



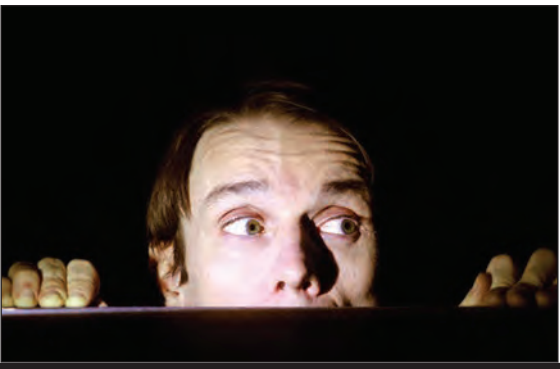
Heroes and villains square off in Fun Run & Walk

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Photography Exhibition

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Brilliantly Dark "Black Comedy" Shines

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February 18, 2020

Vol. 18 No. 6



FILM FESTIVAL SHOWS THE POWER OF KIDS

continued on page 12



Washed Ashore Sculpture of Mako Shark. Made from 100% plastic trash washed up onto Oregon beaches

Oakland Zoo takes stand against single-use plastics

SUBMITTED BY ISABELLA LINARES
PHOTO COURTESY OF OAKLAND ZOO

Oakland Zoo is the first Zoo in California to proactively take action on the issue of plastic and its progressing global devastation on wildlife and the environment. They are the first California Zoo to voluntarily stop selling all plastic bottle beverages and significantly reduce single-use plastics onsite overall.

On Thursday, February 13 the Zoo unveiled three "Washed Ashore" sculptures made of plastic trash collected from beaches – 11 ft penguin, 6 ft Mako shark, and 6 ft otter. Oakland Zoo also put up stations for visitors to learn about anti-plastic initiatives taken by the Zoo and community. Guests

had the chance to learn about the new monthly cleanups that will take place in our Alameda waterways and shorelines to help reduce plastic pollution locally.

Washed Ashore is a non-profit 501c (3) with a mission to build and exhibit art to educate a global audience about plastic pollution in the ocean and waterways and to spark positive changes in consumer habits. The Washed Ashore staff has worked with over 14,000 volunteers in the last 10 years and processed over 26 tons of garbage from the beach into over 80 works of educational art.

More information about programs and events at Oakland Zoo is available at <https://www.oaklandzoo.org/>.

A Century of Dedication



By JUI SADEKAR

"Democracy should be accessible to everyone. Democracy should not be something that only the rich or well-connected people can afford. This is the key to our whole philosophy," said Syeda Reshma Inamdar, president of the League of Women Voters, Fremont-Newark-Union City chapter, while talking about the journey and vision of league. "Our vision is citizen and community involvement and voter empowerment."

Inamdar added, "League of Women Voters is a nonpartisan organization. We stand for citizens and overall community involvement in governance, civic participation and voting rights."

In its 100th year, the centerpiece of the league's efforts remains to expand participation and give a voice to all Americans. The league was born on February 14, 1920, six months before the 19th Amendment was ratified giving

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FINDING BALANCE

Free Fall Prevention Seminar Will Feature Equilibrium Screenings



Building leg strength is an important part of preventing balance issues.

Do you ever feel lightheaded, unsteady on your feet or a false sense of motion? If so, you are not alone. Dizziness is one of the more common reasons adults visit their doctors. While it rarely signals a life-threatening condition, dizziness or vertigo may lead to loss of balance and falling down, or an accident while driving which can result in serious injury.

There are many possible causes for dizziness including inner ear issues, motion sickness and side effects from medications. It can also be caused by an underlying health condition, such as poor circulation, infection or injury. While older people are more likely to have medical conditions that cause loss of balance, it happens to people of all ages. Anyone who has suffered dizziness before is more likely to have it again in the future.

People in the community experiencing balance issues and their caregivers are invited to a free seminar, Fall Prevention, hosted by Washington Hospital. It will be held on Thursday, March 17, from 3 to 5 p.m. at the Conrad E. Anderson, MD, Auditorium, rooms A and B, located in the Washington West building at 2500 Mowry Ave. in Fremont.

The Fall Prevention seminar will be presented by Director of the Washington

Outpatient Rehabilitation Center (WORC) Sharmi Mukherjee, PT, MPT, DPT, who holds a doctorate in physical therapy and is a certified vestibular rehabilitation specialist. She is an expert on the vestibular system, which includes the parts of the inner ear and brain that help control balance and eye movements.

“Balance is a complicated topic,” explained Mukherjee. “Disequilibrium can be a symptom related to a vision, inner ear or strength problem, or a combination of those factors. Every patient is unique, so I work with each person to determine the root of their balance issue, then put together a program to resolve it.”

The seminar will have an interactive format including an introductory presentation by Mukherjee followed by screening stations that attendees are encouraged to visit. Physical therapists from the WORC staff will screen participants for inner ear and strength-related conditions that may cause dizziness or disrupt their balance.

Mukherjee will also demonstrate some of the therapies she uses with her balance patients, including gait stability, visual compensation and habituation exercises. This will help the audience understand some of the complex concepts at work

within our bodies to keep us feeling balanced and stable.

Usually vestibular therapy patients have a set program of exercises they do during the course of their treatment until they have completed it and their condition has improved. “However,” noted Mukherjee, “we advise them to maintain a regular physical exercise and leg strengthening regimen going forward, which is always important for balance and stability.”

In addition to vestibular therapy, WORC offers a full range of outpatient orthopedic physical therapy and occupational therapy services. Many of the

center’s patients are recovering from injuries sustained in a fall, including concussions. Mukherjee added, “I am pleased to share my expertise with our community to help people overcome their balance issues so they can enjoy an active lifestyle.” Visit www.whhs.com/opRehab for more information on the Washington Outpatient Rehabilitation Center.

The Fall Prevention seminar is open to anyone interested in balance and stability issues. To reserve your spot, go online to www.whhs.com/events, or call 800.963.7070.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	2/18/20	2/19/20	2/20/20	2/21/20	2/22/20	2/23/20	2/24/20
12:00 PM 12:00 AM	Active Living: Yoga Exercises	Hepatitis B and Liver Cancer: Prevention and Treatment	Diabetes Matters: Asian Fusion	Women's Health, Strategy for Wellness: Gender Matters, Heart Disease Risk in Women	Strategies to Reduce the Risk of Cancer Recurrence	Vitamins & Supplements: How Useful Are They?	Anxiety: Stop Negative Thoughts
12:30 PM 12:30 AM	Mental Health Education Series: Mental Wellness		Sidelined by Back Pain? Get Back in the Game	Voices InHealth: Antimicrobial Stewardship			
1:00 PM 1:00 AM				Solutions for Weight Management	How to Prevent Financial Elder Abuse/Fraud	Washington Township Health Care District Board Meeting February 12, 2020	Gastrointestinal Disorders
1:30 PM 1:30 AM	Washington Township Health Care District Board Meeting January 8, 2020	Mental Health Education Series: Anxiety Disorders	Healthy Gut, Healthy You				
2:00 PM 2:00 AM				Washington Township Health Care District Board Meeting January 8, 2020	Mental Health Education Series: Understanding Psychotic Disorders		Early Detection and Prevention of Female Cancers
2:30 PM 2:30 AM	Diabetes Matters: Latin Foods	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	Women's Health Conference: Reclaiming Your Confidence			Diabetes Matters: Diabetes & Eyes	
3:00 PM 3:00 AM							
3:30 PM 3:30 AM	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Updated Treatments for Knee Pain & Arthritis	Washington Township Health Care District Board Meeting January 8, 2020	Sick Feet?	Colon Cancer	Mental Health Education Series: Crisis Intervention	Sports Medicine Program: Why Does My Shoulder Hurt?
4:00 PM 4:00 AM	Diabetes Matters: Diabetes Conversations			Aortic Valve Disease: Treatment Options Including TAVR	Women's Health through the Years: Screening is Key to Aging Well		Nerve Compression Disorders of the Arm
4:30 PM 4:30 AM		Suffer From Sinus Problems?	Caregiver Series: Securing Care Preferences Through AHCD	Sports Medicine Program: Youth Sports Injuries	Chronic Kidney Disease: FAQ	Diabetes Matters: Dining Out Around The World	
5:00 PM 5:00 AM	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Caregiver Series: Codependency and the Caregiver	Advancements in Lung Cancer Detection and Treatment		Preventive Screenings: When and Why are They Important?	Women's Health Conference: Women & Stroke: Are You at Risk?	Latest Treatment Options for Wound Care
5:30 PM 5:30 AM							
6:00 PM 6:00 AM	Symptoms of Thyroid Problems	Women's Heart Health	Diabetes Matters: Filipino Food Made Healthy	Learn If You Are at Risk for Liver Disease	Learn More About Kidney Disease	Diabetes Matters: Asian Indian Cooking	Family Caregiver Series: Panel Discussion
6:30 PM 6:30 AM		Crohn's & Colitis				Mental Health Education Series: Family Support	Women's Health: Planning for Pregnancy
7:00 PM 7:00 AM				Surgical Treatment of Obstructive Sleep Apnea	Washington Township Health Care District Board Meeting February 12, 2020	Stress Management	Food Pharmacy: Prescription for Colon Health
7:30 PM 7:30 AM	Stop Diabetes Before It Starts	Washington Township Health Care District Board Meeting January 8, 2020	Weight Management: Stopping the Madness	Understanding HPV: What You Need to Know			Diabetes Matters: Exercise IS Medicine
8:00 PM 8:00 AM						Diabetes Matters: Basics of Insulin Pump Therapy	Learn About the Signs & Symptoms of Sepsis
8:30 PM 8:30 AM	Diabetes Matters: Type 1.5 Diabetes	Learn the Latest Treatment Options for GERD	Strategies to Help Lower Your Cholesterol and Blood Pressure	Peripheral Vascular Disease: What You Need to Know	Family Caregiver Series: Managing Family Dynamics in Caregiving	Minimally Invasive Options in Gynecology	
9:00 PM 9:00 AM	Healthy Eating: Prescription for Health	Family Caregiver Series: Hospice & Palliative Care	Keeping Your Brain Healthy	Family Caregiver Series: Fatigue and Depression	Inside Washington Hospital: Advanced Treatment of Aneurysms	How To Stop Disease Before It Starts	Washington Township Health Care District Board Meeting February 12, 2020
9:30 PM 9:30 AM					Diabetes Health Fair 2019: Diabetes and Foot Care		
10:00 PM 10:00 AM	Women's Health: Depression, More Than a State of Mind	How to Sleep Your Way to Better Health	Mental Health Education Series: Understanding Mood Disorders	Metabolic Disorders	Advance Care Planning: Five Wishes	Laugh without Leaking: Understanding Female Urinary Incontinence	
10:30 PM 10:30 AM	Endometriosis: Causes, Symptoms, Diagnosis and Treatment	Diabetes Matters: Italian Foods					
11:00 PM 11:00 AM							
11:30 PM 11:30 AM	Diabetes Matters: Diabetes and Kidney Health	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery		Diabetes Health Fair 2019: Standards of Medical Care in Diabetes	Balance & Falls Prevention	Diabetes Matters: Diabetes and Your Heart	Diabetes Matters: Straight Talk About Diabetes Medications

Use Caution When it Comes to Face Care Claims

Fremont Physician Reveals Proven Techniques for Healthier Skin

Over-the-counter skin care products can be fun, but caution should be used.



You’ve seen the ads about miracle creams and face care remedies that promise to give you younger-looking skin. But a Fremont physician says there are only a few proven ways to promote healthy skin.

“Good, healthy skin looks more youthful,” said Tam Nguyen, MD, a family physician who focuses on dermatology at Washington Township Medical Foundation’s Nakamura Clinic. “When it comes to beauty products, I tell people to be very careful. There are a lot of claims out there with very little evidence they do any good, and sometimes products are actually harmful.”

Last month a company that claims its products are free from toxic ingredients voluntarily recalled a facial mask that some customers said irritated their skin, causing it to turn red and blister. When you hear stories like this, it’s hard to know what products to trust.

“These products are not tested by the FDA (Food and Drug Administration),” Dr. Nguyen stated. “They can put almost any ingredient in a mask or cream, and any one of those agents can cause an allergic reaction. Even when they list the ingredients, you can’t be sure what’s in there. They don’t have to include every ingredient because it’s proprietary information.”

Who is at Risk?

According to Dr. Nguyen, people with darker skin are more at risk of permanent skin damage if they have a reaction to these products. Those with darker skin need to be extra cautious when using products they

aren’t sure about. “Chemical burns or blisters are more likely to cause keloids or raised scars in people who are higher on the Fitzpatrick scale,” he explained. The scale is the standard tool dermatologists use to classify human skin types.

“We always have to be careful with darker skin when we do laser treatments or chemical peels,” he added. “The skin is not more sensitive, but it is more likely to scar or leave a mark if there is a reaction.” But people of all skins types need to use caution when it comes to applying products to their skin. If you get a serious reaction such as red hot skin and painful blisters, you may need to consult your doctor.

“If you think you can handle it on your own, great,” Dr. Nguyen added. “But the general rule is if you’re not sure, talk to

your doctor. Keep an antihistamine on hand and take one if you think you’re having an allergic reaction. If the antihistamine helps, that’s probably what the reaction was, but you still may want to consult your doctor.”

Take Care of Your Skin

According to Dr. Nguyen, there are really only a few proven ways for people with all skin types to have healthier, more youthful-looking skin, including:

- Wear sunscreen. You need a broad-spectrum sunscreen that protects against both UVA and UVB rays. UVA protection is for anti-aging and UVB protection is to prevent skin cancer. SPF 30 is the best.
- Avoid tobacco. Cigarette smoke contains carbon monoxide, which displaces the oxygen in your skin, and nicotine, which reduces blood flow, and leaves the skin dry and discolored.
- Wear a moisturizer. Select a cream or lotion that isn’t alcohol based because the alcohol will actually dry out your skin. Avoid moisturizers that contain fragrances or parabens.
- Use tretinoin. This is a prescription medicine first used to treat acne. It actually rejuvenates the skin because it causes the cells to exfoliate. There are many over-the-counter formulations of this compound, but it is not the same and does not have the same results.

“Except for the use of tretinoin, these recommendations are for people of all ages,” he added. “Tretinoin shouldn’t be used until you reach your teens.”

Visit www.whhs.com for information about programs and services at Washington Hospital that can improve your health.



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Health&Wellness



Kindergarten Readiness

Is your child ready for kindergarten? What developmental skills do they need? What about vaccinations? Come to this seminar to learn tips on how to help make the transition to the kindergarten classroom more successful.

Thursday, March 12, 2020
6 to 8 p.m.

Conrad E. Anderson, MD, Auditorium, rooms A & B
Washington West, 2500 Mowry Ave., Fremont

Free Community Seminar

SPEAKER



Bhaskari Peela, MD
Pediatrician
Washington Township Medical Foundation



Washington Township
Medical Foundation
Part of Washington Hospital Healthcare System

To register or for more
information, visit
www.whhs.com/events
or call 800.963.7070.

Seminars may be televised on InHealth,
a Washington Hospital Channel
(Comcast Channel 78) and online at
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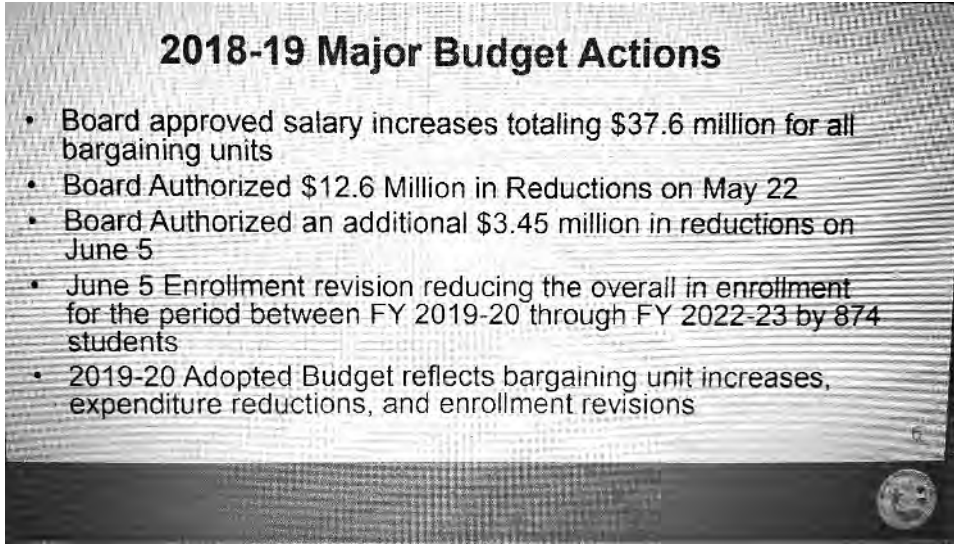
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Fremont Unified School District Must Change Direction



The Fremont Unified School District (FUSD) finds itself in a dire financial situation – running out of money. Why? The Fremont Board of Education (School Board) approved a salary increase for all employees totaling \$37.6 million in May, 2019. It does not have money to pay for it.

This school year (2019-2020), the School Board has already cut \$12.86 million from the school district's budget. A partial list of cuts:

1) Elective classes being removed at least include AP Music, AP Spanish, AP Bio, AP Computer Science and more at the high schools.

2) Class sizes have been increased:

TKG to KG: 24-1

1st to 3rd grade: 28-1

4th to 6th grade: 30-1

7th to 12th grade: 33-1

These class size numbers are similar to what happened during the 2008-2012 financial market melt-down years.

3) Individual school funding, money that each FUSD school can use to address issues unique to that school, has been cut by 20%.

4) Transportation (school buses) for general education students has been eliminated. Cuts to summer school have already been approved.

On February 12th, 2020, FUSD staff has recommended an additional target cuts of \$26.3 million for next school year. The School Board has indicated that the increasing all elementary class sizes to 1 teacher per 30 students option is not off the table.

The cuts are already hurting the students and their education, and some teachers are facing potential layoffs. When cuts from the current school year and next school year are adding up to \$39 million, the School Board

needs to change direction, take leadership and manage FUSD's finance.

The School Board's solution can no longer only be endless cuts and asking the Fremont community to pay an additional \$296 per year as yet another parcel tax increase (Measure L) on 03/03/20. If successful, Measure L represents the third parcel tax increases from the Fremont School Board in 6 years – Measure E in 2014 and Measure I in 2016.

By the way, state funding for public education is at a historically high, record-breaking level. Last school year, FUSD's total revenue was \$403 million. During the 2016-2017 school year, FUSD's total revenue was only at \$342 million.

We, the people of Fremont, ask the Fremont School Board to take responsibility and fix the financial problem that it has created for itself. Please stop further cut to the students.

If you agree with the above, please sign the petition below and help spread the news about the petition. Thank you so very much.

<http://chnng.it/C2nNj5ycMK>

*The picture at the top is from a Budget Update presentation (agenda #15.8) from the 10-30-19 Fremont Board of Education meeting.

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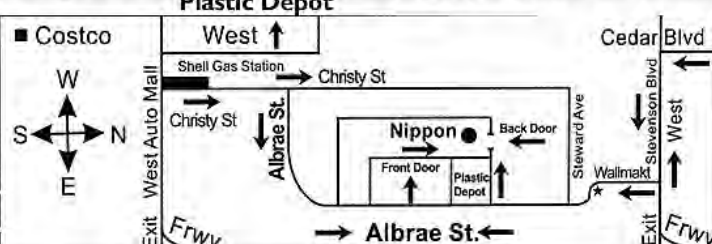
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FREMONT UNIFIED SCHOOL DISTRICT
Tuesday, March 3, 2020
4:00pm – 7:30pm
District Office - 4210 Technology Drive, Fremont, CA 94538
Professional Development Center

Education Specialist:

- Early Childhood
- DHH
- School Psychologists
- Adapted PE
- Moderate/Severe
- Assistive Technology Specialist
- Mild/Moderate (SDC & RSP)
- Speech Language Pathologists

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- Special Education Paraeducator 1 (\$21.92-\$25.97)
- Special Education Paraeducator 2 (\$22.85-\$27.11)
- Substitute Paraeducators (\$14.61-\$15.35)

For employment Questions, call HR at 510-659-2556

continued from page 1

A Century of Dedication

American women the right to vote after a 72-year battle. It was formed to help educate American women in government and the democratic process as they became new voters.

Since then, the league and the local Fremont-Newark-Union City chapter have held countless registration drives and candidate forums. It has also created many opportunities for the discussion of local issues that impact citizens' lives. Several decades ago, the league expanded its membership to include men who also believe in the basic premise that "we the people" are responsible for our democracy. All 700 chapters of the league see their role as especially critical in this all-important election year. "Although the league does not support or oppose candidates, generally after careful study and consensus, we do take positions on issues," stated Inamdar.

According to Inamdar, over the years the league has advocated for many social, political, and economic issues such as immigration reform, campaign finance reform, the voting rights act amendment of 1985, redistricting reform, and the current HR 1, For the People Act. "Locally, we have spoken out on issues that impact our Tri-City and regional Bay Area. We have advocated for good governance policies, affordable housing, and protecting our environment," she added.

The work of the league, Inamdar stated, is important to the health of our democracy. "In this age of fake news and sound bites, thoughtful and trusted resources are even more crucial. We look forward to the future and continuing to help create a more perfect democracy."

The league is different from many organizations in that what it accomplishes comes directly from the involvement of its members. It is a grassroots organization providing every member with opportunities to learn and educate others about government and act on public policy.

The grassroots nature of the league and its impact on the community are what attracted Setsuko Amann to join the league 15 years ago. "In addition to our work in the election area,"

she said, "League volunteers work on issues of local importance, from education to land use, housing and climate change." Amann is co-chairperson of the team that has been planning the league's 100th anniversary celebrations.

A 100th Anniversary and Open House Celebration will take place on Sunday, February 23. The community is invited to an afternoon of food, fun, music, and an opportunity to meet their local elected officials. The keynote speaker for the event is Helen Hutchinson, former president of League of Women Voters of California.

"We are not charging a ticket fee for the event. It is our way of saying that money shouldn't be a barrier for democracy. That is why we are not hosting a gala. We are holding the event at the Artist Walk in Fremont ... and taking care of a lot of things ourselves," said Inamdar.

Board member Andrea Schacter, who is sharing the chairmanship of the 100th anniversary team with Amann, feels incredibly proud to be a member of the league. "It's such a well-respected national organization that has remained vibrant and influential for a century," she said. "We continue to register and educate voters – all in an effort to encourage participation in our nation's precious democracy."

Encouraging the community to attend the milestone event, Inamdar stated that democracy is not a spectator sport, and that in order to create a more perfect democracy, it will take each one of us to participate by voting and by reaching out to our elected officials in order to keep them accountable.

"Each one of us should have a voice. Each one of us has a responsibility that we participate ... not sit back and complain but ask ourselves: 'What have we done to change what we don't like or what have we done to enhance what we do like?'"

100th Anniversary and Open House Celebration
League of Women Voters of Fremont-Newark-Union City
Sunday, Feb 23
2 p.m. – 5 p.m.

Artist's Walk
38988 Artist Walk Common, Fremont
(510) 794-5783
voterservice@lwvfnuc.org
<https://my.lwv.org/california/fremont-newark-union-city>



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Celebrate

Random Acts of Kindness Day

By ANNE CHAN, PhD, MFT

February is the month for heartwarming days like Groundhog Day and Valentine’s Day. One especially feel-good day that you might not have heard of is Random Acts of Kindness Day, which falls three days after Valentine’s Day. Monday, February 17, is Random Acts of Kindness Day, which is the kickoff for Random Acts of Kindness Week. If you are inspired by the Random Acts of Kindness spirit, you can celebrate it all week and beyond.

Being kind is a truly equal opportunity state. Anyone can be kind: young or old, rich or poor, able or differently abled. You can be kind in any language, and you can be kind without speaking a word. Kind gestures do not have to be grand or expensive or take a lot of time, energy, or effort. Kind acts like telling someone “I appreciate you,” holding the door open for someone, or offering to take out your neighbor’s trash, cost nothing and don’t take much effort. But these thoughtful gestures can make a huge difference in making recipients feel good.

The neat thing about being kind is that it doesn’t just benefit the recipient. You know that nice feeling you get when you’ve helped someone? Turns out science has done a lot to quantify what that nice feeling is. Kindness has an impact, not just on the person who experiences kindness, but on the person being kind as well. Doing kind deeds has been shown to decrease levels of stress, depression and even blood pressure. Researchers at the University of British Columbia found that people experienced a decrease in social anxiety when they performed acts of kindness.

According to the lead researcher, the acts of kindness did not have to be grand or involve money. Even simple acts like saying thank you or opening the door for someone helped reduce social anxiety. Wait – there’s even more good news about kindness. It seems unbelievable, but simple acts of kindness can work at the biological level to improve our physical well-being. Researchers have shown that being kind can increase our levels of oxytocin (the “love” hormone that helps bond mothers and their newborns) and serotonin (the neurotransmitter essential for feeling good). Oxytocin has another

side benefit in that it can lower blood pressure, thus protecting your heart.

Researchers have also found that kindness can be contagious . . . in a very healthy way. When people observe kind deeds, they are more likely to be kind themselves. So, when you do even just one kind deed, you are starting a chain of kindness that can theoretically go on forever. It is not trite to say that kindness makes for a better world.

If all the above isn’t sufficiently inspiring to get you on the random acts of kindness path, consider making a proposal to do kind deeds. One nonprofit has very kindly provided the means for people who want funding to do so. Check out <https://www.randomacts.org/perform-an-act-of-kindness/>

If you’re low on ideas for how to be kind, try one or more of the following to get you started:

- Compliment or show appreciation for your co-worker’s work
- If you’re a parent, say one nice thing about each of your kids
- Post something about kindness on social media
- Pick up trash and help clean up the environment
- Thank people for doing a good job
- If you’re a manager, take the time to show your appreciation for the people who report to you
- Stop to say hello and chat with your neighbors
- Take notice of your partner’s good qualities and thank him or her for them
- Hold the door open for the person behind you.

As a therapist, I also invite you to be kind to yourself as well. So often, many of us have a harsh inner voice that says the meanest things. Or we give so much of our time and energies to others but not to ourselves. So, while you are doing random acts of kindness, throw in a little kindness to yourself as well.

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com
© Anne Chan, 2020

Redesign Fremont/Newark

Bus Network Plan

SUBMITTED BY DIANN CASTLEBERRY

AC Transit is redesigning the Fremont/Newark bus network plan, which will include a study intended to evaluate the service AC Transit provides in Fremont and Newark. The agency is proposing two scenarios for a frequent transit network (i.e. service every 15 minutes or better) to serve parts of Fremont and Newark, along with other network improvements. To enable this frequent network to operate where more people tend to ride, the city has proposed that some lines be altered or discontinued, which would impact some riders.

The community is invited to attend upcoming meetings in February and March to better understand the proposal, to talk with AC Transit staff, and to share their comments in advance of adoption. To comment, attend a community meeting or public hearing or submit a written comment via email, phone, and/or U.S. Mail, no later than March 26. Complete details are available on <http://www.actransit.org/redesignfremontnewark/>.

Community Meeting #1
Tuesday, Feb 25
4:30 p.m. – 7:30 p.m.

Centerville Library
3801 Nicolet Ave., Fremont

Community Meeting #2
Wednesday, Feb 26
4:30 p.m. to 7:30 p.m.
Newark Community Center, Patio Room
35501 Cedar Blvd., Newark

Community Meeting #3
Thursday, Feb 27
5 p.m. – 8 p.m.
Warm Springs Elementary School, Flex Room 23
47370 Warm Springs Blvd., Fremont

Public Hearing
March 26
2 p.m. and 6:00pm
Fremont Main Library, Fukaya Room
2400 Stevenson Blvd., Fremont

planning@actransit.org
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Chinese (510) 891-7296
Spanish (510) 891-7293
TDD: Call 711 and specify (510) 891-4700
Mail: AC Transit Board of Directors
1600 Franklin St., Oakland CA 94612

Questions about immigration?

The Chabot College Dream Center is hosting a free and confidential legal consultation about immigration on Wednesday, February 26. A bilingual (Spanish/English) immigration attorney from Immigration Institute of the Bay Area will be present. Students can sign up for individual sessions in the Dream Center. For more information, call (510) 723-6957 or email

cc-dreamcenter@chabotcollege.edu.

Immigration Consultation
Wednesday, Feb 26
11 a.m. – 2 p.m.
Chabot College Dream Center
Building 700 South (700S), room 727B
25555 Hesperian Blvd., Hayward
(510) 723-6957
cc-dreamcenter@chabotcollege.edu



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BUSINESS

Evolutionary Contributions of Margaret Thornberry

By ARATHI SATISH

The Fremont Cultural Arts Council's (FCAC) mission is to support fine arts in the Fremont Community. For the past fifteen years this mission flourished under the presidency of Margaret Thornberry. With Thornberry stepping down as the President at the end of the last fiscal year, FCAC is undergoing through evolutionary changes. As she says, "It is time for new ideas and new approaches to old problems."

Senator Bob Wieckowski presented Thornberry with a Senate Certificate of Recognition. Margaret Thornberry has been instrumental in growing the cultural arts in the Fremont area for decades, and since 2001 has been a dedicated member of the Board of Directors of the Fremont Cultural Arts Council, serving as President from 2003 to 2019, and is currently a commissioner on the Alameda County Arts Commission.

Thornberry has also been a longtime advocate for arts and culture through her volunteer work and contributions, including serving as Chair of the Fremont 4th of July Parade, as Founding Board Member of the Center Theater Preservation Group, Chair of the Creative Engagement Team for the City of Fremont's 50th Anniversary, and an Advisory Council Member of Music for Minors II. Senator Bob Wieckowski resolved that "Margaret Thornberry be recognized as an outstanding role model and leader in the arts and culture community of the City of Fremont and the Tri-city areas."



Margaret Thornberry's contributions through the years have been many. She says, "Thanks to my background in IT, wonderful FCAC board members, strong support from the membership and community and many, many volunteers, the FCAC has evolved with the times and is still going strong in 2020. The evolution from 'the internet being a passing fad'...to FCAC's strong website and Facebook

presence today...that's the thing I look back on with the most pride."

Technology makes FCAC events more accessible. The upcoming Annual Juried Photography Exhibit, which has evolved from darkroom technology, will now accept online submissions of digital photos for the first time in February! The opening show is scheduled for March 14th at the Fremont Main Library, and these amazing photos

will be available for viewing through mid-April.

FCAC has a strong relationship with the City of Fremont and leases a city-owned building, providing meeting space for local member non-profits, and makes an annual donation to the Park and Recreation Department's summer scholarship program for arts classes. During Thornberry's tenure, they archived images of Fremont's rich supply of art in public spaces, and worked with city staff to make this gallery available on the City of Fremont website under "Our Community/Attractions."

Margaret summarized her journey, saying, "I find it hard to believe that I've served for 15 years as President of the FCAC! Time has flown by, with never a dull moment...the time is here to pass the baton—I do look forward to seeing what develops as those with fresh, new ideas take the helm!" Julie Gilson, who succeeded Margaret as president said, "My immeasurable gratitude to Margaret Thornberry for her service as our past President...I hope to continue the positive change that FCAC presidents have shepherded since the organization's inception."

For more details about the Fremont Cultural Arts Council and art in Public Places visit, <https://fremontculturalartscommission.org/> or <https://fremont.gov/1342/Art-in-Public-Place>.

Samsung unveils its new foldable phone, the Galaxy Z Flip

By RACHEL LERMAN AND KELVIN CHAN
AP TECHNOLOGY WRITERS

Samsung on Tuesday unveiled a new foldable phone, the Galaxy Z Flip, its second attempt to sell consumers on phones with bendable screens and clamshell designs. The new phone can unfold from a small square upward into a traditional smartphone form, and will go on sale Feb. 14 starting at \$1,380. The company announced the phone at a product event in San Francisco. Samsung's first foldable phone, the Galaxy Fold, finally went on sale last September after delays and reports of screens breaking. The Fold, which carries a price tag of nearly \$2,000, folds at a vertical crease rather than horizontally as a flip-phone design would. Motorola has also taken the flip-phone

approach with its new \$1,500 Razr phone. The foldable phones represent manufacturers' attempt to energize a market where sales have slowed. Many consumers are holding onto old phones longer, in part because new phone features offer increasingly marginal benefits. But these foldable models come with higher price tags and are likely to appeal for now mostly to tech enthusiasts and others at the forefront of technology. "While there's a lot of excitement around this new category, it is still early days and they will evolve significantly," said Paolo Pescatore, an analyst at PP Foresight. "While these innovative new designs are nice to have, they're not must-have, sought-after features among users." The Z Flip can stay open at different angles for use watching videos or taking photos. When the phone is closed, it will take selfies and display notifications in a small window on the cover. Unfolded, its screen measures 6.7 inches diagonally. Samsung says it added fibers to the gap between the hinge and the phone to keep out dust and improve hinge function, likely to address shortcomings of the Galaxy Fold. For everyone else, Samsung offers its S series. In a nod to the start of the 2020s, the South Korean company showed off the Galaxy S20, S20 Plus and S20 Ultra, skipping directly to the S20 from its previous S10 series. The S20 phones are designed to take high-quality pictures in dark settings, Samsung product manager

Mark Holloway said. The phones can take both video and photos at the same time, using artificial intelligence to zero in on the best moments to capture the still images. Samsung's renewed focus on the camera follows other smartphone makers. Apple last fall announced the iPhone 11, which offers an additional lens for wider-angle shots and combined multiple shots with software to improve low-light images. Google's Pixel phones also offer a similar low-light feature. Samsung's S phones already offer the wider angle and some features for low-lighting. But the company says the new phones will focus on high-resolution photos and the ability to zoom in 30 to 100 times, depending on the model. The S20 phones go on sale in the U.S. on March 6, and will range in price from \$1,000 to \$1,400. All S20 models will be compatible with next-generation cellular networks, known as 5G, although it's still an early technology that consumers typically won't need yet. The Z Flip will not work with 5G networks. As people packed into San Francisco's Palace of Fine Arts for Samsung's launch event, they passed a team taking remote temperatures in the security line, likely a precaution to check for the coronavirus. Samsung also offered hand sanitizer stations and face masks inside the event lobby.

— Kelvin Chan reported from London.

California company plans to sell China-designed SUVs in US

AP WIRE SERVICE

A California company says it will build and sell Chinese-designed automobiles in the U.S. at the end of next year or early in 2022. HAAH Automotive Holdings says it has an agreement with large Chinese automaker Chery Automobile to provide the vehicles, which will be assembled in a U.S. factory. HAAH says the first vehicle sold will be a midsize SUV. It's the latest effort to bring passenger vehicles designed in China to the United States, but other efforts so far have seen limited success. GAC Motor of China has appeared at the last two Detroit auto shows to tout plans to enter the American market. But its plans have been delayed until June of this year. General Motors Co. and Sweden's Volvo Cars export Chinese-made vehicles to the United States. China's BYD Auto sells battery-powered buses to U.S. transit companies. Other Chinese brands have announced U.S. sales plans but have struggled to meet safety and emissions standards. HAAH of Irvine, California, says it will sell Geely-designed autos under the Vantas brand name. The company will develop a U.S. dealership network and have flexible online sales. HAAH will be recruiting dealers at the National Automobile Dealers Association convention, which starts later this week in Las Vegas. Chery and HAAH are reviewing sites for a U.S. factory but have not reached a decision, the company said. It is considering existing buildings as well as undeveloped sites. Initially the SUVs will be assembled from kits to hit HAAH's on-sale target date. But the plant will move to full manufacturing over time, HAAH said. The company didn't give an estimate of how many people the factory will employ. HAAH also has a partnership with Chinese automaker Zotye Auto, which plans to start selling vehicles in the United States in 2020.

School district plans job fair for educators

SUBMITTED BY BRIAN KILLGORE

Fremont Unified School District (FUSD) is holding job fair for paraeducators and special educators on Tuesday, March 3. The district is looking for full and part-time paraeducators with various backgrounds. In addition, paraeducators who have not completed 48 college units or earned an AA degree must take the No Child Left Behind (NCLB) paraeducator exam. For special educators, the district is looking for applicants to fill a variety of positions including:

- Early Childhood
 - Deaf/Hard of Hearing (DHH)
 - Adapted PE
 - Mild/Moderate (SDC and RSP)
 - Moderate/Severe
 - Speech Language Pathologists
 - School Psychologists
- Special educator applicants should bring four printed copies of their resume to the job fair. All interested candidates should preregister for the job fair by completing a FUSD paraeducator or special educator job fair application posted online at www.edjoin.org. The deadline is 4:00 p.m. Monday,

February 24. The job fair will meet 4:00 p.m. to 7:30 p.m. at the FUSD District Office on Technology Drive in Fremont.

FUSD Job Fair
Tuesday, Mar 3
4:00 p.m. – 7:30 p.m.
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Career training center

SUBMITTED BY ALLISON INTERDONATO

Tri-City area students and their parents are invited to attend a free informational open house at the Mission Valley Regional Occupational Program (MVROP) in Fremont to learn about career technical education (CTE) classes offered through the program.

The event will focus on assisting students who cannot decide on the best course for their goals, want to learn more about a program pathway, or would like to meet MVROP industry-trained instructors. The MVROP Center Campus will be open to visitors and all instructional staff will be available to answer questions about programs.

Some of the occupational training classes offered at the training center include:

- Auto Painting and Refinishing
- Automotive Technology
- Computer Animation
- Emergency Medical Responder
- Game Design/Interactive Media Arts
- Law Enforcement
- Medical Assisting
- Nursing Assistant
- Pharmacy Technician

The open house will be Tuesday, February 25 at the ROP Center, located in Fremont on Stevenson Boulevard and Blacow Road and is aimed at students currently enrolled in ninth, 10th and 11th grades in Fremont, Newark or Union City.

Mission Valley ROP Open House
Tuesday, Feb. 25

6:30 p.m. – 8:00 p.m.

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Census 2020: For You, Your Community, And Your Business

SUBMITTED BY CANDICE RANKIN, MANAGEMENT FELLOW

Your participation matters! The 2020 Census begins in mid-March, and will have a major impact on our community. The census provides crucial data about our area that informs the distribution of billions of dollars in federal funding for essential services such as healthcare, school programs, housing, transportation, and social services. The census also determines the number of decision-makers representing Alameda County.

Starting in March 2020, everyone will be asked to complete the 2020 census online, by phone, or by mail. Responses are confidential and are protected by law. Census 2020 will NOT ask about citizenship status or for information such as Social Security number.

Making sure everyone in our community is counted makes a difference. An undercount means fewer resources for everyone – for every person not counted, our community loses \$10,000 over the next 10 years. In the past, families with young children, low-income families, immigrants, and non-native English speaking households have often been undercounted.

Getting a complete and accurate count in 2020 requires everyone's help. And there are many ways for all of us to play a part. This is where you come in!

As trusted messengers of information to patrons and employees, local businesses and employers can play a key role in helping us spread the word and raise awareness that the 2020 Census is easy, safe, and important. Please share this information through your organizations to your employees, contractors, and social media followers. Here is the link to the short video by the U.S. Census describing the program: <https://youtu.be/LXJz7ZfzAuM>

In addition to helping communities get proper funding allocation, data collected from the census is also utilized by businesses. For example, general information about geographic areas is collected through the census efforts, which can help businesses determine where to locate or expand operations and retail. Developers also use the findings to determine where to build new projects. This information will help shape our community for the next decade.

Lastly, if you're looking for volunteer opportunities for employees, the census is a great program to get involved and help with outreach. If you are interested, email census2020@fremont.gov to learn about current opportunities.

The 2020 Census is more than a population count. It's an opportunity to shape the future of our community. Thank you for spreading the word!

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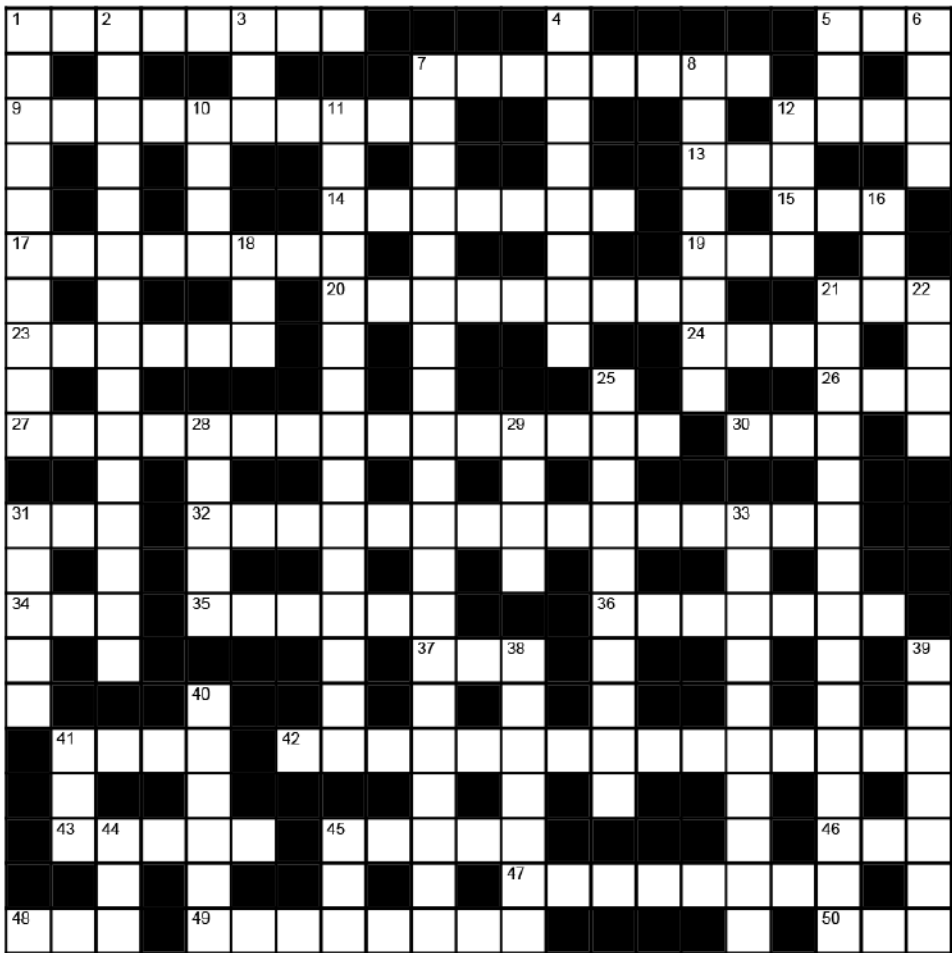
Reclaim your quality of life

* Stress/ Depression/ Anxiety/ Insomnia

- | | |
|--------------------------------|-----------------------|
| * Constipation/ Diarrhea | * Allergies |
| * Floaters/Dry/Watering/Blurry | * Pain management |
| * Rash/Acne/Singles/Urticaria | * High blood Pressure |
| * Frequent urination | * Diabetes |
| * Kidney stone | * Facial Palsy |
| * Parkinson's disease | * TMJ syndrome |
| * Tourette syndrome | * Alzheimer's disease |

Mind Twisters

Crossword Puzzle



- Across
- 1 Classified (8)

5 Mercedes competitor (3)

7 Camper's supply (8)

9 It has strings attached (10)

12 Archaeological site (4)

13 Dos Passos trilogy (3)

14 Big belt (2,5)

15 Person in a mask (3)

17 Crazy, slangily (8)

19 Suffix with president (3)

20 Worked up (9)

21 "Go on ..." (3)

23 Rapt (4,2)

24 "One" on a one (4)

26 C.I.A. predecessor (3)

27 Lose it (2,3,3,4,3)

30 Letter run (3)

31 Shorten, in a way (3)

32 Defeat decisively (3,3,5,4)

34 Needlefish (3)

35 Repudiate (6)

36 Swindles (4,3)

37 60's chess champ (3)

41 Bookie's quote (4)

42 Home economics (8,7)

43 Like non-oyster months (1-4)

45 Kind of personality (2-3)

46 "___ we there yet?" (3)

47 With skill (8)

48 N.Y.C. subway (3)

49 Similar (8)

50 Bro's partner (3)

Down

1 Quote, part 4 (5,5)

2 Direct (15)

3 Service arm: Abbr. (3)

4 Break, in a way (2,4,2)

5 A.C. measure (3)

6 Sports column (4)

7 Batting order? (4,4,3,2,3,4)

8 Gym equipment (8)

10 Anise-flavored liqueur (4)

11 Find fault with (4,9,2)

12 Actor Julia (4)

16 Calphalon product (3)

18 Final: Abbr. (3)

21 Quite some time (1,5,2,7)

22 Secretary, e.g. (4)

25 Aggressive (2-4-4)

28 Well-known (5)

29 John Paul II, e.g. (4)

31 Strength (5)

33 Sow (10)

38 Precise (7)

39 Sound systems (7)

40 Depletes (4,2)

41 Eight-time Norris Trophy winner (3)

44 Inc., overseas (3)

45 W.W. II agcy. (3)
- ## Sudoku:
- Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.
-
-
-
- ## Tri-City Stargazer FOR WEEK: FEBRUARY 18, 2020
- All Signs: This week the two celestial bodies that most affect our energy are changing signs. We're talking Mars and the Sun. Mars moves into Capricorn to boost the energy of the Earth Signs – Taurus, Virgo, and Capricorn. The Sun will move into Pisces to boost the energy of the Water Signs – Cancer, Scorpio, and Pisces. However, in broad terms, the shift of Mars and Sun will affect everyone.
- Aries the Ram (March 21-April 20):** In the next four weeks, the universe will give you contradictory messages. Fiery Mars, your ruler, will be at the top of your chart, which means your ambition will be aroused. You will want to move ahead in your career, status, and reputation. However, a contradictory influence will be the Sun, which will be hiding in your chart encouraging you to get in touch with your subconscious mind. Your personal year is ending, which means this is the time to look back over the past year to see how well you are doing at the art of living.
- Taurus the Bull (April 21-May 20):** You're entering a fascinating four weeks ahead. Mars will make you travel and explore the world. It will energize your desire to learn more by taking courses and getting further training. The Sun will boost your popularity and encourage you to be more active with friends and interact with clubs and organizations. It will be easy for you to work and cooperate with others. The next four weeks are perfect for team efforts.
- Gemini the Twins (May 21-June 20):** For the next four weeks, the Sun will be at the top of your chart. This occurs only once a year. When it happens, it symbolizes that you are being thrust into a flattering spotlight, which means others (especially bosses, parents, teachers, and VIPs) admire you. They see
- you as competent, capable, and talented. During this time, Mars indicates you might encounter conflict about shared property, taxes, debt, or how to use the wealth and resources of others.
- Cancer the Crab (June 21-July 21):** Mars is opposite your sign for the next month. This occurs only once every two years, and when it does it's tricky because it can create tension in your life. It encourages conflict with those who are closest to you. It also makes you impatient with others because they seem to be annoying. However, at the same time, an entirely different influence from the Sun will be at play. For the next four weeks, you want to travel and broaden your horizons by exploring new experiences. This is a great time to study or to take up a new hobby.
- Leo the Lion (July 22-August 22):** You will accomplish a lot in the next four weeks because Mars will make you throw your energy into working hard and getting things done. Naturally, you will want credit for your accomplishments, which is why working alone will appeal more than working with a team. Guard against accidents, infections, and fevers as Mars moves through your House of Health. The Sun will encourage you to take a new course of study or a new hobby. Travel will be ideal because you want to do something different from your normal routine.
- Virgo the Virgin (August 23-September 22):** In the next four weeks, you need to pace yourself and be aware of your energy and your health because the Sun will be opposite your sign, which means it is as far away from you as it gets all year. This means you will need more sleep. Countering this however, fiery Mars will urge you to play, socialize extensively, party with friends, and be active in sports as well as spend more time in playful activities with kids and artistic, creative adventures. Meanwhile, ex-partners and old friends are also back on the scene.
- Libra the Scales (September 23-October 22):** For different reasons, according to the personal details of your life, you have decided that you really want to pull your act together and get better organized in the next four weeks. This does not apply just to your job but also to every aspect in your world. Meanwhile, Mars will create increased activity and chaos on the home-front – due to renovations, redecorating, visiting relatives. You will have to deal with these obstacles while you try to reorganize your world.
- Scorpio the Scorpion (October 23-November 21):** The next four weeks will be a lovely time for you. The Sun will encourage you to socialize with others. You will party more and explore the arts and appreciate the creative activities of others as well as find ways to express your own creative talents. Sports events and fun times with kids
- will appeal. The next four weeks are the perfect time for a vacation. Fortunately, Mars will give you the energy to be busy every day – physically and intellectually.
- Sagittarius the Archer (November 22-December 21):** Money will be a big focus for you in the next four weeks. Home, family and your private life will be a primary theme. You might be more involved with relatives or family members you have not seen for a while. Home repairs and old domestic issues will need to be addressed. These might or might not be why you will try to boost your earnings. Very likely, this focus will be part of why you are spending more money as well. But your involvement with increased cash flow right now might also have something to do with boosting your ego.
- Capricorn the Goat (December 22-January 19):** The next four weeks will be fortunate for you. This is because the Sun will encourage all kinds of new activities for you. The pace of your days will accelerate as you juggle short trips, appointments, errands, and increased conversations with relatives plus more reading and writing. Fortunately, fiery Mars will be in your sign as well during this window of time giving you a huge boost of energy.
- Aquarius the Water Bearer (January 20-February 18):** Money is a big focus in the next four weeks. You will reflect upon your values to figure out what
- is important. You will want to establish a greater control of your life through the things that you own. Meanwhile, there's a strong chance that you will not get the true recognition that you deserve for your efforts in the next four weeks. Even when you try to correct this wrong impression and assert yourself, you will be undermined by obstacles and others. Don't worry, in four weeks, when the Sun enters your sign -- you will shine.
- Pisces the Fish (February 19-March 20):** You have much to look forward to in the next four weeks because for starters, the Sun will be in your sign. This is the only time all year it happens and when it occurs, it's your chance to recharge your batteries for the rest of the year. Not only that, the Sun will attract people and favorable situations to you. In addition to this, Mars will be in a part of your chart that will make you want to identify goals and start to pursue them. Physical activities and exercise will be rewarding.
-
- By Georgia Nicols
www.georgianicols.com.

Celebrate the Arts

SUBMITTED BY LOV

On Sunday, February 23, League of Volunteers and Newark Arts Council will present the 31st annual “Gala Celebrating the Arts.” This year’s featured artists include Music for Minors II, Tru Dance, Salvador Vasquez (on the Mexican harp), and the Dream Achievers Band. Complimentary refreshments will be served during intermission. The event will be held in the Thornton Junior High multipurpose auditorium in Fremont.

Gala Celebrating the Arts
Sunday, Feb 23
2 p.m.
Thornton Junior High
4357 Thornton Ave., Fremont
(510) 793-5683
www.lov.org

Suggested donation: \$10 for adults, \$7 for seniors and students (12 – 18), and \$3 for children.

Neighborhood Watch meetings scheduled

SUBMITTED BY UNION CITY PD

It is a well-established fact that a neighborhood’s best crime prevention tool is a good neighbor. No one other than the person who lives in a particular area is better equipped to identify unfamiliar sights sounds and people. Neighborhood Watch encourages residents to get to know their neighbors and to report suspicious activity to Union City police immediately.

Please join Chief of Police, Jared Rinetti & Mayor Carol Dutra-Vernaci to hear updates about:

- Crime and Safety in your neighborhood (update on recent activities in Union City, Ring Portal & How to start your own Neighborhood Watch group)
 - Measure U - Renewal of Public Safety Funding
- https://www.unioncity.org/421/Public-Safety-Funding
- Q & A session

Wednesday, Feb 19
Delaine Eastin Elementary School - Multi-Purpose Rm.
7:00 p.m. - 8:30 p.m.
RSVP: <https://www.facebook.com/events/2527999717470558/>

OR

Wednesday, Feb 26
James Logan HS - The SPOT
7:00 p.m. - 8:30 p.m.
RSVP: <https://www.facebook.com/events/193582611709465/>

Share your thoughts about climate change

SUBMITTED BY ERIC ENGELBART

Residents and business owners in an around San Leandro are invited to attend a Climate Action Plan workshop to share their ideas about climate change and ways that San Leandro can address the issue.

The two-hour workshop is set for 6:30 p.m. Thursday, February 20 at the Senior Community Center on East 14th St. It is part of San Leandro’s process in updating its Climate Action Plan to reduce the community’s carbon footprint and increase resilience to changing climate conditions through 2030 and beyond.

In 2009 the San Leandro City Council adopted the existing Climate Action Plan and directed staff to update it in collaboration with the community. At this event, the public can learn about the update process and help the city envision a resilient, equitable, and sustainable San Leandro. The City Council has also affirmed its commitment to making climate equity a foundation for this work to ensure that those who are first and worst impacted by the climate crisis will be prioritized.

“The City of San Leandro is dedicated to being a sustainable, livable city and we are working very hard to address the threats of climate change by reducing pollutants, conserving precious resources, and strengthening our

community’s resilience to a changing climate and rising sea levels,” noted Mayor Pauline Russo Cutter. “Partnership and collaboration with a broad spectrum of the public will be a key step as we move forward.”

The workshop will start with an open house and dinner with time for the public to circulate between several stations and learn about the Climate Action Plan components. The open house will be followed by a presentation from the project team and small group discussions. Attendees are encouraged to share ideas on how everyone can work together to address local climate effects.

Dinner will be served. Translation will be provided in Chinese and Spanish. Childcare for children ages 4 and older will also be available. Doors open at 6:30 p.m., and the presentation begins at 7:00. Because space is limited, participants are asked to RSVP at <https://slcapworkshop.eventbrite.com>.

For more information about the workshop or the city’s Climate Action Plan, call Dr. Hoi-Fei Mok, Sustainability Manager at (510) 577-3421 or send an email to SustainableSL@sanleandro.org.

Climate Action Plan workshop
Thursday, Feb 20
6:30 p.m. – 8:30 p.m.
Senior Community Center
13909 E. 14th St., San Leandro
Admission: Free
(510) 577-3421
RSVP:
<https://slcapworkshop.eventbrite.com>

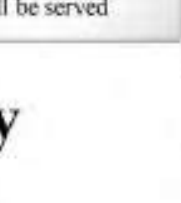


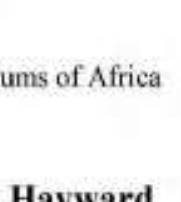
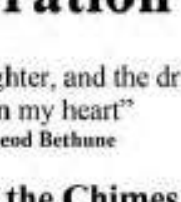
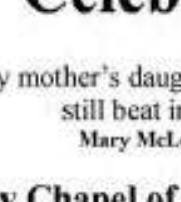
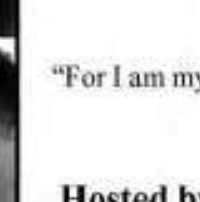
Free Screening of Oakland docudrama

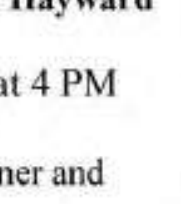
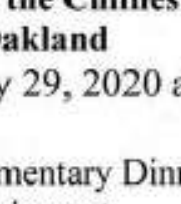
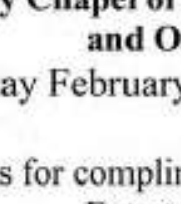
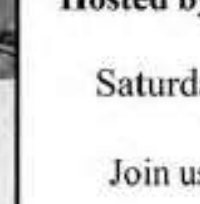
“Tent City”
February 17th at 11:00 AM
Chapel of the Chimes- Oakland
4499 Piedmont Ave, Oakland
* Complimentary lunch will be served

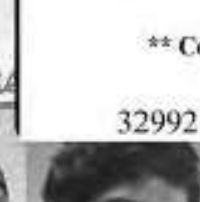


Black History Celebration
“For I am my mother’s daughter, and the drums of Africa still beat in my heart”
Mary McLeod Bethune
Hosted by Chapel of the Chimes Hayward and Oakland
Saturday February 29, 2020 at 4 PM
Join us for complimentary Dinner and Entertainment
** Come dressed in your best African Attire
32992 Mission Blvd Hayward CA 94544











Are You Fearful About Losing Your Independence?



Have you ever been told that back pain is just one of those things that comes with your

age, job, family and daily stress? Worse have you been told by your doctor that you have to “accept it”, take medication, or rest for weeks on end, because nothing else can be done?

If your aged 45+, you answered “yes” to any of those questions, and you have suffered with low back pain for longer than 10 days now, then please pay special attention to what I’m about to tell you...It could help save your job, your independence your mobility, family and everything else that is important to you.

It is unfortunate many people think their only option is to “rest” or just as bad mask their pain with pills and hope that it just goes away...

...Because as you may be experiencing, if you’ve suffered for longer than 10 days, something is wrong and there is a problem and I want to help you by simply showing you all the different options that are currently available to you.

My report titled “7 Quick and Easy Ways To End Back Pain and Stiffness.” is simple, actionable advice, that is easy to follow and proven to work to help those suffering years on end.

My name is Joewel Pascual, Doctor of Physical Therapy specializing in helping people 45+ find natural and long lasting relief from back pain.

My reasons for writing this report are clear and simple: to help people in this area make a better, more educated and more informed decision about their health.

And the good news is this...Today I’m giving away a completely **FREE** copy of this report (Value \$28)

Inside, could be the solution that lets you keep active, maintain independence AND live free from harmful medication for years to come. **For example:**

- Discover the real secret to being able to walk further for longer with much LESS backache.
- The single biggest back pain mistake that most office workers (and business owners) are making each day- and what to do instead...
- The change you can make in the bedroom to get a **better night's sleep!**
- A simple trick for easing back pain that cost you nothing- perfect if you just want to **play golf, cycle longer, or jog further!**

What to do next
Receive your copy today by visiting the website www.mybackreport.com where you can download this guide. You can also call (510) 285-9052 to inquire about the free report. NOTICE: **only 15 copies available.** -To your Great Health, Joewel Pascual, PT, DPT

THE AUTHOR OF THIS REPORT, Owner of AMP Physio. One of California's leading physical therapists helping those in the Tri-city area.

“Leap into Spring” dinner and auction

SUBMITTED BY SOUTH HAYWARD PARISH

Members of the South Hayward Parish (SHP) are inviting the community to a fund-raising “Leap into Spring” dinner and auction at First Presbyterian Church in Castro Valley. The event starts at 5 p.m. Saturday, February 29 in the gymnasium at First Presbyterian Church on Grove Way. Following a delicious dinner, guests will have a chance to bid on a variety of items

including gift certificates, decorative and collector items, home-baked goods and admission tickets to various venues and events.

Dinner tickets are \$30 for adults; \$20 for children 12 and younger and can be purchased by visiting the SHP website at www.southhaywardparish.org. They also can be purchased by mail by sending a check to SHP, 27287 Patrick Ave., Hayward, CA 94544. If paying by check, please write “Dinner/Auction Event” in the memo Line.

Dinner and auction
Saturday, Feb 29
5 p.m.
Fundraiser for South Hayward Parish

First Presbyterian Church, gymnasium
2490 Grove Way, Castro Valley
Buy tickets online at: www.southhaywardparish.org
Tickets: \$30 adults; \$20 children 12 and younger

All proceeds from the event will benefit SHP programs to feed the hungry, comfort the homeless and fight for social justice.



OPEN House

SATURDAY FEBRUARY 29TH • NOON to 4:00 PM

COME VISIT US!

February 29th Activities

- Elvis Live Performance & Caricature Artist
- Diner's inspired food & Beverages
- Gift Baskets draw
- And so much more!

Guided tours
all day long!
Family and
friends
welcome

Fully-renovated apartments with well-equipped kitchens • All-day dining • Tons of activities & outings

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continued from page 1

FILM FESTIVAL SHOWS THE POWER OF KIDS

By STEPHANIE GERTSCH
PHOTOS COURTESY OF BAY AREA INTERNATIONAL CHILDREN'S FILM FESTIVAL

On the weekend of February 22-23, kids (and kids-at-heart) will descend of the Chabot Space and Science Center for a weekend of screening award-winning



shorts and documentaries from around the world, attending panels with professional filmmakers, and engaging in their own hands-on filmmaking using materials ranging from clay puppets to their own bodies. Jim Capobianco, co-director of the festival with Shelley Trott, says he hopes children will “be inspired to try something new: make films, explore art, take action, get excited about what their potential is.”

The Bay Area Children's Film Festival started 12 years ago at Renaissance International School in Oakland, where Capobianco and Trott had children enrolled. Parents wanted to start up a fundraiser and decided a film festival would be ideal. Capobianco recalls, “When I had just joined the school they were like ‘Oh you work at Pixar! You'll be

able to get us help.” Capobianco's experience and connections to other animators proved a blessing to the festival, which quickly grew too big for the school to host. Now he and Trott are the only two parents from the original team who are still involved. The 2019 festival attracted 3,000 attendees over two days, and Capobianco hopes this year can top that number.

While children in Western countries are exposed to film and animation from a very young age, a lot of them don't get the chance to think beyond the polished CGI product that appears on their screens. The festival encourages children to ask, “How did they do that?” in workshops where creators show what went into making their shorts. “The film festival's very educational in that way,” says Capobianco. “How are films put together? How do different aspects come into it, like music? ...It's not just about the film, it's a mixture of all these art forms. We try to expose kids to the artistry of cinema.”

“A lot of young people probably think animation is computer generated,” reflects Capobianco. As CGI is becoming ever cheaper and more versatile, it does seem like the go-to for kid-friendly films. However, artists old and young are embracing the more tangible mediums that Capobianco himself loves. “People are finding 2D animation and stop motion again as ways to enjoy animation and storytelling.”

Kids get in on the action too, in workshops where they can create their own

short film using techniques like stop motion and pixilation (moving their bodies one frame at a time to create movie magic). Students from the Berkeley City College media school and young visitors cut the film together and show it on the big screen at the end of the day, which is one of the highlights of the festival. After seeing their work, the young creators take a bow and answer questions.

The festival broadens the scope of story as well as medium. Capobianco says, “We try to create a window into the way different people live, because these films are from all over the world.” The program will take children on a journey that spans the globe, starting with an advance screening of Wendy on Thursday, February 20. Directed by Benh Zeitlin of Beasts of the Southern Wild fame, this modern retelling of Peter Pan explores themes of innocence, loss and growing up.

Two full-length documentaries will also be screened over the weekend, including Marcos Negrão's Child of Nature, which highlights children making a difference in their communities, such as a Dennis from Kenya, who teaches impoverished children photography, and Ta'Kaiya from the Sliammon Nation in British Columbia who advocates for conservation. The other documentary, Microplastic Madness, tells about a group of fifth-graders from Brooklyn who spent two years investigating plastic pollution. Appropriate to the festival's scientific setting, there will also be a lab on plastics led by National Geographic explorer and marine biologist Tierny Thys.

Diversity is especially important in the Bay Area, where black, white, Hispanic, Indian, and East Asian, and many others, search for the best Boba tea and enjoy the workshops, activities and exhibits side by side. Capobianco says, “[Guests can] come to the festival and experience films that come from their own heritage or their own countries that they've immigrated from; they can share that with their kids and go ‘This is my language, this is your language, I'm from that city.’ It's a really special thing to be able to offer.”

With some big topics, a ton of fun, and a weekend crammed with education and creativity, Capobianco hopes kids will leave the event empowered to achieve their goals, artistic or otherwise. He says, “We want to show films that get kids excited and inspired...Yeah, we have these problems in our world, but you can do something about it. It's not hopeless.”

Tickets are \$14 for youth, \$22 for adults for one day. A discount weekend pass is \$20 for youth, \$32 for adults. They may be purchased online at <https://chabotspace.org>.

Children's Film Festival
Saturday, Feb 22 – Sunday, Feb 23
10 a.m. – 5 p.m.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
<https://chabotspace.org>
Tickets: \$14 - \$32



Home & Garden

Garden hoopla for Mardi Gras

ARTICLE AND PHOTOS BY DANIEL O'DONNELL

There are many Mardi Gras celebrations throughout the United States, Europe, and South America, but probably the most well-known festival is in New Orleans. There are extravagant parades, massive galas, and wild street parties on the Tuesday, 45 days before Easter Sunday. Attendees, whether marching in a parade or celebrating on the streets, don vibrant costumes, wear colorful masks and headdresses, and adorn themselves with multicolored strings of shiny beads. It is no wonder with such excitement, flare, and dazzling array of colors, that people want to name things like a playful pet, a song with an exciting melody, or several vibrantly colored plants, “Mardi Gras.”

Although Mardi Gras is a one-day holiday, Carnival is the season that begins the festivities during the few weeks that lead up to Mardi Gras. These days can be just as lively as Mardi Gras itself. The influence of Mardi Gras, in reality, can be seen every day in New Orleans as people party in

the streets of the French Quarter wearing colorful outfits and necklaces of shiny beads. Many of the plants named “Mardi Gras” can also make the garden exciting and appealing beyond just one day as well.

There is no official checklist of characteristics a plant with the cultivar name “Mardi Gras” must have. The plant simply had some aspect that made the person who named it think of the holiday, although it is a safe bet that most of the plants with the namesake will have extremely vivid foliage or flowers. The intensity of their color can be impacted by the time of day and amount of light received. One person’s “Mardi Gras” plant might not look as colorful as another person’s plant that receives more morning or direct sunlight.

Some packs of seeds or bulbs are sold in “Mardi Gras” mixes. The seeds or bulbs in these blends most likely do not have any “Mardi Gras” cultivars, but they do contain a selection of some of the brightest and boldest types. Such is the case with Sunflower “Mardi Gras” seed mixes or “Mardi Gras” Gladiolus bulb mixture. Burpee seed

company, www.burpee.com, even offers a “Mardi Gras” seed series of four different colorful sweet peppers. Here is a list of “Mardi Gras” named plants that will liven up the garden for those who might want the party to start a little sooner than waiting for seeds or bulbs to grow.

Most air plants are a pleasure to look at and *Tillandsia ionantha* “Mardi Gras” is particularly lively. Its leaf blade tips turn from green to orange and then red as the plant comes into bloom. It is a fairly new cultivar but can be found at air plant specialty nurseries online.

It is common to see a *Plumeria* flower and think of a relaxing vacation in Hawaii. The soothing pastel colors and the sweet fragrance of most



successfully multiplies in the Bay Area climate.

Rose “Mardi Gras” is a floribunda rose cultivar that has four-inch flowers with a blend of yellow, pink, and orange. It is a strong repeat bloomer that will keep the party going. Check Regan Nursery in Fremont, www.regannursery.com, for availability. It is very possible that one could be planted before this year’s actual Mardi Gras.

Much like New Orleans never stops the festivities, *Abelia* “Mardi Gras” entertains with its dramatic color throughout most of the year. This hardy compact shrub has glossy green leaves with light to dark pink edges. Small fragrant pink flowers join the party in early summer and keep going into fall.

The common name for *Abutilon* “Mardi Gras” is Chinese Lantern. It can brighten a garden with its blazing orange flowers when in full bloom and its gold-mottled green foliage. Bees and hummingbirds revel all summer sipping nectar from the abundant flowers.

Mardi Gras for many people is the last night of celebrating before taking six weeks to slow down and deny themselves some of the pleasures they enjoy the rest of the year. Fortunately, a gardener does not have to sacrifice anything when planting any of the available “Mardi Gras” plants; it is perfectly okay to enjoy them throughout the year.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



Plumerias give a calming effect. However, “Mardi Gras” *Plumeria* excites the senses visually with the melding of intense pink, gold, orange, and yellow colored petals, and arouses the senses aromatically with its delicious peach fragrance.

Aeonium “Mardi Gras” is a succulent with tri-colored rosettes of yellow and green variegation and neon pink edges. Bright sun and cool temperatures will produce the most vivid pink and create an amazing parade of color as the *Aeonium*



THE ACWD CONNECTION

Tri-City Students
Grades 6-12

ACWD

STUDENT

VIDEO CONTEST

CREATE VIDEOS ABOUT
WATER!



Win Prizes!

1st \$500

2nd \$250

3rd \$100

For contest info: www.acwd.org/waterclips



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BROKEN PROMISES ON PUBLIC SAFETY





UNION CITY COUNCIL BROKE ITS WORD TO TAXPAYERS ... NOW THEY WANT YOU TO TRUST THEM AGAIN?



A message from your firefighters

In 2016, voters were told that Union City's parcel tax would "keep all fire stations open".*

Voters did their part – the city council didn't. Instead, they closed Station 30.

Now the Council wants to try the same bait-and-switch with Measure U.

Politicians should keep their promises.

Your firefighters in Union City urge you to vote NO on Measure U.

keepunioncitysafe.org

*Official ballot argument, Measure QQ, 2016

Don't fall for the bait-and-switch! Keep government accountable

NO ON MEASURE U

Paid for by Alameda County Firefighters No on Measure U,
Sponsored by: International Association of Firefighters Local 55





SUBMITTED BY ROBERT MAGBANUA

Grab your capes and cowls and suit up for the 6th annual “Superhero 5K/10K Fun Run & Walk,” hosted by Union City Community and Recreation Services! This race celebrates the 13th anniversary of the Mark Green Sports Center in heroic fashion. The event is also dedicated to raising awareness for Parkinson’s Disease, and will highlight the resources and exercise classes that are available in Union City for anyone affected by the disease.

In addition to the race, there will be a costume contest, raffle prize drawing, and a Heroes & Villains challenge, all proceeds from which will benefit the Parkinson’s Foundation. Register at any Union City Community Center or online at www.active.com (search: Union City Superhero 6).

This is a race that the entire family can run. (Yes, even your dogs!) So, get your costumes ready and sign up today!

Superhero Fun Run & Walk
Sunday, Mar 1
8 a.m. – 12 p.m.
34009 Alvarado-Niles Rd., Union City
(510) 675-5600
www.active.com
Registration: \$25-45





OAKLAND ZOO





CONSERVATION
SOCIETY OF
CALIFORNIA

OAKLAND ZOO oaklandzoo.org

CASTRO VALLEY TOTAL SALES: 4						
Highest \$: 1,070,000		Median \$: 850,500				
Lowest \$: 735,000		Average \$: 876,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
3011 Barlow Drive	94546	735000	3	1020	1951	12/24/19
22689 Canyon Terrace Dr #4	94552	768000	4	1607	1997	12/24/19
19260 Buren Place	94552	933000	4	1887	2000	12/23/19
3054 Todd Court	94546	1070000	3	2629	1990	12/24/19
FREMONT TOTAL SALES: 13						
Highest \$: 2,340,000		Median \$: 954,000				
Lowest \$: 605,000		Average \$: 1,039,538				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39951 Fremont Blvd #121	94538	605000	2	1360	1987	12/23/19
40478 Gibson Street	94538	721000	3	925	1954	12/24/19
84 Zenith Common	94539	775000	0	0	012	23/19
4823 Phelan Avenue	94538	785000	3	1092	1959	12/23/19
3546 Dickenson Comm	94538	811000	2	1178	1997	12/26/19
3646 Independence Rd	94538	893000	3	1112	1954	12/26/19
2649 Barrington Terr	94536	954000	2	1376	1988	12/23/19
4510 Alameda Drive	94536	1010000	3	1347	1962	12/23/19
4684 Creekwood Dr	94555	1140000	3	1522	1987	12/26/19
720 Ridgeview Terrace	94536	1150000	3	1638	1988	12/26/19
401 Craycroft Drive	94539	1160000	3	1298	1964	12/24/19
4292 Eggers Drive	94536	1170000	3	2008	1958	12/23/19
41381 Danzon Court	94539	2340000	4	3310	2003	12/26/19
HAYWARD TOTAL SALES: 15						
Highest \$: 880,000		Median \$: 680,000				
Lowest \$: 488,000		Average \$: 674,300				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
676 Grand Terrace	94541	488000	2	1170	2003	12/24/19
1322 Mattox Road	94541	505000	2	1531	2005	12/23/19
1455 172nd Avenue	94541	525000	2	1221	1939	12/23/19
296 Rosewood Court	94544	580000	3	1549	1973	12/26/19
19918 Times Avenue	94541	600000	3	1182	1951	12/24/19
997 Major Avenue	94542	662500	3	1430	1951	12/23/19
462 Smalley Avenue	94541	675000	3	1730	1958	12/24/19
24260 Broadmore Ave	94544	680000	3	1394	1955	12/26/19
2664 Bal Harbor Lane	94545	685000	3	1392	1956	12/23/19
659 Briergate Way	94544	745000	3	1540	1958	12/24/19
24843 Calaroga Avenue	94545	750000	1	1215	1959	12/24/19
256 Loverin Court	94544	770000	4	1711	1992	12/24/19

24030 Grand Street	94541	782000	2	1464	1963	12/23/19
28086 Thorup Lane	94542	787000	3	2168	1987	12/24/19
3430 Eureka Court	94542	880000	3	1808	1979	12/23/19
MILPITAS TOTAL SALES: 3						
Highest \$: 970,000		Median \$: 516,000				
Lowest \$: 390,000		Average \$: 625,333				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
456 Dempsey Rd #259	95035	390000	1	676	2007	1/8/20
1106 North Abbott Ave	95035	516000	2	863	1979	1/6/20
1562 Braly Avenue	95035	970000	3	1196	1960	1/10/20
NEWARK TOTAL SALES: 5						
Highest \$: 1,010,000		Median \$: 590,000				
Lowest \$: 320,000		Average \$: 619,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6437 Potrero Drive	94560	320000	2	1627	1990	12/24/19
6174 Civic Terrace Ave #B	94560	520000	2	890	012	24/19
39997 Cedar Blvd #153	94560	590000	3	1283	1985	12/23/19
37143 Ash Street	94560	655000	2	726	1954	12/23/19
8375 Sandy Cove Way	94560	1010000	3	1841	2018	12/24/19
SAN LEANDRO TOTAL SALES: 5						
Highest \$: 589,000		Median \$: 475,000				
Lowest \$: 375,000		Average \$: 478,800				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1490 Thrush Ave #30	94578	375000	2	749	1994	12/24/19
1540 Oriole Avenue	94578	435000	2	1073	1922	12/24/19
2511 Outrigger Dr #108	94577	475000	2	1033	1986	12/23/19
2292 Transom Way	94577	520000	0	1125	1978	12/23/19
137 Savoy Way	94577	589000	0	1723	1978	12/24/19
SAN LORENZO TOTAL SALES: 3						
Highest \$: 745,000		Median \$: 708,000				
Lowest \$: 665,000		Average \$: 706,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1851 Bockman Road	94580	665000	3	1078	1954	12/23/19
1503 Via Lobos	94580	708000	3	1287	1955	12/24/19
16074 Via Conejo	94580	745000	5	1455	1944	12/24/19
UNION CITY TOTAL SALES: 2						
Highest \$: 870,000		Median \$: 780,000				
Lowest \$: 690,000		Average \$: 780,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2649 Mallard Court	94587	690000	3	1392	1975	12/26/19
33125 Condor Drive	94587	870000	4	1544	1975	12/24/19

Home Sales Report



MFMII SHOWCASE CONCERT 2020

Music Makes The World Go ‘Round!’

SUBMITTED BY CAROL ZILLI

“Music Makes the World Go ‘Round,” and the nonprofit Music for Minors II (MFMII) will make that happen at their Children’s Showcase 2020 on Friday, February 21. Over 300 children from local schools will perform in this celebration of children, music, and community.

The concert will include performances by Taiko Drumming, the Fremont Youth Symphony Orchestra and

the Virtuoso International Flute Ensemble, community partners with MFMII. The MFMII Kids Choir will also share their musical talent, having previously at Niles Rotary, American Business Women Association, and League of Volunteers Newark events. Children will sing in different languages, including signing their songs, and will use unique musical instruments directed by volunteer music docents trained by MFMII.

Music for Minors II is a nonprofit music enrichment program that has been keeping music in local schools, in spite of budget cutbacks, since 1988. The MFMII mission

is to nurture the love and literacy of music in children’s classrooms and lives by recruiting, training, and supporting community volunteers such as parents, seniors, musicians, businessmen and women, and the community at large. Volunteers reach about 5,000 children with weekly music lessons that reinforce their curriculum in Fremont, Newark, and Castro Valley Unified School Districts private schools, and extended day care centers in Dublin and Pleasanton.

The Children’s Showcase enables children to share their musical talents with others and gain self-confidence while uniting with children from other schools in a unique performance opportunity, sponsored by MFMII with support from community sponsors, especially Fremont Bank and Intero Foundations.

Love music? Love seeing and hearing 300+ children in song? Want to be inspired and uplifted? Mark your calendar and get your tickets to this event for the whole family. Visit www.musicforminors2.org, call (510) 733-1189 or email info@musicforminors2.org. Tickets also sold at the door. Children under 12 attend for free!

Children’s Showcase 2020

Friday, Feb 21

7 p.m.

Harbor Light

4760 Thornton Ave., Fremont

(510) 733-1189

www.musicforminors2.org

Ohlone College Scholarships

The Ohlone College Foundation awards many scholarships to help students like you meet your educational goals. Each year, the scholarship application period opens February 1 and closes on March 31. There are many different scholarships available to incoming high-school seniors, continuing Ohlone College students, and students transferring from Ohlone College to a 4-year institution.

A common myth is that only students with straight-A’s, or those in extreme financial need, can receive a scholarship. But, it’s not true! We have a wide variety of scholarships available, and most students will find something they qualify for.

There are many general scholarships, as well scholarships with specific objectives such as ones for certain majors, qualities such as leadership, being a first-generation college student, and more. Though some scholarships may target academic performance or financial need, those are not the main prerequisites – what’s important is that in your application you demonstrate that investing in you will make a difference in our community. The majority of scholarships require full-time enrollment (12 units per semester), though some are available to students enrolled in 6 units or more, per semester.

All scholarships require a letter of recommendation from an Ohlone College faculty or staff member, so we encourage you to start your application early in the application period. You won’t have very good luck obtaining a recommendation letter if you ask two days before the deadline!

Ohlone College scholarships

Apply: February 1 – March 31

Incoming Ohlone students, apply here:

<https://ohlone.awardspring.com/prospective/signin>

Current Ohlone students, apply here:

<https://ohlone.awardspring.com>.

Student story contest raises awareness for animal welfare

SUBMITTED BY KARIN CONN

Palo Alto Humane Society invites 7th and 8th grade students in San Mateo and Santa Clara counties to become Ambassadors of Compassion by writing a fiction or nonfiction story on the theme of animals and people helping each other. There are many ways that animals help people such as companionship, therapy and healing, safety and rescue, support for soldiers, and helping on the farm. Plus, people help animals in return. Stories submitted should illustrate a sense of kindness in their characters.

The winning author will receive a monetary prize of \$500 and two runner-up winners will receive \$200 each. The winning stories will be published by Palo Alto Humane Society (PAHS). They will join PAHS’ library of stories about animals and kindness and will be a highlight of PAHS’ 2020 Creating Compassionate Communities campaign.

Competition guidelines and submission form can be found at www.paloaltohumane.org or <http://bit.ly/37axsu8>.

The submission deadline is March 31, 2020.

Toastmasters to share public speaking tips

SUBMITTED BY VENUS LIEU-SCHEURICH

Castro Valley Toastmasters is busy preparing an open house and potluck dinner for members and guests. During the event, members will compete utilizing the public speaking skills they have learned in Toastmasters for prepared and impromptu speeches.

Anyone who is curious about Toastmasters or interested in what Toastmasters can do for them, is invited to attend the event, slated for 6:45 p.m. to 8:30 p.m. on Tuesday, February 25 at Baywood Court Retirement Community in Castro Valley. Admission is free. For more club details, visit their website at <https://961.toastmastersclub.org/>.

Toastmasters potluck

Tuesday, Feb 25

6:45 p.m. – 8:30 p.m.

Baywood Court Retirement Community

21966 Dolores St., Castro Valley

<https://961.toastmastersclubs.org>

Are you ready to vote?

SUBMITTED BY NISSA NACK

For Tri-City residents who aren’t sure about candidates or measures on the upcoming March 3 California Presidential Primary election, there is help available.

League of Women Voters of Fremont-Newark-Union City is holding an informational “Primary 2020, Are You Ready” community meeting to help voters become acquainted with the issues and candidates before they visit the voting booth. Topics covered will include:

- Why should I vote?
- How do I vote?
- What are we voting on?

The meeting is set for 6:30 p.m. Thursday, February 27 in the Union City Library. Admission is free and open to the public. For details, call (510) 745-1464.

Voter information meeting

Thursday, Feb 27

6:30 p.m.

Union City Library

34007 Alvarado-Niles Rd.,

Union City

(510) 745-1464

<https://guides.aclibrary.org/union-city>



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SUPER TUESDAY

WHO IS VOTING?
The states holding their primaries on Super Tuesday are shaded. Draw a line from the name of each state to where it is located on the U.S. map at right.



KID SCOOP DICTIONARY
primary election – an election that chooses a political party's candidate for office. The winning candidates from each party will compete against each other in the general election.

**Not shown on map: American Samoa will also hold caucuses on Super Tuesday.*

Replace the missing words.

WHO WILL BE PRESIDENT?

The **primary election** season is heating up as candidates try to become the next _____ of the United States.

This year, **Republicans** will work to see Donald J. Trump re-elected for a _____ term as president.

Meanwhile, **Democrats** will cast their _____ for the person they think can defeat President _____.

Decide SECOND VOTE CITIZENS PRESIDENT ELECTION WIN

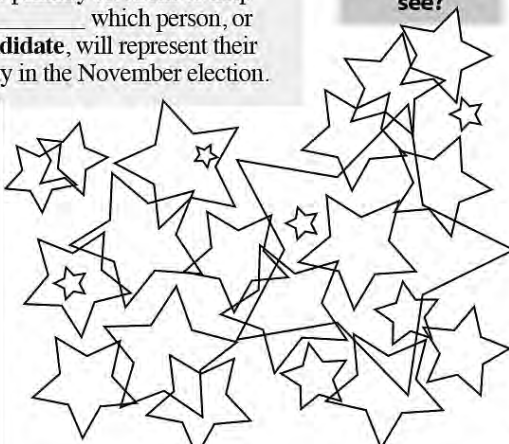
Trump in the fall and _____ back the White House for their party.

The U.S. Constitution calls for American _____ to elect a president every four years. The _____ takes place in November.

Republicans and Democrats hold primary elections to help _____ which person, or **candidate**, will represent their party in the November election.

Where does the president of the United States live?
Circle your guess. Then do the math to see if you are right. The even-numbered photo shows the White House.

How many stars do you see?



4 + 2 + 4 + 3 + 6 =

5 + 5 + 5 + 5 + 4 =

4 + 6 + 6 + 3 + 4 =

7 + 2 + 3 + 6 + 5 =

Photos: rps.gov, whitehouse.gov

Extral Extra!

Candidate Search

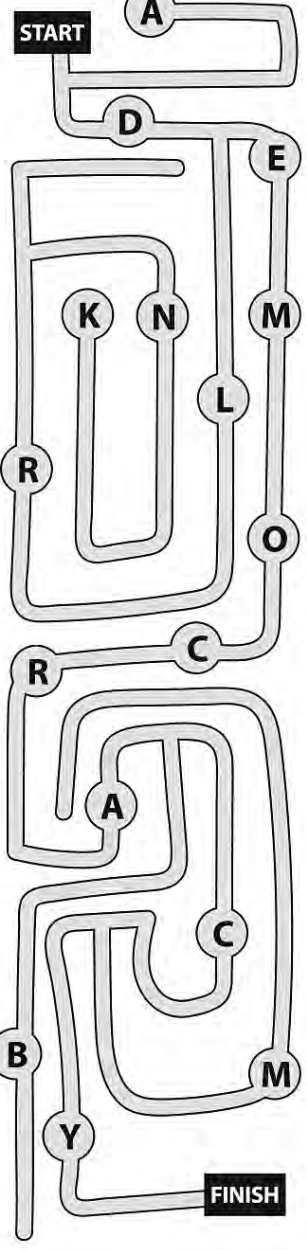
Look through the newspaper and find the names of people running for public office. On a piece of paper, write down each name and the office they wish to represent. Can you discover which political party each candidate represents?

Standards Link: Research: Use the newspaper to locate information.

 **Kid Scoop Together**

The right to vote makes our form of government in the United States a _____

To find the word that goes in the blank, write down each letter you pass along the correct path of the maze.



Election Words to Know

As you read more about elections in the news, it is good to know the meanings of the words you will read and hear.

Candidate: a person running for office

Election: the process of choosing a leader by voting

Caucus: the process where people come together to discuss and vote for a candidate

Kid Scoop Puzzler

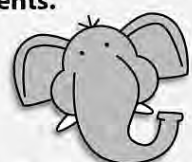
What do donkeys and elephants have to do with elections?

Donkeys and elephants have long been the symbols of the two biggest political parties in the United States, thanks to a cartoonist named Thomas Nast. In the 1870s, Nast drew a donkey to represent one party and an elephant to represent the other in cartoons for *Harper's Weekly* magazine.

Unscramble the letters to see which party each animal represents.



TRACMODE



EARPBUCNLI

Standards Link: Civics: Know the meaning of various American symbols.

Double Double Word Search

CANDIDATE REPRESENT FEBRUARY CAUCUSES CITIZENS PRIMARY WEEKLY ELECT PARTY FOUR CAST VOTE TERM WORK NAST

Find the words in the puzzle. How many of them can you find on this page?

R	Y	Y	V	P	A	R	T	Y	C
E	R	L	O	F	C	T	R	S	A
P	A	K	R	O	W	A	N	T	U
R	M	E	E	U	U	E	S	V	C
E	I	E	P	R	Z	A	O	T	U
S	R	W	B	I	N	T	R	E	S
E	P	E	T	C	E	L	E	R	E
N	F	I	I	M	A	R	Y	M	S
T	C	A	N	D	I	D	A	T	E

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE  **LESSON LIBRARY**

What do you think?

Look through today's newspaper for an article about a problem you think needs to be solved. Write a letter to the candidates asking them for their solutions. Tell them your ideas.

Standards Link: Writing Applications: Students write to influence and request.

Which state has the best grades?

ANSWER: Alabama: It has four A's and one B!

Write On! 

You're the Candidate

Pretend you have been chosen for president of your class. What would you like to happen in your class that would make it a better place to learn?

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DISCOVERY LUNCHEON

Learn about Assisted Living and more.
Thursday, February 27 • 11:30am–1:30pm

We invite you to thrive with us, and see for yourself what life is really like at Fremont Hills. Do you have questions about levels of care, health coverage and costs? Would you like to learn what Assisted Living communities offer such as physician care, therapy services and more? Navigating senior living options doesn't have to be overwhelming. Bring your questions and join Executive Director Joan Newman and her expert team for a fact-filled overview and informative Q&A session so you can plan your best future. Enjoy a delicious, chef-prepared lunch and get the clarification you need.

Seating is limited. Please RSVP to 510-796-4200 by February 23.

MENU:

Selection of
Artisan Breads

Vegetarian Gumbo

Chef's Choice Desserts

Assorted Beverages



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League of Women Voters Fremont-Newark-Union City

Time to Celebrate! The League of Women Voters Is Turning 100 This Year!

To commemorate this auspicious occasion, we're inviting you and the community to a 100th Anniversary Celebration and Open House. It will feature food, fun, music, information on the work of the League, dignitaries and so much more. You won't want to miss this!

When: February 23, 2020
Time: 2:00 to 5:00 p.m.
Where: Artist's Walk, 3888 Artist Walk Common,
Fremont

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

Living Well

MASONIC HOMES OF CALIFORNIA MASONICHOME.ORG • FEB. 2020

TOP
WORK
PLACES
2019

BayArea
NewsGroup

LIFTING SPIRITS— AND LOTS OF WEIGHT

Octogenarian Masonic Homes resident Paul McCuiston is a champion weightlifter.

PAUL MCCUISTION is direct and matter of fact about most things. So when you ask the 84-year-old how, in the space of just a single year, he went from having a heart attack and using a wheelchair to setting world records for weightlifting, he's characteristically blunt. "Determination, I guess," he says.

For all his physical prowess, McCuiston's mental turnaround has been as remarkable as his feats of strength. And, this February, as the Masonic Homes of California recognizes American Heart Month, it's a reminder of both the profound risk of heart disease—the number one killer in America—and also our own abilities to push back.

For McCuiston, it started when the former treasury agent suffered a heart attack in 2013. By the time he moved into the Masonic Homes campus in Union City in 2017, he was using a wheelchair and "could hardly take two or three steps," he says. "I was



At 84, Paul McCuiston is a champion weightlifter.

in pretty rough shape. It was kind of like, 'Either get up or die.' So I decided to get up."

Using the campus gym, McCuiston started working out and getting fit. The turnaround was rapid. So much so that by 2018, a fellow Homes resident

who was involved in powerlifting invited him to come to his gym and try out some heavier weights. With no special training or practice, McCuiston, at age 83, deadlifted 226 pounds—unofficially, a world record for his age. A few months later, he was invited to his first lifting competition, held in Napa by the World Association of Bench Pressers and Deadlifters. As a complete amateur, he set records for his age in the bench press, deadlift, and a combined contest.

Since then, McCuiston has competed in another half-dozen events, setting even more age records. "I've had some humbling experiences doing this," he says. "People come up to me and say, 'My God, how do you do it? My dad can't lift that and he's half your age.'"

While his experience is extreme, it underscores the importance of exercise—for the body, of course, but also for the mind. Reflecting

on his lowest moments in the wake of his heart problems, when McCuiston had lost more than 50 pounds off his muscular 6-foot-1, 220-pound frame, he describes his diminished physicality as a spiritual burden. "People asked if I was depressed, and I was. You're looking in the mirror and you're just skin and bones. But I was able to get back and get myself in shape."

For others, heart-healthy exercise routines can be less intense. The National Heart, Lung, and Blood Institute recommends forming a walking group with friends or enrolling in an exercise class with neighbors, along with eating healthier and tracking your weight and blood pressure.

For McCuiston, the next step is to make history. With his 85th birthday coming up, he says he'll be able to compete in a new age category this year—meaning a whole new set of records to break. ♦



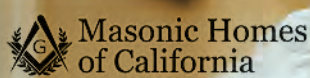
JOIN THE MASONIC HOMES OF CALIFORNIA NURSING TEAM!

The Masonic Homes of California is currently hiring RN, CNA, LVN, and RN supervisor team members. Named by the Bay Area News Group as a 2019 Top Workplace, we empower staff to provide excellent care while learning new skills necessary to enhance their clinical knowledge.

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- Full health benefits • Matching 401k plan
- Competitive salaries • Welcome bonuses

Apply now at masonichome.org/careers



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masonichome.org/Transitions

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acaciacreek.org



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5:00 pm DOORS OPEN – Flashboard games begin
 6:30 pm 4 WARM-UP BINGO GAMES \$150 prize
 7:00 pm 15 REGULAR BINGO GAMES \$300 - \$400 prizes

FLASHBOARD GAMES pay as much as **\$1,199**

WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church
 32975 Alvarado Niles Rd, Union City t: 510-471-2581



\$ = Entrance or Activity Fee

R= Reservations Required

Schedules are subject to change.

Call to confirm activities shown in these listings.



CONTINUING EVENTS

Saturdays - Sundays, Jan 4 - Feb 29

Wild Wonders

2 p.m. - 3 p.m.

Games, activities, crafts for all ages

Sunol Regional Wilderness

1895 Geary Rd., Sunol

(510) 544-3249

www.ebparks.org

Thursday - Sunday, Jan 7 - Mar 31

Animal Feeding \$

3 p.m.

Check for eggs, feed animals hay. Meet at Chicken Coop

Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont

(510) 544-2797

www.ebparks.org

Mondays, Jan 13 - Mar 30

Job Lab

12:30 p.m. - 3:00 p.m.

One-on-one help for job seekers

Castro Valley Library

3600 Norbridge Ave., Castro Valley

(510) 667-7900

www.aclibrary.org

Monday - Friday, Jan 17 - Mar 6

Celebrate Women

9 a.m. - 5 p.m.

Collaboration of artists, musicians and writers.

John O'Lague Galleria

777 B St., Hayward

(510) 538-2787

www.haywardartscouncil.org

www.nlapw.org

Friday, Jan 24 - Monday, Mar 16

31st Children's Book Illustrator show

Fri - Sun: 1 p.m. - 5 p.m.

Exhibit of children's book illustrations

Sun Gallery

1015 E. St., Hayward

(510) 581-4050

<http://sungallery.org/>

Saturday - Thursday, Jan 28 - Apr 7

Explosions of Color

During library hours

Display of 12 paintings by Winnie Thompson

Castro Valley Library

3600 Norbridge Ave., Castro Valley

(510) 667-7900

www.aclibrary.org

Monday - Sunday, Jan 31 - Feb 28

Variety is the Spice of Life

During business hours

Art pieces by Jaci Daskarolis

Mission Coffee Roasting House

151 Washington Blvd., Fremont

(510) 474-1004

Saturdays, Feb 1 - Apr 11

Free Tax Preparation

1 p.m. - 4 p.m.

For households earning \$56,000 or less

Photo ID and tax documents required

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1421

www.aclibrary.org

Sunday - Saturday, Feb 1 - Mar 27

Studio 820

During library hours

SLZ Adult School watercolor class exhibit

San Leandro Main Library

300 Estudillo Ave., San Leandro

(510) 577-3971

www.sanleandro.org/depts/library/default.asp

Arts & Entertainment



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm

Fri & Sat. 11am - 11pm

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LIVE MUSIC/Dancing

Friday & Saturday 9pm - Midnight

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 Paul's 7 Month Brisket,
 and Homemade Cornbread,
 Sauces and Pies!**

SUNDAY

Football Brunch

**\$1 Mimosas,
 New breakfast skillet,
 and breakfast burrito!**

Happy Hour

Mon.-Fri 2pm-6pm

**Great Prices
 Appetizers
 and Drinks**

WEEKDAY LUNCH SPECIALS

Mon - Fri 11am - 2pm \$13.99 each

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Hot Link & Chicken Combo

Pulled Pork & Brisket Combo

Chicken and Bratwurst Combo

Chicken and Pulled Pork Combo

Pulled Pork & Hot link Combo

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510-713-1854

www.smokingpigbbq.net

3340 Mowry Ave., Fremont

BINGO

Fraternal Order Of Eagles 1139

Thursday is - BINGO

**Doors open 4pm
 Games Start 6:30pm**

More Info: 510 676-3314

21406 Foothill Blvd., Hayward

I need a Forever Home

Snowball is a happy-go-lucky, 9 years young Bichon Frise with curly white fur and big brown eyes. He's super friendly and, as you can see, he likes to play dress up. Snowball is easy going and likes other dogs. He'd do best in a home with teens and older. Meet Snowball at the Hayward Animal Shelter.



Mercedes is an 8 years young pit bull mix who thinks she's still a puppy! She has tan and white fur and a big, goofy smile. She enjoys people, toys, attention, dressing up and being around other dogs. Since she's active, she'd do best in a home with older kids. Meet Mercedes at the Hayward Animal Shelter.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter

510-293-7200

16 Barnes Court (Near Soto & Jackson)

Hayward

Tuesday - Saturday 1pm - 5pm



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Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center

Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro

Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County

Renew books by phone
(510) 790-8096

For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org/book-
mobile

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday

12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
SAN LEANDRO
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops

Renew books by phone

(800) 471-0991

For more information
(408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Wednesdays & Thursdays, Feb 5 - Apr 15

AARP Tax Assistance R
10 a.m. - 1 p.m.
Free tax preparation and e-filing. Call for appt.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
(510) 608-1155
https://guides.aclibrary.org/castro-valley

Fridays - Sundays, Feb 7 - Mar 1

Steel Magnolias \$
Fri. & Sat. 8 p.m., Sun. 2 p.m.
Comedy-drama about the bond among a group of Louisiana women
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Monday - Saturday, Feb 8 - Mar 14

New Members and Emerging Artists and Six by Two Exhibit
Mon - Wed: 11 a.m. - 8 p.m.; Thurs - Sat: 10 a.m. - 5 p.m.
Photography, mixed media, digital print, watercolor
Hayward Main Library
888 C St., Hayward
(510) 881-7980
www.haywardartscouncil.org

Monday - Friday, Feb 11 - Mar 31

The Artist Within 3
8:30 a.m. - 4:00 p.m.
Original art by adults with special needs
Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766
www.haywardrec.org

Sundays, Feb 16 - Apr 5

Dove Gallery “Creation: Art of Nature” Exhibit
12 noon - 3 p.m.
Nature artwork in various media and styles
Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
(408) 464-5011
dove@parkvictoria.org

Friday - Sunday, Feb 21 - Mar 8

Black Comedy \$
Fri - Sat: 8 p.m. Sun: 2 p.m.
Lovesick sculptor embellishes his apartment with “borrowed” items from his neighbor
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtOnline.org

Thursday - Sunday, Feb 22 - Mar 21

Colors of Compassion by Bhavna
12 noon - 5 p.m.
Contemporary California landscapes
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Wednesdays, Feb 26 - Mar 25

Tools For Change \$
6 p.m. - 9 p.m.
Prevention/intervention techniques for parents of teens
Searles Elementary School
33629 15th St., Union City
(510) 471-2772
(510) 427-5419

Thursdays, Feb 27 - Apr 2

Spiritual Guides for Today \$R
1:00 p.m. - 2:30 p.m.
The Universal Christ – 6-part series. Register by 2/25
Dominican Sisters of Mission San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
http://bit.ly/2020_RohrUC

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/
Saturday nights
8 p.m.
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

EL DORADO RESTAURANT

\$1.00 Tacos

Lunes
Monday

Martes
Tuesday

Miercoles
Wednesday

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Thursday

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Friday

Sabado
Saturday

Sunday
Domingo

Higado
Liver

Pollo
Chicken

Carnitas
Fried Pork

Cabeza
Beef Head

Buche
Pork Stomach

Pastor
Spicy Pork

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Green Pork

Sunday Buffet

FRESH HAND MADE CORN TORTILLAS,
MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS,
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Monday 10 - 8
Tuesday - Friday 10 - 9
Saturday 9 - 9
Sunday 9 - 8

Authentic Mexican Food and Beer

El Dorado Restaurant

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corner of Grand and Winton

386 Winton Ave. Hayward

THIS WEEK

Wednesday, Feb 19

Wednesday Walk
9:30 a.m. - 1:00 p.m.
Moderate 4.5-mile trail hike. Meet at marina
Lake Chabot
17600 Lake Chabot Rd.,
Castro Valley
(888) 327-2757
www.ebparks.org

Wednesday, Feb 19

Toddler Time
10:30 a.m. - 11:45 a.m.
Hear a story, do some chores, meet farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Feb 19

Black Arts Festival
3 p.m. - 7 p.m.
Art, music, food, community
Chabot Planetarium
25555 Hesperian Blvd, Hayward
www.chabotcollege.edu
(510) 723-6600

Wednesday, Feb 19

Black Family Expo
5 p.m. - 8 p.m.
Arts and crafts, storytelling, drumming, speakers, vendors
Cherryland Elementary School
456 Laurel Ave., Hayward
(510) 723-3810
https://cld-haywardusd-ca.school-loop.com

Wednesday, Feb 19

Community Engagement and Resource Fair
9:30 a.m. - 12:30 p.m.
Learn about available resources for adults ages 55+ and their families
Cottonwood Place
3701 Peralta Blvd, Fremont
(510) 574-2050

Wednesday, Feb 19

Central Commons - Home Buyer Orientation
6 p.m.
Learn about this 19-unit development for first-time home buyers
Fremont Main Library Fukaya Room
2400 Stevenson Blvd., Fremont
(510) 574-2063
www.aclibrary.org

Wednesday, Feb 19

Science is Fun
4 p.m. - 5 p.m.
Students in grades 1-4 learn about color theory
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Thursday, Feb 20

Film Screening & Discussion: Last Black Man in San Francisco
12 noon - 2 p.m.
Honoring Black History Month. Room 119
Chabot College Library
25555 Hesperian Boulevard,
Hayward
(510) 723-6600
www.chabotcollege.edu

Thursday, Feb 20

Manage Your Email
1 p.m.
Learn email basics, how to identify and handle suspicious emails
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464
www.aclibrary.org

Thursday, Feb 20

Hayward Nonprofit Alliance Meeting
10 a.m.
Alfredo Matthew talks about increasing social impact for non-profits
Sherman L. Balch Pavilion - St. Rose Hospital
27190 Calaroga Ave., Hayward
www.hayward.org

Thursday, Feb 20

East Bay Stompers Band
7 p.m. - 9 p.m.
Dixie, swing and standards music
Bronco Billy's Pizza - Irvington
41200 Blacow Road, Fremont
(510) 438-0121
(510) 914-7304

Thursday, Feb 20

Pancit with the Police
3 p.m. - 5 p.m.
Meet, greet and enjoy chatting with police officers
Seafood City
24536 Hesperian Blvd., Hayward
(510) 293-5051

Friday, Feb 21

Toddler Ramble: Let's Stay in Touch \$
10:30 a.m. - 11:15 a.m.
Kids 1 to 3 explore sensory play
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Friday, Feb 21

MFMII Showcase Concert 2020 \$
7:00 p.m. - 8:30 p.m.
Children from local schools come together: singing, taiko drumming
Harbor Light Church
4760 Thornton Ave., Fremont
(510) 744-2216
www.musicforminors2.org/showcases

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Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

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Fri & Sat. 11am -11pm

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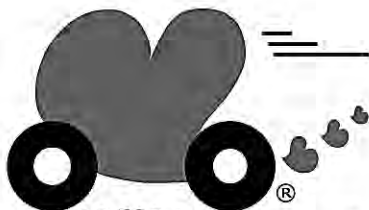
ANY X-LARGE PIZZA \$3 OFF
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www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

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The Alameda County Library
Education and Literacy Services
510-745-1480
www.aclibrary.org**

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**Get our App and you will always know
what is happening. We also have the
back issues archived**

Friday, Feb 21 - Sunday, Feb 23

Friends of the Library Book Sale

Fri: 7 p.m. - 9 p.m. Sat: 10 a.m. - 3 p.m. Sun: 12 noon - 3 p.m.

Books, books, and more books (members only Friday)

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Feb 22
Septura Brass Septet \$
 7:30 p.m.
*London's new generation of leading
 brass musicians perform*
 Cal State East Bay, Music Building
 25800 Carlos Bee Blvd, Hayward
 (510) 885-3461
csueastbaytickets.com

Saturday, Feb 22
Birding For Beginners
9 a.m. - 11 a.m.
Tips and tricks on how to spot birds
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturday, Feb 22

Saturday Stroll

10 a.m. - 12 noon

Moderate 3.5-mile hike exploring beautiful and diverse areas of the park

Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Saturday, Feb 22
Fabulous Fishing Fun \$R
 11 a.m. - 2 p.m.
Basic instruction baiting, casting, catching. Ages 6+
 Hayward Shoreline Interpretive Center
 4901 Breakwater Ave., Hayward
 (510) 670-7270
www.haywardrec.org/hayshore.html

Saturday, Feb 22
Rabbit Rendezvous
 10:30 a.m. - 11:00 a.m.
*Learn why rabbits are great hoppers
 and how they use their long ears*
 Ardenwood Historic Farm
 34600 Ardenwood Blvd., Fremont
 (510) 544-2797
www.ebparks.org

Saturday, Feb 22
Corn Mosaics
 1:00 p.m. - 2:30 p.m.
Make a craft using harvested Indian corn
 Ardenwood Historic Farm
 34600 Ardenwood Blvd., Fremont
 (510) 544-2797
www.ebparks.org

Saturday, Feb 22
Native Knowledge Nature Walk
 2:00 p.m. - 3:30 p.m.
Learn about plants, animals and game the Ohlone people enjoyed. Ages 7+
 Coyote Hills
 8000 Patterson Ranch Rd., Fremont
 (510) 544-3220
www.ebparks.org

Saturday, Feb 22
Walking History Tour
11:30 a.m. - 12:30 p.m.
*Learn what life was like on the farm
100 years ago*
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Feb 22
Cart of Curiosities
 9:00 a.m. - 10:30 a.m.
*Find the cart filled with wonders of
 cultural and natural history*
 Coyote Hills
 8000 Patterson Ranch Rd., Fremont
 (510) 544-3220
www.ebparks.org

Saturday, Feb 22
Chicago The Tribute \$
 7:30 p.m.
Nine musicians recreate the sound of the legendary band Chicago
 Castro Valley Center for the Arts
 19501 Redwood Rd., Castro Valley
 (510) 889-8961
www.cvartsfoundation.org

Fremont Friends of the Library
Fremont Main Library, in the Fukaya Room
2400 Stevenson Blvd., Fremont, CA 94538

BOOK SALE

FEBRUARY 21, 22, & 23, 2020

Member Night – First Pick Advance Sale

- Friday, February 21: 7-9 pm

*Memberships Available at the Door
\$10 Annually per individual or Family*

Open to All

- Saturday, February 22: 10 am - 3 pm
- Sunday, February 23: 12-3 pm

*Clearance Sunday:
Only \$5 per paper grocery bag!
(Does not include DVDs and CDs)
Bag size not to exceed 14"high x 12"wide x 7"deep*

**Books \$1 per inch stocked.
Some items are individually priced.**

*We accept cash & checks only.
No credit cards. No \$100 bills.*



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- Handicraft Books

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This handsome boy isn't
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a purebred German
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a family committed to
his training and energy.



Jules, about 3
months old, a
beautiful kitten
longing for a
forever home.



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TricityAnimalShelter.org

1950 Stevenson Blvd • Fremont CA • 94538

Tuesday - Friday 12- 5pm • Saturday 11am - 4pm

510-790-6630

Connect @TriCityAnimals

Saturday, Feb 22
Movie Night: Celebrating Harold Lloyd \$
7:30 p.m.
"Girl Shy", with shorts "I'm On My Way" and "Number, Please?"
Niles Essanay Theater
37417 Niles Blvd., Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Feb 22
Sewing Maker Workshop
10:30 a.m. - 12:30 p.m.
Learn sewing skills and make small blankets
Centerville Library
3801 Nicolet Ave., Fremont
(510) 795-2629
www.aclibrary.com

Saturday, Feb 22
Fremont Area Writers
2 p.m. - 4 p.m.
Astronomical historian Robert Garfinkle
42 Silicon Valley
6600 Dumbarton Circle, Fremont
cwc-fremontareawriters.org

Saturday, Feb 22
Open Wide Our Hearts - Addressing Racism in our City R
9:30 a.m. - 12:00 noon
Coordinator Sr. Elaine Sanchez
Dominican Sisters of Mission San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
http://bit.ly/2019OpnWdHrts

Saturday, Feb 22
Flea Market
9 a.m. - 2 p.m.
Clothing, jewelry, books, toys, household goods, appliances
Hill and Valley Clubhouse
1808 B St., Hayward
(650) 245-8473

Saturday, Feb 22
Storytime with Mary-Ellen
11 a.m.
Reading "Pig the Pug" and "Thelma the Unicorn"
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Feb 22
Book Signing by Erica Etelson
5 p.m. - 6 p.m.
Author will talk about her new book Beyond Contempt
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Feb 22
Native Garden Tour Plant Sale
10 a.m. - 4 p.m.
Knowledgeable staff will help you select plants for your garden
Green Thumb Works
20095 Mission Blvd., Hayward
www.bringingbackthenatives.net

Saturday, Feb 22
Expanding Your Perspective Through Tarot
1 p.m. - 4 p.m.
Join practical-mystic Amber Jayanti in a game using tarot cards
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Sunday, Feb 23
Gorgeous Goats
1:30 p.m. - 2:30 p.m.
Help with exercising and grooming the goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 23
Victorian Table Top Games
11:30 a.m. - 12:30 p.m.
Play a game of ball and cup, tops, or Jacob's Ladder
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 23
Wake Up the Farm
10:30 a.m. - 11:00 a.m.
Help prepare a snack for the sheep and goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Feb 23
Native California Plant Uses
10:00 a.m. - 11:30 a.m.
Take a short walk and learn how Native Californians use plants.
Ages 15+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Feb 23
Gala Celebrating the Arts \$
1 p.m.
Music for Minors II, Tru Dance, Salvador Vasquez and his Mexican harp, The Dream Achievers Band
Thornton Jr. High, Multi-Use Auditorium
4357 Thornton Ave., Fremont
(510) 659-2542
www lov.org

Sunday, Feb 23
League of Women Voters 100th Anniversary and Open House
2 p.m. - 5 p.m.
Food, music, information on the League's work
Artist Walk, Fremont
3888 Artist Walk CMN., Fremont
(510) 794-5783
setsamann@pacbell.net

Sunday, Feb 23
Climate Change – Impacts and Solutions
2 p.m. – 3 p.m.
Learn the basics about climate change
IOOF Hall
950 B St., Hayward
(510) 581-9667
www.HaywardLodge.org

Monday, Feb 24
Outdoor Discoveries: Frog and Toad R
10:30 a.m. - 12 noon
Preschool and home school nature series. Ages 4-8
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday, Feb 24
Coyote Cubs: Fungi February
10:30 a.m. - 11:30 a.m.
Play games, explore the park, do a craft
Coyote Hills
8000 Patterson Ranch Rd, Fremont
(510) 544-3220
www.ebparks.org

Monday, Feb 24
Milpitas Rotary Club Meeting
12 noon - 1:15 p.m.
Speakers from Next Generation Nations
Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
http://www.clubrunner.ca/milpitas

Monday, Feb 24
Community Presentation: Gang Awareness
6:00 p.m. - 7:30 p.m.
Partnership with UC Police and UC Youth & Family Services. In Spanish
Union City Family Center
725 Whipple Rd, Union City
(510) 471-5363
www.unioncity.org

Tuesday, Feb 25
Weekday Bird Walk
7:30 a.m. - 9:30 a.m.
Bring water, binoculars, sunscreen. Meet at Isherwood Staging Area. 12+
Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
www.ebparks.org

Tuesday, Feb 25
Ayurveda Workshop
6:30 p.m.- 8:30 p.m.
Handy home remedies for health imbalances
India Community Center
525 Los Coches St., Milpitas
(408) 934-1130
www.indiacc.org

Tuesday, Feb 25
Black Scholars Family Night
6 p.m. - 8 p.m.
Celebration for students with a 3.0 GPA or higher
Chabot College, Event Center
25555 Hesperian Blvd., Hayward
www.chabotcollege.edu

Tuesday, Feb 25
Toastmasters Open House and Potluck
6:45 p.m. - 8:30 p.m.
Enjoy public speaking and food
Baywood Court
21966 Dolores St., Castro Valley
http://961.toastmastersclubs.org/

Tuesday, Feb 25
AC Transit Community Meeting
4:30 p.m. - 7:30 p.m.
Learn about proposed bus transit service changes in Fremont and Newark
Centerville Library
3801 Nicolet Ave., Fremont
(510) 795-2629
actransit.org/redesignfremontnewark

Tuesday, Feb 25
CTE Program Showcase
6:30 p.m. - 8:00 p.m.
Career training classes for students
Mission Valley ROP
5019 Stevenson Blvd., Fremont
(510) 795-2244
www.mvrop.org

Wednesday, Feb 26
Ash Wednesday Day of Prayer \$R
9 a.m. - 3 p.m.
Contemplative prayer, distribution of ashes, personal time to reflect. Register by 2/19
Dominican Sisters of Mission San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
http://bit.ly/2020AWDayofPryr

Wednesday, Feb 26
AC Transit Community Meeting
4:30 p.m. - 7:30 p.m.
Learn about proposed bus transit service changes in Fremont and Newark
Newark Community Center
35501 Cedar Blvd., Newark
(510) 742-4437
actransit.org/redesignfremontnewark

Friday, Feb 28
Colors of Compassion by Bhavna: Opening Reception
7 p.m. - 9 p.m.
Contemporary California landscapes
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Friday, Feb 28
Jazz 'n' Rendezvous \$
6 p.m. - 9 p.m.
Spaghetti feed with big band music
Arroyo High School
15701 Lorenzo Ave., San Lorenzo
(510) 317-4170

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The Livermore Valley Opera

West Coast
staged premiere of
Zemlinksy's
psychological thriller
A Florentine
Tragedy and
Puccini's
comedy
Gianni Schicchi.



SUBMITTED BY HEIDI MASSIE

Even opera offers a two-for-one deal. The Livermore Valley Opera (LVO) will present two, one-hour operas full of action, drama and even some humor when it opens March 7 at the Bankhead Theater with the West Coast staged premiere of Zemlinksy's psychological thriller A Florentine Tragedy and Puccini's comedy Gianni Schicchi.

"LVO is proud to be presenting the West Coast fully-staged premiere of Zemlinksy's powerful drama and the American premiere of Roland Freisitzer's arrangement for soloists and chamber orchestra," says Erie Mills, LVO's Artistic Director. "Both operas take place in Florence, set in the World War I era, the time period when they were composed." The two one-act operas are based on fragmentary tales by two literary giants Oscar Wilde in the first case, Dante Alighieri in the second. A Florentine Tragedy tells a tale of jealousy, while Gianni Schicchi is a farcical tale of greed and commerce. Stage Director Layna Chianakas will direct a cast specifically chosen for both commanding operas. The three principal artists – Robert Mellon, Michael Day, and Anush Avetisyan – will make their debut for LVO.

Mills explains why this special "two-for-one" opera event is one not to miss. "In approximately two hours you will experience much of what great opera is capable: tragedy and comedy, beautiful music, incredible theater, and a vivid display of human emotions right before your eyes and ears."

Several special events will add extra flair to theater-goers' experience. On March 14 will be a casual post opera party at Hops & Sessions Gastropub at 10 p.m. Beer and small bites will be available for

purchase. Bring your opera ticket to get your first beer on us! (Must be 21 or over).

Opening night festivities include dinner and sweets at Uncle Yu's at the Vineyard. The welcome reception with wine and appetizers begins at 4:00 p.m. and dinner seating at 4:30 p.m. The three-course dinner will be paired with wines donated by Leisure Street Winery. Stage Director Layna Chianakas and LVO's Music Director Alexander Katsman will be available to meet with guests and provide opera insights. (Dinner tickets are \$95 and do not cover the opera.)

Included in the opera ticket price are engaging lectures before each performance at 6:30 p.m. and 1:00 p.m., one hour prior to curtain time. The red carpet is rolled out for all opera attendees with a photo op against a "step and repeat" backdrop featuring LVO's newly designed logo. LVO's traditional artist's reception is held in the lobby immediately following each performance.

Zemlinksy's A Florentine Tragedy & Puccini's Gianni Schicchi
Saturday, Mar 7 – Sunday, Mar 15
Saturday: 7:30 p.m., Sunday 2:00 p.m.
Pre-opera lecture one hour before each performance

Opening Night Dinner
Saturday, Mar 7
4 p.m.
Uncle Yu's at the Vineyard
39 S. Livermore Ave. Suite 125,
Livermore
(Separate ticket purchase required)

Bankhead Theater
2400 First St., Livermore
(925) 373-6800
www.LVOpera.com
Tickets: \$42 – 90,
Opening night dinner: \$95
(does not cover opera)

Looking for a work of art
that makes a strong aesthetic and
educational statement -- and that
beautifies the Plaza

Officials from the City of Hayward have put out a call for Bay Area and California artists to apply for a commission for artwork honoring the Ohlone Nation, past and present. The artwork selected will be included in a newly constructed Heritage Plaza at C and Mission streets across from the new downtown Hayward Public Library.

The city is looking for a work of art that makes a strong aesthetic and educational statement -- and that beautifies the Plaza. It also should contain meaningful content, preserve an often-marginalized history, and demonstrate respect for indigenous communities.

Artist qualifications for consideration and applications will be reviewed by a City Indigenous Artwork

Committee, which will make a recommendation to the Hayward City Council for final approval.

The call for artists is open through Friday, March 13 with a current timeline that calls for a contract to be issued in mid-April. The final Plaza artwork (in consultation with the Indigenous Artwork Committee) is planned for completion by July, with installation, a blessing and celebration set for August or September.

For more information about the artist program and the Heritage Plaza project, visit the City of Hayward website at www.hayward-ca.gov/ and then type "artist all-call" into the search box and click on the link. For details, call (510) 583-4000.

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Would you like to earn some extra income and help Old Mission San Jose at the same time?

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Hardware Engineer sought by PONY.AI, INC. in Fremont, CA to define h/ware architecture solutions. Reqmts: Master's Deg. (or foreign equiv) in Automotive Engg, Electrical Engg or rlted field, & 3 yrs of exp in job offrd. Reqs education or exp w/: Electromagnetic simulation s/ware such as Q3D, HFSS, CST, or LTSPICE; EDA tool such as Cadence/Allegro or Mentor PADS; oscilloscopes, spectrum analyzers, signal generators, amplifiers, multimeter, electrical load & DC power supply. Mail resume to PONY.AI, INC., Attn: HR Job #HE1, 3501 Gateway Blvd, Fremont, CA 94538.

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A large, bold, sans-serif word "SPORTS" in a light gray color. Each letter is integrated with a black silhouette of an athlete in a specific sport: a runner for 'S', a basketball player for 'P', a soccer player for 'O', a baseball player for 'R', a tennis player for 'T', and a cyclist for 'S'.

Boys Soccer

Titans control ball and game

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The John F. Kennedy Titans (Fremont) beat the American Eagles on February 12th with ball control and an effective attack that began early and continued throughout the game. The Eagles were able to respond late in the contest but were unable to overcome the Titans lead. Final score: Titans 4, Eagles 1.



Wrestling

Fierce competition at league finals

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The 2020 Mission Valley Athletic League wrestling finals, held at Mission San Jose High School on February 15th resulted in the James Logan Colts (Union City) claiming the top spot, but not without a hard fight from top contenders, notably the Washington Huskies (Fremont) and Newark Memorial Cougars. The tight contest is a measure of team building in progress throughout the league and issued a warning that future grappler supremacy is not a sure thing for any contender.



Cougars Report

SUBMITTED BY TIMOTHY HESS

Boys Champions of Character
Rafael Peña

Lady Cougars Sweep Vikings

The Lady Cougars Varsity basketball team opened-up a 29-15 lead at the intermission, then led by as many as 20-points in the second half, cruising to a 48-34 victory over the Lady Vikings of Irvington (Fremont) on February 11th.



Girls Champions of Character
Maleia Colker
Cayla Kawazoe

Senior guard Rylee Sarasua scored 13-points (including 3 three-point field-goals), junior Maleia Colker added 11-points, and junior Lauren Babich was recognized by her coaches for her outstanding rebounding and defense, in addition to scoring 4-points.

The Cougars JV Team also won, defeating the Vikings JV squad, 47-28.

Mission Valley Athletic League finals wrestling results

Newark Memorial varsity wrestling team qualified seven individuals for the North Coast Section wrestling championships that will be held at James Logan high school (Union City), February 21-22.

113lbs Dominic Allen Vargas Sophomore 2nd
120lbs Taka Barberi Sophomore 1st
132lbs Diego Olivardia Junior 2nd
152lbs Owen Gallegos Junior 2nd
170lbs Kolby Galvan Junior 2nd
182lbs Juan Chavez Sophomore 3rd
285lbs Bobby Allen Vargas Junior 2nd

Cougars Champions of Character

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week:

Girls basketball:
Maleia Colker
Cayla Kawazoe

Boys Soccer:
Rafael Peña
GO COUGARS!





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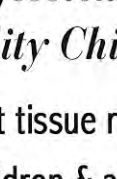
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Cookie season is here

SUBMITTED BY VICTOR BACKER

Girl Scouts of Northern California and Girl Scouts of the USA (GSUSA) will be promoting Girl Scout Cookies at more than 25 locations in the Tri-City area February 10 until March 15.

Through the Girl Scout Cookie Program, girls empower themselves as they earn their own money to put toward a range of experiences, some of which are illustrated on this year’s refreshed cookie packaging—from adventure-packed camping and canoeing, to exploring space science and designing robots, to taking meaningful action to improve girls’ communities. Every purchase of Girl Scout Cookies makes experiences like these possible for girls in your local community, giving them hands-on opportunities to hone valuable skills like decision making and business ethics. In fact, nine in ten Girl Scouts say the cookie program has built their interest in entrepreneurship and given them the skills to succeed.

“The Girl Scout Cookie Program helped me become a true entrepreneur at a young age—and it taught me how to create my own leadership opportunities,”

said GSUSA CEO Sylvia Acevedo. “I was able to invest my cookie earnings in my first STEM experiences, which put me on the path to becoming a STEM entrepreneur as a career. The cookie program makes an enormous impact for more than one million girls every year; by purchasing Girl Scout Cookies, consumers are supporting our leaders and innovative entrepreneurs of the future.”

This cookie season Girl Scouts has introduced a sweet new way to support young female entrepreneurs who learn essential business skills like money management and goal setting through the cookie program: meet Lemon-Ups, a crispy lemon cookie baked with messages inspired by Girl Scout entrepreneurs. “I am a go-getter” and “I am an innovator” are among the eight phrases that bring the experience of Girl Scouting to life. The new cookie joins the national 2020 lineup, which also includes favorites such as Thin Mints, Samoas, and Trefoils. Lemon-Ups are available in select council markets.

Girl Scout Cookies can only be purchased from a registered Girl Scout. To find Girl Scouts selling cookies near



you, visit ilovecookies.org or use the official Girl Scout Cookie Finder app, free on iOS and Android devices.

Some Tri-City locations include but are not limited to: Safeway in Fremont Hub, Dale Hardware, Fremont BART, Union City BART, Safeway in Newark, Lucky’s on Mowry Avenue, Wells Fargo on Mowry Avenue, Mr. Mikey’s in Niles, Lowe’s in Pacific Commons.

Lions Crab Feed

SUBMITTED BY DAVID GARGES

Union City Lions club members are back at it with another fantastic all-you-can eat Crab Feed. The dinner is set for Saturday, February 29, and tickets are available now for people who want to make sure they have a spot at this popular event.

The \$50 cost covers a dinner of salad, pasta, bread and crab as the main course. Tickets are good toward the purchase of a non-alcoholic beverage and an opportunity to win one of the three door prizes. Entertainment will be provided by a disc jockey.

Rounding out the event will be a live auction, silent auction, raffle and a no-host bar. Proceeds from the event will benefit youth groups and other Lions Club community service projects. The dinner will be at the Southern Alameda County Buddhist Church in Union City. Doors open at 5:00 p.m. for a happy hour; dinner served from 6:00 p.m.to 9:00 p.m.

Tickets are available at www.UCLions.com. Follow the crab feed link in the upcoming events box.

Union City Lions Crab Feed
Saturday, Feb 29
Doors open 5 p.m.; dinner at 6 p.m.
Southern Alameda County Buddhist Church
32975 Alvarado-Niles Rd., Union City
Tickets: \$50
www.UCLions.com

Fast track to \$15-an-hour minimum wage

SUBMITTED BY CITY OF HAYWARD

The Hayward City Council voted unanimously the week of February 3 to increase the minimum wage rate for employees working within the City of Hayward and accelerate locally the move to \$15 per hour. A second and final council vote is scheduled Tuesday, February 25.

For larger employers, defined as those with 26 or more workers, the Hayward ordinance would set the minimum wage rate at \$15 per hour starting July 1. Thereafter, the rate would be adjusted upward annually each July 1 based on the Consumer Price Index (CPI).

For small employers, those with 25 or fewer workers, the Hayward minimum wage would move to \$14 per hour on

July 1. It would adjust annually thereafter based on the CPI until January 1, 2023, when the new State of California \$15-per-hour minimum wage for small employers takes effect.

Under the state law, the minimum wage for larger employers in California is \$13 and will climb by \$1 each year until it reaches \$15 per hour on January 1, 2022. Future annual adjustments will be based on changes in the CPI.

Similarly, the state minimum wage rate for small employers is to increase by \$1 a year from the current \$12 per hour to \$15 on January 1, 2023—with annual adjustments based on the CPI thereafter each January 1.

Assault with a deadly weapon

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On Sunday, February 9, at approximately 1:50 a.m. , a patrol officer located a vehicle wanted in connection with a felony grand theft incident that recently occurred in the City of Fremont. The officer initiated a felony traffic stop on the vehicle in the Kaiser Emergency Room parking lot. The officer held the driver at gun point while additional officers responded.

The suspect then began to intentionally ram the officer’s patrol vehicle and other

parked cars, to escape. The suspect maneuvered his way out and fled at a high rate of speed. Having just committed an assault with a deadly weapon on an officer, a pursuit ensued. The suspect, driving an Infiniti sedan, traveled westbound on Mowry and passed through several intersections failing to yield for officers, failing to obey the speed limit and failing to stop at red-light traffic signals. As the suspect approached Mowry Ave and Farwell Dr., the suspect collided with a vehicle being driven by a woman. The impact of the collision caused the victim vehicle to flip over. The suspect fled on foot and was apprehended a short distance away in a hotel parking lot by officers. Fremont Fire used a Jaws of Life tool to safely extricate the victim driver of the second car.

The suspect is a 16-year-old juvenile and he was found to have two active warrants out of San Francisco County for robbery. He and the female from the other

vehicle both sustained major injuries and were each transported via ambulance to trauma centers. The injuries are not suspected to be life threatening at this time.

A traffic callout was initiated to assist patrol with the scene and investigation.

Officers are recommending the juvenile suspect be charged with felony assault with a deadly weapon, felony vandalism, felony reckless evading, felony evading causing serious bodily injury, the two outside agency felony warrants for robbery and misdemeanor obstructing/ resisting. The felony grand theft case remains ongoing and additional charges could be sought at a later time.

The involved officers were not injured. Anyone with information related to this investigation is asked to please contact our patrol division at 510-790-6800 x 3.

US conducts test flight of unarmed Minuteman 3 missile

AP WIRE SERVICE

An unarmed Minuteman 3 intercontinental ballistic missile was launched from California early Wednesday on a test flight to a target in the Pacific Ocean, the Air Force Global Strike Command said.

The missile blasted off at 12:33 a.m. from Vandenberg Air Force Base and its reentry vehicle traveled 4,200 miles (6,759 kilometers) to the Kwajalein Atoll in the Marshall Islands as part of a developmental test, the command said from Barksdale Air Force Base, Louisiana.

Developmental tests use a spare missile from storage to validate flight worthiness of new or replacement components. That differs from test launches that use randomly selected operational missiles.

Modernization programs are essential to sustaining the aging Minuteman 3 weapon system, Col. Omar Colbert, the 576th Flight Test Squadron commander, said in a statement.

The launch was conducted by airmen from the 341st Missile Wing at Malmstrom Air Force Base, Montana, the 90th Missile Wing at F.E. Warren Air Force Base, Wyoming, and the 91st Missile Wing at Minot Air Force Base, North Dakota.

Vandenberg’s 30th Space Wing, now a part of the new U.S. Space Force, provided support.

The Air Force said test launches are not a reaction to world events. The launch calendars are developed three to five years in advance and planning for individual launches takes six months to a year.

Park It

BY NED MACKAY

Sibley Volcanic Regional Preserve in the Oakland Hills is one of the East Bay Regional Park District’s original parklands, opened back in 1936. And as the name implies, it is the East Bay’s backyard volcano, although it hasn’t been active for about 10 million years. Nowadays, the park is known for spring wildflowers, newt ponds, nesting golden eagles and several rock labyrinths.

You can learn more about Sibley’s natural and cultural history during a moderate, 2½-mile ramble from 10:00 a.m. to 12:30 p.m. Sunday, February 23, led by naturalist Michael Charnofsky. Meet Michael at the park entrance, which is on Skyline Boulevard a short distance south of the intersection with Grizzly Peak Boulevard in Oakland. For information, call (510) 544-3187.

Speaking of park district history, one of the most active proponents for establishment of the District was Harold French, along with the Contra Costa Hills Club, which he founded. French mobilized club members to campaign on behalf of the cause, wrote countless letters and articles, served on committees and gave presentations to local organizations. He was instrumental in conservation efforts all over the Bay Area.

The club marks its 100th anniversary this year. Celebrations started last year with recreations of 1920s-era club hikes, a trip to the Mt. Tamalpais Mountain Play, an overnight camping trip on Mt. Diablo, and dedication of a bench at Sibley in French’s honor. The club will honor French’s grandson, James French, many long-term members, and past presidents on the anniversary date, February 22. Congratulations to the club for a century of good times and good works.

From the hills to the bay: Family Nature Fun is in session from 2 p.m. to 3 p.m. every Saturday and Sunday at Crab Cove Visitor Center in Alameda. On February 22 and February 23, the activity is squid dissection. From 3:00 p.m. to 3:30 p.m. watch the staff feed the fish in the center’s aquariums.

Crab Cove is at 1252 McKay Avenue, off Alameda’s Central Avenue. For information, call (510) 544-3187.

Programs at Coyote Hills Regional Park in Fremont often feature the culture of the Ohlone Native Americans who have lived on the land for thousands of years.

Naturalist Kristina Parkison will lead a native knowledge nature walk at Coyote Hills from 2:00 p.m. to 3:30 p.m. Saturday, February 22. She’ll describe Ohlones’ use of plants and animals and lead some games that the Ohlone people enjoy. The walk is for ages seven and older. Meet Parkison at the visitor center.

Parkison also has a Curiosity Cart, filled with wonders of the park’s cultural and natural history. Parkison and the cart will be hidden in plain sight somewhere in the park between 9:00 a.m. and 10:30 a.m. Saturdays, February 22 and February 29. Find it and learn its secrets from Kristina.

Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway. There’s a parking fee of \$5 per vehicle. For details, call (510) 544-3220.

Bird watching for beginners is on the agenda from 9 a.m. to 11 a.m. Saturday, February 22 at Sunol Regional Wilderness in southern Alameda County with naturalist aide Erica Stephens. Binoculars will be available for loan. A walk with songs, stories, and nature-themed games will take place from 10:30 a.m. to 11:30 a.m. Wednesday, February 26.

For either program, meet at the Green Barn Visitor Center just past the entrance kiosk. Sunol is at the end of Geary Road off Calaveras Road, about five miles south of I-680 and the town of Sunol. There’s a parking fee of \$5 per vehicle. For information, call (510) 544-3249.

At Big Break Regional Shoreline in Oakley, Delta Discoveries is a drop-in program between 11 a.m. and 2 p.m. every Saturday and Sunday. Stop by the visitor center any time and learn about the Delta through hands-on arts and crafts activities.

Big Break is at 69 Big Break Road, off Oakley’s Main Street. For information, call (888) 327-2757, ext. 3050.

All kinds of interesting and informative activities are available in the regional parks. For full information, visit www.ebparks.org

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

- Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**
- Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Union City City Council

February 11, 2020

- Presentations:**
- Proclamation for Black History Month. The event began as Black History Week on February 12, 1926. It was initiated by historian Carter G. Woodson, son of former slaves. Proclamation accepted by Human Relations Commissioners Nkechi “Bridget” Uzoew and Michele Wms-Smith. Presentation was made recognizing Black businesses and Black faith organizations. Black businesses included Braids By Darlene, Cypress Mandela Training Center, Afro-American Cultural and Historical Society, and the nonprofit grassroots organization The Village Method. Black faith organizations included New Hope Baptist Church, Brown Temple Church of God In Christ, and Tri-City African Methodist Church.
- Consent Agenda:**
- Accepted completion of Citywide Overlay Project. The project included upgraded

wheelchair ramps, repaired pavement areas, installation of asphalt concrete paving, and adjusting utility manhole covers.

- Approved a Memorandum of Understanding with Newark to share the Emergency Services Coordinator Position.

Public Hearings:

- Awarded Jiva Life a retail business permit. Jiva Life changed their location to 30547 and 30545 Union City Boulevard. Eden Campus Holdings sent a letter opposing Jiva Life’s new location, which would be across the street from their business. Cannabis facilities in Union City are only allowed in industrial areas. The council approved a three retail permit limit to encourage competition within cannabis businesses. Three representatives including the owner of Eden Campus Holdings noted the traffic impact, lack of odor control reports, and the close proximity of Jiva Life as arguments against the business’ new location.

Owner of Jiva Life Raj Pottabathni said an odor control report is not necessary because their product will come already packaged and sealed. Deputy city manager Mark

Evanoff said a parking study is not necessary because the business has two entrances and exits. Eden Campus Holdings did list seven other potential sites for Jiva Life. Pottabathni said some of these sites would not work out as good locations according to some of the brokers at the business centers. Pottabathni said this competition between their cannabis businesses is normal, like any other businesses that are next to each other such as gas stations and hotels.

PASSED 3-1 (Nay, Singh; Recusal, Dutra-Vernaci).

- Made amendments to an 81-unit affordable housing development on Mission Boulevard called Lazuli Landing. The parking spaces offered to residents will be 1 space per studio or 1-bedroom, 1.5 parking spaces for a 2-bedroom unit, and 2 spaces for a 3 or more bedroom unit. The city planner said most of the parking would be on the street. One resident said she was concerned about parking filling up at her church.

City Reports:

- Housing Legislation presentation. The presentation was about recently signed bills that would affect the city’s housing

developments. The bills include Senate Bill 330, Assembly Bill 1486, Assembly Bill 1482, and bills about Accessory Dwelling Units (ADUs). SB 330, The Housing Crisis Act of 2019, would get rid of restrictions on housing developments so housing can be built more quickly. The city will also be prohibited from holding more than five public hearings for a project and will also need to develop a checklist on all housing projects. All the requirements for SB 330 would last until January 1, 2025. The ADU bills will require the city to approve all ADU applications that meet the city’s requirements. AB 1486 will require the city to notify non-profit housing developers about extra land instead of selling it. AB 1482 is a rent control bill.

- Amended fiscal year 2019-2020 budget for operational and capital improvement rollovers.

Mayor Carol Dutra-Vernaci	
Aye, 1 Recusal	
Vice Mayor Emily Duncan	
Aye	
Gary Singh	Aye, 1 Nay
Pat Gacoscos	Aye
Jaime Patiño	Aye

Fremont City Council

February 11, 2020

- Announcements:**
- Hiring for over 100 Summer positions at job fair on March 5th at Centerville Community Center.
 - Police department will host a community meeting to update on crime on February 12th.
 - Fremont recognized with 2020 Vision Zero for Youth USA Leadership Award by National Center for Safe Routes to Schools.
- Mayor’s Statement:**
- Comments regarding reason for changes to parking on Kato Road. Safety concerns with high speed traffic and truck/trailer parking were noted. Statement cited that no homeless individuals using motor homes and campers were displaced in the initial phase of the parking restrictions. Further study and consideration for those using the road shoulder for overnight parking will be part of the process to address the problem.

- Consent Calendar:**
- Adopt Fire Department Strategic Plan for 2020-2025
 - Approve amendment to service agreements for vehicle repair and buildup services with Classic Graphics, Stommel Inc., DBA Lehr and Priority 1 Public Safety Equipment Inc.
 - Approve Memorandum of Understanding with Alameda County Waste Management Authority to fund operational costs of Fremont Household Hazardous Waste Drop-Off Facility.
 - Authorize Master Service Agreement with Imhof Tractor Services, Inc. for ground level fire break services.
 - Award contract in the amount of \$266,405 to Green Valley Group, Inc. for Drinking Fountain Replacement and Connection Project.
 - Authorize on-call construction management consultant services with AnchorCM, CSG Consultants, Inc., mack5, MNS Engineers, Inc. and Park Engineering, Inc.
 - Award contract for Oracle/PeopleSoft Human Capital Management System upgrade in an amount not-to-exceed \$700,000.00.

- Approve 5-year agreement with East Bay Regional Park District for operation of Patterson House at Ardenwood Farm Regional Preserve.
- Removed from Consent:**
- Adopt Emergency Operations Plan 2020. Public comment regarding unaddressed concerns of sea level rise, earthquake fault zones and landslides, wildfires/utilities, and the effect of pandemics.
- Public Communications:**
- Several speakers from Compassionate Fremont spoke about displacement of those using Kato Road shoulder for overnight parking. The lack of affordable housing was noted as an immediate problem; it is critical to provide a safe haven for people needing a place to park for the night
- Other Business:**
- Bacon Referral to review elements and possible endorsement of the California Schools and Local Communities Funding Act and Fremont Business Outreach. Discussion about uncertainty of final language of the Act and impact of this proposed modification of Proposition 13 on business operations due to complex

calculations and immediate increase of property taxes on industrial and commercial buildings. Many businesses would be unable to absorb this increase. Comments expressed concern about how allocation of taxes would benefit Fremont. Councilmembers Bacon and Kassan believe the increase of school funding would override these concerns. NO VOTE

Council Comments:

- Mayor Mei noted efforts by AC Transit to adjust bus routes and other infrastructure changes. Warm Springs Senior Center construction is moving ahead and expected to open summer 2020.
- Councilmember Bacon spoke of a “controversial” discussion at East Bay Community Energy meeting regarding purchase of nuclear power from PG&E. Proportional voting by participating cities may decide this issue in the future.

Mayor Lily Mei	Aye
Vice Mayor Raj Salwan	Aye
Vinnie Bacon	Aye
Rick Jones	Aye
Teresa Keng (District 1)	Aye
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye

Newark City Council

February 13, 2020

- Study Session:**
- Review the Operating Section of the Biennial Budget for 2020-2022 and conduct polling for a ballot measure reauthorizing the Utility Users Tax.

- Consent Calendar:**
- Accept work of Chrisp Company for 2018-2019 Citywide Thermoplastic Street Striping.
 - Approve Contractual Services Agreement with Maze and Associates of Enterprise Resource System Implementation Management and Professional Services to Finance Department.
 - Add classification of Community Preservation Manager

- Authorize a Memorandum of Understanding with City of Union City to share an Emergency Services Coordinator position.
- Removed from Consent:**
- Award contract to Sposeto Engineering, Inc. for Newark Boulevard Barrier Placement Project. (Freitas)
- City Council Matters:**
- Declare vacancy on Senior Citizen Advisory Committee.
 - Adjourn meeting in memory

of Thomas Gordon Chin, active member of Senior Center, Viola Blythe, Newark Library and other community activities.

Mayor Alan Nagy	Aye
Vice Mayor Luis Freitas	Aye
Sucy Collazo	Aye
Michael Hannon	Aye
Mike Bucci	Aye

Continued commitment to addressing climate change

The Institute for Local Government (ILG) honored Alameda County with the Beacon Award during the Board of Supervisors Meeting on February 4. Alameda County was awarded for illustrating a comprehensive approach to adopting policies and programs that foster sustainability and help meet aggressive state climate goals.

“The economic and social impact of climate change on communities cannot be understated,” said Erica Manuel, executive director of the Institute for Local Government. “The cities and counties

participating in ILG’s Beacon Program have been leading the fight against climate change for more than a decade, and we are thrilled to honor their strategy, dedication, and accomplishments.”

ILG’s Beacon Program was founded to recognize local efforts in energy efficiency and sustainability. Currently, 153 cities and counties throughout California participate in the Beacon Program. Alameda County is a prime example of the sustained forward thinking, innovative, and collaborative efforts of California’s local governments to

address climate change. From creating a Clean Commute Program for employees to engaging their community through the Green Child Care Program and multi-lingual programs, the county is making great strides to create a healthy, sustainable and economically prosperous community.

To win a full Beacon Award, participants are required to demonstrate achievement in five areas: Agency Greenhouse Gas Reductions, Community Greenhouse Gas Reductions, Agency Energy Savings, Natural

Gas Savings and Sustainability Best Practices.

Alameda County is receiving this award for their measurable achievements to address climate change including:

- 14 percent Community Greenhouse Gas Reductions
- 14 percent Agency Greenhouse Gas Reductions
- 13 percent Energy Savings
- 5 percent Natural Gas Savings
- Platinum Level Award in Sustainability Best Practices

OPINION



WILLIAM MARSHAK

Terminology and elections

Communication is an artform that takes some practice. Although we often use it to effectively transfer thoughts and feelings between ourselves, it also presents challenges and detrimental consequences if done poorly. During World War II, for instance, the slogan, “Loose lips sink ships”, was a popular idiom that warned citizens about inadvertent transfer of information. Poorly chosen words or gestures can contain a wealth of information, often revealing hidden bias and prejudice. In the heat of an election, “trigger” words and phrases are often employed to relay a message to followers and garner votes from others.

Words can have meanings beyond textbook definitions and may carry a subtle subtext that employs a rich tapestry of preconceptions that stray wildly from their meaning. For instance, the word “corporation” is often used as a pejorative label to denigrate an organizational classification. Many businesses of all sizes incorporate but they differ widely in income, size, structure and influence. The same can be said for descriptions of “developer” or “clean money.” The use of these terms to consolidate a large group

of individuals and businesses as homogenous, without difference, is ludicrous.

Simplification may be the road to elections, but can it reveal substance and truth? As a rallying cry, slogans are helpful and crystallize thought and action, but they should represent a much deeper substance. If aspirational, the thoughts expressed may be viewed as a goal rather than a concrete promise. In 1928, Herbert Hoover ran a presidential campaign using the slogan “A chicken in every pot and a car in every garage.” Did this mean that he literally promised every household those items?

At all levels of government, hyperbole and encouragement is a common tool used to rally people to a cause. “Ask not what your country can do for you; ask what you can do for your country” was effective for John F. Kennedy in 1961 as was “Yes We Can”, popularized by Barack Obama in 2008. On the other hand, George H.W. Bush was undermined by his 1988 slogan, “Read my lips, no new taxes.” A catchy slogan, but ultimately a false promise. In today’s campaign environment, little has changed in electioneering terminology except the methods and speed of transmission. Some of the same tactics can be seen in campaigns even in the primary election just a few short weeks away. Candidate smiling faces and clean-cut versions are incarnated to impress voters and significant money

spent to varnish, and at times vanquish, history. Examples are waiting for all of us in our mailboxes and online accounts.

An important facet to investigate when deciding where your vote should reside is in the history of candidates. Has this person run for office before? What did he or she promise at that time? If part of a governmental body, how did that person vote previously? What was his or her demeanor? What is the candidate’s relationship with others in that governmental organization or allied organizations? Is the candidate an independent thinker? What substance has the person added to consequential discussions?

Communication is a critical facet of our lives, whether in the close quarters of family and friends or the broad context of society at large. It is extremely importance that each of us discover the essence and foundation of phrases and catchy slogans that lift our spirits and motivate action. Who and what is at its root? Are we communicating or simply part of a herd that follows a leader no matter what course is taken?



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Homicide arrest

SUBMITTED BY
LT. ISAAC BENABOU,
SAN LEANDRO PD

An 18-year-old San Leandro teenager, Ty Bothwellmitlisk, just months into his adult life, has been arrested for murder for allegedly stabbing to death his mother's boyfriend.

The incident occurred Friday, February 7th, around 11:30 pm, when San Leandro police officers

were dispatched to the 500 block of Beverly Avenue for a stabbing assault.

Police arrived on scene and found a 62-year-old male suffering from multiple stab wounds. Police provided immediate first aid until paramedics arrived. The victim was transported to an area hospital where he was pronounced dead.

The motive of the crime is still being investigated. The suspect's mother witnessed the stabbing and told police that her son fled the residence in her vehicle after the incident.

San Leandro police detectives arrived on the scene and began

investigating the case. Detectives followed leads that indicated the suspect was possibly in San Francisco. Within a short time, around 3:40 a.m., police investigators located the suspect driving his mother's vehicle across the Bay Bridge back towards San Leandro.

Police attempted to stop the suspect; however, he failed to yield and led officers on a 20-minute pursuit to as far as Dublin before turning back towards the East Bay. The suspect continued to flee from several police vehicles until Castro Valley, where he eventually stopped and was taken into custody.

"The fast and thorough work of our officers and detectives led to the swift arrest of the suspect," said San Leandro Police Lieutenant Isaac Benabou. " This was a violent and seemingly unprovoked incident by a dangerous individual who needed to be caught quickly. The suspect may be in custody, but this is still an active investigation."

This is San Leandro's first homicide for 2020. For 2019, San Leandro had no murders and one homicide for 2018.

Bothwellmitlisk has been booked into Alameda County's Santa Rita Jail.

PODCASTS
Andrew Cavette

LEGAL COUNSEL
Stephen F. Von Till, Esq.

ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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www.fremontchapeloftheroses.com



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(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Barbara L. Glassel
Resident of Fremont
May 6, 1933 – February 15, 2020
Fremont Chapel of the Roses

Josefina Inocencio
Resident of Fremont
March 21, 1941 – February 13, 2020
Fremont Chapel of the Roses

Paul Lopez Sanchez
Resident of Fremont
December 23, 1927 – February 15, 2020
Fremont Chapel of the Roses

Idolina Muñoz Moreno
Resident of Newark
June 1, 1934 – February 11, 2020
Fremont Memorial Chapel

Rodegelio M. Rivera
Resident of Union City
February 2, 1944 – February 10, 2020
Fremont Memorial Chapel

Saundra Dee Cardenas
Resident of Castro Valley
May 13, 1958 – February 8, 2020
Fremont Chapel of the Roses

William “Hutch” Hutcherson
Resident of Union City
January 18, 1942 – February 8, 2020
Fremont Chapel of the Roses

Alice Hoch
Resident of Fremont
June 8, 1935 – February 7, 2020
Fremont Chapel of the Roses

Darleen P. Loggins
Resident of Fremont
July 10, 1954 – February 4, 2020
Fremont Chapel of the Roses

Kenton Scott Warwick
Resident of Newark
June 2, 1949 – January 11, 2020
Fremont Chapel of the Roses

Daniel Jay Rhoades
Resident of Fremont
November 24, 1930 – December 30, 2019
Fremont Chapel of the Roses



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Violet Andrade
Resident of Fremont
January 25, 1937 – February 14, 2020

Thanh Tran
Resident of San Jose
March 10, 1939 – February 10, 2020

Elizabeth Jensen
Resident of Fremont
January 8, 1928 – February 10, 2020

Martin Spellman
Resident of Union City
January 17, 1933 – February 10, 2020

Hsun Yu Chang
Resident of Union City
March 21, 1922 – February 9, 2020

Natividad Flores
Resident of Fremont
December 16, 1926 – February 5, 2020

Betty Campos
Resident of Fremont
January 10, 1931 – February 5, 2020

Archana Iyer
Resident of Milpitas
March 6, 1973 – February 3, 2020

Robert Fernandez
Resident of Fremont
August 27, 1940 – February 4, 2020

Felicity Bungato
Resident of Newark
October 2, 1985 – February 1, 2020

Jufang Jiang
Resident of Fremont
October 17, 1928 – January 31, 2020

Rupa Gupta
Resident of Albany
June 14, 1952 – January 30, 2020

Yukari Sho
Resident of Moraga
May 20, 1926 – January 29, 2020

Obituary

Donna Jean Dusenbury
November 2, 1935-February 3, 2020

Donna passed away on February 3, 2020, in Jackson, California. Donna was born in Cincinnati, Ohio, to parents, Willis and Eleanor Turner. She was a former resident of Fremont, California, for over 50 years. Donna retired as a teacher's aide for F.U.S.D. Donna married Richard Dusenbury on February 11, 1956. She is survived by her husband Richard, three children, Richard (Jodi), Renee (husband Robert), Randy (wife Tami), 6 grandchildren, and 9 great-grandchildren. She will always be remembered for her blue eyes, smile, and love toward others. A memorial will be held for Donna on June 6, 2020, at Jackson View Clubhouse in Jackson, California,



located at: 108 Nicolaus Court, Jackson, California 95642, from 1:00 pm to 3:00 pm. Please reach out to her husband Richard by May 15, 2020, if you are able to attend.

Obituary

Jessie T. Phipps
May 8, 1924 - Dec 30, 2019



Jessie T. Phipps was born May 8, 1924 in Oakland California. She entered into rest on Dec 30, 2019. She was predecessor by her mom, Adrian Davis, her dad Joseph Davis, her brothers Joseph and George Davis, her sisters Lillian Russo, and Elsie Enos. Her three children, Janet, Jeannie, and Kevin Phipps, and her husband Grover Phipps and nephew Ronald Davis. She was survived by her nieces and nephew, great nieces and nephews, and great great nieces and nephews.

Jessie was a resident of San Leandro, but a former resident of Castro Valley, Hayward and Oakland California. She enjoyed many things. Cards, family, long country rides, sewing, knitting, crocheting, ceramics, gardening, keeping her house clean and especially loved taking care of her family. She had a love for animals and in her life times she had many. She became connected to Neighborhood church in Castro Valley when her niece Kathy started taking care of her. She enjoyed the Bible studies, church services, making new friends and her Sunday donut. She will be missed by all who knew her. She had such an amazing smile. There will be a celebration of life service for Jessie on Saturday, February 22, 2020, 10:00 AM, at Neighborhood Church in the Chapel, 20600 John Drive, Castro Valley.

Fremont Chapel of the Roses
510-797-1900

William “Hutch” Hutcherson
January 18, 1942 – February 08, 2020
Resident of Union City

William “Hutch” Hutcherson, age 78, Resident of Union City, CA Departed this life on February 8, 2020. William was born on January 18, 1942 in Columbus, GA, the son of Major and Willie Pearl Hutcherson. He graduated from Berkeley High School in 1960. Then went onto proudly serve in the navy, during the Vietnam War, as a Submarine Quarter Master. Upon returning home with honorable discharge he began a career with AC transit as a bus driver; later being promoted to driving training instructor, for over 20 years during this time he met and married Willette (Wells) Ballard. They went onto have one son Quincy from this union. After retiring from AC transit, he worked part time at Stanford Blood Center for several years. He decided to officially retire spending time traveling to Las Vegas and Wisconsin. He enjoyed spoiling his only grandchild Gianna as much as he could. William is preceded in death by his parents, his brother Major, Jr. and his sister Pamela Hutcherson. He is survived by his son Quincy (Laura). Granddaughter



Gianna. Nieces Adrienne Hutcherson, Tammy Hutcherson, Jeanine Roberts, Willette Jordan, Stephanie Grogan-Jones, Bianca Grogan. Nephews Hilton Hutcherson, Maceo Hutcherson, Kevin Benson, John Roberts, Patrick Grogan, Terrence Ruffen and companion Karen Stienberg. Visitation will be held from 11:00 – 1:00 PM Tuesday, February 18, 2020 with a Chapel Service at 1:00 PM at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont.

Fremont Chapel of the Roses
510-797-1900

Fremont Unified School District
Coronavirus Update

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

While there are still no reported cases in Alameda County, as a precaution, Fremont Unified School District (FUSD) will implement the policies listed below in the interest of student and staff safety. As part of an emergency declaration, Americans returning to the United States who have been in China’s Hubei province within the past 14 days will face a mandatory quarantine and be monitored by public health officials. Currently, there are no FUSD students or family members under mandatory quarantine. Americans returning to the United States from other parts of China will face enhanced screening upon re-entry to the country and a self-quarantine of up to 14 days to ensure they do not pose a health risk.

Mandatory Quarantine:

- FUSD will be notified by the Alameda County Public Health Department (ACPHD) of any students under mandatory quarantine.
- Once FUSD has received notification these individuals are cleared to return to campus, schools will communicate with affected families to arrange re-entry.
- Schools will work with students to support continued learning at home.
- Related absences will be excused.

Self-Quarantine:

- Students who have recently returned, or have contact with a person returning from China, are asked to voluntarily self-quarantine for fourteen days.
- Schools will work with students to support continued learning at home.
- Related absences will be excused.

The district is committed to maintaining the privacy of our students. Schools will work with students and families under mandatory or self-quarantine with sensitivity and confidentiality. FUSD understands that missing school, for any reason, can cause concern and stress for our families and students. We will work collaboratively with families throughout this process. Currently, public health officials say there is no need to wear facemasks in the United States. However, as a precaution, students can wear facemasks on all FUSD campuses, if desired. Anyone wearing a mask as a precaution is sick necessarily sick or exposed.

Idolina “Lola” Munoz Moreno

June 1, 1934 – February 11, 2020

Resident of Newark

Idolina “Lola” Munoz Moreno passed away at her residence in Newark, CA, on Tuesday, February 11, 2020. Lola was born on June 1, 1934 in Los Saenz, Texas, to Flavia and Abel Humberto Munoz, Sr. Lola was one of 8 children; Amador, Elfida, Maria, Abel Jr., Leonides, Jorge, and San Juanita. Lola spent her youthful years in Texas where she met the love of her life, Julio Ruben Moreno, Sr. Lola and Julio Sr. joined in marriage on November 27, 1953. During their marriage and through their love they brought 5 children into the world; Noe, Javier, Isabel, Irene, and Julio “Ruben” Jr. In 1963 Lola and Julio Sr. relocated to Newark, CA, where they raised their children after Julio Sr., accepted a job in the trucking industry. Julio Sr. passed away in 1986. Lola, also known as “Granny” and “Nonna,” was a well-known contributor to the community of Newark as she spent over a quarter of a century volunteering at various local non-profits assisting those in need. Lola was the Matriarch of her family as she helped set the foundation for her 20 grandchildren; Anthony, Deanna, Joanne, Jason, Jeffrey, Javier Jr., Salina, George, Annabel, Vanessa, Carlos, Jose “Chino,” Juan, Julio, Marisela, Mayita, Diego, Tonya, Ruben, and Omar. Lola loved her family and hosted Christmas, Thanksgiving, and Easter every single year. Lola will be remembered as a loving and caring Great-great grandma, Great-grandma, Grandma, Mother, Sister, Aunt, and friend. Lola is survived by 4 of her siblings, 4 of her children, 19 of her grandchildren, 45 great-grandchildren, 6 great-great-



grandchildren and several cousins. Lola was proceeded in death by her parents, Flavia and Abel Humberto Munoz Sr., husband, Julio Sr., siblings, Amador, Maria, and Abel, Jr., daughter, Irene, and grandson, Jeffrey. Lola will be missed by many, but never forgotten. Visitation will be held on Thursday, February 20, 2020, 5 to 8 PM, with a Vigil Service at 6:30 PM. The next following day, there will be a Chapel Service Friday, February 21, 2020, 11 AM at Fremont Memorial Chapel, 3723 Peralta Boulevard, Fremont. Lola will be returned to her hometown of Los Saenz, Texas, where visitation will be held at Rodriguez Funeral Home: 4898 E US-83, Roma, Texas, on Thursday, February 27th from 12pm-9pm with a Rosary at 6pm. Visitation will continue at Rodriguez Funeral Home on Friday, February 28th from 8am-9:30am. A Funeral Mass will be held on Friday, February 28th at 10am: Holy Family Catholic Church, located at the corner of Highway 83/Francesca St., Los Saenz, Texas. Lola will be laid to rest and reunited with her husband, Julio Sr., after the Funeral Mass at the City of Roma Cemetery.

Fremont Memorial Chapel
510-793-8900

Transit agency addresses climate change

SUBMITTED BY JANICE ROMBECK

At its most recent meeting the Valley Transit Authority (VTA) Board of Directors took a historic step by approving a Climate Emergency Declaration.

The focus of the measure, submitted by Santa Clara County Supervisor Dave Cortese, is to rapidly reduce greenhouse gas emissions and increase sustainable public transit options in Santa Clara County. The board unanimously passed the measure on February 7.

“This marks a bold commitment for VTA to move forward in a more sustainable manner to solve the challenges of climate change while reducing congestion in our County” Cortese said.

The VTA is the first transit agency in history to take such action. The declaration included action to “identify specific metrics, including objectives and targets, to prioritize opportunities to reduce GHG emissions and develop a Climate Action Plan to guide its climate emergency response to restore the climate for future generations.”

For more information, call Supervisor Dave Cortese’s Office at (408) 299-5030.

Homeless Navigation Center receives \$1,600 donation

SUBMITTED BY ALLYSSON McDONALD

On February 9, Mission Peak Unitarian Universalist Congregation (MPUUC) honored the Fremont City Council with a Courageous Love Award for the decision they took regarding the opening of a Homeless Navigation Center. The award was given in conjunction with the national Side with Love campaign, which promotes equality for marginalized communities. The goal of the campaign is to harness love’s power to challenge exclusion, oppression and violence based on identity.

Usually the offering at Mission Peak UU goes to a local organization serving the community on the second Sunday of each month in a “Share the Plate” collection. This month, the Homeless Navigation Center was chosen, and a record \$1,600 was donated to the cause.

The Courageous Love Award is given every year, on the Sunday closest to Valentine’s Day, to a person or organization in the Tri Cities community who has inspired a local movement for love or who has faced oppression, discrimination, and prejudice with grace and determination. This year Mission Peak U. U. Congregation decided to honor the Fremont City Council “for lifting up the homeless who so often suffer from discrimination and marginalization.”

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Obituary

Darleen P. Loggins

July 10, 1954 – February 04, 2020

Resident of Fremont



Darleen Patterson Loggins was born on July 10, 1954 in San Francisco, California to Velma and Clarence Patterson. She was the youngest of her siblings: Mardina, Clarence Jr., Winters, and Christine. Darleen was baptized and attended Wright’s Chapel AME Church in San Francisco as a child. She was an ambitious student who graduated from Lowell High School. After graduation she attended San Jose State for her bachelor’s degree then went on to pursue her doctorate of Pharmacy at the University of California

San Francisco. Just before starting pharmacy school, she married Gary Loggins on August 11, 1979. Darleen and Gary settled in Fremont, CA and raised their three beautiful children: Brian Keith, Gary Pete Jr., Aiesha Danielle.

Darleen was a gentle spirit who saved lives -- working 30 years at Washington Hospital and 15 years at Kaiser Hospital as a Pharmacist. When she wasn’t working, she loved to spend time with her family; whether it was watching Brian’s football games, Gary’s soccer tournaments, or Aiesha’s dance competitions she was always there to support her children. As they grew older; she encouraged and welcomed as they began their families. She was a proud grandmother to Callie Lynn; whom she adored.

When she wasn’t spending time with her family, she enjoyed her tea group and line dancing group. She never shied away from an opportunity to show her Calypso steps on the dance floor. Darleen was also very keen of the latest news events; she relished sharing all the latest stories in her life with family and friends.

Her German chocolate cake and cheesecake were loved and appreciated by all who knew her.

She was preceded in death by her parents Velma and Clarence Patterson and siblings, Winters and Christine.

Sunset for Darleen came on the morning of February 4, 2020. She is survived by her devoted husband Gary Sr., three children - Brian (Amy) Loggins, Gary Jr. (Rebekah) Loggins, and Aiesha Loggins, granddaughter Callie Lynn Loggins, siblings: Mardina Graham and Clarence Patterson Jr., Aunt Henrietta Jones, and many other family and close friends.

Visitation will be Thursday, February 20, 2020, 4 to 8 PM, at Fremont Chapel of the Roses, 1940 Peralta Boulevard, Fremont. A Celebration of Life will be held Saturday, February 22 2020, 12 PM, at South Bay Community Church, 47385 Warm Springs Boulevard, Fremont.

Fremont Chapel of the Roses
510-797-1900

Obituary

Martin Spellman M.D.

Resident of Union City

January 17, 1933 – February 10, 2020



Martin Adelbert Spellman, a radiologist, water color painter, Rotarian and world traveler, died February 10 in Fremont. Marty was born Jan. 17, 1933 to Martin Charles Spellman and Kathleen Carmelle Dolan in San Francisco. He grew up in the Sunset district and graduated from Lowell High School in 1950. He graduated from Stanford University in 1954 and Stanford Medical School in 1957. He worked as a radiologist at Washington Hospital in Fremont for over 30 years.

Marty met his future wife Sherril Steinman while working as a bartender at Sunnyside resort in Lake Tahoe, charming her while she was on a date with someone else. They married in 1956 and moved the next year to Bremerhaven, Germany, where Marty was an army captain and doctor for four years. In

Germany, the two made an uncharacteristic splurge on a Porsche convertible, which took them on camping trips to Norway, an adventure in Gibraltar and everywhere in between. He drove that car the rest of his life.

Life back in the U.S. in the 1960s was full of family and work and garden projects at the 1892 Victorian farm house the family settled in, which was the scene of volleyball parties and, later, a family wedding. His children remember sneaking the family’s puppies into the hospital for Xrays after they swallowed sewing pins. Marty was known for being very fair and that set high expectations. One weekend morning, his children marched around the breakfast table with picket signs protesting the lawn mowing rate. Marty and Sherrill traveled the world with their family to adventurous destinations, visiting China, Russia and Nepal before tourism was common there. Marty took painting trips to France, Spain and Mexico. But he was expert at house painting, too, a skill each of his children appreciated.

Marty taught at Stanford Medical School in the 1980s and took trips to Ghana, Cuba, The Azores and Panama to help train local doctors. Marty was an active Rotarian in Fremont.

Marty always advised grabbing every opportunity for an adventure. His oft-repeated motto was “Live it up or give it up.”

Longtime opera and ballet fans, Marty and Sherril were open to all kinds of entertainment, and once stumbled upon the Folsom Street Fair on the way to the opera and enjoyed a beer among the leather-clad celebrants. After retirement, he became a fixture in downtown Niles, attending Fremont Art Association painting classes, having breakfast at the Nile Café, visiting Joe’s Corner, Niles ice cream shop and Federico’s for crab cakes. He was a regular at the Olive Hyde art openings and attended a men’s book group and an Irish book club in San Francisco.

Marty was predeceased by his wife Sherril Spellman. He is survived by brother Michael Spellman and his wife Berdell, his daughter Shannon Spellman and her husband Joel Cantor, his son Patrick Spellman and wife Wendy, and son Peter Spellman and his partner Anthony Spivey. He is also survived by his grandchildren Jake, Dylan, Elliot and Cooper Cantor and Bowen and Jack Spellman. A celebration of Marty’s life is planned for August 1, 2020.

Photography Exhibition



SUBMITTED BY RUSSELL FOOTE

Russell Foote Photography presents a photography exhibition showcasing works from Hayward Senior Center Students. Featured artists are Anne Ambrose, Hollie Adamic, Nancy Albury, and Renea Turner. The show will run from Saturday, February 22 until Thursday, March 26. An opening reception with desserts and beverages will be held at 2:00 p.m. on February 22.

"Photography Exhibition" at 808 A Gallery is sponsored by Hayward Arts Council (HAC) which stimulates interest in visual and performing arts, promotes opportunities for artists to exhibit, and encourages public participation in free art demonstrations and events. Visit www.haywardartscouncil.org for more gallery exhibits and events.

Photography Exhibition
Saturday, Feb 22 – Thursday, Mar 26
Opening Reception: Feb 22, 2 p.m. – 5 p.m.
Gallery hours: Weekdays, 9 a.m. – 5 p.m.
808 A Street Gallery, Lobby Level
808 A St., Hayward
(510) 538-2787

hac@haywardartscouncil.org

<https://sites.google.com/site/haywardartscouncilsite4/home>

Brass Concert

SUBMITTED BY JUSTIN PLANK

Septura Brass Septet brings together leading players (London Symphony Orchestra, London Philharmonia, Royal Philharmonic, BBC Orchestra) to redefine brass chamber music through the uniquely expressive sound of the brass septet. At CSUEB, the group will perform their program "Borrowed Baroque" which features arrangements of music by Rameau and Handel, and neo-classical works by Prokofiev and Stravinsky.

Septura Brass Septet
Saturday, Feb 22
7:30 p.m.
Cal State East Bay
Music Building Recital Hall, MB 1055
25800 Carlos Bee Blvd., Hayward
csueastbaytickets.com
csueastbay.edu/brass-fest
septura.org
(Free Parking in Lot L)

\$10 general / \$5 seniors and students / Free with CSUEB ID

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The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Fremont man charged in sex case

SUBMITTED BY FREMONT PD

A 34-year-old Fremont man has been charged by the Alameda County District Attorney on several charges related to unlawful sex with a minor.

The suspect, identified by police as Brian Watkins, was arrested by Fremont Police officers on Thursday, February 6 on multiple felony counts of sexual assault. Fremont Police Department Detectives began investigating this case in July, 2019, after receiving a report of alleged sexual misconduct involving Watkins and a teenaged female.

Officers learned the suspect was employed as a California Highway Patrol Officer and the relationship began when the victim was a



minor. The activity is believed to have occurred primarily within the City of Fremont and not while Watkins was working in the capacity of a peace officer, police officials said.

During the investigation, detectives learned Watkins began communicating and having a sexual relationship with the victim when she was 16 years old. The activity continued after Watkins learned he was being investigated.

Recent developments in the case provided officers with

additional evidence to arrest Watkins. On February 6, Detectives arrested Watkins at approximately 5:45 p.m. He was booked at the Fremont Police Detention Facility.

On February 10, detectives presented the case to the Alameda County District Attorney's Office who filed three felony counts of Unlawful Sexual Intercourse with a minor. Watkins was scheduled for arraignment on February 10.

Because the victim was a minor, authorities will not release her name. Fremont Police detectives are continuing to investigate this case, and although there has been no evidence of additional victims, they are continuing to pursue all leads. Anyone who has information they believe could help detectives is asked to contact Senior Detective Tony Holguin at (510) 790-6900 or via email at Aholguin@fremont.gov. Anonymous tips can be sent online to <https://local.nixle.com/tip/alert/5788118> or via text by typing TIP FREMONT PD followed by a short message to 888777.

Hayward police officer Honored



SUBMITTED BY HAYWARD PD
RUSSELL FOOTE PHOTOGRAPHY

Officer Erik Dadej was honored as Officer of the Year during the Hayward Chamber of Commerce Awards Gala held Saturday, February 8. Dadej joined the Hayward Police Department five years ago and is assigned to the Patrol division as a Field Training Officer. He is also part the department's Patrol Wellness Group and Peer Support. He also is an instructor for the Emergency Vehicle Operator Course and Major Accident Investigation Team.

Milpitas Police Log

SUBMITTED BY SGT. HUY TRAN,
MILPITAS PD

Monday, February 3

• At about 11:12 p.m. an officer made a vehicle stop on the 450 block of Abel Street. Inside the 2009 Subaru Impreza was a driver, later identified by police as Gabriel Anthony Urbietta, 29, of Oakland and a 2-year-old female. While conducting a records check, the girl's mother appeared on the scene and picked her up. When the child exited the vehicle, Urbietta sped away to evade officers. He also discarded a backpack containing a loaded .45 handgun. A records check

showed Urbietta is a convicted felon on probation.

At about 10:00 a.m. the next day Sacramento Police officers spotted Urbietta's vehicle in their area and tried to make a stop, but he fled and officers pursued him. Soon, Urbietta crashed the vehicle and fled on foot, but was apprehended. Milpitas police obtained an arrest warrant on charges of evading police and various firearm violations. An investigation is continuing. Anyone with information is asked to call Milpitas Police at (408) 586-2400. Additionally, the information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department Website at www.ci.milpitas.ca.gov/crimetip.

Arrests made in double homicide investigation

SUBMITTED BY TRAVIS SOUZA,
UNION CITY PD

After a months-long investigation involving multiple agencies, Union City Police officials announced Friday, February 14 that two suspects have been arrested in connection with a November 23 double homicide where two young males were shot and killed in the parking lot of a Union City elementary school.

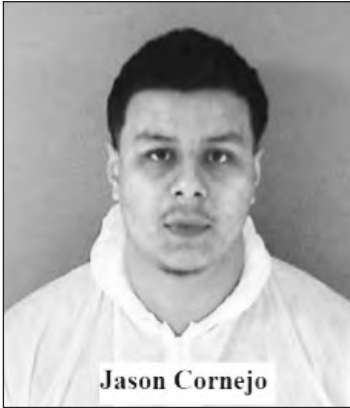
Jason Cornejo, 18, of Castro Valley and a 17-year-old juvenile were taken into custody last week and charged by the Alameda County District Attorney with the deaths of Sean Withington, 14, and Kevin Hernandez, 11, who were shot while sitting in a van at Searles Elementary School

on Sherman Drive.

"My heart goes out to the families of the victims. These were children who were murdered, and even though we cannot change the past or reverse this tragedy, I am relieved that we were able to control the outcome of this investigation with the arrest and charging of these dangerous gang members. We know how important it is to bring closure to the families and community," said Union City Police Chief Jared Rinetti.

The case began at approximately 1:26 a.m. on Saturday, November 23 when police started receiving 911 calls from citizens reporting gunshots heard in the area of Sherman Drive and Colgate Drive in Union City.

Responding officers found two young victims in a neighborhood school parking lot suffering from suspected gunshot wounds. One victim was pronounced dead at the scene and the other victim died while in route to a local trauma center.



Working with Union City detectives to solve the case were members of the Alameda County Sheriff's Office, the Hayward Police Department, the Alameda County District Attorney's Office, California Highway Patrol Special Operations Unit and the California Department of Justice.

While arrests have been made, police are still investigating the circumstances surrounding the incident are asking the public for help. Tip information may be left anonymously at (510) 675-5207 or at Tips@unioncity.org

BART Police Log

SUBMITTED BY LES MENSINGER AND
BART PD

Friday, February 7

• At 7:51 p.m. a woman identified by police as Nicole Cobarrubia, 27, of Oakland was arrested at Castro Valley station on three no-bail warrants and a probation violation.

Saturday, February 8

• At 9:31 a.m. a man identified by police as Jamar Walton, 27, of Sacramento was arrested at Fremont station on suspicion of resisting an officer. He was booked into Santa Rita Jail.

• At 12:36 p.m. a man identified by police as Ian Whitt, 35, of Oakland was arrested at Union City station on suspicion of possessing methamphetamine, providing false identification to an officer and on two outstanding felony warrants totaling \$70,000. He was booked into Santa Rita Jail.

Sunday, February 9

• At 2:47 p.m. a man identified by police as Daryl Pendleton, of Oakland was arrested at Union City station on suspicion of failing to register as a transient. He was booked into Santa Rita Jail.

Monday, February 10

• At 10:50 a.m. a man identified by police as Marcus Tyler, 38, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of possessing a controlled substance and a probation violation. He was booked into Santa Rita Jail.

Wednesday, February 12

• At 1:27 p.m. a man identified by police as Anthony Rainey, 44, of Stockton was arrested at Bay Fair station in San Leandro on a \$20,000 warrant issued in San Mateo County and a \$5,000 warrant issued in Alameda County. He was booked into Santa Rita Jail.



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PUBLIC NOTICES

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The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/28, 2/4, 2/11, 2/18/20

CNS-333477#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 567649

Fictitious Business Name(s):
Classke Brothers Trucking, 4736 Selkirk St., Fremont, CA 94538, County of Alameda Registrant(s):
Classke Brothers Trucking, Inc. 4736 Selkirk St., Fremont, CA 94538; California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on 05/19/15
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Virender Classke, President
This statement was filed with the County Clerk of Alameda County on January 17, 2020
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

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GOVERNMENT

notice inviting bids for CONTEMPO PARK ACCESSIBILITY IMPROVEMENTS
CITY project no. 19-07
This is a Federally Funded Project (CDBG) Federal Davis-Bacon Wage Compliance Requirements Apply
Sealed proposals for the work shown on the

plans entitled: **Contempo Park Accessibility Improvements, No. 19-07** will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until **2:00 P.M. on WEDNESDAY, MARCH 11, 2020**, at which time they will be publicly opened and read.
The Contractor shall possess a **Class A Contractor's license** at the time this contract is awarded.
Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990.
The bid documents are available on the City's website <https://www.unioncity.org/Bids.aspx>.
Bids may be obtained as a digital copy from the Public Works Department on CD upon the receipt of a \$10 non-refundable mailing charge via U.S. Mail or bidder's FedEx account number. All questions should be addressed to Merrill Buck, City of Union City Project Engineer, by email at merrillb@unioncity.org or by phone at (510) 675-5310.
Work consists of various improvements in Contempo Park located between Meteor Drive to the north and Springwood Drive to the south, in the City of Union City, California. The work includes the rehabilitation of an existing 8,000 square foot picnic area by removing and replacing existing asphalt and trees with miscellaneous other improvements including irrigation system, tree grates, seat walls, park furniture, curb ramps, pathway reconstruction and a parking lot slurry seal. The Engineer's Estimate for this project is \$600,000.
The successful bidder shall furnish a Payment Bond, Performance Bond and Maintenance Bond, acceptable to the City of Union City, in the amount of one hundred percent (100%) of the contract price.
This project is being financed with Community Development Block Grant funds from the U.S. Department of Housing and Urban Development (24 CFR Part 570) and is subject to certain requirements including: compliance with Section 3 (24 CFR Part 135) Economic Opportunities requirements; payment of Federal Davis-Bacon prevailing wages; Federal Labor Standards Provisions (HUD 4010); Executive Order #11246; and others.
Minimum federal wage rates apply for this project, as predetermined by the Secretary of Labor, and as set forth in the bid documents and incorporated as part of the special provisions. These wage rates may be examined at the City of Union City where the project plans, special provisions, bid and contract documents may be seen. If there is a difference between the minimum federal wage rates predetermined by the Secretary of Labor and the prevailing wage rates determined by the Director of the Department of Industrial Relations of the State of California for similar classifications of labor, the Contractor and their subcontractors shall pay not less than the higher wage rate.
**CITY OF UNION CITY
DATED: FEBRUARY 18, 2020
FEBRUARY 25, 2020
2/18, 2/25/20**

CNS-3342964#

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS NOTICE OF REQUEST FOR PROPOSALS (RFP) FOR TRAFFIC SIGNAL CONTROL IMPROVEMENTS
Proposals for Traffic Signal Control Improvements will be received at the City of Union, Public Works Department, 34009 Alvarado-Niles Road, Union City, California until Thursday, February

27, 2020 at 5 p.m. This project includes federal funds. The City has established a DBE goal of 0.0% for this contract. Contact the Department of Public Works at (510) 675-5308 to request a copy of the RFP. The RFP is also posted on the City's website: www.unioncity.org. All questions should be emailed to Michael Renk at mikerenk@unioncity.org.
City of Union City
Dated: February 10, 2020
2/18/20

CNS-3342321#

PROBATE

**NOTICE OF PETITION TO ADMINISTER ESTATE OF SHIRLEY SMITH
CASE NO. RP19043519**
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Shirley Dale Smith, Shirley D. Smith, Shirley Smith
A Petition for Probate has been filed by Janet Welborn in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Janet Welborn be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 3/5/2020 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60

days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: William L. Walker, PO Box 2360, Fair Oaks, CA 95628, Telephone: 916-535-7526
2/4, 2/11, 2/18/20

CNS-3339069#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-19-870131-AB Order No.: DS7300-19005918 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/5/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): Narayana Sasty Chilukuri, a married man as his sole and separate property Recorded: 2/28/2003 as Instrument No. 2003116303 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 3/12/2020 at 1:00 PM Place of Sale: On the Fallon Street Steps of the Alameda County Courthouse located at 1225 Fallon Street, Oakland, CA 94612 Amount of unpaid balance and other charges: \$69,518.52 The purported property address is: 6327 JOAQUIN MURIETA AVE #C, NEWARK, CA 94560-5430 Assessor's Parcel No.: 801-0189-175 **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself.

Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-870131-AB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South, San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-19-870131-AB IDSPub #0160191 2/18/2020 2/25/2020 3/3/2020 2/18, 2/25, 3/3/20

CNS-3338125#

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

City of Fremont Urban Forest Tree Inventory and Tree Canopy Assessment underway

In December 2019, the Fremont City Council awarded PlanIT GEO with a contract to complete a citywide inventory of all street and public trees and a tree canopy assessment, as well as a corresponding tree inventory software system.

In January, the PlanIT GEO staff started conducting the physical inspection of all street and public trees throughout the city. Certified Arborists, Tree Inspectors, and GIS Specialists are logging all tree details such as the exact location, species, and size. This inventory and canopy assessment will continue for the next six to nine months.

PlanIT GEO staff members are easily identifiable by their orange safety vests, hard hats, and name badges. They will not be able to answer questions about city policy or processes. If you have questions about these subjects or want more information about Urban Forestry, please visit the City Urban Forestry webpage at www.Fremont.gov/Trees or call (510) 494-4730.

When completed, the inventory and canopy assessment results will be used to inform the city's first Urban Forest Management Plan. Based on the tree inventory data collected and analysis of available staff, equipment, and budget resources, the plan will provide detailed recommendations and resources necessary to effectively manage street and public trees. In addition, the plan will provide the city and the Fremont community with information surrounding the significance of an urban forest and the sizeable role it plays in contributing to sustainability and the City and State's Climate Action Plan.

Fremont issues call for artists for new public art installation

Calling all artists! The City of Fremont is seeking artist proposals for the commission of an innova-

tive and permanent public art installation for a new outdoor plaza, Urban Plaza, in Fremont's Warm Springs Innovation District. The artist will design, fabricate, and install the artwork. The call is open to all professional artists nationwide. Artists must be at least 18 years of age and have experience working with substantial budgets. The maximum budget for this project - including design, fabrication, and installation -- is \$320,000.

The artwork will be located at the Metro Crossing Urban Plaza, which is part of a new mixed-use development currently under construction at 44960 Warm Springs Blvd. in Fremont's Warm Springs Innovation District. Metro Crossing will include 1,001 residential units comprised of condominiums and apartments, and 6,000 square-feet of retail space. The artwork itself will be in the public right-of-way on the corner adjacent to Urban Plaza. The plaza will be privately owned but publicly accessible open space.

The artwork will serve as a centerpiece, marking the main entrance into Metro Crossing. It will be visible from the adjacent Warm Springs/South Fremont BART Station across the street. Urban Plaza will provide a walking pathway, meandering seating walls, heavily landscaped areas, granite stone seating areas, benches, bike racks, and vibrant kinetic private art pieces on the south side of the plaza. The commissioned artwork will help define the character of the area, promote a pedestrian-friendly atmosphere, offer pleasant walking experiences for residents and visitors, and receive significant exposure.

For more information and to apply, interested artists can visit www.Fremont.gov/UrbanPlazaArt. The deadline to apply is Monday, March 2, 2020.

Upcoming Fremont Recreation Services Summer Job and Camp Fairs

Looking ahead to the summer season, the City of Fremont Recreation Services is hosting the annual Summer Camp Fair at the Fremont Main Library, 2400 Stevenson Blvd., on Tuesday, March 31 from 5:30 p.m. to 7:30 p.m. Attendees will learn about Recreation Services' Summer Camps, Teen Volunteer Program, Aqua Adventure

Waterpark, and more. Camps take place June 15 to August 25 with full-day, half-day, and extended care options. Registration for 2020 Summer Camps is underway at www.RegeRec.com. Residents interested in learning more can visit www.Fremont.gov/Camps.

Those looking for job opportunities in the summer season can save the date for Recreation Services' Summer Job Fair on Thursday, March 5 from 5:00 p.m. to 7:30 p.m. at the Centerville Community Center, 3355 Country Dr. This event provides an excellent opportunity for anyone looking for a seasonal or year-round part-time job. Learn more at www.Fremont.gov/RecJobs or call (510) 494-4300.

Vote-by-Mail Box in front of Fremont City Hall

Vote by mail voters who do not want to mail in their ballot can drop their voted ballots off, in the Vote-by-Mail box, in front of Fremont City Hall, located at 3300 Capital Ave. as well as other drop-off sites throughout Alameda County. The Vote-by-Mail box will be open until Tuesday, March 3, at 8:00 p.m.

For a list of drop-off sites throughout Alameda County visit www.acgov.org/rovapps/maps/bal-lorddropbox_map.htm.

Multi-Family Organics collection service

State and county laws require all residents to subscribe to an organics collection service. Townhome and condominium residents must now have a third green organics cart to comply with these regulations, even if they do not generate any landscaping or yard trimmings.

The organics green cart is designated for natural, biodegradable materials that will be turned into compost, restoring nutrients and moisture to the soil. The compost is then used for landscaping, mulch, and fertilizer.

Plants from the yard, patio, or house, leftover food products such as scraps and trimmings, as well as paper that is wet, oily, or contains food residue are types of organic materials that go in the green cart.

Newark Police Log

SUBMITTED BY NEWARK PD

Wednesday, January 29

- At 9:10 p.m. Officer Langenstein arrested a 29-year-old San Leandro man in the 200 block of NewPark Mall Road on suspicion of possessing multiple controlled substances, drug paraphernalia, burglary tools and stolen property and also for a probation violation and providing false identification to an officer. He was booked into Santa Rita Jail.
- At 10:26 p.m. officers from an outside agency pursued a vehicle into Newark on various traffic related offences. During the pursuit, the suspect driver struck another vehicle with three people inside at Jarvis Avenue and Lido Boulevard. The driver of the second vehicle was trapped inside and had to be rescued by members of the Alameda County Fire Department. The other two occupants sustained non-life-threatening injuries. Newark officers closed the roadway during the event. The suspect attempted to flee on foot after the collision but was quickly appre-

hended by officers from the outside agency and later booked into Santa Rita Jail.

Saturday, February 1

- After a 1:08 p.m. traffic stop in the 37000 block of Starflower Street, Officer Damewood arrested a 41-year-old man and a 34-year-old woman, both of Newark, on suspicion of felony probation violation, transportation of narcotics for sale, possession of a concealed dirk or dagger, possession of drug paraphernalia, a parole detainer, felony possession of stolen property and other charges. Both were taken to Santa Rita Jail.

Sunday, February 2

- At 12:40 a.m. Officer Herrera arrested a 39-year-old male transient in the area of Thornton Avenue and Cedar Boulevard on suspicion of being under the influence of a controlled substance. He was booked at Fremont Jail.
- At 7:24 p.m. officers responded to a report about a shoplifter in-custody in the 200 block of Newpark Mall Road. Officer Riddles accepted the arrested of a 55-year-old Oakland man on suspicion of theft of personal property, misdemeanor probation violation and possession of drug paraphernalia.

Starstruck starts up summer theatre camp

Are your kids interested in the performing arts, or looking for a fun and enriching way to spend the summer? If so, Starstruck may be what you are looking for. Registration starts February 18 for the Theatre's annual summer camps.

This year both productions have an animal theme – with a four-week camp for Madagascar Jr. (one session only) and a two-week camp for The Lion King Kids (three sessions). Only 50 students are accepted for Madagascar Jr., and 35 for each session of Lion King Kids, so if

you are interested send in your application soon.

Online application form and more details are available at <https://starstrucktheatre.org/programs/summer-performance-camps/>.

**Madagascar Jr.
Camp:
June 15 – July 10
Performances: July 10-12**

**The Lion King Kids
Camp A:
July 13 – July 25
Performances July 24-25**

**Camp B:
July 27 – August 8
Performances August 8-9**

**Camp C:
August 10 – August 22
Performances August 21-22**

**Online applications start:
Tuesday, February 18 at 10 a.m.**

COMMUNITY BULLETIN BOARD

A-1 Comm. Housing SVCS Credit & Money Management Workshop
Resolve your credit issues & be better money managers
Every 2nd Saturdays 10am-2:30pm
22693 Hesperian Blvd. #150
Hayward, CA 94541
Please register www.a1chs.org or call 510-674-9227

SPARKPOINT FINANCIAL SERVICES for Low-Income Residents
FREE financial coaching & services.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
39155 Liberty St, Rm #A120
To register, call 574-2020
Fremont.gov/SparkPointFRC

League of Women Voters Fremont-Newark-Union City www.lwvfnc.org
Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

Is Food a Problem For You? Try OVEREATERS ANONYMOUS
Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome
www.oasaco.org or www.oa.org
510-449-7610

ABWA-Pathfinder Chap. American Business Women’s Assoc.
provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. DoubleTree
39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465
www.abwa-pathfinder.org

LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK?
Fremont Area Writers (FAW) is here to HELP!
Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M.
42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers!
“Second Saturday” Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub.
Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju’s on Thornton Ave next to Dale’s Hardware in FRMT.
Critique Groups to help you from first draft to publication
Everyone is welcome! www.cwc-fremontareawriters.org

FIRST UNITED METHODIST CHURCH
2950 WASHINGTON BLVD, FREMONT, CA
We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status.
Check out our website: www.firstchurchfremont.org

Zumba Kids with Jazzy Jenny
Kids ages 4-12
Saturdays 2:30pm-3:30pm
At Hope Community Church
One hour of games,fun, and dancing.
The last Saturday of every month is Zumba Family!
For more info email: zumba.jazzyjenny@yahoo.com

F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics
Bronco Billy’s Pizza
41200 Blacow Road Fremont
Most meetings 6pm - third Sun of the month.
For Info Visit our website: www.funprogressives.com
Contact us at: funprogressives@gmail.com

FREE INCOME TAX PREP IRS-Certified Tax Preparers
\$56,000 or less annual household income. Other restrictions may apply.
FREMONT
FAMILY RESOURCE CENTER
39155 Liberty St, #H830 Fremont.
Open Jan 22 - April 15.
W-Th: 4-8pm; Fri: 10am-1pm
510.574.2026

Fremont FAMILY RESOURCE CENTER
24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5.
39155 Liberty St, Fremont
510.574.2000 or Fremont.gov/FRC

FREMONT COIN CLUB
Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge
38991 Farwell Dr., Fremont
Guests Always Welcome,
Enjoy Show N Tells, Drawings Auction, Refreshments
www.fremontcoinclub.org
510-366-1365

Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking?
Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope
Website: alanond17.weebly.com
For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270

Is Your Life Unmanageable Because of Debt?
Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone
DEBTORS ANONYMOUS
www.debtorsanonymous.org
Fri. 7pm St. James Episcopal Church
37051 Cabrillo Terrace Fremont
510-449-7610

TRI-CITIES WOMEN’S CLUB
Meets on the third Tuesday
Elk’s Club on Farwell Drive
9:15 – Cards & Games
11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club.
For more info, call 510-656-0162

Adult Day Program
Direct care staff wanted to work with people with developmental disabilities in community-based settings or environment.
Must be dependable and own a vehicle. Background check.
Training available
Call (510) 690 -9570

DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center
Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child.
39155 Liberty St, #H850, Fremont.
Fremont.gov/FRC
Reservations: 510.574.2010

Fremont Cribbage Club
Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at ROUND TABLE PIZZA at 5544 Thornton Ave., Newark
We welcome experienced players and will work with new players hoping to learn the game.
Email:Accgr43@gmail.com
For more information.

UNITY CHURCH OF CASTRO VALLEY
A Center for Positive Living
Rev. Donna Caldwell invites all people to attend our 11:00 a.m. Sunday Services
20121 Santa Maria Ave., Castro Valley
For classes & other activities 510/538-1416 www.unitycv.org

Buon Tempo Italian American Club Family Dinners
1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley
Everyone is welcome: Members \$15/Guests \$20
5-Course dinner
Reservations by prior Friday at 510-483-6929
www.buontempoclub.org

Do you like learning about history? Are you interested in antiques & collectibles?
Meet 2nd Tuesday each month to share lunch and learn something new.
Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

Afro-American Cultural & Historical Society
Sharing our culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library
510-793-8181
aachstricity.org
Welcome!

Free Health Coaching Session
Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep.
Work with a Coach for Better & Longer Lasting Results.
www.missionvalleyhealthcoach.com
jackie@missionvalleyhealthcoach.com
510-320-3956

The Tri-Cities Democratic Forum
meets every 3rd Wednesday
Chadni Restaurant- 5748 Mowry School Rd- in Newark.
Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people.
Contact President Sean Manalo sean.t.manalo@gmail.com

FREE INCOME TAX PREP IRS-Certified Tax Preparers
\$56,000 or less annual household income. Other restrictions may apply.
OHLONE COLLEGE
TRI-CITIES CAREER CENTER
39399 Cherry St, #1211, Newark.
Tuesdays thru Apr 14 by appt only.
Schedule appt at fremontvita.org; if unable, call 510.574.2026.

10 lines/\$10/ 10 Weeks \$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

**Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.
TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.
Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

FREE PRESCHOOL
Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying.
Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week.
Openings now and throughout the school year.
For information: 510-659-2579 or preschool@fremont.k12.ca.us

A-1 Comm. Housing SVCS
1st Time Home Buyers
Certification Workshop
Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227

FAW “SECOND SATURDAY” Meet your local FAW authors
Second Saturday of Every Month
Sponsored by Half Price Books & Fremont Area Writers
39152 Fremont Hub
Reading 2:00 to 4:00 pm
Different author each month
Fiction, nonfiction, poetry, etc.
EVERYONE IS WELCOME!

Union City Toastmasters All are Welcome!
Every1st & 3rd Monday from 7-9pm
904 H Street, Union City
Practice your Speaking Skills & Lead with Confidence!
For more information 5269.toastmastersclubs.org/ 510-386-7722

FAMILY CAREGIVING: ASK THE EXPERTS
Questions about caregiving? Ask our eldercare experts!
Tues. Feb 18, 4pm-6pm
Center for Elders’ Independence
1850 Fairway Dr, San Leandro
Dafina Dailey, 510-318-7136
For more info and to register: <http://bit.ly/Feb18experts>

FREMONT PARKINSON’S SUPPORT GROUP
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont, CA
Meets 7:00 p.m.
fourth Monday of the month except in May, Aug. & Dec.
Join us for speakers & discussions with Members the world

AMERICAN LEGION POST 649
Veterans and Active Duty Military are Invited
Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner
Formal meeting starts at 7:00 pm Meet at the Moose Lodge
20835 Rutledge Rd Castro Valley
www.amlegionpost649.org

AMERICAN LEGION POST 837
Veterans and Active Duty Military are invited
Meetings 3rd Tuesday each month - Except July and Dec.
Social Time 6:30pm
General Meeting 7:15pm
VETERANS MEMORIAL BUILDING (NILES)
37154 2nd & E Strets
Fremont
www.POST837.org

VETERANS OF FOREIGN WARS POST 9601 Veterans and Active Duty Military are Invited Meetings 2nd Tuesday each month. Meeting Starts at 6:30PM
Veterans Memorial Building
22737 Main St
Hayward, CA 94541
www.vfw9601.org

COMMUNITY BULLETIN BOARD

**Need more steps?
Try Square Dancing!
The Swinging 21er
Square Dance Club**
Class for new dancers
begins January 14 2020.
Make new friends! Fun & Snakcs
Meet Tues., 6:30-8:30pm
Fremont Elks Lodge
38991 Farwell Dr. Fremont
510-887-5605

**Monday Night BINGO
1st Monday
each month
at
Niles Mobile Home Park**
711 Old Canyon Rd., Fremont
Near Vallejo Mills Elem. School
Doors open 6:00pm
Games start at 7:00pm
more info:
510-513-3237

**FREMONT AREA WRITERS
SPONSORS "THIRD SUNDAY"
LITERARY OPEN MIC**
Writers share their original work
Third Sunday of Every Month
Sign-up 3:00
Reading 3:30 - 5:30
At Starbucks - A family friendly
venue for family friendly material
39201 Cedar Blvd Newark
EVERYONE IS WELCOME!

THEATRE

Brilliantly Dark
"Black Comedy"
Shines

SUBMITTED BY CATHY BARRAGAN



Black Comedy, a one act farce set in London during the 1960s, introduces Brindsley Miller, a lovesick and desperate sculptor. In the hopes to impress his fiancée's pompous father and a wealthy art dealer, Brindsley embellishes his apartment with furniture and objects d'arte "borrowed" from the absent antique collector next door. Suddenly, a fuse is blown and the lights go out. The fussy neighbor returns home earlier than planned and frantic attempts to return the items ensue, as unexpected guests, errant phone cords, and other snares get in the way of getting everything back before the light is restored.

The original 1967 Broadway production of Black Comedy was nominated for five Tony Awards including Best Play. The production is staged with a reversed lighting scheme – opening in darkness, before illuminating to reveal the characters in a "blackout" – an added layer of ambiance and absurdity for the audience to enjoy as the lighting takes on a role of its own.

Black Comedy is brought to life by director John Maio – an award winning actor and director who has worked throughout the San Francisco Bay Area for the past 40 years. Black Comedy will be the sixth production John has directed at DMT. For more information, visit www.johnjmaio.com.

Black Comedy
Friday, Feb 21 – Sunday, Mar 8
Preview Night: Thursday, February 20 at 8 p.m.
Friday/Saturday: 8 p.m.; Sunday: 2 p.m.
Douglas Morrisson Theatre
22311 N. Third St., Hayward
(510) 881-6777
www.dmtonline.org/black-comedy
Tickets: \$15 - 29

Honor Roll

Tufts University, Massachusetts
Fall 2019 Dean's List

• Thalia Lightstone of Fremont

Simpson University, California
Winter 2020 graduate

• Kevin Alcosiba of Newark

Ashland University, Ohio
Fall 2019 Dean's List

• Avanti Patel of Fremont

Palmer College of Chiropractic, California
Winter 2020 new enrollee

• Tyler Watson of Milpitas

Emerson College, Massachusetts
Fall 2019 Dean's List

• Timothy Sanders of Fremont
• Vineet Raju of Fremont
• Taylor Wade of Castro Valley

Wheaton College, Illinois
Fall 2019 Dean's List

• Sarah Kwan of Newark
• Estelle Rios of Newark
• Abigail Chen of Hayward

• Sara Grace Rosselli of Fremont
• Lucy Henneker of Castro Valley

Western Governors University, Utah
Fall 2019 graduates

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• Kirsten Hobson of Fremont
• Czarina Worden of Fremont
• Michael Berger of Newark

University of Dallas, Texas
Fall 2019 Dean's List

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• Minh Ly of Hayward

Georgia Institute of Technology
Fall 2019 Faculty Honors

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Miami University, Ohio
Fall 2019 President's List

• Akshita Lathar of Fremont

California State University, Stanislaus
Fall 2019 Dean's List

• Numair Ali of Fremont
• Bella Rivera of Fremont
• Yifei Shi of Fremont
• Kaleigh Taylor of Fremont

Chabot College Dream Center

SUBMITTED BY GUISELLE NUNEZ

Providing a safe and confidential space for Chabot College students since the spring 2019 semester, the Chabot College Dream Center celebrates its one-year anniversary. Dedicated to providing specialized counseling, financial aid and scholarship information, residency information, legal services and workshops, as well as a laptop lending library to undocumented students and allies, the Chabot College Dream Center is proud of the safe space that has developed over the past year and the promise of continued growth in the future.

Over the past semester, the Dream Center has hosted workshops and participated in events for students and members of the community. These events included UndocuWelcome, Undocumented Student Week of Action including author Alberto Ledesma; Know Your Rights workshop; Transfer & Financial Aid workshop; movie night featuring Living Undocumented; Raza College Day, which included workshops for middle and high school students; and multiple Community Immigration Forums through Chabot College and Dream Center services. These workshops, along with providing a safe and confidential space, enable students to learn about options available to them free from fear.

"I was born in Jalisco, Mexico but consider myself a Bay Area native. From an early age, I have learned that hard work, determination and connections will get you one step closer to where you want to be," says Dreamers Club president, Filiberto. He plans to graduate in May and transfer to his dream school, Cal Poly State University, San Luis Obispo.

This year, the Chabot College Dreamer's Club, has a dynamic new leadership team and committed group of students with goals focused on high school student outreach. Dream Center outreach specialist, Maria Gutierrez, will be conducting outreach presentations at local high schools over the next semester with the goal of targeting Chabot-bound high school seniors and adult school students to inform them of the options available to undocumented students, the Dream Center services, and the programs and resources here at Chabot.

The Dream Center has also partnered with the Immigration Institute of the Bay Area (IIBA) over the past semester, providing students with free, individual legal consultation sessions with immigration attorneys. The next session will be held on Wednesday, February 26, 11 a.m. – 2 p.m. in the Dream Center.

For more information about the Dream Center and the services provided, visit www.chabotcollege.edu/dreamers.

**Immigration attorney consultation
Wednesday, Feb 26**
11 a.m. – 2 p.m.
Chabot College
Building 700 S., Room 727B
25555 Hesperian Blvd., Hayward
(510) 723-6957
www.chabotcollege.edu/dreamers



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