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Ramachandran

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August 20, 2019

Vol. 17 No. 34



Niles Antique Faire

SUBMITTED BY KEITH ELROD
PHOTOS BY VICTOR CARVELLAS

2019 marks the 55th year of the Niles Antique Fair and Flea Market, sponsored by Niles Main Street Association. This year the fair will take place on Sunday, August 25 when vendors set up on Niles Boulevard, in the large parking lot, and on I Street and H Street.

continued on page 5



Knap-in: STONE TOOLS MAKING

SUBMITTED BY KRISTINA PARKINSON
PHOTOS BY VICTOR CARVELLAS

The ancient skill of stone tool making is the focus of "knap-in." Join experienced stone tool makers during this informal, weekend opportunity to learn about



methods used locally and worldwide to transform chert, obsidian and other stones into spear points, arrowheads and drills. Young children may watch. Anyone 16 years or older may give "knapping" a try. Bring leather gloves, long pants, close-toed shoes and protective eye wear if you want to test your knack for knapping. This is an unstructured event, so drop in anytime from 10 a.m. to 3 p.m. to observe or try for yourself! (Event meets at the Coyote Hills visitor center.) Knap-in is a free event but parking fees apply where charged. Disabled accessible. Registration is not required.

Knap-in: Stone Tools Making
Saturday, Aug 24
10 a.m. – 3 p.m.
Coyote Hills Regional Park
Patterson Ranch Rd., Fremont
(510) 795-9385

http://apm.activecommunities.com/ebparks/Activity_Search/25891



Sister Cities Festival

BY STEPHANIE GERTSCH
PHOTOS BY VICTOR CARVELLAS

They say there is no friend like a sister, and with seven Sister Cities and one new Friendship City, Union City is rich in friendship. On Sunday, August 25, the city will celebrate their 15th "Sister Cities Festival" to highlight cultural diversity. How do cities become sisters? Pat Gacoscos, chair of Union City Friends of Sister Cities, says the process usually starts "when a group of mainly Union City residents, formerly residents

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Washington Hospital Healthcare Foundation

Top Hat Gala—Come Celebrate with Us!

You won't want to miss Washington Hospital's 33rd annual Top Hat Dinner Dance, taking place on Saturday, October 12. The Washington Hospital Healthcare Foundation annual gala supports programs that improve patient care here in our community. The evening will begin with a hosted cocktail reception followed by an elegant three-course dinner. Dinner entertainment will be Flashback, a tribute to the Beatles, Queen and Elton John. After the dinner entertainment, guests can dance the night away in the Grand Tent or enjoy conversation and a nightcap in the Jazz Lounge. The event will feature additional surprises!

Proceeds from Top Hat XXXIII will be used to purchase a 3D mammography machine for Washington Hospital. This powerful new diagnostic tool assembles multiple X-ray images of the breast, creating a crystal-clear 3D rendering for the radiologist to examine. The result is earlier detection and fewer false-positives. By joining us this evening, you are helping to bring this life-saving tool to our community.

The gala will be chaired by Kimberly Petersen, Chief of Police for the city of Fremont and Drs. Rohit and Seema Sehgal. Each year, Top Hat co-chairs hope to raise a record amount of proceeds in support of community programs. "We are planning a memorable celebration with an incredible menu and entertainment," said



John J. Dutra, President of the Foundation. "In the past 32 years, Top Hat has contributed over \$3 million for health care services at Washington Hospital."

For the last 32 years, Top Hat has brought people together in support of a good cause. First held at the Top of the Mark in San Francisco in 1986, the dinner dance has grown to be an elegant annual celebration in Fremont, raising funds for clinical services in the Tri-City Area. Washington Hospital Healthcare Foundation plays a key role in ensuring Tri-City residents have access to the most advanced medical care available today. The Foundation was established in 1983 as a not-for-profit organization chartered to enhance the Washington Hospital Healthcare System by raising public awareness and securing financial support.

The Foundation notes with appreciation, the Benefactor Sponsors who have already committed their support:

Fremont Bank, Professional Home Care Associates, Sah Orthopaedic Associates and Vituity Anesthesia.

SAVE THE DATE

The gala will be held on Saturday, October 12. The hosted reception begins at 6 p.m. followed by dinner, entertainment and dancing from 7:30 p.m. to midnight. Sponsorships and individual tickets are now available. Please join us by calling 510.818.7350, emailing foundation@whhs.com or visiting www.whhs.com/foundation.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

 Follow WHHS on Facebook & Twitter




A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	8/20/19	8/21/19	8/22/19	8/23/19	8/24/19	8/25/19	8/26/19
12:00 PM 12:00 AM	Colon Cancer	Hepatitis B and Liver Cancer: Prevention and Treatment	Aortic Valve Disease: Treatment Options Including TAVR	Voices InHealth: Antimicrobial Stewardship	Diabetes Health Fair: Eat 4 Diabetes Care	Wildfire Smoke and Your Lungs: Do You Need to Worry?	Palliative Care Series: How Can This Help Me?
12:30 PM 12:30 AM	How to Prevent Financial Elder Abuse/Fraud		Early Detection and Prevention of Female Cancers	Diabetes Matters: Asian Indian Cooking			
1:00 PM 1:00 AM	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Mental Health Education Series: Anxiety Disorders	Diabetes Matters: Diabetes Conversations	Wildfire Smoke and Your Lungs: Do You Need to Worry?	Diabetes Matters: Filipino Food Made Healthy	Washington Township Health Care District Board Meeting August 14, 2019	Mental Health Education Series: Family Support
1:30 PM 1:30 AM				Diabetes Health Fair 2018: Diabetes Care	Mental Health Education Series: Mental Wellness		
2:00 PM 2:00 AM	Washington Township Health Care District Board Meeting July 10, 2019	Chronic Kidney Disease: FAQ	Gastrointestinal Disorders	Washington Township Health Care District Board Meeting July 10, 2019		Preventive Screenings: When and Why are They Important?	Mental Health Education Series: Understanding Mood Disorders
2:30 PM 2:30 AM							
3:00 PM 3:00 AM	Updated Treatments for Knee Pain & Arthritis	Solutions for Weight Management	Diabetes Matters: Latin Foods	Mental Health Education Series: Understanding Psychotic Disorders	Strategies to Reduce the Risk of Cancer Recurrence	Diabetes Matters: Diabetes & Eyes	Women's Health Conference: Reclaiming Your Confidence
3:30 PM 3:30 AM							
3:30 PM 3:30 AM	Crohn's & Colitis	Wildfire Smoke and Your Lungs: Do You Need to Worry?	Washington Township Health Care District Board Meeting July 10, 2019	Women's Health Conference: Women & Stroke: Are You at Risk?	Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women	Latest Treatment Options for Wound Care	
3:30 PM 3:30 AM							Sick Feet?
6:00 PM 6:00 AM	Symptoms of Thyroid Problems	Women's Heart Health	Surgical Treatment of Obstructive Sleep Apnea	Diabetes Matters: Living with Diabetes	Learn About the Signs & Symptoms of Sepsis	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Stop Diabetes Before It Starts
6:30 PM 6:30 AM		Voices InHealth: Cyberbullying - The New Schoolyard Bully					
7:00 PM 7:00 AM	Stress Management	Diabetes Matters: Diabetes: Is There an App for That?	Mental Health Education Series: Crisis Intervention	Strategies to Help Lower Your Cholesterol and Blood Pressure	Caregiver Series: Securing Care Preferences Through AHCD	Endometriosis: Causes, Symptoms, Diagnosis and Treatment	How to Talk to Your Doctor
7:30 PM 7:30 AM		Family Caregiver Series: Fatigue and Depression					
8:00 PM 8:00 AM	How To Stop Disease Before It Starts	Washington Township Health Care District Board Meeting July 10, 2019	Fresh Summer Foods: Cooking Demonstration	Peripheral Vascular Disease: What You Need to Know	Washington Township Health Care District Board Meeting August 14, 2019	Family Caregiver Series: Mindfulness Meditation for the Caregiver	Family Caregiver Series: Nutrition for the Caregiver
8:30 PM 8:30 AM							
9:00 PM 9:00 AM	How To Stop Disease Before It Starts	Washington Township Health Care District Board Meeting July 10, 2019	Wildfire Smoke and Your Lungs: Do You Need to Worry?	Minimally Invasive Options in Gynecology	Diabetes Matters: Basics of Insulin Pump Therapy	Food Pharmacy: Prescription for Colon Health	Wildfire Smoke and Your Lungs: Do You Need to Worry?
9:30 PM 9:30 AM							
10:00 PM 10:00 AM	Inside Washington Hospital: Advanced Treatment of Aneurysms	Keeping Your Brain Healthy	Wildfire Smoke and Your Lungs: Do You Need to Worry?	Palliative Care Series: Interfaith Discussions on End of Life Topics	Diabetes Matters: Basics of Insulin Pump Therapy	How to Sleep Your Way to Better Health	Washington Township Health Care District Board Meeting August 14, 2019
10:30 PM 10:30 AM	Wildfire Smoke and Your Lungs: Do You Need to Worry?						
11:00 PM 11:00 AM	Family Caregiver Series: Hospice & Palliative Care	Diabetes Matters: Diabetes and Kidney Health	Metabolic Disorders	Balance & Falls Prevention	Family Caregiver Series: Understanding Healthcare Benefits	Diabetes Matters: Straight Talk About Diabetes Medications	
11:30 PM 11:30 AM							

Are Your Child’s Immunizations Up to Date?

Vaccines Help Protect Against Serious and Sometimes Fatal Diseases

This is the third article in a four-part Back-To-School Series to help parents and students start the new school year safely and in good health.

As summer vacation comes to a close, families are getting ready for the school year. Make sure your child’s immunizations are on the back-to-school checklist. There are a number of vaccinations that need to be up to date before your kids and teens head to class.

“Parents need to protect their children from serious, potentially life-threatening illnesses,” said Bhaskari Peela, MD, a pediatrician with the Washington Township Medical Foundation. “One way you can do that is to make sure your children’s vaccinations are current. Having your children and teens up to date on vaccinations will also protect the health of infants who are not yet old enough to be vaccinated.”

Vaccines offer safe and effective protection against diseases like pertussis (whooping cough), diphtheria, smallpox, polio and influenza (flu). They help the body build up antibodies that stay in the bloodstream, ready to fight the bacteria and viruses that can cause disease. Before vaccines were widely available, these

diseases often killed or severely harmed babies and children.

According to Dr. Peela, making sure your kids and teens are up to date on all their immunizations is one of the most important steps you can take to protect their long-term health – and the health of their classmates, friends, relatives and others in the community. The protection provided by childhood vaccines far outweigh the very small risks of any serious reactions.

“Most kids have no reaction to their vaccinations other than minor soreness at the injection site, a mild rash at the vaccination site, or a low-grade fever,” she added.

Dr. Peela recommends following guidelines from the American Academy of Pediatrics (AAP) and the Centers for Disease Control and Prevention (CDC). They include the following:

- Measles, mumps, rubella (MMR)
- Polio
- Diphtheria, tetanus and pertussis (DTaP), with a booster vaccine called Tdap at ages 10 to 12
- Haemophilus influenza type B (Hib)
- Hepatitis A
- Hepatitis B
- Chickenpox (varicella)
- Pneumococcal disease
- Meningococcal disease, including the



The start of a new school year is a good time to make certain immunizations are current.

vaccine for serogroup B meningococcal disease

- Rotavirus infections
- Influenza, for all children age 6 months and older

Except for certain boosters and a yearly flu vaccination, most immunizations are given during the first five to six years of life, according to Dr. Peela. For many of these vaccines, more than one dose is needed before age 6 to fully protect against the disease. This year’s record-breaking measles outbreak reminds us of the importance of the MMR vaccine.

“We also strongly recommend two vaccines – MCV4 and meningococcal B to protect against the ACWY strains and serogroup B for people 17 through 22 years of age,” Dr. Peela said. “These infections are to blame for about half of all cases of meningitis, which can be severe, even terminal.”

The AAP also recommends vaccinations against the human papillomavirus (HPV) for boys and girls at age 9. There are approximately 40 types of genital HPV, according to the CDC.

Some types can cause cervical cancer in women and can also cause other kinds of cancer in both men and women. Other types can cause genital warts in both males and females.

“The HPV vaccine now contains more strains of the virus for additional protection,” Dr. Peela said.

For a complete schedule of recommended vaccines, visit www.cdc.gov/vaccines.

Dr. Peela encourages parents to review their child’s school vaccine card with their pediatrician to make sure their child has received all the required vaccinations before school starts. If you need help finding a physician for your child, visit the Washington Township Medical Foundation website at www.mywtmf.com, or call Washington Hospital’s Health Connection hotline at 800.963.7070.

For information about other programs and services at Washington Hospital that can improve your health, visit www.whhs.com.



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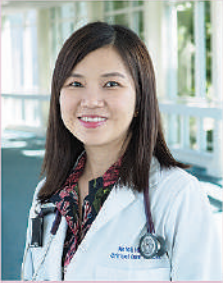


Learn the Signs and Symptoms of Sepsis

Without proper treatment, ordinary infections can become so severe they cause an overwhelming immune response called sepsis. This life-threatening condition can begin anywhere in the body and affect anyone. At this seminar, learn how to prevent sepsis and how to detect the early signs of infection.

Thursday, August 29, 2019
3 to 5 p.m.
Conrad E. Anderson, MD, Auditorium, rooms A & B
Washington West, 2500 Mowry Ave., Fremont

Free Community Seminar



Natalie Htet, MD
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Washington Hospital Medical Staff



Shekar Srinivas, MD
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To register or for more information, visit
www.whhs.com/events
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Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.whhs.com/inhealthtv.



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continued from page 1

Niles Antique Faire

This year, several antique vendors from the Gilroy area will set up along H Street. Admission for shoppers is free, so shoppers can save their cash and find an item to take home.

Food vendors will set up throughout the event and, as always, breakfast will be available by the green train car in the large parking lot, starting at 5 a.m. Restaurants throughout the Niles District will be also open, serving breakfast, coffee, desserts, lunch and ice cream.

Businesses in town will be open that day—including our own antique shops, sewing supply shop, and the Fremont Art Association Gallery. So, make sure you check out the Niles shops as you walk through the event.

Niles is easily accessible from US Interstate Highways 680 and 880. From Oakland and Hayward, take 880 South, exit at Alvarado Niles Road and head east about six miles. From San Jose and Milpitas take 680 north to the second Mission Blvd. exit and drive north on Mission Blvd. for four miles. Turn left on Niles Blvd.

Handicap parking will be available on J St. and Niles Boulevard.

Niles Antique Fair
Sunday, Aug 25
6 a.m. - 4 p.m.
Niles Blvd., Fremont
(510) 742-9868
www.niles.org



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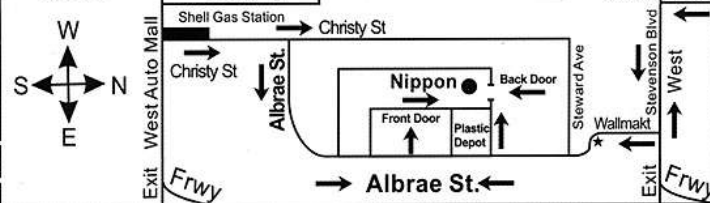
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Burnout

BY ANNE CHAN, PhD, MFT

Ninety-six percent of millennials surveyed in a recent Yellowbrick study reported experiencing burnout. To cope with burnout, these millennials turn to activities such as watching TV/Hulu/Netflix, sleeping, exercising, drinking alcohol, taking drugs, surfing the internet, and talking to friends and family. (Note: Only 5 percent of the respondents reported that they turned to friends and family for help.)

Burnout has not always been recognized as a formal health condition. This year, however, the World Health Organization (WHO) re-classified burnout as a legitimate medical diagnosis. The WHO defines burnout as “chronic workplace stress that has not been successfully managed.” Being burnt-out isn’t just about having a bad day at work or feeling desperate for a vacation. The symptoms are far more pervasive and include feeling exhausted and devoid of energy, feeling distant from one’s job, being cynical about one’s job, and being less effective at work. The WHO specifies these symptoms as related to one’s job and not to other parts of one’s life.

There is no one single cause for burnout – personal characteristics, work environments, and organizational factors can all lead to this condition. Factors such as lack of control, lack of work-life balance, poorly defined expectations and a dysfunctional workplace culture may contribute to someone feeling burnt out. Interestingly

(and sadly), health care professionals are at risk for burnout because of the high stress of their jobs and the multiple demands on them. One survey found that 55 percent of critical care doctors experience burnout. It is estimated that 400 physicians in America commit suicide each year, with burnout thought to be a contributing factor.

Someone who is experiencing burnout may appear indifferent, unmotivated, and emotionally depleted. Stress can look a lot like burnout, but there are some key differences. One difference is your level of hopefulness – if you’re stressed but are hopeful and engaged with your goals and life, you are not experiencing burnout. If you are plagued by a sense of hopelessness and are disengaged with your goals, have lost hope, and lack motivation, you are likely to be suffering from burnout.

A comprehensive, confidential questionnaire for assessing burnout is available online at <https://web2.bma.org.uk/drs4drs.burn.nsf/quest?OpenForm>. You can do a quick assessment for burnout by answering four questions created by the United Kingdom Practitioner Health Programme (<https://academic.oup.com/bjaed/article/17/1/0/334/3865410>):

Has anyone close to you asked you to cut down on your work?

In recent months have you become angry or resentful about your work or about colleagues, clients or patients?

Do you feel guilty that you are not spending enough time with

Counseling Corner

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com

© Anne Chan, 2018

your friends, family or even yourself?

Do you find yourself becoming increasingly emotional, for example crying, getting angry, shouting, or feeling tense for no obvious reason?

If you answered “yes” to any of these questions, get help sooner than later, and make an appointment with your doctor or a psychotherapist. The good news is that burnout does not have to be a permanent condition, nor does it necessarily mean that you must make a drastic career change. Coping mechanisms that have found to help include meditation, exercise, and strong social support. It is also important to take good care of your life outside work by participating in meaningful activities such as hobbies and spiritual practices.

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. You can reach her at annechantcv@gmail.com © Anne Chan, 2017.

Call for submissions EDUCATION CORNER

Tri-City Voice has offered to publish human interest stories of the classroom in an Education Corner. The column is designed to show the general public what teaching, administrating and staffing are truly like. Many have no idea what it takes to manage and teach 150 to 200 students each day, or educate one set of students in multiple subjects.

Submit vignettes or stories based on the classroom, 800 words or less. Please, no political harangues or personal vendettas.

Submit via email to jameslecuyer@yahoo.com along with your name, present city of residence, present or former position, phone number, and email address. You will be contacted if your story is considered for publication.

James LeCuyer
Fremont

Local Solar Tour participants wanted

SUBMITTED BY CITY OF FREMONT

This fall, the City of Fremont is partnering with the Northern California Solar Energy Association to participate in the American Solar Energy Society’s National Solar Homes Tour. The City is looking for households who would be interested in showcasing their solar systems during Fremont’s Local Solar Tour on Saturday, October 5, 2019 from 12 p.m. to 4 p.m. This is an opportunity for residents to show off their system to their neighbors and help inform them about the benefits of going solar!

Fremont’s Local Solar Tour will consist of a series of solar open houses where community members visit a solar-powered home, talk with the solar owner about the process of going solar, and connect with other solar supporters in their community.

If you are a solar owner and ready to sign up your household to be part of the tour or would like to learn more, please visit National Solar Tour or contact Solar Manager Batya Gelfand or the City’s Sustainability Manager Rachel DiFranco by e-mail or at 510-494-4451. Households who would like to participate in the tour must sign up by August 30, 2019.

For community members interested in visiting one of Fremont’s solar homes on October 5, more information will be available soon.

galleries in their current layout will be Sunday, September 1.

Last autumn, the historical society announced that the building would be listed for sale as part of a financial and operational restructuring of the organization. While the building has not yet sold, the board of directors voted unanimously to move forward with the leasing of the first-floor gallery space.

“It was a very difficult decision that was not taken lightly. We had reviewed all the possible options,” says Board President Richard Patenaude. “After careful review and planning, we determined this was the best way forward for HAHS to reduce the museum operations to a more sustainable size while generating some additional income by leasing the gallery spaces to a new tenant.”

During the gallery closure, modifications will be made to space on the second floor. The new space will house the research library, archives, staff offices, and gallery spaces. “The space will be more intimate, but we are excited

about the changes. We will reuse, repurpose, and reinvent exhibits to provide new experiences and stories for our audience,” says Interim Executive Director Diane Curry.

The museum galleries are expected to reopen in mid-2020. During the closure, staff will continue offering research services at the Foothill Boulevard site. School tours and other educational programming will continue to be offered at other sites, including at the historic properties the organization manages—McConaghy House and Meek Estate. Its popular Toddler Time program will move to McConaghy House on the second Thursdays of the month, while adding a new, additional Toddler Time program on the first Saturdays of the month, also at McConaghy House.

For more information about HAHS’s activities, call (510) 581-0223, email info@haywardareahistory.org, or visit www.haywardareahistory.org.

Historical society to relocate galleries and operations

SUBMITTED BY
MARCESS OWINGS

The Hayward Area Historical Society (HAHS) announced on August 13 that the galleries at their Museum of History and Culture building on Foothill Boulevard will be temporarily closed so they can be relocated to the second floor of the same building. The last day to visit the

continued from page 1

Sister Cities Festival

of the foreign city, express their desire to establish a sister city relationship." One example is Baybay City, the latest to join Union City's family. Residents who originally hailed from Baybay made a presentation on Baybay's population, history, geography, products, and culture. They asked the Baybay City Mayor and other city officials if they would be amenable to a Sister City relationship. After both cities agreed, there was a "Twinning" ceremony in Union City with officials from both sides. Gacoscos says, "The bond encourages cultural, economic, education and other friendly exchanges of the two cities."

This year, Union City welcomes Guro City from South Korea to the festival for the first time. Currently, they are a "Friendship City," a pre-Sister City stage. The relationship was established when a group of Guro City officials and businesspeople visited Union City; Guro is currently in the process of becoming a full "Sister," which may include a Twinning ceremony.

Each year, the Sister Cities Festival highlights a different member of the Union City family. This year, Jalandar, India will be the star. Gacoscos lists the aspects of Jalandar's culture that will be featured: "Members will have cultural displays, crafts,



pictures and dance performances of Bhangra, an energetic lively dance very popular in the Punjabi area of India." Of course, the other siblings will not be left out. "Every sister city/country has dance performances for 15 to 20 minutes representing the countries of India, Mexico, China, Thailand, Afghanistan, the Philippines and, for the first time, South Korea. A Bollywood portion of the program will invite the audience to dance with the performers."

In addition to artistic performances, guests will be able to experience food from the Sister Cities. Available foods include Indian samosas & pakora, Mexican burritos, Chinese chow mein, fried chicken & rice, Korean chapchae and kimchi, Thai chicken and vegetable dishes, Papillon salad, Afghani lamb rice dish, Filipino adobo, pancit, and lumpia.

As always, delegates will speak about their respective cities.

This year, Nadja Karim Qayoumi from Afghanistan and Ernesto Butawan

from the Philippines will make an appearance. Local officials from Union City will also speak. American culture will be honored with community singing of "America, the Beautiful" and "This Land is Your Land."

Come for the culture, stay for lively entertainment, awesome food, and raffle and door prizes. Tickets are \$20 and may be purchased on Eventbrite at <https://www.eventbrite.com/e/15th-annual-sister-cities-festival-tickets-68325065109?aff=ef-beventix>.

Union City Sister Cities Festival
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2:30 p.m. – 7:00 p.m.
Mark Green Sports Center
31224 Union City Blvd.,
Union City
Contact: Pat Gacoscos
(510) 918-7555
<https://www.facebook.com/ucsi>
stercities
Tickets: \$20

Welcome Teacher Day

SUBMITTED BY FREMONT FLOWERS

Fremont Flowers welcomes Fremont Unified School District students back to school. Come celebrate "Welcome Teacher Day" on Tuesday, August 27. Stop by Fremont Flowers to receive a free flower bud vase to present to your teacher on

the first day of school. Students must be present to receive the bud vase.

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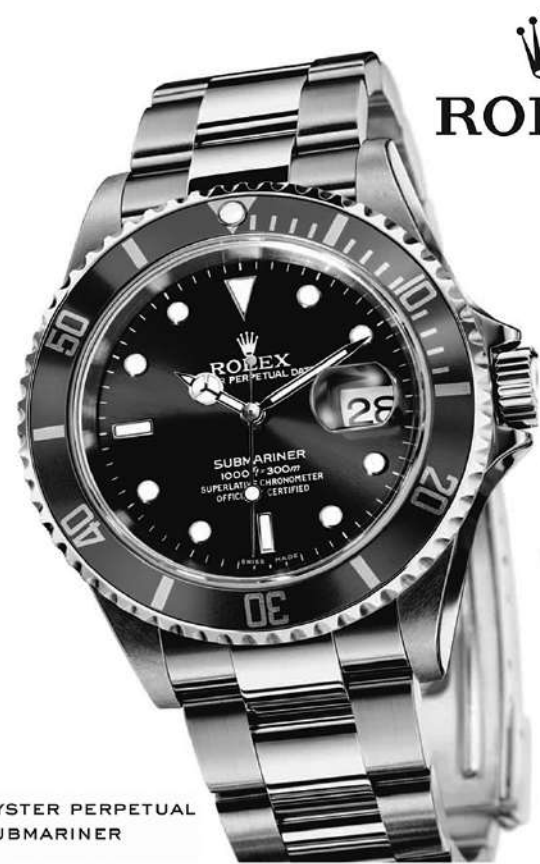
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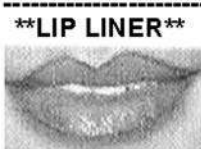
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BUSINESS

LETTER TO THE EDITOR

An open response to the City of Fremont

On July 29, the City of Fremont issued an open letter from Mayor Lily Mei regarding the controversial navigation center that has been proposed by the city. In this letter the Mayor calls on the people of Fremont to have compassion for the homeless. This letter is an open response to the Mayor’s comments from a compassionate, yet concerned citizen.

Mayor Mei,

Thank you for taking the time to engage the public on the navigation center. This proposed center has generated a great deal of controversy within the city and the promotion of an open, honest, and inclusive dialog is the best way to gain the trust and support of the community as we seek to deal with this great challenge. Yet in your letter, you seem to gloss over some key points.

In your letter you point out that while Fremont has been ranked as the “happiest city” in America in the past, recently many residents have been quite unhappy. You attribute this growing discontent among the citizenry as the result of the city studying the potential creation of a temporary Housing Navigation Center as a part of a comprehensive program to address the growing homeless population in Fremont.

We can all agree that homelessness is one of the many great challenges facing our society today. Bay Area cities are particularly impacted, as the homeless population has been surging across the region. There are many reasons for the increase in the homeless population. For many it is a case of good, hard working people who suffered an unexpected problem, such as a loss of employment, injury, illness, or other unforeseen issue. Given the number of people that

are challenged with simply existing paycheck to paycheck, combined with the high cost of living in our region, and it does not take much for someone – for some family – to find themselves homeless.

The over \$2 Million in Homeless Emergency Aid Program (HEAP) grant funds that you refer to can, and should, be used to help these people. We all agree on that. The people of Fremont would be happy to see that happen.

But those are not the people that a homeless navigation center is designed to serve. According to current California legislation, Subdivision (b) of Section 8409 of Title 25 of the California Code of Regulations states that “projects shall operate in a manner consistent with housing first practices including the following:

(1) Ensuring low-barrier, easily accessible assistance to all people, including, but not limited to, people with no income or income history, and people with active substance abuse or mental health issues;”

Further, Section 8255 of the Welfare and Institutions Code states that “Housing First providers offer services as needed and requested on a voluntary basis and that do not make housing contingent on participation in services.”

Simply put, as a low barrier to entry facility, navigation centers were specifically designed for long term chronically homeless adults. This particular segment of the homeless population is more likely to consist of those with active addiction issues and while the centers do offer addiction treat programs, there is no requirement that participants actively engage in those programs. Drug and alcohol users are encouraged, but not required, to seek sobriety.

Further, as an adults only facility, children cannot be housed at the center. Families will not be served there.

No one is suggesting that we stigmatize or ignore the needs of this segment of the homeless

population. We can and should develop a plan to address the needs of these people. But are they the top priority? Should we not first focus our limited resources on those good, hard working people who simply had something go wrong?

Also, consider the following:

Even though the City of Newark has elected to pool their HEAP grant money with Fremont, the total grant funding only equals \$2,078,880.00. This is insufficient to cover even a single year of operational costs for the center, which are quoted as being \$2,306,033.00. This is the figure quoted by BACS, the provider that has already been chosen by Fremont to operate the facility. And this does not even take into consideration construction costs of the center.

Other than a strong hope for another one-time grant from the state, how this center will be paid for on an on-going basis has not been disclosed by the city. Let us not build this center, only to see it close due to a lack of funding shortly after opening.

You correctly state that some cities, such as Hayward, have chosen to build navigation centers. However, you fail to mention that they have actively chosen to place them in commercial or industrial areas. Only Fremont is considering placing a navigation center in a residential area. No other city is doing this.

Further, other cities, such as Union City, have determined the money could be better spent in other ways. The grant does not require the money be spent on a navigation center. The money can be spent on alternative programs that are designed to help the recently homeless and those in imminent danger of becoming homeless.

In your letter you state that the Navigation Center concept is operating successfully in other cities, but conclusive evidence of this remains elusive. San Francisco has been operating a number of these centers for years, yet they have a poor track

record. Officially published results show that across all centers and over time, only 14% of San Francisco navigation center residents have successfully transitioned to long term housing. The majority of that city’s “success” is attributed to the Homeward Bound program which simply ships people out of town. Other centers, such as the one in Berkeley that is the basis of the Fremont facility, claim wildly successful numbers. Officially, however, their numbers have yet to be published.

Even if Fremont were to move forward on the center, by the city’s own estimates, it will not open until sometime in mid-2020, with the first residents moving to housing at the end of that year. During that time the problem will only get worse.

And finally, where exactly is this affordable housing that the residents of this center are going to navigate to? This is a question that the city has yet to answer.

So, I ask you, would it not be more compassionate to spend the money now on services and programs that can have a material impact today? HEAP Funding guidelines state that the money can also be spent on:

“Services: Street outreach, health and safety education, criminal justice diversion programs, homelessness prevention activities, and other service activities.

Rental Assistance or subsidies: Housing voucher, rapid re-housing programs, flexible housing subsidy funds, and eviction prevention strategies.”

We are a compassionate city, and that is why we want to see the money spent effectively on programs that can help people today. We want the money to be spent on real solutions, to help real people in need, right now. Not on unproven, underfunded centers that may or may not help someone, sometime next year.

Keith Parker
Fremont

California bill updates transgender students’ school records

AP WIRE SERVICE

California lawmakers have sent Gov. Gavin Newsom a bill requiring school districts to update their records to reflect the chosen names and genders of graduates.

Democratic Assemblyman David Chiu of San Francisco said his measure that won final legislative approval Thursday is intended to particularly help transgender graduates or those who identify themselves as having no gender.

He says those graduates already often face discrimination and their efforts to find jobs can be aggravated if student records don’t match their legal name. Old records can also inadvertently reveal that a graduate is transgender when they have not otherwise made the transition public.

Chiu says some schools have been reluctant to issue new diplomas to graduates. AB711 requires school districts to update those former students’ diplomas, GEDs or transcripts upon request.

Larry O Car Show Shines

SUBMITTED BY
LARRY OROZCO

The City of Union City Community and Recreation Services would like to thank the Tri-City Voice for the continued support of the Annual Larry O Car Show. On Saturday August 10 the 7th Annual Larry O Car Show at the Ruggieri Senior Center cars and trucks from the 1930’s-1980’s filled the parking lot. A nice variety of classic, custom, original hot rods and oldies shined bright.

Over 1,000 community residents, friends and families enjoyed a beautiful day filled with bicycle and model car displays, bounce house and face painting, BBQ tasty food, and prizes galore! Music filled the air provided by Billy London and The Lucky Dice.

See you next year at the 8th Annual Larry O Car Show Saturday, August 8, 2020.

California hospitals question 2030 earthquake standards

BY ADAM BEAM
ASSOCIATED PRESS

A Southern California hospital spent \$72 million on a building designed to do two things after an earthquake: stay standing and stay open.

But when a pair of strong earthquakes struck the region last month, the hospital couldn’t use it.

Structurally, the building was OK. But some broken pipes flooded a room of mechanical and electrical equipment, and water leaked into operating rooms and elevator shafts. The hospital in Ridgecrest, about 150 miles (240 kilometers) northeast of Los Angeles, had to evacuate the building as a precaution.

Now, Ridgecrest Regional is joining hospitals across the state

in questioning standards designed to keep hospitals open after earthquakes. The rules are set to take effect in 2030.

Most hospitals in earthquake-prone California have met regulations designed to keep buildings from collapsing in an earthquake. But administrators say the standards for keeping the doors open after quakes are pricey and will force some hospitals to raise health care costs, cut services or close.

“Just having a building is a very narrow thing of what it takes to have health care,” Ridgecrest Regional CEO Jim Suver said. “That’s why I think it makes some sense, personally, for us to look at the 2030 standards. It’s not that they are bad, (but) they are tremendously expensive.”

In the case of Ridgecrest Regional, the standards didn’t help, he said.

Suver said he had assumed the expensive building would be the hospital’s lifeline after an earthquake. But the only way the hospital could stay open was to rely on its undamaged 1960s-era buildings – buildings it had planned to retrofit or replace in the next decade.

Labor unions, meanwhile, are defending the standards, pointing out hospitals have had nearly three decades to comply. Changing them now would be a

“multibillion bailout on seismic safety standards,” according to Stephanie Roberson, director of government relations for the California Nurses Association.

“This thing has been on the books since 1974, and they have abdicated their responsibility ever since. The more you delay, the more things cost,” she said.

California has required new hospital buildings to meet earthquake standards since 1974, following a 1971 magnitude 6.5 earthquake in the San Fernando Valley that killed 64 people and collapsed buildings at the Olive View Medical Center and a veterans’ hospital.

In 1994, after a magnitude 6.7 earthquake near Los Angeles damaged 11 hospitals and forced eight to evacuate, state lawmakers required hospitals to either upgrade their existing buildings to withstand an earthquake or replace them. The original deadline was 2008 but it has been extended to 2020 with some exceptions.

All but 160 of the more than 3,000 hospital buildings in California have met the 2020 standards, according to the Office of Statewide Health Planning and Development. The California Hospital Association, an industry group, says just 23 hospitals have met the 2030 standards, while

395 have not. They estimate it will cost as much as \$143 billion for hospitals to comply, according to a study paid for by the industry.

“If we follow through with this standard, we will likely close hospitals,” said Carmela Coyle, president of the California Hospital Association.

Hospitals are proposing some alternatives. Their ideas include having taxpayers help finance construction or requiring only a certain number of hospitals in each region to meet the standards. Another idea is to adopt a cap-and-trade-like system where hospitals could buy permits allowing them to have noncompliant beds.

The California Hospital Association sponsored a bill in the Legislature this year to address the 2030 standards , authored by state Sen. Anthony Portantino, a Democrat from La Canada Flintridge. But they could not get an agreement by a legislative deadline, pushing negotiations to next year. Portantino’s office did not respond to a request for an interview.

Talk of scaling back the standards upsets Tim Thomas, a retired nurse who was thrown to the floor and covered in a pile of books when an earthquake struck near the Watsonville Community

Hospital in 1989. The hospital lost power and had to evacuate. Roads were closed, so there was no way out. Thomas assisted as an orthopedic surgeon operated on a patient in the parking lot with nothing but a local anesthetic.

“To not make provisions to have the hospitals keep pace with the rest of the infrastructure doesn’t make any sense to me,” Thomas said. “I haven’t heard anybody suggest the medical industry is not viable and making money.”

Coyle said 38 percent of California hospitals operate at a loss. Suver said if they have to comply by 2030, they will have to “significantly limit some of the services we offer.”

“The new tower was very expensive for us to build and the prospect for us to have to spend more millions of dollars on remediation of older buildings and demolish them is very tough for a small rural hospital like us,” he said.



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Driven by a Startup Bug?



By ASOK CHATTERJEE

A room full of entrepreneurs, some of them wannabes, were all ears at the StartUp Grind (SUG) fireside chat on August 7th. They came to listen to Andre Abrahamians. Having started his career in a technology startup, Simply Hired, and then spending time with the Hearst empire, Andre is presently with the leading law firm of Wilson, Sonsini, Goodrich & Roasti (WSGR). The formal topic for the evening's discussion was 'Considerations of Owning and Running a Startup'. What made the evening special was the fact that Andre has already walked the talk. A local boy, having graduated from Mission San Jose High School, and later from Santa Clara University, he has a unique combination of experience in corporate rules and regulations, and startup sales & digital advertising. Everybody, bar none, related to him. To all he was 'one of us.'

Introductions by SUG's Fremont Chapter Director Gaytri Khandelwal were hardly over when Andre jumped straight into the punch line of the message he came to deliver – don't let corporate and administrative issues adversely impact the fate of your startup.

Take charge and avoid costly mistakes upfront. Issues to be addressed can be as fundamental as where to incorporate the company for favorable tax benefits regime – it is no wonder you get to see so many Delaware-registered corporations! On the other end of the scale of complexity, challenges may involve complex patent litigation and trademarks.

Entrepreneurs are dreamers by nature and typically dream big. A common strategy for many is to nurture their 'baby' from birth to a certain stage of adolescence, establish an attractive track record, and then be acquired by a bigger-name organization. Andre reminded the audience that nobody wants to seriously talk about acquisitions if it is obvious that the startup's legal paperwork is messy. While the urge to depend on freely available online low-cost legal support services may be attractive, at least in the beginning days of a startup, it is advisable to graduate to formal legal counsel as soon as possible.

The best part of the evening, and perhaps the most informative, was the free-flowing Q/A discussions. Everyone picked up nuggets of wisdom. For one attendee, validation of his company and its product

offerings was the volunteers lining up to become Interns in his startup. It was a win-win scenario. Young bright minds were getting the startup exposure they craved, and the company was benefiting by offering them a loosely defined program. It was working well, with a caveat. A discussion during the fireside chat revealed that the situation could unravel very quickly if the expectations from either side hit an unexpected road bump without a well-documented 'Internship Program.' If that were to happen, the startup could be looking at litigation, financial damages, and bad publicity.

SUG is a global organization by, of, and for the entrepreneurs and their startups. The Fremont Chapter is fully supported by the City of Fremont. It provides a platform within the Silicon Valley that perhaps serves its members in the most pragmatic way possible. The meetings are typically held every four to six weeks.

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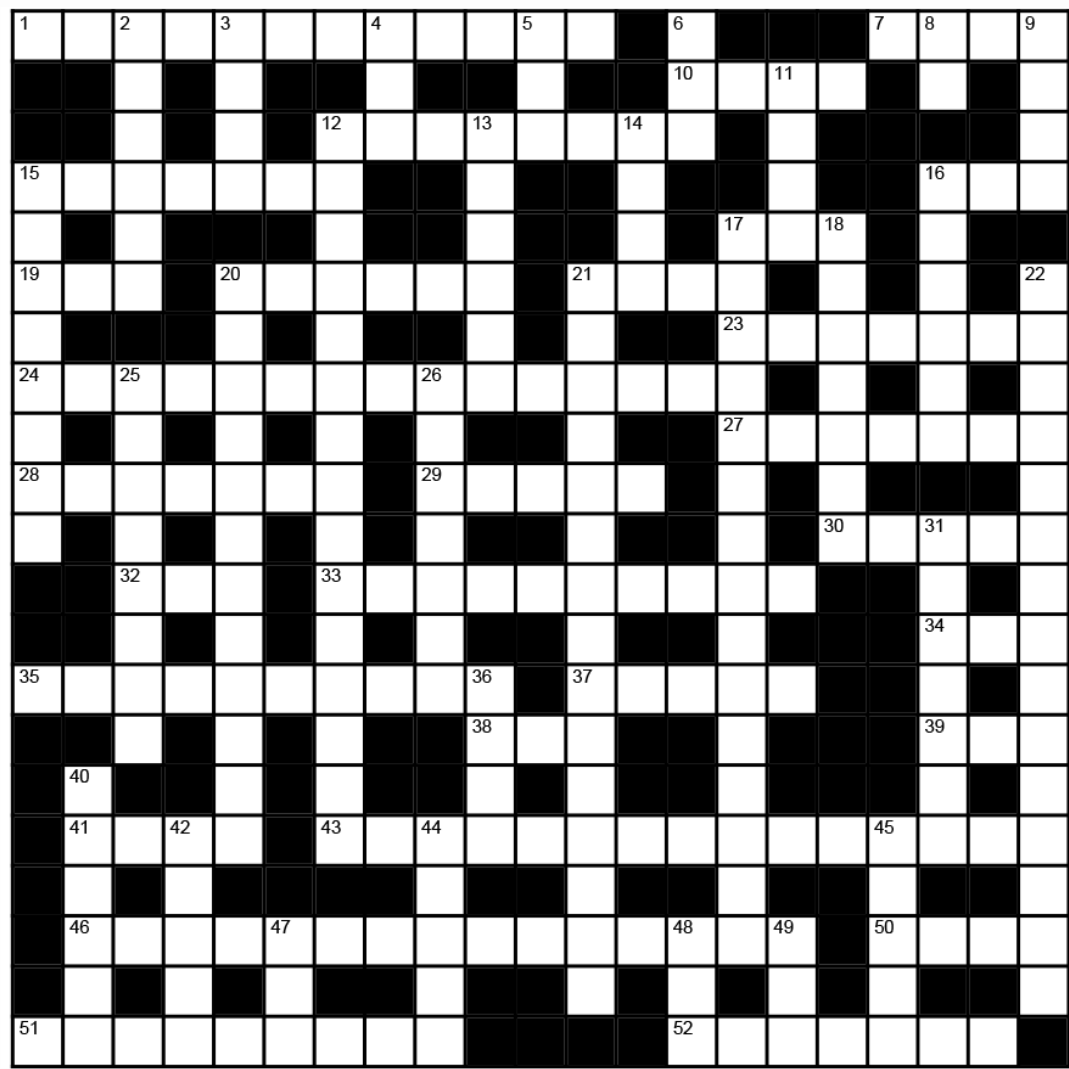
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- * Alzheimer's disease

Mind Twisters

Crossword Puzzle



- Across

1 Fuddy-duddy (3-9)

7 Prefix with dexterity

10 Anger (4)

12 Literally, "wind and water" (4-4)

15 Carpenter, at times (7)

16 ___-A (drug used to treat chickenpox) (3)

17 Computer key (3)

19 Book before Neh. (3)

20 Classified (4-2)

21 ___ fide (4)

23 Home of Carthage College (7)

24 Zodiac sign (5,3,7)

27 Come (from) (7)

28 Arrests (5,2)

29 Crows' homes (5)

30 Model (5)

32 Rapa ___ (Easter Island) (3)

33 Zest (6-4)

34 911 responder (3)

35 Trades (10)
- 37 Is ___ (probably will) (3,2)

38 Shostakovich's "Babi ___" Symphony (3)

39 Neither Rep. nor Dem. (3)

41 Duck: Ger. (4)

43 Listen (5,2,4,4)

46 Possible title for this puzzle (7,2,6)

50 French clergyman (4)

51 Releases (4,5)

52 Gives power to (7)

Down

2 Director of the "Lethal Weapon" films (6)

3 Muezzin's call to prayer (4)

4 Mamie's man (3)

5 Lt.'s inferior, in the Navy (3)

6 Annual opener (3)

8 ... (2)

9 College in New Rochelle, N.Y. (4)

11 "Naked Maja" painter (4)

12 Hearty first course (6,5,4)
- 13 Like a good egg (5,1)

14 "What've you been ___?" (2,2)

15 Ennui (3,5)

16 Panhandle site (6)

17 Find fault with (4,9,2)

18 An Indic language (7)

20 Whoosis (12)

21 Wallop (4,3,3,3,2)

22 Signal receivers (9,6)

25 Prude (8)

26 Swaddle (7)

31 Title for a retired professor, maybe (7)

36 Harmony (4)

40 Twerp (6)

42 Carries (5)

44 Ammonia derivative (5)

45 Internet messages (5)

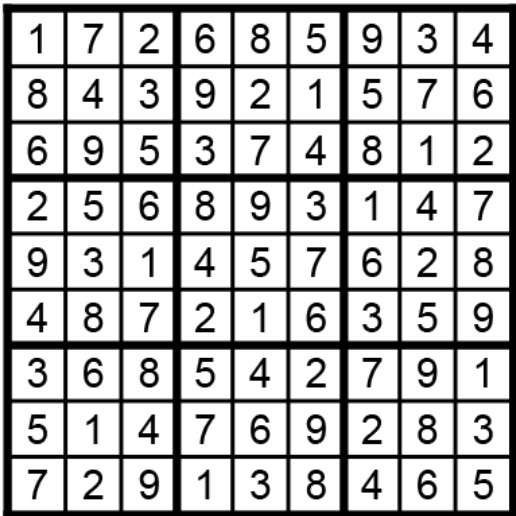
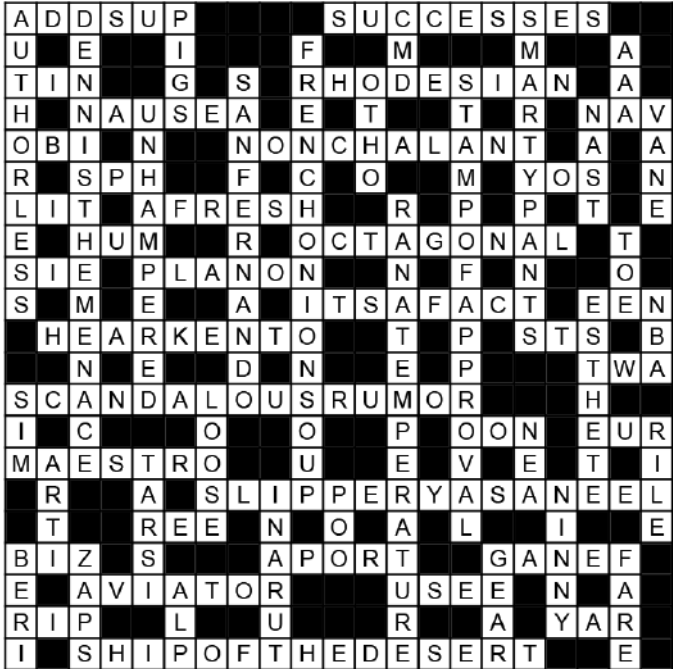
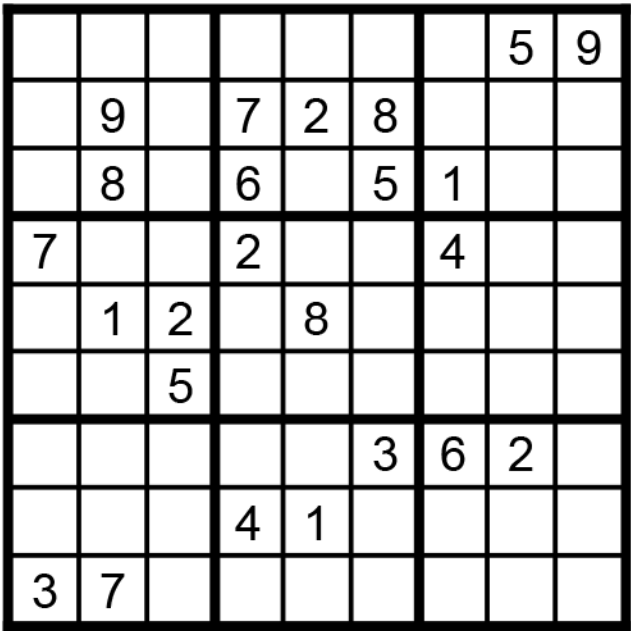
47 W.W. II battle site, for short (3)

48 G.I. chow in Desert Storm (3)

49 Supporter of arms, for short (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: AUGUST 21 – AUGUST 27, 2019

For All Signs: This week we will focus on Venus, goddess of relationships, because she is making multiple aspects to other planets. This suggests that many of us will be preoccupied with issues and interests concerning our involvement with others. Venus rules not only romantic love, but also the principle of relatedness among people, whatever that relationship may be. The free flowing aspects of Venus this week favor

nonsexual friendships. The tenser aspect is connected to our closest intimates, the ones with whom we share our sexuality or our money and material resources. These two human interests, sex and finances, lend themselves to overt and subtle issues of control. During tense aspects of Venus, we are more easily drawn into battles over power unless we consciously circumvent the impulse to manipulate others.

Aries the Ram (March 21-April 20): It's time to take a good look at your self-care habits and beef up your resolve to strengthen your body. If you are already strong, then perhaps you can help others toward self-improvement. You have been wanting to make changes in your work life. A new idea or opportunity will likely come to you now.

Taurus the Bull (April 21-May 20): Venus is your Avatar planet, and this week she encounters her partner, Mars, in your house of romance, creativity, and children. It is possible that a new relationship is on the horizon. If you are an artist of any type, this is the time to begin a new project that is on your mind.

Gemini the Twins (May 21-June 20): Don't tangle now with the Powers That Be. The best that can come is that they will ignore you. The worst is that they will take a dislike to you and squash you in the mud. Life with partners and significant others flows smoothly.

Cancer the Crab (June 21-July 21): You have a potential conflict with a partner over the subject of managing finances. It is a conflict between your heart and what you believe is the "right" thing to do in the eyes of the world. As soon as you settle your internal quarrel, the external quarrel will vaporize.

Leo the Lion (July 22-August 22): After the August 22, your focus of attention shifts to the subject of finances and scrutiny of your values. Is your money following what you hold in highest regard? You are looking for a long term investment in your security here. Spend some time reflecting on what you want for your future retirement.

Virgo the Virgin (August 23-September 22): The Venus/Mars alignment on August 24 brings you face to face with your identity versus your relationship. You must consciously evaluate how you will manage to meet your personal needs and yet remain connected to the "other" in your life. This is a 22-month project, so it doesn't have to be done

overnight. But it is a subtheme for nearly two years.

Libra the Scales (September 23-October 22): This week brings a Venus/Mars conjunction in your 12th house of the unconscious. You may be thinking about past relationships. Maybe someone you have loved in the past will suddenly surface. If you need to make amends, do so, but use caution and test the waters before you re-engage heavily.

Scorpio the Scorpion (October 23-November 21): Be careful when you speak. You are liable to tell hard truths that will cause the "other" to turn on you. Consider the relationship, and whether you want this person in your life. Sharp words can cut ties in an instant.

Sagittarius the Archer (November 22-December 21): You have a desire to reach outward to others. You want to share ideas and express yourself in a larger framework. Circumstances on the romantic front are favorable with one who shares intellectual interests. Activities involving teaching/

learning are favored, along with good aspects for travel. The law is on your side.

Capricorn the Goat (December 22-January 19): You may be feeling tension with others over shared resources. For example, it might be difficult to get a loan, or you could be struggling over expenditures with your spouse or business partners. Try to accept that you may not get everything you want at this time. If you have enough power to pressure people against their will, you will lose the relationship.

Aquarius the Water Bearer (January 20-February 18): This month you may not be getting along favorably with your

partner, whether business or personal. Planets in the sky represent opposing points of view. If you meet an impasse, it might be better to set hot spots aside until the waters are smoother.

Pisces the Fish (February 19-March 20): Make notes about those things you need to remember. The brain fog might drown out worthwhile information. You may feel as though you came from another planet this week. Communications may be misunderstood, snarled, or lost altogether.

Are you interested in a personal horoscope?
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Last week to submit artwork

In 2019 the Fremont Art Association will hold its 54th annual Art Show from Tuesday, September 24 to Sunday, October 27. Both Association members and the general public are invited to submit two- and three-dimensional art for this juried Art Show.

Entrants must submit online at the Fremont Art Association website by Sunday, August 25 by midnight. There is no limit to the number of pieces that can be submitted, but no more than three will be chosen for the show. Entry guidelines can be downloaded from the website.

Entry fees are \$25 for non-members and \$20 for members, with a \$5 discount for additional entries. The show will be held at the Fremont Art Association Gallery at 37697 Niles Blvd, Fremont. For any questions, please contact Nancy Benton at nncybntn@comcast.net.

Fremont Art Association annual show
Submission deadline: Sunday, Aug 25

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nncybntn@comcast.net

www.fremontartassociation.org/annual-art-show
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 **Masonic Homes of California**

Universal plans to double Orlando resort size with 4th park

BY MIKE SCHNEIDER
ASSOCIATED PRESS

Universal Orlando officials said Thursday that the resort is doubling in size with plans for an "epic" fourth theme park, but they offered almost no information on when the new park will open, what it will hold or how much they are spending.

The secretive nature of the new park is "because of competitive pressure," Universal Parks & Resorts CEO Tom Williams said at a news conference with Florida Gov. Ron DeSantis and his boss, Comcast CEO Brian Roberts.

"You are aware of the competitive nature of this

Orlando marketplace," Williams said. "We're all battling for the time of visiting guests to come to our location and to share details of what we have in mind with the competition is something we have no interest in doing."

The announcement is the latest salvo in the war for dominance between Walt Disney World and Universal Orlando in America's theme park capital.

Despite the lack of details, officials with the theme park resort promised the new park would be epic. To that end, they're calling the new park Universal's Epic Universe.

"Last I heard, a universe is bigger than a world," said Williams, making a dig at Disney World.

The new park will be located on a 750-acre site separated by a few miles from the current Universal Orlando property that is home to the Universal Studios and Islands of Adventure parks, as well as the Volcano Bay water park.

More than 14,000 workers will be hired on top of the existing 25,000-person labor force in Orlando. They will be paid a starting minimum wage of \$15 an hour, officials said.

The company also has theme parks in California, China, Japan and Singapore.

Comcast purchased NBCUniversal almost a decade ago. During that time, Comcast has put more money into theme parks than any other part of the company, Roberts said Thursday. That investment had paid for Harry Potter-themed lands and rides based on other franchises, such as "Fast & Furious."

The fourth park will be the biggest investment the Comcast

NBCUniversal has made in its theme park business, Roberts said. It will have a park, hotels, restaurants and shops, and more details will be released as the project gets under way, officials said.

"I don't think there's been announcement like this in over 20 years here when you hear the scale," Roberts said.

Universal recently had been acquiring hundreds of acres of land near Orlando's convention center in its aim to topple Walt Disney World's dominance in Orlando.

Universal's announcement comes weeks ahead of the planned opening of a Star Wars land at rival Walt Disney World. An identical attraction opened earlier this summer at sister park Disneyland in California.

Earlier this summer, Universal also debuted a new ride based on the Harry Potter character, Hagrid, which had fans waiting for hours to ride it.

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Niles Canyon Road

will close for

"Stroll and Roll"

SUBMITTED BY ASHLEY GUY

For the third time in four years, Niles Canyon Road will be closed to motor vehicles on Sunday, September 22, to give full access to the roadway to hikers, runners and bicyclists, and to raise awareness about a proposed new public trail through the scenic canyon.

To make way for "The Niles Canyon Stroll and Roll," automobiles will be barred from a stretch of Niles Canyon Road between Mission Boulevard in Fremont and Main Street in Sunol from 7 a.m. to 2 p.m. that Sunday. (From 7 a.m. to 8 a.m., the road will be open to bicyclists only). Participants in the



unusual event also will have the chance to discuss proposals to enhance public access to Niles Canyon with staff from Alameda County and the East Bay Regional Park District.

A project study completed in 2017 suggested that a 10-foot-wide paved pathway running mostly along the north side of Niles Canyon Road would be the preferred way to enhance access to the Canyon for pedestrians, bicyclists and possibly equestrians.

Alameda County Supervisors Scott Haggerty and Richard Valle have been leaders in the push for a Niles Canyon recreation trail. In October 2015, the supervisors co-sponsored the first "Niles Canyon Stroll and Roll," an event that proved so successful it was repeated in 2017. Organizers of this year's Stroll and Roll say they are preparing for as many as 10,000 people to participate.

Proposals for a public trail through Niles Canyon are driven by the canyon's breathtaking scenery, which is accessible only via Niles Canyon Road, a winding two-lane portion of State Highway 84.

Bicyclists have repeatedly called for a trail due to safety concerns related to sharing the narrow roadway – which includes no shoulder space in some sections – with automobiles. Recreation enthusiasts point out that hiking access to the canyon is limited and that a trail would provide a vital link between trail networks in the Tri-Valley and Alameda County's bay-front corridor.

Supervisors Haggerty and Valle are leading a long-term initiative exploring options to build a trail through the canyon, which would be separated from automobile traffic to accommodate walkers, joggers and bicyclists who want to take a close look at the Canyon's steep slopes, dense vegetation, stunning vistas and wildlife. An in-depth environmental review of the trail proposal is now being planned, with the study expected to begin sometime next year.

Go to www.84strollroll.com to learn more about the Niles Canyon Multi-Use Trail proposal and the September 22 roadway closure.



Home & Garden

Lavender Arts at Home

ARTICLE AND PHOTOS BY
LALITHA VISVESWARAN

Peak summer is here. Temperatures are spiking and heat advisories abound. The garden looks tired and needs more care. Lavender, the drought-tolerant trooper is still going strong, feeding the bees and wafting joy in your direction. I have shared the edible joys of lavender before, and here are some crafty ideas.

Lavender Sachets

- Exactly what it sounds like: Loose dried lavender in little sewn pouches or sachets.
- Dry lavender stalks. Strip the stalks so you have a pile of lavender that is entirely devoid of moisture. This is important.
 - You can fill oversized paper tea bags with dried lavender, seal the bags and use them inside your linen closet for lavender fragrance.
 - A square of linen or muslin, plain or with decorative lacy edges, can be sewn to make little lavender bags. Fill with dried lavender. You can either sew the bags closed or tie like a pouch with a piece of hemp or twine.
 - Fabric sachets must be washed if they have been starched. Lavender's aroma can get trapped and not release through woven fabric that has been starched stiff.
 - Avoid organza, tulle or any unwoven fabric; natural materials such as cotton or linen are best. Lavender sachets only need a squeeze or a good rub to give out that whiff of floral joy.
 - Sachets that are filled with organic rice husks and mixed equally with dried lavender buds can be used as eye pillows.

Lavender Smudge Sticks

Smudge sticks are the oldest room fresheners. Some cultures use them ritually. Whether or not you believe smudge sticks with their smoky powers can drive away evil or negative energy, there is no denying that smoke will drive away insects and disable eggs/larvae in the hidden corners of your home. Fresh or slightly-wilted aromatic herbs are bundled together and tied with a

string. Then, herbs are naturally dried in semi-shade to retain color and remove any moisture from the plant material. Lavender is excellent for creating smudge sticks as it is high in aromatic volatile oils. Having said that, lavender in combination with other dried herbs is even better for burning as lavender is brittle and its loose buds need dried plant material to hold together. These are a few of my favorite combinations:

- Lavender, Roses, and Sage
- Lavender, Rosemary, and Sage
- Lavender, White Pine, and White Sage



- Lavender, Juniper, and Roses
- Lavender, Mugwort, and Sage
- Lavender, Catnip, and Sage

Lavender Threshold Swags

I love wreaths, but I found that they required hardware and were expensive. Lavender in particular must be cut during peak bee foraging season when it is fresh and the stems are pliable to make it fit the wreath form. It was easier to create wreaths from my field of lavender in my farm, but in a home garden, it can be difficult to rustle up enough fresh lavender to create wreaths. Smaller, chunky lavender swag bundles hung over the threshold have the same flower power. There are so many ways to decorate bundles with satin ribbons, lace etc.

I love threshold swag bundles and prefer them to wreaths because once you create the basic



lavender bundle and secure it with a rubber band or twine, the decorative part can be changed as needed. Halloween can have a witchy swag, and Easter can have a bunny friend in your lavender

The best way to hang swag is upside down. It can be hung over the threshold of your front door or inside the house. Make sure to use a thick bundle with a lot of personality. Some ideas:

- Halloween décor
- Burlap strip with a bright cheery button sewn in the middle
- Lace or crochet bound, but these are better indoors
- Satin ribbons. Pastel colors in satin go especially well with lavender
- Tulle or organza for an ethereal look
- Mix and match with other herbs such as wheat sheaves, sage, rosemary, roses, baby's breath, etc.

Lavender Incense

Finally, here is my favorite secret recipe to make incense at home. While smudge sticks are a great way to bring aroma into the home, I have always been a fan of incense cones. Incense-making is a traditional art that combines earthly gifts with solid technique. It is so ancient that incense



recipes exist from the times of Egyptian Pharaohs.

There are various ways to make incense, but I find incense cones the easiest and least messy. Some people dip sticks into the incense mixture, and others burn the powder in granular form over smoldering coal with sand or charcoal. The key is a resinous substance and the aromatic incense mixture, bound together by water. It can be made strong with essential oils or fragrance oils. My way:

- Grind dried lavender buds to a fine powder. Don't let it heat up. Sift thoroughly.
- Measure one part Gum Arabic powder to two parts ground lavender.
- Options: Any resinous matter such as pine leaves, myrrh or frankincense will enhance your incense. Makko powder can also be used instead of Gum Arabic. Equal parts of powdered coal to Gum Arabic will make the mixture more flammable.
- Use dropper to add water and make the herbs and Gum Arabic mixture into a Play-Doh texture. Dry thoroughly for three to five days.
- Burn the cones on a mound of sand for safety and don't leave them unattended.
- You can add essential oils to mix the lavender with dried herb such as sage. Essential oils make ribbons of incense smoke wonderful in their complexity.

Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark. www.jelliclesfarm.com

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Highest \$: 2,020,000				Median \$: 875,000			
Lowest \$: 519,000				Average \$: 939,658			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
2505 Miramar Ave #116	94546	519000	2	860	1988	7/12/19	
3009 Grove Way #C11	94546	525000	2	1042	1992	7/3/19	
19987 Lorena Circle	94546	700000	3	1660	1995	7/9/19	
1828 Riverbank Avenue	94546	708000	2	1186	1947	7/5/19	
4336 Veronica Avenue	94546	725000	3	1106	1952	7/10/19	
17584 Vineyard Road	94546	745000	2	1263	1947	7/10/19	
2722 Stanton Heights Ct	94546	785000	3	1888	1974	7/11/19	
2477 Mikemary Court	94546	830000	3	1156	1956	7/9/19	
19000 Mayberry Drive	94546	831000	3	1700	1912	7/5/19	
19036 Schuster Avenue	94546	875000	3	1312	1955	7/3/19	
18957 Center Street	94546	924000	3	2332	1954	7/8/19	
6082 Castlebrook Drive	94552	925000	3	1799	1986	7/5/19	
18340 Jill Way	94546	950000	4	2297	1961	7/12/19	
6091 Skyfarm Drive	94552	995000	3	1799	1987	7/5/19	
3141 Brent Court	94546	1130000	3	3630	1971	7/12/19	
17695 Chateau Court	94552	1200000	5	2920	1981	7/8/19	
5366 Proctor Road	94546	1217500	3	2840	1977	7/12/19	
7800 Coolidge Court	94552	1249000	4	2690	1999	7/9/19	
5812 Jensen Road	94552	2020000	5	5151	1991	7/5/19	

FREMONT TOTAL SALES: 61							
Highest \$: 21,809,000				Median \$: 1,080,000			
Lowest \$: 355,000				Average \$: 1,475,295			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
119 Silk Oak Common	94536	355000	2	1230	2006	7/9/19	
3395 Pinewood Terr #104	94536	429000	1	936	1987	7/12/19	
5713 Poplar Common	94538	515000	2	945	1970	7/9/19	
1975 Barrymore Comm #T	94538	550000	2	882	1982	7/9/19	
3975 Lake Tahoe Terr	94555	575000	2	1056	1971	7/9/19	
38697 Huntington Cir	94536	575000	2	1168	1988	7/10/19	
3847 Milton Terrace	94555	585000	2	963	1986	7/8/19	
34113 Aberdeen Terr	94555	590000	2	988	1970	7/9/19	
3398 Wolcott Comm	94538	665000	2	1280	1983	7/3/19	
370 Serramonte Terr	94536	790000	3	1240	1973	7/11/19	
1017 Avila Terraza	94538	840000	3	1420	2001	7/8/19	
40427 Blacow Road	94538	905000	4	1302	1960	7/11/19	
4516 Alhambra Drive	94536	908000	3	1148	1958	7/11/19	
4478 Stickley Terrace	94536	915000	3	1310	2007	7/9/19	
5491 Tyler Place	94538	925000	3	1306	1967	7/9/19	
5127 Shalimar Circle	94555	950000	3	1383	1988	7/9/19	
4852 Hilo Street	94538	950000	3	1148	1960	7/11/19	
4178 Sora Common	94555	956000	3	1590	1985	7/3/19	
251 D Street	94536	960000	3	1203	1951	7/8/19	
37040 2nd Street	94536	975000	3	1260	1936	7/12/19	
4571 Mildred Drive	94536	1000000	3	1080	1961	7/8/19	
35858 Alcazar Court	94536	1000000	3	1644	1965	7/10/19	
35673 Viola Court	94536	1000500	3	1148	1957	7/5/19	
38831 Garibaldi Comm	94536	1005000	3	1610	1994	7/5/19	
811 Neon Terrace	94536	1005000	3	1114	1996	7/11/19	
38905 Gar Terrace	94536	1008000	3	1610	1995	7/11/19	
5441 Cleveland Place	94538	1027000	4	1507	1967	7/12/19	
4848 Bryce Canyon	94538	1028000	4	1581	1963	7/11/19	
Park Dr #D							
35131 Adriano Street	94536	1040500	3	1240	1965	7/8/19	
5569 Cleveland Place	94538	1050000	3	1390	1967	7/9/19	
42960 Gatewood St	94538	1080000	3	1104	1956	7/12/19	
5811 Via Lugano	94555	1100000	3	1701	2013	7/3/19	
34759 Bowie Comm	94555	1100000	3	1354	1988	7/8/19	
3776 Harlequin Terr	94555	1110000	4	1855	1991	7/12/19	
38795 Adcock Drive	94536	1116000	4	1409	1978	7/5/19	
34387 Locke Avenue	94555	1125000	3	1382	1972	7/11/19	
4974 Tenor Court	94538	1135000	3	1598	1962	7/3/19	
38221 Glenview Drive	94536	1142500	2	1852	1954	7/12/19	
48218 Arcadian Street	94539	1145000	3	1544	1963	7/9/19	
48403 Spokane Place	94539	1150000	3	1091	1980	7/5/19	
4789 Phebe Avenue	94555	1150000	3	1380	1986	7/8/19	
32793 Mono Lake Ln	94555	1160000	4	1408	1976	7/3/19	
35993 Blair Place	94536	1175000	4	1811	1968	7/12/19	
305 Merrill Avenue	94539	1195000	3	1520	1968	7/12/19	
404 De Salle Terrace	94536	1230000	3	1870	1991	7/9/19	
1517 Gilbert Place	94536	1245000	3	1562	1984	7/10/19	
48871 Gamay Drive	94539	1325000	3	2020	1985	7/5/19	
120 Tuolumne Drive	94539	1407000	3	1542	1977	7/5/19	
464 Chardonnay Drive	94539	1500000	3	1917	1986	7/10/19	
33977 Horseshoe Loop	94555	1522000	4	1973	2016	7/10/19	
1735 Ponca Court	94539	1600500	4	1728	1978	7/3/19	
1045 Canyon Creek Terr	94536	1675000	3	3855	1994	7/5/19	
2080 Springwater Dr	94539	1720000	3	2459	1992	7/8/19	
2431 Lockwood Ave	94539	1770000	3	1146	1960	7/10/19	
43547 Southerland Way	94539	1864000	3	2388	1989	7/8/19	
1132 Onondaga Way	94539	1900000	4	2163	1979	7/3/19	
3506 Willow Wren Pl	94555	1910000	4	3346	1984	7/12/19	
43568 Bryant Street	94539	1975000	6	3640	1995	7/3/19	
39745 Benavente Ave	94539	1980000	3	2607	1975	7/5/19	
543 Lower Vintners Cir	94539	2600000	5	3821	1997	7/9/19	
37718 Mission Blvd	94536	21809000	4	2759	1915	7/11/19	

HAYWARD TOTAL SALES: 46							
Highest \$: 15,522,000				Median \$: 625,000			
Lowest \$: 222,500				Average \$: 939,065			
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED	
26873 Holly Hill Avenue	94545	222500	3	1128	1956	7/9/19	
260 Industrial Pkwy #12	94544	290000	1	686	1973	7/12/19	
1002 Cheryl Ann Cir #51	94544	390000	2	977	1979	7/12/19	
725 Auburn Place #100	94544	420000	3	1172	1980	7/9/19	
25938 Kay Avenue #121	94545	430000	2	1128	1989	7/8/19	
25938 Kay Avenue #116	94545	445000	2	1148	1989	7/10/19	
665 Dartmore Lane #354	94544	447500	2	878	1988	7/9/19	
22218 Pearce Street	94541	450000	2	736	1927	7/10/19	
950 Hotel Avenue	94541	500000	2	899	1937	7/3/19	
22139 Castille Lane #70	94541	520000	3	1453	1982	7/12/19	
29249 Vagabond Lane	94544	530000	2	784	1948	7/11/19	
1040 Clubhouse Drive	94541	545000	3	1332	1973	7/3/19	
22650 Templeton Street	94541	550000	2	1244	1948	7/9/19	

19865 Camden Avenue	94541	560000	3	1152	1927	7/9/19
543 Blue Jay Drive	94544	580000	3	1610	1979	7/5/19
333 Beale Drive	94544	580000	3	951	1950	7/10/19
26830 Lakewood Way	94544	585000	3	1053	1953	7/5/19
2288 Minnie Street	94541	600000	3	1075	1954	7/5/19
2195 Oak Creek Place	94541	600000	2	1488	1978	7/9/19
1710 E Street	94541	600000	4	3000	1961	7/9/19
25682 Donald Avenue	94544	600000	7	3513	1946	7/12/19
24931 Panitz Street	94541	610000	3	1075	1954	7/12/19
2230 Nina Street	94541	615000	3	1069	1958	7/9/19
25804 Spring Drive	94542	635000	3	1345	1951	7/5/19
655 Sequoia Road	94541	640000	3	1105	1951	7/9/19
1570 170th Avenue	94541	645000	2	1197	1941	7/9/19
28470 Rochelle Avenue	94544	650000	3	1115	1954	7/9/19
3242 Lopes Court	94541	660000	0	1483	1979	7/10/19
22620 Byron Street	94541	670000	2	1430	1946	7/12/19
22734 Coronado Way	94545	670000	3	1119	1955	7/12/19
1277 Martin Luther King Dr	94541	690000	3	1809	2013	7/5/19
21063 Gribben Avenue	94541	700000	3	1366	1951	7/5/19
232 Edwin Way	94544	700000	3	1093	1982	7/5/19
339 Williams Way	94541	713000	3	1827	2012	7/9/19
21184 Ocean View Drive	94541	721000	3	1378	1946	7/11/19
872 Marvin Way	94541	735000	4	1800	1955	7/12/19
87 Middleton Place	94544	738000	3	1938	2015	7/9/19
563 Sarah Place	94544	745000	3	1175	1955	7/10/19
23749 Glenbrook Lane	94541	750000	3	2154	1991	7/12/19
25681 Barnard Street	94545	751000	3	1719	1959	7/12/19
111 Cypress Loop	94544	760000	3	1921	2016	7/11/19
2528 Columbine Drive	94545	768000	5	1622	1974	7/12/19
152 Montevina Way	94545	809000	3	1990	2010	7/5/19
1057 Nancy Court	94544	845000	3	1219	1987	7/5/19
2314 Hidden Oaks Drive	94541	1010000	4	2860	2002	7/9/19
7 Ben Nevis Place	94546	15522000	0	0	0	7/12/19

Google Science Fair Global Finalist: Shreya Ramachandran

BY CHARLENE DIZON
PHOTOS COURTESY OF
SHREYA RAMACHANDRAN

With interest in STEM (Science Technology Engineering Math) rising among today's youth, the Google Science Fair has become a worldwide awaited competition for students ages 13 - 18 who wish to display their scientific pursuits and projects to the public. Fifteen-year-old Fremont local Shreya Ramachandran was chosen as the only West Coast finalist in this year's Top 20 with her inspiring and inventive project on the significance of water recycling. Ramachandran's interest in water recycling stemmed from a visit to Tulare County in 2015, where she witnessed first-hand the effects of California's drought. She explains, "I spoke to people who worked the central water grid. Their wells ran dry and they had to truck water in." Soon after, Ramachandran and her family visited India, where she further discovered how deeply the issue of water insufficiency had entrenched itself. "I spoke to farmers who have lost their crops due to the monsoons. It was then that I realized that I have to try and do something to help," she states. After several months of research and testing, including manually plating hundreds of plant samples, Ramachandran discovered a solution that had been unknowingly introduced to her long ago: greywater and soapnuts.

Greywater includes water from sinks, showers, baths, laundry, and any other water in one's home that can be used again. Ramachandran states, "Over 11 trillion gallons of water that could have been reused are going to waste every year in the U.S. alone." With this in mind, Ramachandran pondered how she could make a difference. She remembered how when she was a child her grandmother had



introduced her to Indian soapnuts and explained that the small berry naturally emitted soap which could be used to wash hair and even clothing. From here came the birth of Ramachandran's hopes for implementing a home laundry-to-lawn system. "I finally made the connection after my visits and my research that I could use soapnuts as a less chemically harmful alternative to laundry detergent and then use the soapnut greywater for irrigation," she explains. The beginning of this project led to Ramachandran's successful journey as a young citizen scientist.

Since 2015, Ramachandran has received numerous awards, including the 2018 Top Winner Gloria Barron Prize for Young Heroes, the 2019 Intel International Science and Engineering Fair Award, and several other honors. She has

become a Sustainability Commissioner for the City of Fremont as well as a member of the United Nations Global Wastewater Initiative (GW2I). To further manifest her belief in water conservation, Ramachandran created a non-profit in 2016 known as The Grey Water Project, an organization whose goal is to foster safe reuse of greywater through options like organic laundry detergents and administering a laundry-to-lawn systems. With her motivation in full swing at such a young age, it is no surprise that Ramachandran soon decided to apply for the Google Science Fair and became one out of merely four finalists chosen from the U.S.

The Google Science Fair was yet another eye-opening experience for Ramachandran. Upon being accepted, Ramachandran felt thrilled each time she passed a particular stage

of the entry process. "They first announced state winners. I kept getting accepted through each stage up to the global finals. I wasn't expecting it," she states. Ramachandran was the only California participant, with other finalists chosen from New Zealand, South Korea, and other countries. "The whole experience was so positive and encouraging. The whole weekend was described as a celebration because they wanted to encourage us to continue doing science," Ramachandran adds. The Google Science Fair gave Ramachandran a sense of immense gratitude, along with new friends from around the globe who shared the same enthusiasm and perseverance in making a difference through science and technology.

Ramachandran continues to pursue her scientific interests through not only her non-profit organization but also a water

conservation curriculum she created for young students. "I wanted to make sure that elementary school students especially understood what water conservation was. If you understand what that is early on, you can make water recycling a part of your daily life. I developed a water conservation curriculum to teach young elementary school students about greywater reuse," she explains. Ramachandran is eager to spread awareness through teachers who are willing to implement the subject of water conservation into their classrooms. Those who are interested in applying Ramachandran's curriculum to their schools may visit her website: www.thegreywater-project.org.

Finding a community of others who are just as devoted to the wonders of Science Technology Engineering and Mathematics (STEM) can be a life-changing gift to many like Ramachandran. As for her advice to those interested in pursuing her field, she states, "I'm endlessly supportive of young girls and young kids who want to do science. It's super awesome and you can contribute to the world. Go out in your community and see what problems need to be solved. What issues do you think most affect you and the people around you, and then what can you do about them? Never feel like you're not old enough to do something, so long as you want to do it. Tiny actions can make a really big difference when done consistently."

For more information on Shreya Ramachandran's water conservation work and curriculum, visit www.thegreywaterproject.org.

For more information on the Google Science Fair, visit www.google-science-fair.com.

Hot Pawgust Nights

SUBMITTED BY CHRIS GIN

Adopt a furry friend, support Hayward Animal Shelter, or just show up to have a good time at "Hot Pawgust Nights" on Sunday, August 25. This event includes a car show, kids table, live music from Milo Nuevo and Randy Johnson with the Wrists of Fury, and a raffle for a variety of prizes—such as tickets to tour the USS Hornet or ride Niles Canyon Train. This year will see a special appearance from Nate Branch, 15-year veteran of the Harlem Globe Trotters and talented basketball player and musician.

Free pet adoptions are sponsored by Waggin Tails Pet Supplies and SantaCon Hayward. (Hayward residents pay a \$17 licensing fee for dogs.) Animals currently seeking forever homes are dogs, puppies, cats, kittens, bunnies, a hamster, and even more kittens.

All proceeds from the raffle benefit Hayward Animal Shelter's spay/neuter program animal medical fund.

Event schedule
11 a.m. – 5 p.m. pet adoptions
11 a.m. – 3 p.m. classic car show
12 noon – 2 p.m. Milo Nuevo
2 p.m. – 4 p.m. Randy Johnson with the Wrists of Fury
2 p.m. – 4 p.m. meet Nate Branch

Hot Pawgust Nights
Sunday, Aug 25
11 a.m. – 5 p.m.
Hayward Animal Shelter
16 Barnes Ct., Hayward
(near DMV: Jackson and Soto Rd.)
(510) 293-7200
www.facebook.com/haywardanimalshelter



Another year of campus life begins at CSU East Bay



SUBMITTED BY KIMBERLY HAWKINS

For many students, the weekend of August 16-17 was life-changing. More than 1500 students moved into the dorms at Cal State East Bay's Hayward campus ahead of the fall semester, which began Monday, August 19. Freshmen and incoming transfer students were the first to arrive on Friday, followed by upperclassmen and graduate students on Saturday. An academic year and unlimited opportunities await our new and returning students. Welcome back!

California State University, East Bay
25800 Carlos Bee Blvd, Hayward
(510) 885-3000
www.csueastbay.edu



Community Garden Plot Applications accepted

SUBMITTED BY JACQUI DIAZ

The Hayward Area Recreation and Park District (H.A.R.D.) is accepting applications for garden plots at the new Hayward Community Garden. The public and groups are encouraged to review the guidelines and apply before Friday, August 30. If there are more applicants than space, a lottery will be held, and a waiting list established for future plots. Individuals and groups may apply to rent a plot for a two-year period.

The Hayward Community Garden Master Plan project is funded by Measure F1, which was successfully passed by voters in 2016. The applications are for Phase 1 of the project, which includes 70 garden plots with irrigation, raised beds, a small orchard, shade structure to accommodate outdoor classes, produce counter, seed library, demonstration garden, storage shed, compost, small greenhouse, pathways, and fencing and gates. A zone for community gathering will feature a picnic area with barbecues, a "kiwi tunnel," and a natural play area. Applications and the community garden guidelines are available in English and Spanish on the H.A.R.D. website at www.HaywardRec.org/gardens.

Hayward garden plot application
Deadline: Friday, Aug 30
Hayward Community Garden
Whitman St. and Berry Ave.,
Hayward
www.HaywardRec.org/gardens

Continued from page 15

UNION CITY TOTAL SALES: 10							
Highest \$: 1,220,000		Median \$: 760,000					
Lowest \$: 125,000		Average \$: 736,700					
ADDRESS	ZIP	SOLD	FOR	BDS	SQFT	BUILT	CLOSED
30924 Granger Avenue	94587	125000	4	1793	1979	7/9/19	
4545 Laura Way	94587	540000	3	1476	1972	7/12/19	
4564 Reyes Drive	94587	550000	2	1054	1970	7/10/19	
4415 Corto Monterey	94587	702000	4	1632	1972	7/9/19	

122 Marge Court	94587	755000	3	1260	1960	7/11/19
152 Teddy Drive	94587	765000	3	1056	1958	7/8/19
32412 Woodland Drive	94587	875000	4	1389	1974	7/8/19
32212 Claremont Street	94587	910000	3	1720	1968	7/8/19
34242 Tartarian Way	94587	925000	4	1910	1975	7/3/19
32305 Derby Street	94587	1220000	4	2335	1997	7/8/19

Home
Sales
Report

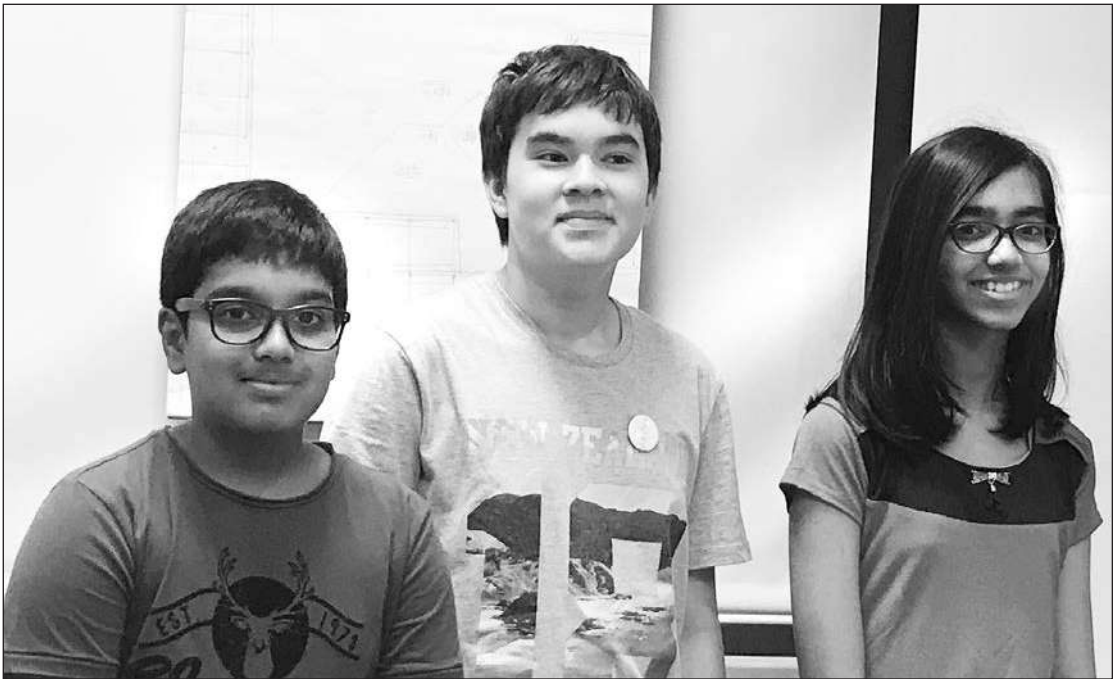
Archimedes space

opens at Fremont Library

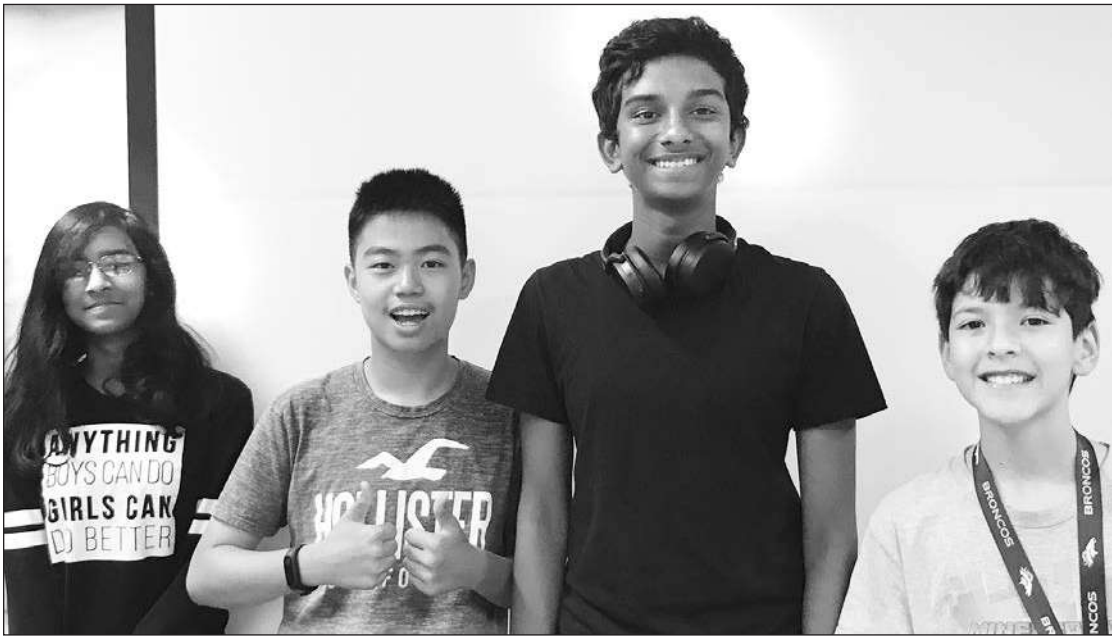
BY STEPHANIE GERTSCH

On Friday, August 16, the Fremont Main Library held a grand opening for its new Archimedes Makerspace, a project that has been in the works for a year in collaboration with the Fremont Unified School District. The goal of this space is to introduce kids to new technologies such as 3D printers and to encourage creativity and critical thinking. Over the

Thomas said he strives to facilitate a “failure-positive culture” where failures are celebrated along with successes as a natural part of the innovation process. Thus, student presenters were encouraged to talk about their challenges and failures in addition to the final outcomes. Appropriately, there was a short failure with the projector as the three teams prepared to share their real-life solutions.



Team Solargrid



Team Raspberry Pi

summer, Berbawy Makers ran six weeks of classes on creative problem-solving using computer-aided design, 3D design, and wearable electronics. In the final two weeks, three teams of junior high and high school students worked to solve challenges given by local businesses.

In attendance were library innovator Parker Thomas, members of Berbawy Makers, Country Librarian Cindy Chadwick, and Fremont Mayor Lily Mei. A representative from Facebook was also present, as Facebook had donated 40 MacBook Pros to the summer project.

Parker Thomas, who oversaw the implementation of the space, gave an introduction, explaining, “We were hearing from companies that they were looking for creative problem solvers and lifelong learners, and we wanted to find a way to create a space that could deliver those skills and give people a place to practice. To no one’s surprise, the library is a trusted place for new experiences.”

The three local businesses to issue challenges were Sepisolar, Gridscape, and the Alameda County Library.

Team Solargrid:

The task given by Sepisolar was to design a solar panel layout for the roof of a house to optimize the generation of solar energy—ideally to generate all the household’s power. Points to consider were how much electricity the house needed, the angle of the house in relationship to the equator, and the location of rafters and vents. After software and teamwork challenges, the team used Adobe Illustrator to design the ideal layout, with the majority of panels on the south-facing roof.

A student remarked, “One big thing we learned was that math is actually applicable. We used a lot of geometry and some trigonometry and that was surprisingly helpful.”

Team Raspberry Pi:

This challenge from the library was to build a photobooth

using jumper cables to the correct length.

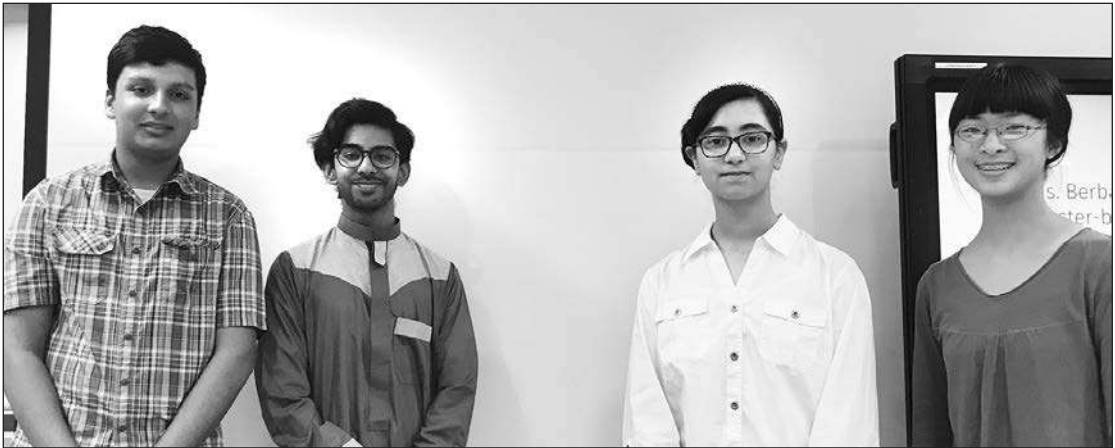
Team Gridscape Solutions:

Energy solutions company Gridscape issued a challenge to find an easy way to explain the size and function of their microgrids. The team came up with a two-part solution: 3D printed scaled models of the microgrids and a 2D animation. Obstacles along the way were issues with CAD, the 3D printer, and exact scaling. Time management was also a conflict when the team’s sole animator was briefly unavailable. During the project, Gridscape was on hand to answer questions, even at the last minute.

the companies is these students are half baked. They’re great on tests and great on understanding things, but don’t understand how to apply some of these skills.” Spaces like Archimedes teach students how to work as a team and persevere through failures.

“We’re very excited to have Archimedes as a project here,” Mayor Mei said. “So many of our libraries are here to allow all of our students, whether that’s during the school year or in the summer, and all of the community to be able to use those resources.”

Following the speakers and presentations, the audience was invited to visit Archimedes Makerspace to see the equipment



Gridscape Solutions

using a Raspberry Pi that would upload photos to Twitter with various overlays—such as a mustache, sunglasses, or a robot friend. The team used Python to program the Raspberry Pi. They applied for a Twitter developer account with a fictitious name to look like a real company and were approved within a day. This allowed them to make an app to upload photos from the booth. Obstacles involved making the housing for the photobooth and trimming

After the teams presented their findings, Mayor Lily Mei shared her support for the space. She said, “What I’ve often heard is these days we have students that come out—my kids are in that age group, are Millennials—and sometimes what I’ve heard from

and get a closer look at the students’ projects and tweet themselves using the photobooth.

Archimedes Makerspace
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400



A photobooth created by students using a Raspberry Pi



LETTER TO THE EDITOR

Brady Tri-City Chapter
hosts recess rally in Fremont



Last weekend, Brady, and other Gun Violence Prevention (GVP) groups, held rallies across the nation to demand that Senator Mitch McConnell suspend the Senate recess and move forward legislation to address gun violence in the U.S.

Brady Tri-City Alameda County Chapter held a rally on Friday evening near the Unity sculpture in Fremont. California State Senator Bob Wieckowski spoke saying, “We stand with others, in state after state, to demand that the United States Senate and the President act to expand background checks, ban the sale of military-style assault weapons and pass extreme risk laws.”

Speakers included Bridget Mc Shea, RN; Reverend Barbara Meyers, MPUU community minister; and Toni Shellen, retired teacher and chapter President.



Over 50 attendees held tombstone-shaped signs with locations, dates, and the number of lives lost in mass shootings, creating a visual image of the gun violence crisis in our nation. Shellen said, “Mass shootings are the tip of the iceberg. Every day 100 people lose their lives to gun violence in the U.S., including homicides, suicides, and unintentional shootings.” Speakers stressed that we have a public health and safety epidemic that needs immediate action.

The U.S. House passed several gun safety bills that have been sitting on McConnell’s desk for months. He refuses to bring them to the Senate floor for a vote. Waiting until the recess ends means more lives lost to senseless gun violence. Americans are demanding gun safety reform and want action NOW!

Toni Shellen, President
BRADY- Tri-City Alameda County Chapter
United to Prevent Gun Violence
tricitybrady@gmail.com

Art Fair



SUBMITTED BY CAROL HAMILTON

Dove Art Gallery in Milpitas is opening a new exhibit, “Parables: Art with a Message.” Artwork inspired by meaningful experiences and deep convictions will be on display. Multiple artists using diverse style and various media make this an eclectic display of local talent.

Dee Bueno, an award-winning Union City artist, uses oil pastels to capture the people and places she has encountered while travelling across the country. Her impressive drawing of a stained-glass window in a historic church was created expressly for the exhibit and generously donated to the Gallery. Dee also is known for her colorful depictions of Native American life.

An exhibit highlight is artwork that depicts parables told by Jesus. San Jose artist, Adrienne Reed, uses oil paint to portray beautiful lilies in an impressive work titled “Bentley’s Garden.” A parable states that even King Solomon in all his splendor was not more finely clad than these

flowers. Adrienne’s vibrant renditions of church life and American Jazz are noteworthy; her artwork was recently on display at the Triton Museum.

The public is invited to view this wonderful collection and enjoy the art fair on Sunday, August 25. Earlier in the day, Artist Becca England will also use her talents to illustrate a parable during a message by Pastor Steve Zahare at the 10:30 morning service. There will be food, creative activities and free fun for the whole family.

Dove Gallery displays the artwork of Adults and children over 5 years of age. In November, it will host its Second Annual Art Competition with ribbons awarded in four categories. Assistant Curator Carol Manasse says, “The Gallery tries to affirm young artists by allowing them to see their works professionally framed and displayed under a gallery lighting system.” Dove Gallery is a not-for-profit venue that seeks to affirm the creativity of local artists. No entry fees are charged to participate in its events.

The Parable Exhibit will run from August 25 – October 19. The Gallery is Open every Sunday from 12 noon - 3 p.m. during the exhibit. Additional viewing opportunities during the week leading up to the 19th can be confirmed at dove@parkvictoria.org.

Parables: art with a message
Sunday, Aug 25 – Oct 19
12 noon - 3 p.m.
Grand Opening & Art Fair:
Sunday August 25
Dove Gallery, Park
Victoria Church
(back parking lot)
875 S. Park Victoria Dr.,
Milpitas
Dove@ParkVictoria.org

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OAKLAND ZOO

CONSERVATION SOCIETY OF CALIFORNIA **OAKLAND ZOO** oaklandzoo.org

TO PREVENT FALLS, POUND THE PAVEMENT

Walking, taking the stairs, and wearing the right shoes are some of the simplest ways to avoid a catastrophic spill.

Something as simple as tripping over the edge of the carpet or slipping on a wet floor may sound like no big deal, but for elders living alone, those everyday hazards can represent one of the most serious threats to their safety.

According to the National Institute on Aging, one in three people over 65 falls every year, in many cases leading to serious injury with effects that last a lot longer than a bruised kneecap. In fact, just the fear of falling down can hinder a person's sense of freedom and get in the way of everyday pursuits like walking around the neighborhood, gardening, or any number of other social activities—in other words, the very things that encourage good health and longevity. The good news is that most falls are easily preventable, and the worry of falling shouldn't get in the way of the things that bring us joy.

The first, and most effective way to prevent a fall is to talk to your doctor about any adverse physical symptoms you may be experiencing, especially if you've



fallen before. Often, underlying health issues contribute to falls, like poor eyesight, low blood pressure, muscle weakness, or vertigo. Getting your sight and hearing checked is one of the best preventative measures to avoid falls, as are making sure that any glasses, contacts, and hearing aids fit appropriately. Tell your doctor about any medications you take, since side effects including dizziness and confusion can increase the risk of falling. (As can alcohol, which exacerbates those

feelings.) Your doctor can instruct you on the best way to address these kinds of side effects—oftentimes something as simple as getting out of a chair a little more slowly to avoid lightheadedness.

Another crucial component of fall prevention is staying active. Muscle tone, strength, and flexibility all contribute to better balance and gait. In addition, light weight-bearing exercise (like climbing the stairs) can help build bone mass, which reduces the risk of a fall-related injury. In fact,

Soledad Martinez, resident services administrator at the Masonic Homes of California, says that staff encourage residents who've had repeat falls to enroll in an endurance class to build up their strength. Daily walking is key, as well—something the Home encourages through its annual monthlong Walk for Wellness campaign. For seniors with leg injuries that make walking difficult, water aerobics are a great alternative.

Lastly, some simple vigilance goes a long way in preventing falls. Make sure the floors at home are clear of clutter. If you use a cane or walker, make sure it's the right size. (A physical or occupational therapist can help identify the right device for you.) Make sure to wear shoes with non-skid or rubber soles, and avoid walking in socks or smooth-soled slippers. And be careful on stairs and icy surfaces.

As we age, it's crucial that we continue to engage in the activities that put a smile on our face, without the fear of falling getting in our way. So take that walk in the fresh air, spend some time in the garden, or find the water aerobics class near you. You'll be aiding in your longevity and happiness.

BEAT THE HEAT: FIVE TIPS FOR STAYING COOL THIS SUMMER

Lovely as it can be, summer weather—and especially extreme heat—can be dangerous for older adults. So when the mercury starts rising, remember these tips for keeping cool.

- 1. Stay out of the sun.** You don't need to become a couch potato; just limit your outdoor hours to evenings or early in the morning.
- 2. Stay hydrated.** Carry a reusable water bottle and refill it often. This will make it easy for you to determine how much water you've consumed.
- 3. Find air conditioning.** If you can't afford an air conditioner of your own, visit an

air-conditioned public space like a library, shopping mall, or senior center. Or catch a movie!

- 4. Dress for the weather.** Choose loose, lightweight, natural fiber clothes in light colors. Wear a large-brimmed hat for extra sun protection.
- 5. Apply sunscreen regularly.** Apply sunscreen of at least 30 SPF first thing in the morning, and reapply every five hours—or more often if you perspire.

Remember: When it comes to summer heat, taking the right precautions can mean a world of difference for you and your loved ones.





Masonic Homes of California

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21406 Foothill Blvd., Hayward

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Skinny is a 10 years young brown tiger who enjoys chin scratches and comfy laps. She wants to be the queen of the castle and would do best in a single cat home. She's been waiting for a loving family since early May but with kitten season in full swing, she gets overlooked by people adopting kittens. She truly deserves a 2nd chance. Spayed. Meet Skinny at the Hayward Animal Shelter.



Meeko is a sweet, slightly shy, 5 year old Cocker Spaniel/Dachshund mix who just needs a little time to warm up to new people and places. This black and tan fluff ball has big soulful brown eyes and likes to be near people. He does well with other dogs and might do well in a home with young children. Meet Meeko at the Hayward Animal Shelter.

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Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

**16 Barnes Court (Near Soto & Jackson)
 Hayward
 Tuesday - Saturday 1pm - 5pm**

\$ = Entrance or Activity Fee
 R= Reservations Required
 Schedules are subject to change.
 Call to confirm activities shown in these listings.



CONTINUING EVENTS

Mondays, May 14 - Dec 30
English Conversation Group

1 p.m. - 2 p.m.
Practice spoken English in a friendly environment

Union City Branch Library
 34007 Alvarado Niles Rd.,
 Union City
 (510) 745-1464

Fridays, May 17 - Oct 25
Fremont Street Eats

5 p.m. - 10 p.m.
Food trucks, beer, wine, music
 Town Fair Plaza
 39100 State St., Fremont
 fremontstreeteats.com

1st & 3rd Tuesdays, May 21 - Aug 20

Castro Valley Street Eats

5 p.m. - 8 p.m.
Food trucks, activities
 Adobe Art Center
 20395 San Miguel Ave.,
 Castro Valley
 (510) 881-6735

Saturdays, May 25 - Aug 31
Campfire Program

8 p.m. - 9 p.m.
Games, songs and stories around the campfire
 Anthony Chabot Campground and Park
 9999 Redwood Rd., Castro Valley
 (510) 690-6677
 (510) 544-3187
 www.ebparks.org

Tuesdays, May 28 - Aug 27
Practice Your Spoken English R

4 p.m. - 5 p.m.
Chat session for intermediate and up English learners
 Fremont Main Library
 Fukaya Room A
 2400 Stevenson Blvd., Fremont
 (510) 574-2063
 www.aclibrary.org

Thursdays, Jun 20 - Sep 19
Fatherhood Class

6:30 p.m. - 8:30 p.m.
Relationship, parenting, management, job search skills
 Fremont Family Resource Center,
 Pacific Room #H800
 39155 Liberty St. (at Capitol),
 Fremont
 (888) 308-1767
 www.r3academy.org/fremont

Fridays, Jun 28 - Aug 30
Teach Seniors Technology

3:30 p.m. - 4:30 p.m.
Computer/cell phone questions answered
 Milpitas Senior Center
 40 North Milpitas Blvd, Milpitas
 (408) 586-3400

Fridays, Jun 28 - Aug 30
GO the Game Club

3:30 p.m. - 5:45 p.m.
Learn to play this ancient game of strategy
 Union City Branch Library
 34007 Alvarado Niles Rd.,
 Union City
 (510) 745-1464
 www.aclibrary.org

Saturdays, Jun 29 - Aug 31
Zumba Kids

2:30 p.m. - 3:30 p.m.
Dances, games. Wear comfy shoes and clothes
 New Hope Community Church
 2190 Peralta Blvd., Fremont
 (510) 739-0430

Saturdays - Sundays, Jul 6 - Aug 31

Nature Crafts

10 a.m. - Noon
 Discover the natural world through your artistic side
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org

Arts & Entertainment

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Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096

**For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org/book-
mobile**

Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday

12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops Renew books by phone (800) 471-0991

**For more information
(408) 293-2326 x3060**

Wednesday

1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Saturdays - Sundays, Jul 6 - Aug 31

Wild Wonders
2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sundays, Jul 7 - Aug 25

Animal Feeding Time
10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday - Friday, Jul 15 - Aug 23

A Visual Journey
Mon - Thurs: 8 a.m. - 6 p.m. Fri: 8 a.m. - 5 p.m.
Artwork by Vinay Kumar Verma and Neel Kamal Verma
Phantom Art Gallery at Milpitas Community Center
457 E. Calaveras Blvd., Milpitas (408) 586-3409
http://www.ci.milpitas.ca.gov/milpitas/departments/recreation-services/cultural-arts-theater/phanto m-art-gallery/

Monday-Friday, Jul 30 - Sep 13

Celebrating Wildlife: The Animals of Sulphur Creek
9 a.m. - 5 p.m.
Photos of local wildlife
PhotoCentral
1099 E St., Hayward
(510) 881-6721
info@photocentral.org

Fridays, Aug 2 - Aug 23

Summer Family Storytime and Craft
1:30 p.m. - 2:15 p.m.
Fun with stories and crafts. Ages 3-5
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1421
www.aclibrary.org

Thursday - Sunday, Aug 9 - Sep 21

Annual Textile Exhibit
12 noon - 5 p.m.
Traditional and contemporary artists
Olive Hyde Art Gallery
123 Washington Blvd., Fremont (510) 791-4357
www.olivehydeartguild.org

Friday - Sunday, Aug 16 - Aug 25

The Little Mermaid Jr. \$
Fri & Sat: 8 p.m. Sun: 2 p.m.
Disney classic about a mermaid who dreams of becoming human
Newark Memorial High School Theatre
39375 Cedar Blvd., Newark (510) 791-0287
www.stage1theatre.org

Friday - Sunday, Aug 16 - Oct 5

Planet Hayward
11 a.m. - 5 p.m.
Eclectic art collection celebrating "The Heart of the Bay"
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Wednesdays, Aug 21 - Oct 30

Citizen Police Academy R
5:30 p.m. - 9:00 p.m.
Volunteers train to assist Newark Police
Newark Police Department
37101 Newark Blvd., Newark (510) 578-4000
(510) 578-4352
beverly.ryans@newark.org

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont (510) 573-3633
https://madeuptheatre.com/

Saturday nights

8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St, Suite B, Fremont (510) 573-3633
https://madeuptheatre.com/

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Cabeza
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Buche
Pork Stomach

Pastor
Spicy Pork

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Green Pork

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Tuesday - Friday 10 - 9
Saturday 9 - 9
Sunday 9 - 8

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386 Winton Ave. Hayward

THIS WEEK

Thursday, Aug 22

Storytime with Joy Steuerwald

11:30 a.m. - 12:00 noon

*Author reads from her book
"The Peculiar Pig"*

Centerville Library
3801 Nicolet Ave., Fremont
(510) 795-2629
www.aclibrary.com

Thursday, Aug 22

Global Warming Workshop

6:30 p.m. - 9:00 p.m.
*Focus on global warming. Snacks
provided*
Mission Peak Unitarian Universalist
Congregation
2950 Washington Blvd., Fremont
(510) 490-0200
jgoby@hotmail.com

Thursday, Aug 22

South Hayward Community Meeting

6:30 p.m. - 8:00 p.m.
*Design master plan workshop for
Bidwell Park and El Rancho
Verde Park*
Mission Hills Golf Course
275 Industrial Pkwy, Hayward
bidwell-ERV@haywardRec.org

Friday, Aug 23

Fremont Bridge Club

10 a.m.
Open stratified and newcomer games
Bronco Billy's Pizza - Irvington
41200 Blacow Rd., Fremont
(510) 438-0121
www.unit500.org

Friday, Aug 23

Groovy Judy
9 p.m. - 1 a.m.
Soul of the 60's and beyond. Free 21+
Mojo Lounge
3714 Peralta Blvd., Fremont
(510) 739-1028

Friday, Aug 23

Latino Business Roundtable
8:30 a.m.
*Dr. Clyde Henry Lewis, BOSS
Director of Workforce Development*
Sherman L. Balch Pavilion - St. Rose
Hospital
27190 Calaroga Ave., Hayward
www.hayward.org

Friday, Aug 23

Summer Concert Series - Lorenzo Wood & His Band

6 p.m.
*Bring a picnic basket, enjoy outdoors
listening to original music*
Lone Tree Cemetery
24591 Fairview Ave., Hayward
(510) 582-1274

Friday, Aug 23

Live Music \$
8 p.m. - Midnight
Rewind, That 80's Band
World Famous Turf Club
22519 Main St., Hayward
(510) 881-9877
www.WorldFamousTurfClub.com

Friday, Aug 23

Power of One - The Nawab Story \$R
8 p.m.
*Stories from Bollywood Actor
Saif Ali Khan*
India Community Center
525 Los Coches St., Milpitas
(408) 934-1130
http://Sulekha.com/SAIF

Saturday, Aug 24

Old-Fashioned Fun
12 noon - 1 p.m.
*Stilt walking, sack races, tug-o-war,
potato-spoon racing*
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 24 - Sunday, Aug 25

Farmyard Story Time
10:30 a.m. - 11:30 a.m.
Listen to some classic barnyard tales
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 24 - Sunday, Aug 25

Knap-In: Stone Tool Making
10 a.m. - 3 p.m.
Learn about this ancient skill. 16+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Aug 24

Storytime with Vicky Chan
11 a.m.
*Author reads from her book "Geometry
is Fun for Me!"*
Books on B
1014 B St., Hayward
(510) 538-3943
www.booksonb.com

Saturday, Aug 24

Luau Dance for Special Needs \$
1 p.m. - 4 p.m.
Music, dancing and refreshments
Sorensdale Recreation Center
275 Goodwin St., Hayward
(510) 881-6778
www.haywardrec.org



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

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Fri & Sat. 11am -11pm

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www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

Park It

By NED MACKAY

For millennia before the arrival of Europeans, the people who lived at what is now Coyote Hills Regional Park made arrowheads and tools for their daily needs by chipping (“knapping”) flakes of chert, obsidian and other stones. Experienced present-day stone tool makers will demonstrate this ancient craft, which was common worldwide, during a free “knap-in” from 10 a.m. to 3 p.m. Saturday, August 24 and Sunday, August 25 at the Coyote Hills Visitor Center.

Young children are welcome to watch the demonstrations. Anyone 16 years or older can try a hand at flint knapping. For safety reasons, if you wish to join in, bring leather gloves, long pants, close-toed shoes, and protective eye wear.

Coyote Hills is at the end of Patterson Ranch Road, off Paseo Padre Parkway in Fremont. Coyote Hills charges a parking fee of \$5 per vehicle. For information, call (510) 544-3220.

Some old-fashioned fun will take place from 12noon to 1 p.m. Saturday, August 24 at nearby Ardenwood Historic Farm. You can test your skill at stilt walking, potato racing, tug-of-war, and sack races. Ardenwood has lots of

other diversions too, including barnyard animals, train rides, and tours of the historic Patterson House.

The park is at 34600 Ardenwood Boulevard, just north of Highway 84 in Fremont. For information and fees, call (510) 544-2797.

For an eventually cooler trek on a hot summer day, join the Wednesday Walkers on a 5-mile hike with naturalist Susan Ramos starting at 9:30 a.m. August 28 at Redwood Regional Park in Oakland. A part of the hike is strenuous. The route starts with a steep climb up the Canyon Trail, then goes on East Ridge to Phillips Loop, Eucalyptus Trail and back down through the shady redwoods on the Stream Trail.

Meet Susan at the Canyon Meadows parking lot. It’s at the end of the road that leads into the park from Redwood Road in Oakland. For information, call (510) 544-3187.

Naturalist “Trail Gail” Broesder plans two programs on Saturday, August 24 at Tilden Nature Area near Berkeley.

The first is a climb to the top of Wildcat Peak, from 9 a.m. to 11 a.m. The effort is worth it for wildlife sightings and panoramic views of the Bay Area from the summit. Bring water and snacks.

Then from 2 p.m. to 3 p.m., Broesder will preside over “Fun

with Felt,” an opportunity to make your own felt creation using wool, soap and elbow grease.

For the hike, meet Broesder at Tilden’s Environmental Education Center, at the north end of Central Park Drive. For the felt program, meet Broesder at the Little Farm next door to the center. For information on either program, call (510) 544-2233.

Naturalist aide Jake Wright will beat the heat at Black Diamond Mines Regional Preserve in Antioch with an early-start hike from 8:30 to 10:00 a.m. Sunday, August 25. The objective is the remains of an early coal mining family’s homestead, plus some great views of the Delta. The hike is for ages 8 and older. Meet Jake at the park office, which is in the group of buildings on the left of the kiosk as you enter the park.

Black Diamond Mines has a parking fee of \$5 per vehicle when the kiosk is attended. For information, call (888) 327-2757, ext. 2750.

There’s always something interesting going on in the regional parks. And remember that Fridays are free from now through the end of the year in celebration of the district’s 85th anniversary. For information, visit www.ebparks.org.

Saturday, Aug 24

San Leandro Housing Meeting

11 a.m. - 1 p.m.
Residents provide feedback on county housing and policies
Hayward City Hall, Rm 2A
777 B St., Hayward
(510) 208-0410
www.survymonkey.com/r/housing-survey_alameda2019

Saturday, Aug 24

Community Workshop

10 a.m. - 1 p.m.
Temporary housing navigation center discussed
Harbor Light Church
4760 Thornton Ave., Fremont
(510) 744-2216
www.Fremont.gov/NavigationCenter

Saturday, Aug 24

Stewardship Saturday R

9:30 a.m. - 12 noon
Volunteers weed and clean up trash
SF Bay Wildlife Refuge - Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222 x 361

Saturday, Aug 24

Twilight Marsh Walk R

6:30 p.m. - 8:15 p.m.
Discover the salt marsh at sunset. Not suitable for young children
SF Bay Wildlife Refuge - Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222
<http://donedwardstwilight.eventbrite.com>

Saturday, Aug 24

Drawbridge Van Excursion R

9:30 a.m. - 12 noon
Docent narrated van tour of marshlands. Ages 13+
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
<https://drawbridgetoursummer.eventbrite.com>

Saturday, Aug 24

Crafts in the Outdoors: Beginning Leatherwork R

10 a.m. - 12 noon
Create a small patch from leather. Family program
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
<http://leatherworkeec.eventbrite.com>

Saturday, Aug 24

Movie Night \$

7:30 p.m.
"The West-Bound Limited," "Oceanics," "A Lucky Loser"
Niles Essanay Theater
37417 Niles Blvd., Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Aug 24

Fremont Area Writers

2 p.m. - 4 p.m.
Author Tish Davidson talks about how to get published
42 Silicon Valley
6600 Dumbarton Cir., Fremont
cwc-fremontareawriters.org

Saturday, Aug 24

Magnificent India

10 a.m. - 5 p.m.
Indian Wedding theme. Fun, food, fashion show, dancing
India Community Center
525 Los Coches St., Milpitas
(408) 934-1130
www.indiacc.org

Saturday, Aug 24

Spaghetti Feed and Car Show \$

2 p.m.
Fundraiser dinner from 4 - 8 p.m. Cash bar, raffles, live music
Masonic Homes of CA
34400 Mission Blvd., Union City
(510) 675-5396
khegg@mhcuc.org

Saturday, Aug 24

New SAT Practice Test R

10:00 a.m. - 1:30 p.m.
Prep on types of questions faced on the actual exam
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Aug 24

Stuff the Bus for Fremont Schools

9:30 a.m. - 4:30 p.m.
Purchase and donate student school supplies
Walmart Fremont
40580 Albrae St, Fremont
www.KiwanisFremont.org

Saturday, Aug 24

Planet Hayward Reception

1 p.m. - 4 p.m.
Artists reception and Hayward celebration
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Saturday, Aug 24

Live Music \$

8 p.m. - 11 p.m.
Chicago the Tribute
World Famous Turf Club
22519 Main St., Hayward
(510) 881-9877
www.WorldFamousTurfClub.com

Saturday, Aug 24

The Great Pivot: Creating Meaningful Work to Build a Sustainable Future

10 a.m. - 12 noon
Author Justine Burt presents overview of her book
Mission Peak Unitarian Universalist Congregation
2950 Washington Blvd., Fremont
(510) 490-0200
jgoby@hotmail.com

Saturday, Aug 24

Charity Golf Classic \$R

All day (registration 6 a.m. – 8 a.m.)
Hosted by Hayward/Castro Valley Moose Lodge 1491. \$150 fee
Redwood Canyon Golf Course
17007 Redwood Road, Castro Valley
(510) 858-6668

Saturday, Aug 24

Thriving in High School

2 p.m. - 4 p.m.
By Jay Jackson, sports psychology teacher at Irvington High School
Heartfulness Meditation Center
585 Mowry Ave., Fremont
BayArea.CA@heartfulness.org
<https://www.eventbrite.com/e/thriving-in-high-school-tickets-68823726619>

Sunday, Aug 25

Sunday Stroll

10 a.m. - 12 noon
3.5-mile hike. Families and dogs welcome. MacDonald Staging Area
Anthony Chabot Campground and Park
9999 Redwood Rd., Castro Valley
(510) 690-6677
www.ebparks.org

Sunday, Aug 25

Tasting the Past

11:30 a.m. - 12:30 p.m.
Historic recipes explored
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 25

Fun with Felting

1:30 p.m. - 2:30 p.m.
Make a felt toy to take home
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

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Summer brings live music

Summer is the perfect time to lay out a blanket or pull up a lawn chair and listen to your favorite bands (or discover new ones!) in the long pleasant evenings around the East Bay. In 2019, the summer season will kick off with on June 15 in Fremont with the Pacific Commons Summer Concert Series, starting with pop and rock hits from Cover Story. The fun will continue with concerts from Milpitas to San Leandro. Milpitas will start their season with their Juneteenth summer concert on June 18, to pick up again on July 16 with Lyin I’s. Meanwhile, Hayward will join in with their Municipal Band and Summer Music in the park series, starting June 16 and August 4 respectively. Hayward’s lineup includes Chris Marquis’ Giant Garage Spiders, Sycamore 129 Blues Band, and What’s Up Big Band—and that’s just the start of the season. Newark will host Music at the Grove (starting June 21 with Big Band Beat), and San Leandro will join in with Hot August Thursdays.

With concerts running through September, there is plenty of time for music lovers to make the most of those summer days.

FREMONT

Niles Home Concert Series
Friday, Aug 23 – Saturday, Aug 24
6:00 p.m. – 10:00 p.m.
Historic Niles
37735 Second St., Fremont
(510) 825-0783
www.facebook.com/NilesHomeConcert
Tickets: \$25 minimum donation
RSVP

Aug 23: Static & Surrender
Aug 24: The Jones Gang

HAYWARD

Summer Music in the Park
Presented by Hayward Odd Fellows & H.A.R.D
Sundays, 1 p.m. – 5 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
haywardrec.org

Aug 25: Kari & the SweetspOts and Dee Smith & Joe Melchoir III
Sept 8: TBD
Sept 15: TBD
Sept 22: TBD
Sept 29: TBD

Sunday, Aug 25
Hot Pawgust Nights
11 a.m. - 5 p.m.
Pet adoption, car show, live music
Hayward Animal Shelter
16 Barnes Ct., Hayward
(510) 293-7200
www.facebook.com/haywardanimalshelter

Sunday, Aug 25
10K on the Bay \$R
7:30 a.m.
Run or walk along the SF Bay estuary
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
10KontheBay.org

Sunday, Aug 25
Odd Fellows Summer Concert
1 p.m. - 5 p.m.
Kari and the SweetspOts, Dee Smith, Joe Melchior III
Memorial Park
24176 Mission Blvd., Hayward
<http://www.ci.hayward.ca.us>
www.haywardlodge.org

Sunday, Aug 25
Sunday Math Tutoring
3 p.m. - 5 p.m.
Open to elementary and Jr. high school students
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0684
www.aclibrary.com

Sunday, Aug 25
Dove Gallery "Parables: Art with a Message"
12 noon - 3 p.m.
Grand opening and art fair
Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
(408) 464-5011
dove@parkvictoria.org

Sunday, Aug 25
Three Musketeers Sneak Peek
2 p.m. - 4 p.m.
Scene from The Three Musketeers, Douglas Morrisson Theatre
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Sunday, Aug 25
Union City Sister Cities Festival \$R
2:30 p.m. – 7:00 p.m.
Cultural presentations, dinner, raffle
Mark Green Sports Center
31224 Union City Blvd., Union City
(510) 918-7555
<https://www.facebook.com/ucsistercities>

Sunday, Aug 25
ASDRP Expo R
4 p.m. – 7 p.m.
Check-in starts 3:30 p.m.
260 local STEM students present their projects
Northwestern Polytechnic University
115 Fourier Ave., Fremont
<https://www.fremontstem.org/asdrp>
<https://form.jotform.com/92218513102142>

Sunday, Aug 25
Niles Antique Fair
6 a.m. - 4 p.m.
Shop antiques in Niles
Niles Blvd., Fremont
(510) 742-9868
www.niles.org

Monday, Aug 26
Milpitas Rotary Club Meeting
12 noon - 1:15 p.m.
Robert Jung on Kiva.org, and help for homeless veterans
Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
<http://www.clubrunner.ca/milpitas>

Monday, Aug 26
Outdoor Discoveries: Big Cats R
10:30 a.m. - 12 noon
Preschool and home school nature series. Ages 4-8
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday, Aug 26
Community Workshop
5 p.m. - 8 p.m.
Temporary housing navigation center discussed
Fremont Teen Center
39770 Paseo Padre Pkwy., Fremont
(510) 494-4344
www.Fremont.gov/NavigationCenter

Tuesday, Aug 27
Welcome Teacher Day
10 a.m. - 5 p.m.
Elementary students receive free flowers for teachers
Fremont Flowers
36551 Fremont Blvd, Fremont
(510) 656-7300
www.welcometeacherday.com

Tuesday, Aug 27
Lawyer in the Library R
6 p.m. - 8 p.m.
Lawyer consult on family estate, criminal and immigration law
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Wednesday, Aug 28
Toddler Time
10:30 a.m. - 11:45 a.m.
Hear a story, do some chores, meet some farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Aug 28
Wednesday Night Bat Watch
7:00 p.m. - 8:30 p.m.
Find out the truth about these mammals
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Wednesday, Aug 28
School Prep Party
6 p.m.
Hosted by California Connections Academy Ripon. Back-to-school advice
John's Incredible Pizza
440 Newpark Mall Rd., Newark
(800) 382-6010

Thursday, Aug 29 & Friday, Aug 30
Tick Tick...BOOM! \$R
8 p.m.
A struggling composer prepares musical workshop to launch his career
Smith Center at Ohlone College
43600 Mission Blvd, Fremont
(510) 659-6031
<https://www.ohlone.edu/smithcenter>
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Facebook paid contractors to transcribe users' audio clips

**BY MAE ANDERSON AND
RACHEL LERMAN
AP TECHNOLOGY WRITERS**

Facebook has paid contractors to transcribe audio clips from users of its Messenger service, raising privacy concerns for a company with a history of privacy lapses.

The practice was, until recently, common in the tech industry. Companies say the practice helps improve their services. But users aren't typically aware that humans and not just computers are reviewing audio.

Transcriptions done by humans raise bigger concerns because of the potential of rogue employees or contractors leaking details. The practice at Google emerged after some of its Dutch language audio snippets were leaked. More than 1,000 recordings were obtained by Belgian broadcaster VRT NWS, which noted that some contained sensitive personal conversations – as well as information that identified the person speaking.

Facebook said audio snippets reviewed by contractors were masked so as not to reveal anyone's identity. It said it stopped the practice a week ago. The development was reported earlier by Bloomberg.

Google said it suspended doing this worldwide while it investigates the leaks. Amazon said it still uses humans, but users can decline, or opt out, of the human transcriptions. Published reports say Apple also has used humans but has stopped.

Irish data-protection regulators say they're seeking more details from Facebook to assess compliance with European data regulations.

Facebook is already under scrutiny for a variety of other ways it has misused user data. It agreed to a \$5 billion fine to settle a U.S. Federal Trade Commission probe of its privacy practices.

Lerman reported from San Francisco.

FREE PRESCHOOL

Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

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Vaping companies sue to delay US review of e-cigarettes

BY MATTHEW PERRONE
AP HEALTH WRITER

A vaping industry group sued the U.S. government on Wednesday to delay an upcoming review of thousands of e-cigarettes on the market.

The legal challenge by the Vapor Technology Association is the latest hurdle in the Food and Drug Administration's years-long effort to regulate the multibillion-dollar vaping industry, which includes makers and retailers of e-cigarette devices and flavored solutions.

The vaping group argued that the latest deadline of next May to submit products for review could wipe out many of the smaller companies. The lawsuit was filed in U.S. District Court in Kentucky.

E-cigarettes first appeared in the U.S.

more than a decade ago and have grown in popularity despite little research on their long-term effects, including whether they can help smokers quit cigarettes.

In recent years, health authorities have warned of an epidemic of vaping by underage teenagers, particularly the leading brand Juul, known for its high nicotine content and easy-to-conceal device, which resembles a flash drive.

Nicotine is what makes both cigarettes and e-cigarettes addictive, and health experts say the chemical is harmful to developing brains.

San Francisco-based Juul is among 800 member companies of the vaping association.

The 2009 law that gave the FDA power over the traditional tobacco products did not mention e-cigarettes. And it wasn't until 2016 that the agency expanded its

own regulations to include the devices. But since then FDA regulators have repeatedly pushed back the timeline, at one point until 2022, to begin review the legions of vaping products that have come to market.

Frustrated by the delays, anti-tobacco groups including the Campaign for Tobacco-Free Kids sued the FDA to speed up the process. In June, a federal judge sided with the groups and set a deadline of next May for all companies to submit their products for federal review. The FDA has until next month to appeal the decision.

The vapor group's lawsuit said the FDA has now set five different deadlines.

"It is time for FDA to stop moving the goalposts and changing the rules in the middle of the game to the detriment of our manufacturers and small businesses," said Tony Abboud, the group's executive director, in a statement.

Vaping executives have long said that most companies will not be able to afford to conduct large, expensive studies needed for FDA review. Only products that meet FDA standards would be permitted to be sold.

The FDA declined to comment on the lawsuit.

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

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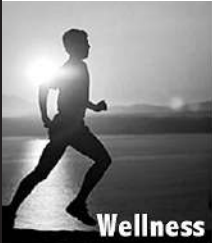
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SPORTS

Swim League Championships



**SUBMITTED BY
MICHELLE SCHMITZ**

The 2019 East Bay Swim League (EBSL) Championships were held at Chabot College on July 27. Twelve teams, each with 100 swimmers, ages 5 to 18, competed for the championship trophy. The EBSL provides young swimmers an opportunity for summer recreational swimming competition, in an atmosphere that fosters sportsmanship, team spirit, cooperation, and respect of other swimmers and the league.

This year, Mission Valley Barracudas won first place, last year's champion Newark Bluefins won second, and San Leandro

Drowning Darryls came in third. Other winners include Glenmoor Stingrays, fourth place; Castro Valley Crocodiles, fifth place; Highlands Sharks, sixth place; Seals Swim Club, seventh place; Chabot Marlins, eighth place; Warm Springs Gators, ninth place; Treeview Dragonfish, 10th place; Bay Area Dolphins, 11th place; and Southgate Penguins, 12th place.

During the meet, six league records were broken—Kyle Wong, Connor Sayle, Michael Maher, and Will Olsen of Highlands broke the 15-18 Boys 200 yard Medley Relay with a time of 1:39.59; Tyler Porter-Lau of Warm Springs broke the 9-10 Boys 25 yard freestyle record with

a time of 13.12 seconds; Jimmy Jones of Glenmoor broke the 15-18 Boys 50 yard freestyle record with a 21.56; Ashley Haba of Newark broke the 15-18 Girls 50 yard backstroke record with a time of 28.66 seconds; Eliot Alvarez from San Leandro broke the 13-14 Boys 50 yard breaststroke record by swimming a 28.92; and Donavan Tse of Newark broke the 11-12 Boys 100 yard IM record with a time of 1:03:38.

To learn more about the league, or to see a complete list of the current league records and championships team results, visit <http://ebsl.org/>.

Golf tournament raises \$75,000 for four east bay charities

SUBMITTED BY ROB MYERS

The 2019 “Kids-n-Need” golf tournament held in April at Castlewood Country Club raised \$75,000 for four East Bay charities, including Down's Syndrome of the Bay Area (\$20,000), Reach-Pleasanton (\$20,000), Open Heart Kitchen (\$20,000), and UCSF Benioff Children's Hospital-Oakland Residents' Pharmacy Program (\$15,000). Proceeds were raised through tournament registration fees, sponsorships, silent/live auction, donations and matching grants.

The Kids-n-Need golf tournament is managed by the “Castlewood Country Club Corner Crew,” a group of the club's members. Over the last seven years, Kids-n-Need has donated more than \$314,500 to East Bay charities in support of kids and East Bay youth programs. Last year the 2018 tournament raised \$62,500.

“Now in our seventh year, this tournament continues to grow and provide direct assistance to kids and their families who have sudden unexpected medical costs, who have burdensome on-going

medical expenses for maintenance care, or who need rehabilitative services,” said Rick Hammel of Kids-n-Need. “Our goal for the 2020 Tournament will be to raise north of \$90,000.” The 2019 Kids-n-Need fundraising committee included Larry Crawford, Rick Hammel, Dave Celli, Kawa Najim, Jom Issac, Mike Ranahan, M.D., Dan Smith, Jed Jelincic, Manny Moncada and Nicole Murray.

The golf outing was played April 29th on Castlewood's William P. Bell-designed Hill Course and included a field of 128 golfers. “The Kids-n-Need tournament is one of the larger charity tournaments we host at Castlewood,” said John Vest, Castlewood's general manager. “It's exciting to see the tournament raise so much for so many worthy charities. We're proud to host an event that helps make a difference in our community.”

For more information on Castlewood Country Club, visit www.castlewoodcc.org or call 925-846-2871. For more information on Kids-n-Need, visit www.kids-n-need.org.

THE ROBOT REPORT

Velodyne Lidar, a Silicon Valley-based lidar technology company, has introduced the Puck 32MR sensor to offer a perception solution for low-speed autonomous markets, including robotics, and unmanned aerial vehicles (UAVs). The solution is “cost effective,” but interested parties will have to contact the company to find out the actual price.

In addition to featuring Velodyne's patented surround-view perception capability, the new sensor boasts a range of 120 meters and a 40-degree vertical field of view to enable navigation in unfamiliar and dynamic settings.

Generating a high-resolution point cloud with minimal noise in all light conditions, the



Velodyne Lidar Puck 32MR is designed for low-speed autonomy, including mobile robots and drones. Credit: Velodyne Lidar

Puck 32MR detects crosswalks, curbs, vehicles, pedestrians, bicycles and obstacles for safe and efficient operation in roadway, commercial and industrial use cases.

“We are proud to announce the Puck 32MR as the latest addition to our broad array of lidar products,” said Anand Gopalan, chief technology officer, Velodyne Lidar. “Velodyne continues to innovate lidar technologies that empower autonomous solutions on a global scale. This product fills a need for an affordable mid-range sensor, which our customers expressed, and we took to heart. We strive to meet our customers' needs, and the Puck 32MR is another



Velodyne Puck 32MR.
Credit: Velodyne

example of our versatility within an evolving industry.”

The lidar sensor is designed for power-efficiency to extend vehicle operating time within broad temperature and environmental ranges without the need for active cooling. According to the company, the sensor uses proven 905 nanometer (nm), Class 1 eye-safe technology and is assembled in Velodyne's state-of-the-art manufacturing facility. The Puck 32MR is designed for scalability and priced attractively for volume customers.

Courtesy of The Robot Report. For more information, visit www.therobotreport.com.



17th Annual Independent Watchdog Committee Report to the Public

FY2017-18

Measure B and Measure BB Sales Tax Activities

In November 2000, Alameda County voters approved Measure B, which extended the County's 1986 half-cent transportation sales tax to 2022 and set forth a 20-year Expenditure Plan to enhance the County's transportation system. 2000 Measure B also established a Citizens Watchdog Committee (CWC) to review all Measure B expenditures for compliance with the Expenditure Plan.

In November 2014, Alameda County voters approved Measure BB, which increased the County's half-cent transportation sales tax to one full cent, extended the tax through 2045 and set forth a 30-year Expenditure Plan for essential transportation improvements in every city throughout the County.

2014 Measure BB established an Independent Watchdog Committee (IWC) that reports its findings annually to the public to ensure appropriate use of sales tax funds and provides oversight by reviewing Measure B expenditures and Measure BB expenditures and performance measures. The IWC does not opine on other funds the Alameda CTC manages and/or programs. The IWC replaced and assumed responsibility for CWC activities in July 2015.

This 17th annual report covers expenditures and IWC activities during the fiscal year ended June 30, 2018 (FY2017-18). The full report is available at www.AlamedaCTC.org/IWC2019Report.

The IWC concludes that 2000 Measure B and 2014 Measure BB tax dollars were spent in accordance with the intent of the two measures during FY2017-18, except as noted on the last page of the full report. However, opportunities for improvement remain.

Measure B and Measure BB Funded Programs

Alameda CTC allocates approximately 60 percent of Measure B and 65 percent of Measure BB funds on a monthly basis to programs by formula and through competitive grants to Alameda County, cities and transit operators.

In FY2017-18, Alameda CTC expended \$83.6 million in Measure B funds and \$81.8 million in Measure BB funds on programs, including local streets and roads, mass transit, special transportation for seniors and people with disabilities, bicycle and pedestrian safety and community development projects to improve access to jobs and schools.

Measure B and Measure BB Funded Projects

Alameda CTC allocates approximately 40 percent of Measure B and 35 percent of Measure BB funds to specific capital projects.

In FY2017-18, Alameda CTC expended \$36.5 million of 2000 Measure B funds and \$36.0 million of 2014 Measure BB funds on capital projects for transportation infrastructure improvements, such as highway and transit improvements, local street and road enhancements, intermodal and other local projects.

Independent Watchdog Committee Activities

IWC members performed the following activities from July 1, 2017 through June 30, 2018.

- Ongoing Programs and Capital Projects Monitoring:** The IWC monitors specific programs, capital projects and issues of concern.
- Review of Independent Audit of Alameda CTC:** The IWC reviews the independent auditor's plan for the audit before it begins and reviews the draft audited Comprehensive Annual Financial Report regarding Measure B and Measure BB revenues and expenditures.
- Audit and Compliance Report Review:** The IWC members review audited financial statements and compliance reports, including performance measures, received from Measure B and Measure BB direct local distribution (DLD) recipients to ensure expenditures comply with the requirements in the applicable Expenditure Plan.
- Issues Identification Process:** IWC members may request and receive information from DLD recipients and/or Alameda CTC staff if they have concerns regarding Measure B and Measure BB expenditures. The committee may also review issues regarding Measure B and Measure BB expenditures identified by the public.
- Annual Report to the Public:** Each year, the IWC establishes a subcommittee to develop the annual report to the public regarding Measure B and Measure BB expenditures and to discuss distribution of and outreach for the annual report.

Summary of Revenues and Expenditures

The Alameda County Transportation Commission (Alameda CTC) is responsible for administering the Measure B and Measure BB transportation sales tax measures. In FY2017-18, Measure B revenues for Alameda CTC totaled \$154.5 million, and audited expenditures totaled \$149.6 million. Measure BB revenues totaled \$153.5 million, and audited expenditures totaled \$122.9 million in FY2017-18.

FY2017-18 Measure B Project and Program Expenditures

General Administration	\$2.3 million
Direct Program and Project Management and Oversight	\$0.7 million
Local Transportation	\$39.6 million
Highways and Streets	\$32.0 million
Public Transportation	\$48.5 million
Debt Repayment	\$26.5 million

FY2017-18 Measure BB Project and Program Expenditures

General Administration	\$3.2 million
Community Development Grants	\$1.0 million
Direct Program and Project Management and Oversight	\$1.9 million
Local Transportation	\$44.5 million
Highways and Streets	\$15.8 million
Public Transportation	\$56.5 million



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Walnut Avenue bikeway improvements project

SUBMITTED BY CITY OF FREMONT

Construction is underway to improve bike lanes, pedestrian crossings, and signalized intersections on Walnut Avenue between n Mission Boulevard and Paseo Padre Parkway in Fremont. The project will create a complete street that balances the safety and needs of all users on the roadway and provides direct access to the Fremont BART Station in Downtown, Kaiser and Washington Hospitals, local government offices, and retail shopping centers.

Alameda County Transportation Commission (Alameda CTC) is providing most funding for this project with \$5 million of voter-approved Measure BB funds. For more information, visit <http://www.fremont.gov/WalnutBikeway>.

Lily Mei part of Mayors Advisory Board

SUBMITTED BY CHERYL GOLDEN

Fremont Mayor Lily Mei served as a member of the United States Conference of Mayors (USCM) Advisory Board its annual meeting, which took place from June 28 through July 1 in Honolulu, Hawaii.

The USCM advisory board works with the executive committee to develop and guide programs that give cities a voice in the development of national urban policy. Through the Conference of Mayors, cities are invited to share their best practices on how they tackled challenges in a variety of issues such as housing, transportation, and education.

“The U.S. Conference of Mayors provides a powerful voice for mayors across the country to address civic challenges and highlight innovative solutions we implement,” said Mei. “I am excited to continue learning from other mayors and advocate for national policies that benefit Fremont.”

In April, Mei was also elected president for Asian Pacific American Municipal Officials (APAMO) within the National League of Cities. Her responsibilities include facilitating discussions around policy issues and sharing her experiences in government with other Asian Pacific American members and local officials.



NEWARK UNIFIED SCHOOL DISTRICT

5715 Musick Avenue
Newark, CA 94560-2554
Phone: 510-818-4103
Fax: 510-794-2199

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Elisa Martinez, Clerk
Vacant, Member
Lucia Gutierrez, Member
Bowen Zhang, Member
Cesar Castillo, Student Member

SUPERINTENDENT OF SCHOOLS
Patrick Sanchez

ASSOCIATE SUPERINTENDENT OF EDUCATIONAL SERVICES
Leticia Salinas

CHIEF BUSINESS OFFICIAL
Barry Schimmel, Interim

EXECUTIVE DIRECTOR OF HUMAN RESOURCES
Jessica Saavedra

ANNOUNCEMENT OF BOARD VACANCY AND PROCEDURE FOR APPLICATION

August 16, 2019

To the Newark Community:

As announced on August 15, a vacancy was created on the Board of Education of the Newark Unified School District when Board member Nancy Thomas's resignation became effective on August 2.

The Board member vacancy will be filled by Board appointment. Beginning today and ending at 4:00 pm on September 3, 2019, the Board will be accepting applications to fill this position.

On September 19, 2019 the Board anticipates meeting in an open session public meeting at 5:00pm at the District Office to review all applications and to interview the candidates. Candidates should make themselves available for this meeting. The Board's appointment of the candidate to fill this position will take place at the September 19, 2019 Board meeting after discussion of candidates.

Applications will be accepted from 8:00 a.m. to 4:00 p.m., at the District Office, beginning August 19, 2019. To be considered as a candidate, the application must be received in the District Office by 4:00 pm on September 3, 2019. Any application received after 4:00 pm on September 3, 2019 will not be accepted.

If you have any questions or concerns, please feel free to contact Mr. Patrick Sanchez at 510-818-4112

Sincerely,

BoardofEducation
Newark Unified School District



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California's largest recycling business closes, 750 laid off

AP WIRE SERVICE

California's largest operator of recycling redemption centers has shut down and laid off 750 employees.

The Mercury News reports Monday that the company RePlanet has closed all 284 of its centers.

RePlanet's president David Lawrence says the company stopped operating because of increased business costs and falling prices of recycled aluminum and PET plastic.

Now San Francisco Bay Area residents are left with few options for redeeming their recyclables.

The move comes three years after RePlanet closed 191 of its recycling centers and laid off almost 300 employees.

Advocates are urging the state to reform how it subsidizes recycling centers. They worry that now more recyclables will end up in landfills.

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

American Muslim Appreciation and Awareness Month

SUBMITTED BY
TOMASA DUENAS

Assemblymembers Bill Quirk (D-Hayward), Kansen Chu (D-Milpitas), and Ash Kalra (D-San Jose) authored House Resolution 48 (HR 48) to recognize August 2019 as American Muslim Appreciation and Awareness Month.

“This is the fourth year that I

have proudly introduced a resolution highlighting the achievements and many contributions the American Muslim community has made to California and the country,” explained Quirk. “My friends and neighbors continue to experience harassment daily for no other reason than being Muslim. This resolution is an opportunity to look beyond the

hate, the negative headlines, and the hurtful rhetoric.”

In conjunction with the floor ceremony held on August 12, Quirk was joined by his honoree for American Muslim Awareness and Appreciation Month, Mokhtar Alkhanshali, founder and CEO of Port of Mokha, a company focused on importing and selling coffee from Yemen. Mokhtar is credited with

reversing Yemen’s lost art of coffee cultivation.

In 2013, Alkhanshali departed the United States for Yemen and spent three years travelling the country learning about coffee. War broke out on the day he was scheduled to leave Yemen. His harrowing escape from Yemen with his first coffee samples is the centerpiece of the novel, The Monk of Mokha.

Union City City Council

August 13, 2019

Presentations:

- Proclamation recognizing August 2019 as American Muslim Appreciation Month. More than 90,000 Muslims live in Alameda County, and Union City’s Muslim community in-



Proclamation recognizing August 2019 as American Muslim Appreciation Month.



National Night Out Sponsors and Volunteers, including Alameda County District Attorney’s Office, JWM Productions, and Public Works department staff with the city council.

cludes restaurant and business owners. The city recognized the harassment, assault, and discrimination Muslims continue to face and told everyone to acknowledge the many cultural, political and economic contributions Muslims have made to their communities.

- Recognize National Night Out community partners. National Night Out was on Tuesday August 6, 2019. It was a block party where residents got to hang out with UCPD and enjoy food, music, and entertainment. Community partners include AT&T, Tri-CED community recycling, Kaiser Permanente, Alameda County District 2 Richard Valle, Red Vines American Licorice Company, and Walmart.
- Union City Chamber of Commerce presentation. Co-chairs Kelly and Will talked about the events they held this past year, including The First Responder Dinner during Thanksgiving, Earth Day, and the upcoming Community Spirit Awards.

Consent Agenda:

- Approve resolution to Appoint Carmela Campbell as the Economic and Community

Development Director. Campbell was presented by Joan Malloy to become the next director during a closed city council session on Tuesday, July 23, 2019. The council unanimously approved the appointment and all members were present. Campbell has been Senior Planner and Planning manager for the city for over 13 years.

- Adopted resolution to cancel regular city council meetings scheduled on August 27, 2019 and September 10, 2019 and schedule a special meeting on Monday September 9, 2019. This schedule change would allow National Demographics Corporation to attend a council meeting on September 9, 2019 for the by-district elections transition. Their attendance is required so district maps can be presented during the fourth public hearing on the by-district elections transition.

Public Hearing:

- Third hearing on the by-district elections transition. Draft maps were presented to the public and city council. City council chose draft maps #105 and #107 and gave feedback prioritizing keeping the Decoto community together. District

maps use data from the 2010 Census; the city re-draw district maps after the 2020 Census. This is the third of five public hearings required for the city to transition to by-district voting elections. Many calls were made for more outreach on the public hearings. The demographer asks that residents turn in their own maps by August 29, 2019. City attorney said if needed they can push back the final adoption of district maps to October 8, 2019. The next public hearing is September 9, 2019 and will have map #105, another version of #105 and #107.

Public Comment:

- On city Airbnb policies and the issue of illegal parking in residence areas.
- The Human Resources Department introduced their new chairperson.
- On water cremation.
- On affordable housing.
- CAREavan open parking for the homeless program participant almost assaulted.
- Noise issue coming from the Sports Center.

City Reports:

- Updated the city’s position list and salary schedule. Several changes were made to save

money, including changing the senior planner position to associate planner. This would save the city \$23,500 annually to the general fund. Another change was removing the Human Resources Director position and adding a Human Resource Manager position. This would save the city \$73,000 per year to the general fund.

- Passed resolution to revise commercial cannabis permit program to allow recreational sale. Current medical-only cannabis businesses will be allowed to sell to adults over 21. Cities that allow for the recreational sale of cannabis products or are in the process of doing so include Hayward, Oakland, and San Jose. Reasons to allow adult use were that the number of medical cards issued are declining and the city is not making as much money as expected on medical-only cannabis sales. PASSED 4-1 (Nay, Singh).

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Gary Singh	
Aye, 1 Nay	
Emily Duncan	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye

Milpitas City Council

August 13, 2019

Presentations:

- Proclaimed Women’s Equality Day on August 26, 2019
- Proclaimed August 2019 as American Muslim Appreciation and Awareness Month
- Recognized Maria Lemery, a 49-year resident of Milpitas, respected for her environmental activism and, in particular, for protecting the Milpitas hills from uncontrolled development.

Consent Calendar:

- Authorized a two-year Lease Agreement with Casetronic Engineering Group for a temporary fire station at 1126 Yosemite Drive.
- Approved a construction contract with Hoi’s Construction, Inc. for the Water Bottle Refill Station Installation Project.
- Received a report from the Public Works Director for the

emergency remediation work at the Police/Public Works Building.

- Received a report from the Public Works Director for the Purchase and Installation of McQuay Turbocor compressors for the Public Works/Police Department Building.

Community Development:

- Authorized a request to the Board of Directors at Terrace Gardens to remove the City Councilmember’s seat and City Manager’s seat from their Board composition.

Community Services:

- BART station is going to open later this year. Discourage BART commuters from using on-street parking spaces within half-mile radius around the BART station.

Rich Tran (Mayor)	Aye
Karina Dominguez (Vice Mayor)	Aye
Carmen Montano	Aye
Bob Nunez	Aye
Anthony Phan	Aye

OPINION



WILLIAM MARSHAK

Representation

An historic geopolitical seismic shift began with the cry, “No taxation without representation.” That grievance, voiced by colonists during the 1700s, was a primary impetus for a revolution... the founding of the United States of America. Previously, the American colonies were considered by the English government as a commercial venture whose purpose was to enrich the homeland and defray costs of defense and administration. According to the English Bill of Rights (1869), the consent of Parliament was a requirement for imposition of taxes; there was no such direct colonial representation. Much debate and argument ensued over the type of representation – virtual or direct - required to conform to the law. In the meantime, tax levies such as the Sugar Tax and Stamp Tax were imposed and resentment festered among the colonists. The infamous Tea Tax prompted a rebellious Boston Tea Party in 1773 by the Sons of Liberty. Eloquent orators such as Patrick Henry and Benjamin Franklin argued the colonial cause.

Sentiment of 1700s has endured and echoed through the centuries since the upstart colonial radicals declared the birth of a new country. Most who endure the imposition of taxes understand that the justification for such payments is mutual protection and support. With proper representation, the hope is that such levies will be controlled and reasonable.

However, as with any equation between the governed and government, this balance can be disrupted by malfeasance, corruption and incompetence. No matter what level of government is involved, a critical component of the process is engagement and participation by those tasked with selecting competent representation. Unfortunately, if participation declines, so does competency. A motivated minority is allowed to usurp political power, legal prerogatives and, ultimately, many essential elements of public life. This passivity saps the strength and vigor of a democratic society and defaults to authoritarianism.

Finding an effective antidote to this malaise has been the dilemma of democracy proponents confronted by threats of indifference and ignorance. Participation in elections is at the root of democracy and yet many eligible voters feel disenfranchised with no inclination to take time to mark a ballot or understand issues, opening themselves to emotional appeals of dubious validity. On the good news side of things, complaints of long wait times at polls and busy schedules have been offset recently by heightened interest and increased recognition of vote relevance. According to some surveys, even non-voters understand the importance of voting. [Longley, Robert. “Why Don’t More Americans Vote?” ThoughtCo, Mar. 3, 2019, [thoughtco.com/why-dont-more-americans-vote-3322088](https://www.thoughtco.com/why-dont-more-americans-vote-3322088)]. So how do we support voter enthusiasm and ensure continued participation and meaningful representation?

Early voting and vote by mail have made significant inroads into participation so, in 2016, California adopted the Voters Choice Act, inaugurated with a 2018 pilot program in five counties. This year, it has expanded to at least four more counties including Santa Clara County and will be open to all counties in 2020. This is a bold experiment and will hopefully not only increase participation, but heighten interest in candidates, ballot measures and propositions. Instead of electing to vote by mail, all registered voters will automatically receive a ballot in the mail. The choice of how and where to vote is up to the voter. The ballot can be mailed, dropped off at a ballot drop box or at a “Vote Center” where replacement ballots, voting machines, registration and additional services will be available. No longer will a voter be restricted to specific voting location.

According to the Santa Clara County Registrar of Voters, “...there is no longer a wrong place to vote which has the added benefit of reducing the number of provisional ballots issued and cast.” And, “Starting 10 days before the Election and through the Friday before Election Day, one vote center is required for every 50,000 registered voters. On Election Day and the Saturday, Sunday, and Monday leading up to Election Day, one vote center is required for every 10,000 registered voters.” Will this lead to higher participation and attention to the electoral process? The results are yet to be determined, but it’s a step in the right direction.

William Marshak
PUBLISHER

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Billionaire donates \$35 million to microbiome research

AP WIRE SERVICE

A San Francisco billionaire has donated \$35 million to Stanford University and the University of California, San Francisco to enhance their study of the human microbiome. Salesforce CEO Marc Benioff and his wife Lynne Benioff donated \$25 million to launch the UCSF Benioff Center for Microbiome Medicine and \$10 million to the Stanford Microbiome Therapies Initiative. The human microbiome is the full assortment of bacteria, viruses and other microbes that inhabit the human body.

The donation announced Tuesday will help the universities’ efforts to develop new ways to predict, prevent and treat dermatological, gastrointestinal, respiratory and neurological disorders linked to microbiome dysfunction. The two Bay Area Benioff-funded initiatives will also work together to further a joint goal of advancing innovative microbiome-based therapies.

ADJUDICATION:

What’s Happening’s Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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LIFE CORNERSTONES

Marriage

Obituaries

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tricityvoice@aol.com



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(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Elizabeth Margaret Nelson
RESIDENT OF FREMONT
April 8, 1921 – August 16, 2019
Fremont Chapel of the Roses

Lance Frederick Haglund
RESIDENT OF FREMONT
November 7, 1952 – August 16, 2019
Fremont Chapel of the Roses

Ruben L. Loza
RESIDENT UNION CITY
February 23, 1953 – August 12, 2019
Fremont Chapel of the Roses

Thelma E. Boling
RESIDENT OF MANTECA
July 17, 1922 – August 10, 2019
Fremont Memorial Chapel

Augusta M. Jackson
RESIDENT OF FREMONT
March 10, 1918 – August 8, 2019
Fremont Chapel of the Roses

Bernice R. Ortiz
RESIDENT OF FREMONT
January 19, 1941 – July 21, 2019
Fremont Chapel of the Roses



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Robert Hoffman
RESIDENT OF FREMONT
November 11, 1951 – August 15, 2019

Joanne Linzey
RESIDENT OF FREMONT
September 4, 1930 – August 14, 2019

Robert Mott
RESIDENT OF FREMONT
March 23, 1925 – August 14, 2019

Stephen Greenberg
RESIDENT OF FREMONT
February 28, 1961 – August 13, 2019

Shashi Srivastava
RESIDENT OF FREMONT
January 1, 1937 – August 13, 2019

Matthew Costello Sr.
RESIDENT OF FREMONT
May 1, 1956 – August 11, 2019

William Morris
RESIDENT OF FREMONT
December 9, 1926 – August 11, 2019

Francisco Barrios
RESIDENT OF FREMONT
October 15, 1926 – August 10, 2019

Margasahayam Krishnamurthy
RESIDENT OF FREMONT
April 1, 1948 – August 9, 2019

Jose Alaniz
RESIDENT OF SAN JOSE
December 12, 1955 – August 8, 2019

Yu Chin Wang
RESIDENT OF FREMONT
September 8, 1929 – August 7, 2019

Paul Gordon Jr.
RESIDENT OF FREMONT
October 12, 1963 – August 5, 2019

Madeline Lowden
RESIDENT OF FREMONT
July 27, 1928 – August 5, 2019

Alfred Ramirez II
RESIDENT OF FREMONT
December 30, 1974 – August 3, 2019

Obituary

Doris Frances Van Leeuwen

Resident of Fremont

November 21, 1925 – July 29, 2019

Doris Frances Van Leeuwen, 93, passed away peacefully on Monday, July 29, 2019 in Fremont, California. She was born in McKenzie, Tennessee on November 21, 1925. She was a Fremont resident for over 40 years. She was preceded in death by parents, Thomas Dudley Finley and Wilcie Carlene West; sisters, Nancy Jane Fuller, Marie Finley, and Margaret Trantum; and grandson Barry Hunnicutt. She is survived by her children, Carlene Murray, Barry Van Leeuwen and wife Sheila, and Don Van Leeuwen and wife Kathy; grandchildren, Denelle Pritchard, Bobby Morgan, Jeremy Van Leeuwen, Morganne Norman, and Jack Van Leeuwen; great-grandchildren, Emma Pritchard, Cole Pritchard, and Maeve Norman; and numerous nieces, nephews, grandnieces and grandnephews. Doris was an apartment manager and assistant manager for multiple apartment complexes in Fremont, and before that was a volunteer at the Southern Maryland Hospital in Clinton, Maryland. All who knew her were blessed by her kindness, strength, sense of humor and selflessness. Doris was a loving mother, grandmother, great-grandmother,



and sister. She cherished in-laws and their families as well. She enjoyed spending time with family and friends, traveling by train, being near the water, dancing, watching the birds on her patio, reading, crosswords, and get-togethers with the Rogers' family. The family wishes to thank the staff at Regency Square Apartments and Bella Amore, and friends Pam and Val for the wonderful assistance and care they provided to Doris. Family and friends are invited to a celebration of life service 3:00 PM, Saturday August 24, 2019 at Berge-Pappas-Smith Chapel of the Angels, 40842 Fremont Blvd, Fremont, CA 94538.

Obituary

Thelma E. Boling

Resident of Manteca

July 17, 1922 – August 10, 2019



Thelma E. Boling was born on July 17, 1922 in Akron, Ohio and passed away on August 10, 2019 in Manteca, California at the age of 97 years old. She was the daughter of Schley and Annie Livingston. Thelma married to the late Frank Boling, Jr. in 1940. Survived by her two beloved children Diane Rosengren of Nevada and Paul Boling, Sr. of Manteca, California. Loving grandmother to eleven grandchildren. Caring

great-grandmother to eighteen great-grandchildren and eight great-great-grandchildren. Predeceased by her children Barbara Yarouous, Beverly Pimentel and Mark Boling. She loved her family dearly. She graduated from Springfield High School in Akron, Ohio in 1940. Thelma was always the best, she was a great mother caring and loving. We thank God for all the years he has giving her to us! Visitation will be held from 10:00 AM – 11:00 AM on Friday, August 23, 2019 with a Chapel Service at 11:00 AM, Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont. Burial will follow at 2:30 PM at Chapel of the Chimes Memorial Park, 32992 Mission Blvd., Hayward.

Fremont Memorial Chapel
510-793-8900

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

Obituary

Robert “Bob” L. Wong

Resident of Fremont

September 14, 1938 – July 28, 2019

Robert "Bob" L. Wong was born on September 14, 1938 in California and entered into rest on July 28, 2019 in Union City, California at the age of 80 years old. Predeceased by parents David Lowe Won and Helen Mary Wong. Daughter Carolyn Noelani Wong. Beloved husband to Kalina Wong. Loving father to Travis Keaka Wong (Ann). Grandfather to Dylan Benjamin Wong, and Nicole Leinani Wong. Bob was known for his big smile and love of working on cars. Retired from Lawrence



Livermore National Laboratory as Professional Researcher, PhD, in Mechanical Engineering. He was an avid RV camper roaming

cross country in his RV with his entire family and spending a delightful 6 months wandering through Alaska's wilderness. Before and during his retirement years he played guitar in the local Hawaiian ukulele groups of Diablo Valley Hui O Aloha, and Doelger Senior Center in Daly City, as well as the Livermore Folksingers' Organization. Bob loved pugs! Private family services.

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Obituary

Robert Mott

Robert Mott, 94, passed away in his home the morning of August 14, 2019, with family by his side.

Robert Mott was born in Pennsylvania on February 23, 1925 and grew up in upstate New York. He came from humble begins with his siblings Bill Mott, Phil Mott, Dorothy (Mott) Rice, Mary (Mott) Slattery, Lewis Mott, Annie (Mott) Hurlburt, and Ralph Mott.

Robert Mott is survived by Marjorie Mott his beloved wife, his daughter Diane Durst, his sons Bob, Dennis, Kevin, Shawn, and Nolan, by his sisters Mary Slattery and Annie Hurlburt, and by many other family and friends that have been touched by having him in their lives.

As a young man he was part of the First American Volunteer Group (AVG) in 1941-1942, nicknamed the Flying Tigers, which was composed of pilots from the United States, recruited under President Franklin Roosevelt's authority before Pearl Harbor. This led to a life-long career in civil service, including his position as an Electronics Engineer with Lockheed-Martin and his participation in the Polaris B3 Project in November 1963, in which the technically advanced missile, the Poseidon C3 was created.

Robert was also a passionate leader with the Boy Scouts of America. Over his decades of scouting involvement, his leadership was awarded with multiple 50-Miler Awards, where his group had to travel 50 miles within five days by foot, bicycle,



canoe, or pack animals and he was required to complete 10 hours of conservation work during the excursion.

He loved the outdoors, wilderness, camaraderie, and a good challenge.

In 1946, Robert and Marjorie married. He was a very dedicated and involved husband and father. He treasured the time with his family. The family connection was a very important part of his life which he demonstrated through cross-country trips, family reunions, big holiday gatherings, and other special occasions. Robert leaves a celebrated legacy with his wife, children, grandchildren, and great-grandchildren full of fond memories and stories that will be treasured always by the Mott Family.

Services will be held 10:30 A.M. on Tuesday, August 20, 2019 at St. Joseph's Catholic Church, 43148 Mission Blvd., Fremont, CA 94539.

FBI, Facebook could clash over privacy vs. monitoring

AP WIRE SERVICE

The FBI is looking for outside contractors to monitor social media for potential threats, setting up a possible conflict with Facebook and other companies over privacy.

Last month, the FBI said it is soliciting proposals for a social media ``early alerting tool'' in order to identify possible threats while making sure that privacy and civil liberties considerations are considered. Such a tool would likely violate Facebook's ban against using its data for surveillance.

The contract solicitation and the potential clash was first reported by The Wall Street Journal on Thursday. It was posted before the most recent mass shootings once again prompted calls for social media companies to do more to detect such threats.

Facebook declined to comment. Twitter did not immediately respond to a message for comment.

California officers reunite 250-pound tortoise with owners

AP WIRE SERVICE

A 250-pound tortoise that wandered away from its home has been rescued after California Highway Patrol officers found it on the side of a road.

And no, they didn't arrest it for speeding.

The highway patrol says it got a call about the big reptile Sunday evening. It was spotted on the shoulder of a road in Santa Ynez, about 100 miles (161 kilometers) northwest of Los Angeles.

Santa Ynez Animal Rescue picked up the tortoise before CHP officers arrived. The CHP located the owners, put the tortoise in the patrol car and delivered it to them about two hours later.

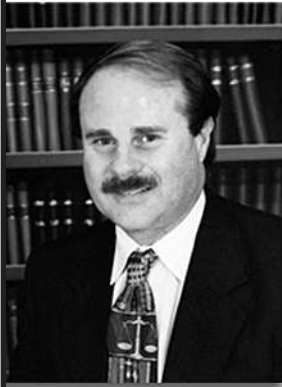
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Basic income payments to young adults

SUBMITTED BY JANICE ROMBECK

Recognizing that those leaving the foster care system are among the most vulnerable in Santa Clara County, Supervisor Dave Cortese on August 13 called for a pilot program to provide cash payments to help 18- to 21-year-olds navigate economic hardships and create pathways to success.

The board unanimously approved moving forward with a proposal for the pilot program that will return to the board through the Children, Seniors and Families Committee. The proposed pilot would be the first in the nation to target this vulnerable population with universal basic income payments. Studies have shown that these payments can reduce poverty, improve health and increase educational opportunities.

“Youth transitioning out of the foster care system are particularly in need of and deserve robust support,” said Cortese. “Creating a pilot program to provide a basic income to these youth will allow the County to better support their transition out of our foster care system and to help

them find a stable path to independence.”

To augment the cost of the program, Cortese asked that the county explore partnering with philanthropic organizations and leverage other existing funding streams to support the needs of youth transitioning out of the foster care system. Cortese's proposal asks county counsel and administration to return to the board on August 27 and address in their report:

Number of young people who could be included in such a program

Size of the payment needed to cover participants' basic needs and recommendations regarding the overall budget for the pilot

How such a program would be aligned with and augment other support and services available to these young people

How such a program could best be evaluated

For more information, contact the Office of Supervisor Dave Cortese at (408) 299-5030.

Safeguarding the Environment

BY RICHARD P. SANTOS,
SANTA CLARA VALLEY
WATER DISTRICT 3
DIRECTOR

Walking along the Upper Penitencia Creek, which runs through the cities of San Jose and Milpitas, patrons of Alum Rock Park can attest to its beauty. This major tributary of Coyote Creek bridges urban life with open space, providing a unique charm to northeast Santa Clara Valley.

However, all along the urbanized reach of the creek, there is a potential flood risk. As such, Valley Water has been working on a flood protection project that would reduce the risk to approximately 8,000 properties along 4.2 miles of Upper Penitencia Creek. The creek has a history of flooding with significant events in the 1950s, 80s, and 90s.

Thanks to voter support and the passing of the Safe, Clean Water and Natural Flood Protection Program in 2012,

your special parcel tax dollars are hard at work. Valley Water is busy reviewing a planning study that defines project challenges, existing threats, ultimate objectives, and evaluates various project alternatives.

Last fall, we shared conceptual options to gather your feedback. And just this spring, a second community outreach effort presented proposals that implemented your input. The latest round of alternatives explores different target levels of flood protection.

One of the project constraints is ensuring no additional flood risks to downstream areas. The team is exploring different options that address potential floods of different magnitudes. Valley Water is now screening and evaluating those feasible alternatives, based on ten criteria categories aimed at achieving natural flood protection. We anticipate that a preferred proposal will be presented to the board later this summer.

I look forward to making sure that the project for Upper Penitencia Creek goes beyond flood protection. We have a commitment to restore the stream environment and improve the habitat for wildlife. Once completed, Upper Penitencia Creek can both offer the ability to increase our groundwater replenishment and provide recreational opportunities for our residents.

To learn more about the Upper Penitencia Project and see the latest project alternatives, visit the project page here: <https://www.valleywater.org/project-updates/creek-river-projects/upper-penitencia-creek-flood-protection>.

As always, I am available for questions or comments as your District 3 representative for Sunnyvale, Santa Clara, Alviso community, Milpitas, and Berryessa/Alum Rock communities. Feel free to contact me at (408) 234-7707 or by email at rsantos@valleywater.org.

As wildfire season progresses update contact information

SUBMITTED BY TAMAR SARKISSIAN

Pacific Gas and Electric Company (PG&E) encourages its customers to update their home phone number, mobile number,

email, and other key information so the company can contact them in advance should it become necessary to temporarily turn off power for safety this fire season.

PG&E sent emails to about 62,000 customers with incomplete contact information earlier this month. The company has also mailed postcards to about 95,000 customers who have no phone number or email on file.

It is important that all customers keep their information updated so PG&E can share important wildfire safety alerts. In addition to notifying

customers directly, PG&E also will provide outage updates and safety information through channels such as social media, local news, radio, and pge.com. Extreme weather threats can change quickly. PG&E's goal, dependent on weather and other factors, is to send customer alerts through automated calls, texts, and emails at 48 hours, again at 24 hours, and again just before shutting off power.

To update contact information, visit www.pge.com/mywildfirealerts or call the PG&E contact center at 1-866-743-6589.



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the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Fast thinking saves baby

SUBMITTED BY
UNION CITY PD

On August 15th, about 1:15 pm, a Union City employee returned from lunch and parked their car in a stall near City Hall. They exited their car about 15 minutes later and heard a (1 year old) baby crying from a car that was parked next to them. The car was locked with the windows slightly cracked; she subsequently contacted the Union City Police Department.

It should be noted, this was one of the hottest days of the year... When officers arrived at the scene the mother of baby ran out of Union City Library. The baby was sweating profusely and her skin was very warm to the touch. The mother told officers that she took her two other girls (6 years and 3 years old) into the library to check out a book and it took longer than she expected. The mother said she was running out to check on the baby when PD arrived.

The baby was left unattended for about 25 minutes. Union City Fire Department responded and assessed the baby and



determined that she was ok. Ofc Manriquez documented the incident and appropriate agencies were notified.

The Union City employee's actions, being aware and alert when exiting their vehicle, played a key role in getting first responders to the baby so quickly. Thankfully, we have a positive story to share and believe that the employee played a big role in that outcome. Thank you, we appreciate your efforts!

According to KidsAndCars.org, over 900 children have died in hot cars nationwide since 1990. Even the best of parents or caregivers can unknowingly leave a sleeping baby in a car and the end result can be injury or even death.

The Greenhouse Effect in Vehicles

- The inside of a vehicle heats

up VERY quickly! Even with the windows cracked, the temperature inside a car can reach 125 degrees in minutes.

- 80% of the increase in temperature happens in the first 10 minutes.

• Cracking the windows does not help slow the heating process OR decrease the maximum temperature.

- Children have died from heatstroke in cars in temps as low as 60 degrees.

In over 55% of these cases, the person responsible for the child's death unknowingly left them in the vehicle. In most situations, this happens to the most loving, caring and protective parents. It has happened to a teacher, dentist, social worker, police officer, nurse, clergyman, soldier, and even a rocket scientist. It can happen to anyone...

For more information in multiple languages visit: <https://www.kidsandcars.org/how-kids-get-hurt/heat-stroke/>

How Quickly does a car heat up? See this video: <https://weather.com/news/weather/video/how-quickly-does-a-car-heat-up>

Other Dangers for Children in Cars:

<https://www.nhtsa.gov/road-safety/child-safety>

Hayward appoints new chief of police

SUBMITTED BY CITY OF HAYWARD

Toney Chaplin, San Francisco assistant chief of police, was selected on July 24 to lead the Hayward Police Department. Chaplin, who succeeds retired Hayward Police Chief Mark Koller, will assume command on Tuesday, September 3. In San Francisco, Chaplin held every departmental rank—from patrol officer to interim chief of police—and will bring to Hayward a leadership style described as "inclusive, optimistic, and focused on moving the profession forward into the 21st century of policing."

"It is with great enthusiasm and excitement that I appoint Toney Chaplin as the next leader of our distinguished Hayward Police Department and to become its 15th chief of police," said City Manager Kelly McAdoo.



Auto theft suspect arrested

SUBMITTED BY LT. STEVEN FOX,
MILPITAS PD

On August 15, at 1:29 a.m., Milpitas police officers responded to the South Bay Honda dealership, 920 Thompson Street, on a report of a suspect attempting to steal a vehicle from the lot. Officers arrived at the dealership within two minutes of being dispatched and observed Shey Artiaga of San Jose, 24, driving a white Honda Insight through the adjacent Piercy Toyota dealership parking lot. Artiaga abandoned the vehicle and fled on



foot; officers found her hiding in nearby bushes. Artiaga initially stole a blue Honda Insight from the lot, but the vehicle became disabled when she attempted to drive it over a curb. She then stole a second Honda Insight, and officers confronted her before she was able to leave the lot.

A record check on Artiaga revealed that she is currently on a Supervised Own Recognizance Program (SORP) for a pending auto theft charge in Santa Clara County. Artiaga was booked into the Santa Clara County jail for two counts of auto theft, burglary, resisting arrest, and committing a felony while released on her own recognizance.

If you have any information regarding this investigation, call the Milpitas Police Department at (408) 586-2400. Additionally, information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the police department website at <http://www.ci.milpitas.ca.gov/crimetip>.

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Juris Doctor, University of Illinois (7th in class)

Quoted by Ralph Nader in his book "No Contest" (1996)

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Faculty Law Clinic Santa Clara University College of Law 1987

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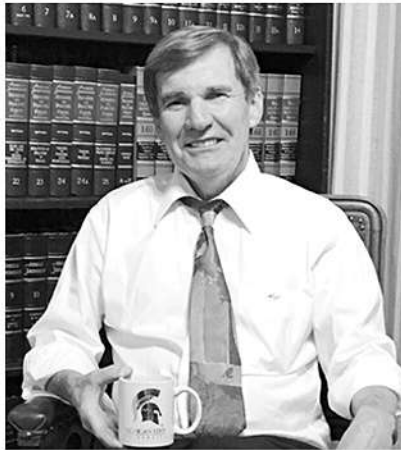
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ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19029373

Superior Court of California, County of Alameda
Petition of: Yen Shen Wang for Change of Name
TO ALL INTERESTED PERSONS:
Pettitioner Yen Shen Wang filed a petition with this court for a decree changing names as follows:
Yen Shen Wang to Michael Wang
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: 9-13-19, Time: 11:00 am, Dept.: 17
The address of the court is 1221 Oak St., Oakland, CA

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happenings Tri-City Voice
Date: July 31 2019
WYNNE S. CARVILL
Judge of the Superior Court
8/6, 8/13, 8/20, 8/27/19

CNS-3280937#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19027547

Superior Court of California, County of Alameda
Petition of: Maria del Carmen Dubon for Change of Name
TO ALL INTERESTED PERSONS:
Pettitioner filed a petition with this court for a decree changing names as follows:
Maria del Carmen Dubon to Carmen Dubon
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: 09-06-19, Time: 11:00 a.m., Dept.: 17
The address of the court is 1221 Oak St., Oakland, CA

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: July 18, 2019
WYNNE S. CARVILL
Judge of the Superior Court
8/6, 8/13, 8/20, 8/27/19

CNS-3280119#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 561241

Fictitious Business Name(s):
Pal's Pizza & Grill, 5480 Central Ave, Newark, CA 94560, County of Alameda
Mailing Address: 29878 Larrabee Street, Hayward, CA 94544
Registrant(s):
Jaswant Singh, 29878 Larrabee Street, Hayward, CA 94544
Manjinder Singh, 29878 Larrabee Street, Hayward, CA 94544
Business conducted by: A General Partnership
The registrant began to transact business using the fictitious business name(s) listed above on 07-16-19.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Manjinder Singh, General Partner
This statement was filed with the County Clerk of Alameda County on July 16, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/13, 8/20, 8/27, 9/3/19

CNS-3282611#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561525

Fictitious Business Name(s):
Tasty Pot, 34909 Newark Blvd., Newark, CA 94560, County of Alameda
Registrant(s):
Integrated Cuisine Corp, 5250 Rancho Del Norte Dr., Fremont, CA 94555; California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on April 2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jun Yang, President
This statement was filed with the County Clerk of Alameda County on July 24, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/13, 8/20, 8/27, 9/3/19

CNS-3282438#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561230

Fictitious Business Name(s):
Ring Leader Janitorial, 7826 Lockwood St., Oakland, CA 94621, County of Alameda
Registrant(s):
Sherman L. Phillips II, 7826 Lockwood St., Oakland, CA 94621
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 11/5/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sherman L. Phillips II, Owner
This statement was filed with the County Clerk of Alameda County on July 15, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/13, 8/20, 8/27, 9/3/19

CNS-3281460#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561496

Fictitious Business Name(s):
Regal Group Referrals, 39465 Paseo Padre Pkwy, Ste. 3550, Fremont, CA 94538, County of Alameda
Registrant(s):
Regal Group Investments, Inc., 39465 Paseo Padre Pkwy, Ste. 3550, Fremont, CA 94538; California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Hsiao-Ling Plen, President
This statement was filed with the County Clerk of Alameda County on July 24, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/6, 8/13, 8/20, 8/27/19

CNS-3280621#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561506

Fictitious Business Name(s):
AYA Autobody Repair, 29583 Ruus Rd., Hayward, CA 94544, County of Alameda
Mailing address: 4521 Deborah Ct., Union City, CA 94587
Registrant(s):
Amaduddin Yasini, 4521 Deborah Ct., Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 7-20-2019

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Amaduddin Yasini, Owner
This statement was filed with the County Clerk of Alameda County on July 24, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/6, 8/13, 8/20, 8/27/19

CNS-3280120#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561489

Fictitious Business Name(s):
C. Uhlenberg LLP, 16560 Fremont Blvd., Suite 403, Fremont, CA 94538, County of Alameda
Registrant(s):
Peggy H. Chen, 44961 Cougar Circle, Fremont, CA 94539
Stephen Au, 44961 Cougar Circle, Fremont, CA 94539
Business conducted by: a Limited Liability Partnership
The registrant began to transact business using the fictitious business name(s) listed above on July 22, 2009

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Peggy H. Chen, General Partner of CGUCPA, LLP
This statement was filed with the County Clerk of Alameda County on July 24, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/6, 8/13, 8/20, 8/27/19

CNS-3280118#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560942

Fictitious Business Name(s):
Washington Radiation Oncology Center, A Medical Group, Inc. 39101 Civic Center Drive, Fremont, CA 94538, County of Alameda
Registrant(s):
Washington Radiation Oncology Center, A Medical Group, Inc., 2000 Mowry Avenue, Fremont, CA 94538; California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on June 13, 2008

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Albert L. Brooks, President
This statement was filed with the County Clerk of Alameda County on July 5, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/6, 8/13, 8/20, 8/27/19

CNS-3279838#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561547

Fictitious Business Name(s):
Abdul's Packaging, 39899 Balentine Drive, Suite #200, Newark, CA 94560, County of Alameda
Registrant(s):
BLOO Logistics, Inc. 39899 Balentine Drive, Suite #200, Newark, CA 94560; California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Yi Chen, Secretary
This statement was filed with the County Clerk of Alameda County on July 25, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/6, 8/13, 8/20, 8/27/19

CNS-3279620#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561282

Fictitious Business Name(s):
9S Nail Salon, 31879 Alvarado Blvd., Union City, CA 94587, County of Alameda
Registrant(s):
Mach V. Lam, 33719 Railroad Ave., Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Mach V. Lam, Owner
This statement was filed with the County Clerk of Alameda County on July 17, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/6, 8/13, 8/20, 8/27/19

CNS-3279617#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561503

Fictitious Business Name(s):
Rwaaqat Jewels, 38525 Blacow Rd, Fremont, CA 94536, County of Alameda
Registrant(s):
Navneet K. Sooch, 38525 Blacow Rd, Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Navneet K. Sooch
This statement was filed with the County Clerk of Alameda County on July 24, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/30, 8/6, 8/13, 8/20/19

CNS-3278360#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561097

Fictitious Business Name(s):
Fiona Miller, 4795 Hansen Ave., Fremont, CA 94536, County of Alameda
Registrant(s):
Fiona McLellan, 4795 Hansen Ave., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Fiona McLellan
This statement was filed with the County Clerk of Alameda County on July 11, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/30, 8/6, 8/13, 8/20/19

CNS-3277201#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561338

Fictitious Business Name(s):
Alpine Heating and Air Conditioning Inc, 35946 Anjou Pl, Newark, Ca 94560, County of Alameda
Registrant(s):
FMH, Inc., 35946 Anjou Pl, Newark Ca 94560; FMH, Inc., California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 8-1-2003

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kenneth M Stensland, CEO
This statement was filed with the County Clerk of Alameda County on July 18, 2019.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/30, 8/6, 8/13, 8/20/19

CNS-3276333#

GOVERNMENT

NOTICE TO CONTRACTORS

REQUEST FOR PROPOSALS FOR
CUSTODIAL SERVICES

The Union City Public Works Department invites sealed proposals for Custodial Services to City buildings, City of Union City, Alameda County, California. Sealed proposals must be submitted to the Office of the City Clerk, City Hall, 34009 Alvarado-Niles Road, at or before:

2:00 PM on WEDNESDAY, September 4, 2019.

The scope of services is generally described as follows.

The work is generally described as providing all labor, cleaning equipment, and listed materials for custodial/janitorial services to City buildings and/or portions thereof in accordance with the contract documents.

The Contract Book and proposal forms are available via email delivery for no charge or

via PDF format at the Public Works Department, City Hall, 34009 Alvarado-Niles Road, Union City, California. If electronic delivery is unavailable, a bid package on CD in PDF format is available for no charge if picked up. Checks and money orders must be made payable to "The City of Union City." Cash will not be accepted via mail. Bid package(s) will be mailed by request upon the receipt of a \$10 non-refundable mailing charge, via U.S. Mail or bidder's UPS or FedEx account number. To obtain Contract Book and proposal forms via email or mail, please contact Nancy Lathung, Administrative Assistant, at (510) 675-5308. For specific questions regarding the contract documents, please contact Mark Camfield at (510) 675-5337.

There will be a Mandatory pre bid conference and inspection tour at 10 AM on Tuesday, August 27, 2019 beginning at City Hall (34009 Alvarado-Niles Road, Union City.) Tour will continue on Wednesday, August 28th if tour cannot be completed in one day.

The City of Union City reserves the right to reject any or all proposals and to waive any minor informalities, irregularities, and/or proposal non-responsiveness that does not influence the competitive nature of the proposal. *Only bids from organizations/companies which have requested for a bid package directly from the City will be entertained.* It is the City's intent to award the contract for this work early September 2019. Work on this project is scheduled to begin October 1, 2019.

Proposals will be evaluated based on a variety of factors, but not limited to: estimated cost for services, proposed methodology, quality control program, experience of staff, experience of management team, financial stability of company, quality of referenced work, and quality of equipment, tools, and uniforms. This information will be determined from the submitted proposals and subsequent evaluation and negotiation process. After the process is completed, City Council award, if any, will be based on staff recommendation.

The City of Union City hereby notifies all bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit proposals in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award.

City of Union City, Alameda County, California
Publish Date: August 20, 2019
8/20/19

CNS-3285250#

UNION SANITARY DISTRICT
PUBLIC NOTICE

On August 12, 2019, the Union Sanitary District ("District") Board of Directors adopted Ordinance No. 36.04, Sewer Use Ordinance, and Repealed Ordinance No. 36.03.

Ordinance 36 provides for the regulation of discharges to the District's sanitary sewer system. The ordinance applies to industrial, commercial and residential discharges and establishes the requirements for the District's pretreatment program in compliance with federal, state and local laws. Ordinance No. 36.04 updates the District's regulations consistent with federal law, and includes clean-up revisions and modifications to achieve consistency with the District's other ordinances. Revisions include: updated definitions; the addition of mass limit rates for prohibited discharges; additional requirements for dental facilities pursuant to federal law; provisions regarding the acceptance of groundwater remediation water sources; limitations on the use of food waste devices; expanded regulations prohibiting the discharge of chemical solutions; the prohibition of unapproved sanitary sewer connections; and notification requirements for slug loadings.

The ordinance was discussed and approved following a noticed public hearing held at the Union Sanitary District Board meeting of August 12, 2019 and will take effect on September 12, 2019. A copy of the ordinance may be found on our website at www.unionsanitary.ca.gov, or may be obtained at our offices located at 5072 Benson Road, Union City, California.
8/20, 8/27/19

CNS-3283884#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the 9th day of September, 2019 at or after 2:15 pm pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Fremont, 44833 Thornton Avenue, Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit # Paid Through Date
Sarah Setoki C133 6-6-2019
Tina Silva B115 5-4-2019
Mark Wins B116 6-12-2019
Nicholas Sisits C161 6-21-2019
Krystal Franco B233 5-25-2019
Mireya Soto C142 5-24-2019
8/20, 8/27/19

CNS-3284686#

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the 9th day of September, 2019 at or after 2:15 pm pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit # Paid Through Date
Angel Perez 278-79U 6-16-2019
Kevin Girard 271U 6-16-2019
Tiffany Fenn MM414 6-10-2019
Tristan Pardee 31 6-10-2019
Sanjiv Purohit MM400 4-29-2019
8/20, 8/27/19

CNS-3284667#

Notice is hereby given pursuant to California Self Storage Act, Business and Professions Code 21700-21716. Three Sixty Storage Center, 6649 Central Avenue, Newark, California in Alameda County, will for the purpose of satisfying lien for storage, on the premises where said property has been stored, SELL at PUBLIC AUCTION on August 29, 2019 at 10:30 AM, the contents of storage spaces named below, which consists of personal property including but not limited to, household furniture, clothing, tools, toys, appliances, stereo equipment, televisions, miscellaneous boxes of household goods and unknown contents.

1. Ellis, Rhonda J.
2. Dela Pena, Romela May Paragas
3. Silcox, Paul B.
4. Ulloa, Bridget A.
5. Arman, Dameron A.
6. Michel, Irene
7. Padilla, Nancy
8. Figueroa, Eran Vincent
Auctioneer: John Cardoza, Bond #5860870, Ph (209) 687-5797

Sale subject to cancellation in the event of settlement between owner and obligated party. ALL ITEMS SOLD AS IS, WHERE IS, FOR CASH ONLY.
8/13, 8/20/19

CNS-3283502#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-18-846340-AB Order No. 180582589-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/27/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE ACTION BEING TAKEN AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

Suspects arrested in robbery investigation

DETECTIVE
KEVIN JACKSON,
MILPITAS PD

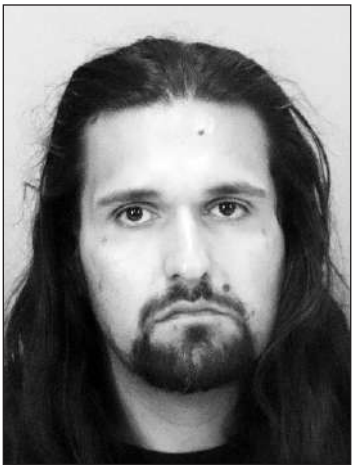
At 7:48 p.m. June 24, officers responded to a report of a disturbance at the Executive Inn, 95 Dempsey Road, and contacted a victim of a robbery. The Victim said he was robbed by Allie Holcomb and two unknown male suspects, later identified as Jorel Moreno and Jacobrey Rorie. The victim said the suspects physically assaulted him and took his wallet, cellphone, and jewelry. Holcomb, Moreno, and Rorie fled from the hotel before the officers arrived. The victim was treated for his injuries at a local hospital and released.

At 1 a.m. June 25, detectives responded and took over the



Allie Holcomb

investigation to locate the suspects. Detectives obtained a search warrant for the hotel room and Holcomb's vehicle; in the vehicle they located two empty Glock pistol magazines. As a



Jorel Moreno

result of their investigation, detectives obtained \$75,000 Ramey arrest warrants for Holcomb, Moreno, and Rorie for robbery and battery with serious injury. Holcomb was arrested as



Jacobrey Rorie

she returned to the hotel and was booked into the Santa Clara County Jail for the warrant.

Detectives continued their investigation for several weeks by following up on several leads to

locate Moreno and Rorie. With assistance of the San Jose Police Department, Moreno was arrested and booked into the Santa Clara County Jail. Detectives from the Special Investigations Unit located Rorie in San Jose and took him into custody without incident. Rorie was booked into the Santa Clara County Jail for the warrant.

If the public has any information regarding this investigation, call the Milpitas Police Department at (408) 586-2400. Additionally, the information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at <http://www.ci.milpitas.ca.gov/crimetip>.

Officers investigating fatal traffic collision

SUBMITTED BY
GENEVA BOSQUES, FREMONT PD

On Sunday, August 18, 2019, at 11:50 p.m., patrol officers were dispatched to a major injury collision involving a vehicle and pedestrian in the area of Paseo Padre Pkwy and Walnut Ave. Officers arrived and located a pedestrian (unidentified male, approximately 50 years of age) lying unconscious in the northbound lanes of Paseo Padre Pkwy mid-block between Walnut Ave and Capitol Ave (in front of the Raley's Shopping Center).

The driver of the vehicle (Toyota Camry), an 18-year-old female, Fremont resident stopped at the scene. Paramedics arrived a short time later and

prepared to transport the pedestrian, however, he succumbed to his injuries and passed away at the scene. The driver was cooperative with the investigation and intoxication is not suspected to be a factor.

The Alameda County Coroner's Office responded and will release the identification of the pedestrian once next of kin has been notified.

The cause of the collision is still under investigation.

This is Fremont's 4th fatal traffic collision in 2019.

Any witnesses are asked to contact Officer Burch with the Fremont Department Traffic Unit at Bburch@fremont.gov or call 790-6800. We will also accept anonymous tips. Text, 'Tip FremontPD' followed by your short message to 888-777 or via the web at <https://local.nixle.com/tip/alert/6216337>.

BBQ with a cop

SUBMITTED BY
UNION CITY PD

Wednesday, August 21st is one of Union City Police Department's favorite Special Olympic fundraisers. Come join us at the Union Landing Texas Roadhouse (32115 Union Landing Blvd) as we raise money for the Special Olympics of Northern California. From 11 a.m. until 2 p.m., Union City Police Department personnel will serve as celebrity waiters as you dine on good ole' Texas BBQ.

While the menu offerings by Texas Roadhouse are free, a donation in any amount you can afford is deeply appreciated as we support Northern California law enforcement's favorite charity. With your help, Northern California law enforcement raises

close to \$1 million per year for nearly 24,000 athletes. In addition to providing these athletes with the opportunity to play competitive sports, Special Olympics of Northern California helps to facilitate medical screenings including dental, vision and medical screenings.

With your donation, you can truly make our community a better place to live for all of its residents. So come on down to Texas Roadhouse and enjoy a tasty meal with great people!

BBQ with a cop
Wednesday, Aug 21
11 a.m. – 2 p.m.
Texas Roadhouse
34009 Alvarado-Niles Rd,
Union City
510-471-1365

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

NASA scientists fly over Greenland to track melting ice

BY SETH BORENSTEIN
AP SCIENCE WRITER

The fields of rippling ice 500 feet below the NASA plane give way to the blue-green of water dotted with irregular chunks of bleached-white ice, some the size of battleships, some as tall as 15-story buildings.

Like nearly every other glacier on Greenland, the massive Kangerlussuaq is melting. In fact, the giant frozen island has seen one of its biggest melts on record this year. NASA scientist Josh Willis is now closely studying the phenomenon in hopes of figuring out precisely how global warming is eating away at Greenland's ice.

Specifically, he wants to know whether the melting is being caused more by warm air or warm seawater. The answer could be crucial to Earth's future.

Water brings more heat to something frozen faster than air does, as anyone who has ever defrosted a steak under the faucet knows.

If Willis' theory that much of the damage is from the water turns out to be correct, he said, "there's a lot higher potential for Greenland to melt more quickly than we thought." And that means seas rising faster and coastal communities being inundated more.

Greenland contains enough ice to make world sea levels rise by 20 feet if it were all to melt. In a single day this month, it lost a record 13.7 billion tons (12.5 billion metric tons) by one estimate.

"It's a little scary," Willis said as looked down on an area filled with more water than ice. "We're definitely watching the ice sheet disappear in front of us."

Climate change is eating away at

Greenland's glaciers in two ways. The most obvious way is from the warm air above, which has been brutal this summer, with a European heat wave in July working like a hair dryer on the ice. The other way is from warm, salty water, some of it from North America's Gulf Stream, nibbling at coastal glaciers from below.

When University of Georgia ice scientist Tom Mote, who isn't part of this project, started studying Greenland's glaciers in the early 1990s, researchers really didn't think the water was a big factor.

Willis' project – called Oceans Melting Greenland, or OMG – is showing that it is. Now the question is how much and how fast.

What Willis is measuring is the water 660 feet (200 meters) or more below the surface, which is warmer and saltier than the stuff that touches the air. It's this deep water that does the major damage.

To measure this, NASA is spending five years crisscrossing the island in a tricked-out 77-year-old DC-3 built for World War II. Willis, project manager Ian McCubbin and mechanic Rich Gill drop long, cylindrical probes through a special tube in the floor of the plane, watching as the sensors parachute down and then dive into the chilly water.

McCubbin then waits for a tone on his computer that tells him the probe is underwater and measuring temperature and salinity. When all of the flight's five probes start signaling – with a sound McCubbin likens to "a fax machine or an AOL modem" – he and Willis high-five.

Meanwhile, pilots Andy Ferguson and Don Watrous bank the plane toward the blue-green spots, looking for the next target and pointing out stunning

giant icebergs and signs of glacial retreat over the radio.

As the data is radioed back from one \$2,000 probe now deep in the water near Kangerlussuaq in eastern Greenland, it initially looks like the temperature hasn't changed much over the last year or two, which could be good news. But that's just one data point. Each year for the past four years, NASA has been looking at all of Greenland, and the numbers overall haven't been quite as comforting.

If the water is playing a much bigger role than scientists thought, it could mean seas will be rising faster and higher than expected. That's because 90% of the heat energy from climate change goes into the oceans, Willis said. Warm water provides "a bigger bang for the buck" than air when it comes to melting ice, Willis said.

Just how crucial seawater is to melting was illustrated, somewhat paradoxically, by the Jakobshavn glacier, the fast-shrinking glacier on Greenland's more populated west coast. In recent years, it suddenly started to grow a bit, probably because of a cooling of waters as a result of a temporary shift in weather and water-current patterns, Willis said.

In general, oceans warm up much more slowly than the air, yet they stay warmer longer. The water weakens glaciers and causes icebergs to break loose. Those icebergs eventually melt, adding to the seas.

"Some of them are as big as a city," Willis said.

A 2019 study by Danish climate scientist Ruth Mottram looked at 28 glaciers in Greenland with long-term data. Nearly all are melting, with only one or two that could be considered somewhat stable.

"One glacier retreating looks like carelessness, but 28 retreating is the sign of something going on," Mottram told The Associated Press.

A 2017 study concluded that coastal glaciers and icecaps – what Willis is studying – reached a "tipping point" for ice loss in 1997 and since then have been rapidly deteriorating. A NASA satellite found that Greenland's ice sheet lost about 255 billion metric tons a year between 2003 and 2016, with the loss rate generally getting worse.

It will take centuries for all of Greenland's massive ice sheet to melt, but how fast is the key question. If warm water plays a bigger role than scientists suspect, by the year 2100, Greenland alone could cause 3 or 4 feet (more than 1 meter) of sea level rise, Willis said.

Other scientists, such as the University of Colorado's Ted Scambos, say Greenland's contribution to sea level rise by 2100 would probably be closer to 1 foot (30 centimeters).

That's a big spread.

"I tend toward the higher number, but I'm hoping for a lower number," said University of Maryland Baltimore County glaciologist Christopher Shuman, who owns property along the coast.

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.

COMMUNITY BULLETIN BOARD

Eden Community Connections Circle of Friends Come join with other mental health clients looking for mutual support and fun. We meet every Wed. 1:30-3pm at various locations in San Leandro and Hayward. Call Judy 510-605-8412 for information	Fremont FAMILY RESOURCE CENTER 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Let’s Do Lunch! Volunteer for LIFE ElderCare Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
SPARKPOINT FINANCIAL SERVICES for Low-Income Residents FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020 Fremont.gov/SparkPointFRC	Tri-City Free Breakfast Program VOLUNTEERS NEEDED! Help serve hot nutritious meals. Students Community service hours! Irvington Presbyterian Church 4181 Irvington Ave, Fremont Mon, Wed, & Fri Any time between 5am-9am Contact Rich Doberstein at rich.dare2dream@sbcglobal.net	DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010		
League of Women Voters Fremont-Newark-Union City www.lwvfnc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking? Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope Website: alanond17.weebly.com For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com		
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	Is Your Life Unmanageable Because of Debt? Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone DEBTORS ANONYMOUS www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610		FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162	Bay Area Guide Dog Puppy Raisers Looking For Volunteers Interested in giving back to their community Raise a puppy and change a life! We meet Thursday 7-8pm For more information Call Randy Hollenshead 510-331-4862	A-1 Comm. Housing SVCS Credit & Money Management Workshop Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365
		Do you get nervous when you have to speak in public? Newark Toastmasters can help Learn this skill and more in a supportive atmosphere It’s FREE to attend Tues 7am-8:10am Newark Library 6300 Civic Terrace Ave., Newark 510-796-3562 or 510-402-8318 www.1118.toastmastersclub.org		FREMONT STAMP CLUB Meets 2nd Thurs. each month 7pm Fremont Community Activities Center 3375 Country Dr., Fremont Collectors of all ages welcome www.fremontstampclub.org/ or call Tom 510-793-9124 write12me@gmail.com
English Conversation Cafe Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm Bridges Community Church 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org	Sunday Sermon Translations South Bay Community Church welcomes our neighbors with written sermon translations in Chinese, Spanish and Urdu Message in written translation Sundays 8:00 am South Bay Community Church 47385 Warm Springs Boulevard Fremont, CA 94539 For information and to request another language : 510-490-9500	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Union City Toastmasters All are Welcome! Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
Become a volunteer driver with LIFE Eldercare Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org	Do you want to help build our Model Railroad Layouts & Operate Trains? The Tri-City Society of Model Engineers Looking for new members Meet Fridays - 7:30pm-9:30 pm Niles Plaza 37592 Niles Blvd., Fremont www.nilesdepot.org or call 510-325-2092	Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun filled dance workout with many rhythms from around the world	AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	Newark Cub Scout Pack 441 Looking for adventurous kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com	The Tri-Cities Democratic Forum meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com	Public Community and Event Spaces Open to all ages Town Fair Plaza at the corner of Capitol Ave and Downtown Fremont CHECK US OUT AT: WWW.TOWNFAIRPLAZA.COM	AMERICAN LEGION POST 649 Veterans and Active Duty Military are invited Meetings 1st Mon. each month- Start with dinner 6:00pm Formal Meeting 7:00pm Meets Moose Lodge 20835 Rutledge Rd., Castro Valley www.amlegionpost649.org
Make a new friend! Be a volunteer friendly visitor with LIFE ElderCare Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org	Zumba Kids with Jazzy Jenny Kids ages 4-12 Saturdays 2:30pm-3:30pm At Hope Community Church One hour of games,fun, and dancing. The last Saturday of every month is Zumba Family! For more info email: zumba.jazzyjenny@yahoo.com	SiliconAndhra ManaBadi Telugu Language Program 501c3, ACS-WASC accredited Approved by school districts ManaBadi classes many locations For ages 4 years and above OPEN to non-heritage students http://manabadi.siliconandhra.org/ Sridevi Ganti 510-364-2493 sridevi.ganti@manabadi.siliconandhra.org	Buon Tempo Italian American Club Family Dinners 1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org	Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

COMMUNITY BULLETIN BOARD

A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop Learn the process of homeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227	LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M. 42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers! "Second Saturday" Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub. Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju's on Thornton Ave next to Dale's Hardware in FRMT. Critique Groups to help you from first draft to publication Everyone is welcome! www.cwc-fremontareawriters.org		FOR SALE Dining room table 26" wide X 61" long X 29" high Butcher block top, white legs 4 matching chairs Drawer at each end for storage \$60 for the set Also rocker recliner, good condition Rocks but doesn't recline - \$25 (510) 276-1439	MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com	
HAYWARD AIRPORT OPEN HOUSE SUNDAY, SEPT 22, 2019 10am - 4pm Free Entry & Free Parking Aircraft, Classic Cars Food Truck DJ & Booths 20301 Skywest Dr. Hayward www.haywardairport.org or call 510-293-8678	53rd Annual Art Show – ARTIST CALL 8/25 Application Deadline! Apply at www.fremontartassociation.org/ annual-art-show ~FREMONT ART ASSOCIATION~ 37697 Niles Blvd., Fremont, CA 510.792.0905	The BUON TEMPO CLUB CRAB FEED Sat., Oct.12 - Transfiguration Church, 4000 East Castro Valley Blvd \$50/Person/All You Can East Alaskan Dungeness Crab, Pasta, & Salad ALL Proceeds - GEORGE MARK CHILDREN'S HOUSE No Host Happy Hour 5-6 P.M.Dinner 6 P.M. A Raffle of Gift Baskets & Silent Auction of Fancy Desserts THIS IS A PRE-PAID EVENT To make Reservations—Send your check, pay to: BUON TEMPO CLUB: Rick Martins, Ticket Chairman P.O. Box 2625, Fremont, CA 94536 For More information go to www.buontempoclub.org (events)		Home Craft Fair - 48th year October 2,3,4,5 Wednesday 10am - 4pm Thursday10am - 5pm Friday 10am - 5pm Saturday 10am - 4pm 1608 Via Santa, San Lorenzo (Follow signs on Bockman Road) Hundreds of Handmade Gifts for Giving and Keeping	
You are invited! Hayward Arts Council Benefit "Celebrate the Arts" Fri. Nov. 8 - 5:30-8:30pm Hayward City Hall Rotunda 777 B Street Buy tickets- \$50 before Oct 30 www.haywardartscouncil.org 510-538-2787 Support HAC Galleries, Visual and performing arts programs	AMERICAN LEGION POST 649 Veterans and Active Duty Military are Invited Meetings 1st Monday each month. Meeting Starts at 6:00PM with Dinner Formal meeting starts at 7:00 pm Meet at the Moose Lodge 20835 Rutledge Rd Castro Valley www.amlegionpost649.org	GARAGE SALE Sat. Aug 17 & Sun Aug 18 9am-3pm 36360 Beech Place Newark, 94560 Men & Women's Clothing Shoes - Household goods (lamps, linens, Kitchen utensils) Misc. Tools and other things	Wanted: Tenors & Basses Sing with the Mission Peak Chamber Singers! Rehersals every Tues. 7:30-9:30pm Irvington Presbyterian Church Concerts:Dec 7/8 2019 March 14/15 & May 30 2020 Some singing experience & ability to read music helpful bu not required (Altos & Sopranos welcome too! info@chambersingers.org 510-356-6727		Centennial Celebration September 28 - 10am-5pm American Legion Post 68 and American Legion Auxiliary Unit 68 - Hayward B Street Downtown Hayward Parade and Festivities All are invited For info Call Alfredo Rodriguez 510-537-6105 email: readyajr@yahoo.com

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Festival of India Parade Canceled

The City of Fremont and Federation of Indo-Americans of Northern California (FIA) invite you to the Festival of India from 10 a.m. to 6 p.m. Saturday, August 17 and Sunday August 18. Unfortunately, due to permitting requirements, the parade has been canceled this year.

The event, also known as the Festival of Globe, showcases India’s rich culture and heritage, including live performances, music, dance, and food. The two-day mela will be held at the Fremont Hall of Justice Parking Lot, 39439 Paseo Padre Parkway. At 11 a.m. Sunday, a candlelight vigil will take place in front of the main stage. The Grand Marshal, Vivek Oberoi, and other VIP guests will be onstage from 11 a.m. to 1 p.m. The city and FIA stand strong with our community, and we look forward

to a bigger and better parade returning in 2020 for the Festival of India. For more information, call FIA at (510) 491-4867.

Households to Participate in Solar Tour

This fall, the City of Fremont is partnering with the Northern California Solar Energy Association to participate in the American Solar Energy Society’s National Solar Homes Tour. The city is looking for households who would be interested in showcasing their solar systems during Fremont’s Local Solar Tour from 12 p.m. to 4 p.m. Saturday, October 5. This is an opportunity for residents to show off their system to their neighbors and help inform them about the benefits of going solar.

The local solar tour will consist of a series of solar open houses where community members visit a solar-powered home, talk with the solar owner about the process of going solar, and connect with other solar supporters in their community.

To sign up for the tour or to learn more, visit www.NationalSolarTour.org, email Solar Manager Batya Gelfand at [\[lar.org\]\(http://lar.org\), or email the city’s Sustainability Manager Rachel DiFranco at \[rdifranco@fremont.gov\]\(mailto:rdifranco@fremont.gov\) or call \(510\) 494-4451. Households who would like to participate in the tour must sign up by Friday, August 30. For community members interested in visiting one of Fremont’s solar homes on Saturday, October 5, more information will be available soon.](mailto:manager@norcalso-</p></div><div data-bbox=)

Benefit Concert and Dinner

The Fremont Family Resource Center (FRC) is celebrating its 20th anniversary with a fun event. With a Little Help from My Friends is a dinner and benefit concert featuring The Sun Kings, California’s premier Beatles Tribute Band, who will perform Beatles songs with spot-on arrangements and vocal harmonies. The event takes place at 6 p.m. Friday, September 13 at Campo Di Bocce of Fremont. General admission tickets for the dinner and concert are \$95 per person, and VIP tickets are \$175 per person and include a pre-concert show with Drew Harrison, lead singer of The Sun Kings and amazing John Lennon vocalist, as well as front row

seating at the concert.

Proceeds from the event will benefit the Discovery Cove Childcare Center and the FRC’s core programs. To buy tickets, visit www.fremont.gov/frc20, email FRCevent913@gmail.com or call (510) 818-9888.

Green Infrastructure Plan

Fremont is developing a Green Infrastructure Plan to improve water quality and reduce impacts of increased stormwater flows created by the Bay Area’s growing urbanization. The plan will outline how the city will phase in additional green infrastructure facilities and projects over the next 20 years.

Green infrastructure uses specially-designed landscaped areas, pervious surfaces, and cisterns to manage stormwater in a natural and environmentally sustainable way. While older “gray infrastructure” approaches use concrete and metal structures to move stormwater quickly away from streets and other impervious surfaces, green infrastructure allows stormwater to infiltrate into native soils or filter through fast-draining engineered soils. These innovative designs slow

runoff from urban and suburban environments to keep pollutants out of local creeks and the Bay. Examples of green infrastructure facilities are available on the Alameda Countywide Clean Water Program website at <https://www.cleanwaterprogram.org/index.php/programs/green-infrastructure.html>.

The green infrastructure planning process will include:

Updating local planning documents to incorporate green infrastructure requirements

Adopting guidelines, standard specifications, and typical designs for green infrastructure

Identifying opportunities to incorporate green infrastructure in public and private development projects, including roadway improvements, storm drain infrastructure, and other public facilities

For more information about the city’s local green infrastructure planning process, email the Environmental Services Division at environment@fremont.gov or call (510) 494-4570.

How to bypass ATM fees while you’re on the road

AP WIRE SERVICE BY MARGARETTE BURNETTE OF NERDWALLET

If you find yourself short on cash while on vacation, it might seem easiest to hit up the nearest ATM. But if that handy machine is not in your bank’s network, you could get a double whammy of fees: The ATM owner will probably charge a few dollars for the convenience, and your own bank may tack on an extra \$2.50 or so.

You can avoid paying ATM surcharges, however, with some prep work. Here are ways to get cash without the expense on your next trip.

1. CHOOSE A BANK ACCOUNT THAT OFFERS ATM FEE REIMBURSEMENTS. Some banks will credit customers’ accounts for any fees that are charged by ATM machine owners. Depending on the bank and account, refunds may

be unlimited, or they could be capped at around \$10 per statement cycle.

Even capped reimbursements would cover a few trips to the cash machine while on vacation, so if you think you’ll be hit with multiple ATM charges, consider opening an account at a bank that refunds fees. Note that if you’re traveling overseas and need funds, you may still incur foreign transaction fees.

2. SCOPE OUT RETAILERS THAT OFFER FREE CASH BACK. If you use a debit card for purchases while on your trip, look for merchants such as supermarkets or drugstores that offer free cash back with purchases. This is an easy way to skip the ATM, though it does mean you’ll have to make a purchase. But if you were planning on that anyway, it means no extra costs.

Two things to consider: It’s likely the merchant’s cash back limit is lower than an ATM’s – you may be able to withdraw

up to \$500 from a cash machine, but as little as \$40 from a retailer – and some merchants charge a fee of a dollar or so for the convenience. Before you tap the “cash back” button in the checkout line, ask if there’s a fee.

3. JOIN A LARGE ATM NETWORK. For customers who travel within the United States, a bank or credit union account that has access to thousands of domestic ATMs is another good option, since you have a good chance of finding surcharge-free machines at your destination.

You don’t need an account at a megabank with a branch on every corner to take advantage of a large ATM network. Many small credit unions and online banks are part of cooperative networks, such as Allpoint and Co-op, that provide access to 30,000 or more member ATMs within the United States.

In addition, some banks have relationships with convenience stores or other retailers that have ATMs on site. So, a cash machine

might be inside a gas station, even if no bank branch is nearby. Check your institution’s website or mobile app to locate nearby in-network ATMs.

4. IF ALL ELSE FAILS, DECIDE WHETHER CASH IS REALLY NECESSARY. You may not need to use cash much at all while on vacation. If you want a snack from a hotel vending machine or to pay for a parking spot, for example, you may be able to use a credit or debit card for those transactions.

If you want to split a restaurant check with a friend or family member, consider putting the total on your or your companion’s plastic and using Venmo or a similar peer-to-peer payment app to even up. It’s a way to pay your share without having to dig up dollar bills.

Going cashless also allows you to keep track of your spending online, which can be useful motivation: When you can log in to your bank account and see a list of all recent transactions,

it can encourage you to be thoughtful about new purchases.

Don’t give in to pricey ATMs while on vacation for the sake of convenience. With a little planning, you can keep all your money yourself instead of giving a cut to an ATM owner.

This article was provided to The Associated Press by the personal finance website NerdWallet. Margarette Burnette is a writer at NerdWallet.

Expo for STEM students

SUBMITTED BY
HARMAN SINGH BRAH

STEM students who have been working and researching all summer as part of the Aspiring Scholars Directed Research Program (ASDRP) will have a chance to present their final projects on Sunday, August 25. The public is invited to attend to cheer on these 260 high schoolers.

The event will run 4 p.m. – 7 p.m. at Northwestern Polytechnic University in Fremont. It is free to attend, but guests are required to register on the ASDRP website in advance. Guests must present tickets at time of entry. The form can be accessed here: <https://form.jotform.com/92218513102142>

ASDRP is a 501(c)(3) nonprofit summer program that provides



The Kruger Research Group presents at ASDRP’s 2018 expo

opportunities for high school students throughout the Bay Area, especially those who are underrepresented in STEM or who are socioeconomically disadvantaged, to conduct high-level novel scientific research. Students participate in research projects across various subjects in STEM, including chemistry, biology, computational modeling, computer science, and more.

The program provides students with research mentors and over \$200,000 worth

of research equipment in their own laboratory. Students are matched with research mentors who have experience in academia or industry; together, they design an original research project that will expand current scientific knowledge. Students execute their projects, learn scientific reading and writing skills, write research papers on their results, undergo mock peer-review, and publish their research papers in the ASDRP Communications online journal.

At the end-of-summer expo, students will give poster presentations; this is the culmination of their months of work. After the summer ASDRP follows up with students to place them into university research laboratories and industry internships in subsequent summers. The inaugural cohort of ASDRP started in summer 2018.

The event will take place at Northwestern Polytechnic University’s Main Campus, which contains East and West buildings separated by a courtyard. All attendees may check in at either end of the courtyard. A map of the entire campus, including parking, is available on the ASDRP website: <https://www.fremontstem.org/asdrp-expo>.

ASDRP Expo
Sunday, Aug 25
4 p.m. – 7 p.m.
Check-in starts 3:30 p.m.
Northwestern Polytechnic University
115 Fourier Ave., Fremont
<https://www.fremontstem.org/asdrp>
Registration:
<https://form.jotform.com/92218513102142>

THEATRE

Tick Tick...BOOM!



SUBMITTED BY DYLAN SEELEY

Ohlone College’s award-winning Theatre & Dance department and its student organization, The Entertainment Arts Guild, present “Tick Tick... Boom!” by Jonathan Larson, directed by Dylan Seeley. This show is entirely run and produced by students under the advisement of Michael Navarra and Fred Alim.

From the mind that brought you the renowned story of RENT comes a more personal story that takes you on a journey through the life of Jon, a struggling young composer. As the clock ticks closer to his 30th birthday in 1990, Jon prepares a musical workshop that he can only hope will launch his career.

The show will run for two nights: Thursday, August 29 and Friday, August 30. Don’t miss out on this limited-time performance! Both shows start at 8 p.m.; there will be NO late seating, so please arrive in a timely manner. Tickets can be purchased online at www.smithcenter.com.

Tick Tick...BOOM!
Thursday, Aug 29 & Friday, Aug 30
8 p.m.
Smith Center at Ohlone College
43600 Mission Blvd, Fremont
Box office: (510) 659-6031
<https://www.ohlone.edu/smithcenter>
Tickets: \$12 students/seniors, \$15 general admission
Parking: \$4

Manufacturing Day

BY JULIE VIDAD-BALMOJA,
ECONOMIC DEVELOPMENT SPECIALIST

Fremont has over 50 million square feet of office/R&D/industrial space and 900 companies that are “making” and manufacturing in these buildings. While driving past these facilities, have you ever wondered what kinds of activities are happening inside? The opportunity to find out is coming soon as Manufacturing Day (www.mfgday.com), a celebration of manufacturing practices that build local, national, and global economies.

Established in 2012, Manufacturing Day celebrates the industry of modern manufacturing, overcomes industry misperceptions, and attracts the next generation of workers. On Manufacturing Day, manufacturing companies across the U.S. open their doors for students and teachers to attend tours of their facilities to see first-hand what modern manufacturing operations look like. This year, the event will be on Friday, October 4.

In Fremont, we have always had strong company representation on Manufacturing Day. Among our Manufacturing Day “veterans” are ALOM, Bay Area Circuits, Evolve Manufacturing, Elringklinger, Littelfuse, and Steri-Tek. This year, they will be joined by first timers such as MASS Precision.

Last year, I attended my first Manufacturing Day, and after touring Evolve Manufacturing, Elringklinger, and Steri-Tek, I realized that the misconceptions were just that — misconceptions. While many envision dangerous assembly lines and products being created on a large scale and transported via a conveyor belt, that certainly isn’t the case. Products and services emerge much faster, more efficiently in a higher tech atmosphere.

So, what exactly does happen behind those closed doors? Production of customized parts for all types of vehicles, invention of new medical device equipment, distribution of food products, and decontamination or sterilization of sensitive materials are only a small fraction of what’s happening.

If you are a local manufacturing company that wants to attract the brightest talent, what better way than to showcase your facility and operations to the future workforce pipeline from our local schools and colleges? The economic development team is here to help companies interested in hosting a tour. Contact me at jvidad@fremont.gov to sign up and get connected with a student group. It’s a great way to cultivate the workforce and inspire students to pursue a career they may have never considered before.

EARTHTALK

Dear EarthTalk: I’ve noticed more and more air traffic over my house in Seattle and I’m getting a little sick of all the noise. Is there anything I can do to force the airlines to disperse their routes more widely or, even better, cut back on their number of flights?

— Bill G., Seattle, Washington

As we all fly more and more these days, the airlines have responded by packing the friendly skies full of flights. If you live or work near a major airport, chances are air traffic noise is your constant companion throughout the day and even oftentimes overnight. But with noise exposure linked to reduced worker efficiency, increased hypertension, and cardiovascular disease and impaired cognitive performance in school children, maybe it’s time we reconsider what’s tolerable in terms of air traffic noise.

Some cities (and their airports) have started Fly Quiet programs to encourage airlines to use more modern, quieter planes and schedule their take-offs and landings to minimize or spread out noise pollution. For instance, San Francisco’s SFO airport bestows its own “Fly Quiet Award” annually to the airlines that operate the quietest on their comings and goings to this Bay Area hub. Seattle, Oakland, Chicago and several other major airports across the U.S. have followed suit with similar programs. Some of the airlines to garner Fly Quiet honors for noise abatement include Southwest, Spirit, SkyWest, Virgin Atlantic, Interjet and Air China. Individuals can encourage these Fly Quiet efforts by patronizing only airlines like these that are taking steps to quiet their fleets. And if your local airport doesn’t already have its own Fly Quiet program, be the squeaky wheel to help get one started.

Of course, the issue could be moot if Stephen Barrett’s team of aeronautics researchers at MIT have their way. The successful maiden voyage of their quiet lithium-ion powered plane last November sent a silent shock wave through the industry. The futuristic prototype uses electricity to lift and propel the plane via “electro-aerodynamic propulsion,” essentially by creating an “ionic wind” through dispersal of positively and negatively charged electrodes underneath the wing.

And while we may be years away from everyday commercial airplanes powered by electro-aerodynamic propulsion, the technology could have near-term applications in quieting down drones. “The near-term advantage is probably in noise, especially if you think that perhaps in 10 years, we might have urban areas that are filled with drones doing things like monitoring traffic, monitoring air pollution, or maybe other services we’re yet to imagine,” Barrett tells MIT Technology Review. “Drones today are quite noisy and irritating.”

Of course, quiet drones (or planes) isn’t exactly what some environmentalists consider a solution. Gordon Hempton is defending a single square inch of untrammelled temperate rainforest deep in the middle of Washington State’s Olympic National Park from human noise pollution of any kind. Since the spot in question is in a wilderness more than three miles from the nearest building or road, the only sounds of human machinery that can break the otherwise otherworldly natural soundscape is an airplane engine. So Hempton has been fighting with the airlines and the U.S. Navy to get them to stop flying over at least the center of Olympic National Park in order to preserve at least one square inch from the auditory incursions of humankind.

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

Walk or Run to Benefit Bay Shoreline

By **JOHNNA M. LAIRD**
PHOTOS COURTESY OF
10K ON THE BAY

Summer coming to an end too quickly? Need one more nature-fix before heading back to school or getting back to business and into fall?

Hayward Shoreline Interpretive Center sponsors its “10K on the Bay” Sunday, August 25, with breathtaking views of the

Inhabitants include 70 percent bird species that migrate along the Pacific Flyway, and one service is providing 22 million with Californians drinking water.

“Wetlands in general are vital for human survival and are the most productive habitats in the world, containing great biological diversity,” says De Ponte, who worked for United States’ Forest Service and U.S. Fish and Wildlife at Don Edwards Wildlife Refuge before joining HARD (which oversees the



Hayward Area Shoreline Planning Agency, to create a master plan for building resilience to sea level rise by 2021. The shoreline is vital to protecting critical wastewater infrastructure, San Mateo-Hayward Bridge’s eastern approach, landfills, business parks, and residential neighborhoods. “Marshes act as natural sponges and provide flood control,”

Leandro Marina and Coyote Hills to the south. The center even offers an audio tour for those who wish to enjoy their trails.

More information about Hayward Shoreline Interpretive Center is available at <https://www.haywardrec.org/150/Nature—Hayward-Shoreline-Interpretive->. In addition to walking trails they host camps, field trips, art shows, and a cleanup with 600 volunteers. The center is open to the public Friday through Sunday, 10 a.m. to 5 p.m.

Hopefully the run will open more peoples’ eyes to the ever-changing abundance of life in the wetlands—which offer refuge from storms, and a place for birds to forage for food and lay their eggs. “This is a wonderful thing about the marsh,” De Ponte says and adds, “The tide comes in and out twice a day, creating different experiences, looking different with birds feeding and resting and raptors on the look for small mammals flooded out when the tide comes in.”



San Francisco Bay-Estuary. Participants can sign up ahead of time or on race day to walk or run a 5K or 10K in eight different age categories. Children age 10 and under are free.

10K on the Bay marks its 16th year raising funds for Hayward Shoreline Interpretive Center, which is perched on stilts above a salt marsh on the eastern approach to San Mateo-Hayward Bridge. People often mistake the brown shingled building for a seafood restaurant, causing interpretive staff to joke about posting banners boasting “Crabs and Shrimp” since both species can be found in San Francisco Bay.

Hayward Shoreline Interpretive Center is one of 18 Pacific Coast nature centers focused on estuaries or wetlands and features several habitat types in its 1800-acre park. “More than one-third of the nation’s endangered or threatened species live only in wetlands, and most of the Bay Area’s historical wetlands have been lost,” explains Hayward Area Recreation and Park District (HARD) Naturalist and Recreation Coordinator Adrienne De Ponte. De Ponte launched the fundraiser in 2004 with 75 participants, and this year she is hoping to attract 600, exceeding the 500 of two years ago.

De Ponte is passionate about engaging others to experience shoreline wonders: “Our goal is to inspire a sense of appreciation, respect, and stewardship for San Francisco Bay-Delta Estuary, its inhabitants and services they provide.”

Interpretive Center). Her love for San Francisco Bay, however, sprang from growing up in Union City a few miles from Coyote Hills and coming to the shoreline to think, build her exercise stamina, and recover from teenage angst.

Proceeds from 10K to the Bay will help fund the Janice and Frank Delfino Wetland Habitat Room Project, named for two Castro Valley citizen scientists and activists who recognized East Bay Shoreline’s fragility and actively fought for its preservation. “They spent decades shining a light on the abundant diversity and importance of species that populate the salt marshes that surround the Bay,” explains De Ponte.

The Habitat Room is expected to cost about \$700,000 to complete and will offer the largest aquarium in the East Bay. The space is being designed with help from Monterey Bay Aquarium and will feature Bay Pipe Fish, closely related to seahorses; leopard sharks; sticklebacks; flounder; and sculpin—just a few of the 500 fish species that live in San Francisco Bay. The aquarium will also feature a concave bubble where children can pop their heads up to look around 360 degrees. The Interpretive Center has \$150,000 of the necessary funds raised and needs another \$550,000.

“Future generations depend on the decisions and plans we make today,” says De Ponte. Besides the 10K, other plans are underway to preserve the shoreline for both human and animal residents. Recently, a \$529,00 state grant was awarded to the Center’s parent entity,

explains De Ponte. “They filter pollutants out of water, improving water quality.”

Another plan is connecting all 500 miles of walking trails around San Francisco Bay, including the eight miles around the Center, an area considered the “Birth of the Bay Trail.” About 10,000 people annually use eight miles of trails along the Hayward Shoreline Interpretive Center that connect to San

Hayward Shoreline Interpretive Center
Friday – Sunday
10 a.m. to 5 p.m.
4901 Breakwater Ave., Hayward
(510) 670-7270
shoreline@haywardrec.org

10K on the Bay
Sunday, Aug 25
7 a.m. – 11 a.m.
Registration starts 7:30 a.m.
Race starts 8:30 a.m.
4901 Breakwater Ave., Hayward
10konthebay.org
preregistration \$35; day-of-race \$40



Education Foundation announces Innovation Grants

SUBMITTED BY **BRIAN KILLGORE**

The Fremont Education Foundation recently awarded over \$19,000 in Innovation Grants to 17 Fremont Unified School District teachers representing 12 schools. Created in 1991, the grants fund innovative, quality classroom programs in grades

K-12 and are aimed at increasing student academic achievement, creativity, leadership, critical thinking, physical fitness and health, skills in diversity and conflict resolution, and experiences in the visual and performing arts. Individual grants are awarded for amounts up to \$2,000.

Grant Recipients:

American High School
Gary Benz
Melanie Westover

Azevada Elementary
Erik DeFranco

Wes Williams

Cabrillo Elementary
Catherine Diaz-Centeno

Durham Elementary
Jane Jung

Glankler Early Learning Center
Claire Lynne Barr
Camille Michaud

Glenmoor Elementary
Julie Ellis

Green Elementary
Alicia Norling

Irvington High School
Henry Fung
Allyson McAuley

Kennedy High School
Joan Michele Kerr
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Mission San Jose High School
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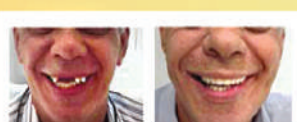
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