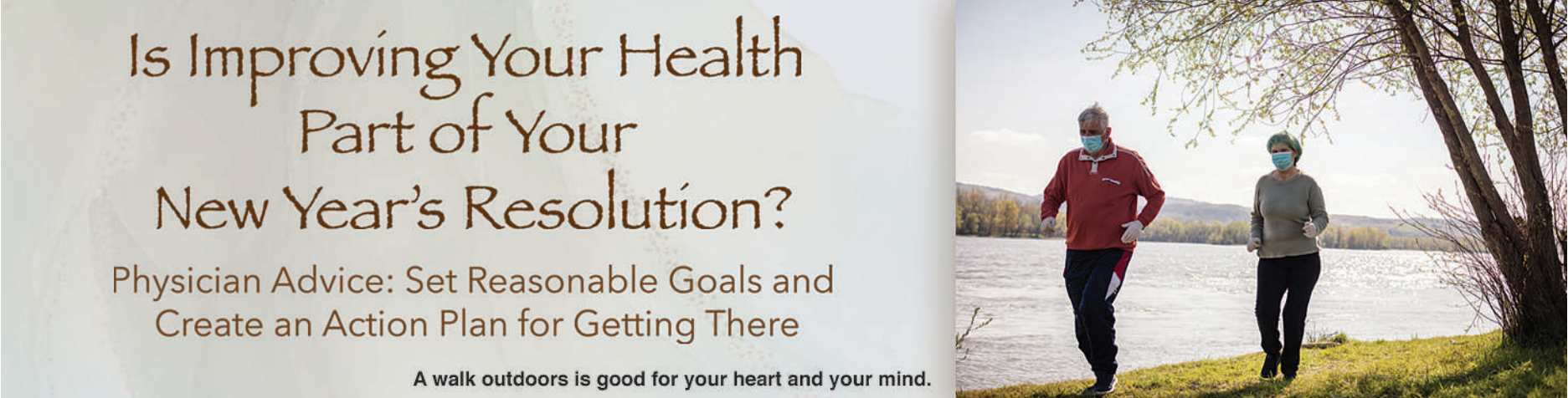


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Is Improving Your Health Part of Your New Year's Resolution?

Physician Advice: Set Reasonable Goals and Create an Action Plan for Getting There

A walk outdoors is good for your heart and your mind.

Do your New Year's resolutions include losing weight or exercising more? Adopting healthier habits is a great way to start the year, but it can be daunting if you don't have a plan.

"If you want to be successful, you need to set reasonable goals and have an action plan for getting there," says Dr. Vanessa Wilson, a member of Washington Township Medical Foundation who specializes in internal medicine. "First you need to decide what you want to accomplish."

One of the most common New Year's resolutions is to lose weight. But instead of focusing on weight loss, Dr. Wilson recommends planning to make incremental changes in your diet that will ultimately help you lose weight and improve your health.

"Food has a big effect on your health, but it's an area where most people struggle," she acknowledges. "You don't need to dramatically change your food choices all at once to see an impact. Making a few changes can help lower your numbers – blood pressure, cholesterol and glucose. As you make more changes over

time, your diet will become much healthier."

For example, if you eat a lot of red meat, she suggests swapping out a few meals with fish or chicken. People who eat a lot of junk food like chips and sweets can try substituting fruit once or twice a week.

"Make a plan for how you can increase the number of exchanges you make over time," she adds. "It will be much easier to lose weight as you eat healthier, especially if you add exercise to your plan of action."

Get Moving

Exercise is also high on the list when it comes to New Year's resolutions, but Dr. Wilson warns that people often set goals that are too ambitious.

"There are only 24 hours in a day, so it's important to be realistic," she cautions. "You don't need to change up your whole schedule to get some physical activity."

She recommends exercising three hours a week by working physical activity into your schedule. For example, walk for 15 minutes during lunch and another 15 minutes after dinner. "Small workouts add up," she notes.

Sleep More

While people often focus on diet and exercise when it comes to New Year's resolutions, Dr. Wilson notes there are other simple steps you can take to improve your health, including getting more sleep.

"Everyone is so busy these days that many people are sleep deprived," she warns. "Lack of sleep has serious health consequences. You need to get at least seven hours of sleep every night."

According to the National Institutes of Health, not getting sufficient sleep every night is associated with numerous health problems, including heart disease, diabetes, stroke and obesity. Dr. Wilson recommends setting a sleep schedule that is consistent. "You should talk to your household members and agree on a time for lights out every night. Getting plenty of sleep can really improve your overall health and sense of well-being."

Manage Stress

According to Dr. Wilson, stress management should also be included as part of your plan for better health in the new year. "This past year, stress levels have

been particularly high and stress can be very hard on your body," she explains. "Since the outbreak of the COVID-19 pandemic, many people are stretched between trying to work from home, helping kids with online school, and encouraging family members to stay at home when possible." Dr. Wilson recommends prioritizing tasks and tackling them one at a time. She also notes that during these stressful times, we can pursue activities that we once felt passionate about, including artistic outlets such as playing piano, painting or dance.

Dr. Wilson notes that yoga or meditation can be used to help manage stress and feel a greater sense of calm.

Washington Hospital provides health education videos through their YouTube channel. Visit www.youtube.com/whhsInHealth and search for topics—including yoga and meditation—that may benefit you and your family members.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	1/5/21	1/6/21	1/7/21	1/8/21	1/9/21	1/10/21	1/11/21
12:00 PM 12:00 AM	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	Washington Township Health Care District Board Meeting December 9, 2020	Diabetes Matters: Diabetes Complications and Amputation	Preventive Care: What You Need To Know	The Signs and Symptoms of Sepsis	How to Prevent Financial Elder Abuse/Fraud	Mental Health Education Series: Understanding Mood Disorders
12:30 PM 12:30 AM	Ortho Overuse Injuries: Prevention and Treatment		Updated Treatments for Knee Pain & Arthritis	Medicare Open Enrollment: What You Need to Know			
1:00 PM 1:00 AM	Solutions for Weight Management		Early Detection and Prevention of Female Cancers	Don't Let Hip Pain Win	Washington Township Health Care District Board Meeting December 9, 2020	Gastrointestinal Disorders	Weight Management: Stopping the Madness
1:30 PM 1:30 AM							
2:00 PM 2:00 AM	Diabetes Matters: Dining Out Around The World	Aortic Valve Disease: Treatment Options Including TAVR	Anxiety: Stop Negative Thoughts	Intro to Radiation Oncology Therapy		11th Annual Women's Health Conference: Patient's Playbook	
2:30 PM 2:30 AM	Chronic Kidney Disease: FAQ	Vitamins & Supplements: How Useful Are They?			Strategies to Reduce the Risk of Cancer Recurrence		Diabetes Matters: Latin Foods
3:00 PM 3:00 AM	Sports Medicine Program: Why Does My Shoulder Hurt?		Advancements in Lung Cancer Detection and Treatment	Washington Township Health Care District Board Meeting December 9, 2020			
3:30 PM 3:30 AM	Mental Health Education Series: Family Support	Women's Health Conference: Reclaiming Your Confidence	Caregiver Series: Codependency and the Caregiver		Caregiver Series: Securing Care Preferences Through AHCD	Diabetes Matters: Diabetes & Eyes	
4:00 PM 4:00 AM		Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Colon Cancer	Preventive Screenings: When and Why are They Important?	Obesity: Understand the Causes, Consequences & Prevention	Diabetes Matters: Diabetes: Is There an App for That?	
4:30 PM 4:30 AM	Washington Township Health Care District Board Meeting December 9, 2020	Hernias: Causes Symptoms and the Latest Treatment Options	Women's Health through the Years: Screening is Key to Aging Well	Respiratory Health and Diseases	Healthy Gut, Healthy You	Understanding HPV: What You Need to Know	Washington Township Health Care District Board Meeting December 9, 2020
5:00 PM 5:00 AM		Diabetes Matters: Filipino Food Made Healthy				Respiratory Health and Diseases	
5:30 PM 5:30 AM		Keeping Your Brain Healthy	Washington Township Health Care District Board Meeting December 9, 2020	Family Caregiver Series: Mindfulness Meditation for the Caregiver	Peripheral Vascular Disease: What You Need to Know		
6:00 PM 6:00 AM		Food Pharmacy: Prescription for Colon Health	Mental Health Education Series: Anxiety Disorders	Laugh without Leaking: Understanding Female Urinary Incontinence	Family Caregiver Series: Medication Safety	Family Caregiver Series: Loss, Grief & Recovery	
6:30 PM 6:30 AM	Advance Care Planning: Five Wishes	Diabetes Matters: Italian Foods					Hepatitis B and Liver Cancer: Prevention and Treatment
7:00 PM 7:00 AM	Oh My Aching Feet! Recognizing Common Foot and Ankle Problems	Strategies to Reduce the Risk of Cancer Recurrence	Mental Health Education Series: Understanding Psychotic Disorders	Shoulder Pain: Causes and Treatment Options	Women's Health: Planning for Pregnancy		
7:30 PM 7:30 AM	FB Live: Reduce Your Risk When Phasing Out of Shelter In Place	Diabetes Health Fair 2019: Standards of Medical Care in Diabetes				Fall Prevention	Diabetes Matters: Diabetes and Kidney Health
8:00 PM 8:00 AM							
8:30 PM 8:30 AM							
9:00 PM 9:00 AM							
9:30 PM 9:30 AM							
10:00 PM 10:00 AM							
10:30 PM 10:30 AM							
11:00 PM 11:00 AM							
11:30 PM 11:30 AM							

PART ONE OF A TWO-PART SERIES

New Fellowship Program for Cardiothoracic Surgeons Enhances Local Care

As of December 2020, Washington Hospital Healthcare System (WHHS) has launched a cardiothoracic surgery fellowship program in affiliation with the University of California, San Francisco (UCSF). UCSF is recognized worldwide for state-of-the-art patient care, as well as for excellence in advanced physician training in a variety of clinical specialties, including cardiothoracic surgery. The WHHS fellowships are offered as part of UCSF's Cardiothoracic Surgery Residency Program.

The new WHHS program features three-month rotations for each of four surgical fellows over the course of a year. The accredited program is designed to qualify the surgeons for board certification in cardiothoracic surgery.

"UCSF started its Cardiothoracic Surgery Residency Program in 1968, and it has maintained full accreditation by the Accreditation Council for Graduate Medical Education (ACGME)," says WHHS Medical Director of Cardiothoracic Surgery Ramin Beygui, MD. "The UCSF program has an impressive record of producing distinguished leaders in cardiothoracic surgery."

Dr. Beygui adds, "UCSF's program has evolved and expanded over the years to keep pace with the rapid advancements in cardiovascular and thoracic surgery techniques. The length of the residency program was extended in 2006 from two to three years. Washington Hospital's



Through their affiliation with UCSF, Washington Hospital offers a cardiothoracic fellowship program. Local residents benefit with world-class cardiac care in Fremont.

fellowship affiliation with this program will provide these surgeons with exposure to a high volume of cardiothoracic surgeries performed in a community hospital setting. At the same time, our affiliation will elevate the quality of care for our local patients."

Fellows participating in the rotations at Washington Hospital will work under the supervision of Dr. Beygui and his cardiothoracic surgery colleague at WHHS, Teng Lee, MD. In addition to his duties with WHHS, Dr. Beygui currently serves as a professor of surgery at UCSF. Dr. Lee is also an associate professor of surgery at UCSF.

"Surgeons who are chosen for the Cardiothoracic Surgery Residency Program, including our WHHS fellowship rotations, have previously completed five-year residencies in general surgery, so they already have a significant amount of surgical experience and training," Dr. Beygui notes. "Some of these surgeons will concentrate more heavily in cardiovascular procedures such as coronary bypass and valve replacement surgeries, but they also will participate in general thoracic procedures such as lung and esophageal surgeries during their rotations at Washington Hospital. They will work with us in preoperative consultations

and postoperative care—in addition to performing surgeries under our direct supervision. They will be involved in all aspects of patient care."

The current participant in the WHHS fellowship rotation is Ramon Riojas, MD, PhD. Dr. Riojas is a second-year cardiothoracic fellow at UCSF. He also is a Lt. Colonel in the U.S. Air Force, with considerable surgical experience.

"It is a feather in our cap to be affiliated with this exceptional surgical training program at UCSF," says Dr. Beygui. "It is a recognition of the quality and excellence of the cardiothoracic surgery program at Washington Hospital Healthcare System, and it enables us to provide the same level of care on a local level that usually is available only from prestigious academic hospitals."

Learn More

To help people learn more about the world-class cardiac care available locally in the Tri-City Area, WHHS is offering a free online seminar featuring Dr. Beygui on Wednesday, Feb. 17, from 6:30 to 7:30 p.m. The seminar, "When Your Heart Needs a Little Help," will be presented at facebook.com/WashingtonHosp and Youtube.com/whhsInHealth. People watching live on Facebook will have the opportunity to ask direct questions. People who plan to watch on YouTube may wish to submit questions in advance to communityoutreach@whhs.com.



Washington Hospital Healthcare System

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www.whhs.com/womenscenter

Breast Cancer Support Group



A diagnosis of breast cancer can turn a person's world upside down, leaving countless questions and fear of treatment, side effects and of the unknown.

To address the emotional aspects of living with breast cancer, Washington Hospital has a Breast Cancer Support Group specifically designed to address the challenges of being diagnosed with breast cancer.

Breast Cancer Support Group

For women who have survived or are living with breast cancer. Friends, family and caregivers are welcome.

When: First Thursday of each month, 5:30 to 7:30 p.m.

Where: In an effort to safely provide information and support while maintaining COVID-19 precautions, we are offering this class via Zoom.

To confirm attendance and receive Zoom connection information please call 510.818.7356

For more information contact the Women's Center Coordinator at 510.818.7356.

To learn more about cancer care at Washington Hospital, visit www.whhs.com/womenscenter.

The Breast Cancer Support Group is free and open to the public.



Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.



Offering Nonprofits Communication, Calendar, and Tools



SUBMITTED BY KATHY KIMBERLIN

The Tri-Cities are vibrant and strategically urban communities, as well as the most ethnically and culturally diverse cities in the Bay Area. With this come diverse needs, many met by local nonprofits that support needs ranging from health care, enriched education, introduction to music, to social emotional well-being resources. With all this nonprofit work in the Tri-Cities area, three local nonprofit champions were inspired to create the Tri-City Nonprofit Coalition (TCNPC) with these benefits in mind:

- Searchable directory of Tri-City Nonprofits
- Comprehensive event/activity master calendar
- Library of professional resources
- Educational events (Zoom meetings, webinars, speaker series, presentations)
- List of public meeting spaces
- Social and networking events
- Newsletter

Co-Founders Tina Fernandez Steckler, Kathy Kimberlin, and Lisa Stambaugh have all worked with or for Tri-City nonprofits for many years and have all personally experienced the challenges of not being connected with other nonprofits. Scheduling an annual event to avoid conflict with another big event is just one example of a challenge that could be solved by a shared master event calendar.

Sharing of resources and collaboration among nonprofits to make all of our communities stronger are two principles embraced by all three co-founders. A perfect example of how working together strengthens us all: Two years ago, the Give Teens 20 organization came across a grant that didn't fit their services, but their Executive Director contacted the Fremont Education Foundation (FEF) because they thought it might be a great fit for FEF programs. FEF applied and received the grant. By sharing information and resources, students and teachers in Fremont Unified directly benefited.

The TCNPC kick-off and very first Meet & Greet via Zoom in December was a smashing success with 40+ attendees and three guest speakers, including the newly-elected Alameda County Supervisor District 1 David Haubert, Union City Council Member Jaime Patino, and Nonprofit Expert/Coach Donna Wies. David reminded us all that Alameda County has a strong track record of recognizing the strength of its people and partnering with nonprofits, and he plans to continue that tradition. Jaime recognizes that nonprofits are the backbone of our communities - they address many issues the government cannot, and do it with compassion and a smile. Donna has observed a long-time void with the lack of professional associations for nonprofits, and believes TCNPC has a great opportunity to fill this void locally, commenting at the Meet & Greet that she could not believe how fast this fledgling organization has made significant progress.

On Wednesday, January 13, 2021 at 6:30 p.m., nonprofit expert Donna Wies will present "What You Didn't Know About Nonprofit Service - a presentation about Board Roles." To register via Zoom, visit their website www.tcnpc.org or Facebook page facebook.com/tcnnonprofitcoalition. Registration required. All nonprofit presidents, executive directors, board members, volunteers, and nonprofit Champions are invited. Hope to see our local nonprofits at this free and valuable presentation!

What You Didn't Know About Nonprofit Service Wednesday, Jan 13

6:30 p.m.

Via Zoom

Register ahead of time at: www.tcnpc.org



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New program offers financial guidance to Alameda County residents

By ALFRED HU

There is a bit of good news amidst the Covid-19 pandemic. For those who are struggling to figure out how to weather the storm financially, a newly created service called Financial Navigators can offer sound advice and guidance. Launched in Alameda County on November 30, it aims specifically to assist individuals and families whose finances are impacted by Covid-19 and is funded by the non-profit organization Cities for Financial Empowerment (CFE). To date there are 31 Financial Navigator programs funded by CFE around the country.

Financial Navigators can help clients in many ways, such as prioritizing payments for housing, food and insurance; giving advice on avoiding scams, debt managing, and negotiating with a creditor; and providing information on how to maximize income through emergency cash assistance, emergency loans, unemployment insurance and short-term disability. And best of all the service is free. However, Financial Navigators do not provide financial assistance like cash or loans but can provide information on where to get such services.

To get started, potential clients can call (510) 574-2000 and ask for the program or simply go to <https://finnav.org/alameda> and register for a call by providing their name, street address, language preference, phone number and/or email address. Within 48 hours a Financial Navigator will call the client for a free one-time session lasting approximately 30 minutes. The client will be asked a series of questions, and information and resources will be given to address the client's issues. Furthermore, consultation sessions are available in English, Spanish, Arabic and Dari.

After the session, a summary of the discussion and any resources given will be sent to the client via email if desired. If ongoing consultation or coaching is needed then the client can connect to the following organizations: SparkPoint Fremont (led by City of Fremont's Human Services Department/FRC Division) or the International Rescue Committee (IRC) of Oakland (through their Financial Empowerment Program). Judy Schwartz, Family Resource Center Administrator, noted that clients are very grateful for the follow-up email that lists all the resources discussed during the call.

Financial Navigators are people like Alejandra Acosta, a graduate student working on her Master's Degree in

Social work. She likes being able to use her skills to assist clients. As of mid-December, she has helped around 20 callers, many of whom were struggling and needed guidance on where to start. She noted how much they appreciate having someone to talk with and get resources from.

"I've heard many stories since becoming a Financial Navigator. Everyone has a story and I am honored to be on the other end of these calls to listen," said Acosta. "When a client thanks me for listening and helping them, I know I've done my job. That is the most rewarding part of this job!" She also mentioned that Financial Navigators can assist individuals during Covid-19 and help them with many untapped and under-utilized resources. "Being able to speak to a Navigator that has knowledge and capability to explain these resources can be great," Acosta added.

Financial Navigators
(510) 574-2000
<https://finnav.org/alameda>

School districts proceed with caution in reopening plans

SUBMITTED BY MICHELLE SMITH McDONALD

In a statement released December 30, Alameda County Superintendent of Schools L.K. Monroe reacted to California's updated Safe Schools for All Plan:

"Governor Newsom's Safe Schools for All Plan to provide vital resources to school districts to facilitate the phased opening of elementary schools for in-class instruction is a critical step toward the goal we all share of returning our children to schools, and demonstrates an important commitment by the State and the Governor to support those efforts.

"I am mindful that during this difficult time of surging COVID-19 cases across the state and in Alameda County, we must continue to prioritize the safety of our students, families and staff. Nothing is more important. We must also use this time wisely because we do not want to lose one minute of the opportunity to take the necessary steps to give students the in-person instruction they need and deserve.

"Districts continue to plan for the return of students with the steadfast support of the Alameda County Office of Education (ACOE) and Alameda County Public Health Department (ACPHD). Many of our districts have already, or are in the process of, submitting their reopening plans to ACOE for review. They also continue to engage in critical conversations with stakeholders in their communities, including families and labor partners.

"What is needed now is the implementation of concrete strategies to create safe learning environments including: uniform standards for testing of staff and students; robust contact tracing; priority access to vaccinations for teachers and school staff; information and transparency to school communities; and the funding and resources to support the safety measures that districts must put in place.

"In addition, I will continue to strongly advocate for districts to preserve and expand their ability to return small groups of students who are in the most urgent need of access to in-person instruction, as is currently allowable under state guidance.

"Our educators have done incredible work under unprecedented circumstances in the past nine months to provide meaningful education to our students from a distance. Our education leaders have guided their communities through immense challenges. We face difficult weeks ahead and we must remain vigilant to weather them. But better days are coming, and I join with the members of our Alameda County Board of Education in committing to unwavering support of the students and families of Alameda County."

Guidance and resources for schools in Alameda County can be found at www.acoe.org/reopening. To read the Safe Schools for All Plan summary, visit the California Department of Public Health website at www.cdph.ca.gov, then type "Safe Schools for All Plan" in the search field and follow the link.

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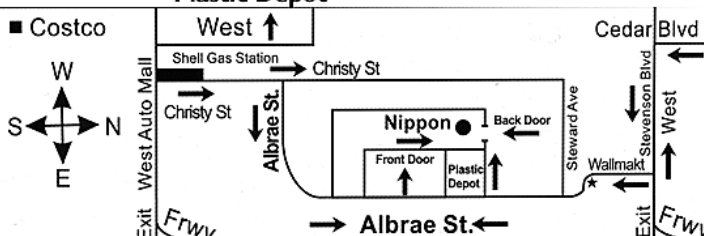
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Trucking Goes Electric: Accelerating Toward A Greener Future

EARTHTALK

BY EMILY FOLK

The idea of an electric car isn't a new one. Some of the first vehicles ever invented were powered by electricity rather than internal combustion engines. While they didn't take off as quickly, the idea has always been there, just waiting for technology to catch up with our imaginations.

Choosing an electric vehicle over a more traditional option is a great way for the average consumer to shrink their carbon footprint and reduce their impact on the environment. Until recently, though, this technology has been limited to passenger vehicles. Advances through 2019 and 2020 have shown that this may be a viable option for larger vehicles, such as trucks.

Here are some reasons the trucking industry is considering going electric: Reducing Fuel Costs

Fuel costs have always been one of the biggest expenses in the trucking industry. Even if contracts don't change, expenses vary depending on the price of oil at any given time. With freight trucks transporting roughly 80% of the cargo moved within the United States, those costs play an enormous role in efficiency and profit within the industry.

Instead of relying on fossil fuels, electric trucks get their power from the grid. There is some price fluctuation with coal-burning plants regularly changing the cost of electricity based on fuel expenditures. However, the changes are dramatically less than they would be for a truck driver pulling up to the diesel pump every time they need to refill the tank.

Once you move beyond the initial investment that accompanies purchasing an electric truck, these vehicles may end up paying for themselves. This will be especially beneficial for small companies that often find themselves struggling to stay out of the red when fuel costs start to climb toward the stratosphere.

Contending with New Regulations

Advances in modern automotive technology have helped reduce emissions created by massive trucks.

In fact, they dropped 40% between 2007 and 2017, according to the EPA. However, the trucking industry remains one of the largest creators of greenhouse gas emissions in the country. The Cleaner Trucks Initiative was introduced in 2018 to update the emissions standards for heavy freight trucks, something the organization hadn't done since 2001.

Rather than contending with the problem of retrofitting older trucks to meet new emissions standards, companies now have the option to choose electric vehicles to circumvent the need for compliance testing. This will make life easier for drivers and their employers alike.

This switch will also become vital as more cities start establishing low emission zones (LEZs) where traditional freight trucks won't be allowed. While these are currently more common outside of the United States, we may start seeing them here in the future. LEZs are reducing air pollution in neighborhoods and cities by restricting the use of high-emission vehicles. These neighborhoods provide public transportation or redesign their streets so pedestrians and cyclists can move safely.

Electric Future for Trucking Industry

Electric freight trucks are expensive, but so too were electric passenger cars when they first started hitting the market. Now you can bring home an electric car or SUV for roughly the same price as its more traditional counterpart unless you're going for one of the really fancy options like a Tesla Roadster.

The future of the trucking industry will likely be steeped in electric vehicles, which will be a good change. These trucks will reduce emissions, make the sector more efficient and end up shrinking costs in the long run. That is something most people agree will lead to a better future for the industry and the planet, as well.

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

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SUBMITTED BY SHIRLEY SISK

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LEAF reaches milestone in 2020



SUBMITTED BY LEAF

It's official! This year, LEAF (Local Ecology & Agriculture Fremont) reached the milestone of donating more than 5,000 pounds of produce to our two food banks, Tri-City Volunteers and Centro De Servicios. This translates to more than 10,000 servings of fruits and vegetables. Because of the pandemic, there are longer lines of people needing food at these two organizations on a regular basis. In response, our Stone Gardeners volunteered over 2,300 hours of their time to plant, nurture, harvest, and deliver LEAF's produce.

While we owe a great deal of gratitude to partners like East Bay Community Energy (EBCE) and StopWaste for their support, generous donations made to LEAF by people like you were equally vital in making this possible. And we're not slowing down! As the need for our services persists, so shall we. And we can't do it alone. Every \$2.00 you donate to LEAF allows us to deliver a pound of produce to help families in need. Your generous giving helps keep our gardens watered, our soil amended, and our electricity flowing. Help us to reach and surpass this goal in 2021.

Support our garden in 2021 by donating at <https://fremontleaf.org/donate/>.

California sues seafood companies over alleged lead, cadmium

AP WIRE SERVICE

California Attorney General Xavier Becerra sued five seafood companies on Tuesday, alleging they have sold fish that contains lead and cadmium in the state without legally required warnings.

The state's lawsuit alleges the companies violated Proposition 65, which prohibits exposing consumers to chemicals that could cause cancer or reproductive problems without clear warnings.

The suit says the California Department of Justice found unacceptable levels of lead or

cadmium in fresh and frozen clams, cuttlefish, eel, octopus, oysters, periwinkle and sea squirt.

The defendants named in the suit are importers, distributors and wholesalers of seafood including Clearwater Seafoods, Rhee Bros., Seaquest Seafood Corporation, Jayone Foods and Pacific American Fish Company.

Email messages left with the companies seeking comment were not immediately returned.

The suit also claims the companies broke California's unfair competition law and its prohibition on fraudulent business practices.

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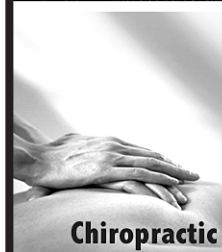
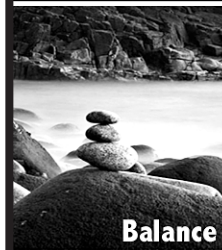
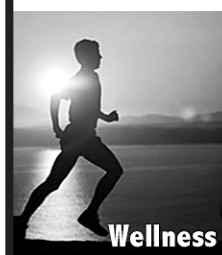
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New California laws address virus, fires, law enforcement

By DON THOMPSON, ASSOCIATED PRESS

What a strange legislative year it was. The coronavirus pandemic forced California state lawmakers to twice shut down their sessions for weeks at a time – the first unexpected work stoppage in 158 years. Masked lawmakers tried to limit the number of bills they considered, but still ran out of time on the final night, partly because quarantined Republican senators had to vote remotely. Yet they still managed to pass hundreds of bills, 372 of which were signed into law by Gov. Gavin Newsom. Most take effect with the new year. Among them:

CRIMINAL JUSTICE

As the pandemic set in, so did nationwide protests over the death of George Floyd in Minneapolis. Police killings of primarily Black and Latino men gave urgency to bills that previously stalled and prompted new efforts at law enforcement accountability, some of which failed in the session's waning hours. One new law requires the state attorney general to investigate any time police kill an unarmed civilian, while a second gives county supervisors greater oversight of county sheriffs. Evaluations of peace officers must include assessing bias against race or ethnicity, gender, nationality, religion, disability, or sexual orientation. Police can't use carotid restraints or chokeholds. Youths up to age 17 can't be questioned by police or waive their rights until they have a chance to consult with an attorney. Suspects may be entitled to new trials or sentences if they can show their case was tainted by racial bias. And juries will be picked from all tax filers, a broader pool than the current lists of registered voters and licensed drivers. Governments can't use software to track a person or object without first getting a warrant. Former inmate firefighters can quickly apply to have their criminal records expunged after their release, which gives them a shot at becoming professional firefighters or seeking employment in other licensed professions.

WILDFIRES

Record wildfires have scarred California's landscape, spurring a drive for more protections. Homeowners in fire-prone areas must further reduce vegetation within 100 feet (30 meters) of structures, including eliminating vegetation immediately adjacent to structures, though the rule can't be enforced until the state develops regulations and lawmakers provide money for beefed-up inspections. The Governor's Office of Emergency Services must take into account the needs of the elderly, children, those with language barriers or physical or mental disabilities when updating the State Emergency Plan. Insurers must prominently notify policyholders if their offer to renew a policy reduces coverage, such as eliminating fire protection, and get it acknowledged in writing. Emergency vehicles can use a distinctive "Hi-Lo" warning sound to notify the public of an immediate need to evacuate an area in an emergency under a law that took effect in September. Employers can't force domestic workers to work

during an evacuation, whether the danger is from fire or the coronavirus.

HEALTH AND CORONAVIRUS

Employers must quickly notify workers of potential coronavirus exposure. Hospitals must maintain a three-month supply of personal protective equipment such as masks and gloves and supply it to endangered employees. The state itself must also build a stockpile under a separate law. Several coronavirus laws already took effect. They include one presuming for the purposes of workers' compensation that the virus was contracted on the job unless employers prove otherwise. Another requires Cal/OSHA to provide agricultural workers and employers, in English and Spanish, the best ways to prevent coronavirus infections. Food facility employees must be allowed to wash their hands every 30 minutes and additionally as needed. Good Samaritans who rescue children under age 6 from overheating in unattended vehicles can't be held civilly or criminally liable if they first call emergency workers before breaking in. Insurance companies can't deny life or disability income insurance solely because an applicant has HIV, the virus that causes AIDS. A new law bans the sale of most flavored tobacco products, but the industry says it has enough signatures to block the measure until voters weigh in, which may take until 2022. California officials are delaying the effective date until county clerks decide if a sufficient number are valid.

BUSINESS AND LABOR

California-based companies must have at least one board director by the end of 2021 who is a racial or sexual minority. By 2022, that bumps to two such directors for smaller boards and to three for boards with nine or more directors. It follows a similar California-first requirement for female board directors. Companies with 100 or more employees must provide the state information on employees' race, ethnicity and gender in various job categories, information that could help the state identify pay disparities. Leaves of absence under the California Family Rights Act expand to include all companies with five or more employees, instead of the previous limit of 50 or more employees. Employers can't discriminate or retaliate against workers who take time off for medical care, court proceedings or for other reasons if they are victims of a crime including sexual assault, domestic violence or stalking. Businesses can't avoid paying back wages just by adopting a new name under a law that says they're liable if have the same owners, facilities or workforce. Employees have a year, instead of six months, to file discrimination or retaliation complaints with the California Labor Commissioner. A bill that already took effect exempts about two-dozen more professions from California's landmark labor law designed to treat more people like employees instead of contractors. The law was primarily aimed at ride-hailing giants Uber and Lyft, which won a reprieve on the November ballot. The minimum wage rises to \$14 an hour under another existing law that will bring it to \$15 an hour for all employees by 2023. Employers with 25 or fewer workers must pay \$13 an hour.

Aurora to buy Uber's self-driving vehicles arm

By CATHY BUSSEWITZ AND MICHAEL LIEDTKE
AP BUSINESS WRITERS

Uber is selling off its autonomous vehicles development arm to Aurora as the ride-hailing company slims down after its revenues were pummeled by the coronavirus pandemic. Aurora will acquire the employees and technology behind Uber's Advanced Technologies Group in an equity transaction, the companies said Monday. Uber will invest \$400 million into Aurora, and Uber's CEO Dara Khosrowshahi will join Aurora's board of directors, the companies said. After the transaction, Aurora will be worth \$10 billion and Uber will hold a 26% stake in the company, said Chris Urmson, CEO of Aurora, in an interview.

"Our first product will be in trucking and freight, but we look forward to taking this great team that we have and accelerating that while continuing working on light vehicles and ride-hailing, and we'll ultimately see our vehicles deploying on the Uber network," Urmson said. Uber will not have exclusive rights as a ride-hailing company to Aurora's technology, but the two companies will have a "preferred relationship," Urmson said. "For the last five years, our phenomenal team at ATG has been at the forefront of this effort – and in joining forces with Aurora, they are now in pole position to deliver on that promise even faster," said Dara Khosrowshahi, Uber CEO, in a statement. "I'm looking forward to working with Chris, and to bringing the Aurora Driver to the Uber network in the years ahead."

Uber will lose a critical piece of its company after the pandemic cut into its finances by suppressing demand for shared rides. Its path to profitability has often been linked with its plans to deploy autonomous vehicles and reduce the high cost of paying drivers. The company's efforts around self-driving technology was marred in March 2018 when one of its automated test vehicles hit and killed a woman, the first death involving the technology. The backup Uber driver involved in the crash was charged with negligent homicide for being distracted in the moments before fatally striking the woman in suburban Phoenix.

"There's no doubt they had a pretty rough couple of years a while back," Urmson said. "What's been impressive to me in meeting the team over the last little while is just how much the team has learned, and the tenaciousness, and determination of the team as they come to market in a thoughtful, safe way." Aurora, based in Mountain View, Calif., is led by former Google, Tesla and Uber executives. Aurora also has partnerships with delivery giant Amazon and auto companies Hyundai and Kia, among others, but its partnership with Uber is its first official relationship with a ride-hailing company.

The deal means Uber will be entrusting a key piece of its future to a 3-year-old startup co-founded and run by one of the engineers who launched Google's pioneering work in self-driving cars more than a decade ago. Urmson was one of the most visible people involved in the once-secret project that Google initially dubbed "Chauffeur" before it was finally spun off into a separate company called Waymo. Google and Waymo remain closely aligned under the same corporate parent, Alphabet.

While at Google, Urmson also worked on the self-driving car technology with another top engineer, Anthony Levandowski, who defected to Uber in 2016 oversee its early efforts to build robotic vehicles. As part of that effort, Uber bought Levandowski's startup, Otto, for \$680 million. That deal quickly disintegrated into a scandal after Waymo accused Levandowski of stealing its trade secrets and using them to help Uber to make the transition from human drivers to autonomous vehicles. Uber denied the allegations, but eventually reached a \$245 million settlement with Waymo in 2018 after a few days of testimony during a high-profile trial in San Francisco. Before the settlement, Uber's former CEO and co-founder Travis Kalanick revealed he believed Google's self-driving car technology posed an existential threat to Uber during his dramatic appearance on the witness stand.

That fear drove Kalanick Uber's to open its own self-driving car division stocked with robotic experts from Carnegie-Mellon University as former Google engineers acquired as part of the deal with Levandowski. Uber eventually fired Levandowski in 2017 and Levandowski wound up being sentenced to 18 months in prison earlier this year after pleading guilty to stealing some of Google's trade secrets before he left the company in 2016.

Oracle says it will move HQ from Silicon Valley to Texas

AP WIRE SERVICE

Tech giant Oracle Corp. said Friday it will move its headquarters from Silicon Valley to Austin, Texas, and let many employees choose their office locations and decide whether to work from home. The business software maker said it will keep major hubs at its current home in Redwood City, California, and other locations. "We believe these moves best position Oracle for growth and provide our personnel with more flexibility about where and how they work," the company said in a regulatory filing.

The move comes the same week that Tesla founder Elon Musk announced that he has moved to Austin. Musk had criticized California officials for restrictions designed to limit the coronavirus pandemic. Texas Gov. Greg Abbott quickly boasted about Oracle's decision. "Oracle just announced they have moved their headquarters to Austin," Abbott tweeted. "Texas is truly the land of business, jobs, and opportunity. We will continue to attract the very best." Texas has long targeted companies in high-cost California for relocation. This month, Hewlett Packard Enterprise, one of the early companies in Silicon Valley, said it will move to the Houston area and build a campus with two five-story buildings by 2022. In 2018, Toyota shifted its U.S. headquarters from Southern California, to Plano, Texas, a Dallas suburb. In its most recent fiscal year, which ended May 31, Oracle reported earnings of \$10.1 billion on revenue of about \$39 billion. The company was founded in Santa Clara, California, in 1977.



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First openly gay justice sworn in to California Supreme Court

AP WIRE SERVICE

California's Supreme Court has its first openly gay justice.

Martin Jenkins was sworn in on Friday by Gov. Gavin Newsom in a virtual rather than in-person ceremony because of coronavirus safety restrictions.

“In swearing in Justice Jenkins today, our state once again makes history, and we elevate an extraordinary Californian to the bench,” Newsom said in a statement. “The people of our state could not ask for a finer jurist or better person to serve them in this capacity.”

Newsom nominated Jenkins to replace Justice Ming Chin, who retired on Aug. 31. The Commission on Judicial Appointments unanimously confirmed Jenkins in November, praising him for his “brilliant intellect, first-class temperament, and boundless humanity.”

During a news conference in October, Jenkins

said his identity as a gay man has been “perhaps the greatest challenge of my life.”

Jenkins also is the third Black justice to serve on the court. He joins a diverse bench that includes another Black justice, Leondra Kruger; Justice Mariano-Florentino Cuellar, who is Latino; two Asian Americans, Chief Justice Tani Gorre Cantil-Sakauye and Justice Goodwin Liu; and white justices Joshua Groban and Carol Corrigan.

Jenkins grew up in San Francisco. His father was a clerk and janitor at the city's iconic Coit Tower. He was a prosecutor in Alameda County and a civil rights attorney for the U.S. Department of Justice in the Reagan administration.

He was appointed as a federal judge in 1998 joined the state Courts of Appeal in 2008. He retired last year and joined Newsom's administration as the judicial appointment secretary, helping Newsom vet potential appointments for judgeships.

Effective date delayed for California's flavored tobacco ban

BY DON THOMPSON, ASSOCIATED PRESS

California state officials have agreed to delay the effective date of what state lawmakers intended as a Jan. 1 ban on flavored tobacco products, after opponents led by tobacco companies said they filed enough signatures to put the new law to a statewide vote.

The secretary of state and attorney general's offices won't enforce the pending law until county clerks have enough time to verify that there are at least 623,000 valid signatures.

Inyo County's top elections official, Kammi Foote, this week said she was referring the petition there to the county district attorney because her office found a high level of signatures that do not match county records.

Supporters of the law said that should throw the whole signature drive into question. The main group opposing the law, the California Coalition for Fairness, said in a statement that it takes the allegations seriously but turned in more than 1 million signatures, far more than enough to qualify for the ballot.

What supporters called one of the nation's strongest such laws would not make it a crime for people to sell flavored tobacco products but bans retailers from selling them. Violators would face a \$250 fine.

If enough signatures are valid, the measure will go before voters in the next statewide general election or special statewide election, likely in November 2022. If not, the law will take effect when the secretary of state certifies that the signature drive fell short.

The California Coalition for Fairness said it expects the referendum to be through the verification process by the end of January.

The group backed by R.J. Reynolds Tobacco Company and Philip Morris USA said the ban would harm thousands of retail businesses during what already is a bad economic period due to the coronavirus pandemic.

“More than 1 million California voters signed the petition to place the measure on the ballot, and this stipulation honors their rights,” the group said in a statement.

Jim Knox of the American Cancer Society Cancer Action Network said it makes sense not to have retailers banned from flavored tobacco sales starting Jan. 1 only to have the products at least temporarily legal again if the referendum qualifies.

“Nonetheless, it's a victory for the tobacco industry,” he said. “They have thrown the implementation of this important health measure into chaos. They're attempting to subvert the will of the Legislature and at the very least prolong the time the tobacco industry has to inflict addiction and death on our young people and communities of color.”

Secretary of State Alex Padilla notified county officials that they should start verifying the signatures on Dec. 7. In a court filing two days later, he and Attorney General Xavier Becerra agreed to delay the law's effective date.

The pending law does not ban all flavored tobacco products. The bill would exempt loose leaf tobacco, premium cigars and shisha tobacco used in hookah, a type of water pipe. Premium cigars are defined as any that are not mass produced by a machine, have wrappers made entirely from whole tobacco leaf and cost at least \$12.

It also does not ban the sale of flavored marijuana products.

But proponents including doctors and groups fighting cancer, lung, heart, and dental disease applauded the measure's ban on flavors including minty menthol as part of an effort to discourage marketing they said appealed to youth and particularly those in low-income and Black and Latino communities.

Will children be able to get COVID-19 vaccines?

AP WIRE SERVICE

Not until there's enough data from studies in different age groups, which will stretch well into next year.

The Pfizer vaccine authorized in the U.S. this month is for people 16 and older. Testing began in October in children as young as 12 and is expected to take several more months. The Food and Drug Administration will have to decide when there's enough data to allow emergency use in this age group.

Depending on the results, younger children may be enrolled for study as well.

Moderna, which is expected to become the second COVID-19 vaccine greenlit in the U.S., began enrolling study participants ages 12 to 17 this month, and will track them for a year. Testing in children younger than 12 is expected to start in early 2021.

It is uncertain if the results on younger children will come in time for vaccinations to begin before the next school year.

Positive outcomes in adult studies are reassuring and suggest it is safe to proceed in testing kids, said Dr. Buddy Creech, a pediatric infectious disease specialist at Vanderbilt University and director of its vaccine research program.

Even though children usually don't get very sick from COVID-19, they can spread the virus to others, said Dr. Robert Frenck, who is the lead researcher for Pfizer's study in kids at Cincinnati Children's Hospital. At least 1.6 million youth have been infected, 8,000 have been hospitalized and 162 have died from the virus, he noted.

“It's really important, not only for themselves but also for society,” Frenck said.

Humane Society gets 250 guinea pigs from overwhelmed owner

AP WIRE SERVICE

The Oregon Humane Society in Portland has taken in 250 guinea pigs from an overwhelmed pet owner.

It's not known exactly how the unidentified person in Lane County became inundated with the furry little rodents, Oregon Public Broadcasting reported. But experts say it can be difficult to determine a guinea pig's gender — and they're best kept in pairs — because they keep each other company.

Oregon Humane Society spokeswoman, Laura Klink, said

an adoption timeline will be determined in the next several days. “We certainly would love to see some of these guys go home in pairs, whether it's two males or females. But obviously, we're going to be giving a lot of counseling on how quickly they can reproduce if you've got a male and a female together,” said Klink.

The Oregon Humane Society's Cat and Kitten Intake Center has been closed because of the coronavirus pandemic, so it could accommodate all of the guinea pigs. Because there are so many, the society is also working with the Greenhill Humane Society and Lane County Animal Services in Eugene.

There will be a special process for people hoping to adopt the guinea pigs and officials said its small-animal specialists will work with potential adopters to ensure a good fit.

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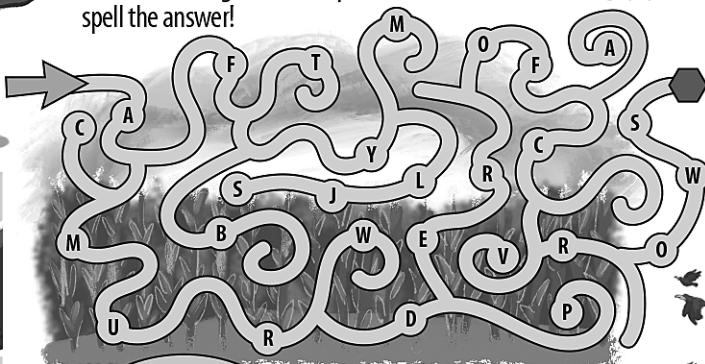


Do you know your crows? People haven't always been kind to crows. Farmers put up scarecrows to keep the birds out of their fields and gardens. Some people just don't like them.

Crows are intelligent birds. They also eat a lot of pests that can damage crops. But farmers know that one of the favorite foods these birds enjoy is corn!

What do you call a group of crows?

The letters along the correct path over the cornfield spell the answer!



A group of crows is called:

U _ _ R
_ F _
_ O _

Crows Hold 'Funerals'

Crows are famous for holding "funerals" when one of their kind has died. Crows will keep watch over a fallen bird, sometimes for many days. Scientists wonder if they feel sad or if they might be trying to figure out how the crow died so they can learn from it.



Some kinds of crows recognize human faces. Magpies and ravens have scolded researchers who get too close to their nests, even if the researcher changes clothing.



This crow removed some words from the story. Can you replace them?

GIFTS SHINY FOOD RECEIVED

When Gabi was four years old, she dropped some _____ on the ground. Quickly, a crow flew in and took off with it. Gabi then started feeding the crows in her neighborhood by leaving out dry dog food bits.

Shortly after she started the daily feeding routine, little _____ started getting left on the food platform. Over time, Gabi has _____ nearly 100 little trinkets.

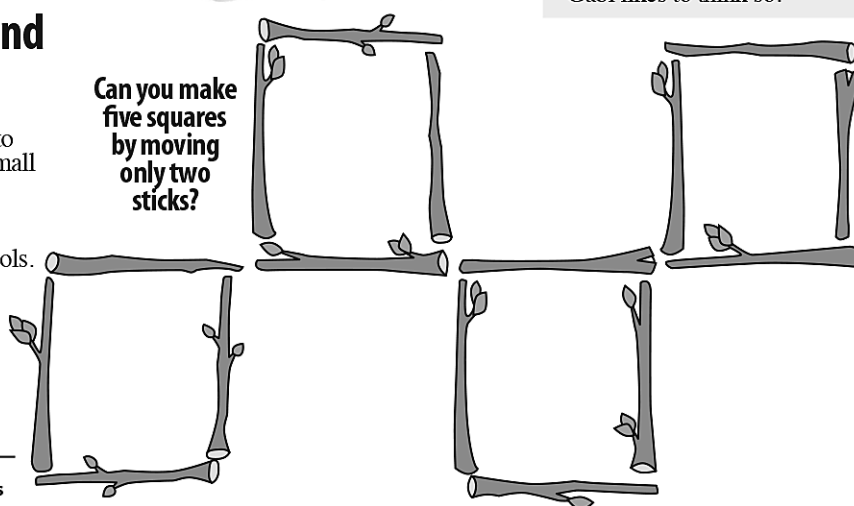
The crows have brought her buttons, a LEGO piece, charms, stones – most of the gifts are _____ things they can carry in their beaks. One time she got a little piece of _____ with the word, "best" on it. Was there another piece with the word "friend" on it? Gabi likes to think so.

Crows Use and Make Tools

Crows have been found using sticks to get insects out of small cracks and holes.

New Caledonian crows also make tools. They have been seen pulling the leaves off a stick and creating little hook-shaped tools from twigs, leaves and thorns.

Can you make five squares by moving only two sticks?



Stumped? Answer at: kidscoop.com/answers

Extra! Extra! Up in the Air

Look through the newspaper to find:

- 3 things that fly
- 3 words that describe crows
- 3 items crows might steal
- 3 places where crows are found

Standards Link: Reading Comprehension: Follow simple written directions.

Kid Scoop® Puzzler

Crows Can Solve Puzzles

Scientists have found that crows can solve puzzles that have up to eight steps. Can you solve this puzzle?

Circle the numbers that add up to 8. Put a box around the numbers that add up to 10. The numbers must be next to each other or above and below each other like this:

5
3

8 2

5	8	2	6	4
3	1	9	2	5
7	6	2	8	3
3	5	5	2	3

Standards Link: Math: Solve logic puzzles.

Double Double Word Search

DYNAMITE
MAGPIES
THRIVED
INSECTS
RAVENS
THORNS
CROWS
TWIGS
TOOLS
NESTS
ROOST
CLOSE
STICK
HOOK
RID

Find the words in the puzzle. How many of them can you find on this page?

I	N	E	T	I	M	A	N	Y	D
D	S	T	I	N	S	E	C	T	S
E	E	E	L	G	L	S	I	G	S
V	E	D	I	R	N	N	T	A	T
I	I	W	O	P	S	E	N	D	S
R	T	O	S	L	G	V	M	W	E
H	S	H	O	O	K	A	O	A	N
T	H	O	R	N	S	R	M	R	T
S	T	I	C	K	C	L	O	S	E

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

KID SCOOP'S MISSION

Children are born curious.

From their earliest days, sensory exploration brings delight and wonder. New discoveries expand their minds. When they unlock the joy of reading, their world widens further. Magic happens.

Kid Scoop opens the doors of discovery for elementary school children by providing interactive, engaging and relevant age-appropriate materials designed to awaken the magic of reading at school, at home, and throughout their lives.

For more information about our literacy non-profit, visit kidscoopnews.org



Kid Scoop Together:

With a family member, see if you can find each scarecrow's twin. Can you find the one unique scarecrow?



Kid Scoop VOCABULARY BUILDERS

This week's word: **ROOST**

The verb **roost** means to settle on a perch (a place where a bird rests).

The pigeons **roost** on the top of the roof.

Try to use the word **roost** in a sentence today when talking with your friends and family members.

FROM THE **Kid Scoop®** LESSON LIBRARY

Tools We Use

Look through the newspaper for examples of three or more tools that people use at work. Discuss what life would be like without those tools.

Standards Link: Use the newspaper to locate information.



How do crows stick together in a flock?

ANSWER: Velcrows!

Write On!

If You Were a Bird

If you were a bird, what kind of bird would you be? Why?

Kids’ and Adult winter art classes

SUBMITTED BY HAYWARD AREA RECREATION

After a successful fall season, Hayward Area Recreation has a variety of online art classes for the winter 2021 season. Check out these classes starting in January. Register at www.haywardrec.org/register. (Prices will vary, check website for details.)

Young Rembrandts – Fundamental Drawing 16423
January 6 – February 3
Wednesday; 4 p.m. – 5 p.m.
5 classes
Ages 4-6

Animals Around the Bay 16414
January 29 – March 5
Friday; 3:30 p.m. – 4:30 p.m.
6 classes
Ages 7 -9

Art Exploration 16413
January 29 – March 5
Friday; 5 p.m. – 6 p.m.
6 classes
Ages 7 -9

Youth Ceramics 16419
January 8 – March 5
Friday; 5 p.m. – 6 p.m.
9 classes
Ages 11-15

Pottery Firing
(Fire and Glaze 15962, Midfire 16034, and Firing only 15961 options available)
January 7 – February 6
Thursday – Saturday
9:30 a.m. – 1:30 p.m.
(four visits)
Ages 15+

Online Ceramics 16420
January 6 – March 3
Wednesday; 6 p.m. – 9 p.m.
9 Classes
Ages 16+

Portrait Painting 16416
January 18 – February 22
Monday; 6 p.m. – 8 p.m.
6 classes
Ages 18+

Watercolor 16417
January 20 – February 24
Wednesday; 6 p.m. – 8 p.m.
6 classes
Ages 18+

PhotoCentral Lab Membership 16415
January 20 – March 1
Monday, Wednesday
Times available on the Hayward rec guide
5 hours
Ages 15+

Aspiring singer releases new song

SUBMITTED BY ELIZABETH CARRERA-EIRAS

Hayward resident Alessandra Kianas Eiras, an aspiring singer and actress, recently turned to the online world to share her singing talent. She released her first single, “Wonder of Living,” a smooth jazz tune to her own website at <https://akianaeirass.hearnow.com>. Her song is also available on major streaming music platforms including iTunes, Apple Music, Amazon, Pandora and Deezer.

Lions keep serving during trying year

SUBMITTED BY UNION CITY LIONS CLUB BOARD

Happy Holidays Lions

On behalf of the Board, we want to say thank you for the services provided during the holidays. To begin, Lions Greg and Lion Laura chaired the meal services provided through Our Lady of the Rosary Church during the month of November. Several Lions assisted, and meals were provided to 240+ individuals.

Lion Brian and Lion Jaime oversaw the Turkey give-away at Centro de Servicios. This program was in lieu of our Lion Al & Marcella Roderigues Memorial Senior Citizens Thanksgiving Dinner, and it was a huge success with the community. Approximately 160 Turkeys were provided through our Lions Club.

Working within the state’s COVID pandemic restrictions, we served. All of us should be proud of the work done on behalf of our community!

Finally, our Lions celebrated the Holiday, virtually. Yes, we had a virtual Zoom get-together and it went better than anticipated. There were plenty of laughs and gifts given. The winner of this year’s Ugly Sweater Contest was Lion Regis. He won a gift card to Tomatina’s.

To all of our Lions we wish you merry holidays and look forward to a time when we can be in each other’s company again.

Teenager unites youth against child hunger



SUBMITTED BY DAKSH KOHAR

Daksh Kohar started “Talent2Give” with the idea to use his artistic talents to give back to the community. He started off selling his art and slowly graduated from small fundraising sales to forming non-profit organization Talent2Give. Kohar has strived to unite young minds with their talent and channel it towards community service: “What matters most to us will require us to make decisions with higher morals and ethics. The world of tomorrow needs to be fed today and only a healthy gut can serve as a strong foundation for future.”

Talent2Give (T2G) celebrated its first anniversary in August 2020, and as the year drew to a close was raising funds to provide 10,000+ meals for kids around the world. 2020 was challenging in every possible way and T2G embraced the challenge with positivity. Kohar proudly states, “My team found creative ways to give back to the community while retaining our mission on child hunger. Through a series of online activities such as reading clubs, art lessons, virtual fests and more recently selling hand painted eco-friendly tote bags, T2G has proven – When the going gets tough the tough gets going!”

Talent2Give has become a global movement and hopes to continue growing fueled by compassionate members making a difference through their talents in the community and raising awareness on the acute problem of child hunger.

You can get in touch by emailing talent2give@gmail.com or visit <https://talent2give.org/>. Follow Talent2Give on Facebook, Instagram, and Twitter to get updates on events, activities and more.



A video with her performance is also posted on YouTube at https://youtu.be/_QLAyx0kptY.

Alessandra, is a City of Hayward Youth Commissioner and is the winner of the city’s Youth Hall of Fame Award for

Leadership. She recently was awarded Second Place for her solo singing performance in a competition sponsored by the Hayward Foundation of the Arts. During the pandemic she has been busy with distance learning

Reflections

It has been almost 55 years since the magnificent “I Have a Dream” speech touched the souls of so many people. Since early March, the words have been resonating in my spirit almost daily.

Dr. King’s extensive vocabulary facilitated his ability to speak to people of all creeds and walks of life. His was always a message of hope while appealing to the evil ones to be just and fair. What would he say now after having observed the number of movements, the marches, funeral processions, homeless people encampments, youth who have lost their way, and outcries to our leaders for help? What would he say to those evil-minded individuals who invaded movements to render violence, loot and destroy property?

What would he say about the most moving experience for me? It was my visit with my son to the “Pray Their Names” memorial garden at Niles Discovery church. Most of the young men and women I had seen on television or read about. Four of the names are special to me! The creators of this rotating memorial noted that there had been 7,000 African Americans killed by policemen since Emmitt Till in Money, Mississippi. I am grateful that Tri City Voice covered this ceremony. Otherwise, I would not have had the sobering experience. There is power in prayer and prayer warriors must be vigilant. Pray for justice and peace...love and respect. Our survival depends on it.

On a joyful note, Dr. King would have been overwhelmed to see how many people exercised their right to vote. Democracy was at work in full bloom.

Since the Afro American Cultural Historical Society’s (AACHS) first observance of Dr. Martin Luther King Jr. Day in 1977, citizens have volunteered their talents to get the message across that we should be able to get along and respect each other. That was the dream. It is yet, the hope. Forty-one pastors, and two educators have been keynote speakers. Thirty-one choirs, a number of liturgical dancers, instrumentalists, children’s verse choirs and a multitude of others helped with visuals, publicity and receptions. All are a part of the Society’s Dr. King legacy.

A bevy of elected officials have been so supportive with both their proclamations and presence. AACHS officers and members send out a shout of loving appreciation to Tri City Voice for its ongoing loyal support.

First Presbyterian Church
looks forward to hosting the 45th celebration in 2022.

From the Memorial Garden at Niles Discovery Church
Dr. Martin Luther King, Jr.
Medgar Evers
Oscar Grant
James Powell, Jr.

“When evil men plot, good men must plan. When evil men burn and bomb, good men must build and bind. When evil men shout ugly words of hatred, good men must commit themselves to the glories of love. Where evil men would seek to perpetuate an unjust status quo, good men must seek to bring into being a real order of justice.” - Dr. Martin Luther King, Jr.

This week and the following weeks, we join with others of like minds across the nation and around the world in articulating his dream, his hope.... his vision.

Jean Ficklin, Newark, CA

Water Workshop

SUBMITTED BY PAUL CAMBRA

The California Water Commission is conducting a series of public workshops as part of its efforts to assess a potential state role in financing conveyance projects that could help meet needs in a changing climate. The Commission’s goal with these workshops is to learn from diverse voices across the state. Participants are encouraged to share their perspective on conveyance infrastructure needs and priorities, effective partnerships, public benefits of conveyance, possible criteria to assess resilience, efforts in preparing for changing hydrology, and effective financing mechanisms. The workshops are not associated with the pending proposal to improve conveyance through the Sacramento-San Joaquin Delta.

The third workshop will focus on Northern California, and will be co-hosted by the Northern California Water Association.

“Water suppliers in Northern California serve water for multiple benefits, including cities and rural communities, farms, fish, birds, wildlife and recreation,” said David J. Guy, president of the Northern California Water Association. “The conveyance of water is important for climate and water resilience in this region. We encourage active participation in this workshop to explore how conveyance projects can best serve these various beneficial purposes into the future.”

The workshops will be conducted via the web-based videoconferencing service Zoom. More detailed instructions on how to use Zoom and participate in the meeting can be found on the Commission website. If you require translation of any materials or interpretation during the workshop, please call (916) 834-3177 or email cwc@cwc.ca.gov. This workshop will be followed by one on Central California.

The Commission will use the information gathered at the regional workshops to help formulate its recommendations on a potential state role in financing climate-resilient conveyance. The draft paper will be available for public comment before it is finalized and presented to the Administration in mid-2021. For more details and a complete schedule of workshops, visit cwc.ca.gov/Programs-and-Topics.

Northern California Public Workshop
Thursday, January 12
2:30 - 5:00 p.m.
Via Zoom
Register at
<https://zoom.us/join/zoom/jtctcOispjgoGdZfwSHl8tYudPmKjhnjiQow>
(916) 834-3177
cwc@cwc.ca.gov



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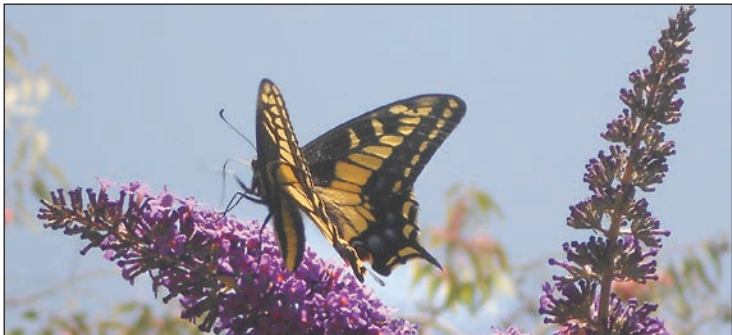
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continued from page 1



Monarch Butterflies Where are they?



was like being inside a magical butterfly-filled snow globe! In early February, we'd say farewell as they fanned out across the West to lay their eggs on milkweed and complete their life cycles in places as far away as Washington, Idaho and Utah.

Over the years, we've worked hard to keep our forest healthy and safe for the monarchs, planting dozens of new trees and shrubs and removing dead and dying ones. But in 2018, only a few monarchs passed through our forest, and none stayed through the winter. Sites up and down the California coast reported the same thing – no or very few monarchs. The crisis continued in 2019, with the total population reaching the lowest level ever recorded – less than 1% of historic populations.

The annual Western Monarch November count in California has continued to show a dramatic and perilous drop in numbers. In the 1980s, monarchs were plentiful with the species estimated at 3-10 million. The count was in the millions in the 1990s but dropped to 192,624 in 2017. Two years ago, the Xerces Society's Thanksgiving count sighted only 27,212 butterflies. This year, in the Thanksgiving Count (November 14 – December 6), less than 2,000 monarchs were counted, a decrease of 99 percent, indicating possible extinction. The New Year's Count, from Saturday, December 26 to Sunday, January 10, will be another critical measure of the remaining monarch population.

Following a four-year assessment, the US Fish and Wildlife Service announced that monarchs deserve protection under the Endangered Species Act but have not taken action due to other species with higher priorities. However, those following the decline of monarchs have been stunned by the rapid and near total collapse of the western migratory population.

Scientists have linked the steady decline in monarch numbers over the past few decades with habitat loss and degradation, pesticides, and climate change, as well as other factors that are not yet clear. But it's not too late – we can take actions NOW to help save the western population, and you can help!

How You Can Help Monarchs:

- Plant flowers that bloom February-April and September-October. Migrating adult monarchs must have access to nectar in the early spring.
 - Plant native milkweed. Remove tropical milkweed species that can spread disease
 - Avoid pesticide use in your gardens.
 - Record your observations and add to Western Monarch Milkweed Mapper or Monarch Larva Monitoring Project.
 - Choose organic, non-GMO produce.
- Visit the following websites for more information and volunteer opportunities:
- www.monarchjointventure.org
 - www.xerces.org
 - www.monarchmilkweekmapper.org
 - www.citizenscience.gov/monitor-monarchs/
 - www.ebparks.org





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- Over 1,500 legal cases related to non-accessibility compliance issues were filed in 2018.
- More than 10,000 websites sued nationwide in 2019 for their website not being ADA compliant, including celebrities. This number is expected to exceed 100,000 by 2021.
- Most business & website owners sued for non-compliance pay between \$20K - \$200K as out of court settlement. A recent settlement was \$6M.

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Home & Garden

Cornucopia of Corn

ARTICLE BY
DANIEL O'DONNELL
PHOTOS COURTESY OF
WWW.RARESEEDS.COM

Bootleggers in the southern United States preferred using an heirloom corn variety called Jimmy Red for a century. The bright red kernels gave the moonshine a distinct red tint and a light nutty flavor. When the last bootlegger using Jimmy Red corn died in the early 2000s, there were only two remaining ears of this corn left in existence. A farmer and seed saver named Ted Chewning salvaged the kernels and germinated them. Today, Jimmy Red corn is used by craft distilleries to make small batch whiskeys, and Jimmy Red grits, cornbread, and flapjacks are showing up on the menus of prestigious restaurants across the country. Other heirloom corn varieties are becoming popular as well.

Industrial farms grow only a few varieties of corn because end users want a crop that is consistent every year. Smaller local farmers have the opportunity to grow some heirloom corn varieties because restaurant chefs and home cooks shopping at the farmers markets they supply want colorful and arguably superior-tasting ears of corn. Growing heirloom corn is also an excellent choice for the home gardener as well. Whether the variety produces blue, red, orange, black, or multicolored kernels, tastes sweet, nutty, or buttery, it will surely be a hit with family and friends.

Corn, also called maize, is grouped into six different types defined by the characteristics of their kernels and how they can be used. Sweet corn is eaten raw or cooked. Dent or field corn is dried and then used to make

syrops, oils, and flour. Flint kernels are dried and ground to make grits, cornmeal, and polenta. Flour corn and popcorn uses are self-explanatory. Pod corn, only used ornamentally, is a mutant variety of any of the other types of corn that has formed leaves around each kernel. Some articles list waxy corn as one of the six types of corn because, after being cooked, it becomes sticky, unlike any of the other types of corn. However, it is a type of dent corn.

Listed below are 10 heirloom corn varieties. Seeds can be bought through Baker Creed Heirloom Seed Company - www.rareseeds.com - or ordered for contactless pickup from their Petaluma Seed Bank - www.seedbank@rareseeds.com. Ordering seeds early is recommended as there is risk of their selling out of certain varieties as spring nears.

Country Gentlemen provides a nice introduction to heirloom corns. It is one of the sweetest heirloom corns and its tender white kernels look like a conventional white corn kernel but do not form in rows. The kernels create an eye-pleasing zigzag pattern instead.

Atomic Orange is an heirloom corn that explodes with color, protein, and beta carotene. The ears can be ready for harvesting after only 60 days, making it one of the fastest maturing heirloom corns.

Striped Japonica is said to be the world's most beautiful corn plant. Originating in Japan, it has striped white, yellow, pink, and green foliage that complements the crimson-black husks and kernels. Kernels can be ground into corn meal when dried.

Glass Gem is both a flint corn and a popcorn. The shiny collection of different colored kernels looks like glass beads. Eye-catching entire ears or loose



The brilliant color carries over into the cornmeal, flour, polenta, and other uses.

Montana Lavender Clay is a descendant of two Native American corn varieties. Bred by Ed Schultz, farmer and world-renowned expert corn breeder, Montana Lavender Clay produces beautiful purple kernels that are used to make a silky soft cornmeal.

Japanese Black Sticky Corn is traditionally steamed or grilled in Japan and has a sweet taste and waxy texture. It can also be a substitute for the commonly used glutinous rice for making the Japanese rice cake mochi.

Every seed pack has planting and care instructions. There are, however, a couple of tips to emphasize. Corn does not transplant well, so seeds should be sown directly into soil with plenty of compost. Corn is wind pollinated and should be planted in blocks, not rows, with each plant having 1 square foot of space.

People have been growing heirloom varieties of corn in the Americas for thousands of years. There is no telling how many varieties have been lost. Growing some of the varieties that remain will not only allow people today to enjoy them, but help ensure that they can be enjoyed by people tomorrow.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

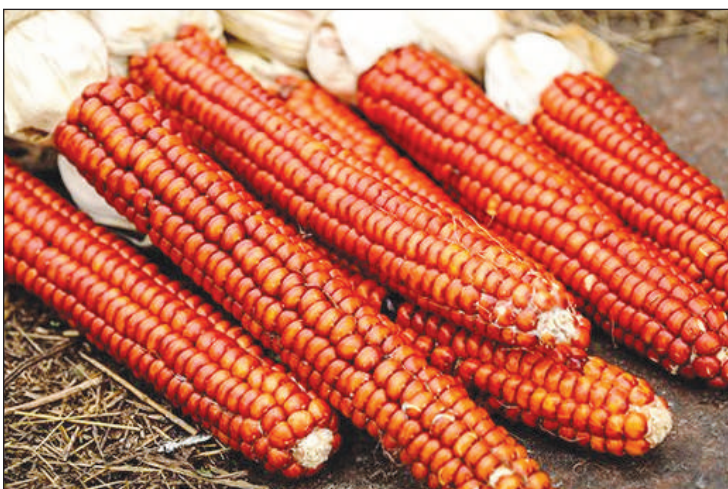
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Contactless pickup
Petaluma Seed Bank
www.seedbank@rareseeds.com



kernels are well worth storing on the counter while waiting to be popped or ground into cornmeal.

Mini Blue, Dakota Black, and **Strawberry** are three popcorns that have unique and attractive looking kernels. As the names suggest, Mini Blue is blue, Dakota Black is black, and Strawberry is red. Each of these amazing looking popcorns also has fantastic individual textures and flavors once popped.

If there were not enough different color heirloom corns to choose from for color alone, **Hopi Turquoise** is another stunning addition to the list.



THE ACWD CONNECTION

Annual Main Cleaning Program Set to Begin

ACWD is scheduled to clean a selection of water mains in the city of Fremont, and all dead-end mains in the Tri-Cities to improve water quality and remove sediment buildup in pipes. This is part of the vital service provided by ACWD to ensure that all customers receive high quality water.

Cleaning will occur at various locations throughout the service area from January through June 2021; Monday through Friday from 7 a.m. to 4 p.m. (excluding holidays).

To find out if, and when the water main on your street will be cleaned, please visit www.acwd.org/maincleaning or call our Operations Department at **510.668.6500**. Any program updates and future notifications will be posted on the Main Cleaning webpage.

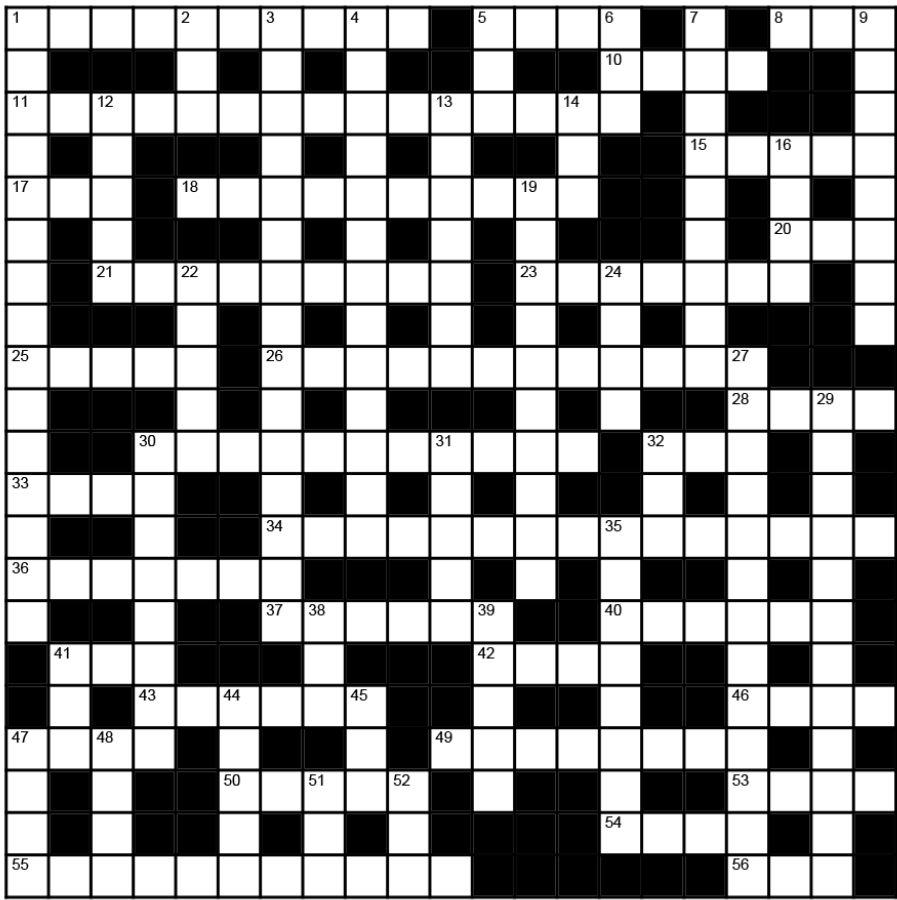


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Mind Twisters

Crossword Puzzle



- Across

1 Strike out (5,5)

5 Galway Bay's ____ Islands (4)

8 " ____ not!" (3)

10 "The Sound of Music" backdrop (4)

11 Dictionary features (15)

15 "Hamlet" courtier (5)

17 Goose egg (3)

18 Direct (10)

20 Poetic contraction (3)

21 End of the quote (9)

23 Changed (7)

25 The "N" of U.S.N.A. (5)

26 Elated (8,4)

28 Dresden's river (4)

30 Moonshine (8,3)

32 Downs' opposite (3)

33 Biblical pronoun (4)

34 See note (2,7,6)

36 Mirror (7)

37 Photos (6)

40 Medicinal syrup (6)
- 41 Ascap alternative (3)

42 Wing: Prefix (4)

43 Easily tamed birds (6)

46 Face, in slang (4)

47 Actress McClurg (4)

49 Turkey part (8)

50 Donnybrook (5)

53 Excellent, in modern slang (4)

54 ____ mortals (4)

55 Praiseworthy (11)

56 Color TV pioneer (3)
- Down

1 Bargain establishment (10,5)

2 "Amen!" (3)

3 Slots (3-5,7)

4 This puzzle's theme (3,5,5)

5 Barley bristle (3)

6 TV's "Emerald Point ____" (3)

7 Chosen one (9)

9 Scraps (8)

12 Drunk, in slang (5)

13 Like a bull (7)

14 Mass. setting (3)

16 Felt bad about (4)

19 Quote, part 4 (5,5)

22 Three-time Masters winner (5)

24 Bout enders, in brief (4)

27 Student's worry (8,5)

29 Head honcho (3,9)

30 Grace period? (8)

31 Romance, e.g. (5)

32 "That's awful!" (3)

35 Gold pocket watch, maybe (8)

38 Kind of truck (3)

39 Crosses over (5)

41 Defective (3)

44 Small part (5)

45 Atlanta-to-Miami dir. (3)

47 Kind of sch. (4)

48 Bakery worker (4)

51 Year in Claudius's reign (3)

52 Bygone money (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

	4			7		1		2
5				4			7	6
7								
	9		1		8		6	5
2	1				7			
6						7		3
		9						1
1		4			9	6	3	
		6		2		8	4	

			C	R	A	Z	Y	A	B	O	U	T			W	O	M	A	N	L	Y
Y	O	S		I		O	E	P		E	S		U								
	O		S	P	R	U	C	E	U	P		U	B	I		I	C	B	M		
	M	Y		K		S			E		H										
S		A	S	A	M	A	T	T	E	R	O	F	F	A	C	T		S			
N	F	L				I	O	C	A	V		H									
			G				D	O	N	A	T	T	H	E	H	E	E	L			
P				P		I	I	S		H		N		P		E					
A		T	R	U	E	T	O	T	H	E	L	E	T	T	E	R	A				
R			L			R		L	A	G	O		G								
T	U	S	L	E		I	R	A	E		D	O	S	M	I	U	M				
Y	T	A		B		T				T	I		E								
P	R	O	O	F	S	P	I	R	I	T		T	A	L	S	O		N			
O	C	A		I	W	E	A	C	E				E								
O	R	K		S	P	A	C	E	T	R	A	V	E	L		D	O	P	E		
P		O	T		R	O	W		U	L		O									
K	E	E	P	Y	O	U	R	E	Y	E	O	N	T	H	E	B	A	L	L		
R		T	N		S		S		N			P		N		Y					
			I		E	D	I	T	E	D	O	U	T		R	F	D	P			
			O	E	O	T		I	R			N			S						
P	U	N		N	C	O	S		S	O	L			S	A	N	S				

2	7	9	8	6	4	5	1	3
5	6	4	1	3	7	2	9	8
3	8	1	2	5	9	4	7	6
9	2	3	6	8	5	1	4	7
4	5	8	7	2	1	3	6	9
6	1	7	9	4	3	8	2	5
1	4	6	5	7	8	9	3	2
7	3	5	4	9	2	6	8	1
8	9	2	3	1	6	7	5	4

Tri-City Stargazer

FOR WEEK: JANUARY 5, 2021

All Signs: Mars leaves Aries where it has been for six months. This change brings relief to many, especially Libra, Cancer, and Capricorn. Mercury will be retrograde from

January 29 to February 21. For big-ticket “Mercury-related” purchases like computers, cellphones, cars, or trucks, do not buy them from January 21 to March 13.

Aries the Ram (March 21-April 20): After six months of being in your sign, this week Mars is leaving. This will be a big change for everyone, especially you. It will ignite your desire to work hard and boost your income. Meanwhile, your year ahead will be more popular than you have had in over a decade! Relations with friends will benefit you, which means it will be in your best interests to be friendly with everyone. Since many of our social interactions will continue to be online – why not explore new ways of being in clubs, groups, and associations?

Taurus the Bull (April 21-May 20): This year begins like gangbusters because fiery Mars has just entered your sign, which will rev up your energy and make your life busier! You will be keen to get things done and you will be more aggressive with others, especially in defending your rights. Your physical energy level will be high, and the month ahead will be positive for you. Meanwhile, this year, you are looking swell because bosses, parents, teachers, and VIPs admire you and are impressed with your achievements.

Gemini the Twins (May 21-June 20): Go gently at the beginning of the week because disputes about shared property, debt, taxes, and insurance issues could be nasty. Fortunately, this influence is brief. You are entering a year where travel will attract you more than ever because you want to expand your experience of the world! If you cannot travel, then do what you

can to expand your knowledge of the world through school or online courses. This month is a good financial month for you.

Cancer the Crab (June 21-July 21): In one way, while Mars has been in one sign for the last six months admittedly, it has aroused your ambition! However, your focus will swing to friends, groups, and organizations. Many of you will feel competitive, especially in group sports or online gaming. This year, you will get richer indirectly through the wealth of someone else. You might receive an inheritance. Your partner might earn more, which indirectly benefits you. It is also a good year to try to get a loan or mortgage. Meanwhile, you will continue to need more rest and more sleep this month.

Leo the Lion (July 22-August 22): You begin this year much more ambitious than usual! You will feel this as this week unfolds. You will be independent and will want credit for what you do. Because of this strong ambition to achieve, you might find yourself in conflict with authority figures. Take it easy. You are entering a year that is tricky for your closest relationships and partnerships. In one way, they will be challenged. Nevertheless, this year there is a lighthearted joyful quality that is present. In fact, this year is excellent for Leos to get married.

Virgo the Virgin (August 23-September 22): The disputes that you might have felt with others about shared property,

taxes, and debt last year will fade away now. You can relax. In fact, you will discover that this month, you are keen to travel or do something to expand your world. You are entering a year where your health will improve, and you can also improve your job. If you cannot improve your job, you can get a better job. Meanwhile, this is a playful, fun-loving month that favors romance and joyful times with kids.

Libra the Scales (September 23-October 22): This week brings such good news for you. For over six months, Mars has been opposite your sign creating aggro and angst in your dealings with others. Because you try to keep the peace, you dealt with this with forbearance and diplomacy – most of the time. Now this pressure is gone! You are free of that influence for another two years and even then, it will only be for six weeks. This year will be one of the most fun-loving, playful, creative years you have had in over a decade.

Scorpio the Scorpion (October 23-November 21): You might want to dial it down a bit as you enter this new year because you are pumped with energy, especially intellectual energy, which makes you speedy, aggressive, and eager to communicate to everyone. When talking to partners and close friends, you might feel some tension because Mars has moved opposite your sign (just for the month). Avoid unnecessary arguments. Instead, start

focusing on improving your home scene this year. Good year for real-estate speculation as well.

Sagittarius the Archer (November 22-December 21): You have been chomping at the bit for some time now, which means you will feel relieved to sink your teeth into a project worthy of your energy. This month, you are ready to work and get things done. Your focus is still on money and boosting your earnings. Fortunately, you can attract money to you! In part, this is because this year you will be more optimistic, busier, and eager to communicate to others. Of course, this is stimulated by a fluctuating situation of changing residences and jobs either now or later.

Capricorn the Goat (December 22-January 19): You will be relieved to know that the chaotic activity that has plagued your home and family scene for the last six months will start to subside. Things will go back to normal. In fact, you are heading into a playful, fun-loving month where you might particularly enjoy competitive sports. It is a strong week with the Sun and Venus in your sign. One of the main reasons you are going to be much happier this year is you are going to get richer.

Aquarius the Water Bearer (January 20-February 18): Be patient with people at home this month because increased chaos and activity will stir things up. Meanwhile, you are heading into a fabulous year because

lucky Jupiter has entered Aquarius where it will stay for the entire year! This will increase your confidence and boost your self-poise by the end of the year – noticeably! It will attract good fortune to you. The spiritual dimension of your life might also grow.

Pisces the Fish (February 19-March 20): You might surprise yourself at how assertive you become this month. Suddenly, you will find it easy to say what you mean and mean what you say. This will be a popular month for you. You will enjoy hanging out with creative, artistic types. In fact, in many ways, this will be a special year for you because you are going to explore more of your inner world either by osmosis or by consciously choosing spiritual disciplines or methodologies. Meanwhile, you are also going to downsize and streamline your belongings and even your relationships because this year and next, you intend to cut loose from anything is holding you back.



By Georgia Nicols
www.georgianicols.com.

Rrooar Academy educates in motivational speech

SUBMITTED BY ISH AMITOJ KAUR

2020 has been a historical year in many ways. There was not much that anybody could change with what was going on, whether the wide spread virus or the frustration of the upheavals in governance. What we could do was to pave a path of resilience. If we could beat this, we could beat more obstacles to come. Gagan A Kaur, founder of Rrooar Coding and Robotics Academy quickly improvised. She introduced creative arts and life skills into the curricula. Rrooar Academy offered students a much needed platform where they could make their voices heard, share opinions, and create original content.

On December 20 Rrooar's first Original Oratory and Motivational Speech competition opened with a surprise speech from Gurbir Grewal, the 61st Attorney General (AG) of New Jersey. His words infused the 22 young orators with energy and excitement to deliver their speeches on the topic of the evening, "The Power of Yes."

They talked about subjects from personal experiences to social and political and climatic scenarios. Bay Area theatre activist Ish Amitoj Kaur coached the kids in public speaking.

The program concluded the guest of honor - J.J. Kapur. Kapur won the National Original Oratory award in 2017 and is now a junior at Stanford. Kapur talked about his journey in the world of public speaking. He announced the awards for the students.

Millicent R. Dizon, Honey Patel and Manjit Gill, public speaking enthusiasts in their respective fields, were the judges. They shared their words of wisdom and experiences as the program progressed. Happiness coach Lisa Lopez emceed, and Ravnoor Sahota was event manager.

Group 1 Winners

1. Vihaan Adhikesavan, Forest Park Elementary, Fremont
2. Saanvi Ingole, Forest Park Elementary, Fremont
3. Siddharth Rao, Forest Park Elementary, Fremont

Group 2 Winners

1. Shriyadita Poduval, Mission Hills, Union City
2. Maheep Singh, Bethany Elementary, Mountain House
3. Ranvir Thapar, Forest Park Elementary, Fremont

Group 3 Winners

1. Sachnoor Kaur, Mountain House High School, Mountain House

2. Ashvika Prakash, Thornton Junior High, Fremont
3. Alam Singh, Hansen Elementary, Mountain House

Group 4 Winners

1. Manmeet Kaur, Kerman High School, Fresno
2. Gaganjeet Singh, Kerman High School, Fresno
3. Abraham Mershed, COIL, Fremont

Special Award - Thought Leader
Ashvika Prakash
Special Award - Budding Orator
Vihaan Adhikesavan
Special Award - Motivational Speaker
Puran Veer Singh
Special Award - Rrooaring Ahead Into the Future
Abraham Mershed

Rrooar Academy is opening its Original Oration and Motivational Speech program to schools as a competitive segment. Email contact@rrooar.com for details.



Vihaan Adhikesavan
Forest Park Elementary School, Fremont
Group 1
1st Place
Special Award - Budding Orator



Saanvi Ingole
Forest Park Elementary School, Fremont
Group 1
2nd Place



Siddharth Rao
Forest Park Elementary School, Fremont
Group 1
3rd Place



The Original Oratory competition 2020
Congratulations to all the Rrooarators!

The Power Of yes



Manmeet Kaur
Kerman High School, Fresno County, Group 4
1st Place



Gaganjeet Singh
Kerman High School, Fresno County, Group 4
2nd Place



Abraham Mershed
Circle of Independent Learning, Fremont
Group 4
3rd Place
Special Award - Rrooaring Ahead into the Future



Shriyadita Poduval
Mission Hills Middle School, Union City, Group 2
1st Place



Maheep Singh
Bethany Elementary School, Mountain House, Group 2
2nd Place



Ranvir Thapar
Forest Park Elementary, Fremont, Group 2,
3rd Place



Puran Veer Singh
Kennedy Elementary School, Newark
Special Award - Motivational Speaker



Sachnoor Kaur
Mountain House High School, Mountain House, Group 3
1st Place



Ashvika Prakash
Thornton Junior High, Fremont, Group 3
2nd Place
Special Award - Thought Leader



Alam Singh
Hansen Elementary School, Mountain House, Group 3
3rd Place



BY MADHVIKA SINGH

Since the first COVID-19 vaccine was administered in New York on the morning of December 14th, more than 3.1 million people across the country have taken the vaccine as of Dec 30th, with California having the largest share at over 300,000.

The COVID-19 vaccine distribution is the biggest vaccination campaign in recent history. The United States announced its Operation Warp Speed on May 15, 2020 with a goal to produce and deliver 300 million doses of COVID-19 vaccines by January 2021, as part of a broader strategy to accelerate development, manufacturing, and distribution of vaccines, therapeutics, and diagnostics for COVID-19.

Currently there are two vaccines that have been granted Emergency Use Authorization (EUA) by the Food and Drug Administration (FDA) for preventing COVID-19; one developed by Pfizer/BioNTech and another by Moderna. Both the vaccines are based on messenger ribonucleic acid (mRNA) technology and are highly effective in preventing COVID-19, with the Pfizer/BioNTech vaccine at 95% and the Moderna vaccine at 94% effectiveness. There is a critical difference between them as far as logistics are concerned, though. The Pfizer/BioNTech vaccine needs ultra-cold temperatures for storage (-94F) whereas the Moderna vaccine can be stored at -4F.

The Pfizer/BioNTech and Moderna vaccines are taken as two intramuscular injections three and four weeks apart, respectively. As per the Centers for Disease Control and Prevention (CDC), the most common side effects are fever, chills, tiredness, headache, and pain and swelling in the arm where the shot is taken. The CDC also reports that it has learned of some people experiencing severe allergic reactions after getting the COVID-19

rapidly over the coming months, but supply will probably remain limited for the time being. Until production capacity ramps up to make vaccines freely available to the general public, the US government is managing the initial and ongoing distribution and allocation of doses to various states through Operation Warp Speed. Federal and state officials are also handling distribution of the limited supply of both vaccine doses to individual facilities.

The allocation of the vaccines is based on the adult population for the 50 states, eight territories and five federal entities including Department of Defense (DoD), Veterans Health Administration, Indian Health Service, State Department and Bureau of Prisons. The allocation does make allowances where there is concern around equitable distribution – for example for geographically isolated areas, such as Alaska, American Samoa, Guam and the Northern Mariana Islands, and for states where Indian Health centers chose to affiliate with their states rather than the Indian Health Service. Mechanisms for actual distribution and administration of vaccines to the community are left up to the individual jurisdictions.

Alameda County Public Health Department's (ACPHD) COVID-19 vaccination plan builds on CDC's guidelines to ensure equitable access. As per ACPHD, local COVID-19 trends indicate that Latino, African American, and Asian Pacific Islander communities have been the hardest hit by the pandemic,

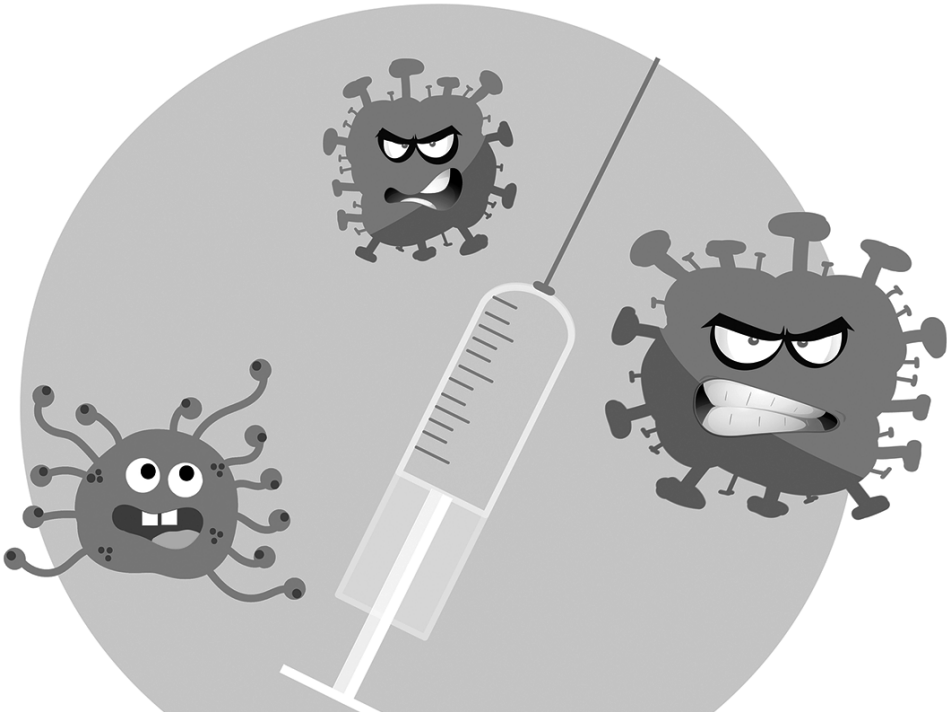
suffering a disproportionate number of cases and deaths, and face significant barriers to COVID-19 prevention. ACPHD's plan calls for using the Healthy Places Index (HPI) data measure set by their Health Equity Team to help determine equitable distribution of the vaccine points of dispensing (PODs).

There are three more candidate vaccines for which large-scale (Phase 3) clinical trials are either in progress or are being planned for. These are being developed by AstraZeneca, Janssen, and Novavax, as per the CDC.

With progress being made on the vaccination front, we hope we will finally be able to gain an upper hand in our battle against COVID-19 in the new year.

Information in this article is compiled from various government agencies like ACPHD, CDC, FDA, DoD, DHHS and other sources like Bloomberg in our effort to share the most objective and current information with our readers. As information about COVID-19 vaccination is evolving and changing rapidly, please reach out to your medical providers for individual questions and concerns, as this is not intended to replace medical advice.

Sources:
<https://www.fda.gov>
<https://www.cdc.gov>
<https://www.defense.gov>
<https://www.hhs.gov>
<https://covid-19.acgov.org>
<https://www.bloomberg.com>



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LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com

Check
Your Sky's
Quality with Orion

BY DAVID PROSPER

Have you ever wondered how many stars you can see at night? From a perfect dark sky location, free from any light pollution, a person with excellent vision may observe a few thousand stars in the sky at one time. Sadly, most people do not enjoy pristine dark skies – knowing your sky's brightness will help you navigate the night sky.

Brightness of planets and stars is measured in terms of apparent magnitude, or how bright they appear from Earth. Most visible stars range in brightness from 1st to 6th magnitude, with the lower number being brighter. A star at magnitude 1 appears 100 times brighter than a star at magnitude 6. A few stars and planets shine even brighter than first magnitude, like brilliant Sirius at -1.46 magnitude, or Venus, which can shine brighter than -4 magnitude! Very bright planets and stars can still be seen from bright cities with lots of light pollution. Given perfect skies, an observer may be able to see stars as dim as 6.5 magnitude, but such fantastic conditions are rare; in much of the world, human-made light pollution drastically limits what people can see at night.

Your sky's limiting magnitude is, simply enough, the measure of the dimmest stars you can see when looking straight up. So, if the dimmest star you can see from your backyard is magnitude 5, then your limiting magnitude is 5. Easy, right? But why would you want to know your limiting magnitude? It can help you plan your observing! For example, if you have a bright sky and your limiting magnitude is at 3, watching a meteor shower or looking for dimmer stars and objects may be a wasted effort. But if your sky is dark and the limit is 5, you should be able to see meteors and the Milky Way. Knowing this figure can help you measure light pollution in your area

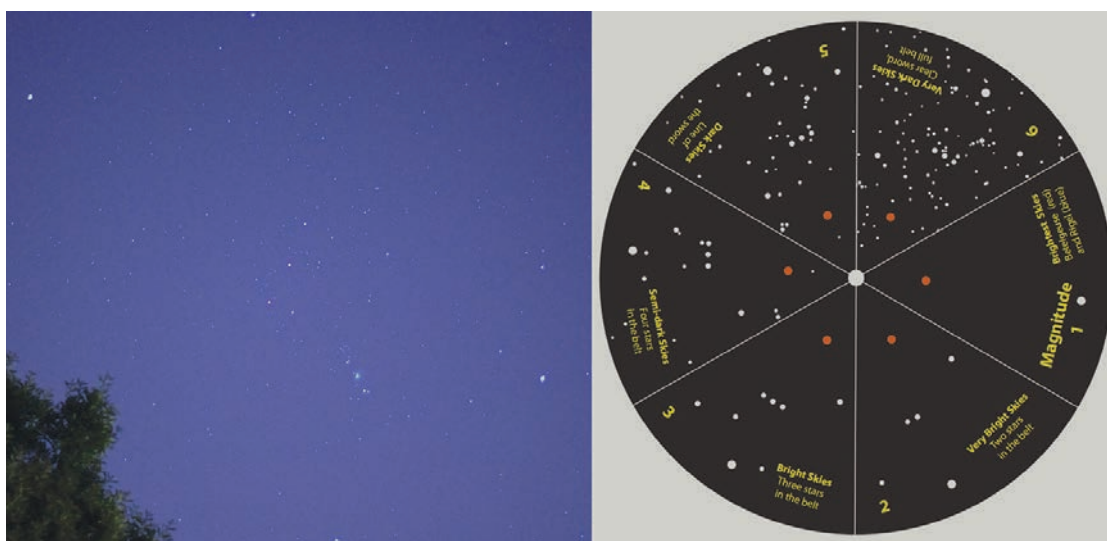
and determine if it's getting better or worse over time. And regardless of location, be it backyard, balcony, or dark sky park, light pollution is a concern to all stargazers!

How do you figure out the limiting magnitude in your area? While you can use smartphone apps or dedicated devices like a Sky Quality Meter, you can also use your own eyes and charts of bright constellations. The Night Sky Network offers a free printable Dark Sky Wheel, featuring the stars of Orion on one side and Scorpius on the other, here: bit.ly/darkskywheel.

Each wheel contains six "wedges" showing the stars of the constellation, limited from 1-6 magnitude. Find the wedge containing the faintest stars you can see from your area; you now know your limiting magnitude. For maximum accuracy, use the wheel when the constellation is high in the sky well after sunset. Compare the difference when the Moon is at full phase, versus new. Before you start, let your eyes adjust for twenty minutes to ensure your night vision is at its best. A red light can help preserve your night vision while comparing stars in the printout.

Did you have fun? Contribute to science with monthly observing programs from Globe at Night's website (www.globeatnight.org) and check out the latest NASA's science on the stars you can - and can't - see, at www.nasa.gov.

This article is distributed by NASA Night Sky Network. The Night Sky Network program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit <https://nightsky.jpl.nasa.gov/index.cfm> to find local clubs, events, and more.



The Dark Sky Wheel, showing the constellation Orion at six different limiting magnitudes (right), and a photo of Orion (left). What is the limiting magnitude of the photo? For most observing locations, the Orion side works best on evenings from January-March, and the Scorpius side from June-August.

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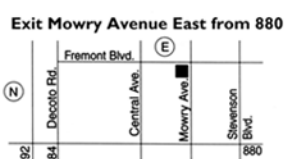
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\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Monday – Saturday

Free COVID-19 Testing

M-F: 1 p.m. – 5 p.m.

Sa: 9 a.m. – 12 noon

Drive through, drop-in, and walk-up testing by appointment

Bay Area Community Health

39500 Liberty St., Fremont

(510) 770-8040

<http://bach.health/covid/>

Mondays and Wednesdays

Parenting During COVID R

Tue: 12:30 p.m. – 2:00 p.m.

Wed: 6:00 p.m. – 7:30 p.m.

Virtual support group to help families cope with challenges encountered during COVID

To register:

www.fremont.gov/3060/Caregiver-Support

Support

(510) 574-2100

Tuesdays

Free Virtual Sing-Along

7 p.m. – 8 p.m.

Zoom choir meeting hosted by Mission Peak Chamber Singers

<https://www.chambersingers.org/>

Contact: info@chambersingers.org

Wednesday - Saturday

Free COVID-19 Testing

11 a.m. – 4 p.m.

Drive through and walk-up testing by appointment

Make appointment at: <https://ac.fulgentgenetics.com/>

Glad Tidings Church

1000 Glad Tidings Way, Hayward

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.

Dinner time tunes, oddservations, and bad jokes

Via Facebook Live:

www.facebook.com/mudpuddlemusic

Thursdays

First Presbyterian Church of Newark Virtual Youth Group

6:30 p.m.

Youth and young adults, students welcome

Contact: brian@newarkpres.org

Zoom Meeting ID#

www.newarkpres.org

Thursdays, January 14 - March 4

Life Review Group

10:30 a.m. – 11:30 a.m.

Life is a journey. Explore the story of your life

1-800-260-0094/ jwolfinger@crisis-support.org

Sundays

Southern Alameda County Buddhist Church Family Service

10 a.m.

Via ZOOM

For link, call (510) 471-2581

<https://sacbc.org/>

Sundays

First Presbyterian Church of Newark Virtual Sunday School

11:00 a.m.

Sunday School, Ages K – 6th grade

Contact: office@newarkpres.org

Zoom Meeting ID#

www.newarkpres.org

Saturdays

Virtual Telescope Viewing R

9:00 p.m. - 10:30 p.m.

Free on Facebook Live

Join resident astronomers live from Chabot's observation deck

<https://chabot.space.org/calendar/>

Saturdays

Online Comedy Shows R\$

8 p.m. - 9 p.m.

Made Up Theatre's interactive comedy has gone to YouTube!

<https://madeuptheatre.com/upcoming-shows/online-shows/>

Arts & Entertainment

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www.HaywardAnimals.com

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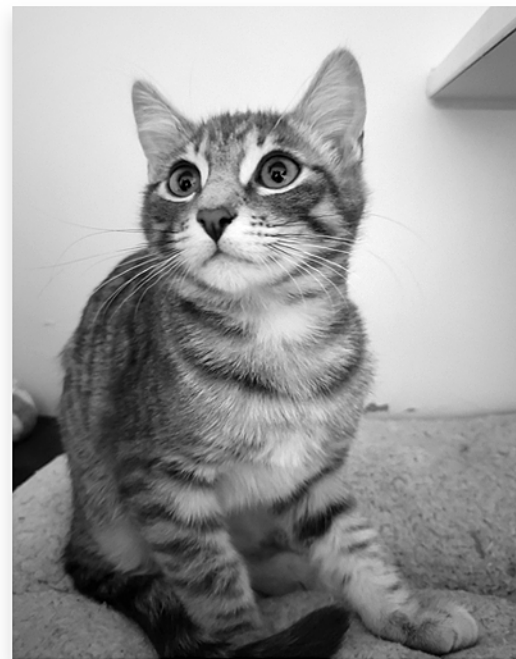
with loving homes!



Dasher is a 4 month old male kitten who lives up to his name. He has slowly been getting used to people, but still dashes away when he meets new people or you try to pet him. Dasher is curious about people though, and will scooch forward when the focus is on his roommate, Domingo. If you let him go at his own pace, Dasher will tell you he likes head rubs and treats.

He would do best in an experienced cat home with people who are willing to go slow with him.

To adopt call the
Hayward Animal Shelter at (510) 293 – 7200



Domingo is a 4 month old male kitten who likes soft beds and treats. He is still getting used to people and do not like being held or picked up.

Once he warms up, he does enjoy head pets.
To adopt, call Hayward Animal Shelter (510) 293- 7200

Sunday, November 29 – Saturday, January 16

FirstPres Advent StoryWalk

Follow a guided trail featuring laminated pages of a children's Christmas book

FirstPres Church Hayward

2490 Grove Way, Castro Valley

<https://bit.ly/2IRU78a>

*Life is 10%
what happens
to me and
90% of how I
react to it. —
Charles Swindoll*

Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market
Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market
Saturdays
10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center
Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro
Wednesdays
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro
Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot
Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

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For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/book-mobile
Times & Stops subject to change

Tuesday
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday
12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday
11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY
2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday
1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY
4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday
1:00 – 2:00 Del Rey School, Via Mesa & Via Julia, SAN LEANDRO
2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO
3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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Renew books by phone (800) 471-0991
For more information (408) 293-2326 x3060

Wednesday
1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

UPCOMING Events

Friday, January 8
Drive-In Movie Night \$
Frozen: 6 p.m.
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton
https://bit.ly/3hwS72l

Friday, January 8
How to Negotiate a Lease R
1:30 p.m. – 3:30 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47678

Saturday, January 9
Drive-In Movie Night \$
Jumanji: Welcome to the Jungle: 6 p.m.
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton
https://bit.ly/3o7YThB

Tuesday, January 12
Every Business is Going Online - Thanks to the Pandemic R
3 p.m. – 5 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47647

Thursday, January 12
Northern California Public Workshop
2:30 - 5:00 p.m.
Voice your community’s water needs
Via Zoom
Register at
https://zoom.us/join/zoom/register/tjctcOispjgoGdZfwSHl8tYudPmKjhn-jiQow
(916) 834-3177
cwc@cwc.ca.gov

Thursday, January 14
Music For Minors II Kids Choir Auditions
3:30 p.m. – 4:45 p.m.
Open to all 1st – 6th graders
Via Zoom
https://tinyurl.com/y8dan9k5
www.musicforminors2.org
(510) 364-0741

Friday, January 15
ACSBDC Small Business Q&A R
11 a.m. – 1 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47697

Saturday, January 16
Drive-In Concert \$
Gareth Emery: We'll Be OK
3 p.m.: https://bit.ly/2X0zkmM
7 p.m.: https://bit.ly/3pyqCYY
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton

Tuesday, January 19
Increasing Restaurant Online Food Orders R
3 p.m. – 5 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47689

Wednesday, January 20
How to Use a CRM to Increase Sales R
1 p.m. – 3 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47643

Thursday, January 21
Access to Capital for African Americans in Business Restoration and Rebuilding R
1:30 p.m. – 3:30 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47410

Thursday, January 21
Electric Vehicle Financial Incentive Clinic
7 p.m. – 8 p.m.
Discover the many financial assistance programs available
https://bit.ly/3h1jgKz

Saturday, January 23
Diamonds in Education Virtual Telethon
6:00 p.m. – 7:30 p.m.
Comedian Kabir “Kabeezy” Singh, auctions, and award presentations
Via Facebook Live and YouTube
www.diamondsineduction.com
www.nhsfoundation.org

Tuesday, January 26
Marketing Your Services During Challenging Times R
3 p.m. – 5 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47686

Wednesday, January 27
Alameda County HR Guide-lines R
1 p.m. – 3 p.m.
Free business webinar hosted by the Alameda County Small Business Development Center
https://nc.ecenterdirect.com/events/47685

Thursday, February 4
AMC Online Math Contest \$R
For Fremont students. Deadline to apply is 1/5/21
https://bit.ly/3ntTS2D

Wednesday, February 10
AMC Online Math Contest \$R
For Fremont students. Deadline to apply is 1/11/21
https://bit.ly/3nyTARe

Milpitas Police bid adieu to longtime colleague

SUBMITTED BY MILPITAS PD

Longtime colleagues and friends gathered December 24 to celebrate the career of Sergeant Huy Tran on his last workday before retiring from the Milpitas Police Department (MPD) after 27 years.

Prior to joining MPD, Tran was a volunteer police cadet with San Jose State University. He joined MPD as a police officer on January 27, 1994 and was promoted to sergeant in 2004. During his career in Milpitas, Tran served in variety of capacities including Special Investigations Unit Gang Detective, Arrest Control and Tactics Supervisor, SWAT team member and SWAT team leader. In February 2007, Tran was recognized by the California Correctional Peace Officers Memorial Run for Crime Victims. He was presented with a Letter of Commendation and a Medal of Distinction for his efforts and professionalism in keeping our community safe. Over the years, Tran volunteered at many events including participating in the Great Mall Chili Cook-Off, Community Safety Awareness Festival, Peace Officers’ Memorial, Police Department’s Open House and Festival, Special Olympics Law Enforcement Torch Run, and Super Bowl 50. Tran’s retirement was effective December 31.



Milpitas Police Chief Armando Corpuz, left, congratulates Sergeant Huy Tran on his retirement. Credit: Milpitas Police Department/Facebook

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- Large open workspace ideal for socially distanced cubicles
- Near 680/880/BART

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Suite C1,
Fremont CA 94538

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- Common waiting area
- Near 680/880/BART

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39737 Paseo Padre Parkway,
Fremont, CA 94538

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- Naming rights
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- Private restrooms
- Conference room
- Large open work space perfect for socially distanced cubicles
- Kitchen with running water
- Near 680/880/BART

- EXECUTIVE I**
2450 Peralta Blvd.,
Fremont, CA 94536
- Suite 211
 - 948 sq/ft
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 - 2nd floor (no elevator access)
 - Large open space perfect for socially distanced cubicles
 - Free Conference room available
 - Near BART
-
- Suite 222
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 - Free Conference room available
 - Near BART

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Counting Birds

BY AYN WIESKAMP

For more than a century, Audubon Society has conducted an annual Christmas Bird Count. The first was on Christmas Day in 1900. It was organized by an ornithologist named Frank Chapman, who was also an Audubon member, as a counter to a long-standing “Side Hunt” tradition, during which hunters would compete to see who could bag the most game, including birds.

According to the Audubon Society website, 27 birders participated in the first count, recording 90 species, in locales ranging from Toronto, Canada to Pacific Grove, California.

The 121st Christmas bird count was from December 14, 2020 through January 5, 2021. Audubon and other organizations use the data collected by citizen scientists “to assess the health of bird populations, and to help guide conservation action.”

Counters work in specific areas 15 miles in diameter, counting and recording the species of all the birds they see. Participants need not be experts. If they are beginners, they are assigned to a group that includes at least one experienced bird watcher. Neophytes can help spot birds and

keep count. Audubon also has a Great Backyard Bird Count on President’s Day. Residents count the birds in their backyards and communities, then enter the results online.

Dave Riensche, aka “Doc Quack,” East Bay Regional Park District’s wildlife biologist, has been a part of the annual bird count for more than 36 years. Riensche reports that during the 2019 bird count at Coyote Hills Regional Park, 88 participants identified a “whopping” 134 bird species, which is a new record. This included rare birds like Vaux’s Swift, Long-eared owl, Pacific-slope Flycatcher, American Bittern and many more. “The area including Coyote Hills ranks in the top 10 percent in the nation for the number of shorebirds,” says Riensche.

Within the region of the Ohlone Audubon circle, which encompasses Fremont and Hayward, the team set another new record of 181 bird species counted. Riensche and other park district staff and volunteers have been active in bird conservation for many years, including measures such as creating habitat for California quail (the state bird), and establishing Tern Town, a colony for California least tern at Hayward Regional Shoreline.

Park district staff members Tammy Lim and Dina Robertson comprised a team of two, counting in

Sunol Regional Wilderness and adjoining San Francisco watershed lands. Of note was a male phainopepla (flycatcher) that they have seen every year in the past five. Despite some damage to his habitat caused by the SCU Lightning Complex fires, the bird was still there. They also saw a second male in another spot, lots of acorn woodpeckers, and some golden eagles. They counted 43 species in all in their small area. Lim is a resource analyst, and Robertson is the wildland vegetation program manager.

Because of pandemic concerns, volunteer counters were generally restricted to family groups this year. But the count went on, nationwide. Elsewhere in the East Bay, there is a Central Contra Costa 15-mile circle that includes most of Mt. Diablo State Park, parts of Black Diamond Mines Regional Preserve, Concord Naval Weapons Station, and Waterbird Regional Preserve. In that circle, some 40 volunteers counted at least 161 species of birds, a 25-year high.

Riensche says that Christmas Bird Count participants contribute to one of the largest databases in history. The scientific and conservation values of the CBC grow with each winter season, especially with the bird population trends that are revealed. “On the local level, it forces us all to think about the impacts of habitat loss, sea level rise and climate change,” he said.

Logistical issues and COVID-19 concerns prompted some local chapters - Point Reyes, Oakland, San Francisco, and South Marin - to cancel their counts. Volunteers sign up for the Christmas bird count every November. However, Audubon has programs throughout the year. For more information, visit www.audubon.org.

Longtime police department worker honored

SUBMITTED BY UNION CITY PD

Officials from the Union City Police Department (UCPD) recently honored Property and Evidence Manager Lorril Fong-Jean for being selected as its 2020 Employee of the Year.

Fong-Jean has been with UCPD for more than 30 years and is recognized throughout California as one of the best in the field of Law Enforcement Property and Evidence. She was nominated and selected as the President of CAPE (California Association of Property and Evidence) and has set the standard for regional Property and Evidence needs that revolve around organizational management, professional audits, employee development and training, and property and evidence building design and development.

Having earned a Master’s Degree in Conflict Resolution and a degree in Mindfulness Based Stress Reduction, Fong-Jean also is a department trainer and expert in employee resiliency and mindfulness. She coordinates regular mindfulness and stress reduction training opportunities for department employees and provides research materials for managers and supervisors to recognize and respond to employee wellness related issues.



Lorril Fong-Jean
Credit: Union City Police Department/Facebook

History Column:

Our Historical Treasures

By PHILLIP HOLMES
ORIGINALLY RAN
NOVEMBER 12, 2013

We have lost some of our historical treasures. What happened? Where did they go?

Apparently, the oldest historical treasures in our area are fossils in the Bell gravel deposits near Irvington. Those

railroad service which in turn, was reduced by large trucks. The demand for passenger service brought trains back to our area.

A succession of airports was located in the area but were displaced when land was sold for development.

Our pioneers erected a number of charming and beautiful houses. The Bunting house on Thornton Avenue was probably the most elaborate and beautiful



Niles Depot



Courtner Seminary Croquet

remaining are buried under or divided on both sides of Interstate 680.

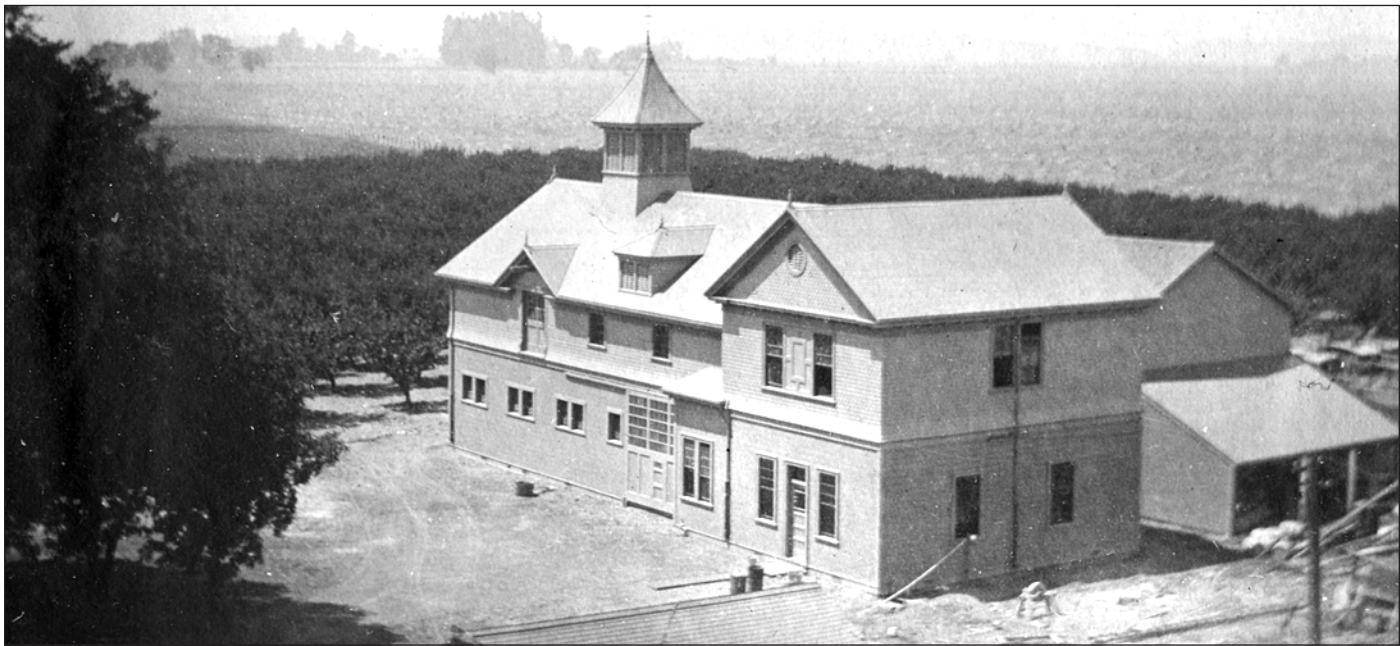
Mysterious rock walls scattered around our hillsides are very old, but we don't know their true age. Some have been pierced by roads or fences, and a few have been hauled away or moved because they were in the way or needed elsewhere.

Our next oldest treasures are Ohlone village sites. Many have been cultivated for farms, gardens, roads or building sites. They are gone, but a few have been preserved as bedrock mortar sites or parks, most notably Coyote Hills Park. The Ohlone people were forced into the mission system where many died from disease and life changes.

When the American pioneers arrived, this was a land of grass and flowers. Overgrazing and cultivation changed it to a land of mustard and new plants with cultivated fields of wheat and hay. The fields are covered by housing developments, but the mustard survives in vacant areas when given a fighting chance.

Arguably, the most prominent man-made structure of this area is our Mission, sometimes called our number one treasure.

Embarcaderos used to line our bay frontage but were gradually displaced by trains. A horse-car railroad ran from Newark to Centerville but was replaced by



Sycamore Redwood Barn

in the area; it burned down through careless management. The Crowell house in Irvington was torn down when no one came forward to preserve it. Other famous houses that were torn down include the Howard Overacker house on Peralta, the Robert Blacow mansion on Fremont Boulevard and the G. M. Walters home in Irvington. Houses saved through the efforts of private citizens, sometimes with City help, include: Patterson House at Ardenwood, Shinn House, Hervey House,

the Dusterbery Home, Gallegos House, Higuera Adobe, the Davis and W. Y. Horner houses.

Historic commercial buildings include: Carriage House, Washington Hotel and Brown Barbershop, Ehrman Store, Beard Granary, Niles Depot, Clark's Hall, Vallejo Adobe, Curtner Mansion, and Kimber Park. The Bringhurst family saved St. Joseph's Rectory and the Rix Cottage.

Curtner Seminary, Anderson Academy, International Kitchen, St. Mary of the

Palms, and the Cohen Hotel were lost to fire. The origin of the Cohen Hotel fire was very suspicious and controversial because it came in the midst of frantic efforts to save and restore it. Most of the wooden buildings in Mission San Jose were destroyed by two separate fires. Centerville and Irvington also suffered from big fires.

Vineyards once covered the slopes of Mission San Jose and Warm Springs; remains of the once famous Palmdale Winery survive near Irvington.

Additional historical treasures have been, stored, stolen or seemingly just disappeared. Fremont Kaiser Hospital employed an artist to create a picture to match the name of each building. For instance, the Ohlone picture depicts Native Americans and the Embarcadero image recreated a landing. These pictures were displayed for a while then disappeared. Someone removed them but we don't know when, how or why.



Hiram Davis House

OPINION



WILLIAM MARSHAK

Back to the Future

attention to events and decisions that lead to an ultimate result and thereby alter results. Most choices that appear at council meetings do not just suddenly appear on an agenda. Typically, they travel a path, often visible to the public, through boards or commissions tasked with sifting through details of a proposal before it is presented to ultimate decision makers. Criticism and suggestions can have a much greater impact in the formative stages of proposals rather than following extensive time and effort fashioning a finished product. Resistance to change is magnified as the process proceeds.

Just as Marty McFly traveled through time to understand why and how his present and future situation was altered by past actions, so too can we, the public, review past challenges that remain, though in a different context, today. The clamor about growth, housing, traffic, environment, wage disparity and quality of life have been muted by the prevalence of concern about the devastating impact of COVID-19. But as a plethora of vaccines become widely available, hopefully 2021 will see this threat recede. However, the same pre-COVID problems remain and need to be addressed, although probably in a different context.

How will the advent of significant telehealth, telecommute and economic measures emerge from the devastating impacts of a pandemic? Will needs and direction modify in response to changes of population pressures in the Bay Area? Some major industries have opted for growth in different geographical locations while others may adapt to more home-based

employment. Will choking traffic patterns continue to escalate or abate in response to these changes? Will new development such as the proposed Costco at NewPark Mall exacerbate existing traffic bottlenecks or enhance the viability of nearby housing? What will be the effect on regional mass transportation networks? If population pressure decreases, what happens to inequality of housing opportunities?

These are just a few of the challenges and opportunities facing new and returning administrations. It is imperative that our elected leaders and their professional staffs carefully examine and try to anticipate how these changes will affect the future of our Bay Area communities. As the clock struck midnight on December 31, 2020, a collective sigh of relief was palpable. In response to a feeling of hope for the new year, it is now time for all of us to renew commitments to collective vigilance that will guide, aid and support all aspects of families, friends and neighbors.

As Doc Brown says in a parting message to Marty and (wife) Lorraine, "Your future is whatever you make it, so make it a good one."

William Marshak
PUBLISHER

Dictionary.com picks 'pandemic' as its 2020 word of the year

BY LEANNE ITALIE, ASSOCIATED PRESS

China reported a cluster of pneumonia cases of unknown origin to the World Health Organization. By Jan. 31, WHO declared an outbreak of a novel coronavirus a global health emergency. Come March 11, the world was facing down the COVID-19 pandemic.

Parents sat children down to explain what a pandemic is. Related terms usually restricted to medicine and science stormed into everyday conversation. Over time, we were pandemic baking and pandemic dating and rescuing pandemic puppies from shelters.

All of which led Dictionary.com on Monday to declare "pandemic" its 2020 word of the year.

Searches on the site for the word spiked more than 13,500% on March 11, senior research editor John Kelly told The Associated Press in an interview ahead of the announcement.

"That's massive, but even more telling is how high it has sustained significant search volumes throughout the entire year. Month over month, it was over 1,000% higher than usual. For about half the year, it was in the top 10% of all our lookups."

Another dictionary, Merriam-Webster, also selected pandemic as its word of the year earlier Monday.

Kelly said pandemic beat out routine lookups usually intended to sort more mundane matters, such as the differences between "to, two and too."

"That's significant," Kelly emphasized. "It seems maybe a little bit obvious, and that's fair to say, but think about life before the pandemic. Things like pandemic fashion would have made no sense. The pandemic as an event created a new language for a new normal."

Lexicographers often factor out routine lookups when evaluating word trends.

The pandemic, Kelly said, made us all worthy of watercooler chatter with Dr. Anthony Fauci as our knowledge grew about aerosols, contact tracing, social distancing and herd immunity, along with the intricacies of therapeutic drugs, tests and vaccines that can help save lives.

"These were all part of a new shared vocabulary we needed to stay safe and informed. It's incredible," said Kelly, who works with a team of lexicographers to come up with words of the year based primarily on site traffic.

Asymptomatic, furlough, non-essential, hydroxychloroquine and a host of other pandemic-related words saw massive increases in lookups as well.

Jennifer Steeves-Kiss, chief executive officer of Dictionary.com, said one key ingredient in the hunt for the site's word of the year is sustained interest over time. Pandemic met that standard.

"This has affected families, our work, the economy," she said. "It really became the logical choice. It's become the context through which we've had dialogue all through 2020. It's the through line for discourse."

The word pandemic has roots in Latin and the Greek pandemios, meaning "common, public." Breaking it down further, "pan" means "all" and "demos" means "people." As evidenced in a medical text by a Dutch-born physician, Gideon Harvey, pandemic entered English in the 1660s in the medical sense, Kelly said. He noted that "demos" is also the basis for the word democracy.

A pandemic is defined by Dictionary.com as a disease "prevalent throughout an entire country, continent, or the whole world; epidemic over a large area." Its broader sense, as evidenced in its roots, can be used thusly: "A pandemic fear of atomic war."

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Thank you for all the support this year.
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City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:00 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

California's Next United States Senator



SUBMITTED BY GOVERNOR'S PRESS OFFICE

Governor Gavin Newsom has selected California Secretary of State Alex Padilla to be California's next United States Senator, filling the term being vacated by Vice President-elect Kamala Harris. Padilla, who is a national leader in the fight to expand voting rights, will become the first Latino to represent California in the United States Senate. Padilla also served as chairman of California Complete Count Committee, where he led efforts to reach hard to count communities and worked with community-based organizations to secure a safe and fair census count.

"I am honored and humbled by the trust placed in me by Governor Newsom, and I intend to work each and every day to honor that trust and deliver for all Californians," said Padilla. "From those struggling to make ends meet to the small businesses fighting to keep their doors open to the health care workers looking for relief, please know that I am going to the Senate to fight for you. We will get through this pandemic together and rebuild our economy in a way that doesn't leave working families behind."

Homekey acquisition phase finishes on-time and under budget

SUBMITTED BY GOVERNOR'S PRESS OFFICE

On December 29, California Governor Gavin Newsom has announced that all 94 Homekey projects have closed escrow, buildings that will provide 6,029 critically needed housing units for people experiencing homelessness throughout California.

A total of \$750 million in federal Coronavirus Relief Fund has been allocated to 51 applicants for the 94 projects. These critical investments enable this high-risk population to follow public health guidance to slow the spread of COVID-19, using innovative approaches, such as converting temporary non-congregate housing, including hotels, motels, vacant apartment buildings and other properties, into permanent long-term housing for people experiencing or at risk of experiencing homelessness.

In addition, \$96 million in operating supports – a combination of state funds and philanthropic investment – has also been fully awarded. In total, Homekey utilized \$846 million to rapidly purchase and subsidize these 6,029 units in less than six months from start to finish.

“In a matter of months and in the midst of a pandemic, we did what many said was impossible – California created over 6,000 new units, on-time and under budget, helping thousands of homeless Californians move out of cars and tents and into permanent housing,” said Newsom. “Homekey is possible because of federal support to slow the spread of COVID-19 and partnership from the Legislature and local leaders who didn't settle for excuses and instead got to work to do something historic.”

Ohlone College Board of Trustees

December 16, 2020

Ceremonial item:

- Swearing in of new and re-elected trustees: Greg Bonaccorsi, Lance Kwan and Rakesh Sharma.

Items submitted for information:

- Learning College Week/State of the College Schedule.
- Ohlone Community College District and Service Employees International Union (SEIU) joint session proposal for successor contract duration: 2020-2023.
- Reviewed and accepted First Quarter 2020-2021 Financial Report and related budget changes.

Items submitted for discussion:

- First reading policies: Board Proclamations, Evaluation of the President/Superintendent, Nondiscrimination, Prohibition of Harassment, Child Abuse Reporting, Withholding of Student Records.
- Technology Master Plan (First reading).

Consent Agenda:

- Approved November 2020 payroll warrants
- Approved of various personnel actions.
- Approved two non-renewal employment contracts

Richard Watters, Chair
Greg Bonaccorsi
Suzanne Lee Chan
Jan Giovannini-Hill
Vivien Larsen
Lance Kwan
Dr. Rakesh Sharma
Megan Aves, Student Member

New regulations to streamline financing of low-income housing

SUBMITTED BY MARK DESIO

State Treasurer Fiona Ma announced that California Debt Limit Allocation Committee (CDLAC) and California Tax Credit Allocation Committee have both adopted regulations to streamline the process for financing low-income housing. This step will create greater alignment with the Newsom Administration's housing goals in the process for financing low-income housing with the use of tax credits and tax-exempt bonds.

The new CDLAC regulations will include sections for geographic sectors as well as improved regulations to address housing for the homeless. In addition, CDLAC allocated about \$563 million of tax-exempt bonds to 20 housing projects for low-income people. The bonds will help finance 17 housing projects for new construction and three projects to preserve current projects that are aging. The housing, located throughout California, will serve seniors, large families, and those with disabilities.

“This is a big step forward for financing low-income housing,” said Ma. “A more efficient, streamlined process is just what we need to help alleviate the low-income housing shortage.”

The new regulations focus on cost containment and public benefit through the prioritization of homeless and extremely low-income/very low-income housing policy objectives; create a new scoring model that prioritizes housing projects that affirmatively further fair housing – taking meaningful actions that overcome patterns of segregation and foster inclusive communities free from barriers that restrict access to opportunity; remove barriers of entry and create a new pool for developers who are Black, Indigenous or People of Color; and prioritize financing for affordable, shovel-ready new construction and preservation projects.

San Leandro City Council
December 15, 2020

Certificate of Election/Oath of Office to New Members:

- Council member-elect, District 2: Bryan Azevedo
- Council member-elect, District 4: Fred Simon
- Council member-elect, District 6: Pete Ballew

Mayor Pauline Russo
Cutter Aye
Pete Ballew Aye
Victor Aguilar, Jr. Aye
Bryan Azevedo Aye
Fred Simon Aye
Deborah Cox Aye
Corina Lopez Aye

PG&E offers customer protections, financial-assistance programs

SUBMITTED BY TAMAR SARKISSIAN

As COVID-19 cases rise throughout the state, the Pacific Gas and Electric Company (PG&E) continues to offer support in numerous ways for customers navigating the unprecedented pandemic.

Actions to Protect Customers

PG&E intends on maintaining the following customer protections through April 16, 2021:

- Moratorium on service disconnections for non-payment for residential and small commercial customers
- Post-enrollment verification and re-enrollment requirements have been suspended for the California Alternate Rates for Energy Program (CARE) and Family Electric Rate Assistance (FERA) Program (FERA)
- Security deposits are being waived for small commercial customers (residential customers are not required to submit security deposits)
- Participants on the Medical Baseline program, which offers customers with qualifying medical conditions a lower monthly rate on energy bills, are not being asked to re-certify through a doctor or other eligible medical professionals for up to one year
- **Energy Saving Resources and Financial Assistance Programs**
To take advantage of additional programs, tools and savings opportunities, PG&E recommends customers become more familiar with the following:
 - Separate from CARE, income-qualified households with three or more persons can apply for the FERA at www.pge.com/FERA for an 18 percent discount on their electric bill.
 - Relief for Energy Assistance through Community Help (REACH) provides income-qualified customers with financial assistance during times of hardship. Customers impacted by COVID-19 will be provided with up to an additional \$100 in bill payment assistance through April 16, 2021. The program is funded by PG&E through tax-deductible contributions from customers and employees. For details, visit www.pge.com and search under the “Save energy & money” and “help paying your bill” tabs.
 - The federally funded Low-Income Home Energy Assistance Program (LIHEAP) provides financial assistance to help offset eligible household energy costs, including heating, cooling, and home weatherization expenses. To learn more, dial 211 or (866) 675-6623.

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Carolina F. Navarro
Resident of Fremont
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Fremont Chapel of the Roses

Ann Jamison
Resident of Fremont
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Fremont Chapel of the Roses

Sally (Maria Del Socorro) Ramirez
Resident of Fremont
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LETTERS POLICY

The Tri-City Voice welcomes letters to the editor.

Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Resident of Fremont
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Resident of Fremont
December 20, 1945 – December 25, 2020

Yakov Adesman
Resident of Fremont
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Chester Huang
Resident of Fremont
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Sivakumaran Durairaj
Resident of Belmont
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Resident of San Ramon
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Resident of Pleasanton
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Resident of Danville
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Resident of Fremont
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Seiji Nakamoto
Resident of Fremont
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Ryan Averilla
Resident of Sacramento
November 25, 1994 – December 18, 2020

Fern Van Sickle
Resident of Castro Valley
September 28, 1918 -December 18, 2020

Dorothy DeBose
Resident of Oakland
November 30, 1941 – December 17, 2020

Aaron Langenbach
Resident of San Leandro
March 16, 1976 – December 17, 2020

Charlene Black
Resident of Fremont
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Stephen Nelson
Resident of Pleasanton
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Resident of Newark
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Violeta Mielich
Resident of Newark
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Runxian Huang
Resident of Fremont
June 12, 1958 – December 13, 2020

Shankar Banerjee
Resident of Fremont
September 27, 1960 – December 12, 2020

Bette Barrett
Resident of Fremont
October 8, 1938 – December 11, 2020

Carlos Goulart
Resident of Fremont
January 5, 1962 – December 11, 2020

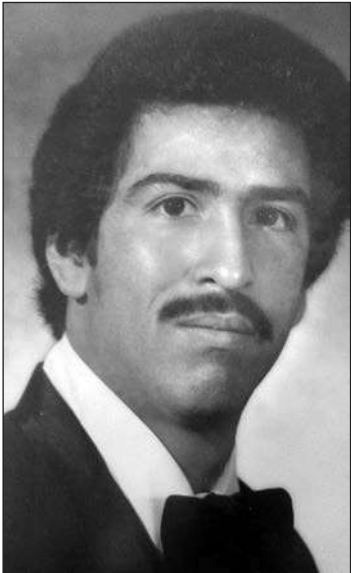
Josefina Nunez-Florencio
Resident of Newark
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Diep Hoang Phan
Resident of Fremont
November 5, 1957 – December 10, 2020

Haranatha Kancherlapalli
Resident of San Jose
February 7, 1935 – December 6, 2929

Oscar Jaime Iniguez

August 23, 1963 - December 12, 2020



parents Javier and Josefina Iniguez in heaven. He is survived by a sister Patricia Caracol and his brothers, Javier Iniguez Jr. and Jose A. Iniguez. Nephews G. Paul Caracol jr., Jesse and Owen Iniguez. Nieces Andrea A. Caracol, Elysa and Taiya Iniguez and 5 Grand Nephews, as well as his dear friend Della Estrada. Plus many extended family members and friends. Oscar worked for the State Of California as a Toll Collector for 28 years, he was loved by everybody Family, friends bosses, co-workers, anybody who knew him. Oscar was known to be a good man, with a big heart always extending a hand to help others. He was an avid S.F. Giants and Raiders fan. Oscar will be very much missed but never forgotten.

Ruby Lee Giddings

Resident of Fremont

January 30, 1925 – December 19, 2020

Ruby Lee Giddings passed away peacefully in Fremont, California on Dec. 19, 2020. She was a devoted wife, mother and grandmother, who always put her family’s needs above her own.

Ruby was born in Adair, Oklahoma on Jan. 30, 1925 to mother Maude Hamilton and father Rex Norton. Ruby moved to California in her youth and found her home here. She worked as a telephone operator, until she became a mother to her daughter Diana.

She married her husband Glen Giddings in 1957 and lived in Livermore with him for more than 50 years. Ruby was Glen’s sole caretaker as his Alzheimer’s diagnosis progressed.

In her spare time she loved to play bridge, watch soap operas, and cook. She strongly believed a glass of wine with dinner each night helped her longevity.

She was predeceased by husband Glen, daughter Diana,



mother Maude, brother Pete and grandson Matthew.

She is survived by her grandson Logan McCoy and his wife Cristina McCoy along with her great-granddaughter Naomi McCoy. She is also survived by her step-daughter Danna Ortman and niece Toni Stanley.

In lieu of flowers please send any memorial contributions to the Alzheimer's Foundation of America.

Fremont Chapel of the Roses
510-797-1900

David Manrique



him busy after retirement: a volunteer at the Newark Police Department; member of the 35th Infantry Cacti Association; member of the Irish Setter Club of the Pacific; Monday morning breakfast at Dino’s with local veterans; and Thursday afternoon drinks (“therapy”) with his fellow retirees in the neighborhood. David was a social butterfly and touched the lives of many, leaving a lasting impression on every one he met.

Nothing was more important to David than his family. He is survived by his wife Pat of 50 years; their three children: Lisa Hennings (Kalin), Jill Smith, and Darryl (Richelle); sister Anita Baker; brothers Max and Chris; five grandchildren: Mason, Colby, Brody, Makenna, Riley, and a sixth, a grandson due to arrive in June; brother in law, David Conley (married to Sandy); many nieces, nephews, and cousins; and his big red dog, Ricky.

A celebration of life will be planned to honor David in the summer (contingent on safety guidelines at that time). Donations can be made in his name to the Vietnam Veterans of America, 35th Infantry Cacti Association, or Tunnels to Towers.

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Marie Matthews

Dec 25, 1924 - Dec 11, 2020

Marie Kinnon Matthews died on December 12th, two weeks shy of her 96th birthday. Born in Philadelphia on Christmas day of 1924, she was the first of her Scottish immigrant family born in the U.S. One of seven children, she moved with her family to Hollywood in 1938. She eventually went to work at Warner Brothers Studio in the wardrobe department. She married Winfred Matthews in 1959, and five years later relocated to Fremont where he worked for Southern Pacific Railroad.

In Fremont, Marie volunteered as a reading tutor in the school district and a host at Olive Hyde Art Gallery. She soon joined the Fremont Symphony Guild where she remained an active member for decades. She was a founding member of Fremont Theatrical Association, producing family musicals including performing in Fremont's sister city Fukaya, Japan. Her dedication to the arts never waned. She entertained everyone



who knew her with stories of her Hollywood days.

She was predeceased by her husband, Fred in 2000. She is survived by her son, Dan Matthews of Fremont and many nephews, nieces, and generations of their families. There will be a private ceremony at Chapel of the Chimes in Hayward on January 8th. In lieu of flowers please consider donating to the Hearing Loss Association of America or The Fremont Symphony Guild.

Bette Barrett



Bette Barrett passed away Friday December 11th. Bette was born in Albany California and grew up in Walnut Creek. She married James Barrett in 1967 and lived in Fremont for over 52 years. Bette was predeceased by her husband James Barrett, a History teacher at Hopkins

Junior High and active member of Holy Spirit Church.

She was involved with PTA, zroom mother at Mattos Elementary School, dance classes and recitals, den mother for Cub Scouts, Boy Scouts, team mother for her three children and helped with swim meets. After her children moved away for school she went back to substitute teaching and then back to teaching full time in Fremont. She played bridge in a neighborhood group. After retiring from teaching Bette was an active member of California Retired Teachers' Association #91 where she attended luncheon meetings and helped coordinate and send the member newsletters.

Bette leaves behind three children (Michael, John and Linda), loving sister in law, brother in law, nieces, nephews, grandchildren and great grandchildren, many good friends and neighbors in the Glenmoor area. A memorial will be organized to celebrate Bette's life sometime this summer/fall.

Doughnut shop visit inspires judge to write children's book

AP WIRE SERVICE
By LORI PILGER
LINCOLN JOURNAL STAR

Inspiration struck, as it sometimes does, at a Lincoln doughnut shop, the aroma of warm sugar heavy in the air.

Rob Otte, a district court judge in Lincoln, said the stop at Dunkin' on Old Cheney Road with his five grandkids and their dads led him to write a children's book, "Lily Discovers People are Like Donuts," which hit Amazon's online bookshelf at the end of October.

"I just noticed at the time that the grandkids are so different in so many different ways," he said.

And when they ordered, each chose something different.

"Literally, it was born at that minute," Otte told the Lincoln Journal Star.

Her brothers, who made an appearance in the book, didn't even mind being called monster doughnuts.

Carey Goddard, a freelance graphic designer and illustrator in Lincoln, said when Otte approached her with the idea,

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SOCIAL SECURITY MATTERS

Ask Rusty - No Simple Answer to "When to Claim Benefits?"

By CERTIFIED SOCIAL SECURITY ADVISOR
RUSSELL GLOOR
ASSOCIATION OF MATURE AMERICAN CITIZENS

Dear Rusty: I'm almost 59 and hope to retire from working soon. Should I take Social Security as soon as possible, or wait for the maximum amount?

Signed: Planning Ahead

Dear Planning Ahead: I'm afraid there's no simple answer to your question, except "it depends." It depends on your health; it depends on your need for the money when you retire; and it depends on your life expectancy. Plus, your marital status may also influence your decision on when to claim.

First of all, you cannot claim your Social Security retirement benefit until you are at least 62 years old. But if you claim at 62 your benefit will be cut by 30 percent from what it would be if you waited until your full retirement age (67). You actually have an eight-year window starting at age 62 and lasting until age 70 to claim your Social Security benefit. The earlier in that window you claim, the smaller your benefit will be. And the longer you wait to claim (up to age 70), the higher your benefit will be.

At age 70, your benefit will reach maximum at 24 percent more than it would be at age 67, and 76 percent more than it will be at age 62.

Essentially, if you are in good health, don't urgently need the money earlier, and expect to enjoy at least "average" longevity (about 85 for a man your age today), you will not only get a much higher monthly benefit, but also collect much more in cumulative lifetime benefits by waiting until age 70 (or as long as you can) to claim. Of course, no one knows how long they will live, but there are online tools, which can assist you with estimating your life expectancy. One relatively simple and user-friendly tool is available from Social Security at www.ssa.gov/oact/population/longevity.html.

Conversely, if you are not in good health and don't expect at least average longevity, or if you urgently need the money when you retire from working, claiming earlier may also be a prudent choice. If you are married and you predecease your wife, her survivor benefit will be based upon the benefit amount you are actually receiving, so by waiting to get a higher benefit for yourself you are also enhancing your wife's eventual benefit as your widow, should you pass before her.

Be aware too that, should you decide to go back to work, until you reach age 67, you'll be subject to Social Security's "earnings test" which limits how much you can earn before Social Security takes back some of your benefits (the 2021 limit is \$18,960 and if that were exceeded, they'd take back benefits equal to half of the amount it was exceeded by). The earnings limit changes annually but goes away at your full retirement age.

So, these are the things you should consider in deciding when in that eight-year window to claim your benefits. I cannot directly answer your question for you, but I hope the above gives you what's needed to make an informed decision on when to claim your Social Security benefits.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

she decided to go for it. In mid-May, she lost her longtime job due to the pandemic and had to start rethinking things.

"There always was that itch to do something else, something that really sparked my passion again," she said.

Goddard grew up drawing her own comics, keeping a sketchbook and putting together her own stories, and always had wanted to try illustrating a children's book.

"It's a whole different thing when you're putting together stories for somebody else," she said.

Goddard said Otte gave her a lot of creative rein. She sketched the characters in pencil, then went over them with ink and scanned them in so she could add the color digitally on her laptop.

Until a few weeks ago, they still were tweaking words and making changes, adding a friend in a wheelchair inspired after seeing a boy on a wheelchair path at a city playground.

Otte and Lily both said they liked how it turned out.

"The art is not only spectacular, but it's all Carey,"

Otte said. While it says on the copyright page that the names and characters are all products of his imagination, "Lily is the real Lily," he said, referring to his granddaughter, Lily Salem.

He enlisted her help on the story, which celebrates diversity – of doughnuts and people – imagining if people were doughnuts what kind they might be.

"I think it's cool," said Lily, a Lincoln fourth grader who loves reading, especially chapter books. "I haven't really been the inspiration of anything before that has been out in the world. So this is real exciting for me and my family."

Lily said she thought she was going to look cartoonish, but the book version of Lily ended up looking more like her than she expected. Except maybe the hair, which looks a little different than hers.

Lily said, just like in the book, she thinks that everyone is different and that we should respect that.

"Life would be boring and flavorless if everyone was the same, and there were no different

types of doughnuts. It'd be the same everyday," she said.

Otte said he liked the story and its undercurrent message of diversity, but it was more about showing the grandkids that they can do something different than they usually would and learn something new.

With extra time at home over the summer due to the pandemic, he said he had time to make a better connection with Lily, working on something real and tangible.

"I never thought of myself as an author, but I like challenging the grandkids to think, 'Hey, I can do that,'" Otte said.

It seems to have worked. Lily said she already has started thinking up new adventures for the book version of herself to go on. Maybe she'll explore Florida next with her cousin, Poppy, or visit the farm. She hasn't yet decided.

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Newark Police Log

SUBMITTED BY NEWARK PD

Thursday, December 10

• At 3:08 a.m. Officer Damewood met and arrested a 34-year-old Oakland man in the 5000 block of Cedar Court on a felony warrant and possession of a controlled substance. The man was booked at Fremont Jail.

Tuesday, December 15

• At 8:43 a.m. Officer Hernandez investigated a stolen 1994 Acura in the 5000 block of

Tenaya Ave. The vehicle was recovered in Oakland on December 19.

Thursday, December 17

• At 9:00 p.m. Officer Frentescu investigated a hit-and-run vehicle collision in the area of Cherry Street and Auburn Avenue. The suspect vehicle was located nearby. Officers arrested a 37-year-old Newark man on suspicion of DUI and hit-and-run. The man was booked at Fremont Jail.

Saturday, December 19

• At 12:53 a.m. officers responded to a report of a disturbance in the 5000 block of Cedar Court. Upon arrival officers met and arrested a 26-year-old

Fremont woman on an outstanding warrant. She was cited and released.

• At 9:19 p.m. Community Service Officer Lau responded to a report of a stalled vehicle in the intersection at Jarvis Avenue and Newark Boulevard. Upon arrival Lau saw the vehicle start to swerve and eventually drive on the wrong side of the road. Patrol officers responded and stopped the vehicle. Officer Fredstrom arrested a 43-year-old Union City woman on suspicion of DUI and driving a vehicle without an ignition interlock device. The woman was booked at Fremont Jail.

Thursday, December 24

• At 3:03 a.m. officers responded to a report of suspicious activity in the 5000 block of Salisbury Drive. Before officers arrived, the suspect vehicle fled the scene. Officer Slavazza confirmed a burglary to a locked trailer had occurred; the incident is under investigation.

• 12:45 p.m. officers responded to a report of a train and vehicle collision at Stevenson Boulevard and the railroad tracks. No major injuries were reported.

Saturday, December 26

• At 4:59 p.m. officers responded theft report in the 200 block of NewPark Mall Road.

The loss was \$1,500 worth of merchandise. The incident is being investigated by Officer Kapu.

Sunday, December 27

• At 7:18 a.m. Officer Kapu responded to a report of a vehicle collision in the area of Broadway Avenue and Cherry Street. Upon arrival, Kapu met and arrested a 23-year-old Hayward man on uspicion of DUI. The man was booked at Fremont Jail.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Wednesday, December 22

• Officers responded to a report of an assault inside an abandoned factory on Shinn Street. A male victim was assaulted by an unknown man with a metal pipe. The victim was taken to a hospital for medical treatment. An investigation is continuing.

Thursday, December 23

• Officers responded to a carjacking report on Beard Road and Mello Way. The victim was making an Amazon delivery on Beard Road when an unknown man jumped into his driver's seat and began to drive off. The victim ran after the vehicle yelling until the suspect stopped the truck. The suspect appeared to reach for what the victim thought was a gun; no gun was seen. The victim stopped chasing the truck and the suspect fled.

The vehicle was later located abandoned at Union Square in Union City.

Saturday, December 26

• Officers responded to a robbery report at the CVS store in the Fremont Hub shopping center. Three suspects entered the store and began to steal items. When confronted by an employee one of the suspects punched the employee in the face.

Tuesday, December 29

• At 6:13 a.m. officers responded to a report of a battery on the 42000 block of Osgood Road. Upon arrival, blood was found at the scene and local hospitals were notified. At 6:24 a.m. a male arrived at a local hospital with multiple stab wounds and was taken to a trauma center. He was initially reported in stable condition with non-life-threatening wounds. At 7:20 a.m., another male arrived at the hospital with non-life-threatening injuries. It was determined this male was involved in the altercation. Police believe no others were involved in this incident. Detectives from the Investigations Unit took over the investigation.

Alameda County Fire Department Log

SUBMITTED BY ACFD

Wednesday, December 30

• At 6:51 p.m. firefighters responded to a report about an overturned box truck leaking fuel on Hesperian Boulevard underneath I-880 near Hayward. One person was extracted from a vehicle with minor injuries and taken to a hospital for treatment. Cal Trans and a tow truck also responded to the incident. The roadway was temporarily closed for cleaning.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Sunday, December 27

• At 8:18 p.m. a man identified by police as Ryan Arlington Clark, 40, of Fresno, was arrested at the Bay Fair station in San Leandro on an outstanding warrant for parole violation. He was booked into Santa Rita Jail and issued a prohibition order.

Monday, December 28

• At 7:51 p.m. a man identified by police as Victor Aleso, 27, of Oakland was arrested at the Hayward station on an outside agency warrant. He was booked at Santa Rita Jail.

Tuesday, December 29

• At 6:42 p.m. a man identified by police as Quinton Allen, 30, of San Leandro was arrested at the Bay Fair station in San Leandro on an outside agency warrant. He was booked at Santa Rita Jail.
• At 7:17 p.m. a man identified by police as Gregory Soto, 50, of Hayward was arrested at the Hayward station on suspicion of public intoxication and an outside agency warrant for public intoxication. He was booked at Santa Rita Jail.

California court: Sex offenders can qualify for early parole

BY DON THOMPSON
ASSOCIATED PRESS

The California Supreme Court ruled Monday that inmates who have been convicted of nonviolent sex crimes may be eligible for early parole consideration as part of a ballot measure that nearly two-thirds of voters approved of four years ago.

“The initiative's language provides no indication that the voters intended to allow the (Corrections) Department to create a wholesale exclusion from parole consideration based on an inmate's sex offense convictions when the inmate was convicted of a nonviolent felony,” wrote Chief Justice Tani Cantil-Sakauye in the unanimous decision.

Former Gov. Jerry Brown, who championed the 2014 initiative as a way to reduce prison populations and costs by speeding up chances for parole, has repeatedly said he and other proponents never intended for it to cover sex offenders.

But lower appeals courts ruled that the plain language of the

initiative means they cannot be excluded from consideration as nonviolent offenders, and the high court agreed.

The ballot measure, the justices ruled, “is not ambiguous concerning its scope regarding offenders who were previously convicted of a registerable sex offense or who are currently convicted of a registerable sex offense that the Department has itself defined as nonviolent.”

Under California law, violent offenses include things like rape, sodomy and continuous sexual abuse of a child. But the definition leaves out many other offenses, like pimping, incest, indecent exposure and possessing child pornography.

The ruling could allow parole consideration for about 20,000 inmates, said Sacramento attorney Janice Bellucci, who argued the case and also is executive director of the Alliance for Constitutional Sex Offense Laws. About half are now serving time for sex crimes while the other half are in prison for some other offense like burglary or

drugs but were previously convicted of a sex crime.

But the court put the number much lower, based on the state corrections department's earlier figures. While about 22,400 inmates were required to register for a sex offense based on a current or prior conviction, more than 18,000 were serving time for a violent offense. That left about 4,400 inmates.

Bellucci didn't disagree with the lower figure but said it's unclear how corrections officials will rewrite their regulations based on the high court's ruling. Sometimes they have argued that all sex offenders are by definition violent, while other times they have used the narrow definition in state law, she said.

She called the ruling “a significant victory” for inmates convicted of sex offenses.

Corrections department spokeswoman Dana Simas echoed the high court's emphasis that the decision does not necessarily mean sex offenders will be paroled.

Parole boards can still choose

not to allow individual earlier releases, which the justices said leaves corrections officials “with ample room to protect public safety” without the broad prohibition the corrections department had argued was needed for sex offenders.

“The Board of Parole Hearings may consider an inmate's prior or current sex offense convictions when evaluating the inmate's suitability for parole,” the justices said, but it may not deny “even the mere possibility of parole to an entire category” of inmates.

The ruling, Simas said, “will have no impact on the existing exclusion of individuals convicted of violent felony sex offenses from this parole process.”

The justices had stayed eight other related cases while it considered Monday's ruling.

The ballot measure allows officials to consider paroling inmates convicted of nonviolent crimes after they have served their basic sentence and before they have completed sometimes lengthy additional terms for enhancements for things like using a gun, having prior criminal convictions, or being involved in a street gang.

The high court thus ruled “that nonviolent offender parole eligibility must be based on an inmate's current conviction” and offenders cannot be excluded from consideration for what the state deems a nonviolent sex offense.



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FAW Writers Salon 4th Monday of the Month Zoom Mtg 7:00-9:00 PM Contact Tony for link up.dragonfly.com@gmail.com Read, discuss or just listen Fiction, Non-Fiction, Poetry, Etc. cwc-fremontareawriters.org EVERYONE IS WELCOME!	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Sat. of the month (off July & Dec) 2-4PM Great speakers! * All genres! *Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Mon of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org			A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227
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Risks of Carbon Monoxide

SUBMITTED BY TAMAR SARKISSIAN

With winter months upon us and many people still sheltering, working, and schooling from home due to the ongoing pandemic, Pacific Gas and Electric Company (PG&E) is reminding customers to protect themselves against the dangers of carbon monoxide.

According to the Center for Disease Control, every year in the U.S. at least 430 people die from accidental carbon monoxide poisoning and approximately 50,000 people will be sent to the hospital. Carbon monoxide is especially dangerous because it is odorless and cannot be seen, and all California homes are required to have carbon monoxide detectors. Customers can take these steps to protect their homes and their families:

- Carbon monoxide can be emitted from improperly functioning gas appliances, particularly those used for heating and cooking.

- Carbon monoxide detectors should be installed on every floor, near sleeping areas, and common areas. These devices should be tested twice a year, and batteries replaced if necessary.
 - Check the date that the detector was manufactured. The sensors in most carbon monoxide detectors have a useful life of five to 10 years.
 - Most detectors have an audible signal, usually a series of chirps, which differs from the alarm to indicate low battery, malfunction, or device end of life. Refer to the owner's manual or the instructions on the back of the detector for more information.
- Gas Safety Tips**
- Never use products inside the home that generate dangerous levels of carbon monoxide, such as generators, outdoor grills, or propane heaters.
 - Never use cooking devices such as ovens or stoves for home heating purposes.

- Never cover the bottom tray inside an oven with foil or an aftermarket liner.
 - When using the fireplace to stay warm, make sure the flue is open so venting can occur safely through the chimney.
 - Make sure water heaters and other natural gas appliances have proper ventilation.
- If you suspect carbon monoxide in your home, or if you smell the distinctive “rotten egg” odor of natural gas in or around their home or business, you should immediately evacuate and then call 911 and PG&E at 1-800-743-5000. For more gas safety tips, visit www.pge.com/en_US/safety/gas-safety/gas-safety-tips.page.

New US dietary guidelines: No candy, cake for kids under 2

BY CARLA K. JOHNSON
AP MEDICAL WRITER

Parents now have an extra reason to say no to candy, cake and ice cream for young children. The first U.S. government dietary guidelines for infants and toddlers, released Tuesday, recommend feeding only breast milk for at least six months and no added sugar for children under age 2.

“It’s never too early to start,” said Barbara Schneeman, a nutritionist at University of California, Davis. “You have to make every bite count in those early years.”

The guidelines stop short of two key recommendations from scientists advising the government. Those advisers said in July that everyone should limit their added sugar intake to less than 6% of calories and men should limit alcohol to one drink per day.

Instead, the guidelines stick with previous advice: limit added sugar to less than 10% of calories per day after age 2. And men should limit alcohol to no more than two drinks per day, twice as much as advised for women.

“I don't think we're finished with alcohol,” said Schneeman, who chaired a committee advising the government on the guidelines. “There’s more we need to learn.”

The dietary guidelines are issued every five years by the Agriculture Department and the Department of Health and Human Services. The government uses them to set standards for school lunches and other programs. Some highlights:

INFANTS, TODDLERS AND MOMS

Babies should have only breast milk at least until they reach 6 months, the guidelines say. If breast milk isn't available, they should get iron-fortified infant formula during the first year. Babies should get supplemental vitamin D beginning soon after birth.

Babies can start eating other food at about 6 months and should be introduced to potential allergenic foods along with other foods.

“Introducing peanut-containing foods in the first year reduces the risk that an infant will develop a food allergy to peanuts,” the guidelines say.

There's more advice than in prior guidelines for pregnant and breastfeeding women. To promote healthy brain development in their babies, these women should eat 8 to 12 ounces of seafood per week. They should be sure to choose fish – such as cod, salmon, sardines and tilapia – with lower levels of mercury, which can harm children's nervous systems.

Pregnant women should not drink alcohol, according to the guidelines, and breastfeeding women should be cautious. Caffeine in modest amounts appears safe and women can discuss that with their doctors.

WHAT'S ON YOUR PLATE?

Most Americans fall short of following the best advice on nutrition, contributing to obesity, heart disease and diabetes. Much of the new advice sounds familiar: Load your plate with fruits and vegetables, and cut back on sweets, saturated fats and sodium.

The guidelines suggest making small changes that add up: Substitute plain shredded wheat for frosted cereal. Choose

low-sodium canned black beans. Drink sparkling water instead of soda.

There's an app to help people follow the guidelines available through the government's My Plate website.

READ LABELS

The biggest sources of added sugars in the typical U.S. diet are soda and other sugar-sweetened beverages, desserts, snacks, candy and sweetened coffee and tea. These foods contribute very little nutrition, so the guidelines advise limits.

There's information on added sugar on the “Nutrition Facts” label on packaged foods. Information on saturated fats and sodium is on the label too.

—

Associated Press writer Marion Renault in Rochester, Minnesota, contributed. The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG20083497
Superior Court of California, County of ALAMEDA
Petition of: NALLELY CAMPOS for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner NALLELY CAMPOS filed a petition with this court for a decree changing names as follows: EMMA ROSA CAMPOS to NALLELY CAMPOS.

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 2/26/2021, Time: 11AM, Dept.: 17, Room: ---
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE

Date: DEC 22, 2020
JUDGE DESAUTELS
Judge of the Superior Court
1/5, 1/12, 1/19, 1/26/21

CNS-3428524#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG20082444
Superior Court of California, County of ALAMEDA
Petition of: MARY LOUISE SERNA for Change of Name
TO ALL INTERESTED PERSONS:

Petitioner filed a petition with this court for a decree changing names as follows: MARY LOUISE SERNA to MARY LOUISE MORALES

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 1/29/2021, Time: 11AM, Dept.: 17, Room: ---
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE

Date: NOV 25, 2020
JUDGE DESAUTELS
Judge of the Superior Court
12/29/20, 1/5, 1/12, 1/19/21

CNS-3427612#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG20081997
Superior Court of California, County of ALAMEDA
Petition of: BARROW KWAN for Change of Name
TO ALL INTERESTED PERSONS:

Petitioner BARROW KWAN filed a petition with this court for a decree changing names as follows: BARROW KWAN to BARROW HON KAI KWAN

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 1/22/21, Time: 11AM, Dept.: 17, Room: ---
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE

Date: DEC 02, 2020
JUDGE OF THE SUPERIOR COURT
12/29/20, 1/5, 1/12, 1/19/21

CNS-3426591#

SUMMONS

(CITACION JUDICIAL)

CASE NUMBER (Número del Caso):
HG19040366

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): ADAN RIOS ZURITA, AN INDIVIDUAL DOB 02-10-1967
YOU ARE BEING SUED BY PLAINTIFF (LO ESTA DEMANDANDO EL DEMANDANTE): MENA FEKRY DAWOOD, AN INDIVIDUAL

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. You cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for unpaid wages, money, and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a retener las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desahcer el caso.

The name and address of the court is (El nombre y dirección de la corte es): SUPERIOR COURT OF COUNTY OF ALAMEDA, 39439 PASEO PADRE PARKWAY, FREMONT, CA 94538
The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): STEVEN DOUGLAS BARIO, ESQ., 5BN200066, SWEET LAWYERS, LLP, 4590 MACARTHUR BLVD SUITE 650,

NEWPORT BEACH, CA 92660, 800-298-4894
DATE (Fecha): OCTOBER 23, 2019
CHAUD FINKE, Clerk (Secretario), by MOLLY KHAUTZ, Deputy (Adjunto)
12/15, 12/22, 12/29/20, 1/5/21

CNS-3423509#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 575396
Fictitious Business Name(s):

TAQUERIA LIMON, 39494 FREMONT BLVD., FREMONT, CA 94538, County of ALAMEDA

TAQUERIAS LIMON, LLC, 39494 FREMONT BLVD., FREMONT, CA 94538 (CALIFORNIA)
Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 05/20/2015.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ ALEJANDRO GUZMAN

This statement was filed with the County Clerk of Alameda County on DECEMBER 21, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/5, 1/12, 1/19, 1/26/21

CNS-3428640#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 575017
Fictitious Business Name(s):

2ND CYCLE HEALTH INSURANCE SERVICES, 3658 SANTA MARIA COURT, CASTRO VALLEY, CA 94546, County of ALAMEDA

Registrant(s): ELAINE WONG EAKIN, 3658 SANTA MARIA COURT, CASTRO VALLEY, CA 94546

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ ELAINE WONG EAKIN

This statement was filed with the County Clerk of Alameda County on DEC 04, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/22, 12/29/20, 1/5, 1/12/21

CNS-3425418#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 574984
Fictitious Business Name(s):

BAY CARE CLEANING AND REPAIR SERVICES, 1161 CHOPIN TERRACE, FREMONT, CA 94538, County of ALAMEDA

Registrant(s): ISGANDAR AGHAYEV, 1161 CHOPIN TERRACE APT 207, FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ ISGANDAR AGHAYEV

This statement was filed with the County Clerk of Alameda County on DECEMBER 3, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/22, 12/29/20, 1/5, 1/12/21

CNS-3425381#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 575096
Fictitious Business Name(s):

AMORIO HOME HEALTH, 39420 LIBERTY STREET SUITE 155, FREMONT, CA 94538, County of ALAMEDA

Registrant(s): NEXT LEVEL HOME HEALTH LLC, 1315 MT. PISGAH RD., WALNUT CREEK, CA 94596 (CALIFORNIA)

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 10/01/2020

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ RYAN FERNANDEZ

This statement was filed with the County Clerk of Alameda County on DECEMBER 8 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/22, 12/29/20, 1/5, 1/12/21

CNS-3425378#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 574742
Fictitious Business Name(s):

BAYLANDS BICYCLES, 161 I ST., FREMONT, CA 94558, County of ALAMEDA

Registrant(s): ALBERT SAMSON, 4509 RODERIGO CT., FREMONT, CA 94536

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ ALBERT SAMSON

This statement was filed with the County Clerk of Alameda County on NOV 24, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/15, 12/22, 12/29/20, 1/5/21

CNS-3422213#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 574576
Fictitious Business Name(s):

G AND S PROPERTY MAINTENANCE AND REPAIRS, 36000 FREMONT BLVD. APT 100, FREMONT, CA 94536, County of ALAMEDA

Registrant(s): SERGIO RODRIGUEZ ARENAS, 36000 FREMONT BLVD. APT 100, FREMONT, CA 94536

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SERGIO RODRIGUEZ ARENAS

This statement was filed with the County Clerk of Alameda County on NOV 17, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 12/8, 12/15, 12/22, 12/29/20, 1/5/21

CNS-3420402#

GOVERNMENT

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following Ordinance: Said public hearing will be held at 7:00 p.m. Tuesday, January 19, 2021, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

STORMWATER ORDINANCE REPEAL AND REPLACE AMENDMENT – City w lde – R2021-0110

Public Hearing (Published Notice) To Consider the Planning Commission's Recommendation to Adopt an Ordinance Repealing and Replacing Chapter 18.210 (Storm Water Management and Discharge Control) under Fremont Municipal Code Title 18 (Planning and Zoning) to Clarify and Enhance Stormwater Discharge Regulations and Requirements, and Enforcement Related to Obligations Under the Municipal Regional NPDES Stormwater Permit No. CAS612008, and to Consider an Exemption from the Requirements of the California Environmental Quality Act (CEQA) Per, each as a Separate and Independent Basis, the following Ordinance: Section 5061(b) of the Code that it can be Seen with Certainty that there is no Possibility that the Proposed Amendments will have the Potential for Causing a Significant Effect on the Environment, and are not Subject to CEQA Review, and (2) CEQA Guidelines Section 15183, as the Proposed Amendments and CEQA Plan Policies and Guidelines do not Involve any Peculiar Significant Effects that were not Previously Analyzed or Discussed as Significant Effects in Prior Environmental Impact Reports (EIRs) or the General Plan, with which the Proposed Amendments are Consistent.

MISSION HILLS SWIM AND TENNIS CLUB – 10 EASEMENT RE-PLACEMENT 2020-00256

Public Hearing (Published Notice) To Consider Rezoning a 12.72-acre Parcel from Precise Planned District P-2014-65 to Preliminary and Precise Planned District P-2020-256, and Approve a Conditional Use Permit to Allow Redevelopment of a Swim and Tennis Club in the Mission San Jose Community Center Area and to Consider a Finding that No Further Environmental Review is Required Pursuant to the California Environmental Quality Act (CEQA) Guidelines Section 15153 as the Project is Consistent with a Project Environmental Impact Report (SCH#2012052065) which was Previously Prepared and Certified, and a Finding that No Further Environmental Review is Required Pursuant to the California Environmental Quality Act (CEQA) Guidelines Section 15183 as the Project is Consistent With the Land Use Envisioned for the Site as Established by the General Plan for which an Environmental Impact Report (SCH#2010082066) was Previously Prepared and Certified, and CEQA Guidelines Sections 15162 and 15163, as None of the Circumstances Requiring Calling for the Preparation of a Subsequent or Supplemental EIR Have Occurred.

Due to the COVID-19 Pandemic, a publicly accessible location may not be provided for the public hearing. Information on how to participate virtually will be made available, at least 72-hours prior to the meeting, on the agenda posted online <http://fremont.org/AgendaCenter/City-Council-4>. If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing. Informed by this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing, SUSAN GAUTHIER, CITY CLERK 1/5/21

CNS-3428867#

NOTICE TO CONTRACTORS
JARVIS AVENUE CLASS II BUFFERED BIKE LANES, PROJECT 1294

The City Council of the City of Newark invites sealed bids for the construction of public improvements for Jarvis Avenue Class II Buffered Bike Lanes, Project 1294, City of Newark, Alameda County, California.

Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. If the bid is sent by mail, the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. Mailed sealed bids shall be delivered to the office of the City Clerk of the City of Newark, 37101 Newark Boulevard, Newark, CA 94560, Attention: City Clerk, Sheila Harrington, before 2:00 p.m. on Tuesday, January 26, 2021.

The City Administration Building is currently closed due to a continuation of the COVID-19 Shelter-In-Place Order for Alameda County. In-person delivered sealed bids will be received on Tuesday, January 26, 2021, between 1:30 p.m. and 2:00 p.m. only by the City Clerk inside the front entrance to the City Administration Building at 37101 Newark Boulevard, Newark, CA 94560. In compliance with current COVID-19 Shelter-In-Place Order for Alameda County, the City of Newark is strictly enforcing Social Distancing Protocol and face coverings at all times and at all City buildings for all visitors and City employees. On Tuesday, January 26, 2021, at 2:00 p.m., all bids will be publicly opened, examined and declared via teleconferencing and electronic means.

To attend the bid opening by web browser, please use the Zoom link below for video and audio: Bty Elements for all visitors and City employees. Project 1294

Time: Jan 26, 2021 02:00 PM Pacific Time (US and Canada)
Join Zoom Meeting
<https://zoom.us/j/93593438367?pwd=WxpCTFpSbTl4M2RmNmVhbnJkbnU0U1NUT09>
Meeting ID: 935 9343 8367
Passcode: 039371

Dial by your location
+1 669 900 6833 US (San Jose)
+1 346 248 7799 US (Houston)
+1 253 215 8782 US (Tacoma)
+1 312 715 8592 US (Washington D.C.)
+1 312 626 6799 US (Chicago)
+1 929 205 6099 US (New York)
Meeting ID: 935 9343 8367
Passcode: 039371

In the event a new or updated COVID-19 Shelter-In-Place Order for Alameda County is issued preventing the delivery or opening of bids as prescribed above in this Notice To Contractors, alternative provisions will be made for bid submittals at the same time and location. Any such provisions will be made available to all plan holders with an Addendum.

The improvements are generally described as follows:
Repeal existing Class II bike lanes to Class II buffered bike lanes in both directions on Jarvis Avenue between Newark Boulevard and Gateway Boulevard. Installation of high visibility "green" pavement markings at all transition and conflict zones per the latest guidelines

and recommendations developed by Caltrans, National Association of City Transportation Officials (NACTO) and Federal Highway Administration (FHWA). Installation of new vehicle detector loops at the intersection of Jarvis Avenue and Gateway Boulevard.

Provide labor, equipment, materials and services for traffic control; removing existing striping as necessary and installing new thermoplastic/paint pavement striping and markings; installation of new traffic signal detector loops; and other items of work necessary for a complete scheme of public improvements.

It is the City's intent to award the contract for this work on February 11, 2021. This project is partially funded with monies from the Alameda County Transportation Commission (ACTC) Measure B COVID-19 Rapid Response Bicycle and Pedestrian Grant Program. As a stipulation of the Grant Program, all improvement must be completed by March 31, 2021.

Plans and Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen.gordon@newark.org.

Information regarding obtaining Plans and Specifications or a list of plan holders is available by calling Ms. Helen Gordon at (510) 578-4452 or by e-mail to helen.gordon@newark.org. All technical questions should be directed to Ms. Trang Tran, Senior Civil Engineer, at (510) 578-4298 or by E-mail to trang.tran@newark.org. No pre-bid meeting is scheduled for this project. Bidders are strongly urged to visit the job site before submitting bids. Submission of a bid shall be considered as an acknowledgment of site investigation.

The Contractor shall possess a valid Class A or Class C-32 California Contractors license at the time of the bid opening. The Contractor must be properly licensed as a contractor from contract award through Contract acceptance (Public Contract Code § 10164).

The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the proposal. Bids are required for the entire work described herein.

As of July 1, 2014, all Contractors bidding on this project are required to register with the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015.

The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a

PUBLIC NOTICES

court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate,

you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: LEWIS BRUNDAGE, III, 6151 JOAQUIN MURIETA #D, NEWARK, CA 94560-5414, Telephone: 925-286-8854 12/29/20, 1/5, 1/12/21

CNS-3426621#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Title No. 8759085 ALS No. 2019-4572 YOU ARE IN DEFAULT OF A LIEN, DATED 01/13/2020. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN THAT: On 01/20/2021, at 12:00PM, ASSOCIATION LIEN SERVICES, as duly appointed Trustee under and pursuant to a certain lien, recorded on 01/15/2020, as instrument number 2020-009275, and thereafter

amended lien that recorded 3/25/2020 as instrument number 2020-0699113 of the official records of ALAMEDA County, California. WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR LAWFUL MONEY OF THE UNITED STATES, OR A CASHIERS CHECK at: At the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612. The street address and other common designations, if any, of the real property described above is purported to be: 114 Lurene Drive, FREMONT, CA 94539 Assessor's Parcel No. 513-0702-014 The owner(s) of the real property is purported to be: Homer John Lillie, Jr., and Margaret Ann Lillie, Trustees of the Homer John Lillie, Jr. and Margaret Ann Lillie Living Trust Dated November 19, 1990. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designations, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession or encumbrances, to pay the remaining principal sum of a note, homeowner's assessment or other obligation secured by this lien, with interest and other sum as provided therein: plus advances, if any, under the terms thereof and interest on such advances, plus fees, charges, expenses of the Trustee and trust created by said lien. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$18,844.10. Payment must be in cash, a cashier's check drawn on a state or national bank, a check drawn by a state bank or federal

credit union, or a check drawn by a state or federal savings & loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. The real property described above is being sold subject to the right of redemption. The redemption period within which real property may be redeemed ends 90 days after the sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of the resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a

courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may contact Nationwide Posting and Publication for information regarding the trustee's sale or visit its website www.nationwideposting.com or call 916.939.0772 for information regarding the sale of this property. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the website. The best way to verify postponement information is to attend the schedule sale. The beneficiary of said Lien hereto executed and delivered to the undersigned, a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell has been recorded. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. Date: 11/25/2020 Association Lien Services, as Trustee P.O. Box 64750, Los Angeles, CA 90064 (310) 207-2027 By: Megan Pamula, Trustee Officer NPP0372317 To: TRI-CITY VOICE 12/22/2020, 12/29/2020, 01/05/2021 12/22, 12/29/20, 1/5/21

CNS-3424865#

California governor offers plans to reopen in-person schools

By DON THOMPSON ASSOCIATED PRESS

California Gov. Gavin Newsom on Wednesday encouraged schools to resume in-person education next year, starting with the youngest students, and promised \$2 billion in state aid to promote coronavirus testing, increased ventilation of classrooms and personal protective equipment.

The recommendation was driven by increasing evidence that there are lower risks and increased benefits from in-person instruction particularly for the youngest students, he said. It comes amid increased pressure on schools to reopen campuses based on those rationales.

“As a father of four, I know firsthand what parents, educators and pediatricians continue to say: in-person is the best setting to meet not only the learning needs, but the mental health and social-emotional needs of our kids,” Newsom said in a statement.

The proposal comes as California remains consumed by a growing pandemic crisis, with hospitals, particularly in Southern California, increasingly stretched by soaring cases that are expected to grow in coming weeks. But hope is on the horizon as vaccines begin rolling out, with educators among those recommended for shots after

the initial round goes to health care workers and those in congregate care facilities.

Newsom called for a phased approach focusing first on those in transitional kindergarten through second grade, as well as children with disabilities, those who have limited access to technology at home and those who he said “have struggled more than most with distance learning.”

Other grades would be phased in during the spring, but remote learning would continue to be allowed if parents and students wish, and for those who have health vulnerabilities that make it risky to return to the classroom.

Aside from the \$2 billion in assistance that Newsom said he will include in his proposed budget next month, he said his administration will push for safety measures.

Those include frequent testing for all students and staff, up to weekly testing in areas with high rates of virus transmission. All students and staffs should have masks, there should be increased contact tracing for those who test positive for the virus, and he backed making school staff a priority for vaccinations.

Dr. Naomi Bardach, a University of California, San Francisco, pediatrician and expert on school safety, will lead what Newsom is calling a Safe Schools for All Team composed of state health, education

and occupational safety representatives. He said the team will help schools with their safety plans and provide support materials for educators.

The state will also have a website where parents and students can see their school's reopening status, state funding, and any school outbreaks. It will also have a way for educators and parents to report any problems or concerns, which he said will allow the state to impose what his office called “escalating levels of intervention beginning with technical assistance and ending with legal enforcement.”

California State PTA President Celia Jaffe, in a statement provided by Newsom's office, said the plan “is rooted in science, health and safety – all key tenets to any conversation about returning to in-person instruction.”

His office also had other statements of support from state lawmakers, educators and health experts.

The move comes even as the state's most densely populated area continues to set new death and hospitalization records and will remain under strict stay-home orders for the foreseeable future as another hospital-filling coronavirus surge looms in mere weeks.

California's top health official, Dr. Mark Ghaly, announced Tuesday an extension of the Dec. 6 lockdown restrictions for LA County and 22 others in Southern

California and the agricultural San Joaquin Valley. The regions have about 60% of the state's population of 40 million and also have seen COVID-19 surges since the Thanksgiving holiday that have left hospitals struggling to find beds for emergency room and intensive care unit patients.

Some hospitals have set up tents to hold ER patients and one converted a disused cafeteria to handle patients.

State officials notified hospitals late Monday they should prepare for the possibility that they will have to resort to “crisis care” guidelines established earlier in the pandemic, which allow for rationing treatment when staff, medicine and supplies are running short.

Ghaly and other health officials have said people ignoring social distancing to gather with friends and relatives over Thanksgiving led to a “surge on top of a surge” that has resulted in the medical crisis.

The hospital rates appeared to be stabilizing in general statewide, but they remained explosively high in the south, and Ghaly urged people to stay home on New Year's to avoid an even worse surge in January and early February.

How young drivers can steer clear of costly car insurance

AP WIRE SERVICE By KAYDA NORMAN OF NERDWALLET

Insurance costs for drivers in their early 20s can be staggering – after teenagers, young adults have some of the highest car insurance rates in the country.

In fact, the average car insurance rate for drivers 20 to 25 years old is about \$2,200 a year for full coverage, according to a 2020 NerdWallet analysis of the top five insurers in the nation. That's about \$700 more per year than the average rate for a 40-year-old driver.

WHY IS CAR INSURANCE SO EXPENSIVE FOR YOUNG DRIVERS?

Drivers ages 20 to 24 are involved in more crashes than any other age group besides teens, according to the most recent data from the Insurance Institute for Highway Safety, or IIHS. Young drivers, like teenagers, are inexperienced and more prone than older age groups to take risks like speeding and not wearing a seat belt.

For example, IIHS has found that 16- to 24-year-olds in the front seat are the least likely to wear seat belts, and drivers who speed tend to be younger than drivers who

don't. IIHS has also found that 42% of drivers ages 21 to 30 who were killed in crashes in 2018 had a blood alcohol content at or above the legal limit, more than any other age group in the study.

As drivers age, risky driving behavior declines, with crash rates leveling out around age 30, according to Eric Teoh, director of statistical services at IIHS.

Even so, young drivers can still save on auto insurance by following a few guidelines.

DRIVE SAFELY

Don't drink and drive, avoid accidents and slow down. Sounds simple, but a clean driving record can save hundreds of dollars a year. A separate 2020 analysis from NerdWallet showed that, on average, 25-year-old drivers pay nearly 25% more per year for full coverage car insurance after one speeding ticket and almost 50% more annually after a car accident.

Staying “ticket- and accident-free goes a long way to less expensive insurance,” says Michael McCartin, president of Joseph W. McCartin Insurance Inc., an independent agency in the Baltimore and Washington, D.C., metro areas. “You don’t want to be 22 years old and looking for insurance with three tickets.”

SHOP AROUND

In addition to age, insurers use a variety of factors to determine rates, including gender, location and your car's make and model. Because each company weighs these factors differently, getting quotes from multiple providers is the best way to find a good rate.

Try to compare quotes from at least three insurers for equal amounts of coverage once a year or whenever any big changes happen, such as moving or getting married.

TAKE ADVANTAGE OF DISCOUNTS

Ask your insurer about any discounts you might qualify for. McCartin says young drivers will save the most by bundling insurance if they buy another policy from the same company. And young drivers still living at home save

by staying on the same policy as their parents.

Other discounts young drivers can ask for include price breaks for being a student living away from home, getting good grades and completing a driver's education course.

CONSIDER NONTRADITIONAL CAR INSURANCE

If you won't be driving much for the foreseeable future, you could save money by switching to per-mile insurance, with rates based on how many miles you drive.

Similarly, if you're a safe driver, consider usage-based coverage, which uses an app or device to track driving behavior, such as speeding and hard braking, to determine a discount or reward.

While some companies specialize in per-mile insurance, many traditional insurers offer both of these options.

BUILD YOUR CREDIT

In most states, insurers use a credit-based insurance score to calculate your auto insurance rate. This score looks at information such as payment history and outstanding debt, similar to the credit scores used to get a credit card or loan but weighed differently. The practice is not allowed in California, Hawaii, Massachusetts, or Michigan.

In other states, credit can impact car insurance rates more than a DUI for some drivers. On average, 25-year-olds with poor credit pay 74% more per year for full coverage car insurance than drivers with good credit, according to NerdWallet's rate analysis.

You can improve your credit by:

- Paying bills on time.
- Paying down credit card debt.
- Keeping your credit utilization, the percentage of your total available credit, low.
- Learn more about your score by getting a copy of your credit report from AnnualCreditReport.com.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

continued from page 1

New box art brings life and color



By STEPHANIE GERTSCH
PHOTOS COURTESY OF SUZANNE GAYLE

This year saw some eye-catching new box art in Fremont. One design by Hayward muralist Suzanne Gayle is sure to bring joy and hope as well as beautifying the community.

Gayle grew up in the south and came from an artistic family – but California helped her discover her own voice. “I really didn’t find myself and the artist part of me until I moved out here,” she says. “I think [it was] getting away from the family, and that overshadowing of being the youngest and being a little intimidated by all my older siblings.”

Now living in Hayward, Gayle is drawn to large-scale art: “As soon as I did my first large mural... I knew that was it, and I really liked doing things that are bigger.” When Hayward started its mural program, she was one of the first artists, and found immense joy in public work.

“I know there’s some artists who prefer to do the work and not be interrupted while they’re out there painting. I welcome it! Come talk to me, I enjoy it. It might take me longer to do the project, but love

talking to people and learning about people and learning about their communities. I learn so many things! And that’s what makes it fun.”

Passersby give her feedback and ideas – such as incorporating more animals into her art. Gayle’s own lab mix Sadie comes with her on projects and gets a chance to visit with other dogs as Gayle chats with people.

Eye-catching jewel tones make Gayle’s style highly recognizable. “People know my style because I really do use intense colors...A little ‘hyper reality.’ Even though some of the scenes may be realistic styling, the colors are much more vibrant than you would necessarily see in nature.”

Mural painting engages both the mental and physical sides of an artist. Says Gayle, “I really enjoy the fact that it takes your whole body. You’re using every part of you. It also is like meditating to me. I’m so engrossed in what I’m doing that part of my brain relaxes and I’ll often come up with new ideas and new designs when I’m taking my shower after painting all day.”

Gayle’s past projects include a 180 foot long by six feet high retaining wall for Garin Regional Park. She’s also painted

fifty traffic control boxes around the Bay Area, and six in Fremont. Her other boxes focus on clean energy, with designs such as windmills under a bright blue sky. She especially enjoys working with sponsored boxes and bringing a theme to life.

The box Gayle painted to honor HERS Breast Cancer Foundation is a perfect example of her style. To visually represent the organization, Gayle worked closely with HERS Executive Director, Tina Fernandez Steckler. She recalls, “Tina was very influential in giving me so much information about their program, what they do, what they represent. Making sure that I represented a good variety of people.”

Along with the motto “We Are Stronger Together,” the box depicts a crowd gathered for HERS’ annual dove release. Naturally, the background is the vibrant pink associated with breast cancer awareness ribbons. However, Gayle made a point of working blue into the color palette, to show this illness affects all genders. She also echoed the ribbon shapes in the human figures to balance the overall design. She explains, “I wanted to make sure [the ribbons were] visible and told what it was about, but didn’t take over the theme. Because the painting was as much about the community and the people.”

Overall, this box represents what she loves about the Bay Area. “The blending and mixing of colors, that represents our community. The individual colors represent the diversity in the community, and the vibrant colors represent the uniqueness of each individual within the community.”

While Gayle was completing this box in the center of Fremont’s medical offices, she was dealing with her own health issues, leading up to back surgery in November and a follow-up neck surgery in December. Before that her health had been declining for years, even as she went through other life upheavals and a previous surgery.

Gayle speaks honestly on working with limited mobility. “I got to the point where I had to rely on people for everything, handing me the paint. If I was up on the ladder, they would have to give me everything. If I dropped a brush, they needed to give me a brush. If I needed a different color, they needed to give it to me. She admits, “It’s been very depressing...I enjoy working with other people, but it’s been very hard to be dependent on them.”

While completing the HERS box, Gayle tackled the full-body job of painting from a wheelchair. Of course, her dog Sadie stayed by her side and was a big support during this journey. Now she is healing and looking forward to finishing her clean energy boxes. She says, “That’ll be the first thing I do once I get the go-ahead to start working again.”

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This is the second in a series on Fremont’s traffic control boxes. Next will be an article on a series of history-themed boxes.



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