



Run/hike
Coyote Hills
Page 29



Vibrant
'Wizard'
marks
StarStruck
milestone
Page 22



Ferment it!
Page 14

What's Happening

TRI-CITY VOICE

Fremont, Newark, Union City & Castro Valley, Hayward,
Milpitas, San Leandro, San Lorenzo, Sunol

"Accurate, Fair & Honest"



Scan for our FREE App or
Search App Store for TCVnews

510-494-1999

tricityvoice@aol.com

www.tricityvoice.com

January 21, 2020

Vol. 18 No. 4

Tet Festival

continued on page 30



Children's Book Illustrator show

continued on page 12



PhotoCentral juried exhibit

SUBMITTED BY LEAH VIRSIK

PhotoCentral Gallery presents H.A.R.D.'s "42nd Area Artists' Annual Juried Exhibition." This long-running competitive annual exhibit features stunning artwork from fifty-two local artists.

Diane Zuliani, our exhibition's Juror, brings over thirty years of experience in visual culture to her evaluation process. She has held long-term associations with art museums (J. Paul Getty Museum, O'Keeffe Museum) and with higher education entities (Chabot College, Stanford University Continuing Studies). When asked about her experience reviewing the entries for this show, she said, "This task was as enjoyable as it was challenging. Selecting 70 artworks from a pool of 261 original and worthy submissions was no easy task, but I was not surprised by the high quality of the entries. Bay Area artists never disappoint."

continued on page 36

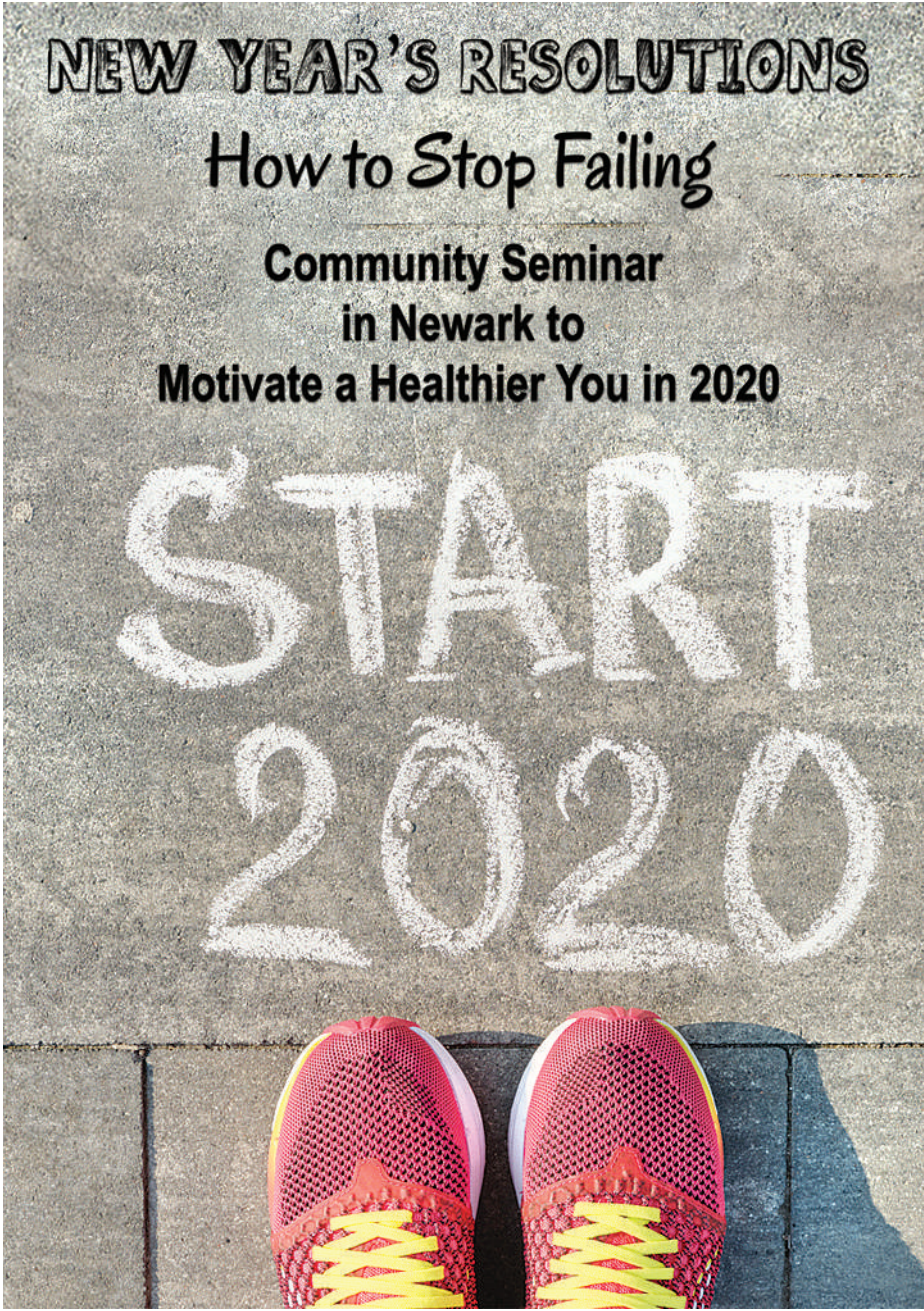
INDEX

Arts & Entertainment . . . 19
Bookmobile Schedule . . . 20
Business 8

Classified 23
Community Bulletin Board 34
Contact Us 27
Editorial/Opinion 27
Home & Garden 13

It's a date 19
Kid Scoop 16
Mind Twisters 10
Obituary 30
Protective Services 31

Public Notices 32
Real Estate 15
Sports 24



It's only late January, but already those New Year's resolutions seem to be faltering—or outright failing. And this isn't the first year it's happened. Why can't we keep our New Year's resolutions?

The key, according to Victoria Leiphart, MD, of Washington Township Medical Foundation, is to set realistic and achievable goals. "It's important to break the cycle of setting goals for the new year and failing by February. It's disheartening to feel like a failure," she says. "What derails most of us is being too ambitious and setting too many goals all at once," Dr. Leiphart also warns against setting goals that are too broad or too vague.

At an upcoming Washington Hospital community Health & Wellness seminar, titled "Ready, Set, Goal! A Healthier You in 2020," Dr. Leiphart will discuss strategies for eliminating bad habits and ways to establish new routines to help feel happier and healthier.

Open to the public—men and women of all ages—this free seminar will be held from 6 to 8 p.m., Thursday, Feb. 27, in the conference room of the Washington Township Medical Foundation, Danielson Clinic, 6236 Thornton Ave., Newark.

People are more likely to be healthier and happier if they set realistic, achievable goals. At the seminar, attendees will learn tips for setting realistic goals and staying on track. "Everyone wants to make changes," Dr. Leiphart notes. "We think about losing weight, reducing the clutter in our homes, limiting the number of obligations we have, or setting a budget to spend less money."

It's important to break the cycle of setting goals and then failing. A good example is the current interest in decluttering. Reducing clutter can be achieved if it's done in reasonable bites. But believing you have to go through every single object in the house and get rid of most of it, leads to feeling overwhelmed and ultimately, to failing to meet the goal.

Dr. Leiphart advises, "It's much better to break a goal down into smaller goals that can be met and then enhanced when achieved." For example with a weight-loss goal, rather than setting a goal to lose 20 pounds, a more achievable goal may be to exercise 20 minutes a day, three days a week, followed by a goal of five days a week. A goal to declutter a house may begin with one room—or even one closet.

Washington Hospital presents free health education seminars available to all community members. Topics for these seminars are based on a Community Health Needs Assessment and suggestions by seminar attendees.

To register (recommended) for this seminar, or for more information, visit www.whhs.com/events or call 800.963.7070. Health & Wellness seminars may be televised on InHealth, a Washington Hospital channel (Comcast channel 78). Past presentations may be found online at www.youtube.com/whhsInHealth.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



Follow WHHS on Facebook & Twitter





A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	1/21/20	1/22/20	1/23/20	1/24/20	1/25/20	1/26/20	1/27/20	
12:00 PM 12:00 AM	Women's Health: Strategy for Wellness: Gender Matters: Heart Disease Risk in Women	Weight Management: Stopping the Madness	Diabetes Health Fair 2019: Diabetes & Stroke: What's the Connection?	Diabetes Matters: Asian Fusion	11th Annual Women's Health Conference: Patient's Playbook	Sideline by Back Pain? Get Back in the Game	Anxiety: Stop Negative Thoughts	
12:30 PM 12:30 AM	Digestive Health: What You Need to Know		Gastrointestinal Disorders	Voices InHealth: Antimicrobial Stewardship				
1:00 PM 1:00 AM				Women's Health through the Years: Screening is Key to Aging Well	Suffer From Sinus Problems?	Washington Township Health Care District Board Meeting January 8, 2020		
1:30 PM 1:30 AM	Washington Township Health Care District Board Meeting January 8, 2020	Hepatitis B and Liver Cancer: Prevention and Treatment	Early Detection and Prevention of Female Cancers	Washington Township Health Care District Board Meeting January 8, 2020	Mental Health Education Series: Understanding Psychotic Disorders	Washington Township Health Care District Board Meeting January 8, 2020	Healthy Gut, Healthy You	
2:00 PM 2:00 AM								
2:30 PM 2:30 AM		Diabetes Matters: Latin Foods	Sports Medicine Program: Why Does My Shoulder Hurt?			Advancements in Lung Cancer Detection and Treatment		Diabetes Matters: Diabetes Conversations
3:00 PM 3:00 AM	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss		Caregiver Series: Securing Care Preferences Through AHCD					
3:30 PM 3:30 AM	Preventive Screenings: When and Why are They Important?	Vitamins & Supplements: How Useful Are They?	Washington Township Health Care District Board Meeting January 8, 2020	Diabetes Matters: Diabetes & Eyes	Diabetes Matters: Dining Out Around The World	Symptoms of Thyroid Problems	Diabetes Matters: Filipino Food Made Healthy	
4:00 PM 4:00 AM	Strategies to Reduce the Risk of Cancer Recurrence			Women's Health Conference: Reclaiming Your Confidence	Women's Heart Health			Mental Health Education Series: Mental Wellness
4:30 PM 4:30 AM							Solutions for Weight Management	
5:00 PM 5:00 AM	Chronic Kidney Disease: FAQ	Aortic Valve Disease: Treatment Options Including TAVR	Latest Treatment Options for Wound Care					
5:30 PM 5:30 AM	Mental Health Education Series: Crisis Intervention	Women's Health: Planning for Pregnancy	Sports Medicine Program: Nutrition & Athletic Performance	Respiratory Health and Diseases	Updated Treatments for Knee Pain & Arthritis	Understanding HPV: What You Need to Know	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	
6:00 PM 6:00 AM		Mindful Healing				Relieving Back Pain: Know Your Options		Endometriosis: Causes, Symptoms, Diagnosis and Treatment
6:30 PM 6:30 AM			Stop Diabetes Before It Starts		Washington Township Health Care District Board Meeting January 8, 2020		Learn the Latest Treatment Options for GERD	
7:00 PM 7:00 AM	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be	Stress Management		Strategies to Help Lower Your Cholesterol and Blood Pressure		Diabetes Matters: Diabetes: Is There an App for That?		Sick Feet?
7:30 PM 7:30 AM			Peripheral Vascular Disease: What You Need to Know		Diabetes Health Fair 2019: Diabetes and Foot Care	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Family Caregiver Series: Advance Health Care Planning & POLST	
8:00 PM 8:00 AM	Family Caregiver Series: Understanding Healthcare Benefits	How To Stop Disease Before It Starts		Family Caregiver Series: Medication Safety	Diabetes Matters: Diabetes and Kidney Health	Keeping Your Brain Healthy	Washington Township Health Care District Board Meeting January 8, 2020	
8:30 PM 8:30 AM	Diabetes Matters: Exercise IS Medicine		Mental Health Education Series: Understanding Mood Disorders	Metabolic Disorders	Diabetes Matters: Basics of Insulin Pump Therapy			
9:00 PM 9:00 AM	Laugh without Leaking: Understanding Female Urinary Incontinence	Family Caregiver Series: Loss, Grief & Recovery			Learn About the Signs & Symptoms of Sepsis	Advance Care Planning: Five Wishes	Inside Washington Hospital: Advanced Treatment of Aneurysms	
9:30 PM 9:30 AM	Balance & Falls Prevention	Diabetes Health Fair 2019: Standards of Medical Care in Diabetes	Women's Health: Depression: More Than a State of Mind	Diabetes Matters: Straight Talk About Diabetes Medications	Family Caregiver Series: Managing Family Dynamics in Caregiving	Diabetes Matters: Diabetes and Your Heart		

FIRST ARTICLE IN TWO-PART SERIES

UCSF - Washington Cancer Center Takes a “Whole Patient Care” Approach

Registered dietitian joins team to provide nutritional support to cancer patients

A cancer diagnosis often represents a major life event for the person with cancer as well as their close family members and friends. It can be emotionally and physically demanding, bringing fear of the unknown and unexpected lifestyle changes to accommodate the treatments ahead. That's why the UCSF - Washington Cancer Center has built a multidimensional team of clinicians who not only treat the cancer, but support patients and their loved ones in many areas along their medical journey.

“We know our patients’ needs are far greater than simply the right medications and treatments targeting their cancer,” said the Oncology Program Director, Richelle McCarthy. “Each person’s case is unique, so we take a comprehensive, holistic approach to make sure all their needs are met. We treat the whole patient—no matter their age, type of cancer, background or set of beliefs.”

The UCSF - Washington Cancer Center is led by two of the country’s leading cancer specialists from UCSF Health, Bogdan Eftimie, MD, and David J. Lee, MD. They collaborate with a specialized team of surgeons, medical oncologists, radiation oncologists, pathologists, nurse navigators and other clinicians to provide a seamless experience for patients. New additions to the team include Laura Nolting, a registered dietitian, and social worker Andie Barker who will be featured in the second article of this series next week.

Clinical dietitian Laura Nolting, MS, RD, has a lifelong history with Washington Hospital. She was born at the Hospital and served as a front desk volunteer while pursuing her



Clinical dietitian Laura Nolting, MS, RD, adds special value to the UCSF – Washington Cancer Center

undergraduate degree. She returned to the Hospital for her masters/dietetic internship with Food and Nutrition Services, and is now an employee. Nolting works with patients in the Hospital and the cancer center to make sure they are getting proper nutrition during treatment.

“Ofentimes, people living with cancer feel the one thing they have control over is what they eat,” said Nolting. “There is an

overwhelming amount of information online about safe and healthy diets during cancer treatments. I help patients sort it all out by giving them evidence-based advice on how to adjust their diet for the best possible outcomes.”

When someone is undergoing chemotherapy, they may experience changes that affect their nutritional status such as a decrease in appetite or foods

tasting different than usual. These side effects can lead to weight loss or malnutrition, which can have a negative impact on the patient’s outcome. Those with lower white blood cell counts may need to follow a neutropenic diet, which means avoiding foods with a higher risk of contamination that can result in foodborne illness. Nolting will also often advise patients to follow a high-protein diet to combat hypermetabolism, a condition caused by some cancers.

“Patients often feel a sense of relief after I meet with them,” explains Nolting. “Some worry we’ll prescribe a complex list of foods or put heavy restrictions on what they can eat, but that’s not usually the case. Unless they have physical limitations from the cancer, we mainly advise them to continue eating what they regularly enjoy in order to stay well-nourished during treatment.”

The UCSF - Washington Cancer Center brings together their all-encompassing services with the latest in cancer research and technology in one convenient location. The Sandy Amos, RN, Infusion Center; Washington Radiation Oncology Center; Washington Cancer Genetics Program; and Washington Breast Health Program are all located on the Washington Hospital campus.

“I am honored to be a part of this tight-knit team,” concluded Nolting. “Using my expertise to support and encourage people dealing with cancer right here in my home community is truly rewarding.”

For more information on the UCSF - Washington Cancer Center, visit www.whhs.com/cancer or call 510.248.1600.



Washington Hospital Healthcare System
Investing in the health of the community.

whhs.com

Health&Wellness



Preventive Care— What You Need to Know

Preventive care includes health services like screenings and checkups to prevent illnesses, disease, and other health problems. At this seminar, learn about recommended preventive services and healthy lifestyle choices for good health and well-being.

**Thursday, March 5, 2020
6 to 8 p.m.**

**Washington Township Medical Foundation
Nakamura Clinic conference room
33077 Alvarado-Niles Road, Union City**

Free Community Seminar

SPEAKER



Harpreet Dhillon, MD
Internal Medicine
Washington Township Medical Foundation



**To register or for more
information, visit
www.whhs.com/events
or call 800.963.7070.**

Seminars may be televised on InHealth,
a Washington Hospital Channel
(Comcast Channel 78) and online at
www.whhs.com/inhealthtv.



Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.





**ST. JOSEPH
SCHOOL**
43222 Mission Blvd. Fremont

**Transitional Kindergarten
and Kindergarten
Sneak Peek**

Thursday • Jan. 23 • 6-7:30pm

RSVP

www.stjosephschoolfremont.org

**Prince of Peace
Christian School**

TOURS & OPEN HOUSE EVENTS
School of Choice | Preschool-8th Grade
Academically-Spiritually-Socially



Elementary (510)797-8186
January 9 – Tour the School 9-10am
January 21 – Kindergarten Information Night 7pm
January 22 – Kindergarten Registration begins 7am
February 1 – Open House 9am-1pm
February 20 – Tour the School 9-10am
March 2 – Open Enrollment begins
Preschool (510)456-4280
February 1 – Open House 9am-1pm
February 4 – Open House 9-11am, 12:30-2:30pm
March 2 – Open Enrollment begins



Secure Environment • Personalized Care •
Christ-Centered • Flexible Schedules • Small
Class Sizes

Computer Lab • Science Lab • Fine Arts •
Spanish • Athletics • After-school care • Small
Class Sizes • Summer Program

www.popchristianschool.com

Join BJ Travel's 2nd Annual Premiere Travel Show
January 29, 2020
5:30-7:30PM at Campo di Bocce of Fremont

Suppliers will have
special offers
available for this show only!
Don't spend all your travel dollars
on the holidays!
Give yourself the gift of travel!



Please join us for this special event featuring over 15 top land and cruise suppliers
on hand to answer your travel questions.

Event Specials!
Booking
Incentives!

Book
Your Next
Trip!

Light Bites!
Giveaways!

BJ Travel will also be offering
a special booking incentive
if you place your vacation
deposit the night of our event, on a
package of 7-nights or longer!
More details to follow!

RSVP by January 20, 2020
info@bjtravelfremont.com - OR
510-796-8300
Spots are limited! Confirm today!

**Call us
Today!**
510-796-8300

Thank you Fremont
for voting
BJ Travel Center
"Best of Fremont 2019"

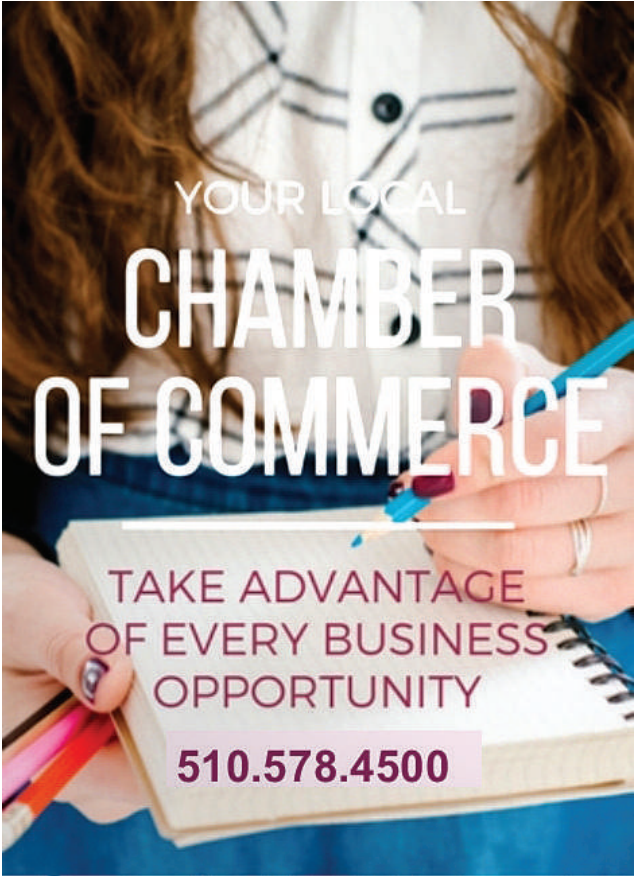


cathy@bjtravelfremont.com

CST # 1003860-40

www.bjtravelfremont.com

4075 Papazian Way, Ste. 101
FREMONT CA 94538

YOUR LOCAL
**CHAMBER
OF COMMERCE**

TAKE ADVANTAGE
OF EVERY BUSINESS
OPPORTUNITY

510.578.4500

NEWARK
CHAMBER OF COMMERCE

**KICK OFF 2020
WITH A BANG.**



BISTRO 880

COME TO YOUR SENSES

• Soothe Your Soul •

Fri., Jan. 3 – No Live Band	Sat., Jan. 18 – DJ David
Sat., Jan. 4 – No Live Band	Fri., Jan. 24 – Fantasy
Fri., Jan. 10 – The Mirage Band	Sat., Jan. 25 – DJ David
Sat., Jan. 11 – Vintage Plus Band	Fri., Jan. 31 – The Mirage Band
Fri., Jan. 17 – Level Set Band	Sat., Feb. 1 – Vintage Plus Band

• Treat Your Taste Buds •

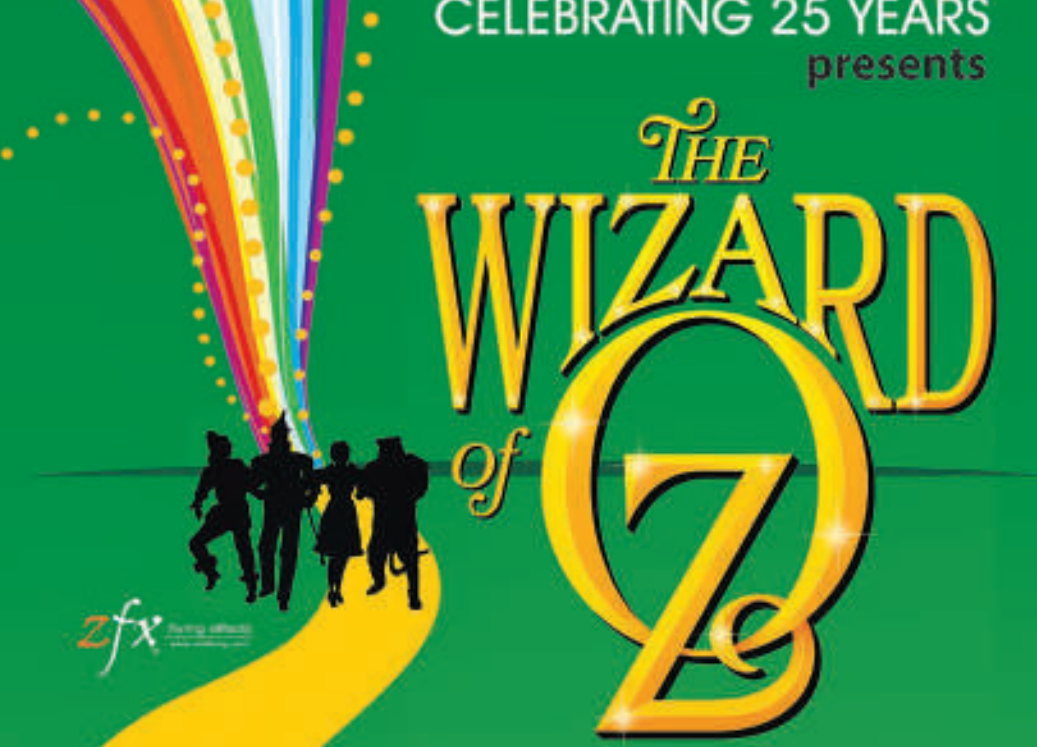
Who's happy? We are. Every. Single. Day.
Join us for happy hour every day from 4pm – 6pm.
Weekends included!

Join us for Sushi Wednesdays
Every Wednesday from 7pm – 9pm.

510.413.2300 EXT. 88 | BISTRO880.COM
39900 BALENTINE DRIVE, NEWARK

STARSTRUCK
CELEBRATING 25 YEARS
presents

**THE
WIZARD
of
OZ**



January 17-February 1, 2020
SMITH CENTER AT OHLONE COLLEGE, FREMONT

**Special 25th
Anniversary
Pricing**

All tickets \$25
(plus ticketing fee)

Box Office 510-659-1319
www.StarStruckTheatre.org

THE WIZARD OF OZ is presented by arrangement with Tams-Witmark,
a Concord Theatricals Company | www.tamswitmark.com



California governor restarts giant water tunnel project

BY ADAM BEAM, ASSOCIATED PRESS

California's governor has restarted a project to build a giant, underground tunnel that would pump billions of gallons of water from the San Joaquin Delta to the southern part of the state.

Gov. Gavin Newsom's administration on Wednesday issued a Notice of Preparation for the project, which is the first step in the state's lengthy environmental review process.

Last year, Newsom halted a similar project that would have built two tunnels for the same purpose. The new project will have only one tunnel, and it will carry less water. State officials don't know how much it will cost.

"This project would help safeguard a vital source of affordable water for millions of Californians," said Karla Nemeth, director of the California Department of Water Resources.

The tunnel would be a major addition to the State Water Project, the complex system of reservoirs, aqueducts and pumping plants that deliver water to more than 27 million Californians and 3 million acres of farmland. The water comes from rain and snow in the Sierra Nevada mountains.

State officials say they need the tunnel because intake for the current system is only

3 feet (0.91 meters) above the average sea level, making it vulnerable to climate change.

The San Joaquin Delta is home to nearly 750 species of plants and wildlife. It's also critical part of the breeding network of wild salmon. The Sierra Club California has opposed diverting water from the Delta because the organization is concerned about how it would impact fish and wildlife.

"We anticipated that there might be an effort to employ a list of efficiency, conservation, and other measures to reduce dependence on a tunnel before moving forward on such a massive and environmentally harmful project," Sierra Club California Director Kathryn Phillips said. "Now we'll have to focus a lot of time and energy on battling the tunnel again."

Other groups praised the project because they said it would modernize the state's aging water distribution infrastructure.

"This plan will help guarantee the reliable source of water we need to support additional housing necessary to meet the needs of California's population," said Dan Dunmoyer, president and CEO of the California Building Industry Association.



SUBMITTED BY SHARENE GONZALES

Alameda County Water District (ACWD) offers scholarships to Tri-City students in grades 6-12 who have a passion for making videos and a talent for storytelling. Students who attend a school in Fremont, Newark or Union City can enter ACWD's WaterClips student video contest to win scholarships up to \$500. Entries are accepted now through April 3.

To qualify, each entry will need to create a fun, educational and engaging 30 second video on one of three water related topics:

- The value of clean drinking water
- Say goodbye to single use water bottles
- A day without water

"We're excited to see students get creative to express their perspective on issues that affect one of our most precious of resources – water," said ACWD Board President Judy Huang. "ACWD has partnered for decades with Tri-City schools to educate students about water conservation and protecting water supply sources. This contest reinforces similar messages, but we will be able to see it through the students' lens with the use of digital media." Huang added, "What better way to engage our youth than with a tool we use every day?"

A total of six scholarships worth \$500, \$250 and \$100 will be awarded to participants in two groups, grades 6-8 and grades 9-12. Individual or group entries are accepted. Each student submitting a qualified entry will receive a free ticket to a local movie theater.

Teachers can also win! Classroom scholarships will be given to teachers in both groups sponsoring the most student submissions and/or the winning videos. Teachers that sponsor the winning videos will be awarded classroom scholarships worth \$200, \$100 and \$50. "Awarding checks to deserving students and teachers in our service area is a highlight for a director," said Huang.

For more information about the WaterClips student video contest and a complete list of rules go to www.acwd.org/waterclips or e-mail waterclips@acwd.com.

Mobile dental clinic opening in early 2020

SUBMITTED BY TRI-CITY HEALTH CENTER

Tri-City Health Center (TCHC), with funding from the Palo Alto Medical Foundation (PAMF), is opening its fifth mobile health clinic and the first to specialize in dental health care in southern Alameda County. The Comprehensive Health & Oral Mobile Project (CHOMP) mobile dental clinic is expected to open in early 2020.

CHOMP will provide screenings, diagnostics, preventative care and treatment services to the Fremont, Union City and Newark area. Dental Services are offered at the Irvington and Martha Avenue clinic locations. The new mobile dental clinic will assist in meeting unmet needs in the service area. For more information, call (510) 252.6864 or visit www.tri-cityhealth.org.

WaterClips student video contest
DEADLINE: Friday, April 3 by midnight
April 20 – 24: Finalists notified
May 6: Winners announced
Submit to waterclips@acwd.com



Haller's
MEDICAL SUPPLIES
Since 1957

Empathetic, Accurate & Timely Service is our #1 Priority

Medical Supplies

Scooters
Lift Chairs
Bath Accessories
Wheelchairs
Walkers/Canes/Crutches
Aids for Daily Living
Hospital Beds/Bed Accessories

Personalized Service
Special Orders

Sales Service
Rentals
Repairs

10% off
Transport Chairs and WheelChairs



Exp. 2/29/20

Haller's Medical Supplies
510-797-2221
4067 Peralta Blvd., Fremont
www.hallersrx.net
Mon-Fri: 9:00 a.m. - 6:00 p.m.





OHLONE HUMANE SOCIETY
Advocating For All Animals Since 1983

510-792-4587
39120 Argonaut Way #108, Fremont, Ca. 94538-1304
www.ohlonehumanesociety.org

East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs
Highly skilled and trained in all aspects of Cosmetic Surgery
Complimentary Cosmetic Consultations

Breast Augmentation With Allergan Gel Implants
\$6,999.00 Limited Time!
1st time augmentations only

Back by popular demand Latisse 5ML for \$185.00

Breast Augmentation specialist
Breast lift
Breast reduction
Mommy Makeover Specialist
Tummy Tuck
Liposuction
Upper/Lower Eyelids
Removal of Excess skin surgery after weight loss
Breast Reconstruction Specialist
We accept most insurance providers



Prasad G. Kilaru, MD, MBA
Diplomate, American Board of Plastic Surgery
Over 20 years experience in cosmetic surgery

New Year Specials!
Botox Special!
\$15.00 a unit when you mention this ad
WE USE THE FOLLOWING FILLERS :
Buy two volumas
get a free juvederm ultra or ultra plus

Voluma XC, Vollure, Juvederm Untra and Juvederm ultra plus
Please contact Delilah for filler pricing information at delilah@prasadkilaru.com or 510-791-9700

25% OFF SkinCeuticals Exp. 2/29/20
Contact our office with any questions. We would love to hear from you

510-791-9700
Contact Delilah for more information delilah@prasadkilaru.com
Se Habla Español and Marunong Po Kami Mag Tagalog
www.prasadkilaru.com
facebook  instagram 

39141 Civic Center Dr. #110, Fremont



Transmission • Clutches • Engine Performance • Emissions
Power Trains • Drivability Issues • Drive Axle
Brakes • Suspension • Diagnostics • Electrical • Heating & AC

Timing Belt Special
\$269 4 Cyl. Plus Tax
\$369 6 Cyl. Plus Tax
 Includes Timing Belt & Labor to Replace
Timing Belt
 With Water Pump/Collant & Labor
\$389 4 Cyl. Plus Tax
\$469 6 Cyl. Plus Tax
 Honda /Toyota/Nissan Factory/OEM Parts
 Not Valid with any other offer Most Cars Expires 3/30/20

EVOLUTION
TRU-CAST TECHNOLOGY
DRILLED & SLOTTED
PERFORMANCE ROTORS
Drive Safer - Stop Faster
Ceramic Formula Disc Brake Pads
\$90 Installation +Parts & Tax
 Most Cars Expires 3/30/20

Replace Catalytic Converter
 Factory, OEM Parts or after Market Parts
\$90 + Tax + Parts
CALIFORNIA APPROVED
Call for Price
 Most Cars Expires 3/30/20

AUTOMATIC TRANSMISSION SERVICE
Factory Transmission Fluid
\$129 + Tax Up to 4Qts
 • Replace Transmission Fluid
 • Inspect Transmission
 • Replace Gasket or Filter (Extra if needed)
 Most Cars Expires 3/30/20

Minor Maintenance
\$86⁹⁵ + Tax
 With 27 Point Inspection
 • Change Oil & Filter (up to 5 QTS)
 • Check Fluids, Belts, Hoses & Brakes
 • Evaluate Exhaust System
 • Check & Rotate Tires
 Most Cars Expires 3/30/20

Normal Maintenance
\$229 + Tax
 30K miles oil service
 break fluid regular oil service
 Replace air and A/C cabin filters, oil service, brake fluid, inspect brake pad, power steering fluid, test drive inspection, check and rotate tires. Extra with coolant transmission service. 60K/90K
 Not Valid with any other offer Most Cars Expires 3/30/20

PASS OR DON'T PAY SMOG CHECK
\$30 For Sedans & Small Trucks only
\$40 SUV Vans & Big Trucks
 Cash Total Price Includes EFTF
\$8.25 Certificate Included
 Most Cars Expires 3/30/20

BRAKE & LAMP CERTIFICATION
 For Salvage Cars - Fix-It Tickets & Lamp & Alignment
\$107
 OFFICIAL BRAKE INSPECTION STATION OFFICIAL LAMP INSPECTION STATION
 Not Valid with any other offer Most Cars Expires 3/30/20

Auto Transmission Service
\$98 + Tax Up to 4 Qts
 • Replace Transmission Fluid
 • Inspect Transmission or Filter (Extra if Needed)
 Most Cars Expires 3/30/20

Coolant System Service
Factory Coolant
\$89 + Tax Drain & Refill up to 1 Gallon
 Most Cars Expires 3/30/20

New CV Axle
\$169⁹⁵ + Tax
Parts & Labor
 Not Valid with any other offer Most Cars Expires 3/30/20

OIL SERVICE
ACDelco Factory Oil Filter
\$28⁹⁵ + Tax Made in USA
CHEVRON SAE SUPREME or Toyota Genuine
 Most Cars Expires 3/30/20

European Synthetic Oil Service
\$79 + Tax Up to 6 Qts.
 Pentosin High Performance Made in Germany
 5W40 or 5W30 Mobil 1
 Not Valid with any other offer Most Cars Expires 3/30/20

SYNTHETIC OIL CHANGE FACTORY OIL FILTER
CHEVRON Your Choice **MOBIL**
 Up to 5 Qts **\$56⁹⁵** + Tax
 Not Valid with any other offer Most Cars Expires 3/30/20

TOYOTA GENUINE FULL SYNTHETIC OIL CHANGE OR OW20 OR OW 16
\$56⁹⁵ up to 5 Qts.
ALL OTHER TOYOTA FACTORY OIL FILTERS
 Most Cars Expires 3/30/20

BRAKES FREE INSPECTION
 Replace Brake Pads, Resurface Rotors Front or Rear
Made in USA \$169 + Tax
Brake Experts OME & ORIGINAL DEALER PARTS
 Not Valid with any other offer Most Cars Expires 3/30/20

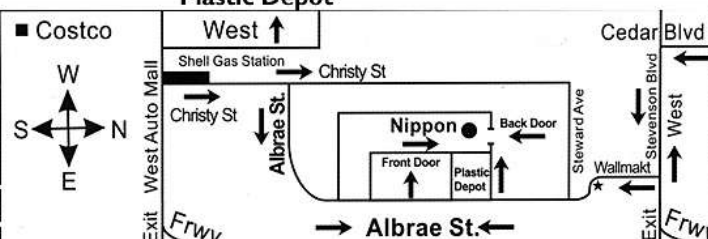
Electric & Computer Diagnostics
We are the ELECTRICAL EXPERTS
Only \$69 \$120 Value
 • Repair Loss of Power to Lights/Outlets
 • Repair Flickering/Dimming Lights
 • Repair or Replace Circuit Breaker Fuses, Panels/Meter Boxes
 • Upgrade Fuses
 • Aluminum Wires Replaced
 • New Circuits
 • Rewiring
 • Code Corrections
 • Inspection Report/Corrections
 • GFI Outlets, Lights, Fan, Switches
 • Outlets, Service Upgrade
 Most Cars Additional parts and service extra Expires 3/30/20

Check Engine Light Service Engine Soon
FREE (\$45 Value)
If Repairs Done Here
 Not Valid with any other offer Most Cars Expires 3/30/20

10% OFF AUTO REPAIR SPECIAL

Includes **Major Work**
Install Rebuilt or Used Engine & Transmission
Plastic Depot

Towing Available: FREE
Open Mon-Sat 8:30am-6pm
Sunday by Appointment Only
FREE Estimates & Consultation
24 Hour Phone Service
 Shuttle drop off available with 15 miles



Take HWY 880, Exit West Stevenson Blvd Left Albrae St. or Exit West Auto Mall Right Christy St Right Albrae St

Located behind Plastic Depot

510-207-5853 24 Hour Phone Service
41419 Albrae St., Fremont



Scan for our FREE App or Search App Store for TCVnews

Get our App and you will always know what is happening. We also have the back issues archived

COUNSELING CORNER

How to Keep Your New Year's Resolutions

BY ANNE CHAN, PhD, MFT

The New Year is still young – what is the status of your New Year's resolutions? If you're anything like me, the determination to go to the gym and eat less chocolate has vanished at a far greater speed than my internet connection. Please don't feel defeated if you've already reneged on your New Year's resolutions. Many who make New Year resolutions end up not keeping them. In fact, one study found that a third of resolutions fall by the wayside by the end of January. All is not lost, however. The fact that you made a resolution means something. Here's the paradox: those who make New Year resolutions are about ten times more likely to change their behaviors than those who don't. It appears that the very act of making a New Year resolution can help change your life for the better. But what separates a life-changing resolution from one that falls by the wayside?

First, the choice and wording of the resolution is critical. You must pick a goal that is deeply meaningful to you and that would make you feel good about yourself. Don't tell yourself that you resolve to be kinder and more generous if this doesn't truly mean something to you. You are almost certainly doomed to failure from the start if you choose a resolution that you're not invested in.

Another problem with most resolutions is that they are too vague. Popular resolutions like "I will lose weight" or "I will spend less money" are simply too generic. Make your goal concrete and specific to your needs. Target the exact behavior you want to change. Ditch the vague goals like "I will do less on social media" or "I will be more patient." Instead, be specific in the exact behavior you want to change. Use concrete language like "I will use a calm tone when my kid forgets his homework." Powerful resolutions are ones that include a solution. For example, instead of saying "I will save more money," you could say, "I will set

aside \$10 a week and put it in the box near the front door."

Another mistake people make when making resolutions is getting pumped up at the beginning of the New Year and coming up with resolutions that are too ambitious. It feels great to proclaim that you are going to give up all unhealthy foods or work out six days a week. However, soon into the New Year, the reality of making such dramatic change quickly derails the best of intentions. When wording your resolutions, think small or even tiny – small is mighty in the world of resolutions. Focus on a small change that is eminently doable, e.g. "I will go for a walk in my neighborhood one day a week with my neighbor" and "I will buy a coffee machine instead of spending \$5 at the local coffee store every day." Don't fall for the large sweeping grand goals. Choose small goals that you can achieve.

I have seen lists of resolutions that are longer than a teenager's Christmas wish list. Don't make the mistake of trying to do too much in your resolutions. Focus on one change at a time. Don't make a whole list of resolutions – you will either get overwhelmed, or you'll quickly forget about your long list. Instead, choose just one behavior to focus on.

People tend to assume that making a resolution is all that you need to do in order to make a change. Please note that making the resolution is just one step in a process of change. One vital step that most people skip is making a solid plan for carrying through with your resolution.

Ideally, you should outline your goal, the steps you plan to take to achieve the goal, the obstacles that prevent you from reaching your goal, and how you will address these obstacles. Include in your plan a timeframe for action steps, e.g. "By January 31, I will set up a separate savings account." Part of your plan should include rewards for sticking to your goals. Reward yourself along the way – sometimes resolutions might feel like

grim punishment and drudgery, but this doesn't have to be the case. Build in rewards in your planning to celebrate small successes.

Another key component to bolster your chances of success is to track your progress. Keep a journal about what you've achieved. Noting down what you've done (or haven't) will help you maintain your progress.

I always recommend getting a buddy to support you. Talk to your friends and family about the changes you wish to make. Ask them for their help and support. This is one of the key ways to sustain change. Buddies can help make you more accountable as well as hold you up when you feel like giving up.

We joke so much about breaking our New Year's resolutions that it almost feels that we are expected to fail at them. In a sense, we should expect missteps along the way. Embrace imperfection – reframe the idea that breaking resolutions means you're a terrible failure. Instead, build in the expectation that you will slip up now and then. Don't see slip-ups as a failure and then give up. Instead, see each slip-up as an opportunity to revise your plan and to renew your goal.

January 1 has long gone by the time you are reading this. Please remember that January 1 is just one date in the year. Indeed, many cultures celebrate the new year at different times of the year. In fact, there's a new year celebration every single month of the year. So please don't hyper-focus on January 1 as your date of change. Instead, tell yourself that you will make small changes throughout the year. I wish you all a very happy and healthy New Year.

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com.
 © Anne Chan, 2020



Learn how to express yourself on the drums!

SUBMITTED BY CAROL ZILLI

The nonprofit Music for Minors II will kick off 2020 with a BANG or a BONG! Our upcoming "DRUMMM Workshop" on January 29 from 7:00 – 9:00 p.m. at Niles Elementary will present dynamic percussionist, art therapist, trainer, and performer Jeni Swerdlow.

Swerdlow is a gifted facilitator who has playfully captivated thousands of participants bringing out their natural rhythms on her amazing drums. Her drum circles are renowned in America and abroad from audiences as diverse as gatherings of seniors to the high-tech corporate world. Drumming definitely transcends age, way of life, background, and position as it unites us in our humanity.

Don't miss this exciting event open to MFMI volunteers and the community! Teachers in FUSD,

NUSD, and CVUSD are offered professional development credits by attending this "Drummmshop." No drumming background is required. Gain confidence and be inspired and empowered to share your unique experience with others. Come DRUMMM with us!

No drumming background is required. Gain confidence and be inspired and empowered to share your unique experience with others.

Come DRUMMM with us!

This event is \$15, FREE to all MFMI Docents, their classroom teachers and principals of MFMI schools. Reserve your space at www.musicforminors2.org.

DRUMMM Workshop

Wednesday, Jan 29

7 p.m. – 9 p.m.

Niles School

37141 2nd St., Fremont

(510) 733-1189

info@musicforminors2.org

WINTER SALE

20% OFF

Limited Time

WE SPECIALIZE IN CLEANING:

BUSINESS DRESS

PARTY DRESS

TRADITIONAL ASIAN DRESS

DRY CLEANING LAUNDRY WASH N' FOLD

Open 7 Days a Week

Hours: MON - FRI: 7 AM - 7 PM SAT: 9 AM - 3 PM SUN: 10 AM - 2 PM

Plaza Cleaners

3932 Washington Blvd., Fremont, CA 94538 (next to Safeway)



TIMOTHY J. GAVIN

ATTORNEY AT LAW

CERTIFIED SPECIALIST

Estate Planning

Trust & Probate Law

Free Initial Consultation

510-248-4769

tim@gavin-law.com

www.gavin-law.com

39355 California St., Suite 209

Fremont, 94538

Celebrate Chinese New Year

SUBMITTED BY ALAMEDA COUNTY LIBRARY

Union City Library, San Lorenzo Library, and Castro Valley Library are hosting events on Saturday, January 25, to celebrate the Chinese New Year – the Year of the Rat.

Union City Library will organize a craft-making session for kids. San Lorenzo Library will host Red Panda Acrobats, and local children will also perform two traditional Chinese dances. The event is sponsored by San Lorenzo Village Homes

Association and Castro Valley/Eden Area Chamber of Commerce. Castro Valley Library will also host Red Panda Acrobats with performer Wayne Huey.

Chinese New Year Crafts
Saturday, Jan 25
1:00 p.m. – 2:30 p.m.
Union City Library
34007 Alvarado-Niles Rd, Union City
(510) 745-1464
<https://events.aclibrary.org/event/6258649>
For ages 3 – 12; children 8 and under should be accompanied by an adult

Red Panda Acrobats
Saturday, Jan 25
1:30 p.m. – 3:00 p.m.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
<https://events.aclibrary.org/event/5881706>

Red Panda Acrobats
Saturday, Jan 25
11 a.m. – 12 noon
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
<https://events.aclibrary.org/event/5911253>

Love history? Become a docent at Historic Shinn House



SUBMITTED BY AL MINARD

Do you remember the fun you had as a child when you dressed up in your parent's shoes, hat, and coat? Do you enjoy learning about the history of this area and sharing it with others? If so, there could be spot for you as a docent at the Historic Shinn House in Fremont. Docent training classes are starting soon, led by Margurite McInnes, Ph.D., one of the most experienced docents at the house.

Located at 1251 Peralta Blvd. in Fremont, the Historic Shinn House was completed in 1876 and is a two-and-a-half story Victorian style ranch house where five generations of the Shinn family lived. The Shinn family had one of the early plant nurseries in the area and planted demonstration trees on the property to show customers that nearly everything would grow in this region.

Joseph Shinn, along with other local farmers, negotiated with Crystal Bay Water to get water rights from Alameda Creek, underground water, and later, Hetch-Hetchy. Joseph, son of James and Lucy Shinn, was the first president of the Alameda County Water District, one of the first publicly-owned water districts in California.

Shinn's older sister Milicent was the editor and publisher of the Overland Monthly, a literary magazine sold nationally; she later became the first

woman to get a Ph.D. from the University of California. Their older brother went to school at Johns Hopkins University; his roommate was Woodrow Wilson, president of the United States from 1912 to 1920.

The Shinn family was instrumental in making this the beautiful area that we now know and appreciate. Those who complete docent training will be able to impress their friends and the general public with their knowledge of Tri-City history, the Shinn family, and Shinn House.

Docent training classes are planned for 1:30 p.m. to 3:00 p.m. Thursdays, January 23, 30 and February 6. Participants will receive a docent handbook, but they should also bring a notebook with them for writing additional information.

For details, or to reserve a spot in a docent training class, email Marguerite McInnes at servus41@gmail.com.

Shinn House docent training
Thursdays, Jan 23, 30, and Feb 6
1:30 p.m. to 3:00 p.m.
Shinn House
1251 Peralta Blvd., Fremont
(510) 795-0891
Contact Marguerite McInnes at
servus41@gmail.com



Live Happy, Healthy and Natural





CBD can relieve pain by reducing inflammation, relaxing muscles and blocking nerves signaling pain.



10% off all CBD chocolate

Through Valentine's Day

When you Mention this ad!

Now offering massage therapy on site!

Shop online and have it shipped right to you!
www.fremontbotanicals.com

Hours are Mon-Sat 10am to 6pm **510-797-2774**
37317 Fremont Blvd., Fremont 94536
#CBDBetter #THCfree and #ShopFremont

Salon Du Monde



NEW EYEBROW EMBROIDERY

Permanent Makeup

* Bridal/PROM Makeup * Nails/Ped

* Japanese Straightening * Facial

* Hair Extension * Wax

* Colors, Highlights * Up Do

* Haircut * Perm

(510) 742 - 1782

37627 Niles Blvd

Fremont, CA 94536

M - F:10 - 7pm, Tue-Closed, Sat:9 - 7pm, Sun:10 - 5pm

Call for appt

www.salondumondeniles.com



HERS Breast Cancer Foundation

"A soft place to fall."

Our mission is to support all individuals healing from breast cancer by providing post-surgical products and services regardless of financial status.

Now in THREE locations!

Fremont @ Washington Hospital (Washington West)

San Leandro @ Kaiser Permanente Hospital (Merced Street)

Pleasanton @ Stanford Health Care ValleyCare (Resource Center)

We provide post-surgical products and compassionate, expert fitting services. Our wide selection of camisoles, pocketed bras, prostheses, lymphedema garments, and wigs are made by:

ABC (American Breast Care) • Amoena USA

Anita International • Classique • Luisa Luisa • Jodee

Trulife • BSN • Julius Zorn • Medi • Prairie Wear

Dream USA • Henry Margu • Jon Renau

Under-served patients (low income, under-insured, or uninsured), may access products through our Assistance Programs. For more info, call (510) 790-1911.

To make an appointment, call (510) 790-1911 or email info@hersbreastcancerfoundation.org.

To learn about upcoming events, job opportunities, and much more, visit www.HERSBreastCancerFoundation.org

HERS is a 501(c)(3) nonprofit organization, Fed. Tax ID 94-3309906.



BUSINESS

Shape Our Fremont

Q&A About Housing Developments

New housing developments often bring up a new list of questions. Here are some of the latest:

Q. Are there any big housing proposals coming up?

A. There are four big development proposals in Fremont – one has already been approved, and three more are under review.

Bay Rock Apartments at Fremont Boulevard and Capitol Avenue was approved by the City Council in December. It will bring 248 housing units and a small amount of commercial space to the downtown district with a five-story main building and a six-level parking structure.

In Irvington, on Osgood Road next to the tall Osgood Residences building under construction, a second project has been proposed by the same developer. The Osgood II project would have 162 for-sale condominiums and 122 rental apartments in two five-story buildings. Ground level garages for the residents would use mechanical stacking systems. This is within the Irvington BART Transit Oriented Development Overlay. This

proposal is under review by city staff, and residents may email comments to staff planner Mark Hungerford at mhungerford@fremont.gov.

In Centerville, the Fremont Multifamily Residential preliminary proposal for 202 apartments in five- and six-story buildings, plus 8,420 square feet of commercial space in two-story buildings has been reviewed by city staff and returned to the developer with comments. This project would be on the west side of Fremont Boulevard, opposite the intersection of Parish Avenue. Until the developer decides to submit a Formal Application, there is no further action.

Finally, the latest Grimmer Irvington Center proposal wants to build 120 rental apartments and 85 for-sale stacked flat condos in the shopping center adjacent to the Cloverleaf Bowl in Irvington. The bowling alley would not be part of the proposal at this time. All the other buildings in the shopping center would be demolished and replaced by four- and five-story mixed use buildings on Fremont Boulevard, plus nine three-story residential buildings on the remainder of the property. All parking would be on site. This proposal is under review by city staff, and residents may email comments to staff planner Mark Hungerford at mhungerford@fremont.gov.

Q. A housing development near me was approved last year, but construction hasn't started. What happened?

A. A lot of things could have happened. The developer could have encountered problems in obtaining financing or could have decided that changes in the market make the project less desirable. As a result, construction could be delayed, or the property and the rights to build the project (called the entitlement) could be sold to another developer. Sometimes construction can be delayed for several years or more.

Q. What does “affordable by design” mean?

A. Developers sometimes claim a portion of their housing proposal will be affordable by design. Usually all it means is that those housing units will be smaller than similar units and therefore will be somewhat more affordable. It does not mean the housing will qualify as affordable housing, however, unless the developer agrees to a formal restriction. Affordable by design units are sold or rented at the prevailing market-rate.

Q. Are there any plans for the McIvors Hardware property in Mission San Jose?

A. This property stretches from Ellsworth Street to Mission Boulevard. The Ellsworth Residential proposal would demolish the hardware store and surrounding parking lots and replace them with a mixed-use development consisting of a two-story building facing Ellsworth with 3,465 square feet of commercial space on the ground floor and four residential

flats on the upper floor. The rest of the property would have 15 three-story townhouses in four buildings. The existing buildings and plaza facing Mission would remain.

This property is in the Mission San Jose Town Center and the Historic Overlay District. It is currently zoned for Town Center Commercial, which would allow a mixed-use development. The property was also recommended for inclusion in a Primary Commercial Area along Ellsworth from Washington to Anza. This proposal is under review by city staff, and residents may email their comments to staff planner Mark Hungerford at mhungerford@fremont.gov.

Q. What is a “designated neighborhood”?

A. It's a residential area where the homeowners have asked for and have been granted special standards for the size, setbacks, and height of houses in order to maintain the character of their neighborhood. It is primarily used to prevent construction of disproportionately large “megahomes” in older single-family neighborhoods of smaller one- and two-story houses. There are several conditions that must be met, and the process requires guidance by city planning staff.

California targets highly paid corporate executives

BY ADAM BEAM
ASSOCIATED PRESS

California is considering raising taxes on some of the country's largest companies, but the size of the tax increase would depend on how much its highest-paid executive make compared to its employees.

The bigger the gap, the bigger the tax increase. The bill by Democratic state Sen. Nancy Skinner passed out of its first committee hearing on Wednesday, keeping it alive ahead of a Jan. 31 deadline to pass the Senate.

The proposal would only apply to companies that post at least \$10 million of taxable income from business conducted in California. That would apply to about 2,000 companies nationwide, including the Walt Disney Co., headquartered in Burbank.

Heiress Abigail Disney, granddaughter of Roy Disney – the brother of Walt Disney and one of the company's co-founders – supports the bill. She has no formal role at the company, but she has been advocating for higher wages for the company's workers.

“At the happiest place on Earth, they are paid so poorly that they rely on food banks, sleep in cars or live so close to the bone that even a small problem could send them into a death spiral,” Disney told state lawmakers on Wednesday.

Walt Disney Co. CEO Bob Iger received more than \$65 million in 2018, according to media reports, a higher-than-usual figure because of a one-time stock award connected to the company's acquisition of 21st Century Fox. That salary was more than 1,400 times the median pay of a Disney employee, according to a study from Equilar.

In 2018, shareholders voted to reject Iger's pay package in a non-binding vote. Last year, the company responded by cutting \$13.5 million of Iger's future potential earnings.

Representatives from the Walt Disney Co. did not immediately respond to a request for comment.

Many of the state's business groups oppose the law, including the California Business Roundtable, which represents large companies. President Rob Lapsley said the bill would keep companies from coming the state.

“I'm not here today to defend CEO pay. What I am here today to do is to defend jobs,” he said. “Take the CEO pay out of it. What (the bill) is sending is a broader signal that the Legislature is intending to be able to regulate every aspect of free enterprise in this state.”

California would not be the first government in the U.S. to try this but would be the largest. In 2016, city officials in Portland, Oregon, approved a 10% tax on publicly traded companies that pay their CEOs 100 to 250 times the average worker.

Some lawmakers signaled they want some changes before the bill comes for a vote in the Senate.

One question is whether the state should make money off the tax. Lawmakers could write the bill so it rewards companies that have smaller gaps between their CEO's salary and the average pay of their workers.

As written, state officials estimate the legislation could bring in up to \$4.1 billion. Skinner says it's reasonable for the state to make money off the tax because the rising income inequality means more workers are relying on public assistance.

“California's taxpayers are basically paying the cost for the services that employees then turn to because they don't have a wage that can provide their family's needs,” Skinner said.

Republican state Sen. John Moorlach questioned why the Legislature would seek to meddle with the salaries of big companies when athletic coaches at some of the state's public universities make millions of dollars.

“Are we going to be looking at our own house,” Moorlach said.

Skinner said public employees in California “by and large ... have a very decent wage,” saying most of them do not face “the types of problems our low-wage workers are facing.”

Abigail Disney told lawmakers the issue was a problem of corporate culture “50 years in the making.”

“f your entire reputation as a company relies on the idea of its clean floors, you had better be willing to pay your workers enough to do the job well and with dignity,” Disney said. “Because dignity is not a perk”

Real Estate Open House Signs

The community is concerned with the number of open house signs

SUBMITTED BY CITY OF FREMONT

Last year, the Fremont City Council directed city staff to review the city's real estate sign regulations. In recent years, community complaints regarding real estate signs in Fremont have increased. The community is concerned with the number of open house signs at the same location, the period for which signs are left out, and the intention of the signs to advertise for realtors rather than direct people to open houses.

In November 2019, city staff provided an informational update to the City Council. The update included researching regulations and enforcement policies from other cities and engaging with the local realtor community and other stakeholders. Staff plans to return to city council in March 2020 with a recommendation to update the existing policy.

To learn about the updates the city will be proposing to the council, staff is hosting a community meeting on Monday, January 27. For more information, call Leonard Powell, code enforcement manager, at (510) 494-4521.

Community Meeting
Monday, Jan 27
6:30 p.m. – 8:00 p.m.
City Council Chambers
3300 Capitol Ave., Fremont
(510) 494-4521

Bay East Association of REALTORS® 2020 leadership team

SUBMITTED BY DAVID STARK

Tina Hand of Legacy Real Estate and Associates in Pleasanton has been installed as the 2020 President of the Bay East Association of REALTORS® (Bay East). As the chief elected officer, Hand's focus for 2020 will be promoting the Bay East core values: communication, integrity, vision, innovation and leadership.

Hand has more than 30 years of experience in the real estate profession and served on the Bay East Executive, Strategic Planning and Local Government Relations committees. She was the 2017 President of the Women's Council of REALTORS® of Southern Alameda County. She also serves on the California Association of REALTORS® Board of Directors.

The 2020 Bay East Board of Directors has also been installed. Among other officers are Treasurer Steve Medeiros, REALTY Experts, Fremont; and Past President Nancie Allen, MasterKey Real Estate Advantage, Fremont.

The 2020 Board of Directors by District are as follows:

- Central County: Bill Espinola, Parkview Realty, Hayward; Sinath Thi, Coldwell Banker, Castro Valley
- Tri-City: June Burckhardt, Legacy Real Estate and Associates, Fremont; Allison Hull, REALTY EXPERTS, Fremont; Sumii Jhington, REALTY EXPERTS, Fremont; Jackie Pena, Legacy Real Estate and Associates, Fremont
- At-Large: Joe Annunziato III, Annunziato and Associates, San Leandro; among others.





Personal Injury Law Firm

- *Traffic Accidents
- *Dog Attacks
- *Defective Products
- *Premises Injuries

3900 Newpark Mall Rd.
Newark, CA 94560

Tel: 510-277-0191
Web: <http://comerfordlawfirm.com>

The 2020 Census: Why it's important and why you should participate

BY HUGO VERA

The 2020 United States Census will take place nationwide on April 1. This will mark the country's 24th census as the tradition dates back all the way to the Washington Administration. The general purpose of the U.S. census, per the U.S. Census Bureau, is to gain an accurate count of the American population as well as to record crucial data regarding changes in racial, gender and socioeconomic diversity.

This data is then used by elected officials when allocating funds toward urban housing, school, hospital and police services.

When Congress first mandated the census in 1790, President Washington and his cabinet were adamant about proving to former-enemy Great Britain that the newly liberated colonies possessed a population large enough for complete autonomy.

Washington was shocked, however, when he learned the American population stood at just four million in 1790.

Historians attribute the inaccurate census count of 1790 to the survey taker's failure to make the census more accessible to non-English speakers and the illiterate. As of 2019, the U.S. Census survey is offered in 59 languages.

Citizens can respond to the census in three ways; online, telephone or by mailing a paper survey. When taking the census, residents are asked to specify how many people live in their household, their genders, ages and race.

In previous versions of the U.S. census, participants were asked to specify whether they were a U.S citizen, but a Supreme Court ruling in 2019 officially banned questions pertaining to one's citizenship in the 2020 census. This ban on citizenship questions applies to the 48 contiguous states but may be featured in territories such as Guam, American Samoa, the U.S. Virgin Islands and the Northern Mariana Islands.

Despite the census survey packaging making it explicitly clear that participation is required by law, census-apathy (similar to voter apathy) still hinders census takers. "I was never educated enough about the census to take it seriously so that's why I don't take it," says Fremont resident Nick Young.

Despite some residents' doubts about the census, others feel that census-apathy has disastrous consequences. "Of

course it's important to take the census," says local engineer Daniel Hong. "The recent population boom already means that more families are coming to the area. Their kids are going to need schools and, as of now, we [the city of Fremont] just don't have enough space in our existing schools."

Fremont's population is booming. The U.S. Census Bureau website states from 2017 to 2018 alone, Fremont gained 3,570 residents. The increasing demand for more school space has been at the forefront of meetings within the Fremont Unified School District (FUSD).

"We will continue to make every effort to place students in their neighborhood school. However, we must use unassigned designation as needed with all present and future housing developments," said FUSD Board of Education member Larry Sweeney in an online statement regarding the schools' overcrowding woes.

Though it has its issues with participation and data accuracy, the U.S. Census is still the most effective and comprehensive means of gauging our country's ever-growing needs for housing, transportation, healthcare and law enforcement. Those who neglect to make the nation more accommodating for all its citizens on April 1 will not get another chance to do so for 10 years.

This article is the first in a series on the 2020 US Census. Coming up next is an article on how the privacy concerns can discourage census participation.

East Bay Regional Park District appoints new Ward 1 director

SUBMITTED BY JEN VANYA

On January 7, the East Bay Regional Park District Board of Directors appointed Elizabeth Echols of Berkeley as the Director of Ward 1 to serve the remaining term left by incumbent Whitney Dotson, who retired in December after 11 years on the park district board. Echols will be sworn in at the January 21 regular meeting of the board of directors.

Echols has had an extensive career in public service, with over 20 years in public policy roles. Most recently, she was appointed by former Governor Jerry Brown to serve as the director of the independent Public Advocates Office at the California Public Utilities Commission. Her recent policy work has focused on environmental protection, climate change, and wildfire prevention and mitigation. Echols has a B.A. in Economics and



Political Science from Yale and a J.D. from Stanford Law School.

Denied Social Security or SSI

BOARD CERTIFIED SOCIAL SECURITY DISABILITY SPECIALIST

NATIONAL BOARD OF LEGAL SPECIALTY
30-years experience

CYNTHIA G. STARKEY

1-888-972-3454

No Fee if No Recovery

"A" is for Affordable.



"A" is also for Allstate Agent.

When you're looking to save on car insurance, I'm the first person to call. In fact, drivers who switched to Allstate saved an average of \$498 a year. Call me today to see how much you can save.

Bill Stone Insurance Agency

510-487-2225

Spanish, Tagalog, Hindi, Punjabi

billstone@allstate.com

www.allstateagencies.com/61416

CA Insurance Agent #: 0649577



Allstate®
You're in good hands.

Auto Home Life Retirement

*Savings based on national customer-reported data for new policies in 2012. Actual savings will vary. Allstate Indemnity Company: Northbrook, IL. © 2016 Allstate Insurance Company

53971

Chahall European Auto Center



SPECIALIZING IN:

Expires 1/30/20

Mercedes, BMW, Volvo, SAAB, Audi, VW, and Japanese Cars

Open Monday to Saturday (6 days)



Engine • Fuel • Transmission • Brake • Electrical etc.
• Engine Check light • ABS & SRS
• Free Diagnose with Work

BMW inspection 1 & 2, Mercedes Benz service A & B

Install Rebuilt or Used engine and transmission - **Special Price**

Our Quality and Price are so impressive, we think you WILL switch to us if you try us.

Over 39 years experience; Warranty 1 year or 12,000 miles.

Brake special	\$99.99 + parts - most cars
Timing belt special	\$269.99 (4 cyl) , \$359.99 (6cyl)
Synthetic oil change	\$99.99 Mercedes, Land Rover
Synthetic oil change	\$89.99 BMW, VW, Audi
Regular oil change	\$29.99 4cyl, Syn. Oil \$59.99

www.chahalleuropean.com (510) 226-6349
45845 Warm Springs Blvd #1, Fremont

Fremont Is Our Business FUDENNA BROS., INC.

Phone: 510-657-6200



www.fudenna.com

Leader in Small To Medium Size Office Space

2450 PERALTA BLVD.
SUITE 222
-812 SQ FT. APPROX.
-5 ROOM/2ND FLOOR
OFFICE
-WALKING DISTANCE
FROM BART

-CONFERENCE ROOM
AVAILABLE
-AVAILABLE SOON

ReLife Acupuncture

relifehealthgroup.com



408-888-3616

relife.acup@gmail.com

39803 Paseo Padre Pkwy, Ste.D
Fremont, CA 94538

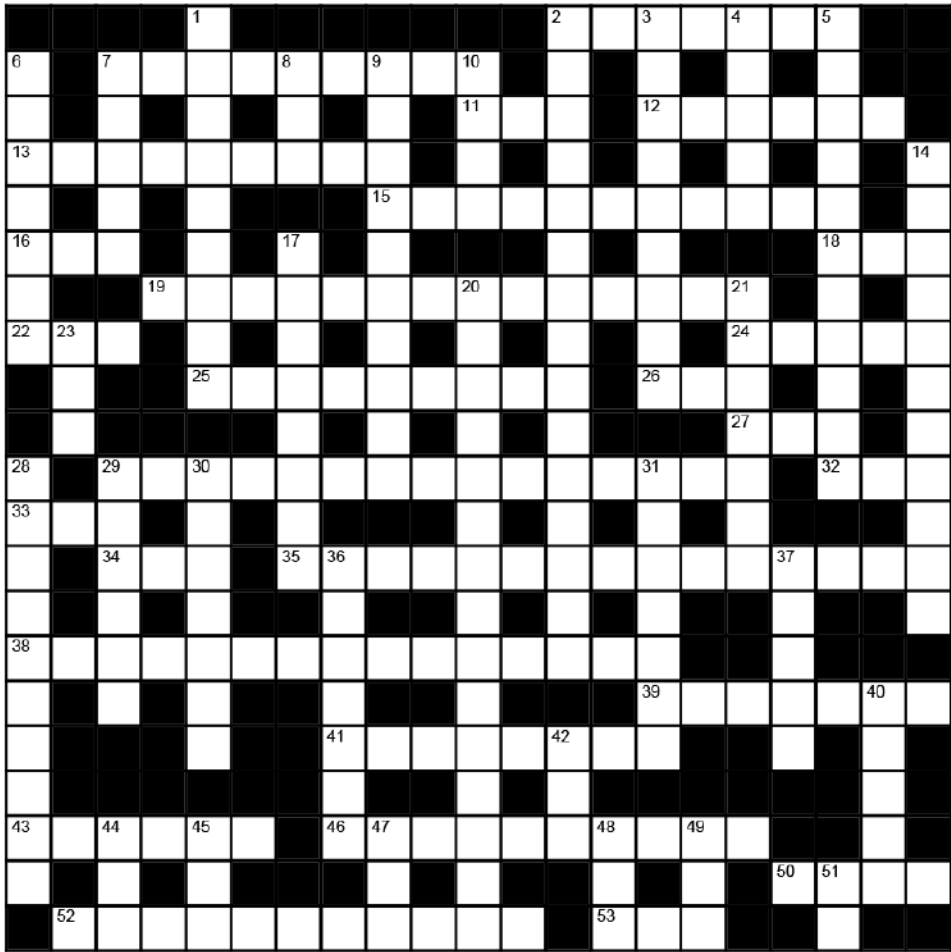
Reclaim your quality of life

* Stress/ Depression/ Anxiety/ Insomnia

- * Constipation/ Diarrhea
- * Allergies
- * Floaters/Dry/Watering/Blurry
- * Pain management
- * Rash/Acne/Singles/Urticaria
- * High blood Pressure
- * Frequent urination
- * Diabetes
- * Kidney stone
- * Facial Palsy
- * Parkinson's disease
- * TMJ syndrome
- * Tourette syndrome
- * Alzheimer's disease

Mind Twisters

Crossword Puzzle



- Across

2 Collected works (7)

7 Wise (9)

11 Ball in a socket (3)

12 Winston Cup org. (6)

13 Top dog (6,3)

15 Very bright (4,2,2,3)

16 Howard of "Happy Days" (3)

18 XLI quintupled (3)

19 End of the definition (6,8)

22 PC linkup (3)

24 Abu ____ (5)

25 Stops (9)

26 Year in Nero's reign (3)

27 Minor player (3)

29 Minor obsession (3,2,4,6)

32 Part of E.E.C.: Abbr. (3)

33 "Turandot" slave (3)

34 60's protest grp. (3)

35 Valentine present? (3,2,10)
- 38 Hot movie of 1974, with "The"? (8,7)

39 Convention handout (4-3)

41 "Forget it!" (3,1,4)

43 Austere (6)

46 Anonymous (10)

50 Mosque V.I.P. (4)

52 End of the quip (3,4,4)

53 "___ Day" (1993 rap hit) (3)
- Down

1 Crush (9)

2 Somehow (3,3,2,7)

3 One of a kind (9)

4 Boito's Mefistofele, e.g. (5)

5 Silver (5,6)

6 Check (7)

7 Lumberjacks (5)

8 Pittance (3)

9 Bullied (10)

10 Lines of thought, for short? (4)
- 14 "Lighten up!" (4,2,1,4)

17 Handle (8)

20 Comment, part 3 (5,2,1,7)

21 Like a bull (7)

23 N.L. city: Abbr. (3)

28 Goose-pimpily (3,7)

29 Nonsense (6)

30 Ices (7)

31 "Good going!" (4,3)

36 Dress material (7)

37 "The Age of Anxiety" poet (5)

40 Bouquet (5)

42 Bruin legend Bobby (3)

44 Advanced degree? (3)

45 Building addition (3)

47 Underground org. (3)

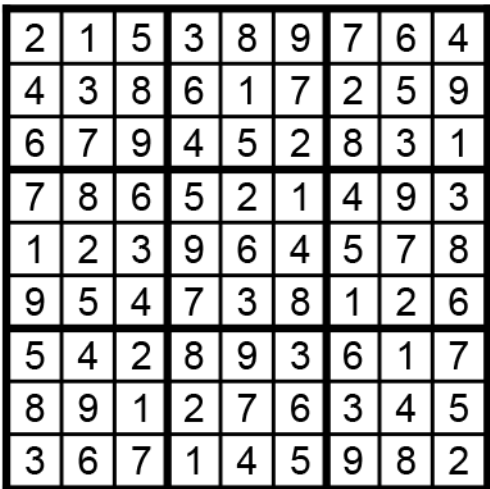
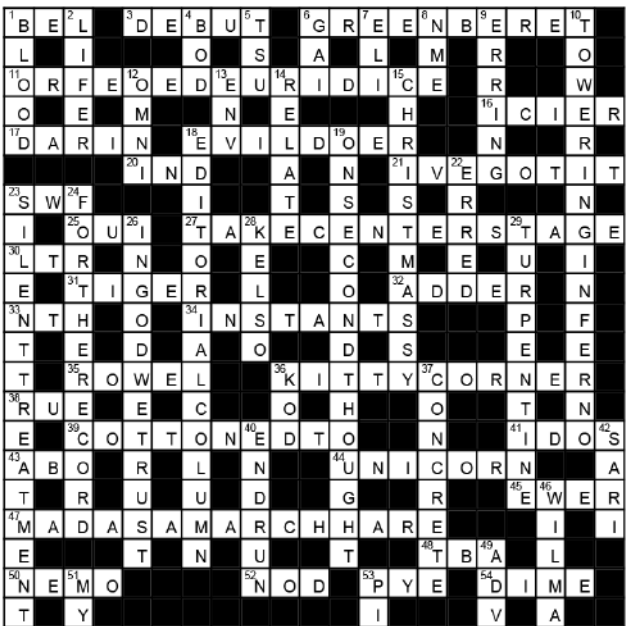
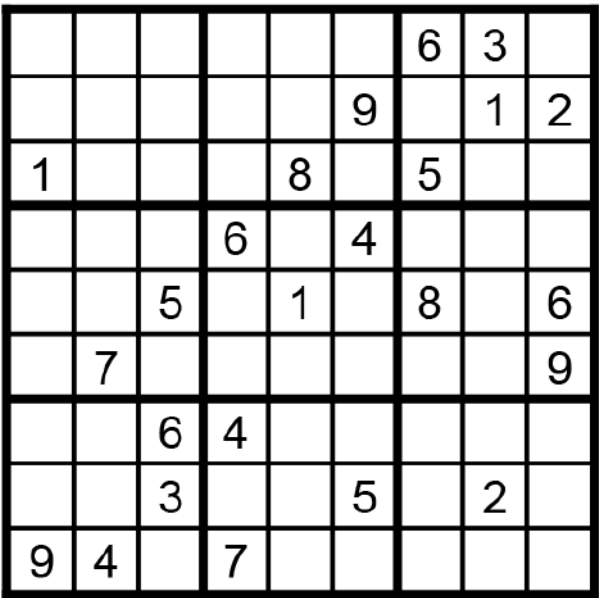
48 "Acid" (3)

49 "Enough already!" (3)

51 ... (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JANUARY 12, 2020

All Signs: Did you know that each sign has rulership over different parts of the body? Capricorn rules the knees; its ruler Saturn rules the teeth, hair, and the skeleton. In the last year, more people have had trouble

with their joints, especially their knees, plus problems with their teeth. And bad hair days? Don't even go there. Bad hair days are because the Sun, Mercury, Jupiter, Saturn, and Pluto are all in Capricorn. This week Mercury

will leave Capricorn and move into Aquarius, which will help lighten things.

Aries the Ram (March 21-April 20): This heavy emphasis of planets in Capricorn is a mixed blessing for your sign. Because it occurs at the top of your chart, it emboldens you to go after what you want and achieve success, in your professional career or in any walk of life where you interact with society or create an impression on others; this influence is beneficial for you. Having said that, this same heavy influence is technically at odds with your Aries Sun, which will encourage problems with your bones and your teeth. Stiff joints are par for the course for many of you right now.

Taurus the Bull (April 21-May 20): Although this strong emphasis in Capricorn can encourage problems with teeth and bones for your sign, nevertheless, because Capricorn is in your fellow Earth sign, it is basically very supportive to you. This means you have more vigor, determination, and strength to accomplish whatever it is you want to do. One thing you want to do is travel and explore the world. You also want to get further education and training to learn something useful. This month is an excellent time to talk to bosses and VIPs. Maybe you need a raise?

Gemini the Twins (May 21-June 20): Like other signs, you too, will feel increased stress in your skeletal structure, joints or anything to do with your teeth, especially in the last year. As

Mercury changes signs this week, you will encounter more chances to travel, learn, study, and explore opportunities in publishing and media. This is actually a good time because Venus is at the top of your chart paving the way for relations with bosses, parents and VIPs.

Cancer the Crab (June 21-July 21): All this planetary focus in Capricorn has been challenging for you. Not only has it been challenging for your bones, joints, and skeletal structure as well as your teeth in the last year, it's been challenging for marriages and close partnerships. Keep in mind about Saturn tends to make things look worse than they are. Keep things in perspective. Right now, Venus brings you opportunities to travel and explore romance with someone "different."

Leo the Lion (July 22-August 22): For Leo, this heavy focus on Capricorn is a mixed bag. It has been a great boon to you because it has made it easier for you to work hard and accomplish a lot in the last year. Nevertheless, like many others, you might have encountered problems with your hair, and problems with your teeth and your joints (especially your knees) because this Capricorn influence is taking place in your House of Health. Fortunately, money from other sources will benefit you now.

Virgo the Virgin (August 23-September 22): Like Taurus, you have benefited from this strong planetary influence in Capricorn because for the most part, it has been supportive to you. It will continue to support you both in terms of your career as well as recreation and playful diversions. Venus is opposite your sign now, which will sweeten relations with partners and close friends.

Libra the Scales (September 23-October 22): This strong planetary influence in Capricorn is not easy for you. Almost definitely, most of you have suffered with teeth problems and joint problems in the last year. Even your hair might have been a source of frustration. Nevertheless, the best way to use this energy is to make home improvements and explore real estate opportunities. Likewise, you can do positive things to solidify family bonds and be supportive to family members.

Scorpio the Scorpion (October 23-November 21): This continues to be a fast-paced, busy time for you to take short trips, interact with siblings, and daily contacts plus enjoy stimulating diversions. It's also a great time to take courses and learn something new. Despite the demands, you are also working hard to boost your income and yet – in an almost baffling way – you're spending time partying and enjoying vacations. This means you are living your life with all six burners turned on high. Learn to pace yourself because no one

has infinite energy. Protect your health.

Sagittarius the Archer (November 22-December 21): Because your ruler is lucky, moneybags Jupiter, by nature, you look for opportunities to make money and expand your world. It's who you are. Lately, you are keen to boost your income because at a deeper level, you can see that this is possible this year. Something will increase your wealth whether it is a better salary or money from a sale or an inheritance. Keep hustling because with Mars in your sign now, you have lots of energy to explore many avenues.

Capricorn the Goat (December 22-January 19): Despite this strong influence of planetary activity in your sign, this week you will feel more serious about life. You will give more thought to your duties and responsibilities. This influence will make it more difficult to relate to people, in part, because you feel more isolated or alone. Nevertheless, you will do very well at organizing and planning because this week, the Sun is in your sign lined up with your ruler Saturn.

Aquarius the Water Bearer (January 20-February 18): This week Mercury moves into your sign, which means the next few weeks are a great time for you to express your point of view to others. Ironically, at the same time, your ability to examine yourself with greater objectivity

and detachment is superb. Meanwhile, act on your strong urge to get out and travel, probably for short trips. You will enjoy talking to others because you feel mentally alert and confident.

Pisces the Fish (February 19-March 20): For the most part, this strong planetary activity in Capricorn has been a blessing for you but it has kept you busy. Basically, it has magnified your interactions with friends and groups and made you feel indispensable to others. People want your opinions. Now with Venus in your sign, you are even more charming and diplomatic than usual, which means everyone loves you even more. As Mercury changes signs this week, it will enable you to do research and discover answers to old questions or solutions to old problems. Fortunately, with Mars at the top of your chart boosting your ambition – you're up for it.



By Georgia Nicols
www.georgianicols.com.

FREMONT ART ASSOCIATION

A Community of Artists
Gallery, Studio, Shop

CLASS	SCHEDULE	INSTRUCTOR	FEE
PRE-SCHOOLERS' ART CLASSES	Mondays, 1 – 2:15 pm	Ms. Chris christine99_art@yahoo.com text: 510-648-7394	\$18 All materials provided.
CHILDREN'S ART CLASSES	Thursdays, 4 – 5 pm	Ms. Chris christine99_art@yahoo.com text: 510-648-7394	\$18 All materials provided.
CHILDREN'S ART CLASSES	Mondays, Tuesdays, Wednesdays, Thursdays 6 – 7 pm Fridays, 6 – 8 pm	OMSRIARTS Mrs. Jem 510-789-3241	\$20 or monthly discount See website for details. All materials provided.
MOTHER & DAUGHTER JEWELRY MAKING	Alternate Mondays, 4 – 5 pm Jan. 13, 27; Feb. 10, 24; March 9, 23	Sushma Shrestha Sushmashrest95@gmail.com Cell: 301-275-7743	\$35, non-mbrs. \$30, FAA mbrs. All materials provided.
GRAPHITE & COLOR PENCIL SKETCHING	Alternate Mondays, 4 – 5 pm Jan. 6, 20; Feb. 3, 17; March 2, 16, 30	Sushma Shrestha Sushmashrest95@gmail.com Cell: 301-275-7743	\$35, non-mbrs. \$30, FAA mbrs. All materials provided.
ADULT ACRYLIC PAINTING CLASS	Fridays, 11:30 am – 2:00 pm Fridays Jan. 31, Feb. 21, March 27	Allison King allisonkingart@gmail.com	\$30 non-mbrs. \$25 FAA mbrs. All materials provided.
MACRAME Macramé for Beginners	Saturdays, 11 am – 1 pm Jan. 4 and 18 Feb. 1 and 15 March 7 and 21	Parul Parekh macramebythebay16@gmail.com	\$45, non-mbrs. \$35, FAA mbrs. All materials provided.
ZENTANGLE WORKSHOP Beginners' Workshop	Mondays, 9:00 am – 1:00 pm Jan. 20; Feb. 10 & 24; March 9 & 23	Neera Dave Certified Zentangle Instructor neeradave@yahoo.com Cell: 510-738-8430	\$65, non-mbrs. \$60, FAA mbrs. + \$10 for materials & Zentangle pouch
ZENTANGLE CLASS	Mondays, 8:00 – 11:00 am Jan. 13 & 27; Feb. 3 & 17; March 2, 16 & 30	Neera Dave Certified Zentangle Instructor neeradave@yahoo.com Cell: 510-738-8430	\$45, non-mbrs. \$40, FAA mbrs. All materials provided.
ELECTRIC GREETING CARDS	Thursdays 6:00 – 7:30 pm	OMSRIARTS Mrs. Jem, M.Sc. 510-789-3241	\$25 per class All materials provided.

For more information and to register, please contact the instructor.

FremontArtAssociation.org

37697 Niles Boulevard, Fremont 510-792-0905

serene

BOOKKEEPING

Plans Starting at \$79 Monthly

Running a Business can be complex, your **Bookkeeping** doesn't have to be.

Cutting Edge Technology

Cloud Based

Data Security

Fully Managed

Serene Books is a full service bookkeeping for small and medium size businesses. We manage your bookkeeping needs using state of art technology and artificial intelligence to keep your books up to date. Your accounting statements and reports can be accessed any time. Our intuitive dashboards make it easy for you to analyze your business performance.

Serene Books

Money-Back Guarantee

(877) 257-4194

info@serenebooks.com

MENTION THIS AD & GET YOUR FIRST MONTH FREE

www.SereneBooks.com

Local News

Business

Classifieds

Community Notices

Culture

Entertainment

Government

Home & Garden

Obituaries

Real Estate

Special Sections

Travel

SEARCH

ARCHIVE

CONTACT

ADVERTISE

ABOUT

FAQ

TERMS

PRIVACY

CHECK OUT OUR NEW WEBSITE

Our Calendar is updated daily

Check out our archives

Send us story ideas

and much more

www.tricityvoice.com



Scan for our FREE App or Search App Store for TCVnews

Get our App and you will always know what is happening. We also have the back issues archived

Bridge and trail extension project will benefit hikers and bikers

SUBMITTED BY JEFF BARBOSA

State Senator Bob Wieckowski (D-Fremont) has helped secure \$5.7 million in state funding to help move forward the long-planned Sabercat Bridge Bike and Pedestrian Trail extension project in Fremont. On January 14, Fremont Mayor Lily Mei and other local officials joined Wieckowski in a morning ceremony held on the trail to announce the funding which will go toward planning, environmental clearance and design phases for the project.

In the late 1940s, a group of boys who became known as the “Boy Paleontologists” helped uncover one of the largest fossil sites in North America along what is now Sabercat Historical Park. The Sabercat Trail runs through this former paleontological dig where thousands of fossil specimens have been collected, including

saber-tooth cats, wolves and cave bears. Plans include building an interpretive center to educate the public about the paleontological history of the area around the trail.

“The trail, the Interpretive Center and the increased connectivity of Fremont’s trail systems will benefit Fremont residents and generations to come,” Wieckowski said. “It will increase our community’s awareness of the great history of the area. With Mission San Jose, The Irvingtonian Age and the Ohlone tribe, we are fortunate to live in such an historic city.”

The Sabercat Bridge and Trail will include a bicycle and pedestrian gateway trail that will cross over the I-680 freeway that divides the Irvington District, East Bay Greenway and a planned Irvington BART station from the Sabercat Historical Park, Ohlone College and Fremont hills.



Sen. Bob Wieckowski is joined by (L-R) Fremont Public Works Director Hans Larsen, Fremont Mayor Lily Mei, Math/Science Nucleus President Joyce Blueford and Bike East Bay Advocacy Director Dave Campbell

TAKES FROM SILICON VALLEY EAST

Fremont’s Library Makerspace Nurtures a New Generation of Creative Problem Solvers



By Tina Kapoor,
Economic Development Manager, City of Fremont

Regular readers of our blog may remember Fremont’s FUSE Corps Executive, Parker Thomas, whose one-year fellowship was defined by the goal of creating a “human resource pipeline for advanced manufacturing.” (https://www.thinksiliconvalley.com/blog/fremonts-focus-nurturing-advanced-manufacturing-talent-featured-u-s-news-world-report/) After six months of “listening, prototyping, and planning,” it became obvious to Parker that beyond the basic hiring search for competent engineers and technicians, what companies truly need are innovators and creative problem solvers.

One of the solutions Parker implemented to meet this workforce demand is a makerspace at the Fremont Main Library, full of cutting-edge technology such as laser cutters and 3D printers, for students to work through unique challenges through trial and error. Formed in partnership with Irvington High School engineering teacher Kristin Barbawy and with the assistance of two Fremont-based advanced manufacturing companies, SepiSolar and Gridscape, the makerspace has caught the attention of tech-savvy educators nationwide, and was recently featured in T.H.E. Journal.

The choice of the library to host the makerspace was not random. By selecting a public institution that people have trusted for hundreds of years to learn and try new things, it allows everyone (regardless of age or skill level) to “learn how to learn” in a new way and in an accessible space.

Fremont alone employs nearly 30,000 workers in the manufacturing industry, an industry highly susceptible to technological advancements and skill obsolescence. The library makerspace is just one of the many avenues Fremont is exploring to help train and equip the next generation of creative problem solvers to navigate the shifting landscape of advanced manufacturing and beyond.

To read more about the makerspace and the work that has already been done there, read Parker Thomas and Alameda County Library CEO Cindy Chadwick’s full article in T.H.E. Journal, Bringing the Library into the 21st Century.

WHY WAIT?

JOIN FREMONT RETIREMENT COMMUNITY

BETWEEN NOW AND JANUARY 31ST 2020

AND GET 1 MONTH FREE!*

JANUARY PROMOTION!



*Certain conditions apply. Cannot be combined with any other offer. See community for details.

FREMONT

RETIREMENT COMMUNITY

HAPPY LIVING BY cogir

2860 Country Dr,
Fremont CA 94536
Lic 019200848

(510) 790-1645

HappyLivingbyCogir.com

continued from page 1

Children’s Book Illustrator show

SUBMITTED BY DORSI DIAZ

The Sun Gallery is pleased to announce the return and celebration of its 31st annual “Children’s Book Illustrator Exhibit.” A local favorite, this fun and colorful show has delighted young and old alike from around the San Francisco Bay Area since 1989!

The Children’s Book Illustrator Show runs from January 24 until March 16. A special Artists Reception and meet and greet will be held on Saturday, February 1 from 1 p.m. - 4 p.m. Children and their families will be treated to face painting, appetizers and beverages - plus a free craft table with coloring pages by illustrators in the show. Besides being a great chance to meet local authors and illustrators, the event will also have book-signings throughout the day.

This year’s show features illustrators Nickolas Heslep, Nadia Reddy, Stefan Turk, Carrie King, Joe Santiago, JoAnn Frisch, Brandy Tompkins, Sharon DeVetter, Linda Lens and Christine Ortiz. Student’s illustrations by Denise Koker and Gloria Cifuentes, created in Chabot College Janice Golojuch’s illustration class, will also be on display.

In a surprise display, the gallery is thrilled to exhibit one of its newest acquisitions to its permanent collection, an original piece of signed art by renowned jewelry designer and illustrator Gretchen Schields. The beautiful and whimsical piece is from Sagwa, the Chinese Siamese Cat, by Amy Tan.

Tan later went onto create an animated television series, of the same title that was aired on PBS Kids in 2001.

The Sun Gallery is also excited to be displaying local high school student sculptures from Geoff Landreau’s art class at Mt. Eden High. The students’ fantastical Alebrijes paper mache creations are a welcome addition, and help illustrate for all of us how book “characters” actually start out as ideas.

In addition to the exhibit, the gallery plans to have its 2nd Annual Panel Discussion on: “What Does It Take to

Create a Children’s Book and Get It Published?” Successful local authors and illustrators will be sharing their expertise about writing, illustrating and getting their books published. The date for the Panel will be announced in February, so please check Sun Gallery’s website at www.sungallery.org. A \$5 donation at the door is suggested, with the proceeds going back into the Gallery’s educational programs. (The Sun Gallery is a 501c3 non-profit – all donations are tax deductible.)

31st Children’s Book Illustrator show
Friday, Jan 24 – Monday, Mar 16
Fri – Sun: 1 p.m. – 5 p.m.

Artists Reception
Saturday, Feb 1
1 p.m. - 4 p.m.

Sun Gallery
1015 E. St., Hayward
(510) 581-4050
<http://sungallery.org/>



Home & Garden

Versatility of blue



BY ANNA JACOBY

Blue has been my favorite color as long as I can remember. I love all shades of blue, but I particularly love deep, intense blues like navy, royal, and cobalt. Blue is an amazingly versatile color, perhaps because it is the color of the sky and the ocean, which coordinate with just about every other color around. Throw on a pair of blue jeans, and you can wear any color top with them. So, imagine my delight when the Pantone Color Institute, a very influential company in the world of color and design, selected Classic Blue as the color of the year for 2020.

In color psychology, blue is the color of stability, order, and reliability. It exudes feelings of serenity, calmness, and tranquility. An intense color like Classic Blue, however, can also

evoke feelings of energy and strength. Blue is described as a favorite color by most people. In selecting the color of the year, Pantone and other color forecasters look thoughtfully at global societal influences such as art, media, entertainment, socioeconomic and political conditions, travel destinations and technology.

According to the folks at Pantone, “We are on the precipice of entering into a new decade and are desirous of a stable and strong foundation to help us go forward. Yet at the same time, many around the world are feeling unsure and as though the ground beneath them is continually in flux. Pantone 19-4052 Classic Blue, a solid and dependable blue hue, expresses trust, faith and constancy, as well as offering protection – qualities that provide us with the



reassuring presence and feelings of calm and confidence we crave as we cross the threshold into this new era.”

Maybe it’s the feeling of strength and stability, or maybe I just like the color. But whatever the reason, I have blue running throughout my own house, and have also used it in a few of my design projects. The selection of Classic Blue as color of the year means you will be seeing it all over the place – in fabrics, wallpaper, home furnishings, clothing, even in consumer goods like electronics and appliances. If you like blue as much as I do, consider using it in your home as well.

For some, Classic Blue will be too intense to use as a wall color, but I challenge you to try it. Note the bedroom that features Navy as an accent wall behind the bed. And look at my headshot on this page – notice the blue wall behind me? That’s my own kitchen. I had it painted

several years ago, and I still love it. I also have Cobalt Blue glass tiles on my kitchen backsplash – in 15 years I have never gotten tired of them. I recently added some smoky blue glass tiles to my fireplace, and I love those too.

Another way to bring in deep rich blue would be on your countertops. Search on Google for a Cambria Quartz countertop, which is Bala Blue, and Hadley, which is a gorgeous Navy Blue – I have not used it in a project yet, but I am dying to. Bala Blue is a brighter, more fun and energetic blue – I just used that one in a bathroom project. Stay tuned for photos.

For many people, it will feel more comfortable to use Classic Blue in smaller doses. Try pillows or an area rug or a new sofa or a chair or bedding or draperies or artwork. Blue is a classic color that does not go out of style; a versatile color that works equally well in traditional, transitional, and contemporary styles.



Anna Jacoby is a local Certified Interior Designer. Contact her at 510-378-6989 or info@annajacobyinteriors.com. You could also visit her website at www.annajacobyinteriors.com



THE ACWD CONNECTION

Annual Main Cleaning Program is Underway

ACWD’s annual main cleaning program is in full swing! The high-pressure cleaning is a vital service that improves water quality in the Tri-Cities. During the cleaning process you may notice temporary discoloration in your water. If this occurs, run the outside front hose faucet and/or the cold water faucet in the bathtub for a few minutes. If it’s still not clear, repeat the process after waiting an hour.

Cleaning is scheduled from January through June 2020; Monday through Friday, from 7 a.m. to 4 p.m. (excluding holidays).

To find out if your street is included in the schedule, visit www.acwd.org/maincleaning or call our Operations Department at (510) 668-6500.



Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



Scholarship for undergraduate students

SUBMITTED BY ASSEMBLYMEMBER KANSEN CHU

Students attending the University of California (UC) or California State University (CSU) campuses have the opportunity to apply for Middle-Class Scholarship (MCS). The scholarship provides undergraduate students (including those pursuing a teaching credential) with family incomes and assets up to \$171,000 a scholarship to attend UC or CSU campuses. Once you are accepted to a UC or CSU, you will automatically be considered for the MCS scholarship.

To be eligible, students must meet the following criteria:

- Be a California resident attending a UC or CSU
- Be a U.S. citizen, permanent resident or have AB 540 student status
- Meet certain income/asset and other financial aid standards
- Maintain satisfactory academic progress
- Not be in default on a student loan
- Not be incarcerated

For more information on the scholarship, contact the UC or CSU campus Financial Aid Office or visit <https://mygrantinfo.csac.ca.gov/> or <https://www.csac.ca.gov/middle-class-scholarship>.

Explosions of Color

SUBMITTED BY BRUCE ROBERTS

Art fans everywhere should visit the Castro Valley Library between now and April 7. That's where Winnie Thompson—well-known Hayward and Castro Valley teacher, volunteer, and artist—has brightened the walls with twelve paintings on display.

Using mixed media, pastels, and watercolors, Winnie's paintings are mostly explosions of abstract color—vivid yellows, oranges, whites, reds, golds. There's nothing gloomy in this vibrant display.

Her mixed media works are a testimony to her creativity, combining several different materials to create a different look. Spackle, plaster and glue are even used to add texture to an otherwise flat canvas.

Castro Valley library is open every day but Friday. Call (510) 667-7900 to check hours and take in this wonderful display of local art.

**Explosions of Color
Through April 7
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900 <https://guides.aclibrary.org/castro-valley>**

FREE PRESCHOOL

Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us



Scan for our FREE App or Search App Store for TCVnews

Get our App and you will always know what is happening. We also have the back issues archived



OHLONE
COLLEGE

Success
**STARTS
HERE!**



**Spring Semester begins
JAN 27**

We are your **TRANSFER** and **JOB TRAINING** success college!

WE OFFER

- Transfer agreements with UCs including: UC Davis, UC Irvine, UC Merced, UC Riverside, UC Santa Barbara and UC Santa Cruz
- Career-oriented courses
- Outstanding support services

- Innovative STEM programs
- Job search and placement assistance through the Ohlone College Tri-Cities Career Center
- Scholarships and Financial Aid for those who qualify

- FREE, Noncredit Classes

APPLY NOW! ohlone.edu/tcv

Ohlone Core Complex opens

SUBMITTED BY OHLONE COLLEGE

On Friday, January 24, Ohlone College will celebrate the completion of one of its most ambitious ongoing projects: the Frank DiMino Academic Core Complex. The complex is part of Measure G, passed in 2010 with the goal of improving the College.

The new group of buildings contains 20 general purpose classrooms, 85 faculty and staff offices, and open spaces for collaborative learning. Science facilities include a microscopy room, bio-technology laboratory, and artifact exhibit area. Art/music facilities include ceramics and photography studios, recital hall, practice rooms, and recording studios.

In addition, the new buildings are LEED Gold Certified, with geothermal heat pump, solar hot water heating, and 100% LED lighting.

The opening will begin with the President's State of the College speech at 9 a.m., followed by a ribbon cutting at 11 a.m. and reception at 12 noon. For more information on the Academic Core Complex, go to <https://www.ohlone.edu/foundation>.

**Academic Core Complex ribbon cutting ceremony
Friday, Jan 24
9 a.m. – 4 p.m.
Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6438
<https://www.ohlone.edu/foundation>**

Ferment it!

BY STEPHANIE GERTSCH

A pop-up event at Chabot Space will focus on one of the most popular – and tasty – chemical processes: fermentation. On Friday, January 24 local food and drink crafters will be on hand to demonstrate the process in action – and its results.

Mary Catherine Frantz, Marketing associate at Chabot Space, breaks down the science of fermentation from a sugary source. In the first phase, yeast breaks down glucose from sugar through glycolysis. “Glycolysis ends with the creation of pyruvates and ATP, which are used in fermentation. In the second phase, the real magic (well... exciting science) happens! Those pyruvate molecules are converted into two of every foodie's favorite waste products: carbon dioxide and ethanol.”

Carbon dioxide is what makes the bubbles in bread or beer, and ethanol gives the product its alcoholic content. Sugar from honey, grapes, or grain starches develops a drink's unique flavor. But there are benefits besides taste: “Aside from tasting yummy, foods and drinks that have been fermented are believed to have some wonderful health benefits for your stomach. The bacteria from fermented foods support your stomach lining as a natural barrier against disease-causing microbes.”

At the event, guests will have the chance to learn fermentation techniques from entrepreneurs and experts. Elen Hsu of Shared Cultures is an expert on using the process of Koji to ferment with fungi and create flavored cheese and meats. She will host the featured workshop on fermented horchata (a milky tea), where guests learn how



to make a horchata drink at home. Rounding out the evening, Brian Chau, CEO of MycoKind LLC, will give a talk on all things mushroom; Elizabeth Vecchiarelli, of fermentation shop Preserved, will outline how to make sourdough bread; and researcher Dr. Gordon Walker will speak on fungi in biotechnology.

These are just the highlights: the event will also include a variety of fermented snacks such as alcoholic kombucha, kimchi, meat alternatives, and kefire. Not to mention a dance floor and laser show!

Public Programs Coordinator Jess Lehrman sums it up: “Fermentation has many practical implications...but we are most interested in how the process of fermentation allows for experimentation and play. With ‘Ferment It!’ we want to show visitors the fun science behind fermentation and encourage them to try tinkering with their foods at home!”

This event is for ages 18+. A valid ID is required to purchase alcohol. Tickets are \$15, \$10 for members.

**Ferment it!
Friday, Jan 24
7 p.m. – 11 p.m.**

**Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
<https://chabotspace.org>
Tickets \$15**

CASTRO VALLEY TOTAL SALES: 3						
Highest \$: 897,500		Median \$: 745,000				
Lowest \$: 720,000		Average \$: 787,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2718 Jennifer Drive	94546	720000	3	1566	1962	12/3/19
2260 Lobert Street	94546	745000	2	966	1948	12/3/19
4208 Lawrence Drive	94546	897500	3	1760	1958	12/4/19
FREMONT TOTAL SALES: 20						
Highest \$: 1,710,000		Median \$: 885,000				
Lowest \$: 441,000		Average \$: 979,375				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39029 Guardino Dr #318	94538	441000	1	693	1987	12/4/19
39149 Guardino Dr #348	94538	480000	2	857	1987	12/3/19
38735 Aurora Terr #18	94536	550000	2	1123	1980	12/3/19
273 Corte San Pablo	94539	680000	2	968	1971	12/3/19
40837 Ingersoll Terr	94538	697000	3	1188	1987	12/4/19
3414 Dayton Comm	94538	760000	2	1174	1999	12/2/19
3576 Dickenson Comm	94538	790000	2	1309	1997	12/2/19
37762 Mosswood Dr	94536	800000	3	1166	1953	12/3/19
4670 Sloan Street	94538	860000	3	1131	1963	12/4/19
3579 Shadowbrook Terr	94536	870000	3	1519	2005	12/2/19
4707 Nicolet Avenue	94536	900000	3	1168	1955	12/4/19
3860 Haven Avenue	94538	921000	2	945	1951	12/3/19
34148 Auden Court	94555	950000	4	1364	1970	12/4/19
44868 Fremont Blvd #402	94538	959500	0	0	0	12/4/19
34107 Hummingbird Terr	94555	1195000	4	1898	1998	12/4/19
5401 Shattuck Avenue	94555	1335000	4	1570	1989	12/2/19
722 Covina Way	94539	1438000	2	1010	1969	12/4/19
45120 Parkmeadow Dr	94539	1551000	4	1948	1978	12/4/19
46975 Zapotec Drive	94539	1700000	0	2822	1977	12/4/19
42277 Palm Avenue	94539	1710000	4	2140	1952	12/4/19
HAYWARD TOTAL SALES: 13						
Highest \$: 1,668,000		Median \$: 670,000				
Lowest \$: 522,000		Average \$: 754,385				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
27690 Del Norte Court	94545	522000	3	1254	1970	12/4/19
425 Puerto Place #7	94541	530000	2	1442	1980	12/4/19
831 Paradise Boulevard	94541	550000	3	1090	1942	12/3/19
21314 Gary Drive #218	94546	550000	3	1354	1991	12/4/19
992 Paradise Boulevard	94541	580000	2	1068	1942	12/2/19
29388 Chance Street	94544	620000	3	1154	1988	12/3/19
24841 Alderberry Pl #8	94544	670000	3	1373	2002	12/2/19
2152 Depot Road	94545	675000	3	1244	1960	12/4/19
3342 Shawn Way	94541	685000	4	1164	1978	12/4/19
22149 Main Street	94541	729000	4	1620	1900	12/3/19
29281 Chance Street	94544	800000	3	1895	1994	12/4/19
30251 Cedarbrook Road	94544	1228000	5	3415	1999	12/3/19
53 Country Club Drive	94542	1668000	4	3961	2016	12/3/19
MILPITAS TOTAL SALES: 11						
Highest \$: 1,365,000		Median \$: 920,000				
Lowest \$: 730,000		Average \$: 970,818				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1431 Currant Road #20	95035	730000	1	1072	2018	12/13/19
1431 Currant Road #40	95035	794000	1	1220	2018	12/13/19

252 Callan Street	95035	865000	3	1024	1958	12/10/19
1431 Currant Road #41	95035	870000	2	1243	2018	12/13/19
805 Penitencia Street	95035	890000	3	1068	1962	12/13/19
25 Heath Street	95035	920000	4	1370	1962	12/13/19
180 Currllin Circle	95035	935000	3	1622	2014	12/9/19
1502 Coffee Berry Lane	95035	1050000	3	1687	2018	12/11/19
1302 Traugherber Street	95035	1100000	3	1242	1970	12/10/19
1604 Quail Drive	95035	1160000	4	1717	1978	12/10/19
98 Castillo Lane	95035	1365000	4	2590	2012	12/11/19

NEWARK TOTAL SALES: 5						
Highest \$: 1,180,000		Median \$: 710,000				
Lowest \$: 490,000		Average \$: 776,400				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
36865 Hafner Street	94560	490000	3	923	1954	12/2/19
6808 Mayhews Landing Rd	94560	702000	2	821	1958	12/3/19
8136 Juniper Avenue	94560	710000	3	1080	1961	12/4/19
36617 Dugan Court	94560	800000	3	1116	1957	12/2/19
5302 Surrey Court	94560	1180000	4	2451	1966	12/4/19

SAN LEANDRO TOTAL SALES: 8						
Highest \$: 752,000		Median \$: 670,000				
Lowest \$: 500,000		Average \$: 645,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
242 Caliente Drive #73	94578	500000	3	1245	1980	12/4/19
16600 Hannah Drive	94578	563000	2	850	1947	12/2/19
14419 Seagate Drive	94577	585000	2	1346	1984	12/3/19
1319 Lillian Avenue	94578	637000	2	1066	1947	12/3/19
1326 Manor Boulevard	94579	703000	4	1611	1951	12/3/19
805 Maud Avenue	94577	705000	3	1152	1945	12/2/19
326 Dolores Avenue	94577	715000	2	1216	1923	12/3/19
865 Emerald Avenue	94577	752000	4	1503	1946	12/4/19

SAN LORENZO TOTAL SALES: 3						
Highest \$: 680,000		Median \$: 670,000				
Lowest \$: 600,000		Average \$: 650,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
444 Via Coches	94580	600000	3	1000	1944	12/2/19
15912 Mills Avenue	94580	670000	3	1304	1951	12/3/19
2195 Via Rancho	94580	680000	4	1259	1956	12/3/19

SUNOL TOTAL SALES: 1						
Highest \$: 255,000		Median \$: 255,000				
Lowest \$: 255,000		Average \$: 255,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2527 Kilcare Road	94586	255000	2	908	1928	12/4/19

UNION CITY TOTAL SALES: 2						
Highest \$: 900,000		Median \$: 767,500				
Lowest \$: 635,000		Average \$: 767,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
4245 Miramonte Way	94587	635000	4	1430	1972	12/3/19
32493 Joyce Way	94587	900000	4	1659	1973	12/4/19

Home Sales Report

What is it like to work for the East Bay Regional Parks

SUBMITTED BY MONA KOH

Officials from the East Bay Regional Park District are gearing up for the district’s Sixth Annual Youth Job Fair set for Saturday, January 25 in Hayward. The event aims to provide young people ages 15 to 24 with an opportunity to learn about specific park district jobs available during 2020 and to meet with current employees to get insight into what it’s like to work for the park district. Each year the park district employs about 400 youths for seasonal paid positions and internships.

Also planned during the event are sessions on resume writing and how to submit a job application with the district. The two-hour program will be held at the Hayward Area Senior Center on North Third Street. Doors open at 10:00 a.m.; admission is free.

Program schedule:

- Job fair and networking: 10:00 a.m. - 11:15 a.m.
- Workshop and mock job interviews: 11:15 a.m. - 11:45 a.m.

- Farewell wrap-up details: 11:45 a.m. - 12:00 noon
- East Bay Regional Parks District is the largest employer of youth in the East Bay. Each year the district hires young people to work in local parks and visitor centers throughout Alameda and Contra Costa Counties. Among temporary seasonal summer work positions are recreation leaders, lifeguards and children’s program leaders.

The Youth Job Fair is being held in partnership with the Hayward Area Recreation & Park District. Participants are expected to stay for the entire two-hour program. For more information, call (510) 544-2154 or visit the East Bay Parks website at www.ebparks.org.

East Bay Park District Youth Job Fair
10 a.m. – 12 noon
Hayward Area Senior Center
22325 N. Third St., Hayward
www.ebparks.org
(510) 544-2154
For youth 15-24
Admission free

Flame Keepers

SUBMITTED BY
ALLYSSON McDONALD

The Flame Keepers and Sunnyhills Neighborhood Association will hold a celebration to usher in 2020’s Black History Month on Saturday, February 1. Demetress Morris, head of Flame Keepers as well as the Milpitas Black Caucus in Silicon Valley invites everyone to attend a breakfast and presentation.

Keynote speaker is Derek Bryant, a native of Milpitas, who graduated from Milpitas High School. The theme of this year’s program is “Cultural Appropriation in the Age of Cultural Sensitivity” with a focus on unity and shared values of all cultures.

Flame Keepers and Milpitas Black Caucus are designed to work with the community

and schools on behalf of students and families of color by providing a framework that sanctions diversity throughout the Valley. The Sunnyhills Neighborhood Association (SNA) is a volunteer group of local homeowners and residents who are actively working to improve Sunnyhills neighborhood and the city of Milpitas through positive activities and programs.

There is no cost for this event, but all donations are welcome. For more information, visit <http://pumcsj.org/events/calendar/>.

Flame Keepers Breakfast
Saturday, Feb 1
9 a.m.
Peace United Methodist Church
(formerly Sunnyhills UMC)
355 Dixon Rd., Milpitas
<http://pumcsj.org/events/calendar/>

Park It

BY NED MACKAY

As mentioned in a previous column, this is the mushroom season in the regional parks and other open spaces, though I’m told that until now the growth hasn’t been extensive. And of course, it’s against the rules to pick and remove mushrooms in the regional parks. Visitors should also be aware that some varieties are poisonous.

However, if you would like to view hundreds of varieties of local mushroom specimens and hear presentations from mycology experts, your chance is the Tilden Fungal Fair. The fair will be from 10:00 a.m. to 4:30 p.m. Saturday, January 25, and Sunday, January 26, at the Environmental Education Center in Tilden Nature Area near Berkeley. Admission is free, and all ages are welcome.

The center is at the north end of Tilden’s Central Park Drive, accessible via Canon Drive from Grizzly Peak Boulevard in the Berkeley Hills. For information, call (510) 544-2233.

Mike Moran, supervising naturalist at Big Break Regional Shoreline in Oakley, plans to do another bird of prey census at the park from 9:00 a.m. to 11:30 a.m. Thursday, January 30. Mike and the naturalists will show how to identify the hawks, falcons and eagles. Information on the variety and numbers goes into a database that is used by scientists and wildlife managers.

Big Break is at 69 Big Break Road. Registration is required; to register, call (888)327-2757, select option 2 and refer to program number 27645.

Early birds will enjoy a hike from 6:30 a.m. to 8:30 a.m. Sunday, January 26, to greet the sunrise at Sibley Volcanic Regional Preserve in the Oakland hills. Naturalist Morgan Guenther will lead the way to explore the park as darkness turns to daylight. Bring a flashlight for the 2-mile walk.

Meet Morgan at the park entrance, which is on Skyline Boulevard a short distance south of the intersection with Grizzly Peak Boulevard. For information, call (510) 544-3187.

A couple of interesting programs are on the calendar at Black Diamond Mines Regional Preserve in Antioch. Pond exploration, for ages 4 and older, is the plan from 10:30 a.m. to 11:30 a.m. Saturday, January 25 with naturalist Virginia Delgado-Martinez. Come and find out what’s living in the park’s ponds and learn about local amphibians.

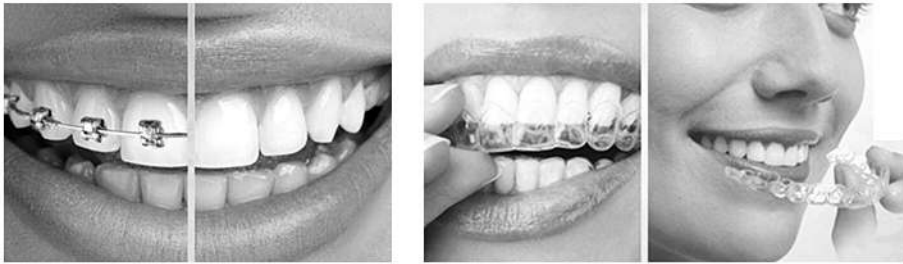
Then from 10 a.m. to 12 noon Sunday, January 26, there’s a hike to learn the ancient and contemporary history of the park during a steep, 2-mile ascent of the Chaparral Loop Trail. The event is for ages 8 and older.

Both hikes meet in the parking lot at the upper end of Somersville Road, 3½ miles south of Highway 4. Black Diamond Mines has a parking fee of \$5 per vehicle when the kiosk is staffed. Call (888) 327-2757, ext. 2750.

If you like spending time outdoors, working with kids, lifeguarding, or helping with public safety, you can find out more about these opportunities by visiting either of two Youth Job Fairs planned by the East Bay Regional Park District.

The first fair is from 10 a.m. to 12 noon Saturday, January 25 at the Hayward Area Senior Center, 22325 North Third Street in Hayward, in partnership with the Hayward Area Recreation and Park District. The second fair is from 10 a.m. to 12 noon Saturday, February 1, at the Pleasant Hill Senior Center, 233 Gregory Lane, in partnership with the Pleasant Hill Recreation and Park District. No reservations are necessary.

There’s always lots to see and do in the regional parks. For complete information, visit www.ebparks.org.



We speak the following languages:
English, Mandarin, Cantonese, Shanghaiese, Spanish, Indonesian,
Hindi, Telugu, and Romanian

Herbert C. K. Chiu, DDS
Ratna N. Sie, DMD

Decoto Family Dentistry (510) 471-3777
2701 Decoto Road, Suite 4, Union City, CA 94587

Mission Palm Dental (510) 656-6868
43625 Mission Blvd., Suite 208, Fremont CA 9539

invisalign®
Straight Teeth. No Braces

Dedicated to Excellence



Kid Scoop®

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE
Find Kid Scoop on Facebook
© 2020 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 36, No. 7

SPACE JUNK

TRASH THAT'S OUT OF THIS WORLD

Have you noticed that all too often people leave litter behind when they go out and about? That causes problems for our planet and living things.

Since people started exploring space, we have been leaving litter behind. And that space litter is causing problems.



IS THE SKY FALLING?

NASA says that only about one piece of space litter falls to earth each day. Nearly all of this burns up as it enters the atmosphere.

HOW MUCH JUNK IS IN SPACE?

Space junk is a problem. Orbiting junk travels at tremendous speed, causing damage to working satellites and spacecraft like the International Space Station (ISS).

Orbiting Earth there are:

- 34,000 objects larger than 4 inches (10 cm) in diameter
- 900,000 objects ranging from .4 inches (1 cm) to 4 inches (10 cm) in size
- 128 million objects from .04 inches (1 mm) to .4 inches (1 cm)

Identified Flying Objects

Using a ruler, find objects around your classroom or home that are approximately the sizes listed above.

Draw a line to where each word belongs in this paragraph.

SPEED
TRAVELING
MILES
IMPACT
BOLTS
PIECES

PAINT PROBLEM

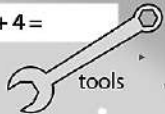
There are millions of of smaller debris such as nuts, and even flecks of paint. Many of them are around the planet at 7km per second. At that a fleck of paint could have the same as a motorcycle traveling at 60 per hour (95 km per hour)!*

*SOURCE: European Space Agency

STRANGE SPACE LITTER

Sometimes, astronauts drop things accidentally. And sometimes they leave things in space on purpose. Which of these things are really floating in space? Do the math to find out. Items that add up to an odd number are REAL. Those that add up to even numbers are science fiction!

9 + 4 =



tools

23 + 9 =



camera

24 + 3 =



family portrait

11 + 6 =



astronaut glove

29 + 5 =



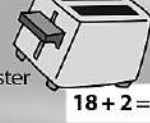
Christmas ornament

17 + 6 =



LEGOs

18 + 2 =



toaster

Extra! Extra! Hundred Toss

Count different things in the newspaper! For example, count the numbers of:

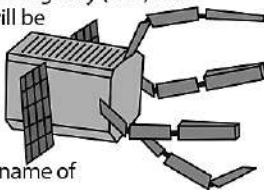
- ☐ women reporters
- ☐ men reporters
- ☐ numbers over 100
- ☐ dogs
- ☐ adjectives in the headlines on one page

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop® Puzzler

ROBOT TO THE RESCUE?

Cleaning Up Space: The European Space Agency (ESA) has developed a four-armed robot which will be launched into space to help clean up the trash in 2025. The robot will gather up debris before diving back down to Earth, where both the robot and the junk will burn up in the atmosphere. Circle every other letter to discover the name of this mission.



D O K L N E J A B R V S K
P T A L C R E Y O H N W E
C

Double Double Word Search

ORBITING
STRANGE
PROBLEM
SCIENCE
LITTER
DEBRIS
OBJECT
SPACE
TRASH
ROBOT
CLEAN
BURNS
JUNK
REAL
SKY

Find the words in the puzzle. How many of them can you find on this page?

G O T E C N E I C S
N D U R T C L E A N
I E G N A R T S O P
T B F P L S T H R O
I R S R I K H O T B
B I N E T Y B O I J
R S R A T L B S U E
O U U L E O N N I C
V E B M R R K S E T

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together Book Scoop

Use the Decoder Ring to discover the name of this fun graphic novel by Drew Brockington, which is available at the library. To fill in the blanks, find the letter on the outer ring, then replace it with the letter below it on the inner ring.



Facing disaster on a global scale, the CatStronauts rally to save the day. Without their chief science officer, and with a broken telescope and a lack of funding, the situation looks dire. Even Pilot Waffles is orbiting Earth in nothing but a space suit. Drew Brockington's third graphic novel in the series follows these daring adventures in space with imagination and much hilarity.

CatStronauts:

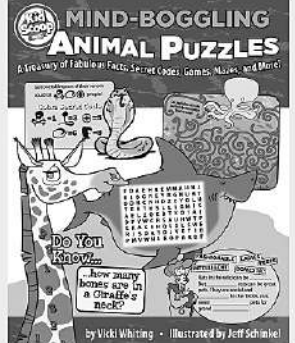
K L P O T

K D P D B H F

K B D M P D B H F

Hour after hour of puzzle fun from Kid Scoop!

Like puzzles? Love animals? Then we have the book for you! Order from your local bookstore, Target.com, BarnesandNoble.com or Amazon.com today!



Kid Scoop VOCABULARY BUILDERS

This week's word: DEBRIS

The noun **debris** means junk or pieces left behind from something broken or destroyed.

The abandoned space ship became **debris** orbiting Earth.

Try to use the word **debris** in a sentence today when talking with your friends and family.

FROM THE Kid Scoop LESSON LIBRARY

Living in the Future

Look through the newspaper to find a science-related article that might have been considered science-fiction 50 years ago. Then find an ad for a product that wasn't available 50 years ago.

Standards Link: History: Compare and contrast everyday life in different times.



Write On!

Ticket to Space

Pretend you could win a ride into space on a rocket. Write a paragraph telling why you should win that prize.

GIVE YOUR BODY A MAKEOVER WITHOUT DIET, EXERCISE OR SURGERY.

Now you can transform yourself
without diet, exercise or surgery.
Sculpt yourself with CoolSculpting®

CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.

Freeze your fat away



Eric Okamoto
M.D.

Ask about our
Special Package
Pricing

Dr. Eric Okamoto, M.D.

Visit our new website for more information at
CoolSculpting & other services WWW.drokamoto.com

CALL TODAY

510 794-4640

686 Mowry Ave. | Fremont



Independent
Living

Assisted
Living

Visit Us
Today!

live your life

Pet
Friendly

Scratch
Cooking



Transportation
Services



Individually
Tailored
Programs

Professional
Fitness
Classes



24 Hour
Staffing



Award
Winning

Family
Founded

Fremont

3800 Walnut Ave.
Fremont, CA

(510) 505-0555

Lic. No. 015600118

CarltonSeniorLiving.com



Ippolito's NEWARK JEWELRY CENTER

Sales
Service
Repairs



Since 1959

Arista



510-797-5993



5646 Thornton Ave., Newark



John Juarez, REALTOR®
510-673-0686

"Helping you write the next chapter in your life.™"



**Upgraded Condo in
Tamarack Gardens**

- ◆ 2 Bedrooms, 2.5 Baths
- ◆ 1,072 Sq. Ft. Living Area
- ◆ Upgraded Kitchen with Stainless Steel Appliances, Marble Counter Top, Custom Tile Backsplash
- ◆ Laminate & Tile Flooring
- ◆ In Unit Laundry
- ◆ All Appliances Included
- ◆ Great Commute Access to I-880, and San Mateo Bridge

523 Tamarack Dr #8., UNION CITY, CA

List Price: \$525,000

Keller Williams Benchmark Realty
john@medfordteam.com ♦ 510-673-0686 ♦ www.MedfordTeam.com ♦ CallBRE# 01223788

JEWELRY By Design

30% off
Opals
in-store for



We have one of the largest selections of
opal jewelry in the Greater Bay Area.

**Fine Quality Jewelry
Design - Appraise - Repair**

Tues-Sat
10-5pm

510-793-3660

Next to Sprouts in Four Corners Shopping Center

6299 Jarvis Ave., Newark



AFANA ENTERPRISES
MOBILE MARKETING SOLUTIONS

ONE RIGHT
DECISION CAN
GROW YOUR
BUSINESS

OUR MISSION AND VISION
Provide small to medium size business owners the ability to leverage the power of Mobile Marketing Solutions to assist in their fostering professional solution-based relationships with new and existing customers.

YOUR COMPETITORS ARE LEVERAGING TV CHANNEL TECHNOLOGY SO SHOULD YOUR BUSINESS
AFFORDABLE TV CHANNEL ADVERTISING & MARKETING

Did you know that every business would love to advertise on Television, but the cost has always prevented it.

Let us show you how you can advertise and market your products and services to over 100 Million Viewers on Apple TV, Fire TV and Roku TV at a price you simply won't believe.

Streaming Television is the future, let's unlock your businesses marketing potential before these costs skyrocket.

CONTACT US TODAY FOR YOUR FREE TV CHANNEL MARKETING STRATEGY SESSION, LET'S SHOW THE WORLD WHO YOU ARE!

APP DEVELOPMENT
Mobile Marketing Apps for Apple iOS, Google Android and Amazon Marketplace

SEO, SMS, SSL & SOCIAL MEDIA
Automated Search Engine Optimization ranking along with SMS & Social Media Engagement

WEB DESIGN & DEVELOPMENT
Websites designed and developed for any business or niche for both desktop and mobile

360° VIDEO MARKETING
360° video is a new powerful local marketing medium that captivates millions daily, 360° video for your product and service promotion

Mobile Apps
Mobile Websites
Mobile QR Codes

AFANA ENTERPRISES
P.O. BOX 514
FREMONT, CA 94537-0814
(510) 698-2646
www.afanaenterprises.com
david@afanaenterprises.com

apple tv firetv Roku

© All trademarks are the property of their respective owners

Living Well

MASONIC HOMES OF CALIFORNIA MASONICHOME.ORG • JAN. 2020



SOMETIMES, IT ISN'T JUST THE WINTER BLUES

For many seniors, mood-related disorders are common this time of year.

The weak afternoon sunlight and the sight of discarded Christmas trees on the curb can be a major drag this time of year. And while feeling down can seem like an ordinary reaction to the fading glow of the holidays, it's important to recognize when the "winter blues" are more than just a passing mood. An estimated 10 million Americans suffer from Seasonal Affective Disorder, or SAD, a condition that shares many characteristics with depression, but which cycles with the seasons. Another 10 to 20 percent of people report mild cases of SAD, which can be compounded by feelings of nostalgia and grief that come during the holiday season.

Loss of energy, oversleeping, changes in appetite, irritability, and a loss of interest in socializing are among the most common symptoms. Major depression is a more serious mood disorder that affects one's ability to handle daily activities. Both are common problems among older adults—but are not just a normal part of aging. Things like the death of a loved one, retirement, or dealing with a serious illness can be unmooring. That's why it's important to recognize changes in your own or



a partner's outlook and routine. Treatment varies by case but is possible; in every instance, it's important to talk to someone, whether it's a healthcare professional, a family member, or a friend.

"Many older adults have a hard time recognizing depression in themselves or a partner or spouse," says Gary Charland, president of the Masonic Homes of California. "Often, just talking about your

feelings with a loved one is an important first step." There are other ways to be proactive: Get regular exercise, monitor your diet, venture outdoors as often as possible, and plan activities for yourself you take pleasure in. If you're concerned about someone else, initiate a conversation. The Masonic Home offers several recreation programs for residents in need of a boost, and through its partnership with the Washington Township Medical Foundation, ensures residents have access to a medical clinic offering onsite services should any serious emotional issues arise.

Later life does, indeed, include confronting significant life changes, many of which are hard to face. However, living life to its fullest means finding a way to regain—and maintain—your emotional balance.

THIS MONTH, TAKE THE BROAD VIEW ON HEALTH

January is International Quality of Life Month

Most of the time when people talk about their health, they're really talking about their *un-health*. That's because by and large, we measure health from a deficit perspective—how far away from your optimal health you are as a result of illness, disease, or injury. And yet that tells only a small part of the story. That's where the idea of "quality of life" comes in. Rather than using morbidity as a yardstick, quality of life is a multidimensional concept that incorporates physical, mental, and social indicators to give a broader picture of overall health. For individuals, that can mean taking into account things like your

mood, energy level, and spiritual satisfaction. "The goal for a truly excellent quality of life is to ensure your physiologic health is strong, but also that you live a lifestyle that promotes social, emotional, and cognitive stability," says Joseph Pritchard, director of memory care at the Masonic Homes of California. As we recognize International Quality of Life Month, it's important to take stock of your health from this holistic perspective. It can not only help determine risk factors for disease like body-mass index, inactivity, and smoking; it helps monitor the progress we're making in achieving our true health objectives.



Masonic Homes of California

TRANSITIONS



TRANSITIONS SHORT TERM CARE:

Comfortable Recovery, Unparalleled Care

Recover from illness, surgery, or injury in a tranquil and upscale environment that caters to your every need. Hotel-style amenities and restaurant-style dining make you feel comfortable and cared for by our team of experienced, interdisciplinary caretakers.

(510) 475-2137 | **View our video at:** masonichome.org/Transitions

Acacia Creek: Come Live the Dream!

Cherished friends. Continued learning and growth. Busy, active lifestyles to keep you energized.



Come see for yourself how Acacia Creek is breaking the mold on what it means to age. In our vibrant, community, we empower each other to lead fulfilling lives and become our best selves.

Join us:
(877) 902-7555
acaciacreek.org



ACACIA CREEK
RETIREMENT COMMUNITY
Imagine Living The Dream

CCRC 013001300 | 501(c)(3) COA #948

WIN CASH PRIZES!

Friday Night at SACBC BINGO

5:00 pm DOORS OPEN – Flashboard games begin
6:30 pm 4 WARM-UP BINGO GAMES \$150 prize
7:00 pm 15 REGULAR BINGO GAMES \$300 - \$400 prizes
FLASHBOARD GAMES pay as much as \$1,199
WWW.SACBC.ORG/Bingo for more information.
Southern Alameda County Buddhist Church
32975 Alvarado Niles Rd, Union City t: 510-471-2581



Senior Helpline
(510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA
Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



BINGO

Fraternal Order Of Eagles 1139
Thursday is - BINGO
Doors open 4pm
Games Start 6:30pm
More Info: 510 676-3314
21406 Foothill Blvd., Hayward

I need a Forever Home



Princess is a 6 yrs young black and tan Chi who's a bit of a wall flower. While timid at first, after a few sweet words from you, she'll warm up and be a perfect lap pup. She's interested in making friends with other calm dogs, She needs a patient family to help her blossom into a confident pup. An adult-only home is ideal. Meet Princess at the Hayward Animal Shelter.

Koba is a handsome, 4 year old gray and white Pit Bull who loves to play with toys, especially ropes and tennis balls. He also likes to play with other dogs, meet new people and explore the great outdoors. He needs a family who will make him an integral part of their lives. Neutered. He should do well with older children. Meet Koba at the Hayward Animal Shelter.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!
Hayward Animal Shelter
www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson)
Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Fridays, Jan 3 - Jan 31
Toddler Ramble: Is There a Storm Brewing? \$
10:30 a.m. - 11:15 a.m.
Kids 1-3 learn about weather through play and exploration
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Saturdays - Sundays, Jan 4 - Jan 26
Monarchs: Pollinator Royalty
12:30 p.m. - 1:30 p.m.
Learn how butterflies affect our surroundings
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturdays - Sundays, Jan 4 - Jan 26
Monarch Spotting
2:00 p.m. - 2:30 p.m.; 1/12, 1/19
11:00 a.m. - 11:30 a.m.
Use a spotting scope to look for butterflies
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturdays - Sundays, Jan 4 - Jan 26
Nature Crafts
10 a.m. - 12 noon
Discover the natural world through your artistic side
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturdays - Sundays, Jan 4 - Feb 29
Wild Wonders
2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Thursday - Sunday, Jan 7 - Mar 31
Animal Feeding \$
3 p.m.
Check for eggs, feed animals hay. Meet at Chicken Coop
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Thursday - Sunday, Jan 11 - Feb 8
Symphony of Color - Abstract 7
12 noon - 5 p.m.
Abstract art exhibit
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Mondays, Jan 13 - Mar 30
Job Lab
12:30 p.m. - 3:00 p.m.
One-on-one help for job seekers
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Friday - Sunday, Jan 17 - Feb 1
The Wizard of Oz \$
Fri - Sat: 7:30 p.m., Sun: 2:30 p.m., Sat 2/1: 1 p.m.
Breathtaking special effects, dazzling choreography and classic songs
Jackson Theater, Smith Center at Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6031
(510) 659-1319

Arts & Entertainment



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.
M, T, W, Th, Sun 11am-10pm
Fri & Sat. 11am -11pm
Expires 2/28/20
ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF
510-792-1070
Dine In - Take Out - Delivery (Limited Area & Time)
3765 I Niles Blvd. Fremont
Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.



Voted Best BBQ

LIVE MUSIC/Dancing
Friday & Saturday 9pm - Midnight

Try Juicy Ribs
that Fall off the Bone,
Paul's 7 Month Brisket,
and Homemade Cornbread,
Sauces and Pies!

SUNDAY **Happy Hour**
Football Brunch Mon.-Fri 2pm-6pm
\$1 Mimosas, Great Prices
New breakfast skillet, Appetizers
and breakfast burrito! and Drinks

WEEKDAY LUNCH SPECIALS
Mon – Fri 11am – 2pm \$13.99 each
Rib & Chicken Combo
Hot Link & Chicken Combo
Pulled Pork & Brisket Combo
Chicken and Bratwurst Combo
Chicken and Pulled Pork Combo
Pulled Pork & Hot link Combo
Pulled Pork & Bratwurst Combo
CATERING
Delivery/Pick-up Available
510-713-1854
www.smokingpigbbq.net
3340 Mowry Ave., Fremont



50% OFF
FIRST 2 MONTHS
On selected sizes only. New rentals only.
Excludes RV spaces
www.reevesmgt.com



OPEN 7 DAYS A WEEK
CAL SELF STORAGE
26869 Mission Blvd., Hayward
(Behind FOOD SOURCE)
510-538-1536

Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096

**For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org/book-
mobile**

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday

12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

**Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060**

Wednesday

1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Monday-Friday, Jan 17 - Mar 6

Celebrate Women
9 a.m. - 5 p.m.
*Collaboration of artists, musicians and
writers. Opening reception Friday,
1/24 5:30 p.m.*
John O'Lague Galleria
777 B St, Hayward
(510) 538-2787
www.haywardartscouncil.org
www.nlapw.org

Thursday - Saturday, Jan 18 - Feb 1

**A.R.T. Inc. Annual Members’
Exhibit**
11 a.m. - 3 p.m.
Fine art from various local artists
Adobe Art Center
20395 San Miguel Ave.,
Castro Valley
(510) 881-6735
www.adobegallery.org

Friday-Sunday, Jan 24 - Feb 2 Lunar New Year - Tet Festival 2020

Fri. 3 p.m. - 11 p.m.,
Sat. & Sun. 11 a.m. - 11 p.m.
*Live entertainment, talent contests,
carnival rides and games, food booths*
Eastridge Mall
2200 Eastridge Loop, San Jose
(408) 462-5655

Friday, Jan 24 – Monday, Mar 16

**31st Children's Book Illustrator
show**

Fri – Sun: 1 p.m. – 5 p.m.
Exhibit of children's book illustrations
Sun Gallery
1015 E. St., Hayward
(510) 581-4050
http://sungallery.org/

Friday nights Laugh Track City \$

8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

THIS WEEK

Tuesday, Jan 21

**Community Development
Meeting**
6:30 p.m. - 8:00 p.m.
*Affordable housing and social services
discussion*
Marina Community Center
15301 Wicks Blvd., San Leandro
(510) 577-6080
(510) 577-6005

Tuesday, Jan 21

Fixit Clinic
6 p.m. – 8 p.m.
*Fixit coaches help repair non-function-
ing items*
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1500
www.aclibrary.org

Wednesday, Jan 22

Parent Information Meeting R
5 p.m. - 6 p.m.
*Learn about the Spanish Two-Way
Immersion Language Program*
New Haven Unified School District
Office
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100 x60493

Saturday, Jan 23

**Congressman Eric Swallwell
Town Hall Meeting R**
7 p.m.
*Question and answer session for 15th
Congressional District*
Dublin High School
8151 Village Pkwy, Dublin
(925) 833-3300
(510) 370-3322

Thursday, Jan 23

**Transitional Kindergarten and
Kindergarten Info Session R**
6:00 p.m. - 7:30 p.m.
*Meet teachers, tour campus, see class in
action*
St. Joseph School
43222 Mission Blvd., Fremont
(510) 656-6525
www.stjosephschoolfremont.org

EL DORADO RESTAURANT

\$1.00 Tacos

Lunes
Monday

Martes
Tuesday

Miercoles
Wednesday

Jueves
Thursday

Viernes
Friday

Sabado
Saturday

Sunday
Domingo

Higado
Liver

Pollo
Chicken

Carnitas
Fried Pork

Cabeza
Beef Head

Buche
Pork Stomach

Pastor
Spicy Pork

Chile Verde
Green Pork

Sunday Buffet

FRESH HAND MADE CORN TORTILLAS,
MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS,
CHILE RELLENO, ENCHILADAS
MEXICAN PASTRIES, DESSERTS and many more

10% SENIOR DISCOUNT
not applicable with other offers

Monday 10 - 8
Tuesday - Friday 10 - 9
Saturday 9 - 9
Sunday 9 - 8

Authentic Mexican Food and Beer

El Dorado Restaurant

510-581-8612

corner of Grand and Winton

386 Winton Ave. Hayward

Thursday, Jan 23

Community Office Hours R
6 p.m. - 8 p.m.
*One-on-one meeting with
Assemblymember Kansen Chu*
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
(408) 262-2501

Friday, Jan 24

Latino Business Roundtable
8:30 a.m.
*Meet new Hayward Police Chief Toney
Chaplin*
Sherman L. Balch Pavilion - St. Rose
Hospital
27190 Calaroga Ave., Hayward
www.hayward.org

Friday, Jan 24

Ferment it! \$
7 p.m. - 11 p.m.
*Workshops on fermentation, snacks
and drinks, dance floor 18+*
Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7373
https://chabotspace.org

Saturday, Jan 25

Volunteer For the Birds R
9 a.m. - 12 noon
*Assist in building and cleaning bird
boxes. Ages 12+*
Garin Regional Park
1320 Garin Ave., Hayward
(510) 582-2206
(888) 327-2757

Saturday, Jan 25

Sons of Norway Crab Feed \$R
6:00 p.m.
Dinner, raffle, music, dancing
Hill and Valley Clubhouse
1808 B St., Hayward
(650) 245-8473
(925) 548-0292

Saturday, Jan 25

Family Fishing Fun \$R
9:30 a.m. - 12:30 p.m.
*Basic instruction baiting, casting,
catching. Ages 6+*
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Saturday, Jan 25

Fremont Area Writers
2:00 p.m.- 4:30 p.m.
*Lisa Rosenberg shares her experience
with art and science*
42 Silicon Valley
6600 Dumbarton Circle, Fremont
cwc-fremontareawriters.org

Saturday, Jan 25

Comedy Shorts Night \$
7:30 p.m.
*"The Vagabond", "The Bellboy",
"Limousine Love", "Sailors, Beware!"*
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Jan 25

**Storytime with Marilyn
Baker-Madsen**
11 a.m.
Dr. Seuss
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Jan 25

**Newark Ring of Honor
Athletics Hall of Fame**
6:30 p.m.
*2020 Induction ceremony. Meet in the
Commons*
Newark Memorial High School Gym
39375 Cedar Blvd., Newark
(510) 487-4995
https://sites.google.com/newarkuni-
fied.org/cougarathletics/inside-athlet-
ics/ring-of-honor-hall-of-fame

Saturday, Jan 25

**Honoring Chinese American
Veterans**
10:30 a.m. - 2:00 p.m.
*Speakers, discussion panel, film, work-
shop, and cake*
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
chineseamww2vets@outlook.com

Saturday, Jan 25

Neighborhood Clean-Up
8 a.m. - 12 noon
*Join the Keep Hayward Clean and
Green Task Force*
Mt. Eden Park
Hesperian and Tennyson, Hayward
tennysonallamerica@gmail.com
(510) 881-7745

Saturday, Jan 25

Youth Job Fair
10 a.m. - 12 noon
*Hosted by East Bay Regional Park Dis-
trict*
Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766
www.ebparks.org

Saturday, Jan 25 & Sunday, Jan 26

Groovy Judy
Sat: 9 p.m. - 1 a.m. Sun: 5 p.m. - 9
p.m.
Groovy, funky music
The Florence
37349 Niles Blvd., Fremont
(510) 792-5522
www.groovyjudy.com

BRONCO BILLS

PIZZA PALACE

Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm
Fri & Sat. 11am -11pm

Expires 2/28/20

ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF

510-727-0532

Dine In - Take Out - Delivery (Limited Area & Time)

26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combined.



FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments

Drivers For Survivors provides this for ambulatory cancer patients living in the following designated areas of South, Central, and East Alameda: Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Ashland, Cherryland, Castro Valley, Dublin, Livermore and Pleasanton going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?
We can drive you for FREE!

Do you have occasional extra hours?
We always need more **volunteer-companion drivers...let's talk!**

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call **(510) 462-1100** or email

Outreach@driversforsurvivors.org
www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

Saturday, Jan 25 - Sunday, Jan 26

Generation She Conference

8 a.m. - 5 p.m.
Conference for female Gen Z entrepreneurs
Lyft Headquarters
185 Berry St. #5000, San Francisco
contact@generationshe.co

Sunday, Jan 26

Feeding Frenzy R

2 p.m. - 3 p.m.
Help feed resident aquarium animals
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Jan 26

Native California Plant Uses

10:00 a.m. - 11:30 a.m.
Take a short walk and learn how Native Californians use plants for food, medicine, shelter, and tools. Ages 15+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Jan 26

Desi Comedy Fest \$

6 p.m. - 8 p.m.
Biggest South Asian comedy festival in America
India Community Center
525 Los Coches St., Milpitas
(408) 934-1130
hungamacity.com/event

Sunday, Jan 26

Castro Valley Reads

2 p.m. - 3 p.m.
Kick-Off Event. Music and info
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Sunday, Jan 26

Sleep In and Take A Hike

1:00 p.m. - 3:30 p.m.
Easy 2.5-mile hike. Ages 15+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Jan 26

Coyote Hills Race \$

8 a.m. Hiker Division; 9 a.m. Runner Division
Run/hike the beautiful hills
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
https://brazenracing.com

Monday, Jan 27

Eden Garden Club Meeting

9:30 a.m.
Joan Sarlatte will speak on "Ergonomics in the Garden"
Hayward-Castro Valley Moose Lodge
20835 Rutledge Rd., Castro Valley
(510) 723-6936
(510) 363-9889

Monday, Jan 27

Outdoor Discoveries: Neat Newts R

10:30 a.m. - 12 noon
Preschool and home school nature series. Ages 4-8
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday, Jan 27

Milpitas Rotary Club Meeting

12 noon - 1:15 p.m.
Speaker Don Peoples
Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
http://www.clubrunner.ca/milpitas

Monday, Jan 27

Coyote Cubs: Jumping January

10:30 a.m. - 11:30 a.m.
Play games, explore the park, do a craft
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

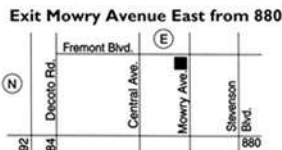
LYNN DENTAL



Min A. Lynn, DMD

General Dentistry ✨ Adult and Children

- Digital Low Radiation X Rays
- Cleaning & Gum Disease Treatment
- Composite White Fillings
- Crown, Bridge and Dentures
- Root Canals
- Extractions
- Teeth Whitening



Se Habla Español
Burmese
Spoken

Financing Available
Evening and Saturday Appointments
Same Day Emergency Treatment Available

Most Insurance Plans Accepted

510-744-0844

4075 Mowry Ave., Fremont



NOW SAVE EVERYDAY



37350 Joseph Street | Fremont
Mon-Thurs 8.30a-4.00p | Fri 9.30a-12.30p



Moving on or moving up? We'll pick up your large donations!
Email donate@tcvfoodbank.org or call 510.598.4065

All proceeds benefit TCV Food Bank

*Buy One Get One Free of equal or lesser value for Tuesdays' Sale

FREE



Alameda County LIBRARY

Improve your reading and writing with a tutor

Study for the citizenship test in a Civics class

Complete High School Online and earn a diploma

Learn English for beginners in small groups

Apply for a job by updating your basic computer skills

For more information call
The Alameda County Library
Education and Literacy Services
510-745-1480
www.aclibrary.org

There's no place like home
ADOPT A SHELTER PET

"Flash" that smile. This handsome boy isn't even a year old, a purebred German Shepherd, he will need a family committed to his training and energy.



Jules, about 3 months old, a beautiful kitten longing for a forever home.

TRI-CITY ANIMAL SHELTER

TricityAnimalShelter.org

1950 Stevenson Blvd • Fremont CA • 94538
Tuesday - Friday 12-5pm • Saturday 11am - 4pm
510-790-6630

Connect @TriCityAnimals



Scan for our FREE App or Search App Store for TCVnews

Get our App and you will always know what is happening. We also have the back issues archived

Monday, Jan 27

Census Bureau Employment Help

12:45 p.m. - 2:45 p.m.

Learn about working for the Census Bureau

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Monday, Jan 27

Real Estate Open House Signs

6:30 p.m. - 8:00 p.m.

Community meeting regarding City Council updates

City of Fremont Council Chambers
3300 Capitol Ave., Fremont
(510) 494-4508
(510) 494-4521

Tuesday, Jan 28

East Bay Community Energy R

5:45 p.m. - 7:45 p.m.

Information session

Castro Valley Library
3600 Norbridge Ave., Castro Valley
RSVP to pmacsata@gmail.com
(510) 667-7900
www.aclibrary.org

Tuesday, Jan 30

AMC 10A & 12A Math Contest \$R

7:00 p.m. - 8:15 p.m.

Offered for Fremont students. Register by Jan. 24

American High School
36300 Fremont Blvd., Fremont
(510) 796-1776 x57702
http://www.fuss4schools.org/amc-10-12a-math-contest-january-30-2020

Saturday, Feb 1

International Expo 2020

9 a.m. - 12 noon

Rotary District 5170 hosts informational session

University of Silicon Andhra
1521 California Cir., Milpitas
www.rotarydistrict5170.org

Saturday, Feb 1

31st Children's Book Illustrator show Artists Reception

1 p.m. - 4 p.m.

Book signing, coloring for kids, face painting

Sun Gallery
1015 E. St., Hayward
(510) 581-4050
http://sungallery.org/



Subscribe to
TRI-CITY VOICE
and you will
always know
What's Happening

510-494-1999
tricityvoice@aol.com



Scan for our **FREE App** or
Search App Store for **TCVnews**

Get our App and you will always know
what is happening. We also have the
back issues archived

THEATRE REVIEW

Vibrant 'Wizard' marks StarStruck milestone



BY JULIE GRABOWSKI
PHOTOS BY
ROSAURA STUDIOS

A Tinman might not be the expected 25th silver anniversary gift, but nothing could be more fitting for StarStruck Theatre, who celebrates their milestone with a revival of "The Wizard of Oz."

Based on the iconic 1939 movie, in turn adapted from L. Frank Baum's 1900 novel, "The Wizard of Oz" tells the story of Dorothy who lives with her aunt and uncle on the Kansas prairie along with her beloved dog Toto. When Toto bites the imperious Almira Gulch who deems the dog a menace and intends to have him destroyed, Dorothy and Toto run away to save his life, only to get caught in a cyclone. Upon waking, Dorothy

finds herself in a fantastical land, responsible for the demise of the Wicked Witch of the East, and the new owner of a pair of ruby slippers, sought by the Wicked Witch of the West.

The Wizard of Oz is the only one who can help her return home. On her journey to see him, Dorothy makes three friends who also wish something from the Wizard: brains for Scarecrow, a heart for Tinman, and courage for Lion. Pursued by the Wicked Witch and her flying monkeys, will the four ever get their hearts' desires?

Director Lori Stokes crafts a lush and jubilant spectacle fully befitting a 25th anniversary kickoff, with all of the high quality and fun that mark a StarStruck production. Orchestrating a cast of over 50 members (including

one live dog) in a world of witches, Munchkins, flying monkeys, snowflakes and snowmen, poppies, Winkies, and Jitterbugs is quite a task, and Stokes folds them all into a seamless and engaging whole that is nothing but pure pleasure. Music direction by Nancy Godfrey, choreography by Juliane Godfrey, and flying by ZFX Flying Effects completes the wondrous package.

Valerie Golobic is a plucky and persistent Dorothy with a lovely voice who easily helms the well-knit quartet of friends. Gisele Lajevardi employs a lot of fun and physicality as Scarecrow, and Brian Loh is full of charm with perfect poise and nuance as Tinman. Loh delivers one of the best numbers of the evening in "If I Only Had a Heart," a delightful tap number from

choreographer Godfrey, complete with elegant lady Apple Trees and Dancing Hearts. Garrison Garcia's Cowardly Lion may not have courage, but he does have undeniable presence and playfulness. Garcia easily draws the laughs and is quite comfortable in his mane, and gets an admirable showing off in "If I Were King of the Forest."

Francesca Jensen has excellent authority and weight as Almira Gulch, and carries that into her Wicked Witch, adding an imposing darkness and quite an impressive evil cackle. Maya Hoyt is on the opposite side of the scale with a heartfelt Aunt Em and sugar sweet Glinda, while Nicolas Aguilar makes his mark as the humorous Emerald City Guard. Special guest StarStruck alumni James M. Jones is a hit in his roles as Professor Marvel and the Wizard of Oz, delivering vibrant spirit and skill and a whole lot of likability.

The yellow brick road is inventively portrayed by four yellow overall and cap clad girls bearing illuminated poles to lead the way. And the littlest, but not least star, the adorable Nikki as Toto does very well, properly barking at the Wicked Witch, and perhaps not so properly pulling focus in "Over the Rainbow!"

Set designer Stephen C. Wathen covers tremendously

diverse ground with an adept and bewitching hand, from the dull, brown Kansas prairie to the candy confection brightness of Munchkinland, the dense forests of Oz and the ominous castle of the Wicked Witch to the glorious greens of the Emerald City.

Diane Scherbarth follows suit with her expressive costume designs. She delivers a joyously vibrant patchwork in the Munchkins' clothes and coiffure, a dreamy bubblegum gown for Glinda, excellent tinsmithing for Tinman, regal hats and robes for the Winkie guards, and perfectly unsettling flying monkeys. Ryan Willer also deserves a nod for his dynamic lighting design.

For those who have experienced a past production by Stokes and company, and as those planning their first foray will discover, it's quite undeniable: there's no place like StarStruck.

The Wizard of Oz
Friday, Jan 17 – Sat, Feb 1
Friday & Saturday: 7:30 p.m.
Sunday: 2:30 p.m.
Feb 1: 1:00 p.m. & 7:30 p.m.
Smith Center at
Ohlone College
Jackson Theatre
43600 Mission Blvd, Fremont

(510) 659-1319
https://starstrucktheatre.org
Tickets: \$25

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS



Paradise Dance Studio
www.paradisedancestudio.com

408-420-4336
Owner/Instructor Kyra Birks
Private Lessons by Kyra



Thursday 8pm: Fit by Mi
Thursday 8:30pm: Heels Class
Friday 8pm: Beginners Ballet with Mercedes
Friday 8:30pm: Heels with KY
Saturday 12-2pm: Hip Hop with KY

Thursday 8pm-10pm - Friday: 8pm - 10pm
Sat: 11:30 AM - 2:30 PM

4127 Bay St., Studio A, Fremont, CA 94538



Newark Unified School District
Child Care program

Before and after school Child Care services
We serve enrolled elementary students from Transitional Kindergarten 4.5 years old to sixth grade.

Fees vary based on number of hours per week attending child care. Our sites are located at six of our eight NUSD elementary schools (Birch Grove Primary, Birch Grove Intermediate, Kennedy, Lincoln, Musick and Snow).

Please contact us at
(510)818-4138, and
(510)818-4159 or email us at
nsanchez@newarkunified.org

Advertise in Tri-City Voice
Great Rates! Great Results
Call Today!
510-494-1999
tricityvoice@aol.com

LEPPARD LANDSCAPING

MONTH TO MONTH SERVICE

Hauling and Clean up
Rain Gutter Cleaning
Pressure Wash

CALL JIMMY
1-510-673-4318





Cabrillo
Cafe Breakfast & Lunch

American/Italian & Mexican Food

50% off
offer excludes all other discounts and promotions Expires 3/30/20

Restaurant Rental - Banquets
Catering - Private Parties

Breakfast & Lunch
Open 7am-3pm

510-226-7777

4949 Stevenson Blvd., Fremont

Buy one entrée at regular price
receive the second of equal
or lessor price half off

Mihos Painting Company

Affordable
Residential - Commercial



Local Family Operated since 1986

FREE Estimates Lic #693518

510-471-4149

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

Randy's Fence Repairs

**Fence Leaning?
Don't Replace...
Repair & Save!**

Reinforcement of existing fences is my only business. Rotted posts are my specialty.

FREE ESTIMATES!
510-706-6189
 Randy McFarland

HANDYMAN Craftsman Quality

30 Years Experience

**I Guarantee My Work
Check my References!**

FREE Estimates
510-673-1766
Senior Discounts

NEWARK-FREMONT LEGAL CENTER

LEGAL DOCUMENT PREPARATION

27 Years Experience
 10 Years Alameda County Superior Court

Divorce/Family Law

Name Change

Judicial Forms

Letters for Travel

Affidavit/Applications

BPcode Chapter 5.6 (6450-6456)

SUE JOHNSON
PARALEGAL

510-794-5297

www.newark-legal.com

38750 Paseo Padre Pky., Ste. B-1, Fremont



Winter SERVICES

Tree Care Service
 Rain Gutter Cleaning
 Fences & Gates/New & Repair

Contractor's Lic. #573763

FREE ESTIMATES

Call John **510-284-7790**
 25 years Experience - Bonded

LANDSCAPING SERVICE

Lic. #758988

Trees - Trimming - Pruning
 New Lawn - Yard & Hillside Clean Up
 Sod Topping - Sprinkler System
 Driveway - Paver stone - Fence
 Retaining Wall - Overhang - Decking
 Patio - Mowstrip - Flagstone
 Aggregate Exposed - Walkway - Brick
 Block - Concrete - Artificial Grass

Monthly
 Maintenance
 2/4 Times

FREE ESTIMATES
 Please Call: Mr. Tony

510-599-8814

HANDYMAN FREE ESTIMATES

R. Matias Mendoza

925-565-7229

matisar.25.rm@gmail.com

Electrical wiring, Door Installation
 Tiles, Paint, Dry Wall, Sewer line repair
 Driveway, Retaining Walls, Fences
 Sprinklers System, Lawn, Clean up
 Any Interior or Exterior jobs



INDIAN ASTROLOGER

MASTER : SHIVA L K



If You Have Problems That Has Not Solved By
 Any Pandit ,astrologer Or Spiritualist, Priest
 Invites You To Contact Him Has A Last Resort &
 He Promises That All Your Problem Will Be Solved



GIVING SOLUTION FOR YOUR BRIGHT FUTURE

- | | | |
|---------------------------|----------------------|--------------------|
| * Money Problems | * Love Problems | * Sexual Problems |
| * Business Problems | * Enemy Problems | * Property |
| * Family Arguments | * Jealousy | * House Problems |
| * Worried About Loved One | * Marriage Problems | * Lucky Lotto |
| * Husband Wife Problems | * Spiritual Problems | * Childless Couple |

Gives 100% Life Long Protection For Your Problems

Remove BLACK MAGIC jadoo, voodoo obeya & witchcraft

I CAN HANDLE ANY KIND PROBLEMS

100%
Guarantee

669-293-4111

ALL
RELIGIONS
WELCOME

952 KIELY BLVE , SANTA CLARA , CA 95051

DISCLOSURE NOTICE

This is to inform the public that
 Jesus Christ Son of God Christian
 Church - located at
 220 Main Street, Milpitas,
 CA 95135 is permanently closed
 since May 30, 2019.

Jesus Christ Son of God Christian
 Church located at
 953 Mission Street, Unit 40
 Lower Level, San Francisco,
 Ca. 94103 & Jesus Christ Son of
 God Christian Church in Vallejo, CA
 are both NOT affiliated, connected,
 & not under the Corporate
 Entity Number of the closed
 Milpitas location.



LANDSCAPE & GARDENING SERVICES

Tree - Shrubs - Trimming - Topping
 Pruning- New Lawns -Yard & Hillside
 Clean Up - Bonsai - Reseeding
 Resoding - Sprinklers Installed
 and Repaired - Brick Work
 Block - Concrete (Stamp/Color)
 New Fence - Retaining Wall
 Overhang - Decking - Patio

Call Mr. Francisco

FREE ESTIMATES

510-363-6001

WANTED: Assistant Football Coach

Newark Memorial
 assistant football
 coaching position for the
 2020 season.

If you would be interested in
 joining this growing program
 please contact Head Football
 Coach Brad Tubbs

btubbs@newarkunified.org or call
 (510) 818-4394



WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER

Expert in reading past, present & future

ASTROLOGER & PSYCHIC - RAMDEV

ALL RELIGIONS ARE WELCOME

YOUR PRIVACY IS OUR PROMISE

ARE YOU IN TROUBLE?

DON'T GIVE UP, DON'T LOSE HOPE

Depression, Love, Job, Money, Business, Jealousy, Husband & Wife,

Blockage, love spells and other personal problems, etc.

I will remove destroy - Black Magic, Bad Luck, Witchcraft, Obeah,

Jadoo, Voodoo, Evil Spirits, Divorce, Court Cases Permanently



**65 Years
Experience**

510 513 2232

2175 DECOTO ROAD,
 UNION CITY, CA 94587
WWW.MASTERRAMDEV.COM

Caregiver

with 15 years experience

Seeking Employment

**Hourly or Live-in
HAVE REFERENCES**

Catherine

510-579-5241

Quality Control Specialist in Newark, CA.

Conduct statistical
 QC analyses of in-process
 auto components.
 BA in Ind & Mech Eng.
 Some travel req.
 Resume: Daehan
 Solution Nevada LLC.,
 HR,1600 E. Newlands Dr.,
 Fernley, NV 89408.

ARYZTA is now hiring Production Workers for our bakery in Newark, CA.

All shifts are available.
 Employment is contingent upon passing a
 pre-employment drug screen and background check.
 E-Verify will also be processed.

On-site interviews on Thursday, January 9, 2020,
 from 12:00 pm – 3:00 pm, at 6500 Overlake Blvd.

Newark, CA 94560; apply online at
www.aryztacareers.com. ARYZTA is an EEO employer.

Now you can listen to Tri-City Voice too!

RadioPublic:

<https://radiopublic.com/tri-city-voice-podcast-WkaZBm>



iTunes:

<https://podcasts.apple.com/us/podcast/tri-city-voice-podcast/id1493833001>



**Tri-City
Voice**

PODCAST

AVAILABLE EVERY WEEK:



FREE PRESCHOOL

Fremont Unified School District offers

FREE preschool for income-eligible families.

The income limits have been raised recently and
 more families are qualifying.

Children must be 3-5 years old and toilet trained.

It's a 3-hour class, 5 days per week.

Openings now and throughout the school year.

For information: 510-659-2579 or

preschool@fremont.k12.ca.us

Tri City Voice has launched our own podcast. Now, in addition to our print, website and app editions,
 Tri-City Voice podcast will air for 15 minutes every Tuesday with the voices and sounds of our communities.

When you download the podcast each week, you'll hear local stories. We are going to chat with the
 local folks and tag along with our print reporters. Some of these stories will only be found on the podcast.

You can download the Tri-City Voice Podcast at <https://radiopublic.com/tri-city-voice-podcast-WkaZBm> or:

If you have a story you would like us to cover or would like to advertise your business or services,
 call us at (510) 494-1999 or email: tricityvoice@aol.com.

TOP FLIGHT GYMNASTICS

www.topflightfremont.net

- * Recreational & Competitive Gymnastics
- * Preschool, Toddler & Developmental Classes

- * Birthday Parties
- Ninja Classes



Try a FREE Class Today



Has your child ever wanted to be a Ninja Warrior? Top Flight is proud to introduce our new **Ninja Zone** program! These classes offer influences from parkour, free running, martial arts, and obstacle courses to improve agility, balance, and strength.

5127 Mowry Avenue
Fremont, CA, 94538

510-796-FLIP

SPORTS

Pre-scheduling arranged for sports physicals

SUBMITTED BY MICHELLE STONE

In an effort to decrease wait times, sports physicals, hosted by Washington Sports Medicine (Washington Hospital Healthcare System), will pre-schedule physical exams on Wednesday, February 5 (3:00 p.m. – 5:00 p.m.) and Thursday, February 6 (3:30 p.m. – 5:30 p.m.). Specific time slots will be guaranteed with approximately 84 slots per day. Physical evaluation forms, available at www.whhs.com/services/sports must be signed by a parent or guardian prior to arrival. Walk-ups will be

given a specific time to return, avoiding a lengthy wait. Athletes from all sports are welcome.

Sports Physicals

Wednesday, Feb 5
3:00 p.m. – 5:00 p.m.
Newark Memorial High School Library
39375 Cedar Blvd, Newark

Thursday, Feb 6
3:30 p.m. – 5:30 p.m.
Irvington High School Library
41800 Blacow Rd, Fremont

www.whhs.com/services/sports
Mike Rogers (510) 818-7320
Cost: \$20

MENS BASKETBALL

Ohlone falls to Foothill

SUBMITTED AND PHOTOS BY DON JEDLOVEC

Adding to a string of conference losses, the Renegades are struggling to find their footing in the 2020 season. In a December 15th meeting with the Foothill College Owls (Los Altos Hills), the Renegades were unable to sustain an effective offense although remaining close in the first half of play. The second half's 11-point offensive advantage for the Owls was too much for the Renegades defense. Final score: Foothill 70, Ohlone 56.



Lady Warriors upset Lady Eagles

Girls Basketball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

It was overdue. On January 14th, the Lady Warriors of Fremont Christian High School (FCHS) left the hardwood with a 39-30 victory over their basketball nemesis, the Lady Eagles of California School for the Deaf (CSD - Fremont). The Warriors were 0-2 last year against the Eagles, losing by more than 40 points combined. It was a different story this time although a close contest throughout the game. Following a one-point differential in the first quarter of play, the Warriors broke away from the

Eagles in the second quarter with a 10-4 run that proved to be a gap that would not be closed. Warriors coach, Chris Gomez praised his team saying, "I could not be prouder of this group of student-athletes than I am today."

FCHS was led by standout point guard McKenna Nolasco who not only led the team in scoring, but also had 8 steals to go with 5 assists. Micah Williams pulled down 16 rebounds and scored 12 points, While Gayoung Cuogh-Lee also had 14 rebounds. Annie Yu made 3 clutch 3 pointers to help FCHS get their 10th win of the season. They had 10 all of last year with 11 more games on their schedule.

A great season continues... On January 17th, the Lady Warriors kept continued a great season with an impressive win over the Contra Costa Christian Lady Cougars 45-14. Jumping off to an early lead, the Warriors scored 24 unanswered points with a quick and powerful attack, using speed and excellent shot selection that caught the Cougars completely off guard. The second and third quarters highlighted a response by the Cougars to attempt to close the gap, but great defensive play by the Warriors helped them regain control and secure an impressive win.



22 VETERANS
DIED TODAY
BY SUICIDE



VETERANS
Crisis Line

1-800-273-8255 PRESS 1



TEAM AMVETS.
SUICIDE
PREVENTION



Are You Or Someone You Know Suffering With Back Pain? Worried about not knowing what is wrong?



Have you ever been told that back pain is just one of those things that comes with your age, job, family and daily stress? Worse have you been told by your doctor that you have to “accept it”, take medication, or rest for weeks on end, because nothing else can be done? If your aged 45+, you answered “yes” to any of those questions, and you have suffered with low back pain for longer than 10 days now, then please pay special attention to what I’m about to tell you...It could help save your job, your independence your mobility, family and everything else that is important to you.

It is unfortunate many people think their only option is to “rest” or just as bad mask their pain with pills and hope that it just goes away...

My report titled “7 Quick and Easy Ways To End Back Pain and Stiffness.” is simple, actionable advice, that is easy to follow and proven to work to help those suffering years on end.

My name is Joewel Pascual, Doctor of Physical Therapy specializing in helping people 45+ find natural and long lasting relief from back pain.

My reasons for writing this report are clear and simple: to help people in this area make a better, more educated and more informed decision about their health.

And the good news is this...Today I'm giving away a completely FREE copy of this report (Value \$28) Inside, could be the solution that lets you keep active, maintain independence AND live free from harmful medication for years to come. For example:

- Discover the real secret to being able to walk further for longer with much LESS backache.
- The single biggest back pain mistake that most office workers (and business owners) are making each day- and what to do instead...
- The change you can make in the bedroom to get a better night's sleep!
- A simple trick for easing back pain that cost you nothing- perfect if you just want to play golf, cycle longer, or jog further!

What to do next

Receive your copy today by visiting the website www.mybackreport.com where you can download this guide. You can also call (510) 285-9052 to inquire about the free report. NOTICE: only 15 copies available.

-To your Great Health, Joewel Pascual, PT, DPT THE AUTHOR OF THIS REPORT, Owner of AMP Physio. One of California's leading physical therapists helping those in the Tri-city area.

Boys Basketball

League title tightens as Mariners defeat Cougars

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Moreau Catholic Mariners (Hayward) remained tight in the Mission Valley Athletic League (MVAL) basketball battle with an impressive 52-46 win over the Newark Memorial Cougars on January 14th. A hard fought first quarter resulted in a five-point lead for the Mariners, but the Cougars answered with a 13-11 scoring advantage in the second quarter and it looked like a battle to the final seconds was in the making.

The second half was a tossup as both teams battled for control but with three minutes left in the third quarter, a foul and three-point play by the Mariners changed the tenor of the



game. Opening a four-point lead, the Mariners were able to maintain the difference and emerge with the victory. Standouts for the Mariners were Donovan Tynes and Johnathan. Langford with 12 points each and D’aunte Johnson with nine points. In another important game for MVAL title hopes, the Washington Huskies (Fremont) defeated the James Logan Colts (Union City) 64-63, remaining a close second in MVAL standings.

Cougars Champions of Character

SUBMITTED BY TIMOTHY HESS

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week:



Girls Basketball: Kamalei Iokepa Maizie Pimentel Boys Soccer: Diego Chavez

Applicants sought for coaching position

Newark Memorial High School is looking to fill an assistant football coaching position for the 2020 season. If you are interested in joining this growing program, please contact Head Football Coach Brad Tubbs at btubbs@newarkunified.org or call (510) 818-4394.

Boys Basketball

Mariners Junior Varsity subdues Cougars

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Moreau Catholic Junior Varsity basketball team beat the Newark cougars 53-47 on January 14th in a game that went back and forth throughout the first half and most of the third quarter of play. Finally, the Mariners took control with an offensive surge late in the third quarter to pull away and hold on for the victory.



Boys Soccer

Cougars Report

SUBMITTED BY TIMOTHY HESS

The Newark Memorial Boys Varsity Soccer Team beat Washington (Fremont) by the score of 4-0 on January 17th to remain in sole possession of first place in Mission Valley Athletic League. Next, the Cougars host John F. Kennedy (Fremont) on Wednesday, January 22, beginning at 6:00 pm.

GO COUGARS!



City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Union City City Council

January 14, 2020

Presentations:

- Proclamation for Bonnie Roland and the Bonnie Roland Counseling Center. Roland was the Human Resources Director for the city; she passed away on March 29, 2019 after a fight with cancer. Reverend Jerome Brown II has helped to keep Roland’s legacy alive through the dedication of the Bonnie Roland Counseling Center at Brown Temple Church, where people can receive mentorship and counseling. Proclamation received by Reverend Jerome Brown II. Brown said Roland did receive a counseling certificate and planned to become a full-time counselor.
- Senior Commission presentation on their accomplishments this past year and goals to reach this year. They have done workshops on finding resources for transportation, caregivers’ support, and legal

support. One of their biggest accomplishments is the Memory Fair, held on October 12. This fair focused on brain health and wellness. The commission partnered with Alameda County social services to host a needs assessment forum. The top three needs were communication and information, community and health services, and transportation.

Consent Agenda:

- Approved a Memorandum of Understanding with the Hayward Unified School District for the Raising Leaders Internship program. The goal of the program is to get students from alternative education programs like Conley-Caraballo High to have a pathway into the workforce. The internship focuses on learning about leadership roles in the city, school district, and Alameda County. Modification was made to clarify Union City residents are participating in the Union City hosted internship program.
- Extended the Human Resources consulting services contract with Cooperative Personnel Services dba CPS HR Consulting until March 31,

2020. The extension of the service costs \$60,000, for a total of \$210,000.

Public Comment:

- Fremont has a senior foot care program which resident wishes to see implemented in Union City.
- On homeless veterans.

Public Hearings:

- Public hearing to award Jiva Life a retail business permit was rescheduled to a future meeting. Mayor Dutra-Vernaci said there was a misstep in paperwork. This business plans to change locations from 29400 Kohoutek Way Suite 110 to 30547 and 30545 Union City Boulevard. The proposed location is an older office building with a paved parking lot. The anticipated opening date of Jiva Life’s retail store would be on September 4, 2020. Jiva Life projects a grand total \$5.7 million in sales during their first year of operating.

City Reports:

- Presented information on Strategic Plan reporting. This would be done through bi-annual reporting and recorded on the city’s website. Another way is to

implement accountability measures like placing the city’s mission in city hall and community centers. The strategic plan is a roadmap for the city to make sure they are allocating funds to high priority projects, services, and programs.

- Approved resolution to nominate the city’s Industrial Hub to the Metropolitan Transportation Commission (MTC) and the Association of Bay Area Governments (ABAG) as a Priority Production Area (PPA). These industrial businesses are located in the Central Bay Business Park, Alvarado Business Park, Lincoln-Alvarado Business Park, and Horner-Veasby Area. Nominating these areas of the city would be a part of the “Plan Bay Area 2050,” a long-range plan for the region’s planning and investment. It also makes the city qualified for MTC, ABAG and other sources of city funding.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Emily Duncan	Aye
Gary Singh	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye

Hayward City Council

January 14, 2020

Presentations and Proclamations:

- Council recognizes end of winter recess following last council meeting held on December 17, 2019
 - Council cancels regular meeting in council chambers in order to hold special work session in council boardroom an hour earlier
- Public Comments:**
- Hayward resident asks for more action from council to attract businesses.
 - Representative of Western Propane Gas Association spoke regarding local decarbonization efforts in the building sector and proponent of diverse energy options for residents.
 - Representative of Abode Services commending the City of Hayward for efforts to support affordable housing.
 - Angela Andrews of Planning Commission spoke in favor of scheduling a joint work session with Planning Commission, strengthen standards in regards to climate change, concerns about infill projects and parking issues.
 - Resident spoke about transportation concerns and dedicated bus lanes.
 - Resident spoke about safety concerns on Mission Boulevard.
 - Lack of police support for problems with illegal parking, garbage, abandoned vehicles,

graffiti and homeless encampments.

- Resident who is licensed day care provider spoke about problems with code enforcement.
- Resident spoke of relations with Hispanic community members.

Work Session Items:

- Regarding proposed work plan to incentivize housing production in the city of Hayward.
- Outline city government plans for the next 3-5 years

City Manager Comments:

- Martin Luther King Jr. musical tribute at Chabot College, January 20th.

Council Comments:

- Acknowledge students from Tennyson, Mt. Eden, Chabot, Cal State who served breakfast at Burbank Elementary School for Kids Breakfast Club.
- Keep Hayward Green cleanup will meet at Mt. Eden Park 8 a.m. – 12 noon on January 25
- Acknowledge Renee of Books on B Street who led downtown Passport program.
- Martin Luther King gathering and march at City Hall Plaza starting at 9:30 a.m. on January 20th.
- Possible cuts to low ridership routes in Hayward of AC Transit.

Fremont City Council

January 14, 2020

Announcements:

- Senior Center Crab Feed February 21st.
 - New Police Department website at www.fremontpolice.org
- Consent Calendar:**
- Second reading rezoning 5.2-acre site at 45388 Warm Springs Boulevard from Innovation Area 10 to Innovation Area 8 for reuse of an existing office building for an outpatient clinic. (Salwan, recusal)
 - Second reading to amend various chapters of Fremont Municipal Code.
 - Authorize a first amendment to master contract with Alameda County Probation Department for cognitive behavioral groups, parenting classes and a sub-contract to Girls, Inc. Alameda County.
 - Approve maintenance agreement with Caltrans for I-880 Freeway Interchange Bike Lanes Project.
 - Approve funding agreements with Alameda County Transportation Commission for transportation projects.
 - Approve Professional Services Agreement with T.Y. Lin International in an amount not-to-exceed \$5,086,000 for planning and engineering services for Sabercat Bridge and Trail over I-680.
 - Accept State of California

Citizens Option for Public Safety Grant.

Public Communications:

- Several speakers asking for reconsideration of changes to Rancho Arroyo.
- Speaker questioned results of increasing residential construction to traffic, health, crime.
- Speakers asked for council intervention for health care problems with janitorial contract.

Removed from Consent:

- Second amendment to city manager employment agreement: four percent (4%) merit increase for superior job performance, effective upon his one year employment anniversary and a four (4%) cost of living increase effective June 21, 2020. If approved, Mr. Danaj’s new annual salary, effective June 21, 2020 will be \$336,334.

Public Comment: Request for clarification of merit increase. Mayor replied that this was discussed with council and would be open for a separate vote. PASSED 7-0

Other Business:

- Approve Master License Agreement Form for small cell telecommunications facilities and use of City streetlight poles.

Mayor Lily Mei	Aye
Vice Mayor Rick Jones	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye, 1 recusal
Teresa Keng (District 1)	Aye
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye

LETTER TO THE EDITOR

A Community Hero

This letter was recently sent to Fremont Mayor Lily Mei and members of the Fremont City Council:

Dear Mayor Mei,

I want to bring to your attention an unsung hero in our community. At a time when our community is railing against the homeless, one of them most likely saved the life of a young student.

A Robertson student was brutally attacked and beaten at

Irvington Park last Friday. The student was simply walking home from school, the same route he takes every single day. He was put in a headlock on the ground after he was punched from behind for no reason; the assailant continued to punch his head and his face. There was nothing the victim could do to defend himself.

According to witnesses, there was blood everywhere. There were at least 10-15 kids around, but no one did anything to stop the beating. No one EXCEPT a petite 67-year-old homeless woman by the name of Karen Lewella who lives out of her Nissan at the park.

The beating was so severe that it landed the student in the emergency room; his doctor has yet to clear him to return to

school. I cannot imagine what would have happened had the beating continued, if Karen didn’t step in.

I visited Karen during my lunch break today. When I got there, she was just walking around the park, picking up garbage, as she usually does. I introduced myself and gave her a hug to thank her for saving the life of our student. I spent about 40 minutes with her and listened to her account of what happened last Friday. At one point we cried together.

Tomorrow I will be visiting her again with lunch from Eastern Winds (she mentioned that this was one of her favorite restaurants). My Robertson family and I started a collection to prepay Eastern Winds hot

meals for Karen (The owner at Eastern Winds is very generous and has been known to “hook up” free food to many homeless Fremont residents during desperate times).

As a Fremont resident for 35+ years, I feel that this is the least I can do to show my gratitude and appreciation. On a community level, I feel that Karen should receive public recognition. There are so many bad comments regarding the homeless, navigation center, etc., that I feel people in this community should hear about her heroic act.

Annabel Chai
12th Grade Counselor
Robertson High School

OPINION



WILLIAM MARSHAK

Is the dream still alive?

the narrow confines of his individualistic concerns to the broader concerns of all humanity."

Even in our relatively calm, multicultural communities of the greater southeast bay area, incidents of hatred and violence continue to stain the fabric of our society. Although it may be an isolated instance or persistent undertone that only breaks the surface on rare occasions, these are the fractures that Dr. King warned about saying, "Nothing in all the world is more dangerous than sincere ignorance and conscientious stupidity." He noted that those who endeavor to isolate and divide, ignore the basic tenet that "We may have all come on different ships, but we're in the same boat now."

For those seeking a rational approach to solving our civic discord, King adopts a philosophy that integrates scientific thought and faith. They are not irreconcilable and, as a man of faith, he is able to use both to fight against irrational behavior. He understands that "Every man lives in two realms: the internal and external" that leads to "...an almost universal quest for easy answers and half-baked solutions" but advises, "Science investigates; religion interprets. Science gives man knowledge which is power; religion gives man wisdom which is control." King conveys an unshakable belief in the ultimate triumph of nonviolence; and a conviction that when good faces evil, respect and fortitude for the rights of all is the basis for justice, peace and brotherhood.

Exhorting society to action, King said, "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." His remarks at the Lincoln Memorial

were a presage of the trials and tribulations to come but also a map toward the goal of peace. He admonishes those who favor violence that, although a short-term solution, "Wars are poor chisels for carving out peaceful tomorrows."

It is my hope that we can learn to adhere more closely to the beliefs of Martin Luther King, Jr. and use the wisdom of his thoughts and actions to guide our personal and civic life to provide a lawful, just and peaceful society for ourselves and future generations.

Although, as King said in his historic speech at the Lincoln Memorial that freedom for all Americans is far from a reality, he refuses to believe that "the bank of justice is bankrupt." Instead, in a crescendo of confidence in the future, even with the premonition of his untimely demise, he exhorts the crowd with his "dream."

And so even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream.

I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal."

I have a dream today!



William Marshak
PUBLISHER

The ideals and philosophy of Reverend Martin Luther King, Jr. are as relevant today as when he fought inequality and injustice in the 1950s and 1960s. Arguably, his most publicized speech at the Lincoln Memorial August 28, 1963, elevated the phrase, "I have a dream..." to a status rarely equaled in oratorical history. Revisiting those days of divisive politics and turmoil, is sadly reminiscent of today's controversial climate – figuratively and literally.

Although the "I have a Dream" speech among others spoke of the horrors of rampant individualism that accompanies bigotry, he concluded with remarks that gave hope and support for all of us. Suffering through battles of hate and indifference, Dr. King not only realistically appraised the situation, but spurred others to act in a manner that exemplified the ideals of a just and benevolent society. Throughout his life, King knew that this "dream" was unfulfilled and an ideal far from reality, rather a goal to give hope for a pluralistic community of people. Another excerpt from his speeches is a succinct expression of his basic message: "An individual has not started living until he can rise above

Time to say goodbye – and thanks

SUBMITTED BY AISHA KNOWLES

Fremont Fire Department (FFD) officials are extending their best wishes and thanks to four longtime colleagues who retired in December.

Bidding the department goodbye:

- Captain Craig Rhoades
- Captain Jeff Place
- Division Chief Mike Thomas

- Deputy Fire Marshal Paul McInnis
- All combined, these respected firefighters have more than 100 years of service with the FFD.



Captain Craig Rhoades



Captain Jeff Place



Division Chief Mike Thomas



Deputy Fire Marshal Paul McInnis



PUBLISHER
EDITOR IN CHIEF
William Marshak

DIRECTOR OF OPERATIONS
Sharon Marshak

PRODUCTION
Claire Camaclang
Shannon M. Bench

OFFICE ADMINISTRATOR
Gail Hansen
David R. Newman

BOOKKEEPING
Vandana Dua

DELIVERY MANAGER
Carlis Roberts

ARTS & ENTERTAINMENT
Sharon Marshak

ASSIGNMENT EDITOR
Stephanie Gertsch

CONTENT EDITOR
Jui Sadekar

COPY EDITOR
Rob Klindt

REPORTERS
Frank Addiego
Roelle Balan
Marisol Cabrera
Asok Chatterjee
Charlene Dizon
Stephanie Gertsch
Janet Grant
Julie Grabowski
Alfred Hu
Johnna M. Laird
David R. Newman
Daniel O'Donnell
Madhika Singh
Margaret Thornberry
Lalitha Visveswaran

PHOTOGRAPHERS
Mike Heightchew
Don Jedlovac

APP DEVELOPER
WEB DEVELOPER
AFANA ENTERPRISES
David Afana

PODCASTS
Andrew Cavette

LEGAL COUNSEL
Stephen F. Von Till, Esq.

ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™



You help create a world with less cancer and more birthdays.

Thanks to your donations and purchases, the American Cancer Society's Discovery Shop raises money and awareness to finish the fight against cancer.

Watch Event

Visit our watch event on 1/24. We will have a large amount of watches for men, women, and children. Come discover a treasure!

Discovery Shop
A Unique Quality Resale Experience™

2690 Mowry Ave., Fremont 510-402-0124
Mon.-Thurs. 10 a.m.-7 p.m., Fri.-Sun. 10 a.m.-5 p.m.
cancer.org/discovery | 1.800.227.2345



Buying/Selling a Home? Need a loan?
Call 510-697-7750

20 Year Experience



Rajeev Gupta
Home Sales Specialist
Remax Accord
CA DRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750



Monica Gupta
Home Loan Specialist
Home Advantage
CA DRE # 01424265, NMLS # 343986
702 Brown Road, Fremont
510-520-7770

FHA home loans with 3.5% down* Call to qualify.

 **www.realtytrain.com**

CA Lic. Broker

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

Subscribe
Call 510-494-1999

510-494-1999
fax 510-796-2462
39737 Paseo Padre Parkway,
Fremont Ca 94538
tricityvoice@aol.com
www.tricityvoice.com

COPYRIGHT 2020®
Reproduction or use without written permission from
What's Happening's Tri-City Voice®™ is strictly prohibited

Birth

Marriage

Obituaries

LIFE CORNERSTONES

For more information
510-494-1999
tricityvoice@aol.com



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Lizette Marie Bulcao
Resident of Fremont
February 1, 1968 – January 13, 2020
Fremont Memorial Chapel

Roman Manandic Castelo
Resident of Fremont
June 23, 1923 – January 13, 2020
Fremont Memorial Chapel

David Sanford Bloxsom
Resident of Fremont
June 8, 1937 – January 9, 2020
Fremont Chapel of the Roses

Melvin E. Nunes
Resident of Newark
January 13, 1925 – January 8, 2020
Fremont Chapel of the Roses

Alicia A. Duran
Resident of Brentwood
September 20, 1926 – January 6, 2020
Fremont Memorial Chapel

Vivian Marie Costa
Resident of Livemore
April 9, 1927 – January 6, 2020
Fremont Chapel of the Roses

Louise Viola Van Emon
Resident of Fremont
June 3, 1921 – December 31, 2019
Fremont Chapel of the Roses

Daniel Jay Rhoades
Resident of Fremont
November 24, 1930 – December 30, 2019
Fremont Chapel of the Roses

Donald David King
Resident of Newark
September 10, 1943 – December 29, 2019
Fremont Chapel of the Roses

Don H. Plummer
Resident of Pleasanton
January 22, 1922 – December 16, 2019
Fremont Chapel of the Roses



Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

Sister Diane Maquire
Resident of Fremont
February 7, 1943 – January 15, 2020

Kanakam Doraiswami
Resident of Walnut Creek
July 7, 1931 – January 15, 2020

Nam Phung
Resident of Milpitas
June 19, 1948 – January 14, 2020

Anna Lee
Resident of Fremont
October 9, 1954 – January 14, 2020

Manuela Africa
Resident of Milpitas
July 27, 1938 – January 10, 2020

Florine Corriea
Resident of Lodi
September 26, 1925 – January 7, 2020

Aurora Masulit
Resident of Union City
April 27, 1938 – January 6, 2020

Huong Thu Pham
Resident of Fremont
August 23, 1929 – January 1, 2020

Thomas Treverton
Resident of Fremont
May 6, 1941 – January 1, 2020

Billie May
Resident of Fremont
July 13, 1939 – December 30, 2019

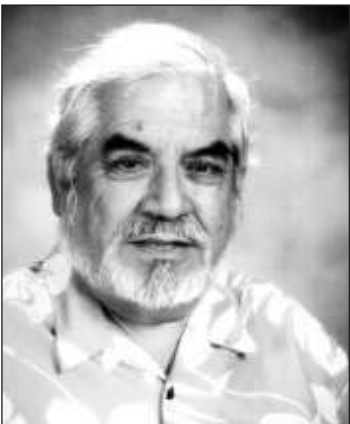
Adelina Huelar
Resident of Milpitas
July 24, 1925 – December 29, 2019

Mathila Chockalingam
Resident of Hayward
January 25, 1933 – December 29, 2019

Obituary

Joseph Chavez Terrasas

Joseph Chavez Terrasas passed away peacefully on October 29, 2019, at the age of 80 years. Born in Peoria, Arizona, on December 23, 1938, he was the oldest of his family. At a young age, the family began to follow seasonal crops to California. Together, they would move back and forth between Arizona and California, finally settling in the South Bay. Following graduation from Fremont High School (Sunnyvale), Joseph completed his AA Degree at San Jose City College. He then served four years in Hawaii in the United States Navy and reached the rank of E5. Upon his discharge, Joseph had a colorful employment history ranging from working for Lockheed Martin; to owning a florist shop; to owning a bar, then he spent a number of years teaching machine shop; and finished his career by working with youth with special needs. Joseph is survived by his loving wife of 32 years, Ann Terrasas, and is lovingly remembered by his children, Joseph Jr., Paul, Samantha (Alex), and Stephanie



(Athena, daughter); his many grandchildren; great-grandchildren, and large extended family. A celebration of Joe's life will be held at the Warm Springs Community Center (47300 Fernald Street, Fremont) on Sunday, January 19, 2020, at 4:00 PM. In Lieu of flowers, the family requests donations be made in Joe's memory to: Alzheimer's Association, Northern California, and Northern Nevada Chapter (800.272.3900); alz.org). American Diabetes Association

Obituary

Lizette Bulcao

February 1, 1968 to January 13, 2020
Resident of Fremont



Lizette Bulcao age 51, passed away on January 13, 2020 approximately 12:30 at her one of her favorite restaurant. She was born February 1st, 1968 at Washington Hospital to a supportive mother Maria Bulcao and a hardworking father Manuel Bulcao both from Faial Azores Portugal father proceeds her in 2010 loving Mother to Matthew Sherman Bulcao and Sister to James Bulcao and sister in-law to Neuma Bulcao auntie to Evan Bulcao and Olivia Bulcao.. She Graduated from American High School and moved on to work as a care giver at Lincoln villa in Fremont Ca she has worked there for 21 years and then eventually with lots of hard work she was promoted to become an activity director and started work even more closely with her residence and becoming more active in their lives which

interned allowed her to become friends with many residents and family members of her work. Lizette Bulcao was a woman who always had a big heart and would always go out of her way to make the people around her feel better whether it be laughing or needing a shoulder to cry on. When she wasn't working and taking care of her residents she would do what she loved most and that was see many concerts and bands. Her most favorite were Def leppard, Ozzy and Kiss. Lizette always had a fun loving outgoing personality you could always confide in her and afterwards you would usually feel better after having a good laugh with her. She was a mother of one son and a sister to one brother but she always had people that she thought of as her brothers or sisters because the connections she would make with people. Her bond would be so strong that you'd eventually just feel that way from her wonderful glowing personality. Funeral Mass to be held on January 21, 2020, 11 AM, Holy Spirit Catholic Church, 37588 Fremont Boulevard, Fremont. Burial to follow at Holy Sepulchre Cemetery, Hayward.

Fremont Memorial Chapel
510-793-8900

Obituary

Louise Viola Van Emon

June 3, 1921 - December 31, 2019
Resident of Fremont

Louise Viola Van Emon, age 98, was called home by her loving Savior in the early morning of December 31, 2019. She passed peacefully from this life to the next in the embrace of her loving daughters, Cheryl and Jeanette. Louise, nee Brazda, was born June 3, 1921 on the family farm in Timken, Kansas. Her parents were Joseph William Brazda and Marie Brauner Brazda (an Austrian immigrant). She was preceded in death by Eugene R. Van Emon, her husband of over 40 years, as well as two sisters and six brothers. After growing up in the Dust Bowl during the Great Depression, Louise came to California when she was 21 and worked in the laboratories at Standard Oil and then Kaiser shipyard during World War II. Always careful with her appearance, Louise was an accomplished seamstress, crafter,



and quilter. She spent countless hours in service to her church and was known for her gift of hospitality, baking skills, and sense of humor (i.e., the life of the party!). She was very active in her daughters' school activities being room mother and driving for numerous field trips. She was the epitome of the "Greatest

Generation," never complaining and was graceful in every situation. Louise is survived by her daughters, Jeanette and Cheryl, her son-in-law, Gary, five grandchildren, Theresa, Amanda, Alan, David, and Andrew, great-grandson, Ethan and several nieces and nephews. Funeral Service will be held on Saturday, January 25, 2020, 1 PM at First Lutheran Church, 3863 Country Club Drive, Lucerne, CA. Burial to follow at Upper Lake Cemetery, 780 Clover Valley Road, Upper Lake, CA. The celebration of her life will be on Sunday, January 26, 2020 at 2:00 PM at Prince of Peace Lutheran Church, 38451 Fremont Boulevard, Fremont.

Fremont Chapel of the Roses
510-797-1900

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

New Year, New Website, New URL

SUBMITTED BY MARIANA WALKER

The Santa Clara County Library District (SCCLD) has announced the launch of a brand new, completely redesigned website. The new website, www.scclld.org, will feature new pages that have been greatly enhanced to help patrons find, discover and experience the many things SCCLD has to offer. Patrons that are familiar with the online catalog will be happy to find the online catalog remains the same.

“Our website averages 126,000 unique visitors every month,” county librarian Nancy Howe said. “Because we are in the heart of Silicon Valley, it is essential we offer a 21st Century experience for our patrons with innovative services and a robust online library.”

Main areas of the website include Feature Titles, where users can discover books, music, and movies. Online Library 24/7 gives users access to e-books, audiobooks, e-magazines & news, e-movies & e-music, and dozens of online research services. Learn 24/7 is a great resource to help students and adults with free online tutoring, test prep and online courses. Patrons can discover the libraries’ happenings with a new calendar system under Events. The Services page helps users access account information, plus learn about passport services, English as a Second Language classes, and more. Finally, patrons are encouraged to explore the Connect page to engage with the Library and keep up to date with Library news.

The library district has produced several video tutorials to help patrons familiarize themselves in navigating the new website. Library district residents who don't have a library account can get a free digital library card instantly as part of the new online eCard service. Feedback about the new website is welcomed at webmaster@scclld.org.

LETTER TO THE EDITOR

Statement on State Budget Proposal

Governor Newsom’s 2020-2021 budget proposal continues to move California school funding in the right direction and begins to address critical issues impacting students and districts across our state. We believe that focusing on funding for teacher recruitment and training, special education, mental health services, and nutrition addresses some of the many needs of our educational communities. We also support increased transparency and accountability for funding under the local control of our districts, to ensure that students with the most urgent needs are seen and served.

But the fact remains, our students deserve more and our school districts need more in order to do the important work of educating the six million students of California.

Data shows that California must significantly increase education spending above current levels to ensure that students have the resources and supports required to meet the state’s own standards and academic goals. One estimate shows that funding schools to meet these goals would require a 38 percent increase in spending, or approximately

\$25.6 billion. This is well short of the increases of the past two years under Governor Newsom or any funding that might be generated by ballot measures currently scheduled to be in front of voters.

We need big change. And we need it to begin now.

Our Coalition of students, parents, teachers, classified employees, superintendents, and school board members is growing stronger and even more committed to ensuring that California public schools have access to full and fair funding. We continue to support legislative and ballot measure efforts that drive public education funding to levels that the students of Alameda County and the entire State deserve.

To demonstrate our commitment to this fight, the Coalition is hosting Fund Education Now Week (February 3-7), an awareness campaign aimed at educating the East Bay community about the ongoing issues with school funding and creating advocacy opportunities. Join us as we raise our voices in support of full and fair funding. For information about East Bay Coalition for Public Education, visit: www.acoe.org/funding

**East Bay Coalition for Public Education
Alameda County
Office of Education**

References:
<https://gettingdowntofacts.com/>
<https://sites.google.com/view/fund-education-no>

NEWARK-FREMONT LEGAL CENTER

510-794-5297

www.newark-legal.com



Business & Personal Legal & Paralegal Services



• **Estate Planning**

Living Trusts
Wills & Probate
Power of Attorney
Advance Directives
Home Appt's Available

• **Real Estate**

Landlord / Tenant
Leases
Evictions

• **Business**

• **Divorce**
• **Notary**
• **Corporations**

• **Bankruptcy**

Chapter 7
Chapter 13

• **Deeds**

Interposual Deeds
Grant Deeds
Quitclaim Deeds
Deeds in/out of Trusts
Deed of Trust
Power of Attorney
Affidavit of Death
of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway
Suite B-1, Fremont

M-F 10-7
Evening & Weekends
By Appointment

Run/hike Coyote Hills



SUBMITTED BY BRAZEN RACING

Brazen Racing’s next hike/run will take place along Coyote Hills on the eastern shoreline of San Francisco Bay, and the western edge of southern Alameda County. The area has historic as well as scenic value: Archaeology has revealed that Native Americans have lived in the area for at least 12,900 to 13,500 years.

The course includes 5K, 10K, and half marathon options. Hikers/walkers are always welcome! For half marathon participants who wish to walk/hike the course and expect to take more than 3.5 hours, we offer a “Hiker Division” start at 8:00 a.m. Hiker starts will not be eligible to win the race or for age group awards, but will be listed as official finishers in the Hiker Division results and will receive finisher medals.

The half marathon will start at 9:00 a.m. and the course will have a time limit of 4 hours. Runners

must finish their first loop and reach Aid 3 (mile 6.54) by 10:45 a.m. as well as reach the Apay split (mile 9.6) by 11:30 a.m.

Water stations will be fully stocked with water, sports drink, gels, pretzels, candy, etc. The 5K will have 1 aid station, the 10K, 2 aid stations, and the half marathon 5 aid stations. Runners who may need more water, should carry their own water bottle/hydration pack.

Online registration is currently closed. Race day registration will open at 7:30 a.m. on January 26.

**Coyote Hills Race
Sunday, January 26
8 a.m. Hiker Division
9 a.m. Runner Division
Coyote Hills
8000 Patterson Ranch Rd., Fremont
<https://brazenracing.com>**

Hopkins music students primed for success

SUBMITTED BY QUEENIE CHONG

Each year several students from Hopkins Junior High School in Fremont audition for acceptance into regional and statewide honor ensembles. These are groups made up of the top student-musicians from the regions throughout California. Successful students spend a weekend on intense rehearsals under the direction of a seasoned music educator to prepare for a concert.

This year, 50 Hopkins students will be attending the Northern California Band Association All-Northern Junior High Honor Band event set for Friday, January 17 through Sunday, January 19 in

Stockton. Hopkins students account for almost 50% of the students from any school accepted for the event.

Then, in late February, 23 Hopkins students will travel to Fresno to participate in the California Band Directors Association All-State Junior High Honor Band. They will be joined by an additional 18 classmates participating in the California Orchestra Directors Association.

Together, the 41 students from Hopkins participating in the conference mark a record high in the school’s history and it also is expected to be the largest total number of instrumental participants of any middle or high school in California.



Honors for Local Olympic Handball standouts

SUBMITTED BY MARK WRIGHT

Amidst the usual brand of high-level play that defines the annual California Cup in Fremont, two luminaries of the Olympic sport of team handball will be honored on January 25th, at the Crown Plaza Hotel in Union City.

Ray Gehrke, founder and long-time coach of the Centerville Middle School team handball program, promoted construction of the only gymnasium in America designed to accommodate the dimensions of an international handball court. In addition to creating the Centerville Middle School team handball program and an all-star team that traveled to Canada and Europe to play in significant tournaments, Ray was also the coach of the Mission High tennis team which won nine league championships in a row.

Mike Cavanaugh, most recently the CEO of USATH, the national governing body for the sport in this country who, among many other handball accomplishments, helped start the Cal State Hayward program in 1978, along with Jack Holleman. This led to the current Cal Heat team, 2019 men’s national champions, and construction of the Ray Gehrke Court at Centerville Middle School. Cavanaugh played on the U.S. National Team in addition to being the coach of the men’s national team for four years in the late 70s.

If you are a handball fan, you may want to join us at the Crown Plaza on Saturday, January 25th at 6:30 for an evening of food and drink, fun and big dips of nostalgia as we look back at 50 years of handball in America. Seats are still available at \$75 per.

**For more information, contact:
Mark Wright
American Handball Associates (AHA)
mark@sangamonhouse.com**

continued from page 1

Tet Festival

Celebrate the Year of the Rat with your friends and family at the biggest "Lunar New Year Tet Festival" in San Jose! This event is free and open to the public for two weekends from January 24 – February 2 at Eastridge Mall.

The festival features a variety of entertainment for all children & adults including a full carnival, main stage w/ live music, performances, magic shows, talent contests, beauty pageant, dazzling lion dances, and a very large selection of the most popular local food vendors the South Bay has to offer! The festival also features local artists, businesses, games, & workshops for children.

This year will offer a new attraction w/ several fun 3D photo theme parks so you can take the best selfies w/ friends and family! Don't miss out!"

San Jose New Year Tet Festival
Friday, Jan 24 – Sunday, Feb 2
Fri: 3 p.m. - 11 p.m.
Sat & Sun: 11 a.m. – 11 p.m.
 Eastridge Mall, Sears parking area
 2200 Eastridge Loop, San Jose
 (408) 462-5655
 Ustarproductions2012@gmail.com
FREE



miraDry
 The Sweat Stops Here

Non surgical
 FDA-cleared

**Permanently
 reduce underarm sweat**

Eric Okamoto M.D. **miraDry**
 The Sweat Stops Here

Visit our website for more information at
 miraDry www.drokamoto.com

CALL TODAY

510 794-4640

686 Mowry Ave. | Fremont

Center for Implant Dentistry

A4 | **COMPLETE
 IMPLANT SOLUTION**

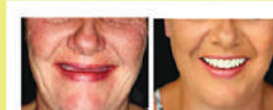
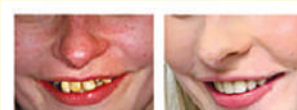
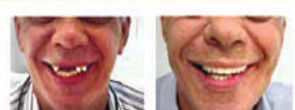


\$14,990
 per jaw

EXTREME *Smile* MAKE OVER

**FREE
 CONSULTATION
 WITH CT SCAN**

FIXED PERMANENT TEETH IN 3-5 DAYS



Dr. Jain

Fremont Office
 3381 Walnut Ave., Fremont
510-574-0496

San Francisco Office

4318 Geary Blvd. Suite 201
 San Francisco

415-696-2922

www.bayareaimplantdentistry.com



Dr. Gupta

Family Owned Since 1991 Felt's Printing & Signs

**"We are Committed to
 make You Look Good !"**



Building Signage



Large Format



Printing



Vehicle Wraps

\$20 Off any Banner

Art Not Included



MUST SHOW COUPON

Business Cards

\$10 Off
 any order

Art Not Included



MUST SHOW COUPON

510.487.5679

Email: art@felts.co

30502 Union City Blvd., Union City, CA 94587

Color Copies

Buy 1 Get 1 Free

60¢ 8.5" x 11"
 Reg. Price 24 lb. Bright White



MUST SHOW COUPON

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

Tuesday, January 7
• Officers responded to a report about a robbery at Comerica Bank at 1301 E. 14th Street. A man, later identified by police as Jose Rodriguez-Montano, 50, reportedly entered the bank wearing a Halloween-style gorilla mask and carrying a shotgun concealed in a tennis bag. He demanded money from a teller and obtained an undisclosed amount of cash. Witnesses said he did not display the shotgun inside the bank but

dropped it on the sidewalk after exiting. He picked it up and fled in a 2005 Black Acura TL. Detectives followed leads and surveillance video that helped them track the vehicle with a license plate reader. He was arrested on January 14 on suspicion of robbery and booked into Santa Rita Jail and held on a \$470,000 bond while awaiting charging and disposition by the Alameda County District Attorney's Office.
Monday, January 13
• At about 6:47 p.m. officers responded to a report about a person hit by an Amtrak train near the intersection of Davis and Alvarado streets. The unidentified

man was found about 250 feet north of Davis Street and was pronounced dead at the scene. Investigators determined the train was traveling about 79 mph as it approached the Davis Street crossing; vehicle and pedestrian warning lights worked properly, no vehicles were involved in the collision. It's unknown why the man walked into the path of the train. Davis Street between Orchard Avenue and Alvarado street was closed for about two hours while Amtrak, Union Pacific, and SLPD personnel investigated the collision.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Sunday, January 12
• Between 6:30 p.m. and 10:00 p.m. officers joined police from Union City, Newark and the CHP in stopping illegal auto sideshow activities in north Fremont and at Whipple Road and Mission Boulevard in Hayward. Officers encountered hostile crowds and had to dodge multiple objects thrown at them. Several cars were stopped; there were no arrests. Enforcement against the sideshow is continuing.
Monday, January 13
• Officers responded to a report of a laptop computer theft from a patron at a Starbucks coffee store in the Warm Springs

area. The male victim was working on his computer while wearing headphones when a female grabbed the computer and fled on foot. Witnesses said the female was accompanied by three other females. They were described as black and in their late teens; two of them were wearing green hoodies. Because of the value of the laptop computer, police are investigating the incident as a grand theft and are asking anyone with information about the suspects to call FPD Investigations at (510) 790-6900.
• At 6:40 p.m. a woman placing groceries into the trunk of her vehicle at 99 Ranch Market on Warm Springs Boulevard was approached by a man who tried to grab her purse from her shoulder and dragged her several feet on the ground, causing minor injuries. He was unable to get the purse and fled

the scene in a light colored van or SUV, possibly being driven by a female. Police said the suspect was described as a black male adult, about 6-feet-2-inches tall with a medium build and possibly wearing a beanie. An investigation is ongoing.
Wednesday, January 15
• Shortly before noon a woman was robbed of her purse in a parking lot across the street from the Walgreen's store on Paseo Padre Parkway and Mowry Avenue. According to police, the suspect fled in a blue sedan which a patrol officer soon spotted traveling northbound on I-880. A short pursuit was started but soon terminated. The suspect vehicle was last seen passing the Tennyson Road exit in Hayward. The CHP and other law enforcement agencies were notified. Officers are following up and collecting video evidence.

Newark Police Log

SUBMITTED BY NEWARK PD

Monday, January 6
• At 6:42 p.m. officers investigated a robbery that had just occurred in the 5800 block of Stevenson Boulevard. Officer Langenstein located and arrested a 29-year old man in the 39000 block of Cedar Boulevard on suspicion of robbery and providing false identification. He was booked into Fremont Jail.
Tuesday, January 7
• At 12:47 p.m. Officer Herbert made a traffic stop in the area of Newark Boulevard and Jarvis Avenue. During a probation search on a 50-year-old Newark man a switchblade was found. The man was arrested and later cited for possession of a switchblade.
Wednesday, January 8
• At 5:51 p.m. Officer Palacio made a pedestrian stop in the area of Thornton Avenue and Cherry Street. A check showed

that the 41-year-old Hayward man had one active felony and two misdemeanor warrants. He was booked into Fremont Jail.
Thursday, January 9
• At 7:53 p.m. Officer Horst investigated a report of a shoplifter that was in custody in the 200 block of NewPark Mall Road. The 50-year-old Fremont woman had been placed under citizen's arrest on suspicion of shoplifting. She was booked into Santa Rita Jail.
Friday, January 10
• At 11:36 p.m. Officer Pacheco was dispatched to a call about two people sitting in a vehicle drinking alcohol in the 2800 block of NewPark Mall Road. Pacheco approached the vehicle but it was unoccupied. Soon, Pacheco saw one of the people returning to the vehicle with items that may have been shoplifted. A check showed the 31-year-old Fremont man was on probation on shoplifting charges and probation violation; he was arrested. Pacheco also recovered a stolen laptop computer which NPD was later able to return to

the owner. Pacheco also arrested a 48-year-old Fremont man on suspicion of felony possession of stolen property and probation violation. Both men were booked into Santa Rita Jail.
Sunday, January 12
• At 6:45 a.m. Officer McCuin led a team to the area of Albyn Court to conduct a probation search resulting in the arrest of six people. During the search, the following items were located: a loaded .25 ACP pistol with an obliterated serial number, ammunition, heroin, methamphetamine, and drug paraphernalia. All suspects were booked into either Santa Rita Jail or Fremont Jail.



Von Till & Associates ATTORNEYS

Since 1970

MAKE A LIVING TRUST
Name Trustee If You Become Disabled
Create Management Plan For Assets
Costs less than Many Auto Repairs
And Is Much More Important
DELAY MAKES NO SENSE

OWN YOUR OWN HOME?
Avoid Thousands of Dollars of Probate Fees
Avoid Delays of Probate
Name Guardian for Minor Children

PERSONAL INJURY, DEATH, & DISABILITY CLAIMS
Numerous million dollar jury verdicts, including defective products, walkways, and vehicular accidents.

GENERAL CIVIL PRACTICE
Business and personal matters, partnerships, corporations

STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University
Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty Law Clinic Santa Clara University College of Law 1987
Editor, University of Illinois Law Review 1968-1969
California Supreme Court Cases Accepted and Argued
Martindale-Hubbell's Highest Preeminent A-V Peer Review Ranking
Over 30 yrs: "A" Legal Ability "V" Highest Ethical Standards

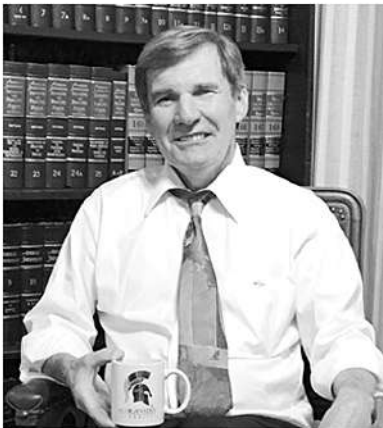
FREE Initial Consultation

Email questions or Request appointment at vontill@gmail.com

510-798-1100 messages

152 Anza Street Fremont

(Mission Blvd. & Anza St., Near Ohlone College)



RICHARD KENDRICK

Mission San Jose School of Guitar

Beginning - Advanced Guitar Instruction
Private & Group Lessons

510-661-9147

www.rwkendrickguitarjr.com

E-mail: rwkendrickjr@yahoo.com

FREE Lesson with purchase of 4 lessons
Popular, Rock, Jazz Blues & Classical also available: Bass, Ukulele, Voice Music Theory and Keyboard

Qualified, Professional and Experienced
22 years in same location
Masters Degree in Music (Performance - Classical Guitar)

152 Anza Street, Fremont



Since 1979 The Original B.F.F.

FOAM FACTORY

510-657-2420

www.bobsfoam.com

4055 Pestana Place, Fremont

FOAM FOR:
Mattress Toppers
Special Back & Neck Pillows, Wedges
Special Packaging/Cases and more
MATTRESSES

IN MOST CASES SAME DAY SERVICE

Service is our number one product!

CUSHION REPLACEMENTS FOR:
Sofa, Chairs, Window Seats, Boats

Thank you for choosing Bob's Foam Factory products. We are certain you will be pleased with your choice. Since opening our doors in 1979, we have been committed to providing outstanding service, quality and durability.

OPEN TO THE PUBLIC
LARGEST SELECTION IN BAY AREA

OPEN
MON-FRI 8:30AM-5:00PM
SAT 8:30AM-3:00PM

880 to Auto Mall Pkwy - Exit towards the Hills
Rt on Fremont Blvd. - 1/2 mile turn right on Pestana Place

Special Packaging

DIE CUTTING - PACKAGE DESIGN PROTOTYPES

Tell us how you use your foam!

Celebrating 40 Years!
Thank you for your years of support

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, FEBRUARY 3, 2020, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

RANA RESIDENCE ADDITION- 37377 Fremont Boulevard - PLN2019-00024 - To consider the Historical Architectural Review Board's recommendation of a proposed addition to the rear of an existing single-family residence previously determined to be potentially eligible for the California Register of Historical Resources, and the construction of a new detached accessory dwelling unit and detached carport in the Centerville Community Plan Area, and to consider the determination that the project is categorically exempt from the California Environmental Quality Act (CEQA) per CEQA Guidelines Sections 15303, New Construction, or Conversion of Small Structures and 15331, Historical Resource Restoration/Rehabilitation. Project Planner - Marc Cleveland, (510) 494-4543, mcleveland@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

CLIFFORD NGUYEN
ZONING ADMINISTRATOR

CNS-3330960#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, FEBRUARY 13, 2020, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

ACCESSORY DWELLING UNIT ORDINANCE UPDATE - Citywide - PLN2020-00176 - To consider a City-initiated Zoning Code Amendment to Fremont Municipal Code Title 18 (Planning and Zoning) to ensure compliance with recently adopted California State Laws pertaining to Accessory Dwelling Units, and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) pursuant to Public Resources Code Section 21080.17, which states that CEQA does not apply to a city's adoption of an ordinance to implement the provisions of Government Code Section 65852.2. Project Planner - Bill Roth, (510) 494-4450, broth@fremont.gov

For further information on any of the above items, contact the respective project planner above for that particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

JOEL PULLEN, AICP, SECRETARY
FREMONT PLANNING COMMISSION

CNS-3333649#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL
REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 6:30 P.M., ON THURSDAY, FEBRUARY 6, 2020, AT THE CITY OF FREMONT, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

ELMORE'S AMERICAN TAVERN - 37396 Niles Boulevard - PLN2018-00293 - To consider Historical Architectural Review of a proposed 2,550 square foot two-story building located in the Niles Community Plan Area; and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Sections 15183, Projects Consistent with a Community Plan or Zoning; 15302, Replacement or Reconstruction; and 15332, Infill Development. Project Planner - Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

WAYLAND LI
FREMONT HISTORICAL
ARCHITECTURAL REVIEW BOARD

CNS-3333641#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. RG20049691
Superior Court of California, County of Alameda
Petition of: Hargon Arashed Hargon AKHA Haraon
Arashed Haraon, AKHA Haraon Haraon for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Hargon Arashed Hargon AKHA Haraon Arashed Haraon filed a petition with this court for a decree changing names as follows:
Hargon Arashed Hargon AKHA Haraon Arashed Haraon, AKHA Haraon Haraon to Talib Nour Elhadi Ahmed

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two

court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 03-06-2020, Time: 11:00 am, Dept: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening's Tri City Voice
Date: January 9, 2020
TARA DESAUTELES
Judge of the Superior Court
1/21, 1/28, 2/4, 2/11/20

CNS-3332484#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19048817
Superior Court of California, County of Alameda
Petition of: Mohammed Y Mohamed Ibrahim for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing name as follows:
Mohammed Y Mohamed Ibrahim to Yousuf Ibrahim

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 2/21/2020, Time: 11:00 AM, Dept: 17,
The address of the court is 1221 Oak Street, Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: December 31, 2019
DESAUTELES
Judge of the Superior Court
1/14, 1/21, 1/28, 2/4/20

CNS-3331137#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 567390-2
Fictitious Business Name(s):

(1) Fullterm Fertility Clinic, (2) Fullterm Fertility Clinic - Chinese Medicine, (3) Fulltermfertility.com, 650 Mowry Ave., Fremont, CA 94536, County of Alameda

Mailing address: 824 Snapper Ter. Fremont, CA 94536
Registrant(s):
Sashuang Xu, 824 Snapper Ter. Fremont, CA 94536

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sashuang Xu, Owner

This statement was filed with the County Clerk of Alameda County on January 9, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/21, 1/28, 2/4, 2/11/20

CNS-3332867#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566968-566969
Fictitious Business Name(s):

1. Yoga Journey, 2. Yoga Journey Studios, 3890 Mowry Avenue, Suite 201, Fremont, CA 94538, County of Alameda

Registrant(s):
Yoga Journey International Management LLC, 3890 Mowry Avenue, Suite 201, Fremont, CA 94538

Business conducted by: a Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Li Kuan-Hsien, Director / Owner

This statement was filed with the County Clerk of Alameda County on December 30, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/21, 1/28, 2/4, 2/11/20

CNS-3332551#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 567183
Fictitious Business Name(s):

Eco French Cleaners, 203 Jackson Street, Hayward, CA 94544, County of Alameda

Registrant(s):
Lynn Vu, 13565 Highwood Dr., San Jose, CA 95127

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Lynn Vu, Owner

This statement was filed with the County Clerk of Alameda County on January 6, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/21, 1/28, 2/4, 2/11/20

CNS-3332548#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 567237
Fictitious Business Name(s):

Joe Grech Tennis, 4543 Wheeler Drive, Fremont, CA 94538, County of Alameda

Registrant(s):
Joseph M. Grech, 4543 Wheeler Drive, Fremont, CA 94538

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Joseph M. Grech, Owner

This statement was filed with the County Clerk of

Alameda County on January 7, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/21, 1/28, 2/4, 2/11/20

CNS-3332490#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566970-566971
Fictitious Business Name(s):

(1) Yoga Elements, (2) Yoga Elements Studios, 3890 Mowry Avenue, Suite 201, Fremont, CA 94538, County of Alameda

Registrant(s):
Li, Kuan-Hsien 39136 Donner Way, Fremont, CA 94538

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Li, Kuan-Hsien, Director/Owner

This statement was filed with the County Clerk of Alameda County on December 30, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/21, 1/28, 2/4, 2/11/20

CNS-3331576#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566972-73
Fictitious Business Name(s):

(1) Bikram Hot Yoga - Central Fremont (Mowry Ave), (2) Bikram Hot Yoga - Downtown Fremont (Mowry Ave), 3890 Mowry Avenue, Ste. 201, Fremont, CA 94538, County of Alameda

Registrant(s):
Kuan International Fitness Management LLC, 3890 Mowry Avenue, Ste. 201, Fremont, CA 94538; California

Business conducted by: a Limited Liability

The registrant began to transact business using the fictitious business name(s) listed above on 12/24/2014

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Li Kuan Hsien, Director/Co-Owner

This statement was filed with the County Clerk of Alameda County on December 30, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/21, 1/28, 2/4, 2/11/20

CNS-3331575#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 567256-59
Fictitious Business Name(s):

#1. Beeline Glass, Inc, #2. Beeline Glass of the Bay, #3. Beeline Glass of the Valley, #4. Beeline Glass - Sacramento, 24689 Mission Blvd, Hayward, CA 94544, County of Alameda

Mailing Address: PO Box 925, Linden, CA 95236
Registrant(s):
Beeline Glass of the Bay, Inc. 24689 Mission Blvd, Hayward, CA 94544; California

Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 1/1/2020

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Heather Lara, Secretary/CFO

This statement was filed with the County Clerk of Alameda County on January 7, 2020

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/14, 1/21, 1/28, 2/4/20

CNS-3330704#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566855
Fictitious Business Name(s):

Star Entertainment, 876 Boar Cir., Fremont, CA 94539, County of Alameda

Registrant(s):
Peter Sahjani, 876 Boar Cir. Fremont, CA 94539

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 02-24-2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Peter Sahjani

This statement was filed with the County Clerk of Alameda County on December 24, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/14, 1/21, 1/28, 2/4/20

CNS-3330701#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566796
Fictitious Business Name(s):

510 Autoworks, 37555 Dusterberry Way Ste 5, Fremont, CA 94536, County of Alameda

Registrant(s):
Erik Carranza, 5586 Truman Place, Fremont, CA 94538

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Erik Carranza

This statement was filed with the County Clerk of Alameda County on December 23, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/7, 1/14, 1/21, 1/28/20

CNS-3328608#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566478-9
Fictitious Business Name(s):

1) 5 Star Distributors, 2) IOS Industrial, Office Solutions, 1480 Hardy Pl., Fremont, CA 94536, County of Alameda

Registrant(s):
Andres F. Bermudez, 1480 Hardy Pl., Fremont, CA 94536

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on Mar -15-1994

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Andres F. Bermudez, Owner

This statement was filed with the County Clerk of Alameda County on December 13, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/31/19, 1/7, 1/14, 1/21/20

CNS-3326992#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 566773
Fictitious Business Name(s):

Tony Medical Group, 63248 Buena Vista Dr., Newark, CA 94560, County of Alameda

Mailing address 63248 Buena Vista Dr., Newark, CA 94560
Registrant(s):
Tony Medical Group Co., 63248 Buena Vista Dr., Newark, CA 94560; California

Business conducted by: A Corporation

The registrant began to transact business using the fictitious business name(s) listed above on 01/28/2019

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars

PUBLIC NOTICES

Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Scott Jordan, 18 Crow Canyon Court, Suite 280, San Ramon, CA 94583, Telephone: (925) 913-0275
1/21, 1/28, 2/4/20

CNS-3331577#

NOTICE OF PETITION TO ADMINISTER ESTATE OF: TIMOTHY HING TIM WONG
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of TIMOTHY HING TIM WONG.
A PETITION FOR PROBATE has been filed by ANTONIA WONG in the Superior Court of California, County of SAN MATEO. THE PETITION FOR PROBATE requests that ANTONIA WONG be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held in this court as follows: 02/07/20 at 9:00AM in Dept. 28 located at 400 COUNTY CENTER, REDWOOD CITY, CA 94062.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory

and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner
JANET L. BREWER - SBN 074181
LAW OFFICE OF JANET L. BREWER
2501 PARK BLVD, SUITE 100
PALO ALTO CA 94306
1/14, 1/21, 1/28/20

CNS-3331233#

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN A. FARIA
CASE NO. RP19028042
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: John A. Faria
A Petition for Probate has been filed by Conceicao Faria in the Superior Court of California, County of Alameda
The Petition for Probate requests that Conceicao Faria be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on February 10, 2020 at 9:30a.m. in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, California 94704
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Thomas C. Tagliarini, 2200 Power Street, Suite 1050, Emeryville, California 94608, Telephone: (510) 444-0692
1/14, 1/21, 1/28/20

CNS-3330703#

TRUSTEE SALES

T.S. No. 077396-CA APN: 483-0102-216-00
NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 3/29/2007, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 2/13/2020 at 1:00 PM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 4/5/2007, as Instrument No. 2007132488, of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: GLEN RAMOS, AN UNMARRIED MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: at the Fallon Street Steps Alameda County Courthouse, 1225 Fallon Street, Oakland, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 32325 PEGASUS COURT UNION CITY, CA 94587 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$443,699.10 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also

CNS-3332340#

T.S. No. 085089-CA APN: 486-0093-013-00
NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/29/2016, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 2/5/2020 at 12:00 PM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 1/9/2017, as Instrument No. 2017005301, in Book , Page , of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: DONALD W. MC SWEEN, AND BEVERLY A. MC SWEEN, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FALLON ST. EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST. OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described

above is purported to be: 2579 MARASCHINO COURT UNION CITY, CALIFORNIA 94587 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$477,895.78 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 280-2832 CLEAR RECON CORP 4375 Jutland Drive San Diego, California 92117
1/21, 1/28, 2/4/20

CNS-3328668#

Closure of Union City fire station

SUBMITTED BY LAUREN SUGAYAN

A victim of high operating costs combined with relatively few calls for service, Fire Station 30 in Union City rolled up its doors for the last time on January 15.
The decision to close the station, situated in a residential and commercial area on the southwestern edge of the city, was made by the City Council in July 2019 after an independent study showed that the station was handling on average only 1.7 calls per day at a total cost of \$3.2 million a year. Staffing was provided by Alameda County Fire Department (ACFD) with operating costs paid by the city.
“We are indebted to the firefighters for keeping our residents safe during medical and fire emergencies; however, the city council’s job is to be responsible fiscal agents of city resources,” explained Union City Mayor Carol Dutra-Vernaci. “We have been examining all city services in the last year to understand where we can be more efficient. Changes are being made citywide, not just with the fire department. The reality is that

Fire Station 30 was underutilized at a high cost to residents. We are confident that we made a decision that was in the community’s best interest.”
Dutra-Vernaci added that Union City is participating in a discussion with emergency medical service professionals from around Alameda County about how it can set up a service model that meets the growing medical needs in the community at an affordable cost.”
Since July 1, 2010 fire services have been provided at four stations throughout the city through a contract with the Alameda County Fire Department. Station 30, located at 35000 Eastin Court, housed three firefighters to staff an engine for fire, rescue and emergency medical service responses.
Personnel and equipment from Fire Station 30 will be transferred to other ACFD locations within Alameda County. Meanwhile, city officials are confident that the three remaining fire stations, staffed with nine firefighters on each shift, can provide the right level of service for the city’s 75,000 residents.

SB 372 bill to reform broken beverage recycling system

SUBMITTED BY JEFF BARBOSA

With California’s bottle recycling program in tatters, the state Senate Environmental Quality Committee approved a bill by Senator Bob Wieckowski (D-Fremont) on January 15 to create a new streamlined stewardship program that places redemption and recycling responsibilities on distributors operating inside the state.
“Our recycling system is broken and antiquated,” said Wieckowski. “We have amended the original bottle bill more than 75 times. “Applying more Band-Aids to a broken system will not solve the problem. SB 372 will move us to an extended producer responsibility model that reduces the state’s bureaucratic function so that CalRecycle’s focus will be on oversight and enforcement. The program would be run by the private sector at no cost to the taxpayer. This will add more convenience for consumers and more locations to recycle. That’s the model that is successful in Oregon where the recycling rates are much higher than in California.”
Oregon created the Oregon Beverage Recycling Cooperative that is run by distributors and retailers and has more locations for consumers to turn in their beverage containers. Companies such as Waste Management, Coca Cola, Safeway, and Whole Foods are among the participants in the Oregon program.
Under SB 372, distributors of beverages must form a Beverage Container Stewardship Organization. The organization must then submit a plan and budget for the redemption and recycling of beverage containers to be approved by CalRecycle. Wine and distilled spirits bottles would also be included in the new program. The stewardship program would become operational in January 2024.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor.
Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

Hayward Police Log

SUBMITTED BY HAYWARD PD

Sunday, January 12

- At 5:23 a.m. officers

responded to a report of a shooting on the 1800 block of Osage Avenue in the city’s Glen Eden neighborhood. Arriving officers found a man suffering from gunshot wounds; paramedics pronounced him dead at the scene. He was later identified by police and the Alameda County Coroner’s Office as Farrarri Johnson, 19, of Oakland. An unidentified suspect fled the scene. Police are investigating the shooting as a

homicide and are asking anyone with information about the incident or the suspect to call Detective Mulhern at (510) 293-7176.
Monday, January 13
• A about 12:30 a.m. officers responded to a report of gunshots heard in the 22000 block of Alice Street. Arriving officers found a man suffering from gunshot wounds; he was taken to a local hospital where he died. The man was later identified by police and the Alameda County Coroner’s Office as Garland Scott, 21, of Hayward. Police are investigating the shooting as a homicide. Anyone with information on the man’s identity or the shooting is asked to call police at (510) 293-7176.

Fremont Citizens and other Interested Parties

Starting January 21, 2020, SiliconSage Builders, owner of the fire station building and property located at 37412 Fremont Boulevard in the Centerville Community Plan Area, is offering to sell the fire station building only (property would be retained by SiliconSage Builders) for the price of \$1.00 for a period of sixty (60) days to any party willing to move the fire station building off of the site at the party’s own expense in a reasonable period of time to be determined in conjunction with the project construction schedule.

The offer to sell the fire station building is in fulfillment of a Mitigation Measure of SiliconSage Builder’s mixed use project that was approved by the City Council on March 19, 2019 (see Item 5A under Scheduled Items for SiliconSage Centerville Mixed-Use Project on

the City Council Meeting Agenda at the following link):
http://fremontcityca.iqm2.com/Citizens/De tail_Meeting.aspx?ID=1653)
The approved project includes demolishing existing buildings on an approximate 4.5 acre site to construct a multi-story building of 93 rental apartment units, including a number of affordable rental housing units, over 26,000 square feet of retail ground floor space in a mixed-use building along Fremont Boulevard, and 72 residential townhouse units at the rear of the mixed-use building along Jason Way.
Should you be interested in purchasing and moving the fire station building, please call Shaivali Desai of SiliconSage Builders at (408) 630-0923 or write her via email at Shaivali@siliconsage.com. The offer to sell the fire station building will end sixty (60) days from January 21, 2020, which is on March 21, 2020 at 5 p.m.

Fire Dept Friday, January 10

• At 10:12 a.m. firefighters responded to a call from a homeowner about a horse that fell 15 feet into a ravine at Palomares Canyon in Castro Valley. After about an hour of work, firefighters successfully pulled the horse to safety. It was then placed under care from the homeowner and a veterinarian.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD
Friday, January 10

• At 7:44 a.m. a man identified by police as James Parker, 25, of Oakland was arrested at South Hayward station on suspicion of violating probation and resisting an officer. He was booked into Santa Rita Jail.

Sunday, January 12

• At 1:19 p.m. two men identified by police as Raymond Barbosa, 19, of Oakland and Devon Spears, 18, of Hayward were arrested at Hayward station on suspicion of assault with a deadly weapon. Both were issued prohibition orders and were booked into Santa Rita Jail.

Monday, January 13

• At 6:40 p.m. a man identified by police as Glenn Forks, 25, of San Francisco was arrested at Hayward station on suspicion of resisting and threatening an officer. He was issued a prohibition order and booked into jail.

COMMUNITY BULLETIN BOARD

	Fremont FAMILY RESOURCE CENTER 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Adult Day Program Direct care staff wanted to work with people with developmental disabilities in community-based settings or environment. Must be dependable and own a vehicle. Background check. Training available Call (510) 690 -9570	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting		The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV
SPARKPOINT FINANCIAL SERVICES for Low-Income Residents FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020 Fremont.gov/SparkPointFRC		DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010			
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking? Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope Website: alanond17.weebly.com For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270				
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	Is Your Life Unmanageable Because of Debt? Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone DEBTORS ANONYMOUS www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610	A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227	FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It’s a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us		
ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162		A-1 Comm. Housing SVCS Credit & Money Management Workshop Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365	
LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK? Fremont Area Writers (FAW) is here to HELP! Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M. 42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers! “Second Saturday” Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub. Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju’s on Thornton Ave next to Dale’s Hardware in FRMT. Critique Groups to help you from first draft to publication Everyone is welcome! www.cwc-fremontareawriters.org			Need more steps? Try Square Dancing! The Swinging 21er Square Dance Club Class for new dancers begins January 14 2020. Make new friends! Fun & Snacks Meet Tues., 6:30-8:30pm Fremont Elks Lodge 38991 Farwell Dr. Fremont 510-887-5605		Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at ROUND TABLE PIZZA at 5544 Thornton Ave., Newark We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org		Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Union City Toastmasters All are Welcome! Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722		
	Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness starting Jan 4, 2020 from 9:00-11:30 in Fremont. Registration required. Contact: Joe Rose at 510-378-1578 or Email F2F@NAMIacs.org http://www.NAMIacs.org http://www.NAMI.org	Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun filled dance workout with many rhythms from around the world		AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	Newark Cub Scout Pack 441 Looking for adventurous kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com	The Tri-Cities Democratic Forum meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com			AMERICAN LEGION POST 649 Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org
	Zumba Kids with Jazzy Jenny Kids ages 4-12 Saturdays 2:30pm-3:30pm At Hope Community Church One hour of games,fun, and dancing. The last Saturday of every month is Zumba Family! For more info email: zumba.jazzyjenny@yahoo.com	Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net	Buon Tempo Italian American Club Family Dinners 1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org		VETERANS OF FOREIGN WARS POST 9601 Veterans and Active Duty Military are Invited Meetings 2nd Tuesday each month. Meeting Starts at 6:30PM Veterans Memorial Building 22737 Main St Hayward, CA 94541 www.vfw9601.org

CalHeat Team Handball to host the 14th California Cup



SUBMITTED BY DOROTHEA PEITZ

San Francisco CalHeat Team Handball Club is pleased to announce the “14th California Cup.” The tournament takes place from Friday January 24 to Sunday 26 at Centerville Jr. High School gym in Fremont. Five women’s and eight men’s teams from the US and Canada will be competing at one of the largest Team

Handball tournaments in the country. The games will start at about 4 p.m. on Friday, and the tournament will go on until the men’s finals at about 2:30 p.m. on Sunday. Admission is free, drinks and snacks can be purchased to support the ongoing club activities.

Event manager Danilo Rojevic stated, “We’re very excited to host this 14th edition of our annual California Cup tournament. The interest keeps growing with the years. Our women’s competition has been expanded to five teams included the 2018 US National Champion. The men’s competition has the same number of teams but brings more and more teams from all corners of the nation including NYC (7-time US Champion) and Alberta (multiple time Canadian Champion). We can’t wait for all these teams to battle against each other. May the best teams win!”

Team Handball is a fast-paced and dynamic game combining elements of sports like basketball, water polo, soccer and ice hockey. Two teams of six players and one goalkeeper pass the ball using only their hands and try to throw it into the opponent’s team goal. The game is played at a very high speed and body contact is permitted. This makes it an intense and thrilling sport to play and watch.

San Francisco CalHeat Handball Club has been active in the Bay Area for more than 30 years with exceptional work in promoting and developing this Olympic sport in the US. The continuously growing number of members allows the Club to make up two men’s teams at the tournament, one of them the 2019 US National Champion. The California Cup is sanctioned by the USA Team Handball Federation (member of USOC).

14th California Cup
Friday, Jan 24 – Sunday, Jan 26
Friday: 4:00 p.m. – 9:45 p.m.
Saturday:
8:00 a.m. – 10:00 p.m.
Sunday: 8:00 a.m. – 4:30 p.m.
Centerville Jr. High School
37772 Fremont Blvd., Fremont
www.teamusa.org/USA-Team-Handball

Fremont News Briefs

**SUBMITTED BY
CHERYL GOLDEN**

Salary Increases for City Manager

After a thorough performance evaluation of Fremont City Manager Mark Danaj on December 10, 2019, including the use of a professional facilitator to gather feedback from each Councilmember, the Fremont City Council unanimously approved the following increases at the regularly scheduled January 14, 2020 Council meeting: a 4% merit increase for superior job performance over the course of Mr. Danaj’s first year of employment with the City of Fremont and a 4% cost of living increase in June of this year.

This increase is reflective of merit, while the cost of living increase will be provided to all represented City employees as a result of recently concluded labor contract negotiations. Additionally, the availability of funds that have already been allocated to address moving expenses for Mr. Danaj was extended for another 12 months. “The Council has been impressed with Mark’s job performance during his first year on the job,” said Mayor Lily Mei. “Mark

brings innovative solutions to Fremont’s unique challenges, opportunities, and culture.” Mr. Danaj’s new annual salary effective September 10, 2019 will be \$323,398. Effective June 21, 2020 his annual salary will be \$336,334 when the cost of living increase goes into effect.

Real Estate Open House Signs

Last year, the Fremont City Council directed City staff to review the City’s real estate sign regulations. In recent years, community complaints regarding real estate signs in Fremont have increased. The community is concerned with the number of open house signs at the same location, the amount of time signs are left out, and the intention of the signs to advertise for realtors rather than direct people to open houses.

In November 2019, City staff provided an informational update to the City Council, which included researching regulations and enforcement policies from other cities and engaging with the local realtor community and other stakeholders. Staff plans to return to City Council in March 2020 with a recommendation to update the existing policy. To learn about the updates the City will be proposing to City Council and provide feedback, the community is invited to attend a public meeting. Please see the details below:

**Community Meeting:
Real Estate Open House Signs
Monday, January 27
6:30 p.m. to 8 p.m.
City Council Chambers
3300 Capitol Avenue, Fremont**

For questions, please contact Leonard Powell, Code Enforcement Manager, at 510-494-4521 or by email at lkpowell@fremont.gov.

Call for Student Artists for boxART!

Calling all student artists! Help Fremont paint the town by submitting an art design for the City’s boxART! program. The City is kicking off a student-only phase of the program and looking for student artists to paint several of Fremont’s traffic signal control boxes.

This is a tremendous opportunity for student artists to let the community see their work. In addition, photographs of the boxes and the artist’s contact information will be displayed on the City’s website.

- Eligibility: All Fremont Students Grades K-12
- Theme: Kindness! What is kindness? How is it expressed? What actions are kind? What environment is kind? Who/what benefits?
- Stipend: Up to \$200 for materials reimbursement plus community service hours
- Application Deadline: Monday, March 9, 2020

For more information and to download the application, please visit www.Fremont.gov/boxART or email Susan Longini, boxART! Program Manager, at boxart@fremont.gov.

Recreation Services Programs in 2020

Fremont residents and families interested in details on this season’s programs, camps, and more can view the Winter 2020 Recreation Guide by visiting www.Fremont.gov/RecGuide. Register today to reserve a spot in courses such as Abracadabra Kids, Hands Together Ceramics, Creative Chefs, and ABC Ballet. Registration for 2020 Summer Camps is underway at www.RegeRec.com. Residents interested in learning more can visit www.Fremont.gov/Camps.

Recreation Services’ Summer Job Fair will be Thursday, March 5 from 5:00 p.m. to 7:30 p.m. at the Centerville Community Center, 3355 Country Dr. This event provides an excellent opportunity for anyone looking for a seasonal or year-round part-time job. Learn more at www.Fremont.gov/RecJobs or call 510-494-4300.

The best deal of the Aqua Adventure Waterpark 2020 season is happening now until January 31. Purchase season passes for \$59.99 each and single day admission tickets for \$14.99 each at www.GoAquaAdventure.com.

Clean Cars for All

Are you interested in trading in your old car for a new electric vehicle? The Bay Area Air Quality Management District (BAAQMD) is inviting income qualified Bay Area residents to apply for the Clean Cars for All grant program, which provides incentives to retire older vehicles and replace them with a clean air vehicle or Clipper Card for public transit. Residents may choose one of the following clean air transportation options to replace their scrapped vehicle:

- Battery Electric Vehicles.
- Plug-In Hybrid Electric Vehicles.
- Hybrid Electric Vehicles.
- Clipper Cards for public transportation on all major Bay Area transit systems.

The average Clean Cars for All incentive is \$7,500 but up to \$9,500 is available for eligible applicants. Applicants must live in the Bay Area and their household income must fall under a specified limit based on their household size. Furthermore, the vehicle to be scrapped must be at least 15 years old and registered in California. For more information, including eligibility requirements and application information, please visit www.baaqmd.gov/cleancarsforall.

LETTER TO THE EDITOR

The hidden benefits of Vision Zero

Some have asked, "how are we to judge Vision Zero?" Vision Zero has helped Europe to reduce traffic fatalities to less than half of the US level. However, the benefits are far broader than traffic safety. Here in Fremont, nearly three-quarters of the city budget is spent on police and fire. With what little money that it has left over, the city fixes potholes and plants trees.

Let’s not be distracted by the trivial pursuit of shaving seconds off medical-response times. An ounce of prevention is worth a pound of ambulance, fire and police services. How many more lives would be saved when cities become more walkable, through healthier transportation and recreation options? How many heart attacks and malignancies would be prevented?

Life expectancy in the US lags the developed nations of Europe, due in part to healthier transportation and universal medical care. We’d do well to toughen up, and get some fresh air. The American Heart Association recommends at least two and a half hours of physical activity per week for children and adults. Our children would learn self-reliance, independence and an appreciation for nature, if they walk or bike to school.

The backlash against Vision Zero represents a fear of change. According to The Guardian newspaper of the UK, some US cities haven’t really improved traffic safety: <https://bit.ly/387Ypj4> The controversy is also brewing here in Fremont, with complaints about time lost in traffic and road diets. Some motorists will never let go of their steering wheels.

Regardless, change is afoot. Our community has to cut carbon emissions, to address climate change. Building more non-motorized trails will be good for our health, and for the health of the planet. The successful examples in Europe demonstrate how pedestrian safety goes hand-in-hand with nicer, more-walkable neighborhoods.

wm. yragui
Mission Peak Conservancy

LETTER TO THE EDITOR

Rebuttal to the Psychological Effect of Vision Zero Letter

The author of your 1/07/2020 Letter to Editor: The Psychological Effect of Vision Zero raised several questions, which as an avid cyclist for over 50 years, I feel I am well prepared to answer. Among the questions:

Q: “If a driver was impaired or on their phone and hits a car, bicyclist or pedestrian, would Vision Zero have changed the result?”

A: If Vision Zero measures had succeeded in reducing the speed of the car as the author suggests, clearly “yes.” I’ve been hit by cars while riding a bicycle twice in my cycling career. One of those encounters sent me to the hospital. Both times I was right where I was supposed to be – in the bike lane. And there have been countless other near hits. I would much rather be hit by a slow car than a fast one. It’s a simple matter of physics, a fast car hits harder than a slow one.

Q: “The result may cause drivers to slow down, but are they also confused and less focused on the driver and looking out for others?”

A: They may be more confused, but any cyclist who rides around assuming that drivers are focused and looking out for others is not long for this world. The only way you stay alive as a cyclist in the non-protected bike lanes that are common in the USA is to assume the car drivers are trying

to kill you and ride in an appropriately paranoid fashion. I welcome any reduction in automobile speed when I must share that road on my bicycle. Again, it’s a matter of physics.

The letter also had the following statements:

“I have experienced more drivers speeding between traffic signals because they don’t want to get stuck at the next light.”

“I’ve never seen so many people driving down bicycle lanes as I do today, a result of being frustrated.”

The statements argue for better traffic enforcement and protected bike lanes like those recently added to Walnut between Mission and Paseo Padre. I applaud the City of Fremont for making the significant investment necessary to create these protected bike lanes. I never thought I’d live to see them here and hope that more of these life-saving protected bike lanes are in Fremont’s future.

Jeffrey Haran
Fremont

**Subscribe to
TRI-CITY VOICE
and you will
always know
What’s Happening**

510-494-1999
tricityvoice@aol.com



**Buying/Selling a Home?
Need a loan?
Call 510-697-7750**

20 Year Experience



Rajeev Gupta
Home Sales Specialist
Remax Accord
CA DRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750





Monica Gupta
Home Loan Specialist
Home Advantage
CA DRE # 01424265, NMLS # 343986
702 Brown Road, Fremont
510-520-7770

FHA home loans with 3.5% down* Call to qualify.

 **www.realtytrain.com** CA Lic. Broker



OAKLAND ZOO

CONSERVATION SOCIETY OF CALIFORNIA
OAKLAND ZOO oaklandzoo.org

continued from page 1

PhotoCentral juried exhibit



Congratulations to Diane Zuliani’s fifty-two selected artists: Ben Bellamacina, Shari Benson, Stewart Beyerle, Michelle Boire, Michelle Bond, Dee Bueno, Larry Chan, Christine Chorney, Elin Christopherson, Laura Comstock, Amber Crabbe, Patricia Dennis, Gabriel Dordetti, Catherine Duggan, Ulysses Duterte, Karen Ewert, Ellen Faris, Phillip Garbutt, Paula Greer, Seema Gupta, Nick Marc Ellen Hamel, Rebecca Hammett, Glenn Hemanes, Wonju Hulse, Jeff Ishikawa, Erin Johnson, Claudine Krause, Barbara Lawrence, Alice Lin, Jennifer Lothrigel, Richard Man, Ras Manneh, Peter Miller, Jordan Murphy, Mitch Nelles, Jann Noddin, Aphra Pia, Lynne Prather, Monique Rardin Richardson, Ron Rigge, Lisa Rigge, Lisa Rock, Christa Schanda, Valerie Snart, Ruey Syrop, Carol Tanenbaum, Ryan Tesluk, Gary Topper, Adrian Tsim, Kathy Wahrer, Wenonah Washington and Doyle Wegner.

The artwork features a variety of media including photography, sculpture, ceramics, mixed-media, ink, watercolor, oil pastel, glass, acrylic, oil, three-color gum dichromate, colored pencil, Chinese calligraphy, jewelry, gouache and more.

42nd Area Artists’ Annual Juried Exhibition
Saturday, Jan 25 – Saturday, Mar 7
Upstairs: Monday - Friday 9 a.m. – 5 p.m.
Downstairs: Mon: 5 p.m. -10 p.m.;
Tues & Thurs: 10 a.m. – 1 p.m.

Artists’ Reception: January 25; 2 - 4 p.m.
Closing Party: March 7, 2 p.m. - 4 p.m.

PhotoCentral Gallery
1099 ‘E’ St., Hayward
(510) 881-6735
www.photocentral.org



Scan for our **FREE App** or
Search App Store for **TCVnews**

Get our App and you will always know
what is happening. We also have the
back issues archived



WALK IN ACCEPTED
All PPO's, Medicare,
Hill Physicians,
Alameda Alliance
& Cash Pay Patients



CCCMA URGENT CARE
Do not delay. Early treatment. Better outcomes.

CCCMA UrgentCare Center offers a high quality medical care that is faster, convenient, and more economical than going to an emergency room. Expert physicians, nurse practitioners, physician assistants and support staff provide quality same-day care for non-life-threatening illnesses and injuries.

Ages 12 and up



No Appointment Necessary
Patients are liable for urgent care services personally or thru insurance coverage

Clinic Hours: Monday - Friday 8:30am - 6:30pm
Saturday 8:30am - 2:30pm

2333 MOWRY AVE #300, FREMONT CA 94538



PHONE: 510-796-0222

We help you focus on the important things in life.



Eric Olsen
Physician (In Training)



Alan Olsen, CPA
Father and GROCO
Managing Partner



Charlotte Olsen
Teacher (in training)



GROCO
CPAS & ADVISORS



Alan Olsen's
AMERICAN DREAMS
KEYS TO LIFE'S SUCCESS
KDOW 1220 am, Wednesday 6-7pm

FREMONT | PALO ALTO | SAN FRANCISCO

510.797.8661 | GROCO.com