



Evening of Empowerment
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The Three Musketeers
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Brask Concerts brings back Jones Gang
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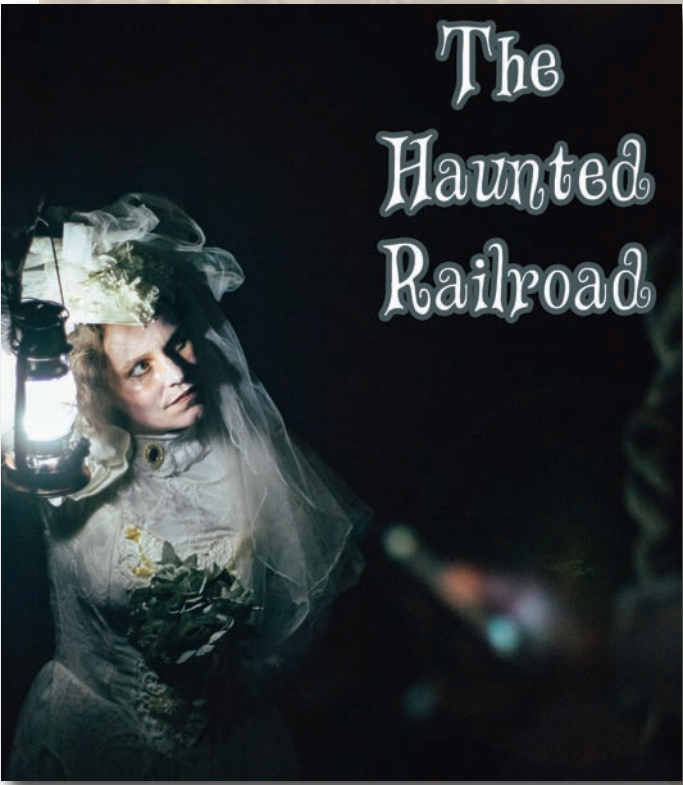
Newark Days

The Heroes Are Super

BY CHARLENE DIZON
PHOTOS BY FILIP NOWAK

Carnivals and parades bring communities both big and small together, time and time again. The appeal of bright lights, thrilling rides, tasty food, and live music are enough to gather many each year. Newark Days will be the exact epitome of this enticement, as the town assembles in celebration of Newark's 64th birthday from Thursday, September 19 – Sunday, September 22.

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Ride the Haunted Railroad

SUBMITTED BY JACQUE BURGESS

It not too early to announce the Haunted Railroad, happening in October at Ardenwood Historic Farm in Fremont. Tickets start selling in advance beginning on September 15 at 8 a.m., and they get snapped up very quickly.

The Haunted Railroad is a fun, spooky (not scary) ride through the dark forest at Ardenwood Historic Farm in Fremont. Your family will enjoy the fun, roundtrip ride on the haunted rails of the ghost train.

The ride is designed especially for families with children under 12. You will see live actors playing the characters of silly cowboys, pirates, a witch and others—with colorful Halloween inflatables and giant pumpkins in between scenes (nothing will jump out or frighten young children).

Trains operate every 30 minutes between 7:00 p.m. and 9:30 p.m. on Friday and Saturday nights, and between 7:00 p.m. and 9:00 p.m. on Sunday nights, on the following two weekends before Halloween: October 18, 19, 20; and October 25, 26, 27.

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Did You Know Your Gut is Full of Bacteria?

Fremont Physician Explains How it Affects Your Health

Your gut is filled with trillions of bacteria, and you may be surprised to know it affects more than just your digestive system. Your gut health has a significant impact on your overall health.

“You may think of your intestines as just absorbing nutrients and getting rid of stuff your body doesn’t need,” said Dr. Leiphart, a Washington Township Medical Foundation physician and member of the Washington Hospital medical staff. “The bacteria are not just there to digest food. In fact they are very metabolically active.”

Dr. Leiphart will explain how your gut bacteria affect your health, and offer tips for improving your overall health and well-being by optimizing your gut health, at a free seminar scheduled for Thursday, September 26, from 6 to 8 p.m. It will be held in the conference room at the Washington Township Medical Foundation Nakamura Clinic located at 33077 Alvarado-Niles Road in Union City.

“Gut bacteria affect the health of your whole body in good and bad ways,” she said. “I will address the effect on a variety of conditions, including asthma, allergies, obesity, mental health and autoimmune diseases.”

Dr. Leiphart will address some of the recent gut health research. Studies suggest that gut bacteria in healthy people are different than those with certain diseases. People who are sick may have too little or too much of a certain type. Or they may lack a wide variety of bacteria. Some kinds of bacteria may protect against disease, while others may raise the risk.

“Scientists have begun to draw links between certain diseases and the bacteria in your gut,” Dr. Leiphart said. “This is very new research. We are in the early stages of understanding how gut health works. Most gut bacteria can’t be grown in the lab, so it can’t be observed. But now that we have DNA sequencing, we are learning just how complicated and diverse gut bacteria are.”

Trillions and Trillions

Together with other tiny organisms like viruses and fungi, bacteria make up your gut's microbiome, Dr. Leiphart explained. This microbiome is composed of trillions of microorganisms with more than 1,000 different kinds of bacteria containing millions of genes.

“We didn’t know all of this gut bacteria existed until we were able to look at the DNA in the gut,” she said. “The bacterial cells in your body outnumber your human cells, so you have more bacterial DNA in your body than human DNA. Now we have the ability to analyze all this genetic data.”

Dr. Leiphart will talk about the factors that impact gut health, particularly diet. “The standard American diet is not very conducive to gut health,” she said.

It seems that certain types of foods destroy gut health, while others promote

the growth of healthy bacteria. The discovery that good gut health leads to better overall health has fueled the growth of the probiotic supplement industry.

"It's the total Wild West, with very little data to support the effectiveness of probiotic supplements," she added. "I'll talk more about that at the seminar. It's really about eating the proper diet. The right foods can dramatically improve your gut health, while others can actually destroy it. I hope people will join me to find out what those are and how you can find better health through your gut."

To register for the September 26 seminar, visit www.whhs.com and click on the heading for “Events,” or call 800.963.7070. All community members are welcome to attend the free Health & Wellness seminars hosted by Washington Hospital.



Local physician offers insight on connection between gut health and overall health at free seminar Sept. 26.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	9/10/19	9/11/19	9/12/19	9/13/19	9/14/19	9/15/19	9/16/19	
12:00 PM 12:00 AM	Diabetes Matters:Dining Out Around The World	Mental Health Education Series: Anxiety Disorders	Colon Cancer	Food Pharmacy: Prescription for Colon Health	How to Prevent Financial Elder Abuse/Fraud	Diabetes Matters: Filipino Food Made Healthy	Hepatitis B and Liver Cancer: Prevention and Treatment	
12:30 PM 12:30 AM	Gastrointestinal Disorders		Diabetes Matters: Diabetes Conversations	Voices InHealth: Antimicrobial Stewardship				
1:00 PM 1:00 AM				Washington Township Health Care District Board Meeting August 14, 2019	Mental Health Education Series: Mental Wellness	Early Detection and Prevention of Female Cancers		Diabetes Health Fair 2018: Diabetes Care
1:30 PM 1:30 AM	Women's Health Conference: Reclaiming Your Confidence	Washington Township Health Care District Board Meeting August 14, 2019	Palliative Care Series: Interfaith Discussions on End of Life Topics			Weight Management: Stopping the Madness		
2:00 PM 2:00 AM					Strategies to Reduce the Risk of Cancer Recurrence		Vitamins & Supplements: How Useful Are They?	Solutions for Weight Management
2:30 PM 2:30 AM								
3:00 PM 3:00 AM	Updated Treatments for Knee Pain & Arthritis		11th Annual Women's Health Conference: Patient's Playbook		Symptoms of Thyroid Problems	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Caregiver Series: Securing Care Preferences Through AHCD	
3:30 PM 3:30 AM				Digestive Health: What You Need to Know		Diabetes Matters: Asian Indian Cooking	Preventive Screenings: When and Why are They Important?	Diabetes Matters: Diabetes & Eyes
6:00 PM 6:00 AM	Mental Health Education Series: Understanding Psychotic Disorders	Chronic Kidney Disease: FAQ	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone		Respiratory Health and Diseases	Peripheral Vascular Disease: What You Need to Know	Caregiver Series: Codependency and the Caregiver	Voices InHealth: Bras for Body & Soul
6:30 PM 6:30 AM		Strategies to Help Lower Your Cholesterol and Blood Pressure		Palliative Care Series: How Can This Help Me?		Voices InHealth: Cyberbullying - The New Schoolyard Bully	Diabetes Matters: Diabetes: Is There an App for That?	
7:00 PM 7:00 AM	Voices InHealth: Medicine Safety for Children	Washington Township Health Care District Board Meeting August 14, 2019	Sports Medicine Program: Big Changes in Concussion Care: What You Don't Know Can Hurt You		Latest Treatment Options for Wound Care	Washington Township Health Care District Board Meeting August 14, 2019	How To Stop Disease Before It Starts	Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women
7:30 PM 7:30 AM				Crohn's & Colitis				Learn About the Signs & Symptoms of Sepsis
8:00 PM 8:00 AM	Diabetes Matters: Exercise IS Medicine		Wildfire Smoke and Your Lungs: Do You Need to Worry?		Mental Health Education Series: Understanding Mood Disorders		Diabetes Matters: Basics of Insulin Pump Therapy	
8:30 PM 8:30 AM	Women's Heart Health	Metabolic Disorders		Advance Care Planning: Five Wishes		How to Sleep Your Way to Better Health		
9:00 PM 9:00 AM	Endometriosis: Causes, Symptoms, Diagnosis and Treatment				Diabetes Matters: Diabetes and Your Heart		Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Hospice & Palliative Care
9:30 PM 9:30 AM		Family Caregiver Series: Loss, Grief & Recovery	Balance & Falls Prevention	Diabetes Matters: Diabetes and Kidney Health		Family Caregiver Series: Hospice & Palliative Care		
10:00 PM 10:00 AM	Diabetes Matters: Diabetes and Kidney Health				Family Caregiver Series: Hospice & Palliative Care		Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Hospice & Palliative Care
10:30 PM 10:30 AM		Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Hospice & Palliative Care	Diabetes Matters: Diabetes and Kidney Health		Family Caregiver Series: Hospice & Palliative Care		
11:00 PM 11:00 AM	Diabetes Matters: Diabetes and Kidney Health				Family Caregiver Series: Hospice & Palliative Care		Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Hospice & Palliative Care
11:30 PM 11:30 AM		Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Hospice & Palliative Care	Diabetes Matters: Diabetes and Kidney Health		Family Caregiver Series: Hospice & Palliative Care		

15 Years of Saving Moms and Babies

OB Hospitalist Program at Washington Hospital provides 24/7 support



Lawrence Tiglao, MD



Albert Brooks, MD

“To ensure maternal and fetal safety, it’s a program that truly makes a difference.” Albert Brooks, MD, is discussing the Obstetrician Hospitalist Program of Washington Township Medical Foundation, which provides 24/7 coverage at Washington Hospital. “Having an OB in-house for obstetric emergencies can save the life of both mom and baby,” said Dr. Brooks, President of Washington Township Medical Group.

Each of the program’s seven OB hospitalists is board certified. They provide immediate benefit to moms in labor and any critical situation they face, along with great value to private practice obstetricians. “An expectant mom’s doctor may be traveling

to the Hospital when mom is in crisis,” Dr. Brooks said. “The OB hospitalist on duty steps in and coordinates care until that doctor arrives. It’s really a partnership.”

The care takes many shapes. “We’re experts at managing high-risk situations,” said Lawrence Tiglao, MD, who is medical director of the program. “Preeclampsia, or high blood pressure during pregnancy, is very dangerous and probably the most common complication,” Dr. Tiglao explained. “We also respond to emergencies such as postpartum hemorrhage, and we can lead or assist with a cesarean section. It’s really a full-spectrum service.”

The cases are many and varied. Recently, a patient was in

distress due to preterm labor and vaginal bleeding. “From the moment of arrival, she and her baby were in big trouble, so we had to do an emergency delivery,” Dr. Tiglao said. “Our OB hospitalist, the Emergency Department and Washington Hospital’s Birthing Center were with mom and baby every step of the way.”

In another recent case, an expectant mom was visiting the area from out of state and had an emergency when her water broke. “We were able to safely induce delivery at 34 weeks,” noted Dr. Tiglao. The OB hospitalists also consult with all the Hospital units, not just the Birthing Center and Emergency Department, in case any type

of patient develops an obstetric issue.

Dr. Brooks has the perspective of more than 40 years of experience as an obstetrician, during which time he had become one of America’s most-respected leaders in obstetric care. Along with Washington Hospital’s executive administration, he helped establish the OB Hospitalist program in 2004, and directed the program for many years.

“In the early 2000s,” recalled Dr. Brooks, “the industry started recognizing the problem of private practice physicians not always being available for emergent cases. Sometimes, even nurses would have to deliver babies.”

Today, the OB hospitalist model is widely accepted. When the program was launched at Washington Hospital 15 years ago, fewer than 2 percent of U.S. hospitals had OB hospitalists. Today, that number is close to 85 percent.

“Over the last 15 years, this program has become a critical resource for the community,” said Dr. Brooks, who highlighted the team’s cultural sensitivity and its importance to low-income families with limited prenatal care. “We were early adopters of what is now considered a best practice throughout the nation, and our entire organization is proud to have saved so many lives.”



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Seminars may be televised on InHealth,
a Washington Hospital Channel
(Comcast Channel 78) and online at
www.whhs.com/inhealthtv.

New to Medicare?
What You Need to Know

If you are new to Medicare, this seminar will provide an overview of Medicare, explanation on enrollment periods for Medicare Advantage Plan (Part C) and Medicare supplemental insurance.

Wednesday, September 18, 2019
6 to 8 p.m.
Conrad E. Anderson, MD, Auditorium, rooms A & B
Washington West, 2500 Mowry Ave., Fremont



Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what’s happening at your community hospital.

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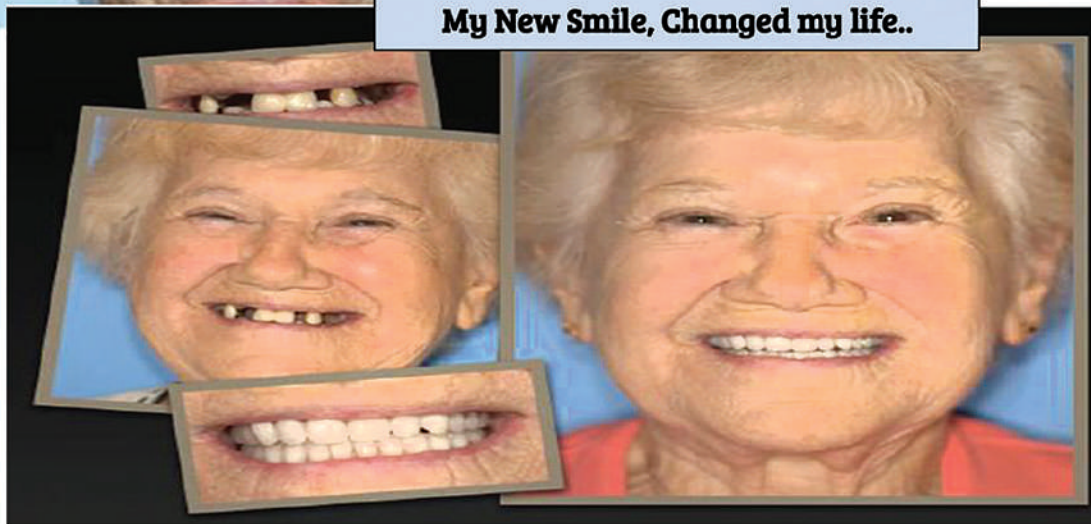
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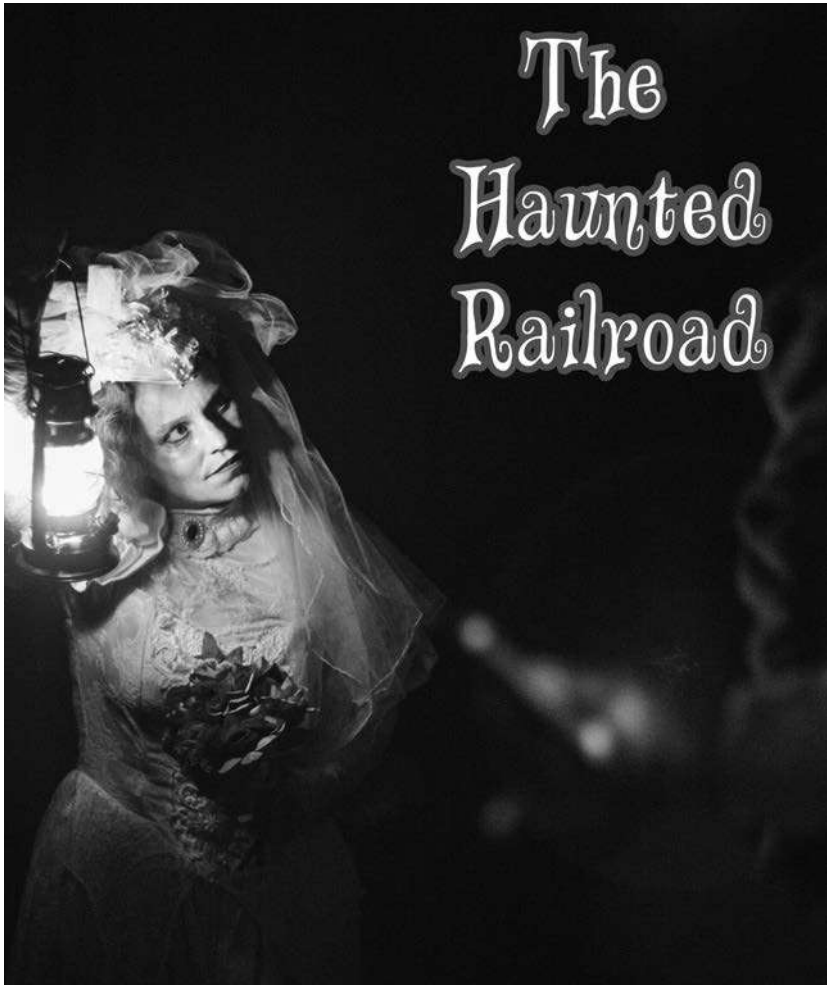
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continued from page 1

All children must be with an adult. For safety reasons each child under age 3 must be accompanied by a separate adult.

NOTE: This ride is very popular. All trains sold out fast last year, so the organizers recommend you purchase tickets as soon as possible when they go on sale. If there are any unsold tickets left, they will be sold at the gate on nights the Haunted Railroad operates beginning at 6:00 p.m. (no tickets will be sold during daytime park hours).

Admission is \$12 for ages three and older, ages two and under free. Tickets are sold in advance beginning at 8 a.m. on Saturday, September 15 on www.eventbrite.com (search for "Haunted Train"). Full details will be on www.eventbrite.com when the tickets go on sale. For general information, call (510) 544-2797, or email info@spcrr.org.

The event is a fundraiser for the nonprofit Railroad Museum at Ardenwood, operated in association with

East Bay Regional Park District. SPCRR is an all-volunteer nonprofit dedicated to saving historic, wooden, narrow gauge railroad cars built in the Bay Area in the 1800s and early 1900s, especially cars by the Carter Brothers, builders in Newark. Their regular trains operate on Thursday, Friday, and Sunday from April to late November. There is more history information on their website www.spcrr.org and Facebook page www.facebook.com/spcrrMuseum.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84 in Fremont. Parking is free.

Haunted Railroad

Friday – Sunday, Oct 18 – 27

Friday/Saturday: 7:00 p.m. – 9:30 p.m.

Sunday: 7 p.m. – 9 p.m.

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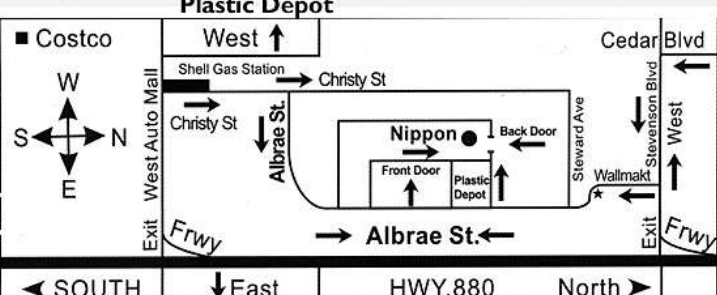
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Newark Days coming September 19- 22 2019

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Newark Days 2019



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2nd Place

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Winners will be awarded in each age category!

- Contest is open to children ages 4-12
- Entries will be judged per the following age categories 4-5; 6-7; 8-9; 10-12
- One entry per child.
- All entries must be the sole work of the child
- Winners will be selected on the basis of originality and art aptitude.
- Winners will be notified by phone and awarded prizes at a special ceremony Saturday, Sept. 21st, with first, second and third place winners for each category.
- Judging will be conducted by the Newark Arts Council. Decision of the judges are final.
- Entry DEADLINE IS: FRIDAY SEPT. 6th at 5:00 PM
- Artwork will not be returned
- All entries must include entrant's name, age, address and phone number on the back of the artwork.

MAIL TO:
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Newark Days Celebration, Inc.
P.O. Box 608
Newark, CA 94560



SUBMITTED BY CARMEN HERLIHY

Need that perfect pumpkin for fall fun and festivities? Bayfair Center invites the community to visit "Pick of the Patch," a colorful fall pumpkin patch located at the shopping center, between Friday, September 20 and Thursday, October 31. In addition to pumpkins galore and photo opportunities for the whole family, there will also be a paintball range (beginning October 1) and a variety of inflatables to give children ages two through 12 a chance to run and play and bounce out their excess energy. With tours available, the pumpkin patch - located in the parking lot opposite Kohl's - is also a great idea for birthday parties,

school groups, non-profit get-togethers, and Mommy & Me groups. The pumpkin patch is open to the public, and admission and parking are free. Paintball costs \$5 per cup, and the use of the inflatables ranges from \$13 per child for 30 minutes to \$17 per child for one hour.

For more information, visit the Pick of the Patch website or the pumpkin patch event page on the Bayfair Center website at <http://ow.ly/lafY30pqucA>.

Pick of the Patch
Sept 20 – October 5
Monday – Thursday: 3 p.m. – 9 p.m.
Friday: 3 p.m. – 10 p.m.
Saturday: 10 a.m. – 10 p.m.
Sunday: 10 a.m. – 9 p.m.

October 6 – 19
Monday – Thursday: 1 p.m. – 9 p.m.
Friday: 1 p.m. – 10 p.m.
Saturday: 10 a.m. – 10 p.m.
Sunday: 10 a.m. – 9 p.m.

October 20 – 31
Sunday – Thursday: 10 a.m. – 9 p.m.
Friday & Saturday: 10 a.m. – 10 p.m.

Bayfair Center
Parking lot opposite Kohl's
15555 East 14th St., San Leandro
www.shopbayfair.com

Florida man parks Smart car in kitchen so it won't blow away

AP WIRE SERVICE

It started as a light-hearted challenge between a Florida couple, can a Smart car fit into their kitchen? The answer: "Yes," it can.

Patrick Eldridge parked his smart car in his kitchen to protect it from Hurricane Dorian because he didn't want it to "blow away" and to prove that he can park his car there.

Jessica Eldridge said her car was already parked in the garage.

To avoid cleaning their garage out, her husband proposed to park it in the house.

"I said there was no way he could. He said he could," Jessica said. "So he opened the double doors and had it in. I was amazed that it could fit. He had it in with no problems."

Dorian was skirting Florida's coast Wednesday, narrowly missing Jacksonville as it heads northward along the Georgia, South Carolina and North Carolina coastlines.

The Category 2 storm has devastated the Bahamas, where rescue crews have only begun taking the full measure of the damage.

With the car in the middle of the kitchen, Jessica Eldridge had to move around it to cook and serve dinner.

"I'm hoping he will pull it out pretty soon once the wind dies down," she said. "There is room and it's not in the way, but my dogs are confused by it."

Retirement
Doesn't Mean Inactive

SIR Branch 59 - Social Activities for Men of All Ages

The Fremont/Newark/Union City Branch 59 of SIR holds monthly luncheon meetings featuring guest speakers and an annual holiday luncheon when wives, daughters or significant others are invited.

The next meeting will be held on Wednesday September 18, 2019, at the Fremont Elks’ Lodge #2121, located at 38991 Farwell Drive in Fremont.

This month’s guest speaker is Patrick Farrant and his topic is Heart Health & Prevention.

We provide activities for men of all ages so you should join Fremont/Newark/Union City Branch 59 of SIR! Socializing is from 11:00am to 12:00pm, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00pm with branch announcements, birthday wishes and lunch, followed by an interesting and entertaining guest speaker. Meetings usually end about 1:30pm.

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

SIR Branch 59 welcomes new members. Visit the website at www.sirbranch59.org or call Jim Ulam at (510) 797-9357 or email sirbranch59@gmail.com for more information. Do it today!



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Hyundai Nexo: the hydrogen
fuel-cell SUV

By STEVE SCHAEFER

While automakers focus a lot of attention on electric vehicles as their future products, hydrogen fuel-cell vehicle (HFCV) technology has been with us for a while, too. There currently are three options in the U.S. market, but the all-new Hyundai Nexo is the only one that’s an SUV. Hyundai has offered an HFCV for years now based on its compact Tucson crossover, but you’ve likely never noticed it. The Nexo is its successor, on a dedicated platform, and has improved on the Tucson in every way. It’s great looking, too, inside and out.

The Nexo stretches 10.3 inches longer than the Tucson, on a 5.9-inch longer wheelbase. It spreads an inch wider but stands an inch lower. That, along with numerous wind-cheating design features, gives it an impressive 0.32 coefficient of drag (cd).

The new 120 kW (161 horsepower) motor replaces the 100 kW one in the Tucson, for 25 percent higher peak acceleration and a 0-60 time of just 9.5 seconds, vs. the Tucson’s 12.5. The motor’s 291 lb.-ft. of torque is 70 more than the Tucson. The new lithium-ion 40-kW battery is way ahead of the Tucson’s 24 kW, giving the standard model Nexo a range of 380 miles – a 115-mile boost. The entire powertrain is lighter and more efficient. The EPA numbers are 65 City, 58 Highway, and 61 Combined for miles-per-gallon-equivalent (MPGe). I averaged 57.7 MPGe during my test week.

The science of hydrogen fuel-cell vehicles is simple to explain and very complicated to do. Here, we’ll accept that H1—half of the H2 in H2O (water) is combined with O (oxygen) to form only water as a byproduct. By passing the compressed liquid hydrogen fuel

through the 95-kW fuel cell’s membrane, the fuel cell generates electricity to charge the battery that powers the Nexo’s motor.

Hydrogen isn’t found as H1 in nature—it likes to combine with things—so it needs to be split off into liquid fuel. That takes energy, so how the fuel is made (and transported) contributes in varying degrees to carbon dioxide production.

The other complexity is that the existing hydrogen fuel distribution network is tiny. The current FCEV fleet is small and confined to California (which has programs to support it), so if you live in a major urban area, fuel is available—but not elsewhere.

There currently are five hydrogen stations in the San Francisco Bay Area, where I live. I went down to the closest one and found a line of four Honda Claritys and Toyota Mirais ahead of me. I was happy to see the cars’ popularity, but this could become a problem if more people take on ownership of one of these high-tech rides and there aren’t enough new stations built to fill them.

The Nexo absolutely hits the mark in styling. It looks like a nice crossover, while the Honda and Toyota models are both oddly rendered sedans. My test car, in handsome Dusk Blue, was the Blue model. It comes with loads of safety and convenience features, while the Limited model above it grows the wheels from 17s to 19s and adds a sunroof, power liftgate, and Remote Smart Parking Assist (RSPA). RSPA lets you park in either a parallel or perpendicular parking space without being inside the car.

Dr. Woong-chul Yang, Hyundai’s vice chairman, called the new Nexo an “earth-saving effort.” Besides the cleaner powertrain, it uses various ecological materials, including soybean-oil-based polyurethane paint, bamboo-thread-based bio fabric, and bio-plastic and

Auto Review



Over the past 25 years, Steve Schaefer has tested more than 1,200 cars and published a weekly story on every one. As a teenager, he visited car dealers’ back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists.

Contact Steve at
sdsauto53@gmail.com
My blog for alternative vehicles: stevegoesgreen.com

bio-carpet extracted from sugarcane. These materials are employed in 47 different parts, reducing CO2 by 26 pounds during manufacturing.

My test Nexo provided a splendid driving experience, with an attractive light-gray interior. Its dramatic center-console bridge reminded me of Volvo interior design. The 12.3-inch center screen is well laid out, and as in other new Hyundais, everything is easy to find and use. Both trim levels are filled with premium features, so are premium-priced as well. My Blue model tester started at \$58,300 plus shipping. The Limited starts at \$61,800. Currently, for a limited time, you can choose 1.9 percent APR financing for up to 60 months with \$7,500 off or a \$399/month lease for 36 months and \$2,999 down. Either way, of course, you have to live in California.

So, how adventurous are you? While plug-in electric vehicles are great, they can have issues with charging and range. Hydrogen fuel-cell electric cars let you pull into a station (if you can find one) and fill up in five minutes (if there’s not a big line). However, you can’t go far out of California with one, which is another form of range anxiety. Regardless, Hyundai’s new Nexo HFCV is a huge step forward.



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BUSINESS

Safeway Fremont Hub Re-Grand Opening



SUBMITTED BY WENDY GUTSHALL

Safeway celebrated the re-grand opening of its Fremont Hub store on September 4. A ribbon cutting ceremony was held at the store to commemorate the occasion with

Fremont Mayor Lily Mei and the Safeway management team. The Fremont Education Foundation also presented with a donation of \$3,000 from the Safeway Foundation.

The inside of the store has a new look and feel with warm modern decor. The store carries more fresh offerings

with an expanded produce department and a variety of wine, beer, and liquor selection. Aisle signage is named after local streets in town.

RISE Program Making a Difference

SUBMITTED BY GUISELLE NUNEZ

Addressing the significant needs of formerly incarcerated students seeking vocational training or who are planning to transfer, Chabot College's RISE (Restorative Integrated Self-Education) program is making a difference in the lives of an overlooked population. This May, the first time since the program began, 10 RISE scholars graduated with an associate degree.

"My goal for the program is to provide formerly incarcerated students, including students who have been impacted by the criminal justice system, an opportunity to move beyond where they are, where they have been, and support them in their efforts to achieve their education and career goals," said Chabot's Vice President of Academic Services Dr. Stacy Thompson. "I am inspired by the determination of our RISE scholars."

The program, which began in 2016, is part of a 10-partner-consortium that serves between 300 and 400 students. Chabot's RISE makes college an option for low-risk students recently released from the Santa Rita correctional facility. RISE supports students in meeting the educational requirements for Career and Technical Education (CTE) or transfer, and provides wrap-around services through program partner Open Gate, Inc.

They also offer mentoring and other Chabot college support services to students through their educational journey and transitional period. RISE students are provided with the time, space, and guidance to explore career paths through educational opportunities. They receive on-campus support through orientation, drug counseling, bus passes, book access, cohort meetings on Tuesdays and Thursdays, mentoring, academic advising and leadership development training.

RISE participants vary in age and demographic but have one thing in common—the desire to move beyond their past to create a solid future through the power of education. To participate, students must be low-risk parolees released on probation who seek to gain educational or vocational training and are committed to successfully re-entering society. To remain in the program, they must maintain a 2.0 grade point average.

Although the program began only two years ago, RISE was recently recognized in the Lumina Foundation's spring 2019 grant report, "Corrections to College—Reversing the School to Prison Pipeline" and Chabot has plans to expand the program to serve more students, begin a women's cohort, offer for-credit classes inside Santa Rita correctional facility and seek funding that will employ a full-time coordinator to better assist RISE scholars.

Chabot College
25555 Hesperian Blvd, Hayward
(510) 723-7678
www.chabotcollege.edu/academics/academic-pathways-student-success/rise/

Robotics company shut down Apple scooped up employees



Anki Co-Founders (left to right) Mark Palatucci, Boris Sofman and Hanns Tappeiner

THE ROBOT REPORT

Hanns Tappeiner, who founded Anki with Mark Palatucci and Boris Sofman in 2010, has been named Director of Product Development at Apple's Special Projects Group. Tappeiner recently updated his LinkedIn profile, which indicates he started working at Apple's Special Projects Group in August 2019.

Apple scooped up several other former Anki employees after the consumer robotics company closed. According to a former Anki employee, Apple was one of the companies that attended a makeshift career fair at Anki's office days after employees found out Anki was going out of business. Other companies in attendance, according to the former employee, included Google, Microsoft and Sonos.

Silicon Valley Bank owns Anki's IP, but it certainly would entertain solid offers for the IP. For the conspiracy theorists out there, Anki's coming-out party occurred at Apple's Worldwide Developers Conference 2013. Apple CEO Tim Cook introduced Anki, which at the time was building Anki Overdrive using the iOS platform. Would Apple be interested in Anki's IP? Who knows?

Sofman joined Waymo in June 2019 as its Director of Engineering, Head of Trucking. Sofman

wrote at the time he was hired, "I'm honored to be joining the team to lead the autonomous trucking engineering effort. Joining me will be 12 of my former teammates from Anki who represent much of the initial technical team. We'll be based out of Waymo's San Francisco offices where we hope to grow the team in the years ahead."

Anki raised more than \$200 million and had nearly \$100 million in revenue in 2017. It expected to exceed that in 2018. Silicon Valley Bank has had a security interest in Anki's copyrights, patents and trademarks since March 30, 2018. A former Anki employee told The Robot Report a strategic partnership, which could have bridged the gap to the next robot, "fell through at the last minute."

Unfortunately, Anki, which is being sued for patent infringement, isn't the only consumer robotics company to shut down in 2019. In early September, UK-based Reach Robotics closed its doors, saying the "consumer robotics sector is an inherently challenging space — especially for a start-up." Laundroid and Keecker also closed down, highlighting just how difficult the consumer robot market is. Blue Frog Robotics, which has repeatedly delayed its Buddy social robot, recently opened a subsidiary in Boston.

— Steve Crowe

California governor announces deal to cap rising rent prices

By KATHLEEN RONAYNE
ASSOCIATED PRESS

California Gov. Gavin Newsom reached a deal with apartment owners and developers Friday on legislation that would cap how rapidly rents can rise as the state grapples with a housing crisis.

The deal would cap annual rent increases at 5% plus inflation, with a 10% maximum increase. That's lower than the 7% threshold lawmakers had previously negotiated amid strong resistance from the real estate and development industries. Staff members at Newsom's office shared details of

the deal, which is not yet in print.

It marks a victory for renters who say they are being priced out as rents rise, though many renters and social justice groups likely want an even stricter proposal. Democratic Assemblyman David Chiu of San Francisco, the bill's author, had made numerous concessions to the real estate and development industries to even get the bill to the state Senate.

While the new deal is in renters' favor by lowering the allowable rent increase from 7% to 5%, it changes the exemption for newer properties from those built within the last 10 years to within the last 15.

The rent caps would sunset in 2030. The cost of inflation would be determined on a regional basis, meaning it could be a different percentage in San Francisco than in the Central Valley.

The proposal still needs to clear the state Legislature, which adjourns for the year in two weeks. But it is likely to pass now that the California Apartment Association and California Building Industry Association have agreed not to fight it, Newsom's office said.

"The bill will protect millions of renters from rent-gouging and evictions and build on the Legislature's work this year to

address our broader housing crisis," Newsom, Chiu, and legislative leaders state in a statement.

A rent cap is different than rent control, which California law bans on apartments built after 1995 and single family homes. An effort to lift those restrictions failed at the ballot last November. Backers of that ballot measure have threatened to mount another initiative if lawmakers don't act. It wasn't immediately clear if were satisfied with Newsom's proposal, which would not change that state law.

California needs to build about 180,000 new homes each year to meet demand for its

nearly 40 million people. But the state has averaged 80,000 new homes in each of the past 10 years, according to a report from the California Department of Housing and Community Development.

This year, lawmakers proposed a number of bills that would have addressed the crisis. But many of them failed to pass. One high-profile measure by Democratic Sen. Scott Wiener would have overridden local zoning rules to allow for more housing in some areas, including near transit. It failed to get out of the state Senate.

Associated Press writer Adam Beam contributed.



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New mixed-use development

SUBMITTED BY CITY OF FREMONT

Construction has started on a new mixed-use development at the corner of Walnut Avenue and Liberty Street in Downtown Fremont. The project at 3515 Walnut Avenue will feature 275 market-rate apartments, 2,245 square feet of ground floor retail space, and a six-story parking garage. Studios, one-bedroom units, and two-bedroom units ranging in size from 556 to 1,429 square feet will wrap around the parking garage on a 2.84-acre lot.

The project meets the goals of the city's Downtown Community Plan, which calls for focusing housing close to transit. The mixed-use development is roughly half a mile from the Fremont BART Station and close to AC Transit bus lines and several major retailers. Once complete, the project will help create the vibrant, pedestrian-oriented downtown envisioned in the Community Plan. Construction is expected to last two years, with an anticipated completion date of summer 2021.

Oprah Winfrey launching wellness arena tour in early 2020

By JONATHAN LANDRUM JR.
AP ENTERTAINMENT WRITER

Oprah Winfrey is taking her motivational spirit on the road early next year with an arena tour to promote a healthier lifestyle.

The former talk-show host and OWN television network chief announced Wednesday that the "Oprah's 2020 Vision: Your Life in Focus" tour will begin Jan. 4 in Fort Lauderdale, Florida. She is working in conjunction with Weight Watchers Reimagined to offer a full-day of wellness conversations during the nine-city tour.

The tour will conclude in Denver on March 7. She will also make stops in Los Angeles; San Francisco; Atlanta; Dallas; Charlotte, North Carolina; Brooklyn, New York; and St. Paul, Minnesota.

It's her first speaking tour in five years.

Along with high-profile guests, Winfrey said she wants to empower audiences to tap into their potential. The names of her guests will be released at a later date.

"What I know for sure is we can all come together to support a stronger, healthier, more abundant life – focused on what makes us feel energized, connected and empowered," Winfrey said in a statement. "As I travel the country, my hope for this experience is to motivate others to let 2020 be the year of transformation and triumph – beginning first and foremost with what makes us well. This is the year to move forward, let's make it happen in 2020."

Winfrey has held other successful speaking tours, including "Oprah's Life Class" in 2012 and "Oprah's The Life You Want Weekend" in 2014.

During her upcoming tour, Winfrey will talk about her wellness journey with attendees and help develop their 2020 action plan. She will also share the latest in wellness research and interactive workbook exercises.

Each tour stop will feature Winfrey in a one-on-one interview with a celebrity guest.

"This is an extraordinary opportunity for (Weight Watchers) to do what we do best: bring communities of people together with a shared goal of health and wellness," said Mindy Grossman, president and CEO of Weight Watchers.

Proceeds from the tour will benefit Weight Watchers Good, a philanthropic area of the organization to help bring fresh and healthy food to underserved communities.

Judge: Man may sue Calif. DMV over "offensive" license plate

AP WIRE SERVICE

A federal judge has ruled a soccer fan can sue the Department of Motor Vehicles for allegedly violating his freedom of speech by banning specialty plates that it considered offensive.

The San Francisco Chronicle reports U.S. District Judge George Wu of Los Angeles in a ruling Thursday refused to dismiss the lawsuit by Jonathan Kotler, a devoted fan of Britain's Fulham Football Club.

Kotler sued the DMV after the agency refused to issue him a license plate lettered "COYW" – short for "Come On You Whites," the fans' regular chant for their white-jerseyed players.

The DMV told Kotler the lettering has "connotations offensive to good taste and decency."

California asked the court to dismiss the lawsuit, saying all vehicle license plates constitute government speech. Wu disagreed.

Information from: San Francisco Chronicle, <http://www.sfgate.com>

Join police for ice cream and conversation

Community members, students and local business owners are invited to attend a "Cones with Cops" meet-and-greet with members of the Milpitas Police Department.

The two-hour event is set for Saturday, September 14 at the Baskin-Robbins store in Foothill Square shopping center. The focus of the informal gathering, which starts at 12 noon, is to let people ask questions, voice neighborhood concerns or even share complaints with local police officers in a relaxed setting.

Cones with Cops
Saturday, Sep 14 - 12 noon – 2 p.m.
Baskin Robbins (Foothill Square Shopping Ctr)
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Contact: Sgt. Bryan Hinkley
(408) 586-2527

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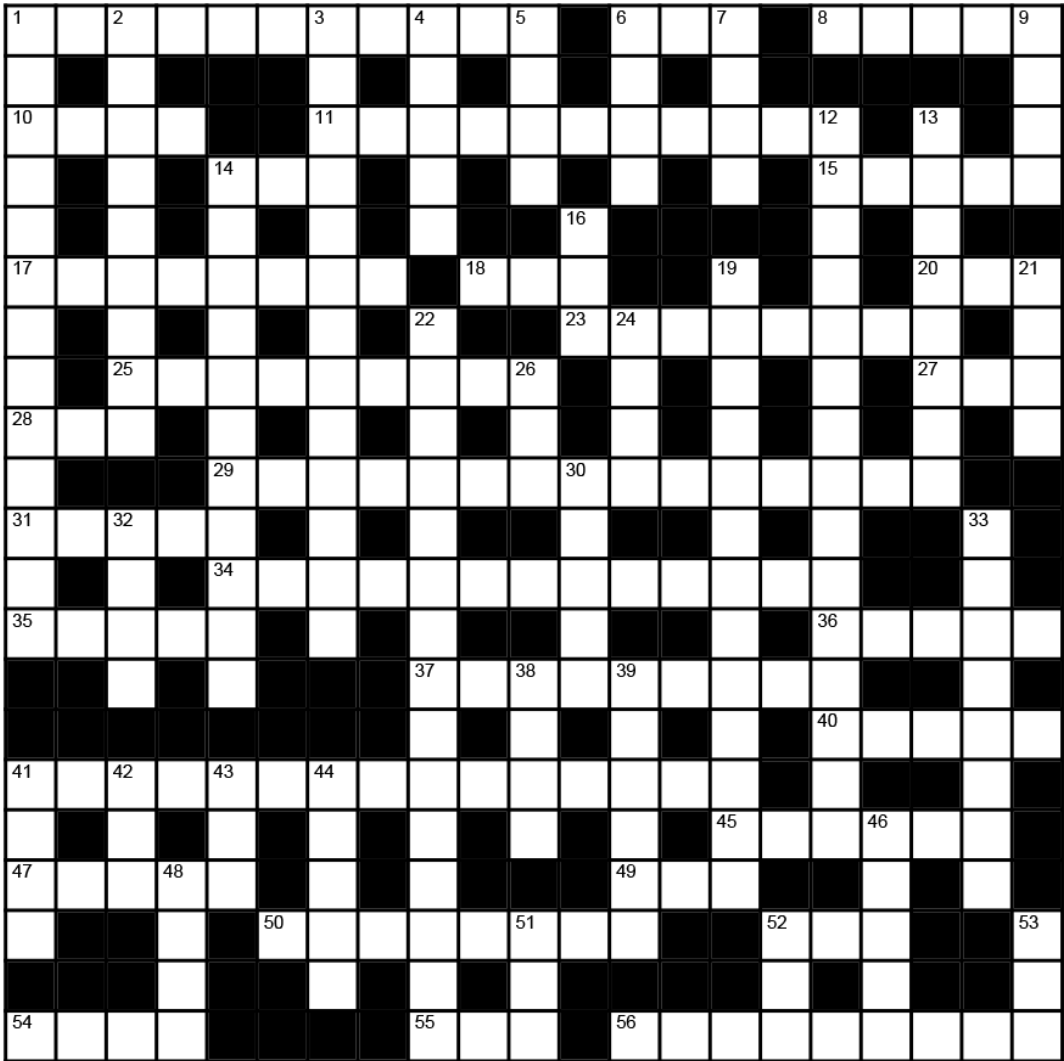
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| * Frequent urination | * Diabetes |
| * Kidney stone | * Facial Palsy |
| * Parkinson's disease | * TMJ syndrome |
| * Tourette syndrome | * Alzheimer's disease |

Mind Twisters

Crossword Puzzle



- Across

1 Very bright (4,2,2,3)

6 Bag (3)

8 Emergency supply (5)

10 "Das Lied von der ____" (4)

11 Quote, part 3 (5,6)

14 Actor Gulager (3)

15 Raise (5)

17 Soak (8)

18 "____-hawl!" (3)

20 Clean Air Act org. (3)

23 End of the quip (8)

25 Country music? (9)

27 Bank acct. entry (3)

28 Frozen Wasser (3)

29 Defeat decisively (3,3,5,4)

31 British Commonwealth member (5)

34 Shrimp cocktail? (7,6)

35 Bandleader Skinnay ____ (5)

36 Senegal's capital (5)

37 Correct (3-6)

40 Jam ingredients (5)
- 41 Buck passer? (9,6)

45 Fill in (6)

47 Drain (5)

49 Teacher's deg. (3)

50 Pirate (3,5)

52 Literary monogram (3)

54 Biol. subject (4)

55 ... (3)

56 Really let have it (9)
- Down

1 Officer's query to a speeder (6,3,4)

2 Avoids (9)

3 Phrase on the back of a buck (6,7)

4 Words of dismay (2,3)

5 Metallica drummer Ulrich (4)

6 Informal denial (4)

7 Vexes (4)

9 K follower (4)

12 High ground (3,8,4)

13 Abide (4,4)

14 Festive (11)
- 16 No longer working: Abbr. (3)

19 Prism output (5,8)

21 Part of a Spanish play (4)

22 College honor (2 words) (9,6)

24 Prefix with -phile

26 Grimm character (3)

30 Abate (3,2)

32 Dungeonlike (4)

33 Expert (8)

38 Didn't stand pat (4)

39 Harder to grasp (6)

41 "Smart" one (4)

42 Recipe amt. (3)

43 ____ Day (3)

44 Student getting one-on-one help (5)

46 Copious (5)

48 "Hop ____!" (4)

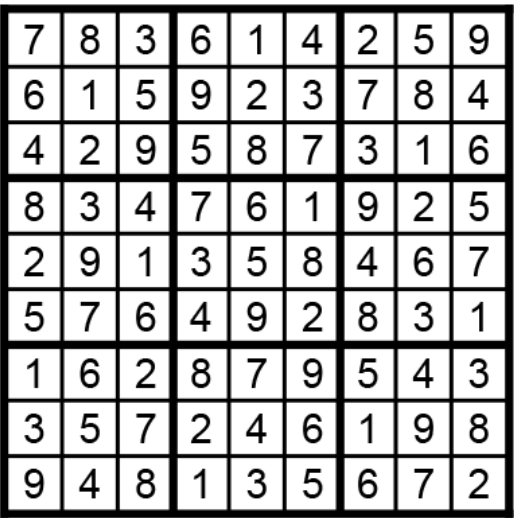
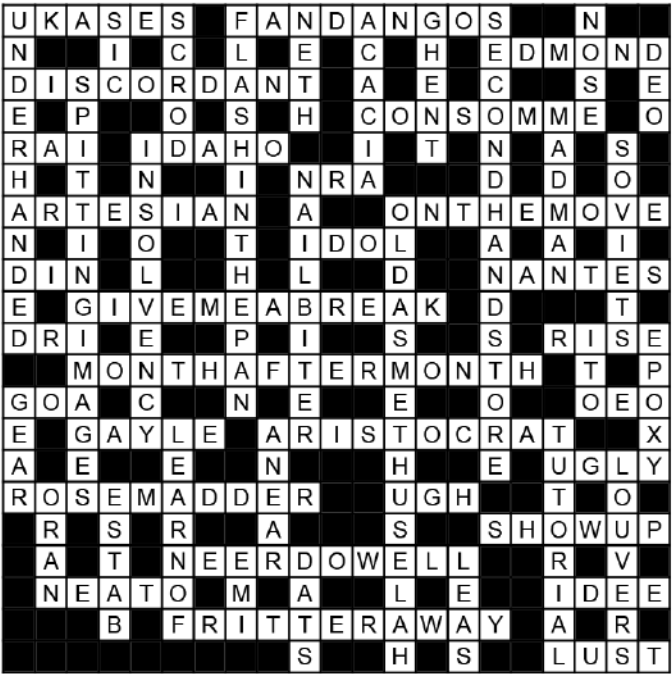
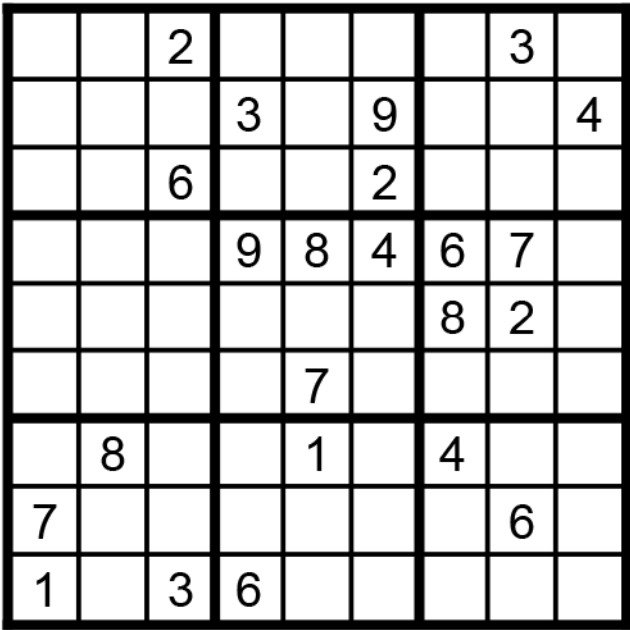
51 Certain intersection (3)

52 1997 U.S. Open winner (3)

53 Gonorrhea, e.g.: Abbr. (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Horoscopes on hiatus

Our astrologer, Vivian Carol, has informed us that she is taking a brief break but will resume her forecasts in October.

Word Search



- Achievements

Adjusted

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America
- Arm

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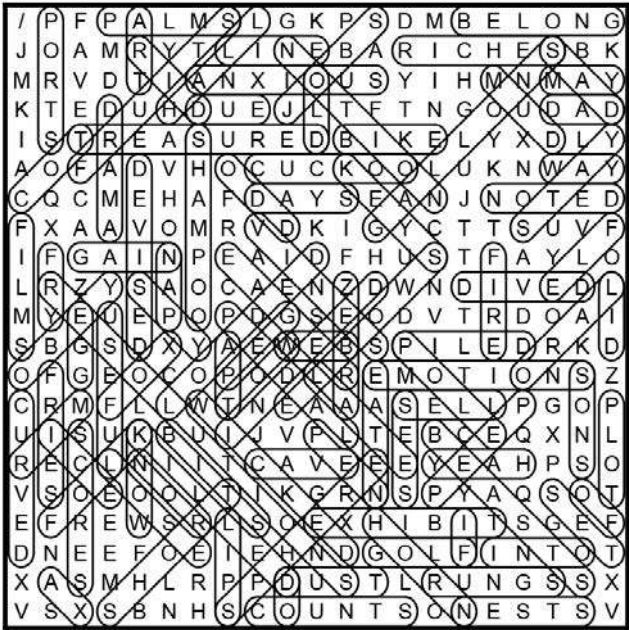
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Wrapped

Middle Eastern and Greek Food Festival

chicken kabobs, gyros, chicken shawarma, and veggie plate. Finally, desserts showcase the sweetness of Mediterranean baking: baklava (fried dough stuffed with honey and nuts), knefeh (shredded dough stuffed with cheese and topped with syrup), and loukoumades (deep-fried dough balls dipped in syrup). Entertainment on all three days includes debkeh dance performances from St. James Church, and live Arab and Greek music from singers such as Ashur Dawood & Radwan and the Kymata. For those interested in the religious side of the festival, tours of the church will take place Friday at 7:30 p.m., Saturday at 3 p.m. and 6 p.m., and Sunday at 3 p.m. This year's raffle drawing for a Honda Accord will take place at 8 p.m. on Sunday, so if you buy a ticket, make sure you stay until the end!

Admission is free. Take a photo or screenshot of your ticket at <http://www.sjorthodox.org/festival-admission.html>.

Middle Eastern and Greek Food Festival
Friday, Sept 13 – Sunday, Sept 15
Friday: 6 p.m. – 10 p.m.
Saturday: 12 noon – 10 p.m.
Sunday: 12 noon – 8 p.m.
St. James Orthodox Church
195 North Main St., Milpitas
(408) 934-1794
www.sjorthodox.org/festival.html

Lisa Performing Arts represents at World Dance Championships

SUBMITTED BY
CHRISTINA WANG

Lisa Performing Arts (LPA) was the only studio in the Fremont area to represent at the World Dance Championships (WDC). The LPA dance team flew out to Meadowlands, NJ where the CEO of WDC announced that “Out of 175,000 dancers and 300 cities around the world including Canada, China, Great Britain, these were the finalists who received the ‘Golden Ticker’ and were selected

it is called the “World Dance Championship.” The day before, I pictured a place that would have a serious sort of tone, kind of like soldiers before they go into war. However, it wasn't like that. In fact, it was the opposite. Everyone, from the other teams to the staff were really kind and supportive.

Aside from just the dance competition being beyond amazing, I wouldn't have had such a great experience if it weren't for my team. I need to thank Lisa Performing Arts, my family and other parents, and my

(recently in Beijing 2018 and Russia 2019) and compete at international dance competitions. Their purpose is to spread the love of the performing arts and leadership empowerment throughout the community and to encourage a healthy lifestyle through a fun activity. LPA offers programs for people aged 3 to adult of all levels. For info or to register for their classes contact 510-565-5852 or lisadance04@yahoo.com or check out their website at <http://www.lisadanceusa.com>.



to compete.” Lisa Performing Arts brought two dances: small group performance “Chinese Opera Girls” and large group “Foxes Under Moonlight.” Both made it into the Final Five Grand Championships and ended up receiving 2nd place runner-up in their category. Team captain Shuhan Jin tells of her experience: This was one of the most important competitions for my studio this year. When we received a Golden Ticker in the beginning of the year, the team and I were on cloud nine. The rest of the year was a massive amount of preparation for the big event. Then, before I knew it, I'm on a plane headed for New Jersey, only a few days before the big event. It was time for me to go out there and dance like I might not dance ever again. As I stepped through the doors of the competition center, I already had a million butterflies inside my stomach. After all,

teammates. Everyone is so supportive of each other, and we always make sure that we help each other when needed. The teachers always push us so we are the best dancers we can be. My teammates have always been there for me, and our friendship has grown so much we're basically a family now. We love each other with all our hearts. And of course, we couldn't have accomplished anything without our parents, our biggest supporters. I will never forget WDC and how incredible it was. Thank you to everyone who made it so unbelievably stunning. Lisa Performing Arts strives to spread multicultural awareness through east-meets-west dance fusion styles. LPA has promoted Asian American heritage to the general public by performing and teaching free workshops all around the Bay Area. They also have a professional dance team that performs around the world

First Presbyterian Church of Newark invites you to join us at our

125th Anniversary Celebration

SEPTEMBER 15TH, 2019

ANNIVERSARY COMMEMORATION SERVICE CELEBRATION | 9:30AM

Join us as we celebrate 125 years in the community with a special service, followed by a celebration in our Fellowship hall

FREE RING & SING CONCERT | 4:00PM

Enjoy music from our choir, bell choir, band and special guests. Reception to follow.



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- | | | |
|--------------------------|------------------------------------|----------------------------|
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| • Neck and back pain | • Tendonitis and computer syndrome | • Traumatic injury |
| • Carpal tunnel syndrome | • Plantar fasciitis | • TMJ |

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| • Fatigue | • Stress, anxiety, depression | • High blood pressure |

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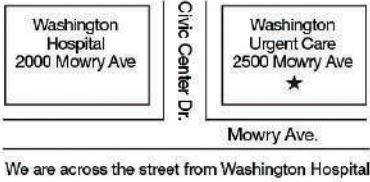
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continued from page 1

Newark Days

The Heroes Are Super



Originally known as the Newark Birthday Celebration, the first parade was held in 1955. The celebration was initially a weekend-only event, consisting of merely the parade itself, and by the end of the 60s, it had become a much more subtle, smaller commemoration. Thankfully, when Newark resident Shirley Sisk volunteered to reignite the celebration, several other townspeople agreed and were more than eager to take part in not only bringing back the birthday of Newark, but celebrating it in full swing. The Newark Birthday Celebration became known as Newark Days and flourished into the action-packed four-day weekend event many are familiar with today.

This year's theme, Heroes Are Super, was inspired by the definition of heroes and the variety of heroes that exist today. Sisk states, "There are so many heroes that walk amongst us. Heroes aren't just Wonder Woman and Batman but firefighters, teachers, nurses, military, and many others." The Newark Days Parade, happening September 21st, will highlight veterans. Several school clubs, Newark Memorial High School band, and many



other local associations will also participate. Parade members put great detail into their floats, decorating and adorning them with pride in their organizations. Celebrating heroes of all kinds is certain to uplift and strengthen the appreciation of attendees who watch the parade march from Newark Boulevard to Cedar Boulevard.

For those who wish to start the celebration early, the 35th annual Newark Mile 4K will be held before the parade begins. Individuals, families, and friends can run together; participants will receive a Newark Mile T-shirt, medal, and possible raffle prizes. "We also decided to add something new this year and hold a 50-meter kiddie race for kids 7 and under," Sisk adds. Once the parade and race are complete, fun at the carnival begins.

Newark Days attendees will be greeted by vibrant lights from an assortment of rides, large crowds waiting in line to



purchase tickets or admire various booths, and the instant smell of funnel cake. "We have all types of food like corn on the cob, funnel cake, waffle puffs, and even Indonesian food," Sisk states. Booths of all kinds are open, from game booths with numerous prizes to booths showcasing artwork. Contests such as finding money in a haystack maze are also available for children. Friends and families are welcome to hop on rides such as the

Ferris wheel, where they can enjoy the sight of the carnival from a bird's eye view, or the Zipper, where riders are certain to laugh and shriek from its fast-paced motion. Live musical entertainment featuring everything from a mariachi band to singing duos will also be present. "We always try to make sure that the audience and attendees feel as involved and welcomed as possible," says Sisk.

The annual presence of Newark Days is refreshingly authentic and unforgettable to the town. Fair visitors range from Newark locals to those from farther areas like Pleasanton and Palo Alto. Whether one merely attends or volunteers in clean-up, taking part in Newark Days is an experience that leaves a positive mark on both the community and individuals. "This event has grown so much. We have a board of thirty dedicated members who work hard to organize and put together the parade and the carnival. We've had as many as 161,000 people attend the fair. We didn't have everything before. We just grew and grew," Sisk gratefully states. The 2019 Newark celebration will undeniably be another successful and sensational event for all to adore and appreciate.

For more information or to volunteer, visit <https://www.newarkdays.org/index.php> or call (510) 793-5683.

Newark Days Carnival
Thursday – Sunday, Sept 19 – 22
35501 Cedar Blvd., Newark
(510) 793-5683
<https://www.newarkdays.org/index.php>

Newark Mile
Saturday, Sept 21
Check-in 7 a.m. – 8:30 a.m.;
9 a.m. race begins
Register at:
<http://www.cxc4l.org/newarkmile/registration.html>
Fee: \$15 per person

Carnival Schedule:
Thursday, Sept 19: 6 p.m. - 10 p.m.
(special fee of \$1 per ride)
Friday, Sept 20: 5 p.m. - 11 p.m.
Saturday, Sept 21: 12 noon - 11 p.m.
Sunday, Sept 22: 12 noon - 10 p.m.



Home & Garden

*Terrariums:
play with your
imagination*

ARTICLE AND PHOTOS BY
LALITHA VISVESWARAN

In 1960, a man called David Latimer planted a 10-gallon glass bottle and sealed it. Almost six decades later, the bottle garden has thrived due to the magic called “photosynthesis.” He only watered it once in 1972 and then sealed it again.

A quarter pint of water, a handful of compost, and spiderwort seedling is all it took for Mother Nature to accept the challenge. Moisture and oxygen are sealed, and a self-sustaining eco system is born. Fallen old leaves rot and provide carbon dioxide. And with sunshine, the garden thrives, lush and gorgeous, without any other input. It shows that if human beings don't interfere, any system would become self-sustaining and balanced.

Sealed bottled gardens became a curiosity after the above story went viral. But I want to say that I was attracted to another kind of mini self-contained garden enclosed in glass: terrariums.

While terrariums can be open or closed, they are usually enclosed in transparent glass to allow light and heat. When they are sealed, a small-scale water cycle is created by condensation, and a Co₂-oxygen exchange occurs. Open glass terrariums don't do this. Succulents, although a popular choice, are not always most suited for open terrariums as lack of drainage can

inflict root rot. But plants that require less watering are suitable candidates for open terrariums.

We often see gorgeous tall apothecary bottles and candy bottles that hold elaborate and complex terrariums. Me? I like to use wine glasses and even kitchen bottles. Because succulents can thrive better out in the garden, a good way to get the most out of succulents is to keep them as terrarium plants when they are small and transplant them as they get bigger. This way, we can enjoy them and propagate the baby plants. You can only do this with wide mouthed glass terrarium containers, but with

careful selection of plants, longer-term terrariums can thrive without disturbance.

Points to remember:

1. The first layer should always be gravel or pebbles for drainage. Since it's being layered over glass, be gentle to not crack the glass.

2. Do not over water. This is one of the most common mistakes made by all gardeners,

4. Terrariums are mini greenhouses and they operate on the principles of condensation and photosynthesis. Closed terrariums encourage humidity, and choosing plants that can tolerate humidity and low diffused conditions is very important. Succulents are best for open terrariums.

5. Be creative with your tools. Chopsticks, pastry bags, ear buds,

7. Do not use colored or etched glass. This will block light. However, even wine glasses or kitchen containers will work in a jiffy if you want to create a terrarium.

8. Main ingredients: pebbles, aquarium pebbles, or tiny smooth stones as the bottommost layer for drainage. The next layer can be colored sand if it's sandwiched between two layers of pebbles. Next is a bit of potting soil for the plants. Sprinkle activated charcoal powder before layering soil as this will keep it fresh. The topmost layer would be moss if available. Moss is not just decorative but a living botanical organism. And then come the plants themselves. Finally, you can decorate further with toys, seashells, or little paper umbrellas.

9. Some plant choices:
Succulents and cactus when small are suitable for open terrariums. For closed terrariums, plants that do well in the high-humidity environment are better. Some examples are ferns, African violets, Venus flytraps, starfish plants, air plants, baby's tears, fittonia, golden clubmoss, and strawberry begonia. Creeping figs are also a good choice, but they tend to grow quickly and will need pruning.

Show off! The terrarium you have created is the microcosm of Mother Nature and is a glorious representation of a closed self-sustaining ecosystem not dissimilar to the beginnings of our third rock from the sun cloaked in the sheath we call atmosphere.

Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark. www.jelliclesfarm.com



be it a miniature glass terrarium or a large planted orchard. A few spritzes when plants seem like they need it will suffice. Standing water means the water damage is already done.

3. Place your terrarium in diffused light indoors and not bright light outdoors or under direct sunlight. It is easy to scorch the plants as the glass acts as a layer that stores and amplifies heat and light.

forks, funnels, and tweezers are all unlikely but useful garden tools for maintaining your miniature landscape.

6. Keep the terrarium clean. Old makeup sponges and cotton Q-tips are useful for wiping debris after spritzing with water. A little bit of diluted vinegar will keep the glass clear, but always use it outside and never inside the glass that is in close contact to your plants.

THE ACWD CONNECTION

This September make sure you and your family are emergency-ready. Here are a few tips to get you started:

- ⇒ Make a disaster plan for your family.
- ⇒ Store water! We suggest two gallons per person per day for 3 to 7 days. Remember water for your pets too!
- ⇒ Sign up for our Rapid Alert Notification System (RANS) — this will allow us to reach you via text, phone call or email with urgent water-related information.

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THEATRE

THE THREE MUSKETEERS



SUBMITTED BY BOB MILLER
PHOTOS BY TERRY SULLIVAN

Ken Ludwig's *The Three Musketeers* kicks off the 40th Anniversary season at Douglas Morrisson Theatre (DMT) in Hayward. Performances will run Thursday, September 12 – Sunday, September 29. This adaptation, which was commissioned by the Bristol Old Vic Theatre in England, is based on the timeless swashbuckler by Alexandre Dumas, a tale of heroism, treachery, close escapes and above all, honor. The Guardian called it, "A slick, swashbuckling romp that cleverly updates the Dumas novel," and Venue Magazine said, "Ken Ludwig's script is fairly groaning with giggles. In short, about as much fun as you would expect, and then a little more."

The story, set in 1625, begins with d'Artagnan, a young Frenchman from Gascony, who sets off for Paris in search of adventure. Along with d'Artagnan goes Sabine, his sister, the quintessential tomboy. Sent with d'Artagnan to attend a convent school in Paris, she poses as a young man – d'Artagnan's servant – and quickly becomes entangled in her brother's adventures.

Soon after reaching Paris, d'Artagnan encounters the greatest heroes of the day, Athos, Porthos and Aramis, the famous musketeers. After blundering into each of them in turn, and challenging them to duels on the same night, d'Artagnan joins forces with his heroes to defend the honor of the Queen of France. In so doing, he finds himself in opposition to the most dangerous man in Europe, Cardinal Richelieu, as well as his henchman, Rochefort, Captain of the Cardinal's Guard. Even more deadly is the infamous Countess de Winter, known as Milady, who will stop at nothing to revenge herself on d'Artagnan – and Sabine – for their meddlesome behavior.

The DMT box office is open Tuesday through Friday, 1:00pm to 5:00pm, and can be reached at (510) 881-6777. Visit www.dmtonline.org for more information. Tickets are \$10 for the preview, and \$29 for performances. Discounts are available for adults under the age of 30 and over the age of 60, students with ID, youth, H.A.R.D. residents, and groups of 10 or more.

The Three Musketeers
Thursday, Sept 12 – Sunday, Sept 29
Thursday Sept 12 at 8 p.m. (Preview)
Fridays and Saturdays at 8 p.m., Sundays at 2 p.m.
Douglas Morrisson Theatre
22311 N. Third St., Hayward
\$10 Preview, \$29 Performances
(510) 881-6777
www.dmtonline.org



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CASTRO VALLEY TOTAL SALES: 13							
Highest \$: 1,392,000		Median \$: 800,000					
Lowest \$: 625,000		Average \$: 891,385					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
2527 Vegas Avenue	94546	625000	2	905	1949	7/30/19	
2209 Lobert Street	94546	645000	2	895	1947	7/29/19	
3810 Vincent Court	94546	650000	3	1081	1954	8/2/19	
19129 Stanton Avenue	94546	750000	2	906	1938	8/2/19	
19525 Yuma Street	94546	780000	3	1620	1959	7/31/19	
19465 Santa Maria Ave	94546	800000	3	1198	1960	7/31/19	
5679 Sun Ridge Court	94552	800000	4	1891	1973	8/2/19	
18129 Walnut Road	94546	855000	3	1919	1955	8/1/19	
18362 Carlwyn Drive	94546	920000	4	1896	1959	8/1/19	
5837 Cold Water Drive	94552	1010000	3	1723	1972	7/31/19	
3779 Somerset Avenue	94546	1180000	4	2023	1950	7/31/19	
3906 Lindsay Lane	94546	1181000	4	3221	1985	7/31/19	
4343 East Castro Valley Blvd	94552	1392000	5	3443	1966	7/31/19	

FREMONT TOTAL SALES: 46							
Highest \$: 2,286,000		Median \$: 925,000					
Lowest \$: 125,000		Average \$: 1,012,261					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
38279 Dixon Court	94536	125000	3	1251	1959	7/30/19	
37391 Sequoia Road	94536	320000	0	421	1986	7/29/19	
39034 Guardino Dr #207	94538	425000	1	693	1990	7/30/19	
3909 Stevenson Blvd #8b	94538	475000	2	1042	1972	7/30/19	
33965 Milton St #57	94555	595000	2	963		07/29/19	
4628 Devonshire Comm	94536	625000	2	1140	1987	7/30/19	
36911 Bolina Terrace	94536	675000	4	1474	1971	7/29/19	
37843 Granville Drive	94536	750000	3	1320	1959	7/31/19	
39291 Marbella Terraza #9m	94538	755000	2	1071	1991	7/31/19	
38779 Crane Terrace	94536	795000	3	1380	1985	7/31/19	
5258 Bamboo Lane	94538	800000	3	1176	1962	7/30/19	
39390 Sutter Drive	94538	800000	3	1344	1959	8/2/19	
4727 Stevenson Blvd	94538	817000	3	1148	1959	8/1/19	
33180 Lake Oneida St	94555	835000	3	1060	1969	8/1/19	
102 Boston Fern Comm #U248	94539	840000	2	1382	2008	7/31/19	
24 Blue Coral Terrace	94536	840000	3	1354	1987	8/2/19	
3638 Monmouth Pl	94538	850000	3	1151	1958	7/30/19	
37823 Essanay Place	94536	850000	3	1236	1981	8/2/19	
4192 Sora Common	94555	855000	2	1471	1984	8/2/19	
4756 La Mesa Court	94536	875000	3	1148	1956	8/2/19	
34529 Pueblo Terrace	94555	889000	3	1309	1988	7/31/19	
5226 Curtis Street	94538	905000	3	1148	1961	7/31/19	
2641 Tamalpais Terr	94538	925000	3	1712	2014	7/31/19	
2907 Pescadero Terr	94538	925000	3	1712	2013	8/2/19	
4482 Ladner Street	94538	950000	3	925	1956	8/1/19	
40135 Blanchard St	94538	960000	3	1107	1958	7/31/19	
37787 Elliot Street	94536	990000	3	1202	1950	7/29/19	
3592 Peralta Blvd	94536	990000	0	0	0	8/2/19	
38053 Conrad Street	94536	1090000	3	1902	1963	7/30/19	
4942 Hyde Park Drive	94538	1100000	0	2610	1961	7/31/19	
38306 Hastings Street	94536	1125000	3	2190	1964	7/31/19	
36631 Marlowe Street	94536	1140000	3	1453	1976	8/2/19	
4549 Norris Road	94536	1150000	3	1614	1960	7/29/19	
3121 Langhorn Drive	94555	1213500	4	1494	1970	8/2/19	
35626 Linda Drive	94536	1225000	3	2400	1948	7/31/19	
42840 Isle Royal Street	94538	1245000	4	2114	1962	8/2/19	
2898 Predio Terrace	94539	1282500	4	2105	2015	7/30/19	
5547 Andromeda Cir	94538	1297000	4	1763	1994	7/29/19	
91 Buck Court	94539	1305000	4	1960	1988	7/29/19	
41117 Ellen Street	94538	1310000	4	2255	1960	7/29/19	
519 Scott Street	94539	1400000	3	1712	1955	7/30/19	
421 Cherry Manor Ct	94536	1499000	5	2806	1999	8/2/19	
35221 Noel Place	94536	1660000	4	3311	2004	8/2/19	
36 Via San Dimas	94539	1820000	4	2542	1963	7/29/19	
476 Gamay Court	94539	1980000	3	2785	1985	8/2/19	
42012 Mission Blvd	94539	2286000	0	0	0	8/1/19	

HAYWARD TOTAL SALES: 32							
Highest \$: 1,968,000		Median \$: 667,500					
Lowest \$: 395,000		Average \$: 706,750					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
29621 Red Oak Ct #11	94544	395000	2	723	1985	8/2/19	
27583 Del Norte Court	94545	399000	2	884	1970	8/1/19	
27525 Tyrrell Avenue #A	94544	400000	2	916	1995	7/29/19	
21083 Gary Drive #102	94546	413000	1	872	1980	8/1/19	
21117 Gary Drive #119	94546	430000	2	1070	1981	7/29/19	
1775 Panda Way #341	94541	440000	2	899	1980	8/2/19	
141 Briarwood Drive	94544	480000	2	1094	1973	8/2/19	
1092 Azalea Court	94541	515000	2	1270	1973	7/31/19	
21071 Gary Drive #208	94546	528000	2	1101	1980	7/29/19	
21408 Locust Street	94541	555000	3	765	1905	7/31/19	
24632 Diamond Ridge Dr #502	94544	565000	2	1520	1991	8/2/19	
419 Orchard Avenue	94544	580000	2	1005	1938	7/31/19	
22811 Paseo Place	94541	585000	2	1700	2004	7/30/19	
21930 Thelma Street	94541	585000	3	1200	1955	7/31/19	
27437 Verona Avenue	94545	615000	3	1128	1957	7/30/19	
19216 Ricardo Avenue	94541	625000	3	1156	1952	7/31/19	
184 Newhall Street	94544	710000	3	1142	1954	8/2/19	
26637 Campeche Street	94545	720000	3	1163	1959	8/2/19	
29032 Vagabond Lane	94544	730000	3	1614	1999	7/31/19	
27808 Gainesville Ave	94545	730000	3	1119	1955	8/2/19	
31808 Kennet Street	94544	740000	3	1233	1956	8/2/19	
2231 Thayer Avenue	94545	740000	3	1450	1960	8/2/19	
24841 Kay Avenue	94545	745000	3	1668	1959	7/31/19	

23394 Klamath Road	94541	745000	3	1703	1951	8/1/19	
25882 Madeline Lane	94545	750000	3	1199	1959	7/30/19	
1900 E Street	94541	785000	2	1416	1939	7/31/19	
2102 Jubilee Drive	94541	810000	3	1692	2017	8/2/19	
28550 Starboard Lane	94545	868000	4	1835	2008	7/31/19	
623 Toomey Terrace	94544	995000	0	0	0	8/2/19	
4525 Riding Club Court	94542	1170000	4	2492	1996	7/31/19	
376 Drummond Drive	94542	1300000	4	3462	2010	7/30/19	
55 Dunfirth Drive	94542	1968000	5	4668	2017	7/29/19	

MILPITAS TOTAL SALES: 19							
Highest \$: 1,440,000		Median \$: 990,000					
Lowest \$: 532,500		Average \$: 1,017,105					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
1804 View Drive	95035	532500	3	1638	1970	7/30/19	
1453 Gingerwood Dr	95035	805000	2	1165	1992	8/2/19	
1016 Jungfrau Court	95035	845000	2	1430	1977	8/2/19	
807 Folsom Circle	95035	865000	2	1350	1983	7/30/19	
196 Currllin Circle	95035	890000	3	1456	2014	8/2/19	
1563 Canal Street	95035	950000	3	1413	2014	7/29/19	
388 Hearst Drive	95035	967500	3	1444	2018	7/30/19	
223 Perry Street	95035	980000	4	2001	1966	7/30/19	
378 Hearst Drive	95035	980000	3	1444	2018	7/31/19	
1759 Starlite Drive	95035	990000	3	1247	1970	8/1/19	
370 Hearst Drive	95035	998500	3	1427	2018	7/29/19	
2205 Yosemite Drive	95035	1010000	3	1264	1970	7/30/19	
372 Hearst Drive	95035	1065000	3	1708	2018	7/29/19	
1254 Calle De Cuestanada	95035	1100000	3	1528	1992	7/29/19	
1170 Moonbeam Way	95035	1131500	4	1824	1969	7/29/19	
25 Butler Street	95035	1190000	3	1468	1956	8/1/19	
889 Carino Terrace	95035	1199000	4	2524	2006	7/29/19	
94 Castillo Lane	95035	1386000	4	2284	2012	7/31/19	
230 Midwick Drive	95035	1440000	4	2412	1978	8/2/19	

NEWARK TOTAL SALES: 10							
Highest \$: 4,949,500		Median \$: 885,000					
Lowest \$: 730,000		Average \$: 1,281,800					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
6282 Cotton Avenue	94560	730000	4	1255	1954	7/31/19	
5208 Dupont Avenue	94560	750000	3	1190	1954	7/31/19	
7801 Wells Avenue	94560	765000	2	836	1946	8/2/19	
35539 Cleremont Drive	94560	807000	3	1308	1960	7/30/19	
6559 Normandy Drive	94560	875000	3	1308	1961	7/31/19	
36130 Sandalwood St	94560	895000	3	1136	1961	8/1/19	
6317 Truckee Court	94560	949000	4	1790	1980	7/31/19	
5825 Dolbeer Way	94560	957500	4	1902	2016	8/1/19	
38171 Columbine Place	94560	1140000	3	2005	1977	8/2/19	
1 Cherry Street	94560	4949500	0	0	0	7/31/19	

SAN LEANDRO TOTAL SALES: 13							
Highest \$: 1,000,000		Median \$: 716,000					
Lowest \$: 400,000		Average \$: 710,308					
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
398 Parrott Street #302	94577	400000	2	969	1976	8/2/19	
660 Fargo Avenue #11	94579	510000	3	1136	1965	7/30/19	
760 Woodgate Place	94579	544000	2	1169	1975	7/31/19	
2483 Blackpool Lane	94577	636000	3	1659	1979	7/30/19	
1154 Melcher Street	94577	643000	3	1024	1943	8/1/19	
2468 Heathrow Lane	94577	655000	3	1659	1978	7/31/19	
14648 Birch Street	94579	716000	3	1076	1953	8/2/19	
742 Barri Drive	94578	725000	3	1551	1955	8/1/19	
16016 Cambrian Drive	94578	770000	3	1394	1955	8/2/19	
1256 Sherry Court	94577	820000	2	1512	1959	8/2/19	
750 Dolores Avenue	94577	835000	4	2152	1952	7/30/19	
1667 Halsey Avenue	94578	980000	4	2116	1945	7/30/19	
2540 West Ave 134th	94577	1000000	4	1986	1951	7/30/19	

Mice Misery



BY PAT KITE

My friend has mice. October through February are prime mice months. Mice get into cupboards, poop in kitchen drawers, and make excursions into closets. When I had mice, years ago, they ate dishwasher rubber to make their nests. Today, they scamper across my garden, causing Ginger dog to fuss and fume, protecting her turf.

Do you realize that one lady mouse can have 150 children a year? Each mouse might live only five months in the garden but can reproduce at two months. It is discouraging. They poop and piddle as they go. Each house mouse can deliver up to 100 poops a day. On the positive side, it is fertilizer. On the negative, yesterday a mouse waved its tail at me from the top of my cherry tree. There are at least 100 mice types. These include spiny

mouse, zebra mouse, deer mouse, hazel dormouse, Eurasian harvest mouse, Alabama beach mouse, New Mexico’s jumping mouse, wood mouse, African pygmy, and our local Field Mouse.

Mice’s ancestors are about 65 million years old. Our common field mouse originated in Asia. As people expanded territory, mice came along. Mice eat just about anything, including each other if they get hungry enough. You have probably read about the mice plagues of long ago. But did you know that ancient Egyptians kept mice as pets? Belief was mice had supernatural powers. Mice mummies have been found in Egyptian tombs, accompanying their owners into the afterlife.

Stories of mice versus cats abound. In one ancient papyrus picture, King mouse, riding his chariot, leads his mouse army, armed with spears as they attack a

cat-defended fortress. Do cats kill mice? Some do; some, like mine, nap.

Of course, there are mouse fanciers too. November 12 is Fancy Rat and Mouse Day. Mice breeding for color variation seems to have started in Japan. The British National Mouse Club began in 1895. By 1983

we had the American Fancy Rat and Mouse Association.

Enthusiasts come to California several times a year for breeder result judging. What’s a fancy mouse? Hereford, Rump White, Spotted Tans, Satin, Frizzie Satin and Hairless. There are also lilac, red and Champagne-colored varieties.

Pat Kite’s Garden



PAT KITE

L. Patricia [Pat] Kite’s several garden books include *KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.*

Just suppose you have ordinary garden/house mice. Are there any natural repellents? Cinnamon sticks and cinnamon oil on cotton balls are worth a try. Mice are said to hate the smell of cloves, peppermint oil, pepper, and cayenne pepper. Let me know if any of this works.

Afraid of going to the doctor? Walk it off



BY HUGO VERA

In an effort to encourage healthier lifestyles for residents of the larger East Bay community, the Fremont-based Tri-City Health Center is holding a special “Walk for Wellness 5K” on Saturday, September 14. The walk runs from 9 a.m. – 1 p.m. and will start at the Fremont Town Fair Plaza near City Hall. The route of the 5K walk encompasses most of downtown Fremont, including the city’s financial district.

Although the event originally started as a 5K run, Tri-City Health Center representatives quickly changed it into a walk in order to keep the event as inclusive as possible. “We originally did a 5K run, and we realized that the only people who would come to that were avid runners who wouldn’t keep in contact with us again after the run was over,” says Tri-City Health Center Development Director Richard Ajluni. “By making this a walk instead of a run, more people of all athletic abilities can participate. What we’re mostly trying to drive here is family participation,” Ajluni adds.

Indeed, the center is making conscious efforts to make the walk as inclusive as possible. Personal trainers will be standing by next Saturday offering free aid to participants who have movement issues or who may need help stretching for a physical activity of this caliber. Tri-City Health Centers features seven clinics in Fremont alone, and serves more than 26,000 patients in the greater Fremont area.

The event will also include a variety of exhibitor booths in partnership with Tri-City Health Center sponsors such as NBC Bay Area, Telemundo, Kaiser Permanente and Bank of the West. Kids can participate in activities such as spinning a prize wheel, face painting and they can learn more about the center’s annual “Superhero Run.”

“The truth is that most people don’t go to the doctor until they’re sick, and we’re trying to change that here. This walk is about connecting the community to these clinics so that people visit the doctor before they get sick and not after,” Ajluni states.

Such precautions are warranted as patient-doctor apathy remains a constant issue in the United States. According to 2017 survey from the Employee Benefit Research Institute, almost a quarter of all Americans avoid regular checkups with a doctor. In addition, Americans between the ages of 18-29 are the least likely to be enrolled in any kind of health care plan.

Tri-City Health Center clinics accept most health care plans, as well as federally-subsidized plans. These centers also provide free check-ups and resources such as birth control free of cost to local adolescents. “Many of the people who have visited our clinics had never even been to a dentist or optometrist before. We also periodically take our mobile clinics out to assist the homeless population,” says Ajluni.

Since its creation 50 years ago, Tri-City Health Centers have also served as a facilitator of civic engagement regarding healthcare advocacy in Fremont, Newark and Union City. Among these advocacy endeavors include voter registration campaigns and working closely with city leaders to make healthcare more accessible to residents of lower socioeconomic backgrounds.

“We hope that when people come to this walk, that they take their families out with them and that way they make going to the doctor a habit. When you make going to the doctor a routine it’s cheaper for you in the long run, you live better, you live longer, you live healthier and you have far better outcomes,” states Ajluni.

Tri-City Health Center 5K Walk for Wellness
Saturday, Sept 14
9 a.m. – 1 p.m.
Fremont Town Fair Plaza
39100 State St., Fremont
(510) 252-6854
www.tri-cityhealth.org
\$35 for adults, \$20 for children under 12

Walk for Wellness Accessibility

SUBMITTED BY TWESHA GHOSH

Tri-City Health Center (TCHC) is a federally qualified health center serving the cities of Fremont, Union City and Hayward. They provide excellent health services to the local community. As an inclusive organization at heart, they aim to improve the overall health quotient of the Tri-City area.

On September 14, TCHC is conducting a “5K Walk for Wellness” in Fremont. The exact location is: Fremont Town Fair Plaza, 39100 State Street, Fremont, CA 94538.

Accessibility

The route for the Walk for Wellness is fairly accessible. There are no steep climbs or slopes in the entire route.

Route

Booths and exhibitor tables for the 5K walk for wellness will be set up at Fremont’s Town Fair Plaza. The plaza is fully accessible to wheelchairs, although at some places the pavement may be a little uneven.

Town plaza has an accessible interactive play area for kids. Wheelchair-accessible restrooms are in the back of Town Plaza.

Parking

The closest accessible parking is at the intersection of State and Capitol. There are additional accessible parking spots at the back of Town Plaza at the intersection of State and Nation. More accessible spaces are on Capitol between State and Fremont Blvd.

Restrooms

During the walk, there will be additional restrooms available for participants in Kaiser Permanente (on Paseo Padre Parkway), Rallis Plaza (on Walnut Ave) and Washington Hospital (on Civic Center Drive).

Caution

The sidewalk on Civic Center Drive between Walnut Ave and Mowry Ave is a little bumpy. One needs to be a little more careful on that segment of the walk.



Northern California's largest Community Garden ready to open

Gardening plots are still available to the public

SUBMITTED BY
JACQUI DIAZ

East Bay gardening enthusiasts are invited to attend a ribbon cutting program to celebrate the opening of the new Hayward Community Garden which is located at Whitman Street and Berry Avenue. Hosted by the Hayward Recreation and Park District (HARD), the 90-minute ceremony is open to the public and starts at 10:00 a.m. Saturday, September 14. Light refreshments will be provided to those attending.

Gardening plots are still available to the public. Individuals and community-based groups may apply to rent a plot for a two-year period. Applications and the Community Garden Guidelines are available in English and Spanish at the HARD website at www.HaywardRec.org/gardens or by calling (510) 881-6700.

The Hayward Community Garden Renovation project is unique in that Hayward now hosts the largest community garden in Northern California and located within a neighborhood that traditionally held limited gardening opportunities. Another feature is that there are a variety of plot

sizes available with the largest being 20 x 20 feet, the equivalent of four standard plots in other gardens. This offers residents and community groups an opportunity to grow a significant quantity of produce.

The project was funded by the Measure F1 bond, which was overwhelmingly passed by voters in 2016. This project represents Phase 1 of the Community Garden master plan, which includes 70 garden plots with irrigation, raised beds, a small orchard, shade structure to accommodate outdoor classes, produce counter, seed library, demonstration garden, storage shed, compost, small greenhouse, pathways, and fencing and gates. A zone for community gathering will feature a picnic area with barbeques, a “kiwi tunnel,” and a natural play area.

The focus of the Community Garden is celebrating healthy lifestyles and partnerships in the community.

**Community Garden Opening
Saturday, Sept. 14
10:00 a.m. – 11:30 a.m.
Whitman St. and Berry Ave.,
Hayward
(510) 881-6700
www.HaywardRec.org/gardens**

FREMONT ART ASSOCIATION A community of artists Gallery, Studio, Shop			
CLASS	SCHEDULE	INSTRUCTOR	FEE
PRE-SCHOOLERS' ART CLASSES	Mondays, 1 – 2:15 pm	Ms. Chris christine99_art@yahoo.com text: 510-648-7394	\$18 All materials provided.
CHILDREN'S ART CLASSES	Thursdays, 4 – 5 pm	Ms. Chris christine99_art@yahoo.com text: 510-648-7394	\$18 All materials provided.
CHILDREN'S ART CLASSES	Mondays, Tuesdays, Wednesdays, Thursdays 6 – 7 pm Fridays, 6 - 8 pm	OMSRIARTS Mrs. Jem 510-789-3241	\$20 or monthly discount See website for details. All materials provided.
MOTHER & DAUGHTER JEWELRY MAKING	Alternate Mondays, 4 – 5 pm Sept. 9 & 23; Oct. 7 & 21; Nov. 4 & 18; Dec. 2, 16 & 30	Sushma Shrestha Sushmashrest95@gmail.com Cell: 301-275-7743	\$35, non-mbrs. \$30, FAA mbrs. All materials provided.
GRAPHITE & COLOR PENCIL SKETCHING	Alternate Mondays, 4 – 5 pm Sept. 2, 16 & 30; Oct. 14 & 28; Nov. 11 & 25; Dec. 9 & 23	Sushma Shrestha Sushmashrest95@gmail.com Cell: 301-275-7743	\$35, non-mbrs. \$30, FAA mbrs. All materials provided.
ADULT ART CLASSES All mediums	Once a month Contact instructor for information	Nancy Benton nncybntn@comcast.net	\$30, non-mbrs. \$25, FAA mbrs. Materials not provided.
ADULT ACRYLIC PAINTING CLASS	Fridays, 11:30 am – 1:30 pm Sept. 6 and 27; Oct. 4, 18 & 25; Nov. 1 & 22; Dec. 5 & 12	Allison King allisonkingart@gmail.com	\$30 non-mbrs. \$25 FAA mbrs. All materials provided.
MACRAME WITH ME! Macrame for Beginners	September 7 only, 1 – 3 pm Rest of classes: Saturdays, 11 am – 1 pm Sept. 28; Oct. 5 & 12; Nov. 2 & 9; Dec. 7 & 14	Parul Parekh macramewithme@gmail.com	\$45, non-mbrs. \$35, FAA mbrs. All materials provided.
ELECTRIC GREETING CARDS! (patent pending)	Until December 19 Thursdays 6 – 7:30 pm	OMSRIARTS Mrs. Jem, M.Sc. 510-789-3241	\$25 per class All materials provided.
ZENTANGLE WORKSHOP Beginners' Workshop	September 20, October 11, November 1 & 29 9:30 am – 1:30 pm	Neera Dave Certified Zentangle Instructor neeradave@yahoo.com Cell: 510-738-8430	\$65, non-mbrs. \$60, FAA mbrs. + \$10 for materials & Zentangle pouch
ZENTANGLE CLASS	Every Monday 9 – 11 am	Neera Dave Certified Zentangle Instructor neeradave@yahoo.com Cell: 510-738-8430	\$45, non-mbrs. \$40, FAA mbrs. All materials provided.

For more information and to register, please contact instructor.

FremontArtAssociation.org

37697 Niles Boulevard, Fremont 510-792-0905

Evening of Empowerment



SUBMITTED BY CHAO LEE

Tri Cities' domestic violence organization, SAVE (Safe Alternatives to Violent Environments) is inviting the community to its 2019 “Evening of Empowerment Gala” in Fremont’s Paradise Ballrooms from 6 p.m.- 11 p.m. This moving event benefits SAVE’s general fund, which sustains its comprehensive domestic violence service, including a safe house, housing services, crisis and long-term support, counseling, survivor leadership workshops, and youth programs. The Evening of Empowerment is also SAVE’s opening awareness event that leads to October National Domestic Violence Awareness Month, a nationwide effort to shed light on the realities of domestic violence within our society.

“SAVE serves over 10,000 people each year,” said SAVE’s Executive Director, Dr. Yasi Safinya-Davies, “and we are only able to have this impact because of generous supporters who value peace and humanity.”

In its fourth year signature, the 2019 Evening of Empowerment will include a wine welcome and multi-cultural buffet dinner, live and silent auctions, exciting games to win incredible prizes, and live entertainment. SAVE signature awards will also be presented to community members for their outstanding commitment to ending domestic violence! Sponsors of this include: Dr. Lynn Spittler, the Beck Family Foundation, Fremont Police Association, the American Endowment/Grewal Family Charitable fund, and the

Randall A. Wolf Family Foundation. To purchase a ticket, learn more about the 2019 Evening of Empowerment, or see a complete list of sponsors, visit SAVE’s website: www.save-dv.org.

SAVE is proud to be a recipient of the Sobrato Family Foundation “2:1 Challenge Grant,” a unique grant



designed to activate the giving community. For every new or increased dollar gift, the Sobrato Family Foundation will match by \$2; this challenges leverages over \$150,000 for SAVE. Come to Evening of Empowerment, give more, and help SAVE reach its goal!

**Evening of Empowerment
Saturday, Sept 21
6 p.m. – 11 p.m.**

**Paradise Ballroom
4100 Peralta Blvd., Fremont
(510) 574-2252
<https://save-dv.org/2019gala/>**





We speak the following languages:
English, Mandarin, Cantonese, Shanghaiese, Spanish, Indonesian,
Hindi, Telugu, and Romanian

Herbert C. K. Chiu, DDS
Ratna N. Sie, DMD

Decoto Family Dentistry (510) 471-3777
2701 Decoto Road, Suite 4, Union City, CA 94587

Mission Palm Dental (510) 656-6868
43625 Mission Blvd., Suite 208, Fremont CA 9539

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Back to School: A History of School Lunches

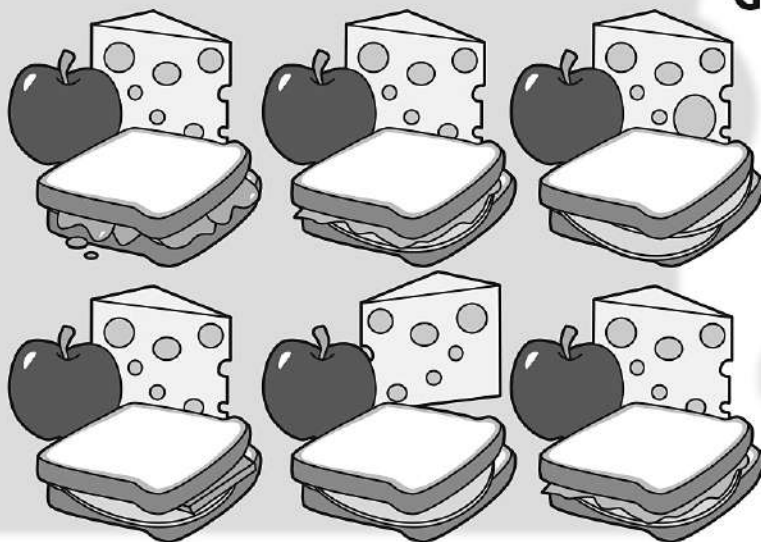
As **Kid Scoop** readers return to school, they start to wonder, what's for lunch? And what will I use to carry my lunch?

When people started eating lunch at work or school, lunches were packed into pails, baskets and tins. What do you use when you pack a lunch?

Turn of the Century (Early 1900s)

Serving school lunch to children began in the early 1900s when it was believed that many children did not eat a nutritious midday meal. This began in Boston, but it didn't happen everywhere.

Find the two identical lunches.



Design a Lunch Box

In 1950, Aladdin Industries created the first children's lunch box based on a TV show. *Hopalong Cassidy*. Over the years, more and more TV, film and cartoon characters showed up on lunch boxes. For decades, choosing a new lunch box was a treasured back-to-school ritual for kids.

Draw a lunch box here you'd like to have. Will it feature popular characters or something of your own design?



Standards Link: Reading Comprehension: Follow simple written directions.

Colonial Kids (1607 to 1776)

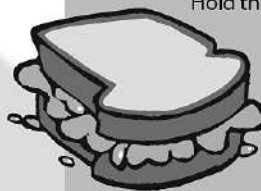


In America's colonial times, the midday meal was called dinner. It was the biggest meal of the day. Most families ate this meal together at home, even if the children attended school.

Supper was the evening meal, and it was typically smaller and made up of leftovers.

Did children in colonial times eat peanut butter and jelly sandwiches?

Hold this page up to a mirror to read the answer.



UNTIL THE 1820S
PEANUT BUTTER
WAS NOT INVENTED

Great Depression (1929 to 1939)

The Great Depression was a time of great hardship. Parents were without jobs, and their children went without good food. At the same time, farmers had produce that people couldn't afford to buy. The government of President Franklin D. Roosevelt bought up the extra food and opened kitchens which started the school lunch program.

In 1946, another president signed the first National School Lunch Act to provide lunch in all schools. Circle every other letter to reveal his name.

A H P A L R T R F Y M T Z R O U B M J A L N

H

How many apples can you find on this page?

Extra! Extra! Back to School Scavenger Hunt

Look through today's newspaper to find:

- ☐ Something to write with
- ☐ Something to read
- ☐ Something you would like to have to share
- ☐ A way to get to school
- ☐ A number that shows the grade you are entering
- ☐ A number that shows how many years you have gone to school

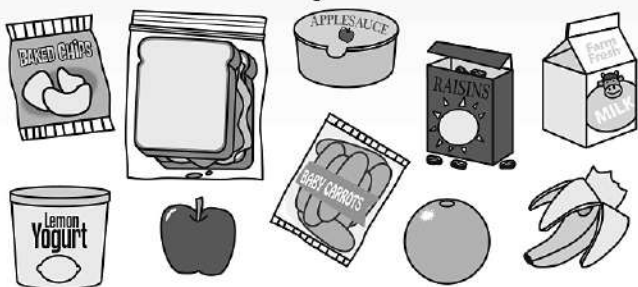
Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Puzzler

What goes on the Food Share Table?

Food Share Tables at school help reduce food waste. If you don't want to finish all of your lunch, you can share your lunch by placing it on the table. Food that is whole, uneaten or unopened can be placed on the Food Share table.

Circle the foods that can go to the Food Share Table.



ANSWERS: Foods that can go on the Food Share Table are: uneaten yogurt, apple, orange, milk, applesauce, sealed carrot packet and sealed bag of chips. The foods that can't go on the table are: a bag of raisins, sandwich from home and the open box of raisins.

Double Double Word Search

LEFTOVERS
COLONIAL
HISTORY
DECADES
SCHOOL
DINNER
SUPPER
RITUAL
LUNCH
JELLY
MEAL
PAIL
TINS
SHOW
BOX

Find the words in the puzzle.
How many of them can you find on this page?

S C D E C A D E S L
R O A U R E P P U S
E L W N E C H A H I
V O O S N I T R I N
O N H C N U L I S L
T I S H I T M T T O
F A B O D E L U O U
E L O O A N C A R H
L E X L J E L L Y S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together Funny Filler

Ask a friend to give you each type of word. Fill in the blanks and read the story aloud for some silly fun.

Loopy Lunch

Last Friday, something very strange happened in the school

cafeteria. Instead of the regular menu, they served _____

_____ and _____

Students had to _____

in a very long line to get their _____ lunch. This

_____ caused a lot of confusion, so they

were instructed to _____

in line instead.

Our principal tried to calm everyone. He spoke into the

_____, but

everyone was too busy trying to

_____ through the mess.

Our custodian used _____

_____ to mop up

the spill, which seemed really

strange, but it worked.

Standards Link: Grammar: Understand and use nouns, adjectives, verbs and interjections in writing and speaking.

Let's Talk!

Dig up some interesting information about your family history by talking about lunches!

Ask your parents, aunts, uncles, grandparents or anyone who is at least 10 years older than you the following questions:

What did you use to carry your lunch to school?

What was your favorite school lunch food?

Did your school have a kitchen where they made hot lunches on site? What did they cook?

Kid Scoop VOCABULARY BUILDERS

This week's word: **RITUAL**

The noun **ritual** means a well-known tradition or ceremony.

For kids in our family, bedtime began with the **ritual** reading of a book.

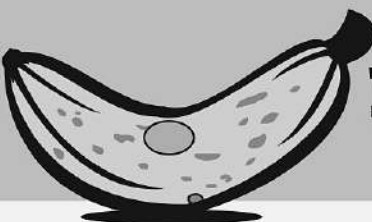
Try to use the word **ritual** in a sentence today when talking with your friends and family.

FROM THE Kid Scoop LESSON LIBRARY

Agriculture Works

Not only does our agriculture industry feed us, it also employs millions of people. Look through the newspaper and find jobs that are directly or indirectly related to agriculture.

Standards Link: Research: Use the newspaper to locate information.



Why did the banana go to the doctor?

ANSWER: Because he wasn't peeling well.

Write On!

What's for Lunch?

Come up with a healthy lunch for school. Include food from all the food groups.



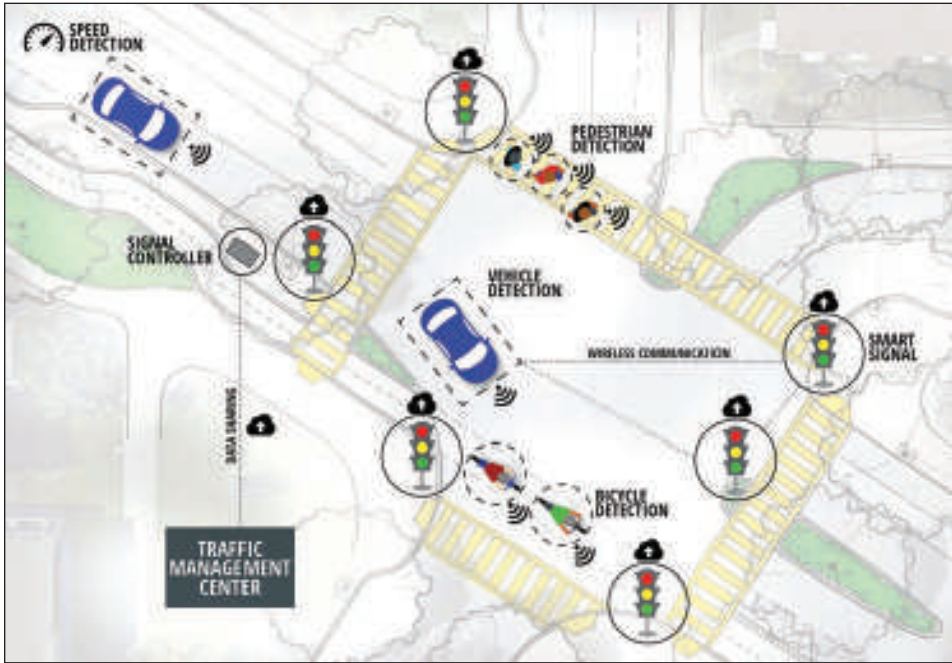
Fremont Provides Safe and Convenient Toxic Waste Disposal

The Fremont Household Hazardous Waste Drop-Off Facility provides residents with an environmentally safe and convenient method to dispose of hazardous waste. The facility is open every week from Wednesday to Saturday, and drop-off is easy and free of cost. Last year, over 16,000 households brought in over one million pounds of unwanted hazardous waste from their homes. A typical home contains an array of hazardous household products for maintaining cars, cleaning and disinfecting homes, painting, and gardening. The health and safety of our families, neighborhoods, and environment are threatened when household hazardous waste is stored or disposed of improperly. The City encourages residents to take advantage of the free Fremont Household Hazardous Waste Drop-off Facility instead of disposing hazardous waste in the garbage, sink, toilet, or storm drain, which can have harmful effects on our communities and the environment. Some of the unwanted paints, cleaners, sealants, and garden products left at the drop-off facility are moved to

the Fremont Recycling & Transfer Station's re-use area. These items are available for free at 41149 Boyce Rd. For more information, please visit www.household-hazwaste.org or call 800-606-6606. Some small businesses can also use the site and should call 510-670-6460 for more information.

Accepted Items: Aerosols Automotive Fluids Batteries/Electronic Waste Fluorescent Tubes/Bulbs Household Chemicals/Cleaners Pharmaceuticals Sharps/Syringes/Lancets/Needles Paints/Solvents/Thinners Pesticides/Herbicides/Fertilizers Pool Chemicals Mercury Thermometers Rat Poison/Pest Control Products	Schedule: Wednesday-Friday: 8:30AM to 2:30PM Saturday: 8AM to 4PM Closed for the following holidays: Thanksgiving Day, Christmas Day, and New Year's Day	Location: 41149 Boyce Rd., Fremont
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Fremont Boulevard Safe and Smart Corridor Project



The City of Fremont plans to begin the Fremont Boulevard Safe and Smart Corridor Project in early 2020 to manage congestion and improve safety for all modes of travelers. The project will cover the 10-mile stretch of Fremont Boulevard between Paseo Padre Parkway and Cushing Parkway. A major component of the project is traffic signal modernization, which was identified by the community as a top priority in the City's newly adopted Mobility Action Plan. Smart sensors will help streamline traffic flow, ensure adequate intersection crossing times, and prioritize signals for transit and emergency vehicles. These improvements will enhance safety for pedestrians, bicycles, and drivers, supporting Fremont's Vision Zero initiative to eliminate traffic fatalities. The project also supports the City's Climate Action Plan by reducing greenhouse gas emissions. Construction is anticipated to begin early next year. Funding for the work is granted by Measure BB, approved by Alameda County voters in 2014, and administered by the Alameda County Transportation Commission. To learn more about the project and how to get involved, visit www.fremontsmart-corridor.org.

SunShares Program Offering Discounts on Solar Installations and Electric Vehicles

City-sponsored program makes it easy and affordable to go green



The City of Fremont is excited to announce that SunShares is back again this year and now open for registration! The City is proud to be one of nearly 40 local government agencies and major employers participating in the 2019 Bay Area SunShares program, a community program helping local residents access discounted pricing and resources to help them go solar and purchase zero-emission vehicles. This is the fifth year of participation for the

City of Fremont as a SunShares outreach partner. Two local and recognized solar installation companies—SkyTech Solar and Solar Technologies—have been selected for the program and are offering a 15% discount, making now the most affordable time to go solar! In addition, those who choose to go solar can still take advantage of the federal solar tax credit. (Please note: Petersen Dean is no longer part of the Sunshares program.) SunShares is also offering zero-emission vehicle discounts on the 2019 all electric Nissan Leaf and the 2019 hydrogen fuel-cell Toyota Mirai. Imagine the possibilities...save on your home utility bills, cut your gas costs, reduce your greenhouse gas footprint, and drive on clean energy! To sign up, visit www.BayAreaSunShares.org. This limited time offer is available until November 15, 2019.

Fremont Seeking Community Input for Climate Action Plan Update



Since the adoption of the City of Fremont's first Climate Action Plan in 2012, the City has implemented a number of municipal and public-facing projects, programs, and policies that have resulted in significant reductions in greenhouse gas emissions and earned Fremont regional recognition as a sustainability leader. Fremont is now working to update its Climate Action Plan (CAP) to align with the new 2045 carbon neutrality goal recently established by the Fremont City Council in February 2019. As part of the CAP update process, the City is seeking the community's help in identifying actions that will make Fremont a cleaner and healthier place for everyone. Strategies for achieving these goals can include transitioning to renewable and fossil-free energy in buildings and vehicles, enhancing sustainable transit and travel options, reducing waste and pollution, incorporating green building design, restoring natural habitats, drawing down carbon dioxide from the atmosphere through plants and trees, and increasing our resilience to climate change. To gain feedback, the City is inviting the community to complete the Climate Action Plan Update Survey. By taking the survey, the community can play an active role in designing a healthy and sustainable future for Fremont! For more information and to take the survey, please visit www.Fremont.gov/OpenCityHallClimate.

FREE

MOVIES

under the stars

Friday, September 20

Captain Marvel (PG-13)

Town Fair Plaza

Located in Downtown Fremont on Capitol Avenue.

Join the City of Fremont Recreation Services Division for Movies under the Stars. The movie will be shown just after sunset at the Town Fair Plaza in Downtown Fremont near Capitol Avenue. This event is FREE, if not available for purchase. So grab your blankets, lawn chairs, a good book with your family and friends this summer! Learn more at Fremont.gov/YourRights.

*If you are unable to attend in person, please email recreation@fremont.gov or call 415-439-4399 at least two (2) working days in advance.

cof@fremont.gov

|

Fremont.gov/Social Media



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Friday, Sept. 6th – The Mirage Band
Saturday, Sept. 7th – Vintage Plus Band
Friday, Sept. 13th – Level Set Band
Saturday, Sept. 14th – Vintage Plus Band
Friday, Sept. 20th – DJ Tasi
Saturday, Sept. 21st – Vintage Plus Band
Friday, Sept. 27th – The Mirage Band
Saturday, Sept. 28th – Vintage Plus Band

Karaoke Thursdays:

Every Thursday from 8-11pm pop in and sing your heart out!

510.413.2300 EXT. 88 | BISTRO880.COM
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FREE EVENT

SAT OCTOBER 12
1:30PM-4:00PM



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33997 ALVARADO-NILES RD
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OR CALL
510.675.5495

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Alaska

7 days Vancouver, B.C. to Anchorage (Whittier)
May-Sep 2020

Interior fares from*	Balcony fares from*
\$649	\$1,529

Grand Princess® 5/19/20
*Taxes, Fees & Port Expenses of up to \$225 are additional.

Mediterranean

7 days Barcelona to Rome (Civitavecchia)
Apr-Nov 2020

Interior fares from*	Balcony fares from*
\$849	\$1,149

Crown Princess® 4/1/20
*Taxes, Fees & Port Expenses of up to \$110 are additional.

British Isles

12 days roundtrip London (Southampton)
May-Sep 2020

Interior fares from*	Balcony fares from*
\$1,799	\$2,149

Regal Princess® 4/16/20
*Taxes, Fees & Port Expenses of up to \$185 are additional.

Scandinavia & Russia

11 days roundtrip Copenhagen
Apr-Aug 2020

Interior fares from*	Balcony fares from*
\$1,999	\$2,399

Sky Princess® 4/29/20
*Taxes, Fees & Port Expenses of up to \$235 are additional.

Caribbean

7 days roundtrip Ft. Lauderdale
May 2020 - Apr 2021

Interior fares from*	Balcony fares from*
\$899	\$1,399

Caribbean Princess® 5/16/20
*Taxes, Fees & Port Expenses of up to \$140 are additional.

Japan

9 days roundtrip Tokyo (Yokohama)
Mar-Nov 2020

Interior fares from*	Balcony fares from*
\$1,249	\$1,899

Diamond Princess® 3/16/20
*Taxes, Fees & Port Expenses of up to \$125 are additional.

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john@medfordteam.com ◆ 510-673-0686 ◆ www.MedfordTeam.com ◆ CalBRE# 01223788

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Fri 5-10:30 PM
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5646 Thornton Ave., Newark

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5:00 pm DOORS OPEN – Flashboard games begin
 6:30 pm 4 WARM-UP BINGO GAMES **\$150 prize**
 7:00 pm 15 REGULAR BINGO GAMES **\$300 - \$400 prizes**

FLASHBOARD GAMES pay as much as **\$1,199**
WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church
 32975 Alvarado Niles Rd, Union City t: 510-471-2581



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BINGO

Fraternal Order Of Eagles 1139

Thursday is - BINGO

**Doors open 4pm
 Games Start 6:30pm**

More Info: 510 676-3314

21406 Foothill Blvd., Hayward

I need a Forever Home

Rex is a handsome, calm and sweet 6 yrs young German Shepherd. His demeanor is a perfect mix of independence and attentiveness. Rex loves attention, but is not big on hugs. He may do well with young kids. Meet Rex at the Hayward Animal Shelter.



While Cheech, a 9 yrs young chi mix, is shy and a bit of a loner, he loves tennis balls and squeaky toys. Cheech prefers to walk on a harness versus a collar. He has sleek black and tan fur, and soulful brown eyes. Meet Cheech at the Hayward Animal Shelter.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

**16 Barnes Court (Near Soto & Jackson)
 Hayward
 Tuesday - Saturday 1pm - 5pm**

\$ = Entrance or Activity Fee
 R= Reservations Required
 Schedules are subject to change.
 Call to confirm activities shown in these listings.



CONTINUING EVENTS

Fridays, May 17 - Oct 25

Fremont Street Eats

5 p.m. - 10 p.m.
Food trucks, beer, wine, music
 Town Fair Plaza
 39100 State St., Fremont
 fremontstreeteats.com

Thursdays, Jun 20 - Sep 19

Fatherhood Class

6:30 p.m. - 8:30 p.m.
Relationship, parenting, management, job search skills
 Fremont Family Resource Center,
 Pacific Room #H800
 39155 Liberty St. (at Capitol),
 Fremont
 (888) 308-1767
 www.r3academy.org/fremont

Monday - Friday, Jul 30 - Sep 13

Celebrating Wildlife: The Animals of Sulphur Creek

9 a.m. - 5 p.m.
Photos of local wildlife
 PhotoCentral
 1099 E St., Hayward
 (510) 881-6721
 info@photocentral.org

Thursday - Sunday, Aug 9 - Sep 21

Annual Textile Exhibit

12 noon - 5 p.m.
Traditional and contemporary artists
 Olive Hyde Art Gallery
 123 Washington Blvd., Fremont
 (510) 791-4357
 www.olivehydeartguild.org

Friday - Sunday, Aug 16 - Oct 5

Planet Hayward

11 a.m. - 5 p.m.
Eclectic collection of art celebrating "The Heart of the Bay"
 Sun Gallery
 1015 E St., Hayward
 (510) 581-4050
 www.sungallery.org

Wednesdays, Aug 21 - Oct 30

Citizen Police Academy R

5:30 p.m. - 9:00 p.m.
Volunteers train to assist Newark Police
 Newark Police Department
 37101 Newark Blvd., Newark
 (510) 578-4000
 (510) 578-4352
 beverly.ryans@newark.org

Saturdays - Sundays, Sep 1 - Oct 27

Nature Crafts

10 a.m. - 12 noon
Discover the natural world through your artistic side
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

Saturdays - Sundays, Sep 1 - Oct 27

Wild Wonders

2 p.m. - 3 p.m.
Games, activities, crafts for all ages
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

Sundays, Sep 1 - Oct 27

Animal Feeding Time

10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

1st & 3rd Sundays, Sep 1 - Oct 20

Sunday Cinema at the Newark Library

2 p.m. - 4 p.m.
Enjoy a classic, superhero flick, or 80's film. Sing-a-longs
 Newark Branch Library
 6300 Civic Terrace Ave., Newark
 (510) 284-0684
 www.aclibrary.com

Arts & Entertainment

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Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market

Saturdays
10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center

Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro

Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

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Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
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www.aclibrary.org/book-
mobile
Times & Stops subject to change

Tuesday
4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday
12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday
11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday
1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday
1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops
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For more information
(408) 293-2326 x3060

Wednesday
1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Sundays, Sep 1 - Oct 19

Dove Gallery "Parables: Art
with a Message" Exhibit
12 noon - 3 p.m.
*Art inspired by meaningful experiences
and deep convictions*
Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
(408) 464-5011
dove@parkvictoria.org

Tuesdays, Sep 3 - Sep 24

Yoga for Everybody R\$
7 p.m. - 8 p.m.
*Gain strength, flexibility, and mental
focus*
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Fridays, Sep 3 - Nov 5

Fremont Bridge Club
10 a.m.
Open stratified and newcomer games
Bronco Billy's Pizza - Irvington
41200 Blacow Road, Fremont
(510) 438-0121
www.unit500.org

Wednesdays, Sep 4 - Sep 25

Wild Goose Qigong \$
9:15 a.m. - 10:15 a.m.
Beginning class on mind-body practice
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Thursdays, Sep 5 - Sep 26

Lap Harp \$
1 p.m. - 2 p.m.
Easy to learn lap zither
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Fridays, Sep 6 - Sep 27

Toddler Ramble \$
10:30 a.m. - 11:15 a.m.
*Some Like It Hot! Science experiments
for kids ages 1 - 3*
Hayward Shoreline Interpretive
Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sundays, Sep 8 - Dec 1

Family Friendly Matinee
3 p.m.
Dates: 9/8, 10/6, 11/3, 12/1
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
www.madeuptheatre.com

Mondays, Sep 9 - Dec 17

**Advanced Math and Science
Tutoring**
6:00 p.m. - 7:30 p.m.
*High school/college level help in math,
physics and chemistry*
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Friday - Sunday, Sep 13 - Sep 29

The Three Musketeers \$
Fri - Sat: 8 p.m. Sun: 2 p.m.
*Alexandre Dumas' timeless swashbuck-
ler. Preview Thurs. 9/12, 8 p.m.*
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Mondays & Wednesdays, Sep 16 - Nov 4

Music for Minors II Training
9:15 a.m. - 11:45 a.m.
Learn to become a music volunteer
United Church of Christ
38255 Blacow Rd., Fremont
(510) 793-3970
(510) 733-1189

Mondays & Wednesdays, Sep 16 - Nov 4

Music for Minors II Training
6:45 p.m. - 8:45 p.m.
Learn to become a music volunteer
Proctor Elementary
17520 Redwood Rd., Castro Valley
www.musicforminors2.org

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

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Pollo
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Pastor
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Tuesday - Friday 10 - 9
Saturday 9 - 9
Sunday 9 - 8

Authentic Mexican Food and Beer

El Dorado Restaurant

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corner of Grand and Winton

386 Winton Ave. Hayward

Saturday nights

8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Wednesday, Sep 11

**Music for Minors II Orienta-
tion**
7:00 p.m. - 8:30 p.m.
Training orientation for docents
Proctor Elementary
17520 Redwood Rd., Castro Valley
www.musicforminors2.org

Wednesday, Sep 11

**Music for Minors II Orienta-
tion**
9:30 a.m. - 11:00 a.m.
Training orientation for docents
Niles Elementary School
37141 2nd St., Fremont
(510) 733-1189
www.musicforminors2.org

Thursday, Sep 12

Basic Bookkeeping Workshop R
10 a.m. - 12 noon
*Financial statements, accounting types,
employee records*
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Thursday, Sep 12

**Music for Minors II Kids Choir
Audition**
3:30 p.m. - 4:45 p.m.
*For 1st – 6th graders. Prepare a capella
song*
Niles Elementary School
37141 2nd St., Fremont
(510) 733-1189
www.musicforminors2.org/kids-choir

Thursday, Sep 12

Special Olympics Fundraiser
6 a.m. - 10 a.m.
*Join Fremont PD as they raise funds
for their Torch Run*
Dunkin' Donuts
5255 Mowry Ave, Fremont
(510) 739-2383
Mleon@fremont.gov

Thursday, Sep 12

Startup Grind Meeting R
6:30 p.m.
*Sunil Cheriaan talks about acquisitions
and IPO's*
Peerbuds Innovation Labs
4580 Auto Mall Pkwy #121,
Fremont
https://www.startupgrind.com/fre-
mont/

Thursday, Sep 12

Video Game Concert
8:00 p.m. - 8:30 p.m.
*Intermission Orchestra of Berkeley
plays music from anime and video
games*
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.facebook.com/Intermission-
Berkeley/

Thursday, Sep 12

**Libertarian Party of Alameda
County**
7:15 - p.m. - 9:15 p.m.
*Planning for annual Wine and Liberty
event in October*
Englander Restaurant
101 Parrott St., San Leandro
(510) 828-2281

Thursday, Sep 12

Sunol 4H Kickoff Meeting
7 p.m.
*Learn about the club. For boys and
girls ages 5-19*
Sunol Glen School
11601 Main St., Sunol
(925) 862-2026
www.sunol4h.shutterfly.com

Friday, Sep 13

Wheel of Genres \$
10 p.m.
*Founding Fathers of Made Up Theater
perform*
Made Up Theatre
4000 Bay St., Suite B, Fremont
(510) 573-3633
www.madeuptheatre.com

Friday, Sep 13

Hayward Mariachi Festival
5 p.m. - 9 p.m.
*Bands, dancers, kids' activities, outdoor
market*
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.hayward.org

Friday, Sep 13

**Fremont Family Resource
Center Anniversary \$R**
6 p.m. - 9:30 p.m.
*Concert and buffet dinner to benefit
resource center*
Campo di Bocce
4020 Technology Pl., Fremont
(510) 651-2500
http://www.fremont.gov/228/Family-
Resource-Center

Friday, Sept 13 – Sunday, Sept 15

**Middle Eastern and Greek Food
Festival**

Friday: 6 p.m. – 10 p.m.
Saturday: 12 noon – 10 p.m.
Sunday: 12 noon – 8 p.m.
Mediterranean food, dance, live music
St. James Orthodox Church
195 North Main St., Milpitas
(408) 934-1794
www.sjorthodox.org/festival.html



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www.DriversForSurvivors.org

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510-745-1480
www.aclibrary.org



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Saturday, Sep 14
Old Alvarado Walking Tour
11 a.m.
Discussion of historical buildings
Alvarado Elementary School
31100 Fredi St., Union City
(510) 471-1039
www.museumoflocalhistory.org

Saturday, Sep 14
Coffee with a Cop
11 a.m. - 2 p.m.
Have a cup of Joe with Newark's finest
Starbuck's Coffee
35040 Newark Blvd., Newark
(510) 578-4929

Saturday, Sep 14
Tail Wagging Tales
11 a.m. - 12 noon
Come read stories to Bentley, a trained therapy dog
Centerville Library
3801 Nicolet Ave., Fremont
(510) 795-2629
www.aclibrary.com

Saturday, Sep 14
The Jones Gang \$
7 p.m. - 9 p.m.
Evening of rock, folk, gospel, country
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.braskhouseconcerts.com

Saturday, Sep 14
Second Saturday Author Series
2 p.m. - 4 p.m.
Dave Storm reads "Super Holly Hans-son in Super Bad Hair Day"
Half Price Books
39152 Fremont Blvd., Fremont
(510) 744-0333
www.cwc-fremontareawriters.org

Saturday, Sep 14
Library and Community Learning Center Open House
10 a.m.
Look inside the new main library
Hayward Main Library
888 C St., Hayward
(510) 881-7980

Saturday, Sep 14
Global Warming Workshop
9:30 a.m. - 12 noon
Focus on global warming. Snacks pro-vided
Mission Peak Unitarian Universalist Congregation
2950 Washington Blvd., Fremont
(510) 490-0200
jgoby@hotmail.com

Saturday, Sep 14
Bird Walk: Just Passing On By \$
9 a.m. - 12 noon
Search for migrating birds. Ages 12+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Saturday, Sep 14
Wake Up the Farm
10:30 a.m. - 11:00 a.m.
Help prepare a snack for the sheep and goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 14
Fun with Felting
11 a.m. - 12 noon
Make a felt toy to take home
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 14
Clothespin Dolls
1 p.m.- 2 p.m.
Create and dress up your doll to take home
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 14
Learn the Ropes
2:00 p.m. - 2:30 p.m.
Make a rope using an antique machine
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 14
Community Garden Ribbon Cutting
10:00 a.m. - 11:30 a.m.
Celebrate opening of the gardens
Hayward Community Gardens
25051 Whitman St., Hayward
(510) 881-7980
www.haywardrec.org/gardens

Saturday - Sunday, Sep 14
"Sugar Baby"
Sat. 8:00 p.m. - 9:30 p.m.; Sun. 2:00 p.m. - 3:30 p.m.
Modern and contemporary jazz performance by Bliss Dance Company
Ohlone College, Dance Studio Room 174
43600 Mission Blvd., Fremont
(510) 659-6258

Saturday, Sep 14
Tom Rigney and Flambeau \$
7:30 p.m.
Funky band plays New Orleans grooves
Castro Valley Center for the Arts
19501 Redwood Rd., Castro Valley
(510) 889-8961
www.cvartsfoundation.org

Saturday, Sep 14
5K Walk for Wellness
9 a.m. - 1 p.m.
Exhibit booths, mini-games, raffle
Town Fair Plaza
39100 State St., Fremont
https://www.active.com/fremont-ca/walking/5k-walk-for-wellness-2019

Saturday, Sep 14
Storytime with Ms. Reina
11 a.m.
Library theme
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Sep 14
Meet Author Jen Slumac
11 a.m.
Jen reads from her debut novel "soul-notskin"
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Sep 14
Documentary Film "The Great Invisible"
1:30 p.m.
A look at the Deep Water Horizon oil spill
Niles Discovery Church of Fremont
36600 Niles Blvd., Fremont
(510) 797-0895
www.nilesdiscoverychurch.org

Saturday, Sep 14
National Gymnastics Day
1 p.m. - 4 p.m.
Food, face painting, bounce house
Top Flight Gymnastics
5127 Mowry Ave., Fremont
(510) 796-3547
http://www.topflightfremont.net/

Saturday, Sep 14
Art Demo
2 p.m. - 4 p.m.
Susan Sarti shows how to bring colors and designs together
Adobe Art Center
20395 San Miguel Ave., Castro Valley
(510) 881-6735
www.adobegallery.org

Saturday, Sep 14
Cones with Cops
12 noon - 2 p.m.
Ice cream and conversation with Milpitas PD
Baskin Robbins
357 Jacklin Rd., Milpitas
bhinkley@ci.milpitas.ca.gov

Saturday, Sep 14
YouTube Celebrity Rachel Fong
2 p.m. - 4 p.m.
Author of "Kawaii Sweet World" gives talk and demo
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.sanleandro.org/depts/library

Saturday, Sep 14
Fun Family Pancake Breakfast \$
8:30 a.m. - 11:00 a.m.
Bring the family, meet wild critters from Sulphur Creek Nature Center
Hayward Area Senior Center

22325 North Third St., Hayward
(510) 881-6766
www.haywardrec.org

Sunday, Sep 15
Volunteer Day: Ohlone Village Site
10 a.m. - noon &
1:30 p.m. - 3:30 p.m.
Help clean, weed and renew the structures and village site. Ages 12+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Sep 15
Odd Fellows Summer Concert
1 p.m. - 5 p.m.
Gravity+4 and East Bay Youth Orchestra
Memorial Park
24176 Mission Blvd., Hayward
http://www.ci.hayward.ca.us
www.haywardlodge.org

Sunday, Sep 15
Leopard Shark Feeding Frenzy R
2 p.m. - 3 p.m.
Help staff feed aquarium residents
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Sep 15
Cooking in Country Kitchen
11 a.m. - 1 p.m.
Sample food cooked on a wood-burning stove
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 15
Corn Mosaics
1:30 p.m. - 2:30 p.m.
Make a craft using harvested Indian corn
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 15
Meet the Chickens
10:30 a.m. - 11:00 a.m.
Find out where they lay eggs and how they sleep
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 15
Baby Boomers Dance \$
2 p.m. - 5 p.m.
Wear 60's/70's outfit. Best outfit and dance contest with prizes
Holy Ghost Hall
16490 Kent Ave, San Lorenzo
(510) 329-1705

Monday, Sep 16
East Bay Community Energy
7 p.m.
Community Advisory Committee meeting open to the public
Hayward City Hall
777 B St., Hayward
(510) 208-0410

Tuesday, Sep 17
Public Hearing
6:30 p.m.
Transition to a new system of electing governing board members
New Haven Unified School District Office
34200 Alvarado-Niles Road, Union City
(510) 471-1100
(510) 476-2611

Tuesday, Sep 17
Weekday Bird Walk
7:30 a.m. - 9:30 a.m.
Enjoy bird life on a tranquil trail. Bring water, sunscreen and binoculars. Ages 12+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220

Tuesday, Sep 17
Academia De Tango Argentino
6 p.m. - 8 p.m.
Lecture and Demonstration of Tango
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.sanleandro.org/depts/library

Summer brings live music

Summer is the perfect time to lay out a blanket or pull up a lawn chair and listen to your favorite bands (or discover new ones!) in the long pleasant evenings around the East Bay.

HAYWARD

Summer Music in the Park
Presented by Hayward Odd Fellows & H.A.R.D

Sundays, 1 p.m. – 5 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
haywardrec.org

Sunday, Sept 15: Gravity +4 and East Bay Youth Orchestra
Sunday, Sept 22: Fault Line Blues Band, Sycamore Beach Beatles and Mr. Eden High School Choir
Sunday, Sept 29: The Hypnotones, The New Naturals, Alrighty Then, and Hayward High School musicians

Wednesday, Sep 18
Glass Blowing Demonstration R
10 a.m. - 2 p.m.
Audience ideas welcome. Finished items available for viewing and purchase. Not suitable for young children
Erickson Arts
33449 Western Ave., Union City
(510) 579-5209
<http://olivehydeartguild.org/news-events/upcoming-programs>

Wednesday, Sep 18
Embrace the Artist Within You R
6 p.m. - 8 p.m.
Mind, body, spirit gathering for women. Adults only
Fremont Family Resource Center,

Pacific Room #H800
39155 Liberty St. (at Capitol),
Fremont
(888) 308-1767
(510) 578-8680
Shailajad@save-dv.org

Wednesday, Sep 18
Toddler Time
10:30 a.m. - 11:45 a.m.
Hear a story, do some chores, meet some farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Thursdays, Sep 19 - Oct 24
T'ai Chi Chih: Joy Through Movement \$R
12:30 p.m. - 1:30 p.m.
Class size limited. Register by 9/13
Dominican Sisters of Mission
San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
(510) 933-6360

Sunday, Sep 22
The "Other" Gospel People \$R
2 p.m. - 4 p.m.
Ministering inside California's penal system.
Dominican Sisters of Mission
San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
(510) 933-6360
Register by 9/16



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Brask Concerts brings back THE JONES GANG



SUBMITTED BY WAYNE BRASK
PHOTOS COURTESY OF JONES GANG

On Saturday, September 14, Jones Gang returns to Mission Coffee Roasting Company to deliver high-octane Americana, a blend of country and rock joining in a landscape roaming from gospel revival tents to Irish pubs. Their music ranges from New Orleans to Motown, from the myths of ancient Greece to the red dirt back roads of Waskom Texas.

Travis Jones (guitar/vocals) began as a four-year-old gospel singer. Since then, the grown-up Jones has performed in Europe while serving with the army, and spent time in live theater productions. Jones has shared the stage with Waylon Jennings, the Doobie Brothers, and been the lead voice of Houston Jones.

Henry Salvia (keyboard) grew up in Detroit and was interested in learning drums until he found the piano was even

larger and heavier. He moved to Los Angeles, and then to San Francisco to pursue his music career. Salvia has worked with Bo Diddley, Rickie Lee Jones, Johnny Adams, and Houston Jones. Joshua Zuker (bass) grew up in

Connecticut and studied classical composition, jazz performance, and ethnomusicology at Skidmore College in New York. He has worked with Renee Halcourt of Blame Sally, Caren Armstrong, and Houston Jones.

Peter Tucker is on drums. Rolling Stone described Tucker as “one of the most creative percussionists to emerge in rock music.” Tucker has been playing drums since the early 60s, and has performed with the Waybacks and Houston Jones.

The Jones Gang performs a strong original repertoire that ranges from Bluegrass and folk to Blues and gospel—with more than a little cowboy rock and roll thrown in there.

Concert starts at 7 p.m. Tickets are \$15, payments accepted at the door. Please bring cash.

Brask Concerts: The Jones Gang
Saturday, September 14
7 p.m. – 9 p.m.
Mission Coffee Roasting Company
151 Washington Blvd., Fremont
www.braskhouseconcerts.com
(510) 623-6920
Tickets: \$15



Environmental concerns

LETTER TO THE EDITOR

The publisher's editorial (Tri-City Voice 8/27/19), "A Silent Spring?" was a timely testament that environmental concerns are not new. Author of "Silent Spring", Rachel Carson expressed deep fears of a chemical Armageddon on our Earth. Such fears are as relevant today, probably more so.

I have read Silent Spring and sadly, the prolific unregulated greed of the worldwide chemical industrial complex

continues to pollute for profit; demand drives the market. A lazy public has cultivated a zero-tolerance toward nature's bounty of wild herbs (weeds). The common reluctance to pull a weed by hand or spade has spurred the development of the awesome weed-killer, glyphosate. The herbicide glyphosate is now a declared "cancer-causing agent" (World Health Organization). It is also suspect in the worldwide "honeybee colony collapse." No bees, no honey!

Unfortunately, weeds sprayed with glyphosate continue to poison any animal,

bird or insect that may be exposed by contact with the chemical. Have the Monarch Butterflies met their fate because of glyphosate? In Hayward, for the last five years, we have been sprayed (fumigated) almost on a nightly basis by small aircraft to eradicate the non-native West Nile Virus species of mosquito.

Again, this summer, there have been fewer butterflies, ladybugs and no singing crickets on warm nights in our neighborhood. It is useless to plant a garden if you live beneath the spray-targeted corridor, as the aerosol

insecticide being dropped also acts as a bleaching defoliant to plant and tree leaves. They wither and die. However, spider colonies in every shrub and tree seem to thrive.

I hope to hear that the Amazon rainforests have stopped burning. A news report said that fumigation spraying will soon begin around the Sacramento area "to eradicate the recently discovered non-native Zika virus mosquito.

Mary Gomez
Hayward

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Life Springs Hospice,
 60 Whitney Place,
 Fremont, CA 94539

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**Email resume
 asweet@husd.k12.ca.us
 Hayward Unified
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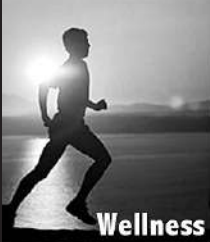
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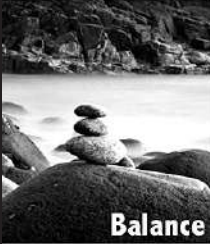
National Gymnastics Day 2019
sat, sept 14th 1-4pm

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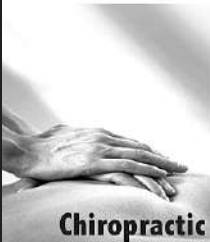
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SPORTS

Robber learns the hard way his victim knew how to box

AP WIRE SERVICE

A man looking to steal a cell phone may want to rethink his ability to size up victims after a woman he tried to rob turned to be a boxer who knows punching below the belt may be illegal in the ring but on the street it's a pretty effective way to stop and opponent.

Twenty-six-year-old Golden Gloves champion Claire Quinn says she was walking Sunday in

Chicago's Bucktown neighborhood when a man sucker punched her from behind and demanded her cell phone.

But Quinn fought back. And even though she was hit hard enough to suffer a concussion, she told the Chicago Tribune that she ``kept throwing my right hand into his groin."

Finally, the man ran off.

Police confirmed the attack but say no arrests have been made.

Danish city puts Vikings at crossing signals

AP WIRE SERVICE

It's safe to cross when the green Viking is walking, but stop when the red one is standing. That's the message to pedestrians in Aarhus as it unveils new crossing signals to celebrate the history of Denmark's second largest city.

City council member Buenyamin Simsek, in charge of technical matters, on Monday unveiled the first of 17 traffic signals featuring Vikings holding axes and shields, but no horned helmets – there is no evidence that Viking helmets really did have horns.

The lights will form a circle around downtown Aarhus, which was founded by the Vikings in the 8th century and became a bustling harbor city.

Football

Trojans JVs Dominate Vikings JV squad

SUBMITTED AND
PHOTOS BY
MIKE HEIGHTCHEW

The Irvington Vikings Junior Varsity were blanked on September 6th by the Junior Varsity Trojans of Castro Valley, 40-0. The lopsided score was indicative of the Trojans’ strength on both offense and defense.



SUBMITTED AND PHOTOS BY MIKE
HEIGHTCHEW

At the outset, two good defensive stands by the Irvington Vikings (Fremont) kept the game competitive on September 6th. However, the Trojans of Castro Valley offense proved to be overwhelming as they rolled to a 38-0 victory. A late offensive surge by the Vikings tested the Trojans’ defense, but it was too little, too late.

Football

Trojans overpower Vikings



Cougars Report

SUBMITTED BY TIM HESS

Volleyball

After dropping the first set in

competed in the Newark Memorial Cougar Classic Tournament September 6-7. With a record of two wins and one loss - Piedmont: 8-7 (W), Granada: 11-8 (W), James Logan: 15-8 (L) - the Lady Cougars took second place for the second year in a row!

She never gets down on herself which helps to pick the entire team up. Her relentless positivity inspires all those around her to follow and raises the energy on and off the court.
Varsity- Krystal Inoue
Even when she’s not the most confident in herself she always

Women’s Volleyball

Renegades Report

SUBMITTED BY JEREMY PENAFLO

Lady Renegades sweep tournaments:

Napa Valley Classic August 28, 2019

Ohlone d. Lassen College, 3-0 (25-11, 25-12, 25-10)
• Freshmen middle blocker Katie King led in hitting percentage (0.583) and kills with 8 on 12 attempts
• Sophomore setter Raychelle Rebosura-Castillo led in assists with 16
• Sophomore libero Elena Webster led in digs with 16, and in service aces with 5
Ohlone d. Napa Valley College, 3-0 (25-13, 25-19, 25-11)
• Sophomore middle blocker Daisy Armerding led in hitting percentage (0.714) on 5 kills in 7 attempts and 0 errors, and led in blocks with 2
• Freshmen outside hitter Clare Deal led in total kills with 11 on 23 attempts and 0 errors, giving her a 0.478 hitting per-

centage. She also contributed 10 digs
• Sophomore setter Raychelle Rebosura-Castillo led in assists with 18
• Sophomore libero Elena Webster led in digs with 21

Diablo Valley Classic September 6, 2019

Ohlone College def. College of Marin, 3-0 (25-18, 25-20, 25-23)
• Freshmen outside hitter Clare Deal led in kills with 12, and in service aces with 3
• Freshmen middle blocker Katie King led in hitter percentage (0.429) with 6 kills and no errors on 14 attempts
• Sophomore setter Raychelle Rebosura-Castillo led in assists with 24
• Sophomore libero Elena Webster led in digs with 31

Ohlone College def. Diablo Valley College, 3-0 (25-11, 25-8, 25-14)
• Freshmen outside hitter Clare Deal led in hitting percentage (0.588) and kills with 11 in 17 attempts and only 1 error
• Freshmen defensive specialist Veronica Brumburgh led in service aces with 7
• Freshmen setter Savannah Rampola led in assists with 16
• Sophomore libero Elena Webster led in digs with 11

LETTER TO THE EDITOR

Sense of hope for UPRR Greenway Trail

A recent editorial in Tri-City Voice discussed the seminal book by Rachel Carson, Silent Spring. The 1962 book addresses the environmental effects of contaminants in our water supplies, housing, cookware, and other products. The issue of environmental contamination hits home right here in Fremont. Per Proposition 65, the city needs to address the potential of arsenic, lead and benzene contaminants along a 1.7-mile easement, the abandoned Union Pacific Railroad (UPRR) line that runs right through the heart of Fremont.

It’s part of the East Bay Greenway Trail, first proposed in 1974, which will run from Oakland through Hayward and onward to Milpitas. In Fremont, a 1.7-mile segment of abandoned UPRR line runs from Alameda Creek near Vallejo Mill Elementary School to Central Park near Paseo Padre Pkwy. Plans from 2008–2009 (bit.ly/2Wovwx1 and bit.ly/2K6r7bv) estimated that the Greenway Trail would cost \$17 million. The city council spent \$300,000 for three feasibility studies which occurred in 2008, 2016 and 2018. The city negotiated a deal with UPRR in 2018, to purchase the easement for only \$3 million. Compare that to the \$230 million ACTC expects to spend to purchase 17 miles of easement between Oakland and South Hayward.

Earlier this year, city attorney Harvey Levine withdrew from the 2018 agreement, citing concerns about utility easements and the noise and dust from thousands of truckloads of soil to be removed. However, we understand that the real issue is contamination of the easement. The city has yet to notify residents alongside the easement of the specific risks, as required by state law (Proposition 65). The law requires that residents be warned of the presence of toxic substances like airborne lead, asbestos and benzene. The city and UPRR have made no provision for the cost of the cleanup.

The city ought to be forward-thinking and proactive. It should require environmental cleanup, and construct the long-planned north–south multi-use trail along the UPRR easement. The city claims 100,000 cubic yards (10,000 truckloads) could be removed from the Greenway Trail, equivalent to digging a trench six ft deep, 70 ft wide and 1.7 miles long. The excavation would serve no purpose, except to remove contaminants. The 2009 study called for removing only the top layer, or 10,000 cubic yards. According to the 2009 study, asphalt pavement (12-ft wide) would cap any potential contamination. The 2018 cleanup of the brickyard in Niles Canyon should serve as an example. It addressed petroleum distillates that were observed to be leaking into Alameda Creek. The oily sheen was a threat to the ACWD water supply and to Quarry Lakes.

The city and UPRR should proceed with the clean-up of the abandoned UPRR easement, to keep contaminants from leaching into our groundwater. Because of the potential environmental impact, the 1.7-mile cleanup needs a sense of urgency similar to the cleanup in Niles Canyon. At the same time, the UPRR cleanup should have a sense of hope—because of the benefits of multi-use paths for active transportation, public health and public safety.

wm. Yragui
co-founder
Mission Peak Conservancy



a September 5th contest with Balboa (San Francisco), the Lady Cougars varsity volleyball team regrouped and won the final three sets to win the match 3-1.
Water Polo
The Girls Water Polo team

Volleyball Champions of Character Junior Varsity: Celene Amaton:
Even since before the season began, Celene has always had a positive outlook on everything.

works her hardest to improve. She’s always focused and ready to adjust to whatever instructions are given to her. She’s humble and is always willing to learn or better herself for her teammates

Coastal Cleanup

SUBMITTED BY ALLISON RODACKER

Join Clean Water Volunteers on Saturday September 21 for a cleanup of the Castro Valley Creek Trail from Castro Valley Blvd. to the Castro Valley Library. Help beautify your local creek and earn some community service hours.
Students, community members and youth groups are welcome. We accept volunteers ages 10 and up; those under age 14 must be accompanied by a parent or guardian. Meet at the Castro Valley Creek Trail at 9 a.m. next to the KFC at 3625 Castro Valley Blvd. Please park at the adjacent CVS parking lot. Wear work clothes, sturdy shoes, and gloves if you have them. We’ll provide trash pickup gear, tools and loaner gloves. Please bring a refillable water bottle. Snacks provided!

Space is limited: Please sign up by Thursday, September 19.
For more information and to sign up, please visit: <http://cvcreektrailclean.eventbrite.com>. To learn more about the creek trail and San Lorenzo Creek watershed, visit www.friendsofsanlorenzocreek.org.

Castro Valley Creek Cleanup
Saturday Sept 21
9 a.m. - 12 noon
3625 Castro Valley Blvd., Castro Valley
Park next to CVS
<http://cvcreektrailclean.eventbrite.com>
DEADLINE: Thursday, Sept 19



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Get our App and you will always know what is happening. We also have the back issues archived

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

San Leandro city council

September 3, 2019

- Recognitions:**
Declaring Saturday September 12, 2019 as Ivan G. Cornelius Day.
- Presentations:**
- Presentation by Nelson Nygaard consulting on San Leandro FELX Shuttle Expansion plan and recommendations on improving route services and hours, expand outreach, and provide multilingual services. The project began in 2017 to provide recommendations on how to best fit the service to the needs of community members.
 - San Leandro opportunity zone dashboard presentation.
 - Approve two loans totaling \$600,000 to assist and renovate the Boys and Girls club building on Marina Boulevard. The grand opening planned to be by 2020.
- Public comments:**
- Resident concerned with police control over body cameras, police department policies for releasing footage, and additional fees applied to requestors of video files.
- Consent Calendar:**
- Nominate Alberto Perez Rendon as District 5 representative to the arts commission.
 - Approve consulting services agreement with San Leandro chamber of commerce for \$50,000.
 - Reject all bids for the 2017-2018 pedestrian crossings improvements project.
 - Approve consulting services agreement for \$66,000 with Trafficware Group Inc. to provide system maintenance and support of city's advanced traffic management system software and software.
 - Accept work of Columbia Electric, Inc for the 2016-2017 pedestrian crossing improvements phase 2 project at intersection of Wicks Boulevard and Burkhart Avenue.



Real Estate Owner of Cornelius & Company and San Leandro High Alumni, Ivan G. Cornelius was recognized by the city for his leadership and encouraging innovating ideas as a result, Saturday September 14, 2019 was declared as Cornelius day.

- Accept the work for pedestrian crossings improvements of rectangular rapid flashing beacons at four locations citywide: at intersections of Bancroft Avenue and Dowling Boulevard, Doolittle Drive and Bermuda Avenue, Estudillo Avenue and Collier Drive and Teagarden street at Lincoln High School.
- Accept work for annual street sealing 2017-2018 project performed by American Pavement systems Inc.
- Execute amendment to non-professional services agreement with Flagship Facility Services Inc. for citywide janitorial services for \$709,674.60 plus additional unscheduled services for amount not to exceed \$18,652.20.
- Amend City of San Leandro administrative code pertaining to street tree policy and procedures. Council agreed to further discuss recommendations for the language of resolution and a fine of up to \$1,000. 5-2 (Nay; Mayor Cutter, Hernandez)
- Execute existing non-professional services agreement with adopt a Highway Litter Removal Services of America, Inc. on the city-adopted section of interstate 880 in the amount of \$31,152 for fiscal year 2019-2020 and three additional one-year extensions for the same amount subject to consumer

- price index.
- Execute a non-professional services agreement with Synargo-WWT, Inc. for amount not to exceed \$262,500 for the water pollution control plant (WPCP) sludge haul 2019-2020 project.
 - Approve the city's grant application to the California Department of Parks and Recreation for up to \$4.47 million to renovate Memorial Park.
 - Amend ordinance of the City of San Leandro municipal code relating to Wastewater charges and fees.
- Report on Closed Session Action Items:
- City council approved settlement of \$195,000.
- City Council Reports:**
- Vice Mayor Lopez attended the HELO (Hispanic Elected Local Officials) summer conference Hispanic Elected Group for National League of Cities held in Ridge Port Connecticut conference along with councilmember Aguilar and served as panel member for workshops that discussed safer communities, diversity inclusion, discussion on redlining, discussion on the census and providing resources for communities.
 - Councilmember Aguilar attended HELO conference and attended workshops on race equity and inclusion, discussion on the census, immigration policies,

- smart cities workshop. He also attended the Alameda county mosquito meeting, to report no west nile virus.
- Mayor Cutter attended the CASA (California Association of Sanitation Agencies) conference and PFAS on polyfluoroalkyl substances (pieces of plastic found in blood as a result of clothing, washing machines, sanitary wipes being dumped into sewage system, which causes them to dissolve into water system).
- City Council Requests to Schedule Agenda Items:**
- Councilmember Aguilar would like to form a committee regarding the 2020 census.
 - Councilmember Lee requesting to recognize activist Russell Means (involved in wounded knee and occupation of Alcatraz, San Leandro High Alumni 1958) who passed away in October 2012. He was a civil rights activists, writer, actor and musician.
 - Lee requested a community awareness notice on the capital corridor train passing.
 - Lee requested to verify unfair advantage for councilmembers running for vice mayor headed to rules committee.
 - Vice Mayor Lopez wanted to issue a proclamation recognizing the importance of the constitution suggested by the American Daughters of the Revolution.
 - Moment of silence held to commemorate former Hayward Mayor Roberta Cooper, San Leandro resident and former councilmember Richard Suarez, Landowner Maria Cabral, District Four member Audrey Alvarez, Las Positas/Chabot college board member, Isabel Drowsy.

Mayor Pauline Russo Cutter Aye	
Vice Mayor Corina Lopez	Aye,
1 Nay	
Deborah Cox	Aye
Ed Hernandez	Aye, 1 Nay
Victor Aguilar	Aye
Benny Lee	Aye
Pete Ballew	Aye

2019 Building Code Update

SUBMITTED BY CITY OF FREMONT

On Thursday, September 19, the City of Fremont will host an informational meeting about changes to the California Building Standards Code, including local fire, building, and green energy code amendments. The 2019 California Building Standards Code becomes effective on January 1, 2020. The public is encouraged to attend the informational meeting to understand what building and fire code changes are forthcoming. For more information, call Building Official Gary West at (510) 494-4413.

Building Standards Code information
Thursday, Sept 19
3 p.m. – 4 p.m.
Development Services Center, Niles Conference Room
39550 Liberty St., Fremont
(510) 494-4413

Santa Clara County Counsel Sues TurboTax Maker

SUBMITTED BY SCC PUBLIC AFFAIRS

Santa Clara County Counsel James R. Williams filed a lawsuit on September 6, 2019 on behalf of the People of the State of the California against Intuit, Inc., the maker of the electronic tax preparation software TurboTax. The lawsuit accuses Intuit of deceiving taxpayers, including low-income taxpayers who were entitled to free tax filing, into paying for expensive tax

preparation products Intuit promised would be free. “Though predatory and deceptive actions, Intuit has made hundreds of millions of dollars in unfair profits on the backs of California taxpayers,” said Santa Clara County Counsel James R. Williams. “This includes low-income families who paid Intuit for services that Intuit promised the IRS and the public it would offer for free. Many of the customers who were harmed by Intuit’s actions are vulnerable Santa Clara County residents struggling to make ends meet. We are suing to make sure Intuit cannot make profits by engaging in deception and lies targeting middle- and low-income families.” The lawsuit alleges that Intuit intentionally and deceptively steered taxpayers to TurboTax and away from free alternatives,

promising consumers they could file their taxes using TurboTax “for \$0” or “free free free.” But the promises of free filing were a sham for most people. Once customers clicked a “File for \$0” button and spent hours entering their tax information, Intuit falsely told them they needed to pay \$100 or more to upgrade to another version of TurboTax to “accurately file” their taxes. The upgrade had nothing to do with “accuracy” and was instead designed to maximize Intuit’s profits. According to the lawsuit, Intuit’s actions toward low-income taxpayers were particularly egregious. Intuit entered into an agreement with the IRS to allow low-income customers to file their taxes for free, and Intuit offers a truly free tax preparation product to satisfy this promise. But, the lawsuit alleges, Intuit hid this free

product—making sure it didn’t appear in Google search results and leaving it off the listing of TurboTax products on Intuit’s website—to make it all but impossible for struggling taxpayers to find. Instead, Intuit funneled these taxpayers to Intuit’s costlier TurboTax versions, sacrificing funds they needed for necessities like rent, groceries, and gas. The lawsuit is a civil law enforcement action brought under California’s False Advertising Law, and seeks a court order requiring Intuit to pay restitution to the taxpayers it has unfairly charged for tax preparation services, and obtain civil penalty payments from Intuit to discourage it from engaging in deception in the future. The case is People of the State of California v. Intuit, Inc. (Santa Clara County Superior Court, Case No. 19CV354178).

California Senate OKs expansion of ‘red flag’ gun law

AP WIRE SERVICE

Employers, co-workers and teachers could ask judges to take away guns from people who are deemed a danger to themselves or others under a bill that has cleared the California Senate. California enacted a so-called “red flag law” that took effect in 2016. But it only allows law enforcement and immediate family members to ask judges for gun restraining orders. Assembly Bill 61 by Democratic Assemblyman Phil Ting of San Francisco would expand that law. Ting introduced the bill in response to a November 2018 mass shooting in Thousand Oaks, California, where 12 people were killed. The gunman, Ian David Long, had shown signs of instability to family and friends. Groups advocating gun rights and civil liberties oppose the bill, which still must be approved by the state Assembly.

OPINION



WILLIAM MARSHAK

These fateful words were spoken by Command Module Pilot Jack Swigert of the 1970 Apollo 13 flight crew when unexpected catastrophic events aboard the spacecraft threatened his life and those of Commander Jim Lovell and Lunar Module Pilot Fred Haise. True to form and training, the crew responded in a calm, rational manner in coordination with a support team in Mission Control, while over 200,000 miles from the Earth's surface. Dire consequences were possible, even probable, but through the hardships and obstacles, a combination of determination and creative solutions brought the mission, launched on April 11th, to what Lovell called "a successful failure."

Lessons were learned from the experience including attention to small details that precede a decision and may offer a warning. In an article about the flight by Lovell, he says, "Looking back, I should have been alerted by several omens that occurred in the final stages of the Apollo 13 preparation." In addition, he notes "a lot of innovation" that included expertise of the crew, new procedures and "teamwork between the

'Okay Houston, we've had a problem here'

ground and flight crew that resulted in a successful return."

Difficult problems require a systematic and coordinated effort to achieve a desired result. When emotional factors are involved, methods can be skewed toward unsatisfactory conclusions, reducing effectiveness. In the case of political decisions, added factors of economic pressure and electoral influence add to the mix. Often, governing bodies are asked to approve routine items with little controversy or debate. However, when decisions are required in the midst of sensitive and raucous debate, the odds of success decline.

Currently, a major challenge facing the Fremont community is a proposed Navigation Center to assist homeless individuals find permanent housing and develop habits to ensure successful reintegration with acceptable societal behavior. The multi-faceted problem of homelessness is difficult to categorize and should not be shaped by foregone conclusions looking for a rationale. As the astronauts of Apollo 13 faced seemingly insurmountable problems and used ingenuity and a team approach to achieve a successful conclusion, so too can a calm analysis determine a viable solution to the furor surrounding the Navigation Center.

Lovell overlooked several key indicators of problems and, in retrospect, understood their significance. Looking back at the genesis of the Navigation Center, several preliminary decisions might have been handled in a more

sensitive manner. However, this is not the time for a full analysis of past behavior. Elected representatives are faced with a decision now and have collected a plethora of information – data from other navigation centers, survey responses, public oral and written statements. With a divided constituency, each councilmember must show courage and commitment to follow their conscience. It is only through firm, affirmative action by our representatives that a path toward success can be possible. Time will tell if the right decision is made, but without a solid commitment, failure is probable.

Hopefully, following a decision about the Navigation Center, Fremont staff and councilmembers will analyze the process and factors that led to upheaval in order to moderate such conflicts in the future. When the call goes out, "Fremont, we have a problem here," the response and conclusion will be as successful and heartening as when three intrepid astronauts were safely recovered from their charred command module on April 17, 1970 by USS Iwo Jima in the Pacific Ocean.

William Marshak
PUBLISHER

Be cautious around light rail trains and busses

SUBMITTED BY
VALLEY TRANSIT AUTHORITY

In recognition of Rail Safety Month in September, officials from the Valley Transit Authority (VTA) are reminding people that safety around all VTA light rail stations and tracks should never be ignored.

Light rail trains can weigh around 100,000 pounds — that's 50 tons of metal that can't stop at a moment's notice or swerve out of the way. Be smart and obey the various signs and warning devices before crossing the tracks. It's also important that pedestrians, bicyclists and drivers must be aware they share the roads with these massive trains, as light rail tracks are on the same grade level as streets.

Please remember the following safety tips when traveling on or around the VTA bus or light rail system:

Stop when the crossing arms are down. Do not enter the train's right of way even if you don't see the train coming. Even if a train has already passed, you can expect a second train coming from the other direction. Do not proceed until the arms have lifted.

Look both ways before crossing tracks. Watch for warning signs and stay behind the yellow line when you're on a light rail platform.

Remove your headphones and listen for the light rail train and any audible warning signals that let you know a train or bus is approaching a stop or intersection.

Pay attention to warning signs and street and pedestrian crossing gates. They are there to protect you and remind you to only cross the tracks when it is safe to do so.

Here are tips to follow when you're trying to catch a train:

Don't run across the street or tracks to catch your train! Give yourself extra time to catch your ride. Another train will be along shortly.

Stay behind the yellow safety strip when waiting for your train. Standing near the edge of the platform is extremely dangerous.

Use a Clipper card or the EZfare mobile fare app so you won't be in a rush to pay your fare at the ticket vending machine before boarding.

Report safety concerns on and around VTA using the VTAlerts app or by calling VTA Customer Service at (408) 321-2300. For more information about VTA light rail and bus service in Milpitas and throughout Santa Clara County, visit the VTA website at www.vta.org.



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www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Mary E. George
Resident of Fremont
January 6, 1928 – September 7, 2019
Fremont Chapel of the Roses

Nuel Veloso
Resident of Union City
July 31, 1942 – September 5, 2019
Fremont Chapel of the Roses

Michael C. Keily
Resident of Fremont
September 13, 1942 – September 4, 2019
Fremont Chapel of the Roses

Gunter Paul Barth
Resident of Fremont
August 12, 1937 – September 3, 2019
Fremont Chapel of the Roses

Sylvia J. Chavez
Resident of Hayward
July 14, 1950 – August 30, 2019
Fremont Memorial Chapel

Charlotte Leinaala Ahnee
Resident of Hayward
October 26, 1938 – August 29, 2019
Fremont Memorial Chapel

Maria Jose Rosa
Resident of Fremont
September 2, 1960 – August 27, 2019
Fremont Memorial Chapel

Helen T. Kato
Resident of El Cerrito
June 6, 1930 – August 26, 2019
Fremont Memorial Chapel

Purificacion Salak
Resident of Newark
December 17, 1934 – August 20, 2019
Fremont Memorial Chapel

Abram Isaakovich Voskoboynik
Resident of Fremont
February 9, 1936 – August 19, 2019
Fremont Chapel of the Roses



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40842 Fremont Blvd, Fremont

Sister Angela Marie Hinckley
Resident of Fremont
December 13, 1921 – September 4, 2019

Franklin Blauvelt Sr.
Resident of Fremont
March 3, 1930 – September 3, 2019

Ananda Rao Dudala
Resident of San Ramon
March 29, 1974 – September 1, 2019

Mohan Setia
Resident of San Ramon
December 12, 1933 – September 1, 2019

Babulal Sarda
Resident of San Jose
November 30, 1935 – August 31, 2019

Tina Truong
Resident of Fremont
May 15, 1956 – August 31, 2019

Vasanti Shah
Resident of Fremont
March 13, 1937 – August 29, 2019

Rangaraju Bobburi
Resident of San Jose
February 10, 1963 – August 30, 2019

Thomas Evernden
Resident of Fremont
April 18, 1956 – August 27, 2019

Mitchell “Mercury” Kepler
Resident of San Francisco
July 25, 1967 – August 26, 2019

Constance Scott
Resident of Manteca
October 11, 1949 – August 26, 2019

Angie Pine
Resident of Newark
October 21, 1919 – August 26, 2019

Russell Allgire
Resident of Fremont
March 17, 1956 – August 25, 2019

Yueh Er Wang
Resident of Milpitas
June 18, 1933 – August 25, 2019

David Smith
Resident of Pacifica
September 15, 1946 – August 23, 2019

Jack Gephart
Resident of Fremont
August 21, 1957 – August 23, 2019

Bhan Mati
Resident of Hayward
July 11, 1933 - August 22, 2019

Obituary

Bob Tabuchi



Bob Tabuchi of Fremont, California went to his heavenly home on August 18, 2019. He was 88. Bob was born in Fairfield, CA on May 13, 1931 to Takeshi and Ichiye Tabuchi, and was the youngest of 8 siblings. He grew up in Fairfield, California, and his family worked the strawberry fields as sharecroppers, around Aptos and San Juan Bautista. His family was interned in Poston, Arizona during World War II. After the war, he lived in San Francisco, where he graduated from Commerce High School in 1949.

He served in the US Navy during the Korean War, and was stationed at Pearl Harbor. He returned to California after the war, and met his wife Emi (Niiya) in San Francisco, and they married in 1960. He worked at Leslie Salt in purchasing, and went on to work at Tab Products in Turlock, and CASI in Hayward. He enjoyed golf, fishing, and working in the garden. He was an active member of the San Lorenzo Japanese Christian Church, and helped plant the Fremont Asian Christian Church.

He is survived by his wife Emi, his son Grant, and daughter DeAnn (Okamura). He also

leaves his two beloved grand-daughters, Eliza and Kalina. He is survived by his sisters, Sueko Imagawa, Lois Yonemoto, and Shigeko Ueda, as well as many nieces and nephews. He was predeceased by his siblings, Bill Tabuchi, Hana Hori, Mineko Moriya, and Ida O’Connell.

Throughout various ailments, and hospital stays, he never complained. He was joking with the hospital staff to the very end, and will be remembered for his quick wit, and sense of humor.

A Memorial Service was held at San Lorenzo Japanese Christian Church, 615 Lewelling Blvd. in San Leandro on Saturday, August 31st, 2019.

Obituary

American High School Teacher
Scott Chan



This morning we were saddened to learn of the death of Raymond (Scott) Chan. Mr. Chan, his wife, and his child, died over the weekend in the tragic boat fire off the coast of Santa Barbara. Mr. Chan taught AP Physics 1 and AP Physics C at American for the past three years.

Mr. Chan was a beloved teacher at AHS among students and colleagues. His students knew him to be an innovative and inspiring teacher who developed a passion for physics among his students. His loss is a tremendous tragedy for our school district.

To assist students and staff in coping with this loss, a special district crisis intervention team will be on the AHS campus this week. The team includes school staff (counselors, psychologists, and nurses) and district level personnel who have been specially trained to assist in crisis situations. An increased level of individual and group counseling services has been made available. We will continue to provide these services to students as long as they are needed.

Obituary

Charlotte Leinaala Ahnee
Resident of Hayward
October 26, 1938 – August 29, 2019

Charlotte Leinaala Ahnee was born on October 26, 1938 in Hawaii and entered into rest on August 29, 2019 in Hayward, CA at the age of 80. She was a beloved mother, sister, grandma, auntie, neighbor, and friend. Ohana was her life and she had room in her heart for everyone she met. She is survived by her loving sisters Darling, Theresa and Sheila; six children including Stanley (Honi), Kelly and Bobby; her three daughters, Laura, Donna and Charlotte. Adoring grandmother to Jordan, Skyler, Peyton, Benjamin, Donovan, Austin and Mason.

A native of the Hawaiian Island of Oahu, she carried the Aloha Spirit with her to the mainland and settled in the



Bay Area. She loved to dance the hula, play ukulele, and was a singer at heart. All that knew her

understood her voice. She was a woman with an extensive vocabulary and was proficient in the use of four-letter words. She may not have been famous but she was infamous with an unforgettable spirit who played a big part in the lives of many.

She is loved and will be greatly missed.

A Memorial Service will be held at 11:00 AM, Friday, September 13, 2019, Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont.

Fremont Chapel of the Roses
510-797-1900

Obituary

Mary E. George
Resident of Fremont

January 6, 1928 – September 7, 2019

Mary E. George, beloved wife, mother, grandmother, great grandmother, & sister passed peacefully on September 7th, 2019 in her home In Fremont with family by her side. She is survived by her two children Nancy McDonough (Bernard)of Fremont, Glenn (Thaya)of Cook, Washington, her grandchildren Caylen, Erin, & Zachary, great granddaughter Nyla Rose, & many nieces and nephews. She is preceded in death by her loving husband Frank George, her brother Joe Freitas & her sister Helen Lawrence.

Mary was born on the island of Flores, Azores in 1928 and has been a Fremont resident since 1949. Mary was devoted to her

family, home, garden, and faith. She lived a beautiful life.

Visitation will be held 4:00 – 8:00 PM Thursday, September 12, 2019 with a Vigil Service at 6:30 PM, Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont. Funeral Mass will be held Friday, September 13, 2019 at 10:00 AM, Holy Spirit Catholic Church, 37588 Fremont Blvd, Fremont. Burial to follow at Holy Sepulchre Cemetery, 26320 Mission Blvd., Hayward.

Fremont Chapel of the Roses
510-797-1900

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Obituary

Nuel Veloso

Resident of Union City

July 31, 1942 – September 5, 2019

Nuel Veloso was born on July 31, 1942 in the Philippines and entered into rest on September 5, 2019 at the age of 77.
Visitation will be 4:00 – 8:00 PM, Wednesday, September 11, 2019 with a Vigil Service at 7:00 PM, Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont.

Funeral Mass will be held at Thursday, September 12, 2019 10:00 AM at Saint Anne Catholic Church, 32223 Cabello St, Union City. Burial to follow at Skylawn Memorial Park, Hyw. 92 at Skyline Blvd., San Mateo.

Fremont Chapel of the Roses
510-797-1900

Milpitas City Council

September 3, 2019

Pledge of Allegiance was led by the Boy Scouts Troop 92
Proclamations:
• Proclaimed September 2 - 6 as National Payroll Week
• Proclaimed September as Pain Awareness Month
• Proclaimed September 8 – 12 as Suicide Prevention Week
Consent Calendar:
• Adopted Ordinance relating to Parking Time Limited on Certain Enumerated Streets.
• Adopted Ordinance relating to temporary public safety facilities.
• Adopted a resolution approving the Green Stormwater Infrastructure Plan.
• Authorized Subdivision Improvement Agreement with Toll West Coast LLC.
• Approved the conceptual plan for Sandalwood Park Renovation.
• Authorized FY 2020 Office of Traffic Safety Selective Traffic Enforcement Program Grant.
• Approved applications for Hangeul Day on September 19, 2019 at Milpitas Library and

Mid-Autumn Festival at SJCC Milpitas Extension on September 28, 2019.
• Authorized Mayor's response letter to the 2018-2019 Santa Clara County Civil Grand Jury Final Report "Inquiry into the Governance of the Valley Transportation Authority."
Public Hearings:
• Conducted a Public Hearing and Approved the City of Milpitas 2019 Public Health Goals Report on Water Quality.
• Initiated a Public Hearing on the Draft FY 2018-2019 Community Development Block Grant (CDBG)'s Consolidated Annual Performance Evaluation Report (CAPER). The hearing will be continued at the next Council meeting.
• Initiated a Public Hearing on the Summary Vacation of an Existing Public Service and Utility Easement at 1646 Centre Pointe Drive. The hearing will be continued at the next Council meeting.

Rich Tran (Mayor)	Aye
Karina Dominguez (Vice Mayor)	Absent
Carmen Montano	Aye
Bob Nunez	Aye
Anthony Phan	Absent

Coffee and conversation with a cop

SUBMITTED BY NEWARK PD

Community members, students and local business owners in Newark are invited to a meet-and-greet "Coffee with a Cop" event on Saturday, September 14 in Newark. Sponsored by the Newark Police Department, the 11 a.m. – 2 p.m. event will be at Starbuck's Coffee on Newark Boulevard.
The informal gathering is designed to let people ask questions or voice neighborhood concerns with members of the Newark Police Department in a relaxed setting. Admission is free and open to the public.

Coffee with a Cop
Saturday, Sept 14
11 a.m. – 2 p.m.
Starbuck's Coffee
35040 Newark Blvd., Newark
(510) 578-4929

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LETTER TO EDITOR

Homeless Navigation Center

In January 2016, the Fremont City Council endorsed the Fremont Charter for Compassion. The burden of city leadership in the area of homelessness has been heavy since the 2019 homeless count revealed an increased number of people living in our parks and on our streets. The council can do the right thing and show moral leadership by approving the Homeless Navigation Center (HNC) in September.
A recent survey in Alameda County showed that over 80 percent of us thought that the homeless situation could be improved. Although some residents are fearful of the HNC, the silent majority recognizes that we must act compassionately to help the unhoused in Fremont. State grant money is available now and the city owns land on which to

build. The police chief has stated that the HNC will make the city safer for all. Our goal is to alleviate suffering by helping people transition into permanent housing.
Now is the time to act on the problem of limited housing supply and high rents. Most homeless people are senior citizens, disabled people, veterans, or families. Some of them have jobs, but don't earn enough money to afford a place to live. The HNC will offer a clean, safe, calm environment and the support they need to solve their problems. Bay Area Community Services has succeeded in this endeavor in Berkeley.
We pledged to be a compassionate city, and now we must act on that pledge by supporting the most vulnerable among us. We encourage the city council to implement the HNC to show that in Fremont, we express compassion through deeds, not just words.

Sr. MarieAnnette Burkart
Compassion Network

LETTER TO THE EDITOR

The poop problem at Maloney

I have noticed excessive dog poop at Tom Maloney Elementary School; dog walkers are walking their dogs after school hours and do not pick up the dog poop. They may not know where their dog is pooping since they are letting them run unleashed.

When I went to drop my child off at Tom Maloney Elementary school, I saw another young child stepping in it without knowing. Diseases like Parvo are easily transmittable via feces. It's harmful for the environment. Dogs can harbor lots of viruses, bacteria and parasites — including harmful pathogens like e coli, giardia and salmonella. These bacteria and parasites can actually linger in the soil for years.
Diseases from dog poop are not the only reason dog waste is harmful. Feces in the water supply contributes nutrients that lead to overgrowth of harmful

algae and weeds, killing fish and other wildlife.
As a highly concerned parent, I called the Fremont police. The operator informed me that they do not have enough staff to cite dog walkers.
How can someone be so irresponsible and not pick up after dogs in an educational environment where there are so many young children?

Hyacinth Punitharajah
Fremont

Man reunites with \$23K found in recycling sorting facility

AP WIRE SERVICE

A man who accidentally tossed \$23,000 into the recycling bin reunited with his life savings Saturday after a worker at a recycling facility in Northern California spotted a shoebox stuffed with money.
When the man from Ashland, Oregon, realized his mistake on Thursday, the recycling bin had already been emptied into a truck bound for the Recology sorting facility in Humboldt County.

The facility's general manager told the Santa Rosa Press-Democrat most of the recyclables from the truck had been sorted by the time the man contacted Recology. Workers were nonetheless told to be on the lookout for the box.
Someone spotted the box down the sorting line Friday and recovered all but \$320. The money somehow stayed in the box during the 200-mile trip to the facility.

Police: Fake cop busted pulling over real detectives

AP WIRE SERVICE

Police in the New York City suburbs say they've arrested a fake cop who tried to pull over real detectives.
Nassau County police say Valiery Portlock sounded a horn and flashed emergency lights Friday morning as he an attempt to pull over a van in Hicksville, Long Island.

The unmarked van turned out to be occupied by detectives from the department's electronics squad.
Police say that once the detectives identified themselves and approached his vehicle, the 25-year-old Portlock swerved his Nissan Sentra into oncoming traffic and sped to the Long Island Expressway.
Police say highway patrol officers eventually pulled Portlock over and arrested him without incident.
He is in custody pending arraignment Saturday on charges including criminal impersonation and reckless endangerment. Court records do not list a lawyer who could comment on his behalf.

Honor Roll

The University of Alabama
Summer 2019 graduate
• Yanxiao Ma of Milpitas

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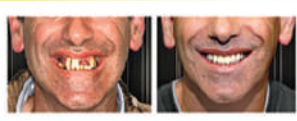


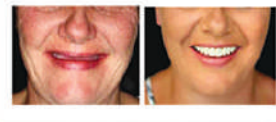
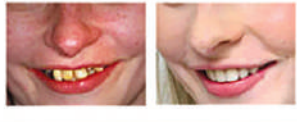
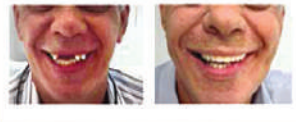
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BART
Police Log

SUBMITTED BY
LES MENSINGER AND
BART PD

Friday, August 30

• At 11:52 p.m. a man identified by police as Chad Nettles, 38, of Oakland was arrested at Castro Valley station on suspicion of trespassing and was booked into jail.

Milpitas
Police Log

SUBMITTED BY
SGT. STEVE PARODI, SGT.
TYLER JAMISON AND
DET. KEVIN JACKSON,
MILPITAS PD

Tuesday, August 27

• At about 7 a.m. officers responded to a report about a residential burglary on the 1400 block of Currant Drive. Someone had entered an open garage door and taken a \$1,700 bicycle. On the same day, a resident on the 200 block of Garden Street made an online report of a package theft. In both cases officers were able to get surveillance camera footage and determined that the same person was responsible for the burglary and package theft. Officers shared the footage with other area law enforcement agencies. Officers from the Santa Clara Police Department and the Alameda Police Department were quickly able to identify the suspect as Patricia De Abreu, of San Jose. Milpitas Police Detectives located De Abreu at her home and took her into custody. She was booked into Santa Clara County Main Jail.

• At 8:13 a.m. officers responded to a report about a burglary alarm activation at

Saturday, August 31

• At 12:12 p.m. a man identified by police as Randy Childs, Jr. 38, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of making criminal threats, domestic violence and probation violation. He was issued a prohibition order and booked into Santa Rita Jail.

Tuesday, September 3

• At 7:30 p.m. a man identified by police as Musheer Loudermilk, 32, of Oakland was arrested at San Leandro station on suspicion of public intoxication and probation violation. He was booked into Santa Rita Jail.

Wednesday, September 4

• At 8:49 a.m. a man identified by police as Gregory Minjarez, 20, of Oakland was arrested at Fremont station on a \$10,000 shoplifting warrant issued in Oakland. He was booked into Santa Rita Jail.

Thursday, September 5

• At 9:23 p.m. a man identified by police as Rudra Mitchell, 28, of Modesto was arrested at Hayward station on suspicion of robbery. He was issued a prohibition order and booked into Santa Rita Jail.

Bowlero, 1287 S. Park Victoria Drive. They found an open door, but nobody inside. Surveillance video showed a male entering the closed bowling alley through an unlocked door and taking food and alcohol. Officers recognized the suspect as Italo Paez-Alvarez, 29, a local transient. At 11:36 a.m. the next day officers responded to a burglary report at Milpitas Dental Center, 1101 S. Park Victoria Drive. Surveillance footage showed a suspect taking a laptop computer. Officers identified him as Paez-Alvarez and began a search. He eventually was found at 2:10 p.m. Thursday, Aug. 29 near Seasons Market-place on Landess Avenue. He was arrested for both burglaries and booked into Santa Clara County Main Jail. After being released from jail, Paez-Alvarez returned to the area and was found in possession of the laptop taken from Milpitas Dental Center. He was arrested for a second time and booked into Santa Clara County Main Jail on suspicion of possessing stolen property.

Monday, September 2

• At 6:26 p.m. an officer located an unoccupied 2015 Mercedes C25 reported stolen to the CHP in the parking lot of the Great Mall of the Bay Area. Eventually, officers saw a man—later identified as Javon Deshawn Williams, 20, of Richmond—enter the vehicle and drive away. Officers

attempted to make a vehicle stop, but Williams fled the area a high rate of speed. Officers used a device to deflate the vehicle tires forcing Williams stop the car on Interstate 880 near Brokaw Road. After a brief foot pursuit, Williams was taken into custody. A check showed he had a felony arrest warrant for a parole violation associated with a prior robbery. He was booked into the Santa Clara County Main Jail on suspicion of possessing a stolen vehicle, resisting and evading arrest and the outstanding warrant.

Wednesday, September 4

• At 6:08 p.m. officers responded to a call from a resident about a suspicious person in their residential backyard. The person apparently stole a bicycle but was gone by the time officers arrived. About two hours later an officer at the Great Mall of the Bay Area remembered the suspect's description and found him in the mall parking lot, about three miles from where the bicycle theft occurred. Officers stopped the suspect and identified him as Toan Pham Khanh Le, 26, of San Jose. He was arrested and the stolen bicycle was returned to the resident. Le was booked into Santa Clara County Main Jail on suspicion of theft, prowling, possession of a controlled substance, probation violation and being under the influence of a controlled substance.

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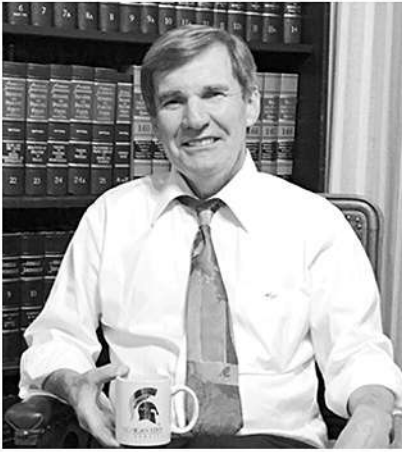
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Juris Doctor, University of Illinois (7th in class)
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Faculty Law Clinic Santa Clara University College of Law 1987
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GOLF CLASSIC ON TAP

SUBMITTED BY UNION CITY PD

Officials from the Union City Police Officer's Association (UCPOA) are hosting their 2019 Golf Classic Fundraiser, on Friday, September 13 at Callippe Golf Course in Pleasanton.

The golf tournament is one of several fund-raising events sponsored by the UCPOA to support local community endeavors. It's open to current and past members of the police association, and local business and community members. UCPOA actively supports the Boy Scouts of America Explorer Post #298, James Logan High School Scholarships, various public safety memorial funds, and holiday charities for the local community.

Player check-in starts at 8 a.m.; golfing starts at 9 a.m. and will continue until about 2 p.m. Immediately after the tournament, the UCPOA will hold a raffle for gifts and prize donations. The UCPOA will gladly accept donations of merchandise and gift certificates for this event. Contributors to this event will be acknowledged throughout the raffle.

For ticket information, registration and sponsorship details, contact, UCPOA Golf Coordinator, Officer Jeff Willson via email at jwillson@unioncity.org.

UCPOA 2019 Golf Classic Fundraiser
Friday, Sept 13

Player check-in 8 a.m.; tournament 9 a.m.
Callippe Golf Course

8500 Clubhouse Dr., Pleasanton
Contact Officer Jeff Wilson: jwillson@unioncity.org

Gold patch supports fight
against childhood cancer

SUBMITTED BY UNION CITY PD

In recognition of September as Childhood Cancer Awareness Month, the Union City Police Department (UCPD) is selling a commemorative gold-colored children's police patch to raise funds for children's cancer research.

The new children's patch is part of the department's ongoing Pink Patch Program that raises awareness for the fight against breast cancer each year during October. The children's Gold Patch can be purchased for \$10 with all proceeds going to St. Jude Children's Hospital.

UCPD accepts donations throughout the year for both the Pink and Gold patches (\$10 each for both colors) however, there is a special focus on the children during the month of September.

For more information about the Pink Patch Project, visit the UCPD website at <https://www.unioncity.org/355/Pink-Patch-Project>. To order a patch, call Officer Russell Orlando at (510) 458-3727 or email rorlando@unioncity.org.



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PUBLIC NOTICES



NOTICE TO BIDDERS

Sale of City Surplus Property
Sealed Bid Auction

Sealed Bid Opening* will be held publicly at the Finance Department of City of Fremont
3300 Capitol Avenue, Building B, Fremont, CA 94538
at 10:00 A.M. PST on Thursday, September 26, 2019
37697 Third Street, Fremont, CA
Portion of APN 507-0320-001-00

1,152± s.f. home with 3 bedrooms and one bath
Lot: 6,050± s.f.
Zoning: R-1-6

Deed Restriction: any future home is limited to one-story or 18 feet high

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Commission to Buyer's Agent: 2% of the Purchase Price

Open Houses:

8/29/19 (Thursday) from 11:30 a.m. to 1:30 p.m.
9/12/19 (Thursday) from 2 p.m. to 4 p.m.
9/24/19 (Tuesday) from 11:30 a.m. to 1:30 p.m.

Submit Sealed Bids to:

City of Fremont Finance Department / Purchasing Division at 3300 Capitol Avenue, Building B, Fremont CA 94538 **no later than 10:00 A.M. on 9/26/2019**

A \$7,000 bid deposit and a proof of funds are required with the sealed bid

Bids submitted after 10:00 A.M. on 9/26/19 will not be considered

*An oral bid auction will be held immediately after the sealed bid opening if the City receives written bids that result in a tie. Only the highest bidders who made the same offer will be allowed to participate.

For full details, please visit <https://fremont.gov/2554>
Contact: Eva Ip, Real Property Agent (eip@fremont.gov)

CNS-3287004#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, SEPTEMBER 26, 2019, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

BAYROCK APARTMENTS APPEAL - 39150, 39158, 39170 AND 39176 FREMONT BOULEVARD - PLN2019-00170

- To consider three separate appeals of a Zoning Administrator approval of a Discretionary Design Review Permit to allow development of a five-story mixed-use building with 248 market rate apartment units, a six-story parking garage and 5,625 square-feet of ground-floor commercial space, and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15332, Infill Development Projects, and a finding that no further environmental review is required pursuant to CEQA Guidelines Section 15183, as the project is consistent with the density established by the Downtown Community Plan for which a Final Supplemental Environmental Impact Report (SCH#2010072001) was previously prepared and certified.

Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

**JOEL PULLEN, SECRETARY
FREMONT PLANNING COMMISSION**



CNS-3291638#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19033421

Superior Court of California, County of Los Angeles
Petition of: Ma Theresa Timbreza Preza, etc. and on behalf of Hannah Florielle Timbreza Preza for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Ma Theresa Timbreza Preza, etc. and on behalf of Hannah Florielle Timbreza Preza filed a petition with this court for a decree changing names as follows:

Ma Theresa Timbreza Preza, etc. to Ma Theresa Timbreza Preza
Hannah Florielle Timbreza Preza, etc. to Hannah Florielle Timbreza Preza

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 10/25/2019, Time: 11:00 AM, Dept.: 17
The address of the court is 1221 Oak Street, Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening's Tri-City Voice
Date: 09/03/2019
Wynne Carvill

Judge of the Superior Court
9/10, 9/17, 9/24, 10/1/19

CNS-3291720#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19030131

Superior Court of California, County of Alameda
Petition of: Kwok Leung Chan for Change of Name

TO ALL INTERESTED PERSONS:
Petitioner Kwok Leung Chan filed a petition with this court for a decree changing names as follows:

Kwok Leung Chan to Hsi Chan

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 9-20-19, Time: 11:00 a.m., Dept.: 17
The address of the court is 1221 Oak St., Oakland, CA

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: August 6, 2019
WYNNE S. CARVILL

Judge of the Superior Court
8/27, 9/3, 9/10, 9/17/19

CNS-3286873#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 562893-562897

Fictitious Business Name(s):

1-Fremont Flowers, 2-Bay Area Wholesale Flowers 3-Marlowes Flowers 4-Navlet Flowers, 5-Fremont Florist, 4050 Alder Ave, Fremont, California 94536. County of Alameda

Registrant(s):
Fremont Flowers and Gifts, Inc. 4050 Alder Ave, Fremont, CA 94536; Delaware

Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 8/1/2007

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Dirk Lorenz, President

This statement was filed with the County Clerk of Alameda County on August 29, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/10, 9/17, 9/24, 10/1/19

CNS-3291896#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563052

Fictitious Business Name(s):

Artistry Room, 36640 Fremont Blvd Suite B, Fremont, CA 94536. County of Alameda; Mailing Address: 3295 Alder Avenue, Fremont, CA 94536

Registrant(s):
Alexandra Niedzielski, 3295 Alder Avenue, Fremont, CA 94536

Raissa Cain, 405 Rancho Arroyo Pkwy #76, Fremont, CA 94536

Business conducted by: Co-partners
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Alexandra Niedzielski, General Partner

This statement was filed with the County Clerk of Alameda County on September 4, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/10, 9/17, 9/24, 10/1/19

CNS-3291721#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 563045

Fictitious Business Name(s):

Acumed Acupuncture Inc., 37982 Fremont Blvd, Fremont, CA 94536. County of Alameda

Registrant(s):
Acumed Acupuncture Inc., 37982 Fremont Blvd., Fremont, CA 94536; CA

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Chia Chi Wang, Owner

This statement was filed with the County Clerk of Alameda County on September 4, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/10, 9/17, 9/24, 10/1/19

CNS-3291306#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562793

Fictitious Business Name(s):

Geodis Home Care II, 547 Cherry Way, Hayward, CA 94541. County of Alameda

Registrant(s):
George Vidican, 547 Cherry Way, Hayward, CA 94541

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 1993

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ George Vidican

This statement was filed with the County Clerk of Alameda County on August 27, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/10, 9/17, 9/24, 10/1/19

CNS-3291198#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562649

Fictitious Business Name(s):

Shunyl Cellars, 4319 Jacinto Dr, Fremont, CA 94536. County of Alameda

Registrant(s):
Shunyl Cellars LLC, 4319 Jacinto Dr, Fremont, CA 94536; California

Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Xinlu Zhang, Manager

This statement was filed with the County Clerk of Alameda County on August 22, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/3, 9/10, 9/17, 9/24/19

CNS-3288879#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562348

Fictitious Business Name(s):

Viet Cafe & Sandwich, 4378 Thornton Ave, Fremont, CA 94536. County of Alameda

Registrant(s):
Johnny X Nguyen, 31391 Beacon Bay Dr, Union City, CA 94587

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Johnny X Nguyen, Owner

This statement was filed with the County Clerk of Alameda County on August 15, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/27, 9/3, 9/10, 9/17/19

CNS-3287191#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562263

Fictitious Business Name(s):

Mission Smiles Dentistry, 43625 Mission Blvd., Suite 201, Fremont, CA 94539. County of Alameda

Registrant(s):
Bina B Joshi DDS Inc. 2519 River Blvd., Bakersfield, CA 93305; California

Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Bina B Joshi, Owner/President

This statement was filed with the County Clerk of Alameda County on August 13, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/27, 9/3, 9/10, 9/17/19

CNS-3286874#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562382

Fictitious Business Name(s):

Now Emergency, 4811 Mowry Ave., Fremont, CA 94538. County of Alameda

Registrant(s):
Matthew John Nowacki, 4811 Mowry Ave., Fremont, CA 94538

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Matthew John Nowacki, Owner

This statement was filed with the County Clerk of Alameda County on August 15, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/27, 9/3, 9/10, 9/17/19

CNS-3286472#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561827

Fictitious Business Name(s):

All Ways Accessories Inc. 36322 Tudor Place, Newark, CA 94560. County of Alameda

Registrant(s):
All Ways Accessories Inc. 36322 Tudor Place, Newark, CA 94560; California

Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on May 3, 2017

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Kenneth Presley, President

This statement was filed with the County Clerk of Alameda County on August 1, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/27, 9/3, 9/10, 9/17/19

CNS-3286362#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 562017

Fictitious Business Name(s):

Casual Fields LLC, 20583 Cambridge Ave, Hayward, CA 94541. County of Alameda

Registrant(s):
Casual Fields LLC, 20583 Cambridge Ave, Hayward, CA 94541; CA

Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Michael J. Gomes, Manager

This statement was filed with the County Clerk of Alameda County on August 7, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as

PUBLIC NOTICES

Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on September 24, 2019 at 9:31 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court.

If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: 31324 Mackinaw Street, Union City, CA 94587, Telephone: 510-861-2422 9/3, 9/10, 9/17/19

CNS-3289222#

TRUSTEE SALES

T.S. No.: 2019-01017-CA A.P.N.:507-0265-010-00 Property Address: 37469 3rd Street, Fremont, CA 94536 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/17/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Rene S Aguirre, a married man as his sole and separate property. Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 05/31/2006 as Instrument No. 2006212964 in book ---, page--- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 10/24/2019 at 09:00 AM Place of Sale: 3RD FLOOR LODGE/ BANQUET ROOM SCOTTISH RITE CENTER, 1547 LAKESIDE DR., OAKLAND, CA 94612 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$471,429.26 NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE. All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 37469 3rd Street, Fremont, CA 94536 A.P.N.: 507-0265-010-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust,

fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$471,429.26. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE OF TRUSTEE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown in this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site: <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case 2019-01017-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: August 30, 2019 Western

Progressive, LLC, as Trustee for beneficiary C/o 1500 Palma Drive, Suite 237 Ventura, CA 93003 Sale Information Line: (866) 960-8299 <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. 9/10, 9/17, 9/24/19

CNS-3291404#

NOTICE OF TRUSTEE'S SALE TS No. CA-19-860078-BF Order No.: 8754723 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/10/2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): YASUYUKI Y TOKOSHIMA, A SINGLE PERSON Recorded: 2/16/2017 as Instrument No. 2017043845 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 10/1/2019 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$300,802.62 The purported property address is: 247 SYCAMORE STREET, FREMONT, CA 94536-1740 Assessor's Parcel No.: 507-0645-004-07 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder

at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-19-860078-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext. 5318 Quality Loan Service Corp. T.S. No.: CA-19-860078-BF IDSPub #0156088 9/10/2019 9/17/2019 9/24/2019 9/10, 9/17, 9/24/19

CNS-3287333#

Presbyterian church celebrates 125 years

By JOHNNA M. LAIRD

Every week, somewhere in America, between 100 and 200 churches shut their doors, but a local

Newark church is bucking that trend. First Presbyterian Church of Newark is celebrating 125 years since its founding.

“These days, churches seem to be falling like flies,” says Bruce Schlobohm, a church elder recently tasked with assembling the church’s history, which he expects to take several years. “The ability of a church to stay together for a length of time has a certain amount of remarkability.”

According to Schlobohm’s research, Rev. Dr. E.S. Chapman of Centerville Presbyterian recognized Newark’s need for a church and helped organize First Presbyterian in 1894. The first church meeting was held September 17 that year. Eleven members attended, including familiar Tri-

City names: Haley, Graham, Hafner, Mueller, Blacow, Ross, Brown, Stevenson and Smith. Until dedicating its first building in 1895 at Olive and Thornton Avenue, the church met in a lodge hall with Sunday School in rooms behind a saloon located where Newark Pavilion now stands. By 1924, church membership increased to 64. First Presbyterian prospered, becoming the first area Presbyterian church to afford a full-time minister in 1937. By 1945, First Presbyterian had elected a woman elder, Evangeline Mueller, one of the first churches to do so.

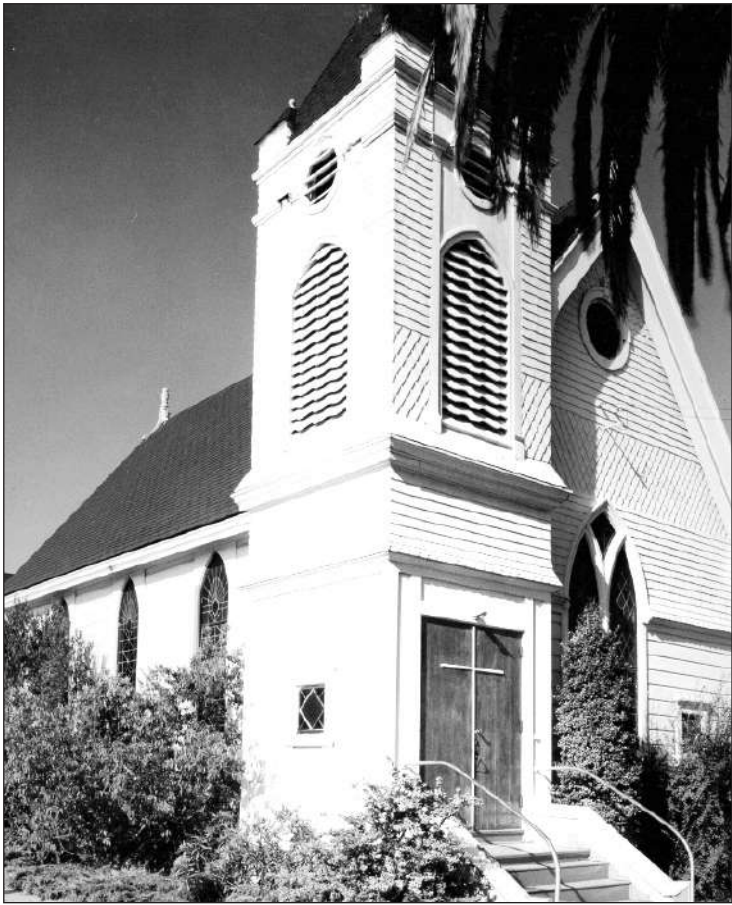
Four years after Newark officially became a city, church membership swelled to 175. By 1963, membership rose to 300 members—200 added between 1960 and 1963. The church was outgrowing its building. First Presbyterian purchased nine-and-a half-acre site at Cedar and Newark Boulevards in 1964 and a new church on that site was

dedicated two years later. September 25, 1966, marked the last Thornton church service, but the church bell, purchased by drama club members through fundraisers in 1923, rests on the front lawn at Cedar and Newark Boulevards, a symbol of church history. Sadly, fire gutted the new sanctuary in 1978 during a burglary, but services continued in a nearby community center during repairs.

Church steadfastness stems in part from the church environment. Michael Marzano, a 30-year member and one of three trustees responsible for managing business affairs, describes the church as “an open, warm place where everyone is welcome.”

Jean Ficklin attests to that. She has attended the church since the first Sunday in January 1964. She came because the first person to speak to her husband when the couple moved to Newark was the church pastor, the Rev. John Wilson, who issued them an invitation. That Sunday and many afterward, the Ficklins were the only African-American family in the church. After the Ficklins’ first service, two choir members noticed Jean’s experienced singing voice and promptly recruited her. She sang with the choir for the next five years, before becoming a church elder.

As part of First Presbyterian’s celebration, Ficklin will present her journey of faith at the 9:30 service on September 15. Organizer of the Afro-American Cultural and Historical Society serving the Tri-Cities and Hayward, Ficklin established the first Tri-City Dr. Martin Luther King



First Presbyterian Church of Newark’s original building

birthday remembrance. All 40 of the annual events—the second Sunday in January—have been held at First Presbyterian, which opens its doors to local organizations and to churches unable to afford buildings.

Church members value community involvement, supporting organizations like Abode and Viola Blythe, and outreach to homeless people. After Hurricane Katrina, with a number of Ficklin’s family members in New Orleans having lost everything, First Presbyterian’s outreach provided generous financial support. “Our mission in the church is to love God and live out our mission through actions in the community,” explains elder Jen McClure. “There’s a real intention to help people in a variety of ways. . .there’s something happening throughout the week involving the 130 member-families.”

This month, the Rev. Garrett Yamada celebrates his tenth year

as First Presbyterian minister. “In many ways, it was unusual for a mainly Caucasian church to select an ethnic pastor. . . I am Asian-American; the normal situation is that I would pastor an Asian church,” says Yamada, who studied to become a plant scientist before being drawn to ministry and served in an Asian church before coming to Newark. “I love being here in this setting. It fits who I am.” First Presbyterian today resembles the early church. “This is a church where so many people are willing to serve. Some people serve up front but most serve behind the scenes. I have been in some churches where the pastor is expected to do everything. This is not that type of church,” Yamada says.

“There’s a lot of love in the church,” says Ficklin, often referred to as church matriarch. “A lot of respect. The church is not the building. The church is the people.”

Special Anniversary Commemoration Service
Sunday, Sept 15
9:30 a.m.
(Celebration in the Fellowship Hall to follow)
4 p.m. “Ring & Sing” Concert

Sunday September 22
Community BBQ & Potluck & Big Band Concert with Oasis
(will coincide with Newark Days)

35450 Newark Blvd, Newark
(510) 797-8811
www.newarkpres.org



Two stained-glass windows by designer David Arnold replaced windows destroyed in the 1978 fire. The space design is inspired by a NASA photograph.



Church today

COMMUNITY BULLETIN BOARD

	Fremont FAMILY RESOURCE CENTER 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Let’s Do Lunch! Volunteer for LIFE ElderCare Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com	
SPARKPOINT FINANCIAL SERVICES for Low-Income Residents FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020 Fremont.gov/SparkPointFRC		DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010	Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.	Payment is for one posting only. Any change will be considered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking? Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope Website: alanond17.weebly.com For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270			
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	Is Your Life Unmanageable Because of Debt? Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone DEBTORS ANONYMOUS www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610	A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227	FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162		A-1 Comm. Housing SVCS Credit & Money Management Workshop Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365
MAKE MONEY MAKING HISTORY! Your 300-word or less story on an alternative history of the Fremont Area may win you a prize at Half Price Books on Saturday, October 19, 2019. For more information, go to: www.fremontculturalartscouncil.org. Even if you’re not a writer, come make current history and vote for your favorite story!			YOGA WORKSHOP FREE FOR DIABETICS 14 Sessions - 1.5 Hr. Each Start Dates: Sept 7, & Nov 2, Address: Donegal Court, Newark Full address given to registered participants Call /Text: 801-471-1729 sdm-bayarea@sewausa.org https://sewausa.org/event-3513272	Free Weekly Adult ESL Class Listen, Speak, Read, Write Begins 9/24 - Tuesdays 10-11:30am South Bay Community Church 47385 Warm Springs Blvd Info: 510-912-1698 eslsbcc@gmail.com
English Conversation Cafe Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm Bridges Community Church 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org		Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Union City Toastmasters All are Welcome! Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
Become a volunteer driver with LIFE Eldercare Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org		Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun filled dance workout with many rhythms from around the world	AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	Newark Cub Scout Pack 441 Looking for adventurous kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com	The Tri-Cities Democratic Forum meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com		AMERICAN LEGION POST 649 Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org
Make a new friend! Be a volunteer friendly visitor with LIFE ElderCare Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org	Zumba Kids with Jazzy Jenny Kids ages 4-12 Saturdays 2:30pm-3:30pm At Hope Community Church One hour of games,fun, and dancing. The last Saturday of every month is Zumba Family! For more info email: zumba.jazzyjenny@yahoo.com	SiliconAndhra ManaBadi Telugu Language Program 501c3, ACS-WASC accredited Approved by school districts ManaBadi classes many locations For ages 4 years and above OPEN to non-heritage students http://manabadi.siliconandhra.org/ Sridevi Ganti 510-364-2493 sridevi.ganti@manabadi.siliconandhra.org	Buon Tempo Italian American Club Family Dinners 1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org	Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

COMMUNITY BULLETIN BOARD

HAYWARD AIRPORT OPEN HOUSE SUNDAY, SEPT 22, 2019 10am - 4pm Free Entry & Free Parking Aircraft, Classic Cars Food Truck DJ & Booths 20301 Skywest Dr. Hayward www.haywardairport.org or call 510-293-8678	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M. 42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers! "Second Saturday" Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub. Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju's on Thornton Ave next to Dale's Hardware in FRMT. Critique Groups to help you from first draft to publication Everyone is welcome! www.cwc-fremontareawriters.org	FOR SALE Dining room table 26" wide X 61" long X 29" high Butcher block top, white legs 4 matching chairs Drawer at each end for storage \$60 for the set Also rocker recliner, good condition Rocks but doesn't recline - \$25 (510) 276-1439	MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com	
Business Writing Fremont Adult and Continuing Education Writing well is one of the most important skills you need for success in almost any position in the business world. Communicating well allows you to deliver your ideas clearly. September 3 – October 15 Tuesday 3:00 PM – 5:30 PM https://fremontk12.asapconnected.com/#CourseID=204173	The BUON TEMPO CLUB CRAB FEED Sat., Oct.12 - Transfiguration Church, 4000 East Castro Valley Blvd \$50/Person/All You Can Eat Alaskan Dungeness Crab, Pasta, & Salad ALL Proceeds - GEORGE MARK CHILDREN'S HOUSE No Host Happy Hour 5-6 P.M.Dinner 6 P.M. A Raffle of Gift Baskets & Silent Auction of Fancy Desserts THIS IS A PRE-PAID EVENT To make Reservations—Send your check, pay to: BUON TEMPO CLUB: Rick Martins, Ticket Chairman P.O. Box 2625, Fremont, CA 94536 For More information go to www.buontempoclub.org (events)	Home Craft Fair - 48th year October 2,3,4,5 Wednesday 10am - 4pm Thursday10am - 5pm Friday 10am - 5pm Saturday 10am - 4pm 1608 Via Santa, San Lorenzo (Follow signs on Bockman Road) Hundreds of Handmade Gifts for Giving and Keeping		
You are invited! Hayward Arts Council Benefit "Celebrate the Arts" Fri. Nov. 8 - 5:30-8:30pm Hayward City Hall Rotunda 777 B Street Buy tickets- \$50 before Oct 30 www.haywardartscouncil.org 510-538-2787 Support HAC Galleries, Visual and performing arts programs	FREE National Geographics 1963-2007 510-783-9909 ext: 108	Monday Night BINGO 2nd Monday of each month Nostalgic style BINGO At Niles Mobile Home Park 711 Old Canyon Rd. Near Vallejo Mills Elem. School Doors open 5:00 pm Games start at 6:00 pm More info . . . 510-513-3237	Wanted: Tenors & Basses Sing with the Mission Peak Chamber Singers! Rehersals every Tues. 7:30-9:30pm Irvington Presbyterian Church Concerts:Dec 7/8 2019 March 14/15 & May 30 2020 Some singing experience & ability to read music helpful bu not required (Altos & Sopranos welcome too! info@chambersingers.org 510-356-6727	Centennial Celebration September 28 - 10am-5pm American Legion Post 68 and American Legion Auxiliary Unit 68 - Hayward B Street Downtown Hayward Parade and Festivities All are invited For info Call Alfredo Rodriguez 510-537-6105 email: readyajr@yahoo.com
FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org			BRIDGE Fremont Bridge Club 10 AM Fridays (game starts) Bronco Billy's Pizza 41200 Blacow Road sanctioned with hand records - \$7 - free for newcomers - Email or show up early for partner Email if interested in lessons fremontbridgeclub@gmail.com	

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Temporary Housing Navigation Center

At the Special City Council Meeting on Tuesday, September 10 starting at 5:30 p.m., the Fremont City Council will discuss information prepared by city staff for its consideration of a possible temporary Housing Navigation Center development at either the city hall site or Decoto site. The information includes project plans and cost analysis for a temporary navigation center development at either site, public safety considerations and a summary of community outreach efforts.

The council is being asked to select either the city hall or Decoto site as the final site for the temporary navigation center development, approve the temporary Housing Navigation Center project design, appropriate funds, and authorize the city manager to enter into a services contract with Bay Area Community Services (BACS) to implement the temporary Housing Navigation Center program—or provide staff with further direction regarding site selection.

The staff report is available online at http://fremontcityca.iqm2.com/Citizens/Detail_Meeting.aspx?ID=1691. The meeting will be held at Fremont City Hall, 3300 Capitol Avenue, Building A, in the Council Chambers. For more information about the temporary Housing Navigation Center visit www.Fremont.gov/Navigation-Center.

Resources to Assist Homeless Population

Homelessness is a continuing challenge for the City of Fremont and the broader Bay Area. In Alameda County alone, there were 8,022 individuals counted as homeless in 2019, a 43 percent increase from 5,629 in 2017.

The city has several resources available to address the situation directly, starting with the Bay Area Community Services (BACS) Wellness Center. BACS center serves the growing homeless population with basic amenities, such as showers, meals, and free medical care, as well as housing and career related resources like wellness groups and 1:1 counseling.

While BACS has been operating in Fremont for 40 years, its new wellness center, which opened in November 2018, has several additional services made possible with recent city funding including housing navigator and more peer counselors. Flexible funds from the city to BACS are also used for

housing deposits, first and last month’s rent, and titrated housing subsidies. These funds have transitioned 22 individuals into permanent stable housing. To learn more about the work that the BACS Wellness Center does, visit www.Fremont.gov/BACSClientVideos.

Another resource available is the city’s recently published homeless newsletter, which is available online at www.Fremont.gov/Homeless-Newsletter. The newsletter provides updates on several efforts underway including the Mobile Hygiene Unit, which is set to launch later this month and will provide shower and laundry services from its 50-foot truck and trailer; Mobile Evaluation Team that consists of law enforcement personnel and social workers who provide support to community members with mental illnesses, some of whom are homeless; and Fremont Family Resource Center, which offers a host of services such as childcare, counseling, housing information, SparkPoint financial services, and more.

To learn more about how you can get involved and find additional resources, visit www.Fremont.gov/HomelessResources.

Temporary Town Fair Plaza Closing this Month

Fremont will be closing the temporary Town Fair Plaza in mid-September to make way for

the construction of the Downtown Event Center and Plaza, which is Phase 1 of the Civic Center project. Upcoming community events including Fremont Street Eats (September 20 - October 25), Downtown Movie Night (September 20), and Trick-or-Treat on Downtown Safety Street (October 18) will relocate along Capitol Avenue between Liberty Street and State Street.

The Town Fair Plaza was created as a temporary community space to pilot event ideas and concepts that Fremont residents brainstormed and showed interest in. Feedback from these events will be incorporated into the future permanent one-acre downtown plaza and 13,400-square-foot downtown event center. The upcoming Downtown Event Center and plaza will facilitate the programmatic needs of Fremont’s culturally diverse and innovative community and feature an alley for food trucks and a garden breakout space under a tree canopy for sports, concerts, markets, and maker fairs.

While construction is underway, event activation will continue to take place in Downtown Fremont as we identify alternative locations and opportunities for additional programming.

Watch Movies Under the Stars

Join the city’s Recreation Services Division on Friday, September 20 for the final Summer Movie Under the Stars. Captain Marvel will be shown after sunset at the Town Fair Plaza in Downtown Fremont on Capitol Avenue and State Street. The movie is PG-13 and is free to attend. Grab some blankets, low beach chairs, and a picnic dinner and enjoy a great flick with family and friends! For more details, visit www.Fremont.gov/MovieNight.

Coastal Cleanup Day

Participate in California Coastal Cleanup Day, the state’s largest volunteer event, which will be held from 9 a.m. to 12 noon Saturday, September 21, along various sites in Fremont to help clean our local beaches and waterways. Last year the statewide cleanup brought over 65,000 volunteers out and removed over 600,000 pounds of trash and recyclables. This trash is not only harmful to people, it’s also bad for the birds, mammals, and fish.

For more information and to register for the annual California Coastal Cleanup Day, visit www.Fremont.gov/Coastal-CleanupDay.

New officer joins health center team

SUBMITTED BY TRI-CITY HEALTH CENTER

Officials from the Tri-City Health Center (TCHC) recently welcomed Marc Gannon to their leadership team as the organization’s new Chief Operation Officer. Gannon’s appointment was announced August 12. He comes to TCHC with 10 years of senior leadership experience in community-based health and social services.

Prior to joining TCHC, Gannon was the Vice President of Community Impact at Aloha United Way in Honolulu, Hawaii. In that position, he launched cross-sector initiatives in healthy family planning, active aging and senior health, and homeless prevention services. He also supervised gifts-in-kind programs, call center services, Homeless Coordination Center, Volunteer Hawaii and AmeriCopsr VISTA program. Gannon also served as the Chief

of Community Health Services at Waikiki Health in Honolulu where he was responsible for operations and fiscal oversight of community health programs.

These programs included medical and behavioral health of homeless individuals and families, drop-in center for homeless youth, family planning health education and clinical services, women’s health clinic, HIV Early Intervention Services, and HIV and Hepatitis C case management. As the COO of



TCHC, Gannon will help guide the realignment of service care teams and processes to optimize clinical operations across the permanent and mobile service delivery system.

OAKLAND ZOO ANIMALS BECOME VIDEO AMBASSADORS

SUBMITTED BY ISABELLA LINARES
PHOTOS BY CHRISTINA SIMMONS

An unusual collection of animals from Oakland Zoo, including a lesser tenrec, box turtle and even a blue-tongued skink, were part of a recent celebration at the George Mark Children's House in San Leandro to mark the arrival of San Diego Zoo Kids, a closed-circuit television adventure channel. The innovative television channel features programs produced primarily for medical facilities, like George Mark Children's House, a pediatric palliative care center that serves children and their families.

"It is such a pleasure every day to provide our critically ill children with delightful experiences," said Kathy Hall, Ph.D., founder and staff psychologist of George Mark Children's House, the first independent pediatric palliative care center in the United States. "After watching the special bond that our children create with visiting zoo and therapy animals, we know how much they will enjoy the San Diego



Kathy Hull, Founder of George Mark Children's House; T. Denny Sanford; businesswoman and philanthropist; Kathy Cleberg, George Mark Children's House mother; Dr. Joel Parrott, CEO and President of Oakland Zoo and Debra Erickson, Marketing Director of San Diego Zoo.

Zoo Kids channel. It will give them, and their families, a wonderful opportunity to further explore the world of animals. We want to express our enthusiastic appreciation to Denny Sanford for making this programming possible. Warm thanks also to our local partner, the Oakland Zoo,

for providing animals for this event." The creation and development of the channel has been funded by businessman and philanthropist T. Denny Sanford. In 2017, the Institute of Museum and Library Services (IMLS) awarded San Diego Zoo Global an outstanding Museums for America grant to bring San Diego Zoo Kids to 75 children's hospitals and Ronald McDonald House Charities facilities across the nation over the next three years. The generous grant from IMLS made the channel available on television monitors at George Mark Children's House.

Programs on the San Diego Zoo Kids channel are produced primarily for medical facilities that serve pediatric patients and their families. San Diego Zoo Kids furthers San Diego Zoo Global's mission to inspire a passion for wildlife and brings the zoo experience to young patients and their families during challenging times. Through partnerships with the Oakland Zoo, and other zoos, aquariums and nature reserves around the world, children are transported to special places to meet amazing animals and

experience their breathtaking habitats. Kids also meet the animals' caretakers and learn how individual animals have overcome medical challenges of their own.

"We are thrilled to partner with San Diego Kids Zoo channel in providing enriching animal-themed content to entertain, educate and promote species conservation," said Dr. Joel Parrott, president and CEO, Oakland Zoo. "We hope that the stories we share will bring cheer to all the children and families that see them."

Since the San Diego Zoo Kids channel debuted in 2013 at Rady Children's Hospital in San Diego, more than 42 hours of up-close video encounters with animals, stories about caring for animals, quizzes about animals and habitats, and a wide variety of short video vignettes have been produced for the channel. Viewers can also see best-of videos from the San Diego Zoo's Elephant Cam and other online cameras, as well as content from the Oakland Zoo and other zoos around the world.

"Thanks to the vision of philanthropist T. Denny Sanford, children from around the world now have access to San Diego Zoo Kids," said Debra Erickson, San Diego Zoo Global director of communications. "The channel fills a very important need during a child's medical care, by providing distraction from treatment, as well as comfort and happiness. We look forward to bringing its healing properties to another 100 facilities over the next year."

So far, San Diego Zoo Kids has been installed in 269 children's hospitals and Ronald McDonald Houses in 43 states across the U.S. and the District of Columbia, and in facilities in Mexico, Canada, Australia, New Zealand, Singapore, Pakistan, Qatar, Curaçao and South Africa.



Oakland Zoo education staff members show residents of the George Mark Children's House animal ambassadors of the zoo.

Alameda County Arts Leadership Awards

SUBMITTED BY GUY ASHLEY

The Alameda County Arts Commission has recognized six

Month. The ceremony will take place during the board's public meeting on Tuesday, October 1. This event is open to the public.

Livermore. In 1992, Bee started the organization with a small music literacy class for 11 children. The name Cantabella Children's Chorus was derived from the Italian "canta bella," which translates to "sing beautifully," and this was Chow's founding vision for the chorus. Cantabella Children's Chorus is an international organization with a total membership of over 250 singers ranging from kindergarteners to high school students. The mission of the Chorus is to develop healthy vocal techniques and choral artistry within children and youth through excellence in music education, fine choral production and collaborative cultural arts experiences to enrich and reflect the diverse community.

Suzanne Gayle of Hayward, representing Supervisorial District Two

Suzanne Gayle is an artist and community volunteer who dedicates her life to improving the community through public art and service. Gayle is an established artist and has created over 100 public artworks including murals, paintings, and



Kendra Barnes and Laura Elaine Ellis

sculpture located at municipal sites, schools and libraries throughout the Alameda County and the greater Bay Area. Local public commissions include projects in Castro Valley, Dublin, Hayward, Fremont, and San Leandro. Gayle is a former appointed member of the Alameda County Arts Commission and a committed community volunteer.

Kendra Barnes and Laura Elaine Ellis of San Leandro, representing Supervisorial District Three Kendra Barnes and Laura Elaine Ellis are the co-founders and co-directors of the Black Choreographers Festival, which is a yearly event celebrating African and African American dance and culture with dynamic annual performances culminating at Laney College in Oakland. Barnes and Ellis are

also dance educators and lead their own nonprofit arts organizations that support and promote dance and performance. Barnes is the director of the Kendra Kimbrough Dance Ensemble and K*STAR* Productions, while Ellis is the director of the African and African American Performing Arts Coalition.

Leadership Awards ceremony Tuesday, Oct 1 10:45 a.m. Alameda County Administration Building, Supervisors' Chambers 1221 Oak St., 5th Floor, Oakland (510) 208-9646 www.acgov.org



Bee Chow



Suzanne Gayle

individuals for their achievements and contributions impacting the arts community and residents of Alameda County. The following individuals are the recipients of the 2019 Alameda County Arts Leadership Award: Kendra Barnes and Laura Elaine Ellis (joint award), Bee Chow, Suzanne Gayle, James Gayles, and Rob Jackson. The six award recipients will be honored by the Alameda County Board of Supervisors with a commendation ceremony presented in conjunction with the County's celebration of National Arts and Humanities

Each year the members of the Alameda County Arts Commission review nominations for the Arts Leadership Award submitted by the public and select the award recipients. The Alameda County Arts Commission acknowledges all the nominees for providing leadership in the arts and serving as role models.

Bee Chow of Fremont, representing Supervisorial District One

Bee Chow is the founder of Cantabella Children's Chorus in

Florida cat burglar turns out to actually be a cat

AP WIRE SERVICE

Florida deputies have a cat burglar in custody. Literally, a cat.

The Naples Daily News reports Collier County sheriff's deputies responded to a 911 call Saturday about a suspected burglary in progress.

A homeowner heard knocking on a sliding door along with meowing. The caller thought the cat sounds were a ruse to try to him or her to open the door.

When deputies arrived, they found the culprit was a small cat named Bones. The posted a photo on Facebook of the cat in back of a patrol car poking its head through a barred window.

The department said Bones was taking to a county animal shelter for "fur-ther questioning."

Two choirs, one joyful experience

SUBMITTED BY SHIRLEY GILBERT

“Singing is as natural as breathing,” says Artistic Director of the Mission Peak Chamber Singers Ofer dal Lal. “You hear people say: ‘Oh no! I can’t sing.’ We all have voices. We all can sing. And singing can bring great comfort and joy.”

Dal Lal would like to convince East Bay’s potential singers to experience this joy by becoming a member of either the 32-year-old Mission Peak Chamber Singers (MPCS), a fee-based choir for singers who feel comfortable reading music and auditioning, or the more free-form East Bay People’s Choir (EBPC) in which no fees, auditions or need to read music are required. Both sister choirs rehearse every Tuesday in Fremont.

A Banner Year for East Bay People’s Choir

EBPC is something of an experiment. It’s beginning its second year and has been a roaring success, according to dal Lal. Attendance at the first rehearsal this September points to another banner year. “The EBPC has been a unique multi-cultural, multi-generational phenomenon. It’s gone from belonging to a director and group of singers to belonging to the whole community.” The choral group’s special community flavor and outreach have been recognized by the California Arts Council with a grant of close to \$10,000.

The EBPC has not been without its challenges. Charismatic and greatly-loved



Joe Lim is September’s Director-in-Residence.

Associate Director Ash Walker left the choir to teach in the voice department of Las Positas College in Livermore. This conflicted with his ability to lead EBPC. However, Walker left quite a legacy, says dal Lal. He created a team of singers who are a close-knit family in just one year. He’s never seen that in a newly formed choir before.

EBPC members would agree. Some say they have experienced a healing effect as a result of being part of a loving vocal community; others say the experience has been a wonderful personal challenge and

has broadened their horizons. Cathy Berry is one participant who has found a home in the choir. “Tuesday is my happy time,” she says, “because that’s when the choir meets. Going to practice is so much more than singing. It’s about family. This choir is my joy and my love.” Another choir member, Wendy Rothhaug, joined the choir to bring music back into her life. “I discovered anew the pure joy of singing and was delighted to find a new community of friends as well,” she affirms.

But the question is: how to replace a beloved choirmaster?

Dal Lal has come up with an innovative method of finding the perfect Associate Director for the choir. Instead of hiring a new conductor immediately, he will introduce three different conductors to be Directors-in-Residence. These Associate Directors will lead the choir for one month each from September to November. When the trial period is over both dal Lal and choir members will select the conductor that appeals to them the most.

According to dal Lal this arrangement will be a learning experience because it will allow members to sample different repertoires, styles and personalities. At the end of the three-month period, the Directors-at-Large will conduct the choir in the songs they each taught.

The Director-in-Residence for September is the talented Joe Lim. He is in his sixteenth year as a music educator. He’s worked with groups from young singers to highly trained professional musicians. Choirmaster Lim led a group of almost 70 singers, 40 of them new recruits, in the first rehearsal of the season on September 3 in Paul Simon’s haunting “Bridge Over Troubled Waters” and two other songs.

An Exciting Season for the Mission Peak Chamber Singers

Artistic Director dal Lal is also excited about the upcoming seasonal prospects

and concerts for the popular MPCS. In their offerings this year the group will engage the audience at many levels and say something meaningful for this special time and place. For example, the traditional “Christmas at the Mission” concert to take place December 7th and 8th will feature a “celebración festiva” honoring our Central and South American friends. “We want to build cultural bridges, not walls, with our southern neighbors,” explains dal Lal.

Another example of the here and now quality of MPCS’ offerings is their spring concert “With a Roof Over Our Heads,” which is about homelessness and the moral obligation towards those who do not have a safe abode.

The two choirs, says dal Lal, have so much to offer community singers. “So many of us,” he concludes, “are addicted to digital and TV entertainment. Please come and join us at our rehearsals for a real face-to-face experience. I guarantee after each one you will feel enriched, energized and enlightened.”

To experience the joy of singing, join the choirs on Tuesdays at 4181 Irvington Avenue, Fremont, 7:00 to 8:30 p.m. If you have questions or want more information go to the choirs’ website at www.chambersingers.org or leave a message at (510) 926-6727.

Mission Peak Chamber Singers
East Bay People’s Choir
Tuesdays
7:00 p.m. – 8:30 p.m.
4181 Irvington Ave., Fremont
(510) 926-6727
www.chambersingers.org

Below: The East Bay People’s Choir under the direction of Ash Walker.



East Bay native takes marines to the fight aboard U.S. Navy warship

SUBMITTED BY
LT. SANDRA NIEDZWIECKI,
U.S. NAVY

Seaman Jovan Glover, a native of Hayward, wanted the opportunity to move away and see the world. Now, one and a half years later, Glover serves aboard one of the Navy’s amphibious ships at Naval Base San Diego.

“Life aboard USS Essex is exciting: I get to meet new people, I get to work outside of my rate and learn new jobs that are important to the mission,” said Glover, a 2017 graduate of Mount Eden High School. Glover is a yeoman aboard the USS Essex, one of four Wasp-class amphibious assault ships in the Navy. It is homeported in San Diego.

“I am an admin clerk, I process correspondence, awards, evals, and directive for the ship,” Glover said. Glover credits success in the Navy to many of the lessons learned while living in Hayward. “I have learned that it is important to be patient,” Glover said, adding that, “It is important to be respectful to others. Many of my shipmates come from other backgrounds and nationalities.”

Essex is designed to deliver U.S. Marines and their equipment where they are needed to support a variety of missions ranging from amphibious assaults to humanitarian relief efforts. Designed to be versatile, the ship has the option of simultaneously using helicopters, Harrier jets, and Landing Craft Air Cushioned (LCAC), as well as conventional landing craft and

assault vehicles in various combinations.

Sailors’ jobs are highly varied aboard Essex. More than 1,000 men and women make up the ship’s crew, which keeps all parts of the ship running smoothly, from handling weaponry to maintaining the engines. An additional 1,200 Marines can be embarked. “The Marines are always ready for the mission at hand,” Glover said.

Though there are many ways for sailors to earn distinction in their command, community, and career, Glover is most proud of learning his rate to its fullest potential. “I am becoming a highly skilled yeoman, it is an important rate, and I am dedicated to knowing my job well and doing a good job,” Glover said. “I am most proud of knowing my rate so well because



we are often the ones who are overlooked on the ship.”

As a member of one of the U.S. Navy’s most relied upon assets, Glover and other sailors know they are part of a legacy that will last beyond their

lifetimes contributing to the Navy the nation needs. “Upholding our core values of honor, courage, and commitment is what serving in the Navy means to me,” Glover said.



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**CCCMA is pleased to welcome
our new associate, Mary Borses, M.D.**

Dr. Borses is a Board Certified Cardiologist and Fellow of the American College of Cardiologists. With over twenty years of experience, Dr. Borses will complement CCCMA's dedication to compassionate, comprehensive and quality medical care for our patients. Her motto, "Treat all patients like family" is indicative of her goal: to optimize the medical and emotional well-being of everyone under her care. For Dr. Borses, patient care extends to prevention as well as existing conditions with the highest level of compassion and respect for all. She personally attends to her patients at Washington Hospital.

Although new to our area, Dr. Borses is a native Californian with impeccable credentials including undergraduate studies at U.C. Davis, a medical degree from Uniformed Services University in Maryland, an Internal Medicine residency in Honolulu and Cardiology Fellowship at Ft. Sam Houston. She served as Chief of Medicine at Ft. Eustis, Virginia and Chief of Cardiology at Ft. Hood, Texas. Dr. Borses is thrilled to return to California and begin her practice with CCCMA.

Dr. Borses can advise patients with symptoms of chest pain, shortness of breath, palpitations, dizziness, fainting, fluid retention, fatigue and stroke. She has extensive experience in evaluation and management of coronary artery disease, atrial fibrillation, congestive heart failure, cardiomyopathy, valvular heart disease, hypertension, high cholesterol and pacemakers. Since many services are available within our facility, CCCMA care results in prompt assessment and management.

To schedule an appointment with Dr. Borses at the Fremont office, please call 510-792-2012.



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