



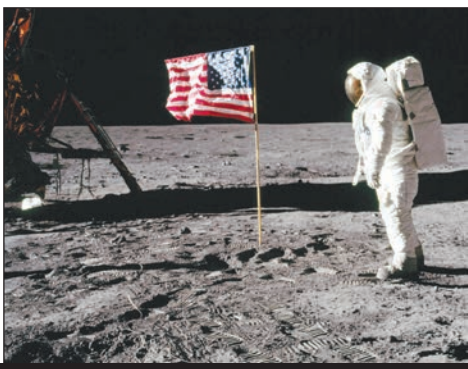
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Painting
cars is more
than a job,
it's an art

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to reach the
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December 15, 2020

Vol. 18 No. 49

Hayward Police Department *Police Within the Community*

BY CHARLENE DIZON
PHOTOS COURTESY OF HAYWARD POLICE DEPARTMENT

The recent tragedies involving law enforcement have generated community conversations and movement toward police reformation. On November 17, 2020, the Hayward Police Department gathered with the City Council to discuss the issues at hand and listen to Hayward community feedback.

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Staying proactive and community-based discussions, especially considering current social and political circumstances, is a significant priority for Hayward PD.



Young volunteers help feed the homeless

BY ANDREW CAVETTE

Paul Webster and Justin Valenzuela are determined to end homelessness in Fremont, Newark, and Union City. Thus, they co-founded Renegade Feedings, a group of young volunteers distributing meals and hygiene supplies to unhoused people in the Tri-City area.

Webster first contacted Valenzuela for help In February 2019. "Paul saw I was always posting on social media, talking about giving back and trying to help out," Valenzuela remembered, "he reached out about doing a community barbeque."

Their idea quickly evolved. They decided to bring the meals to encampments where people lived. They got help from friends, acquired donations and funding, and started collaborating with organizations and local food banks. Renegade Feedings was the result.⁶

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Music at the Mission *"An Afternoon at the Opera"*

Written very much for a salon or house concert setting, he retains his operatic style. I think of this as the perfect piece for this format, bringing an afternoon at the opera to your living room.

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Childbirth and Parenting Help During Unusual Times

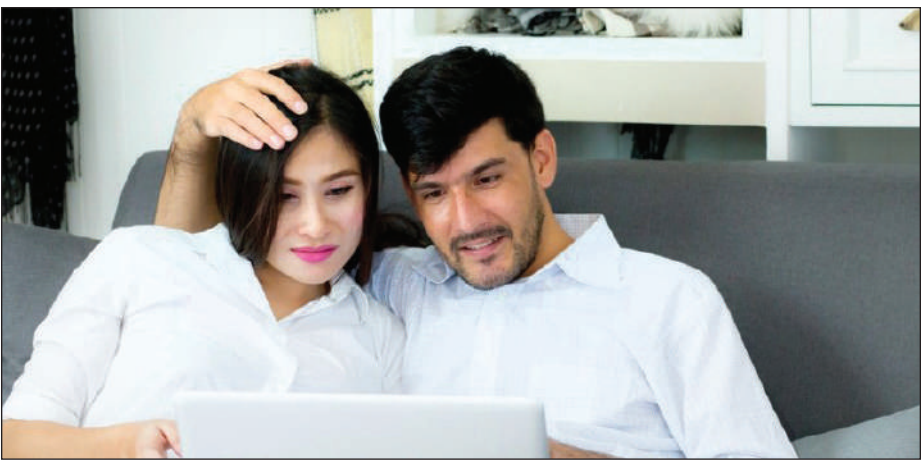
With COVID-19 Precautions, Maternal Child Education Moves Online

Everywhere we turn, businesses and organizations are making changes to be able to provide services for guests while maintaining COVID-19 precautions. Hospitals are no exception. Expectant parents would normally want to tour a birthing center and take classes to find the preparation, education and support they need to feel comfortable.

At Washington Hospital, the good news is the programs and the Birthing Center tours are still available via Zoom and online video programs. And, the Hospital’s Maternal Child Education Center (MCE) staff is available by telephone and email to answer questions and provide information and assurance to new parents.

Programs range from preparing for childbirth and prenatal yoga to breastfeeding support, and new classes for expectant fathers and grandparents. There is also a support group for new parents. Shayna Mann, MCE office manager notes, “We encourage all new parents to take the virtual Birthing Center tour and join the other programs to help them get ready for their new baby.” Mann continues, “It’s helpful for those who may have never been to our Hospital and aren’t sure what to expect. Our programs provide information new parents need and cover questions their physician may not have yet covered.”

The MCE staff includes childbirth educators and a lactation nurse. “While in-person programs may not be available right now, our online and video programs—along with staff being available for consultation—fill the gap,” she says. “It’s important that new parents have



Expectant parents find support online through Washington Hospital’s Maternal Child Education Program.

access to the information they need to feel supported.”

Videos are available on the Washington Hospital website, www.whhs.com/childbirth-classes.

Programs include:

Prenatal Smart Start (Website video)

Through an online free video, learn how pregnancy affects your body, about healthy nutrition during pregnancy and exercises to prepare your body for labor. Most importantly, learn about common discomforts (and remedies) versus danger signs that would indicate alerting your obstetrician. The MCE staff recommends this program for the first 8 – 10 weeks of pregnancy.

Preparing for Childbirth (Zoom)

This class is intended for couples in the last trimester of pregnancy, offering detailed information about many labor preparation topics including: signs and

symptoms of labor, stages of labor, relaxation and breathing techniques, the coach’s role, variations in labor, analgesics and anesthetics, cesarean birth, postpartum recover tips and the basics of breastfeeding. This class is recommended for women in their third trimester.

Becoming New Parents (Zoom)

This one-time, three-hour workshop for expectant parents in the third trimester offers sensible tips, demonstrations and information on caring for your new baby.

Birthing Center Tour (Virtual tour on website)

Get an introduction to the birthing experience at Washington Hospital with an online tour. Learn what to expect when you arrive for your labor and delivery.

Prenatal Yoga (Zoom)

This hour-long class, offered four times a week, can improve sleep, reduce stress, increase flexibility and decrease lower back pain. The staff recommends

beginning the class in the early stages of pregnancy.

Prenatal Breastfeeding (Zoom)

This class will help new mothers feel more confident in meeting breastfeeding goals, whether this is a first child or a new sibling in a larger family. The one-time class will go over milk production, how to know if your baby is full, infant weight gain, and other common challenges.

New in January!

Understanding Fatherhood (Zoom)

This class is designed to guide new fathers on their journeys from their partner’s pregnancy to birth and beyond.

Grandparents Class (Zoom)

To help with the complexities of modern parenting, today’s parents have more information, more products and more rules than previous generations. This class is intended to offer suggestions on how to be supportive while learning about infant care and safety.

Baby & Me (Zoom)

A free, informal support group for moms and babies from birth to walking. The group meets from 11 a.m. to noon every Monday, Wednesday and Friday. Join as often as you like to discuss the joys and trials of living with your new baby. No registration required.

For most classes, advance registration is required and some programs have a fee. For additional information or to register for classes, call the Maternal Child Education Center at 510.818.5040 or email maternalchild_education@whhs.com.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on Facebook & Twitter



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY		
	12/15/20	12/16/20	12/17/20	12/18/20	12/19/20	12/20/20	12/21/20		
12:00 PM 12:00 AM	Active Living: Yoga Exercises	Washington Township Health Care District Board Meeting November 11, 2020	Emotional Wellness During the Holidays	Preventive Care: What You Need To Know	Ortho Overuse Injuries: Prevention and Treatment	Don't Let Hip Pain Win	WHHS Fremont Bank: Staying Healthy In 2020		
12:30 PM 12:30 AM	The Signs and Symptoms of Sepsis		Gastrointestinal Disorders	Medicare Open Enrollment: What You Need to Know					
1:00 PM 1:00 AM				How to Prevent Financial Elder Abuse/Fraud	Mental Health Education Series: Mental Wellness	Metabolic Disorders	Washington Township Health Care District Board Meeting November 11, 2020	Early Detection and Prevention of Female Cancers	Hepatitis B and Liver Cancer: Prevention and Treatment
1:30 PM 1:30 AM	Emotional Wellness During the Holidays		Diabetes Matters: Diabetes Complications and Amputation					Anxiety: Stop Negative Thoughts	
2:00 PM 2:00 AM	Intro to Radiation Oncology Therapy	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	Solutions for Weight Management						
2:30 PM 2:30 AM	Diabetes Matters: Dining Out Around The World	Strategies to Reduce the Risk of Cancer Recurrence		Updated Treatments for Knee Pain & Arthritis	Emotional Wellness During the Holidays	Washington Township Health Care District Board Meeting November 11, 2020	Women's Health Conference: Reclaiming Your Confidence		
3:00 PM 3:00 AM	Sports Medicine Program: Why Does My Shoulder Hurt?		Vitamins & Supplements: How Useful Are They?						Diabetes Matters: Asian Fusion
3:30 PM 3:30 AM	Family Caregiver Series: Mindfulness Meditation for the Caregiver	Colon Cancer		Aortic Valve Disease: Treatment Options Including TAVR	Advancements in Lung Cancer Detection and Treatment			Mental Health Education Series: Family Support	
4:00 PM 4:00 AM	Caregiver Series: Securing Care Preferences Through AHCD		Diabetes Matters: Latin Foods						Chronic Kidney Disease: FAQ
4:30 PM 4:30 AM	Washington Township Health Care District Board Meeting November 11, 2020	Learn the Latest Treatment Options for GERD	Women's Health through the Years: Screening is Key to Aging Well	Suffer From Sinus Problems?	Healthy Gut, Healthy You	Women's Health: Planning for Pregnancy	Washington Township Health Care District Board Meeting November 11, 2020		
5:00 PM 5:00 AM		Diabetes Matters: Filipino Food Made Healthy							
5:30 PM 5:30 AM		Keeping Your Brain Healthy	Washington Township Health Care District Board Meeting November 11, 2020	Peripheral Vascular Disease: What You Need to Know	How To Stop Disease Before It Starts	Diabetes Matters: Diabetes Conversations			
6:00 PM 6:00 AM						Sick Feet?		Food Pharmacy: Prescription for Colon Health	Diabetes Matters: Asian Indian Cooking
6:30 PM 6:30 AM	Laugh without Leaking: Understanding Female Urinary Incontinence	Mental Health Education Series: Understanding Psychotic Disorders	Washington Township Health Care District Board Meeting November 11, 2020	Advance Care Planning: Five Wishes	Understanding HPV: What You Need to Know	Diabetes Matters: Exercise IS Medicine	Wildfire Smoke and Your Lungs: Do You Need to Worry?		
7:00 PM 7:00 AM					Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Strategies to Help Lower Your Cholesterol and Blood Pressure		Healthy Eating: Prescription for Health	Family Caregiver Series: Care for the Caregiver
7:30 PM 7:30 AM	Wound Care: The Latest Treatment Options	FB Live: Reduce Your Risk When Phasing Out of Shelter In Place	Mental Health Education Series: Anxiety Disorders	Diabetes Matters: Italian Foods	Endometriosis: Causes, Symptoms, Diagnosis and Treatment		Diabetes Matters: Heart Healthy Eating		
8:00 PM 8:00 AM	FB Live: Reduce Your Risk When Phasing Out of Shelter In Place					Weight Management: Stopping the Madness		Shoulder Pain: Causes and Treatment Options	Oh My Aching Feet! Recognizing Common Foot and Ankle Problems
8:30 PM 8:30 AM	FB Live: Noontime in the COVID-19 Kitchen	Fall Prevention	Diabetes Matters: Diabetes and Kidney Health	Diabetes Health Fair 2019: Standards of Medical Care in Diabetes	Women's Health: Depression, More Than a State of Mind		FB Live: Reduce Your Risk When Phasing Out of Shelter In Place		

New Procedure Offers Hope for People with Carotid Artery Disease

Minimally Invasive Procedure at Washington Hospital Reduces Risk for Stroke

Washington Hospital is the first hospital in the East Bay to offer a new vascular procedure that can reduce the risk for stroke in some patients. Transcarotid artery revascularization – or TCAR – is a minimally invasive procedure used to open up arteries that have become blocked due to carotid artery disease.

“Carotid artery disease causes a narrowing of the carotid arteries – the two major arteries that carry oxygen-rich blood to the brain,” explained Dr. Gabriel Herscu, a local vascular surgeon and member of Washington Township Medical Foundation who is one of two vascular surgeons at Washington Hospital who can perform the new TCAR procedure. “Plaque builds up inside the arteries and eventually over time creates blockages. Smoking, diabetes, high blood pressure and high cholesterol are all risk factors.”

People with carotid artery disease have a much higher risk for stroke, which can lead to disability and even death. Stroke happens when a blood vessel that carries oxygen and nutrients to the brain is either blocked or



Dr. Gabriel Herscu and Dr. Sarah Wartman, vascular surgeons who perform new carotid artery procedure.

ruptures. According to the American Stroke Association, stroke is the fifth-leading cause of death in the U.S.

Up until recently, there have been two major treatment options aimed at opening up the carotid arteries – which are located on either side of the neck – and preventing stroke, according to Dr. Herscu.

“Carotid endarterectomy has been the gold standard,” he noted. “With that surgical procedure, we open up the blocked carotid artery and clean out the plaque. But not everyone is a good candidate for this surgery. It’s major surgery and if the patient’s overall health is not good, they may not be physically up for it.”

The second option for patients who aren’t good candidates for a carotid endarterectomy is carotid angioplasty and stenting. This procedure is typically done through an artery in the groin.

“A stent is placed over a wire,” Dr. Herscu described. “The stent is a metal cage that opens up the artery. The procedure is effective, but there is a significantly higher risk of stroke. The most recent guidelines from the Society for Vascular Surgery recommend against it except as a last interventional resort – when there are no other options.”

TCAR Provides a New Option

In the past few years, TCAR has emerged as another option for people who aren’t good candidates for a carotid endarterectomy. It is a less invasive hybrid procedure, according to Dr. Herscu.

“With TCAR, we make a small incision at the base of the neck and place a stent directly into the carotid artery.” He continued, “TCAR uses a reverse flow system so that

blood flow is temporarily reversed during the procedure. That causes any debris or plaque that breaks away during the procedure to flow away from the brain. This debris is what increases the risk of stroke during traditional stent placement.”

Dr. Herscu and Dr. Sarah Wartman began performing the new procedure at Washington Hospital a few months ago. TCAR is still a second choice treatment, but Dr. Herscu said someday it could become the standard.

“TCAR is less invasive with less pain and faster recovery times,” he added. “We are able to do it with a local anesthetic and sedation, so patients don’t need to be put on a ventilator, and they generally go home the day after surgery. It still has a slightly higher risk of stroke than a carotid endarterectomy, but much less than traditional stenting.”

Dr. Herscu credits the leadership at Washington Hospital for working with specialists like him to bring these types of leading-edge procedures to the community hospital.

“Washington Hospital is one of only a few nonacademic hospitals that have jumped on board,” he said. “It’s because the Hospital and the physicians who work there have built a culture that continually strives for the highest quality of care. The Hospital has invested in the best equipment and staff. This procedure requires the highest level of teamwork from talented nurses and anesthesiologists to be successful, and we have that at Washington Hospital.”

For information about other programs and services at Washington Hospital that can improve your health, visit www.whhs.com.



Washington Hospital Healthcare System
Investing in the health of the community.

www.whhs.com/womenscenter

Breast Cancer Support Group



A diagnosis of breast cancer can turn a person’s world upside down, leaving countless questions and fear of treatment, side effects and of the unknown. To address the emotional aspects of living with breast cancer, Washington Hospital has a Breast Cancer Support Group specifically designed to address the challenges of being diagnosed with breast cancer.

Breast Cancer Support Group

For women who have survived or are living with breast cancer. Friends, family and caregivers are welcome.

When: First Thursday of each month, 5:30 to 7:30 p.m.

Where: In an effort to safely provide information and support while maintaining COVID-19 precautions, we are offering this class via Zoom.

To confirm attendance and receive Zoom connection information please call 510.818.7356

For more information contact the Women’s Center Coordinator at 510.818.7356.

To learn more about cancer care at Washington Hospital, visit www.whhs.com/womenscenter.

The Breast Cancer Support Group is free and open to the public.



Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what’s happening at your community hospital.



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Music at the Mission

"An Afternoon at the Opera"

SUBMITTED BY VICKILYN HUSSEY
PHOTOS BY JAMES SAKANE, BOB HSIANG, AND
RHONDA BRADETICH
ARTWORK BY STEVE YAMAGUMA

The virtual concert series offered by Music at the Mission continues in December with "An Afternoon at the Opera," featuring Michael Graham, cello, and Bill Everett, double bass.



If you're looking for the diva opera singer headlining the program, look no more. There isn't one. "The concert title grew out of the central piece on the program, Rossini's Duetto for bass and cello. While a duo for instruments, it is in his operatic style, and very much like an operatic duo," explained Everett, who also serves as pre-concert lecturer.

"While Gioacchino Rossini was known almost entirely for his operas, the duo is a rare gem of chamber music. Written very much for a salon or house concert setting, he retains his operatic style. I think of this as the perfect piece for this format, bringing an afternoon at the opera to your living room."

Rossini is joined on the program by Bartok, Bach, Deak, and Chaplin. (Yes, Charlie Chaplin, who involved himself in every aspect of filmmaking, including composing music.) The Bach Cello Suite no 1 on the program is much like the Rossini in that it is "not really

meant for the concert stage, but more for small gatherings. Written as dances, these were the party music of the 17th Century," notes Everett.

"One of the great developments in classical music in the last hundred years is the blurring of the lines between concert music and folk music, says Everett. "No composer had a greater influence on this movement than Bela Bartok. Not satisfied with simply looking for ideas from the folk music of his native Hungary, he set out to catalogue, record and study every aspect of it. The duos, originally for two violins, are perfect examples of his admiration for this folk music."

And then, there's the contemporary classic, "BB Wolf" by Jon Deak. "I think of the works of Jon Deak as sort of mini operas. He combines music with elements of the theatrical. In the case of 'BB Wolf,' having a single musician (myself in this case), perform the roles of both bass player and actor." Everett wouldn't give too much away about the story, but it involves a certain Grimm fairy tale character.

"The Essanay studio in Niles was home to a young Charlie Chaplin. We decided to pay homage to Fremont's early silent film roots with a performance of one of Chaplin's most famous songs, 'Smile.' We also decided to enhance the performance with a little filmmaking of our own," said Everett. "You'll have to tune in to find out."

The virtual concert runs approximately 50 minutes and is available online for 48 hours. Watch as many times as you wish! And watch it when you wish. The Pre-Concert Talk is available now for free. Following the concert is "ZAP!" a lively Zoom AfterParty hosted by emcee David Bonaccorsi.

Music at the Mission, a nonprofit organization, depends upon the generosity of individual donors, and



corporate sponsors Fremont Bank, Robson Homes, James R. Griffin Construction, Washington Hospital Healthcare System, Ohlone Foundation, and Tri-City Voice. Music at the Mission also wishes to thank film location sponsors Steinway Gallery in Walnut Creek, Peninsula Fencing Club in Belmont, and the Dominican Sisters of Mission San Jose for sponsoring the trio of fall concerts.

Music at the Mission: an Afternoon at the Opera
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Union Sanitary District

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Hayward Police Department

Police Within the Community

The national conversation surrounding policing led to the City Council directing two projects: a Public Safety Community Engagement Project, and a corresponding Internal Police Department survey. The Public Safety Project received a large amount of feedback regarding concerns and personal experiences from the Hayward community, which will be used in future discussions.

Hayward PD staff members worked alongside professional consultants, from August to October 2020, to conduct surveys and conversations about public safety. Over 1,700 Hayward residents responded. Though 60% felt that the relationship between the community and Hayward PD was overall positive, others listed racism as a main safety concern. More specifically, over-policing, personal negative experiences, trust, systemic racism, and intergenerational trauma were discussed. In terms of funding, 55% supported reducing and redistributing the police budget, while 60% supported the establishment of a committee to dictate funds reallocation. These heavy issues led to participants emphasizing the need for neighborhood cohesion and safety to be in alignment with one another. As a complex and diverse community, Hayward residents and Hayward PD are determined to address these concerns.

The primary objective of the Hayward PD Internal Department Engagement Survey was to hear from fellow law enforcement employees - sources of stress and their perspective of criticism of policing. Questions ranged from whether employees think that Hayward PD needs more training on cultural sensitivity and diversity to other areas for improvement. Responses indicated that some employees feel demoralized and unsupported, but there is a desire to build on positive connections with the community.

Among other issues, the hiring process is heavily being analyzed. There are several phases of the hiring process, including an extensive background check, medical examination, polygraph test, and psychological examination. The Hayward PD 2019/2020 Year End Review report states, "HPD requires a psychological examination before almost all classifications can be hired." With this in mind, the Hayward PD considers the hiring process to be a crucial step to ensure that the department has the most qualified and capable candidates.

Both sworn and professional personnel are required to attend an 8-hour Crisis Intervention Training (CIT). The curriculum covers stigmas surrounding intellectual disabilities, substance abuse disorders, and mental illnesses. Sr. Crime and Intelligence Analyst Lesley Hayes

states, "Although the COVID-19 pandemic forced the cancellation of classes from April through July, we have been consistently sending two officers to every class held." Integrating Communications, Assessment, and Tactics (ICAT) training is also provided to strengthen public and officer safety by giving officers communication alternatives to settle conflicts peacefully and productively. De-escalation skills are taught so officers can use non-verbal communication and active listening with people who may be agitated or non-compliant. All training courses are part of a quarterly mandated training for sworn personnel.

Further discussion of other departmental changes and additions include more crisis training as part of the "Stepping Up Initiative," a national movement which offers counties assistance to diminish the number of mentally ill people placed in jail. The carotid restraint technique was also permanently prohibited in June 2020 from the Hayward Police Use of Force Policy in response to the killing of George Floyd.

Staying proactive and community-based discussions, especially considering current social and political circumstances, is a significant priority for Hayward PD. In times of great uncertainty and fear, the community and Hayward PD hope to work together and strive to rebuild relationships and, most importantly, hope.

A journey of unexpected turns

SUBMISSION BY
FREMONT SYMPHONY SUPPORTER
CARL DOCKTER

There is a fascinating connection between Starla Breshears (cellist of the Little Stars Trio) and the world-renowned cellist Christine Walevka. The connection is a superb 1/8-size cello made by the 19th-century luthier Auguste Sebastian Philippe Bernardel. The whole story, which spans some 60 years, was covered in the L. A. Times and a version appeared in the October 9, 2020 issue of The Week.

Walevka's father was a dealer in fine instruments, and he presented his daughter with an exceptional 1/8-size Bernardel cello in 1953 when she was 8 years old. The child fell in love with the instrument and never again had to be

urged to practice. When she was ready to move on to a 1/4-size cello, the Bernardel



went back to the shop. Some years later the cello was stolen from the shop and disappeared.

Fast forward 60 years. Starla Breshears' father, a piano teacher in Chico, is looking for a really good 1/8-size cello for his daughter and learns of one from a Los Angeles music store that rents for \$150 a month. He calls, but the store owner says he will only rent the instrument to an exceptional student and would have to hear Starla play. The parents and three young children pile in the car and drive to Los Angeles, where Starla is handed the cello and proceeds to play for two hours. The cello goes home with them.

Starla's mother starts looking on the internet, trying to find out more about the Bernardel cello, and she comes across a

story about Walevka's stolen instrument. They take pictures of the cello and email Walevka, asking whether this could be the same instrument. Eventually Walevka connects with the Breshears family and, after hearing Starla play, suggests they keep quiet about the cello until Starla is ready for a larger one. At that time Walevka will notify the Los Angeles police that the instrument has been found.

The legal hassles around confirming that the instrument was indeed Walevka's were a hurdle, but eventually Walevka and a (now playing a 1/4 size cello) Starla got the chance to meet. In the end, Walevka was reunited with her childhood cello, and Starla found a new mentor.

Follow Starla Breshears' career at <https://www.starsalignedsiblings.com/>.

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www.fremontartassociation.org

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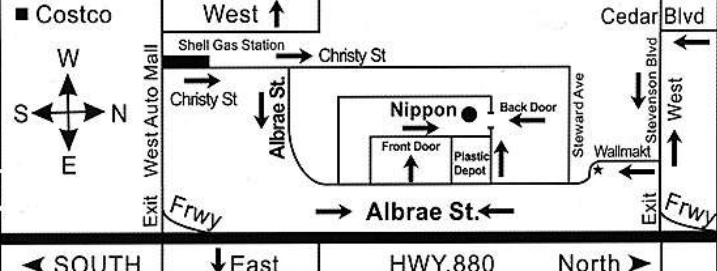
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continued from page 1

Young volunteers help feed the homeless

Usually the organization has “10 core people and a lot of other volunteers,” Valenzuela said. “We use to get 30 volunteers before the pandemic.” Feeding people is one part of the group’s efforts. They also want to educate people about the stigmas of homelessness. “Anyone can become homeless,” Valenzuela said. “All it takes is one event and it could change your life,” Webster, added.

Homelessness has increased so dramatically that many of the unhoused residents that Valenzuela helps grew up in Fremont. He said people in encampments often tell volunteers they never saw homeless people in Fremont when they were younger.

Like many people living in Fremont today, Webster and Valenzuela come from financially stable families. Neither are pointedly rich, but it would be hard to still live in Fremont without stable, financial resources.

Webster remembers that his mother, a social worker doing drug and alcohol counseling, use to take in unhoused people into their home when he was a child. “I’ve seen lives being changed in this household,” Webster said. “People come back, families that use to live here. They give her hugs and tell her how much they appreciate her. I don’t think she understands how much it has helped.”

Valenzuela, lives with his parents and talks with his family about how they might use their affluence and stability. “We do have a lot of stuff in our life,” Valenzuela said, “We live in a privileged area. What are some ways we can redirect what we have to help everyone?”

He doesn’t see this idea as revolutionary. Valenzuela said he wanted to go back to a time, ideologically, when you could “knock on a neighbor’s door, ask for an egg.” To educate people and recruit volunteers, the group has a strong social media presence. They post pictures and short documentaries online.

Renegade Feedings also invites people to join them in preparing food. A few days before each distribution trip, volunteers meet outside Webster’s house. They prep food and talk about the impacts of homelessness.

Webster thinks that, for the unhoused, little things add up quickly. “You don’t have access to water... Jobs require hygiene,” Webster said as an example. “Hauling gallons of water to an encampment is difficult. After days of not taking a shower, you can’t keep a job. If you lost the last job, Renegade Feedings is trying to make sure you get the next one.”

Valenzuela stressed that establishing trust with the people they help is important to the group. They spend a lot of time chatting with the people

they serve. “Having this relationship where... if a person needs help (with something specific) they can ask us,” Valenzuela said. “Especially during this pandemic, talking with them helps a lot.”

Webster and Valenzuela have gotten help from The Viola Blythe Community Service Center and



from Newark’s Mayor. In Fremont, the group lent their time in tandem with the mobile hygiene unit. They hope to get more assistance from Fremont city officials in the future. “We’ve been getting help from community members, other grassroots organizations, chefs and people donating things we need,” Valenzuela said. Valenzuela admitted they haven’t done enough to connect with city officials in Union City and said they would like to increase their presence there.

Beyond direct help to their small group, Webster and Valenzuela would like to see the cities strengthen their support systems. They want policy changes, mental health resources, substance abuse recovery options, and housing resources. “We can’t just have the big cities tackle homelessness,” Valenzuela said.

Only one member of Renegade Feedings is over 30. Their youth probably gives them drive, but aging and everyday life have undone many, well-intentioned revolutions. Webster plans to do this all his life. “People go on vacation to rest,” Webster said. “My rest is hanging out with unhoused people and giving them resources. To me, this is rest.”

Renegade Feedings will have a food prep meeting on December 24 and a food distribution event on Sunday, December 27.

Learn more about Renegade Feedings on their social media:

Instagram: [renegade.feedings](https://www.instagram.com/renegade.feedings)

Website: www.renegadefeedings.org

Facebook: www.facebook.com/rfeedings/

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Filipino Catholics celebrate Simbang Gabi

BY VICTOR CARVELLAS

Simbang Gabi is observed by Filipinos all over the world in anticipation of Christmas and to honor the Blessed Virgin Mary. The Filipino Catholic community gathers for nine consecutive mornings in a series of Advent Novena masses in spiritual preparation for the coming of Jesus Christ on Christmas Day.

Today, in the Philippines, advent masses are held outdoors to accommodate the crowds, a practice begun in 1587 in Mexico when the Pope gave permission to Diego de Soria, a Mexican friar, to hold outdoor mass to accommodate large crowds. With the establishment of Catholicism in the Philippines, Filipinos called the nine masses Simbang Gabi, or 'evening mass' because early rising farmers, desiring to go to mass, had to do so in the dark, (around 4 a.m.) before heading to the fields. Since then, Simbang Gabi has become a customary practice for devoted Filipino Catholics as a symbol of unity, charity, and spirituality.

Simbang Gabi brings traditional Filipino treats, including bibingka (a type of rice cake) and puto bumbong (a purple-colored sticky rice cake), often sold outside the church for people to enjoy. After mass, Filipino families and parish members typically gather for more socializing and sharing of stories. The last mass of Simbang Gabi is called Misa de Gallo, meaning 'rooster mass' because the whole family wakes with the rooster to attend.

At Christmas Eve evening, traditional Filipino families share a midnight feast called 'Noche Buena.' The Noche Buena is a big, open house celebration with family, friends and neighbors dropping by to wish everyone a Merry Christmas!

Several Tri-City churches take part in this Filipino tradition:

All Saints Church,
Wednesday, Dec 16
Monday, Dec 21
Wednesday, Dec 23
6 p.m.
via Livestream

(510) 581-2570
<http://allsaintshayward.org/>

Holy Spirit Catholic Church
Tuesday, Dec 15 – Wednesday, Dec 23
6:30 p.m.
Outdoors, with social distancing
37588 Fremont Blvd, Fremont
(510) 468-7321
www.holyspiritfremont.org

Saint Anne Catholic Church
Tuesday, Dec 15 – Wednesday, Dec 23
7 p.m.
Dec 20: 4 p.m.
Outdoors and via Livestream
32223 Cabello St, Union City
(510) 471-7766
www.saintannecatholic.org

St. Joachim Church
Saturday, Dec 16 – Thursday, December 24
5:30 a.m.
Via Facebook
21250 Hesperian Blvd, Hayward
Call Ariel Mayormita: (510) 589-7555
<https://saintjoachim.net/>

St Elizabeth Catholic Church
Tuesday, Dec 15 – Wednesday, Dec 23
5:30 p.m.
Outdoor mass and Facebook livestream
750 Sequoia Drive, Milpitas
Call Rose Ecura at (408) 408-9766
elizabethchurch@comcast.net
www.stelizabethmilpitas.org

St John the Baptist Catholic Parish
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BUSINESS

UN calls on humanity to end 'war on nature,' go carbon-free

BY SETH BORENSTEIN AND FRANK JORDANS
ASSOCIATED PRESS

As an extreme year for hurricanes, wildfires and heat waves comes to an end, the head of the United Nations challenged world leaders to make 2021 the year that humanity ends its “war on nature” and commits to a future free of planet-warming carbon pollution.

With new reports highlighting 2020's record-breaking weather and growing fossil fuels extraction that triggers global warming, U.N. Secretary-General Antonio Guterres delivered yet another urgent appeal to curb climate change. It was tinged with optimism but delivered dire warnings, as the UN gears up for a Dec. 12 virtual climate summit in France on the 5th anniversary of the landmark 2015 Paris climate agreement.

“The state of the planet is broken,” Guterres said in a speech at Columbia University. “Humanity is waging war on nature. This is suicidal.”

“Apocalyptic fires and floods, cyclones and hurricanes are increasingly the new normal,” he said.

In a report, the World Meteorological Organization said this year is set to end about 1.2 degrees Celsius (2.2 degrees Fahrenheit) warmer than the last half of the 1800s, which scientists use as a baseline for warming caused by heat-trapping gases from the burning of coal, oil and natural gas. Most trapped heat goes into the world's seas, and ocean temperatures now are at record levels. It also means 2020 will go down as one of the three hottest years on record.

“There is at least a one-in-five chance of it temporarily exceeding 1.5 degrees Celsius by 2024,” WMO Secretary-General Petteri Taalas said. The Paris climate accord set a goal of not exceeding 1.5-degree (2.7 degrees Fahrenheit) warming since pre-industrial times.

A new analysis by Climate Action Tracker scientists who monitor carbon pollution and pledges to cut them said public commitments to emission cuts, if kept, would limit warming to about 2.6 degrees Celsius (4.7 degrees Fahrenheit) and possibly as low as 2.1 degrees Celsius.

Guterres saw hope in promises by more than 100 countries that by mid-century they will not be adding more heat-trapping gases to the atmosphere than trees and technology can remove, along with shorter term pollution cuts. China and U.S. President-elect Joe Biden have pledged net zero carbon emissions.

“I firmly believe that 2021 can be a new

kind of leap year – the year of a quantum leap towards carbon neutrality,” Guterres said.

But he said the two U.N. reports Wednesday “spell out how close we are to climate catastrophe.”

When countries spend trillions of dollars to recover from the pandemic-triggered economic slowdown, Guterres said they must do so in a way that emphasizes clean energy.

Nations should stop funding and subsidizing fossil fuels, he said. And countries need to fulfill their Paris promise to spend \$100 billion annually to help poorer countries develop cleaner energy.

Guterres said there's no way the world can curb the climate change “without U.S. leadership” and urged students and other Americans to do “everything you can” to get their governments to curb emissions more quickly.

One of the new reports found countries would need to cut production of oil, coal and natural gas by 6% each year by 2030 to keep global temperatures from rising more than 1.5 degrees Celsius. Instead, a review of eight major fossil-fuel producing nations showed they plan to increase production by 2% annually. That means twice the amount of carbon-based fuel would come onto the market than feasible to keep the Paris goal within reach.

Governments in the Group of 20 major and emerging economies have so far committed more money to prop up fossil fuel sectors than to boost the rollout of renewable energy, the report found.

Co-author Ivetta Gerasimchuk of the International Institute for Sustainable Development said investing in oil, coal and gas no longer makes economic sense because renewable energy is becoming cheaper than fossil fuels. But, she said, “We see that instead of governments letting these fossil fuel projects die they resurrect them from the dead.”

The WMO's report found global warming is worsening in all seven key climate indicators, but the problem is increasing human suffering in an already bad year.

“In 2020, over 50 million people have been doubly hit: by climate-related disasters (floods, droughts and storms) and the COVID-19 pandemic,” the report said. “Countries in Central America are suffering from the triple-impact of hurricanes Eta and Iota, COVID-19 and pre-existing humanitarian crises.”

“Human activities are at the root of our descent towards chaos,” Guterres said. “But that means human action can solve it.”

New CalRecycle leader eyes overhaul of deposit-refund system

BY ADAM BEAM
ASSOCIATED PRESS

California Gov. Gavin Newsom has appointed a new head of the state's troubled recycling agency, who has pledged to overhaul its troubled bottle deposit system that has worsened during the pandemic.

Newsom appointed Rachel Wagoner, 46, a veteran legislative staffer and registered Democrat, to the job, which includes coordinating the state's efforts to clean up from record-setting wildfires.

Wagoner will take over an agency struggling to respond to the recycling troubles. Many of California's recycling centers, which are not owned or operated by the state, have closed in the past six years. Last year, RePlanet closed all 284 of its locations and laid off 750 workers.

That's made it harder for consumers to participate in the deposit-refund system for beverage containers. People pay an extra 5 cents for bottles that can hold up to 24 ounces and 10 cents for bottles over 24 ounces. They can get that money back if they recycle the empty cans or bottles.

Nine other states have a similar system. But most are run by the beverage industry instead of state government. Wagoner said California should consider that approach, favoring a system that offers an incentive for companies to design their products with recycling in mind.

“I definitely think that should be on the table as a potential solution,” she said. “We really need the producers and the manufacturers to be at the table and designing their products for the next life and the life after that.”

The American Beverage Association said it is “committed to working with the Governor, Director Wagoner and lawmakers to strengthen and modernize California's recycling system.”

“We want to get every bottle and can back so they can be turned into new ones and not end up in the environment,” the statement said.

Part of California's problem has been China's reluctance to accept waste from the U.S., severely limiting the market for recyclable materials. But Wagoner says she views that problem as an opportunity “to bring those jobs back to the state of California.”

“We need to create that economy here,” she said. “Not only recycling those materials but creating the new, innovative products that can use those recyclable materials.”

Jamie Court, president of the advocacy group Consumer Watchdog, has criticized CalRecycle in the past for not adequately policing the bottle deposit system. He praised Newsom for picking Wagoner to lead the agency.

“This is an important sign that the governor is serious about cleaning up CalRecycle and also a harbinger of hopefully a transition to a new system that puts California back on top in terms of bottle and can redemptions,” Court said.

Wagoner said her first priority will be leading the cleanup from wild-fire season, which set a record by burning more than 6,250 square miles (16,180 square kilometers) – an area larger than Connecticut.

The fires destroyed roughly 5,600 homes. CalRecycle contracts with companies to clean up what's left, working alongside the Department of Toxic Substance Control to remove hazardous materials. The agency is lining up contractors for the work and hopes to begin cleaning by Dec. 1.

The appointment of Wagoner still requires confirmation by the state Senate, but that could be just a formality given she spent 10 years as chief consultant for the Senate Committee on Environmental Quality before joining the governor's staff last year. The job pays \$186,389 a year.

California unveils smartphone virus tool as cases surge

BY AMY TAXIN AND ADAM BEAM
ASSOCIATED PRESS

California Gov. Gavin Newsom on Monday announced a voluntary smartphone tool to alert people of possible coronavirus exposure as cases surge higher, new restrictions are imposed and many people said they won't heed the pleas to stay home.

The tool – which has been used on a pilot basis on some state university campuses – doesn't track people's identities or locations but uses Bluetooth wireless signals to detect when two phones are within 6 feet (1.8 meters) of each other for at least 15 minutes, officials said.

California's 40 million residents can opt in to the system starting on Thursday. When someone who has activated the technology tests positive for the virus, that person will receive a verification code from state health officials that can be used to send an anonymous alert to other users who may have been exposed over the past 14 days.

“The more people that participate in it, the more that opt in, the more effective this program can be,” Newsom told reporters. “We are hoping there will be enough to make this meaningful.”

Sixteen other states, plus Guam and Washington, D.C., have already made available the system co-created by Apple

and Google, though most residents of those places aren't using it. The tool has been used on a pilot basis on University of California campuses, where 250,000 people opted in for notification of virus exposure.

The technology comes as coronavirus cases are exploding in California and more than 80 percent of the state's residents are under orders not to leave their homes for at least the next three weeks except for essential purposes.

Over the past two weeks, California has reported a quarter of a million positive virus cases. The 7-day average for new virus cases on Monday neared 22,000, a 50 percent increase over the prior week, state data shows.

More than 10,000 people were hospitalized in California Monday with COVID-19, including more than 2,300 in intensive care, Newsom said.

Newsom's administration issued the stay-at-home rules shuttering restaurant dining, salons and playgrounds in Southern California and a large swath of the state's Central Valley agricultural region after more than 85% of beds in intensive care units were occupied in those regions.

Five San Francisco Bay Area counties voluntarily joined the rules, saying they didn't want to wait until their ICU capacity dropped too low to take action.

Those restrictions will last until Jan. 4, a week longer than the state's timeline.

Ten months into the pandemic, most of the state is now back to where it started with the stay-at-home rules.

But unlike in March, when the pandemic was in its infancy and California was the first state to impose such rules, fewer people are likely to obey them.

Some business owners said they would keep their doors open and several law enforcement agencies have said they have no plans to enforce the rules and are counting on people to voluntarily wear masks and practice physical distancing to protect themselves and their families.

California will be able to activate the new “exposure notification” tool in their iPhone settings or on Android phones by downloading the CA Notify app from the Google Play store. Many residents will get a notification Thursday inviting them to participate.

The encounters are temporarily logged in a way that doesn't reveal a person's identity or geographic location.

The recent rise in infections began in October and is being blamed largely on people ignoring safety measures and socializing with others.

—
Taxin reported from Orange County, Calif.

Do "self-cleaning" elevator buttons really work?

BY THE ASSOCIATED PRESS

Without rigorous independent studies, experts say it's hard to verify claims of “self-cleaning” or “antiviral” surfaces that have popped up during the pandemic.

But they also say you shouldn't worry too much about how well such features really work.

COVID-19 is an airborne disease. Research suggests it would be difficult to catch the virus from surfaces like an elevator button.

“You get it through what you breathe, not through what you touch,” said Emanuel Goldman, who studies viruses at Rutgers University.

Studies showing the virus can survive several hours on plastic or metal surfaces do not mimic real-life conditions, said Dr. Dean Winslow, an infectious disease specialist at Stanford Health Care.

Companies are selling antibacterial and antiviral elevator button or door handle covers. But building or office managers looking to protect employees or tenants would be better off buying hand-sanitizing stations instead, Winslow said.

And anyone wanting to avoid the virus should continue taking regular public health precautions: mask-wearing, social distancing and avoiding indoor events, bars, dining and gyms.

Routine hand washing is also recommended, whether there's a pandemic or not, Goldman said.

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Property tax relief for smallest businesses

SUBMITTED BY HAYWARD
CHAMBER OF COMMERCE

A resolution that all real property including possessory interests not more than \$10,000 be exempt from property taxation was approved on December 8 by Alameda County Board of Supervisors. Previously, businesses with \$2,000 or less in real property, including possessory interests were exempt from property taxation. Taxpayers will

still have to complete a Business Property Statement (571 L) annually, but if the assessment is not more than \$10,000, they will not be taxed.

“This smart, fiscally sound policy will be particularly helpful to our small businesses who have been so severely impacted by COVID-19,” said Alameda County Assessor Phong La. “I am thankful to the board of supervisors for recognizing the assistance this will provide for small businesses who will be impacted by this change.”

Edmunds: Some of the best cars cost less than \$399 per month

AP WIRE SERVICE
BY CAMERON ROGERS OF EDMUNDS

The COVID-19 pandemic initially slowed car sales, but now many new-car buyers are making more expensive purchases than ever before, according to sales data from Edmunds.

The average transaction price for a new car in the third quarter of 2020 was slightly above \$39,000, with payments averaging just under \$570 per month. That's a price increase of about \$2,000 from 2019.

But a monthly payment approaching \$600 just isn't in reach for many shoppers. With this in mind, we sought to find a number of new vehicles that could be had at a more attainable \$399 monthly payment.

Factoring in today's average annual percentage rate (4.6%), a popular loan term (72 months) and a lower-than-average down payment amount of \$4,000, a vehicle with a manufacturer's suggested retail price of \$29,000 will match that monthly payment target.

We've compiled a list of vehicles that can be financed for less than \$399 a month using the above parameters. Remember that with a little research, you can easily secure a deal for less than MSRP. Note that while we will include destination and handling charges in the prices below, sales tax and fees are not included and can vary by location.

2021 KIA FORTE

Small sedans are no longer the drab, soulless econoboxes of yesteryear. The Kia Forte, for example, is a sharp little four-door with lots of features and personality. Redesigned for 2019, the Forte has all the latest driver conveniences and safety features, as well as a cabin with a sporty design aesthetic and high-quality materials. The base engine gets the job done, but buyers looking for a sportier edge should check out the GT model, which features a more powerful engine and unique transmission options.

Recommended trim: EX (\$24,055). Unless you want the GT's turbocharged engine, the EX is the way to go. It has almost every feature the Forte offers, yet it doesn't cost an arm and a leg. Using the parameters above, payments on a Forte EX will be roughly \$320 per month.

2021 HONDA INSIGHT

Think of the Honda Insight as an electrified Civic. The two match up pretty closely in terms of size, price and equipment, and both have plenty of passenger and cargo room. The Insight's hybrid powertrain is the primary differentiator. While it isn't as quick as the Civic in a straight line, the Insight consumes far less fuel. Depending on trim, the Insight earns 48-52 mpg in the EPA's combined cycle, while the

turbocharged Civic gets 33-36 mpg combined. The Insight is also slightly newer and benefits from a next-generation infotainment system.

Recommended trim: EX (\$25,765). The EX is only a little more expensive than the base LX and adds features such as Apple CarPlay and Android Auto functionality, a touchscreen infotainment system and blind-spot monitoring. Payments on an Insight EX using our calculations will run just under \$350 per month.

2021 KIA K5

The Kia K5 is the latest version of Kia's midsize sedan, formerly known as the Optima. The K5 is notable for its sleek and sophisticated sheet metal and near-luxury cabin. Many interior surfaces are covered in soft-touch imitation leather or convincing facsimiles of open-pore wood and textured aluminum. The K5 presents a strong value statement, with nifty features including wireless smartphone compatibility and ventilated seats available at a price that is commensurate with more lightly equipped rivals.

Recommended trim: GT-Line (\$26,355). The midtier GT-Line gives the K5 a sporty look and feel while adding desirable creature comforts. A pair of option packages can outfit the GT-Line with even more goodies, and it's one of the only models available with all-wheel drive. Payments on a K5 GT-Line with our parameters will run about \$355 per month.

2021 MAZDA CX-5

The Mazda CX-5 is one of our favorite compact crossovers. Though a little smaller on the inside than its primary competition, the CX-5 makes up for that with an eye-catching design and interior materials that rival what you'll find in luxury SUVs. It's also fun to drive, with excellent handling and sharp steering. Performance aficionados with a flexible budget should snag one of the models powered by the optional turbocharged engine.

Recommended trim: Touring (\$28,110). The CX-5 Touring adds a lot of features for the money and opens the door to the budget-friendly yet comprehensive Preferred SV package. Monthly payments on a CX-5 Touring with our calculations check in at just under \$385 per month.

EDMUNDS SAYS: Although the average car payment is now an eye-popping \$570 per month, shoppers don't have to spend that much to get a great car. In fact, some of Edmunds' top-rated sedans and crossovers can be snagged for far less.

This story was provided to The Associated Press by the automotive website Edmunds. Cameron Rogers is a news and reviews Editor at Edmunds.

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Can I stop wearing a mask after getting a COVID-19 vaccine?

AP WIRE SERVICE

No. For a couple reasons, masks and social distancing will still be recommended for some time after people are vaccinated.

To start, the first coronavirus vaccines require two shots; Pfizer's second dose comes three weeks after the first and Moderna's comes after four weeks. And the effects of vaccinations generally aren't immediate.

People are expected to get some level of protection within a couple of weeks after the first shot. But full protection may not happen until a couple weeks after the second shot.

It's also not yet known whether the Pfizer and Moderna vaccines protect people from infection entirely, or just from symptoms. That means vaccinated people might still be able to get infected and pass the virus on, although it would likely be at a much lower rate, said Deborah Fuller, a vaccine expert at the University of Washington.

And even once vaccine supplies start ramping up, getting hundreds of millions of shots into people's arms is expected to take months.

Fuller also noted vaccine testing is just starting in children, who won't be able to get shots until study data indicates they're safe and effective for them as well.

Moncef Slaoui, head of the U.S. vaccine development effort, has estimated the country could reach herd immunity as early as May, based on the effectiveness of the Pfizer and Moderna vaccines. That's assuming there are no problems meeting manufacturers' supply estimates, and enough people step forward to be vaccinated.

MTV Entertainment commits \$250 million to diversify reality

AP WIRE SERVICE

MTV Entertainment Group says it's making a \$250 million commitment to spur reality production over the next three years by companies owned and operated by women and people of color.

ViacomCBS' MTV Entertainment, which includes MTV and VH1, will provide funding, staff and other support to foster new ideas that will “fuel the unscripted content needs” of now and in the future, according to an announcement Thursday.

Advocates of increasing diversity in the entertainment industry say progress requires more women and people of color in decision-making positions.

The initiative builds on MTV Entertainment's unscripted record, including early reality show “The Real World,” by creating ownership opportunities “for its diverse partners,” the company said.

Lashan Browning and Adam Gonzalez, reality producers who were tapped last year to steer the initiative, will form their own production ventures with a MTV Entertainment equity investment, according to the announcement.

Browning was part of the start-up team for Oxygen and was a producer for “Love & Hip Hop Atlanta” and “Cartel Crew.” Gonzalez was a producer on VH1's “Teyana & Iman” and “America's Next Top Model.”

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| * Frequent urination | * Diabetes |
| * Kidney stone | * Facial Palsy |
| * Parkinson's disease | * TMJ syndrome |
| * Tourette syndrome | * Alzheimer's disease |



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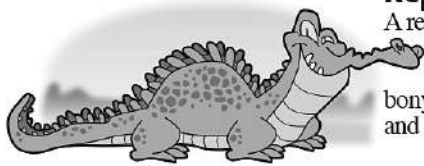


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Pangolins

Reptile or Mammal?

Study this sketch of a pangolin carefully. Read the description of reptiles and mammals and decide if pangolins are mammals or reptiles. Then use the code to check your answer.



Reptiles

A reptile is a cold-blooded animal that breathes air and usually has skin covered with scales or bony plates. Snakes, lizards, turtles, and alligators are reptiles.



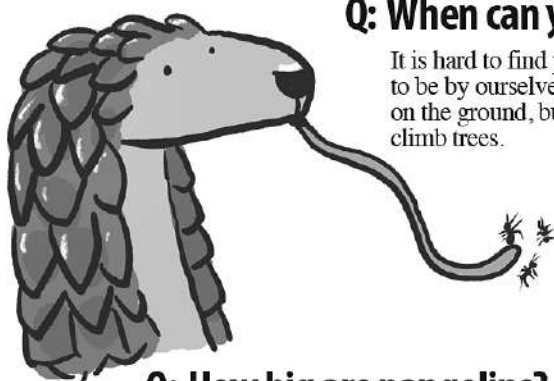
Mammals

A mammal is a warm-blooded animal with a backbone that feeds its young with milk produced by the mother and has skin usually more or less covered with hair. Dogs, mice, bears, whales, and human beings are mammals.

☐ = A ☐ = E ☐ = L ☐ = P ☐ = S
☐ = C ☐ = L ☐ = M ☐ = R ☐ = T

Pangolins are ☐ ☐ ☐ ☐ ☐ ☐ ☐

Ask a Pangolin



Q: When can you see pangolins in the wild?

It is hard to find pangolins. We are solitary (that means we like to be by ourselves) and active mostly at night. Most of us live on the ground, but some, like the black-bellied pangolin, also climb trees.

Q: Are you related to anteaters and armadillos?

Although we look and act a lot like anteaters and armadillos, we are more closely related to bears, cats, and dogs.

Like anteaters, we have long snouts and even longer tongues, which we use to lap up ants and termites. We dig up anthills and termite hills with our powerful front claws. We can close up our noses and ears to keep ants out when we're eating.



Look closely and you can see the young pangolin hitching a ride with its mother.

Pangolins are in Danger!

Every year, tens of thousands of pangolins are killed. Their scales are used in traditional Chinese medicine and others are killed for their meat, which some consider a delicacy.



Q: How do pangolins care for their young?

Pangolin babies often ride on their mother's tail. When danger is near, the mother will roll herself into a ball around her baby to shield it. The baby nurses its mother's milk until it is four months old.

Extra! Extra! Pangolin Adjectives

Look through the newspaper for five words that describe a pangolin. Put the words into alphabetical order.

Standards Link: Research: Use the newspaper to locate information.

Q: How big are pangolins?

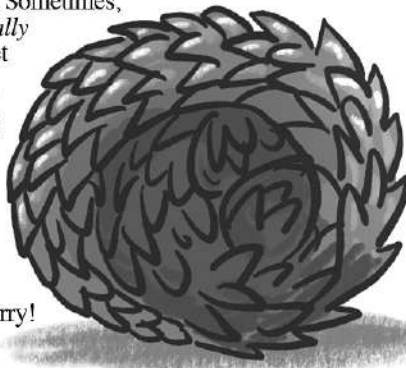
Some of us are about the size of a large housecat. The biggest pangolins grow to more than four feet long.

Q: What are your scales like?

Our scales are made of **keratin**—the same material as your fingernails—which gives us the nickname “scaly anteater.”

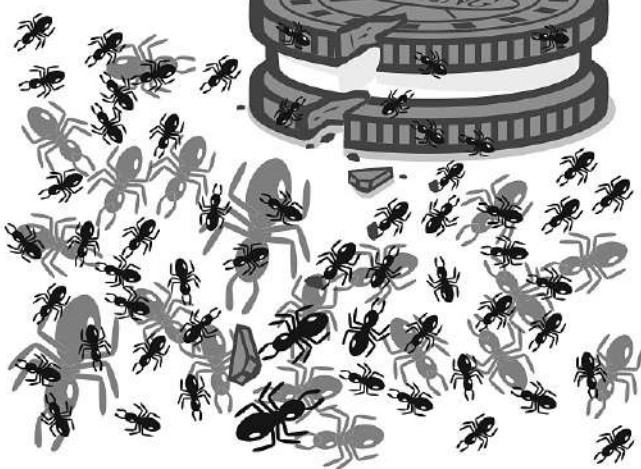
Q: How do you protect yourself?

When threatened, we roll into a ball, like an armadillo or a pill bug. Sometimes, if we feel *really* scared, we let loose some stinky liquid from a gland at the base of our tails. That really drives those mean old predators away in a hurry!



Kid Scoop Puzzler

Pangolins love to eat ants. How many ants do you see here? Have a friend try. Who found the most?



Double Double Word Search

ARMADILLO
PANGOLIN
ANTEATER
MEDICINE
KERATIN
REPTILE
LIQUID
MAMMAL
GLAND
NIGHT
ASIA
SCALES
SKIN
BASE
ASK

Find the words in the puzzle. How many of them can you find on this page?

M K E R A T I N A O
A S E L A C S I L M
M N R E P T I L E E
M D T N M A I O L D
D A I E I D B G N I
N A M U A K A N I C
A I N M Q T S A G I
L S R T A I E P H N
G A S K S L L R T E

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

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Kid Scoop Together:

Similar but Different

With a family member, make a list of ways each pair of animals below are the same and ways in which they are different.

Choose one pair and create a VENN diagram to compare them.

Bats and Birds

Sharks and Whales

Kid Scoop-doku™

Complete the grid by using all the letters in the word **ANTS** in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

N		A	
	T	N	
A		T	S
T		S	

Kid Scoop VOCABULARY BUILDERS

This week's word: SOLITARY

The adjective **solitary** means alone or without anyone else.

Many animals prefer to live **solitary** lives rather than gather in herds or packs.

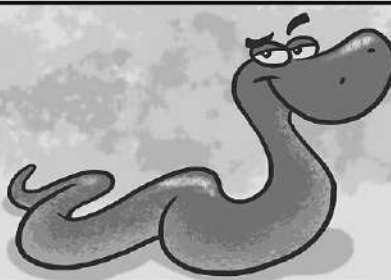
Try to use the word **solitary** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Diagram It!

Find five words in the newspaper that describe reptiles. Next find five words that describe mammals. Make a VENN diagram to compare reptiles and mammals using those words. Can you add more words to your VENN diagram?

Standards Link: Data: Organize, display and interpret data.



Why is it so difficult to fool a snake?

ANSWER: You can't pull their leg.

Write On!

My Favorite Animal

What is your favorite animal and why? Write three facts and three opinions about your favorite animal.

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Home & Garden

Homegrown Garnishes Add Flavor, Nutrition, and Eye Appeal to Meals



BY MELINDA MYERS
PHOTOS COURTESY OF
MELINDAMYERS.COM

Make your meals just a bit more special with homegrown garnishes. You invest time and money growing, purchasing, and preparing quality ingredients. But do not stop there. Add a nutritional and decorative flair as you plate your meal by adding a garnish of homegrown herbs.

Parsley is a traditional garnish that is usually left behind on the plate. But the dark green leaves should not be ignored. This herb is high in Vitamin C and A, has cancer and inflammatory disease fighting qualities, and promotes heart health. A perfect fit for your healthful eating goals. Although the curly varieties add texture to

your plantings and plate, you and your guests may find the milder flavor of the flat leafed variety more palatable. All this and it helps freshen your breath too.

A sprig of mint looks good next to or on top of most desserts. Its cool flavor will help settle your stomach – an asset when we overindulge. Like parsley, it is high in Vitamin C and A and helps in the fight against cancer and inflammatory diseases. In addition, it relieves breathing problems.

The best part: both are easy to grow right in your kitchen window. Start by purchasing healthy plants from your local garden center or the produce section of your grocery store. Plant them in separate containers

or together with other herbs in a larger pot. Either way, make sure the container has drainage holes and a saucer to protect the windowsill or furniture it sits upon. Gently loosen any tangled or girdling roots before planting your herbs in a well-drained quality potting mix. Plant them at the same depth they were growing in their original pots.

Grow these and other herbs in a sunny window. Add a grow light to boost productivity or grow your garden in lower light locations. New LED plant lights are now more affordable and use less energy. Water the soil thoroughly after planting and whenever it is slightly dry. Be sure to pour off any excess water that collects in the saucer to avoid root rot. Another option is to add pebbles to the saucer, elevating the container above any excess water that remains.

Use kitchen shears or pruners to harvest the herbs. Cut mint just above a set of leaves and parsley at the base of the stem. Trim the sprigs as needed to dress up your holiday meals.

Your guests will be thrilled and more likely to take a bite of these healthful garnishes when they discover you grew them yourself.

Gardening expert Melinda Myers has 30 years of horticulture experience and written over 20 gardening books, including Small Space Gardening. Myers is the host of The Great Courses “How to Grow Anything” DVD series and the nationally syndicated Melinda’s Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers’ website is www.melindamyers.com.



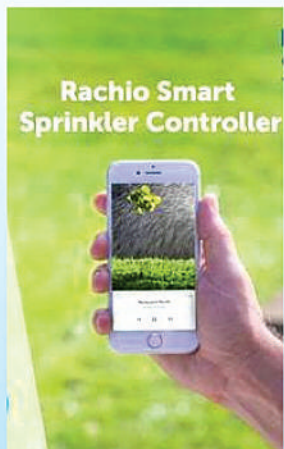
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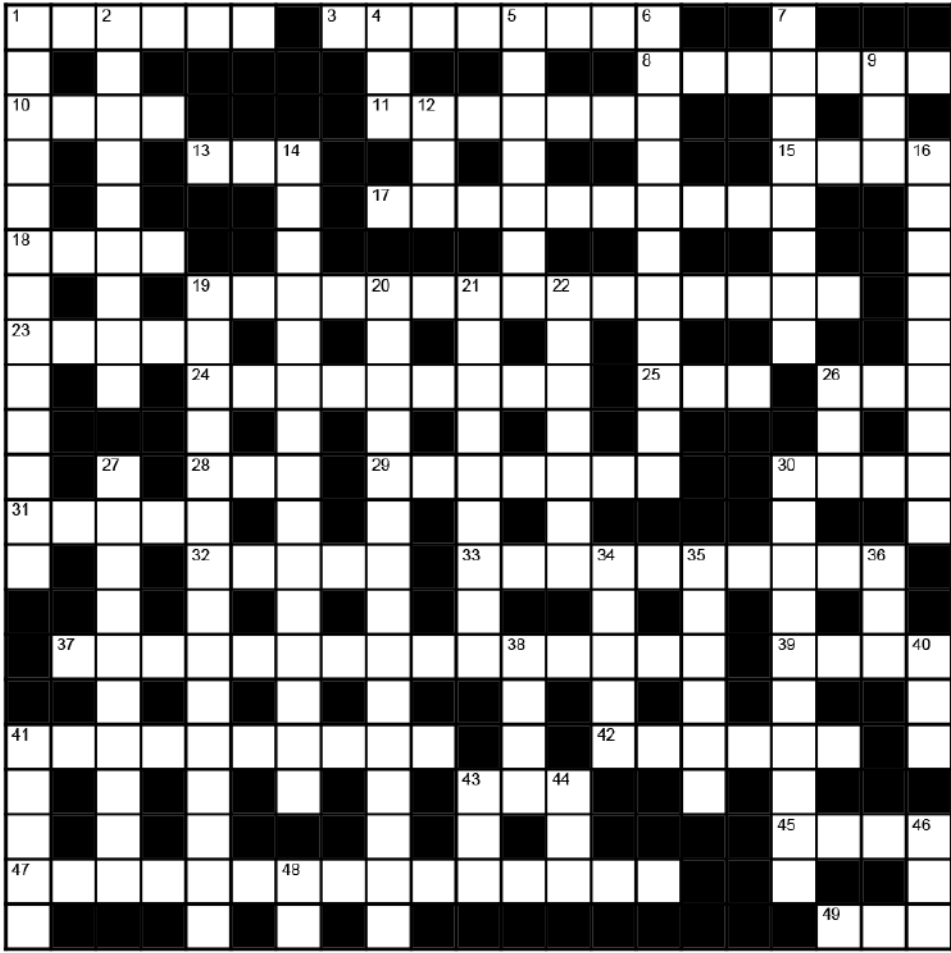


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Mind Twisters

Crossword Puzzle



- Across
- 1 Clientele (6)

3 Dove (8)

8 Heroic poems (7)

10 "Nah!" (4)

11 Surfeit (7)

13 Peck at (3)

15 Eye (4)

17 Academic enclave (5-5)

18 Bibliographical abbr. (4)

19 Green light (5,2,8)

23 Kind of trip (5)

24 Track event (5,4)

25 Like Beethoven's "Pastoral" Symphony (3)

26 Card (3)

28 Son of, in Arabic names (3)

29 Discuss in detail (4,3)

30 Bricklayers' equipment (4)

31 Sturm und ___ (5)
- 32 "The Planets" composer (5)

33 Fantastic (3-2-5)

37 Lose it (2,3,3,4,3)

39 Shells, e.g. (4)

41 "Women Ironing" artist (5,5)

42 Piles (6)

43 Blackout (3)

45 Dept. of Labor arm (4)

47 High ground (3,8,4)

49 A.E.C. successor (3)
- Down
- 1 Member of a wedding party (8,5)

2 "Amen!" (3,4,2)

4 Coast Guard officer: Abbr. (3)

5 Land on the Red Sea (7)

6 Person of letters? (11)

7 Man of steel? (1,1,6)

9 Immigrant's class: Abbr. (3)

12 Off-roader's purchase, for short (3)
- 14 Fume (3,3,2,1,6)

16 Green (9)

19 Direct (15)

20 Shrink (15)

21 Paving material (9)

22 Arrange by ZIP code, e.g. (7)

26 Neb. neighbor (3)

27 Charades, e.g. (6,4)

30 Everywhere (4,3,3)

34 Concert hall (5)

35 Dieter's concern (6)

36 President pro ___ (3)

38 "Como ___ usted?" (4)

40 "That's ___ ..." (3)

41 Drain (5)

43 Physique, slangily (3)

44 Grant source: Abbr. (3)

46 Patriots' grp. (3)

48 ... (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

3		1				2	7	9
	2					6	1	4
		9			2		5	
8		6	9				3	2
	1	3						
5	9							
4	3			6				
	5	2	7	1	4			3
1	6		3	9	5	4		

E	S	C	A	P	I	S	T		F	I	L	M	E	D		B	O	B
D	R		C	H	A		Y				L	E						
W	H	I	T	E	B	L	O	O	E	D		H	E	A	D	S	U	P
I	S				M			E	R			O	T	I		A		
N	T			R	H	O	M	B	U	S		O	O	H	E	D	C	
	D	O	A	B	L	E			O	L	T	E	E					
	I		E		S	M	A	L	L	T	I	M	E	C	R	O	O	K
	P	L	U	N	G	E		L	T	T		D	S		N	E		
	S		C	A	A	F					A	K		E	X	T		
F	O	R	T	H	E	R	E	C	O	R	D		D	E	F	I	E	S
R	U	W	C	A	O			V		T	E		E					
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N	O	T	E	P		E			A		C	R	A	M				
	H	O	R	S	E	A	N	D	B	U	G	G	Y		E	D		
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B	O	M	B	S		T		U		L		N		B				
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P	O	L	I	T	I	C	A	L	B	E	L	I	E	F		R	O	C
C	O																	

8	9	5	4	2	7	1	3	6
1	3	2	6	9	8	7	4	5
6	4	7	3	1	5	9	8	2
7	6	3	5	4	2	8	9	1
4	2	1	8	7	9	6	5	3
5	8	9	1	6	3	2	7	4
3	1	8	7	5	6	4	2	9
9	7	4	2	3	1	5	6	8
2	5	6	9	8	4	3	1	7

Tri-City Stargazer FOR WEEK: DECEMBER 15, 2020

All Signs: Jupiter moves from Capricorn into Aquarius, and after two-and-half years, Saturn moves from Capricorn into Aquarius as well. This is good news because this

loosens that intense Capricorn vice-like energy that triggered much of the unusual and difficult situations of 2020.

Aries the Ram (March 21-April 20): For the last two years, it's been a mixed bag. On the upside, it was your time of harvest when some of your cherished dreams came true. Your activities have brought increased respect for you from your peers, and this has been a time where you could see clearly what was working and what was not, which is empowering. However, it has also been a discouraging time because your energy has been low. At times, your ambitions were thwarted. These obstacles are over now.

Taurus the Bull (April 21-May 20): Jupiter and Saturn change signs this week, which means they will begin to move across the top of your chart. Jupiter does this once every 12 years. Saturn does it once every 30 years. In a nutshell, it means you are coming into your own. People will admire you in the coming year because they see you as successful. For many of you, it will be a time when cherished dreams come true. Nevertheless, you will see some failures. Do not stress yourself into trying to save something that isn't worth saving.

Gemini the Twins (May 21-June 20): This shift of Jupiter and Saturn will create a shift in your life. One of the changes will be a growing desire to travel in the coming year. Many of you will want to learn more. You might take on a serious writing project because your relationship with the publishing world will be

blessed. You might also develop a greater interest in medicine and law. This year will be easier for you because both Jupiter and Saturn are in your fellow Air Sign, which means life will flow more easily for you.

Cancer the Crab (June 21-July 21): In the last few years, relationships have been challenging. Some of you parted ways. Fortunately, relations with partners and close friends will be easier this year because a difficult stress has been removed. Furthermore, you will benefit from the wealth and resources of your partner or someone else and this enrichment will make your life easier. (Some of you might inherit.) In the bigger picture, you are learning to stand on your own two feet and be more independent.

Leo the Lion (July 22-August 22): This year will be significant because both Saturn and Jupiter will oppose your sign. Traditionally, it's a testing time for relationships. Your energy might be lower, especially if your ambitions are thwarted by circumstances or other people. Lucky Jupiter is also opposite your sign and this is a positive influence. It makes you want to go after everything that you want. Believe that you have a chance for success in any endeavor that you tackle.

Virgo the Virgin (August 23-September 22): In all signs above, I mentioned Jupiter and Saturn change signs.

For Jupiter, it's the first time in 12 years that it will return to this part of your chart and for Saturn, it's the first time in 29 years. Basically, this change will affect your job and health. You will work hard in the next two years. However, now is the perfect time to improve your existing job. If you can't improve your existing job, you can get a better job! Factoid. Jupiter will give your health a boost; however, Saturn might increase problems with stiff joints.

Libra the Scales (September 23-October 22): Jupiter and Saturn change signs this week, which means many of you will have increased responsibilities in the next few years. Those of you who are involved in the arts and sports will work hard to perfect and hone your techniques. In fact, your creative expression will expand in many ways, and you will have more opportunities to express your talents. You will produce more work and you might make money at it. You will feel confident.

Scorpio the Scorpion (October 23-November 21): As two major planets change signs this week, you will start to feel a shift of things that affect home and family. Your desire to create a stable home base will grow. Because of this, many of you will move to something that is more reliable. Expect to tackle major home repairs. Fortunately, this is the best year in over a decade for you to improve where

you live or to find a better home. Your family relationships will improve this year.

Sagittarius the Archer (November 22-December 21): You are entering a two-year window where many of you will change residences or jobs or both. In the bigger picture, this is because since 2014-2015, you have been on a journey of reinventing yourself. For the next two years, you will put the finishing touches on the "new you," which is why you will be thrust into a new daily scene. It's an exciting period of learning! The good news is that you will be more optimistic in the coming year.

Capricorn the Goat (December 22-January 19): The shift of two major planets that is mentioned in all Signs above will affect your earning power and overall assets and wealth. In one way, it will mean that you will work hard or even harder to earn money. In the next year, you will get richer. Those of you who are not earning a wage per se will still get richer in an indirect manner, perhaps through your partner or through an inheritance. Be patient with family members because increased activity and uncertainty will prevail for one more month.

Aquarius the Water Bearer (January 20-February 18): Saturn is entering your sign for the first time since 1993, and Jupiter is entering your sign for

the first time since 2009. So, you are setting off on a new journey that will redefine who you are in the next seven years. For some, this change will be so dramatic you will start to wear a different daily wardrobe as you enter this time of gaining new experiences. Meanwhile, Jupiter will attract people and resources to you that will bring you advantages. Jupiter will bring you divine protection; hence, this is a fortunate new cycle in personal terms.

Pisces the Fish (February 19-March 20): The changes that are brought about by the shift of these two major planets mentioned in all signs will make you start to downsize and streamline your life. You will be lighter and have less to take care of. For different reasons, many of you will have an increased involvement with your spiritual side perhaps by finding a teacher or becoming a teacher to someone else. It is going to be a big change and a beneficial one.



By Georgia Nicols
www.georgianicols.com.



HOMEOWNER WORKSHOP

Are you having trouble keeping up with your house payments?
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European-US sea level tracking satellite sends 1st readings

AP WIRE SERVICE

A newly launched European-U.S. satellite designed to continue a decades-long record of tracking global sea levels has sent back its first measurements, NASA said Thursday.

The Sentinel-6 Michael Freilich satellite was launched Nov. 21 from Vandenberg Air Force Base, California and controllers spent several weeks activating instruments and making sure operations were normal.

The first measurements provided information on sea surface height, wave height and wind speed off the southern tip of Africa.

Josh Willis, project scientist at NASA's Jet Propulsion Laboratory, said in a statement that "the data look fantastic."

Named for a late NASA official who had a key role in developing space-based oceanography, the satellite's main instrument is an extremely accurate radar altimeter that bounces energy off the sea surface.

Space-based sea level measurements have been uninterrupted since the 1992 launch of the U.S.-French TOPEX-Poseidon satellite.

The rate of sea level rise has doubled since then to 0.16 inch (4 millimeters) per year, almost entirely due to the combination of meltwater from land-based glaciers and ice sheets and the fact that seawater expands as it warms, NASA said.

TOPEX-Poseidon familiarized the public with the concept of ocean surface topography with data turned into brightly colored graphics of the globe showing warming and cooling water marking weather-influencing El Nino and La Nina conditions.

TOPEX-Poseidon was followed by a series of satellites including the current Jason-3.

Sometime this month, Sentinel-6 will be moved higher from an initial orbit to its operational orbit, where it will trail Jason-3 by 30 seconds so scientists can cross-check the data to ensure continuity.

When that is assured, Sentinel-6 will become the primary satellite.

In addition to NASA, the mission involves the European Space Agency, the European Organization for the Exploitation of Meteorological Satellites, the European Commission, France's National Center for Space Studies, and the U.S. National Oceanic and Atmospheric Administration.

Local singer Aditi Sri debuts new single

SUBMITTED BY
SRINI VEERARAGHAVAN

20-year-old Aditi Sri has lived in Fremont all her life. She has performed over 100 concerts and has released three Hollywood singles. Her songs address themes of self-discovery, relationships, and following your dreams. Now she is currently working with Sony Orchard SMI Label and USHMS Inc on a new collaboration.

For more information, visit Aditi Sri's social media Website:
<http://www.aditisri.com/>

Facebook:
www.facebook.com/aditi.sri.58

Twitter: @sri_aditi

Instagram: Aditisri1012



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Stay Safe at Home this Holiday Season

TIPS ON KEEPING SPIRITS BRIGHT—AT A DISTANCE.

THE HOLIDAYS ARE A TIME to come together with friends and loved ones. Obviously, this year, that's a little more complicated, as cases of COVID-19 surge across the country. The residents, families, and staff of the Masonic Homes are committed to keeping our community safe and healthy—without skimping on the festive

cheer. That's why we've been compiling great ideas about ways to celebrate the season while remaining physically distant.

Here, a few ideas to get you going. Check out even more great ideas each week through the end of December at masonichome.org/safe-at-home-for-the-holidays.

IDEA #2 Deck the Halls

IDEA #1 Gather Up Greetings

Feel you're together, even when apart

HERE'S HOW IT WORKS: Everyone in your extended family submits a greeting to the rest of the family—it can be a photo, video, or a written note. The greetings are due the night before whichever holiday you're celebrating. Get creative! Kids can draw pictures. Grandparents can write about a favorite holiday memory. Each household can stage a goofy photo or record a video overview of the year's highlights.

Then, the day of the holiday, every part of the family can have a special moment of looking through everyone's greetings. Use an online platform like kudoboard.com to collect them all in one place—or if it's simpler, just attach them all in one long email thread. Who knows? You may decide to keep this virtual tradition going for years to come.

Because half the fun of holidays is decorating

TO BUILD ANTICIPATION and create moments of connection this holiday season, challenge your extended family and friends to a door-decorating contest:

- **READY:** Brainstorm as many festive themes as you have households participating. They don't have to be your typical holiday themes, either—think about "A Totally '80s Hannukah," or "A Star Wars Christmas." You get the idea. Each idea goes into a jar (or a virtual one).
- **SET:** Have each household draw for spots and choose a theme. You can even host a group video chat to let the drama unfold live.
- **GO!** Have each household decorate their door. Use social media, group texts, or email to encourage friendly banter and "behind the scenes" photos. On the big day, vote for a winner. Assign a prize, or at least claim bragging rights until next year.

IDEA #3 Bake Off!

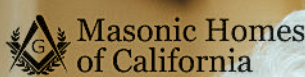
Take your favorite baking tradition online

HOME-BAKED GOODIES are a classic way to celebrate the holidays. They also work well as a video chat activity for all ages. Find a festive recipe to bake "together" with friends over video chat. It can be a family favorite, a traditional recipe that honors your heritage, or something new you've never tried.

If you're new to baking, keep it simple. Buy plain sugar cookies and a few colors of premade frosting from the grocery store, prop up your mobile device on video chat with one or two loved ones, and make decorating the main event. Then enjoy the spoils! ♦

For the latest news about the Masonic Homes and COVID-19,

visit the Masonic Homes online at MasonicHome.org.



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View our video at:
masonichome.org/Transitions

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*Cherished friends. Continued learning and growth.
Busy, active lifestyles to keep you energized.*



Come see for yourself how Acacia Creek is breaking the mold on what it means to age. In our vibrant, community, we empower each other to lead fulfilling lives and become our best selves.

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acaciacreek.org



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RCFE 0258012018 | COA #246

H. C. Nelson New Hours

November - Wed. and Fri. 11am-5pm - Sat. 11am-4pm

December - Wed. - Sat. 11am-5:30pm

We will accept appointments on other days.

**Your work here
is done, sir!**



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\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Monday – Saturday

Free COVID-19 Testing

M-F: 1 p.m. – 5 p.m.

Sa: 9 a.m. – 12 noon

*Drive through, drop-in, and walk-up
testing by appointment*

Bay Area Community Health

39500 Liberty St., Fremont

(510) 770-8040

<http://bach.health/covid/>

Mondays and Wednesdays Parenting During COVID R

Tue: 12:30 p.m. – 2:00 p.m.

Wed: 6:00 p.m. – 7:30 p.m.

*Virtual support group to help families
cope with challenges encountered
during COVID*

To register:

www.fremont.gov/3060/Caregiver-Support

Support

(510) 574-2100

Tuesdays

Free Virtual Sing-Along

7 p.m. – 8 p.m.

*Zoom choir meeting hosted by Mission
Peak Chamber Singers*

<https://www.chambersingers.org/>

Contact: info@chambersingers.org

Wednesday - Saturday

Free COVID-19 Testing

11 a.m. – 4 p.m.

*Drive through and walk-up testing by
appointment*

Make appointment at: <https://ac.fulgentgenetics.com/>

Glad Tidings Church

1000 Glad Tidings Way, Hayward

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.

*Dinner time tunes, oddservations, and
bad jokes*

Via Facebook Live:

www.facebook.com/mudpuddlemusic

Thursdays

First Presbyterian Church of Newark Virtual Youth Group

6:30 p.m.

*Youth and young adults, students
welcome*

Contact: brian@newarkpress.org

Zoom Meeting ID#

www.newarkpres.org

Sundays

Southern Alameda County Buddhist Church Family Service

10 a.m.

Via ZOOM

For link, call (510) 471-2581

<https://sacbc.org/>

Sundays

First Presbyterian Church of Newark Virtual Sunday School

11:00 a.m.

Sunday School, Ages K – 6th grade

Contact: office@newarkpres.org

Zoom Meeting ID#

www.newarkpres.org

Saturdays

Virtual Telescope Viewing R

9:00 p.m. – 10:30 p.m.

Free on Facebook Live

*Join resident astronomers live from
Chabot's observation deck*

<https://chabotspace.org/calendar/>

Saturdays

Online Comedy Shows R\$

8 p.m. – 9 p.m.

*Made Up Theatre's interactive comedy
has gone to YouTube!*

<https://madeuptheatre.com/upcoming-shows/online-shows/>

Wednesdays and Thursdays, November 4 – December 17

Coping With Grief

W: 12 noon – 1:30 p.m.

Th: 6:30 p.m. – 8:00 p.m.

Grief group hosted by SAVE

Via Zoom

W: <https://bit.ly/2KkGwa9>

Th: <https://bit.ly/2UFjdcX>

(510) 574-2250

Arts & Entertainment

Hayward Animal Shelter



Hayward Animal Shelter

510-293-7200

www.HaywardAnimals.com

**16 Barnes Court, Hayward
(Near Soto & Jackson)**

*Connecting rescued animals
with loving homes!*



**MAGNOLIA IS A 4 YEAR OLD SWEETIE PIE,
GENTLE AND FRIENDLY. SHE LIKES BEING
NEAR PEOPLE, WILL ROLL OVER FOR BELLY RUBS,
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TO ADOPT MAGNOLIA,
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EATING TREATS, AND EXPLORING. HE WOULD DO
BEST IN AN ACTIVE HOME WITH TEENS OR ADULTS.
TO ADOPT LOKI,
CALL HAYWARD ANIMAL SHELTER (510) 293 – 7200.**

Saturdays, November 21 – December 26

Free COVID-19 Testing

9 a.m. – 3 p.m.

Los Cerritos Community Park

3377 Alder Ave, Fremont

Call (510) 735-3222 for appointment or visit

<https://www.color.com/AHS>

Sunday, November 29 – Saturday, January 16

FirstPres Advent StoryWalk

*Follow a guided trail featuring
laminated pages of a children's Christmas book*

FirstPres Church Hayward

2490 Grove Way, Castro Valley

<https://bit.ly/2IRU78a>

Saturday, December 12 – Friday, December 25

Crippsmas Place

Drive through Christmas display

www.Crippsmasplace.org

Tuesday, December 15 – Wednesday, December 23

Las Posadas - Virtual

Admittance: 6:45 p.m.

Performance: 7 p.m.

*Musical program to celebrate Mary
and Joseph's journey*

Reservation required by noon, day of performance

Zoom link will be emailed to registered attendees

Email: LasPosadasFCAC@earthlink.net

www.fremontculturalartscouncil.org

www.missionsanjose.org



Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market
Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market
Saturdays
10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center
Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro
Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro
Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot
Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org/book-
mobile
Times & Stops subject to change

Tuesday
4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday
12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday
11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday
1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday
1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops
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(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday
1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

UPCOMING Events

Tuesday, December 15
7 o’clock rocks!
7 p.m.
Join Groovy Judy and Pete for a rockin’ holiday show
Via Facebook Live
Facebook.com/GroovyJudyRocks/Live

Tuesday, December 15
Induction Cooking Party
12 noon
Workshop by Professional chef Rachelle Boucher on electric induction cooking
https://bit.ly/37CIWsQ

Wednesday, December 16
Free Flu Shot Clinic
9 a.m. – 3 p.m.
Walk-in and drive-through appointments available for San Leandro residents
San Leandro Senior Community Center
13909 East 14th St., San Leandro
Call (510) 577-3462 to register

Wednesday, December 16
Overview of Student Aid Programs
4 p.m. – 5 p.m.
Learn about financial aid options available at Ohlone College
Via Zoom
https://bit.ly/36T94Px

Wednesday, December 16
Music & Movement For Kids
3:30 p.m. - 4:30pm
Holiday theme
Via Zoom
https://forms.gle/APUEej27j3VnYX6y6
http://www.musicforminors2.org

Wednesday, December 16
Holiday Social Hour
11 a.m. – 12 noon
Join the Age Well Center for a virtual holiday social hour
Via Zoom
Email njordan@fremont.gov or call (510) 790-6602 for link

Thursday, December 17
Ohlone College Information Session R
10 a.m. – 11 a.m.
Learn about support services for students, plus Q&A session
Via Zoom
https://bit.ly/37MGwYP

Thursday, December 17
Ohlone College Information Session (Spanish) R
6 p.m. – 7 p.m.
Learn about support services for students, plus Q&A session
Via Zoom
https://bit.ly/39GIEF8

Saturday, December 19
An Afternoon at the Opera \$
4 p.m.
Music at the Mission virtual concert: Michael Graham, cello, and Bill Everett, double bass
www.musicatmsj.org

Saturday, December 19
Ohana Health Walk R
11 a.m. – 12 noon
Walk on your own time. Daily videos.
https://bach.health/health-walk/

Saturday, December 19 – Sunday December 20
Curtains \$
Saturday: 7 p.m.
Sunday: 3 p.m.
When a leading lady dies on stage, the entire cast becomes suspects in this musical mystery
Online streaming event
https://starstrucktheatre.org/shows/curtains/
Sunday, December 20
Music For Minors II Holiday Concert
7:30 p.m.
Virtual concert featuring children’s choir
Via Zoom
https://tinyurl.com/y3sqxqlg

Monday, December 21
Longest Night Service R
7:30 p.m.
Niles Discovery Church offers meditative service
Via Zoom
https://bit.ly/3nBaULV

Tuesday, December 22
7 o’clock rocks!
7 p.m.
Come celebrate Groovy Judy’s birthday
Via Facebook Live
Facebook.com/GroovyJudyRocks/Live

Thursday, December 24
Paskuhang Pinoy: A Filipino Christmas Festival
5 p.m. – 7 p.m.
Livestream entertainment and contests
Via Facebook Live
https://www.facebook.com/PaskuhangPinoy/
(650) 290-0542
events@jscaminsproductions.com

Online Holiday Giveaway

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

Play along this holiday season and win gift cards and prizes to featured downtown Hayward merchants. To ensure the safety of businesses and patrons, Hayward Chamber of Commerce has reimaged the annual Holiday Passport Program as a COVID-safe online promotion - Downtown Hayward Holiday Giveaway.

Through Thursday, December 24, the virtual program will feature an assortment of participating Downtown Hayward Businesses (located in the DHIA zone) on its Facebook and Instagram pages. Community participants must be following @downtownhaywardgiveaway (Instagram) and/or facebook.com/DowntownHaywardHolidayGiveaway to play. Following both will give participants more chances to win.

For information on how to play the game and what businesses are participating, visit www.downtownhaywardgiveaway.com. Downtown Hayward Holiday Giveaway Until Thursday, Dec 24 www.downtownhaywardgiveaway.com

LETTER TO THE EDITOR

In 2016 I was diagnosed with Hodgkins Lymphoma, which is cancer of the Lymphatic System, our infection control. I didn’t miss a day of teaching at Ballet Petit or taking classes. At our Nutcracker 2017, I was able to stand before guests and tell them my scans came back clear. Life went on.

In mid-January 2020, I found a huge lump on my neck. I was now Stage 4, had masses in many places, and was up for drastic chemo again in February, with stem cell transplant in mid-April.

Then COVID-19 hit, and I was terrified I would not get a bed for transplant. Furthermore, an April 7 scan showed one area in my lung was not improving. I was given a special detour treatment to address it, which luckily also cleared the rest of the masses.

In June, I did the regimen to harvest my own stem cells. My cells were collected and frozen, waiting for transplant day. They call our transplant day our second birthday, as it quite literally is.

On July 17, I received massive doses of chemo, unlike anything I could imagine, 10x the normal beastly doses. My hair fell out for the second time in 2020, the third time in my life. But on July 23, the quietest part of the process, my stem cells were returned to me and tasked to do their magic. The two-week waiting game began.

Nine days later, I was discharged! My stem cells had not only gotten to work, they got busy very quickly. I was only in the hospital for 18 days, far less than expected. The doctors joked that the ballet was what gave me such strength and determination.

The first thing I did when I got home was sleep. On Day 2, I took an on-line ballet class! It was so

Free COVID-19 Testing

SUBMITTED BY CITY OF UNION CITY

Mark your calendar, book your appointment, and tell your friends. Bay Area Community Health is partnering with Union City Bart Station to offer no-cost COVID-19 testing from Monday, December 21 to Wednesday, December 23. Appointments are preferred and walk-ups are welcomed. Visit www.bach.health/covid to book your appointment.

COVID-19 Testing
Monday, Dec 21 – Wednesday, Dec 23
9 a.m. – 4 p.m.
Union City BART
10 Union Square, Lot K, Union City
(510) 770-8040
www.bach.health/covid
FREE

hard. My body was weak, but I didn’t care. On Day 4, I took another. It got easier. By Day 6, I was regaining my strength. I was back to taking four online classes a week out of San Francisco, Berkeley, and New York City.

During my 2016-17 illness, I had been able to keep my usual routine of teaching and taking classes. But I didn’t know how complex the Stem Cell Transplant process would be.

When Ballet Petit went on Zoom, I made appearances, but my wonderful and caring staff took over and let me progress through what I had to do. I still took classes, but teaching young dancers was too much to handle. Plus, I didn’t want my unpredictability to add to their challenges. Life was hard enough for kids, with distance learning and missing their friends.

But the night of my transplant I had an idea that would not let me rest. In my hospital bed, jacked up on steroids, my mind was on overdrive. Ballet Petit had to have a Nutcracker. Could we do a show on Zoom? What would it take? The next day I surveyed my staff between blood draws, sleeping, and trying to eat again. We decided to go for it.

Covid has changed how we live, work, and play. Yet in spite of Covid, closures, cancer, chemo, cells not cooperating, then cooperating...we hang tough and power through, especially for those we love and for the things we love to do.

Peggy Peabody
Artistic Director, Ballet Petit, Hayward
Officially in remission as of October 2020

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Mental health awareness forum

BY STEPHANIE GERTSCH

On Thursday, December 10, the City of Fremont held a virtual youth mental health and wellness forum. Experts discussed mental health challenges among local youth before and during the pandemic.

Dr. Lawrence Yang, Associate Professor of Social and Behavior Sciences at NYU, presented results of a survey conducted with Fremont students. He highlighted that Fremont Unified School District

(FUSD) has 60% Asian students, and that Asian cultures tend to under-use mental health resources. Although every family is different, high academic pressure and expectations of familial loyalty can put additional stresses on students in Asian families.

In a survey of FUSD students, 70% of respondents said they would feel uncomfortable telling others they had a mental health challenge. They said they would rather talk to friends, parents, or doctors rather than school counselors.

However, over 80% said they would want to help their friends who had a mental health challenge. Notably, students who believed negative stereotypes about mental illness (such as “people with a mental illness will have more trouble getting jobs”), were less likely to report that they would seek help for themselves or offer help to friends.

Fremont Youth Wellness Ambassadors Aditi Morumganti, Tanisha Deep, Carina Yuen, and Tushita Sinha shared a video project they had created to raise awareness of mental health struggles. They discussed the awkwardness they see among their peers when the topic of mental health comes up. “We should feel empowered not only to acknowledge our mental health but to take care of it,” said Morumganti.

“When my peers and I are supported by loved ones and professional help, we are able to be the happiest best versions of

ourselves,” said Carina Yuen.

Attendees at the forum also viewed the short film “Blossom,” the story of a teen dealing with depression, asking for help.

Dr. Anu Patel, clinical child psychologist at Kaiser, shared how her department approaches child mental health and how they have transitioned to telehealth services during the pandemic.

At the end of the forum, the two experts and the youth ambassadors answered questions submitted by the audience. Dr. Yang answered a question about the goal of the survey – to decrease stigma and increase awareness and availability of help for mental health challenges to students can get help before their condition worsens. Dr. Patel encouraged youth to speak with their medical doctor first if they are worried about sharing mental health concerns with their parents.

Behind The Scenes at Las Posadas

SUBMITTED BY ARATHI SATISH

This year the song, “There’s no place like home for the holidays,” has special significance. The pandemic has isolated many people. It has also filled local volunteers with determination to bring joy back to our community. To this end, Fremont Cultural Arts Council, Old Mission San Jose and the Mission San Jose Chamber of Commerce invite everyone to participate in nine nights of musical and comedy performances with this year’s virtual Las Posadas. Admission is free, but registration is required.

Participants should log in after 6:45 for the 7:00 p.m. program. Julie Gilson, President of the FCAC, says, “While you wait you’ll be entertained by Jo Ann Schriner and her ‘Christmoose Grand Piano.’ Program lengths are determined by the artist, but are usually a little over a half hour... We hope the show brings you a sleigh full of magical performances.”

Knuti VanHoven, FCAC board member and event organizer added, “The thing that makes it ‘magical’ is that it seemed so impossible. To save Las Posadas, people with no previous technical background have rushed in. They’ve



learned how to operate new computer programs and equipment, deal with social distancing, and moved the whole show to Zoom as our only way to keep our Fremont tradition alive.”

Kristen Del Rio’s group “Kristy’s Merry Band” has been performing in it for over 20 years. She said, “Fremont’s Las Posadas has... been a part of my life for well over 30 years. As a child I was a participant in the audience, enjoying the candle-lit caroling procession and the tasty treats following the evening’s entertainment. However, for the last 20 years, I have been fortunate to BE the entertainment and provide a traditional experience to others.”

Many other artists have returned year after year. Center Stage Singers are back for their second decade, and, to quote Jim Burris, whose AaaahZ a capella chorale is celebrating its 28th consecutive year, “Las Posadas is an expression of generosity and gratitude. It brings people together and gives us all that warm fuzzy feeling.

Mission San Jose representatives Nancy and Gary Dorigi co-produced and this year, for the first time, performed in the Las Posadas Door Ritual. Nancy drew attention to the concert organized by Old Mission San Jose: “December 23, the final night of Las Posadas will feature a musical program in the historic Mission

San Jose Church, showcasing the Rosales 18th Century replica Spanish Organ.”

For a chance to actually meet a few of your fellow audience members, FCAC event organizers invite you to stay after the show and be randomly sorted (by Zoom) into small conversation groups to chat and wish each other a Merry Christmas.

Master of Ceremonies Brandon Sass of Stage 1 Theatre summed it up, saying, “I give time to Las Posadas because it’s good for the community. I was raised in Fremont and community is very important to me... The holidays are a great time to celebrate each other and if we do it right, that feeling can last the entire year.”

Tuesday, Dec 15 - Wednesday, Dec 23
Las Posadas - Virtual
Arrive: 6:45, Performance: 7 pm.
Admittance: FREE but Reservation required by noon, day of performance
Email to
LasPosadasFCAC@earthlink.net
Zoom link will be emailed to registered attendees
Admission each night is on a first come first served basis.
www.fremontculturalartscouncil.org
www.missionsanjose.org

Step-by-Step Guide to Networking

BY ANNE CHAN, PhD, MFT

What is the best use of time if you are hoping to land a job? Should you be perfecting your resume or scouring job ads? Should you be polishing your LinkedIn profile or networking? Should you spend most of your time pressing the “Submit” button to online job ads?

You might be surprised to know that many career professionals recommend that you are better off spending most of your time networking and only 20 percent or so of your time responding to online ads and recruiters. The reason for this advice is simple: genuine connections matter more than ever, even in this social media age. Perhaps you have heard about people who found out about jobs through a friend or landed a job because an insider put in a good word for them. These are people who took advantage of their connections and advanced their careers in the process.

Do not panic when you hear the word “connections” or “networking.” You might think that you do not know any influential people or that you are too shy to approach people. Never fear – I have created a step-by-step plan to guide you through the process of networking. Instead of feeling intimidated by the notion of networking, think of the process as “building relationships.” You do not have to become best friends with the people in your

network, but you do have to think about the process as getting to know people.

Step 1: Make a List of All Possible Contacts

Start with people you know very well, such as your friends and family. Let us call this group your A-listers. Next, write down the names of people whom you might not be close to, but could get in touch with easily, such as friends of friends, professors, teachers, and high school friends you lost touch with. These are your B-listers.

Last, note the people whom you do not know but are potential contacts for you, such as fellow university alumni, and Facebook or LinkedIn contacts. One possible goldmine for contacts is your university alumni association that might be able to point you to fellow alumni who would be willing to talk with you. These are your C-listers. This will be a preliminary list. Aim to add to this list as your network grows.

Step 2: Update your LinkedIn profile and resume

Before contacting anyone, make sure your LinkedIn profile and resume are in great shape.

Step 3: Make contact

Start by reaching out to your A-listers via phone, e-mail, or LinkedIn. Your A-listers are a safe bet – they will not

turn you down, so they are a good group to start practicing on. If you are feeling adventurous, you can move onto the B-listers.

Don’t start off your email by saying “I need a job.” Networking is about building relationships through goodwill. Instead of thinking about what others can do for you, offer to do something for them instead. Perhaps you could send them a helpful resource or connect them to someone who could be of help to them. Another thing you could do is express enthusiasm for their company or industry and ask if they would be willing to do an informational interview.

Be mindful that the standard greeting of “Hi! Hope you are well!” doesn’t apply anymore. During COVID-19, many are not well. People may be stressed, worried about a loved one, or worried about themselves. But reaching out to someone to check in on them and to let them know you are thinking of them is a kind gesture that would be appreciated.

Modulate your expectations – you might not get a reply right away. Please do not take it personally if you do not hear back. Responding to your query might understandably not be of top priority to those who are stressed out.

If you are lucky to land some time with your contacts, use the platform they are

comfortable with, whether it’s Skype, Facetime, Zoom, or GoToMeeting. Be proactive and take the responsibility for creating the invite and sending it out ahead of time. You can also send a polite and enthusiastic reminder the day before the meeting. A nice gesture would be to send them a coffee gift card to cover the cost of your virtual coffee.

Step 4: Follow up with a thank-you note

Write a short email to thank the person who has taken the time to talk to you. Consider offering some help or assistance in your thank-you email.

These four steps will get you on the road to becoming a super networker. However, there is so much to be written about on this topic of building relationships that I will give more tips in my next column. Stay tuned to learn how to reach out to the C-Listers as well as expand your network. Keep safe and keep building relationships.

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com

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Holiday Toy Drive

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

Join Hayward Chamber of Commerce and Hayward fire and police departments help make this holiday season brighter for kids and families. Donate new, unwrapped toys (all ages), teddy bears, craft kits, games, or monetary donations. Take a selfie and post it on social media using the #DowntownHaywardGiveaway with your donation to be entered into our grand prize drawing. For donation locations, visit www.downtownhaywardgiveaway.com/toydrive.

Holiday Season Crime Prevention Tips

SUBMITTED BY SAN LEANDRO POLICE

With the holiday season in full swing, San Leandro Police Department would like to remind the community of a few crime prevention tips. Remember, criminals will not be taking days off during this holiday season. However, just increasing your awareness about what criminals may be looking for may keep you and your family from becoming targets or victims of crime. Here are a few tips to help you safely celebrate this holiday season:

Holiday shopping

- It is important to watch where you are going and to be aware of your surroundings. Do not walk and text or use your cellphone/smartphone as cellphone and purse thefts are on the rise.
- Do not leave packages in plain view in your vehicle – put them in your trunk before you get to your location.
- If you will not be home for deliveries, have your items delivered to a neighbor who will be home or to your office.
- Hold on to your money: Always carry your purse tucked tightly under your arm or do not carry one at all. Put your money and necessary cards in your front pants pocket

where it is harder for a criminal to get at them.

- Do not park in a secluded or dark area of the parking lot. Be patient and courteous while parking.
- Try not to be the last to leave the store. Leave when the stores are still open, and the parking lot is full of shoppers.
- When approaching and leaving your vehicle be aware of your surroundings. Do not approach your car alone if there are suspicious people standing by. Ask mall security or store security for an escort before leaving the shopping location.

Holiday travel

- Get an automatic timer for the lights in your home.
 - Ask a neighbor to watch your home and perhaps park a vehicle in your driveway.
 - Have a neighbor or family member pickup newspaper and mail deliveries.
- When you are out for the evening**
- Turn on lights and a radio or TV so it looks and sounds like somebody is home.
 - Lock doors and windows even if you leave for just a few minutes.
 - Do not display gifts where they can be seen from the outside.

Spread Holiday Cheer: Drive Sober This Holiday Season

SUBMITTED BY FREMONT PD

The holidays will feel a bit different this year, but one thing that has not changed is choosing a sober way to go. This holiday season, Fremont Police Department encourages the community to make sure every holiday celebration ends with a sober driver. Starting Nov. 30 and through Dec. 15, Fremont Police Department will have additional officers on patrol looking for drivers suspected of driving under the influence of alcohol and/or drugs.

In addition, officers will be actively looking for other unsafe driving practices – speeding, not wearing a seat belt, driving distracted, not yielding to bicyclists or pedestrians – to make sure everyone has a safe holiday. "2020 has been a tough year so let's try and end it on a good note by being safe on the road during the holidays," said Lieutenant Ariel Quimson said. "Taking simple safety measures helps make sure we can all enjoy the holidays."

Fremont Police Department reminds drivers that driving high does not fly. Marijuana, prescription drugs, and over-the-counter medications may impair, especially in combination with alcohol and other drugs.

"There's no joy in a DUI," Lieutenant Ariel Quimson said. "Sober is the way to go."

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Park It

BY NED MACKAY

After a distinguished career of 47 years at the East Bay Regional Park District, including the past 10 years as its general manager, Robert E. Doyle has announced that he will retire at the end of December.

Doyle got an early start in the parks and natural resources field. While still in high school, he served as president of Save America's Natural Environment (SANE), a youth group in Contra Costa County that worked to acquire and to preserve Las Trampas Ridge and Black Diamond Mines and to expand Mount Diablo State Park.

Later, he was a founding board member of Save Mt. Diablo, Inc., a nonprofit land trust and conservation organization whose name describes its mission. As the board president, he increased the organization from 1,000 to 5,000 members, negotiated acquisition of 5,000 acres for Mt. Diablo State Park, and hired the organization's first full-time staff. Doyle still found time to earn a bachelor's in management from St. Mary's College.

At East Bay Regional Park District, Doyle rose through the ranks. He began his park district career in 1973 as a park ranger at Tilden Regional Park near Berkeley. He also worked at Kennedy Grove, Miller-Knox, Point Pinole, and Black Diamond. Ultimately, he was promoted to resource analyst and later trail specialist. He became chief of land acquisition and trail planning in 1986, then spent 20 years as an assistant general manager, leading land acquisition, trail planning and interagency and advanced planning. He was appointed the park district's general manager by the district board in 2010.

In the time since he became chief of land acquisition, Doyle's efforts have doubled the park district's size, including 20 new parks. The district now comprises 73 regional parklands totaling 125,000 acres in Alameda and Contra Costa Counties, hosting 25 million visits per year.

Doyle's many other accomplishments during his career with the park district have included:

- Conceiving and developing a multi-use regional trail master plan for Alameda and Contra Costa counties for what is now a nationally recognized multi-use urban trail system
- Expanding the district's Regional Parks Foundation to champion private fundraising in support of park access for disadvantaged youth
- Embracing multicultural outreach efforts, including well-attended

multi-cultural Wellness Walks, and the Multicultural Advisory Committee comprising leaders from the Bay Area's diverse cultural communities. The effort has given multicultural groups a voice in the direction of the district's outreach efforts, and a sense of participation in district decisions

- Development of youth outreach programs such as Kids Healthy Outdoor Challenge, a school-based program serving tens of thousands of children per year
- Obtaining more than \$100 million in local, state, and federal grants for trail and land projects
- Helping to author the park district's 1988 \$225 million Bond Measure AA and its 2008 extension, \$500 million Measure WW, both of which included funds for other local park and recreation agencies
- Advocating for more than five years to advance the California State Park and Water Bond to the June 2018 ballot, working with legislators, park leaders, and other constituents to become advocates for a badly needed measure
- Serving as lead negotiator for development of a partnership with East Contra Costa County Habitat Conservancy, which has added more than 12,500 acres to the park district

Among many awards and recognitions for his service to the park district and public, Doyle received the prestigious Cornelius Amory Pugsley Award in 2018, conferred by the American Academy for Park & Recreation Administration.

The park district's elected board of directors is conducting a nationwide search to select a new general manager. "This has been a great adventure for me," Doyle said. "For a kid who had a passion for parks to be able to preserve for public enjoyment so many beautiful East Bay open spaces."

Doyle also is gratified that the district has been able to continue its operations despite the challenges of the pandemic, terrible wildfire season, and climate change impacts. Because of the pandemic, the district has lost more than \$7 million in income, while at the same time public use of the parklands has surged districtwide. So, it has been a challenge for the staff to safely manage all park and trail use. Doyle noted. "Nevertheless, we've been able to provide a valuable public service at a time when it is badly needed," he said.

Doyle's post-retirement plans include continuing involvement in parks and recreation issues, but also hiking, traveling, kayaking, and generally "enjoying the fruits of my labor."

"It's strange to be leaving after all these years," he said, "but it's been a great ride."

OPINION



WILLIAM MARSHAK

Sometimes political change is highly visible and relatively straightforward. An example in this election cycle is at the federal level where a new administration is about to assume the presidency and executive functions, altering much of the country's direction of the last four years. Even though millions of federal employees - management and line workers - will remain, when an entirely new team of top leadership is installed, the difference is often direct and obvious.

In our local communities, many elected city councils are not going through such drastic changes. By design, institutional memory and continuity is retained as elections rotate through members rather than rely on wholesale change during a single election cycle.

However, a significant departure from continuation of the status quo can come through one or a combination of factors: electorate dissatisfaction, councilmember aspiration to a different role or term limits. In Fremont, a noteworthy change has occurred at the city council as Vinnie

Bacon reached a term limit and attempted to move up the political ladder to become an Alameda County supervisor. What makes this change unique is the role he played as councilmember and spouse of a fellow councilmember of the same city council.

As a staunch environmentalist, Vinnie's input was valuable in city policies, but typically echoed by his wife, Vice Mayor Jenny Kassan. The effect was a two-person voting bloc that, although not definitive in outcome, was not a healthy situation. Using different last names does not change the dynamic of married family life. In any event, since Fremont has fully transformed to a district representation model, two people living in the same district would be unable to serve simultaneously unless one was elected to a city-wide position as mayor and the other served a district. This could also lead to an uncomfortable situation if that district was involved in a competition or dispute with another district. If resolution depended on council action, it would be difficult to avoid inference of favoritism by the mayor.

In place of this unusual husband-wife situation, a new member of the council, Teresa Cox, offers a completely different perspective and offers additional breadth to the council. Representing District 6 (Irvington District), Teresa has an interesting resume that will expand council deliberations. As an African-American woman with impressive credentials including a degree in nuclear engineering and MBA in Business Administration, Teresa adds expertise and experience in national and global affairs, service on the Ohlone

Community College Board of Trustees and extensive corporate management to the Fremont City Council.

Each member of a city council holds a critical position in the daily lives of their electorate. It is at the local level that the most numerous, visible and substantive changes can occur. Those serving as elected employees, do so for friends and neighbors. There is little opportunity to duck responsibility or hide behind a staff, instead spending their time attending "important" meetings while masking impotence with flowery oratory. Councilmembers are acutely aware that when confronted by contentious debates and decisions, there is nowhere to hide. They must make difficult choices and, along with their constituents, face the consequences. As difficult as this may be, there are civic-minded individuals motivated to serve in this role. It is a wonder that they persevere and their efforts should be applauded. In order to achieve the best outcome, it serves a city well to elect a diverse council with a variety of perspectives. This will augment the transformation that inarguably accompanies the passage of time.

Vinnie, thank you for your time and efforts. Welcome to Teresa and all new and returning councilmembers throughout the greater Tri-City area!

William Marshak
PUBLISHER

Jim Burris and Ahhhh Win FCAC Arts Achievement Award for 2020

BY KNUTI VANHOVEN

When Singer/Director/Coach Jim Burris heard that he and his a capella group AaaahZ had won the Fremont Cultural Arts Council's 2020 Arts Achievement Award, Jim Burris' response was "I can't believe it! I'm just so surprised!"

Even after twenty-seven years of donating his time and energy to create live Las Posadas performances, it came as a shock that people knew and appreciated his years of service. "I honestly never imagined this would happen."

The 2019 winners were Kristen Del Rio and her host, "Mission Coffee and More" owner Gael Stewart; they had seemed equally stunned. As Kristen looked down at her award she said quietly "I never thought anyone noticed!"

When asked why, if not for recognition, Jim Burris and the

members of his Aaaahz chorale have donated so much time and talent to events like Las Posadas, Burris' response was simple. "For us, theatre and music are passions. I think I always knew that about myself. When I was seven I saw a sign advertising auditions for The Music Man. I begged my mother to let me audition. It never occurred to her that I might be cast, but I was!"

"I was a sickly, asthmatic kid in a Wisconsin farm town, but in my school, there was a wonderful theatre program. I'm still grateful for my high school music director. She gave me something I could be really good at and encouraged me. I got my degree in educational theatre, including voice and percussion. Eventually I began directing training theatre because I like giving people a chance to succeed at something they never thought they could do."

After moving to Fremont in the early nineties, Burris set up a training theatre called New Harmony, where he met and bonded with several like-minded theatre and music lovers who joined him in forming a succession of performance groups.

"We all became close, long term friends. When COVID is past, we plan to go back to

rehearsing together, then donating our performances for good causes, the same as we always have, but Las Posadas in Fremont is special for us. We've always received such a warm welcome here, so even though some of us have moved from Fremont, each year, when Christmas is on the way, we are too.



Ahhhh members 1999, left to right: Lissa Lorenz, John Iosefa, Linda Chambers, Jim Burris, Jacqui Arroyo, Tommy Andrews, Diana Tashjian

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3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
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777 B Street, Hayward
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www.ci.hayward.ca.us

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Newark City Council
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www.ci.newark.ca.us

San Leandro City Council
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www.sanleandro.org

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www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Councilmembers Ceremonial Oath



Mayor: Lily Mei



Teresa Cox



Raj Salwan



Teresa Keng

SUBMITTED BY CITY OF FREMONT

At the December 8 Fremont City Council meeting held virtually, new members were sworn into council following the November 3 General Municipal Election. The ceremonial oath of office and instal-

lation were administered during the meeting for the re-elected mayor and new/re-elected councilmembers, each elected to a four-year term.

This was Fremont’s first district-based election for District 5 and District 6. The City of Fremont welcomes Mayor Lily Mei, At-large; Teresa Keng, Council District 1; Raj Salwan, Council District 5; and Teresa Cox, Council District 6.

Voters Approve Measure WW

SUBMITTED BY LAUREN SUGAYAN

City of Union City’s local ballot measure, Measure WW, has been approved by voters in the November 3 general election. The results from the election were certified by the Alameda County Registrar of Voters and confirm that Measure WW, a 5 percent utility users’ tax, has passed with 56 percent of the vote. The measure needed over 50 percent of voter approval to pass.

The utility users’ tax will be levied on electricity, gas, and video and telecommunication services and is expected to take effect in Spring 2021. Funds from Measure WW will provide about \$5.5 million in additional funding that can be used to preserve essential city services. Senior and low-income residents are eligible to receive exemptions from the tax, and the city is currently developing an application process for eligible residents to receive this exemption. To get updates to the application process, visit www.unioncity.org/measureww.

Measure WW is part of an ongoing effort by the city council to address a long-term structural General Fund deficit, which is the council’s top priority in their five-year strategic plan. In recent years, the city has cut millions of dollars from its budget resulting in major service reductions to public safety, parks and street maintenance, recreation services, and administration.

Hayward City Council

Tuesday, December 8

Presentations and Proclamations:

Council presents the California Association for Local Economic Development (CALED) Award of Excellence for Collaborations: City of Hayward Industrial 2.0 Advanced Industries Business Attraction

Agenda Items:

- Authorize City Manager to reach an agreement with RB Environmental for removal of hazardous waste materials with a budget not to exceed \$690,000.
- Extension of the council’s homelessness-housing task force for an additional two-year period through March 2023.
- Amend a professional services agreement with Kimley-Horn and Associates, Inc for Hayward

Boulevard Safety Improvements’ Feasibility Study. The city’s current contract has them paying \$44,990 to Kimley-Horn and this resolution allocates up to an additional \$133,835.

Measures and Resolutions:

Authorize City Manager to take emergency actions consistent with the city of Hayward’s Shelter Crisis Declaration to implement the temporary Hayward Navigation Center Hotel Annex Project. This allows for the temporary leasing of local hotel rooms for an additional 35 individuals in addition to those already benefiting from the sheltering.

Mayor Halliday:	Aye
Lamnin:	Aye
Marquez:	Aye
Mendall:	Aye
Salinas:	Aye
Wahab:	Aye
Zermeno:	Aye

Fremont City Council

December 8, 2020

Consent Calendar:

- Certification of election results
 - Accept \$915,000 grant for Walnut Avenue/Liberty Street intersection from BART for Safe Routes to BART Program.
 - Approve improvement plans for 39392 Blacow Road.
 - Reject all bids for Aqua Adventure Water Park Pool Re-Plastering Project.
 - Approve construction of private street improvements and dedicate public easements located at Grimmer Boulevard and Old Warm Spring Boulevard. AP-PROVED 6-0-1 (Salwan, recuse)
 - Award contract to Xcede Construction in the amount of \$238,000 for Maintenance

Center Project.

Ceremonial Items:

- Recognize Mia Mora for 10 years of service as LEAF president. Community Services Director Suzanne Wolf commented.
- Recognize Outgoing Councilmember Vinnie Bacon.
- Administer oath of office for newly elected mayor and councilmembers.

Public Communications:

- Comments about lack of compliance to Accessory Dwelling Unit (ADU) regulations by neighbor.
 - Comment about peaceful communication and police actions.
- | | |
|--------------------------------------|----------------|
| Mayor Lily Mei | Aye |
| Vice Mayor Jenny Kassan (District 3) | Aye |
| Vinnie Bacon | Aye |
| Raj Salwan | Aye, 1 recusal |
| Teresa Keng (District 1) | Aye |
| Rick Jones (District 2) | Aye |
| Yang Shao (District 4) | Aye |

City bids farewell to outgoing councilmember

SUBMITTED BY CITY OF FREMONT

At the December 8 meeting, Fremont City Council thanked outgoing councilmember Vinnie Bacon for his nine years of dedicated public service to the city. Bacon was first elected to the Fremont City Council in December 2012 and served two four-year terms. Before being elected to the council, he served on the city’s Economic Development Advisory Commission.

Representing the city on numerous regional agencies, including the AC Transit Policy Advisory Committee, East Bay Regional Park District Liaison Committee, Southern Alameda County Geographic Information



Systems (GIS) Authority, and more, Bacon advocated for environmentally sustainable policies, more affordable housing and tenant protections, and many other key initiatives during his tenure on the city council.

Essential municipal services to continue uninterrupted

SUBMITTED BY CITY OF HAYWARD

Essential municipal services and city operations that support construction and other activities deemed critical by the state will continue in Hayward under the new regional stay-at-home order. At the same time, Hayward Public Library services that were being provided curbside will be suspended in compliance with the new order and will remain in effect until Monday, January 4. Library book-return boxes will be locked through the period, and fines for late return of library materials will remain unenforced. Additionally, Maintenance Services’ response to reports of accumulated litter, illegal dumping, and graffiti may be delayed due to crew deployment adjustments. The COVID-19 Testing Center, weekly No-Contact Food Distribution program, and other facets of the city’s pandemic relief and response initiatives will continue to operate. For more information, visit www.hayward-ca.gov/covid-19

Development Services Center Closed

Until further notice, City of Fremont’s Development Services Center will be closed to limit the spread of COVID-19. Most of the city staff will be working remotely. Updates on reopening will be made available on the center’s webpage at www.fremont.gov/372/Development-Services-Center. Construction projects are still allowed to proceed in Fremont per state and Alameda County guidelines. To help projects move forward, the city is encouraging the public to use the following online permit services:

- Online permit process and payments for planning, building, fire, and engineering permits using Citizen Access - https://aca-prod.accela.com/COF/Default.aspx - city’s public permit portal
- Online building permit process - www.fremont.gov/562/Basic-Home-Upgrade-Permits - for basic home upgrade projects, such as water heater replacements, roof replacements, and minor kitchen/bathroom remodels
- Online solar permit process - www.fremont.gov/2994/Solar-Permits-and-Power-Storage-Unit-Per - for small residential roof mounted solar systems

City services not impacted by the closure of the center include Building Inspections and Code Enforcement. For more information, contact Building Inspection at (510) 494-4400 and Code Enforcement at (510) 494-4430.

Development Services Center
www.fremont.gov/372/Development-Services-Center

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Interim city manager appointed

SUBMITTED BY PAUL SANFTNER

At the December 7 meeting, San Leandro City Council unanimously voted to approve the contract of Fran Robustelli, who will serve as interim city manager beginning December 21. Her selection follows on current City Manager Jeff Kay's previously announced departure to become the new city manager for the City of Healdsburg, California.

For the past 25 years, Robustelli has served in executive roles with special districts and city governments. Most recently, she served as the interim city manager for the City of Clayton in Contra Costa County. With previous specialization in human resources, Robustelli is also skilled in a wide range of other city service areas, including economic development, budget and risk management, and emergency services.

"Fran Robustelli is a seasoned and effective leader who has grappled with many difficult decisions, including challenges arising from the coronavirus pandemic, in her previous assignment," said Mayor Pauline Russo Cutter. "I am impressed with Fran's governmental experience and desire to continue moving San Leandro forward seamlessly as Jeff Kay transitions to his next opportunity."

In response to her appointment, Robustelli stated, "I look forward to working with the city council, staff, and other community stakeholders as we collectively work together during this difficult time resulting from the pandemic."

Robustelli's interim service in this role is expected to continue until the city council completes a national recruitment for the city manager position. The recruitment will commence early in 2021.



Birth

Marriage

Obituaries

LIFE CORNERSTONES

For more information
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www.fremontmemorialchapel.com

Frank Ernest Silveira
Resident of Newark
October 29, 1928 – December 9, 2020
Fremont Chapel of the Roses

Sarah McClay
Resident of Orange Park, Fl.
March 3, 1930 – December 8, 2020
Fremont Chapel of the Roses

Percy Yebra Salcedo, Jr.
Resident of Newark
March 17, 1964 – December 7, 2020
Fremont Chapel of the Roses

Charles Wesley Ruth
Resident of Fremont
January 30, 1930 – December 7, 2020
Fremont Chapel of the Roses

Richard A. Salangsang
Resident of Fremont
December 6, 1961 – December 5, 2020
Fremont Chapel of the Roses

Gary Allan King
Resident of Fremont
September 29, 1943 – November 30, 2020
Fremont Chapel of the Roses

Yumei Liu
Resident of San Ramon
November 29, 1945 – November 28, 2020
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Diep Hoang Phan
Resident of Fremont
November 5, 1957 – December 10, 2020

Garrett Miranda
Resident of Fremont
October 5, 1995 – December 7, 2020

Haranatha Kancheralpalli
Resident of San Jose
February 7, 1935 – December 6, 2020

John Ashton
Resident of Fremont
June 15, 1934 – December 6, 2020

Ernest Talavera
Resident of Newark
July 14, 1944 – December 5, 2020

Sudesh Sharda
Resident of Fremont
August 16, 1960 – December 5, 2020

Cresencia Dahlgren
Resident of Fremont
September 10, 1950 – December 2, 2020

James Costello
Resident of Union City
October 13, 1938 – December 2, 2020

Donice Mitchell
Resident of Newark
February 23, 1955 – December 1, 2020

Ramesh Phadnis
Resident of Fremont
December 30, 1924 – November 30, 2020

Kenneth Butts
Resident of Fremont
October 15, 1934 – November 30, 2020

Maria Covarrubias
Resident of Fremont
September 9, 1936 – November 29, 2020

Rudy Rodriguez
Resident of Fremont
April 27, 1944 – November 27, 2020

Richard Vigil
Resident of Fremont
May 23, 1941 – November 27, 2020

Thomas William Kasson

Thomas William Kasson, 81, of Fremont, California, passed away unexpectedly on December 6th. He passed away due to complications of Covid 19. Thomas was born in La Junta Colorado on June 20th, 1939. He attended High school and graduated from Community College. Thomas played wide receiver in college and that's where he fell in love with football. Thomas coached little league football in Southern California, then when he moved his family to Northern California, he began a long coaching career with Fremont Football. Thomas worked for many years in the Finance field, and even sold cars. He retired from the fiancé field while living in Fremont.

Thomas is survived by Lyn Kasson his wife of 6 years and his 5 children from a previous marriage, numerous Grandchildren and Great Grandchildren. Thomas was a loving and thoughtful person. He never met a stranger: he would always stop and talk to everyone young and



old. during game night you could hear him yelling at the TV a mile away. Not sure how he contracted the disease, but it hit him fast and hard. Due to the Covid 19 virus there will be no in-person funeral ceremony. But we would love to hear from you on Facebook your stories and comments of how Thomas touched your lives.

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Charles Wesley Ruth

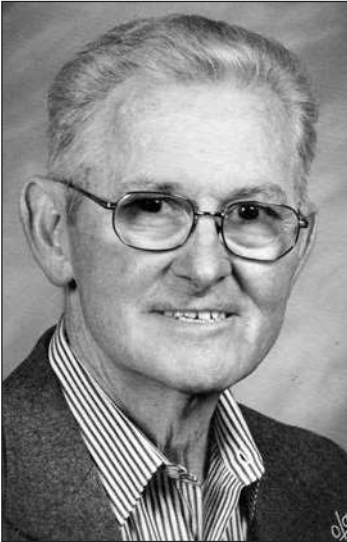
Resident of Fremont

January 30, 1930 – December 7, 2020

On December 7, 2020, Charles Wesley Ruth passed peacefully in his sleep at the age of 90. He was born in Sapulpa, OK on January 30, 1930. He moved to the East Bay Area with his parents and brother at the age of five, and was a resident of Fremont, CA since 1955. He was preceded in death by his beloved wife, Racheal Ruth, who he married in 1949. He is survived by his children: James Ruth, John Ruth, Charlene McCowan, and David Ruth and many grandchildren, great-grandchildren, and great-great-grandchildren.

Charles graduated from Hayward High in 1948 and spent his career at the Owens-Illinois Glass Factory in Oakland, CA from his teenage years until an early retirement in 1988. He was the second of three generations working at the glass factory: his father before him and son, James Ruth, after him. Owens-Illinois provided him with the opportunity to become a world traveler setting up training programs at glass factories in Venezuela, Italy, and (most notably) a 3-year assignment in Johannesburg, South Africa.

Charles and Rachael were faithful founding members of the Church of the Nazarene in



Fremont where they made many friends and found opportunities to serve their community. In his spare time, Charles also enjoyed golf and spent many of his retirement years playing, as well as, marshaling at Chabot Golf Course in Oakland.

Charles was a model of gentleness, kindness, honesty, compassion, hard work, commitment, and consistency to all. His enduring influence will be remembered fondly by all who knew him and he will be missed.

A private burial service will be held at Irvington Memorial Cemetery in Fremont, CA.

**Fremont Chapel of the Roses
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LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

Percy Yebra Salcedo, Jr.

Resident of Newark

March 17, 1964 – December 7, 2020

Preceded in death by a cousin, Molly Salcedo Castenieto and mother-in-law, Ina Piper. Survived by his loving wife, Debbie Salcedo; stepson, Joseph “JD” DaSilva; two dogs, Roxie and Jax; his parents, Percy Sr. & Dolores Salcedo; his sister, Juanita Salcedo (Patrick); his brother, Tom Salcedo (Depeche); father-in-law, Rich Piper; sister in laws, Stacey, Becky (Chris) and Rachel (Joe) and numerous aunts, uncles, cousins, nieces and nephews including nephews, Mathew Kronyak and Rocko Salcedo.

Drumroll, please..... (if you knew Percy, you will get this) Percy was born in Fresno and even though he lived in the Bay Area, he always had a special place in his heart for Fresno. It



will always be his home, as well as where his family lives. Loved by many, Percy brought happiness and positivity into every place he entered. He was a Seahawk fanatic and loved attending games in Seattle. He loved to listen to the Grateful

Dead and Bruce Springsteen. As an avid traveler, he and Debbie traveled to Europe, Mexico, Hawaii, and many other places. Percy was the head driver trainer for Safeway.com and enjoyed his job immensely. He also served in the Army at Schofield Barracks in the early '80s. He will be missed by many.

In place of flowers, please make donations to The American Cancer Society.

Due to COVID-19, a Celebration of Life will be held at a later date in 2021. More information can be found at Chapel of the Roses, 1940 Peralta Blvd, Fremont.

**Fremont Chapel of the Roses
510-797-1900**

LETTER TO THE EDITOR

Rodeo Legislation
Authors Needed

Professional Rodeo Cowboys Association (PRCA) claims there are some 10,000 rodeos held annually in the U.S., almost none of which require on-site veterinarians to care for injured animals. The PRCA has done so only since 1996, after five animals suffered and died at the 1996 California Rodeo/Salinas. State legislators are now deciding upon which bills to carry in the 2021 session. Three need an author:

1. Amend state rodeo law, Penal Code 596.7, to require an on-site veterinarian or Registered Veterinary Technician (RVT) at all rodeos--the "on call" option is

not working, and animals are suffering needlessly

2. Ban the Mexican-style rodeo's brutal "steer tailing" event (already outlawed in Alameda and Contra Costa counties)

3. Ban the rodeo's non-sanctioned "wild cow milking contest," children's "mutton busting" event, and all animal "scrambles" - cruel and dangerous for all concerned

Write to c/o The State Capitol, Sacramento, CA 95814. Email pattern: senator.lastname@senate.ca.gov; assemblymember.lastname@assembly.ca.gov.

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Union City City Council

December 8, 2020

At its December 8 regular virtual meeting, Union City City Council adopted a resolution declaring the results of the general municipal election held November 3, 2020. Re-elected Mayor Carol Dutra-Vernaci (third term) and District 1 Councilmember Gary Singh both took the oath of office and were officially installed. Councilmember Pat Gacoscos was appointed vice-mayor, and assignments made to various boards and commissions (effective January 1, 2021).

Consent Calendar:

- Purchase and sale agreement for a city-owned townhouse at 4361 Agena Circle in Union City.
- Extend the Union City Transit and Paratransit operations and maintenance agreement with MV Transportation for six months beyond the current contract termination date of December 31, 2020, to June 30, 2021.
- Authorize filing of applications with the Metropolitan Transportation Commission (MTC) for allocation of funds for the operation of Union City Transit and Paratransit for fiscal year 2020-2021.
- Appropriate funds for the purchase of one electric replacement paratransit vehicle from A-Z Bus Sales through the CalACT/MBTA statewide vehicle contract, for \$212,054.
- Appropriate funds for the purchase of three gasoline replacement paratransit vehicles from A-Z Bus Sales through the CalACT/MBTA statewide vehicle contract, for \$227,158.
- Authorize Union City Transit to continue temporary service adjustment in response to COVID-19.
- Appoint individuals to serve on the Arts & Culture Commission, Human Relations Commission, Park & Recreation Commission, Planning Commission and Senior Commission.
- Renew service agreement with Kroll Associates, Inc for a not-to-exceed amount of \$125,000.

City Manager reports:

- Economic and Community Development Director Carmela

Campbell presented a report about the Permanent Local Housing Allocation Program (PHLA) funds. Council then adopted a resolution authorizing application and receipt of these funds.

- Union City will receive a first-year allocation of \$253,953, and an estimated total allocation up to \$1,523,610 during the initial five years of the program. Funding will support the existing CAREavan program. CAREavan's mission is to aid community members dealing with homelessness by providing them a safe place to park overnight and, as funding is available, providing additional social services to move individuals and families towards permanent housing or address other social service needs.

- City Manager Joan Malloy presented an information-only General Fund Fiscal Outlook. Measure WW, the 5% Utility Users' Tax (UUT), passed with 56.88% of the vote. The City is preparing its biennial budget and while the passage of the UUT alleviates some of the short-term pressures on the General Fund, it does not eliminate them all together. Measure WW will replace the loss of about \$4.3 million in annual Public Safety Parcel Tax revenue which will sunset on June 30, 2021.

- On August 4, 2020, the City Council was presented with a ten-year financial outlook that reflected the impact of COVID-19 on revenues, the loss of the parcel tax on June 30, 2021, the loss of the ½ cent sales tax in April 2025, and no replacement revenue measures approved by voters. The current negative impact of COVID-19 on sales tax and transient occupancy tax (hotel tax) revenues combined with the expiration of the ½ cent sales tax, pose a significant challenge to the City's long-term fiscal stability.

- Staff recommends planning to place a measure on the November 2022 General Election to prevent the impacts from a fiscal cliff in 2025. To this end, in 2021 the City Council will establish a community advisory and oversight committee to plan future ballot measures and oversee the expenditures of the UUT.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Pat Gacoscos	Aye
Emily Duncan	Aye
Jaime Patiño	Aye
Gary Singh	Ay

Community service center receives donation

SUBMITTED BY VIOLA BLYTHE CENTER

Viola Blythe Community Service Center of Newark received a \$25,000 donation from former Newark resident Cristina Huevo. Huevo went on to state that she has fond memories of the great work that Viola Blythe Center did for the community, from toy drives to providing food to families in need. She is hopeful that her gift can provide additional support for those critical needs through these difficult times.

Debbie Rodriguez, executive director, Viola Blythe Center, said that the donation was extremely welcome as so many families were in need due to the pandemic. "We are preparing for Christmas food basket programs and these funds will go a long way to ensuring families will be provided with food baskets during the holidays and all yearlong."

For additional information about Viola Blythe Center, visit www.violablythe.org.

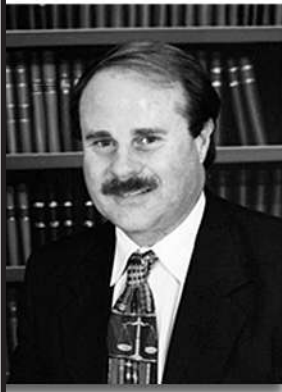
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**M-F 10-7
Evening & Weekends
By Appointment**

Frank Ernest Silveira

Resident of Newark

October 29, 1928 – December 9, 2020



Frank was born on October 29, 1928 in Gustine, and he passed away on December 9, 2020 in Fremont at the age of

92. He is survived by his children Larry Silveira, Duane (Rachel) Silveira, Richard Silveira, Steven (Andra) Silveira, and 8 grandchildren.

Frank served in the U.S. Navy, was a cook on the U.S.S. BAUSELL (DD-845) during the Korean War. He was married to one wife Lucy for 67 years. He was a sports fan who loved the 49ers and was a season ticket holder for 30 years. Frank loved to camp and fish at Half Moon Bay. He was an excellent father. He also enjoyed traveling with friends thru the years.

Preceded in death by his parents Frank V. Silveira and Matilda L. Silveira, brother

Manuel J. Silveira. His wife Lucy G. Silveira, son Frank J. Silveira and grandson William Irwin.

Funeral Mass will be held on Wednesday, December 16, 2020 at 10:30 AM, St. Edward Catholic Church, 5788 Thornton Ave., Newark. A Chapel Service to follow at 12:30 PM, Fremont Chapel of 1940 Peralta Blvd., Fremont. A Graveside will be held Thursday, December 17, 2020 at 12:00 PM, Hills Ferry Cemetery, 1334 W. Stuhler Rd, Newman.

Fremont Chapel of the Roses
510-797-1900

Rudy Rodriguez

Resident of Fremont

April 27, 1944 – November 27, 2020

Rudy Rodriguez passed away peacefully on November 27, 2020 in Fremont, California. He was born on April 27, 1944 in Fremont Niles district, California to Paul and Georgia Rodriguez. Rudy was a long time Bay Area resident and lived in Alameda county for 76 years.

Rudy is survived by his loving wife, Jo Ann Rodriguez; his daughters Lisa (Erik) Rodriguez, Andrea Rodriguez, his son Rudy D. (Melissa) Rodriguez, and granddaughter Willow Rodriguez. He was preceded in death by his parents Paul and Georgia Rodriguez.

Rudy was an Airforce Veteran and served from June 1965 until



February 1969. He had an AA degree in business management from Ohlone College and was a

manager/supervisor for NUMMI. He loved to go to the 49er games, and he was a huge Oakland A's fan. He also enjoyed playing golf weekly with Tony Garcia, Ernie Banuelos, Gabe Ontiveros, Bob Normandin and Don Bradley. Rudy volunteered as a delivery driver for Meals on Wheels. He loved his children more than anything and went out of his way to help them any way he could.

A celebration for life with be held on a later date for Rudy. He will then be placed at Alae Cemetery in Hilo, Hawaii.

Sarah McClay

Resident of Orange Park, FL.

March 3, 1930 – December 8, 2020

On December 8, 2020 Sarah McClay passed away in Jacksonville, Florida at the age of 90.

She was born on March 3, 1930. She was married to James McClay on August 26, 1966. They raised a daughter Jacqueline and a son Eric. She enjoyed cooking, teaching children, and traveling to new places.

She is preceded in death by her husband James, parents Edward and Rosa Arias, brothers Fatino, Casamero, Gallo, Aurelio, Thomas, and Angel. Sisters Helen, Amparo, Louise, Gloria, and Eva.

She is survived by Eric McClay and Jacqueline McClay, cousins, and numerous nieces and nephews.

A Chapel Service will be held Saturday, December 19, 2020 at 11:00 AM, Fremont Chapel of the Roses, 1940 Peralta Blvd.,



Fremont. Burial to follow at 12:30 PM at Lone Tree Cemetery, Hayward, 24591 Fairview Ave, Hayward.

Fremont Chapel of the Roses
510-797-1900

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Reported gunshot injury investigation

SUBMITTED BY NEWARK PD

On Sunday December 6th 2020 at approximately 6:14 a.m., Newark Police Officers responded to assist a subject reporting he had sustained a gunshot wound near the area of Thornton Avenue and Cedar Boulevard. Upon arrival, officers located an adult male who had sustained some type of wound to an upper extremity. Officers and members of the Alameda County Fire Department rendered aid.

The victim, a 19-yearold male resident of Hayward, was transported to an area hospital with a non-life-threatening injury. He was treated and released later in the day. Newark Police Department Detectives responded and are investigating the incident, which is not believed to be a random act. Although investigations of this nature can take a substantial amount of time to complete, the detectives are actively investigating the circumstances surrounding the event, including where the subject was when he was injured.

Anyone with information regarding this investigation should contact Newark Police Investigations Unit Detective Todd Nobbe at 510.578.4937 or via email at todd.nobbe@newark.org Information can also be left anonymously on the "Anonymous Tip" hotline at 510.578.4965. Captain Jonathan Arguello will be the point of contact for media inquiries. He can be reached via email at jonathan.arguello@newark.org or contacted by phone at 510.578.4375

Police Investigate Shooting on 4th St.

SUBMITTED BY
LT. STEVE MENDEZ,
UNION CITY PD

On Wednesday December 2, 2020 at around 9:53 p.m., officers were dispatched to a just occurred shooting in the 33700 block of 4th St. As officers arrived in the area, they located one shooting victim. The adult male victim, whose identity is being withheld at this time, was transported to Eden Trauma Center for treatment of his injuries. The victim is expected to survive the wounds received from the shooting. Union City Police Detectives are currently investigating the incident. The motive for the shooting is unknown currently. Any witnesses to the shooting or anyone with information about this incident can contact Sgt. Matias Pardo at 510-675-5267 or via email at matiasp@unioncity.org Information can also be left on our anonymous tip line – (510) 675-5207 or via email at tips@unioncity.org.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Tuesday, December 1, 2020

- Five auto burglaries occurred in the Pacific Commons area of In N Out, Gen BBQ, and Firehouse Subs between the hours of 6:30 pm - 9:40 pm.
- At approximately 8:05 p.m., three individuals entered Old Navy, 39251 Fremont Hub and stole over \$4K in clothing.

Wednesday, December 2

- An auto burglary occurred on Buttonwood Tr. The window was smashed and a phone was left behind with a print.
- At approximately 4:43 p.m., officers responded to DSW, 43530 Christy St for a grand theft. Three individuals entered the store and took a large amount of shoes.

Friday, December 4

- A commercial burglary occurred at an auto business on Technology Dr. The front glass door was broken to gain access.
- At approximately 2:38 am, a suspect broke a window to gain access into Home Depot, The suspect fled upon encountering employees.
- Sometime between 7 - 9 a.m. a residential burglary occurred on Lake Barlee Lane. Access was gained by breaking into a side garage door and entering through an unlocked door into the house.
- At approximately 7:20 pm, a residential burglary occurred at a home on Masters Ct. A person smashed a glass panel in a rear door and unlocked the door for entry.
- At 9:51 a.m., an armed robbery occurred at 45445 Warm Springs Blvd. Three armed suspects backed their van into the rollup door and forced entry into the business. The victim was held at gun point while they stole property from the business.

Saturday, December 5

- At approximately 6:30 a.m. the owner of Satomi Sushi, 3655 Thornton Ave. arrived at his restaurant to find the front door lock pried and loss from his restaurant. The police were not contacted, no report was filed. The next morning the restaurant owner arrived at 7:30 a.m. and found the door pried again, additional property was taken. A report was received for the second incident.

Community cameras lead to serial arson suspect

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Early Monday, December 8th, undercover detectives were conducting surveillance for a serial arson suspect. The suspect was involved in at least 4 residential garage door fires in the following areas:

- 12/1: Castro Ln.
- 12/4: Cougar Ci.
- 12/6: Hoyt St.
- 12/6: Cougar Ci. (same residence targeted as 12/4)

Officers were able to locate private residential camera footage that provided a general description of the suspect vehicle. Detectives matched the private camera footage to the Community Camera network which then provided a license plate for the suspect vehicle. Detectives began surveilling the suspect and followed him to Hoyt St. on December 8 at approximately 2:45 a.m. The suspect arrived at the

California zoo reports 2 birds stolen, need special care

AP WIRE SERVICE

Two birds were stolen from a zoo in Fresno, California over the weekend, officials said. A lesser sulphur-crested cockatoo and a Nicobar pigeon were taken from Chaffee Zoo's Australian Asian Aviary on Sunday around 4:30 a.m., The Fresno Bee reported. Both birds are of advanced age and in need of special care. "Our bird zookeepers and entire team are deeply concerned for the safety of both of these animals," general zoo curator Lyn Meyers said. "We do not know the condition of either bird and we hope to get them back quickly so that our veterinary team can examine them and continue the care they require." Security footage shows someone cutting the lock from the aviary doors, capturing the two birds and putting them into a duffel bag before leaving, authorities said. The motive for the theft is unknown. The International Union for Conservation of Nature's Red List of Threatened Species lists Nicobar pigeons as near threatened and lesser sulphur-crested cockatoos as critically endangered. Both species are legal to own and the zoo has notified local veterinary hospitals and pet stores. Chaffee Zoo CEO Scott Barton urged anyone with information to contact the Fresno Police Department or zoo officials.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

**December 5
Narcan Deployment**

1:28 p.m. An adult male was found unresponsive aboard a train. One (1) dose of Narcan was administered by Officers on scene. The male was revived and transported to a local hospital by medical personnel.

Smoking violation - Hayward Station

2:23 p.m. Jacob Smith (09/27/1988, San Leandro) was contacted for smoking on a train car. Smith was arrested on the above charge and booked into Santa Rita Jail.

**December 8
Warrant Arrest - San Leandro Station**

7:17 a.m. Clinton Jackson 95/31/86, Pittsburg) was arrested on a 5K warrant for Domestic battery out of Pittsburg PD. He was booked into the Martinez Detention Facility.

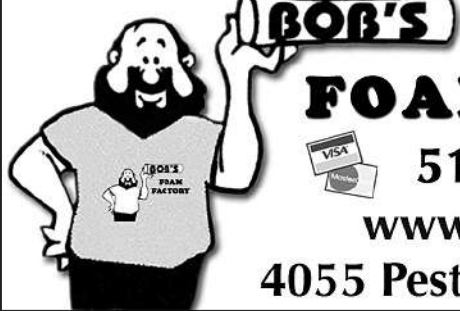
same address on Hoyt St. that he targeted on 12/6. Detectives observed the suspect as he quickly exited his vehicle and began pouring liquid on a parked vehicle. Detectives attempted to contact the suspect before he could ignite the vehicle, however the suspect was able to set the vehicle on fire. They were able to arrest the suspect as he ran back to his vehicle. Detectives used a nearby garden hose to extinguish the car fire. 44-year-old Roshan Patel of Fremont was arrested on arson charges and booked at the Fremont City Jail. Detectives learned that Patel knew at least one of the residents that he had targeted. Anyone with information regarding this investigation is encouraged to contact Detective Travis MacDonald at 510-790-6900 or tmacdonald@fremont.gov.

Homicide Investigation

SUBMITTED BY
HAYWARD PD

On Saturday, December 5, 2020, at about 12:24 a.m., our officers responded to the 25000 block of Eldridge Avenue for report of a shooting. Upon arrival, we located four adult victims suffering from gunshot wound(s). Emergency medical personnel pronounced one the victims deceased. The identity of the deceased woman is known, however being withheld at this time. Anyone with information related to this homicide is asked to call 510-293-7176. The Hayward PD case number is 2020-072848.

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COMMUNITY BULLETIN BOARD

HERS Breast Cancer Foundation Post-surgical products & fitting services by appointment only. Assistance Programs available for under-served patients. HERSbreastcancerfoundation.org (510) 790-1911 2500 Mowry Avenue, Suite 130 (Washington Hospital West) M-F, 10 am to 5 pm	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	UNITY CHURCH OF CASTRO VALLEY A Center for Positive Living Rev. Donna Caldwell invites all people to attend our 11:00 a.m. Sunday Services 20121 Santa Maria Ave., Castro Valley For classes & other activities 510/538-1416 www.unitycv.org	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting
Is Food a Problem For You? Try OVERTEATERS ANONYMOUS Do you eat when you're not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.aa.org 510-449-7610	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365	Niles Canyon Railway is offering special train rides only departing from Sunol Depot. Visit ncry.org to purchase tickets online 510-996-8420	
Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics. We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17@weebly.com You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.			
A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227			
FAW Writers Salon 4th Monday of the Month Zoom Mtg 7:00-9:00 PM Contact Tony for link up.dragonfly.com@gmail.com Read, discuss or just listen Fiction, Non-Fiction, Poetry, Etc. cwc-fremontareawriters.org EVERYONE IS WELCOME!	LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Sat. of the month (off July & Dec) 2-4PM Great speakers! * All genres! *Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers’ Salon meets 4th Mon of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		
			A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227

Contract to extend fire and emergency response services

SUBMITTED BY LAURIE GEBHARD

City of Newark and Alameda County Fire Department (ACFD) have entered into a five-year agreement for continued fire and emergency response services. ACFD has been providing services to the city since 2010. While the new contract will continue the existing relationship on mostly similar terms, provisions were added to address some of the parties’ concerns that developed over the years. These updates include:

- Expansion of the responsibilities and frequency of the Executive Management Oversight Committee (EMOC), including an obligation of the fire chief to consult with the EMOC before the board of supervisors take any action that would result in costs greater than \$50,000 to the City of Newark.

- More defined contract language on retiree health care liability, including equal treatment in Other Post-Employment Benefits (OPEB) calculations based upon the share of allocated staff for each contracting agency.
 - The continued operation of all three fire stations in the City of Newark, staffed by three personnel per shift, as well as two positions at City Hall that administer fire inspections, prevention, and code compliance.
 - A required, ongoing response time standard to arrive on scene after dispatch within 6 minutes at least 90 percent of the time.
- City Manager David J. Benoun noted: “We appreciate ACFD’s dedication and professional service to the Newark community and we look forward to continuing our successful partnership.”

New bottle bill to transform beverage recycling system

SUBMITTED BY JEFF BARBOSA

Seeking to transform California’s deteriorating beverage container recycling system, Senator Bob Wieckowski (D-Fremont) introduced new legislation on December 7 that would shift responsibility for the program from consumers to distributors. The new streamlined stewardship program would be modeled after Oregon’s system, which promotes Extended Producer Responsibility (EPR).

Under the new bill, distributors of beverages must form a Beverage Container Stewardship Organization. The organization must then submit a plan and budget for the redemption and recycling of beverage containers to be approved by CalRecycle. Wine and distilled spirits bottles would also be included in the new program; they are currently exempted despite generating 900 million bottles per year.

“We cannot continue to ignore that our beverage recycling system is crumbling before our eyes, nor can we ignore the growing frustration of consumers who are unable to redeem value for their recycling efforts,” said Wieckowski. “We need to put customer convenience first. Instead of consumers subsidizing the system, my bill will put money back into the hands of consumers, who are currently shouldering the load of our antiquated program.”

SOCIAL SECURITY MATTERS

Ask Rusty – Will my UK pension affect my social security?

BY CERTIFIED SOCIAL SECURITY ADVISOR RUSSELL GLOOR
ASSOCIATION OF MATURE AMERICAN CITIZENS

Dear Rusty: I lived and worked in the United Kingdom before coming to the US at age 45, which qualified me for a UK State Pension worth the equivalent of about \$740 USD per month. Since moving to the US, I have contributed to the US Social Security system for 14 years and my estimated US Social Security benefit is \$1,643 per month. I have heard about something called “WEP” and must be honest and

say I don’t fully understand. Can you provide some advice or references so I can understand what happens to these sums when I retire? I don’t have any other pension income, so understanding these numbers is important. FYI, I hold both US and UK passports and will retire in the US.

Signed: Blessed from the UK

Dear Blessed: The “WEP” provision you refer to is known as the “Windfall Elimination Provision.” It affects anyone who is eligible to collect Social Security benefits, but who also has a pension from another entity (corporation, public agency, or foreign country) which did not participate in the U.S. Social Security program (meaning that SS FICA payroll taxes weren’t paid during that employment). WEP will reduce your US Social Security benefit by using a special formula to compute your benefit amount. Generally, the WEP reduction is determined either by the number of years of substantial SS-covered earnings that you have, or the WEP maximums (one of which is that your U.S. Social Security

cannot be reduced by more than half of your non-covered pension). With less than 20 years paying into the US system, you will incur one of the maximum WEP reductions.

Something else important to understand is that the current estimate you have from Social Security does not include the WEP reduction. That estimate assumes that you will continue to earn at your current level until you reach your full retirement age. You have not shared your birthdate, but from your email I assume you are now about 60 years old. If you were born in 1959, your full retirement age (FRA) for U.S. Social Security purposes is 66 years and 10 months (if you were born after that your FRA is 67, and if you were born before that subtract two months for each year before 1959). Your FRA is when you will get your “full” SS benefit. If you claim before that (age 62 is the earliest you can claim) your benefit will be reduced (even before WEP), and if you wait beyond your FRA, you will earn Delayed Retirement Credits (DRCs) which will increase your benefit amount. DRCs stop at age 70.

Based upon what you have told me, I believe that your WEP reduction will probably be limited to one of the maximums, either half of your monthly UK pension, or the maximum for your

“eligibility year” (2022?). We don’t yet know what the standard maximum WEP reduction for 2022 will be, but for 2020 it is \$480. That is the most that your Social Security benefit could normally be reduced. But if your UK pension is about \$740 USD then your maximum reduction should be about \$370, because the WEP reduction can’t be more than half of your non-covered (UK) pension. So, your US Social Security benefit of \$1643 will most likely be reduced by about \$370 to about \$1303. You will need to contact the UK pension system to see if any of your UK pension will be offset by your US Social Security benefits.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained, and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadviser@amacfoundation.org.

LETTER TO THE EDITOR

Christmas Manger Question

Thousands of Nativity Scenes will soon grace the nation’s churches, civic centers, and homes in the spirit of peace and

goodwill to all. Most of these displays will feature adoring farm animals - cattle, horses, sheep, goats, et al - gathered around the Holy Family in a manger. Ironically, these are the very same animals exploited and abused in the nation’s rodeo arenas throughout the rest of the year, where they are routinely terrorized, brutalized and sometimes

killed, all in the name of a bogus, macho “entertainment.” I cannot believe that either Jesus or God would approve, nor should anyone else.

Lest we forget, COVID-19 was human-caused, a direct result of our gross mistreatment of animals, both wild and domestic. There are connections to be made here, folks. The United Kingdom

outlawed rodeos back in 1934. Can the U.S. be far behind? Legislation is in order: local, state, federal.

Season’s Greetings to all - humans and non-humans alike.

Eric Mills
Action For Animals
Oakland

CIVIL

SUMMONS

(CITACION JUDICIAL)

CASE NUMBER (Número del Caso):
HG19040366

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): ADAN RIOS ZURITA, AN INDIVIDUAL AND DOES 1 TO 100 YOU ARE BEING SUED BY PLAINTIFF (LO ESTA DEMANDANDO) DEGMANANTE: MENA FEKRY DAWOOD, AN INDIVIDUAL. **NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. **NOTE:** The court has the authority to award fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida un formulario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. **AVISO:** Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuento de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desahar el caso.

The name and address of the court is (El nombre y dirección de la corte es): SUPERIOR COURT OF COUNTY OF ALAMEDA, 38439 PASEO PADRE PARKWAY, FREMONT, CA 94538. The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): STEVEN DOUGLAS BARIO, ESQ., 58N2006S, SWEET LAWYERS, LLP, 4590 MACARTHUR BLVD SUITE 650, NEWPORT BEACH, CA 92660, 800-298-4894. DATE (Fecha): OCTOBER 23, 2019. CHAD FINKE, Clerk (Secretario), by MOLLY KAUTZ, Deputy (Adjunto) 12/15, 12/22, 12/29/20, 1/5/21

CNS-3423505#

ORDER TO SHOW CAUSE

FOR CHANGE OF NAME

Case No. HG20078571
Superior Court of California, County of ALAMEDA
Petition of: LAKSHMI BALASUBRAMANIAN for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner LAKSHMI BALASUBRAMANIAN filed a petition with this court for a decree changing names as follows:
LAKSHMI BALASUBRAMANIAN to NITHYA PRABHAKARAN
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person who has any material changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 01-08-2021, Time: 11AM, Dept.: 17, Room: --
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612

A copy of this Order to Show Cause shall be published at least two court days before the successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: OCT 13, 2020
JUDEG DESAUTELS
Judge of the Superior Court
12/8, 12/15, 12/22, 12/29/20

CNS-3421567#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574742

Fictitious Business Name(s):
BAYLANDS BICYCLES, 161 I ST., FREMONT, CA 94555, County of ALAMEDA
Registrant(s):
ALBERT SAMSON, 4509 RODRIGO CT., FREMONT, CA 94536

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ALBERT SAMSON

This statement was filed with the County Clerk of Alameda County on NOV 24, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/15, 12/22, 12/29/20, 1/5/21

CNS-3422213#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574523

Fictitious Business Name(s):
DESIGN MASTERS, 4444 CENTRAL AVE APT 207, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):

CAROLINE HOSKEN MASTERS, 4444 CENTRAL AVE APT 207, FREMONT, CA 94536
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].
/s/ CAROLINE HOSKEN MASTER

This statement was filed with the County Clerk of Alameda County on NOV 16, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/8, 12/15, 12/22, 12/29/20

CNS-3421588#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574738

Fictitious Business Name(s):
ANGEL ISLAND SPA, 24463 MISSION BLVD, HAYWARD, CA 94544, County of ALAMEDA
Registrant(s):

KE WANG, 4017 DAVIS ST., FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ KE WANG

This statement was filed with the County Clerk of Alameda County on NOV 24, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/8, 12/15, 12/22, 12/29/20

CNS-3421573#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574506

Fictitious Business Name(s):
SAFE DRIVERS SCHOOL, 38930 BLACOW RD, SUITE E4, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):

SUKHIJT SINGH, 32430 CELESTE CT., UNION CITY, CA 94587

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ SUKHIJT SINGH

This statement was filed with the County Clerk of Alameda County on NOV 16, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/8, 12/15, 12/22, 12/29/20

CNS-3421006#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574437

Fictitious Business Name(s):
HEALSCAPE HOLISTICS, 4463 HYDE CUMMON UNIT 112, FREMONT, CA 94538, County of ALAMEDA
Registrant(s):

KAUSARFATEMA SAIYED, 4463 HYDE CUMMON UNIT 112, FREMONT, CA 94538
Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ KAUSARFATEMA SAIYED

This statement was filed with the County Clerk of Alameda County on NOV. 12, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/8, 12/15, 12/22, 12/29/20

CNS-3420408#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574576

Fictitious Business Name(s):
G AND S PROPERTY MAINTENANCE AND REPAIRS, 36000 FREMONT BLVD. APT 100, FREMONT, CA 94536, County of ALAMEDA
Registrant(s):

SERGIO RODRIGUEZ ARCNAS, 36000 FREMONT BLVD. APT 100, FREMONT, CA 94536

Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ SERGIO RODRIGUEZ ARCNAS

This statement was filed with the County Clerk of Alameda County on NOV 17, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/8, 12/15, 12/22, 12/29/20

CNS-3420402#

STATEMENT OF ABANDONMENT

OF USE OF FICTITIOUS BUSINESS NAME

File No. 548591

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):
The Fictitious Business Name Statement filed on 08/21/2018 in the County of Alameda.

RENOWN MOTORS, 3575 GILMAN COMMON, FREMONT, CA 94538, County of ALAMEDA.
Registered Owner(s):
WASEEM SUBHAN, 3575 GILMAN COMMON, FREMONT, CA 94538

This business is conducted by: AN INDIVIDUAL
I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].
S/ WASEEM SUBHAN

This statement was filed with the County Clerk-

5, 2020.
11/24, 12/1, 12/8, 12/15/20

CNS-3417304#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 574290

Fictitious Business Name(s):
IBEAUTY, 39210 STATE ST. 206, FREMONT, CA 94538, County of ALAMEDA

Registrant(s):
A&M BEAUTY GP, LLC, 25111-F NEWARK BLVD #33, NEWARK, CA 94560

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ A&M BEAUTY GP, LLC

This statement was filed with the County Clerk of Alameda County on NOV 3, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/24, 12/1, 12/8, 12/15/20

CNS-3417184#

GOVERNMENT

NOTICE TO CONTRACTORS

Sealed bids will be received at the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of **2:00 PM on January 5, 2021** at which time they will be opened and read out loud in said building for:
Central Park Aqua Adventure Water Park (PWC#5501)

A PRE-BID CONFERENCE: As this is a Re-Bid for this project, there will be no Pre-Bid Conference scheduled.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.arc.com/location/santa-clara Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at jbecerra-scola@fremont.gov.
JANICE BECERRA
PURCHASING DIVISION
CITY OF FREMONT
12/15, 12/22/20

CNS-3423397#

PUBLIC NOTICE - In accordance with Sec.106 of the Programmatic Agreement, T-Mobile West, LLC plans to upgrade an existing telecommunication facility at 1421 Lemos Lane Fremont, CA 94539. Please direct all comments to Gavin L. at 818-898-4866 regarding site BA02705A.
12/15, 12/22/20

CNS-3422373#

PROBATE

NOTICE OF PETITION TO ADMINISTER

ESTATE OF

DARREN KEONUI YOUNG AKA DARREN K. YOUNG

CASE NO. RP20080724

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **DARREN KEONUI YOUNG AKA DARREN K. YOUNG**

A Petition for Probate has been filed by **DEBBIE K. GREER** in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that **DEBBIE K. GREER** be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on **JANUARY 22, 2021** at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: **DAPHNE C. LIN., ESQ., 2201 WALNUT AVENUE, SUITE 290, FREMONT, CA 94538**, Telephone: 510-790-0900
12/1, 12/8, 12/15/20

CNS-3420341#

NOTICE OF PETITION TO ADMINISTER

ESTATE OF

CAROLYN SALAS

CASE NO. RP20078176

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **CAROLYN SALAS**

A Petition for Probate has been filed by **ALICIA MENDOZA** in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that **ALICIA MENDOZA** be appointed as

estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on **JANUARY 13, 2021** at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: **TYLER P. KRUEGER, ESQ., 30 KEYSTONE AVENUE, MORGAN HILL, CA 95037**, Telephone: 408-779-2106
12/1, 12/8, 12/15/20

CNS-3419192#

TRUSTEE SALES

RECORDING REQUESTED BY Premium Title of California AND WHEN RECORDED MAIL TO: Western Progressive, LLC Northpark Town Center 1000 Abernathy Rd NE; Bldg 400, Suite 200 Atlanta, GA 30328

SPACE ABOVE THIS LINE FOR RECORDER'S USE
T.S. No.: 2015-05383-CA A.P.N.:543-0458-046-00 Property Address: 34329 Xanadu Terrace, Fremont, CA 94555 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/02/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. TRUSTOR: MANDER SINGH AND BALJINDER K. GREWAL, HUSBAND AND WIFE AS JOINT TENANTS Duly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 03/14/2006 as Instrument No. 2006094326 in book --, page -- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 02/09/2021 at 12:00 PM Place of Sale: AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 898,949.03 NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, CASHIER'S CHECK, DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE. All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 34329 Xanadu Terrace, Fremont, CA 94555 A.P.N.: 543-0458-046-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding the obligation of the Trustor to pay the debt and the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 898,949.03. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the Trustor is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE OF TRUSTEE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You

Artemis – the next attempt to reach the moon and beyond

By: KAILASH KALIDOSS, AEROSPACE ENTHUSIAST

The Apollo program which put the first man on the moon has given us a legacy. The first missions to take astronauts to the Moon were called the Apollo Program. In 1961, President John F. Kennedy challenged the nation to land astronauts on the Moon by the end of the decade. The National Aeronautics and Space Administration (NASA) met that challenge with the Apollo program, landing the first man on the Moon on July 20, 1969. That program was named after a god of Greek mythology, Apollo.

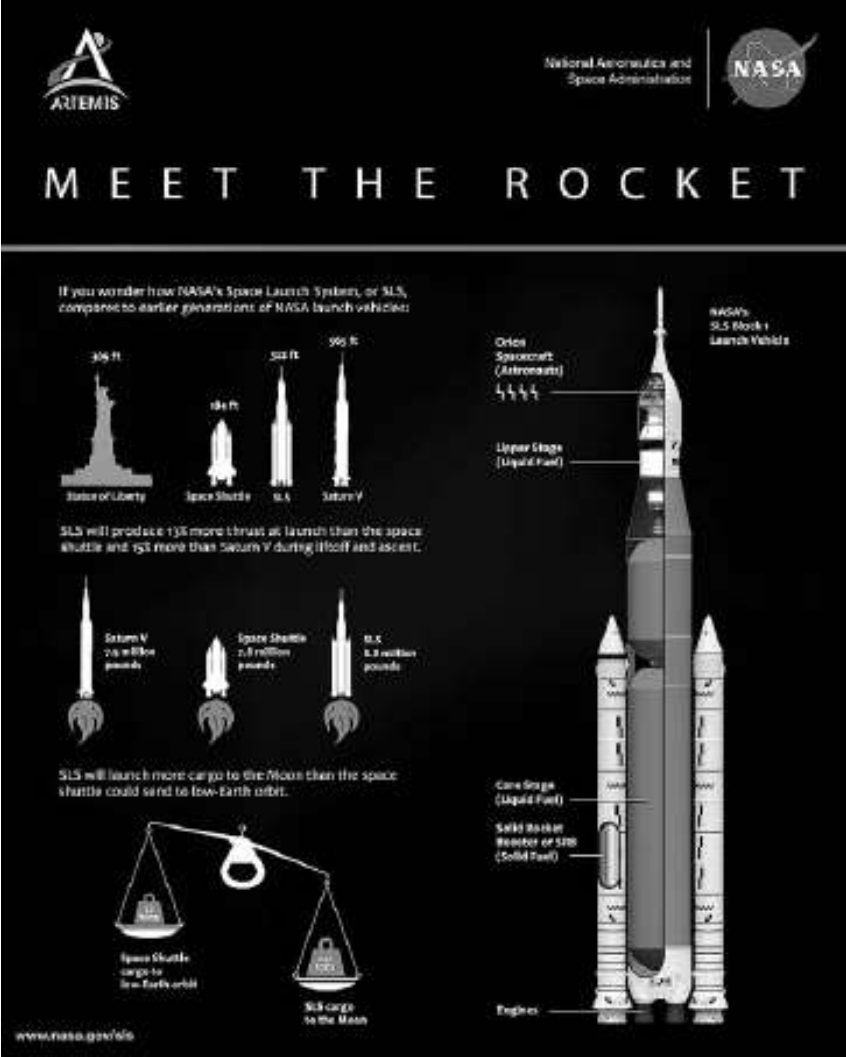
But ever since, no country or a space agency has tried another manned mission to the moon. But things are about to change for the better. Artemis is NASA's new lunar exploration program, which includes sending the first woman and the next man to the Moon. Through the Artemis program, NASA will use new technology to study the Moon in new and better ways and prepare for human

missions to Mars. Only this time we are not just going to visit. We are going to stay. Just like the International Space Station, we are going to have a continuous human presence on the lunar base.

Artemis was Apollo's twin sister and the goddess of the Moon in Greek mythology. When they land, Artemis astronauts will stand where no human has ever stood: The Moon's South Pole.

NASA's new rocket is the Space Launch System (SLS). It is the most powerful rocket ever in the world. The SLS will carry the Orion spacecraft with up to four astronauts riding aboard to lunar orbit. Then, astronauts will dock Orion at a small spaceship called the Gateway. This is where astronauts will prepare for missions to the Moon and beyond. The crew will take trips from the Gateway to the lunar surface in a new human landing system, and then return to the Gateway. When their work is finished, the crew will return to Earth aboard Orion.

The Artemis mission is planned in various phases. Before Artemis carries a



Space Launch System, a powerful rocket that powers the Artemis mission. Image source: NASA.gov

crew to the Moon, NASA will test the rocket and spacecraft in flight then send a crew for a test flight:

Artemis 1 will be a test flight of the SLS rocket with the Orion spacecraft and no crew.

Artemis 2 will fly SLS and Orion with a crew past the Moon, then circle it and return to Earth. This trip will be the farthest any human has gone into space.

Artemis 3 will send a crew with the first woman and the next man to land on the Moon by 2024.

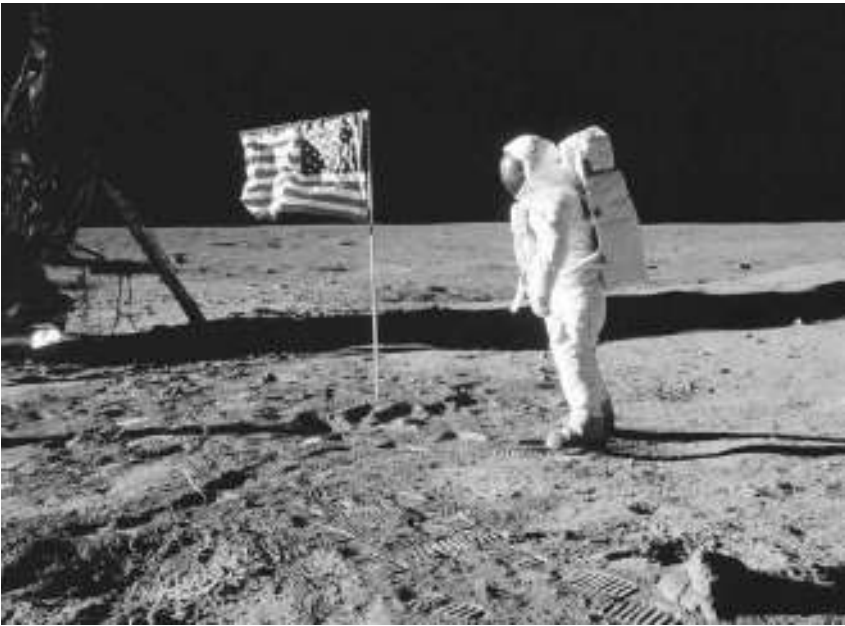
The astronaut scientists will search for the Moon's water and study the Moon to discover its mysteries, learning how to live and work on the surface of another celestial body. At the same time, establishing a base on the moon will build astronauts' confidence, as they will be just three days from home.

In the long term, the astronaut scientists will test technologies needed

before progressing on crewed missions to Mars, which can take up to three years roundtrip.

Next month's article shall cover the specific mission milestones, timelines, and overview of the Artemis mission. Stay tuned!

Kailash Kalidoss is a local aerospace enthusiast and educator serving the Bay Area. Kailash first fell in love with aerospace as a teenager when he learned about aviation from his father's job as a Ground Operations Manager. Kailash has since spent his efforts spreading knowledge about aerospace, astronautics, aviation, science and technology, and of course, the night sky and everything in it. Kailash also represents the Civil Air Patrol as a volunteer and NASA as a volunteer ambassador.



The Apollo mission put the first man on the moon. Image source: NASA.gov Artemis Image

First woman, next man on moon will come from these NASA 18

By MARCIA DUNN AP AEROSPACE WRITER

NASA has named the 18 astronauts – half of them women – who will train for its Artemis moon-landing program. The first woman and next man on the moon will come from this elite group. Vice President Mike Pence introduced the astronauts Wednesday at the close of his final meeting as chairman of the National Space Council. The announcement was made at Florida's Kennedy Space Center, beneath one of only three remaining Saturn V moon rockets from the 1960s and 1970s Apollo program. Pence noted that the last of the 12 men to walk on the moon, the late

Apollo 17 commander Gene Cernan, wanted nothing more than to remove “last” from his title. Cernan's final lunar footsteps were on Dec. 14, 1972. “He spent the rest of his natural life advocating for America to go back to the moon, and we are going to honor Gene Cernan's memory,” Pence told the small crowd, seated several feet apart from one another. Five of the astronauts – the only ones in attendance – walked onto the stage, waving and wearing masks. NASA Administrator Jim Bridenstine stressed there would be more astronauts joining the group. NASA has 47 active astronauts. The space agency is aiming for a moon landing by 2024, although the chances of that happening are growing increasingly dim. The upcoming change in administration also adds uncertainty. Half of the NASA astronauts have spaceflight experience. Two are at the International Space Station right now: Kate Rubins and Victor Glover. The two astronauts who performed the world's first all-female spacewalk last year made the cut: Christina Koch and Jessica Meir. It's a fairly young group, with most in

their 30s or 40s. The oldest is 55, the youngest 32. Only two – Joe Acaba and Stephanie Wilson – flew on NASA's old space shuttles. “The history is awesome, but we're here to look toward the future,” Acaba told reporters after the announcement. The other experienced members on the list include Kjell Lindgren, Anne McClain and Scott Tingle, all former space station residents. “We are dreamers, but even more so, we're doers,” McClain said. She wants children from all backgrounds to take note of the diverse lunar team: “The doors are open, come on after us.” Among those yet to rocket into space: Kayla Barron, Raja Chari, Matthew Dominick, Woody Hoburg, Jonny Kim, Nicole Mann, Jasmin Moghbeli, Frank Rubio, and Jessica Watkins. AP science writer Christina Larson contributed from Washington. The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

LETTER TO THE EDITOR Alzheimer's Association Advocacy

After finding out that my high school swim coach was diagnosed with early-onset Alzheimer's, I was devastated to watch such a jovial character diminish. Soon enough, she was unable to coach, and it seemed as though she had lost a sense of purpose. Her bewildered state has left me in great agitation, and I cannot imagine the pain and sadness her close family members endure. In 2020, Alzheimer's and other dementias will cost the nation \$305 billion. By 2050, these costs could rise as high as \$1.1 trillion. Unless a treatment to slow, stop, or prevent the disease is developed, he cost will only continue to worsen. In California alone, Alzheimer's disease is the third leading cause of death. However, with the increasing average life expectancy coupled with the aging Baby Boomer generation, these numbers will continue to rise. Watching my swim coach suffer from early-onset Alzheimer's has made me understand how far-reaching this disease can be. Not only does Alzheimer's affect the individual, it affects caregivers and their families as well. Currently, the 1.85 billion hours of unpaid care amounts to \$24.25 billion, indicating how much work and financial burdens are imposed on those, directly and indirectly, affected by the disease. As a high school student, it might be strange to be concerned about something that will not affect me for another 48 years, but after realizing the severity of this issue, the younger generation needs to take a stand. The funding for Alzheimer's research is a priority that must continue. I hope my realizations as a high school student will encourage Ro Khanna and Eric Swalwell to support an increase of \$354 million for Alzheimer's research funding at the National Institutes of Health in FY-2021. Claire Hsu Fremont

SpaceX capsules parked side-by-side at station for 1st time

By MARCIA DUNN AP AEROSPACE WRITER

A SpaceX supply ship bearing Christmas goodies arrived at the International Space Station on Monday, parking alongside another Dragon capsule that carried up astronauts three weeks ago. It's the first time Elon Musk's company has two Dragons at the orbiting lab, filling both available slots. Unlike SpaceX's previous cargo carriers, which had to be plucked from

orbit by the space station's robot arm, this larger and updated model docked all by itself a day after rocketing into orbit from NASA's Kennedy Space Center. This unusually large shipment – exceeding 6,400 pounds (2,900 kilograms) – includes experiments, equipment, Christmas presents and the makings for a holiday feast for the seven station astronauts. The crew monitored all the action as the capsule pulled up and docked at the station more than 260 miles (420 kilometers) above the Indian Ocean. The two Dragon parking spots are just 15 feet (4.5 meters) or so apart. NASA astronaut Kate Rubins offered “a huge congratulations” to SpaceX and everyone else involved. “It's pretty amazing to think that less than a month ago you docked four crew members,” radioed Rubins, a microbiologist and one of four Americans

on board. “And now you're bringing a vehicle full of world class science for us to execute.” The crew also includes two Russians and one Japanese. SpaceX redesigned its cargo ships to be as big as its spacious crew capsules to pack more in. The cargo Dragon will remain at the space station for a month, before parachuting into the Atlantic with science samples and discarded gear. The crew Dragon will stay up until spring. The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

Painting cars is more than a job, it's an art



BY ROB KLINDT

PHOTOS BY ROB KLINDT AND COURTESY OF MAACO COLLISION REPAIR & AUTO PAINTING

For David Gutierrez, cars have been a part of his life for just about as long as he can remember. Growing up in San Leandro with three older brothers and a stepfather who was a mechanic and owned a garage, it was a perfect setting. "We were always working on cars; it was a passion," he recalled.

Today, Gutierrez and his wife Ylma are owners of a Fremont-based franchise of the nationwide Maaco Collision Repair & Auto Painting company (which has five other Bay Area locations). He opened the business in 2008 after working more than 20 years in the shipping container business. Two years later, Ylma left her work in the architecture and construction industry and joined him full time at Maaco. "It's the best decision I ever made," she said. I really love this business and enjoy it." Joining the two owners are 12 employees who work in various capacities from vehicle prep, buffing, dent repair, painting and cleaning.

Over the years their business thrived with retail work for individual customers

of the fleet work was painting and restoration on small transit busses, work vans, utility trucks and more recently, the tall and long Amazon Prime delivery vans.

Setting up shop in Fremont

While scouting around for an available



Bay Area franchise authorized by Maaco, the couple found an opening in Fremont and snapped it up. "We wanted a city that was vibrant, that had growth opportunities, and that had a good demographic, and we felt that Fremont had all of those things," Gutierrez explained.



Ylma and David Gutierrez

and the non-profits in Fremont," said Ylma Gutierrez, adding that she was a chair ambassador for the chamber, helping lead various business events in the city. They are also members of the Irvington Business Association.

Ylma Gutierrez oversees sales, marketing and customer service at Maaco. "My favorite part of the job is doing estimates," she said. "I love interacting

define that we were an essential business that was allowed to keep operating," he said. During the closure, they developed safety policies and procedures for keeping employees and customers safe from exposure.

New procedures include keeping the office and gates closed and asking customers to call when they arrived, and then greeting them outside while practicing social distance protocols. Inside the shop Gutierrez said all vehicles are sanitized and plastic covers are put onto seats, steering wheels and shifters. When the vehicles are done, they're sanitized again before being returned to customers. Gutierrez acknowledged that business has slowed because of COVID-19 concerns, but said most employees are still on the job except for a customer shuttle driver who was let go due to decreased business.

Fun and favorites

While cars, vans and trucks make up the bulk of business, Gutierrez said they have had many fun and unusual vehicles, too. Among them is a group of kid's small racing cars from California's Great America theme park in Santa Clara, painted in bright colors with "Peanuts" cartoon characters. They also painted the floating Delta Flyer sky buckets on the park's gondola ride and the passenger boats for the park's log ride.

Gutierrez's favorite car? A rare 1969 Chevrolet Camaro Z28 they restored for a car collector in 2020 using the original bright blue and white color scheme. Ylma Gutierrez said another favorite project was painting more than 200 Tesla car frames that are shown in auto display galleries worldwide.

Over the years, Gutierrez estimates they have painted almost 17,000 vehicles at the Fremont shop. Despite the high volume, he said the focus is restoring each vehicle to make it look like a diamond again. "I remind my crew all the time, 'You guys aren't just auto body repairmen, you guys are artists.'"

Maaco Collision Repair & Auto Painting

44201 S. Grimmer Blvd., Fremont
8 a.m. – 5 p.m. Monday-Friday
(510) 656-8600

<https://www.maaco.com/locations/ca/fremont-12248/>



and fleet work for well-known companies and organizations like Tesla, AT&T, U-Haul, Alameda County Water District, Enterprise Car Sales, Fremont Unified School District – they even worked on police cars for the City of Milpitas. Much

While both live in San Leandro, they consider Fremont a second home because they spend so much time in the city. "Before COVID I was extremely active with the Fremont Chamber of Commerce



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