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What's Happening

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Superhero Heart Run

By Roelle Balan
Photos by Corinne Oesterich Photography

Imagine Star Wars Storm Troopers, Disney Princesses, and Stomper from the Oakland A's in one place. It's not Disneyland, it's a running event that raises money for a good cause.

"Superhero Heart Run" raises awareness and provides support for families with Congenital Heart Defects (CHDs), a birth defect that affects 1 in 100 children. The 4th Annual Superhero Heart Run on Sunday, November 3 at Quarry Lakes in Fremont was founded by Mended Little Hearts of the Bay Area.

Shannon Liu Shair, an Estate Planning Attorney and Planning Committee member of the Superhero Heart Run, has a family tie to CHD. Her 3-year-old son, Ripley, was born with the condition that required open heart surgery at 30 days old. There is no cure for CHD. Shair explained that people with CHD have to take care of their hearts like one would a car—repairs can be made, but there's a lifetime of maintenance to make sure the overall system is doing well.

"There are kids who may only need one open heart surgery through their life, but they still will receive yearly checkups to see how their heart's doing," Shair said. Some children

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Keeping Fingers Crossed for Monarchs' Return

By Johnna M. Laird
Photos by Lee Aurich, Adrienne DePonte, Joy Wang, and Christina Garcia

Monarch butterflies are facing a population crisis.

Since 1997, monarchs wintering along California's coast have declined 74 percent, according to Xerces Society, which conducts an annual Thanksgiving Day count when monarchs' numbers reach their peak.

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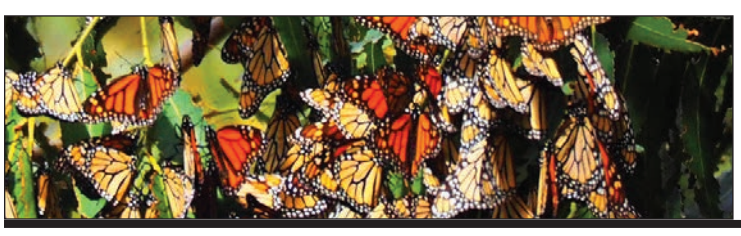

Submitted by Kimberly Hawkins

Ever wonder what is it like to be a criminalist? What a sea slug feels like? Cal State East Bay's "Science Festival" on October 26 will have more than 50 family-friendly, hands-on activities, demonstrations, exhibits and opportunities to meet Bay Area scientists and engineers. The event which is free to the public will be held from 11 a.m. - 4 p.m. in the North and South Science buildings and in the Valley Business and Technology Center on the university's Hayward campus.

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Protect Yourself and Your Family

Get the Flu Shot

Getting your annual flu vaccination is the most important health-related action you can take to protect yourself from getting sick from the flu this winter.

Flu shots are now available at the Washington Hospital Urgent Care Clinic and at many local pharmacies. Getting a flu shot is the best way to avoid being sick with the flu for two or more weeks and exposing others, including vulnerable individuals, according to Dr. Dianne Martin, a Washington Township Medical Foundation internal medicine and infectious diseases specialist.

The Centers for Disease Control and Infection recommends the flu vaccine for everyone, ages 6 months and older. The annual vaccination is particularly important for adults, ages 65 and older; children, 6 months to 8 years; anyone with a chronic illness such as cancer, heart disease or asthma; and pregnant women.

Dr. Martin notes concern among some pregnant women regarding having a flu shot, but she believes it is appropriate for most pregnant women and explains it also can protect the baby. Certain individuals identified with high-risk illnesses should not take the flu vaccine. Dr. Martin urges anyone with concerns to consult his/her primary care physician.

The flu is highly contagious and can spread though the air and by touching exposed surfaces. A person can be ill with the flu for 24 hours before symptoms occur and can inadvertently expose others. Flu symptoms include fever, chills, a sore throat, a runny or stuffy nose, body aches and fatigue. Possible complications from the flu include secondary bacterial infections, pneumonia, lung and cardiac complications, and neuromuscular complications such as encephalitis, meningitis, or seizures, among other serious illnesses.

When it comes to the flu, vaccinations are the first step to prevention.

The flu is a virus, Dr. Martin emphasizes, and therefore cannot be treated with regular antibiotics, unless a secondary bacterial infection develops. Some specific influenza antiviral medications are available, she notes. Washington Hospital is offering a vaccination for four current influenza strains, A and B. One of the influenza A strains is new from last year.

The Washington Hospital Urgent Care Clinic is open from 8 a.m. to 8 p.m. daily. No appointment is necessary for a flu shot. Walk-in hours are 11 a.m. to 4 p.m. Monday-Friday, and noon to 4 p.m. on Saturday and Sunday. The clinic is located on the second floor at 2500 Mowry Ave. in Fremont, telephone 510.608.6174.

The flu vaccine is covered 100 percent by Medicare Part B and most health insurance programs cover the annual vaccine. Cash discounts also are available at the Urgent Care Clinic.

Dr. Martin urges individuals to have the flu vaccine as soon as possible, as it usually takes up to two weeks for immunity to develop. However, she notes, "It's never too late to get the flu shot. The vaccination is effective all season long." Those who have the flu shot are generally 40 to 60 percent less likely to become seriously ill from the flu.

The vaccine is preferred to the nasal spray, Dr. Martin says, as the nasal spray has limitations and there are concerns about its effectiveness. It is limited to non-pregnant individuals ages 2 to 49, and is not recommended for individuals with compromised immune systems.

Individuals with egg allergies should not avoid the flu vaccine, but rather should discuss their situation with their physician. An alternative vaccine is available for those with egg allergies.

To protect against the flu, Dr. Martin recommends the following steps:

- Get the flu vaccine every year
- Practice good hand and personal hygiene
- Cover your mouth while sneezing/coughing and wash your hands regularly

Finally, she says, if you think you have the flu, check with your physician or go to Urgent Care. If you are sick, stay home and if your children are sick, keep them home too.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

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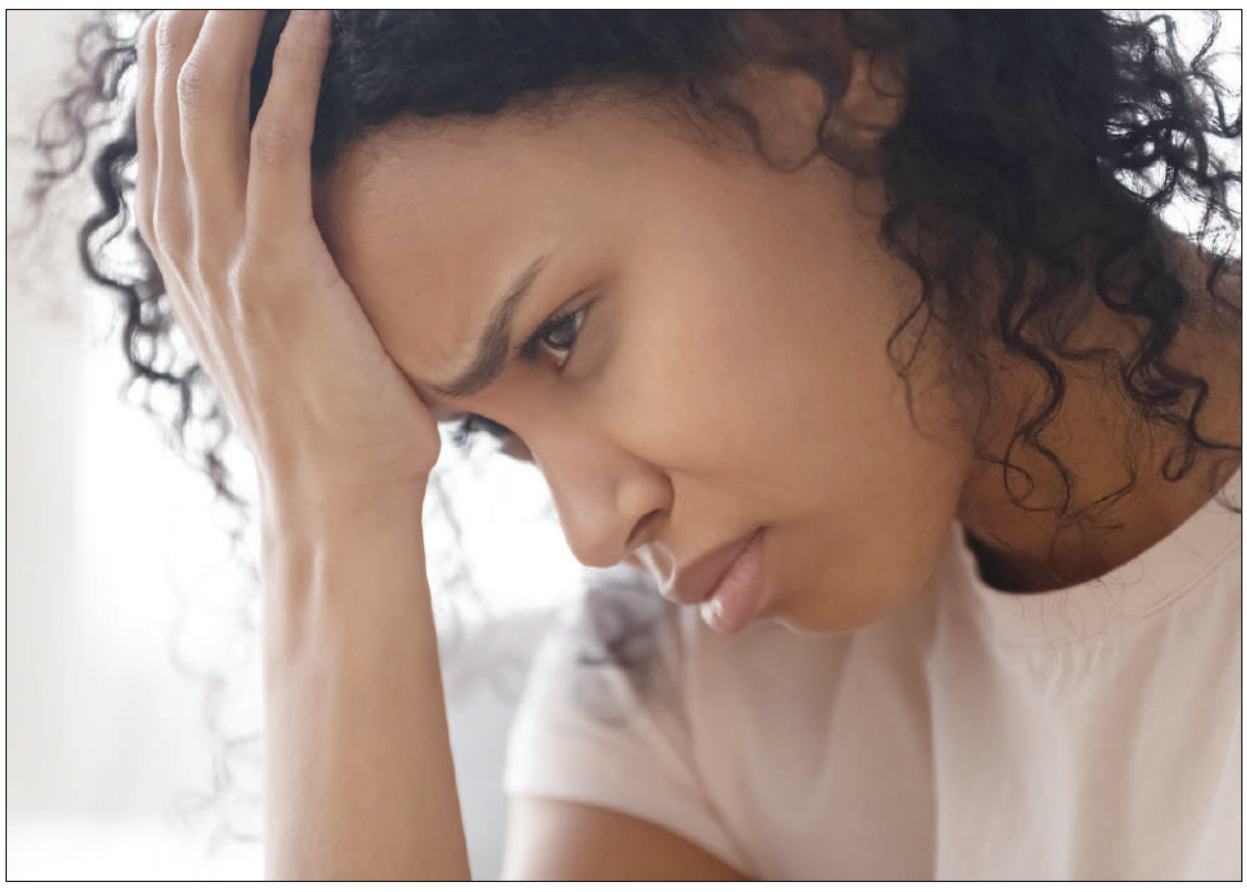
The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY 10/22/19	WEDNESDAY 10/23/19	THURSDAY 10/24/19	FRIDAY 10/25/19	SATURDAY 10/26/19	SUNDAY 10/27/19	MONDAY 10/28/19
12:00 PM 12:00 AM	Diabetes Matters: Dining Out Around The World		Colon Cancer	Food Pharmacy: Prescription for Colon Health	Gastrointestinal Disorders	Diabetes Matters: Diabetes Conversations	Mental Health Education Series: Crisis Intervention
12:30 PM 12:30 AM	Early Detection and Prevention of Female Cancers	Weight Management: Stopping the Madness	Women's Health through the Years: Screening is Key to Aging Well	Aortic Valve Disease: Treatment Options Including TAVR			
1:00 PM 1:00 AM				Diabetes Health Fair: Eat 4 Diabetes Care	How to Prevent Financial Elder Abuse/Fraud	Washington Township Health Care District Board Meeting October 9, 2019	
1:30 PM 1:30 AM	Washington Township Health Care District Board Meeting October 9, 2019	Mental Health Education Series: Understanding Psychotic Disorders	Mental Health Education Series: Mental Wellness				Diabetes Matters: Filipino Food Made Healthy
2:00 PM 2:00 AM				Washington Township Health Care District Board Meeting October 9, 2019	Mental Health Education Series: Anxiety Disorders		
2:30 PM 2:30 AM			Women's Health Conference: Reclaiming Your Confidence			Voices InHealth: Antimicrobial Stewardship	Mental Health Education Series: Family Support
3:00 PM 3:00 AM	Family Caregiver Series: How Do You Talk to Your Doctor?	Diabetes Matters: Latin Foods				Latest Treatment Options for Wound Care	
3:30 PM 3:30 AM	Women's Heart Health	Sports Medicine Program: Youth Sports Injuries	Washington Township Health Care District Board Meeting October 9, 2019	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Diabetes Matters: Diabetes: Is There an App for That?	Hepatitis B and Liver Cancer: Prevention and Treatment	Updated Treatments for Knee Pain & Arthritis
4:00 PM 4:00 AM	Solutions for Weight Management			Diabetes Health Fair 2018: Diabetes Care	Strategies to Reduce the Risk of Cancer Recurrence		
4:30 PM 4:30 AM		Suffer From Sinus Problems?		Symptoms of Thyroid Problems			Vitamins & Supplements: How Useful Are They?
5:00 PM 5:00 AM	Shingles		Family Caregiver Series: Medication Safety		Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Caregiver Series: Securing Care Preferences Through AHCD	
5:30 PM 5:30 AM		Chronic Kidney Disease: FAQ	Caregiver Series: Codependency and the Caregiver		Sick Feet?	Diabetes Matters: Diabetes & Eyes	Preventive Screenings: When and Why are They Important?
6:00 PM 6:00 AM	Palliative Care Series: Interfaith Discussions on End of Life Topics	Women's Health: Planning for Pregnancy	Strategies to Help Lower Your Cholesterol and Blood Pressure	Family Caregiver Series: Mindfulness Meditation for the Caregiver	Endometriosis: Causes, Symptoms, Diagnosis and Treatment	Diabetes Matters: Asian Indian Cooking	Wildfire Smoke and Your Lungs: Do You Need to Worry?
6:30 PM 6:30 AM		Learn If You Are at Risk for Liver Disease				Fresh Summer Foods: Cooking Demonstration	
7:00 PM 7:00 AM			Relieving Back Pain: Know Your Options	Learn More About Kidney Disease	Washington Township Health Care District Board Meeting October 9, 2019		Women's Health Conference: Women & Stroke: Are You at Risk?
7:30 PM 7:30 AM	Hip Pain and Arthritis: Evaluation & Treatment	Washington Township Health Care District Board Meeting October 9, 2019				Peripheral Vascular Disease: What You Need to Know	Diabetes Matters: Exercise IS Medicine
8:00 PM 8:00 AM				Minimally Invasive Options in Gynecology			Diabetes Matters: Basics of Insulin Pump Therapy
8:30 PM 8:30 AM	Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women		How To Stop Disease Before It Starts	Learn About the Signs & Symptoms of Sepsis	Stress Management	Diabetes Matters: Reading Food Labels: The Latest Updates	Keeping Your Brain Healthy
9:00 PM 9:00 AM	Stop Diabetes Before It Starts	Family Caregiver Series: Managing Family Dynamics in Caregiving				Diabetes Matters: Type 1.5 Diabetes	
9:30 PM 9:30 AM		Family Caregiver Series: Advance Health Care Planning & POLST	From One Second to the Next	Family Caregiver Series: Understanding Healthcare Benefits	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Surgical Treatment of Obstructive Sleep Apnea	Washington Township Health Care District Board Meeting October 9, 2019
10:00 PM 10:00 AM	Inside Washington Hospital: Advanced Treatment of Aneurysms	How to Sleep Your Way to Better Health		Metabolic Disorders	Diabetes Matters: Basics of Insulin Pump Therapy		
10:30 PM 10:30 AM	Laugh without Leaking: Understanding Female Urinary Incontinence		Mental Health Education Series: Understanding Mood Disorders		Advance Care Planning: Five Wishes	Crohn's & Colitis	
11:00 PM 11:00 AM		Family Caregiver Series: How Do You Talk to Your Doctor?					Family Caregiver Series: Fatigue and Depression
11:30 PM 11:30 AM	Diabetes Matters: Diabetes and Your Heart	Women's Health: Depression: More Than a State of Mind		Diabetes Matters: Straight Talk About Diabetes Medications	Balance & Falls Prevention	Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Loss, Grief & Recovery

When Automatic Negative Thoughts Cause Anxiety

Free Seminar Offers Advice on Recognizing and Overcoming ANTs



Learn tips for recognizing and controlling persistent negative thoughts: free seminar, Nov. 12, 6 to 8 p.m.

It's perfectly natural to have occasional negative thoughts when something goes wrong at work or in your family or social life. Persistent, repeated negative thoughts that continuously run through your mind, however, can contribute to serious disruptions in your ability to function well.

"Many people are aware that negative thinking can be a symptom of conditions such as depression," says Seema Sehgal, MD, a psychiatrist at Washington Township Medical Foundation (WTMF). "For example, a person who is suffering from depression may repeatedly think, 'I just don't want to get up in the morning,' or 'I really don't enjoy life anymore.' Depression is not the only condition that features persistent negative thinking, though. Recurring negative thoughts can also result in debilitating anxiety."

Dr. Sehgal notes that in psychiatry, these persistent patterns of negative thinking are known as "automatic negative thoughts," or ANTs, because people sometimes are generating negative thoughts automatically, without being aware that they are doing so.

"Recurring negative thoughts for people with depression are a different variety from the ANTs experienced by people with anxiety disorders," she explains. "People with anxiety often are worriers who automatically assume the worst is going to happen. They also tend to blame themselves whenever something goes wrong, even if it is not their fault. Anxious people will have recurring thoughts such as, 'I can never do anything right,' or 'Why is everyone ignoring me today – did I do something to make them angry with me?' This is a disruptive pattern of behavior that is not based in reality."

To help people learn more about how persistent, automatic negative thoughts can become the source of an anxiety disorder, Washington Hospital is offering a free seminar featuring Dr. Sehgal on Tuesday, November 12, from 6 to 8 p.m. in the Conrad E. Anderson, MD, Auditorium located in the Washington West building at 2500 Mowry Ave. in Fremont. Dr. Sehgal also will discuss tips for recognizing negative thought patterns that are detrimental to people's emotional well-being and will explain various simple mental exercises for reducing ANTs and anxiety.

"ANTs are not dissimilar to ordinary, everyday ants," Dr. Sehgal observes. "A few ants won't ruin your picnic, but an 'army' of ants certainly will. And red ants – or ANTs not based in reality – are the most dangerous. The greater frequency of ANTs in your life correlates to greater stress and anxiety."

Dr. Sehgal asserts that awareness of disruptive ANTs begins with recognizing your thought patterns.

"It's important to differentiate between rational concerns and irrational, never-ending streams of 'what-if' scenarios," she says. "Anxiety can result from ANT behavior patterns that are learned from, or patterned by, parents or other people in your life. Learning anxious behavior as a child often can have a lasting impact on your life for years, clear into adulthood."

Overcoming ANTs and the anxiety those negative thoughts can produce may not be easy at times, but Dr. Sehgal believes that recognizing and releasing negative thoughts can help alleviate anxiety and enable people to lead calmer, more productive lives. She will offer a variety of anxiety-reducing techniques at the seminar.

"I often tell patients to remind themselves that we all are going to have a bad experience sometimes," she says. "The key is to try to get past that experience and recognize that tomorrow is another day. Keeping a 'gratitude journal' – writing down three or more things for which you are grateful each day – can help you focus on the good parts of your life. The journal also can serve as an archive of positive thoughts to refer to from time to time, reinforcing the good aspects of your life. I also ask patients to think about how they would respond to a friend who has similar worries. If you would respond to your friend with compassion, why can't you be compassionate with yourself?"

Dr. Sehgal also will discuss how people can recognize when they need to get help and will provide a variety of resources for getting that help. "You know yourself better than anyone else," she notes. "So I believe that if you are struggling, you can learn to recognize when you feel out of control and need to seek assistance."

All community members are welcome to attend this free seminar on November 12. To register, visit www.whhs.com/events, or call 800.963.7070.

Children's Health and Safety Fair: Fun Tricks and Healthy Treats!

Learn health and safety information at this fun event. Don't miss the popular teddy bear clinic, where children can bring their favorite stuffed animal in for a "checkup." The day will be filled with interactive activities and fun for the whole family to enjoy. Come in costume!

WHEN: Saturday, October 26, 2019
11 a.m. to 2 p.m.

Children's costume contest at 12:30 p.m.
(Age categories: 3 and under; 4 to 6; and 7 to 11)

WHERE: Washington West, 2500 Mowry Ave.,
Conrad E. Anderson, MD, Auditorium

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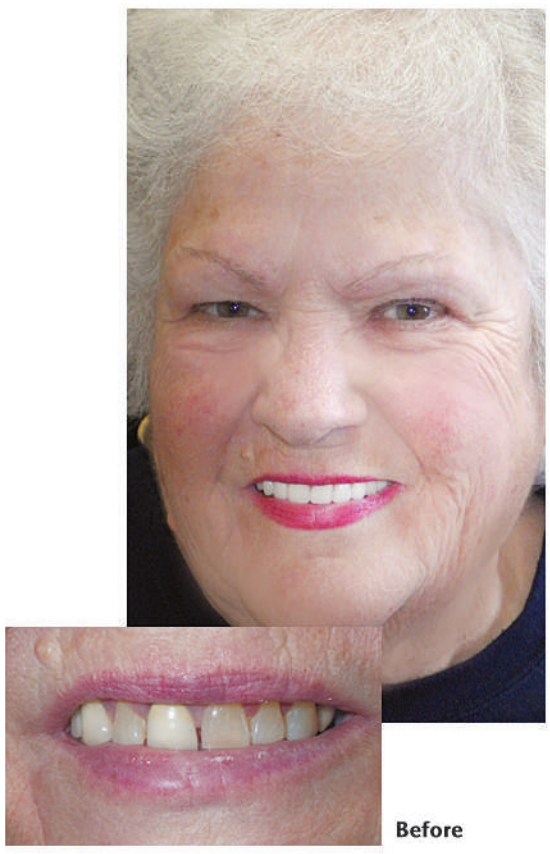

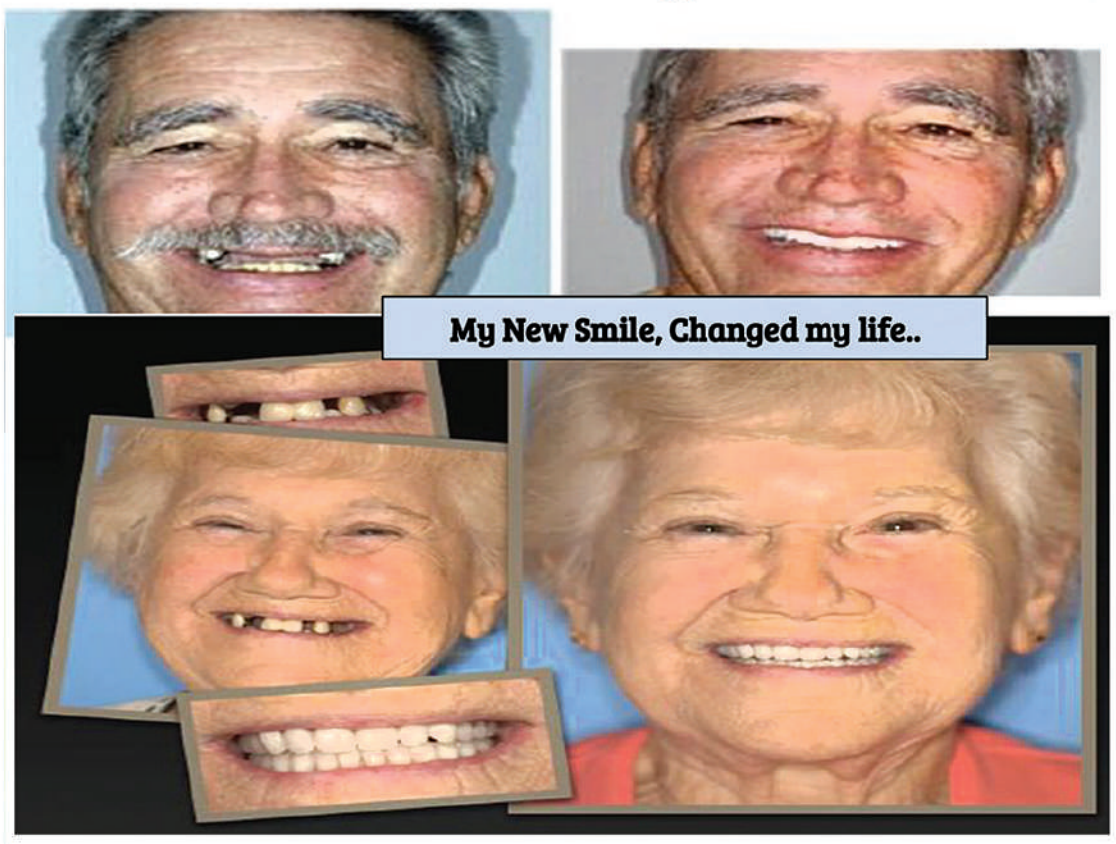

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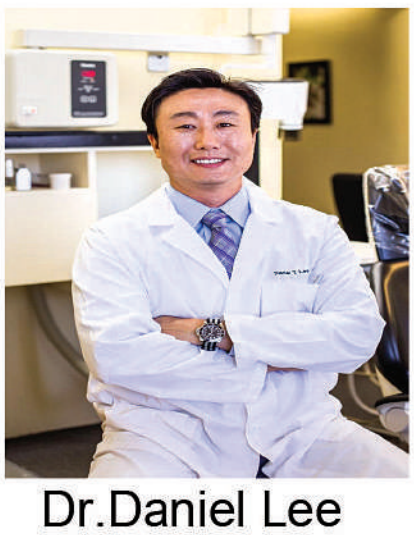

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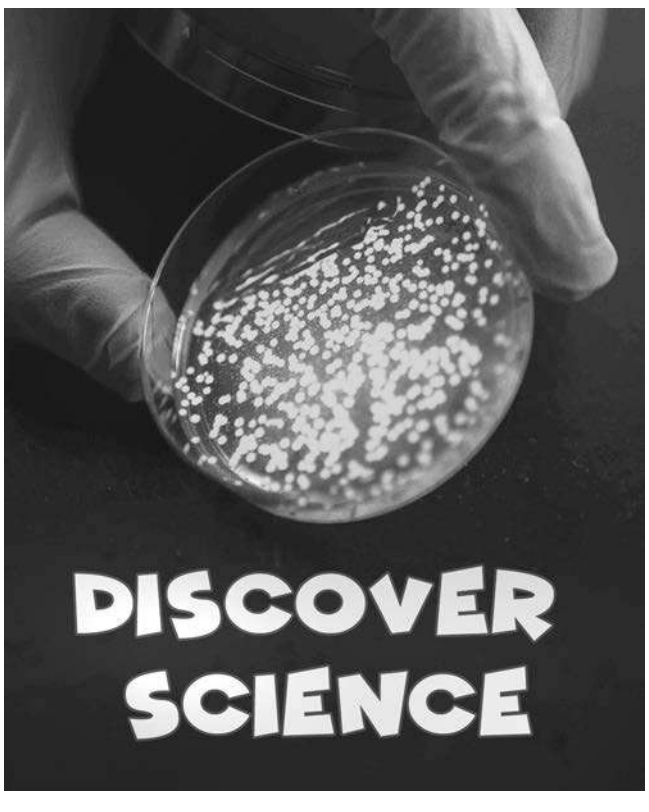

The Science Festival at Cal State East Bay, which dates back to 1974, is now part of the larger Bay Area Science Festival, a two-week celebration of science, technology, engineering and math running from Oct. 26 - Nov. 2. Other Science Festival Discovery Days are being held in San Francisco and Santa Rosa.

"The science festival is an opportunity for students, staff and faculty to engage our community and share our love of science with the public," said Cal State East Bay College of Science Dean Jason Singley. "It's also an opportunity for our community to meet our students and faculty and learn about the exciting science being done at Cal State East Bay."

This year, 5,000 people are expected to attend the festival and attractions will include a chemistry magic show, telescopes, virtual reality and a look at the life of a criminologist. "It's my hope that kids who visit will be inspired by the activities they engage in and start to see themselves as part of the next generation of scientists," Singley said.

Attractions will include a chemistry magic show, telescopes, virtual reality and a look at the life of a criminologist.

Science Festival
Saturday, Oct 26
11 a.m. - 4 p.m.

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csueastbay.edu

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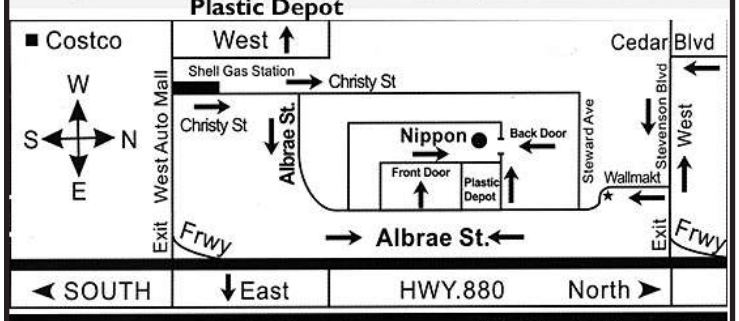

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Try a little alchemy at All Hallow's Eve costume party

Submitted by Chabot Space and Science Center

Be transported to a world of dark alchemy at "All Hallow's Eve costume party" on Saturday, October 26. The event will take place at Chabot Space and Science Center in the Oakland hills.

Jess Lehrman, Public Programs Coordinator at Chabot Space, says the theme celebrates an important historical date. "This year is the 150th anniversary of the periodic table, so we decided to put a darker twist on modern chemistry and use alchemy as our theme for the costume party. We are excited to play with the mystifying aspects of science demonstrations and creating an immersive experience for our guests." The alchemical process also ties into Chabot's mission: the energy and excitement generated by these events become a catalyst to fuel new science initiatives in the community.

Today alchemy is not often referenced outside of Harry Potter and similar fandoms, but it has roots in the scientific movement. "Alchemy is the precursor to modern chemistry," says Lehrman. "The main goals of the alchemists were to find the elixir of life and transform base metals into gold. To us this might seem impossible or archaic, but at the time this was the height of modern science. They believed that they were taking science to its very limits to defy what was possible, and we hope to embody that spirit of curiosity and the unknown in this event. Many discoveries made by alchemists are the basis of current scientific understanding, there are many elements on the periodic table with corresponding alchemical symbols."

In this spirit, the center has been transformed into a lush and dark space, with an apothecary bar, laboratory, and catacombs (plus lounge and dance floor). Many of the night's events revolve around doing a bit of alchemy. "Tying in mystical elements to scientific demonstrations creates an engaging, fun and intriguing experience that gives everyone a new tidbit of science knowledge to leave with," says Lehrman. "We'll be doing exhilarating demonstrations with fire and ice! There will be colorful flame aura readings, bubbles filled with smoky dry ice, and liquid nitrogen experiments that add to the feeling of mysticism." The artistic side will not be neglected, as local artists from around the Bay Area will be setting up with tarot card readings, airbrush tattoos, copper stamping, and invisible ink secret messages. And of course, there will be alchemy-themed cocktails!

Costumes of all kinds are encouraged—especially dark cloaks and robes with a wizard or witchy vibe. Guests are simply asked to exercise their own best judgment to choose outfits that are respectful and appropriate. This event is for everyone from 21 to 101. All proceeds raised will support Chabot's programs that inspire lifelong learning throughout the community. Tickets can be purchased online at https://chabotspace.org/join-and-give/support/starlight-costume-party/.

Engage your scientific, magical, and philanthropic sides at a night of powerful potions, mystifying experiments, and intoxicating dance floor.

All Hallow's Eve Costume Party
Saturday, Oct 26
9 p.m. – 12 a.m.

Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
https://chabotspace.org
General admission: $25, student with ID $19

PG&E update

Submitted by Tamar Sarkissian

October 15 - Pacific Gas and Electric Company (PG&E) released photos of wind-related

damage and hazards found during inspections following last week's Public Safety Power Shutoff (PSPS). The company is making these findings available on its website at www.pge.com/pspsupdates as the reviews are completed, with more expected in the coming days.

The 100-plus incidents of damage or hazards were spread widely across PG&E's PSPS footprint. Wind gusts exceeded 50 mph in 16 of the 35 counties in the PSPS footprint, and damage or hazards were found in nearly all of them. It is possible that these damages and hazards represented potential sources of wildfire ignition.

Some examples:

In Glenn County, a large tree limb was found lying across an electric line. In Napa County, a large tree limb was found tangled with a span of wires. In Santa Clara County, a very large tree branch fell through lines connected to a house. In Santa Cruz County, a tree fell across the lines. In Shasta County, a large tree fell into the lines pulling a utility pole from its foundation.

PG&E teams continue to review the reports from safety inspections of 25,000 miles of distribution lines and 2,500 miles of transmission lines, a combined distance that's longer than a trip around the Earth. As additional information and insights are gathered, the company will make the findings available on its website (www.pge.com/pspsupdates) until the review is complete.

"While we understand and recognize the major disruption this PSPS event imposed on our customers and the general public, these findings suggest that we made the right call, and importantly no catastrophic wildfires were started," said Michael Lewis, PG&E's senior vice president of Electric Operations.

Groundbreaking of Downtown Event Center

Submitted of City of Fremont

The City of Fremont and Fremont Chamber of Commerce are hosting a groundbreaking celebration for the future Downtown Event Center and Plaza at the corner of Capitol Avenue and State Street on Friday, October 25. Festivities will begin with the groundbreaking ceremony and continue with the final Fremont Street Eats of 2019 with Food Truck Mafia. One food voucher will be offered per person for the first 400 groundbreaking attendees.

After the groundbreaking ceremony, entertainment for this family friendly event will include live music (East Bay Mudd), artists and entertainers, street games, bounce houses, and a raffle. The event is sponsored by Lennar, Overton Moore Properties, Robson Homes, Sares Regis, SummerHill Housing Group, TMG Partners, and Valley Oak Partners.

The future 13,400-square-foot downtown event center and 1-acre downtown plaza will offer a destination for the community to gather socially and for business. The modern downtown event center will have meeting rooms of varying scales and amenities along with a large spacious lobby that will become downtown's primary destination for traditional community center functions.

The outdoor plaza will facilitate the programmatic needs of Fremont's culturally diverse and innovative community. This space will feature a garden breakout area under a tree canopy that will host outdoor activities including concerts, food truck events, and maker fairs in addition to sports and games piloted at the Temporary Town Fair Plaza over the past few years. For details, visit http://www.fremont.gov/DowntownCelebrationGroundbreaking.

Fremont Downtown Event Center Groundbreaking
Friday, Oct 25
4:30 p.m. – 5:00 p.m.: Groundbreaking
5 p.m. – 9 p.m. Community Celebration
Corner of Capitol Ave. and State St.
http://www.fremont.gov/DowntownCelebrationGroundbreaking

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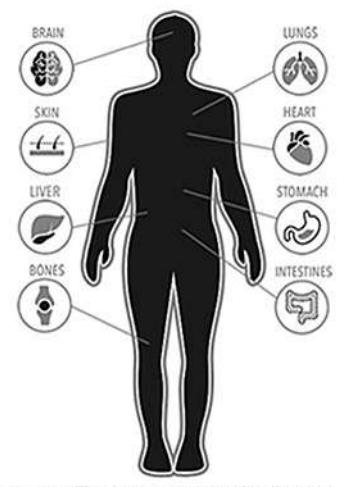

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Unhaunted House and Carnival. Land of Oz

Submitted by Sulphur Creek Nature Center

Follow the yellow brick road to Sulphur Creek Nature Center's "Unhaunted House and Carnival" on Friday, October 25 and Saturday, October 26. Find out about some special Halloween creatures from Dorothy, the Scarecrow, and even the Wicked Witch! Keep an eye out for Flying Monkeys and the Wizard on your adventure into the Land of Oz. Enjoy crafts, storytelling, and campfire at no charge and great Halloween games, night hikes, and tasty treats for a small fee. Bring the family to enjoy this fun Halloween event.

Passes into the Unhaunted House are for specific time slots, so be sure to sign up early. Children under 12 must be accompanied by a paying adult. Pass covers entry into the Unhaunted House only, carnival tickets are sold separately at the event. So even if you can't get a slot for the Unhaunted House, come by for carnival fun!

Get your Early Bird Discount by registering by October 24th. Passes at the door are extremely limited and will be $12 per person. Pass times indicate the time we will try to begin your journey into the Unhaunted House. (Delays may occur due to consideration for the animals.)

Tour times:
Friday, October 25: 6 p.m. - 9 p.m.
Saturday, October 26: 4 p.m. - 8 p.m.

Early bird tickets: $9 per person, under 3 free
Tickets at the door: $12 per person, (extremely limited)

Unhaunted House & Carnival: Land of Oz
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www.haywardrec.org/129/Nature---Sulphur-Creek-Nature-Center

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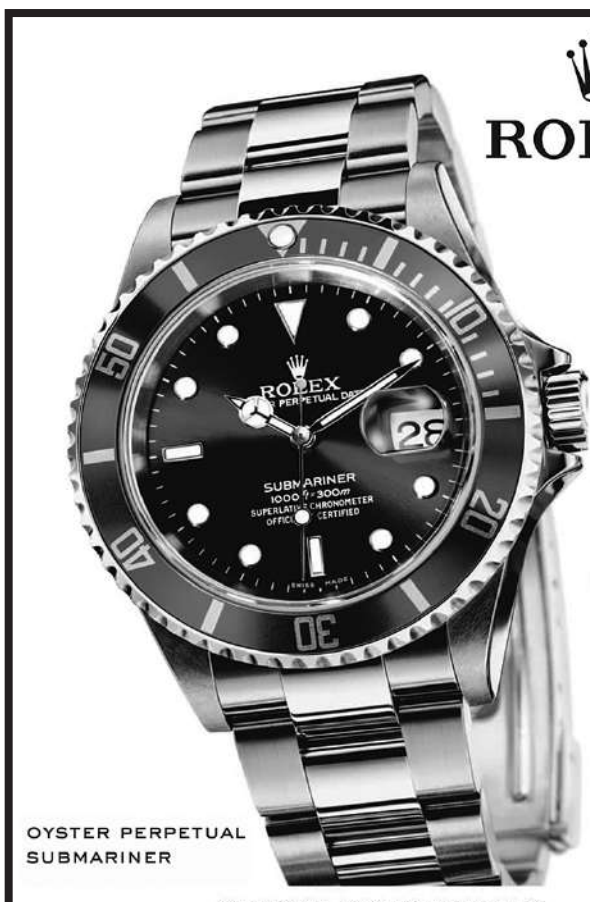
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California bans pesticide linked to brain damage in children

By John Rogers
Associated Press

California environmental officials say a popular agricultural pesticide they say has been linked to brain damage in children will be banned after next year under an agreement reached with its manufacturer.

Under the deal announced Wednesday, all California sales of chlorpyrifos will end on Feb. 6, 2020.

Farmers will have until the end of 2020 to exhaust their supplies.

The pesticide is used on numerous crops in the nation's largest agriculture-producing state, including alfalfa, almonds, citrus, cotton, grapes and walnuts.

State regulators say the pesticide has been linked to health defects in children, including brain impairment.

Officials say they are budgeting $5 million to help manufacturers develop a safer alternative.

The pesticide's manufacturer, Corteva Agriscience, says it reached the agreement "in the best interests of the affected growers."

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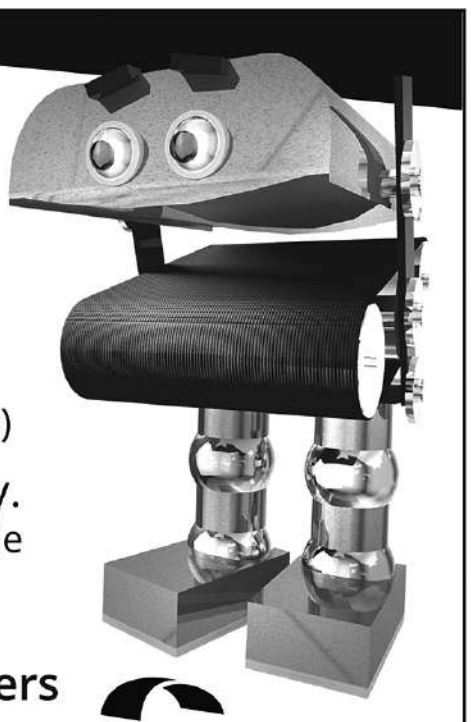
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BUSINESS

Bay Area Circuits: A gem of local high-tech manufacturing

By Asok Chatterjee

As electronics moved from the era of devices made with vacuum tubes and relays gave way to silicon and integrated circuits, bulky consumer devices became smaller and easier to carry around. Pressure to reduce size and costs drove manufacturers to look for better solutions. Thus, the reign of Printed Circuit Boards (PCB) began and became ubiquitous.

A PCB is sort of a layer cake or lasagna, if you will. Alternating layers of different materials laminated together with heat and adhesives result in a single object. PCBs come in various thicknesses, some hundredths of an inch. So, the manufacture of such detailed electronics is a very precise process.

A Tri-City company with a no-gimmick name, Bay Area Circuits (BAC), is a major PCB manufacturer located right at Fremont. Their name, perhaps only well known in the world of PCB users and suppliers that stretches from Silicon Valley to distant parts of the world. To provide a sense of scale, the worldwide market for PCBs exceeded $60 billion in 2014, and is projected by some to reach $79 billion in 2024.

Bay Area Circuits, founded in 1975, has been serving the PCB needs of high-tech electronics manufacturers, contract assemblers, and design engineers for nearly 45 years. By focusing on quick-turn prototyping and production while leveraging innovative, high quality designs, BAC has become a premiere PCB supplier for discerning customers around the world.

Founded in a small facility in Redwood City with a focus on serving the printed circuit board production (high volume, low mix) needs of Silicon Valley companies, Bay Area Circuits relocated in 2014 to Fremont. With a new facility and recent investments in cutting edge equipment and processes, BAC has changed its business model to focus on serving the quick-turn prototype (low volume, high mix) market.

BAC occupies a 30,000sq. ft. fabrication facility and employs 45 people (15 in Administration/Engineering, and 30 in Production). They take pride in serving a variety of industries such as Automotive, Commercial, Contract Manufacturing, Education, Energy, Industrial, Medical & Technology to name a few.

What keeps BAC at the forefront of the PCB manufacturing industry is its commitment to educating the next generation of design engineers. In addition to offering free software design tools, facility tours and student discounts, in 2019, BAC

sponsored numerous student projects from local schools & universities including Ohlone College, San Jose State, Stanford, UC Berkeley & UC Davis. Projects included aerial robotics, autonomous driving vehicles, avionics/rocketry, drones & solar vehicles.

It was no surprise that on the Manufacturing Day celebrated across the country on October 4th, Bay Area Circuits opened their doors early in the morning and rolled out a welcome mat to students and faculty of Ohlone College. The curious visitors were treated to a guided tour of the facilities and the manufacturing processes by Brian Paper and Ron Charfauros, Chief Operating Officer and Quality Manager of BAC respectively. Similar visits with students from other colleges and universities continued through the rest of that day. As a result, it is possible that at least a handful of young visitors will seriously consider Bay Area Circuits as their future professional workplace.

Father sues Telsa after teen son killed in flaming crash

AP Wire Service

The father of an 18-year-old Florida teen killed when his speeding Telsa slammed into a wall and caught fire is suing the company, saying the crash should have been ``entirely survivable''.

Police say Barrett Riley and his 18-year-old friend Edgar Monserratt died when Riley lost control of his father's car at 116 mph (187 kph) in May 2018. Another friend was thrown from the car and survived.

The South Florida SunSentinel reports that James B. Riley sued Wednesday in Santa Clara County, California, where Tesla is based. Monserratt's parents filed a similar lawsuit in January. Both blame the car's lithium-ion battery pack, which exploded when the Tesla hit a concrete wall.

A Tesla statement earlier this year said "no car could have withstood a high-speed crash of this kind."

Uber lays off 350 employees in Eats, autonomous vehicles

By Cathy Bussewitz
AP Business Writer

Uber is laying off 350 employees from its food delivery, autonomous vehicles, safety, insurance and other teams.

The move is the latest in a string of staff reductions at the ride-hailing giant since its ill-fated initial public offering.

CEO Dara Khosrowshahi said in an email to employees Monday that it would be the last wave of the layoff process which began months ago.

Uber laid off 435 employees on its product and engineering teams in September. In July, 400 employees in the marketing department lost their jobs.

Khosrowshahi said everyone has to play a part in establishing a new normal, by identifying and eliminating duplicate work and taking actions when expectations aren't being met.

Uber's stock was up 4% in afternoon trading.

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Have unneeded prescription drugs? Here's where to take them

By Rob Klindt

On Saturday, October 26, numerous police departments and other agencies in the greater East Bay and South Bay will be partnering with the Drug Enforcement Administration (DEA) on its 18th National Prescription Drug Take Back Day. The event is designed to give the public an opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs.

People are encouraged to bring their unneeded medications for disposal to their closest participating agency between 10 a.m. and 2 p.m. Most prescription drugs, including pills and patches, are eligible for the event; however, needles, sharps and syringes cannot be accepted. The service is free and anonymous, with no questions asked.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs.

Almost 5,000 law enforcement agencies across the nation participated in the last Prescription Drug Take Back Day held in April 2019. For more information, visit the DEA Diversion website at www.deadiversion.usdoj.gov/

Here are local agencies and addresses where people can drop off unneeded or expired prescription drugs from 10 a.m. to 2 p.m. on Saturday, Oct. 26:

- **Alameda County District Attorney's Office**
  Fremont Hall of Justice,
  39439 Paseo Padre Pkwy.,
  Fremont
  (510) 795-2500

- **Alameda County Sheriff's Office**
  Eden Township Substation,
  15001 Foothill Blvd.,
  San Leandro
  (510) 667-7721

- **California Department of Public Health**
  Castro Valley Library,
  3600 Norbridge Ave.,
  Castro Valley
  (510) 667-7900

- **Hayward Police Department**
  300 W. Winton Ave., Hayward
  (510) 293-7000

- **Milpitas Police Department**
  1275 N. Milpitas Blvd.,
  Milpitas
  (408) 586-2400

- **Union City Police Department**
  34009 Alvarado-Niles Rd.,
  Union City
  (510) 471-1365

Juul stops funding San Francisco vaping measure

AP Wire Service

Juul Labs Inc. announced Monday that it will stop supporting a ballot measure to overturn an anti-vaping law in San Francisco, effectively killing the campaign.

The nation's largest maker of e-cigarettes said it will end its support for Proposition C after donating nearly $19 million. It was virtually the only financial backer of the measure.

"Based on that news, we have made the decision not to continue on with the campaign," Yes on C said in a statement.

However, the proposition will still appear on the November ballot.

Proposition C would have allowed the sale of vape products to adults, partially overturning the city's June ordinance that as of next year would ban sales of e-cigarettes and vape products not reviewed by the U.S. Food and Drug Administration.

The move was part of a broad review of company policies in the wake of a leadership shakeup.

"I am committed to seeing that JUUL engages productively with all stakeholders, including regulators, policymakers and our customers," newly appointed CEO K.C. Crosthwaite said in a statement. "This decision does not change the fact that as a San Francisco-founded and headquartered company we remain committed to the city.''

However, Larry Tramutola, who directs the No on Prop C campaign, was skeptical, noting that about $7 million in Juul's campaign donations remain unspent.

"This could very well be yet another of a series of lies and exaggerations from Juul and Big Tobacco," he said in a statement. "Until they return the $7 million unspent dollars that is in their political account, until they suspend their mail, their advertising, their paid phone calls and lay off their consultants we do not believe them."The move came as a 14th U.S. death linked to vaping was reported in Nebraska. Hundreds of people have suffered lung ailments tied to vaping, although no major e-cigarette company has been linked to them and many patients said they vaped products that included THC, the intoxicating chemical in marijuana.

Even so, critics contend that vaping products are being marketed to minors through the use of social media popular with teens and the production of candy- and fruit-flavored vaping capsules.

Michigan, New York and Rhode Island recently banned flavored vaping products. President Donald Trump has said that the federal government would act to prohibit thousands of flavors used in e-cigarettes because they appeal to underage users.

Juul has said it doesn't market to youth and its products are meant to be an alternative to smoking. However, the company's advertising is under federal investigation, and the company recently announced it will stop advertising its e-cigarettes in the U.S.

E-cigarettes have been largely unregulated since arriving in the U.S. in 2007. The Food and Drug Administration has set next May as a deadline for manufacturers to submit their products for review.

Health experts generally consider e-cigarettes less harmful than traditional cigarettes because they don't contain all the cancer-causing byproducts of burning tobacco. But there's virtually no long-term research on the health effects of the vapor produced when e-cigarettes heat a liquid with nicotine.

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Juul halts sales of fruit, dessert flavors for e-cigarettes

AP Wire Service

Juul Labs will stop selling fruit and dessert flavors for its electronic cigarettes.

The voluntary step announced Thursday is the company's latest concession as it tries to weather a political backlash blaming its flavored-nicotine products for hooking a generation of teenagers.

The move is unlikely to satisfy the company's critics. Juul will continue selling its most popular flavors: mint and menthol. Those products account for more than 60% of Juul's retail sales, according to analysts. They are also the most popular flavors among teens.

The flavored pods affected by the announcement are mango, creme, fruit and cucumber.

Those flavors account for about 10% of the company's sales and were only available on its website. Juul pulled the flavors out of stores last November.

Alameda County Water District considers acquiring N3 Cattle Ranch

General Manager Robert Shaver and board members discussed the logistics

By Stephanie Gertsch

The Alameda County Water District (ACWD) is facing what residents are calling a "once-in-a-lifetime opportunity." The N3 Cattle Ranch, a 50,500 acre, mostly undeveloped property, near Livermore has been put up for sale. The owners are hoping to sell the land intact and are open to negotiating with the water district. As much of the property is located in watersheds that supply ACWD—including Lake Del Valle, Calaveras Reservoir, and Alameda Creek—the purchase could both protect the land from development and ensure the quality of water for East Bay residents. Currently the asking price for the ranch is $72 M, but the final price is negotiable.

People came from as far as San Francisco and Livermore to express support for the Water District acquisition. Many feared that if steps are not taken to keep the land in its natural state, it would be sold in pieces and developed into McMansions. Fortunately, as the land is quite rugged with many peaks and valleys, it's unlikely to be a prime target for development at this point.

At the meeting, General Manager Robert Shaver and board members discussed the logistics and finances of purchasing the land—especially how to stay within budget when there are already several big projects planned for upcoming years (fish ladders and metering system). One possibility is requesting a loan from the State Revolving Fund, which has a lower rate of interest and would be easier to pay off. Another way to offset initial and operating costs would be to purchase the land as part of a coalition with groups such as Nature Conservancy and Trust For Public Land. In most scenarios, rates would increase for ACWD users, anywhere from 1% to 8% more than currently planned.

A contact with the property owners was able to conference call into the meeting to answer further questions from the board, such as whether income statements for the ranch were available and whether the ranch had seen any significant cases of wildfire or flooding during the past 10 years.

At the end of the meeting, community members were given the chance to ask questions and express their concerns. Many who spoke had experienced the bike paths on the ranch firsthand and strongly preferred that the space remain untouched by development. Others praised the Water District for at least seriously considering this opportunity and acting in a timely and transparent manner.

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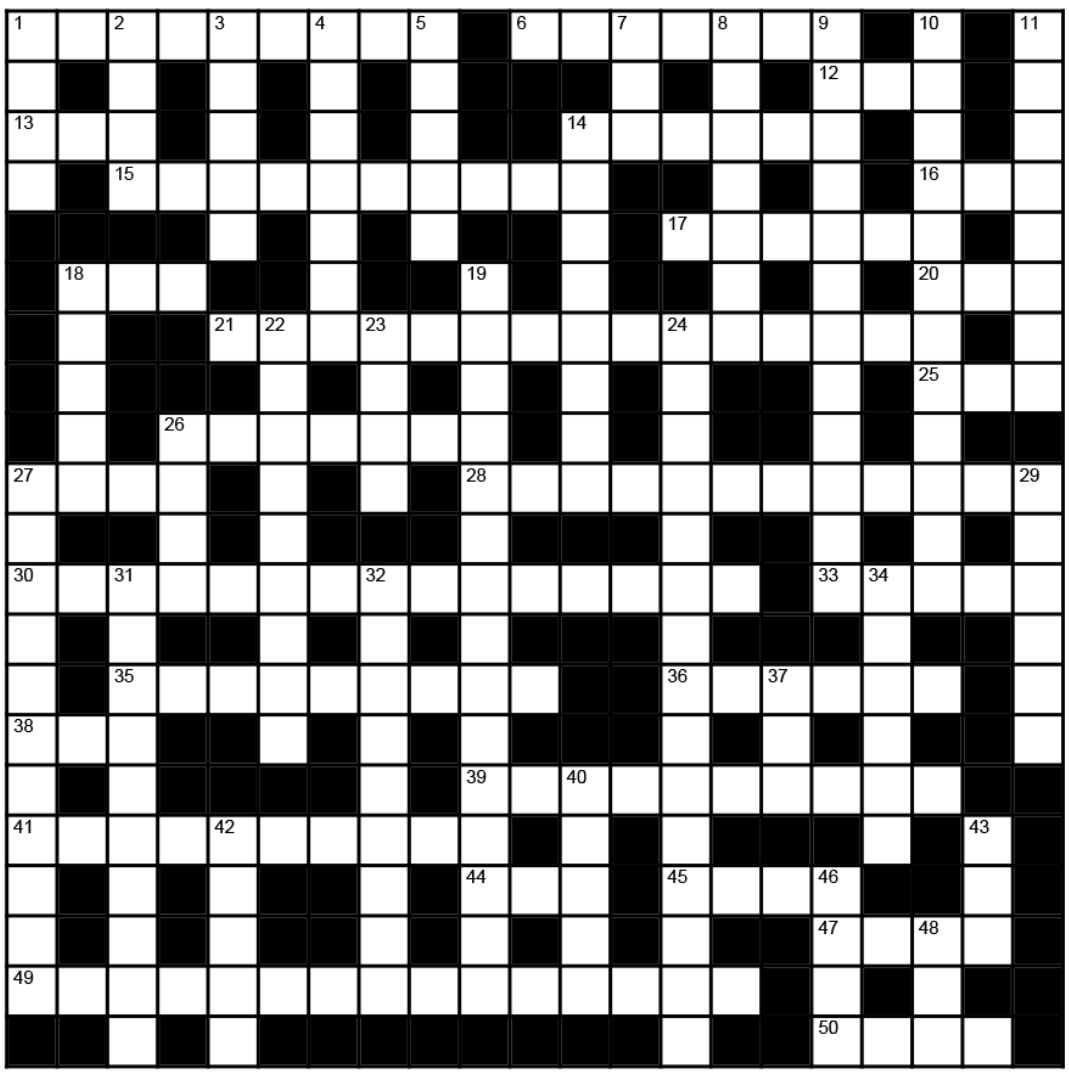
Mind Twisters

Crossword Puzzle



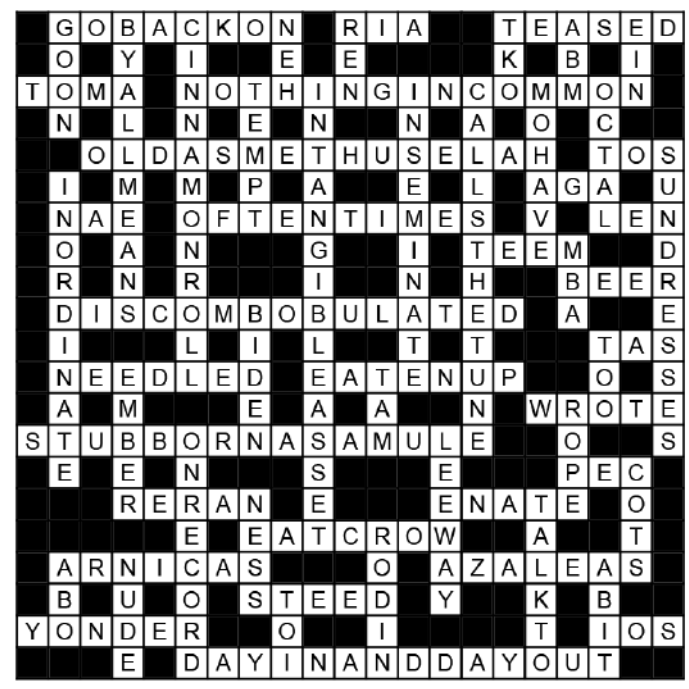
Across
1 Contributed (7,2)
6 Rum brand (7)
12 Modern: Ger. (3)
13 Debtor's note (3)
14 Curt (6)
15 Relish (10)
16 Civil War inits. (3)
17 Fortunate (2,4)
18 Do-it-yourselfer's purchase (3)
20 Quantity: Abbr. (3)
21 Apt title for this puzzle (4-2-3-6)
25 Gold: Prefix
26 Great Plains tribe (7)
27 Police dept. employee (4)
28 End of the definition (12)
30 Ballpark figures (15)
33 "Land ___!" (5)
35 Sing (4,5)
36 Beachwear (6)
38 Common Market inits. (3)
39 Assumed (10)
41 Blend (10)
44 "All Things Considered" network (3)
45 A load (4)
47 Amount of work (4)
49 Incredulous response (4,4,2,5)
50 "Star Trek" helmsman (4)

Down
1 Helix (4)
2 "The jig ___!" (4)
3 Intimidate, with "out" (5)
4 Forceful (7)
5 Author Marsh (5)
7 Campbell's container (3)
8 Grumbler (7)
9 "No way!" (2,4,6)
10 Pronto (5,2,1,4)
11 Architectural feature (8)
14 Buck (8)
18 Enter, as data (3,2)
19 Eliciting a "So what?" (2,2,11)
22 Smooth and white (9)
23 New Jersey's ___ University (4)
24 Come into one's own (4,6,5)
26 Part of the Bible: Abbr. (4)
27 Burned up (11)
29 Long Island county (6)
31 Cool (10)
32 Mesmerized (2,1,6)
34 Contended (6)
37 Mama bear, in Madrid (3)
40 Andrea ___ (5)
42 Thingamajig (5)
43 Landscaper's need (3)
46 Some cameras, for short (4)
48 Digital communication?: Abbr. (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

9		3	2				1	5
	7	6						
1								4
5			3					
2							4	
	6	8				3		
	8	1		2		6		
			4				5	
		2	7		3			



1	3	4	6	2	7	5	9	8
5	9	6	4	3	8	7	1	2
7	8	2	1	5	9	4	3	6
9	1	7	2	6	5	3	8	4
3	2	8	9	1	4	6	7	5
6	4	5	8	7	3	1	2	9
2	5	9	3	4	1	8	6	7
4	6	3	7	8	2	9	5	1
8	7	1	5	9	6	2	4	3

Tri-City Stargazer For week: OCTOBER 22 – OCTOBER 29, 2019

For All Signs: Mars, the ancient god of war, is in a challenging position to both Saturn (teacher) and Pluto (Powers that Be). Mars represents the aggressor inside of us. It acts without hesitation. Given its arrangement in the sky now, there are two planets who are stronger than Mars that challenge its power. Good wisdom says it is best to back off the desire/urge to take the plunge. The booty would cost much more than it is worth. Traffic accidents increase in times such as this because everyone is in a hurry. If someone cuts you off on the road, don't let your rage put you into a useless tizz.

Aries the Ram (March 21-April 20): Oops! This is clearly a rough patch in your relationship(s). The arena may play out in your primary partnership or in your work/career situation. Though someone may be goading you, you know this is not the time to lose your temper or try to make peace. Just give it a wide berth until the time is better.

Taurus the Bull (April 21-May 20): Surprise, changeability, and general rebellion are the qualities prominent this week. You may be the one who feels rebellious and wants to be left alone. Or it could be your partner or a good friend. If you have things on your mind regarding a relationship, they may fall right out of your mouth when you least expect it.

Gemini the Twins (May 21-June 20): This is a week in which you will tend to be thinking obsessively. It is an opportunity to learn how to better control your mind. Shift your attention to something less dramatic, such as whatever is happening this moment, rather than worrying over what might happen in the future.

Cancer the Crab (June 21-July 21): Your heart and mind are in conflict over an issue in your relationship(s). You want to maintain peace and would like to accommodate the needs of Another. However, you know in your heart that if you give what is requested, you may become resentful. Explain your inner conflict and look for a win-win solution.

Leo the Lion (July 22-August 22): Your attention shifts toward home, hearth, and family as it often does at this time of year. You may have a strong need to clean out debris, get out in the yard, and generally make things ready for winter. This will require three or four weeks, after which you will shift to the holiday preparations. It is your natural solar rhythm.

Virgo the Virgin (August 23-September 22): You want answers and you may insist on having them right now, although you are irritating the person who has the answer. Alternatively, you may be brooding over a child or a lover. Be aware that aspects are causing this to happen and try to maintain peace.

Libra the Scales (September 23-October 22): Give careful attention to your car and to any machinery you may be handling. Equipment breakdowns are possible. Of course, they always come at highly inconvenient times. Be prepared with backup or extra parts. Your reflexes are off. Use caution with the world of the physical during this period.

Scorpio the Scorpion (October 23-November 21): The sun returns "home" to your sign this week. You likely will find it to be energizing. Now is the time to focus on new plans for this next year of your life. Take a fresh look at where you want to direct your energy. It is appropriate that your attention be directed toward yourself right now.

Sagittarius the Archer (November 22-December 21): There are no new planetary signals for you this week. Take this quieter time to conclude previous projects and clear the deck. Then you can be quiet and plan what is next on your agenda.

Capricorn the Goat (December 22-January 19): This is a time in which you will be required to work extra hard just to maintain the status quo. It has already started and will continue for another couple of weeks. You must use your stamina and internal grit to stay with it, but soon this test will be over. Right now, take very good care of your physical self.

Aquarius the Water Bearer (January 20-February 18): You are caught in a Mars/Saturn trap for the present. Saturn keeps you in the background and unable to climb out of your hole. It is like the brakes of a car. Mars, which is the personification of the accelerator is straining to pull you out. At present Saturn is too heavy to drag into the light of day. Time will be of great help. Be patient. Soon things will change.

Pisces the Fish (February 19-March 20): It may seem to you as though almost everything is unsure, uncertain and up for grabs right now. This makes it challenging to make even relatively small decisions. Circumstances around you are not at all clear and it is better to leave all options open.

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- *Carpal tunnel syndrome*
- *Migraines and headaches*
- *Tendonitis and computer syndrome*
- *Plantar fasciitis*
- *Arthritis and joint pain*
- *Traumatic injury*
- *TMJ*

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- *Thyroid disorder*
- *Autoimmunity*
- *High blood pressure*

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Alzheimer's Walk for a Cure

Submitted by Sue and Glenn Yajiko
Photos courtesy of East Bay Walk to End Alzheimer's 2018

The Alzheimer's Association is inviting East Bay residents to join the fight to end this disease by participating in the "Walk to End Alzheimer's." The walk will take place on Saturday, October 26 at Bishop Ranch in San Ramon.

More than 5.7 million Americans are living with Alzheimer's disease, the sixth-leading cause of death in the U.S. Additionally, more than 16 million U.S. family members and friends provide care to people with Alzheimer's and other dementias. The walk is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. This year's goal is $665,000; currently the organization is over halfway there with 1,411 participants and 281 teams.

There is no registration fee to walk, but participants are asked to make a donation in the amount of their choosing or commit to raising funds to fight against Alzheimer's. On the day of the walk, registered walkers with a wristband will receive a "Promise Garden Flower" to symbolize their connection to Alzheimer's. Blue represents someone with Alzheimer's or dementia; purple someone who has loved a loved one to the disease; yellow someone currently supporting or caring for someone with Alzheimer's; and Orange for everyone who supports the vision of a world without Alzheimer's.

Want to get involved? Register today! Sign up as a Team Captain, join a team or register to walk as an individual at act.alz.org/Eastbay2019. There are also volunteer and donation opportunities on the website. For any questions, email eastbaywalk@alz.org.

Walk to end Alzheimer's
Saturday, Oct 26
8:30 a.m. Registration Opens
9:30 a.m. Ceremony
10: 30 a.m. Walk
Bishop Ranch
2700 Camino Ramon, San Ramon
(408) 372-9918
act.alz.org/Eastbay2019

Culture Food Festival

Submitted by SV TechClub

Have you already been to many interesting places in this fall? If not, how about attending a special culture and food festival? The "Impression Silicon Valley Culture Food Festival" will be held at Southland Mall in Hayward for people to enjoy impressive delicacies—bringing fabulous live performances, technological innovations demonstrations, artwork appreciation and more. It will redefine your weekend life.

In Chinese traditional culture, food is the first necessity of people, and this is the attitude we honor at the festival. We have the most popular barbeque, crispy fried squid-balls, crispy fried octopus-balls, traditional handmade dumplings and many other delicious foods around the festival. In addition, there will be a cultural and artistic exhibition area for people to enjoy with their friends and family.

It's not done yet! The organizer, SV TechClub, will have play area for kids, including balloon twisting, ring toss and rock climbing. The shopping area includes clothes, accessories, toys and special souvenirs. We also provide many amazing prizes for the lucky draw. Everyone has the opportunity to win the biggest prize. Please keep your ticket to participate in the lucky draw!

Culture Food Festival
Saturday, Oct 26 – Sunday, Oct 27
9 a.m. – 11 p.m.
One Southland Mall, Hayward

https://www.eventbrite.com/e/the-most-exciting-cultural-and-food-festival-in-hayward-tickets-71305951019?aff=ebdssbdestsearch
Admission: $5 for adults, under 3 years old or over 65 FREE

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Help for those dealing with grief during the holidays

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SURVIVING THE HOLIDAYS
by GriefShare

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Prince of Peace Church
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You will watch a video featuring reflections of people who've made it through the holidays while dealing with grief. You will receive a Holiday Survival Guide.

The Series of Grief Share sessions will start Saturday, November 16, 2019

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S.S. Antoinette or River Queen

HOLLAND & BELGIUM AT TULIP TIME
Mar 22, 29
8 Days | Brussels to Amsterdam
River Queen

GEMS OF NORTHERN ITALY
Mar 27; Apr 3, 10, 17, 24
10 Days | Milan to Venice
S.S. La Venezia

REMARKABLE RHINE & HISTORIC HOLLAND
Mar 31; Apr 10, 30; May 10, 20, 30
11 Days | Brussels to Amsterdam
River Empress

ENCHANTING DANUBE
Mar 15, 22, 29; Apr 5, 12, 26; May 3, 10, 17
8 Days | Budapest to Passau
S.S. Maria Theresa

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Home & Garden

Bring new ideas to your autumn harvest table

Article and photos by Lalitha Visveswaran

You see him everywhere during this time of the year. Jack. Jack-O-Lantern. Pumpkins seeded in summer are usually ready to be picked around fall. In America, pumpkin season was harvest season and usually the last harvest of the year. These days, pumpkins herald the fall season.

From pumpkin spice lattes to pumpkin pies to pumpkin jack-o-lanterns during Halloween to fall tablescapes during Thanksgiving, they symbolize all things autumnal.

For Halloween, you can see Jack-O-Lantern everywhere, his ghoulish smile and candle lit eye sockets at thresholds of every home. This ubiquitous decoration has its origins in Ireland, and lore abounds in many other parts of Western Europe. In American literature, pumpkins began to be associated with the harvest season in 1895. An article on Thanksgiving entertaining recommended a lit Jack-O-Lantern as part of the festivities.

Fast Forward to 2019: There are different ways to welcome autumn. For one thing, pumpkins are no longer just orange or just look like giant ghouls with a scary grin. Pumpkins can be white and yellow, red and green, speckled, and with warts. They come in different sizes, from giant pumpkins to the cute little ones you can fit in the palm of your hands. They are edible and great for table decorations during this festive season. They are cute now.

Here are a few ideas that will elevate your pumpkin and gourd game to a whole different level. A word of caution: As many of these pumpkin crafts involve crafting materials and non-edible decorations, it is not advisable to consume any of them. Consider them as decorations only. Here are some ground rules:

• Consider the decoration non-edible unless you have used safe and consumable ingredients.

• Examples of what is inedible are glue, glitter, pins, paint, beads etc.

• If the pumpkin is pierced, it will rot and decompose quickly. Hence, it would be considered inedible and spoilt.

• Examples of decorations that will deem the pumpkin edible are fabric or paper as wrap, hemp or jute, edible flowers etc.

• You can always skip the glue and make temporary (although not fixed or stable) decorations so that the pumpkins remain edible and usable for cooking.

Here I have picked mini pumpkins; they are considered inedible tablescapes and decorations.

Succulents and pumpkins

It is the most involved of all the pumpkin decorations because we are dealing with baby succulent plants. Succulents can be easily propagated by simply rooting their stems, but here we will have to glue them to a layer of moss for a pumpkin craft, rendering propagation tricky. You can find moss in most floral supplies and craft supplies stores.

What you need

mini pumpkin + moss + succulent and cactus trimmings + moss + glue

Method

• Pick a pumpkin that is neither too big nor too small. It must be able to "sit" well on a flat surface. Baby sugar pumpkins are the best as the vibrant orange of the pumpkin will contrast well with the various hues of greens and maroons of succulent plants. Preserve the pumpkin stem and don't cut it too short. Spread a layer of moss around the stem after applying hot glue to the pumpkin top. Allow to set.

• Arrange succulent cuttings in an attractive way over the moss. If they have roots, be sure to shake the dirt off. If they still have roots attached to them, you can glue the side of the succulent stem so there is no glue on the root system.

• Gently moisten the moss layer every day and perhaps you will be able to pot the attached succulents after the pumpkin has lived its best pumpkin life and starts to decompose.

What if you don't want to work with succulents? I must confess; it is not my favorite arrangement with pumpkin decoration. I am foremost a gardener, and I am reluctant to waste perfectly good succulents that I can propagate with 100% success with soil. Having said that, pumpkin crafts do appeal to me. So, I tried translating the same process to other decorations that are whimsical and yet more stable.

Here are some of my favorite alternate versions:

Dried Flowers and Leaves

Many flowers and leaves can be dehydrated to hold their shape and color beautifully. The trick is to pick unique shapes and colors at their peak and dry them in indirect sunlight.

Some flowers and leaves to dry: violas and pansies, marigold petals, strawflowers, eucalyptus "silver dollar" leaves, Japanese maple leaves, gingko leaves.

I like to use white pumpkins as the colors will pop. One can buy an all-in-one glue and sealer in craft stores. It goes by the name of "Mod Podge." It is an opaque white liquid that can be applied with a sponge applicator. It becomes transparent as it dries out. First coat sections of the pumpkin with Mod Podge. Then stick the leaves and petals attractively. Paint another coat of Mod Podge over your art. As it dries, it will become transparent and shiny.

Decoupage Pumpkins

The same technique as above can be used with Mod Podge and printed paper. I like to use bits and pieces of gift wrapping. Also useful are printed cocktail paper napkins. Sometimes, especially with the cocktail paper napkins, they can tear as they are too delicate, and the first layer of Mod Podge glue will make them soggy. Not to worry. Simply move them around and allow them to dry. The second sealing layer must be applied only after the first layer has dried out. This method can also be used with lacy paper doilies.

This season give old Jack a vacation and welcome your whimsy side to the autumn harvest table.

Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark. www.jelliclesfarm.com

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Saturday, October 12th – **Vintage Plus Band**
Friday, October 18th – **Mirage Band**
Saturday, October 19th – **Vintage Plus Band**
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Lowest $: 685,000 Average $: 844,000

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21318 Hobert Street	94546	685000	3	1743	1947	9/9/19
6144 Mount Rushmore Cir	94552	705000	2	1324	1989	9/11/19
2413 Somerset Avenue	94546	740000	2	1206	1976	9/11/19
16999 Grovenor Drive	94546	980000	3	1894	1960	9/10/19
6545 Ridgewood Drive	94552	1110000	4	2244	1990	9/11/19

FREMONT | TOTAL SALES: 25

Highest $: 2,099,000 Median $: 845,000
Lowest $: 406,000 Average $: 941,440

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
49079 Woodgrove Comm	94539	406000	2	1161	2004	9/9/19
39139 Argonaut Way #210	94538	475000	1	1221	1974	9/10/19
375 Torrano Common	94536	750000	3	1240	1975	9/11/19
37734 Teakwood Drive	94536	760000	3	1166	1953	9/10/19
36721 Ada Avenue	94536	765000	3	1036	1959	9/9/19
43414 Newport Drive	94538	767500	3	1130	1954	9/11/19
38 Shaniko Comm #96	94539	785000	3	1214	1986	9/10/19
3213 Peralta Blvd	94536	807500	3	1075	1951	9/9/19
42806 Ravensbourne Park St	94538	810000	4	1736	1962	9/9/19
35892 Adobe Drive	94536	822000	3	1150	1957	9/10/19
39265 Marbella Terraza #8p	94538	838000	2	1578	1991	9/9/19
39535 Yuba Court	94538	838500	3	1324	1963	9/11/19
34921 Sea Cliff Terrace	94555	845000	3	1400	1980	9/9/19
5057 Conde Court	94538	855000	3	1131	1962	9/11/19
33228 Lake Superior Ct	94555	900000	4	1444	1969	9/11/19
2530 Tassajara Terrace	94538	910000	3	1712	2014	9/9/19
37118 Holly Street	94536	995000	4	1452	1947	9/11/19
232 Kerry Common	94536	1020000	3	1664	1988	9/9/19
35966 Caxton Place	94536	1050000	4	2319	1968	9/10/19
41737 Trenouth Street	94538	1080000	3	1170	1956	9/10/19
5108 Trade Wind Lane	94538	1130000	3	1622	1961	9/10/19
38262 Ballard Drive	94536	1210000	3	1877	1959	9/11/19
1175 Adler Court	94536	1267500	4	1785	1977	9/9/19
34209 Finnigan Terr	94555	1350000	4	1857	1990	9/10/19
33571 Maverick Loop	94555	2099000	4	3400	2018	9/10/19

HAYWARD | TOTAL SALES: 16

Highest $: 1,575,000 Median $: 650,000
Lowest $: 567,000 Average $: 729,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
22801 Parkhill Court #3	94541	567000	4	1850	1987	9/11/19
22081 Valencia Place #1	94541	570000	2	1482	1982	9/9/19
888 Paradise Boulevard	94541	570000	3	1068	1942	9/10/19
26133 Huntwood Ave	94544	575000	3	1130	1953	9/9/19
438 Redbud Lane	94541	605000	3	1037	1950	9/9/19
22868 Charing Street	94541	615000	3	1333	2003	9/10/19
22542 Amador St #3	94541	635000	3	1468	2010	9/10/19
23460 Lakeridge Avenue	94541	650000	3	1265	1988	9/9/19
864 Alonda Court	94541	650000	3	1040	1950	9/11/19
26836 Freitas Drive	94544	660000	3	1351	1950	9/9/19
31279 Birkdale Way	94544	680000	3	1161	1955	9/10/19
18165 Haven Street	94541	725000	3	1986	1942	9/10/19
28821 Tucker Street	94544	820000	4	1848	1999	9/11/19
22138 Main Street	94541	870000	3	3498	1952	9/11/19
27952 Edgecliff Way	94542	897000	5	2650	1968	9/9/19
83 Arundel Drive	94542	1575000	0	5050	2008	9/11/19

MILPITAS | TOTAL SALES: 8

Highest $: 1,260,000 Median $: 995,500
Lowest $: 470,000 Average $: 925,375

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
476 Dempsey Rd #177	95035	470000	2	842	2007	9/9/19
1392 Highland Court	95035	765000	3	1165	1971	9/9/19
1454 Ashland Drive	95035	867000	6	1760	1955	9/13/19
380 Riesling Ave #20	95035	993000	3	1530	2018	9/10/19
433 Desert Holly Street	95035	998000	3	1859	2018	9/9/19
728 Garden Street	95035	1010000	3	1670	2018	9/11/19
188 Butler Street	95035	1040000	3	1401	1956	9/10/19
447 Cestaric Drive	95035	1260000	4	1769	1971	9/12/19

NEWARK | TOTAL SALES: 3

Highest $: 1,020,000 Median $: 549,000
Lowest $: 545,000 Average $: 704,667

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39931 Cedar Blvd #101	94560	545000	2	1071	1985	9/11/19
6230 Civic Terrace Ave #A	94560	549000	2	840	1985	9/10/19
38851 Myrsine Place	94560	1020000	3	1626	2017	9/9/19

SAN LEANDRO | TOTAL SALES: 8

Highest $: 869,000 Median $: 511,250
Lowest $: 400,000 Average $: 576,563

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
398 Parrott St #207	94577	400000	2	983	1976	9/9/19
1025 Douglas Court	94577	400000	2	815	1942	9/10/19
746 Woodgate Court	94579	436000	2	1169	1975	9/11/19
1565 Plaza Drive	94578	457500	1	757	1900	9/11/19
1630 159th Avenue	94578	565000	2	926	1928	9/11/19
369 Garcia Avenue	94577	650000	2	1107	1941	9/11/19
359 Bristol Boulevard	94577	835000	3	1451	1944	9/10/19
221 Cherrywood Ave	94577	869000	3	1990	1926	9/11/19

SAN LORENZO | TOTAL SALES: 2

Highest $: 740,000 Median $: 690,000
Lowest $: 640,000 Average $: 690,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
16125 Via Owen	94580	640000	4	1226	1955	9/11/19
15893 Nielson Avenue	94580	740000	4	1855	1990	9/9/19

UNION CITY | TOTAL SALES: 4

Highest $: 998,000 Median $: 662,500
Lowest $: 350,000 Average $: 668,250

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
33775 Dalton Court	94587	350000	3	1349	1968	9/9/19
218 Entrada Plaza	94587	500000	2	880	1986	9/9/19
33529 University Drive	94587	825000	4	1760	1972	9/9/19
520 Appian Way	94587	998000	0	2130	1979	9/10/19

Real Estate Notebook

Real Estate Notebook is a monthly column focusing on home buying, selling and owning experience.

Make home buying and selling less scary

By David Stark
Public Affairs Director,
Bay East Association of REALTORS®

Home prices, leaving the area, and a possible recession are all scary for home buyers and sellers. But there are ways to face real estate fears. What scares homebuyers? The price of a home. But not the price they're paying—it's the price they may eventually sell the home for.

"For buyers, a big concern is always 'What if we buy now and property values go down?'" said Nancie Allen, 2019 president of Bay East Association of REALTORS®. Allen suggested that "real estate is cyclical—prices go up, prices go down, and if buyers stay in for the long haul their odds of gaining equity are very good."

She continued, "In the Bay Area we're still expecting to see prices go up two to three percent a year. We're not expecting to see any big drops. Knowing you'll be in your house for a while helps mitigate some risk."

While how much they may earn on a home sale tops the scare list, what they're paying to get in is also plenty scary.

"Some buyers are afraid they can't afford to buy a home," Allen said. "The first thing they need to do is talk with a lender and find out exactly how much of a mortgage they qualify for, and that tells them what their purchasing power is."

Allen said after this conversation buyers need to, "take a step back because what they qualify for doesn't mean, necessarily, they will be comfortable making the mortgage payment each month. Buyers need to figure out where their comfort zone is and how much of a monthly payment they can make and then they can set a realistic home purchase price range."

Real estate scares aren't limited to buyers. "Sellers are scared they missed an opportunity," Allen said. "Sellers want to know if they've missed the market and if this is still a good time to sell because we're in a changing market."

She said, "Right now sellers may not sell their property for as much as a year or 18 months ago. But if they have owned their home for a while, they are still going to have some equity. Prices went up so much during the last few years, even with the correction sellers should still see a good return."

Being asked if they are finding another home to purchase, and where they may be moving to, scares sellers, Allen said. "Sellers have realized if they want to sell and stay in the area they're going to have to downsize considerably. They're looking at condos and townhouses, or they're looking at moving out of the area."

Allen said, "It's scary to move out of a place you've lived in for a long time but it's also exciting to start a new adventure somewhere else."

Economic uncertainty is another scary subject. Allen said, "Everywhere you go you're hearing about the possibility of a recession and that's scaring buyers and sellers. For buyers, if you're planning on staying in your home for the long term, chances are really good that you'll come out with a gain. For sellers, they're thinking about selling now because they don't know what's going to happen in the future."

Allen said that some buyers deal with recession fears, and potentially losing money on their home, by thinking of their home as shelter first and an investment second. "There are some buyers moving into their homes now thinking this is where they want to stay, and it will be their 'forever' home. They want to stay here, live their life here and retire here."

"For sellers, once they are in a transaction, they're scared that it may not close." Allen explained this fear is because selling a home can be like a rollercoaster: "There are going to be ups and downs but eventually most end up closing. Sellers have to realize the transaction may be a little stressful along the way

Making Sense of The Census

Submitted by Shirley Gilbert

Why is it important that every resident be counted in the census? What does the census have to do with funding? Does the census ask about race? Does every household get a census form? What is the controversy about adding a question about citizenship?

We all have burning questions about the upcoming census. Three speakers featured in a program entitled "We will be counted! Census 2020" will attempt to answer them and they may do it so well you will want to become a Census Ambassador and share the knowledge you've learned with others around you.

The U.S. Census, the process of counting every resident in the country, is required under the U.S. Constitution to occur every 10 years. In 2020, for the first time ever, the Census will be primarily digitally based.

The program about the census will take place on October 28 at the Fremont Main Library and is sponsored by the League of Women Voters Fremont-Newark-Union City, the County of Alameda "Count Me in Census 2020" and the Alameda County Library. All three have an important role to play in educating the community, presenting and collecting census data and making certain the results are fair and accurate.

Representing the three sponsoring organizations will be Syeda Inamdar, president of the League of Women Voters Fremont-Newark-Union City; Barbara Hanze of the Alameda County Library System, Census 2020 Outreach Coordinator; and Alessia Simmonds of the County of Alameda also Outreach Coordinator for Census 2020.

Alessia Simmonds will represent the Alameda County Complete Count Committee at the program on the Census at Fremont Main library.

Simmonds, who leads Census outreach to various organizations, will engage the audience in an interactive discussion entitled "How to Save Our Dollars, Data and CA Districts." The three census representatives will present FAQs about the census, and outline the challenges it presents and how we can work together to get a complete and accurate count. The message they would like to leave the audience with is that a single person taking ten minutes to respond to the census ensures that $10,000 comes back into the community over the next ten years. Being counted is all important.

We will be counted! Census 2020
Monday, October 28
7:00 p.m. - 8:30 p.m.
Fremont Main Library,
Fukuya Room B
2400 Stevenson Blvd., Fremont
(510) 745-1400
https://events.aclibrary.org/event/5597234

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Keeping Fingers Crossed for Monarchs' Return

While Natural Bridges State Park in Santa Cruz and Monarch Sanctuary in Pacific Grove have gained fame as monarch wintering grounds in Northern California, Alameda County offers locals a chance to see monarchs in smaller numbers at Fremont's Ardenwood Historic Farm and at San Leandro Monarch Bay Golf course.

Both sites offer tours and educational programs as monarchs cluster in groves during diapause—a time when butterflies suspend development during wintry weather unfavorable for their survival.

While Ardenwood saw a high of 25,000 monarchs in 1997, an El Niño year, numbers have dwindled, hovering some years at 5,000. Other years, the monarchs have not come at all, according to Christina Garcia, a naturalist with East Bay Regional Parks (EBRP) who has worked most of her 30-year career at Ardenwood Farm.

Last year offered the lowest numbers of monarchs overwintering—the term naturalists use to describe waiting out or spending winter. Garcia saw only about 200 monarchs arrive, and they did not stay. Northern California's air quality last November was deemed the worst in the world; smoke from fires that ravaged the area drove monarchs away.

"I never know if they will come back, but I start looking in the eucalyptus groves when the weather turns cold," says Garcia, who sighted a few early arrivals flying around in early October. She plans to start butterfly tours at the park in December; information will be available on the EBRP website.

"It's a magical feeling when they are back. It reminds me of a legend in Mexico where the monarchs arrive right around the Day of the Dead (November 1). The legend says [they] are the souls of the dead, returning as butterflies, reminding us of someone we love."

Among only a few migrating insect species, monarchs fly 1,000 to 2,000 miles to reach California from Canada and states west of the Rocky Mountains with colder winter climates. Meanwhile, monarchs east of the Rockies travel up to 3,000 miles to winter in forested mountains west of Mexico City.

Adrienne DePonte, an interpretive naturalist with San Leandro Recreation and Human Services Department, is in her 19th year of conducting tours at the golf course grove, planned this year for October 26, November 2 and 17, and January 5.

"When you have this unique, distinctive natural phenomenon that occurs in our area, it makes this an exciting place to live," says DePonte, who saw 8,000 monarchs winter in San Leandro in 2017. Last year was the lowest count she had seen, with 2,000 before the fires.

Her most memorable monarch moments over the years have occurred when thousands of monarchs suddenly warm up and fly off in a cascade to search for nectar. (Monarchs need temperatures of at least 55 degree to fly.) "You can't make it happen. It's spontaneous animal behavior that you can't plan," explains DePonte, "but it is impressive."

Garcia says Bay Area residents can aid monarchs by providing nectar-rich flowering plants in their yards that bloom fall, winter, and early spring when monarchs are foraging. On its website, Xerces Society offers a link to plant lists by zip code, including native milkweed plants, where monarchs lay their eggs.

Monarchs have a short lifespan, only six weeks, but those surviving winter through diapause extend their lives five to six months, long enough to propagate the next generation. On the return flight, they lay up to 700 eggs a day, often one egg per milkweed plant. Without proper milkweed, a female monarch holds on to her eggs. When hatched, the larvae survive on milkweed. Garcia says she associates monarch mating with Valentine's Day since it is around that time that weather warms and frost is unlikely.

Annually about 2,000 people turn out over three months to visit the monarchs at Ardenwood; San Leandro attracts about 1,000 viewers. San Leandro is in discussions for a new library to replace Mulford, near the monarch grove. Proposals put forth could draw more attention to the monarchs with a multipurpose room for butterfly education and an environmental woodland area outside the library with trails leading to San Leandro Marina and monarch tours.

Awareness is needed, because despite their dramatic decline in numbers, monarchs have yet to make the endangered species list. However, in 1983 International Union for Conservation of Nature declared their migration an endangered phenomenon in need of protection. "Insects are a keystone species," says DePonte. "They let us know what is going on with all types of [species]. We need to protect our pollinators because we depend on insects to pollinate our food supplies. If we are not protecting the butterflies, we are not protecting our food sources. We share a fate with them…We need to be responsible stewards," says DePonte.

Still, DePonte makes a point of dispelling myths that monarchs are fragile, stained-glass creatures. "They are tough, flying 2,000 miles on their own, 25 miles per hour and a mile up in the air. They are hardy," she says.

For information about tours at Ardenwood Historic Farms in Fremont call (510) 796-0663 or email awvisit@ebparks.org

For information about tours San Leandro Monarch Bay Golf, contact DePonte at monarchs@sanleandro.org. Tours are Oct. 26 from 12 noon to 1:30 p.m.; Nov. 2 and 7, 11 a.m. to 12:30 p.m.; Jan. 5, 2020, noon to 1:30 p.m. Reservations are required; fees are $15 for adults, $8 for youth (non-residents pay an additional $5).

Learn more about monarch-friendly native plants here: https://www.nwf.org/NativePlantFinder/

Ardenwood Historic Farms
34600 Ardenwood Blvd., Fremont
(510) 796-0663

San Leandro Monarch Bay Golf
13800 Monarch Bay Dr., San Leandro
(510) 895-21-62

Theatre Review

Seize the night with "Cabaret"

By Hugo Vera
Photos by Georgia Lee Barnes

Lights. Cameras. Action. Nazis.

This is the tumultuous, yet electrifying world audiences are treated to in Chanticleers Theatre's production of "Cabaret." Based on the 1998 Broadway adaptation of the classic musical by John Kander, director John Baiocchi and his incredible ensemble of performers deliver a live theater experience that makes the price of admission worth every penny and then some.

Brace yourselves as Emcee (Johnny Orenberg) flaunts the stage in the most flamboyant and braggadocious manner possible while recalling the story of the famed *Kit Kat Klub in pre-World War II Berlin. Orenberg shines in his role as his clown-like makeup, in sync with his burlesque style of singing and dancing, perfectly captures the ostentatious feel of closeted-gay Berlin.

In addition to Orenberg's "Emcee," the crux of the musical lies within Melissa Momboisse's portrayal of lead character Sally Bowles. Not since Liza Minnelli's iconic performance of Bowles in the 1972 film adaptation has an actress channeled Bowles "hopeless romantic" energy so well. Bowles voice carries every note seamlessly and profoundly, as evidenced during songs such as "Don't Tell Mama" and "Married."

In the background of this team of well-choreographed singers and dancers is the impeccable orchestra led by music director Dr. Luis Zuniga. Zuniga's percussion, wind and string ensemble's sound can be heard especially well in the small, but rather intimate dimensions of the theater.

Backing Orenberg and Momboisse is a supporting cast comprised of veteran stage actors including C. Conrad Cady and Marsha Howard. The two expertly portray the ultimately-doomed couple of Fraulein Schneider and Herr Schultz. Baiocchi's decision to include Schneider and Schultz's storyline is a refreshing theatrical decision as their storyline is often omitted in other adaptations of "Cabaret.

Adding fire to this cast's performance is Darrien Cabreana's depiction of Cliff Bradshaw. Cabreana nails Bradshaw's 1930s New Yorker accent while also proving to have fantastic on-stage chemistry with Momboisse. The two convincingly act out the relationship between Bowles and Bradshaw, which over the course of two acts, veers from the romantic to the tragic.

Audiences will also appreciate the impeccably-timed and well-orchestrated dance sets choreographed by Joe Ayers. Ayers and his team would give the likes of Bob Fosse a run for his money as a team of dancers navigates the small stage dimensions gracefully and effortlessly. The passion and meticulous planning put into the choreography is evident with every twirl, "can-can," pelvic thrust and tap dance sequence. Numbers such as the Kit Kat Klub's rendition of "Tomorrow Belongs to Me" juxtapose the hedonistic pleasures of the cabaret to the cold, unforgiving nature of the Nazi Germany in 1933.

A show that is both uplifting and heartbreaking, while also balancing opposite ideologies, John Baiocchi's "Cabaret" is sure to please adult audiences throughout the East Bay. This show delivers on all the classic elements seen in the 1972 cinematic adaptation while providing modern dance and musical elements that make this production an unforgettable experience.

John Baiocchi's "Cabaret"
Friday, Oct. 18-Sunday Nov. 17
Fridays and Saturdays: 8 p.m.
Sundays (Except 10/20): 2 p.m.

Chanticleers Theatre
3683 Quail Ave, Castro Valley
(510) 733-5483

https://chanticleers.org
General Admission/Adults: $25
Student/Seniors/Military: $20

Boo Calendar

Friday, Sept 20 – Thursday, Oct 31

Pick of the Patch

Pumpkin patch and paintball

Oct 20 - 31

Sun – Thurs: 10 a.m. – 9 p.m.
Fri – Sat: 10 a.m. – 10 p.m.

Bayfair Center
Parking Lot Opposite Kohl's
15555 East 14th St.,
San Leandro
www.shopbayfair.com

Friday, Sept 27 – Saturday, Nov 2

Fear Overload $

Open Fri – Sat, Sept 27 – 28
Open Fri – Sun, Oct 4 – 6
Open Thurs – Sun, Oct 10 – 13
Open Wed – Sun, Oct 16 – 20
Open all days Tues, Oct 22 – Nov 2
7 p.m. – 10 p.m.
Until 12 a.m. Oct 12, 18, 19, 25, 26, 31
Two terrifying haunted houses
Fear Overload Scream Park
15555 E 14th St., San Leandro
https://fearoverload.com

Tuesday, Oct 1 – Thursday, Oct 31

Perry Farms Pumpkin Patch

9 a.m. – 6 p.m.
Pumpkins, hay bale maze
34600 Ardenwood Blvd., Fremont
(510) 791-0340

Tuesday, Oct 1 – Thursday, Oct 31

Piedmont Avenue Pumpkin Patch

9 a.m. – 8 p.m.
4414 Piedmont Ave., Oakland
(510) 967-9363
http://www.pumpkinpatch.info/

Tuesday, Oct 1 – Thursday, Oct 31

Joan's Farm & Pumpkin Patch $

Mon-Fri: 1:00 p.m. – 5:30 p.m.
Sat-Sun: 9:30 a.m. – 5:30 p.m.
Corn maze, fun house, hayride
4351 Mines Rd., Livermore
(925) 447-794
http://joansfarm.com/
joansfarm9@aol.com

Friday, Oct 4 – Saturday, Nov 2

Pirates of Emerson $

7:05 p.m. – 10:00 p.m.
Haunted attractions, live entertainment
Open Fri – Sun, Oct 4 – 13
Open Thurs – Sun, Oct 17 -27
Open Wed – Sun, Oct 30 – Nov 2
Until 11 p.m. Oct 11, 12, 18, 25, 31
Until 12 a.m. Oct 19, 26
Pirates of Emerson Haunted
Theme Park
2100 Valley Ave., Pleasanton
www.piratesofemerson.com

Saturday, Oct 12 – Thursday, Oct 30

Candlelighters Ghost House $

Tues – Thurs: 6 p.m. – 9 p.m.
Fri: 6 p.m. – 10 p.m.
Sat: 3 p.m. – 10 p.m.
Sun: 3 p.m. – 9 p.m.
Closed Oct 14, 21
Haunted house, carnival games
Chadbourne Carriage House
39169 Fremont Blvd., Fremont
(510) 796-0595
candlelighters.com

Saturday and Sunday, Oct. 26 - Oct. 27

Discovery Days: Creepy Crawly Edition

11:00 a.m. - 3:30 p.m.
Halloween themed exploration
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220

Monday, Oct. 28

Coyote Cubs: Halloween at the Hills

10:30 a.m. - 11:30 a.m.
Wear your costume and play games, explore the park
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220

Friday, Oct 25

Halloween Party for Singles

8 p.m. - midnight
Dance and costume contest
Crowne Plaza Hotel Silicon Valley
777 Bellew Road, Milpitas
www.ThePartyHotline.com

Friday, Oct 25

Screen! Fight or Fright

6:30 p.m. – 9:00 p.m.
Short independent horror films and networking
Cinema Exchange
1759 South Main St., Milpitas
(408) 912-2614
www.cinema.exchange

Friday, Oct 25 – Saturday, Oct 26

Unhaunted House & Carnival – Land of Oz $R

Fri: 6 p.m. – 9 p.m.
Sat: 4 p.m. – 8 p.m.
Learn about Halloween creatures
Sulphur Creek Nature Center
1801 D St., Hayward
(510) 881-6747
haywardrec.org/129/Nature---Sulphur-Creek-Nature-Center

Friday, Oct 25

Pumpkin Splash $R

6:00 p.m. - 8:30 p.m.
Swim among floating pumpkins and pick one to keep. Ages 5-17
San Leandro Family Aquatic Center
14900 Zelma Street, San Leandro
(510) 577-3477

Saturday, Oct 26

Pumpkins in the Park

10 a.m. – 2 p.m.
Wear costumes, enjoy frightfully fun afternoon
Cardoza Park
Park Victoria & Kenny Dr., Milpitas
https://allevents.in/milpitas/pumpkins-in-the-park/200017830355745

Saturday, Oct 26

Spookmobile

6 p.m. - 8 p.m.
Hands-on exhibition of natural and unnatural specimens
Friendly Village
120 Dixon Landing Road, Milpitas
(408) 293-2326 ext.
3001/3080/3047

Saturday, Oct 26

Neighborhood Halloween Party

2 p.m. – 4 p.m.
Live music, kids' costume contest, pumpkin decorating
Albert Augustine Park
399 Coelho St., Milpitas
allevents.in/milpitas/neighborhood-halloween-party/200017830360236

Saturday, Oct 26

Halloween Twilight Hike

5:30 p.m. – 8:30 p.m.
Don a costume and hike the hills. Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org/parks/coyote_hills/

Saturday, Oct 26

ZombieCon Hayward

5 p.m. – 11 p.m.
Dress up and venue-hop to benefit Hayward Animal Shelter
Downtown Hayward
Start at Eko Coffee Bar & Tea House
1075 B St., Hayward
https://www.facebook.com/SantaConHaywardCA

Saturday, Oct 26

Harvest Festival

11 a.m. – 2 p.m.
Family fun, children's jump house, face painting, trick-or-treat
Lone Tree Cemetery
24591 Fairview Ave., Hayward
(510) 582-1274
info@lonetreecemetery.com

Saturday, Oct 26

All Hallow's Eve Costume Party

Mystifying potions and experiments, intoxicating dance floor – Costumes encouraged! 21+
9 p.m. – 12 a.m.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
https://chabotspace.org

Saturday, Oct 26 – Sunday, Oct 27

Family Sundown SPOOKfari $R

5 p.m. – 10 a.m. (next morning)
Trick or treat, meet creepy crawlies, sleep at zoo. Ages 4-10
9777 Golf Links Rd., Oakland
(510) 729-7324
www.oaklandzoo.org

Saturday, Oct 26 – Sunday, Oct 27

Boo at the Zoo

10 a.m. – 3 p.m.
Wear a costume, trick or treat, ride boo train
9777 Golf Links Rd., Oakland
(510) 729-7324
www.oaklandzoo.org

Sunday, Oct 27

Halloween Quarter Auction $R

5 p.m.
Auction and dinner, proceeds benefit holiday programs
Swiss Park
5911 Mowry Ave., Newark
(510) 793-5683
www.lov.org
Reserve by Oct 19

Sunday, Oct 27

All Hallows Hike

6 p.m. – 8 p.m.
Family-friendly hike
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Tuesday, Oct 29

Barks and Boos

5 p.m. – 9 p.m.
Games, trick-or-treating, human and pet costume contests
Adobe Park
20395 San Miguel Ave.,
Castro Valley
(510) 537 – 5300
www.edenareachamber.com

Wednesday, Oct 30

Truck or Treat with Niles Street Eats

5 p.m. – 9 p.m.
Food trucks, costume contest, truck or treat, decorate pumpkins
Niles Town Plaza
37592 Niles Blvd., Fremont
www.thefoodtruckmafia.com

Thursday, Oct. 31

Halloween Event

4 p.m. – 6 p.m.
Wear your Halloween costume and collect candy from participating stores. Ages 3 - 13
Bayfair Center
1555 East 14th St, San Leandro
www.shopbayfair.com

Thursday, Oct 31

Halloween Costume Contest

12:45 p.m. – 1:30 p.m.
Prizes for best costume
Fremont Senior Center
40086 Paseo Padre Pkwy, Fremont
(510) 790-6600

Friday, Nov 1

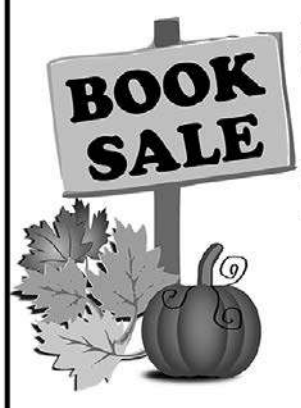
Dia de Los Muertos Celebration R

1:30 p.m. - 3:00 p.m.
Entertainment, activities, refreshments. Ages 50+
Senior Community Center
13909 E 14th St, San Leandro
(510) 577-346

WE HAVE MOVED!
Fremont Friends of the Library
Fremont Main Library, in the Fukaya Room
2400 Stevenson Blvd., Fremont, CA 94538

OCTOBER 25, 26, & 27

Friends of the Fremont Library



Member Night
First Pick Advance Sale
- Friday, October 25: 7-9 pm

Memberships Available at the Door.
$10 Annually per Individual or Family.

Open to All
- Saturday, October 26: 10 am - 3 pm
- Sunday, October 27: 12-3 pm

Clearance Sunday:
Only $5 per paper grocery bag!
Bag size not to exceed
14"high x 12"wide x 7"deep.

Books $1 per inch stacked.
Some items are individually priced.
We accept cash & checks only.
No credit cards. No $100 bills.

OCTOBER FEATURES - *Woodcarving*
- *Entertainment*

For information, please call 510-494-1103 or 510-792-6684.

FREMONT ART ASSOCIATION
SHOP – STUDIO – GALLERY
IN NILES

LOCAL ARTISTS'
JEWELRY, POTTERY, COLORFUL CLOTHING,
NILES TEES AND MUCH MORE!
PLUS SPECTACULAR AFFORDABLE ART.

OCTOBER 29 – JANUARY 5
In case you forgot someone!
37697 Niles Blvd., Fremont, CA
www.fremontartassociation.org
510.792.0905

HERS Breast Cancer Foundation

HERS
Breast Cancer Foundation
"A soft place to fall."

October is Breast Cancer Awareness Month!

Join us at one or more of our many events!
Call (510) 790-1911 for more info our visit
https://hersbreastcancerfoundation.org/events/

Fremont @ Washington Hospital (Washington West)
San Leandro @ Kaiser Permanente Hospital (Merced Street)
Pleasanton @ Stanford Health Care ValleyCare (Resource Center)

HERS provides compassionate, expert fitting services and carry a wonderful selection of camisoles, pocketed bras, prostheses, lymphedema garments, and wigs.

Under-served patients (low income, under-insured, or uninsured), may access products through our Assistance Programs.

For more info, call *(510) 790-1911*
or email
info@hersbreastcancerfoundation.org.

HERS is a 501(c)3 nonprofit organization, Fed. Tax ID 94-3309906.

SAVE
Let's end abuse right here.

ADVOCATE TO END GENDER BASED VIOLENCE

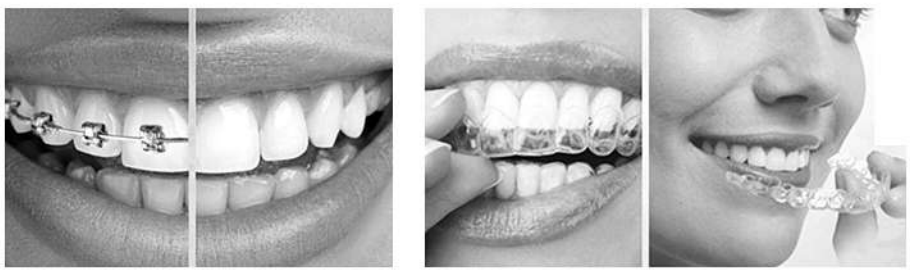
Take SAVE's 40 hour Domestic Violence Counselor Training and become a volunteer advocate!

FRIDAYS | OCT 11- NOV 22
9:30 AM- 4:30 PM (7 SESSIONS)

Learn to:
Understand dynamics of intimate partner violence
Provide trauma informed care
Use peer counseling skills

Volunteers assist with:
Taking crisis line phone calls
Supporting case management
Providing peer counseling
Court accompaniment

To register, visit save-dv.org and under Take Action click 'Become a DV Counselor'
Contact Jacia Mim for more information at jaciamesave-dv.org or 510-574-2256.



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2701 Decoto Road, Suite 4, Union City, CA 94587

Mission Palm Dental (510) 656-6868
43625 Mission Blvd., Suite 208, Fremont CA 9539

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THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

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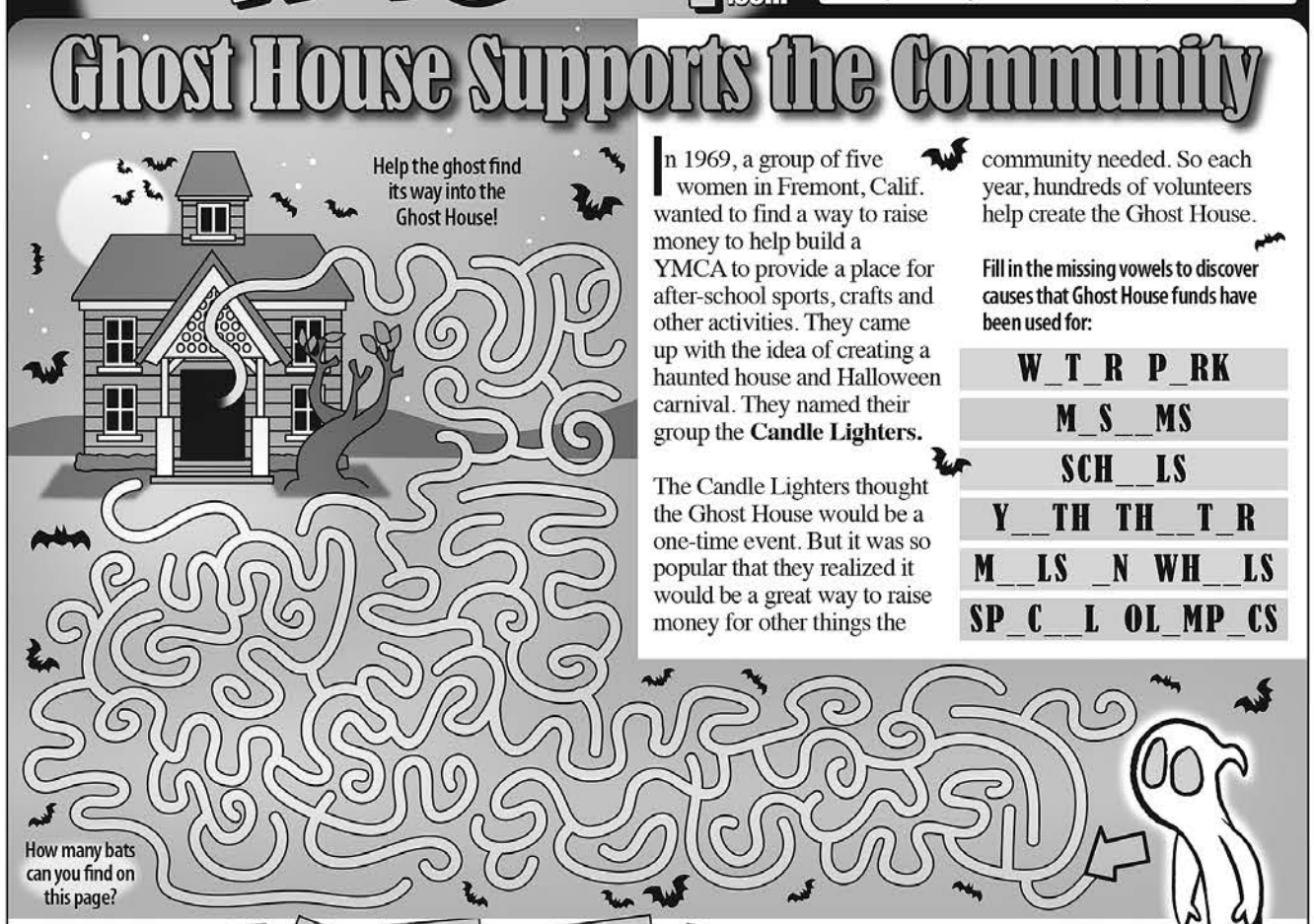
Ghost House Supports the Community



In 1969, a group of five women in Fremont, Calif. wanted to find a way to raise money to help build a YMCA to provide a place for after-school sports, crafts and other activities. They came up with the idea of creating a haunted house and Halloween carnival. They named their group the **Candle Lighters.**

The Candle Lighters thought the Ghost House would be a one-time event. But it was so popular that they realized it would be a great way to raise money for other things the community needed. So each year, hundreds of volunteers help create the Ghost House.

Fill in the missing vowels to discover causes that Ghost House funds have been used for:

W_T_R P_RK
M_S__MS
SCH__LS
Y__TH TH__T_R
M__LS _N WH__LS
SP_C__L OL_MP_CS

Ghouls and Good Fairies

DRESS FUN CREEPY TEENAGERS GHOULS

This little ghoul knocked some of the words out of this article. Can you fix it?

Local _____ volunteer to become "ghouls" in the Ghost House. Wearing _____ costumes and makeup, they hide in dark corners to jump out and startle visitors.

The Candle Lighters understood that haunted houses can be scary for some kids (and adults, too!). To make the Ghost House _____ for everyone, they have volunteers _____ up as "Good Fairies." The Good Fairies lead people through the Ghost House and keep the _____ from scaring people.

Hold this page up to a mirror to find out how much money the Candle Lighters have raised to help their community over the past 50 years!

The Candle Lighters have raised over two million dollars for local charities so far!

Extra! Extra! Halloween Scavenger Hunt

Look through the newspaper for:

- A word that means the opposite of scary
- A funny Halloween costume idea
- A photo with signs of fall
- An advertisement with a Halloween theme

Standards Link: Reading Comprehension: Follow simple written directions.

Matching Masks

Look closely! Color the two masks that are exactly the same. Circle the mask that is one-of-a-kind.

Standards Links: Visual Discrimination: Find differences and similarities in common objects.

Kid Scoop Puzzler

Can you find the two identical Ghost House portraits in under one minute? Have a friend try. Did they beat your time?

Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

HALLOWEEN
CARNIVAL
SCHOOLS
HAUNTED
FAIRIES
APPLES
GROUPS
GHOST
HOUSE
MONEY
CANDY
GOOD
IDEA
SAFE
FUN

C	C	O	A	P	P	L	E	S	G
C	A	D	E	T	N	U	A	H	O
A	E	N	M	M	M	N	O	U	O
R	D	N	D	O	I	S	U	E	D
N	I	T	N	Y	T	H	Y	F	H
I	N	E	E	W	O	L	L	A	H
V	Y	S	P	U	O	R	G	S	E
A	L	P	S	C	H	O	O	L	S
L	S	E	I	R	I	A	F	E	R

Standards Link: Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop VOCABULARY BUILDERS

This week's word:
COMMUNITY

The noun **community** means the people living in the same place, such as a village or city

Hundreds of people in our **community** watch the annual Halloween parade.

Try to use the word **community** in a sentence today when talking with friends and family.

FROM THE Kid Scoop LESSON LIBRARY

Good in the Neighborhood

Find a newspaper article about a local event that is raising funds for a good cause in your community. Write down **WHO** is running the event, **WHAT** the event is, **WHY** it's happening and **WHERE** this event will happen.

Standards Link: Research: Use the newspaper to locate information.

WHAT DID THE GHOST TEACHER SAY TO HER STUDENTS?

ANSWER: "Watch the board and I'll go through it again."

Write On!

Woman I Admire

Write about a woman that you admire. Include at least three facts about this woman's life and explain what you admire about her.

Think Fremont

Celebrate the Groundbreaking of Fremont's Downtown Event Center and Plaza on October 25

The City of Fremont and Fremont Chamber of Commerce are hosting a groundbreaking celebration for the future Downtown Event Center and Plaza at the corner of Capitol Avenue and State Street on Friday, October 25. Festivities will begin at 4:30 p.m. with the groundbreaking ceremony, and continue with the final Fremont Street Eats of 2019 with Food Truck Mafia. One food voucher will be offered per person for the first 400 groundbreaking attendees.

After the groundbreaking ceremony, entertainment for this family-friendly event will include live music (East Bay Mudd), artists and entertainers, street games, bounce houses, and a raffle. The event will conclude at 9 p.m. and is sponsored by Lennar, Overton Moore Properties, Robson Homes, Sares Regis, SummerHill Housing Group, TMG Partners, and Valley Oak Partners.

The future 13,400-square-foot downtown event center and 1-acre downtown plaza will offer a destination for the Fremont community to gather socially and for business. The modern downtown event center will have meeting rooms of varying scales and amenities along with a large spacious lobby that will become downtown's primary destination for traditional community center functions.

The outdoor plaza will facilitate the programmatic needs of Fremont's culturally diverse and innovative community. This space will feature a garden breakout area under a tree canopy that will host outdoor activities including concerts, food truck events, and maker fairs in addition to sports and games piloted at the temporary Town Fair Plaza over the past few years.

Warm Springs BART West Access Bridge and Plaza Project

The Warm Springs BART West Access Bridge and Plaza Project reached a significant milestone in late September. The truss span of the bridge, connecting directly to the Warm Springs/South Fremont BART Station, and over the Union Pacific Railroad (UPRR) tracks, was installed. The pylon for the cable stay span of the bridge has also been installed along with a portion of the cable stay bridge deck over the UPRR spur line. Both installations are now visible from surrounding streets.

This milestone was achieved after comprehensive and complex coordination efforts between the City of Fremont, BART, and UPRR, with special attention to safety, protection of the existing BART facilities and patrons, and protection of UPRR facilities and trains. Ultimately, the bridge will provide a pedestrian/bicycle connection between the BART station and the new residences, as well as major employers in the area. Construction activities for the elevator, escalator, and staircase, as well as the overall plaza, will intensify in the next couple of months.

City of Fremont Secures $100,843 from the California Department of Justice to Combat Illegal Tobacco Use among Minors in Fremont, California

The City of Fremont received $100,843 in state funding to tackle the illegal sale of cigarettes and tobacco products to minors as part of the California Department of Justice's Tobacco Grant Program. The grants were awarded to 76 local entities throughout the state to support the enforcement of state and local laws related to the illegal sales and marketing of tobacco products to minors. California Attorney General Xavier Becerra announced the recipients on October 1, 2019. With the support of the Attorney General's office, the City of Fremont is prepared to educate and engage the families and youth of Fremont, to understand the dangers of tobacco and nicotine products and make healthy decisions.

"Tobacco is a serious threat to public health, especially to California's youth," said Attorney General Becerra. "These grants will support local communities in enforcing the law and educating kids about the harms of tobacco products. My office is dedicated to ensuring the state has the resources necessary to curb the dangers of tobacco and protect the public's well-being. Preventing or reducing illegal sales of tobacco to minors will pave the way to a healthier California—we're committed to tackling this public health crisis head on."

The City of Fremont will use the funding to implement and enforce a Tobacco Retail License (TRL) program, and augment student and parent education and engagement efforts already underway through the partnership between Youth and Family Services and the Fremont Police Department. In addition to supporting enforcement efforts as the new TRL program takes shapes, the City is planning to hire a Tobacco Program Youth Specialist to increase education efforts in the school district, and fund more parent education workshops presented by the sergeant who oversees the school resource officers.

The Department of Justice's Tobacco Grant Program is funded by Proposition 56 (commonly known as Prop. 56), the California Healthcare, Research and Prevention Tobacco Tax Act of 2016. Beginning April 2017, Prop. 56 raised the cigarette tax by $2 per pack, with an equivalent increase on all other tobacco products. Prop. 56 also allocates millions of dollars annually to the California Department of Justice for distribution to local law enforcement agencies for the support and hiring of peace officers for various activities. These activities include investigations and compliance checks to reduce the illegal sale of tobacco products to minors.

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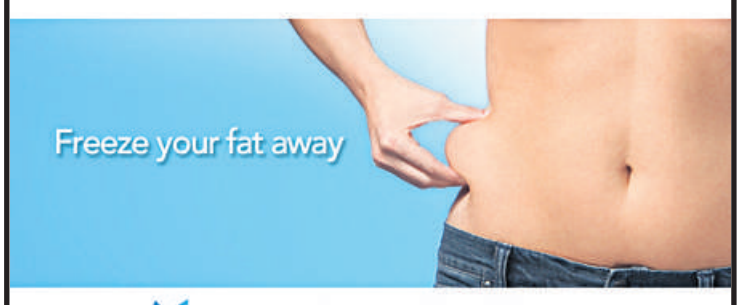
CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.



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Saturday, November 2

Holiday Boutique
9am - 3:30pm
Featuring handcrafted and Creative items
for home, decoration, personal use and wear
60+ Vendors

Tea Room - 11am - 2:30
Including tea Sandwiches, Sweets, & Tea
Fee for Tea Room only - Adults $15
Children under 6 $6

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Carlton SENIOR LIVING

FREE PRESCHOOL

Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

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Patients are liable for urgent care services personally or thru insurance coverage

Clinic Hours: Monday - Friday 8:30am - 6:30pm
Saturday 8:30am - 2:30pm

2333 MOWRY AVE #300, FREMONT CA 94538

PHONE: 510-796-0222

WIN CASH PRIZES!

Friday Night at SACBC BINGO

5:00 pm DOORS OPEN – Flashboard games begin
6:30 pm 4 WARM-UP BINGO GAMES $150 prize
7:00 pm 15 REGULAR BINGO GAMES $300 - $400 prizes

FLASHBOARD GAMES pay as much as $1,199

WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church
32975 Alvarado Niles Rd, Union City t: 510-471-2581

B I N G O

38 Year Anniversary sale!

Bling happens

Let's make it happen for you!

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BINGO

Fraternal Order Of Eagles 1139

Thursday is - BINGO

Doors open 4pm
Games Start 6:30pm

More Info: 510 676-3314

21406 Foothill Blvd., Hayward

I need a Forever Home

Raven is all puppy at 9 months old! Rambunctious and happy-go-lucky, he's looking for an active family to take him on walks, hikes and other fun adventures. He likes other dogs and will quickly try to engage in play. He's neutered and ready to become a cherished family member. OK with teens. Meet Raven at the Hayward Animal Shelter.

Humo is a sweet, energetic 3 yr old Alaskan Husky. He needs an active family who'll help him burn off energy by taking him on walks and playing with him. He also needs enrichment tasks to help keep him calm and engaged. Neutered. OK with older kids. A family with Husky experience would be great. Meet Humo at the Hayward Animal Shelter.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson)
Hayward
Tuesday - Saturday1pm - 5pm

$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

Arts & Entertainment

It's A Date

CONTINUING EVENTS

Mondays, May 14 - Dec 30
English Conversation Group
1 p.m. - 2 p.m.
Practice spoken English in a friendly environment
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464

Fridays, May 17 - Oct 25
Fremont Street Eats
5 p.m. - 10 p.m.
Food trucks, beer, wine, music
Town Fair Plaza
39100 State St., Fremont
fremontstreeteats.com

Wednesdays, Aug 21 - Oct 30
Citizen Police Academy R
5:30 p.m. - 9:00 p.m.
Volunteers train to assist Newark Police
Newark Police Department
37101 Newark Blvd., Newark
(510) 578-4000
(510) 578-4352
beverly.ryans@newark.org

Saturdays - Sundays, Sep 1 - Oct 27
Nature Crafts
10 a.m. - 12 noon
Discover the natural world through your artistic side
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturdays - Sundays, Sep 1 - Oct 27
Wild Wonders
2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sundays, Sep 1 - Oct 27
Animal Feeding Time
10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Fridays, Sep 3 - Nov 5
Fremont Bridge Club
10 a.m.
Open stratified and newcomer games
Bronco Billy's Pizza - Irvington
41200 Blacow Rd., Fremont
(510) 438-0121
www.unit500.org

Sundays, Sep 8 - Dec 1
Family Friendly Matinee
3 p.m.
Dates: 9/8, 10/6, 11/3, 12/1
Made Up Theatre
4000 Bay St. Suite B, Fremont
(510) 573-3633
www.madeuptheatre.com

Mondays, Sep 9 - Dec 17
Advanced Math and Science Tutoring
6:00 p.m. - 7:30 p.m.
High school and college level help in math, physics and chemistry
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Mondays & Wednesdays, Sep 16 - Nov 4
Music for Minors II Training
9:15 a.m. - 11:45 a.m.
Learn to become a music volunteer
United Church of Christ
38255 Blacow Rd., Fremont
(510) 793-3970
(510) 733-1189

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Chicken and Bratwurst Combo
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Pulled Pork & Hot link Combo
Pulled Pork & Bratwurst Combo

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Farmers' Markets

CASTRO VALLEY:

Castro Valley Farmers' Market
Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers' Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers' Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market
Saturdays
10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers' Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center
Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro
Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro
Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers' Market at Great Mall Parking Lot
Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers' Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers' Market
Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers' Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/bookmobile
Times & Stops subject to change

Tuesday
4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday
12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct., FREMONT

Thursday
11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY
2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday
1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT
5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday
1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO
2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO
3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday
1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Mondays & Wednesdays, Sep 16 - Nov 4
Music for Minors II Training
6:45 p.m. - 8:45 p.m.
Learn to become a music volunteer
Proctor Elementary
17520 Redwood Rd., Castro Valley
www.musicforminors2.org

Mondays & Wednesdays, Sep 30 - Oct 23
Citizen's Police Academy R
6:00 p.m. - 9:30 p.m.
Learn what it takes to be a police officer
Milpitas Police Station
1275 N. Milpitas Blvd, Milpitas
(408) 586-2400
(408) 586-2526

Monday - Friday, Sep 30 - Nov 27
Resonance Exhibit
Upstairs: Mon-Fri, 9-5
Downstairs: Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Mixed media by 11 artists on their experiences with H.A.R.D.
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Thursday - Sunday, Oct 4 - Nov 2
On The Verge
12 noon - 5 p.m.
Photographs by Nancy Brown
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Fridays, Oct 4 - Oct 25
Toddler Ramble $
10:30 a.m. - 11:15 a.m.
Where Do Those Animals Live? Ages 1-3
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Monday - Friday, Oct 4 - Dec 6
Members Show
9 a.m. - 5 p.m.
Art by members of the Hayward Arts Council
John O'Lague Galleria
777 B St., Hayward
(510) 538-2787
www.haywardartscouncil.org

Tuesdays, Wednesdays, Thursdays, Oct 8 - Dec 3
Day of the Dead: A Celebration of Life
10 a.m. - 4 p.m.
Works by community artists and members of Hayward Arts Council
Sunset Gallery
22100 Princeton St., H2, Hayward
(510) 538-2787
www.haywardartscouncil.org

Wednesdays, Oct 9 - Nov 20
Caring for the Caregiver
10 a.m. - 12 noon
Home safety, sleeping well, stress reduction, end-of-life planning
No class 10/23 or 11/13
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Friday - Sunday, Oct 18 - Oct 27
Escape Room R
10/18, 10/25: 6:30 p.m. - 9:00 p.m. 10/19: 6:45 p.m. - 9:00 p.m. 10/27: 12:45 p.m. - 3:30 p.m.
Enter the secret lair of the Fremont Phantom! Free!
Crossroads Church
41386 Fremont Blvd., Fremont
(510) 651-0103
visitcrossroads.church/escape

Friday - Sunday, Oct 18 - Nov 17
Cabaret $
Fri - Sat: 8 p.m., Sun: 2 p.m.
German citizens and performers face the rise of the Third Reich
Opening night gala 10/18 @ 8 p.m.
Bargain night 10/19 @ 8 p.m.
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

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Friday - Sunday, Oct 18 - Nov 16
Day of the Dead Exhibit
11 a.m. - 5 p.m.
Works celebrating Dia de los Muertos
Artists reception 10/19
1 p.m. - 4 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050
sungallery.org

Sundays, Oct 20 - Oct 27
A Heart to Heart Seminar: For Girls R
3 p.m. - 5 p.m.
Discussion of puberty and the opposite sex
For girls ages 10-12 and their moms
Marina Community Center
15301 Wicks Blvd., San Leandro
(510) 577-6080
www.hearttoheart.stanfordchildrens.org

Mondays & Wednesdays, Oct 21 - Nov 20
Food Business Entrepreneurial Training R
6:30 p.m. - 8:30 p.m.
Free workshop: start and succeed in the specialty food business
Eden Church
21455 Birch St., Hayward
(510) 537-2710
nc.ecenterdirect.com/events/45700

Mondays & Wednesdays, Oct 21 - Nov 20
Food Business Entrepreneurial Training R
5:30 p.m. - 7:30 p.m.
Start and grow your own food business
Hayward Main Library
888 C St., Hayward
(510) 881-7980
(916) 234-6551

Friday nights
Laugh Track City $
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Saturday nights
8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

THIS WEEK

Tuesday, Oct 22
Medicare Education Session
1:00 p.m. - 2:30 p.m.
Changes to your plan and available options. Presented by Sourcewise
Barbara Lee Senior Center
40 North Milpitas Blvd., Milpitas
(408) 586-3400
www.mysourcewise.com
(408) 350-3200

Wednesday, Oct 23
Toddler Time
10:30 a.m. - 11:45 a.m.
Hear a story, do chores, meet farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Oct 23
Compassion Cultivation Training R
2 p.m. - 4 p.m.
Cultivating compassion for others
City of Fremont, Bldg. B
3300 Capitol Ave., Fremont
(510) 574-2035

Wednesday, Oct 23
Medicare & Open Enrollment
11 a.m. - 12 noon
Learn about the changes, benefits, costs for 2020
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Thursday, Oct 24
Select Committee on Hate Crimes
6 p.m. - 8 p.m.
Assemblymember Kansen Chu in an interfaith dialogue
Milpitas Unified School District
1331 E. Calaveras Blvd., Milpitas
(408) 635-2600
(408) 262-2501

Thursday, Oct 24
South Hayward Community Meeting
6:30 p.m. - 8:00 p.m.
Review Bidwell Park and El Rancho Verde Park master plans
Mission Hills Golf Course
275 Industrial Pkwy, Hayward
bidwell-ERV@haywardRec.org

Thursday, Oct 24
Halloween Safety Resource Fair R
3 p.m. – 5 p.m.
Senator Wieckowski hosts safety tips session
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

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www.DriversForSurvivors.org
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Education and Literacy Services
510-745-1480
www.aclibrary.org

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Friday, Oct 25 - Saturday, Oct 26

Haunted History at McConaghy House $R

7 p.m., 8 p.m., 9 p.m.

Tragic tales of local families, Victorina death traditions

McConaghy House
18701 Hesperian Blvd., Hayward
(510) 581-0223
haywardareahistory.org

Friday, Oct 25

Latino Business Roundtable

8:30 a.m.

Samantha Caygill, Public Affairs Manager from League of California Cities

Sherman L. Balch Pavilion - St. Rose Hospital
27190 Calaroga Ave., Hayward
www.hayward.org

Friday, Oct 25

Night Hike for Adults

6:30 p.m. - 8:30 p.m.

Bring flashlight and dress warm

Anthony Chabot Campground and Park
9999 Redwood Rd., Castro Valley
(510) 690-6677
(510) 544-3187
www.ebparks.org

Friday, Oct 25

Downtown Event Center and Plaza Groundbreaking

4:30 p.m. - 9:00 p.m.

Live music, street games, artists, entertainers, bounce house

Downtown Fremont
Capitol Ave. Between Fremont Blvd. & State St.
www.fremont.gov

Saturday, Oct 26

Stilt Walkers

12 noon - 12:30 p.m.

Improve your balance

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Oct 26

National Prescription Drug Take-Back Day

10 a.m. - 2 p.m.

Drop off expired, unused prescription drugs and medications

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900

Saturday, Oct 26

What's the Buzz About Bees

1 p.m. - 2 p.m.

Why bees are a farmer's best friend

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Oct 26

Fremont Area Writers

2:00 p.m. - 4:30 p.m.

Book designer/Publisher Andrew Benzie

42 Silicon Valley
6600 Dumbarton Circle, Fremont
cwc-fremontareawriters.org

Saturday, Oct 26

Halloween Double Feature $

7:30 p.m.

"The Call of Cthulhu", "The Cabinet of Dr. Caligari"

Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Oct 26

Bird Walk $

10 a.m. - 1 p.m.

Look for 40+ birding species. Ages 12+

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Saturday, Oct 26

Ohlone Village Site Tour

10 a.m. – 12 noon & 1:30 p.m. - 3:30 p.m.

.5 mile walk to a 2,000-year-old Ohlone village site

Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Oct 26

SAT Practice Test R

10:00 a.m. - 1:30 p.m.

Prep on types of questions faced on the actual exam

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Oct 26

Storytime with Janet McDonald

11 a.m.

Janet reads Frank Asch's "Popcorn"
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Oct 26

Bonus Storytime with Karen

11:30 a.m.

Karen reads "The Owl and the Pussycat"

Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Oct 26

Pop-Up Shop with Karen Chrysiliou

12 noon - 2 p.m.

Cards, journals, calendars, printed textiles

Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Oct 26

Double the Thrills and Chills

3 p.m. - 5 p.m.

Meet authors Jay Hartlove and Jerry Knaak

Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Oct 26

Discovery Day

11 a.m. - 4 p.m.

Science extravaganza with demos, experiments and activities

Cal State University East Bay
25800 Carlos Bee Blvd., Hayward
(510) 885-2572
(510) 885-2878

Saturday, Oct 26

National Make A Difference Day

8:00 a.m. - 11:30 a.m.

Join Keep Hayward Clean and Green Task Force

Annabelle's Candy
27211 Industrial Blvd., Hayward
www.hayward-ca.gov/haywardbeautiful
(510) 881-7745

Saturday, Oct 26

Walk to end Alzheimer's

8:30 a.m. Registration Opens, 9:30 a.m. Ceremony, 10:30 a.m. Walk

Support the vision of a world without Alzheimer's

Bishop Ranch
2600 Camino Ramon, San Ramon
(510) 777-9560
(408) 372-9918
act.alz.org/Eastbay2019

Saturday, Oct 26

Open Wide Our Hearts: Exploring Racism & Diversity R

9:30 a.m. – 12 noon

What is it to "Love Goodness/Walk Humbly With God?"

Dominican Center
43326 Mission Cir., Fremont
(510) 933-6360
http://bit.ly/2019OpnWdHrts

Saturday, Oct 26 - Sunday, Oct 27

Culture Food Festival $

9 a.m. - 11 p.m.

Asian cuisine, tech and art demonstrations, shopping, kids' play area

Southland Mall
312 Southland Mall Dr., Hayward
(510) 581-5498
https://www.eventbrite.com/e/the-most-exciting-cultural-and-food-festival-in-hayward-tickets-71305951019?aff=ebdssbdestsearch

Sunday, Oct 27

Apple Cider Pressing

11:30 a.m. - 12:30 p.m.

Squeeze juice for tasty drinks

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Oct 27

Cooking in Country Kitchen

11 a.m. - 1 p.m.

Sample food that was cooked on a wood-burning stove

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Oct 27

Wake Up the Farm

10:30 a.m. - 11:00 a.m.

Help prepare a snack for the sheep and goats

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Oct 27

Corn Husk Dolls

1:30 p.m. - 2:30 p.m.

Craft your own folk art doll of colorful husks

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Oct 27

Feeding Frenzy

2 p.m. - 3 p.m.

Help feed resident aquarium animals

Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Oct 27

Fremont Run 4 Education $R

9 a.m.

Run and family expo

Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
fremontrun4education.com

Sunday, Oct 27

Hello Dolly Sneak Peak

2:00 p.m. - 3:30 p.m.

Enjoy a scene from Douglas Morrisson Theatre's production, talk with actors

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Sunday, Oct 27

Art Fair

1 p.m. - 6 p.m.

Enjoy an afternoon of art, live music, snacks and raffle

Bronco Billy's Pizza - Irvington
41200 Blacow Road, Fremont
(510) 438-0121

Sunday, Oct 27

LeRoy Chatfield

12 noon - 4 p.m.

Former Cesar Chavez organizer talks about his book "To Serve the People"

Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Monday, Oct 28

Outdoor Discoveries: Sunol Spiders R

10:30 a.m. - 12 noon

Preschool and home school nature series. Ages 4-8

Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday, Oct 28

Eden Garden Club Fall Bazaar

9:30 a.m.

Plants, gardening items, books, crafts, baked goods

Hayward-Castro Valley Moose Lodge
20835 Rutledge Rd., Castro Valley
(510) 723-6936
(510) 397-1268

Monday, Oct 28

We Will Be Counted! Census 2020

7:00 p.m. - 8:30 p.m.
FAQ on the 2020 census
Fremont Main Library, Fukaya Room B
2400 Stevenson Blvd., Fremont
(510) 745-1467
https://events.aclibrary.org/event/5597234

New appointments at Silicon Valley Community Foundation

Liz Carey

Kimberly Myers Hewlett

George Lin

Chanthi Lune

Alex Tenorio

Submitted by Sue McAllister

Silicon Valley Community Foundation (SVCF) has appointed five new leaders in finance and operations, donor engagement, information technology, legal affairs and fundraising and business development.

Liz Carey has joined as executive vice president, finance and operations. Carey started at the foundation on October 7. For the past five years, Carey served as vice president and chief financial officer for the Oregon Community Foundation (OCF), where her responsibilities included developing and executing organizational strategy in respect to finance, fund management, investments, operations, trust administration and technology.

Kimberly Myers Hewlett will join as senior vice president for donor engagement. Myers Hewlett will join SVCF on November 11 and will lead the team that helps SVCF's donors make an impact on the social issues they care most about through their philanthropy. Myers Hewlett comes to SVCF from Stanford University, where she most recently served as associate director of corporate and foundation relations for Stanford Medical Center.

George Lin has joined the organization as senior vice president for information technology. Lin began work with SVCF on September 16. Lin is a five-time public company CIO who's spent nearly 30 years enabling client success in the enterprise/cloud software, semiconductor, consumer electronics and financial services industries.

Chanthi Lune has begun work as SVCF's first senior vice president for legal affairs. Lune joined SVCF on September 3. She is a finance, investment and legal professional with more than 15 years of experience. Lune began her career working in private wealth management at several Wall Street firms, including Morgan Stanley Smith Barney.

Alex Tenorio has been appointed executive vice president, fundraising and business development. Tenorio joined SVCF on October 17. Most recently, Tenorio served as chief development officer at Menlo School, an independent college preparatory school in Atherton.

SVCF advances innovative philanthropic solutions to challenging problems, engaging donors to make our region and world better for all. Learn more at siliconvalleycf.org.

Hayward native supports U.S. Navy half a world away

Submitted by Mass Communication Specialist 1st Class (SW) David Wyscaver and Mass Communication Specialist (SW) Jeffery Tilghman Williams

A 2009 Mount Eden High School graduate and Hayward native is providing a critical maintenance capability to the U.S. Navy's submarine force in the Pacific as part of a hybrid crew of sailors and civilian mariners working aboard the expeditionary submarine tender, USS Frank Cable.

Petty Officer 2nd Class John Villanueva is a hospital corpsman aboard the Guam-based submarine tender, one of only two such ships in the U.S. Navy. The Frank Cable and its crew provide maintenance and resupply capabilities both in port and at sea. A Navy hospital corpsman is responsible for testing a variety of laboratory specimens and aiding with emergency response during emergency situations.

Villanueva credits success in the Navy to many of the lessons learned in Hayward. "I learned the importance of being organized and meeting deadlines," said Villanueva. "Structure is important to have a foundation to build upon."

Though there are many ways for sailors to earn distinction in their command, community, and career, Villanueva is most proud of taking part in the Pacific Partnership mission where they provided humanitarian aid to a lot of different countries. "I enjoyed being able help others and provide medical care," said Villanueva.

Honor Roll

Knox Community College, Illinois
Fall 2019 new enrollee
- Thao Luong, Fremont
- Tanay Singh, Fremont

Giant pumpkin weighing nearly 1 ton sets California record

AP Wire Service

A Northern California pumpkin hobbyist has won first place at the 46th annual Safeway World Championship Pumpkin Weigh Off, setting a record for the largest in California.

Leonardo Urena of Napa won $15,000 Monday when his pumpkin logged 2,175 pounds (986 kilograms).

Weigh-off spokesman Timothy Beeman says Urena's pumpkin is the second largest in the contest's history. A pumpkin from Washington state weighed nearly 2,400 pounds (1,088 kilograms) and won in Half Moon Bay in 2017.

The 51-year-old says he took up the hobby in 2000 and says he enjoys the pumpkin growing community. He also won the Half Moon Bay contest in 2011.

Urena says he always tells his pumpkins he's proud of them and he encourages them to keep growing.

Wednesday, Oct 30
Hyve Solutions Job Fair
9 a.m. - 4 p.m.
Temporary positions available
Fremont Marriott
46100 Landing Pkwy., Fremont
(510) 413-3700
hyveHR@HyveSolutions.com

Friday, Nov 1
Great Russian Nutcracker $
7 p.m.
Presented by the Moscow Ballet
Chabot Performing Arts Center
25555 Hesperian Blvd., Hayward
(510) 723-6976
(800) 320-1733

Saturday, Nov 2
Hilltop Gala $R
5:30 p.m.
Dinner, live music, dancing, live auction to benefit academic core buildings
Ohlone College Administration Bldg.
43600 Mission Blvd, Fremont
(510) 742-2304
www.ohlone.edu/hillt

Classifieds Deadline: Noon Thursday
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Electrical Engineer (Req# IIC1266) in Hayward, CA. ID, design & improve electrical sys & its sub-sys in products. Req Master's. Send resumes to Illumina, Attn: SD122440, 5200 Illumina Way, San Diego, CA 92122. Must ref title & Req#.

Director of Global Business Finance sought by PONY.AI, INC. in Fremont, CA to lead the co. acctg functions & direct fin'l activities. Reqmts: Master's Deg. (or foreign equiv) in Acctg, Finance, or Bus. Admin, & 5 yrs exp in finance-rltd occupation. Must have Chartered Financial Analyst (CFA) license, & Certified Public Accountant (CPA) license from CA state. Mail resume to PONY.AI, INC., Attn: HR Job #DG, 3501 Gateway Blvd, Fremont, CA 94538.

Software Engineers (multiple openings) sought by PONY.AI, INC. in Fremont, CA to dsgn s/ware for autonomous vehicles. Reqmts: Master's Deg. (or foreign equiv) in Comp. Sci, Computational & Mathematical Engg, or rltd field, & 1 yr exp in job offrd or in a computer-rltd occupation. Reqs education or exp w/: 1. C++ or Python skill; 2. GPU Computing (CUDA & OpenMP); 3. Exp w/ large-scale machine learning systems; 4. Exp w/ computer vision. Mail resume to PONY.AI, INC., Attn: HR Job #SE9, 3501 Gateway Blvd, Fremont, CA 94538.

OSO Ventures, Inc. has multiple openings at multiple levels.

Software Engineers (#001): Anlyz usr needs to custmz s/w sols; Condct feasblty anlysis; & Asist to dvlp custm s/w prgms & prov s/w suprt.

Software Engineers (#002): Dsgn, dvlp & implmnt s/w sols; Prov tchncl dirctn for dvlpmnt, enhncmnt & mntnce of s/w systms; & Arch, dsgn & creat tchncl dsgn docs.

Software Engineers (#003): Dsgn, dvlp, enhnc, dbug, suprt, mntn & tst s/w apps; Asist w/ intgrtn of s/w apps; & Trublshoot data isus, valdte rsult sets, & recmnd/implmnt procs imprvmnts.

Programmer Analysts (#004): Gathr & anlyz usr rqmnts to custmz s/w sols; Tst & implmnt sols; & Prov tchncl suprt for dlvry of custm sols.

Programmer Analysts (#005): Anlyz, dfne & doc rqmnts for data, wrkflw, logcl procses & intrfcs w/othr systms; Convrt dsgns & specs into tchncl sols; Mntr perfmnc of prgms aftr implmntn; & Prov dsgn, dvlpmnt, tst & prod suprt.

Programmer Analysts (#006): Prov asistnce to eval systm rqmnts; Frmulat systm dsgn procdrs & qualty stds; Instl, mdfy & mntr s/w prgms; & Asist w/sugstn of imprvmnts to exstng systms.

All positions may req travel &/or relocatn to var unanticipated client locatns thruout USA. Job Site: Newark, CA & var unanticipated client locatns thruout USA. Resumes w/Job Code: HR, 39899 Balentine Dr., Ste 200, Ofc 217, Newark, CA 94560. See: www.osoventuresinc.com

FREE PRESCHOOL

Fremont Unified School District offers
FREE preschool for income-eligible families.
The income limits have been raised recently and more families are qualifying.
Children must be 3-5 years old and toilet trained.
It's a 3-hour class, 5 days per week.
Openings now and throughout the school year.
For information: 510-659-2579 or preschool@fremont.k12.ca.us

Futuris Automotive (US) Inc., an Adient company, is seeking Technical Managers for its Newark, CA location to direct & coordinate work activities & resources for manufacturing products in accordance to cost, quality, & quantity requirements; & lead engineering & maintenance teams to deliver production process definition control & facility maintenance for company manufacturing processes, including JIT (Just In Time) assembly, welding, foaming & interiors; design & develop safety sys, processing methods, layouts, & material flow; provide continuous improvement support & drive standards for company's global production manufacturing processes. To apply, mail resume to: HR/VL, Futuris Automotive (US) Inc., 6601 Overlake Place, Newark, CA 94560. Must Reference Job Code: TM-GK when applying. EEO

TOP FLIGHT GYMNASTICS
www.topflightfremont.net
* Recreational & Competitive Gymnastics
* Preschool, Toddler & Developmental Classes
* Birthday Parties
Ninja Classes
OCTOBER EVENTS
Flight Night Oct. 26th 5pm-9pm
Has your child ever wanted to be a Ninja Warrior? Top Flight is proud to introduce our new **Ninja Zone** program! These classes offer influences from parkour, free running, martial arts, and obstacle courses to improve agility, balance, and strength.
5127 Mowry Avenue
Fremont, CA, 94538
510-796-FLIP
Try a FREE Class Today!

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Janet L. Laney, D.C.
510-792-9000
6170 Thornton Ave., Suite H
Newark (near Haller's Pharmacy)

22 VETERANS DIED TODAY BY SUICIDE
VETERANS Crisis Line
1-800-273-8255 PRESS 1
SAVE JUST ONE
TEAM AMVETS SUICIDE PREVENTION
AMERICAN VETERANS AMVETS

SPORTS

Table Tennis

Joola Winter Open scheduled for Milpitas

Submitted by Rajul Sheth

A four-star tournament sanctioned by USA Table Tennis, is scheduled for November 8-10 at the India Community Center's Table Tennis Center in Milpitas. Over $5,000 of cash prizes are at stake in this high-level contest. The 20,000 square foot facility is International Table Tennis Federation approved and features excellent amenities for players and spectators.

Joola Winter Open
November 8-10
ICC Table Tennis Center
1507 N. Milpitas Blvd, Milpitas
408-945-9556
http://www.indiacc.org/tabletennis

Cougars Report

Submitted by Timothy Hess

Champions of Character

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week:

Volleyball:

Varsity- Kailah Nakanishi
"she motivates everyone to get better."
Junior Varsity- Fiona Lei
"Passionate about getting better."

Water Polo:

Successful senior night (October 16) for Newark Memorial (NM) vs Moreau Catholic (Hayward)
NM Varsity Girls 17 Moreau 1
NM Varsity Boys 9 Moreau 7
NM JV Girls 9 Moreau 4
NM JV Boys 9 Moreau 7

Football

Mariners JV goes airborne to defeat Titans JV

Submitted and photos by Mike Heightchew

The Moreau Catholic Mariners (Hayward) Junior Varsity team beat the John F. Kennedy Titans 44-20 on October 18th, but not without challenge. The powerful ground game of the Mariners posed enough threat that defensive backs of the Titans were forced to help their linemen and become vulnerable to a pass attack that resulted in scoring that was insurmountable. Although the Titans were able to put points on the board and show offensive power, there was just too much to overcome.

Football

Mariners sail past Titans, Colts confrontation next

Submitted and photos by Mike Heightchew

The Moreau Catholic Mariners (Hayward) beat the John F. Kennedy Titans (Fremont) 34-0 on October 18th to hold on to their 4-0 record in league play, setting the stage for an epic Mission Valley Athletic League battle on October 25th with the James Logan Colts (Union City) who also have a 4-0 record.

The Mariners started with a ground game that opened holes in the Titans' defense producing a 14-0 lead at the end of the first quarter of play. In response, the Titans began to build momentum until dropped balls led to momentum shift back to the Mariners. By the end of the first half, the score was 21-0 and although the Titans defense stiffened in the third quarter, but a sustained Mariner passing attack in the last quarter ended any threat. Final score: Mariners 34, Titans 0.

Chabot College Disabled Student Programs and Services

Submitted by Guisselle Nunez

At any college, student success sets the bar. Colleges want their students to complete their educational goals, regardless of if those goals include finishing a continuing education program, trade, associate degree or transfer. But for some students, success hinges on their ability to receive reasonable accommodations to assist with learning and retaining classroom information. At Chabot College, the Disabled Student Programs and Services (DSPS) department/Disabled Student Resource Center (DSRC) facilitates student needs to help them achieve their dreams.

Many assume programs and services are available only to those with severe learning challenges, but any student with documented evidence of disability is eligible. For students with a variety of disabilities, arrangements can be made for extended test times or tests to be administered in a quiet room where distractions are at a minimum. Students in wheelchairs are provided with adjustable desks to fit their chair, and students with different mobility challenges have access to transportation between classes and to and from their car or ride service. Additionally, students with visual impairments can arrange for recording devices to use in class, textbooks to be converted to audio books and equipment that will enlarge text to a size they can easily read. These are just some of the many accommodations DSPS provides.

"We focus on the whole spectrum—everything from physical disability, cognitive function, communicative, psychological and learning disability—both visible and invisible," said Chabot's DSPS Director Nathaniel Rice. "We want to increase perception, reception, utilization and completion."

According to Director Rice, last year Chabot's DSPS served 1,155 students with nearly 38 percent having a learning disability and 16 percent needing accommodations from a psychological disability. However, Chabot and others colleges only document a student's primary disability, whereas students with multiple challenges—like a recent graduate who was both visually and hearing impaired—would only be reported one way, which makes it difficult to provide an accurate number of services provided. Regardless of impairment, Chabot strives to meet the needs of any student who requires the department's assistance and employs three counselors trained to complete student assessments and student educational plans (SEP) that allow individuals to pursue their goals. Accommodations include provisional, or short-term accommodations provided before a disability is documented; temporary, which are provided to students who may need assistance for a short period of time (for example, if they break their arm and need assistance taking a test); and permanent accommodations provided for the entire duration of a student's time at Chabot.

"ASL Interpreting," said Rice, "is the biggest part of our budget. Most of the programs have a cap on the number of DSPS students they will serve, but we have no cap. We could have 200 blind students through our doors next week. Providing accessibility services is an ADA mandate and the funding we get from the state is given to help cover that. If extra costs incur it would be up to the college to cover it."

Rice encourages all students with need to take advantage of the programs and services available to them, because utilizing accommodations has proven to greatly increase student success. According to him, about 20 percent of the population has a disability of some kind, and although not all people need accommodations, those who want assistance should utilize the opportunities available to them to maximize their success in college.

Chabot College Disabled Student Resource Center, Building 2400
25555 Hesperian Blvd., Hayward
(510) 723-6725
http://www.chabotcollege.edu/dsrc/

What does the Newark Chamber of Commerce do for Our Community?

- We actively promote our wonderfully unique community, all year long!
- We help our businesses with a support network that aids their success. When our local economy is healthy & strong, our community thrives.
- We represent the interests of our business community to government – giving input that helps our decision-makers make sound decisions that are good for business & for the community.
- We partner & collaborate with others sharing common goals, by building strong connections & relationships that support our quality of life.
- AND…when YOU have questions and don't know who to call…We usually have answers! The Chamber is a great resource for information. We are connected and we love to help you connect to get just what you need.
- How do we do this? It is the voluntary investments of our Members - businesses, non-profits, local & regional agencies that make this possible. Show YOUR support when you buy, when you eat out, when you select healthcare, legal, financial & other professionals; and, when you donate & when you volunteer. **Choose a Chamber Member.** They support you!

FIND a list of Newark Chamber Members and much more, online at

www.Newark-Chamber.com

510.578.4500

NEWARK CHAMBER OF COMMERCE

Park It

By Ned MacKay

Halloween is on Thursday, October 31. In anticipation, the East Bay Regional Park District is staging several Halloween-themed programs leading up to it. At Coyote Hills Regional Park in Fremont, it all starts with a Halloween edition of Discovery Days from 11:00 a.m. to 3:30 p.m. Saturday, October 26, and Sunday, October 27. This is a family-oriented program of nature exploration and craft making. Come either day to meet some creepy crawlers.

Coyote Hills also plans a Halloween twilight hike from 5:30 p.m. to 8:30 p.m. Saturday, October 26. Visitors can don their costumes and roam Coyote Hills in search of goblins, witches and ghosts, while learning about the ancient origins and modern traditions of Halloween. Then return to the start for treats and a campfire story.

Coyote Hills is at the end of Patterson Ranch Road, off Paseo Padre Parkway. There's a parking fee of $5 per vehicle; Halloween programs are free. For details, call (510) 544-3220.

Nearby Ardenwood Historic Farm offers the Haunted Railroad, a family-friendly, non-scary train ride through the woods, during which live actors portray silly characters. Designed for families with children under 12, the Haunted Railroad will run at various times starting at 7 p.m. Friday, October 25, through Sunday, October 27. It's a fundraiser for the nonprofit Railroad Museum at Ardenwood.

Tickets can be bought online at www.Eventbrite.com. Search for "Haunted Train." The cost is $12 for ages 3 and up, free for kids ages 2 and under. One caveat: Check online before attending; the Haunted Railroad is popular, and many time slots are already sold out.

Ardenwood is at 34600 Ardenwood Boulevard, just north of Highway 84 in Fremont. For information, call (510) 544-2797.

"All treat, no tricks" is the promise of an All Hallows Hike from 6 p.m. to 8 p.m. Sunday, October 27 at Sunol Regional Wilderness in southern Alameda County. Naturalist Ashley Adams will lead a family friendly trek in search of some not-so-creepy Halloween creatures.

Sunol Wilderness is at the end of Geary Road, off Calaveras Road about 5 miles south of I-680 and the town of Sunol. Meet at the visitor center. For details, call (510) 544-3249.

Out at Big Break Regional Shoreline in Oakley, visitors can make their own Delta mammal masks during a program from 2 p.m. to 3 p.m. Saturday, October 26, then join in a Halloween parade to show off their costumes.

Big Break is at 69 Big Break Road, off Oakley's Main Street. For information, call (888) 327-2757, ext. 3050.

They aren't specific to Halloween, but a couple of interesting programs are coming soon at Black Diamond Mines Regional Preserve in Antioch.

"Wild Dogs of Black Diamond" is from 9 a.m. to 11 a.m. Saturday, October 26. The wild dogs are our seldom-seen park companions: coyotes and foxes.

Then from 12 noon to 3 p.m. Sunday, October 27, join the naturalist to learn about some of the park's not-so-creepy critters and make a craft to take home. The schedule calls for snakes at 12 noon, bats at 1 p.m., owls at 2 p.m., and tarantulas at 3 p.m.

Both programs meet in Black Diamond's upper parking lot at the end of Somersville Road, 3½ miles south of Highway 4. Black Diamond has a parking fee of $5 per vehicle when the kiosk is staffed; programs are free. For details, call (510) 544-2750.

And there's more: Naturalist Susan Ramos plans two night hikes in search of nocturnal animals, one hike for adults only and one for families.

The hike for adults is from 6:30 p.m. to 8:30 p.m. Friday, October 25, at Anthony Chabot Regional Park. Meet at the Bort Meadows trailhead on Redwood Road between Oakland and Castro Valley.

The family hike is from 6:30 p.m. to 8:30 p.m. Saturday, October 26, at Redwood Regional Park. Meet at Canyon Meadow, end of the road leading into the park from Redwood Road in Oakland.

For either hike, bring a small flashlight and dress warm. There are restrooms about a quarter-mile from each trailhead. For more information, call (510) 544-3187.

There are all sorts of non-scary activities to enjoy in the regional parks. Check the park district website, www.ebparks.org. Whatever way you spend it, have a safe and happy Halloween.

Football

Mariners sail past Titans, Colts confrontation next

Submitted and photos by Mike Heightchew

The Moreau Catholic Mariners (Hayward) beat the John F. Kennedy Titans (Fremont) 34-0 on October 18th to hold on to their 4-0 record in league play, setting the stage for an epic Mission Valley Athletic League battle on October 25th with the James Logan Colts (Union City) who also have a 4-0 record.

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Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Safe at Home Program

Submitted by Katelin Van Deynze

Governor Newsom recently signed Assembly Bill (AB) 800 by Assemblymember Kansen Chu (D-San Jose), which will protect the identity of survivors of domestic and other violent crimes who participate in the Secretary of State's Safe at Home Program when filing civil court documents. The Safe at Home program allows survivors of domestic assault, sexual assault, stalking, and other specific crimes to apply for a substitute address to protect them from the perpetrators.

However, currently when a participant files civil court documents, which include their name, addresses, and other identifying information, this information is public record, revealing their location to their assailant or potential assailants. AB 800 protects participants by allowing them to use a pseudonym and closes a loophole that would have allowed identifying information to be revealed through the court process.

"AB 800 will protect the identities of survivors of domestic violence and sexual assault and will allow them to access the civil justice system without fear of future violence," said Chu. "Currently, there is a gap in protections because civil court filings are public records, which reveals participants' name and identifying information to their assailants. This often means that survivors of violent crimes are too fearful to access the civil court system. The protections in AB 800 will provide many their day in court without fear that an assailant may find them through public records. I want to thank the governor, my legislative colleagues, the sponsor, and advocates for their support of this life-changing legislation."

AB 800 is sponsored by Calegislation, which helps survivors of domestic violence, sexual assault and stalking.

Milpitas City Council

October 15, 2019

• Pledge of Allegiance was led by the Girl Scouts

Consent Calendar:

• Accepted the Americans with Disabilities Act (ADA) Curb Ramp Transition projects.

• Authorized agreement between the City and Santa Clara Valley VTA for 2016 Measure B State Route 237 Near Term Improvement Project.

• Approved the Travel Policy regarding reimbursement of expenses for elected officials.

• Authorized agreement with OpenGov, Inc. for budget performance software and consolidation of Management Reporting' and 'Open Town Hall' software.

• Appoint Casey McNeil as the Technology and Trade Representative to Economic Development and Trade Commission.

Public Hearings:

• Adopt an amendment to Planned Unit Development (Spinnaker Pointe Apartments) allowing a change in roof materials for all buildings, including carports, at 231 Dixon Landing Road.

• Introduced an ordinance amending Municipal Code relating to assembly and other non-industrial uses in the M2 Heavy Industrial Zoning District.

• Adopted an Urgency Ordinance relating to a rent review program and tenant protection.

• Adopted an Urgency Ordinance relating to just cause eviction protection for tenants.

Leadership and Support Services:

• Approved a Debt Management Policy.

• Authorized the sale and issuance of 2019 Wastewater Revenue Bonds to finance the acquisition, construction, and improvement of Wastewater system.

Rich Tran (Mayor)	Aye
Karina Dominguez (Vice Mayor)	Aye
Carmen Montano	Aye
Bob Nunez	Aye
Anthony Phan	Aye

Fremont city council

October 15, 2019

Announcements:

• Fremont Finance Department, Revenue Division won 2019 Lighthouse Award from the California Municipal Revenue and Tax Association.

• City Plaza and Downtown Event Center groundbreaking scheduled for October 25 at 4:30 p.m.

• Overview of City's efforts during PG&E power shutdown.

Consent calendar:

• Second reading and adoption of an ordinance regarding solid waste, recyclables and organics management.

• Second reading and adoption of an ordinance to establish a mobility commission.

• Authorize a professional services agreement with trailpeople to prepare the Fremont trails strategy plan, in an amount not to exceed $230,000

• Approve agreements for on-call traffic counting services with quality counts, llc and quality traffic data, llc

• Authorize a public highway at-grade crossing agreement with union pacific railroad related to the nursery avenue safety improvement project.

• Approve final map, agreements for construction of private street improvements, and dedication of public easements, located at 45300 Fremont Boulevard (innovation village phase 2).

• Authorize task order no. 8 to the joint powers agreement with the Newark unified school district for the provision of substance use disorder treatment services, individual counseling, why try groups, crisis response, case management, truancy intervention for at-risk youth and youth on probation at designated school locations and youth & family services clinic. Family support services, working wellness team services, and sparkpoint Fremont will be provided at the family resource center

• Accept the terms to receive the state homeland security grant for the purchase of an air boat for water rescue.

• Authorize participation in the California department of justice tobacco grant program, accept and appropriate grant funds for FY 2019/20.

• 2019 California building standards codes adoption - public hearing to introduce and consider ordinances and findings adopting and amending the 2019 California building standards codes.

Public communications:

• Comments on Bicycle Master Plan and the need for protected bike lanes.

• Comments opposing AB 967 (liquid cremation)

• Speakers questioned BACS administration of homeless navigation centers.

• Thank You for Vision Zero actions.

• Complaints about restriping and parking on Rancho Arroyo Parkway.

• Awareness of National Domestic Violence Month (October).

Scheduled items:

• Hundal subdivision appeal - 45089 cougar circle - public hearing. CONTINUED TO 12/10/19

Other business:

Fiscal Year 2018/19 year-end update - presentation of year-end results for FY 2018/19 and recommended fund balance allocations. General Fund has $14 million unreserved fund balance. Mid-Year Budget Review March 3, 2020.

Council referrals:

Councilmember Bacon referral: request to have staff investigate possible endorsement of Schools and Communities First Act.

Mayor Lily Mei	Aye
Vice Mayor Raj Salwan	Aye
Vinnie Bacon	Aye
Rick Jones	Aye
Teresa Keng (District 1)	Aye
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye

Hayward City Council

October 15, 2019

Presentations and Proclamations:

• Bishop J.W. Macklin recognizes Glad Tidings International Church's recognition of "A Salute to Community Heroes." 2019 honorees include Pastor Chuck Horner of Calvary Baptist Church and former Hayward Police Department Captain Sheryl Boykin

• Council recognizes change of meeting venue to satellite location of the Matt Jimenez Community Center as city effort to better connect the community and raise awareness of ongoing urban development projects along Tennyson Road

• Recognize efforts by the City of Hayward in partnership with the South Hayward Youth and Family Center to raise funds and awareness in efforts to aid underserved youth and drive civic engagement

Public Hearings:

• Presentation made by representatives of East Bay Community Energy calling for city-wide awareness and action against the deregulation of using and selling ethanol-laced gasoline over environmental and health concerns

• Hearing various complaints and concerns from Hayward citizens regarding Section 8 housing complaints and the increase of rent in neighborhoods surrounding south Hayward and Ruus Road.

Consent Calendar:

• Work session hearing regarding acceleration of statewide minimum wage in the City of Hayward per report from City Manager Kelly McAdoo

• Public hearings from Hayward residents voicing approval and disapproval of raising the city minimum wage to $15/hr.

• Work session regarding feasibility analysis for residential fees and Park Impact Fee Nexus Study Report from Development Services Director Laura Simpson

City Councils Matters:

• Introduction of ordinance related to vacant properties and adoption of a resolution amending the Master Fee schedule to include fees related to the Vacant Property Ordinance

• Report from Development Services Director Laura Simpson

• Authorize an Agreement with Tyler Technologies Inc and SoftResources LLC in the amount of $624,732 to increase the project budget to $814,732. PASSED 6-1 (Nay, Wahab)

Legislative Business:

• Introduce an ordinance amending Master Fee Schedule to include fees related to vacant property.

Council Referrals:

• From Wahab and Salinas to become an Education City and hold joint school board and city council meetings on a regular basis. PASSED 5-2 (Nay, Mendall, Lamnin)

Mayor Barbara Halliday	Aye
Francisco Zermeno	Aye
Al Mendall	Aye, 1 Nay
Sara Lamnin	Aye, 1 Nay
Elisa Marquez	Aye
Aisha Wahab	Aye, 1 Nay
Mark Salinas	Aye

OPINION

William Marshak

Balls and Strikes

A baseball game fields nine players defending a field of play against batters and baserunners of an opposite team who attempt to move from home plate through three bases and back to home plate again. A ball is thrown between a pitcher and catcher, successfully (strike) or unsuccessfully (ball), attempting to elude a batter who tries to hit the ball within field boundaries or over an ultimate boundary. A group of umpires and referees determine if play is consistent with the rules of the game. The process and eventual outcome are the result of skill and knowledge, mixed with opportunity and, to some degree, luck.

In all sports, a special group of people study the rules of a game and act as ultimate arbiters of whether they are being correctly followed. It isn't always clear when rules are broken, so if someone is asked to make a judgement call that can have extreme consequences, deciding the outcome of a contest, it is important to have a high level of confidence in the knowledge and expertise of those individuals. As the stakes increase, outcomes become highly scrutinized and subject to interpretation. Not everyone agrees with all decisions, but it is understood that without constraints, decisions would be argued indefinitely and deferred without resolution. The result would be chaos.

Our entire system of government is based on the same principle… rules and procedures are essential. They depend on reasonable expectations observed by a majority, subject to appeal with cause and consequences if broken. From an ordinance at the municipal level through every layer of public administration, the rule of law and stated process is designed to give guidance to the general population and a sense of order; the bedrock of our society. In order to give the public confidence in the results of deliberations, a clear and understandable process is important. In order to achieve this, public meetings and hearings are held to weigh arguments of interested parties. Without adequate input, the process degenerates into ideological corridors of power.

The public has an obligation to pay attention to the issues and concerns raised by fellow citizens and deliberative bodies. It may be that some issues have little immediate direct impact on residents, but even small, indirect concerns have a way of accumulating and aggregating to become consequential. The same can be said for our politicians, especially at the local level. Along with the power to make and modify rules and regulations, our elected representatives and their staff have an obligation to understand existing guidelines and consider requested and necessary modifications. It is incumbent on the electorate to assess the sincerity and capacity of those entrusted with this responsibility.

Recently, a special board meeting was held by the Alameda County Water District (ACWD) to consider an opportunity to purchase, singly or in partnership the 50,500-acre N3 Cattle Ranch in Livermore. Board members are being asked to consider a major purchase that can impact water supply, quality and storage. Impacts of such a transaction could have a major effect on supplies, district prioritization, rates and debt. Although currently under study, this is the type of key decision that depends on the expertise of our elected representatives and public interest to assure a rational and fiscally responsible outcome. The public is being asked to scrutinize, comment and help judge the viability and wisdom of a major decision. Although there may be no way to know whether this is a future ball or strike, it is now on our field of play.

William Marshak
Publisher

HOA fair elections bill signed into law

Submitted by Jeff Barbosa

A bill by Sen. Bob Wieckowski (D-Fremont) to enable better oversight of elections at California's more than 50,000 homeowner associations (HOAs) was signed into law October 12 by Gov. Gavin Newsom. SB 323 will rein in boards that have disenfranchised homeowners across the state and add other requirements to ensure fair elections.

"Millions of Californians live in homeowner associations and some of them are well run by elected boards and management firms," said Wieckowski, a member of the Senate Housing Committee. "But in far too many HOAs, the boards have disenfranchised homeowners with minor violations and disqualified others from even running for a board seat. "The boards wield enormous power and these abuses should not be tolerated. I applaud Governor Newsom for signing SB 323 to put in place measures that will lead to fair and open elections."

The bill limits the power of incumbent boards to set arbitrary "qualifications" for homeowners wanting to run for a board seat. It requires that an inspector of elections be a neutral third party and that ballots be counted in an accessible location. It also gives guidance to the courts hearing challenges to election procedures and results.

"It is vital that association elections be governed under the democratic principles of SB 323," said Cassandra H.B. Jennings, president and CEO of the Greater Sacramento Urban League. "Too often incumbent boards have ignored, violated, or undermined the California laws governing association elections in the same way that numerous states have undermined the Voting Rights Act of 1965. We believe SB 323 makes it harder for associations to manipulate HOA elections and goes a long way toward restoring confidence in this essential democratic process."

The measure is supported by the Center for California Homeowner Association Law, the California Alliance for Retired Americans, the Nonprofit Housing Association of Northern California, the Greater Sacramento Urban League and the American Civil Liberties Union.

Wieckowski represents the 10th District, which includes southern Alameda County and parts of northern Santa Clara County.

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ADJUDICATION:
What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE®™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

Subscribe
Call 510-494-1999

510-494-1999
fax 510-796-2462
39737 Paseo Padre Parkway, Fremont Ca 94538
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Resident of Fremont
October 15, 1924 – October 3, 2019
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Resident of Fremont
September 22, 1940 – October 2, 2019
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Resident of Union City
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Resident of Newark
October 3, 1940 – September 21, 2019
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Eldon "Colonel" Cordoza, Jr.
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February 27, 1933 – October 17, 2019

Shirley Buschke
Resident of Newark
July 30, 1923 – October 17, 2019

Marc Weideman
Resident of Fremont
July 26, 1954 – October 17, 2019

Gregory Arechiga
Resident of Discovery Bay
January 31, 1966 – October 14, 2019

George Bastida
Resident of Stockton
January 1, 1935 – October 13, 2019

Jessie Flores
Resident of San Jose
January 6, 1963 – October 12, 2019

Daniel Mullen
Resident of Fremont
December 30, 1952 – October 11, 2019

Charles Carlino
Resident of Union City
October 13, 1933 – October 10, 2019

Usha Iyer
Resident of Fremont
September 18, 1949 – October 9, 2019

Rajesh Singh
Resident of San Jose
April 17, 1975 – October 8, 2019

Eliseu Nunes
Resident of Newark
October 18, 1947 – October 5, 2019

Chandrashekhar Barde
Resident of Sunnyvale
June 1, 1933 – October 3, 2019

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Obituary

Angelita R. Ybarra

Resident of Union City

September 27, 1925 – October 15, 2019

Angelita R. Ibarra was born on September 27, 1925 in Pearsall, TX and passed away on October 15, 2019 in was an active parishioner of Our Lady of the Rosary Catholic Church. She also belonged to Our Lady of Fatima Ministry along with Lilie Martinez. In her lifetime, she worked hard to help support her family, enjoyed going out dancing with friends, and spend lots of time in the kitchen cooking for her family. She is survived by her beloved grandchildren Selina, Michael (Brittany), and Gabriel Lieba. Preceded in death by her husband Cliofas Ybarra and daughter Diana Lieba.

Thank you for thinking of our family during this difficult time. We truly appreciate the support and warm words of comfort.

Visitation will be held from 5:00 – 8:00 PM on Monday, October 21, 2019 with a Vigil at 6:30 PM at Our Lady of the Rosary Catholic Church, 703 C St, Union City. Funeral Mass will be held at 10:00 AM, Tuesday, October 22, 2019, Our Lady of the Rosary Catholic Church, 703 C St, Union City. Burial to follow at Holy Sepulchre Cemetery, 26320 Mission Blvd., Hayward.

Fremont Chapel of the Roses
510-797-1900

Donald Burton Parkhurst

January 15, 1928 – October 9, 2019

Donald Parkhurst, AKA Parky was born in Watertown, Massachusetts on 1/15/1928, during the Great Depression. He was a First Sergeant in the US Army during the Korean War. After the war he studied Theology at Walla Walla College, where he met and married his first wife Virginia Bergman, raising 4 children; Martin, Helen, Daniel and Gordon.

His early career was spent as a schoolteacher and laboratory technologist. Later he pursued his side interest as a cartoonist, becoming friends with the Greats such as Charles Schultz and Lyman Young. While living in Fremont CA he had a weekly cartoon strip called "The Yolks on Us", as well as many other published political cartoons and articles published in the Bay Area,

Pursuit of his Master's Degree in History with California State Hayward changed his life. His research led him to publish a book, (available on Amazon) "The Road Almost Taken" about the early movie industry in Niles California, pre-Hollywood and the Essanay motion picture company. The book was filled with original contributions and interviews with Fremont residents who lived near the old studio between 1912 and 1916 and they are named in his book. For this he was nominated for The Ray Billington award and inducted into the Who's Who Historical Society as an "illustrious biographer for exceptional achievement, leadership and service." He lectured in the area and played an integral role in the restoration of Niles old trolley cars.

He married Marion Baumann and together traveled to Israel under the tutelage of the Hebrew University continuing to pursue his interest in ancient history and archaeology, running his fingers through the sands of time and excavating artifacts at his own dig at Herodias. He linked the distant past of the Roman Empire with his interest in American history, melding them together in a comic strip. During his years of travels while researching a book he was writing on the history of Islam & Mohammed, he taught school in Fiji and Cairo and sponsored several bright young Egyptian boys to the USA, as well as others from Germany and American Indians with their education.

Donald helped his wife, a survivor of the German concentration camps publish her own story in a book called "Searching Survivor" (also on Amazon) and he became an authority on the Holocaust during this process.

Donald was a history professor, archaeologist, missionary school teacher, artist, author, theologian and adventurer.

He was a loving father and survived by his five children including his step-daughter Karen Baumann, innumerable grandchildren, great- grandchildren, one great-great-grandson, and a large extended family. For more information please contact his daughter Helen Gwendolyn Gerhard at 419-230-6260 or email to hggerhard@yahoo.com

Obituary

Shirley Buschke

Born in Illinois, Shirley came to Newark at age 2 when her father started work at the Wedgewood stove foundry and factory. She has been a part of Newark for 94 years. She loved this little town and watched it grow. She raised her family and Howard "Doc" opened his dental practice here in town. They were married for nearly 71 years. She loved teaching and was the science teacher of thousands of Newark High students, as well as the Chair of the Science Department. She was tough but fair. She loved her community and was one of the original board members of Washington Township Hospital Development Corp. and served for 33 years. She was instrumental in bringing the Ohlone College campus to Newark. She was on the 1963 Citizens Advisory Committee that helped design the original City Hall building. She served

on PTA, was a Scout den mother, and so much more. She was generous and giving. She loved cooking and gardening and had a longtime passion for jewelry making. She was a weekly Pilates enthusiast which kept her fit. She loved her family and will be missed by all! In lieu of flowers, please make a donation to your favorite charity in her memory.

Obituary

Jean Barthram

Resident of Waterford

April 06, 1933 - September 23, 2019

Jean Barthram, 86, resident of Waterford, Ca passed away on September 23, 2019. Born to Henry Edward Lockwood and Elsie Rebecca Walsh. Jean was preceded in death by her husband Richard Fredrick Bartham. Jean leaves behind two children, daughter Wendy C. Fernandez, and son Steven R. Barthram; one grandchild; and one great-grandchild. A memorial service will be held at Berge-Pappas-Smith Chapel of the Angels on Saturday October 26, 2019 at 11 AM.

Obituary

Wesley William Schilling

November 23, 1934 – October 10, 2019

Resident of Fremont

Born on November 23, 1934 in Vero Beach, FL, and entered into rest October 10, 2019 in Fremont, CA at the age of 84.

Having graduated from the University of Florida in 1957 with a Bachelor's degree in Ornamental Horticulture, Wes entered the Army for a mandatory 2 years of service stationed in Nebraska. It was there he met, and married the love of his life, Marilyn Anderson. He worked in Florida and then California where he and his family resided for the past 55 years.

He will always be remembered as a man who loved people, technology, and his bromeliads.

Proceeded in death by his beloved wife Marilyn, he is survived by his son and daughter-in-law Scott and Janelle Schilling; daughter and son-in-law Cindy and Ted Shively; grandchildren Devin, Eric, Trevor Shively, and Sierra Schilling; and great grandchildren Amy and Ellie Shively.

A memorial service will be held Sunday, October 27, 2pm at Christ the King Lutheran Church, 1301 Mowry Ave., Fremont. In lieu of flowers, please make a donation to your favorite charity.

Fremont Chapel of the Roses
510-797-1900

Obituary

Gregory Arechiga

January 31, 1966 – October 15th, 2019

A father, husband, son, brother and a dear friend to many, Gregory Scott Arechiga passed away on October 14th 2019 in Fremont, California at the age of 53.

Greg was born in San Francisco on January 31, 1966 to Gregorio and Elena Arechiga. The eldest of four children, Greg grew up in Newark, California where he graduated from Newark Memorial High School. Growing up, Greg always looked out for his younger siblings, especially when travelling to Mexico. Beyond being just a brother, Greg's love for his family and friends reminded his siblings of always having a great coach and teacher by their side.

After graduating from San Francisco State University, Greg eventually spent 31 years in healthcare. He began his career as a physical therapist and grew into both an administrator and business owner of multiple home-health care businesses, most of his time being spent with Professional Home Care Associates. Greg was an entrepreneur with a focus on social entrepreneurship whose work revolved around helping people as they recovered from surgery or hospitalizations.

What brought Greg the greatest joy were his two sons, Cole, 19 and Chase, 15. He loved watching them grow up and play sports in Discovery Bay, where he and Tiffany settled to raise their children. Greg is remembered by his eldest son as a very intelligent person who always had an answer for him when he needed one. He enjoyed traveling, especially to his hometown of Union de Tula, Jalisco, as well as Cabo San Lucas, Pebble Beach and Hawaii. Greg loved to be on the golf course with his friends. He loved to cook and he loved to dance.

Greg is survived by his wife Tiffany, his parents Gregorio and Elena, his two sisters Rosa and Patricia, his brother Carlos, and nieces and nephews, Andrew, Mari, Alex, Michelle and Zack.

In addition to his own family, Greg developed a family made up of his closest friends. He was a devoted, loyal and go-to friend to many. His friends remember Greg as generous, smart, funny, kind hearted and always there for anyone in need. Greg is remembered by his family and friends with countless shared good times, and he will be deeply missed by all.

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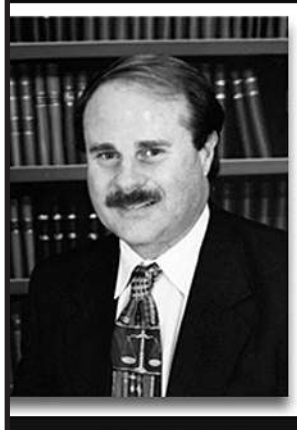

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Alameda County Fire Department Log

SUBMITTED BY ACFD

Saturday, October 12

• At 11:02 p.m. firefighters were on the scene of a three-alarm fire at 400 Davis St. in San Leandro. The fire was contained to one unit in the building, but officials said that smoke damage may displace residents in 12 units.

Tuesday, October 15

• At 1:13 a.m. firefighters responded to a report of a structure fire on the 33000 block of Dowe Ave. in Union City. The fire appeared to be caused by non-permitted wiring. In addition to all Union City fire stations, units responded from Newark and San Leandro.

• At 10:46 p.m. firefighters responded to a report of a structure fire six miles into Cull Canyon near Castro Valley and prevented the blaze from spreading to nearby vegetation. Two structures burned; there were no injuries.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Wednesday, October 9

• At 9:03 p.m. a man identified by police as Daniel Monroe, 45, was arrested at Hayward station on suspicion of parole violation, providing false identification to a police officer, possession of a controlled substance and a warrant for false imprisonment. He was booked into Santa Rita Jail.

Sunday, October 13

• At 9:49 p.m. a man identified by police as Leauthry Carpenter, 24, of San Francisco was arrested at Hayward station on suspicion of probation violation. He was booked into Santa Rita Jail.

Monday, October 14

• At 8:41 a.m. a man identified by police as Jesse Montez, 48, of Union City was arrested at Union City station on suspicion of failing to register as a sex offender. He was booked into Santa Rita Jail.

Alameda County to offer more public services

SUBMITTED BY TOMASA DUENAS

Recognizing the growing need for public services and the constraints Alameda and Santa Cruz counties were facing to meet those demands, Assemblymember Bill Quirk (D-Hayward) took the lead in making changes to how the Transactions and Use Tax Law cap is calculated.

"Cities and counties are responsible for providing a wide range of support services such as shelters for the homeless, police and fire services, and debris cleanup," said Quirk. "Constraints from Proposition 13 have increased reliance on raising taxes to provide these needed services."

California statute subjects cities and counties to limitations and voter approval requirements to levy transactions and use taxes. Unfortunately, with increasing demand for public services the existing amount of funding is just not enough. AB 723 will give residents in the counties and cities of Alameda and Santa Cruz the power to generate more funds for their community. AB 723 goes into effect January 1, 2020.

"With the signing of this bill, the City of Fremont will now have the needed flexibility and options to obtain additional revenue and local funding that will retain police officers and fire fighters, repair infrastructure and address traffic, help our homeless encampments and provide support to small businesses. These services are essential to our city's success and continued ability to best serve our constituents. We are very grateful to Quirk and his strong leadership in introducing this bill," said Lily Mei, mayor of Fremont.

"This bill will help Alameda and Santa Cruz counties provide more and better services at time when the need is ever increasing. This includes beds for the homeless and firefighters. Voters will have the opportunity to weigh in and partake in that decision making process. AB 723 would not have been signed had it not been for the collaboration of leaders in these counties, and Governor Newsom's staff," said Quirk.

EARTHTALK

Dear EarthTalk: What is so-called "Flying Shame" and what's the climate connection?

-- Bridget J., New York City, New York

"Flying shame" is one of those memic terms that has sprung up recently to describe guilting people out of taking airplane trips given the massive carbon footprint of air travel. Some call it "The Greta Effect" in a nod to Swedish teen environmental activist Greta Thunberg, who swore off air travel given its disproportionate drag on her efforts to slash her own carbon footprint.

Of course, Thunberg isn't alone. In fact, the original concept of flying shame ("Flygskam") actually started in Sweden, where "flying is becoming the new tobacco" in the words of Andy Rowell of the non-profit Oil Change International (OCI). A recent survey by the World Wildlife Fund found that 23 percent of Swedes have abstained from air travel in the past year to reduce their carbon footprints -- a jump of six percentage points from a year ago. Meanwhile, 18 percent of respondents opted to travel by train instead of airplane over the course of the year.

And the Swedes aren't the only ones cutting back on flying. Other Europeans are following suit, which makes sense given the excellent rail and ferry systems that transect Europe as practical alternatives to flying. The concept has been slower to catch on in the U.S. given greater distances and limited passenger rail options.

Regardless, air travel is growing by leaps and bounds overall worldwide. "The problem is that, as the science demands we radically reduce carbon emissions, the number of passenger aircraft is set to double by 2035," worries OCI's Rowell. Meanwhile, each and every day the aviation industry consumes five million barrels of oil. In 2017 alone, the backs of airplanes emitted 859 million tons of greenhouse gas emissions. Indeed, burning jet fuel contributes roughly 2.5 percent of total carbon emissions worldwide. Analysts think this proportion could rise to 22 percent by 2050 as other sectors clean up their acts quicker.

Meanwhile, there are no truly green, practical alternatives to kerosene-based jet fuel on the horizon. "Aircraft are becoming more fuel-efficient, but not quickly enough to offset the huge demand in growth," reports The Conversation. "Electric planes remain decades away, weighed down by batteries that can't deliver nearly as much power per kilo as jet fuel."

"Flying shame" (or "Flygskam" in Swedish) describes guilting people out of taking airplane trips given the massive carbon footprint of air travel. Photo credit: Marina Hinic, Pexels.

So, what's to be done? Swear off flying, that's what. Flight Free USA is a grassroots campaign trying to get at least 100,000 Americans to commit to not flying at all during the calendar year 2020 in order to send a "clear signal to industry and politicians -- and also to each other -- that there are many who are willing to change their lifestyles to protect the climate."

Yet another slice of the apple is called A Free Ride, an idea which assigns an escalating flight tax depending on how many flights you take per year. One flight per year would be free of tax, while 14 flights a year would cost a pretty penny in taxes, with the proceeds going to offsetting the jet fuel with green energy projects elsewhere.

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at https://emagazine.com. To donate, visit https://earthtalk.org. Send questions to: question@earthtalk.org.

Cinema Exchange Supports Film Collaboration

By Stephanie Gertsch
Photos courtesy of Cinema Exchange

A film is the result of many people's passions and talents coming together. While a novel or a painting might be entirely one person's vision, filmmaking can't exist without collaboration. However, the expenses involved make film a difficult hobby to pursue in the Bay Area. But evolving technology and workspaces create opportunities for amateur and professional filmmakers to express themselves. One of these spaces is Cinema Exchange in Milpitas—a co-working space aimed specifically at filmmakers, and a hub of fun and educational events for the local film community.

Chris Denise, co-founder with Kevin Brown, had run studios before but struggled to keep them open in the South Bay. High rents and an emphasis on big businesses can make the San Jose area tough for filmmakers, which is why the arts scene is migrating north to East Bay and Berkeley. Around the same time, Denise was attending a lot of ribbon cuttings for the San Jose Chamber of Commerce and noticed an influx of coworking spaces—conference rooms and workstations that people can rent for a few hours or a weekend. And he got the idea of having something similar tailored for filmmakers. Denise says, "The main reason I'd gotten this space was to be more professional with clients, to be a little more forward-facing because it's hard to do that when your office is your living room. And I realized I can't be the only filmmaker out there who's struggling with that."

A coworking space provides an in-between step for those who aren't ready to spend $5-$10,000 a month on studio rent. "We're here for when you graduate from your living room to the next step up but aren't quite ready to get your own space," Denise says. In addition to the usual conference rooms, Cinema Exchange opens into a sound stage with a blank wall where people can do photoshoots or film video content. Cameras, lights, editing equipment, and more are available to rent. Clients range from amateur to higher end, which means the studio has a steady market. Denise explains, "If we can offer those tools to the higher end clients, and they like what we offer them, obviously that's a bigger benefit to other artists we can offer things to."

In addition to providing resources, the space also opens its doors to the filmmaking community for collaboration and networking. Some events give aspiring filmmakers a chance to learn about cutting edge equipment up close. For example, in August 2019 Cinema Exchange hosted "Blackmagic Demo Day," where attendees got to learn about and try out two next generation digital cameras. The studio also hosts four short film screenings per year with different themes, featuring the work of local artists. This gives filmmakers a chance to get their work in front of an audience—and meet people to work with on their next project.

Events like this foster a spirit of openness and collaboration that is key to keeping the film industry thriving. Denise recalls some feedback he received at an event: "One of the comments from one of the older gentlemen was, 'I've been in this business for 35 years, and way back in the 80s and 90s, you couldn't get advice from the guy you were working with….we were guarded. Now if you want to know how to do something on an editing platform, you want to know how to run this camera, what does this button do, you go to Google. People are beating down the door trying to give you advice and help you out!'"

Cinema Exchange's next screening, "Fight or Fright," will take place on Friday, October 25 and (appropriately to the season) showcase action and horror scenes. Past events have seen zombies, vampires, and even locally filmed car chases. As with all screenings, there may be mature themes in service of telling a compelling story and, in this case, some blood and gore. The material should be appropriate for older teens and adults, but people should exercise their judgment in bringing young children. There will be a chance to network before and after the screening, and light hors d'oeuvres will be served.

Not a filmmaker but just curious what your local artists are up to? Come anyway! After all, films are made for a general audience, not only other filmmakers. Your feedback will also be welcome. As Denise says, "You made a film, you made it for an audience." The joy of the audience is also an important part of collaboration.

Screen! Fight or Fright
Friday, Oct 25
6:30 p.m. – 9:30 p.m.
Cinema Exchange
1759 South Main St. Milpitas
(408) 912-2614
www.cinema.exchange

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Police • Fire Crime Protective Services

Fremont Police Log

Submitted by Geneva Bosques, Fremont PD

Sunday, October 6

• A victim was robbed of a necklace when a suspect snatched it off in the area of Maybird Circle and Diamond Common in the Ardenwood neighborhood. The suspect ran to a vehicle being driven by a female and fled the scene. Witnesses provided a license plate number and vehicle description to officers. Detectives are investigating the case.

Monday, October 7

• Auto burglaries were reported on the 5200 block of Bamboo Lane, the 39500 block of Royal Palm Drive, the 4600 block of Mattos Drive, the 35500 block of Ebro Court, the 35300 block of Lancero Street, the 4800 block of Sterling Drive and the 5000 block of Horat Terrace.

Tuesday, October 8

Auto burglaries were reported on the 3100 block of Warren Ave. and the 34100 block of Finnigan Terrace.

Wednesday, October 9

• Two men entered a 7-Eleven store on Mowry Avenue at Farwell Drive and demanded money while pointing guns at the clerks. After the robbery, the men exited the store on foot in an unknown direction. They were described as black men wearing hoodies. An investigation is continuing with Officer Dennis collecting video surveillance from the store and nearby businesses.

• Officers responded to a report of a robbery at the Food Maxx Grocery Store at 39441 Fremont Blvd. Initial reports said an intoxicated homeless man was stealing items and battered a person in the process. The man fled the store but was located nearby. The 35-year old was arrested on suspicion of battery, public intoxication and petty theft. He was booked into Fremont Jail.

Thursday, October 10

• Traffic Sgt. O'Connell was assisting with traffic control at Mission Boulevard and Niles Canyon Road when a call came about a person brandishing a hatchet in the same area. O'Connell quickly found and detained the suspect and determined that it was a robbery. Officer Deck responded and handled the investigation.

Friday, October 11

• Auto burglaries were reported at Starbucks stores in the Warm Springs, Irvington and Auto Mall Parkway areas between 7:10 a.m. and 8:15 a.m. The suspect vehicle was described by witnesses as a black Dodge Charger with a license plate similar to 7EUX934.

Saturday, October 12

• Officers responded to a report about a man found in the bathroom of a residence on Goldenrain Avenue in the Warm Springs area. After officers set up a perimeter around the area, a man exited the front door and was taken into custody without issue. A key was found in his pocket belonging to one of the homeowner's vehicles that was parked in the driveway. A neighbor's surveillance camera captured the suspect driving the homeowner's vehicle before returning it approximately 30 minutes later and entering the home. He was in the home for several hours before police were notified. It is suspected the suspect entered the residence through a rear window after removing its screen. He was not known to the family. The 20-year old man was arrested and booked into Fremont Jail.

Thursday, October 17

• Shortly before 10:00 a.m. SWAT teams from the Fremont and San Leandro police departments arrested a suspect in connection with an August 27 shooting from a car in the area of Stevenson Boulevard and Farwell Drive in Fremont. Video evidence and witness statements led police investigators to identify Christopher Andres, 32, of San Leandro as the suspect. He was arrested at a residence on the 2000 block of Benedict Drive in Fremont without incident. A motive for the shooting has not been announced. An investigation is continuing and police are asking that anyone with information about this incident to call their Crimes Against Persons Unit at (510) 790-6900. Anonymous tips can be sent via text to Tip FremontPD followed by a short message to 888-777 or online at https://local.nixle.com/tip/alert/6216337

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Business and personal matters, partnerships, corporations

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Faculty Law Clinic Santa Clara University College of Law 1987
Editor, University of Illinois Law Review 1968-1969
California Supreme Court Cases Accepted and Argued
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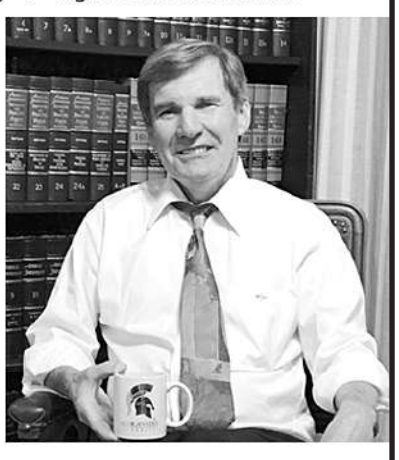


Milpitas Police Log

Submitted by Lt. Abbie Serrano and Sgt. Kyle Sanchez

Tuesday, October 8

• At 3:07 p.m. officers responded to a report of a person brandishing a handgun after a road rage incident on the 342 block of West Calaveras Boulevard. The suspects fled by the time officers arrived, but the vehicle was reported as a green 2003 Honda Civic 4-door which officers located a short time later on North Park Victoria Drive and East Calaveras Boulevard. After a short pursuit, the Honda stopped on North Hillview Drive and the driver, identified by police as Mario Franco-Alvarado, 18, of Milpitas was taken into custody without incident. A passenger, identified by police as Jose Leonardo Mejia, fled on foot and discarded a loaded semi-automatic handgun while evading officers. He was soon apprehended. Both were booked into Santa Clara County Main Jail.

Friday, October 11

• At 3:02 a.m. an officer spotted a 2014 Chevrolet Cruze that had been reported stolen to San Jose Police at a Shell gas station pump on South Main Street. Soon, a man later identified by police as Giang Nguyen, 28, of San Jose, exited the vehicle and was stopped by the officer. A record check showed the Nguyen had a misdemeanor theft warrant from police in Pleasanton. He was arrested and booked into the Santa Clara County Main Jail

Drones and disaster preparedness

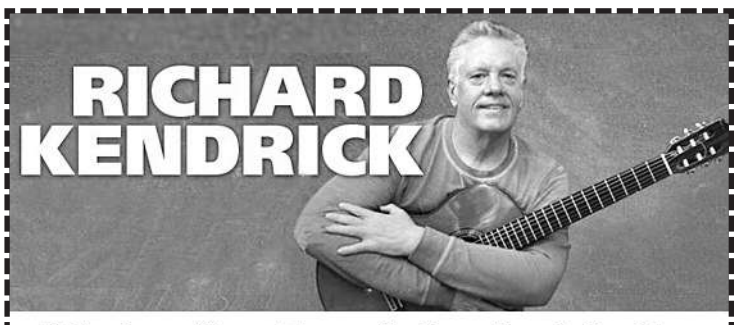
Submitted by Hayward PD

Lt. Mark Ormsby, from the Hayward Police Department and Staff Captain Don Nicholson from the Hayward Fire Department will be keynote speakers at the next Hayward Neighborhood General Alert Meeting on Wednesday, October 30.

Ormsby will talk about drones, their history and use, and policies and procedures for using them in law enforcement. He also will discuss a timeline for bringing drones to Hayward. Then, Nicholson will talk about disaster readiness and offer practical tips people can follow to be prepared before a disaster hits such as what to include in a supply checklist and what to do in the first hours after a disaster.

Both speakers will be available to answer audience questions at the 90-minute program starting at 7 p.m. in the Hayward Police Department's North District Office on Main Street in Hayward. Admission is free and open to the public.

Neighborhood Alert Meeting
Wednesday, Oct 30
7 p.m. – 8:30 p.m.
HPD North District Office,
22701 Main St., Hayward
Information: Marcy Fabian, (510) 293-1043
haywardpdcpu@hayward-ca.gov



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PUBLIC NOTICES

CITY OF Fremont

NOTICE OF PUBLIC HEARING

2019 CALIFORNIA BUILDING STANDARDS CODES ADOPTION

PUBLIC HEARING: Notice is hereby given that the Fremont City Council will consider ordinances and findings adopting by reference and amending the 2019 California Building, Mechanical, Plumbing, Electrical, Existing Building, Fire, Historical Building, Energy, Residential, and Green Building Code and adopting by reference certain appendix chapters of these Codes and adopting by reference and amending the 2018 International Property Maintenance Code and the 2018 International Pool and Spa Safety Code. The Fremont City Council will also make conforming changes to the Fremont Municipal Code on Tuesday, November 5, 2019, at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard. Copies of all the codes listed above are on file with the City Clerk and open to inspection.

The State of California adopts a set of new construction codes every three years referred to as the California Building Standards Codes. The purpose of this public hearing is to amend the 2019 California Building Standards Codes, which automatically become effective January 1, 2020, the 2018 International Pool and Spa Safety Code, and the 2018 International Property Management Code with certain administrative and technical amendments based on Fremont's local conditions. The proposed administrative and technical changes mainly relate to soils susceptible to liquefaction, corrosive soils and to address local conditions due to the proximity of Fremont to the Hayward and Calaveras earthquake faults.

ENVIRONMENTAL REVIEW: The proposed action is exempt from the requirements of the California Environmental Quality Act (CEQA) in that it is not a Project which has the potential for causing a significant effect on the environment under Title 14 of the California Code of Regulations, Section 15061(b)(3). No further environmental review is necessary.

Any questions or comments on the project should be submitted to:

Gary West, Building Official
39550 Liberty Street, Fremont
P.O. Box 5006, Fremont, CA 94537-5006
(510) 494-4413; gwest@fremont.gov

CNS-3305401#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, NOVEMBER 4, 2019, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

BOEHRINGER INGELHEIM OFFICE TRAILER– 6401 KAISER DRIVE – PLN2020-00076 - To consider a Zoning Administrator Permit to allow the continued operation of a previously approved (PLN2018-00024) temporary office trailer and restroom trailer at 6401 Kaiser Drive in the North Fremont Community Plan, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities.
Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

JOEL PULLEN
ZONING ADMINISTRATOR

CITY OF Fremont

CNS-3305622#

BULK SALES

NOTICE TO CREDITORS OF BULK SALE
(UCC SEC. 6105)
Escrow No. 1914571AW
NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s) and business address(es) of the seller(s) is/are: WALIN ENTERPRISES, INC, 39237 CEDAR BLVD, NEWARK, CA 94560
Doing business as: LITTLE CAESARS
All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are:
The name(s) and business address of the buyer(s) is/are: DHUGGA & SONS ENTERPRISE, INC 1563 JODI DRIVE, YUBA CITY, CA 95993
The assets being sold are generally described as: FIXTURES, EQUIPMENT, INVENTORY AND ALL BUSINESS ASSETS and is located at: 39237 CEDAR BLVD, NEWARK, CA 94560
The bulk sale is intended to be consummated at the office of: BAY AREA ESCROW SERVICES and the anticipated sale date is NOVEMBER 7, 2019
The bulk sale IS subject to California Uniform Commercial Code(s) sections set forth above.
The name and address of the person with whom claims may be filed is: BAY AREA ESCROW SERVICES, 2817 CROW CANYON RD, STE 102, SAN RAMON, CA 94583 and the last date for filing claims by any creditor shall be date on which the notice is the Business day before the sale date specified above.
Dated: 10/1/2019
Buyer(s): DHUGGA & SONS ENTERPRISE, INC
LA2386101 TRI-CITY VOICE
10/22/19

CNS-3306153#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG19037203
Superior Court of California, County of Alameda
Petition of: Marisol Zamarripa Talamantes for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Marisol Zamarripa Talamantes to Julia Alejandra Alvarado Talamantes
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 12/13/19, Time: 11:00 AM, Dept.: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: September 10, 2019
Wynne Carvill
Judge of the Superior Court
10/8, 10/15, 10/22, 10/29/19

CNS-3300437#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG19036727
Superior Court of California, County of Alameda
Petition of: Marilou Ponggan Ducote for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Marilou Ponggan Ducote filed a petition with this court for a decree changing names as follows:
Marilou Ponggan Ducote to Marilou Relaya Ponggan
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 12/6/19, Time: 11:00 AM, Dept.: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening's Tri-City Voice
Date: September 26, 2019
Wynne S. Carvill
Judge of the Superior Court
10/8, 10/15, 10/22, 10/29/19

CNS-3300029#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG19030079
Superior Court of California, County of Alameda
Petition of: Shengxiu Wang for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Shengxiu Wang filed a petition with this court for a decree changing names as follows:
Shengxiu Wang to Sam Shengxiu Wang
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 11/15/19, Time: 11:00 AM, Dept.: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What Happen to Tri City
Date: AUG. 6, 2019
Wynne S. Carvill
Judge of the Superior Court
10/1, 10/8, 10/15, 10/22/19

CNS-3298428#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG19036055
Superior Court of California, County of Alameda
Petition of: Vilma G. Derouen for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Vilma G. Derouen to Vilma G. Inciso
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 11/22/19, Time: 11:00, Dept.: 18
The address of the court is 1221 Oaks Street, 3rd Fl., Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City
Date: September 20, 2019
Wynne S. Carvill
Judge of the Superior Court
10/1, 10/8, 10/15, 10/22/19

CNS-3298001#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 564350
Fictitious Business Name(s):
Icy Rolls, 39055 Cedar Blvd Suite 118, Newark, CA 94560, County of Alameda
Mailing Address: 3296 Monte Verde Lane, San Jose, CA 95135
Registrant(s):
Edward Camba Albano, 3296 Monte Verde Lane, San Jose, CA 95135
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Edward Camba Albano, Owner
This statement was filed with the County Clerk of Alameda County on October 11, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/19

CNS-3305611#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563931
Fictitious Business Name(s):
Marcelo Electric, 4837 Horner St, Union City, CA 94587, County of Alameda
Registrant(s):
Roland Marcelo, 4837 Horner St, Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 2013
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Roland Marcelo, Owner
This statement was filed with the County Clerk of Alameda County on September 27, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/22, 10/29, 11/5, 11/12/19

CNS-3305609#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 564265
Fictitious Business Name(s):
Lalos Plumbing & Drain Cleaning Inc, 7642 Shady Hollow Dr, Newark, CA 94560, County of Alameda; Mailing Address: PO Box 1728, Fremont, CA 94538
Registrant(s):
Lalos Plumbing & Drain Cleaning Inc, 7642 Shady Hollow Dr, Newark, CA 94560; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 12/18/13.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Eulalio Jauregui, President
This statement was filed with the County Clerk of Alameda County on October 9, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/19

CNS-3303863#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 564223
Fictitious Business Name(s):
Children's Innovation Center, 39155 Cedar Blvd, Newark, CA - 94560, County of Alameda
Mailing Address: P.O. Box 1855, Newark, CA - 94560
Registrant(s):
Green Kids Now, Inc., 39155 Cedar Blvd, Newark, CA - 94560; CA
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 04/20/2018
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Shanti Balaraman, President
This statement was filed with the County Clerk of Alameda County on October 8, 2018
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/19

CNS-3303862#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 564134
Fictitious Business Name(s):
Danarie's Boutique, 1452 N. Vasco Rd #376, Livermore, CA 94551, County of Alameda
Registrant(s):
Marie L. Romero, 1796 Whipoorwill Ct, Livermore, CA 94551
Business conducted by: An individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Marie L. Romero, Executive Director
This statement was filed with the County Clerk of Alameda County on October 4, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/15, 10/22, 10/29, 11/5/19

CNS-3303861#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563626
Fictitious Business Name(s):
Idea Campus, 8407 Central Ave, Newark, CA 94560, County of Alameda
Registrant(s):
Smart Business Services, Inc., 8407 Central Ave, Newark, CA 94560; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on October 20, 2014.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Kong Yu, CEO
This statement was filed with the County Clerk of Alameda County on September 19, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3300935#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563938
Fictitious Business Name(s):
Ozer Company, 6223 Joaquin Murieta Ave., Apt. #I, Newark, CA 94560, County of Alameda
Registrant(s):
Azad Aliyev, 6223 Joaquin Murieta Ave. Apt. #I, Newark, CA 94560
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Azad Aliyev, Owner
This statement was filed with the County Clerk of Alameda County on September 27, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3300930#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563485
Fictitious Business Name(s):
Pearl Threading Studio, 34249 Fremont Blvd., Fremont, CA 94555, County of Alameda
Registrant(s):
Pearl Beauty Boutique Inc., 34249 Fremont Blvd., Fremont, CA 94555; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 9/16/19.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Parminder K. Sangha, CEO
This statement was filed with the County Clerk of Alameda County on September 16, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3300920#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563488
Fictitious Business Name(s):
Hayward, Union City, Fremont Teeyan, 34249 Fremont Blvd., Fremont, CA 94555, County of Alameda
Registrant(s):
Parminder Kaur Sangha, 34249 Fremont Blvd, Fremont, CA 94555
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Parminder K. Sangha, owner
This statement was filed with the County Clerk of Alameda County on September 16, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3300918#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563850
Fictitious Business Name(s):
Feeling Good Whole Health, 39210 State Street, Suite 200, Fremont, CA 94538, County of Alameda
Registrant(s):
Coeur Paix, A Psychological Corporation, 39210 State Street, Suite 200, Fremont, CA 94538; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 09/19/2019.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Karen K. Yah, President
This statement was filed with the County Clerk of Alameda County on September 25, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3300436#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563545-53
Fictitious Business Name(s):
1. Din Ding Dumpling House, 2. Din Ding Dumping, 3. Din Ding Noodle House, 4. Ding's Dumpling, 5. Bing Bing Dumpling, 6. Bing Bing Dumpling House, 7. Bing's Dumpling House, 8. Din Ding, 9. DinDing Dumpling House, 1779 DeCoto Rd., Union City, CA 94587, County of Alameda
Registrant(s):
The Boring Dumpling, 1779 DeCoto Rd., Union City, CA 94587; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 09/02/2015.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Weihan Zhan, President
This statement was filed with the County Clerk of Alameda County on September 17, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3300027#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563845
Fictitious Business Name(s):
L & D Mobile Auto Detailing, 37141 Locust St., Newark, CA 94560, County of Alameda
Registrant(s):
David Antonio Damian Andrade, 37141 Locust St, Newark, CA 94560
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ DAvid Antonio Damian Andrade
This statement was filed with the County Clerk of Alameda County on September 25, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/8, 10/15, 10/22, 10/29/19

CNS-3299942#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563503
Fictitious Business Name(s):
American Law Group, 39899 Balentine Drive #200, Newark, CA 94560, County of Alameda
Registrant(s):
Rupinder Kaur, 4685 Hampshire Way, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on March 2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Rupinder Kaur, Owner
This statement was filed with the County Clerk of Alameda County on September 16, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/1, 10/8, 10/15, 10/22/19

CNS-3298429#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 563669
Fictitious Business Name(s):
Green Apple Day Care / Preschool, 7040 Fountain Ave., Newark, CA 94560, County of Alameda
Registrant(s):
Randolh Sarn, 36696 Portsail Wood, Newark, CA 94560
Kamar Prost Kalsf, 7040 Fountain Ave., Newark, CA 94560
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on Sept. 17th, 2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [$1,000].)
/s/ Randolh Sarn
This statement was filed with the County Clerk of Alameda County on September 20, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
10/1, 10/8, 10/15, 10/22/19

CNS-3298427#

GOVERNMENT

CITY OF FREMONT
PUBLIC HEARING
Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, November 5, 2019, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:
2019 CALIFORNIA BUILDING STANDARDS CODE ADOPTION
Public Hearing (Published Notice), Second Reading and Adoption of Ordinances Adopting by Reference and Amending the 2019 California Building Standards Code and Adopting by Reference Certain Appendix Chapters of the 2019 California Building Standards Codes and the 2018 International Swimming Pool and Spa Code, Adopting by Reference and Amending the 2018 International Property Management Code, and Adoption of the Resolution Containing Supporting Findings and Determinations, Including Finding that the Project is Exempt from the California Environmental Quality Act (CEQA) per Guideline 15061(b)(3) in that it does not have the Potential for Causing a Significant Effect on the Environment
If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.
SUSAN GAUTHIER, CITY CLERK
10/22/19

CNS-3305937#

CITY OF FREMONT
SUMMARY OF ADOPTED ORDINANCE NO. 09-2019
AN ORDINANCE OF THE CITY OF FREMONT AMENDING FREMONT MUNICIPAL CODE TITLE 2, ADMINISTRATION AND FINANCE, CHAPTER 2.20, DEPARTMENTS, BOARDS AND COMMISSIONS, TO ESTABLISH A MOBILITY COMMISSION
On October 1, 2019, City Council introduced the above Ordinance to establish a Mobility Commission to facilitate the development and implementation of transportation policies, projects, and programs that serve to enhance multimodal mobility and traffic safety for the Fremont Community.
This Ordinance was adopted at a regular meeting of the City of Fremont City Council held October 15, 2019, by the following vote, to wit:
AYES: Mayor Mei, Vice Mayor Salwan, Councilmembers: Bacon, Jones, Kassan, Keng, and Shao
NOES: None
ABSENT: None
ABSTAIN: None
A certified copy of the full text of Ordinance No. 09-2019 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.
SUSAN GAUTHIER, CITY CLERK
10/22/19

CNS-3305916#

CITY OF FREMONT
SUMMARY OF ADOPTED ORDINANCE NO. 08-2019
AN ORDINANCE OF THE CITY OF FREMONT AMENDING ARTICLE II OF FREMONT MUNICIPAL CODE CHAPTER 8.40, SOLID WASTE, RECYCLABLES AND ORGANICS WASTE MANAGEMENT, TO UPDATE THE ZERO GENERATOR PROGRAM TO ELIMINATE THE ALLOWANCE OF ANY FUTURE EXEMPTIONS

PUBLIC NOTICES

FROM RESIDENTIAL ORGANICS COLLECTION SERVICE.
On October 1, 2019, City Council introduced the above Ordinance to amend Article 11, Chapter 8.40 of the Fremont Municipal Code, and update the zero-generator program to eliminate the allowance of any future exemptions from residential organics collection service. This update clearly establishes organic waste collection service as a required component of the City's Integrated Waste Management System and aligns with State and County waste reduction ordinances.
This Ordinance was adopted at a regular meeting of the City of Fremont City Council held October 15, 2019, by the following vote, to wit:
AYES: Mayor Mei, Vice Mayor Salwan, Councilmembers: Bacon, Jones, Kassan, Keng, and Shao
NOES: None
ABSENT: None
ABSTAIN: None
A certified copy of the full text of Ordinance No. 08-2019 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.
SUSAN GAUTHIER, CITY CLERK
10/22/19

CNS-3305901#

NOTICE INVITING BIDS
Notice is hereby given that sealed bids will be received by the Union Sanitary District in their office located at 5072 Benson Road, Union City, CA 94587-2508, at any time prior to 2:00:00p.m. on November 21, 2019 for furnishing all labor, materials, equipment, and services for the construction of improvements designated as:
USD Primary Digester No. 2 Rehabilitation Project
Project Number 800-526
The project consists of rehabilitation of Primary Digester No. 2, Heating and Mixing Building No. 1, and Primary Clarifiers No. 5&6, and Effluent Screens No. 1&2; and improvements at Primary Clarifiers No. 1-4, Secondary Digester No. 2, Thickeners No. 1&2, and the Chlorine Contact Tanks located within the Alvarado Wastewater Treatment Plant (WWTP). To accomplish this work the Contractor shall complete the work items indicated on the Drawings and Specifications, including but not limited to the following:
- Replace foam insulation on the cover of Primary Digester No. 2.
- Replace handrail and perform concrete repair at the Primary Digester No. 2 overflow box.
- Add grating platform at the overflow box.
- Modify the digester gas piping on top of Primary Digester No. 2. Add new wet gas thermal mass flow meter to the digester gas piping system.
- Replace overflow box piping.
- Replace the heat exchanger for Primary Digester No. 2.
- Replace the recirculation pump for Primary Digester No. 2.
- Replace various plug valves, up to 18-inch diameter, on the digester sludge lines.
- Add knife gate valves for isolation of digested sludge lines to the digester.
- Perform structural and coating repairs in Primary Digester No. 2.
- At Primary Clarifiers No. 1-4, repairs to the roof beam bearing seats.
- At Secondary Digester No. 2, repair concrete at the exterior wall and at the overflow box.
- At Primary Clarifiers No. 5&6, coating and structural rehabilitation.
- Miscellaneous improvements to Thickeners No. 1&2.
- At Effluent Screens No. 1&2, replace screen bearings, screen shaft collars, bearing lubrication piping, spray header piping, and FRP panels.
- And all other work described herein.
The successful bidder will have two hundred seventy (270) calendar days to complete the Project from the Notice to Proceed, regardless of whether any or all bid alternates are selected by the District.
The Engineer's Estimate for this Project is $2,850,000 for the Base Bid Items and $3,725,000 total including all three (3) Bid Alternates
In accordance with Public Contract Code Section 20103.8(d), determination of apparent lowest bidder will be based upon an evaluation of the Base Bid and Bid Alternates in accordance with a process that prevents any information that would identify any of the bidders or proposed subcontractors or suppliers, or which bid belongs to which bidder, from being revealed to the District bid evaluation team before the ranking of all bidders from lowest to highest has been determined.
At the time the Bids are due, the evaluation team will convene behind closed doors. A proctor will monitor the room and will take custody of all cell phones, computers and other electronic devices while the evaluation team is in the room. In a separate room, the District's Purchasing Agent will publicly announce the base bid price and price of each alternate upon receipt and opening of the Bids. The District's Purchasing Agent will record pricing information on a summary sheet identifying the bidders by letter, e.g., "Bidder A", "Bidder B", etc. This summary sheet will then be provided to the proctor to deliver to the evaluation team making the decision concerning alternates to be accepted.
District staff will NOT reveal to the District evaluation team which Bid belongs to which Bidder until after the evaluation team has selected the Bid Alternates to be used in determining the apparent low Bidder and until after the evaluation team has identified the apparent low Bidder using the Base Price and whatever Bid Alternates the evaluation team selects.
Upon the conclusion of the closed door evaluation, the evaluation team will deliver the executed summary sheet, with all selected Bid Items circled and tallied, back to the proctor for delivery to the District's General Manager. Subsequently, District staff will transmit and post District's Notice of Intent to Award. The Notice will be posted at the District Offices. The District will use reasonable efforts to deliver by facsimile and/or e-mail a copy of the Notice of Intent to Award to all Bidders who submitted Bids no later than the Business Day after issuance.
Non-mandatory prebid and mandatory site visit at contractor's convenience
A prebid conference will be held at 10:00 am local time, on October 29, 2019 at the Alvarado Wastewater Treatment Plant located at 5072 Benson Road, Union City, CA 94587 and a site visit will be conducted immediately following the prebid conference. Attendance at the prebid conference is not mandatory but prospective bidders are encouraged to attend the prebid conference and this site visit. A site visit prior to bidding is mandatory for the contractor to be qualified to bid on the project. However, the site visit may be conducted by the contractor at its convenience prior to the preparation of its bid if the District is notified 24 hours in advance. The site visit shall be conducted in the presence of the District's Project Manager or his designee.
Under California Laws and Regulations the District shall inform all prime contractors of public works, to the extent feasible of relevant public work requirements as listed in Section 00010 of the Contract Documents.
Copies of the Contract Documents are now on file and available for public inspection in the District Office, 5072 Benson Road, Union City, CA 94587-2508. A paper copy of the Contract Documents, including half size drawings, may be purchased at the District Office for a non-refundable $100 charge, which includes the appropriate State sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. Partial sets of Bid Documents are not available from the District. Bidders may pay for plans and specs by sending a check made out to Union Sanitary District, 5072 Benson Road, Union City, California 94587, or by going to our website www.unionsanitary.ca.gov for payment by VISA or MASTERCARD credit card.
Project information may be viewed at www.unionsanitary.ca.gov. Electronic copies of the Contract Documents are available on Compact Discs for a non-refundable $15 charge, which includes the appropriate States sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. However, all bidders submitting a bid must purchase and receive a paper copy of the Project Manual of Primary Digester No. 2 Rehabilitation Project, Project No. 800-526 from the District prior to the bid opening date. All submitted bids must be on bid forms included in the purchased paper copy of the Project Manual or subsequent addenda. A bid submitted to the District by a bidder who has not purchased and received a paper copy of the Project Manual of Primary Digester No. 2 Rehabilitation Project, Project No. 800-526, or submitted on bid forms not included in the purchased paper copy of the Project Manual or subsequent addenda shall be considered non-responsive and shall be rejected by the District.
Each bid must conform and be responsive to the invitation, the Plans and Specifications, and all documents comprising the Contract Documents. Each bid shall be presented under sealed cover and shall be accompanied by a certified check or bidder's bond, made payable to the District, in an amount not less than ten percent (10%) of the bid. The said check or bidder's bond shall be given as a guarantee that the successful bidder will execute the contract in conformity with the form of agreement contained within the contract documents, and will furnish bonds and insurance policies as specified within ten (10) days after notification of the award of the Contract to the successful bidder.
Cost for work described in each addenda issued during the time of bidding shall be included in the Bid and the addenda shall become a part of the Contract documents.
Bidders shall develop and submit bids at their own expense. The District will not reimburse any costs associated with the development and submittal of any and all Bids.
The District reserves the sole right to reject any and all bids and to waive any informality in a bid.
No bidder may withdraw its bid for a period of sixty (60) days after the date set for the opening thereof.
At the successful Contractor's option, securities may be substituted for the required retention, in accordance with the provisions of Section 22300 of the State of California Public Contract Code.
In accordance with the provisions of California Public Contract Code Section 3300, the District has determined that the Contractor shall possess, as a minimum, a valid Class A License. In accordance with the provisions of California Business and Professions Code Section 7028.15, a bid submitted to the District by a Contractor who is not licensed in accordance with Chapter 9 of the California Business and Professions Code shall be considered non-responsive and shall be rejected by the District.
Questions concerning this project should be directed to:
Union Sanitary District
Attn: Derek Chiu
5072 Benson Road
Union City, CA 94587
Phone: 510-477-7611
By: Pat Kite
Secretary of the Board Union Sanitary District
Date: October 22, 2019
10/22, 10/29/19

CNS-3305773#

NOTICE TO CONTRACTORS BOATHOUSE BUILDING REPAIRS, PROJECT 1213
The City Council of the City of Newark invites sealed bids for the construction of public improvements for Boathouse Building Repairs, Project 1213, City of Newark, Alameda County, California. Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. If the bid is sent by mail, the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBER and BID DATE as identified on this Notice to Bidders. Sealed bids must be delivered to the office of the City Cashier of the City of Newark at 37101 Newark Boulevard, First Floor Cashier Counter, Newark, California, before **2:00 p.m. on Thursday, October 31, 2019** . At that time, all bids will be publicly opened, examined and declared. The improvements are generally described as follows: Complete repairs to the Boathouse building at Lakeshore Park that was damaged by a fire. The building is located adjacent to the parking lot on Chelsea Drive, Newark. The scope of work includes partial replacement structural roof and wall framing, a replacement roof including roof sheeting, replacement metal doors, replacement exterior siding, plumbing and electrical modifications, replacement half-bathroom fixtures, and other related repairs. It is the City's intent to award the contract for this work on November 14, 2019. Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Ms. Charlotte Allison at (510) 578-4452 or via E-mail at charlotte.allison@newark.org. If electronic delivery is unavailable, Specifications in PDF format are available, free of charge, on compact disc (CD) at 37101 Newark Boulevard (First Floor), Newark, California. Information regarding obtaining Specifications or a list of plan holders is available by calling Ms. Charlotte Allison at (510) 578-4452 or via E-mail at charlotte.allison@newark.org. For all technical questions, please contact Mr. Soren Fajeau at (510) 578-4286 or via E-mail at soren.fajeau@newark.org. A non-mandatory pre-bid meeting is scheduled for this project at the project site (parking lot on Chelsea Drive, Newark) on Monday, October 28, 2019 at 10 a.m. for the purpose of reviewing the scope of work. The Contractor shall possess a valid **Class B** California Contractors license at the time bids are opened. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the Proposal. As of July 1, 2014, all Contractors bidding on this project are required to register with the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015. The City of Newark reserves the right to reject any or all bids, and to waive any minor informalities, irregularities and/or bid non-responsiveness that does not influence the competitive nature of the bid. The City Council will award the project, if it is awarded, to the lowest responsible Bidder as determined by the Total Base Bid only. The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award. Pursuant to Section of 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the Department of Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors shall pay all their employees performing labor under this Contract salaries or wages at least equal to the general prevailing wage rates for the particular crafts, classifications or types of workers employed on this project. These wage rates appear in the latest Department of Industrial Relations publication. Future effective wage rates which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication, and are available on the internet at www.dir.ca.gov.
Dated: October 10, 2019SHEILA HARRINGTON, City Clerk City of Newark, Alameda County, California Publish Dates: Tuesday, October 15, 2019 Tuesday, October 22, 2019
10/15, 10/22/19

CNS-3303938#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF GEORGE ELIE KHAWAHIE CASE NO. RP19036792
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: George Elie Khawahie
A Petition for Probate has been filed by Maria Gonzalez in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Maria Gonzalez be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on November 5, 2019 at 9:31 a.m. in Dept. 202 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Kelsey L. Kern, OGDEN LAW FIRM PC, 1535 J Street, Suite A, Modesto, CA 95354, Telephone: (209) 524-4466
10/15, 10/22, 10/29/19

CNS-3303888#

NOTICE OF PETITION TO ADMINISTER ESTATE OF BRIAN C. OSINEK CASE NO. RP19037662
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Brian C. Osinek
A Petition for Probate has been filed by Coralee Valencia in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Coralee Valencia be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 11/13/19 at 9:31 in Dept. 202 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Gregory J. Rubens, Aaronson, Dickerson, Cohn & Lanzone, 1001 Laurel Street, Suite A, San Carlos, CA 94070, Telephone: 650-593-3117
10/15, 10/22, 10/29/19

CNS-3303813#

NOTICE OF PETITION TO ADMINISTER ESTATE OF ERNESTINE ANGELL CASE NO. RP19037124
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Ernestine Angell
A Petition for Probate has been filed by Gerri Angell in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Gerri Angell be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 11/06/2019 at 9:31 am in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Neil Allan Rones, 230 Grand Avenue, Suite 301-B, Oakland, CA 94610, Telephone: (510) 815-3888
10/15, 10/22, 10/29/19

CNS-3302781#

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM EDWARD BROWN AKA WILLIAM E. BROWN CASE NO. RP19037812
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: William Edward Brown aka William E. Brown
A Petition for Probate has been filed by Jere V. Brown in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Jere V. Brown be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on November 13, 2019 at 9:31 AM in Dept. 202 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Charles Drexler, Law Offices of Charles Drexler, 1724 Mandela Parkway, #1, Oakland, CA 94607, Telephone: (510) 658-2500
10/15, 10/22, 10/29/19

CNS-3301809#

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHARLES RICHARD SMITH CASE NO. RP19037248
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Charles Richard Smith
A Petition for Probate has been filed by Bonnie L. Smith in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Bonnie L. Smith be appointed as personal representative to administer the estate of the decedent.
The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on November 6, 2019 at 9:31 in Dept. 202 located at 2120 MLK Jr., Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Peter Shelton, Peter Shelton Law, 2041 Bancroft Way, Suite 206, Berkeley, CA 94704, Telephone: (510) 394-5483
10/8, 10/15, 10/22/19

CNS-3300892#

NOTICE OF PETITION TO ADMINISTER ESTATE OF ALAN C. SHRADER CASE NO. RP19036584
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Alan C. Shrader
A Petition for Probate has been filed by Norman Shrader in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Norman Shrader be appointed as personal representative to administer the estate of the decedent.
The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 11/06/19 at 9:31 in Dept. 202 located at 2120 Martin Luther King, Jr., Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: ERIC G. DZUBUR, 21550 Foothill Blvd., #3, Hayward, CA 94541, Telephone: (510) 582-2588
10/8, 10/15, 10/22/19

CNS-3299917#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. **CA-19-859603-CL** Order No.: **DS7300-19003378 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/3/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **Kausalya Singh** Recorded: **6/11/2004** as Instrument No. **2004261523** and modified as per Modification Agreement recorded 8/28/2018 as Instrument No. 2018167720 and modified as per Modification Agreement recorded 5/16/2007 as Instrument No. 2007189229 of Official Records in the office of the Recorder of **ALAMEDA** County, California; Date of Sale: **11/5/2019** at **12:00PM** Place of Sale: **At the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612** Amount of unpaid balance and other charges: **$385,991.81** The purported property address is: **5437 BORGIA RD, FREMONT, CA 94538** Assessor's Parcel No.: **531-0218-056 NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web site **http://www.qualityloan.com**, using the file number assigned to this foreclosure by the Trustee: **CA-19-859603-CL**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-19-859603-CL** IDSPub #0157274 10/15/2019 10/22/2019 10/29/2019
10/15, 10/22, 10/29/19

CNS-3301297#

NOTICE OF TRUSTEE'S SALE TS No. CA-19-861884-BF Order No.: 8755622 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/27/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): CORINA VILLALPANDO, A MARRIED WOMAN Recorded: 11/7/2006 as Instrument No. 2006415188 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 11/5/2019 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: $122,775.79 The purported property address is: 6259 RADCLIFFE AVENUE, NEWARK, CA 94560-2445 Assessor's Parcel No.: 092A-0624-030 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-19-861884-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-19-861884-BF IDSPub #0157192 10/15/2019 10/22/2019 10/29/2019
10/15, 10/22, 10/29/19

CNS-3300058#

COMMUNITY BULLETIN BOARD

Fremont
FAMILY RESOURCE CENTER
24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5.
39155 Liberty St, Fremont
510.574.2000 or Fremont.gov/FRC

Let's Do Lunch!
Volunteer for
LIFE ElderCare
Meals on Wheels
Mon – Fri, 10:30-12:30
Choose your day(s)
Call Tammy 510-574-2086
tduran@LifeElderCare.org
www.LifeElderCare.org

10 lines/$10/ 10 Weeks
$50/Year
510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:
Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of $10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.
TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over $100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

SPARKPOINT FINANCIAL SERVICES
for Low-Income Residents
FREE financial coaching & services.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
39155 Liberty St, Rm #A120
To register, call 574-2020
Fremont.gov/SparkPointFRC

DISCOVERY COVE
Drop-in Childcare Center
Fremont Family
Resource Center
Open to the public M-F 8:30-5.
Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. $8/hour per child.
39155 Liberty St, #H850, Fremont.
Fremont.gov/FRC
Reservations: 510.574.2010

League of Women Voters
Fremont-Newark-Union City
www.lwvfnuc.org
Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

Al-Anon & Alateen
Family Groups are here
to help you Are you troubled by someone else's drinking?
Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope
Website: alanond17.weebly.com
For a meeting list or
Email: Easyduz@gmail.com
or call: 510-276-2270

Is Food a Problem For You?
Try OVEREATERS ANONYMOUS
Do you eat when you're not hungry?
Do you binge, purge or restrict?
Is your weight affecting your life?
No dues, no fees, no weigh-ins, no diets. All are Welcome
www.oasaco.org
or www.oa.org
510-449-7610

Is Your Life Unmanageable Because of Debt?
Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door?
You are not alone
DEBTORS ANONYMOUS
www.debtorsanonymous.org
Fri. 7pm St. James Episcopal Church
37051 Cabrillo Terrace Fremont
510-449-7610

A-1 Comm. Housing SVCS
1st Time Home Buyers
Certification Workshop
Learn the process of homeownership &
What Down Payment Assistance Programs are available
for dates & location, go to
www.a1chs.org
or call 510-674-9227

FREE PRESCHOOL
Fremont Unified School District offers
FREE preschool for income-eligible families.
The income limits have been raised recently and more families are qualifying.
Children must be 3-5 years old and toilet trained.
It's a 3-hour class, 5 days per week.
Openings now and throughout the school year.
For information: 510-659-2579 or
preschool@fremont.k12.ca.us

ABWA-Pathfinder Chap.
American Business
Women's Assoc.
provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. DoubleTree
39900 Balentine Dr, Newark
(Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465
www.abwa-pathfinder.org

TRI-CITIES WOMEN'S CLUB
Meets on the third Tuesday
Elk's Club on Farwell Drive
9:15 – Cards & Games
11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club.
For more info, call 510-656-0162

Do you get nervous when you have to speak in public?
Newark Toastmasters can help
Learn this skill and more in a supportive atmosphere
It's FREE to attend
Tues 7am-8:10am
Newark Library
6300 Civic Terrace Ave., Newark
510-796-3562 or 510-402-8318
www.1118.toastmastersclub.org

A-1 Comm. Housing SVCS
Credit & Money
Management Workshop
Resolve your credit issues & be better money managers
Every 2nd Saturdays 10am-2:30pm
22693 Hesperian Blvd. #150
Hayward, CA 94541
Please register www.a1chs.org
or call 510-674-9227

FREMONT COIN CLUB
Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge
38991 Farwell Dr., Fremont
Guests Always Welcome,
Enjoy Show N Tells, Drawings
Auction, Refreshments
www.fremontcoinclub.org
510-366-1365

BRIDGE
Fremont Bridge Club
10 AM Fridays (game starts)
Bronco Billy's Pizza
41200 Blacow Road
sanctioned with hand records - $7 - free for newcomers - Email or show up early for partner
Email if interested in lessons
fremontbridgeclub@gmail.com

YOGA WORKSHOP
FREE FOR DIABETICS
14 Sessions - 1.5 Hr. Each
Start Dates: Sept 7, & Nov 2,
Address: Donegal Court, Newark
Full address given to registered participants
Call /Text: 801-471-1729
sdm-bayarea@sewausa.org
https://sewausa.org/event-3513272

Fremont Cribbage Club
Meets to play weekly, every Weds.
We play a Cribbage Tournament starting at 6PM. at
ROUND TABLE PIZZA at
5544 Thornton Ave., Newark
We welcome experienced players and will work with new players hoping to learn the game.
Email:Accgr43@gmail.com
For more information.

Free Weekly Adult
ESL Class
Listen, Speak, Read, Write
Begins 9/24 - Tuesdays
10-11:30am
South Bay Community Church
47385 Warm Springs Blvd
Info: 510-912-1698
eslsbcc@gmail.com

Afro-American Cultural &
Historical Society
Sharing our culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday
Except Dec, Feb, June, July
5:30pm Newark Library
510-793-8181
aachstricity.org
Welcome!

Union City
Toastmasters
All are Welcome!
Every1st & 3rd Monday
from 7-9pm
904 H Street, Union City
Practice your Speaking Skills
& Lead with Confidence!
For more information
5269.toastmastersclubs.org/
510-386-7722

Learn English Vocabulary
for everyday life issues
Free Weekly English Class
for Adults
Tuesdays 11:40am-12:10pm
South Bay Community Church
47385 Warm Springs Blvd.
Fremont
Contact: Harry for info
510-410-9160

Become a volunteer
driver with LIFE Eldercare
Drive older adults to appts/errands
Flexible weekday scheduling
Call Valerie 510-894-0370 x2
vdraeseke@LifeElderCare.org
www.LifeElderCare.org

Serious Mental Illness
Free 12 week course for caregivers of someone with a serious mental illness starting Jan 4, 2020 from 9:00-11:30 in Fremont. Registration required.
Contact: Joe Rose at
510-378-1578
or Email F2F@NAMIacs.org
http://www.NAMIacs.org
http://www.NAMI.org

Free Health Coaching
Session
Weight loss,
Blood Sugar Balance,
Cognitive Health and
Better Sleep.
Work with a Coach for
Better & Longer Lasting Results.
www.missionvalleyhealthcoach.com
jackie@missionvalleyhealth
coach.com
510-320-3956

Zumba with Jazzy Jenny!
Monday nights 7:30pm-8:30pm
at Hope Community Church
2190 Peralta Blvd., Fremont
Cost is FREE but donations are appreciated.
Men and Women 12 +
Zumba is a fun
filled dance
workout with many
rhythms from around
the world

AMERICAN LEGION POST 837
Veterans and Active
Duty Military are invited
Meetings 3rd Tuesday each month - Except July and Dec.
Social Time 6:30pm
General Meeting 7:15pm
VETERANS MEMORIAL
BUILDING (NILES)
37154 2nd & E Strets
Fremont
www.POST837.org

F.U.N. (Fremont, Union City, Newark) PROGRESSIVES
Join us for pizza and politics
Bronco Billy's Pizza
41200 Blacow Road Fremont
Most meetings 6pm - third Sun of the month.
For Info Visit our website:
www.funprogressives.com
Contact us at:
funprogressives@gmail.com

Newark Cub Scout Pack 441
Looking for adventurous kindergarteners
to fifth graders to join our Pack!
Meetings are every third Wednesday
at 6:30pm at
Holy Redeemer Church,
35660 Cedar Blvd, Newark.
For more information:
pack441cubmaster@yahoo.com

The Tri-Cities
Democratic Forum
meets every 3rd Wednesday
Chadni Restaurant- 5748 Mowry School Rd- in Newark.
Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed
On local & national issues.
Meet like-minded people.
Contact President Sean Manalo
sean.t.manalo@gmail.com

FREE National
Geographics
1963-2007

510-783-9909
ext: 108

AMERICAN LEGION POST 649
Veterans and Active Duty
Military are Invited
Meetings 1st Monday each month. Meeting
Starts at 6:00PM with Dinner
Formal meeting
starts at 7:00 pm Meet at the Moose Lodge
20835 Rutledge Rd Castro Valley
www.amlegionpost649.org

Make a new friend!
Be a volunteer
friendly visitor with
LIFE ElderCare
Spend time with a lonely older adult. You both will enjoy your weekly visits.
Call Linda 510-894-0370 x3
lhoyne@LifeElderCare.org
www.LifeElderCare.org

Zumba Kids with Jazzy Jenny
Kids ages 4-12
Saturdays 2:30pm-3:30pm
At Hope Community Church
One hour of games,fun,
and dancing.
The last Saturday of every month is Zumba Family!
For more info email:
zumba.jazzyjenny@yahoo.com

Buon Tempo
Italian American Club
Family Dinners
1st Tuesday of Month at 7 P.M.
at Transfiguration Church in Castro Valley
Everyone is welcome: Members $15/Guests $20
5-Course dinner
Reservations by prior Friday
at 510-483-6929
www.buontempoclub.org

Do you like learning
about history?
Are you interested
in antiques & collectibles?
Meet 2nd Tuesday each month to share lunch and learn something new.
Contact Fran at 510-792-0388
or June Swift (510) 797-5315
or email dieseln@comcast.net

COMMUNITY BULLETIN BOARD

MEHS Band & Orchestra
FLEA MARKET
4TH Saturday of the month
(weather permitting)
March through October
$20 Cash fee for Vendors
Due the day of flea market
Set up 6am - 7am - 3:30pm
2300 Panama St. Hayward
officialmehsband@gmail.com

LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK?
Fremont Area Writers (FAW) is here to HELP!
Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M.
42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers!
"Second Saturday" Monthly Readings w/ a published author
from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub.
Open Mic 4th Mondays 7:00 to 9:00 P.M. at
Suju's on Thornton Ave next to Dale's Hardware in FRMT.
Critique Groups to help you from first draft to publication
Everyone is welcome! www.cwc-fremontareawriters.org

Soroptimist International of the East Bay Annual $1,000 Live Your Dream Award
If you are a woman with financial responsibility for yourself and a dependent and enrolled in an undergraduate or technical training program please apply at bit.ly/LYDA-apply or contact Donna Whitehouse at 510 924-7622 or rambosmom@comcast.net for more information. Deadline for applications is November 15, 2019

Garage Sale
1954 Baca Raton Hayward
Sat. October 26 9:00-2:00
Miscellaneous household items
Coffee table and end tables, pots and pans. Two recliners, file cabinet, metal storage cabinet TV stand, glass cabinet. Kitchen table and Chairs, and Bar Stools. Book Cabinet. Some lamps. Handicap Scooters, canes, shower bench.

Garage Sale
Saturday October 26
from 9:00-2:00
1954 Baca Raton Hayward
Miscellaneous household items.
Coffee table & end tables, pots & pans. Two recliners, file cabinet, metal storage cabinet. TV stand, glass cabinet. Kitchen table & Chairs, & Bar Stools. Book Cabinet. Some lamps. Handicap Scooters, canes, shower bench.

Job Fair
Wed. Oct. 30
9am-4pm
Fremont Marriott
46100 Landing Pkwy., Fremont
HyveSolutions -Temp to Hire
Assemblers - Warehouse Assoc.
Forklift Drivers, Quality Control
Inspectors, Material Handlers
Production Clersk
https://hyvesolutions.com

Surviving the Holidays' Breakfast
Sat., Nov. 9- 9am-Noon
Breakfast & Materials provided
Prince of Peace Church
Alpha Room
38451 Fremont Blvd., Fremont
Registar Contact: Faye Hall
510-220-0413
Halls3@sbcglobal.net
GriefShare sessions
starting Nov 16

You are invited!
Hayward Arts Council Benefit
"Celebrate the Arts"
Fri. Nov. 8 - 5:30-8:30pm
Hayward City Hall Rotunda
777 B Street
Buy tickets- $50 before Oct 30
www.haywardartscouncil.org
510-538-2787
Support HAC Galleries, Visual and performing arts programs

Square Dance in Newark
The Farmers & Farmerettes Square Dance Club - for 58 year
Meets Wed., 7:30-9:30pm
Newark Pavilion
6430 Thornton Ave., Newark
Plus level dancing. Visitors welcome - Meet new friends
Feed you step counter
Dancing for fun & fitness
www.farmersandfarmerettes.org

Monday Night BINGO
2nd Monday of each month
Nostalgic style BINGO
At Niles Mobile Home Park
711 Old Canyon Rd.
Near Vallejo Mills Elem. School
Doors open 6:00 pm
Games start at 7:00 pm
More info . . . 510-513-3237

Wanted: Tenors & Basses
Sing with the Mission Peak Chamber Singers!
Rehersals every Tues. 7:30-9:30pm
Irvington Presbyterian Church
Concerts:Dec 7/8 2019
March 14/15 & May 30 2020
Some singing experience & ability to read music helpful bu not required (Altos & Sopranos welcome too!
info@chambersingers.org
510-356-6727

Thanksgiving Dinner Fundraiser for Veterans
Saturday Nov. 16
5-9pm
HaywardVeterans Bldg.
22737 Main Street, Hayward
Live Music
$10 donation
All are welcome to attend
For Details:
Alfredo 510-537-6105

FIRST UNITED METHODIST CHURCH
2950 WASHINGTON BLVD, FREMONT, CA
We welcome you and your family
into the life of Fremont First,
regardless of your skin color, ethnicity, sexual orientation,
gender identity, physical or mental capacity, religious background,
family configuration, economic means or immigrations status.
Check out our website:
www.firstchurchfremont.org

Get an early start to shopping attend the Holiday Boutique
Sat., Nov. 2nd 10-4pm
Georgian Manor
1419 Buckingham(offRuus) in Hayward - Great gifts for holidaygiving jewelry, christmasgoodies & more
Special raffle
Call 510-887-4366

¡ÚNETE A NOSOTRAS!
Hermanas Dominicas de Misión San José
Boutique anual
Sábado y domingo
23 y 24 de noviembre de 10 am-4pm
Regalos hechos a mano, pasteles de frutas, arte, entretenimiento.
43326 Mission Circle, Fremont
(off Mission Tierra)
www.msjdominicans.org

JOIN US!
Dominican Sisters of Mission San Jose
Annual Holiday Boutique
Sat & Sun Nov. 23 & 24,
10am-4pm
Handmade gifts, fruitcakes, art, entertainment
43326 Mission Circle, Fremont
(off Mission Tierra)
www.msjdominicans.org

FREMONT AREA WRITERS SPONSORS
NEW LITERARY OPEN MIC
Third Sunday of every month
Sign-up at 3:00 Reading 3:30-5:30
Begins October 20th at Starbucks
39201 Cedar Blvd in Newark
A family friendly venue for
family appropriate material
Free event! Everyone is welcome!

****SEEKING VENDORS****
Seeking quality arts & crafts vendorsfor our 15th annual "Believe" Holiday Boutique in Fremont on Saturday, December 7 9am-3pm
Sponsored by American High School PTSA
Contact 510-552-4750 or holidayvendors@americanhigh-ptsa.org

Hayward Area Recreation & Park District
Holiday Art & Craft Fair
Saturday, November 2
9:00am-3:00pm
Kenneth Aitken Senior & Community Center
17800 Redwood Rd, Castro Valley
Variety of vendors selling hand-made gifts Great Prices.
(510) 881-6738 for directions or visit www.HaywardRec.org.

"Believe" Holiday Boutique
Sat. December 7,
9am-3pm
Fremont's largest!
Over 60 artisan vendors
Bake sale & live entertainment
FREE admission and parking
American High School
36300 Fremont Blvd, Fremont
Proceeds benefit the Class of 2019
Safe & Sober Grad Nite celebration

Letter to the Editor

Animal Welfare Legislation

California continues to set the bar for animal welfare legislation. Governor Newsom recently signed the following bills into law:

- SB 313, by Senator Ben Hueso (D-San Diego), bans the use of wild animals
- in circus acts (joining New Jersey & Hawaii)
- AB 44, by Assemblymember Laura Friedman (D-Burbank), bans manufacture and
- sale of fur products (first such state law in the nation)
- AB 273, by Assemblymember Lorena Gonzalez (D-San Diego), bans trapping for
- fur
- AB 1254, by Assemblymember Sydney Kamblager-Dove (D-Los Angeles), bans
- bobcat hunting
- AB 1260, by Assemblymember Brian Maienschein (D-San Diego), bans import of
- certain skins (hippo, caiman, lizards)

Heartfelt thanks to all these compassionate legislators—may their tribe increase. Here's hoping for some bills in 2020 addressing cruelty issues in rodeos and live animal food markets. As Mahatma Gandhi famously wrote, "The greatness of a nation and its moral progress can be judged by the way its animals are treated." Words to live by.

Eric Mills
Action for Animals, Oakland

Newark Police Log

Submitted by Fremont and Newark PD

Sunday, September 29

At 8:26 p.m. Newark officers and members of the Alameda County Fire Department responded to a report of a traffic collision involving a pedestrian and vehicle on Newark Boulevard, north of Cedar Boulevard. On arrival they found the pedestrian, later identified by police as Michael Diehl, 64, of Berkeley, with major injuries and rendered aid until he was taken by ambulance to a hospital where he later died. The driver of the vehicle, identified by police as a 36-year-old man from Pinole, stayed at the scene and cooperated with investigators. Drugs or alcohol are not believed to be a factor. An investigation is continuing. Traffic investigators are asking anyone with information about the incident to contact Traffic Sgt. Brian Simon via email at brian.simon@newark.org or by phone at (510) 578-4995.

Letter to the Editor

Newark's last chance to save bayfront

In 1959, the Army Corps of Engineers developed a map that would forever change the course of our region. Later entitled, "Bay or River" the map showed an image of what San Francisco Bay would look like if current development trends continued. At the time, the Bay was abused in almost every imaginable way: wetlands were turned into trash dumps, raw sewage was dumped directly into its waters, and nearly every city along the Bay had plans to fill in and develop its portion of the shoreline. By 2020, the Army Corps predicted that if current development trends continued, the Bay would be nothing more than a shipping channel.

This map sparked grassroots movements to save the bay and create the first urban national wildlife refuge. Through congressional actions and state regulations, we have largely stopped the filling of our Bay, and have instead restored tens of thousands of acres of wetlands, built dozens of parks, cleaned our waters, and reconnected millions of people with the incredible San Francisco Bay estuary we call home.

Yet, here in Newark, it is as if these past 60 years of progress never happened. For decades, developers and city leaders have worked together to advance plans to fill in Newark's Bay shoreline—specifically the area around the former Pintail and Whistling Wings Duck Clubs, now called "Area 4." Despite pushback from almost every major environmental group and concern from numerous regulatory agencies, the city has continued to move forward with their plan to truck in 1.67 million cubic yards of fill (more than 100,000 dump trucks of fill to bury the shoreline) and build nearly 500 single-family houses in Area 4. It will all come to a head when the Newark Planning Commission will vote to approve the plan.

The real question is, "why?" As cities across the region are restoring their sections of the Bay—why should we in Newark be turning our back on the Bay, paving over wildlife habitat, and treating our shoreline like "quick land" for developers to make billions by building million-dollar houses?

We have another vision. Rather than paving over our Bay shoreline, let's embrace it. Let's protect our shoreline and restore it. "Area 4," which is currently an undeveloped mosaic of wetlands, ponds and upland habitat, has been prioritized by the scientific community for protection, and is already included within the expansion boundaries of the Don Edwards SF Bay National Wildlife Refuge. If restored, Area 4 can help provide flood protection for our community in the face of sea level rise, provide critical habitat for wildlife, and equally importantly, offer an opportunity to reconnect Newark residents to our Bay shoreline for the first time in decades.

We urge the Planning Commission to oppose plans to develop "Area 4;" instead, reset our city on a path of protecting our shoreline, rather than paving it over. Newark residents—and our Bay—deserve nothing less.

Jana Sokale
Citizens Committee to Complete the Refuge
Newark

Alameda County Sheriff's Office Log

Submitted by AC Sheriff's Office

Thursday, October 17

• At about 1:00 p.m. deputies were on foot patrol in part of a large homeless camp near Highway 580 and Castro Valley Boulevard when two vicious dogs tried to attack one of the deputies. The deputy fired at the dogs in self-defense and to stop the attack. One dog was wounded and the second was killed. Deputies also arrested three people associated with the camp on various unspecified drug charges. Another person was arrested on suspicion of possessing a large quantity of methamphetamine. There were no human injuries, and information about the injured dog was not immediately available.

Donation helps educate students about vaping

Submitted by FUSS

At the Wednesday, September 25 Fremont Unified School District Board meeting, volunteers from the Fremont Unified Student Store (FUSS) presented a $15,000 check to the district to help educate the Fremont school community about growing vaping problems among young people. Funds were raised from various FUSS projects that support Fremont Unified School District schools and programs.

Prohibition of facial recognition software

Submitted by Nannette Miranda

California has become the largest state to ban facial recognition software in police body cameras, in a move to protect civil liberties over use of technology prone to mistakes. Governor Newsom today signed AB 1215, a proposal by Assemblymember Phil Ting (D-San Francisco) that prohibits law enforcement from equipping body cameras with facial recognition software and other biometric scanners for three years. AB 1215 will take effect on January 1, 2020 and sunset in three years, when Ting will reconsider extending the ban.

"The public wanted their officers and deputies to use body cameras to provide accountability and transparency for the community. The addition of facial recognition technology essentially turns them into 24-hour surveillance tools, giving law enforcement the ability to track our every move. We cannot become a police state," said Ting.

To prove that facial recognition isn't ready for prime time, the American Civil Liberties Union (ACLU) recently put the technology to the test, running photos of all 120 members of the state Legislature through a mugshot database. It falsely matched 26 lawmakers, including Ting. More than half of those falsely identified are lawmakers of color, illustrating the biases and risks associated with the technology's dangerous inaccuracies if allowed to subject people to perpetual police line-ups. A similar test conducted on members of Congress last year also produced 28 mismatches.

False matches led Axon, one of the largest manufacturers of police body cameras, to bar facial recognition programs in its products. Microsoft also had the same concerns, particularly the high error rate among women and people of color, when it declined to sell facial recognition software to a California law enforcement agency.

Local Bay Area cities are also troubled by the implications of this flawed technology. In May, San Francisco became the first city in the U.S. to block the use of facial recognition technology by police and other city agencies.

Fremont School Board Highlights

Submitted by Brian Killgore

At its October 16 meeting, The Fremont Unified School District (FUSD) Board of Education:

• Approved Commencement of Surplus Property Disposition Process - At this time, district staff has identified at least one school campus that may no longer be needed for the district's school purposes – Marshall Elementary School at 5203 Curtis Street. The board was asked to give district staff direction on seeking and obtaining members to establish its 7-11 Committee. Additionally, the board is asked to give direction on guidelines and timing for the Committee's evaluation of district facilities.

• Received Revised Demographic Study on Enrollment - The district's actual enrollment as of September 13 was 35,036. This represented a decline by 595 from the June enrollment revision. Overall, the actual enrollment represents a difference of almost 900 students from the original February enrollment forecast. When extrapolating the decline over three years, this represents a potential overestimate by thousands of students from the current forecast. Based on these factors, the district requested that the demographer revisit the enrollment projections and update the 2019-20 multi-year enrollment based on our actual CBEDS enrollment and re-projection of growth and other variables. The revisions provided in this update are of critical importance and will support a meaningful financial forecast as the district begins to develop the first interim budget update. As a result of this information, the district will be presenting a special budget update at the October 30 board meeting to show the effect of projected enrollment changes on the multi-year budget.

• Received Update on the Williamson Property – In advance of an upcoming community meeting, the board received a presentation updating them on the conceptual drawings of the park and school site on the Williamson Property at 3350 Eggers Drive. The FUSD staff met with the City of Fremont administration to review the respective task lists for the elementary school and joint use park project at the Williamson site. The basic layout has been adapted by QKA from the design of Lila Bringhurst Elementary School and park. The date for a community meeting is at 6:30 p.m. October 24 at Washington High School.

• Received the California Assessment of Student Performance and Progress (CAASPP) Results - The CAASPP System includes the Smarter Balanced Assessment Consortium (SBAC) Summative Assessments, which were administered to Fremont Unified School District students in grades 3-8 and 11 during spring 2019. The Summative Assessments are comprehensive end of the year assessments of grade-level learning that measure progress toward college and career readiness.

• Held Public Hearing on Instructional Materials - Education Code requires governing boards to make a written determination as to whether each pupil enrolled in all core areas as well as foreign language or health courses has enough textbooks or instructional materials that are consistent with the content and cycles of the curriculum frameworks adopted by the State Board.

• Approved Wellness Committee Bylaws - The Wellness Committee meets several times a year to build a coordinated school health system that supports and reinforces health literacy through health education, physical education, health services, nutrition services, psychological and counseling services, health promotion for students and staff, a safe and healthy school environment, and parent/guardian and community involvement.

Fremont News Briefs

Submitted by Cheryl Golden

Relinquishment of Route 84 to Fremont

The City of Fremont has been working with the California Department of Transportation (Caltrans) regarding the transfer of ownership (relinquishment) of State Route 84 (SR84) between Interstate 880 and Mission Boulevard. The route includes portions of Thornton Avenue, Fremont Boulevard, Peralta Boulevard, and Mowry Avenue.

In February 2018, Sen. Bob Wieckowski sponsored Senate Bill 989 (SB989) authorizing the relinquishment of SR84 in Fremont. On October 9, 2019, the California Transportation Commission (CTC) approved the SR84 Relinquishment giving the City of Fremont local control over this street right of way and setting the stage for a multi-year plan to upgrade the quality of the road. Construction projects are planned for Thornton Avenue and Fremont Boulevard in 2021 (Phase 1), Peralta Boulevard in 2022 (Phase 2), and Mowry Avenue in 2023 (Phase 3).

The Phase 1 project referred to as the "Centerville Complete Streets" project has been funded for design and construction through an Alameda County Transportation Commission (ACTC) grant in the amount of $8.7 million and for pavement rehabilitation through State funds. The Centerville Complete Streets Project will repave the streets and implement "complete streets" improvements to enhance safety and mobility for all users including drivers, pedestrians, bicyclists, school children, and businesses.

The city is currently in the community engagement portion of the design and will be starting a series of community meetings. For more information visit www.Fremont.gov/CentervilleCompleteStreets.

Manufacturing Day 2019 Wraps Up

The first Friday in October is celebrated as Manufacturing Day. A movement that started in 2012 has grown steadily each year with manufacturing companies across the U.S. opening their doors to raise awareness of manufacturing and to expose people, especially students, to the potential for careers in manufacturing.

Fremont is considered the regional hub of advanced manufacturing with over 900 manufacturing companies located in the city. Not only has the city celebrated Manufacturing Day since the program's inception, it has consistently had the strongest participation in the entire state with more than 10 percent of all tours in California taking place in Fremont.

With the primary goal of inspiring the next generation of manufacturers, Manufacturing Day also aims to educate the public at large on the importance of the role manufacturers play in our daily lives. With a growing shortage of manufacturing skills, and a steep increase in available job opportunities in the industry, this event is an opportunity for students to get up close and personal with modern manufacturing and learn about rewarding professions and state-of-the-art products that are being built by today's high-tech manufacturing companies. This unique experience can spark interest and lead to further studies, a new generation of skilled workers, and an eventual closing of the skills gap.

This year the city, along with the participating companies and educational institutions, promoted manufacturing in Fremont by hosting over 500 students for Manufacturing Day tours exposing young people to modern manufacturing operations and careers. Participating Fremont companies included ALOM, Anaspec, Bay Area Circuits, Elring Klinger, Evolve Manufacturing, Ichor, LAM Research, Mass Precision, Seagate, Sonic Manufacturing, South Bay Solutions, Steri-Tek, and Tesla.

Free Bicycling Class

The City of Fremont is hosting a free bicycling class, Urban Cycling 101 Classroom Workshop, from 6:30 p.m. to 8:30 p.m. Wednesday, October 28 at Fremont Main Library, 2400 Stevenson Boulevard. Offered by Bike East Bay, the two-hour workshop is taught by an instructor certified by the League of American Bicyclists. Learn basic rules of the road, ways to equip your bicycle, fit your helmet, avoid bike theft, ride after dark, and prevent common crashes.

The indoor workshop is for adults and teens; no bike is required. For additional details or to register, visit https://bikeeastbay.org/UC101.

Recruiting Open for Teen Explorer Program

The Fremont Explorer Program is a fun and safe way for teenagers to learn more about the field of law enforcement. Explorers participate in various activities such as community events, ride-alongs, traffic control, building tours, and school visits.

In addition, explorers are required to attend weekly meetings at the Police Department. This program gives teens an understanding of various law enforcement careers and helps them decide whether to pursue a career in law enforcement. All new explorers are required to attend a one-week Explorer Academy in Southern California, typically held during summer.

If you are between the ages of 14 and 18 and interested in learning more about becoming a Police Teen Explorer or having a future career in law enforcement, visit www.Fremontpolice.org/Explorers. Applications will be accepted until 5 p.m. Friday, November 1.

The Real Housecats of Tri-City Animal Shelter

No drama, no gossip, just plenty of catitude. Adoption fees are waived for cats one year and older through Saturday, November 9. Every cat adoption includes spay or neuter, current vaccinations, microchip, and free feline love and companionship. For a full list of pets available for adoption, visit www.TriCityAnimalShelter.org/Adopt.

Public Open Houses

Alameda County Transportation Commission (Alameda CTC) is conducting a series of workshops beginning late October to showcase the long-term vision for the East 14th Street/Mission Boulevard and Fremont Boulevard Corridor project.

The project corridor connects the communities of Central and Southern Alameda County with regional transportation facilities, employment areas, and activity centers. The corridor extends through five Alameda County jurisdictions—San Leandro, Hayward, Union City, Fremont, and unincorporated Alameda County—providing connections throughout the inner East Bay that parallel Interstate 880 and BART.

Alameda CTC is looking for community input. Attend an open house and learn how existing projects can lead to state-of-the-art bus and bike improvements. Also, discuss safety improvements along the project corridor and share feedback. Interpretive services are available at all workshops and refreshments will be served. There will be activities for children as well.

Schedule for the public open houses:

San Leandro
Tuesday, Oct 22
6 p.m. - 8 p.m.
Senior Community Center
13909 East 14th St.

Fremont
Thursday, Oct 24
6:30 p.m. - 8:30 p.m.
Fremont Main Library
2400 Stevenson Blvd.

Hayward
Monday, Oct 28
5:30 p.m. - 7:30 p.m.
Hayward Main Library
888 C St.

Union City
Tuesday, Oct 29
6 p.m. - 8 p.m.
Kennedy Community Center
1333 Decoto Rd

Ashland/Cherryland
Saturday, Nov 9
10 a.m. - 12 noon
REACH Community Center
16335 East 14th St.

Boo at the Zoo

Boo at the Zoo
Saturday, Oct 26 – Sunday, Oct 27
10 a.m. – 3 p.m.
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
https://www.oaklandzoo.org

Submitted by Oakland Zoo

There's so much to do at "Boo at the Zoo!" Stroll the Zoo in costume and follow the clues on your program to fill your Trick or Treat bag full of yummy treats. Ride the spooky boo train, get your face painted, make treats for the animals, participate in hands-on Halloween themed activities, and see how the animals at Oakland Zoo celebrate Halloween! Kids in costumes receive a free ride ticket. Don't miss it!

NEW this year: In an effort to reduce and reuse, we are no longer providing bags to hold treats. Bring your favorite bucket, bag, or pillowcase to collect your treats and showcase your Halloween spirit! Don't have a bag? Decorate a paper grocery bag, cut the top off an old milk jug and add eyes for a spooky ghost bucket, or even upcycle an old t-shirt to make a trick-eco-treat bag! We can't wait to see what you do.

This is a zoo-wide event—look for tables/booths spread out along the Zoo's pathways. Registration is not required. This event is sponsored by Stanford Children's Health, with treat donations form Cliff Kid, Jelly Belly, GoGo Squeez, Ocho Candy, and Bare Baked Crunchy.

Run 4 Education

Submitted by Kathy Kimberlin

The Fremont Education Foundation (FEF) welcomes Fremont Unified School District students, staff, families and community members who wish to run, walk and/or donate to support the Guy Emanuele Sports Fund (GESF). Sponsors help carry out the vision of program founder, Guy Emanuele, who believed that giving students opportunities to be involved in athletics, arts and other activities keeps them engaged in academics.

We would like to give a huge thanks to amazing 2019 Run 4 Education sponsors, including Platinum and Foundation sponsor Fremont Bank; Gold sponsors Republic Services, Washington Hospital, Learn and Play Montessori School, Bay Aerials Gymnastics, Fremont Firefighters 1689 and Fremont Unified District Teachers Association; and many others.

The GESF is dedicated to enabling greater participation for all students with school-sponsored sports. Each FUSD High school, Jr. High and Elementary school receive grants for their sports programs. Last year's Run 4 Education had participation from all 28 elementary schools, including Glankler Early Learning Center! We had over 35 sponsors who supported a vibrant community experience and helped us raise over $30K for after school sports programs and scholarships.

2019 Elementary School Challenge:

EVERY Elementary School, including Glankler Preschool, will receive funds for participating!

Each school that has 1-50 participants will receive $100.

Each school that has 51-100 participants will receive $200.

Each school that has over 100 participants will receive $300.

Help FEF continue their support with sport opportunities for students in Fremont Unified by sponsoring, donating, running, walking and inviting friends and family to join you. Learn more, register and donate at: http://www.fremont-education.org/events. For more information contact: FEFFunRun@gmail.com.

"Sports teaches you character, it teaches you to play by the rules, it teaches you to know what if feels like to win and lose-it teaches you about life." - Billie Jean King

Run 4 Education
Sunday, Oct 27
7:30 a m.: Registration
9:00 a.m. First race begins
Quarry Lakes Regional Recreational Area
2100 Isherwood Way, Fremont
www.fremontrun4education.com

New mental health services available to South Bay residents

Submitted by Santa Clara County Public Affairs

Imagine a child with a serious emotional disturbance, or a juvenile just released from the justice system with a severe mental illness or an adult who is diagnosed with a persistent mental health condition. Where do they go for care? Until now, community-based options were limited or did not exist.

The County of Santa Clara Behavioral Health Services Department is expanding services to provide new levels of care for community members with differing needs. Some people cycle in and out of Emergency Psychiatric Services, hospital care and incarceration, which can make it difficult to connect to ongoing services.

"We need to get services to people where they live, when they need them, and in a way that promotes personal and public safety," said County Supervisor Joe Simitian, President of the Board of Supervisors and Chair of the Board's Health and Hospitals Committee. "Interrupting the downward spiral of folks in crisis, and getting people connected to regular mental health services and care is the goal of these new programs."

Two of the programs are new to Santa Clara County: Assertive Community Treatment and Forensic Assertive Community Treatment. These two programs provide the highest level of care, are evidence-based and have been implemented across the country with consistent positive outcomes. Both programs are designed to address an array of mental health needs and to be available 24/7 should a crisis arise.

"We are working to ensure that all Santa Clara County residents have access to the appropriate level of care," said Supervisor Susan Ellenberg. "These programs provide alternatives to hospitalization and locked emergency psychiatric settings. Our priority is always to provide the highest level of care that meets what our community members need."

Here are some of the services available:

• Assertive Community Treatment. This program will provide comprehensive, evidence-based behavioral health services to individuals diagnosed with severe and persistent mental health and/or co-occurring mental health and substance use conditions. With the highest level of outpatient services, the program will have 200 slots for adult and older adult clients.

• Forensic Assertive Community Treatment. This program will serve high risk, homeless and criminal justice-involved individuals. The program is a comprehensive, time-unlimited and evidence-based behavioral health outpatient service. There are 120 slots, of which 20 slots will be dedicated specifically for individuals deemed Incompetent to Stand Trial and granted diversion under Assembly Bill (AB) 1810.

• Intensive Full-Service Partnership. This program includes team-based comprehensive outpatient services aimed at treating and improving behavioral health symptoms and dysfunction in the least restrictive and least intrusive manner. The program will serve 600 clients including 400 adults, 100 youth (ages 6-15) and 100 transitional aged youth, ages 16-25.

• In-Home Outreach Teams. These provide intensive outreach and engagement, mental health screening, in-home intervention and family education and link individuals who are not voluntarily engaging in services to treatment. The program will serve transitional age youth, adults and older adults with serious mental illness and substance use disorders.

• Wellness and Recovery Medication Services (WARMS). This program was initially piloted in county-operated mental health clinics and is fully implemented at the Downtown Mental Health and Narvaez Clinics. WARMS supports clients in maintaining functionality with minimal intervention. For this lower level of care, clients continue to receive an annual mental health assessment, ongoing treatment planning and limited case management.

To access these services, Santa Clara County residents should call the Mental Health Services Call Center at 1 (800) 704-0900.

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may need 5-6 open heart s urgeries or a heart transplant. "It doesn't happen as much, but there are still children who pass away because of their CHD," Shair said. She hopes the advancement of medical technology will change that.

People with CHD have to take extra care of themselves. "If they start feeling really tired all the time, like usually they'll be able to walk really briskly without a problem but then, all of a sudden, they're starting to feel tired each time. Then it's a good idea for them to see their doctor about possible changes with their exercise, their diet, or if there's a need for medical intervention," Shair said.

Proceeds and donations towards the run go to Mended Little Hearts of the Bay Area and Heart Heroes. Heart Heroes' primary focus is to support kids with CHD. They make personalized superhero capes for children with CHD to wear at the Superhero Heart Run… Shair's son has one

too. "It has an 'R' on it because his name's Ripley and there's a lightning bolt, and he thinks it's very cool."

Mended Little Hearts provides patient support to families who have loved ones with CHD. They give bravery bags to kids going through heart surgeries. The organization also connects families with CHD together to form groups called Heart Families. These groups give each other emotional support and meet during patient and family gatherings. "Groups like this make it easy to meet other families; getting that support is really helpful," Shair said.

She also said a great way for families to get together for events is through social media, especially since the Health Insurance Portability and Accountability Act (HIPPA) regulations prevent organizations from reaching out to patients directly. "They do have to usually be the ones reaching out and that's because we can't ask the hospitals for their contact information," Shair said.

Everyone at the event can be a hero and dress like one, too. All attendees get a cape. "When you're walking or running around at Quarry Lakes, it's fun to see the capes fluttering around and people who are having fun in their Superhero outfits," Shair said.

Before the run there's a parade for children who have CHD and experienced open-heart surgery. Another event, Heart Angel Remembrance, observes a moment of silence while participants blow bubbles for people that have passed away from CHD. "Just to remind people that they are still a part of the journey even though that family member might not be here anymore," Shair said.

The fundraising goal for Superhero Heart Run is $45,000. According to the website, the run has already raised $8,000 as of publication of this article. Participants who sign up for the run can make their own webpage and ask friends and family to donate.

"It's a really good way to get people together. It's always been a beautiful day for people whether they actually have a connection to CHD. If they don't, it's still a lot of fun," Shair said.

Superhero Heart Run
Sunday, Nov 3
9 a.m.
Quarry Lakes
Regional Rec Area
2100 Isherwood Way, Fremont
(Parking fees apply)
Adults $30, Children (2-12)
$10, Heart Hero
(person with CHD) Free
https://my.superheroheartrun.com/event/bay-area-2019-super-hero-heart-run/e241519

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CCCMA is pleased to welcome our new associate, Mary Borses, M.D.

Dr. Borses is a Board Certified Cardiologist and Fellow of the American College of Cardiologists. With over twenty years of experience, Dr. Borses will complement CCCMA's dedication to compassionate, comprehensive and quality medical care for our patients. Her motto, "Treat all patients like family" is indicative of her goal: to optimize the medical and emotional well-being of everyone under her care. For Dr. Borses, patient care extends to prevention as well as existing conditions with the highest level of compassion and respect for all. She personally attends to her patients at Washington Hospital.

Although new to our area, Dr. Borses is a native Californian with impeccable credentials including undergraduate studies at U.C. Davis, a medical degree from Uniformed Services University in Maryland, an Internal Medicine residency in Honolulu and Cardiology Fellowship at Ft. Sam Houston. She served as Chief of Medicine at Ft. Eustis, Virginia and Chief of Cardiology at Ft. Hood, Texas. Dr. Borses is thrilled to return to California and begin her practice with CCCMA.

Dr. Borses can advise patients with symptoms of chest pain, shortness of breath, palpitations, dizziness, fainting, fluid retention, fatigue and stroke. She has extensive experience in evaluation and management of coronary artery disease, atrial fibrillation, congestive heart failure, cardiomyopathy, valvular heart disease, hypertension, high cholesterol and pacemakers. Since many services are available within our facility, CCCMA care results in prompt assessment and management.

To schedule an appointment with Dr. Borses at the Fremont office, please call 510-792-2012.

Hayward Occupational Clinic
27200 Calaroga Ave.
Hayward, CA 94545
(510) 264-4046

Hayward Office
27206 Calaroga Ave.
Hayward, CA 94545
(510) 670-4773

Newark Office
6250 Thornton Ave,
Newark, CA 94560
(510) 791-1798

Fremont Office
2333 Mowry Ave.
Fremont, CA 94538
(510) 796-0222

Milpitas Office
500 E. Calaveras Ave, #100
Milpitas, CA 95035
(408) 942-0980

San Jose Office
175 N Jackson Ave.
San Jose, CA95116
(408) 272-1600

www.cccma.org