

Toxic Mushrooms

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So how exactly are we going to the moon? -Artemis Mission Overview

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Boxing up local history

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January 19, 2021

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Oakland Zoo launches "Reduce the Risk" initiative

SUBMITTED BY ISABELLA LINARES

Zoonotic diseases are a threat to human and animal health worldwide, as more than two-thirds of all emerging infectious diseases of humans are zoonotic. A zoonotic disease is a disease that can be transmitted from animals to people or, more specifically, a disease that normally exists in animals but that can infect humans.

To address this crisis, Oakland Zoo and the Association of Zoos and Aquariums (AZA) are launching a new initiative - "Reduce the Risk: A Crisis in Human and Animal Health." The initiative aims to

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Inauguration day only has one lasting tradition: change

By Andrew Cavette Images via Pixabay

The January 6 attacks on the U.S. Capitol and the COVID19 pandemic have already changed how the 2021 inauguration day ceremonies are being planned.

Some customs surrounding the presidential oath-taking are going to be altered or removed from the ceremony. These changes to tradition may seem concerning, the threat of danger possibly frightening, but Americans making changes to Inauguration Day is the only consistent thing about this ceremony.

The 2021 inauguration day ceremony was going to be different even before the attacks on the capitol. In December 2020, the Congressional Research Service (CRS) released their Inauguration Security and Operations report.

This nonpartisan organization noted changes being considered by authorities to reduce spreading of the virus: "...this global pandemic and the rise in COVID-19 cases warranted a difficult decision to limit attendance at the 59th Inaugural Ceremonies..."

Security measures around the 2021 ceremony are being updated since the Capitol attack. These security updates are important, but the

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Washington Hospital Service League Offers Academic Scholarships



The Washington Hospital Service League has been in existence for 65 years—longer than the Hospital itself. During that time, countless community members have been introduced to Washington Hospital through the efforts of these volunteers. In addition to hours donated at the Hospital, the Service League contributes to the youth of the area through educational and scholarship opportunities.

Since its establishment in 1961, the Service League's scholarship program has awarded nearly \$355,344. The first scholarship of \$150 was awarded to a nursing student training at Highland Hospital in Oakland.

Today, the Service League grants two \$1,000 scholarships annually, which are renewable for three additional years, based on the student's academic performance and continued focus on health care. Additionally, a one-time scholarship of \$1,000 is awarded.

These scholarships are available to students in the Washington Township Health Care District—which includes Fremont, Newark, Union City, and parts of South Hayward and unincorporated Sunol—who are pursuing studies in a health-related field. The scholarships are awarded each year to graduating high school seniors and/or current college students.

By providing scholarships, the Service League hopes to help students with their education and career goals, and in turn, hope they may someday be able to give back to the community by providing health care. Service League Scholarship Chair Dian Zarzycki notes the pleasure they receive by giving assistance and support to budding doctors, nurses and other health care professionals in the local community.

Applications can be found online at https://www.whhs.com/About/Community-Connection/Scholarship-Opportunities.aspx.

Please review the application for detailed requirements. Some qualifications for the Washington Hospital Service League scholarship include:

- U.S. citizen/permanent resident
- Resident of the Washington Township Healthcare District or be a current volunteer at Washington Hospital
- Age 22 or younger as of Dec. 31, 2021
- Accepted into an accredited school, college, or university offering a bachelor's or higher degree in a health-related field
- Full-time student, able to provide required transcripts
- Contributor to the community with at least 100 hours of volunteer service or working in a health-related field
- Three letters of recommendation from the Director of Volunteer Services, employer, counselor/advisor, or teacher
- Not have been previously awarded a WHSL health career scholarship. The application deadline is Thursday, April 1, 2021.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





The full schedule of InHealth programs listed below can also be viewed in real time on the

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	1/19/21	1/20/21	1/21/21	1/22/21	1/23/21	1/24/21	1/25/21
12:00 PM 12:00 AM	Diabetes Matters: Asian Fusion		Diabetes Matters: Diabetes Complications and Amputation	Intro to Radiation Oncology Therapy	Keeping Your Heart	Ortho Overuse	Early Detection
2:30 PM 2:30 AM	Metabolic		The Signs and Symptoms	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	on the Right Beat	Injuries: Prevention and Treatment	and Prevention of Female Cancers
:00 PM :00 AM :30 PM	Disorders	Washington Township Health Care District Board Meeting December 9, 2020	of Sepsis	Don't Let		How to Prevent Financial Elder	
30 AM	Mental Health Education Series:	Section 5, 2020	Gastrointestinal Disorders	Hip Pain Win	. Washington Township	Abuse/Fraud	Anxiety: Stop Negative Thoughts
:00 AM :30 PM :30 AM	Mental Wellness		Disorders	Mental Health	Health Care District Board Meeting December 9, 2020	Preventive Care: What You Need To Know	
:30 AM :00 PM :00 AM	Family Caregiver Series: Tips for Navigating the Healthcare System	Active Living: Yoga Exercises	Solutions for Weight Management	Education Series: Understanding Psychotic Disorders			Sidelined by Back Pain? Get Back in the Game
30 PM 30 AM	Colon Cancer	Diabetes Matters: Dining Out Around The World	Management		Advancements in Lung	Washington Township	Get Back III the Game
:00 PM :00 AM	Aortic Valve Disease: Treatment Options Including TAVR	Strategies to Reduce the Risk of Cancer	Updated Treatments for Knee Pain		Advancements in Lung Cancer Detection and Treatment	Health Care District Board Meeting December 9, 2020	Pain When You Walk? It Could Be PVD
30 PM 30 AM	Vitamins & Supplements: How Useful Are They?	Recurrence	& Arthritis Preventive Screenings:	- Washington Township Health Care	Not A Superficial Problem: Varicose Veins & Chronic		
00 PM 00 AM		Sports Medicine Program: Why Does My Shoulder Hurt?	When and Why are They Important? Hernias: Causes Symptoms and the Latest	District Board Meeting December 9, 2020	Venous Disease Chronic Kidney	Diabetes Matters:	Stress Management
30 PM 30 AM	Women's Health Conference: Reclaiming Your Confidence	Diabetes Matters:	Treatment Options Women's Health Conference: Quality of Life Before		Disease: FAQ Sick Feet?	Caregiver Series: Codependency	Caregiver Series: Securing Care Preferences
00 PM 00 AM		Diabetes & Eyes Food Pharmacy: Prescription for Colon Health	and After Cosmetic Surgery			and the Caregiver FB Live: Staying Fit While Working From Home	Through AHCD
30 PM 30 AM		Endometriosis: Causes,	Diabetes Matters: Diabetes Conversations	Suffer From Sinus Problems?	Healthy Gut, Healthy You	wille working From Frome	
00 PM 00 AM	Washington Township Health Care District Board Meeting	Symptoms, Diagnosis and Treatment		Mental Health	Diabetes Matters:	Suffer From Sinus Problems?	Washington Township Health Care District Board Meeting
30 PM 30 AM	December 9, 2020	Family Caregiver Series:		Education Series: Family Support	Filipino Food Made Healthy	Peripheral Vascular	December 9, 2020
00 PM 00 AM		Mindfulness Meditation for the Caregiver	Washington Township Health Care District Board Meeting December 9, 2020	Women's Health: Planning for Pregnancy	Learn the Latest Treatment Options for GERD	Disease: What You Need to Know	
30 PM 30 AM	Diabetes Matters: Straight Talk About Diabetes Medications		December 5, 2020	How To Stop Disease	Diabetes Matters: Asian Indian Cooking	Family Caregiver Series: Understanding Healthcare Benefits	Keeping Your
00 AM 30 PM	How to Sleep Your Way	Weight Management: Stopping the Madness		Before It Starts	Family Caregiver Series: Managing Family Dynamics in Caregiving	Diabetes Matters: Basics of Insulin Pump Therapy	Brain Healthy
30 AM	to Better Health		Advance Care Planning: Five Wishes	Diabetes Matters: Diabetes and Your Heart	Family Caregiver Series: Loss, Grief & Recovery	Healthy Eating: Prescription for Health	Laugh without Leaking Understanding Female
:00 AM	Diabetes Health Fair 2019: Diabetes and Foot Care	Diabetes Matters: Heart Healthy Eating	LIAC MIRIES	Hepatitis B	Diabetes Matters: Italian Foods	тезсприонног пеани	Urinary Incontinence
1:00 PM	Shoulder Pain: Causes and Treatment		Mental Health	and Liver Cancer: Prevention and Treatment	Strategies to Help Lower Your Cholesterol	Wound Care: The Latest Treatment	FB Live: Maintaining Your Mental Wellness During the COVID-19 Pandemic Inside Washington Hospita
1:00 AM 1:30 PM	Options	Options in Gynecology	Minimally Invasive Options in Gynecology Anxiety Disorders Mental Health Education Series: Anxiety Disorders and Blood Pressure		and Blood Pressure	Options Diabetes Health Fair 2019:	Advanced Treatment of Aneurysms
1:30 AM	Family Caregiver Series: Fatigue and Depression	Women's Health: Depression, More Than a State of Mind		FB Live: Noontime in the COVID-19 Kitchen	Fall Prevention	Standards of Medical Care in Diabetes	Diabetes Matters: Diabetes and Kidney Health

January 19, 2021 What's Happening's Tri-City Voice Page 3

Washington Hospital Offers Virtual Health & Wellness Seminars

Free Online Programming and Education for Residents on Important Health Issues



The Washington Hospital January-June 2021 Health & Wellness Catalog has begun arriving in local mailboxes. It is also available online at www.whhs.com/catalog

When so much time and energy is focused on COVID-19, it is easy to let your more common ailments and injuries go unaddressed. Washington Hospital Healthcare System (WHHS) wants you to know that even during the most challenging days of the pandemic, they continue to focus on helping you live your healthiest life. In addition to the Hospital's doctors continuing to treat patients in person, and remotely through telehealth services, WHHS provides free, virtual seminars on many of the most crucial health issues affecting residents in the region.

"The goal of WHHS's Health & Wellness programming is to promote health education in our community so that members can make better informed health decisions," says Lucy Hernandez, WHHS Community Outreach manager.

Every three years, WHHS conducts a regionwide Community Health Needs Assessment (CHNA) that identifies the most pressing health concerns in the WHHS service area—Fremont, Newark, Union City, south Hayward, and Sunol. Hernandez explains, "We use the findings from the CHNA to target our Health & Wellness seminars to the specific needs in our community."

This month, WHHS published its January-June 2021 Health & Wellness catalog. Included in the catalog are descriptions of WHHS's seminars and events, education and community services, and updates on new resources and technologies at Washington Hospital. The current edition, which is mailed to community members and can be accessed online at whhs.com/catalog, includes information about WHHS's newest technology for improving cancer treatment. Among the exciting upgrades at WHHS are the Women's Center's state-of-the-art 3D mammography, and the Radiation Oncology Center's new linear accelerator for cancer treatment. More details about both of these cutting-edge medical advances can be found in the catalog.

"We found that there is a real need in the community for health and wellness information and programs that people can access from the safety of their home. To meet residents' needs during the pandemic, we moved all of our educational events online," notes Hernandez.

WHHS's upcoming virtual events cover a range of topics, including treatments for knee pain, enlarged prostate, neck and back pain, and cardiac-related conditions. There will be seminars covering diabetes management, pulmonary rehabilitation, and the benefits of working with a palliative care team. The Health & Wellness Catalog also includes information about local support group meetings for patients and their families coping with medical conditions.

The seminars and events, which can be joined on Facebook, YouTube, and in some instances Zoom, are interactive. There are opportunities for audience

members to ask questions of the expert presenters when they participate on Facebook Live. Participants can also submit questions in advance by emailing them to communityoutreach@whhs.com. If you cannot join a live event, WHHS archives the recordings on its YouTube channel for accessing at anytime. Local residents who subscribe to Comcast as their cable provider, can find past presentations on channel 78.

Anyone, anywhere can register for the Health & Wellness programs on WHHS's events webpage at whhs.com/events. "You do not have to be a patient of Washington Township Medical Foundation to take advantage of our educational programs. We are a community hospital and our mission is to serve the health care and emotional support needs of all residents," says Hernandez.

WHHS's Women Empowering Women support group, which now meets on Zoom every third Thursday of the month, is an example of the growing popularity of WHHS's online offerings. The discussions about the health and social challenges faced by women have participants from across the region, and even out of state.

If you register for an event in advance, you will receive a reminder the day before. Alternatively, you can join WHHS seminars live by simply going to WHHS's Facebook page or YouTube channel.

Upcoming seminars include:

When Your Heart Needs a Little Help, Feb. 17

Advanced Treatment for Knee Pain, March 3

COVID-19: The Road Ahead, March 16

Home, March 30

Treating Neck and Back Pain from

Palliative Care, an Extra Layer of Support, April 6

Special Event: Earth Day 2021, April 22

Interventional Radiology for Vascular Disease, April 27

Enlarged Prostate: Causes, Symptoms, and Treatment, May 11

Chronic Venous Disease: Causes, Symptoms, and Treatment, May 19

WHHS's latest Health & Wellness catalog can be found at whhs.com/catalog. Their Facebook page is www.facebook.com/WashingtonHosp and their YouTube page is www.youtube.com/whhsinhealth/.



Virtual Health& Wellness

f

facebook.com/WashingtonHosp

youtube.com/whhslnHealth

Wednesday, February 17 6:30 p.m.

When Your Heart Needs a Little Help

Cardiac care is world class in Fremont.

Join cardiothoracic surgeon, Dr. Ramin Beygui, for a special presentation on advanced surgical techniques (including TAVR)) and the new UCSF fellowship program at Washington Hospital.



To: Washington Hospital Board, Foundation, Doctors, Nurses, Admin, Staff, and the Washington Township Community

I remember when I took the office of the President of the Washington Hospital Foundation, several people told me the time would fly by. It seems as if I just got in my DeLorean a minute ago and here we are, 2 years later.

I began many years ago with the Foundation, as a member, wanting to give back to our community. Over time, my eyes were opened to the very special men and women that make up Washington Hospital. So, I became a Trustee, Secretary, Vice-President and shortly I will be ready to accept my new role as Past-President of the Foundation.

Every year, I was able to experience this magic, the integrity of a group that put people first – always. I witnessed people rising well above the call of duty to provide the best of healthcare in a warm and nurturing environment.

I can't name them all. Nancy, Kimberly, Angus, Shannon, Shobha, Gary, Craig, Prasad, Mike, Ruth, Shirley, Lamar, Chip, Brad, Rose, Mark, Marsha, Sophia, Skip, John, Rodney, Helen, Carol – and so many more. Each one of them doing all they could to ensure that this quality of care and the essence of who and what Washington Hospital does is carried on to those in need.

I was fortunate to see the opening of the Morris Hyman Critical Care Pavilion in 2018 and just this last July, the Washington Township Health Care District board approved a resolution to place on the Nov. ballot, a \$425 million dollar bond measure to help fund Phase III of the Facilities Master Plan to replace the Main Hospital building with a new seismically-compliant facility. This was critical as our current tower would not meet 2030 Earthquake code requirements. This bond was passed this last November.

Which brings me to you, our Washington Hospital Township community.

This past year, during the pandemic, I witnessed a community come together to not only support its hospital, but is people. Typically, we have a yearly "Top Hat" gala in order to raise funds for special projects. In 2019 we raised funds for 3-D Mammography, a game changer for moms, sisters, daughters, and more.

In 2020, we responsibly cancelled the Top Hat event and held our breaths as we went virtual, hoping for the best. You, our community, stepped right up to the challenge and we raised \$190k for the Covid-Relief Fund. Amazing.

I can't tell you how special the men and women of Washington Hospital are, as words are not adequate. But to all of them and to you, I say thank-you for the experience of serving.

BLESSINGS ALWAYS,

JOHN DUTRA | CEO DUTRA ENTERPRISE INC.

continued from page 1

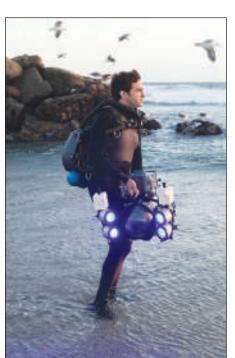


By David R. Newman

It's 2021... are you ready for an adventure?!

After several months of being cooped up at home, many people are looking forward with hope and optimism to the days when travel will be safe again. To get in the mood, you may want to check out the new National Geographic Live!

Speaker Series, hosted by the Livermore



Valley Performing Arts Center (LVPAC), along with the Quest Science Center (QSC) and the Rae Dorough Speaker Series (RDSS).

Since 1888 the National Geographic Society has delivered a world of adventure to its members by inviting prominent explorers and scientists to speak about their work. Just one month after the Society's founding and before the first published National Geographic magazine, explorer John Wesley Powell inaugurated the speaker series by delivering a talk about the physical geography of the United States.

More recently, the National Geographic Live! Speaker Series has featured world-renowned photographers, scientists, authors, filmmakers, conservationists, and adventurers who have entertained live audiences here and abroad with their behind-the-scenes stories and stunning imagery.



And now, it's virtual. Each 60-minute event will include a moderated discussion between two speakers with pre-recorded content interspersed with live conversation, as well as question and answer periods. LVPAC is the only Bay Area venue that is hosting this event. Said Chris Carter, Executive Director of LVPAC, "It was important that we deliver something to the community. That has been our mission. We can't just close down and not do anything."

Carter is the first to admit that they have been fortunate. As a non-profit, they are still able to raise funds through contributions, which have been their primary source of revenue during the pandemic. Other venues have not been so lucky. The recently passed Save Our Stages Act will provide much needed Federal funding to venues that qualify.

In the meantime, virtual adventures may just be what the doctor ordered! Tune in January 20 as the series kicks off with "Life on Other Worlds", a conversation about discovering life on other planets with astrobiologist Kevin Peter Hand and NASA engineer Kobie Boykins. Or try out "Reimagining Dinosaurs" on February 24, where leading paleontologists Nizar Ibrahim and Sebastián Rozadilla share stories about the evolving science of dinosaurs. Or you may want to wait until



March 17 when "Feats of Filmmaking" airs, showing how two guys capture extreme feats of adventure in some of the world's most remote and inhospitable environments.

Says Carter, "There is a great intersection in my mind between the arts and sciences, so hosting this series really made a lot of sense for us." Partnering with the Quest Science Center, another Livermore non-profit, also made sense, as well as working with the team from the Rae Dorough Speaker Series, whose speakers have engaged audiences at the Bankhead Theatre for over 12 years. "We see the fascinating Nat Geo Live series as the perfect opportunity to draw on the strengths of all three organizations and deliver events that are both entertaining and educational for our community," Carter added.

Tickets are \$20 and can be purchased online at www.livermorearts.org

AN 20 "Life on Other Worlds"

FEB 10 "Scientific Exposure"

FEB 24 "Reimagining Dinosaurs"

MAR 17 "Feats of Filmmaking"

MAR 31 "Mysterious Seas" APR 14 "Women and Migration" continuued from page 1

Inauguration day only has one lasting tradition: change

practice of updating inauguration security measures is frequent to the point of boring. The CRS made note in a January 11 report that, in 2009 after "some ticket holders were unable to reach their designated seating areas," Senator Dianne Feinstein, chair of the by the Joint Congressional Committee on Inaugural Ceremonies (JCCIC), asked for a review of inauguration security operations.

U.S. Secret Service agent, Michael Plati, has described recent increases to security measures as "robust." That same January 11 CRS report includes a long list of law-enforcement agencies involved in keeping inauguration day secure. For perspective, the report notes "past inauguration security

planning included the creation of the Law Enforcement Executive Steering Committee (ESC) and 24 operational subcommittees focusing on securing the inauguration." All security increases being considered now are in addition to everything the ESC typically covers.

Inauguration Day does not keep traditions for long. It used to be in March, four cold months after the election. The old date gave people time to collect, count and report votes in winter, with 18th century technology. Americans had to deal with a number of lame-duck, presidential missteps (including the "Secession Winter" of 1860) before a date was ratified in 1933.

The location of the ceremonies shifts too.



George Washington was in the country's capitol, then New York, the first time he was sworn in, and in the country's capitol, changed to Philadelphia, the second time.

In Washington DC, at the Capitol building, ceremonies were held on the East front of the building. Andrew Jackson moved his to the West front and, much later, Ronald Regan held his there too. Since Regan, every president has been sworn in on the

West steps. Regan had one of his inaugurations up-ended, the oath done indoors because of extreme weather... and so did William H. Taft. Three presidents have been sworn in at the White House.

President Trump said he will not attend the 2021 inauguration. John Adams, John Quincy Adams and Andrew Johnson also boycotted their successors. Woodrow Wilson, Martin Van Buren and

Richard M. Nixon were absent on the day, but not out of protest.

While Americans have come to expect certain ceremonial norms every four years, there is only one element of Inauguration Day that is required by the constitution; the incoming president must take the oath of office. Everything around that oath will change... It's tradition.

vaccination priorities for Alameda County

SUBMITTED BY NEETU BALRAM

Who can get vaccinated in Alameda County right now? Governor Newsom announced January 13 that the state is prioritizing individuals 65 and older to receive the vaccine as demand subsides among health care workers. The Governor also said those in Phase 1a – health care workers and long-term care residents - remain the highest priority to receive vaccines.

As demand for the vaccine continues to exceed supply, Alameda County is balancing shifting priorities We are continuing to vaccinate health care workers eligible for Phase 1a and anticipate starting Phase 1b in the coming weeks. We have more hospitals and health care facilities than surrounding Bay Area counties, and our estimated population for Phase 1a exceeds 145,000 people. Phase 1b will expand vaccine eligibility to large groups of people, and we are working across multiple partners and sectors to update and prepare for mass vaccination scenarios.

We are committed to safe and equitable vaccine distribution, and our strategy is to make vaccine readily and easily available through County-administered points of dispensing (PODs) and partnership with health care systems and community clinics/organizations. For those who are age 65 and older and are interested in getting vaccinated, we encourage you to please reach out to your health care provider to see if they have vaccine available at this time. Otherwise, we anticipate being able to start vaccinating this group in the coming weeks.

The pandemic is not over, and everyone—including those who have been vaccinated—should continue to practice COVID-19 prevention measures such as staying home as much as possible, wearing a face covering, and practicing physical distancing. Vaccination brings great promise, and we appreciate the enthusiasm and interest among many residents and employers. When there is enough vaccine to expand vaccination options, Alameda County will share that information widely, along with

information on when and how eligible groups can get vaccinated.

- To receive a notification of when vaccine might be available for you, please complete one of the applicable forms available at: https://covid-19.acgov.org/vaccines
- To learn about local planning, visit https://covid-19.acgov.org/vaccines#localplanning
- To learn about the Alameda County Community Advisory Group, visit https://covid19.acgov.org/community-advisory-group
- Vaccine Prioritization Framework available at: acgov.org

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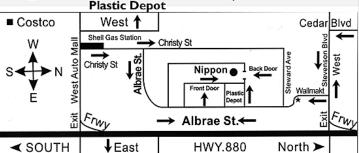
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Center for Elders' Independence begins administering COVID-19 vaccine



72, is thrilled to receive her first dose of the COVID-19 vaccine.

SUBMITTED BY: DIANNA GARRETT

Center for Elders' Independence (CEI) is one of the first health care providers in Alameda County to receive the COVID-19 vaccine. The senior health plan began administering the first round of vaccines to its frontline staff and at-risk senior participants the week of January 4.

CEI's shipment of 500 doses of the Moderna vaccine arrived late Tuesday night, January 5. By early Wednesday morning, CEI began transporting their participants from their homes throughout Alameda County to CEI's San Leandro location. They are being vaccinated and then carefully monitored by healthcare experts for adverse reactions. CEI's home health nurses have also been deployed to administer the vaccines safely at home to accommodate participants who



As a frontline worker, CEI driver Sangwarn Saephan is grateful for the opportunity to get the COVID-19 vaccine from Shuxia Li, RN, for his own protection and to protect the vulnerable seniors he transports.

cannot to travel.

Administration of the vaccines is being carefully orchestrated to ensure adherence to strict safety precautions and proper handling procedures, and to prevent wasting any doses. In the first two days, CEI administered about half of the first shipment. Alameda County Health Care Services Agency has indicated that it will provide more doses of the vaccine as needed.

Keeping staff and participants informed and involved has been a high priority. In preparation for the vaccine's arrival, Dr. James Mittelberger, Chief Medical Officer and Interim CEO, conducted a series of town hall meetings with staff to let them know how the vaccine works, what to expect when it arrived, and to answer questions about vaccine safety and efficacy. The town hall meetings also featured CEI's infection control taskforce

lead by Nurse Practitioner Christina Pingol.

Dr. Mittelberger's chief message was, "It is crucial to recognize that this vaccine does not include any whole virus; it is impossible to get COVID-19 from this vaccine." In addition, front line staff told their personal stories of "why I'm taking the vaccine," in a YouTube video to encourage everyone to participate.

To keep participants informed and ready to receive the vaccine, CEI sent informational letters that included a fact sheet about the Moderna vaccine, to all program seniors and family members in their care. In addition to English, letters were translated into Spanish, Korean, Mandarin/Cantonese, Vietnamese and Tagalog.

For more information, visit elders.org or call (510) 433-1150.

U.S. Congress in 2021

By Andrew Cavette

The 2020 elections have produced eight new Senators. Senators from: Alabama, Colorado, Georgia (2), Kansas, New Mexico, Tennessee, and Wyoming will join the 117th United States Congress.

News headlines have recently made much fanfare over how Georgia replaced two Republican Senators with two, new Democratic ones. Colorado's Republican Senator, Cory Gardner, was also defeated by a Democrat, John Hickenlooper. Hickenlooper joins fellow Colorado Democrat, Michael Bennet, making the state fully represented by Democrats in the senate through 2022.

Senator John McCain (R) of Arizona died in 2018 and voters filled his vacant seat in a special election. Arizona voters elected Mark Kelly, a Democrat.

In another party flip, Alabama Senator Doug Jones, a Democrat, was defeated by Republican newcomer, Tommy Tuberville. After taking office on January 3, Tuberville joined a group of Republican Senators who attempted to overturn President-elect Joe Biden's victory.

Voters in three states – Wyoming, Tennessee, and Kansas – have elected a Republican Senator to replace a different Republican Senator. Voters in New Mexico have similarly replaced a Democratic Senator with another Democrat.

Most of the members of Congress – newly elected and re-elected alike – were sworn in on January 3, 2021. Georgia's new Senators, Raphael Warnock and Jon Ossoff, cannot be sworn in until the state has certified the votes from each county. This process could take until the end of January, perhaps even after the presidential inauguration.

California voters have elected six new people to send to the House of Representatives (HR). Two newly-elected Republican Representatives have replaced their Republican predecessors. This same-party swap-out is also true in California's 53rd district where a Democrat is replacing a Democrat.

California representation in the House has shifted slightly toward Republicans. No Democratic HR nominee won out over a Republican incumbent. However, three new Republican Representatives - David Valadao,

Young Kim, and Michelle Steel - defeated incumbent Democrats in their respective districts.

Elsewhere, Florida Republicans won two HR seats from Democratic incumbents, and maintained four other seats for their party. Georgia Republicans kept two HR seats red, but were also joined by two, new Democrats.

Iowa voters gave all three, open seats to one party. Voters there exchanged one GOP incumbent for a different Republican nominee and then replaced two Democrats with Republican Representatives. Two Utah Republicans won over both an incum-

bent Democrat and a fellow Republican respectively. Michigan voters had two, conservative, third-party members in the House, but exchanged them in this election for two, new Republican candidates.

In New Mexico, Yvette Herrell (R) defeated Xochitl Liana Torres Small (D). In New York, Nicole Malliotakis (R) defeated Max Rose (D).

North Carolina Democrat, Deborah Ross, won the open seat formerly held by Republican George Holding. Kathy Manning (D), also in North Carolina, took the open seat left by Mark Walker (R).

Across the nation, 18 seats in House of Representatives changed party affiliation. Republicans took 15 of those changed-party seats - mostly from Democrats. The three HR seats that Democrats were able to take from Republicans were in the South.

Twenty-seven women were elected to represent their respective states in the House; more than half of them Republicans. The first Iranian-American elected to Congress is a woman and a Republican. Women defeated other women in the House race, regardless of party, incumbent or not – and took seats from a lot of men too. There were many open seats, but only one incumbent woman running for reelection (HR) was defeated by a man in 2020.

In the Senate, one former Democratic seat was taken by a Republican while three formerly Republican seats were won by Democrats. All, but one of the defeated, incumbent Senators were men and only one new woman was elected Senator.

On December 29, 2020, House Representative, Luke Letlow of Louisiana's 5th congressional district, died due to COVID-19 before taking office.

Annual fundraiser supports local students

SUBMITTED BY SHANNON ANTEPENKO

New Haven Schools Foundation invites the community to its "Diamonds in Education Telethon," a benefit for classroom needs and student scholarships, on Saturday, January 23. The event streams live telethon-style on YouTube and Facebook and features Kabir "Kabeezy" Singh, fabulous auction prizes, and a guest performance by the James Logan High School Choir.

This year's event is chaired by Kimberly Hartz, CEO of Washington Hospital Healthcare System, and Alameda County Supervisor Richard Valle. To register or to donate, visit https://nhsfoundation.ejoinme.org/diamonds.

Diamonds in Education Telethon Saturday, Jan 23

Pre-show: 5:30 p.m.; show starts 6:00 p.m. https://nhsfoundation.ejoinme.org/diamonds Live, online

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Beautify Fremont

City of Fremont is recognized for its beautiful Lake Elizabeth, Central Park, and California's 14th mission - Mission San Jose, which makes Fremont a wonderful community to live in. Being the epicenter of Silicon Valley, Fremont in the last few years has become the #1 for the tech startups per capita in the country. As said, continuous improvement is the key to progress, and one of those areas that needs improvement is the Auto Mall Parkway.

The wide divider on Auto Mall Parkway, mainly between the Fremont Boulevard and S. Grimmer Boulevard, has been barren and undeveloped for some time. In summer, lot of weeds grow tall on this open area. The whole site is kind of an eyesore and looks kind of run down.

Auto Mall Parkway is the main artery connecting two main interstate highways and to the east leads to the historic Mission San Jose. Beautification along this road will make the whole area more appealing and thus the driving experience more pleasant. Fremont has been trying to maintain this area, but there should be a landscape improvement for this area. The city has been trying to do this, but not enough progress has been made on this front.

The resident community of this part of the city is largely in agreement to do the landscape improvement along Auto Mall Parkway and is eagerly waiting for this landscaping plan to be implemented.

Let us hope 2021 is the year of this improvement.

> Aahesh Agrawal **Fremont**

FREE PANTRY symbolizes hope and neighborliness



By Stephanie Gertsch PHOTOS COURTESY OF HOPE BOX - FREE LITTLE PANTRY FACEBOOK PAGE

At the end of December, Fremont residents Elsei Yeh-Arling and Dutch Arling decided to do something special to connect with their community. With her birthday coming up, Elsei wanted to give to others and requested her husband's help in setting up a neighborhood pantry.

Dutch got to work. The donation box is a repurposed media console supported by two poles and painted a cheerful red – as per Elsei's request. After filling the box with nonperishable goods, the couple sent out a message on the app NextDoor and set up a page on Facebook. Within days, neighbors were refilling the box or taking items as needed. The couple even received a cash donation. In January, the box gained a new roof and a plastic container was added to contain the overflow of donations.

"I work as a director in a Hospice agency and see the sad stories in my everyday work due to COVID19," says Elsei. "This little red box makes me feel like that I can help contribute and bring some brightness in the neighborhood."

Donations are welcome for nonperishable food items such as canned goods, breakfast bars, spices, tea and coffee. Hygiene items like hand sanitizer, masks, and wipes are also in high demand. (No glass containers, fresh/perishable foods, homemade items, or sharp objects, please!)

> Hope Box – Little Free Pantry 36368 San Pedro Dr., Fremont (On Facebook and NextDoor)

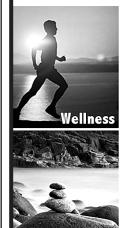




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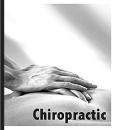
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Newsom defends California business climate, status of rich

By KATHLEEN RONAYNE ASSOCIATED PRESS

Gov. Gavin Newsom forcefully pushed back Friday on criticisms that California is becoming unfriendly for business, pointing to "all the new billionaires" created by initial public offerings and noting that its richest people are "doing pretty damn well."

The Democratic governor's comments came as he outlined his proposed \$227 billion budget for the upcoming fiscal year, which featured a \$15 billion windfall despite the recession caused by the pandemic. California's budget relies heavily on personal income tax, particularly from the richest people, and the budget estimates demonstrate that California's richest continue to prosper while lower-income people are hit hardest from job losses.

Newsom's extended riff about the state's business climate came in response to questions about people moving out of California, including billionaires Elon Musk, the head of electric car company Tesla, and Larry Ellison, the chief executive officer of software company Oracle. Musk recently moved to Texas, which has no income tax, though Tesla is still headquartered in California. Ellison moved to Hawaii and moved his company headquarters to Texas.

Republicans have also criticized Newsom for government-mandated business closures aimed at slowing the spread of the coronavirus.

Newsom noted that California isn't "the cheapest place." But he said people are deliberately spreading misinformation about taxes in the state, though he gave no specifics.

"The state is still this remarkable, remarkable, home to more dreamers and doers than any other part of the globe," Newsom said.

He pointed to elements of his state budget aimed at boosting the economy, including \$353 million for workforce development and \$786 million for the state's public higher education system. He also pointed to grants and tax credits for small businesses, efforts to increase housing and tackle homelessness and boost early and K-12 education as most California schools remain closed for in-person learning.

It's part of an effort to create a climate where entrepreneurs and job creators can thrive, he said, while acknowledging there are "areas of stress" the state must

"We've got a lot of work to do to help small, medium-sized businesses, but the folks at the top, doing pretty damn well," he said. "But I don't begrudge that success. I admire and respect it. But at the same time, we have to be mindful of a competitive landscape. And I am acknowledging that, and I'm committed as governor to be more aggressive in the future to make a case anew for this great state."

He specifically praised AirBnb, which held an initial public offering last month,

DoorDash and Salesforce. After Musk announced he was moving out of California, AirBnb head Brian Chesky said he and his company would stay in California. The company's IPO raised \$3.5 billion and boosted Chesky's net worth.

"This is a special place," he tweeted on Dec. 15, adding he'd spoken to Newsom about it.

Newsom's comments irked some members of his party, particularly his shout-out to DoorDash, the food delivery company. It drew a quick retort from state Assemblywoman Lorena Gonzalez, who is aligned with labor. DoorDash joined Lyft and Uber in spending more than \$100 million to defeat a November ballot measure that would have required them to treat their drivers as employees entitled to certain wages and

"The Governor is proud of Door Dash. I am proud of the hard working delivery drivers that made the company successful despite being underpaid," Gonzalez tweeted.

A coalition of labor unions, environmental groups and others last year pressed Newsom to increase taxes on the wealthy, but Newsom said those taxes are "not part of the conversation."

"The same health and economic crises that leveled working families and small businesses led to skyrocketing wealth among the mega-rich," the group said in a broad statement about Newsom's budget proposal.

The fishing bill's sponsors said large-mesh drift gillnets, which

California's coast. four-year phase out of large-mesh drift gillnets in state waters to protect marine life.

they are injured or die. It is illegal to use these nets in U.S. territorial waters of the Atlantic Ocean and the Gulf of Mexico, and off the coasts of Washington state, Oregon, Alaska, and Hawaii. They remain

Millennial Money: How to nail a no-spend month

AP WIRE SERVICE By LAUREN SCHWAHN of NERDWALLET

Holiday spending always gets the best of me. The gifts, the food, the Christmas tree and decorations - sandwiched between two monthly rent payments – siphon money from my bank account. Every year I feel the sticker shock, briefly tuck my tail between my legs, then carry on like it never happened.

But this year I'm trying something different. I'm committing to a no-spend January. That means I'm freezing spending on unnecessary purchases this month to build my savings back up. Goodbye, mindless Target-app browsing. See you later, desserts.

I'm not the only one to emerge from the holiday season in less-than-ideal financial shape. More than half of 2019 holiday shoppers (55%) took on credit card debt, according to NerdWallet's 2020 Holiday Shopping Report.

If you're looking to shed holiday debt, boost your savings or simply manage your money better, a spending freeze can get you on track. Here's how to embark on (and stick to) a no-spend month.

CUSTOMIZE IT

A "no-spend month" sounds strict, but there are no hard-and-fast rules. Obviously, it's about reducing spending. But resolving to spend no money whatsoever is unrealistic. There's no need to take it to an extreme, especially during a pandemic when many of us have already scaled back our spending.

Everyone has expenses they can't go without, like groceries and electricity. You get to decide which categories are untouchable and

Start by defining your discretionary expenses, known as "wants." For many of us, those include restaurant dinners, alcohol or frivolous online shopping. Leo Marte, a certified financial planner based in Huntersville, North Carolina, suggests using a budgeting app to easily identify your nonessential spending categories. Then, pick which

Next, choose a time frame. A no-spend challenge can last a full calendar month, 30 days, four weeks or whatever period you prefer. Some people schedule a "Frugal February" because it's the shortest month. If that still seems too long, start with a week and see how it goes.

KNOW YOUR MOTIVATION

Before diving into a no-spend month, really think about what you're trying to achieve, says Kristin Larsen, who runs the blog Believe in a Budget. Are you planning to pay down holiday debt or student loans? Do you want to start an emergency fund or save for a trip?

"If you're just doing a no-spend month because it's fashionable or because you thought it was a nice idea and somebody shared it with you on social media, you're not going to stick with it," Marte says.

Attaching a specific goal can create a stronger emotional connection and inspire you to carry on.

FIND A SUPPORT SYSTEM

A no-spend challenge can feel daunting if you go it alone. Telling family and friends about it - or better yet, encouraging them to join gives you a ``built-in accountability system," Marte says. Your squad can provide crucial tips, reassurance or even constructive criticism

Making your journey public on social media networks or other online forums takes accountability one step further. It shines a spotlight on successes and failures, which is exactly what some people need to stay the course.

"Maybe every time you make a meal at home and don't go out to a restaurant, you post it on Instagram. And your tribe gets excited and gives you those kudos and that recognition you need to stick it out," Marte says.

GET CREATIVE

When Larsen goes through a no-spend period, she looks for no-cost resources to fill the void. She downloads free audiobooks through her library to get her entertainment fix. Instead of grabbing food to go, she uses a website that suggests recipes based on ingredients she already has in her pantry. (Try SuperCook or MyFridgeFood.)

Many expenses have free alternatives. See what clever workarounds you can come up with.

BUILD IN A BUFFER FOR CHEAT DAYS

Mistakes and surprises happen. Planning for them will help you avoid feeling shame or throwing in the towel.

"You could decide, 'I'm not going to eat out at any restaurants this month, but I'm going to put in the budget for a takeout night in case we have a bad day at work and don't want to cook," Marte says.

It's also OK to set aside a little reward money in your budget for when things go well. But it's important to set limits in advance so you don't go overboard.

"If you're earning money or you have some money to spend, you should be able to enjoy it," Larsen says. "But I think there's definitely a difference between binging or splurging versus treating yourself."

Creating a "cheat day fund" rather than scheduling a specific day of the month to spend willy-nilly can curb a major setback.

It's up to you to decide whether you want to return to your regular spending habits when the month is up. If a spending freeze works well, try to keep the momentum going.

I'm ready to crush it. Are you?

legal in federal waters off

In 2018, California passed a

The bill Trump vetoed would

This column was provided to The Associated Press by the personal finance website NerdWallet. Lauren Schwahn is a writer at NerdWallet.

Trump vetoes Calif. fishing bill over seafood trade deficit

By Darlene Superville ASSOCIATED PRESS

President Donald Trump vetoed a bill Friday that would have gradually ended the use of large-mesh drift gillnets deployed exclusively in federal waters off the coast of California, saying such legislation would increase reliance on imported seafood and worsen a multibillion-dollar seafood trade deficit.

Trump also said in his veto message to the Senate that the legislation sponsored by Sens. Dianne Feinstein, D-Calif., and Shelley Moore Capito, R-W.Va., "will not achieve its purported conservation benefits."

Trump vetoed the fishing bill as the Republican-controlled Senate followed the Democratic-led House and voted to overturn his earlier veto of the annual defense policy bill, enacting it into law despite Trump's objections.

measure between 1 mile (1.6 kilometers) and 1.5 miles (2.4 kilometers) long and can extend 200 feet (60.9 meters) below the surface of the ocean, are left in the waters overnight to catch swordfish and thresher sharks. But they said at least 60 other marine species - including whales, dolphins, and sea lions – can also become entangled in the nets, where

have extended similar protections to federal waters off California's shoreline within five years and authorized the National Oceanic and Atmospheric Administration to help the commercial fishing industry switch to more sustainable types of gear.

Trump said the West Coast drift gillnet fishery is subject to "robust legal and regulatory requirements" for environmental protection that equal or go beyond environmental protections applied to foreign fisheries.

He said Americans will import more swordfish and other species from foreign sources without this



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California budget urges \$90 billion for schools, reopening

By JOCELYN GECKER AND Don Thompson ASSOCIATED PRESS

California Gov. Gavin Newsom proposed Friday a \$90 billion budget aimed at helping schools rebound from the COVID-19 pandemic, as he pushes public schools to resume in-person classes quickly.

Most of California's 6 million public school students have not seen the inside of a classroom in 10 months, since the state's first shutdown in mid-March that closed classrooms in most of the state's more than 1,000 school districts.

Newsom's 2021 budget proposal makes reopening schools and helping the students who have struggled most during the pandemic one of the key priorities. He predicted the state will get billions more in additional federal funding once President-elect Joe Biden takes office, including \$6.7 billion in education funding.

"We are proposing to the Legislature a record investment in our public schools, unprecedented in California history," Newsom said. "We are investing energy and our focus to deal with the disproportionate impacts of this pandemic on ... our lower-income communities." It needs approval from the state Legislature to take effect and drew quick objections from teachers and others who said it

fell short of truly addressing inequities and safety needs.

Newsom's claim of a record nearly \$90 billion to schools is accurate yet overstates his generosity "to try to make it look better than it is," said Kevin Gordon, who lobbies for most of the state's public school districts.

It includes state money into the teachers' retirement system as well as Newsom's proposal of a one-time \$2 billion allocation to schools. Previous governors similarly included "the kitchen sink" to make their education spending proposals look higher,

A better number, Gordon said, is the \$85.8 billion that local schools spend on education from what's known as Proposition 98 money, which requires the state to devote a percentage of its overall revenue to K-14 schools. That also is a record - but with inflation alone every year is likely to bring a new record.

As an incentive for schools to reopen this spring, Newsom proposed advancing school districts \$2 billion, if they submit a plan by Feb. 1 to resume in-person instruction by mid-February. It calls for the money to be spent on coronavirus testing, personal protective equipment and increased classroom ventilation.

It has drawn lukewarm support from teachers unions and school districts who say the

funding is not sufficient to ensure safety, as COVID-19 case rates and deaths skyrocket in California, and it risks deepening the inequities that the pandemic has already laid bare. But Newsom says passing the plan is urgent - schools can't wait for the money.

The plan includes a one-time payment of at least \$450 per student for school districts that offer in-person instruction, although they still would be required to offer distance learning as an option. It proposes a phased approach that prioritizes the state's youngest students and those with special needs, who have struggled the most during months of distance learning. Schools that serve low-income families, English learners and foster children could qualify for additional funding.

"Any discussion of returning to in-person instruction is premature," responded the California Federation of Teachers. "If we can't get the pandemic under control, we cannot ensure a safe learning environment."

The governor said Friday that \$2 billion comes on top of \$85.8 billion in funding for K-12 schools and community colleges next year, reflecting what he called the highest level of per-pupil spending in state history.

More than \$4 billion would be dedicated to summer school and other programs to make up

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for learning time that students have lost during the pandemic,

But schools would only qualify to reopen in counties where the seven-day average coronavirus case rate is at or below 28 per 100,000 residents, which would likely slow the reopening schedule in the counties hardest hit by the pandemic. The superintendents of seven large California school districts, including the four biggest districts of Los Angeles, San Diego, Fresno and Long Beach, voiced concerns in a joint letter to Newsom earlier this week that were echoed Friday by the Los Angeles teachers' union.

His proposal has "a built-in bias against large districts like LA Unified," which are least likely to reopen because of high infection levels in the community, Cecily Myart-Cruz, president of United Teachers Los Angeles, said in a statement Friday. "Students in wealthy areas would benefit, while low-income children would be left behind. This provision would exacerbate inequities."

Newsom has said his recommendation to get schools back open this spring was driven by increasing evidence that there are lower risks and increased benefits from in-person instruction, particularly for the youngest students. It comes amid increased pressure from parents and politicians to reopen campuses.

To qualify, school districts must submit a COVID-19 safety plan by Feb. 1, with approval

from local health authorities, and commit to regular testing and all students and teachers wearing masks. Schools would reopen in phases, starting in mid-February for students in transitional kindergarten through second grade and children who are homeless, in foster care and without access to computing devices or high-speed internet.

The budget also includes additional funding for higher education, with \$786 million in new money for California State University and the University of California.

Newsom also is proposing \$100 million in one-time funding for community colleges, plus \$30 million for the California State University system and \$15 million the University of California system to help with things like housing, food insecurity, mental health and technology issues for students.

Newsom said Friday his full \$227 billion budget proposal comes as the state faces "a challenge the likes of which we never expected."

Public education accounts for roughly 40% of all state general fund spending. The amount of money school districts receive fluctuates annually based on a complicated formula outlined in the state Constitution that is based on revenues, per capita personal income and school attendance.

California toxics agency may take aim at zinc in tires

By Robert Jablon ASSOCIATED PRESS

California is considering asking tire manufacturers to look at ways of eliminating zinc from their products because studies have shown the mineral, which is used to strengthen rubber, may harm waterways, it was announced Tuesday.

The state Department of Toxic Substances Control will begin preparing "a technical document for release in the spring" and will seek public and industry comment before deciding whether to create new regulations, the agency said in a statement.

On its website, the agency said its rulemaking process could take up to a year.

The concern is that zinc from tire treads will wash into storm drains and wind up in rivers, lakes and streams, harming fish and other wildlife.

The department's move follows a petition by the California Stormwater Quality Association to add tires containing zinc to priority products list under the state's Safer Consumer Products Regulations program.

The association is composed of federal, state and local organizations, school districts, water boards and more than 180 cities and 23 counties that manage wastewater, according to the organization's website.

"Zinc is toxic to aquatic life and has been detected at high levels in many waterways," Department of Toxic Substances Control Director Meredith Williams said in a statement. "Stormwater agencies make a compelling case for studying ways to control that."

That could include requiring manufacturers to identify alternatives to using zinc in their tires.

The U.S. Tire Manufacturers Association said zinc oxide plays "a critical and irreplaceable role" in making tires that can carry weight and stop safely.

"Manufacturers have tested a variety of other metal oxides to replace or reduce the use of zinc but have not found a safer alternative. Without the use of zinc oxide, tires cannot meet federal safety standards," an association statement said.

The association also said adding zinc-bearing tires to the state's list "will not achieve its intended purpose" because tires typically account for less than 10% of the zinc in the environment compared to about 75% that comes from other sources.

"Zinc is found naturally in the environment and is contained in many products including galvanized metal, fertilizer, paint, batteries, brake pads and tires," the association said in urging a "collaborative, holistic approach" to dealing with the problem.

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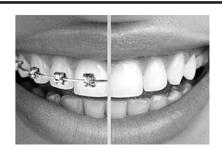


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The **inauguration** is the ceremony in which the new or reelected president is inducted into office. This year it will be held at noon on January 20. It takes place outside the U.S. Capitol in Washington D.C.

The President's Oath of Office

At the inauguration ceremony, the president takes an oath of office. With right hand raised and left hand on an open Bible, the new president says the following statement:

the United States."

"I do solemnly swear that I will;

iability, preserve, protect and

and will to the best of my defend the Constitution of

President of the United States,

faithfully execute the office of

Whoops! Cut out the Presidential Oath and paste it on a sheet of paper in the correct order.

Hottest and Coldest Inaugurations

Some presidents have had two inaugurations. That's because they served two terms. One of these two-term presidents had the hottest (55°F/12°C) and coldest (7°F/-13°C) inaugurations. Use the code to discover the name of that president.

1 = A 2 = D	5 = L 6 = N	8	7	6	1	5	2
3 = E 4 = G	7 = O 8 = R	8	3	1	4	1	6



Joseph R. Biden will be sworn into office as the 46th president of the United States during his inauguration celebration on January 20th. He will take the oath to "preserve, protect and defend the Constitution of the United States.'

This inauguration will make history because Kamala Harris will be first woman vice president of the United States.

Standards Link: Civics: Understand the primary responsibilities of each branch of government in a system of shared powers

Inauguration Day 2021

How many members of the armed services will take part in Inauguration Day activities? Circle every other letter:

AVBECTYHSOLURSDAPNMD

The Inaugural Ball

America's fourth president, James Madison, and his wife, Dolley, were the guests of honor at the first official Inaugural Ball. An Inaugural Ball does not bounce. It is actually a big party.

Like the word **ball**, many words mean more than one thing. Each object shown here has the same name as another object shown. Can you match the picture pairs?







bark hood

Standards Link: Reading: Identify words with multiple meanings.



Presidentiai Seai

The Seal of the President of the United States contains a circle of white stars representing America's 50 states. The banner that reads E PLURIBUS UNUM is Latin for "out of many, one" meaning out of many states, one country and also, out of many peoples, one nation. There are 13 stars. clouds, leaves and arrows that represent the original 13 states.

Starting with the first letter in each line below, circle every other letter to discover what the olive branch represents and what the arrows the eagle is holding represent.

PTEYANCKEL

Extra! Extra! Word Order

Look through the newspaper to find five or more words that begin with the letter I. Cut out the words and glue them onto a piece of paper in

alphabetical order. Challenge: Can you do this with more than five words?

Standards Link: Spelling: Alphabetize words to a second or third letter.

Standards Link: Reading Comprehension: Follow simple written directions

Puzz er The words in the scrambled sentence below make up a very American sentence. Can you put the words in the right order to reveal the sentence?

THE UNITED PLEDGE OF STATES AMERICA OF ALLEGIANCE FLAG I TO THE.



Standards Link: Reading Comprehension: Follow simple written directions.

Double

CEREMONY PRESIDENT SWEAR

PROTECT PRESERVE DEFEND OATH

FIRST PARTY SWORN HAND **HONOR**

WHITE

NOON

Find the words in the puzzle. How many of them can you find on this page?

H F H U N S T Y O P OIRPWONIRR NRSHAOOEAE OSITMRSNES RTHEOITCWE EMRODRDYSR DEFENDINMV CENROWSCAE NTCETORPTH

Standards Link: Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together:

Dedicated to

Excellence

Fill in the missing words in the below article.

Growing Up in the White House

Several presidents have had children who lived with them in the White House.

Thomas (Tad) Lincoln was the youngest son of President Abraham Lincoln. Known for around the White House, Tad once discovered how to make all of the White House _ at the same time, much to the surprise of the entire staff and residents of the building!

John and Jacqueline Kennedy were among the youngest presidential to live in the White House, and their children a playland. Caroline Kennedy, almost 4, and John Jr., just an February 4, 1961. John Jr.'s favorite_ _ place was under his father's desk in the Oval Office. He could hide behind a secret built into the desk.

Amy Carter was 9 when her father became president. She attended schools near the White House and had a tree house built on the White House grounds. When she labeled White House trees as a school project, her father liked the idea and made it official. Now all White House trees have labels with their

and Latin names, as well as information about who or donated them.

COUPLES **ANTICS DOOR PLANTED TREATED**

PUBLIC BELLS COMMON HIDING **MOVED**

Standards Link: Reading Comprehension: Read a variety of grade-level appropriate expository text.



This week's word: **OATH**

The noun oath means a serious promise.

Stephanie made an oath to tell the truth.

Try to use the word **oath** in a sentence today when talking with your friends and family members.

FROM THE COOP LESSON LIBRARY

For the Children Imagine that you have been selected to advise the president on the concerns of children. Look through the newspaper for articles addressing topics that affect children. Make a list of ways you think

the president could help children. Standards Link: Research: Use the newspaper to locate information Why did George Washington have trouble sleeping?

ANSWER: Because George Washington could not lie.

Write On! 🐗

Dear Mr. President

What do you think the new president should do for kids? Send your letter to:

The White House 1600 Pennsylvania Ave. NW Washington, DC 20500

continued from page 1

Oakland Zoo launches "Reduce the Risk" initiative

reduce zoonotic disease threats by combating wildlife trade and will utilize four strategic pillars:

- 1. Strengthen national policy on wildlife trade
- $2.\ \mbox{Advocate}$ for stronger wildlife trade policies at the global level
- 3. Increase AZA programs and efforts that support the Reduce the Risk initiative goal
- 4. Educate and mobilize the public to help us reduce the risk of zoonotic diseases

Launching in Spring 2021, Oakland Zoo is opening a new 400 square foot exhibit, focused on addressing and demonstrating the effects and devastation of the (illegal) wildlife trade industry - responsible for decimating many animal species and many zoonotic diseases.

"We must acknowledge the origin of our current and tragic circumstance of COVID-19: the spillover and transmission of a zoonotic disease, quite possibly in a live animal market in Wuhan, China. But even more important than acknowledging this, we must act now to avert another similar event. Unless we learn these lessons and take steps to reduce related risks, the same will be true of the next pandemic and the next," said Dan Ashe, president and CEO, AZA.

With approximately 50 percent of Oakland Zoo's animal residents being rescues, many of those rescues were also victims of (illegal) wildlife trade from overseas. Animals confiscated by officials at SFO and the Port of Oakland have been brought to Oakland Zoo over the years where they have been treated by veterinary hospital staff, quarantined, and then monitored for health by animal care and veterinary hospital staff.

"AZA members are experts in safely and effectively importing, exporting, and transporting animals, and have expertise in preventative veterinary care, including quarantine, and measures to enhance resiliency to animal disease and pathogens," said Ashe. "This expertise can provide critical input into national and global policy conversations around wildlife trade and inform the public that zoos and aquariums are safe places to visit."

Additional information on Reduce the Risk can be found at www.aza.org/reduce-the-risk.





Children's book author Jesse Byrd shares on writing and publishing



SUBMITTED BY KNUTI VANHOVEN

On Saturday January 23, Fremont Area Writers will host Jesse Byrd. At 6'8" tall he's a college basketball player who has become the international-award-winning creator of several children's books including:



COUNSELING CORNER

Step-by-Step Guide to Networking (Part II)

By Anne Chan, PhD, MFT

Last column, I wrote about how to start networking in an easy, no-stress way by reaching out to people who know you well (I call these your A- and B-listers). But how do you connect with whom you might not know (the C-listers)?

C-listers are harder to get in touch with, but they can be invaluable sources for job openings and inside information. As such, it is well worth your time and effort to expand your network to include the C-listers. Today's column will give you strategies for how to make these connections and tips for what to do when networking.

You might feel like your circle of friends and family is small and that you have no connections whatsoever. Take heart – anyone can enlarge their network by putting in the time and effort. You are never too young or too old to make this happen. Think about this process as getting to know people in your field. Here are some ideas to expand your network:

- Attend a conference (virtual or in-person, whenever the latter occurs). During the conference, make note of speakers or participants whose comments hit home for you. Be an active participant and ask thoughtful questions. Follow up with the speakers and attendees after the conference.
- Look for LinkedIn or Facebook Livestream and webinars that can support your continual learning and professional development. Connect with the host and guests with solid questions and express your appreciation for sharing their expertise and time.
- Join a group that is in line with your professional or personal interests. Say you like to play chess. Join a group that meets regularly you will be surprised who you might get to meet when you show up.
- Check out Power To Fly (https://powertofly.com/), a job website targeted for women with links to virtual events and job fairs.
- Contact your university alumni association. Some universities keep lists of alumni willing to do informational interviews.
- Scan LinkedIn for graduates of your university. You can approach them by emphasizing that you both went to the same university and that you would appreciate the chance to talk to them about their jobs.
- Read social media posts from your former colleagues or classmates. You can re-connect with

them by commenting on their posts or congratulating them when they post good news.

- Join networking groups via meetup or Eventbrite.
- Try the snowball method: Start with the people you know. Ask them if they know someone who is in your field and ask them to introduce you to that person (Person A). Hopefully, Person A will be willing to talk with you. Even if it is for a short conversation, be sure to ask Person A if they know anyone else in the field with whom you can talk to (Person B). Person B might help you connect with Person C and so forth.

Utilize two or more of the strategies outlined above, and you should be well on your way toward expanding your network. You have now made the connection and the person you are connecting with kindly agrees to give you some time. What are some things you should do?

- Do your background research first. Take the time to learn about the person, their career path, and their company. As you do your research, jot down questions to ask. Also note any points of commonality that you can use to spark your conversation, e.g., the same major in college, sports interests, or hometowns.
- Research the industry (what the major trends and challenges are, what the competitors are up to).
- Organize your thoughts and know what you want to learn from the meeting.
- Always, always, always, keep in mind that networking is not just for meeting your needs. Do not ask for a job at this stage. Instead, frame the conversation with this question, "How can I assist/support you?" Think about how you can help them, instead of obsessing about trying to get a job lead. Ask if they would like you to connect them to similar-minded people.
- At the end of the conversation, thank them for their time with a follow up email.
- Periodically check in to keep the connection alive.

Networking is not easy, but it also isn't impossible to do. Try to set a goal for yourself to reach out to one person each week. Most people are willing to help a job-seeker. Some might even feel pleased and flattered that you are seeking them out. If there is one new year's resolution, I would recommend for job seekers, it would be to go forth and network!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcy@gmail.com

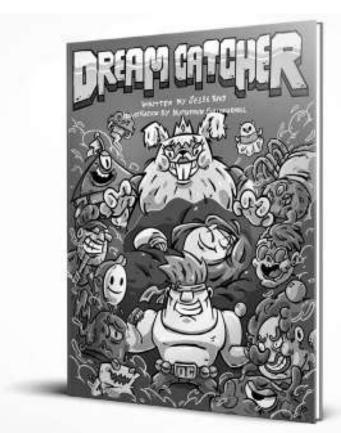
© Anne Chan, 2020

Real Jungle Tales, Sunny Days, Dream Catcher & King Penguin. He's also been a tireless advocate for the arts, serving on the foundation board at NPR. Fremont Area Writers' credo is "writers helping writers" and Jesse's calendar of public speaking and performances attest to his dedication to that cause.

When asked what topic he'd choose, he said he would love to spend time on:

- Ways of turning your passion for writing into your profession
- Breaking down his sector of children's books (creating and publishing)
- The state of diversity in publishing and some potential solutions.

His enthusiasm runs as deep as his talent.





The meeting will be held on Zoom at 2 p.m. Admission is free to all, whether you're a writer, someone who wants to improve their writing skills, or one of Mr. Byrd's fans. For a Zoom invitation to the meeting, please contact scottfrombayside@yahoo.com. View Jesse Byrd's works at https://jessebcreative.com/.

For more information about Fremont Area Writers go to cwc-fremontareawriters.org.

Fremont Area Writers:

Jesse Byrd

Saturday, January 23

2 p.m.

Zoom; by invitation

email

scottfrombayside@yahoo.com

cwc-fremontareawriters.org



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Potential Lawsuit Could Be In Your Future

"ADA" is an acronym for the Americans with Disabilities Act, which requires businesses with websites to make accommodations for people with disabilities for all their website content.

- . Over 1,500 legal cases related to non-
- accessibility compliance issues were filed in 2018. More than 10,000 websites sued nationwide in 2019 for their website not being ADA compliant, including celebrities. This number is expected to exceed 100,000 by 2021.
- Most business & website owners sued for noncompliance pay between \$20K - \$200K as out of court settlement. A recent settlement was \$6M.

Simply visit our website: afanaenterprises.com click on the Handicap symbol to see how it works.

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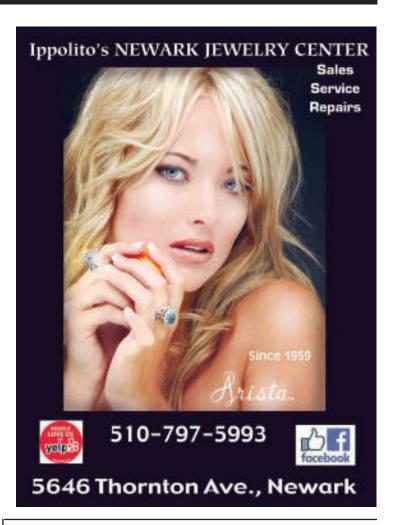
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SUBMITTED AND PHOTOS BY TRENT PEARCE, NATURALIST, TILDEN NATURE AREA

The Bay Area is home to two of the world's most toxic mushrooms - Amanita phalloides (the Death Cap) and Amanita ocreata (the Western Destroying Angel). Both are robust, handsome mushrooms that grow near oak trees, and both contain lethal toxins.

Amanita phalloides (the Death Cap) is a medium to large mushroom that typically has a greenish-gray cap, white gills, a white ring around the stem, and a large white sac at the base of the stem. It fruits early in the fall, usually right after the first rains. Though the Death Cap is mainly associated with oak trees, it has been found growing with other hardwoods. It was accidentally introduced to North America on the roots of European cork oaks, and is now slowly colonizing the West Coast.

Amanita ocreata (the Western Destroying Angel) is a medium to large mushroom that usually has a creamy white cap, white gills, a white ring around the stem that disappears with age, and a thin white sac at the base. It fruits from late winter into spring, and is associated exclusively with oaks. Unlike the Death Cap, it is a native California

Both of these species contain amatoxins, a group of molecules that inhibit cellular metabolism in many animals. In mammals, the liver and kidneys are typically the first organs affected after ingestion. Symptoms don't usually appear until up to 12 hours after consumption, beginning as severe gastrointestinal distress and progressing to liver and renal failure if treatment is not sought immediately.

While these two species are responsible for most cases of mushroom poisonings in California, deadly amatoxins can be found in Galerina and Lepiota species as well, both of which occur in the Bay Area.





Home & Garden

Testing Leftover Seeds for Viability

By MELINDA MYERS
PHOTOS COURTESY OF
WWW.MELINDAMYERS.COM

The beginning of a new year finds many gardeners preparing for the growing season ahead. Clearing space to start seeds indoors, inventorying seeds and supplies, and ordering seeds, plants, and more are usually part of the process.

While organizing, you may uncover seeds from past seasons. Do not discard these just yet. When seeds are stored properly, many can last from one to five years or more. Seeds stored in a cool location like the refrigerator in an airtight container maintain their viability best. But even those stored in less-than-ideal conditions may surprise you. Older seeds may still sprout once they pass their average life expectancy, but you are likely to see a reduction in the success rate.

The type of seed also influences how long seeds can be stored and remain viable. Start by checking the expiration date on the seed packet. Onions, parsley, and parsnip seeds usually last one year. Corn, okra, and peppers for two years; beans and peas for three years; tomatoes, turnips, beets, chard, and watermelon for four years; and Brussels sprouts, cabbage, muskmelons, radishes, and spinach last for five years.

The same principles apply to saved flower seeds. Marigold and zinnia seeds can maintain good viability for two to five years; ageratum, nasturtium, sunflowers, and yarrow for three to five years; monarda four years; and calendula for four to six years. But the longer you grow plants, the more likely you are to push the limits. This often results in unexpected success or valuable insight for future gardening endeavors.

When in doubt, use this quick-and-easy test to see if your seeds will sprout. Place 10 seeds on a damp paper towel. Roll up the towel with seeds inside, place in a plastic bag and store in a warm location. After a week or so, unwrap the paper





towel and check the seeds for sprouting. If nothing has happened, rewrap the seeds, and wait a few more days.

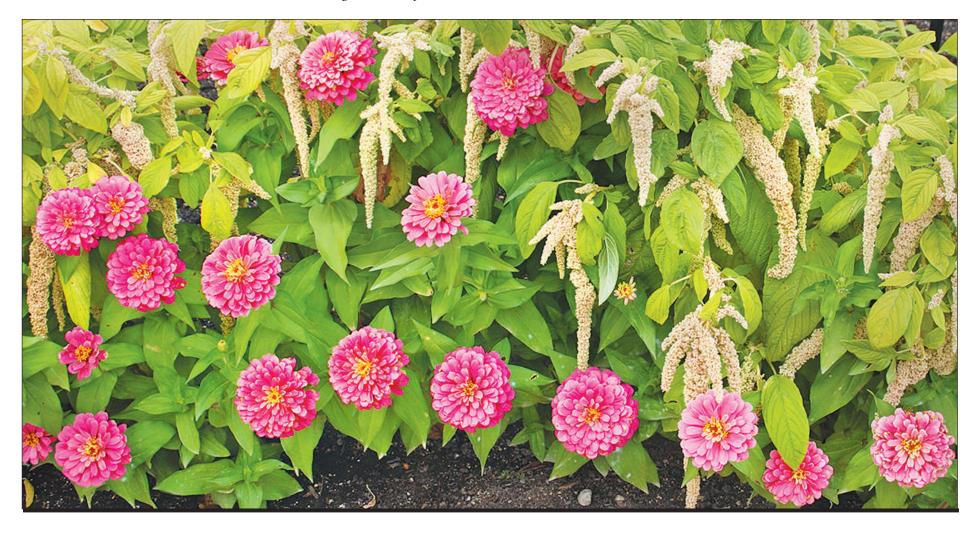
If all the seeds have sprouted, you have 100 percent germination and can plant the seeds as recommended on the package. If only half the seeds sprout, for example, you will need to plant the seeds twice as close together to compensate for

the lower germination rate. The sprouted seeds can be planted indoors or out depending on the time of year, available space, and your climate.

If none of the seeds sprout, consider breaking out the glue and getting the family involved in turning these leftover seeds into works of art. Select a variety of sizes, shapes, and colors to create your masterpiece on wood or heavyweight card stock. Large seeds like beans, peas and corn are easy for crafters of all ages to handle. Use tweezers for finer seeds that add detail and texture to your creation.

Testing seeds now can help you save money when placing your seed order. You can focus your planting budget on new seeds and supplement with your existing inventory.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her web site is www.MelindaMyers.com.



THE ACWD CONNECTION



We're excited to announce that ACWD will continue to offer FREE online Qualified Water Efficient Landscaper (QWEL) training for Bay Area landscape and irrigation professionals in 2021! QWEL is a highly rated certification course recognized by U.S. EPA WaterSense.

This two-week course features live online instruction four days per week. Participants will have the option between morning or evening classes. Space is limited and classes are expected to fill fast. Visit **www.qwel.net/** to learn more and to register.*

Evening Series: Instruction Begins Monday, February 1, 7 p.m. – 9 p.m.

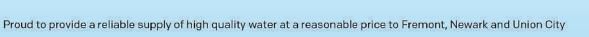
Morning Series: Instruction Begins Tuesday, February 2, 8 a.m. – 10 a.m.

QWEL Exam: Offered the week of February 15, 2021

*Access to the web-based Zoom application required. Minimal exam fee applies.







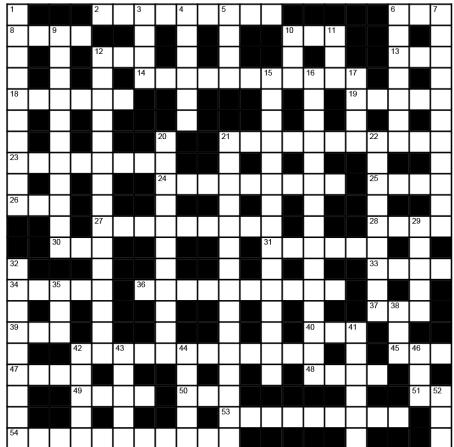


wind Twisters

Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.

Crossword Puzzle



52	

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Acros	S
2	For the time being (2,7)
6	Nudge (3)
8	Freudian topics (4)
10	Cut (off) (3)
12	Rapa (Easter Island) (3)
13	Big blast maker (3)
14	Numbskull (11)
18	Pointed (6)

19 Kind of layer (5) 21 Is frugal (11) Starbucks order (8) 23 24 Checks (9) 25 Take effect (4) 27 Plain (9)

"Dog Day Afternoon" character (3) 26

28 Carryall (4) Sugar amt. (3) 30 31 Apparition (6) 33 _-Seltzer (4)

Detached (5)

37 Football positions: Abbr. (3) The "S" of CBS: Abbr. (3) 39 40 Hardly a beauty (3) 42 See circles (4,8) Back then (3) 45

Cutting tool (5-5)

47 Like old records (4) 48 Ancient mariner (4) 49 _ Sutra (4)

50 Part of U.S.N.A.: Abbr. (3) 51 ... (2) 53 Kind of zone (9)

Audacious (4,2,5)

54

36

Down 1 Workout wear (10) 3 Suffix with arthr- (0-4) 4 Seat of power (6)

Foxx of "Sanford and Son" (4) 5

6 Note (3,4)

7 Street urchin (11) 9 Cruising (2,9)

10 "Well, ___-di-dah!" (3)

Links letters (3) 11

12 Unappealing (3,4,3,2,3) 15 Game (5,3,7)

Intermittently (5,3,3,4) 16

17 Arrange, as hair (4) Fates (11)

21 Hidden agenda (8,7)

22 Comfy spot (4,5) 29 "Land ___!" (5)

32 Central Park sight (9)

35 Endorses (3) 38

Ode title starter (3) 41 Pizazz (6)

42 Cut up (5)

43 Poetic feet (5)

44 Nine: Prefix

Cheesecake ingredient? (3) 46

"Whoopee!" (3)

Tri-City Stargazer For WEEK: JANUARY 19, 2021

All Signs: The Sun moves into Aquarius, which brings a shift for everyone for the next four weeks. Meanwhile, this week, Mars lines up with Uranus -- creating sudden upsets

and impulsive urges. Mars is full of energy; Uranus is unpredictable. Together they create energy that explodes in all directions.

Aries the Ram (March 21-

April 20): Guard your money and your movable belongings because something unexpected might impact them. Meanwhile, for the next month, you will be more involved with friends because you have something to say! Interactions with others will be upbeat and exciting. It is important to know that your involvement with others will benefit you. Naturally, it will benefit others as well because this is a two-way street.

Taurus the Bull (April 21-May 20): This is an accidentprone week, so pay attention to everything you say and do (especially mid-week). You will feel impulsive, restless, and rebellious because you want to do your own thing! However, others will notice you more than usual because for the next four weeks, the Sun will be at the top of your chart casting you in a flattering spotlight.

Gemini the Twins (May 21-June 20): Be careful this week because something going on behind the scenes (possibly hidden from you) might catch you off guard. Be mindful! Meanwhile, in the next four weeks, you will want to travel or do anything that you can to expand your horizons. You want

to learn new things and meet

people from other backgrounds.

If you cannot physically travel,

then travel through film and

Cancer the Crab (June 21-July 21): An unpredictable element might occur this week that impacts your friendship with someone. Tread carefully! In the next four weeks, your focus on shared property, inheritances, taxes, debt, and insurance issues will be stronger than usual. If you are making important decisions in these areas or negotiating, things will probably go your way because lucky Jupiter will protect you. In fact, Jupiter will attract good fortune to you with money and practical advantages.

Leo the Lion (July 22-August 22): Mars lines up with Uranus at the top of your chart this week, which means your ambition might trigger unexpected results. Be patient with parents, bosses, police, and authority figures. Avoid power struggles. Think before you speak. Meanwhile, in the next four weeks, the Sun will be opposite your sign (this happens once a year), and when it occurs, it means you need more sleep. You will also find that you are more focused on partners and close friends.

Virgo the Virgin (August 23-September 22): Please be careful this week. Be mindful. Pay attention to everything you say and do

because this is an accident-prone week for you especially midweek. Likewise, travel plans might suddenly change. Ditto for school plans, medicine, law, publishing, and media. Nevertheless, for the next four weeks, you are gung-ho to work hard. This is the year you can improve your job or get a better job. Likewise – you can improve your health.

Libra the Scales (September 23-October 22):

Make friends with your bank account. Know what is happening with anything related to shared wealth, shared property, taxes, debt, and insurance issues because something unexpected might impact these areas. We do know that the next four weeks are a particularly fun-loving, lighthearted time for you. You will especially want to use your mind for mental games and fun diversionary past times.

Scorpio the Scorpion (October 23-November 21):

Be patient with partners and close friends this week because you might have a blow up with someone. Things are unpredictable, rebellious, and probably a clash of egos. Be patient and tolerant. Home, family, and your personal life will be your primary focus for the next four weeks. You will feel richer and happier about where you live - one way or the other. Plus, family members will be

more generous and kinder to

each other.

Sagittarius the Archer (November 22-December 21): Be careful with everything that you do this week because this is an accident-prone time for you, especially at work. Sudden mishaps might also relate to your pet, so be vigilant. Admittedly, a sudden and unexpected change

could impact your employment or your health as well. Meanwhile, the pace of your days will accelerate in the next four weeks. Strong feelings about financial matters will exist for you.

Capricorn the Goat (December 22-January 19): People with children must be vigilant this week because this

is an accident-prone week for your kids. Also, something unexpected might impact your social life. On the other hand, there might be wonderful news that is sports related. Meanwhile, for the next four weeks, you will be more focused on money issues - cash flow, earnings as well as matters related to your physical belongings. You might have

Aquarius the Water Bearer (January 20-February 18): This week sudden upsets on the home front are likely. This could be a family conflict, or an

accident related to your home.

Be aware of this. Meanwhile, you

excellent moneymaking ideas.

are empowered in the next four weeks because the Sun will be in your sign. (This happens only once a year.) This means it is your turn to rejuvenate and restore yourself for the rest of the year. Things will tend to go your way. This is your hour.

Pisces the Fish

(February 19-March 20): Please be vigilant and mindful because this is an accident-prone week for your sign. (Especially midweek.) Be cautious driving, walking, and jogging. You might suddenly have to take a small trip, or a small trip will be cancelled. Difficulties with relatives, neighbors, and siblings might also arise. Be mindful, careful, and patient. For the next four weeks, you might choose to keep a low profile because your personal year is coming to an end, but your birthday has yet to arrive. That means that this is the perfect window of time to set goals.



By Georgia Nicols www.georgianicols.com.

So how exactly are we going to the moon? - Artemis Mission Overview

KAILASH KALIDOSS,
AEROSPACE ENTHUSIAST
IMAGES COURTESY OF NASA.GOV

Between 1968 and 1972, America launched nine human missions to the Moon, six of which successfully touched down, allowing 12 men to walk on the lunar surface. NASA' next chapter of lunar exploration, called Artemis, has the task of not just going to the Moon, to create a long-term human presence on and around it, but also to prepare for ever-more-complex human missions to Mars. As explained in my earlier article on December 15, 2020, everything we must be able to do on Mars, we must first do on the Moon. So, what will an Artemis mission look like?

Everything is designed and tested with the most important element in mind: the astronauts. Their deep space, human-rated spacecraft is called Orion, built-in three parts: the crew module, where up to four astronauts will live and work; the service module, with life support systems, engine, and fuel reserves; and a launch abort system, with engines capable of pulling the crew module to safety during launch, should anything go wrong.

To launch our crew and heavy payloads, NASA is building the Space Launch System (SLS), comprising of a cargo hold, Exploration Upper Stage, massive core stage, and two extended solid rocket boosters. Sitting on the launch pad, the entire rocket, fully fueled, weighs just over 6 million pounds, 5.2 million of which is just fuel. Once ignited, all 4 RS-25 engines and the two solid rocket boosters come to life, thundering upwards.

Two minutes after ignition, the solid rocket boosters are spent and jettisoned. Eight minutes after launch, the core stage is depleted and separated. The upper stage fires briefly, placing Orion into a parking orbit around the Earth. This moment gives the crew time to reconfigure the spacecraft and check systems to confirm everything is ready for the moon voyage.

With a 'go" from Mission Control, the crew reignites the Exploration Upper Stage engines to leave Earth entirely. The exact



Artist's concept of the Artemis Base Camp.

timing of this maneuver is critical to reaching a speed that can escape Earth's gravitational pull and put Orion on a course that will intersect the Moon days later.

Once this burn is complete, the upper stage of the SLS is jettisoned and the Orion will coast for several days toward the Moon.

Approaching the Moon, we see the fundamental differences between Artemis and Apollo. Instead of requiring Orion to serve as an expendable lunar command module or carry a constrained lunar lander, the Artemis missions will take advantage of a different approach. Everything needed for lunar missions will be positioned in advance by commercial and international partners, through a mission milestone termed pre-staging. This includes rovers, science experiments, and human-rated systems on the surface.

It also includes a dedicated lunar station in orbit around the Moon, called Gateway. In many ways the Gateway can be compared to the International Space Station (ISS), only in this case the Gateway orbits the moon. At Gateway, we can pre-stage a robust lunar lander and establish a strong communications relay. Designed with open standards, Gateway can be expanded as new missions and partnerships develop, allowing multiple human missions on the Moon at the same time, and enabling ongoing science to be conducted even between human missions.

The Gateway is also capable of adjusting its orbit to allow access to every part of the Moon, something the Apollo missions could not do. But the real key in this approach is placing Gateway in a unique halo orbit to perfect maneuvers needed for Mars missions. And, with a growing list of commercial and international partners working with NASA, Gateway is the ideal hub between Earth and all that lies beyond.

Returning to our crew as they approach Gateway, the Orion must match the elliptical orbit of Gateway in order to successfully dock. Once on board, preselected crew members transfer to the lunar lander while those assigned to Gateway remain on station. The lunar lander system itself is built for three

unique steps: descending from the halo orbit of Gateway down to a low lunar orbit; descending from there to the surface; and once the lunar mission is complete, launching from the surface of the Moon and ascending all the way back to Gateway.

Once the lunar mission is complete, astronauts re-board Orion and undock from Gateway. The crew fire their engines to break out of the halo orbit and once again sling the spacecraft around the Moon, placing it on a multi-day trajectory back towards Earth.

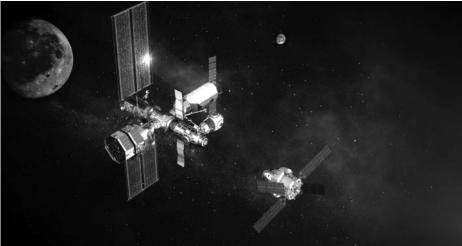
As they near the end of this journey, the service module is released and the crew module is oriented heat shield-first.

Entering Earth's atmosphere at 25,000 miles per hour, air friction slows Orion considerably, while also subjecting it to temperatures of 5,000 degrees celicius.

With the Orion now traveling at just 300 miles per hour, a series of parachutes uniquely produced and tested for this moment deploy, decelerating the craft to just 20 miles per hour for splashdown.

With each successful mission, Artemis ushers in the next wave of men and women to explore our Moon and beyond.

Kailash Kalidoss is a local aerospace enthusiast and educator serving the Bay Area. Kailash first fell in love with aerospace as a teenager when he learned about aviation from his father's role as a Ground Operations Manager. Kailash has since spent his efforts spreading knowledge about aerospace, astronautics, aviation, science and technology, and of course, the night sky. Kailash also represents the Civil Air Patrol and NASA as a volunteer.



Artist's concept of the Gateway including international contributions, with Orion approaching.

New members join Ohlone Board of Trustees

SUBMITTED BY TINA VOSSUGH

Longtime Fremont residents Dr. Rakesh Sharma and Lance Kwan are the two newest faces in the Ohlone College Board of Trustees, replacing former members Teresa Cox and Tawney Warren. Both were sworn in during the board's December 16 meeting along with returning member Greg Bonaccorsi who was re-elected to a fourth term in November. All three trustees represent Area 2, which is east of Interstate 880 (Fremont with a small portion of Union City).

Sharma, a Fremont resident for more than 32 years, has served and supported the Ohlone College Foundation for more than 15 years. He is the founder of Indo-Americans for Better Community, a Fremont based non-profit tax-exempt organization that has raised more than \$750,000 for local organizations, including the Ohlone College Foundation and the Ohlone Promise Scholarship endowment. Additionally, Sharma has been active in the local community, serving on the City of Fremont's Planning Commission, as President of the Niles Rotary Club, and on boards for Life ElderCare, Salvation Army and the Indo-American Chamber of Commerce. Sharma has two daughters who followed his passion and are physicians; he also is married to a doctor who works for the Washington Township Medical Foundation in Fremont

Kwan is a lifelong Fremont resident and has always been actively involved in community engagement.



Dr. Rakesh Sharma

Kwan currently works in the non-profit sector assisting low-income families across Alameda County with their energy efficiency needs. For six years he served on the City of Fremont's Human Relations Commission. He also is a member of the LGBTQ+ community, active with the Fremont contingent in the San Francisco Pride Parade, and a primary editor of the City of Fremont's Pride

Lance Kwan Greg Bonaccorsi

Month and Transgender Week of Remembrance proclamations. Kwan is also politically active in the local district and is an Alameda County Democratic Central Committee representative for State Assembly District 20. He currently serves as the President of the South Alameda County Young Democrats.

East Bay library services director receives recognition

SUBMITTED BY CITY OF HAYWARD

Hayward Public Library's director of library services, Jayanti Addleman, is a winner of this year's I Love My Librarian Award. Recognized by the American Library Association (ALA) for her inspiring leadership during COVID-19 and beyond, she was selected from

1,865 nominations from library users across the country. Addleman has made a powerful impact since joining Hayward Public Library (HPL) in January 2019. In her



eventful two-year tenure, Addleman oversaw a major move to a new branch, adapted library services to an unprecedented public health crisis, and led efforts to abolish overdue fines for patrons. Nominators say she has navigated these changes with exceptional expertise and enthusiasm.

"Ms. Addleman is HPL's biggest cheerleader and is always there to help in any way that she can," her nominators wrote. "She tirelessly reminds the community of the services the library has to offer, keeping services relevant and impactful."

Addleman and this year's nine other honorees will each receive a \$5,000 cash prize, a \$750 donation to their library, and complimentary registration to ALA's 2021 Virtual Midwinter Meeting & Exhibits. The virtual award ceremony will take place during the conference on Saturday, January 23, and will be available to stream live at www.youtube.com/user/AmLibraryAssociation.

Your Union CITY NEIGHBOR SINCE 1898

Living Well MASONIC HOMES OF CALIFORNIA

Two Days of Relief as Residents, Staff Receive Vaccine

LAST WEEK, Masonic Homes of California residents and staff were ready to go. They had been eagerly awaiting their turn to receive their Covid-19 vaccine and the week prior was busy with vaccine education, filling out Vaccine Administration Records, and finally, walking through the campus with Walgreens representatives to determine the most efficient and safe way to administer over 500 vaccines over a two day period.

The residents in the skilled nursing facility were the first to receive the vaccine. Applause and laughter filled the halls as each resident and staff member was vaccinated. "You would think we had a million dollars right now," said Executive Director Soledad Martinez.

Pharmacists from Walgreens administered the Pfizer vaccine to all residents and staff who wanted it at the Masonic Homes of Union City Thursday and Friday of last week.

Gary Charland, president and CEO of the Masonic Homes of California says, "I am so thankful that this day has come for our residents and staff, and incredibly grateful to all the people who have helped us get the vaccine. Our staff have done a heroic job of keeping our campus and residents as safe as possible, and this is the next step in protecting both residents and staff from this horrible virus that has already taken the lives of so many."

The Masonic Homes of California in Union City is home to over 200 residents and employs more than 350 people. "With such a large population here at the Homes, it's been so challenging to know that you could lose people to this devastating virus," said Martinez. •

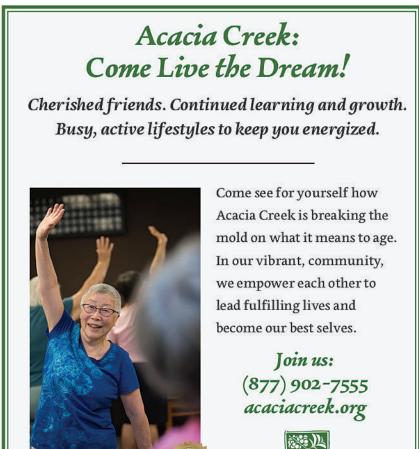


"Today, the feeling is like we're getting a ticket to freedom."

-Executive Director







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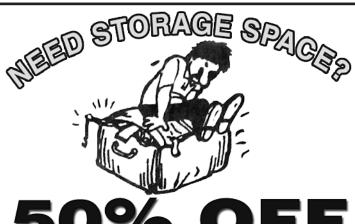


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R= Reservations Required

Schedules are subject to change. Call to confirm activities shown in these listing



CONTINUING **EVENTS**

Monday – Saturday

Free COVID-19 Testing

M-F: 1 p.m. - 5 p.m. Sa: 9 a.m. – 12 noon

Drive through, drop-in, and walk-up testing by appointment

Bay Area Community Health 39500 Liberty St., Fremont (510) 770-8040 http://bach.health/covid/

Mondays and Wednesdays

Parenting During COVID R

Tue: 12:30 p.m. - 2:00 p.m. Wed: 6:00 p.m. - 7:30 p.m. Virtual support group to help families cope with challenges encountered during COVID

To register:

www.fremont.gov/3060/Caregiver-Support (510) 574-2100

Tuesdays

Free Virtual Sing-Along

7 p.m. – 8 p.m.

Zoom choir meeting hosted by Mission Peak Chamber Singers

https://www.chambersingers.org/ Contact: info@chambersingers.org

Wednesdays, January 20 -April 14

National Geographic Live Virtual Events \$

7 p.m. 1/20: Life on Other Worlds 2/10: Scientific Exposure

2/24: Reimagining Dinosaurs 3/17: Feats of Filmmaking 3/31: Mysterious Seas 4/14: Women and Migration LivermoreArts.org

(925) 373-6800 Nationalgeographic.com/events

Wednesday - Saturday

Free COVID-19 Testing 11 a.m. - 4 p.m.

Drive through and walk-up testing by appointment

Make appointment at: https://ac.fulgentgenetics.com/ Glad Tidings Church

1000 Glad Tidings Way, Hayward

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.

Dinner time tunes, oddservations, and bad jokes

Via Facebook Live:

www.facebook.com/mudpuddlemusic

Thursdays

First Presbyterian Church of **Newark Virtual Youth Group**

Youth and young adults, students welcome

Contact: brian@newarkpress.org for Zoom Meeting ID# www.newarkpres.org

Thursdays, January 14-March 4

Life Review Group

10:30 a.m. - 11:30 a.m.

Life is a journey. Explore the story of

1-800-260-0094/ jwolfinger@crisissupport.org

Saturdays

Virtual Telescope Viewing R

9:00 p.m. - 10:30 p.m. Free on Facebook Live Join resident astronomers live from Chabot's observation deck https://chabotspace.org/calendar/

Saturdays

Online Comedy Shows R\$

8 p.m. - 9 p.m. Made Up Theatre's interactive comedy has gone to YouTube!

youthprograms@indiacc.org https://madeuptheatre.com/upcoming-shows/online-shows/

Saturdays & Sundays

India Community Center Youth Programs R\$

Art Class (K-5): Saturdays, 3 p.m. -4 p.m., 1/23 – 5/15 Hindi Class (1-6): Sundays, 10:30 p.m. – 11:30 p.m., 1/24 – 5/16

Hayward **Animal Shelter**



510-293-7200

www.HaywardAnimals.com 16 Barnes Court, Hayward (Near Soto & Jackson)

Connecting rescued animals with loving homes!



Charleigh is a spayed 4 year old wiggly, friendly girl who loves tennis balls and squeaky toys. She also likes getting back scratches and is very attention seeking. She would like a home with older children and to be the only dog. To adopt call Hayward Animal Shelter (510) 293 - 7200.



Primrose is a 3 year old sweet and loving girl who enjoys being showered with attention and will offer soft purrs as thanks. She has some vision loss from an infection she suffered as a kitten and would like a calm indoor-only household where she can live as a companion cat. To adopt call Hayward Animal Shelter (510) 293 – 7200.

Public Speaking (2-6): Sundays, 4 p.m. – 5 p.m., 1/24 – 5/16 Bollywood Class (all ages): Every Day, 1/11 - 5/16 EnActe Voice Acting for Animation

(3-8): Sundays, 2:30 p.m. – 3:30 p.m., 1/24 – 5/16 EnActe Art of Performance (3-8):

Sundays, 11 a.m. - 12 noon, 1/24 https://www.indiacc.org/programs/en richment-program-registration/

Sundays

Southern Alameda County Buddhist Church Family Service

10 a.m. Via ZOOM For link, call (510) 471-2581 https://sacbc.org/

Sundays

First Presbyterian Church of **Newark Virtual Sunday School**

Sunday School, Ages K – 6th grade Contact: office@newarkpres.org for Zoom Meeting ID# www.newarkpres.org

Sundays, January 24 - February 21

Winter Treats Virtual Baking

11:00 a.m. - 12:30 p.m. Cookies, brownies, cupcakes and more! Grades 3 - 6 https://bit.ly/3pWuVNW

Farmers' Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays

10 a.m. – 2 p.m.

Year-round Castro Valley Bart station lot off of Redwood Road equipped to accept EBT and Market Match funds to CalFresh customers. uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. – 2 p.m.

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM www.pcfma.org

Irvington Farmers' Market Sundays

9 a.m. – 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.org

Niles Farmer's Market

Saturdays 10 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont bestfarmersmarkets.org

HAYWARD:

Hayward Farmers' Market Saturdays

9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward 415-472-6100 www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays 9 a.m. - 1 p.m.

Year-round 15555 East 14th Street San Leandro (925) 465-4690 www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

Year-round Merced St and Fairway Drive www.pcfma.org

Downtown San Leandro

Wednesdays 4 - 8 p.m.

March 27 - October 9 Parrott Street and East 14th Street San Leandro www.pcfma.org

MILPITAS:

Milpitas Farmers' Market at Great Mall Parking Lot Sundays

8 a.m. – 1 p.m.

Year-round GREAT MALL 882 Great Mall Drive., Milpitas 800-949-FARM www.pcfma.org

NEWARK:

Newark Farmers' Market Sundays

9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark 415-472-6100 www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers' Market Tuesdays

10 a.m. – 2 p.m.

April 9 - November 12 Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.org

Union City Farmers' Market Saturdays

9 a.m. – 1 p.m.

Year-round Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/bookmobile

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Tuesday

Times & Stops subject to change

4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday

12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday

11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO 2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

UPCOMING Events

Tuesday, January 19

Increasing Restaurant Online Food Orders R

3 p.m. – 5 p.m. Free business webinar hosted by the Alameda County Small Business Development Center https://nc.ecenterdirect.com/events/4

Tuesday, January 19 Virtual Resource Fair: Housin

Virtual Resource Fair: Housing and Healthcare R

1 p.m. – 2 p.m.

Learn about the benefits of home sharing and other social services

Via Zoom

https://bit.ly/3oKFio2

Tuesday, January 19 Wednesday, January 20

Let's House Hayward R Virtual community planning summit

on homelessness
Summit Kick-Off: Tuesday,

2p.m. – 3 p.m. Housing and Shelter Solutions Working Group: Tuesday, 3 p.m. – 4 p.m.

Services and Outreach Working Group: Wednesday, 1 p.m. – 2 p.m. Homelessness Prevention Working Group: Wednesday, 2 p.m. – 3 p.m. Register at https://bit.ly/2KhCP5s Hayward@homebaseccc.org

Wednesday, January 20

How to Use a CRM to Increase Sales R

1 p.m. – 3 p.m. Free business webinar hosted by the Alameda County Small Business Devel-

https://nc.ecenterdirect.com/events/4

Wednesday, January 20

USCIS Online Resources and Customer Service Tools

4:00 p.m. – 5:30 p.m. Free info session from U.S. Citizenship and Immigration Services

Webex Link: https://bit.ly/2LBp7eh Meeting number (access code): 199 889 4293

Meeting password: XJmmHSru9\$57

Thursday, January 21

Access to Capital for African Americans in Business Restoration and Rebuilding R

1:30 p.m. – 3:30 p.m. Free business webinar hosted by the Alameda County Small Business Development Center

https://nc.ecenterdirect.com/events/4 7410

Thursday, January 21 Electric Vehicle Financial Incentive Clinic

7 p.m. – 8 p.m. Discover the many financial assistance programs available https://bit.ly/3h1jgKz

Saturday, January 23

Fremont Area Writers: Jesse Byrd

2 p.m.

Zoom; by invitation Email scottfrombayside@yahoo.com cwc-fremontareawriters.org

Saturday, January 23 Fight Night at the Fair \$R

Live stream of the UFC 257 Poirer vs. MCGregor lightweight bout www.ticketmaster.com/encore-ufc257

Alameda County Fairgrounds 4501 Pleasanton Ave., Pleasanton

Saturday, January 23 Diamonds in Education Virtual Telethon

6:00 p.m. – 7:30 p.m. Comedian Kabir "Kabeezy" Singh, auctions, and award presentations

Via Facebook Live and YouTube www.diamondsineduction.com www.nhsfoundation.org

Tuesday, January 26 Marketing Your Services During Challenging Times R

3 p.m. – 5 p.m. Free business webinar hosted by the Alameda County Small Business Development Center

https://nc.ecenterdirect.com/events/47686

Wednesday. January 27

Alameda County HR Guidelines R

1 p.m. – 3 p.m. Free business webinar hosted by the Alameda County Small Business Development Center

https://nc.ecenterdirect.com/events/47685

Wednesday, January 27 Petitioning for Relatives and

Permanent Resident Status 4:00 p.m. – 5:30 p.m.

Free info session from U.S. Citizenship and Immigration Services

Meeting number (access code): 199 051 8937 Meeting password: 7xAXD76vc3e*

Webex Link: https://bit.ly/39BufXO

Wednesday, January 27 Family Caregiver Support Pro

Family Caregiver Support Program

11:00 a.m. – 12:30 p.m. To register email fsharifi@fremont.gov

Saturday, January 30 ICC Youth Leadership Series

10 a.m. – 11 a.m. "Power Hour" geared towards middle

and high school students
https://bit.ly/3ow0ZIc

Saturday, January 30 Behavioral Health – Breaking Stigma

6 p.m. – 7 p.m. Identify some stigmas of behavioral health and challenge attitudes and

misconceptions

Via Zoom: https://bit.ly/38KSHqw

Wednesday, February 3 Immigration Overview

4:00 p.m. – 5:30 p.m. Free info session from U.S. Citizenship

and Immigration Services
Webex Link: https://bit.ly/35H6igK
Meeting number (access code): 199
356 8874

Meeting password: MJiRunKb

Saturday, February 6 COVID Vaccines – Perspectives & Expectations

6 p.m. – 7 p.m.

Learn more about the COVID vaccine

from a leading expert
Via Zoom: https://bit.ly/35JuajY

Thursday, February 11 Show Your Love - Virtual Cooking & Wine Event \$R

6 p.m.

Prepare a decadent, home-cooked meal.
Proceeds benefit Spectrum Community

Services
Register at https://bit.ly/3qdqK0y

Friday, February 19 14th Annual Crab Feed

Fundraiser – At Home Edition
Pick up a delicious dinner of fresh crab
to enjoy at home

Pick Up Times: 1:00 p.m. – 3:30 p.m. Buy tickets (\$60) online at: https://bit.ly/Crabfeed2021awc Age Well Center at Lake Elizabeth 40086 Paseo Padre Pkwy, Fremont (510) 790-6602 agewellcenters@fremont.gov

Saturday March 1

Saturday, March 13

Drive-In Concert \$
Gareth Emery: We'll Be OK
3 p.m.: https://bit.ly/2X0zkmM
7 p.m.: https://bit.ly/3pyqCYY
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton

Qubmissions open for Mater Clips Video Contest

By Renee Gonzales

Alameda County Water District (ACWD) is offering scholarships to Tri-City students in grades six to 12, who have a passion for making videos and a talent for storytelling. Students who attend a school in Fremont, Newark, or Union City can enter ACWD's WaterClips Student Video Contest to win scholarships up to \$500. Entries are accepted through Friday, April 2.

The contest is in its second year and invites local students to showcase their digital media skills while drawing attention to an important water topic. Each entry will need to create an

educational and engaging 30-second video on the 2021 contest theme: Water Emergencies – Plan and Prepare.

"Students are empowered to create entertaining yet effective videos encouraging our community to prepare for water service-related emergencies or other conditions, which may impact water safety or availability," said ACWD Board President Aziz Akbari. "The contest taps into something this generation of students use every day – video editing apps on smart devices give them the ability to create compelling and imaginative content."

ACWD will award a total of six scholarships worth \$500,

\$250, and \$100 to participants in two groups, grades six to eight and grades nine to 12. Individual or group entries are accepted. Teachers can also win. Teachers in both groups who sponsor the most student submissions and/or the winning videos will receive classroom scholarships worth \$200, \$100, and \$50.

For more information about

the contest and a complete

www.acwd.org/waterclips or

email waterclips@acwd.com.

list of rules, visit

WaterClips Student Video Contest

Deadline: Friday, Apr 2 www.acwd.org/waterclips waterclips@acwd.com

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor.

Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

AFFORDABLE BAY AREA OFFICE SPACE

SKS BUILDING 39823 Paseo Padre Parkway, Fremont, CA 94538

- -2215 sq/ft
- -Newly upgraded premium office
- -3 private offices
- -Private conference room
- -Kitchen breakroom with sink and large storage area
- -Large open workspace ideal for socially distanced cubicles
- -Near 680/880/BART

SIGMAWAYS BUILDING 39737 Paseo Padre Parkway, Fremont, CA 94538

- -4997 sq/ft
- -Ground floor
- -Naming rights
- -Five private offices
- -Private restrooms
- -Conference room
- -Large open work space perfect for socially distanced cubicles
- -Kitchen with running water
- -Near 680/880/BART

39737 Paseo Padre Pkwy Suite C1, Fremont CA 94538

- -355 sq/ft
- -One room office
- -Common waiting area
- -Near 680/880/BART

EXECUTIVE I 2450 Peralta Blvd., Fremont, CA 94536

- -Suite 211
- -948 sq/ft
- -Three room office
- -2nd floor (no elevator access)
- -Large open space perfect for socially distanced cubicles
- -Free Conference room available
- -Near BART
- -Suite 222
- -812 sq/ft
- -Four private offices + waiting room.
- -Free Conference room available
- -Near BART

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Leader in Small To Medium Size Office Space

Book lovers: Get ready for online discussions

SUBMITTED BY JUI-LAN LIU, FREMONT MAIN LIBRARY

Officials from the Alameda County Library District are spreading the word about Alameda County Reads. It's the first county-wide reading program for thousands of community members to read and discuss the same book.

The first book selected for the online program, which continues through April, is "Eat Joy: Stories & Comfort Food from 31 Celebrated Writers" edited by Natalie Eve Garrett. Among the authors featured are Anthony Doerr, Rakesh Satyal, Beth Nguyen and Alexander Chee who share how comfort food flavored challenging moments in their lives.

"The vision of AC Library is Kind,

Connected Humans," said Deputy County Librarian Deb Sica. "In our rapidly changing world, we know that it is more important than ever to build both human and humane connections with one another. AC Reads is our first One County, One Book Celebration! Bon livre, bon appétit!"

To participate in the program, readers should visit the program website at https://aclibrary.org/alameda-county-reads, sign up for an online discussion, and arrange to pick up a free copy of the book at their local Alameda County Library while supplies last. Details about other books and discussion groups are posted on the website.

Alameda County Reads is funded by the Alameda County Library Foundation and the Albany, Castro Valley, and Fremont Friends of the Library.

Alameda County libraries participating in Alameda County Reads:

- Castro Valley Library,3600 Norbridge Ave., (510) 667-7900
- Centerville Library, 3801 Nicolet Ave, Fremont, (510) 795-2629
- Fremont Main Library, 2450 Stevenson Blvd., (510) 745-1400
- Newark Library,
- 6300 Civic Terrace Ave., (510) 284-0675
- San Lorenzo Library,395 Paseo Grande, (510)284-0640
- Union City Library, 34007 Alvarado Niles Road, (510) 745-1464

- Albany Library, 1247 Marin Ave., (510) 526-3720
- Dublin Library, 200 Civic Plaza, (925) 803-7252

Alameda County Reads
Weekly through April
Online book reading and discussion
Alameda County Library District
https://aclibrary.org/alameda-county-

Free (510) 745-1500

Workshop to focus on writing family history

SUBMITTED BY MARCESS OWINGS

In partnership with the National Japanese American Historical Society (NJAHS) of San Francisco, the Hayward Area Historical Society is offering an online workshop for second-generation (Nisei) Japanese American novice writers. No previous writing experience is needed.

The Nisei narrative is complex and compelling, enriched by family, community, culture, and country. Family, friends and others can benefit from understanding how the Nisei led their lives before, during, and after World War II. First-hand accounts offer inspiration to individuals of all ages and backgrounds.

Workshop leader Naomi Shibata will shepherd writers through the process of recording their own memoirs. She will demystify the writing process so participants can record these vital family stories for future generations. A long-time NJAHS docent, Shibata is the author of Bend with the Wind, a celebration of the life, family, and writings of her mother, Grace Eto Shibata.

This three-part program will be held 10 a.m. to 12 noon on Wednesdays, January 27, February 17 and March 10 via Zoom. The work is cumulative, and each session builds upon the completion of the previous session's efforts.

To register for the workshop, send an email to education@haywardareahistory.org or call (510) 581-0223. For details, visit the Hayward Area Historical Society website at www.haywardareahistory.org.

Contractor: High-speed rail delays 'beyond comprehension'

AP WIRE SERVICE

A letter from a major contractor blames the state for delays in building California's bullet train, contradicting claims that the line's construction pace is on target and warning the project could miss a key 2022 federal deadline, according to a newspaper report Tuesday.

The 36-page letter obtained by the Los Angeles Times alleges the high-speed rail project faces problems including continuing delays in obtaining land for the line and the state's failure to finalize deals with outside parties such as utilities and freight railroads.

The delays will result in stalled work and layoffs, construction giant Tutor Perini says in the letter.

As of mid-November, construction crews could not build on more than 500 parcels in the Fresno area because the California High Speed Rail Authority still lacks proper documentation, according to the Jan. 4 letter. The company has completed all the work that could be done efficiently and as a result is now operating at other sites at a slower pace, the Times reported.

"It is beyond comprehension that as of this day, more than two thousand and six hundred calendar days after (official approval to start construction) that the authority has not obtained all of the right of way. " wrote Tutor Perini Vice President of Operations Ghassan Ariqat to Garth Fernandez, the contracting chief at the state rail authority. The conditions described by the letter jeopardize the project's long-range goals, because it is already struggling to complete even a portion of its original vision of a Los Angeles-to-San Francisco bullet train, the newspaper said. The letter indicates that delays and cost overruns are poised to grow worse.

Rail authority Chief Executive Brian Kelly said in a statement to the Times that the letter "attempts to set out why project challenges are everybody else's fault."

"As we do with all contractor claims, our commercial and legal teams will evaluate the letter and provide a full response, including an articulation of where the contractor's claims are mistaken or otherwise in error," Kelly wrote.

Kelly said the authority has worked with Tutor Perini over the last 18 months to achieve a number of benchmarks, including having an average of 344 workers on job sites as of the end of October and completing 92% of the design work for the Fresno segment.

The Times said President-elect Joe Biden can relieve some of the pressure the Trump administration placed on the project, such as amending the 2022 deadline for building structures.

And Biden could release \$927 million in grant money that President Donald Trump terminated. But the project would still face the consequences of the delays, the newspaper said.

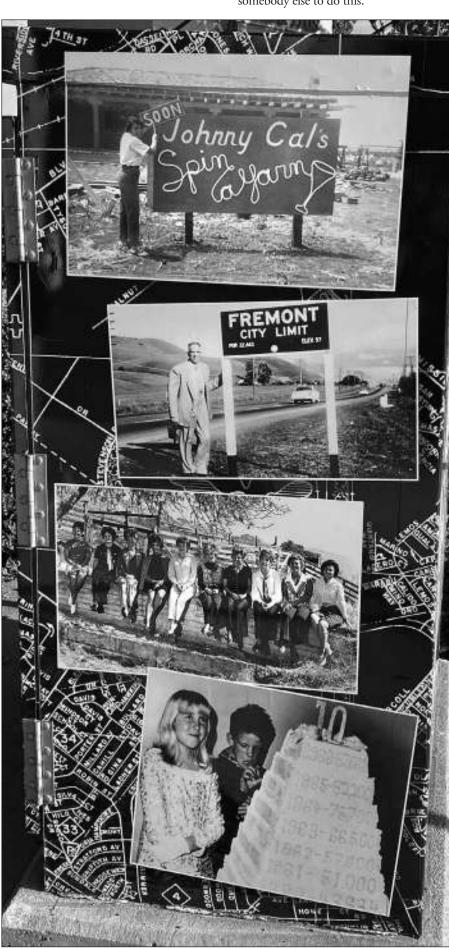
BOXING UP LOCAL HISTORY

BY STEPHANIE GERTSCH
PHOTOS BY STEPHANIE GERTSCH AND
COURTESY OF WASHINGTON TOWNSHIP
MUSEUM OF LOCAL HISTORY

Since 2014, creative box art has enlivened the city of Fremont. However, these murals on city-owned traffic control boxes add more than just color. Many also highlight Fremont's unique community and landmarks. None do it better than four new boxes installed in December 2020, a

and bring me ice cream the day after [I had] surgery. She said, 'I've got to tell you about this new project we're doing – boxART! I've got to find sponsors.' I said, 'I'm in!' So, I was the first person to sponsor a box. I picked one down the street from my house and I visited the guy every day for three weeks while he was painting."

When asked to design the layout for the history boxes, Stambaugh had similar enthusiasm, responding, "I wanna do the layout! I'll be really offended if you invite somebody else to do this."



collaboration between the City of Fremont boxART! Program and the Washington Township Museum of Local History. With vintage photos laid on a background of Fremont maps, these boxes and two towers feel like a public scrapbook for the city.

Lisa Stambaugh, web designer for the museum, was a fan of Fremont's boxART! program from day one. She recalls how program manager Susan Longini shared the news back in 2014. "Susan came to visit me

Each box covers a different era of Fremont History, starting in the 1800s and ending at the year 2000. Susan Longini saw people respond to the boxes right away: "The last morning of the installation, someone stopped by the box and said, 'I grew up there!' Because the background of the pictures is era specific maps. And he could find his street on that map...Then somebody else came by and recognized one of the people who was featured on the box."

The decision to include people in the photos was deliberate, says Patricia Schaffarzyk, longtime volunteer at the museum, and who curated photos for the boxes along with Museum President Kelsey Camello. "We decided to focus mostly on having people in the pictures. Because people are interesting for others to look at, even if we don't know the exact history, you can always make your own story when you see people. Focusing on people - from ranchers, to local celebrities, to Chinese laborers flying kites - shows how people have come to the Tri-Cities over the years and grown the community.

When viewed together, the boxes create a walking tour through Fremont history. Each has a QR code that when scanned takes viewers to the museum website to learn more of the story behind each photo. "The four big boxes are all black and white, very historical looking," explains Stambaugh. By contrast the towers showcase color photos from Fremont's 50th anniversary event Hands Around the Lake in 2006. "It's like the Wizard of Oz!" she laughs.

Images were printed on vinyl wraps by Signs Unlimited, which also did the application. It took about three hours to wrap each box once the vinyl was printed. Each box covers a
different era of
Fremont History,
starting in the 1800s
and ending at the
year 2000

'Patricia [Schaffarzyk] and Kelsey [Camello] are going through photos and we're all gonna meet together in a couple of months to go over them'... obviously we were never able to meet. I think if we had not all known each other before it would have been a lot harder." A strong bond helped the women pull through and make the project a success.

When asked about which photos stand out, Schaffarzyk mentioned one of roller-skaters on a parade float with the skating rink in the background. "I went to school in Irvington and I remember that building. I don't remember when they did skating, this was before my time, but I really enjoy that picture." Stambaugh noticed pre-1920s photos of women riding bicycles and even a motor bike. Longini enjoys how all the photos are stitched together to create a sense of an era.

"Honestly they're even better than I thought they'd be," says Longini.



The process of translating 2D photos to a 3D box was complicated, and Stambaugh says her technical background in web design helped her communicate with the printers. For example, many photos had faded over the years, so it took some digital processing to convert them all to greyscale and color balance for a consistent brightness level.

Then the wraps have to be assembled. "It's not just one big piece that gets wrapped around the box. It's all these different pieces that are cut to go around the edges and overlap. A huge amount of work on their part to turn what we had created into something you could use in that physical format." Also: Traffic control boxes aren't flat—they have door handles, nobs, and vents. That affects photo placement, as you don't want someone's face obscured by a vent.

Of course, a collaboration on this scale became more complicated during COVID-19. For Schaffarzyk, it was actually easier to sort through photos with the museum closed to the public. Stambaugh remembers, "There was an email in February from Susan [Longini] that said "You see the idea on your computer but to experience it at a large scale puts it in a very different perspective."

Learn more at: https://museumoflocal-history.org/

Guide to History boxes: Box 1 Pre-1920 and Tower Corner of Paseo Padre Parkway and Walnut Avenue (In front of Chase Bank)

Box 2 1920 - 1956 Paseo Padre Parkway and Princeton Plaza (Gateway Plaza) (In front of Wells Fargo Bank)

Box 3 1956 - 1980 Paseo Padre Parkway and Capitol Avenue (In front of Philz Coffee)

Box 4 1980 – 2000 and Tower Fremont Boulevard and Capitol Avenue (In front of Fremont Hub)

WhatsApp growth slumps as rivals Signal, Telegram rise

By Barbara Ortutay AP Technology Writer

Encrypted messaging apps Signal and Telegram are seeing huge upticks in downloads from Apple and Google's app stores. Facebook-owned WhatsApp, by contrast, is seeing its growth decline following a fiasco that forced the company to clarify a privacy update it had sent to users.

Mobile app analytics firm Sensor Tower said Wednesday that Signal saw 17.8 million app downloads on Apple and Google during the week of Jan. 5 to Jan. 12. That's a 61-fold increase from just 285,000 the previous week. Telegram, an already-popular messaging app for people

around the world, saw 15.7 million downloads in the Jan. 5 to Jan. 12 period, roughly twice the 7.6 million downloads it saw the previous week.

WhatApp, meanwhile, saw downloads shrink to 10.6 million, down from 12.7 million the week before.

Experts fear the shift may reflect a rush of conservative social media users seeking alternatives to platforms such as Facebook, Twitter and the now-shuttered right-wing site Parler. The mainstream sites suspended President Donald Trump last week and have tightened enforcement on violent incitement and hate speech.

Parler, meanwhile, was unceremoniously booted from the internet after Apple and Google banned it from their app stores for failing to moderate incitement. Amazon then cut Parler off from its cloud-hosting service. Experts worry that these moves could lead to more ideological splintering and further hide extremism in the dark corners of the internet, making it harder to track and counteract.

WhatsApp didn't do itself any favors when it recently told users that if they don't accept a new privacy policy by Feb. 8, they'll be cut off. The notice referenced the data WhatsApp shares with Facebook, which while not entirely new, may have struck some users that way.

Confusion about the notice, complicated by Facebook's history of privacy mishaps, forced WhatsApp to clarify its update to users this week. The company said that its update "does

not affect the privacy of your messages with friends or family in any way," adding that the policy changes were necessary to allow users to message businesses on WhatsApp. The notice "provides further transparency about how we collect and use data," the company said.

WhatsApp is still by far the most popular messaging app of the three, and so far there's no evidence of a mass exodus. Sensor Tower estimates that Signal has been installed about 58.6 million times globally since 2014. In that same period Telegram has seen about 755.2 million installations and WhatsApp a whopping 5.6 billion – almost eight times as many as Telegram.

OPINION



WILLIAM MARSHAK

This week's presidential inauguration marks a turning point in national politics and a reminder, through remembrance of Rev. Martin Luther King, Jr., that words are the sharp edge of action to achieve reform or change. A call to action typically precedes voluntary physical movement. It is the intent and content of such words that will define what actually happens. In the realm of thoughts and ideas, dark fears and laudable aspirations share space; motive and content will determine the outcome.

Many of the same fears, prejudices and obstacles that faced Dr. King in the 1950s and 1960s remain today, amplified by words uttered by unethical politicians and false prophets. True intent is often veiled by specious arguments that promote division and instability. Evidence of the power and activation of this is evident in the events of the past several weeks.

Words

Internal strife inspired by these words is insidious. Under a cloak of civility, reasonable words are melded into irrational and perverse sentences. The resulting paragraph is a testament to corruption of a coherent and honest concept.

The Greek mathematician, scientist and inventor Archimedes (287 – 212 BC) spoke about harnessing the power of physical movement saying, "Give me a lever long enough and a fulcrum on which to place it, and I shall move the world." He was referring to mechanical manipulation, but the same can be said for words. As his thoughts and words were a precursor to many basic principles of physics, mathematics and astronomy, they survived through his written works. Just as a fulcrum – the stationary object that allows a lever to exert force - is essential for levers, so too are words, a critical component of information leading to action.

What does a reverend from the 60s and a Greek mathematician have to do with today? Along with a plethora of great minds that influenced the present through the past, the basic tenet of their lives was to think of the consequences of their actions. Unfortunately, we have recently witnessed the results of poorly constructed paragraphs assembled with words that imply a different context. Words such as "freedom" and "democracy" have been linked to

particular ideologies that stray from the intent when initially woven into the Constitution of the United States of America. Misrepresentation and fraudulent use of these words as well as malevolent goals have misled a significant segment of society.

Care with words is essential when using them as a catalyst for action. We have witnessed angry and spiteful words employed as incitement for insurrection and yet, in the same short period of time, honor the use of words to effect change and revere humanity in its highest sense. It will serve all of us well to remember that thought translated into communication carries responsibility for its consequences. The month of January 2021 has demonstrated two opposing results of words: to incite toward peace and harmony or pillage and destruction. Which words will you choose in your life?

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US holds first oil lease sale for Alaska's Arctic refuge

By Becky Bohrer, Associated Press

The U.S. government held its first-ever oil and gas lease sale Wednesday for Alaska's Arctic National Wildlife Refuge, an event critics labeled as a bust with major oil companies staying on the sidelines and a state corporation emerging as the main bidder.

The sale, held as scheduled after a judge Tuesday rejected requests by Indigenous and conservation groups to halt the event, garnered bids on half the 22 tracts that were listed as available in the refuge's coastal plain. The U.S. Bureau of Land Management, which held the sale, said the bids were under review.

The rugged remote area off the Beaufort Sea is considered sacred by the Indigenous Gwich'in. Critics of the lease sale say the region is special, providing habitat for wildlife including caribou, polar bears, wolves and birds, and should be off limits to drilling.

Supporters of drilling have viewed development as a way to bolster oil production, generate revenue and create or sustain jobs.

A state corporation, the Alaska Industrial Development and Export Authority, was the sale's main bidder. Its executive director, Alan Weitzner, in a statement, said in winning nine tracts, "Alaska preserves the right to responsibly develop its natural resources."

Members of the state's congressional

delegation, in a statement released by the land management agency, lauded the day as momentous. Gov. Mike Dunleavy, on Twitter, called the lease sale "historic for Alaska and tremendous for America."

"Alaskans have waited two generations for this moment; I stand with them in support of this day," he said.

Kate MacGregor, a deputy Interior Department secretary, said the sale marked, in part, the Trump administration's commitment to working "to fulfill the goal of U.S. energy security for decades to come."

"And when it comes to Arctic national security, today's sale will further demonstrate the United States will have a long-term economic presence," she added.

It was not clear heading into the sale what level of interest there would be among companies. A number of banks had announced plans to stop lending to projects in the Arctic, and President-elect Joe Biden has expressed opposition to drilling in the refuge.

While U.S. District Court Judge Sharon Gleason on Tuesday refused to halt the sale, she has yet to rule on underlying lawsuits challenging the adequacy of the environmental review process undertaken by the federal government.

Chad Padgett, the U.S. Bureau of Land Management's Alaska state director, defended the review process Wednesday as rigorous and disputed critics' claims that the sale had been rushed. He called the sale a success.

The land management agency has said under an "optimistic, aggressive hypothetical scenario' exploration could begin within two years after a lease sale, with production eight years after a sale.

Kara Moriarty, president and CEO of the Alaska Oil and Gas Association, said while the sale's results "may not have been as robust as we might have expected, industry still supports future access to this area."

"Today's sale reflects the brutal economic realities the oil and gas industry continues to face after the unprecedented events of 2020, coupled with ongoing regulatory uncertainty," she said in a statement.

Adam Kolton, executive director of Alaska Wilderness League, called the sale "a huge embarrassment" for Alaska's congressional delegation, which supported the decades-long push to open the coastal plain to drilling, and to President Donald Trump's administration.

"Essentially, the Trump administration had a party, hoped the oil industry would show up, and it didn't," he said. Kolton called the sale the "death knell for anybody who is arguing that this is going to be an oil, jobs and revenue bonanza. I mean, they've just been unmasked."





City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council 1st/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council 1st/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:00 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council 1st/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Union City City Council

January 12, 2021

The Union City Council unanimously adopted the following consent calendar items at its January 12 virtual meeting:

- Approved consulting services agreement with Avenu Insights & Analytics for utility user tax audit services (not to exceed \$150,000), and a 35% contingency fee for any additional revenues generated.
- Appointed Glenn Kirby to serve on the Bicycle Pedestrian Advisory Committee (BPAC). Marty Akenbauer submitted his letter of resignation in December, vacating his seat for the

remainder of his term.

• Informational report on the proposed planning calendar for the biennial operating budget (fiscal years 2021-22 and 2022-23) and five-year capital improvement plan budget (fiscal years 2021-22 through 2025-26)

The Council heard a report concerning a zoning text amendment to add veterinarian offices and small animal hospitals as a conditionally permitted use in the CS Zoning District. Applicant Mark Doty submitted an application for an amendment. Mayor Carol Dutra-Vernaci recused herself from the discussion as she is an owner of a business in that area. The Planning Commission reviewed this application at their December 3, 2020 meeting;

Council unanimously (one recusal) approved the ordinance amendment.

Police Chief Jared Rinetti presented an overview of the next steps in the Policing and Community Engagement (PCE) Plan. Last June, the City Council approved the appointment of the PCE Committee to support the Obama Foundation "Commit to Action" pledge related to police use of force. The plan establishes policing and community engagement work teams, with the following activity through April 2021.

- •,Establish four work teams with a diverse range of participants that can provide input and experiences on policing in Union City.
- A police supervisor or manager will host each of the four work teams. Each work team will

meet three to four times virtually. A support staff member from the police department will attend each meeting to take notes.

- The work teams will review and analyze their assigned topic based on their personal experiences and feedback from the PCE committee. Teams will strive to identify priorities, objectives, and strategies for the police department to consider implementing in the future.
- Chief Rinetti will provide a progress report to the Council on the findings in April 2021.

Mayor Carol Dutra-Vernaci Aye (one recusal) Vice Mayor Pat Gacoscos Aye Emily Duncan Aye Jaime Patiño Aye Gary Singh Aye

Fremont **City Council**

January 12, 2021

Announcements:

• Applications for vacancies on boards and commissions are accepted throughout the year.

Consent Calendar:

- Authorize professional services contract with PlanIT GEO, LLC for citywide urban forest management plan in the amount of \$180,000.
- Approve agreements for on-call services with BSK Associates, Construction Testing Services, Inc. and Signet Testing Laboratories, Inc. for construction materials testing and inspection; each up to \$1,250,000.
- Approve on-call civil design and project management consultant services with Mark Thomas & Company and Quincy Engineering, each up to \$1,250 for five years; on-call cost estimating consultant services with MicroEstimating, Inc. and OCMI, Inc. each for up to \$500,000 for five years; and on-call development review consultant services with CSG Consultants, Inc. and SNG & Associates, Inc., each up to

\$1,2500 for five years.

- Approve on-call traffic engineering consultant services with Kimley-Horn and Associates, Fehr & Peers, and DKS Associates; on-call traffic signal engineering consultant services with Kimley-Horn and Associates and TJKM Transportation Consultants; and on-call transportation planning consultant services with Fehr & Peers, Alta Planning+Design, Inc. and Kittelson & Assoicates, Inc., each up to \$1,250,000 for five years.
- Approve agreements for on-call mechanical, electrical and plumbing design services with Advance Design Consultants, Inc., American Consulting Engineers Electrical, Inc. and Salas O'Brien, each for up to \$1,250,000 for five years.
- Approve lease amendment with California Department of Rehabilitation for space at Family Resource Center.

Public Communications:

- Continued complaint about noncompliant Accessory Dwelling Unit construction on Chavel Court.
- Effects of stay-at-home order on personal stress.
- Honor Martin Luther King Day by donating to Alameda County Food Bank. COVID

memorial on January 19 by displaying white or amber lights. January 15-20, send "thank you" letters to hospital staff.

• Accountability, then unity needed in light of insurrection at Capitol on January 6th.

Items Removed from Consent:

- Accept COVID-19 Rapid Response Grant from Alameda County Transportation Commission in the amount of \$75,000 for Centerville Complete Streets Project.
- Authorize contract with Rahi Systems in the amount of \$598,377.45 for audio/visual equipment for City Council Chambers. (Salwan recuse)

Council Communications:

• Mayor Mei referral to change appointments to Community Development Block Grant Committee from City Manager to Mayor.

Mayor Lily Mei	Aye
Vice Mayor Jenny Kassan	Aye
Teresa Keng, District 1	Aye
Rick Jones, District 2	Aye
Yang Shao, District 4	Aye
Raj Salwan, District 5	Aye,
1 recusal	
Teresa Cox, District 6	Aye

Newark **City Council**

January 14, 2021

Consent Calendar:

- Accept work of G. Bortolotto & Company, Inc. for 2018 Asphalt Concrete Street Overlay Program.
- Award contract to Saviano Company, Inc. for Birch Grove Tennis Court Resurfacing Project.
- Authorize grant applications for State of California Proposition 68 Per Capita Grant Program.

Other Business:

• Biotechnology Industry overview and Economic Development update. Newark is home to 34 firms of which 18 have arrived since January 1, 2018 with over 1400 employees. Presentations by Allogene Therapeutics – a new approach to cancer therapy and ATUM - biological design and synthesis. Comments by representatives of Northern California office of Biocom, Ohlone College Life Sciences faculty, Biomedical Manufacturing Network and biomedical support personnel.

Mayor Alan Nagy Aye Vice Mayor Mike Bucci Aye Luis Freitas Aye Sucy Collazo Aye Michael Hannon Aye

Alameda County Water District

January 14, 2021

Consent Calendar:

Ratification of Payment of Audited Demands dated December 4, December 11, December 18, December 23, 2020

Action items:

- Adopted a resolution finding Solar Photovoltaic System Installation Projects at Alameda, Decoto, and Mayhew Reservoirs, Newark Desalination Facility, and District Headquarters Facility Exempt from CEQA and approving the
- Approved Change Order No. 2 in the amount of \$154,827.96 to A. Teichert & Son, Inc., dba Teichert Construction for the Main Renewal --

Souza Avenue and Concord Street Project, Job 21191 and for the emergency repair of the Peralta-Mowry Water Main.

• Adopted a resolution finding the permit approvals associated with the Coyote Hills: Well Replacement Project to be Exempt from CEQA and authorizing the General Manager or a designee to file a Notice of Exemption for the Project with the Alameda County Clerk's Office. President Aziz Akbari James G. Gunther Paul Sethy John H. Weed Judy C. Huang

Sanitary District selected for low-cost financing

SUBMITTED BY MICHELLE POWELL

The U.S. Environmental Protection Agency (EPA) recently announced that Union Sanitary District (USD) is eligible for \$198 million in low-cost financing from the Water Infrastructure Finance and Innovation Act (WIFIA) program.

The sanitary district's Enhanced Treatment and Site Upgrade (ETSU) Phase 1 Projects is one of 55 projects in 20 states invited to apply for funding that will facilitate \$12 billion in water infrastructure, according to U.S. EPA Administrator Andrew Wheeler.

"This is great news for the District as we move forward with ETSU's critical projects," said USD Board President Tom Handley. "Federal financing is essential to supplement ratepayer investments in USD's extensive infrastructure program that will help protect the San Francisco Bay, preserve

capacity for a growing Tri-City area, and manage the effects of a changing environment."

USD's ETSU Phase 1 Projects are part of a comprehensive program to support the next 20 to 40 years of operation at its wastewater treatment plant in Union City. The Phase 1 projects include addressing aging infrastructure, improving water quality in the San Francisco Bay through nutrient removal upgrades, and hardening of infrastructure to further resiliency efforts to manage extreme wet weather.

Established by the Water Infrastructure Finance and Innovation Act of 2014, WIFIA program is a federal loan and guarantee program administered by the U.S. EPA. WIFIA's aim is to accelerate investment in the nation's water infrastructure by providing long-term, low-cost supplemental credit assistance for regionally and nationally significant projects.

Stay-at-home order extended

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

Alameda County is included in an extension of the Bay Area's stay-at-home order, directed by state officials on January 9, as hospital ICU beds remain under 15 percent of capacity and COVID-19 cases continue to

Under the order, residents are told to stay home except for essential work, shopping, or medical reasons. Use of parks, trails, and other outdoor recreation is permitted. The rules prohibit gatherings outside one's own household and requires indoor retailers to operate at 20 percent capacity, with other restrictions.

"We are experiencing the biggest surge of COVID-19 cases since the beginning of the pandemic," said a statement by the Alameda County Department of Public Health. "Please stay home. Wear a mask if you must leave for essential activities."

State officials will now make ICU bed projections about twice a week to determine when restrictions can be lifted, according to the order.

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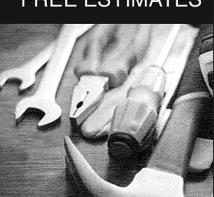
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Wanted

Young man with cerebral palsy is looking for

caregivers. His Latter-Day Saints (LDS) faith and his church community in Dublin are extremely important to him. He has a cat, so all applicants should be cat-friendly. He needs caregivers who are engaging, and will interact with him. He owns his own van, part of the duties will be transporting him in it. Only licensed drivers with a clean driving record will be considered.

Pay is \$15/hour. All staff are eligible for paid sick leave. If you work full-time (40 hours per week) a comprehensive set of benefits are offered which includes health coverage through Kaiser/dental coverage through Delta Dental (100% of the premium is paid by the employer), paid vacation (4 hours per month), holiday bonuses,

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Union Sanitary District

January 11, 2021

The USD Board unanimously approved the following at its Monday, January 11, 2021 virtual board meeting:

• Execute an agreement with Hazen and Sawyer for design services for the Enhanced Treatment and Site Upgrade (ETSU) Phase 1B and 1C projects and Task Order No. 1 for the ETSU Phase 1B project in the amount of \$7,960,952.

 Approved replacing video inspection equipment, authorizing the purchase of replacement Closed Circuit Television (CCTV) system for the inversion lining truck for \$108,083.51. The Collections Department is recommending the purchase of new CCTV equipment, instrumental in the operations and support. The current CCTV equipment being used for this process is 19 years old and beyond its useful life.

The Board also heard the FY2020 Strategic Performance Annual Report. COVID-19 affected the San Francisco Bay region and every public agency. USD responded after shelter-inplace orders were mandated to create work plans protecting the health and safety of staff while maintaining necessary operations. District achievements include adoption of rates for Fiscal Years 2021-25, providing accounting and payroll services remotely, refinancing existing debt for a significant savings to ratepayers, initiating design of Phase 1A of the Enhanced Treatment and Site Upgrade (ETSU) Program, beginning construction of the new Digester 7, installation of new bar screens, and continuing to provide essential services during a world-wide pandemic.

The report also noted that the District was recognized with several awards during fiscal year

- National Association of Clean Water Agencies (NACWA)- Peak Performance Platinum Awards for outstanding performance.
- National Association of Clean Water Agencies (NACWA) - Excellence in Management Silver Recognition
- National Institute for Government Purchasing (NIGP)-Achievement of Excellence in Procurement
- Government Finance Officers Association (GFOA)- Excel-

lence in Financial Reporting

Additional information-only reports included: November 2020 monthly operations, consultant shortlists for capital improvement project, an update on the subsurface investigation at the Alvarado Wastewater Treatment Plant, Legislative update on state and national issues, COVID-19 update (details in online packet).

President Tom Handley Vice President Pat Kite Aye Anjali Lathi Aye Manny Fernandez Aye Jennifer Toy Aye

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Birth

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Fremont Memorial Chapel (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

Mary Ellen McGrath Resident of Fremont November 9, 1932 – January 15, 2021 Fremont Chapel of the Roses

Olivia S. Montalvo Resident of Livermore August 11, 1936 – January 14, 2021 Fremont Chapel of the Roses

Arthur "Art" Aguilar Resident of Union City October 26, 1934 – January 14, 2021 Fremont Chapel of the Roses

Nathaniel Samuel Ford Resident of Fremont September 10, 1966 – January 13, 2021 Fremont Chapel of the Roses

Alex Lopez, Jr. Resident of Newark June 25, 1932 – January 11, 2021 Fremont Chapel of the Roses

Antonio Opina Albay Resident of Newark June 13, 1950 – January 11, 2021 Fremont Chapel of the Roses

Jose Miguel Riviera, Jr. Resident of Newark March 5, 1952 – January 11, 2021 Fremont Chapel of the Roses

Valdemar Meneses Nunes Resident of Newark December 23, 1934 – January 10, 2021 Fremont Chapel of the Roses

Fred Arthur Stanfield, Sr. Resident of Newark September 26, 1940 – January 8, 2021 Fremont Chapel of Roses

Joyce Vanderbrugge Resident of Newark April 11, 1950 – January 8, 2021 Fremont Chapel of the Roses

Larry Eugene Hernandez Resident of Hayward May 17, 1960 – January 6, 2021

Manfred "Fred" W. Zimmerman Resident of Livermore May 17, 1940 – January 4, 2021

Fremont Chapel of the Roses

Paul William Heldebrant Resident of Fremont March 2, 1967 – January 3, 2021 Fremont Chapel of the Roses

Elizabeth Ann Kickert Resident of Fremont September 12, 1929 – January 2, 2021 Fremont Chapel of the Roses

Hugh Graham Resident of Fremont July 12, 1933 – December 28, 2020 Fremont Chapel of the Roses

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Marriage

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Marty Ellis Resident of Union City September 2, 1940 – January 14, 2021

Tri Van Quach Resident of FremontApril 2, 1940 – January 11, 2021

King Mei Wu Resident of Richmond November 10, 1930 – January 11, 2021

Sandra Dalton Resident of Fremont July 24, 1972 – January 10, 2021

Judith Craven Resident of Tracy

February 12, 1945 – January 10, 2021

Mani Anantharaman

Resident of Fremont
January 15, 1934 – January 9, 2021
Chand Kumari

Resident of Hayward April 6, 1932 – January 6, 2021 Janardanan Kunnamkottil

Resident of San Jose June 15, 1943 – January 6, 2021

Ruben Masulit Resident of Fremont April 27, 1938 – January 6, 2021

Carol Hernandez Resident of Fremont May 20, 1933 – January 5, 2021

Jinzhen Zhu Resisdent of Union CitySeptember 27, 1940 – January 3, 2021

Peter Deguara Resident of Walnut Creek June 2, 1934 – January 3, 2021

Leon Lemos Resident of San Jose

April 11, 1942 - December 28, 2020

Carol Schiesser

Resident of Fremont May 26, 1943 – January 1, 2021

Patricia Magee Resident of Soulsbyville March 19, 1930 – January 1, 2021

Godofredo Delos Santos Resident of San Jose November 8, 1950 – January 1, 2021

Andres Garcia Valdez Resident of Fremont August 8, 2020 – January 1,2021

Ralph Edward Jr Resident of Fremont September 13, 1953 – December 31, 2020

Helen Elizabeth Roux

Obituaries

Helen Elizabeth Roux, 95, passed away on December 27, 2020. She was born 4-12-25 in Pasadena California. She married Jack G. Roux on Feb 8, 1948 and celebrated 40 years before Jack's passing. Helen and Jack moved around the country, due to Jack serving 30 years in the Coast Guard. They finally settled down in Fremont, California with their three children in 1961 and Helen remained in the Fremont/Hayward area until her passing. Helen raised her children while her husband was deployed to many locations.

Helen was preceded in death by her parents Edward and Helen Pierpoint and husband Jack G. Roux.

She is survived by her brother, Warren Pierpoint and his children Michael and Susie. Son Kenneth Roux of Fremont, Ca; daughters Margaret (Thomas) Dineley of Imperial Ca; Valerie McElroy (Roux) of Livermore, Ca. Grandchildren, Daniel Gucito of Santa Fe NM; Joseph Gucito (Sherrie) of Hayward, Ca;



Richard McElroy (Brooklyn) of Pittsburg, Ca; Jack McElroy of Livermore Ca. Great grandchildren; Arianna, Thomas and Desirae Gucito; and Orien McElroy born the day after Helen's passing. Also step grandchild, Elizabeth Graham. Step great grandchildren, Amirah, Tommy and Miranda Lucio and 9 great-great step grandchildren.

No services were held, and Helen was interred on January 8, at Golden Gate National Cemetery with her beloved husband Jack.

Thomas Foord Evernden II, MD

Resident of Fremont
March 12, 1922-December 25, 2020



On Friday December 25, 2020 Thomas Foord Evernden II MD devoted husband and loving father of five, went home to be with Jesus at the age of 98. Tom was born March 12, 1922 in Okeechobee, Florida to parents Hans Foord Evernden and Emma Rosa Wagner Evernden. He grew up in Berkeley with his three sisters, Margery, Jimmy, and Audrey, along with his twin brother Jack all preceded him in death.

Tom married Diana Abraham on August 23, 1952. They enjoyed 43 wonderful years together, prior to Diana's death in 1995. During that time, they lovingly raised their five children, Rose Evernden-Andrade (Randy), Kathy Gronert (Mark), Tom Evernden III(Kari), Joy Evernden, and Juliana Evernden Brightwell.

Tom remarried in 1998 to Dolores (Dee) Forsythe Evernden and was preceded in death by sweet Dee in 2005. He is also survived by Deanna Forsythe, Dee's daughter. Tom II was also preceded in death by his beloved son Tom III in 2019. Tom is survived by his grandchildren, Sancho Martinez (Gina), Nicholas Andrade, Jacob Gronert, Luke Gronert, Tommy Evernden (Crystal), Rachel Evernden (Oliver), Kait Bailey, Kenny Brightwell, and Diana Bullock (Ricky). Tom enjoyed

three great grandchildren Roquell Bedolla (Elias), Grabriell Martinez, Jordyn Rae Bullock and two great-great granddaughters Isabella Rosalina and Stella Rhenn.

Following graduation from Cal Berkley and UCSF Med School Tom was a Captain in the Army for a short time. Tom and Diana returned to the Bay Area to raise their family in Fremont.

Tom began his medical practice of Obstetrics and Gynecology for 43 years in Fremont 1955. He was a "Washington Original" at Washington Hospital. He was said to be "honored with great trust and appreciation for his ability to communicate and show compassion to his patients". He often said, the best part of being an OB/Gyn was that he "loved delivering the miracles."

Tom and Diana raised their kids to know and love the Lord. They were very active in leadership at their church, Harbor Light with a love of Missions.

Together as a family they shared many great adventures. Tom and his family loved to ski and spend time off the grid at his beloved cabin on the Noyo River. Tom was a naturalist enjoying birding, astronomy, hiking, and entomology, particularly Butterflies. He loved horseback riding, playing tennis, and reading. At the cabin he enjoyed campfires, s'mores, singing old songs around the campfire and pointing out the constellations to his kids. Tom was a loving father, compassionate physician, and a gentle man. His children described him as a "Great Dad" that loved the Lord, and his family with all his heart.

A celebration of life and a private burial will be held at a later date. In Lieu of flowers donations can be made to Harbor Light 4760 Thornton Ave. Fremont, CA 94536, Pathway's Hospice 333 Hegenberger Road #700 Oakland, CA 94612 or the Oakland Zoo.

Fred Arthur Stanfield, Sr.

Resident of Newark

September 26, 1940 – January 8, 2021

Fred was born on September 26, 1940 in McNary, AZ and passed away on January 8, 2021 at the age of 80. He is survived by his wife Maryann, son Fred Jr, granddaughter Cherrice Godfrey, Grandson Blaise Stanfield, granddaughter Kennedy Ward, brother Bebe, sisters Mary, Caroline, Corliss, Glo and Edmond Stanfield.

He was the eldest of 8 children of Edwina and Nobel Stanfield. He had two children Fred, Jr. and Gina Ann Stanfield with his beautiful wife Maryann Stanfield. He traveled the world and served our country! He loved



music and instruments. He was an expert in Astrology and was right there to pull your chart! He was very much into the outdoors; Skiing, racket ball, marathon runner and traveling he lived a wonderful life.

Services was already held.

Fremont Chapel of the Roses 510-797-1900



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Sandra Lynn Dalton

July 24, 1972 - January 10, 2021 **Resident of Fremont**

On January 10, 2021, Sandra Dalton passed away at the age of 48. Sandra graduated from Our Lady of Guadalupe School (formerly St. Leonard) and attended Washington High School. She is survived by her son, Eric De La Houssaye, Jr. and her mother, Constance. She was predeceased by her father, John. The memorial service is by invitation and available virtually by Zoom. Burial will be private.



LEAF's Community Garden

is seeking volunteers to greet visitors. Very time flexible. ADA Handicap accessible. Location: California Nursery Historical Park in Fremont, at Mission Blvd/Niles.

FremontLEAF@gmail.com 925-202-4489

Alexander Ralph Lopez

June 25, 1932 - January 11, 2021 Resident of Newark



Alexander Ralph Lopez was born on June 25, 1932 in Placentia, California to Alejandro and Lupe. Alex has 2 brothers, Rudy and Charlie. He has 2 sons, Alex and Richard who live in Oregon. He married Cordy in 1979. At that time, he gained 6 more children; Lorraine, Sam, Gilbert, Lucy, Loretta and Barbara. His legacy continues on with his 8 children, 15 grandchildren, 27 great grandchildren and 7 great great grandchildren. This is not including his in-laws. His family was not limited to the children and their children,

he had brother-in-laws,

sister-in-laws, son/daughter-inlaws, cousins, nieces/nephews and godchildren. His love to others kept on going. Some of his grandchildren's friends would even call him "Grandpa" as well.

Alex was a truck driver for most of his adult life working at Fairchild's for 15 years, where he met Cordy. Later, working and retiring from Galgon Industrial after 20 years. He was passionate about playing music, DJing weddings, dancing, joking around and of course, watching the 49ers. All while surviving colon cancer and giving back to his community with the title of Vice President of the Luna Club in Newark. His memory will live in the hearts of his loved ones.

Visitation will be held on Wednesday, January 20th, at 9 am to 11am and with Chapel services at 11am at Fremont Chapel of the Roses, 1940 Peralta Boulevard, Fremont, burial to followed with at Holy Sepulchre Cemetery, Hayward.

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M-F 10-7 **Evening & Weekends** By Appointment

Larry E. Hernandez

Resident of Hayward May 17, 1960 – January 6, 2021

Larry Hernandez was born on May 17, 1960 in Oakland, CA and passed away on January 6, 2021 in Fremont, CA at the age of 60. Survived by his beloved wife Lisa. Loving father to Hannah and Laura Hernandez. Adoring grandfather to Alijah, Mia and Damien. Caring brother to Twin brother Barry Hernandez and sister Lorreta. Larry is preceded in death by brother Ruben "Charlie" Hernandez and many nieces and nephews.

Larry was raised in Decoto, CA. He was a retired mechanic and loved working on classic cars, he was one of founding member of Bay Bombs Car Club. He also enjoyed fishing with his uncles and friends.



Visitation will be held Wednesday, January 20, 2021 from 5 - 8 PM with a Prayer Service at 6:30 PM, Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont.

A Funeral Mass will be held on Thursday, 21, 2021, 12:00 PM at Our Lady of the Rosary

Church, 703 C Street, Union City. Mass will be livestreamed on the parish Facebook page. You do not have to be a registered user of Facebook to view the livestreams.

TO ACCESS THE LIVESTREAM, https://www.facebook.com/OurL adyRosaryChurchUCCA/

Mask are required for all Services and Social Distance is Enforced.

A Celebration of life will be held at a later time.

Fremont Chapel of the Roses 510-797-1900

Swalwell re-appointed to Homeland Security Committee

SUBMITTED BY JOSH RICHMAN

House Speaker Nancy Pelosi has re-appointed Rep. Eric Swalwell (CA-15) to the House Committee on Homeland Security, on which he served in the 113th Congress.

Swalwell intends to continue serving on the House Permanent Select Committee on Intelligence, where he has chaired the Intelligence Modernization and Readiness Subcommittee, as well as on the House Judiciary Committee. He also co-chairs the House Democratic Steering and Policy Committee.

'I'm honored and excited to rejoin active service on the Homeland Security Committee, where I plan to focus on highlighting and finding solutions to the scourge of white nationalist extremism," Swalwell said. "My committee memberships - along with my experience as a prosecutor and as the son and brother of law enforcement officers - will give me a unique opportunity to delve into one of America's most serious national security threats."

At a House Homeland Security Committee hearing last September, FBI Director Christopher Wray identified white nationalist extremism as the

foremost domestic terrorism threat. And a Department of Homeland Security report issued last October said that among domestic violent extremists, "racially and ethnically motivated violent extremists - specifically white supremacists will remain the most persistent and lethal threat in the Homeland.'

"White nationalist extremists murdered a security officer and a sheriff's deputy near my district last year; those victims could've been my brothers," Swalwell added. "Likewise, many of the domestic terrorists who violently invaded the U.S. Capitol at President Trump's incitement last week were white nationalist extremists. This threat is real, it is growing, and I will prioritize helping to expose, confront and eliminate it."

As a member of the Homeland Security Committee, Swalwell in 2013 organized and coordinated a letter signed by 132 other Members of Congress to the Transportation Security Administration (TSA), objecting to its decision to allow certain small knives and sporting equipment in the cabins of planes. Ultimately, TSA reversed its policy and continues to prohibit knives on planes.

Swalwell also was the lead Democratic House cosponsor of the Rapid DNA Act of 2017, which President Trump signed into law in August 2017; this bipartisan law helps local law enforcement use new real-time, on-site DNA testing technology to speed up justice. And he has been a leader on issues including ending gun violence, increased funding for transit security, and protecting our elections.

Swalwell founded and is chairman emeritus of Future Forum, a group of almost 50 young Democratic Members of Congress focused on issues and opportunities for millennial Americans including student loan debt and home ownership. Before his election to Congress in 2012, he served as a Dublin City Council member and an Alameda County Deputy District Attorney.

County of receives recognition for procurement excellence

SUBMITTED BY SANTA CLARA COUNTY PUBLIC AFFAIRS

The County of Santa Clara Procurement Department has been awarded the Achievement of Excellence in Procurement® (AEP) Award for 2020 from the National Procurement Institute, Inc. (NPI).

The AEP award recognizes innovation, professionalism, productivity, and leadership in the field of procurement. The AEP Award is earned by public and nonprofit agencies that demonstrate a commitment to procurement excellence. Only 40 counties of the 3,007 in the United States received this coveted recognition.

The county has 2,183 contracts valued at \$4 billion for purchase of goods and services to support health care, social and environmental services, and other important functions for Santa Clara County residents.

"The County of Santa Clara's achievement of this significant national benchmark speaks to the organizational leadership, the county's commitment to excellence in contracting, and the collective pledge to continuous improvement in ensuring high quality best value contracts," said Gene Clark, County of Santa Clara Chief Procurement Officer.

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the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative



Milpitas Police Log

SUBMITTED BY MILPITAS PD

Wednesday, January 6

• At 6:27 a.m. an officer found a stolen Toyota Corolla from Milpitas near the 1000 block of N. Milpitas Blvd. and arrested a 28-year-old San Luis Obispo resident. The car had been stolen while the keys were in the ignition and it was left unoccupied while being warmed up. The suspect was booked into jail on suspicion of possessing a stolen vehicle

Thursday, January 7

• At 9:13 a.m. a traffic officer spotted a 46-year-old transient

Union City

Police Log

SUBMITTED BY

Lt. Steve Mendez, Union City PD

Wednesday, December 30

• At about 7:42 p.m. officers responded to a burglary report in the

Road. The caller told police that she

received a notification from exterior

caller saw a male trying to break into

business owner responded and found

door with a sharp instrument in his

located by officers a short time later.

the suspect and arrested on suspicion

34600 block of Alvarado Niles

cameras at her business showing

movement. In the live feed, the

the business using a tool. The

the suspect sitting near the front

hand. The suspect fled but was

A man, identified by police as

of attempted burglary.

Ray Davie, 33, was identified as

• At about 8:54 p.m. patrol

officers conducting security checks

in the 1700 block of Decoto Road

200 street racing type vehicles in the

shopping center parking lot. During

the car show, Officer Solverson saw a

car driving recklessly and made a

traffic stop. A record check on the

Fernando Siordia, 24, showed he

and violating a court order for a

prior DUI conviction. Solverson

cited Siordia for reckless driving,

violations. He also seized Siordia's

Sunday, January 3

• At about 10:10 p.m. Officer

Ayala made a traffic stop in the area

of Whipple Road and Amaral Street

passenger in the vehicle was found

During the search the driver, identi-

fied by police as Whitney Wiggins,

33, said there was a weapon under

the driver's seat. Ayala then recov-

ered a loaded .380 semiautomatic

methamphetamine. Wiggins was

arrested and booked into jail and

faces gun and drug charges.

handgun and 2.6 grams of suspected

for an expired registration. A

to be on searchable probation.

along with other vehicle code

vehicle for 30 days.

was driving on a suspended license

driver, identified by police as

found a large gathering of about

from Milpitas spray painting a sound wall near the 300 block of W. Calaveras Blvd. The suspect was stopped and issued a criminal citation for vandalism.

Friday, January 8

- At 2:31 a.m. an officer found a stolen Hyundai Accent from San Jose near the 1990 block of Piedmont Road. He arrested two suspects: a 34-year-old San Jose resident and 28-year-old Merced resident. The San Jose resident was booked into jail on suspicion of DUI, possession of a stolen vehicle, possession of drug paraphernalia and multiple warrants. The Merced resident was booked into jail on suspicion of being under the influence of drugs.
- At 1:00 p.m. officers responded to the 1000 block of

S. Abel St. on the report of a person behaving erratically and screaming. Officers were able to quickly de-escalate the situation and safely take the 29-year-old Milpitas resident into custody. The suspect was booked into jail for being under the influence of drugs, possession of methamphetamine and possession of drug paraphernalia.

Saturday, January 9

• At 12:12 p.m. an officer found a stolen Chevrolet Silverado from Campbell near the 40 block of Ranch Drive and arrested a 26-year-old San Jose resident associated with it. The suspect was booked into jail on suspicion of possessing a stolen vehicle with prior convictions; the vehicle was released to its owner.

Fremont Fire Department Log

SUBMITTED BY FREMONT FIRE DEPARTMENT

Thursday, January 14

• At 5:50 a.m. firefighters from Engine 52, Truck 51 along with Alameda County Fire Department/CAL Fire Santa Clara Unit responded to a traffic collision in Niles Canyon. An extended extrication from a was required and medical treatment provided. Two people sustained significant injuries and were taken to nearby trauma centers. The traffic collision, which temporarily closed Niles Canyon Road in both directions between Fremont and Sunol, is under investigation.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Tuesday, January 5

• Four people carrying collapsible hampers entered the Sephora store at 43550 Christy St. and stole more than \$15,000 worth of items from the shelves. Then, on Thursday, January 7 two people entered the store and stole more than \$7,000 worth of fragrances.

Saturday, January 9

- After receiving a notice about a stolen vehicle from an automated license plate reader, officers located the 1999 Honda Accord in the Walmart parking lot on Osgood Road in the Warm Springs area. A man, identified by police as Victor Flores, 32, of Fremont was arrested on suspicion of auto theft.
- A residential burglary occurred on the 900 block of Arikara Drive in the Warm Springs area. Access was gained by prying a rear sliding door.

Sunday, January 10

- Officers received an automated license plate reader notification about a stolen 2005 Ford Ranger Truck at Mowry Avenue and I-880. A traffic stop was made and a man identified by police as David Sandoval, 36, of Meadow Vista in Placer County was arrested on suspicion of auto theft.
- A commercial burglary occurred at the Verizon store, 39050 Argonaut Way in central Fremont. Access to the store was through an unlocked door. Several items were taken and a fire extinguisher was sprayed throughout the store.
- Commercial burglaries occurred at Public Storage, 47209 Warm Springs Blvd. and U-Haul, 44511 Gimmer Blvd. In both cases the lock to a storage unit was cut for access.

Construction on Bicycle and Pedestrian Safety Projects

SUBMITTED BY CITY OF FREMONT

City of Fremont's Public Works Department began construction on two projects to improve bicycle and pedestrian safety in late 2020.

Newark **Police Log**

SUBMITTED BY NEWARK PD

Tuesday, January 5

- At 9:34 a.m. Officer Frentescu investigated a report of a Honda Accord stolen overnight in the 6000 block of Albyn Court. The vehicle was later recovered in Oakland.
- At 5:12 p.m. Officer Pacheco investigated a report of a Chevrolet Silverado stolen in the 35000 block of Newark Blvd. The truck was later recovered in Oakland.

Thursday, January 7

- While making a security check at 4:24 p.m. in the 6800 block of Mowry Ave., Officer Palacio met and later arrested a 38-year-old Fremont man on suspicion of possessing a controlled substance. He was cited and released.
- At 10:15 p.m. Officer Losier investigated a report of vandalism

in the 6000 block of Mirabeau Dr. Losier determined an unoccupied vehicle had been shot at with a BB gun.

Friday, January 8

• At 11:58 p.m. officers responded to a report of suspicious activity that appeared to be people checking car doors in the 6000 block of Lafayette Ave. Officer Smith met and later arrested a 35-year-old Newark man on an outstanding parole warrant. He was booked at Santa Rita Jail.

Saturday, January 9

- At 2:22 a.m. Officer Quinonez made met and later arrested a 24-year-old Fremont man in the area of Thornton Avenue and Olive Street on suspicion of DUI. He was booked at Fremont Jail.
- Between 4:35 p.m. and 4:46 p.m. officers responded to a report of a pair of purse robberies that had occurred in the 39000 block of Cedar Blvd and 35000 block of Newark Blvd. An investigation is continuing.

Hayward Police Log

SUBMITTED BY HAYWARD PD

Monday, January 4

• At 8:32 p.m. a robbery occurred in the 100 block of W. Jackson St. The suspects entered the business, assaulted an employee and took items. All suspects fled prior to police arrival; an investigation is continuing.

Tuesday, January 5

- At 2:04 a.m. a dispute occurred in the 27000 block of Ponderosa Court. The victim was assaulted with a weapon and the suspect fled prior to police arrival.
- At 11:45 p.m. officers responded to a vehicle crash report in the 24000 block of Saklan Road. A record check showed the vehicle was reported stolen; the suspect was arrested.

Wednesday, January 6

• At 3:33 p.m. a robbery occurred at Southland Mall when suspects armed with a weapon took personal items from a victim. The suspects could not be found after an extensive search.

Friday, January 8

• At 4:19 p.m. a vehicle's window was struck by a bullet in the area of Tennyson Road. and Patrick Avenue. There were no injuries.

Saturday, January 9

• At 8:41 p.m. a robbery occurred in the 20000 block of Hesperian Blvd. when suspect used a weapon and took cash from a business. The suspect was not located.

The Pedestrian Crossing Enhancement Project will improve safety for pedestrians crossing at Central/Joseph and Washington/Jerome and will include construction of new rectangular rapid flashing beacons for increased pedestrian crossing awareness to motorists, upgraded lighting for improved visibility at night, bulb-outs, median refuge islands, and upgraded striping.

The Bikeway Improvements Project will convert 10 miles of existing bikeways to physically separated bike lanes in corridors across Fremont, including Paseo Padre Parkway, Walnut Avenue, Fremont Boulevard, Stevenson Boulevard, Driscoll Road, Grimmer Road, and Scott Creek Boulevard.

These two projects are made possible through funding from Measure B, Measure BB, local transportation sales tax funds from the Alameda County Transportation Commission, and Transportation Fund for Clean Air grant funds from the Bay Area Air Quality Management District (BAAQMD).

To learn more about these projects, visit www.fremont.gov/534/Bicycle-and-Pedestrian-Program.



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880 to Auto Mall Pkwy - Exit towards the Hills Rt on Fremont Blvd. - I/2 mile turn right on Pestana Place

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Community Bulletin Board

HERS Breast Cancer Foundation

Post-surgical products & fitting services by appointment only. Assistance Programs available for under-served patients. HERSbreastcancerfoundation.org (510) 790-1911 2500 Mowry Avenue, Suite 130

(Washington Hospital West) M-F, 10 am to 5 pm

Is Food a Problem For You? **Try OVEREATERS ANONYMOUS**

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or www.oa.org 510-449-7610

FAW Writers Salon

4th Monday of the Month

Zoom Mtg 7:00-9:00 PM

Contact Tony for link

up.dragonfly.com@gmail.com

Read, discuss or just listen

Fiction, Non-Fiction, Poetry, Etc.

cwc-fremontareawriters.org

EVERYONE IS WELCOME!

Afro-American Cultural & Historical Society

Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!

FREMONT COIN CLUB

Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365

Al-anon has but one purpose, to help families and

friends of Alcoholics.

We have Zoom meetings during the Shelter in Place.

For a full meeting list, please visit http://alanond17@weebly.com

You can also email easyduz@gmail.com or call us at

510.276.2270 for more info.

A Center for Positive Living Rev. Donna Caldwell invites all people to attend our 11:00 a.m. **Sunday Services** 20121Santa Maria Ave., Castro Valley For classes & other activities 510/538-1416 www.unitycv.org

UNITY CHURCH OF

CASTRO VALLEY

Niles Canyon Railway

is offering special train rides only departing from Sunol Depot. Visit ncry.org to purchase tickets online 510-996-8420

Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help!

> Presented on Zoom For dates, go to our website Please register at www.a1chs.org

A-1 Comm. Housing Svcs. A HUD Approved Agency **Credit and Money**

Mgmt. Workshop

call 510.674.9227

LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK?

Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Sat. of the month (off July & Dec) 2-4PM Great speakers! * All genres! *Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting.

Writers' Salon meets 4th Mon of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org

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Shout out to your community

Our readers can post information including:

Activities Announcements For sale **Garage sales Group meetings** Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

A-1 Comm. Housing Svcs. A HUD Approved Agency **1st Time Home Buyers** Workshop

Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227

FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA

We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom

'Ghost guns' recovered from San Leandro streets

SUBMITTED BY SAN LEANDRO PD

Police officers in San Leandro kicked off the new year by recovering nine guns from city streets stemming from various investigations. Three of those weapons were described by police as "ghost guns," weapons with the serial number removed, which

makes them nearly impossible to trace.

Here are the guns recovered by the San Leandro Police Department (SLPD) during a recent busy week:

Wednesday, January 6

- At 2:30 a.m. officers conducted a traffic stop and recovered a "ghost gun" with a 36 round, extended magazine.
- At 7:40 p.m. officers contacted a person inside a suspicious vehicle and recovered a firearm and illegal drugs.

Thursday, January 7

• At 1 a.m. officers contacted a suspicious person and recovered a handgun from him.

• At 3 a.m. officers responded to a home invasion robbery report and recovered two handguns, and arrested two suspects.

Saturday, January 9

• At 3:00 a.m. officers made a vehicle stop and recovered a handgun.

Sunday, January 10

- At 11 p.m. officers responded to a disturbance call and heard gunshots. They recovered two firearms; one was a handgun, and the other was a rifle, both "ghost guns."
- At 11:30 p.m. officers responded to a residential burglary report and contacted a suspect near the area. A handgun was

recovered from the suspect's vehicle.

"Each of these encounters is dangerous since our officers were contacting armed individuals or [individuals that] had access to a weapon within reach," said SLPD Lt. Ali Khan. "We are glad that we were able to remove these weapons from the streets and safely apprehend the individuals."

In 2020, police in San Leandro recovered 116 guns; 25 of those were "ghost guns." Firearms recovered this year do not reflect a spike in gun arrests, but SLPD is posting recent activities related to weapon recoveries to be transparent.

Armed Takeover Robbery Arrests

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On 12/04/20, at 2:00 a.m., three suspects drove a vehicle through the rollup doors of a business in the 45000 block of Warm Springs Blvd. The suspects then held a victim employee at gunpoint and stole approximately \$10,000 worth of tools along with the victim's wallet and cellphone. Video surveillance showed the three suspects to be armed with a rifle and handguns. Detectives had already been searching for this crew due to a series of burglaries where suspects were driving vehicles through rollup doors.

Detectives were able to generate leads on the suspects based on video surveillance. Undercover detectives from the Special Operations Division then began an extended surveillance operation on the three suspects. Over the course of the next month, all three suspects were

On 12/21/20, 43-year-old Ronald Choate of San Leandro was arrested by Special Operations detectives in Union City. Choate was found in possession of an AR pistol that was modified into an assault weapon. He was charged by the District Attorney's Office with multiple firearms charges and arraigned on 12/28/20 where a Judge ordered him to remain in custody. Choate also has numerous other cases pending with multiple agencies in Alameda County. Choate was interviewed last week about the robbery and Detectives are preparing to present the case to the DA's office for additional charges.

In Alameda County alone, Choate has numerous prior arrests for: battery with serious injury, possession of firearms, felony evading, possession of drugs for

sales, parole violations, burglary, possession of drugs, brandishing a weapon, resisting arrest, possession of stolen vehicles, and possession of stolen property.

On 12/30/20, 36-year-old Gregory Cazatt of Hayward was arrested by detectives in Milpitas. Cazatt was found in possession of a loaded handgun at the time of his arrest. Detectives then obtained a search warrant for Cazatt's residence in Hayward during which additional evidence was recovered. Cazatt was booked at Santa Rita Jail where his bail was set at \$260,000. Cazatt posted bail and was released from custody. Cazatt was charged with multiple crimes including: robbery with a firearm, and being a felon in possession of a firearm.

Cazatt has numerous prior arrests for: assault with a deadly weapon, possession of a firearm, felon in possession of a firearm, possession of drugs for sales, possession of

burglary tools, identity theft, and resisting arrest.

On 01/05/20, 31-year-old Randy Martin of Hayward was arrested by detectives in Milpitas and booked at Santa Rita Jail. Martin was arraigned on 01/07/20 where a Judge ordered him to remain in custody. Martin was charged with robbery with a firearm.

Matin has numerous prior arrests for: burglary, possession of drugs for sales, possession of stolen property, and grand theft.

Detectives are continuing to follow up on other crimes committed by this crew. If you have any information regarding these suspects, please contact Det. Troy Roberts at 510-790-6900 or troberts@fremont.gov.

Missing cat turns up 3 years after California disaster

AP WIRE SERVICE

A pet cat believed killed along with her owner in a huge mudslide has been found three years later.

The Animal Shelter Assistance Program in Santa Barbara County says the calico named Patches was brought in as a stray last month and a microchip scan revealed her

Patches had been missing since Jan. 9, 2018, when a rainstorm on the vast burn scar of the Thomas Fire sent a debris-laden torrent crashing down through hillside neighborhoods of Montecito, northwest of Los Angeles.

Twenty-three people were killed, including cat owner Josie Gower. The devastation of the debris flow was so terrible that the bodies of two victims were never

The ASAP shelter says Patches was found less than a quarter-mile from where her Mon-

tecito home stood. She was reunited with Gower's partner, Norm Borgatello, on New Year's Eve.

"Though we don't know exactly what she's been doing with her life for the past three years, we can see that both Patches and Norm are thrilled to be reunited," the shelter said in a Facebook post.

A livestream ceremony to remember the 23 victims was held last week on the third anniversary of what has become known as the "1/9 Debris Flow."

PUBLIC NOTICES

WHAT'S HAPPENING'S TRI-CITY VOICE

NOTICE OF PUBLIC HEARING CITY OF FREMONT ZONING ADMINISTRATOR VIRTUAL MEETING

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD A PUBLIC HEARING ON THE FOLLOWING PROPOSAL. SAID PUBLIC HEARING WILL BE HELD VIRTUALLY AT 3:00 P.M., ON MONDAY FEBRUARY 1, 2021, AT WHICH TIME ALL PARTIES AND INTERESTED PERSONS MAY PARTICIPATE VIA TELECONFERENCING TO PROMOTE SOCIAL DISTANCING UNDER THE AUTHORITY OF THE GOVERNOR'S EXECUTIVE ORDER N-25-20, AS AMENDED. INFORMATION ON HOW TO PARTICIPATE IN THE MEETING BY TELECONFERENCE WILL BE MADE AVAILABLE ON THE MEETING AGENDA POSTED ONLINE AT WWW.FREMONT.GOV/429/ZONING-ADMINISTRATOR-HEARINGS AT LEAST THREE DAYS PRIOR TO THE MEETING.

STORAGE SOLUTIONS - 43015 Osgood Road - PLN2021-00023 - To consider a Zoning Administrator Permit Amendment, Discretionary Design Review, and a Modification to Zoning Standards, for an addition of pre-manufactured storage units to an existing storage facility located in the Irvington Community Plan Area, and to consider a categorical exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15332, In-Fill Projects.

Project Planner - James Willis, (510) 494-4449, jwillis@fremont.gov

UPS FREMONT HUB - 5588 Cushing Parkway - PLN2021-00064 - To consider a Zoning Administrator Permit for ancillary corporation yard improvements supporting principal use warehouse and distribution functions in Planning Area 1 (HITS-W) of the Fremont Technology Business Center Master Plan Area of P-2000-214, the Pacific Commons Planned District, and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15311, Accessory Structures, and a finding that no further environmental review is required pursuant to CEQA Guidelines Section 15183, Projects Consistent with a Community Plan, General Plan or Zoning, as an Environmental Impact Report was previously prepared and certified for the Pacific Commons development (SCH #8721715 & 96052016) and a later addendum was adopted for the associated Fremont Technology Business Center development (PLN2017-00114), of which this project is a part. Project Planner - Mark Hungerford, (510) 494-4541, mhungerford@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing

> CLIFFORD NGUYEN ZONING ADMINISTRATOR



CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG20083497 Superior Court of California, County of ALAMEDA Petition of: NALLELY CAMPOS for Change of

Name TO ALL INTERESTED PERSONS: Petitioner NALLELY CAMPOS filed a petition with this court for a decree changing names as follows: EMMA ROSE SILVA to EMMA ROSE CAMPOS The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that Any person objecting to the flame chaniges described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 2/26/2021, Time: 11AM, Dept.: 17, Room:—The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: DEC 22, 2020
JUDGE DESAUTELS
Judge of the Superior Court

Judge of the Superior Court 1/5, 1/12, 1/19, 1/26/21

CNS-3428524#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG20082444 Superior Court of California, County of ALAMEDA Petition of: MARY LOUISE SERNA for Change

of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a
decree changing names as follows:
MARY LOUISE SERNA to MARY LOUISE

MOROLES
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: 1/29/2021, Time: 11AM, Dept.: 17, Room: —
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: NOV 25, 2020

Date: NOV 25, 2020 JUDGE DESAUTELS Judge of the Superior Court 12/29/20, 1/5, 1/12, 1/19/21

CNS-3427612#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG20081997
Superior Court of California, County of ALAMEDA
Petition of: BARROW KWAN for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner BARROW KWAN filed a petition with
bits coult for a decree changing names as follows:

TO ALL INTERESTED PERSONS:
Petitioner BARROW KWAN filed a petition with this court for a decree changing names as follows:
BARROW KWAN to BARROW HON KAI KWAN
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 1/22/21, Time: 11AM, Dept.: 17, Room: --The address of the court is 1221 OAK STREET, OAKLAND, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: DEC 02, 2020
Judge of the Superior Court 12/29/20, 1/5, 1/12, 1/19/21

CNS-3426591#

CNS-3426591#

FICTITIOUS BUSINESS **NAMES**

FICTITIOUS BUSINESS NAME STATEMENT

File No. 575661

Fictitious Business Name(s):
HOORAY 4 TEETH, 21915 FOOTHILL BLVD,
HAYWARD, CA 94541, County of ALAMEDA;
MAILING ADDRESS: 21911 FOOTHILL BLVD,

HAYWARD, CA 94541, COUNTY OF ALAMEDA

HAYWARD, CA 94541, COUNTY OF ALAMEDA Registrant(s):
JOYCE GUNAWAN, 28690 BORN RODE DR, HAYWARD, CA 94542
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ JOYCE GUNAWAN

Sist JOYCE GUNAWAN

This statement was filed with the County Clerk of Alameda County on JAN 08, 2021

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new lictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/19, 1/26, 2/2, 2/9/21

CNS-3432578#

FICTITIOUS BUSINESS

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 575464
Fictitious Business Name(s):
SIMRAN TRUCKING, 33085 MISSION BLVD.,
UNION CITY, CA 94587, County of ALAMEDA
Registrant(s):
DALWINDER RAI, 33085 MISSION BLVD.,
UNION CITY, CA 94587, County of ALAMEDA
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using
the fictitious business name(s) listed above on
12-29-2015
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,0001.)
(8) DALWINDER RAI
This statement was filed with the County Clerk of

/s/ DALWINDER RAI
This statement was filed with the County Clerk of
Alameda County on DEC 24, 2020
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/19, 1/26, 2/2, 2/9/21

CNS-3431758#

FICTITIOUS BUSINESS NAME STATEMENT File No. 575421

File No. 5/5421
Fictitious Business Name(s):
FAMILY VISION CARE OPTOMETRICS, 34724
ALVARADO NILES RD., UNION CITY, CA 94587,
County of ALAMEDA
FAMILY VISION CARE, 34724 ALVARADO
NILES RD., UNION CITY, CA 94587, County of

ALAMEJA Registrant(s): GARY M. LOUIE, O.D., INC. 35148 KING CT., FREMONT, CA 94536 Business conducted by: A CORPORATION The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statemen is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ GARY M. LOUIE, O.D.

This statement was filed with the County Clerk of

one widesand unians of Joseph (18) GARY M. LOUIE, Ö.D. This statement was filed with the County Clerk of Alameda County on DEC. 22, 2020 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal letter or common law (see Section 1). under federal, state, or common law (see Sectior 14411 et seq., Business and Professions Code). 1/12, 1/19, 1/26, 2/2/21

CNS-3429699#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 575396
Fictitious Business Name(s):
TAQUERIA LIMON, 39494 FREMONT BLVD.,
FREMONT, CA 94538, County of ALAMEDA
Posistrant(s):

Registrant(s):
TAQUERIAS LIMON, LLC, 39494 FREMONT
BLVD., FREMONT, CA 94538 (CALIFORNIA)
Business conducted by: A LIMITED LIABILITY
COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 05/15/2015

I declare that all information in this statement

NOTICE OF PUBLIC HEARING CITY OF FREMONT
HISTORICAL ARCHITECTURAL REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD A PUBLIC HEARING ON THE FOLLOW-(MARS) OF THE CITY OF FREMONT WILL BULL A PUBLIC HEARING ON THE FULLOW-ING PROPOSAL. THE PUBLIC HEARING WILL BE HELD VIA A TELECONFERENCE ON THURSDAY, FEBRUARY 4, 2021, AT 6:30 P.M. THIS PUBLIC HEARING WILL NOT BE HELD IN-PERSON. A PUBLICLY ACCESSIBLE LOCATION WILL NOT BE PROVIDED FOR THE PUBLIC HEARING. THE CITY HAS DEEMED IT NECESSARY IN THE INTEREST OF PUBLIC HEALTH TO LIMIT THE ATTENDANCE OF PUBLIC ASSEMBLIES TO PREVENT OR MITIGATE THE EFFECTS OF CORONAVIRUS 2019 (COVID-19). ACCORDINGLY, SAID PUB-LIC MEETING WILL BE HELD VIA TELECONFERENCING AND MADE ACCESSIBLE TELE-PHONICALLY OR OTHERWISE ELECTRONICALLY TO IMPOSE AND PROMOTE SOCIAL DISTANCING UNDER THE AUTHORITY OF GOVERNOR'S EXECUTIVE ORDER N-25-20, AS AMENDED. INFORMATION ON HOW TO PARTICIPATE IN THE MEETING BY TELECON-FERENCE WILL BE MADE AVAILABLE ON THE MEETING AGENDA POSTED ONLINE AT FREMONT.GOV/HARB AT LEAST THREE DAYS PRIOR TO THE MEETING.

MCDONALD'S MASTER SIGN PROGRAM AMENDMENT - 42800 Mission Boulevard -PLN2020-00125 - To consider Historical Architectural Review for modifications to an existing Master Sign Program for a restaurant located in the Mission San Jose Historical Overlay District in the Mission San Jose Community Plan Area, and to consider the determination that the project is categorically exempt from the California Environmental Quality Act (CEQA) per CEQA Guide-lines Sections 15311 Accessory Structures.

Project Planner - Hang Zhou, (510) 494-4545, hzhou@fremont.gov

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

> WAYLAND LI, SECRETARY HISTORICAL ARCHITECTURAL REVIEW BOARD



CNSB#3432827

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/A ALEJANDRO GUZMAN

This statement was filed with the County Clerk of Alameda County on DECEMBER 21, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/5, 1/12, 1/19, 1/26/21

CNS-3428640#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF VIRGINIA HILBERG

TO all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, r both, of: VIRGINIA HILBERG

Petition for Probate has been filed by

YUNHUI LIU in the Superior Court of California, County of ALAMEDA.
The Petition for Probate requests that YUNHUI LIU be appointed as personal representative to administer the estate of the decelors. the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

good cause why fire court should not grant the authority. A hearing on the petition will be held in this court on 02/10/2021 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes

before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your

attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60

of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the

court clerk.

Attorney for Petitioner: GEORGE M.
DERIEG, 2219 SANTA CLARA AVE. #B-1, ALAMEDA, CA 94501, Telephone: 510-355-2747 1/19, 1/26, 2/2/21

CNS-3432707#

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARSHA LYNN DRUM CASE NO. RP20083440

CASE NO. RP20083440

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: MARSHA LYNN DRUM A Petition for Probate has been filed by TRUDY LOUISE LEMA in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that TRUDY LOUISE LEMA be appointed as personal representative to administer the personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

the authority.

A hearing on the petition will be held in this court on 02/10/2021 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time. If you object to the granting of the petition.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney

knowledgeable in California law.
You may examine the file kept by the court.
If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the

Special Notice form is available from the court clerk.
Attorney for Petitioner: JOHN V. DIANA, 2875 SPRING CREEK LANE, WALNUT CREEK, CA 94598, Telephone: 925-953-

1/19, 1/26, 2/2/21

CNS-3432207#

NOTICE OF PETITION TO ADMINISTER ESTATE OF BRIAN LEE OLUND CASE NO. RP20083916

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: BRIAN LEE OLUND A Petition for Probate has been filed by GARY OLUND in the Superior Court of

California, County of ALAMEDA.

The Petition for Probate requests that GARY OLUND be appointed as personal representative to administer the estate of

Petition requests authority administer the estate under Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 03/01/2021 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk court clerk

Attorney for Petitioner: CHARLES A. TRIAY, TRIAY LAW OFFICE, ONE KAISER PLAZA, SUITE 750, OAKLAND, CA 94612, Telephone: 510-463-3170 1/12, 1/19, 1/26/21

CNS-3430742#

TRUSTEE SALES

T.S. No.: 2015-03848-CA A.P.N.:543-45198 Property Address: 5468 Dekker Terrace, Fremont, CA 94555 NOTICE OF TRUSTEES: SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/15/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. TRUST: RAY URBI AND GRACIAE V. URBI, HUSBAND AND WIFEAS JOINT TENANTS Duly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 08/24/2005 as Instrument No. 2005362360 in book --, page-- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 03/11/2021 at 09:00 AM Place of Sale: FALLON STREET STEPS, ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$1,013,108.52 NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN BY A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR RAVINGS AND LOANASSOCIATION, A SAVINGS ANSOCIATION, A SAVINGS ANSOCIATION, A SAVINGS ANSOCIATION, A SAVINGS AND LOANASSOCIATION, A SAVINGS ANSOCIATION FILE PINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE. All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed AND AUTHORIZED TO DO BUSINESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 5468 Dekker Terrace, Fremont, CA 94555 A.P.N.: 543-451-98 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any shown above. of the common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as well the second of the control of the contr provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 1,013,108.52. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE OF TRUSTEE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property to investigate the existence, priority, and size or outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.altisource.com/MortgageServices/
DefaultManagement/TrusteeServices.aspx using
the file number assigned to this case 201503848-CA. Information about postponements that
are very short in duration or that occur close in
time to the scheduled sale may not immediately
be reflected in the telephone information or on
the Internet Web site. The best way to verify
postponement information is to attend the
scheduled sale. NOTICE OF TRUSTEE'S SALE
NOTICE TO TENANT: You may have a right to
purchase this property after the trustee auction,
if conducted after January 1, 2021, pursuant to
Section 2924m of the California Civil Code. If you
are an "eligible tenant buyer," you can purchase http://www.altisource.com/MortgageServices are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three bid placed at the trustee auction. I here are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (866)-960-8299, or visit this internet website http://www.altisource.com/MortgageServices/ DefaultManagement/TrusteeServices.aspx, using the file number assigned to this case 2015-03848-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: December 28, 2020 Western Progressive, LLC, as Trustee for beneficiary C/o 1500 Palma Drive, Suite 237 Ventura, CA 3003 Sale Information Line: (866) 960-8299 http://www.altisource.com/MortgageServices/DefaultManagement/Trustee Services.aspx Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. 1/12, 1/19, 1/26/21 send a written notice of intent to place a bid so

CNS-3429846#

1/12, 1/19, 1/26/21

Annual Wild Mushroom **Warning**

SUBMITTED BY JEN VANYA

Mushrooms are an ecologically important part of our parklands and can look beautiful - but some of them contain dangerous toxins. Each year, mushrooms proliferate after the first sustained rains of the season. The death cap (Amanita phalloides) and Western destroying angel (Amanita ocreata) are two of the world's most toxic mushrooms, and both can be found in East Bay Regional Parks during the rainy season.

The death cap and Western destroying angel mushrooms contain amatoxins, molecules that are deadly to many animals. Symptoms may not appear until up to 12 hours after consumption, beginning as severe gastrointestinal distress and progressing to liver and kidney failure if treatment is not sought immediately.

East Bay Regional Park District Naturalist Trent Pearce documents and teaches about fungi in the Bay Area. "Both of these mushrooms can be lethal to humans and pets if consumed" Pearce warns. "They are mainly associated with oak trees and can be found growing anywhere oak roots are present."

The death cap is a medium to large mushroom that typically has a greenish-gray cap, white gills, a white ring around the stem, and a large white sac at the base of the stem. Although the death

cap is mainly associated with oak trees, it has been found growing with other hardwoods. It was accidentally introduced to North America on the roots of European cork oaks and is now slowly colonizing the West Coast. The death cap is not native to California.

The Western destroying angel is a medium to large mushroom that usually has a creamy white cap, white gills, a white ring around the stem that can disappear with age, and a thin white sac at the base. It fruits from late winter into spring. It is associated exclusively with oaks. Unlike the death cap, it is a native California mushroom.

"The Park District urges the public to be safe and knowledgeable about toxic mushrooms when encountering them in the parks," said East Bay Regional Park District Public Information Supervisor

Dave Mason. "Collecting any mushrooms in East Bay Regional Parks is not allowed."

The death cap and Western destroying angel can also be dangerous for pets.

"Dog owners should keep a close watch on their dogs during the winter months," said Mason. "Pet owners should contact a veterinarian immediately if they suspect their pet may have eaten a toxic mushroom."

While the death cap and western destroying angel mushrooms are responsible for most cases of mushroom poisonings in California, deadly toxins can also be found in Galerina and Lepiota mushroom species, which also occur in the Bay Area.

Honor Roll

Bucknell University, Pennsylvania Fall 2020 Dean's List Gwendolyn Hostetter of Hayward

Ohio Wesleyan University Fall 2020 Theory to Practice Grant Jasmine Lew of Fremont

California is desperate, but volunteer health corps dwindles

By Don Thompson ASSOCIATED PRESS

California desperately needs more medical workers at facilities swamped by coronavirus patients, but almost no help is coming from a volunteer program that Gov. Gavin Newsom created at the start of the pandemic. An army of 95,000 initially raised their hands, and just 14 are now working in the field.

Very few volunteers met qualifications for the California Health Corps, and only a tiny sliver have the high-level experience needed to help with the most serious virus cases that are stretching intensive care units to the limit.

"Unfortunately, it hasn't worked out, and the goal is laudable," said Stephanie Roberson, government relations director for the California Nurses Association.

Newsom formed the Health Corps in anticipation of the cascading crises that California and other states are now experiencing. COVID-19 infections, hospitalizations and intensive care needs are spiraling out of control in the most populous state just as the rest of the nation sees a surge, overwhelming the usual pool of traveling nurses.

Similarly, New York had more than 80,000 medical volunteers respond to a call for help early in the pandemic when it was a hot spot, and some were deployed. But hospitals more often turned to temporary workers to fill the gap, said Jean Moore, director of the Health Workforce Research Center at University at Albany

Other states, including Illinois, Indiana and Pennsylvania, tried variations of recruiting volunteers with limited results.

"A volunteer corps assumes that it's pretty easy to slot people in," said Sean Clarke, executive vice dean and professor at New York University's Rory Meyers College of Nursing. "Figuring out how to do that still hasn't been fleshed out, I guess."

California officials say they need 3,000 temporary medical workers but had about one-third of those as of Thursday. As one result, hospitals are waiving the state's nurse-to-patient ratios, which can mean less care for critically ill patients.

Newsom had envisioned Health Corps volunteers helping fill in the gaps at health facilities. Those who qualified include retired or inactive doctors, nurses and respiratory care practitioners. Though they're volunteers, they're paid what the state calls competitive wages.

Of the 95,000 who first expressed interest in the corps, only about a third had valid professional licenses and about 4,600 qualified. Only 850 then signed up, a number that has largely remained static despite the governor's repeated pleas to participate.

Some of the volunteers "don't have the training at the highest levels to be helpful right now," California Hospital Association spokesman David Simon said.

"It could just be that nurses know that this just might not be the safest place to work," Roberson said.

The state Emergency Medical Services Authority in June reported being overwhelmed with the initial crush of Health Corps applicants while employees were busy coordinating other urgent pandemic responses. The program itself proved confusing for local disaster coordinators, wrote Craig Johnson, chief of the authority's Disaster Medical Services Division.

Despite the shortfalls, the governor said the program "has been incredibly effective," with members having worked at more than 140 facilities statewide.

About 300 were sent to long-term care facilities early in the pandemic, 450 were used during the summer surge and 530 went to hospitals and skilled nursing facilities in the fall.

Corps spokesman Rodger Butler said some have worked in intensive care units and that the program will keep working "to fulfill unmet needs throughout the state."

The state has spent nearly \$2.1 million on the program, money it hopes to largely recoup from the federal government or private medical facilities that used corps members.

Dr. Charles Moore was one of those who first answered the call in April and May, preparing Sacramento's former Sleep Train Arena for what corps members were told there could be nearly 400 patients spilling over from hospitals.

Yet the arena's mission never seemed clearly defined, he said. It treated just nine patients over 10 weeks, and its staff of about 250 medical workers soon dwindled

Now, the state has reopened the arena and other facilities to help hospitals facing a tidal wave of coronavirus patients.

The retired internal physician has been in touch with a half-dozen fellow corps alumni and said none had been approached again other than through impersonal mass

"If I got an email that said, 'Hey, we really have a need at such and such a location because of XYZ, could we convince you to become available?' I might consider that, but there hasn't been anything like that," Moore said.

Butler said the Health Corps' administrative employees "make direct appeals to individual staff via telephone and email on a daily basis." They conducted three large direct call campaigns in the last six months to gauge members' interest in continuing.

Emails, websites and social media also aim to recruit new members, and the state notifies health workers seeking work about the program.

Joanne Spetz, associate director of research at the Healthforce Center at the University of California, San Francisco, said the pool of available medical workers has shrunk since the pandemic's early days.

The initial flood of tens of thousands of applicants was spurred by "a sense of impending doom," she said.

But in the nine months since, medical students have resumed classes, health care workers at temporarily shuttered community clinics or outpatient facilities are mostly back at work, and retirees may have found less risky ways to contribute.

Traveling care providers who might have joined the volunteer effort are instead deployed in other hard-hit states that saw surges before California.

"You start adding up those demographic groups and your numbers dwindle down," Spetz said.

Many of the remaining Health Corps members might still be needed to help at facilities like Sleep Train Arena that are intended to handle an overflow of less critical patients, she said, "so having those individuals kind of on reserve is great."

Bald eagle lays egg in Southern California mountains

AP WIRE SERVICE

A bald eagle egg has been laid in a Southern California nest and nature lovers will watch for the hatching via an online live feed.

Mother eagle Jackie delivered the egg Saturday

afternoon near the mountain community of Big Bear east of Los Angeles.

The group Friends of Big Bear Valley, which installed the web cam, says the egg is expected to hatch around Valentine's Day.

More than 1,800 people were viewing the video feed late Sunday morning. It showed an eagle nestling on the egg as light winds blew through the San Bernardino National Forest.

A previous egg laid last week by Jackie was lost after it

was attacked by ravens.

The State of Recycling in California: A Focus on Plastics Pollution

SUBMITTED BY EILEEN RIENER, TRI-CED COMMUNITY RECYCLING

It seems like everywhere you turn, there are signs or symbols urging consumers to recycle, recycle, recycle! Pick up a water bottle, a yogurt container, or the Amazon package that was just delivered to your doorstep; flip any of these plastic items over and you'll see the ubiquitous chasing arrow symbol with a number on it, proclaiming the item is recyclable. The convenience, ease, and affordability of plastics has caused the plastics industry to grow exponentially over the years while extolling the promises of recyclability and environmental sustainability.

But, is it too good to be true?

The answer is yes. While manufacturers and producers will tout the recyclability of their products until the cows come home, the truth is, there is more to it than meets the eye. To start, the chasing arrows symbol was never intended to indicate whether or not the item is recyclable; that symbol merely indicates what type of plastic that item is made of. And not all plastics are created equal. While some types, numbered 1 (PETE) and 2 (HDPE) are easily recycled and are actually recycled back into similar products, several other types, numbered 3-7, are notoriously difficult to recycle and are considered contaminants by most haulers and processors in the recycling industry. The consumer who sees the chasing arrow symbol on an item and tosses that item into the recycling cart falls prey to "wish-cycling," the fervent hope that anything tossed into the recycling cart will magically be recycled and avoid the landfill. The consumer is unknowingly contaminating the rest of the recycling cart.

Where does the plastic pollution go? And is what the public thinks they are recycling actually getting recycled? How are consumers expected to navigate the complexities and know what is happening to their waste?

The answers are unclear and complex. Enter California's Statewide Commission on Recycling Markets and Curbside Recycling: a committee formed by The California Recycling Market Development Act (AB 1583, Eggman) consisting of representatives from public agencies, private solid waste enterprises, and environmental organizations that have expertise in recycling.

Among the tasks charged to this group is the requirement to issue policy recommendations and identify products that are recyclable or compostable and regularly collected in curbside recycling programs. The bill also requires the commission to provide an opportunity for the public to review and provide comment on their recommendations. The commission has been meeting regularly to meet their mandate since being seated in June of 2020.

To inform their understanding of the extent of the plastics pollution problem, the commission invited Jim Puckett, Executive Director and Founder of the Basel Action Network (BAN) to speak at a recent commission meeting. Following the principles outlined by the United Nation's Basel Convention, BAN's mission is to champion global environmental health and justice by preventing pollution dumping on the world's poorest residents.

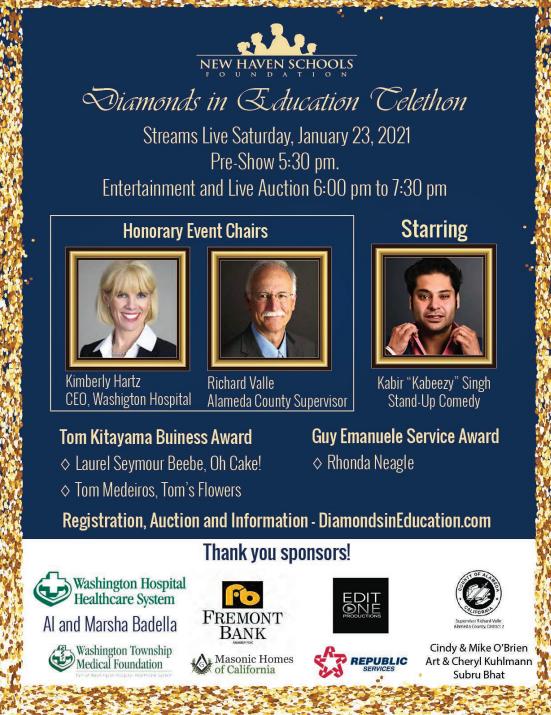
At the commission's November 4, 2020 meeting, Puckett, with input from Commissioners Richard Valle and Nick Lapis, and Martin Borque, Executive Director of The Ecology Center, presented Recommendations to Legislate Controls on Plastic Waste Exports. (Meeting minutes can be found here: https://www2.calrecycle.ca.gov/PublicNotices/Details/4235) Of the four recommendations meant to ensure environmentally sound management practices, one is to improve public transparency in tracking waste to its specific destination. Making the public aware of where their "recyclable" material ends up could significantly change consumer behavior and producer responsibility.

The responsibility of disposing of our waste appropriately and equitably, i.e. not pawning it off to less developed nations, falls squarely on every citizen. The public is strongly encouraged to follow the developments and outcomes from the Statewide Commission by participating in the monthly meetings. Full commission meetings are typically held on the first and third Wednesdays of the month and four subcommittees - Market Development, Organics, Recycling, and Labeling and Media - meet separately in between. Schedules of all meetings can be found on CalRecycle's website at https://www.calrecycle.ca.gov/markets/commission.









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