



Not today,
Coronavirus!

Page 22



Calling All
Tri-City Young
People: Your
Vote Counts...
Register and
Vote!

Page 25



A flamboyance
of pink
flamingos
arrives at
the zoo

Page 7



TRI-CITY VOICE

Fremont, Newark, Union City & Castro Valley, Hayward,
Milpitas, San Leandro, San Lorenzo, Sunol

"Accurate, Fair & Honest"



Scan for our **FREE App** or
Search App Store for **TCVnews**

510-494-1999

tricityvoice@aol.com

www.tricityvoice.com

March 17, 2020

Vol. 18 No. 10

Over 2,000 stolen electronic devices recovered in auto burglary investigation

By STEPHANIE GERTSCH

On Thursday, March 12 the Fremont Police Department and Santa Clara County District Attorney's office held a press conference to update the results of recent investigations into auto burglaries and large-scale fencing operations across the East Bay Area. At the event, stolen laptops and backpacks were displayed, as well as several vehicles that had been purchased with proceeds of stolen goods.

continued on page 14

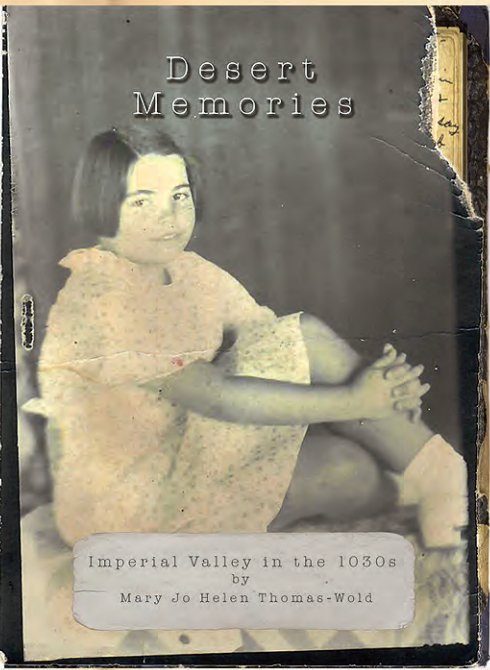


SUBMITTED BY
RICHARD CULVER WOLD

John Steinbeck may have written about it, but East Bay resident Mary Jo Thomas-Wold lived it. Her story starts in December 1933 in Cove Arkansas, four years after the stock market crash of 1929. The leaves kicked up under a swift cool breeze a month after a devastating dust storm hit South Dakota, a foreshadowing of what was to follow in the next year.

Mary Jo was just seven years old when her family packed up and headed to Imperial, California, so her father, a former farmer, could find work. Hardly able to comprehend the significance of what she was experiencing, and certainly not from a historical perspective, Mary Jo got in the back of a wooden school bus her father had

continued on page 15



Local's fiction looks back on Depression-era life



FAMILY SCIENCE NIGHTS

SUBMITTED BY LEONOR REBOSURA

Did you know...

...that the San Francisco Bay Area provides habitats for a diversity of local and migratory birds? That the open water and sloughs of the Bay contain an abundance of microscopic life called phytoplankton or zooplankton? What a watershed is and why it's critical that we protect ours? How an airboat uses a giant fan for propulsion, and how it helps biologists get closer to wildlife?

These are just some of the facts about the San Francisco Bay Area that elementary students and families of Newark Unified School District (NUSD) are exploring at "Family Science Nights



2020." This event is hosted and organized with community partners - Don Edwards San Francisco Bay National Wildlife Refuge, East Bay Regional Parks at Coyote Hills, and Alameda County Water District. NUSD families enjoy an evening of exploration, inquiry, discovery and fun while experiencing Next Generation Science Standards (NGSS) 3-dimensional learning.

On February 12, over 150 students and parents attended and enjoyed interactive stations at Graham Elementary. Graham teachers and Newark Memorial High School students guided families through different learning experiences. Genie Moore and Tia Glagolev, Naturalists from Don Edwards San Francisco Bay National Wildlife Refuge, designed and organized all the learning stations.

continued on page 7

INDEX

Arts & Entertainment . . . 19
Bookmobile Schedule . . . 20
Business 8

Classified 22
Community Bulletin Board 34
Contact Us 27
Editorial/Opinion 27
Home & Garden 13

It's a date 19
Kid Scoop 16
Mind Twisters 10
Obituary 28
Protective Services 31

Public Notices 31
Real Estate 15
Sports 24
Subscribe 27

Economic Impact Study Shows Washington Hospital Healthcare System Major Factor in Local Economic Health



The Washington Hospital Healthcare System (WHHS) is a major contributor to the economic health and growth of southern Alameda County, according to a recent economic impact study commissioned by the Hospital Healthcare System.

In fiscal year (FY) 2018, WHHS recorded direct spending of \$670,236,000 in operations and construction outlay within the Hospital Healthcare System's geographical boundaries which include Fremont, Newark, Union City, Sunol and a portion of Hayward, and \$743,126,000

throughout Alameda County, the economic impact report stated. "This study not only demonstrates the direct and indirect economic impacts the healthcare system has on its local community, it also demonstrates the immense value of keeping the Hospital

independent, and not part of a regional chain," says Donald A. Pipkin, chief of Strategic Management.

continued on page 5

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on Facebook & Twitter





A Washington Hospital Channel

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	3/17/20	3/18/20	3/19/20	3/20/20	3/21/20	3/22/20	3/23/20
12:00 PM 12:00 AM	Women's Health, Strategy for Wellness: Gender Matters, Heart Disease Risk in Women	Anxiety: Stop Negative Thoughts	Active Living: Yoga Exercises	Diabetes Matters: Asian Fusion	Metabolic Disorders	Mental Health Education Series: Mental Wellness	Hepatitis B and Liver Cancer: Prevention and Treatment
12:30 PM 12:30 AM	Solutions for Weight Management		Strategies to Reduce the Risk of Cancer Recurrence	Aortic Valve Disease: Treatment Options Including TAVR			
1:00 PM 1:00 AM				Washington Township Health Care District Board Meeting February 12, 2020	Healthy Gut, Healthy You	Gastrointestinal Disorders	
1:30 PM 1:30 AM	Mental Health Education Series: Understanding Psychotic Disorders	Updated Treatments for Knee Pain & Arthritis					
2:00 PM 2:00 AM			Early Detection and Prevention of Female Cancers		Washington Township Health Care District Board Meeting February 12, 2020	Mental Health Education Series: Anxiety Disorders	Family Caregiver Series: Nutrition for the Caregiver
2:30 PM 2:30 AM	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	Voices InHealth: Antimicrobial Stewardship					
3:00 PM 3:00 AM	Colon Cancer	Respiratory Health and Diseases	Advancements in Lung Cancer Detection and Treatment	Weight Management: Stopping the Madness		Diabetes Matters: Diabetes Conversations	
3:30 PM 3:30 AM							Digestive Health: What You Need to Know
4:00 PM 4:00 AM	Vitamins & Supplements: How Useful Are They?	Diabetes Matters: Dining Out Around The World	How to Prevent Financial Elder Abuse/Fraud				
4:30 PM 4:30 AM				Women's Health Conference: Reclaiming Your Confidence	Mental Health Education Series: Crisis Intervention	Diabetes Matters: Latin Foods	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss
5:00 PM 5:00 AM	Caregiver Series: Securing Care Preferences Through AHCD	Chronic Kidney Disease: FAQ	Caregiver Series: Codependency and the Caregiver				Preventive Screenings: When and Why are They Important?
5:30 PM 5:30 AM				Women's Health Conference: Women & Stroke: Are You at Risk?	Mindful Healing	Stop Diabetes Before It Starts	
6:00 PM 6:00 AM	Keeping Your Brain Healthy	11th Annual Women's Health Conference: Patient's Playbook	Sports Medicine Program: Why Does My Shoulder Hurt?				Washington Township Health Care District Board Meeting March 11, 2020
6:30 PM 6:30 AM				Learn About the Signs & Symptoms of Sepsis	Palliative Care Series: Interfaith Discussions on End of Life Topics	Food Pharmacy: Prescription for Colon Health	
7:00 PM 7:00 AM	Latest Treatment Options for Wound Care	How To Stop Disease Before It Starts	Peripheral Vascular Disease: What You Need to Know				
7:30 PM 7:30 AM				Stress Management	Advance Care Planning: Five Wishes	Diabetes Matters: Diabetes and Your Heart	Minimally Invasive Options in Gynecology
8:00 PM 8:00 AM	Diabetes Matters: Exercise IS Medicine	Diabetes Matters: Diabetes and Your Heart	Minimally Invasive Options in Gynecology				
8:30 PM 8:30 AM				Diabetes Matters: Basics of Insulin Pump Therapy	Symptoms of Thyroid Problems	Diabetes Health Fair 2019: Diabetes and Foot Care	Strategies to Help Lower Your Cholesterol and Blood Pressure
9:00 PM 9:00 AM	Laugh without Leaking: Understanding Female Urinary Incontinence	Mental Health Education Series: Understanding Mood Disorders	Healthy Eating: Prescription for Health	Strategies to Help Lower Your Cholesterol and Blood Pressure			
9:30 PM 9:30 AM	Diabetes Matters: Italian Foods				Women's Health: Depression, More Than a State of Mind	Diabetes Matters: Diabetes and Kidney Health	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery
10:00 PM 10:00 AM		Diabetes Health Fair 2019: Standards of Medical Care in Diabetes	Balance & Falls Prevention				

Washington Sports Medicine Orthopedic Surgeon Gets in the Game

March Madness Experience Benefits Local Community

Russell Nord, MD, loves the excitement of college basketball's March Madness. The medical director of Washington Sports Medicine has served as tournament physician for the West Coast Conference Men's and Women's NCAA Basketball Championships for the last nine years.

"While there were some interesting upsets at the tournament this year," said Dr. Nord, who is also an orthopedic surgeon with Washington Township Medical Foundation, "Thankfully, unlike the last few years, there were only minor injuries this year."

Each year, Dr. Nord travels to Las Vegas where the tournament is held to care for teams that do not bring their own team doctor. He developed an appreciation for basketball while attending Duke University, where the game is enormously popular.

"It hasn't just been about taking care of the players when they are injured," he explained. "It's also been about setting up the infrastructure so that moving forward we can provide better care. Over the years, I've worked on the logistical side to

improve the medical aspect of the tournament."

One way care was improved this year was by the addition of headsets, allowing the tournament physician to communicate in real time with the athletic trainer and others running the tournament.

"About half the teams don't bring their own physicians," noted Dr. Nord, who also works closely with those physicians who attend, providing his expertise as an orthopedic surgeon when needed. "It's all about keeping the players safe."

March Madness isn't his first experience treating high-level athletes. Dr. Nord served as team physician for the Stanford football team while completing his fellowship in sports medicine at the university, and he also provided orthopedic care for the San Francisco 49ers.

Caring for the Home Team

Dr. Nord believes his experience with high-level athletes has helped to up his game when it comes to providing care for the local community. "Sports medicine is all about testing out and refining treatments in a higher demand environment," he explained. "College and



Before the suspension of the NCAA tournament, Dr. Russell Nord worked to help keep players safe and injury-free.

professional athletes have to get back in the game as soon as possible, so it forces us to critically analyze treatment options that can then be rolled out to other patients."

At Washington Sports Medicine, Dr. Nord leads a team of physical therapists and athletic trainers who help injured athletes return to their favorite sport with minimal downtime. His team also helps patients learn how to prevent future injuries and find ways to improve their performance.

According to Dr. Nord, the program is filling the growing need in the local sports community for high-quality medical services close to home. He and his team

work with area high schools and help young athletes get the care they need to stay in the game.

"I've gleaned a lot from working with higher level athletes," he added. "The experience helps me provide the best care possible to athletes of all ages and others who want to be physically active."

To learn more about Dr. Nord and Washington Sports Medicine, visit www.whhs.com/Sports and view the posted videos. More videos featuring the Washington Sports Medicine Program are available on www.youtube.com/whhsInHealth.

COVID
CORONAVIRUS
DISEASE
19

SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include



FEVER



COUGH

*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



SHORTNESS OF BREATH



CS315252-A 03/03/2020

For more information: www.cdc.gov/COVID19-symptoms



HELLO SPRING

BRING ON THE SUN & FUN

BISTRO

880

COME TO YOUR SENSES

• Soothe Your Soul •

Put some spring in your step! Kick back and enjoy dinner and dancing with a live band. All shows are from 9pm – 1am.

Fri, March 6 – Level Set Band	Fri, March 20 – Fantasy
Sat, March 7 – Vintage Plus Band	Sat, March 21 – Vintage Plus Band
Fri, March 13 – The Mirage Band	Fri, March 27 – The Mirage Band
Sat, March 14 – DJ David	Sat, March 28 – Vintage Plus Band

NEW

KARAOKE THURSDAYS:
with KJ Cindy Spades 8pm – 11pm

• Treat Your Taste Buds •

Don't worry. Be Happy. Every. Single. Day.
Join us for happy hour every day from 4pm – 6pm.
Weekends included!

Join Us For Sushi Corner
Great Sushi selection daily from 4pm – 11pm.

510.413.2300 EXT. 88 | BISTRO880.COM

39900 BALENTINE DRIVE, NEWARK

DISCOVER

extraordinary and innovative Assisted Living
and Memory Care in Fremont.





FREMONT HILLS

A WATERMARK RETIREMENT COMMUNITY

35490 Mission Blvd • Fremont, CA 94536
510-796-4200 • watermarkcommunities.com
ASSISTED LIVING • MEMORY CARE

RCFE LICENSE #019200761 

Can we crash on your couch?



Help save even more animals in our community!

Become a foster parent for dogs or puppies who are waiting to find their forever home. We'll provide the training and supplies, you provide a warm, safe, fun place where the pups can hang out.



Ready to get started? Let us know!
hssv.org/fostersurvey



VOLUNTEER to bring JOY to the elderly

It's easy and fun and only takes a few hours

Options to meet your interest and schedule:

- Drive to appointments and provide assistance as needed
- Deliver meals...and a smile
- Visit with a new friend

Volunteers needed throughout Alameda County

Contact Tammy 510-574-2086
info@LifeElderCare.org
LifeElderCare.org





WALK IN ACCEPTED

All PPO's, Medicare,
Hill Physicians,
Alameda Alliance
& Cash Pay Patients



CCCMA URGENT CARE

Do not delay. Early treatment. Better outcomes.

CCCMA UrgentCare Center offers a high quality medical care that is faster, convenient, and more economical than going to an emergency room. Expert physicians, nurse practitioners, physician assistants and support staff provide quality same-day care for non-life-threatening illnesses and injuries.

Ages 12 and up

 **No Appointment Necessary**
Patients are liable for urgent care services personally or thru insurance coverage

Clinic Hours: Monday - Friday 8:30am - 6:30pm
Saturday 8:30am - 2:30pm

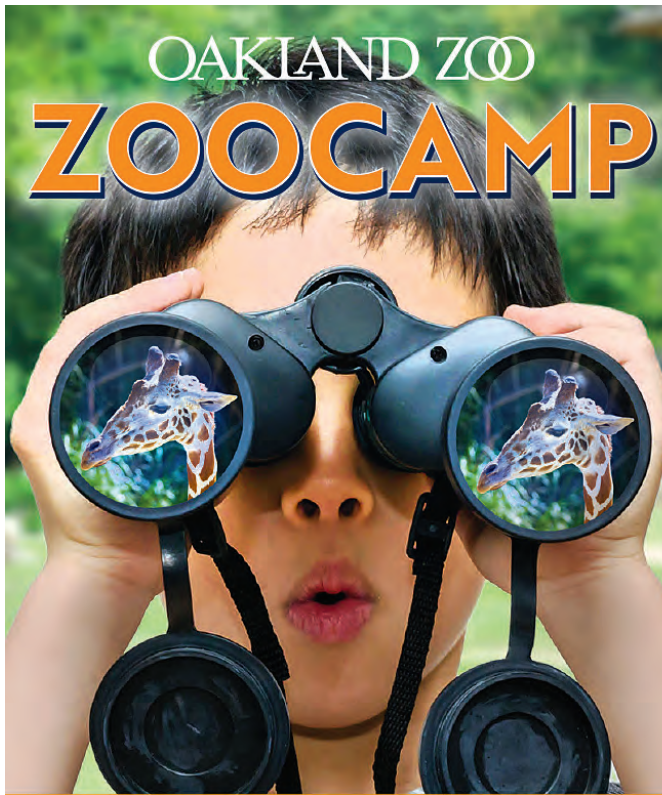
2333 MOWRY AVE #300, FREMONT CA 94538



PHONE: 510-796-0222

OAKLAND ZOO

ZOOCAMP



REGISTRATION NOW OPEN!
oaklandzoo.org

continued from page 2

Economic Impact Study Shows Washington Hospital Healthcare System Major Factor in Local Economic Health

“A significant portion of the Hospital Healthcare System’s revenues are spent locally, right here in the community. The district continually reinvests in the local community,” Pipkin adds. “The study shows how the significant economic benefits of jobs and spending by the Hospital Healthcare System, along with its nationally ranked medical services, enhance the entire area. Often when part of a larger chain, revenue generated does not stay in the community, but rather, is returned to corporate headquarters and shareholders.”

The study, by Economic & Planning Systems, Inc. of Oakland, analyzed the primary direct benefits of jobs and spending, along with the secondary economic benefits of medical care, community benefits and charity care. The study compared data from FY 2018 with data from its previous FY 2011 study.

“This study finds that WHHS has a broad and significant economic impact both locally and regionally, creating a substantial number of direct, indirect, and induced jobs, as well as associated spending,” the study’s authors said.

“WHHS also enhances local and regional economic productivity and competitiveness by providing high-quality medical care and health services, including high-impact services for underserved populations, and a range of beneficial programs for the community,” the report stated.

WHHS is the third largest employer in the healthcare system’s geographical area and the 46th largest employer in the greater Bay Area. WHHS supported about 3,420 jobs in Alameda County (including 3,002 in the healthcare system) through its ongoing operational activity and construction projects combined during FY 2018, the report said.

With annual operating expenses of nearly \$554 million and construction spending of more than \$50 million in FY 2018, WHHS is responsible for a significant amount of regional employment, employee compensation, and business spending.

Almost 70 percent of WHHS payroll stays in the county and more than 40 percent of WHHS employees live in the community. The report noted that, with the total number of employees being approximately 2,396, this creates a notable economic ripple effect from household spending.

Further, nearly one in 10 vendors used by WHHS are based in the community, creating local vendor spending of nearly \$9 million in FY 2018, spending that “is important to the economic health of Fremont, Newark, Union City and the rest of the district,” the report added.

The healthcare system’s spending on capital improvement projects “has accounted for notable construction value in Fremont.” The \$350 million outlay to construct the Morris Hyman Critical Care

Pavilion alone supported a daily average of about 200 direct on-site jobs per year during the 10-year project, peaking at 450 jobs at the height of the construction and supporting about 255 jobs during FY 2018.

The healthcare system’s nationally ranked medical services produce strong secondary economic impacts, the report said. These include joint replacement, cancer treatment, cardiac care, and neurocritical care, along with the healthcare system’s partnership with UCSF, and the expanded emergency room and critical care services made available in the new Pavilion. All of these services and others bring patients into the community for specialized treatment, Pipkin explains, and they make it possible for local residents to receive the very best medical care close to home, rather than having to travel out of the area.

Also, with roughly 200,000 inpatient and outpatient visits per year and a variety of other health care services and programs available to district residents and others in the broader geographic area, “WHHS has a positive impact on regional economic and social welfare,” the report said. “Among other things, these services keep community members healthy and maximize the potential for them to make contributions to the regional economy.”

Economic impacts from “charity care” include unreimbursed and subsidized Medicare and Medi-Cal services and other

costs of \$154.4 million to the indigent. The healthcare system also funds free and discounted community health services and undertakes other philanthropic activities.

The healthcare system’s “community benefits” programs include the local InHealth television channel, the Washington on Wheels mobile health clinic, maternal/child health clinics, the Women’s Center, athletic trainers for the Fremont Union School District, donated mammogram services, ER call professional fees, community health education outreach, various grants and other similar programs. Subsidized leases to community non-profits totaled \$360,000, the report noted.

The WHHS mission is to meet the health care needs of the community through medical services, education, and research. This economic impact study shows that, by providing a variety of health care services and programs to the local community and beyond, WHHS keeps community members healthy and maximizes their potential to make positive contributions to the regional economy.

Pipkin continues, “A number of recent economic studies show that health care services provide economic benefits that exceed the costs. This study confirms those findings. Moreover, WHHS provides a significant range of health-related services that benefit populations that would not otherwise have access to care.”



Haller's
MEDICAL SUPPLIES
Since 1957

Empathetic, Accurate & Timely Service is our #1 Priority

Medical Supplies
Scooters
Lift Chairs
Bath Accessories
Wheelchairs
Walkers/Canes/Crutches
Aids for Daily Living
Hospital Beds/Bed Accessories

Personalized Service
Special Orders

Sales Service
Rentals
Repairs

10% off
Transport Chairs and WheelChairs



Exp. 3/30/20

Haller's Medical Supplies
510-797-2221
4067 Peralta Blvd., Fremont
www.hallersrx.net
Mon-Fri: 9:00 a.m. - 6:00 p.m.





OHLONE HUMANE SOCIETY
Advocating For All Animals Since 1983

510-792-4587
39120 Argonaut Way #108, Fremont, Ca. 94538-1304
www.ohlonehumanesociety.org

East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs
Highly skilled and trained in all aspects of Cosmetic Surgery
Complimentary Cosmetic Consultations

Breast Augmentation With Allergan Gel Implants
\$6,999.00 Limited Time!
1st time augmentations only

Back by popular demand Latisse 5ML for \$185.00

Breast Augmentation specialist
Breast lift
Breast reduction
Mommy Makeover Specialist
Tummy Tuck
Liposuction
Upper/Lower Eyelids
Removal of Excess skin surgery after weight loss
Breast Reconstruction Specialist
We accept most insurance providers



Prasad G. Kilaru, MD, MBA
Diplomate, American Board of Plastic Surgery
Over 20 years experience in cosmetic surgery

New Year Specials!
Botox Special!
\$15.00 a unit when you mention this ad
WE USE THE FOLLOWING FILLERS :
Buy two volumas
get a free juvederm ultra or ultra plus
Voluma XC, Vollure, Juvederm Untra and Juvederm ultra plus
Please contact Delilah for filler pricing information at
delilah@prasadkilaru.com or 510-791-9700
25% OFF SkinCeuticals Exp. 2/29/20
Contact our office with any questions. We would love to hear from you
510-791-9700
Contact Delilah for more information
delilah@prasadkilaru.com
Se Habla Español and Marunong Po Kami Mag Tagalog
www.prasadkilaru.com
facebook instagram yelp

39141 Civic Center Dr. #110, Fremont

NIPPON A U T O

In Fremont since 1988

Transmission • Clutches • Engine Performance • Emissions
Power Trains • Drivability Issues • Drive Axle
Brakes • Suspension • Diagnostics • Electrical • Heating & AC

Timing Belt Special	Timing Belt
\$269 4 Cyl. Plus Tax	\$389 4 Cyl. Plus Tax
\$369 6 Cyl. Plus Tax	\$469 6 Cyl. Plus Tax
Includes Timing Belt & Labor to Replace	
Honda /Toyota/Nissan Factory/OEM Parts	
Not Valid with any other offer Most Cars Expires 3/30/20	

European Brakes FREE INSPECTION

Replace front or rear brake pads, rotors, sensors, dealer brakes and brakefluid

\$150
Labor + Parts & Tax
Most Cars Expires 3/30/20

Replace Catalytic Converter

Factory, OEM Parts or after Market Parts

\$90

+ Tax
+ Parts

CALIFORNIA
APPROVED

Call for Price

Most Cars Expires 3/30/20

AUTOMATIC TRANSMISSION SERVICE Factory Transmission Fluid

\$129

+ Tax
Up to 4Qts

- Replace Transmission Fluid
- Inspect Transmission
- Replace Gasket or Filter (Extra if needed)

Most Cars Expires 3/30/20

Minor Maintenance

\$86⁹⁵

+ Tax

With 27 Point
Inspection

- Change Oil & Filter (up to 5 QTS)
- Check Fluids, Belts, Hoses & Brakes
- Evaluate Exhaust System
- Check & Rotate Tires

Most Cars Expires 3/30/20

Normal Maintenance

\$229

+ Tax

30K miles oil service
break fluid regular
oil service

Replace air and A/C cabin filters, oil service, brake fluid, inspect brake pad, power steering fluid, test drive inspection, check and rotate tires. Extra with coolant transmission service. 60K/90K

Not Valid with any other offer Most Cars Expires 3/30/20

PASS OR DON'T PAY SMOG CHECK

\$30

For Sedans & Small Trucks only

\$40

SUV
Vans & Big Trucks

Cash Total
Price Includes EFTF
\$8.25 Certificate Included
Most Cars Expires 3/30/20

BRAKE & LAMP CERTIFICATION

For Salvage Cars - Fix-It Tickets & Lamp & Alignment

\$127

Not Valid with any other offer Most Cars Expires 3/30/20

Auto Transmission Service

\$129

Factory Transmission Fluid

+ Tax

Up to 4 Qts

- Replace Transmission Fluid
- Inspect Transmission or Filter (Extra if Needed)

Most Cars Expires 3/30/20

Coolant System Service

Factory Coolant

\$98

+ Tax

Drain & Refill
up to 1 Gallon

Most Cars Expires 3/30/20

New CV Axle

\$169⁹⁵

+ Tax

Parts & Labor

Not Valid with any other offer Most Cars Expires 3/30/20

OIL SERVICE

ACDelco Factory Oil Filter

\$29⁹⁵

+ Tax

Made
in USA

CHEVRON SAE SUPREME
or Toyota Genuine

Most Cars Expires 3/30/20

European Synthetic Oil Service

\$98

+ Tax

Up to 6 Qts.
5W40
or 5W30
Mobil 1

Pentosin
High Performance
Made in Germany

Not Valid with any other offer Most Cars Expires 3/30/20

SYNTHETIC OIL CHANGE FACTORY OIL FILTER

CHEVRON Your Choice MOBIL

Up to 5 Qts **\$56⁹⁵** + Tax

Not Valid with any other offer Most Cars Expires 3/30/20

TOYOTA GENUINE FULL SYNTHETIC OIL CHANGE OR OW20 OR OW 16

\$56⁹⁵

up to 5 Qts.

ALL OTHER TOYOTA
FACTORY OIL FILTERS
Most Cars Expires 3/30/20

BRAKES FREE INSPECTION

Replace Brake Pads, Resurface Rotors Front or Rear

Made in USA **\$169** + Tax

Brake Experts OME & ORIGINAL DEALER PARTS

Not Valid with any other offer Most Cars Expires 3/30/20

Electric & Computer Diagnostics We are the ELECTRICAL EXPERTS

Only **\$69**

\$120 Value

- Repair Loss of Power to Lights/Outlets
- Repair Flickering/Dimming Lights
- Repair or Replace Circuit Breaker
- Fuses, Panels/Meter Boxes
- Upgrade Fuses
- Aluminum Wires Replaced
- New Circuits
- Rewiring
- Code Corrections
- Inspection Report/Corrections
- GFI Outlets, Lights, Fan, Switches
- Outlets, Service Upgrade

Most Cars Additional parts and service extra Expires 3/30/20

Check Engine Light Service Engine Soon

FREE

(\$45 Value)

If Repairs Done Here

Not Valid with any other offer

Most Cars Expires 3/30/20

10% OFF AUTO REPAIR SPECIAL

Includes Major Work
Install Rebuilt or Used
Engine & Transmission
Plastic Depot

Towing Available: **FREE**

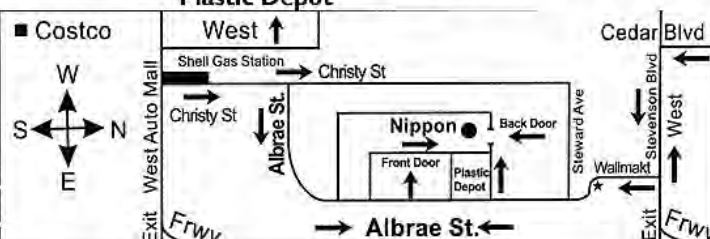
Open Mon-Sat 8:30am-6pm

Sunday by Appointment Only

FREE Estimates & Consultation

24 Hour Phone Service

Shuttle drop off available with 15 miles



Take HWY 880 Exit West Stevenson Blvd. Left Albrae St. or Exit West Auto Mall Right Christy St. Right Albrae St. Located behind Plastic Depot

Text or call **510-207-5859** or **510-659-6920** 24 Hour Phone Service
41419 Albrae St., Fremont



Scan for our **FREE App** or
Search App Store for **TCVnews**

Get our App and you will always know
what is happening. We also have the
back issues archived

Are You Fearful About Losing Your Independence?



Have you ever been told that back pain is just one of those things that comes with your

age, job, family and daily stress? Worse have you been told by your doctor that you have to "accept it", take medication, or rest for weeks on end, because nothing else can be done?

If your aged 45+, you answered "yes" to any of those questions, and you have suffered with low back pain for longer than 10 days now, then please pay special attention to what I'm about to tell you....It could help save your job, your independence your mobility, family and everything else that is important to you.

It is unfortunate many people think their only option is to "rest" or just as bad mask their pain with pills and hope that it just goes away...

...Because as you may be experiencing, if you've suffered for longer than 10 days, something is wrong and there is a problem and I want to help you by simply showing you all the different options that are currently available to you.

My report titled "7 Quick and Easy Ways To End Back Pain and Stiffness." is simple, actionable advice, that is easy to follow and proven to work to help those suffering years on end.

My name is Joewel Pascual, Doctor of Physical Therapy specializing in helping people 45+ find natural and long lasting relief from back pain.

My reasons for writing this report are clear and simple: to help people in this area make a better, more educated and more informed decision about their health.

And the good news is this...Today I'm giving away a completely **FREE** copy of this report (Value \$28)

Inside, could be the solution that lets you keep active, maintain independence AND live free from harmful medication for years to come.

For example:

- Discover the real secret to being able to walk further for longer with much LESS backache.
- The single biggest back pain mistake that most office workers (and business owners) are making each day- and what to do instead...
- The change you can make in the bedroom to get a **better night's sleep!**
- A simple trick for easing back pain that cost you nothing- perfect if you just want to **play golf, cycle longer, or jog further!**

What to do next

Receive your copy today by visiting the website www.mybackreport.com where you can download this guide. You can also call (510) 285-9052 to inquire about the free report.

NOTICE: **only 15 copies available.**

-To your Great Health, Joewel Pascual, PT, DPT

THE AUTHOR OF THIS REPORT, Owner of AMP Physio. One of California's leading physical therapists helping those in the Tri-city area.

Notice to Tri-City Voice readers:

Due to the impact of mandated public and private space closures, temporarily Tri-City Voice may not be available at many normal locations. We are working to increase the number of open-air distribution sites for safe and easy access. In the meantime, as always, copies are available in front of our office building (39737 Paseo Padre Pkwy, Fremont).

We will continue to deliver to businesses that remain open and welcome any others who would like to become a distribution hub for Tri-City Voice. Home delivery is not affected.

The entire content of Tri-City Voice is also available at www.tricityvoice.com and through our app: TCV News.

We are determined to continue our service during this difficult period and have confidence that our communities are strong and resilient.

William Marshak
Publisher/Editor in Chief
(510) 494-1999



CITY OF NEWARK, CALIFORNIA

37101 Newark Boulevard • Newark, California 94560 • (510) 578-4266 • city.clerk@newark.org

VACANCY NOTICE SENIOR CITIZEN STANDING ADVISORY COMMITTEE

Pursuant to California Government Code Section 54974, notice is hereby given of a vacancy on the Senior Citizen Standing Advisory Committee of the City of Newark.

The Senior Citizen Standing Advisory Committee researches senior citizen needs in the City of Newark and identifies those needs which require assistance. The Committee makes recommendations to the City Council and provides information which they feel is pertinent to the well being of Newark's senior citizens. The Committee meets at 9:15 a.m. on the first Thursday of most months at the Newark Senior Center located at 7401 Enterprise Drive, Newark.

Persons interested in serving on the Senior Citizen Standing Advisory Committee are invited to apply. Applicants are required to be a senior citizen (55 or older) and a Newark resident.

Application forms are available in the Office of the City Clerk, 37101 Newark Boulevard, 5th Floor, at the Senior Center, 7401 Enterprise Drive, on the city website www.newark.org or by calling (510) 578-4266. Committee members are appointed by the Mayor, with confirmation by the City Council.

Applications will be accepted in the City Clerk's office until 5 p.m. on Monday, March 16, 2020.

Sheila Harrington
City Clerk

WINTER

SALE

20% OFF

Limited time

WE SPECIALIZE IN CLEANING:

BUSINESS DRESS

PARTY DRESS

TRADITIONAL ASIAN DRESS

DRY CLEANING

LAUNDRY

WASH N' FOLD

Open 7 Days a Week

Hours: MON - FRI: 7 AM - 7 PM

SAT: 9 AM - 3 PM

SUN: 10 AM - 2 PM

Plaza Cleaners

3932 Washington Blvd, Fremont, CA 94538 (next to Safeway)



TIMOTHY J. GAVIN

ATTORNEY AT LAW

CERTIFIED SPECIALIST

Estate Planning

Trust & Probate Law

Free Initial Consultation

510-248-4769

tim@gavin-law.com

www.gavin-law.com

39355 California St., Suite 209

Fremont, 94538

continued from page 1

FAMILY SCIENCE NIGHTS

Kids had the chance to learn about the different parts of fish and fashion their own fish using play dough and model parts, use microscopes to identify plankton in water samples from the slough, make and test their own miniature air boats, compare different feet and beak shapes from birds, and much more!

The fun continued at Kennedy Elementary on February 27, coordinated by Science Resource Teachers Tania Brock and Dana Wright. Thirty minutes into the event, the multipurpose room was packed!

While Family Science Night is an annual event, this is the first time NUSD collaborated with its community partners. If the experience at Graham and Kennedy is any indication, this partnership demonstrated that science is fun, interesting and all around us! It also highlights the fact that we are immersed in one of the abundant environments in

the state and we have so much to learn about our community that can truly enrich our lives today and in the future!

Unfortunately, due to the danger of Corona Virus infection, the upcoming schedule for Family Science Nights has been changed. The new dates, subject to modification, are as follows:

- Musick Elementary: Thursday, Apr 23
- Snow Elementary: Wednesday, May 6
- Birch Grove Schools at BGP: Tuesday, May 19
- Schilling Elementary: Wednesday, May 20
- Lincoln Elementary: Thursday, May 28

All science nights are from 6:00 p.m. – 7:30 p.m. They are intended for families of NUSD students, but there are no admissions fees or official guest list.

For more information contact Leonor Rebosura at lrebosura@newarkunified.org.

A flamboyance of pink flamingos arrives at the zoo

SUBMITTED BY
ISABELLA LINARES

Oakland Zoo officials are pleased to announce they have doubled the size of their flamingo population with the arrival of 10 new lesser flamingos from the San Diego Zoo, bringing their flock to 19 members total.

The mixed-sex group (often called a flamboyance) arrived in early March. This is the largest flamingo flock the zoo has seen in quite some time and zoo officials expect that growth in this habitat will better the welfare of the flamingos and increase personal relationships within the flamboyance.

With the flamboyance growing to 19, there will be an opportunity for the mixed-sex flock to break off into smaller groups for increased socialization. A larger flock size provides the possibility for more courtship behaviors and of nest-building within those smaller socialized groups. “We are happy to contribute to genetic diversity in zoos. We are excited for our flamboyance to enjoy a larger flock size,” said Andrea Dougall, Zoological Manager at Oakland Zoo.

Along with this inclusion of new flamingos, the zoo recently made changes to the habitat to help improve their home. This habitat reconstruction was developed in partnership with researchers at the University of Exeter in England.

Flamingo expert, Dr. Paul Rose, who -- along with psychology student Luke Jones -- analyzed the Oakland Zoo’s flamingo behavior and suggested improvements to their habitat to better encourage natural and

increased social behaviors. These changes proved a success and keepers, along with the zoo’s Behavioral Observational Team, have noted the flamingos appear to be enjoying their habitat much more, social interactivity has increased, and an opportunity was created to add new members to the flock.

General welfare for flamingos in the wild is measured by large amounts of smaller mixed groups within a population. The addition of these birds and the change in their habitat at Oakland Zoo will better represent what is seen in the wild.

The development of the zoo’s flamboyance was recommended

by the Association of Zoos and Aquariums’ (AZA) Species Survival Plan (SSP). The 10 new flamingos are a part of an SSP exchange, with two Oakland Zoo males going to San Diego Zoo in return. SSP was developed by the AZA (which Oakland Zoo is accredited by) to help ensure the sustainability of a healthy, genetically diverse, and demographically varied AZA population.

The newest additions will spend the usual 30 days in quarantine at Oakland Zoo’s Vet Hospital before joining their new family.



Fremont Botanicals

CBD can relieve pain by reducing inflammation, relaxing muscles, and blocking nerves signaling pain. It can also stabilize moods to ease stress, anxiety, and help with sleep.



Live Happy, Healthy and Natural

Ask us about massage therapy



Now offering CBD transdermal patches! Safe, discreet, effective

Shop online and have it shipped right to you!

www.fremontbotanicals.com

Hours are Mon-Sat 10am to 6pm 510-797-2774 37317 Fremont Blvd., Fremont 94536

#CBDBetter #THCfree and #ShopFremont

ENROLL NOW!

- Citizenship Preparation
- ESL-Beginning/Intermediate
- ESL-Intermediate/Advanced
- ESL-Reading & Writing
- ESL-Listening & Speaking
- ESL-Multi Level
- GED Preparation
- High School Diploma
- Taiko Drumming
- Tole Painting



*ENROLL NOW!

https://newarkadulted.asapconnected.com

Office Hours:

Monday-Thursday 8:30 a.m.-3:30 p.m. Tel: 510-818-3700 Fax: 510-794-0114



HERS Breast Cancer Foundation

"A soft place to fall."

Our mission is to support all individuals healing from breast cancer by providing post-surgical products and services regardless of financial status.

Now in THREE locations!

- Fremont @ Washington Hospital (Washington West)
- San Leandro @ Kaiser Permanente Hospital (Merced Street)
- Pleasanton @ Stanford Health Care ValleyCare (Resource Center)

We provide post-surgical products and compassionate, expert fitting services. Our wide selection of camisoles, pocketed bras, prostheses, lymphedema garments, and wigs are made by:

- ABC (American Breast Care) • Amoena USA
- Anita International • Classique • Luisa Luisa • Jodee
- Trulife • BSN • Julius Zorn • Medi • Prairie Wear
- Dream USA • Henry Margu • Jon Renau

Under-served patients (low income, under-insured, or uninsured), may access products through our Assistance Programs. For more info, call (510) 790-1911.

To make an appointment, call (510) 790-1911 or email info@hersbreastcancerfoundation.org.

To learn about upcoming events, job opportunities, and much more, visit www.HERSBreastCancerFoundation.org



HERS is a 501(c)(3) nonprofit organization, Fed. Tax ID 94-3309906.

BUSINESS

Moratorium on PG&E customer shutoffs for nonpayment

SUBMITTED BY TAMAR SARKISSIAN

On March 13, Pacific Gas and Electric Company (PG&E) announced that due to the COVID-19 pandemic it has voluntarily implemented a moratorium on service disconnections for nonpayment, effective immediately. This suspension will apply to both residential and commercial customers and will remain in effect until further notice.

To further support customers who may be impacted by the pandemic, PG&E will offer its most flexible pay plans to customers who indicate either an impact or hardship as a result of COVID-19. PG&E will continue to monitor current events and identify opportunities to support our customers and communities. Customers who visit local offices to pay bills and are sick or experiencing symptoms are being asked to use other payment options such as online or by phone at (877) 704-8470.

In addition to the moratorium on service shut-offs, PG&E's response to the COVID-19 pandemic is focused on efforts to protect the health and safety of its customers, employees, contractors and the communities it serves. Actions the company has taken include providing guidance for employees who have direct customer contact to take social distancing precautionary measures, such as avoiding handshakes and wearing disposable nitrile gloves while in customers' homes.

Internally the company is taking advanced cleaning measures, communicating best practices frequently with employees, and is asking its leaders to let employees work remotely if their job allows while avoiding critical business disruption.

"We recognize that this is a rapidly changing situation and an uncertain time for many of our customers. Our most important responsibility is the health and safety of our customers and employees. We also want to provide some relief from the stress and financial challenges many are facing during this worldwide, public health crisis. We understand that many of our customers may experience a personal financial strain due to the slowdown in the economy related to the pandemic," said Chief Customer Officer and Senior Vice President Laurie Giammona.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

Facing a Tough Decision? Here's What You Should Do

BY ANNE CHAN, PhD, MFT

*What should I be when I grow up?
Should I have children?
Whom should I marry?
Should I break up with my partner?
When should I retire?
Which job should I take?*

Most of us struggle with one or more of these big life questions, but we might approach decision-making in radically different ways. Some of us might quickly tire of the process of deciding and thus rush to a conclusion. Others might feel paralyzed by the thought of deciding and thus put off the decision as long as possible, perhaps indefinitely. Another common strategy is to research, research, and research indefinitely and then feel overwhelmed by information overload. Yet another approach is to ask advice from anyone and everyone, resulting in utter confusion with all the opinions sought and given. Still others might avoid deciding altogether and resort to an external source, like flipping a coin, to make the decision for them.

If any of the above describes you accurately, please know that making a decision is, to put it simply, hard. It is completely normal to feel paralysis, fear, and anxiety around a big decision. Decision-making is a cognitively difficult process which involves balancing competing input from your brain and your heart. None of us has been trained in decision-making and I do not know of high schools that offer a comprehensive curriculum in decision making. No wonder most of us feel ill-equipped to make a decision. But there are some things

you can do to make the process easier and more productive.

Research Smart

You probably know that research is a logical step toward making a decision. Many of us will turn to google to fulfil this research component. However, a very smart thing to do when researching is to seek the opinions of people or sources who disagree with your decision. It is all too easy to seek information that we agree with. However, having input from opposing viewpoints can lead us to a better decision by giving us a chance to examine the decision from all sides.

Research ... To A Point

You begin your Google search, which gives you a trillion hits and you dutifully start reading the first few links. These links open more links, which you also dutifully read, but even more information starts pouring out at you. After many days and even weeks of researching your decision, you feel like you've made no headway.

Information overload is one common block to making a good decision. Information overload often comes from the internet, but it can also come from well-meaning family and friends, who have a ton of input to give on the subject. The trick is to know when to stop the research and information-gathering. Perhaps you might give yourself a deadline to move on to the next step.

Write Down Pros, Cons, and Worst-Case Scenarios

Writing down a list of pros and cons of your decision is a wise step. One additional thing to do is to write down the worst-case scenarios that may come with each path you take. For instance, if you decide to make a career switch, write the worst outcomes that could result from this decision. Then flip it around and write the worst outcomes that might happen if you don't make the career switch. For each worst-case scenario, write a solution that will address

the dreaded potential consequence; e.g. if you think that you will miss your co-workers when you leave your job, you might figure out a way to stay in touch with them.

State Your Values

Leave your decision aside for a second. Instead, list what your personal values are and prioritize them. What do you most value in work and life? What do you truly want (as opposed to what others want from you)? Some common values are work-life balance, intellectual challenge, status, financial reward, and making a difference in people's lives. List as many values as you can and prioritize them. This step disengages your rational mind and allows your heart to have a say. The path to the right decision might suddenly become clearer with this step.

Sleep on It

After being briefed on the situation surrounding Osama bin Laden, President Obama reportedly said he'd think about it and make his decision in the morning. Your parents might have given you the same advice to "sleep on it." This advice may sound silly, but science has shown the value of sleep and rest in smart decision-making. One of the critical but overlooked pieces of making a good decision is to ensure that you are well-rested and clear-headed. In the morning, when all is clear, your decision might also become clear as well.

All stages of life come with big decisions and all of us have to deal with major decisions at several points in our lives. Instead of using Google's flip a coin, try all the steps outlined above, and you should become a far better decision maker.

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com
© Anne Chan, 2020

Working in Washington D.C. to improve the lives of Californians

BY ALFRED HU

PHOTOS COURTESY OF NANDINI NARAYAN

A graduate of James Logan High School in Fremont, Nandini Narayan remembers a saying she heard often as part of the speech and debate team: that as you progress further in life, you should be a "voice for the voiceless." That phrase stuck with her as she went on to study for a double major in biochemistry and business administration at Cal State University East Bay and later work in the offices of two Congressmen representing the State of California in Washington D.C. Narayan, who grew up in the Bay Area and was aware of the issues faced by this constituency, was able to pursue a career that would improve the lives of many Californians.

In the beginning of 2017, she started working as a case worker and field representative for Congressman Ro Khanna, a Democrat representing California's 17th Congressional district, which is primarily Silicon Valley. This experience enabled her to see how a member of Congress can actively help every individual constituent. During her tenure with Khanna, she was also able to help people with immigration issues, help veterans receive overdue back payments, and meet with numerous advocacy and nonprofit groups.

As for how she got the position, Narayan said, "The opportunity fell in my lap, but I grabbed it and ran with it because of the work that I [would be] doing." Narayan also mentioned that Khanna has a true intellectual mind and allowed her to see both sides of a congressional office, adding, "After a little over a year he brought me into the DC office to coordinate all of his scheduling. This role showed me the benefits and challenges in every position in a



congressional office on Capitol Hill." According to Narayan, Congressman Khanna focuses on many different issues such as bringing in more tech jobs and making the internet and technology available for all, implementing government reform, protecting immigrants' rights, fighting climate change, and expanding access to health and quality education care to all Americans.

Narayan feels very privileged and honored to have worked with Khanna and said, "He is one of four Indian Americans in Congress currently and it was an honor working for him especially since I am of Indian descent," and added, "I was the

first Indian hired between both offices after he was elected; for the first 18 months of his first term I was the only Indian American."

But Narayan did not stop with the internship with Khanna. Looking for further growth in the political arena as well as ways to increase her legislative portfolio, Narayan accepted an offer from Congressman TJ Cox's office in 2019. Cox, a Democrat representing California's 21st Congressional district, primarily in the Central Valley, has focused on many issues such as providing residents access to clean water, health care, education, a reliable workforce for Central Valley

farmers and a mechanism for legal status of undocumented agricultural workers. Cox, according to Narayan, fights day and night for his constituency and makes sure they have every opportunity they could to improve their lives.

Furthermore, Narayan added that Cox has shown her what it truly means to be a member of Congress. "Every day I am 100 percent sure he comes to work not only ready to represent the Central Valley, but to find a way to fix issues. He is so dedicated to his constituency and he really represents the people and makes sure that every item of work the office produces will benefit the 21st congressional district in California. I truly am inspired to be working for him." Recently Cox has signed onto a letter asking the Centers for Disease Control and Prevention to ensure that local hospitals across the country have the resources they need to detect and treat the corona virus.

Both Cox and Khanna asked Narayan if she would be interested in running for office one day. Being taught never to say "never," she does not rule out the idea. She currently works in Cox's office in Washington DC as a legislative assistant enabling her to work on legislation that will make a difference in the lives of Californians. Her primary focuses include veteran affairs, immigration, small business technology, civil rights and intellectual property. In her free time, she tutors low income students in the DC area in math and science and volunteers at speech and debate tournaments as a judge.

She hopes to return to California in the future but at present truly enjoys her position and life in DC. Whatever decisions she makes in her life, Narayan is guided by the principle of being a voice for the voiceless.



THE

COMERFORD

LAW FIRM

Personal Injury Law Firm

- *Traffic Accidents
- *Dog Attacks
- *Defective Products
- *Premises Injuries

3900 Newpark Mall Rd.

Newark, CA 94560

Tel: 510-277-0191

Web: <http://comerfordlawfirm.com>

TAKES FROM SILICON VALLEY EAST

Disclaimer: The novel coronavirus outbreak is a highly dynamic situation that businesses and residents should continue to monitor regularly for local updates from the Alameda County Public Health Department (<http://www.acphd.org/>)

Fremont Business Update Regarding COVID-19 (Coronavirus) Outbreak

BY DONOVAN LAZARO, ECONOMIC DEVELOPMENT MANAGER

The worldwide outbreak of Covid-19 (commonly referred to as the coronavirus) has led many of our region's globally connected businesses to swiftly develop new operational policies and procedures, often erring on the side of precaution. While the City is supportive of these cautionary moves, we also want to emphasize that it is important that businesses and residents continue to follow guidance provided local and state health officials, staying current with updates on the local virus response and relying upon the facts for decisions that impact their operations. With that in mind, we will continue to provide updates to businesses as new information and resources become available. We also encourage you to businesses to visit Fremont's webpage on Covid-19 at www.Fremont.gov/Coronavirus.

Fortunately, as of the time of this blog, there have been no Covid-19 cases reported within the City of Fremont. On March 10th, Alameda County reported its third case, the spouse of the second confirmed case who was a passenger on the Grand Princess cruise ship. This patient is under house quarantine and is not believed to have interacted with other members of the public while contagious. It is also important to note none of the ship's passengers will not be released into the general public or treated in any Alameda County hospital. Passengers who are California residents will be taken to federal facilities for isolation and quarantine, while non-California residents will be transported to federal facilities in other states.

Alameda County Public Health Dept. Current Guidance

Yesterday, the Alameda County Public Health Dept. released new guidance (<http://www.acphd.org/2019-ncov.aspx>) for residents and businesses. "There is evidence of increasing circulation of COVID-19 in our region. These recommendations are meant to slow the spread of the virus in order to protect the health of Alameda County residents, particularly the elderly and people who have underlying medical conditions," said Dr. Erica Pan, Health Officer for Alameda County. The new guidance includes:

- For persons of "higher risk," including those over 60 years of age and those with chronic health conditions that make them more vulnerable to infections:
- Stay home and away from crowded social gatherings as much as possible. These types of gatherings include, but are not limited to parades, conferences, sporting events, and concerts where large numbers of people are within arm's length of one another.

For event organizers:

- Regional event calendars should be assessed on a rolling 30-day basis as the situation evolves.
- Large events (over 1,000 people) should be canceled or postponed.
- Medium events (100-1000 people) should consider postponement or shortening duration, density, and geographic reach of the event to lower risk of contagion.
- Small events under 100 may proceed with additional caution exercised.

Business and Employee Resources

Below are programs to note for businesses and workers who become financially impacted from the Covid-19 outbreak and response:

- Sick Leave: California has a supportive sick leave policy that allows for sick leave to be taken for preventative care as well as taking care of sick family member. In response to Covid-19, some businesses have gone further to allow for voluntary paid sick leave.

Small Business Administration (SBA):

- It is expected that a disaster relief bill will be signed by the President issuing Economic Injury Disaster Loans

(<https://disasterloan.sba.gov/ela/Information/EIDLLoans>)for small businesses financially impacted by the Covid-19 outbreak. Check regularly to sba.gov for updates.

CA Employee Development Dept. (EDD):

- Impacted employers in the service and manufacturing sectors are encouraged to offer furlough or reduce hours before considering headcount reductions.
- Employees facing reduced hours as result of impacts from the outbreak can apply for unemployment insurance to gap-fill their lost wages.
- Any employee who becomes sick or quarantined due to Covid-19 is encouraged to file a disability claim that can provide up to \$1,300/week to cover lost wages.
- Paid family leave (FML) is also available to cover for lost wages due to caring for another a family member who becomes ill or is quarantined from Covid-19.
- See EDD's Covid-19 Resources Page (https://www.edd.ca.gov/about_edd/coronavirus-2019.htm) for more information.

The Fremont Economic Development Staff joined a call with leaders from the State of California and Governor's Office yesterday to understand the statewide response to the virus. Here are the takeaways:

- While CA is more likely to have a higher number of cases of Covid-19 due to its size and connectedness to the rest of the world through commerce and travel, CA's Dept. of Public Health and Emergency Operations Center (EOC) are well-equipped to deal with pandemics, as evidenced in past years with SARS, H1NA, and Zika outbreaks.
- Community transmissions are increasing but remain a low share of the total number of confirmed cases. As of March 10th, 157 people have tested positive for Covid-19 in California, of which 29 cases appear to be individuals with no travel history or relationship to other infected persons.
- Each community has a different risk profile and on-the-ground conditions, and it is important to follow local updates to get the most relevant information.

Denied Social Security or SSI

BOARD CERTIFIED SOCIAL SECURITY DISABILITY SPECIALIST

NATIONAL BOARD OF LEGAL SPECIALTY

30-years experience

CYNTHIA G. STARKEY

1-888-972-3454

No Fee if No Recovery

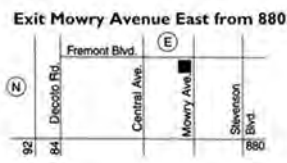
LYNN DENTAL



Min A. Lynn, DMD

General Dentistry ✨ Adult and Children

- Digital Low Radiation X Rays
- Cleaning & Gum Disease Treatment
- Composite White Fillings
- Crown, Bridge and Dentures
- Root Canals
- Extractions
- Teeth Whitening



Se Habla Español
Burmese
Spoken

Financing Available
Evening and Saturday Appointments
Same Day Emergency Treatment Available

Most Insurance Plans Accepted

510-744-0844

4075 Mowry Ave., Fremont

Chahall European Auto Center

SPECIALIZING IN: Mercedes, BMW, Volvo, SAAB, Audi, VW, and Japanese Cars Expires 4/30/20

Open **Monday to Saturday** (6 days)

Engine • Fuel • Transmission • Brake • Electrical etc.

- Engine Check light • ABS & SRS
- Free Diagnose with Work

BMW inspection 1 & 2, Mercedes Benz service A & B
*Install Rebuilt or Used engine and transmission - **Special Price***

Our Quality and Price are so impressive, we think you WILL switch to us if you try us.

Over 40 years experience - Warranty 1 year or 12,000

Brake special	\$89.99 + parts - most cars
Timing belt special	\$269.99 (4 cyl) , \$359.99 (6cyl)
Synthetic oil change	\$89.99 Mercedes, Land Rover
Synthetic oil change	\$79.99 BMW, VW, Audi
Regular oil change	\$19.99 4cyl, Syn. Oil \$49.99

www.chahalleuropean.com (510) 226-6349

45845 Warm Springs Blvd #1, Fremont

Near Warm Springs Bart Station

Fremont Is Our Business

FUDENNA BROS., INC.

Phone: 510-657-6200

www.fudenna.com

Leader in Small To Medium Size Office Space

2450 PERALTA BLVD.

SUITE 222

-812 SQ FT. APPROX.

-5 ROOM/2ND FLOOR

OFFICE

-WALKING DISTANCE

FROM BART

-CONFERENCE ROOM

AVAILABLE

-AVAILABLE SOON

ReLife Acupuncture

relifehealthgroup.com



408-888-3616

relife.acup@gmail.com

39803 Paseo Padre Pkwy, Ste.D
Fremont, CA 94538

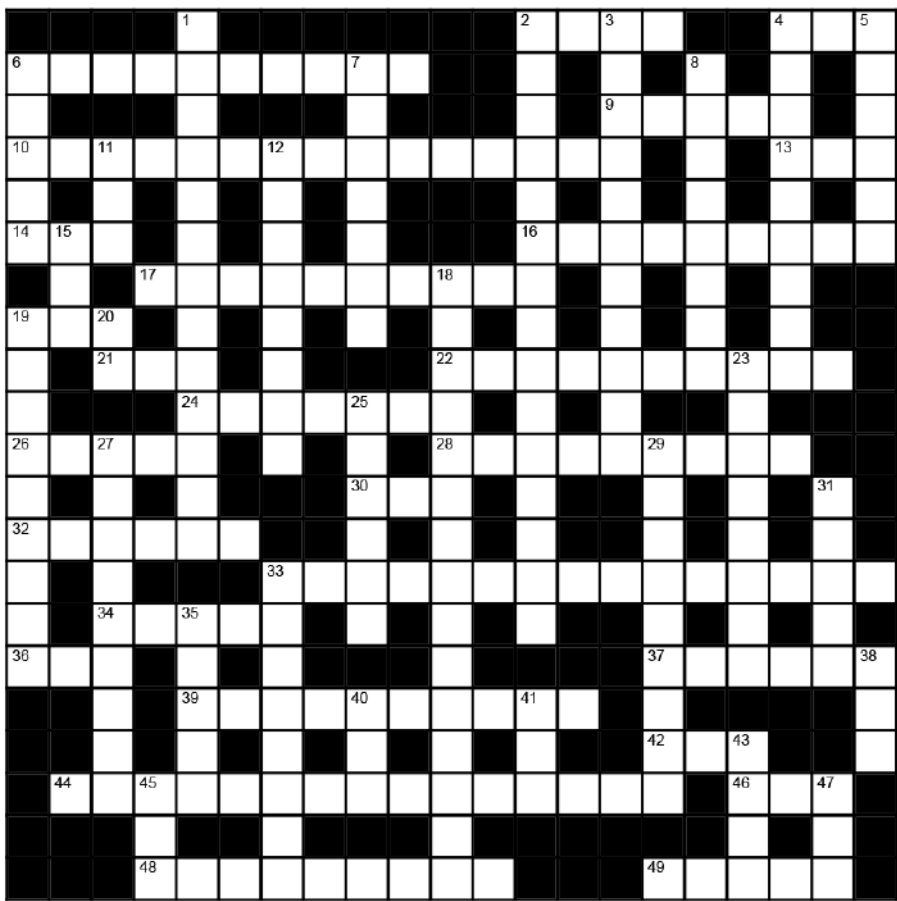
Reclaim your quality of life

* Stress/ Depression/ Anxiety/ Insomnia

- * Constipation/ Diarrhea
- * Floaters/Dry/Watering/Blurry
- * Rash/Acne/Singles/Urticaria
- * Frequent urination
- * Kidney stone
- * Parkinson's disease
- * Tourette syndrome
- * Allergies
- * Pain management
- * High blood Pressure
- * Diabetes
- * Facial Palsy
- * TMJ syndrome
- * Alzheimer's disease

Mind Twisters

Crossword Puzzle



- Across

2 Jazz bit (4)

4 Brit. award (3)

6 Mae West, for one (3,7)

9 Doesn't own (5)

10 International understanding (7,8)

13 Director's cry (3)

14 Simple fastener (3)

16 Perfect (9)

17 Doofus (10)

19 Little dog, for short (3)

21 "___-haw!" (3)

22 Better (10)

24 Ace (7)

26 Chivalrous (5)

28 Convey (9)

30 "Go, team!" (3)

32 Apt (6)

33 1956 Elvis song (10,5)
- 34 Caribbean cruise stop (5)

36 Hero (3)

37 "Rent" composer Jonathan (6)

39 Breakfast side dish (10)

42 Delt neighbor (3)

44 Old Glory (5,3,7)

46 Apply (3)

48 Diving maneuver (9)

49 Cream puff (5)
- Down

1 Shabby (13)

2 Was hot (3,1,11)

3 Fates (11)

4 Drag through the mud (9)

5 Spiels (6)

6 Oozes (5)

7 Kind of pie (7)

8 Domestic (8)
- 11 As yet unscheduled: Abbr. (3)

12 Weather (8)

15 Vietnam's ___ Dinh Diem (3)

18 Wallop (4,3,3,2)

19 Futile (9)

20 ... (2)

23 "Farewell" (2,6)

25 Kind of tea (6)

27 Vaunt (4,5)

29 Fires (4,5)

31 ___-Roman (5)

33 Needle holder? (8)

35 King Arthur's father (5)

38 Actress Long (3)

40 Good, in the 'hood (3)

41 Rapa ___ (Easter Island) (3)

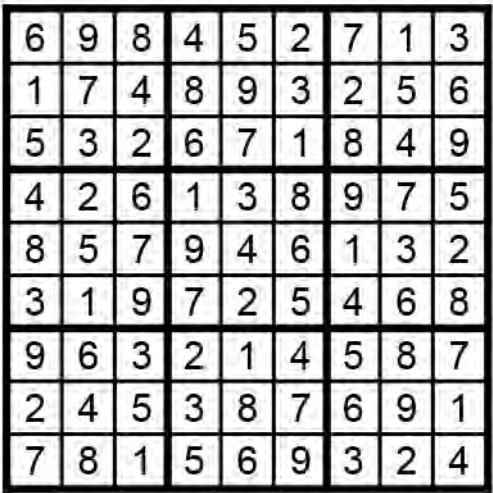
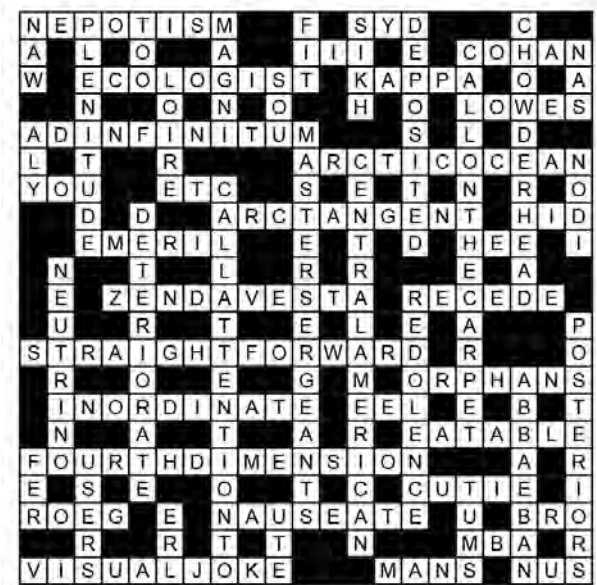
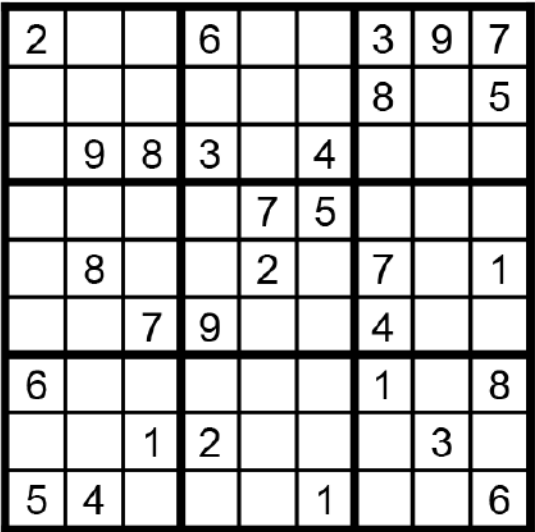
43 Codger (4)

45 Dictionary abbr. (3)

47 Suffix with mock (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: MARCH 17, 2020

All Signs: This week Saturn leaves Capricorn, where it's been since 2017, to enter rebellious Aquarius. Saturn will be in Aquarius for only three months, then return to

Capricorn to stay until the end of the year. (When it leaves, it will not return for 29 years.) This means the next three months are a hint of what is to come in 2021.

Meanwhile, this week, on the Spring Equinox, the Sun enters Aries.

Aries the Ram (March 21-April 20): Once a year, for four weeks, the Sun is in your sign boosting your energy and bringing you good fortune. This month you will be powerful because in addition to the Sun in your sign, fiery Mars and Jupiter are both at the top of your chart. This makes you ambitious. It also means doors will open for you, allowing you to promote your reputation among your peers. This is a rare and opportune time so make the most of it.

Taurus the Bull (April 21-May 20): This week you're getting mixed signals. Because your birthday is a month away, your personal year is coming to an end. This means the Sun is "hiding" in your chart for the next four weeks, which makes you want to seek privacy to contemplate goals for your new year ahead. However, contrary to this influence, fiery Mars and Jupiter want you to explore your world by expanding your knowledge through books, film, and study. Meanwhile, someone younger will grab your attention this week.

Gemini the Twins (May 21-June 20): Your popularity will soar in the next four weeks. Some of you will become more involved in organizations and perhaps take on a leadership role. Discussions with authority figures – bosses, supervisors, teachers and, parents will be important this week because Mercury is high in your chart. This is an excellent time to think about your life direction in general. Meanwhile, disputes about shared property, insurance

issues, and inheritances might be an issue. Fortunately, because Jupiter is also in this part of your chart, you'll come out smelling like a rose.

Cancer the Crab (June 21-July 21): For the next four weeks, the Sun will be sitting at the top of your chart. (This is the only time all year this can occur.) When it happens, it symbolizes that you are thrust into a flattering spotlight, which makes you look good in the eyes of bosses, parents, and VIPs. Go after what you want. However, keep in mind that though you make such a great impression on bosses and VIPs, with Mars opposite your sign now, relations with partners and close friends are testy and challenging.

Leo the Lion (July 22-August 22): This is a strong time for Leos. In the next four weeks, you will focus more on publishing, media, law, and medicine. You want to travel and do anything to expand your world. You will explore learning new things, hearing lectures, going to classes, attending musical performances or doing anything unusual that is informative and educational. Meanwhile, relations with authority figures are fabulous. Don't hesitate to ask for a favor. Someone will ask for your advice about design, layout, furniture arrangement, regardless of what you do for a living. You are a creative sign, who is quick to see the whole picture.

Virgo the Virgin (August 23-September 22): No matter what you are doing, you will be more passionate in the next four weeks.

You will be passionate about everything. Your desire to travel and explore opportunities in media, publishing, and medicine are strong. With your ruler Mercury sitting right opposite your sign, you will be eager to talk to partners and close friends, and they will enjoy talking to you. Mars continues to make you competitive, especially in sports, as well as being playful and prankish. Mars gives you the freedom to demand to be yourself and express to others exactly who you are.

Libra the Scales (September 23-October 22): For the next four weeks, the Sun is opposite your sign, which is (symbolically speaking) as far away from you as it can get all year. This means you will need more sleep. Make sure you get your rest because increased chaos and activity on the home front could be frustrating for you. This activity might be due to renovations, repairs, DIY projects or visiting guests. For some, it might mean a residential move.

Scorpio the Scorpion (October 23-November 21): You'll be in work mode for the next four weeks. This is a good thing. This influence happens only once a year and it means you suddenly want to be efficient and effective in everything you do. You will look around you to see how you can work better and improve things. You want to be better organized. This feeling is so strong, you will even want to improve your health as well. Mars and Jupiter continue to enhance your communications making you effective in writing, acting, selling, and speaking to others.

Meanwhile, Venus is opposite your sign making all your relationships sweet and cozy.

Sagittarius the Archer (November 22-December 21): This week the Sun enters your fellow Fire sign, which totally pumps your energy. Specifically, it makes you want to party, to have fun, and to do your own thing. Your primary drive will be to do what you want and to set your own priorities. Romantic relationships will be lighter and fun-filled. Vacations, social outings, and schmoozing with others will be tops on your menu. Sports events will be exciting, and you will be involved with children more than usual. Relations with coworkers will be supportive. Family discussions and home repairs are also on your agenda.

Capricorn the Goat (December 22-January 19): Your attention now turns to home, family, and your private life for the next four weeks. You might be more involved than usual with a parent. Having said that, by contrast, Mercury and Venus will encourage you to talk to others, take short trips, and explore fun times socializing and enjoying the arts. As mentioned last week, you can do all this because Mars and Jupiter give you tons of energy right now. (Mars is in your sign for about six weeks every two years, and when it happens, you are PowerPoint on steroids.)

Aquarius the Water Bearer (January 20-February 18): As the Sun changes signs this week, it enters a part of your chart that makes you super busy.

The next four weeks are jammed with short trips, errands, appointments, tasks, and conversations with siblings, relatives and neighbors. The pace of your days will accelerate. But fear not because this will be "fun busy", not frantic. You'll be curious to talk to everyone and learn new things. You have excellent moneymaking ideas as well. Meanwhile, you will enjoy entertaining at home as well as redecorating your digs. Some of you might also explore real-estate opportunities.

Pisces the Fish (February 19-March 20): This week the Sun moves into your Money House of earnings to stay for four weeks. (This happens only once a year.) This also urges you to reflect upon your values both in terms of what you own, and your abstract values – the values that govern your decisions. This placement of the Sun will also make you take stock about what you own. Do your possessions serve your needs or are you a slave to them? Do they get in your way? The next four weeks are the perfect time to address this situation. Competitive sports will appeal.



By Georgia Nicols
www.georgianicols.com.

Salon Du Monde




**** EYELASH EXTENSION ****

*****NEW*** EYEBROW EMBROIDERY**
****Permanent Makeup****

- * Bridal/PROM Makeup
- * Japanese Straightening
- * Hair Extension
- * Colors, Highlights
- * Haircut



****LIP LINER****

- * Nails/Ped
- * Facial
- * Wax
- * Up Do
- * Perm

(510) 742 - 1782

37627 Niles Blvd
 Fremont, CA 94536
 M - F:10 - 7pm, Tue-Closed, Sat:9 - 7pm, Sun:10 - 5pm

Call for appt
www.salondumondeniles.com

Reporter/WriterWanted

Must be:

- Proficient in English language and grammar
 - Proven writing and editing skills
 - Excellent driving record

Time Commitment:

- 10-20 hours per week
- Some weekend and evening hours

Duties:

- Report on council and board meetings
- Write/Edit articles as assigned by Editorial Staff
 - Assist Editor-in-Chief

Send resume and one 300-500 word writing sample to:

tricityvoice@aol.com

Subject: Reporter/Editor Application

College day opens doors to the future

SUBMITTED BY TINA VOSSUGH

For more than 100 local high school students attending the recent Ohlone College Mission Valley Regional Occupational Program (MVROP) College Career Day, it was a time to think ahead and contemplate their next steps after high school.

“Each and every one of you has the potential to do what you want. So, the million-dollar question is, what are you going to do with it?” Milton Lang, Vice President of Student Services, asked the students.

During the Friday, February 28 event, juniors and seniors from Newark Memorial, Bridgepoint, Conley-Carballo and Robertson high schools got to experience a taste of what their future could be.

"If I can do it, you can kill it," Lang said. He spoke from the heart telling students his own story about being the youngest of seven in a family where higher education wasn't a priority and where his own father mocked his dreams of going to college. Now, he says, his father is his number one fan showing him off to all his friends.

“Many of these high school juniors and seniors have never been, or ever expected to be, on a college campus,” said Computer Science Professor Suporn Chenhansa. “Some may not have ever thought about college at all.”

That's why Ohlone College -- the community college serving the Tri-Cities -- has made it a priority to reach out to local students like these to show them how much they do belong and that they can be college material -- making it an annual event coordinated by the Ohlone College Tri-Cities Career Center and MVROP since 2014.

In her role at the college's career center, Career Center Specialist and Adjunct Counselor Gail Satake-Nakamura brings career planning modules to local MVROP high schools so that students can have a better idea of what's possible for them through Ohlone's many educational and career paths. One of the events she looks forward to the most is this one where the students can actually feel what it's like on campus.

"It's a wonderful way for students to learn that college is attainable and for us to show them all of the great programs and educational paths we offer at Ohlone," Satake-Nakamura said.

Each year the program begins with a welcome and introduction to the campus from Ohlone College administration, staff, and from the MVROP Superintendent Tom Hanson. Students then participate in workshops led by Ohlone faculty and student helpers, have lunch together, and engage with student service organizations and clubs with a tour of the campus in the afternoon.

“Educators have many chances to talk to students about their futures,” Hanson said. “The trip to Ohlone demonstrates to kids how that future can actually take shape. It is powerful for everyone involved.”

Tenor, Bass,

Our Choir Needs Your Voice

will you rise to the challenge?



Something missing in your life...
you can't quite put your finger on it?

Mission Peak Chamber Singers is looking
for new singers to join us for the
upcoming season (and beyond)

- Sing with a vibrant group under an enthusiastic and energetic conductor.
- Learn more about music and vocal technique.
- Perform beautiful concerts.

Rehearsals
Held September-May on Tuesdays 7:30-9:30 p.m.
at Irvington Presbyterian Church (4181 Irvington Ave., Fremont)

To learn more, contact: info@chambersingers.org
or visit www.chambersingers.org/join



All genders welcome.
We love contraltos and bass ladies!

Now you can listen to Tri-City Voice too!

RadioPublic:
<https://radiopublic.com/tri-city-voice-podcast-WkaZBm>



iTunes:
<https://podcasts.apple.com/us/podcast/tri-city-voice-podcast/id1493833001>



Beginning this week, Tri City Voice has launched our own podcast. Now, in addition to our print, website and app editions, Tri-City Voice podcast will air for 15 minutes every Tuesday with the voices and sounds of our communities.

When you download the podcast each week, you'll hear local stories. We are going to chat with the local folks and tag along with our print reporters. Some of these stories will only be found on the podcast.

You can download the Tri-City Voice Podcast at <https://radiopublic.com/tri-city-voice-podcast-WkaZBm> or:

If you have a story you would like us to cover or would like to advertise your business or services, call us at (510) 494-1999 or email: tricityvoice@aol.com.

Cortese Calls for Coronavirus Measures

SUBMITTED BY JANICE ROMBECK

The current count of confirmed cases of COVID-19 in Santa Clara County has risen to 79, and is likely to keep growing. In light of this continual spread of COVID-19, I strongly support County Health Officer Dr. Sara Cody's mandate that events and gatherings with audiences of more than 100 must be postponed or canceled. The Health Department also announced it is imposing conditions on gatherings of 35 to 100. I concur with this decision, as well.

Two days ago, I sent a request to County Executive Jeff Smith that the mandate to postpone or cancel events be lowered to gatherings of at least 200.

I'm also relieved that Santa Clara County Superintendent Dr. Mary Ann Dewan announced today that all public schools in Santa Clara County will be closed for three weeks beginning on Monday, March 16. While canceling on-campus classes is a huge disruption to families across Santa Clara County, as well as staff and faculty, the health of our students and their families, especially older family members such as grandparents who are vulnerable, are the No. 1 priority.

Dr. Dewan said that the County Office of Education will work with the State regarding online learning and attendance requirements. On Thursday, March 15, I sent a letter to Governor

Gavin Newsom requesting that schools be closed and that state officials create a state-controlled emergency fund that can cover potential losses incurred for non-Basic Aid school districts due to lower ADA rates in the wake of the COVID-19 outbreak. I further requested that the state temporarily waive the requirement of physical classroom attendance when calculating student ADA to allow for equivalent online and/or remote schoolwork to count towards attendance.

We have established remote work protocols in my office to minimize face-to-face interactions and will continue doing so on a day-to-day basis. We will also continue to help constituents and respond to media requests. We will be available during our normal office hours by email at dave.cortese@bos.sccgov.org or by phone at 408-299-5030.

I am pleased with the steps taken today locally and proud of the County's response to this health crisis, but the federal government must step up distribution of resources to help our community, including test kits and the testing capacity of local labs and testing facilities.

For updated information on the coronavirus and Public Health guidelines, visit [sccgov.org/coronavirus](https://www.sccgov.org/coronavirus). To reach the Office of Supervisor Dave Cortese, call (408) 299-5030.

Scan for our FREE App or
Search App Store for TCVnews

Get our App and you will always know
what is happening. We also have the
back issues archived

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

YOUR LOCAL
CHAMBER OF COMMERCE

TAKE ADVANTAGE
OF EVERY BUSINESS
OPPORTUNITY

510.578.4500

NEWARK
CHAMBER OF COMMERCE

Subscribe to
TRI-CITY VOICE
and you will
always know
What's Happening
510-494-1999



Independent Living



Assisted Living



Visit Us Today!

live your life



Pet Friendly



Scratch Cooking



Transportation Services



Individually Tailored Programs



Professional Fitness Classes



24 Hour Staffing



Award Winning



Family Founded

Fremont
3800 Walnut Ave.
Fremont, CA
(510) 505-0555
Lic. No. 015600118
CarltonSeniorLiving.com



JEWELRY
By Design

30% off
Opals
in-store for



We have one of the largest selections of opal jewelry in the Greater Bay Area.

Fine Quality Jewelry
Design - Appraise - Repair

Tues-Sat 10-5pm **510-793-3660**
Next to Sprouts in Four Corners Shopping Center
6299 Jarvis Ave., Newark



Sousa's
Discount
FOOD & LIQUOR
9AM to 9PM daily

Largest selection of Portuguese and Brazilian Foods in the area
Linguica - Guarana - Bacalhau - Azeite - Cod Fish - Olive Oil
A variety of Portuguese breads including Sweet Bread
Rombauer Chardonnay 750ml ONLY \$34.99

Largest selection of wine, beer and portos from all over the world

Super Bock 6 Pack \$8.99
Silver Oak \$59.99
Grand Marnier 750ml \$28.99
Porto Wine \$9.99 bottle
9 Vinho Verde \$3.99 bottle

Best Prices in the Bay Area

510-659-8366
1584 Washington Blvd. Fremont
Ohlone Village Shopping Center
(near the Washington Blvd. exit on the 680 freeway)



Center for Implant Dentistry

A4 COMPLETE IMPLANT SOLUTION

\$14,990 per jaw

EXTREME Smile MAKE OVER

FREE CONSULTATION WITH CT SCAN

FIXED PERMANENT TEETH IN 3-5 DAYS



Fremont Office
3381 Walnut Ave., Fremont
510-574-0496

San Francisco Office
4318 Geary Blvd. Suite 201
San Francisco
415-696-2922
www.bayareaimplantdentistry.com



Dr. Jain



Dr. Gupta



John Juarez, REALTOR®
510-673-0686
"Helping you write the next chapter in your life.™"



Upgraded Condo in Tamarack Gardens

- ◆ 2 Bedrooms, 2.5 Baths
- ◆ 1,072 Sq. Ft. Living Area
- ◆ Upgraded Kitchen with Stainless Steel Appliances, Marble Counter Top, Custom Tile Backsplash
- ◆ Laminate & Tile Flooring
- ◆ In Unit Laundry
- ◆ All Appliances Included
- ◆ Great Commute Access to I-880, and San Mateo Bridge

523 Tamarack Dr #8., UNION CITY, CA
List Price: \$525,000

Keller Williams Benchmark Realty
john@medfordteam.com ♦ 510-673-0686 ♦ www.MedfordTeam.com ♦ CalBRE# 01223788

Home & Garden

Color, Beauty, and Functionality in Small Bath

BY ANNA JACOBY

Fremont houses are not known for their large baths, especially if the house is on the older side. In fact, some baths are so small that they do not even adhere to current building codes when it comes to spacing around the toilet and size of shower. That was the case in this bathroom, where we had to create a curbless shower so it would be large enough to pass inspection. But just because a bathroom is small, does not mean it can't be both beautiful and functional. Homeowners now have lots of storage, improved lighting, and easy-to-maintain surfaces, all presented in a fun and colorful package.

It started with the Mexican tile, which the clients loved

and wanted to feature. I designed the "medallion" in the shower and surrounded it with simple cream-colored porcelain to set it off. I brought the colorful tile over to the backsplash as well, to continue the theme on that end of the small bath. The bright blue countertop material (Cambria Quartz in the color Bala Blue) is also used for the bench seat in the shower. This energetic hue really pops against the cream color on the walls. The floor, ceiling, and walls were kept the same light color to make the whole space look larger. And the clear glass shower doors also help to create a feeling of spaciousness.

The benefit of using custom cabinetry is that I can use every inch of space to its best advantage. I designed the vanity with a tilt tray underneath the



sink (great for toothbrushes and toothpaste) and three drawers on the left. The drawers are graduated in size; the top is for smaller items like makeup, the middle is a couple of inches deeper, and the bottom is

deeper still, for bulkier items like a hairdryer.

I was also able to give them additional storage on the wall above the sink. The wall cabinet on the left side has adjustable

shelves inside, is deeper than a traditional medicine cabinet, and can hold a multitude of items. At the top is an open cubby that can be used for display.

Above the towel bar (across from the toilet), what looks like a framed art print is a recessed medicine cabinet, for even more storage. In the shower, I included a recessed niche for shampoos and soap, and, of course the bench seat can be used for additional toiletries, or for sitting, should that need arise. With a light in the shower, and decorative grab bars on the walls, the shower is safe as well as beautiful.

If you're a member of the "small bath club," don't fret. Feel free to borrow some of these ideas to add precious storage and fun personality to your space.



Anna Jacoby is a local Certified Interior Designer. Contact her at 510-378-6989 or info@annajacobyinteriors.com. You could also visit her website at www.annajacobyinteriors.com

THE ACWD CONNECTION



Be a Leak Detective for Fix a Leak Week

Fix a Leak Week is a great time to inspect faucets, toilets, and irrigation systems for leaks. Finding and fixing leaks in the office and workplace is just as important as fixing leaks at home. Did you know that a leaking toilet could waste up to 200 gallons of water per day? That would be equivalent to flushing your toilet 50 extra times per day!

Celebrate Fix a Leak Week, March 16 - 22, and become a leak detective in your home and workplace. ACWD provides customers with leak kits FREE of charge to help detect and fix leaks. Visit www.acwd.org/leakfixkit to order your kit or call (510) 668-4218.

Visit, www.epa.gov/watersense/fix-leak-week for more information and video tutorials on leak detection and on how to fix leaks.



Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



Niles

Historic District of Fremont

Antiques & Collectibles
Arts & Crafts, Jewelry and more
Music & Entertainment - Food
Silent Film Show & Museum
Historical Sites & Historic Steam Train

SMITH'S COTTAGE GALLERY
Thomas Kinkade® Signature Gallery

PASSPORT TO ADVENTURE Mickey & Minnie IN IRELAND

SMITH'S COTTAGE GALLERY *since 1954*

- Browse through our 8-room Cottage Gallery
- Large selection of Collectible Gift Items - On Sale
- Thomas Kinkade®, Calendars, Plates, Canvas Wraps
- Many Rare and Hard to Find T. Kinkade® Paintings

510-793-0737

Open Wed. - Fri. 11a.m. - 3p.m. Sat. 11a.m. - 5p.m.

37815 Niles Boulevard, Fremont (Historic Niles)



©Disney
Thomas Kinkade Studios. All rights reserved.

Antiques
Collectibles
Books
Gifts



KEITH'S
Collectibles & Books



www.keithsbooks.com

Open 7 Days a week 10am - 6pm

37573 Niles Blvd., Fremont 510-790-0101

BRONCO BILLY'S PIZZA PALACE

Superior Pizza made fresh daily from the finest
premium ingredients. Specially blended sauces,
homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm Expires 4/30/20
Fri & Sat. 11am -11pm

ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF
510-792-1070

Dine In - Take Out - Delivery (Limited Area & Time)

37651 Niles Blvd. Fremont

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

Subscribe to
TRI-CITY VOICE
and you will
always know
What's Happening

510-494-1999
tricityvoice@aol.com

continued from page 1

Over 2,000 stolen electronic devices recovered in auto burglary investigation

Eleven suspects have been charged with Tier 1 and 2 fencing.

Present at the event were Fremont Chief of Police Kimberly Peterson, Fremont Detective Rick Zemlok, Supervising District Attorney for Santa Clara Marisa McKeown, Assemblymember Kansan Chu, Fremont Mayor Lily Mei, and Vice-Mayor Rick Jones. “This press conference represents a collaboration, and an effort that spans all of the Bay Area, from San Francisco, San Mateo, Alameda, Contra Costa, and Santa Clara County,” said Marisa McKeown.

The investigation has been ongoing since late 2017. In the fall of 2019, Fremont, Newark, Milpitas, Santa Clara, and San Jose each received \$750,000 in State Surplus funding to investigate these crimes. “When we received this funding, we ensured our approach would be strategic and collaborative,” said Peterson.

Peterson also recounted the first major investigation into a laptop fencing ring in January of 2018. After increasing numbers of auto burglaries, Fremont detectives followed the trail back to Santa Clara County and stopped a shipping container headed to the Port of Oakland to be shipped overseas. More than 2,000 electronic devices were recovered, at a value of more than \$2 million. Eight suspects were arrested.

Detective Rick Zemlok gave an overview of developments over the last two years.

Two local discount electronics businesses were implicated in the crime ring. In October 2019, Torspin Wireless in Hayward was served with multiple search warrants after a seven-month investigation. 1,800 electronic devices were recovered, and \$350,000 in cash was seized. In spite of this, Torspin later reopened for business; on February 4, 2020, investigators conducted a business inspection and found numerous violations of California second-hand dealer laws. Torspin is now shutting down for good.

The other store, iTek Mobile Care in San Jose, was wiping and fencing stolen



laptops and phones. On January 21, 2020, detectives conducted a sting in which stolen phones were sold to the business.

A search warrant was issued, and the owners were arrested for possession of stolen property. 549 devices were recovered, and \$31,000 was seized. Evidence showed the owner had been trained to wipe laptops and put them in IT mode. The laptops were then shipped via bus to Los Angeles and on to Vietnam.

Just in 2020, several other individuals were arrested after stolen laptops were found in their vehicles and/or storage units. Detectives recovered approximately 2,200 stolen devices, valued at \$1.5 Million. Additionally, \$100,00 in cash and \$148,000 in bank accounts were seized. Six vehicles (two Mercedes, one Maserati, one BMW, one Porsche, and one Lexus SUV) were also seized, as it is believed they were purchased with the proceeds from the stolen devices.

A full list of names and arrest details can be found on the Fremont Police website: <https://www.fremontpolice.gov>.

“Make no mistake about it. What you’re looking at here is organized crime,” said Marisa McKeown. “And behind me are the spoils of a vast criminal conspiracy... What you’re looking at in front of you is several hundred victims’

property that hopefully they will get back thanks to the hard work and collaboration of these detectives. But this is a vast criminal network that every single night is fueled by a multi-million-dollar scheme to break into your cars and resell these products on websites back to unwitting consumers as ‘gently used.’ Which is offensive. And it’s wrong.”

The District Attorney’s office is changing how these crimes are charged. McKeown said, “We’re doing everything we can at the DA’s office in Santa Clara County to reflect the seriousness of this conduct, including for the first time in our office’s history charging a fencing scheme in a multi-count complaint for multiple defendants to include a white collar crime enhancement and criminal profiteering.”

The Bay Area is currently outpacing the rest of the state and nation in auto burglaries, and McKeown urged residents to take precautions – to never leave electronics even in locked cars as thieves show no hesitation to break glass and pop trunks. “For each one of these devices, they’re getting cash in hand, and it’s easy, and they don’t need a day job because they can take your property. So please help us stop this epidemic.”

Kansan Chu underlined how these crimes have gone beyond the level of

misdemeanor to serious felony, especially as the value of information (personal or work-related) on stolen laptops is greater than that of the devices themselves. “Therefore, I have proposed a bill, AB 2375 to make car break-ins and stealing personal devices – like your cell phone, your iPad, your computers – automatically a felony,” Chu stated. “This is not to bypass any existing law. But we knew that there are people who will risk their life retrieving the personal or work-related information on their electronic devices.”

Chu will also include an amendment to the bill, with the goal of reducing the market value of stolen electronic devices. The amendment establishes a statewide public database so anyone buying or dealing in used equipment can find out more about what they’re buying.

During a question and answer session, Rick Zemlok stated that so far there is no indication that information has been stolen but that’s always a possibility.

There were also questions related to the State Surplus funding from 2019: Has it contributed to results, and how sustainable are current operations? Peterson said the funding has contributed greatly to the recent arrests, and even though there isn’t an assurance of the funding continuing, the police will continue their strategies of information sharing and collaboration. Seeing an impact is the most important factor in continued success. Peterson said, “We want the word to get out there for these criminals. ‘You gonna steal laptops? Don’t come to Fremont. Don’t come to the Bay Area, because we’re going to go after you wherever you are.’”

For inquiries about recovering property stolen between July 19, 2019 and January 20, 2020, email LaptopRecovery@fremont.gov. Due to the large number of laptops recovered, you will need to provide a serial number for your device.

More information about AB 2375 can be found on Kansan Chu’s website at <https://a25.asmdc.org/district-report/chus-news-february-2020>.

CASTRO VALLEY TOTAL SALES: 8							
Highest \$: 1,070,000		Median \$: 837,750					
Lowest \$: 670,000		Average \$: 843,563					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
5326 Briar Ridge Drive	94552	670000	3	1619	1978	1/16/20	
20290 Anita Avenue	94546	800000	3	1179	1952	1/15/20	
20203 Catalina Drive	94546	805000	3	1332	1950	1/17/20	
5217 Proctor Road	94546	835500	3	1596	1964	1/17/20	
18248 Lamson Road	94546	840000	2	1696	1955	1/13/20	
20089 Sapphire Street	94546	845000	3	1684	1950	1/17/20	
19197 Almond Road	94546	883000	3	1420	1950	1/17/20	
17716 Columbia Drive	94552	1070000	4	2098	1986	1/17/20	

FREMONT TOTAL SALES: 21							
Highest \$: 1,375,000		Median \$: 960,000					
Lowest \$: 320,000		Average \$: 965,214					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
3250 Red Cedar Terr	94536	320000	0	421	1986	1/14/20	
451 Via Vera Cruz	94539	750000	2	968	1971	1/16/20	
38774 Stillwater Comm	94536	768500	2	1001	1987	1/17/20	
4146 Hawkins Street	94538	780000	3	1207	1955	1/16/20	
4812 Driftwood Drive	94536	820000	3	1444	1954	1/17/20	
34731 Beret Terrace	94555	856500	2	1346	1989	1/15/20	
37050 Dusterberry Way #1	94536	860000	2	1492	2007	1/15/20	
45128 Warm Springs Blvd #319	94539	870500	0	0	0	1/17/20	
38833 Overacker Ave	94536	875000	3	1506	1910	1/17/20	
37348 Sequoia Road	94536	930000	0	0	0	1/15/20	
4475 Amador Road	94538	960000	5	2155	1961	1/17/20	
4233 Crestwood St	94538	1000000	3	1080	1958	1/16/20	
2359 Corriea Way	94539	1080000	2	1298	1972	1/15/20	
45128 Warm Springs Blvd #25	94539	1080000	0	0	0	1/16/20	
3223 Grand Lake Dr	94555	1085000	3	1346	1975	1/15/20	
4547 Piper Street	94538	1115000	4	1753	1959	1/13/20	
4643 Westwood Ave	94536	1150000	3	1606	1953	1/17/20	
34484 Raindeer Court	94555	1170000	3	1790	1972	1/15/20	
34809 Canopy Terrace	94555	1210000	4	2242	2016	1/13/20	
4385 Nicolet Avenue	94536	1214000	4	1840	1965	1/13/20	
4330 Gibraltar Drive	94536	1375000	4	2580	1965	1/17/20	

HAYWARD TOTAL SALES: 18							
Highest \$: 1,144,000		Median \$: 637,250					
Lowest \$: 312,000		Average \$: 680,722					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
29612 Mountain Oak Ct #65	94544	312000	1	489	1986	1/15/20	
2336 D Street	94541	490000	3	1347	1975	1/13/20	
752 Oneil Commons	94544	528000	2	1333	2007	1/16/20	
611 Artistic Place	94541	536500	3	1700	2004	1/17/20	
21095 Gary Drive #109	94546	553000	3	1318	1979	1/17/20	
28327 Cole Place	94544	555000	3	1050	1952	1/15/20	
656 Bartlett Avenue	94541	560000	2	996	1946	1/16/20	
22314 Western Blvd	94541	610000	2	850	1939	1/17/20	
27764 Loyola Avenue	94545	617500	5	1901	1957	1/14/20	
716 Bird Place	94544	657000	3	1042	1952	1/15/20	
840 Sueirro Street	94541	680000	4	1540	1950	1/15/20	
408 Palmer Avenue	94541	715000	3	1726	2012	1/17/20	
23066 Maud Avenue	94541	750000	4	1691	1947	1/16/20	
319 Westchester Street	94544	760000	3	1301	1956	1/16/20	
2395 Cabrillo Drive	94545	775000	0	1694	1975	1/17/20	

3070 Cromwell Place	94542	890000	3	1630	1960	1/17/20	
172 Carrick Circle	94542	1120000	4	2653	2008	1/16/20	
30287 Cedarbrook Road	94544	1144000	3	2419	1999	1/15/20	

MILPITAS TOTAL SALES: 3							
Highest \$: 910,000		Median \$: 850,000					
Lowest \$: 775,000		Average \$: 845,000					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
467 Marylinn Drive	95035	775000	3	1225	1959	2/5/20	
669 Calle Del Prado	95035	850000	3	2217	1979	2/4/20	
668 Barcelona Loop	95035	910000	3	1643	2015	2/7/20	

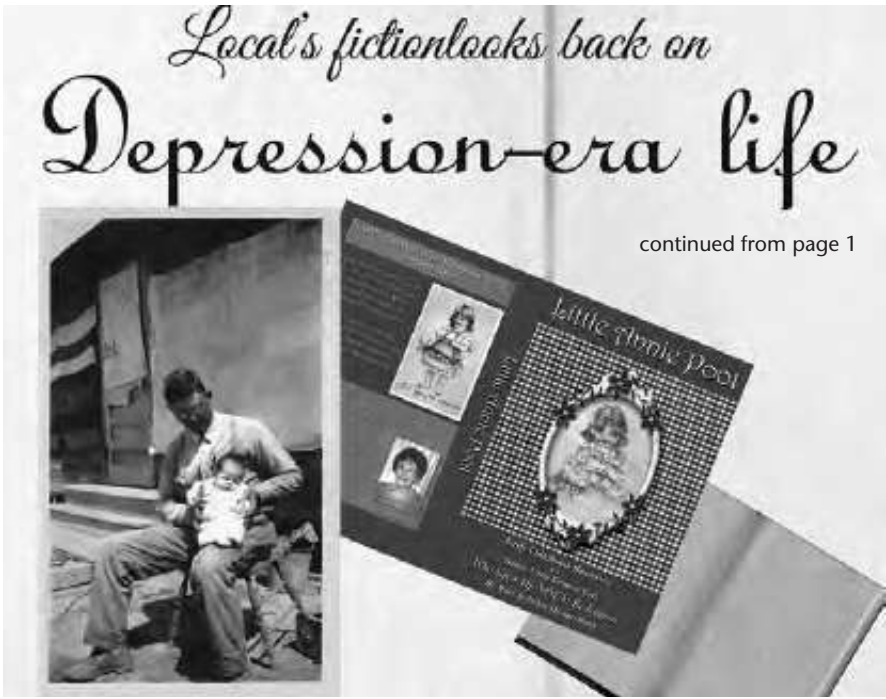
NEWARK TOTAL SALES: 6							
Highest \$: 919,000		Median \$: 698,500					
Lowest \$: 410,000		Average \$: 689,333					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
39821 Cedar Blvd #305	94560	410000	1	777	1986	1/15/20	
36263 Indian Wells Dr	94560	500000	3	1015	1965	1/13/20	
6203 Joaquin Murieta Ave #D	94560	650000	2	1357	1981	1/13/20	
5137 Dupont Avenue	94560	747000	3	1190	1954	1/15/20	
5665 Arbutus Court	94560	910000	3	1347	1971	1/17/20	
6474 Normandy Drive	94560	919000	4	1450	1960	1/15/20	

SAN LEANDRO TOTAL SALES: 14							
Highest \$: 950,000		Median \$: 680,000					
Lowest \$: 452,000		Average \$: 692,714					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
14835 East 14th St #1	94578	452000	2	958	1997	1/14/20	
2470 Belvedere Avenue	94577	487500	3	1296	1972	1/14/20	
746 Woodgate Court	94579	546500	2	1169	1975	1/15/20	
1123 Martin Boulevard	94577	610000	2	1042	1942	1/15/20	
915 Crespi Drive	94578	630000	3	1356	1954	1/14/20	
1750 Castro Street	94577	650000	3	1026	1953	1/13/20	
1158 Duzmal Avenue	94579	675000	0	1664	1980	1/14/20	
2423 Fiji Way	94577	685000	3	1129	1961	1/17/20	
16255 Calypso Court	94578	750000	4	1626	1994	1/17/20	
120 Accolade Drive	94577	755000	3	1599	2003	1/14/20	
16575 Toledo Street	94578	765000	4	1926	1949	1/13/20	
833 Monterey Court	94578	862000	0	2324	1954	1/14/20	
16265 San Remo Drive	94578	880000	4	2042	1964	1/17/20	
2109 Hillside Circle	94577	950000	3	2040	1974	1/14/20	

SAN LORENZO TOTAL SALES: 6							
Highest \$: 750,000		Median \$: 675,000					
Lowest \$: 458,000		Average \$: 655,000					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
2032 Luna Avenue	94580	458000	1	588	1940	1/14/20	
15739 Paseo Del Campo	94580	650000	3	1028	1944	1/17/20	
15749 Via Colusa	94580	670000	3	1000	1944	1/13/20	
633 Via Alamo	94580	680000	3	1068	1948	1/17/20	
71 Via Hermosa	94580	722000	4	1273	1951	1/15/20	
17259 Via Annette	94580	750000	3	1806	1953	1/15/20	

UNION CITY TOTAL SALES: 4							
Highest \$: 1,130,000		Median \$: 830,000					
Lowest \$: 585,000		Average \$: 843,750					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
35580 Monterra Terr #101	94587	585000	2	1013	2001	1/15/20	
1044 Carnelian Terrace	94587	790000	3	1675	2006	1/16/20	
2640 Mallard Court	94587	870000	4	1544	1975	1/14/20	
135 Bellflower Lane	94587	1130000	5	2671	2000	1/16/20	

Home Sales Report



attached to the back of a flatbed truck, and started her journey to California on old Route 66. The next year, the worst storm of all hit the drought-stricken plains, creating the “Dust Bowl.” What followed was a flood of migrant farm workers to California.

By the time John Steinbeck was getting magazine articles published in 1936, writing of the poor working conditions and treatment of migrant workers, Mary Jo had already been living in California for the better part of two years. And she had seen first-hand the

early migrants on the road to California in various encampments along Route 66. She saw more come after the Dust Bowl. She knew what it was like to be an “Okie,” or in her case, an “Arkie.” And she had already started to work on losing “that accent” to escape discrimination. She was after all, a migrant herself, her family taking various jobs on ranches, picking fruit and doing whatever it took to survive.



Mary 2020

By the time Grapes of Wrath hit the theaters, the Thomas family had moved from Imperial California to Modesto and Mary Jo had all but lost her “Arkie” accent. She graduated from high school in 1944 and moved to Oakland in 1946 where she eventually met and married Edward Culver Wold, settled down and had a family of four of her own, raising them in the East Bay.

It was not until the 1980s that she felt emotionally over the stigma of being from the south and learned to embrace her

country roots. Over the next three decades, she began writing her memories and reconnecting with her past. What came of that was her first self-published book, Little Annie Poot, about her life growing up in Arkansas. And the follow up, still-unpublished Desert Memories about the trip to California and her time in Imperial up to the time her family moved to Modesto in 1938.

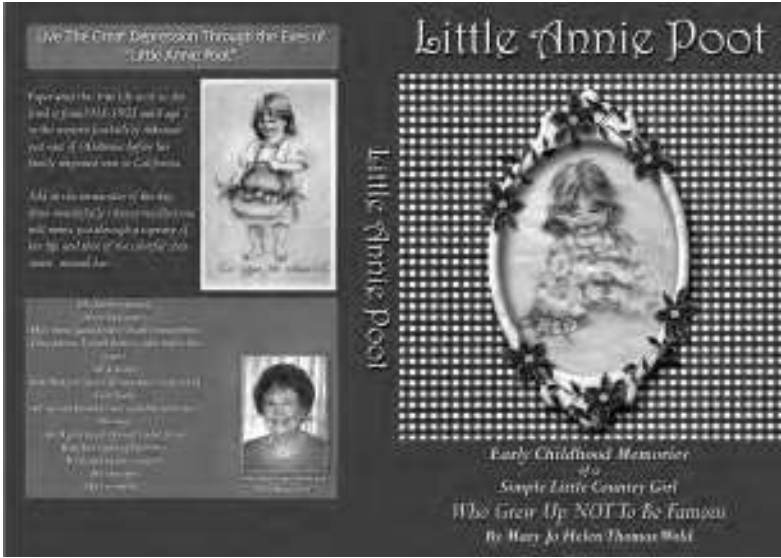
She writes with an uncanny ability to recall the vernacular of the day. Her real-life stories and the characters who walk through them at times seem larger than life, and never ordinary. As they say, “you can’t make this stuff up.”

Due to the current COVID-19 outbreak, a book signing and author preview of Desert Memories scheduled for March 21 has been postponed. However, Little Annie Poot is available at Books on B in Hayward.

Books on B
1014 B St., Hayward
(510) 538-3943
<http://www.treasureauthor.com/>
<http://booksonb.com/>



Mary 1949





We speak the following languages:
English, Mandarin, Cantonese, Shanghaiese, Spanish, Indonesian,
Hindi, Telugu, and Romanian



Herbert C. K. Chiu, DDS
Ratna N. Sie, DMD

Decoto Family Dentistry (510) 471-3777

2701 Decoto Road, Suite 4, Union City, CA 94587

Mission Palm Dental (510) 656-6868

43625 Mission Blvd., Suite 208, Fremont CA 9539

invisalign®

Straight Teeth. No Braces

Dedicated to Excellence



Kid Scoop®

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Find Kid Scoop on Facebook

© 2020 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 36, No. 15

March is Women's History Month Meeting for Women's Rights

In 1848, a group of people met in Seneca Falls, N.Y. to talk about the problems women faced because they didn't have the same rights as men. At that time, women could not own property, they could not vote and very few could go to school.

The word **suffrage** means the right to vote in elections.

A **suffragist** is a person who fights for suffrage.

This meeting was the first women's rights convention in the United States. At that meeting, men and women signed a document called the "Declaration of Sentiments and Resolutions." By signing, these people agreed to the goals of what was becoming the woman's movement.

For more than 70 years, women and men marched, wrote letters and articles, protested and picketed to get an Amendment to the Constitution which would give women the right to vote. These people were known as **suffragists**.

How many VOTE buttons can you find on this page?



Draw lines to connect each identical protest sign.

Victory!

On May 21, 1919, the U.S. House of Representatives finally approved the **19th Amendment**, also known as the Susan B. Anthony Amendment, guaranteeing women the right to vote. That was just the first step. The U.S. Senate and at least three quarters of the states had to approve it before it would become the law of the land.

The United States Senate approved the amendment a week after the House.

On August 18, 1920, Tennessee became the last state needed to ratify the 19th Amendment.

One week later, on August 26, the 19th Amendment officially became part of the U.S. Constitution, forever protecting American women's right to vote.

Can you imagine a world in which women do not have the right to vote?

How long do you think women in this country have had the right to vote? 300 years? 200 years? 150 years?

In the United States, women have had that right for only 100 years of the 244 years we have been a country. And getting the right to vote took decades of protesting and writing to lawmakers – who were all men at the time.



Photo: Everett Historical/Shutterstock

Today, more than 68 million women vote in elections because of the courageous suffragists who never gave up the fight for equality.

Arrested for Voting?

On Election Day, Nov. 5, 1872, Susan B. Anthony walked into her polling place and voted.

Two weeks later, a U.S. marshal knocked on her door.

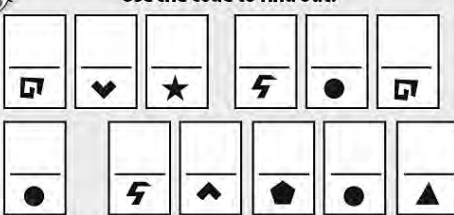
"I have a warrant for your arrest," he told Susan. "You are charged with voting without the lawful right to vote."

In 1872, by U.S. law, a person had to be 21 years or older to vote. Susan was born in 1820. Was she old enough to vote?

Susan met two other requirements for the right to vote. She was a U.S. citizen and she had never been convicted of a felony crime. Why was she arrested for voting?



Why was Susan B. Anthony arrested for voting? Use the code to find out!



CODE
● = A ▼ = H ◆ = M ◻ = R
◻ = C ○ = K ▲ = N ◻ = S
★ = E ◆ = L ▲ = O ◻ = W

Would Susan B. Anthony have been arrested for the same reason in 1921? ☐ YES ☐ NO

Extra! Extra! Women in Leadership

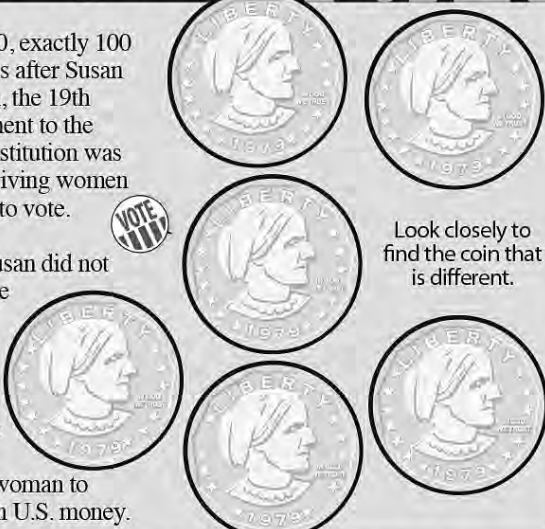
Today, women can vote and hold elected office. For several weeks, look through the newspaper for pictures of women who are leaders in the government. Make a scrapbook with the photos. Label each one with the woman's name, her job title and if she was elected to the job.

Standards Link: Research. Use the newspaper to locate information.

Kid Scoop® Puzzler

In 1920, exactly 100 years after Susan was born, the 19th Amendment to the U.S. Constitution was passed, giving women the right to vote.

While Susan did not live to see women get the right to vote, in 1979 she became the first woman to appear on U.S. money.



Look closely to find the coin that is different.

Standards Link: Investigation: Find similarities and differences in common objects.

Double Double Word Search

PROTESTED
PROPERTY
PICKETED
RATIFIED
SUFFRAGE
SENECA
RIGHTS
WOMEN
YEARS
SUSAN
THINK
VOTE
GIVE
TALK
OWN

Find the words in the puzzle. How many of them can you find on this page?

S D W K N I H T S P
U E U O F A A F R R
F T R W M L S O A O
F E S N K E P U G T
R K R A C E N E S E
A C A I R I G H T S
G I E T S T S O F T
E P Y I G E V I G E
H T R A T I F I E D

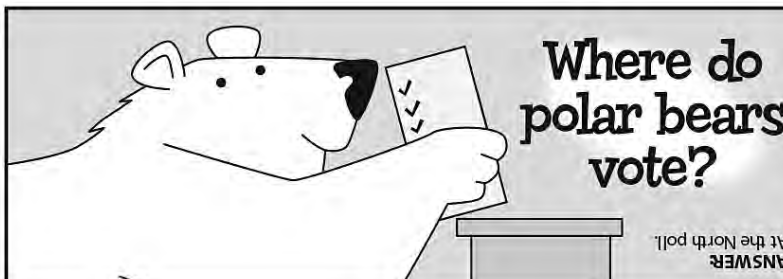
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop® LESSON LIBRARY

Cause and Effect

Draw a line down the center of a piece of paper. Label the left side CAUSE. Label the right side EFFECT. Read a newspaper article and find the **cause** (an event that makes something happen) and the **effect** (what the cause made happen).

Standards Link: Reading Comprehension: Know the difference between cause and effect.



Where do polar bears vote?

At the North poll.

Kid Scoop Together

Kid Quiz

After reading this page, answer the questions below. Have an adult check your answers. Discuss any that you got wrong.

1. What is this page about?

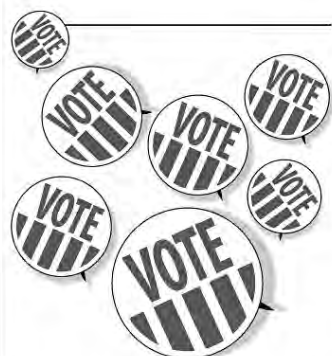
2. Who is it about?

3. Which Amendment to the U.S. Constitution gives women the right to vote?

4. How many years have American women had the right to vote??

5. Where and when did the first women's rights meeting take place?

6. What does suffrage mean?



Kid Scoop VOCABULARY BUILDERS

This week's word: **RATIFIED**

The verb **ratify** means to give formal consent to make something officially valid.

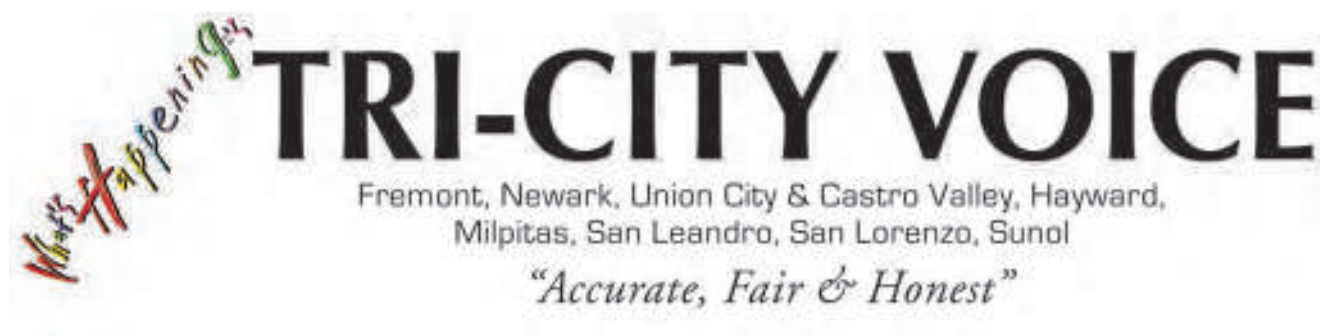
The law was **ratified** by a popular vote.

Try to use the word **ratified** in a sentence today when talking with friends and family members.

Write On!

Woman I Admire

Describe a woman you admire and your reasons for choosing this woman.



Athletes of the Month

Fremont Christian School Abraham Aguirre

Abraham Aguirre, a 17-year-old Senior, was born in Hayward, California. He will be graduating this year. Abraham will be attending college but hasn't decided where (while he is waiting for other acceptances, he has already received acceptances from Seton Hall and Penn State). Abraham is considering a Psychology major.

His family support group consists of: Ayme, his mom, Walter, his dad, Daniel, older brother is an FCS graduate, Pamela, younger sister who is a freshman. His father was El Salvador's National Fencing Tournament Champion. Abraham, Walter, his father, and Daniel, his brother, are all sports enthusiasts.

Abraham started playing soccer when he was five years old. He was playing basketball at age 7-8 and, at 10 years of age, Abraham was playing baseball.

Abraham's academic accomplishments include:

Daughtery's List (Academic and Leadership Skills in Sports), Principal List several times (4.0 grade average), Spanish Student of the Year (perfect score on the Spanish AP test).

His sports accomplishments include:

Freshman: Junior Varsity - track (long jump, triple jump), and basketball

Sophomore: Soccer (2nd team all-league), Baseball, Basketball

Junior: Soccer (2nd team all-league), Baseball, Volleyball

Senior: Soccer (1st team all-league) Basketball

The positions he plays: soccer – central defender, basketball – shooting guard, and volleyball – outside hitter.

Abraham works with Soccer Coach Liston, Basketball Coach Westphal, Volleyball Coach Ropozo, and Baseball Coach Gomez.

As far as game preparation: NO FOOD. However, just wait until the events are over! Any free time is dedicated to sleep.



Sports are very important to Abraham. He continues to learn values, how to be successful, and life lessons. He is grateful to his parents for instilling good work ethics and all they have done to help him be successful

Fremont Christian School McKenna Nolasco



McKenna, a 15-year-old sophomore, was born in Los Gatos, California. She has been attending Fremont Christian since preschool and will be graduating in 2022. McKenna is planning to attend college. Her dream college is Santa Clara University, following her hero, Julie Ertz, a professional soccer player who plays all positions and demonstrates Christian values. McKenna is considering majoring in Human Resources.

Her family support group includes: her mom, Allison, her dad, Noel, her older brother, Jeremiah, and their dog, Minnie. Both parents and grandparents, Donna and Walt Firstbrook, regularly attend her games and spend time discussing game events with McKenna.

Sports have been an integral part of her life starting with basketball at age 2, competitively playing beginning in Grade 4. At age 8, McKenna was playing soccer. Then in the sixth grade she began playing volleyball.

McKenna's strategy in game preparation consists of napping to re-energize herself and absolutely no food – but wait until the game is over!

McKenna is a Merit Scholar student who maintains a 4.0 grade average, and demonstrates leadership and schedules time for volunteering. Some of her volunteer efforts include recently traveling with her school and friends for a week to Mexico to build a house for a single mom and her kids. She is looking forward to doing this again next year. Additionally, McKenna volunteers for youth summer camps including an art camp and sports camps. She has also volunteered with the KTF Foundation to feed the homeless.

Her many sports achievements include:

- 7-8 Grade: Softball and Basketball: MVP and BACSAL Championships (Bay Area Christian Schools Athletic League). McKenna was pitcher and leadoff hitter. Female Athlete of the Year in 8th Grade.
- Freshman: High School Female Athlete of the Year, Team Co-MVP for Volleyball, MVP for Basketball and Soccer and BCL All League in all three sports.
- Sophomore: Unanimously named MVP of the BCL League for basketball, MVP of the BCL Basketball Tournament, and she recently won the MVP Team Award for basketball at the Fremont Christian School's Award Banquet. (Varsity Basketball: Captain of the Undefeated League Champions where she led her team in points, assists, and steals.

McKenna works with three coaches at FCS: Volleyball – Coach Rankin, Basketball – Coach Gomez, and Soccer – Coach DaSilva. McKenna appreciates their experience, guidance, and support. Outside of school McKenna also plays soccer for Santa Clara Sporting Soccer Club with Coach John Slegg. The team plays in the Norcal Premier Soccer NPL Division and travels for various tournaments all over the country.

Sports are an outlet for McKenna from life's pressures. Traveling to other schools with her teammates and just hanging out allows friendships to develop and grow

Living Well

MASONIC HOMES OF CALIFORNIA MASONICHOME.ORG • MAR. 2020



THIS MONTH, EAT LIKE YOU'LL LIVE TO 100

Using centenarians as a guide for a brain—and heart—healthy diet.

MARCH IS NATIONAL NUTRITION MONTH, and the Masonic Homes of California in Union City is doing its part to promote a brain- and heart-healthy diet for all residents across its campus.

The concept is based on foods found in the “Blue Zones”—regions of the world with the highest concentration of centenarians, and with relatively low rates of degenerative diseases. Joseph Pritchard, Vice President of Clinical Operations at the Masonic Home, explains, “The Blue Zone diet helps preserve memory because it helps stave off some of the risk factors associated with dementia.”

At the Masonic Home, the Blue Zone Café serves things like sushi bowls, potato leek soup, and banana-kale smoothies—fruit- and vegetable-packed meals that are both satisfying and nutritionally sound.

According to Dan Buettner, author of *The Blue Zones Solution*, people in the five world-wide blue zones—which are spaced all around the globe—share some commonalities in what they eat: In all cases, people eat a varied, plant-based diet. From beets to sweet potatoes to papaya to seaweed, they all regularly consume vibrant foods that grow organically in their regions. In other words, they eat colorfully—and locally. Some nutritionists call that “eating the rainbow.” Now, with farmers markets and all of the choices available at supermarkets, doing the same thing has never been easier.

In addition to eating an array of vegetables, people in Blue Zone regions eat wild-caught fish. Since fish is known for its



brain-healthy Omega oils, including it in your diet is a smart choice. Choose trout, snapper, and other “mid-chain” fish since it is exposed to less mercury. As for eggs and meat, consider them an accent to plant-based meals, rather than a centerpiece. Finally, go for more digestible dairy without added sugar. Plain yogurt is an excellent choice, as it contains gut-healthy probiotics, and milk products from sheep and goat are easier on the belly.

Other Blue Zone foods to add to your diet include oats, whole grains, beans, nuts, and seeds. The bottom line: with intention and an eye for color, you, too, can eat for longevity. ♦

LIVE, LAUGH, AND LOVE YOUR VEGGIES

Along with laughter, vegetables are key to longevity. March is National Nutrition Month, so try marching to a healthier beat with some of these tricks:

- 1. Sneak in the salads.** Salads are an easy way to add nutrients without fuss, and they don't have to stop at green. Slice up a fresh radish for some spice and color.
- 2. Spruce up your sandwich.** Add some sliced cucumber, sprouts, or lettuce for some crunch.
- 3. Sip on soup.** Soup made of chopped or pureed vegetables is a great way to get your daily intake. Garnish with some scallion for an extra kick.
- 4. Satisfy simply.** Slice up carrot, bell pepper, and cucumber, and serve with hummus for a tasty snack.
- 5. Spice up the scramble.** Add slow-cooked onion and bell pepper to your eggs and dig in.
- 6. Sauté a side.** Sauté some spinach and drizzle with heart-healthy olive oil. Then devour!

JOIN THE MASONIC HOMES OF CALIFORNIA NURSING TEAM!

The Masonic Homes of California is now hiring RN, CNA, LVN, and RN supervisor team members. Named by the Bay Area News Group as a 2019 Top Workplace, we empower staff to provide excellent care while learning new skills to enhance their clinical knowledge.

Benefits of working at MHC:

- Health benefits
- Matching 401k
- Competitive salary
- Welcome bonus

Apply now at masonichome.org/careers



Masonic Homes of California



TRANSITIONS SHORT TERM CARE: Comfortable Recovery, Unparalleled Care

Recover from illness, surgery, or injury in a tranquil and upscale environment that caters to your every need. Hotel-style amenities and restaurant-style dining make you feel comfortable and cared for by our team of experienced, interdisciplinary caretakers.

(510) 475-2137

View our video at: masonichome.org/Transitions

Acacia Creek: Come Live the Dream!

Cherished friends. Continued learning and growth. Busy, active lifestyles to keep you energized.



Come see for yourself how Acacia Creek is breaking the mold on what it means to age. In our vibrant, community, we empower each other to lead fulfilling lives and become our best selves.

Join us:
(877) 902-7555
acaciacreek.org



ACACIA CREEK
RETIREMENT COMMUNITY
Imagine Living The Dream
RCFH 0126012028 | COA #246

Friday Night at SACBC BINGO

*** CANCELLED until April 3rd (subject to further developments) due to Public Health Dept. recommendations. Please see WWW.SACBC.ORG/Bingo for changes in status. Thank you for understanding.

Southern Alameda County Buddhist Church
32975 Alvarado Niles Rd, Union City t: 510-471-2581



Protect yourself from Shine flu



The Shine Flu strikes fine jewelry all year round! Your diamonds are lifeless, their sparkle is gone! We'll protect your jewelry and bring it back to a brilliant shine!

We Buy Diamonds & Gold

H. C. NELSON & CO.
JEWELERS SINCE 1981

40707 GRIMMER BLVD., FREMONT
TUES-SAT 10AM-5PM
(510) 490-3022

©2020

BINGO

Fraternal Order Of Eagles 1139

Thursday is - BINGO

**Doors open 4pm
Games Start 6:30pm**

More Info: 510 676-3314

21406 Foothill Blvd., Hayward

I need a Forever Home

Mr. Badger, an American Sable, is named for his stunning badger-like coloring. He's a sweet bunny who is good with handling and loves lounging on his bed. He's about a year old and was recently neutered. He's ready for a forever, indoor home. Meet Mr. Badger at the Hayward Animal Shelter.



Harry Pawter is a young New Zealand bunny with a strong and confident personality. He has silky-soft white fur and gorgeous ruby-pink eyes. He loves snacking on greens, timothy hay and an occasional piece of fruit. Neutered and ready for a forever, indoor home. Meet Harry Pawter at the Hayward Animal Shelter.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

**16 Barnes Court (Near Soto & Jackson)
Hayward
Tuesday - Saturday 1pm - 5pm**

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

EDITOR'S NOTE:
MANY EVENTS AND
GATHERINGS HAVE BEEN
CANCELED OR
POSTPONED DUE TO
CORNAVIRUS CONCERNS.
PLEASE CHECK CONTACT
INFORMATION FOR UPDATES.

**Thursday - Sunday, Jan 7 -
Mar 31**

Animal Feeding \$

3 p.m.

*Check for eggs, feed animals hay. Meet
at Chicken Coop*

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

**Mondays, Jan 13 - Mar 30
Job Lab**

12:30 p.m. - 3:00 p.m.

One-on-one help for job seekers

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

**Saturday - Thursday, Jan 28 -
Apr 7**

Explosions of Color

During library hours

*Display of 12 paintings by Winnie
Thompson*

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

**Saturdays, Feb 1 - Apr 11
Free Tax Preparation**

1 p.m. - 4 p.m.

For households earning \$56,000 or less

Photo ID and tax documents
required

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

**Sunday - Saturday, Feb 1 -
Mar 27**

Studio 820

During library hours

*SLZ Adult School watercolor class ex-
hibit*

San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.sanleandro.org/depts/library/default.asp

**Wednesdays & Thursdays,
Feb 5 - Apr 15**

AARP Tax Assistance R

10 a.m. - 1 p.m.

*Free tax preparation and e-filing.
Call for appt.*

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
(510) 608-1155
<https://guides.aclibrary.org/castro-valley>

**Monday - Friday, Feb 11 -
Mar 31**

The Artist Within 3

8:30 a.m. - 4:00 p.m.

*Original art by adults with special
needs*

Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766
www.haywardrec.org

Sundays, Feb 16 - Apr 5

**Dove Gallery "Creation: Art of
Nature" Exhibit**

12 noon - 3 p.m.

*Nature artwork in various media and
styles*

Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
(408) 464-5011
dove@parkvictoria.org

Arts & Entertainment

BRONCO BILLS PIZZA PALACE

*Superior Pizza made fresh daily from the finest
premium ingredients. Specially blended sauces,
homemade hand spun dough.*

M, T, W, Th, Sun 11am-10pm Expires 4/30/20
Fri & Sat. 11am - 11pm

**ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF
510-792-1070**

Dine In - Take Out - Delivery (Limited Area & Time)
37651 Niles Blvd. Fremont
Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.



Voted Best BBQ

LIVE MUSIC/Dancing

Friday & Saturday 9pm - Midnight

**Try Juicy Ribs
that Fall off the Bone,
Paul's 7 Month Brisket,
and Homemade Cornbread,
Sauces and Pies!**

SUNDAY

Football Brunch

**\$1 Mimosas,
New breakfast skillet,
and breakfast burrito!**

Happy Hour

Mon.-Fri 2pm-6pm

**Great Prices
Appetizers
and Drinks**

WEEKDAY LUNCH SPECIALS

Mon - Fri 11am - 2pm \$13.99 each

**Rib & Chicken Combo
Hot Link & Chicken Combo
Pulled Pork & Brisket Combo
Chicken and Bratwurst Combo
Chicken and Pulled Pork Combo
Pulled Pork & Hot link Combo
Pulled Pork & Bratwurst Combo**

**CATERING
Delivery/Pick-up
Available**

510-713-1854

www.smokingpigbbq.net

3340 Mowry Ave., Fremont

NEED STORAGE SPACE?



**50% OFF
FIRST 2 MONTHS**

On selected sizes only. New rentals only.

Excludes RV spaces

www.reevesmgt.com

OPEN 7 DAYS A WEEK

CAL SELF STORAGE

**26869 Mission Blvd., Hayward
(Behind FOOD SOURCE)**

510-538-1536

Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot Sundays

8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096

For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/book-mobile

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday

12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991

For more information
(408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Thursday - Sunday, Feb 22 - Mar 21

Colors of Compassion by
Bhavna
12 noon - 5 p.m.
Contemporary California landscapes
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Wednesdays, Feb 26 - Mar 25

Tools For Change \$
6 p.m. - 9 p.m.
Prevention/intervention techniques for parents of teens
Searles Elementary School
33629 15th St., Union City
(510) 471-2772
(510) 427-5419
sea.mynhusd.org

Thursdays, Feb 27 - Apr 2

Spiritual Guides for Today \$R
1:00 p.m. - 2:30 p.m.
The Universal Christ – 6-part series.
Register by 2/25
Dominican Sisters of Mission San
Jose
43326 Mission Blvd., Fremont
(510) 933-6335
http://bit.ly/2020_RohrUC

Saturday - Sunday, Feb 29 - May 31

Discovery Days
11:00 a.m. - 3:30 p.m.
Family crafts and exploration
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sundays, Mar 1 - Apr 26

Animal Feeding Time
10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturdays - Sundays, Mar 1 - Mar 22

Nature Crafts
10 a.m. - 12 noon
Discover the natural world through your artistic side
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturdays - Sundays, Mar 1 - Mar 22

Wild Wonders
2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday - Saturday, Mar 2 - Mar 31

Brilliant Color...Bold Design
10:30 a.m. - 4:00 p.m.
Exhibition of acrylic paintings by Terry McMabon
Portola Art Gallery-Allied Arts Guild
75 Arbor Rd., Menlo Park
(650) 321-0220
www.portolaartgallerycom

Mondays, Mar 2 - Apr 20

Matter of Balance
12 p.m. - 2 p.m.
Learn how to manage falls and increase activity
Fremont Senior Center
40086 Paseo Padre Pkwy., Fremont
(510) 790-6600

Fridays, Mar 6 – Apr 3

Stations of the Cross for
Seniors – with S. Mary Mark
Schoenstein, OP
2 p.m.
Inspiring reflections on aging
Dominican Sisters Motherhouse
Chapel
43326 Mission Cir., Fremont
(510) 933-6360
www.msjdominicans.org

Monday - Friday, Mar 6 - Apr 24

Art is Education
9 a.m. - 5 p.m.
HUSD students’ artwork display
John O’Lague Galleria
777 B St., Hayward
(510) 538-2787
www.haywardartscouncil.org

EL DORADO RESTAURANT

\$1.00 Tacos

Lunes
Monday

Martes
Tuesday

Miercoles
Wednesday

Jueves
Thursday

Viernes
Friday

Sabado
Saturday

Sunday
Domingo

Higado
Liver

Pollo
Chicken

Carnitas
Fried Pork

Cabeza
Beef Head

Buche
Pork Stomach

Pastor
Spicy Pork

Chile Verde
Green Pork

Sunday Buffet
FRESH HAND MADE CORN TORTILLAS,
MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS,
CHILE RELLENO, ENCHILADAS
MEXICAN PASTRIES, DESSERTS and many more

Any Breakfast with meat & Coffee
\$9.99+tax
Mon-Sat
10am-12pm

10% SENIOR DISCOUNT
not applicable with other offers

Monday 10 - 8
Tuesday - Friday 10 - 9
Saturday 9 - 9
Sunday 9 - 8

Authentic Mexican Food and Beer

El Dorado Restaurant

510-581-8612

corner of Grand and Winton

386 Winton Ave. Hayward

Saturday, Mar 7 – Monday, Mar 24

Milpitas Cares volunteer week
Various times and locations
Short term projects: food pantry,
park cleanup, etc.
(408) 240-7915
info@milpitascares.org
https://www.milpitascares.org/

Wednesday - Friday, Mar 11 - Apr 15

Tax Preparation Services
Wed & Thurs: 4 p.m. - 8 p.m. Fri:
10 a.m. - 1 p.m.
Free tax help for qualifying individuals
Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 574-2000
(510) 574-2020
www.fremontvita.org

Thursdays, Mar 12 - Mar 19

Heart to Heart for Boys \$R
6:30 p.m. - 8:30 p.m.
Parents and teens discuss the changes of puberty
Warm Springs Elementary
47370 Warm Springs Blvd., Fremont
(510) 659-2542
www.stanfordchildrens.org/en/classes/
/class-detail

Friday - Saturday, Mar 13 - Mar 22

Footloose The Musical \$
7:30 p.m., 2 p.m. matinee on 3/2
Ren McCormack struggles to adapt in a town where dancing and rock music are illegal
Cal State East Bay Theatre
25800 Carlos Bee Blvd., Hayward
www.csueastbaytickets.com

Saturdays, Mar 14 - Apr 11

Free Quality Tax Assistance
10:00 a.m. - 1:30 p.m.
Tax help for low income households
New Haven Adult School
600 G St., Union City
(510) 489-2185
(510) 574-2020
www.fremntvita.org

Saturday - Friday, Mar 14 - Apr 30

Advanced Placement Art Exhibit
During library hours
2D and 3D art from local AP high school students
Hayward Public Library
888 C St., Hayward
(510) 881-7980
haywardartscouncil.org

Sunday - Saturday, Mar 14 - Apr 18

Juried Photography Exhibit
Library open hours
120 images by over 50 local photographers
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
fremontculturalartscouncil.org

Tuesdays, Mar 17 - Apr 14

Free Quality Tax Assistance R
By Appointment
Tax help for low income households. English, Spanish, Chinese assistance
Ohlone College Newark Campus
39399 Cherry St., Newark
(510) 742-2300
(510) 574-2026
www.fremontvita.org

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Saturday nights

8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

THIS WEEK

Wednesday, Mar 18

Toddler Time
10:30 a.m. - 11:45 a.m.
Hear a story, do some chores, meet some farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Mar 18

Community Engagement Resource Fair
9:30 a.m. - 12:00 noon
Learn about resources available to adults 55+
Warm Springs Community Center
47300 Fernald St., Fremont
(510) 791-4318
(510) 574-2050

Wednesday, Mar 18

National Small Business Development Center Celebration
10 a.m. - 2 p.m.
What is coming to SBDc, business success stories, light refreshments
Ohlone College Newark Campus
39399 Cherry St., Newark
(510) 742-2300

Wednesday, Mar 18

Convos with the Captain
3:30 p.m. - 5:00 p.m.
Casual Q&A session with Fremont PD Captain Fred Bobbiitt
Queen Boba
34420 Fremont Blvd, Fremont
(510) 790-6689

Wednesday, Mar 18

Eden Eats \$
5:30 p.m. – 7:30 p.m.
Showcase for local restaurants, caterers, and home-based food businesses

BRONCO BILLY'S

PIZZA PALACE

Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm Expires 4/30/20
 Fri & Sat. 11am-11pm

ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF

510-727-0532

Dine In - Take Out - Delivery (Limited Area & Time)
26775 Hayward Blvd. Hayward
 Present Coupon When Ordering. Mobile Coupons Not Accepted
 Offers Cannot be Combined.


DRIVERS FOR SURVIVORS, INC.
Helping Cancer Patients
Delivering Compassion!
Making a difference, one survivor at a time.

FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments

Drivers For Survivors provides this for ambulatory cancer patients living in the following designated areas of South, Central, and East Alameda: Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Ashland, Cherryland, Castro Valley, Dublin, Livermore and Pleasanton going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?
We can drive you for FREE!

Do you have occasional extra hours?
 We always need more **volunteer-companion drivers...let's talk!**

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call **(510) 462-1100** or email
Outreach@driversforsurvivors.org
www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

FREE  **Alameda County LIBRARY**

Improve your reading and writing with a tutor

Study for the citizenship test in a Civics class

Complete High School Online and earn a diploma

Learn English for beginners in small groups

Apply for a job by updating your basic computer skills

For more information call
The Alameda County Library
Education and Literacy Services
510-745-1480
www.aclibrary.org



Scan for our FREE App or Search App Store for TCVnews

Get our App and you will always know what is happening. We also have the back issues archived

Our Lady of Grace Church
 3433 Somerset Ave., Castro Valley
 (510) 537-5300
www.edenareachamber.com

Wednesday, Mar 18 - Thursday, Mar 19

ScreenAgers: Growing Up in the Digital Age R

Wed: 6:30 p.m.; Thurs: 5:30 p.m.
 (Spanish), 6:30 p.m. (Mandarin)
Documentary and panel discussion
 San Lorenzo High School
 50 E. Lewelling Blvd., San Lorenzo
 (510) 317-3000
<https://bit.ly/39fZrL6>
www.hayward.org

Thursday, Mar 19

Startup Grind Meeting R

6 p.m.
Fundraising to building an A-class team and partner network
 Peerbuds Innovation Labs
 4580 Auto Mall Pkwy #121, Fremont
<https://www.startupgrind.com/fremont/>

Thursday, Mar 19

East Bay Stompers Band

7 p.m. - 9 p.m.
Dixie, swing and standards music
 Bronco Billy's Pizza - Irvington
 41200 Blacow Road, Fremont
 (510) 438-0121
 (510) 914-7304

Friday, Mar 20

Unity Dinner \$R

5 p.m. - 10 p.m.
Restoring Unity - The Path Forward for Kashmir
 India Community Center
 525 Los Coches Street, Milpitas
 (408) 934-1130
<https://iacf-unity-dinner-2020.eventbrite.com>

Friday, Mar 20

Toddler Ramble: Mad Scientists \$

10:30 a.m. - 11:15 a.m.
Kids 1-3 experiment, play and explore
 Hayward Shoreline Interpretive Center
 4901 Breakwater Ave., Hayward
 (510) 670-7270
www.haywardrec.org/hayshore.html

Friday, Mar 20

Meet and Greet with Mia

3:30 p.m. - 5:30 p.m.
Meet author of upcoming book "Maddy and Mia: TriPaw Tales"
 PetSmart Fremont
 39410 Argonaut Way, Fremont
 (510) 790-1459

Saturday, Mar 21

Eden Area Village Monthly Coffee

10 a.m.
Learn how local seniors keep each other active and engaged in the community
 J.P.'s
 3600 Castro Valley Blvd., Castro Valley
edenareavillage.org

Saturday, Mar 21

Storytime with Cheryl Palladino

11 a.m.
Author reads "The Scraggly Rabbit"
 Books on B
 1014 B St., Hayward
 (510) 538-3943
www.booksonb.com

Saturday, Mar 21

Fabulous Fishing Fun \$

11 a.m. - 2 p.m.
Fish with a naturalist, gear provided
 Hayward Shoreline Interpretive Center
 4901 Breakwater Ave., Hayward
 (510) 670-7270
www.haywardrec.org/hayshore.html

Saturday, Mar 21

Sheet Mulch Work Party

9 a.m. - 12 noon
Suppress weeds and build soil by covering weeds with cardboard and mulch
 LEAF C.R. Stone Garden
 55 Mowry Ave., Fremont
FremontLEAF@gmail.com

Saturday, Mar 21

Earthquake Walk at Central Park \$

9:30 a.m. - 11:00 a.m.
Walking tour for adults and teenagers
 Fremont Central Park behind Community Center

Reporter/WriterWanted

Part Time

Must be:

- Proficient in English language and grammar
- Proven writing and editing skills
- Excellent driving record

Send resume and one 300-500 word writing sample to:

tricityvoice@aol.com

Subject: Reporter Application

There's no place like home ADOPT A SHELTER PET

"Flash" that smile.
 This handsome boy isn't even a year old, a purebred German Shepherd, he will need a family committed to his training and energy.



Jules, about 3 months old, a beautiful kitten longing for a forever home.

TRI-CITY ANIMAL SHELTER

TricityAnimalShelter.org

1950 Stevenson Blvd • Fremont CA • 94538
 Tuesday - Friday 12- 5pm • Saturday 11am - 4pm
 510-790-6630

Connect @TriCityAnimals



Senior Helpline (510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



Saturday, Mar 21

Lenten Retreat R

9 a.m. - 3 p.m.
Living at the Disposal of the Cross: Lenten Reflections on Christian Discipleship. Register by 3/17
 Dominican Sisters of Mission San Jose
 43326 Mission Blvd., Fremont
 (510) 933-6335
http://bit.ly/2020_LentRtrt1

Saturday, Mar 21

Native Garden Tour Plant Sale

10 a.m. - 4 p.m.
Community garden tours, handmade soaps, hard-to-find native California plants
 Green Thumb Works
 20095 Mission Blvd., Hayward
www.bringingbackthenatives.net

Sunday, Mar 22

Rope Makin' and Hay Hoistin'

11:30 a.m. - 12 noon
Make a rope with an antique machine and help lift a bale of hay
 Ardenwood Historic Farm
 34600 Ardenwood Blvd., Fremont
 (510) 544-2797
www.ebparks.org

40204 Paseo Padre Pkwy., Fremont
 (510) 790-5546
 (510) 494-4300

Saturday, Mar 21

Nectar Garden Fun Day

1 p.m. - 3 p.m.
Learn how to garden with plants that attract butterflies, make a butterfly-themed gift
 Coyote Hills
 8000 Patterson Ranch Rd., Fremont
 (510) 544-3220
www.ebparks.org

Saturday, Mar 21

Canine Capers Walk R

9 a.m. - 11 a.m.
Hike the park trails with your dog. Ages 8+
 Garin Regional Park
 1320 Garin Ave., Hayward
 (510) 582-2206
 1-888-327-2757
Saturday, Mar 21
Community Meeting
 1:00 p.m. - 2:30 p.m.
H.A.R.D. holds meeting to discuss parks and facilities in Castro Valley
 Castro Valley Community Center
 18988 Lake Chabot Rd., Castro Valley
www.haywardrec.org

Sunday, Mar 22**Hens Lay Eggs**

10:30 a.m. - 11:00 a.m.

*Listen to a story, touch a hen's feather, search the coop for eggs*Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org**Sunday, Mar 22****Clothespin Dolls**

1:00 p.m. - 2:30 p.m.

*Create and dress up your doll to take home*Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org**Sunday, Mar 22****Groovy Judy**

10:30 a.m. - 11:30 a.m.

Free concert, Judy sings her heart out
RSI Fremont
3900 NewPark Mall Rd. Ste 203,
Newark
www.groovyjudy.com**Sunday, Mar 22****Crime Fiction and Contemporary Society**

2:00 p.m. - 3:30 p.m.

Three local mystery writers discuss what crime fiction teaches about society
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org**Sunday, Mar 22****Manage Your Email**

1:15 p.m. - 2:30 p.m.

*Learn email basics, how to identify and handle suspicious emails*Union City Branch Library
34007 Alvarado Niles Rd.,Union City
(510) 745-1464
www.aclibrary.org**Sunday, Mar 22****Edible Estuary**

3:00 p.m. - 4:30 p.m.

*Adults explore medicinal and edible marsh plants*Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html**Sunday, Mar 22****Cordage & Pine Nut Bead Making**

10 a.m. - Noon & 1:30 p.m. - 3:30 p.m.

*Learn how to create cordage and string pine nut beads. Ages 9+*Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org**Monday, Mar 23****Outdoor Discoveries: Puddle Jumpers R**

10:30 a.m. - 12 noon

*Preschool and home school nature series. Ages 4-8*Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org**Monday, Mar 23****Milpitas Rotary Club Meeting**

12 noon - 1:15 p.m.

*Speaker Milpitas Fire Chief Brian Sherrard*Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
http://www.clubrunner.ca/milpitas**Monday, Mar 23****Eden Garden Club Meeting**

9:30 a.m.

*Owner of SOAPGEEK will make Chamomile soap with olive oil and Chamomile flowers*Hayward-Castro Valley Moose Lodge
20835 Rutledge Rd., Castro Valley
(510) 723-6936
(510) 397-1268**Tuesday, Mar 24****Weekday Bird Walk \$**

7:30 a.m. - 9:30 a.m.

*Look for 40+ birding species. Ages 12+*Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html**Tuesday, Mar 24****Know Your Medicare Rights**

12:30 p.m. - 1:30 p.m.

*Learn about different plans, advocacy organizations, agencies and websites*Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org**Tuesday, Mar 24****Pet Partners @ Ohlone Humane Society**

5:30 p.m. - 6:15 p.m.

*Meeting on how you and your pet can become a volunteer therapy team*Fremont Main Library Fukaya Room B
2400 Stevenson Blvd., Fremont
(510) 745-1467
AAT@ohlonehumane.org**Tuesday, Mar 24****Weekday Bird Walk**

7:30 a.m. - 9:30 a.m.

*Tranquil walk to look for birds. Bring water, sunscreen, and binoculars. 12+ yrs.*Vargas Plateau Regional Park
2536 Morrison Canyon Rd, Fremont
(510) 544-3246
www.ebparks.org

Not today, Coronavirus!
To help everyone stay healthy while Coronavirus is still a danger, germ busters around the Bay Area have canceled or postponed upcoming events to inhibit the spread of infection.

CLOSED: Thursday, Mar 12 - Tuesday, Mar 31**Chabot Space and Science Center**

https://chabotspace.org/

CLOSED: Effective Friday, Mar 13 (until further notice)**Niles Essanay Silent Film Museum**

http://nilesfilmmuseum.org/

CANCELED: Effective Saturday, Mar 14**All Fremont Main Library programs and activities**https://guides.aclibrary.org/fremont
(510) 745-1400**CANCELED: Friday, Mar 13 - Sunday, Mar 22****Chicago the Musical (by Castro Valley Unified School District)**

http://www.cvcfa.com/cvusd-shows

CANCELED: Wednesday, Mar 18**Mission San Jose Chamber Mixer**

https://www.msjchamber.org/mixers

CANCELED: Tuesday, Mar 17**Coffee with a Cop at Dunkin'**City of Hayward Police Department
(510) 293-7000**CANCELED: Tuesday, Mar 17****Seeking Alien Civilizations (with astrophysicist Dan Werthimer)**Castro Valley Library
(510) 667-7900
http://bit.ly/find-aliens3**CANCELED: Friday, Mar 20 - Sunday, Mar 22****Sister Act by Stage 1 Community Theatre**(510) 791-0287
www.stage1theatre.org**CANCELED: Saturday, Mar 21****Women of Washington Township**Postponed until further notice
(510) 623-7907
info@museumoflocalhistory.org

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

MOTHERS DAY N NAPA*
Bus Trip to Napa
SATURDAY MAY 9TH

PICK UP'S
San Leandro Bart Station 9am
Del Norte Bart Station 9:30am

NAPA STOPS
***FORD COPPOLA • BERINGER**

Tickets \$46ea
www.ivm1ent.com

@captnblake Call 916-420-4167
#ivm1ent Text

ivm1 Entertainment
NAPA COUNTY CALIFORNIA

Math and Science Tutoring Service

Math and science tutoring service for school kids
\$30 per hour

Engineer and MBA

Contact: Mohit Juneja
530 723 8860

Cabrillo Neighborhood GARAGE SALE!
Sat., March 14, 2020
9AM- 2PM

SELLING:
Books, Clothes, Home Decor, Toys, Sporting Equipment, collectibles & more!

STOP BY
4749 Granado Ave., Fremont
to pick up your map of homes participating

OR GOT TO:
www.CabrilloGarageSale.com
on Friday after 5pm for an online map

Veronica's
House Cleaning Services

- House Cleaning
- Bath/Kitchen Cleaning
- Floors
- Laundry
- Windows

Affordable Prices
510-342-8817

HANDYMAN
Craftsman Quality
30 Years Experience
I Guarantee My Work
Check my References!
FREE Estimates
510-673-1766
Senior Discounts

Advertise in Tri-City Voice
Great Rates! Great Results Call Today!
510-494-1999
tricityvoice@aol.com

Premier Indoor Agility Training Facility
Producing Happy Working Dogs with Satisfied Owners

Cushioned Agility No-Slip Flooring
Comfort for dog and handler

Classes Offered in

- Puppy Agility
- Rally
- Obedience
- Agility

Beginning and Advanced Levels
Mid-Week and Saturday Classes Available
→ Group Six-Week Sessions
→ Packaged Private Sessions

\$10 DISCOUNT*
Puppy Agility Classes
for Puppies 3 to 5 Months

*Off First Class *New Clients Only

Call to Register
(925) 989-7157

Find us at
TopnotchK9Training.com
or on Facebook
atopnotchk9trainingca

41601 Albrae Street, Fremont
(Access off Auto Mall Parkway or Stevenson Blvd)

Newark Unified School District
Child Care program

Before and after school Child Care services
We serve enrolled elementary students from Transitional Kindergarten 4.5 years old to sixth grade.

Fees vary based on number of hours per week attending child care. Our sites are located at six of our eight NUSD elementary schools (Birch Grove Primary, Birch Grove Intermediate, Kennedy, Lincoln, Musick and Snow).

Please contact us at
(510)818-4138, and
(510)818-4159 or email us at
nsanchez@newarkunified.org

NEWARK-FREMONT LEGAL CENTER

LEGAL DOCUMENT PREPARATION
27 Years Experience
10 Years Alameda County Superior Court

Divorce/Family Law
Name Change
Judicial Forms
Letters for Travel
Affidavit/Applications

SUE JOHNSON
PARALEGAL
510-794-5297
www.newark-legal.com

BPcode Chapter 5.6 (6450-6456)

38750 Paseo Padre Pky., Ste. B-I, Fremont

LEPPARD LANDSCAPING
MONTH TO MONTH SERVICE
Hauling and Clean up
Rain Gutter Cleaning
Pressure Wash

CALL JIMMY
1-510-673-4318

Randy's Fence Repairs
Fence Leaning?
Don't Replace...
Repair & Save!

Reinforcement of existing fences is my only business. Rotted posts are my specialty.

FREE ESTIMATES!
510-706-6189
Randy McFarland

BBB

CANCELED: Saturday, Mar 21
New Bark Dog Park Grand Opening

35501 Cedar Blvd., Newark
<https://www.newark.org/departments/parks/>

CANCELED: Saturday, Mar 21
Stack Center Block Party
 Eden Youth and Family Center
 (510) 887-1146
www.stackcenter.org

CANCELED: Saturday, Mar 21
Brask House Concerts Maria Muldaur
www.braskhouseconcerts.com

CANCELED: Saturday, Mar 21
Author Reading: ‘Little Annie Poot’
 Books on B
 1014 B St., Hayward
<http://www.treasureauthor.com/>

CANCELED: Saturday, Mar 21
Sheep Shearing Day at Ardenwood
<https://www.ebparks.org/parks/ardenwood/>
 East Bay Parks is cancelling all public events with 50 or more people in attendance through March 29. They are providing free refunds for all events scheduled through April 30. Call (888) 327-2757.

CANCELED: Saturday, Mar 28
The Fur Ball (Human Society of Silicon Valley)
 Postponed until Spring 2021, date TBD
<https://www.hssv.org>

CANCELED: Saturday, Mar 28 – Sunday, Mar 29
Fremont Symphony: Beethoven’s 5th Exploded!
 Postponed until 2021
 Contact Fremont Symphony for refund options
 (510) 371-4859
tickets@fremontsymphony.org

CANCELED: Sunday, Mar 29
Stanford Children’s Health workshop
 Postponed until further notice
<https://www.fuss4schools.org>

CANCELED: Saturday, Apr 4
Tartan Day at Ardenwood
 Postponed until April, 2021
<https://www.ebparks.org/parks/ardenwood/>

CANCELED: Saturday, Apr 18
Union City Police Officers Association 16th annual crab feed
 (510) 471-1365

Postponed Events

NOW: Week of March 31
Kaiser Farmers Markets (Pleasanton, Fremont, Union City)
<https://healthy.kaiserpermanente.org/health-wellness/farmers-markets>

NOW: Tuesday, May 19
Newark Unified School District Family Science Night
 6:00 p.m. – 7:30 p.m.
 Exploration, inquiry, discovery and FUN
 Birch Grove Schools at BGP
 6071 Smith Ave., Newark
 (510) 818-3100
 Contact: Leonor Rebosura at lrebosura@newarkunified.org

NOW: Sunday, May 31
Youthsav a 2020
 10 a.m. – 9 p.m.
 Indian youth dance competition
 India Community Center
 525 Los Coches St., Milpitas
 (408) 934-1130 Ext 225
youthprograms@indiacc.org

NOW: June 2020, date TBD
 (originally Mar 14)
Boldly Me Promise Event
 Gala to support local nonprofit
 Tickets/reservations will be held for the new event date.
 If you need a refund, contact Boldly Me.
www.boldlyme.org
 (408) 768-9257

NOW: Friday, Aug 14
 (Originally Apr 18)
Drivers for Survivors Black & White Ball
 Castlewood Country Club
 707 Country Club Cir., Pleasanton
 Contact Drivers for Survivors for re-funds
events@driversforsurvivors.org

NOW: Saturday, Aug 22
HERS People With Purpose Gala
 Castlewood Country Club
 707 Country Club Cir., Pleasanton
<https://hersbcf.ejoinme.org/PWP2020>

NOW: Wednesday, Aug 26
Davis Street Motown Gala
 5:30 p.m. – 8:30 p.m.
 Sequoyah Country Club
 4550 Healey Rd., Oakland
 (510) 347-4620
<http://davisstreet.org/>



Subscribe to TRI-CITY VOICE and you will always know What's Happening

510-494-1999
tricityvoice@aol.com

Classifieds Deadline: Noon Thursday (510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

OSO Ventures, Inc. has multiple openings at multiple levels.

Software Engineers (#001): Dsgn, dvlp & implmnt s/w & biz apps; Anylz usr needs to custmz s/w sols; Condc t feasblty anlysis; & Asist to dvlp custm s/w prgms & prov s/w suprt.

Software Engineers (#002): Dsgn, dvlp & implmnt custm s/w sols; Prov tchncl dirctn for dvlpmnt, enhncmnt & mntnce of s/w systms; & Arch, dsgn & creat tchncl dsgn docs.

Software Engineers (#003): Dsgn, dvlp, enhnc, dbug, suprt, mntn & tst s/w apps; Asist w/ intgrtn of s/w apps; & Trubleshoot data isus, valdte rsult sets, & recmnd/implmnt procs imprvmnts.

Programmer Analysts (#004): Gathr & anylz usr rqmnts to custmz s/w sols; Tst & implmnt sols; & Prov tchncl suprt for dlrvy of custm sols.

Programmer Analysts (#005): Gathr & eval clints’ systms rqmnts; Anylz, dfne & doc rqmnts for data, wrkflw, logcl proces & intrfcs w/otr systms; Convrt dsgns & specs into tchncl sols; Prep tech dsgn docs; Mntr perfmnc of prgms aftr implmntn; & Prov dsgn, dvlpmnt, tst & prod suprt.

Programmer Analysts (#006): Prov asistnce to eval systm rqmnts; Frmulat systm dsgn procdrs & qualty stnds; Instal, mdify & mntr s/w prgms; & Asist w/sugstn of imprvmnts to extng systms.

All positions may req travel &/or relocatn to var unanticipated client locatns thruout USA. Job Site: Newark, CA & var unanticipated client locatns thruout USA. Resumes w/Job Code: HR, 39899 Balentine Dr., Ste 200, Ofc 217, Newark, CA 94560. See: www.osoventuresinc.com

H&H Appraisal Consulting Services

Antiques,
Jewelry, Fine Art
Estate Management

Now buying California Coastal & Early California paintings and sculptures

Estates Purchased
Call us
for an evaluation

Certified Museum Specialist
 GIA Accredited
 Auction House Liaison

510-582-5954
norm2@earthlink.net

Sunsational Sunroom

Let Us Help You
Expand Your Horizons
Full-Service Design & Construction

www.sunsationalsunroom.com
FREE ESTIMATES
(408) 439-4514
 License #834696

MEMBER

Advertise in Tri-City Voice
 Great Rates! Great Results
 Call Today!
510-494-1999
tricityvoice@aol.com

Accountant (Fremont, CA). Prep, collect & analyze fin'l reports & records; Analyze bus. interruption, profits/loss, factors affecting expenses & bus. personal property & prep reports to mgmt; Research, dvlp & apply complex acctg concepts & compilation procedures, making recommendation relative to the acctg of reserves, assets, & expenditures; Review & verify the accuracy of journal entries & acctg classification assigned to various records; Identify acctg problems, research possible solutions, & form conclusion to present to mgmt. Bachelor's deg. majored in Acctg, Bus. or rlt'd field. Send resume to HR Dept, Abacus Financial Services, Inc, 939 Corporate Way, Fremont, CA 94539.

INDIAN ASTROLOGER & SPIRITUAL HEALER

MASTER - BALRAM

SOLUTIONS FOR A BRIGHT FUTURE

Horoscope - Palm Reading - Face Reading

- Money Problems
- Business Problems
- Family Arguments
- Worried About Loved One
- Husband/Wife Problems

- Love Problems
- Enemy Problems
- Jealousy
- Marriage Problems
- Spiritual Problems

- Sexual Problems
- Health Problems
- House Problems
- Lucky Lotto
- Childless Couple

100% Life Long Protection For Your Problems
Remove BLACK MAGIC, jadoo, voodoo, obeya & witchcraft
I CAN HANDLE ANY KIND OF PROBLEMS
www.MasterBalram.com
 22234 Prospect Street, Hayward Ca 94541

100% Guarantee

ALL RELIGIONS WELCOME

LANDSCAPE & GARDENING SERVICES

Tree - Shrubs -Trimming - Topping
 Pruning- New Lawns -Yard & Hillside
 Clean Up - Bonsai - Reseeding
 Resoding - Sprinklers Installed
 and Repaired - Brick Work
 Block - Concrete (Stamp/Color)
 New Fence - Retaining Wall
 Overhang - Decking - Patio

Call Mr. Francisco
FREE ESTIMATES
510-363-6001

LANDSCAPING SERVICE

Lic. #758988

Trees -Trimming - Pruning
 New Lawn -Yard & Hillside Clean Up
 Sod Topping - Sprinkler System
 Driveway - Paver stone - Fence
 Retaining Wall - Overhang - Decking
 Patio - Mowstrip - Flagstone
 Aggregate Exposed -Walkway - Brick
 Block - Concrete - Artificial Grass

Monthly Maintenance 2/4 Times
FREE ESTIMATES
 Please Call: Mr. Tony
510-599-8814

A large, stylized graphic of the word "SPORTS" in a bold, sans-serif font. Each letter is filled with a different sports-related illustration: 'S' shows a basketball player; 'P' shows a soccer player; 'O' shows a swimmer; 'R' shows a tennis player; 'T' shows a baseball player; 'S' shows a basketball player; and 'S' shows a soccer player.

**ICC TT Center
closed until March 29**

SUBMITTED BY
RAJUL SHETH

ICC Management and supporting team members have been monitoring the current situation regarding Coronavirus including daily bulletins being issued by Santa Clara County health Department. We have just received notification from the County that all schools will be closed and gatherings exceeding 10 people must be avoided.

While we would like to inform our members and community at large, that there have been no cases reported on any of our staff or members coming to any of ICC's facilities

who have been infected by the Coronavirus, we need to take immediate steps to ensure the safety and well-being of our Community as well as be in compliance with County directed mandates.

At ICC, we take our responsibility in serving our community, keeping them safe and healthy very seriously. Our facilities staff are instructed and supervised daily to ensure that all doors and rooms including washrooms are sanitized and kept clean at all times.

With the latest Federal and State Government announcements, we have decided on closure of all activities until

Sunday March 29th.

The new quarter of classes and leagues and all private lessons are also cancelled. Updates on pro-rate of class and refund, or credit, or make up next week after discussing this with our higher management.

Thank you for your understanding and support. Please do not hesitate to reach out to any of our team members via email (sports@indiacc.org) should you have any questions or require any assistance.

ICC Table Tennis Center
1507 N. Milpitas Blvd.,
Milpitas
(408) 945-9556

Cougars Report

SUBMITTED BY TIMOTHY HESS

Track & Field

The Track and Field team competed at the Dan Gabor Invitational on March 7 with over 50 other high schools:

Highlights for the boys included Nikolas Russell placing 6th in the 300 hurdles, Adlonis Prince finishing 9th in the 400m, Allen Nisperos placing 11th in the 100m, Nikolas Russell placing 6th in the 300 hurdles and Diego Ochoa finishing 29th in the 800m.

Highlights for the girls included Preetika Kaur placing 72nd in the 400m, while Smantha Ongsiaco and Destiny Anguiano placed 46th and 58th respectively in the 800m.

Baseball

The varsity baseball team won their last two games, defeating California by the score of 3-1 March 6, and then pushing across



Cj Pereira 2nd
Brady Pham 4th
Taylor Callo 3rd
Jacob Torres 4th

Champions of Character

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week:

Softball: Lainy Malimban

Lainy has been patient teaching other girls, setting an example and models character skills of a champion. She is a big asset to our team and we are thankful to have her.

Baseball: Miles Brandon

Track & Field

**Warriors
win a
close one**

**SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW**

In a close contest with the John F. Kennedy Titans (Fremont) track and field team, the Mission San Jose Warriors (Fremont) were able to claim victory on March 11th with a late point surge thanks to long distance finishes. This year, the Titans have fielded the largest team in their school's history with 100 athletes. One of the most exciting finishes was the Titans victory in the 100-yard dash.





TOP FLIGHT

Spring

April 13-17

Break

C-a-m-p

Full Day (9-3) \$85

Half Day (9-12 or 12-3) \$55

SIGN UP BY 3/15 10% OFF

Spring Break Camps

Try a FREE Class Today!

Birthday Parties

Ninja Classes

Recreational & Competitive Gymnastics

Preschool, Toddler & Developmental Classes

www.topflightfremont.net

510-796-FLIP

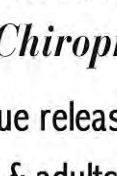
5127 Mowry Avenue, Fremont, CA 94537



Wellness



Balance



Chiropractic

***Professional/Affordable
Quality Chiropractic Care***

- Soft tissue release therapy
- Children & adults
- Auto, work and sport injuries
- Neck, back and extremity pain
- Headaches

Most insurances accepted

Come and enjoy
a truly unique healing experience

New Patient Special

50% off Initial Visit With This Ad

Exp. 5/30/20

Janet L. Laney, D.C.

510-792-9000

6170 Thornton Ave., Suite H

Newark (near Haller's Pharmacy)



**22 VETERANS
DIED TODAY
BY SUICIDE**

**VETERANS
Crisis Line**

1-800-273-8255 PRESS 1

 **TEAM AMVETS.**
SUICIDE
PREVENTION 

Calling All Tri-City Young People: Your Vote Counts...Register and Vote!

SUBMITTED BY
SHIRLEY GILBERT

Advait Prasad is a busy senior at Mission San Jose High School in Fremont. He's got a slew of tests, he's on the track team and he's waiting to hear what colleges have accepted him. He's also excited about the prospect of voting in the 2020 election since he turns 18 on April 23rd. That's why he registered when his economics class joined a presentation in the school's auditorium that centered around the history and importance of voting.

"Registering gets a bad rap," said Prasad. "It's part of the stigma with which we young people view the government. It doesn't matter what choices you make. You just need to make your voice heard. There's so much polarization in our country now and voting gives you some say in the future."

Prasad was one of 2,801 junior and senior high school students who registered to vote as part of an aggressive drive that covered seven schools over seven days in the Tri-City area. The schools were: Irvington, American, Washington, Mission, Robertson, Logan and Averroes, a private Muslim-based school.

Students from social science classes heard two presentations. The first, led by League of Women Voters, highlighted the history of voting including the 100th anniversary of women's suffrage and the 19th Amendment, reminded the students of the power of the youth vote and the breadth of voting issues. The second, led by teen leaders, took students through the voter registration process. Then, with the help of volunteers, they filled out the registration applications and sent them on to the registrar to be processed.

The organization at the heart of the drive is the Youth Voter Movement (YVM), a partnership with the League of Women Voters of Fremont-Newark-Union City. YVM, like the League, is nonpartisan and nonissue committed to registering all eligible youth so they have a stake in their own

future. In 2018, the youth vote enjoyed a 100-year high with an impressive 80 percent increase in voting nationwide. However, some 70 percent of those 65 or older vote, while only 38 percent of youth vote. This gap is what co-founder of YVM Julie Dunkle and her team are determined to close.

The push to register teenagers began when Dunkle and her son Michael created a program called the Parkland Voter Movement

way to get youth excited about voting and was encouraged to see student leaders taking charge of a great deal of the communication. "The line that keeps ringing in my head about youth voting is from the musical Hamilton. 'I am not throwing away my shot...I'm young, scrappy and hungry...and I'm not throwing away my shot.' I don't want these kids to throw away their shot."

Sarah Nauss, Social Science Department Chair at American



before the 2018 mid-term elections which resulted in the registration of some 3000 students. "The origins of that program," said Dunkle, "were inspired by the courageous youth of Parkland, to honor both their silenced and amplified voices. The new name better personifies how youth are leading a movement in voting and in democratic engagement."

Thanks to 100 students and 250 adult volunteers, YVM and the League were able to register the over 2000 students in record time. "It certainly takes a village," said Dunkle, shaking her head in wonder at what the team accomplished so quickly.

Gayle Tupper, a League member, was one of the new adult volunteers who helped pre-register and register students. She thinks the YVM is a great

High School, was the intermediary between teachers and the registration team for the drive at her school. American registered 829 students, the most of any of the seven schools. How to account for this high number? According to Nauss, there was a full commitment on the part of teachers and the school to cooperate with the registration process.

Nauss believes the Youth Voter Movement is a great initiative and fulfills an important purpose. "Congress is essentially broken," she said, "and controlled by old white men who don't look like our students. As a result, eligible students want to be involved now and change that in the future." Nauss remembers what it was like when she was her students' age. "The way our government worked was never explained to me in high school. That's why I

think YVM is such a fantastic program. The information young people get is first rate and they are more likely to register and vote when asked to do so in an organized way."

Alvin Lee is a student leader and activist at Mission San Jose High School and led the drive at his school. Lee is also the leader of a group called Generation Up that encourages activism and positive change to make education more dynamic. "I've always felt that youth voter registration is an important part of activism," he said, "and I want to register one million Millennials since the record hasn't been so good." Lee believes that young people can bring about positive change in our democracy. "Students really do care."

To further create awareness of the power of the youth vote and allow high school and college students to experience some hands-on activities, Irvington student Elaine Yan, along with support from YVM and the League staged a Get-Out-The-Vote Rally and march on March 1st at the Fremont Main Library.

It was exciting to encounter the industrious hubbub in the library's Fukaya Room where some 80 students and about 30 volunteers prepared for the march. There was a spirit of activism and determination to be part of the democratic process.

At one series of tables, students worked to stop voter suppression by telephoning and writing postcards, encouraging voters removed from the voter rolls in Elmore County, Alabama to reregister and vote. In many cases, these residents, often minorities or poor, have no idea they have been removed from the voter rolls. This Center for Common Ground program is called Reclaim Our Vote and is supported by many organizations such as the NAACP.

In another corner of the room and on the floor, youth designed posters for the march – "Democracy Dies in Darkness" and "Young Voters are America's Future" or "vote" written in a plethora of languages.

About ten elected officials attended the event including Senator Wiekowski, County Assessor La, Mayor Mei, Council Members Keng and Lamnin, School Board Trustees Campbell, Cheema, Cox and Kaur. Students asked questions about the environment, gun control, student loans and tax assessments and possible internships. League members were available to register students and there were snacks aplenty and opportunities to acquire t-shirts, wristbands,

bookmarks and stickers. And through it all, a happy whirl of activity.

Then it was time for the boisterous crowd of teenagers to start the two-mile march to deposit their ballots in the Registrar of Voters Election mailbox and mail the voter suppression postcards. While the young people gathered with their posters at the Unity sculpture at Paseo Padre and Stevenson, students gave inspiring speeches about the power of voting.

In her speech, Drishti Gupta focused on issues important to Millennials such as debt forgiveness, climate change and health care. She stated that every vote counts and youth need to help get out the vote. Alvin Lee spoke about the "dilemma of how the older generation is screwing things up for us" and how fundamental shifts, led by the youth movement, is the answer. Jackie Cox talked about her great grandmother, Sarah Dudley Pettey, who was influential in the suffragist movement for black women in the early 1900's. She shared a few of her grandmother's quotes in relationship to women's abilities and energy. "What position is there that a woman cannot fulfill?" her great grandmother asked. Mrs. Pettey also challenged one's belief of the term colored. "All people," she said, "are colored from the fairest blond to the darkest hue of humanity."

On the route to the City Hall, drivers honked and cheered as the students held their posters aloft. At City Hall, young eligible voters cast their ballots. On the return journey to the Unity sculpture, student activists triumphantly mailed the voter suppression postcards.

Fremont Mayor Lily Mei called the rally inspirational and said she was "proud to witness and welcome our high school youth and young college adults joined together to celebrate and exercise their right to vote. Some for the very first time."

It was a fun and exhilarating time and also communicated a serious message: the youth vote is vital to the success of our democracy and to its future. Young people please register and vote!

If you would like to host similar events, register to vote, volunteer, send a donation or learn more about the Youth Voter Movement, go to www.youthvotermovement.org.

Flag football season begins

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

As the future of full contact (tackle) football on the local scene is a bit murky, many parents and participants are turning to flag football as an alternative. Playing in the first competitive games of the season on March 9th, teams of the Fremont Flag Football League were learning the basics of the game including formations and strategic intricacies. The league is open to both boys and girls 5-14 years old.

Fremont Flag Football
(510) 790-5520
<http://www.fremontfootball.org>



City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Newark City Council

March 12, 2020

Presentations and Proclamations:

- Proclaim March as March for Meals Month. Back-ground/Discussion – On March 22, 1972, President Richard



Proclaim March as American Red Cross Month. Jay Pimental of the American Red Cross Leadership Council accepted the proclamation.

Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors. Patricia Osage, Executive Director of LIFE ElderCare accepted the proclamation.

- Proclaim March as American Red Cross Month. Jay Pimental of the American Red Cross Leadership Council accepted the proclamation.

Consent:

- Approval of the recommen-

dation from the Community Development Advisory Committee for allocation of Community Development Block Grant Jurisdiction Improvement Project funds for fiscal year 2020-2021 – from Senior Planner Mangalam.

- Authorizing a Contractual Services Agreement with Coro Medical, LLC to provide new Automated External Defibrillator (AED) units and ongoing Public

AED Program Services – from Public Works Director Fajeau.

Non-consent:

- Overview of the 2020-2022 Capital Improvement Plan – from Assistant City Engineer Imai.

City Manager Report:

- City Manager David Benoun outlined the city’s response to the public health crisis of COVID-19. The City of Newark has increased janitorial services, provided sanitary hand wipes, held employee meetings to



Patricia Osage, Executive Director of LIFE ElderCare accepted the proclamation.

explain procedures to cope with the virus, use video and telephone conferences, asked employees who are ill to stay home, institute telecommuting for some employees, suspended work-related travel and training. Updates and communication with the public will be transparent on the web and social media using a variety of languages including Spanish, Chinese and Portuguese. Large gatherings including the New Bark Dog Park grand opening (March 21) and Family Day (April 4) have been cancelled. Senior Center activities have been cancelled but the center will remain open. The Library will continue its normal schedule at this time. Emergency resolutions will be prepared for use if necessary. State actions allow some suspension of Brown Act restrictions for teleconferencing.

- Add classification of Finance Director – from City Manager David Benoun and Interim City

Attorney Kokotaylo.

City Council Matters:

- Saluting women and International Women’s Day.
- Recognize Officer Karl Fredstrom, chosen by fellow employees, as 2019 Employee of the Year.
- Kudos to Public Works for tree trimming efforts.
- Thanks to public safety officers for their service.

Oral Communications:

- Comments on three items including restrictive size of accessory dwelling units. Asking for consideration of increasing the limit from 600 square feet to 950 square feet. Questioning why AirBnB is prohibited in Newark; comment regarding watering in parks when raining.

Mayor Alan Nagy	Aye
Vice Mayor Luis Freitas	Aye
Sucy Collazo	Aye
Michael Hannon	Aye
Mike Bucci	Aye

Update on San Leandro Response to COVID-19

SUBMITTED BY ERIC ENGELBART

The City of San Leandro is continuing to monitor the spread of the Coronavirus (COVID 19) and the impacts the virus has had upon city operations and the San Leandro community. In response to recommendations made by the Alameda County Public Health Department (ACPHD), the City is cancelling and/or postponing large events and gatherings. In addition, the city has taken the actions outlined below out of concern for the community and to mitigate potential exposure to this virus.

“We’re all in this together and our team is working hard to do everything we can to support public health and keep our community safe,” stated Mayor Pauline Russo Cutter.

- The Mayor has elected to postpone her State of the City address to a future date to be determined and the Chamber of Commerce will be postponing the Taste of San Leandro.
- The City does not have plans at this time to change procedures for City Council and City Commission meetings; however, the public is reminded that these meetings can be streamed online and that public comments to both staff and the City Council can be shared by email or in writing.
- San Leandro leadership has made the decision to relax enforcement of the City’s noise ordinance in order to allow certain specific stores, such as Costco, the ability to receive delivery of products that have been in high demand since this outbreak, whenever such delivery may arrive at the store, including evenings.

- Operations at City facilities, such as libraries and community centers, are being continually assessed in accordance with health guidelines and best practices. Programming that is targeted to high-risk populations such as seniors, as well as youth, has been suspended. For facilities that remain open, protocols are in place to enhance the cleaning and sanitization of high-touch surfaces.

For the most current information on the availability of City facilities and services, please visit www.sanleandro.org. The public is encouraged to review the latest recommendations from the Alameda County Public Health Department regarding mass gatherings at www.acphd.org/2019-ncov.aspx

If you are experiencing symptoms of COVID-19, may have had contact with a person with COVID-19, or recently traveled to countries with apparent community spread, call your health care provider or local public health department first before seeking medical care so that appropriate precautions can be taken.

City of San Leandro leadership and the San Leandro Police Department are also closely tracking updates from the appropriate regional and national health agencies and will provide additional updates as appropriate.

For more information, please visit: www.sanleandro.org.

City declares local emergency

SUBMITTED BY CHERYL GOLDEN

On March 13, Fremont City Manager Mark Danaj proclaimed a local emergency for the city in response to the COVID-19 pandemic. The purpose of this emergency declaration is to give the city legal authority and flexibility to mobilize resources in response to this unprecedented public health threat for the protection of the community. The action will also help ensure critical services and operations continue. Additionally, it allows the city to request mutual aid from regional, state, and other governmental entities.

The city has taken measures to limit the number of people in the same room of a public meeting, cancelled or postponed city-sponsored events and community meetings, as well as canceled or postponed all nonessential work-related travel and attendance at meetings and conferences for city employees. Social distancing measures are also now in place at various public counters throughout city hall and city buildings.

“Given the challenges this disease is causing, we are working to organize resources, implement best practices to reduce the spread of the pathogen, and inform the community, said Danaj.

“The city continues to monitor this rapidly changing situation and working with our local, schools, hospitals, and County officials,” said Mayor Lily Mei. “In this current environment, we will continue evaluating the way in which we provide city services to the public and will assess and review actions on a rolling 30-day basis.”

For more information about resources available to minimize the spread of COVID-19, visit www.Fremont.gov/Coronavirus and follow the city on its social media channels at www.Fremont.gov/SocialMedia.

BART continues regular service

SUBMITTED BY LES MENSINGER

We want our riders to know that regular BART service continues and we are not considering reduced service or a system shut down unless forced to do so.

We are committed to offering daily updates at www.bart.gov because we understand information about the impacts of COVID-19 is changing rapidly and our riders need a place they can turn to for reliable, real-time information about BART service. We are posting daily ridership figures so riders understand the crowding levels on the system and can feel reassured that they can remain an arms-length distance from each other while on board trains and in stations.

General Manager Bob Powers confirmed that hand sanitizer dispensers began to be installed and as of Thursday March 12, 2020, BART has enough supply to last 7-10 days. Staff is working to purchase more and is in communication with vendors. Increased cleaning and disinfecting continues.

Powers confirmed staff has emergency plans in place should there be a call to shut down or significantly reduce service; however, that is not anticipated at this time. Should there be a reduction in service, BART will communicate in real time with the public using email/text alerts, the BART website and the official app, social media, in-station announcements, posted signs, and through the news media.

BART ridership for Wednesday, March 11, 2020 was 268,192 representing a 35% drop compared to an average Wednesday in February 2020.

OPINION

An audience of none



WILLIAM MARSHAK

In some political circles, the phrase “an audience of one” often refers to those seeking to impress a single person rather than any group, special interest or cause. It appears that now, the audience for gatherings has been reduced to none. During a period of distress and unease, it is difficult to gain a broad prospective on events since those involved – in this case, all of us - face the challenge to resist the temptation of surrendering to an overwhelming sense of despair and resignation. In the midst of this bruhaha, a well-known saying, "When you're up to your neck in alligators, it's hard to remember that your initial objective was to drain the swamp" cautions against losing sight of the original goal.

During the decades of publication of Tri-City Voice, I have learned that the communities we serve are vibrant and resilient, oriented toward positive aspects of family, friends and neighbors. I firmly believe this attitude will prevail. Tri-City Voice will attempt to keep our communi-

ties informed of relevant activities and actions, but actions by authorities are moving at such a fast pace that many events and programs planned in the next few weeks have been canceled, postponed or modified. We will maintain an open line of communication with our civic and organizational partners to include the best information possible, but remind our readers that it is wise to check with sponsors and venues prior to attendance.

Tri-City Voice is optimistic about the future and our collective ability to rebound from the draconian measures in place at this time. Recognizing the need to isolate and defeat the threat of COVID-19, it is imperative for all of us to adhere to the informed analysis and response required to return to a normal state of affairs. Panic and irrational behavior impedes eventual recovery and has no place in the midst of a crisis. We must rely on local and regional authorities who have the responsibility and planning expertise to provide guidance. So far, local actions have been reasonable and measured. As painful as these actions have been, it is of critical importance that we, the public, give our attention and commitment to their efforts.

Although closure of many public facilities and institutions is painful, it is a necessary step and should result in an orderly and hopefully rapid return to normalcy. During any large-scale operation such as this, there will be errors and mistakes. There will be plenty of time later for a postmortem of actions and procedures, so the best course now is to be resolute by supporting and embracing our

family, friends, neighbors and community. Avoid perpetuating rumors without substance and information without context. As Franklin Delano Roosevelt said in his inaugural address March 4, 1933 when the United States was mired in the depths of economic depression:

“This is preeminently the time to speak the truth, the whole truth, frankly and boldly. Nor need we shrink from honestly facing conditions in our country today. This great Nation will endure as it has endured, will revive and will prosper. So, first of all, let me assert my firm belief that the only thing we have to fear is fear itself—nameless, unreasoning, unjustified terror which paralyzes needed efforts to convert retreat into advance. In every dark hour of our national life a leadership of frankness and vigor has met with that understanding and support of the people themselves which is essential to victory.”

When confronted with a universal threat, it may feel as if there is an audience of none, but actually, the audience and our responsibility has expanded exponentially. This nation has succeeded when faced with severe crises in the past and will do so again.

William Marshak
PUBLISHER

Hayward Award Recreation 2019 Award Winners

SUBMITTED BY JACQUI DIAZ

The Hayward Area Recreation and Park District (H.A.R.D) Board of Directors held its annual Awards Luncheon on Friday, February 21, to recognize the individuals and organizations who provided outstanding support to programs and parks during 2019. The awards program honors individuals and organizations who support H.A.R.D. in its mission to provide quality parks, recreation programs, and facilities.

This year the following individuals or

organizations were selected as 2019 award recipients:

- Cindy Torres - Individual of the Year
- Hayward Rotary Club - Organization of the Year
- Betty Soo Hoo - Volunteer of the Year
- Bianca Calvio - Youth Volunteer of the Year
- Volunteers for Outdoor California (VOCAL) - Special Recognition Award
- Richard Imsdahl - Foundation Individual of the Year
- Gerald “Jer” Kruse - General Manager’s Individual of the Year
- Alameda County Community Development

Agency Economic, Civic Development and Planning Department - General Manager’s Organization of the Year

“Without volunteers, partner organizations and supporting agencies, we could not meet our mission,” stated board President Paul Hodges. “We are, without a doubt, incredibly grateful to the countless hours spent by the volunteers and organizations who assist with our programs, help us build and maintain parks and facilities, and who are so connected to the community we serve.”

For more information about the award winners, visit www.HaywardRec.org.



PHOTOGRAPHERS
Mike Heightchew
Don Jedlovec

APP DEVELOPER
WEB DEVELOPER
AFANA ENTERPRISES
David Afana

PODCASTS
Andrew Cavette

LEGAL COUNSEL
Stephen F. Von Till, Esq.

ADJUDICATION:

What’s Happening’s Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What’s Happening’s The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

Subscribe
Call 510-494-1999

510-494-1999
fax 510-796-2462
39737 Paseo Padre Parkway,
Fremont Ca 94538
tricityvoice@aol.com
www.tricityvoice.com

COPYRIGHT 2020®
Reproduction or use without
written permission from
What's Happening's Tri-City Voice®™
is strictly prohibited

You help create a world with less cancer and more birthdays.

Thanks to your donations and purchases, the American Cancer Society's Discovery Shop raises money and awareness to finish the fight against cancer.

Senior Discount

Every Tuesday is Senior Discount Day!
If you are 55 or older,
you will receive 10% every Tuesday!

Discovery Shop
A Unique Quality Resale Experience™

2690 Mowry Ave., Fremont 510-402-0124
Mon.-Thurs. 10 a.m.-7 p.m., Fri.-Sun. 10 a.m.-5 p.m.
cancer.org/discovery | 1.800.227.2345

Buying/Selling a Home? Need a loan?

Call 510-697-7750

20 Year Experience

Rajeev Gupta
Home Sales Specialist
Remax Accord
CA DRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750

Monica Gupta
Home Loan Specialist
Home Advantage
CA DRE # 01424265, NMLS # 343986
702 Brown Road, Fremont
510-520-7770

FHA home loans with 3.5% down* Call to qualify.

www.realtytrain.com CA Lic. Broker

LIFE CORNERSTONES

Birth

Marriage

Obituaries

For more information
510-494-1999
tricityvoice@aol.com



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Robert L. Kammerer
Resident of Fremont
January 9, 1932 – April 1, 2017

Helen M. Almanzor
Resident of Fremont
February 6, 1922 – April 20, 2017

David Lee Culbertson
Resident of Union City
November 23, 1943 – April 27, 2017

Gary Paul Rees
Resident of Fremont
June 11, 1935 – April 27, 2017

Dattatraya S. Kane
Resident of Fremont
April 21, 1927 – April 28, 2017

Karen L. Murphy
Resident of Fremont
September 22, 1941 – April 28, 2017

Carol A. Ratfield
Resident of Newark
February 3, 1938 – April 28, 2017

Lorraine L. McHugh
Resident of Williams
August 25, 1950 – April 29, 2017

Cynthia S. Stroud
Resident of Fremont
September 25, 1953 – April 29, 2017

Catherine J. Smith
Resident of Fremont
June 4, 1944 – April 30, 2017

Lillian May Currie
Resident of Fremont
December 30, 1921 – May 2, 2017



Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

Mukul Patki
Resident of Fremont
January 25, 1974 – March 14, 2020

Ramadevi Nimmaraju
Resident of Fremont
August 15, 1959 – March 13, 2020

Marcelo Doctor
Resident of Fremont
January 16, 1934 – March 11, 2020

Stewart Galat
Resident of Milpitas
February 11, 1983 – March 10, 2020

Khamkhiene Vongchanh
Resident of Milpitas
October 15, 1931 – March 7, 2020

Jeng Huah Hwang
Resident of Hayward
October 18, 1945 – March 4, 2020

Margaret Scott
Resident of Fremont
December 18, 1957 – March 4, 2020

Parsu Ram Nandwani
Resident of San Jose
October 1, 1929 – March 4, 2020

Anthony Perreira
Resident of Fremont
February 4, 1932 – March 4, 2020

Nanelle Giuffre
Resident of Daly City
May 8, 1947 – February 28, 2020

Diana Skokan
Resident of Lincoln
September 15, 1938 – February 27, 2020

Obituary

Florencia R. Raymundo

Florencia R. Raymundo age 87 was born October 27, 1932 in the Philippines. She passed away February 25, 2020 in San Jose, CA. She is survived by her sons and daughters, Renato, Corazon, Celilia, Adoracion, Malou, Manuel, Ramon, Antonio, and Carol. 20 Grandchildren and 12 Great Grandchildren.

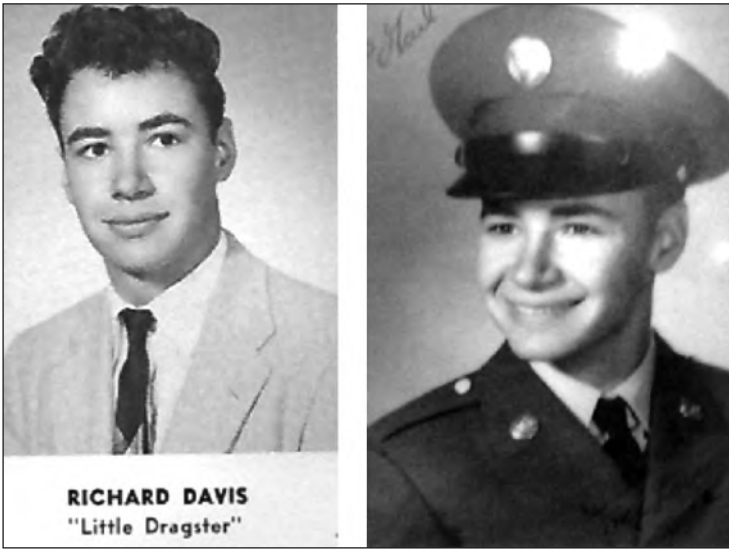
Funeral viewing is March 19 and 20th, at Mission Funeral Homes, 22297 Mission Blvd., Hayward CA.
For more information call Carol Casal, 510-861-5809.

Obituary

Richard “Dickey” Davis

1943 – 2020

Resident of Burney California



In his youth Dickey was aised on Riverside Avenue in Niles California. He attended Niles Elementary School, Washington Union High School in Fremont for three years and was a 1960 graduate of James Logan High School in Union City California. Dickey was married 57 years to Gail Kerns a 1963 graduate of Irvington High School in Fremont. He enjoyed hot-rodding with many pals in the Fremont area, especially competitions at the Fremont-Baylands Dragstrip. Dickey joined the California National Guard where he specialized in vehicle shop maintenance.

A devoted and loving family man, as well as an accomplished mechanic, metallurgist and businessman, Dickey and his young family left their modest home on Goodrich Way in Niles and relocated to Burney in Shasta County California. There over the years he embraced the small-town lifestyle where he owned and operated several successful businesses in the Burney-Shasta County community. Attended by numerous family and friends, a memorial service and reception in his honor was held on Sunday March 8, 2020 at the Word of Life Assembly Church in Burney.

Obituary

Armando Simeos Cardoso

June 17, 1936 – March 8, 2020

Resident of Fremont

Armando Simeos Cardoso was born on June 17, 1936 in Azores. He passed away on March 8, 2020 in Fremont, CA at the age of 83. Armando was predeceased by both his parents Idalina Fatura and John Coelho and both his brother's John Coelho and Rufino Cardoso and his sister in law Berta Coelho. He is survived by his wife Salome Rocha Cardoso, daughter Zeze Rocha Cardoso, grandson Jacob Douglas Cardoso, and sister Marta Menezes. Armando was born in Terceira Azores. He was part of the Portuguese Military. He worked for the American Base in Portugal. He then went to Rio De Janeiro Brazil and helped build the Capital of Brazil which at that time was Brasilia. He then went back to Portugal married his lifetime love Salome Rocha Car-



doso. They moved back to Rio De Janeiro and had their only daughter Zeze Rocha Cardoso. They moved to the United States of America, San Francisco Bay Area, and then ended up residing in Fremont, California. They built their life here until his

death. Armando was a Machinist for Peterbilt Trucking Company in Newark California for 25 years. He then worked as a Machinist for another local company. He retired at the age of 55. Armando loved people, animals, dancing, food, wine, beach, and Samba. He also loved to travel and explore new places. Armando was a devout Catholic and attended Mass every Sunday. He loved his family, especially his grandson Jacob, and was always willing to lend a helping hand to anyone in the Portuguese and local community. Armando was always very organized and a very sharp dresser. We will forever miss his warm smile.

A service will be held at a later date.
Fremont Chapel of the Roses
510-797-1900

Alameda County
Coronavirus Update

SUBMITTED BY FREMONT CA FIRE DEPARTMENT

As of March 12, Alameda County Public Health Department reported four new cases of the Coronavirus Disease 2019 (COVID-19), for a total of seven cases. Two cases are the first reported cases indicative of community-acquired transmission in Alameda County, and the other two cases are linked to confirmed COVID-19 cases. Patients with confirmed COVID-19 infection have experienced mild to severe respiratory illness with symptoms such as fever, cough, and shortness of breath. Over 80 percent of individuals have mild disease. Alameda County will not be sharing any additional information about these cases. Alameda County will begin posting case counts on <http://acphd.org/2019-ncov.aspx> and updating information there as new cases are confirmed.

Protecting Californians
from COVID-19

SUBMITTED BY CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

On March 7, California officials issued updated guidance to schools, colleges and universities, event organizers and public health officials as they plan to face further spread of COVID-19. “It’s a question of when – not if – some California public schools will face closure because of COVID-19. School districts must prepare for these scenarios so that parents and children can plan for what would happen if their local school faced closure,” said Governor Gavin Newsom. “It’s also not lost on anyone that these scenarios would put significant stress on families– especially those with the least financial resources. Already, we are seeing how this outbreak is having significant economic impact on families, workers, businesses and communities across California. The state of California is working around the clock to help shoulder the burden that Californians are facing during this crisis. We really are all in this together,” added Newsom. More information, as well as guidance for large events, schools, and colleges and universities can be found on the California Department of Public Health website. Go to the main page <https://www.cdph.ca.gov> and click on the Corona Virus banner

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

Senior Helpline

(510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



Affordable Options to High Priced Funerals

www.tri-citycremationfuneralservice.com

Tri-City Cremation & Funeral Service

Cremation	Starting at	\$895
Burial	Starting at	\$895 (Casket Not Included)
Traditional Funerals Available	COMPARE OUR PRICES	
510-494-1984		
5800 Thornton Ave., Newark, CA 94560 CA. FD #2085		

Event funding applications

SUBMITTED BY CITY OF HAYWARD

The Hayward Economic Development Division is inviting applications for City funding of special events from Hayward community, cultural and business organizations.

The funding program is intended to provide cultural enrichment, promote economic vitality and enhance community identity. It is geared toward supporting events designed to encourage inclusion and celebrate the diversity of the Hayward community.

Funding will be awarded in April based on adopted Special Event Support and Funding program guidelines—with up to \$10,000 available for New Events, up to \$7,500 for Classic Events that have taken place for at least five consecutive years, and up to \$5,000 for Signature Events that have taken place four or fewer years consecutively.

For more information, go online to the Notice of Funding Availability on the City of Hayward website. A downloadable PDF copy of the application for a Special Event grant is also available online.

Call Catherin Ralston at (510) 583-5542 or Suzanne Philis at (510) 583-5545 for more information, or visit the Economic Development Division on the 4th Floor of City Hall, 777 B Street.

The application deadline is 5 p.m. Tuesday, March 31.

California AG drops challenge to T-Mobile-Sprint merger

By TALI ARBEL
AP TECHNOLOGY WRITER

California's attorney general said Wednesday that the state will not appeal a judge's decision approving T-Mobile's \$26.5 billion purchase of Sprint.

Attorney General Xavier Becerra and New York Attorney General Letitia James led a coalition of 14 state attorneys general who sued to stop the deal. They had argued that eliminating a major wireless company would harm consumers by reducing competition and adding billions of dollars in costs through higher phone bills.

The companies said the deal would benefit consumers by helping the companies build a better next-generation, 5G wireless network than each could do alone. A federal judge in New York sided with the companies in February. New York decided not to appeal a few days later.

Becerra will hold a press conference Wednesday to announce a settlement with the companies.

The merger has been approved by the Justice Department and the Federal Communications Commission. As part of its deal with the federal government, T-Mobile and Sprint agreed to set up satellite TV company Dish as a new cellular competitor, though it will be a much smaller one.

A federal judge in Washington, D.C., must still approve the Justice Department settlement. A California utility board has also not approved the deal yet.

T-Mobile has said that it expects to close the deal as early as April 1. Its Sprint deal would create a new wireless giant that is roughly the size of AT&T and Verizon.

NEWARK-FREMONT LEGAL CENTER

510-794-5297

www.newark-legal.com



Business & Personal Legal & Paralegal Services



- Estate Planning**
 - Living Trusts
 - Wills & Probate
 - Power of Attorney
 - Advance Directives
 - Home Appt's Available
- Real Estate**
 - Landlord / Tenant
 - Leases
 - Evictions
- Business**
 - Divorce**
 - Notary**
 - Corporations**
 - Bankruptcy**
 - Chapter 7
 - Chapter 13
- Deeds**
 - Interspousal Deeds
 - Grant Deeds
 - Quitclaim Deeds
 - Deeds in/out of Trusts
 - Deed of Trust
 - Power of Attorney
 - Affidavit of Death of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway Suite B-1, Fremont

**M-F 10-7
Evening & Weekends
By Appointment**

Fremont Senior Center cancels activities

SUBMITTED BY AISHA JASPER

In light of guidance provided by the California Department of Public Health regarding the rapidly evolving Coronavirus Disease 2019 (COVID -19) the City of Fremont is taking measures to help contain and mitigate its spread.

Current guidance indicates that social distancing is advised to help prevent spread of the virus and “gatherings of individuals who are at higher risk for severe illness from COVID-19 should be limited to no more than 10 people”. Persons who are at higher risk are those 60 years of age and older, individuals with compromised immune systems and individuals who have serious chronic medical conditions like heart disease, diabetes and lung disease. Consistent with Public Health guidelines the Fremont Senior Center located at 40086 Paseo Padre Pkwy in Fremont, Ca will be cancelling all classes and activities effective Monday 3/16/20 through 3/31/20.

Adults 55+ that utilize the center are encouraged to check the senior center’s website at www.fremont.gov/seniorcenter to find out how services will be implemented amid the COVID-19 virus in the future. People can call the senior center during normal business hours of Monday – Friday 8am to 3pm to speak to staff and also call the senior center’s hotline at 510-790-6610 to hear latest service news. The Fremont Senior Center’s Facebook page will also provide service updates. At this time, the following limited services will be available:

- Lunch can be picked up curbside while in vehicles between 11:30am and 12:30pm Monday - Friday. No meals will be served inside the senior center. To reserve a curbside meal, call: 510-790-6600.
 - Seniors experiencing homelessness may reserve a shower time slot M, W and Fri from 10-2pm depending on the availability of monitors. Please call 510-574-2222 to confirm availability of showers.
 - The Tri City Health Mobile Clinic will still be parked outside of the Fremont Senior Center on Tuesdays from 8am to 2pm.
 - On Thursday March 26th, a limited amount of premade grocery bags can be picked up curbside while in vehicles, beginning at 1:30 p.m.
- If adults 55+ are feeling lonely, have questions or concerns they may call the City of Fremont Senior Information Line at 510-574-2041 or the Institute on Aging’s Friendship Line at 1-800-971-0016. If you would like someone to call and check up on you, please call the City of Frémont’s free telephone reassurance program You Are Not Alone (Y.A.N.A.) at 510-790-6691. Life Elder Care also provides home delivered meals and can be reached at 510-894-0370.
- For more information on the COVID-19 preventative measures happening citywide, and other helpful resources, please view the City’s Coronavirus webpage (www.fremont.gov/coronavirus)

India Community Center suspends activities

SUBMITTED BY RAJ DESAI

ICC Management and supporting team members have been monitoring the current situation regarding Coronavirus including daily bulletins being issued by Santa Clara County health Department. We have just received notification from the County that all schools will be closed and that gatherings exceeding 10 people must be avoided.

While we would like to inform our members and community at large, that there have been no cases reported on any of our staff or members coming to any of ICC’s facilities who have been infected by the Coronavirus, we need to take immediate steps to ensure the safety and wellbeing of our Community as well as be in compliance with County directed mandates.

At ICC, we take our responsibility in serving our

community, keeping them safe and healthy very seriously. Our facilities staff are instructed and supervised daily to ensure that all doors and rooms including washrooms are sanitized and kept clean at all times.

As you are aware, we recently announced cancellation of all activities involving seniors who seem to be most exposed and vulnerable to the Coronavirus. This includes our centers in Milpitas, Cupertino and Palo Alto. With the latest Federal and State Government announcements, we will now extend this closure of all activities until Sunday March 29th.

Now you can listen to Tri-City Voice too!

RadioPublic:
<https://radiopublic.com/tri-city-voice-podcast-WkaZBm>




iTunes:
<https://podcasts.apple.com/us/podcast/tri-city-voice-podcast/id1493833001>

Tri City Voice has launched our own podcast. Now, in addition to our print, website and app editions, Tri-City Voice podcast will air for 15 minutes every Tuesday with the voices and sounds of our communities.

When you download the podcast each week, you’ll hear local stories. We are going to chat with the local folks and tag along with our print reporters. Some of these stories will only be found on the podcast.

You can download the Tri-City Voice Podcast at <https://radiopublic.com/tri-city-voice-podcast-WkaZBm> or:

If you have a story you would like us to cover or would like to advertise your business or services, call us at (510) 494-1999 or email: tricityvoice@aol.com.



Spelling bee winners

SUBMITTED BY BRIAN KILLGORE



Over the weekend of March 7-8, FUSD students place 1-2 at Alameda County Spelling Bee! Congratulations to Dhruv from Warm Springs Elementary and Roshan from Niles Elementary. They will represent Alameda County at the California Spelling Bee on May 9th.

Azusa Pacific University, California 2019 Dean's List

- Madison Alexander of Fremont
- Samuel Arthur of Fremont
- Shulamite Cheng of Newark
- Esther Cho of Castro Valley
- Kayla Hirsch of Newark
- Emi Ichimura of Fremont
- Jacob McCluskey of Fremont
- Eleeza Mecua of Fremont
- Laurise Randall of Fremont
- Samantha Wu of Fremont
- Evelyn Yun of Fremont

Taste of India

RESTAURANT - SWEETS - CATERING

Fremont's First Indian Restaurant

LUNCH BUFFET

\$10.99 All you can eat
EVERYDAY 11:00 - 3:30 PM



NOW SERVING GHEVAR

Fresh Sweets Made Daily



(510) 791-1316
www.tasteofindiafremont.com
5144 Mowry Ave, Fremont





Local News
Art
Business
Classifieds
Community Notices
Culture
Entertainment
Government
Home & Garden
Obituaries
Protective Services
Puzzles
Real Estate
Sports
Theatre

About Us
Contact Us
Distribution
Advertising
Calendar
Subscribe
Archives

CHECK OUT OUR NEW WEBSITE

Our Calendar is updated daily
Check out our archives
Send us story ideas
and much more

www.tricityvoice.com



ONE RIGHT DECISION CAN GROW YOUR BUSINESS



OUR MISSION AND VISION

Provide small to medium size business owners the ability to leverage the power of Mobile Marketing Solutions to assist in their fostering professional solution-based relationships with new and existing customers.

APP DEVELOPMENT

Mobile Marketing Apps for Apple iOS, Google Android and Amazon Marketplace

SEO, SMS, SSL & SOCIAL MEDIA

Automated Search Engine Optimization ranking along with SMS & Social Media Engagement

WEB DESIGN & DEVELOPMENT

Websites designed and developed for any business or niche for both desktop and mobile

360° VIDEO MARKETING

360° video is a new powerful local marketing medium that captivates millions daily; 360° video for your product and service promotion

YOUR COMPETITORS ARE LEVERAGING TV CHANNEL TECHNOLOGY SO SHOULD YOUR BUSINESS

AFFORDABLE TV CHANNEL ADVERTISING & MARKETING

Did you know that every business would love to advertise on Television, but the cost has always prevented it.

Let us show you how you can advertise and market your products and services to over 100 Million Viewers on Apple TV, Fire TV and Roku TV at a price you simply won't believe.

Streaming Television is the future, let's unlock your businesses marketing potential before these costs skyrocket.

CONTACT US TODAY FOR YOUR FREE TV CHANNEL MARKETING STRATEGY SESSION, LET'S SHOW THE WORLD WHO YOU ARE!





Mobile Apps
Mobile QR Codes
SMS/Text
Mobile Websites

AFANA ENTERPRISES
P.O. BOX 814
FREMONT, CA 94537-0814
(510) 698-2646
www.afanaenterprises.com
david@afanaenterprises.com

Family Owned Since 1991

Felt's Printing & Signs

CUSTOM VINYL BANNERS



"We are Committed to make You Look Good!"



Building Signage

Large Format

Printing

Vehicle Wraps

\$20 Off any Banner

Art Not Included



MUST SHOW COUPON

Business Cards

\$10 Off any order

Art Not Included

MUST SHOW COUPON

510.487.5679

Email: art@felts.co

30502 Union City Blvd., Union City, CA 94587

Color Copies

Buy 1 Get 1 Free

60¢ 8.5" x 11"
Reg. Price 24 lb. Bright White



MUST SHOW COUPON

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



California Highway Patrol log

SUBMITTED BY CHP CASTRO VALLEY

Wednesday, March 11

• At about 9:00 a.m. a CHP Castro Valley officer and officers from the Hayward Police Department assisted agents from the Southern Alameda County Major Crimes Task Force in conducting a warrant search at the home of a suspect identified by

authorities as Joshua Michael Byrne, 24. The suspect was at the residence along with a fully automatic handgun and a high capacity magazine. Byrne was out on bail from a February 24 vehicular hit-and-run incident in Castro Valley where a 12-year-old girl died. Byrne was arrested in the latest incident and booked into Santa Rita Jail where he faces felony gun charges and charges for committing a felony while on bail.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Friday, March 6

• At 9:21 p.m. a man identified by police as Christopher Henderson, 47, of Mendocino was arrested at Fremont station on a \$10,000 warrant for public intoxication.

Saturday, March 7

• At 7:33 p.m. officers responded to a report of a carjacking at Hayward station. The victim was robbed at gunpoint and his vehicle was taken. The vehicle was later recovered and three juvenile suspects were taken into custody. The case is still under investigation.

Monday, March 9

• At 9:32 a.m. a man identified by police as Daniel Mendoza, 22, was arrested at Hayward station on a \$25,000

warrant for vandalism. He was booked into Santa Rita Jail.

Tuesday, March 10

• At 10:22 p.m. two male juveniles, ages 14 and 15, were arrested at Castro Valley station on suspicion of robbery and resisting an officer. They were booked into Juvenile Hall.

Wednesday, March 11

• At 2:22 p.m. a woman identified by police as Joanna Malupo, 23, of Oakland was arrested at Hayward station on suspicion of domestic battery. She was booked into Santa Rita Jail.

Thursday, March 12

At 11:43 a.m. a suspect identified by police as Moishe Harris, 50, of San Pablo was arrested at Bay Fair station in San Leandro on a parole hold and booked into Santa Rita Jail.

Friday, March 13

• At 7:05 a.m. a man identified by police as Myron Mixon, 32, of Oakland was arrested at Union City station on an outstanding no-bail warrant. He was booked into Santa Rita Jail.

Alameda County Sheriff’s Office Log

SUBMITTED BY ACSO

Sunday, March 8

• At 4:00 p.m. deputies responded to report about a robbery at a Rite Aid store in Castro Valley. Three juveniles jumped over the counter, forced an employee to open the store safe, and stole drugs from it. They left the store and entered a waiting black vehicle. ACSO spotted the vehicle being driven westbound on I-580 at Carolyn Street in San Leandro and pursued it to Buell Street and Calaveras Avenue in Oakland. After stopping, three suspects exited the vehicle on foot while the driver was detained. Inside the vehicle, which had been reported stolen earlier in the day, ACSO found large amounts of stolen drugs from pharmacies. Two suspects were eventually captured, while a search is ongoing for the others.

probation and providing false identification to an officer. Both were booked into Santa Rita Jail.

Friday, February 28

• At 11:31 a.m. Officer Horst arrested a 46-year-old Union City man in the 5000 block of Thornton Avenue on suspicion of assault with a deadly weapon. He was booked into Santa Rita Jail.

• At 8:39 p.m. officers arrested a 23-year-old Fremont woman in the area of Central Avenue and Timber Street on suspicion of DUI, probation violation, driving without a license, providing false identification to an officer, obstructing a police officer and resisting arrest. She was booked into Santa Rita Jail.

Saturday, February 29,

• At 1:45 a.m. Officer Quinonez arrested a 33-year-old Stockton man in the 5000 block of Cedar Court on an outside warrant, possession of a controlled substance and bringing a controlled substance into a jail. He was booked into Fremont Jail.

Hayward Police Log

SUBMITTED BY HAYWARD PD

Wednesday, March 11

• A homicide victim who was shot March 6 in the area of Mission Boulevard and Blanche Street in Hayward, and later died in Oakland, was identified by Hayward Police and the Alameda County Coroner’s Office as a 26-year-old Sacramento man. At the request of his family, his name was not released. A second shooting victim from the incident was hospitalized. An investigation into the incident, which is the fourth homicide of the year in Hayward, is ongoing. Anyone with information is asked to call Hayward Police at (510) 293-7176.

Newark Police Log

SUBMITTED BY NEWARK PD

Tuesday, February 25

• At 11:48 a.m. Officer Swadener arrested a 43-year-old Oakland man in the area of Chapman and Blackburn Drives on an outstanding felony warrant. He was booked into Fremont Jail.

• At 4:20 p.m. Officer Langeinstein investigated a burglary in the 200 block of Newpark Mall Road. Total loss was \$5,200. The incident is still under investigation.

• At 7:13 p.m. Officer Riddles

arrested a 45-year-old East Palo Alto woman in the 6000 block of Thornton Avenue on suspicion of probation violation, possession of drug paraphernalia, unlawful possession of pepper spray, grand theft of debit cards and possession of found property. She was booked into Santa Rita Jail.

Thursday, February 27

• At 12:09 p.m. Officer San Pedro arrested a 32-year-old East Palo Alto man along with a 38-year-old unidentified male transient on probation in the 2000 block of Newpark Mall Road. They were arrested on suspicion of possessing several counterfeit \$20 bills, attempting to pass counterfeit currency, producing counterfeit currency, resisting arrest, violating



Since 1979 The Original B.F.F.

FOAM FACTORY

510-657-2420

www.bobsfoam.com

4055 Pestana Place, Fremont

FOAM FOR:

Mattress Toppers

Special Back & Neck Pillows, Wedges

Special Packaging/Cases

and more

MATTRESSES

IN MOST CASES
SAME DAY SERVICE

Service is our number one product!

CUSHION REPLACEMENTS FOR:

Sofa, Chairs, Window Seats, Boats

Thank you for choosing Bob's Foam Factory products. We are certain you will be pleased with your choice. Since opening our doors in 1979, we have been committed to providing outstanding service, quality and durability.

OPEN TO THE PUBLIC

LARGEST SELECTION IN BAY AREA

880 to Auto Mall Pkwy - Exit towards the Hills
Rt on Fremont Blvd. - 1/2 mile turn right on Pestana Place

OPEN

MON-FRI 8:30AM-5:00PM

SAT 8:30AM-3:00PM

Special Packaging

DIE CUTTING - PACKAGE DESIGN PROTOTYPES

Tell us how you use your foam!

Celebrating 40 Years!

Thank you for your years of support

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL
REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD A PUBLIC HEARING ON THE FOLLOWING PROPOSAL. SAID PUBLIC HEARING WILL BE HELD AT 6:30 P.M., ON THURSDAY, APRIL 2, 2020, AT THE CITY OF FREMONT, COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

NILES GATEWAY - 37899 Niles Boulevard - PLN2014-00338 - To consider Historical Architectural Review for compatibility with the Niles Historical Overlay District for a project that includes the development of 75 attached residential units in the Niles Community Plan Area, and to consider an Environmental Impact Report that has been prepared and circulated pursuant to the requirements of the California Environmental Quality Act (CEQA).
Project Planner - David Wagne, (510) 494-4447, dwagne@fremont.gov

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

WAYLAND LI
FREEMONT HISTORICAL
ARCHITECTURAL REVIEW BOARD

CNS-3353205#

BULK SALES

NOTICE TO CREDITORS OF BULK SALE
(UCC SEC. 6105 AND
SEC 24073 ET SEQ B&P, C.)

Escrow No. 1914843DMB
NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s), business address(es) of the Seller(s) is/are: PANJAB CORP., 3132 COURTHOUSE DRIVE, UNION CITY, CA 94587
Doing Business as: S & S FAST & EASY
All other business name(s) and address(es) used by the Seller(s) within three years, as stated by the Seller(s), is/are:
The name(s) and address of the Buyer(s) is/are: ASAD ALI MOHAMMADALI AND DILSHAD A. MOHAMMADALI, 4190 MAGELLAN COURT, DUBLIN, CA 94568
The assets being sold are generally described as: FIXTURES, EQUIPMENT, INVENTORY AND ALL BUSINESS ASSETS and are located at: 3200 WILLOW PASS ROAD, CONCORD, CA 94519
The bulk sale is intended to be consummated at the office of: BAY AREA ESCROW SERVICES and the anticipated sale date is APRIL 9, 2020
The bulk sale is subject to California Uniform Commercial and Professions Code(s) sections set forth above.
The name and address of the person with whom claims may be filed is: BAY AREA ESCROW SERVICES, 2817 CROW CANYON RD, STE 102, SAN RAMON, CA 94583 and the last date for filing claims by any creditor shall be date on which the notice of the liquor license is received by the Escrow Agent from the Department of Alcoholic Beverage Control.
Buyer(s): ASAD ALI MOHAMMADALI AND DILSHAD A. MOHAMMADALI
LA2488685-S TRI CITY VOICE
3/17/20

CNS-3352967#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19048061
Superior Court of California, County of Alameda
Petition of: Siboney Renteria for Change of Name TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Siboney Renteria to Ebelvelga Siboney Renteria
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes and described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 3/20/2020, Time: 11:00 a.m., Dept.: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happening Tri-City Voice
Date: January 8, 2020
Wynne Carvill
Judge of the Superior Court
2/25, 3/3, 3/10, 3/17/20

CNS-3345454#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 569122
Fictitious Business Name(s):
HR Code, 41411 Ellen Street, Fremont, CA 94538, County of Alameda
Registrant(s):
Marco T Flores, 41411 Ellen Street, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Marco T Flores, Owner
This statement was filed with the County Clerk of Alameda County on March 2, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31, 4/7/20

CNS-3352768#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 569007
Fictitious Business Name(s):
Hayward Ghazni Sister City Committee, 39605 Stevenson Pl #133, Fremont, CA 94539, County of Alameda
Mailing Address: 68 Ramona Ave, San Francisco, CA 94103
Registrant(s):
World Family Development & Education Program, 39605 Stevenson Pl., Apt. 133, Fremont, CA

94539; California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 02/26/2020
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Hassan Etemadi, Chairman (CEO)
This statement was filed with the County Clerk of Alameda County on February 26, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/20

CNS-3352747#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568714
Fictitious Business Name(s):
Niles Territory Tree Service, 36836 2nd St., Fremont, CA 94536, County of Alameda
Registrant(s):
Marcos Homorody, 36836 2nd St., Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Marcos Homorody, Owner
This statement was filed with the County Clerk of Alameda County on February 19, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/17, 3/24, 3/31, 4/7/20

CNS-3352722#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 556620
The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):
The Fictitious Business Name Statement for the Partnership was filed on 03/18/2019 in the County of Alameda.

Alpine Motors, 7679 Thornton Avenue, Ste. E, Newark, California 94560, County of: Alameda.
Registered Owner(s):
Rafael Bautista, 644 Greenlake Drive, Sunnyvale, California 94089

This business is conducted by: an individual
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Rafael Bautista, Owner
This statement was filed with the County Clerk-Recorder of Alameda County on March 6, 2020.
3/17, 3/24, 3/31, 4/7/20

CNS-3352043#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 569099
Fictitious Business Name(s):
Sutra, 32548 Regents Blvd, Union City, CA 94587, County of Alameda
Registrant(s):
Nidhi Singh, 32548 Regents Blvd, Union City, CA 94587
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 2/28/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Nidhi Singh
This statement was filed with the County Clerk of Alameda County on February 28, 2020.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3350808#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 569280
Fictitious Business Name(s):
Adelaide Paperie, 42603 Ravensbourne Park Street, Fremont, CA 94538, County of Alameda
Registrant(s):
Kimmal Nguyen, 42603 Ravensbourne Park Street, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kimmal Nguyen, Owner
This statement was filed with the County Clerk of Alameda County on March 4, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3350806#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 569010
Fictitious Business Name(s):
1. CA Tint King, 2. California Tint King, 3. The Detailing Hut, 10605 Altamont Pass Rd., Livermore, CA 94551, County of Alameda;
Mailing Address: 2442 Tammy Ct, San Jose, CA 95116
Registrant(s):
Jahangir Khan, 2442 Tammy Ct, San Jose, CA 95116
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jahangir Khan, Owner/Operator

This statement was filed with the County Clerk of Alameda County on February 26, 2020.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3350275#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568599
Fictitious Business Name(s):
Captain A's Auto Services, 4190 Mowry Ave, Fremont, CA 94538, County of Alameda
Registrant(s):
Duong T. Duong, 14825 Story Rd., San Jose, CA 95127
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Duong T. Duong
This statement was filed with the County Clerk of Alameda County on February 14, 2020.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3350274#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568761
Fictitious Business Name(s):
Q Illumination, 3231 Alder Ave, Fremont, CA 94536, County of Alameda
Registrant(s):
Lan Wu, 3231 Alder Ave, Fremont, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 07/22/2010.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Lan Wu, Owner
This statement was filed with the County Clerk of Alameda County on February 20, 2020.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3348588#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 569058
Fictitious Business Name(s):
Zeus Appliance Repair, 39899 Balentine Dr. Ste 200, Newark, CA 94560, County of Alameda
Registrant(s):
Zeus Appliance Repair LLC, 39899 Balentine Dr. Ste. 200, Newark, CA 94560; California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Serhat Gucen, Manager
This statement was filed with the County Clerk of Alameda County on February 27, 2020.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3348587#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568533
Fictitious Business Name(s):
Meadow Square Liquor, 41200 Blacow Rd Suite F, Fremont, CA 94538, County of Alameda
Registrant(s):
Dilbagh S. Cheema, 3258 Puttenham Way, Fremont, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 12/5/10.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Dilbagh S. Cheema, Sole Proprietor
This statement was filed with the County Clerk of Alameda County on February 13, 2020.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/10, 3/17, 3/24, 3/31/20

CNS-3348586#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568320
Fictitious Business Name(s):
Variedades Niki, 34716 Alvarado Niles Rd, Union City, CA 94587, County of Alameda
Registrant(s):
Aviut Ramos, 34864 Mission Blvd, Apt 170, Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 04-27-2015
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Aviut Ramos, Owner/Operator

/s/ Aviut Ramos, Owner
This statement was filed with the County Clerk of Alameda County on February 5, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/20

CNS-3347657#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568465
Fictitious Business Name(s):
Peralta Properties, 43650 Vista Del Mar, Fremont, CA 94539, County of Alameda
Registrant(s):
Amarjean Basrai, 43650 Vista Del Mar, Fremont, CA 94539
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 05/20/2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Amarjean Basrai
This statement was filed with the County Clerk of Alameda County on February 11, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/20

CNS-3347653#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568811
Fictitious Business Name(s):
JD Custom Cabinets, 37400 Cedar Blvd. Suite E, Newark, CA 94560, County of Alameda
Registrant(s):
Julio Rolando Chamalie, 36436 Buckeye St., Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Julio Rolando Chamalie, Owner
This statement was filed with the County Clerk of Alameda County on February 21, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
3/3, 3/10, 3/17, 3/24/20

CNS-3347646#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 558982
The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):
The Fictitious Business Name Statement for the Partnership was filed on May 10, 2019 in the County of Alameda.
Family, 37796 Appletree Ct., Fremont, CA 94536, County of: Alameda
Registered Owner(s):
Heidi Leung, 37796 Appletree Ct., Fremont, CA 94536
This business is conducted by: An Individual
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Heidi Leung, Owner
This statement was filed with the County Clerk-Recorder of Alameda County on February 11, 2020.
3/3, 3/10, 3/17, 3/24/20

CNS-3346105#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568448
Fictitious Business Name(s):
Dream Smile Dental, 33141 Alvarado Niles Road, Union City, CA 94587, County of Alameda
Registrant(s):
Dipal Dave DDS Inc, 34264 Eucalyptus Terrace, Fremont, CA 94555; California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 06/08/06
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gunjan Aggarwal, CFO
This statement was filed with the County Clerk of Alameda County on February 10, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/25, 3/3, 3/10, 3/17/20

CNS-3344514#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 568444
Fictitious Business Name(s):
Empire Transportation, 780-A West Grand Avenue, Oakland, CA 94612, County of Alameda
Registrant(s):
East West Transportation, Inc 780-A West Grand Avenue, Oakland, CA 94612; CA
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on 09/30/2010
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gunjan Aggarwal CFO
This statement was filed with the County Clerk of Alameda County on February 10, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
2/25, 3/3, 3/10, 3/17/20

CNS-3344513#

GOVERNMENT

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 02:00 PM on April 7, 2020 at which time they will be opened and read out loud in said building for:

PEDESTRIAN CROSSING ENHANCEMENT
PROJECT-PHASE III
CITY PROJECT 8975(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
3/17, 3/24/20

CNS-3352020#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave. Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 8, 2020 at which time they will be opened and read out loud in said building for:

YEAR 2 BIKEWAY IMPROVEMENTS PROJECT
CITY PROJECT 8874(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
3/10, 3/17/20

CNS-3350704#

PUBLIC NOTICES

3/10, 3/17, 3/24/20		CNS-3350894#	
NOTICE OF PETITION TO ADMINISTER ESTATE OF: RICHARD DAKOTA KOSTRIKEN CASE NO. RP20055115		CNS-3347302#	
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of RICHARD DAKOTA KOSTRIKEN. A PETITION FOR PROBATE has been filed by HUANHUI ZHAO in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that HUANHUI ZHAO be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer		the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 04/01/20 at 9:31AM in Dept. 201 located at 2120 MARTIN LUTHER KING JR. WAY, BERKELEY, CA 94704 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim	
		47656 FORTNER ST. FREMONT CA 94539 3/3, 3/10, 3/17/20	
		PUBLIC AUCTION/SALES	
		NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY Notice is hereby given that pursuant to the Provisions of Chapter 10, Section 21700 at Seq. of the Business and Professions Code of The State of California the undersigned will Sell at public sale by competitive bidding on the 13th of April, 2020 11:00 AM, on the premises where said property has been stored, and which are located at HOLIDAY STORAGE, 43033 Osgood Road , in	
		the city Of Fremont , County of Alameda, State of California (510-657-9596), the goods, chattels, or personal property described below. In the matter of: SP 13 DAN KANE SP 34 KEN KOHL SP 71 MARIA DELEON SP 83 MARC RICE SP 102 MARC RICE Misc. household items and furniture. JOHN CARDOZA AUCTIONEER, Agent for Owner Purchase must be made with CASH ONLY and paid for at the time of purchase. All purchased goods are sold AS IS and must be removed at the time of sale. Sale subject to prior cancellation in the event of settlement between owner and obligated party. 3/17, 3/24/20	
		CNS-3352996#	

California \$37,706,709 receives in support of COVID-19 response

SUBMITTED BY U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

The Department of Health and Human Services (HHS) is announcing another upcoming action by the Centers for Disease Control and Prevention (CDC) to provide \$37,706,709 in funding to California in support of their response efforts to the coronavirus disease 2019 (COVID-19).

“State and local health departments are on the front lines of responding to the COVID-19 outbreak, and we are deeply grateful for their work,” said HHS Secretary Alex Azar. “CDC is distributing this new funding extremely rapidly, as called for by Congress. President Trump and his entire

administration will continue working to ensure state and local jurisdictions have the resources they need to keep Americans safe and healthy.”

“Our state, local, tribal and territorial public health partners are on the front lines of the COVID-19 response. The action we are taking today will continue to support their efforts to increase public health capacity where it’s needed most,” said CDC Director Robert R. Redfield, M.D. “These funds will allow public health leaders to implement critical steps necessary to contain and mitigate spread of the virus in communities across the country.”

On March 6, President Donald Trump signed the Coronavirus Preparedness and Response Supplemental Appropriations Act, 2020. The

supplemental contains \$8.3 billion government-wide, with resources directed for grants or cooperative agreements to states, localities, territories, and tribes to accelerate planning and operational readiness for COVID-19; develop tools and strategies; provide technical assistance and program support; and ensure ongoing communication and coordination among public health agencies and partners throughout the response.

To view the list of CDC funding actions to jurisdictions, visit <https://www.hhs.gov/about/news/2020/03/11/cdc-funding-information.html>. For more information about this virus, visit the CDC’s website at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

State issues guidance on gambling venues, theme parks and theaters

SUBMITTED BY SCOTT MURRAY, CA DEPT OF PUBLIC HEALTH

California officials issued guidance on March 13, 2020 regarding gambling venues, theme parks and theaters. The guidance will protect individuals attending and working at these venues and the local community. Entertainment venues should take the following steps to prepare and protect the public, workers and communities against the spread of COVID-19.

Gambling Venues:

Take steps to limit the number of customers in single room/space to 250 or less

- Increase frequency of cleaning of chips, shuffling machines, and other objects utilized in games
- Increase frequency of cleaning and/or disposal of playing cards
- Ensure that social distancing standards are met for non-family members and make clear that family members can participate in activities together, stand in line together etc.
- Eliminate events/marketing that target individuals that are at higher risk of serious illness for COVID-19

Theme Parks and Attractions:

- Ensure that social distancing standards are met for non-family members and make clear that family

members can participate in activities together, stand in line together etc.

- Increase spacing of show times to allow for more thorough cleaning of a single room or space and social distancing during show times
- Increase number of hand washing or sanitizing stations
- Eliminate events/marketing that target individuals that are at higher risk of serious illness for COVID-19
- Extend hours to allow for staggering of attendance
- Limit attendance as necessary to reduce outdoor/indoor crowding

Movie Theaters and Live Performance (Plays, Musicals) Theaters:

- Keep attendance under 250 persons per individual theater and ensure that social distancing of six feet per person for non-family members is maintained and make clear that family members can sit together, stand in line together etc.
- Suspend reserved seating to allow patrons to self-separate
- Reduce capacity to 50-60 percent per showing
- Sanitize seats and tray tables between showings
- Increase spacing between show times to allow for more thorough cleaning of individual theaters
- Have ushers monitor social distancing practices in theaters and encourage additional distance between guests as appropriate

For more information on COVID-19 and California's response visit the California Department of Public Health's website at: www.cdph.ca.gov

Mission Valley ROP Superintendent’s Message

Dear Mission Valley ROP Community

As you are well aware, the COVID-19 landscape is continuously evolving as more positive cases are being confirmed. To date, seven positive cases have been confirmed in Alameda County. It is important to note, as of today, no positive cases are located in Fremont, Newark, or Union City.

Today MVROP participated in another collective call with all Alameda County Superintendents, the Alameda County Office of Education (ACOE) and the Alameda County Public Health Department (ACPHD) to discuss and plan for varying levels of COVID-19 mitigation, preventative practices, and scenarios involving school closures.

While there has been no direct order from ACPHD or the CDC to date for school closures in Alameda County, there are some districts that have chosen to suspend classroom instruction and instead implement distance learning models in order to promote social distancing and mitigation. MVROP serves three separate partner districts with CTE programming and will continue to remain in communication to appropriately adjust to their plans as we continue to receive up to date information. New Haven USD has announced it will suspend in-classroom instruction effective Monday, March 16 through Friday, March 27, with regular classes resuming on Monday, April 6. Our two other partner districts have scheduled Board of Education meetings in an emergency capacity to empower

Superintendents to make hard decisions and any necessary actions due to the time-sensitive nature of the escalating COVID-19 novel virus for this evening.

MVROP plans to conduct in-class instruction on the ROP Main Center Campus on Monday, March 16. Students who are participating in internships should report to their sites for their normal schedule unless said schedule has been augmented or they have been notified otherwise by MVROP.

Public medical health professionals who are experts in protecting the community still request MVROP to communicate the importance and overall effectiveness of preventative measures in the following forms to combat against the COVID-19 virus: thorough and regular hand-washing procedures, coughing into a tissue/ your arm, and if sick, please stay home. Symptoms of COVID-19 are similar to cold and flu. If you are experiencing symptoms, stay home and contact your healthcare provider. The information being shared by health care providers is stressing that although children can become infected with COVID-19 that their symptoms are less severe than the elderly population.

We are doing our best to ensure we do our due diligence to provide continuity of services and learning for the Tri-Cities while navigating ongoing circumstances that are rapidly changing. We will continue to provide updated information to the community as quickly as possible.

**Sincerely,
Thomas Hanson
Superintendent
Mission Valley ROP**

More time to file, pay for California taxpayers

SUBMITTED BY DANIEL TAHARA, PUBLIC AFFAIRS

The Franchise Tax Board (FTB) today announced special tax relief for California taxpayers affected by the COVID-19 pandemic. Affected taxpayers are granted an extension to file 2019 California tax returns and make certain payments until June 15, 2020, in line with Governor Newsom’s March 12 Executive Order.

“During this public health emergency, every Californian should be free to focus on their health and wellbeing,” said State Controller Betty T. Yee, who serves as chair of FTB. “Having extra time to file their taxes helps allows people to do this, as the experts work to control the spread of coronavirus.”

This relief includes moving the various tax filing and payment deadlines that occur on March 15, 2020, through June 15, 2020, to June 15, 2020. This includes:

- Partnerships and LLCs who are taxed as partnerships whose tax returns are due on March 15 now have a 90-day extension to file and pay by June 15.
- Individual filers whose tax returns are due on April 15 now have a 60-day extension to file and pay by June 15.

Quarterly estimated tax payments due on April 15 now have a 60-day extension to pay by June 15.

The FTB’s June 15 extended due date may be pushed back even further if the Internal Revenue Service grants a longer relief period.

Taxpayers claiming the special COVID-19 relief should write the name of the state of emergency (for example, COVID-19) in black ink at the top of the tax return to alert FTB of the special extension period. If taxpayers are e-filing, they should follow the software instructions to enter The FTB will also waive interest and any late filing or late payment penalties that would otherwise apply.

For more information, visit: www.ftb.gov

Responses to COVID-19 novel coronavirus

SUBMITTED BY CHUCK FINNIE

The City of Hayward is cancelling all nonessential, nongovernmental meetings and events on a rolling 30-day basis to limit exposure and slow the transmission the COVID-19 novel coronavirus.

The measure is one of a series of steps taken by City Manager Kelly McAdoo to protect the Hayward community and city workforce—including a declaration of a local emergency that allows for greater flexibility in the deployment of city employees and acquisition of needed equipment, supplies, and other resources.

Other steps include operational changes and partial closures of city facilities to limit person-to-person spread of the virus. These changes include, but may not be limited to, consolidation of in-person business transaction activity to glass-partitioned counters in the rotunda of city hall, shifting of other nonessential services to telephone-only, and reduction of hours and access at the Downtown and Weekes libraries.

The City Manager also is encouraging nonessential, nonpublic safety municipal workers, whose duties allow, to begin planning with supervisors to temporarily work remotely from home, also for the next 30 days. The goal of these arrangements is to continue to provide as many city services as possible while minimizing in-person contact.

All governmental meetings of the Hayward City Council and other boards, commissions and appointed bodies will continue to be held with times, dates and locations published and shared on the city website, via email, and in other ways and means required and provided for under state law.

For more information on COVID-19, updates from the city and Alameda County Department of Public Health, and additional resources, visit www.hayward-ca.gov/covid-19.

COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

- Activities
- Announcements
- For sale
- Garage sales
- Group meetings
- Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

FREE PRESCHOOL

Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

A-1 Comm. Housing SVCS Credit & Money Management Workshop
Resolve your credit issues & be better money managers
Every 2nd Saturdays 10am-2:30pm
22693 Hesperian Blvd. #150
Hayward, CA 94541
Please register www.a1chs.org or call 510-674-9227

Fremont FAMILY RESOURCE CENTER
24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5.
39155 Liberty St, Fremont
510.574.2000 or Fremont.gov/FRC

Adult Day Program
Direct care staff wanted to work with people with developmental disabilities in community-based settings or environment.
Must be dependable and own a vehicle. Background check.
Training available
Call (510) 690 -9570

SPARKPOINT FINANCIAL SERVICES for Low-Income Residents
FREE financial coaching & services.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
39155 Liberty St, Rm #A120
To register, call 574-2020
Fremont.gov/SparkPointFRC

FREMONT COIN CLUB
Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge
38991 Farwell Dr., Fremont
Guests Always Welcome,
Enjoy Show N Tells, Drawings
Auction, Refreshments
www.fremontcoinclub.org
510-366-1365

DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center
Open to the public M-F 8:30-5.
Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child.
39155 Liberty St, #H850, Fremont.
Fremont.gov/FRC
Reservations: 510.574.2010

League of Women Voters Fremont-Newark-Union City www.lwvfnc.org
Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking?
Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope
Website: alanond17.weebly.com
For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270

Fremont Cribbage Club
Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at
ROUND TABLE PIZZA at
5544 Thornton Ave., Newark
We welcome experienced players and will work with new players hoping to learn the game.
Email:Accgr43@gmail.com
For more information.

Zumba Kids with Jazzy Jenny
Kids ages 4-12
Saturdays 2:30pm-3:30pm
At Hope Community Church
One hour of games,fun, and dancing.
The last Saturday of every month is Zumba Family!
For more info email: zumba.jazzyjenny@yahoo.com

Is Your Life Unmanageable Because of Debt?
Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door?
You are not alone
DEBTORS ANONYMOUS
www.debtorsanonymous.org
Fri. 7pm St. James Episcopal Church
37051 Cabrillo Terrace Fremont
510-449-7610

UNITY CHURCH OF CASTRO VALLEY
A Center for Positive Living
Rev. Donna Caldwell invites all people to attend our 11:00 a.m. Sunday Services
20121 Santa Maria Ave., Castro Valley
For classes & other activities
510/538-1416 www.unitycv.org

ABWA-Pathfinder Chap. American Business Women’s Assoc.
provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. DoubleTree
39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465
www.abwa-pathfinder.org

TRI-CITIES WOMEN'S CLUB
Meets on the third Tuesday
Elk’s Club on Farwell Drive
9:15 – Cards & Games
11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club.
For more info, call 510-656-0162

Buon Tempo Italian American Club Family Dinners
1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley
Everyone is welcome: Members \$15/Guests \$20
5-Course dinner
Reservations by prior Friday at 510-483-6929
www.buontempoclub.org

Native Plant Sale Sunday, May 3 - 10am-5pm
San Lorenzo Envior Club
50 E. Lewelling, San Lorenzo
Bargains - most plants \$7
Over 80 native plant species
500 + student grown plants
East Bay Mud Staff - rebates
Garden talks by experts
bringbackthenatives.net

FREE ENGLISH CLASSES Northwestern
Polytechnic University, Fremont, The Intensive English Program is offering a one-time opportunity for students learning English to take affordable
8-week intensive courses, starting April 28, 2020.
contact ESL@NPU.edu or call (510) 592-9688 X 52
www.npu.edu

LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK?
Fremont Area Writers (FAW) is here to HELP!
Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M.
42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers!
“Second Saturday” Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub.
Open Mic 4th Mondays 7:00 to 9:00 P.M. at
Suju’s on Thornton Ave next to Dale’s Hardware in FRMT.
Critique Groups to help you from first draft to publication
Everyone is welcome! www.cwc-fremontareawriters.org

Do you like learning about history? Are you interested in antiques & collectibles?
Meet 2nd Tuesday each month to share lunch and learn something new.
Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

Zumba with Jazzy Jenny!
Monday nights 7:30pm-8:30pm at Hope Community Church
2190 Peralta Blvd., Fremont
Cost is FREE but donations are appreciated.
Men and Women 12 +
Zumba is a fun filled dance workout with many rhythms from around the world

FAW “SECOND SATURDAY” Meet your local FAW authors
Second Saturday of Every Month
Sponsored by Half Price Books & Fremont Area Writers
39152 Fremont Hub
Reading 2:00 to 4:00 pm
Different author each month
Fiction, nonfiction, poetry, etc.
EVERYONE IS WELCOME!

FIRST UNITED METHODIST CHURCH
2950 WASHINGTON BLVD, FREMONT, CA
We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status.
Check out our website: www.firstchurchfremont.org

Afro-American Cultural & Historical Society
Sharing our culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library
510-793-8181
aachstricity.org
Welcome!

A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop
Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227

Monday Night BINGO 1st Monday each month at Niles Mobile Home Park
711 Old Canyon Rd., Fremont
Near LaJolla Mills Elem. School
Doors open 6:00pm
Games start at 7:00pm
more info: 510-513-3237

FREMONT PARKINSON'S SUPPORT GROUP
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont, CA
Meets 7:00 p.m.
fourth Monday of the month except in May, Aug. & Dec.
Join us for speakers & discussions with Members the world

Union City Toastmasters All are Welcome!
Every1st & 3rd Monday from 7-9pm
904 H Street, Union City
Practice your Speaking Skills & Lead with Confidence!
For more information
5269.toastmastersclubs.org/
510-386-7722

Free Health Coaching Session
Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep.
Work with a Coach for Better & Longer Lasting Results.
www.missionvalleyhealthcoach.com
jackie@missionvalleyhealthcoach.com
510-320-3956

Stanford University & OSU’s Smart & Connected Kids for Sustainable Energy Communities’ Family-based Energy Data Mapping and Thinking Program is enrolling now!
Registration for this research project for families with at least one child aged 9 – 14 is underway; March 14, 21, 28, April 4 & 11. Each family receives a Powerley energy bridge showing real time energy use. Participants engage in a series of energy use educational activities during the in-person sessions, ending with a final Energy Poster session.
To sign up and for more information contact, Purvi Shah pushah@stanford.edu Dr. June Flora jflora@stanford.edu or Principal Investigator Hilary Boudet hilary.boudet@oregonstate.edu.

F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics
Bronco Billy’s Pizza
41200 Blacow Road Fremont
Most meetings 6pm - third Sun of the month.
For Info Visit our website: www.funprogressives.com
Contact us at: funprogressives@gmail.com

FREE INCOME TAX PREP IRS-Certified Tax Preparers
\$56,000 or less annual household income. Other restrictions may apply.
OHLONE COLLEGE TRI-CITIES CAREER CENTER
39399 Cherry St, #1211, Newark.
Tuesdays thru Apr 14 by appt only.
Schedule.appt@fremontvita.org; if unable, call 510.574.2026.

MEHS Band & Orchestra FLEA MARKET
4TH Saturday of the month (weather permitting)
March through October
\$20 Cash fee for Vendors
Due the day of flea market
Set up 6am - 7am - 3:30pm
2300 Panama St. Hayward
officialmehsband@gmail.com

FREMONT AREA WRITERS SPONSORS “THIRD SUNDAY” LITERARY OPEN MIC
Writers share their original work
Third Sunday of Every Month
Sign-up 3:00
Reading 3:30 - 5:30
At Starbucks - A family friendly venue for family friendly material
39201 Cedar Blvd Newark
EVERYONE IS WELCOME!

AMERICAN LEGION POST 649
Veterans and Active Duty Military are Invited
Meetings 1st Monday each month. Meeting
Starts at 6:00PM with Dinner
Formal meeting
starts at 7:00 pm Meet at the Moose Lodge
20835 Rutledge Rd Castro Valley
www.amlegionpost649.org

FREE INCOME TAX PREP IRS-Certified Tax Preparers
\$56,000 or less annual household income. Other restrictions may apply.
FREMONT FAMILY RESOURCE CENTER
39155 Liberty St, #H830 Fremont.
Open Jan 22 - April 15.
W-Th: 4-8pm; Fri: 10am-1pm
510.574.2026

FREE INCOME TAX PREP IRS-Certified Tax Preparers
\$56,000 or less annual household income. Other restrictions may apply.
NEW HAVEN ADULT SCHOOL
600 G St, Union City. (Entrance on H St)
Open Saturdays thru Apr 11
10am–1:30pm (Closed March 14)
510.574.2026

VETERANS OF FOREIGN WARS POST 9601 Veterans and Active Duty Military are Invited Meetings 2nd Tuesday each month. Meeting Starts at 6:30PM
Veterans Memorial Building
22737 Main St
Hayward, CA 94541
www.vfw9601.org

AMERICAN LEGION POST 837
Veterans and Active Duty Military are invited
Meetings 3rd Tuesday each month - Except July and Dec.
Social Time 6:30pm
General Meeting 7:15pm
VETERANS MEMORIAL BUILDING (NILES)
37154 2nd & E Strets
Fremont
www.POST837.org

School closure information

SUBMITTED BY FUSD

As a precaution and in an effort to slow the potential spread of COVID-19 (coronavirus), along with the other school districts in Alameda County, Fremont Unified will be closed starting on Monday, March 16, 2020. This decision was not made lightly and involved close collaboration and coordination with the Fremont Unified School District (FUSD) Board of Trustees, labor groups, the Alameda County Office of Education and the Alameda County Department of Public Health (ACDPH). We will continue working with our community partners to

coordinate the reopening of our schools.

Students will not attend school starting on Monday, March 16th. All district facilities will be open on March 16-17th and staff will report to their usual work locations and duties. Every site will be deep cleaned and sanitized. Sites will be accessible to parents and students to pick up any materials they may need during the full closure.

From Wednesday, March 18th - Friday March 27th, all sites in Fremont Unified will be fully closed to students, employees, and the public. There will be no classes, activities, or sports on site. Students will not attend school and all employees will

work from remote locations. Outside rentals of our sites will be canceled during the two weeks as well. No part of campus may be accessed by anyone at any time during the closure.

The tentative reopening date is scheduled for Monday March 30th, but that may be extended depending on conditions at the time and recommendations from the Alameda County Department of Public Health (ACDPH) and the State of California. We will let staff and families know by March 24th for planning the following week. Learning will continue during this district closure.

FUSD staff has been preparing for this contingency and are making arrangements for contin-

ued instruction regardless of how long schools remain closed to students. Look for instructions from your individual teacher(s). Special education meetings and/or services will be handled through other formats or rescheduled to continue to address student needs.

At this time, FUSD is not expected to move or cancel its Spring Break scheduled from April 10-17th, but adjustments to the school calendar may be necessary depending on the length of the closure. We will announce any changes as soon as possible. As of now, graduation schedules remain unchanged.

We understand there are many concerns around COVID-19 and

want to ensure families that we are working closely with ACDPH for updates and guidance. For the latest information on COVID-19, families are encouraged to visit the FUSD website (<https://www.fremont.k12.ca.us>) the ACDPH webpage dedicated to COVID-19 (2019 Novel Coronavirus), and the CDC homepage.

Fremont is a strong and united community and we will get through this together! We will do everything possible to keep you informed of any developments and when students can return to school.

Swalwell, Crawford reintroduce MOBILE resolution

SUBMITTED BY NATALIE EDELSTEIN

On March 9, Rep. Eric Swalwell (D-CA) and Rep. Rick Crawford (R-AR) reintroduced the Members Operating to Be Innovative and Link Everyone (MOBILE) Resolution. The resolution would strengthen the ability of Members to virtually participate in committee hearings and allow them to vote remotely on suspension bills.

“From coast to coast, some of the country’s largest companies are already using technology to communicate and conduct business remotely,” said Swalwell. “Modern technology belongs in Congress and my resolution would allow Members to not only spend more time with their constituents and their families, but would prove useful for a number of situations, including the public health crisis in which we currently find ourselves.”

“The ability for Members of Congress to vote remotely, if need be, has been technologically feasible for decades,” said Crawford. “The ongoing Coronavirus outbreak underscores the need for Congress to embrace what the 21st Century has to offer.”

The MOBILE Resolution would require that Members and invited witnesses be allowed to participate in committee hearings remotely, and this participation would count toward rules on quorum. It also would mandate the development of a secure remote voting system which Members could use to vote remotely on suspension bills, generally non-controversial bills that require a two-thirds vote to pass.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Monday, March 9

- At about 4:00 a.m. a patrol officer spotted a suspicious vehicle driving out of an apartment complex on Stevenson Boulevard and ran a license plate check which showed the vehicle was reported stolen by the Stockton Police Department. A vehicle stop was made and the officer found several catalytic converters inside which had likely been stolen from parked cars. Three suspects, all from the Stockton area, were arrested and booked on a variety of charges including possession of stolen property.

Tuesday, March 10

- Around midnight officers were alerted via a community camera photo that a vehicle wanted in connection with an armed carjacking in East Palo Alto was near Fremont Boulevard and Enea Court. An officer located the vehicle and arrested two suspects inside without incident.
- In the early morning, officers were alerted via a community camera photo that a reported stolen vehicle was in the

area of Mowry Avenue and I-880. Officers soon located the vehicle in the parking lot of the Extended Stay Hotel on Farwell Place and made a stop. Two suspects, both from Santa Clara County, were arrested on suspicion of possessing a stolen vehicle and outstanding warrants.

- At 1:48 p.m. officers were alerted via a community camera photo that a reported stolen vehicle was in the area of Washington and Fremont Boulevards. Officers searched the area and eventually located the vehicle on Fremont Boulevard near Mowry Avenue. Detectives followed the vehicle into the Glenmoor neighborhood where the driver abandoned it and fled into the neighborhood on foot but was soon caught and arrested.

Thursday, March 12

- At around 3:30 a.m. officers responded to a commercial burglary alarm at a business in the Irvington district. While driving to the scene, they spotted several suspects running from another business in the area toward a waiting vehicle. The vehicle quickly fled and officers started a pursuit which ended when the suspect vehicle hit a curb at Thornton Avenue and Fremont Boulevard. Two suspects escaped on foot while the third, identified by police as an 18-year-old San Jose man was taken into custody. An investigation is continuing.

Milpitas Police log

SUBMITTED BY LT. JOHN TORREZ AND SGT. HUY TRAN, MILPITAS PD

Wednesday, February 26

- At 12:09 p.m. a man confronted a woman in the parking lot of Dick’s Sporting Goods at 1200 Great Mall Drive and tried to forcibly take her purse. During the struggle, the suspect pointed a gun at the woman and took the purse and escaped in a silver 2012 Toyota Camry. During the escape, a male bystander attempted to stop the suspect, who pointed a gun at him causing him to back away and let the suspect get away before officers arrived. Witnesses provided officers with a description of the suspect and a vehicle license number. Detectives went to a San Jose address where the vehicle was registered, and soon spotted a man who matched the suspect

description driving the Toyota in the area. Police later identified him as Andy Nguyen, 19, of San Jose. Detectives watched Nguyen discarding what appeared to be the victim’s belongs into a dumpster and driving away. They stopped him on the 1700 block of Rock Spring Drive in San Jose and arrested him at 12:59 p.m. Detectives located a loaded 9 mm non-serialized modified semi-automatic pistol in his pant pocket. Nguyen was booked into the Santa Clara County Main Jail on suspicion of armed robbery, possession of a concealed firearm, possession of a loaded firearm, possession of an undetectable firearm, and brandishing a firearm.

Wednesday, March 11

- At about 1:37 a.m. officers responded to a report from a man who said a green 1999 Honda Accord sedan occupied by several males followed him as he was walking along the 1249 block of Great Mall Drive. Soon one of the occupants, later identified by police as Brandon Moreno, 18, of Watsonville, jumped out of vehicle and pointed a black hand-

gun at the victim, who tried to run away, but was chased by the suspects. Arriving officers soon spotted the suspect vehicle with the suspects inside and pursued it for about four miles until it crashed into a light pole in San Jose. Four male juveniles, ages 14-17, were apprehended without incident. The 17-year-old driver sustained moderate head injuries from the crash and was taken to a hospital for treatment where he was later cited for felony vehicle evasion and released to his parents. The other juveniles were cited and released to their parents for curfew violation. Moreno was booked into the Santa Clara County Jail for brandishing a firearm. Officers conducted an extensive search for the handgun but did not locate it. Anyone with information about the incident is asked to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: <http://www.ci.milpitas.ca.gov/crimetip>

Two Killed in Late Night Shooting

SUBMITTED BY SAN LEANDRO PD

On Friday, March 13, 2020, approximately 11:00 p.m., San Leandro Police Officers responded to the 2100 block of East 14th Street regarding multiple reports of shots being fired. Upon arrival, officers located two victims suffering from gunshot wounds seated in a vehicle.

Victim #1, an adult male in his late 20’s, was transported to a local hospital where lifesaving efforts continued, but he succumbed to his injuries. Victim #2, an adult male in his mid-20’s, was pronounced deceased at the scene. Their identities are being withheld pending confirmation their next of kin have been notified.

San Leandro Police Detectives responded to the scene for the investigation. Preliminary information revealed that there was some type of verbal exchange between the victims and the suspect right before the gunshots were fired. The motive for these homicides remains unclear. However, this is an active and ongoing investigation.

Anyone with information about this case is encouraged to call the San Leandro Police Department at (510) 577-2740.

UNESCO plaque unveiled at Lloyd Wright's Hollyhock House

AP WIRE SERVICE

State and local officials in California unveiled a plaque designating architect Frank Lloyd Wright’s Hollyhock House in Los Angeles as a UNESCO World Heritage Site.

Democratic U.S. Rep. Adam B. Schiff and Los Angeles City Councilman Mitch O’Farrell delivered remarks at a ceremony Sunday, The Los Angeles Times reported.

Los Angeles Department of Cultural Affairs officials also attended the unveiling at the Hollyhock House, which earned the city its first World Heritage designation in July.

There are 1,121 World Heritage Sites globally, with 869 of those awarded cultural status. The Hollyhock House is one of eight

Wright buildings representing the first U.S. modern architecture designations on the World Heritage list.

The other Wright buildings include the Solomon R. Guggenheim Museum in New York City; the Unity Temple and the Frederick C. Robie House in Chicago; Fallingwater in Mill Run, Pennsylvania; the Herbert and Katherine Jacobs House in Madison, Wisconsin; Taliesin in Spring Green, Wisconsin; and Taliesin West in Scottsdale, Arizona.

Among his most iconic buildings was the Guggenheim with its spiral ramp for viewing galleries. It was completed in 1959, the same year Wright died.

Built between 1918 and 1921 on a hill in East Hollywood, the Hollyhock House in Barnsdall Art Park was almost demolished in the 1940s. The structure is named for stylized motifs of the flower of the same name that dominate its concrete exterior.

The Hollyhock House, Wright’s first California commission, is now owned by the city of Los Angeles and serves as an arts center.

“The unveiling of the plaque,” O’Farrell said Sunday, “underscores what we already know: The structure represents an unparalleled symbol of cultural heritage and an outstanding contribution to design in the city of Los Angeles and the world.”

Fremont Unified School District closes until March 27

SUBMITTED BY FREMONT UNIFIED SCHOOL DISTRICT

In a letter to staff, families and guardians, School Superintendent Kim Wallace stated, “As a precaution, and in an effort to slow the potential spread of COVID-19 (coronavirus), along with the other school districts in Alameda County, Fremont Unified will be closed starting on Monday 3/16/20.” A tentative date for reopening is scheduled for March 30th. All sites will be fully closed to students, employees and the public from March 18-27 for deep cleaning and sanitizing. Wallace adds that “There will be no classes, activities, or sports on site.” Although classes may resume March 30th, Spring Break is still scheduled April 10-17 but the school calendar may be adjusted “depending on the length of the closure.” For the latest information, families are encouraged to visit the FUSD website: www.fremont.k12.ca.us

SOLD



Buying/Selling a Home?
Need a loan?
Call 510-697-7750

20 Year Experience



Rajeev Gupta
Home Sales Specialist
Remax Accord
CA DRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750



Monica Gupta
Home Loan Specialist
Home Advantage
CA DRE # 01424265, NMLS # 343986
702 Brown Road, Fremont
510-520-7770

FHA home loans with 3.5% down* Call to qualify.

 www.realtytrain.com

CA Lic. Broker

SpaceX launches station supplies, nails 50th rocket landing

By MARCIA DUNN
AP AEROSPACE WRITER

SpaceX launched another load of station supplies for NASA late Friday night and nailed its 50th rocket landing.

The Falcon rocket blasted off with 4,300 pounds (1,950 kilograms) of equipment and experiments for the International Space Station. Just minutes later, the spent first-stage booster made a dramatic midnight landing back at Cape Canaveral, its return accompanied by sonic booms.

“The Falcon has landed for the 50th time in SpaceX history!” SpaceX’s Launch Control announced.

Both the booster and the Dragon capsule, en route to a Monday rendezvous with the space station, flew on previous missions.

It’s the 20th station delivery for SpaceX, which has launched nearly 100,000 pounds (45,360 kilograms) of goods to the orbiting outpost and returned nearly that much back to Earth since it began shipments in 2012. Northrop Grumman is NASA’s other commercial shipper.

SpaceX founder and chief executive Elon Musk said it was the windiest conditions ever for a booster landing at Cape Canaveral, but he wanted to push the envelope. The landing was the 50th successful touchdown of a SpaceX booster following liftoff, either on land or at sea.

The company’s first booster landing was in 2015, intended as a cost-saving, rocket-recycling move. Both the booster and the Dragon capsule, en route to a Monday rendezvous with the space station, were recycled from previous flights.

Among the science experiments flying: an analysis of running shoe cushioning in weightlessness by Adidas, a water droplet study by Delta Faucet Co. striving for better showerhead water conservation, 3D models of heart and intestinal tissue, and 320 snippets of grape vines by Space Cargo Unlimited, the same Luxembourg startup that sent 12 bottles of red wine to the space station last November for a year of high-altitude aging.

The Dragon also contained treats for the two Americans and one Russian at the space station: grapefruit, oranges, apples, tomatoes, Skittles, Hot Tamales and Reese’s Pieces.

As for packing the capsule for launch, no extra precautions were taken because of the global coronavirus outbreak, according to NASA. The usual stringent precautions were taken to avoid passing along any germs or diseases to the space station crew. The doctor-approved procedures have proven effective in the past, officials noted.

This is the last of SpaceX’s original Dragon cargo capsules. Going forward, the company will launch supplies in second-generation Dragons, roomier and more elaborate versions built for crews.

The company aims to launch NASA astronauts this spring. The California-based SpaceX is also teaming up with other companies to fly tourists and private researchers to the space station, as well as high solo orbits in the next couple years.

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute’s Department of Science Education. The AP is solely responsible for all content.



California Cardiovascular Consultants
and Medical Associates
Cardiology, Internal Medicine, Gastroenterology, Endocrinology, and Women's Health

Our mission is to improve the health and well-being of our Bay Area residents through integrated and compassionate patient care, education and research.

Cardiology Internal Medicine Family Practice Gastroenterology Endocrinology
Women's Health Cosmotology Podiatry Occupational Health Clinic
Laboratory Services, Urgent Care

**CCCMA is pleased to welcome
our new associate, Mary Borses, M.D.**

Dr. Borses is a Board Certified Cardiologist and Fellow of the American College of Cardiologists. With over twenty years of experience, Dr. Borses will complement CCCMA's dedication to compassionate, comprehensive and quality medical care for our patients. Her motto, "Treat all patients like family" is indicative of her goal: to optimize the medical and emotional well-being of everyone under her care. For Dr. Borses, patient care extends to prevention as well as existing conditions with the highest level of compassion and respect for all. She personally attends to her patients at Washington Hospital.

Although new to our area, Dr. Borses is a native Californian with impeccable credentials including undergraduate studies at U.C. Davis, a medical degree from Uniformed Services University in Maryland, an Internal Medicine residency in Honolulu and Cardiology Fellowship at Ft. Sam Houston. She served as Chief of Medicine at Ft. Eustis, Virginia and Chief of Cardiology at Ft. Hood, Texas. Dr. Borses is thrilled to return to California and begin her practice with CCCMA.

Dr. Borses can advise patients with symptoms of chest pain, shortness of breath, palpitations, dizziness, fainting, fluid retention, fatigue and



stroke. She has extensive experience in evaluation and management of coronary artery disease, atrial fibrillation, congestive heart failure, cardiomyopathy, valvular heart disease, hypertension, high cholesterol and pacemakers. Since many services are available within our facility, CCCMA care results in prompt assessment and management.

To schedule an appointment with Dr. Borses at the Fremont office, please call 510-792-2012.

Hayward Occupational Clinic
27200 Calaroga Ave.
Hayward, CA 94545
(510) 264-4046

Hayward Office
27206 Calaroga Ave.
Hayward, CA 94545
(510) 670-4773

Newark Office
6250 Thornton Ave,
Newark, CA 94560
(510) 791-1798

Fremont Office
2333 Mowry Ave.
Fremont, CA 94538
(510) 796-0222

Milpitas Office
500 E. Calaveras Ave, #100
Milpitas, CA 95035
(408) 942-0980

San Jose Office
175 N Jackson Ave.
San Jose, CA 95116
(408) 272-1600

www.cccma.org

Will You Help Our Students To Sing?

HELP
OUR
STUDENTS
TO
SING

**Become a HOSTS Sponsor and give
the gift of music to children!**

\$250
will bring music to
One Classroom
Once a Week
for One School Year!

Music For Minors II Volunteers currently have 5100 students singing in over 200 classrooms in Fremont, Newark, and Castro Valley elementary schools. Existing schools want us to add more classes, and new schools want to join.

501(C)(3) non-profit EIN 96-3102307 510-733-1189

Visit www.MusicforMinors2.org and click "DONATE NOW" today!



We help you focus on the important things in life.



Eric Olsen
Physician (In Training)



Alan Olsen, CPA
Father and GROCO
Managing Partner



Charlotte Olsen
Teacher (in training)



FREMONT | PALO ALTO | SAN FRANCISCO



**Alan Olsen's
AMERICAN DREAMS**
KEY TO LIFE'S SUCCESS
KDOW 1220 am, Wednesday 6-7pm

F510.797.8661 | GROCO.com