



Gallery
Back in
Business



Business
Pulse Check
Castro Valley Yoga



Kids share
'Why I
Wear a Mask'



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Autumnal Solar Illumination

SUBMITTED BY GARY DORIGHI

Mission San Jose would like to invite the community to witness a unique and captivating illumination of the main altar near sunset on Sunday, October 4. A perfectly aligned shaft of light will enter from the rear window of the Mission Church and transverse the full length of the church, showering the gilded tabernacle in dazzling light. This event will be live streamed and preceded by a lecture and organ music.

continued on page 7

Get in gear for a Spook filled drive

BY ROB KLINDT
PHOTOS COURTESY OF PIRATES OF EMERSON

Get ready to scream, shiver, duck and cover. Also, don't forget to stay in your car, keep your windows rolled up and the motor running. Welcome to the first drive-thru "Pirates of Emerson Haunted Themed Park."

The popular scream fest, opening October 2, has been entertaining East Bay horror fans for almost three decades each fall in the weeks leading up to Halloween. But this year, because of COVID-19 pandemic concerns, the event has transitioned from a walk-thru haunted house into a drive-thru villainous village. Held at the Alameda County Fairgrounds in Pleasanton, visitors can expect to encounter a menagerie of marauding pirates, spooky zombies, monsters, witches and other creatures of the night -- but all with proper social distancing, of course.

"The CDC (Centers for Disease Control) hands out all the rules ... and we have to follow those rules," explained Brian Fields, Vice President of Operations

continued on page 4



Senior Center celebrates 40 years



BY STEPHANIE GERTSCH

On Tuesday, September 22, cars lined up through the parking lot and even onto Paseo Padre Parkway to drive by Fremont Senior Center and celebrate the center's 40th birthday. The socially distanced event protected the vulnerable populations served by the center. Participants received gift bags, souvenirs, and snacks. Booths at the event represented the 2020 Census, Aetna, Cogir Real Estate, and Tri-City Health Center.

Originally opening on September 8, 1980, the center can serve up to 350 adults daily. However, the Senior Center is currently closed due to Coronavirus. Learn more about their meal delivery and other services at <https://www.fremont.gov/351/Senior-Center>.

INDEX

Arts & Entertainment 17
Business 8

Classified 25
Contact Us 23
Editorial/Opinion 23
Home & Garden 13

It's a date 17
Kid Scoop 14
Mind Twisters 10
Obituary 24

Protective Services 28
Public Notices 28
Real Estate 21
Subscribe 23

Community Members Invited to Live Webinar on Overuse Injuries

Leading Orthopedic Surgeon to Address Prevention, Symptoms and Treatments

Whether you work out regularly, play a sport year-round, or even just perform a regular physical activity as part of your work or hobby, your body is susceptible to overuse injuries. An overuse injury is damage to bones, muscles, ligaments or tendons as a result of repetitive stress. Common causes include errors in training or technique which can be prevented. A local sports medicine doctor will soon be presenting a free online seminar about repetitive use injuries.

Russell Nord, MD, medical director of Washington Sports Medicine, is a board-certified orthopedic surgeon with extensive experience treating patients from the Bay Area and beyond. He has diagnosed and treated people of all ages including those who have sustained overuse injuries at work, as well as high school, collegiate and professional athletes.

Dr. Nord will present a live webinar titled, “Orthopedic Overuse Injuries: Prevention and Treatment,” on Thursday, Oct. 8, at 6:30 p.m. All community members are welcome to log on and learn what overuse injuries are, the common signs and symptoms, how to prevent them and ways they can be treated.

This free, live presentation can be viewed on Facebook at

www.facebook.com/WashingtonHosp, or YouTube at youtube.com/whhsInHealth. Those watching on Facebook will also have the opportunity to ask questions live. Those who do not have a Facebook account can watch on YouTube, but asking questions is not a feature that is offered on this platform.

An overuse injury is generally defined as any type of muscle or joint damage that is caused by repetitive trauma where the body doesn't have time to heal. Dr. Nord frequently sees patients who are suffering from knee or shoulder pain and overuse injuries are often to blame. Other examples of overuse injures include stress fractures, tennis elbow, shin splints, carpal tunnel syndrome, plantar fasciitis and iliotibial band syndrome. These types of injuries often stem from taking on a new physical activity and doing too much too soon, such as someone who wants to start jogging and begins by trying to run several miles per week instead of building up slowly.

“We see overuse injuries in youth athletes who are focused year-round on mastering one sport, and adults who jump into a new activity with too much enthusiasm, but these injuries also manifest from doing a repetitive motion



During these stressful times, keeping active is important. To avoid injury, new joggers need to slowly build their pace and distance.

at work such as typing on a computer keyboard,” said Dr. Nord.

Washington Sports Medicine features a team of multidisciplinary physicians, sports trainers and physical therapists who offer a full range of diagnostic, treatment and rehabilitation services for overuse and other sports-related injuries. The program works directly with Washington Outpatient Rehabilitation Center when ongoing physical therapy is required.

Orthopedic overuse injuries are often subtle and may occur over a long period of time. Given the nature of these injuries, their effects can be bothersome for weeks, months, or even years. “Oftentimes when we ask patients when they began to feel the pain from an overuse injury, they can't pinpoint when exactly it started, and that is a classic sign that the injury is a result of repetitive trauma,” noted Dr. Nord.

During the pandemic, people young and old are exploring new ways to pursue

physical activity and fitness that has led to a spike in overuse injuries. “In this time of COVID-19, people are finding more flexibility to get out and exercise which is tremendous for the body and mind, but it's important to make sure you use proper technique and moderate time spent doing the activity until your body is used to it,” added Dr. Nord. “With overuse injuries, the best treatment is prevention, and that is one of the main reasons we want to educate our local community members through this webinar.”

For more information on Washington Sports Medicine or to schedule an appointment with Dr. Nord, call 510.248.1040. Advance registration is not required, but for more information on this, or other upcoming seminars, visit www.whhs.com/Events or call 800.963.7070.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	9/29/20	9/30/20	10/1/20	10/2/20	10/3/20	10/4/20	10/5/20
12:00 PM 12:00 AM	Intro to Radiation Oncology Therapy	Washington Township Health Care District Board Meeting September 9, 2020	Active Living: Yoga Exercises	Low Back Pain	Gastrointestinal Disorders	The Signs and Symptoms of Sepsis	Mental Health Education Series: Understanding Mood Disorders
12:30 PM 12:30 AM	How to Prevent Financial Elder Abuse/Fraud		Metabolic Disorders	Diabetes Matters: Latin Foods			
1:00 PM 1:00 AM	11th Annual Women's Health Conference: Patient's Playbook	Hepatitis B and Liver Cancer: Prevention and Treatment		The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	Early Detection and Prevention of Female Cancers	Updated Treatments for Knee Pain & Arthritis	Don't Let Hip Pain Win
1:30 PM 1:30 AM			Diabetes Matters: Asian Fusion		Digestive Health: What You Need to Know	Anxiety: Stop Negative Thoughts	Washington Township Health Care District Board Meeting September 9, 2020
2:00 PM 2:00 AM	Women's Health Conference: Women & Stroke: Are You at Risk?	Aortic Valve Disease: Treatment Options Including TAVR	Vitamins & Supplements: How Useful Are They?	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss			
2:30 PM 2:30 AM	Chronic Kidney Disease: FAQ	Solutions for Weight Management		Diabetes Matters: Dining Out Around The World	Sports Medicine Program: Why Does My Shoulder Hurt?		
3:00 PM 3:00 AM	Mental Health Education Series: Mental Wellness	Women's Health Conference: Reclaiming Your Confidence	Colon Cancer	Washington Township Health Care District Board Meeting September 9, 2020		How to Talk to Your Doctor	Caregiver Series: Codependency and the Caregiver
4:00 PM 4:00 AM	Family Caregiver Series: Mindfulness Meditation for the Caregiver	Family Caregiver Series: Loss, Grief & Recovery	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be		Inside Washington Hospital: Advanced Treatment of Aneurysms	Minimally Invasive Options in Gynecology	Family Caregiver Series: Fatigue and Depression
5:00 PM 5:00 AM	Washington Township Health Care District Board Meeting September 9, 2020	Food Pharmacy: Prescription for Colon Health	Peripheral Vascular Disease: What You Need to Know	How To Stop Disease Before It Starts	Sidelined by Back Pain? Get Back in the Game	Advancements in Lung Cancer Detection and Treatment	Washington Township Health Care District Board Meeting September 9, 2020
5:30 PM 5:30 AM		Keeping Your Brain Healthy				Washington Township Health Care District Board Meeting September 9, 2020	
6:00 PM 6:00 AM	Endometriosis: Causes, Symptoms, Diagnosis and Treatment	Advance Care Planning: Five Wishes	Diabetes Health Fair 2019: Diabetes and Foot Care	Women's Health: Planning for Pregnancy	Diabetes Matters: Asian Indian Cooking		
6:30 PM 6:30 AM	Learn the Latest Treatment Options for GERD	Mental Health Education Series: Crisis Intervention				Diabetes Matters: Diabetes Conversations	Wildfire Smoke and Your Lungs: Do You Need to Worry?
7:00 PM 7:00 AM	Laugh without Leaking: Understanding Female Urinary Incontinence		Diabetes Matters: Heart Healthy Eating	Wound Care: The Latest Treatment Options	Diabetes Matters: Exercise IS Medicine	Preventive Care: What You Need To Know	
7:30 PM 7:30 AM	FB Live: Maintaining Your Mental Wellness During the COVID-19 Pandemic	Symptoms of Thyroid Problems			Family Caregiver Series: Care for the Caregiver	Healthy Eating: Prescription for Health	Wound Care: The Latest Treatment Options
8:00 PM 8:00 AM	Wound Care: The Latest Treatment Options		FB Live: Reduce Your Risk When Phasing Out of Shelter In Place	Mental Health Education Series: Understanding Psychotic Disorders	Wound Care: The Latest Treatment Options	Strategies to Help Lower Your Cholesterol and Blood Pressure	
8:30 PM 8:30 AM	Diabetes Health Fair 2019: Standards of Medical Care in Diabetes	Women's Health: Depression, More Than a State of Mind	FB Live: Noontime in the COVID-19 Kitchen		Diabetes Matters: Diabetes and Kidney Health	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	FB Live: Reduce Your Risk When Phasing Out of Shelter In Place

Washington Hospital Healthcare Foundation Virtual *Top Hat Gala*



Fremont Symphony String Quartet



Join Washington Hospital Healthcare Foundation and their dedicated supporters for a special night! Due to COVID-19, and the recommendation by the CDC to avoid large gatherings, the Foundation's biggest party of the year will be a virtual event this year. Join the Foundation for the 34th Annual Top Hat Gala, taking place virtually on Saturday, Oct. 10, 2020, from 6 to 7 p.m. The celebration is free for all to attend.

For over three decades, generous donors have contributed millions of dollars to support the Hospital's most vital programs

and services—Special Care Nursery, Prenatal Diagnostic Services, Radiation Oncology Center, Emergency Department and many more. This year, proceeds will support the COVID-19 Emergency Relief Fund, which helps Washington Hospital purchase personal protective equipment, increase emergency staffing, and bolster infection prevention initiatives. Washington Hospital has spent millions of dollars in the past several months in response to the pandemic. Donations will help them continue to fund initiatives that ensure the safety of front-line health care workers and our community members.

The evening will include messages of hope from CEO, Kimberly Hartz, front-line workers and community members. Continuing with tradition, there will be an exciting fund-a-need auction and a live auction. Items include a stay at the Grand Luxxe at Vidanta Nuevo Vallarta (near Puerto Vallarta), an elegant dinner for four in your home prepared by professional chefs, a getaway to the Vino Bello Meritage

Gala to Support Front-line Workers Free to All This Year



Resort—and several other items! Guests will be entertained by the Fremont Symphony and the James Logan Show Choir.

This year's gala is chaired by front-line workers, Dr. Kadeer Halimi, Medical Director and Section Chair, Department of Emergency Medicine; Brenda Brennan, RN, CNS, CEN, Assistant Chief Nursing Officer; and Jimmy Chang, RN, MSN, Medical Oncology Nurse Manager. The community chairs are Nikki Dutra Giannini, Commercial Real Estate Lender and Investor; and Renee Fernandez-Lovely, Relationship Loan Officer, Private Lending Group, Fremont Bank. The co-chairs all hope that you will join them in support of the front-line workers at Washington Hospital.

For the last 33 years, Top Hat has brought people together in support of a good cause. First held at the Top of the Mark in San Francisco in 1986, the dinner dance has grown into an elegant celebration in Fremont, raising funds for

clinical services in the Tri-City Area. Washington Hospital Healthcare Foundation plays a key role in ensuring Tri-City residents have access to the most advanced medical care available.

The Foundation was established in 1983 as a not-for-profit organization with the mission of raising public awareness and financial support for health care in Southern Alameda County. "During these challenging times, I encourage everyone in the community to stand with us to support our front-line workers and Washington Hospital," John J. Dutra, President of the Foundation, said. "It will be a night for our community to come together virtually, with proceeds benefiting the COVID-19 Emergency Relief Fund."

For more information visit www.whhs.com/foundation or register by email, tophat@whhs.com. Please include your name and cell phone number for additional event details. Complimentary for all to join!

Live Facebook Event!

Medicare Open Enrollment: What You Need to Know

If you are new to Medicare, this seminar will provide an overview of

- Medicare
- Medicare Advantage Plan (Part C)
- Medicare supplemental insurance
- Medicare prescription drug coverage (Part D)

Find out what you need to know during open enrollment.



Kristi Caracappa
Health Insurance Information
Service Coordinator



Two dates!

Tuesday, Oct. 6, 10 a.m.
Wednesday, Oct. 7, 6 p.m.

**Washington Hospital
Healthcare System Facebook
page or Washington Hospital
InHealth YouTube page**

If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

 www.facebook.com/WashingtonHosp

 www.Youtube.com/whhsInHealth

continued from page 1

Get in gear for a Spook filled drive

for the event. He added that social distancing rules prohibiting large crowds prompted this year's change to a drive-thru where people are insulated from others outside their social bubble.

Fortunately, Fields and his creative crew, which includes his parents Karl and Patty Fields, had enough time to reimagine the concept into a drive-thru experience before they started to build it in mid-August. "We have 20 trailers worth of stuff; it's like the circus



blowing into town," Fields said. "We had to rearrange the way it went up."

This year's event doubled in size from five to 10 acres to accommodate cars slowly following a meandering pathway through more than a dozen frightening, spooky, creepy and just plain weird scenes. A cast of 45 people, in full makeup and costume literally pop up, out and around vehicles as they travel through the scenes. "We have more theatrical scares this year," Fields said adding the show also includes pneumatic movements, colorful lights, flames, smoke, water and a plethora of odd liquids.

"Your car will get wet; a pirate shoots a canon of water and there's a storm," Fields said, emphasizing the importance of keeping car windows up. Adding to the spook factor is a soundtrack with music and sound effects created just for this show that visitors can hear through their FM radio. Fields added that it's important to keep a steady speed of just three miles per hour driving through the exhibit so the scenes will match the sound. Additionally, cars are spaced 30 seconds apart and drivers are asked to use only parking lights and not headlights while driving through.

Fields said his favorite exhibits are a three-story Victorian haunted house in the center of the village and a large pirate ship complete with water cannons, smoke stacks and a crew of plundering pirates. The event is designed to be a high-end show with intense scares and not for the faint of heart, Fields said. Children are welcome, but should visit with their parents. For visitors who change their mind midway through the 20-minute tour, Fields said there are several early exits drivers can take to leave the show.

The Pirates of Emerson got its start in the early 1990s when Fields and his parents set up a Halloween exhibit in their yard on Emerson Street in Fremont. It eventually grew into a larger commercial event at other Fremont locations and moved to the fairgrounds in 2010. Today, the show has a large following, and Fields expects tickets to sell quickly. Unlike past years, tickets must be purchased in advance online; no tickets will be sold at the gate. The price is \$94.99 per vehicle and covers everyone inside. More information is on the group's website at www.piratesofemerson.com.

Fields said this year's event promises to be one of the best in its history. "The pirates reinvented themselves in a really cool way this year and I hope that everybody comes out to see what we're all about."

Pirates of Emerson Haunted Themed Park
Friday, Oct 2 – Sunday, Nov 1
7:05 p.m. – 11 p.m. Thursday – Sunday
Extended hours until midnight Oct 24, 30-31
Alameda County Fairgrounds
4501 Pleasanton Ave., Gate 8, Pleasanton
\$94.99 per car, tickets sold in advance only online
www.piratesofemerson.com



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- ✓ **Newark Senior Center**

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The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
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**MAKING
DEMOCRACY WORK.**

Five students named Broadcom MASTERS in STEM competition



Oorjith Komaraju



Faye Lin



Aavineet Pahwa



Krish Patel

SUBMITTED BY BRIAN KILLGORE

Broadcom Foundation and Society for Science & the Public recently announced five Fremont Unified School District (FUSD) students are among the Top 300 competitors in the 10th annual Broadcom MASTERS - the nation's premier Science, Technology, Engineering and Math (STEM) competition for middle school students. The Broadcom MASTERS, a program of the Society for Science & the Public, seeks to inspire young scientists, engineers and innovators to solve the grand challenges of the 21st century. Representing FUSD are:

- Oorjith Komaraju**
Horner Middle School
Project - Acoustic Choreography in a Microscopic World
- Faye Lin**
Hopkins Junior High School
Project - In Situ Observation of Sea Urchin Behavior Using a Self-Built Underwater Camera System
- Aavineet Pahwa**
Walters Middle School
Project - The Revolutionary Eco-Friendly Laundry on Wheels
- Krish Patel & Naman Verma**
Thornton Junior High School

Project - EyeSense: A Headset that Navigates the Blind

A list of all students and a state-by-state breakdown of the Top 300 Broadcom MASTERS can be found at <https://www.societyforscience.org/broadcom-masters/2020-top-300-masters/>.

Each of the Top 300 MASTERS will receive a \$125 award from DoD STEM. With this new prize, the Department of Defense continues its support of youth in STEM, working towards a more diverse pipeline of highly qualified STEM professionals in the future.



Naman Verma

Free competition and college level math resources available

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

Officials from Fremont Unified Student Store (FUSS) are honored to support a group of high school students for applying their own research and experience in creating Primeri, a website which offers free competition math and college level math resources for students from elementary through high school. Information about the program is available at the Primeri website at www.primeri.org.



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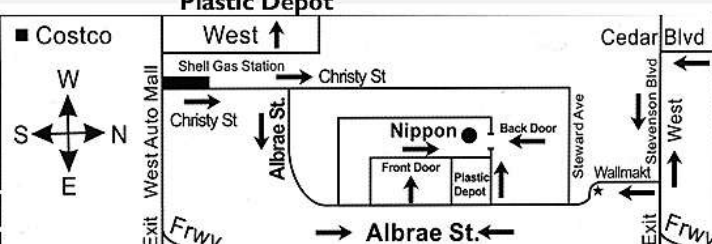
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Families can now get the new California WIC Card at their local Women, Infants and Children (WIC) office. Flexible shopping and easier checkout at the grocery store with the WIC Card!

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WIC LOCATIONS AND BUSINESS HOURS

Monday-Thursday; Monday-Friday effective October 5, 2020 except Fremont WIC

• **WIC Union City**
32970 Alvarado Niles Road, Ste 760
Union City, CA 94587
8:30am-5:30pm
• **Fremont WIC**
3845 Beacon Avenue, Ste A
Fremont, CA 94538
8:30am-12pm; 1pm-5:30pm
(Closed on 2nd & 4th Wed)

• **San Leandro WIC**
16110 E 14th Street, 2nd Floor
San Leandro, CA 94578
8:30am-12:30pm; 1pm-5pm
• **Hayward WIC**
22331 Mission Blvd, 2nd Floor
Hayward, CA 94541
8:30am-12:30pm; 1pm-5pm

Call 510.471.5913 Option 2 • We may be able to complete your appointment by phone.

First VIRTUAL 10K on the Bay Run/Walk

SUBMITTED BY JACQUI DIAZ

The Hayward Area Recreation and Park District (H.A.R.D.) invites the community to participate in the virtual "10K on the Bay Walk/Run." This is the first time this annual event will be enjoyed virtually. 10K on the Bay is an all ages run/walk event that benefits Hayward Shoreline Interpretive Center (HSIC) programs. The event will be held over a three-week period beginning Sunday, September 26 and ending Sunday, October 11.

This is a great opportunity to get out of the house, compete with friends or family, and support the Hayward Shoreline Interpretive Center. Two courses are offered, a 5K and a 10K. Participants

can choose to run at the Hayward Shoreline on defined courses or choose their own course anywhere, including their own neighborhood, using the RaceJoy tracking App. Both shoreline courses begin near the Interpretive Center, head out toward the Bay and circle around Cogswell Marsh. After the race is completed, awards will be given to the fastest overall male and female runners in each age category.

Registration may be completed online or by downloading and mailing in the completed form and payment. The registration fee is \$20 per person. Registrants will receive an event t-shirt that can be mailed to the runner for a nominal fee or picked up post-race.

To register or to obtain more information, visit www.10KontheBay.org, email shoreline@haywardrec.org, or call (510) 670-7270.

10K on the Bay Run/Walk
Sunday, Sept 26 - Sunday, Oct 11
(510) 670-7270
www.10KontheBay.org

Assumption School Festival brings comfort and fun

SUBMITTED BY LAUREN SUGAYAN

It was a momentous weekend for Assumption School. Lorena Arroyo and Katherine Greenberg, organizers of the San Leandro school's annual Fall Festival and parents to Assumption students, recreated the weekend festival successfully achieving the small-knit, community feel that festival goes cherish every year, while ensuring Alameda County guidelines were met.

The festival began on Friday, September 18 with a "grab n go" traditional spaghetti dinner followed by a virtual talent show streamed into the living rooms of Assumption families. On the following night, a giant outdoor movie screen played "A Night at the Museum," while attendees indulged in Filipino food, hot dogs, and wine and beer for adults from inside their cars. Lucky recipients were the winners of a 50/50 raffle, and several gift baskets, including a Golf Extravaganza and an Outdoor Dining Delight themed basket.

Parent volunteers helped make the event a success, and several worked as greeters and parking attendants on both nights to ensure Alameda County COVID-19 pandemic guidelines could be met and that families felt safe. From start to finish, the weekend brought a feeling of community that has kept Assumption families coming back to the festival for generations.

Principal Lana Rocheford reported that the festival exceeded its fundraising goal of \$12,000, which will benefit educational programs and the implementation of safety measures to aid in the school's reopening. "It's a rallying cry for our community," she said. Assumption School is thankful to all of its sponsors, especially top sponsors Rinetti and Company, Bishop O'Dowd High School, Community Realty, Gaylen Roberts Group, Moreau Catholic High School, Mike and Nancy Pretto, and Saint Joseph Notre Dame High School.

continued from page 1

Autumnal Solar Illumination

Dr. Ruben Mendoza of California State University Monterey Bay will speak on the Franciscan Spanish mission's centuries-old secrets of astronomy and indigenous people's belief in sun worship. Dr. Mendoza is an archaeologist, writer, photographer and founding faculty member of the California State University, Monterey Bay. Professor Mendoza has directed major investigations at missions San Juan Bautista, San Carlos Borromeo, San Miguel Arcangel, and La Soledad. In 2016, he was awarded the Norman Neuerburg Award for Lifetime Achievement/Historic Preservation by the California Missions Foundation.

At Mission San Jose and missions stretching from northern California to South America, a twice-yearly orientation of the sun triggers this rare event. The phenomenon has only been discovered in recent decades. During the Spanish mission era, some Mission churches were designed with an orientation such that the illumination coincided with a particular saint's feast day or religious holiday.

In the case of Mission San Jose, the orientation of the original 1809 mission church was designed using solar geometry to associate the autumnal equinox, October 4, with the feast of Saint Francis of Assisi, the patron of the Spanish Franciscan missionaries. The spring illumination occurs on or about the feast day of St. Joseph, the patron of



Mission San Jose. The reconstructed church was built upon the original foundations and flooring and so has preserved the phenomenon. You can read an article in Smithsonian Magazine linked to our website at missionsanjose.org for further details.

This unique event is rarely seen by the public. Show your appreciation by making a donation or by purchasing something from our online gift shop. We look forward to safely re-opening Old Mission San Jose in the future. Nothing compares with walking in the footsteps of our founder, Fr. Fermin Francisco de Lasuen, seeing the structures built by Christian Native Californians, or relishing artwork and artifacts from over 200 years ago.

The live-stream presentation begins at 5:45 p.m. PDT with the illumination at 6:15 pm. See more at missionsanjose.org.

Autumnal Solar Illumination
Saturday, October 4
Live Stream begins 5:45 p.m.
Illumination begins 6:15 p.m.
missionsanjose.org

Top Hat Gala planning begins

SUBMITTED BY WASHINGTON HOSPITAL HEALTHCARE FOUNDATION

The Washington Hospital Healthcare Foundation's 34th Annual "Top Hat Gala" will take place virtually via YouTube on Saturday, October 10, from 6 p.m. to 7 p.m. This event is complimentary for all to join and will raise money

for the COVID-19 Emergency Relief Fund to help keep Washington Hospital's frontline health-care workers out of harm's way, ensuring they have personal protective equipment and other resources to care for patients safely and compassionately. Our doctors and nurses greatly value your support.

The night's entertainment will feature Fremont String Quartet and James Logan Show Choir. It will also include a live auction with prizes such as a seven-night stay at the Grand Luxxe at Vidanta Nuevo Vallarta, Mexico; getaway at Vino Bello/Meritage Resort, Napa; and dinner for four delivered by McCalls Catering.

Sponsorship opportunities are now available at <https://www.whhs.com/>. Register by emailing tophat@whhs.com. Please include your name and cell phone number to receive additional event details.

Top Hat Gala
Saturday, Oct 10
6 p.m. – 7 p.m.
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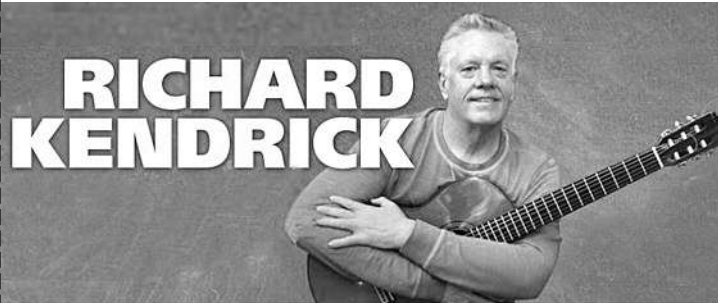
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- ✓ Working with Fremont Debate Academy to help the student's personality development by conducting the debate club.
- ✓ Bringing the community and school issues to the FUSD Board attention.
- ✓ Being the voice of community to bring the lunch shade and MUR in Green School.
- ✓ Serving in the Council PTA committees to bring safety and equity in schools.



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BUSINESS

California moves to end sales of new gas-powered cars

By ADAM BEAM, ASSOCIATED PRESS

California will halt sales of new gasoline-powered passenger cars and trucks by 2035, Gov. Gavin Newsom announced Wednesday, a move he says will cut greenhouse gas emissions by 35% in the nation's most populous state.

His plan would not ban people from owning gas-powered cars or selling them on the used car market. But it would end the sales of all new gasoline-powered passenger cars and trucks in the state of nearly 40 million people.

“Pull away from the gas pumps,” Newsom said. “Let us no longer be victims of geopolitical dictators that manipulate global supply chains and global markets.” California is the world’s fifth-largest

economy and Californians account for more than one out of every 10 new vehicles sold in the U.S. – market clout that means Newsom’s order could have a huge impact on the country’s auto industry and the global effort to reduce pollution and combat climate change.

California already has rules mandating a certain percentage of new car sales must be electric or zero-emission vehicles. This rule, if implemented, would make California the first U.S. state with a plan to phase them out completely.

At least 15 other countries have already made similar commitments, including Germany, France, and Norway.

Tailpipe exhaust from cars, pickups, tractor-trailer rigs and other transportation is the single largest source of air pollution. Jessica Caldwell, executive director of insights at the Edmunds.com auto pricing site, said Newsom’s announcement “does seem like this is a significant shot fired against” the internal combustion engine.

She expects the California announcement to trigger high-level meetings at all the auto companies which were moving toward electric vehicles but didn’t expect a zero-emissions mandate in 15 years. Automakers may have to rethink manufacturing and capital spending plans

because of the mandate, she said.

The Alliance for Automotive Innovation, which represents most automakers including Ford, which Newsom lauded for its anti-pollution efforts, said that although the industry is committed to more electric vehicles and will work with California, markets can’t be built with mandates and bans.

CEO John Bozzella called for combined efforts involving local, state, and federal governments as well as the auto industry and other businesses. “It will require increased infrastructure, incentives, fleet requirements, building codes, and much more,” Bozzella said in a statement.

Roughly a dozen states follow California’s lead on auto emissions standards that are more restrictive than federal rules. If those states follow suit on zero-emission vehicles, it could have a huge impact on the U.S. automobile industry.

Meantime, President Donald Trump wants to roll back tougher Obama-era auto emissions standards and is battling California to force it to comply.

Newsom’s order directs the California Air Resources Board to develop and approve regulations to meet the 2035 deadline. He also ordered them to

make a rule requiring all medium and heavy-duty trucks be 100% zero-emission vehicles by 2045 “where feasible.”

Phasing out gas and diesel-powered vehicles would mean less pollution threatening the health of Californians, said Fred Krupp, head of the Environmental Defense Fund.

It would be good for the state’s economy as well, Krupp said in a statement. “This plan positions California to win a new generation of jobs building affordable zero-emission vehicles – jobs that Europe and China are also hoping to capture,” he said.

Newsom also directed state agencies to speed up development of charging stations across the state and called on the Legislature to eliminate new fracking licenses by 2024.

California has a goal of relying 100% on clean, renewable energy by 2045. Gasoline and diesel-powered cars and trucks are the biggest impediment to reaching that goal as they account for more than half of the state’s carbon pollution.

Associated Press writers Tom Krisher in Detroit and Ellen Knickmeyer in Oklahoma City contributed to this report.

Tesla CEO Elon Musk's next big bet rides on better batteries

By MICHAEL LIEDTKE AND TOM KRISHER
AP BUSINESS WRITERS

Tesla is working on new battery technology that CEO Elon Musk says will enable the company within the next three years to make sleeker, more affordable cars that can travel dramatically longer distances on a single charge.

But the battery breakthroughs that Musk unveiled Tuesday at a highly anticipated event didn’t impress investors. They were hoping Tesla’s technology would mark an even bigger leap forward and propel the company’s soaring stock to even greater heights.

Tesla’s shares shed more than 6% in extended trading after Musk’s presentation. That deepened a downturn that began during Tuesday’s regular trading session as investors began to brace for a potential letdown. Musk raised those worries with a series of tweets Monday warning that Tesla’s new battery technology might not be ready for high-volume production until 2022.

Musk reiterated that timetable during Tuesday’s showcase and then added it might take up to three years before the battery technology translates into a new Tesla model selling for \$25,000. That would be a dramatic markdown from Tesla’s cheapest car now, the Model 3, a sedan that starts at \$35,000 but usually ends up costing buyers more than \$40,000.

“We don’t have a truly affordable car and that is something we want in the

future,” Musk said during an event shaped by the restrictions imposed by a pandemic that requires people to keep their distance.

Besides lowering the price, Musk promised the new battery technology would help Tesla reduce the size of its vehicles by about 10% and extend their range by 56%. That projection implies the Tesla cars using the new batteries will be able to travel 500 miles (800 kilometers) or more on a single charge, surpassing the distance many gas-combustion cars can traverse before needing to refuel.

Musk took the stage before a mostly online audience, although there was a small group of shareholders who won a lottery for the right to sit in Tesla vehicles parked in a lot near the company’s Fremont, California, factory located about 40 miles (64 kilometers) southeast of San Francisco.

“It is a little hard to read the room with everyone in cars,” Musk joked as he began his presentation during an early phase of the event that was devoted to Tesla’s annual meeting of shareholders.

But the shareholders in attendance frequently beeped their horns to provide a different form of applause as Musk rattled off Tesla’s accomplishments since the company held its last annual meeting 15 months ago.

Since then, Tesla has posted four consecutive quarters of profits to reverse a long history of losses, while boosting its production and laying the groundwork for future expansion by opening or beginning work on three more factories in Shanghai, Berlin and Austin, Texas. All that progress

has caused Tesla’s stock price to soar by fivefold so far this year and boost the company’s market value to nearly \$400 billion.

No one has benefited more from the run-up than Musk, who has seen his estimated wealth climbed to \$89 billion – the fifth-largest fortune in the world, based on estimates by Forbes magazine.

“What happens when companies get bigger is things tend to slow down. We are going to speed up,” Musk said Tuesday.

He said he believes Tesla will remain a step ahead of its competition in the electric vehicle market and persuade more consumers to abandon gas-combustion cars with its new battery technology. The breakthroughs that he outlined Tuesday involve some highly technical changes to the composition and design of batteries, along with new manufacturing processes.

Even as Tesla tries to set new standards in batteries, Musk made it clear that the company will also continue to rely on Panasonic and other suppliers.

Musk has a history of being too ambitious in his promises. For instance, 17 months ago, he bragged that Tesla was on the verge of breakthroughs in autonomous driving technology that would enable the company to deploy a fleet of robotic taxis by the end of this year.

He has since backpedaled slightly from that goal, although Tuesday he said he believes Tesla’s \$25,000 car will be capable of driving on its own.

Krisher reported from Detroit.

New California law expands tax credit for immigrants

By ADAM BEAM
ASSOCIATED PRESS

California will give tax breaks to more immigrants – including those living in the country illegally – under a new law that Gov. Gavin Newsom signed Friday.

The earned income tax credit gives cash back to people who have jobs but make so little that they often don’t owe any income taxes. The idea is to encourage people to work by promising to boost their pay with a tax credit. People get the money as a refund when they file their taxes each year. Combined with the federal credit, qualifying families can earn up to \$8,000.

California has had its own earned income tax credit since 2015. But it was only available to people who had Social Security numbers. That excluded immigrants who paid taxes with an individual taxpayer identification number issued by the IRS.

In June, California expanded its earned income tax credit for the first time to immigrants who have jobs and pay taxes but don’t have Social Security numbers. But they were only eligible for the credit if they had a child under 6. The law Newsom signed Friday removes that requirement.

“These Californians are taxpayers and should be treated like taxpayers, eligible for the same credits, and pay the same tax rates,” the Democratic governor said.

California has nearly 40 million people and its economy, if it were its own country, would be the fifth largest in the world. But the state also has the nation’s highest poverty rate, according to figures released this week by the U.S. Census Bureau. More than 17% of California households live below the supplemental poverty level – a measure that considers things like the cost of housing and child care.

Advocates say the law will help bring people out of poverty.

“Things like the earned income tax credit put real money in people’s pocket” said Mike Herald, director of policy advocacy at the Western Center on Law and Poverty.

The law is one of several in California aimed at increasing services for immigrants living in the country illegally. In 2016, California was the first state to offer government-funded health insurance to low-income children regardless of their immigration status. Last year, that was expanded to cover low-income adults 25 and younger in the country illegally.

Republicans have generally opposed these efforts, arguing the state should not spend public money helping people who are not in the U.S. legally.

Judge agrees to delay US gov't restrictions on WeChat

By STAN CHOE
AP BUSINESS WRITER

A judge has approved a request from a group of U.S. WeChat users to delay looming federal government restrictions that could effectively make the popular app nearly impossible to use.

In a ruling dated Saturday, Magistrate Judge Laurel Beeler in California said the government’s actions would affect users’ First Amendment rights as an effective ban on the app removes their platform for communication.

WeChat is a messaging-focused app popular with many Chinese-speaking Americans that serves as a lifeline to friends, family, customers and business contacts in China. It’s owned by Chinese tech giant Tencent.

The group of WeChat users had requested an injunction after the U.S. Commerce Department said Friday it would bar WeChat from U.S. app stores and keep it from accessing essential internet services in the country, beginning Sunday night at 11:59 p.m.

The Trump administration has targeted WeChat and another Chinese-owned app,

TikTok, for national security and data privacy concerns in the latest flashpoint in the rising tensions between Washington and Beijing. The administration contends that the data of U.S. users collected by the two apps could be shared with the Chinese government.

On Saturday, President Donald Trump said he supported a proposed deal that would have TikTok partner with Oracle and WalMart to form a U.S. company. There is still a chance that TikTok could be banned in the U.S. as of Nov. 12 if the deal isn’t completed, under the restrictions put in place by the Commerce Department.

However, a restriction to bar TikTok from app stores in the U.S., similar to what WeChat faced, was pushed back a week to Sept. 27 after Trump backed the latest TikTok deal.

On Sunday, Secretary of State Mike Pompeo told Fox News that the government will ensure that under the TikTok-Oracle-WalMart deal no American’s data ends up in the possession of the Chinese government.

In the WeChat case, the users had argued the moves targeting the all-in-one app with instant-messaging, social media and other communication tools would restrict free speech.



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Verizon, T-Mobile reach \$116 million California settlement

BY DON THOMPSON
ASSOCIATED PRESS

The nation's largest cellphone providers will pay a combined \$116 million under a settlement approved Thursday in a California lawsuit alleging that they overcharged government customers for wireless services over more than a decade.

Verizon will pay \$68 million and AT&T Mobility \$48 million to settle claims that they violated cost-saving agreements included in wireless contracts with state and local governments. Sprint and T-Mobile previously agreed to pay a combined \$9.6 million.

Attorneys who filed the suit said it is the second-largest California False Claims Act settlement outside of the health care industry.

The California Attorney General's Office decided not to sue after its own investigation of the government contracts in California and Nevada, said Verizon spokesman Rich Young, so a whistleblower sued in 2012 using a provision of the act that allows for such independent lawsuits on the state's behalf.

Young said Verizon "settled these meritless claims to avoid a protracted legal battle." AT&T spokesman Jim Greer similarly said his company "complied with our contracts and the law" and

denied wrongdoing but settled to avoid costly litigation.

The suit says the companies failed to live up to their agreements to charge nearly 300 state and local governments the lowest available cost and tailor their dozens of frequently changing rate plans accordingly based on actual usage patterns.

The plaintiffs' attorneys said the largest users recovering money under the settlement are the state of California, the California State University and University of California systems, Los Angeles County, and Sacramento, San Diego, San Francisco, and Riverside city and county governments.

The whistleblower plaintiff, OnTheGo Wireless LLC, was formed by Jeffrey Smith after his firm used software applications to compare rate plans and concluded the companies did not offer the governments the lowest possible prices. His firm will get about 40% of the settlement, he and the attorneys said in a statement.

"It may be a rounding error to Verizon and AT&T, but this is real money to California's schools, local governments and state agencies who spent years scraping through their budget to pay what we now know were over-inflated bills," said Wayne Lamprey of the Constantine Cannon law firm, who filed the lawsuit and was lead counsel.

Proposed San Diego fish farm could be first in federal water

AP WIRE SERVICE

A research institute in San Diego and an investment group in Long Beach have teamed up to propose what could be the first open-ocean fish farm in federal waters off the southern California coast.

Hubbs-SeaWorld Research Institute and Pacific6 Enterprise proposed the Pacific Ocean AquaFarm and submitted a federal permit application for the project earlier this month, the San Diego Union-Tribune reported Sunday.

The farm would be about 4 miles (6 kilometers) offshore of

San Diego and would generate 5,000 metric tons of sushi-grade yellowtail annually, enough for about 11 million servings, officials said. The partners also boast the project would provide a local source for fish and create diverse economic opportunities, including about 75 jobs.

The National Oceanic and Atmospheric Administration will next lead the environmental review of the proposal, which could take up to two years, Hubbs-SeaWorld President Don Kent said, adding that construction and market-ready product could add a few more years to the timeline.

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Delta raising \$6.5 billion, backed by frequent flyer program

AP WIRE SERVICE

Delta Air Lines will use its frequent flyer program to back up \$6.5 billion in funding as the pandemic continues to buffet air travel.

Bonds and term loans linked to the funds will be secured by Delta's SkyMiles program. SkyMiles IP plans to lend the net proceeds from the bonds and term loan to Delta, based in Atlanta, after depositing a portion of the proceeds in a reserve account.

"We're talking about five years before people are enjoying farmed yellowtail off the coast of California," Kent said. The project would also need to be vetted by half a dozen state and federal agencies, including the U.S. Army Corps of Engineers and the U.S. Environmental Protection Agency, he said.

Environmental groups have opposed previous offshore aquaculture operations, citing concerns about predation, pollution and effects on other marine species such as whales, dolphins and sharks.

Kent argued that this project would be designed to avoid harmful effects to marine animals or fishermen and could enhance job creation and food security in the region after already launching a similar operation in Mexico.

Hubbs-Seaworld already operates a hatchery in Carlsbad, and there are farms that raise oysters and abalone in Southern California. But there are no other aquaculture projects in U.S. federal waters, defined as three to 230 miles (370 kilometers) offshore.

Pacific6 Founder John Molina said the challenge is the longer timeline and the hesitation from investors who question if they are getting a fair return.

The project came as the federal government announced the creation of 10 planned aquaculture opportunity areas throughout the country, with the first in Southern California and Baja. The program will be overseen by NOAA and comes under an executive order signed by President Trump in May.

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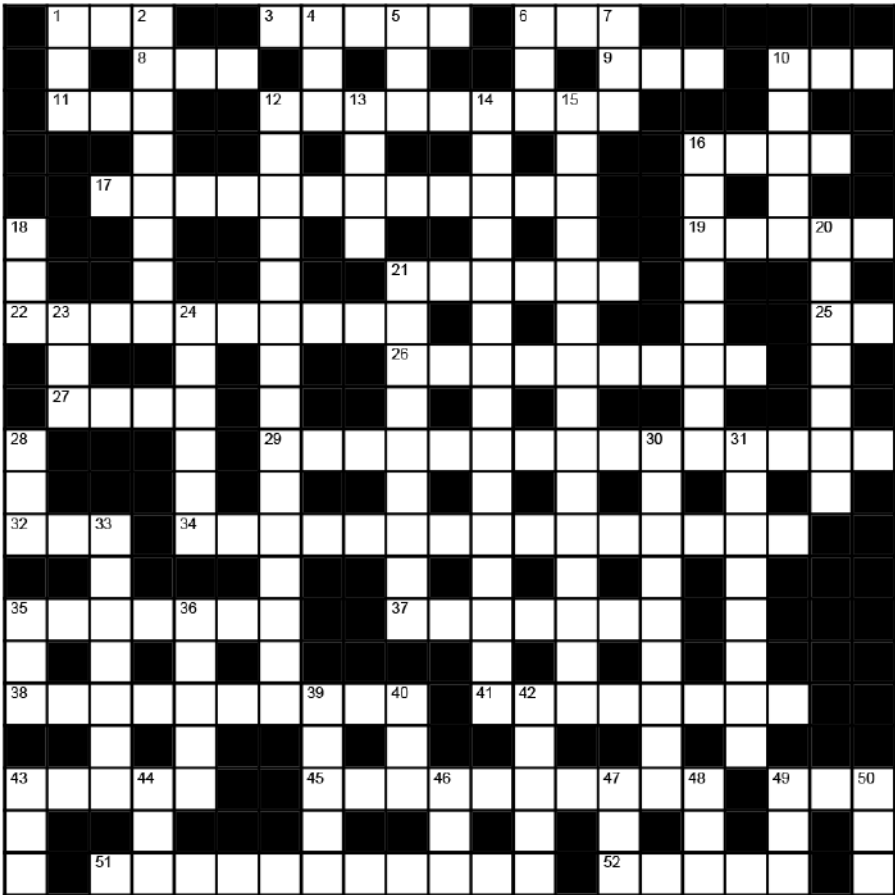
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| * Tourette syndrome | * Alzheimer's disease |

Mind Twisters

Crossword Puzzle



- Across
- 1 Common contraction (3)

3 Keeler and Dee (5)

6 Crop (3)

8 Investment option, briefly (3)

9 Brown, e.g. (3)

10 Come out on top (3)

11 Mins. and mins. (3)

12 Forecast, of a sort (9)

16 Gathering (4)

17 Elated (7,2,3)

19 Old lab heaters (5)

21 Block houses? (6)

22 High spirits (10)

25 ... (2)

26 Chat (4-1-4)

27 Anna May of "Shanghai Express" (4)

29 Colorful language (4-6,5)

32 A's opposite, in England (3)

34 Errors (15)

35 Danish cheese (7)

37 Element #33 (7)

38 In direct confrontation (4,2,4)

41 Base figure (8)

43 Aristophanes comedy, with "The" (5)

45 Funny business (10)

49 Opposite of a ques. (3)

51 Edits (4-7)

52 Development developments (5)

20 Adds on (7)

21 Among other things (5,4)

23 Underground org. (3)

24 Deadlock (6)

28 Gossipy Smith (3)

30 Deferral (9)

31 Embellish (8)

33 Strips (7)

35 Babe (3)

36 Hotel posting (5)

39 Earth tone (5)

40 East end? (3)

42 Montreal team (5)

43 Blanched (3)

44 Buddy (3)

46 Chiang ____-shek (3)

47 System (3)

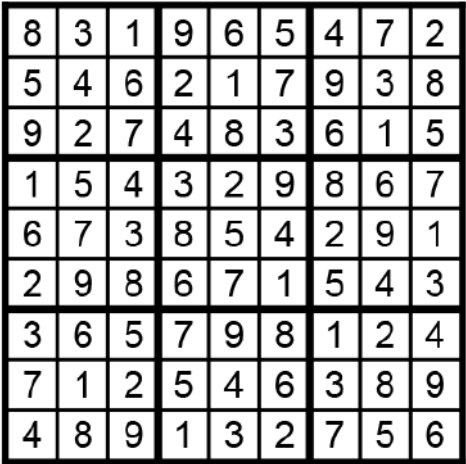
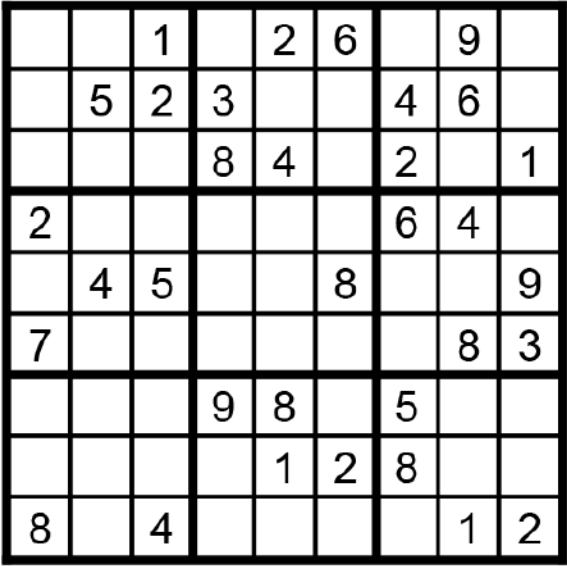
48 ____ Kippur (3)

49 Pop-ups, e.g. (3)

50 Barrett of Pink Floyd (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer

FOR WEEK: SEPTEMBER 29, 2020

All Signs: It has been tough with Saturn and Pluto in Capricorn at odds with Mars. This week retrograde Mars once again squares Saturn. Furthermore, this happens just

before the Full Moon in Aries. Everyone will go ballistic. The best way to live this week is to be on your best behavior and avoid saying or doing something you might regret.

Aries the Ram (March 21-April 20): I will not sugarcoat it. You have had easier weeks. You will feel the tension leading up to the Full Moon in your sign on Thursday. Beginning of the week, your ruler Mars is square Saturn. Your wisest course of action is to proceed slowly and cautiously this week. Do not be discouraged if authority figures say bad things about you that seem to encapsulate the worst suspicions you have about yourself. The harmony that you wish you could have with your spouse or partner seems elusive. But this is the challenge of the Full Moon in your sign. Be quiet.

Taurus the Bull (April 21-May 20): Some of the frustrations that you will experience this week could be related to your job or any work that you are doing. You might silently feel at odds with the prevailing sentiments in society, news, or social media. You might also feel oppressed. Meanwhile, you want to get along with co-workers. And yet, there is tension dealing with these people. Go figure. Silence and tolerance will be your friends.

Gemini the Twins (May 21-June 20): Something to do with your friendships or your relationship with a member of a group might be a bit grueling or challenging this week. You might find yourself at odds with someone, especially with regards how to spend a specific amount of money or deal with shared property or decide who is responsible for what. In addition, the Full Moon will also put

you at odds with your kids or a romantic partner because you simply cannot keep everyone happy.

Cancer the Crab (June 21-July 21): Mars is at the top of your chart and Saturn is opposite your sign. It can create fear, anger, and discouragement. You feel that whatever you are trying to do is blocked by others, especially the government, bosses, or the police. Meanwhile, the Full Moon will stir up situations at home or within the family. The peace that you want and the togetherness that you hope to achieve with loved ones has gone out the window! However, do not be alarmed because these challenges are temporary. Venus is in a lovely part of your chart helping you to be diplomatic and charming with others.

Leo the Lion (July 22-August 22): Pay attention to everything you say and do because this is an accident-prone week. Your efforts to travel or deal with publishing, media, medicine, or law will meet with problems. People will not cooperate. (From your point of view.) Things might be ambiguous. You might feel frustrated. On top of that, the Full Moon can create arguments with daily contacts, siblings, and relatives. In the bigger picture, you will improve your health this year and your job.

Virgo the Virgin (August 23-September 22): Money squabbles might be the underlying theme of this

week. Your efforts to reach an agreement about inheritances, shared property, taxes, debt, or insurance issues will be frustrated by others. They might not agree, or they might pull in the letter of the law or authority to block you. The Full Moon on Thursday might bring this to a head. Now you see clearly who does not want to play ball and who wants to do things differently from you. Naturally, you are logical and analytical, which does not always fit with someone who has an emotional investment in something.

Libra the Scales (September 23-October 22): This week can be stressful dealing with partners and close friends. Whatever you try to achieve, especially at home, will meet with opposition. Keep plodding slowly and carefully every day inching your way toward achieving your objective. Do not make a big deal about anything. Work quietly and carefully. Naturally, you are going to feel the tension of this week's Full Moon because it is the only Full Moon that is opposite your sign all year.

Scorpio the Scorpion (October 23-November 21): You might encounter difficulties with coworkers. Something might happen that triggers fear or self-doubt within you. You might question what you are doing. (Especially if people in power are opposing you or telling you otherwise.) You must keep your wits about you but proceed slowly with care. This Full Moon might trigger tension and conflict with others. Be patient.

Sagittarius the Archer (November 22-December 21): Sagittarian parents might face control issues with their kids. The kids might feel you are too bossy. You might feel that they are not listening. Romantic partners might also make difficult demands. Added to this is the tension of the Full Moon, which peaks on Thursday but begins on Tuesday. The warm friendship and success that you want dealing with groups seems to be overpowered by the demands of others. You feel like you cannot win! But this is not true. Venus is at the top of your chart making you look great to bosses and VIPs.

Capricorn the Goat (December 22-January 19): Difficulties with a family member or a situation at home are here. Whatever you want to do is blocked by circumstances or perhaps an older family member. You might also feel diminished or criticized by someone. Do not take this to heart because this is just a fleeting planetary challenge that ignites your sense of fear or fear of inadequacy. Do not waste time defending yourself or your ideas. This Full Moon makes you feel pulled between what you want to do versus your responsibilities at home.

Aquarius the Water Bearer (January 20-February 18): This is an accident-prone week. An accident does not have to happen, but it could if you are distracted by anger, anxiety, or self-doubt. A squabble with a

daily contact, sibling, or relative might occur. Do not react with frustration. And do not believe the worst about you. The Full Moon this week triggers arguments with others about politics, religion, and racial issues, but you do not need this. Yes, you want to make the world a better place but do it when you are confident. This week is not the time.

Pisces the Fish (February 19-March 20): Financial arguments and challenges might take place this week for your sign. This could relate to your earnings or lack of earnings. This could relate to something that you own. It could also relate to your choice of how you want to spend your money. This is not the week to ask for a raise or squabble about money in any way. It's a poor week to argue with creditors or stores about a purchase or anything to do with shared property, inheritances, and insurance issues. Instead, go with what works -- relations with friends, partners, and spouses.



By Georgia Nicols
www.georgianicols.com.

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Care and Compassion. Ohlone Humane Society Needs Your Help

BY MADHIKA SINGH
PHOTOS COURTESY OF
OHS WILDLIFE
REHABILITATION CENTER

Ohlone Humane Society (OHS) is a 501(c)(3) animal welfare nonprofit serving Fremont, Newark and Union City, advocating for all creatures, from urban wildlife to companion animals. OHS’ programs and services benefit animals and the community alike. From a rehabilitation center, to therapy dog teams, pet meals on wheels, to subsidized spay-neuter surgeries for pets and community cats, their comprehensive services benefit animals and the community alike. OHS also helps children connect with animals through sponsoring “Kind News” magazine subscriptions for local schools.

“OHS’ financial engine runs on donations and grants from people just like you,” shared Ann Morrison, Volunteer Director for OHS. “We rely heavily on memberships, fundraisers and donations as they contribute to more than 75% of our funds,” added Natalia Lebedeva, Volunteer Fundraising Director with OHS. “And all of the money goes towards our programs, supplies like equipment, medicines and food for pets in care, and the veterinary services at the rehabilitation center,” shared Lebedeva. Those services include pet exams, medications, and procedures. Specialized food items include mammal milk replacer formulas, hummingbird nectar, baby bird formula and fresh fruit and vegetables. Recently, the center has started growing berries, carrots and squashes in their wildlife garden built by Boy and Girl Scouts. “This garden has been a huge success for us and our wild critters, but it is not nearly enough to feed

them all,” says Lebedeva. “We are in need of microscope, autoclave, and anesthesia machines as well,” she added.

Fundraising events not only strengthen an organization’s financial infrastructure, but also bring awareness to their cause. With the cancellation of the Niles Dog Show and Niles Antique Faire, OHS has lost a significant source of funds. While OHS is always humbled by its generous supporters and donors, the chaos created by COVID-19 has had a detrimental effect on donations and help coming in through their doors. To add to the already challenging times, recent wildfires have caused loss of habitat and food for wildlife, making the need for resources for organizations like OHS even higher.

While there isn’t a way to feed or provide medical care for animals online, there certainly is a way to support them virtually by donating to their cause. This year OHS is participating in two upcoming fundraisers, both of which will be held virtually: Fremont Kiwanis 26th



Annual Ducks for Bucks Race on October 3 and Strut Your Mutt on October 24. “Raising funds together with other organizations is very uplifting,” shared Morrison.

At Ducks for Bucks, sponsoring ducks supports OHS and enters you into the raffle for prizes, which include a new car, cash, children’s bike, a large screen TV and others. One duck is \$5 but you can sponsor six for \$25!

Strut your Mutt aims to raise money to help end the killing of pets in shelters. “Every day, nearly 1,700 dogs and cats are killed due to lack of a safe home. That number should be zero and we need everyone’s help to achieve that,” shared Morrison. Community can contribute either by registering for OHS’ team or by

donating to one of the team members. The donation is tax deductible and OHS will keep 100 percent of the money raised after transaction fees. For more information please visit <https://ohlonehumanesociety.org/>.

There are many other ways to help OHS, like volunteering, and donating money and supplies directly. They are especially looking for people with social media expertise who can volunteer their time to help OHS with fundraising and outreach. There is also a need for folks who can assist with backend technical support. For more information please visit <https://ohlonehumanesociety.org/donate/>.

Through its programs OHS is helping fulfill our sacred duty to protect nature and the animals we share our habitat with, and it needs our help. Their efforts in spite of COVID-19 are commendable and worthy of any contribution we can make to support them.

Ducks for Bucks
Saturday, Oct 3
Time: 1 p.m.

<https://www.ducks4bucks.org/>
To sponsor a duck for OHS:
<https://www.duckrace.com/Fremont/teams/10731>
Deadline: Before the event starts

Strut Your Mutt
Saturday, Oct 24
Register for OHS team at:
<https://ohlonehumanesociety.org/>



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Ortho Overuse Injuries: Prevention and Treatment

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Join Dr. Nord to hear how to prevent and treat these nagging injuries.



Russell Nord, MD
Medical Director
Washington Sports Medicine

**Thursday, October 8
6:30 p.m.**

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If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

 www.facebook.com/WashingtonHosp

 www.youtube.com/whhsInHealth



Castro Valley Yoga

BUSINESS PULSE CHECK

**BY MADHIKA SINGH
PHOTOS COURTESY OF
CASTRO VALLEY YOGA**

This article is part of Business Pulse Check, a series where we at Tri-City Voice check in with a local business and how they have been impacted by the COVID-19 pandemic and related closures.

Castro Valley Yoga has been offering yoga classes since 2002; April Oquenda and Bridget Galli have co-owned it since 2017. It serves a diverse population of students from seniors to teens, teachers, mothers-to-be, beginners and advanced practitioners. “We believe that yoga is for everybody, and we are proud to serve such a diverse population,” shared Oquenda. Castro Valley Yoga offers a variety of classes taught by skilled instructors who provide guidance specific to each student’s unique needs and objectives. “Our instructors bring true passion for teaching and helping,” added Galli.

“Life is full of stressors. Yoga gives you the foundation to be able to take the stress, and not let the chaos take over,” say Galli and Oquenda. While the practice of yoga has evolved over time, its values of restoration and rejuvenation still hold true.

Before becoming owners, both Oquenda and Galli had been yoga students themselves. Coming together to run the Castro Valley Yoga was natural for them, a collaboration founded on their

mutual love for the practice of yoga and their desire to make this centuries-old tradition accessible to more people. “We’ve seen the invaluable benefits of this practice at work in keeping ourselves, our teachers, and our community of yoga practitioners well and in good mental health,” said Oquenda.

The COVID-19 pandemic and ensuing regulations to reduce its spread have had a serious impact on their business. With in-person classes shuttered, revenues have declined significantly. Castro Valley Yoga has responded by making adjustments to their schedule, and offering livestream classes and professionally recorded online videos. That has not only helped them trim their costs and make it feasible to stay in business for the long run, it has also allowed members of their community to continue their yoga practice while sheltering in place and maintain a health and wellness routine during these stressful



April (L) and Bridget (R)

times. “We are glad to be able to serve our clients with online classes, but having access to an outdoor space where we could

As part of their commitment to the community, Castro Valley Yoga partners with local schools to bring yoga to students and offer mindfulness training to teachers. They plan to go even farther, bringing yoga to everyone. “One of our goals for this year, before COVID-19 hit, was to start a non-profit segment of our work because we want to continue to bring yoga into spaces that are underserved and where yoga is needed most.

While COVID-19 has put a hold on some of our plans, practicing yoga can help us continue our journey of growth. “Yoga doesn’t just transform, it liberates,” say Galli and Oquenda.

Some books that have inspired their professional and personal growth are “Light on Life” by BKS Iyengar, “Skill in Action” by Michelle Cassandra Johnson, and “The Yamas and Niyamas” by Deborah Adele.

We at Tri-City Voice wish Castro Valley Yoga the very best and hope that the practice and philosophy of yoga will bring calmness, clarity and conscientiousness to us all!

**Castro Valley Yoga,
3160 Castro Valley Blvd. Suite C,
Castro Valley
(510) 542-9655
<https://www.cvyoga.com>
Connect with Castro Valley Yoga on
Facebook and Instagram**



hold classes safely would help people who aren’t able to practice yoga at home,” they added.

At the same time, Galli and Oquenda feel fortunate to have the support of their community in keeping their business running. “By continuing their monthly memberships and purchasing class passes, they’re financially supporting our teachers while also ensuring that we’re all able to have a yoga home to return to when this is all over,” said Galli. Castro Valley Yoga also offers new students discounts and scholarships. For more information and class schedules please visit <https://www.cvyoga.com/classes>.



Home & Garden

DECORATING IDEAS FOR ANY BUDGET

BY ANNA JACOBY

If you want to spruce up your home but don't want to break the bank, here are some ideas to fit your budget.

For Free:

- Give a room a whole new look by rearranging your existing furniture. However, if you want to really do this right, start by removing everything, and I mean everything (including nails where artwork was previously hung) from the room before you start. People are creatures of habit; if you don't start with a clean slate, you will likely just end up putting things back where they were. So, trust me on this one.

- Once your room is empty, look at it with fresh eyes. Enlist a friend who can help you see things in a new way. Place the largest items (like the sofa) first, then fill in with smaller items such as end tables and other items, then finish with lamps, art, and accessories. Borrow and trade items from other rooms; hang art where it has not been hung before; try placing the sofa and chairs in different locations. It is amazing what can be done with existing furnishings.

For \$100:

- Paint! I have said it many times before: A couple of gallons of paint can transform your walls, a piece of furniture, or even some old picture frames. Paint one wall or a ceiling or the whole room. Paint an old dresser or buffet or bookcase. Paint a collection of mismatched frames and create a photo gallery. Paint your window and door casings and baseboards in a color other than white. For fun, paint the inside of your closet in a color other than white.

- Refresh a bathroom with some new artwork, towels, and shower curtain.

- Change the cabinet hardware on your dressers or bath vanities.

- Create some artwork: Enlarge a favorite photo and frame it. Whether it is a photo of your kids, your pets, your vacation, or a close up of flowers from your garden, livening up your walls with personalized art is always a good thing to do.



For \$1,000:

- Update your light fixtures: Is your dining room chandelier making your room look frumpy and outdated? For less than \$1,000 you can replace it with a something artistic and dramatic. How about hanging a chandelier above your bed instead of the ceiling fixture that might be there now? It can really make a pretty statement.

- Add a large area rug: There are many attractive and well-made area rugs for \$1,000 or less. For a contemporary and fun look, consider FLOR modular carpet tiles—www.flor.com-- they work extremely well in all areas of the house, and particularly well in kids' rooms and home offices.

- Reupholster a favorite chair: This can usually be done for less than \$1,000. If you have a chair you love, give it a new look with some new fabric.

If you have a bit more to spend, these ideas can make a big difference:

- Change your interior doors. With myriad styles available, new interior doors will make a dated house look and feel instantly updated.

- Custom window treatments: Dress up a room full of windows with gorgeous new drapes, or top treatments like cornices and valances, or classic plantation shutters. Custom window treatments can really make a room look special and complete.



- Replace outdated and worn carpeting: This will instantly update your home and bring you many years of enjoyment. If you have not looked at carpet lately, you will be amazed at the patterns and textures available. There are even "pet friendly" fibers available, taking some of the worry out of using carpet instead of wood or laminate.

- Buy some new furniture: Maybe it is time to retire the sofa from the 80s, or the chair you had in your college dorm! With all of us spending more time at home these days, comfort and longevity will be key factors in choosing new furniture. A great investment might be a new ergonomic desk chair; maybe it is time to splurge on that comfortable recliner you've been coveting. When shopping for new furniture, resist the urge to purchase an entire matching suite of furniture—this is not highly creative. Think about coordinating (rather than matching) colors and fabrics. For example—a solid color sofa with two matching patterned chairs instead of a matching sofa, loveseat, and chair.

Get some design help if you need to—a designer can help make the most of any size budget.



Anna Jacoby is a local Certified Interior Designer.

Contact her at 510-378-6989 or info@annajacobyinteriors.com
You could also visit her website at www.annajacobyinteriors.com

THE ACWD CONNECTION



Staying Connected With Our Customers

Let's stay safe and connected during this time! We have gone virtual so you can attend meetings, workshops and tours from your mobile device, tablet or computer. Join us:

1. Board and Committee Meetings - Check our website www.acwd.org for dates and times.
2. Workshops - We have a virtual fall landscape workshop in November. Register at <https://bawasca.org/conserve/programs/classes> to attend.
3. Tour - Join us for our first-ever virtual tour of the Alameda Creek Fish Passage Projects. Visit www.acwd.org/tours to sign-up.
4. Social media - Follow us on Twitter and Facebook @AlamedaCountyWD for project updates, news and information.



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Ask a Tasmanian Devil

What if you could ask an animal any question you wanted? What would you ask? Today, learn all about Tasmanian devils in this imaginary Kid Scoop interview!



Q: Just what kind of animal is a Tasmanian devil?

A: We are not bears or dogs. We are **marsupials**, just like a kangaroo or a koala. Mama devils carry their babies in their pouches. When the babies grow too big for the pouch, they ride on mom's back.

To find out what a baby Tasmanian devil is called, write the letter that comes after each letter in the empty boxes.

I N D X
J [] [] []

Q: What do Tasmanian devils eat?

A: We are **carnivores**. That means we eat meat. And we're also **scavengers**, which means we mostly eat dead or dying animals we find.

Some people believe that Tasmanian devils were once good runners. But since the invention of cars, we get plenty of food by eating the animals that get run over. So, we don't have to cover large distances searching for food like we did back in the old days.

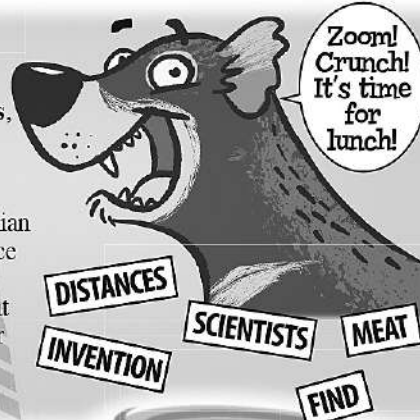
Q: What do Tasmanian devils look like?

A: Some people think we look like tiny bears. Others say we look like a short-nosed dog. Our heads are large with powerful jaws and sharp teeth. Our fur is thick and black, and most (but not all) Tasmanian devils have a white stripe running across our chests.

Q: Why are you called devils?

A: That's a great question! Tasmanian devils aren't dangerous to people. We're actually shy animals.

The name "devil" may come from the sounds we make. We make eerie growls at night when looking for food. I guess it scares some folks. Sorry! We can't help it.



Aaachoo!

When a Tasmanian devil sneezes, it is not sick. It is trying to scare away a predator.

Q: Are Tasmanian devils strong?

A: Well, we have incredibly strong jaws. In proportion to our body weight, we have the strongest bite of any living animal!

We store fat in our tails. We use that energy when food is hard to find. So if you see a Tasmanian devil with a plump tail, it means that animal is in good condition.

Q: Where do Tasmanian devils live?

A: We live on an Australian island called Tasmania. At one time, we lived throughout mainland Australia.

About 400 years ago we disappeared from the Australian mainland.



Standards Link: Geography: Recognize countries and continents.

Q: Do Tasmanian devils really spin like the cartoon one does?

A: While we don't spin around like the cartoon character, we Tasmanian devils can get quite excited as we devour our dinner. We make loud noises as we chomp up fur and bones and tear through meat with our incredibly powerful jaws.

But don't try eating like us. Your parents would say that we have absolutely terrible table manners!

Q: How big is a Tasmanian devil?

A: We're about the size of a grain of rice when we are born. Tiny! Do the math to see how big we are when full grown.

Average length (head and body):

11 + 10 = 5 inches

25 + 25 + 15 = centimeters

Extra! Extra! Noisy Words

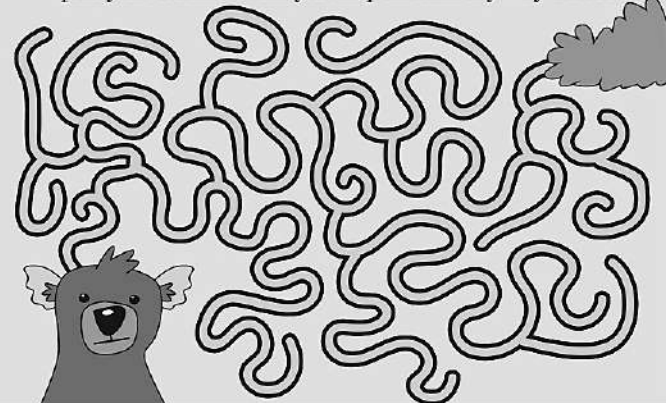
Look through the newspaper for five or more words that describe sounds. (Hint: Check the comic strips, too.) Write a paragraph about sound using those words.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop® Puzzler

Q: Are Tasmanian devils friendly?

A: We are **solitary** creatures, which means we like to be left alone. We sleep under bushes in the daytime. And as **nocturnal** creatures, we are out and about at night — way past your bedtime. Can you help me find my way to bed?



Double Double Word Search

TASMANIAN
SOLITARY
RUNNERS
DEVOUR
CHOMP
DEVIL
KOALA
POUCH
SHARP
WHITE
BLACK
COVER
JAWS
BEAR
SHY

Find the words in the puzzle. How many of them can you find on this page?

D P S O D W B E R H
E R O F U E K E Y C
V R L L A O V H N U
O U I R A O S I B O
U N T L C I P W L P
R N A I N A M S A T
S E R G H T O H C J
U R Y E T I H W K N
T S H A R P C E R S

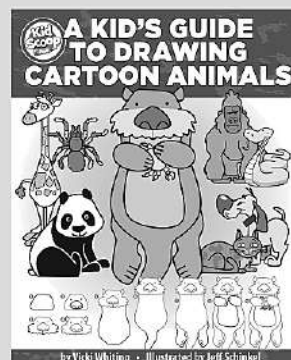
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together Scoop the News

Can you find the answers to all of the questions below? The answers can all be found on today's Kid Scoop page!

1. Tasmanian devils are a kind of bear.
a. TRUE
b. FALSE
2. Tasmanian devils like:
a. to be active in daytime
b. to be alone
c. to play with kangaroos
3. When a Tasmanian devil sneezes, it is:
a. feeling sick
b. scaring away a predator
c. hungry
4. Tasmanian devils have incredibly strong:
a. breath
b. jaws
c. tails
5. Tasmanian devils live in:
a. Madagascar
b. Tasmania
c. Texas
6. Tasmanian devils are marsupials. That means they:
a. walk on tiptoe
b. carry their young in pouches
c. sleep underwater
7. A Tasmanian devil stores fat in its:
a. teeth
b. tail
c. ears

Learn to draw lots of animals in **Kid Scoop's A Kid's Guide to Drawing Cartoon Animals** from Happy Fox Books. It's available now at [amazon.com](https://www.amazon.com) or order it at your local bookstore.



Kid Scoop VOCABULARY BUILDERS

This week's word: **AVERAGE**

The adjective **average** means ordinary or usual.

The **average** age of the class was ten years old.

Try to use the word **average** in a sentence today when talking with friends and family members.

FROM THE Kid Scoop® LESSON LIBRARY

Spelling Challenge

See how many of your spelling words you can find and circle in the newspaper. Next, cut out the letters that spell each word. Put all of the letters into an envelope. Spill out the letters and arrange them to spell your words.

Standards Link: Vocabulary: Spell words correctly.



What do you call a lazy kangaroo?

ANSWER: A pouch potato.

Write On!

If I had a tiger for a pet ...

Finish this story.

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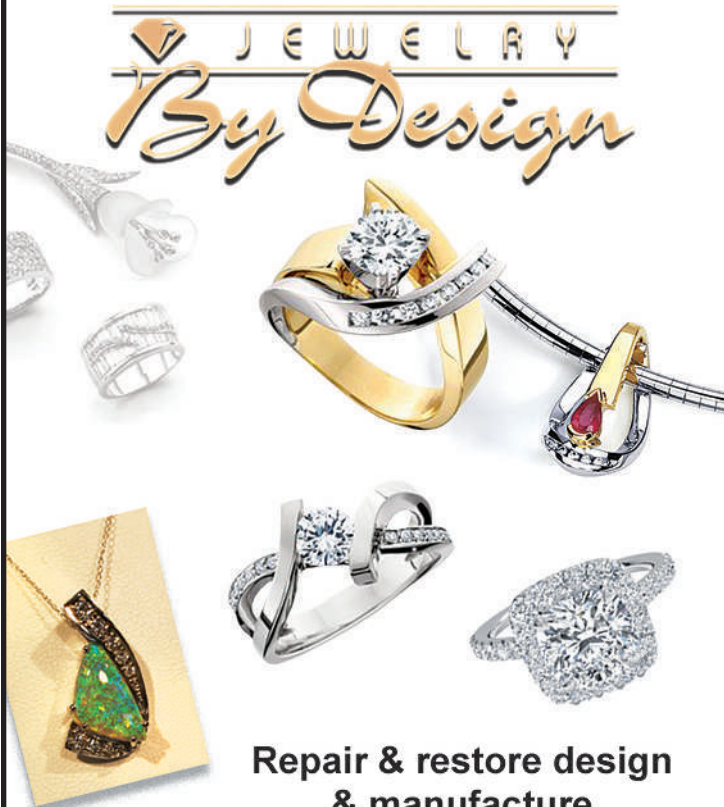


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Sauce

Chicken Breast Picatta 24
Sautéed with Lemon Butter, White Wine, and
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Biscuit and Corn on the Cobb for only \$20.
Other nights we will feature a fresh fish,
Rib Eye Steak, Seafood Pasta or more.





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Trying to Decide Who to Vote For?
Let the League's Candidate Forums Help

The League in the Tri-City area (LWVFNUC) invites you to attend a series of 15 zoom webinar candidate forums to help with your local 2020 election decisions. These sessions will allow you to check out candidates for Tri-City area mayors, city councils, school boards, water district and Washington Hospital Director. To get the links for these meetings, submit a question before the meetings, or view the recorded sessions, go to www.lwvfnuc.org/forums. Additionally, each forum will be livestreamed on Facebook.



Date	Time	Candidate Event
Thurs., Oct. 1	5:00 p.m.	Ohlone College Bd., Area 2
Thurs., Oct. 1	6:30 p.m.	Washington Hosp. Directors
Mon., Oct. 5	5:00 p.m.	Alameda County Water Dist.

Be happy. Be thriving. Be fit. Be generous. Be connected. Be joyful. Be healthy. Be strong. Be passionate. Be rejuvenated. Be supported. Be nourished. Be mindful. Be motivated. Be present. Be loved. Be energized. Be emotional. Be creative. Be productive. Be happy. Be wise. Be intellectual. Be safe. Be brave. Be social. Be fun. Be exploring. Be you. Be revitalized. Be valued. Be engaged. Be curious. Be healthy. Be grateful. Be relaxed. Be learning. Be artful. Be spiritual. Be adventurous. Be fi

Be well.

Be yourself. Be enthusiastic. Be inspired.

Be yourself.

WE BELIEVE the world may have changed, but our community is a **safe space** to express your wants, needs and dreams. Our extensive list of engagement opportunities support an environment to learn, grow and remain inspired. Dive passionately into your pursuits and live a life of empowerment, fulfillment and get back to being you.

WE BELIEVE this time of significant transition is an opportunity for us to **support** you now more than ever throughout our 30-year history of Watermark Retirement Communities®. Local community leadership combined with our dedicated COVID-19 Task Force have created a **safe and vibrant community** where you can truly thrive.

Call 510-796-4200 to schedule a private virtual video consultation and tour.

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OAKLAND
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 OAKLAND ZOO oaklandzoo.org

Gallery Back in Business



SUBMITTED BY SUSAN HELMER

The Fremont Art Association gallery will reopen for business on Saturday, October 3 at 1 p.m. Visit us for new art and seasonal crafts. Day of the Dead items and Autumn colors will greet you in October to dress your home for the change of seasons. It will soon be getting colder, and the gallery will offer cool weather accessories. Christmas items will arrive later, offering unique handmade gifts.

We will be open from 1 p.m. to 5 p.m. on Saturdays and Sundays through December and the same hours on Black Friday, November 27. Guest numbers will be limited and masks required. Hand sanitizer will be available. The gallery is located at 37697 Niles Boulevard in Fremont, next to the ice cream store. You can also visit our Online Store at www.fremontartassociation.org.

Fremont Art Association
Saturday – Sunday
1 p.m. to 5 p.m.
37697 Niles Blvd., Fremont
www.fremontartassociation.org

Chabad takes to the road to celebrate Sukkot

SUBMITTED BY CHAYA FUSS

As Covid19 sweeps across the nation, the Jewish Community has a challenge. How should they celebrate this holiday season? With Sukkot coming up -- a holiday centered around socializing, dancing, and of course eating -- what should they do?

For the first time the holiday will take to the streets from October 5-7 in an innovative traveling sukkah hut in order to enable Jewish people to celebrate the holiday. With a sukkah constructed and placed on the back of a trailer, holiday is brought right to people's doorsteps.

The sukkah, a temporary structure covered with vegetation or bamboo, commemorates the time the Jews wandered in the desert wilderness on their way to the Promised Land and the miraculous clouds that surrounded them.

The plan is for the traveling sukkah to visit homes and businesses in the community. One family will be allowed in at a time and it will be sanitized between visits. Delicious snacks, children's activities, a polaroid gallery, and the "Four Species" will all be on board. The "Four Species" of plant life -- a citron fruit, palm branch, willows twigs, and myrtle stems -- are shaken together with a special blessing on each day of the festival.

"This High Holidays Season has been challenging and unique," said Solange Emasalem of Milpitas. "Chabad has provided creative opportunities for us to celebrate authentically and safely, my children can't wait to visit the Sukkah Mobile."

"Sukkot is all about unity," explained Rabbi Moshe. "The Sukkah Mobile is a display of our people's resilience and everlasting joy that overpowers challenges. I can't wait to visit the homes of those who have been isolated for so long and to share the joy of Sukkot with them."

The Sukkah Mobile will be parked each day at 1:00 p.m. for these socially-distanced experiences:

- Monday, October 5: Children's Storytime & Craft at Always Dream Playground (Fremont)
- Tuesday, October 6: Cookies & Conversation at Fremont Skate Park
- Wednesday, October 7: Shake & Cake at Chabad

The holiday observances begin on Friday, October 3 at sundown and end on Sunday, October 11 at nightfall. For more information, contact Chaya Fuss via email at chaya@chabadfremont.com.

Chabad of Fremont Jewish Center
220 Yerba Buena Pl., Fremont
<http://www.chabadfremont.com/>



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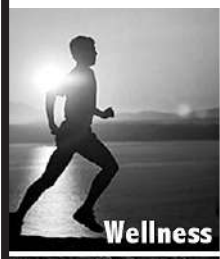
"ADA" is an acronym for the Americans with Disabilities Act, which requires businesses with websites to make accommodations for people with disabilities for all their website content.

- Over 1,500 legal cases related to non-accessibility compliance issues were filed in 2018.
- More than 10,000 websites sued nationwide in 2019 for their website not being ADA compliant, including celebrities. This number is expected to exceed 100,000 by 2021.
- Most business & website owners sued for non-compliance pay between \$20K - \$200K as out of court settlement. A recent settlement was \$6M.

Simply visit our website: afanaenterprises.com
click on the Handicap symbol to see how it works.

Contact: afanaenterprises.com/contact/ and enter "ADA-REPORT" as the promo code and your business contact and website details. We will then email over your complimentary ADA Compliance and Website Accessibility Analysis Report.

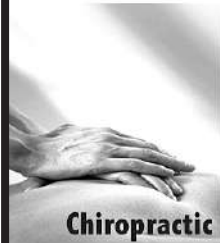
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www.DriversForSurvivors.org

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\$ = Entrance or Activity Fee

R= Reservations Required

Schedules are subject to change.

Call to confirm activities shown in these listings.

CONTINUING EVENTS

Mondays and Wednesdays

Parenting During COVID R

Mon: 10:00 a.m. – 11:30 a.m.

Wed: 6:00 p.m. – 7:30 p.m.

*Virtual support group to help families
cope with challenges encountered
during COVID*

To register:

[www.fremont.gov/3060/Caregiver-](http://www.fremont.gov/3060/Caregiver-Support)

Support

(510) 574-2100

Tuesdays

Free Virtual Sing-Along

7 p.m. – 8 p.m.

*Zoom choir meeting hosted by Mission
Peak Chamber Singers*

<https://www.chambersingers.org/>

Contact: info@chambersingers.org

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.

*Dinner time tunes, oddservations, and
bad jokes*

Via Facebook Live:

www.facebook.com/mudpuddlemusic

Thursdays

First Presbyterian Church of Newark Virtual Youth Group

6:30 p.m.

*Youth and young adults, students
welcome*

Contact: brian@newarkpres.org for

Zoom Meeting ID#

www.newarkpres.org

Sundays

First Presbyterian Church of Newark Virtual Sunday School

11:00 a.m.

Sunday School, Ages K – 6th grade

Contact: office@newarkpres.org for

Zoom Meeting ID#

www.newarkpres.org

Saturdays

Virtual Town Hall

3 p.m. – 4 p.m.

With Supervisor Dave Cortese

Via Facebook Live:

www.facebook.com/davecortese.gov

Saturdays, September 19 - October 10

Drive Thru Flu Vaccine Clinics

9 a.m. - 12 noon

*No appt. needed. First come, first
served. Ages 6+*

9/19: WTMF Orthopedics, 38690

Stivers St., Fremont

9/26: Washington West, 2500

Mowry Ave., Fremont

10/3: WTMF Nakamura Clinic,

33077 Alvarado-Niles Blvd.,

Union City

10/10: Washington West, 2500

Mowry Ave., Fremont

www.whhs.com

Mondays and Wednesdays, September 21 – November 9

Music For Minors II Training

Times TBD

*Learn how to become a MFMI docent
volunteer*

Via Zoom

To apply: <https://bit.ly/3iAutRW>

Info at: www.musicforminors2.org

Saturday, September 26 - Sunday, October 11

Virtual 10K on the Bay \$R

Run or walk along the Bay Trail, or
anywhere!

<https://10konthebay.org/>

Mondays and Wednesdays, September 28 – October 28

A Matter of Balance R

10 a.m. – 12 noon

*Online pilot program designed to man-
age falls and increase activity*

To register: email [hallstp@sutter-](mailto:hallstp@sutter-health.org)

[health.org](mailto:hallstp@sutter-health.org) or call (510) 727-8485

Friday, October 1 – Sunday, November 1

Pirates of Emerson Drive-Thru Haunted Theme Park \$

Thursdays – Sundays, 7:05 p.m. –
11:00 p.m.

Extended hours on 10/24, 10/30,

10/31: 7:05 p.m. – 12:00 a.m.

Alameda County Fairgrounds

Bernal and Valley Ave, Pleasanton

www.piratesofemerson.com

Arts & Entertainment

Hayward Animal Shelter



510-293-7200

www.HaywardAnimals.com

16 Barnes Court, Hayward
(Near Soto & Jackson)

*Connecting rescued animals
with loving homes!*



Stella is a 4 yr old female pit mix. She walks great on leash, enjoys playing, eating treats, and being near her favorite people. Stella is very smart, she already knows come, sit, and stay! She would prefer to be in a home with older children and no cats. To adopt Stella, call the Hayward Animal Shelter (510) 293 - 7200



Cleopatra is a beautiful 10 years young female cat whose owner passed away. Cleopatra is a little timid, but she enjoys treats and will sit in your lap and purr if you go slow and let her get to know you. She would prefer to be the only cat in the home. To adopt Cleo call the Hayward Animal Shelter (510) 293 – 7200

October 1-31

Arts & History Online Auction \$

*Fundraiser for the Hayward Arts
Council and Hayward Area Historical
Society*

[https://www.haywardareahistory.org/](https://www.haywardareahistory.org/celebrate-arts-and-history)
celebrate-arts-and-history

Fridays, October 9 & 23

SAVE Domestic Violence Sto- ries R

9:00 a.m. – 9:45 a.m.

*Learn about common stereotypes and
systemic injustices*

Via Facebook Live

<https://www.facebook.com/save.dv>

Mondays and Wednesdays, October 19 – November 18

Food Entrepreneurial Training Academy

5:30 p.m. – 7:30 p.m.

Free online seminar on succeeding in
the food business

To register: www.acsbdc.org

UPCOMING Events

Tuesday, September 29

4 Steps to Emergency Pre- paredness (In Mandarin) R

10:00 a.m. – 11:15 a.m.

*Online workshop. Be prepared for dis-
aster. Adults 60+*

To register: email njordan@fremont.gov or call (510) 790-6602

Tuesday, September 29

Using Non-Violence to Fight Oppression R

5 p.m. – 6 p.m.

Webinar with Supervisor Dave

Cortese and Assemblymember

Ash Kalra

<https://bit.ly/2FSdFIF>

Wednesday, September 30

Immigration Options for Victims of Crimes (T/U/VAWA)

4:00 p.m. – 5:30 p.m.

*Free info session from U.S. Citizenship
and Immigration Services*

Webex Link: <https://bit.ly/2GTytzx>

Meeting number (access code): 199

396 5760

Meeting password: Wtp5bpkb7M\$7

Thursday, October 1

League of Women Voters Candidate Forums

5 p.m. – 6 p.m. – Ohlone College

Board Area 2

6:30 p.m. – 7:30 p.m. – Washington

Hospital Director

Via Zoom and Facebook Live

<https://www.facebook.com/LWVFN>

UC/live

www.lwvfnuc.org/forums

Friday, October 2

SAVE Virtual Open House R

6:00 p.m. – 7:30 p.m.

Virtual tour, trivia game, and more!

Learn about Safe Alternatives to

Violent Environments

Via Zoom

To register: <https://bit.ly/3k7cbZk>

Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096

For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/book-mobile

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday

12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops

Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Friday, October 2 & Saturday, October 3

Drive-In Concert \$
7 p.m.
Featuring Sublime With Rome
Alameda County Fairgrounds
Bernal and Valley Ave., Pleasanton
www.vital.events

Saturday, October 3

Drive-In Movies \$
8 p.m.
This week: Temple of Doom. Snacks for sale
Alameda County Fairgrounds
Gate 8 or 12, Corner Of Valley Ave.,
Pleasanton
(925) 426-7600
https://bit.ly/2ZOTba6

Saturday, October 3

Ducks for Bucks
1 p.m.
Rubber duckies go virtual!
Go to www.ducksforbucks.org to
sponsor a duck and view the race

Saturday, October 3

Joketober \$R
7 p.m.
At home beer tasting and comedy livestream
www.plethos.org
Beer case and tasting menu included
\$60
Comedy show only \$10

Sunday, October 4

Autumnal Solar Illumination
Live Stream begins 5:45 p.m.
Illumination begins 6:15 p.m.
View the sun lighting up the altar at Mission San Jose, history lecture from Dr. Ruben Mendoza
missionsanjose.org

Monday, October 5

25th Annual St. Joseph School Golf Tournament \$R
10 a.m. – 6 p.m.
Golf and silent auction
https://e.givesmart.com/events/gKO/
Club at Ruby Hill
West Ruby Hill Dr., Pleasanton

Monday, October 5

Union City Virtual State of the City Address
6:30 p.m.
Mayor Carol Dutra-Vernaci presents accomplishments and challenges of the past year
https://primetime.bluejeans.com/a2
m/live-event/qwphqwrq

Monday, October 5

Virtual Townhall with County Registrars R
1:30 p.m. – 3:00 p.m.
Discussion of voting options during the pandemic
Zoom:
https://tinyurl.com/scacvote20
Facebook Live:
www.facebook.com/AmKansenChu

Monday, October 5

League of Women Voters Candidate Forums
5 p.m. – 6 p.m. – Alameda County
Water District
Via Zoom and Facebook Live
https://www.facebook.com/LWVFN

UC/live
www.lwvfnuc.org/forums

Wednesday, October 7

Get To Know US-CIS
4 p.m. – 5 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: https://bit.ly/2FuMvax
Meeting number (access code): 199
016 1115
Meeting password: US200!CIS#yes

Friday, October 9

John Lennon Beatles Birthday Show
7 p.m.
Groovy Judy & Pete duet live stream
Facebook.com/GroovyJudyRocks/Live

Saturday, October 10

Santa Clara Virtual Parade of Champions
Watch video of local groups and businesses, plus yard decorating contest
https://www.scparadeofchampions.org/

Saturday, October 10

Virtual Top Hat XXXIV R
6 p.m. – 7 p.m.
Fundraiser for Washington Hopsital. Auction, entertainment
To register: email tophat@whhs.com
(include name and cell phone #)
https://bit.ly/33CmxTj

Sunday, October 11

A Glorious Journey of Gujarati Sangreet R
5:30 p.m. – 8:30 p.m.
Live online concert
Via Zoom
https://www.eventbrite.com/e/12044
6888887

Wednesday, October 14

SAVE Garden of Self-Care R
6:00 p.m. – 7:30 p.m.
Create and nurture your inner garden
Via Zoom
To register: https://bit.ly/3k5MwAj

Wednesday, October 14

The Naturalization Process
4:00 p.m. – 5:30 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: https://bit.ly/33HfSyc
Meeting number (access code): 199
900 5020
Meeting password: DVqvV4kuV6*4

Wednesday, October 21

Petitioning for Relatives and Permanent Resident Status
4:00 p.m. – 5:30 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: https://bit.ly/33ABTPn
Meeting number (access code): 199
555 5174
Meeting password: NYhgHrpD3*32

Thursday, October 22

National Nut Day - Let's Get Crazy!
7 p.m.
Groovy Judy & Pete duet live stream
Facebook.com/GroovyJudyRocks/Live

Friday, October 23

Iliza's Comedy Tailgate Tour \$
6:30 p.m.
Join us in your car for an evening of laughs
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton
https://bit.ly/3caSehu

Friday, October 23

Cleantech Open Virtual Awards & Expo R
8 a.m. – 12 noon
https://hopin.to/events/global-forum-2020

Saturday, October 24

Fall Foliage of Sunol
2:30 p.m. – 3:00 p.m.
Learn about trees, leaves, and changing colors with a naturalist
Via Zoom
https://us02web.zoom.us/j/8418319
7089?pwd=TXRCaWxCcEF2Umgy
M0k4SHFNQjBaZz09#success
Meeting ID: 841 8319 7089
Passcode: 836081

Sunday, October 25

Halloween Critters
10:30 a.m. – 1:00 p.m.
Meet the spooky animals that call
Sunol home and pick up a fall-
themed scavenger hunt
Sunol visitor center
1895 Geary Rd., Sunol
(510) 544-3249

Wednesday, October 28

Immigration Overview
4:00 p.m. – 5:30 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: https://bit.ly/33BtNpD
Meeting number (access code): 199
317 7870
Meeting password: CIS100!us#join

Friday, October 30

SAVE Open Mic R
6:00 p.m. – 7:30 p.m.
Share stories, songs, poems, and more!
Via Zoom
To register: https://bit.ly/3hqDwnw

Wednesday, November 4

The Naturalization Process
4:00 p.m. – 5:30 p.m.
Free info session from U.S. Citizenship and Immigration Services
Webex Link: https://bit.ly/35KsZBq
Meeting number (access code): 199
974 8724
Meeting password:
KGiRpN9WVG@65

Saturday, Nov 7

FCSN Relay Gala \$R
4:30 p.m. – 6:00 p.m.
Music, honoree recognition, fundraiser for Friends of Children with Special Needs
(510) 739-6900 ext. 3305
http://fcsn1996.org/gala-page/
Tickets: \$20

Coffee with a naturalist

Saturday, November 21
Grab a coffee and spend the morning on Zoom with a naturalist
Via Zoom
Registration starts: Tuesday,
September 29
(510) 544-3249

Domestic Violence Awareness Month

SUBMITTED BY CHAO LEE

In recognition of National Domestic Violence Awareness Month, SAVE (Safe Alternatives to Violent Environments) is hosting a series of virtual workshops and empowerment events throughout October. Join via Zoom or Facebook Live. All events are recommended for ages 16 and up.

Virtual open house

Friday, October 2
6:00 p.m. - 7:30 p.m.

To kick off National Domestic Violence Awareness Month, join SAVE's annual Open House and meet the SAVE family! The evening will include an exclusive virtual tour of our Safe House, and a trivia game about the movement. Hear about SAVE’s programs and services, learn about the critical work being done during the pandemic, and explore how you can be an agent of change in your community.

#THISISDV

Friday, October 9 & 23
9:00 a.m. - 9:45 a.m.

Join us virtually on Friday mornings to hear stories that highlight the different ways in which domestic violence exists in our communities and how it affects people from all walks of life. Grab your coffee and prepare to break myths about DV, challenge common stereotypes and understand how

systemic injustices intersect with intimate partner violence to impact survivors.

Garden of self-care
Wednesday, October 14
6:00 p.m. - 7:30 p.m.

This peer-led workshop honors self-care as an essential step in healing and self-empowerment. It not only encourages us to connect with ourselves but also helps us be present and whole for our communities. In this workshop, you will be invited to create and nurture your inner garden by using art as a way to connect, embrace, and empower yourself. Starting September 16, follow weekly self-care activities on our social media, which will lead up to our evening of self-care in October.

Open mic
Friday, October 30
6:00 p.m. - 7:30 p.m.

Open mic is an evening of radical self-love and self-expression. Our stories, our journeys, our songs, our poems, our written words are our light. Share your creativity and empower yourself and others to speak truth to power. Bring your joy, anger, mourning, resilience, grief, healing, courage, and hope. We welcome all expressions and all languages! Original and quoted works welcome. No hate speech please. Register for all events at https://save-dv.org/2020dvam/

Teens Lift Spirits with Essential C.A.R.E. Packages

BY JOHNNA M. LAIRD

Mental health, according to Kaiser Family Foundation polls, has taken a hit during the pandemic. Thirty-two percent of adult poll responders in March reported feeling their mental health was negatively impacted by Covid-19; by mid-July the percentage climbed to 53 percent. Long before she saw any polls, a Bay Area teenager felt compelled to take action to uplift people struggling mentally from the pandemic. She launched a local nonprofit that has now spread across the state and the nation with 15 chapters and 700 volunteers.

Sixteen-year-old Elizabeth Wang came up with the idea standing outside a grocery store shopping for her family late one morning last April, a month into sheltering in place. With 10 people ahead of her in line, Wang waited, scrolling through social media on her phone and feeling overwhelmed by what she saw.



“Covid-19 was rapidly escalating every day. Stories of essential workers were everywhere, their experiences and fears of going home, spreading the virus to their families,” recalls Wang, now a Cupertino High School junior. “ICU patients were on ventilators. COVID-19 survivors were struggling to recover. Elderly people were isolated, lonely with no one visiting. “I needed to do something. Everyone else in the community seemed to be working so hard.”

That day, Wang launched Essential C.A.R.E., a project-based organization led by youth volunteers committed to mental wellness. She posted her idea on Instagram and Facebook: Teens assemble packages with handmade cards, origami, masks, snacks, and a positivity jar with uplifting words, letting recipients know that someone cares.

Wang says her concern about mental health likely stems from her primary school experiences in Singapore. Her mom was partially blind and teachers treated her and her mom differently.

Wang’s idea found kindred spirits in Reva Moolky and Erin Kim, Cupertino High School students.

“While many of us stay inside the comfort of our homes there are also those risking their lives every day for the greater



good, helping to keep us safe,” says Moolky. “I thought joining Essential C.A.R.E. would be the perfect opportunity to show my gratitude and acknowledge their sacrifices.”

Kim echoed the sentiments: “These people’s hard work and bravery in such a dangerous period really inspired me.

When I saw Essential C.A.R.E.’s recruitment post on Facebook, I immediately applied without hesitation.”

Kim serves as Essential C.A.R.E.’s coordinator, overseeing volunteers and identifying recipients for care packages for Cupertino’s chapter while Moolky serves as chapter secretary. By mid-July the chapter was assembling its first packages. Chateau Cupertino, a senior independent living community, received Essential C.A.R.E.’s first donation, 240 packages with 840 positive messages, created by 30 volunteers.

“We were super happy,” says Wang. “There was this feeling of ‘Oh my gosh, we did it!’”

The Cupertino chapter then donated to City Team, a San Jose nonprofit supporting people dealing with food insecurity, homelessness, and domestic violence. City Team received 720 items in 60 packages, donated in August. Delivering the packages was an “eye-opening experience” for Wang, who found living situations there far different from her own, reminding her of privileges she enjoys and tapping a desire to donate more. West Valley Community Services, another organization providing food and housing to low-income and homeless individuals and families, is slated to receive 50 bags in September.



Princess Hannah Santillan, a 15-year-old junior at Mark Keppel High School, launched the Alhambra Chapter in Southern California. Her chapter donated 97 packages to Del Mar Convalescent Hospital and is working on donations for Monterey Park Hospital. With California wildfires, Santillan says her chapter has hosted virtual workshops for volunteers to interact and make donations together. The chapter also began accepting virtual and mail-in cards from volunteers across the country.

Yorba Linda has recruited 56 volunteers, says Sasha Singh who organized the chapter. “I have never run an organization before and was willing to take the challenge. I wanted to help people specifically affected by Covid-19 because my sister is a healthcare worker.” The chapter donated to Sunrise Senior Living and Orange County Rescue Mission and is currently packaging items for Riverside Hospital and Kaiser Permanente. The chapter aims to assemble packages for donations twice monthly.

“The most meaningful experience,” says Singh, “was delivering packages with chapter treasurer Esha Jhawar to Sunrise Senior Living, the first place we donated to. I was pretty nervous and excited. Seeing the love and thanks in the woman’s eyes when she took our packages at the front door, that’s when I knew I really

wanted to succeed at doing this. She was my motivation to keep going with the organization and help as many people as possible.”

For Moolky there is not one specific moment that makes her experience with Essential C.A.R.E. meaningful: “Honestly, I think that this whole entire journey has been incredibly meaningful. When I joined, we had only 10 volunteers. Now we have more than 700. I was ecstatic to know that there are so many people out there who also want to show their support to those sacrificing their lives every day.”

Kim, responsible for tracking volunteer hours and working with coordinators at all 15 chapters, plus a host of other responsibilities, acknowledges that the effort requires work: “To be honest, there are times when I feel exhausted from recording all volunteer hours and replying to endless lists of questions from volunteers. Whenever I feel this way, however, I always think of why I started working at Essential C.A.R.E., my passion for serving the community.”

Essential C.A.R.E. welcomes donations and will begin accepting new chapters in November. For more information on this student-led organization contact essential.c.a.r.e.0@gmail.com or visit <https://essentialcare01.wixsite.com/website-2>.



Dancers raise over \$1,000 and deliver over 4,000 face masks/shields to Washington Hospital

SUBMITTED BY CHRISTINA WANG

During shelter in place, dancers and staff at Lisa Performing Arts (LPA) wanted to give back to frontline workers through their passion of dance. Once the idea was proposed, the whole staff team was excited to help produce a global dance event to make the kids’ dreams of helping the community come true.

With the help of their teachers, young dancers jointly produced “Dance Away Quarantine” where they offered multiple free dance workshops and had people joining from around the world, including Los Angeles and Australia. One hundred percent of the proceeds went towards buying medical supplies for the healthcare workers. At the same time, the free dance series was a way to help the community stay active and fit while helping out a cause.

LPA Charity Team Student Leader Shuhan Jin – along with team members Bianca Schumann, Vivienne Chen, Christy Ng, Alyssa Chen, and Sarah Liang – helped create visuals and let the community know about this dance charity event.

On September 25, they delivered the

medical supplies as well as a big thank you card signed by dancers of all ages to foundation executive director Angus Cochran and colleague Kristi. Ms. Kristi said that the thank you card would be hung in the

ICU area so the hospital workers will know that the outside world appreciates the hard work they’re doing.

The dancers are brainstorming more ideas to show their appreciation for health

care workers during the holidays. <https://www.lisadanceusa.com/>



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Park It

Autumn in the regional parks

BY NED MACKAY

Autumn is always a good season in the East Bay Regional Parks. The weather is generally clear and the heat of summer has abated. There are even some fall colors, though the displays are not as vivid as in New England, for example.

These times have been especially busy. The coronavirus pandemic has limited other forms of recreation and largely

restricted socializing to immediate family and household members. As a result, more people have visited the parks for safe and much-needed exercise.

So here are a few reminders. When you visit the parks, please pack out any trash you generate. Especially in the backcountry, you won't find trash receptacles, and it's hard for the rangers to cover all the territory. Plastic water bottles and aluminum cans are easy to carry back and recycle at trailhead bins. And please don't discard citrus peels along the trails. The peels don't biodegrade quickly and the animals don't snack on them either.

Common courtesy helps everyone to have a more enjoyable experience. On the trails, both hikers and cyclists are supposed to yield the right of way

to equestrians, and bicyclists give way to pedestrians. With some exceptions, which are signed on the trails and marked on the maps, bicycles are supposed to stay on the wider trails and fire roads. The speed limit is 15 miles per hour.

Of course, regardless of who has the right of way, it's always nice to accommodate other trail users when circumstances make it appropriate.

Dogs should be under their owners' control, which means the pooch will come when called. The dogs are supposed to be on leash on the paved trails such as the Iron Horse and Contra Costa Canal trails in the Diablo/San Ramon Valley. And dogs must be leashed when cattle are nearby.

Coronavirus precautions are still in effect. Please maintain

social distance of at least six feet, and have a mask available to wear when closer contact can't be avoided. And please don't visit the parks in large, organized or meet-up groups. The coronavirus remains a threat until vaccines become generally available.

As mentioned in my previous column, several parks have been reopened that were closed because of recent wildfires. So limited day use, camping and boating are back on the agenda at Del Valle Regional Park south of Livermore, Quarry Lakes in Fremont, and Anthony Chabot and Lake Chabot in Castro Valley.

Round Valley south of Brentwood, Morgan Territory east of Mt. Diablo, and Sunol/Ohlone Wilderness in southern Alameda County all

remain closed due to impacts from the recent wildfires.

District picnic areas, barbecues and group campsites are closed in accordance with state and local health orders. No swimming is allowed at the park district's designated swim facilities, because of the pandemic. However, visitors can swim at their own risk at Crown Beach in Alameda and Keller Beach in Richmond, both on San Francisco Bay. Neither has lifeguard service.

You can get the full story on current regional parkland status by visiting the district's home page at www.ebparks.org. "COVID-19 & Wildfire-Related Closures" is at the top of the page and all webpages. "Latest News" is under "All Notices" on the right side of the page.

Porch Parade winners announced



First Place Blakely House

SUBMITTED BY SHIRLEY SISK
 PHOTOS COURTESY OF RAMONA MCMASTER

Winners of the Newark Days Porch Parade house decorating contest have been announced! Many community members decked out their lawns and houses to celebrate the city's 65th birthday.

First Places received \$75 Amazon Gift Cards; Second Place and Honorable Mentions received \$50 Amazon gift Cards. All other participant houses received a \$25 Amazon Gift Card and Commemorative Porch Parade Tumblers

Students practice science at home!

SUBMITTED BY BRIGETTE BROOKS

In many schools, science instruction takes a back seat to math and reading. However, at Our Lady of Guadalupe School (OLG), teachers recognize and capitalize on students' intrinsic interest in science and engineering. OLG's remote learning curriculum includes an excellent science program, engaging kids in a variety of hands-on activities.

Fifth- to eighth-grade students are doing scientific detective work dissecting sterilized owl pellets (regurgitated clumps of fur, teeth, claws and bones that owls can't digest). By carefully examining the pellets, students can determine the type and number of prey animals the owl recently consumed. OLG's science teacher, Elizabeth Harmuth recognizes that students thrive when teachers incorporate creative and in-depth learning into their curriculum. "Dissecting the owl pellets allows students to explore the complexities of animal anatomy and the distinctions of the food chain," said Harmuth.

In another lesson, OLG's students learned about Sir Isaac Newton's life and the three laws of motion. Students were challenged to build a model of a zipline return system to gain a better understanding of action-reaction force pairs in real-world applications. First, students analyzed a zipline system as depicted in a video clip. They were supplied with the necessary materials to begin building and testing their models. Students developed their model and described the outcome of their investigation. The final results from what they learned about Newton's Law of Motion were videotaped and submitted.

OLG's science curriculum allows their students to ask questions, collect information, organize and test their ideas, solve problems and apply what they have learned!

		FREMONT	TOTAL SALES: 32			
		Highest \$: 2,920,000	Median \$: 1,135,000			
		Lowest \$: 333,500	Average \$: 1,277,969			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
35601 Pond Drive	94536	333500	3	1384	1989	7/24/20
39934 Fremont Blvd #4	94538	650000	2	1165	1972	7/24/20
4779 Quadres Court	94538	675000	3	1322	1959	7/22/20
1016 Avila Terraza #7m	94538	749000	2	1071	1991	7/24/20
49002 Cinnamon Fern	94539	783000	2	1229	2009	7/24/20
Comm #329						
5920 Via Lugano	94555	850000	2	1246	2012	7/24/20
3658 Capitol Ave #307a	94538	948000	0	0		07/23/20
4780 Piper Street	94538	968000	2	1152	1960	7/23/20
3832 Heart Common	94538	975000	0	0		07/22/20
45128 Warm Springs	94539	985000	0	0		07/21/20
Blvd #311						
38864 Florence Way	94536	1017000	5	1722	1963	7/21/20
4583 Alhambra Drive	94536	1025000	3	1386	1957	7/20/20
3988 Fossano Comm	94538	1035000	3	1818	2018	7/23/20
32472 Salton Sea Ln	94555	1070000	3	1346	1975	7/24/20
4437 Caren Street	94538	1090000	3	1413	1960	7/22/20
3673 Bobwhite Terr	94555	1125000	4	1853	1989	7/22/20
5077 Ridgewood Dr	94555	1145000	3	1712	1990	7/24/20
38790 Blacow Road	94536	1170000	4	1588	1966	7/20/20
42640 Ravensbourne	94538	1170000	4	1736	1962	7/21/20
Park St						
4831 Mildred Drive	94536	1230000	3	1708	1960	7/20/20
4582 Crestwood St	94538	1248000	4	1684	1964	7/24/20
38755 Litchfield Circle	94536	1249000	4	1579	1994	7/21/20
471 Pagoda Terrace	94539	1340000	3	2013	2008	7/20/20
1339 Harrington St	94539	1572000	3	1805	1956	7/24/20
1065 Glenhill Drive	94539	1600000	0	1658	1978	7/22/20
45120 Pawnee Drive	94539	1700000	4	2247	1979	7/24/20
67 Delegado Court	94539	1775000	4	2076	1975	7/20/20
42986 Noria Road	94539	1920000	5	2443	1979	7/24/20
354 Hawk Court	94539	1930000	5	2600	1988	7/21/20
515 Majestic Palm Ave	94539	2187500	0	0		07/20/20
46245 Sentinel Drive	94539	2550000	0	4047	1980	7/24/20
700 Upper Vintners Cir	94539	2920000	5	3821	1997	7/22/20

24937 Calaroga Avenue	94545	715000	3	1215	1959	7/23/20
27768 Dolphin Lane	94545	720000	3	1000	1955	7/24/20
1872 E Street	94541	805000	3	1506	1962	7/22/20
1569 Glenn Street	94545	812000	3	1650	2015	7/24/20
29028 Vagabond Lane	94544	915000	4	3025	2008	7/20/20
3092 Madsen Street	94541	975000	3	2506	2009	7/22/20
3621 Skyline Drive	94542	1000000	4	2060	1976	7/22/20
26848 Grandview Ave	94542	1130000	0	3152	1991	7/23/20

MILPITAS		TOTAL SALES: 12				
Highest \$: 1,200,000		Median \$: 990,000				
Lowest \$: 458,000		Average \$: 967,917				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
464 Dempsey Rd #166	95035	458000	2	842	2007	8/20/20
800 South Abel St #312	95035	764000	2	1259	2007	8/19/20
170 Coelho Street	95035	865000	3	1064	1955	8/18/20
1549 Bleecker Street	95035	900000	2	1310	2014	8/19/20
391 Montecito Way	95035	950000	3	1547	1992	8/21/20
1575 Pinewood Way	95035	980000	3	1044	1966	8/21/20
1882 Trento Loop	95035	1000000	3	1767	2016	8/21/20
289 Odyssey Lane	95035	1016000	3	1651	2014	8/21/20
465 Brisa Suave Comm	95035	1146000	3	2045	2006	8/17/20
159 Millwater Court	95035	1156000	4	1653	1994	8/17/20
1676 Shenandoah Ave	95035	1180000	3	1484	1964	8/21/20
402 Clauser Drive	95035	1200000	4	1705	1977	8/17/20

NEWARK		TOTAL SALES: 6				
Highest \$: 1,385,000		Median \$: 830,000				
Lowest \$: 560,000		Average \$: 910,583				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6338 Buena Vista Dr #B	94560	560000	2	1004	1985	7/20/20
5941 Mayhews Landing Rd	94560	650000	3	923	1954	7/23/20
37082 Saint Edwards St	94560	800000	3	1600	1987	7/23/20
37558 Breakers Road	94560	860000	2	1306	2017	7/21/20
35245 Cornwall Place	94560	1208500	4	2182	1971	7/24/20
5094 Scarborough Dr	94560	1385000	4	2181	1968	7/20/20

SAN LEANDRO		TOTAL SALES: 12					
Highest \$: 1,075,000		Median \$: 747,500					
Lowest \$: 330,000		Average \$: 730,333					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
16006 East 14th St #203	94578	330000	1	659	1987	7/23/20	
1570 165th Ave #106	94578	407000	1	895	1987	7/20/20	
14145 Doolittle Drive	94577	440000	2	980	1973	7/23/20	
14 Cornwall Way	94577	653000	3	1723	1977	7/20/20	
14950 Lark Street	94578	675000	3	1176	1945	7/22/20	
2442 Fiji Way	94577	745000	3	1129	1961	7/20/20	
14653 Acapulco Road	94577	750000	4	1464	1963	7/24/20	
14869 Midland Road	94578	829000	3	1644	1992	7/20/20	
858 Bonnie Vista Ave	94577	845000	2	1939	1940	7/23/20	
2774 Lakeview Drive	94577	950000	4	2088	1965	7/21/20	
1635 Clearview Drive	94577	1065000	4	2781	1967	7/24/20	
589 Muscari Street	94578	1075000	5	3074	2003	7/21/20	

SAN LORENZO TOTAL SALES: 3						
	Highest \$: 740,000	Median \$: 730,000				
	Lowest \$: 700,000	Average \$: 723,333				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
927 Bockman Road	94580	700000	3	1051	1947	7/24/20
1489 Via Mesa	94580	730000	0	1451	1951	7/24/20
1960 Via Natal	94580	740000	3	1188	1956	7/23/20

UNION CITY TOTAL SALES: 13							
Highest \$: 1,343,000		Median \$: 844,000					
Lowest \$: 430,000		Average \$: 812,231					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
32608 Brenda Way #2	94587	430000	2	903	1974	7/24/20	
2240 Partridge Way #2	94587	456000	2	903	1972	7/22/20	
2123 Medallion Dr #3	94587	555000	3	1134	1976	7/22/20	
3715 Horner Street	94587	806000	4	1432	1977	7/22/20	
30701 Sugarmill Lane	94587	808500	0	0	0	7/23/20	
31346 San Andreas Dr	94587	842000	4	1675	1969	7/21/20	
30713 Sugarmill Lane	94587	844000	0	0	0	7/22/20	
30710 Dulcet Terrace	94587	844500	0	0	0	7/23/20	
4741 Darlene Court	94587	860000	3	1320	1973	7/23/20	
3257 Santa Sophia Way	94587	900000	3	1762	1971	7/21/20	
30709 Dulcet Terrace	94587	920000	0	0	0	7/23/20	
1705 Sherman Drive	94587	950000	4	1838	1986	7/22/20	
32461 Seaside Drive	94587	1343000	3	2858	1992	7/24/20	

Home Sales Report

LETTER TO THE EDITOR

Crimes Against Nature

Senator Henry Stern's SB 1175 (live animal food markets) failed passage at the last minute, once again leaving environmental protection, animal welfare, and public health in the lurch. We've been fighting this battle since the mid-1990's.

California annually imports two million American bullfrogs, plus an estimated 300,000 freshwater turtles for human consumption. Most of the frogs are commercially raised in China and Taiwan. The turtles are taken from the wild, depleting local populations. Non-natives all, these animals are routinely released into local waters, where they prey upon and displace our native species. Not acceptable!

Worse, most of the bullfrogs carry the dreaded chytrid fungus (*Batrachochytrium dendrobatidis*, or Bd), cause of the extinctions of 200+ amphibian species worldwide in recent years. Some 30 necropsies on the market frogs and turtles document that all are diseased and/or parasitized, though it is illegal to import and/or sell such products. Where are the local health departments or enforcement by the Department of Fish and Wildlife? Despite major support for a ban, the department continues to issue the frog/turtle import permits, thereby endangering public health, environment, and animal welfare.

Write to Chuck Bonham, Director, DFW, 1416 Ninth St, Sacramento, CA 95814 or email director@wildlife.ca.gov; and Wade Crowfoot, Resources Secretary, same address, email secretary@resources.ca.gov; all legislators may be written c/o The State Capitol, Sacramento, CA 95814.

**Eric Mill
Action for Animals
Oakland**

BART *Art* opportunities

SUBMITTED BY AMY STIMMEL

The BART Art Program is pleased to share two new project opportunities for artists:

1. Art design for the new Irvington Station
2. Art design of fence panels for the Antioch Station

The Irvington Station (Fremont, CA) project is open to artists residing in the United States and U.S. territories. The project scope includes collaborating with the station design team and stakeholders to create an art program that contributes to the visual definition of the station and the community. The application (Request for Qualifications/RFQ) outlines some of the currently identified opportunities for artwork that could include a variety of materials. The project will cover the design phase only; the fabrication and installation will be managed in a separate agreement with the general contractor hired for the construction of the project.

Find the RFQ at www.bart.gov/art for further details on this opportunity. Application deadline is Friday, October 23, 2020.

The Antioch Art Fence project will blend the functionality of a fence with the creativity of an artist for a station-defining feature. Antioch is a fast-

growing community with a rich history located in East Contra Costa County. This opportunity is open to artists residing in California. The application/RFQ outlines the opportunity to design approximately 170 linear feet of fence panels for the front of the station. The selected artist will work with stakeholders to determine how the opportunity will reflect the location and enhance the station.

Following completion of design, BART will bid the artwork for fabrication, and the artist will serve as a consultant to the fabrication process.

Find the RFQ at www.bart.gov/art for further details on this opportunity. Application deadline is Tuesday, October 20, 2020.

Applications for both projects will only be accepted through Submittable: <https://bart.submittable.com/submit>. It is free to apply; you will simply need to sign-up for a Submittable account if you do not already have one.

BART Irvington Station art design
DEADLINE: Friday, Oct 23

BART Antioch Station fence art design
DEADLINE: Tuesday, Oct 20

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City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:00 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Union City mayor to deliver State of the City address online

SUBMITTED BY LAUREN SUGAYAN

Because of the ongoing shelter-in-place and global pandemic, Union City Mayor Carol Dutra-Vernaci will deliver the 2020 State of the City address on multiple virtual platforms. The address is set for 6:30 p.m. Monday, October 5 and will be streamed on the city’s BlueJeans teleconferencing platform and on Facebook Live. During her address, the mayor will look back at accomplishments and challenges the city faced during the past year and she will introduce the City Council’s priorities moving forward. A special feature during the event will be the presentation of the top three winning entries of the city’s “Why I Wear A Mask” youth photography contest. Finally, viewers will have a chance to ask questions during a live Q&A event.

To participate RSVP for the free event by heading to the Union City Facebook page or watch on the city’s BlueJeans browser. For those who prefer to listen to the address by telephone, dial (415) 466-7000 and enter the PIN 8841870#.

Online State of the City address
Monday, Oct 5
6:30 p.m.

Facebook: www.facebook.com/CityOfUnionCity
Browser: https://primetime.bluejeans.com/a2m/live-event/qwphqrwq
Telephone audio:
(415) 466-7000 and enter the PIN 8841870#

Newark City Council

September 24, 2020

Presentations:

- Commending Matt Warren, Police Officer of the Year.
- Proclaim September as National Preparedness Month. Accepted by Emergency Services Coordinator Richard Martinez. CERT volunteers were recognized represented by David Libby and Gary Zatarain.
- First 5 Alameda County Early Learning Communities Network Grant update.
- Police Department Community Survey results presented by Police Chief Gina Anderson. Survey to address community concerns and public safety reform. Top five areas cited by respondents: Community Police Activity, Residential burglary, Auto burglary + prevention, gang prevention, traffic enforcement.

Consent Calendar:

- Second reading to amend municipal code to streamline permitting process for electric vehicle charging stations.
- Amend Conflict of Interest Code for non-elected officials and designated employees.
- Approve agreements with Bureau Veritas for on-call building inspection plan review services and 4Leaf, Inc. for on-call building

- field inspection.
- Approve second amendment to contractual services agreement with Hurst/Harrigan Associates for retail retention and attraction services at NewPark Mall.
- Removed from Consent:**
- Initiate proceedings for annexation of Zone 6 – Compass Bay of Landscaping and Lighting District No. 19. Councilmember Collazo commented on the poor appearance of a roundabout. Will be rebuilt to satisfaction of the City.
- Other Business:**
- Approve \$604,500 Newark CARES (Coronavirus Aid, Relief, and Economic Security Act) economic relief plan. So far, one third of funds have been received. Eligible expenses include: Medical Expenses, Health Expenses, Payroll Expenses, COVID-19 Compliance, Economic Support, Miscellaneous COVID-19 Expenses. Monies must be spent by December 30, 2020. Adjourn in memory of Thelma Metcalf, former city clerk of Union City.

Mayor Alan Nagy	Aye
Vice Mayor Luis Freitas	Aye
Suci Collazo	Aye
Michael Hannon	Aye
Mike Bucci	Absent

Recognizing Juneteenth as a paid holiday

SUBMITTED BY JANICE ROMBECK

Santa Clara County is the first in California to designate Juneteenth as a paid county holiday with a unanimous vote for Supervisor Dave Cortese’s proposal at the Board of Supervisors’ September 22 meeting. Starting June 19, 2021, Juneteenth will be a paid holiday for county employees to recognize the end of slavery in the U.S. “Designating Juneteenth as a holiday in Santa Clara County is especially significant in the wake of protests over systemic racism here and across the nation,” Cortese said. “This historic vote recognizes the legacy of injustice to people of color and the work that still remains to ensure that freedom exists for all.” On August 21, the board voted to allocate \$2.3 million to be put into a reserve to fund declaring Juneteenth as a county holiday. This final vote makes the holiday official. For more information, call the Office of Supervisor Dave Cortese at (408) 299-5030.

City Council puts cap on third-party delivery services fees

SUBMITTED BY HAYWARD CITY COUNCIL

Starting October 6, fees charged to local restaurants in Hayward by third-party delivery services will be limited to 15 percent of the order when consumers use their service to order and receive food deliveries. The ordinance, approved by Hayward City Council, intends to ease the stranglehold COVID-19 and shelter-in-place have had on the city’s restaurant sector. The cap is scheduled to expire 90 days after the city council formally lifts the City

of Hayward’s COVID-19 declaration of local emergency. While COVID-19 and shelter in place have resulted in a surge of take-out ordering, third-party delivery services are cutting deeply into restaurant earnings by charging them fees that range as high as 30 to 35 percent of each order placed. Consequently, some restaurants are losing money on orders fulfilled through third-parties as they try to eke out enough revenue to stay afloat amid COVID-19 dining restrictions. Hayward Economic Development Manager Paul Nguyen said that while the emergency legislation will provide immediate relief, residents can best support local restaurants by doing business with them directly and bypassing third-parties. “By ordering directly and opting for pick-up, residents ensure all their dollars go to the business and circulate in the Hayward economy,” Nguyen said.

California warns flu, COVID could overwhelm hospitals

AP WIRE SERVICE
A severe flu season this fall, and winter could overwhelm California hospitals that are preparing for an uptick in COVID-19 cases as the economy further reopens, officials said Thursday. They urged people to get vaccinated. California Secretary of Health and Human Services Dr. Mark Ghaly speaking with the heads of the state’s hospital and medical associations, said while the state has seen progress in recent weeks with coronavirus infection rates falling to their lowest level of the pandemic, officials are bracing for a surge as people start going out more just as the flu season begins. That means it’s critical people protect themselves from the flu to help keep hospital bed space available to treat people infected with the coronavirus, Ghaly said.

Officials recommend every Californian six months and older receive a flu shot this year. In past years, less than half of the state’s adult population and less than two-thirds of children have gotten the flu vaccine. The potential exists for hundreds of COVID-19 cases to show up in an emergency room with an equal number of severe flu cases, which could overwhelm a hospital, he said. “We are still very vulnerable with so many things coming as we enter winter,” Ghaly said. Hospitals are currently treating 3,500 confirmed and suspected COVID-19 patients, according to the California Hospital Association. About 30 percent are in intensive care units. California has reported more than 790,000 confirmed cases, the most in the country, according to a tally by Johns Hopkins University. The nation’s most populous state ranks fourth for nationwide deaths at 15,000.

San Leandro City Council

September 21st, 2020

Announcements:

- Councilmember Hernandez had a family emergency and was absent.

Recognitions:

- Proclamation honoring Senior Building Inspector Jim Hyde.
- Introduction of new Alameda County Fire Chief William McDonald.

Public Comments:

- Many residents called on the council to discipline Officer Overton and fire Officer Fletcher with no retirement—the two San Leandro Police Department officers involved in Steven Taylor’s death by shooting.
- Resident told the council she had to move from her longtime home behind Costco because the city had not addressed her complaints that delivery trucks were delivering to the facility throughout the day and night.
- Several residents expressed discontent with the council for limiting how much public comment there would be at the forefront of the meeting and how the 800 number to call into the meeting was disabled.

Public Hearings:

- Resolution of the city council approving a planned development at 1388 Bancroft Avenue to include the following: 42 units, 2 below market rate and 2 up to 120% of the area median income, and with the stipulation that a parking management plan for the project must return to council for approval.
- Many residents spoke in opposition to the development citing issues with lack of transparency with the community, parking, traffic, and disruption of the neighborhood character.
- Several residents spoke in support of the development, highlighting the need for more housing of all types in San Leandro. Item passed: 4-1; Lee: abstain, Aguilar: nay, Hernandez: absent

Reports:

- Councilmember Lopez attended the Fire Advisory Commission meeting where the new fire chief was introduced.
- Councilmember Aguilar attended the Alameda County Mosquito Abatement meeting where CalPERS (California Public Employees Retirement system) was discussed.
- Mayor Cutter attended an East Bay Dischargers Authority meeting where she was appointed to an Ad Hoc committee to consult on a JPA (Joint Exercise of Powers Agreement).

City Council Calendar and Announcements:

- Councilmember Lopez spoke about how the hate speech in District 5 is detestable.
 - Councilmember Ballew asked the council to consider starting the meetings earlier to better accommodate public comments.
- Councilmember Requests to Schedule Agenda Items**
- Councilmember Lee requested staff to look into how the Flex Shuttle program could be expanded. Motion passed: 5-0; Hernandez absent, Lopez absent.
- *Meeting adjourned with a moment of silence in the memory of U.S. Supreme Court Justice Ruth Bader Ginsburg, Linda Trowbridge from Center for Elders’ Independence, and Roland Dias of Oro Loma Sanitary District.
- | | |
|----------------------------|--------|
| Mayor Pauline Russo Cutter | Aye |
| Vice Mayor Pete Ballew | Aye |
| Victor Aguilar, Jr. | Aye |
| Ed Hernandez | Absent |
| Benny Lee | Aye |
| Deborah Cox | Aye |
| Corina Lopez | Aye |

OPINION



WILLIAM MARSHAK

Politics & Ethics

advertisements or endorsements, however clever, may have limited persuasive power.

In our democratic system, voting is a private and free choice. Responsibility for that choice rests solely with each individual when they mark their ballot. Presence or absence of political affiliations, peer pressure or slick appeals should not be a determining factor, rather an understanding of issues and merits of a proposition, measure or candidate. If external and unrelated factors become an overriding factor in these decisions, the concept of a free and fair election – bedrock of our government – begins to crumble.

Recently, a recording of a local politician and candidate for office threatening another candidate was released to the public. Using the power of political party politics may be acceptable to some staunch supporters, but is this the type of government we want or deserve? This is not acceptable. In the heat of a frenzied political campaign, mistakes are made and things are said that do not belong in an open and fair election. Hopefully, this situation is of that type and can be rectified with an apology and retraction. However, such behavior reveals a tendency toward moral corruption even at local levels.

There is no place in our communities for personal attacks, unfounded accusations and foolish prejudicial labels. Those who participate in such behavior undermine the credibility of their preferred candidate or initiative and demean themselves. Even if we cannot ameliorate the nature of national campaigns, following the election

season with all of its ridiculous antics, communities need to work together for our common welfare.

As Benjamin Franklin said at the signing of the Declaration of Independence in 1776, “We Must All Hang Together, or Most Assuredly, We Will All Hang Separately.” Franklin was, of course, referring to the need for the newly formed United States to present a common front to Great Britain, but his warning is equally important today. We too face a common enemy – ignorance, jealousy and partisanship – while overlooking the qualities that bind us together of hope, promise and the ideal of following truth to attain freedom and justice for all in peace.

In the next issue of Tri-City Voice, candidates for local office have been invited to submit a statement asking for your support. We have tried to contact all candidates with an offer of complimentary space with no obligation. It is our intent to allow our readers to hear candidate appeals without regard to financial status. In the following issue, all applicable propositions and measures will be reviewed. It is our hope that by providing this avenue for candidates will enhance the political process for our readers.

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What's Happening's Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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PG&E builds Watch and Warning Notifications

SUBMITTED BY
TAMAR SARKISSIAN

In response to direct customer feedback requesting more information as soon as possible to ensure they have time to prepare and plan of a potential Public Safety Power Shutoff (PSPS) event, PG&E will provide Watch and Warning notifications this year. The company has enhanced its notifications to provide more detail about when power is expected to go out, when it may be restored, and where customers can go to find additional information.

Watch Alert: Whenever possible, an initial Watch notification will be sent two days

in advance of a potential PSPS event, followed by an additional Watch notification one day before the event, notifying customers of the possibility of a PSPS event in their area based on forecasted conditions.

Warning Alert: A PSPS Watch will be upgraded to a Warning when forecasted conditions show that a safety shutoff will be needed, and that it is going to happen soon. Whenever possible, Warning notifications will be sent approximately four to 12 hours in advance of power being shutoff.

Both Watch and Warning notifications are directly tied to weather forecasts, which can change rapidly. For example, predicting the time and area of

landfall for tropical storms and hurricanes in the southeast United States.

As an example of how notifications have been improved for 2020, customers will see an estimated time when their power will be restored two days before it goes out. Last year, that estimated time of restoration was not provided until the power had been turned off.

Watch and Warning alerts will be issued via automated calls, texts, and emails. Both Watch and Warning alerts have been enhanced since 2019, tested with customers, adjusted based on their feedback, and updated to provide new essential information, including:

- Your address so you know you are getting the accurate information for your home.

- The date and time when power is estimated to be shut off.
- The estimated date and time when we expect power will be restored.

When power is turned off, PG&E will provide updates to customers at least once a day until power is restored. Power will remain off until the weather has passed and equipment has been inspected. PG&E is seeking to cut restoration times in half compared to 2019 so that power is restored to most customers within 12 daylight hours after severe weather has passed. PG&E will send a final notification once power has been restored.



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www.fremontmemorialchapel.com

Hong Rui Yuan
Resident of Fremont
December 21, 1933 – September 26, 2020
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Ana Munoz
Resident of Fremont
September 13, 1948 – September 24, 2020
Fremont Chapel of the Roses

Jose Luis Nazario
Resident of Sparks, NV
November 22, 1961 – September 23, 2020
Fremont Chapel of the Roses

Joseph Anthony Felardo, Jr.
Resident of Fremont
January 29, 1923 – September 22, 2020
Fremont Chapel of the Roses

Olin “Lary” Jennings, III
Resident of Newark
February 26, 1944 – September 21, 2020
Fremont Chapel of the Roses

Jiaji Zhen
Resident of Newark
December 23, 1932 – September 19, 2020
Fremont Chapel of the Roses

Dana K. Raimondi
Resident of Fremont
October 25, 1944 – September 19, 2020
Fremont Chapel of the Roses

Derek Tiapon
Resident of Fremont
March 27, 1993 – September 16, 2020
Fremont Chapel of the Roses

Monte C. Hernandez, Jr.
Resident of Fremont
September 7, 1933 – September 14, 2020
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Marc Arthur Gamez
Resident of Hayward
October 2, 1962 – September 7, 2020
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Donna Benedict
Resident of San Mateo
September 18, 1928 – September 25, 2020

Eleanor Chesterman
Resident of Alamo
July 8, 1926 – September 24, 2020

Frank Steele
Resident of Danville
November 25, 1957 – September 22, 2020

Clifton Chavez
Resident of Fremont
December 18, 1933 – September 20, 2020

Jerry Benjamin
Resident of Stockton
April 12, 1955 – September 19, 2020

Hector Sosa
Resident of Newark
December 2, 1974 – September 17, 2020

Yinfen Zhu
Resident of Fremont
December 26, 1934 – September 18, 2020

Nina Smith
Resident of Fremont
May 18, 1930 – September 16, 2020

Anitra Dark
Resident of Pleasanton
January 21, 1933 – September 15, 2020

Ronald Matuszak
Resident of Fremont
June 10, 1937 – September 15, 2020

Richard Lewellyn
Resident of Brentwood
January 15, 1936 – September 14, 2020

Tyrel Ford
Resident of Hayward
February 14, 1989 – September 12, 2020

Kishor Kumar Shah
Resident of Fremont
August 9, 1942 – September 12, 2020

Kathleen Hinneschiedt
Resident of Fremont
May 26, 1941 – September 11, 2020

Stephen De Jesus Sr.
Resident of Milpitas
November 30, 1934 – September 11, 2020



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Joseph Anthony Felardo Jr.

Resident of Fremont

January 29, 1923 – September 22, 2020



peacefully with his daughter, Joan, by his side.

Joseph was born in New York on January 29, 1923 to father Joseph Felardo and mother Mariana Cancilla Felardo. He was the fourth of five children. He was married to Ruth Velma Hurlbut on July 5, 1952. The couple moved from New York to California in 1955.

Joseph worked for the California Department of Transportation as a Heavy Equipment Mechanic for 35 years. He was admired by all of his co-workers. He was a member of Prince of Peace Lutheran Church where he regularly served as an usher. He was a member of the widow/widowers club and was quickly nominated as President. In his retirement, he enjoyed visiting the Fremont Senior Center and was an avid bowler. He

bowled at Cloverleaf Bowl until he was 92 years old.

Joseph was preceded in death by his parents, his brothers James Felardo, Salvatore Felardo, Anthony Felardo , his sister Josephine Jozefowicz, and his wife Ruth Velma Felardo. He is survived by his children Thomas Allen Felardo and Joan Marie Filibert; grandchildren Regis Joseph Filibert, Ryan Anthony Filibert, and Marissa Anne Felardo; great-grandchildren Abel Ryan Filibert, Eli Samuel Filibert, Benjamin Regis Filibert, and Lewis Curt Filibert; step grandchildren Mia Marie Moya, and Athena Marie Rebello and step great-granddaughter Aiyana Ariella Arroyo. A private funeral will be held on Monday September 28, 2020.

Fremont Chapel of the Roses
510-797-1900

Dana Kaye Raimondi

Resident of Fremont

October 25, 1944 – September 19, 2020



Dana Kaye Raimondi (Ogden) died peacefully on September 19, 2020 at the age of 75.

Dana is survived by her two loving daughters Christina Craft and Melanie Gavin (Patrick) and her 4 grandchildren Jordynn, Lindsay, Clare and Sean. She is also survived by her sisters Ivone Miller and Gay Suchey. She is preceded in death by her husband of 32 years, Richard Raimondi.

Dana was born on October 25, 1944 in Delta, Utah to Ivo and Zelda Ogden. She married the love of her life Richard in 1967. After moving to Fremont, California in 1968 Dana began working for Kaiser as a radiology technologist. She worked at Kaiser 29 years until she retired.

Dana loved to travel and spend time at the family beach cabin. She was a compassionate individual who loved reading and who was passionate about her grandchildren and politics. Dana was involved with many philanthropic activities throughout her life including Craig Hospital in Englewood, Colorado. Dana established the Richard Raimondi Memorial Fund to address direct patient needs not covered by insurance. She also funded a fully endowed scholarship for Women's Softball at the University of Nebraska at Lincoln. It was the first fully

endowed female athletic scholarship in the university's history. Locally, Dana funded the renovation of Irvington High School's softball field in Fremont in her husband Richard's memory. She also established the Dana Raimondi Math Program which provided low achieving students educational resources that allowed them to academically excel.

A virtual Celebration of Life will be scheduled at a later date. In lieu of flowers, please send donations to the Richard Raimondi Memorial Fund care of the Craig Hospital Foundation at 3425 S. Clarkson Street Englewood Colorado 80113.

Fremont Chapel of the Roses
510-79-1900

Joseph “Bud” Dewain Bettencourt



On September 3, 2020, Bud passed away at University of California Davis hospital in Sacramento.

Bud was born in Oakland to Wilbert Cabal Bettencourt and Alice May Dargitz Bettencourt. Waiting for his arrival home was sister Alice Evon Bettencourt. Bud attended Centerville Elementary (1-8 grades) and, in 1950, graduated Washington High School. He was an active Boy Scout who was awarded Eagle Scout honors. Bud was a member of his high school baseball team and continued to

be active in little league activities.

In 1951, Bud joined the Army and, while stationed in Germany, he traveled throughout Europe. He met Pope Venerable Pius XII and received communion from him in 1952. Nadine Irene Fernandez and Bud were married in 1954 at Saint Joseph's Catholic Church in Mission San Jose. They became loving parents of son Curtis (Vicki) and grandparents to Kenneth and Timothy, followed by several great and great-great grandchildren. They also became loving parents to daughter Carol Nadine.

Bud worked 25 plus years for the Union Sanitary District. He was a lifetime member of the Native Sons of the Golden West. While he loved baseball, he also enjoyed all sports including fishing at Kennedy Lake. In 1985, he married Erma Helen Barbieri at Lake Tahoe. They enjoyed traveling together throughout California, Arizona and Nevada.

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SOCIAL SECURITY MATTERS

Ask Rusty – No Dumb Questions About Social Security

By CERTIFIED SOCIAL SECURITY ADVISOR RUSSELL GLOOR
ASSOCIATION OF MATURE AMERICAN CITIZENS

Dear Rusty: I have some questions about Social Security, but I have never been old before so these may be dumb questions.

1. My 66th birthday is in October 2021. Do I put in for Social Security in January 2022? Or when?
2. I am a 30-year military retiree. Do I need to bring my DD-214 to the SSA Office when I apply?
3. My wife has not held a job outside the home, but she has worked as hard if not harder than me running and taking care of our home and affairs when I was away a lot of the time. She turns 66 in September 2022. Can she apply for Social Security and, if so, does she get a percentage of what I get?

Thank you for any help you can give me. Signed: Retired Military

Dear Retired Military: There are no “dumb questions,” especially when it comes to Social Security, which has over 2,700 different rules sure to perplex even the most learned among us. I will answer your questions in the order you posed them:

1. Your full retirement age (or “FRA”) is 66 years and 2 months. Your FRA is when you get 100 percent of the benefit you have earned from a lifetime of working. Claiming earlier will mean a reduced benefit; waiting longer can mean a larger benefit. If you wish to claim benefits at your full retirement age in December 2021, you should apply for those benefits in September 2021 (SS suggests you apply three months before you wish benefits to begin). Just be sure to specify your benefit start month as December to get your full benefit.
2. You do not need your DD-214 when you apply for Social Security. Your earnings during your military career are already known to Social Security and will, along with any non-military earnings, form the basis for your Social Security benefit. Your SS benefit will be based upon the highest-earning 35-years of your lifetime earnings career (adjusted for inflation). You do not need to go to the SS office to apply; you can apply over the phone (call to make an appointment first) or online at www.ssa.gov/retire. Applying online is by far the easiest way to claim your benefits.
3. Even though your wife is not eligible for SS benefits on her own work record, she can still collect a spousal benefit from you. If she waits until she reaches her FRA before she claims, she will get 50 percent of the benefit you are entitled to at your full retirement age. Your wife’s FRA is 66 years and 4 months and, although she can claim the spouse benefit before that, if she does it will be actuarially reduced according to the number of months before her FRA that she claims. FYI, your wife cannot collect her spousal benefit until you have started to collect your benefits.

Finally, thank you for your many years of service to our country. Your pay while serving will be part of the 35 highest-earning years over your lifetime used to compute your Social Security benefit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained, and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

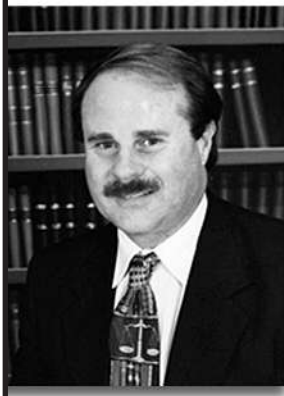
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Evening & Weekends
By Appointment

City of Fremont Preparing Next Step in Responding to Climate Change

Plans to Update Fremont’s Climate Action Plan

By JOHNNA LAIRD

More than 150 Fremont residents participated in “Visioning for a Sustainable Future,” a virtual workshop held September 22 to discuss updates to the City of Fremont’s Climate Action Plan.

With a goal of making Fremont carbon neutral by 2045, the city is working to update its Climate Action Plan, focusing on ways to lower Fremont’s greenhouse gas emissions from all sources, including energy, water, waste, and transportation. An update to the Climate Action Plan, expected to go before for approval the city council in spring 2021, will also include steps to draw down or sequester carbon dioxide and other greenhouse gas emissions from the atmosphere.

Fremont’s goal of carbon neutrality by 2045 means zero carbon emissions, no new net greenhouse gases emitted including no carbon emissions from transportation, buildings, or other sources. In 2019 Fremont City Council adopted a Post-Carbon Framework that established a goal of a 55 percent reduction of greenhouse gas emissions from 2005 levels by 2030, and 100 percent emission reduction by 2050 (carbon neutrality). Included in the Post-Carbon Framework and Climate Action Plan are four pairs of values to guide decision making: equity and access, efficiency and innovation, health and wellness, and resiliency and capacity.

According to the city’s website, “Climate action will change the way we live, move, work, and play while offering us new benefits and opportunities for everyone to thrive.” A day after the workshop, California Governor Gavin Newsom announced that no gas-consuming vehicle will be sold in California after 2035.

Adopted in 2012, Fremont’s Climate Action Plan met its energy reduction goals for 2020 ahead of schedule, decreasing annual community-wide emissions by more than 10 percent from a 2005 baseline even as the city increased its population 7.5 percent. Savings came in part from replacing

street lights with longer lasting, more energy-efficient LED fixtures and installing solar panels on three fire stations and other city buildings. More than 4,000 homes and businesses have installed rooftop solar panels and about 10 percent of vehicles registered in Fremont are energy-saving, either plug-in hybrid electric or fully battery electric. Not all areas of the city saw declines. Waste showed an uptick in energy usage, as did freight.

The 90-minute workshop included a presentation by Sustainability Manager Rachel DiFranco and polling participants about the city’s climate plan. Mayor Lily Mei highlighted several of the city’s successes in energy savings, identifying Fremont as a leader in “going green,” taking aggressive steps to reduce energy consumption to build “a better future, a better normal, a better carbon footprint.” She referenced the city’s emphasis on biometrically-friendly building materials, increased bike and pedestrian pathways, and codes that make housing solar-ready.

“We are trying to do more solar,” said Mei. “This is important now, with heat and climate changes, and rolling backouts. . .being environmental ready in case of earthquake.” Mei noted that citizens are getting on board with Fremont’s Green Challenge to reduce their consumption, that “even our (Dominican) nuns are going green, catching rain water.” She also noted Fremont’s collaboration with other agencies, including transit, school districts, and StopWaste.org to create a “more equitable, environmentally-friendly community.”

The workshop ended with participants being assigned to small groups in breakout rooms for additional feedback and comments. One discussion raised concerns about moving away from gas usage in homes to relying fully on electricity, particularly given the costs to existing homeowners, and about the level of gas emissions created by non-residents traveling through Fremont.

Additional workshops designed for community engagement are planned for October and November, although dates had not been released as of writing this article. DiFranco said that the city will also reach out to groups that include seniors, faith-based organizations, and businesses, among others. The city is also accepting email comments (up to 500 words) from residents about their visions for a post-carbon Fremont.

More information can be obtained: <https://fremont.gov/1981/Climate-Action-Plan-Update>
<https://fremont.gov/1948/Energy-Efficiency>

Lockdown trip: traveling back in time to Alviso

LETTER TO THE EDITOR

SUBMITTED BY TWESHA GHOSH

Back to school in 2020 is unlike any other year. Instead of Back to School, shall we say Back to Zoom? I spent the summer vacation that felt yearlong primarily socially distanced and exploring local spots that are normally hidden and mostly ignored. Finally, the new academic year started. And we as a family, always looking for new places to visit that are wheelchair accessible, wrapped up our summer vacation with a day trip to Alviso – a quaint little place almost frozen in time.

Alviso, a neighborhood in San Jose, is a quaint waterfront town trying to hold its place next to the ultra-modern Silicon Valley. As you take the exit to First Street on CA 237, you will notice the changing landscape from Silicon Valley’s office buildings to a village of forgotten buildings, marshlands, mudflats, open bay, and a ghost town. Apart from the lovely historic town, Alviso Marina County Park



is also a gateway to Don Edwards San Francisco Bay National Wildlife Refuge.

This is a lovely place to visit especially in the evenings when the sun is about to set. People come here for walking, jogging, biking, and boating. If you are lucky you can see the train pass by. There are boardwalks to walk and observation decks for bird watching where you get a 360-degree view of the marshland.

Wheelchair accessibility

The boat launch ramp and observation decks are completely wheelchair accessible. Pathways and trails are a little bumpy, but manageable with a wheelchair. There are a couple of accessible restrooms, picnic tables and accessible parking spaces, making it a fairly good wheelchair accessible place on the whole.

**Twesha Ghosh
Fremont**

COMMUNITY BULLETIN BOARD

VETERANS OF FOREIGN WARS POST 9601 Veterans and Active Duty Military are Invited Meetings 2nd Tuesday each month. Meeting Starts at 6:30PM Veterans Memorial Building 22737 Main St Hayward, CA 94541 www.vfw9601.org	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you're not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at ROUND TABLE PIZZA at 5544 Thornton Ave., Newark We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch, rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162	AMERICAN LEGION POST 649 Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org
Zumba Kids with Jazzy Jenny Kids ages 4-12 Saturdays 2:30pm-3:30pm At Hope Community Church One hour of games,fun, and dancing. The last Saturday of every month is Zumba Family! For more info email: zumba.jazzyjenny@yahoo.com	Niles Canyon Railway is offering special train rides only departing from Sunol Depot. Visit ncr.org to purchase tickets online 510-996-8420	UNITY CHURCH OF CASTRO VALLEY A Center for Positive Living Rev. Donna Caldwell invites all people to attend our 11:00 a.m. Sunday Services 20121 Santa Maria Ave., Castro Valley For classes & other activities 510/538-1416 www.unitycv.org
LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Sat. of the month (off July & Dec) 2-4PM Great speakers! * All genres! *Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Mon of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		FAW Writers Salon 4th Monday of the Month Zoom Mtg 7:00-9:00 PM Contact Tony for link up.dragonfly.com@gmail.com Read, discuss or just listen Fiction, Non-Fiction, Poetry, Etc. cwc-fremontareawriters.org EVERYONE IS WELCOME!

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- No P.O. boxes unless physical address is verified by TCV

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Kids share Why I Wear a Mask

SUBMITTED BY EMMA TOZER

On September 22, Union City announced the winners of the "Why I Wear A Mask" Youth Photography

Contest. This contest started in August to help raise awareness within the youth community about the importance of wearing a mask to stop the spread of COVID-19. Union City's own



Angelo Agbuya, age 11, third place winner



Emmalie Perez, age 16, first place winner

independent photographer and educator, Don Feria – whose work has been commissioned by Nike, Stanford University, Discovery Channel and the MacArthur Foundation – judged the photos and selected three winning entries. First place was awarded to Emmalie Perez, age 16; second place to Carl Denzel Estrada, age 17; and third place to Angelo Agbuya, age 11.

In addition to the photos being displayed during the State of the City Address, winners will receive a cash prize for their efforts. Prizes for the top three winners are sponsored by the Union City Chamber of Commerce.

For more information about the virtual State of the City Address, visit:
<https://www.unioncity.org/CivicAlerts.aspx?AID=94>.



Carl Denzel Estrada, age 17, second place winner

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Union City Police Log

SUBMITTED BY UNION CITY PD

Saturday, September 12
• At about 12:24 p.m. officers responded to a report of someone sleeping inside a suspicious vehicle on the 4500 block of Ellis Court. Officers

approached the car and contacted the person inside, later identified by police as Yvonne John Calamaan, 34, who was asleep in the driver's seat. A vehicle license and identification check showed the car was reported stolen out of Milpitas. Calamaan was arrested and faces charges of possessing stolen property and burglary tools.

Sunday, September 13
• At 10:32 p.m., officers responded to a robbery report in the 31300 block of Alvarado Niles Road. The victim told police that he was seated in his vehicle, rolling a marijuana cigarette when three unidentified males approached him. The males attempted to remove the victim from the car, and a struggle ensued.

During the scuffle, one of the suspects brandished a handgun and fired a single shot into the victim's right leg. While the victim was injured, the suspects removed items from the vehicle and fled the scene in a red-colored sedan. The gunshot wound was determined to be non-life threatening.

Human skull, other remains found on trail above Lake Tahoe

AP WIRE SERVICE

Carson City sheriff's deputies are investigating the discovery of a human skull along a popular mountain biking trail at Lake Tahoe. The sheriff's office says bicyclists at Lake Tahoe State Park found the skull Sunday on the Flume Trail just north of Marlette Lake. The Flume Trail near Incline Village is a flat, smooth ride overlooking Lake Tahoe on the east shore of the mountain waters that straddle the California-Nevada line.

Investigators say the skull was out in the open and looked as if it had been exposed to the elements for some time. Deputies and members of the Carson City Search and Rescue Unit returned to the site on Monday and uncovered what they believe to be additional human remains. The Washoe County Sheriff's Office Search and Rescue K9 unit assisted in another search of the area on Tuesday. A human remains detection dog identified several areas of interest for further investigation. The remains will be sent to the Washoe County Medical Examiner's Office for examination. Anyone with information or questions is encouraged to contact the Carson City Sheriff's Office at (775) 887-2677 or the Secret Witness hotline at (775) 322-4900.

Newark Police Log

SUBMITTED BY CAPT. JONATHAN ARGUELLO, NEWARK PD

Friday, September 18
• At 10:13 p.m. Officer Riddles arrested a 31-year-old Fremont man in the area of Joaquin Murieta Avenue on suspicion of possessing burglary tools and being under the influence of a controlled substance. During the booking process at Santa Rita Jail the suspect became combative and was additionally charged with resisting and obstructing a police officer.
Saturday, September 19
• At 6:14 a.m. Officer Damewood arrested a 43-year-old Union City man in the 39000 block of Balentine Drive on suspicion of possessing a controlled substance, and being a felon in possession of a firearm with ammunition and a large capacity magazine. He was booked into Santa Rita Jail.
• At 4:29 p.m. Officer Kapu investigated a report of an unknown person entering a home in the 5300 block of Castleford Court. As the residents returned to the home, the suspect fled out the back door. A loss from the home is not yet determined.

Sunday, September 20
• At 8:24 p.m. Officer Riddles arrested a 35-year-old Union City woman in the 5500 block of Cedar Court on suspicion of possessing a controlled substance for sale, drug paraphernalia and possession of a stun gun by a felon. She was cited and released pending a court date.
Wednesday, September 23
• At 6:31 p.m. officers responded to a report of a hit and run collision in the area of Haley Street and Jarvis Avenue. Shortly after, officers made contact and arrested a 32-year old Hayward woman on suspicion of driving under the influence and willful child endangerment. She was booked at Fremont Jail.
• At 11:17 p.m. officers responded to a report of a hit and run collision near the 6200 block of Touraine Drive. The suspect vehicle was located occupied in the 35000 block of Dumbarton Court. The driver was arrested on suspicion of driving under the influence and hit and run, then booked at Fremont Jail.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD
Thursday, September 24
• At 3:41 a.m. a person identified by police as Aubrey Crowder, of Berkeley was arrested at the Bay Fair station in San Leandro on suspicion of violating a court order. Crowder was booked into Santa Rita Jail.
• At 3:41 a.m. a man identified by police as Charles Henderson, 44, of Hayward was arrested at the Warm Springs/South Fremont station on suspicion of not complying with sex offender registration requirements. He was booked into Santa Rita Jail.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Sunday, September 20
• Officers responded to a report of an assault at the Hyatt Place Fremont/Silicon Valley Hotel at 3101 W. Warren Ave. During an argument a male punched a female in the face, back and stomach while holding a padlock in his hand. He threatened to kill her and attempted to light her hair on fire. The man fled the scene before officers arrived, but was quickly found inside the woman's nearby vehicle. The woman was treated at the scene for injuries and taken to a hospital for medical evaluation. The man, identified by police as Franklin Bingham, 35, was arrested.
• Officers responded to a report of a man seen exiting a white sedan and firing nine rounds from a firearm into the air on Kern Loop in the Warm Springs area. The man fled the scene before officers arrived; five 9mm shell casings were located at the scene. An investigation is ongoing.
Monday, September 21
• Officers responded to a call about a home invasion on Tomasek Terrace in the Centerville area. A female was home alone when an unknown male entered the home, but soon left without injuring her. The man was described as possibly Hispanic or white, between 25 and 30 years old, standing between 5-feet-11 and 6-feet-2-inches tall, about 180 pounds with black hair. His face was covered with a Burberry tan mask.

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Newark Council OKs pandemic assistance funding

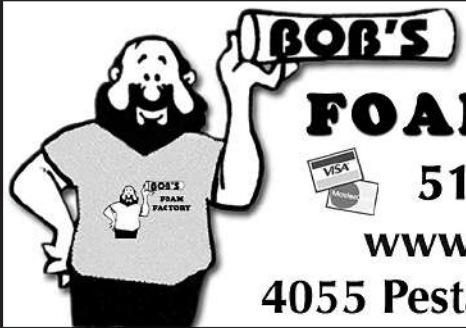
SUBMITTED BY SHEILA HARRINGTON
At its Thursday, September 24, meeting, the Newark City Council unanimously adopted the NEWARK CARES Funding Plan that provides economic relief to Newark businesses and families financially impacted by the COVID-19 pandemic. The plan will provide up to \$400,000 in residential rental assistance payments to Newark residents and grants for small Newark businesses facing financial hardships.

Residential Rental Assistance Program
The city council has allocated \$200,000 to a residential rental assistance program that will provide assistance to 80 Newark households. The program will provide each recipient with a one-time \$2,500 emergency grant to help bridge the gap between the amount a renter has been able to pay to their landlord and the total amount of back-due rent.
In order to apply, applicants will have to:
• Demonstrate residency in Newark
• Have a job loss or loss of income directly related to COVID-19 that impacts their ability to pay rent
• Have a residential lease in the applicant's name
Due to the anticipated high volume of applications,

applications will likely be prioritized as follows:
• Incomes lower than 80% Area Median Income (“AMI”)
• “Rent-burdened” applicants. Higher percentages of rent-to-income ratios
• Applicants who are single, heads of households with children
• Applicants who have special circumstances may be weighted as higher priority, such as an ability to demonstrate significant medical expenses due to COVID-19.
A third-party administrator will manage the program. More information will be released in early October including when and how to apply.
Small Business Grants
The city council has allocated \$200,000 to a small business grant program that will provide assistance to 40 Newark businesses. All eligible applications

will be entered into a lottery and 40 applications will be selected in random to receive a one-time \$5,000 grant.
Program eligibility requirements include:
• In business for at least one (1) year as of March 17, 2020 (which is the date of the Shelter-in-Place Order issued by the Alameda County Public Health Officer)
• Can demonstrate at least a 25% reduction in revenue due to COVID-19
• Is not a franchise or chain business
• No more than 25 employees
• Have a physical storefront or place of business in a commercial-designated facility in Newark (home-based businesses would not qualify)
• Have a valid Newark Business License on file with the city

The following businesses would be ineligible from receiving a grant:
• Franchises that are corporately-owned
• Home-based businesses
• Hotels/Motels
• Retail Chain stores
• Most Financial Institutions and Industrial uses
City of Newark officials are in the process of finalizing the details to apply for these programs. Details regarding both the Residential Rental Assistance Program and the Small Business Grant Program will be posted on the City's website at www.newark.org/departments/care-funding in early October. For questions, contact Steven Turner, Community Development Director via email at steven.turner@newark.org or call (510) 578-4208.



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PUBLIC NOTICES

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572732

Fictitious Business Name(s):
ELEGANT WEDDING DESIGNS, 37561 BREAKERS RD., NEWARK, CA 94560, County of ALAMEDA

Registrant(s):
AGNES VELASQUEZ, 37561 BREAKERS RD., NEWARK, CA 94560

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ AGNES VELASQUEZ

This statement was filed with the County Clerk of Alameda County on SEP 09, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/29, 10/6, 10/13, 10/20/20

CNS-3400306#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572474

Fictitious Business Name(s):
DNC EXPRESS, 896 LESTER AVE., HAYWARD, CA 94541, County of ALAMEDA

Registrant(s):
NORMA CRISTINA GOMEZ LANDEROS, 896 LESTER AVE., HAYWARD, CA 94541

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ NORMA CRISTINA GOMEZ LANDEROS

This statement was filed with the County Clerk of Alameda County on AUG 28, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/29, 10/6, 10/13, 10/20/20

CNS-3400303#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572503

Fictitious Business Name(s):
BUILDING INNOVATIONS GROUP, 36124 FANSHAWE CT, FREMONT, CA 94536-4635, County of ALAMEDA

Registrant(s):
TJIMMO CORPORATION, 36124 FANSHAWE CT., FREMONT, CA 94536-4635

Business conducted by: A CORPORATION

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ JIMMY KANG

This statement was filed with the County Clerk of Alameda County on AUG 28, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/20

CNS-339946#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572536

Fictitious Business Name(s):
WATER EMPORIUM, 3918 WASHINGTON BLVD., FREMONT, CA 94538, County of ALAMEDA

Registrant(s):
NEETA J RUPANI, 2223 GROUSE WAY, UNION CITY, CA 94587

Registrant(s):
JACDISH B RUPANI, 2223 GROUSE WAY, UNION CITY, CA 94587

Business conducted by: MARRIED COUPLE

The registrant began to transact business using the fictitious business name(s) listed above on 1/1/2011

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ NEETA J RUPANI

This statement was filed with the County Clerk of Alameda County on AUG 31, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/15, 9/22, 9/29, 10/6/20

CNS-339747#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572431

Fictitious Business Name(s):
QUEENDOM, 39605 STEVENSON PL #203, FREMONT, CA 94539, County of ALAMEDA

Registrant(s):
TINA BROWN-PRUITT, 39605 STEVENSON PL #203, FREMONT, CA 94539

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ TINA BROWN-PRUITT

This statement was filed with the County Clerk of Alameda County on AUG 25, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/15, 9/22, 9/29, 10/6/20

CNS-339746#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572486

Fictitious Business Name(s):
DREAM HOME INTERIORS GROUP, 39465 PASEO PADRE PKWY #1500, FREMONT, CA 94538, County of ALAMEDA

Registrant(s):
BRYAN DUONG, 39465 PASEO PADRE PKWY #1500, FREMONT, CA 94538

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ BRYAN DUONG

This statement was filed with the County Clerk of Alameda County on AUG 28, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/20

CNS-3396760#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 572579

Fictitious Business Name(s):
RC SIDING / RESIDENTIAL COMMERCIAL SIDING, 45570 INDUSTRIAL PLACE #4, FREMONT, CA, County of 94538

Registrant(s):
TRE CONSTRUCTION AND MANAGEMENT, INC., 45570 INDUSTRIAL PLACE #4, FREMONT, CA 94538

Business conducted by: A CORPORATION
The registrant began to transact business using the fictitious business name(s) listed above on AUGUST 12, 2020

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ PAUL QUALLS

This statement was filed with the County Clerk of Alameda County on SEP 1, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself

PUBLIC NOTICES

however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 11/02/20 at 2:00PM in Dept. 201 located at 2120 MARTIN LUTHER KING, JR. WAY, BERKELEY, CA 94704

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
TIMOTHY J. GAVIN - SBN 181976
TIMOTHY J. GAVIN, ATTORNEY AT LAW
39355 CALIFORNIA STREET, STE 209
FREMONT CA 94538
9/22, 9/29, 10/6/20

CNS-3398630#

NOTICE OF PETITION TO ADMINISTER ESTATE OF: JOAN B. BROGDEN CASE NO. RP20072037

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JOAN B. BROGDEN. A PETITION FOR PROBATE has been filed by KENNETH ALAN BROGDEN in the Superior Court of California, County of ALAMEDA.

THE PETITION FOR PROBATE requests that KENNETH ALAN BROGDEN be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 10/06/20 at 2:00PM in Dept. 201 located at 2120 MARTIN LUTHER KING, JR. WAY, BERKELEY, CA 94704

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed

by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
STEPHANIE DELANEY, ESQ. - SBN 317557, COPENBARGER & COPENBARGER, LLP
200 SANDPOINTE AVE. #150
SANTA ANA CA 92707
BSC 218769
9/15, 9/22, 9/29/20

CNS-3396870#

Man bicycles from Fremont to New York City

SUBMITTED BY ANDREW CAVETTE
PHOTO COURTESY OF BEN ULRICH

Ben Ulrich bicycled to work and left Fremont in late August. He crossed over the Sierras and the Rocky Mountains. He peddled through Kansas, Missouri, and Kentucky. His new job as a software engineer awaited him in New York City. When this newspaper first contacted him, he was having dinner in Dublin, Virginia.

His day had started at 6:15 a.m. more than a hundred miles West in Grundy, Virginia. Ulrich rode in 50F degree weather that morning. He said the ride was difficult, but the scenery was pretty. "I saw a lot of farmland today," Ulrich said, "a lot of rivers and elevation."

Ulrich made a new friend; a dog had run alongside his bicycle. He was popular with local dogs in different towns across America; they seem to find him and follow for short distances along the road. "This little guy has been following me for like a mile," Ulrich says in a video of his latest encounter.

In the late afternoon, 21-year-old Ulrich met up with his father, Jeff, at a motel. His father is driving the same route, going ahead in a red pickup truck filled

with parts and one extra bicycle. "As support driver I'm not carrying any of Ben's (daily) gear," Jeff Ulrich wrote. "This part is all on his own."

Ben and Jeff Ulrich live in Fremont. Ben attended Washington High School, played soccer, ran track and was a Boy Scout. Following high school, Ben Ulrich attended The University of California, Berkeley. After finishing three years of college, he faced his fourth year exclusively online and under lockdown and decided to apply for summer graduation. He then got an internship, working remotely for a trading firm, Jane Street Capital, based in New York City. His internship turned into a fulltime offer. Ulrich's new employer told him to set his own start date, so he pushed that date to October and made plans to cycle to New York.

"Ben is kind of crazy," his father wrote, lovingly, in a travel blog they kept of their trip.

In Kyburz, California, Ulrich breathed miles of wildfire smoke. In Fallon, Nevada, he heard a civil defense siren calling volunteer fire fighters to work. He posed with a plastic dinosaur in Escalante, Utah and crossed the continental divide at Monarch Pass in central Colorado. Chanute, Kansas



had large homes and small-scale oil production. Farmington, Missouri had at least one Oakland Raiders fan.

As Ulrich approached Washington D.C., his bike, nick-named Vlad, needed a tune up. Just in the month of September, he cycled over 2000 miles. Concerned about the optics; he did not want to have screeching brakes as he finished in New York. "He thought that would not be a good look," his father wrote in their blog.

With 170 miles to go before the end of their journey and for the first time on their trip, father and son did not eat dinner together. Ulrich caught up with a college friend living in Washington D.C. His father met an old co-worker for drinks; they talked about retirement. Both men had a pleasant evening apart.

"It was the right time to finish today," Ulrich told the Tri-City Voice, two days later from his hotel in New York City.

"My bike and my body are done." Upgraded to a presidential suite after mentioning his trip to the hotel staff, Ulrich said being in the middle of America was a positive experience.

"The people were really nice," Ulrich said. "They waited for me on the road when passing." His father, Jeff, said the attitudes of people changed as soon as they reached Maryland. He said the East Coast and California are much the same. "People are rushed and unsafe for no reason," Jeff Ulrich told me over the phone.

As much distance as Ben Ulrich traveled, as much as he saw, as far from home as he appeared in New York, the era of Covid-19 keeps everything feeling like one paused moment. Ulrich is not moving to New York City. In October, he will start his new Wall Street job remotely. He will work from his room, in his home, all the way back in Fremont.

Effects of the Coronavirus pandemic on student learning

LETTER TO THE EDITOR

The Coronavirus pandemic, or COVID-19, has revolutionized the educational system and its delivery to students across the world. Social distancing has been enforced by governments across the world, leading to school shutdowns and an immediate switch to online education. Almost overnight, education systems scrambled to transition completely to online distance learning with little time to plan and no clarity of what would happen next. Teachers and students who are used to interactive courses have begun to revise the curriculum and their learning methods to adapt to the new remote conditions. The spiraling crisis has overwhelmed every aspect of the teaching world.

I am a junior at Irvington High School in Fremont, CA and am sharing some excerpts from my research paper on the effects of the Coronavirus pandemic on student learning. This paper compares traditional and online learning and the effects they have on social interactions, motivation, and stress on students.

In comparison to traditional learning, distance learning does not provide the needed discipline for successful and efficient learning. Through traditional learning, an educator can easily identify a student's attentiveness and assess their



teaching methods to ensure constant growth in a learner's progress. In remote learning, however, it is difficult to keep an eye on a large number of students in a class

on a screen. There are a multitude of distractions, interrupting the class flow and creating teaching challenges. Distance learning does not allow for the same student/teacher and student/student relationships as a classroom environment.

Attending remote classes in isolation confines students to their homes, keeping them from important social interactions that encourage learning. The absence of hands-on experiences such as field trips, lab work, and group assignments, is felt by students, negatively impacting their learning and growth. A nod in the hallway, a wave in the cafeteria, or a smile in the locker room are a few examples of social gestures that help a student cope with stress.

Although every learner has been negatively affected by this sudden adjustment, certain populations of students have been particularly affected by the transition to remote learning. Young children, for example, are faced with the disadvantage of being technologically illiterate, requiring additional assistance. Learners with learning disabilities are also an example of an affected population deprived of the proper help needed to continue a successful education. There have been additional challenges of online learning affecting underprivileged students from lower socioeconomic societies.

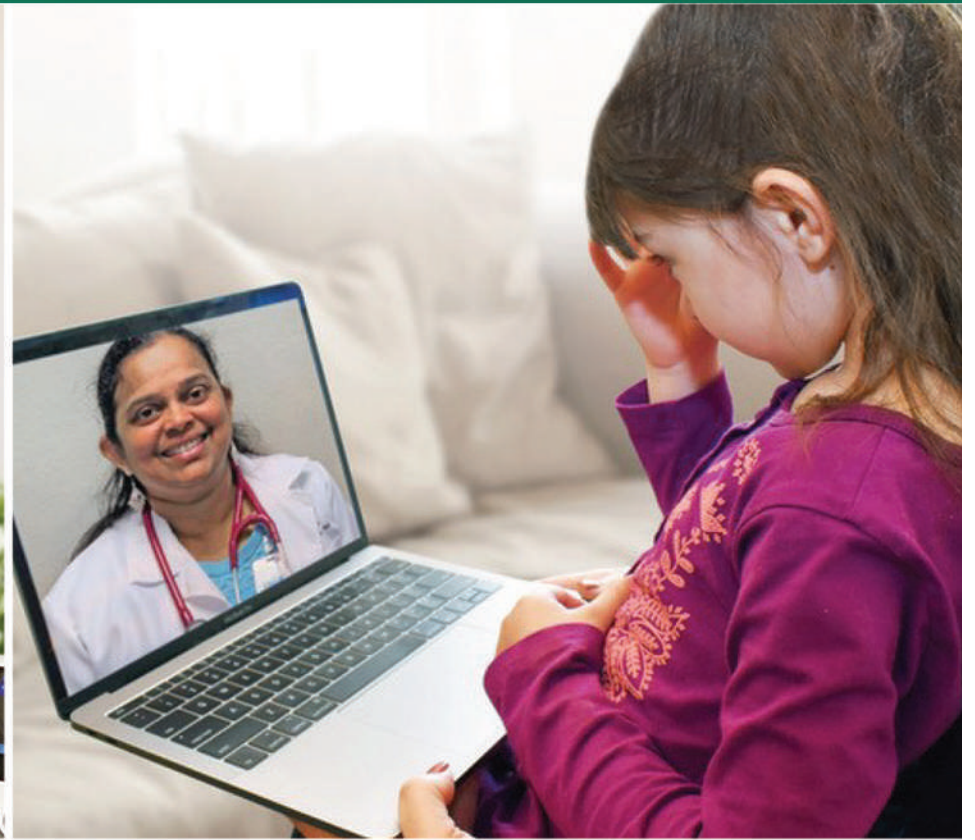
There are measures that can be taken to

better improve upon current education conditions and bridge education gaps. For instance, it is important to make adjustments to ensure equal resources and access to all learners. Additional funding from the government can be provided for schools to be more resilient and be able to offer electronic materials such as laptops and hotspots to all students who do not have access to them. Public libraries can open with appropriate safety precautions to accommodate a conducive setting for learners. Educators can grant office hours to students with special needs or high stimulus households for any additional support they may need. Potential solutions to this ongoing educational crisis will require more funding, new policies, innovative lesson plans, new etiquettes, new attitudes, and much more, in which the communities and government have a crucial role to play.

As the media covers one of the most controversial debates, regarding the opening of in-person schools, it is important to remember the decision to re-open schools should not be driven by the pressure of politics but the evidence of science.

Anika Khurana
Fremont

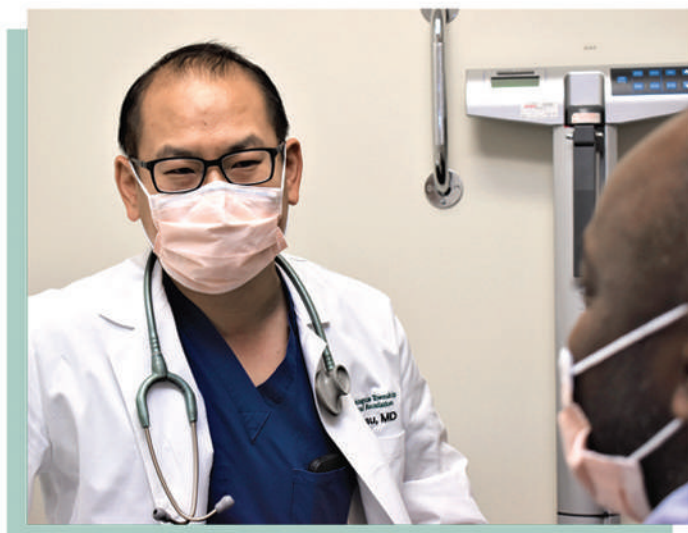
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