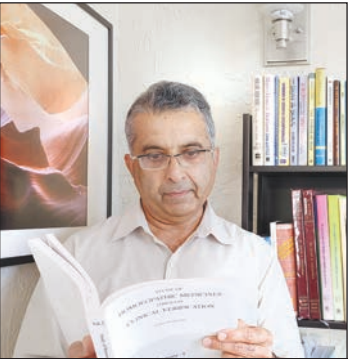
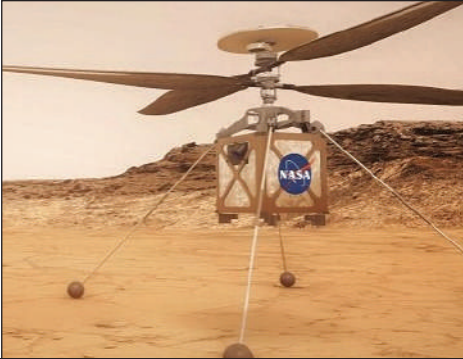




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July 28, 2020

Vol. 18 No. 29

Schools to reopen virtually



*"Learning is non-negotiable,"
said Newsom in his announcement.*

*"In California, health data
will determine when a school
can be physically open – and when
it must close – but learning should
never stop. Students, staff, and
parents all prefer in-classroom
instruction, but only if it
can be done safely."*

continued on page 5

A new face for our collection of Old-fashioned Engines

Southern Pacific Steam
Locomotive #1744

SUBMITTED BY GAIL HEDBERG
PHOTOS BY JIM WRINN

Niles Canyon Railway, a vital part of
East Bay history, has been closed to the public
since March of 2020. But all is not quiet at
our station. Behind the scenes, volunteers are
working to bring back rides on old fashioned
steam engines in a way that complies with

sanitation and social distancing guidelines.
In addition, we are in the process of acquiring
a new face for our collection of old-fashioned
engines.

The Pacific Locomotive Association (PLA)
has announced that a native Bay Area steam
locomotive, the Southern Pacific #1744, will
be rebuilt for operation on the Niles Canyon
Railway. The class M-6 2-6-0 "Mogul" steam
locomotive was one of 69 locomotives built in
November 1901 for freight service by the
Baldwin Locomotive Works, Philadelphia, PA
for the Southern Pacific (SP) Railroad.
It operated for many years out of Oakland
on the Southern Pacific Western Division
and in a number of branch lines in the
San Joaquin and Sacramento valleys in
California. Crew called the locomotives
"Valley Mallets" (pronounced "Malleys").

On May 4, 1958 SP had a final rail fan
excursion departing from Oakland, CA to
Knights Landing branch. The first leg was
pulled by a 4-8-4 to Davis and the #1744
pulled the rest of the way. Years later the
locomotive operated on several last steam
railfan excursions on the Southern Pacific rail
line. After retirement from service on the SP
in 1958, #1744 operated at the Heber Valley

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SAVE THE DATE

Drivers For Survivors invites you to our 6th annual

Black and White Ball

FRIDAY AUGUST 14TH, 2020 AT 6PM ON A VIRTUAL STAGE

Visit DFSBall.org for more details



SUBMITTED BY SHERRY HIGGS

Due to the COVID-19 pandemic, Drivers For Survivors (DFS) is facing a
major financial challenge. As a consequence, our in-person signature gala was
postponed from April 18 to a virtual event on August 14. This fundraiser will
greatly help us get our footing back.

DFS Founder Sherry Higgs, and the DFS Board are honored to present our
Sixth Annual Black and White Ball on Friday, August 14 as a virtual event.
Registration is free this year, but a very special VIP experience prior to event is
available. The VIP reception will feature a special performance from our guest
artists and a chance to mingle (virtually) with fellow event attendees.

Time magazine 2016 TIME100 honoree and internationally renowned
breast cancer oncologist Dr. Laura Esserman, MD, MBA, Director of
Carol Buck Breast Care Center at University of California San Francisco will
return as keynote speaker. Entertainment includes performances by
Marcie Dodd, Carol Weiss and Fay DeWitt.

Marcie Dodd is an American stage performer, known for starring as
Elphaba in the Broadway, Los Angeles, San Francisco, and national tour
productions of Wicked. Carol Weiss is an accomplished musical director,
teacher, pianist and composer. She was music director for ABC TV series
General Hospital. Fay DeWitt created the starring role of Kay Goodman in
the highly acclaimed, "Nite Club Confidential," in New York and Los Angeles.
Pre-show musical entertainment will be provided by the Newark Saxophone
Quartet. David Smith, Mayor Emeritus of City of Newark, California will be
our emcee.

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When Ordinary Infections Become Deadly

Learn the Signs and Symptoms of Sepsis Through Live Facebook Event

Without proper treatment, ordinary infections can become so severe that they can actually be deadly. When bacteria and other microbes invade the bloodstream, the body will often respond by releasing chemicals, called cytokines, to fight the infection. However, in the case of severe infections, the body’s response can be so extreme and toxic that it results in widespread inflammation and tissue damage. This life-threatening condition, known as sepsis, can rapidly lead to organ failure and death. “Sepsis is like using a canon to fight a couple of bugs, which ends up causing more havoc than controlling the condition,” explains Carmen Agcaoili, MD, director of the Intensivist Program at Washington Hospital.

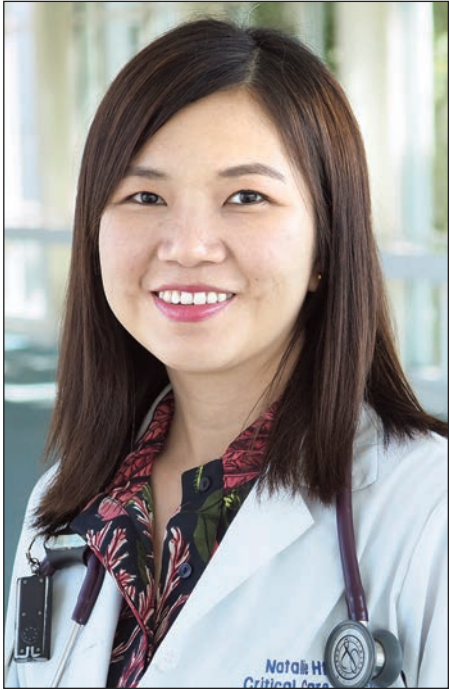
To help raise awareness about this dangerous condition, Natalie Htet, MD, and Shekar Srinivas, MD, will present “The Signs and Symptoms of Sepsis.” This presentation will be hosted through Facebook. In an effort to provide education to community members while taking precautions during the COVID-19 pandemic, Washington Hospital is utilizing methods to host virtual education seminars. This live event will take place on Tuesday, August 25, at 6:30 p.m. If community members have a Facebook account, they can visit the Washington Hospital page where they can view the live presentation and submit questions for real-time response. This seminar

can also be viewed on YouTube with no account requirement (www.YouTube.com/whhsInHealth).

Prevalence and Risk

Sepsis is a leading cause of death in the U.S. and the most common cause of death among critically ill patients in intensive care units (ICU). According to the National Institutes of Health (NIH), sepsis strikes more than 1 million Americans every year with a mortality rate of 15-30 percent. “Bacteria are the most common cause of sepsis, but other microbes like viruses and fungi can also lead to sepsis,” according to Dr. Htet. Pneumonia, urinary tract infections, skin infections, appendicitis and meningitis can all lead to sepsis if the infection spreads. “But any infection can turn into sepsis,” she added.

Although anyone can get sepsis, the elderly, children and infants are most vulnerable. People with weakened immune systems, severe burns, physical trauma or chronic illnesses (such as diabetes, AIDS, cancer or liver disease) are at an increased risk. Other causes of sepsis include the spread of antibiotic-resistant organisms, and broader use of medications that suppress the immune system. The number of sepsis cases per year has been on the rise in the U.S. The NIH attributes this rise to an aging population, the increased longevity of people with chronic diseases, the spread of antibiotic-resistant organisms, an upsurge in invasive



Shekar Srinivas, MD, and Natalie Htet, MD, will host a live Facebook event on Aug. 25.

procedures and broader use of medications that suppress the immune system.

Early Treatment Saves Lives

While sepsis can be a life-threatening condition, it can be avoided with early intervention and treatment. Recognizing the signs and symptoms of sepsis and immediately implementing an aggressive treatment plan saves lives. “Patients have much better outcomes when they are treated for sepsis before it causes serious damage to the body,” notes Dr. Srinivas.

Washington Hospital has a sepsis protocol in place so that physicians and nurses can immediately identify symptoms of sepsis and implement an aggressive treatment plan.

Learn More

Learning the signs of sepsis can save the life of a loved one. Preregistration is not required; community members are encouraged to go online to www.whhs.com/events or call 800.963.7070 for more information.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on Facebook & Twitter



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	7/28/20	7/29/20	7/30/20	7/31/20	8/1/20	8/2/20	8/3/20
12:00 PM 12:00 AM	Diabetes Matters: Asian Fusion	Anxiety: Stop Negative Thoughts	Voices InHealth: Antimicrobial Stewardship	Diabetes Matters: Latin Foods	How to Prevent Financial Elder Abuse/Fraud	Metabolic Disorders	Palliative Care Series: Interfaith Discussions on End of Life Topics
12:30 PM 12:30 AM	Palliative Care Series: Palliative Care Demystified		Respiratory Health and Diseases	Women's Health, Strategy for Wellness: Gender Matters, Heart Disease Risk in Women			
1:00 PM 1:00 AM				The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	Mental Health Education Series: Mental Wellness	Nerve Compression Disorders of the Arm	
1:30 PM 1:30 AM	Digestive Health: What You Need to Know	Hepatitis B and Liver Cancer: Prevention and Treatment	Gastrointestinal Disorders	Weight Management: Stopping the Madness			Symptoms of Thyroid Problems
2:00 PM 2:00 AM	Active Living: Yoga Exercises				11th Annual Women's Health Conference: Patient's Playbook	Diabetes Matters: Dining Out Around The World	
2:30 PM 2:30 AM	Inside Washington Hospital: Advanced Treatment of Aneurysms	Aortic Valve Disease: Treatment Options Including TAVR					
3:00 PM 3:00 AM	Diabetes Matters: Diabetes & Eyes	Updated Treatments for Knee Pain & Arthritis	Solutions for Weight Management	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Colon Cancer	Palliative Care Series: How Can This Help Me?	Strategies to Reduce the Risk of Cancer Recurrence
4:00 PM 4:00 AM	Diabetes Matters: Diabetes Conversations			Preventive Screenings: When and Why are They Important?			
4:30 PM 4:30 AM	Suffer From Sinus Problems?	Chronic Kidney Disease: FAQ	Mental Health Education Series: Understanding Psychotic Disorders		Women's Health Conference: Women & Stroke: Are You at Risk?		Caregiver Series: Codependency and the Caregiver
5:00 PM 5:00 AM		How to Talk to Your Doctor		FB Live: Staying Fit While Working From Home	Sick Feet?	Latest Treatment Options for Wound Care	Women's Heart Health
6:00 PM 6:00 AM	Mental Health Education Series: Crisis Intervention	Obesity: Understand the Causes, Consequences & Prevention	Women's Health Conference: Reclaiming Your Confidence	Diabetes Matters: Filipino Food Made Healthy	Learn About the Signs & Symptoms of Sepsis	Family Caregiver Series: Nutrition for the Caregiver	Mindful Healing
6:30 PM 6:30 AM		Learn About the Signs & Symptoms of Sepsis				Stress Management	
7:00 PM 7:00 AM	How To Stop Disease Before It Starts	Peripheral Vascular Disease: What You Need to Know	Relieving Back Pain: Know Your Options	Diabetes Matters: Basics of Insulin Pump Therapy	Diabetes Matters: Asian Indian Cooking		Family Caregiver Series: Mindfulness Meditation for the Caregiver
8:00 PM 8:00 AM						Diabetes Matters: Straight Talk About Diabetes Medications	
8:30 PM 8:30 AM	Healthy Eating: Prescription for Health	Diabetes Matters: Exercise IS Medicine	Ready, Set, Goal! A Healthier You in 2020	Women's Health: Planning for Pregnancy	Family Caregiver Series: Loss, Grief & Recovery	Diabetes Health Fair 2019: Diabetes and Foot Care	Keeping Your Brain Healthy
9:00 PM 9:00 AM	Understanding HPV: What You Need to Know	Diabetes Matters: Heart Healthy Eating					
9:30 PM 9:30 AM	FB Live: Staying Fit While Working From Home		Diabetes Matters: Endometriosis: Causes, Symptoms, Diagnosis and Treatment	Mental Health Education Series: Anxiety Disorders	Advance Care Planning: Five Wishes	Laugh without Leaking: Understanding Female Urinary Incontinence	Diabetes Matters: Italian Foods
10:00 PM 10:00 AM	Balance & Falls Prevention	Mental Health Education Series: Understanding Mood Disorders					FB Live: Noontime in the COVID-19 Kitchen
10:30 PM 10:30 AM	Diabetes Health Fair 2019: Standards of Medical Care in Diabetes		FB Live: Reduce Your Risk When Phasing Out of Shelter In Place	Diabetes Matters: Diabetes and Kidney Health			

Hyperbaric Healing

Local Man Shares How Oxygen Helped Him Heal



The Washington Center for Wound Healing and Hyperbaric Medicine hosts two chambers where during their treatment sessions, patients can watch television, listen to music, or take a nap.

This is the second article in a two-part series

Hyperbaric oxygen (HBO) therapy was once reserved for treating decompression sickness, a hazard of scuba diving, but it is now being used to help people with serious infections, nonhealing wounds and many other conditions. Those who have undergone HBO therapy at the Washington Center for Wound Healing and Hyperbaric Medicine are singing its praises.

For one 86-year-old Union City man, HBO therapy was a last option that finally solved a debilitating bleeding problem he had suffered for several months. Three months after having a successful round of radiation therapy for prostate cancer last July, he developed a condition called radiation proctitis which caused severe rectal bleeding.

“It first started in October, and the hemorrhaging got worse over the following months,” he recalls. “I became anemic from the blood loss and had to undergo some obtrusive and very uncomfortable treatments to no avail. At first, I was very skeptical that hyperbaric treatments would

help, but as a last resort I started a round of 30 sessions in a hyperbaric chamber beginning in May. As it turned out, I was absolutely amazed at the results and am pleased to say that it really did work.”

What is Hyperbaric Oxygen Therapy?

Hyper means increased and baric refers to pressure. HBO therapy is a medical treatment where patients inhale 100% oxygen in a chamber with increased atmospheric pressure, equivalent to diving up to 45 feet below sea level. This works to increase oxygenation to the body’s tissues, improve blood flow and circulation, boost the body’s ability to fight infection, and reduce swelling and pain.

The Washington Center for Wound Healing and Hyperbaric Medicine has two hyperbaric chambers and offers this safe, comfortable therapy for numerous conditions including diabetic foot ulcers, bone infections, soft tissue radiation injuries, compromised skin grafts or flaps, decompression illness, carbon monoxide poisoning, air or gas embolisms, crush injuries and gas gangrene. Evidence has shown that HBO therapy is safe and effective and the FDA has approved it for

these conditions, so most insurances will cover the cost for treatment of these issues.

According to Karen Ijames, hyperbaric safety officer for Washington Hospital, “In over a decade of treating patients with HBO therapy, I’ve seen so many patients whose lives have been changed for the better. I remember one man who cried with joy when his severe diabetic foot ulcer cleared up. Instead of enduring amputation of his foot, he healed and was able to return to his passion—playing golf.” She adds that outcomes like this are achievable through customized care plans and a combination of treatments implemented by wound experts at the center, including the medical director, Dr. Prasad Kilaru.

Because the whole body receives the benefits of increased oxygenation, HBO therapy patients often experience other advantages like improved skin appearance, hair growth, stronger nails and breakthroughs for other health issues. “I have seen HBO therapy benefit patients in more ways than they expected,” said Ijames. “For example, one of my patients who was having speech problems due to a recent stroke came to us for healing of a

diabetic foot ulcer. Not only did his foot heal, he also made remarkable progress in regaining his ability to speak clearly.”

HBO therapy involves a series of 20 to 60 daily sessions inside a spacious pressurized glass chamber for up to two hours at a time. “The only thing you notice after you enter the chamber is you have to clear your ears in the beginning, like if you are taking off or landing in an airplane,” recalled the patient from Union City. “Some people watch TV during the treatment, but I couldn’t hear without my hearing aids in, so instead I focused on meditation.”

He also said the treatments made him feel a little tired for a short time afterward. Once home, he often took a short nap. His treatments ended in early July, and he just celebrated his 86th birthday. Now that the bleeding has improved, he is feeling well and is working his way back to walking up 200 stairs every day at his residence.

Speak to your doctor regarding treatment options for nonhealing wounds. For more information on the Washington Center for Wound Healing and Hyperbaric Therapy and hyperbaric oxygen, visit www.whhs.com/wound or call 510.248.1520.

Live Facebook Event!

Don't Let Hip Pain Win

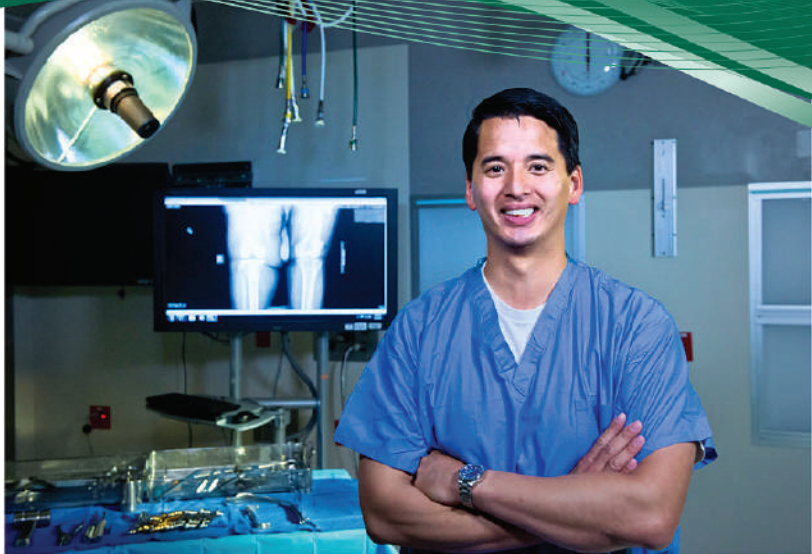
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Alexander Sah, MD
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Wednesday, August 5, 6:30 p.m.
Washington Hospital Healthcare System Facebook page or Washington Hospital InHealth YouTube page
If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

 www.facebook.com/WashingtonHosp www.youtube.com/whhsInHealth



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LETTER TO THE EDITOR

Hiking to Mission Peak

On July 2, 2020, I woke up early to hike Mission Peak for the first time. I went with my parents and my little brother Ansh. We

From the third bench to the fourth bench, we focused on hiking. After reaching the bench, I suddenly realized I could clearly see the peak. It was gigantic! About 15 minutes later, we were at the bottom of the rocky cliff section and at the fifth and final bench. We sat down and drank water again. We needed to be vigilant as the hike was getting



started around 7:30 a.m. Since it was early morning, it was a little cold outside. After 15 minutes, we saw the very first bench. We enjoyed the view and noticed some cows grazing on grass. After drinking some water, we started again and saw a second bench. Shortly after that, we thought we found the third bench, but actually it was the first bench... the other two were picnic tables.

The real challenge started then. The trail was rocky and steep; we had to be careful to avoid injury. even though it was just 8:15 a.m., we started feeling hot so we switched our hoodies for hats. We had our masks with us, of course.

Soon after, at about 800 feet high, we reached the official second bench. We took a long break and enjoyed watching birds, including a hawk or a falcon – we couldn't tell which. After a break and hydrating, we were back on the trail and reached the third bench. The panoramic view was so satisfying. We tried to find our home but couldn't. I guessed we were about 1500 feet high!

rough and challenging. My little brother is only six, but he acted like a ninja to solve all obstacles. My parents were very careful watching out for us.

We started climbing the rocks, and it was fun. At times, we had to use our hands to crawl so that we wouldn't slip. We saw wildflowers and insects while we hiked. I became so excited when I saw the Mission Peak Pole. For some reason, it was covered in red plastic, maybe to keep people from touching it during the COVID-19 pandemic.

My mom gave us crackers as a reward for reaching the top and we ate them while enjoying the view at about 2500 feet elevation. After a few minutes, we gathered our energy to hike back to the base. We took a few breaks and finished our hike at 11:30 a.m.

From start to finish, it took about four hours and 20k steps to hike Mission Peak. This was an experience I'll remember forever.

Arush Doshi
4th Grade, Hirsch Elementary School, Fremont



SUPPORT BREAST CANCER SURVIVORS!

HERS Breast Cancer Foundation

VIRTUAL 21st ANNUAL 5K Walk/Run & 10K Run

Saturday and Sunday September 26-27, 2020

Details:

HERS Breast Cancer Foundation's official kickoff for Breast Cancer Awareness Month (October) is an essential fundraiser for under-served breast cancer patients. We have a \$56,000 fundraising goal – 100% of which will fund our Assistance Programs which provide low income and under-insured patients with post-surgical products and services

- Choose WHERE and WHEN you walk, September 26-27
- Prizes for most funds raised and other categories
- Kickoff on Facebook Live with KTVU's Heather Holmes
- Elaine's Memorial Circle with Dove Release
- Bollywood warmup with Shameem of Xtrim Bollywood Fitness
- Zoom yoga option

Register at <https://hersbreastcancer.itsyourrace.com/> or use QR code below.

All proceeds help to support the HERS Breast Cancer Foundation Assistance Programs.

For registration, sponsorship or vendor info, call (510) 790-1911 or visit HERSBreastCancerFoundation.org

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Schools to reopen virtually

By JUI SADEKAR

With California's K-12 students finishing the 2019-2020 school year under distance learning, educators and parents have been wondering about the state's plan for reopening schools in the fall.

For some time, it appeared that the rate of COVID-19 infections and hospitalizations was stabilizing in California — and that schools might reopen in-person. But with the number of coronavirus cases spiking around the state, Governor Gavin Newsom recently announced that most schools will start the 2020-2021 academic year remotely.

California Department of Public Health (CDPH) issued a framework for when and how schools should reopen for in-person instruction. According to the guidelines, to resume in-person classes, a county must have been off the state's COVID-19 watch list for 14 consecutive days. Districts in counties on the watch list will only be able to do distance learning. Currently, Alameda and Santa Clara counties are on the watch list, which means schools in these counties will reopen virtually.

Furthermore, extracurricular activities, including sports, are on hold for now until they can continue safely. School districts are finding creative ways to continue with some form of engagement around those activities remotely.

"Learning is non-negotiable," said Newsom in his announcement. "In California, health data will determine when a school can be physically open — and when it must close — but learning should never stop. Students, staff, and parents all prefer in-classroom instruction, but only if it can be done safely."

Kim Kelly, director of curriculum and instruction, Fremont Unified School District, said that the district will continue with distance learning until county health

Synchronous instructions will be delivered in the fall. Teachers also have more practice with online teaching, which will make it a little easier for them to create and deliver online lesson plans.

officials and board of education trustees are confident that it is safe for students and staff to return to school.

Expressing similar thoughts, Cheryl Jordan, superintendent, Milpitas Unified School District, stated "We have announced at our parent meetings that we will start our new school year with distance learning at least for six weeks or for as long as Santa Clara County is on the watch list."

Opening schools with virtual learning will also give districts some time to build solid hybrid models that can work for students, teachers, and parents, according to Sharan T. Kaur, board trustee, New Haven Unified School District. "We have decided on a three-phase reopening plan. First phase being completely virtual, second phase would be the hybrid model, and third phase would be fully in-person. We will revisit our decision on how and if we are ready to move from phase one to phase two on September 15."

Hayward Unified School District is also following a phased approach to bringing students back. In a community update, Matt Wayne, Ed.D., superintendent, shared that phase two will have limited in-person instruction through a modified

schedule, which includes some distance learning; however, families will have the option to continue on a full distance learning model.

Understanding that some families prefer not to return to in-person instruction, Castro Valley Unified School District has developed an alternative full year virtual learning program, stated Parvin Ahmadi, superintendent.

Schools will also use phase one to implement necessary safety and hygiene protocols to prepare for a return to in-person instruction as soon as local conditions allow. According to Newsom's announcement, staff, and students in third grade and above will be required to wear a mask or face covering. Students should be provided a face covering if they do not have one. Other safety instructions include regular testing and dedicated contact tracing for outbreaks at schools and physical distancing requirements.

Over the summer, Newark Unified School District staff has been preparing for when conditions allow for safe in-person learning. Examples include procuring adequate supplies; adapting facilities with plexiglass; reviewing handwashing stations; making appropriate food service adjustments; and thoroughly cleaning classrooms, offices, and furniture, according to Dr. Mark Triplett, the new superintendent.

When the schools halted in-person classes in March, some faculty were caught off guard. However, for the upcoming school year, educators are prepared with a more structured and robust distance model. When we had to literally dive into distance learning [in spring]," said Jordan, "after only three days of preparation, we did the best we could. Since then, we have learned a lot." What Milpitas Unified has learned from its experience is that learners need more regular contact and more personalization, and parents need better understanding about the district's technology tools.

Sharing New Haven Unified plans, Kaur said, "Synchronous instructions will be delivered in the fall. There will be more accountability than what was practiced during March — June... Teachers also have more practice with online teaching, which will make it a little easier for them to create and deliver online lesson plans."

San Leandro Unified School District has improved its distance model to include daily live instruction with consistent schedules and required attendance; use of Learning Management Systems (SeeSaw for K-5, Schoology for 6-12); new curriculum for Science, History-Social Science, and World Language; support for specialized groups, including personnel to support at-home learning, increased teletherapy services, and at-home access to mental health services; and parent training and support.

Likewise, Hayward Unified has worked with its District Advisory Committee to discuss health & safety, communication, social-emotional support, and family engagement. The committee includes parents, students, teachers, community members, and district leaders, said Dionicia Ramos Ledesma, director of public information & governmental relations.

She added that the district has begun an initiative called "Jumpstart to Success" with its year-round schools. The focus is on establishing relationships, building trust, and creating a classroom environment during distance learning. "We have held drive-through events for students to meet their teachers. Principals are hosting 'coffee' meetings with parents."

Although classes will be held online, schools around the East Bay will continue with their free meal programs. Information about individual meal pickup service can be found at respective school district websites.

While a more unified approach and guidance from the state provides clarity on several issues, many unknowns still have residents wondering exactly how it is all going to work. What the new school year will look like... only time will tell.



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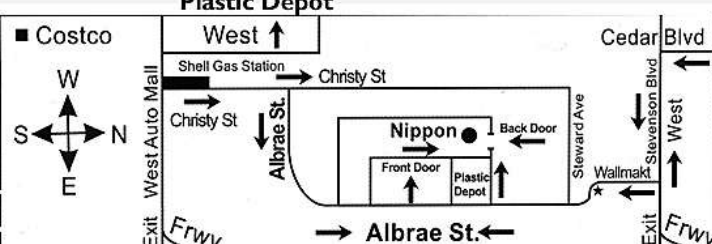
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BUSINESS PULSE CHECK

Homeopathic Healing

By MADHVIKA SINGH

PHOTOS COURTESY OF HOMEOPATHIC HEALING

Social distancing, shelter-in-place and quarantine used to be things we rarely heard of, and only in extreme emergencies, but now they seem to have become the norm. They have affected our social fabric and our livelihoods and have severely impacted the financial wellbeing of our local businesses and their employees. We at Tri-City Voice have featured many local businesses over time, and we reached out to some of them to share their perspective on how they have been affected and how they are coping with the new reality of COVID-19.

This is part of an ongoing series with a new business or businesses featured each week, including both those that have appeared in the paper before and those who are appearing for the first time.

Homeopathic Healing has been serving clients across the Bay Area since 2012 from their locations in Fremont, Milpitas and Santa Clara. Daxa Vaishnav, MD (Homeopathy) and Vijay Vaishnav, MD (Homeopathy) started their

Daxa and Vijay's clients have reported improvement in symptoms from allergies, respiratory conditions, skin disorders, food allergies, arthritis and migraines. "Homeopathy can also help with quality of life improvements related to side effects of other medications,"

practice after spending over 25 years teaching homeopathy in India, the United Kingdom, Austria and the United States.

Homeopathy was invented by a German physician, Dr. Samuel Hahnemann in 1796 with the aim of assisting the human body's natural tendency to heal itself. The name Homeopathy is derived from two Greek words "homoios," meaning similar and "pathos," meaning suffering. Translated literally, it means "similar suffering" and homeopathic treatments are based on the philosophy, "like cures like." "It has been in existence worldwide for over two hundred years and its popularity is rising in the present day," shared Daxa.

Both Daxa and Vijay are career homeopaths with a long list of credentials. They are board members of the California Homeopathic Medical Society, they have been faculty at homeopathy colleges in California and Arizona, and have been Heads of Department at Smt. C.M.P. Homeopathic Medical College in India.

Like many other businesses, Homeopathic Healing had to stop in-person appointments in mid-March in response to initial shelter-in-place guidelines. New client registrations declined. Prior to the pandemic, Daxa and Vijay had already been seeing clients outside the Bay Area and internationally through Skype. COVID-19 prompted them to extend this service to local clients as well. They are currently conducting all their new and follow-up consultations through Skype, Zoom, Google Meet and WhatsApp, giving clients flexibility to conduct calls from the safety of their homes. For clients who are not as comfortable with technology, the couple is helping them become familiar with video platforms. They have also expanded their working hours to suit client needs. Clients can also stay in touch with Homeopathic Healing via Facebook.

Although the COVID-19 crisis has changed the way Daxa and Vijay conduct consultations, what has not changed is their approach. They first

perform detailed consultations about the conditions clients are experiencing. As an example, they might ask a client with a common cold whether the onset came after exposure to cold air or on a sunny day, and to list accompanying symptoms like sneezing, runny nose, or headache and any emotional impact of the illness.

"What someone might consider as trivial could hold a greater significance to us when treating. It allows the homeopath to take a truly holistic approach," shared Vijay. "Since different people react to the same illness in different ways, a homeopath approaches one's condition in an individualized manner," added Daxa. They also encourage clients to bring results of any diagnostics to the appointment for deeper comprehensive evaluation.

Daxa and Vijay's clients have reported improvement in symptoms from allergies, respiratory conditions, skin disorders, food allergies, arthritis and migraines. "Homeopathy can also help with quality of life improvements related to side effects of other medications," shared Daxa. She also has experience with managing children's health and women's health issues like Polycystic Ovarian Syndrome (PCOS).

Homeopathic Healing provides invoices for the cost of their services so clients can file for reimbursement, if covered by their health insurance. "Some of our clients have been able to use their Flexible Spending Account (FSA) benefits as well. It's a good idea to check with the individual insurance for benefits and coverage," shared Vijay.

The evolving and sometimes conflicting information about COVID-19, and the uncertainty about the future have had a negative impact on the emotional wellbeing of many. On top of that, managing interpersonal relationships with families stuck together at home and juggling responsibilities can create anxiety. This is especially true for families of children with Autism and attention deficit disorders, where the parents are now responsible for their care 24/7. "The parents are feeling the need for adjuvant treatment modalities, and homeopathy has come to their aid," shared Daxa.

While Vijay and Daxa do the best for their clients, they have taken this time to reflect inward and do things they had not been able to before. Daxa has resumed attending online Yoga classes, and Vijay is a getting into a more rigorous exercise regimen so that he can resume his karate classes.

In times like these, we all need a source of inspiration, and Daxa and Vijay found it in the teachings of Buddha from the book, Thus spake the Buddha. "The teachings of Buddha are simple yet profound. In the current times like these, following them provides some semblance of sanity and happiness. We haven't always been able to put it into practice, but the effort is ongoing," says the couple.

We at Tri-City Voice wish Homeopathic Healing the very best as Daxa and Vijay serve the community with their education, expertise and experience and help their clients achieve better health outcomes.

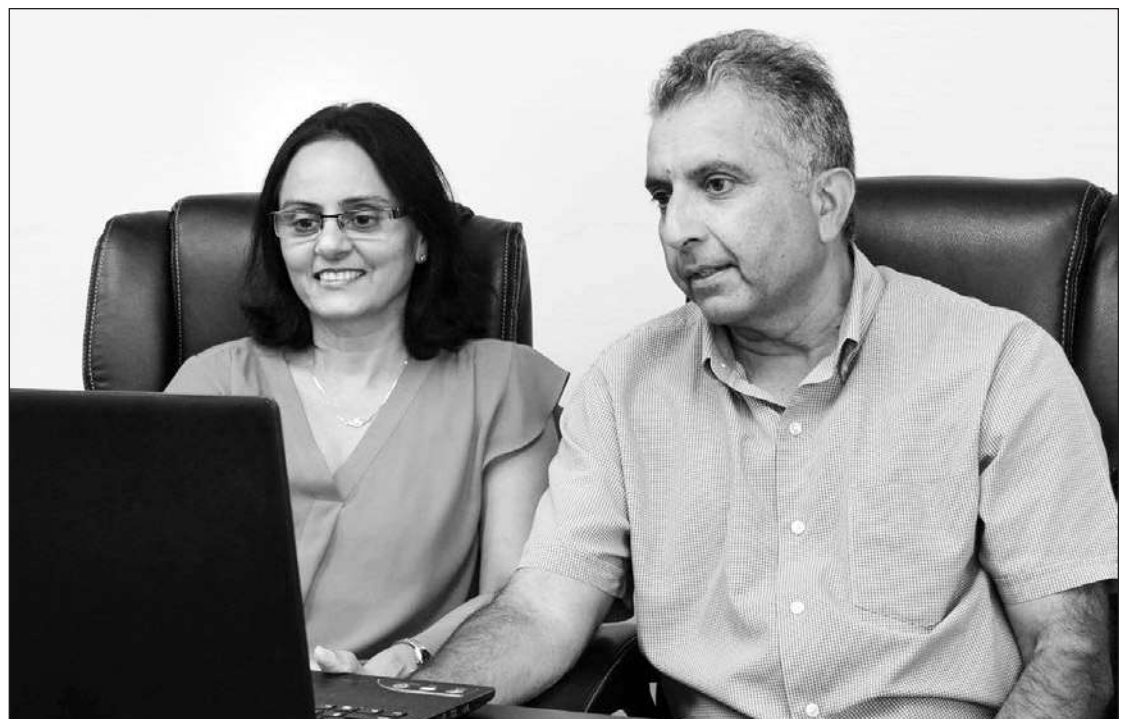
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Note:

Homeopathic practitioners are not licensed physicians, and homeopathy is not licensed by the State of California. Daxa and Vijay Vaishnav practice homeopathy under SB-577, which allows complementary and alternative health care practices with certain disclaimers. Please see <https://drvaishnav.com/Disclaimer> for details.

Through the business pulse series our intent at TCV is to lend a platform to local businesses share their stories. In these trying times let's hope we can develop a shared bond and come out at the other end stronger as a community to deal with challenges that future might have in store for us.



continued from page 1



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Dr. Richard Godfrey, MD
Surgical Oncologist - Associate Clinical Professor UCSF, and beekeeper

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Alameda County Board of Supervisors, District 1

DFS will pay tribute to esteemed Honorees: Dr. Richard Godfrey, MD and Alameda County Supervisor Scott Haggerty. Also, special recognition for Jan Vincent & Richard Ahlbrandt, Barbara O'Leary, and Deasy Lai for their outstanding contributions to DFS.

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Event registration and VIP tickets are available at: www.DFSBall.org. For more information, contact events@driversforsurvivors.org or (510) 369-5770. Visit, follow, and like our Facebook Event page and learn more.

To donate, contribute or learn more about our program, visit www.DriversForSurvivors.org

Drivers For Survivors: Sixth Annual Black and White Ball (virtual)
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www.DFSBall.org

continued from page 1

A new face for our collection of Old-fashioned Engines



Railroad, moved to Texas and was restored for a brief period of operation in New Orleans.

Iowa Pacific bought the locomotive and ran it on the San Luis & Rio Grande over Colorado's La Veta Pass in tourist service during 2007 until it was sidelined with boiler issues. The locomotive was disassembled, boiler work started and then stopped. The locomotive has sat disassembled since 2008 with the boiler moving from Alabama to Texas and then back to Colorado.

In early March 2020, PLA volunteers flew to Colorado to identify and transfer very heavy locomotive parts from fields of debris into containers for shipment to Niles Canyon. The parts of the disassembled locomotive and the tender are now safely stored at Brightside. However, the biggest pieces of the locomotive – the frame, wheels, and boiler – still need to be moved.

Covid-19 stay-at-home orders, from March 2020 to the present, have eliminated all train operations and the revenue they generate for our railroad. Our ability to generate cash flow from special events, Sunday train rides, education trains, and gift shop sales for the 2020 season is waiting for relief from state and county restrictions.

Niles Canyon Railway could use your help! We are asking for donations to help offset the

\$30,000 cost of moving the two final pieces of the locomotive. The restoration project is expected to take five years to return this historic locomotive to service.

Help support the move of SP #1744 at:
<https://www.ncry.org/about/collection/steam/sp1744/>

National Night Out goes virtual

SUBMITTED BY NEWARK POLICE DEPARTMENT

The "fun" element of block parties and picnics will be missing this year, but the Newark Police Department wants to keep the spirit of "National Night Out" (NNO) alive by taking the event online.

On Tuesday, August 4, police will provide a Zoom meeting link and members of the police department will join community members on the night of NNO. Those interested in participating with their neighbors should fill out the registration form by Wednesday, July 29.

Link to form here: <https://forms.gle/kEPcD-vLX3qf7pWJB9>

Other National Night Out events will be postponed until October 6, 2020. Visit <https://natw.org/> for more information.

National Night Out Newark
Tuesday, Aug 4
6 p.m. – 9 p.m.

<http://local.nixle.com/alert/8126396/>
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For questions, email jada.chiu@newark.org



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Help us out by filling in our two-minute survey at <https://bit.ly/3if5hkj>. At the end, you can sign up to participate in a virtual focus group to share your feedback in depth.

The survey is also available on the Tri-City Voice Facebook page.

BUSINESS

Tesla picks Texas site for second US vehicle assembly plant

BY TOM KRISHER, AP AUTO WRITER

Electric car maker Tesla Inc. has picked the Austin, Texas, area as the site for its largest auto assembly plant employing at least 5,000 workers.

The new factory will build Tesla's upcoming Cybertruck pickup and will be a second U.S. manufacturing site for the Model Y small SUV, largely for distribution to the East Coast.

Tesla will build on a 2,100-acre (85-hectacre) site in Travis County near

Austin and will get more than \$60 million in tax breaks from the county and a local school district over the next decade. State incentives also are possible for the plant, which will be over 4 million square feet.

The company has pledged to invest \$1.1 billion and said it will pay a minimum wage of \$15 per hour to employees and provide health insurance, paid leave, and other benefits.

The area that's home to the University of Texas at Austin and tech companies such as Dell Inc. was a candidate for the plant all

along, but Tulsa, Oklahoma, emerged in mid-May as another possibility.

Tesla doesn't have a lot of time to get the factory running if it wants to meet target production dates. The company says on its website that the Cybertruck will be available starting late next year. Tesla has often missed promised production dates in the past.

The new factory will be Tesla's biggest so far, although it may not employ as many workers as the 10,000 at its factory in Fremont, California. The electric car maker has said it wants the new factory to be in the

center of the country and closer to eastern markets.

The Fremont factory currently is Tesla's only U.S. assembly plant. It has a second U.S. factory in Reno, Nevada, where it builds batteries for its vehicles and employs about 6,500 people. Tesla also has a factory in Shanghai and another one under construction in Germany.

BART rail work to close some East Bay stations

SUBMITTED BART

Starting in August and continuing into October BART stations in San Leandro and Hayward will be closed over several weekends as crews work on a major track replacement project.

Full track closures will start the weekend of August 1-2 between the Bay Fair station in San Leandro and the South Hayward station. During BART operating hours passengers can expect delays of 20 to 40 minutes as they are directed to a free bus service that will take them past the closed stations.

These stations will also be closed the following weekends:

- August 22-23
- September 5-7 (Labor Day weekend)
- September 19-20
- October 3-4

The project is part of a BART's effort to rebuild the nearly 50-year-old interlocking and other critical track components located just a few hundred yards south of the Hayward BART Station. During these track closure weekends, some neighbors and nearby businesses near BART tracks and stations will experience loud noises coming from equipment and crews along with bright lights at night.

Project highlights

- Replacing four track switches that are at the end of their useful lives
- Installing approximately 4,000 feet of new rail
- Replacing approximately 700 badly worn wooden ties with longer-lasting, concrete ones
- Replacing approximately 1,000 tons of rock ballast, which is essential for stabilizing the rail
- Installing new 400 feet of duct banks, conduit and cabling in preparation for a new train control system, which will allow BART to run more frequent service
- Installing new 34.5 kV power lines between Bay Fair and South Hayward stations to replace the existing cable, which is at the end of its useful life
- Installation of new, yellow platform edge tiles on the Hayward Station platform

Work benefits

While there will be short term impacts to businesses, neighbors and riders, once the work is complete, BART officials say the benefits will last for decades. They include:

- A smoother, safer, more reliable and quieter ride for passengers
- New yellow safety edge tiles at the Hayward Station
- Elimination of the loud "clackity clack" noise from trains pulling into Hayward Station from the south

This project is funded by Measure RR, a \$3.5 billion bond measure that voters passed in 2016 to rebuild BART to make the system safer and more reliable, which in turn helps reduce traffic. For more information visit the BART website at www.bart.gov then click on the "Planned Track Closure" link on the homepage.

Fox taking fans to the ballgame with a virtual crowd

BY JOE REEDY, AP SPORTS WRITER

Fox will be taking viewers out to the ballgame by adding a virtual crowd in parks during its baseball broadcasts this season.

The network revealed Thursday that it will include computer-generated fans in the stands beginning with the three games on Saturday. Fox begins its coverage with Milwaukee at the Chicago Cubs, followed by San Francisco at the Los Angeles Dodgers, and concluding with the New York Yankees at Washington.

Given that fan opinions about crowd noise being added to baseball games has been mixed, Fox may draw some jeers for adding virtual fans. But Fox Sports Vice President Brad Zager, who oversees live event productions and operations, is hoping people give it a chance.

"We believe that what we're doing is creating a natural viewing experience," Zager said. "Sports is supposed to be an escape and when people have that escape we want it to feel as normal as possible when there's very little normalcy, like a crowd at a baseball game on a Saturday.

"We're not looking to fool everyone. We know it is a virtual crowd. But we also know how jarring watching a game in an empty stadium is on TV."

Fox has been working on a solution to no crowds since late March, when most realized crowds were not going to be allowed to return to stadiums and arenas because of the coronavirus pandemic.

Fox Sports CEO and executive producer Eric Shanks said the early versions of the virtual crowds looked rudimentary and resembled "a better version of Donkey Kong" but have improved exponentially since then.

"We knew quickly that we were going to have to look at crowd and audio in a different way. The only thing we didn't know was the date when we were going to have to be ready to go," Zager said.

Fox worked on the project with Silver Spoon, a real-time animation and virtual production studio. Silver Spoon scanned in all the ballparks and fans so their motions sitting and standing could be properly rendered.

The fans can do up to 500 actions, ranging from high fives during a home run to doing the wave. The system can control the percentage of fans in the stadium during a game as well as who they are cheering for.

The system will be able to adapt to the weather. When the temperature gets colder in the fall, winter jackets and hats can be added to the fans.

Zager added that Fox will enhance the crowd noise in addition to what MLB is supplying in the park. He also said discussions are ongoing with the National Football League about crowd noise and virtual fans since there haven't been any final decisions.

"I'm loving it more and more as we progressed through each version," Shanks said. "This has really dialed in the accuracy of the fans to make it imperceptible on the wide shots to real fans."

Walmart to close its stores on Thanksgiving Day

BY ANNE D'INNOCENZIO
AP RETAIL WRITER

Walmart Inc. said that it will be closing its namesake stores and Sam's Clubs on Thanksgiving Day this year, saying that it wants to have its employees spend time with their families during the coronavirus.

The move, announced Tuesday, marks the first major indication of how COVID will affect Black Friday store shopping, which for almost a decade kicked off with big crowds on the turkey feast and expanded into Friday. However, given safety concerns, stores are rethinking their plans for the kickoff.

Given Walmart's clout as the nation's largest retailer, other major retailers could follow its lead. Macy's CEO Jeff Gennette said earlier this month that the department store will be pivoting its Black Friday business more toward online and will likely be going "full force" with holiday marketing right after Halloween. It also will be staggering events to reduce customer traffic in the stores.

Walmart also said Tuesday that it will be giving out another round of bonuses for workers on the front lines of the coronavirus. The company said that it will be doling out \$300 for full-time hourly workers and \$150 for part-time hourly and temporary workers. Drivers, managers and

assistant managers in stores, clubs, distribution centers and fulfillment centers and health and wellness will also receive a bonus. It will add up to approximately \$428 million, Walmart said.

The bonuses will be included in Aug. 20 paychecks for eligible workers employed as of July 31.

"Our associates have been working at an incredible pace, they've solved problems, and they've set an amazing example for others," said John Furner, president and CEO of Walmart U.S., in a corporate blog post. "To further appreciate their incredible work, we are pleased to share another special cash bonus this summer."

Amazon Scout extends robotic deliveries

THE ROBOT REPORT

BY EUGENE DEMAITRE
PHOTO BY:
ERIN LEE ALLENDER, AMAZON

Amazon.com Inc. announced on July 21 that its Amazon Scout robotic delivery services will be expanding to Atlanta and Franklin, Tennessee. The Seattle-based company has already been testing the mobile

robots in Snohomish County, Washington and around Irvine, California.

Since the beginning of the year, Scout has been autonomously navigating around sidewalk obstacles, such as pets,

pedestrians, and discarded Christmas trees, noted Sean Scott, vice president of Amazon Scout, in a blog post. The robot is part of the online retailer's efforts to meet increased consumer demand during the COVID-19 pandemic, he said.

Amazon Scout field tests expand

"We are starting with a small number of Amazon Scout devices in each city, delivering Monday through Friday, during daylight hours," Scott explained. "Customers in both areas will order just as they normally would, and their Amazon packages will be delivered either by one of our trusted carrier partners or by Amazon Scout."

He touted Amazon Scout's safety, saying that the robot is the size of a small cooler and rolls at a walking pace. Although the mobile robots are autonomous, they will be accompanied by "Amazon Scout Ambassadors." Such ambassadors have already received thank-you cards from children, said Scott.

The company chose Franklin and Atlanta because they have a different climate than Amazon Scout's existing operations and because it already has a "significant presence in these areas through our corporate offices and logistics facilities," wrote Scott. He added that the

company will be looking for talent and to partner with schools in those cities.

Amazon pursues multiple routes to automated delivery

Last year, Scott announced that Amazon planned to expand Scout testing to Southern California. The company, whose Amazon Robotics unit has deployed tens of thousands of Kiva mobile robots in warehouses, has also been working on Prime Air for drone deliveries. It has not set a start date for Prime Air trials, citing the need for regulatory approvals. In addition, Amazon recently pledged to "net zero carbon by 2040."

The global market for delivery robots will grow from \$14.18 billion in 2019 to \$54.3 billion by 2027, experiencing a compound annual growth rate of 18.2%, according to Selbyville, Delaware-based Market Study Report LLC. Amazon is competing with last-mile companies including Starship Technologies Inc., Nuro Inc., and DEKA Development & Research Corp., which is working with FedEx Corp. on the SameDay Bot.

Eugene Demailre is senior editor at The Robot Report. Visit their website at www.therobotreport.com.





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SOCIAL SECURITY MATTERS

Ask Rusty – Should My Wife Claim at 62? Will She Get Widow Benefit?

By CERTIFIED SOCIAL SECURITY ADVISOR RUSSELL GLOOR ASSOCIATION OF MATURE AMERICAN CITIZENS

Dear Rusty: I am almost 64 and still working, and I plan to work until about 66 or 67. My wife is 62. Should she go ahead and file for her Social Security? Is it true that she can draw on my SS after I pass away? Signed: Inquiring Husband

Dear Inquiring Husband: The answer to your first question (should your wife claim at 62) isn't simple, because it depends upon a number of things. Is your wife working? If so, and she claims before her full

retirement age, she'll be subject to Social Security's earnings test, which limits how much she can earn before they take back some of her benefits. If your wife starts collecting at age 62 and exceeds the annual earnings limit (\$18,240 for 2020) SS will take back benefits equal to half of what she exceeded the limit by. This is true until she reaches her full retirement age (66 ½ if she was born in 1957), although the earnings limit goes up by about 2.5 times and the penalty is less in the year she reaches her full retirement age (FRA).

Will your wife be eligible for a spousal benefit from you when you start collecting? If so, and she claims at age 62, her eventual spousal benefit from you will be less than 50% of your full retirement age (FRA) benefit because she took her own benefit early. Whether your wife is eligible for a spousal benefit depends upon whether her own benefit (from her own work record) at her FRA (regardless of when she claims) is smaller than half of your benefit at your FRA (regardless of when you claim).

If it's not, she won't get a spousal benefit. If it is, she'll get a spousal boost on top of her own benefit, but claiming at age 62 will mean a smaller spousal benefit.

Your wife's age 62 benefit amount will be 27.5 percent less than her benefit would be at her full retirement age, and that reduction is permanent. And Social Security benefits are taxable if your combined income (married, filing jointly) is more than \$32,000. If your combined income is between \$32,000 and \$44,000 then 50 percent of your wife's SS benefits will become part of your taxable income, and if more than \$44,000, then up to 85 percent of your wife's SS benefits will become part of your taxable income. My point is, with you still working, your wife's SS benefits will almost certainly add to your income tax obligation.

I'm not trying to dissuade your wife from applying; rather only making you aware of the potential consequences of her claiming at age 62, or at any time prior to her full retirement age. If she needs the money now and the above points are not a

concern, then applying at 62 could be the prudent choice. But you and your wife should consider the above before deciding if she should claim at age 62.

Regarding your second question, if you should predecease your wife, and if the benefit you are receiving at your death is more than your wife is already receiving (or is entitled to receive) on her own, then she will get a survivor benefit from you. If she has already reached her full retirement age when that happens, she'll get 100 percent of the benefit you were getting. If she hasn't yet reached her FRA, she can still claim the survivor benefit, but it will be permanently reduced by a fraction of a percent for each month earlier than her FRA. However, if she hasn't yet reached her FRA, she can also delay taking her survivor benefit until she reaches FRA to get 100% of your benefit (instead of her own).

Remember, she gets her survivor benefit, or her own benefit, whichever is higher (she doesn't get both).

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Dial H for Hero: Kids chat with superheroes over Zoom

AP WIRE SERVICE BY LILLY PRICE, THE CAPITAL GAZETTE

Superheros answer the call for justice. During the coronavirus pandemic, they also answer your children's questions.

The pandemic shutdown almost all traditional entertainment venues, putting many comedians and actors out of work. Mike Doyle, a Chicago-based entrepreneur, and a few of his friends from the comedy troupe Second City came up with an idea for "Superhero Calls," a way for kids to video chat with their favorite hero.

"It gives the comedians a creative outlet, something fun for them to do and

also a way for them to make a little bit of extra cash ... and a way to provide something fun for parents to set up for their kids who may be going stir crazy stuck at home," Doyle said.

Ryan Quigley, a five-year-old in his superhero stage who lives in Arnold, was recently able to chat with Iron Man, also known as comedian Bobby Sullivan, during one of these Zoom video calls. Dressed as Batman, Quigley showed off his superhero boxing moves and made plans to meet Iron Man in space by rocket ship to fight supervillain Thanos.

"It was a good way to get off the COVID-19 hamster wheel for a couple of minutes," said Rob Quigley, Ryan's father.

Comedians' improv skills come in handy while talking to children, who often fire off a wild array and silly stream of questions. Performers are able to stay in character and field any request thrown at them, like inviting Hulk over for dinner.

Characters include Iron Man, Batman, Hulk and Elsa from Frozen. Calls are \$20 for 10 minutes made at <https://www.superherocalls.com/>. Parents are asked to text the performers ahead of time sharing information about their child so the calls are more personalized.

When the idea first got off the ground, schools had just shut down. Now that most summer camps are also closed to prevent further spread of the coronavirus, the calls aim to bring joy to kids during an

otherwise bleak time, Doyle said.

Kathryn Quigley, Ryan's mother, said Ryan would jockey for attention while she helped his other siblings with online schoolwork.

"This was a little diversion for everyone, especially for him, as something special for him to do when everyone else had other stuff for teachers or friends," she said.

Superhero Calls, though based in Chicago, can chat with children across the country. Recently, the newfound company did free calls with kindergarten classes on their last day at school and kids at the La Rabida Children's Hospital.

FDA calls for removal of fruity, disposable Puff Bar vapes

By MATTHEW PERRONE AP HEALTH WRITER

U.S. health officials are cracking down on a brand of fruity

disposable e-cigarettes that is popular with teenagers, saying the company never received permission to sell them in the U.S.

The Food and Drug Administration sent a letter Monday telling the company to remove Puff Bar e-cigarettes from the market within 15 business days, including flavors like mango, pink lemonade and strawberry. The agency sent warning letters to nine other companies either selling similarly unauthorized e-cigarettes or nicotine solutions that illegally

appeal to children. Some of those mimic packaging of sweets and cereals like Twinkies and Cinnamon Toast Crunch.

The regulatory action comes months after anti-vaping advocates warned that disposable vapes like Puff Bar were a glaring loophole in the FDA's ban on flavored e-cigarettes. That policy, which took effect in February, narrowly targeted reusable vaping devices like Juul, the blockbuster brand that helped trigger the teen vaping craze in the U.S. Under the policy,

only menthol and tobacco flavors were allowed for those devices. But the flavor restrictions did not apply to disposable vaping products like Puff Bar.

The seller of Puff Bar, Cool Clouds Distribution of Glendale, California, did not immediately respond to emailed messages seeking comment Monday afternoon.

Anti-vaping groups had petitioned the company to remove all disposable vaping products from market, warning they have

caught on with teenagers who previously used discontinued Juul flavors like mint and mango.

For months, the FDA has been consumed with the coronavirus outbreak, reviewing new tests and treatments. Earlier this year, the agency suspended in-person inspections at vape shops and convenience stores aimed at enforcing sales restrictions. Late last year, the U.S. raised the legal age to purchase e-cigarettes and all other tobacco and vaping products from 18 to 21.

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* Diabetes

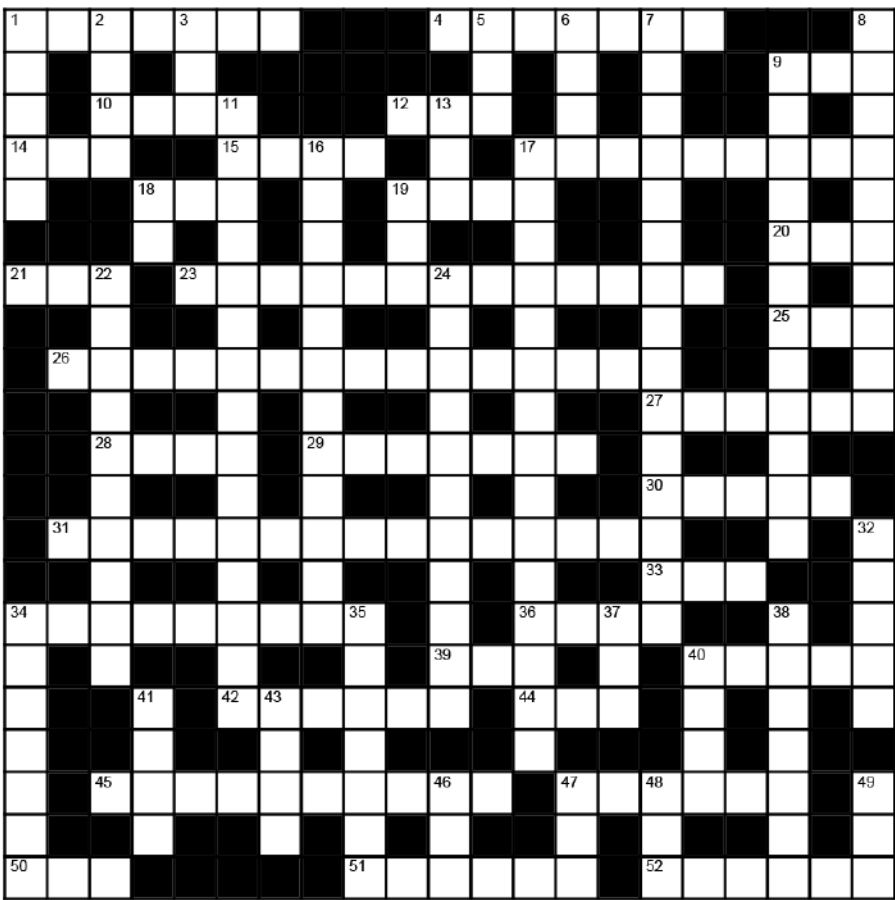
* Facial Palsy

* TMJ syndrome

* Alzheimer's disease

Mind Twisters

Crossword Puzzle



- Across

1

Mysteries (7)

4

Copy (7)

9

Rock's Bon Jovi (3)

10

Burst of wind (4)

12

U.P.S. delivery: Abbr. (3)

14

Adam's madam (3)

15

"Dear" advice-giver (4)

17

Reddish-orange (9)

18

Islamabad's country: Abbr. (3)

19

Seed coat (4)

20

G.R.E. takers (3)

21

Down with the flu (3)

23

Pink slip (7-6)

25

Modern: Ger. (3)

26

Without delay (2,3,4,2,1,3)

27

Nash and others (6)

28

Coal unit (4)

29

It's touching (7)

30

City near Syracuse (5)

31

No matter what (4,4,2,5)

33

Marshal at Waterloo (3)

34

Supersized (9)

36

Loudness unit (4)

39

C.P.R. expert (3)

40

Some showdowns (5)

42

Come____ (6)

44

Caustic chemical (3)

45

Flank alternative (10)

47

Aches (6)

50

Albanian money (3)

51

So very much (6)

52

Kind of beetle (6)
- Down

1

"Oklahomal" aunt (5)

2

"Come Back, Little Sheba" playwright (4)

3

Fire starter? (3)

5

Russian fighter (3)

6

"Bye" (4)

7

Big bang creator (15)

8

Stewed (2,4,4)

9

See circles (4,8)

11

"Relax!" (4,1,4,6)

13

Plop preceder (3)

16

Arduous (12)

17

Spotless (5,2,1,7)

18

... (2)

19

Novelist Rand (3)

22

Tots (6,4)

24

Halloween correspondent? (11)

32

"No bid" (1,4)

34

Blanket (7)

35

Let out (7)

37

Bill ____, the Science Guy (3)

38

"Look out!" (5-2)

40

Christian name (4)

41

Blood type, briefly (4)

43

Residents: Suffix (4)

46

"__ Believer" (3)

47

"Way to go!" (3)

48

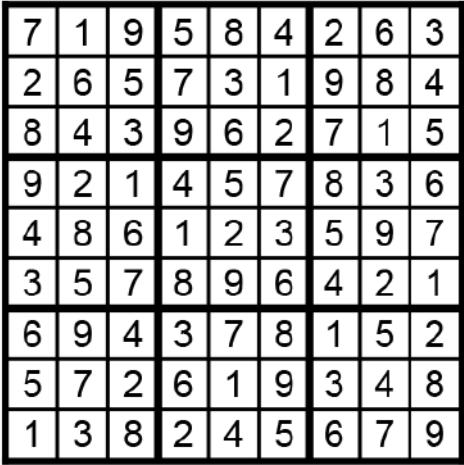
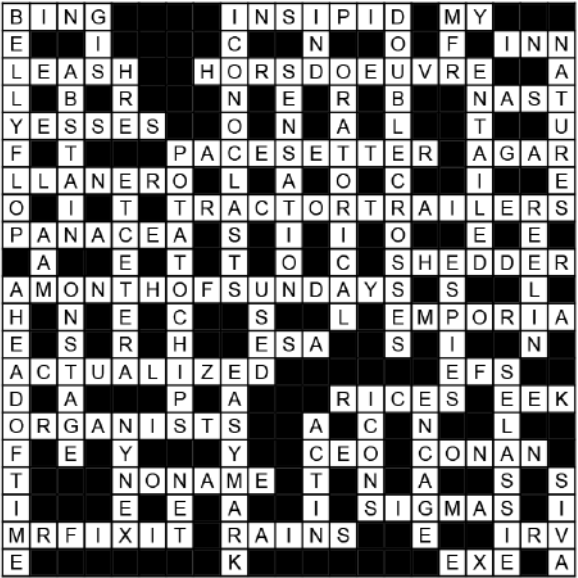
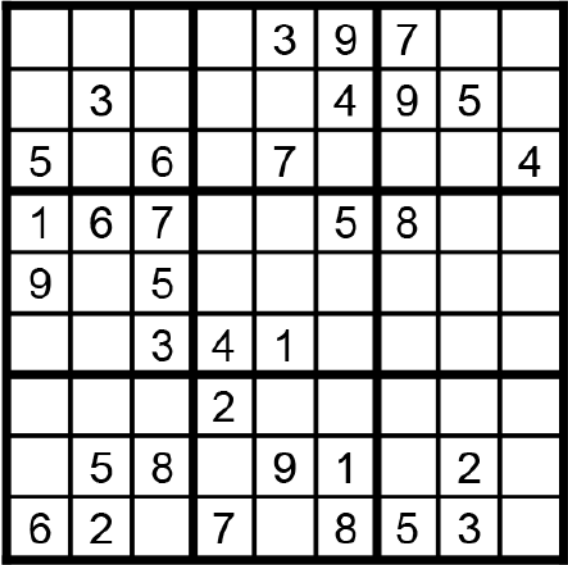
Flight coordinators: Abbr. (3)

49

Banned pesticide (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JULY 28, 2020

All Signs: Saturn is in its own sign Capricorn from December 2017 to December 2020. Saturn represents the status quo, government plus borders and boundaries.

Like a sneak preview, Saturn slipped into the next sign Aquarius in March this year, then returned to Capricorn three weeks ago. In mid-December, Saturn will move into

Aquarius again, this time to stay until 2023. This heralds a huge change. Change and innovation are coming.

Aries the Ram (March 21-April 20): You have lots of energy because your ruler Mars is in your sign, where it will stay for the rest of year. Meanwhile, the placement of the Sun encourages lighthearted relationships, parties, social interactions, active sports, hot romance, entertaining diversions, and fun activities with kids. Note: The end of the week is an accident-prone time for your kids, so pay attention to everything. That also will be the classic time for sudden changes in social situations – surprise invitations or cancellations.

Taurus the Bull (April 21-May 20): Life is good. You can attract money to you now. In fact, many of you are spending more money than usual. You have a strong focus right now on home, family, and your private life. Be patient with parents and authority figures. Meanwhile, you have a busy pace this week because short trips, conversations with others plus reading, writing, and studying will fill your time. Near the end of the week, avoid arguments, which are just power struggles.

Gemini the Twins (May 21-June 20): Your busy pace continues this week because you have an ambitious To Do list. Not only are you reading and studying more than usual but also talking to siblings and neighbors plus taking little diversionary trips. Many of you will have financial discussions with others. With Venus in your sign now, of course you are charming and diplomatic

with everyone. You are also very goal oriented at this time, which is why you are thinking about your priorities for the future. Toward the end of the week, avoid financial arguments and be extra vigilant to avoid accidents.

Cancer the Crab (June 21-July 21): It is still about money, possessions, and assets for you this week. Please be aware that toward the end of the week, surprise, or something unexpected will impact your earnings, your wealth, or your possessions. (You might find yourself at odds with a partner or close friend.) No matter what happens, you will work hard to achieve your goals. Please be mindful and aware and do not ignore or overlook the needs of others, which is certainly not your style – but right now you mean business.

Leo the Lion (July 22-August 22): You are blessed this week with the Sun in your sign giving you a chance to re-energize and replenish yourself. Relations with friends and groups are warm and friendly because Venus makes you loving and affectionate with others. You continue to want to travel or explore and expand your horizons in some way, which is why you want to get out and do something different. However, be aware that as the weekend approaches something sudden or unexpected might upset your routine.

Virgo the Virgin (August 23-September 22): You will continue to prefer to stay in the wings, working alone,

or behind the scenes. You're not being antisocial – it's just your preference. Fortunately, relations with parents, bosses, and VIPs are smooth because they see you in a positive light. Many of you are hanging out with younger people, which is why you might be enthusiastic about new ideas. Disputes about shared property, inheritances, and insurance issues are still in the picture. This could be because of something that catches you off guard at the end of the week. All is good.

Libra the Scales (September 23-October 22): This is a social week because you want to enjoy the company of friends and groups. Nevertheless, with fiery Mars opposite your sign in your House of Marriage and Partnerships, you must remain calm when dealing with those who are closest to you. They might seem to be annoying. Enjoy whatever is good in life all around you and be patient with others. Remember: You will never again be as young as you are today.

Scorpio the Scorpion (October 23-November 21): The Sun is still at the top of your chart casting you in a flattering spotlight. (Remember that this happens only once a year for four weeks.) This makes you look wonderful in the eyes of others, especially bosses, parents, teachers, and VIPs. Nevertheless, steer clear of discussions about politics, religion, and racial issues because arguments might arise, especially toward the end of the week. You are working hard.

This might also contribute to an argument with an authority figure by the weekend.

Sagittarius the Archer (November 22-December 21): Life is an adventure lately, which is why you want something exciting to happen. You want to travel and learn new things. Fortunately, relations with partners and close friends are lovely because fair Venus is opposite your sign this week. However, travel plans or matters related to publishing, media, medicine, and law might surprise you or catch you off guard suddenly toward the end of the week. Your high-energy will continue (as it will for the rest of year), which is why you are seeking ways to express your creative talents.

Capricorn the Goat (December 22-January 19): This continues to be an intense week for you, perhaps because things are topsy-turvy at home where something is happening to create increased activity, chaos, or uncertainty for you. Fortunately, relations with coworkers are excellent. Having said that, toward the end of the week, you might be at odds with a partner or close friend, possibly because of a sudden upset that impacts inheritances, shared wealth, or the resources of your partner. Fear not, with lucky Jupiter in your sign, you have divine protection.

Aquarius the Water Bearer (January 20-February 18): Continue to respect your need for more sleep and more rest

because this is your reality. You are functioning on slightly less energy. Admittedly, your communications with others are forceful because you have a way with words. (Some not have way.) Despite your lower energy, you have many opportunities for fun this week. Creative activities are favored because you need to express yourself. It's also easier to relate to kids, hence, this is a great week for games and fun. Avoid arguments and upsets with partners and close friends at the end of the week.

Pisces the Fish (February 19-March 20): You will continue to bust your buns this week because you want to get a lot done. You are setting yourself high personal standards. Some of this energy will spill over into efforts to redecorate and tweak your digs. You will also enjoy entertaining at home because you feel warm and social. Caution about spending too much money, which you might be tempted to do. Toward the end of the week, upsets at work might occur.



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Sewa International donates to frontline workers



BY STEPHANIE GERTSCH

The Sanskrit word "Sewa" means helping others, and on Wednesday July 22, volunteers from nonprofit organization Sewa International lived up to that meaning by donating 500 lunches to frontline health workers at Kaiser Permanente in Fremont. Funds were raised by Sewa's Youth Wing, via online games.

Student volunteer Risha Jain, explained, "We raise money through a website called 'Games for Corona' that was created by teenagers for everyone. How it works is we

have people sign up and we play Pictionary. The point is to relieve boredom that many people suffer while stuck at home and at the same time, raise money. We get \$10 for every single signup, but other donors double our money. So that's how we were able to pay for all of the pizzas here for our heroes, the frontline workers."

Bay Area chapter coordinator Uptal Dixit said, "We have served more than 20,000 hot meals. Today, it's going to be 1,000 more. We're also helping with grocery bags for people and hygiene kits. We've already helped with 75,000+ face masks; out of those, 10,000+ are

N95s." Sewa's local chapter supports the Bay Area by assisting people affected by COVID-19 and natural disasters. They also help underprivileged communities, especially in the East Palo Alto area, providing after school programs to kids.

A representative from Kaiser thanked the organization for their compassion and kindness. "Well you guys are the ones saving lives," replied a student.

You can learn more about Sewa International and make a donation at <https://sewausa.org/>.

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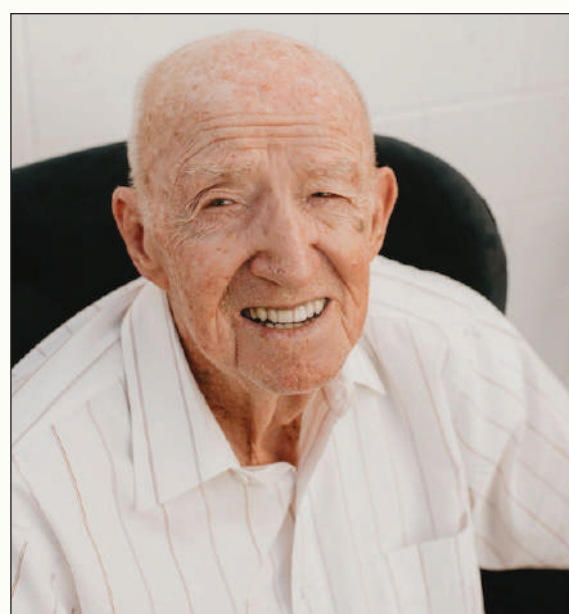
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Guy Wilkins, Jr. celebrates 100 years



SUBMITTED BY KIM C. WILKINS

Guy Wilkins' children will hold a celebration for his 100th birthday on August 1, 2020. Originally, it was planned as a huge party, but the outbreak of Covid-19 meant the event had to be scaled down. However, there will be a drive-by parade, an honor guard from the VFW (Veterans of Foreign Wars), a reporter from KSL-TV and a birthday greeting from Senator Mitt Romney.

Wilkins was born in Texola, TX on August 1, 1920. He married Norma Fowler on August 21, 1944 and they had five children: Dave (Judy), Dan (Louann), Kathy, Guy (Sue) and Mike (Kim). Now he has 20 grandchildren, 45 great grandchildren and four great-great grandchildren.

During WWII, Wilkins served in the US Navy at Pearl Harbor, Marshall Islands, Guam, Midway, Aleutian Islands, Okinawa and several other South Pacific Islands. Wilkins earned his engineering degree from the University of Texas where he was a member of the honor fraternity Tau Beta Pi for

engineers and Pi Tau Sigma for mechanical engineers.

Before retiring in 1985, Wilkins worked for Conoco Oil in Louisiana and for Leslie Salt in Salt Lake City, UT and in Fremont, CA. He is considered the world-wide expert on solar salt and solar salt harvesting, and supervised the building of a plant in Port Hedland, Australia which was the largest salt plant in the world at the time. Over his long career, he has engineered and built solar salt harvesters that have been sent to India, Morocco, Turkey, Tanzania, Arizona and Bulgaria. For his accomplishments, he was honored at the World-Wide Salt Symposium held in India and again in Park City, UT.

A life-long golfer, Wilkins has had three "holes in one" and won his age group for 15 years at the Senior Games in St George, UT. He last played 18 holes at the age of 97 and continued to "hit a bucket of balls" at age 98.

Wilkins is a member of the Church of Jesus Christ of Latter-Day Saints.

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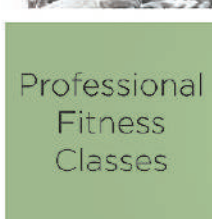
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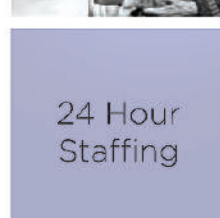
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ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

“Blue” has an unfortunate association with sadness. When people feel blue or has the blues, they are depressed. However, not every relationship with blue is linked to sorrow. Listening to “Blues” music is enjoyable for many people. Wealthy people or descendants from royalty like to refer to themselves as blue bloods, believing the term gives them status. Plants with blue foliage or flowers can uplift the spirit.

Colors are enjoyed for their amazing quality to elicit feelings. Sometimes, as in the case of plants with blue foliage, the reactions to them are rooted deep in the past. A ribbon of blue plants subconsciously reminds someone of the same impression of depth and mystery they and people for eons have imagined when they look at the vast blue ocean or stare up at the big blue sky. People, based on observations since prehistoric times, have become hardwired to getting a sense of coolness from blue even though blue flames in a fire are much hotter than orange ones. Instead, people have always associated blue with ice and water that subsequently put out fire. Blue plants support this theory as they make the garden feel cooler.

Plants that have blue foliage or blue flowers are rare throughout the entire plant kingdom in part because there is no true blue pigment in plants. Blue flowers or foliage come from the plant manipulating red anthocyanins

pigments through internal chemical processes. Insects and birds can see the color blue, so blue plants do not have a disadvantage in the wild or in a home garden. Although uncommon in nature, there are numerous bred plants with blue flowers or blue foliage that are readily available to purchase.

Sometimes people are afraid to plant succulents and cacti because they bring a hot and dry feel to the garden. However,

Most cacti in the *Opuntia* genus are green, but a few varieties are brilliantly blue. Many green *Opuntias*, also known as prickly pears, are grown for their sweet tasting pear shaped fruit or their slightly tart tasting pads, and not as an ornamental plant, while the blue varieties are grown for show. Pale blue pads which are outlined by purple edges and orange spines produce bright yellow flowers that complete the feast for the eyes.

Although there are other cacti genera that have blue varieties, the plethora of sharp spines can get a cold reception. This is when blue succulents, agaves, and aloes can be used. *Senecio serpens*, *Agave tequilana*, and *Aloe “Blue Elf”* will invite interest into the garden by creating contrast between their



Photo Courtesy of DeFacto



one of the easiest ways to cool the tone of a garden down is to plant some blue cacti. There is a genus of columnar cacti called *Pilosocereus* that has several species of bright turquoise blue. Some have subtle white or glowing orange spines that contrast with the blue stems making them look spectacularly unreal.

blue hues and the green tones of the other plants.

A blue star has at least three times the mass of the sun and it's fair to say that the small blue star-shaped Borage flower has at least three times more of an impact in the garden than other flowers of a similar size. The bright blue flowers attract the

eye as well as every bee in the vicinity. Borage, also called starflower, has edible leaves that have numerous culinary applications and medicinal properties.

It is hard not to be passionate about *Nigella*, aka Love-in-a-mist. This low water use perennial wildflower gets its common name from the thin

fennel-like foliage that forms a “mist” around its icy blue flowers. *Nigella*, once established, will set seeds that will produce new plants every spring to be admired by people and adored by the bees.

The Himalayan Blue Poppy, *Meconopsis betonicifolia*, is a plant from the mountains of southeastern Tibet that produces gorgeous blue flowers. Growing this plant from seeds can be difficult but it is worth a try if someone elevates their gardening knowledge and creates the right conditions. It will need a place in the garden that is cool, shady, and slightly humid. A person who is successful growing this flower will find their garden quickly climbing to the top of must-see gardens in the neighborhood.

Atlas, in Greek mythology, was given the punishment of carrying the weight of the heavens on his back. The “Atlas Blue” Cedar has no such chastisement, even though it can bear the task of being the focal point in a garden. There are semi-dwarf, weeping, and standard varieties. These slow-growing trees, six to twelve inches per year depending on the type, have young greenish blue needles that mature into blue that rivals the color of the heavens.

Introduce some blue plants to the garden and see how cool it can be.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



THE ACWD CONNECTION

Free Water Education Workshop for Tri-City Teachers

ACWD is excited to partner with Project WET this fall to offer a FREE Water Education Workshop for Tri-City teachers. This online interactive workshop will provide teachers with valuable distance learning activities to engage K-12 students in water education. Activities meet Common Core/NGSS requirements. All attendees will receive a free guidebook filled with STEAM activities and service learning ideas.

Workshop Intro: Thursday, September 17, 2020 - 3:30 p.m. to 5 p.m.

Workshop: Saturday, September 26, 2020 - 9 a.m. to 2 p.m.

Register today at: www.acwd.org/watereducation

*Workshop schedule subject to change



project WET
WATER EDUCATION TODAY



Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City





We speak the following languages:
English, Mandarin, Cantonese, Shanghainese, Spanish, Indonesian,
Hindi, Telugu, and Romanian

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Ratna N. Sie, DMD

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2701 Decoto Road, Suite 4, Union City, CA 94587

Mission Palm Dental (510) 656-6868
43625 Mission Blvd., Suite 208, Fremont CA 9539

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Dedicated to Excellence



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE
Find Kid Scoop on Facebook
© 2020 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 36, No. 34

Kid Scoop Together: Legendary Fun

Work with a family member to answer these questions and do some drawings, too!



COLOR ODIN

ODIN AND THE NORSE GODS

The people of Northern Europe are sometimes called the Norse. Long ago, the Norse people believed in many gods and goddesses. Let's meet some!

Odin was one of the Norse gods. It was said that he created the universe. He was the god of magic, wisdom, war, poetry, and the alphabet.

A Norse origin myth says that Odin and his two younger brothers, Vili and Ve, killed the frost giant Ymir. They used Ymir's bones, blood, and flesh to form the universe.

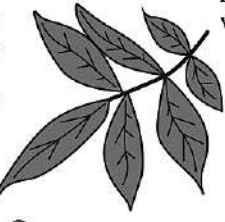
The goddess Frigg was Odin's wife and she alone could sit with him on his high seat, or throne. She was the goddess of motherhood and had the power to tell the future.



COLOR FRIGG



Legend says that Odin created the first man and woman from two different trees. Circle every third letter to discover what kind.



K E B L Y M S T V R L E R E
E

D A L S K H N T M R J E W E
A

ODIN'S ANIMALS

Odin is often pictured with two ravens, two wolves and an unusual horse. Write the letter that comes before each letter of the alphabet below to find out what was unusual about Odin's horse.

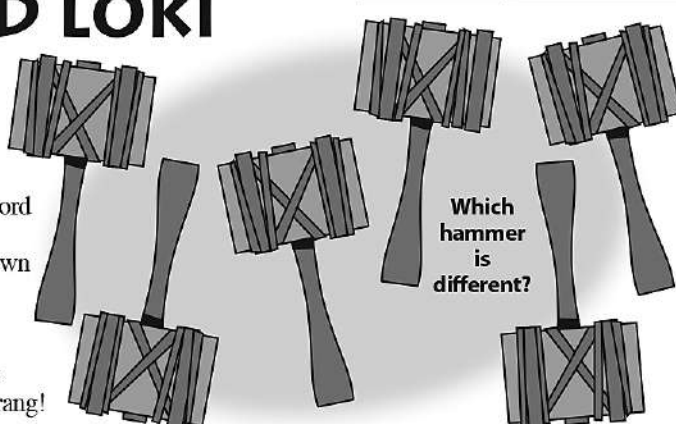
J U T B E
F J H T U M F H T

THOR AND LOKI

Odin and Frigg had two sons: Thor and Loki. Loki was a mischievous trickster who often caused trouble.

Thor's name was the Germanic word for thunder. He was a very strong warrior. In pictures he is often shown as a large man with a red beard.

Thor had a magic hammer called Mjolnir. He could throw it and it would return to him like a boomerang!



Which hammer is different?

ASGARD

Odin created a city for the gods called Asgard. It was connected to the world of humans by a rainbow bridge.

Heimdall was the guardian of the gates of Asgard. He guarded the rainbow bridge and needed very little sleep. He could hear grass grow. He could hear the wool on a sheep grow. He could see over 300 miles.



Can you sneak past Heimdall and reach Asgard?

Extra! Extra!
Before and After

Look at a photo in the newspaper. Write a sentence or more telling what you think happened before the photo was taken. Write what you think happened after.

Standards Link: Use the newspaper to locate information.

Kid Scoop Puzzler

HOW ODIN LOST HIS EYE

Put this story in the correct order.

Odin took out his eye and was able to drink from the well to gain wisdom.

Mimir, the wise being that guarded the well, said Odin had to sacrifice an eye before he could drink from the well.

Odin always looked for wisdom.

Odin is often shown with one good eye.

He visited the Well of Urd which held the waters of wisdom.

Double Double Word Search

HEIMDALL
UNIVERSE
ALPHABET
RAINBOW
WISDOM
ORIGIN
ASGARD
MAGIC
FRIGG
NORSE
GRASS
BONES
WELL
ODIN
THOR

Find the words in the puzzle. How many of them can you find on this page?

G O T E B A H P L A
D S U O O O L L E W
F N N N R W A A S O
N E O I I D R S S B
S I G S M V A G N N
E I D I A R E A O I
N O E O G M Y R R A
M H F R I G G D S R
T H O R C T H S E E

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop VOCABULARY BUILDERS

This week's word:
ORIGIN

The noun **origin** means the point or place where something was created.

The **origin** of the tradition was unknown.

Try to use the word **origin** in a sentence today when talking with friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Gods Seeking Work

Look through the Help Wanted ads in the newspaper and find what you think would be a good job for each of the gods on today's Kid Scoop page. Explain why each god is well suited to each job's requirements.

Standards Link: Language Arts. Identify homonyms.

WHAT DO YOU CALL A SUPERHERO THAT WRITES NOVELS?

ANSWER: Author

Write On!

Exaggerate

I can jump from planet Earth to Mars. I'm so hungry I could eat a horse. Make up your own exaggerations.



City of Fremont Establishes a Temporary Limit of 15% on Fees Charged by Third-party Food Delivery Companies



The City of Fremont has issued Executive Order, “EO 2020-07,” (<http://fremont.gov/ExecutiveOrder2020-07>) establishing a temporary limit of 15% on fees charged to restaurants by third-party food delivery companies to support restaurants in Fremont during the COVID-19 pandemic. The Statewide Shelter-in-Place Order has placed a sudden and severe financial strain on local restaurants, particularly those that already operate on thin margins, contributing to financial pressures in the industry that predate this global pandemic. On July 13, 2020, the Statewide Public Health Officer issued an updated order further restricting dining activities in many counties throughout the state, to include Alameda County. On Tuesday, July 21, 2020, at the urging of the Fremont City Council, City Manager Mark Danaj has issued an emergency executive order to assist local businesses by capping fees delivery service providers can charge qualifying restaurants.

Takeout and delivery orders are currently one of the primary sources of revenue for restaurants and are vital to their business during this crisis. Many consumers are using third-party mobile delivery applications and websites more frequently during the stay-at-home order

for delivery and takeout restaurant orders. Third-party companies that provide mobile delivery services charge participating restaurants a series of fees, which can range from 10% to 30% of the purchase price in total per order. Restaurants have limited bargaining power to negotiate lower fees with third-party platforms and capping the per-order fees at 15% will ease the financial burden on struggling restaurants during this emergency while not overly burdening third-party platforms. State anti-gouging laws do not provide any protections in the market for food delivery services.

It is also unclear how quickly restaurants will be able to rebound from the COVID-19 pandemic due to many uncertainties, including lower service capacity, new safety and sanitation requirements, and how quickly patrons will return to restaurant dining. Additionally, if food providers begin to close as a result of high fees, restaurant workers will lose employment, thereby affecting their ability to provide for their families. It is anticipated restaurants will continue to see a significant loss of revenue for an ongoing period of time.

“Businesses are hurting across the country. Fremont is issuing these regulations on third-party delivery service providers to help our city’s small businesses during COVID-19,” said City Manager Mark Danaj. “These fees often have a disparate impact on restaurants, most notably those which are small and independent. This is a temporary measure which will be in effect through the duration of the local emergency, and we hope it will provide much needed relief to our local businesses.”

As stated in the Executive Order (<http://fremont.gov/ExecutiveOrder2020-07>), the new regulations are effective immediately and apply to all

third-party food delivery service providers that offer or arrange the sale of food and beverages prepared by, and the same-day delivery or same-day pickup of food and beverages from restaurants offering online orders over the internet within the city of Fremont. Specific regulations in the Executive Order include, but are not limited to:

- Third-Party Food Delivery Service shall not charge a restaurant a fee for the use of its services that totals more than 15% of the purchase price of such online order.
 - Purchase price means the menu price of an online order. Such term therefore excludes taxes, gratuities, and any other fees that may make up the total cost to the customer of an online order.
 - Each receipt generated by the Third-Party Food Delivery Service for either the customer or the Covered Establishment shall clearly state the fees charged, the gratuities paid, and any discounts offered by the restaurant.
 - The City will provide a grace period between July 23, 2020 and July 31, 2020, provided the Third-Party Food Delivery Service refunds the portion of the fee that exceeds 15% of the purchase price to the restaurant prior August 7, 2020.
 - This order shall terminate automatically on the date that the Fremont City Council terminates the local emergency related to COVID-19. The restoration of dine-in restaurant service does not terminate this order.
- For more information and updates on how the City of Fremont is monitoring the Coronavirus Disease 2019 (COVID-19), visit our Coronavirus webpage at www.Fremont.gov/Coronavirus. General updates will be made to the City’s social media accounts on Facebook, Nextdoor, Nixle, and Twitter; follow our channels at www.Fremont.gov/SocialMedia.

City of Fremont Invites Community to Register for Engage Fremont Public Virtual Group Discussions

Two public interactive discussion group meetings will be convened to provide opportunities for community members to engage in facilitated discussion and dialogue with each other and with City staff. The majority of the meeting time will be spent in virtual breakout groups with facilitators to enable in-depth discussion and dialogue. For that reason, each meeting is limited to 50 participants. Registration is first come first served and available online at <https://www.eventbrite.com/e/engage-fremont-community-conversation-on-policing-in-fremont-tickets-111860772582>.

1. August 3, 2020 - 6 p.m. to 8 p.m.
2. August 4, 2020 - 3 p.m. to 5 p.m. (please note this is an updated time to better accommodate community availability)

The City of Fremont has long been a leader in progressive policing practices and is committed to responding to this pivotal moment in our nation by working with the local

community to establish a shared vision of public safety that serves everyone equitably. More information can be found at FremontPolice.gov/Engage, including the results of the survey, the status of the engagement activities, and highlights from each meeting when available.



Photo taken at 2019 National Night Out

City of Fremont Embarks on First Parks and Recreation Master Plan in 25 Years

Shape the Future of Parks & Recreation in Fremont

PARKS & RECREATION MASTER PLAN

Virtual Public Input Meetings

TUESDAY, JULY 28, 6-7 P.M.
SATURDAY, AUGUST 8, 10-11 A.M.
WEDNESDAY, AUGUST 12, 10-11 A.M.

INVENT Fremont PARKS

The City of Fremont is embarking on a journey to create a new comprehensive Parks and Recreation Master Plan to provide guidance on how to meet the demands for future recreational, programming, environmental, and maintenance needs, as well as to establish priorities for facility improvements, future park development, and land acquisitions. Fremont residents are invited to join in the process, which will be led by the Community

Services Department, as the City seeks feedback from all ages in our community about Fremont parks and how residents would like to recreate in the future. “Diverse and vibrant parks, trails, special events, and recreation offerings are essential parts of our thriving community to provide healthier lifestyles, greater equity of access, and to stimulate economic development,” said Mayor Lily Mei. “Fremont has become an increasingly multicultural and

innovative community in the last 25 years and this Master Plan will better position our city to be the community of choice for individuals and businesses in the years to come.”

The City has hired PROS Consulting, INC. a leader in parks and recreation consulting nationwide and their Principal, Neelay Bhatt will be leading this project along with a team from San Francisco-based WRT and ETC Institute from Kansas City. Bhatt states, “There is hardly a community of this size nationwide that can claim to have such a rich offering of parks, trails and open spaces including, the crown jewel, Central Park. Our goal is to engage the community in the most inclusive and innovative manner possible and to let the community’s values and unmet needs drive the priorities for Fremont’s future.”

The City will conduct three virtual public input meetings to gather feedback from residents. These meetings will be open to the public and seek to engage the Fremont community while obtaining their input through live polling, Q&A, and public comments. To maximize engagement from participants, the following meeting schedule is in place with varying days and times:

- Tuesday, July 28 from 6 -7 p.m.
Saturday, August 8 from 10 – 11 a.m.
Wednesday, August 12 from 10 – 11 a.m.

“During the meetings, we will introduce the Master Plan and engage the community through creative online mediums designed to boost public input. We look forward to the Fremont community participating to the fullest extent possible to help guide our efforts to improve Fremont’s vast park system and plan for the future of our parks and recreation services, including prioritizing projects, maintenance, policy, and funding,” said Community Services Director Suzanne Wolf.

The consulting team has also developed an ADA-accessible, multilingual crowd-sourcing website to guide this project at www.InventFremontParks.com. “This site will serve as the one-stop shop to provide all plan updates, list meeting dates, host online surveys and provide the community opportunities to continue sharing their feedback throughout the planning process. Additionally, those who are unable to attend the virtual public meetings can also view the recordings of the meetings and share their feedback later,” said Bhatt.

Meetings with key City leaders and user groups have already taken place with the focus now on the virtual public meetings, which will be followed by a statistically-valid survey mailed to a random sample of Fremont residents.

Registration for the Virtual Public Meetings is available at www.InventFremontParks.com.

Celebrate launch of Mars 2020 Perseverance Rover



SUBMITTED BY MARY CATHERINE FRANZ

NASA's Mars 2020 Perseverance Rover will begin its journey to the Red Planet on Thursday, July 30 at 4:50 a.m.

As part of NASA's long-term effort of robotic exploration of Mars, the rover will seek signs of habitable conditions, search for signs of past life and collect samples for analysis on Earth. The Mars 2020 spacecraft with its Perseverance Rover will launch on an Atlas V-541 rocket from Launch Complex 41 at Cape Canaveral Air Force Station, Florida.

Chabot Space & Science Center encourages the public to learn more about the Mars 2020 Mission with a suite of live events.

Mars 2020 Perseverance Rover Launch Watch Party

Wake up early and watch along with Chabot's astronomers virtually as we witness this historic launch!

Astronomers from Chabot Space & Science Center will be watching along and responding to questions in the comments. We invite our community to join us for questions, conversations and celebrations of this landmark launch.

The launch is scheduled for 4:50 a.m. There is a possibility that the launch will be postponed, so be sure to check Chabot's website and Facebook event page for updates.

NASA Talk: Advanced Materials and Technologies for NASA's Mars 2020 Mission and Beyond

Join NASA Aerospace Engineer Dr. Lauren Abbott on Facebook Live for a closer look at the Mars 2020 Perseverance Rover and the technologies that enable Perseverance to make the journey to Mars!

NASA's Mars 2020 Mission will land the Perseverance rover in Mars' Jezero Crater on February 18, 2021. Perseverance boasts a sophisticated design with a suite of cutting-edge instruments that will allow it to tackle some ambitious science goals: (1) Seek potential biosignatures or signs of past microbial life and (2) Characterize the planet's climate and geology looking for evidence of ancient habitable environments. But what technologies are needed to get to Mars?

We will overview the technologies that enable Perseverance to make the roughly seven-month journey to Mars, starting with the launch on an Atlas V-541 rocket and ending with the landing of the Perseverance rover on the surface of Mars using the sophisticated Entry, Descent, and Landing System. We will then take a closer look at the thermal protection materials that make up the spacecraft's heat shield, which keep the spacecraft and rover safe during entry into Mars' atmosphere. Lastly, we will take a peek at a few of the challenges that lay ahead for the future of Mars exploration.

Mars 2020 Perseverance Rover Launch Watch Party R
Thursday, Jul 30
4:00 a.m. - 5:30 a.m.
RSVP on Facebook
<https://www.facebook.com/events/267639117866918/>
<https://chabotspace.org/events/events-listing/>

NASA Talk: Advanced Materials and Technologies for NASA's Mars 2020 Mission and Beyond
Friday, Jul 31
8 p.m. - 9 p.m.
Facebook Live:
<https://www.facebook.com/events/639753440281606/>
<https://chabotspace.org/events/events-listing/>

Stuff the Bus

SUBMITTED BY SHIRLEY SISK

On Saturday, August 15 from 9:30 a.m. - 4:30 p.m. a big yellow Fremont Unified School District bus will be in front of the Albrae Street Walmart in Fremont. In this economy and now with COVID-19, it is very difficult for many local families to purchase all the items on the list of supplies that students need for school. The list includes:

Pencils – 3 Ring Binders – Notebook Paper – School Scissors – Rulers – Kleenex – Hand Sanitizer – Crayons – Spiral Notebooks – Erasers – Highlighters – Glue Sticks – Colored Pencils & Markers – Pocket Folders – Pencil Pouches

Even if they are learning at home, children will need help with much-needed supplies. Come by Walmart and help “Stuff the Bus.” Kiwanis volunteers will be on hand to accept your donations and you can receive a tax-deductible receipt from the Kiwanis Club of Fremont Foundation – the nonprofit arm of Kiwanis Fremont. Club members are honored to provide this service on behalf of the children of Fremont.

If you don't have time to shop, bring a check made out to Kiwanis Club of Fremont Foundation marked “Stuff the Bus” and a volunteer will make a purchase for you. All donations will be turned over to the School District for distribution.

For more information about donating or volunteering, call Chip Koehler at (650) 862-7901.

Stuff the Bus
Saturday, Aug 15
9:30 a.m. - 4:30 p.m.
Walmart: 40580 Albrae St., Fremont
(650) 862-7901

Keep the Summer Activities Rolling

Upload your Kindness Journal to BiblioBoard
bit.ly/acilibrary1

Discover something new about Alameda County

Recreate a scene from your favorite book

Learn about the census
bit.ly/acilibrary4

Call someone you haven't spoken to recently

Learn about redlining
bit.ly/acilibrary17

Create a 20-second song for washing hands

Spend the day outside

Help someone register to vote
bit.ly/acilibrary5

Sing a song with your neighbor

Help someone get a library card
bit.ly/acilibrary16

Make a sound map of your neighborhood

Learn about the founders of Black Lives Matter
bit.ly/acilibrary15

Explore a cause that is meaningful to you
bit.ly/acilibrary10

Participate in an Online Program
bit.ly/acilibrary2

Hug yourself

Design a face covering that shows your smile

Talk with a Librarian using AC Library Live Chat
bit.ly/acilibrary3

Read a magazine or newspaper from a different country in Press Reader
bit.ly/acilibrary13

Build a found object sculpture

Learn 5 phrases in American Sign Language using Pronunciator
bit.ly/acilibrary9

Locate food distribution and services in your neighborhood
bit.ly/acilibrary11

Give someone a compliment

Write or draw a new ending to your favorite book

Tell someone a story

Curiosity sparked or have a question for a librarian?
Reach out to us online at <http://answers.acilibrary.org/> or call at (510) 745-1500

Stay connected to the Alameda County Library with our new summer program.

Learn, laugh, and explore with the activities on this game board. All ages welcome to participate. Share your efforts to win weekly prizes!

1. Pick any activities you want to do on the game board.
2. If any of the activities on the game board don't work for you or your family, replace them with one of the alternate activities. Every activity can also be replaced by reading or listening to a book, magazine, graphic novel, etc.
3. For entry in the weekly prize drawing share one story/video/photo/drawing inspired by an activity from the game board. Drawings will be held every Friday from June 19th – August 21st. Share each week through our website at acilibrary.org/summer or submit through mail (Alameda County Library, Attn: Kind, Connected Summer, 2450 Stevenson Blvd., Fremont, CA 94538).
4. Don't forget to pick up a Kindness Journal from the library or print from our website at acilibrary.org/summer.

Alternative Activities

Discover a new taste	Answer a question with a question	Learn a new word	Dig in the dirt
Build a fort	Tap out a rhythm	Go on a scavenger hunt	Try to rhyme for a long time
Talk about feelings	Sing or dance	Tell a story with an object	Explore a new texture

Affordable Housing Opportunities

SUBMITTED BY CITY OF FREMONT

City of Fremont continues to provide affordable housing opportunities for the community. Several opportunities will be available in the coming months. Through the city's First Time Homebuyer Program, the city can offer below market price homes for sale to eligible buyers.

To be eligible for this program, applicants must not have owned a home within the last three years; must currently live or work in Fremont; and must meet certain income requirements. To receive emails when homes become available, sign up for the First Time Homebuyer Program Interest List at www.fremont.gov/list.aspx?ListID=343. For units targeted for seniors, sign up for the Senior Affordable Housing Interest List at www.fremont.gov/list.aspx?ListID=338.

For more information, call the city's Housing Division at (510) 494-4500 or email housing@fremont.gov or visit www.fremont.gov/3436/First-Time-Homebuyer-Program.



DRIVERS FOR SURVIVORS, INC.

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Delivering Compassion!

Making a difference, one survivor at a time.

FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments

Drivers For Survivors provides this for ambulatory cancer patients living in the following designated areas of South, Central, and East Alameda: Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Ashland, Cherryland, Castro Valley, Dublin, Livermore and Pleasanton going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?
We can drive you for FREE!

Do you have occasional extra hours?
We always need more **volunteer-companion drivers...let's talk!**

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call **(510) 462-1100** or email

Outreach@driversforsurvivors.org

www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services



I need a Forever Home

Marky is a 2 year old male husky mix. Marky knows sit and shake, walks well on leash, but is a little timid and shy. Marky would do well in a home with previous husky experience. If interested in adopting please call Hayward Animal Shelter (510) 293 - 7200



Ron is a 10 year old male chihuahua who is friendly and social. He enjoys the company of people and dogs and playing with toys. Would do well in a home with children of all ages. If interested in adopting please call Hayward Animal Shelter (510) 293 - 7200

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

16 Barnes Court (Near Soto & Jackson)
Hayward

Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays

Live Science hosted by Chabot Space and Science Center R

11:00 a.m. - 11:30 a.m.

Science educator demonstrates explosive or thrilling reactions you can't do at home

Via Facebook Live or Zoom

<https://www.facebook.com/events/718947172008927/>

<https://chabotspace.org/>

Tuesdays

Free Virtual Sing-Along

7 p.m. - 8 p.m.

Zoom choir meeting hosted by Mission Peak Chamber Singers

<https://www.chambersingers.org/>

Contact: info@chambersingers.org

Tuesdays

Eden Eats \$R

6 p.m.

Virtual cooking class featuring community chefs

Via YouTube and Facebook Live

Sign up at:

<https://edeneats.square.site/about>

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.

Dinner time tunes, oddservations, and bad jokes

Via Facebook Live:

www.facebook.com/mudpuddlemusic

Thursdays

First Presbyterian Church of Newark Virtual Meetings

6:30 p.m.

Youth and young adults, students welcome

Contact: brian@newarkpres.org for Zoom Meeting ID#

www.newarkpres.org

Fridays through August 28

Summer Drive-Thru Grocery Giveaway

9:30 a.m. - 2:30 p.m.

Wells Fargo Building

3440 Walnut Ave., Fremont (via Sundale Dr.)

<https://www.tri-cityvolunteers.org/>

Sundays

First Presbyterian Church of Newark Virtual Meetings

11:00 a.m.

Sunday School, Ages K - 6th grade

Contact: office@newarkpres.org for Zoom Meeting ID#

www.newarkpres.org

Saturdays

Virtual Town Hall

3 p.m. - 4 p.m.

With Supervisor Dave Cortese

Via Facebook Live:

www.facebook.com/davecortese

UPCOMING

Tuesday, July 28

Trauma and Resiliency R

3 p.m.

Join Bay Area leaders and Bay Area Community Health to discuss opioid addiction

Register at:

<https://sforce.co/3gGB6RO>

<https://www.commonwealthclub.org/>

Tuesday, July 28

Small Business Guidance R

Learn about guidelines for businesses in Alameda County

3 p.m. - 5 p.m.

Register at:

<https://nc.eccenterdirect.com/events/46857>

Arts & Entertainment

NEED STORAGE SPACE?



50% OFF FIRST 2 MONTHS

On selected sizes only. New rentals only.
Excludes RV spaces

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(Behind FOOD SOURCE)

510-538-1536



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BBQ
COMPANY

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LIVE MUSIC/Dancing

Friday & Saturday 9pm - Midnight

Try Juicy Ribs
that Fall off the Bone,
Paul's 7 Month Brisket,
and Homemade Cornbread,
Sauces and Pies!

Happy Hour

SUNDAY

Football Brunch

\$1 Mimosas,
New breakfast skillet,
and breakfast burrito!

Mon.-Fri 2pm-6pm

Great Prices
Appetizers
and Drinks

WEEKDAY LUNCH SPECIALS

Mon - Fri 11am - 2pm \$13.99 each

Rib & Chicken Combo
Hot Link & Chicken Combo
Pulled Pork & Brisket Combo
Chicken and Bratwurst Combo
Chicken and Pulled Pork Combo
Pulled Pork & Hot link Combo
Pulled Pork & Bratwurst Combo

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Delivery/Pick-up
Available

510-713-1854

www.smokingpigbbq.net

3340 Mowry Ave., Fremont

We want to hear from you!

Readers - You empower us to keep sharing stories about our vibrant East Bay community.

To keep providing relevant, informative, and heartwarming content, we want to know a little more about who you are and what you're reading in each issue.

Help us out by filling in our two-minute survey at <https://bit.ly/3if5hkj>. At the end, you can sign up to participate in a virtual focus group to share your feedback in depth.

The survey is also available on the Tri-City Voice Facebook page.

Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

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about the Bookmobile call
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www.aclibrary.org/book-
mobile

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday

12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

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Renew books by phone
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For more information
(408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Tuesdays, July 28 - August 11

COVID-19: A Guide for Business & Industry R
5:30 p.m. – 7:00 p.m.
Science-based approaches to succeeding in the age of COVID

Registration:
July 28 - Restaurant, Retail,
and In Person Service:
https://bit.ly/3hs7mIG

August 4 - General Small Businesses:
https://bit.ly/2OQxRLP

August 11 - Industrial, Manufacturing,
Warehouse, Logistics:
https://bit.ly/30ER4FE

Wednesday, July 29

How To Negotiate A Lease R
Figure out whether it's better to negotiate your lease or buy a new building
3 p.m. – 5 p.m.
Register at:
https://nc.ecenterdirect.com/events/46875

Wednesday, July 29

Cocktails and Conservation: Lube Bat Conservancy
5 p.m. – 6 p.m.
Learn about Oakland Zoo's conservational partners at a virtual happy hour
Via Facebook Live:
https://www.facebook.com/events/1168610930158882/
https://www.oaklandzoo.org/programs-and-events/cocktails-conservation

Thursday, July 30

An historic evening with Holocaust survivor Irving Roth R
6 p.m.
90-year-old survivor recounts his experience at two concentration camps
Via Zoom
www.chabadfremont.com/historicevent

Thursday, July 30

Masterclass: The Storyteller's Greatest Secret part 2 R
10 a.m.
Register on ZOOM:
https://us02web.zoom.us/j/7639117866918/
https://chabotspace.org/events/events-listing/

Thursday, Jul 30

Mars 2020 Perseverance Rover Launch Watch Party R
4:00 a.m. - 5:30 a.m.
Wake up early and watch this historic launch along with Chabot Space astronomers!
RSVP on Facebook:
https://www.facebook.com/events/267639117866918/
https://chabotspace.org/events/events-listing/

Friday, Jul 31

NASA Talk: Advanced Materials and Technologies for NASA's Mars 2020 Mission and Beyond
8 p.m. - 9 p.m.
NASA aerospace engineer Lauren Abbott explains the Mars rover's technology
Facebook Live: https://www.facebook.com/events/639753440281606/
https://chabotspace.org/events/events-listing/

Friday, July 31

Funny Feud R\$
7:00 p.m. – 8:30 p.m.
Friends of Chabot College Foundation present interactive comedy relief
Register at:
https://fcccomedy.eventbrite.com
https://www.supportchabotcollege.org/events.php

Friday, July 31

Small Business Townhall with Treasurer Fiona Ma
11 a.m. – 12 noon
Facebook Live: https://www.facebook.com/AmKansenChu
Zoom: www.tinyurl.com/THKCMSA
Phone: 1-669-900-6833; Access code: 969-7085-2343

Friday, July 31

Encore Drive-In Nights \$
7 p.m. – 10 p.m.
Aeromith: a tribute to Aerosmith, with Hot For Teacher (Van Halen tribute) and Invincible (Pat Benatar tribute)
Register at: https://bit.ly/2ZUvnLR
Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton
www.alamedacountyfair.com

Friday, July 31 – Sunday, August 2

10th Anniversary of the Berkeley Community Media 48 Hour Summer Shorts Movie Jam
www.bcmvtv.org
Contact: levi.levine@gmail.com

Saturday, August 1

Dance Away Quarantine 2020 Dance Charity Workshop R
7 p.m. – 8 p.m.
Contemporary dance class by Lara Jean Sullivan, hospital fundraiser
Via Zoom
RSVP to lisadance04@yahoo.com (donations appreciated)

Tuesday, August 4

Neighborhood pop-up recreation: Paint Galore
11:00 a.m. – 12:30 p.m. (or while supplies last)
Create community with organized activities
Marabeau Park
35820 Haley St., Newark
https://www.newark.org/residents/advanced-comp/list-detail-pages/calendar

Tuesday, August 4

National Night Out Newark R
6 p.m. – 9 p.m.
Join police and community members via Zoom
http://local.nixle.com/alert/8126396/
Register by: Wednesday, July 29
For questions email
jada.chiu@newark.org

Saturday, August 8

Career Workshop R
1:30 p.m. – 3:40 p.m.
Panel discussions for FUSD and Ohlone students, with Mayor Lily Mei and Congressman Ro Khanna
Register at:
https://forms.gle/U9kq43qB2EntGxJXA
https://www.facebook.com/events/945813205831672/

Thursday, August 13

The Future of Employer-Sponsored Insurance R
10:30 a.m.
Learn about the employer-sponsored insurance market and the future of this coverage option
Register at: https://bit.ly/39qITkc

Friday, August 14

Black and White Ball R
6 p.m. (VIP experience starts at 5 p.m.)
Keynote honorees, entertainment, on-line auction
Virtual event, register at: https://driversforsurvivors.org/2020gala/

Saturday, August 22

Spaghetti Feed hosted by Hope On The Move \$
2 p.m. – 6 p.m.
Drive up fundraiser with pre-made spaghetti meals, homemade canned goods, and raffle baskets
Newark Pavilion
6430 Thornton Ave., Newark
https://www.facebook.com/events/sl-drive-thru-spaghetti-feed/332842381079907/
\$30 donation per meal

Honor Roll

University of Arkansas Spring 2020 graduate
• Rutuja Kengale of Milpitas

Champlain College, Vermont Spring 2020 Dean’s List
• Richard Honiker of Newark

University of Kansas Spring 2020 Honor Roll
• Geoffrey Brown of Union City

Hofstra University, New York Spring 2020 Dean’s List
• Trinity Copeland of Fremont
• Kylie Walrod of Fremont

Knox College, Illinois Spring 2020 Dean’s List
• Thao Luong of Fremont
• Tanay Singh of Fremont

Evening with Holocaust survivor Irving Roth

SUBMITTED BY CHAYA FUSS

The Tri-City Community is invited to hear the firsthand account of Irving Roth, 90, who survived Auschwitz and Buchenwald concentration camps. Roth will be sharing his story on Zoom on Thursday, July 30.

“Irving Roth is a true survivor,” said Rabbi Moshe Fuss of Chabad of Fremont Jewish Center. “Not only did he physically survive the terrors of WWII, but he lived on with his heart and hope intact. Roth’s presentation is sure to be moving, inspiring, and educational for all who attend.”

Roth was just 10 years old when Nazi Germany invaded his native country of Czechoslovakia. He suffered through the horrific conditions of Auschwitz and Buchenwald and miraculously survived, immigrating to the United States in 1947. During the first time he returned to Auschwitz in 1998, Roth realized the importance of sharing his story with today’s generation. He has since devoted all his efforts to teaching about the perils of anti-Semitism and prejudice.

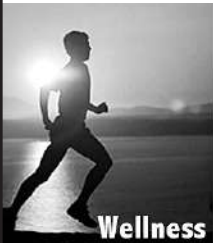
The evening is catered to all ages and will include a question and answer session following the main presentation.

“As time goes on, the opportunities to hear firsthand accounts of the holocaust are rarer and rarer,” said Fuss. “I encourage everyone who can — young and old — to come to hear this remarkable person tell his incredible story of courage, faith, and survival.”

This event is organized and sponsored by Chabad of Fremont Jewish Center and is free of charge. Please RSVP at www.chabadfremont.com/historicevent to receive the Zoom Info.

Call 510-300-4090 or visit www.chabadfremont.com for more info.

An historic evening with Holocaust survivor Irving Roth
Thursday, Jul 30
6 p.m.
Via Zoom
www.chabadfremont.com/historicevent



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Interscholastic Federation announces sports schedules

SUBMITTED BY CALIFORNIA
INTERSCHOLASTIC FEDERATION

In a July 20, 2020 press release, California Interscholastic Federation (CIF) released its athletic schedule for the 2020-21 school year. The “modified season” outlined the season for “each CIF sport and the last date for Section Championships and Regional/State Championships in those sports where a Regional/State Championship is currently offered.” Also, CIF “outside competition” restrictions have been temporarily suspended for the 2020-21 school year due to the pandemic. However, tighter control may be exerted by individual sections.

Although the championship schedule has been released, each CIF Section will publish its own season calendar including starting/ending dates and Section playoffs. Sports are divided into two seasons – Fall and Spring – with the last day for section playoffs of fall sports on March 13, 2021 (Volleyball, Water Polo), March 20, 2021 (Cross Country) and April 10 (Football). Other fall sports of field hockey, competitive cheer, gymnastics and skiing/snowboarding) are not currently eligible for regional/state championship competition and therefore determined by each CIF Section.

Spring sports (Badminton, Soccer, Swimming & Diving, Tennis, Wrestling, Basketball, Golf, Baseball, Softball, Track & Field, Competitive Sport Cheer and Lacrosse) will culminate their regular seasons in May and June 2021.

Local CIF sections have published schedules for fall and spring CIF competition:

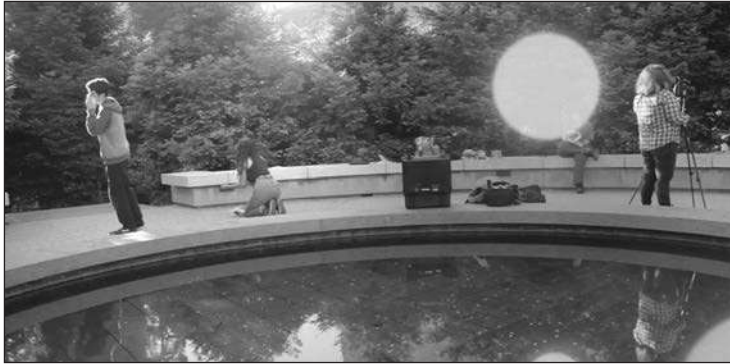
North Coast Section’s fall sports include Cross Country, Field Hockey, Football, Gymnastics, Traditional Competitive Cheer, Volleyball and Water Polo. Practice begins December 14 and competition begins in January. Spring sports will begin practice late February/early March 2021. Restriction of outside competition by athletes has been temporarily suspended.

Central Coast Section (including Milpitas) has also set December 14 as the first day of practice for fall sports. Competition begins December 28 for most sports; January 8, 2021 for Football. Spring sports will begin practice late February through March with competition beginning in March 2021. Restriction of outside competition by athletes has been temporarily suspended.

48 Hour Summer Shorts Movie Jam: Quarantine Edition

SUBMITTED BY
BENJAMIN LEVINE

Calling all filmmakers, actors, screenwriters, cinematographers, editors, and crew – your skills and talents are needed! Berkeley Community Media is hosting the 10th annual “48 Hour Summer Shorts Movie Jam” – this year,



platform to showcase their talent.”

It all started back in 2010 when Mentzel and Theobald decided to put on the festival as a fundraiser for Berkeley Community Media (BCM). BCM is a member-based public access television station providing



Of course, the festival wouldn’t be the same without co-producer Moby Theobald who is also an extraordinarily gifted host. In past festivals, he would conduct live interviews of filmmakers giving them the chance to talk about their creative process, the equipment they used, and any fun or unusual tidbits along the way.

This year, due to the COVID-19 Pandemic, BCM is taking the film challenge all-digital. Interviews will be recorded through Zoom and broadcast during the 48-hour challenge period so we can all get to know our filmmakers and their teams in advance of seeing their films. While the event will not be performed in front of a live audience, BCM is taking advantage of their online platform to expand the festival from a local event to a global celebration. “It will be different, that’s true” Melanie declares, “but, we are not going to let a pandemic hold us back from

supporting our worldwide film community and creating some inspiring entertainment to reach across the globe.”

The kickoff, festival, and closing ceremony will be live-streamed and broadcast on BCMTV Channel 28 and on Berkeley Community Media’s YouTube page, as well as the festival’s official website. Filmmakers who are interested in participating in this epic and historic opportunity to share their creative voice, should visit www.48HourMovieJam.org and register now – they have until July 31 at 4 p.m. to do so.

48 Hour Summer Shorts Movie Jam: Quarantine Edition
Friday, Jul 31
@ 5 p.m. – Sunday,
Aug 2 @ 6 p.m.
Register at
www.48HourMovieJam.org



the “Quarantine Edition” – from July 31 to August 2.

In the event created by Melanie Mentzel and Moby Theobald, filmmakers are challenged to write, shoot, and edit a five to 10-minute short film in just 48 hours. The festival starts on Friday at 5 p.m. with the reveal of three “secret ingredients” which must be used

in the film; the clock starts ticking at 6 p.m. Teams have until Sunday at 6 p.m. to submit their finished works. The films are then screened and broadcast to the world. “I’m always blown away by the full commitment of our filmmaking community to create truly artistic films in just 48 hours,” says Mentzel. “It’s such a pleasure to provide a

media education and equipment for TV and film production. Festivals are a way to highlight that community and inspire others to also make films.

“As co-producers, we would meet regularly for about three months in advance to come up with ideas for who would be good support crew, how to structure the festival, the theme of the particular year and clues which filmmakers have to include in their films showing that they did the work in a forty-eight hour period,” recalls Mentzel. “It takes a village to make something like this happen; volunteers and interns from the BCM community, actors, writers, videographers, editors, as well as the Berkeley business sponsors who, in the past, provided gift bags for our filmmakers and items for our raffle prizes.”

Fremont students take top honors for unique inventions

SUBMITTED BY INVENTION
CONVENTION WORLDWIDE

Two Fremont students were honored recently for their outstanding achievements and problem-solving inventions at the fifth annual Invention Convention U.S. Nationals, presented by Raytheon Technologies.

In a statement released July 23, Invention Convention officials announced that students Leina Ikeda and Aryan Mangal were among nearly 500 award-winning K-12 inventors celebrated during a virtual awards ceremony hosted by The Henry Ford’s Innovation Nation correspondent, Alie Ward. More than 120,000 K-12 inventors from across the United States competed at local affiliate events for a chance to participate in the Invention Convention 2020 U.S. Nationals.

Leina, a fourth grader, won a third-place prize in her grade category for her invention, an interactive alarm clock called “Weik Up!” Aryan, an eighth grader,



(L-R) Leina Ikeda and Aryan Mangal

won the Innovation in Electronics Award for his project, “Artemis: An App for Abuse Prevention by Analyzing Sound through Machine Learning.” The award was presented by Arrow Electronics.

Invention Convention Worldwide is a global K-12 invention education curricular program mapped to national and state educational standards that teaches students problem-identification, problem-solving,

entrepreneurship and creativity skills and builds confidence in invention, innovation and entrepreneurship for life. To participate, students are required to submit a video presentation of their invention, a prototype, an inventor’s logbook showing the journey of their invention process and a poster board highlighting key points of the invention process.

Both students created videos explaining their projects, which are posted on YouTube:

Leina’s “Weik Up!” is at <https://www.youtube.com/watch?v=bKc-BR9mvSc&feature=youtu.be>

Aryan’s “Artemis” is at https://www.youtube.com/watch?v=oc-CzQE_nGJE.

Classifieds Deadline: Noon Thursday
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CONCESSION – CAMP STORE

**EAST BAY REGIONAL PARK DISTRICT is
seeking proposals from prospective
concessionaires** wishing to respond to a

Request for Proposal for the operation of a
Camp Store Concession, Dumbarton Quarry
Campground on the Bay, Coyote Hills Regional
Park in Fremont CA. The complete Request
For Proposal may be downloaded from
www.ebparks.org/bids. A mandatory site visit
with social distancing protocols for qualified
proposers only will be held on Monday,
August 10, 2020 beginning at 1 pm and
ending at 3 pm. Deadline for submitting pro-
posals is Monday September 28, 2020 by 4 pm.

Park It

BY NED MACKAY

During the coronavirus pandemic, East Bay Regional Park District has experienced what the district describes as an unprecedented surge in visitor attendance as people head to the parks for healthy exercise and relief from stress.

According to a recent survey, 96 percent of respondents stated that it has been important to keep regional parks and trails open during the pandemic. Ninety percent believed that having access to the parks and trails has been important to their health and wellbeing. Ninety-four percent believed the parks will play an equal or greater role in their lives when the pandemic is over.

Now, the district is conducting an online survey along the same lines and would like to hear from as many people as possible. The purpose is to

assist the district in developing ways to mitigate the negative impact of the pandemic, both while it is still a threat and afterwards, when the coronavirus has been controlled and people can get back to resuming as normal a life as possible.

If you would like to participate in the survey, visit www.ebparks.org. At the top of the home page is a slide display that changes every few seconds. When “COVID-19 Park U Community Survey” appears, click on it. The survey is available in both English and Spanish.

As has been widely reported, the Oakland Zoo has planned to reopen its doors at the end of July, after a months-long closure due to the COVID-19 pandemic. It's great news for both animals and people.

The regional park district is a partner with the zoo, in that the park district's 2008 Measure WW Local Grant Program has provided \$4 million over the years for zoo capital improvements. Measure WW is a bond

issue that received strong support from park district voters in Alameda and Contra Costa counties. And the park district joined the zoo in urging county and state leaders to allow the zoo to reopen with appropriate social-distancing protocols in place.

For more about the zoo's reopening plans, go to www.oaklandzoo.org.

Here's more good news: The Senate and House of Representatives have both just approved the Great American Outdoors Act, which mandates permanent funding of \$900 million annually for the national Land and Water Conservation Fund (LWCF). The bill now goes to President Donald Trump, who has said he will sign it.

The LWCF receives its money from royalties paid by energy companies drilling for oil and gas on the Outer Continental Shelf. Over the past 50 years, the program has provided more than \$16 million in funding for various parks and trails in the

East Bay Regional Park District, most recently for the \$750,000 Bay Point Restoration and Public Access Project, awarded in 2017.

In general, LWCF funds are used to expand public lands, safeguard natural areas, and protect cultural heritage sites nationwide. In advocating full permanent funding of LWCF, the district has had the support of the East Bay's entire Congressional delegation.

The Regional Parks Botanic Garden in Tilden Regional Park near Berkeley has received the Frank Cabot Award from the North American Rock Garden Society. The award is national recognition for a public garden that features outstanding rock gardens and rock garden plants. Cabot was a major figure in American public gardens and was the founder of the Garden Conservancy.

The Regional Parks Botanic Garden specializes in the propagation of native California trees, shrubs, and flowers. It's located at the intersection of

South Park Drive and Wildcat Canyon Road. It is currently closed to the public because of the pandemic.

The park district's virtual nature programs continue, with all kinds of information and activities on video at www.ebparks.org, thanks to the district's naturalist corps.

From art to zoology, you can view it all by clicking on “Digital Learning” when it appears on the serial slide show, or by clicking on the “Digital Learning” display near the bottom of the home page.

And when you are out in the parks, please do not forget to bring along a face mask to wear when social distancing is difficult on narrow trails. The more we make a habit of mask wearing, the safer we will be and the sooner we will all get through the pandemic. Thanks to everyone for cooperating.

Home Sales Report

CASTRO VALLEY TOTAL SALES: 8						
Highest \$: 1,275,000		Median \$: 1,052,750				
Lowest \$: 665,000		Average \$: 1,010,063				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
22086 Young Avenue	94546	665000	2	905	1948	5/19/20
18667 Crest Avenue	94546	670000	4	1562	1950	5/22/20
19109 Santa Maria Ave	94546	970000	4	2206	1990	5/22/20
17060 Sabina Court	94546	1015500	4	2102	1960	5/19/20
25757 Cloverfield Court	94552	1090000	4	2092	1999	5/20/20
3270 Hertlein Place	94546	1120000	4	2363	1998	5/22/20
18608 Alcorn Place	94546	1275000	3	2880	2009	5/18/20
5725 Medallion Court	94552	1275000	0	2308	1981	5/22/20

FREMONT TOTAL SALES: 16						
Highest \$: 1,450,000		Median \$: 937,750				
Lowest \$: 440,000		Average \$: 925,719				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
3439 Foxtail Terrace	94536	440000	2	750	1986	5/21/20
38243 Ashford Way	94536	520000	3	1770	1963	5/22/20
36719 Matiz Comm	94536	550000	2	754	1971	5/20/20
40346 Blanchard St	94538	615000	3	950	1955	5/19/20
4060 Lorenzo Terrace	94536	800000	4	1332	1972	5/18/20
33025 Lake Erie Street	94555	820000	3	1060	1970	5/21/20
40219 Laiolo Road	94538	836000	3	1169	1959	5/20/20
1185 Starfish Terrace	94536	925500	3	1400	1995	5/21/20
3061 Moss Landing Terr	94538	950000	2	1644	2013	5/19/20
4283 Fairwood Street	94538	975000	3	1010	1959	5/20/20
4545 Celia Court	94555	1055000	3	1380	1986	5/20/20
40240 Landon Ave	94538	1110000	3	1556	1968	5/19/20
34750 Siward Drive	94555	1140000	3	1451	1988	5/20/20
4406 Irvington Ave	94538	1210000	3	1318	1960	5/21/20
37456 Southwood Dr	94536	1415000	3	1119	1954	5/22/20
3034 Dickens Court	94536	1450000	4	2052	1972	5/21/20

HAYWARD TOTAL SALES: 16						
Highest \$: 888,000		Median \$: 593,250				
Lowest \$: 424,000		Average \$: 596,813				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1315 A Street #211	94541	424000	1	944	1984	5/20/20
24 Leighty Court #9	94541	448000	2	864	1992	5/18/20
22139 Castille Lane #60	94541	523500	2	1171	1982	5/22/20
25115 Vista Greens Ct	94541	550000	3	1365	1973	5/20/20
26045 Coleman Avenue	94544	550000	3	1165	1953	5/22/20
335 Barbara Court	94544	560000	3	1475	1952	5/19/20
2875 Darwin Street	94545	570000	3	1128	1957	5/22/20
316 Lion Street	94541	587500	2	938	1950	5/19/20
21666 Marydee Court	94541	599000	3	995	1948	5/22/20
1727 Southgate Street	94545	612000	3	1547	1957	5/18/20
31576 Burnham Way	94544	615000	3	1233	1956	5/22/20
650 Kingsford Way	94541	620000	3	1381	2003	5/19/20

27886 Orlando Avenue	94545	622000	3	1000	1955	5/19/20
22867 Teakwood Street	94541	660000	3	1526	1951	5/21/20
28632 Roanoke Street	94544	720000	3	1160	1960	5/19/20
26278 Danforth Lane	94545	888000	0	2223	1960	5/21/20

MILPITAS TOTAL SALES: 6						
Highest \$: 1,460,000		Median \$: 931,000				
Lowest \$: 735,000		Average \$: 1,007,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
147 Lonetree Court	95035	735000	3	1010	1967	6/17/20
155 Coelho Street	95035	860000	3	1064	1955	6/17/20
218 Evening Star Court	95035	892000	3	1010	1969	6/19/20
412 Starlite Court	95035	970000	5	1676	1970	6/17/20
825 Carino Terrace	95035	1125000	3	2045	2006	6/15/20
1138 Ridgmont Drive	95035	1460000	3	1953	1994	6/16/20

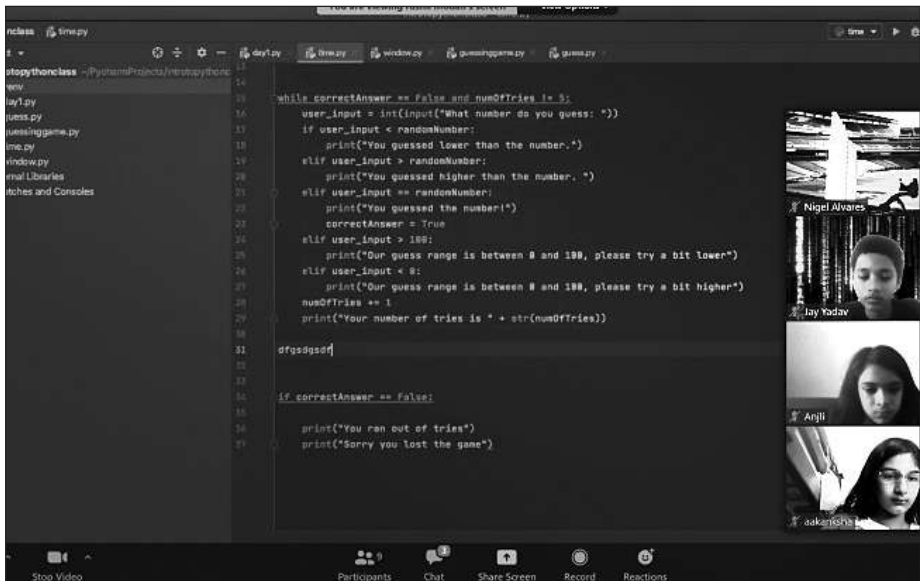
NEWARK TOTAL SALES: 5						
Highest \$: 1,103,000		Median \$: 985,000				
Lowest \$: 539,000		Average \$: 873,400				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
35045 Lido Boulevard	94560	539000	2	972	1972	5/20/20
36895 Newark Blvd #D	94560	665000	3	1166	1987	5/19/20
7435 Wells Avenue	94560	985000	4	1634	1973	5/22/20
5481 Mclaughlin Ave	94560	1075000	5	1978	1959	5/22/20
8553 Rockview Way	94560	1103000	4	2041	2017	5/22/20

SAN LEANDRO TOTAL SALES: 5						
Highest \$: 750,000		Median \$: 530,000				
Lowest \$: 411,000		Average \$: 564,200				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1519 Oriole Avenue	94578	411000	3	852	1945	5/18/20
1400 Carpentier St #316	94577	490000	2	1112	1983	5/22/20
660 Fargo Avenue #10	94579	530000	3	1180	1965	5/22/20
2070 Reynolds Street	94577	640000	3	1111	1989	5/22/20
15353 Mendocino St	94579	750000	3	1419	1960	5/18/20

SAN LORENZO TOTAL SALES: 2						
Highest \$: 720,000		Median \$: 620,000				
Lowest \$: 520,000		Average \$: 620,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
15799 Via Rivera	94580	520000	3	1422	1946	5/18/20
16150 Via Arriba	94580	720000	4	1377	1944	5/18/20

UNION CITY TOTAL SALES: 6						
Highest \$: 1,400,000		Median \$: 1,025,000				
Lowest \$: 620,000		Average \$: 1,030,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
4257 Solar Circle	94587	620000	3	1280	1973	5/22/20
2708 Condor Court	94587	900000	4	1550	1975	5/19/20
33803 Washington Ave	94587	925000	4	1740	1964	5/19/20
34605 Shiloh Drive	94587	1125000	4	1997	2000	5/19/20
2837 Montair Way	94587	1210000	3	2331	1995	5/19/20
31392 Pike Place	94587	1400000	5	2992	1995	5/19/20

High school seniors raise \$4,500 through Python classes

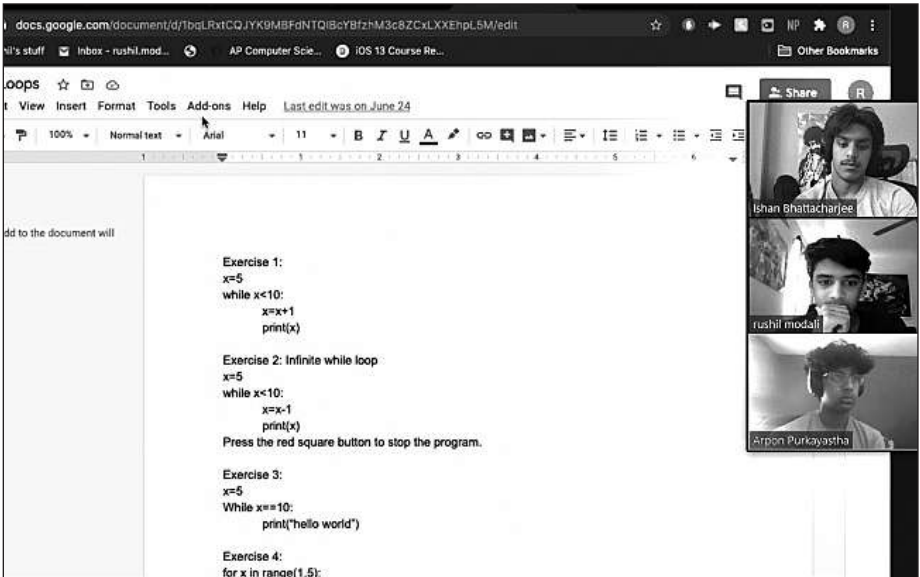


By ANANYA PANCHAL

For students all around the world, this year's spring break wasn't like any other. Ski breaks, beach vacations, city escapes and even the classic road trip were off the table. But, for three rising seniors in Fremont, spring break 2020 was an opportunity to give back.

Code2Give is an organization with a mission of providing virtual coding classes to students in the Bay Area. Rushil Modali, a rising senior at Moreau Catholic High School (Hayward) came up with the

idea in mid-April and told his friends Ishan Bhattacharjee and Arpon Pukayastha, rising seniors at Mission San Jose High School (Fremont). "I knew I couldn't do it by myself," Modali said. "I wanted to give back to our community." "We didn't even have a name at first," added Ishan Bhattacharjee, co-founder of Code2Give. "We advertised through a newsletter, Nextdoor and word of mouth." When the boys held a coding class during their spring break starting on April 13, they didn't anticipate it be the first of many. But, when satisfied parents



asked for more, the boys delivered. Once their junior year ended on June 1, Modali, Bhattacharjee and Pukayastha started hosting week-long coding classes to keep themselves and other students stuck in quarantine busy. "You are able to sit at home and learn," said Bhattacharjee. "COVID takes [learning] away from a lot of people and we wanted to help." Modali said that when he had the idea to teach younger students how to code, it was very clear to him that any money charged for classes needed to be donated. Code2Give has given 100 percent of earnings to charities such as All Stars Helping Kids, Equal Justice Initiative, and World Hunger Foundation. Code2Give has held six week-long sessions and raised \$4,500 as of July 19.

Donations are made mid-week, each week and a screenshot is sent to parents as proof. "We wanted to be legitimized," said Bhattacharjee. "If we are asking for money and saying it will be donated, we have to show it." Each week's session has up to six kids in fourth through eighth grade. Classes start with a warm up and then transition to specific topics like variables, conditional statements, functions, and loops. Students go through several practice problems and then are given a short homework assignment to complete before the following class. Splitting up allows the kids to go at their own pace and ask questions. "After we realized having a big group isn't that efficient, we started using breakout rooms," Modali said. "Each of us take some kids and we get more one on one time. They learn better that way." Each week ends with a final project. Beginners code a rock paper scissors game and intermediate students create a number guessing game. Intermediate Python classes were also not a part of the boys' original plan; they were created out of popular demand from parents. "When parents tell us that their kids got really into the coding, it's satisfying," Pukayastha said. Kids often return for multiple beginner classes to fully grasp concepts before taking intermediate classes. The boys said they enjoy seeing students' faces light up as they learn. "When they get excited, we get excited," Bhattacharjee said. More information and registration are available at <http://code2give.org/register.html>.



City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov
- Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us
- Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov
- Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us
- San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org
- Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City planners discuss development around BART station

By BRITTANY UNG

The Union City Planning Department shared options for blueprinting a more connected community at a webinar on Tuesday, July 21. The city is creating a plan for the Station District, which will determine how land is used in the 470-acre property. The area being analyzed for redevelopment borders Fremont and surrounds the Union City BART station, including city hall, James Logan High School and several stores within its boundaries.

Led by Economic & Community Development Director Carmela Campbell and Rajeev Bhatia of Dyett & Bhatia Urban and Regional Planners, Tuesday’s meeting was part of the planning department’s attempts to gather community input on potential options for the land. This phase, in which the department explores options, is the third in a five-stage process that will later include creating the draft plan and finalizing it.

The planning department shared responses from interviews with nine stakeholders, including residents, property owners and developers. Respondents noted several advantages to building in the area, including the proximity to the BART station for office developers and potential for active recreational open spaces. They also expressed support for safe bike and walking routes, as

well as interest in vertical mixed-use development, with retail stores on the ground level and housing above.

Bhatia relayed the city’s vision for the project, from the Union City general plan adopted in 2019: “To continue to transform the Station District into a dynamic, transit-oriented district with a diversity of uses that create a vibrant atmosphere where people live, work and socialize.”

The project is guided by five principles, which Bhatia explained at the meeting: a central pedestrian spine, a well-connected neighborhood, an open space network, a complete neighborhood and quality design.

Central to several of those principles is connectivity, with the city aiming to improve travel options for pedestrians and bikers by increasing mobility between various parts of the Station District. Bhatia gave some examples of how the city can make travel easier, including shortening city blocks, opening pathways, using public open spaces and increasing the number of buildings within 15 minutes of the BART station.

“People are walking, biking and jogging even more so in the times of COVID, so we need to make sure that we set up connections of open spaces that people can use to be leading active lifestyles,” Bhatia said.

The Station District is divided into five sub-areas, with various options for develop-

ment in each. Campbell presented multiple alternatives to the community members in attendance, noting areas in which land that could be used for public art, parks, community gardens, housing, office spaces, mixed use development, stores, pedestrian and bicycle connections, and more.

The subarea that includes the BART station, called the Core Station District, houses multiple apartment buildings. The city has approved construction for 443 new housing units and is looking at a proposal from a developer to build 1.2 million square feet of office space, spread over three blocks.

“Really, the idea is to balance out the residential with the office, so that not only can we have a vibrant nighttime population, but also a daytime population from those office uses,” Campbell said. “The goal is for a balance of uses that really complement each other.”

The planning department is seeking further community feedback via a survey on the Station District Specific Plan’s website, unioncity.org/422/StationDistrictSP. The planning team will take the results of the survey and other feedback to the planning commission on August 20, then to the City Council on September 8.

San Leandro City Council

July 20th, 2020*

Public Comments:

- Residents urged council to appoint an independent consultant to investigate a citizen oversight committee for the police department.
 - Residents praised council for socially conscious investment strategy.
 - Residents mentioned the Black Lives Matter mural painted on Parrott St.
 - Council recognized for hiring a third party to investigate shooting of Steven Taylor.
- Presentations:**
- Presentation on the Capital Corridor South Bay Connect Project
 - Residents raised concerns.
- Public Hearings:**
- Authorized application for a Permanent Local Housing Allocation grant.
 - Public comment: Housing for the homeless should be considered.
 - Resolution overruling protests and imposing liens for non-payment of delinquent 2020 Business License Tax, solid waste service charges, Certified Unified Program Agency (CUPA) fees, code compliance administrative penalties and charges, and planning permit fees.
- Items passed: 6-0, Lee recused.

Consent Calendar:

- Approve tract map 8513 for 342 Marina Boulevard.
- Approve amendment to existing consultant services agreements with DKS Associates, Fehr & Peers, and W-Trans for on-call transportation engineering consulting services.
- Execute supplement agreement with the State of California to provide \$72,000 in state funds and obligate the city to \$8,000 for matching funds for street improvements.
- Increase the contract change order cap from 13% to 20% (from \$1,321,300 to \$2,032,769 with DeSilva Gates Construction, L.P. for Annual Overlay/Rehabilitation 2017-2018.
- Authorize a two-year non-professional services agreement with the option for three one-year extensions between the City of San Leandro and David Sams for management of the city’s contract with American Golf Corporation.
- Execute amendment No. with Flagship Facility Services, Inc. for citywide janitorial services.
- Execute a five-year consulting services agreement with Invengo Technology Corp for a new radio frequency identification system for the library.
- Approve the city’s Investment Policy Statement for fiscal year 2020-2021.
- Approve annual renewals for fiscal years 2020-21, 2021-22, and 2022-23 with Granicus for software and support of the

- Legistar system, website, and more.
- Extend proclamation of local emergency and state of emergency - COVID-19 pandemic.
 - Authorize the continued participation in the Alameda County HOME Consortium for HOME Funds for federal fiscal years 2021-2023.
 - Confirm director of emergency services establishing a temporary limit of 15% on fees charged by third party food delivery during the pandemic.
 - Motion confirming the city council recess during the month of August.
- Items Removed from Consent Calendar:**
- Resolution authorizing community members to paint “Black Lives Matter” and adopt the message along a portion of the Parrott Street.
 - Public comment:
 - Residents supported preserving art created on the plywood used to board up businesses downtown.
- Action Items:**
- Ordinance amending Municipal Code relating to the Real Property Transfer Tax.
 - Resolution calling a municipal election to submit to the voters a measure on an increase in the existing Real Property Transfer Tax.
 - Public comment: Several residents brought up issues with the proposed tax, namely that some of the money would be funneled into the police department budget. Items passed: 7-0

- Resolution to form a Community Advisory Task Force related to city budget with each member serving a two-year term.
 - Public comment: Many residents spoke in support the budget task force but said that the appointment process needed to be transparent, there were too many members, and that a diverse array of residents needed to be represented
- Item passed: 6-1; Aguilar, Nay
- Report on Closed Session Actions Taken:**
- Approve support of the city of Philadelphia in Fulton vs. the city of Philadelphia.
- City Council Calendar and Announcements:**
- Councilmember Lopez: disaster council will meet through August recess.
 - Councilmember Cox: encouraged residents to participate in census.
- Councilmember Requests to Schedule Agenda Items**
- Mayor Cutter requested that staff investigate installing a police department citizen oversight committee.
- Mayor Cutter adjourned the meeting in the memory of Lydia Rodriguez’s passing.
- | | | |
|------------------------|--------|---------|
| Mayor Pauline Russo | Cutter | Aye |
| Vice Mayor Pete Ballew | | Aye |
| Victor Aguilar, Jr. | Aye, 1 | Nay |
| Ed Hernandez | | Aye |
| Benny Lee | Aye, 1 | Recusal |
| Deborah Cox | | Aye |
| Corina Lopez | | Aye |

Bill to protect student loan forgiveness for public servants

Submitted by Josh Richman

Rep. Eric Swalwell (D-CA) and Rep. David Joyce (R-OH) introduced a bipartisan bill on July 23 to ensure public servants and frontline workers whose jobs may have been disrupted by COVID-19 still qualify for the Public Service Loan Forgiveness (PSLF) program.

“Many doctors, nurses, teachers, and other public em-

ployees have had their jobs impacted by the COVID-19 pandemic,” Swalwell said.

“We made a deal that their public service could be rewarded with forgiveness of their student loans, and we should honor that deal no matter what – especially if the pandemic has thrown their livelihoods through a loop.”

“Now more than ever, we need to support those who pursue careers that contribute to the health and well-being of the American people,” said Joyce.

“While the COVID-19 pandemic has forced many of our public servants to battle this virus on the front lines, others have been temporarily furloughed

or laid-off. I’m proud to introduce this bill with Rep. Swalwell to ensure that the public servants whose livelihoods have been derailed by COVID-19 can continue to count payments toward the total required to receive the loan forgiveness they have worked so hard for.”

The PSLF program provides forgiveness of the remaining balance of student loans to qualified borrowers after they have made 120 monthly payments on their loans while working full time in public service. But if such borrowers lose their public service job or are furloughed, any payments made

after that loss of employment would not count toward loan forgiveness.

The Coronavirus Aid, Relief, and Economic Security (CARES) Act gave all federal student loan borrowers a break by requiring no payments from March 13 through September 30. Participants in the PSLF program are still able to count qualified payments toward their required total of 120 during this time – unless they have temporarily lost their public-sector jobs due to the pandemic.

OPINION



WILLIAM MARSHAK

A rush to safety

not successful and later repealed.

In 1883, Harvey Wiley was appointed chief chemist at the USDA's Division of Chemistry and investigated tainted food products. This led to the Food and Drug Act of 1906 and regulation of pharmaceuticals and food products. Pushback from legal and political opponents to the law weakened it, but ensuing harmful products including a cosmetic called "Lash Lure" and an antibiotic sulfa drug, tipped the balance, resulting in the Food, Drug and Cosmetic Act of 1938, giving FDA pre-market review and control of efficacy claims.

Even as medical knowledge and expertise has changed dramatically in recent decades, lessons from the past can still give guidance and confirm the validity of a reasoned method to confirm the efficacy of something that will be widely disseminated for public use. The account of Thalidomide is a cautionary reminder that comprehensive study of the effect of any substance for our health requires extensive and thorough review. Introduced in 1957 as a safe sedative, by 1960 Thalidomide even rivaled aspirin in sales and was prescribed "off-label" for morning sickness in pregnant women.

As pressure mounted on the U.S. Food and Drug Administration (FDA) to approve use of this drug in the United States, doubts arose about its safety. FDA inspector Frances Kelsey was not convinced that data was sufficient and requested additional study before approval would be granted. With subsequent discovery of severe birth defects associated with Thalidomide, restrictions were tightened and the approval process for new drugs was extended under the Kefauver-Harris Drug Amendments Act of 1962.

In contrast, success of an injected polio vaccine, developed in the 1950s by

Jonas Salk and a subsequent oral vaccine by Albert Sabin, has served to suppress that dreaded disease to near extinction.

Normally the testing and approval process can take up to 12 years. An unintended consequence of this process is the high cost and pricing of pharmaceuticals. The 21st Century Cures Act (December 13, 2016) relaxes requirements to accommodate an urgent need for weapons to combat new pathogens. Again, the public is faced with an existential dilemma. Cautious optimism about the advances of science and technology is warranted, but a careful examination of results and caveats is equally important.

The tragedy of Thalidomide is not the end of that story. It serves as a warning of how to utilize an important discovery. Despite its harmful side effects, thalidomide is FDA-approved for two uses today—the treatment of inflammation associated with Hansen's disease (leprosy) and as a chemotherapeutic agent for patients with multiple myeloma, purposes for which it was originally prescribed off-label. Due to its suppression of inflammatory response, use of Thalidomide in the battle with COVID-19 is under review and holds some promise.

The question to be answered may not be the ultimate usefulness of a scientific discovery, but under which circumstances it should be applied. Let's hope the rush to safety – our hope for an effective vaccine – is a reasoned and careful approach with adequate safeguards for our protection.

William Marshak
PUBLISHER

Temporary limit on fees by third-party food delivery companies

SUBMITTED BY CITY OF FREMONT

City of Fremont has issued Executive Order, "EO 2020-07," establishing a temporary limit of 15 percent on fees charged to restaurants by third-party food delivery companies to support restaurants during COVID-19.

Takeout and delivery orders are currently one of the primary sources of revenue for restaurants and are vital to their business during this crisis. Many consumers use third-party mobile delivery applications and websites more frequently during the stay-at-home order for delivery and takeout restaurant orders.

Third-party companies that provide mobile delivery services charge participating restaurants a series of fees, which can range from 10 percent to 30 percent of the purchase price in total per

order. Restaurants have limited bargaining power to negotiate lower fees with third-party platforms and capping the per-order fees at 15 percent will ease the financial burden on struggling restaurants during this emergency while not overly burdening third-party platforms. State anti-gouging laws do not provide any protections in the market for food delivery services.

"Businesses are hurting across the country. Fremont is issuing these regulations on third-party delivery service providers to help our city's small businesses during COVID-19," said City Manager Mark Danaj. "These fees often have a disparate impact on restaurants, most notably those which are small and independent. This is a temporary measure which will be in effect through the duration of the local

emergency, and we hope it will provide much needed relief to our local businesses."

As stated in the Executive Order, the new regulations are effective immediately and apply to all third-party food delivery service providers that offer the sale of food and beverages prepared by restaurants, and same-day delivery or same-day pickup of food and beverages from restaurants offering online orders within the city of Fremont. Specific regulations in the Executive Order include, but are not limited to:

- Third-Party Food Delivery Service shall not charge a restaurant a fee for the use of its services that totals more than 15 percent of the purchase price of such online orders.
- Purchase price means the menu price of an online order

and therefore excludes taxes, gratuities, and any other fees that may make up the total cost to the customer of an online order.

- Each receipt generated by the third-party food delivery service for either the customer or the covered establishment shall clearly state the fees charged, the gratuities paid, and any discounts offered by the restaurant.

- The city will provide a grace period until July 31 provided the third-party food delivery service refunds the portion of the fee that exceeds 15 percent of the purchase price to the restaurant prior August 7.

- This order shall terminate automatically on the date that the Fremont City Council terminates the local emergency related to COVID-19. The restoration of dine-in restaurant service does not terminate this order.

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ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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Fremont Ca 94538
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Birth

LIFE CORNERSTONES

Marriage

Obituaries

For more information
510-494-1999
tricityvoice@aol.com



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Edwin Lloyd Brown
Resident of Milpitas
November 22, 1933 – July 25, 2020
Fremont Chapel of the Roses

Lorraine Marie Verrette Ingram
Resident of Fremont
January 14, 1944 – July 18, 2020
Fremont Chapel of the Roses

Trent Russell Carlson
Resident of Fremont
February 16, 1967 – July 12, 2020
Fremont Chapel of the Roses

Raymond Spoelman, Jr.
Resident of Fremont
May 26, 1930 – July 14, 2020
Fremont Chapel of the Roses

Pete R. Cervantez
Resident of Union City
July 31, 1932 – July 13, 2020
Fremont Chapel of the Roses

Ray J. Guerra
Resident of Fremont
June 11, 1928 – July 5, 2020
Fremont Chapel of the Roses



Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

Alba Machado
Resident of Newark
August 29, 1965 – July 21, 2020

Miguel Alvarez
Resident of Newark
July 5, 2020 – July 22, 2020

Eduardo Lacanlale
Resident of Milpitas
September 24, 1955 – July 20, 2020

Felix Machado
Resident of Fremont
August 23, 1939 – July 19, 2020

Anand Shrivastava
Resident of Fremont
February 11, 1947 – July 17, 2020

Joseph Funaki
Resident of Newark
February 13, 1993 – July 15, 2020

Alice "Eleanor" Emel
Resident of San Jose
August 26, 1943 – July 14, 2020

Charles Costello Jr.
Resident of Fremont
January 1, 1936 – July 12, 2020

Marie Osorio
Resident of Newark
April 11, 1940 – July 9, 2020

Eugenia Elizabeth Szasz

July 8, 1926 – July 4, 2020

Resident Castro Valley, California

Eugenia Elizabeth Szasz, best known by family, friends, and colleagues as “Gene” passed away peacefully at home on July 4, 2020. She will be greatly missed by her children Lisa of Castro Valley, California, Paula (Joseph) of Steamboat Springs, Colorado, and Eric (Susan) of Newberg, Oregon, 4 grandchildren, and 4 great-grandsons.

Gene was preceded in death by her husband Paul and brother Walter (Jane) Dlugolecki. She grew up on a rural farm near Marlborough, Ohio with her brother and 5 cousins. She often shared wonderful memories of the farm and being part of a big Polish-American family.

Eugenia was a graduate of McKinley High School, Canton, Ohio and Chabot College, Hayward, California. She had 3 vastly different careers over the years. Starting with United Airlines, followed by San Lorenzo School District, and then (best known) as a House Manager for 15 years at the Douglas Morrison Theater in Hayward, California. She was also an active volunteer with the Eden Hospital Auxiliary, Birthright, and Our Lady of



Grace Church Ladies Guild.

She was a charter member of The Thursday Walking Group, an avid traveler, sports fan, gardener, spinner and quilter. She played the piano, and organ, and loved classical music especially opera.

Due to the world health crisis a Memorial Mass will take place when it is safe to do so. Family and friends will be contacted at a later date.

Tri-City Cremation
& Funeral Service
Newark, CA 94560
510-494-1984

Miguel C. Alvarez

July 5, 1931-July 22, 2020

Resident of Newark



On Wednesday, July 22, 2020, Miguel C. Alvarez a longtime Newark, California resident, who lived in Newark for 53 years, passed away at the age of 89 in Newark, California. Miguel was a retired aircraft mechanic who worked at NASA Ames Research Center at Moffet Field in Mountain View, California.

Mr. Alvarez, nicknamed “Mike,” was born on July 5, 1931 in Balmorhea, Texas. Miguel was married to the love of his life, Ramona V. Alvarez for 51 years before she passed away last year. He enjoyed spending time with his grandchildren.

Mr. Alvarez served with the United States Air Force during the Korean War from 1951 to 1955, as an aircraft mechanic.

After his discharge, he went to work for Oakland Aircraft Engine Services and Airmotive Enterprises over overhauling and test operating aircraft reciprocating engines.

In 1966, he joined the 129th California Air National Guard, and was an aircraft/engine mechanic. In 1991, Master Sergeant of the Air Force Miguel Alvarez, retired from the Guard, after 40 years in the military, and went to work for Raytheon Aircraft Services, and flew with NASA Ames’ C-130 and DC-8 Aircraft to different places around the world.

He is survived by his daughter, Patricia Alvarez, his son, Michael Alvarez, his daughter in-law, Cristina Alvarez, his two granddaughters, Alyssa Alvarez and Amanda Alvarez. He is also survived by several nieces and nephews.

A visitation and Resurrection Service for Miguel will be on July 29, 2020 at Berge-Pappas-Smith Chapel of the Angels. It will be live-streamed please contact the family. The burial will be on July 30, 2020 at Sacramento Valley National Cemetery. Due to the Covid-19 pandemic, the services and burial will only be attended by family.



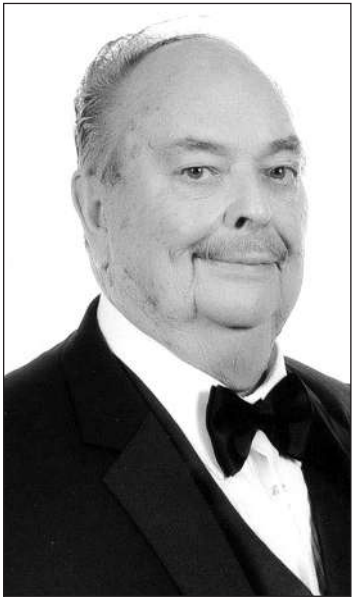
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Edwin Lloyd Brown

November 22, 1933 – July 25, 2020

Resident of Milpitas



Edwin Lloyd Brown was born on November 22, 1933 in Oakland, CA. He passed away July 25, 2020, in Milpitas, CA. He is survived by his beloved wife of 6 years, Jacquie Brown.

Loving father to Ron and Bob Brown. 7 grandchildren and 22 great grandchildren.

Edwin's (Ed) wife Jacquie Sue Brown of 6 years of marriage and we were together for almost 10 years and we traveled to many places like Alaska, Europe, Mexico etc. His favorite place was Cabo San Lucas, Mexico where we had a timeshare. His early years he loved sports and was a great bowler and was a charter member in Establish Fremont American Little League. He coached umpired, was a mentor and father figure to thousands of boys in baseball, CYO basetball and Fremont football. He loved duck hunting earlier in his life and as a young teen had raised homing pigeons as a hobby. Edwin worked at Graybar Electric for 30 years and another 20 years at A & J Electric.

He serviced in US Army in the Korean War and stationed in Germany in intelligence from 1951 to 1954. He married his first wife Marlene Tautenhan-Brown in 1954 while he was still in the Army. She passed in Jan 2011 and his oldest son Richard Edwin Brown died the same year in Oct 2011. He often said he was the luckiest man to have had two wonderful woman in his life and was tremendously happy with his life and all his great memories. A wonderful husband, father, grandfather and great grandfather and great friend.

Private family service will be held.

Fremont Chapel of the Roses
510-797-1900

Hot Meal Special at Fremont Senior Center

SUBMITTED BY CITY OF FREMONT

Lake Side Café is now offering a special hot meal for drive-thru pickup from 12 noon – 1 p.m. or free delivery by Life ElderCare. Meals, available on the first, third and fifth Thursday of each month, must be ordered in advance (one week at a time) and are in addition to the frozen meals sold each week. The entrees for the next month include: July 30, Salmon Filet; August 6, BBQ Pulled Pork & Chicken Breast Combo; August 20, Chicken Fajitas.

Bi-weekly Hot Meal Special
1st/3rd/5th Thursday
12 noon – 1 p.m.

To order: (510) 790-6600 or Seniorcenter@fremont.gov (HOT MEAL in subject line)
\$7 per person in advance (sometimes higher based on high-end meal)

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No-Cost Energy Efficiency Kits

SUBMITTED BY CITY OF FREMONT

Looking for more ways to save on your utility bills this summer? Rising Sun, a local nonprofit and city partner, is now offering no-cost energy efficiency kits for delivery to all qualifying residences in Fremont and greater Bay Area.

To receive a free energy efficiency kit, residents must fill out an online survey or take a telephone survey. The kit includes the following measures to install in your home:

- LED light bulbs, standard and floodlight
- Advanced power strip (\$50 value)
- High-efficiency bathroom and kitchen faucet aerators (same pressure, less water)
- High-efficiency shower heads (same pressure, less water)
- Toilet leak detection tablets

Rising Sun will also send information about energy-saving programs such as:

- BayREN Home+ Program
- California Vehicle Assistance Program
- PG&E’s Home Energy Checkup
- Home Intel’s Home Energy Analytics Program

For more information or to complete the survey, visit www.risingsunopp.org/programs/ghc/ or call (510) 665-1501, ext. 300. If you participated in Rising Sun’s Green House Call service in the last five years you do not qualify.

We are here to help you
For now give us a call or send an email
ljohnson@newark-legal.com

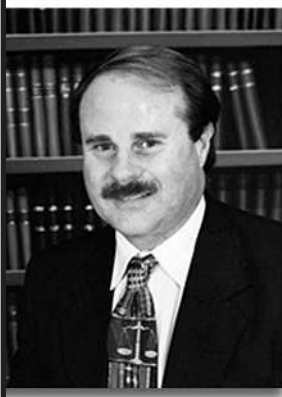
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Power of Attorney

Affidavit of Death

of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway
Suite B-1, Fremont

M-F 10-7
Evening & Weekends
By Appointment



SUBMITTED BY WASHINGTON TOWNSHIP MEDICAL FOUNDATION

For over 10 years, Washington Hospital and Washington Township Medical Foundation employees have been honored to support the Tri City area’s “Relay For Life” annual relay and recently, a spaghetti feed hosted by Hope On The Move team. Team captain Kelly Klug states “I have been participating in Relay For Life for 10 years since my mother was first diagnosed with

cancer. Unfortunately, we lost her in 2013 and then found out my sister had the disease. We thought the battle was lost, but through new treatments she is doing very well today. That is why I continue to fight.”

People who have been diagnosed with cancer are more vulnerable than ever right now. They need support, people to talk with, resources to turn to, and reassurance that someone is looking out for them. This year, due to the pandemic, the relay has been cancelled, but creativity has prevailed in continuing the tradition of the spaghetti feed fundraiser.

This year’s feed will be on August 22 from 2 p.m. until 6 p.m. The event will be a drive through at Newark Pavilion. Those wishing to participate can drive through the parking lot and purchase pre-made dinners with garlic bread and salad, or ingredients to make their own at home. There is a \$30 donation for the dinner, which includes a bottle of wine (\$25 if you skip the wine).

On sale to benefit the event will be homemade canned goods from Kelly’s Kitchen Kreations and Aunt Micky’s Treats: apricots, marinara sauce, various flavors of jalapeno pepper jelly, dried pineapple, candied nuts and more. Multiple desserts will also be available for purchase; fun baskets will be raffled.

Spaghetti Feed hosted by Hope On The Move
Saturday, Aug 22
2 p.m. – 6 p.m.

Newark Pavilion
6430 Thornton Ave., Newark
<https://www.facebook.com/events/s/drive-thru-spaghetti-feed/332842381079907/>
\$30 donation

Fremont City Council

July 21, 2020

Announcements:

• Engage Fremont initiative on policing and race is underway. A virtual town hall meeting will be held August 11 to share results and receive additional input. For more, visit fremontpolice.gov/engage

• Community Services Department held a facebook live event launching a Parks & Recreation Master Plan. More at: inventfremontparks.com

Consent Calendar:

• Delegation of authority to city manager during council recess July 22-August 31, 2020

• Approve final maps, agreements for improvements and easements for 4141 & 4155 Central Avenue.

• Approve multi-year purchase order with Waxie Sanitary Supply

for janitorial supplies in an amount not-to-exceed \$150,000 annually.

• Authorize agreement with Bay Area Rapid Transit District for funding, design and construction of Irvington BART Station Project.

• Approve agreement with Mark Thomas/MNS Engineers, Inc. for \$1,977,924 for planning and design services for I-880/Decoto Interchange and Decoto Road projects.

• Authorize agreement with Granicus, LLC for city’s hosted websites in an amount not-to-exceed \$448,688.14.

• Approve agreement with Alta Planning + Design, Inc. in an amount not-to-exceed \$2,000,000 for preliminary engineering and environmental services for Dumbarton Bridge to Quarry Lakes Trail.

• Approve agreement with BKF Engineers in an amount not-to-exceed \$2,100,000 for project planning and design for Pacific Commons Bicycle and

Pedestrian Bridge and Trail over I-880.

• Approve agreement with WMH, Inc. in an amount not to exceed \$985,464 for project planning and design services related to I-680 Interchange modernizations at North Mission Boulevard, Washington Boulevard and Auto Mall Parkway.

• Approval of a Professional Services Agreement with WMH, Inc. in an Amount Not to Exceed \$985,464 and Funding Actions for Project Planning and Design Services Related to I-680 Interchange Modernizations at North Mission Boulevard, Washington Boulevard and Auto Mall Parkway.

• Approve Agreements for On-Call Structural Engineering Consultant Services with Crosby Group, CSG Consultants, Simpson Gumpertz & Heger, and TEAC Structural Engineering.

• Adopt City of Fremont Salary Schedule. View at: <https://www.fremont.gov/2208/E>

employee-Compensation.

• Authorize donation of fire apparatus to (Bay Area Youth) Bay-EMT Program.

Ceremonial Items:

• Proclamation recognizing that Black Lives Matter and reaffirms a zero tolerance policy on discrimination and harassment.

• Proclaim August 2020 as American Muslim Appreciation and Awareness Month.

Items Removed from Consent Calendar:

• Authorize agreement with Bay Area Rapid Transit District for funding, design and construction of Irvington BART Station Project. PASSED 5-1-1 (Recuse, Salwan; Absent, Shao)

Public Communications:

• Written comment regarding excessive speed on Paseo Padre Parkway and need for protected bicycle lanes.

Other Business:

• Status report from Fremont Mobility Action Plan and Mobility Commission. Effects of

COVID-19, traffic signal upgrade, Vision Zero, Bikeways, Trails, Pedestrian bridges, I-680/I-880 connection, Plan Bay Area 2020, Dumbarton Rail, Irvington BART station. Focus of Mobility Commission: 1) encourage mode shift – carpooling, transit, carpooling; 2) Safe Routes to Schools; 3) Enhance communications with community.

Council Communications:

• Referral by Councilmember Salwan to impose a temporary limit of service fees by third party food delivery services (cap of 15%) during pandemic local state of emergency.

Mayor Lily Mei	Aye
Vice Mayor Jenny Kassan (District 3)	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye, 1 Recusal
Teresa Keng (District 1)	Aye
Rick Jones (District 2)	Aye
Yang Shao (District 4)	Absent

City invites community into a deeper dialogue on policing and race

SUBMITTED BY CITY OF FREMONT HUMAN SERVICES DEPARTMENT

Fremont community members are invited to participate in a series of community engagement activities to assist the City in identifying community priorities and recommended next steps on the topic of policing and race in the City of Fremont. The initiative, Engage Fremont, will be led by City Manager Mark Danaj and will continue to carry out the City’s commitment to fostering an open dialogue with our residents.

The City has hired a third-party contractor, the Public Dialogue Consortium, to facilitate the process, which will include a community survey and several virtual outreach discussions. In addition to the City Manager’s Office,

the initiative will involve Community Services, Human Services, and Police departments.

This initiative stems from the Town Hall Meeting held on June 10 on the topic of policing in Fremont. More than 800 community members listened in. People asked questions on a variety of issues including social services, homeless services, use of force policies, and police accountability and transparency. The recorded Town Hall is posted online along with a FAQ that answers questions asked during the meeting. City leaders emphasized their desire to continue the dialogue with community members and their intent to develop a plan for an ongoing conversation.

The first phase is a survey requesting feedback from Fremont residents and business owners. The responses will also help

determine discussion topics at the subsequent virtual outreach dialogues. The survey is open now through August 6, 2020 and can be accessed online on Fremont Open City Hall.

The second phase is a series of facilitated virtual dialogues in July and August related to policing and racism. These conversations will give the City’s leadership an opportunity to listen and work with community stakeholders representing faith leaders, youth, non-profit and social service organizations, seniors, businesses, and racial and ethnic groups.

The third phase will include a City-wide virtual Town Hall meeting in August to summarize the results from the survey and discussion groups, elicit additional feedback, and propose recommendations and next steps.

“Fremont has a long-standing commitment to community engagement and does not shy away from difficult conversations. Our Police Department was an early adopter of community policing and that core value has helped to drive the Engage Fremont initiative,” stated Mayor Lily Mei. “In 2018, the Department developed a transparency portal on our website to help communicate these efforts and more recently, we developed an infographic to address our practices outlined by the #8CantWait campaign. Let’s work together to build on this strong foundation as we listen through our Engage Fremont initiative.”

More information can be found at FremontPolice.gov/Engage, including the results of the survey, status of the engagement activities, and highlights from each meeting when available.

COMMUNITY BULLETIN BOARD

VETERANS OF FOREIGN WARS POST 9601 Veterans and Active Duty Military are Invited Meetings 2nd Tuesday each month. Meeting Starts at 6:30PM Veterans Memorial Building 22737 Main St Hayward, CA 94541 www.vfw9601.org		MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365			
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at ROUND TABLE PIZZA at 5544 Thornton Ave., Newark We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.		
Zumba Kids with Jazzy Jenny Kids ages 4-12 Saturdays 2:30pm-3:30pm At Hope Community Church One hour of games,fun, and dancing. The last Saturday of every month is Zumba Family! For more info email: zumba.jazzyjenny@yahoo.com		UNITY CHURCH OF CASTRO VALLEY A Center for Positive Living Rev. Donna Caldwell invites all people to attend our 11:00 a.m. Sunday Services 20121 Santa Maria Ave., Castro Valley For classes & other activities 510/538-1416 www.unitycv.org	FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
Monday Night BINGO 1st Monday each month at Niles Mobile Home Park 711 Old Canyon Rd., Fremont Near Vallejo Mills Elem. School Doors open 6:00pm Games start at 7:00pm more info: 510-513-3237	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinocle group, bocce ball & book club. For more info, call 510-656-0162		FREMONT AREA WRITERS SPONSORS “THIRD SUNDAY” LITERARY OPEN MIC Writers share their original work Third Sunday of Every Month Sign-up 3:00 Reading 3:30 - 5:30 At Starbucks - A family friendly venue for family friendly material 39201 Cedar Blvd Newark EVERYONE IS WELCOME!	FAW “SECOND SATURDAY” Meet your local FAW authors Second Saturday of Every Month Sponsored by Half Price Books & Fremont Area Writers 39152 Fremont Hub Reading 2:00 to 4:00 pm Different author each month Fiction, nonfiction, poetry, etc. EVERYONE IS WELCOME!
FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org		Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	AMERICAN LEGION POST 649 Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org	

Testing center, food distribution moving to new locations

SUBMITTED BY CITY OF HAYWARD

The City of Hayward COVID-19 Testing Center and weekly No-Contact Food Distribution program are moving to new locations starting the first week of August.

The COVID-19 Testing Center, currently located at Lot A at Cal State University, is moving to Skywest Golf Course at 1401 Golf Course Road adjacent to Hayward Executive Airport starting Monday, Aug. 3. The Testing Center’s last day operation at Cal State will be Friday, July 31.

Also the first week of August, the City’s weekly No-Contact Food Distribution program that takes place every Thursday at Skywest Golf Course will move further south down Hesperian Boulevard to the Chabot College campus. Its last day of operation at Skywest Golf Course will be Thursday, July 30.

The operating schedule for the Testing Center will remain 9 a.m. to 4 p.m. Monday through Friday, while the weekly No-Contact Food Distribution program will continue operating from 11 a.m. to 1 p.m. Thursdays following its relocation to Chabot.

The relocations are part of a set of adjustments being made to sustain both the Testing Center and Food Distribution program for as long as they are needed through the coronavirus health emergency.

- The COVID-19 Testing Center is now collecting health insurance information so it can seek reimbursement for testing costs. However, insurance is not required to be tested and no individual will be charged a fee of any kind to be tested, including an insurance co-payment. Testing remains available free of charge to anyone age 12 or older, regardless of place of residence or immigration status or whether or not they have COVID-19 symptoms. No physician referral is required.
- As part of the process for signing up for a COVID-19 test, individuals also will be able to register online to receive email notice when their test result is available online. Individuals who test positive for coronavirus infection will still receive a telephone call with the result as well as information and advice on next steps, and the availability of supportive services and resources.
- Starting Aug. 3, as the COVID-19 Testing Center moves to Skywest Golf Course, people will be able to begin making advance appointments by visiting the Testing Center webpage on the City of Hayward website.
- The City has closed its general COVID-19 Hotline call center that has been available at (510) 583-4949, and has replaced it with a call center specifically associated with the COVID-19 Testing call center, which can be reached at (510) 583-5333.

For more information and updates on City of Hayward responses to COVID-19, please visit the City’s website at www.hayward-ca.gov/covid-19, follow us on social media and subscribe to receive our e-newsletter, The Stack

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Sunday, July 19

- Officers Trzewieczynski and Jauregui were dispatched to the Islamic Center in Irvington on a report that an unidentified person was seen inside of the hall at the temple. On arrival, officers saw the front door had been pried open and jammed. While additional officers arrived to help establish containment, the male suspect (later identified as a 33-year-old) was seen inside through the windows. A contact team talked to the suspect and he surrendered. It was later determined that the man had stolen money from the center and caused more than \$1,000 in damage to the front door. The man was arrested and taken to Fremont Jail on suspicion of vandalism and commercial burglary.
- At 7:33 p.m. officers responded to a report of a robbery at a business on the 5000 block of Mowry Avenue. A suspect, described by witnesses as a Hispanic male, about 35-years-old, six feet tall and weighing about 300 pounds, reportedly stole food items from the store and confronted employees saying he had a gun, but it was not seen. He was accompanied by a white female in her 30s about 5-feet-4-inches tall and weighing about 230 pounds.

Tuesday, July 21

- At 2:54 p.m. officers responded to a call about a theft from the Lucky supermarket on Mowry Avenue. The suspects fled in a vehicle, later located by Officer Degenstein, who followed it northbound on I-880 into San Leandro and made a vehicle stop when other units were available to help. Two men, ages 27 and 28, from Oakland and San Leandro, were arrested at booked at Fremont Jail on suspicion of theft.

Wednesday, July 22

- At 9:21 p.m. officers responded to a caller who reported his roommate had gotten into an argument with his girlfriend and stabbed himself with a knife. Officers responded and the man was taken to a hospital for treatment and placed on a mental health evaluation.

Thursday, July 23

- Police announced that a suspect has been arrested in connection with a series of home burglaries that occurred while victims were asleep. At least four burglaries occurred between July 2 and July 14 in various Fremont neighborhoods. Stolen credit card leads and other evidence lead detectives to Jonathan Leal-Betancourt, 22, of Fremont. He was arrested at his home on July 16. On July 21, he was charged by the Alameda County District Attorney with multiple counts of first-degree residential burglary, residential burglary while the residence is occupied, committing a felony while on bail, and possession of stolen property. At arraignment, the judge ordered Leal-Betancourt to be held in custody pending his plea hearing on July 28.
- At 12:45 a.m. officers responded to a report about a gunshot victim at a local hospital. A teenage male was shot in the hand in a possible suicide attempt and taken to the hospital by family members. Meanwhile, a report of possible gunshots in the 4400 Central Avenue area came in. Responding officers spoke with witnesses and canvassed the area to make sure there were no injured people. An investigation is ongoing.

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Parking enforcement rules resume in Union City

SUBMITTED BY UNION CITY PD

A note from police in Union City: Relaxed parking enforcement in recent months during the coronavirus pandemic has come to an end. Through Sunday, August 2 warning citations will be issued for street sweeping and permit parking permit parking violations at the Station District. Fine-based citations will resume on Monday, August 3. For details, call (510) 471-1365.

Street crimes unit re-established

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On July 24, Street Crimes Unit (SCU) personnel coordinated with a property owner to secure a vacant residence which was frequently used by illegal trespassers. Over the past several months, various trespassers had been occupying an unoccupied residence in the 37000 block of 3rd St. in Niles.

Community members reported continuous problems on the property including drug use, thefts, and loud disturbances at all hours of the night. Patrol officers attempted to mitigate the problem with frequent patrol checks and making repeated arrests. The property owner had been cooperating to the best of their abilities, however the lack of available resources due to the pandemic made it difficult for them to address the on-going problems.

The Department's Street Crimes Unit had previously been re-assigned to patrol services for the last two years due to inadequate patrol staffing levels. In early July, SCU was re-established and began working on resolving the on-going problems at this property. They were able to coordinate with the property owner, other city departments, and the property owner's private contractor.

Additionally, SCU personnel assisted patrol officers with an operation last week resulting in the arrest of several suspects at the location for a variety of crimes. Since the arrests, SCU officers have conducted daily security checks of the property and made additional arrests.

Today, SCU accompanied the private contractors as they boarded up the vacant residence and secured the perimeter with a fence.

SCU personnel will continue to monitor the neighborhood in hopes that the community will now have an area free from the crimes associated with the illegal trespassers.

In addition to addressing long-term nuisance issues, SCU focuses on identifying and arresting prolific offenders who continually victimize our community. The return of SCU provides the community with an additional resource in combating serial crimes and quality of life issues.

To learn more about our Street Crimes Unit, please visit:

<https://www.fremontpolice.gov/about-us/patrol-division/street-crimes-unit>

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Sunday, July 19

- At 7:28 a.m. a man identified by police as Jason Dixon, 28, of San Leandro was arrested at Bay Fair station in San Leandro on suspicion of vehicle theft and possession of burglary tools. He was booked into Santa Rita Jail.

- At 7:14 p.m. a suspect identified by police as Riley Cavara, 33, of Vallejo was arrested at Bay Fair station in San Leandro on suspicion of resisting an officer and possession of drug paraphernalia. A record check showed Carvara also had a no bail warrant issued in Stockton. Carvara was booked into Santa Rita Jail.

Newark Police Log

SUBMITTED BY NEWARK PD

Tuesday, June 2

- At 12:09 a.m. officers responded to a fight in progress on the 7100 block of Fountain Avenue. A 24-year-old Newark man was arrested on suspicion of battery and obstructing a police officer. He was cited and released.

Sunday, June 7

- At 11:57 p.m. Officer Quinonez arrested a 37-year-old Fremont man in the parking lot of Newark Square shopping center on suspicion of possessing burglary tools, unlawful possession of tear gas and possession of a firearm as a felon. The suspect was booked at Fremont Jail.

Thursday, June 11

- At 9:33 p.m. officers responded to a report about an assault with bolt cutters on a family member on the 3700 block of Dahlia Drive. A 25-year-old Newark man was arrested on suspicion of assault with a deadly weapon and vandalism. He was booked at Santa Rita Jail.

Monday, July 20

- At 4:07 p.m. an 18-year-old man was arrested on the 6300 block of Robertson Avenue on suspicion of carjacking, attempted carjacking, hit and run with property damage and obstructing an officer.

- At 8:42 p.m. a 26-year-old man was arrested in a parking lot at 5401 Thornton Avenue on suspicion of battery and vandalism.

Wednesday, July 22

- At 11:31 a.m. a 26-year-old man was arrested at Graham Avenue and Olive Street on suspicion of possessing controlled substance paraphernalia. He was issued a citation and released.

Alameda County Fire Department Log

SUBMITTED BY ACFD

Friday July 17

- Shortly before 8:00 p.m. ACFD crews assisted the Hayward Fire Department in knocking down a fire at the abandoned Holiday Bowl building on Mission Boulevard in Hayward. The 3-alarm blaze totaled the structure. There were no injuries; the cause of the blaze is under investigation.

Tuesday, July 21

- At 10:30 p.m. firefighters extinguished a small vegetation fire that was producing lots of smoke near Springlake Drive and Hesperian Boulevard in San Leandro.

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GENERAL CIVIL PRACTICE
Business and personal matters, partnerships, corporations

STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University
Juris Doctor, University of Illinois (7th in class)

Quoted by Ralph Nader in his book "No Contest" (1996)

Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present

Faculty Law Clinic Santa Clara University College of Law 1987

Editor, University of Illinois Law Review 1968-1969

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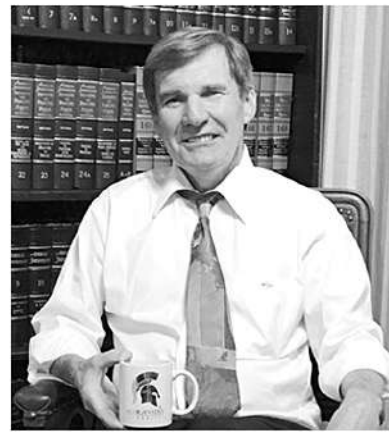
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PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG20066870
Superior Court of California, County of ALAMEDA
Petition of: BARBARA PESINO CRUZ for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner BARBARA PESINO CRUZ filed a petition with this court for a decree changing names as follows:
BARBARA PESINO CRUZ to BARBARA CRUZ RAMIREZ

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 08/21/2020, Time: 11:00 A.M. , Dept.: 17, Room: N/A
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: WHAT'S HAPPENING TRI-CITY VOICE
Date: JULY 7, 2020
JUDGE DESAUTELS
Judge of the Superior Court
7/21, 7/28, 8/4, 8/11/20

CNS-3380546#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG20065275
Superior Court of California, County of ALAMEDA
Petition of: SHIVAKUMARAN R. SWAMINATHAN & SUGANTHINI SHIVA PARENTS, ON BEHALF OF ABISHAYAN for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner SHIVAKUMARAN RANJAN SWAMINATHAN filed a petition with this court for a decree changing names as follows:
SHIVAKUMARAN RANJAN SWAMINATHAN TO SHIVA RANJAN SWAMINATHAN
ABISHAYAN ABI-THAMBA SHIVA to ABISHAYAN THAMBA SHIVA

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 08/07/2020, Time: 11:00 A.M., Dept.: 17, Room: N/A
The address of the court is 1221 OAK STREET, OAKLAND, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: TRI CITY VOICE
Date: JUNE 15, 2020
JUDGE DESAUTELS
Judge of the Superior Court
7/7, 7/14, 7/21, 7/28/20

CNS-337754#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 571032

Fictitious Business Name(s):
1. **MMA MOST WANTED 2. MMA'S MOST WANTED 3. MIXED MARTIAL ARTS MOST WANTED 4. @MMAMOSTWANTED 5. FUN WEB 6. @AFUNWEB, 224 JUPITER CT., UNION CITY, CA 94587**, County of ALAMEDA
Registrant(s):
RUBEN GILBERT LOPEZ, 4224 JUPITER CT, UNION CITY, CA 94587
ROSA MARIA LOPEZ, 4224 JUPITER CT., UNION CITY, CA 94587
Business conducted by: MARRIED COUPLE
The registrant began to transact business using the fictitious business name(s) listed above on 06/26/2010

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ RUBEN GILBERT LOPEZ

This statement was filed with the County Clerk of Alameda County on JUNE 29, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/28, 8/4, 8/11, 8/18/20

CNS-338337#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 570920

Fictitious Business Name(s):
THE NOTARY COMMANDER, 39109 GUARDINO DRIVE APT. 332, FREMONT, CA 94538, County of ALAMEDA

Registrant(s):
SIVEL & SHARP LLC, 39109 GUARDINO DRIVE APT 332, FREMONT, CA 94538 (CALIFORNIA)
Business conducted by: A LIMITED LIABILITY COMPANY
The registrant began to transact business using the fictitious business name(s) listed above on 01/01/2020

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ GERALD W. TRIPLETT

This statement was filed with the County Clerk of Alameda County on JUNE 23, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/21, 7/28, 8/4, 8/11/20

CNS-3380547#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 571091

Fictitious Business Name(s):
PLUS REALTY, 43575 MISSION BLVD #108, FREMONT, CA 94539, County of ALAMEDA
Registrant(s):
BECKY CHENG, 43400 LAUREL GLEN COMMON, FREMONT, CA 94539
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 10/23/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ BECKY CHENG

This statement was filed with the County Clerk of Alameda County on JULY 1, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/14, 7/21, 7/28, 8/4/20

CNS-3378637#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 570936

Fictitious Business Name(s):
THE BLACK HOLE PRESS, 26256 HICKORY AVE, HAYWARD, CA 94544-3112, County of ALAMEDA

Registrant(s):
ROBERT BIWISTER, 26256 HICKORY AVE, HAYWARD, CA 94544-3112
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on 04/20/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ ROBERT BIWISTER

This statement was filed with the County Clerk of Alameda County on JUNE 23, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/14, 7/21, 7/28, 8/4/20

CNS-3378635#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 570873

Fictitious Business Name(s):
SOLID, 3419 BRIDGEWOOD TERRACE #102, FREMONT, CA 94536; MAILING ADDRESS: P.O. BOX 8412, FREMONT, CA 94537, County of ALAMEDA

Registrant(s):
SEN TING, 3419 BRIDGEWOOD TERRACE, #102, FREMONT, CA 94536
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on FEBRUARY 28, 2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ SEN TING

This statement was filed with the County Clerk of Alameda County on JUNE 19, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/7, 7/14, 7/21, 7/28/20

CNS-3376927#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 570765

Fictitious Business Name(s):
DRIVEN BY COMFORT, 247 El Dorado Ave., Hayward, CA 94591, County of Alameda

Registrant(s):
Sandra Y. Corpeno, 247 El Dorado Ave., Hayward, CA 94541

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sandra Y. Corpeno

This statement was filed with the County Clerk of Alameda County on June 16, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/7, 7/14, 7/21, 7/28/20

CNS-3376161#

GOVERNMENT

CITY OF UNION CITY
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing

will be held by the City Council of the City of Union City for the purpose of considering the following:
Site Development Review (SD-20-001)

The applicant, Dale Furman, on behalf of La Terra Fina, is seeking approval of Site Development Review (SD-20-001) for an approximately 39,400 square foot addition to the existing La Terra Fina facility. The project site is located at 1300 Adalste Street (APN: 475-90-25), within the Light Industrial (ML) zoning district.

NOTICE IS ALSO GIVEN that this project is considered categorically exempt under Section 15301, Existing Facilities, of the California Environmental Quality Act (CEQA)
The Planning Commission reviewed the application for Site Development Review (SD-20-001) at its July 16, 2020 meeting and recommended approval to the City Council on a 5-0 vote.

This item will be heard at a public hearing by the City Council at the meeting listed below. In Person Participation Prohibited due to Public Health Emergency, comments may be submitted in writing prior to the hearing or at the hearing consistent with the Teleconference Guidelines. The project planner, Brandon H DeLucas, can be reached via email at BrandonD@unioncity.org. or by calling the Planning Division's main line at (510) 675-5319.

CITY COUNCIL MEETING
Tuesday, August 11, 2020
Said hearing will be held at 7:00 p.m.
Via Teleconference

The meeting packet and instructions on how to virtually attend the meeting and provide your comments can be found at https://www.unioncity.org/199/City-Meetings-Video
Meeting packets which include the meeting agenda and staff report are generally available on-line the Friday before the meeting.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the public hearings for this project, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.
CARMELA CAMPBELL, AICP
Economic & Community Development Director
7/28/20

CNS-3383370#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
EUSEBIA B. UMBLAS
CASE NO. RP20066908

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Eusebia B. Umblas

A Petition for Probate has been filed by Joven B. Umblas in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Joven B. Umblas be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on August 19, 2020 at 9:31 a.m. in Dept. 202 Room N/A located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Spencer W. Chen, Esq. - Leland, Parachini 199 Fremont Street, 21st Floor, San Francisco, CA 94105, Telephone: 415-957-1800
7/28, 8/4, 8/11/20

CNS-3382402#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
VALERIE LYNN WASHINGTON
CASE NO. RP20067501

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Valerie Lynn Washington

A Petition for Probate has been filed by Dominique Washington in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Dominique Washington be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions,

however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 08/25/2020 at 2:00 p.m. in Dept. 201 Room N/A located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Tracy S. Regli, 3478 Buskirk Ave., Ste. 300, Pleasant Hill, CA 94523, Telephone: 925-906-1880
7/21, 7/28, 8/4/20

CNS-3381119#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
PATRICIA HILT FERMAN
CASE NO. RP20065736

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Patricia Hilt Ferman

A Petition for Probate has been filed by Andrea K. Ferman in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Andrea K. Ferman be appointed as personal representative to administer the estate of the decedent.

The Petition requests the will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 08/10/2020 at 9:31 a.m. in Dept. 202 Room N/A located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Sarah Summerall, 3871 Piedmont Ave #57, Oakland, CA 94611, Telephone: 415-944-9406
7/21, 7/28, 8/4/20

CNS-3380505#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
CLAUDIA RUEDA
CASE NO. RP20065977

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Claudia Rueda

A Petition for Probate has been filed by Erica G. Torres in the Superior Court of

California, County of Alameda.

The Petition for Probate requests that Erica G. Torres be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on August 24, 2020 at 2:00 p.m. in Dept. 201 Room N/A located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Joseph F. Fenton, Esq., Campbell Green LLP, 1970 Broadway, Suite 625, Oakland, CA 94612, Telephone: 510-832-0742
7/21, 7/28, 8/4/20

CNS-3380318#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
DORIS J. PORTER
CASE NO. RP20066876

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Doris J. Porter

A Petition for Probate has been filed by Glenn Porter in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Glenn Porter be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 08/19/2020 at 9:31 a.m. in Dept. 202 Room N/A located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the

THE STORYBOARD INITIATIVE:

Writing Student Careers One Story at a Time

BY JESSICA YU

Founded by high school students, The Storyboard Initiative (TSI) is a local program that provides fellow students with tools and lifelong skills for business and career development. Powered by DECA, a national club organization seeking to prepare emerging leaders and entrepreneurs, the initiative centers its curriculum on the four pillars of marketing, finance, hospitality, and management in high schools and colleges around the globe.

Vayun Shyam, a rising junior at American High School and the current president and co-founder of TSI, started this program with Arjo Goswami and Rohan Karra in March as a way to combat the lack of a structured lesson plan at his high school DECA chapter. As a freshman, he was exposed to the competitive nature of DECA conferences and felt severely underprepared. Now, less than two years later, his program hopes to help those who are new to or want to study business.

TSI brings more than just DECA preparation to the table by also helping students develop college and career skills. During summer of 2020, courses taught by DECA alumni and business professionals are available through Udemy and Google Classroom. Currently, they have more than 700 students enrolled, with the number increasing every day.

The Storyboard Initiative has come a long way since their original focus of the Bay Area. TSI has members spanning 51 countries worldwide, ranging from middle school students, high school students, and DECA alumni. Members from the area include students from American High School, Basis Independent Valley, Mission San Jose High School, and various colleges. “When we started and advertised, it became a lot bigger than we expected. Our goals are constantly changing as we continue to grow,” said founder Vayun Shyam.

Courses help students jumpstart their business careers by introducing business basics through a three-step process. First, Udemy introduces lectures through online

video content and quizzes. The free course has over 500 students currently registered. Second, their Google Classroom courses - Marketing Magic, Model Management, Finance Forward, High-Class Hospitality, and Enhancing Entrepreneurship - align with the main DECA competitions. In the third step, TSI is hosting an Online Career Challenge similar to the structure of a DECA conference, with various cash prizes and scholarships as the grand prize. Students will enter based on the different clusters of DECA. More details will be released later on the website.

In addition to the free curriculum online, TSI provides advantages to Fremont Unified School District schools and Title 1 schools that are interested in business education. DECA alumni and business professionals not only teach the DECA curriculum, but also introduce college and career-ready skills. Programs provide access to mentors, industry professionals and counselors who can guide students in underprivileged communities to work toward a career in business. TSI gives back to the community in the best way they know — business and career development.

From enhancing DECA careers to providing business opportunities for underprivileged schools and communities, TSI continues to progress change and development in students’ lives worldwide.

Visit <https://tsbini.com> for more information.

From Kitchens to Hospitals:

Creating Change With Free Meals



BY MINGXIN WANG
PHOTOS BY ANIKA POTNIS,
COURTESY OF KITCHEN TO WARD

They are raising money for hospitals, setting up social media fundraisers and GoFundMe campaigns. They are sustaining local restaurants, purchasing meals from small businesses and distributing them to partnering hospitals. Most of all, they are connecting customers with restaurants and providing free meals for health care centers, leaving a remarkable impact in their communities.

After schools closed in late March, Aayush Kabra, a junior at Washington High in Fremont, was stuck at home, sheltering in place. He watched every day as the number of cases increased exponentially, as the hospitals overflowed with patients, and as the restaurants he used to dine at shut down permanently.

Kabra felt compelled to assist the restaurants and hospitals in his neighborhood during the pandemic. He said, “I realized that the frontline workers were putting themselves at risk just by going to work every day. I knew that our hospitals, nursing homes, and testing centers were all overworked and understaffed, especially in heavily infected areas, and I didn’t want the doctors or nurses to worry about preparing their next meals. I came to the realization that I could help struggling restaurants while assisting health care centers.” Fueled by his passion to make a positive impact, during his spring break, Kabra founded Kitchen to Ward, an organization that provides hospitals affected by the coronavirus with meals from local restaurants.

“When I started Kitchen to Ward,” Kabra said, “it was just my family and I.” In early April, Kabra and his family started

reaching out to several hospitals nationwide and arranged partnerships with three health care centers, from Vista Medical Center in Illinois to Temple University Hospital in Pennsylvania. In the span of several months, Kitchen to Ward rapidly expanded their reach. Kabra increased the size of his team to adjust to the growing demand of meals, recruiting other high schoolers from Illinois, North Carolina, and Pennsylvania. By the end of July, Kitchen to Ward had established partnerships with 13 health care centers, raised \$6,395 for meal donations, and served more than 600 meals.

Anika Potnis, one of the Kitchen to Ward’s five officers, said, “I got to meet the most incredible people through Kitchen

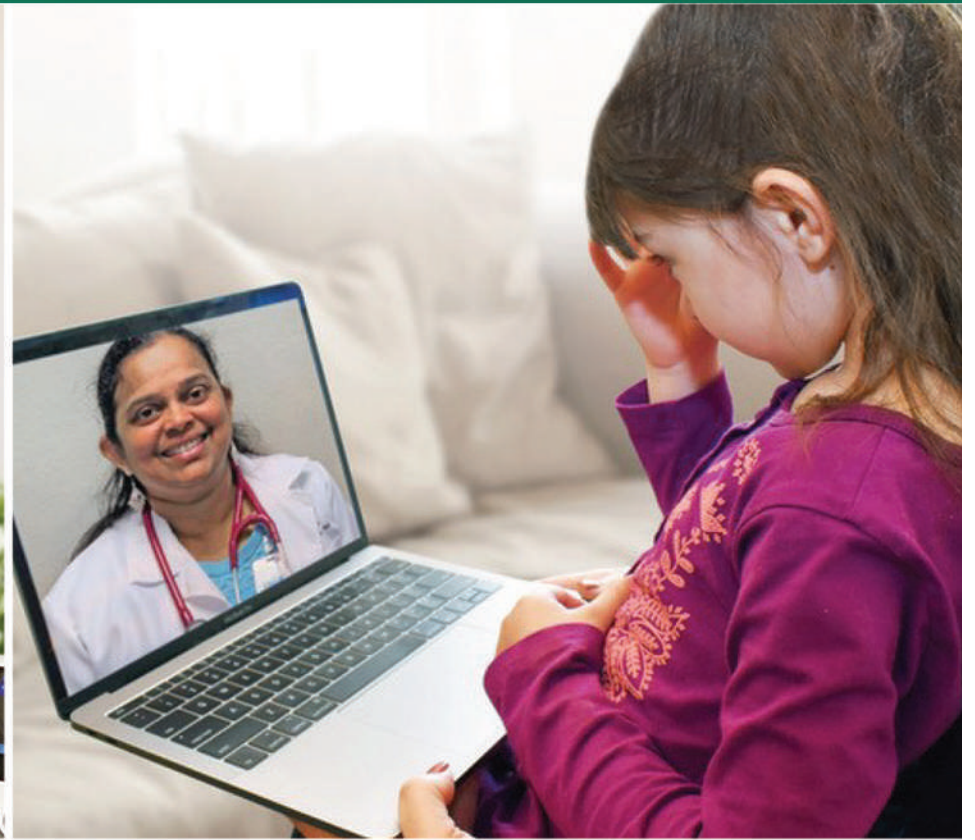
to Ward. I had conversations with health directors, restaurant owners, and even Fremont Mayor Lily Mei. Seeing how much effort each health care worker and business owner puts into serving their communities inspires me to continue working with Kitchen to Ward and increasing our outreach.” In the future, she hopes to make an even greater impact with Kitchen to Ward by donating more than 1,000 meals and raising over \$7,000 in the next few months.

With the recent spike in cases, she is more motivated than ever to lend a hand to local health care services and restaurants. The Kitchen to Ward team might be small, Potnis said, but “if we can deliver one meal, we can deliver thousands.”



Learn more about Kitchen to Ward’s services and impact at <https://www.kitchentoward.org/>

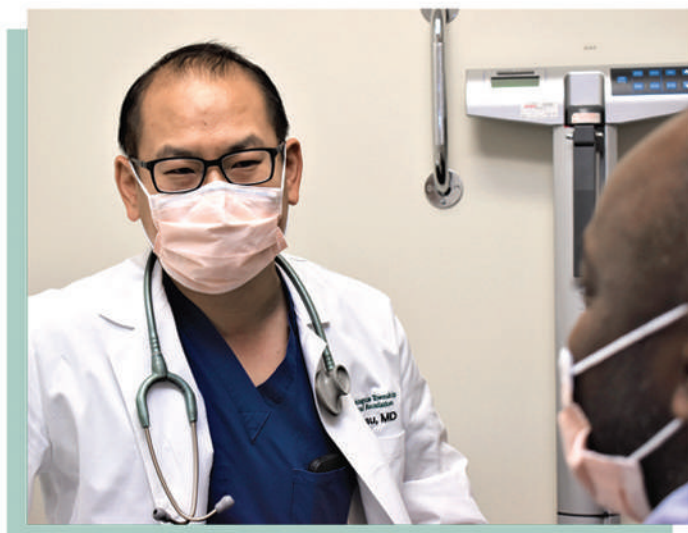
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