 13						
Highest \$: 1,600,000		Median \$: 985,000				
Lowest \$: 530,000		Average \$: 1,047,692				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39931 Cedar Blvd #113	94560	530000	2	1071	1985	3/3/21
39865 Cedar Blvd #339	94560	540000	2	1071	1986	3/5/21
6051 Joaquin Murieta Ave #C	94560	730000	2	1132	1981	3/3/21
37572 Shelter Road	94560	910000	3	1490	2017	3/4/21
37544 Estuary St #69	94560	940000	4	1694	2017	3/2/21
36466 Haley Street	94560	950000	3	1525	1954	3/5/21
36821 Port Tidewood St	94560	985000	3	1450	1975	3/4/21
7555 Mayhews Landing Rd	94560	1200000	4	2088	1963	3/2/21
38224 Luma Terrace	94560	1210000	4	2234	2015	3/1/21
38160 Luma Terrace	94560	1235000	4	2234	2016	3/5/21
35602 Blackburn Drive	94560	1390000	4	2181	1968	3/3/21
8509 Central Avenue	94560	1400000	0	0	0	3/5/21
7733 Sunset Avenue	94560	1600000	0	0	0	3/1/21

SAN LEANDRO TOTAL SALES: 12						
Highest \$: 7,700,000		Median \$: 726,000				
Lowest \$: 410,000		Average \$: 1,263,833				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
15059 Hesperian Blvd #35	94578	410000	2	745	1985	3/5/21
1400 Carpentier St #317	94577	495000	2	968	1983	3/5/21
1555 Thrush Avenue	94578	505000	3	884	1940	3/2/21
1515 159th Avenue	94578	600000	2	904	1947	3/5/21
2492 Wimbledon Lane	94577	609000	0	1723	1978	3/1/21
16133 Berkshire Drive	94578	702000	2	969	1948	3/2/21
1247 Purdue Street	94579	750000	3	1081	1951	3/2/21
534 Mitchell Avenue	94577	755000	4	1442	1926	3/3/21
517 West Merle Court	94577	780000	2	1154	1924	3/5/21
1442 Church Avenue	94579	780000	3	1367	1952	3/5/21
16651 Kildare Road	94578	1080000	3	1874	1966	3/3/21
14838 Lark Street	94578	7700000	3	1242	1946	3/4/21

SAN LORENZO TOTAL SALES: 5						
Highest \$: 820,000		Median \$: 750,000				
Lowest \$: 675,000		Average \$: 751,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
834 Videll Street	94580	675000	3	1034	1951	3/5/21
15886 Wagner Street	94580	740000	3	1041	1951	3/3/21
18737 Times Avenue	94580	750000	3	1077	1951	3/5/21
16019 Via Toledo	94580	770000	3	1024	1951	3/1/21
17347 Via Frances	94580	820000	3	1115	1953	3/3/21

SUNOL TOTAL SALES: 1						
Highest \$: 1,000,000		Median \$: 1,000,000				
Lowest \$: 1,000,000		Average \$: 1,000,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2278 Kilkare Road	94586	1000000	3	2004	1924	3/4/21

UNION CITY		TOTAL SALES: 10					
Highest \$: 1,300,000		Median \$: 1,000,500					
Lowest \$: 515,000		Average \$: 968,100					
ADDRESS	ZIP	SOLD	FOR	BDS	SQFT	BUILT	CLOSED
200 Galano Plaza #29	94587	515000	2	880	1985	3/1/21	
4247 Lunar Way	94587	680000	3	1255	1971	3/5/21	
33650 10th Street	94587	865000	4	1192	1954	3/1/21	
33847 7th Street	94587	900000	3	1466	1954	3/4/21	
2284 Grouse Way	94587	1000000	4	1374	1978	3/5/21	
34740 Clover Street	94587	1001000	4	1544	1970	3/5/21	
33217 4th Street	94587	1070000	3	1594	1946	3/4/21	
2704 Chinook Court	94587	1100000	3	1392	1973	3/5/21	
33862 13th Street	94587	1250000	4	2224	2018	3/5/21	
2620 Royal Ann Drive	94587	1300000	4	1909	1969	3/5/21	

Building community, one home at a time.

Welcome to Home Match, Fremont, a shared housing program that improves lives and communities by bringing people together to share homes. Serving Fremont, Newark and Union City.

Call 510-574-2173
to learn more



Home Match
A COVIA COMMUNITY SERVICE

covia.org/services/home-match

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480



Continued from page 1

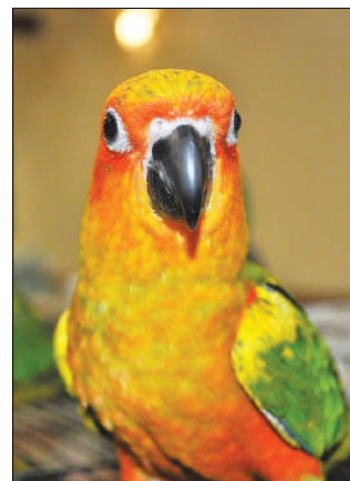
Exotic Bird Mart and Expo comes to Alameda County Fairgrounds

new interest of clientele through education, fun & pet therapy! Shop hundreds of accessories, get educated, and make friends.

We are dedicated to encouraging conservation, education, and research on avian behavior. Birds presented at our shows are companion pet birds.

Our vendors consist of pet/bird store owners, bird product manufacturers, veterinarians, aviculturists, and more.

We rescue birds! If you have a bird you can no longer care for, feel free to contact us. We can help.



Tickets are sold at the door. Due to covid-19 this will be a covered outdoor market! You must wear a mask to enter. Thank you.

Exotic Bird Mart & Expo
Sunday, Jun 6

10 a.m. – 3 p.m.

Alameda County Fairgrounds
(Gate:12)

2100 Valley Ave., Pleasanton

Tickets: \$10 Adults,

\$5 Kids 6-12

(preschool age free)

Parking: \$10



FIRE AND MAGIC!

Two exciting events you don't want to miss in June!



Join us for Music and Magic!

Music at the Mission in an evening of enchantment, excitement and surprises with superstars of magic and music JARRETT & RAJA, as we honor Music at the Mission Cultural Arts Champions Greg Green and Larry Matteucig!

Details and tickets are online at: musicatmsj.org/glitzglam
All proceeds benefit nonprofit Music at the Mission, a 501(c)(3).



352 KEYS Tickets on sale now!

352 KEYS, a unique experience that culminates in a sensational Bach's Concerto for Four Pianos, is truly a "monster concert" with a magnificent program and four Steinway grand pianos on stage! Featuring Katherine Lee, Raja Rahman, Aileen Chanco, and Alison Lee.

Details and tickets: musicatmsj.org/tickets

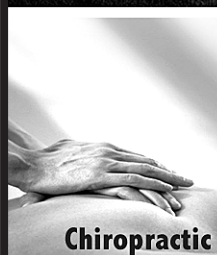
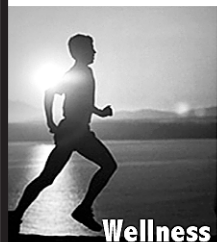


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ROBSON HOMES



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MISSION**
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www.musicatmsj.org



Professional/Affordable Quality Chiropractic Care

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- Headaches

Most insurances accepted

Come and enjoy
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New Patient Special
50% off Initial Visit With This Ad
Expires 8/30/21

Janet L. Laney, D.C., Q.M.E
510-792-9000
6943 Thornton Ave., Newark

Hayward Animal Shelter



510-293-7200
www.HaywardAnimals.com
16 Barnes Court, Hayward
(Near Soto & Jackson)

*Connecting rescued animals
with loving homes!*



**Ace is a 2 week old male guinea pig who
LOVES fresh greens and playing in his
guinea pig castle.**

**He would like to be adopted
with his brother, Monty.
To adopt call Hayward Animal Shelter
(510) 293 – 7200**



**Monty is a 2 week old male guinea pig
who has a unique curly coat!
He would like to be adopted with his brother, Ace.
To adopt call Hayward Animal Shelter
(510) 293 – 7200**

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays and Wednesdays Parenting During COVID R

6:00 p.m. – 7:30 p.m.
*Virtual support group to help families
cope with challenges encountered during
COVID*
To register:
www.fremont.gov/3060/Caregiver-Support
(510) 574-2100

Tuesdays

Free Virtual Sing-Along

7 p.m. – 8 p.m.
*Zoom choir meeting hosted by
Mission Peak Chamber Singers*
<https://www.chambersingers.org/>
Contact: info@chambersingers.org

Wednesdays

Niles Street Eats

5 p.m. - 8 p.m.
Food trucks
Niles Town Plaza
37592 Niles Blvd., Fremont

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.
*Dinner time tunes, oddservations,
and bad jokes*
Via Facebook Live:
www.facebook.com/mudpuddlemusic

Thursdays

San Lorenzo Street Eats

5 p.m. - 9 p.m.
Food trucks
500 Via Mercado, San Lorenzo

Thursdays

First Presbyterian Church of Newark Virtual Youth Group

6:30 p.m.
*Youth and young adults, students
welcome*
Contact: brian@newarkpress.org for
Zoom Meeting ID#
www.newarkpres.org

Fridays

Castro Valley Street Eats

5:30 p.m. - 8:30 p.m.
*Food trucks and live music - support
The Chabot Theater*
Parking lot behind Trader Joe's
2490 Grove Way, Castro Valley
<https://www.thefoodtruckmafia.com/upcoming>

Saturdays

Virtual Telescope Viewing R

9:00 p.m. - 10:30 p.m.
Free on Facebook Live
*Join resident astronomers live from
Chabot's observation deck*
<https://chabotspace.org/calendar/>

Saturdays

Online Comedy Shows R\$

8 p.m. - 9 p.m.
*Made Up Theatre's interactive comedy
has gone to YouTube!*
<https://madeuptheatre.com/upcoming-shows/online-shows/>

Sundays

Southern Alameda County Buddhist Church Family Service

10 a.m.
Via ZOOM
For link, call (510) 471-2581
<https://sacbc.org/>

Sundays

First Presbyterian Church of Newark Worship Services

8:30 a.m.; Worship Service
12 noon: Sunday School,
Ages K – 6th grade
Contact: office@newarkpres.org for
Zoom Meeting ID#
www.newarkpres.org

Sundays

St. Anne's Episcopal Church Service

10 a.m.
Socially distant outdoor seating
2791 Driscoll Rd., Fremont
Via Zoom link:
www.stanneschurch.org

Arts & Entertainment

Mission San Jose School of Guitar 43255 Mission Boulevard, Fremont CA 94539

*Private online
and in person instruction*

**Beginning
Advanced
Guitar Instruction**

**Popular
Rock
Jazz
Blues
& Classical
also available:
Bass,
Ukulele,
Voice
Music Theory
and Keyboard**

FREE Lesson
with purchase
of 4 lessons



Richard Kendrick

510-661-9147

www.rwkendrickguitarjr.com
E-mail: rwkendrickjr@yahoo.com

**Qualified, Professional and Experienced
Masters Degree in Music (Performance - Classical Guitar)**

Third Thursday each month

Chronic Pain Support Group

12:30 p.m.- 2:30 p.m.
Request link: njordan@fremont.gov

Last Thursday of the Month, March – June

Mini MBA in Entrepreneurship

7 p.m. – 9 p.m.
*Self-paced virtual program for
early-stage entrepreneurs*
<https://sv.tic.org/mini-mba-in-entrepreneurship/>

Thursday, March 18 – Monday September 6 Immersive Van Gogh

9 a.m. – 11 p.m. (times vary)
*Walk-in exhibit with digital projections
and music*
SVN West San Francisco
10 South Van Ness Ave., San Francisco
Tickets: \$24.99 - \$39.99
www.vangoghsf.com

Monday, April 5 – Sunday, June 27

Shifting Tides: Convergence in Cloth

*Virtual exhibit to shine light on issues
facing the Pacific Ocean*
www.olivehydeartguild.org

Wednesdays, April 28 – June 2

Meri Awaz/My Voice: South Asian support group for survivors

*Support for survivors of domestic/
intimate partner violence in the South
Asian community*
Via Zoom
Contact Shaila Dixit at
shailajad@save-dv.org or
(510) 578-8680

Tuesdays, May 4 – June 8 Fremont Police Department Community Education

7 p.m. – 9 p.m.
*Learn about the inner workings of the
Fremont PD and ask questions*
Session #1 - Meeting ID: 979 9853
5133; Passcode: 918094
Session #2 – Meeting ID: 931 6925
3382; Passcode: 216222
Session #3 – Meeting ID: 959 8501
8713; Passcode: 334356
Session #4 – Meeting ID: 926 0787
3041; Passcode: 865048
Session #5 – Meeting ID: 927 4524
9258; Passcode: 014773
Session #6 – Virtual Coffee With A
Cop

Saturdays & Sundays in June & July

Niles Canyon Railway

10:30 a.m. & 1:00 p.m.
6/12, 6/13: Steam Trains
6/19, 6/20, 7/10, 7/11, 7/17, 7/18:
Diesel Trains
Sunol Depot
6 Kilkare Rd., Sunol
www.ncry.org

Sundays, May 30 – July 25

"Travel Without Leaving Town" Film Series

3 p.m.
June 13: Hermitage: The Power of Art
June 27: Botticelli: Florence and the
Medici
July 11: The Prado: A Collection of
Wonders
July 25: Frida: Viva la Vida
\$15 regular/\$10 students to age 21
Bankhead Theater
2400 First St., Livermore
lvpac.org
(925) 373-6800

Tuesday, June 1 – Friday, June 25

Pray Their Names

*Outdoor art installation made up of
160 large wooden hearts*
Niles Discovery Church
36600 Niles Blvd., Fremont
<https://www.facebook.com/Pray-Their-Names-111352017313180>

Friday – Sunday, June 18 – July 18

Live Horse Racing

2:45 p.m.
<https://bit.ly/3yr6IEy>
Alameda County Fairgrounds
Gates 8 & 12 off of Valley Ave.,
Pleasanton

Sundays, June 27 – August 15 St. Anne's Episcopal Church

12 noon – 1:30 p.m.
*Afternoon discussion - change frustrating
conversations into better ones!*
In person or via Zoom
2791 Driscoll Rd., Fremont
(510) 490-0553
<http://stanneschurch.org/>

UPCOMING Events

Tuesday, June 1

Celebrate Pride Month

10 a.m.
*Raising of the Progress Pride Flag at
San Leandro City Hall*
835 East 14th St., San Leandro
www.sanleandro.org

Wednesday, June 2

Fremont Art Association General Meeting with guest artist

1 - 3 p.m.
*Learn how to make waves come alive
with artist Tetiana Taganska*
Via Zoom
Register Link:
<https://www.fremontartassociation.org/monthlymeetinganddemo>

Wednesday, June 2

How To Become a U.S. Citizen

4:00 p.m. – 5:30 p.m.
*Free info session from U.S. Citizenship
and Immigration Services*
Webex Link: <https://bit.ly/2TnFmPP>
Meeting number (access code): 199
408 6964
Meeting password: Presentation!1

Thursday, June 3
Gardening for the Good Bugs!
4 p.m. – 5 p.m.
Free webinar! Learn about the impact plants near your garden can have
Via Zoom
<https://bit.ly/3u9t8qP>

Thursday, June 3
Bay Area Air Quality Management District
6 p.m. – 8 p.m.
Virtual workshop on Bayview Hunters Point facilities
Via Zoom:
<https://us02web.zoom.us/j/82179377472>
Meeting ID: 814 7694 6686

Saturday, June 5
South Asians for Asian Unity
3:00 p.m. – 4:30 p.m.
First in a 3-part webinar series. Learn about the history and cultural challenges that Asian communities face in America
<https://www.aramsei.org/fundraisers/asian-unity/>

Sunday, June 6
Niles Essanay Silent Film Museum Open House
12 noon
See the theater renovation and expansion and consider donating
37417 Niles Blvd., Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Monday, June 7
Milpitas Rotary
12 noon
StoveTeam International – Club showing
Via Zoom: <https://bit.ly/364zWgd>
Meeting ID: 830 1305 6992
Passcode: 113524

Tuesday, June 8
Project IceCube: Living, Working and Science from an Ice World
12 noon – 1:30 p.m.
Virtual presentation by scientists at the South Pole
<https://bit.ly/3um92tq>

Wednesday, June 9
Petitioning for Relatives & The Permanent Resident Process
4:00 p.m. – 5:30 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: <https://bit.ly/3bZLrbt>
Meeting number (access code): 199 377 9782
Meeting password: PqcCpsfc@472

Wednesday, June 9
COVID-19: How to Protect Small Business Intellectual Property
1 p.m. – 3 p.m.
Learn how to protect your intellectual property – a free ACSBDC webinar
<https://nc.ecenterdirect.com/events/48325>

Wednesday, June 9
Hiring Right The First Time
10 a.m. – 11 a.m.
How to hire and onboard employees properly
<https://bit.ly/3v56OQc>

Thursday, June 10
Libertarian Party of Alameda County
7 p.m. – 9 p.m.
Social meet and greet and discussion
32216 Dyer St., Union City
www.lpac.us

Saturday, June 12
Uncorked Comedy
7 p.m.
Enjoy 5 hilarious comedians with a glass of wine
TwiningVine Winery
16851 Cull Canyon Rd., Castro Valley
www.plethos.org

Monday, June 14
Milpitas Rotary
12 noon
Superintendent Cheryl Jordan on the State of MUSD
Via Zoom: <https://bit.ly/364zWgd>
Meeting ID: 830 1305 6992
Passcode: 113524

Wednesday, June 16
USCIS Online Resources and Customer Service Tools
4:00 p.m. – 5:30 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: <https://bit.ly/2ToyD8j>
Meeting number (access code): 199 054 2623
Meeting password: y2PBivZn4S\$5

Thursday, June 17
Rising Sun's Lunch & Learn Series
12 noon – 12:30 p.m.
Learn more about how Rising Sun operates
<https://bit.ly/3oWZ5l8>

Saturday, June 19
League of Women Voters
9:30 a.m.
Virtual annual meeting. Keynote address by Judge LaDoris Cordell
Via Zoom
<https://bit.ly/3fPYynj>

Monday, June 21
Milpitas Rotary
12 noon
Valley Water District, CEO Rick Callender, Director Dick Santos
Via Zoom: <https://bit.ly/364zWgd>
Meeting ID: 830 1305 6992
Passcode: 113524

Wednesday, June 23
Getting to Know USCIS - An Agency Overview
4 p.m. – 5 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: <https://bit.ly/3vFpDJW>
Meeting number (access code): 199 158 8619
Meeting password: Presentation1!

Saturday, June 26
Ohana Virtual Health Walk
11 a.m. – 12 noon
Walk or run the week before, then join us for a livestream
<https://bach.health/walk21/>

Uncorked Comedy

SUBMITTED BY PLETHOS PRODUCTIONS

Live, in person standup comedy is back! After a long hiatus, Plethos Productions is proud to bring five Bay Area comics to the stage in a COVID-safe way on Saturday, June 12. Enjoy a lineup of five hilarious comedians, as seen on stages throughout the Bay, at TwiningVine Winery in Castro Valley!

The show will be hosted by Plethos favorite, Priya Guyadeen. It will feature comics Pam Benjamin, Jeff Morris, Joseph Nguyen and headliner Jacqui Pirl. Enjoy over an hour

of laughs while you sip, munch and enjoy the show under the stars at this gem of a hangout. Seating will be COVID safe with all individual seats set six feet apart, but small group seating is available.

This show is recommended for ages 18+ due to hilariously mature content. Tickets are \$10 until June 1 and \$15 after that at Plethos.org.

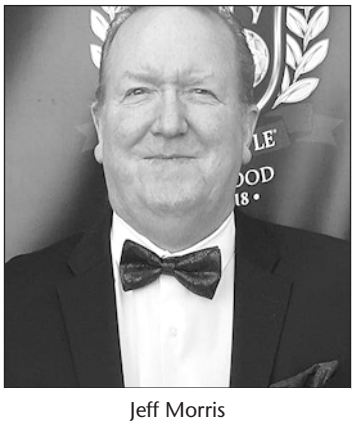
Uncorked Comedy
Saturday, Jun 12
7 p.m.
TwiningVine Winery
16851 Cull Canyon Rd., Castro Valley
Plethos.org



Priya Guyadeen



Pam Benjamin



Jeff Morris



Joseph Nguyen



Jacqui Pirl

Kayaker wants to be 2nd to paddle solo California to Hawaii

AP WIRE SERVICE

A man is trying to become the second person to kayak alone from California to Hawaii.

Cyril Derreumaux, 44, will attempt to become the first person since 1987 to pull off the feat, Hawaii News Now reported Wednesday.

“I’m an avid paddler, outrigger paddler, kayaker and surfski paddler,” Derreumaux said. “I love the water.”

Derreumaux is hoping to complete the roughly 2,400-mile (3,900-kilometer) journey in 70 days.

His kayak is equipped with solar panels to power a satellite phone, GPS and other gear and there is a cabin for sleeping.

Derreumaux had planned to complete the trip last year, but the coronavirus pandemic delayed delivery of his 23-foot (7-meter) long, 400-pound (181-kilogram) kayak that was custom built in Britain. When he finally received the kayak, he began to practice.

“I took three days at a time, sleeping in the kayak, and using all the equipment,” Derreumaux said.

Derreumaux in 2016 was a member of a four-person team that rowed across the Pacific and set a Guinness World Record. The 44-year-old owns a company that sells high-performance paddling gear.

Derreumaux will pack about 200 pounds (about 91 kilograms) of food for the trip. A device to desalinate water will provide him with drinking water and a land-based support team will help with navigation and other information.

He will start the journey May 30 from San Francisco's Golden Gate Bridge.

Eagle Scouts honored

SUBMITTED BY RICK BENSCO

On June 12, four Eagle Scouts will be honored at Newark Community Center Park. The ceremony will explain the requirements for the rank of Eagle Scout, outline the four scouts’ accomplishments, and present Eagle Scout awards.

Changhao You
Positions of Responsibility: Patrol Leader, Scribe, Webmaster
23 Merit Badges Earned



Changhao You

Eagle Scout Project: Renovation of a garden for an elementary school, including pathways and garden beds

Wesley Hastings
Positions of Responsibility: Scribe, Assistant Senior Patrol Leader, Assistant Patrol Leader
21 Merit Badges Earned
Eagle Scout Project: construction of a raptor bait box, and mass-movement of mulch and cardboard to create a path at the Ohlone Regional Wildlife Refuge

Henry Bensco
Positions of Responsibility: Senior Patrol Leader, Quartermaster
31 Merit Badges Earned



Wesley Hastings



Henry Bensco

Eagle Scout Project: Construction of a privacy screen around the Ohlone Humane Society Wildlife Rehabilitation Center and removal of old wooden slats in the chain link fence in the front of the building

Noah Grushkin
Positions of Responsibility: Troop Guide, Historian, Librarian, Patrol Leader, Assistant Patrol Leader
32 Merit Badges Earned
Eagle Scout Project: Assemble and deliver toiletry kits to Viola Blythe Community Service Center in Newark during the pandemic



Noah Grushkin

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 - Near BART
- Suite 222
 - 812 sq/ft
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Leader in Small To Medium Size Office Space

Bike-Friendly City Earns Silver-Level Recognition

SUBMITTED BY CITY OF FREMONT

During National Bike Week, the League of American Bicyclists honored the City of Fremont with a Silver-level

certification as a Bicycle Friendly Community. Fremont moved up from its previous Bronze-level designation based on its recent engineering of new protected bikeways that “create safer streets and better bicycling for everyone.”

Of the 101 cities in the Bay Area, Fremont is now considered among the top-tier bike-friendly cities in the region. Fifteen cities are ranked as “Bronze.” Fremont now joins Emeryville, Mountain View, and Santa Rosa as “Silver.”

Park It

BY NED MACKAY

Dig Deep Farms, a nonprofit program of the Alameda County Deputy Sheriffs’ Activities League, has been granted a five-year lease to engage in organic heritage farming at East Bay Regional Park District’s Ardenwood Historic Farm in Fremont. Dig Deep will continue a farming program at Ardenwood that had been operated by J.E. Perry Farms since the mid-1980s. Perry Farms’ tenure ended when the owner retired in 2020.

“The lease is an important step to continue the historical farming at Ardenwood, and provide the public, especially youngsters, an opportunity to learn about the history of science and agriculture, and what life was like in the late 1800s and early 1900s, said Ayn Wieskamp, who represents Fremont on the park district’s board of directors. “The farming operation provides the mechanical labor that produces all of the traditional heritage fruits and vegetables, all of which helps educate visitors about the history of agriculture in the region.”

Ardenwood is a 205-acre working farm owned by the city and operated by the park district. The original owner was George Patterson, a ‘49er who found wealth in the farm fields instead of the gold fields. The property includes a beautiful Victorian mansion and elaborate gardens. Interpretive staff and volunteers guide visitors through the mansion, demonstrate historical farming practices and chores, and bring to life the world of a prosperous, early 20th century

farming estate. Ardenwood receives more than 120,000 visitors annually.

Dig Deep Farms uses traditional farming methods and has years of organic farming experience, according to Alameda County Supervisor Richard Valle. Its methods minimize waste and maximize nutrient rich soil and produce. Dig Deep is expected to begin site preparations in June, with the first crop harvest in late summer or early fall.

Ardenwood Historic Farm is now open, but entry is permitted only with advance registration. Hours are 11 a.m. to 4 p.m. Wednesdays through Fridays and 10 a.m. to 4 p.m. Saturdays and Sundays.

You can obtain more information and register up to two weeks in advance by calling (888) 327-2757, option 2 (Mondays through Fridays, 10 a.m. to 3 p.m.), or you can register online at www.ebparks.org. Groups should be single household only, please.

While you are at the website, take the district’s 2021 Community Survey. Your responses help the park district to improve and expand its services. The survey is one of the series of displays at the top left of the website homepage. It is available in English, Spanish, Chinese and Korean. To submit the survey, visit www.ebparks.org/Survey2021.

The swim beaches at Del Valle Regional Park south of Livermore are reopening, beginning with Memorial Day weekend. This is the first time since 2019 that the lake is offering swimming. Due to COVID-19 restrictions, the park is operating at 50 percent capacity.

Two caveats: Please bring your own drinking water as the park’s water system is undergoing construction. Since it is mosquito season, mosquito repellent is advisable.

It looks like we are in for another extremely hot, dry summer. So, here are five safety tips:

1. Be sure to carry plenty of water for both yourself and your dog if you have one along. Once you are away from the trailheads and picnic areas, there are no sources of potable water.
 2. Protect yourself from the sun. Apply sunscreen and wear wide-brimmed headgear. Nothing ruins a pleasant outing faster than sunburn.
 3. Take along a park map, which can be downloaded from the park district website, or obtained at trailhead information panels. Keep track of where you are. That way, if there is a problem, you can tell the rangers via cellphone where to find you.
 4. Do not smoke as smoking, including vaping, is prohibited in the regional parks.
 5. Be extremely careful with fire. Barbecuing is allowed in established barbecue stands. Be sure that coals are completely extinguished, then dispose of them only in the existing stand or pit, or concrete receptacles designed for that purpose. Do not dump coals in garbage cans or refuse bins. During extreme weather conditions, all open flames may be prohibited.
- The emergency number in the regional parks is 911 or (510) 881-1121. For non-emergency business, call (510) 881-1833.

Teen's non-profit helps foster care children

SUBMITTED BY GRACIOUS GIVING

Mahek Patel of Fremont has spent the past two years on a mission to make life better for foster children by providing items that make their lives a bit easier and more enjoyable.

At 16, Mahek is a sophomore at Notre Dame High School in San Jose and president of Gracious Giving, a non-profit organization that partners with agencies serving youth in the foster care system. She founded her organization after volunteering at a Christmas shopping event to benefit foster children and low-income families. Impressed by many of the children she met, Mahek was distressed to learn some of them lacked basic life necessities like toothbrushes and soap.

Over time, Mahek expanded Gracious Giving to include a website where people can make easy online donations. Through partnerships, they have helped more than 600 foster care children throughout the Bay Area, northern California, several other states, and Canada. Mahek has also recruited numerous other young volunteers to help grow the organization.

Gracious Giving has donated more than 125 backpacks with art supplies and protective face masks to several Bay Area foster care agencies including Rebekah Children’s Services, Alternative



Mahek Patel
Credit: Gracious Giving

Family Services, and St. Andrew’s Residential Programs for Youth.

During the COVID-19 pandemic, Mahek stepped up online fundraising by hosting informational classes such as Speech and Debate, a virtual walkathon, virtual cooking classes and virtual letter writing. Resources for foster children include art and school supplies, hygiene kits, socks and blankets, and Christmas gifts. Each donated item comes with a personalized handwritten note to help foster children know that they are not alone.

More information about Gracious Giving, along with links to make secure donations, is posted on their website at <https://graciousgiving.org>.

History

Residents of Centerville

Alvarado Road

By PHILIP HOLMES
ORIGINALLY RAN APRIL 14, 2015

John Horner and Elias Beard purchased a clouded title to the Mission San Jose lands. They farmed many acres and rented or negotiated arrangements with farmers and squatters.

The History of Washington Township notes that the Horner family had surveyed and laid out some of the main roads including the one from Irvington through Centerville to Union City and Alvarado. Beard fenced the north side of this road.

Charles Shinn wrote that “the first American settlers were nearly all squatters who were trying to hold land claims until the exact status of their titles could be ascertained.” Land claims of the region lapped over in all directions and were gradually surveyed and readjusted. United States patents were finally secured in 1867 and firm boundaries established.

The ladies who published the History of Washington Township in 1904 observed that homes and large orchards of Walter Walton, Benjamin Mickle, George and Fred Lowne were on the Alvarado Road. Walton was the fire chief when the Centerville Fire Department was organized in 1890. He was also a blacksmith, farmer and veterinarian and owned a race track where riders, horses and sulkies raced.

Benjamin Mickle came to Centerville to recover his health. He was one of the well-known Centerville attorneys recognized as counselors of men. He served as a Justice of the Peace from 1922 – 1926 along with his law practice. Records for 1901 show the property owned by Mary Mickle.

John Lowrie owned several farms along this road. He also had a race track which he sometimes sprinkled for races. After he drowned in 1882, the properties were transferred to family members including Georg and Fred.

Just beyond was the big ranch of Eugene Stevenson with its large farmhouses and huge sycamore trees. John T. Stevenson had purchased this original ranch



George Patterson

house that E. L. Beard built in 1853. In 1904 it still retained its hewed rafters, bunks suspended by rawhide thongs, and even the flag pole on the roof that had been used to call men to their meals.

Pacheco Lane, which once marked the division between the Thomas Pacheco and Augustin Alviso grants, was now part of the road from Decoto to Jarvis Landing. The homestead of William W. Brier was now divided into a number of small properties with attractive cottages. George Machado and relatives had established their homes and businesses near the intersection of Jarvis and the Alvarado Road and formed the landmark recognized as Machado’s Corners. It was



John Beard

named after George Machado, who had a blacksmith shop on Decoto Road and his home nearby on Centerville-Alvarado Road.

The large farm of the late Senator John L. Beard was about a half mile farther down the road toward Alvarado. John had inherited the property from his grandfather, Jesse Beard, who came in 1854 and successfully farmed and raised fruit here. Pear trees, brought across the plains in



Mr and Mrs James Hawley 60th anniversary 1905

pioneer days, were still bearing fruit. Walnut and elm trees, including one walnut tree that was probably the largest in the country, ornamented the grounds.

Opposite the Beard farm was the Hawley place where the family still lived in a house built by James Hawley in 1852. James and his wife Hetty came to California in 1848. James a carpenter, built houses in San Francisco, enlarged the Vallejo flour mill, erected and operated the Red Hotel in Mission San Jose and engaged in other enterprises besides operating his farm. Clara, daughter of James and Hettie, married George Patterson.

The Alviso School District was established in 1856 from part of the original three districts set up by the Alameda County Board of Supervisors. Manuel Feireira and John Beard each donated one half acre for the school. Later Ferreira took back his half acre to straighten out his property line,

and Beard then donated a full acre. The original two buildings were separated from the road by a whitewashed fence. It was always a challenge to keep the buildings and fence painted and repaired.

The History of Washington Township notes that other early settlers of this locality were the Walker, Baker, Saunders, Whiddeus, Curtners Morrisons, McCormicks and Watsons. Walker Baker was one of the men raising fruit and almonds. His farm was next to that of W. W. Brier, who was also recognized as a pioneer fruit grower.

The Patterson estate, sometimes called “Ardenwood,” was a distance from the Alvarado road, but the extensive farm lands extended to the road. The estate was noted for both its native trees and specimens grown by George W. Patterson.



Beard ranch with flood on Alvarado Road 1996

California restaurants expect rebound that will take years

By DON THOMPSON
ASSOCIATED PRESS

Nearly a third of California’s restaurants permanently closed and two-thirds of workers at least temporarily lost their jobs as the pandemic set in more than a year ago and Gov. Gavin Newsom imposed the nation’s first statewide lockdown, a legislative committee reported Tuesday.

Few business sectors were more battered than the dining industry, which before the pandemic included more than 76,000 eating and drinking establishments employing 1.8 million people, according to the California Restaurant Association.

But with the shutdown, as many as a million of those workers were quickly furloughed or laid off, the association told the state Senate’s Special Committee on Pandemic Emergency Response.

“COVID-19 has upended all of our lives, but its impacts have been felt more acutely in the restaurant industry,” said Democratic state Sen. Josh Newman, who heads the committee and led the hearing on the issue. “It is clear that recovery will take time.”

Restaurant employment is still down one-quarter from

before the pandemic, according to the latest numbers from the state Employment Development Department. Industry leaders said they fear a lack of labor may shutter more establishments as the economy reopens.

The state initially closed nonessential businesses, though it allowed food-serving establishments to continue offering takeout meals. Its color-coded tier system for reopening the economy later allowed restaurants to offer outdoor seating or indoor dining at various levels of capacity as coronavirus cases eased.

With infections dwindling, vaccinations increasing and a positivity rate below 1%, officials say California is on track to lift most remaining restrictions on June 15. Yet many restaurants are struggling to serve the customers already allowed under current capacity limits because of a lack of staff, the committee said.

Potential employees may be able to make ends meet with unemployment and federal stimulus benefits instead of going back to work, it said in its report. Some may fear for their safety during the pandemic, while others may want “more stable career paths” after being repeatedly furloughed.

“Right now we’re just at the beginning of feeling this crunch,” said Matthew Sutton, California Restaurant Association senior vice president for government affairs and public policy.

Without providing specifics, he said lawmakers might want to use part of the state’s massive budget surplus to create an incentive program for employees to return to work. Other committee witnesses said they’re hoping for more direct aid either through stimulus or tax relief funding.

The industry is expected to eventually rebound, the restaurant association reported, creating another 160,000 jobs by 2029, for a total of nearly 2 million statewide.

“This is a two- to three-year recovery,” Kevin McCarney, founder and chief executive officer of Southern California’s Poquito Mas restaurant, told the committee. In the meantime, restaurateurs said they have to recover from the revenue they lost while their fixed costs like rent and insurance continued.

“It’s not a given that we’re going to survive,” said Laurie Thomas, executive director of the Golden Gate Restaurant Association and owner of two

popular restaurants. “We’re all digging out from so much the past 15 months.”

With a lack of specifics from the state on the June 15 reopening, she fears restaurants will be allowed to return to full capacity only with vaccinated customers, leaving their staff to become “the new ID police” expected to check vaccination cards – a role she and others said they can’t handle.

Several witnesses expressed frustration with the state’s changing shutdown rules or lack of information on assistance programs, though Greg Dulan, owner of Dulan’s Soul Food Kitchen in Los Angeles County, said the state-funded Great Plates food delivery program saved his business during the pandemic.

Health officials’ abrupt shutdown orders gave restaurant owners no time to ramp down employment or distribute food, beverages and other supplies they had just acquired, witnesses said at the hearing.

In hindsight, the state lacked evidence to back up its decision to close outdoor dining and that rationale “was not effectively communicated,” said Marin County Public Health Officer Dr. Matt Willis, though he said the evidence of virus transmissions

during indoor dining was much clearer.

With no time to collect data on the risk of transmissions from open air contact, health officials had to use their best judgment at the time but now understand that the risk of outdoor transmission is low, said Willis and California Conference of Directors of Environmental Health executive director Justin Malan.

“We may not have had all the right answers ... but remember, this was a novel coronavirus,” said Malan. “We didn’t have a blueprint on how to respond to this.”

Restaurants said they adapted to a new business model on the fly during the pandemic.

They could offer curbside deliveries or deliveries off-site, or expand into outdoor areas like patios, sidewalks, parking lots and closed-off streets with local approval – innovations that may remain for some time.

Some adopted disposable menus or ones that customers could view on their smartphones. And Sutton said improvements restaurants made to their indoor airflow and filtering will remain long-term.

OPINION



WILLIAM MARSHAK

With the introduction of budgets at council meetings and a glimmer of light at the end of the pandemic tunnel, government thoughts are turning toward recovery and possible modifications of pre-pandemic work patterns. Disruption of commerce, with its consequence on employment, tax collection and future growth have added new meaning and additional challenges for public service operations.

In the midst of the pandemic, questions of how and where people live and work, go to school and pay their bills escalated to crisis proportions. With the American Rescue Plan stimulus package, local jurisdictions received bailout funds to prop up sagging budgets, but those funds are limited in amount and duration. Relying too heavily on one-time funding with the anticipation of a rapid and successful economic rebound can lead to future problems if miscalculated. Will commuting return to pre-pandemic levels and what effect will the loss of businesses have on the

long-term tax base? Already adjustments of fees and taxes is in the works and speculation about future bonds or other revenue enhancement measures are beginning to surface.

Subjects that have been pushed aside in the past and been dormant during the immediate health threat did not disappear. They will rise to the surface as a crisis mentality becomes muted. For example, the Fremont City Council has recently raised the question of government structure. What is the best organizational plan for a large city whose council and mayor serve - and are paid - as part-time officials, yet expected to work full-time? Professional city managers serve an important function as administrators of city personnel and policies, but have no direct connection to their constituents, rather answer only to the mayor and councilmembers.

Currently, and in the past, many who have served as councilmembers and mayor in our local cities have devoted exceptional amounts of time to carry out the business of governance. The nature of the work requires, as cities grow and encounter complex issues, a greater time commitment, limiting the candidate pool to those who are either retired or financially independent. As a consequence, many well-qualified individuals are removed from contention by practical considerations.

Even in smaller cities, the role of mayor and councilmembers involve a myriad set of responsibilities that demand an extensive amount of time. Recently, Fremont's city council raised questions about this ranging from a "chief of staff" position to

expansion of the mayor's role. The city has, fortunately, been able to attract candidates who have given the necessary full-time effort even though inadequately compensated. It may be an opportune time to again explore the possibility of a charter city or hybrid model to replace the existing council/manager system. In the past, such proposals have been raised and rejected, but times have changed. Fremont has grown in size and importance to assume the role as a major influencer of the Bay Area.

Strengths and pitfalls of different organizational structures should be reexamined on a periodic basis to reaffirm or modify current practices. This is already done with a plethora of planning documents to determine whether prior decisions are aligned with current needs and conditions. The same can be accomplished through periodic consideration of the form of government chosen by past constituents. During this time of budget analysis, it may also be time for the City of Fremont to contemplate how elected officials are compensated and serve.

William Marshak
PUBLISHER

PG&E appoints regional vice presidents

SUBMITTED BY
TAMAR SARKISSIAN

PG&E recently announced the appointment of five regional vice presidents, which includes one in the Bay Area region (San Francisco, San Mateo, Alameda and Contra Costa counties) and one in the South Bay and Central Coast Region (Santa Clara and Santa Cruz counties).

The announcement of the regional leaders marks a milestone in PG&E's plan to move to a regional service model, as outlined in its Chapter 11 Plan of Reorganization and its Updated Regionalization Proposal filed February 26 with the California Public Utilities Commission. PG&E had committed to appoint a regional leadership team by June 1.

"We have assembled a strong and experienced group of leaders who will live and work in the communities they serve. This will position them to better understand and address the challenges unique to their regions. In doing so, they will have the full support of PG&E's executive leadership and the functional expertise of our 25,000 coworkers," said PG&E



Aaron J. Johnson

Corporation Chief Executive Officer Patti Poppe. The regional vice presidents are: Aaron J. Johnson, Bay Area Region: Johnson has been with PG&E for 12 years, most recently as vice president, Wildfire Safety & Public Engagement, with responsibility for improving operational practices and



Teresa Alvarado

situational awareness to mitigate wildfire risk and leading strategic planning for rebuilding infrastructure damaged by wildfires. Before joining PG&E, he served the California Public Utilities Commission as a consumer advocate, policy advisor, and regulatory analyst. Teresa Alvarado, South Bay & Central Coast Region: Alvarado has 20 years of executive experience in the energy and water sectors and has held civic leadership roles focused on environmental justice and equity. She currently chairs the California Water Commission, which provides a public forum for discussing water issues, advises the director of the Department of Water Resources, and approves rules and regulations.

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City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Tuesday @ 7:00 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
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(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

‘Vax for the Win’ kicks off in California

SUBMITTED BY CALIFORNIA GOVERNOR’S PRESS OFFICE

Governor Gavin Newsom has launched “Vax for the Win,” a new multi-faceted vaccine incentive program designed to motivate Californians to get their vaccination leading up to the state’s reopening on June 15. The incentives aim to give an extra nudge to those who still need to get vaccinated against COVID-19, especially those in hard-to-reach communities, while also thanking everyone who has already been vaccinated.

“Getting every eligible Californian vaccinated is how we bring our state roaring back from this pandemic,” said Newsom. “California has already made incredible progress in the fight against COVID-19, with the lowest case rates in the country, while administering millions more vaccines than any other state. But we aren’t stopping there; we’re

doing everything it takes to get Californians vaccinated as we approach June 15 to help us fully reopen safely.”

More than 62.8 percent of Californians aged 12 and older are at least partially vaccinated, but an estimated 12 million people who are eligible still have not gotten a vaccine to protect their health and the wellbeing of their communities.

“Some Californians weren’t ready to get their COVID-19 vaccine on day one, and that’s okay. This program is designed to encourage those who need extra support to get vaccinated and help keep California safe,” said Dr. Tomás J. Aragón, California Department of Public Health Director and State Public Health Officer. “The state will work closely with our partners at local health departments and community-based organizations to ensure the program reaches families living in communities with the lowest vaccination rates,

who might face language barriers and other obstacles.”

All Californians aged 12 and older who are at least partially vaccinated are automatically eligible for the cash prize drawings taking place in June. Thirty winners will be selected for the “\$50,000 Fridays” cash prize drawings on Fridays, June 4 and June 11, totaling \$1.5 million. On Tuesday, June 15, \$1.5 million will be awarded to 10 lucky Californians -- for a grand total of \$15 million in cash prizes. Winners must complete their vaccination in order to claim their prize. If someone younger than 18 wins, the cash will be put into a savings account for them until they turn 18.

In another program started May 27, the next two million people who begin and complete their COVID-19 vaccination will automatically be eligible to receive a \$50 card, for a total of \$100 million. They will have the option of a \$50 Virtual Prepaid

Card (which can be spent online, in store where major debit cards are accepted, or added to a mobile wallet), or a \$50 grocery gift card from Kroger (which includes Ralphs, Food 4 Less and Foods Co.) or Albertsons (which includes Safeway, Vons, Pavilions and Andronico’s Community Markets), while supplies last.

Californians will receive a text message with an electronic prepaid card redemption code sent to their mobile phone or email address seven to 10 days after their two-dose series of Pfizer or Moderna, or single dose of Johnson & Johnson. Those who do not have a mobile phone or email address can receive a physical card by calling (833) 993-3873, seven to 10 days after receiving their final dose. Those without a permanent address can also call to coordinate delivery.

For more information, visit COVID19.ca.gov/vax-for-the-win. To schedule an appointment to be vaccinated, visit MyTurn.ca.gov or call the CA COVID-19 Hotline at (833)-422-4255.

Newark City Council

May 27, 2021

Consent Calendar:

- Accept work with DeSilva Gates Construction LP for 2019 Asphalt Concrete Street Overlay Program.
- Approve bid and award contract to American Asphalt Repair and Resurfacing for ADA access.
- Accept Local Early Action Planning Grant Award to be used for preparation of 2023-2031 Housing Element.

Public Hearings:

- Consider property owners’ objections to 2021 Weed Abatement Program. None recorded.

Other Business:

- Accept Annual Engineer’s Reports and set public hearing on

June 24, 2021 for Landscaping and Lighting Districts Nos. 1,2,4,6,7,10,11,13,15,16,17,18, 19 for fiscal year 2021-22. PASSED: 4-0-1 (Collazo, Recuse)

- Receive presentation of Crime Prevention Through Environmental Design. This is a multi-disciplinary approach to promote safety, improve quality of life, discourage criminal behavior and reduce crime by changing the physical design of an environment.

City Council Matters:

- Recognize Memorial Day.
- Condemn racism and intolerance; influence change.
- Silliman Center pool is opening.

Mayor Alan Nagy	Aye
Vice Mayor Mike Bucci	Aye
Luis Freitas	Aye
Sucy Collazo	Aye, 1 recusal
Michael Hannon	Aye

More BART trains rolling soon



Credit: BART/Facebook

SUBMITTED BY BART

Starting Monday, June 7, BART will double the number of 15-minute frequencies trains run on weekdays and offer more trips on Saturdays in preparation for California’s economy fully opening on June 15.

The transit system will add 26 additional trips to its Monday-Friday schedule and will serve the busiest lines: Yellow (Antioch-SFO), Green (Berryessa-Daly City), and Red (Richmond-Millbrae + SFO). Most added trips will be during morning and evening peak hours. The BART Trip Planner is being updated to add the additional trips, and new PDF timetables will be developed prior to June 7.

With these added trips, trains will run within Oakland and San Francisco four to 15 minutes apart during peak hours. Some reverse commute and non-peak trips will be added to better serve all types of riders. Seven new trips from SFO will be added on weekdays to support summer travel.

Saturdays will get more frequent service with the addition of more than a dozen trips added throughout the day. Added trips on the Yellow line will serve Pleasant Hill to Daly City only. Extra trips will also be added to the Orange (Richmond-Berryessa) and Blue (Dublin/Pleasanton-Daly City) lines as well. BART will continue to run all long trains during all hours. In addition,

Fremont Unified School District Board Meeting

May 26, 2021

- Received information on Expanded Learning Opportunity Grant (ELOG) addressing accelerating progress to close learning gaps, integrated pupil supports community learning hubs, supports for credit deficient pupils, additional academic services and training for school staff.
- Approved first reading of Board Policy to address student use of technology/web page development and review administrative regulation.
- Next regular meeting scheduled for June 2, 2021 at 6:30 p.m.

Larry Sweeny
Dianne Jones
Vivek Prasad
Yajing Zhang
Desrie Campbell

Union City City Council

May 25, 2021

Proclamations and Presentations:

- Resolution in support of designating Mushin Lagos, Nigeria as sister city to the City of Union City. Unanimously adopted.

Consent Calendar:

- Contract amendment to extend the Union City Transit Fixed-Route and Demand-Response Operations and Maintenance Agreement with MV Transportation for six months beyond the current contract termination date of June 30, 2021 to December 31, 2021.
- Execute implementation agreement with Midpen Housing Corporation and prepare related documentation, including a funding commitment letter, to facilitate the submittal of an application by Midpen Housing for an affordable housing sustainable community grant for the Lazuli Landing mixed-use project.
- Adopt a resolution receiving the Measure F Alameda County Vehicle Registration Free Fund report, Measure BB Alameda County Transportation

Commission report and Measure B Alameda County Transportation Commission report for fiscal year ending June 30, 2020.

- Resolution approving an amendment to the Classification Plan; approving an amendment to the Compensation and Benefit Plan for non-represented management; creating the position of Supervising Construction Inspector; and approving an amendment to the city’s Compensation Plan and Salary Schedule in conformance with California Code of Regulations, Title 2, Section 570.5; and modifying the title of the Compensation and Benefit Plan.

Public Hearings

- Presentation on the proposed Fiscal Year 2021-22 and Fiscal Year 2022-23 biennial budget and five-year Capital Improvement Plan.

Action Item

- Adopt a resolution of intent to renew the Citywide Landscape and Lighting District No. 3 and set a public hearing date for June 22, 2021. Unanimously adopted.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Pat D. Gacoscos	Aye
Emily Duncan	Aye
Jaime Patiño	Aye
Gary Singh	Aye

BART will reopen all entrances/exits that were closed at larger stations during the height of the pandemic by June 15.

The system’s next service expansion is slated for August 30 when weekday service will be 5:00 a.m. to 12:00 midnight (currently 5:00 a.m. to 9:00 p.m.) with 15-minute frequencies on all lines from 5:00 a.m. to 8:00 p.m.

Saturday service will be 6:00 a.m. to 12:00 midnight (currently 8:00 a.m. to 9:00 p.m.) with five routes until 8:00 p.m. and added trips during peak hours for 15-minute frequencies.

As a welcome back to riders, BART will offer a 50% discount on all Clipper fares during the month of September.

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solution to design defects. Work closely with the
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growth and improvement. Identify and report technical
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Ewan Fisher
Resident of Texas
April 23, 2020 – May 22, 2021

Mary Elizabeth Rion
Resident of Union City
May 29, 1935 – May 19, 2021
Fremont Chapel of the Roses

Gretchen Melissa Gearhart
Resident of Fullerton
December 26, 1967 – April 18, 2021
Fremont Chapel of the Roses

Steven Edward Bennett
Resident of Newark
November 4 1954 – May 8, 2021
Fremont Chapel of the Roses

Raymond Robert Shuman
Resident of Fremont
March 21, 1936 – May 6, 2021
Fremont Chapel of the Roses

Myrna Joyce Thibault
Resident of Newark
January 2, 1939 – May 13, 2021
Fremont Memorial Chapel

Willa Mae Talley
Resident of Fremont
July 4, 1936 – May 3, 2021
Fremont Memorial Chapel

Raymond Robert Shuman
Resident of Fremont
March 21, 1936 – May 6, 2021
Fremont Chapel of the Roses

Janet Elizabeth Dekker
Resident of Fremont
April 15, 1957 – May 21, 2021


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Sneh Mohan
Resident of Fremont
April 1, 1944 – May 27, 2021

Cesar Leano
Resident of Tracy
February 21, 1956 – May 26, 2021

Nand Uberoi
Resident of Fremont
June 8, 1937 – May 26, 2021

Sonia Rondilla
Resident of Fremont
July 2, 1939 – May 24, 2021

Khanh Thai
Resident of San Jose
April 4, 1947 – May 23, 2021

Bruce Mills
Resident of Newark
June 8, 1963 – May 22, 2021

Sister Dolores Marie Calderwood
Resident of Fremont
February 22, 1929 – May 22, 2021

Dolores Sterling
Resident of Fremont
January 8, 1930 – May 22, 2021

Victoria Ortega
Resident of Newark
September 18, 1933 – May 21, 2021

Paul Moriconi
Resident of Fremont
July 28, 1938 – May 19, 2021

Alice Talavera
Resident of Newark
March 6, 1925 – May 19, 2021

Masahito Hiramine
Resident of Fremont
July 1, 1932 – May 19, 2021

Edward Johnson
Resident of Fremont
November 25, 1940 – May 17, 2021

Gilbert Richards
Resident of Milpitas
May 5, 1951 – May 15, 2021

Shashikant Dahyabhai Patel
Resident of Fremont
December 7, 1948 – May 14, 2021

John Landers

John Landers, 90, died after a short illness on April 28th, 2021. A resident of Fremont since 1962, he was born in Kansas City, Missouri. After graduating Rockhurst University, he attended a Naval school on Treasure Island before serving in the Korean War. He started his life in California by attending UC Berkeley and studying for a master's degree in engineering. He was an active member of Tri-City Ecology and The League of Women Voters. John loved making music with his clarinet and voice, guitar and body percussion and later in Middle Eastern music with the doumbek, tar, and other instruments.

John Landers' Celebration of Life will be held on June 19th, 2021, at 2950 Washington Blvd. in Fremont, in the Mission Peak Universalist Unitarian Church, at 10:30am. For those wishing to



make contributions, please donate to Tri-City Ecology. Bring a mask and prepare to be outside, if necessary.

John Landers is survived by his wife, Joanne Landers, his children, Paula, Frederick, and Russell Landers. His third son, Wayne Landers, died in 2017.

Raymond Edward Bainter Jr.

August 28, 1937 - May 23, 2021

Resident of Union City



Ray Bainter of Union City, CA passed away on May 23, 2021.

He is survived by his wife Carolyn, children Raymond, Teri, and Charlene, five grandchildren, and one great-granddaughter. Ray was a longtime worker of Hunts and United Can in Hayward, Ca.

Visitation will be held on Tuesday, June 1, 2021 from 11am-12:30pm with a Chapel service beginning at 12:30pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. A burial to follow at Irvington Memorial Cemetery in Fremont.

Gretchen Melissa Gearhart

December 26, 1967 – April 18, 2021

Resident of Fullerton, CA

Gretchen Gearhart passed away at the age of 53 from natural causes on April 18, 2021 in Fullerton, CA. She was born December 26, 1967 to the proud parents of Joyce A. and William R. Gearhart. The oldest of three children in her family. She is survived by her brother Jeffrey S. Gearhart and her mother Joyce A. Gearhart of Fremont, CA. She is predeceased by her brother Bradford W. Gearhart and her father William R. Gearhart.

She attended Cabrillo Elementary, Thornton Jr. High and graduated from American High School in 1986. She attended Santa Barbara Business College in Fremont, CA and earned her degree in Human Resources. She worked the majority of her career in this field. In the late 1990's Gretchen moved to the Los Angeles area and later bought her home in Fullerton, CA where she resided until her passing. Gretchen worked for ROSS corporate office. World Airways Center's Credit Union, FDIC in Irvine,



CA and lastly worked for the past 24 years with Southern Wine & Spirit's company. Though Gretchen never married or had children, she was very much loved by all who knew her.

Visitation will be held on Friday, June 4, 2021 from 10:30am-12pm with a Chapel service beginning at 12pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536. Burial to follow at Holy Sepulchre Cemetery in Hayward.

June 15 reopening: when tiers will disappear

SUBMITTED BY
HAYWARD CHAMBER
OF COMMERCE

As Californians get vaccinated, the state is reopening and moving Beyond the Blueprint for a Safer Economy.

The purple, red, orange and yellow tiers that helped manage COVID-19 are on track to end June 15. While limited measures will remain, Californians will see life getting back to normal, according to the California Department of Public Health (CDPH). All sectors listed in the current Blueprint Activities and

Business Tiers Chart may return to usual operations (with the limited exceptions for “mega events”). Employers are subject to the current Cal/OSHA COVID-19 Prevention Emergency Temporary Standards, if applicable.

As the state continues to monitor the transmission and effects of COVID-19 and its variants, The California Department of Public Health encourages the following general recommendations:

- Everyone should get vaccinated when eligible.
- Indoor spaces should be well ventilated (i.e., open all windows

and doors to increase natural air flow), following current CDPH and CalOSHA guidance.

- Everyone should sign up for CA Notify as an added layer of protection for themselves and the community to receive alerts when they have been in close contact with someone who tests positive for COVID-19

Restrictions applying to indoor and outdoor settings are detailed at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Beyond-Blueprint-Framework.aspx>

A Beyond the Blueprint Q&A is at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Beyond-Blueprint-QA.aspx>.

12th dead whale washes up on SF Bay Area beach this year

AP WIRE SERVICE

The carcass of a gray whale discovered on Pacifica State Beach on Friday was the 12th dead whale to wash up on a San Francisco Bay Area beach this year, authorities said.

Tissue samples collected on Saturday confirmed it was an approximately 47-foot (14-meter) adult male, said Giancarlo Rulli, a spokesman for The Marine Mammal Center. He said because the whale was in an advanced state of decomposition, scientists decided not to perform a necropsy to determine how it died.

Ten gray whales, one pygmy sperm whale and one fin whale have been reported dead on San Francisco Bay Area shores since the start of 2021, according to the California

Academy of Sciences. Necropsies revealed that two died of a ship strike and two others were suspected to have died of ship strikes. Eight of the deaths were from undetermined causes.

Since 2019, the U.S. National Oceanic and Atmospheric Administration has been investigating what it terms an unusual mortality event because of a higher rate of emaciated or injured gray whales stranded on beaches across the West Coast.

Malnutrition, entanglement, and trauma from ship strikes have been the most common causes of whale deaths in the Bay Area in recent years, according to the Mammal Center.

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Janet Elizabeth Dekker

April 15, 1957 – May 21, 2021



Janet passed away peacefully on May 21, 2021 at home with family. Janet was born in San Francisco on April 15, 1957 but lived the bulk of her life in Fremont, CA. She attended Brier Elementary school and graduated from John F. Kennedy High School in 1975. Janet was always all about the kids. Early on she was drawn to her younger siblings, the nurturing older sister always there with an open hand and soft shoulder. She found her calling early on. In high school she took ROP classes in Early Childhood Studies and received her AA degree in Early Childhood Development at Ohlone in 1977. She first started working as a teacher at Kinder Care, then The Learning Tree, and finally at the Fremont Parent Co-op. During the 35years as a teacher in pre-school she touched many young hearts and minds. Teacher Janet had a strong conviction that all children should be free to express themselves and be who they are. She encouraged children to color outside the lines and accepted them as-is and with a hug.

Janet's greatest joy came with the birth of her son. She devoted all of her energy to motherhood providing the most loving environment, enjoying the

challenges and rewards at every turn. All the while, Janet was sewing costumes, bringing over handmade gifts and cards, making paper, dying Easter eggs with natural colors, baking desserts for special occasions, building kites. And...adding a little specialness to every occasion. Janet was hit with a diagnosis of dementia at age 54. For the next 10 years she endured her disease as she always lived her life, with a loving acceptance of everyone and everything around her...still appreciating the laugh of a child, the chirp of a bird and the joy of family (and a good spoonful of Loard's ice cream). She loved camping and nature. She loved family barbeques and shagging softballs. She loved dancing and singing around the piano. And anything to do with being a mother. She loved Dan Fogelberg and Depeche Mode. She loved Fudge Anas and banana splits. She loved a bite of licorice with a bite of popcorn.

Janet is survived by her son Clayton Filson, her grand-daughter Elizabeth Filson, her mother Margaret, and eleven siblings: Robert (Lorna), Kathryn, Daniel, David (Pam), John, Claire Sabin (Pete), Jennifer Van Camp (John), Colleen Kinnear (Dominic), Thomas (Meagan), Mercedes (Paul), Karl (Yvette), numerous nieces and nephews and Clayton's father Patrick Filson. She is predeceased by her father William Dekker. We will miss you Jan-Jan but the hole that is left in our hearts will be partly filled with the joy and memories you gave us.

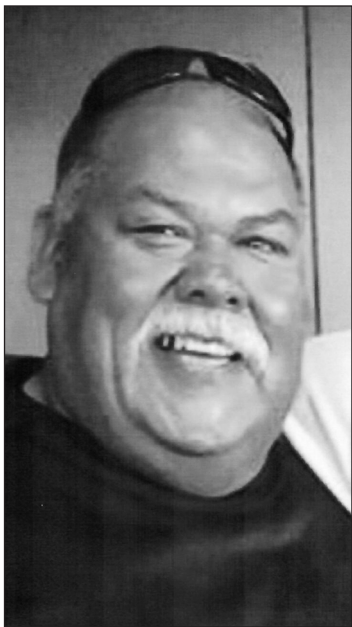
Services for Janet have been held. The family suggests donations can be made to The Alzheimer's Association, Habitat for Humanity or a charity of your choice.

Robert (Bucky) V Duarte

Robert (Bucky) V Duarte, a lifelong tow truck driver and resident of the Bay Area died suddenly on March 11, 2021 at the age of 60. Bucky was born in Oceanside, Ca. on May 24th, 1960.

Bucky is predeceased in death by his parents Antonio L. Duarte and Amelia V. Duarte and one brother Antonio L. Duarte Jr. He is survived by Sisters Dolores Clara, Aurora Rodriguez, Tives Duarte, Grace (Lupe) Duarte, Hilda Ayala, Pati Mahusay, Martha Cecena and one brother Jaime Duarte. One surviving Tia, Rosemary Gudino, many nieces/nephews and tons of extended family and friends.

Bucky was a devoted family member with many lifelong friends and a bigger than life presence. His passions were his family, drag racing and everything associated with NASCAR races and the "pits." He was an avid BBQer and his best qualities were his loyalty and how no matter who he was holding conversation with, he was "present." He was also a very good photographer who was always taking our pictures at all our family gatherings



and capturing our memories. He was always spotted taking pictures/selfies with the young and old. He will be dearly missed.

He will be laid to rest at Cedar Lawn Cemetery on June 8, 2021 at 11:30am.

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Paul Moriconi

July 28, 1938 - May 19, 2021

Resident of Fremont

Paul F. Moriconi passed away May 19, 2021 at the age of 82 in Fremont, CA after a very long illness with his family by his side. He was born in San Francisco and grew up in San Bruno, CA. He was the son of Ann and Vincent Moriconi who preceded him in death. He was a graduate of Capuchino High School, class of 1957 where he was one of the founding members of the Lightening Rods car club. He loved collecting antiques, street rods and numerous other things. You could always find him at swap meets, flea markets, auctions and garage sales looking for something to add to his



collections. He considered this his second job. He also served his country in the Army. The last years of his life were challenging

with numerous health issues but he never gave up. He loved his family and friends dearly. He married his wife Louise Julian in Reno on September 2, 1967. Together they had a daughter Melisa Anne and son Paul Vincent. He is also survived by his favorite sister Louise Simpson and brother-in-law Wil Simpson of Reno, Nevada as well as many nieces and nephews including Steve Silva and Shari Thompson. His wishes were to be cremated and scattered at Princeton by the sea. No service will be held per his wishes.

James Webb Sampson

05/19/41 – 05/14/21

James Webb Sampson was one of seven children born to George and Ruth Sampson. He and his siblings are Descendants of the Mayflower (Henry Samson) and were the 4th generation to live and work in the historic Sampson House hotel in Excelsior, MN.

He is survived by his 6 brothers and sisters: Dee, Laura, Clifford, Mary, Catherine and LaRoy, along with many nieces, nephews and grandchildren. He is also survived by his wife, Muriel, and two children, Angela and Derek. Three children (Michelle, Timothy and Sonia) passed prior to him.

He retired from the US Navy after 25 years of service in 1985. He worked as a Technical Writer

for 18 years before retiring a second time. He was a volunteer coach for his son's soccer team and a long-time volunteer for the Friends of the Hayward Library since 1991. His amazing sense of humor and big heart will be missed by all!

[In lieu of flowers, please consider making a donation to an organization near and dear to his heart, Friends of the Hayward Library (PO Box 642, Hayward, CA 94543)...or to your favorite charity/cause.]

Tri-City Cremation & Funeral Service
Newark, CA 94560
510-494-1984



Can marijuana ease the pains of growing old?

SUBMITTED BY JOHN GRIMALDI

"More and more states are legalizing the use of cannabis [marijuana] and more and more seniors are using it to deal with the aches and pains of aging. Some have the consent of their physicians while others are tempted simply because 'they hear it works.' But, according to medical professionals, its use comes with risks," warned Rebecca Weber, CEO, Association of Mature American Citizens (AMAC).

Weber cited a report in Medical News Today that lists those risks, not the least of which is using "unregulated" cannabis that might be contaminated. Meanwhile, there is the danger that its use can impair your judgment, affect your immune response, cause memory loss, and even cause testicular cancer and gum disease.

According to the National Institute on Drug Abuse, which is an arm of the National Institutes of Health, "Marijuana is the most commonly used addictive drug after tobacco and alcohol." In addition to the dangers listed in the Medical News report, it can make you grouchy, cause sleepless nights, impair your appetite, and cause anxiety.

Dr. Marc Agronin, chief medical officer, MIND Institute at Miami Jewish Health, recently

wrote a "special report" on the growing use of marijuana-based products among the elderly. Agronin concluded, "The bottom line is that more rigorous scientific study using randomized controlled trials is needed to substantiate the proposed benefits of cannabis and more fully understand the range and impact of common adverse effects."

Agronin noted that since the legalization of marijuana started spreading across the country, merchants and distributors have sought to increase sales by hyping benefits. The claims may have some basis in fact. He cited a study that found the use of a THC and CBD oral spray for peripheral nerve pain "was well tolerated [by users] and showed a trend toward improvement in pain and sleep." [THC and CBD are two of the principal components of marijuana.]

But fact finding is underway to see if marijuana's benefits outweigh its risks, and a new report published by the Gerontological Society of America agrees with Dr. Agronin that the jury is still out.

"It comes down to this," said Weber. "If you are thinking about trying marijuana, whatever its form, ask your physician if it is a good idea."

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Youth Academy gives students a peek into how police work

SUBMITTED BY
HAYWARD PD

Students from 8th through 12th grades who are looking for a fun and informative activity to do this summer are in luck. The Hayward Police Department’s Youth Academy Program is accepting applications now through June 18 for its four-day program set for mid-July.

The popular free program is offered each summer and gives students a unique opportunity to develop a greater understanding of the inner workings of a police department, as well as policies and procedures, taught by law enforcement professionals. The purpose of the academy is to educate youths in their integral roles as community members while strengthening their relationship with the police.

Classes will meet 9 a.m. to 1 p.m. Monday through Thursday, July 12-15, at the Hayward Main Library on C Street and the Hayward Executive Airport Hangar on Skywest Drive. Topics and activities that may be covered include:

- Patrol structure/recruitment
- Alcohol/drug abuse and the consequences of underage tobacco use
- Special Victims Unit
- Forensics and crime scene presentations
- Investigations
- Vice/intelligence
- Traffic enforcement
- Gangs and graffiti
- SWAT/police-K9 demonstration

- Crisis negotiation/de-escalation
- Virtual police department tour
- Youth and Family Services bureau

Class size is limited because of COVID-19 restrictions, and applicants must pass a limited background check and have parent or guardian approval to participate. The course may also include exposure to simulated firearms and graphic subject matter.

The deadline to apply is June 18. Online registrations can be made by visiting the Hayward Police Department website at www.haywardpd.net, then choosing “Programs” from the navigation bar and selecting “Youth Academy Program” from the drop-down menu.

For questions about the program, call Community Service Officer Alicia Romero at (510) 293-7179 or email Alicia_Romero@hayward-ca.gov.

HPD Youth Academy Program
Monday, Jul 12 – Thursday, Jul 15
9 a.m. – 1 p.m.
Hayward Main Library
888 C St., Hayward

Hayward Executive Airport Hangar

Register online at www.haywardpd.net
Registration deadline: June 18 (or until class is full)
Contact Alicia Romero (510) 293-7179 or alicia.romero@hayward-ca.gov

Fremont Fire Department Log

SUBMITTED BY FREMONT FIRE DEPARTMENT

Wednesday, May 26

• At 6:06 a.m. firefighters responded to a report about a residential fire on Orangewood Drive. Upon arrival they found a smoldering mattress that had been extinguished by one of the home’s occupants. An unresponsive adult female suffering from smoke inhalation was found in a bedroom. Firefighters and paramedics tried to resuscitate her, but she passed away. The two other people at the home, identified as the woman’s parents, were uninjured. The cause of the fire was determined to be accidental, and damage was limited to the mattress and box spring.

BART Police Log

SUBMITTED BY
LES MENSINGER
AND BART PD

Friday, May 21

• At 5:21 a.m. a man identified by police as Carlos Mendez Rivera, 44, of Oakland was arrested at Union City station on suspicion of possessing drug paraphernalia and resisting arrest.

• At 11:27 a.m. a male transient, identified by police as Spencer Clifton, 31, was arrested at Fremont station on suspicion of being out of compliance with sex offender registration rules. He was booked into Santa Rita Jail.

• At 9:09 p.m. a person identified by police as Aubrey Crowder, 20, of Berkeley was arrested at Bay Fair station in San Leandro on suspicion of trespassing on transit property, possession of drug paraphernalia and violating a court order. Crowser was booked into Santa Rita Jail.

Sunday, May 23

• At 7:13 p.m. a man identified by police as Richard Bryson, 18 of San Francisco was arrested at South Hayward station on

suspicion of domestic violence. He was booked into Santa Rita Jail and issued a prohibition order.

Sunday, May 23

• At 8:11 a.m. a man identified by police as Elijah Alfafara, 28, of San Francisco was arrested at Fremont station on two misdemeanor warrants totaling \$15,000 issued by the San Francisco Police Department. He was booked into Fremont City Jail.

Monday, May 24

• A man identified by police as Ivan Robinson, 30, of Oakland was arrested at Fremont station on suspicion of possessing and transporting a controlled substance, possession of a loaded firearm and possession of drug paraphernalia. He was booked at Santa Rita Jail and issued a prohibition order.

Tuesday, May 25

• At 12:58 p.m. a man identified by police as Therren Carmical, 42, of Oakland was detained at Hayward station on suspicion of fare evasion. A record check showed four outstanding warrants. He was arrested and booked at Santa Rita Jail.

Wednesday, May 26

• At 8:05 a.m. a man identified by police as Jackson Smith, 24, of

San Jose was arrested at Fremont station on suspicion of possessing drug paraphernalia, possessing a controlled substance and violating a court order. He was booked at Santa Rita Jail.

• At 8:40 a.m. a man identified by police as Marco Senegal, 32, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of being out of compliance with sex offender registration rules. He was booked at Santa Rita Jail.

Thursday, May 27

• At 6:33 p.m. a man identified by police as Demallo Jackson, 28 of Berkeley was detained at Bay Fair station in San Leandro on suspicion of fare evasion. A record check showed a \$50,000 felony warrant held by Contra Costa County. He was arrested and booked at Santa Rita Jail.

Friday, May 28

• At 4:50 a.m. a man identified by police as Semere Kidane, 29, of Los Angeles was arrested at Fremont station on suspicion of fare evasion, probation violation and possession of drug paraphernalia. He was booked at Santa Rita Jail.

Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES, FREMONT PD

Friday, May 21

• At about 10:30 a.m. a robbery occurred in the area of Kansas Way and Ursa Drive. An elderly woman was walking in the area when a woman approached her, grabbed her arms, and forcibly removed her jewelry while replacing it with fake jewelry. The suspect fled the scene in a dark-colored vehicle.

Saturday, May 22

• At 9:57 p.m. officers located a parked stolen vehicle in the area of Target, 43950 Pacific Commons. Officers arrested a suspect, identified by police as Ernesto Salazar, 18, of Fremont as he returned to the vehicle.

Monday, May 24

• At about 8:45 a.m. officers located a stolen vehicle in the area of Farwell Court and made a high-risk traffic stop. A woman, identified by police as Caroline McDaniel, 32, a transient from Fremont, was arrested.

Union City Police Log

SUBMITTED BY UNION CITY PD

Monday, May 3

• At about 11:30 p.m. officers responded to the report of a suspicious vehicle in the 35000 block of Peco Street. The caller said that a male was sitting in a car in front of his residence. A license plate check showed that the vehicle was stolen. A man identified by police as John Raynor, 33, was found in the vehicle driver seat. He was arrested on suspicion of possessing a stolen vehicle.

Thursday, May 6

• At about 7:00 p.m. officers responded to a vehicle collision in the 32900 block of Pulaski Drive. The caller reported that a car hit a parked vehicle then crashed into a house. A woman identified by police as Lucinda Nieves, 52, was contacted by arriving officers who determined she was showing signs of intoxication. She was arrested on suspicion of DUI. There were no injuries.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com



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Community Bulletin Board

10 lines/\$10/ 10 Weeks
\$50/Year

HERS Breast Cancer Foundation Post-surgical products & fitting services by appointment only. Assistance Programs available for under-served patients. HERSbreastcancerfoundation.org (510) 790-1911 2500 Mowry Avenue, Suite 130 (Washington Hospital West) M-F, 10 am to 5 pm	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	UNITY CHURCH OF CASTRO VALLEY A Center for Positive Living Rev. Donna Caldwell invites all people to attend our 11:00 a.m. Sunday Services 20121 Santa Maria Ave., Castro Valley For classes & other activities 510/538-1416 www.unitycv.org	510-494-1999 tricityvoice@aol.com
		A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227	Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting
Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics. We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17@weebly.com You can also email easydudz@gmail.com or call us at 510.276.2270 for more info.	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365		
SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313	Mission Valley Track and Field Club Practice Starts May 3, 2021 6:00 James Logan High School All Ages and Skill Levels All Events Covered Seniors, Special Olympians, Para Olympians, Youth Lee Webb 510-304-7172 lwebb@nhusd.k12.ca.us Promoting Life Skills Through The Sport of Track and Field Sign-Up Now	Scholarships for Women Our Fremont PEO chapter sponsors scholarships for women entering college, earning another degree, returning to school after 2 + years. Low interest education loans Apply online: www.peocalifornia.org Questions? peouf150@gmail.com	A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you're not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Sat. of the month (off July & Dec) 2-4PM Great speakers! * All genres! *Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Mon of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org	FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT,CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom	

LETTER TO THE EDITOR

Rodeo Update

Thanks to COVID-19, both the May Rowell Ranch and June Livermore rodeos have again been cancelled. Back in February, Los Angeles City Council voted unanimously (15-0) to ban the use of flank straps, sharpened spurs, and electric prods at all rodeos within the city limits.

Two years ago, Alameda County Board of Supervisors outlawed the children's "mutton busting" event, wherein thoughtless parents coerce very young children into riding terrified sheep, dangerous for all concerned. There's also the risk of contracting E. Coli, since likely all rodeo arenas are so infected.

The board is currently being urged to add the brutal, sometimes fatal, and blatantly sexist "wild cow milking contest" to the prohibited list. One of these stressed-out cows suffered a broken neck at the 2014 Rowell Ranch rodeo and had to be euthanized, leaving an orphaned calf.

A glimmer of hope on the national level: President Joe Biden removed a Frederic Remington bronze statue of a cowboy on a bucking bronco from the Oval Office and replaced it with a bust of longtime rodeo critic, Cesar Chavez. Progress!

The U.K. outlawed rodeos back in 1934. Can the U.S. be far behind?

Eric Mills
Action For Animals
Oakland

Who can call themselves an astronaut?

BY MARCIA DUNN ASSOCIATED PRESS AEROSPACE WRITER

As more companies start selling tickets to space, a question looms: Who gets to call themselves an astronaut? It's already a complicated issue and about to get more so as the wealthy snap up spacecraft seats and even entire flights for themselves and their entourages.

Astronauts? Amateur astronauts? Space tourists? Space sightseers? Rocket riders? Or as the Russians have said for decades, spaceflight participants?

NASA's new boss Bill Nelson doesn't consider himself an astronaut even though he spent six days orbiting Earth in 1986 aboard space shuttle Columbia -- as a congressman. "I reserve that term for my professional colleagues," Nelson recently told The Associated Press.

Computer game developer Richard Garriott -- who paid his way to the International Space Station in 2008 with the Russians -- hates the space tourist label. "I am an astronaut," he declared in an email, explaining that he trained for two years for the mission.

"If you go to space, you're an astronaut," said Axiom Space's Michael Lopez-Alegria, a former NASA astronaut who will accompany three businessmen to the space station in January, flying SpaceX. His \$55 million-a-seat clients plan to conduct research up there, he stressed, and do not consider themselves space tourists.

There's something enchanting about the word: Astronaut comes from the Greek word for star and sailor. And swashbuckling images of "The Right Stuff" and NASA's original Mercury 7 astronauts make for great marketing. Jeff Bezos' rocket company, Blue Origin, is already calling its future clients "astronauts." It's auctioning off one seat on its first spaceflight with people on board, targeted for July. NASA even has a new acronym: PAM for Private Astronaut Mission.

Retired NASA astronaut Mike Mullane didn't consider himself an astronaut until his first space shuttle flight in 1984, six years after his selection by NASA. "It doesn't matter if you buy a ride or you're assigned to a ride," said Mullane, whose 2006 autobiography is titled "Riding Rockets." Until you strap

two pilots for Richard Branson's Virgin Galactic who made another test flight of the company's rocket ship Saturday. Others define space as beginning at an even 100 kilometers, or 62 miles above sea level.

Blue Origin's capsules are designed to reach that threshold and provide a few minutes of weightlessness before returning to Earth, by contrast, it takes 1.5 hours to circle the world. The Association of Space Explorers requires at least one orbit of Earth -- in a spacecraft -- for membership.

The Astronauts Memorial Foundation honors all those who sacrificed their lives for the U.S. space program even if they never reached space, like Challenger schoolteacher Christa McAuliffe and the test pilot killed in a 2014 Virgin Galactic crash. Also on the Space Mirror Memorial at NASA's Kennedy Space Center: X-15 and F-104 Air Force pilots who were part of a military space program that never got off the ground.

The astronaut debate has been around since the 1960s, according to Garriott. His late father, Owen Garriott, was among the first so-called scientist-astronauts hired by NASA; the test pilots in the office resented sharing the job title.

It might be necessary to retire the term altogether once hundreds if not thousands reach space, noted Fordham University history professor Asif Siddiqi, the author of several space books. "Are we going to call each and every one of them astronauts?"

Mullane, the three-time space shuttle flier, suggests using astronaut first class, second class, third class, "depending on what your involvement is, whether you pull out a wallet and write a check." While a military-style pecking order might work, former NASA historian Roger Launius warned: "This gets really complicated really quickly."

In the end, Mullane noted, "Astronaut is not a copyrighted word. So, anybody who wants to call themselves an astronaut can call themselves an astronaut, whether they've been in space or not."

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

PUBLIC NOTICES

 CITY OF FREMONT NOTICE OF PUBLIC HEARING DOWNTOWN DISTRICT USE TABLE AMENDMENTS – (PLN2021-00133) To consider amending Fremont Municipal Code Title 18 (Planning and Zoning), Chapter 18.47 (Downtown District) to modify the use table for the Downtown (D) District. APPLICANT: City of Fremont PUBLIC HEARING: Notice is hereby given that the Fremont City Council will consider the proposed amendments on Tuesday, June 15, 2021, at 7:00 p.m. This public hearing will not be held in-person. A publicly accessible location will not be provided for the public hearing. The City has deemed it necessary in the interest of public health to limit the attendance of public assemblies to prevent or mitigate the effects of Coronavirus 2019 (COVID-19). Accordingly, said public meeting will be held via teleconferencing and made accessible telephonically or otherwise electronically to impose and promote social distancing under the authority of Governor's Executive Order N-25-20, as amended. ENVIRONMENTAL REVIEW: The proposed amendments are exempt from the requirements of the California Environmental Quality Act (CEQA) per, each on a separate and independent basis, (1) CEQA Guidelines Section 15061(b)(3) in that the amendments do not have the potential to cause a significant effect on the environment, and are not subject to CEQA review; and (2) CEQA Guidelines Section 15183, as a project consistent with the development densities and policies in the general plan and existing zoning and which does not involve any peculiar significant effects that were not previously analyzed or discussed as significant effects in prior EIRs on the General Plan (SCH#2010082060) and the Downtown Community Plan (SCH#2010072001). <i>Any questions or comments on the project should be submitted to:</i> Wayland Li, Principal Planner Location: 39550 Liberty Street, Fremont Mailing: P.O. Box 5006, Fremont, CA 94537-5006 Phone: (510) 494-4453 E-mail: wli@fremont.gov CNSB#3476971	
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CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HC21097143
Superior Court of California, County of ALAMEDA
Petition of: NINA SENIARAY for Change of Name To ALL INTERESTED PERSONS:
Petitioner NINA SENIARAY filed a petition with this court for a decree changing names as follows: NINA SENIARAY TO SARABJIT KAUR
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 06-18-2021, Time: 11AM, Dept.: 17, Room:
The address of the court is 1221 OAK ST, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: WHAT'S HAPPENING
Date: APRIL 19, 2021
JUDGE DESAUTELS
Judge of the Superior Court
5/11, 5/18, 5/25, 6/1/21

CNS-3468323#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 578935
Fictitious Business Name(s):
KAFKA PUBLISHING, 33765 WHITEHEAD LN, FREMONT, CA 94555, County of ALAMEDA
Registrant(s):
VEDA T. MIRMALEK, 33765 WHITEHEAD LN, FREMONT, CA 94555
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on MAY 01, 2021
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ VEDA MIRMALEK
This statement was filed with the County Clerk of Alameda County on MAY 11 2021
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
6/1, 6/8, 6/15, 6/22/21

CNS-3474908#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 578677
Fictitious Business Name(s):
DATEST, 47810 WESTINGHOUSE DR., FREMONT, CA 94538, County of ALAMEDA
Registrant(s):
ABM TEST, INC., 47810 WESTINGHOUSE DR., FREMONT, CA 94538
Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on JULY 25, 2005
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ROBERT A. BOGUSKI
This statement was filed with the County Clerk of Alameda County on MAY 05, 2021
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
5/25, 6/1, 6/8, 6/15/21

CNS-3473751#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 578646
Fictitious Business Name(s):
MISSION PEAK PEDIATRIC DENTISTRY, 43480 MISSION BLVD UNIT 160, FREMONT, CA

This statement was filed with the County Clerk of Alameda County on APR 16, 2021
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
5/18, 5/25, 6/1, 6/8/21

CNS-3469895#

GOVERNMENT

PLANNING COMMISSION OF
THE CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following:
Vesting Tentative Tract Map (TTM-19-001), Site Development Review (SD-19-002), Use Permit (UP-19-004), & Development Agreement (DA-20-002)
The applicant, Vaddineni Venkateswara, is seeking approval of a Vesting Tentative Tract Map for a six (6) lot subdivision (TTM-19-001) from a vacant, 258,311 square-foot (5.93 acres) parcel. The resulting lots would range in size from approximately 14,000 square feet to 54,000 square feet with a portion of the site being permanently dedicated as a conservation-open space easement. The project also includes Site Development Review (SD-19-002) and Use Permit (UP-19-004) to construct six (6) new single-family homes ranging from approximately 4,500 square feet to 6,500 square feet, and a Development Agreement (DA-20-002) for the project. Additional on- and off-site improvements (e.g., new private roadway, landscaping, etc.) are also proposed. The property is located at the terminus of Florence Street (APN 87-34-2-7) in the RS-6000-H (Single-Family Residential, Hillside) Zoning District.
NOTICE IS ALSO GIVEN that a Mitigated Negative Declaration was prepared for the project, which determined that the project would not result in any significant environmental impacts with the incorporation of mitigation measures.
This item will be heard at a public hearing by the Planning Commission at the meeting listed below.
Public Participation Prohibited due to Public Health Emergency, comments may be submitted in writing prior to the hearing or at the hearing consistent with the Teleconference Guidelines. The project planner, Derek Farmer, Planning Manager, can be reached at (510) 675-5419 or dfermer@unincity.org
PLANNING COMMISSION MEETING
Thursday, June 17, 2021
Said hearing will be held at 7:00 p.m.
Via Teleconference
The Planning Commission meeting packet and instructions on how to virtually attend the meeting and provide your comments can be found at <https://www.unioncity.org/199/City-Meetings-Video>.
Meeting packets which includes the meeting agenda and staff report are generally available on-line the Friday before the meeting.
If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.
CARMELA CAMPBELL, AICP
Planning & Community Development Director
6/1/21

CNS-3473745#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 579118
Fictitious Business Name(s):
KNDK GIZMOS, 36875 MONTECITO DR, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):
KELLY CONTI, 36875 MONTECITO DR, FREMONT, CA 94536
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 03-22-2021
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ KELLY CONTI
This statement was filed with the County Clerk of Alameda County on MAY 13, 2021
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
5/25, 6/1, 6/8, 6/15/21

CNS-3473731#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 578640
Fictitious Business Name(s):
GIVE TEENS 20, 39275 STATE STREET, FREMONT, CA 94538, County of ALAMEDA
Registrant(s):
NAVZ 39275 STATE STREET, FREMONT, CA, 94538
Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on JUNE 18, 2021
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ KATHY LAIDLAW
This statement was filed with the County Clerk of Alameda County on MAY 04, 2021
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
5/25, 6/1, 6/8, 6/15/21

CNS-3472408#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 576201
Fictitious Business Name(s):
CALIFORNIA WORLD TRADE COMPANY, 2497 CARISBROOK COURT, HAYWARD, CA 94542, County of ALAMEDA
Registrant(s):
STANLEY R. NAMES, 2497 CARISBROOK COURT, HAYWARD, CA 94542
Business conducted by: A MARRIED COUPLE
The registrant began to transact business using the fictitious business name(s) listed above on 2-28-2021
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ STANLEY R. NAMES

sources anticipated to provide the service will be available to the public at the Office of the City Clerk beginning May 31, 2021. Please email the City Clerk at city.clerk@newark.org or call 510-578-4278 to obtain a copy. Citizens have the right to make oral or written presentations during the public hearing. SHEILA HARRINGTON, City Clerk
Publication: Tri City Voice May 25 and June 1, 2021
5/25, 6/1/21

CNS-3473488#

PROBATE

NOTICE OF PETITION TO ADMINISTER
ESTATE OF
YOKE CHOON WONG
CASE NO. RP21097351

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: YOKE CHOON WONG
A Petition for Probate has been filed by TZE LING TAY in the Superior Court of California, County of ALAMEDA.
The Petition for Probate requests that TZE LING TAY be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 6/28/2021 at 2:00 P.M. in Dept. 201 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.
MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court.
If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: TZE LING TAY, 49098 ROSE TERRACE, FREMONT, CA 94539, Telephone: 408-887-1847
6/1, 6/8, 6/15/21

CNS-3471697#

TRUSTEE SALES

Trustee Sale No. 1049889
Notice Of Trustee's Sale
Loan No. Title Order No. APN: 444-0060-010
You Are In Default Under A deed Of Trust Dated 05/17/2013. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceedings Against You, You Should Contact A Lawyer. On 06/22/2021 at 12:00PM, First American Title Insurance Company as the duly appointed Trustee under and pursuant to Deed of Trust recorded on May 31, 2013 as Document Number 2013193107 of official records in the Office of the Recorder of Alameda County, California, executed by: Sanjeev Sharma, a Married Man as Sole and Separate Property, as Trustor, Bhupinder Nath Bhandari, as Beneficiary, Will Sell At Public Auction To The Highest Bidder For Cash (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state), At: At The Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County of California, described as follows: Exhibit "A" attached hereto and incorporated by reference herein The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 773 Berry Avenue, Fremont, CA 94538. The undersigned Trustee hereby warrants and represents that the street address, priority, and/or any incorporeteness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$568,871.74 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since the recording of said Notice to Potential Bidders; If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and notice of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may visit the website below using the file number assigned to this case. Information about postponements that is very short in duration or that occur close in time to the scheduled sale may not immediately be reflected on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an eligible tenant buyer, you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an eligible bidder, you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (858) 410-2154, or visit this internet website (<http://www.firstam.com/title/commercial/foreclosure/>) using the file number assigned to this case [TS 1049889] to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an eligible tenant buyer or eligible bidder, you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. For information on sales dates please visit our website at: <http://www.firstam.com/title/commercial/foreclosure/> Date: 5/24/21 First American Title Insurance Company 4380 La Jolla Village Drive Suite 110 San Diego, CA 92122 (858) 410-2158 /s/David Z. Bark. Foreclosure Trustee Exhibit A: Portion Of That Certain 2 Acre Parcel Of Land Described In The Deed From Manuel I. Serpa And Wife, To C.S. Da Mello, Dated February 18, 1904, Recorded February 25, 1904, In Book 956 Of Deeds, At Page 222, Alameda County Records, Described As Follows: Beginning At A Point On The Center Line Of Berry Avenue Or County Road No. 6158, Distant Thence South 57° 55' West 150 Feet From The Southwestern Line Of County Road No. 1762 Hayward To Decoto, As Said Road Existed Before The Widening Thereof; Running Thence South 32° 5' East 166.58 Feet To The Southeastern Line Of Said 2 Acre Parcel; Thence Along Said Last Named Line South 57° 55' West 150 Feet; Thence North 32° 5' West 166.58 Feet To The Center Line Of Said Berry Avenue Or County Road No. 6158; And Thence Along Said Last Named Line North 57° 55' East 50 Feet To The Point Of Beginning APN: 444-0060-010
6/1, 6/8, 6/15/21

CNS-3476980#

Project IceCube: Live at the South Pole

SUBMITTED BY CASTRO VALLEY ROTARY CLUB
& CASTRO VALLEY SCIENCE

Winter is here! On June 8, join an extraordinary virtual presentation by scientists at the South Pole who will describe what it is like to live and work where it is dark more than 23 hours every day and where the average temperature is -50°F.

Project IceCube uses a cubic kilometer of ice at the South Pole to measure neutrinos, mysterious subatomic particles that have an extremely small mass. Don't miss this fascinating event, live from an alien world - Register on Eventbrite! (Zoom link will be made available after registration.)

Project IceCube: Live at the South Pole
Tuesday, Jun 8
12 noon – 1:30 p.m.

Interactive Zoom presentation
www.eventbrite.com

State Senate OKs SB 346 bill covering data collected from in-vehicle cameras

SUBMITTED BY
JEFF BARBOSA

On May 26, the state Senate passed a bill by Senator Bob Wieckowski (D-Fremont) to prohibit data collected from in-vehicle cameras from being sold to third parties or used for advertising purposes. The SB 346 bill also requires that consumers be notified at the time of purchase that a camera is installed inside the vehicle.

As more cars become equipped with in-vehicle cameras capable of recording the interior of the vehicle cabin and the actions of the driver, consumers face another threat to their privacy. SB 346 now heads to the state Assembly.

“We spend a great deal of time inside our car,” Wieckowski said.

“What we do while driving to work, going to the store, or picking up our children, reveals a great deal about who we are and our daily habits. This is extremely valuable information that some estimate will be worth over \$750 billion by 2030. SB 346 will address the potential erosion of privacy at its root before it can grow out of control. I’m pleased to see the strong show of bipartisanship on this important privacy issue.”

The use of in-vehicle cameras to record sensitive data allows private companies to build composites of consumers’ habits and likes that can be used for targeted advertising. Companies such as BMW, Hyundai, and Cadillac are among those with in-vehicle cameras installed in their models.

“The Consumer Federation of California (CFC) appreciates the Senate for standing with consumers in a such a strong bipartisan way by voting to protect driver and passenger privacy,” said Robert Herrell, executive director, CFC. “SB 346 will ensure that people can use and enjoy their cars without the threat of having private recordings of them and their families sold or distributed. An in-vehicle video should not be monetized by companies in their endless pursuit of more profit centers. As the use of in-vehicle cameras rapidly grows, SB 346 will stand as an important framework for consumer protections in this space.”

California agrees to allow offshore wind farms

BY BRIAN MELLEY
ASSOCIATED PRESS

California and the U.S. government have made an agreement to open up areas off the state’s central and northern coasts to massive wind energy farms.

The pact that would float hundreds of turbines off the coast of Morro Bay and Humboldt Bay was touted as a breakthrough to eventually power 1.6 million homes and help the state and federal government reach ambitious climate change goals through clean energy production.

“California, as we all know, has a world class offshore wind resource, and it can play a major role in helping to accelerate California’s and the nation’s transition to clean energy,” National Climate Advisor Gina McCarthy said.

The plan includes floating 380 windmills across a nearly 400-square-mile (1,035-square-kilometer) area that is 20 miles (32 kilometers) northwest of Morro Bay. The site could be finalized next month and could be put up for lease next year. The announcement is part of President Joe Biden’s plan to create 30 gigawatts of offshore wind energy by 2030.

The scale of the California projects would dwarf wind farms planned or proposed on the East Coast. Two weeks ago, the Biden administration announced a \$3 billion project off the coast of Martha’s Vineyard in Massachusetts that would power 400,000 homes with 84 turbines.

The 800-megawatt Vineyard Wind project would be the first utility-scale wind power

development in federal waters. Another proposed project, Ocean Wind, off New Jersey would create 1,100-megawatts of power. The California wind farms would produce a combined 4.6 gigawatts, with the Morro Bay operation providing two-thirds of that output.

California Gov. Gavin Newsom, a Democrat, said he included \$20 million in his revised budget proposal this month that would help expedite environmental review of the projects. California set a goal to produce all electricity by 2045 through renewable energy resources and zero-carbon generating facilities.

California cautious in lifting mask requirement

BY DON THOMPSON
ASSOCIATED PRESS

California won't lift its mask requirement until June 15 to give the public and businesses time to prepare and ensure coronavirus cases stay low, the state health director said, a decision that runs counter to many other states including Oregon and Washington that quickly aligned with last week’s new federal guidelines.

“This four-week period will give Californians time to prepare for this change, while we continue the relentless focus on delivering vaccines particularly to underserved communities and those that were hard hit throughout this pandemic,” Health and Human Services Secretary Dr. Mark Ghaly said. The timing reflects California Gov. Gavin Newsom’s earlier announcement that if cases remain low, the state will drop nearly all COVID-19 restrictions on June 15.

The U.S. Centers for Disease Control and Prevention altered its mask guidelines earlier in May, saying it’s safe for fully vaccinated people to skip face coverings and social distancing in virtually all situations. The CDC guidelines say all people should still wear masks in crowded indoor locations such as airplanes, buses, hospitals and prisons.

On May 3, California adopted the CDC's earlier recommendation that people who are fully vaccinated do not need to wear a mask outdoors unless they are attending crowded gatherings. But the state says those people must wear masks indoors unless

they are meeting with other vaccinated people.

For unvaccinated people, face coverings are required outdoors any time physical distancing can't be maintained, including at such at things as parades, fairs, sports events and concerts. Businesses are expected to adhere to the state's guidelines, Ghaly said. Both the CDC and state plan to keep the mask requirement in place for students for the rest of the calendar year.

California business leaders including state Chamber of Commerce President and CEO Allan Zaremberg feared the differing federal and state mask requirements will sow confusion. He urged regulators to follow state health officials’ lead, while his counterpart at the California Restaurant Association, Jot Condie, had hoped the state would follow the new CDC guidelines. Regardless, “Californians need to be aware that restaurants and other businesses must follow state and local guidelines, and we ask for the patience of our guests,” Condie said.

It is difficult already for business owners to play “mask cop,” said John Kabateck, director of the California chapter of the National Federation of Independent Businesses: “We hope that they will not be vulnerable to penalties and scrutiny by state regulators or plaintiffs’ attorneys because they’re trying to make sense of this labyrinth.”

Still, Kabateck he was generally supportive of the state’s decision. “If wearing masks for a little bit

longer is an ounce of prevention that’s going to let mom-and-pops reopen their doors and get people back to work, that’s a step in the right direction,” he said.

Major retailers including Walmart, Costco and Trader Joe’s say they won’t require vaccinated shoppers to wear a mask unless state or local laws say otherwise.

After becoming the epicenter for the virus in the U.S. at the start of the year, California has seen a precipitous decline. The state positivity rate among those tested has fallen below 1%, officials said on May 17, and more than 34.5 million doses of vaccine have been administered as the state approaches the full reopening of its economy.

Newsom, like the Biden administration, has been under pressure to ease mask restrictions as coronavirus cases decline nationwide. But the governor is facing a recall election this fall driven largely by frustration with his handling of the pandemic.

Former San Diego Mayor Kevin Faulconer, businessman John Cox and reality TV personality and former Olympian Caitlyn Jenner, all Republicans seeking to replace Newsom, criticized the delay in removing mask requirements.

Cox, who lost in a landslide to Newsom in 2018, said it was notable that the governor had Ghaly deliver the news about the mask mandate but last week the Democratic governor traveled the state to announce a litany of initiatives to spend an unprecedented budget surplus. “He wants to take credit for spending billions of dollars, but then goes into hiding when he has something unpopular to announce,” Cox said. “There’s a reason he’s hiding: he’s wrong.”

NOTICE OF INTENT TO ADOPT A MITIGATED NEGATIVE DECLARATION FOR THE PROPOSED CURTNER ROAD BOOSTER STATION UPGRADE PROJECT IN THE CITY OF FREMONT

Pursuant to the State of California Public Resources Code and the “Guidelines for Implementation of the California Environmental Quality Act of 1970” as amended to date, this is to advise you that the Alameda County Water District (ACWD) has prepared a Draft Initial Study/Mitigated Negative Declaration (IS/MND) for the Curtner Road Booster Station Upgrade (Project). The Project is located on Curtner Road, between Klamath Street and Paseo Padre Parkway, in the City of Fremont, Alameda County, California.

ACWD proposes to upgrade the existing Curtner Road Booster Station for increased reliability, efficiency, maintainability, and worker access. The proposed work includes: the removal of old pumps and associated infrastructure, the installation of new pumps, pumping equipment, and piping; the expansion of the station’s upper level and installation of new stairs, a walkway, and access platforms; the installation of new access hatches and lighting, the installation of a motor control center and switchboard, the regrading of the southeast portion of the project area, the installation of a new retaining wall, and the regrading and repaving of an existing driveway approach.

The Draft IS/MND is available for public review and may be viewed online at: <https://www.acwd.org/DocumentCenter/View/3815/Job-21247-Curtner-Road-Booster-Station-ISMND>

The 30-day public review period is from June 1, 2021 through July 1, 2021. Any comments regarding the Draft IS/MND must be in writing and submitted to the following address: Alameda County Water District, 43885 South Grimmer Boulevard, Fremont, CA 94538, attn.: Carlos Sempere, or via email at carlos.sempere@acwd.com. ACWD will consider adoption of the IS/MND and project approval at its July 8, 2021 Board Meeting.

Teen baker sweetens lives for those in need

BY LUIS ANDRES HENAO
AND EMILY LESHNER
ASSOCIATED PRESS

Vedika Jawa's mission to sweeten the lives of those in need began when she was just 13, on a family trip to San Francisco. She could not help but see the multitudes living on the streets.

She returned home to Fremont, California, determined to help. Reaching out to homeless shelters, she offered to bake sweet treats. Some managers ignored her; others told her to come back when she was older. But she persisted.

Jawa organized a neighborhood bake sale, collected ingredients in her school and contacted a shelter's CEO, who eventually allowed her to bake for residents. That was the start of Bake4Sake, her student-run nonprofit that distributes desserts to those in need.

During the pandemic, the project expanded from a handful of friends who helped her bake in her hometown to more than 100 volunteers who now work with 15 homeless shelters in 10 locations across the United States.

“Even though these people get access to meals from food banks and shelters, they often don't have access to desserts,” said Jawa, now a 16-year-old high school junior. “We know that they’re going through a really difficult time at this moment. And so, we just want to add a little bit of joy in their lives and show them that they’re cared for and loved.”

At the onset of the pandemic, Jawa’s work seemed to come to a halt. Some shelters could no longer take the baked goods because they needed to follow regulations to curb the spread of COVID-19.

But she didn't let it stop her. Through the local food bank South Hayward Parish, she eventually was allowed to deliver the desserts. She also created an Instagram Bake4Sake account, hoping to find more volunteers. “Instead of just getting responses from my classmates, I actually started getting responses from high schoolers in different states, in different cities,” she said.

Now, Jawa hopes that even more people will be encouraged to join her project and open their own chapters of Bake4Sake at a time when illness, job loss and business closures across America have caused a food insecurity crisis.

“So many people have lost their loved ones due to this pandemic. So many people have lost their jobs,” Jawa said. “We think that a simple act of kindness can go a long way for someone who is facing such a difficult time.”

“One Good Thing” is a series that highlights individuals whose actions provide glimmers of joy in hard times -- stories of people who find a way to make a difference, no matter how small. Read the collection of stories at <https://apnews.com/hub/one-good-thing>

Honor Roll

University of Scranton, Pennsylvania
Spring 2021 graduate
• Amy Semple of Fremont

McDaniel College, Maryland
Spring 2021 graduate
• Marlowe Natasha Embry of Milpitas

Kansas State University
Spring Semester 2021 Honors
• Claire Stastka of Fremont

Colorado College
Spring 2021 graduate
• Ankita Sharma of Fremont

University of Utah
Spring 2021 Dean’s List
• Ethan Kaye of Fremont
• Kevin Mann of Fremont
• Rian Ta of Fremont
• Julianna Tran of Union City

The Honor Society of Phi Kappa Phi
New members
• Isaac Barsky-Ex of Fremont, University of California-Davis
• Yolanda Verduzzo of Castro Valley, California State University, Stanislaus
• Tiana Cheung of Union, University of Southern California
• Cheyenne Donatello of Castro Valley, University of Southern California

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BASEBALL

Mariners display power



By MIKE HEIGHTCHEW

In a May 26th contest, the Moreau Catholic Mariners (Hayward) and Washington Huskies (Fremont) were competitive for the first two innings but the third inning foretold the outcome. The Mariners were able to load the bases in their half of the third inning and build a sizeable lead with four runs. Although the Huskies answered with a run of their own in the bottom half of the third, they were unable to close the gap. As the Mariners padded their advantage in the sixth inning with another two runs and a seventh inning barrage of nine more, the Huskies had to chalk the day up to a learning experience. Final score: Mariners 15, Huskies 2

SOCCER

Titans and Huskies deadlock



By MIKE HEIGHTCHEW

The John F. Kennedy Titans (Fremont) jumped out to a quick lead in their May 24th contest with the Washington Huskies (Fremont). However, the Huskies evened the score and at the half, both teams were tied at a goal apiece. As the second half got underway, the same scenario was repeated with a Titan goal followed by a Huskies answer. Each squad displayed good ball control skills and were unable to break through their opponent's defense for a decisive victory. The result: John F. Kennedy 2, Washington 2

This webinar is part of a series sponsored by the Alameda Countywide Clean Water Program. To register and for more details, visit www.cleanwaterprogram.org.

Free Gardening Webinar
Thursday, Jun 3
4 p.m. – 5 p.m.
www.cleanwaterprogram.org

Gardening for Good Bugs

SUBMITTED BY CITY OF FREMONT

Did you know that 90 percent of the bugs we see in our gardens are good bugs? Encouraging beneficial insects is one of the best ways to effectively reduce the number of pests in your garden. Attend the webinar on gardening for the good bugs on Thursday, June 3 and learn about the most important beneficial insects in the garden and how to attract them, and why the plants near your garden can have a big impact.




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