



Keeping the magic alive despite COVID-19

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Poet to speak at local writers' meeting

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Teen task force makes face shields for frontline workers

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Sheltering at home brings breath of fresh air to Californians

BY STEPHANIE GERTSCH

Our cities and scenic places will still be there for us when it is safe to wander freely. In fact, some vistas will be clearer than ever as the downturn in smog pollution from cars is leaving skies bluer than they've been in years. In early April, images of "LA without Smog" popped up on social media and on publications like Business Insider, showing breathtaking views of a sparkling clean city skyline. Bill Magavern, Policy Director for the Coalition for Clean Air (CCA) agrees that California is

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California Nursery: Roeding Family House

BY CHARLENE DIZON
PHOTOS COURTESY OF
DR. JOYCE BLUEFORD

Over 100 years after the Roedings first moved in as newlyweds, the Roeding Family House remains on the California Nursery property in Niles of Fremont. In the past, the house acted as both shelter for the Roedings and a place for California Nursery meetings. As the Roeding family and California Nursery expanded, the home became a significant symbol for the personal and professional growth that the Roedings experienced.

George Roeding Jr. and Frances Baldwin wed in 1927 in Hawaii, where Frances' family shared large holdings in the Sugar Cane

Industry. During this time, George Jr.'s father, George Roeding Sr., managed California Nursery Company. Unfortunately, George Sr.'s health began to weaken and California Nursery management was turned over to George Jr. The newly-wedded couple traveled to the California Nursery Company property and moved into a building initially inhabited by the Lehmann family, who had once worked on the property. This would become the Roeding's lifelong home.

In 1928, the Roedings' first child Bruce was born, followed by George III and Gerald. Because their family was swiftly growing, the house required renovations. Two bedrooms

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On May 13, 2020, four F-15C Eagle fighter jets fighter with the 144th Fighter Wing of California Air National Guard (Fresno) saluted First Responders throughout California with a flyover of medical facilities throughout California including the Bay Area.
(Photo – Mike Heightchew)

Memorial Day is an intrinsic part of American's yearly cycle of events. The last Monday in May kicks off the start of summer with a three-day weekend of travel, family picnics and barbecues, and parades. This year, ongoing shelter-in-place orders make those plans seem like a pleasant but improbable dream. However, in 2020 we may feel closer to the original meaning of Memorial Day than we ever have before.

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Memorial Day



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Running

The “Go To” Exercise
During Shelter in Place

Local PT Provides Tips for Safe, Fun Running



While gyms and swimming pools remain closed and everyone is sheltering in place, running has gained speed as the exercise of choice for new and seasoned athletes. Running is a great way to boost your physical and mental health and shed some of those unwanted “quarantine 15” pounds you may have gained. But first, there are a few important things to know before you lace up and hit the trail or road.

“Running is an excellent cardiovascular workout that gets you outdoors and is great for your body, but it’s important to have a pre- and post-run routine and make sure you stay within your limits,” said Director of the Washington Outpatient Rehabilitation Center (WORC) Sharmi Mukherjee, PT, MPT, DPT. She recommends dynamic warmups before running, static stretching afterwards, and to slowly work up to a regular running routine.

It is a common misconception that you should stretch out your muscles before running. Instead it’s important to warm up your muscles, especially those in your lower extremities. To get the blood

flowing in your legs before heading out, Mukherjee recommends doing 15-30 repetitions of the following exercises: jumping jacks; high knee raises; butt kickers; carioca, also called grapevines; and Frankenstein walk. Instructions on how to perform these, along with other stretches and exercises described here, can be found on the Washington Hospital InHealth YouTube channel. Visit www.youtube.com/whhsinhealth and search Sharmi Mukherjee.

Another thing new runners or seasoned runners who want to raise their mileage should take into consideration is to start slowly and build up over time. Mukherjee recommends people new to running begin with a goal of one 15-minute mile every other day the first week of training, adding an additional mile to the distance and going a little faster each week. A good beginning routine may also include alternating between walking and running, then building up to longer running intervals.

To monitor your speed, a recommended cadence, or total number of steps taken per minute, is 160-170 for beginners and 180 and up for more advanced runners. One way to track your cadence is to use a runner’s metronome app on your smartphone, which can be downloaded for free or a nominal cost.

Another benefit of running is that it is free and doesn’t require much equipment to start. A pair of comfortable running shoes with a supportive arch is recommended. Hydration is also important. Some people carry a water bottle on their run, while others choose to drink water before and after. Mukherjee also suggests chocolate milk as a post-run drink since it has been proven to help with recovery and reduces muscle damage. Protein shakes or nutritious high-protein snacks are also good choices.

A critical post-run practice for all runners includes stretching your muscles to help prevent soreness and cramping

after the workout. Mukherjee suggests static stretches of 15-30 seconds for the major leg muscles including calves, glutes, hamstrings, iliotibial (IT) bands and quadriceps. It is also good to rest for at least one day between runs to avoid fatigue and overuse injuries. Days off are a good time to do cross-training exercises like squats, planks, heel raises and single-leg balancing. When done correctly, these help further strengthen the leg muscles and help avoid injuries, which is integral to a long-term running regimen.

Sore muscles are to be expected when starting to run or increasing your mileage. The best way to handle muscle fatigue and soreness is by icing your legs after a run to reduce inflammation. Following up with an Epsom salt bath the next day or using an over-the-counter cool therapy pain gel to help relieve the soreness is also suggested.

“It is essential that new runners recognize the difference between muscle soreness and a running-related injury, as the type of pain associated with each of them is different.” Mukherjee added. Common injuries include IT band syndrome, which causes hip or knee pain; plantar fasciitis, which is generally felt on the heel of the foot; and shin splints, which hurt along the shinbone. “When runners experience prolonged pain in their hips, legs, knees, or ankles that does not go away with stretching, rest or home therapies, they should see their doctor or make an appointment with a physical therapist.”

For more information on the Washington Outpatient Rehabilitation Center, visit www.whhs.com/opRehab or call 510.794.9672.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	5/19/20	5/20/20	5/21/20	5/22/20	5/23/20	5/24/20	5/25/20
12:00 PM 12:00 AM	Women's Health, Strategy for Wellness: Gender Matters, Heart Disease Risk in Women	Mental Health Education Series: Understanding Psychotic Disorders	Active Living: Yoga Exercises	Diabetes Matters: Asian Fusion	Mental Health Education Series: Mental Wellness	Early Detection and Prevention of Female Cancers	Anxiety: Stop Negative Thoughts
12:30 PM 12:30 AM	Nerve Compression Disorders of the Arm		Updated Treatments for Knee Pain & Arthritis	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?			
1:00 PM 1:00 AM	Digestive Health: What You Need to Know	Symptoms of Thyroid Problems	Sidelined by Back Pain? Get Back in the Game	Solutions for Weight Management	How to Prevent Financial Elder Abuse/Fraud	Gastrointestinal Disorders	Healthy Gut, Healthy You
1:30 PM 1:30 AM							
2:00 PM 2:00 AM	Aortic Valve Disease: Treatment Options Including TAVR	Colon Cancer	Sports Medicine Program: Why Does My Shoulder Hurt?	Mental Health Education Series: Anxiety Disorders	Weight Management: Stopping the Madness	Diabetes Matters: Dining Out Around The World	Diabetes Matters: Diabetes Conversations
2:30 PM 2:30 AM	Diabetes Matters: Latin Foods					Voices InHealth: Antimicrobial Stewardship	
3:00 PM 3:00 AM	Chronic Kidney Disease: FAQ	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	11th Annual Women's Health Conference: Patient's Playbook	Caregiver Series: Securing Care Preferences Through AHCD	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Hepatitis B and Liver Cancer: Prevention and Treatment	Women's Health Conference: Reclaiming Your Confidence
4:00 PM 4:00 AM	Respiratory Health and Diseases			Preventive Screenings: When and Why are They Important?			
4:30 PM 4:30 AM	Pain When You Walk? It Could Be PVD	Suffer From Sinus Problems?	FB Live: Maintaining Your Mental Wellness During the COVID-19 Pandemic	Palliative Care Series: How Can This Help Me?	Strategies to Reduce the Risk of Cancer Recurrence	Diabetes Matters: Diabetes & Eyes	Diabetes Matters: Filipino Food Made Healthy
5:00 PM 5:00 AM		Obesity: Understand the Causes, Consequences & Prevention	Women's Health Conference: Women & Stroke: Are You at Risk?			Caregiver Series: Codependency and the Caregiver	
5:30 PM 5:30 AM	Sports Medicine Program: Youth Sports Injuries	Heart Health: What You Need to Know	Food Pharmacy: Prescription for Colon Health	Learn About the Signs & Symptoms of Sepsis	Diabetes Matters: Diabetes & Eyes	How to Talk to Your Doctor	Skin Health: Skin Cancer & Fountain of Youth
6:00 PM 6:00 AM							
6:30 PM 6:30 AM	Mental Health Education Series: Family Support	Good Fats vs. Bad Fats	Palliative Care Series: Palliative Care Demystified	Sports Medicine Program: Nutrition & Athletic Performance	Mindful Healing	Latest Treatment Options for Wound Care	Vitamins & Supplements: How Useful Are They?
7:00 PM 7:00 AM						Stop Diabetes Before It Starts	
7:30 PM 7:30 AM	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	Family Caregiver Series: Mindfulness Meditation for the Caregiver	Mental Health Education Series: Crisis Intervention	Learn About the Signs & Symptoms of Sepsis	Stress Management	Women's Health through the Years: Screening is Key to Aging Well	Diabetes Matters: Asian Indian Cooking
8:00 PM 8:00 AM							
8:30 PM 8:30 AM	FB Live: Maintaining Your Mental Wellness During the COVID-19 Pandemic	Sick Feet?	Peripheral Vascular Disease: What You Need to Know	How To Stop Disease Before It Starts	Sports Medicine Program: Exercise & Injury	Diabetes Matters: Type 1.5 Diabetes	Keeping Your Brain Healthy
9:00 PM 9:00 AM	How to Sleep Your Way to Better Health						
9:30 PM 9:30 AM	Strategies to Help Lower Your Cholesterol and Blood Pressure	Understanding HPV: What You Need to Know	Advance Care Planning: Five Wishes	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Diabetes Health Fair 2019: Diabetes and Foot Care	Learn the Latest Treatment Options for GERD	Laugh without Leaking: Understanding Female Urinary Incontinence
10:00 PM 10:00 AM		Diabetes Matters: Exercise IS Medicine					
10:30 PM 10:30 AM	Healthy Eating: Prescription for Health	Family Caregiver Series: Medication Safety	Mental Health Education Series: Understanding Mood Disorders	Metabolic Disorders	Diabetes Matters: Italian Foods	Endometriosis: Causes, Symptoms, Diagnosis and Treatment	Diabetes Matters: Basics of Insulin Pump Therapy
11:00 PM 11:00 AM							
11:30 PM 11:30 AM	Diabetes Matters: Diabetes and Kidney Health	Balance & Falls Prevention	Mental Health Education Series: Understanding Mood Disorders	Ready, Set, Goal! A Healthier You in 2020	Diabetes Matters: Heart Healthy Eating	Diabetes Matters: Diabetes and Your Heart	Diabetes Matters: Loss, Grief & Recovery
				Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Managing Family Dynamics in Caregiving		Diabetes Health Fair 2019: Standards of Medical Care in Diabetes

May is National Critical Care Awareness and Recognition Month

A Look at Our Local Heroes on the Front Lines of the COVID-19 Crisis

This is National Critical Care Awareness and Recognition Month and it could not be timelier this year. Those who care for the critically ill and injured are always important to the community, but now more than ever, they are being hailed as heroes—and rightly so. It's not just doctors and nurses doing the job, it takes a multidisciplinary team of dedicated experts to properly care for the sickest patients.

Carmencita Agcaoili, MD, medical director of Critical Care at Washington Hospital has spent over a decade developing their program around the "Right Care, Right Now" concept supported by the Society of Critical Care Medicine. An integrated team of health care professionals directed by an intensivist (an on-site physician credentialed in critical care), delivers the necessary care at the right moment to achieve the best possible patient outcomes. This team is made up of specially trained nurses; intensivists; nutritionists; occupational, physical and respiratory therapists; palliative and spiritual care providers; pharmacists; social workers and

other support staff. The referring physician and patient's family members also play a critical role in this patient-centered treatment.

Critical Care for COVID-19 Patients

Since March, nearly half of the admitted positive COVID-19 patients have been cared for in Washington Hospital's Critical Care unit. "Caring for seriously ill patients who are sometimes dependent on a ventilator to breathe is what our team is trained for, passionate about, and very good at," said Dr. Agcaoili. "The difference with COVID-19 is that so much is unknown about this virus and we are personally at risk for getting it if we don't take proper precautions. What makes our team heroic is their dedication and willingness to don the personal protection equipment (PPE) and take extraordinary care of these patients."

Erin Brooks, MSN, RN, CCRN, nursing manager of the Critical Care and Intermediate Care units, agrees the nurses

are exceptional. "Nurses will see patients with COVID-19 through the glass of their isolation room looking like they're struggling or need help, and the nurse will drop everything to immediately don their PPE and get in there. That said, I don't think our nurses see themselves as heroes. They are simply doing the work they always do, which is selflessly providing the best quality of care possible to patients."

It is physically and mentally taxing to provide care for others with the risk of becoming infected yourself or bringing it home to family members. Brooks arranges "team huddles" twice daily to hear nurses' input and concerns, and make sure they are updated on the latest state and CDC guidelines, which can change frequently. A psychiatrist who usually tends to Hospital patients is now available to clinical team members who need to talk. And several "Zen rooms" have become places of refuge where staff can take a needed break from the stress of work while social distancing from co-workers.

"We are creating display boards with our 'smiling selfies' to show patients what their nurses, doctors, therapists and environmental services specialists look like behind the masks and face shields," added Brooks. "Even our voices are muffled behind the PPE, so we're getting creative to make it more personal for patients and let them better see who is caring for them."

Washington Hospital's Morris Hyman Critical Care Pavilion opened 18 months ago, which turned out to be critical timing for the emergence of the coronavirus

pandemic. When the state-of-the-art facility opened, it seemed a luxury that all patient rooms were private and featured large window walls to let in natural light.

Now, the single-occupancy rooms are necessary for the containment of infectious disease, and the daylight supports the circadian rhythm of patients, reducing the occurrence of delirium that is common in those on a ventilator. All patients with COVID-19 have stayed in negative pressure rooms which keeps contaminated air contained, so the air in adjacent areas is clean and safe. The Hospital is currently investing in making every critical care patient room in the building negative pressurized, so that more patients with infectious viruses can be accommodated when needed.

Now that visitors are restricted from entering the building due to temporary COVID-19 protocol (with some exceptions for end-of-life situations), family members are called at least twice daily by doctors and nurses to provide patient updates. Each nursing station is now equipped with an iPad so nurses can help patients and family members connect with each other via FaceTime.

Support for Critical Care Providers Abounds

Washington Hospital doctors and staff are grateful for contributions of PPE, food and even handmade cards and signs that have come from individuals and businesses throughout the Tri-City Area. In turn,

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Members of the Critical Care Team at Washington Hospital

Live Facebook Event!

Cooking experts from Washington Hospital present tips on a COVID-19 Kitchen

- Avoid frequent trips to the market
- Buy nutrition-packed foods that will keep for a week or longer
- Create healthy snack foods from basics in your cupboard
- Consider online shopping



Kimberlee Alvari, MBA, RD, CNSC
Director of Food and Nutrition Services/
Clinical Services



Alfredo Macias
Catering Manager

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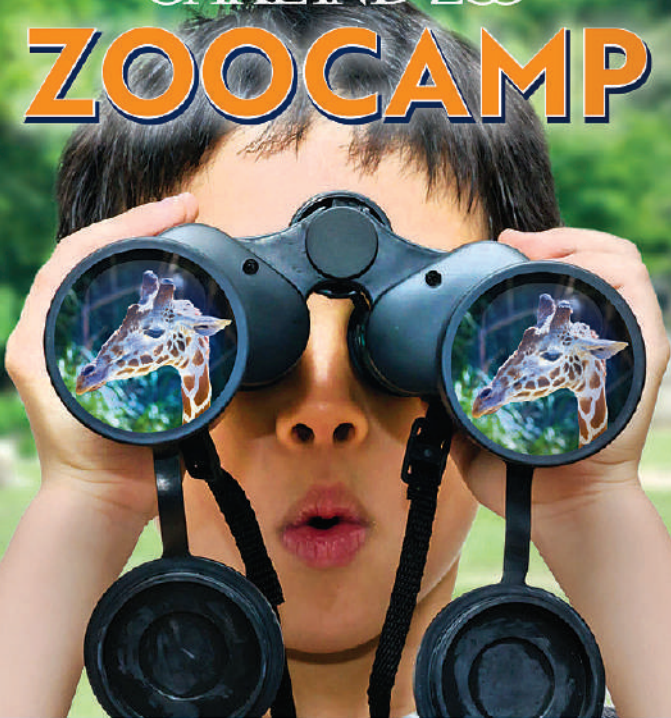


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Each year Memorial Day remembers American men and women who have died in service to their country as members of the armed forces. Previously known as “Decoration Day,” Memorial Day was a time to commemorate soldiers who died in the Civil War. Over the years, the remembrance was extended to encompass everyone who died in service to their country, with a universal day established for all states to honor their dead. Memorial Day was first observed on May 30, 1868. While May 30 was the traditional day of celebration for numerous years, it was changed to the last Monday in May due an act passed by Congress in 1968 to create a three-day holiday weekend. Memorial Day also marks the beginning of the summer season.

As the holiday grew increasingly commercial, many believed that the true spirit of Memorial Day had been diminished by the larger focus on vacation time and fun activities. In response to this concern, the “National Moment of Remembrance” resolution was passed in December 2000 and calls for all Americans to pause at 3 p.m. for moment of silence to honor and respect those who gave the ultimate sacrifice for their country.

This year, Memorial Day takes place on May 25. To comply with State and County shelter-in-place orders, events have been canceled, and travel and social gatherings are discouraged. Some cities, such as Milpitas, are planning virtual ceremonies to honor veterans. The Presidio in San Francisco is also planning a virtual event to replace their live one.

With the ongoing pandemic, Americans are looking to healthcare and essential workers as those “fighting on the front line” in addition to men and women in the armed forces. So, no matter where you are or what you might be doing this Memorial Day, remember to stop and recognize the true meaning of the holiday and give respect where it is due.



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May is National Critical Care Awareness and Recognition Month

A Look at Our Local Heroes on the Front Lines of the COVID-19 Crisis

Washington Hospital has also donated some of its reserve PPE and shared best practices for safety protocol with local skilled nursing and assisted living facilities. “The Hospital understands if these local facilities experience outbreaks of the

virus, that their patients will come to Washington Hospital which could challenge the system,” said Dr. Agcaoili. “We are lucky to live in a community that understands the need to help one another in trying times like this.”

In previous years, the Critical Care Team celebrated National Critical Care Awareness and Recognition Month at a special mid-May gathering where they all wear the same color, like the green of Washington Hospital's logo. This year's celebration has been postponed until at least June for safety and social distancing. Instead of hosting a national critical care expert to present to Hospital staff, this year team members will present creative essays or short videos illustrating a memorable moment during the coronavirus crisis. All will wear something blue, in unity with the nurses who don special blue scrubs to attend to patients with COVID-19. The blue scrubs are an exception to the traditional white uniforms Washington Hospital nurses have always worn.

Dr. Agcaoili is thankful to the Hospital leaders for their unconditional support, ensuring the safety of the Critical Care Team. She also credits the community for their generous offerings during the coronavirus crisis. “It is clear this community values its critical care workers. In turn, we remain committed to doing our best to care for them when they need it.”

To learn more about Washington Hospital's Critical Care Program, visit www.whhs.com/criticalcare. For more information on the Hospital's COVID-19 preparedness and protocols, go to www.whhs.com/coronavirus.

BUSINESS PULSE

BosWash

By MADHVIKA SINGH
PHOTO COURTESY JULIE BOS

Social distancing, shelter-in-place and quarantine used to be things we rarely heard of, and only in extreme emergencies, but now they seem to have become the norm. They have affected our social fabric and our livelihoods and have severely impacted the financial wellbeing of our local businesses and their employees. We at Tri-City Voice have featured many local businesses over time, and we reached out to some of them to share their perspective on how they have been affected and how they are coping with the new reality of COVID-19.

This is part of an ongoing series with a new business or businesses featured each week, including both those that have appeared in the paper before and those who are appearing for the first time.

BosWash

Although COVID-19 has left us panicked and paralyzed, necessities like laundry do not know it. With the current hygiene and sanitizing protocols, the need for laundry service is greater now than ever. In business for over 30 years, BosWash Laundromat has been providing superior service to its customers and is as resilient as ever. TCV reached out to owner



Julie Bos to check on how COVID-19 has impacted her business.

BosWash is a family run business, started in 1980 by Julie Bos' father. With a headquarters in Fremont, it has three more locations in Newark, Union City and Pleasanton. BosWash offers coin operated laundry machines, wash-and-fold services, and commercial laundry services. “Our commitment to excellence has earned us a reputation as the best laundromat in the area,” says Bos. They offer high quality dryers and front-load and top-load washers. Their facilities also offer other conveniences such free Wi-Fi, flat screen TVs, vending machines, video games, and laundry soap. They accept credit and debit cards.

While BosWash is currently open and operating at normal business hours from 6 a.m. to 11 p.m., 7 days a week, one service that has reduced hours to protect the employees is their wash and fold service, which is now being offered only on an appointment basis. Also, employees who are over 60 are staying at home as a

safety precaution and will return to work as soon as the situation resolves.

The team checks in several times a week for upkeep and to tend to any operational needs like repairs, to refill supplies and to collect from the machines. With 100 washers and 100 dryers just in the Fremont location, it is quite a bit of work, Bos says.

BosWash has been keeping up with the COVID-19 protocols and guidelines as well. In addition to regular cleaning by a janitorial service, they have been sanitizing surfaces and wiping down the machines frequently. “Guidelines have also been put up at the entrance on social distancing for the clients, and for the most part, people have been good about following them,” says Bos, who is taking hygiene seriously for herself as well. “I sing the happy birthday song as a timer whenever I wash my hands,” she says, referring to the guidelines to wash hands with soap for at least 20 seconds.

Bos shared that business is currently down around 30% due to the shelter in

place guidelines. In a normal year, they plan for somewhat lower sales during the summer as people are travelling and children are out of school. “With the reduction in business now, it feels like the summer started a bit early,” says Bos. With children at home, families have a bit less laundry, and people are putting off any errand not an absolute must.

Due to the nature of the business, there really aren't any other options to compensate for the drop-in business. Options like work from home, selling online or delivery are not applicable. “All these years I have never encountered anything like this,” shared Bos. Her parents, who remember learning about the 1918 pandemic growing up, give her a ray of hope. “This too will go away, and all will work out, don't worry,” they told her. “One day at a time” is the maxim that keeps Bos going during tough times.

We wish BosWash the very best, and hope their business will bounce back soon!

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Through the business pulse series our intent at TCV is to lend a platform to local businesses share their stories. In these trying times let's hope we can develop a shared bond and come out at the other end stronger as a community to deal with challenges that future might have in store for us.

Bicycle safety now – more than ever

SUBMITTED BY FRAN CLADER, CHP

Throughout May, National Bicycle Safety Month, the California Highway Patrol (CHP) and the Office of Traffic Safety (OTS) are joining forces to remind everyone to share the road safely and courteously.

Since the “stay-at-home” directive brought on by the COVID-19 pandemic, many people in California have taken to their bicycles for exercise and a change of scenery. “In this uncertain time, more people are out on the streets biking for exercise, recreation, mental health, and affordable transportation,” CHP Commissioner Warren Stanley said. “Bicyclists, pedestrians, and motorists must stay alert to keep everyone safe.”

The events traditionally held throughout California by the CHP for Bicycle Safety Month may be somewhat curtailed in 2020. However, many CHP Area offices will continue to give helmets to children who do not have them. Their parents or guardians are urged to call their closest CHP office for information on how to obtain one. According to the National Safety Council, cyclists who wear a helmet reduce their risk of head injury

by an estimated 60%. California law requires cyclists younger than 18 to wear a helmet, but it is a good idea for all who ride.

“If you are out riding a bicycle during the current pandemic, the same safety rules and habits still apply,” said OTS Director Barbara Rooney. “To maximize safety, we encourage you to both be aware of your surroundings and practice physical distancing for the sake of you, your family, and others.”

Statistics from the CHP's Statewide Integrated Traffic Records System show that, during the past five years, 792 bicyclists were killed and more than 56,000 were injured in traffic crashes. The data also shows that riding on the wrong side of the roadway and right-of-way violations are the major causes of bicycle-involved crashes.

Motor vehicle drivers are reminded to give bicyclists extra room when passing -- at least three feet is required by law. When turning right, drivers should look over their right shoulder to scan for bicyclists, especially when crossing into a designated bike lane. Before opening a car door, drivers should always look for passing bicyclists, especially when next to a bike lane.

California Association of Food Banks receive funds

SUBMITTED BY
TAMAR SARKISSIAN

Pacific Gas and Electric Company (PG&E) is assisting the California Association of Food Banks to establish the California Food Bank Rapid Response Fund with a \$150,000 charitable contribution.

Through the rapid response fund, the association will provide critical funding for food banks to

increase their capacity to purchase food and supplies and to supplement their staffing needs through the COVID-19 pandemic and future emergencies. Funding will be provided to 40 food banks serving all 58 California counties, with 34 located in PG&E's service area.

This donation is part of \$1 million in charitable contributions that PG&E and the PG&E Corporation Foundation have committed to providing to nonprofits focused on supporting individuals and families coping with the impacts of the current health crisis. The \$1 million funding will seek to address general relief and food insecurity, as well as assist small businesses

with the economic impacts of the public health emergency. These donations come from shareholder funds, not customers.

The fund will distribute 85 percent of the donations to support local food banks as they scale up their operations to meet the increased demand for food and resources, and 15 percent will support the California Association of Food Banks' critical role in response efforts.

Customers in need of assistance can find a food bank close to them by searching their zip code at <http://www.cafood-banks.org/find-food-assistance> or by calling their local 211 number or the statewide hotline at (833) 544-2374.



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\$40 SUV Vans & Big Trucks
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 Most Cars Expires 5/30/20

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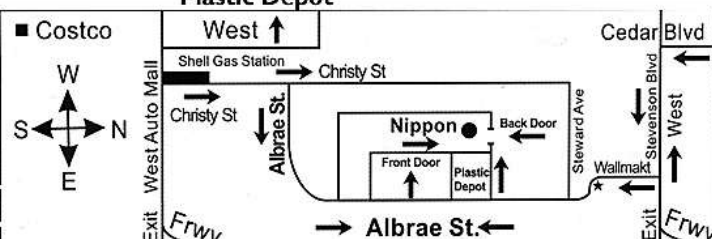
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How to Ace A Virtual Interview

BY ANNE CHAN, PhD, MFT

Due to the COVID-19 crisis, most employers have switched to virtual interviews. A virtual interview is one that is done by phone or by a video conferencing platform, such as Zoom or Skype. I have also heard of virtual interviews where you are not interviewed by a real person but are “interviewed” by a bot or a series of pre-recorded prompts. A virtual interview might sound intimidating. Candidates rightly have worries about how to build rapport, whether the technology will hold up during the interview, and what to expect during a virtual interview. This article will give you strategies for how best to prepare for a virtual interview, so you will feel ready to ace it.

Every interview – whether it’s in-person or virtual – requires extensive preparation beforehand in order for you to perform well. Here is a list of things to do days before the big day:

- Check that your internet or phone connection is up to speed and in good working order. For instance, you might want to check which location in your living space has the most bars so you can be assured your call will not be dropped. This step is critical. You need to be confident that you can hear and be heard clearly.

- If the online platform is one that you’ve never used before, be sure to download and practice with it before the interview. Every online platform has different features, so you want to be completely at ease with the one that is being used for your interview. For instance, Zoom has a whiteboard that you might have to use during the interview. Get comfortable with it.

- Remember to practice interview questions beforehand. Get a friend to do a mock interview with you, preferably several times.

- Have a background that is clean, free of clutter, and professional looking. Put away family photos, stacks of mail, and questionable décor that might send the wrong message to the employer.

- If you are short on space, try sitting in a small section of a

room that is uncluttered or use a blank wall as your background.

- Set up your laptop or phone so that the camera has a good shot of your head. Be sure that your camera is placed at the right height so you can sit comfortably, but with good posture. Do not place your laptop on your lap during the interview.

- Check the lighting at the same time of day as the interview. It isn’t easy to get the right lighting, and you might have to try different configurations of lighting options, so you don’t look like an FBI informant in a darkened room.

- Start working on a draft of your thank you email. You will need to send this promptly after your interview, so have a good working draft that is almost ready to go.

During the interview, remember to do the following:

- On the day of the interview you might have to ask your family not to watch movies, Zoom, play games, and browse the web during your interview (unless you are lucky enough to have an extremely reliable, super-fast internet connection).

- Don’t be late for your virtual interview. Be sure to log in early so you have plenty of time to work out technical glitches. It has been my personal experience that computer hiccups will happen if I’m running late or cutting it too close.

- Don’t joke or complain about the virtual interview format. You don’t want to sound negative even if you are nervous about this format. Instead, thank the employer for meeting with you during this difficult time.

- If you are not using the phone for your interview, be sure to turn it off. Even the sound of one incoming text can be distracting and might signal to the employer that you are constantly on your phone.

- Wear professional attire. I know that most of us are loving the pajama look but ditch the bedroom casual for business attire. This will help put you in a professional mindset as well as show to the interviewer that you are serious about the job. Also,

don’t go halvesies and wear a professional top paired with pajama bottoms. I know pajama bottoms are wonderfully comfortable, but what if you have to stand up during the interview?

- Make sure your space is quiet and free of any distractions during the interview. I realize this is difficult with all of us under shelter, but pet sounds and children calling for you do not send the right message to the employer.

- If you are doing a panel interview, be sure to refer to each person by name at least once during the interview.

- Watch your posture. Poor posture becomes very evident in a video interview, so sit up straight to convey your attention and dedication.

- Remember to smile. Don’t underestimate the power of a smile, even if it’s a virtual one. Be sure to smile so that your warmth and people skills come through.

After the interview, remember to do the following:

- Follow up with an email no more than 24 hours after the interview. Be sure to thank the person for taking the time to meet with you. Remember to include pieces of information that you learned during the interview, e.g. “I am really excited to hear about your company’s new direction in...and I would love to contribute with my skills...”

As the saying goes, opportunity happens when preparation meets luck. There is a lot you can do to be well prepared for a virtual interview. With a small amount of luck combined with your comprehensive preparation, you will undoubtedly ace the interview and secure the job.

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com.
 © Anne Chan, 2020

Poet to speak at local writers’ meeting

SUBMITTED BY NANCY GUARNERA

Poet Rafael de Jesus Gonzalez will speak at the Fremont Area Writers’ first-ever online meeting at 2 p.m., Saturday May 23.

The original Poet Laureate of Berkeley, California, Gonzales has taught at the University of Oregon, Western State College of Colorado, Central Washington State University, the University of Texas at El Paso, and at Laney College in Oakland, where he founded the department of Mexican and Latin American Studies, and is now Professor Emeritus.

His poetry and academic articles appear in numerous journals and anthologies in the United States, Mexico and abroad. He is also a respected and controversial artist and performer. Gonzalez’ main theme is social justice and the pervasive political and social assault on the working poor. He often performs a shamanic invocation to kick off his talks, including lighting a candle to call out spirits of peace to bless the gathering.

The meeting will be via Zoom, but you don’t need a Zoom account to join. Just email scottfrombayside@yahoo.com by Thursday, May 21. Put FAW Invitation in the subject line and he’ll send you the link. Since the web can be slow, we suggest you sign into the meeting by 1:45 on May 23.

If you need instructions for a setting up Zoom on your computer, try this YouTube tutorial <https://www.youtube.com/watch?v=5isp3qPeQ0E>.



Fremont Area Writers is a local chapter of the California Writers Club. Our slogan is “Writers helping writers.” Anyone who either wants to improve their skills or just loves writing is welcome, regardless of their present achievement level. There is no fee or required donation for this online event.

Poet Rafael de Jesus Gonzalez (Zoom meeting)
Saturday, May 23

2 p.m.

RSVP to scottfrombayside@yahoo.com by Thursday, May 21

continued from page 1

California Nursery: *Roeding Family House*



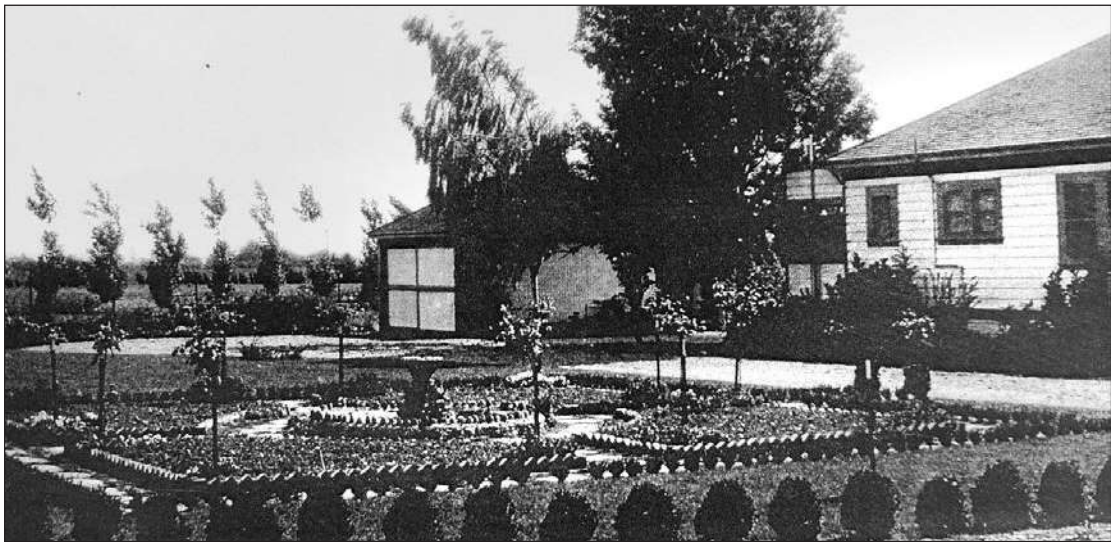
were added and the living room was expanded. A two-car garage was included on the west side of the home to store the family's two Buicks. Diana, their fourth and final child, was born in 1938. With the renovations complete, George Jr. and Frances delved into their pursuits.

As an artist who loved to landscape and create floral displays, Frances placed flowers around the house and in the backyard. She won many awards for her stunning floral arrangements. She also became involved in civic causes, specifically those that dealt with children. George Jr. participated in Niles politics and lobbied for the establishment of Fremont in the 1950s. He later became a member of the East Bay Regional Park Commission and became involved in Fremont's recreational projects. However, Frances and George Jr.'s most remarkable work was done within the retail expansion of the California Nursery Company.

To increase the company's retail sales, George Jr. began holding bulb and tulip shows on the property for clients. Planning sessions for the events were held at the Roeding Family House. The first bulb show was held in the 1930s and became an annual event, well known throughout the Bay Area. The

successfully lobbied for a Grades and Standards Law for trees in California and applied this methodology to the company. During the 1930s and 1940s, the nursery offered landscape design services that provided and installed plants for businesses and large mansions. The nursery created pre-designed layouts for compact homes to accommodate the growing suburban market. George Jr. also had new display gardens built around the main nursery office and the "Old Adobe" building. The Adobe became such a favored stop for guests that it was turned into a tea house by landscape design father-and-son team Johannes and Frederic Reimers. Throughout these changes, the Roeding Family House witnessed the family's growth and prosperity.

George Jr. and Frances resided in their home until both passed away in 1995. Their first son, Bruce, currently resides in the home, where he has lived for the past 91 years. When foreclosure of the nursery property (not including the Roeding Family House) grew imminent in 1972, Bruce attempted to save as much of the California Nursery Company's archives as possible. Two large trailers placed on the Roeding home site were filled with various memorabilia. This material remained in the containers until members of the non-profit



show took place from mid-March to mid-April, displaying over 100,000 flowering bulbs. As many as 5,000 clients per weekend from different districts attended to learn about and purchase the flowers being showcased. Over 100,000 people would visit each year. Visitors were taken on customized trucks for tours of the flower displays, gardens, large nursery property, and the growing grounds. The bulb and tulip shows were highly successful and the nursery became a destination for horticulturalists and garden lovers. Landscape design services were soon incorporated into the company.

Since the California Nursery Company prided itself on producing high-quality products, George Jr. had his trees and plants assessed by height, quality, and viability. In the 1930s, he

organization, Math Science Nucleus, began to work with Bruce in 2010 to organize these artifacts. Math Science Nucleus President Dr. Joyce Blueford states, "These materials tell the story of one of the most prominent businesses in Fremont that defined Niles for decades. We want to have exhibits and fundraising events. Because there are so many documents to sort through, we need help organizing the history." The Roeding Family House site deserves proper care and with the help of the community, its story can live on.

For those interested in becoming a historical docent or volunteer opportunities, please contact the Math Science Nucleus for more information at msn@msnucleus.org or call 510-790-6284.





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BUSINESS

BUSINESS PULSE CHECK

The UPS Store

By MADHVIKA SINGH

Social distancing, shelter-in-place and quarantine used to be things we rarely heard of, and only in extreme emergencies, but now they seem to have become the norm. They have affected our social fabric and our livelihoods and have severely impacted the financial wellbeing of our local businesses and their employees. We at Tri-City Voice have featured many local businesses over time, and we reached out to some of them to share their perspective on how they have been affected and how they are coping with the new reality of COVID-19.

This is part of an ongoing series with a new business or businesses featured each week, including both those that have appeared in the paper before and those who are appearing for the first time.

UPS Store

The United Parcel Service (UPS) Store retail locations are designated as essential businesses and remain open during COVID-19 to provide critical services such as shipping, mailing & package receiving, and printing to name a few. The UPS Store retail locations are independently owned and operated by franchisees of The UPS Store Inc. We reached out to the owner of the Union City location on Decoto Road, Bharat Patel, to see how the COVID-19 has impacted their business.

As an organization, all UPS Store locations are following guidance from the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO). The health and safety of customers and employees is a top priority, says Patel. They were already following federal, state and local health and safety guidelines, and are now practicing social distancing and limiting the number of customers in the store at any given time. The store is regularly disinfected and sanitized, especially around frequently-touched surfaces like doors, handles and counter-tops. For everyone’s safety the staff wears masks and gloves. They have also sneeze guards in the front counter area to add another layer of safety.

Patel says, “These are unsettling times, but local communities need our services and best efforts more than ever. We are part of an infrastructure that is helping save lives and livelihoods.” While mailbox customers may be expecting important health-related shipments, some other customers may need help printing financial and other important documents. With schools shut down for the academic year, and education continuing via remote learning platforms, parents and teachers may need to print lessons and assignments. The store is part of a critical infrastructure – one that provides a vital lifeline to the communities we serve, says Patel. The only services that are currently on hold are ink finger printing and live scans to avoid any customer contact. These should be up and running as soon as it’s safe to offer them.

The store continues to serve its customers with some reduction in hours. They have been very fortunate that they did not have to let go any of their staff due to COVID-19 restriction, even though their business volume has been impacted due to downturn in economic activity as a whole.

With no relief in sight, Patel says he is striving to do his best. “The harder you work for something, the greater you feel when you achieve it,” is a thought that continues to inspire Patel.

The UPS Store
1684 Decoto Rd., Union City
(510) 471-8600
Email: store1350@theupsstore.com
Store Hours:
Mon - Fri: 10 a.m. - 4 p.m.
Sat: 10 a.m. – 2p.m.

Through the business pulse series our intent at TCV is to lend a platform to local businesses share their stories. In these trying times let’s hope we can develop a shared bond and come out at the other end stronger as a community to deal with challenges that future might have in store for us.

Relief Package for Renters and Small Businesses

SUBMITTED BY
CHERYL GOLDEN

The Fremont City Council unanimously approved a COVID-19 aid package targeting Fremont renters and small businesses whose incomes have been adversely impacted by the Coronavirus pandemic response. The aid package, approved at the regularly scheduled City Council meeting on May 12, 2020, consists of two programs:

1) Fremont Cares Rent Relief Program will provide \$400,000 in rental assistance. Households that qualify may receive up to three months of rental assistance beginning March 17, 2020, the date of the first Shelter-in-Place Order issued by the Alameda County Health Officer.

2) Fremont Small Business Relief Grant Program will provide up to \$400,000 to

small businesses in \$5,000 or \$10,000 grants.

The Fremont Cares Rent Relief program will provide rental assistance to eligible households who are unable to pay their rent due to a COVID 19-related job loss or loss of income. The rent assistance payment will be made directly to the landlord.

The Small Business Relief Grant Program targets Fremont businesses who have suffered financial impact from COVID-19 pandemic responses. Grants awarded to selected businesses will be valued at \$5,000 for businesses with 10 or fewer employees on payroll at the time of the initial Shelter-in-Place Order and \$10,000 for businesses with 11 to 50 employees, respectively.

The application period is now open for both programs. Applications, with required documentation, will close for Round 1 on May 29, 2020, at 11:59 p.m., while applications for Round 2 will open on June 1 and close on June 12, 2020, at 11:59 p.m. The application period for the Small Business Relief Grant Program will start

on May 18 and end on May 31, 2020, at 11:59 p.m. Applications for both programs will be scored and ranked based on documentable need rather than a first-come, first-served basis.

To apply for assistance, please visit the City’s website at www.Fremont.gov/RentRelief for the Fremont Cares Rent Assistance Program and www.Fremont.gov/Business-Grants for the Fremont Small Business Relief Program. For language assistance services for the Fremont Cares Rent Relief Program, please call the Fremont Family Resource Center at 510-574-2000. For questions on the Small Business Relief Grant Program application, including language assistance, please call 510-284-4020 or email businessgrants@fremont.gov.

Funding for this relief package comes from the federal Coronavirus Aid, Relief, and Economic Security (CARES) Act, signed into law on March 27, 2020, as part of the Community Development Block Grant (CDBG) Program.

TAKES FROM SILICON VALLEY EAST

City app streamlines reporting local issues

By SANFORD “SANDY” TAYLOR, DIRECTOR OF INFORMATION TECHNOLOGY, CITY OF FREMONT

With a prime location in Silicon Valley, the City of Fremont has become both a hub and testbed for innovation. Our city has already initiated a several forward-thinking pilot programs that spotlight technology, such as the Tesla patrol vehicle, which was adapted for use by the Fremont Police Department; and the Pony.ai autonomous ride-sharing program for city employees.

On May 1, the city launched Fremont App (www.fremontapp.com), a new CRM application that allows residents to report local issues, such as potholes, trees hazards, and malfunctioning street lights, directly to city officials. The best part? The application streamlines the entire reporting process for its users from the comfort of their mobile device or home computer.

By accessing the app at www.fremont.gov/DocumentCenter/View/44577/Fremont-App-Flyer), users can upload a picture of the issue within city limits, write a brief description of the issue, and then hit the submit button. No time is spent researching whom to contact or waiting to speak with a contact to report the issue. Additionally, the issue’s exact location is automatically provided for residents using their mobile device’s built-in geo-location technology.

The app automatically routes submitted reports to the correct city department for resolution. Users can then view their ticket at any time to see where the issue is in the resolution process. The application also gives residents access to additional city services and resources in the hopes that a wide-range of local government systems will be made more accessible for community members. The ITS Department has already begun collecting data on how Fremont App is being used by both residents and city staff.

We will continue to improve both the usability of the app and the response time by tweaking the system to serve the needs of the community as well as our city departments. Please note that due to COVID-19 and the current shelter-in-place order, response time may be delayed on issues reported through the app. Additionally, some request categories may be unavailable at this time.

This is a tool launched to benefit Fremont and all those who call it home. We would love for you to try the app, so we can ultimately provide timely solutions for our community. Help us identify local issues by downloading the app in Apple App Store (<https://apps.apple.com/us/app/fremont-app/id1501619925>) or Android Google Play Store the (<https://play.google.com/store/apps/details?id=com.citysourced.fremontca>).

Local Lions Club donates \$5,000

SUBMITTED BY
MICHAEL RITCHIE

Recognizing the dire situation of the community during COVID-19, Lions Club of Union City has donated \$5,000 to Centro de Servicios to help the nonprofit continue providing basic human needs for residents of Union City and neighboring communities.

Centro de Servicios helps low-income families secure their immediate and basic needs and rights. Union City Lions Club encourages other organizations, businesses and individuals that have the means to find organizations, such as Centro, to support. For more information about the club, visit www.lion-sclubofunioncity.wildapricot.org.

Relief grant lottery helps otherwise ineligible residents

SUBMITTED BY CITY OF HAYWARD

The Hayward Community Relief Fund will provide by lottery \$500 grants to residents who have lost income due to COVID-19 and who are ineligible for state unemployment insurance and federal relief programs.

The Hayward Family Support Grants program is being administered by La Familia of Hayward, a nonprofit mental health and community services organization. Starting Tuesday, May 19, La Familia is accepting online applications for the grants. The program has enough funding to provide up to 650 grants of \$500 apiece to eligible families and individuals. The grants will be distributed through a lottery system with funds provided by check or a prepaid card.

The application period is scheduled to close Tuesday, June 2 or once a total of 1,200 applications have been received. All information shared on applications will be kept confidential. Applications are available in English, Spanish, Tagalog, Chinese, and Vietnamese at www.lafamiliacounseling.org. To get additional support for people unable to access the application, call (510) 459-1277.

Hayward Lottery Relief Fund
Deadline: Tuesday, Jun 2, or until 1,200 applications received
(510) 459-1277
www.lafamiliacounseling.org

County OKs universal basic income pilot for foster youth

SUBMITTED BY JANICE ROMBECK

On April 21, Santa Clara County Board of Supervisors approved a pilot program to provide the foster youth population with universal basic income. Under this pilot program, which is spearheaded by Supervisor Dave Cortese young people transitioning out of the foster care system in Santa Clara County, those 21 years old and up to 24 years old, would receive unconditional cash payments of \$1,000 a month from the period of June 2020 through May 2021.

The board explored creating a program that would be responsive to the current needs of foster youth during and after the COVID-19 public health emergency, with the Silicon Valley Community Foundation being discussed as a potential fiscal and strategic partner to help connect youth with appropriate service providers.

“Foster youth in our county face unique obstacles and challenges, with a disproportionate amount experiencing homelessness, poverty, and multiple chronic health conditions. These discrepancies have only been exacerbated by our current health pandemic,” said Supervisor David Cortese who brought the pilot program to the board of supervisors last August. “This program will give foster youth the tools they need to be successful to help them achieve parity in education, employment and income.”

For questions, call Office of Supervisor Dave Cortese at (408) 299 5030.



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Milpitas Meeting COVID-19 Challenges, Considers a Balanced Budget

By JOHNNA M. LAIRD

Around the East Bay Area, local leaders are stepping up to take care of their city's ongoing needs during the evolving pandemic. We've reached out to our mayors from Hayward, San Leandro, Union City, Newark, Fremont, and Milpitas to get updates on the state of their city and how the daily experience of performing their duties looks different under the normal.

This week we're checking in with Rich Tran, Mayor of Milpitas.

Milpitas Mayor Rich Tran gave his stamp of approval to a proposed city budget for 2020-21 fiscal year, starting July 1. Interim City Manager Steve McHarris released the proposed budget last week during a special meeting with the city council.

Set for a June 2 public hearing and adoption, the proposed general fund budget, projected to be balanced, anticipates revenues of \$112.5 million and relies upon \$4.5 million in reserves to meet expenditures of \$117 million.

Milpitas's overall budget that includes capital improvement projects and water and sewer funds along with the general fund, tallies \$220.4 million.

Tran said he believes the budget "makes smart financial sense," resulting from "prudent fiscal planning" over previous years that positions the city to deal with a downturn while still providing services that residents and businesses "need and deserve."

In presenting the budget to the city council, McHarris says he does not envision any reduction in services or employees at this time.

When McHarris submitted the approved 2019-2020 overall budget of \$247.9 million that included a general fund budget of \$115.6 million more than a year ago, McHarris warned of an economic decline although he had no way of knowing the significant slowdown his city would experience resulting from a global pandemic that shut down the Bay Area as people were ordered to shelter in place to prevent the spread of COVID-19.

Despite the city's healthy fiscal situation resulting from a strong economy, McHarris cautioned a year ago "it is prudent to plan for a potential slowdown in the next



five years." Tran describes the pandemic as "a worst-case nightmare scenario" for a mayor, presenting challenges at every level from city government to community to personal. However, "There's no better time to lead than during the most extraordinary times," he says. Tran considers mayors as the most direct and nearest government leader for any American.

"Mayors have the greatest impact on residents on a daily basis," says Tran. "You can pick up the phone and call your mayor or even run into them at Starbucks."

During COVID-19 sheltering in place, Tran is working with his National Guard unit to provide the person power needed to produce food boxes for community members facing food insecurity.

"I have been serving in the National Guard for a number of years," he says, clarifying, "I still am able to handle mayoral duties."

Tran says Milpitas city staff has worked to keep up with coronavirus developments hour by hour. "Not a day passes where we aren't going to lengths to provide the best public service to our community. We are all in this together."

To assist residents, Milpitas created an extensive coronavirus webpage that includes information on everything from where to go for free meals and groceries, to news about an upcoming mobile testing program with fire department EMTs administering nasal swab tests in partnership with IGeneX, a local private lab. The target date to begin operations is May 18. The webpage can be viewed at

<http://www.ci.milpitas.ca.gov/novel-coronavirus-information-alerts-and-updates/>.

The city's coronavirus website also informs residents that all summer concerts and movies in the park have been cancelled for this year. City Staff is working to create a virtual Memorial Day Ceremony to honor those who died serving in the United States military. Information about former Milpitas service members to be honored should be sent to tmclane@ci.milpitas.ca.gov with the name, rank, branch, birth date, death date and photo by May 21.

As of May 5, the city council directed city staff to create an Independence Day virtual event to show community spirit and patriotism as an alternate to the city's Fourth of July Fireworks Display.

For businesses, the city has assembled a list of loan sources.

Tran, like most mayors in The Tri-City Voice coverage area, believes his residents have responded admirably to this unprecedented crisis as has his county: "Milpitas families are doing relatively well. Residents are looking after their neighbors. Folks are doing a lot of Zoom parties, I mean meetings."

"I've been leaning on the Santa Clara County Department of Public Health for the most current information on the pandemic. They've been pretty steady and making good decisions. I'm proud of my County."

This article is part of an ongoing series of interviews with local mayors. Other interviews have run in previous issues.

Local school district partners with Coursera

SUBMITTED BY SCOTT FORSTNER

As COVID-19 impacts the community with uncertainty and unemployment, Milpitas Unified School District (MUSD) has partnered with Coursera, an online learning platform, to provide free courses for residents who lost their jobs due to the pandemic. One doesn't have to be a Milpitas resident to enroll for a course.

Coursera's Workforce Recovery Initiative offers 3,800 courses and 400 specializations at no cost. Enrollment in the courses is open through September 30 for individuals who are unemployed or underemployed. Newly enrolled learners will have through December 31 to complete their courses. For more information, www.musd.org/coursera.html.

PG&E reminds customers to update contact information

SUBMITTED BY TAMAR SARKISSIAN

If you're a Pacific Gas and Electric Company (PG&E) customer who lives or works in a high fire-threat area from the Sierra Nevada to the coast, PG&E will contact you multiple times before initiating a public safety power shutoff due to hot temperatures, high winds, and dry vegetation that foretell elevated wildfire conditions.

Hence, it is important that PG&E has updated customer contact information. If you have a new cellphone number, new preferred email address or just haven't checked with PG&E to make sure we have the correct and current information, contact PG&E now. Customers are encouraged to list multiple methods for contact including home phone numbers, mobile phone numbers, and email addresses.

For details, www.pge.com/mywildfirealerts or call PG&E contact center at 1-866-743-6589. If your home or business is served by PG&E but you are not the account holder, you can still get alerts for your zip code; sign up at www.pge.com/pspszipcodealerts.

Local school district's music program receives recognition

SUBMITTED BY
DIONICIA RAMOS LEDESMA

The NAMM Foundation honored Hayward Unified School District (HUSD) with the Best Communities for Music Education designation for the district's commitment to music education. This award recognizes that HUSD is leading the way with learning opportunities as outlined in Every Student Succeeds Act (ESSA). The legislation guides implementation in states and replaces the No Child Left Behind Act (NCLB), which was often criticized for an overemphasis on testing while leaving behind subjects such as music. ESSA recommends music

and arts as important elements of a well-rounded education for all children.

Now in its 21st year, the Best Communities for Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students. To qualify for the designation, HUSD answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, and support for the music programs. Responses were verified with school officials and reviewed by The Music Research Institute at the University of Kansas

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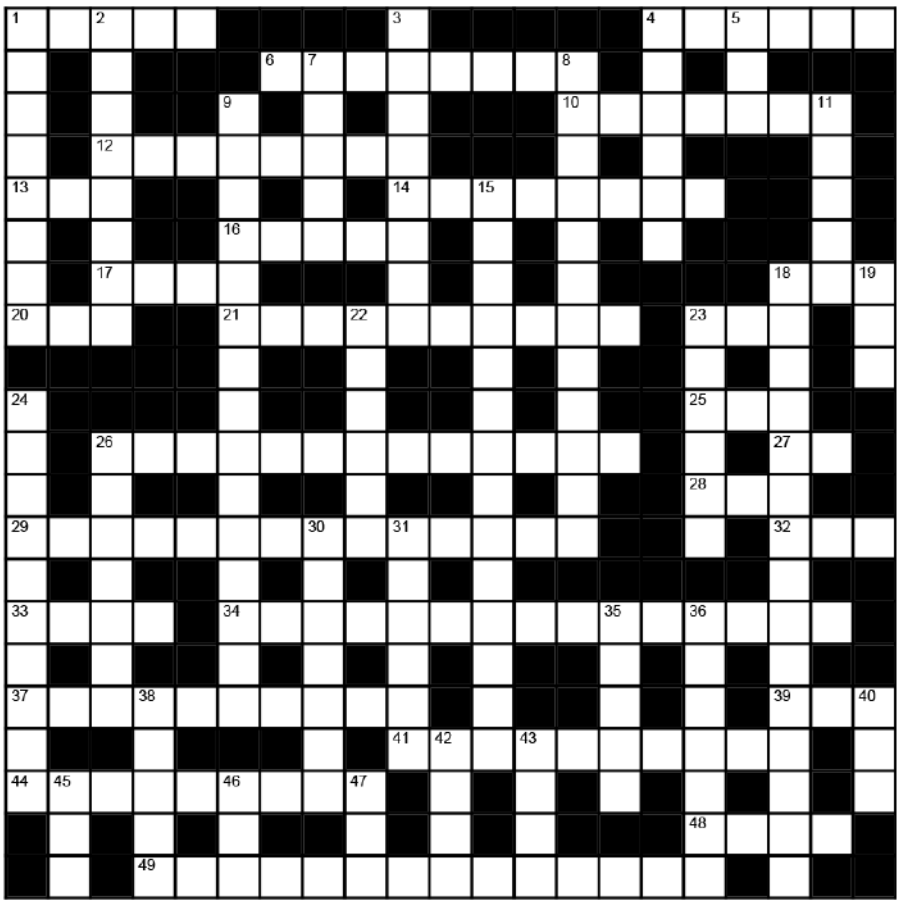
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- | | |
|--------------------------------|-----------------------|
| * Constipation/ Diarrhea | * Allergies |
| * Floaters/Dry/Watering/Blurry | * Pain management |
| * Rash/Acne/Singles/Urticaria | * High blood Pressure |
| * Frequent urination | * Diabetes |
| * Kidney stone | * Facial Palsy |
| * Parkinson's disease | * TMJ syndrome |
| * Tourette syndrome | * Alzheimer's disease |

Mind Twisters

Crossword Puzzle



- Across

1

Strikes out (5)

4

Tex-Mex treat (6)

6

Not many (4,1,3)

10

First (7)

12

Convention V.I.P. (8)

13

"For ___ a jolly ..." (3)

14

Swab (8)

16

Pianist Claudio (5)

17

___ reflection (4)

18

Vacation locale, with "the" (3)

20

Bowery bum (3)

21

Beautiful people (10)

23

Earthlink competitor (3)

25

Decline (3)

26

Not much (5,8)

27

... (2)

28

Be behind (3)

29

Nonstop (3,2,3,3,3)
- 32

"Kidnapped" author's inits. (3)
- 33

Curb, with "in" (4)
- 34

Green light (5,2,8)
- 37

Seconds (10)
- 39

Boise's county (3)
- 41

Square (4-6)
- 44

Heroic action (7-2)
- 48

20-20, e.g. (4)
- 49

Test format (14)

Down

1

Strong holds (4,4)

2

Delineates (5,3)

3

Hoagy Carmichael classic (8)

4

Damon, to Pythias (6)

5

___ alai (3)

7

Absolute (5)

8

End of the advice (4,4,4)

9

Goodwill, e.g. (10,5)

11

"Camelot" composer (5)

15

Hot movie of 1981? (8,2,4)

18

Hard to grasp (8,2,2,3)

19

Diplomat: Abbr. (3)

22

Over the hill (3-3)

23

Appends (4,2)

24

Place of bliss (10)

26

Blocks (7)

30

Emptied (7)

31

Put together (6)

35

Fall over in a faint (5)

36

Beat, in a way (7)

38

Like some legal proceedings (2,3)

40

Rhine whine (3)

42

Arrangement holder (4)

43

Nibble (4)

45

"___ tu" (aria for Renato) (3)

46

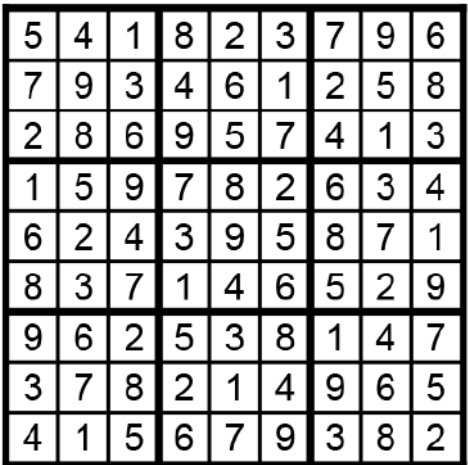
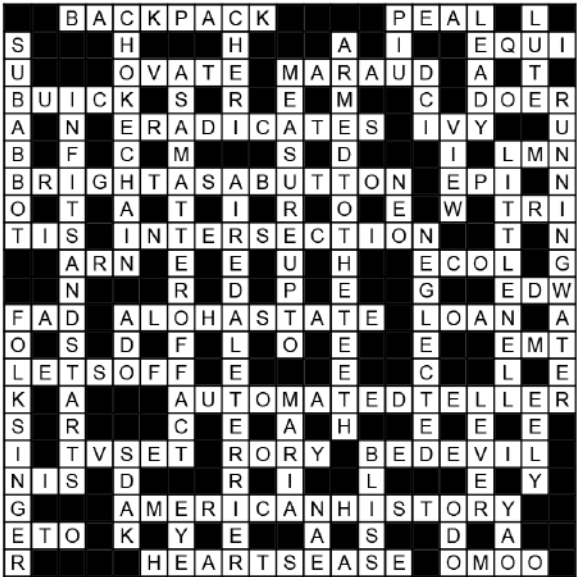
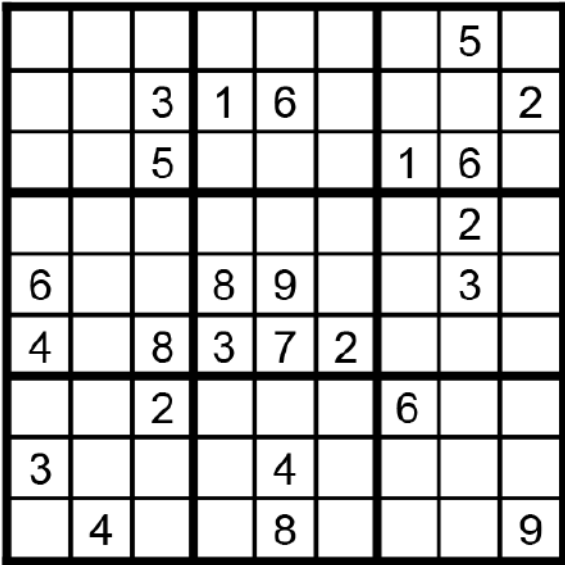
Draft org. (3)

47

Alley ___ (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: MAY 19, 2020

All Signs: This week the Sun changes signs and moves into Gemini for four weeks. Everyone will feel this shift of focus in their chart; in fact, it will be hyped because

Mercury and Venus are already in Gemini. This signifies an increase in daily activity and chatting over the fence as more people venture out from isolation.

Aries the Ram (March 21-April 20): The everyday pace of your life is accelerating. Plus, your own interest in the world around you will start to increase more and more. You will want to schmooze with others where possible. You will want to travel or take short trips if you can. You will enjoy interactions with neighbors, siblings, and relatives, especially with someone whom you have not seen for a while. This is also an excellent week to study and learn new things to satisfy your curiosity. Your honesty and forthrightness in what you say will command the respect of others.

Taurus the Bull (April 21-May 20): Astrology texts call Taurus the financial wizard of the zodiac. You know how to make money in your own backyard. Small wonder that you are focused on money, cash flow, and earnings in the next four weeks because three planets are sitting in your Money House: Sun, Mercury and retrograde Venus. However, not only will you be thinking more about your assets but also about what it is that you value in life. Many people are doing some soul-searching regarding their values.

Gemini the Twins (May 21-June 20): For the first time in almost a year, the Sun now moves into your sign where it will stay for four weeks. It will boost your energy and enthusiasm. You will be more interested in the world around you. You will have a strong urge to get out and travel, in part, because you have a desire to

relate to others. In fact, this combination of Venus and the Sun will attract people to you. Meanwhile, Mars is sitting at the top of your chart arousing your ambition.

Cancer the Crab (June 21-July 21): Your birthday is a month away, which means your personal year is coming to an end. It will be in your best interests to set aside some quiet time in the next four weeks to think about what you want your new year ahead to be all about. How do you want it to be different from last year? What are four things you would like to see happen? The next few weeks are excellent for research and working behind the scenes. In fact, Mars will give you the energy for creative, intellectual work. Mars will make you identify with your ideas and really believe in them.

Leo the Lion (July 22-August 22): This week marks a shift for Leos, especially if you have been in isolation. Suddenly, you are popular. You want to seek out others and they will seek out you. You will enjoy the company of younger people as well as creative, artistic types. Some of you will become more involved in clubs, groups, and classes. You have had time to think about the role that friendships play in your life and now you have a better idea of what this means to you. The next four weeks are excellent for goalsetting. You might encounter someone who has a big influence on you. Meanwhile, disputes about shared property and debts might occur.

Virgo the Virgin (August 23-September 22): Once a year, for four weeks, the Sun sits at the top of your chart shining a spotlight down on you and this light is flattering. When this happens, people admire you, especially bosses, parents, and VIPs. This wonderful time has arrived for you, which means that the next four weeks are obviously your best time of the year to make your pitch and do whatever you can to advance your agenda because doors will open for you. Admittedly, Mars opposite your sign makes you impatient with those who are closest to you. Be nice.

Libra the Scales (September 23-October 22): In the next four weeks, you are drawn to intellectual ideas, media, people from other cultures, plus, exploring opportunities in publishing, law, and medicine. Suddenly, you want to explore the world of ideas and possibilities. Romance with someone “different” might begin. If you don't travel in the next four weeks, you will make plans for the future. But all will not be dazzling conversations because fiery Mars will make you work to get better organized and work hard at your job.

Scorpio the Scorpion (October 23-November 21): You are a passionate sign, and this week you enter a passionate month ahead. Your passion will express itself in many ways; for starters, you will reflect upon deep psychological truths about yourself. You will do a lot of self-scrutiny, which in turn, might affect someone else as well.

Romance that begins now will be wild and intense. Mars makes your desire nature strong. This is also a good time to seek out a loan or attract money to you through your spouse or your business partner.

Sagittarius the Archer (November 22-December 21): For the next four weeks, the Sun is opposite your sign. (This happens only once a year.) Because the Sun represents energy, and in your chart, the Sun is now as far away from you as it can get all year, this means your energy will be flagging and you will need more sleep. However, both Mercury and retrograde Venus will also be opposite your sign. It will be easy to express your affection to others and easy for others to love you. Mercury will encourage discussions with partners.

Capricorn the Goat (December 22-January 19): You might join ranks with a Libra pal because you both want to work hard in the next few weeks. In fact, at a deeper level, you want to examine the challenge of how you should best manage your life. In the next weeks, you might have to work for the benefit of someone else. However, the placement of Venus indicates that coworkers will admire you and your relations with them will be smooth and harmonious. Furthermore, your ability to express yourself in a clear, direct manner will be strong.

Aquarius the Water Bearer (January 20-February 18): In the next four weeks, you will insist on expressing yourself and

doing your own thing. It's not that you're interested in bossing others – not at all. But you want the freedom to be who you are. The new placement of the Sun will make you feel lighter and more playful. You will have a greater concern with kids and be more interested in social pleasures and romantic enjoyment. Creative activities are favored. Although you will work hard to earn money, you will also spend it freely.

Pisces the Fish (February 19-March 20): With Mars in your sign until July, you will be a force to contend with because Mars will make you energetic, bold, and confident. It makes you more of a fighter for your own rights than usual. In addition, because your energy level is higher, there will be more activity in your world. Meanwhile, your focus on home and family will be strong, especially dealing with a parent. Many of you will use the next several weeks to redecorate home. This is also the perfect great time to tackle home repairs.



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LETTER TO THE EDITOR

Keeping the magic alive despite COVID-19

The current Coronavirus crisis has been hard on everyone. I can tell you, personally, that it has been very hard on magicians. Typically, we are not considered essential employees, but can you imagine a world without magic? Before the crisis, I was one of the hardest-working magicians in Silicon Valley. I was always making magic and my clients loved it. But COVID put the brakes on everything. I watched with dismay as my friends and mentors announced online they would be taking their final bows and “exiting stage left.” Many of the magicians I know are single, but I have a wife and two young kids who depend upon me. I knew I had to change my mindset. But it was difficult just to stay focused and positive. I needed a new idea. I realized that we were doing what every small business owner must do in times like this. We were brainstorming, innovating, thinking our way out of a problem. It’s core to what entrepreneurs do and what we all must do in times of crisis. I got back to work. First, I tried a few free online shows.

One of the co-founders and inventors of Siri found out about the show on Facebook. Somehow, we even attracted someone from Australia who joined us. Encouraged by this success, I contacted previous clients and asked if they were hosting virtual events to see if they were interested in running a show with a broader audience. One of my first shows was for the Magical Bridge Playground Foundation and the response was incredibly positive, with 2.4K views and 814 engagements, and this event led to further paid events. Still, the first few shows were rough. I was uncomfortable in the new medium and felt awkward at first. Everything about my art seemed new again. The fear I had felt during my early days performing on the streets, long forgotten, crept back. At the same time, that old fear excited me. I felt the anticipation one feels as they approach the first big drop on a roller coaster. One of the first paid shows I took during the crisis was a birthday party. This was the first major test of my new COVID-19 magic protocol. It wasn’t just me who was wondering how this would work. A client also admitted that she was a bit concerned that the show might not translate very well through the digital medium. I didn’t mention that I also had concerns.

Instead, I suggested that this party could be the perfect opportunity to invite family and friends from overseas to join with family members they hadn’t seen in ages. She was intrigued, but needed to discuss the fee with other family members. I told her that was perfect. I presented a brand-new trick over a video conference call using her iPhone and my Instagram account. This new effect sealed the deal and I ended up booking my first virtual birthday party. Feedback from that first event led to improvements for future shows. I began receiving positive testimonials and Yelp reviews. Before long, my old corporate clients were calling me back for corporate events via video conference, and a university called on me to deliver a show over Twitch. I realized I had become the go-to guy for

providing virtual magic shows. Before the crisis, most of my business was centered in the Bay Area and many of my clients were successful Silicon Valley entrepreneurs. Today, I serve those customers, but also work with agents who book events all over the world. Because we thought our way through a difficult situation, we had grown our family business into a global entertainment company. Re-envisioning what it means to be a magician in the age of COVID-19 has offered so many advantages. Because we learned how to take our act online, I can amaze audiences without having to fly or drive hours to a gig. The close-up tricks I love to perform can now play to hundreds of people at once and they play just as well as a stage illusion.

I would like to be able to say that I solved all of my Corona-crisis problems and reinvented my business on my own. In truth, our business is a family affair and it took my family to help me get my mindset right and get me thinking about what’s next when what was is no longer. If we can’t get into the right state of mind, we can’t think our way out of a crisis. Re-envisioning your business won’t work like magic, but it will work if you have the courage to throw yourself into it. During this crisis, that’s what every entrepreneur who wants to succeed will have to do.

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Home & Garden

Planting your vegetable garden

ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

Interest in gardening is exploding as more people want to grow their own food, especially during this crisis. People are carving out space in their yards or on sunny windowsills to plant herbs and vegetables.

Choosing plants to kickstart your vegetable garden should begin with a plan. The blueprint for an area dedicated to growing plants should include how much sunlight the area receives, daytime and nighttime temperatures, and available space for the plants to grow. Doing so will narrow down the plant choices depending on the available space and conditions. Alternatively, a plan can begin with choosing the plants first and then finding places to grow them; in this scenario the plants will be scattered throughout the front yard, backyard, and side yard.

Assess how much produce from a plant is needed. If a person rarely eats parsnips but loves carrots, then it is okay to plant only carrots to avoid wasting uneaten parsnips. Consider the retail cost of the produce. Deciding to grow annual edible plants that die each year will give a chance to change the plantings in that area. A spot where perennial fruits and vegetables are grown will be occupied by the same plant year after year.

The final component for choosing what edibles to grow is to consider the timeline for production. Some plants can provide leafy greens for an entire summer, whereas some plants deliver only a late spring yield or a fall harvest. Below are five plants to consider planting in spring that will soon produce fresh fruits and vegetables and continue doing so well into fall.

One of the fastest maturing crop plants is fava beans. They only take 80 to 100 days to produce large tender lemon-lime colored beans that can be puréed into soup, roasted with other vegetables, used to make hummus and falafels, or eaten raw. The early harvest of the fresh beans will show how sweet growing food at home can be.

Going out on a limb, or in this case a vine, it can be argued that tomatoes are the most popular plant to grow at home. So why wait until summer for the first fruit? Fresh tomatoes can be adorning sandwiches, enhancing pizzas, or garnishing salads long before the first day of



The ones planted in bright locations will perform best in spring and fall when the daytime heat is less intense than in summer. Lettuce grown in areas that get limited morning or afternoon sunlight will thrive in the height of summer when temperatures soar.

Strawberries have the honorable achievement of being referred to as “the first taste of spring” since they are one of the first fruits to ripen. One of the three categories of strawberry plants is called June-bearing. These plants have a three-week window in which they produce their year’s worth of strawberries. Planting an ever-bearing variety will yield smaller numbers of strawberries in June but will bear fruit all summer and into fall.

It can be difficult to wait up to four months for a spaghetti squash to ripen. A spaghetti squash vine that was planted in early spring produces early and late summer fruits. Consider spaghetti squashes over other squashes because spaghetti squashes have a light texture and delicate flavor that complements summer and fall menus.

May is a great time for buying and planting vegetable starts. To buy organic and locally grown seedlings, visit Local Ecology and Agriculture Fremont’s (LEAF) website, www.fremontleaf.org, for their annual May plant sale. Making an informed decision about what plants to grow will make the process easier and more successful. Reminds me of the adage: practice makes perfect.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



summer by planting the hybrid “Early Girl.” What really makes these worth planting is that tomato production can stretch all the way into September.

Lettuces and many other leafy green vegetables can keep producing until late in the year. It is a good idea to plant lettuces in different areas of the garden to ensure this type of production.



THE ACWD CONNECTION

Guide: How to Safely Return Water Service to Your Business

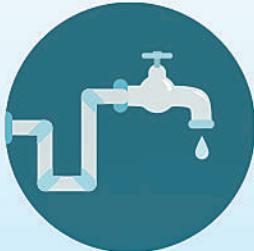
As businesses, restaurants, churches, schools, and other entities return to buildings following the Shelter-in-Place Order, a few measures should be taken to ensure water quality. Businesses should follow flushing protocols prior to re-opening as quality can be impacted when water remains stagnant in vacant buildings. Follow the steps below or visit www.acwd.org/COVID19 for more detail. Flushing instructions may vary by structure.

1. Remove or bypass devices like point-of-entry treatment units prior to flushing.
2. Take steps to prevent backflow or the siphoning of contaminants into plumbing.
3. Organize flushing to maximize the flow of water.
4. Run enough water through all outlets.
5. Flush the cold water lines first, and then the hot water lines.
6. Replace all point-of-use filters, including the filter in refrigerators. Clean and re-install or replace aerator screens.

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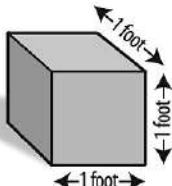
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GIANT TREES

Tallest and Largest Living Trees

The **tallest** tree in the world is the Hyperion Tree. It is a coastal redwood and it is a little more than 379 feet tall. That's taller than the Statue of Liberty (305 feet tall).

The **largest** tree in the world is the General Sherman. It is a **giant sequoia** and measures in volume 52,508 cubic feet. A cubic foot is a cube one foot wide by one foot tall by one foot deep.



How many cones can you find on this page?



The General Sherman Tree is the largest living thing on Earth.

Top Branches

Giant sequoias usually have branches near their tops because the lower branches are shaded from the sun and fall away as the tree grows.

Leaves

Giant sequoia leaves are blue-green in color.



The biggest tree is 642 tons, about the weight of 107 elephants.

Bark Thickness

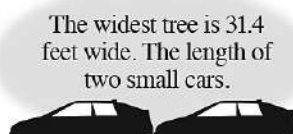
The reddish-brown bark of a giant sequoia can grow to more than 12 inches (30 cm) thick.



Big Tree, Tiny Cones

The giant sequoia is a conifer, which means that it produces cones that hold its seed. At 3.5 inches (9 cm) long, the cones are tiny compared to the tree.

Cones sometimes stay on the tree for 8 to 12 years before dropping. Each cone has an average of 230 seeds.



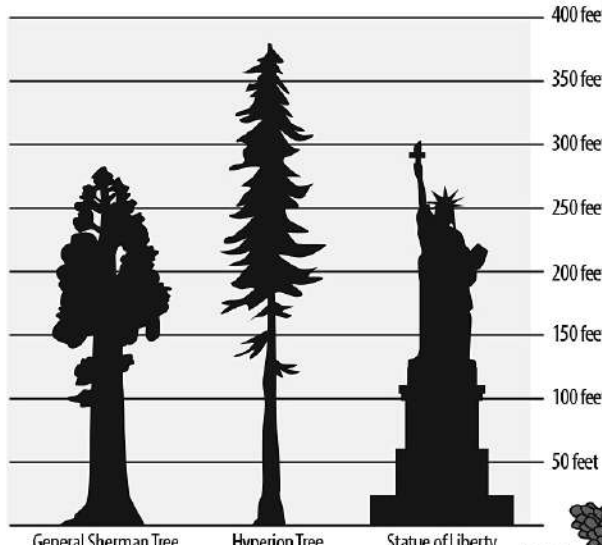
The widest tree is 31.4 feet wide. The length of two small cars.

The tallest living giant sequoia is 316 feet. As tall as a 31-story building.



A large tree can have about 11,000 cones at any given time. A mature giant sequoia can release 300,000 to 400,000 seeds in one year.

The seeds in each cone have wing-like edges which help them travel up to 600 feet from their parent tree.



General Sherman Tree Hyperion Tree Statue of Liberty

Home of Giant Trees

Write down the letters along the correct path through the maze to find out in which state both the world's tallest trees (coastal redwoods) and largest trees (giant sequoias) grow.



Large or Tall?

Some giant sequoias are tall, but they are not the tallest trees in the world. The reason they are the largest trees in the world is because when you combine their **height, width** and estimated **weight**, they are the most massive.

Extra! Extra! Small to LARGE

Look through the newspaper for pictures of three things—one that is big, one that is bigger and one that is the biggest. Cut these out and label them big, bigger and biggest.

EXTRA CHALLENGE

Repeat this activity to show the following: *Happy, happier and happiest* *Funny, funnier and funniest* *Little, littler and littlest*

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Together

A Long Time to Stand

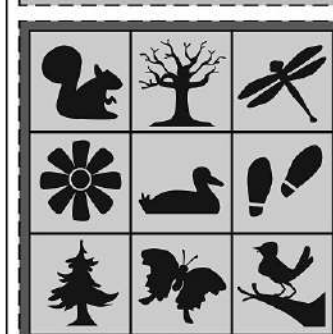
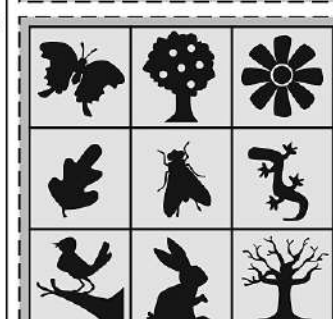
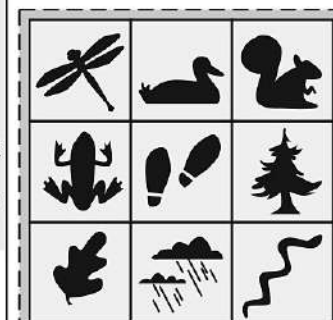
Giant sequoias can live to a very old age. Some are more than 3,500 years old. The wood is rich in chemicals that keep away insect pests and prevent rotting. The thick bark does not burn easily and helps to protect the tree from fire.



Kid Scoop FIT & FUN

Nature Walk Bingo

Head outdoors with family and friends and take a walk around the neighborhood. On this walk, each of you take one of the cards below and cross out the items as you see them. The first one to get three in a row yells, "Bingo!"



Standards Links: Physical Education: Understand the benefits associated with participation in physical activities.

Kid Scoop VOCABULARY BUILDERS

This week's word: **MATURE**

The adjective **mature** means having completed natural development.

The **mature** redwood was over 200 feet tall.

Try to use the word **mature** in a sentence today when talking with friends and family members.

Kid Scoop Puzzler

General Sherman Tree is a Record Breaker!

The General Sherman Tree is not only the largest living tree, **it is the largest living thing**, by volume, on the planet. Use the code to find out more about it.

The tree is estimated to be _____ years old.

It weighs _____ tons. It's _____ feet (83m) tall.

The distance around the bottom of the tree is _____ feet (31m).

It has branches that are almost _____ feet (2.1m) in diameter.

Standards Link: Reading Comprehension: Follow written directions.

CODE

- 0 = ○
- 1 = ●
- 2 = ★
- 3 = ○
- 4 = ●
- 5 = ★
- 6 = ○
- 7 = ●
- 8 = ★
- 9 = ○

Double Double Word Search

BRANCHES
SEQUOIA
CONIFER
RELEASE
GENERAL
REDWOOD
GIANT
TREES
CONES
SEEDS
YEARS
TALL
BARK
GROW
BIG

Find the words in the puzzle. How many of them can you find on this page?

E V I S S A M R E A
L D L R E L E A S E
L O A G H Q K R A B
S O R R C G U Y B S
D W E O N I I O E Y
E D N W A A G E I E
E E E T R N R R E A
S R G I B T A L L R
E S R E F I N O C S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Superlatives are Super!

A superlative is an adjective that describes a noun in an extreme way. For example, the largest, the smallest, the funniest. Circle all of the superlatives on this Kid Scoop page. How many can you find in today's newspaper?

Standards Link: Research: Use the newspaper to locate information.



Which tree produces fruit that tastes like chicken?

ANSWER: Poultree!



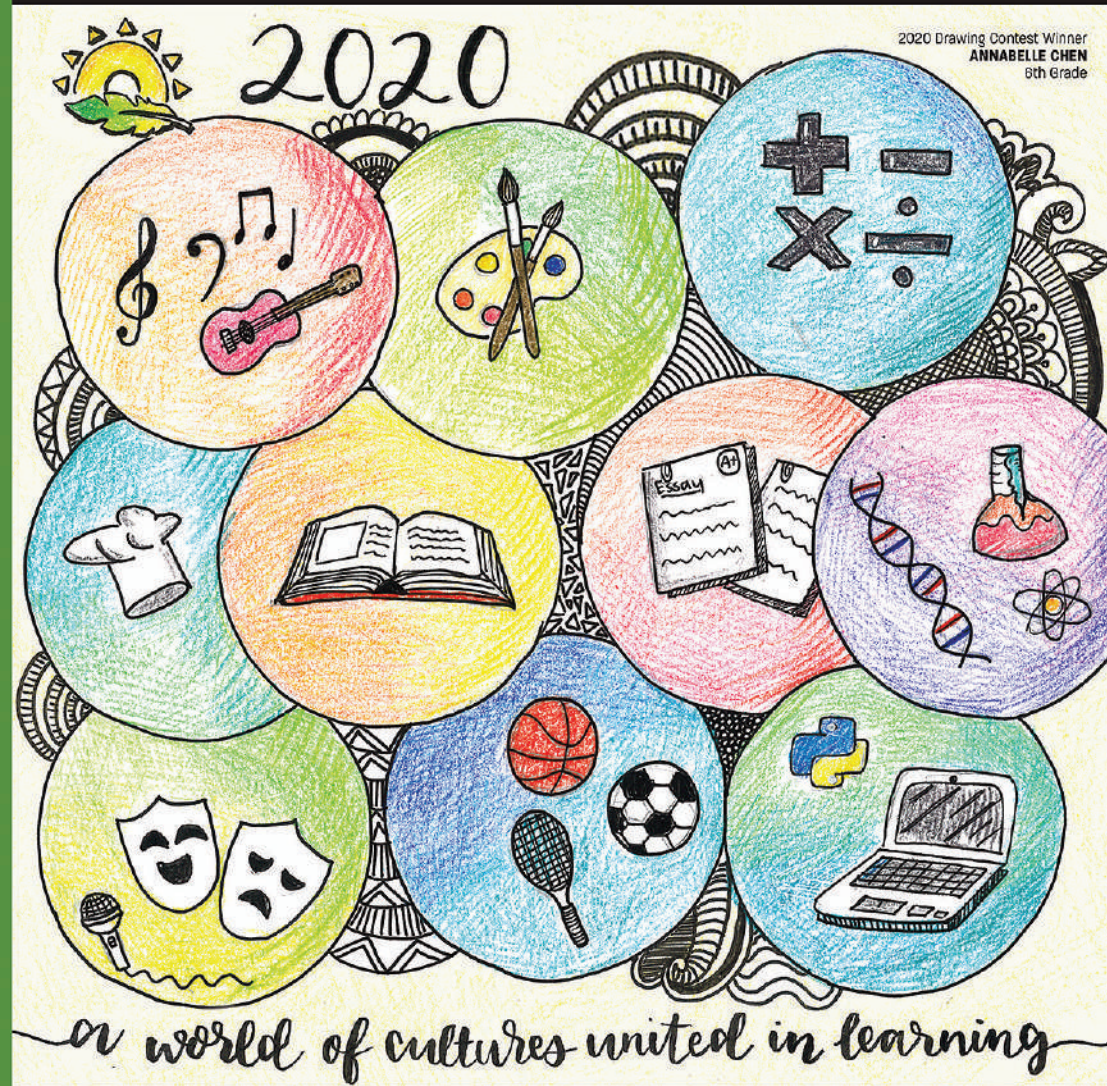
Write On!

Why trees?

Do people really need trees? Write an opinion piece expressing your opinion about this.

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continued from page 1

Sheltering at home brings breath of fresh air to Californians

seeing significantly better air quality. But the lockdowns aren't the only reason, and whether the trend continues is up to us.

"[There are] a couple reasons," says Magavern. "One is we have had a fair amount of rain. And that washes the pollution out of the air. The other is the stay at home orders caused by the Coronavirus pandemic. The great majority of air pollution in CA comes from transportation, so with fewer vehicles on the roads, pollution goes down." It's impossible to say how much improved air quality can be attributed to human habits versus natural weather changes, and dry summer months will mean an inevitable buildup in pollution. However, with fewer people commuting to work, retail stores shuttering, and most social gatherings banned, it's clear that the Bay Area's roads are remarkably free from traffic—and the skies from smog.

Better air quality benefits more than just Instagrammers looking for the perfect shot. This side effect of the lockdowns could help fight the virus. Magavern says, "Scientists have found that exposure to air pollution does increase the likelihood of dying from COVID-19. So, it's especially important at this time to clean up the air." Because the virus attacks the lungs, any boost to overall respiratory health is crucial. In addition, clean air comes with benefits to our hearts and with other improved health outcomes.

You can learn more about the connection between air quality and

COVID-19 on the website for the Harvard School of Public Health: <https://www.hsph.harvard.edu/c-change/news/coronavirus-climate-change-and-the-environment/>.

And humans aren't the only ones suffering under smog; air pollution also harms plant and animal life, as well as the planet as a whole. "The emissions that are harmful to our health are also changing the climate," says Magavern. "The burning of fossil fuels, whether in cars or trucks or power plants, releases chemicals that are harmful for us to breathe and also traps heat through the greenhouse effect and cause global warming."

Unfortunately, California has seen increased air pollution over the past several years. "There are a few reasons for that," explains Magavern. "One is the catastrophic wildfires we've had. And then also the rising temperatures caused by climate change." Not all causes stem from the natural world. Magavern continues, "We're also facing threats from the federal government because the Trump administration is weakening some of our important air quality standards. So,

California needs to redouble our commitment to cleaning up the air and also demand changes at the national level."

Hopefully, some future change can come from how workplaces have adapted to videoconferencing technology. Yes, it will be nice to have the option of meeting face to face again, but being more flexible about remote work and working from home will save many unnecessary car and plane trips.

On the other hand, shelter in place has seen the rise of some environmentally-damaging behaviors, such as ordering items online that then must be delivered. A more eco-conscious lifestyle means not only less commuting to the office but a closer look at our buying habits. "We have choices," says Magavern. "Do we have deliveries done by dirty diesel trucks, or by clean electric trucks? People can reduce the number of trips by grouping their deliveries, and not always choosing to get the package right away. For example, air travel is the most polluting method of package delivery. So, order in advance and don't choose the air option if you don't have to."

Shelter in place is saving lives: slowing the spread of COVID-19 means fewer people sick at once, and reducing the strain on hospitals and healthcare workers. But the orders are saving lives in more long-term ways by forcing us to ask what life would be like if we gave up environmentally damaging habits. Can we give up our grinding daily commutes (and re-think our consumption) without the threat of a deadly virus hanging over our heads?

If we don't act, the clean air benefits we're currently seeing will fade away once non-essential businesses open their doors again, and workers fall back in into their old routines to make up for lost wages during the pandemic. Magavern says, "I hope people will remember what it's like to have really clean fresh air and will put pressure on our elected officials to give us this kind of air quality all the time. Because we can have the growing economy and a healthy atmosphere if we make the right policy choices."

Coyote Hills Photo by Jerry Ting





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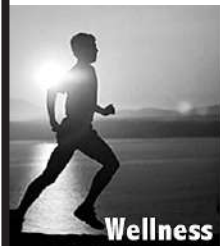
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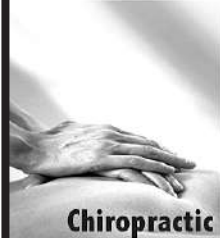
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Farmers’ Markets

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FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.

Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.

Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.

March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot Sundays

8 a.m. – 1 p.m.

Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
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www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

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Hours: M - F 11 a.m. – 8 p.m.
Orders: Online and by phone
Delivery: Home delivery (Newark), takeout

Eastern Winds

0723 Grimmer Blvd, Fremont
(510) 505-9200
www.easternwindschinese.com
Hours: W-M 11 a.m. – 9 p.m., Su 12 noon – 9 p.m.
Orders: Online and by phone, Beyond Menu app
Delivery: takeout

Joe’s Corner

37713 Niles Blvd, Fremont
(510) 896-8025
www.joescornerniles.com
Hours: T - Su 11 a.m. – 6 p.m.
Orders: Online and by phone
Delivery: Curbside to-go, takeout

My Café

5475 Thornton Ave, Newark
(510) 214-3444
www.mycafego.com
Hours: Su 7:00 a.m.-2:30pm, M 7 a.m.-2 p.m., T-Sa 7 a.m. – 8 p.m.
Orders: Online and by phone
Delivery: Home delivery, takeout

Pieology

39338 Paseo Padre Parkway, Fremont
(510) 797-1136
www.pieology.com
Hours: Su-Th 11 a.m. – 10 p.m., F-Sa 11 a.m. – 11 p.m.
Orders: Online and by phone
Delivery: Home delivery, takeout

Pizza Italia

34765 Ardenwood Blvd #3654, Fremont
(510) 739-6430
www.pizzaitaliamenu.com
Hours: T-Su 11 a.m.-10 p.m.
Orders: Online and by phone
Delivery: Takeout

Shaker’s Pizza

4075 Thornton Ave, Fremont
(510) 790-7600
www.shakerspizza.com
Hours: T-Su 11 a.m.-10 p.m.
Orders: Online and by phone
Delivery: Takeout

Taqueria Limon

39494 Fremont Blvd, Fremont
(510) 505-9200
www.taquerialimon1.com/
Hours: Sa-W 10 a.m. – 10 p.m., Th-F 10 a.m. – 11 p.m.
Orders: Online and by phone, Yelp!
Delivery: takeout

Texas Roadhouse

32115 Union Landing Blvd, Union City
(510) 324-7623
www.texasroadhouse.com
Hours: every day 11 a.m. – 8 p.m.
Orders: Online and by phone
Delivery: Curbside to-go

The Mexican

(510) 785-8200
19950 Hesperian Blvd., Hayward
Open for takeout and Door Dash delivery

El Dorado Restaurant

386 Winton Ave., Hayward
510-581-8612

Dina’s Family Restaurant

40800 Fremont Blvd., Fremont
(510) 770-1930
Open for to go orders from 8:00 a.m. to 8:00 p.m. daily
Free delivery to Fremont and Newark; \$30 minimum

Country way

5325 Mowry Ave, Fremont
Open for take out 7am-9pm, delivery 8am-3pm
510-797-3188

Papillon

510-793-6331
4-8 p.m. Tue - Sat
Niles

El Patio

(510) 796-1733 Centerville

Chamber Champions of Take-Out!
Submitted by Hayward Chamber of Commerce

VIRTUAL Events

Tuesdays

Free Virtual Sing-Along

7 p.m. - 8 p.m.
Zoom choir meeting hosted by Mission Peak Chamber Singers
https://www.chambersingers.org/
Contact: info@chambersingers.org

Wednesdays and Sundays

McNevin at The Mudpuddle

6 p.m.
Dinner time tunes, oddservations, and bad jokes
Via Facebook Live
www.facebook.com/mudpuddlemusic

Thursdays

6:30 p.m.

Virtual meetings:

Youth and young adults, students welcome

Contact: brian@newarkpress.org for Zoom Meeting ID#
First Presbyterian Church of Newark
www.newarkpres.org

Thursday, May 21

Lead Better Virtual Meetings

10 a.m.
Hayward Chamber of Commerce presents Dr. Renee Rubin Ross
Via Zoom
To register go to this link: https://bit.ly/2AxtEbX

Fridays, May 15 – May 29

Entrepreneurial Business Basics

9 a.m. – 12 noon
Legal aspects of small business
Ohlone College
www.ohlone.edu/noncredit/getting-started
www.ohlone.edu/freeclasses

Saturday, May 23

Fremont Area Writers

2 p.m.
Poet Rafael de Jesus Gonzalez, Poet Laureate of Berkeley, will talk
Via Zoom
Email scottfrombayside@yahoo.com for Zoom ID (put FAW Invitation in subject line)

Sundays

11:00 a.m.

Sunday School, Ages K – 6th grade

Contact: office@newarkpres.org for Zoom Meeting ID#
First Presbyterian Church of Newark
www.newarkpres.org

Sunday, May 24

Happy Hour Comedy

4 p.m. – 5 p.m.
Join the India Community Center for an evening of laughter
Via Zoom
To register go to: www.indacc.org

Webinars

Succulent Propagation and Maintenance

Zoom webinar led by Jennifer Ahlstrand
Wed, May 27
7 p.m. - 8 p.m.
https://bawasca.org/classes_2.php?id_evnt=329
Register by 12 noon on Wed, May 27

Water Efficient Edible Gardening

Zoom webinar led by Loretta O'Brien
Mon, Jun 1
7 p.m. - 8 p.m.
https://bawasca.org/classes_2.php?id_evnt=324
Register by 12 noon on Mon, Jun 1

Honor Roll

Simpson University, Redding
Spring 2020 Dean’s List
• Esther Gnadadoss of Fremont

Marietta College, Ohio
Spring 2020 Dean’s List
• Manicia Doss of Castro Valley

Massachusetts College of Pharmacy and Health Science
2020 Dean’s List
• Lambert Diep of Fremont

McKendree University, Illinois
Spring 2020 graduate
• Eli Denmead of Fremont

Boise State University, Idaho
Spring 2020 graduates
• Nick Cutaia of Fremont
• Dara White of Hayward

The Honor Society of Phi Kappa Phi
New members
• Kelson Griffiths of Castro Valley;
Saint Mary’s College of California
• Kellye Pineda of Fremont; San Jose State University

• Aditi Cuddalore of Fremont;
Saint Mary’s College of California
• Victoria Kao of Fremont; San Jose State University
• Mae-Breanna Salinas of Milpitas;
Saint Mary’s College of California

Western Governors University, Utah
Spring 2020 graduates
• Renee Bettencourt-Hernandez of Fremont
• Shue Xiong of Fremont
• Mahesh Jhala of Fremont
• Rushi Patil of Fremont
• Sabrina Alvarez of Newark
• Vanessa Nevarez of Newark

Stanislaus State University, Turlock
Spring 2020 graduates
• David Arredondo of Hayward
• Marissa King of Hayward
• Georgina Salgado of Hayward
• Sonali Khatri of Hayward
• Rhomel Clarke of Hayward
• Numair Ali of Fremont
• Tajee Carey-Robinson of Hayward
• Jose Miranda of Hayward

Let’s root for the home team!

Signups are underway for the first virtual season of Junior Giants at Home baseball camp for youngsters ages 5 to 18.

During the four week summer season that starts June 8, Junior Giants will learn the fundamentals of baseball and will be introduced to important lessons in health, education, and charac-

ter development. The live, age-specific practices include indoor-friendly exercises, Word of the Week talks, and training videos from the @SFGiants coaching staff.

For fee information, program schedules and sign-up details, visit the Hayward Digital Dugout at https://jrgiantsathome.org/hayward.

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096

For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/book-mobile

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday

12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday

11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY
2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY
4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO
2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO
3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops Renew books by phone (800) 471-0991

For more information (408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS



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or email

Outreach@driversforsurvivors.org
www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

**Unity, Solidarity & Hope: Bringing
communities together
A Virtual Live Summit**

Saturday, May 23

6 pm - 7 pm
Interactive Zoom Session -
preregistration required
Free Registration:
[https://unity-solidarity-hope-
23may2020.eventbrite.com](https://unity-solidarity-hope-23may2020.eventbrite.com)

Keynote Speakers:
Indo-American Community
Federation Founder Jeevan Zutshi
City of Fremont Councilmember
Raj Salwan
Lieutenant Governor of California
Eleni Kounalakis
Congressmember Ro Khanna
Congressmember Anna Eshoo

State Senator Bob Wieckowski
Assemblymember Kansen Chiu
IACF President Ramesh Konda

Moderator:
Yogi Chugh, Community Leader

Musical composition - East Meets
West
Manesh Judge and
Amitesh Mishra, MD

Dance performances - Fusion
promoting diversity

A solo song by Dr. Deepak Sachdev

**Virtual summit to focus on
community involvement**

SUBMITTED BY JEEVAN ZUTSHI

Lieutenant Governor of California Eleni Kounalakis will be among
keynote speakers at an online summit sponsored by the Fremont-based
Indo-American Community Federation (IACF). The one-hour
summit, “Unity, Solidarity & Hope, Bringing Communities
Together,” will be an interactive Zoom session starting at 6 p.m.
Saturday, May 23, and is open to the public. The focus will be on
building better communities and improving communication.

Other keynote speakers include:
• Congresswoman Anna Eshoo
• Congressman Ro Khanna
• Fremont City Councilman Raj Salwan
• IACF Founder Jeevan Zutshi
• IACF President Dr. Ramesh Konda

Participants from the public will have a chance to share their
thoughts and ask questions during the event which will be moderated
by Yogi Chugh. There is no fee to join, but online pre-registrations are
required and can be made at [https://unity-solidarity-hope-
23may2020.eventbrite.com](https://unity-solidarity-hope-23may2020.eventbrite.com).

**Virtual summit
Saturday, May 23
6 p.m. – 7 p.m.**

**Online discussion on community involvement
Free; pre-registrations required
<https://unity-solidarity-hope-23may2020.eventbrite.com>**

Correction

The correct link to sleep survey results included in the article
“Stay at home and boost your sleep,” originally printed May 12, is
<https://sleepopolis.com/sleep-cities/california/>.

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215 West Winton Ave., Hayward
Offers take-out orders and delivery
through Door Dash
<https://www.eltaquitorestaurant.com>

Erik's Deli Cafe

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871 B St. - Hayward
Offers online ordering for take-out
and delivery through
Door Dash <https://eriksdelicafe.com>

Fast Pizza John 7

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16392 East 14th St., San Leandro,
Order on Grubhub or through fast-
pizzajohn7.com

Metro Taquero

B St., Hayward
(510) 537-5000
1063 B St. Offers take-out orders,
delivery through Door Dash
<https://www.metrotaquero.com>

PLaYT Restaurant

(510) 888-1092
1036 B St., Hayward
Offering a special menu for
take-out via
Door Dash. www.playtonb.com

Rigatoni's

(510) 785-9300
20501 Hesperian Blvd., Hayward
Open from noon-8 p.m. for take-
out, delivery offered through Door
Dash, UberEats, and Grub Hub
<http://www.rigatonis.com>

Star Catering and Cafe

(510) 887-2296
1202 West Winton Ave., Hayward
Open for take-out during normal
business hours. <https://starcaters.com>

Straw Hat Pizza

(510) 265-0111
1653 Industrial Blvd., Hayward
Offers take-out and delivery only.
<https://www.strawhatofhayward.com>

Tacos Uruapan

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Door Dash and UberEats
<https://tacosuruapan.net>

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Made to order fresh and healthy
meals.
<https://localfoodz.co>

MassMeals

Offering healthy, locally grown,
heat-at-home meals for delivery.
www.massmeals.co

**Open for take out Warm
Springs Fremont**

Taqueria Las Vegas & Bar

510.668.0242 Close 11 p.m.
Warm Springs

Burgerim Gourmet Burgers

510.556.2556
Close 6 p.m. Warm Springs
Spin A Yard Steakhouse
510.656.9141
11 a.m. - 8 p.m. Warm Springs

Little by Little

510.897.6678 Close 7:30 p.m.
Warm Springs

Little Dipper Shabu Shabu

510.651.8989 Close 8 p.m.
Warm Springs

Spoon Korean Bistro

510.445.0500
Close 8:30 p.m. Warm Springs

Ho Chow Restaurant

510.657.0683 Close 9 p.m.
Warm Springs

Los Dos Gallos

510.440.8512 Close 7:30 p.m.
Warm Springs

Sala Thai Restaurant

510-792-0770
Warm Springs
**Milpitas restaurants to support
during this COVID-19 crisis**

Biryaniz Milpitas

18 S. Abbott Blvd., Milpitas;
408-945-5700

Burrito Express

275 Jacklin Rd, Milpitas;
408-263-7204

**Giorgio's Italian Food &
Pizzeria**

643 E Calaveras Blvd, Milpitas;
408-942-1292

Jang Su Jang

269 W. Calaveras Blvd.,
408-262-3434

Mikonos Grill

756 E. Calaveras Blvd., Milpitas;
408-942-6972

Omega Restaurant

90 S. Park Victoria Dr., Milpitas;
408-946-8748

Pizza Box

1253 Jacklin Rd, Milpitas;
408-946-6521

RawASF

102 Dixon Rd., Milpitas;
408-770-9389

Sea Link Cafe

187 S. Main St., Milpitas;
408-493-6383

**Honoring students
virtually**

BY JUI SADEKAR

With the academic year winding down, high
schools and colleges are developing plans for
commencement ceremonies to the honor Class of
2020 during the shelter-in-place order. Ceremonies
will not look like a traditional graduation; some
schools are conducting virtual ceremonies while
others have postponed the event.

Cal State East Bay and Northwestern Polytechnic
University have postponed their graduation
ceremonies until further notice. Fremont and
Newark unified school districts are in the planning
process to conduct virtual ceremonies, while
Milpitas Unified School District is considering an
in-person ceremony in August or December.

The following is a list of college and high school
virtual graduation ceremonies currently scheduled
in the greater Tri-City area:

Chabot College

The ceremony will include congratulatory
messages by Chancellor, Chabot College president,
and Senate Leadership; and a graduating student
slideshow with name, picture, and
certificate/degree. The ceremony will be shown
simultaneously on Comcast 27 (in Hayward,
San Leandro, Union City, and San Lorenzo areas)
and on Channel 99 for AT&T U-Verse. After the
premiere showing on May 23, the ceremony video
will be available for viewing online by anyone and
at any time.

Saturday, May 23: 9 a.m.
www.chabotcollege.edu/commencement/

Ohlone Community College

Graduates will have a custom slide that provides
their name, degree, major, and a notation of honors
or highest honors if earned. Each graduate who
registered for the ceremony will receive a special
grad pack that includes a commemorative cap and
tassel, their diploma cover, and an alumni t-shirt
provided by the Ohlone College Foundation.

The ceremony will be pre-recorded and feature
speeches from Ohlone College President Dr. Gari
Browning, a faculty speaker, the Associated Students
of Ohlone College president, and the valedictorian.
Graduates who cannot participate on May 22 can
pick a date that fits their schedule. Ohlone will
make the commencement video and graduates’
individual slides available after May 22.

Friday, May 22: 7 p.m.
www.ustream.tv/ohlonecollegtev or ONTV
(cable channel 28)

www.ohlone.edu/graduation
Ohlone College Facebook page

San Leandro Unified School District

Virtual graduation ceremonies, which will be live
cast on respective schools’ websites, will feature
speakers, graduate video clips, and other types of
personalized content for each of the graduates.

Lincoln Alternative Education Center
Tuesday, June 2: 5:30 p.m.

<https://www.sanleandro.k12.ca.us/Domain/115>

San Leandro High School
Thursday, June 4: 5:30 p.m.
<https://www.sanleandro.k12.ca.us/slhs>

Hayward Unified School District

The graduation video will include a personalized
slide with a quote and photo from each student,
and the superintendent’s message.

Hayward High School
Tuesday, June 9
www.haywardhigh.net

Mt. Eden High School
Thursday, June 11
www.mehs-haywardusd-ca.schoolloop.com

Tennyson High School
Wednesday, June 10
www.ths-haywardusd-ca.schoolloop.com

New Haven Unified School District

To make the virtual ceremony as meaningful and
personal for students and families, high schools are
making a graduation video that will be launched on
Facebook and the schools’ websites. Students are
asked to share a graduation photo to be displayed
during the virtual ceremony and to record a short
dedication video (under 30 seconds) that can be
included in the graduation video.

James Logan High School
Saturday, June 6
www.jameslogan.org

Conley-Caraballo High School
Monday, June 1: 6 p.m.
www.conleycaraballo.com

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

Atieva USA, Inc. (dba Lucid Motors USA, Inc.) seeks multiple positions in Newark, CA: Sr. Eng (Pwr Electronics HW) (Job Code: LM8) Des, dev, validate & enhance various pwr electronic prods for electric vehicles. Req: MS in Eng, EE or rel fld & 2 yrs pwr electronics exp. - Functional **Safety Eng (Job ID: LM9)** Dev & des safety eng sols for auto electrical sys. Req: MS in EE, Eng or rel fld and 3 yrs in job offered or a rel occ, or BS in EE, Eng or rel fld and 5 yrs prog, post-bacc in job offered or a rel occ* **-Sr. Eng (Auto E/E Sys Integration) (Job ID: LM10)** Prep, plan, config & perform sys verification & validation testing. Req: BS or foreign equiv in Electrical/Electronic Eng, Mech Eng or rel fld and 3 yrs verification & validation testing exp. -Eng, **Seating Sys (Job ID: LM11)** Dev industry leading seating sys. Req: MS in Eng, Aerospace or rel fld & 1 yr des & leading auto seating proj. **-Pwr Electronics Hdwr Eng (Job Code: LM12)** Des key pwr electronics components in pwrtrain of electric vehicles. Req: MS or foreign equiv in Eng, Electrical Eng or rel fld & 2 yrs of pwr electronics exp. **-Sr. Global Supply MNGR (Job Code: LM13)** Id suppliers to meet Lucid's pricing, quality & delivery perform expectations. Req: BS or foreign equiv in Bus Admin, Supply Chain, Manufact Eng or rel fld & 4 yrs of auto parts purch & supplier mgmt exp. **-Sr. Eng, Body Structures (Job Code: A518-F121)** Des weight-efficient BIW struct to deliv highest lev of perform in NVH reduction, durability & crash perform in simultaneous eng env. Req: MS in Mech Eng or rel fld & 12 mos exp in vehicular struct des. **-Sr. App Dev (Job Code: LM16)** Dev, create & modify 3DX PLM SW Apps. Req: MS or foreign equiv in Eng, Applied CS or rel fld & 5 yrs customize & support 3D exp. **-Sr. Aeroacoustics Eng (Job Code: LM17)** Lead wind noise sim & testing to achieve world-class quietness. Req: Ph.D. in Mech Eng, Aerospace or rel fld & 2 yrs aeroacoustics eng exp. **-Digital Modeler (Job Code: LM18)** Create quality digital surface models in Autodesk Alias that accurately communicate des intent & in accordance to des and eng req. Req: BS or foreign equiv in Industrial Des or rel fld & 2 yrs exp in Class A surfaces & digital sculpting. **-SW Eng (Enterprise Sys) (Job Code: LM19)** Des & dev & deliver mission critical enterprise app sys. Req: BS in Indust Eng, CS or rel fld & 3 years SW sys exp. *Any suitable combo of ed, training, or exp is acceptable. To apply: submit your resume to: Jobs1@lucidmotors.com. Must reference Job Code for consideration. EOE.

Atieva USA, Inc. (dba Lucid Motors USA, Inc.) has multiple open positions in Newark, CA:
Lead Digital Modeler (Job Code: LM14): Create quality accurate 3D digital surface models in Autodesk Alias.
Req: BS or foreignequiv in Auto Des, Transport Des, Indust Des or rel fld & 3 yrs in the job offered or rel occup.
To apply: submit your resume to: Jobs1@lucidmotors.com.
Please reference Job Code for consideration.
EOE.

Fudenna Bros

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email:
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Sr. Database Developer/Analyst, Quality (Req# IIC1296) in Hayward, CA.
Design solutions, write code, perform test, provide doc & implement DB solutions to automate & standardize processes for gen of metrics. MS+2orBS followed by 5 yrs prog rltd exp. Send resumes to Illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

Systems Support Engr/Scientist (Req# IIC1284) in Hayward, CA. Troubleshoot sys level issues (could involve elec, mech, fluidics, optical, consumable & sw.) Master's+6mos rltd exp. Send resumes to Illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

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Park It

By NED MACKAY

Because long-range forecasts predict dry weather, East Bay Regional Park District’s fire department is gearing up for a potentially dangerous fire season. Fire Chief Aileen Theile cited two factors. Weather forecasters are predicting more frequent, dry offshore breezes. And although this was a relatively dry winter, some late spring rains stimulated more growth by already tall grasses. Firefighters used to think in terms of a “fire season.” However, with climate change, the fire season is now virtually year-round.

To combat fires, Theile leads 16 full-time firefighters and some 34 on-call staff – district employees with other primary occupations, but who are also fully trained firefighters available when needed.

A new component of the fire department is an eight-member fuel reduction crew. This crew works throughout the year to enhance fire safety

by clearing brush away from trails, trimming trees to remove ladder fuels, and piling the resulting vegetation for disposal by burning “strategically and where appropriate,” as Theile said. They fight wildfires too when needed.

The fuel reduction crew also works on the district’s fuel break in the East Bay hills. This is a zone of thinned vegetation between regional parklands and adjacent residential neighborhoods that extends from Richmond south to Castro Valley.

It serves two purposes:

1. Slowing the spread of fire between open space and adjacent neighborhoods
2. Providing firefighters with a place to make a stand

Fire headquarters are at Station 1 in Tilden Regional Park near Berkeley. Seven other stations throughout the district are staffed as circumstances demand. All have engines and other equipment in place.

A dispatch center operates 24 hours a day in support of the district’s firefighters and police. During a fire, the district’s two police helicopters serve as observation platforms to determine fire location and

speed, and best access for ground crews. The helicopters are equipped with Bambi buckets to fight fire from above with 250-gallon water drops.

Besides its own personnel and equipment, the park district has mutual aid agreements with CAL FIRE, California Office of Emergency Services, and every fire department within Alameda and Contra Costa Counties. These agreements enable rapid response to emergencies both within and outside the parklands.

Of course, the coronavirus pandemic has dominated the news in recent times. In that regard, Theile noted that it was easier for the firefighters to observe the new protocols, because they are accustomed to wearing protective gear anyway.

Their additional safety measures include assigning separate crews to each engine, allowing only assigned personnel in the stations, and designating one firefighter to approach and assess a victim in an emergency before committing the entire crew. Post-incident decontamination is accomplished as appropriate.

The public can help the district in major ways to reduce fire hazards. Please

note that smoking, including vaping, is not permitted in the regional parks. During any emergency, park visitors need to cooperate with all instructions from firefighters, police, or park rangers. If you see a fire while in a park, call 911, report the fire’s location, size, and direction of burn if possible, then leave immediately.

Beyond that, Theile said, “We ask people to take a hard look at fire safety in their own backyards. It’s not just one neighbor doing it, but the entire neighborhood.”

“Thirty feet of lean, clean, and green” is the motto. This means reducing the fuel load by mowing. Beyond 30 feet there should also be thinner vegetation. Information on defensible space is available at the CAL FIRE website, www.fire.ca.gov/.

Having an evacuation plan in case of an approaching fire is important. “Don’t wait to be told,” Theile said, “and don’t block the road so that fire engines can’t get in.” To sum it up, “Be informed and be prepared,” she said.

Teen task force makes face shields for frontline workers



By MIRANDA JETTER

The design of the shield is startlingly simple—a thick sheet of plastic curves down over the face and neck, held to the head with an elastic strap. The whole thing comes together in under four minutes in an instructional YouTube video made by Josie Huang. Huang, 17, along with her classmate Heidi Wang, 15, both students at Mission San Jose High School, assembled a team of volunteers over the past two months to make face shields for local frontline healthcare workers.

A quick Google search for “face shields” yields several YouTube demos similar to Huang’s. It also shows dozens of people from individual designers and artists to large companies like Nike and Ford who are developing and manufacturing face shields to contribute to the global fight against the novel coronavirus (COVID-19).

Several studies and articles, including one published in the Journal of the American Medical Association entitled “Moving

Personal Protective Equipment into the Community: Face Shields and Containment of COVID-19,” discuss the efficacy of face shields. The article notes that they are easier to reuse and disinfect repeatedly than face masks. They also may be better at protecting the wearer against infection. In a simulated study, face shields reduced chances of exposure to coughs from 18 inches away by 96%.

When Mission San Jose High School closed its doors to students in mid-March Huang and Wang realized how serious the pandemic was, they said. While at home they saw reports on social media and the news about how frontline workers were running out of personal protective equipment (PPE) and they took it upon themselves to do something. Using YouTube videos and online tutorials as guides they developed several prototypes.

Wang was in charge of reaching out to hospitals in need, either through their parents’ connections or through donation phone lines posted on hospital websites. One of their prototypes was sent to Sue Kwong, a nurse at Washington Hospital in Fremont. Kwong said that when she connected with them, she immediately contacted her supervisor to ask if the homemade face shields would be okay to use in the hospital. Their supply of shields had run out within the first week after they were delivered, she said, and staff working on the COVID-19 unit had only masks and goggles to wear while treating patients. The shields add an extra measure of security especially when performing respiratory therapies on COVID-19 positive patients; infected saliva can spew into the air.

Her supervisor replied quickly within a few days in the affirmative, and Kwong was one of the first to test out the shield in a hospital setting. The feedback was positive and the hospital used some of their mask funding to help Huang and Wang purchase supplies for the shields. They told the students they needed 1,000.

Meanwhile Huang and Wang had assembled a group of nearly 50 volunteers and Fremont’s Boy Scout Troop 495 to make the shields independently in their

respective homes. They brought together their team largely through reaching out to their peers on social media. Huang said, “There was a pretty big response because everyone wanted to help out.” Also, because their online schooling was less time-consuming than a normal school schedule would be, she said, they had more time to work on the project. Still, she and Wang were surprised by how the project grew. “I wouldn’t have thought it would become this big and that hospitals would be requesting masks from us,” Huang said.

Many of the volunteers corralled by the young women were their classmates and fellow Fremont students. Huang and Wang’s parents purchased supplies in bulk with the funds from Washington Hospital along with other contributions from non-profits they had connected with through hospitals. Cindy Wang, Huang’s mother, said that the girls assembled the supplies into kits to be left in their driveway for other volunteers to pick up.

In total Huang and Wang’s team made a little over 2,300 face shields which they distributed to 16 hospitals and healthcare facilities in the area including Palo Alto Medical Foundation, Santa Clara Valley Medical Center, and Fremont Tri-City Health Center. They have received lots of thanks and positive feedback from donation recipients and Facebook messages and pictures sent from workers wearing their shields on the front lines.

The project, excepting the boy scouts who plan to make 1,000 more shields, has wound down as Huang and Wang have become busier with AP exams and finals. Still, Huang said that they are “always willing to do more,” and when the summer comes, she’d be happy to continue the project if the need was still there.

Wang already has another project underway. She and several others are sewing cloth masks and nurse’s caps. She says it’s a slower process than the shields, working with cloth and thread. Still, it’s fun to do and she is happy to be helping out.

To learn more about how to make your own face shield visit <https://youtu.be/SM0P7vrNjqE>

Thank you for your cooperation

By SUPERVISOR DAVE CORTESE

As we continue to follow shelter-in-place order guidelines, I want to thank all of you for getting us to a point where we can move into the second phase. Despite hardships and disruption of your daily lives, your cooperation in stopping the spread of COVID-19 – by staying at home, keeping social distancing, and wearing a face covering when necessary – brought us to a place where Dr. Sara Cody, county health officer, Santa Clara County Public Health Department, could loosen restrictions a bit.

Starting May 4, construction projects resumed, outdoor businesses such as plant nurseries reopened, childcare for essential workers became available and we started to enjoy some recreation activities, including golf and tennis. For details, please visit www.sccphd.org.

However, public health officials have said that we still need to keep following initial guidelines and the new safety precautions that are required as a caution to some of the activities now allowed. Until we have a vaccine, our vigilance is the most effective tool we have in fighting this deadly virus.

There are five indicators that Dr. Cody looks at before deciding if some of the restrictions can be loosened. She says that the county is doing well on the first two:

- Total number of cases in the community is flat or decreasing, and the number of hospitalized patients with COVID-19 is flat or decreasing.

- We have sufficient hospital capacity to meet the needs of residents.

However, Dr. Cody wants to see more progress on these indicators:

- Sufficient COVID-19 viral detection tests are being conducted daily.

- We have sufficient case investigation, contact tracing and the capacity to take care of those who need to be isolated or quarantined.

- We have at least a 30-day supply of Personal Protective Equipment available for all health-care providers.

The county has ramped up testing for COVID-19 with community-based sites along with those already established, but many testing sites are not being used to capacity. Currently, the county has the capacity to investigate 25 new cases a day, each of whom may have only a few contacts because of the shelter-in-place order. Health officials believe we will need the capacity to investigate and contact trace 50 to 75 cases a day, with an anticipated average of 40 contacts per case. To reach this goal, the current team needs to expand to about 1,000 members, including volunteers. If you’re interested, contact ContactTracing@eoc.sccgov.org.

My office sends out a daily email newsletter devoted to COVID-19 information and resources. If you’re not on our mailing list, call my office at (408) 299-5030 or email me at dave.cortese@bos.sccgov.org. To find a testing site and to check if you need to get tested, visit www.supervisorcortese.org.

Fall sports suspended

SUBMITTED BY ERIC HARDING

In accordance with health and safety guidance provided on May 12 by the California Collegiate Athletic Association (CCAA), Cal State East Bay intercollegiate athletics are suspended for fall 2020. Pioneer student-athletes, along with 11 other California State University (CSU) campuses and one University of California campus, comprise the Division II intercollegiate athletic conference. Cal State East Bay Athletics department will work alongside campus and CSU system leadership to evaluate options to optimize student-athletes’ individual situations.

“Based on Chancellor Timothy White’s announcement that the vast majority of CSU’s courses will be virtual for the fall semester of the 2020-21 academic year, and with utmost consideration for the health and welfare of our students, coaches, staff, faculty, and communities, CCAA member institutions have determined that National Collegiate Athletic Association sport competition will not occur during the fall of 2020,” said a statement released by the CCAA.



City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov
- Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us
- Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov
- Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us
- San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org
- Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org
- East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com
- Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org
- Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us
- Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us
- Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us
- Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013
- New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us
- Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org
- San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us
- San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzUSD.org
- Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Union Sanitary District Virtual Board Meeting May 11, 2020

Due to the results of a comprehensive rate study and the necessity for critical capital improvements, the Union Sanitary District Board adopted an ordinance to raise rates for fiscal years 2021 through 2025 at its May 11 meeting. The Board adopted Ordinance No. 31.40, amending Ordinance No. 31.39, after conducting a Virtual Public Hearing which resulted in eleven public comments and the tabulation of 354 protests into the record.

The Board also stipulated that, because of the current public health emergency and related economic uncertainty, the rate increase will not be collected from residential customers until November 2021. (The 2021 fiscal year begins July 1, 2020.) The District will use reserve funds to bridge the costs until customers pay the increased fee starting in the fall of 2021. In addition, USD staff was directed to research options for a discount program to assist seniors and

those on fixed incomes. The District operates as a nonprofit and can only charge the amount necessary to cover its costs to provide sewer service.

Current rates for single family residential rates would have increased by \$2.77 a month, and multiple family residential rates (condos, town homes and apartments) by \$2.94 per month starting in November of 2020 but collection of those increases has been deferred until November 2021. USD fees, even with the rate increase, remain at the lower end among 35 Bay Area wastewater agencies. Detailed information on the new fees can be found on the Districts website at <https://www.unionsanitary.com/rates/sewer-service-charges>.

Paul R. Eldredge, General Manager/District Engineer, provided the board an overview of the planned rates and capital infrastructure needs. The rates are based on the results of the most recent study of the costs of providing sewer services from July 2021 through June 2025. In addition, USD’s 10-year Capital Improvement Program budget is estimated at \$644,350,000. As the provider of an essential service, the District is mandated by state and federal requirements to responsibly

maintain its infrastructure to avoid catastrophic failures, minimize service disruptions, and protect the environment.

The capital program will require more than a full decade of construction. “Each year the District’s critical capital projects are delayed, costs increase by approximately \$12.5 million per year,” Eldredge said. “Moving forward now will save costs in the long term.”

Over the past several years, USD conducted thorough evaluations of its infrastructure needs with the primary goal of utilizing existing assets to their fullest extent to decrease construction costs and reduce impacts on rates. These evaluations included public workshops. The multi-year evaluation resulted in USD’s Enhanced Treatment and Site Upgrade Program report, the largest and most comprehensive capital improvement program in the District’s history (ETSU). The report is available at unionsanitary.ca.gov/etsu.

The District is responsible for operating, maintaining, and replacing \$681 million in facilities and equipment. Much of these assets were built in the late 1970s, with some dating back to the 1960s. Analysis has shown that upgrades and/or

replacements are critical, as current equipment will be unable to treat wastewater to meet changing government requirements or does not meet current seismic standards, and components at the 33-acre treatment plant are nearing function obsolescence.

The Union Sanitary District serves the cities of Fremont, Newark, and Union City, managing facilities that include more than 839 miles of sewer lines, seven pump stations, and the buildings and equipment at the Union City Wastewater Treatment Plant. Revenue is raised from two primary sources: (1) sewer service charges paid by residential customers, businesses, and other users of the system; and (2) capacity fees paid by developers and others who connect to USD’s system.

In other business, the board also passed motions:

- Approved minutes of the Union Sanitary District Special Board Meeting of April 20, 2020 and the minutes of the Union Sanitary District Board Meeting of April 27, 2020

Tom Handley, President	Aye
Pat Kite, Vice President	Aye
Anjali Lathi	Aye
Manny Fernandez	Aye
Jennifer Toy	Aye

Fremont City Council

May 12, 2020

Announcements:

- City Manager Mark Danaj noted that the City is actively engaged in discussions with Tesla and Alameda County to plan for reopening.

Consent Calendar:

- Acknowledge Fremont Fire Department's Performance Report of Annual Fire Inspections.
- Public Hearing: Approve FY 2020/21 through 2024/25 Community Development Block Grant Consolidated Plan.
- Approve kinetic wind sculpture “Lanterns” for New Age Well Center.
- Informational item regarding approval of an Emergency Zoning Administrator Permit for storage of medical supplies and materials for treatment of COVID-19 at 39390 Civic Center Drive (Kaiser).

Public Communications:

- Comments opposing premature opening of Tesla factory and poor record of employee treatment by Elon Musk.

Other Business:

- Presentation of FY 2020/21 proposed Operating Budget. Economic impact of Coronavirus pandemic is unknown. Reserves supporting city services. Recovery over three-month period following lifting of shelter-in-place with lower revenue. COVID-19 is costing the city two years of revenue growth. First public hearing scheduled for June 2.

Mayor Lily Mei	Aye
Vice Mayor Rick Jones	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye
Teresa Keng (District 2)	Aye
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye

Help is available for people affected by substance abuse

SUBMITTED BY AARON OLSON

While many people are affected by substance abuse, the spread of COVID-19 has increased stress for them and their families. But help is available through Narconon New Life Retreat which offers drug education and rehabilitation services.

Narconon has been designated as an essential business during the shelter-in-place order and is open and serving clients. For free addiction screenings or referrals, call 1 (800) 431-1754. More information is available at the Narconon website at <https://www.narcononnewliferetreat.org>. Type “COVID-19 effect” in the search field and follow the prompt.

Union City City Council

May 12, 2020

The Union City Council conducted a Virtual Public Hearing at their regular board meeting on Tuesday, May 12, 2020, regarding the fiscal year 2020/2021 Master Fee Schedule.

The Master Fee Schedule lists fees for services charged by each department. Fees are updated annually to reflect the following: actual costs of the described service, rate increases as prescribed in the Municipal Code, share of Federal rates, or increases in the Consumer Price Index. Staff uses the February to February CPI for the San Francisco Bay Area All Urban Consumers Index, which is 2.9% this year.

Finance Director Mark Carlson presented an overview of the fee schedule changes, highlighting new fees, most of them around filming permits and related costs to the city, developed to recoup public costs. Other changes were related to the Economic and Community Development department; changes here were updated to reflect actual time and material basis costs. New fees in the Public Works department were added to cover costs around tree replacement and granting of easements. No public comments were received. The Master Fee Schedule can be viewed on the City’s website at the agenda link: <https://www.unioncity.org/199/City-Meetings-Video>

Consent Calendar

- Approved minutes of the regular city council meeting held on April 28, 2020.
 - Adopted a resolution confirming the continued existence of emergency due to novel coronavirus (COVID-19).
 - Authorized the city manager to execute a contract amendment to extend the Union City transit and paratransit operations and maintenance agreement with MV Transportation for six months beyond the current contract termination date of June 30, 2020 to December 31, 2020, for an additional \$2,036,502.
 - Adopted a resolution to approve the third amendment to the consulting services agreement between Union City and Smarking, Inc., to provide data aggregation, analytics, and reporting services for Union City’s paid parking program, for an additional \$22,050.
- City Manager Reports**
- Richard Valle, Tri-CED founder and president, responded to a board request for an informational report. His presentation reviewed the business plan

for sustaining the operation of obligations under the exclusive franchise agreement between the city and Tri-CED for recyclable materials collection and processing services.

Background: In July 2019, the Council adopted Resolution No. 5511-19, authorized payment of \$437,035.00 in contractor compensation to Tri-CED for increased costs due to the severe decline in the recycling commodities markets triggered by China’s “National Sword Policy” and a determination by the State of California that Tri-CED’s material recovery facility on Western Avenue must comply with the enhanced regulatory requirements of a solid waste facility.

To generate required revenue, the Council approved a one-time Recycling Processing Surcharge to be collected from Union City residential and commercial recycling ratepayers. For the upcoming rate period effective July 1, 2020, Tri-CED requests that the \$2 per month/per household recycling surcharge be extended due to on-going impact related to increased processing costs and the downturn in the recycling markets. The Council will consider the proposed extension at a June 9, 2020 Public Hearing on Proposed Solid Waste, Organic Waste and Recycling Services Rates Increase for 2020-21.

- Mark Evanoff, deputy city manager, provided the Council an information-only report regarding 2020 fireworks sales. Due to the COVID-19 public health situation, the City allowed electronic submissions for fireworks permits for 2020; the deadline was extended to May 8. The City’s two fireworks vendors, Phantom Fireworks and TNT, both submitted multiple-site applications. Notifications were sent to the vendors and the associated non-profits regarding new guidelines for sales, including social distancing and face coverings. Vendors will be responsible for training volunteers in the proper protocol as may be required by Alameda County Health Services. It was noted that illegal fireworks continue to be a problem; the police department is creating an operational plan with additional police resources deployed, and other planning for Fourth of July will include community messaging through social media and physical signage to educate our community and discourage illegal activity.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Emily Duncan	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye
Gary Singh	Aye

OPINION



WILLIAM MARSHAK

Catch-22

insanity to appeal for a discharge from the army in the 1970s-80s television series M*A*S*H. In both cases, there was no logical way out of their dilemma.

The term “catch-22” has become a popular shorthand for any situation that involves an absurdity of conditions that defy logical resolution. In other words, you can’t solve a problem because one essential element of the solution is cancelled by another necessary condition. First time job seekers often run into the Catch-22 of employers requiring experience: No experience, no job... No job, no experience.

Such situations can become desperate and some faced with this take extraordinary risks, cheat or bend the rules. The expression, “desperate times call for desperate measures” is thought to have originated with the Greek physician Hippocrates (470 BC – 370 BC) addressing extreme diseases and cures. His observation is appropriate today as well.

A current Catch-22 involves the consequence of the Paycheck Protection Program (PPP), a temporary lifeline for some businesses, especially microbusinesses. But it has become a catch-22 conundrum as well. The loan forgiveness provision is based on retaining or restoring employees with determination by head count and payroll. However, a problem arises since restoring employees is a long-term objective but PPP is a short-term solution. PPP funding is based on two months of pre-COVID-19 payroll and a bit more for rent and utilities, yet unemployment benefits extend for a longer period and currently include a bonus payment that

may exceed what microbusiness employers can afford to pay, especially in times of economic stress.

This situation can result in asking a furloughed employee to make an untenable choice between uncertain employment and working conditions or a guaranteed unemployment check. Can micro-business outbid a generous government unemployment payment? This Catch-22 is complicated by confusing cacophony and discord between levels of government and the extraordinary circumstances of a lengthy and complex recovery from a worldwide catastrophic event.

All sides of the employer/employee equation are caught in an economic storm that will subside over time, but today is a critical juncture for both. Remedies for very small, microbusinesses are typically much different in scope and substance than larger enterprises, especially when additional responsibilities such as employees and their families are involved. While large companies can operate on economies of scale to maximize resources, an employer with five employees may not have that advantage. Hopefully long-term support of microbusiness will become a top priority at all levels of government and recognize the catch.

William Marshak
PUBLISHER

Joseph Heller’s satirical novel, *Catch-22*, published in 1961 and later adapted as a movie in 1970, addresses the absurdity and black humor that is often present in desperate situations. The book and subsequent movie highlight the dilemma of an American bombardier, Captain John Yossarian, in World War II who experiences the horrors of war and, as he nears the target number of missions required to be sent home, is told the necessary mission count has been increased, making him ineligible to leave.

In a desperate attempt to avoid continued exposure to the insanity of war and other officers around him, Yossarian invents creative ways to avoid combat missions and secure release from the Air Force. He finally declares that he is unable to perform his duties due to insanity but is told there is a “catch” in regulations that states if Yossarian is crazy, he doesn’t have to fly the missions, but if he makes a formal request to be relieved of this duty, he is sane. This subject was reprised by Corporal Klinger who often cross-dressed and repeatedly pleaded

Website helps users find nearby COVID-19 test sites

SUBMITTED BY CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

State officials have launched an interactive website to help Californians find COVID-19 community testing sites near them. The new site allows Californians to quickly search for testing sites by current location, address, city or zip code and schedule an appointment. It also features an interactive map of testing sites across the state.

The locator website features community testing locations, including sites operated by Verily and OptumServe, which are open to Californians who meet current guidelines. Testing is free for all individuals, including those who are uninsured or undocumented. Individual testing results are confidential.

“As testing continues to ramp up at a rapid pace across the state,

we want to make sure Californians know how to schedule an appointment, which can easily be done online for many locations,” said Dr. Charity Dean, Assistant Director of the California Department of Public Health and co-chair of the California COVID-19 Testing Task Force. “With the launch of new community testing sites and significantly expanded testing criteria, more Californians will be tested -- and in locations much closer to their homes.”

One goal of the Testing Task Force is to ensure that more than 90% of Californians are within 60 minutes driving distance of COVID-19 testing sites.

“We are taking another crucial step toward helping to solve this unprecedented public health crisis -- ensuring Californians have access to testing and knowing where the nearest testing sites are located in their

community,” said Paul Markovich, President and CEO of Blue Shield of California and co-chair of the Testing Task Force. “Our public-private collaboration in tackling the pandemic continues to make a difference in delivering the results California deserves.”

To date, Verily has launched eight testing locations statewide, and a total of 80 OptumServe sites will be launched soon in 36 counties. The California COVID-19 Testing Task Force worked with county leaders statewide to identify appropriate testing sites with a focus on underserved communities in both rural and urban areas.

The testing locator application was designed for California by Esri, a mapping and location analytics company, in collaboration with GIS Corps, which is mapping community test sites.

“Using a map to help

Californians locate and access testing sites near their current location is critical to ensuring those who need testing will receive it as quickly as possible,” said Amy Leung, Technical Consultant with Esri. “Esri is proud to provide mapping and location intelligence for the State of California’s ongoing response to the pandemic and for the COVID-19 Testing Task Force.”

For more information about testing and preventing the spread of COVID-19, visit www.covid19.ca.gov.

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You help create a world with less cancer and more birthdays.

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Birth

LIFE CORNERSTONES

Marriage

Obituaries

For more information
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Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Irene Veloza
Resident of Newark
July 21, 1923 - May 15, 2020
Fremont Chapel of the Roses

Barbara Violet Holstein
Resident of Newark
April 9, 1939 – May 8, 2020
Fremont Chapel of the Roses

Corrine Young
Resident of Fremont
August 26, 1927 – May 08, 2020
Fremont Chapel of the Roses

Roberto Rivera
Resident of Union City
May 21, 1971 – May 4, 2020
Fremont Memorial Chapel

David Frank Geisler
Resident of San Jose
May 29, 1953- May 4, 2020
Fremont Chapel of the Roses



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Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

James Loftus
Resident of Pleasanton
June 9, 1924 – May 14, 2020

Rizalina Estavillo
Resident of Fremont
December 9, 1932 – May 13, 2020

Mary Helen Griffin
Resident of Mill Valley
March 29, 1926 – May 12, 2020

Cesar Gapusan
Resident of Milpitas
January 21, 1948 – May 12, 2020

Sneh Lata
Resident of Fremont
September 8, 1945 – May 11, 2020

Ray Rohrbach
Resident of Fremont
November 4, 1936 – May 12, 2020

Peggy Capitani
Resident of Fremont
October 22, 1929 – May 11, 2020

Suryakant Mistry
Resident of San Jose
May 8, 1941 – May 9, 2020

Roberta Danek
Resident of Albany
November 18, 1935 – May 9, 2020

Helen Dygert
Resident of San Bruno
October 23, 1928 – May 8, 2020

Robert Springer
Resident of Fremont
August 25, 1932 – May 6, 2020

Joyce Welch
Resident of Pleasanton
February 15, 1944 – May 5, 2020

May Yang
Resident of Fremont
March 16, 1941 – May 5, 2020

Du Huu Nguyen
Resident of San Jose
September 8, 1936 – May 3, 2020

Joan Brogden
Resident of Fremont
August 28, 1935 – May 3, 2020

Luz Marquez
Resident of San Jose
March 4, 1932 – May 2, 2020

Kusumben Desai
Resident of Newark, NJ
June 12, 1932 – May 2, 2020

Maria Cristina Lozano Ospina
Resident of Milpitas
May 25, 1975 – May 1, 2020

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Robert Arnold Springer

Robert Arnold Springer lived a long and inspiring life and after 87 years, he passed away on May 6, 2020.

Robert “Bob” Springer was born on August 15, 1932, in San Francisco, California. He grew up in the Sunset District with his parents and younger sister Diane. He played football at the University of San Francisco where he was a running back on the famous 1951 USF Dons team.

Robert finished his studies in Education at San Francisco State. While there he met his future wife Lynn, who was studying education also. They moved to Fremont in 1966, with their two daughters and “Coach” started his tenure at Washington High School. He would stay at WHS for 20 years. He coached football and track.

In 1981, he split his time elsewhere coaching at Chabot College, Cal State Hayward and San Jose City College. He spent 3 years with the Oakland Raiders scouting department. Doherty Valley would be his last football coaching stop. Coaching was his passion.

Bob could be found every summer at the cabin where he indulged in his love for fishing and boating. He was an avid duck hunter and never missed a



season. He ALWAYS had a Labrador doggy by his side. He became a grandfather in 2005 and 2007. His grandsons were pure joy for him. Bob and Lynn celebrated 60 years of marriage in March. He is survived by his wife Lynn, daughter Stephanie; daughter Melissa and son-in-law David and his two beloved grandsons Sam and Jason. Robert was a loving husband, devoted father and grandfather, an inspiring Coach, and a mentor to many students and athletes. Now he is resting in peace. He will be missed dearly but never forgotten. A celebration of his life will be held at a later date. For more information please visit www.bpschapel.com

Raul Armando Arreola

November 25, 1954 – April 26, 2020

Resident of Fremont



Raul Armando Arreola passed away peacefully on Sunday April 26, 2020 at his family home in Fremont, CA. He was born on November 25, 1954 in Jalisco, Mexico to Manuel and Petra Arreola. He was a 1974 graduate and won Athlete of the Year at Peterson High School in Sunnyvale, CA. He married his lifelong partner, Cynthia Jane. They were fortunate enough to spend 45 years together while raising 4 beautiful children. He worked as a Senior Technical

Engineer at Jabil Circuit in San Jose, CA for over 20 years. Raul was a very hardworking, dedicated and highly intelligent person; being mostly self taught. He truly loved his family and thought family was the most important thing in this world. He dedicated his life to providing for his family and trying to make sure he paved a way for them to have a better future. His vast wisdom, sense of humor, huge heart, contagious laughter, bright smile and of course his amazing dance moves will be forever missed but never forgotten. He is deeply loved and we look forward to one day reuniting. He is survived by his Mother; Petra, Wife; Cynthia; 4 Children; Allen, Michelle, Robert and Natalie, 1 granddaughter; Christina and 4 Siblings; Celia, Leticia, Alfonso and Rachel. He will be laid to rest at Madronia Cemetery in Saratoga, CA among other family members.

Irene Veloza

Resident of Newark

July 21, 1923 – May 15, 2020

Irene Veloza was born on July 21, 1923, in Assonet, Massachusetts. Entered into rest on May 15, 2020, in Fremont, CA at the age of 96. Irene is survived by her loving children Gerald (Rita) and Richard (Linda) Veloza. Devoted grandmother to Ken Veloza (Beverly), Lisa Sanders (Eric) and 8 great grandchildren, 1 great great granddaughter. Caring sister to Lucy Flores, Patricia Lundstrom (Edward), Alfred and Arthur Medeiros. Also survived by many nieces and nephews. Irene was preceded in death by her husband Manuel Veloza (2001). Irene loved to dance, sing and was pretty good seamstress. She enjoyed spending time with family. A private family service was held.



Fremont Chapel of the Roses
510-797-1900

New partnerships to sustain COVID-19 testing site operations

SUBMITTED CITY OF HAYWARD

The City of Hayward has announced new partnerships with Eden Health District, nonprofit organization La Familia, and Cal State University East Bay to sustain operation of the COVID-19 testing center until May 31. Under these partnerships, Eden Health District will fund ongoing testing at the center. La Familia will employ specifically trained health workers to begin collecting test samples at the center and will be supported by recent graduates of the Cal State nursing program.

The Hayward Fire Department will maintain administrative command and control of the center, and Hayward firefighter-paramedics will continue to provide testing offsite through mobile testing teams in cooperation with the Alameda County Department of Public Health. Currently, the center is testing approximately 200 to 300 people a day. Testing at the center is free and available to anyone regardless of where they live or immigration status. To be tested, individuals generally must have a fever over 100 degrees or other COVID-19 symptoms.

Hayward COVID-19 Testing Center
Monday through Friday
9 a.m. to 6 p.m. or until number of tests per day are exhausted
Cal State East Bay, 25800, Carlos Bee Blvd., Hayward

SOCIAL SECURITY MATTERS

Ask Rusty

Husband confused about spouse benefits

BY CERTIFIED SOCIAL SECURITY ADVISOR RUSSELL GLOOR, ASSOCIATION OF MATURE AMERICAN CITIZENS

Dear Rusty: I am 65 years old and still working and plan to work for some time to come. My birthdate is February 1955. My wife is 64 years and not working. Her birthdate is January 1956. Half of my benefit is more than half of hers. I am confused on the spousal benefit rules. If she were to take her Social Security early before she reaches her full retirement age, what are the rules that affect her? Signed: Confused Husband

Dear Confused: First I must clarify that spousal benefits do not work as you have suggested, that “half of my benefit is more than half of hers.” Spousal benefits are always based upon the amount the individuals are due at their full retirement age, regardless of the age at which they claim. If half of your benefit at your full retirement age (FRA) is more than your wife’s full benefit at her full retirement age, then the difference between those two numbers is a “spousal boost” which is added to your wife’s own payment amount when her spouse benefit starts. If she has reached her FRA when you claim and her spouse benefit starts, your wife will get the entire spousal boost; if she has not, the spousal boost will be reduced. Your wife cannot collect a spousal benefit until you start collecting your Social Security, so if she claims benefits before you claim she will initially get only what she is entitled to on her own work record. Then when you claim, the “spousal boost” will be added to her benefit. If you claim at your FRA, your wife will not yet have reached her full retirement age, so her spousal boost amount will be reduced and added to her own reduced benefit amount, making her total benefit as your spouse less than 50 percent of your FRA benefit amount.

Your full retirement age is 66 years and 2 months, and you won’t be entitled to full benefits until you reach that age. For your awareness, you can wait beyond your FRA and earn delayed retirement credits, up to age 70 when your benefit would be about 31% more than it would be at your FRA, but your wife cannot get her spousal boost until

you claim. For your awareness, if you claim benefits before you reach your FRA and continue to work, you’ll be subject to Social Security’s earnings limit (\$18,240 for 2020) which, if exceeded, will cause SS to take back some of your benefits. The earnings limit goes up by about 2.5 times in the year you reach your FRA and goes away when you reach your full retirement age.

Your wife’s full retirement age is 66 years and 4 months and any benefits she claims on her own record prior to reaching that age will be reduced. At 64 she could claim her own benefit from her own work record (assuming she has at least 40 SS credits), but that benefit would be reduced to about 85 percent of what she would get at her FRA. And claiming at age 64 would also affect the amount of her spousal benefit when that starts. The only way your wife can get 100 percent of the amount she is due as your spouse is to wait until her FRA to claim any benefit. If she claims her own benefit at age 64 or any time before her FRA, not only will her own benefit be reduced, but her eventual benefit as your spouse will be less than 50 percent of your FRA benefit amount, even if you wait to claim until your wife reaches her FRA. That’s because her spousal boost, when it occurs, will be added to the reduced SS retirement amount she is getting because she claimed before her full retirement age.

You are certainly not alone to be confused about spousal benefits as this is one of the most confusing areas of Social Security’s rules. But I hope the above provides what you and your wife need to make an informed claiming decision.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadviser@amacfoundation.org.

LETTER TO THE EDITOR

SB 1175 - Trophy Hunts & Wild Animal Food Markets

Senator Henry Stern (D-L.A.) has introduced Senate Bill 1175, to outlaw the importation of hunting trophies of such iconic African species as elephants, rhinos, lions, leopards, giraffes, zebras, et al.

SB 1175 would also curtail the brutal commerce in wildlife, banning the importation of non-native frogs and turtles for human consumption. California annually imports two million American bullfrogs (most commercially-raised in China and Taiwan), plus an estimated 300,000 freshwater turtles, all taken from the wild in states East of the Rockies, depleting local populations.

None of these animals are native to California, and they cause major harm when released into local waters, a common though illegal practice. All the market frogs and turtles are diseased and/or parasitized, posing major risks to the environment, the public health, and animal welfare.

SB 1175 will be heard on May 26 before the Senate Natural Resources & Water Committee, chaired by Senator Stern himself. Other committee members are Brian Jones, Benjamin Allen, Andreas Borgeas, Anna Caballero, Robert Hertzberg, Ben Hueso, Hannah-Beth Jackson and Bill Monning.

All legislators may be written c/o The State Capitol, Sacramento, CA 95814.

**Eric Mills, coordinator
ACTION FOR ANIMALS**

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ljohnson@newark-legal.com

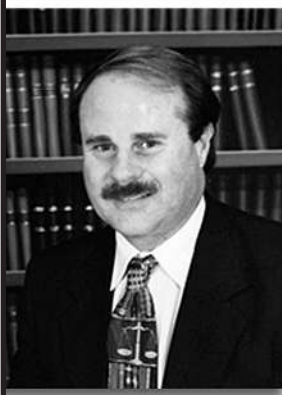
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of Trustee, Joint Tenant

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**M-F 10-7
Evening & Weekends
By Appointment**

Fremont School District Board Meeting Highlights

SUBMITTED BY BRIAN KILLGORE

The May 6 meeting of Fremont Unified School District (FUSD) Board of Education:

- Approved Administrative Appointment – The board unanimously approved the appointment of Beth Perez as assistant principal of Horner Junior High School. Perez has been a longtime FUSD employee with over 20 years of experience in Fremont. She started her career as a history/ELD teacher at Hopkins Junior High and is currently working as a program manager in secondary education, overseeing middle school conversions. Perez will assume her new role on July 1.

- Received an Update on Preparedness during School Closures – Alameda County along with other Bay Area counties have extended the shelter-in-place through the end of May. Staff will provide an update on FUSD’s preparedness during COVID-19 school closures.

- Received Revised Demographic Study on Enrollment – The updated demographic study has been completed and shows that the district will continue to experience decreased enrollment for the next seven years. The projected enrollment for 2020-21 is 34,989 students. The projected enrollment in 2026-27 (7 years) is 32,847 students, a decrease of 2,147 from 2019-20.

- Received Community Update, Superintendent Position Description - As a result of the feedback received from throughout over 30 community input sessions and 2,058 online survey results, the superintendent position description has been updated to reflect input. The board of trustees and leadership associates advisors will meet, review, and discuss input received, and the board will be asked to approve the superintendent position description.

Shelter in Place and Stay at Home impacts

SUBMITTED BY AVA SQUARE

In 2004 California voters approved Prop 63 and placed a 1 percent tax on personal incomes over \$1 million. The state distributes funds to the counties. Services under MHSA are consumer and family-driven, recovery-oriented, accessible, culturally competent and they offer integrated service experiences for consumers and their families.

Gathering community input, a state of California requirement, is central to Alameda County submitting its three-year Mental Health Services Act Program and Expenditure Plan. However, Alameda County cancelled five commu-

nity input meetings that were to be held in April and May in support of public safety and flattening the COVID-19

Alameda County’s Mental Health Services Act (MHSA) Division is requesting that the community provide input and ideas to improve the mental health system through an on-line survey. The community feedback will guide MHSA services and funding priorities for the next three years.

Dr. Karen Tribble, Director of Alameda County’s Behavioral Health says, "It's important for us to hear from children, youth and adults with mental health challenges, their family members, and community service providers. We value their input in preparing a plan that meets their needs."

Community members may learn more about the Mental Health Services Act and also complete the 23-question survey (available in seven languages) at <https://acmhsa.org>

Survey responses must be submitted by May 30, 2020.

eGift card platform

SUBMITTED BY KATHY KIMBERLIN

A new program is being launched to help local small businesses weather the COVID-19 storm - Gift Fremont - an eGift card platform for Fremont small businesses. This platform will serve as a local online marketplace which will encourage anyone to find and support participating businesses by purchasing gift cards online.

Why Participate in Gift Fremont?

- To encourage more people to purchase gift cards and support your business, the City of Fremont is offering a bonus on gift card purchases of \$20 or more (\$5 bonus on \$20 - \$39, and \$15 bonus on \$40 or more).

- Once signed up, you will receive funds up front, each week for the gift cards purchased for your business plus the bonus through the Yiftee platform.

- Signing up is easy and takes a few minutes.

- Any business can participate, even if you don't have a business website.

- Redeeming eGift Cards is easy. No PoS integration, just an online portal.

- Yiftee is waving the monthly subscription fee through September 2020. The City will cover eDelivery fees while matching funds last.

- Robust marketing and promotion from the City of Fremont and partners

Find gift cards and sign up for the program here:
https://app.yiftee.com/gift?start_with=gift&aff=87#/merchant

CASTRO VALLEY TOTAL SALES: 7						
Highest \$: 1,015,000		Median \$: 780,000				
Lowest \$: 635,000		Average \$: 815,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
19464 Yuma Street	94546	635000	5	2685	1971	3/2/20
22069 Cameron Street	94546	650000	2	976	1947	3/3/20
5349 San Simeon Place	94552	650000	2	1322	1981	3/4/20
3013 Greenview Drive	94546	780000	3	1282	1954	3/2/20
22526 Charlene Way	94546	975000	4	2327	1954	3/3/20
5031 Tyler Lane	94546	1000000	4	2138	1965	3/4/20
18758 Mount Lassen Dr	94552	1015000	4	2316	1990	3/2/20

FREMONT TOTAL SALES: 40						
Highest \$: 2,450,000		Median \$: 1,181,750				
Lowest \$: 643,000		Average \$: 1,252,363				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
38780 Tyson Ln #103c	94536	643000	2	1305	1982	3/2/20
37923 Bright Comm	94536	661000	2	1513	1977	3/6/20
49080 Meadowfaire Comm #300	94539	738000	2	1087	2005	3/6/20
37444 Joseph Street	94536	820000	2	884	1925	3/2/20
38735 Crane Terr #32	94536	879000	3	1534	1985	3/3/20
37253 Dutra Way	94536	885000	3	1341	1951	3/5/20
3526 Altamira Terrace	94536	890000	3	1519	2006	3/4/20
446 Washburn Drive	94536	891000	3	1144	1955	3/2/20
3509 Lake Ontario Dr	94555	900000	3	1148	1971	3/6/20
6098 Sienna Terr #53	94555	935000	2	1395	1992	3/6/20
40443 Sundale Drive	94538	940000	3	1152	1960	3/3/20
44828 Fremont Blvd	94538	950000	0	0	0	3/5/20
34216 Gadwall Comm	94555	950000	3	1590	1981	3/6/20
96 Zenith Common	94539	975000	0	0	0	3/3/20
40818 Tomales Terr	94538	981000	3	1712	2014	3/2/20
4669 Deadwood Dr	94536	1010000	3	1452	1961	3/2/20
155 Camphor Avenue	94539	1025000	3	980	1962	3/6/20
42848 Peachwood St	94538	1040000	3	1198	1959	3/5/20
35908 Killorglin Comm	94536	1065000	2	1460	1989	3/5/20
267 Paso Roble Comm	94539	1170000	3	1431	2011	3/6/20
41357 Roberts Avenue	94538	1193500	3	1554	1925	3/6/20
4866 Seneca Park Ave	94538	1240000	3	1285	1961	3/4/20
3049 Reynolds Court	94536	1280000	3	1708	1972	3/2/20
427 Maar Avenue	94536	1285000	5	2421	1984	3/3/20
2223 Jackson Street	94539	1302000	4	1114	1954	3/2/20
35822 Augustine Pl	94536	1313000	3	1664	1970	3/3/20
42945 Fremont Blvd	94538	1322500	4	1604	1954	3/2/20
4436 Norocco Circle	94555	1330000	4	1717	1982	3/4/20
2839 Casita Terrace	94539	1375000	4	2105	2015	3/3/20
4224 Westminster Cir	94536	1380000	4	2166	2003	3/6/20
872 Lippert Avenue	94539	1400000	4	1544	1971	3/6/20
1181 Bedford Street	94539	1610000	3	1540	1959	3/6/20
37506 Wilburn Place	94536	1650000	8	3540	1963	3/6/20
45804 Bridgeport Pl	94539	1685000	4	1972	1984	3/6/20
1296 Casa Marcia Pl	94539	1720000	4	1956	1969	3/2/20
46719 Rancho Higuera Rd	94539	1835000	4	2290	1979	3/3/20
177 Mission Road	94539	2100000	4	3095	2011	3/6/20
37807 Freesia Court	94536	2134000	5	3162	2000	3/4/20
4434 Kennett Terrace	94536	2141500	4	2422	2016	3/6/20
44050 Linda Vista Rd	94539	2450000	5	4158	1995	3/2/20

HAYWARD TOTAL SALES: 21						
Highest \$: 985,000		Median \$: 658,000				
Lowest \$: 340,000		Average \$: 651,262				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1517 Glenn Street	94545	340000	3	1546	2016	3/4/20
2175 Thayer Avenue	94545	400000	3	1244	1960	3/2/20
22567 Arlette Avenue	94541	450000	2	1080	1912	3/6/20
21511 Haviland Avenue	94541	495000	2	1063	1929	3/6/20
377 Tippecanoe Avenue	94544	525000	3	927	1951	3/3/20
1713 Calais Court	94541	565000	3	1336	1987	3/4/20
2421 Arf Avenue	94545	598000	4	1474	1970	3/5/20
1588 Southgate Street	94545	601000	3	1301	1956	3/6/20

445 Grove Way	94541	625000	2	1204	1939	3/4/20
27814 Biscayne Avenue	94544	642000	3	1000	1954	3/2/20
453 Redbud Lane	94541	658000	3	1037	1950	3/6/20
1612 East Avenue	94541	675000	3	1886	1951	3/3/20
169 Laurel Avenue	94541	682500	3	852	1926	3/6/20
2334 Sleepy Hollow Ave	94545	685000	3	1260	1959	3/2/20
23764 Nevada Road	94541	710000	4	1800	1956	3/6/20
643 Meek Avenue	94541	725000	3	1880	1926	3/6/20
652 Chevy Chase Way	94544	750000	3	1392	1958	3/2/20
546 Dean Street	94541	800000	4	1822	1964	3/4/20
25026 Willimet Way	94544	815000	3	1581	1958	3/6/20
1757 De Pina Lane	94545	950000	4	2086	2018	3/6/20
2211 Beckham Way	94541	985000	4	2682	1992	3/3/20

MILPITAS TOTAL SALES: 3						
Highest \$: 1,420,000		Median \$: 1,210,500				
Lowest \$: 765,000		Average \$: 1,131,833				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1389 Highland Court	95035	765000	3	1155	1971	4/9/20
1505 Bond Street	95035	1210500	3	2077	2014	4/7/20
2335 Cascade Street	95035	1420000	4	1939	1988	4/7/20

NEWARK		TOTAL SALES: 5				
Highest \$: 1,050,500		Median \$: 910,000				
Lowest \$: 837,500		Average \$: 942,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39119 Levi Street	94560	837500	4	1919	1979	3/3/20
7489 Shady Hollow Dr	94560	895000	3	1205	1971	3/5/20
6360 Jarvis Avenue	94560	910000	3	1503	1987	3/3/20
5780 Bellflower Drive	94560	1017000	3	1339	1986	3/5/20
6353 Benecia Avenue	94560	1050500	3	1372	1979	3/6/20

SAN LEANDRO		TOTAL SALES: 8					
Highest \$: 1,110,000		Median \$: 740,000					
Lowest \$: 620,000		Average \$: 756,000					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
371 Leo Avenue	94577	620000	2	1040	1941	3/2/20	
2090 167th Avenue	94578	650000	2	788	1940	3/3/20	
1630 165th Avenue	94578	650000	3	1373	1938	3/6/20	
1523 Marybelle Avenue	94577	730000	3	1345	1944	3/2/20	
106 Accolade Drive	94577	750000	3	1460	2000	3/6/20	
3790 Anza Way	94578	765000	3	1196	1954	3/3/20	
1524 Halsey Avenue	94578	773000	3	1260	1948	3/5/20	
1312 Scenicview Drive	94577	1110000	0	2834	1977	3/6/20	

SAN LORENZO		TOTAL SALES: 3				
Highest \$: 755,000		Median \$: 735,000				
Lowest \$: 620,000		Average \$: 703,333				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
15969 Via Conejo	94580	620000	3	1000	1944	3/3/20
17376 Via Melina	94580	735000	3	1558	1952	3/4/20
21031 Estancia Cmn	94580	755000	3	1703	2008	3/2/20

SUNOL TOTAL SALES: 1							
Highest \$: 645,000		Median \$: 645,000					
Lowest \$: 645,000		Average \$: 645,000					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
2992 Pleasant Way	94586	645000	2	897	1928	3/4/20	

UNION CITY			TOTAL SALES: 11			
Highest \$: 1,155,000		Median \$: 840,000				
Lowest \$: 163,000		Average \$: 751,364				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1051 Sapphire Terrace	94587	163000	3	1675	2007	3/3/20
35520 Monterra Terr #203	94587	400000	1	732	2001	3/2/20
2930 Flint Street #103	94587	542000	2	908	1986	3/2/20
32423 Lois Way	94587	670000	3	1340	1972	3/2/20
31249 San Andreas Dr	94587	725000	3	1762	1969	3/4/20
2663 Morello Court	94587	840000	4	1382	1973	3/6/20
1207 I Street	94587	850000	4	1281	1928	3/6/20
31395 Santa Ana Way	94587	880000	3	1449	1970	3/3/20
341 Monaco Avenue	94587	890000	4	1584	1963	3/6/20
34417 Torrey Pine Lane	94587	1150000	5	2671	2000	3/2/20
32532 Regents Blvd	94587	1155000	3	2031	1972	3/5/20

Home Sales Report

Rabid bat found in Fremont

SUBMITTED BY FREMONT PD

A Mexican free-tailed bat recently found in a residential area of Fremont has tested positive for rabies according to officials from the Fremont Police Department (FPD).

The bat was found Thursday, May 7 when Alameda County Vector Control (ACVC) workers responded to a call from a resident in the area of Guardino Drive and Walnut Avenue in Central Fremont. The workers retrieved the live bat from a

balcony and took it to a lab for testing. Police said that they don't believe the bat had contact with any other animal or human. The last rabid bat case in Fremont was reported in the Northgate neighborhood in October 2019.

As the primary investigating agency, ACVC conducted door-to-door notifications in the immediate area of where the bat was located. No injuries or illnesses were reported. Meanwhile, police are reminding the public to avoid contact with bats and other wild animals that may carry rabies such as skunks, foxes, coyotes, and raccoons.

Police said that dogs and cats not vaccinated for rabies are also considered to be at medium to high risk for carrying the virus. If an ill or dead animal is found, do not touch it. In addition, if an animal which is normally nocturnal is seen acting in a strange manner (a skunk roaming or staggering in the daylight, a bat hanging on a window screen or sill or a fox acting

aggressive in the daytime, etc.), it should be reported to Animal Services in Fremont or the Alameda County Public Health Department.

A report issued by Alameda County describes rabies as a fatal disease caused by a virus that affects the brain and nervous system. It can be prevented if the exposed person or animal receives a series of rabies vaccine shots as soon as possible after the exposures. Here are a few preventative measures people can take to reduce the risk of contracting rabies from an animal:

- Have dogs and cats vaccinated against rabies.
- Confine dogs to property, especially puppies less than three months old.
- Report any animal bites of humans.
- Report any close contact between dogs and cats with wild animals to Animal Services.
- Do not feed wild animals by hand. Do not come in close contact or attempt

to care for a sick or injured animal.

- Do not attract skunks with food. Pet food left outside is a strong invitation to skunks and other animals.
- Eliminate piles of trash, rocks, wood, hollow logs, and heavy growth of vegetation where wild animals could hide.

- Do not provide shelter for bats. Close, seal and screen all openings so there is none greater than ¼-inch size, especially at roof level. Install ¼-inch screen on attic vents and maintain in good repair.

Anyone that finds a sick or dead bat in their home or yard should not touch it. To report dead or sick wildlife, call Fremont Animal Services at (510) 790-6630 or Alameda County Vector Control at (510) 567-6800. For any human exposure or public health concerns, call the Alameda County Public Health Care Agency at (510) 267-3250.

Rent relief grants for residents

SUBMITTED BY CITY OF HAYWARD

The City of Hayward is accepting applications for rent relief assistance grants for residents facing economic hardship due to COVID-19. The grants will be paid to landlords on behalf of qualifying low-income tenants to reduce financial burden on tenants and ensure landlords receive

revenue needed to maintain rental housing services. The program will provide one-time payments of up to \$2,500 per household to bridge the gap between what tenants can afford and their actual rent.

To qualify, tenants must be Hayward residents at risk of displacement with income adjusted by household size below 50 percent of Area Median Income (AMI)

or up to 80 percent of AMI with rent equal to or greater than 30 percent of their income. Tenants also must have experienced economic hardship due to COVID-19 in the form of loss or reduction in employment or wages, increased medical or childcare costs, or loss of childcare.

To learn more and to apply, visit <https://housing.bayareacs.org/> and complete the Keep Everyone Housed Application for the City of Hayward or call BACS at (510) 850-6492.

Hayward Rent Relief Program
(510) 850-6492
<https://housing.bayareacs.org/>

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Milpitas Police Log

SUBMITTED BY MILPITAS PD

Saturday, May 9

• Evening patrol officers spotted a 1996 Chevrolet Silverado that had been reported stolen to Concord Police in the parking lot at the Big Lots store

on Serra Way. A suspect associated with the vehicle, later identified by police as David Clark, 33, of Sunnyvale, fled on foot and soon assaulted the owner of another vehicle nearby, stole it and began driving away with officers in pursuit. Eventually, Clark struck the gate at Piercy Toyota and a police car. Officers used a device to deflate the vehicle's tires, prompting Clark to exit the car and run

away on foot. With the assistance of the Santa Clara County Sheriff's Office and the CHP, Clark was caught and taken into custody. There were no injuries. Clark was booked into Santa Clara County Jail on various charges including assault with a deadly weapon, evading officers, resisting arrest and possession of a stolen vehicle.

Fremont Fire Department Log

SUBMITTED BY FREMONT FIRE DEPARTMENT

Monday, May 11

• At 12:56 p.m. firefighters responded to a call about a fire in the wall between an apartment and a community laundry room in an apartment complex on the 36000 block of Fremont Blvd. The blaze was extinguished within 15 minutes and was contained to the immediate area. The cause of the fire was an electrical issue. Fire damage was sustained to the laundry room wall with smoke damage in an adjacent apartment unit. There were no injuries, but one person was displaced from the apartment.

• At 1:07 p.m. firefighters responded to a call about a residential kitchen fire in the 200 block of Quinault Way. The blaze was contained to the kitchen and quickly extinguished. There were no injuries.

Wednesday, May 13

• At 8:23 p.m. firefighters were dispatched to a vehicle fire in a ground floor carport at the three-story Pathfinder Village Apartments at 39800 Fremont Blvd. On arrival, firefighters found two vehicles fully involved with the fire which was extending to the residential units on the second floor. Crews quickly knocked down the fire in the carport which sustained structural wall damage while the second-floor apartments above sustained smoke damage. There were no injuries but 17 people from four units were displaced. Property management secured temporary shelter for them. The cause of the fire is under investigation.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Sunday, May 10

• A man identified by police as Marquin Bonifacio, 41, of Oakland was arrested at Warm Springs/South Fremont station on suspicion of theft and making criminal threats of death on another person. He was issued a prohibition order and booked at Santa Rita Jail.

Alameda County Sheriff's Office

SUBMITTED BY TYA M. MODESTE

Wednesday, May 13

• At 8:00 a.m. a man identified by deputies as Rico Thomas, arrived at the Sheriff's Eden Township Substation on Foothill Boulevard in San Leandro to inquire about a backpack that deputies collected the previous evening during a domestic violence investigation. Thomas had left the scene before deputies arrived; a record check showed that he is on probation for an assault with a deadly weapon. When deputies tried to detain Thomas, he resisted prompting deputies to use force. A search of his Mercedes at the substation uncovered an expandable baton, loaded assault rifle, loaded high capacity magazines and additional ammunition. Thomas was arrested and booked into Santa Rita Jail on numerous felony weapons charges along with domestic violence and child endangerment charges.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Saturday, May 9

• Patrol units responded to a call from Washington Township Hospital about a man who arrived in the emergency room at 12:20 p.m. and told staff he had been shot. An X-ray showed the 46-year-old man had a single gunshot wound to his back and the bullet was lodged close to his aorta. Officers were able to talk to the man and learn details about the incident before he was taken to a trauma center for treatment.

Investigators found evidence of a crime scene in the parking lot of a business on the 37300 block of Blacow Road. Video surveillance and witness statements led to a potential suspect in the shooting, later identified by police as Alexander Eullo, 40, of Union City. At about 11:55 p.m. a police SWAT team located Eullo in the parking lot of Emmanuel Presbyterian Church in San Jose. He initially ran from officers but was quickly apprehended. Investigators believe the shooting was not random; Eullo and the victim knew each other and the shooting was over money. Investigators believe Eullo tossed the firearm from a car window somewhere on Blacow Road between Central Avenue and Eggers Drive as he fled the area. He was taken to Santa Rita Jail on a no-bail hold and faces various charges including attempted murder. The victim is expected to survive the gunshot injuries.

Meanwhile, police are asking the public to be on the lookout for the discarded firearm and to call 911 if it is found and not to touch it. Anyone with information is asked to call Senior Detective Michael Gebhardt at (510) 790-6954 or send an anonymous tip by texting TIP FREMONT PD followed by a message to 888-777, or online at <https://local.nixle.com/tip/alert/6216337>.

Monday, May 11

• At 1:09 p.m. employees at the Safeway store on Washington Boulevard in the Irvington district reported a man punched an employee in the face and fled on a bicycle. While responding to the scene, officers learned two more people reported being struck in the face by the same man for no apparent reason. All three victims required medical attention for their injuries. Officers searched the area and soon found the suspect nearby in the area of Fremont Boulevard and Chapel Way. The suspect was uncooperative and tried to flee, prompting officers to use a K9 officer to stop him. The suspect, identified by police as Marcell Washington, 27, a transient from San Jose, was arrested on suspicion of felony battery, misdemeanor battery and resisting arrest. He was booked into Santa Rita Jail.

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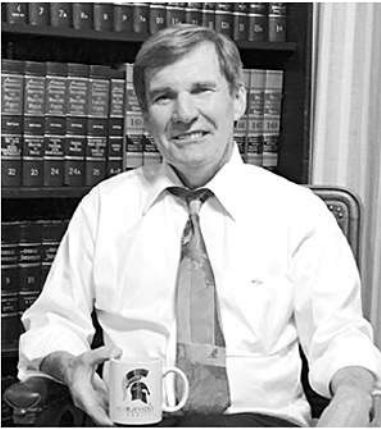
STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University
Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty Law Clinic Santa Clara University College of Law 1987
Editor, University of Illinois Law Review 1968-1969
California Supreme Court Cases Accepted and Argued
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PUBLIC NOTICES



NOTICE OF PUBLIC HEARING

2019 HOUSING ELEMENT ANNUAL REPORT
(PLN2020-00188)

To consider an Annual Report on the status of implementation of the General Plan and 2015 – 2023 Housing Element, and to consider a Finding that the Annual Report is exempt from the requirements of the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15378 in that the activity does not meet CEQA's definition of a "Project."
(Continued from March 17, 2020 City Council Meeting)

APPLICANT: City of Fremont

PUBLIC HEARING: Notice is hereby given that the Fremont City Council will consider a Planning Commission recommendation to accept the 2019 Annual Report and direct staff to submit the required materials to the California Governor's Office of Planning and Research and California Department of Housing and Community Development on Tuesday, June 2, 2020 at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard.

ENVIRONMENTAL REVIEW: The Annual Report is not subject to the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15378(b)(5), in that the activity does not meet CEQA's definition of a "Project."

Any questions or comments on the project should be submitted to:

Courtney Pal, Planner II
Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 494-4532
E-mail: cpal@fremont.gov

Hang Zhou, Planner II
Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 494-4545
E-mail: hzhou@fremont.gov

CNSB #3365855 Tri City Voice

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARING ON THE FOLLOWING PROPOSAL. SAID PUBLIC HEARING WILL BE EITHER HELD AT 6:30 P.M., ON THURSDAY, JUNE 4, 2020, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD; OR, IF THE CITY HAS DEEMED IT NECESSARY IN THE INTEREST OF PUBLIC HEALTH TO LIMIT THE ATTENDANCE OF PUBLIC ASSEMBLIES TO PREVENT OR MITIGATE THE EFFECTS OF CORONAVIRUS 2019 (COVID-19), SAID PUBLIC MEETING MAY BE HELD VIA TELECONFERENCING AND MADE ACCESSIBLE TELEPHONICALLY OR OTHERWISE ELECTRONICALLY TO IMPOSE AND PROMOTE SOCIAL DISTANCING UNDER THE AUTHORITY OF GOVERNOR'S EXECUTIVE ORDER N-25-20, AS AMENDED. INFORMATION ON HOW TO PARTICIPATE IN THE MEETING BY TELECONFERENCE WILL BE MADE AVAILABLE ON THE MEETING AGENDA POSTED ONLINE AT fremont.gov/425/Historical-Architectural-Review-Board ON FRIDAY MAY 29, BY 6:00 P.M.

NILES GATEWAY – 37899 Niles Boulevard – PLN2014-00338 - To consider Historical Architectural Review for compatibility with the Niles Historical Overlay District for a project that includes the development of 75 attached residential units in the Niles Community Plan Area, and to consider an Environmental Impact Report that has been prepared and circulated pursuant to the requirements of the California Environmental Quality Act (CEQA).
Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

WAYLAND LI
FREMONT HISTORICAL ARCHITECTURAL REVIEW BOARD



CIVIL

SUMMONS
(CITATION JUDICIAL)

CASE NUMBER (Número del Caso):
RG20049445

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): JOHN CHEN aka LIXIONG CHEN AND DOES 1 TO 50, inclusive, YOU ARE BEING SUED BY PLAINTIFF (LO ESTA DEMANDANDO EL DEMANDANTE): KL CAPITAL dba BLACKSTONE DISCOVERY

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica

CNS-3361912#

FICTITIOUS BUSINESS
NAMES

NOTICE OF PUBLIC HEARING

ACCESSORY DWELLING UNIT ORDINANCE UPDATE
(PLN2020-00176)

Public Hearing (Published Notice) to Consider the Planning Commission's Recommendation to Adopt an Ordinance Amending Fremont Municipal Code Title 18 (Planning and Zoning) to Ensure Compliance with Recently Adopted California State Laws Pertaining to Accessory Dwelling Units, and to Consider an Exemption from the Requirements of the California Environmental Quality Act (CEQA) Pursuant to Public Resources Code Section 21080.17, which States that CEQA Does Not Apply to a City's Adoption of an Ordinance to Implement the Provisions of Government Code Section 65852.2.

APPLICANT: City of Fremont

PUBLIC HEARING: Notice is hereby given that the Fremont City Council will consider Planning Commission recommendation to adopt an ordinance amending Fremont Municipal Code Title 18 (Planning and Zoning) to Ensure Compliance with Recently Adopted California State Laws Pertaining to Accessory Dwelling Units on Tuesday, June 2nd, at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard.

ENVIRONMENTAL REVIEW: The proposed changes to the City's zoning ordinance implement new State law requirements related to ADUs as established in Government Code Section 65852.2. The ordinance is therefore statutorily exempt from review under the California Environmental Quality Act (CEQA) pursuant to Public Resources Code Section 21080.17, which states that CEQA does not apply to a city's adoption of an ordinance to implement the provisions of Government Code Section 65852.2.

Any questions or comments on the project should be submitted to:

Bill Roth, Senior Planner

Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 494-4450
E-mail: broth@fremont.gov

CNSB #3365852 Tri City Voice

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 589992
Fictitious Business Name(s):
HAYWARD GROCERY OUTLET, 426 W. HARDER RD., HAYWARD, CA 94544; MAILING ADDRESS: 6136 PASSIFLORA LN, ORANGEVALE, CA 95662. County of ALAMEDA Registrant(s):

KOBO MARKET LLC, 6136 PASSIFLORA LN, ORANGEVALE, CA 95662 (CALIFORNIA) Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ CHIOMA CHUKS-ORJI

This statement was filed with the County Clerk of Alameda County on APRIL 21, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 5/12, 5/19, 5/26, 6/2/20

CNS-3364157#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 570139
Fictitious Business Name(s):
THE KITTY LADY, 40134 Laiola Road, Fremont, CA 94538. County of Alameda Registrant(s):

Marian J. Stevens, 40134 Laiola Rd., Fremont, CA 94538

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Marian J. Stevens

This statement was filed with the County Clerk of Alameda County on April 29, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 5/12, 5/19, 5/26, 6/2/20

CNS-3364124#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 589860
Fictitious Business Name(s):
The Greenhouse for Kids, 4127 Crestwood Street, Fremont, CA 94538. County of Alameda Registrant(s):

Jan Green, 4127 Crestwood Street, Fremont, CA 94538

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on 09/29/1989 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jan Green

This statement was filed with the County Clerk of Alameda County on April 13, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement

pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/28, 5/5, 5/12, 5/19/20

CNS-3361481#

GOVERNMENT

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of 2:00 PM on June 11, 2020 at which time they will be opened and read out loud in said building for:

MAINTENANCE ADMINISTRATION BUILDING REEROOF AND FALL PROTECTION PROJECT, 8393PWC

Bidders' Conference. A conference will be held on **May 28, 2020 at 9:00 AM** at the following location: **Maintenance Administration Building, 42551 Osgood Road, Fremont, CA 94539.** to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is **mandatory**. A bidder who fails to attend a mandatory conference may be disqualified from bidding. Contractors who are attending the conference are required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest Covid-19 County Guidance. Given the current environment, this may change. If so, potential bidders will be advised by the issue of an addendum.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
5/19, 5/26/20

CNS-3366074#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of 2:00 PM on June 17, 2020 at which time they will be opened and read out loud in said building for:

FAMILY RESOURCE CENTER I & II ROOF REPLACEMENT PROJECT, 9035PWC

Bidders' Conference. A conference will be held on June 2, 2020 at 10:00 a.m., at the following location: 39155 & 39175 Liberty Street, Fremont, CA, at the parking lot to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is **mandatory**. A bidder who fails to attend a mandatory conference may be disqualified from bidding. Contractors who elect to attend the conference are required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest Covid-19 County Guidance. Given the current environment, this may change. If so, potential bidders will be advised by the issue of an addendum.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
5/19, 5/26/20

CNS-3365759#

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, June 2, 2020, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

FIRST PUBLIC HEARING ON FY 2020/21 PROPOSED OPERATING BUDGET

First Public Hearing (Published Notice) on FY 2020/21 Proposed Operating Budget

UPDATE ON STATE HOUSING LEGISLATION

Receive Presentation on the Effect of State Laws Limiting Local Control over Residential Development on the City of Fremont (Continued from March 17, 2020 City Council Meeting)

ACCESSORY DWELLING UNIT ORDINANCE UPDATE – Citywide – PLN2020-00176

Public Hearing (Published Notice) to Consider the Planning Commission's Recommendation to Adopt an Ordinance Amending Fremont Municipal Code Title 18 (Planning and Zoning) to Ensure Compliance with Recently Adopted California State Laws Pertaining to Accessory Dwelling Units, and to Consider an Exemption from the Requirements of the California Environmental Quality Act (CEQA) Pursuant to Public Resources Code Section 21080.17, which States that CEQA Does Not Apply to a City's Adoption of an Ordinance to Implement the Provisions of Government Code Section 65852.2. (Continued from March 17, 2020 City Council Meeting)

2019 HOUSING ELEMENT ANNUAL PROGRESS REPORT

Public Hearing (Published Notice) to Consider an Annual Report on the Status of Implementation of the General Plan and the 2015 – 2023 Housing Element, and to Consider an Exemption from the Requirements of the California Environmental Quality Act (CEQA) Pursuant to CEQA Guidelines Section 15378 in that the Annual Report Does Not Meet CEQA's Definition of a "Project." (Continued from March 17, 2020 City Council Meeting)

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER, CITY CLERK

5/19/20

CNS-3365541#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of 2:00 PM on June 3, 2020 at which time they will be opened and read out loud in said building for:

CITY OF FREMONT MAINTENANCE CENTER STORAGE WAREHOUSE PROJECT, 8990PWC

A NON-MANDATORY PRE-BID CONFERENCE: A conference will be held on May 20, 2020 at 9:00 a.m., at the following location: 42551 Osgood Road, Fremont, CA to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is **not mandatory**. Contractors who elect to attend the conference will be required to furnish and properly don their own protective gear (the use of a face mask, at a minimum), as well as follow all social distancing requirements per the latest COVID-19 County Guidance. Given the current environment, this may change. If so, potential bidders will be advised by the issue of an addendum.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
5/12, 5/19/20

CNS-3364278#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
BERNARD M. NOTT
CASE NO. RP20059160

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Bernard Nott aka Ben Nott aka Benny Nott aka Bernard M. Nott

A Petition for Probate has been filed by Mary Elizabeth Borba in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Mary Elizabeth Borba be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on July 6, 2020 at 9:30 a.m. in Dept. 202 Room n/a located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either

(1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Robert Lowell Johnson, 38750 Paseo Padre Parkway, Suite B-1, Fremont, CA 94536, Telephone: 510-794-5297

5/19, 5/26, 6/2/20

CNS-3365313#

'Project Gratitude' delivers meals and much needed hope

BY HUGO VERA

There is a popular saying in the field of economics, “There is no free lunch.” This was not the case for one local healthcare facility amidst a time when we could all use a free meal.

As the coronavirus pandemic continues to wreak havoc on nurses, doctors and all other healthcare professionals, one organization mobilized to deliver 65 meals to Fremont’s Windsor Country Drive Health Center on a Friday afternoon. Based in Millbrae, “Project Gratitude” is the brainchild of local healthcare practitioners Linda Conners and Calista Jackson of Beacon Home Care.

“This is our first time operating on this side of the peninsula,” says Conners. “We chose Windsor Country Drive Health Center to be our first beneficiary in Alameda County after we heard they lost one of their caretakers.”

Last month, the Windsor Center lost social worker and caretaker Edgar Davila after he passed away from a heart attack

at just age 31. His associates described Davila as an energetic and passionate individual. He added, “Edgar had worked for Windsor County Drive for over eight years in the social work department. Edgar was a hard worker, kind, funny and very committed to his friends and family. Needless to say, his co-workers, family and friends are devastated.”

In addition to assisting fundraising efforts to cover the cost of Davila’s memorial

arrangements, multiple facilities, local businesses and politicians united to make Friday’s lunch drive possible. This team includes Beacon Home Care (owned by Conners and Jackson), Katrina Baligaya of Bridge Hospice, Glen Rocha of Amedysis Home Health, Affinity Placement Services owned by Erica Kolmeister and Fremont City Councilman Rick Jones.

Catering for Friday’s lunch was provided by Filipino-Chinese restaurant chain Chowking USA,

which provided a 20% discount for Project Gratitude to make the event possible.

“We believe that a simple gesture like providing a meal, and probably other essential items later on, to front liners would mean a lot. Not only to the health workers, but also to the entire community,” said Beacon Home Care.

The Beacon Home Care volunteers took special precautions when delivering the lunches to ensure the safety of those living and working at Windsor Country Drive. Volunteers wore masks, gloves and maintained a safe distance of six feet apart from each other per CDC guidelines. The Windsor Drive center has thus far been successful in preventing any of its members or staff from contracting COVID-19, and Friday’s volunteers did everything in their power to keep it that way.

“Our donation to this project aims to create the opportunity to express our gratitude and appreciation to all of our COVID-19 front liners and to honor them for the sacrifices and risks they face every day. Project Gratitude says ‘thank you’ to Windsor Country Drive,” concludes Conners. The success of Friday’s event will spur additional projects to assist medical professionals and essential workers combating the effects of the coronavirus in Alameda County.

Contributions to the Edgar Davila memorial fund can be made at: <https://www.gofundme.com/f/our-loving-friend-edgar-davila>



Students present tobacco PSAs – virtually

SUBMITTED BY ALAMEDA COUNTY OFFICE OF EDUCATION

Normally, students would be coming through the doors of the Alameda County Office of Education in Hayward on a spring evening, ready to honor each other for their work to inform peers about the dangers of tobacco use and vaping.

But now, nothing is normal. So the students in the Alameda County Tobacco Use Prevention Education (TUPE) program adapted, and used their skills to create a virtual ceremony for the program’s annual Public Service Announcement Awards Night on April 27, 2020.

“In our current situation, any opportunity to lift up positive youth voice and engage youth is critical, and we felt it was in the best interest of all to hold this event virtually,” wrote Kristy Ross, Youth Development Specialist at ACOE, after the event.

Every year the Youth Advisory Board (YAB) selects PSAs for recognition in audio, poster and video categories. This year 82 individuals and teams submitted entries, with 16 PSAs chosen for recognition. In past years, the students with winning entries came together to view or listen to the PSAs as the winners were announced.

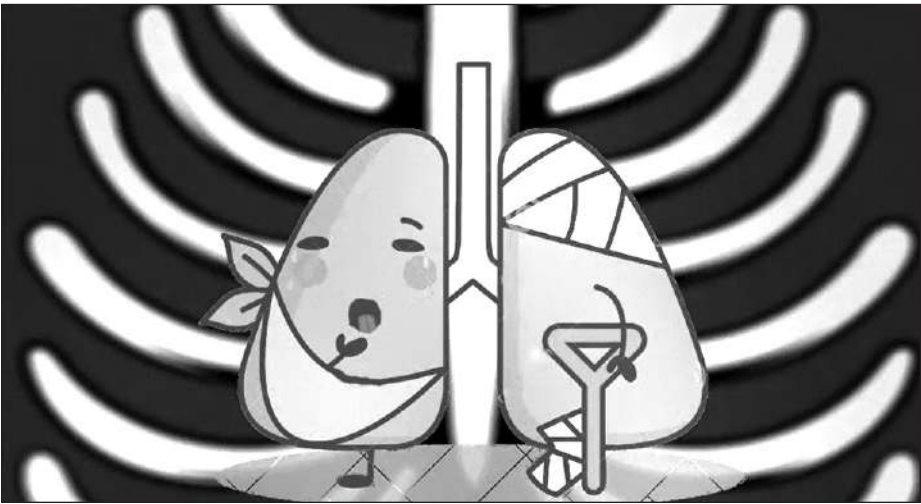
This year, the processes for judging entries and communicating with contestants were redesigned; YAB members and staff worked together to be innovative in getting the PSAs to the public.

“It’s important to keep this topic in front of adults and youth alike, even in this really challenging time, maybe especially in this really challenging time,” said Alameda County Superintendent of Schools L. Karen Monroe in her pre-recorded address. “We need to continue to understand the importance of telling young people about the dangers of vaping and staying healthy in many ways.”

YAB members are high school students from around Alameda County who speak out against the dangers of tobacco and vaping as peer educators. Working with a team from across Alameda County allows YAB members to see the dangers of smoking and vaping, and other health-related issues, in their own communities and beyond.

During a year-long term, YAB members work with TUPE staff to develop their skills and talents—from public speaking to strategic planning to technology—empowering them to create healthy school and community environments through awareness and advocacy projects.

“This is truly youth in action,” noted Superintendent Monroe in her address. “We know that when young people talk to



other young people, they listen. They listen to you. They listen to their peers.”

The PSA awards event has been held for more than a decade to wrap up a year of service for YAB members, who lead the annual PSA contest, from choosing the theme (this year’s was “Don’t Believe the Fiction, Vaping’s an Addiction”) to creating a contest flyer and promotional video, judging the PSA submissions, and finally planning and hosting the awards ceremony.

This year’s winners include:

High School: Audio
First: Trista Pradhan, Kalie Tong, Alex Wu Alameda Science and Technology Institute

Second: Nina Moothedath Amador Valley High School

Third (tied): Fernando Herrera, San Lorenzo High School; Kate Crawford and Olivia Harrison, Alameda Science and Technology Institute

High School: Video
First: Zoe Johnson, Grace Blanchard, Katie Langendorff Granada High School

Second: Jasmine Chen, Rina Munakata Alameda Science and Technology Institute

Third: Ethan Haines Vineyard High School

High School: Poster
First: Andrew Le, Elvis Enguidanos, Christian Olateru, Bella Hernandez Arroyo High School

Second: Ricky Titswork Granada High School

Third: Clara Markel Granada High School

Middle School: Video
First: Vincent James Hopkins Junior High

Second: Ava Distasi, Erin Abramson Newman, Noe Linvill, Mei Saphir Willard Middle School

Third: Amelia Paradise, Sara Willey, Elizabeth Kagel, Riley Kersh Junction Avenue K-8

Middle School: Poster
First: Natalie Huang, Maryam Naseer, Kirthi Gopinath, Sahana Seth Hopkins Junior High

Second: Bryan Heffel Hopkins Junior High

Third: Selena Chambers Walters Middle School

The event closed with YAB members congratulating and thanking contestants, and calling for students currently in grades 8 to 11 to apply for the 2020-21 Board. Interested students can visit www.acoe.org/tupecyab to apply before the July 1, 2020 deadline.





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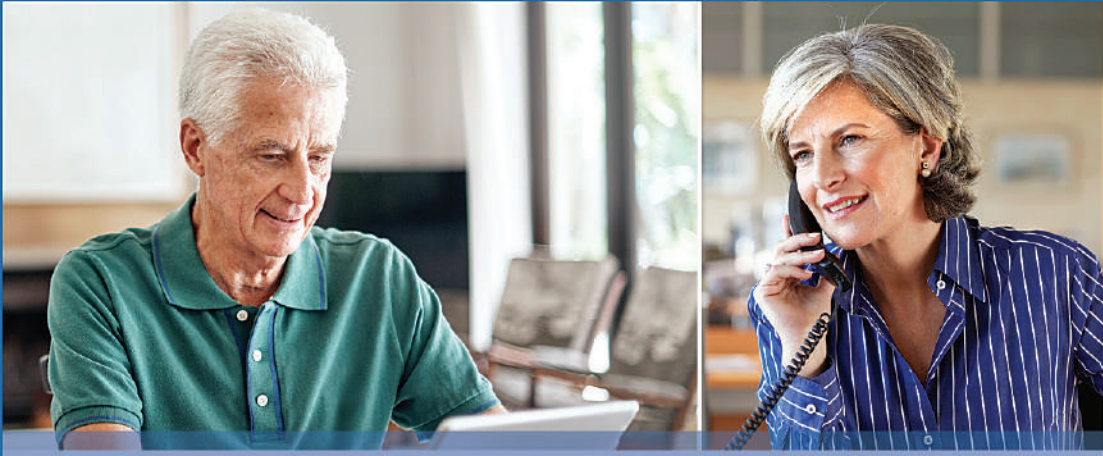


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LETTERS POLICY

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