

Virtual races create worldwide running community

Page 29



"And the Beat Goes On"

Page 29



Local Student honored at State Assembly and Senate

Page 11

# TRI-CITY VOICE

Fremont, Newark, Union City & Castro Valley, Hayward, Milpitas, San Leandro, San Lorenzo, Sunol

"Accurate, Fair & Honest"



Scan for our FREE App or Search App Store for TCVnews

510-494-1999

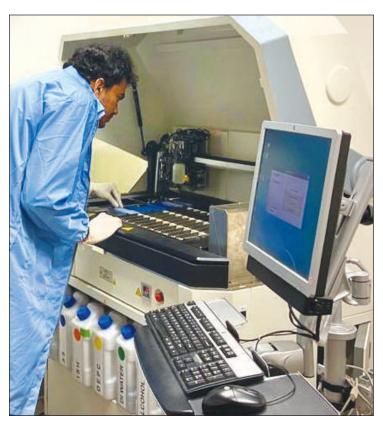
tricityvoice@aol.com

www.tricityvoice.com

April 28, 2020

Vol. 18 No. 16

# Local companies revamp operations to fight coronavirus



Testing quality of oligo probes used in COVID-19 test kits using Xmatrx infinity instrument manufactured by BioGenex.

#### By Jui Sadekar

The Bay Area's reputation as a biotech research hub is proving to be an asset in the fight against coronavirus (COVID-19). Local biotech companies are modifying operations and shifting their focus to develop critical medical equipment in this unprecedented time. The transformation comes as Bay Area's front lines face shortage of masks, ventilators, and test kits.

To help Fremont-based biotech companies manufacture COVID-19 supplies, the city has accelerated its zoning permit approval process — cutting it from around four months to less than a week and, if required, within a period of 24 hours. Christina Briggs, deputy city manager, City of Fremont, said,

continued on page 8



Complex medical device manufacturing for COVID-19 diagnostic equipment at Evolve Manufacturing Technologies.

# Fremont youth pens quarantine cookbook

By Rob Klindt Photos by Aryan Sanan

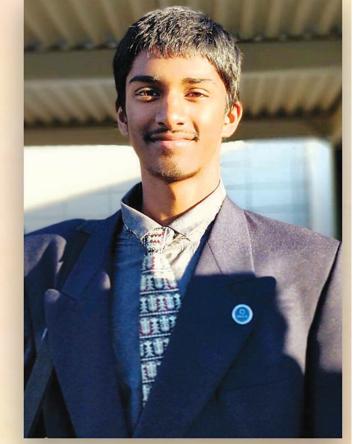
When the coronavirus pandemic closed his school and put students under stay at home orders, Natraj Vairavan, a junior at Irvington High School in Fremont, didn't get bored, he got cooking.

Among his recipes? Oven-baked sweet potato fries, vegetable quesadillas and seafood pasta. For Natraj, 16, cooking is a passion he wants to share. With that in mind, he decided to spend his time away from school by finishing a cookbook he started writing continued on page 5

Produced and Written by
Aryan Sanan and Natraj Vairavan

In 2016, his journey into the flavorful world of cooking led him to New York City when he won a spot on "Chopped Junior," a reality-based cooking game show on

The Food Network.



 Kid Scoop
 14

 Mind Twisters
 10

 Obituary
 24

 Protective Services
 28

 Public Notices
 28

# Are Stress and Boredom Causing You to Eat More?

# Washington Hospital Dietitian Offers Tips for Avoiding Weight Gain During Shelter in Place

Being off work, trying to work from home, and taking care of children (some of whom need help with school work), are some of the many changes we are experiencing from our previous daily schedules. Stress levels are higher; restlessness and boredom have increased.

If you're like a lot of people, stress and boredom can drive you to eat more. The fact that many of us have access to food and extra time throughout the day makes it harder to resist overeating.

"Eating is a very common way to self-soothe, and it can fill the void when we're feeling bored," said Kimberlee Alvari, a registered dietitian and director of Food and Nutrition Services at Washington Hospital. "While this is not the time to deny yourself some of your favorite foods, there are

continued on page 5



#### **ONE SKILLET VEGETABLE LASAGNA**

- 4 tablespoons olive oil, divided
- 12 ounces zucchini, cut length-wise into ¼ inch-thick slices, divided
- 11/2 cups yellow onion, thinly sliced
- 1 8-ounce package pre-sliced cremini mushrooms
- 4 cups baby spinach
- 3 garlic cloves, thinly sliced
- 1 28-ounce can unsalted crushed tomatoes, divided ½ teaspoon kosher salt
- 4-5 no-boil lasagna noodles
- 4 ounces part-skim ricotta cheese (about 1 cup)
- 4 ounces shredded low-moisture, part-skim mozzarella cheese (about 1 cup)

Heat 1½ teaspoons oil in a large cast iron skillet, over medium-high heat. Add half of the zucchini. Cook 3 minutes on each side or until browned. Remove from the pan. Repeat procedure with 1½ teaspoons oil and remaining zucchini. Add remaining 1 tablespoon oil to pan. Add onion and mushrooms. Cook for 6 minutes. Stir in spinach and garlic. Cook 1 minute. Remove pan from heat.

Spread mushroom mixture in bottom of pan. Top with cooked zucchini. Pour 2 cups tomatoes over zucchini. Top with salt. Arrange noodles over the top, breaking ends as needed to fit in pan. Spread remaining tomatoes over the noodles then top with ricotta cheese. Cover and simmer for 20 minutes on medium-low heat or until noodles are done.

Remove pan from heat. Sprinkle mozzarella on top. Preheat broiler with oven rack in the top position. Broil for 3 minutes or until cheese is melted and lightly browned.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	4/28/20	4/29/20	4/30/20	5/1/20	5/2/20	5/3/20	5/4/20
12:00 PM 12:00 AM 12:30 PM 12:30 AM	Diabetes Matters: Asian Fusion	Anxiety: Stop	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	Voices InHealth: Antimicrobial Stewardship Women's Health, Strategy for Wellness: Gender Matters,	Sports Medicine Program: Nutrition & Athletic Performance	Respiratory Health and Diseases	Hepatitis B and Liver Cancer: Prevention and Treatment
1:00 PM 1:00 AM	Digestive Health: What You Need to Know	Negative Thoughts	Mental Health Education Series: Mental Wellness	Heart Disease Risk in Women  Gastrointestinal	Healthy Gut,	Mindful	
1:30 PM 1:30 AM	11th Annual Women's Health Conference:	Mental Health Education Series: Understanding Psychotic Disorders	Early Detection and Prevention of Female Cancers	Disorders	Healthy You	Healing	Sidelined by Back Pain?
2:00 PM 2:00 AM	Patient's Playbook			Palliative Care Series: How Can This Help Me?	Mental Health Education Series: Anxiety Disorders	Diabetes Matters: Diabetes: Is There an App for That?	Get Back in the Game
2:30 PM 2:30 AM 3:00 PM	Obesity: Understand the Causes, Consequences & Prevention		How to Prevent Financial Elder Abuse/Fraud			Active Living: Yoga Exercises	Updated Treatments for Knee Pain & Arthritis Solutions for Weight Management
::00 AM	Aortic Valve Disease: Treatment Options Including TAVR	Advancements in Lung Cancer Detection and Treatment				Diabetes Matters: Latin Foods	
:30 AM	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	The Patient's Playbook Community Forum: Getting to the	Good Fats vs. Bad Fats	Caregiver Series: Securing Care Preferences Through AHCD	Colon Cancer	Montal Health	
:30 PM	Women's Health Conference: Reclaiming	No-Mistake Zone		Diabetes Matters: Dining Out Around The World	Vitamins & Supplements: How Useful Are They?	Mental Health Education Series: Crisis Intervention	
30 AM	Your Confidence	Strategies to Reduce the Risk of Cancer Recurrence	Sports Medicine Program: Big Changes in Concussion Care: What You Don't Know Can Hurt You  Preventive Screenings:	Sports Medicine Program: Why Does My	,	Caregiver Series:	Diabetes Matters: Filipino Food Made Healthy How to Talk
:00 AM :30 PM :30 AM	Suffer From Sinus Problems?		When and Why are They Important?		Chronic Kidney Disease: FAQ Women's Health Conference:	Codependency and the Caregiver	
:00 PM		Latest Treatment Options for Wound Care	Women's Heart Health		Women & Stroke: Are You at Risk?	Diabetes Matters: Diabetes & Eyes	to Your Doctor
:00 AM	6 . (7)	Mental Health Education Series: Family Support	Diabetes Matters: Diabetes Conversations		Stress Management	Women's Health: Planning for Pregnancy  Women's Health through the Years: Screening is Key to Aging Well	Learn About the Signs & Symptoms of Sepsis
:30 AM ::00 PM ::00 AM	Symptoms of Thyroid Problems		Palliative Care Series: Interfaith Discussions on End of Life Topics	Shoulder Hurt?  Family Caregiver Series:  Mindfulness Meditation for the Caregiver	Palliative Care Series: Palliative Care Demystified		Diabetes Matters: Asian Indian Cooking
:30 PM :30 AM	Peripheral Vascular	Pain When You Walk?				How To Stop Disease	Food Pharmacy: Prescription for Colon Health
:00 PM :00 AM	Disease: What You Need to Know	It Could Be PVD		Sick Feet?	Diabetes Matters: Type 1.5 Diabetes	Before It Starts	Understanding HPV: What You Need to Know
3:30 PM 3:30 AM	Diabetes Matters: Exercise IS Medicine	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Keeping Your	Advance Care Planning:	Family Caregiver Series: Medication Safety	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	How to Sleep Your Way to Better Health
:00 PM :00 AM	Strategies to Help Lower Your Cholesterol	Balance & Falls Prevention	Brain Healthy	Five Wishes	Minimally Invasive Options in Gynecology	Family Caregiver Series: Fatigue and Depression	
9:30 PM 9:30 AM	and Blood Pressure	Family Caregiver Series: Understanding Healthcare Benefits	Laugh without Leaking: Understanding Female	Diabetes Matters: Basics of Insulin Pump Therapy	Inside Washington Hospital: Advanced Treatment of Aneurysms	Endometriosis: Causes, Symptoms, Diagnosis and Treatment  Healthy Eating: Prescription for Health	Stop Diabetes Before It Starts
0:00 PM 0:00 AM 0:30 PM	Diabetes Health Fair 2019: Diabetes and Foot Care	Crohn's & Colitis  Diabetes Matters:  Italian Foods	Urinary Incontinence  Mental Health Education Series: Understanding Mood Disorders	Metabolic Disorders	Family Caregiver Series: Loss, Grief & Recovery		
0:30 PM 0:30 AM 1:00 PM	Ready, Set, Goal! A Healthier You				Diabetes Matters: Heart Healthy Eating		Family Caregiver Series: Hospice & Palliative Care
1:00 PM 1:00 AM	in 2020						Diabetes Matters: Diabetes and Your Heart
11:30 PM 11:30 AM	Diabetes Matters: Straight Talk About Diabetes Medications	Diabetes Health Fair 2019: Standards of Medical Care in Diabetes		Women's Health: Depression, More Than a State of Mind	Family Caregiver Series: How Do You Talk to Your Doctor?	Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Managing Family Dynamics in Caregiving

# **COVID-19 Survivor Shares His Story**

It was 3 a.m. on March 18 when Firaidun Assar's wife brought him to the Washington Hospital Emergency Department with a high fever, cough, severe body aches, and trouble breathing. Mr. Assar recalled, "Even before asking for my name and insurance, they rushed me to a bed in an isolation room where they took my blood pressure, gave me oxygen and inserted an IV." That was the last thing Mr. Assar remembers until 27 hours later when he woke up on a ventilator in Critical Care.

This all came as a surprise to Assar—an otherwise active and healthy 53-year-old Union City resident—who eight days earlier had tested negative for COVID-19 at another health care system where he is a member. Four days after that, he called his doctor there who prescribed an inhaler and acetaminophen. The medications weren't helping, and he kept getting sicker.

Assar was one of the first COVID-19 patients admitted to Washington Hospital. He remained on a ventilator for 17 of the 22 days he spent in Critical Care, under the care of Carmencita Agcaoili, MD, medical director of Critical Care, and her staff. Assar was isolated in a negative pressure room, which prevents pathogens like viruses from traveling to adjacent areas. His only interaction during those three weeks was with clinicians and Hospital staff, since visitation at the Hospital is suspended during the pandemic.

"Dr. Agcaoili and her team were so professional and kind," said Assar.

"They gave me a button to push whenever I had trouble breathing, needed my lungs suctioned, or wanted anything. They also provided emotional support. A nurse put a sign on my window that read, 'Stay Strong Assar!' I would look at that many times a day, and it gave me hope and strength to get better."

He also appreciates that in the evenings, doctors or nurses called his wife to give her a report of his condition. At one point, they were discussing options around endotracheal intubation if it became necessary to perform a tracheostomy. She was concerned about this since the tube can result in vocal cord damage and her husband is a professional musician. In addition to performing live, he has 12 YouTube videos featuring songs he wrote and performs in Farsi. Luckily, a tracheostomy was not needed because Assar turned the corner toward recovery in the following days.

Assar doesn't know how he contracted COVID-19. His wife tested negative for the virus and his children remain healthy. It is also unknown why he became so sick, as he had no underlying illnesses like diabetes, heart disease or high blood pressure. Before this experience, he exercised regularly by running or walking three miles every day, and weight training

Upon discharge from the Hospital on April 9, Assar self-quarantined in an area of his home for 15 days to ensure his family's safety. He is feeling good and continues to regain his strength and



Fremont resident shares his experience of beating coronavirus.

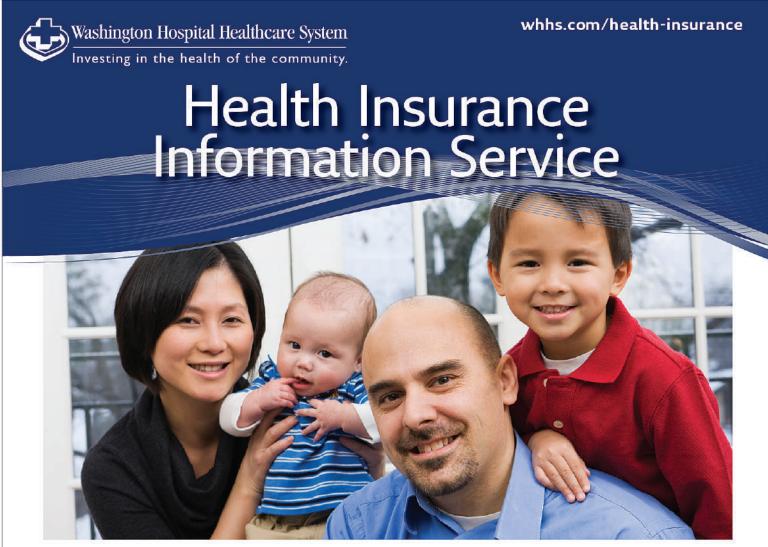
energy. Regarding surviving COVID-19, he exclaimed, "I feel like I have a new life!"

Assar's message to others in his community who become ill is, "Getting COVID-19 doesn't mean you are going to die. Even if you must be in the Hospital, the doctors and nurses do everything possible to help you. Never lose hope. I did not and I got better."

Regarding his doctors and nurses, he said, "These people treated me like family. They cared for me like my mother, wife or sister would have. I will always appreciate and remember them. Dr. Agcaoili even

called me after I got home to check on me. This was not just a doctor-patient relationship; this was human love."

For information updated daily on COVID-19, visit the Centers for Disease Control and Prevention (CDC) website at www.cdc.gov/coronavirus. If you have a fever, cough and shortness of breath, contact your primary care physician. To learn more about Washington Hospital's COVID-19 preparedness and policies, go to www.whhs.com/coronavirus.



# **Get Answers To All Your Health Insurance Questions**

Call the Washington Hospital Health Insurance Information Service, a free and confidential service. We can help with:

- Medicare or Medi-Cal enrollment information
- Finding referrals for health care providers
- Questions about changes in benefit coverage
- Insurance options after a job loss or change
- Understanding COBRA
- Advance Health Care Directive explanation and planning

We assist with questions on individual plans, group plans and government sponsored programs such as Medicare, Medi-Cal and Covered California. We can help you choose a health care plan, answer health insurance questions, or direct you to physician referral information.

## **OPEN DURING** COVID-19

Remote consultations available

Call Kristi Caracappa Health Insurance Information Coordinator 510.818.7005



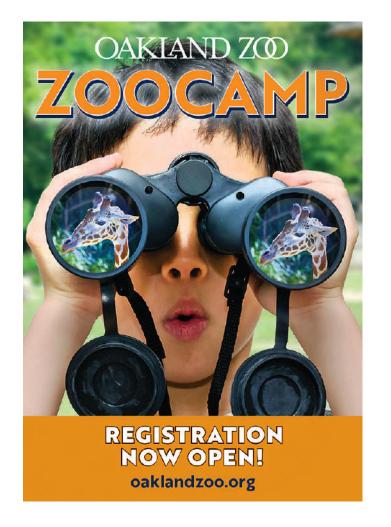






Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.





#### **LETTERS POLICY**

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com



# **WE'RE HERE FOR YOU**

We're thinking of you and your loved ones as we navigate these unpredictable times together. Rest assured, our commitment to helping you thrive remains unwavering, and no question is too big or too small.

You can always reach us, and we look forward to providing guidance and support via phone, text, email, and virtual chats - whatever platform works best for you. We're here to help, ready and equipped with a list of several additional resources for seniors. Whether you or a family member are in urgent need or just need to talk, we're here for you.

If it matters to you – it matters to us. We're a people company, and YOU are our people.

> Please do not hesitate to reach out anytime. Call 510-796-4200 today.



35490 Mission Blvd • Fremont, CA 94536 510-796-4200 • watermarkcommunities.com

**ASSISTED LIVING • MEMORY CARE** 

RCFE LICENSE #019200761 🔥 🕮 🥸



# Union City Transit Approved for CARES Act financing

#### SUBMITTED BY LAUREN SUGAYAN

After a vote of the Metropolitan Transportation Commission (MTC) on Wednesday, April 22, 2020, Union City Transit is set to receive \$922,560 to help fill funding gaps brought on by the Coronavirus Pandemic.

The MTC approved on Wednesday the allocation of more than \$780 million of federal funds to cash-strapped Bay Area transit agencies through the Coronavirus Aid, Relief and Economic Security (CARES) Act signed into law last month. Union City Transit is one of 25 transit agencies in the Bay Area set to receive funding through this allocation.

Mayor Carol Dutra-Vernaci, a MTC Commissioner, expresses:

"We are incredibly thankful that Union City Transit is going to be the recipient of \$922,560 from the CARES Act. As a MTC Commissioner, I have been observing the widespread impacts of the Coronavirus Pandemic on Bay Area transit systems. These funds will be used to continue operation of our vital public transportation system now and into the future. Union City Transit has taken extraordinary steps to maintain service to essential workers who rely on public transportation, and I applaud them for doing this with the utmost care and caution towards the current physical

distancing guidelines. The health and safety of our transit operators and riders is of utmost importance to us."

Union City Transit, like other bus systems, has not been enforcing fares since March 23rd and there has been a sharp decline in ridership; however, Union City Transit continues to operate its posted schedule with little to no service disruptions and are continuing to serve the riding public at this time.

The funding will be the first of two distributions of the roughly \$1.3 billion in CARES Act funding, for which Bay Area transit agencies are eligible.

Union City Transit is taking responsible and proactive action to serve essential

workers at this time. In addition to the latest Alameda County's latest Public Health Emergency Order is now requiring all people who use transit or ride-sharing to wear face coverings, Union City Transit operators are also wearing masks, gloves and face shields (for use when securing wheelchairs) in their daily operations. Buses are also being disinfected multiple times daily at the depot and BART station.

# Virtual Science Classes

#### SUBMITTED BY CHABOT SPACE AND SCIENCE CENTER

Chabot Space and Science Center is temporarily closed to the public, but they are finding new ways to support STEM education through their website and social media. On April 17, a virtual talk commemorated the 50th anniversary of Eastbay Astronomical Society's role in helping the Apollo 13 spacecraft land safely.

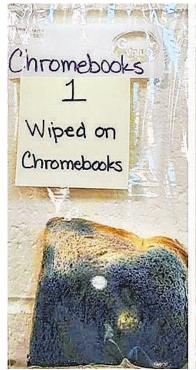
On "Learning Launchpad" (at

https://chabotspace.org/education/learning-launchpad/) you can download PDFs that take kids through several fun science projects, such as the timely "white bread challenge" where kids can learn the importance of cleaning commonly-touched surfaces by exposing bread slices to various contaminants and observing which grows the most mold.

Other assignments include "astronaut training" exercise tips, story time videos, and a moon journal.

Results can be shared on social media by tagging @chabotspace and using hashtags #LearningLaunchpad #ChabotObserver

More updates on resources and virtual meetups can be found on Chabot's Facebook page at https://www.facebook.com/ChabotSpace or by signing up for their newsletter on the Learning Launchpad main page. Stay calm and science on!











Continued from page 2

# Are Stress and Boredom Causing You to Eat More?

Washington Hospital Dietitian Offers Tips for **Avoiding Weight Gain During Shelter in Place** 

ways you can cut down on some of the unhealthy eating and avoid weight gain while we all get through this."

She said it's also common for people to crave foods that aren't necessarily good for us like chips and cookies-foods that are high in sugar, salt and fat. That includes typical comfort foods like macaroni and cheese.

Alvari offered the following tips for avoiding some of the pitfalls of unhealthy eating and finding other ways to reduce stress and boredom:

Establish a routine. Having a routine for the day with set meal and snack times will help keep you on track and reduce the urge to continually graze all day.

Avoid the scarcity trap. Sometimes when people think there isn't going to be enough food, they actually eat more than they would have otherwise. Although you may not always be able to get the exact food you want, there is plenty of food available.

Try to control the triggers. If news about the pandemic

creates too much anxiety, reduce your exposure to it. If your kids or spouse are getting on your nerves, take a break and enjoy a long bath, or find another way to get some alone time.

Portion your snacks. Put your snacks in small bags so you don't eat too much at one time, and try to include some healthy ones like pre-cut raw vegetables and nuts.

Don't make it easy. Put the more tempting, high-calorie snacks out of sight and off the counters. Move them to the back of your pantry shelves so they're not the first thing you see when you open the door.

Take a warm beverage break. Taking time out to enjoy a warm drink can help the stress-induced cravings pass. Have a cup of tea or try a spoon of cocoa in your coffee for an extra indulgent treat.

Pick "busy" snacks. Dipping fruit slices in yogurt or raw veggies in a Greek yogurt dip provide the gratification of crunchy snacks and they keep your hands busy.

Enjoy a virtual meal with friends. Many people are connecting virtually through Zoom or Skype. You can use these applications to enjoy a meal with your friends so it becomes more about being together than about

Ask yourself if you're really hungry. If you're not sure or the answer is no, then back away from the kitchen and find something else to do.

**Get moving.** You are allowed to leave your house to exercise staying 6 feet apart from any non-household members. Studies show that physical activity can be effective at reducing stress and anxiety. It also helps to alleviate the boredom that can cause snacking.

"It's important to remind ourselves that eating healthy and avoiding weight gain is not about being perfect," Alvari said. "Just do the best you can under these circumstances. Some of the bad food choices you might make right now aren't going to define your health for the rest of your life. It's OK to eat some things that you don't usually eat. You can get back on track when this is over."

With the shelter-in-place order, many people are cooking more than ever. Alvari said it's a great time to try new recipes, such as One Skillet Vegetable Lasagna.

continued from page 1

# Fremont youth pens quarantine cookbook

months ago. The result is "Natraj On A Plate," a self-published cookbook aimed at teenagers and college students that hit online bookseller Amazon on March 28 and quickly zoomed to number two in its category.

"I really tried to make it as interesting and easy as possible," Natraj explained. "The recipes are really good and taste really good; they're perfect for a beginner." While Natraj handled the recipes, his friend and fellow Irvington High School student Arvan Sanan, 16, handled the book layout and photography. Natraj said all proceeds from book sales will benefit world hunger charities.

Natraj's next project is to create a series of instructional cooking videos for students and post them on social media pages to share with friends and other young people. But for now, the cookbook is his main focus.

#### An early passion

Natraj's interest in cooking was stirred as a sixth grader when he went on a Boy Scout camping trip and was asked to help with a cookout. "I was asked to heat up the frozen garlic bread, but it was more than that for me," he explained. "Moving it on a spatula was a very cool and very good experience for me." When Natraj arrived at home, the experience was still sizzling in his mind, and he immediately said to his mother, "Mom, I want to learn how to cook."

His mother agreed and, with no experience at the stove, Natraj set out to make his first dish: garbanzo bean curry. But there was an unexpected surprise: "I poured oil and added in the vegetables, then it started hissing and sizzling at me. 'Oh, my God,' I thought. 'Am I doing something wrong?" His mother finished making the dish with Natraj watching intently and determined to try again.

Solo learning attempts followed with limited success:

watery macaroni and cheese, burned and poorly marinated tandoori chicken. But Natraj kept cooking and soon was devouring online recipes, cooking blogs and TV cooking shows. He closely followed well-known chefs like Gordon Ramsay and Bobby Flay and emulated their techniques and attention to detail. He also followed tips from author Alton Brown. "I really learned how to cook from them," Natraj said.

#### **National exposure**

Soon, Natraj was preparing simple recipes liked roasted, red kale chips and eventually more advanced dishes like pasta primavera, Thai basil chicken and eggs benedict. In 2016, his journey into the flavorful world of cooking led him to New York City when he won a spot on "Chopped Junior," a reality-based cooking game show on The Food Network.

"It was a dream come true," Natraj recalled. The show pits four pre-teen and teenage chefs against each other competing for a chance to win a \$10,000 cash prize. After a months-long audition process, Natraj was chosen from among several thousand hopeful junior chefs to a final group of 52 who were invited to Manhattan to appear in one of the season's 13 episodes. Natraj impressed the judges with

a dish of goat curry and jasmine rice with fried turnips sprinkled with Indian spices. He snagged a second-place award.

#### Cooking classes, cuisine and college

Back in California, Natraj continued to share his passion for cooking. As part of his Eagle Scout project, he cooked at a homeless shelter in San Jose. Later, despite never having taken a formal cooking class, Natraj volunteered to teach cooking classes to low-income families in San Bernardino with Cooking Matters, a subsidiary of Share Our Strength, a nonprofit organization dedicated to ending childhood hunger.

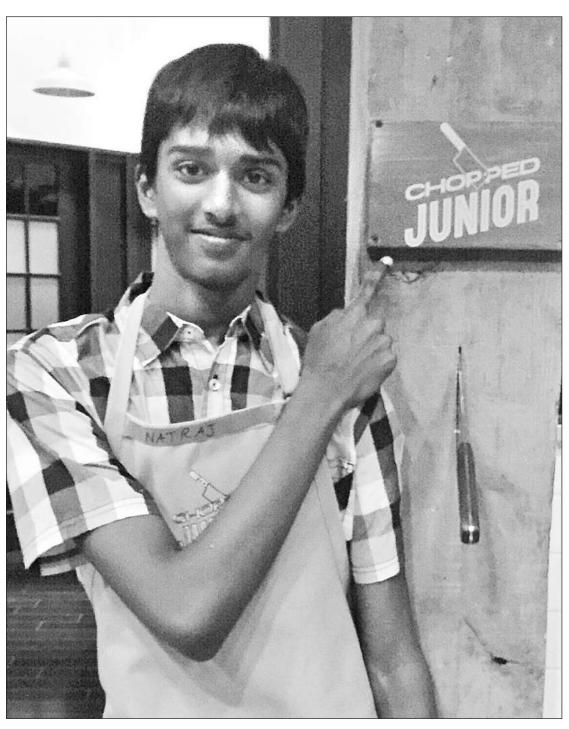
"It was so much fun; lots of families with adults and kids cooking," Natraj said. He added that cooking is an important life skill that everyone should have. And learning to cook as a family builds a solid foundation. "They start to form fond memories of cooking in the kitchen," he said.

As for his favorite cooking cui-

sine? Natraj responds quickly: "Italian with American as a close second. For me, Italian cuisine is intriguing because it's so simple, but uses lots of elements from the earth: basil, tomatoes, potatoes, married with pasta...that can be turned into flavor-packed dishes."

Besides cooking, the friendly and articulate teenager has several academic interests and is planning on going to college. "I love math, statistics and am into economics," he said. While he has not yet selected a college to attend, he knows one thing already: "I will cook for myself in college because it's a lower cost and healthier than always eating

> 'Natraj on a Plate' By Natraj Vairavan and Aryan Sanan www.Amazon.com \$2.99; proceeds benefit world hunger charities





Lift Chairs Personalized Service **Bath Accessories** Special Orders

Wheelchairs Walkers/Canes/Crutches

Aids for Daily Living Hospital Beds/Bed Accessories



Haller's Medical Supplies 510-797-2221 4067 Peralta Blvd., Fremont www.hallersrx.net

Mon-Fri: 9:00 a.m. - 6:00 p.m.







Rentals

Repairs



www.ohlonehumanesociety.org

Transmission • Clutches • Engine Performance • Emissions Power Trains • Drivability Issues • Drive Axle Brakes • Suspension • Diagnostics • Electrical • Heating & AC

### Timing Belt Special

**\$269** 4 Cyl. Plus Tax \$369 6 Cyl. Plus Tax

#### Timing Belt

With Water Pump/Collant & Labor **\$389** 4 Cyl. Plus Tax

Honda /Toyota/Nissan Factory/OEM Parts

### **European Brakes FREE INSPECTION**

Replace front or rear brake pads, rotors, sensors, dealer brakes and brakefluid \$150

#### **Replace Catalytic Converter**

CALIFORNIA **APPROVED** Call for Price |

Most Cars Expires 5/30/20

#### Minor Maintenance With 27 Point \$86<sup>95</sup>

Change Oil & Filter (up to 5 QTS) Check Fluids, Belts, Hoses &

**Check & Rotate Tires** Most Cars Expires 5/30/20 PASS OR DON'T PAY

Evaluate Exhast System

SMOG CHECK **\$30** 

For Sedans & mall Trucks only SUV Vans & Big

Cash Total Trucks Price Includes EFTF \$8.25 Certificate Included Most Cars Expires 5/30/20

Auto Transmission Service | \$129 Factory Transmission | Fluid

• Replace Transmission Fluid • Inspect Transmission or Filter (Extra if Needed)

# Most Cars Expires 5/30/20

**New CV Axle** 

\$169<sup>95</sup>

Parts & Labor

**European Synthetic** 

Oil Service Up to 6 Qts. 5W40

Pentosin High Performance Made in Germany 

**TOYOTA GENUINE** FULL SYNTHETIC OIL CHANGE OR OW20 **OR OW 16** 

\$56<sup>95</sup> up to 5 Qts. ALL OTHER TOYOTA FACTORY OIL FILTERS

**\$469** 6 Cyl. Plus Tax

Includes Timing Belt & Honda /Toyota/Nissan Factory/OEM Parts Labor to Replace Not Valid with any other offer Most Cars Expires 5/30/20

Most Cars Expires 5/30/20

**AUTOMATIC** TRANSMISSION SERVICE Factory Transmission Fluid

**\$129** + Tax Up to 4Qts

**Replace Transmission Fluid** • Inspect Tranmission Replace Gasket or Filter (Extra it Most Cars Expires 5/30/20

<sup>1</sup> Normal Maintenance \$229<sub>Tax</sub> 30K miles oil service oil service

Replaceair and A/C cabin filters oil service brake fluid, inspect brake pad, power stering fluid, test drive inspection, check and rotate tires. Extra with coolant transmission service 60K/90K

Not Valid with any othr offer Most CarsExpires 5/30/20

**BRAKE & LAMP CERTIFICATION** 

For Salvage Cars - Fix-It Tickets & Lamp & Alignment

\$127



Not Valid with any othr offer Most Cars Expires 5/30/20

**Coolant System Service Factory Coolant** 

**Drain & Refill** up to 1 Gallon



**OIL SERVICE ACDelco** Factory Oil Filter

Made

in USA

**CHEVRON SAE SUPREME** 

or Toyota Genuine

Most Cars Expires 5/30/20 **SYNTHETIC OIL CHANGE FACTORY OIL FILTER** 

CHEVRON Your Choice MOBIL

**Honda or All Cars** Up to \$5695 + Tax

**\$169** 

Not Valid with any othr offer Most Cars Expires 5/30/20 Not Valid with any othr offer Most Cars Expires 5/30/20 **BRAKES** FREE INSPECTION Replace Brake Pads, Resurface

**Rotors Front or Rear** Made in USA akebono

| Brake Experts

**OME & ORIGINAL** any othr offer Most Cars Expires 5/30/20

Most Cars Expires 5/30/20 Check Engine Light

Electric & Computer Diagnostics We are the ELECTRICAL EXPERTS Repair Loss of Power to Lights/Out- Only \$69

lets
Repair Flickering/Diming Lights
Repair or Replace Circuit Breaker
Fluses, Panels/Meter Boxes
Upgrade Fuses
Upgrade Fuses
Aluminum Wires Replaced
New Circus
Rewiring
Signatus
Outlets, Light
Switches
Outlets, Service Up Inspection Report/Corrections
 GFI Outlets, Lights, Fan,

Outlets, Service Upgrade Most Cars Additional parts and service extra Expires 5/30/20

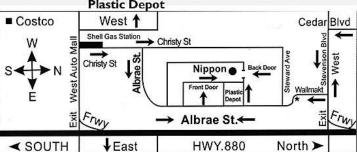
Service Engine Soon FREE

(\$45 Value) **If Repairs Done Here** 

Not Valid with any other offer Most Cars Expires 5/30/20

10% OFF Towing Available: FREE Open Mon-Sat 8:30am-6pm **AUTO REPAIR SPECIAL** Sunday by Appointment Only FREE Estimates & Consultation Includes Major Work

Install Rebuilt or Used 24 Hour Phone Service **Engine & Transmission** Shuttle drop off available with 15 miles Plastic Depot West 1



Take HYW 880 Exit West Stevenson Blvd. Left Albrae St. or Exit West Auto Mall Right Christy St. Right Albae st. **Located behing Plastic Depot** 

510-207-5859 or 510-659-6920



41419 Albrae St., Fremont



Scan for our FREE App or **Search App Store for TCVnews** 

Get our App and you will always know what is happening. We also have the back issues archived

# **More Screen-Time and Sleepless Nights for Hayward Mayor**

By Johnna M. Laird

Hayward Mayor Barbara Halliday spends much more time these days looking at a home-office computer screen, meeting more, and traveling less. "It's a total change," she explains, on adjusting to technology. "More meetings than before but not so many events."

The night before talking with Tri-City Voice, she "attended" a benefit for Hayward's Afghanistan sister city with keynote speaker, former California State University East Bay President Mohammad Qayoumi, now serving as a chief advisor to Afghanistan's president. Fundraiser attendees showed up on screen in individual boxes, the format these days for meetings, including Association of Bay Area Governments Executive Board and Alameda County's Transportation Commission where she serves.

The sister city event felt particularly important, Halliday explained, as Covid-19's international spread, heightened a "need to work together" across world.

Council meetings now occur virtually. Officials connect from home or from isolation within council offices. Channel 15 televises meetings; the public can call in in real-time during designated comments' time. Hayward, like most cities in the county, is not responsible for healthcare services. Oversight falls to Alameda County Public Health. Halliday is online Wednesdays for health department updates to elected officials and city managers. On Mondays prior, Alameda County Supervisor Richard Valle hosts an online meeting with elected

officials to ferret out concerns. Through these contacts, Halliday helped a worried, Hayward family obtain housing for a mentally ill, homeless, family member. Calls like that one lead Halliday to say life feels like a volleyball game: "I'm just trying to deal with what comes in



any given day."

She admits Covid-19 creates sleeplessness, specifically about the outbreak's impact on the census and subsequent funding: "Covid-19's timing couldn't be worse," says Halliday, who has worked on census issues for two years.

More immediately, she confronts Hayward's city budget and services. City Manager Kelly McAdoo began council budget workshops weeks ago, examining the impact of a projected loss in sales tax revenue from two months of sheltering in place. In mid-April, Hayward was looking at losses of \$14 million, requiring revision from a \$176 million approved 2020 budget to \$162 million. Sales taxes serve as one major city revenue stream, along with property taxes and a 2009 voter-approved utility-users' tax. Hayward council and McAdoo want to preserve essential services, retaining as many full-time city employees as possible, Halliday says.

To assist high-need locals and provide Small Business Resiliency Grants, McAdoo and her team initiated a partnership with Eastbay Community Foundation to create Hayward Community Relief Fund. It collected \$450,000 one week and a half after it began in April, thanks to two grants and individual donations. The fund will also help offset Hayward's free Covid-19 drive-through testing center, costing more than \$1 million to operate as of April 20.

Halliday praises McAdoo and Hayward's fire chief for leadership in establishing drive-through testing. Needing a way to test his own ranks, he creatively used LinkedIn's website to locate chief executive officers of laboratories and companies with testing ability to form a partnership. Hayward became the first Southern Alameda County city with drive-through testing. Hayward then assisted Fremont in establishing similar testing.

A glass half-full-kind-of-person, Halliday commends McAdoo and her team for stepping up to meet local needs. Currently, Hayward is working with Alameda County Food Bank for a larger, drive-through food distribution.

Halliday also praises Hayward residents for sheltering-at-home compliance and taking precautions when out. A month before the county health department required masks in public, Halliday says residents at the farmers' market outside city hall were masked.

While Covid-19 has changed many aspects of life, Halliday maintains her Saturday morning routine. She still stops by her office to water plants and sign documents. Then she drops by the farmers' market for fresh produce and flowers.

"Flowers aren't essential," she admits, "but they brighten my life."

By Madhvika Singh and STEPHANIE GERTSCH

Social distancing, shelter-in-place and quarantine used to be things we rarely heard of, and only in extreme emergencies, but now they seem to have become the norm. They have affected our social fabric and our livelihoods and have severely impacted the financial wellbeing of our local businesses and their employees. We at Tri-City Voice have featured many local businesses over time, and we reached out to some of them to share their perspective on how they have been affected and how they are coping with the new reality of COVID-19.

This is part of an ongoing series with a new business or businesses featured each week, including both those that have appeared in the paper before and those who are appearing for the first time.

#### **Northern California Bodhi Dharam Society**

Northern California Bodhi Dharam Society is an organization offering the community a platform to "disconnect" to "connect" in a profoundly meaningful way through its teaching of Bodhi Meditation from its centers in Milpitas and San Francisco. Bodhi Meditation, founded in 1991 by Master Jin Bodhi, is a non-profit organization with mission to impart practical and effective meditation techniques.

After the shelter in place guidelines came into effect, Bodhi Meditation has temporarily shut down the physical locations but is able to remain open and serve the public via online programs and networking. Penny and Katie with the meditation center share that for them all members are like an extended family and they miss seeing each. "We feared that during this period of isolation we would lose the connection we have with each other but are relieved that they are able to at least stay connected online."

'This has also created new opportunities for us," says Katie. "By transferring our group practice to an online forum, we have attracted a larger number of participants," Penny elaborates. During the past

month, many of their members have shared that they have seen positive outcomes by being able to meditate more consistently via online platform. While Bodhi Dharam Society feels impacted both emotionally and financially, they do believe that shelter-in-place is the best approach to deal with the COVID-19 pandemic and for the health and safety of their members in the long-term.

More information on their online events can be found at info@putibayarea.org, or by calling (408) 956-8552.

The following is a link to their online sessions powered by Webex: https://tiny.cc/bailian

**Eon Coffee** 

In February of 2020, Tri-City Voice interviewed chef Morio Tateno, who makes moroheiya-infused ramen for Hayward's Eon Coffee. Eon Coffee is a café that specializes in healthy, reliably-sourced snacks, coffee drinks, and mulberry tea. On weekends, they serve their signature ramen lunch with noodles made in-house. Shelter-in-Place restrictions have put a stop to the weekend lunches, but not to Eon.

"We are doing fine (health-wise)/not so fine (business-wise), as you can easily imagine," says Tateno. "But we are grateful. It could be much worse. We are open for take-out seven days a week, but for shorter hours: 6 a.m. to 5 p.m. ... We are offering all drinks on the menu as usual. Food items are limited, but we have a small selection of salads, sandwiches, and pastries. We work with Uber Eats as well. Come on in to pick up a cup of great coffee

to give you an extra boost for the day!" The article on Eon Coffee was originally published on February 4, 2020: https://tricityvoice.com/02-04-20/

Find out more about Eon Coffee at http://www.eoncoffee.com/.

Through the business pulse check series our intent at TCV is to lend a platform to local businesses share their stories. In these trying times let's hope we can develop a shared bond and come out at the other end stronger as a community to deal with challenges that future might have in store for us.

# Eden Health District names new CEO



PHOTO COURTESY OF MARK FRIEDMAN

From the moment Mark Friedman was named CEO of the East Bay's Eden Health District (EHD) in March, it's been "all Covid-19, all the time," he said. But the longtime El Cerritos resident feels uniquely prepared for this immense challenge. Friedman has a "lifelong commitment to improving the health and well-being of people," and a practical expertise in bringing diverse stakeholders together that will help him help others in this fight.

Once he took the helm at EDH, he directed the organization to pivot to a full focus on the coronavirus situation. The District began a "Daily Bulletin" (more info on accessing that, below), which goes out to more than 2,000 readers, encapsulating pertinent area Covid-19 news.

"We also allocated \$500,000 for masks and testing equipment," he added, items that are critical to protecting both medical personnel and the public. Building partnerships and enlisting community cooperation are key to managing this current health emergency. "In order to be successful, the District needs the help of all agencies and everyone who lives here," Friedman said.

Public health is a personal passion for Friedman. "I've been blessed with good health, and I know you

have to work to maintain it. I want everyone to have access to vital prevention and treatment services," he said.

He and his wife, Carolyn, a reporter at the San Francisco Chronicle, have three children and five grandchildren. Hiking the East Bay Regional Parks is a favorite pastime for the couple. He is an also an avid tennis player and "eager for the lockdown to ease so [he] can get back on the courts."

Before working at EHD, a public entity, Friedman served as CEO of First 5 Alameda County for 15 years, an agency geared to children through age 5 and their families, offering services promoting health and development, narrowing disparity and improving lives.

He was also CEO of the Thomas J. Long Foundation for nearly five years; this was one of the largest philanthropic givers in the East Bay, providing grants to community organizations improving education, services to seniors, services for people with disabilities, and critical safety net services. The three-time mayor of El Cerrito understands the importance of building coalitions and getting all parties "on board" with what is required for successful outcomes.

"Mark brings a wealth of knowledge and experience in the fields of public health, government and community service, and philanthropic giving combined with a deep commitment to improving access to healthcare. The Board will work closely with Mark to leverage its resources to address the COVID-19 pandemic," said Gordon Galvan, chair of the EHD board of directors.

The EDH District is geared to improve health outcomes and access for the East Bay communities Castro Valley, Hayward, San Leandro, San Lorenzo, Ashland, Cherryland and Fairview. Its Daily Bulletin is posted online at https://ethd.org/daily-bulletin-update.



TIMOTHY J. GAVIN ATTORNEY AT LAW

#### CERTIFIED SPECIALIST

Estate Planning Trust & Probate Law

# Free Initial Consultation 510-248-4769

tim@gavin-law.com www.gavin-law.com

39355 California St., Suite 209 Fremont, 94538



CBD can calm anxiety, promote sleep, and relieve pain



Live Happy, Healthy and Natural



We are still
promptly
processing online
orders
but the brick and
mortar storefront is closed

Temporarily suspending our massage

Now offering
CBD transdermal
patches!
Safe, discreet, effective

# Shop online and have it shipped right to you! www.fremontbotanicals.com

Reach out via livechat on the website, @fremontbotanicals on Instagram, or email us at fremont.cbd@gmail.com

### Free shipping on all orders

 ${\tt \#CBDBetter} \,\, {\tt \#THCfree} \, {\tt and} \, {\tt \#ShopFremont}$ 

# Instacart shortcut

#### SUBMITTED BY ARAAV PATEL

During COVID-19 and shelter-in-place policies, many families with elderly members or members with pre-existing medical conditions are unable to shop for basic necessities in person. They have to rely on online delivery services like Instacart for groceries and other basic necessities. However, these types of services have quickly become overloaded, and many families struggle to find available delivery slots to place their orders.

Araav Patel, a senior at Irvington High School and incoming freshman at UC Berkeley studying computer science, was inspired to create a solution when he saw how this issue impacted his own family and local Bay Area community members.

"Personally, my family had to stay up late in the night or wake up early in the morning to finally grab an available delivery slot," Patel said. "Many of my neighbors were unable to find an available delivery slot after trying for many days. They eventually had to visit the stores in person, which placed additional, potentially avoidable risk on themselves, grandparents, kids, and on anybody else in the household."

As an avid computer science student, Araav believes in technology's capability to address common struggles society faces. He knew there must be a way to make Instacart orders more convenient, and worked diligently to find, create, and implement it within his community.

Patel's application, accessible on all Macs, finds an available delivery slot on Instacart, refreshing the Instacart website and notifying the user once it identifies that a delivery slot has become available. The user will be notified through a visual and sound notification on their Mac and will also be given the option for an email notification. But the best part of this application is that it is carried out quietly in the

background of the user's laptop.

"No longer will families have to constantly refresh the Instacart page for hours just to order basic necessities," Patel said. "This script will allow families to continue with their daily schedule and shop for groceries from the comfort of their home."

The script requires the user to order their items, proceed to checkout, and enter their delivery address. Once the user arrives at the part of the checkout where Instacart searches for available delivery slots, they can run the script and continue with their daily schedule until they receive a notification that a delivery slot is available. Patel recommends that once a notification is received. the user should check out immediately as "delivery slots are taken within two to three minutes after they become available."

Instructions on how to use the script and the download link can be found here: https://github.com/araavp/in-

stacart-delivery-slot-finder.

"These are stressful enough times already. We could all use a little more convenience in our lives," Patel noted. "It is my hope that this application will be useful to our community and keep those most vulnerable inside their homes."



### HERS Breast Cancer Foundation

Providing breast cancer patients with postsurgical products and expert fitting services since 1998.

Our Washington Hospital West location 2500 Mowry Avenue, Suite 130 is OPEN Monday – Friday, 10 am to 2 pm

Call for an appointment: (510) 790-1911

### Assistance Programs

Our Foundation provides low income and under-insured patients with post-surgical products.

Call us or visit

HERSBreastCancerFoundation.org

HERS Breast Cancer Foundation is a 501(c)3



#### Our Brands Include:

ABC (American Breast Care) | Amoena USA | Anita International | Classique Luisa Luisa | Jobst | Jodee | TruLife | BSN | Julius Zorn | Medi MAKEMERRY | Prairie Wear | Dream USA | Henry Margu | Jon Reneau

Patient and staff health and safety are our priority. We're complying with local, state, and federal safety recommendations during the COVID-19 health crisis.

NOW OFFERING FREE SHIPPING and CURBSIDE PICK UP!



# 2019-2020 Jeff Lamb Scholar-Athlete named

#### SUBMITTED BY STEVE FILIOS

David Ornelas Jackson from Silver Creek High School in San Jose has been named as the recipient of the Jeff Lamb Scholarship. Coach Lamb from Milpitas High School was a teacher, a coach and an athletic administrator during a career that spanned 42 years. During his tenure, he coached 77 different seasons, most of them in three sports; Girls Volleyball, Girls Basketball, and Softball.

Coach Lamb provided guidance and support to his student- athletes on and off

the court and field of play. He has been recognized as the State Athletic Director of the Year, State Volleyball Coach of the Year, CIF Model Volleyball Coach, CIF Distinguished Service Award and with the CCS Distinguished Service Awards. In all 42 years of service, Coach Jeff Lamb has held true to his passion and commitment to mentoring other coaches and athletic directors to help student athletes achieve and enjoy athletics at the highest level.

Ideal candidates for the \$500 Jeff Lamb Scholarship are student-athletes who have exhibited an interest in becoming a teacher/coach and eventually attain leadership in the Athletic Director role.

David Ornelas Jackson, Silver Creek
High School Varsity Sports: 3 years Water
Polo, 3 years Soccer, 2 years Track & Field,
1 Year Football Activities & Honors:
Dozens of community service hours for
various charities, Latino Student Union,
Black Student Union, All-League Water
Polo, Soccer & Track, MVP Water Polo
& Soccer, Team Captain Water Polo
& Soccer, GPA: 3.1

"David has embraced a belief, that, through sports, scholastic and community involvement, he can have the biggest impact on his personal growth and, in the long run, have a positive impact on the world. I believe David will make positive contributions to society and leave a lasting mark on the people he touches." Eric Luescher, Athletic Director.

# BUSINESS

continued from page 1

fast track review is largely

much of this in Fremont.

in an emergency, such as

"Most businesses in

planning manager, City of

Fremont. "Most of the time,

businesses establish a location

and can start their operations.

process. However, when they do

things that take some hazardous

There's not a whole lot of

materials, depending where

they're located, sometimes a

higher review process is needed

that can take a couple months,

That was the situation in case

that received an emergency

approval to provide critical raw

of COVID-19 diagnostic kits.

"We had a virtual meeting with

of the city. We fast-tracked the

evaluation and approval process

regarding our zoning guidelines

over the weekend," added Pullen.

Krishan Kalra, founder and

CEO, BioGenex, said that the

company provides fluorescence-

labeled nucleic acid bases, which

According to Kalra, ramp-up

Economic Development staff to

within a week even though their

didn't compromise on the health

neighbors. They worked evenings

architect, contractors, as well as

expedite facility enhancement,

and the team issued a permit

normal time is four months.

"[City of Fremont staff] also

or safety of our employees or

and weekends to guide our

BioGenex," added Kalra.

are used for synthesizing oligo

probes to detect presence or

was facilitated by Fremont

absence of coronavirus.

BioGenex and other departments

material to Roche for production

of BioGenex."

sometimes two or three months.

BioGenex is the first company

industrial areas are the ones to

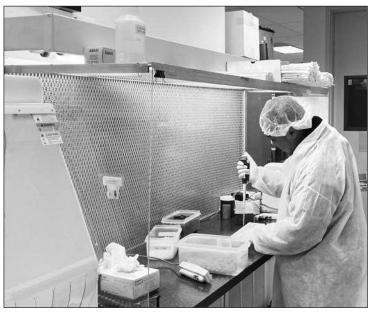
do biopharmaceutical research or

development," stated Joel Pullen,

COVID-19."

## Local companies revamp operations to fight coronavirus

Thuruthiyil, Chief Strategy Officer, PrinterPrezz, said,



Scientist with protective gear pipetting biological reagents at BioGenex.

"Our company's traditional business is 3D printing of orthopedic and spinal implants. As the global COVID-19 crisis escalated, local hospitals reached out to us for help for critical personal protective equipment (PPE). We knew we could help. We shifted our engineering consulting services and rapid prototyping capabilities to collaborate with local hospitals to develop solutions."

PrinterPrezz has supported hospitals directly with solutions to address issues with air purifying respirators, as well as



PrinterPrezz donates face shields to Fremont Fire Department.

units (ICU) is increasing, the

need for ventilators is also rising.

situation, Evolve Manufacturing

To support in this challenging

Technologies, which normally

builds complex medical capital

equipment in low volumes, is

now developing high-volume

products such as test kits and

building over 15,000 COVID-19

other low-cost products.

Currently, the company is

test kits per day and plans to

increase production to 40,000

per day, and if things go well,

60,000 kits per day, according to

Matt Pawluk, senior director of

quality, Evolve Manufacturing

Manufacturing Technologies,

said, "We will be building

Noreen King, CEO, Evolve

Technologies.

"The ability to do this kind of successful because we have done Biomedical is Fremont's largest industry in terms of number of companies. And so, the planning staff and the fire department are well versed in reviewing these kinds of operations. We have the technical expertise to act fast

Manufacturing of medical implants at Evolve Manufacturing Technologies.

"The fortunate thing," stated Briggs, "is that we did have the example of BioGenex that happened so early in our response as a city to COVID-19. I think it gave us really good experience having to reinvent a process that normally takes a couple of months and to turn it around in a week. Our broader city team is confident that as more of these come in that need some sort of approval, we have a system in place now. We've got a good example to build on. We are confident in our ability to facilitate and expedite these kinds of requests."

However, not all companies had to request permit approval; some already had the right permits; these companies just informed the city that they were shifting gears.

Briggs said, "There are companies who we are aware are working on different products in some way related to COVID-19." She added, "A lot of these companies were already operating in Fremont as biomedical research and development and manufacturing in an area that is industrially zoned for the kind of activities that they do. They have now simply either shifted or remobilize their efforts to just focus on COVID-related projects."

For example, PrinterPrezz, as Briggs mentioned, has shifted its 3D printing capacity from implants to medical supplies and instruments for hospitals. Explaining further, Teresa



Evolve Manufacturing Technologies ramps production of COVID-19 testing

engineering teams at UCSF and Stanford with developing innovative solutions such as converting a snorkel mask into PPE and other equipment.

With health-care workers facing shortage of N95 masks, Steri-Tek (who offers E-Beam Sterilization and X-ray Irradiation Sterilization) is working with hospitals across the state and trying to decontaminate used N95 masks. "We are trying to prove [decontamination] works and then submit an application to Food and Drug Administration, and those applications are fast tracked," stated Larry Nichols, CEO, Steri-Tek. Nichols added that some of Steri-Tek's regular customers are now making test kits for COVID-19, and the company is sterilizing parts of the test kits.

As the number of COVID-19 patients entering intensive care

ventilators and other products that are needed in the ICU to treat COVID patients. We are shipping the products on behalf of our customers...[often] to distributors and then to hospitals." Pawluk added that Evolve is aiming for at least 10,000 ventilators per week, but that is a difficult due to supply chain constraints. "So far, the City of Fremont has been extremely supportive to make sure we have the supply chain and resources we need to ramp up both [test kits and ventilators] projects. Hopefully, we will be up to these quantities by this summer," he said.

Resident biotech companies are joining a statewide effort to develop essential health-care equipment and fill critical supply shortages, and the City of Fremont is playing its part providing the fastest help possible.

"We are prioritizing our work as you can imagine. We are only addressing the most essential things to try to social distance ourselves. When issues come up from central activities like companies responding to the corporate pandemic, we are addressing those, and we are taking it down to the least time frame possible. We don't have one size-fits-all-solution to say, but we will find a way to streamline it," concluded Pullen.



Employees at PrinterPrezz quality check personal protection equipment (PPE) before packaging and shipping.

# Six indicators to consider before modifying stay-at-home order

SUBMITTED BY GOVERNOR'S PRESS OFFICE

Governor Gavin Newsom noted that the progress in flattening the curve, increased preparedness of our health care delivery system and the effects of other COVID-19 interventions have yielded positive results. However, these actions have also impacted the economy, poverty, and overall health care in California.

Any consideration of modifying the stay-at-home order must be done using a gradual, science-based, and data-driven framework. Newsom said there is no precise timeline for modifying the stay-at-home order but unveiled six key indicators that will guide this decision. The indicators are California's ability

- to monitor and protect our communities through testing, contact tracing, isolating, and supporting those who are positive or exposed
- to prevent infection in people who are at risk for more severe COVID-19
- to handle surges at hospital and health systems to develop therapeutics to meet the demand
- to support physical distancing at businesses, schools, and childcare facilities to determine when to reinstitute certain measures, such as the stay-at-home orders, if necessary.

Newsom also noted that things will look different as the state makes modifications. For example, restaurants will have fewer tables and classrooms will be reconfigured. For more information on California's response, visit www.covid19.ca.gov.



Personal Injury Law Firm

- \*Traffic Accidents
- \*Dog Attacks
- \*Defective Products \*Premises Injuries

3900 Newpark Mall Rd. Newark, CA 94560

Tel: 510-277-0191

Web: http://comerfordlawfirm.com

# **Eden Health District Board** appoints new director

#### SUBMITTED BY STEPHEN CASSIDY

Pam Russo is sworn in as the new director of Eden Health District Board. The directors acted to fill a vacancy on the fivemember board as Megan Lynch resigned her position in advance of attending medical school.

Russo currently serves as the executive director of Hayward Area Recreation & Park District (H.A.R.D.) Foundation. A longtime resident of Castro Valley, Russo volunteers throughout the Eden Area in multiple communities.

A registered nurse with a 35-year history in health care, Russo worked at St. Rose



Hospital, including in all clinical areas of the Hayward facility. During her last 15 years as an administrator at St. Rose, Russo oversaw the fundraising arm of the hospital, government affairs, marketing and project management work.

"At an unprecedented time in public health, the board is grateful that Pam Russo stepped forward to serve as a director. She brings a wealth of experience in the field of health care and deep knowledge of the health needs of our community," stated Gordon Galvan, chairperson of board of directors, Eden Health District. "At the same time, the board greatly appreciates the exemplary service Megan Lynch provided for the past four years. We wish her outstanding success as she embarks on the next stage of her career in healthcare by studying to become a physician."

# League of Volunteers emergency food distribution

#### SUBMITTED BY SHIRLEY SISK

LOV has an emergency pantry which has given food to those in need for many years. When COVID-19 came to the Tri City community, LOV began delivering food to those who are not able to leave their home. We leave the box on the doorstep, get in the car and call to notify the recipient that the food is there. LOV's boxes

contain 20-25 cans and packages for a variety of food. The service is available for people in Fremont, Newark and Union City.

If you need food, call LOV. You can pick it up at our office, 8440 Central Ave, Ste A/B, Newark. Or you can call to give us your phone number and address because you need delivery.

Our phone number is (510) 793-5683. LOV is open 8:30 – 4:30 Monday through Friday.

# Online dashboard lists food distribution, COVID-19 data

SUBMITTED BY CITY OF UNION CITY

The Alameda County Public Health Department launched an online dashboard that displays data regarding positive cases in Alameda County, number of deaths and a breakdown of cases by race/ethnicity, sex, gender and age group.

The dashboard additionally indicates how many positive cases exist in Union City, which as of April 24 is 63 confirmed cases of COVID-19. However, the dashboard does not convey how many deaths have occurred in Union City due to COVID-19; nor does it state any numbers related to hospitalization. It does state an overall death count that exists in Alameda County.

Alameda County COVID-19 Dashboard: https://ac-

hcsa.maps.arcgis.com/apps/opsdashboard/index.html?utm\_content=&utm\_medium=email&utm\_name=& utm\_source=govdelivery&utm\_term=#/1e0ac4385cbe4cc1bffe2cf7f8e7f0d9

For general inquiries, please email ncov@acgov.org or call (510) 268-2101.



#### CHECK OUT OUR WEBSITE

Our Calendar is updated daily Check out our archives Send us story ideas and much more

www.tricityvoice.com

# **Denied Social Security** or SSI

#### **BOARD CERTIFIED SOCIAL SECURITY** DISABILITY SPECIALIST

NATIONAL BOARD OF LEGAL SPECIALTY 30-years experience

CYNTHIA G. STARKEY

1-888-972-3454

# **Chabot Community College** announces new chancellor

No Fee if No Recovery

SUBMITTED BY GUISSELLE NUNEZ

Ronald P. Gerhard has been appointed as permanent chancellor of Chabot-Las Positas Community College District. Gerhard has served as the district's interim chancellor since January 2019.

Gerhard has served in multiple roles for the district including vice chancellor of business services for the district and vice president of administrative services at Chabot College. Before joining Chabot, he served as the vice chancellor for finance and administration at City College of San Francisco, vice chancellor of finance and administration for the Peralta Community College District, chief business officer for Compton Community College District, and in various positions at San Bernardino Community College District.

As a seasoned educational administrative leader, having served for over 20 years at California community colleges, Gerhard has provided strategic leadership that is student-focused and has demonstrated his ability to bring stakeholders together to achieve organizational goals. Gerhard earned MBA in finance and accounting from University of California, Riverside, and a BA in accounting from the University of

"I am honored to continue to lead our district in the permanent role of Chancellor," said Gerhard. "Our colleges are vital to our communities, and I look forward to providing stable leadership in these unpredictable times."

#### **Honor Roll**

The Honor Society of Phi Kappa Phi

New members:

- Eric Valdez of Fremont; San Jose State University
- Nazrul Islam of Fremont; San Jose State University
- Hanging Huang of Newark; University of Michigan Amando Cho of Union City; Andrews University

# **Passport Service** Still Open

SUBMITTED BY AUGUSTINE "AUGIE" RUIZ

The Postal Service wants to remind future travelers that sheltering in place has not affected the passport application process. Once the appointment is scheduled, the post office will follow Centers for Disease Control and Prevention social distancing guidelines during the application process.

To help speed up the process, customers should fill out forms ahead of time. Application forms and other information are available at www.usps.com/passport or www.travel.state.gov/passport. Customers can also obtain passport information by calling National Passport Information Center toll-free at (877) 487-2778. To schedule an appointment, visit https://tools.usps.com/rcas.htm; simply use the scheduler tool to search for a postal passport office and make an

> **Passport Service** (877) 487-2778 www.usps.com/passport https://tools.usps.com/rcas.htm

#### Fremont Is Our Business **FUDENNA BROS., INC.**

Phone: 510-657-6200



www.fudenna.com

**Leader in Small To Medium Size Office Space** 

**2450 PERALTA BLVD. SUITE 222** -812 SQ FT. APPROX.

- -5 ROOM/2ND FLOOR **OFFICE**
- -WALKING DISTANCE FROM BART
- -CONFERENCE ROOM **AVAILABLE** -AVAILABLE SOON

### ReLife Acupuncture

relifehealthgroup.com



### 408-888-3616

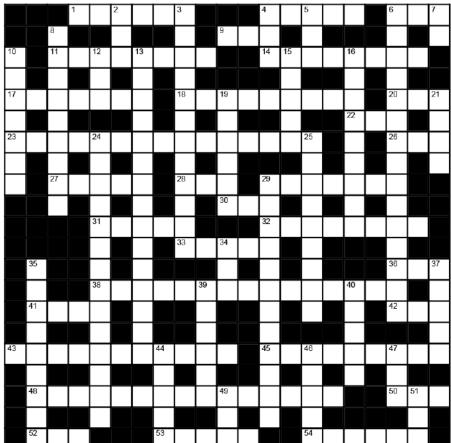
relife.acup@gmail.com 39803 Paseo Padre Pkwy, Ste.D Fremont, CA 94538

#### Reclaim your quality of life

- \* Stress/ Depression/ Anxiety/ Insomnia
- \* Constipation/ Diarrhea
- \* Allergies
- \* Floaters/Dry/Watering/Blurry
- \* Pain management \* High blood Pressure
- \* Rash/Acne/Singles/Urticaria
- \* Frequent urination \* Kidney stone
- \* Diabetes \* Facial Palsy
- \* Parkinson's disease \* Tourette syndrome
- \* TMJ syndrome \* Alzheimer's disease

# wind Twisters

#### **Crossword Puzzle**



#### Across

- Kind of tea (6)
- Cursor mover (5)
- Opposite of masc. (3) 6 Rapa \_\_\_ (Easter Island) (3) 9
- 11 Bug (8)
- Expel (5,3) 14
- 17 One way to stop (2,1,4)
- 18 Fails (4,2,3)
- Year in Nero's reign (3) 20
- 22 Arctic explorer John (3)
- 23 Good-time Charlies (8-7)
- 26
- Fri. preceder (3) 27 Vinyl collectible (5)
- 28 A.B.A. member: Abbr. (3)
- 29 Food Network star (7)
- 30 1944 initials (3)
- 31 "Who's there?" reply (3,2)
- Records (4,4) 32
- Pocahontas's husband (5) 33
- Same old, same old (3) 36

- 38 Let go (7,4,4)
- Asunción assent (4)
- Didn't straphang (3)
- 43 They hold tin cups (11)
- 45 Pretentious (9)
- Zodiac sign (5,3,7) 50
- School founded by Thos. Jefferson (3)
- Commonly rented item (3)
- Film units (5) Staying power? (6)

53

- Down 2 Baseball stat (3)
- 3 Lad (6,6)
- Central (3)
- 5 Cycle starter (3)
- 6 Colorful language (4-6,5) 7 ... (2)
- 8 Like some agreements (9)
- 10 Boom (7)

- Thor Heyerdahl craft (3) 12
- High ground (3,8,4) 13 15 Time off (1,3,1)
- Wrapped up (9) 16
- 19 Actress Mimieux (6)
- 21 Deejay Don (4) Theme of this puzzle (7,7) 24
- 25 Like baby rabbits (9)
- 29 Go ballistic (4,4,4)
- Burn cause (3) 34
- 35 Tangled (9)
- 37 Hyperion, for one (5)
- Sacred beetle of ancient Egypt (6) 39
- 40 Seat of Marion County, Fla. (5)
- 44 "The Merry Widow" composer (5)
- 46 Aspect (5)
- 47 Capote nickname (3)
- 49 Be bedridden (3) Compete (3)

### 3

Fill in the missing numbers (1 - 9) inclusive so each row,

column and 3x3 box contains all digits.

4

6

3

9

Sudoku:

8 5 8 6 4 6 8 6 1 5 9 1 3 4

5

4

9

3

4

2

5

BIFF D E A R E T O W E R I N G I N F E R N O E D M R O N L N N R A D I A N C E KNEADS INCISIVE BEEINONESBONNET

6	5	3	4	1	7	8	တ	2
2	7	4	60	တ	8	5	1	3
1	8	9	5	3	2	6	4	7
7	3	8	9	6	1	2	5	4
9	4	6	2	7	5	1	3	8
5	2	1	8	4	3	7	6	9
3	6	7	1	8	4	9	2	5
8	9	2	3	5	6	4	7	1
4	1	5	7	2	9	3	8	6

AKEEXCEPTIONTO

## Tri-City Stargazer FOR WEEK: APRIL 28, 2020

All Signs: At the beginning of this week, clever Mercury will be at odds with stern Saturn. Admittedly, this will encourage feelings of loneliness and depression in many of us. Nevertheless, like a rabbit out of a magician's hat, Mercury suddenly lines up with wild, wacky Uranus, triggering an explosion of something different. A surprise to your daily world will occur. Expect a change to your daily routine.

#### April 20): This week, especially at the beginning, you might encounter some financial difficulties dealing with the

government, bosses, or anyone in a position of power and authority. This might be frustrating. Do not let feelings of doom and gloom over take you because ultimately, with Jupiter still high in your chart, you are protected. Furthermore, Venus, now travelling through your House of Communications, indicates that you will be pleasant, agreeable, and happy with your everyday surroundings

and activities.

#### Taurus the Bull (April 21-May 20): A lot is happening in your sign this week. At the beginning of the week, Mercury is in your sign at odds with stern Saturn at the top of your chart. This is classic for experiencing difficulties dealing with government, bosses, parents, and VIPs. Someone might throw cold water on your plans and ideas. Feelings of independence, even rebellion will make you speak out and defend yourself and defend your own best interests. But next year, Jupiter will be at the top of your chart, which bodes well for your career and your public reputation.

Gemini the Twins (May 21-June 20): Others are not aware of what is going on in your life now because whatever is happening is mostly taking place behind the scenes. At the beginning of the week, you might be worried or feeling

Aries the Ram (March 21- stressed. If you can improve things or discover solutions, work on this. If the stress you feel is beyond your control - let it go. Fortunately, you can benefit from your own ability to be charming and diplomatic right now because Venus is in your sign. This means your people skills are excellent this week. Make time for creative and intellectual work.

#### Cancer the Crab (June 21-July 21): At the beginning of the week, someone older or perhaps someone richer or in a position of authority might say or do something that makes you feel diminished. Don't let this get you down because right on the heels of this - something unexpected will happen. Someone you know will say or do something that surprises you. This is a passionate time for you; however, some of you are using this passion to fight disputes about insurance, shared property, taxes, and debt.

# Leo the Lion (July 22-

August 22): At the beginning of the week, you might be unhappy with your dealings with a parent, boss, or someone in a position of authority. They might be uncooperative. Following this, surprise will occur with the same authority figures. You might rebel. You might confront them, or they might confront you. Mars opposite your sign makes you impatient with those who are close to you; however, Venus is in a part of your chart that smooths your relations with groups and casual acquaintances. September 22): Local news or something related to another country or a medical or legal situation will concern you at the beginning of the week. Very soon however, these same areas will be a source of surprise for you. Something might force you to travel or stop you from travelling. Likewise, something unusual in the media or perhaps related to medicine and the law might amaze you. However, once again, this influence will be brief. You are keen to work hard now to be productive.

#### Libra the Scales (September 23-October 22):

Something to do with taxes, debt, shared property, and inheritances will be sobering and possibly disappointing at the beginning of the week. However, immediately something unusual or unexpected will occur. Quite likely, it will surprise you. In some cases, it might be your defiant reaction to something. Double check banking details and details related to taxes and shared property so that you are not caught off guard.

#### Scorpio the Scorpion

(October 23-November 21): At the beginning of the week, you might find partnerships and close friendships restrictive or depressing. Someone might be critical. You might feel cut off from someone. These feelings occur in every relationship at times, especially when we are all in each other's faces more than usual. This is one of the challenges of staying at home.

Naturally, this will lead to some

Mars is at the bottom of your chart indicating increased chaos

#### Sagittarius the Archer

(November 22-December 21): Be patient with situations related to your health or a pet or your job at the beginning of the week. Whatever occurs might be restrictive for you or limit you in some way. It might also discourage you. Very soon this situation will pivot into something unexpected. It is possible that this surprise will be pleasant. But it might also be a surprise that is a speedbump for you. Fortunately, relations with partners and close friends are warm and supportive, even though you are assertive now.

#### Capricorn the Goat (December 22-January 19): At the beginning of the week, you will need to be extra patient with kids or with a romantic partner because something will irk you. You might have to face increased restrictions or responsibilities. You can handle this because you have broad shoulders. However, be alert because right after that, an accident-prone time, especially for your kids, exists. Fortunately, everything connected with your work and your health looks positive. Playful and social diversions also look promising.

Aquarius the Water Bearer (January 20-February 18): You might find it challenging dealing with an older family member at the beginning of the week (perhaps a parent) because

Virgo the Virgin (August 23- kind of "break-out" moment. you will be forced to deal with some kind of restrictions or rules and regulations. Nevertheless, stay on your toes because shortly following that, you will encounter something unexpected at home. This is an accidentprone time for your home and family. Something will upset your home routine. Fortunately, Venus will encourage your playful side.

#### Pisces the Fish (February 19-March 20):

Be good to yourself this week. At the beginning of the week, you might feel depressed or fall into a state of negative thinking. On the heels of this challenging beginning, something unexpected will occur. It is an accident-prone time for you. Therefore, slow down and be mindful of everything you say and do. On the upside, the same influence that can promote a sudden change of an accident - can plans or genius-like ideas also trigger because it is easy for you to think outside of the box. Meanwhile, family is supportive. Enjoy relaxing times at home.



By Georgia Nicols www.georgianicols.com.

#### **Essential Business**

#### **Angela Topcu, Licensed Marriage and Family Therapist**

Counseling services for adults and teens, specializing in helping with grief & loss, anxiety and stress.

#### 510-771-7382

angelatopcumft@gmail.com www.angelatopcumft.com

#### Annemarie Ballinger, LMFT

Licensed marriage and family therapist, specialties include anxiety, depression, relationship issues

#### 510-713-8437

annemarieballinger@hotmail.com

#### Lisa Thayer, Ph.D.

Psychologist, specializing in anxiety, depression, chronic mental health conditions, and emotional therapy. 38950 Blacow Road, Suite D

#### 973-876-1274

#### Dr. Jesse Allen Chiropractor 510 438-9211

driesseallen@gmail.com 40000 Fremont Blvd. Suite H Mon., Wed., and Fri.: 8-12:00, 3-7:00 PM

#### Stephen Collins, D.C. Chiropractor 510-713-0505

Drcollins4@icloud.com 2450 Peralta Blvd. Suite 102 Tuesday/Thursday 10:00am-6:00pm by appointment only

#### Frank Scorca D.C. Chiropractor 510-656-9077

scorcachiropractic@gmail.com 39771 Paseo padre Pkwy. M, Tu, W, F 8:30am-6:30pm Saturday 9:00am-12:30pm

#### Holly Labarbera, LMFT

Psychotherapy for individuals, adolescents, couples and families.

#### 510-402-25855

holly@hollylabarbera.com 39825 Paseo Padre Pkwy Suite C

#### **Homeopathic Healing**

Daxa & Vijay Vaishnav are health practitioners and have been using Homeopathy, a natural alternative healing therapy, to treat acute and chronic health related ailments 39737 Paseo Padre Parkway, Suite A-4, Fremont, CA 94538

(408) 201-3093

#### **Julia Domville MFT**

Counseling and psychotherapy of individual adults for anxiety, depression, stress, abuse, and relationships issues. Private pay only Juliadomville.com

#### 510-790-1428

38950 Blacow Rd, Ste. D, Fremont Ca. 94536

#### **Manjas Corporation**

Income Tax, Accounting, Payroll 510-440-8400

info@manjas.com 38950 Blacow Road Suite F Fremont CA 94536

#### **Professional Tax Services LLC**

Safe Tax preparations 510-509-2175 protaxtalk@gmail.com

#### **Nitu Hans PhD**

Clinical Psychologist/Neuropsychologist 39803 Paseo Padre Pkwy, Suite B Fremont CA 94538

#### 510-299-3184

Fax: 510-315-2027 email:nituhans@drnituhans.com

#### Rajashri Iyengar

Speech therapy services 510-673-1768 Email: rajashri2275@gmail.com

#### **Mindset Counseling Group**

Counseling related to anxiety, depression, grief, relationship issues and parenting

#### 510-273-9126

mindsetcounselinggroup@gmail.com

#### **Vogue Drycleaners**

Dry Cleaning, alterations. Free pick up and delivery within Fremont 510-656-4996

3909 Stevenson Blvd Suite E

# **Non Essential Business**

#### (Working from Home)

#### **Golden Estate Development** Real Estate offering luxury homes

#### 408-454-8169

## https://www.gvedevelopment.com

customers@gvedevelopment.com 38930 Blacow Rd. Suite E2

#### Joe Liao

Real Estate Buying, Selling, REO & Property Management Service

#### 510-468-8886

joeliao@comcast.net www.jnarealty.com

#### **Cyril Rayan**

Crowdsources suspicious activity anonymously using text/sms to prevent major incidents 1-877-395-5095 www.tipnow.com

# Fremont Is Our Business FUDENNA BROS., INC.

Phone: 510-657-6200



www.fudenna.com

**Leader in Small To Medium Size Office Space** 

# Local Student honored at State Assembly and Senate



SUBMITTED BY JAY THOMPSON

Sixteen Cal Poly students were recognized for their awards and other accomplishments by state lawmakers on the floors of the state Assembly and Senate in Sacramento on Monday, March 2. Among them was Samantha Phan, a native of Union City and a 2016 James Logan High graduate.



Phan, a business administration senior with a focus on consumer packaging, was part of an interdisciplinary team that won the Paperboard Packaging Council's (PPC) 2019 Student Design Challenge in Minneapolis, Minnesota, in October. PPC is dedicated to North American converters of paperboard packaging and their suppliers. Cal Poly was among 50 teams from 13 universities. Students were challenged to design packaging for a gaming platform that Samantha Phan is second from right, first row, by the California grizzly bear statue placed outside the Governor's office in the California Capitol State Building.

enhances the unboxing experience and can be used while playing the system. Cal Poly's top entry was "Party Box," an innovative portable packaging system for a gaming console that becomes a projector and gameboard. Phan and her three teammates presented to executives from top paperboard packaging manufacturers.

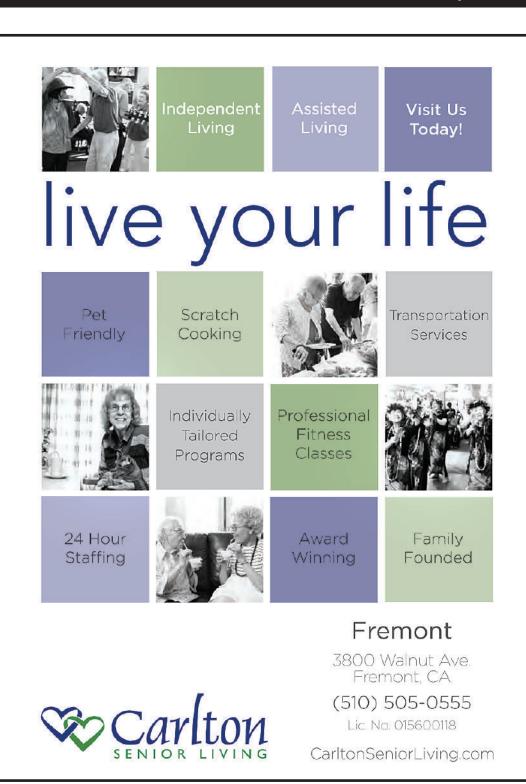
The challenge, considered the most rigorous packaging design competition in the nation, is open to North American universities. It seeks to foster awareness and appreciation of paperboard packaging with university educators and the next generation of packaging design decision-makers and their suppliers. The competition was another example of the Learn by Doing ethos that initially attracted her to attend Cal Poly. "It was always harder for me to grasp concepts or remember things I learned when I did not try them out for myself," the 21-year-old said. "Along with the smaller class sizes in upper division classes, this has helped me optimize the learning experience."

On meeting with elected representatives, Phan said, "It is an honor to represent Cal Poly to share what is possible when students are supported by their university...It is important that each major and concentration are supported financially — funds to support students as well as the teachers who help us get to where we are." And time permitting, she might lobby for additional funds for equipment "so that we can compete with the other programs in the nation," she said. "Luckily our professors push us to think of ways to solve these problems in unconventional ways to get around these obstacles." Phan plans to graduate in June.

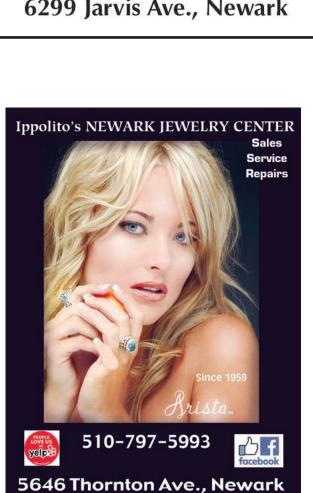


Samantha Phan is third from the left in this selfie with Cal Poly President Jeffrey Armstrong.

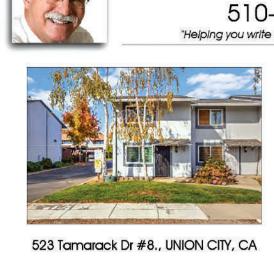












John Juarez, REALTOR® 510-673-0686

"Helping you write the next chapter in your life.™

#### Upgraded Condo in Tamarack Gardens • 2 Bedrooms, 2.5 Baths

- ♦ 1,072 Sq. Ft. Living Area
- ◆ Upgraded Kitchen with Stainless Steel Appliances, Marble Counter Top, Custom Tile Backsplash
- ◆ Laminate & Tile Flooring
- ♦ In Unit Laundry
- ◆ All Appliances Included ♦ Great Commute Access to I-880,

List Price: \$525,000

and San Mateo Bridge

Keller Williams Benchmark Realty john@medfordteam.com ◆ 510-673-0686 ◆ www.MedfordTeam.com ◆ CalBRE# 01223788

# Home & Garden

# Designing with Versatile Gray



#### By Anna Jacoby

Gray tones in interior design are still quite popular. In my own business, color schemes featuring gray are my most requested. Gray is an extremely versatile color. It can be warm or cool and can be successfully used as a neutral backdrop for other colors or as an accent color by itself. It can be used in any room of the house and even as a color for trim, such as for door casing or baseboards. It can be sophisticated, playful, or serene; it can be bold or subdued.

If you love gray, here are some tips for incorporating it into your own décor:

1. Pay attention to the undertones. Blues, purples, greens, and browns can be hiding inside those grays, which can make it a challenge to choose the right one. Undertones are sometimes difficult to detect, but they become more apparent if you compare paint swatches side by side. For example, if you compare the following

colors, you'll see that Kelly Moore's Silver Strand Beach and Mischief Mouse have blue undertones; Kelly Moore's Baby Barn Owl has a green undertone; San Francisco Fog has a warm beige undertone; and Ancestral Water has a lavender undertone.

- 2. Use dark charcoal gray instead of black. Do not get me wrong— I absolutely love black. But sometimes a dark gray can offer a softer look, while still providing a lot of contrast and interest a dark gray countertop instead of black or dark gray upholstery instead of black leather. And try using it as your baseboard color instead of white it will be very eye-catching.
- **3.** Use combinations of light and dark grays in the same room, both for contrast, and for interest. Consider using two different colors for your kitchen cabinetry for example: dark gray lower cabinets with white upper cabinets or a dark gray island.
- **4.** Gray can sometimes appear cold. To keep your room from looking too cold,



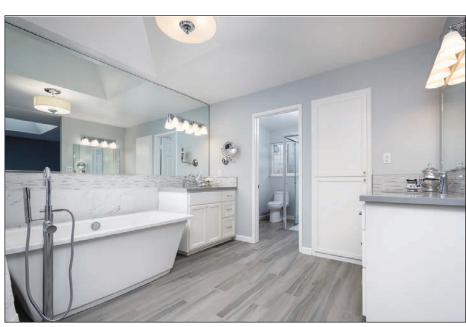


mix in warm wood tones. Wood floor, wood cabinetry, and even wood furniture can do wonders to warm up your space.

**5.** Can't decide between brown tones and gray tones? Luckily, there are many materials available today that feature a pleasing mix of both. Laminate and vinyl planks, marble-look porcelain tiles and quartz countertops all offer selections that

light; 3500k and above provide cooler, whiter light, more like daylight. Color temperature can make a significant difference to your color scheme.

While you may see some transitioning from cool grays to warmer grays, I believe that all grays will continue to be popular for quite a while longer. So, if you love gray, don't be afraid to use it.



combine warm and cool browns, beiges, and grays. That's a great way to get the best of both worlds.

- **6.** Remember that stainless steel, polished chrome, pewter, and nickel finishes are also grays. That means your kitchen appliances, cabinet hardware, and plumbing fixtures will also contribute to your color scheme. These items coordinate well with both stained wood and painted cabinetry.
- 7. Pair gray tones with bright accent color. Many vibrant colors look beautiful with grays. Try yellow, teal, red, purple, or indigo. Soft colors such as pink and lavender can also be very lovely. Gray can also be used to soften a black and white color scheme.
- **8.** Pay attention to the lighting in your room. Light bulbs with warm color temperatures might make your cool grays look dingy; you might need to change your lightbulbs to a different temperature. For example, bulbs with a color temperature of 2700k give off warmer



Anna Jacoby is a local
Certified Interior Designer.
Contact her
at 510-378-6989 or
info@annajacobyinteriors.com
You could also
visit her website at
www.annajacobyinteriors.com



# THE ACWD CONNECTION



#### Your Drinking Water Is Safe, Reliable and Available During the COVID-19 Crisis

As water agencies responsible for the delivery of safe drinking water to more than 6.5 million people in the Bay Area, we want you to know that you can count on us. Our crews remain on-the-job to provide essential services for the delivery of tap water you can trust. We understand our communities are facing challenging times and we are in this together. To help our customers stay healthy and safe, we promise:

- Tap water is treated and tested to ensure it is safe and meets strict state and federal drinking water quality standards
- Tap water is safe to drink and bottled water is only necessary as an emergency supply
- Water agencies have suspended shutoffs due to late/non-payment

As a reminder, physical distancing helps keep everyone safe

Please maintain 6 feet distance if you see us out working to keep your water on

OUR AGENCIES AND COMMUNITIES ARE STRONGER TOGETHER



















Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



We speak the following languages:

English, Mandarin, Cantonese, Shanghainese, Spanish, Indonesian, Hindi, Telugu, and Romanian





Herbert C. K. Chiu, DDS Ratna N. Sie, DMD

# Decoto Family Dentistry (510) 471-3777

2701 Decoto Road, Suite 4, Union City, CA 94587

### Mission Palm Dental (510) 656-6868

43625 Mission Blvd., Suite 208, Fremont CA 9539

**Dedicated to** invisalign® **Excellence** Straight Teeth. No Braces

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Find Kid Scoop on Facebook I

© 2020 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 36, No. 21





Have you ever heard someone say, "I've been working like a dog"? People say this when they work really hard.

Some people say this phrase started because sheepdogs work guarding sheep from dawn until dusk and their only pay is food, a place to sleep and affection.





### Super Sniffers to the Rescue

Dogs have a better sense of smell than humans. They can detect one drop of blood in five quarts of water!

With their ultra-sensitive noses, dogs are masters at finding buried land mines. Mine-sniffing dogs have helped prevent thousands of injuries and deaths in war-torn countries

Trained sniffers also find people trapped in collapsed buildings and drugs hidden in suitcases. Some dogs have been trained to sniff out termites in buildings.





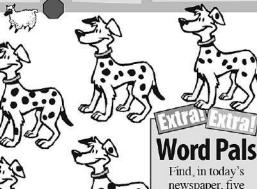






Companions

Dogs who help people



the two identical

# newspaper, five sentences

containing at least one adjective each. Underline the

adjective in red. Underline the **noun** it describes in blue. Use this list of adjectives and nouns to write five new sentences.

Standards Link: Vocabulary Development: Identify nouns and adjectives.

# **Fire Dogs**

Spotted Dalmation dogs are mascots for fire departments. Long ago, these dogs helped fire fighters get to fires quickly and safely.

to fires in horse-drawn carriages. Since Dalmations get along well with horses, they were trained to run in front of horses to help clear the path, chase away other dogs and to get to fires as quickly as possible.

# Before cars and trucks, fire fighters rushed

#### Double **Kid Scoop Puzzler**

#### It's a Number! It's a Word! It's Both!

A **numeronym** is a word that has a number in it. For example, K-9 is a numeronym. Say the letter and the number and you will hear that is sounds the same as the word canine.

Here are some more examples of numeronyms. Can you figure

out what word eac	III IS (
sk8r _	
3D _	
24/7	
Cre8	
4est	
2th	

# **COMPANIONS**

DALMATION **TERMITES** MASCOTS TRAINED **CANINE** DETECT HORSES **SNIFF** NOSES **TASKS** FIRE

DOGS

**CARS** 

RUN

Find the words in the puzzle. How many of them can you find on this page?

SNOITAMLAD KGSRACCAHT SNOINAPMOC ANNDSNFARE TIIENICSST OMSFRNNCEE POAEFEUOSD NDENIARTNI TERMITESON

Standards Link: Letter sequencing, Recongized identical words. Skim and scan reading. Recall spelling patterns.

# Kid Scoop Together:

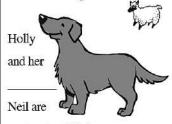
Can you figure out where each of these words go in the article below?

COLLAPSED COMPLAINT LOCATED OWNER **BRAVERY** SMELL STRIKES

A TRUE STORY!

### **Bravery Award** for Holly

Holly, a specially trained rescue dog received a award for saving victims of the Kashmir earthquake.



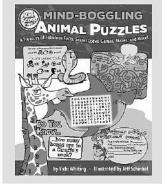
on standby 365 days a year so that they can fly anywhere in the world when disaster

In Kashmir, Holly's heightened sense of proved invaluable; she \_\_\_\_ \_\_\_\_ several people who were then hauled alive from buildings. Holly worked tirelessly without in extremely hot weather.

Standards Link: Reading Comprei Understand text from context clues

#### The Kid Scoop book for puzzle lovers!

A great gift idea! Order from your local bookstore, Target.com, BarnesandNoble.com or Amazon.com today!



This week's word: DETECT

The verb detect means to learn the existence or presence of something.

Dogs can **detect** land mines buried underground.

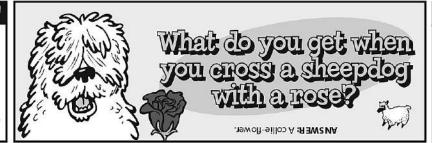
Try to use the word **detect** in a sentence today when talking with friends and family members.

# Lesson Library

#### **Dog Vacation Destination**

Look through the newspaper for ideal destinations a dog would love. Using words and pictures from the newspaper, create a poster or brochure describing this place and its daily activities. Use your imagination!

Standards Link: Reading Comprehension: Follow multiple-step written directions.



### Write On! **Puppy Tales**

Tell a tale about a puppy. Be sure to tell details like the puppy's name, where it lives, what it looks like and what it does. You can start you tale with "Once upon a time ...

# I'M HERE



Thank you to our essential employees who are serving our community throughout the Shelter in Place Order! While we encourage everyone to stay home, rest assured we continue to conduct critical tasks to keep you and your family safe and healthy.



CASTRO VALLEY   TOTAL SALES: 5	MILPITAS   TOTAL SALES: 1	
Highest \$: 1,275,000 Median \$: 980,000	Highest \$: 1,180,000 Median \$: 1,180,000	
Lowest \$: 750,000 Average \$: 1,011,000  ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	Lowest \$: 1,180,000 Average \$: 1,180,000 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
22158 Belle Street 94546 750000 4 1512 1948 2/11/20	1926 Momentum Drive 95035 1180000 3 1882 2016 3/17/20	
2543 Stanton Hill Road 94546 900000 3 1650 1969 2/11/20	1720 Wolfielledin Dive 73033 1100000 3 1002 2010 3/17/20	
4262 Heyer Avenue 94546 980000 4 1968 1947 2/14/20	NEWARK   TOTAL SALES: 3	
5299 Fairweather Court 94552 1150000 4 2092 1998 2/13/20	Highest \$: 830,000 Median \$: 770,000	
4675 Hillside Drive 94546 1275000 3 2934 1956 2/14/20	Lowest \$: 330,000 Average \$: 643,333	_
FREMONT   TOTAL SALES: 13	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
Highest \$: 1,760,000 Median \$: 1,150,000	6263 Joaquin Murieta Ave #E 94560 330000 0 1394 1981 2/13/20	
Lowest \$: 425,000 Average \$: 1,037,346	6453 Lotus Court 94560 770000 3 1025 1963 2/14/20	
ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	36865 Munyan Street 94560 830000 4 1064 1956 2/11/20	
37167 Mission Blvd 94536 425000 2 1662 1928 2/11/20	SAN LEANDRO   TOTAL SALES: 10	(D
4939 Grange Terrace 94555 480000 1 716 1987 2/14/20	Highest \$: 955,000 Median \$: 675,500	
38862 Cherry Glen 94536 680000 2 1168 1987 2/10/20	Lowest \$: 500,000 Average \$: 690,900	
Comm #135	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
36045 Vallee Terrace 94536 731000 2 1213 1983 2/11/20	14002 Outrigger Dr #4 94577 500000 2 1219 1983 2/13/20	0 /
39317 Del Oro Terraza 94538 743000 2 1120 2001 2/10/20	2217 Buena Vista Ave 94577 569000 4 1738 1941 2/10/20	01
39329 Marbella Terraza #Q 94538 800000 2 1578 1991 2/14/20	539 Cascade Road 94577 590000 3 1044 1948 2/11/20	7
41531 Erma Avenue 94539 1150000 3 1148 1955 2/13/20	15353 Mendocino St 94579 595000 3 1419 1960 2/11/20	
6106 Sienna Terr #51 94555 1225000 2 1783 1992 2/10/20	277 West Broadmoor Blvd 94577 659000 2 1092 1924 2/10/20	
356 Sandstone Drive 94536 1236500 4 1789 1989 2/14/20	3846 Anza Way 94578 692000 3 1096 1954 2/11/20	
4432 Cordova Place 94536 1325000 4 2160 1965 2/13/20	891 Linwood Way 94577 699000 3 1434 1948 2/14/20	( )
35022 Cabrillo Court 94536 1350000 4 2176 1965 2/11/20	675 Crocus Drive 94578 750000 0 2477 1978 2/10/20	
295 Concho Drive 94539 1580000 4 2140 1978 2/10/20	255 Leo Avenue 94577 900000 3 2190 1940 2/14/20	
1720 Ponca Court 94539 1760000 4 2781 1978 2/14/20	1682 Vida Court 94579 955000 3 2084 1965 2/14/20	
HAYWARD   TOTAL SALES: 11	SAN LORENZO   TOTAL SALES: 3	
Highest \$: 790,000 Median \$: 645,000	Highest \$: 715,000 Median \$: 690,000	70
Lowest \$: 565,000 Average \$: 659,000	Lowest \$: 670,000 Average \$: 691,667	
ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
1424 Linfield Lane 94545 565000 3 1268 1956 2/11/20	718 Paseo Grande 94580 670000 3 1000 1944 2/11/20	(D
24697 Diamond Ridge Dr 94544 565000 3 1475 1991 2/14/20	1610 Via Tovita 94580 690000 3 1577 1951 2/14/20	
2156 East Avenue 94541 590000 2 896 1967 2/13/20	411 Hacienda Avenue 94580 715000 3 1384 1944 2/14/20	
31030 Oakhill Way 94544 599000 3 1161 1955 2/11/20		
22877 Arnold Court 94541 615000 3 1023 1949 2/13/20	UNION CITY   TOTAL SALES: 3	
24781 Joyce Street 94544 645000 3 1455 1950 2/13/20	Highest \$: 950,000 Median \$: 690,000	
24928 Campus Drive 94542 690000 2 2293 1922 2/13/20	Lowest \$: 569,000 Average \$: 736,333 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
25926 Hickory Avenue 94544 690000 5 1491 1952 2/14/20	2928 Flint Street #102 94587 569000 2 943 1986 2/14/20	7
223 Rousseau Street 94544 720000 3 1170 1955 2/13/20	528 Jonathan Way 94587 690000 3 1376 1956 2/13/20	<b>—</b>
1515 Southgate Street 94545 780000 3 1301 1956 2/13/20	33038 Marsh Hawk Ct 94587 950000 4 1544 1976 2/11/20	1 1
808 Alonda Court 94541 790000 3 1556 1950 2/14/20	33030 IVIAISII MAWK CL 3430/ 330000 4 1344 1970 2/11/20	

# Real Estate Notebook

By David Stark PUBLIC AFFAIRS DIRECTOR, BAY EAST ASSOCIATION OF REALTORS®

Real estate activity took an immediate dramatic hit after the shelter-in-place order was declared in mid-March. Comparing the first half of March with the second half, the number of homes temporarily withdrawn from the Multiple Listing Service throughout the East Bay increased from 46 to 275, while cancelled listings rose from 63 to 153.

Sellers pulling their homes from the market in response to the COVID-19 crisis compounded the trend of fewer homes for sale that started in January and continued through February. The restricted supply influenced both sales prices and sales activity.

Sales prices for March increased in many East Bay communities. This trend showed that home ownership was still desirable, and buyers were competing for fewer units – all before the mid-March

shelter-in-place order, which quickly limited real estate activities.

Home sales throughout the region during April, possibly beyond, will be limited as the number of home sales that were pending in March plummeted. Along the 880-corridor, pending sales dropped 45 percent compared with March 2019. In West Contra Costa County, pending sales were down 43 percent, Lamorinda: 45 percent, Central Contra Costa: 31 percent, Tri-Valley: 47 percent; and down 33 percent in the Delta.

The drop in pending sales during March along with anticipated challenges buyers will experience securing purchase financing indicates far fewer homes will sell during April. Residential real estate in the Tri-Cities and 880-Corridor communities certainly felt, and will continue to feel, the effects of the

Real Estate Notebook is a monthly column focusing on home buying, selling and owning experience.

# Choices, prices, and sales touched by COVID-19

COVID-19 crisis.

The number of homes listed for sale dropped in both areas with the largest percentage losses in Hayward, Newark, and Union City. Fremont only trailed Oakland in terms of the total loss of homes for sale.

During March 2019,150 homes were for sale in Fremont while only 80 were for sale in March 2020 - showing a 70-home difference and a drop of 47 percent. Oakland lost 109 units - a 41 percent drop from last year.

Homes for sale in Newark dropped from 51 in March 2019 to 21 during March 2020: a 59 percent loss. In Union City, 30 homes were for sale in March 2019 and only 12 in March 2020: a 60 percent loss.

Buyers were eager to purchase homes during most of March and with fewer

homes on the market they were also willing to pay higher prices. In Fremont, the median sales price for a single-family detached home rose 6 percent compared with last March and topped \$1.2 million. Prices were up 10 percent in Newark at more than \$1 million and up 8 percent to \$941,000 in Union City.

A dwindling supply of homes for sale that started well in advance of the COVID-19 crisis resulted in a significant and corresponding drop in sales activity during March. In Fremont, sales were down 11 percent compared with last March with 83 homes sold. Sales dropped more than 30 percent in Union City with just 22 homes sold. Newark was an exception gaining a single unit compared with last March with 26 homes sold.

# **New Haven Schools Foundation awards** scholarships to graduating seniors

#### SUBMITTED BY HELEN KENNEDY

The New Haven Schools Foundation (NHSF) announced that it will award \$175,175 in scholarships to graduating seniors from the New Haven Unified School District (NHUSD). The awards will be presented on Thursday, May 21 to students from James Logan High School, Conley Caraballo High School, and the Decoto Independent Studies program.

A scholarship is an important distinction for a graduate looking forward to achieving a higher education. For some students, receiving financial support to offset the costs makes the dream of attending college a reality. In addition, knowing that their scholarship sponsor sees something special in them provides students an added boost.

The awards are usually distributed at the annual "Pathways to Success" luncheon, however, this year the event will take place virtually using video conferencing. Scholarship sponsors, award recipients, educators and

others will come together for a first-of-its-kind online

ceremony. Details will be provided soon. 197 scholarships will be presented to 131 students,

making this the largest number of awards ever presented by this community-based program. Since the Foundation became a nonprofit in 2007, it has awarded a total of \$1,193,224 in scholarships. A list of scholarship recipients is available on our website at nhsfoundation.org.

Connie Wun, Ph.D., who graduated from James Logan High School in 1995, will deliver the keynote presentation. Dr. Wun is Co-Founder and Executive Director of AAPI Women Lead and Founder of Transformative Research. She received her Doctorate in Education from U.C. Berkeley where she has also taught. Dr. Wun is a renowned speaker and educator whose work focuses on race, gender, equity, and power.

The Art and Cheryl Kuhlmann Award, given annually to an exemplary scholarship sponsor, will be presented to the Tom Kitayama Family. The Kitayamas have sponsored scholarships since the Foundation began in 1981; Tom Kitayama was Mayor of Union City. All four of the Kitayama children attended school in the NHUSD, and as successful adults, they continue to provide scholarships for graduates of their alma mater, James Logan High School.

Scholarships are funded by individuals, businesses, and organizations. Associations sponsoring scholarships include the Pilipino-American Society for Education, the District African American Advisory, the Lions Club of

Union City, the Migrant Parents Advisory Committee, Friends of Sister Cities, and the Union City Police Officers Association, among others. Companies providing scholarships include Fremont Bank, Washington Hospital Healthcare Services, Masonic Homes of California, Republic Services, and others.

New scholarships for 2020 include James Logan High School alumni from the Classes of 1979 and 1983, the Justin and Pat Barrera Family, and the Remigio Biancflor Bobadilla Memorial.

"We do this for the students," said John Shockley, President of the New Haven Schools Foundation. "I am so proud that our community comes together every year to recognize so many of our top students and to provide them scholarships that help make their college dreams come true."

NHSF uses the AwardSpring scholarship management system to streamline the application process for students. The cost of the system was offset by generous donations from sponsors Emerald Packaging, Integral Communities, Masonic Homes of California, and Republic Services.

> **New Haven Schools Foundation** P.O. Box 1574 Union City, CA 94587 (510) 909-9263 Email: info@nhsfoundation.org Web: www.NHSFoundation.org

# League of Volunteers summer camp update

#### SUBMITTED BY SHIRLEY SISK

complete 40 years. However, at this time we have put the camp on hold pending developments in school schedules and other state COVID-19 orders. For the latest updates, call (510) 793-5683 or email lov@lov.org.

Hayward Animal Shelter will still be providing services essential to public safety and the safety of animals in the community during the county wide shelter-in-place.

With the reduction in non-essential services, we are looking for adopters and temporary foster homes for our adoptable pets. If you have been thinking about adopting a pet, now is the perfect time. Can't adopt, how about taking home one of our available shelter pets for a mini-vacation.

Adoption and foster applications are available online at www.haywardanimals.org.

Please submit your application to animal.services@hayward-ca.gov. All applications will be reviewed and initial conversations conducted by phone. Appointments to meet with your new permanent or temporary family member will be made at that time.

PLEASE DO NOT VISIT THE SHELTER WITHOUT AN APPOINTMENT.

# I need a Forever Home

Wolfgang is a 2 year old white husky mix with beautiful hazel eyes. While a bit shy, he loves to explore. He also likes being



with people and can be quite the couch potato! He needs a patient family to give him some TLC to help him blossom. OK with teens. If interested in adopting Wolfgang, call the Hayward Animal Shelter, 510-293-7200.

Vader is a 1 year old black and tan husky mix. He's very playful and loves to go out with you to explore the great outdoors. Sometimes he gets very excited and forgets his manners. He's a young, fun dog who would do best in a home with teens and adults. If interested in adopting Vader, call the Hayward Animal Shelter. 510-293-7200.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!

## **Hayward Animal Shelter**

www.facebook.com/haywardanimalshelter 510-293-7200 16 Barnes Court (Near Soto & Jackson)

**Hayward** Tuesday - Saturday1pm - 5pm

#### There's no place like home ADOPT A SHELTER PET

"Flash" that smile. This handsome boy isn't even a year old, a purebred German Shepherd, he will need a family committed to his training and energy.





Jules, about 3 months old, a beautiful kitten longing for a forever home.

TRI-CITY ANIMAL SHELTER

#### TricityAnimalShelter.org

1950 Stevenson Blvd• Fremont CA • 94538 Tuesday - Friday 12-5pm • Saturday 11am - 4pm 510-790-6630 Connect @TriCityAnimals











# Support your local **Businesses**

**Tri-City Voice is providing** this listing as a service to the communities we serve. Businesses who would like to be included, should email tricityvoice@aol.com.

> There is no fee for this service

#### Haller's Pharmacies

37323 Fremont Blvd, Fremont (510) 797-2772 Free Delivery

#### Janet Laney **Chiropractic Health Care**

6170 Thornton Avenue Suite H Newark, CA 94560 (510)792-9000

#### **HERS Breast Cancer Foundation**

2500 Mowry Avenue, Suite 130 Fremont CA 94538 (510) 790-1911 www.hersbreastcancerfoundation.org Business Hours: Monday through Friday, 10 am to 2 pm

#### **Fremont Botanicals**

37317 Fremont Blvd, Fremont (510) 797-2774

Fremont Botanicals is built around helping our clients with Pain, Sleep and Anxiety issues. CBD is known to help each one of the ailments. www.fremontbotanicals.com Free Delivery - Free shipping

#### **Fremont Flowers & Gifts**

phone orders and website orders. Pickups are accommodated. We are delivering and leaving items on the porch with sanitary wipes included to wipe down the containers. 4050 Alder Ave., Fremont (510) 797-1136 www.fremontflowers.com

#### DeSousa financial

39159 Paseo Padre Parkway Suite 309 Fremont ca 94538 Open 8am-4:30pm 510-797-4211

#### Bernard, Balgley & Bonaccorsi, LLP

We are available for phone and email legal consultations at this time. Monday through Friday 9:00 a.m. to 5:00 p.m. (510) 791-1888 3900 NewPark Mall Road, Third Floor; Newark, CA 94560 www.3blawfirm.com

#### Jemby electric

We are responding to service calls from essential businesses 24/7 during the shelter in place. (510) 900-9505 or email service@jemby.com for service

#### Maaco Collision Repair and **Auto Painting**

Monday thru Friday: 8am-4pm; 44201 South Grimmer Blvd. Fremont, CA 94538 office: 510 656 8600 Cell: (510) 316-6194

#### **RESTAURANTS**

(Most restaurants deliver via: Uber Eats, Grubhub, Postmates, or DoorDash)

#### Dino's Grill

5855-A Jarvis Ave., Newark (510) 494-1203 https://fb.me/dinosgrillnewark Hours: M - F 11 a.m. - 8 p.m. Orders: Online and by phone Delivery: Home delivery (Newark), takeout





#### Voted Best BBQ

### LIVE MUSIC/Dancing

Friday & Saturday 9pm - Midnight

Try Juicy Ribs that Fall off the Bone, Paul's 7 Month Brisket, and Homemade Cornbread, Sauces and Pies!

### SUNDAY

Football Brunch \$1 Mimosas, New breakfast skillet, and breakfast burrito!

Happy Hour

Mon.-Fri 2pm-6pm **Great Prices Appetizers** and Drinks

#### **WEEKDAY LUNCH SPECIALS**

Mon - Fri 1 lam - 2pm \$13.99 each

Rib & Chicken Combo Hot Link & Chicken Combo Pulled Pork & Brisket Combo Chicken and Bratwurst Combo Chicken and Pulled Pork Combo Delivery/Pick-up Pulled Pork & Hot link Combo **Pulled Pork & Bratwurst Combo** 

CATERING **Available** 

510-713-1854

www.smokingpigbbq.net 3340 Mowry Ave., Fremont



(510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



# Farmers' Markets

#### **CASTRO VALLEY:**

#### **Castro Valley Farmers'** Market

#### Saturdays 10 a.m. - 2 p.m.

Year-round Castro Valley Bart station lot off of Redwood Road

equipped to accept EBT and Market Match funds to CalFresh customers. uvfm.org

#### FREMONT:

#### **Kaiser Permanente Fremont** Farmers' Market

#### **Thursdays** 10 a.m. – 2 p.m.

Year-round 39400 Paseo Padre Pkwy.,

Fremont 800-949-FARM www.pcfma.org

#### **Irvington Farmers' Market** Sundays

9 a.m. - 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.org

#### Niles Farmer's Market

#### Saturdays 10 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont bestfarmersmarkets.org

#### **HAYWARD:**

#### **Hayward Farmers' Market**

#### **Saturdays**

9 a.m. - 1 p.m. Year-round Hayward City Plaza

777 B. St., Hayward 415-472-6100 www.agriculturalinstitute.org

#### **SAN LEANDRO:**

#### **Bayfair Center**

#### **Saturdays** 9 a.m. - 1 p.m.

Year-round 15555 East 14th Street San Leandro (925) 465-4690 www.cafarmersmkts.com

#### **Kaiser Permanente** San Leandro

#### Wednesday

10 a.m. - 2 p.m.

Year-round Merced St and Fairway Drive www.pcfma.org

#### **Downtown San Leandro**

#### Wednesdays 4 - 8 p.m.

March 27 - October 9 Parrott Street and East 14th Street San Leandro www.pcfma.org

#### **MILPITAS:**

#### Milpitas Farmers' Market at Great Mall Parking Lot Sundays

#### 8 a.m. – 1 p.m.

Year-round GREAT MALL 882 Great Mall Drive., Milpitas 800-949-FARM www.pcfma.org

#### **NEWARK:**

### **Newark Farmers' Market**

#### Sundays 9 a.m. - 1 p.m.

Year-round

NewPark Mall 2086 NewPark Mall, Newark 415-472-6100 www.agriculturalinstitute.org

#### **UNION CITY:**

#### **Kaiser Permanente Union** City Farmers' Market **Tuesdays**

#### 10 a.m. - 2 p.m.

April 9 - November 12 Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.org

#### **Union City Farmers' Market** Saturdays

#### 9 a.m. - 1 p.m.

www.pcfma.org

Year-round Old Alvarado Park Smith and Watkins Streets, Union 800-949-FARM

#### **BOOKMOBILE SCHEDULE**

#### **Alameda County** Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/bookmobile

#### Times & Stops subject to change

#### Tuesday

4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., **FREMONT** 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., **FREMONT** 

#### Wednesday

12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT 6:00 - 6:30Camellia Dr. & Camellia Ct., **FREMONT** 

#### **Thursday**

11:30 - 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

#### **Monday**

1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

### **Tuesday**

4:45 - 5:30 Baywood Apartments, 4275 Bay St., **FREMONT** 5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

#### Wednesday

1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO 2:30 - 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Court, 21966 Dolores St., **CASTRO VALLEY** 6:00 - 6:30Camellia Dr. & Camellia Ct., **FREMONT** 

#### **Milpitas Bookmobile stops** Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday

1:50 - 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., **MILPITAS** 

#### **Eastern Winds**

0723 Grimmer Blvd, Fremont (510) 505-9200 www.easternwindschinese.com Hours: W-M 11 a.m. - 9 p.m., Su 12 noon – 9 p.m. Orders: Online and by phone, Beyond Menu app Delivery: takeout Joe's Corner

37713 Niles Blvd, Fremont (510) 896-8025 www.joescornerniles.com Hours: T - Su 11 a.m. - 6 p.m. Orders: Online and by phone Delivery: Curbside to-go, takeout

#### My Cafe

5475 Thornton Ave, Newark (510) 214-3444 www.mycafego.com Hours: Su 7:00 a.m.-2:30pm, M 7 a.m.-2 p.m., T-Sa 7 a.m. – 8 p.m. Orders: Online and by phone Delivery: Home delivery, takeout

#### Pieology

39338 Paseo Padre Parkway, Fremont (510) 797-1136 www.pieology.com Hours: Su-Th 11 a.m. - 10 p.m., F-Sa 11 a.m. – 11 p.m. Orders: Online and by phone Delivery: Home delivery, takeout

#### Pizza Italia

34765 Ardenwood Blvd #3654, Fremont (510) 739-6430 www.pizzaitaliamenu.com Hours: T-Su 11 a.m.-10 p.m. Orders: Online and by phone Delivery: Takeout

#### Shaker's Pizza

4075 Thornton Ave, Fremont (510) 790-7600 www.shakerspizza.com Hours: T-Su 11 a.m.-10 p.m. Orders: Online and by phone Delivery: Takeout

#### **Taqueria Limon**

39494 Fremont Blvd, Fremont (510) 505-9200 www.taquerialimon1.com/ Hours: Sa-W 10 a.m. - 10 p.m., Th-F 10 a.m. - 11 p.m. Orders: Online and by phone, Yelp! Delivery: takeout

#### **Texas Roadhouse**

32115 Union Landing Blvd, Union City (510) 324-7623 www.texasroadhouse.com Hours: every day 11 a.m. – 8 p.m. Orders: Online and by phone Delivery: Curbside to-go

#### The Mexican

510-581-8612

(510) 785-8200 19950 Hesperian Blvd., Hayward Open for takeout and Door Dash delivery

**El Dorado Restaurant** 386 Winton Ave., Hayward

### **Dina's Family Restaurant**

40800 Fremont Blvd., Fremont (510) 770-1930 Open for to go orders from 8:00 a.m. to 8:00 p.m. daily Free delivery to Fremont and Newark; \$30 minimum

#### **Country way**

5325 Mowry Ave, Fremont Open for take out 7am-9pm, delivery 8am-3pm 510-797-3188

#### **Papillon**

510-793-6331 4-8 p.m. Tue - Sat Niles

#### El Patio

(510) 796-1733 Centerville

#### **Chamber Champions** of Take-Out! **Submitted by Hayward Chamber of Commerce**

#### **Buon Appetito**

(510) 247-0120 917 A St. Hayward Offers take-out orders www.buonappetitorestaurant.net

#### **El Taquito Dos**

(510) 397-2505 215 West Winton Ave., Hayward Offers take-out orders and delivery through Door Dash https://www.eltaquitorestaurant.com

### FREE VIRTUAL CLASSES

#### **Thursdays**

6:30 p.m. Virtual meetings:

### Youth and young adults, students welcome

Contact: brian@newarkpress.org for Zoom Meeting ID# First Presbyterian Church of Newark www.newarkpres.org

#### Fridays, May 15 - May 29

#### **Entrepreneurial Business Basics**

9 a.m. – 12 noon Legal aspects of small business Ohlone College www.ohlone.edu/noncredit/getting-started www.ohlone.edu/freeclasses

#### Sundays

11:00 a.m.

#### Sunday School, Ages K – 6th grade

Contact: office@newarkpres.org for Zoom Meeting ID# First Presbyterian Church of Newark www.newarkpres.org

# **Community** input sought on San Lorenzo **Creekway**

SUBMITTED BY JACQUI DIAZ

Hayward Area Recreation and Park District (H.A.R.D.) and Alameda County Flood Control & Water Conservation District (A.C.F.C.D.) invite the community to share their ideas on the San Lorenzo Creekway. The online survey will be open until Friday, May 15.

The San Lorenzo Creekway will be a multi-use path for walking and biking, connecting communities in San Leandro, San Lorenzo, Ashland, Cherryland, Hayward, and Castro Valley. The project is part of a statewide Caltrans Active Transportation Program (ATP) grant application process that is due Monday, June 15.

The goal is to obtain as much feedback from the community as possible to apply for the grant. For more information about the project, email project manager Michael Williams at wmsm@HaywardRec.org or visit www.HaywardRec.org. To access online survey, visit https://www.surveymonkey.com/r/P3M9VJQ

> **Virtual Community Workshop** Wednesday, May 6 7 p.m. RSVP necessary: https://bit.ly/2wXsg0R

> Virtual Coffee Chat Saturday, May 9 10 a.m. RSVP necessary: https://bit.ly/2KqnonT

**Community Online Survey** Deadline: Friday, May 15 https://www.surveymonkey.com/r/P3M9VJQ

# Tri-City Health Center: Here for You

SUBMITTED BY DESRIE CAMPBELL

Tri-City Health Center (TCHC) has kept its doors open and continues to serve everyone who needs care during the current pandemic. This August, TCHC will celebrate its 50th anniversary of offering comprehensive health services in southern Alameda County. The gala will take place on August 15, but TCHC is prepared to modify the event based on prevailing public health guidance. To become a sponsor for the gala or to buy tickets, contact Desrie Campbell at dcampbell@tri-cityhealth.org.

COVID-19 has brought many challenges to the Bay Area, but TCHC remains a resilient and vital organization. Community support allows TCHC to thrive during difficult times. To support TCHC, visit https://tri-cityhealth.org/tchc-needs-your-support/. TCHC now offers free walk-up and drive-thru testing outside its Liberty Clinic, 39500 Liberty Street, Fremont. To schedule a COVID-19 test, call (510) 252-6808.

> **Tri-City Health Centers** www.tri-cityhealth.org (510) 770-8040

COVID-19 appointment: (510) 252-5808

# Thank You Elks

SUBMITTED BY FREMONT HUMAN SERVICES

Members of Fremont Elks #2121, Steve Kay, Public Relations Chairman and Diane Shaw, Community Activities Chairman, present Laurie Flores, Management Analyst for the Human Services Department, with a check for \$2,000 in support of meals for our meal distribution program.



DRIVERS FOR SURVIVORS, INC.

**Helping Cancer Patients** 

**Delivering Compassion!** 

Making a difference, one survivor at a time.

#### FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments

**Drivers For Survivors provides this for** ambulatory cancer patients living in the following designated areas of South, Central, and East Alameda: Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Ashland, Cherryland, Castro Valley, Dublin, Livermore and Pleasanton going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment We can drive you for FREE!

Do you have occasional extra hours? We always need more volunteercompanion drivers...let's talk!

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call (510) 462-1100

or email Outreach@driversforsurvivors.org www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

#### Erik's Deli Cafe

(510) 876-5555 871 B St. - Hayward Offers online ordering for take-out and delivery through Door Dash https://eriksdelicafe.com

Fast Pizza John 7

(510) 269-3010 16392 East 14th St., San Leandro, Order on Grubhub or through fastpizzajohn7.com

#### Metro Taquero

B St., Hayward (510) 537-5000 1063 B St. Offers take-out orders, delivery through Door Dash https://www.metrotaquero.com

#### **PLaYT Restaurant**

(510) 888-1092 1036 B St., Hayward Offering a special menu for take-out via Door Dash. www.playtonb.com

#### Rigatoni's

(510) 785-9300 20501 Hesperian Blvd., Hayward

Open from noon-8 p.m. for takeout, delivery offered through Door Dash, UberEats, and Grub Hub

#### http://www.rigatonis.com **Star Catering and Cafe**

(510) 887-2296 1202 West Winton Ave., Hayward Open for take-out during normal business hours. https://starcaters.com

#### Straw Hat Pizza

(510) 265-0111

1653 Industrial Blvd., Hayward Offers take-out and delivery only. https://www.strawhatofhayward.com

#### **Tacos Uruapan**

(510) 826-0111

29950 Huntwood Ave., Hayward Offers take-out with delivery through Door Dash and UberEats https://tacosuruapan.net

#### **FOOD PREP/ MEAL DELIVERY/HAYWARD BUSINESESS**

#### LoCal Foodz

Offers 15% off through end of Made to order fresh and healthy

meals. https://localfoodz.co

#### MassMeals

Offering healthy, locally grown, heat-at-home meals for delivery. www.massmeals.co

#### Open for take out Warm **Springs Fremont**

#### **Taqueria Las Vegas & Bar**

510.668.0242 Close 11 p.m. Warm Springs

#### **Burgerim Gourmet Burgers**

510.556.2556 Close 6 p.m. Warm Springs

Spin A Yard Steakhouse

## 11 a.m. - 8 p.m. Warm Springs

**Little by Little** 510.897.6678 Close 7:30 p.m. Warm Springs

### Little Dipper Shabu Shabu

510.651.8989 Close 8 p.m. Warm Springs

#### **Spoon Korean Bistro**

510.445.0500 Close 8:30 p.m. Warm Springs

#### **Ho Chow Restaurant**

510.657.0683 Close 9 p.m. Warm Springs

#### **Los Dos Gallos**

510.440.8512 Close 7:30 p.m. Warm Springs

### Sala Thai Restaurant

510-792-0770

Warm Springs Milpitas restaurants to support during this COVID-19 crisis

#### **Biryaniz Milpitas**

18 S. Abbott Blvd., Milpitas; 408-945-5700

#### **Burrito Express**

275 Jacklin Rd, Milpitas; 408-263-7204

### Giorgio's Italian Food &

### **Pizzeria**

643 E Calaveras Blvd, Milpitas; 408-942-1292

#### Jang Su Jang

269 W. Calaveras Blvd., 408-262-3434

#### Mikonos Grill

756 E. Calaveras Blvd., Milpitas; 408-942-6972

#### **Omega Restaurant**

90 S. Park Victoria Dr., Milpitas;

#### 408-946-8748

Pizza Box

1253 Jacklin Rd, Milpitas; 408-946-6521

#### **RawASF**

102 Dixon Rd., Milpitas; 408-770-9389

#### Sea Link Cafe

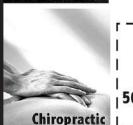
187 S. Main St., Milpitas; 408-493-6383



# Professional/Affordable Quality Chiropractic Care

- Soft tissue release therapy
- Children & adults
- Auto, work and sport injuries
- · Neck, back and extremity pain
- Headaches

Most insurances accepted



Come and enjoy a truly unique healing experience **New Patient Special** 50% off Initial Visit With This Ad | Exp. 5/30/20

Janet L. Laney, D.C. 510-792-9000 6170 Thornton Ave., Suite H Newark (near Haller's Pharmacy)

# Senior Helpline (510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



# Vzanadan

One of the pillars of human strength, comfort and compassion is faith in a higher power that protects and brings order to our lives. Each faith ascribes rituals and procedures to acknowledge universal truths and values. Prophets and learned scholars help lead the way toward a limited understanding of an

infinite and omniscient presence. This year, the Islamic faith entered the month of Ramadan – beginning in the ninth month of an ancient Arabic lunar calendar – at sunset on April 23rd. A period of introspection, prayer and fasting, Ramadan is a remembrance of when an honorable man, Muhammad, received revelations and sacred scripture of Allah through archangel Gabriel around 610 A.D. These words are collected into a holy book called the Quran.

During Ramadan, observing Muslims do not eat or drink from sunrise to sunset. In addition to fasting, adherents of the faith use this time for self-reflection, restraint, charity and spiritual growth through concentration on words of the Quran.

Greetings during Ramadan with Muslim neighbors and

friends can include the phrase "Ramadan Mubarak" (Happy or Blessed Ramadan).

At the end of Ramadan, this year on Tuesday, May 11th, the 3-day major celebration of Eid al-Fitr begins with special prayers, meals with friends and relatives and gifts.

Due to restrictions of COVID-19, traditional large gatherings for prayer and communal meals are prohibited in many locations so some mosques and families have adapted with virtual services and communications.

# California governor sticking with mid-May as COVID-19 peak

By Adam Beam Associated Press

Gov. Gavin Newsom is sticking with a mid-May projection for when the COVID-19 outbreak will reach its peak in California, continuing efforts to stockpile hospital beds and protective gear for health care workers even as a new analysis suggests the virus' spread could be slowing sooner.

While confirmed cases and deaths continue rising in California, the rate of hospitalizations and intensive-care placements - a key indicator of resources the state needs - have been increasing more slowly. Both rose less than 5% over the weekend. It was enough that Newsom felt comfortable loaning 500 ventilators to other states.

Newsom on Monday gave his update on the virus efforts at the Sleep Train Arena in Sacramento as workers prepared 400 hospital beds. It's part of a plan to add an extra 66,000 hospital beds and 10,000 ventilators.

A new analysis from the University of Washington - which state officials are using to inform their work - projects California will see an earlier and lower peak for deaths and needed hospital resources. The statistical model that is updated daily for all 50 states was developed to help hospitals and health systems prepare for the surge and is a tool for many government officials.

Researchers at the school say California will have an excess of hospital beds, intensive care space and ventilators when need for those resources peak on April 14. The university forecasts the highest daily total of deaths on April 17 and 1,783 overall, down from more than 5,000 last week.

Newsom's said the state's forecast shows the "stay-at-home" restrictions are proving to be

"This allows us to do the kinds of things that frankly some other parts of this country weren't able to do because they were overwhelmed," he said. "Just in ICU and hospitalizations, two most critical numbers from our perspective, that growth has been steady. And if you extend that out, we are looking at a path into May before we peak."

The University of Washington says the more optimistic picture for California and the country is because of the steps taken to keep people from spreading the disease.

"The trajectory of the pandemic will change - and dramatically for the worse - if people ease up on social distancing or relax with other precautions," said Dr. Christopher Murray, the director of the Institute for Health Metrics and Evaluation at the University of Washington's School of Medicine.

"The experts and their opinions will make the determination about schools, make the determination about when people will go back to work, and sporting events like basketball and football season and the like," Newsom said. "But again, it's too early to speculate on any of that until data starts to bear the kind of clarity that is needed to make those determinations."

Associated Press reporter Michael R. Blood contributed reporting from Los Angeles.

**Classifieds Deadline: Noon Thursday** (510) 494-1999 | tricityvoice@aol.com

# **CLASSIFIEDS**

#### **H&H Appraisal** Consulting Services

Antiques, Jewelry, Fine Art Estate Management

Now buying California Coastal & **Early California** paintings and sculptures

#### **Estates Purchased** Call us for an evaluation

**Certified Museum Specialist GIA Accredited Auction House Liaison** 

510-582-5954 norm2@earthlink.net **Delta Electronics** Americas Ltd., in Fremont, CA looks for

Thermal Application Engineer to support thermal management products' development. Visit partner.delta-corp.com/Careers for details. Reply: HR, 46101 Fremont Blvd., Fremont, CA 94538

### Advertise in **Tri-City Voice**

Great Rates! Great Results Call Today!

510-494-1999 tricityvoice@aol.com

Software Engineers (multiple openings) sought by **PONY.AI, INC. in Fremont, CA** to build data platform. Reqmts: Master's Deg. (or foreign equiv) in Comp. Sci, Security Informatics, Comp. Graphics, Electrical Engg, or rltd field, & 17 mths exp in job offrd. Regs education or exp w/: 1. Java, Python, or C++; 2. SQL; 3. Bldg highly-scalable performant solutions; 4. Distributed systems; 5. Applying algorithms & core comp. sci concepts to real world systems; 6. S/ware dvlpmt tool: revision control systems (GIT); 7. Linux. Mail resume to PONY.AI, INC., Attn: HR Job #SE11, 3501 Gateway Blvd, Fremont, CA 94538.

#### Software Engineer sought by Cafari Inc. in Fremont,

**CA:** Pticpt in desq & dvlp of prdct feats. Prod code sprtd by unit test. Devp & maintn tech doc rel to proj. Manage sfwr dvlp life cy. Test new sftwr & fix bugs. Intf w/ tmates to incorp ideas & feats. Cndct desg & code revw. Analyze & imprv eff, scal, & stab of prod & sys. Collab w/ Al engs to cnvrt Python based algo/lib into Java & m/c Irn modl into APIs, & integr Al modl & algo into apps. Rgmts: Master's in C.S. or rel; Proficiency in C/C++, Java, Python, CDUA, & Database Mgmt. Mail CV to Paul Chen, 47102 Mission Falls Ct., Ste 210, Fremont, CA 94539.

Atieva USA, Inc. (dba Lucid Motors USA, Inc.) seeks multiple positions in Newark, CA: Mechanical Engineer, Chassis (Job ID: LM1) Dev & deliv front &/or rear suspension architect thru to prod. Req: BS or foreign equiv in Eng, Mech Eng or rel fld & 6 mos chassis eng. -UX Designer (Job ID: LM2) Help def UX/interaction model for vehicle infotainment sys & mobile app. Reg: MS in Entertainment Tech, Des or rel fld & 1 yr as UX Des. -Eng, Body Struct (Job Code: LM3) Des & dev body in white structural des for next generation electric vehicles. Req: MS in Comp Des & Manufact, Mech Eng or rel fld & 6 mos as an Eng, Bdy Struct or Stress Eng. -Sr. Digital Modeler (Job Code: LM4) Des & dev digital int/ext vehicle models. Req: MS or foreign equiv in Ind Des or rel fld & 5yrs as digital modeler. -Design Eng, Exterior Sys (Job Code: LM5) Dev eng des, release & launch of ext sys of EV. Req: MS or foreign equiv in Mech Eng or rel fld & 1 yr in vehicular struct des & validating des. –Sr. Opt Des & Sim Eng (Job Code: LM6) Des & dev lighting comp for elect vehicles. Req: MS or foreign equiv in Opt Eng, Physic or rel fld & 4 yrs in job offered or in any opti des eng rel occp. To apply: submit your resume to: Jobs1@lucidmotors.com. Please reference Job Code for consideration. EOE.

#### LANDSCAPING SERVICE

Trees - Trimming - Pruning New Lawn - Yard & Hillside Clean Up Sod Topping - Sprinkler System Driveway - Paver stone - Fence Retaining Wall - Overhang - Decking Patio - Mowstrip - Flagstone Aggregate Exposed - Walkway - Brick **Block - Concrete - Artificial Grass** 

**HANDYMAN** 

Craftsman Quality

30 Years Experience

I Guarantee My Work

Check my References!

**FREE Estimates** 

510-673-1766

**Senior Discounts** 

Monthly **Maintenance** 

FREE ESTIMATES Please Call: Mr. Tony 2/4 Times 510-599-8814i

### **NEWARK-FREMONT LEGAL CENTER**

#### LEGAL DOCUMENT PREPARATION

27 Years Experience 10 Years Alameda County Superior Court

Divorce/Family Law Name Change

**Judicial Forms** Letters for Travel **SUE JOHNSON PARALEGAL** 

Affidavit/Applications

510-794-5297

BPcode Chapter 5.6 (6450-6456) www.newark-legal.com

38750 Paseo Padre Pky., Ste. B-I, Fremont

# LEPPARD LANDSGAPING

#### **MONTH TO MONTH SERVICE**

**Hauling and Clean up Rain Gutter Cleaning Pressure Wash** 



**CALL JIMMY** 1-510-673-4318

# **Newark Unified School District**

## Child Care program Before and after school

**Child Care services** We serve enrolled elementary students from Transitional Kindergarten 4.5 years old to sixth grade.

Fees vary based on number of hours per week attending child care. Our sites are located at six of our eight NUSD elementary schools (Birch Grove Primary, Birch Grove Intermediate, Kennedy, Lincoln, Musick and Snow).

Please contact us at (510)818-4138, and (510)818-4159 or email us at nsanchez@newarkunified.org

# **INDIAN ASTROLOGER &** SPIRITUAL HEALER

### **MASTER - BALRAM SOLUTIONS FOR**



A BRIGHT FUTURE

Horoscope - Palm Reading - Face Reading

- Money Problems
- Business Problems
- Family Arguments
- Worried About Loved One Marriage Problems Husband/Wife Problems
- Love Problems
- Enemy Problems
- Jealousy
- House Problems
  - Lucky Lotto Childless Couple

Sexual Problems

Health Problems

 Spiritual Problems 100% Life Long Protection For Your Problems

Remove BLACK MAGIC, jadoo, voodoo, obeya & witchcraft I CAN HANDLE ANY KIND OF PROBLEMS



www.MasterBalram.com 22234 Prospect Street, Hayward Ca 94541

RELIGIONS WELCOME

510-935-5468

# **A Different And Better** Investment **Transaction**

www.foreclosurebetterplan.com

For The Secured Investor And **Property Owner In Foreclosure** 

Subscribe to TRI-CITY VOICE and you will always know What's Sappening

510-494-1999 tricityvoice@aol.com



#### **LANDSCAPE & GARDENING** SERVICES

Tree - Shrubs -Trimming - Topping Pruning- New Lawns - Yard & Hillside Clean Up - Bonsai - Reseeding Resoding - Sprinklers Installed and Repaired - Brick Work Block - Concrete (Stamp/Color) New Fence - Retaining Wall Overhang - Decking - Patio Call Mr. Francisco

**FREE ESTIMATES** 5 I 0-363-600 I

### Randy's Fence Repairs

**Fence Leaning?** Don't Replace... Repair & Save!

Reinforcement of existing fences is my only business. Rotted posts are my specialty.

FREE ESTIMATES! 510-706-6189 Randy McFarland



### COMMUNITY BULLETIN BOARD

#### A-1 Comm. Housing SVCS **Credit & Money Management Workshop**

Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pn 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227

**SPARKPOINT FINANCIAL** 

**SERVICES** 

for Low-Income Residents

FREE financial coaching & services.

SparkPoint Info Session

3rd Thursday, 6-7pm

City of Fremont

Family Resource Center

39155 Liberty St, Rm #A120

To register, call 574-2020

Fremont.gov/SparkPointFRC

League of Women Voters

**Fremont-Newark-Union City** 

www.lwvfnuc.org

Free meetings to inform the

public about local, regional and

statewide policy issues.

Participate in non-partisan

in-depth, discussions with quest

speakers at our meetings.

All sites are wheelchair accessible

**Zumba Kids with Jazzy Jenny** 

Kids ages 4-12

Saturdays 2:30pm-3:30pm

At Hope Community Church

One hour of games, fun,

and dancing.

The last Saturday of every month is

Zumba Family!

For more info email:

#### Fremont **FAMILY RESOURCE CENTER**

24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC

**FREMONT COIN CLUB** 

Established 1971

Meets 2nd & 4th Tues 7pm

At the Fremont Elks Lodge

38991 Farwell Dr., Fremont

Guests Always Welcome,

Enjoy Show N Tells, Drawings

Auction, Refreshments

www.fremontcoinclub.org

510-366-1365

Al-Anon & Alateen

**Family Groups are here** 

to help you Are you troubled

by someone else's drinking?

Al-Anon has but one purpose,

to help families and friends of

alcoholics. We share our

experience, strength and hope

Website: alanond17.weebly.com

For a meeting list or

Email: Easyduz@gmail.com

or call: 510-276-2270

Is Your Life Unmanageable

**Because of Debt?** 

Are you sick of bouncing checks,

paying late fees, & having creditors

knocking at your door?

You are not alone

**DEBTORS ANONYMOUS** 

www.debtorsanonymous.org

#### **Adult Day Program** Direct care staff wanted to

work with people with developmental disabilities in community-based settings or environment. Must be dependable and own a vehicle. Background check. Training available Call (510) 690 -9570

### **DISCOVERY COVE Fremont Family**

Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. Fremont.gov/FRC

### **Drop-in Childcare Center Resource Center**

39155 Liberty St, #H850, Fremont. Reservations: 510.574.2010

### Fremont Cribbage Club

Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at ROUND TABLE PIZZA at 5544 Thornton Ave., Newark We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.

#### **UNITY CHURCH OF CASTRO VALLEY**

A Center for Positive Living Rev. Donna Caldwell invites all people to attend our 11:00 a.m. **Sunday Services** 20121 Santa Maria Ave., Castro Valley

For classes & other activities 510/538-1416 www.unitycv.org

#### 10 lines/\$10/ 10 Weeks **\$50/Year**

#### 510-494-1999 tricityvoice@aol.com

#### Shout out to your community

Our readers can post information including:

#### **Activities Announcements** For sale **Garage sales Group meetings**

Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

#### The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

#### **FREE PRESCHOOL**

Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

#### zumba.jazzyjenny@yahoo.com **ABWA-Pathfinder Chap. American Business**

Women's Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont ): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org

#### Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610

**TRI-CITIES WOMEN'S** 

**CLUB** 

Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162

#### **Buon Tempo Italian American Club Family Dinners**

1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org

Do you like learning

about history?

Are you interested

in antiques & collectibles?

Meet 2nd Tuesday each month

to share lunch and learn

something new.

Contact Fran at 510-792-0388

or June Swift (510) 797-5315

or email dieseln@comcast.net

#### **Native Plant Sale** Sunday, May 3 - 10am-5pm

San Lorenzo Envior Club 50 E. Lewelling, San Lorenzo Bargains - most plants \$7 Over 80 native plant species 500 + student grown plants East Bay Mud Staff - rebates Garden talks by experts

bringbackthenatives.net

Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun

filled dance

workout with many rhythms from around the world

#### Northwestern Polytechnic University, Fremont,

**FREE ENGLISH CLASSES** 

The Intensive English Program is offering a one-time opportunity for students learning English to take affordable 8-week intensive courses, starting April 28, 2020. contact ESL@NPU.edu or call (510) 592-9688 X 52 www.npu.edu

#### FAW "SECOND SATURDAY" Meet your local **FAW authors**

Second Saturday of Every Month Sponsored by Half Price Books & Fremont Area Writers 39152 Fremont Hub Reading 2:00 to 4:00 pm Different author each month Fiction, nonfiction, poetry, etc. **EVERYONE IS WELCOME!** 

#### FIRST UNITED METHODIST CHURCH

LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK?

Fremont Area Writers (FAW) is here to HELP!

Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M.

42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers!

"Second Saturday" Monthly Readings w/ a published author

from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub.

Open Mic 4th Mondays 7:00 to 9:00 P.M. at

Suju's on Thornton Ave next to Dale's Hardware in FRMT.

Critique Groups to help you from first draft to publication

Everyone is welcome! www.cwc-fremontareawriters.org

2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First. regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org

#### A-1 Comm. Housing SVCS 1st Time Home Buyers **Certification Workshop**

Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227

#### **Monday Night BINGO** 1st Monday each month at

**Niles Mobile Home Park** 711 Old Canyon Rd., Fremont Near Vallejo Mills Elem. School Doors open 6:00pm Games start at 7:00pm more info:

510-513-3237

#### **FREMONT PARKINSON'S** SUPPORT GROUP

Fremont Senior Center 40086 Paseo Padre Parkway, Fremont, CA Meets 7:00 p.m. fourth Monday of the month except in May, Aug. & Dec. Join us for speakers & discussions with Members the world

#### **Union City** Toastmasters All are Welcome!

Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722

#### Stanford University & OSU's Smart & Connected Kids for Sustainable Energy Communities' Family-based Energy Data Mapping and Thinking Program is enrolling now!

Registration for this research project for families with at least one child aged 9 – 14 is underway; March 14, 21, 28, April 4 & 11. Each family receives a Powerley energy bridge showing real time energy use. Participants engage in a series of energy use educational activities during the in-person sessions, ending with a final Energy Poster session.

To sign up and for more information contact, Purvi Shah pushah@stanford.edu Dr. June Flora jflora@stanford.edu or Principal Investigator Hilary Boudet hilary.boudet@oregonstate.edu.

#### F.U.N. (Fremont, Union City, **Newark) PROGRESSIVES** Join us for pizza and politics

Bronco Billy's Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com

#### Free Health Coaching Session Weight loss,

Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealth coach.com 510-320-3956

#### **FREMONT AREA WRITERS SPONSORS "THIRD SUNDAY" LITERARY OPEN MIC**

Writers share their original work Third Sunday of Every Month Sign-up 3:00 Reading 3:30 - 5:30 At Starbucks - A family friendly venue for family friendly material 39201 Cedar Blvd Newark **EVERYONE IS WELCOME!** 

#### **AMERICAN LEGION POST 649**

Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org

#### **Afro-American Cultural** & Historical Society

Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!

#### **MEHS Band & Orchestra FLEA MARKET**

4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com

#### **VETERANS OF FOREIGN WARS POST 9601 Veterans and Active Duty** Military are Invited **Meetings 2nd Tuesday each** month. Meeting

Starts at 6:30PM Veterans Memorial Building 22737 Main St Hayward, CA 94541 www.vfw9601.org

#### **AMERICAN LEGION POST 837**

Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm

#### **VETERANS MEMORIAL BUILDING (NILES)**

37154 2nd & E Strets Fremont www.POST837.org

# City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

#### **CITY COUNCILS**

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council 1st/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council 1st/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

#### WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

#### SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

# **Government Briefs**

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

# Newark City Council

April 23, 2020

#### **Consent Calendar:**

- Establishing the number of residents in the City of Newark for the purpose of determining the voluntary expenditure ceiling for the November 3, 2020, Municipal Election from City Clerk Harrington.
- Renew the contract with Chrisp Company for 2020 Citywide Thermoplastic Street Striping, Project 1242
- Initiation of the 2020 Weed Abatement Program and setting May 28, 2020 for a public hearing.
- Adopt a resolution
  designating, by title, the City
  Manager, Assistant City Manager,

and Finance Director as Authorized Agents and authorizing the California Governor's Office of Emergency Services (Cal OES) Form 130 -Designation of Applicant's Agent Resolution for Non-State Agencies.

- Approval of a First Amendment to a Contractual Services Agreement with Hurst/Harrigan Associates for retail retention and attraction services at NewPark Mall. (RESOLUTION)
- Acceptance of the SB 2 Planning Grant Award Authorizing Receipt of the Funds to be used toward the Old Town Newark Specific Plan. (RESOLUTION)

#### Non-Consent:

 Report on impact of COVID-19 pandemic on the City's FY 2019-20 budget.
 Budget work session scheduled for May 28, 2020.

- Authorize the Annual Program Application Submittal for Measures B and BB funding of Ride-On Tri-City! transportation services.
- Update on the City's response to the COVID-19 Local Emergency.
- Initiate Proceedings for the Levy and Collection of Assessments for Landscaping and Lighting District Nos. 1, 2, 4, 6, 7, 10, 11, 13, 15, 16, 17, 18 and 19. (Recusal, Collazo)

#### **City Council Matters:**

- City Staff and residents volunteering and working hard on food distribution, census and support for the community.
- Welcome new Assistant
  City Manager Lenka Hovorka.
- April 15, 2020 represents 40 years of service as councilmember/mayor of Newark.

#### **Closed Session:**

 Closed session for conference with Labor Negotiators pursuant to California Government Code Section 54957.6. Agency designated representative: City Manager Benoun and Assistant City Manager Hovorka, Employee Groups: the Newark Police Association, the Newark Police Management Association, the Newark Association of Miscellaneous Employees; City Officials and the Management, Supervisory, and Professional Employee Group; and the Confidential Employee Group.

Mayor Alan Nagy Aye
Vice Mayor Luis Freitas Aye
Sucy Collazo Aye, 1 recusal
Michael Hannon Aye
Mike Bucci Aye

# San Leandro City Council

April 20, 2020\*

#### Recognitions:

- Announcement from Mayor Russo-Cutter acknowledging the death of Steven Taylor who died during an altercation with San Leandro police Saturday, April 18, 2020.
- Proclamation declaring April 2020 Fair Housing Month.

#### Public Comments:

- Two residents spoke in support of agenda item 10A\* which would install several police surveillance cameras in various locations around San Leandro.
- One resident requested that the proposed housing development at 1388 Bancroft Avenue be added as a future agenda item.
- Several residents spoke out against the installation of additional surveillance cameras.
- Several residents called for an investigation into the death of Steven Taylor, as well as possible unpaid suspension or dismissal of the officers involved.
- Several residents expressed dismay at the Mayor's description of Steven Taylor's death. She said he "passed away" instead of placing any responsibility for his death on the San Leandro Police Department.
- One resident expressed discontent with the way Governor Newsom was handling the COVID-19 crisis.

- Several residents spoke about the need for more mental health services and better police training for mental health emergencies in San Leandro
- One resident discussed the possibility of a citizen oversight commission for the police department.
- \*Agenda item 10A was continued to a future council meeting.

#### **Consent Calendar:**

- Resolution of the city to accept public improvements done by Overton Moore Properties at 2000 Marina Boulevard.
- Approve a consulting services agreement with Lee & Ro for the design of the secondary effluent line replacement and Davis Street manhole replacement project.
- Approve a cooperative agreement with Alameda County Flood Control and Water Conservation District for improvements to the Estudillo Canal to reduce the risk of flooding and maintenance work on the Monarch Bay Drive Bridge.
- Approve Fiscal Year 2021 proposed projects from the State's Road Maintenance and Rehabilitation Account to the city's Gas Tax Fund for streets and roads maintenance.
- Extend the ratification of a proclamation of local and state emergency by the city's Director of Emergency Services because of the COVID-19 Pandemic.

Calendar passed: 7-0

# Items Removed from Consent Calendar:

• Rescinding city council resolution No. 2020-020, and approving and authorizing execution of a disposition and development agreement between the City of San Leandro and Cal Coast Companies Llc, Inc.

Items passed: 7-0

#### Action Items:

- Execute a consulting services agreement with Clifford Moss to provide strategic consulting services for revenue measure planning. Item passed:7-0
- Execute a consulting services agreement with Godbe Research for revenue measure feasibility polling services. Item passed: 7-0
- polling services. Item passed: 7-0
   Discussion of the city's response to COVID-19.

#### Reports:

- Councilmember Cox reported that the new executive director of the San Leandro Improvement Association was installed in April.
- Councilmember Hernandez attended the National League of Cities conference where he attended a panel on homelessness and advocated for San Leandro in Senator Kamala Harris's office.
- Councilmember Aguilar attended the National League of Cities conference where funding for opportunity zones, ferry transportation, and the green beltway were among topics discussed.
- Councilmember Lee attended the National League of Cities where he advocated for San Leandro in the office of

Representative Barbara Lee, among others. He also worked with the National Telecommunications and Information Administration (NTIA) on the digital divide.

• Councilmember Lopez attended the National League of Cities conference and visited several congress members. She also participated in a California League of Cities reception.

# City Council Calendar and Announcements:

- Mayor Cutter invited residents to attend the city's Disaster Council meetings on Thursdays.
   Councilmember Requests to Schedule Agenda Items
- Councilmember Lopez introduced a motion to direct staff to develop a mandate that would allow access to funds to purchase mobile hot spots for people who cannot afford internet access.

  Item passed: 7-0.

Meeting adjourned in the memory of Steven Taylor as well as Marshall Mitzman, a board member on the Chabot-Las Positas Community College District Board of Trustees. He died from COVID-19.

Mayor Pauline Russo Cutter Aye
Vice Mayor Pete Ballew Aye
Victor Aguilar, Jr. Aye
Ed Hernandez Aye
Benny Lee Aye
Deborah Cox Aye
Corina Lopez Aye

\*City Council meeting conducted over Zoom due to the shelter-in-place.

# Governor Outlines Protection for Residents and Employees of Nursing Home & Residential Care Facilities

SUBMITTED BY GOVERNOR'S PRESS OFFICE

Governor Gavin Newsom outlined steps California is taking to protect the residents and employees of the more than 1,224 skilled nursing facilities and 7,461 residential care facilities across the state on April 10. Building on the state's early action to protect these facilities, California has trained and is deploying 600 nurses to support compliance with COVID-19 guidance, and state staff is calling nursing homes across the state daily to provide support.

"Protecting California's most vulnerable residents and the employees is a top priority – not only to protect public health but because it's the right thing to do," said Governor Newsom. "Older Californians and those who are medically fragile are at higher risk of becoming seriously ill due to COVID-19, which is why we took early action to restrict visitors to these facilities. Now we are providing even more support for these facilities, their residents, and staff who serve them."

Recognizing the threat to these medically fragile individuals, the state last month restricted visitors to these facilities except for end-of-life and other rare circumstances. Before COVID-19 had spread widely in the

community in California, the Department of Public Health and the Department of Social Services issued the Department of Public Health and the Department of Social Services issued guidance and offered trainings on infection control. And the Departments jointly deployed strike teams of infection control specialists to counties, nursing homes and residential care facilities for the elderly to provide one-on-one technical support and expertise.

The Governor also announced today that the USNS Mercy will be taking non-COVID-19 patients to help decompress skilled nursing facilities in the Los Angeles area.

To further protect vulnerable Californians,

- Retraining 600 nurses to support facility compliance with COVID-19 guidance and to assist facilities with positive cases;
- Working to decompress facilities to help slow the potential spread of COVID-19 in these facilities and create facilities specifically for positive patients;
- Reaching out proactively to each skilled nursing facility on a daily basis to assess their specific needs and identify and address any challenges early on;
- Prioritizing testing for patients discharged from a hospital to a skilled nursing

facility to ensure patients who test positive are transferred to a facility that can safely provide care to the residents and also protect COVID-19 negative residents. California will also prioritize the testing of symptomatic residents and potentially exposed residents to ensure they are immediately isolated;

- Prioritizing personal protective equipment to facilities with COVID-19 positive staff or residents and facilities that are at increased risk to COVID-19;
- Providing stipends to certified nurse assistants, licensed vocational nurses and other critical staff at nursing homes to make sure their needs are met. A previously announced Facebook donation of up to \$25 million available to provide \$500 stipends to up to 50,000 nursing home workers;
- Offering no-cost or low-cost hotel rooms for workers who have had possible exposure to COVID-19 or test positive for COVID-19 and do not need to be hospitalized; and
- Ensuring that families of nursing home residents are informed and educated on COVID-19 safety protections for their loved ones.

Visit covid19.ca.gov for critical steps Californians can take to stay healthy, and resources available to those impacted by the outbreak

# OPINION



WILLIAM MARSHAK

Patterns exist almost everywhere if you look for them. When a pebble strikes the surface of a calm pond, ripples from that event are the result, multiplying the initial effect. The size of the pebble and speed of impact determines the extent of change. Inexorably, unless another pebble is launched and if all other conditions remain the same, the pond will return to its original state. However, a boulder may have a considerably larger effect and consequence. For better or worse, the pond may never return to its original condition; the water level might rise and/or damage from the impact may be permanent or at least continue for quite a while.

Our communities have weathered the impact of many pebbles and stones of economic and societal significance, but the current COVID-19 situation can be classified in the boulder status. Although in the midst of infection and illness threats, stay at home and isolation techniques are sensible and critical for eventual recovery, ripples and impact on a plethora of "normal" activities and behaviors will persist for the foreseeable future. Many new patterns will promote and intensify changes already in progress; others may radically alter perceptions of daily routines and become a new normal.

While the aftermath of this pandemic remains unclear, one thing can be predicted... whether a fan of free market or "trickle-up" or "trickle-down" economics, governments – local, regional, national – will feel the effects and must

# **Connections**

be prepared to respond. John Maynard Keynes' demand-side theory proposed that by support of middle-class workers through middle class tax cuts and government spending, productivity would increase and the economy would thrive. Trickle-down or supply-side economics takes the position that less control of business and tax breaks, especially for the wealthy, will result in a stronger and more vigorous economy as benefits travel down the economic scale. Adam Smith argued that economic balance could be achieved with minimal government interference.

These theories have at least one thing in common. Whatever happens in one sector of the workplace will have an effect on others. Funds to support either end of the economic spectrum have to come from somewhere and, if economic activity is stagnant or in decline, the financial engine of goods and services will suffer. In the current situation, government resources are being used at a phenomenal rate to maintain basic living conditions and public services. But, where do these funds originate?

Taxes and fees are the primary source of the government's largesse. Similar to a recession or depression, initial effects of a financial disruption reside in the private sector. However, government funding relies on profitable enterprises to supply tax, fee and license money that is, in turn, realigned and recycled for public services and the general welfare of residents and citizens. If these monies are significantly reduced, how do public agencies and governments survive?

If lessons of the past have been learned, local municipalities can call upon "rainy day" reserves to weather the economic storm. However, just as the private sector has been asked to bear the majority of burden during this crisis, so too will governments feel its effects. During times of stress, the mettle of leadership – private and public - is tested. Along with each business sector, all levels of government should be supported, but also held accountable for how well they

have prepared for contingencies such as this.

It is true that such an immediate and major disruption is a relatively rare occurrence, but emergency planning should prepare basic services to continue albeit on a reduced scale. So far, at least for most local municipalities, this has proven to be true. However, local financial strength depends on regional, state and national resources. How well our leaders and organizations respond will give a clear indication of past election choices.

In six months, another general election will give voters a chance to critique the actions of their leadership. The time to take notes is now. Which candidates are best prepared to deal with the great challenges of the future such as growth, traffic, immigration and citizenship reform, pollution and climate change, etc.?

The hip bone's connected to the back bone

The back bone's connected to the neck bone,

The neck bone's connected to the head bone,

Now shake dem skeleton bones!

Dem Bones James Weldon Johnson and J. Rosamond Johnson Based on Ezekiel 37:1-14

William Mandall

William Marshak
PUBLISHER

# TRI-CITY VOICE

PUBLISHER
EDITOR IN CHIEF
William Marshak

DIRECTOR OF OPERATIONS Sharon Marshak

PRODUCTION

Claire Camaclang

OFFICE ADMINISTRATOR

Gail Hansen

David R. Newman

BOOKKEEPING Vandana Dua

Delivery Manager Carlis Roberts

ARTS & ENTERTAINMENT Sharon Marshak

ASSIGNMENT EDITOR
Stephanie Gertsch

CONTENT EDITOR
Jui Sadekar

COPY EDITOR Rob Klindt

REPORTERS

Frank Addiego Roelle Balan Marisol Cabrera Asok Chatterjee Charlene Dizon Jacqueline D. Flaten Stephanie Gertsch Janet Grant Julie Grabowski Alfred Hu Johnna M. Laird David R. Newman Daniel O'Donnell Madhvika Singh **Margaret Thornberry** Lalitha Visveswaran

PHOTOGRAPHERS Mike Heightchew Don Jedlovec

APP DEVELOPER WEB DEVELOPER AFANA ENTERPRISES David Afana

PODCASTS Andrew Cavette

LEGAL COUNSEL Stephen F. Von Till, Esq.

# Subscribe to TRI-CITY VOICE and you will always know

510-494-1999 tricityvoice@aol.com

What's Sappening

#### LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com





FHA home loans with 3.5% down\* Call to qualify.

www.realtytrain.com

### ADJUDICATION:

What's Happening's
Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE®™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

Subscribe Call 510-494-1999

510-494-1999 fax 510-796-2462 39737 Paseo Padre Parkway, Fremont Ca 94538 tricityvoice@aol.com www.tricityvoice.com

COPYRIGHT 2020®
Reproduction or use without
written permission from
What's Happening's Tri-City Voice®™
is strictly prohibited

# LIFE CORNERSTONES

For more information 510-494-1999 tricityvoice@aol.com

Birth

**Obituaries** Marriage



**Fremont Chapel of the Roses** (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com



**Fremont Memorial Chapel** (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

**Maria Hocke Resident of Burlingame** April 19, 2020 - April 23, 2020 **Fremont Chapel of the Roses** 

Laurali Olk **Resident of Fremont** March 11, 1947 - April 23, 2020 **Fremont Chapel of the Roses** 

**Larry Robert Hetrick Resident of Fremont** February 1, 1954 - April 24, 2020 **Fremont Chapel of the Roses** 

**Antoinette Marie Guerra Resident of Fremont** May 16, 1930 - April 25, 2020 **Fremont Chapel of the Roses** 

Subscribe to TRI-CITY VOICE and you will always know What's Sappening

510-494-1999 tricityvoice@aol.com

# Chapel of the ${f A}$ ngels

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

**Barbara Pastor Resident of San Leandro** December 2, 1946 - April 22, 2020

**Jacqueline Tuttle Resident of Fremont** November 16, 1930 – April 22, 2020

**Temay Ching Resident of Fremont** 

January 9, 1923 - April 21, 2020

**Rufus Hernandez Resident of Orangevale** February 12, 1927 - April 19, 2020

**Donald Santos Resident of Fremont** February 13, 1937 - April 18, 2020

**Trevor Dicks Resident of Fremont** 

August 6, 1990 - April 17, 2020 **Steven Macfarlane Resident of Fremont** 

April 20, 1957 - April 17, 2020

**Robert Reading Resident of Fremont** April 21, 1940 – April 16, 2020

**Avelina Pascual Resident of Manteca** September 9, 1929 - April 15, 2020

Leilani Macatangay **Resident of Santa Clara** March 9, 1954 – April 15, 2020

Joana Miranda **Resident of Fremont** March 29, 1935 - April 15, 2020

**Reynaldo Aquilar Resident of Fremont** August 23, 1941 – April 14, 2020

Janaki Sankar Iyer **Resident of Fremont** June 15, 1939 – April 14, 2020

Richard Woodward Jr. Resident of Fremont July 29, 1955 – April 14, 2020

**Lesbia Castillo Resident of Newark** March 24, 1928 - April 14, 2020

**Avtar Ragbotra** esident of Havward August 8, 1935 - April 11, 2020

#### **Obituary**

### Dianne Richards-Reiss

June 4, 1945- April 25, 2020 Resident of Newark, CA

Dianne Richards-Reiss passed away quietly in her bed at Lincoln Villa Retirement home and assisted Living Facility at 5:45 PM in the early evening.

She is survived by her husband Larry, her son David Lloyd and their three emotional support animals, Chuka, the family dog, and two cats, Nugget, and Pearl. She is also survived by her 1st cousin Betty Jackson of Pittsburg, PA. Dianne was a very accomplished woman. In her early years after graduating High School, she applied and was accepted into the U.S. State Department where she worked from 1964 through 1968. In 1967, the State Department sent her to the Saigon Embassy to discover security leaks.

After Moving from Maryland to California she accepted a position with San Mateo County where she rose to the rank of Eligibility Supervisor. She worked with the county for 21 years.

She owned her own restaurant called Yogurt for Life in San Carlos, CA.

She was a woman of many talents. She was an actress, stand-up comic, Producer, and Director. She and her family were very involved in the local Community Theatre. She was President of Newark's Stage One for seven years. She also acted in many Stage One Productions for many years.

Dianne and Larry lived in the Newark Community for 32 years and were very involved with it.

She was active with the PTA especially with Graham Elementary School's Book Fairs. She was also active in the Junior High and High School with many of their Productions.

Dianne, Larry, and David shared a love of animals so they had many wonderful trips, many of which to California's Zoo's, Animal Theme Parks, and Aquariums.

She was an amazing loving person and she will be missed by her husband, son, other family members and friends all over the



Scan for our FREE App or Search App Store for TCVnews

Get our App and you will always know what is happening. We also have the back issues archived

### **Affordable Options to High Priced Funerals**

www.tri-citycremationfuneralservice.com

Tri-City Cremation & Funeral Service

Cremation Starting at \$895

Burial Starting at \$895 (Casket Not Included)

**Traditional Funerals Available** 

**COMPARE OUR PRICES** 510-494-1984

5800 Thornton Ave., Newark, CA 94560 CA. FD #2085

**Obituary** 

## **Trevor James Dicks**

Resident of Fremont

August 6, 1990 - April 17, 2020

Trevor passed away unexpectedly on April 17th, 2020. Trevor was born on August 6th, 1990, in California to Edward Dicks and Kathy Newcomb. He was a resident of Fremont for 29 years. Trevor was an avid soccer and baseball player. Loved by those who were blessed to know him. Trevor was a loving and gentle soul, truly one of a kind, a shooting star, and will be sorely missed. Trevor is survived by his mother, Kathy Newcomb; Father, Edward Dicks; Sister, Chenoa Martinez; and Brothers, Ryan Dicks, Temo Martinez, Spencer Dicks, and Dustin McDaniel.

Revelation 21:4 - And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Luke 23:43 - And Jesus said unto him, Verily I say unto thee, To day shalt thou be with me in paradise.

Life and Reality

The exclusion of hate is one we all rely on in life and reality

Conserve all that we trust is making quiet energy in life and reality

Taking over ones body Enticed behavior is unknown Release what you don't want Gather what you need Receive life as beauty Remove what is lost In life and reality Trevor Dicks, 2008



We were born upon a river in a house among the leaves

The clouds said we would go no further but we had everything

You always had a way of knowing that time was not quite what it seemed

The fast was tough but the slow was going

The heart renews itself in Spring But then the winter went on forever

And shelter from the storm was spare

Heaven couldn't wait a day to find you

Knew you had something left to share

So I'll remember you on that river

And sitting by me in the car You were beautiful and broken I love you just the way you are Dad - April 2020

Trevor will be laid to rest at Irvington Memorial Cemetery. A celebration of Trevor's life will be held at a later date.

# Senior Helpline (510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



SOCIAL SECURITY MATTERS

#### Ask Rusty - Can My Husband **Get Spouse Benefit** from Me?

#### BY AMAC CERTIFIED SOCIAL SECURITY ADVISOR RUSSELL GLOOR

Dear Rusty: I'm wondering if my husband can submit a "restricted application for spousal benefits only." He is 76 years old, has been receiving his benefit since 2005. His present benefit is \$263.50. I am 74 years old, receiving my benefit since 2007. My present benefit is \$931. Am I to understand that he could be receiving half of my amount rather than his smaller amount? Signed: Inquiring Wife

Dear Inquiring Wife: Your husband isn't eligible to file a "restricted application for spousal benefits only" because he is already collecting his own Social Security benefits and because he is past 70 years of age. But he should probably be receiving a spousal benefit from you because his benefit is so much lower than yours. From what you've written, you both claimed your Social Security benefits when you were 62 years of age. That means you both took a 25 percent cut in benefits from what you would have gotten at your full retirement age (FRA) of 66.

Spousal benefits are based upon FRA benefit amounts, even if you claimed benefits earlier. So, since your FRA benefit amount would have been about \$1,164 and your husband's FRA benefit would have been about \$330, by my calculations he should now be receiving a spousal benefit of about \$516 instead of his benefit of \$263.50. The computation for that is: Take half of your FRA benefit amount (\$582) minus your husband's FRA benefit amount (\$330); the difference (\$252) is added to his own current benefit (\$264) to get \$516 as his possible spousal benefit (note the actual numbers from SS may vary somewhat). This probably means that when

you claimed your benefit two years after your husband claimed his, your husband didn't apply for his spousal benefit (and it wasn't awarded automatically by SS).

I suggest your husband contact Social Security as soon as possible and make an appointment to apply for his spousal benefits. Since he has been entitled to that benefit for some time now, he can also request 6 months of retroactive spousal benefits which they will pay in a lump-sum and adjust his monthly benefit to what he is entitled to as your spouse. There is also a possibility that, when you filed, SS failed to notify your husband he was eligible for a spouse benefit, in which case he may be able to collect his spouse benefit back to the date he became eligible. Your husband should contact Social Security directly at either 1 (800) 772-1213, or at your local office (find it at www.ssa.gov/locator) to make an appointment to apply for his

spousal benefit from you. And, usually, this application can be accomplished over the phone. Please note that all of the above assumes that your husband's current benefit isn't being reduced due to a

non-covered pension which causes the Windfall Elimination Provision (WEP) to lower his benefit amount, and which would cause the Government Pension Offset (GPO) to severely alter, or even eliminate, his spousal benefit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association of Mature American Citizens (AMAC) Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/s ocial-security-advisory) or email us at ssadvisor@amacfoundation.org.

# **Facebook Grant Program**

SUBMITTED BY MISSION SAN JOSE CHAMBER OF COMMERCE

The Facebook Grant program application is now live. The program provides \$2,500 via a cash grant and \$1,500 in optional ad credits for up to \$4K total. Businesses must be for-profit, have between 2-50 employees, and have been in business for at least one year.

Full requirements here: https://www.ureeka.biz/legal/facebookgrantsterms. (Last updated April 18.)

# **Hayward COVID-19 Testing Center schedule**

SUBMITTED BY CITY OF HAYWARD

The City of Hayward COVID19 Testing Center is shifting to a weekday operating schedule, and will be closed all day Saturday and Sunday. The schedule change is being made in response to changing levels and patterns of demand at the Center and to free up resources for mobile testing of vulnerable populations such as residents and employees of nursing homes and other long-term care facilities.

The new hours of operation at the Testing Center—now located in Parking Lot A at Cal State University East Bay—are Monday through Friday, 9 a.m. to 6 p.m. The Center may shut down earlier on a particular day if demand warrants or the number of available tests for the day are exhausted.

Between March 23 and April 19, specifically trained Hayward Fire Department firefighter-paramedics and partner health clinicians have tested 3,758 people at the Center and other locations—with 414 of individuals found to be positive for infection with the coronavirus contagion that causes COVID-19 disease.

Testing at the Center is free and available to anyone with COVID-19 symptoms and a fever above 100 degrees. Symptoms include cough and shortness of breath. No referral from a medical doctor is required.

Health-care workers and first-responders may make advance appointments for testing by calling the City's COVID-19 hotline at (510) 583-4949.

# We are here to help you For now give us a call or send an email.

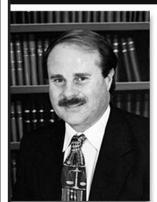
ljohnson@newark-legal.com

# **NEWARK-FREMONT LEGAL CENTER**

510-794-5297 www.newark-legal.com



# **Business & Personal Legal & Paralegal Services**



 Estate Planning **Living Trusts** Wills & Probate

Power of Attorney **Advance Directives** Home Appt's Available

 Real Estate Landlord / Tenant Leases **Evictions** 

Business

Divorce

Notary

 Bankruptcy Chapter 7 Chapter 13

 Deeds Interspousal Deeds **Grant Deeds** 

**Quitclaim Deeds** • Corporations Deeds in/out of Trusts

**Deed of Trust** Power of Attorney Affidavit of Death of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway Suite B-1, Fremont

M-F 10-7 **Evening & Weekends** By Appointment

# **Mission Peak**

BY AYN WIESKAMP EAST BAY REGIONAL PARK DISTRICT **BOARD OF DIRECTORS** 

Mission Peak Regional Preserve overlooking Fremont is one of the most popular parklands in the East Bay Regional Park District. On any given weekend, hundreds of people ascend to the summit to enjoy panoramic views of San Francisco Bay, the Peninsula, and the Coast Range.

Unfortunately, the popularity has resulted in significant impact on the neighborhood at the park's Stanford Avenue trailhead. This has become even more of a concern considering the coronavirus pandemic. Because of concerns about overcrowding and resulting lack of social distancing, the park district closed the Stanford Avenue staging area and restrooms, directing park visitors instead to the trailhead nearby at Ohlone College. The closure was deemed necessary for reasons of health and safety.

At its meeting on April 21, the park district board of directors decided to reopen the restrooms at Stanford Avenue and at parks throughout the district on May 4. Trash collection is also expected to resume very soon.

Collecting mountains of trash exposes rangers to the coronavirus. You can help by packing out what you bring in. This includes food wrappers, cans and bottles, and dog litter bags. Please don't leave the dog litter bags for someone else to pick up.

Social distance is important to prevent virus spread. People should walk only with their immediate family and not organize meet-up groups with friends. When out walking, cycling, or exercising, people are supposed to have masks with them to put on when they cannot avoid getting closer than six feet. The park district advises that people should wear masks when visiting all regional parks and trails.

For up-to-date information, visit www.ebparks.org and click on the COVID-19 information at the top of the home page.

# Park It

By NED MACKAY

To combat and to minimize effects of the coronavirus pandemic, East Bay Regional Park District offers a couple of reminders for park visitors. One is the district's request that park visitors always keep their dogs on leash. Normally in the regional parks, dogs are allowed off-leash in the backcountry, if they are under their owner's control and do not harass other park visitors, cattle or wildlife.

However, for the duration, dogs should be on leash (six-foot max) to help prevent crowding and interaction between unrelated park visitors. Unleashed dogs tend to group together, which leads to less social distancing between their owners.

And dogs are not allowed at all in some park areas. Two examples are the Tilden Nature Area (which isn't the entire park) near Berkeley and Round Valley Regional Preserve south of Brentwood. Round Valley is habitat for the endangered San Joaquin kit fox. Elsewhere, watch for signs indicating where dogs are prohibited.

The other reminder concerns cloth face coverings or masks. The Centers for Disease Control and Prevention (CDC) recommends wearing cloth face coverings in public settings, such as grocery stores, where social distancing is difficult to maintain. Five Bay Area counties, including Alameda and Contra Costa, now require residents to wear face masks whenever they leave home to visit or to work at an essential business, especially when taking transit or when in grocery stores.

In the interest of public safety, the park district also recommends that people visiting regional parks have masks available to wear, especially when social distancing is difficult. The masks do not have to be elaborate. According to CDC, cloth face coverings should fit snugly but comfortably, be secured with ties or ear loops, include multiple layers of fabric, allow for breathing, and be able to be laundered and machine-dried without damage or shrinkage. Large folded bandannas will do the job.

Other well-publicized safety rules also still apply. In compliance with the statewide stay-at-home order, the district urges people to visit only regional parks that are

close to their residence. Keep a social distance of six feet, and walk, bike, or ride only with immediate household members. No gatherings or meet-up groups.

One welcome amenity will soon be available again. The park district board decided at its April 21 meeting to reopen restrooms along trails throughout the district by May 4. Staff will be trained on proper protocols for cleaning restrooms without exposure to the virus.

Drinking fountains remain closed to prevent virus spread. So, bring your own water and pack out your trash. Some regional parks remain completely closed and others have restricted parking.

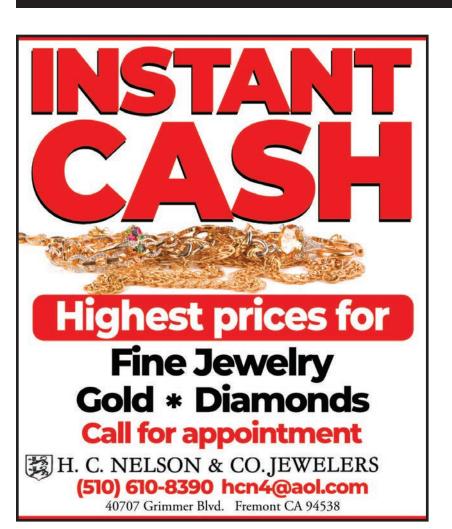
The county health departments agree that public parklands are a vital component of general well-being and have asked that the district keeps parks as open as possible. Of course, the virus-related measures are inconvenient to say the least. But by going along with the rules, the public can help assure that most parks will stay open. And the more we all cooperate, the sooner we'll be able get back to a pre-virus lifestyle.

For an up-to-date information, visit the park district website at www.ebparks.org

#### **LETTERS POLICY**

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com



## Spot as a telemedicine robot

THE ROBOT REPORT
By STEVE CROWE

Simplicity doesn't typically come to mind when thinking about Boston Dynamics and how it engineers its robots. But the newest application for its Spot quadruped could be the simplest, yet most valuable use yet.

Brigham and Women's Hospital in Boston, one of the world's leading hospitals, has recently started using Spot as a telemedicine robot. Through an iPad and a two-way radio mounted on Spot's back, medical personnel can remotely videoconference with COVID-19 patients.

Patients suspected to have COVID-19 are asked to line up in tents outside to answer questions and get initial assessments for temperature. According to Boston Dynamics, this process requires up to five medical staff, placing each of them at high risk of contracting the novel coronavirus.

Boston Dynamics said Spot helps reduce medical staff's exposure to COVID-19. Another hospital that has talked to Boston Dynamics said a sixth of its staff contracted COVID-19 within a single week.

"Based on these conversations, as well as the global shortage of critical personal protective equipment (PPE), we have spent the past several weeks trying to better understand hospital requirements to develop a mobile robotics solution with our robot, Spot," Boston Dynamics wrote on its blog. "The result is a legged robot application that can be deployed to support frontline staff responding to the pandemic in ad-hoc environments such as triage tents and parking lots."

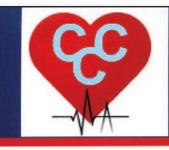
As a telepresence system alone, Spot comes with a hefty price tag. And Boston Dynamics admits wheeled or tracked robots may be a better solution for these applications. "We developed the payload, hardware, and software for this application so that they are generalizable and able to be deployed on other mobile robotic platforms with APIs and capacity for custom payloads," it said.

But, apparently, this is just the tip of the iceberg for Boston Dynamics when it comes to healthcare applications it's exploring. In a GitHub post, Boston Dynamics documents other potential COVID-19-related work for Spot, including:

- Measuring vitals such as body temperature, oxygen saturation and pulse rate
- Disinfecting surfaces and rooms using a UV-C light or other technology mounted on its back
- Delivery of food, medicine and other supplies to patients in quarantine Boston Dynamics is open-sourcing Spot's hardware and software-related work on GitHub.

"We hope our fellow mobile robot providers, existing customers, and medical professionals will be able to use this information to leverage mobile robots to take people out of harm's way during this critical time. Together, we can improve conditions for healthcare workers and essential personnel around the world, save lives, and fight COVID-19," the company wrote on its blog.

Steve Crowe is Editor of The Robot Report and co-chair of the Robotics Summit & Expo. He can be reached at scrowe@wtwhmedia.com



WALK IN ACCEPTED
All PPO's, Medicare,
Hill Physicians,
Alameda Alliance
& Cash Pay Patients

# CCCMA URGENT CARE

Do not delay. Early treatment. Better outcomes.

cccma UrgentCare Center offers a high quality medical care that is faster, convenient, and more economical than going to an emergency room. Expert physicians, nurse practitioners, physician assistants and support staff provide quality same-day care for non-life-threatening illnesses and injuries.

Ages 12 and up



# No Appointment Necessary

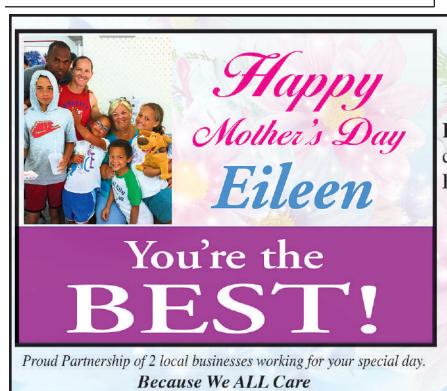
Patients are liable for urgent care services personally or thru insurance coverage

Clinic Hours: Monday - Friday 8:30am - 6:30pm Saturday 8:30am - 2:30pm

2333 MOWRY AVE #300, FREMONT CA 94538

PHONE: 510-796-0222





# 2020 Mother's Day

# **Proudly Display A Personalized Yard Sign**

It's a sign of the times! This is an awsome way to celebrate your Mother or Grandmother.

Email: Go2asapnow@aol.com, first name and picture.

Pick up your sign at

#### **FREMONT FLOWERS & GIFTS**

4050 Alder Avenue, Fremont, CA 94536. Dirk Lorenz, Owner



Price includes: 12"x 18" printed sign, ground stake and tax.



www.asapprint.com • Since 1988

Stanley Przepioski, CEO

To order

email: Go2asapnow@aol.com or Call: (510) 783-7600

Information found in 'Protective Services' is provided to public "as available" by public service agencies police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



### **Fremont Police Log**

**SUBMITTED BY** GENEVA BOSOUES, FREMONT PD

#### Friday, April 17

• At 9:46 a.m. several residents on a walk near Cherry Court saw two males breaking into a parked vehicle. The witnesses yelled at the suspects, prompting them to flee the area in a vehicle. When responding officers located the vehicle nearby on Miller Place the two occupants exited the vehicle and fled on foot. A perimeter was set around the neighborhood while police searched for the suspects with assistance provided by a K9 unit from the Alameda County Sheriff's Office. Soon, a nearby resident reported an unknown person their home's backyard. Officers entered the yard and found one of the suspects hiding in bushes. He was later identified by police as Kevin Perry, 18, of Oakland. The second suspect was not found. Perry was arrested and issued a citation for felony burglary and resisting arrest, and then released.

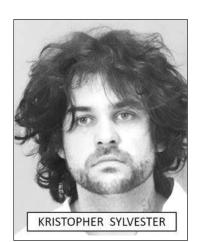
#### Sunday, April 19

• While on a service call at Washington Township Hospital, officers were alerted that a shooting occurred at 10:22 p.m. at Irvington Park in the 41800 block of Greenpark Drive, near Blacow Road. Hospital staff told an officer that a 34-year-old Fremont man suffering from a gunshot wound to the abdomen had just arrived by vehicle. The man told officers that as he was talking to another person at the park the other person pointed a handgun at him. The two struggled over the handgun and the Fremont man was shot. The other fled the scene. The injured

man was taken to a trauma center for treatment and eventually released. Detectives from the Investigations Unit have taken over the case and are following up on leads. Anyone with information is asked to call the Fremont Police Department Crimes Against Persons Unit at (510) 790-6900.

#### Tuesday, April 21

• Just nine days after being released from Alameda County Jail, a man identified by police as Kristopher Sylvester, 34, of Fremont was arrested again in connection with a series of crimes across the South Bay. Sylvester was initially arrested April 2 by Fremont police in connection with a series of commercial burglaries, possession of a loaded firearm and other crimes and



booked into Alameda County Jail. He was released on April 7 by a judge after his arraignment and issued a June court date. Sylvester was arrested again April 16 by Santa Clara Police in connection with a series of burglaries and the theft of about 23 vehicles from a car rental agency in San Jose on April 13. That same day, Milpitas Police responded to an auto burglary in their city where one of the rental agency vehicles was involved. Before fleeing, the suspects left behind two cash registers that were stolen from an earlier burglary in Palo Alto. Fremont Police detectives reviewed video surveillance and identified Sylvester as one of the suspects.

Then, at 2:00 a.m. April 16, Santa Clara Police responded to several burglaries in their city and located one of the stolen rental cars being driven by a suspect who fled from them, driving the wrong way on San Tomas Expressway. When the suspect vehicle eventually crashed, officers arrested the two occupants: Sylvester, along with Jacob Mauck, 32, of Fremont. They face burglary, theft and various other charges. Later, on April 16, police in Milpitas recovered two more of the stolen rental vehicles and arrested two more suspects, identified by police as Cody Ward, 27, and Jana Cornehl, 35, both of Fremont. All four suspects were processed at Santa Clara County Main Jail. Cornehl received a citation and was released while Sylvester, Mauck and Ward were booked into jail, then released and issued June court dates.

#### Wednesday, April 22

• At about 11:19 p.m. a resident near Pennsylvania Avenue reported his car being stolen and driven away. Officers located the car being driven northbound on I-880 and followed as it exited at Alvarado Niles Boulevard. As officers pulled behind, the driver jumped from the vehicle while it was still moving and fled on foot. The unoccupied car slowly rolled back toward the southbound I-880 ramp, down the embankment and onto the freeway where it eventually stopped on the left shoulder after striking the center divider. No other vehicles were struck. Meanwhile, officers, with assistance from CHP and Union City police, captured the suspect, identified by police as Jonathan Reyes, 23, of Fremont/Union City. He was issued a citation with a court date in June.

# **Von Till & Associates A**TTORNEYS

Since 1970

MAKEA LIVING TRUST Name Trustee If You Become Disabled Create Management Plan For Assets Costs less than Many Auto Repairs And Is Much More Important **DELAY MAKES NO SENSE** 

OWN YOUR OWN HOME? Avoid Thousands of Dollars of Probate Fees Avoid Delays of Probate Name Guardian for Minor Children

PERSONAL INJURY, DEATH, & DISABILITY CLAIMS Numerous million dollar jury verdicts, including defective products, walkways, and vehicular accidents.

**GENERAL CIVIL PRACTICE** Business and personal matters, partnerships, corporations

#### STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty Law Clinic Santa Clara University College of Law 1987 Editor, University of Illinois Law Review 1968-1969 California Supreme Court Cases Accepted and Argued Martindale-Hubbell's Highest Preeminent A-V Peer Review Ranking Over 30 yrs: "A" Legal Ability "V" Highest Ethical Standards

#### FREE Initial Consultation

**Email questions or** Request appointment at vontill@gmail.com

510-798-1100 messages

152 Anza Street Fremont

(Mission Blvd. & Anza St., Near Ohlone College)

# Officer involved shooting

SUBMITTED BY SAN LEANDRO PD

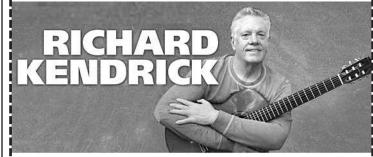
On April 18, 2020, about 3:12 p.m., San Leandro Police Officers responded to Walmart, located at 15555 Hesperian Boulevard, for a report of a man brandishing a baseball bat inside the store. Upon their arrival, officers saw a man standing near the shopping cart storage bay holding a baseball bat. Officers proached the man and gave him commands to put down the bat.

The man did not comply with the officers' commands and instead walked towards the officers while still holding the bat. An officer discharged his taser, which was not effective, and the man continued walking towards the officers. Then, the officer used his service weapon, striking the man once in his upper torso. Seconds later, another officer discharged his taser at the man. Officers called for paramedics and provided first aid until they arrived. Despite life-saving measures, the man died from his injuries at the scene. Our thoughts are with the man's family during this time.

The City of San Leandro is committed to thoroughly investigating this incident. As with all officer involved shootings, the department will be conducting a complete multi-level review. The officers involved were placed on administrative leave which is standard protocol in any officer involved shooting. The Alameda County District Attorney's Office will also conduct an independent investigation of the incident, as they do with all officer involved shootings that result in injury or death.

Anyone with information regarding this incident is urged to contact the San Leandro Police Department at (510) 577-2740.

# **Online classes**



# Mission San Jose School of Guitar

**Beginning - Advanced Guitar Instruction Private & Group Lessons** 

510-661-9147

www.rwkendrickguitarjr.com E-mail:rwkendrickjr@yahoo.com

FREE Lesson with purchase of 4 lessons

Popular, Rock, Jazz Blues & Classical also available: Bass, Ukulele, Voice Music Theory and Keyboard

Qualified, Professional and Experienced 22 years in same location Masters Degree in Music (Performance - Classical Guitar)

152 Anza Street, Fremont



FOAM FOR:

IN MOST CASES

**Mattress Toppers** 

SAME DAY SERVICE Special Back & Neck Pillows, Wedges

Special Packaging/Cases and more

Service is our number one product!

**MATTRESSES** 

**CUSHION REPLACEMENTS FOR:** Sofa, Chairs, Window Seats, Boats

Thank you for choosing Bob's Foam Factory products. We are certain you will be pleased with your choice. Since opening our doors in 1979, we have been committed to providing outstanding service, quality and durability. **OPEN TO THE PUBLIC** LARGEST SELECTION IN BAY AREA

OPEN MON-FRI 8:30AM-5:00PM SAT 8:30AM-3:00PM

880 to Auto Mall Pkwy - Exit towards the Hills Rt on Fremont Blvd. - 1/2 mile turn right on Pestana Place

# Special Packaging

DIE CUTTING - PACKAGE DESIGN PROTOTYPES

Tell us how you use your foam!

Celebrating 40 Years!

Thank you for your years of support

#### PUBLIC NOTICES

NOTICE OF PUBLIC HEARING CITY OF FREMONT
PLANNING COMMISSION

PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD A PUBLIC HEARING ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARING WILL EITHER BE: HELD AT 7:00 P.M., ON THURSDAY, MAY 14, 2020, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD; OR, IF THE CITY HAS DEEMED IT NECESSARY IN THE INTEREST OF PUBLIC HEALTH TO LIMIT THE ATTENDANCE OF PUBLIC ASSEMBLIES TO PREVENT OR MITIGATE THE EFFECTS OF CORONAVIRUS 2019 (COVID-19), SAID PUBLIC MEETING MAY BE HELD VIA CORONAVIRUS 2019 (COVID-19), SAID PUBLIC MEETING MAY BE HELD VIA TELECONFERENCING AND MADE ACCESSIBLE TELEPHONICALLY OR OTHERWISE ELECTRONICALLY TO IMPOSE AND PROMOTE SOCIAL DISTANCING UNDER THE AUTHORITY OF EXECUTIVE ORDER N-25-20, AS AMENDED.

THE COTTAGES – 37343 Blacow Road
-PLN2020-00195 - To consider a two-year
Map Extension of previously approved
Vesting Tentative Tract Map No. 8404 to
facilitate development of The Cottages
(PLN2017-00285), a 37-unit residential
subdivision with both single-family and
duet-style homes on a 329-acre site duet-style homes on a 3.29-acre site located in the Centerville Community Plan area, and to consider a finding that no further environmental review is required based on project consistency with the Mitigated Negative Declaration that was previously adopted for the development in accordance with the requirements of the California Environmental Quality Act

Project Planner – Mark Hungerford, (510) 494-4541, mhungerford@frememont.gov

BEARD COMMONS – 33650 Beard Court – PLN2020-00215 - To consider a two-year Extension of previously approved Vesting Tentative Tract Map No. 8333, to a Planned District August 2015 - Create Street St District Amendment, and Private Street to allow the development of five single-family detached houses on an approximately 0.6-acre site at 33650 Beard Court in the North Fremont Planning Area, and to consider a finding that no further environmental review is required based on project consistency with the development density established in the General Plan and for which a Categorical Exemption from the California Categorical Evenipuon in the Canionna Environmental Quality Act (CEQA) was applied per CEQA Guidelines Section 15332, In-Fill Development Projects. Project Planner – Marc Cleveland, (510) 494-4543, mcleveland@fremont.gov

UPDATE - Citwide - PLN2020-00226 - To consider General Plan Text Amendments to replace Level of Service with Vehicle Miles Traveled as the criteria to be used for transportation analysis under the California Environmental Quality Act (CEQA), in compliance with Senate Bill 743 and CEQA Guidelines Section 15064.3, and to consider an exemption from the requirements of CEQA, each on separate and independent basis, per a separate and independent basis, per CEQA Guidelines Section 15061(b)(3) in that the proposed amendments are not a project which has the potential to cause a significant effect on the environment and CEQA Guidelines Section 15268(a) in that the proposed amendments are ministerial actions exempt from the requirements of CEQA. Project Planner – Bill Roth, (510) 494-

CEQA TRANSPORTATION ANALYSIS

For further information on any of the above ror further information or any of the above items, contact the respective project planner above for that particular project. Due to the effects of COVID-19 promoting social distancing, early submission of public comment in writing via email is strongly recommended.

4450, broth@fremont.gov

\* NOTICE \*

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

JOEL PULLEN, AICP, SECRETARY FREMONT PLANNING COMMISSION



#### **CIVIL**

SUMMONS (CITACION JUDICIAL) CASE NUMBER (Número del Caso): RG20049445 RG20049445

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): JOHN CHEN AKA LIXIONG CHEN and DOES 1 TO 50, inclusive, YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ DEMANDANDE LI DEMANDANTE): KL CAPITAL dba BLACKSTONE DISCOVERY NOTICE! You have been sued. The court may

decide against you without your being heard unless you respond within 30 days. Read the

uniess you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time. You may If you do not file your response on time, you may lose the case by default, and your wages, money and property may be taken without further warning

There are other legal requirements. You may want There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award \$10,000 or more in a civil case. The court's of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss

the case. ¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información

a continuación. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiena que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte. ca.gov) o poniéndose en contacto con la corte o ca.gov) o poniéndose en contacto con la corte del colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor cadiquer reculperation de 31,0000 miss de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is (El nombre un discourant de la contra colo suprier Court el ficación de la caso colo suprier con caso colo

The name and address of the court is (El nombre y dirección de la corte es): Superior Court of California, County of Alameda, 1225 Fallon St., Oakland, California 94612
The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is MARTIN B. GREENBAUM(El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Greenbaum Law Group LLP, 170
Newport Center Drive, Suite 130, Newport Beach, CA 92660, 949-760-1400
DATE (Fecha): January 3, 2020

באסטטט, אין אין דירוטר ווועט DATE (*Fecha*): January 3, 2020 Chad Finke, Clerk (*Secretario*), by Carolyn Lemos, Deputy (*Adjunto*)

(SEAL) 4/28, 5/5, 5/12, 5/19/20

CNS-3361912#

#### **FICTITIOUS BUSINESS NAMES**

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 5699860
Fictitious Business Name(s):
The Greenhouse for KIDS, 4127 Crestwood
Street, Fremont, CA 94538, County of Alameda
Registrant(s):
Jan Green, 4127 Crestwood Street, Fremont,
CA 94538
Business conducted to the conducted by the conducted to the co

Registrant(s):

Jan Green, 4127 Crestwood Street, Fremont, CA 94538

Business conducted by: an Individual

The registrant began to transact business using the ficitious business name(s) listed above on 90/29/1989

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Isi Jan Green

This statement was filed with the County Clerk of Alameda County on April 13, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/28, 5/5, 5/12, 5/19/20

CNS-3361481#

#### **GOVERNMENT**

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont
City Council will hold a public hearing to consider
the following proposals. Said public hearing will be
held at 7:00 p.m., Tuesday, May 12, 2020, Council
Chambers, 3300 Capitol Ave., Bldg. A, Fremont,
CA, at which time all interested parties may attend
and be heard:
CDBG FUNDING RECOMMENDATIONS AND
FIVE-YEAR CONSOLIDATED PLAN
Public Hearing (Published Notice) on the Use of
Federal Community Development Block Grant
Funds for FY 2019/20 and FY 2020/21; Amending
the FY 19/20 Action Plan, including Incorporating
CARES Act Funding; Adopting a Resolution
Approving the FY 2020-21 through 2024-25
Consolidated Plan; and Authorizing the City
Manager to Execute Agreements with the U.S.
Department of Housing and Urban Development
and CDBG Grantees and Programs.
If you challenge any decision of the City Council
in court, you may be limited to raising only those
issues you or someone else raised at the public
hearing described in this notice, or in written
correspondence delivered to the City Council at,
or prior to, the public hearing.
SUSAN GAUTHIER, CITY CLERK
4/28/20

#### **NOTICE TO CONTRACTORS**

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on May 19, 2020 at which time they will be opened and read out loud in said building for:

SABERCAT CREEK KNICK POINT RESTORATION PROJECT CITY PROJECT 8921(PWC)

Plans, special provisions and standard proposal rians, special provisions and satindary project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of conjes before coming to nick up documents. of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT PURCHASING DIVISION CITY OF FREMONT 4/28, 5/5/20

NOTICE TO CONTRACTORS
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on May 28, 2020 at which time they will be opened and read out loud in said building for:

DUSTERBERRY NEIGHBORHOOD PARK
BUILDING DEMOLITION 8831 A (PWC)

BUILDING DEMOLITION 8581 A (PWC)
(Re-Bid)
A NON-MANDATORY PRE-BID CONFERENCE:

A NON-MANDATORY PRE-BID CONFERENCE:
A non-mandatory pre-bid conference is scheduled for Thursday, May 14, 2020 at 10:00 a.m. at: The Parking Lot of 4276 Peralta Blvd, Fremont, CA 94538, for the purpose of acquainting all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.
JANICE BECERRA JANICE BECERRA PURCHASING DIVISION CITY OF FREMONT

CNS-3361511#

CITY OF FREMONT
ORDINANCE NO. 06-2020
AN ORDINANCE OF THE CITY OF FREMONT
ESTABLISHING SPEED LIMITS ON CERTAIN
CITY STREETS AND AMENDING FREMONT
MUNICIPAL CODE SECTION 10.05.1000
TITLED "DECLARED PRIMA FACIE SPEED
LIMITS"

On March 3, 2020, the Fremont City Council On March 3, 2020, the Fremont City Council introduced the above ordinance. It would establish speed limits on certain city streets and amending Fremont Municipal Code Section 10.05.1000 titles "beclared Prima Facie Speed Limits" (Continued from March 17, 2020 City Council Meeting). This Ordinance was adopted at a regular meeting of the City of Fremont City Council held April 14, 2020, by the following vote, to wit: AYES: Mayor Mei, Vice Mayor Jones, Councilmembers: Bacon Salwan, Kassan, Keng, and Shao

ABSTAIN: None
A certified copy of the full text of Ordinance No.
06-2020 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.
SUSAN GAUTHIER, CITY CLERK

#### NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on May 12, 2020 at which time they will be opened and read out loud in said building for:

FREMONT BOULEVARD INTERSECTION SAFETY IMPROVEMENTS PROJECT CITY PROJECT 8927(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project

can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of parties before provided to the confirm availability of parties before provided to the confirm availability. of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

PURCHASING DIVISION CITY OF FREMONT 4/21, 4/28/20

CNS-3360257#

#### TRUSTEE SALES

T.S. No.: 2015-05383-CA A.P.N.:543-0458-046-00 Property Address: 34329 Xanadu Terrace, Fremont, CA 94555 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/02/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, ITMAY BE SOLDATA PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: DALIA G VIRAY, AN UNMARRIED WOMAN DUly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 03/14/2006 as Instrument No. 2006094326 in book ---, page-- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 08/03/2020 at 12:00 PM Place of Sale: AT THE FALLON STREET, OAKLAND, CA 94612 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 875,752.81 NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS AND LOAN ASSOCIATION, A SAVINGS AND LOAN ASSOCIATION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATIO

by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 875,752.81. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE OF TRUSTEE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary. one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx using the file number assigned to this case 2015-05383-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: April 2, 2020 Western Progressive, LLC, as Trustee for beneficiary C/o 1500 Palma Drive, Suite 237 Ventura, CA 93003 Sale Information Line: (866) 960-8299 http://www.altisource.com/MortgageServices/DefaultManagement/Trustee Services/aspx Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

by the Deed of Trust with interest thereon, as

CNS-3358762#



NOTICE OF PUBLIC HEARING

CEQA TRANSPORTATION ANALYSIS UPDATE - PLN2020-00226

To consider General Plan Text Amendments to replace Level of Service with Vehicle Miles Traveled as the criteria to be used for transportation analysis under the California Environmental Quality Act (CEQA), in compliance with Senate Bill 743 and CEQA Guidelines Section 15064.3.

APPLICANT: City of Fremont

PUBLIC HEARING: Notice is hereby given that the Fremont Planning Commission will consider the proposed amendments on Thursday, May 14, 2020, at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard; or, if the City has deemed it necessary in the interest of public health to limit the attendance of public assemblies to prevent or mitigate the effects of Coronavirus 2019 (COVID-19), said public meeting may be held via teleconferencing and made accessible telephonically or otherwise electronically to impose and promote social distancing under the authority of executive order N-25-20, as amended. Information on how to attend the meeting by teleconference will be available on the meeting agenda posted online at <a href="http://www.fremont.gov/426/Planning-Commis-powed-426/Planning-426/Pl sion on Friday, May 8, 2020 by 5:00 p.m.

ENVIRONMENTAL REVIEW: The proposed amendments are exempt from the requirements of the California Environmental Quality Act (CEQA), each on a separate and independent basis, per CEQA Guidelines Section 15061(b)(3) in that the proposed amendments are not a project which has the potential to cause a significant effect on the environment and CEQA Guidelines Section 15268(a) in that the proposed amendments are ministerial actions exempt from the requirements of CEQA.

Due to the effects of COVID-19 promoting social distancing, early submission of public comment in writing via email is strongly recommended. Any questions or comments on the project should be

Bill Roth, Senior Planner

39550 Liberty Street, Fremont P.O. Box 5006, Fremont, CA 94537-5006 Location: Mailing: Phone: broth@fremont.gov

CNS-3361706

# Pub removes \$10,000 stapled to walls, for unemployed staff

#### **AP WIRE SERVICE** BY PHILLIP VALYS, THE SUN SENTINEL

The history of Fort Lauderdale restaurant Hott Leggz is written with magic marker on thousands of dollar bills stapled to the walls and ceiling.

On one bill, "Da Bears" is scrawled in Navy blue above George Washington's mug, reflecting the pub's Windy City roots. Another single, from a Jackson, Va., visitor, exclaims "I ate gator tail!" as a nod to the alligator-inspired menu. Because this is also a sports bar, most scrawled messages range from punny and PG-rated ("Lettuce Turnip the Beet!") to raunchy and unprintable.

For nine years patrons have written these personal memories on enough cash to wallpaper every inch of the pub.

Co-owner Juliana Sodre's favorite dollar bill contains four words: "I love you forever.'

"It was a message my sister-in-law, who worked here, wrote to my nephew" Sodre says. "She passed away last year."

When South Florida restaurants shut down last month to halt the spread of the new coronavirus, Hott Leggz complied, laying off all but three of the pub's 25 employees as they pivoted to takeout and delivery. Then Sodre struck on a way to help her now-unemployed staff.

"We were like, there's literally money on the walls, so let's donate it all to the employees," Sodre says. "We always had a running joke that if something went wrong with the bar, at least we had worst-case-scenario money. Well, this is a worst-case scenario."

Down came the dollars. Since March 21, Sodre and volunteers have carefully unstuck and cleaned thousands of bills, one by one. One bill, caked in years of bar dust, had 16 staples in it, Sodre says. By unofficial tally, they harvested about \$10,000, with stacks of dirty bills stretched across the bar countertop.

"We were like, there's literally money on the walls, so let's donate it all to the employees," Sodre says.

"It's important for us to take care of our employees," says Ky Novak, co-owner of Hott Leggz. "At the end of the day, it's not life-changing money, but it can get them through the next week or two.'

A Chicago Bears stronghold from the moment it opened in 2011, Hott Leggz dishes nine gourmet burgers, Chicago beef and sausage sandwiches, salads and alligator po'boys. Novak, a part-time Fort Lauderdale resident who operates a 50-year-old rib joint in Chicago, quickly realized the power of customers leaving

"their personal mark" on the walls of the 2,000-square-foot pub.

For now, Novak is keeping mum about the exact amount peeled off the walls. Customers can hazard a guess by chipping in \$1 with their pickup or takeout order through Monday, April 20, and the closest will receive a \$100 gift card, he says.

Novak, who estimates daily revenues are down 80% at the bar, says his bar will "probably survive" the pandemic.

But Hott Leggz won't look the same when the dining room eventually re-opens to customers. Prying bills off the walls revealed layers of dirt underneath dating back a decade. Employees have spent weeks scrubbing stains and replacing the walls with shiplap and fresh coats of paint.

"Then we'll start the dollar bills all over again," Novak says. "Everyone should leave their mark.'

# **Virtual races** create worldwide running community



By Stephanie Gertsch

Struggling to maintain social connections while in isolation? Set up a FaceTime or Zoom!

Learning a new hobby? Join an online meetup and submit your work digitally!

A runner missing out on a season of marathons? Yep, you can go online for that too!

With gyms closed and large gatherings on the backburner for the near future, joggers and runners are looking for new ways to get moving. Even before the COVID-19 outbreak prompted shelter



in place orders, forward-looking runners were looking for ways to mobilize globally, giving birth to the concept of "virtual races."

One organization, Moon Joggers, (at www.virtualrunevents.com) gives this definition of their events: "A virtual race is a race that can be run (or walked) from any location you choose. You

can run, jog, or walk on the road, on the trail, on the treadmill, at the gym or on the track (or even at another race). You get to run your own race, at your own pace, and time it yourself."

In addition to purchasing a bib and medal designed for that specific race, part of the registration fee goes toward charity. (For a full list of charities Moon Joggers supports, view https://www.virtualrunevents.com/charities/.)

A blog, Facebook group, and online results tracker help runners stay connected with each other, even when they are running on different continents. Moon Joggers works on the honor system, so people can use a fitbit or an app to track their distance and time, then enter the results on the website.

"A lot of people run on their treadmills, which is



definitely practicing social distancing. Many more are out running in their neighborhoods or on trails...so they can still exercise and get fresh air and do it safely," says Moon Joggers president Angie

Naturally, some upcoming races have a distinct Corona theme: "We're All in This Together, but Six Feet Apart," "The Real Heroes" (honoring doctors, nurses, and other first responders), and finally "The Great Toilet Paper Chase." For all three of these races, 30% of proceeds will go directly to COVID-19 relief. (Check the individual race pages for more information about which charities are being supported.) Registration costs \$22, and medals and bibs will ship out June 12 - but you can run and log your results anytime after you register and you have until the end of 2020 to officially complete your race.

"Because so many live races have been cancelled, many more people are turning to virtual races," says Webb. I think they still want to be part of something and feel connected through the races. It also helps them feel good to know that while they are out there running on their own, or with the family members, they are helping different charities as well.

**COVID-19** relief races Registration \$22 Bibs/medals ship June 12 https://www.virtualrunevents.com/product-category/covid-19-relief-races/

# 'And the Beat Goes On"

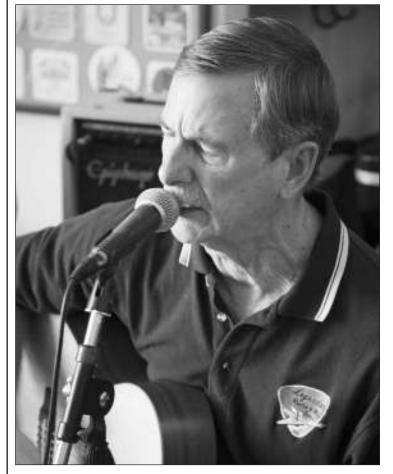


#### **SUBMITTED BY** CAROL ZILLI

Music for Minors II (MFMII), the 501 (c)(3) nonprofit, continues to keep music in children's classrooms as it has for the past 32 years despite our social distancing and school closures thanks to the dedication and caring of our wonderful community volunteers whom we have trained to be music docents. MFMII firmly believes that

connection or "Styles Of Fiddling" with concert violinist Christina Mok.

Since this enrichment is shared with parents via the classroom teachers, MFMII hopes that parents will also experience the joy of making music at home with their families and become interested in the MFMII fall training program open to community members to become future docents in children's classrooms, thereby



music is just what children and all of us need in these challenging times. Since music can simultaneously feed and brain and touch the heart, it is a powerful learning tool and can calm, heal or invigorate us offering a means of self-expression which is important now more than ever.

Music for Minors II volunteer music docents have therefore adapted to the virtual classroom by using technology to share their weekly lessons via Zoom or YouTube for their students and classroom teachers who have greatly appreciated singing and signing songs, making homemade instruments, and keeping fit with body percussion and rhythm activities. To continue mutual support, MFMII docents and staff also connect online for docent sharing sessions to exchange ideas and share songs.

In addition to sharing docent lessons, MFMII provides virtual classroom presentations with talented professional musicians such as "Blues in the Schools" or "Red White and Blue" with Fremont resident Barry Walter which makes the music/history

expanding MFMII to many more children in need. Our volunteer recruitment opportunities at school sites have been eliminated due to the closures as well as our community events so we depend on people visiting our website to obtain the training flyer and application and learn about other ways to support our nonprofit. Please visit us at:

www.musicforminors2.org MFMII will be participating in "GivingTuesdayNow" on May 5th and would appreciate funding support and matching funds for our fall training program which is the core of our mission to nurture the love and literacy of music in children's classrooms and lives for their academic success and healthy child development. We welcome your support. MFMII is determined to keep the beat going for the betterment of our children and society.

> **Music for Minors II** (510) 733-1189 www.musicforminors2.org mfm2ed@gmail.com

## **Milpitas City Council**

April 21, 2020

#### **Proclamation:**

Proclaimed National Public Safety Telecommunications Week for April 12 - 18, 2020 Proclaimed Earth Day on April 22, 2020

#### **Consent Calendar:**

- Accepted Public Improvements and approved Reduction of Faithful Performance Bond for Public Improvements for The Edge Subdivision at 765 Montague Expressway by Lago Vista Milpitas, LLC.
- Adopted a Resolution listing the projects for Fiscal Year 2020-21 to be funded by SB 1: The Road Repair and Accountability Act of 2017.
- Designated the City Manager, Assistant City Manager, and Director of Finance as authorized agents to submit reimbursement requests to Cal OES and FEMA.
- Released Unclaimed Checks and Credits, per Standard Operating Procedures.

- Formally denied the appeal and upheld the Planning Commission's decision to deny the development of a hotel with up to 105 rooms at 1000 Jacklin Road.
- Authorized the City Manager to execute an Agreement with Maze & Associates Accountancy Corporation for Professional Auditing Services for a five-year period.
- Awarded invitation for bid to Long Beach BMW Motorcycles and authorized the purchase of five new BMW motorcycles for the Milpitas Police Department.

#### **COVID-19 Issues:**

- Mandated the use of Face Covering. An Executive Order to be drawn up in this regard by the City Manager will be ratified at the next City Council meeting.
- Following a lot of discussion on the post-COVID-19 Recreation and Community Services and Programs events, it was decided to keep the possibility of holding July 4th celebrations. Vote: Aye 3 (Tran, Nunez, Phan) Nay 2 (Montano, Dominguez)
- Accepted a report from the Purchasing Agent regarding emergency purchases over

\$20,000 related to the COVID-19 outbreak for the period of April 1 to April 14, 2020 for the purchase of Personal Protective Equipment (PPE) for

#### Milpitas Firefighters. **Renaming of Economic** Development **Subcommittee:**

- Changed the name of Economic Development Subcommittee to "Small Business Assistance Subcommittee".
- Discussed the establishment of a City sponsored Small Business Loan Program utilizing the services of Silicon Valley Community Foundation (SVCF) and Opportunity Fund as a fiscal agent and administrator of the loan program. The staff was asked to come back as soon as possible with suggestions regarding operational issues such as how to structure the loans, eligibility of the recipients, etc.

Rich Tran (Mayor) Aye Bob Nunez (Vice Mayor) Aye Carmen Montano Aye Karina Dominguez Aye Nay 1

Anthony Phan

# **Homicide Investigation**

SUBMITTED BY HAYWARD P.D.

Saturday, April 18, at about 9:50 p.m., officers responded to the 700 block of Memorial Way for a report of gunshots heard in the area. Upon arrival, a man suffering from gunshot wound(s) was located. Emergency medical personnel later pronounced the man deceased. The identity of the deceased man is known, however being withheld at this time until proper notification is made to his family. This is Hayward's 6th homicide of 2020. The Hayward PD case number is 2020-023525.

Anyone with information related to this homicide is asked to call (510) 293-7176.

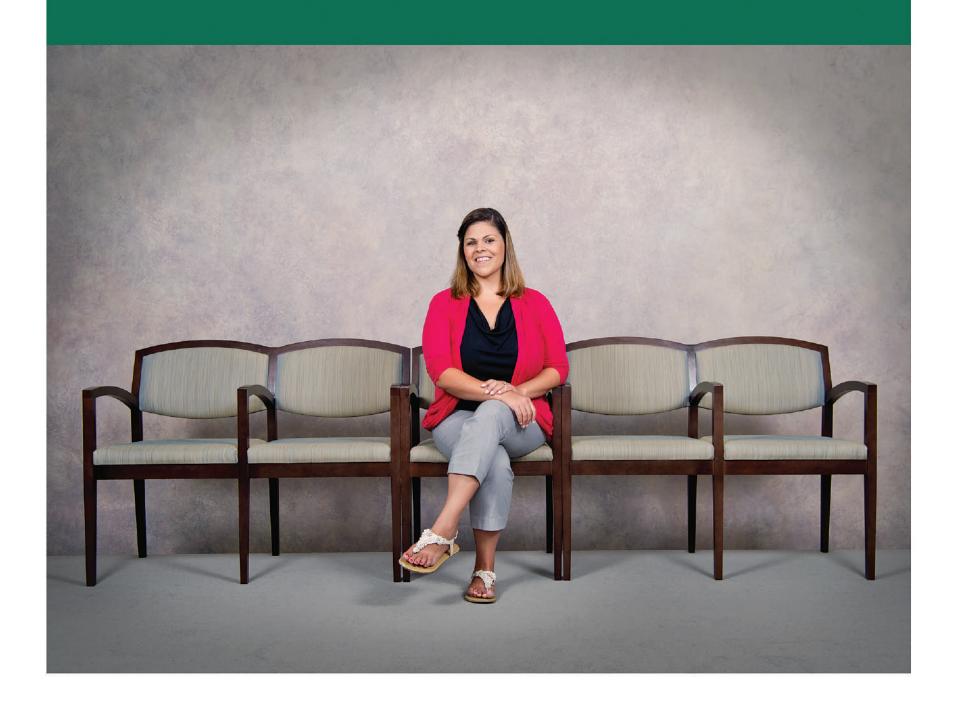


Scan for our FREE App or **Search App Store for TCVnews** 

Get our App and you will always know what is happening. We also have the back issues archived

# MY CHOICE IS WTMF,

because my doctor makes me feel like I'm her only patient.



People choose Washington Township Medical Foundation (WTMF) for lots of reasons. When Jessica Rivas was pregnant with twins, she was looking for a great obstetrician close to her home in Fremont. Jessica's mom, a nurse at Washington Hospital, knew that Dr. Stacey Barrie, a WTMF OB/GYN, would be the perfect choice for her daughter. Jessica took her mom's advice, and couldn't be happier. "Not only do I get attentive, individualized care from Dr. Barrie," said Jessica, "she's incredibly knowledgeable and experienced – and hilarious! You can tell that she really loves what she does." Since the twins' birth, Jessica continues to see Dr. Barrie and has recommended her to friends. And because Jessica's experience with the rest of the staff has been so positive, she has recommended other physicians in the group to friends and family as well.



Part of Washington Hospital Because WTMF is an integral part of the Washington Hospital Healthcare System, we have immediate access to the system's wide array of advanced

healthcare services, whenever you need them. This includes their highly awarded inpatient and outpatient facilities and specialty centers.

#### Washington MyChart

is an online resource which allows our patients to see their personal health information in a safe,



secure and private manner. Accessible from your mobile or desktop device, you can view your test results, prescriptions, allergies, immunizations, and other portions of your health record. You can also send a message to your doctor's office, schedule an appointment, or request a referral.

Our WTMF specialist network
has a staff of board certified
physicians who work as a team,
consulting regularly and collaborating to provide patients
with thorough, in-depth care
in specialties ranging from
Cardiology and Neurosurgery
to Endocrinology and Geriatrics...

