



One in a Nation

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Tri-City Voice
greet visitors

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NEWARK
DAYS
INSERT
IN THIS
ISSUE



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Milpitas, San Leandro, San Lorenzo, Sunol

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September 17, 2019

Vol. 17 No. 38



Niles Canyon 'Stroll and Roll'

SUBMITTED BY
ALAMEDA COUNTY BOARD
OF SUPERVISORS

Runners, hikers and bicyclists are gearing up for the third "Niles Canyon Stroll and Roll" on Sunday, September 22. A scenic stretch of Niles Canyon Road between Fremont and Sunol will be closed to automobiles to give outdoor lovers exclusive access to the Canyon. The event is being held for the third time in four years to raise awareness about a proposed new trail through the Canyon that would expand public access to its forested flanks, historic landmarks and sweeping vistas of Alameda Creek. Organizers of this year's Stroll and Roll say they are preparing for as many as 10,000 to participate.

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Calico for Kids

SUBMITTED BY ERIN HARPER
PHOTOS COURTESY OF CALICO FOR KIDS

We are excited to hold our "CALICO for Kids annual fundraiser" on Saturday, September 28, in beautiful Preservation Park in downtown Oakland. CALICO (Child Abuse, Listening, Interviewing, and Coordination), headquartered in San Leandro, brings together law enforcement, child welfare, and legal professionals to investigate abuse against children and achieve healing and justice. Our annual fundraiser is our signature event and serves as an opportunity to raise awareness and resources for the vital services CALICO provides.

continued on page 24



Artfest

SUBMITTED BY M KATHLEEN KELLY

The San Leandro Art Association (SLAA) is a non-profit organization founded in 1957. We provide a variety of art-based activities involving artists in our local communities, as well as students in the San Leandro Unified School District (SLUSD).

San Leandro Art Association (SLAA) is pleased to announce its "ArtFest" 2019 on Friday, September 20 – Saturday, September 21 at the San Leandro Main Library. On display will be original artwork by over 25 local artists/members. The range of mediums include watercolor, oil, acrylic, pastel, photography, collage and ceramics, plus a display of one-of-a-kind greeting cards. Members will be doing live art demonstrations during the two days showcasing their talent and openly sharing their knowledge. The public is invited to join SLAA in a celebration of art and, hopefully, come away inspired to add art to their lives through purchases or their own expression.

ArtFest is critical to increasing SLAA's outreach to support art expression in the community. Many years ago, the SLAA board created the Dorothy Cunningham Art Grant (DCAG) in honor of a long-time member who was also a teacher in

SLUSD. The grant, which goes toward art supplies and equipment for students, was recently doubled from \$150 to \$300. At ArtFest 2019, we will be selling our newly-developed greeting card series, featuring the artwork of six children from Roosevelt Elementary School in San Leandro, to raise funds for this grant.

Another way SLAA is giving back is through our newly-created Jane Tsushima Grant, which will give \$500 for supplies to graduating SLUSD high school students who plan to pursue art in their higher education. The grant is named after Jane Tsushima, an active member since 1975, who continues to inspire others to pursue art in their lives. Several participating artists will be donating their original artwork, and some local business are donating a variety of items including gift baskets and golfing opportunities. Tickets are available for a donation of \$1 per single ticket, or \$5 for seven tickets. The drawing will be held toward the end of the day on Saturday. All money will go to the Jane Tsushima Grant.

For more information please visit www.slartassociation.org or contact us at info@slartassociation.org.

ArtFest 2019
Friday, Sept 20 – Saturday, Sept 21
10 a.m. – 4 p.m.
San Leandro Main Library
300 Estudillo Ave.
(510) 577-3970
www.slartassociation.org

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Overcome Obesity

Free Seminar Will Present Causes and Treatments

You or perhaps a family member, have gained significant weight over the years. You are concerned about the long-term health effects of having excess weight. Different diets have been tried and they don't seem to work.

Obesity is a manageable medical disease that requires ongoing treatment, just like other diseases such as diabetes, high cholesterol, or high blood pressure, according to Dr. Nancy Stoll, a Washington Hospital family medicine physician and obesity medicine specialist. Obesity is a chronic disease and patients can experience relapses so it requires lifelong treatment, she explains.

Dr. Stoll will discuss the definition and causes of obesity, weight bias, access to care, and current treatment options at a Health & Wellness seminar, “Overcoming Obesity,” from 6 to 8 p.m., Thursday, October 24. Open to the public, this free community seminar will be held in the conference room at the Danielson Clinic, Newark, 6236 Thornton Ave.

“Society tends to stigmatize people who are overweight and that makes it difficult for them to obtain effective treatment to manage their weight,” Dr. Stoll says. Some individuals affected by obesity are reluctant to seek medical care. They are more likely to delay important preventive health services and cancel office visits with their health care providers because of weight bias.

“It is really important to understand that obesity is a chronic condition that requires focused treatment so that the patient can manage his/her weight issue and any other illnesses that may develop as a result of excess weight,” she adds.

Obesity is one of the nation's fastest-growing health problems, Dr. Stoll notes. In the U.S., it is estimated that 93 million Americans are affected by obesity. Almost 112,000 annual deaths are attributable to obesity. People affected by obesity have an increased risk of developing diabetes, coronary heart disease, stroke, high blood pressure, a



Attend free seminar in Newark, Oct. 24, to better understand causes and treatments of obesity.

variety of cancers, obstructive sleep apnea and urinary incontinence, among other conditions and illnesses. Dr. Stoll emphasizes that losing just five to 10 pounds can have a positive impact on a patient's health by reducing the risks of these diseases and medical conditions.

There isn't just one approach, or treatment, for obesity, Dr. Stoll adds. “We work to fashion a treatment that is realistic, appropriate and will help the individual patient. Sometimes this means bariatric surgery, which is a surgery to make changes to one's digestive system that can be effective in weight loss. Other times it's making effective lifestyle changes

including diet, exercise and sometimes medications — appropriate for the patient's age, health and capabilities.”

Registration is recommended but walk-ins are welcome if seating is available. To register, or for additional information, call 800.963.7070 or visit www.whhs.com/events. Seminars may be televised on InHealth, a Washington Hospital channel (Comcast Channel 78), and online at www.whhs.com/inhealthtv.

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	9/17/19	9/18/19	9/19/19	9/20/19	9/21/19	9/22/19	9/23/19
12:00 PM 12:00 AM	Diabetes Matters: Dining Out Around The World	Weight Management: Stopping the Madness	Colon Cancer	Food Pharmacy: Prescription for Colon Health	Gastrointestinal Disorders	How to Prevent Financial Elder Abuse/Fraud	Sports Medicine Program: Youth Sports Injuries
12:30 PM 12:30 AM	Mental Health Education Series: Mental Wellness		Diabetes Matters: Diabetes Conversations	Aortic Valve Disease: Treatment Options Including TAVR			
1:00 PM 1:00 AM				Sports Medicine Program: Why Does My Shoulder Hurt?	Diabetes Health Fair: Eat 4 Diabetes Care	Washington Township Health Care District Board Meeting September 11, 2019	
1:30 PM 1:30 AM	Washington Township Health Care District Board Meeting August 14, 2019	Mental Health Education Series: Anxiety Disorders	Early Detection and Prevention of Female Cancers	Hepatitis B and Liver Cancer: Prevention and Treatment	Solutions for Weight Management		
2:00 PM 2:00 AM			Vitamins & Supplements: How Useful Are They?				Washington Township Health Care District Board Meeting August 14, 2019
2:30 PM 2:30 AM		Voices InHealth: Antimicrobial Stewardship		Diabetes Matters: Filipino Food Made Healthy			
3:00 PM 3:00 AM		Strategies to Reduce the Risk of Cancer Recurrence			Washington Township Health Care District Board Meeting August 14, 2019	Updated Treatments for Knee Pain & Arthritis	Family Caregiver Series: Panel Discussion
3:30 PM 3:30 AM			Good Fats vs. Bad Fats				
4:00 PM 4:00 AM	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Caregiver Series: Securing Care Preferences Through AHCD		Sick Feet?		Women's Health Conference: Women & Stroke: Are You at Risk?	Latest Treatment Options for Wound Care
4:30 PM 4:30 AM			Laugh without Leaking: Understanding Female Urinary Incontinence		Chronic Kidney Disease: FAQ		
5:00 PM 5:00 AM	Palliative Care Series: How Can This Help Me?	Keeping Your Brain Healthy		Fresh Summer Foods: Cooking Demonstration		Caregiver Series: Codependency and the Caregiver	Diabetes Matters: Diabetes and Your Heart
5:30 PM 5:30 AM			Peripheral Vascular Disease: What You Need to Know		Symptoms of Thyroid Problems		
6:00 PM 6:00 AM	Family Caregiver Series: Advance Health Care Planning & POLST	Washington Township Health Care District Board Meeting August 14, 2019		Wildfire Smoke and Your Lungs: Do You Need to Worry?		Crohn's & Colitis	Diabetes Matters: Exercise IS Medicine
6:30 PM 6:30 AM			Voices InHealth: Cyberbullying - The New Schoolyard Bully		How to Sleep Your Way to Better Health		
7:00 PM 7:00 AM	Minimally Invasive Options in Gynecology	Learn About the Signs & Symptoms of Sepsis		Metabolic Disorders		Surgical Treatment of Obstructive Sleep Apnea	Advance Care Planning: Five Wishes
7:30 PM 7:30 AM			Stress Management		Mental Health Education Series: Understanding Mood Disorders		
8:00 PM 8:00 AM	Diabetes Matters: Diabetes and Kidney Health	Women's Health: Depression: More Than a State of Mind		Balance & Falls Prevention		Diabetes Matters: Straight Talk About Diabetes Medications	Food Pharmacy: Prescription for Colon Health
8:30 PM 8:30 AM			Diabetes Matters: Diabetes and Kidney Health		Women's Health: Depression: More Than a State of Mind		
9:00 PM 9:00 AM	Diabetes Matters: Diabetes and Kidney Health	Women's Health: Depression: More Than a State of Mind		Balance & Falls Prevention		Diabetes Matters: Straight Talk About Diabetes Medications	Food Pharmacy: Prescription for Colon Health
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11:00 PM 11:00 AM	Diabetes Matters: Diabetes and Kidney Health	Women's Health: Depression: More Than a State of Mind		Balance & Falls Prevention		Diabetes Matters: Straight Talk About Diabetes Medications	Food Pharmacy: Prescription for Colon Health
11:30 PM 11:30 AM			Diabetes Matters: Diabetes and Kidney Health		Women's Health: Depression: More Than a State of Mind		

Pre-Halloween Children's Health and Safety Fair

Free Event Offers Fun Tricks and Healthy Treats



Teddy Bear checkups let children know doctor appointments don't have to be scary.

What's more frightening than Halloween?

For some children, it's a visit to the doctor's office or a hospital. To help alleviate those fears, Washington Hospital and the Washington Township Medical Foundation are once again offering a free Children's Health and Safety Fair on Saturday, October 26. The event is scheduled from 11 a.m. to 2 p.m. at the Conrad E. Anderson, MD, Auditorium in the Washington West building at 2500 Mowry Ave. in Fremont.

"For the past several years, we have been hosting this fun event for children and their families every other year on the Saturday before Halloween," says Washington Hospital Community Outreach Manager Lucy Hernandez. "Children—and adults too—are encouraged to come in costume. There will be a costume contest for the kids, with prizes for the most original, the scariest and the cutest costumes in three age groups."

The age groups are: ages 3 and under, ages 4 to 6 and ages 7 to 11. The costume contest is scheduled for 12:30 p.m., but families can come to the fair at any time between 11 a.m. and 2 p.m.

As in past years, the fair will feature information booths for parents staffed by a variety of community groups and local government agencies to raise awareness of various health and safety services available for children and their families.

"We also will have representatives from several areas of Washington Hospital providing health and safety information, including our Diabetes Education Program and our Outpatient Nutrition Counseling Program," Hernandez notes. "These nutrition experts will be offering tips for healthy meals for families on the go, as well as providing healthy treats for the kids. Professionals from the Washington Hospital Pharmacy will provide information on medication safety, and representatives



Both adults and children have fun at the Children's Health & Safety Fair, Oct. 26, 2500 Mowry Ave.

from the Washington Maternal Child Education Center will discuss our various parenting programs for expectant and first-time parents."

While the grown-ups are learning about some of the programs and services available in the community and getting answers to their health and safety questions, the kids will be having fun while learning tips about healthy eating and other health and safety concerns. Fun activities include a bounce house and the extremely popular Teddy Bear Clinic.

Children are encouraged to bring in a favorite bear or other stuffed animal for a medical "checkup." Clinicians from Washington Township Medical Foundation will provide the exam and demonstrate that a visit to the doctor doesn't have to be scary.

While registration for the event is not required, Hernandez does encourage people to sign up online at www.whhs.com under the "Upcoming Events" heading or by calling 800.963.7070 so that the fair organizers will know how many healthy snacks and other "goodies" to provide.

The Children's Health and Safety Fair definitely offers something for everyone in the family. With Halloween arriving less than a week afterwards, this event is a great way to get into the spirit of the holiday.

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2019

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Tri-City Voice greets visitors

Friday, September 13th was an auspicious day at Tri-City Voice as a group of inquisitive people from Fremont Unified School District stopped by to talk with personnel at the newspaper's offices in Fremont. After a brief presentation of the business aspects of collecting and disseminating news in the world of communication that has left typewriters and teletypes far behind, it was the visitors' turn to ask questions of Editor-in-Chief William Marshak.

Each participant came prepared to expand their knowledge of the newspaper business by asking about how articles are created and formatted for printing, newspaper operations and departments, advertising and financial issues. It turned out that Friday, the 13th was a memorable and positive experience for everyone!



SUBMITTED BY **KEN SOMMER**
PHOTOS BY **CONRADSPHOTOGRAPHY**

On Saturday, September 28, staff and friends of George Mark Children's House will host their 15th annual "Autumn Celebration," a fundraiser to support families of children with life-limiting illnesses. The event takes place on the beautiful grounds of the George Mark Children's House, five picturesque acres in San Leandro. George Mark Children's House is the first freestanding pediatric palliative care center in the United States, and a leader in the pediatric palliative care movement. Since 2004, the exceptional staff at the George Mark Children's House has served more than 3,000 children, parents and siblings.

In addition to inspirational stories and house tours, guests will enjoy a gourmet dinner from Barbara Llewelyn Catering, and live entertainment from Jim Keefe Ensemble, Jiten Daiko Children's Taiko Drummers, and Pacific BoyChoir. Among the live and silent auction prizes are travel packages to destinations such as Bali, Mexico, and Pebble Beach; VIP tickets to the Championship at the 2020 Masters Gold Tournament; VIP viewing for the

Macy's Thanksgiving Day Parade; and a Bay cruise on a private yacht.

Families with a patient at George Mark never see a bill, and its model of care is offered at significantly less cost than that of an acute care hospital facility. “We provide safe, exceptional care to children in the comfort and warmth of a home-like setting, and we extend this support to every one of their families,” said Founder and Board President Kathy Hull. “We are deeply grateful to our supporters, who have helped us to improved the quality of lives of these children and provide a compassionate, supportive atmosphere.”



Individual tickets are \$375. Sponsorships range from \$4,000 to \$25,000 and are available online at GeorgeMark.org, by email at kssommer@georgemark.org, or by calling (510) 346-1269. For additional information, visit www.georgemark.org.

**George Mark Children's House autumn celebration
fundraiser
Saturday, Sept 28
5 p.m. – 10 p.m.
George Mark Children's House
2121 George Mark Ln., San Leandro
Tickets: \$375
www.georgemark.org**



continued from page 1

Niles Canyon 'Stroll and Roll'



To make way for Stroll and Roll, automobiles will be barred from a stretch of Niles Canyon Road between Mission Boulevard in Fremont and Main Street in Sunol from 7 a.m. to 2 p.m. During the first hour –7 a.m. to 8 a.m. – the road will be open to bicyclists only to give them a chance to traverse the winding thoroughfare unimpeded. At 7:45 a.m. there will be an official event kickoff on the Niles side, where Alameda County Supervisors Scott Haggarty and Richard Valle will share



a few words.

Participants will also have the chance to discuss proposals for the Niles Canyon trail with staff from Alameda County and the East Bay Regional Park District. A project study completed in 2017 suggested that a 10-foot-wide paved pathway running mostly along the north side of Niles Canyon Road would be the preferred way to enhance access to the Canyon for pedestrians, bicyclists and possibly equestrians. Currently there are safety concerns for those sharing the road with automobiles, as the narrow roadway includes no shoulder in some stretches. Creating more access to the canyon would also provide a vital link between trail networks in the Tri-Valley and Alameda County's bay-front corridor.

There will be free parking for participants. On the Sunol side, parking will be provided in the San Francisco Public Utilities Commission lot at 11600 Pleasanton Sunol Road. On the Fremont side, parking will be provided at the Quarry Lakes Regional Recreation Area, 2100 Isherwood Way, Fremont. Participants are encouraged to use public transportation to get to the event. Free shuttle service will be available at Quarry Lakes and the Fremont BART station to transport participants to and from the event.

Go to www.84strollroll.com to learn more about the Niles Canyon Multi-Use Trail proposal and the September 22 roadway closure.

Niles Canyon stroll and roll
Sunday, Sept 22
7 a.m. – 2 p.m.

San Francisco Public Utilities Commission lot
11600 Pleasanton Sunol Rd., Sunol

Quarry Lakes Regional Recreation Area
2100 Isherwood Way, Fremont

www.84strollroll.com
Supervisor Scottt Haggarty: (510) 272-6691
Supervisor Richard Valle: (510) 272-6692

Express to De-Stress

SUBMITTED BY PALLAS WANG

Express to De-Stress—A creative way for teens to talk about stress and inspirations to relieve it! To support its student initiative project to raise awareness of teen stress, SoundPost Youth Foundation organized the Express to De-Stress survey and video contest, aiming to have teens inspire each other by sharing ways to alleviate stress, learn to balance emotion and stay positive. The video contest invited 7th to 12th grade California teens to submit videos sharing their stories or expressing how they best deal with stress and emotions.

Winners of the video contest were announced on September 8th during the “Express to De-Stress Award Ceremony” at Milpitas Library. Following the introduction of finalists and presentation about survey data, winners were announced and awarded by the Judges.

Winners:

- 1st Place: Lark Chang-Yeh, 12th grade at Northgate High School, “Express to Destress”
- 2nd Place: Sara Voong, 10th grade at Oakland Technical High School, “No Summer Bummers”
- 3rd Place: Iha Bharadwaj, 10th grade at Mission San Jose High School, “Express to De-stress”
- 3rd Place winners:
- Max Luo, 10th grade at Henry M. Gunn High School, “How I Destress Myself”
- Justin Lam, 10th grade at Livermore High School, “How 2 Not Stress”

Viewers' choice:

Meriem Cherif, 12th grade at Westmont High School, “Ways to Destress”

SoundPost Youth Foundation is a non-profit organization with the primary goal of providing a platform to enhance youth development through community engagement and outreach activities. To learn more about the Express to De-Stress project and SoundPost Youth Foundation, visit www.soundpostyouth.org/express-to-de-stress. All eleven Finalist videos can be viewed at soundpostcontest.weebly.com.



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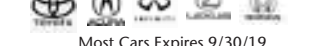
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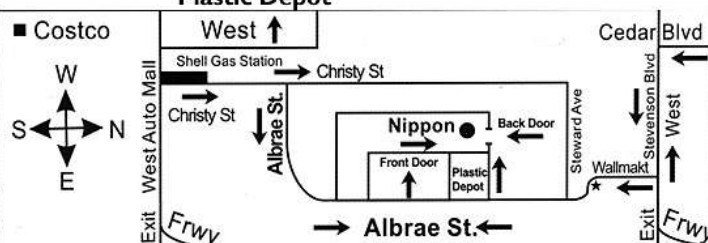
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Asking for a Flex Work Schedule

By ANNE CHAN, PhD, MFT

You love your job, your co-workers, and even your manager, but you are reaching your limit with your daily commute grind. You decide that it is time to make a move to a new job with a better commute. But hang on, before you start polishing your resume, you might want to consider asking your manager for a flexible work arrangement.

These days, more and more companies are becoming aware of the challenges of long commutes and are taking steps to retain their employees by offering flex work options. In fact, the City of San Francisco passed an ordinance that gives certain employees with caregiving responsibilities the right to request flexible work arrangements. Other companies have implemented flexible policies that give managers guidelines for workers wanting a different work arrangement.

The above sounds promising, except that that these policies don't require managers to approve flex work for every employee. Indeed, the San Francisco ordinance only gives employees the right to ask for flexible hours. This might be the kind of right that doesn't translate to beneficial action for the employee—asking for flex work doesn't mean that you are guaranteed this benefit.

Policies and ordinances aside, it seems that flexibility at work depends greatly on individual managers. There appears to be a great variation in how different managers handle the issue of flex work. Some are strictly "butts in your chair" types who require their employees to check in at 9 a.m. sharp and not leave till 5 p.m. On the other extreme are bosses who allow their

employees to work from home, or in some cases, from other states.

It might be daunting to ask your boss for a flexible work arrangement. In most instances, however, you have gained nothing if you venture nothing. If you suspect that your boss might punish you for asking for flex work, you likely have bigger problems on your hands than your schedule. I would encourage employees to consider asking for a flex schedule if such an arrangement works for your manager and the company. The key is to be well prepared for this conversation. You don't necessarily have to write a formal proposal (unless this is a strategy that might favor you), but you do have to be well prepared with your talking points. It might seem counterintuitive, but the key is to focus on how this arrangement would benefit your boss, and not you.

Here are the steps toward having this important conversation with your boss:

Carefully read your company's policy (particularly the parts pertaining to flexible work) and note any statements that apply to you. If you work in San Francisco, review the Family Friendly Workplace Ordinance: <https://sfgov.org/olse/family-friendly-workplace-ordinance-ffwo>

Write down all the ways in which a flex schedule will benefit your boss, your team, and the company. Perhaps a flex schedule will allow you to take on additional responsibilities. Perhaps you will be able to tackle a project that has been put on the backburner. A key question for you to answer is: "How will I get my job done with no or minimal inconvenience to my boss and co-workers?"

Counseling Corner

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com

© Anne Chan, 2018

List all the objections that your boss might have. Common ones are how this will affect team morale, how your absence will affect the work, and problems with communication.

After doing #3, write down ways in which you will work so that each of these problems will not be an issue. For instance, in terms of communication, you might say that you will be available on skype at specific periods of time during the workday, or you might want to designate the hours when you will be logged in.

During your conversation, you might want to suggest a trial period to work out any kinks. Keep track of your productivity during this period to show that this is an advantageous work arrangement for all concerned.

If your boss turns you down, you can still get flex work by working for companies that do allow you to work from home. One website that showcases flex jobs is www.flexjobs.com. However, I hope that you won't have to switch jobs, because you put together a winning flex work proposal for your boss.

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com.

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Chabad offers no-cost services for the Jewish high holidays

SUBMITTED BY CHABAD OF FREMONT

It's almost time for the Jewish New Year. Rosh Hashanah is celebrated with traditional foods, prayer and the sounding of the Shofar. Yom Kippur, the day of atonement, is commemorated by prayer and fasting.

The sounding of the shofar is the central tradition of Rosh Hashana. Typically, it is part of synagogue services. However, if for any reason one did not attend services, the shofar sounding can be fulfilled throughout the day of Rosh Hashana. The mitzvah of shofar also contains many deep and inspiring messages for us to reflect on.

"According to Jewish tradition, the gates of Heaven are open on the New Year, and G-d accepts prayers from everyone," said Rabbi Moshe Fuss from the Chabad of Fremont Jewish Community Center. "That serves as our inspiration to keep our doors open as well to the entire community."

Rosh Hashanah begins this year at sundown on Sunday, September 29, and extends until nightfall on Tuesday, October 1. Yom Kippur begins Tuesday, October 8 at sundown and extends until nightfall on Wednesday, October 9.

For more information about Chabad's services or to reserve a space, visit their website at www.chabadfremont.com or call (510) 300-4090.

Sizzle with the symphony

SUBMITTED BY FREMONT SYMPHONY

With school back in session and busy fall activities starting up, many people are looking for a quick, but nutritious meal that they can get in a hurry. With that in mind, the Fremont Symphony Guild is sponsoring a "Sizzling Dining for a Sizzling Symphony" fundraiser on Tuesday, September 24.

During business hours, the Sizzler restaurant on Walnut Avenue near Paseo Padre Parkway will donate 20% of their dine-in or takeout sales to the Fremont Symphony. These funds will also help support children's events sponsored by the symphony.

To participate, diners must visit the Fremont Symphony Guild webpage at www.fremontsymphony.org/the-guild and download and print the "Sizzling Dining for a Sizzling Symphony" flier on the homepage. To ensure the 20% of the sale is credited to the symphony, diners should present the flier when they place their order at the restaurant.

Symphony fundraiser

Tuesday, Sept. 24

10:30 a.m. – 9:00 p.m.

Sizzler

3101 Walnut Ave., Fremont

(510) 744-4166

www.thefremontsymphony.org/the-guild

The Wellness Waggin

SUBMITTED BY KLAUDIA SIMON

Humane Society Silicon Valley (HSSV) is celebrating the arrival of their new "Wellness Waggin'," which will be used to provide mobile spay/neuter and vaccination services for animals in the community. The Wellness Waggin' will be incorporated into HSSV's free spay/neuter program.

HSSV has been designated as the world's first "model shelter" by the Association of Shelter Veterinarians. The Wellness Waggin' will support HSSV's model shelter commitment to protect homeless animals from suffering and disease by reducing unwanted litters through mobile spay/neuter services.

Wellness Waggin' arrival

Wednesday Sep 18

11:30 a.m.

HSSV

901 Ames Ave, Milpitas

(408) 262-2133

www.HSSV.org

One in a Nation



By JOHNNA M. LAIRD

Kennedy High School junior Amanda Powell spent her summer in healthcare, dividing time between volunteering at Washington Hospital and interning at Kaiser Permanente. Her internship gave her the opportunity to shadow doctors. On morning, she glanced down at her phone and blurted out, “Oh snap! I won a scholarship.”

“Cool,” the ENT doctor responded, just as they stepped into a room to see a patient with fluid behind the ears.

The \$1,000 scholarship from Dignity Health Global Education, awarded to a student wishing to pursue a career or education in the healthcare industry, singled Powell out the only winner in the nationwide competition. The competition called for a posting of accomplishments or healthcare experiences on Goodwall, a global networking platform with two million users targeting Gen Z and Millennials.

Powell, whose love of science extends back as long as she can remember, has known since second grade that her future lies in medicine. When Dr. Sabina Hill, a Kaiser physician, gave a presentation in her classroom at Mattos Elementary on how the human body works and the role of being a doctor, Powell recalls, “It blew my mind. Everything was interesting, new and exciting.” Later Hill returned to school with a kidney and later with a simulated brain made of Jello. “That’s when I decided I wanted to purse a medical career,” Powell says.

The scholarship is Powell’s first, but she is applying for more. She has had discussions with Stanford University as a possible college choice. In the meantime, she is packing her high school schedule with advanced classes, especially science and math. She’s also making time to serve as a Link Leader, helping freshmen adjust to high school.

“We meet up with our freshman and lead them in games

that promote team bonding,” says Powell, who adds that Link Leaders teach “Link Lessons” that communicate morals and values. “If we play Team Juggling, for example, we relate the balls to all the different responsibilities and priorities students have to juggle in high school. We then offer positive and healthy ways to succeed,” Powell explains.

Powell’s volunteering assignments at Washington Hospital ended in August, but she hopes to return in October volunteering in a different capacity to broaden her experience. At Washington, she answered phones and contacted area residents to alert them to free services. The experience gave her an intro into the importance of customer service. “There was a diverse set of personalities I encountered,” Powell said, “and I was forced to accept that some people did not want to be helped. I could be super polite and helpful, do everything right, and realize they won’t let me help. I had to roll with it and hope for their happiness.”

At Kaiser, Powell received the opportunity to shadow multiple doctors in different departments, Monday through Friday, from 8 a.m. to 5 p.m., throughout the summer. “I was stunned by the number of brilliant doctors at Kaiser,” she says. “All of them are extremely caring and want what’s best for the patient.” The internship allowed her to experience a variety of medical practices with different personalities and approaches to problems, yet all the doctors worked toward the same goal: patient health. “I love seeing how medicine is approached. It’s all about looking after people, patient care, and helping however you can.”

The internship solidified her desire to work in medicine. “With this hands-on experience I’m realizing it’s worth the investment of time, energy, and money to help people while also experiencing job satisfaction.”

Medicine definitely has its challenges, particularly for young people interested in gaining

volunteer experience. “Volunteering in healthcare is very difficult,” she says. “There are a lot of rules and regulations, which as a patient I appreciate, but it makes it difficult for high school students. There are a lot of age restrictions and preference for older students, college students. Because of the age restrictions, I’ve only started volunteering this year since I am 16.”

Dignity Health Global Education Marketing Director Felicity Dale says, “Educating and empowering the future generation of healthcare professionals is the purpose behind our partnership with Goodwall, and our scholarships are one critical component of this. “The entries we received were inspiring: they were passionate, creative, and thought provoking,” Dale continued. “Amanda’s entry highlights the importance of education in her decision to work in the medical field in the future.”

The community aspect is what originally drew Powell to the Goodwall app in the first place, and the opportunity to further break down barriers between her and an education in healthcare drove her to apply. “When you scroll through the Goodwall feeds, it’s nothing but positivity and community-based interactions,” Amanda said. “And the award money from DHGE is a blessing because it takes some of the financial pressure off of pursuing a career in medicine, which is my dream.”

Powell is the daughter of Jason and Alanna Powell. Alanna Powell is the founder and president of the local non-profit, Boldly Me, which works to help people move through emotional trauma that can develop as a result of differences ranging from birth conditions, to illness, to medical treatments.

Learn more about Goodwall on their website at <https://dhge.org/partners/good-wall/>.



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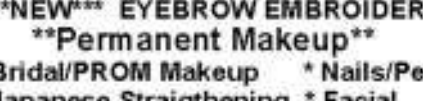
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India Community Center

Banquet

SUBMITTED BY VANDANA GHANDI

On Saturday, September 21, India Community Center (ICC) will recognize inspiring individuals and discuss how the organization will continue to serve the Bay Area’s Indian community at their 16th annual banquet—and also enjoy an evening of entertainment and gourmet food!

The event will involve a networking and cocktail reception, and dinner of sophisticated and flavorful Indian cuisine provided by Jalsa Catering. Riyaz Qawwali Group will perform their signature Sufi music, representing the diversity of South Asia.

This year Inspire Awards will be given in the category of Performing Arts. Recipients are: Kala Ramnath, Mythili Kumar (of Abhinaya Dance Company), Mahesh Kale, Pt. Swapan Chaudhury, and Riyaz Qawwali Group.

Dress for this event is Indian or Western formal. Valet service and childcare (for ages 4-10) are available. Pre-registration is required for childcare.

ICC Banquet
Saturday, Sept 21
5 p.m. – 11 p.m.
525 Los Coches St., Milpitas
(408) 934-1130
<http://www.indiacc.org/>



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BUSINESS

California bill banning forced arbitration gets early OK

AP WIRE SERVICE

Employers in California could not force workers to give up their right to sue the company under a bill that is likely headed to the governor’s desk.

The California Senate voted 21-10 on Wednesday to approve a bill that would ban employers from forcing workers to agree to arbitration for some potential disputes with the company. The vote is not yet final, but it has enough votes to pass.

The bill would still let workers sign such agreements, but they could not be punished for not signing them. It would only apply to people hired after Jan. 1, 2020.

Republican Sen. Jeff Stone of Temecula said the bill violates federal law and will likely be challenged in court.

Former Gov. Jerry Brown vetoed a similar bill last year.

GM hires Google to make infotainment system more like phones

AP WIRE SERVICE

General Motors is hiring Google to run key parts of its dashboard infotainment system, admitting that the tech firm can do a better job.

GM says research shows customers want technology embedded in their vehicle, and they want it to match how their smartphones operate.

The company says Google will work to bring its voice assistant into vehicles worldwide as well as navigation and in-vehicle apps. It’s scheduled to happen starting in 2021.

The company says the Google system will be better than past GM

Assembly OKs California Public Records Act bill

SUBMITTED BY
JEFF BARBOSA

On September 9, advocates of a strong California Public Records Act (CPRA) achieved a victory when the state Assembly approved Senate Bill 518 by Sen. Bob Wieckowski (D-Fremont) to prevent government agencies from transferring the costs of attorney’s fees onto public records requesters.

Under the California Code of Civil Procedure Section 998, settlement offers, if rejected, provide that the offering party is entitled to recover its litigation costs in the event the rejecting party fails to obtain a better result at trial. While Section 998 is a useful tool to reaching an

agreement. Drivers will be able to use Google Assistant to make calls, text friends or even set the temperature in their vehicles.

“I think we’re going to get a better experience, no doubt in my mind,” GM Vice President of Connected Customer Experience Santiago Chamorro said in an interview. The natural language capability of Google Assistant keeps improving and will make it easier for people to talk to their cars, he said.

After many lackluster attempts at developing their own systems, automakers have been moving integrate phones into infotainment systems. Most cars now can project smartphones onto car screens with Android Auto or Apple CarPlay.

GM wouldn’t release terms of its contract with Google. The deal is only with Google and does not cover any other units of its parent, Alphabet Inc., including its autonomous vehicle unit Waymo, GM said.

agreement in civil litigation, it should not be used in conjunction with the California Public Records Act.

“SB 518 ensures that our Public Records Act is being used as it was intended – as a way for Californians to get information from their government without being threatened with having to pay an agency’s attorney’s fees,” said Wieckowski. “This bill clarifies that a court shall award costs and reasonable attorney’s fees to requesters should they prevail in court. We do not want people to be deterred from requesting public records under the CPRA because they think they might have to pay for the government’s attorneys.”

SB 518 is supported by the California News Publishers Association, California Broadcasters Association, First Amendment Coalition and Coalition for Sensible Public Records Access, among many other organizations. The bill will go back to the Senate for a final concurrence vote before heading to Governor Newsom for his consideration.

California lawmakers OK overhaul of charter school approvals

BY DON THOMPSON
ASSOCIATED PRESS

Lawmakers sent Gov. Gavin Newsom legislation Tuesday that overhauls the way California approves charter schools.

The measure approved by the Assembly on a 56-16 vote would no longer let the state authorize charter schools, leaving that responsibility to school districts and county governments. The legislation also would require that all charter schoolteachers be credentialed, while giving existing teachers five years to meet that requirement.

The bill will give local districts greater flexibility in considering how the schools affect their community while requiring that charter schoolteachers are fully qualified, said Democratic Assemblyman Patrick O’Donnell of Long Beach, who carried the bill in the Assembly. The measure will also reward higher performing schools by speeding the renewal of their charters, he said.

California has about 1,300 charter schools that enroll about 10% of the state’s K-12 population. They are publicly funded but operate by different rules than traditional schools.

Several Democratic lawmakers spoke in support of what Assemblywoman Wendy Carrillo of Los Angeles called “an historic agreement” between legislative leaders, school officials and labor unions.

But several Republicans spoke against the measure.

“Charter schools are not the enemy unless you are trying to protect the status quo. What is the status quo? In a word: failure,” said Assembly Republican Leader Marie Waldron of Escondido. She said special interests are trying to limit charter schools that provide an alternative to poorly performing public schools.

During Senate debate on Monday night, Republican Sen. Brian Jones of Santee called the bill “another attack of the many this year on charter schools.”

But Democratic Sen. Ben Allen of Santa Monica said negotiators “struck the right balance.”

“This deal does affirm that if you are an existing, high quality charter school, you are here to stay,” Allen added.

Senators approved the bill on a 27-11 roll call.

First recipients of down payment assistance program

SUBMITTED BY SANTA CLARA
COUNTY PUBLIC AFFAIRS

The first recipients of a down payment assistance program, funded by the 2016 Measure A Affordable Housing Bond, have purchased their homes. The program, called Empower Homebuyers SCC, is intended to help households who make up to 120 percent of the area median income – the “missing middle” in Santa Clara County – become first-time homeowners. So far, the program has helped eight residents from Santa Clara County purchase homes, with another seven in the pipeline.

“Santa Clara County’s Empower Homebuyers program

really allows the homeowner to have a fighting chance at affording a home, building up that equity, paying us back so that we can give that back to the next resident of our community,” said County of Santa Clara Supervisor Cindy Chavez. “It is one piece of the puzzle to addressing our area’s housing crisis. The early success of this program will inspire us to continue this important work for the countless other families who need it.”

Empower Homebuyers SCC was created by the County of Santa Clara with funds from Measure A – the Affordable Housing Bond passed by voters in 2016. Housing Trust Silicon

Valley, a nonprofit community development financial institution, is the administrator of the program, which is expected to help approximately 230 first-time homebuyers in the first five years of the program. Empower Homebuyers SCC provides deferred loans for down payments up to 17 percent of a home’s purchase price. Like Housing Trust’s HELP program, the county’s down payment loan program does not require monthly principal or interest payments – borrowers will repay the principal loan amount plus a share of appreciation based on the percentage of the amount borrowed.

San Francisco’s iconic cable cars to shut down for repairs

AP WIRE SERVICE

San Francisco’s iconic cable cars will stop running for 10 days starting Friday while they undergo the final repairs in a three-year restoration project of the gearboxes that propel the world-famous system up the city’s notoriously steep hills.

Shuttle buses will run along the three cable car routes where historic cars typically travel at a steady 9.5 miles (15 kilometers) per hour, the San Francisco Municipal Transportation Agency said Wednesday.

The agency says it needs to get the manually operated cable cars off the streets to rehabilitate the gearboxes that power the system that started in the 1890s.

The gearboxes spin the 30-foot (9-meter) tall wheels that pull the 12 miles (19 kilometers) of steel cables under San Francisco to lift the city’s 40 cable cars up steep hills.

The shutdown is sure to disappoint some of the tourists visiting the city next week. Long lines typically snake around several sites where riders can hope on, despite each car’s capacity of 60 people. The city says 7.5 million passengers ride the cable cars each year.

The work is part of a \$6 million upgrade project that started in 2017 to repair the four heavy equipment gearboxes that have been in service since 1984. The fourth gearbox controls the Hyde Line, the master cable that controls all cable cars going in and out of the cable car barn. Without it operating, cable cars can’t enter or return from service.

San Francisco’s cable cars were named a National Historic Landmark in 1964 by the U.S. Interior Department’s National Park Service. The cost is \$6 for each ride or \$14 for an all-day pass. Seniors and the disabled pay \$3.

Fair homeowner association elections bill approved

SUBMITTED BY JEFF BARBOSA

Stronger oversight of elections in California’s more than 50,000 homeowner associations (HOAs) is one step closer to taking effect after the state Assembly approved SB 323 by Senator Bob Wieckowski (D-Fremont). The bill will go to the Senate September 13 for a concurrence vote.

“HOA board members have broad power to fine residents, sue residents, and even foreclose on their homes,” said Wieckowski, a member of the Senate Housing Committee. “Unfortunately, that

power is sometimes also used to control who can run for office and who has a seat at the table. Homeowners with minor or fabricated violations are disqualified from running for a board seat by associations more interested in maintaining the status quo than holding fair elections. SB 323 will change that by ensuring that HOA members are not disenfranchised.”

The bill limits the power of incumbent boards to set arbitrary “qualifications” for homeowners wanting to run for a board seat. It requires that an inspector of elections be a neutral third party and that ballots be counted in an accessible

location. It also gives guidance to the courts hearing challenges to election procedures and results.

“The California Alliance for Retired Americans (CARA) is a fierce advocate of the consumer protection of seniors living in HOAs because for most seniors, their homes are their chief financial asset,” said CARA Legislative Director Hene Kelly. “If they lose their homes, they can’t re-enter the workforce and earn enough money to buy a new one. Too often seniors report to us how they are denied the right to vote and the right to run for a board seat because of the “qualifications” set by

the boards. SB 323 makes sure these fundamental rights will not be denied to homeowners.”

In addition to CARA, SB 323 is supported by the Center for California Homeowner Association Law, American Civil Liberties Union, Greater Sacramento Urban League and the Nonprofit Housing Association of Northern California.

Senator Wieckowski represents the 10th District, which includes southern Alameda County and parts of Santa Clara County.



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ABC Supply appoints Garcia

SUBMITTED BY
MARCIE WATERS

Leo Garcia has been promoted to branch manager of building products distributor ABC Supply Co. Inc.'s Hayward location. Garcia began his career with ABC Supply at the San Jose



branch as an inside sales associate. A lifelong Californian, Garcia served in the U.S. Marine Corps for four years. In his new role as manager of the Hayward branch, Garcia will build meaningful relationships with area contractors and guide a dedicated team of associates to provide the world-class customer service that makes contractors' jobs easier.

Realty firm invests in management training program

SUBMITTED BY WEICHERT REAL ESTATE AFFILIATES

Officials from Rainbow Properties, a real estate and funding agency in Newark, announced on September 12 that Adam Modzeleski has completed a management academy training program from Weichert Real Estate Affiliates, Inc.

The intense five-day academy is a top-level program for real estate management training and focuses on building world-class real estate offices. "Our management academy was created to give Weichert franchisees a solid foundation and the confidence to manage and grow their businesses as never before," said Bill Scavone, president and chief operating officer of Weichert Real Estate Affiliates, Inc. "The various management systems our training covers is quite an eye-opener, even for the experienced broker manager. Adopting these systems help save time, energy, money and stress."

The concentrated program emphasizes systems installation, business planning, recruiting, training and career development, and includes a tour of the corporate campus in Morris Plains, New Jersey, where franchise principals actually see Weichert divisions at work. Graduates of the Weichert Management Academy are better equipped to offer home buyers and sellers in their communities the best services in real estate.

Rainbow Properties is an independently owned and operated Weichert affiliated office. For more information contact Adam Modzeleski at (510) 791-7923 or email moe4loans@gmail.com.

Tesla heads down new road with car insurance in California

BY MICHAEL LIEDTKE AND
TOM KRISHER
AP BUSINESS WRITERS

Tesla owners in California can now buy insurance from the electric car company in what may be the first step toward the unconventional automaker providing coverage for a fleet of driverless taxis.

The expansion announced Wednesday comes four months after Tesla CEO Elon Musk told analysts the company would branch into insuring its own cars for people who buy or lease them.

Musk believes Tesla has learned so much about its cars that it will be able to offer rates 20% to 30% below those offered by traditional insurers. That will likely to appeal to Tesla owners who have been complaining about being charged too much for coverage.

Although the insurance is only being sold in California to start, Tesla plans to offer coverage throughout the U.S. at a later

undisclosed state.

The policies will only be for personal usage of the Tesla cars, but the Palo Alto, California, company also wants to eventually offer commercial policies.

It's a move Tesla may have to take if Musk is to deliver on his promise to begin selling Tesla vehicles capable of navigating roads without a driver behind the wheel within the next 16 months. Self-driving car experts believe that is unlikely to happen, but Musk has promised to have a fleet of robotic Teslas operating as part of a ride-hailing service by the end of next year.

To make that vision a reality, the driverless cars will need commercial insurance – something no company but Tesla may be willing to provide, given it probably will be exploring uncharted territory if it's able to dispatch fully autonomous vehicles to pick up passengers.

Selling insurance will also provide Tesla with another source of

revenue as it tries to prove it can consistently make money. The company was profitable during the last half of last year – the longest stretch of prosperity in its history – but has lost another \$1.1 billion during the first half of this year. Those losses could rise even higher if Tesla miscalculates the risks of selling auto insurance.

Tesla's disappointing financial performance and escalating doubts about its future prospects have caused its stock to plunge 35% so far this year.

Tesla believes it has learned so much about the technology, safety and repair costs of its cars that it will be able to figure out the proper prices to charge for each policy. Its electric cars are equipped with so many sensors that the company could theoretically monitor whether the drivers are prone to chronic speeding or habitually engaging in other risky behavior, but Tesla says it won't do that.

—

Krisher reported from Detroit.

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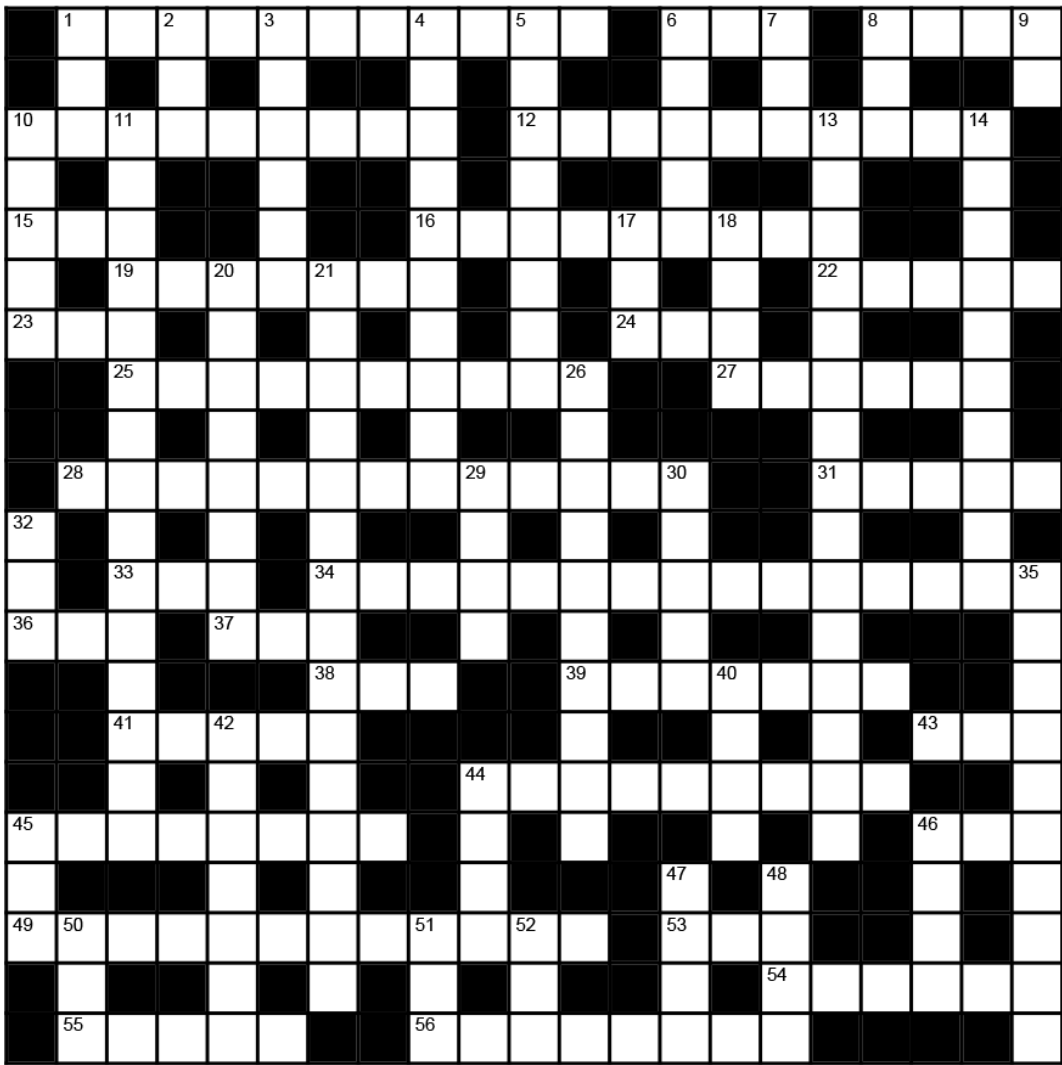
Reclaim your quality of life
* Stress/ Depression/ Anxiety/ Insomnia

- * Constipation/ Diarrhea
- * Floaters/Dry/Watering/Blurry
- * Rash/Acne/Singles/Urticaria
- * Frequent urination
- * Kidney stone
- * Parkinson's disease
- * Tourette syndrome

- * Allergies
- * Pain management
- * High blood Pressure
- * Diabetes
- * Facial Palsy
- * TMJ syndrome
- * Alzheimer's disease

Mind Twisters

Crossword Puzzle



- Across

1 End of the quote (11)

6 Where to find porters (3)

8 PBS show "by kids, for kids" (4)

10 "Feels Like the First Time"band (9)

12 Fancy duds (6,4)

15 www.yahoo.com, e.g. (3)

16 Like tumblers (9)

19 Put down (7)

22 Abnormally active (5)

23 Caffeine source (3)

24 Low-tech missile (3)

25 Start of a quip (4,6)

27 Beat, and how! (6)

28 Prism output (5,8)

31 Stage item (5)

33 "___ tu" (3)

34 Intermittently (5,3,3,4)

36 Baseball V.I.P.'s (3)

37 Either of two N.T. books (3)

38 Book before Neh. (3)

39 Spanish nobleman (7)
- 41 Propelled a boat (5)

43 Disposed (3)

44 See circled squares (9)

45 Social butterfly (8)

46 Abilene-to-San Antonio dir. (3)

49 Unexpectedly (3,2,1,6)

53 Bobby of the Bruins (3)

54 Cochise, for one (6)

55 Midsection (5)

56 Yellow (8)
- Down

1 "___ Beso" (Paul Anka hit)

2 Driver's aid (3)

3 Like some socks (6)

4 Well-worn (10)

5 Not working (2,6)

6 Lecterns (5)

7 Dark horse (3)

8 #26 of 26 (3)

9 ... (2)

10 Theme of this puzzle (5)
- 11 Let go (7,4,4)

13 College honor(2 words) (9,6)

14 Like some suits (10)

17 Conk (3)

18 Sign of spring (4)

20 German (8)

21 Shot putter? (10,5)

26 Keep (10)

29 Dear, as a signorina (4)

30 Spoke Persian? (5)

32 Chang's Siamese twin (3)

35 Yankee (10)

40 Pituitary hormone (4)

42 Snubs (7)

44 Cross (4)

45 Actress Scala (3)

46 1960's civil rights org. (4)

47 Atmosphere (4)

48 Inside shot? (4)

50 Wallace who wrote "Ben-Hur" (3)

51 U.S. Army medal (3)

52 One of eight Eng. kings (3)

Horoscopes on hiatus

Our astrologer, Vivian Carol, has informed us that she is taking a brief break but will resume her forecasts in October.

Word Search



- Admire

Agree

Aid

Air

All
- Ants

Any

Apt

Arm

Arrived
- Ash

Ate

Ax

Barn

Bills
- Bulb

By

Cap

Car

Catch
- Colt

Column

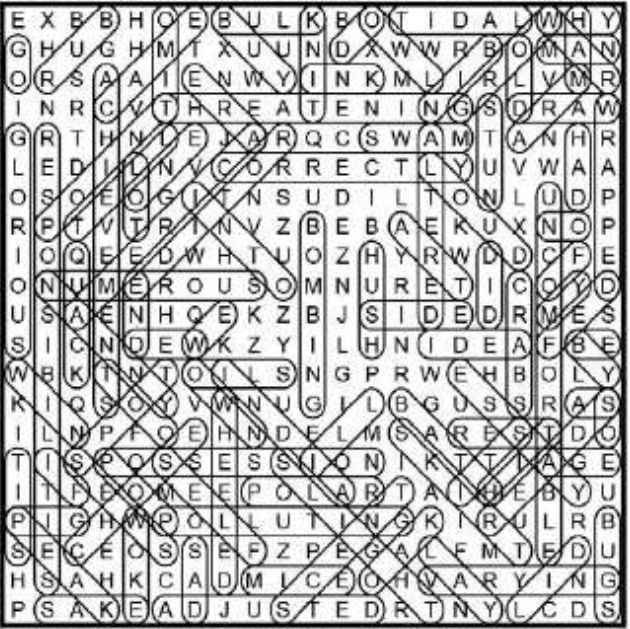
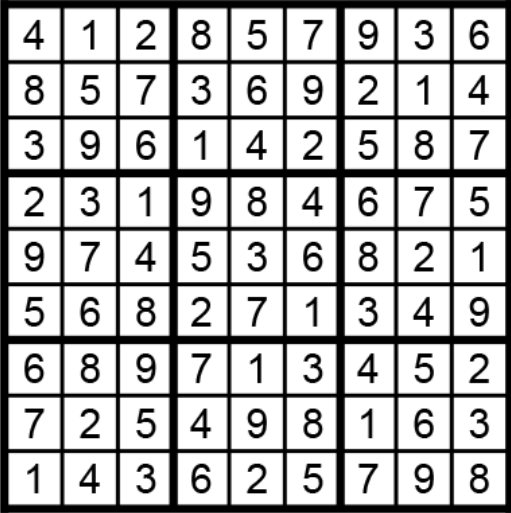
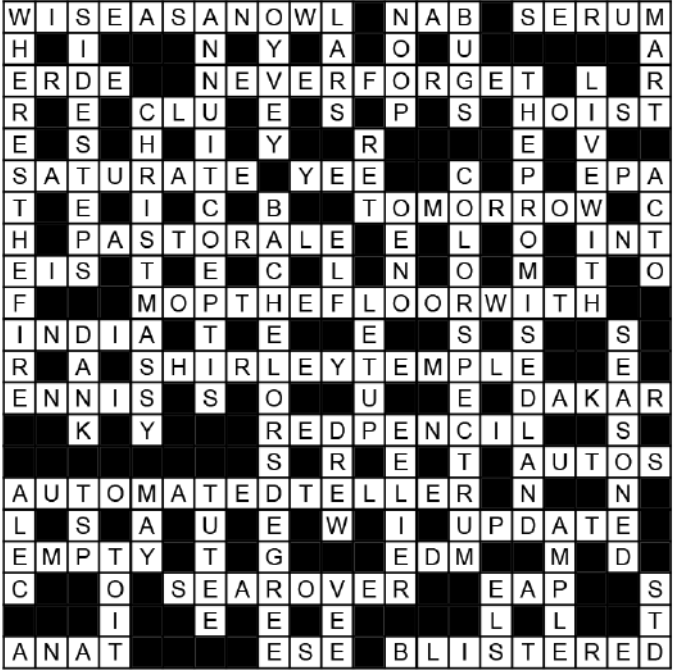
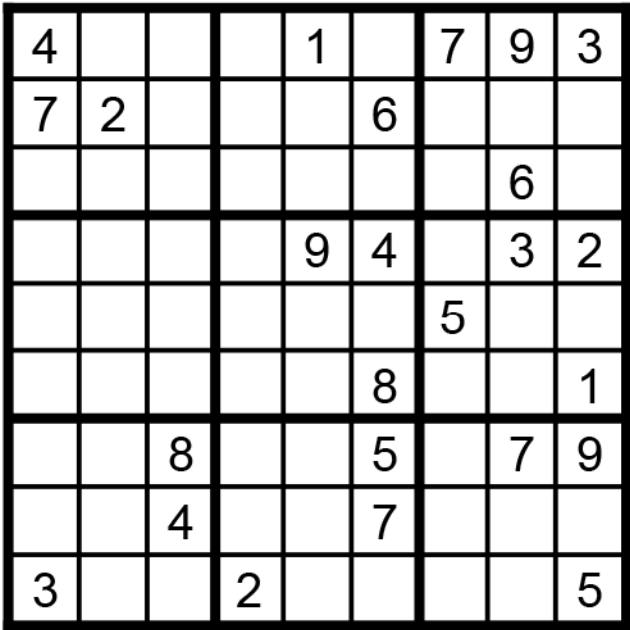
Didn't

Diet

Do

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



- Eager

Eat

Egg

Enforce

Equivalent

Era

Evil

Faces

Get

Glad

Green

Grip

Hard

Hem

Holy

Hum

If

Infant

Inn

It

Jug

June

Kicked

Land

Lazy
- Lead

Love

Manufacturers

Men

Minds

Moist

My

Natural

Navy

Nib

No

Obeys

Objective

Odd

Oils

Older

One

Organizations

Our

Pad

Past

Photograph

Pot

Rug

Salary
- Scene

Shutting

Sick

So

Spacing

Spells

Spin

Stage

Students

Suffix

Tan

Ten

Thoughtfully

Tie

Tow

Train

Travel

Try

Turned

Up

Urgent

Us

Van

Work

Yield

Frances Boyce: living strong at 109

SUBMITTED BY SARAH HERRON

In 1910, Frances Boyce was born under two comets: Daylight Comet and Halley's Comet. Perhaps this favorable omen blessed her with her remarkably long and healthy life. In 2010, Boyce reached the rare human achievement of a 100th birthday. Since then she has been adding to her accomplishment. On September 17, 2019, she will turn 109 years old.

Boyce grew up on a small farm in Indiana, one of eight siblings. She remembers helping with chores and walking over a mile to school—although her dad would pick up all the kids with a single-seater horse and buggy when it rained. After her



marriage, Boyce moved to Washington and then to Southern California where she worked as a legal secretary until she retired at age 65.

In 2013, Boyce moved out of her previous home in Fremont's Besaro Mobile Home Community; she now lives with her granddaughter and



great-granddaughter. Although her memory can fail at times, she still enjoys excellent physical health overall. Her secret to a long life is staying active and eating healthy.

Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

New Affordable Housing

On September 6, Fremont celebrated another milestone for affordable housing, the groundbreaking of Warm Springs Village Apartments and "final pour" for the foundation. Built in partnership with Eden Housing and located directly across from the Warm Springs/South Fremont BART Station, this development will provide 132 affordable rental apartment homes for families in Fremont.

The complex, at 45108 Tom Blalock Street, will consist of two buildings and include 6,000 square feet of commercial space, a community room with a kitchen, a community courtyard, computer labs, bike storage, laundry facilities, and offices for management and resident services. Green features will include solar systems, drought resistant landscaping, and electric vehicle charging stations. A pedestrian-friendly park is also planned between the two buildings.

The units at Warm Springs Village Apartments will be for households earning between 30 percent and 60 percent of the Alameda County area median income. To view the latest figures, visit www.Fremont.gov/AreaMedianIncome. To receive information when the units become available, sign up for the City's Affordable Housing Interest List at www.Fremont.gov/AffordableHousingInterest.

Warm Springs Village Apartments is estimated to be complete in winter 2020 and will be part of Metro Crossing, a new master-planned development in the Warm Springs Innovation District that will include 1,001 total residences and nearly two acres of parkland.

Input for Climate Action Plan Update

Since the adoption of the City of Fremont's first Climate Action Plan in 2012, the city has implemented several municipal and public-facing projects, programs, and policies that have resulted in significant reductions in greenhouse gas emissions and earned Fremont regional recognition as a sustainability leader. Fremont is now working to update its Climate Action Plan (CAP) to align with the new 2045 carbon neutrality goal recently established by the Fremont City Council in February 2019.

As part of the CAP update process, the city is seeking the community's help in identifying actions that will make Fremont a cleaner and healthier place for everyone. Strategies for achieving these goals can include transitioning to renewable and fossil-free energy in buildings and vehicles, enhancing sustainable transit and travel options, reducing waste and pollution, incorporating green building design, restoring natural habitats, drawing down carbon dioxide from the atmosphere through plants and trees, and increasing our resilience to climate change.

To gain feedback, the city is inviting the community to complete the CAP Update Survey. By taking the survey, the community can play an active role in designing a healthy and sustainable future for Fremont. Read more information and take the survey at <https://stories.opengov.com/fremontca/published/j8uKMlB0>.

Watch Movies Under the Stars

Join the city's Recreation Services Division on Friday, September 20, for the final Summer Movie Under the Stars. Captain Marvel will be shown after sunset in front of Town Fair Plaza in Downtown Fremont on Capitol Avenue and State Street. The movie is PG-13 and is free to attend. Grab some blankets, low beach chairs, and a picnic dinner and enjoy a great flick with family and friends. For more details, visit www.Fremont.gov/MovieNight.

Local cops raise money for Special Olympics



BY STEPHANIE GERTSCH

On Thursday, September 12, local law enforcement officers gathered outside Dunkin' Donuts locations to support Special Olympics and hand out coupons for discount donuts and free coffee. In some locations, cops

took to the roofs, but at the Dunkin' Donuts on Mowry Avenue, Fremont, the event stayed down on the sidewalk due to safety concerns. Attendees could purchase t-shirt or headbands, or simply make a donation in the amount of their choice. Fremont Mayor Lily Mei

came out to show support for the cause.

Yanneth Contrada, public affairs specialist with the Fremont Police Department, says, "This is our second year partnering with Dunkin' Donuts across the nation, and all the local police departments actually spend the

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Anita International • Classique • Luisa Luisa • Jodee
Trulife • BSN • Julius Zorn • Medi • Prairie Wear
Dream USA • Henry Margu • Jon Renau

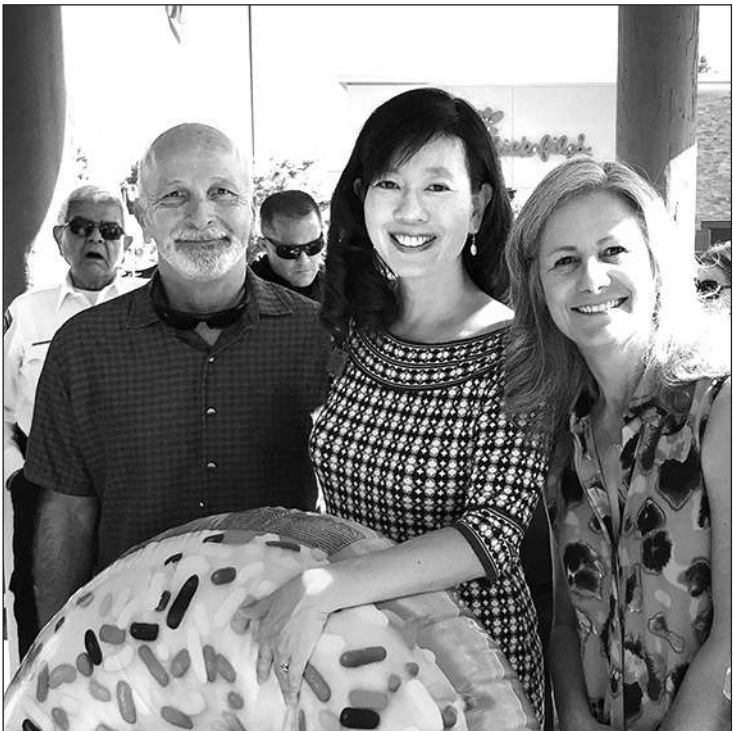
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To make an appointment, call (510) 790-1911 or email info@hersbreastcancerfoundation.org.

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HERS is a 501(c)(3) nonprofit organization, Fed. Tax ID 94-3309906.





morning here raising awareness for the Special Olympics athletes... so we're excited for our second year in this wonderful partnership, and we look forward to doing everything again!" Tom Novello, a coach with Special Olympics in Fremont, spoke about the range of sports the athletes train for. Right now it's bowling, but throughout the year they do basketball, softball, and other sports. "We have ages from about 12 to 75," Novello says. "Some do a lot of events, and some of the older folks just do bocce ball and bowling. For instance, we have like 60 bowlers every Monday night at Clover-

leaf... that's what it's all about, having fun and participating and being with friends." Through donations and fundraisers like Tip-a-Cop and 5K runs, police officers around the country raised over \$2.8 million for Special Olympics in 2018. This money goes toward things like renting venues and providing uniforms. Hopefully 2019 will see a similar turnout in support of these athletes. Learn more about Special Olympics at www.sonc.org.

Hayward Executive Airport Open House



SUBMITTED BY CITY OF HAYWARD
PHOTOS BY VICTOR CARVELLAS

This year's event, "Celebrating Women in Aviation," will take place on Sunday, September 22. Entry and parking for the open house are free to the public. Dozens of airplanes, from vintage models to business jets and helicopters, will be on display, including a



Lockheed C-130J. There also will be displays of classic cars, and the Hayward Fire and Police departments will be on hand with emergency response vehicles.

Free airplane rides are available for kids between the ages of eight and 17 courtesy of the Experimental Aircraft Association's Young Eagles Program. Registration for rides is required and will be on a first-come, first-serve basis starting Sunday, Sept. 15, at 1 a.m. Visit the Young Eagles Program website for more information: <https://youngeaglesday.org/>.

Also featured this year are low-cost airplane rides for adults and children who were unable to secure a free ride from the Young Eagles, plus music from local DJs, great food, a climbing wall and many other family-friendly attractions.

For more information about the Hayward Executive Airport and the annual open house, visit their website www.haywardairport.org.



Celebrating women in aviation
Sunday, Sept 22
10 a.m. – 4 p.m.
Hayward Executive Airport
20301 Skywest Dr., Hayward
(510) 293-8678
www.hayward-ca.gov/airport



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Home & Garden

Saving seeds for another day

ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

Halfway between mainland Norway and the North Pole where very few plants grow, is the world's largest seed bank. Svalbard Global Seed Vault, which is on a small Norwegian island Spitsbergen, has the capacity to store 4.2 million different seed crop varieties in specialized packs containing 500 seeds each. It is operated by global Crop Diversity Trust and is the world's insurance policy in case of a disaster that causes a mass extinction of crops. The vault lies 100 meters deep inside a rocky mountain where seeds from almost every country on earth are stored in climate controlled rooms. Fortunately for home gardeners, saving seeds is not as big an undertaking.

There are plenty of reasons why gardeners might want to save their own seeds. Large seed companies focus on selling seeds from profitable hybrids and seeds that survive across the country. Seed saving gives a person the opportunity to grow fruits and vegetable varieties that thrive locally and more options for growing plants for specific traits like taste, color, and texture. Seed saving makes it easier to guarantee that the seeds will produce plants identical to their parent because any rogue varieties can be identified, and their seeds not collected—something most giant corporations do not do. Collecting and saving seeds can also save money.

Most of the information in books and online about seed saving is referring to ones from desired fruits or vegetables. However, sometimes a person might want to save seeds from a wild or landscaped plant. The same guidelines apply to all plants before saving their seeds. The mother plant must produce viable seeds and those must have had ample time to mature. Most regional, county, state, and



national parks do not allow seed collecting. Seeds from native plants need to have been collected from other places such as home or commercial gardens.

Seeds can be collected from vegetables and fruits that were purchased or home grown. Purchased produce used for collecting should be organic. Conventional growers buy seeds from large corporations that have often genetically modified the

seed to be sterile. This ensures that the growers will have to purchase seeds yearly from the company. Organic fruits and vegetable do not have this "terminator" trait. Buying organic fruits and vegetables for seed saving from the farmers market is a good way to find seeds that grow well in the local area. However, whether from the store or farmers market, certain produce such as eggplants, cucumbers, beans,

and peas do not have mature seeds that can be saved.

Seeds from home-grown fruits and vegetables should be collected from open-pollinated plant or non-hybrid varieties that produce seeds that are true generation after generation. Pollination is the factor if the plant grown from the seed is going to produce a plant identical to the mother plant. Some plants such as tomatoes, bell peppers, beans, eggplant, and lettuce are self-pollinating and have a very low chance of producing seeds that are not true to the mother plant. Plants pollinated by the wind like corn and spinach, and plants such as zucchini and cantaloupe that use bees and other insects have a much higher probability of being cross-pollinated. Using a small paint brush to hand pollinate and the isolating the flower with a breathable bag can thwart cross-pollination and ensure getting seeds that are true.

There are general times to collect seeds depending on where they are found. Seeds in flower

heads can be collected when the flower has dried up. Seeds in pods can be harvested when the pods appear moisture-less. Fruit grown on vines should be left on and will have viable seeds about the time the it begins to rot. Many other fruits (or fruits generally thought of as vegetables) can have their seeds collected when they are overripe to the point of being non-edible.

All collected seeds should be placed in envelopes, small paper bags, or glass containers. They should be completely dry and free of any soil. "Wet" seeds such as those found in tomatoes and watermelons will need to be washed, lightly scrubbed and then allowed to dry. Seeds should be labeled with the plant name, variety, and date. The date is important because seeds from different plants have varying shelf lives. Onion and leek for example, are only viable for a year, whereas radishes and artichokes are good for five years. The record for the longest seed dormancy is from a lotus seed that was sprouted after 1300 years. Containers or envelopes should be stored in a cool dark place or in the refrigerator as long as they stay 100 percent dry.

There are 13,000 years of agricultural history preserved in the Svalbard Seed Vault so future generations can enjoy the world's crop diversity. It just takes one year of seed saving at home for this generation to appreciate what last year's harvest had to give.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



THE ACWD CONNECTION September Community Events

Come and mingle with ACWD staff at upcoming community events. We never pass up the opportunity to talk with our customers about current projects, conservation and everything water. Mark your calendar for these September events:

- Saturday, September 21, 2019 - Newark Days Parade, *Heroes Are Super!* For more information visit: www.newarkdays.org
- Sunday, September 22, 2019 - Niles Canyon Stoll & Roll Event, Walk and Bike Through Niles Canyon. For more information visit: www.84strollroll.com

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Superfood café concept coming to Fremont

SUBMITTED BY COLE KORETOS

Vitality Bowls, a superfood café specializing in açai bowls, smoothies, fresh juice, salads, and paninis, has signed a lease with local entrepreneurs, Vi Pham and Scott Bui, to open the first location in Fremont. Pham and Bui are planning for a mid-Fall opening at 39258 Paseo Padre Parkway. The convenient location means residents, professionals, and students will have easy access to healthier food options while out and about. Following this opening, Pham and Bui plan to open additional locations in the Fremont area.

“The fresh ingredients and superfoods that Vitality Bowls offers are unlike any other fast-casual eatery options in the Fremont area,” said Pham, a pharmaceutical researcher with years of experience in health science.

The menu features the widest variety of unique superfoods, including graviola, acerola, organic mangosteen, camu camu, spirulina, aronia, moringa, maca, bee pollen and more. The Fremont eatery will also include superfood drinks packed with antioxidant-rich açai, pitaya and matcha, as well as refreshing kombucha served on tap.

Vaccine bill

BY DON THOMPSON, ASSOCIATED PRESS

Changes demanded by California’s governor as a condition of signing a vaccine bill cleared their first hurdle Monday, when the state Assembly passed the companion bill and sent it to the Senate.

Gov. Gavin Newsom sought the changes as a condition of signing legislation intended to crack down on doctors who sell fraudulent medical exemptions.

Lawmakers sent Newsom the original bill last week. Democratic Sen. Richard Pan of San Francisco agreed to also carry follow-up legislation that among other things would give school children grace periods that could last several years on existing medical exemptions.

The Senate was expected to take up the bill later Monday, but action was delayed as protesters unfurled an upside-down American flag from the Senate’s public gallery in a traditional signal of distress while opponents chanted “My kids, my choice” and “We will not comply.”

An apparent counter-protester unfurled a black banner reading: “We the People v. the Vaccine Extremists.”

The two bills are needed “so we can keep children safe from preventable diseases,” Democratic Assemblyman Jim Wood of Santa Rosa said before the Assembly approved the measure with a 43-14 vote.

Republican Assemblyman Devon Mathis of Visalia objected that there were no committee hearings on the last-minute bill.

“This goes past vaccines and is again a major government overreach,” Mathis said, adding that, “Our medically fragile children are what are at stake.”

Newsom demanded a phase-out period for medical exemptions similar to one allowed when California eliminated personal belief vaccine tions in 2015. A kindergartener with an exemption could retain it through 6th grade, for instance, while a 7th grader could be exempted through high school.

Several opponents of the bill were detained before the legislative session as they blocked entrances to the Capitol, including two women who briefly chained themselves to an outside doorway. About 200 others filled the hallway in front of the governor’s office, asking Newsom to veto both vaccine bills.

The companion bill also would allow officials to revoke any medical exemptions written by a doctor who has faced disciplinary action.

The bill would make it clear that enforcement will start next year, meaning doctors who previously granted a high number of medical exemptions won’t face scrutiny.

A City of Union City and Tri-CED Community Recycling co-sponsored event

ELECTRONIC WASTE DROP OFF EVENT



Acceptable E-waste:

- Television sets
- Computer Monitors
- Central Processing Units (CPUs)
- Laptop Computers
- Hard Drives
- Keyboards and Mice
- Printers, copiers, fax machines (no industrial size)
- VCR, DVD players
- Telephones & Cell Phones
- Camcorders
- Stereos and radios

NOT Accepted:

- Kitchen appliances
- Microwave ovens
- Vacuum cleaners
- Light bulbs
- Fluorescent tubes

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September 21, 2019**

9:00am – 2:00pm

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CASTRO VALLEY TOTAL SALES: 13							
Highest \$: 1,500,000				Median \$: 806,000			
Lowest \$: 510,000				Average \$: 857,385			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
21785 Dolores Street	94546	510000	2	996	1948	8/9/19	
4389 James Avenue	94546	620000	2	773	1952	8/6/19	
19132 Parsons Avenue	94546	650000	2	909	1964	8/9/19	
21941 Dolores Street	94546	650000	2	917	1948	8/9/19	
20241 Wisteria Street	94546	733000	5	2027	1945	8/5/19	
19155 Garrison Avenue	94546	780000	3	1692	1949	8/8/19	
18377 Jill Way	94546	806000	3	1890	1960	8/7/19	
18809 West Cavendish Dr	94552	850000	0	2262	1978	8/7/19	
20270 Woodbine Avenue	94546	870000	3	1587	1949	8/7/19	
18491 Mesa Verde Way	94552	947000	0	1891	1975	8/9/19	
25699 Crestfield Circle	94552	1080000	4	2605	1998	8/5/19	
17073 Columbia Drive	94552	1150000	4	2310	1987	8/8/19	
17650 Columbia Drive	94552	1500000	5	3081	1988	8/9/19	

FREMONT TOTAL SALES: 45							
Highest \$: 2,198,000				Median \$: 1,003,500			
Lowest \$: 438,000				Average \$: 1,071,956			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
39219 Guardino Dr #363	94538	438000	1	693	1987	8/7/19	
39149 Guardino Dr #149	94538	458000	1	693	1987	8/7/19	
35896 Cadiz Drive	94536	461500	2	884	1970	8/7/19	
3349 Baylis Street	94538	505000	3	950	1955	8/5/19	
38623 Cherry Ln #154	94536	520000	2	938	1974	8/7/19	
39206 Guardino Dr #207	94538	544000	2	844	1990	8/6/19	
37220 Yolo Terrace	94536	580000	2	1052	1973	8/6/19	
47112 Warm Springs Blvd #116	94539	645000	2	1051	1982	8/9/19	
55 Harvey Terrace	94536	710000	2	1213	1984	8/9/19	
4958 Boone Drive	94538	726000	3	1302	1960	8/9/19	
43089 Mayfair Park Terr	94538	730000	2	1224	1986	8/5/19	
4633 Mowry Avenue	94538	735000	4	1413	1963	8/9/19	
37043 Dondero Way	94536	765000	3	1213	1952	8/7/19	
38372 Redwood Terr	94536	775000	3	1521	1986	8/7/19	
35606 Cabral Drive	94536	825000	3	1150	1958	8/5/19	
39616 Embarcadero Terr	94538	840000	3	1582	1978	8/8/19	
42871 Via Puebla	94539	860000	3	1242	1971	8/9/19	
105 Silk Oak Common	94536	860500	3	1579	2006	8/6/19	
4605 Porter Street	94538	870000	3	1632	1959	8/5/19	
4332 Ogden Drive	94538	885000	4	1427	1962	8/8/19	
38795 Crane Terr #17	94536	889000	3	1538	1985	8/5/19	
3588 Peralta Blvd	94536	915000	0	0	0	8/7/19	
4684 Doane Street	94538	1003500	4	1656	1964	8/5/19	
40857 Sundale Drive	94538	1016000	4	1486	1961	8/9/19	
4190 Blewett Street	94538	1025000	4	1377	1958	8/6/19	
4480 Peralta Blvd	94536	1060000	3	2001	2007	8/9/19	
5957 Via Lugano	94555	1076000	3	1701	2012	8/9/19	
3854 Dunbar Place	94536	1100000	3	1503	1977	8/8/19	
34318 Bodkin Terrace	94555	1125000	3	1755	1987	8/8/19	
4814 Garnet Common	94555	1189000	4	1644	1988	8/8/19	
3809 Nation Avenue	94538	1190000	0	0	0	8/7/19	
41759 Maywood St	94538	1245000	4	1832	1959	8/7/19	
34224 Angus Court	94555	1273500	4	1717	1985	8/7/19	
46826 Crawford St	94539	1275000	5	2253	1965	8/9/19	
2505 Monet Terrace	94539	1301000	4	2160	2011	8/9/19	
4894 Mattos Drive	94536	1325000	4	2262	1953	8/5/19	
4770 Griffith Avenue	94538	1335000	4	2867	1962	8/7/19	
4187 San Juan Avenue	94536	1355000	5	2326	1965	8/5/19	
827 Longfellow Drive	94539	1700000	4	2034	1987	8/7/19	
43570 Homestead Ct	94539	1835000	5	2456	1998	8/6/19	
46245 Sentinel Drive	94539	1850000	0	4047	1980	8/6/19	
33960 Horseshoe Loop	94555	1974000	4	3105	2016	8/6/19	
2416 Jackson Street	94539	2110000	5	3601	2005	8/9/19	
41751 Chiltern Drive	94539	2140000	0	3163	1959	8/8/19	
42012 Mission Blvd	94539	2198000	0	0	0	8/8/19	

HAYWARD TOTAL SALES: 23							
Highest \$: 1,701,500				Median \$: 660,000			
Lowest \$: 211,500				Average \$: 742,130			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
276 Ebony Way	94544	211500	4	1604	1979	8/5/19	
26162 Clover Road	94542	324000	1	829	1956	8/8/19	
2666 Oliver Drive	94545	540000	3	1254	1971	8/8/19	
27755 Del Norte Court	94545	550000	4	1474	1970	8/9/19	
687 Eastwood Way	94544	560500	3	1326	1955	8/6/19	
880 Leonardo Way	94541	596000	3	971	1951	8/9/19	
22555 Arlette Avenue	94541	629500	3	1489	1910	8/9/19	
24469 Alves Street	94544	640000	3	1229	1950	8/7/19	
2659 Ocala Street	94545	650000	3	1128	1957	8/5/19	
1084 Devon Drive	94542	650000	3	1057	1951	8/9/19	
2225 Romey Lane	94541	650000	3	1069	1949	8/9/19	
373 Solano Avenue	94541	660000	3	1516	1951	8/7/19	
27646 Miami Avenue	94545	665000	3	1491	1955	8/6/19	
984 Saint Bede Lane	94544	690000	3	1148	1958	8/9/19	
563 Jayar Place	94544	735000	3	1078	1955	8/9/19	

529 Caleb Place	94544	735000	3	1175	1955	8/9/19	
18857 Meekland Avenue	94541	756000	3	1610	1943	8/9/19	
2859 Sunnybank Lane	94541	760000	3	1400	1972	8/5/19	
23754 Fairlands Road	94541	832000	3	1992	1980	8/5/19	
3499 Skyline Drive	94542	910000	4	2628	1979	8/6/19	
138 Sonas Drive	94542	1225000	4	3220	2014	8/6/19	
2468 Hidden Lane	94541	1398000	5	2301	1948	8/6/19	
87 Country Club Drive	94542	1701500	4	3468	2015	8/9/19	

MILPITAS TOTAL SALES: 14							
Highest \$: 1,680,000				Median \$: 1,060,000			
Lowest \$: 250,500				Average \$: 1,022,607			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
405 Manferd Street	95035	250500	5	4201	1960	8/9/19	
460 Dempsey Rd #260	95035	460000	2	842	2007	8/9/19	
774 Hammond Way	95035	845000	3	1530	2005	8/9/19	
133 Parc Place Drive	95035	855000	3	1280	2005	8/6/19	
297 Odyssey Lane	95035	940000	2	1531	2014	8/6/19	
1458 Lavender Loop	95035	1031000	3	1753	2018	8/9/19	
1386 Saratoga Drive	95035	1035000	3	1176	1964	8/5/19	
471 Redwood Avenue	95035	1085000	3	1415	1960	8/8/19	
507 Easter Avenue	95035	1100000	4	1692	1960	8/9/19	
261 Wild Rose Way	95035	1120000	3	2018	2018	8/9/19	
108 Lonetree Court	95035	1170000	4	1824	1967	8/7/19	
171 Cobblestone Loop	95035	1215000	3	1951	2015	8/8/19	
610 Tramway Drive	95035	1530000	4	2671	1972	8/7/19	
1029 Cervantez Court	95035	1680000	5	3217	1989	8/6/19	

NEWARK TOTAL SALES: 11							
Highest \$: 1,175,000				Median \$: 820,000			
Lowest \$: 563,000				Average \$: 802,273			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
35122 Lido Blvd #C	94560	563000	2	1060	1984	8/5/19	
35250 Lido Blvd #G	94560	570000	2	1076	1984	8/8/19	
6301 Joaquin Murieta Ave #B	94560	570000	2	1132	1981	8/9/19	
6308 Buena Vista Dr #A	94560	602000	2	1031	1985	8/6/19	
6982 Jarvis Avenue	94560	635000	2	1334	1982	8/9/19	
38960 Primula Terrace	94560	820000	3	1622	2017	8/6/19	
35317 Ramsgate Drive	94560	925000	3	1680	1969	8/5/19	
39977 Potrero Drive	94560	925000	4	1720	1994	8/7/19	
8558 Schooner Way	94560	990000	3	1942	2016	8/9/19	
36912 Papaya Street	94560	1050000	3	1893	1994	8/9/19	
8106 Pebble Beach Ave	94560	1175000	3	1953	1976	8/7/19	

SAN LEANDRO			TOTAL SALES: 18				
Highest \$: 1,350,000			Median \$: 610,000				
Lowest \$: 100,000			Average \$: 646,111				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1570 165th Ave #216	94578	100000	1	718	1987	8/8/19	
14431 Kings Court	94578	400000	3	1195	1974	8/5/19	
14521 Doolittle Drive	94577	429000	3	1060	1979	8/8/19	
15765 Maubert Avenue	94578	484500	3	1131	1974	8/6/19	
14459 Birch Street	94579	500000	3	1076	1952	8/6/19	
670 Fargo Avenue #6	94579	514000	3	1136	1965	8/5/19	
14413 Kings Court	94578	515000	3	1195	1974	8/6/19	
181 Euclid Avenue	94577	570000	4	1501	1928	8/9/19	
2250 Wimbledon Place	94577	600000	3	1659	1978	8/8/19	
16098 Gramercy Drive	94578	620000	3	1101	1949	8/5/19	
14104 Corvallis Street	94579	620000	3	1081	1951	8/8/19	
1624 139th Avenue	94578	728000	2	1150	1947	8/5/19	
730 Callaway Street	94577	800000	0	2814	2004	8/7/19	
954 Lee Avenue	94577	825000	3	1813	1927	8/6/19	
2350 Marina Boulevard	94577	836500	4	1632	1934	8/6/19	
16541 Rolando Avenue	94578	860000	4	1844	1963	8/7/19	
2022 Lomita Drive	94578	878000	4	2498	1993	8/8/19	
2401 Marineview Drive	94577	1350000	3	2049	1961	8/6/19	

COASTAL CLEANUP

BY STEPHANIE GERTSCH

When you think of the San Francisco Bay, you imagine grasses waving, the cries of migrating birds, the salty smell of the mud flats. You don't think of trash. But as long as people throw out items, and rains wash everything out toward the ocean, trash eventually ends up in the Bay. Volunteer coordinator Paul Mueller says, "It's rather astonishing to a lot of people who haven't had the experience before of picking up trash by the bay, how much actually gets into the water." Sometimes to appreciate the problem of trash, you need to get hands-on experience.

In 2019 California will see its 35th "Coastal Cleanup"—a day in the fall when communities gather together to tackle trash in their waterways head on. Mueller is organizing this year's Coastal Cleanup at the Don Edwards Wildlife Refuge, one of several sites around the East Bay. Even cities without shorelines can do their part, as trash that builds up along creek beds will eventually wash out to the ocean.

At the refuge, volunteers can also help by pulling invasive weed species, but the trash problem is literally as constant as tides. "The tides wash in floating trash," says Mueller. "And often during the course of the rainy season, a line of trash is moved up by the king tides to its highest point." Trash buildup can be dangerous to animals such as the endangered salt marsh harvest mouse, which can get tangled in nets or drown in washed up buckets. Trash can also degrade grassy habitat that birds like the California Ridgeway Rail need for shelter.

In past years, volunteers have pulled some interesting finds from the ocean, including antique lightbulbs and tires from the 1920s and 30s, mattresses, broken up piers, and furniture sets. However, the most problematic type of trash at the refuge is less visually striking. Microtrash, or trash broken

down by environmental forces and decay, sounds like it should be a micro-problem, but it's a sign of a much bigger issue. Mueller says, "When I look at the gravel and the sand, a lot of times I find little pieces of plastic. Sometimes it's Styrofoam bits... bottle caps, decayed plastic bottles. There's an ever-growing concern that too much plastic is ending up in our bays and in our oceans." Plastic microtrash never

mean California's ban on plastic bags handed out at stores is having a positive effect.

Like with other Coastal Cleanups, start time at the refuge is 9 a.m., and the event runs until noon. Volunteers are encouraged to wear protective clothing (long pants and sleeves) and hats to block the sun, and bring refillable water bottles. After filling out an agreement form, volunteers will be dispersed to assigned zones for



really goes away; it just gets broken into smaller and smaller pieces as the amount of plastic in the Bay goes up. Animals can ingest tiny fragments, which then work their way up the food chain. It's hard to know what the long-term effects of all this detritus will be.

Hopefully, along with the increasing amounts of plastic, awareness is also on the rise. In recent years, volunteers have reported fewer big trash items, especially plastic bags. This may

maximum effectiveness. A vehicle will be available to shuttle volunteers to a remote location down the shoreline trail—but they will have to work there for a full 2.5 hours until pickup time. Overall, volunteers should stick to the trails and not disturb habitats. And, of course, not touch any medical waste or other dangerous trash.

The Don Edwards Wildlife Refuge has a small staff, so those who pitch in make a difference. "To keep the trails clean,



particularly away from the parking lots and further down from the trail heads, we rely on volunteers," Mueller says. Some help year-round, but in the Bay Area work can be hectic and free time scarce. Hopefully, one-day events like Coastal Cleanup can reach a wider range and bridge the gap between pristine nature, and the work necessary to keep it that way.

Mueller remarks, "It's almost as if some people believe, that if they are throwing out trash maybe that's a little bit naughty, but they're the only ones doing it." When it comes to trash, out of sight can be out of mind, but if you're not careful how you dispose of waste, your leavings may come back to haunt you at the next high tide.

List of Coastal Cleanup Locations

<https://www.cleanwaterprogram.org/get-involved/volunteer-in-your-community.html>

**Coastal Cleanup
Saturday, Sept 21
9 a.m. – 12 noon**

**San Leandro Shoreline
Heron Bay entrance to the shoreline trail
(End of Lewelling Blvd., drop-off only)
Monarch Bay Drive Bridge at the end of Marina Park
Contact: Delmarie Snodgrass
dsnodgrass@sanleandro.org**

**Castro Valley Creek
3625 Castro Valley Blvd.
Meet at the creek trail next to KFC
Organizer: Allison Rodacker
(925) 453-3862
Allison.rodacker@acrcd.org
Register by Sept 19**

**Hayward Regional Shoreline
Meet at West Winton Ave.
Staging Area
(510) 544-2229
<https://www.ebparks.org/parks/hayward/>**

**Shoreline Interpretive Center
8:30 a.m. – 11:00 a.m.
Shoreline Interpretive Center
4901 Breakwater Ave, Hayward
(510) 881-7745
cleanupinfo@hayward-ca.gov
Register by Sept 19**

**Central Park
40600 Paseo Padre Pkwy, Fremont
Organizer: Barbara Silva
(510) 494-4575
bsilva@fremont.gov**

**Alameda Creek
Across the street from
1004 Old Canyon Rd., Fremont**

**Don Edwards Refuge
Dumbarton Bridge Parking Lot, Fremont
Contact: Paul Mueller
(510) 792-0222 ext. 361**

**Tularcitos Creek, Milpitas
Gill Park on Paseo Refugio near N. Hillview Dr.
(408) 609-2701**



CleanStart Mobile Hygiene Unit Program

SUBMITTED BY ANNA GUILLES

On Tuesday, September 17, City of Fremont, City of Newark, Alameda County, and several community partners will launch the CleanStart Mobile Hygiene Program, which will provide much-needed shower and laundry services to the community's homeless neighbors. The CleanStart Mobile Hygiene unit is a 50-foot truck and trailer, fitted with two full bathrooms with showers, including one that is ADA accessible, and three washer/dryer units. The CleanStart unit will provide services in pre-designated areas of the community in coordination with existing food, clothing, and service programs. Each service site the unit is transported to will be open for three to four hours and provide 10-15 minutes of shower time per client, as well as laundry services. These basic services will help users keep themselves and their clothing clean, a major obstacle for those looking to get and keep a job and participate in society. The cost of the CleanStart unit, funded through Alameda County, was \$125,000.



Suzanne Shenfil, director of human services, City of Fremont, and Lily Mei, Fremont mayor, will be present at the event. To RSVP for the Clean Start Program Launch, visit www.Fremont.gov/CleanStartRSVP.

**Clean Start Program Launch
Tuesday, Sept 17
6 p.m.
City Hall Back Parking Lot
3300 Capitol Ave, Fremont
www.Fremont.gov/CleanStartRSVP
RSVP recommended**

THEATRE REVIEW

'MUSKETEERS'
FIGHTING
FIT AND
FULL OF FUN

BY JULIE GRABOWSKI
PHOTOS BY CHRIS SCOTT

The clash of swords, call of adventure, and a hearty dose of humor announce Douglas Morrisson Theatre's (DMT) 40th anniversary season as they bring "Ken Ludwig's The Three Musketeers" to the stage.

Based on Alexandre Dumas' popular 1844 novel, Ludwig's adaptation was commissioned by the Bristol Old Vic in England and premiered in 2006 to rave reviews. The story's themes of heroism, brotherhood, treachery, romance, and honor still have plenty of appeal and relevance, and are given an injection of girl power as Ludwig introduces the character of d'Artagnan's sister into the Musketeer sanctum.

Trained by his father in swordplay, life, and honor from a young age, d'Artagnan has always dreamed of going to Paris and joining the Musketeers, the legendary guardsman for King Louie XIII. Finally on his way, he is joined by his sister Sabine, who is to further her education at a convent school in Paris. However,

As d'Artagnan teams up with the three men to save the Queen, they face the scheming, power hungry Cardinal Richelieu, his vicious Captain of the Guard Rochefort, and the dangerous and vengeful Milady, the Countess de Winter. It's war on the Cardinal, but who will triumph?

Director Stephen Muterspaugh delivers a well-orchestrated, playful production that delights with continual action and laughs. His cast embodies the famous cry, "All for one and one for all," functioning as a harmonious unit that clicks on every level. Also serving as fight choreographer, Muterspaugh treats to enthusiastic and compelling swordplay, making great use of the stage and just about every cast member.

Izaak Heath's d'Artagnan is full of youthful exuberance with an openness of spirit that makes him equal to all tasks. Heath pairs well with Kate McGrath who brings spunk and fun as d'Artagnan's adventure-seeking sister Sabine. The two have a



Sabine also has a yen for adventure, stating, "Being a girl in the 17th century is just not that much fun." She disguises herself as a male servant to travel with her brother, and the two immediately get swept into adventure and intrigue.

D'Artagnan finds himself in skirmishes with the famous three Musketeers – Athos, Porthos, and Aramis – the encounters all ending with duels scheduled for later that night. And if d'Artagnan can survive, he will be rewarded with yet another evening appointment – a rendezvous with Queen Anne's lady in waiting, Constance, whom he rescued from an attack earlier in the day.

natural sibling camaraderie, which adds a nice angle to the traditional story.

Musketeers Steve Alhoff, Dan Kurtz, and David Schiller are an easy and unified trio, equally adept in wordplay and swordplay, and thoroughly enjoyable. Alhoff brings a gentle humor to the scripture-quoting Aramis who must deal with Sabine's romantic interest. Kurtz delights with his joviality as Porthos, and Schiller brings a nice gravitas to the love-betrayed Athos.

Prefer a bit of villainy to heroes? Ray D'Ambrosio, Li-Leng Au, and David Ghilardi more than fit the bill. D'Ambrosio is commanding as the rough and threatening





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CLASS	SCHEDULE	INSTRUCTOR	FEE
PRE-SCHOOLERS' ART CLASSES	Mondays, 1 – 2:15 pm	Ms. Chris christine99_art@yahoo.com text: 510-648-7394	\$18 All materials provided.
CHILDREN'S ART CLASSES	Thursdays, 4 – 5 pm	Ms. Chris christine99_art@yahoo.com text: 510-648-7394	\$18 All materials provided.
CHILDREN'S ART CLASSES	Mondays, Tuesdays, Wednesdays, Thursdays 6 – 7 pm Fridays, 6 - 8 pm	OMSRIARTS Mrs. Jem 510-789-3241	\$20 or monthly discount See website for details. All materials provided.
MOTHER & DAUGHTER JEWELRY MAKING	Alternate Mondays, 4 – 5 pm Sept. 9 & 23; Oct. 7 & 21; Nov. 4 & 18; Dec. 2, 16 & 30	Sushma Shrestha Sushmashrest95@gmail.com Cell: 301-275-7743	\$35, non-mbrs. \$30, FAA mbrs. All materials provided.
GRAPHITE & COLOR PENCIL SKETCHING	Alternate Mondays, 4 – 5 pm Sept. 2, 16 & 30; Oct. 14 & 28; Nov. 11 & 25; Dec. 9 & 23	Sushma Shrestha Sushmashrest95@gmail.com Cell: 301-275-7743	\$35, non-mbrs. \$30, FAA mbrs. All materials provided.
ADULT ART CLASSES All mediums	Once a month Contact instructor for information	Nancy Benton nncybntn@comcast.net	\$30, non-mbrs. \$25, FAA mbrs. Materials not provided.
ADULT ACRYLIC PAINTING CLASS	Fridays, 11:30 am – 1:30 pm Sept. 6 and 27; Oct. 4, 18 & 25; Nov. 1 & 22; Dec. 5 & 12	Allison King allisonkingart@gmail.com	\$30 non-mbrs. \$25 FAA mbrs. All materials provided.
MACRAME WITH ME! Macrame for Beginners	September 7 only, 1 – 3 pm Rest of classes: Saturdays, 11 am – 1 pm Sept. 28; Oct. 5 & 12; Nov. 2 & 9; Dec. 7 & 14	Parul Parekh macramewithme@gmail.com	\$45, non-mbrs. \$35, FAA mbrs. All materials provided.
ELECTRIC GREETING CARDS! (patent pending)	Until December 19 Thursdays 6 – 7:30 pm	OMSRIARTS Mrs. Jem, M.Sc. 510-789-3241	\$25 per class All materials provided.
ZENTANGLE WORKSHOP Beginners' Workshop	September 20, October 11, November 1 & 29 9:30 am – 1:30 pm	Neera Dave Certified Zentangle Instructor neeradave@yahoo.com Cell: 510-738-8430	\$65, non-mbrs. \$60, FAA mbrs. + \$10 for materials & Zentangle pouch
ZENTANGLE CLASS	Every Monday 9 – 11 am	Neera Dave Certified Zentangle Instructor neeradave@yahoo.com Cell: 510-738-8430	\$45, non-mbrs. \$40, FAA mbrs. All materials provided.

For more information and to register, please contact instructor.

FremontArtAssociation.org

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What does the Newark Chamber of Commerce
do for Our Community?

- We actively promote our wonderfully unique community, all year long!
- We help our businesses with a support network that aids their success. When our local economy is healthy & strong, our community thrives.
- We represent the interests of our business community to government – giving input that helps our decision-makers make sound decisions that are good for business & for the community.
- We partner & collaborate with others sharing common goals, by building strong connections & relationships that support our quality of life.
- AND...when YOU have questions and don't know who to call...We usually have answers! The Chamber is a great resource for information. We are connected and we love to help you connect to get just what you need.
- How do we do this? It is the voluntary investments of our Members - businesses, non-profits, local & regional agencies that make this possible. Show YOUR support when you buy, when you eat out, when you select healthcare, legal, financial & other professionals; and, when you donate & when you volunteer. **Choose a Chamber Member.** They support you!

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www.Newark-Chamber.com

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Rochefort, tangibly evil from the way he moves to his vehement swordsmanship. Au is sleekly

sinister as the Countess de Winter, and brings a formidable female power to the story. Ghilardi is an imposing authority as Cardinal Richelieu and nicely laces his villainy with a comic streak.

Sara Luna is charming as Constance, Cynthia Lagodzinski sure footed as Queen Anne, and Russell Nauman is a scene stealer with his effeminate, childish King Louis XIII.

Christopher Fitzer's appealing and effective set design creates a spacious playground of avenues for the action, which is fully utilized. Costume designer Y. Sharon Peng provides a visual buffet full of rich and elaborate ensembles, which get a further boost in the ball scene, where the

animal-themed headdresses are a wonderful spectacle.

"The Three Musketeers" is a spirited night of theatre that, while plenty of fun, is also a timely reminder to stick together, stand up for your beliefs, and conduct yourself with courage and honor. And maybe a bit of sword fighting...

Ken Ludwig's
The Three Musketeers
Thursday, Sep 12 – Sunday,
Sep 29
Fridays & Saturdays at 8 p.m.,
Sundays at 2 p.m.
Douglas Morrisson Theatre
22311 N. Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$15 – \$29



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Today's Kid Scoop page is to start you talking! Read each section and then discuss the questions.

Talk About Teasing

Why do kids tease? Some teasing starts out to be fun, but then it goes too far and turns negative and hurtful. Some kids tease because they feel bad about

themselves, or they are sad or scared. Some kids tease to go along with the crowd. They think teasing other children will make them look cool.

Lydia is teasing Julie about her messy hair. Circle what Julie is thinking. Why did you choose the thought you selected?



Funny is not the same for everyone. One person may think getting teased about their hair is funny. Another person might find getting teased about their hair painful.

TALK ABOUT IT!

When and why have you teased someone in the past?

Standards Link: Healthy: Students know strategies for solving interpersonal conflicts without harming self or others.

TALK ABOUT IT!

What are some good ways to deal with being teased?

Too much teasing is **bullying**. When you see bullying, there are safe things you can do to make it stop. Below are a few things you can do to help a person that has been upset by teasing. Which would you try first? With a parent, discuss each of these helpful tips.

Talk to a parent, teacher, or another adult you trust. Adults need to know when bad things happen so they can help.

Be kind to the kid being bullied. Sit with them at lunch or on the bus or invite them to do something. Just hanging out with them will help.

Not saying anything could make it worse for everyone. The kid who is teasing will think it is ok to keep treating others that way.

Bullying is meant to hurt, intimidate, embarrass and threaten. It can happen online, through social media, through texting but also on the playground or after school. It's important to tell a trusted adult if you are being bullied or if you see another child being bullied.

TALK ABOUT IT!

When is teasing fun and when is it painful?

Look at the examples of teasing below. Cross out the examples that you think are hurtful. Circle the ones you think are funny. Not everyone will circle and cross out the same pictures. Why is that?



TALK ABOUT IT!

What do you think kids should do if they are embarrassed or hurt by teasing?

Extra! Extra! Make Silly Sentences

Go through the print or electronic edition of your newspaper and find three nouns, three verbs and six adjectives. Combine these to make three silly sentences.

Standards Link: Grammar: Identify and correctly use nouns, verbs and adjectives.

Kid Scoop Together: Funny Filler

Have a friend give you each type of word to fill in the blanks. Then read the story aloud!

My friend Lawrence had the hiccups while getting a haircut. I was joking and teasing with him about it and said his haircut made him look like a _____ ADJECTIVE _____ NOUN

It was only a joke, but it made him pretty angry. To make it up to him, I invited him to see the _____ PLURAL NOUN with my family. Lawrence cheered up when he saw a _____ ADJECTIVE _____ NOUN VERB on the trapeze.

A shiny _____ NOUN drove into the center ring and a dozen crazy _____ PLURAL NOUN climbed out of it. My dad bought us each a bag of hot _____ NOUN and a balloon shaped like a _____ NOUN

When we got home, I apologized again to Lawrence. "It's okay," he said. "I can't stay mad when I think about the _____ ADJECTIVE _____ PLURAL NOUN we saw today!"

Standards Link: Grammar: Understand and use nouns, adjectives and verbs correctly.

Kid Scoop-doku™

Complete the grid by using all the letters in the word **IGNORE** in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

R		I			G
G			E		N
E				G	
I	G	N	O	R	E
	O	G			
		E	G		R

Kid Scoop VOCABULARY BUILDERS

This week's word: **TEASE**

The verb **tease** means to make fun of or annoy.

Dad told Jeremy not to **tease** his little sister.

Try to use the word **tease** in a sentence today when talking with your friends and family.

Kid Scoop Puzzler

Missing Math

Make the sum of this row 15.

$$8 + \square + 7 + 6 - 10 = 15$$

Make the sum of this row 11.

$$11 + \square + 4 + \square - 12 = 11$$

Make the sum of this row 17.

$$3 + \square + 5 + 9 - \square = 17$$

Standards Link: Mathematical Reasoning: Use a variety of strategies to solve problems.

Double Double Word Search

NEGATIVE
FEELINGS
THREATEN
THINKING
TEASING
HURTFUL
PAINFUL
TRUST
ADULT
KIND
TALK
HELP
STOP
BAD
SAD

Find the words in the puzzle. How many of them can you find on this page?

T H I N K I N G B U
H P A I N F U L N F
R L L G N I S A E T
E D U S T O P E G L
A A L F K Y L I A U
T S U R T I N B T D
E G M A N R N A I A
N U L G S T U D V S
T K S O P L E H E P

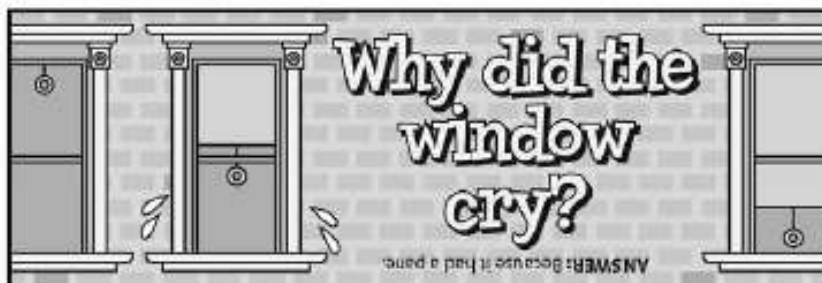
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

Talk About the News

Choose a print or online newspaper article. List three reasons why it interests you. Ask a buddy to read the article and list reasons he or she finds it interesting. Did you have the same reasons? Talk about it!

Standards Link: Reading Comprehension: Read from a variety of expository texts; summarize and answer questions.



Write On! Stop Bullying NOW!

Pretend you have been asked to write an ad asking kids not to bully other kids. What would your advertisement say?



BISTRO 880

ROLL IN TO OUR SUSHI BAR

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 Enjoy 10% off of all sushi rolls Wednesdays from 7-9pm.
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 Saturday, Sept. 7th – Vintage Plus Band
 Friday, Sept. 13th – Level Set Band
 Saturday, Sept. 14th – Vintage Plus Band
 Friday, Sept. 20th – DJ Tasi
 Saturday, Sept. 21st – Vintage Plus Band
 Friday, Sept. 27th – The Mirage Band
 Saturday, Sept. 28th – Vintage Plus Band

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 Every Thursday from 8-11pm pop in and sing your heart out!

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 39900 BALENTINE DRIVE, NEWARK.



SENIOR RESOURCE EVENT

MEMORY FAIR
 Brain health and wellness

FREE EVENT

SAT OCTOBER 12
1:30PM-4:00PM

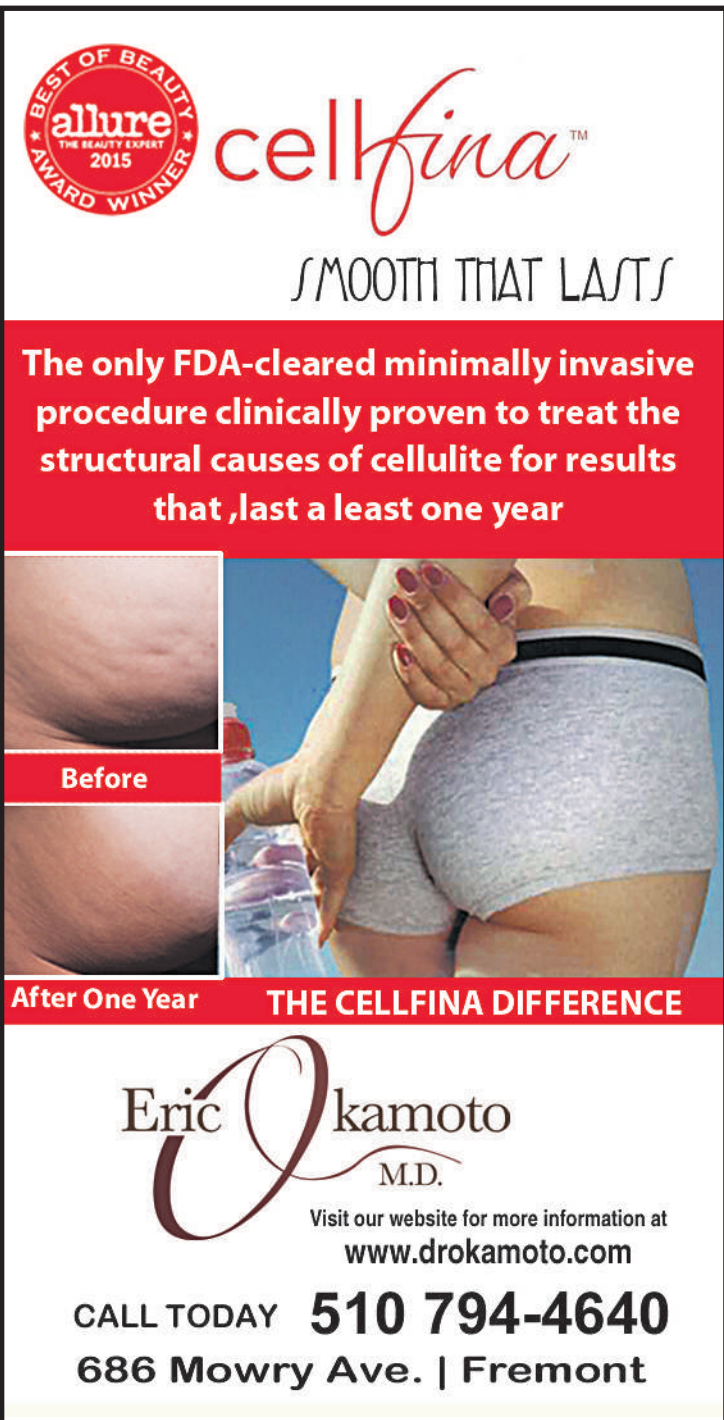
RUGGIERI SENIOR CENTER
 33997 ALVARADO-NILES RD
 UNION CITY CA 94587

REGISTER:
 SIGN UP AT THE FRONT DESK OR CALL 510.675.5495

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HERS Breast Cancer Foundation

20th Annual Walk/Run FUNDRAISER
5K Walk, 5K/10K Run

September 28, 2019
Quarry Lakes East Bay Regional Park in Fremont

7 am – Check-In Opens
8 am – Survivor Ceremony
9 am – 10K Runners Start

Emcee Heather Holmes, KTVU FOX2 News Anchor

Registration & Event Details:
<https://HERSBreastCancerFoundation.org/walk-run/>

Many thanks to our 2019 Walk/Run Sponsors!

Fremont Bank Foundation - Legacy Sponsor

Beverly Hagan, CPA - Platinum Sponsor
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Arroana - Gold Sponsor
Haller's Pharmacy - Gold Sponsor
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Mean Well USA, Inc. - Gold Sponsor

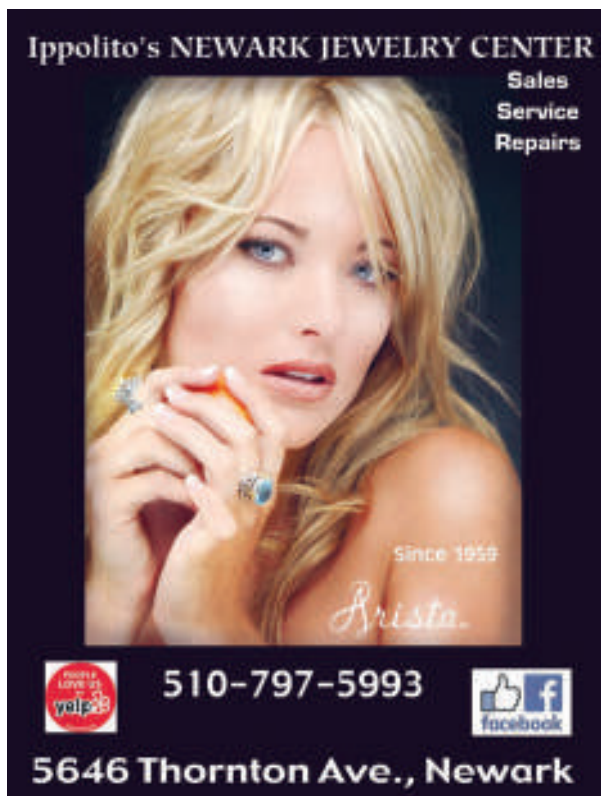
Fremont Elks Lodge #2121 - Gold Sponsor
Petersen/Dean Solar4America - Gold Sponsor
United College - Gold Sponsor

For Sponsorship or In-Kind Donation Inquiries, contact: (510) 790-1911 or tina@HERSBreastCancerFoundation.org

And many more generous businesses. See our event page!
 (sponsors to date)

Show Your Support for Breast Cancer Survivors!

Yoga on the grass
Bollywood Warm-Up
Community Expo
Sharkie, SJ Sharks Mascot
BBQ Lunch with Live R&B Band ... and more!



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Living Well

MASONIC HOMES OF CALIFORNIA SEPTEMBER 2019

HONORING UNSUNG HEROES IN THE FIGHT AGAINST DEMENTIA

The Masonic Homes' Luminary Caregiver Awards recognize often overlooked caregivers providing crucial support in memory care.

Every year, the Masonic Home at Union City honors the men and women who commit their lives to helping people with dementia, a disease that impacts 50 million people worldwide. In the United States alone, some 16 million people tend to those suffering from the disease—work that's often unpaid and often goes unrecognized. The Luminary Caregivers Award Gala aims to shed a light on these crucial caregivers and honor the compassion and fighting spirit of Tri-City residents living with this disease.

Joseph Pritchard, health services administrator at the Masonic Home at Union City, helped create the awards to raise awareness of Alzheimer's and dementia care. "I believe that the Luminary Caregiver Awards has provided much needed recognition and support for caregivers helping loved ones battling dementia," Pritchard says. The gala ceremony includes four awards recognizing the many stages and approaches to memory care.

Pritchard says dementia and Alzheimer's impact the lives of entire families and communities—not just those suffering from the disease. Providing support for caregivers, then, represents an important and overlooked part of a holistic approach to memory care. "We have not found the cure for Alzheimer's Disease and dementia," he says, "but we have found a way to provide compassion in a dark time."



Representing LIFE ElderCare from L-R: Deepa Chordiya, Dave and Jennifer Shively, Tammy Duran, Patty Eng, Patricia Osage, and Dr. Bernard Stewart.

On July 27, with well over 100 community members, care providers, and health care leaders in attendance, the Masonic Homes of California proudly presented the 2019 Luminary Caregiver Awards to the following recipients:

LILY NGUYEN

Homer L. Harlan Millennial Luminary Caregiver Award
Nguyen, the director of the Performing Arts Institute and Seniors Reaching Out at the nonprofit theater company Stagebridge, was recognized with the Millennial Luminary Caregiver Award, given to a young caregiver who has sacrificed school, work, and other obligations to help

care for a loved one coping with dementia. Nguyen, who has a bachelor's degree in Dramatic Art from UC Davis, works with several Bay Area theater companies as an arts administrator, theater technician, and stage manager. A Union City native, Nguyen is passionate about making the performing arts accessible to people of all ages, abilities, orientations, and cultures.

STAGEBRIDGE

John A. Charland Jr. Innovation Luminary Caregiver Award
Stagebridge, the nation's oldest and most renowned theater company for older adults, was given the Innovation award, recognizing caregivers who use technology in an innovative way to help ensure safety and improve quality of life for a loved one coping with dementia. Founded in 1978 by Dr. Stuart Kandell, Stagebridge provides award-winning Creative Aging programs, expanding opportunities for seniors to participate in the performing arts and engage in lifelong learning through performance, helping maintain cognitive wellness. As

a theater company comprised of older adults, Stagebridge provides the cognitive, social, and emotional engagement that is key to the prevention of dementia.

LIFE ELDERCARE

Inspirational Luminary Award
The Inspirational award is given annually to a caregiver whose extraordinarily compassionate service is a source of inspiration to others. This year's awardee, LIFE ElderCare's mission is to empower elders to live with dignity, independence, and interdependence through integrative wellness, focusing on mind, body, spirit, and community. Providing services like fall prevention assistance, Meals on Wheels, transportation, and companionship, this local organization ensures that seniors and their caregivers in Alameda County have essential resources and support. With this well-rounded array of services and a commitment to empowerment, LIFE ElderCare inspires others to build connections in their communities so that caregivers and their loved ones can thrive in the face of challenges that can accompany aging.

WALK TO END ALZHEIMER'S

**Saturday,
October 26, 2019
9:30 AM**

**2600 Camino Ramon
San Ramon, 94583**



Masonic Homes
of California

The Masonic Homes of California is proud to be a sponsor of this important event.

Walk with us to raise awareness and funds for Alzheimer's care, support, and research.

Join our team or donate at
masonichome.org



**Masonic Homes
of California**

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masonichome.org/Transitions

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Imagine Living The Dream

CCF0101021300 | A | 00A #046

WIN CASH PRIZES!**Friday Night at SACBC BINGO**

5:00 pm DOORS OPEN – Flashboard games begin
 6:30 pm 4 WARM-UP BINGO GAMES **\$150 prize**
 7:00 pm 15 REGULAR BINGO GAMES **\$300 - \$400 prizes**

FLASHBOARD GAMES pay as much as **\$1,199**
WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church
 32975 Alvarado Niles Rd, Union City t: 510-471-2581



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(510) 574-2041

*Serving individuals 60+ and
their families in Fremont,
Newark and Union City, CA*

Care coordination, paratransit assistance,
counseling, health promotion and
caregiver support.



BINGO

Fraternal Order Of Eagles 1139

Thursday is - BINGO

**Doors open 4pm
Games Start 6:30pm**

More Info: 510 676-3314

21406 Foothill Blvd., Hayward

I need a Forever Home

Miley about a year old, is a gorgeous black and white Pit Bull mix. She's quite friendly, but can be a bit timid. She's meeting other dogs at the shelter and is building her confidence. She loves toys, specifically tennis balls. May be OK with older kids. Meet Miley at the Hayward Animal Shelter.



Elvis, a social year old chi mix, is a hunka hunka burning love, complete with the signature scowl. While a bit wary when meeting other dogs, he warms up quickly if they are friendly. It's time for Elvis to leave the building -- with you! OK with older kids. Meet Elvis at the Hayward Animal Shelter.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

**16 Barnes Court (Near Soto & Jackson)
Hayward
Tuesday - Saturday 1pm - 5pm**

\$ = Entrance or Activity Fee
 R= Reservations Required
 Schedules are subject to change.
 Call to confirm activities shown in these listings.



CONTINUING EVENTS

Mondays, May 14 - Dec 30
English Conversation Group

1 p.m. - 2 p.m.
Practice spoken English in a friendly environment

Union City Branch Library
 34007 Alvarado Niles Rd.,
 Union City
 (510) 745-1464

Fridays, May 17 - Oct 25
Fremont Street Eats

5 p.m. - 10 p.m.
Food trucks, beer, wine, music
 Town Fair Plaza
 39100 State St., Fremont
 fremontstreeteats.com

Thursdays, Jun 20 - Sep 19
Fatherhood Class

6:30 p.m. - 8:30 p.m.
*Relationship, parenting, management,
job search skills*
 Fremont Family Resource Center,
 Pacific Room #H800
 39155 Liberty St. (at Capitol),
 Fremont
 (888) 308-1767
 www.r3academy.org/fremont

Thursday-Sunday, Aug 9 - Sep 21
Annual Textile Exhibit

12 noon - 5 p.m.
Traditional and contemporary artists
 Olive Hyde Art Gallery
 123 Washington Blvd., Fremont
 (510) 791-4357
 www.olivehydeartguild.org

Friday - Sunday, Aug 16 - Oct 5
Planet Hayward

11 a.m. - 5 p.m.
*Eclectic collection of art celebrating
"The Heart of the Bay"*
 Sun Gallery
 1015 E St., Hayward
 (510) 581-4050
 www.sungallery.org

Wednesdays, Aug 21 - Oct 30
Citizen Police Academy R

5:30 p.m. - 9:00 p.m.
Volunteers train to assist Newark Police
 Newark Police Department
 37101 Newark Blvd., Newark
 (510) 578-4000
 (510) 578-4352
 beverly.ryans@newark.org

Saturdays - Sundays, Sep 1 - Oct 27
Nature Crafts

10 a.m. - 12 noon
*Discover the natural world through
your artistic side*
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

Saturdays - Sundays, Sep 1 - Oct 27
Wild Wonders

2 p.m. - 3 p.m.
Games, activities, crafts for all ages
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

Sundays, Sep 1 - Oct 27

Animal Feeding Time

10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

1st & 3rd Sundays, Sep 1 - Oct 20

Sunday Cinema at the Newark Library

2 p.m. - 4 p.m.
*Enjoy a classic, superhero flick or 80's
film. Sing-a-longs*
 Newark Branch Library
 6300 Civic Terrace Ave., Newark
 (510) 284-0684
 www.aclibrary.com

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**Rib & Chicken Combo
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Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market

Saturdays
10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center

Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro

Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

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For more information
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mobile
Times & Stops subject to change

Tuesday
4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday
12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday
11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday
1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday
1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops
Renew books by phone
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For more information
(408) 293-2326 x3060

Wednesday
1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Sundays, Sep 1 - Oct 19

Dove Gallery "Parables: Art
with a Message" Exhibit
12 noon - 3 p.m.
*Art inspired by meaningful experiences
and deep convictions*
Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
(408) 464-5011
dove@parkvictoria.org

Tuesdays, Sep 3 - Sep 24

Yoga For Everybody R\$
7 p.m. - 8 p.m.
*Gain strength, flexibility, and mental
focus*
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Fridays, Sep 3 - Nov 5

Fremont Bridge Club
10 a.m.
Open stratified and newcomer games
Bronco Billy's Pizza - Irvington
41200 Blacow Road, Fremont
(510) 438-0121
www.unit500.org

Wednesdays, Sep 4 - Sep 25

Wild Goose Qigong \$
9:15 a.m. - 10:15 a.m.
Beginning class on mind-body practice
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Thursdays, Sep 5 - Sep 26

Lap Harp \$
1 p.m. - 2 p.m.
Easy to learn lap zither
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Fridays, Sep 6 - Sep 27

Toddler Ramble \$
10:30 a.m. - 11:15 a.m.
*Some Like It Hot! Science experiments
for kids ages 1 - 3*
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sundays, Sep 8 - Dec 1

Family Friendly Matinee
3 p.m.
Dates: 9/8, 10/6, 11/3, 12/1
Made Up Theatre
4000 Bay St. Suite B, Fremont
(510) 573-3633
www.madeuptheatre.com

Mondays, Sep 9 - Dec 17

**Advanced Math and Science
Tutoring**
6:00 p.m. - 7:30 p.m.
*High school/college level help in math,
physics and chemistry*
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Fridays - Sundays, Sep 13 - Sep 29

The Three Musketeers \$
Fri - Sat: 8 p.m. Sun: 2 p.m.
Alexandre Dumas' timeless swashbuck-
ler. Preview Thurs. 9/12, 8 p.m.
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Mondays & Wednesdays, Sep 16 - Nov 4

Music for Minors II Training
9:15 a.m. - 11:45 a.m.
Learn to become a music volunteer
United Church of Christ
38255 Blacow Rd., Fremont
(510) 793-3970
(510) 733-1189

Mondays & Wednesdays, Sep 16 - Nov 4

Music for Minors II Training
6:45 p.m. - 8:45 p.m.
Learn to become a music volunteer
Proctor Elementary
17520 Redwood Rd., Castro Valley
www.musicforminors2.org
Tuesdays, Sep 24 - Oct 29
Booklegger Volunteer Training
9:15 a.m. - 11:45 a.m.
*Fun opportunity with a flexible
schedule*
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

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Martes
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Saturday

Sunday
Domingo

Higado
Liver

Pollo
Chicken

Carnitas
Fried Pork

Cabeza
Beef Head

Buche
Pork Stomach

Pastor
Spicy Pork

Chile Verde
Green Pork

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FRESH HAND MADE CORN TORTILLAS,
MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS,
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Tuesday - Friday 10 - 9
Saturday 9 - 9
Sunday 9 - 8

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El Dorado Restaurant

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corner of Grand and Winton

386 Winton Ave. Hayward

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Saturday nights

8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

THIS WEEK

Tuesday, Sep 17

**Area Agency on Aging Focus
Group R**
1:30 p.m.
*Seniors age 55+ needed for feedback on
countywide plan*
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Wednesday, Sep 18

Toddler Time
10:30 a.m. - 11:45 a.m.
*Hear a story, do some chores, meet farm
animals*
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Sep 18

Consumer Fraud
11 a.m. - 12 noon
*Learn how to recognize and avoid
scams*
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Sep 18

**Compassion Cultivation
Training R**
2 p.m. - 4 p.m.
Settling the mind for caregivers
City of Fremont, Bldg. B
3300 Capitol Ave., Fremont
(510) 574-2035

Wednesday, Sep 18

Community Office Hours R
6 p.m. - 8 p.m.
*One-on-one meeting with
Assemblymember Kansen Chu*
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
(408) 262-2501

Thursday, Sep 19

East Bay Stompers Band
7 p.m. - 9 p.m.
Dixie, swing and standards music
Bronco Billy's Pizza - Irvington

41200 Blacow Rd., Fremont
(510) 438-0121
(510) 914-7304

Thursday, Sep 19

Hayward Nonprofit Alliance
10 a.m.
*Discuss elements of managing a
nonprofit*
St. Rose Hospital
27200 Calaroga Ave., Hayward
(510) 264-4044
www.hayward.org

Thursday, Sep 19

Healthy Living Festival \$
8 a.m. - 2 p.m.
*Music, lunch, health screenings, zoo
tour for ages 60+. Extensive walking
required.*
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
(510) 729-0852

Thursday, Sep 19 - Sunday, Sep 22

Newark Days Carnival
Thurs. 6 p.m.- 10 p.m.
Fri., 5 p.m. - 11 p.m.
Sat. 12 noon - 11 p.m.
Sun. 12 noon - 10 p.m.
Rides and booths, food
Newark Community Center
35501 Cedar Blvd., Newark
(510) 742-4437
(510) 793-5683
www.newarkdays.org

Thursday, Sep 19

**Mt. Eden Gallery Back to
School Night**
6 p.m. - 8 p.m.
Opening reception with refreshments
Work on display through 10/31
Mt. Eden High School
2300 Panama St., Hayward
(510) 723-3180

Thursday, Sep 19

Informational Meeting
3 p.m. - 4 p.m.
*Discuss changes to California Building
Code*
City of Fremont Development
Services Center, Niles Room
39550 Liberty St., Fremont
(510) 494-4535
cof@fremont.gov

Friday, Sep 20

Taize
8 p.m. - 9 p.m.
Prayer around the cross
Dominican Sisters of Mission San
Jose
43326 Mission Blvd., Fremont
(510) 933-6335
(510) 657-2468

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www.DriversForSurvivors.org

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For more information call
The Alameda County Library Education and Literacy Services
510-745-1480
www.aclibrary.org

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Friday, Sep 20

Movies Under the Stars - Captain Marvel

After sunset
Bring blankets, low beach chairs and a picnic
Town Fair Plaza
39100 State St., Fremont
(510) 494-4300

Saturday, Sep 21

Meet Author Tyler Hayes

11 a.m.
Storytime, followed by signing of his new book "The Imaginary Corpse"
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Sep 21

Coastal Cleanup R

8 a.m. - 11 a.m.
Volunteers remove litter from the shoreline
Bring gloves and hats. Ages 15+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
(510) 544-2515
www.ebparks.org

Saturday, Sep 21

Coastal Cleanup Day R

9 a.m. - 12 noon
Participate in trash cleanup or weeding project
SF Bay Wildlife Refuge - Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222 x361

Saturday, Sep 21

Regional Shoreline Cleanup

9 a.m. - 12 noon
Hosted by EBRPD
Hayward Shoreline at West Winton
3050 West Winton Ave, Hayward
(510) 670-7270
www.ebparks.org

Saturday, Sep 21

Shoreline Cleanup

9 a.m. - 12 noon
Help beautify the Shoreline Trail
San Leandro Marina
13801 Monarch Bay Drive,
San Leandro
(510) 583-0100
(510) 577-3488

Saturday, Sep 21

Rabbit Rendezvous

10:30 a.m. - 11:00 a.m.
Rabbits are great hoppers and use their long ears to sense danger
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 21

Garden Bug Safari

12 noon - 1 p.m.
Discover the world of bugs while you explore the vegetable garden
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 21

Old-Fashioned Fun

1:30 p.m. - 2:30 p.m.
Stilt walking, sack races, tug-o-war, potato-spoon racing
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 21

Ohlone Village Site Tour

1:30 p.m. - 3:30 p.m.
.5-mile walk to a 2,000 year-old Ohlone village site
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sept 21

Thriving in High School R

1:30 p.m. - 3:00 p.m.
Keynote speaker Lt. Eric Tang, Fremont Police Dept.
Heartfulness Meditation Center
585 Mowry Ave., Fremont
(408) 306-7661
www.eventbrite.com

Saturday, Sep 21

Community Summit on Homelessness R

8:15 a.m. - 3:00 p.m.
Tabletop discussions, ideas of how to

address homelessness

Santa Clara County Fairgrounds
344 Tully Rd., San Jose
(775) 348-7713
(408) 299-5030

Saturday, Sep 21

ACT Practice Test R

10:00 a.m. - 1:30 p.m.
Prep on types of questions faced on the actual exam
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Sep 21

Evening of Empowerment \$R

6 p.m. - 11 p.m.
Gala to support ending domestic violence
Paradise Ballroom
4100 Peralta Blvd, Fremont
(510) 909-9263
(510) 574-2252
www.eventbrite.com

Saturday, Sep 21

Cemetery Clean-Up and Open Day

9 a.m. - 12 noon
Bring your gloves, rakes and water
San Lorenzo Pioneer Cemetery
Corner of Usher Street & College St., San Lorenzo
(510) 581-2516
www.haywardareahistory.org

Saturday, Sep 21

Eden Area Village Monthly Coffee

9 a.m.
Helping seniors remain in their home and engaged in community
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(510) 581-0223
www.edenareavillage.org

Saturday, Sep 21

Comedy Shorts Night \$

7:30 p.m.
"The Pawnshop", "One Week", "His Wooden Wedding", "You're Darn Tootin'"
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Sep 21

McConaghy House Paranormal Investigation \$R

7 p.m. - 1 a.m.
Search for paranormal activity with experienced investigators
McConaghy House
18701 Hesperian Blvd., Hayward
(510) 581-0223
www.haywardareahistory.org/explore-the-paranormal

Saturday, Sep 21

Newark Mile \$R

7 a.m.
Check-in 7 a.m. - 8:30 a.m. Race starts at 9 a.m.
Newark Community Center
35501 Cedar Blvd., Newark
(510) 742-4437
www.cxc41.org/newarkmile/registration.html

Saturday, Sep 21

Animal Tracking

10:00 a.m. - 11:30 a.m.
Learn to decode animal tracks.
Ages 7+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 21

Coastal Cleanup Day R

9 a.m. - 12 noon
Beatify the trail, pick up litter. Next to KFC
Castro Valley Creek
3625 Castro Valley Blvd., Castro Valley
https://www.eventbrite.com/e/castro-valley-creek-coastal-cleanup-day-registration-65810957345

Saturday, Sep 21

Autumn Leaves Tea \$R

12 noon
Sponsor Mission Peak Heritage Foundation
Shinn House
1251 Peralta Blvd., Fremont
(510) 793-9352
(510) 247-3279

Sunday, Sep 22

Apple Cider Pressing

11:30 a.m. - 12:30 p.m.
Squeeze juice for tasty drinks
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 22

Farm Chores for Kids

10:30 a.m. - 11:00 a.m.
Crack corn, feed animals, help with morning chores
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 22

Cooking in Country Kitchen

11 a.m. - 1 p.m.
Sample food cooked on a wood-burning stove
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 22

Volunteer Day: Gathering Tule

10 a.m. - Noon & 1:30 p.m. - 3:30 p.m.
Help gather tule for cultural programs.
Ages 12+
Coyote Hills
8000 Patterson Ranch Road, Fremont
(510) 544-3220
www.ebparks.org

Sunday, Sep 22

Corn Mosaics

1:30 p.m. - 2:30 p.m.
Make a craft using harvested Indian corn
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 22

Groovy Judy

3:30 p.m. - 4:30 p.m.
Shares her love of music
Carlton Plaza of Fremont
3800 Walnut Ave., Fremont
(510) 505-0555

Sunday, Sep 22

Mindful Living and Holistic Healing Arts

2:30 p.m. - 4:30 p.m.
Gain proper life balance and achieve optimal health
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Sunday, Sep 22

Odd Fellows Summer Concert

1 p.m.- 5 p.m.
Fault Line Blues Band and Mt. Eden High School Choir
Memorial Park
24176 Mission Blvd., Hayward
http://www.ci.hayward.ca.us
www.haywardlodge.org

Sunday, Sep 22

Niles Canyon Stroll and Roll

7 a.m. - 2 p.m.
Walk or bike only. Canyon closed to autos.
Vallejo Mill Park
598 Orangetown Dr., Fremont
www.84strollroll.com

Sunday, Sep 22

Birding by Bike \$

9 a.m. - 12 noon
Come explore the shoreline by bike
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Sep 22

Hayward Airport Open House

10 a.m. - 4 p.m.
Aircraft, classic cars, food trucks, DJ, booths
Hayward Executive Airport
20301 Skywest Dr., Hayward
(510) 259-1062
(510) 293-8678

Summer brings live music

Summer is the perfect time to lay out a blanket or pull up a lawn chair and listen to your favorite bands (or discover new ones!) in the long pleasant evenings around the East Bay.

HAYWARD

Summer Music in the Park
Presented by Hayward Odd Fellows & H.A.R.D

Sundays, 1 p.m. – 5 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
haywardrec.org

Sunday, Sept 22: Fault Line Blues Band, Sycamore Beach Beatles and Mr. Eden High School Choir
Sunday, Sept 29: The Hypnotones, The New Naturals, Alrighty Then, and Hayward High School musicians

Monday, Sep 23
Outdoor Discoveries: Raptors R
10:30 a.m. - 12 noon
Preschool and home school nature series. Ages 4-8
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday, Sep 23
Eden Garden Club Meeting
9:30 a.m.
Speaker Pete Veilleux talks about native plants
Hayward-Castro Valley Moose Lodge
20835 Rutledge Rd., Castro Valley
(510) 723-6936
(510) 397-1268

Monday, Sep 23 - Friday, Sep 27
Senior Fitness Week
During business hours
Seniors 55+ can try a class for free
Mark Green Sports Complex
31224 Union City Blvd., Union City
(510) 675-5808

Tuesday, Sep 24
Lawyer in the Library R
6 p.m. - 8 p.m.
Lawyer consult on family, estate, criminal and immigration law
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Tuesday, Sep 24
Weekday Bird Walk
7:30 a.m. - 9:30 a.m.
Bring water, binoculars, sunscreen. Meet at Isherwood Staging Area. 12+
Quarry Lakes
2250 Isherwood Wy., Fremont
(510) 795-4895
www.ebparks.org

Tuesday, Sep 24
Toastmasters Open House & Potluck
6:45 p.m. - 8:45 p.m.
Enjoy public speaking and snacks
Baywood Court
21966 Dolores St., Castro Valley
http://961.toastmastersclubs.org

Wednesday, Sep 25
Wednesday Walk
9:30 a.m. - 12:30 p.m.
Traverse to Lake Chabot on 4-mile trek
Bort Meadow Staging Area
Anthony Chabot Campground and Park
9999 Redwood Rd., Castro Valley
(510) 690-6677
www.ebparks.org

Wednesday, Sep 25
Pooch Pool Party \$
5:15 p.m. - 7:30 p.m.
Dogs run, play and swim in pool
San Leandro Family Aquatic Center
14900 Zelma St., San Leandro
(510) 577-7966
www.sanleandro.org

Thursday, Sep 26
San Lorenzo Summer Series
5 p.m. - 9 p.m.
Local food and shopping vendors
Hesperian Blvd. & Paseo Grande
16010 Hesperian Blvd., San Lorenzo
(510) 537-5300
info@castrovalleychamber.com

Thursday, Sep 26
Heart and Soul Art Reception \$
5:30 p.m. - 7:30 p.m.
Celebrating talents of individuals with disabilities from Serra Center
Dominican Sisters of Mission San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
lmcgarry@serracenter.org

Saturday, Sep 28
Autumn Celebration \$R
5 p.m. - 10 p.m.
House tours, dinner, entertainment, silent auction
George Mark Children's House
2121 George Mark Ln., San Leandro
(510) 346-1274
www.georgemark.org
Saturday, Sep 28
HERS Breast Cancer Fundraiser \$
7 a.m.
5K walk, 5K/10K run
Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
hersbreastcancerfoundation.org/

FREE PRESCHOOL
Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

continued from page 1

Calico for Kids

The CALICO for Kids Annual Fundraiser is a lovely

CALICO (Child Abuse, Listening, Interviewing, and Coordination

afternoon for friends and family to come together while helping young victims of abuse and their families. The day features something for everyone! Picnic-goers can enjoy live music from Rick Baskin and Layin’ Down The Law, play ring toss for a free bottle of wine, or take pictures in the photo booth.

Children can play games, have their faces painted and get temporary tattoos. In addition to fun entertainment, there will also be fabulous picnic food from the



Bay Area Food Trucks. Sample chicken and waffles from The Waffle Roost, or Filipino burritos from Senor Sisig. Of course, kids will not want to pass up cookies from Bakesale Betty’s. Their



to interact with festivalgoers and pose for photos. We will also have tons of raffle prizes you won’t want to miss! You might leave with a getaway to the Fairmont Sonoma Mission Inn & Spa or a certificate to the California Academy of Sciences! Can’t make the event? You can still win the raffle! Purchase raffle tickets online at www.calicocenter.org/annualfundraiser or by phone at (510) 895-0702. Tickets are \$20 each or six for \$100.



parents may be more drawn to complimentary beer, wine, and vodka. A selection of non-alcoholic beverages is also available. A special guest, Oakland Athletics’ mascot “Stomper the Elephant,” will make an appearance from 11:30 – 12:30

Calico for Kids fundraiser
Saturday, Sept 28
11 a.m. – 2 p.m.
Preservation Park
13th St. & Martin Luther King Jr. Wy, Oakland
(510) 895-0702
www.calicocenter.org/annual-fundraiser

EARTH TALK

Dear EarthTalk: I’ve heard that school buses cause a lot of pollution, especially for the kids riding inside. Is anyone making greener school buses yet?

— Jake McConnell, Philadelphia, Pennsylvania

Now that school is back in session, those big yellow diesel-fueled school buses are all

over the roads again. While they’re relatively safe — and definitely old school — they’re also big polluters, chugging along at 4-6 miles to the gallon while creating a cloud of harmful airborne pollutants. According to the non-profit Clean Air Trust (CAT), some 25 million American kids traveling on half a million school buses every day are exposed to five to 15 times more air toxins than the rest of us. “Those buses travel more than four billion miles each year and these kids spend three billion hours on [them],” reports the group. “About 90 percent of these buses run on diesel fuel, annually emitting 3,000 tons of cancer-causing soot and 95,000 tons of smog-causing compounds.” If you don’t think all that pollution is having a negative effect, think again. A March 2019

study from researchers at Georgia State University found that students did significantly better on standardized English tests and marginally better in math when they spent their commutes riding in school buses retrofitted to reduce emissions by 95 percent as compared to students riding in non-upgraded buses. The researchers conclude that “engine retrofits can have meaningful and cost-effective impacts on health and cognitive functioning.” Luckily the retrofits are easy to come by and relatively inexpensive, especially when you factor in the costs of health care to treat sick kids, not to mention the price tag for raising kids’ test scores in other ways. Retrofitting 10 percent of the average school district’s bus fleet in Georgia, for instance, would cost less than \$100,000, a drop in the bucket of the state’s

\$10.6 billion K-12 public schools budget. And beginning in October 2018, the U.S. Environmental Protection Agency (EPA) set aside \$9 million to help pay for upgrading older diesel school buses nationwide. School districts and other public agencies charged with transporting school kids can apply for rebates of up to \$20,000 per bus to help cover the retrofits on up to 10 individual buses. Retrofitting is a great start, but even better would be replacing old buses with new, more efficient all-electric models. But few school districts can justify the \$300,000 price tag to replace perfectly functional older diesel buses. That didn’t stop the school district in White Plains, New York, though, which purchased five electric buses last year with financial help from the local utility, Consolidated Edi-

son, and a grant from the state. These outside contributions helped bring the final cost to the school district down to something along the lines of buying new diesel buses. While ConEd gets the benefit of good public relations and good karma, it also gets to use the buses during the summer as excess electricity storage that can be moved around to where it’s needed most (when the air conditioners are blazing). White Plains is hoping other school districts across the country will follow a similar model to clean up their acts. EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at https://emagazine.com. To donate, visit https://earthtalk.org. Send questions to: question@earthtalk.org.

Classifieds Deadline: Noon Thursday
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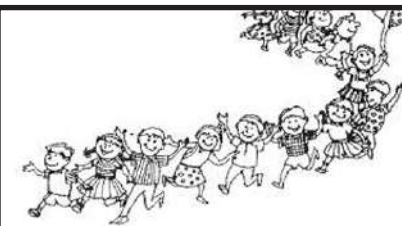
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nsanchez@newarkunified.org**

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Employment Page:

<https://hersbreastcancerfoundation.org/about-hbcbf/employment/>

Or call (510) 790-1911

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teaching elementary
school per state &
district standards.**

**Email resume
asweet@husd.k12.ca.us
Hayward Unified
School District**

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(Req# IIC1263) in Hayward, CA.

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Req Master's. Send resumes

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& Req#.

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Football

Eagles soar against Red Devils

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The American Eagles started the game on September 13 with an impressive offense, a balanced attack of passing and running breaking though holes in the Red Devil's defensive line. Taking control early and scoring on their first offensive drive, the Eagles offense and defense was running on all cylinders. The Red Devils were stymied by a defense that blocked passing lanes and shut down the running game as well. Everything was going smoothly until the fourth quarter when the Red Devils rebounded, coming from behind to take a 16-13 lead. Not to be denied, an Eagles interception and score put them back in the lead, 19-16 that held up until the final gun.



Water Polo

September 11, 2019
Newark Memorial 12, Mission San Jose (Fremont) 0

Cougars Champions of Character



SUBMITTED BY TIMOTHY HESS

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week.

Football: Angel Rodriguez

I chose Angel Rodriguez as the champion of character because he shows great leadership on and off the field, he always has a positive attitude, and overall is the type of teammate you want to play with. [Teammate Miles Brandon]

Mateo Morales

My Champion of character this week is Mateo Morales because he is always one to work hard on the field, step up to a new position when others don't. Also shows character off the field as well. He's respectful to others and is also a student-athlete. These reasons are why Mateo is the champion of character this week. [Teammate Joshua Limtiaco]

Volleyball: Varsity - Natalia Colocho

She is very hardworking and always puts forth her best effort. Even when she's tired or exhausted, she continues to motivate her teammates to try their hardest.



Junior Varsity - Raquel Arreola

She is a good leader and someone I look up to. She's always one of the first to pick me up and is humble. She always gives me tips and I can always go up to her and ask without any shame. I can trust her both on and off the court.



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Park It

By NED MACKAY

Coastal Cleanup, a statewide volunteer program to pick up trash and recyclables from shoreline parks, lakes and creeks, celebrates its 35th anniversary this year. Volunteers will work from 8:30 a.m. to 12 noon Saturday, September 21. In the regional parks, Coastal Cleanup work is planned at Big Break in Oakley, Martinez Regional Shoreline, Claeys Beach in Rodeo, Point Pinole and Point Isabel in Richmond, Crab Cove and Encinal Beach in Alameda, Martin Luther King Jr. Regional Shoreline in Oakland, Hayward Regional Shoreline, and Del Valle Regional Park south of Livermore.

An adult should accompany children under 16 years old. Please bring a refillable water bottle, a bucket for trash, and reusable gloves if you have them. All volunteers should wear hats, closed-toe shoes, appropriate layered clothing, and bring sunscreen.

The park district will provide snacks, water, latex gloves and trash bags. For groups of 25 or more, call to confirm participation. For more information, call (888) 327-2757, ext. 2229 or email volunteers@ebparks.org.

Speaking of Big Break, Mike Moran, who is the park’s supervising naturalist, will lead one of his citizen-scientist programs there from 9:00 a.m. to 11:30 a.m. Thursday, September 26.

Moran has been keeping track of the bird of prey population in East Contra Costa for many years. No experience is necessary to join the program; the naturalists will teach participants how to identify the hawks, falcons and eagles. Moran plans another bird of prey census at the same time frame on Thursday, October 31 at Round Valley south of Brentwood. Both require registration; for details, call (888) 327-2757 and select option 2. For Big Break the registration number is 26800, for Round Valley it’s 26801.

Big Break is at 69 Big Break Road, off Oakley’s Main Street.

For general information, call (888) 327-2757, ext. 3050.

Down the road at Black Diamond Mines Regional Preserve in Antioch, there’s an evening hike to Rose Hill Cemetery from 4:30 to 7:00 p.m. Sunday, September 22 and Saturday, October 26. Rose Hill Cemetery is where many of the miners who lived in the now-vanished towns of Somersville and Nortonville and their families are buried. Hear their stories of heroism, tragedy and endurance.

Meet the naturalist in the parking lot at the end of Somersville Road, 3 ½ miles south of Highway 4 for the 15-minute walk uphill to the cemetery. For information, call (888) 327-2757, ext. 2750.

“Radical Raptors of Las Trampas” is the theme of a program from 9:30 a.m. to 12 noon Sunday, September 22 at Las Trampas Regional Wilderness in San Ramon, led by naturalist Ashley Adams.

The group will scan the skies for various birds of prey and consider our connection to them. Meet Ashley in the parking lot at

the north end of Bollinger Canyon Road off Crow Canyon Road. For information, call (510) 544-3249.

Monday, September 23 marks the autumnal equinox, the first day of fall, when day and night are of equal length. Naturalist “Trail Gail” Broesder will anticipate it with a hike from 8:30 to 11:00 a.m. on Sunday, September 22 at Briones Regional Park near Martinez, in search of signs of the season.

The hike is for ages 8 and older. Meet Broesder at the Alhambra Creek staging area, which is off Reliez Valley Road between Alhambra Avenue and Blue Ridge Drive.

Broesder also plans an Over-The-Hills Gang hike from 10:00 a.m. to 12:30 p.m. Tuesday, September 24 at Huckleberry Botanic Regional Preserve in the Oakland hills. The Gang is an informal group of hikers 55 and older who enjoy exercise and natural history. This is a hilly but shady walk through a variety of plant communities. No dogs, please.

Meet Broesder at the trailhead on Skyline Boulevard about a

mile south of the intersection with Grizzly Peak Boulevard in the Oakland hills. For information on either the Briones or Huckleberry hike, call (510) 544-2233.

Autumn is also the theme of a Wednesday Walk with naturalist Susan Ramos, scheduled for 9:30 a.m. Wednesday, September 25 at Anthony Chabot Regional Park north of Castro Valley. This is a 4-mile, sometimes strenuous hike through a meadow, up and down hills and along city streets.

Meet Ramos at the Bort Meadow trailhead, which is on Redwood Road about 3½ miles south of the intersection with Skyline Boulevard in Oakland. There are restrooms about a quarter-mile from the trailhead. For information, call (510) 544-3187.

Fall is a great time for hiking, bicycling and other outdoor activities. For complete information on park district programs, visit www.ebparks.org. And remember, Fridays are free in the regional parks through the end of the year, in celebration of the district’s 85th anniversary.

Looking to help Hurricane Dorian victims? Donate blood

SUBMITTED BY CHRISTINE WELCH

As the American Red Cross works around the clock supporting those impacted by Hurricane Dorian, providing food, shelter and comfort, individuals outside the affected areas are urged to help by giving blood or platelets to ensure patients in the storm’s path and around the country have access to lifesaving blood. People can also help by making a financial donation to support relief efforts.

Make an appointment to donate blood or platelets by downloading the free American Red Cross Donor app at www.RedCrossBlood.org or by calling 1 (800) 733-2767. Meanwhile, here are in-person blood donation opportunities available in the greater Tri-City area through September 30:

Castro Valley
Redwood Chapel
19300 Redwood Rd.
Sep 28: 9:00 a.m. - 2:30 p.m.

Milpitas
San Jose-Evergreen Community College District
Milpitas Extension
1450 Escuela Pkwy
Sep 28: 9 a.m. - 3 p.m.

Newark
Fremont-Newark Blood Donation Center
39227 Cedar Blvd.
Sep 18-19, 23-24, 25-26, 30:
11:45 a.m. - 6:15 p.m.
Sep 20-21, 27-28: 8:15 a.m. - 3:00 p.m.
Sep 22, 29: 8:15 a.m. - 2:45 p.m.

Please help us find our Mila



She is microchipped. She is tan and black, has full tail. She was chased out of our yard June 21st 2019 near Peralta and Paseo if you have her or know who does please find it in you heart to return her to her rightful owner.

We miss her dearly
Please see this and share with neighbors and social media if possible we have looked in every shelter within 30 miles as well as numerous pet finder websites fliers were placed the minute she went missing and walked throughout various neighborhoods now we need your help to keep eyes out in our community
There is a reward for her safe return \$\$\$\$
(408) 722-4847 or
(408) 762-9466

Please help us find our Mila, she is a 7 y.o Spayed Female Yorkie.

Cougars Report

SUBMITTED BY
TIMOTHY HESS

WATER POLO

Newark Memorial
Cougars vs Mission San

High School’s new pool, Newark Memorial swept to start Mission Valley Athletic League action.
NM JV girls 11 - MSJ 0
NM Varsity girls 12 - MSJ 0
NM JV boys 16 - MSJ 5
NM Varsity boys 10 - MSJ 5
Newark Memorial Water Polo Tournament
September 14, 2019
Congratulations to the Newark Memorial boy’s water polo team winning the consolation bracket against Irvington

CROSS COUNTRY
Monte Vista Invitational
September 3, 2019
The Cougar Cross Country team competed at the Monte Vista invitational where the varsity boys impressed with a 3rd place finish.
San Francisco Invitational
September 7, 2019
At the San Francisco invitational, out of 68 schools, the varsity boys placed 14th led by Eric



Jose Warriors (Fremont)
September 11, 2019
At the first water polo game ever played at Mission San Jose

High School (Fremont) by a score of 16-11.

Lambruschini, Jose Ortega and Diego Ochoa and the girls placed 22nd led by Jasmine Romero and Samantha Armas.

‘Coach Mike’ to be honored



SUBMITTED BY MIKE HEIGHTCHEW

A special ceremony for a special beloved coach will be held September 21 at 1:30 p.m. Pete Michaletos, affectionately known as “Coach Mike”, was a fixture on the football field of John F. Kennedy High School in Fremont for 46 years. The Titans’ mentor was one of the most popular and respected coaches in the East Bay; in the vanguard of the vaunted “West Coast Offense” popularized in professional football by Bill Walsh and Mike Holmgren among others. This, at the time, unorthodox style led the Titans to North Coast Section playoffs eight times and two Mission Valley Athletic League championships despite Kennedy’s modest enrollment compared to competing schools.

Following retirement, Michaletos did not stray far from the football field, providing support for coaching staffs at Modesto Christian and Milpitas High Schools. In 2011, Coach Mike was inducted into the California Coaches Association Hall of Fame. Even with his passing, February 11, 2017, Coach Mike will be observing action at Tak Fudenna Stadium in Fremont as his likeness will be installed to remind and commemorate his contributions to football and the young athletes he mentored throughout his life.

Michaletos Dedication Ceremony
Saturday, Sep 21
1:30 p.m.
Tak Fudenna Stadium
38442 Fremont Blvd, Fremont

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Fremont City Council

September 10, 2019

- Consent Calendar:**
- Report actions during council recess.
 - Approve Master Service Agreements for land use and development services.
 - Authorize Master Service Agreements with Hines EDM, Inc. and ImageNet, LLC for on-call scanning services.
 - Authorize contract with Alameda County Health Care Services Agency.
 - Authorize Joint Powers Agreement with Fremont Unified School District for mental health,

family support, substance abuse treatment, outreach, education. Funded through Kaiser Permanente.

- Authorize purchase of software support and subscription and maintenance of web-based solution for reservation and registration.
- Authorize agreement with Matrix Consulting for police organizational workload study.

Other Business:

- Decision on implementation and location of Housing Navigation Center at either City Hall or Decoto site. Analysis of community outreach cost and data was presented by staff. Approximately 400 speakers expressed opinions ranging from a preferred site location to opposition to grant funds for a

navigation center rather than alternative use of funds for homeless residents. Following over five hours devoted to the topic at this meeting plus extensive time for discussion and outreach, council voted unanimously to approve the City Hall site. Initial occupancy of 45 people is anticipated mid-2020.

Housing Navigation Center overview:

- City Hall rear parking lot site selected
- Top community concerns: crime, safety, accessibility to services, reduce homelessness.
- House 45 people for an average of six months; on-site management 24/7 by Bay Area Community Services; support services for permanent housing

solutions.

- No walk-ins or drop-ins; dorm-style living.
- Funding from State (\$3.7M), City (\$3.2M) and County (\$0.8M).
- Construction estimate \$2.374M.
- Permit/Construction period begins: October 2019.
- Occupancy mid-2020.

Additional information is available at www.fremont.gov

Mayor Lily Mei	Aye
Vice Mayor Raj Salwan	Aye
Vinnie Bacon	Aye
Rick Jones	Aye
Teresa Keng (District 1)	Aye
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye

City Hall rear parking lot as Fremont’s temporary housing

SUBMITTED BY
CITY OF FREMONT

The Fremont City Council held a special city council meeting on September 10 to consider the development of the city’s temporary housing navigation center at either a site in the Decoto neighborhood or in the rear parking lot of Fremont’s city hall. The special city council meeting was well attended and approximately 200 community members spoke during the public meeting, providing input to city council on the development of a navigation center and the two proposed finalist sites. After receiving the report from city staff and public comment, the council unanimously approved the rear parking lot of the Fremont City Hall for the location of the temporary center.

Councilmembers selected the City Hall site based on its proximity to services, food access, and transportation. A large portion of the parking lot to



the rear of City Hall will be temporarily repurposed and developed to accommodate the navigation center. The center will accommodate 45 unsheltered community members; adult participants can stay up to six months while they are supported and focus on finding stable, permanent housing.

In addition to approving City Hall as the development site, city council appropriated \$1.1 million for the center’s development and operation and authorized the city manager to

execute a multi-year services and lease agreement with Bay Area Community Services (BACS) as the navigation center’s operator. BACS, who also operates the Berkeley navigation center (STAIR Center), and two navigation centers in Oakland, will provide 24/7 staffing and supportive services to the residents of the program.

City staff plan to finalize and then submit the site plan drawings to the Building Department and outside utility agencies for review. In parallel,

staff will be working with BACS on a services and lease agreement. Construction will take approximately eight to 10 months, and projected occupancy of the center is anticipated for mid-2020.

Community outreach will continue throughout the development of the center including opportunities for the public to donate, volunteer, and contribute to the success of Fremont’s first housing navigation center. For more information, visit www.Fremont.gov/NavigationCenter.

Hayward city council

September 10, 2019

- Closed session announcements:**
- Council met to discuss pending litigation under category workers compensation. Council approved 2 cases. 7-0
- Presentations:**
- Certificate of Commendation to Downtown Streets Team for being selected as non-profit of the year. They will also receive the mayor’s award at the annual Hayward volunteer recognition and awards dinner. They have provided compassionate and innovative leadership through their work and collaboration with other governmental organizations, nonprofits, and the community.
 - Certificate of commendation to Nina Collins, human resources director for the City of Hayward upon her retirement.
- Public comments:**
- Tony Chaplin, Chief of police for Hayward formally introduced himself to community and offered his services.
 - Colleague of Nina Collins shared her gratitude.
 - Resident was concerned with

car speeding by the intersection on Torrano Ave. and Mission Blvd.

- Members of Lt. Frank Reasoner detachment 919 invited council and community to the 25th annual marine corp. birthday breakfast held November 2 in San Leandro.
- President of Hayward Chamber of commerce summarized business openings in July and future city events.
- International youth fellowship member invited council and community to their annual Christmas Cantata event in Daly City September 28.
- Councilmember Mendall recommended community to visit Round 1 arcade and bowling alley in Southland mall.

Action Item:

- Appointments and reappointments of new and reappointed members to the

Community Services Commission, Keep Hayward Clean and Green Task Force, Library Commission, Personnel Commission and Planning Commission were sworn in by city clerk Lens. 7-0.

Consent Calendar:

- Award construction contract to Con-Quest Contractors, Inc. for recycled Water Customer Onsite Conversions Project.
- Resolution allocating \$379,716 in HOME Investment Partnership funds and renewal of Rental Housing grant with Adobe services to provide rental assistance to emancipated and former foster care youth. 6-0-1 (Recuse, Wahab).

Council Reports and Announcements:

- East Bay Community Energy update by councilmember Mendall

Council Referrals:

- Consider corrective actions

with Reliant regarding mass displacement of Leisure Terrace tenants. Report from councilmember Wahab. Motion 4 recommendations to referral: to appropriate compensation for misplaced tenants, work with Reliant to stop evictions of existing tenants, remove exemption of the Just Cause Ordinance and conduct legal analysis of report and referring item to Housing and Task force committee to meet in 4 to 6 weeks after further information is gathered. No votes were submitted for this item at this time.

Mayor Barbara Halliday	Aye
Al Mendall	Aye
Francisco Zermeno	Aye
Sara Lamnin	Aye
Elisa Márquez	Aye
Aisha Wahab	Aye, 1 Recuse
Mark Salinas	Aye



Certificate of commendation to Nina Collins, Human Resources Director for the City of Hayward upon her retirement. From left to right: Francisco Zermeno, Al Mendall, Elisa Márquez, Mayor Barbara Halliday, Nina Collins, Kelly McAdoo, Aisha Wahab, Mark Salinas, Sara Lamnin.



25 new and re-appointed members were sworn in.

OPINION



WILLIAM MARSHAK

Unity of purpose

involved in the catastrophe. The same reaction is usually evoked during natural disasters and personal tragedy. Human nature, for the most part, is comforting and empathetic. When faced with threats of significant change, our natural positive responses do battle with fear, anxiety and uncertainty. Examples of intolerance and base actions can be found but, overall, most find comfort in a united and principled stance.

One of the most vexing problems facing our communities is the precarious economic environment. For some there is little problem paying bills and enjoying the fine weather and amenities of the Bay Area. However, this is a relatively small slice of our population. For many, the comfortable lifestyle of a middle-class economy has disappeared and as the wealth gap has widened, those who struggle to make ends meet have been squeezed into untenable positions without the means to compete for a meager supply of truly affordable housing. The choice left is chilling – roof, food or medicine. In many cases a downward spiral is inevitable. For others, the fear of falling into the economic trap of poverty is terrifying.

Recent actions by the Fremont City Council to define and locate a Housing Navigation Center culminated in a display of heightened interest and

community involvement that is rarely seen in the greater Tri-City community. Although passionate debate of the merits and placement were on display, discourse was civil and reasoned. In the end, a decision was made to locate the center next to City Hall and now all the rhetoric, promises, suggestions and statistics will be put to the test.

Just as with other significant decisions and occurrences, once an action plan is in motion, the time is right to consolidate our differences in a sense of purpose. In this case, the goal of adding another method to aid fellow citizens should be paramount; the fervor shown in favor or against specific proposals now abandoned in favor of action to ensure that a positive outcome emerges. It was heartening to witness community engagement that adheres to lawful protocol when confronted by significant change. As other issues of importance rise, so should the aspiration toward a common goal of living in a safe, clean and harmonious environment.

William Marshak
PUBLISHER

We have just passed another anniversary of a dark milestone in the history of our country. The “date that will live in infamy,” previously invoked by Franklin D. Roosevelt following the December 7, 1941 attack on Pearl Harbor, was repeated when the United States was assaulted on September 11, 2001. Known by its shorthand of “9/11,” the three-pronged attack resulted in the death of thousands, destruction of the World Trade Center, damage to the Pentagon and an airplane crash in Pennsylvania. The resulting shock by people around the world galvanized a unity of purpose to understand why this happened and seek revenge for the heinous crime.

Although the result was a mixed bag of individual actions, overall the response to this threat to our democratic system and wholesale carnage was a consensus to aid and comfort those directly and indirectly

San Francisco offers \$2.5B for PG&E’s power grid in the city

BY DAISY NGUYEN
ASSOCIATED PRESS

With Pacific Gas & Electric in bankruptcy as it faces billions of dollars in claims over wildfires started by its equipment, San Francisco is offering to buy pieces of the utility’s assets for \$2.5 billion so the city can run parts of the power system on its own.

Mayor London Breed and City Attorney Dennis Herrera said in a statement that the offer was “competitive, fair and equitable” and would lead to financial stability for the beleaguered investor-owned utility.

“We look forward to positive, collaborative discussions with PG&E on this critical issue,” the statement issued Sunday said. “Through-out this process we will protect the best interests of our city as we strive toward the independent energy future that San Francisco deserves.”

The offer was presented before PG&E submitted its plan Monday for reorganizing its finances to get out of bankruptcy.

PG&E said in a statement that it doesn’t believe the sale would be “in the best interests of our customers and stakeholders.” About 452,000 of the utility’s 5.4 million electric customers are in San Francisco.

San Francisco, where PG&E was founded more than a century ago, began examining options for taking over pieces of the utility after it filed for bankruptcy protection in January. The city isn’t looking to buy any part of PG&E’s gas system.

A May report by the San Francisco Public Utilities Commission said public ownership of the electric grid could help the city become carbon neutral by 2030 and stabilize electricity rates.

The city already has its own power system but relies on PG&E to deliver electricity to many customers.

Money for the purchase would come from a bond that voters agreed last year the city could use. State and federal regulators would need to sign off on any deal.

Cities previously could use eminent domain to take ownership of assets at fair market value. But under a new law passed by state lawmakers in July, the California Public Utilities Commission will get to consider other costs in deciding any local government’s purchase of utility assets.

Breed, along with San Jose Mayor Sam Liccardo and Oakland Mayor Libby Schaaf, told lawmakers that expanding regulators’ oversight would infringe on cities’ authority to provide electric service in the future.

A provision in the legislation also requires new owners to protect PG&E workers’ jobs for three years. San Francisco said it would recruit PG&E employees to operate the proposed municipal system and honor their union contracts.

PG&E filed for bankruptcy because it said it could not afford billions in damages from recent deadly wildfires caused by downed power lines and other company equipment, including a November fire that killed 86 people and largely destroyed the town of Paradise.

The new law creates a fund of up to \$21 billion to help PG&E and the state’s other major utilities – Southern California Edison and San Diego Gas & Electric – pay out future claims as climate change makes wildfires across the U.S. West more frequent and more destructive.

To use the fund, companies would have to meet new safety standards to be set by state regulators and take steps such as tying executive compensation to safety.

PG&E also must emerge from its bankruptcy proceedings and settle its pending lawsuits from homeowners, insurance companies and local governments by June 30 of next year to tap into the fund.

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Obituaries



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Donald Joseph Medeiros
Resident of Fremont
December 16, 1932 – September
Fremont Chapel of the Roses

Donna Marie Neal
Resident of Fremont
April 8, 1949 – September 13, 2019
Fremont Chapel of the Roses

Cecilia G. Contreras
Resident of Newark
November 22, 1938 – September 11, 2019
Fremont Memorial Chapel

Ana Oliveira Caldeira
Resident of Union City
June 18, 1931 – September 9, 2019
Fremont Chapel of the Roses

Mary E. George
Resident of Fremont
January 6, 1928 – September 7, 2019
Fremont Chapel of the Roses

Anita Suzanne Law
Resident of Newman
September 26, 1946 – September 5, 2019
Fremont Memorial Chapel

Nuel Veloso
Resident of Union City
July 31, 1942 – September 5, 2019
Fremont Chapel of the Roses



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James Kelly
Resident of Union City
February 2, 1947 – September 11, 2019

Laura Biglang-awa
Resident of Fremont
April 1, 1939 – September 8, 2019

Miguel Escalante Sr.
Resident of Newark
February 23, 1939 – September 7, 2019

Sister Angela Marie Hinckley
Resident of Fremont
December 13, 1921 – September 4, 2019

Franklin Blauvelt Sr.
Resident of Fremont
March 3, 1930 – September 3, 2019

Ananda Rao Dudala
Resident of San Ramon
March 29, 1974 – September 1, 2019

Mohan Setia
Resident of San Ramon
December 12, 1933 – September 1, 2019

Babulal Sarda
Resident of San Jose
November 30, 1935 – August 31, 2019

Tina Truong
Resident of Fremont
May 15, 1956 – August 31, 2019

Rangaraju Bobburi
Resident of San Jose
February 10, 1963 – August 30, 2019

Vasanti Shah
Resident of Fremont
March 13, 1937 – August 29, 2019

Rangaraju Bobburi
Resident of San Jose
February 10, 1963 – August 30, 2019

Obituary

Miguel Ignacio Escalante Sr.
February 23, 1939 – September 7, 2019



Miguel, 80, peacefully passed away surrounded by his loved ones and their prayers on September 7, 2019 in Newark, California. He was born on February 23, 1939 in Glendale, Arizona. Miguel was a resident of Newark, California for 53 years. He is survived by his wife Cecilia of 59 years; eleven brothers and sisters; four children; Monica Richards, Christina Escalante-Dutra, Alma Rodriguez, and Miguel Jr.; nine grandchildren, five great-grandchildren; and a host of nieces and nephews. Miguel is preceded in death by his parents, Eva Garcia and Francisco Escalante.

Miguel was a very hard worker. He started as a laborer in the fields at a very young age. After, he learned the skill of welding and worked for FMC for 20+ years where he welded Army Bradley Tanks. While at FMC he worked his way up to the position of Welding Supervisor. He retired from FMC at the age of 55. Being the hard worker that he was, he continued to work at Camelot School as their maintenance man, where he was very well liked by staff and

children alike. His passion was watching his favorite local sports teams, the 49ers, SF Giants, and the Golden State Warriors. He opened his home to family and friends for many gatherings and get-togethers. He especially loved to cook, dance, and sing while enjoying everyone's company.

Services were held on Thursday September 12, with a visitation from 4:30 – 8 PM and a service at 6:30 PM at Berge-Pappas-Smith Chapel of the Angels, 40842 Fremont Blvd., Fremont, Ca. Burial was held at 11:15 AM on Friday September 13 at Irvington Memorial Cemetery, 41001 Chapel Way, Fremont, Ca.

Obituary

James Emmett Kelly
February 2, 1947 – September 11, 2019
Resident of Union City



Union City - James Emmett Kelly, 72, died September 11, 2019 of natural causes, after an extended period of poor health, at Washington Hospital in Fremont, California. He was born on February 2, 1947 in South Bend, Indiana, the son of Cyril James and Ruth Marietta (Ehredt) Kelly. He went by the name of Jim in everyday life.

In addition to his parents, he was predeceased by a brother, Danny and a son, Brian. Surviving in addition to his wife, Cathie, are his son, Michael and his wife Karen, of Union City, daughters, Meg Fuentes of Union City, Mary Katherine Rodriguez and her husband Victor of Union City, Colleen Mann and her husband John of Florida; eleven grandchildren, Jason, Kathryn and Allison Kelly, Madeline and Lyla Fuentes, Julian, Claire, Ethan and Sarah Rodriguez, and Ava and Jack Mann, with another Mann grandchild on the way in early 2020.

A visitation will be held September 15th, 2019 at Berge Pappas Smith Mortuary, 40842 Fremont Blvd, Fremont, CA, 94538 at 3:00 o'clock. On Monday, September 16th, a mass will be held at Saint Joseph's Church, at 11:00 o'clock, followed thereafter by burial at Holy Sepulchre Cemetery located at 26320 Mission Blvd, Hayward, CA, followed thereafter by a gathering of friends at Jim and Cathie's home. All are welcome.

In lieu of flowers, the Kelly family requests that donations be made to the Brian Kelly Fund with New Haven Schools Foundation. Brian Kelly, the son of Jim and Cathie, attended James Logan High School and later passed away at a very young age. This fund was created by the Kelly family to honor his memory, and we know Jim would appreciate the gesture. The Brian Kelly Fund is a unique program that initially focused exclusively on supporting tutoring for high school students. Now, the focus has expanded to include literacy programs, starting at the elementary school level. Jim was famous for saying, "If you can read, you can do anything." The New Haven Schools Foundation is a 501(c)(3) nonprofit organization. Tax ID 94-2855611.

For a full obituary, follow the link: www.bergepappassmith.com



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Obituary

Fred P. Severson
Resident of Fremont
August 2, 1939 – September 13, 2019



Fred P. Severson was born August 2, 1939 in Geneva, Illinois to Frederick G. Severson and Dorothea B. Pierce. The family lived in Wheaton, Illinois along with sisters Susan and Candace. Growing up he was always interested in cars, and always had a summer job saving up for his first car. Fred was an avid skier. Nearing graduation from high school, and the military draft still in affect he chose to enlist in the U.S. Army 10th Mountain Rangers. As an expert Black Diamond skier he was stationed in Alaska training to become a member of the skiing soldier's. Eventually he was sent to Vietnam. Having had parachute training was assigned to a five man team dropped into the jungle for reconnaissance, locating and searching tunnels.

He was wounded, sent to Hawaii, recovered, and sent back to Vietnam. After his discharge from U.S. Army service Fred pursued a career as a tool/ model maker, prototype machinist, and tool & die maker serving as an apprentice tool & die maker 5

years program at Chicago Tool & Die Institute, then worked for Fisher body tech 2 years. Learning prototype stamping, tools design, specialized machinery, design, build, and precision grinding. He enjoyed fishing and hunting. Liked older cars having restored a 1955 Ford T Bird, then had Gary George restore his 1964 El Camino. Having a 1927 model T body, started with a pair of channeled rails, learned how to weld, and built himself a roadster. It was 95% finished when he passed.

Fred is survived by his sisters, and cousin Karen, Sally, and Mike Pierce.

At Fred's request no services will be held.

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Obituary

Anita Suzanne Luna-Law

Resident of Newark

September 26, 1946- September 4, 2019



Suzanne of Newman, CA went to her heavenly home on September 4, 2019. Born in Newman, Ca. She settled in Fremont CA for 47 years then moved to Florida where she resided for 23 years until recently moving back to Newman her last 2 years. She is survived by her daughter Deborah Montes son in-law Sam Montes and grandkids Sammy Montes (Renee Montes), Justin Montes and Jacob Montes. Has two beautiful great granddaughters Lillian and Paulina Montes. Daughter from Florida Kimberly Law and companion Ashlee. And her brother Robert (Bob) Rivas. She was proceeded in death by her

son Paul J Luna Jr, parents Laura and Frank Rivas, brothers Daniel and Ruben Rivas.

Suzanne was a Fremont icon as she was very involved with the Fremont Unified School District as her children were growing up. She was the PTA President for Patterson Elementary School and Thornton Jr High School. She introduced the Halloween Carnival to Patterson along with the cheer program. She then went on to being the cheer coach at Thornton Jr High School. She was a key believer in safety first for the children at Thornton Jr High School where she took students to the Fremont City Council Meeting and lobbied for a light to be put up at the corner of Dusterberry and Thornton Blvd, where it passed and now sits in front of the school. She did so many things to make Fremont and our schools a better place for children. She will be missed dearly by many Family and Friends.

Visitation will be held 12:00 – 1:00 PM, Saturday, September 21, 2019 with a Chapel Service at 1:00 PM, Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont.

Fremont Memorial Chapel
510-793-8900

Obituary

Cecilia G. Contreras

Resident of Newark

November 22, 1938 – September 11, 2019

Our beloved mom was a caring, generous, compassionate, understanding, and very strong woman who always put her family first.

She had an enormous heart and treated everyone with love and respect.

Her greatest pleasures were traveling, cooking, gardening, and spending time with her family.

Her guilty pressures were spending time at casino's and savoring Mexican pastries and cookies.

She will be missed all who know her.

Visitation will be held 2:00 – 5:00 PM Sunday, September 22, 2019 with a Chapel Service at 3:00 PM, Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont. A Funeral Mass will be held Monday, September 23, 2019 at



10:30 AM, St Edward Catholic Church, 5788 Thornton Ave, Newark. Burial to follow at Chapel of the Chimes Memorial Park, 32992 Mission Blvd., Hayward.

Fremont Memorial Chapel
510-793-8900

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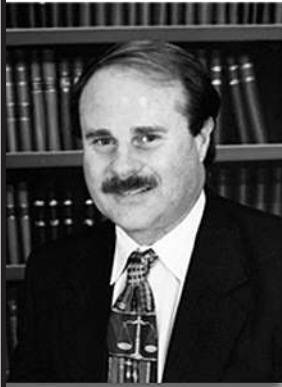
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Fremont Unified School Board Highlights

SUBMITTED BY BRIAN KILLGORE

At its September 11th meeting, The Fremont Unified School District (FUSD) Board of Education:

Approved administrative appointments:

Lucus Bogle - chief technology officer: Bogle comes to Fremont with 21 years of experience in education technology and most recently serving as the director of information systems for the ninth largest and most diverse district in Minnesota. Bogle holds a master's from Saint Mary's University of Minnesota and a bachelor's from the University of Minnesota.

Bridget Hall - assistant principal, Mission San Jose High School: Hall received her bachelor's degree from Michigan University and her master's degree from San Jose State University. She has been employed with the Milpitas Unified School District since 2003. During her time at Milpitas High School, she served in various roles including; department chair, PLC lead teacher, head Track and Field coach and AVID teacher.

Michelle Spurgeon - assistant principal, Forest Park Elementary School: Spurgeon has been with Fremont Unified since 2008. Spurgeon began her career at Glankler Early Learning Center before moving to Patterson Elementary School. Most recently, Spurgeon has been working as an

instructional coach in the Curriculum & Instruction Department.

Approved first reading of Board Policy 6173, Education for Students without Permanent Housing and Review the Administrative Regulation. The governing board desires to ensure that students without permanent housing have access to the same public education provided to other students in the district. The district shall provide students without permanent housing with access to education and other services necessary for them to meet the same academic standards as other students.

Received lead content in drinking water - Testing and Status Presentation. FUSD representatives met with Alameda County Water District to implement a plan to meet the new requirements for testing water in the school district. Between March 2017 and June 2018, the drinking water at all the school sites was sampled and tested to obtain the lead content. Samples were taken at the main point of entrance to the property (ACWD supply) and at five water faucets or drinking fountains throughout the sites with all schools testing at acceptable levels.

Held public hearing on the Preliminary Environmental Assessment (PEA) Report for the former Williamson site, 3350 Eggers Drive. The environmental report and supporting documents are available for review at the FUSD Education Center and at Fremont Main Library. The public comment period for the PEA Report began on September 6 and continues through October 7. Written comments on the PEA Report will be accepted during this time. Comments should be directed to the attention of John Chwastyk, director of facilities, Fremont Unified School District, 4210 Technology Drive, Fremont.

Union City City Council

September 9, 2019

Corrections:

• The last Union City city council report published on gust 13, 2019 said the city, "Passed a resolution to revise commercial cannabis permit program to allow recreational sale." The city did not pass a resolution that day. They directed staff to revise the current cannabis code to allow recreational sale. Communications manager Lauren Sugayan said the city plans to revise the cannabis program during a city council meeting in September 2019.

Presentations:

• Census 2020 presentation. They emphasized the Census is important and there will be a loss of funding if people are not counted. If the count is off by 6% there could be a loss of \$1 billion over 10 years for Alameda County. Federal funding depends on Census data to determine how much to give to programs like Supplemental Nutrition Assistance Program, Section 8 housing, federal highways, and school lunch programs. Residents should receive information about the Census in the mail by March 12, 2020. The citizenship question will not be asked. People can take the Census online, by phone, and by mail if they did not take the Census before April 8, 2020. Information collected by the Census is highly confidential.

Title 13 of the United States Code says employees of the Census can't disclose any "personally identifiable" information. Violators can get a federal prison sentence or a fine up to \$250,000.

Consent Agenda:

• Approved resolution supporting 2020 Census. An accurate count from the Census determines school districts, local planning, and funding. Information collected in the Census determines how many seats each state has in the U.S. House of Representatives. The Census also provides federal funding to state and local governments. The Census will be used to redistrict city councils, county boards of supervisors, and representatives of state legislature.

• Passed resolution on records retention program policy for the City Clerk department and the Police Department. For the Police Department, changes include keeping records of officer involved cases in mixed media form (paper and electronic media).

Public Hearing:

• Hearing on by-district elections. This is the fourth of five public hearings that need to be conducted so that the city can transition to by-district voting elections. The city attorney said extensive outreach was made, social media posts to Nextdoor, community newsletter. The city is being divided into 4 districts, with future candidates being from each district. The mayor's seat remains an at-large election. The seat up for elections in the year 2020 would be from District

1. There was a comment about how it may be a conflict of interest for vice-mayor Singh, who is from District 1, to draw a district map when he is seeking re-election next year. The demographer said council members were allowed to make district maps. The Council chose map 105b. The final hearing, change to by-district elections, and district map adoption will be on September 24, 2019. The map will be posted online seven days before adoption date.

Public Comment:

• On the possible fire station closure.

City Reports:

• First Reading of foodware ordinance to regulate plastic straws and other items like plastic forks, spoons, and coffee lids. Restaurants, bars, and sit-down fast food restaurants are affected. The ordinance says no plastic straws for on-site, to-go, or delivery orders. Single use straws have to be compost straws. Foodware that does not meet the requirement must be by request rather than self-serve. Fast food restaurants with drive-thru are exempted from the ordinance. There will be a clause to provide plastic straws to customers with medical needs.

• Passed Green Infrastructure Plan for sustainable systems that detain stormwater.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Gary Singh	Aye
Emily Duncan	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye



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First-grade teacher, student remain friends 62 years later

AP WIRE SERVICE BY DAVID B. SNOW
THE PADUCAH SUN

Back in the day, first grade was often a student's first experience in a classroom, the first time to be away from home for an extended time and have to obey someone new. Students often learned how to read, write, do math and so many more important things in first grade.

Lisa Henderson got more out of her first-grade year than reading, writing and arithmetic. She found a lifelong friend in her teacher, Mary Sowell, and was inspired to become a teacher herself by her experiences in first grade. The two former teachers often get together for lunches, like they did Aug. 8 when The Sun caught up with them.

Henderson was in Sowell's first-grade class at Lone Oak Elementary School during the 1956-57 school year and was a classmate of Sowell's oldest daughter, Elaine.

"I think I had 40 (students) in that first-grade class," Sowell said. "Of course, now, that's almost against the law."

The number of students in area schools burgeoned after the Paducah Gaseous Diffusion Plant was built in 1952 and prospective workers brought their families to McCracken County.

Sowell, 95, had a 37-year career as a teacher in schools in Paducah, McCracken County and Massac County, Illinois, before retiring in 1994.

"When I got out of college in '46, I started in the city of Paducah," she said. "I taught at Hanifan and Longfellow schools in the city of Paducah. Then, I married and had children and ended up at Lone Oak. But, I ended up the last 28 years in Massac County."

Henderson was a special education teacher at Paducah Middle School for 25 years and retired in 2001. She has worked as a substitute teacher and in homebound instruction with McCracken County schools for the last 14 years.

"I went into education because of teachers like Mrs. Sowell," she said. "They make an impression on your life and they made a difference in your life, and I've been in education all my life, also. Students have always been very special to me."

Several of those first-grade memories are still fresh in their minds.

"I loved the rhythm band; I remember that," Henderson said. "I remember our reader — the reading book, 'Dick and Jane.' I loved that. I loved to read."

"I learned to read in first grade. I don't think there was that much emphasis (then) on learning to read before you went to school."

Sowell said she wanted to get copies of those readers for her great-granddaughters.

"The reason I liked the Scott Foresman 'Dick and Jane' primers is because it was family-oriented and not too many (readers) at that time were family-oriented," she said.

Sowell said that she and Henderson kept in touch for so long because Henderson's parents kept in touch with Sowell and they all went to the same church.

"We feel blessed to know each other," Henderson said. "It's just been a blessing to me. She is such an amazing lady."

Sowell said: "God has blessed me through friendships. I am so happy that he has kept me inspired to stay in touch."

Information from: The Paducah Sun, <http://www.paducahsun.com>

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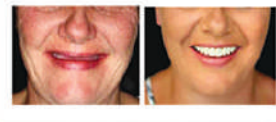
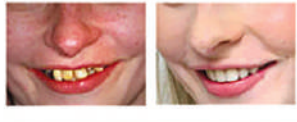
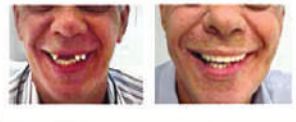
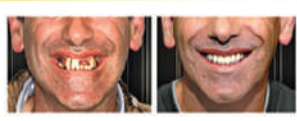


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Newark Police Log

SUBMITTED BY NEWARK PD

Tuesday, August 20

• At 11:20 a.m. Officer Wang investigated a reported theft from a vehicle on the 3000 block of Cedar Boulevard. Around 11 a.m. an unknown person entered the victim’s vehicle, which was unlocked, and stole money. The victim had just returned from his restaurant with \$21,000 he had left in the vehicle’s center console.

Saturday, August 24

• At 6:14 a.m. Officer Swadener was dispatched to the area of Morning Glory Court and Quince Place on a report of a possible mail theft. A citizen reported seeing a man going through mailboxes and followed him into Fremont along eastbound Mowry Avenue. Swadener located the 25-year-old Fremont man and made an arrest and issued a citation on suspicion of possessing drug paraphernalia and methamphetamine.

• At 7:24 a.m. Officer Damewood contacted a 26-year old Newark man in the area of Ash Street and Wells Avenue. After a check, the man was

arrested on four misdemeanor warrants and booked into jail in Fremont.

Monday, August 26

• At 6:50 a.m. officers were dispatched to the area of Abington Court to investigate a report of a family disturbance. A 20-year Newark woman was contacted and eventually arrested on suspicion of battery, vandalism, violating a court order and violating probation. She was booked into Santa Rita Jail.

Tuesday, August 27

• During a 7:56 a.m. security check in the area of Cedar Court, Officer Fredstrom contacted a 36-year-old male transient. A records check showed the man had four outstanding arrest warrants held by Newark Police Department for attempted battery, possession of drug paraphernalia, being too inebriated to care for himself or others, possession of a stun gun, driving with a suspended license, operating a vehicle that is not equipped with functioning ignition interlock device, and failure to stop at an intersection. The man was arrested and taken to jail in Fremont.

Wednesday, August 28

• At 8:38 p.m. Officer Torres investigated a grab and run retail theft at the 2000 block of

NewPark Mall The loss was legging and sports bras. Store security personnel asked the suspects to refrain from stealing; however, they grabbed an arm-load of merchandise and ran.

Thursday, August 29

• At 8:34 p.m. Officer Herrera saw a vehicle being driven recklessly near the 5000 block of Jarvis Avenue. A traffic stop was made, but the driver fled on foot. Herrera chased the male driver on foot to the 35000 block of Newark Boulevard and took him into custody. A record check showed the driver was on probation for reckless driving and had two previous DUIs and a suspended license for DUI. The 20-year-old Oakland man was arrested on suspicion of DUI and for resisting, delaying, obstructing a police officer and violating probation. He was booked into jail in Fremont.

Friday, August 30, 2019

• At 12:05 a.m. officers responded to a report of a large motor home hitting vehicles on Sunrose Avenue. Officer Hernandez located the RV and determined the driver was DUI. A 34-year old Newark man was arrested on suspicion of DUI and booked into jail in Fremont.

BART Police Log

SUBMITTED BY LES MENSINGER AND BART PD

Saturday, September 7

• At 11:01 a.m. a man identified by police as Immanuel March, 19, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of

violating a court order, child abduction, resisting arrest and probation violation. He was issued a prohibition order and booked into Santa Rita Jail.

Wednesday, September 11

• At 1:48 a.m. a man identified by police as Robert Contreas, 32, of Iowa was arrested at Hayward station on a no bail warrant and booked into Santa Rita Jail.

• At 3:52 p.m. a man was struck and injured by an arriving

train at Bay Fair station in San Leandro. Medical personnel took the man to a hospital for treatment. The station was briefly closed, but reopened at about 4:50 p.m.

Thursday, September 12

• At 10:13 a.m. a man identified by police as Marcos Lira, 22, of Berkeley was arrested at Hayward station on suspicion of resisting an officer and probation violation. He was issued a prohibition order and booked into Santa Rita Jail.

Neighborhood emergency response training classes

SUBMITTED BY THE CITY OF HAYWARD

In the aftermath of an earthquake, fire or other regional disaster, it’s always good to be prepared. That’s the idea behind the Neighborhood Emergency Response Team (NERT) class being offered by the Hayward Fire Department.

This free, four-hour emergency preparedness class focuses on training neighborhood, community organization, or workplace teams of at least 15 to 20 people in basic emergency response skills. Each class is taught by Hayward Fire Department personnel at various locations.

The goal is for emergency personnel to train people in basic response skills at their location. NERT members are then integrated into the emergency response capability for their area. Participants must be at least 18 years old and live, work, or attend school in the City of Hayward or the Fairview Fire Protection District.

Topics covered include:

- Types of emergencies most likely to arise in Hayward
- Identifying and reducing potential fire hazards
- Techniques for opening airways, controlling bleeding and treating shock
- Performing head-to-toe assessments, and selection and set up of treatment areas
- Basics of wound treatment

For more information about NERT and how to register a team of people for training, visit the NERT website at www.hayward-ca.gov/NERT. To learn more about general disaster preparedness and additional free preparedness courses offered by the Hayward Fire Department, visit www.hayward-ca.gov/fire-department/disaster-preparedness.

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GENERAL CIVIL PRACTICE
Business and personal matters, partnerships, corporations

STEPHEN F. VON TILL, ATTORNEY AT LAW

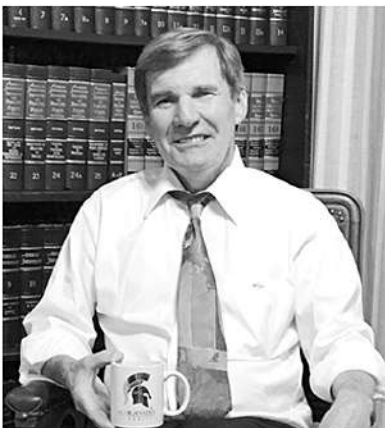
B.A., Humanities, Magna Cum Laude, Michigan State University
Juris Doctor, University of Illinois (7th in class)

Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty Law Clinic Santa Clara University College of Law 1987
Editor, University of Illinois Law Review 1968-1969
California Supreme Court Cases Accepted and Argued
Martindale-Hubbell’s Highest Preeminent A-V Peer Review Ranking
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Stranger Danger

SUBMITTED BY HAYWARD PD

With school back in session, police in Hayward are reminding parents and caregivers to be aware of student safety and to talk to kids about “Stranger Danger.”

What is a stranger? Most people visualize a stranger as a scary looking person. The truth is a stranger is anyone you don’t know. Strangers should be treated with caution. You may see “strangers” while going to and from places, at the park, in your neighborhood or at any public place you might go.

Remember your safety is a priority and there are rules you should follow when you are around strangers. Here are some good guidelines to start with:

- Be aware of who is around you and what they are doing
 - Adults who need help shouldn’t be asking kids, so let them find another adult. This includes adults with pets
 - Always have someone with you, and don’t go places alone
- The following are important safety tips to follow if approached by a stranger:
- Don’t talk to strangers and never

- give your name or address
- Don’t take anything, like candy or a toy from a stranger
 - No matter what they say, don’t go anywhere with someone you don’t know
 - Stay more than an arm’s reach from strangers
 - If you are approached by a stranger, seek help immediately
 - Trust your instincts, if you feel uncomfortable, are being followed or something is not right, seek help immediately
 - Review contact telephone numbers and home safety practices
 - If you are grabbed by a stranger: Yell, Run and Tell! (Scream, kick and get attention)
 - When seeking help, always go to a trusted adult — a parent, police officer, teacher, coach, or older sibling
- Report any suspicious activity immediately by calling 911 or Hayward Police Department’s Non-Emergency Dispatch Number at (510) 293-7000. Don’t wait to report it until later in the day or the next school day. It’s extremely important for students to call the police at the time of the incident so we can respond as soon as possible to investigate.



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PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
HISTORICAL ARCHITECTURAL
REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 6:30 P.M., ON THURSDAY, OCTOBER 3, 2019, AT THE CITY OF FREMONT, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

ELMORE'S AMERICAN TAVERN – 37396 NILES BOULEVARD – PLN2018-00293 – To consider Historical Architectural Review of a proposed 2,550 square foot two-story building located at 37396 Niles Boulevard in the Niles Community Plan Area; and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15302, replacement or reconstruction. Project Planner – Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

NILES SURPLUS PROPERTIES HISTORICAL OVERLAY DISTRICT (HOD) CLEANUP – 3520 G Street and 37697 3rd Street – PLN2020-00074 – To consider a Rezoning as directed by City Council on November 13, 2018 to extend the Niles HOD Overlay boundary to include 351 G Street and 37697 3rd Street in the Niles Community Plan Area, and to consider an exemption from the California Environmental Quality Act (CEQA) per CEQA Guideline 15305, Minor Alterations in Land Use Limitations. Project Planner – Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

* NOTICE *

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

FREMONT HISTORICAL
ARCHITECTURAL REVIEW BOARD

CNS-3294015#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19034634
Superior Court of California, County of Alameda
Petition of: Seng Saechao for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Seng Tim Saechao filed a petition with this court for a decree changing names as follows: Seng Tim Saechao to Michelle Seng Saechao
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 11/15/19, Time: 11:00am, Dept.: 17
The address of the court is Administration Bldg., 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City
Date: September 11, 2019
Wynne S. Carvill
Judge of the Superior Court
9/17, 9/24, 10/1, 10/8/19

CNS-3294152#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19033421
Superior Court of California, County of Los Angeles
Petition of: Ma Theresa Timbreza Preza, etc. and on behalf of Hannah Florielle Timbreza Preza for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Ma Theresa Timbreza Preza, etc. and on behalf of Hannah Florielle Timbreza Preza filed a petition with this court for a decree changing names as follows:
Ma Theresa Timbreza Preza, etc. to Ma Theresa Timbreza Preza
Hannah Florielle Timbreza Preza, etc. to Hannah Florielle Timbreza Preza
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 10/25/2019, Time: 11:00 AM, Dept.: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening's Tri-City Voice
Date: 09/03/2019
Wynne Carvill
Judge of the Superior Court
9/10, 9/17, 9/24, 10/1, 10/19/19

CNS-3291720#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19030131
Superior Court of California, County of Alameda
Petition of: Kwok Leung Chan for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Kwok Leung Chan filed a petition with this court for a decree changing names as follows: Kwok Leung Chan to Hsi Chan
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 9-20-19, Time: 11:00 a.m., Dept.: 17
The address of the court is 1221 Oak St., Oakland, CA
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: August 6, 2019
WYNNE S. CARVILL
Judge of the Superior Court
8/27, 9/3, 9/10, 9/17/19

CNS-3286873#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 563315
Fictitious Business Name(s):
Techsigma Services, 32020 Almaden Blvd, Apt 15, Union City, CA 94587, Alameda County
Registrant(s):
Ashish Ohri, 32020 Almaden Blvd, Apt 15, Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using

the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Ashish Ohri, Owner

This statement was filed with the County Clerk of Alameda County on September 10, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/17, 9/24, 10/1, 10/8/19

CNS-3294147#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562950
Fictitious Business Name(s):
USA Electric, 43157 Gallegos Ave., Apt. #D, Fremont, CA 94539, County of Alameda
Registrant(s):
Hung Ming Chen, 43157 Gallegos Ave., Apt. #D, Fremont, CA 94539
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on Aug-30-2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Hung Ming Chen, Owner
This statement was filed with the County Clerk of Alameda County on August 30, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/17, 9/24, 10/1, 10/8/19

CNS-3294144#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563014
Fictitious Business Name(s):
Storyboxart, 18002 Apricot Way, Castro Valley, CA 94556, County of Alameda
Registrant(s):
Alpana Aras-King, 18002 Apricot Way, Castro Valley, CA 94546
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on April 25, 2007
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Alpana Aras-King
This statement was filed with the County Clerk of Alameda County on April 25, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/17, 9/24, 10/1, 10/8/19

CNS-3294143#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563159
Fictitious Business Name(s):
Bronco Billy's Pizza Palace, 37651 Niles Blvd., Fremont, CA 94536, California
Registrant(s):
Aka Tete, Inc., 37651 Niles Blvd., Fremont, CA 94536-2763; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 1/1/2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Marlene H. Teehan, President
This statement was filed with the County Clerk of Alameda County on September 5, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/17, 9/24, 10/1, 10/8/19

CNS-3294141#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563158
Fictitious Business Name(s):
Bronco Billy's Pizza Palace, 26775 Hayward Blvd., Suite J, Hayward, CA 94542, County of Alameda
Registrant(s):
Mailing address: PO Box 2763, Fremont, CA 94536
Registrant(s):
Aka Tete, Inc., 37651 Niles Blvd., Fremont, CA 94536-0763; California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on 11/1/2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Marlene H. Teehan, President
This statement was filed with the County Clerk of Alameda County on September 5, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/17, 9/24, 10/1, 10/8/19

CNS-3294140#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562893-562897
Fictitious Business Name(s):
1-Fremont Flowers, 2-Bay Area Wholesale Flowers 3-Marlowes Flowers 4-Navlet Flowers, 5-Fremont Florist, 4050 Alder Ave, Fremont, California 94536, County of Alameda
Registrant(s):
Fremont Flowers and Gifts, Inc. 4050 Alder Ave, Fremont, CA 94536; Delaware
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 1/1/2007
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Dirk Lorenz, President

This statement was filed with the County Clerk of Alameda County on August 29, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/10, 9/17, 9/24, 10/1/19

CNS-3291896#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563052
Fictitious Business Name(s):
Artistry Room, 36640 Fremont Blvd Suite B, Fremont, CA 94536, County of Alameda; Mailing Address: 3295 Alder Avenue, Fremont, CA 94536
Registrant(s):
Alexandra Niedzielski, 3295 Alder Avenue, Fremont, CA 94536
Raissa Cain, 405 Rancho Arroyo Pkwy #76, Fremont, CA 94536
Business conducted by: Co-partners
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Alexandra Niedzielski, General Partner
This statement was filed with the County Clerk of Alameda County on September 4, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/10, 9/17, 9/24, 10/1/19

CNS-3291721#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563045
Fictitious Business Name(s):
Acumed Acupuncture Inc., 37982 Fremont Blvd., Fremont, CA 94536, County of Alameda
Registrant(s):
Acumed Acupuncture Inc., 37982 Fremont Blvd., Fremont, CA 94536; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Chia Chi Wang, Owner
This statement was filed with the County Clerk of Alameda County on September 4, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/10, 9/17, 9/24, 10/1/19

CNS-3291306#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562793
Fictitious Business Name(s):
George's Home Care II, 547 Cherry Way, Hayward, CA 94541, County of Alameda
Registrant(s):
George Vidican, 547 Cherry Way, Hayward, CA 94541
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 1993.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ George Vidican
This statement was filed with the County Clerk of Alameda County on August 27, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/10, 9/17, 9/24, 10/1/19

CNS-3291198#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562649
Fictitious Business Name(s):
Shunji Cellars, 19 Jacinto Dr, Fremont, CA 94536, County of Alameda
Registrant(s):
Shunji Cellars LLC, 4319 Jacinto Dr, Fremont, CA 94536; California
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Xiniu Zhang, Manager
This statement was filed with the County Clerk of Alameda County on August 22, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
9/3, 9/10, 9/17, 9/24/19

CNS-3288879#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562348
Fictitious Business Name(s):
Viet Cafe & Sandwich, 4378 Thornton Ave, Fremont, CA 94536, County of Alameda
Registrant(s):
Johnny X Nguyen, 31391 Beacon Bay Dr, Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Johnny X Nguyen, Owner
This statement was filed with the County Clerk of Alameda County on August 15, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/27, 9/3, 9/10, 9/17/19

CNS-3287191#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562263
Fictitious Business Name(s):
Mission Smiles Dentistry, 43625 Mission Blvd., Suite 201, Fremont, CA 94539, County of Alameda
Registrant(s):
Bina B Joshi DDS Inc. 2519 River Blvd., Bakersfield, CA 93305; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Bina B Joshi, Owner/President
This statement was filed with the County Clerk of Alameda County on August 13, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/27, 9/3, 9/10, 9/17/19

CNS-3286874#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562382
Fictitious Business Name(s):
Now Engineering, 4811 Mowry Ave., Fremont, CA 94538, County of Alameda
Registrant(s):
Matthew John Nowacki, 4811 Mowry Ave., Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Matthew John Nowacki, Owner
This statement was filed with the County Clerk of Alameda County on August 15, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/27, 9/3, 9/10, 9/17/19

CNS-3286472#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561827
Fictitious Business Name(s):
All Ways Accessories Inc. 36322 Tudor Place, Newark, CA 94560, County of Alameda
Registrant(s):
All Ways Accessories Inc. 36322 Tudor Place, Newark, CA 94560; California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on May 3, 201
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kenneth Presley, President
This statement was filed with the County Clerk of Alameda County on August 1, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/27, 9/3, 9/10, 9/17/19

CNS-3286362#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562017
Fictitious Business Name(s):
Casual Fields LLC, 20583 Cambridge Ave, Hayward, CA 94541, County of Alameda
Registrant(s):
Casual Fields LLC, 20583 Cambridge Ave, Hayward, CA 94541; CA
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Michael J. Gomes, Manager
This statement was filed with the County Clerk of Alameda County on August 7, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/27, 9/3, 9/10, 9/17/19

CNS-3286359#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562217
Fictitious Business Name(s):
Los Primos Tacos, 37531 Duster Berry Way, Fremont, CA 94536, County of Alameda
Mailing address: 32108 Alvarado Blvd. #318, Union City, CA 94587
Registrant(s):
Kamkaze Grillz Inc. 32108 Alvarado Blvd. 318, Union City, CA 94587; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jansel Torres, CEO
This statement was filed with the County Clerk of Alameda County on August 12, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/27, 9/3, 9/10, 9/17/19

CNS-3285516#

GOVERNMENT

CITY OF FREMONT
PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, October 1, 2019, at the City Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:
MOBILITY COMMISSION - Public Hearing (Published Notice) to Consider Introduction of an Ordinance to Establish a Mobility Commission
If you challenge a decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.
SUSAN GAUTHIER, CITY CLERK

9/17/19

CNS-3294055#

NOTICE INVITING BIDS

PUBLIC NOTICES

Lodging House 17.07.020 (Table) Add as Permitted use in Zoning Tables to be consistent with definition.

Landscape Standards 17.07.030 (Table) Clarify that 25% landscaping along right-of-way only applies to single family zoning districts.

Pedestrian Walkways 17.07.040(D)(5) Reduce the walkway width to 4 feet instead of 6 feet.

Single Family Design Guidelines 17.07.040(E) Adding references to guidelines. Existing guidelines have been in effect since 2007.

Tutoring Center and Instructional Service 17.08.020 (Table) Add distance separation between uses of 300 feet within Commercial Mixed Use (CMU), Commercial Retail (CR), Neighborhood Commercial (NC), Community Commercial (CC), and Regional Commercial (RC) zoning districts.

Form-Based Code 17.13.040(B) Change distance separation of buildings in the Form Based Code from 16 feet to 19 feet, for better spatial design

Large Family Daycare 17.26.090(E) Establish a notification and appeal process to the surrounding neighbors within 200 feet. This ordinance will be considered for adoption at the regular meeting of the Newark City Council to be held on Thursday, September 26, 2019, at 7:30 pm in the Council Chambers, City Administration Building, 37101 Newark Boulevard, Newark, California. Copies of the full text of this ordinance are available for examination by the public in the Office of the City Clerk, 5 th Floor of the City Administration Building, 37101 Newark Boulevard, Newark, California, and in the Newark Library, 6300 City Terrace Avenue, Newark, California. Sheila Harrington, CMC City Clerk 9/17/19

CNS-329327#

NOTICE INVITING BIDS

Notice is hereby given that sealed bids will be received by the Union Sanitary District in their office located at 5072 Benson Road, Union City, CA 94587-2508, at any time prior to 2:00:00 p.m. on October 29, 2019 for furnishing all labor, materials, equipment, and services for the construction of improvements designated as:

Primary Digester No. 7 Project

Project No. 900-486

The Project consists of construction of a new anaerobic digester, new sludge transfer pump station, new iron salts chemical facility, new hot water boiler, and associated structures, equipment, piping, electrical and control components. To accomplish this work the Contractor shall complete the work items indicated in the Contract Documents, including but not limited to the following:

Improve site soil conditions.

Construct new 2.4-million-gallon anaerobic digester with submerged-fixed concrete cover and waffle bottom.

Install new confined gas mixing system with four draft tubes and gas lift trenches, pre-engineered liquid ring gas compressors, a recessed impeller foam suppression pump, and related items.

Install new heating recirculation system with spiral heat exchanger, two recessed impeller recirculation pumps, and related items.

Construct new sludge transfer pump station with digester transfer pump, three progressive cavity pumps, and related items.

Install new packaged watertube hot water boiler with two horizontal end suction centrifugal pumps and related items.

Construct new concrete equipment pad to the west of existing Heating and Mixing Building (HMB) No. 4 with built-in trench, pre-engineered metal canopy, and associated drainage system. Construct new ferrous/ferric (FE) chloride chemical facility with concrete secondary containment structure, 10,150-gallon fiberglass-reinforced plastic single walled tank, two chemical metering pumps, and related items.

Install new yard piping.

Connect new facilities/yard piping to existing digester feed, digester heating, sludge transfer, digester gas, natural gas, plant hot water, potable water, reclaimed water, and plant drainage systems.

Install digester gas and plant hot water temporary bypass systems to facilitate tie-ins to existing facilities/yard piping.

Install two new roof penetrations and related items at the existing secondary digesters.

Install new 480-volt motor control center with associated variable frequency drives, motor starters, and circuit breakers at the existing HMB No. 4 Electrical Room.

Provide new 480-volt power feed from existing Switchboard No. 3 (SWBD-3) switchboard to HMB No. 4.

Provide new 480-volt motor control center section with associated variable frequency drives and circuit breakers at the existing Thickener Electrical Building.

Install new PLC-20 expansion cabinet in the existing HMB No. 4 Electrical Room.

Install new electrical and communication ductbanks.

Demolish and dispose of existing hot water boiler and related items.

Demolish existing concrete slab and digester gas piping located outdoors to the west of HMB No. 4.

Demolish and replace existing roofing for HMB No. 4.

Conduct site survey of all exterior below-grade facilities prior to excavation for new improvements. Prepare and submit Record Drawings and Record Specification in electronic format.

Other miscellaneous improvements as shown and specified.

The successful bidder will have Six Hundred and Ten (610) calendar days to complete the Project from the Notice to Proceed.

The Engineer's Estimate for this Project is \$22,700,000.

Bids will be publicly opened, examined and declared on said day and hour, and will be referred to the District Board of Directors for subsequent action.

Non-mandatory prebid and mandatory site visit at contractor's convenience.

A prebid conference will be held at 10:00 a.m., local time, on September 17, 2019 at the Alvarado Wastewater Treatment Plant located at 5072 Benson Road, Union City, CA 94587 and a site visit will be conducted immediately following the prebid conference. Attendance at the prebid conference is not mandatory but prospective bidders are encouraged to attend the prebid

conference and this site visit. A site visit prior to bidding is mandatory for the contractor to be qualified to bid on the project. However, the site visit may be conducted by the contractor at his convenience prior to the preparation of its bid if the District is notified 24 hours in advance. The site visit shall be conducted in the presence of the District's Project Manager.

Under California Laws and Regulations the District shall inform all prime contractors of public works, to the extent feasible of relevant public work requirements as listed in Section 00010 of the Contract Documents.

Copies of the Contract Documents are now on file and available for public inspection in the District Office, 5072 Benson Road, Union City, CA 94587-2508. A paper copy of the Contract Documents, including half size drawings, may be purchased at the District Office for a non-refundable \$150 charge, which includes the appropriate State sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. Partial sets of Bid Documents are not available from the District. Bidders may pay for plans and specs by sending a check made out to Union Sanitary District, 5072 Benson Road, Union City, California 94587, or by going to our website www.unionsanitary.ca.gov for payment by VISA or MASTERCARD credit card.

Project information may be viewed at www.unionsanitary.ca.gov. Electronic copies of the Contract Documents are available on Compact Discs for a non-refundable \$15 charge, which includes the appropriate States sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. However, all bidders submitting a bid must purchase and receive a paper copy of the Project Manual of Primary Digester No. 7 Project, Project No. 900-486 from the District prior to the bid opening date. All submitted bids must be on bid forms included in the purchased paper copy of the Project Manual or subsequent addenda. A bid submitted to the District by a bidder who has not purchased and received a paper copy of the Project Manual of Primary Digester No. 7 Project, Project No. 900-486, or submitted on bid forms not included in the purchased paper copy of the Project Manual or subsequent addenda shall be considered non-responsive and shall be rejected by the District.

Each bid must conform and be responsive to the invitation, the Plans and Specifications, and all documents comprising the Contract Documents. Each bid shall be presented under sealed cover and shall be accompanied by a certified check or bidder's bond, made payable to the District, in an amount not less than ten percent (10%) of the bid. The said check or bidder's bond shall be given as a guarantee that the successful bidder will execute the contract in conformity with the form of agreement contained within the contract documents, and will furnish bonds and insurance policies as specified within ten (10) days after notification of the award of the Contract to the successful bidder.

Cost for work described in each addenda issued during the time of bidding shall be included in the Bid and the addenda shall become a part of the Contract documents.

Bidders shall develop and submit bids at their own expense. The District will reimburse any costs associated with the development and submittal of any and all Bids.

The District reserves the sole right to reject any and all bids and to waive any informality in a bid. The District has applied for and expects to receive Authorities to Construct (ATC) from the Bay Area Air Quality Management District for the addition of a new digester and replacement of an existing hot water boiler. No bidder may withdraw its bid for a period of one hundred and twenty (120) days after the date set for the opening thereof.

At the successful Contractor's option, securities may be substituted for the required retention, in accordance with the provisions of Section 22300 of the State of California Public Contract Code. In accordance with the provisions of California Public Contract Code Section 3300, the District has determined that the Contractor shall possess, as a minimum, a valid Class A License. In accordance with the provisions of California Business and Professions Code Section 7028.15, a bid submitted to the District by a Contractor who is not licensed in accordance with Chapter 9 of the California Business and Professions Code shall be considered non-responsive and shall be rejected by the District.

Questions concerning this project should be directed to:
Union Sanitary District
Attn: Curtis Bosick
5072 Benson Road
Union City, CA 94587
Phone: 510-477-7607
By: Pat Kile
Secretary of the Board
Union Sanitary District
Date: September 10, 2019
9/10, 9/17/19

CNS-3291540#

PROBATE

NOTICE OF PETITION TO ADMINISTER

ESTATE OF
ELEANOR AVERY SPROTTE

CASE NO. RP19030685

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Eleanor Avery Sprotte

A Petition for Probate has been filed by Steven A. Whitlock Sprotte in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Steven Whitlock Sprotte be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in

the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The personal administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on September 24, 2019 at 9:31 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a creditor or a contingent creditor, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: 31324 Mackinaw Street, Union City, CA 94587, Telephone: 510-861-2422

9/3, 9/10, 9/17/19

CNS-3289227#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-14-650701-RY Order No.: 150057878 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/17/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale of the highest order for cash, cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be by, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the deed of trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT OF THE TRUSTOR'S DEBT. TITILE: AN UNMARRIED MAN AND SENORA GLAUDE, AN UNMARRIED WOMAN Recorded: 5/25/2005 as Instrument No. 2005214752 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 11/17/2019 at 12:00PM Place of Sale: At the Fallon Street emergency exit to Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$583,390.82 The purported property address is: 8096 JUNIPER AVE, NEWARK, CA 94560 Assessor's Parcel No.: 092-0119-023-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-650701-RY. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected

in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2703 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-650701-RY IDSPub #0156523 9/17/2019 9/24/2019 10/1/2019 9/17, 9/24, 10/1/19

CNS-3292015#

TS. No.: 2019-01017-CA A.P.N.:507-0265-010-00 Property Address: 37469 3rd Street, Fremont, CA 94536 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/17/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Rene S Aguirre, a married man as his sole and separate property Duly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 05/31/2006 as Instrument No. 2006212964 in book ---, page--- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 10/24/2019 at 09:00 AM Place of Sale: 3RD FLOOR LODGE/ BANQUET ROOM SCOTTISH RITE CENTER, 1547 LAKESIDE DR., OAKLAND, CA 94612 Estimated amount of unpaid balance, reasonably estimated pursuant to a Dotted charges: \$471,429.26 NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A PUBLIC SALES, BUT WITHOUT AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale of the highest order for cash, cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be by, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the deed of trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT OF THE TRUSTOR'S DEBT. TITILE: AN UNMARRIED MAN AND SENORA GLAUDE, AN UNMARRIED WOMAN Recorded: 5/25/2005 as Instrument No. 2005214752 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 11/17/2019 at 12:00PM Place of Sale: At the Fallon Street emergency exit to Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$300,802.62 The purported property address is: 247 SYCAMORE STREET, FREMONT, CA 94536-1740 Assessor's Parcel No.: 507-0645-004-07 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-19-860078-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2703 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-19-860078-BF IDSPub #0156088 9/10/2019 9/17/2019 9/24/2019 9/10, 9/17, 9/24/19

CNS-3291040#

NOTICE OF TRUSTEE'S SALE TS No. CA-19-860078-BF Order No.: 8754723 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/10/2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE Trustor(s): YASUYUKI Y TOKOSHIMA, A SINGLE PERSON Recorded: 2/16/2017 as Instrument No. 2017043845 of Official Records in the office of the Recorder of Alameda County, California; Date of Sale: 10/10/2019 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$300,802.62 The purported property address is: 247 SYCAMORE STREET, FREMONT, CA 94536-1740 Assessor's Parcel No.: 507-0645-004-07 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-19-860078-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2703 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-19-860078-BF IDSPub #0156088 9/10/2019 9/17/2019 9/24/2019 9/10, 9/17, 9/24/19

CNS-3287333#

Tri-CED Buy Back Center

SUBMITTED BY LAUREN SUGAYAN

“Your patience and courteousness is greatly appreciated,” that’s the message to the many people lining up daily at Tri-CED Community Recycling’s Buy Back Center in Union City. Due the recent closure of surrounding recycling centers, the redemption center at Western Avenue and Pacific Street is one of the few remaining places in the area that still pays for aluminum cans, plastic beverage bottles, glass bottles, and containers that are labeled with the CRV (California Redemption Value) symbol.

The Tri-CED Buy Back Center is open Tuesday thru Saturday from 9:00 am to 4:30pm. Lately, the center has been averaging more than 300 customers a day. Before the shutdown of other nearby recyclers, Tri-CED was serving about 150 visitors a day. Since 2013, more than half of the state’s nearly 2,600 recycling centers have closed, due in part to a sharp decrease in commodity prices for plastic, glass and aluminum and processing subsidies from the state of California that have failed to keep up with the raising costs of doing business.

Tri-CED’s redemption center is not immune to the economic challenges facing the recycling industry, but according to CalRecycle it’s one of only 16 buyback centers still operating in Alameda County, including the following: Tri-CED Buy Back Recycling Center 33377 Western Ave.

Union City, CA (510) 471-3850 Fry’s Metals

1845 West Winton Avenue Hayward, CA

(510) 276-4344 Aaron Metals Company

25101 Clawiter Road Hayward, CA

(510) 732-1200 American Recycling

15292 Liberty Street San Leandro, CA

(408) 515-9661 Alco Iron and Metal

2366 Davis Street San Leandro (510) 562-1107

Tips for redeeming cans and bottles at Tri-CED Tri-CED appreciates your patience and understanding while visiting its Union City center and offers the following suggestions:

1. Expect to wait one hour in line
2. While in line, please do not block the driveways of neighboring businesses
3. Make sure your containers are whole and free of contaminants such as dirt, excessive liquid or other foreign substances.
4. Sort containers by material type
5. Sort glass by color
6. If you are being paid by weight, make sure the load contains only eligible CRV beverage containers.

In addition to operating the buyback center, Tri-CED Community Recycling is also Union City’s longtime franchise recycling hauler and provides dependable and convenient weekly curbside collection of CRV and non-CRV cans, bottles, plastics, as well as paper and cardboard.

Learn the inner workings of law enforcement

SUBMITTED BY SGT. BRYAN HINKLEY

Have you ever wondered how men and women of law enforcement are trained to do their jobs, what a police officer's job entails, or why they wear all that “stuff” on their belts? All these questions and more will be answered during the Milpitas Police Department's upcoming Fall 2019 Citizens Police Academy.

Through a series of lectures and staged scenarios, citizens in the free four-week course will be provided with hands-on training similar to what officers receive in the police academy. Courses will range from Crime Scene Investigation (CSI), K9 Program, DUI Investigation, Shoot/Don't Shoot Scenarios and other topics.

Meeting times will be 6:00 p.m. to 9:30 p.m. Mondays and Wednesdays, starting September 30 and continuing through October 23. Because space is limited, advance registrations are strongly recommended, and should be made by calling Officer Kita Inthasack at (408) 586-2526 or by emailing kinthasack@ci.milpitas.ca.gov.

Citizens Police Academy

Mondays & Wednesdays, Sept. 30 – Oct. 23

6:00 p.m. – 9:30 p.m.

Milpitas Police Department

1275 N. Milpitas Blvd., Milpitas

Contact: Officer Kita Inthasack (408) 586-2526

kinthasack@ci.milpitas.ca.gov

COMMUNITY BULLETIN BOARD

	Fremont FAMILY RESOURCE CENTER 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Let’s Do Lunch! Volunteer for LIFE ElderCare Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com	
SPARKPOINT FINANCIAL SERVICES for Low-Income Residents FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020 Fremont.gov/SparkPointFRC		DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010	Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.	
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking? Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope Website: alanond17.weebly.com For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270		The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	Is Your Life Unmanageable Because of Debt? Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone DEBTORS ANONYMOUS www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610	A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227	FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162		A-1 Comm. Housing SVCS Credit & Money Management Workshop Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365
MAKE MONEY MAKING HISTORY! Your 300-word or less story on an alternative history of the Fremont Area may win you a prize at Half Price Books on Saturday, October 19, 2019. For more information, go to: www.fremontculturalartscouncil.org. Even if you’re not a writer, come make current history and vote for your favorite story!			YOGA WORKSHOP FREE FOR DIABETICS 14 Sessions - 1.5 Hr. Each Start Dates: Sept 7, & Nov 2, Address: Donegal Court, Newark Full address given to registered participants Call /Text: 801-471-1729 sdm-bayarea@sewausa.org https://sewausa.org/event-3513272	Free Weekly Adult ESL Class Listen, Speak, Read, Write Begins 9/24 - Tuesdays 10-11:30am South Bay Community Church 47385 Warm Springs Blvd Info: 510-912-1698 eslsbcc@gmail.com
English Conversation Cafe Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm Bridges Community Church 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org		Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Union City Toastmasters All are Welcome! Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
Become a volunteer driver with LIFE Eldercare Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org		Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun filled dance workout with many rhythms from around the world	AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	Newark Cub Scout Pack 441 Looking for adventurous kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com	The Tri-Cities Democratic Forum meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com		AMERICAN LEGION POST 649 Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org
Make a new friend! Be a volunteer friendly visitor with LIFE ElderCare Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoynes@LifeElderCare.org www.LifeElderCare.org	Zumba Kids with Jazzy Jenny Kids ages 4-12 Saturdays 2:30pm-3:30pm At Hope Community Church One hour of games,fun, and dancing. The last Saturday of every month is Zumba Family! For more info email: zumba.jazzyjenny@yahoo.com	SiliconAndhra ManaBadi Telugu Language Program 501c3, ACS-WASC accredited Approved by school districts ManaBadi classes many locations For ages 4 years and above OPEN to non-heritage students http://manabadi.siliconandhra.org/ Sridevi Ganti 510-364-2493 sridevi.ganti@manabadi.siliconandhra.org	Buon Tempo Italian American Club Family Dinners 1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org	Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

COMMUNITY BULLETIN BOARD

HAYWARD AIRPORT OPEN HOUSE SUNDAY, SEPT 22, 2019 10am - 4pm Free Entry & Free Parking Aircraft, Classic Cars Food Truck DJ & Booths 20301 Skywest Dr. Hayward www.haywardairport.org or call 510-293-8678	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M. 42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers! "Second Saturday" Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub. Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju's on Thornton Ave next to Dale's Hardware in FRMT. Critique Groups to help you from first draft to publication Everyone is welcome! www.cwc-fremontareawriters.org	FOR SALE Dining room table 26" wide X 61" long X 29" high Butcher block top, white legs 4 matching chairs Drawer at each end for storage \$60 for the set Also rocker recliner, good condition Rocks but doesn't recline - \$25 (510) 276-1439	MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com	
Business Writing Fremont Adult and Continuing Education Writing well is one of the most important skills you need for success in almost any position in the business world. Communicating well allows you to deliver your ideas clearly. September 3 – October 15 Tuesday 3:00 PM – 5:30 PM https://fremontk12.asapconnected.com/#CourseID=204173	The BUON TEMPO CLUB CRAB FEED Sat., Oct.12 - Transfiguration Church, 4000 East Castro Valley Blvd \$50/Person/All You Can Eat Alaskan Dungeness Crab, Pasta, & Salad ALL Proceeds - GEORGE MARK CHILDREN'S HOUSE No Host Happy Hour 5-6 P.M.Dinner 6 P.M. A Raffle of Gift Baskets & Silent Auction of Fancy Desserts THIS IS A PRE-PAID EVENT To make Reservations—Send your check, pay to: BUON TEMPO CLUB: Rick Martins, Ticket Chairman P.O. Box 2625, Fremont, CA 94536 For More information go to www.buontempoclub.org (events)	Home Craft Fair - 48th year October 2,3,4,5 Wednesday 10am - 4pm Thursday10am - 5pm Friday 10am - 5pm Saturday 10am - 4pm 1608 Via Santa, San Lorenzo (Follow signs on Bockman Road) Hundreds of Handmade Gifts for Giving and Keeping		
You are invited! Hayward Arts Council Benefit "Celebrate the Arts" Fri. Nov. 8 - 5:30-8:30pm Hayward City Hall Rotunda 777 B Street Buy tickets- \$50 before Oct 30 www.haywardartscouncil.org 510-538-2787 Support HAC Galleries, Visual and performing arts programs	FREE National Geographics 1963-2007 510-783-9909 ext: 108	Monday Night BINGO 2nd Monday of each month Nostalgic style BINGO At Niles Mobile Home Park 711 Old Canyon Rd. Near Vallejo Mills Elem. School Doors open 5:00 pm Games start at 6:00 pm More info . . . 510-513-3237	Wanted: Tenors & Basses Sing with the Mission Peak Chamber Singers! Rehersals every Tues. 7:30-9:30pm Irvington Presbyterian Church Concerts:Dec 7/8 2019 March 14/15 & May 30 2020 Some singing experience & ability to read music helpful bu not required (Altos & Sopranos welcome too! info@chambersingers.org 510-356-6727	Centennial Celebration September 28 - 10am-5pm American Legion Post 68 and American Legion Auxiliary Unit 68 - Hayward B Street Downtown Hayward Parade and Festivities All are invited For info Call Alfredo Rodriguez 510-537-6105 email: readyajr@yahoo.com
FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org	CASA VERDE NEIGHBORHOOD GARAGE SALE Shop till you drop at the Casa Verde End of Summer Sale! September 21, Saturday @ 8amSanta Maria Drive off Alvarado-Niles Road Union City (across from iFly) www.CasaVerdeGarageSale.com Call 510-396-6124 for questions		BRIDGE Fremont Bridge Club 10 AM Fridays (game starts) Bronco Billy's Pizza 41200 Blacow Road sanctioned with hand records - \$7 - free for newcomers - Email or show up early for partner Email if interested in lessons fremontbridgeclub@gmail.com	

Newark City Council

September 12, 2019

Presentations and Proclamations:

- Proclaim September as Pain Awareness Month. California Ambassador Michele Rice of US Pain Foundation accepted the proclamation.
- Commend First Presbyterian Church of Newark on their 125th anniversary. Pastor Garrett Yamada accepted the proclamation.
- Proclaim September 19-22 as Newark Days. Shirley Sisk and the Newark Days Committee accepted the proclamation and presented councilmembers with Superhero capes and masks in recognition of this year's theme: Heroes are Super!

Public Hearings:

- Consider text amendments to Newark Municipal Code Zoning Ordinance affecting land uses, pedestrian walkways, landscaping, design standards, public notice requirements and other development standards.

Consent Calendar:

- Approve administrative actions during August recess.
- Authorize acceptance of California Office of Traffic Safety traffic enforcement program grant.
- Authorize Side Letter Agreement with Newark Police Management Association to reinstate the \$100 per month health allowance.
- Approve increase of probationary period of Public Safety Dispatcher classification.
- Authorize a no-fee encroachment permit to Newark



Commend First Presbyterian Church of Newark on their 125th anniversary. Pastor Garrett Yamada accepted the proclamation.



Proclaim September as Pain Awareness Month. California Ambassador Michele Rice of US Pain Foundation accepted the proclamation.



Proclaim September 19-22 as Newark Days. Shirley Sisk and the Newark Days Committee accepted the proclamation and presented councilmembers with Superhero capes and masks in recognition of this year's theme: Heroes are Super!

Days Celebration, Inc. for Newark Days Parade and Newark Mile Race and waive fees except those required for building attendant and janitorial services.

- Authorize Contractual Services Agreement with Consolidated Engineering Laboratories, Inc. for materials testing and special inspection services for the new Civic Center.
- Authorize a Contractual Services Agreement with Mission Critical Partners, LLC for Public Safety Answering Point Technology Needs Assessment for new Civic Center.

- Adopt Newark Green Stormwater Infrastructure Plan.

City Council Matters:

- Measure GG Transaction and Use Tax Oversight Committee annual report. Jim Lola of the committee reported that use of funds is consistent with the measure's purpose and restrictions.
- Comment regarding parking during construction of new civic center.
- Skatepark opening successful; Sportsfield Park turf and dog park under construction.

- Comment about naming of Washington Hospital clinic in Newark as Pat Danielson Clinic.
- New hotels – Springhill and Staybridge - in Newark.

Oral Communications;

- Diane Shaw of AC Transit Board of Directors spoke about redesigning service, an online survey and the “real time” system for the public to know arrival times at bus stops.
- Representative of Silicon Valley Leadership Group invited the public and Newark councilmembers and officials to participate in Turkey Trot including the Mayor's Cup Challenge on November 28, 2019. Information available at: www.svturkeytrot.com.

Mayor Alan Nagy	Aye
Vice Mayor Sucy Collazo	Aye
Luis Freitas	Aye
Michael Hannon	Aye
Mike Bucci	Aye

Ban on wild animal circus acts

SUBMITTED BY
JEFF BARBOSA

California has become the third US state, after New Jersey and Hawaii, to pass legislation banning the use of wild and exotic animals in circuses. Sponsored by Senator Ben Hueso and championed by Animal Defenders International (ADI),

SB313 has passed both the Assembly and Senate and now heads to Governor Newsom's desk. ADI has provided data and testimony in support of SB313 and worked with local advocates and bill sponsors to advance the legislation.

Evidence shows that the health and welfare of animals in traveling circuses is inevitably compromised due to necessarily

small, barren, mobile accommodations, restricted movement, long journeys, and excessive periods of time spent in transporters and containers. Training methods are brutal—ADI undercover investigations have documented systemic violence and abuse, occurring in the US and worldwide.

ADI President Jan Creamer said, “We are thrilled that California continues to take the lead on animal protection issues. ADI has spent years documenting the inherent suffering of wild animals in circuses and we are delighted to see our efforts come to fruition. We urge more states to follow suit.”

TAKES FROM SILICON VALLEY EAST

Smart Manufacturing, Brilliant Ideas

TINA KAPOOR,
ECONOMIC DEVELOPMENT MANAGER

Fremont’s Economic Development Office takes pride in undertaking our work with a collaborative, innovative, and employer-driven approach. Our team plays a key role in supporting employers in dealing with critical workforce development challenges. These challenges are characterized by the following:

1. Modern manufacturing processes that are being revolutionized by technology through innovations in 3D printing, robotics and IoT. This is largely due to our region’s fertile innovation ecosystem that is leading to manufacturing and technology partnerships at an unprecedented rate.
2. As production complexity increases, the need for new skill sets emerges. Employers, particularly in advanced industries, are in need of workers with these necessary skills to operate and program complex machinery, and oversee new processes. This has resulted in a wider skills gap in today’s workforce.

These challenges are front and center in the Bay Area, and especially prominent in Fremont where the city is home to over 900 innovative companies in advanced industries, particularly manufacturing.

This rapidly evolving landscape can be an important source of economic competitiveness and high quality employment. But growing the talent base for the advanced manufacturing employers needs special attention.

Good news is that several workforce development programs are emerging to address the talent conundrum. The trick is to ensure that these programs can successfully train workers and job seekers for jobs in today’s advanced industries.

So how do we do that? Two words: employer engagement.

This single most important strategy can help align programs with employer needs, and match individuals with high-growth, high-wage jobs.

For our team, this strategy is the North Star that directs our efforts related to workforce development. We collaborate with like-minded partners, and together we are effectively engaging employers, and building deeper partnerships.

The city’s ability to build these partnerships is enhanced by playing a leadership role on the Alameda County Workforce Development Board (WDB). The WDB provides job seeker and business services including access to training resources, tax credits, and direct recruitment support. Training programs such as On-the-Job-Training and Employment Training Panel provide funding to employers to assist in upgrading the skills of their workers through training that leads to good paying, long-term jobs.

Here are just a few examples of employer-driven programs that are making a difference.

Ohlone College Smart Manufacturing Curriculum
Ohlone College kicked off the Smart Manufacturing Program this Fall with a goal to develop and deliver a package of new engineering courses driven by evolving advanced manufacturing employment needs and organizing them in a structured, highly-supported pathway with defined onramps. These onramps are targeted specifically for developmental students, traditionally underrepresented in STEM degree and

career tracks, in order to expand and diversify the talent pool of engineering techs qualified for employment with local advanced manufacturing firms.

With a new state-of-the-art facility, including a Smart factory and robotic equipment, Ohlone College is the first and only community college in California to offer this curriculum!

This new curriculum was created based on direct feedback received from the industry advisory roundtable, which was 80 members strong, and comprised of local business leaders, Fremont’s Economic Development, policymakers, and local workforce and education partners. Enjoy a few pictures from the kick-off ceremony last night as well as a video message from Mayor Mei at the end of the blog!

Tesla’s Workforce Programs

Fremont’s largest advanced manufacturer and employer is leading by example with employer-driven training programs such as Tesla START which arms students with deep knowledge of Tesla products and service, so graduates are ready to hit the ground running on Day 1 of their new careers.

Each year Tesla also celebrates Introduce a Girl to Engineering Day, a national movement to show girls how engineering can be a great career choice and a great way to change the world. This program engaged 200 female students in 2019.

In addition, Tesla has been part of the advisory board for Ohlone College to advise and collaborate closely on the new Smart Manufacturing Program curriculum that addresses their workforce needs.

Fremont Library Maker Space

Fremont’s FUSE fellow, Parker Thomas set out on his quest last year to introduce STEM activities to anyone and everyone who is interested in innovation thinking. The new program called “Archimedes” featured in our June 2019 blog was created at the Fremont Library, which is a makerspace full of laser cutters, 3D printers, a new computer lab, and hand tools to foster not only learning, but also experimenting and failing.

Fremont Economic Development connected Parker with local advanced manufacturing and technology companies to explore what skills employers are looking for in today’s workforce. The culmination of this effort led to local students utilizing the library maker space to develop and prototype solutions to real-life design challenges identified by two local Fremont companies – Gridscape and Sepisolar – both of whom listed problem-solving and life-long learning skills as “top qualities” in workforce today.

NextFlex

NextFlex has developed a portfolio of workforce programs that bring partners from across the spectrum of workforce development stakeholders to ensure businesses have the depth and diversity of talent required to drive innovation and remain globally competitive. NextFlex largely focuses on the development and commercialization of Flexible Hybrid Electronics (FHE), such as wearable circuits that can be imbedded into clothing to monitor heart rate and hydration, for instance. Check out our July July 2019 blog featuring Nexflex to learn more.

Workforce Development will continue to be a critical component of City’s economic development program. In addition, the City provides a wide range of support for employers that include permitting support, industry connections, access to resources, and marketing.

Collectively, this employer-focused approach allows our innovative companies to secure workforce talent required to stay competitive in a dynamic, fast-growing, globally-competitive economy.

Facebook expands new tool aiming to shrink ‘news deserts’

By BARBARA ORTUTAY
AP TECHNOLOGY WRITER

Facebook is trying to coax “news deserts” into bloom with the second major expansion of a tool that exposes people to more local news and information. But the social network confesses that it still has a lot to learn.

The social media giant said Thursday it is expanding its “Today In” service to 6,000 cities and towns across the U.S., up from 400 in its previous iteration. Launched in early 2018, the service lets Facebook users opt into local news and information from local organizations. Such news can include missing-person alerts, local election results, road closures and crime reports.

The tool lives within the Facebook app; turning it on adds local updates to a user’s regular news feed. In areas with scant local news, Facebook will add relevant articles from surrounding areas.

The service won’t automatically turn on for people even in the areas it serves, which could limit its reach. So far, Facebook says, 1.6 million people have activated Today In. They receive news from some 1,200 publishers every week.

The service aggregates posts from the official Facebook pages for news organizations, government agencies and community groups like dog shelters. It uses software filters to weed out objectionable content.

Facebook employs no human editors for Today In, so tweaking its algorithm to find relevant local stories has been a complicated process. Does a road closure matter if it’s 100 miles away? How about a murder?

Some 1,800 newspapers have closed in the United States over the past 15 years, according to research from the University of North Carolina. Newsroom employment has declined by 45% as the industry struggles with a broken business model partly caused by the success of companies on the internet, including Facebook.

“There is no silver bullet,” Campbell Brown, head of global news partnerships at Facebook, said in an interview. “We really want to help publishers address challenges in local markets.”

Brown, a former news anchor and host at NBC and CNN, said local reporting remains the most important form of journalism today. She said Facebook has a responsibility to support journalism, while also noting that the media industry has been in decline “for a very long time.”

Local news is just one part of the Today In feature, which also includes posts from local groups along with events and community announcements from schools and governments. A news section within the section shows stories from local newspapers, blogs and TV stations. Facebook isn’t paying licensing fees or sharing ad revenue with these outlets, but says the tool is driving new readers to local news outlets.

Already, Facebook says it’s learned from publishers’ input about what doesn’t work. For instance, it now only allows posts from publishers registered with its “News page index,” which means they meet guidelines such as a focus on current events and information, citing sources and including dates and don’t have a record of publishing false news and misinformation. This means that obituaries from funeral homes, or real estate posts – both of which previously showed up under “news” – are no longer eligible.

The company says publishers featured in Today In see a significant increase in “referral traffic” to their websites from Facebook, more so than when people see the same stories in their regular news feed, based on data from its test partners.

Google also announced changes to its news service Thursday, saying it would slightly alter its search system so original news stories on a topic show up before follow-ups or repeated news from other publications. Similar to Facebook, the company has been working on showing news articles from authoritative, proven publications.

Jimmy O’Keefe, a product marketing manager at Facebook, said that while people scroll through their news feeds passively, people engage with articles more when they appear in Local In.

Outside researchers studying local news data provided by Facebook found that about half of the news stories in the Today In feature met what they called a “critical information need” in the communities it served. This could be helpful for news publishers in determining coverage priorities and for Facebook as it tweaks how it presents news to its users.

Facebook has also learned that local news doesn’t work like national news. Political stories, for instance, don’t generate a lot of local interest.

When researchers looked at the types of news stories Facebook showed and how users interacted with them, they found that Facebook users interacted the most with stories serving a critical need – such as information on emergencies, transportation and health. While there were more “non-critical” stories available, on sports, for instance, people didn’t interact with those to the same degree. The researchers – Matthew Weber at the University of Minnesota and Peter Andriga and Philip Napoli at Duke University – received no funding from Facebook.

The expansion to 6,000 cities still doesn’t include large metro areas such as New York City, Los Angeles or San Francisco, where the abundance of news and population density makes it more difficult to provide relevant local information. A big local story in Brooklyn, for instance, might be irrelevant in the same borough just a few miles away.

NTSB: Tesla Autopilot let driver rely too much on automation

By TOM KRISHER
AP AUTO WRITER

A government investigation has found that a design flaw in Tesla’s Autopilot semi-autonomous driving system and driver inattention combined to cause a Model S electric car to slam into a firetruck parked along a California freeway.

The National Transportation Safety Board determined that the driver was overly reliant on the system and that Autopilot’s design let him disengage from driving.

The agency released a brief report Wednesday that outlined the probable cause of the January 2018 crash in the high occupancy vehicle lane of Interstate 405 in Culver City.

The findings raise questions about the effectiveness of the Autopilot system, which was engaged but failed to brake in the Culver City crash and three others in which drivers were killed since 2016.

No one was hurt in the Culver City crash involving a

2014 Tesla Model S that was traveling 31 mph at the time of impact, according to the report.

The crash occurred after a larger vehicle, which the driver described as an SUV or pickup truck, abruptly moved out of its lane and the Tesla hit the truck that had been parked with its emergency lights flashing while firefighters handled a different crash.

The probable cause of the rear-end crash was the driver’s lack of response to the firetruck “due to inattention and overreliance on the vehicle’s advanced driver assistance system; the Tesla Autopilot design, which permitted the driver to disengage from the driving task, and the driver’s use of the system in ways inconsistent with guidance and warnings from the manufacturer,” the NTSB wrote in the report.

Tesla has said repeatedly that semi-autonomous system is designed to assist drivers, who must pay attention and be ready to intervene at all times. The company says Teslas with Autopilot are safer than vehicles without it, and that

the system does not prevent all crashes but makes them less likely.

CEO Elon Musk has promised a fully autonomous system next year using the same sensors as current Teslas, but with a more powerful computer and software.

The report says the Tesla’s automatic emergency braking did not activate, and there was no braking from the driver, a 47-year-old man who was commuting to Los Angeles from his home in suburban Woodland Hills. Also, the driver’s hands were not detected on the wheel in the moments leading to the crash, the report said.

Cellphone data showed the driver was not using his phone to talk or text in the minutes leading up to the crash, but the NTSB could not determine if any apps were being used.

A statement from a driver in a nearby vehicle provided by Tesla said the driver appeared to be looking down at a cellphone or other device he was holding in his left hand before the crash.

NTSB: California should fix highway safety barriers faster

By Olga R. Rodriguez
Associated Press

The National Transportation Safety Board issued a safety recommendation Monday urging California transportation officials to move faster to repair highway safety barriers damaged by vehicles.

The recommendation comes in a report that says California officials failed to fix a Highway 101 safety barrier before a fatal March 2018 collision in Mountain View that killed Apple engineer Walter Huang.

The barrier had been damaged 11 days earlier by the driver of a 2010 Toyota Prius traveling in excess of 75 mph (120 kmh) when he crashed against the attenuator – a device that protects vehicles from hitting the end of concrete lane dividers. The 31-year-old man survived the crash and was treated for a fractured finger and “a small tear of the intimal layer of the aorta,” the NTSB said.

The California Highway Patrol responded to the March 12 crash but did not notify the California Department of Transportation of the damage as required, the board said.

On March 23, Huang’s 2017 Tesla Model X was in Autopilot and traveling at 71 mph (114 kph) when it crashed against the same attenuator. Huang died at a hospital from his injuries.

“The safety benefits of a functioning crash attenuator were demonstrated by the differences between the level of driver injuries in the two March 2018 crashes that took place at this location,” the NTSB said.

What caused the Tesla to crash remains under investigation. A final report for that crash and a safety report on electric vehicles are expected to be completed next year, the NTSB said.

“Rather than wait to complete all facets of this crash investigation, we have moved ahead with issuing this safety recommendation report in the interest of motorists’ safety,” said Robert Molloy, Director of the NTSB’s Office of Highway Safety.

The recommendation was issued to the California State Transportation Agency, the state agency that provides oversight for the California Department of Transportation, and the California Highway Patrol, the federal agency said.

California Department of Transportation spokesman Matt Rocco said the department is reviewing the NTSB report to determine its next steps but declined to answer questions.

“Safety remains Caltrans top priority,” he said.

The NTSB said it previously identified problems with the maintenance of California highways in a fatal 2016 crash in San Jose involving a bus that crashed against a barrier on Highway 101 that had been damaged 44 days earlier and had not been fixed. The January 2016 Greyhound bus crash killed two and injured over a dozen others.

“In those 44 days, a retroreflective marker was not replaced, and that missing marker contributed to the motorcoach crash,” the agency said.

Transportation for America, a nonpartisan group that advocates for more federal highway funding, ranks California’s roads as second-worst in the country with only 17% in good condition.

Jason Levine, an attorney and executive director of the Center for Auto Safety, a nonprofit consumer group, declined comment on whether the NTSB report could be advantageous for plaintiffs suing California over poor highway infrastructure. But he said the NTSB’s findings show the crucial role that infrastructure plays in car safety.

“Just as higher priority should be given to safety standards and equipment for new cars, policy makers at all levels must recognize a lack of road repair resources may have life or death consequences,” Levine said.



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John Bass, LMFT, School Based Therapist & Damon Eaves, LCSW, Assistant Director, Child & Young Adult System of Care, Alameda County Behavioral Health Care

- identifying the signs and symptoms of depression vs normal teen moodiness (hormones)
- know what causes teen trauma and what to look for: divorce, drugs, abuse
- how to prevent your teens mental health issues from getting worse/know when to get help
- how to use your extended family and community to help your teen find help

6:40pm - 7:15pm You will hear from:

Cheryl A. Theis, MA, Education Advocate, DREDF (Disability Rights Education and Defense Fund)

- how “invisible disabilities” like mental health challenges can make school difficult
- how to individualize your education through an IEP/504 with supports, services & placements
- who to contact when problems/issues arise & how to contact school staff
- how to protect your privacy (FERPA)

7:15pm - 7:30pm Q&A session

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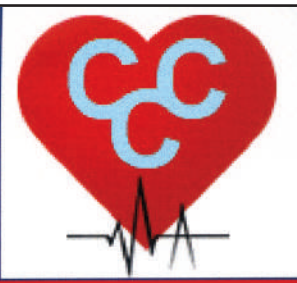
SUBMITTED BY LAUREN SUGAYAN

"Your patience and courteousness is greatly appreciated." That's the message to the many people lining up daily at Tri-CED Community Recycling's Buy Back Center in Union City. Due the recent closure of surrounding recycling centers, the redemption center at Western Avenue and Pacific Street is one of the few remaining places in the area that still pays for aluminum cans, plastic beverage bottles, glass bottles, and containers labeled with the CRV (California Redemption Value) symbol.

The Tri-CED Buy Back Center is open 9:00 a.m. to 4:30 p.m. Tuesdays through Saturdays. Lately, the center has been averaging more than 300 customers a day. Before the shutdown of other nearby recyclers, Tri-CED was serving about 150 visitors a day. Since 2013, more than half of the state's nearly 2,600 recycling centers have closed, due in part to a sharp decrease in commodity prices for plastic, glass and aluminum, and processing subsidies from the state of California that have failed to keep up with rising costs of doing business.

Tri-CED's redemption center is not immune to economic challenges facing the recycling industry, but according to CalRecycle it's one of only 16 buyback centers still operating in Alameda County, including the following:

- Tri-CED Buy Back Recycling Center, 33377 Western Ave., Union City, (510) 471-3850
- Fry's Metals, 1845 West Winton Ave., Hayward, (510) 276-4344
- Aaron Metals Company, 25101 Clawiter Rd., Hayward, (510) 732-1200
- American Recycling, 15292 Liberty St., San Leandro, (408) 515-9661
- Alco Iron and Metal, 2366 Davis St., San Leandro (510) 562-1107



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