



National Night Out

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Festival of the Arts

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East Bay
Regional Parks
Insert in
this issue

What's Happening

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July 30, 2019

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Swiss National Day

SUBMITTED BY UNITED SWISS SOCIETIES OF NORTHERN CALIFORNIA

Celebrate the 728th anniversary of Switzerland at "Swiss National Day" in Newark on Saturday, August 3. The event will take place at Swiss Park nearby NewPark Mall. Eat Swiss food, listen and dance to Ticino and Swiss German music, watch Swiss wrestling, participate in a Swiss Flag Parade, and enjoy games and activities at the Kids Zone. Explore everything Swiss with your family and friends in a fun casual outdoor picnic setting.

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When Ordinary Infections Become Deadly

Learn the Signs and Symptoms of Sepsis at Washington Hospital Seminar

Without proper treatment, ordinary infections can become so severe that they can actually be deadly. When bacteria and other microbes invade the bloodstream, the body will often respond by releasing chemicals, called cytokines, to fight the infection. However, in the case of severe infections, the body's response can be so extreme and toxic that it results in widespread inflammation and tissue damage. This life-threatening condition, known as sepsis, can rapidly lead to organ failure and death. "Sepsis is like using a canon to fight a couple of bugs, which ends up causing more havoc than controlling the condition," explains Carmen Agcaoili, MD, director of the Intensivist Program at Washington Hospital.

To help raise awareness about this dangerous condition, Shekar Srinivas, MD, and Natalie Htet, MD, will present "Learn the Signs and Symptoms of Sepsis." The seminar is free and open to all members of the community. It will be held on Thursday, August 29, from 3 to 5 p.m., at the Conrad E. Anderson, MD, Auditorium, located at 2500 Mowry Ave. (Washington West) in Fremont.

Prevalence and Risk

Sepsis is a leading cause of death in the United States and the most common cause of death among critically ill patients in



Community members are invited to a free seminar on the Signs and Symptoms of Sepsis, August 29, 3 to 5 p.m.

intensive care units (ICU). According to the National Institutes of Health (NIH), sepsis strikes more than 1 million Americans every year with a mortality rate of 15-30 percent. "Bacteria are the most common cause of sepsis, but other microbes like viruses and fungi can also lead to sepsis," according to Dr. Srinivas. Pneumonia, urinary tract infections, skin infections, appendicitis and meningitis can all lead to sepsis if the infection spreads.

"But any infection can turn into sepsis," Dr. Htet added. "That's why we need to be diligent about clearing up infections with proper treatment."

Although anyone can get sepsis, the elderly, children and infants are most vulnerable. People with weakened immune systems, severe burns, physical trauma or chronic illnesses (such as diabetes, AIDS, cancer or liver disease) are at an increased risk. Other causes of sepsis include the

spread of antibiotic-resistant organisms, and broader use of medications that suppress the immune system. The number of sepsis cases per year has been on the rise in the U.S. The NIH attributes this rise to an aging population, the increased longevity of people with chronic diseases, the spread of antibiotic-resistant organisms, an upsurge in invasive procedures and broader use of medications that suppress the immune system.

Early Treatment Saves Lives

While sepsis can be a life-threatening condition, it can be avoided with early intervention and treatment. Recognizing the signs and symptoms of sepsis and immediately implementing an aggressive treatment plan saves lives. "Patients have much better outcomes when they are treated for sepsis before it causes serious damage to the body," notes Dr. Srinivas. Washington Hospital has a sepsis protocol in place so that physicians and nurses can immediately identify symptoms of sepsis and implement an aggressive treatment plan.

Learn More

Learning the signs of sepsis can save the life of a loved one. To register for this free seminar, community members can go online to www.whhs.com/events or call (800) 963-7070 for more information.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

 Follow WHHS on Facebook & Twitter




A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	7/30/19	7/31/19	8/1/19	8/2/19	8/3/19	8/4/19	8/5/19	
12:00 PM 12:00 AM	Voices InHealth: Antimicrobial Stewardship	Hepatitis B and Liver Cancer: Prevention and Treatment	Colon Cancer	Chronic Kidney Disease: FAQ	Mental Health Education Series: Family Support	Diabetes Matters: Filipino Food Made Healthy	Mental Health Education Series: Crisis Intervention	
12:30 PM 12:30 AM	Wildfire Smoke and Your Lungs: Do You Need to Worry?		Gastrointestinal Disorders	Diabetes Matters: Latin Foods				
1:00 PM 1:00 AM	Caregiver Series: Securing Care Preferences Through AHCD			Wildfire Smoke and Your Lungs: Do You Need to Worry?	Metabolic Disorders	Wildfire Smoke and Your Lungs: Do You Need to Worry?		Diabetes Health Fair 2018: Diabetes Care
1:30 PM 1:30 AM			Palliative Care Series: How Can This Help Me?		Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss			Mental Health Education Series: Anxiety Disorders
2:00 PM 2:00 AM	Washington Township Health Care District Board Meeting July 10, 2019	Mental Health Education Series: Mental Wellness		Washington Township Health Care District Board Meeting July 10, 2019	Early Detection and Prevention of Female Cancers			
2:30 PM 2:30 AM						Caregiver Series: Codependency and the Caregiver		
3:00 PM 3:00 AM	Diabetes Matters: Diabetes Conversations	Women's Health Conference: Reclaiming Your Confidence	Preventive Screenings: When and Why are They Important?	Washington Township Health Care District Board Meeting July 10, 2019	Women's Health Conference: Women & Stroke: Are You at Risk?	Mental Health Education Series: Understanding Psychotic Disorders	How to Prevent Financial Elder Abuse/Fraud	
4:00 PM 4:00 AM							Vitamins & Supplements: How Useful Are They?	Washington Township Health Care District Board Meeting July 10, 2019
4:30 PM 4:30 AM	Solutions for Weight Management	Food Pharmacy: Prescription for Colon Health	Latest Treatment Options for Wound Care	Women's Heart Health				
5:00 PM 5:00 AM					Aortic Valve Disease: Treatment Options Including TAVR	Obesity: Understand the Causes, Consequences & Prevention	Understanding HPV: What You Need to Know	
6:00 PM 6:00 AM	Sports Medicine Program: Youth Sports Injuries	New Treatment Options for Chronic Sinusitis	Palliative Care Series: Palliative Care Demystified	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	Nerve Compression Disorders of the Arm			Diabetes Matters: Asian Indian Cooking
6:30 PM 6:30 AM		Diabetes Matters: Living with Diabetes				Wildfire Smoke and Your Lungs: Do You Need to Worry?	Diabetes Matters: Diabetes & Eyes	Stress Management
7:00 PM 7:00 AM	Crohn's & Colitis	Cognitive Assessment As You Age	Symptoms of Thyroid Problems	Wildfire Smoke and Your Lungs: Do You Need to Worry?	Washington Township Health Care District Board Meeting July 10, 2019			
7:30 PM 7:30 AM						Eating for Heart Health by Reducing Sodium	Washington Township Health Care District Board Meeting July 10, 2019	Endometriosis: Causes, Symptoms, Diagnosis and Treatment
8:00 PM 8:00 AM	Strategies to Help Lower Your Cholesterol and Blood Pressure	Fresh Summer Foods: Cooking Demonstration	Family Caregiver Series: Tips for Navigating the Healthcare System	Minimally Invasive Options in Gynecology	How To Stop Disease Before It Starts			
8:30 PM 8:30 AM	Family Caregiver Series: Medication Safety					Wildfire Smoke and Your Lungs: Do You Need to Worry?	Relieving Back Pain: Know Your Options	Advance Care Planning: Five Wishes
9:00 PM 9:00 AM		Keeping Your Brain Healthy	Family Caregiver Series: Managing Family Dynamics in Caregiving	Diabetes Matters: Straight Talk About Diabetes Medications	Inside Washington Hospital: Advanced Treatment of Aneurysms			
9:30 PM 9:30 AM	Diabetes Matters: Diabetes and Kidney Health					History of Washington Hospital, 60 Years Strong		

World Breastfeeding Week is August 1-7

Washington Hospital Celebrates Breastfeeding All Year Long

August 1 marks the beginning of World Breastfeeding Week (WBW) which has been celebrated since 1992. It commemorates the Innocenti Declaration, established by the World Health Organization (WHO) and United Nations Children's Fund (UNICEF) to protect and encourage breastfeeding around the world. The declaration has been a key strategy in improving health of babies and young children through optimal nutrition.

World Breastfeeding week was created by the World Alliance for Breastfeeding Action to provide support and re-establish a global breastfeeding culture. It is now observed by WHO and UNICEF partners including individuals, organizations and governments in over 120 countries. This year's theme is, "Empower Parents, Enable Breastfeeding," focusing on supporting both parents to meet their family's breastfeeding goals.

Washington Hospital lactation consultant, M. Donita Rose, RN, BSN, IBCLC, understands the importance of supporting both parents as well as other family members when it comes to the breastfeeding commitment. "Breastfeeding is a team effort," she said. "In addition to educating new mothers, we also share information with fathers and others in the household who can help coach the mother, providing mental and physical support once she and baby leave the Hospital."

Washington Hospital is a Baby-Friendly hospital as designated by the WHO and UNICEF. Baby-Friendly designation recognizes a health care provider's dedication to offering the highest level of care for infant feeding and mother-baby bonding. Washington first received Baby-Friendly designation in 2014, and just completed the rigorous audit process to requalify for the highly respected status.

"Breastfeeding has numerous benefits and is the most natural and optimal feeding option for babies and mothers," said Rose, who has been a maternal child nurse for 35 years and is one of seven lactation consultants at Washington Hospital. "Breastmilk is organic with no additives or preservatives. It has been scientifically proven to provide antibodies that keep babies healthy. Breastfed babies have fewer ear and respiratory infections and are less likely to become obese, or develop asthma or allergies," she added.

Breastfeeding mothers also get health benefits, such as quicker postpartum weight loss and a reduced risk of breast and ovarian cancer. "Another undeniable benefit is the cost effectiveness of breastfeeding," said Rose. "Not only is breastmilk free, a healthier breastfed baby requires fewer trips to the doctor resulting in lower medical costs and less time off work for parents."

In observance of WBW, all mothers at Washington Hospital's Birthing Center



Washington Hospital lactation consultant, Dana Gant, RN, offers personal assistance and support to new families like this happy Fremont trio.

that week will receive the gift of a NursElet® Bracelet, which keeps a mother's shirt securely out of the way while nursing or pumping milk. Now used by mothers all over the world, this fashionable and functional nursing tool is the invention of Fremont mother Rupal Asodaria, who delivered her two children at Washington Hospital.

As part of its Baby-Friendly commitment to enable mothers to establish and sustain exclusive breastfeeding for six months, Washington Hospital promotes the following practices:

- Skin-to-skin contact between mother and baby immediately after birth and initiation of breastfeeding within the first hour of life
- Exclusive breastfeeding where the infant only receives breast milk without any additional food or drink
- Breastfeeding on demand, meaning as often as the child wants, day and night
- No use of bottles or pacifiers

"We thoroughly educate, support and encourage mothers so they can make an educated decision about what is best

for their babies, themselves and their families," said Rose. "Whatever her decision, we certainly respect the needs and wishes of each mother."

Mothers share a room with their babies 24/7 in the Washington Hospital Birthing Center. This supports parent-baby bonding and breastfeeding. The team of board-certified lactation consultants is available day and night. Once families return home, they are encouraged to call or visit consultants for further help. The Washington Maternal Child Education Center also offers numerous resources including a free Baby 'n' Me support group, affordable breastfeeding classes and breast pumps for sale or rent.

"World Breastfeeding Week is important because it gives us a vehicle to celebrate and bring awareness to breastfeeding – something we are dedicated to promoting every day of the year," Rose added.

For more information, call Washington Maternal Child Education at (510) 818-5041 or visit the Childbirth & Family Services page on the Hospital website at whhs.com/childbirth.

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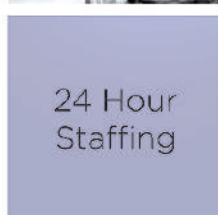
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Chabot Summer Youth Sports Program

SUBMITTED BY GUISELLE NUNEZ

To keep kids active, provide educational opportunities and give students a place to go during summer, Chabot College recently hosted 110 students who are primarily from the Hayward Unified School District (HUSD) for its 18th annual Summer Youth Sports Program (SYSP).

The half-day, four-week program was more than a sports camp; SYSP provided underrepresented youth in grades four through seven the opportunity to visit Chabot and participate in activities and educational programs that present a positive representation of college to students who, for various reasons, may not consider continuing their education after completing high school.

Part of expanding the program beyond sports, included SYSP continuing its STEAM (Science, Technology, Engineering, Art and Mathematics) component. The program gave students access to daily STEAM-focused learning, including art, robotics, culinary arts and a welding demonstration, among other workshops. Additionally, the SYSP began a free, Family STEAM workshop series this summer. Approximately 30 families participated in the series, which offered free childcare to reduce barriers to participation, and all workshops were conducted in both English and Spanish.

“The Family STEAM workshop series was piloted this year and was designed to provide parents and caregivers with the resources and tools to empower them to support STEAM education at home with their children,” said Director of TRIO Educational Talent Search and Hayward Promise Neighborhood Grant Coordinator Robin Galas. “Summer is a huge opportunity to get students and their families on campus. There are not enough low-cost and free options for families struggling in the Bay Area.”

SYSP is offered for free each year through Chabot’s TRIO Educational Talent Search program and the Hayward Promise Neighborhoods to students who could benefit from participating. Each student is additionally provided with free breakfast and lunch during the program. As a bonus, 21 Chabot students were also employed in various capacities to assist in providing a positive experience for campers during SYSP. The experience also gave them the opportunity to explore a possible future career of working with children.

Chabot’s TRIO Educational Talent Search program
Chabot College
25555 Hesperian Blvd, Hayward
(510) 723-7676
etschabot@gmail.com

Families with autism a safe place to play and learn

SUBMITTED BY KIMBERLY HAWKINS

Summer is a season of fun and exploration. For typically-developing children (those without disabilities) there are endless options when it comes to activities. But for children with autism, choices are limited and often cost prohibitive for families.

Shubha Kashinath, associate professor and chairwoman of the Department of Communicative Sciences and Disorders is intent on changing that. Pioneer Pals not only gives children with autism a safe place to have fun and engage in play, but also address core social communication skills. Simultaneously, the camp provides real-world training for students who serve as camp staff in special education, speech language and hearing sciences, and theatre and dance.

“Typically, graduate training programs provide students with opportunities to work one-on-one with children with autism, but don’t often have opportunities to train students to provide intervention in group settings,” said Kashinath. “Our graduate students lead camp activities around themes – learning to incorporate fun, age-appropriate games and activities to teach critical social communication skills to children with autism with a range of abilities and skills.”

This year, the camp will wrap up Thursday, August 25 with a celebration for the 21 participants – as well as their siblings – who were invited to attend the camp at no additional cost.

Pioneer Pals
Cal State East Bay
25800 Carlos Bee Blvd, Hayward
(510) 885-3241
<http://www.csueastbay.edu/slhs/clinic/pioneer-pals.html>

Salvation Army teams up with Walmart to “Stuff the Bus”

Volunteers and community members support local kids with school supply donations

SUBMITTED BY SIMON WONG

Walmart and The Salvation Army are joining forces to provide new school supplies to 1,000 local children in need during the “Stuff the Bus” campaign event at Walmart locations in Fremont on Saturday, August 3. The event in the

Tri-Cities is one of nearly 3,000 similar ones taking place at Walmart stores nationwide. In-store shoppers will receive lists of supplies needed; all they have to do is purchase and drop off the requested items at The Salvation Army collection bins at the front of each store.

“Many families struggle with everyday needs, including equipping their children with the means to study,” said Majors Caleb & Kay Chang, The Salvation Army Tri-Cities Corps & Community Center. “By donating school supplies for a child in need, you ease the burden parents experience at the start of the school year and set the right tone for these students in the classroom. It’s the confidence boost they need for high attainment.”

For those unable to visit the store on August 3, a searchable online registry includes all the items needed at www.tinyurl.com/TSATriCities. Each

item requires just one click to purchase.

Walmart and The Salvation Army have collaborated for more than 30 years to meet local community needs. Supporters like Walmart help The Salvation Army serve more than 23 million Americans, annually. All donations to the “Stuff the Bus” campaign remain local. With your help, The Salvation Army Tri-Cities can provide Fremont, Newark and Union City families and their children with back-to-school support.

Stuff the Bus
Saturday, Aug 3
8:30 a.m. – 6:30 p.m.
Walmart, 44009 Osgood Rd., Fremont
Walmart, 40850 Albrae St., Fremont
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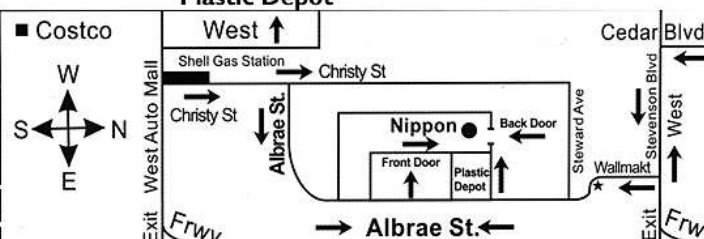
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*Artists gather to
celebrate a milestone*



ARTICLE AND PHOTO SUBMITTED
BY SUSAN HELMER

The year was 1959 and the City of Fremont was barely three years old. The massive General Motors Assembly Plant would not open in the city for four more years. And, the area's first regional shopping center, the Fremont Hub, was two years away from welcoming its first customers. But, for local artists, the time was right to make a splash in the community by establishing the Fremont Art Association (FAA).

On Saturday, July 13, members from FAA gathered to celebrate the organization's 60th birthday. The party included a catered dinner by Ambrose Butchery, vegetarian dishes by Paradise Restaurant, and cakes from Whole Foods. Members enjoyed an afternoon of conversation and artistic stimulation.

FAA was established by a small group of local artists and organized into a non-profit association in 1987. They founded the Festival of the Arts at the Fremont Hub in 1961, and successfully ran this art show until 1983 when City of Fremont took over because the festival had grown so large. Success of the festival in those early days gave artists in the

organization a desire to be more active in the community and continue to promote the arts to the general public.

The group now operates a cooperative gallery at 37697 Niles Blvd. FAA also offers monthly guest artist demonstrations, gallery exhibiting privileges, annual events, and the opportunity to interact with a large group of seasoned artists. The Annual Juried Art Show is currently accepting entries until August 25 and, on August 7 at 1 p.m., the association is hosting a macramé art demonstration.

Membership in the FAA is open to anyone 18 or older interested in supporting the group's goals of fostering, promoting and encouraging the cultivation, and appreciation of art. For details, visit the FAA website at www.fremontartassociation.org.

Fremont Art Association
37679 Niles Blvd., Fremont
Tues: 11 a.m. – 3 p.m.
Thurs: 1 p.m. – 4 p.m.
Fri – Sunday 11 a.m. – 5 p.m.
Mon & Wed CLOSED
(510) 792-0905
www.fremontartassociation.org

Hayward Citywide Garage Sale

SUBMITTED BY CITY OF HAYWARD

It's time to reclaim that garage, empty that storage locker and turn those items you have not been able to part with into cold hard cash. Or at least have some fun trying. Host a garage sale at your home or organize a neighborhood block sale.

The 2019 "City of Hayward Annual Garage Sale" will be held on Saturday, August 10, starting at 8 a.m. To ensure inclusion of address on the maps, participants must register by Aug 4th. Maps will be available online at www.hayward-ca.gov, City Hall, the 21st Century Library, and Weekes Branch Library starting the Tuesday before the sale.

Registration is free and you can register online at www.hayward-ca.gov/discover/events/2019-city-wide-garage-sale or by contacting the City of Hayward Maintenance Services Department at (510) 881-7745.

The City of Hayward will provide free limited advertising in local newspapers and through our social media sites. Registered garage sale participants can dispose of up to four cubic yards of unsold items for free on Sunday, August 11th. (For more information on the free disposal, call the Maintenance Services Department).

Garage Sale participants may pick up a "thank you" bag August 12-16, 2019 at: Corporation Yard, 24505 Soto Rd, Hayward, CA 94544 or City Hall (City Manager/Mayor's Office), 777 B Street, 4th Floor, Hayward, CA 94541.

Hayward Citywide Garage Sale
Saturday, August 10
8 a.m.
Various locations
(510) 881-7745
www.hayward-ca.gov

Health fair
resource booth spots available

SUBMITTED BY ROSE PADILLA JOHNSON

Davis Street, a non-profit community service organization in San Leandro is gearing up for its 5th Annual Health Fair coming Saturday, August 10. The event will include free medical and dental screenings, blood pressure checks, nutrition education and children's health screenings. Other activities include a farmer's market, family fun and games area and community information and resource booths.

Fair organizers are looking for local organizations that are interested in hosting an information or community resource booth at the fair, which runs from 10 a.m. – 2 p.m. Saturday, August 10 in San Leandro. For information, call (510) 347-4620 extension 113 or email ksherman@davisstreet.org.

Davis Street Health Fair
Saturday, Aug 10
10 a.m. – 2 p.m.
Free health screenings, family activities
Davis Street Health Center
3081 Teagarden St., San Leandro
(510) 347-4620
www.davisstreet.org

With a Little
Help From My Friends

SUBMITTED BY FREMONT
FAMILY RESOURCE CENTER

This year marks Fremont Family Resource Center's (FRC) 20th anniversary. To mark the occasion, guests and supporters are invited to an anniversary dinner and concert on Friday, September 13.

The theme will be "With a Little Help From My Friends" and will feature a benefit concert by The Sun Kings, a Beatles tribute band. The program will be held at Campo di Bocce in Fremont. A VIP buffet dinner starts at 6 p.m. in the Bocce Ball Courtyard. A general buffet dinner also is planned at the same time in the center's Little Italy Room.

Dinner and concert tickets are \$95 for general seating and \$175 for VIP guests. Proceeds will benefit Fremont Family Resource Center programs and services. Advance tickets are available at the FRC website at www.fremont.gov/frc20. For details, call (510) 574-2000.

FRC Anniversary Celebration
Friday, Sept 13
6 p.m. - 10 p.m.
Campo di Bocce
4020 Technology Place, Fremont
(510) 574-2000
www.fremont.gov/frc20
Tickets \$95 - \$175

Hayward
Odd Fellows
Summer Concert

In August and September, grab a lawn chair and blanket and head over to Hayward Memorial Park for the "Hayward Odd Fellows Summer Concert." This series of musical hits for the whole family is presented by Hayward Odd Fellows & Hayward Area Recreation District (HARD), co-sponsored Berkeley Lodge 270 and Pacheco Lodge 117.

Meet at the amphitheater behind the Plunge Swim Center and listen to the music, or dance along. Each night will have a different theme, whether jazz, blues, or rock 'n roll. Kids are also welcome to create chalk art. Admission to the concerts is free, but donations are gratefully accepted by the nonprofit of the evening. (This event is alcohol-free.)

Aug 4 – Giant Garage Spiders, Chris Marquis and Sycamore 129 Blues Band, benefitting Family Emergency Shelter Coalition (FESCO) with celebrity chef City Council Member Mark Salinas

Aug 11 – 3 O'Clock Jump and What's Up Big Band, benefitting HARD Foundation, with

celebrity chefs Dennis Hancock, Paul Hodges, and Dennis Waespi

Aug 18 – NO CONCERT

Aug 25 – Kari & the SweetspOts, Dee Smith, and Joe Melchior III, benefitting South Hayward Parish

Sept 8 – In Full Swing and La Honda All Stars, benefitting Hayward La Honda Music Camp

Sept 15 – Gravity+4 and East Bay Youth Orchestra, benefitting East Bay Youth Orchestra

Sept 22 – Fault Line Blues Band, Sycamore Beach Beatles, and MEHS Choir members, benefitting Mt. Eden High School Choirs, with celebrity chef City Council Member Francisco Zermeno

Sept 29 – The Hypnotones, The New Naturals, Alrighy Then, and HHS musicians, benefitting Hayward High School Instrumental Music Program, with celebrity chef City Council Member Mark Salinas

Hayward Odd Fellows
Sundays, Aug 4 – Sept 29
1 p.m. – 5 p.m.
Hayward Memorial Park
(Behind Plunge Swim Center)
24176 Mission Blvd., Hayward
www.haywardlodge.org



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BUSINESS

Holistic and sustainable approach

SUBMITTED BY
MIKE MARTIN

With a vision of healthy people on a healthy planet, the Holistic Chamber of Commerce (HCC) is weaving together an international movement promoting holistic, natural, and sustainable products, services, and solutions. To that end, HCC has announced that holistic leaders in Dublin have started a local chapter.

As a group associated with the international organization, HCC – Dublin will promote and support local sustainable professionals and business owners. Meetings are held the third Wednesday of every month. For more information, call Dublin Chapter President Mike Martin at (925) 323-1093 or visit <https://holisticchamberofcommerce.com/dublin>.

Holistic Chamber Dublin Meeting
Third Wednesdays
6 p.m. – 8 p.m.
Specific Chiropractic
6690 Amador Plaza Rd, Ste 125, Dublin
(925) 323-1093
<https://holisticchamberofcommerce.com/dublin>

Small Business Yelp Workshop

SUBMITTED BY
SEN. BOB WIECKOWSKI

Sen. Wieckowski has partnered with assemblymember Bill Quirk, Alameda County Small Business Development Center, and Chambers of Commerce of Hayward, Union City, and Castro Valley/Eden Area for a Yelp Workshop on Wednesday, July 31. At this workshop, small businesses and the public will learn ways to best utilize Yelp to reach out to their community. Members of District 10 staff will be on hand to answer constituent questions and listen to concerns the community may have. This event is free and open to the public, but space is limited. To RSVP, email Senator. Wieckowski@senate.ca.gov.

Yelp Workshop
Wednesday, Jul 31
8:30 a.m. – 10:30 a.m.
Council Chambers, Hayward City Hall
777 B St., Hayward
Senator.Wieckowski@senate.ca.gov

AC Transit service to return to S.F. transit center

SUBMITTED BY ROBERT LYLES

Following months-long appraisals and reviews, officials from the Alameda-Contra Costa Transit District (AC Transit), are happy to announce the restoration of Transbay Bus Line service to the Salesforce Transit Center beginning Sunday, August 11.

Numerous factors accelerated AC Transit’s return date to Salesforce Transit Center, including bus operator training running ahead of forecasted schedules, and advancements of the reinstallation of the bus deck interior finishes by the Transbay Joint Powers Authority.

“Following last year’s discovery of fissures in the steel beams supporting the bus deck, the AC Transit Board of Directors demanded assurances that repairs of the beams would be unequivocally safe and sound,” said AC Transit Board President, Joe Wallace. “The findings presented to our board provided robust certainties that support restoring service to our 13,000 daily Transbay riders.”

In addition to the nationally recognized five-member peer review committee, empaneled by the Metropolitan Transportation Commission

(MTC), AC Transit performed its internal review of the steel beam remediation.

“Our engineering staff members observed installation; monitored physical inspections; and reviewed girder fabrication, design stresses and inspection reports of the girders at Fremont and First Streets,” said Michael Hursh, General Manager. “This comprehensive analysis was the foundation I needed to assure that our bus operators, service employees, mechanics, and road supervisors are indeed safely working in a world-class transit center.”

AC Transit riders are reminded that operating hours and frequency of Transbay Bus Lines are limited on Sundays; as a result, the full launch of all 26 Transbay lines and four early bird express lines will resume on Monday, August 12. Transbay lines will once again bypass congested San Francisco surface streets by traveling on the dedicated bus ramp.

Twenty-seven bus bays, dedicated exclusively to AC Transit, allow better accommodations for the popular Transbay Bus Lines and double-deck coaches. Recommissioning the transit center also restores the first of its kind Bus Storage Facility (BSF). The BSF is located adjacent to the Salesforce Transit Center and helps the district to reduce fuel consumption, maintenance costs, and greenhouse gases.

More information about Transbay bus lines, trip planning, and ACT RealTime bus locations is available online at www.actransit.org.

California gets environmental oversight on rail project

BY KATHLEEN RONAYNE
ASSOCIATED PRESS

The Trump administration has given California permission to oversee federal environmental reviews for a high-speed rail line between San Francisco and Los Angeles, even as the administration tries to cancel a nearly \$1 billion grant for the project.

The designation announced Thursday will speed up the environmental review process for the troubled project, said Brian Annis, chief financial officer of the California High-Speed Rail Authority.

It’s the latest development in the rocky relationship between California and the Trump administration over the project, which has been plagued by cost overruns and delays since California voters first approved it in 2008. It’s now expected to cost \$79 billion and take until at least 2033 to complete.

California sought environmental approval in early 2018 and has previously faulted the Trump administration for the delay in approval.

“We’ve certainly been anxious to get it,” Annis said.

The state referenced the delay in a May lawsuit it filed seeking to block the Trump administration from cancelling a \$929 million grant for the project. That money is part of \$3.5 billion the state won under

the Obama administration that must be used by 2022 to build an initial segment of track in the Central Valley and complete environmental reviews.

The Trump administration alleged in cancelling the funding that California wasn’t making enough progress toward the deadline.

California’s lawsuit alleged the Federal Railroad Administration stopped environmental clearance work on the project in September, stalling the state’s efforts.

“We’ve lost valuable time waiting with the FRA’s disengagement, so I am very thankful for this action, and I am hopeful this step is the beginning of a more collaborative and cooperative relationship prospectively,” Brian Kelly, the project’s chief executive, said in a statement.

It’s not unprecedented for the federal government to give a state the authority to oversee environmental reviews. California is one of six states that can do that on highway systems. But this is the first time the railroad administration has granted similar status for a rail project.

“FRA is taking this step after working diligently with the State through technical issues and considering public comment,” spokesman Warren Flatau said in an email.

billion in September followed by smaller contributions each year over the next decade.

A bill signed by Gov. Gavin Newsom earlier this month calls for California’s major investor owned electric companies to chip into a fund that will ultimately cover \$30 billion to \$40 billion in claims from future fires.

The companies will also have to meet new safety standards and spend billions on fire prevention as part of the project.

TAKES FROM SILICON VALLEY EAST

‘Shop Fremont’ gift card program

BY TINA KAPOOR,
ECONOMIC DEVELOPMENT
MANAGER

With summer upon us, our streets are once again coming alive with festivals and community events. Whether it’s Festival of the Arts, Street Eats, pop-up vendor fairs in Downtown, or the annual dog show in Niles, one thing is clear: local events bring the community together and support a vibrant public life. These gatherings not only allow us to meet our neighbors and enjoy the public realm, but also serve as a perfect opportunity and reminder to shop local and join the growing localism movement.

Why to shop local?

Studies show that supporting local businesses strengthens communities by sustaining vibrant shopping areas, looping revenue back into the local economy, and linking neighbors in a web of economic and social relationships. According to the U.S. Small Business Association (www.sba.gov) and the U.S. Department of Labor (www.dol.gov), there are numerous positive impacts of small, independent business on local economies.

For example:

For every \$100 you spend at local businesses, \$68 will stay in the community.

Small businesses employ 77 million Americans and accounted for 65 percent of all new jobs over the last two decades.

Local businesses are owned and operated by our neighbors. They care about and are invested in the well-being of our community and its future.

From homemade ice cream to local flower shops to authentic ethnic restaurants, Fremont’s neighborhood business districts are home to many unique establishments. As we know, small businesses play an important role in creating jobs, supporting local causes, and upholding our city’s deep-rooted character. And how this all plays out in our business districts is a story worth reading at <https://www.thinksiliconvalley.com/weirdification/>.

The Fremont Chamber of Commerce is an important partner in this and continues to support the local economy through advocacy and creative programs. And that brings us to – Shop Fremont – a perfect tool to boost the shop local phenomenon. The Shop Fremont digital gift card, which can be used at any participating local merchant for products or services, was created using Yiftee’s (<https://yiftee.com>) nifty gift card platform. Buy the eGift card online for any amount and receive it electronically and instantly. It’s super convenient,

and you can pat yourself on the back for supporting local businesses in the community.

If you are a Fremont merchant or a service provider, consider participating in the program by offering discounts to Shop Fremont cardholders. Similarly, larger corporations, professional businesses, and residents can utilize this program to give a gift that “gives back” to the community. You can order in bulk to give to your employees as an incentive, in a welcome basket, or as a raffle prize – the possibilities are endless.

Shop Fremont eGift cards can be bought at <http://tinyurl.com/shopfremont>. Sign up today and start discovering some great products and services while helping build a strong and successful community around you.

Visit the chamber of commerce website to see the list of active Shop Fremont merchants, and enjoy an extra discount offered only with a Shop eGift Card purchase. Check out the participating merchants ready to serve you: Titans Kingdom, Burger & Brew Fest, Aria Printing & Shipping, Capitol Eye Care Center, Das Brew, Haller’s Pharmacy, Massimo’s, and Fremont Flowers.

To learn more about the program, contact KK Kaneshiro, Fremont Chamber of Commerce, at (510) 795-2244 or at kaneshiro@Fremontbusiness.com. Small businesses are a big deal. Initiatives like Shop Fremont help them thrive.

Improved bus service under consideration

SUBMITTED BY HAYWARD
CHAMBER OF COMMERCE

There could be changes coming to the bus service between downtown Hayward and the California State University, East Bay (CSUEB) campus in Hayward.

CSUEB is considering participating in AC Transit’s EasyPass program and paying for additional frequency on Line 60 instead of continuing with its private shuttle service. EasyPass would give students, staff, and faculty access to AC Transit for travel between the campus, downtown Hayward and the Hayward BART Station. Riders also could use AC Transit for local and Transbay destinations.

According to the proposed changes, Line 60 weekday frequency would improve from 20 minutes

to as often as 15 minutes to accommodate anticipated demand, based on existing shuttle ridership. The service would be operated with the use of 60-foot articulated buses. AC Transit would coordinate with the City of Hayward to ensure that bus stops and all right- and left-turning movements along the proposed route can accommodate a 60-foot articulated bus.

A two-hour community meeting to discuss the proposal is set for 6 p.m. Thursday, August 1 at Hayward City Hall and is open to the public. For details, visit the fact sheet on the AC Transit website at www.actransit.org or call (510) 891-4777.

Community meeting
Thursday, Aug 1
6 p.m. – 8 p.m.

Discussion on AC Transit Line 60 improvements

Hayward City Hall
777 B St., Hayward
www.actransit.org
1 (510) 891-4777

Southern California Edison will pay into wildfire fund

AP WIRE SERVICE

Southern California Edison says it is signing on to a new fund to help cover the costs of catastrophic wildfires caused by power company equipment.

The company, which serves about 15 million people, is the first of the state’s major electric companies to announce it will join the program.

Southern California Edison says it will contribute about \$2.4



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California skirts Trump, signs mileage deal with 4 companies

By TOM KRISHER AND
ELLEN KNICKMEYER
ASSOCIATED PRESS

Four major automakers have reached a deal with California to increase gas mileage and Greenhouse gas emissions standards, bypassing the Trump administration’s push to freeze requirements at 2021 levels.

Ford, BMW, Honda and Volkswagen signed the deal with the California Air Resources Board, the state’s air pollution regulator, which had been at odds with the Trump administration for months. California has said it would exercise its powers to set more stringent pollution and mileage standards than the federal government has proposed.

The Trump administration reacted angrily to the end run, with Environmental Protection Agency spokesman Michael Abboud calling it a “PR stunt” and charging that California regulators “continually refused to produce reasonable and responsible proposals.”

The administration has sought to freeze Obama administration standards, keeping fleetwide new-vehicle mileage at 2021 levels of about 30 mpg. The administration says the extra expense to comply with the

requirements will raise the price of new cars, making them unaffordable and depriving buyers of new safety technology. The administration also has threatened to challenge California’s ability to set its own standards.

In a statement Thursday, California regulators said their deal delays by one year the new-vehicle fuel efficiency requirements approved under the Obama administration for model years 2022 through 2025. That means the fleet of new vehicles would have to average around 36 miles per gallon in real-world driving by 2026. The deal also slightly slows the rate of growth in the early years “to provide additional lead time” for the auto industry, the statement said.

The four automakers see the California agreement as “insurance” to provide some certainty to the industry and the state no matter who wins the 2020 presidential elections, according to a person familiar with the talks who asked not to be identified because details of the negotiations haven’t been made public.

The four automakers represent only about 30% of U.S. new-vehicle sales.

The Alliance of Automobile

Manufacturers, which represents a dozen automakers in and out of the California deal, said in a statement that the industry still wants nationwide standards with year-over-year mileage increases that fit with what people are now buying, SUVs and trucks.

“Today’s announcement of the framework of an agreement by California and certain automakers acknowledges that the MY2022-2025 standards developed by the Obama administration are not attainable and need to be adjusted,” said the statement from the alliance.

Alan Baum, a Detroit-area consultant who does work for the auto industry and environmental groups, said the deal is clearly designed to get the rest of the auto industry on board and to force the Trump administration to the bargaining table with California.

“This really puts California in a much stronger position because this really puts some pressure on the federal government,” Baum said. “These four automakers don’t want to be out on an island here. They would like their competitors to do this as well.”

He said the deal could delay a final rule that’s supposed to come from the federal government in August or September, keeping the

current standards in place longer. For the automakers, it’s not much different from how they were preparing to meet the Obama administration standards, he said.

Under the agreement, fuel economy and corresponding greenhouse gas emissions standards would rise by 3.7% per year starting with the 2022 model year, through 2026, according to the statement from the four automakers. They would have gone up by 4.7% per year through 2025 under the Obama standards, according to California.

Automakers could get 1 percentage point of the increase by using advanced technology credits such as those for hydrogen fuel cell, plug-in gas-electric hybrids, and battery electric vehicles. And they would get credits for devices that aren’t counted in EPA test cycles such as stopping the engine at red lights and restarting it quickly when the driver wants to go. The process would be streamlined to get credits approved for new technologies.

The automakers also agreed to recognize California’s authority to set its own standards, which are followed by at least a dozen other states, and they will not challenge the state’s authority, according to the statement.

The National Highway Traffic Safety Administration, which

draws up federal standards with the EPA, said the government continues to work on a final fuel economy rule that will apply to all automakers. The administration’s proposals do not prevent any automaker from designing and building highly fuel-efficient vehicles, the agency said in a statement.

The four automakers came to California with the proposal, and the Air Resources Board hopes other companies will join them, Chairwoman Mary Nichols said Thursday. The state is reaching out to other automakers, California Gov. Gavin Newsom said.

“We can have a single vehicle fleet regardless of what Trump does,” Newsom said.

Some environmental groups like the Sierra Club praised the agreement, saying it shows that California won’t stand by while the Trump administration tries to lower standards for carbon pollution.

But Dan Becker of the Safe Climate Campaign said the deal has so many loopholes for automakers that it will cut in half the fuel efficiency and pollution improvements under the Obama-era standards.

Kathleen Ronayne contributed from Sacramento, California. Knickmeyer reported from Washington.

Shape Our Fremont Downtown Keeps on Rising

On August 5, the zoning administrator will hear the latest development proposal for Fremont’s rising Downtown District. The proposal, known as Bay Rock Apartments, would include a five-story building with 248 market-rate apartment units and 5,625 square feet of commercial retail space on Capitol Avenue near Fremont Boulevard. Parking would be in a six-story parking structure adjacent to the main building and extending into part of the parking lot now used by customers of Bill’s Cafe, Falafel etc, and other businesses in Gaslight Square. The existing Fremont Bank building on the site is proposed to be demolished.

A separate proposal to build a new Fremont Bank in a six-story commercial building at the corner of Fremont and Capitol is under review by the planning

department and would be presented at another date.

Downtown is Different

The Downtown District is bounded by Mowry and Walnut avenues and by Fremont Boulevard and Paseo Padre Parkway. According to the Fremont General Plan, the Downtown is intended to be “... a mixed-use, sustainable, pedestrian oriented destination for Fremont and the region.” High-rise buildings are part of that plan. The Paragon residential complex on Walnut was one of the first projects to be built there, followed by the State Street project that is nearing completion. Eventually, a new Fremont City Hall and Community Center is planned to be built in the growing Downtown.

One of the biggest differences for developments in the new Downtown

District is that they are governed by a different set of design standards than other developments. Buildings can be up to eight stories tall, and the concept of maximum density or dwelling units per acre (du/ac) doesn’t apply. For example, the proposed Bay Rock Apartments would have a net density of about 122 du/ac, compared with a maximum of 70 du/ac allowed in many Transit Oriented Development (TOD) areas around BART stations, or 50 du/ac allowed in other urban areas of the city.

The approval process for developments in the Downtown District is also different. If a development complies with the Downtown Community Plan and Design Guidelines, it can be approved by the zoning administrator, who is a planning department senior staff person. It would

not be heard by the planning commission or city council unless the zoning administrator’s decision is appealed.

Residents Can Speak Out

Zoning administrator meetings are like those held by the planning commission or city council. Residents may send emails with their comments before the meeting and may speak during the meeting. Speaking time is usually limited, depending on the number of speakers.

Residents may email their comments about the Bay Rock Apartments proposal to City Staff Planner David Wage at dwage@fremont.gov or attend the zoning administrator meeting at 3 p.m. Monday, August 5 at Fremont Development Services Center, Rancho Higuera Conference Room, 39550 Liberty Street.

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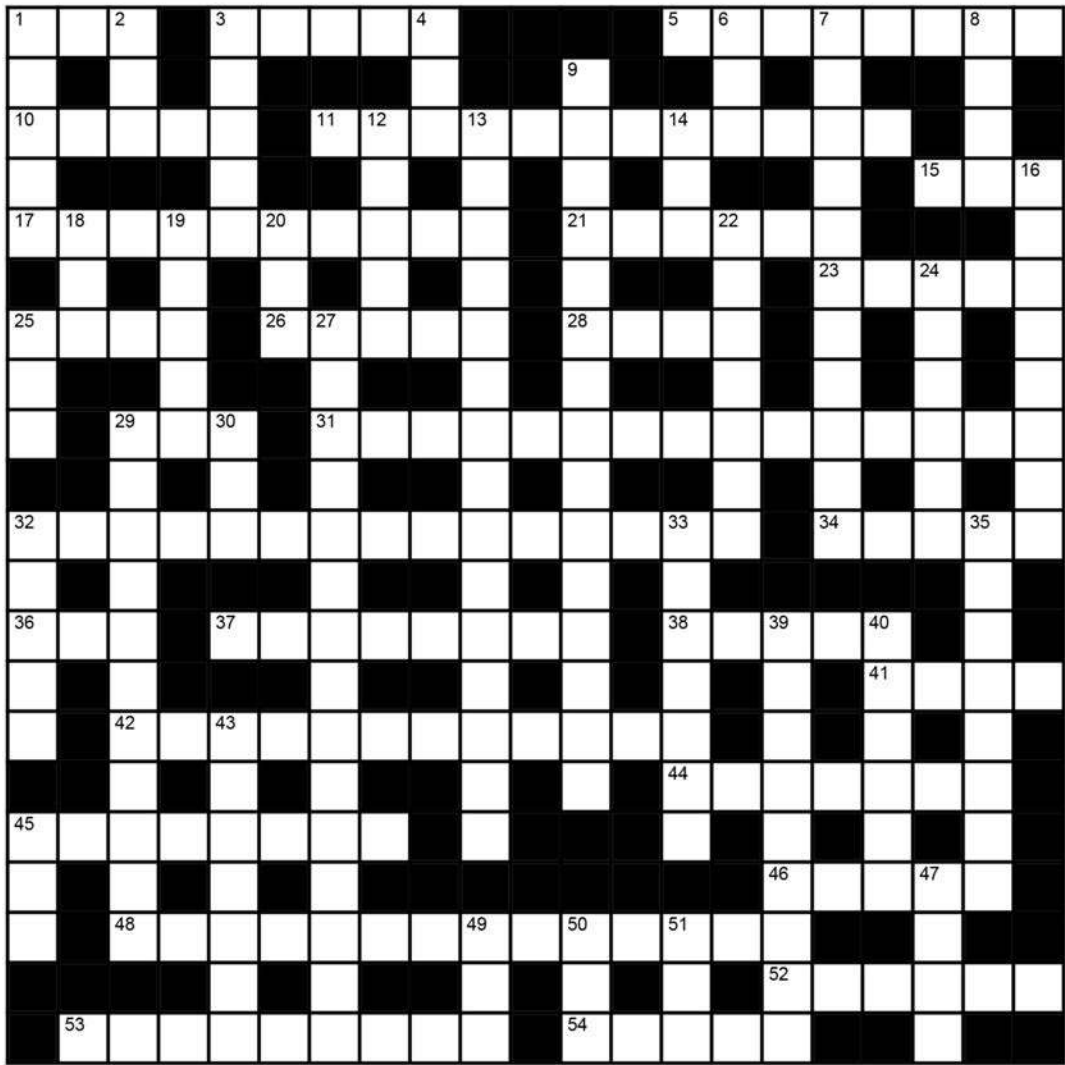
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| * Parkinson's disease | * TMJ syndrome |
| * Tourette syndrome | * Alzheimer's disease |

Mind Twisters

Crossword Puzzle



- Across

1

Prefix with acetylene (3)

3

Pleasing to the ear (2-3)

5

"Careful!" (8)

10

"Toodles!" (2,3)

11

Overjoyed (5,2,1,4)

15

N.Y.C. division (3)

17

Magnanimousness (10)

21

Swaps (6)

23

Pamplona runners (5)

25

"Casablanca" role (4)

26

"Pipe down!" (5)

28

Loudness measure (4)

29

A.F.L.'s partner (3)

31

Warplane's cargo (3-2-3,7)

32

"Of course" (7,8)

34

Pound sounds (5)

36

System (3)

37

Terrier type (4-4)

38

"Four Quartets" poet (5)

41

Authentic (4)

42

Fuddy-duddy (3-9)

44

Come apart (7)
- 45

Kind of stand (8)

46

Twangy, as a voice (5)

48

Ringers (8,6)

52

David, "the sweet psalmist of ____" (6)

53

Screwball (9)

54

Holler (5)
- Down

1

NASA gasket (1-4)

2

Ming of the Houston Rockets (3)

3

Bid (5)

4

"Uh-huh" (3)

6

Communication for the deaf: Abbr. (3)

7

Festive (11)

8

Beehive, e.g. (4)

9

Momentous (15)

12

"Farewell, mon ami" (5)

13

Shrink (15)

14

Motorist's org. (3)

16

Fidgety (8)

18

Aquatic shocker (3)

19

As a friend, to François (2,3)
- 20

Arch. relative (3)

22

"As if!" (5,2)

24

Bar order (6)

25

"____ for Innocent" (novel featuring private investigator Kinsey Millhone) (3)

27

1956 Elvis song (10,5)

29

Apt title for this puzzle (5,4,2)

30

Resetting setting (3)

32

Fish in a John Cleese film (5)

33

Additional sound blended into a recording (7)

35

Similar (8)

39

Traveling (2-7)

40

Commander at the Alamo (6)

43

Puts on a pedestal (7)

45

Photo ____ (3)

47

Cries of discovery (4)

49

Family docs (3)

50

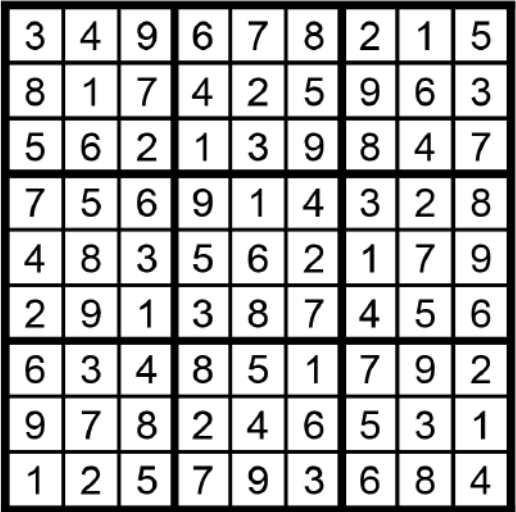
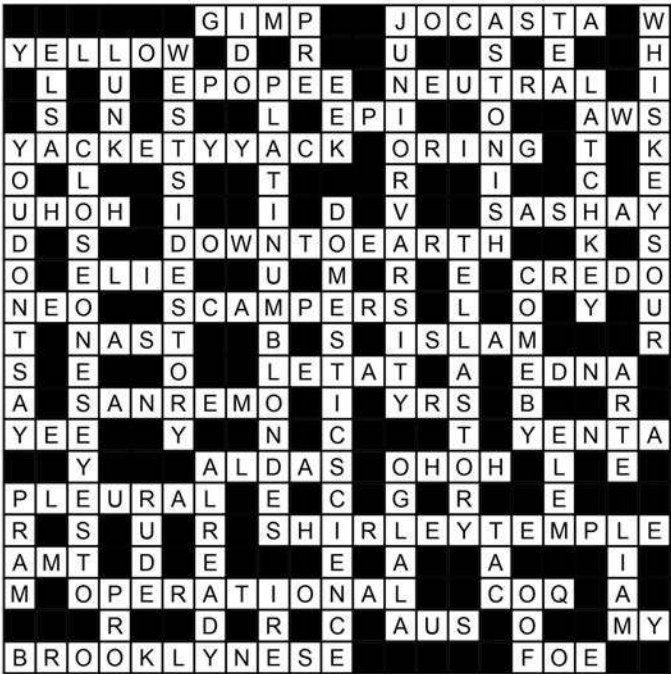
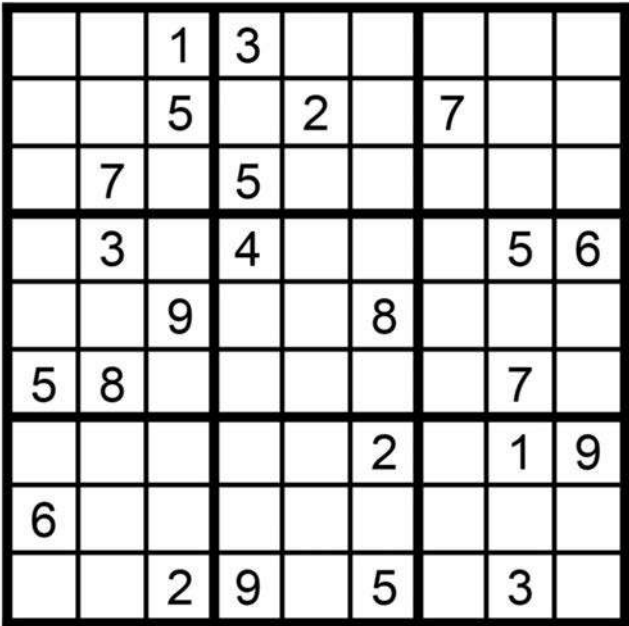
Hosts (3)

51

Miracle-____ (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JULY 31 – AUGUST 6, 2019

For All Signs: Mercury, planetary symbol of communications and travel, has been in apparent retrograde motion since July 7. It changes to direct motion on August 1. This phenomenon occurs about three times per year, at varying intervals. Astrologers have long observed that during Mercury's retrograde periods, schedules change, routine communications become confused or lost, and people intuitively delay decisions. The experiences of retrograding Mercury press us to slow down, to reflect, and to review information. If we force a decision while Mercury is retrograding, it is

often reversed or revised during the planet's direct motion periods. Depending upon its relationship to other planets in the solar system, some Mercury retrogrades can be more challenging than others. Because of the ruffian collection of planets in Capricorn, this Mercury retrograde has brought threats of war. Now that it is beginning to move forward, the road to resolution of these difficulties may become less fraught with communication challenges.

Aries the Ram (March 21-April 20): This is not your best week. You have concerns about money and people you care for. It is possible the stressors may affect your health. Don't add to your load of concerns. Normally you can manage multiple tasks and enjoy doing so. This week is one to stick to your calendar and don't volunteer for more.

Taurus the Bull (April 21-May 20): A friendship that began with gusto in mid-May arrives at a point of evaluation. The question of commitment may always be an issue in this situation. The Bulls are careful about commitment because they mean it and know the responsibility it carries. Some of the other signs are not so persevering. Watch your step.

Gemini the Twins (May 21-June 20): Your ruling planet, Mercury, is turning direct this week. This represents a shift of attention from financial matters to focus on communications, neighbors, siblings, and others who are in your daily environment. You may need to consider the needs of your

vehicle now. Give it a checkup and a detailing.

Cancer the Crab (June 21-July 21): Mercury has been traveling in your sign since mid-July. It has caused you to reflect deeply on your next direction. Now that it is turning direct, you feel more capable of making decisions and moving forward. You'll be cautious at first, but your moves will pick up steam soon.

Leo the Lion (July 22-August 22): The Mercury retrograde spotlight is shining on you so brightly this week that the glare may hurt your eyes. Try not to offer opinions. Inquire of others about their attitudes. If you make a flat statement you are likely incorrect or too adamant for comfort.

Virgo the Virgin (August 23-September 22): You are finishing a work project and shifting gears into new territory this week. You will be focusing on communications with friends, acquaintances, and building your network. It is also possible that you will be bringing one or more

networks or relationships to a close as Mercury turns direct. It may feel as though your business there is finished.

Libra the Scales (September 23-October 22): You may feel compelled to make impulsive purchases because of their beauty. Don't flip out the credit card until you have had a few days to think whether this purchase is really what you want. Love, social life, and romance may be exciting and attract a lot of your attention.

Scorpio the Scorpion (October 23-November 21): Don't try to make anything happen this week. Stick to your regular schedule and take your time, lest you overstress your body. Authorities are not sympathetic to your cause(s), so currently, don't push the river. Your reflexes are off; drive and handle tools carefully.

Sagittarius the Archer (November 22-December 21): Your new focus will be mind-expanding. You may be researching a new interest, gazing over travel brochures for your

next adventure, or pursuing an interest in philosophy, education, or religion. You feel on the verge of a decision in one or more of these areas.

Capricorn the Goat (December 22-January 19): Mercury is changing directions and signs in your seventh house of partnerships and clientele. You may be unable to move forward until the decisions of others are resolved. Meanwhile, take a break. You cannot make others move forward until they are ready.

Aquarius the Water Bearer (January 20-February 18): Health matters that have concerned you are about to take a positive step forward. You may

be considering starting a new program that will be good for your health and diet. Circumstances around you at your work or place of business are shifting toward the better soon.

Pisces the Fish (February 19-March 20): Changes may be occurring in your love life as Mercury goes direct this week. Creative ventures are subject to a change of whims as well. That which you thought you were building is subject to turn into something else.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).





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54010

Child, Family & Community Services

CFCS is now enrolling children 0-5 years for the Head Start/Early Head Start Program.

Comprehensive services are provided for qualified families with infants, toddlers, and pre-school age children living in Southern Alameda County. Programs provide curriculum and environment which is developmentally appropriate while being culturally and family supporting.

Also, Head Start is a full inclusion program serving children with disabilities in a least restrictive environment. Free meals are provided under CACFP (Child and Adult Care Food Program).

In accordance with Federal law and U.S. Department of Agriculture policy, this agency is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.



For more information contact Admission Office
32980 Alvarado Niles Road, Suite 856, Union City
510-796-9512 www.cfcsinc.org



Fremont
News Briefs

SUBMITTED BY CHERYL GOLDEN

New Location for Navigation
Center Workshops

Due to the large attendance expected at community workshops for Fremont's temporary Housing Navigation Center, workshops will no longer take place at the City Hall and Centerville Library. The City has relocated both workshops to Harbor Light Church, 4760 Thornton Avenue. The new times for the workshops are 5:30 p.m. – 8:30 p.m. Wednesday, August 14; and 10:00 a.m. – 1:00 p.m. Saturday, August 24.

Workshops are open to the public and will include information about what a navigation center is, and the role navigation centers play in addressing homelessness. Staff will be available to answer questions and receive feedback from the public, which will be shared with the Fremont City Council at a September meeting (date TBD). For more information about the temporary Housing Navigation Center, and to subscribe to project updates visit www.Fremont.gov/NavigationCenter.

Summer Street Improvements

This summer, Fremont will repave or seal over 200 street segments, a total of 31 miles of roadway. With significant funding received through a federal grant and State Senate Bill 1 (SB1), the street maintenance work will repair damaged

pavement and sidewalks, overlay and seal asphalt, install enhanced bicycle lanes and buffers, and upgrade curb ramps to ADA requirements. The work will address 12 street segments where conditions are rated as "poor," including portions of Warm Spring Boulevard, Deep Creek Road, Farwell Drive, and Olive Avenue.

The current overall Pavement Condition Index (PCI) for Fremont is rated as "good" (PCI 73 out of 100) and 72 percent of the street network was rated as "excellent" or "very good" in 2018. Road conditions have been improving citywide with continued annual funding from City of Fremont, Alameda County voter-approved Measure B, BB, Vehicle Registration Fees (VRF), and state gas taxes (including SB1). For a complete list of streets being paved this summer, visit www.Fremont.gov/PavementMaintenance.

No-Cost Green House Calls

The City of Fremont is partnering with nonprofit Rising Sun Center for Opportunity to offer residents no-cost energy and water conservation services to help them lower utility bills.



Through Thursday, August 8, residents can sign up for a Green House Call. During their appointment, residents may receive the following at no cost:

- Home energy and water efficiency assessment
- Installation of efficient LED light bulbs, showerheads, and faucet aerators
- Installation of Advanced Power Strip (approximately \$50 value)
- Toilet leak detection test
- Information about Home Energy Analytics, a no-cost online service that analyzes energy use to identify energy waste in the home and save money

The City is encouraging residents to utilize this opportunity to save money and positively impact the environment. Space is limited, and appointments are only available until Thursday, August 8. To schedule an appointment, call (510) 665-1501 ext. 300 or visit www.RisingSunOpp.org/Programs/GHC.

Rising Sun is a local nonprofit that operates job training and employment programs for underserved youth and adults to address climate change and economic inequity. Green House Calls are supported by California utility customers and administered under the auspices of the California Public Utilities Commission.

Animal Shelter Adoption Fees

The Tri-City Animal Shelter is bursting at the seams with some of the most adorable animals you have ever seen. Have you put off adopting an animal? If so, now's the time to visit the shelter and adopt. Adoption fees for qualified adopters

are waived through the end of August.

For information about the adoption process and a list of available animals, visit www.tricityanimalshelter.org/154/Adoption-Process.

Tri-City Animal Shelter is Hiring

Are you searching for a rewarding career serving people and animals? The Tri-City Animal Shelter is hiring.

Full time:

Animal Services Officer:

<https://bit.ly/2XOkUrG>

Part time (Part time positions are listed as part-time temporary by classification, but all are long-term):

Public Service Assistant III – Provide customer service to people visiting the animal shelter. Duties include taking in stray and surrendered animals, adoption interviews, and animal behavioral assessments. Previous animal handling experience preferred.
<https://bit.ly/2RPx0f1>

Public Service Assistant II – Run the kitten foster program and assist with other veterinary-related tasks, behavior evaluations, and adoption counseling. Professional experience working with animals is required, preferably as a registered veterinary technician.
<https://bit.ly/2XIBTMm>

Public Service Assistant I – Care for and feed shelter animals, clean kennels, support front counter staff with adoption procedures, and provide customer service throughout the shelter.
<https://bit.ly/2G31NAr>

Celebrating Wildlife: The Animals of Sulphur Creek

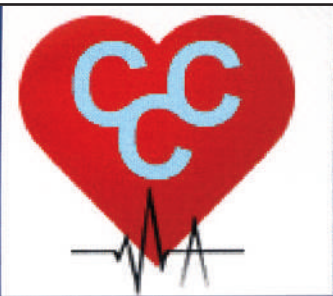


SUBMITTED BY PHOTOCENTRAL

PhotoCentral continues its celebration of Hayward Area Recreation and Park District (H.A.R.D.) at 75 years with the upcoming exhibition, "Celebrating Wildlife: The Animals of Sulphur Creek." Showcasing the collaboration between PhotoCentral and H.A.R.D.'s Sulphur Creek Nature Center, the exhibition features a selection of photographs that emphasize wildlife "within our borders" and rehabilitative services that provide medical assistance and rehabilitation for up to 900 wild animals a year. Geir & Kate Jordahl processed and printed the images in the PhotoCentral facility using a large-scale printer purchased with funds donated by Bill Owens.

The exhibition will be on display in the upstairs gallery above the Hayward Area Parks & Recreation District Offices from July 15 – September 15.

Celebrating Wildlife: The Animals of Sulphur Creek
Monday, Jul 15 – Sunday, Sept 15
9 a.m. – 5 p.m., Monday – Friday
PhotoCentral Gallery, Upper Level
1099 E St., Hayward
(510) 881-6721
www.photocentral.org



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LEAF's Community Garden is seeking volunteers to greet visitors. Very time flexible. ADA Handicap accessible. Location: California Nursery Historical Park in Fremont, at Mission Blvd/Niles.
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Home & Garden

Sleek and Modern Master Bath Makeover



By ANNA JACOBY

Built in the mid-1990's, the original bath was plain, tired, and ready for a new look. With builder-grade oak cabinets and cultured marble shower walls, the bath was functional but not at all what the homeowner had in mind. No layout changes were required, so we could concentrate on the finishes, adding style and personality.

What we did:
Vanity area:

I designed a new custom wall-mounted floating sleek vanity in textured black finish. Large drawers on each side of the sink provide ample storage for toiletries. The bottom drawer is deep enough for bulky items like hairdryers and large Costco-size containers. One big change in the makeover was to go from two sinks to just one. When I design master baths, I always ask: What is more useful – having two sinks or additional counter space? For couples who tend to use the bath one at a time or don't mind sharing a sink, more counter space is welcome because it provides room to spread out. One sink also increases the storage capacity inside the vanity since the second sink compartment can now be turned into drawers.

Shower area:

Out went the never-used tub and in came the luxurious walk-in shower. I chose large white tiles with an embossed wavy pattern for a very modern look. The shower pan and accent stripe are black sliced pebbles, adding contrast in color and texture. Opposite the plumbing wall is a very tall recessed niche with two shelves for shampoo and other necessities. The clear window glass was replaced with opaque glass to eliminate the need for a window covering.

Floor area:

When this house was built, extending bedroom carpet into the bath area was very common. I never liked the idea as bathrooms are wet areas, and damp carpet just seems unsanitary and unappealing. The carpet remains in the bedroom but is replaced in the bath with new wood-look porcelain tiles in gray and white.

Lighting:

Dimmable LED wall sconces flank the new round vanity mirror, and new LED recessed lights

were added above the shower and in the vanity area. As lighting is distributed throughout the bath, the whole bathroom looks brighter now.

Color, pattern, and texture:

This bath is a study in contrasts. I combined bright white tiles with black pebbles in the shower and a black vanity with a bright white countertop to create the high-contrast color scheme. Gray walls and gray and white floor act to soften the stark black and white. The red accent wall in the water closet becomes a surprise element and provides drama and interest. The countertop and chrome plumbing fixtures are highly polished; shower and floor tiles are matte finish; walls are glossy; and vanity cabinet is heavily textured. Large, smooth wavy lines on the large shower tiles combine with the irregular small pebble tiles.

When undertaking your own bath remodel, remember to incorporate contrasts in colors, textures, and patterns. Improve the lighting. Decide what is more important – two sinks or extra counter space? Remove the tub if you never use one. Create a design for your personal taste and style and enjoy for years to come.



Anna Jacoby is a local Certified Interior Designer.

Contact her at 510-378-6989 or info@annajacobyinteriors.com. You could also visit her website at www.annajacobyinteriors.com



THE ACWD CONNECTION



A Water & Energy Savings Program

ACWD and Pacific Gas & Electric Company (PG&E) have partnered to offer income qualified residential customers a new water and energy efficiency program. Through this program, local contractors will provide conservation assessments, and when necessary, install new toilets, faucet aerators, low-flow showerheads and more!

If you qualify for PG&E's Energy Savings Assistance Program **and** are an ACWD customer you will receive energy-saving improvements and automatically be offered the additional water savings services offered by ACWD for FREE. If you have water conservation questions, call ACWD's Hotline at 510.668.4218.

To apply for PG&E's Energy Savings Assistance Program:

Visit www.pge.com/energysavings or call 866-681-3533

Once enrolled in PG&E's program, no additional action is need to receive water conservation services



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Juliane Godfrey dances her way home

For this Broadway dancer, StarStruck's Newsies is a homecoming

SUBMITTED BY
HELEN CHANG
PHOTOS BY **MARK & TRACY**
PHOTOGRAPHY, **TED ELY,**
BRIAN RAY NORRIS, AND
HELEN CHANG

The mother-daughter team of Juliane and Nancy Godfrey is proof that a love of musicals can be inherited. In their case, mother Nancy got it from daughter Juliane.

Juliane's first StarStruck performance was in Hansel and Gretel in 2002. The experience so delighted her mother that she joined the orchestra for Juliane's next show, Into the Woods. By StarStruck's next mainstage show, Nancy Godfrey had taken the baton as music director. Fifteen years later, she's still in the pit conducting the live orchestra for each of the company's mainstage shows.

Given their history with the Fremont-based non-profit youth performing arts company, the Godfreys were thrilled to work together on StarStruck's production of Disney's Newsies, now at Dublin Center for the Performing Arts until August 4.

"She performed twice annually in all the StarStruck shows up until 2008," said Nancy, "and it was a joy to share our common passion for musical theater and to play for her on stage in all those shows, proudly watching her fly over my head as Peter Pan, and sing and tap dance inches away from me as Peggy Sawyer in 42nd Street."

Prior to coming home to Fremont, Juliane was dance captain and female swing in the Broadway musical SpongeBob Square Pants, working with choreographer Christopher Gattelli and associate choreographer Lou Castro. (She's also in the original Broadway cast recording.) It turns out Gattelli won the Tony Award for best choreography for Newsies in 2012.

"I took the outline of what Chris and Lou created, and fleshed it out myself," said Juliane. For example: "I had so much fun with the 'King of New York' tap number because of the spoons and cups we used for percussion. Not all of the kids could tap, but they could all play spoons. It's almost a food fight. That was fun!"

For preparing her for the choreographer role, Juliane credits her 15 months as dance captain and female swing in an award-winning Broadway musical.

"In a word, it's crazy," she says of being dance captain. "It's a huge job, and not one people know a lot about. It's one of the most challenging, but also one of the most rewarding roles."

"What that means is you're the only person behind the table with the creative team, who's also in the cast," she says. "The dance captain is in charge of putting new people in the show and rehearsing them. You have to make sure everyone is safe. Meanwhile, you're expected to

cover as swing for all the women—and a couple of men included. You have to know all the roles and be able to step in at a moment's notice. And all the while, you have to take notes to give guidance to the cast, and critique the show."

Often, a swing might perform halfway through the run of the show, or several months after the show opens. For Godfrey, due to a dancer's injury at the first studio run-through, her Broadway debut came the first time the show was performed before a paying audience.

So strenuous was the dancing that several months into the show's run, she was on stage as swing when a dancer was injured; while he was on his way to the hospital, she had to figure out how to replace him. "Another time, I performed six roles in eight days," she says. "For this show, there was tap, hip hop, roller skating, climbing giant ladder walls, swings—it was 21 people playing entirely different roles, like 21 clowns in 21 circuses." And she had to master every one.

Choreography, she has discovered, opens a whole different world. Working on Newsies, "I found a love of teaching I had forgotten about," she says. So much so that she has decided to move back to Fremont and replant her roots in StarStruck as dance teacher and choreographer.

"She is an exacting yet fun-loving and devoted, inspiring director," said Nancy, "and it is



deeply satisfying to see the kids I so enjoy working with loving and respecting her as well."

For Juliane's next chapter, she wants to be creator, teacher, and performer. "If I can have that trifecta, I'm happy."

Newsies Show Dates:
Friday, August 2, 7:30pm:
Family Discount Night
Saturday, August 3, 7:30pm
Sunday, August 4, 2:30pm

Tickets, \$25-32, and additional information are available online (<https://starstrucktheatre.org/>).

Special pricing on Fridays only; all seats, \$25. Discounts available for groups of 10 or more. Box office: (510) 659-1319.

Starstruck's Newsies
Fridays, Saturdays, &
Sundays, through Aug 4
Fri - Sat: 7:30 p.m.
Sun: 2:30 p.m.
Dublin Center for
Performing Arts
8151 Village Parkway, Dublin
(510) 659-1319
www.StarStruckTheatre.org



EVERYDAY HEROES 5K

SUBMITTED BY **TIBURCIO VASQUEZ HEALTH CENTER**

On Sunday, August 4, Tiburcio Vasquez Health Center, Inc. will put on their annual "Everyday Heroes 5k." Those eager to stretch their legs to support the health center can join in at Don Castro Regional Recreation Area in Castro Valley. This 5k course will take you down the trails, up and down some hills and around the lake. Be ready for an adventure and lots of different terrain! Registration starts at 6 a.m., and the race officially kicks off at 7 a.m.

Runners of all levels are encouraged to participate—fast or slow—what matters is how you finish the race. However, as the ground is uneven along the trail,

participants are advised against bringing strollers or wheeled mobility aids. Unfortunately, dogs are not permitted at the event.

Sponsors include Fremont Bank Foundation, Alameda Health Consortium, William G. Irwin Charity Foundation, Unitek College, and Sutter Health Eden Medical Center.

Online registration for this event will continue through August 1. Adults are \$40 and kids under 12 are \$15. Day-of registration will be available at the event starting from 6 a.m. There will be a \$5 parking fee, so carpooling is encouraged.

Bib pick up will be held Saturday August 3 (the day before) from 2 p.m. – 6 p.m. at Tiburcio Vasquez Health

Center located at 22331 Mission Blvd., Hayward. For more information call (510) 471-5907 (dial 0 for the receptionist). Those who are not able to pick up a bib in advance can still do so on the day of the race.

Everyday Heroes 5k
Sunday, Aug 4
6 a.m. arrive
7 a.m. race starts
Don Castro Regional Recreation Area
22400 Woodroe Ave., Hayward CA
racedirector@brazenracing.com
<https://brazenracing.com/heroes5k/>
\$5 parking fee

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19725 Michaels Court	94546	1000500	3	2086	1976	6/12/19
20889 Rutledge Road	94546	1115000	3	1985	1938	6/13/19
4504 Hillsborough Drive	94546	1130000	4	2916	1966	6/14/19
20675 Cypress RNCHx	94552	1850000	4	4800	1999	6/11/19

FREMONT TOTAL SALES: 40									
Highest \$: 1,540,000		Median \$: 910,000							
Lowest \$: 320,000		Average \$: 921,838							
ADDRESS	ZIP	SOLD	FOR	BDS	SQFT	BUILT	CLOSED		
37399 Sequoia Road	94536	320000	0	421	1986	6/11/19			
39224 Guardino Dr #115	94538	445000	1	693	1990	6/10/19			
38623 Cherry Ln #156	94536	485000	2	789	1974	6/13/19			
3358 Red Cedar Terr	94536	490000	2	750	1986	6/12/19			
118 Sycamore Street	94536	510000	2	471	1905	6/12/19			
38584 Mary Terrace	94538	585000	2	842	1986	6/13/19			
38592 Mary Terrace	94538	590000	2	842	1986	6/11/19			
3673 Kvistad Drive	94538	686000	3	1000	1955	6/13/19			
39103 Walnut Terrace	94536	715000	2	1270	1984	6/11/19			
40363 Fremont Blvd	94538	726000	3	950	1955	6/14/19			
32975 Lake Erie Street	94555	741000	2	960	1970	6/13/19			
46902 Fernald Comm	94539	800000	3	1209	1978	6/14/19			
4478 Stevenson Blvd	94538	850000	3	1668	1958	6/11/19			
40430 Robin Street	94538	855000	4	1321	1959	6/14/19			
43367 Sweetwood St	94538	855000	3	1056	1958	6/14/19			
39518 Dorrington Ct	94538	860000	3	1249	1963	6/11/19			
5072 Conde Court	94538	889000	3	1204	1962	6/10/19			
43141 Continental Dr	94538	900000	3	1126	1955	6/10/19			
4867 Calaveras Ave	94538	900000	3	1344	1959	6/12/19			
40343 Robin Street	94538	900000	4	1585	1959	6/12/19			
38153 Miller Place	94536	920000	2	1116	1973	6/12/19			
4502 Sloat Road	94538	925000	4	1329	1960	6/10/19			
40136 Dortha Court	94538	930000	3	1151	1959	6/12/19			
4795 El Rey Avenue	94536	952000	3	1136	1955	6/14/19			
4155 Vincente Street	94536	980000	3	1232	1967	6/13/19			
4461 Irvington Ave	94538	1025000	3	1504	2009	6/14/19			
4894 Porter Street	94538	1030000	4	1494	1968	6/10/19			
138 Action Court	94539	1080000	3	1000	1960	6/10/19			
3170 Mackenzie Place	94536	1090000	3	1579	1972	6/12/19			
4416 Cordova Place	94536	1118500	5	2326	1965	6/14/19			
5462 Borgia Road	94538	1120000	3	1534	1961	6/14/19			
38525 Athy Court	94536	1200000	3	1530	1964	6/13/19			
34808 Winchester Pl	94555	1201000	3	1588	1971	6/14/19			
340 Blake Avenue	94536	1205000	0	1871	1978	6/11/19			
36867 Dauphine Ave	94536	1230000	3	1680	1961	6/12/19			
4333 Bora Bora Ave	94538	1280000	4	1836	1962	6/10/19			
41348 Chapel Way	94538	1295000	4	1839	1959	6/14/19			
4327 Corrigan Drive	94536	1300000	4	1718	1960	6/12/19			
2816 Coleman Place	94555	1350000	5	2016	1969	6/11/19			
451 Merlot Drive	94539	1540000	3	1913	1985	6/14/19			

		HAYWARD		TOTAL SALES: 31			
		Highest \$: 950,000		Median \$: 680,000			
		Lowest \$: 340,000		Average \$: 694,516			
ADDRESS	ZIP	SOLD	FOR	BDS	SQFT	BUILT	CLOSED
27414 Susan Place #1	94544	340000	2	869	1980	6/14/19	
25930 Kay Avenue #201	94545	390000	1	982	1982	6/10/19	
1182 Inglewood Street	94544	570000	3	1081	1953	6/13/19	
25561 University Court	94542	575000	2	955	1948	6/10/19	
21431 Burr Way	94541	575000	3	1051	1950	6/14/19	
1309 Inglewood Street	94544	580000	3	1056	1952	6/11/19	
3047 Randall Way	94541	605000	3	1148	1956	6/11/19	
22345 Flagg Street	94541	620000	3	1349	1949	6/14/19	
24799 Joanne Street	94544	635000	3	1169	1950	6/13/19	
1185 Huron Lane	94545	638000	3	1272	1957	6/11/19	
26802 Lakewood Way	94544	640000	4	1501	1953	6/13/19	
18060 Melrose Avenue	94541	645000	3	1051	1951	6/11/19	
25046 Mohr Drive	94545	667000	3	1800	1994	6/12/19	
24769 Santa Clara Street	94544	675000	4	1375	1958	6/14/19	
24817 Kay Avenue	94545	679000	3	1164	1959	6/12/19	
389 Downen Place	94544	680000	3	1196	1957	6/10/19	
1340 Linfield Lane	94545	680000	4	1335	1956	6/13/19	
2821 Sparks Way	94541	685000	4	1831	1958	6/11/19	
2109 Thistle Court	94542	718000	3	1458	1997	6/11/19	
30508 Carroll Avenue	94544	734000	3	1404	1955	6/12/19	
2470 Hibiscus Drive	94545	750000	4	1852	1976	6/14/19	
27958 El Portal Drive	94542	755000	4	1980	1972	6/12/19	
24862 Eden Avenue	94545	770000	3	1532	1992	6/10/19	

1996 Catalpa Court	94545	780000	3	1661	1963	6/11/19			
28860 Rochelle Avenue	94544	830000	4	1866	1999	6/10/19			
1105 Central Boulevard	94542	839000	6	2501	1960	6/10/19			
3632 Seabreeze Court	94542	850000	3	1768	1973	6/14/19			
1625 Welford Circle	94544	865000	3	1871	2004	6/14/19			
22505 Ralston Place	94541	870000	0	1746	1979	6/11/19			
27001 Call Avenue	94542	940000	5	2808	2002	6/12/19			
513 Ethan Court	94544	950000	3	2426	1955	6/14/19			

MILPITAS TOTAL SALES: 13									
Highest \$: 1,630,000		Median \$: 990,000							
Lowest \$: 785,000		Average \$: 1,073,692							
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
678 Barcelona Loop	95035	990000	3	1860	2015	6/17/19			
174 Beaumere Way	95035	1630000	4	2412	1978	6/21/19			
293 Bixby Drive	95035	940000	4	1102	1960	6/20/19			
2150 Bliss Avenue	95035	1175500	4	1499	1971	6/18/19			
51 Cloud Walk	95035	930000	2	1353	2000	6/18/19			
1811 Fallen Leaf Drive	95035	899000	3	1215	1965	6/19/19			
392 Fir Tree Court	95035	785000	3	1215	1966	6/17/19			
832 Harmony Place	95035	955000	3	1404	2000	6/19/19			
1927 Journey Street	95035	928500	3	1709	2015	6/17/19			
1696 Lee Way	95035	1020000	3	1622	2013	6/19/19			
1888 Lee Way	95035	1070000	3	1945	2013	6/21/19			
36 Midwick Drive	95035	1535000	4	2097	1978	6/19/19			
1670 Mount Rainier Ave	95035	1100000	4	1451	1965	6/19/19			

		NEWARK		TOTAL SALES: 6			
		Highest \$: 1,175,000		Median \$: 661,750			
		Lowest \$: 434,000		Average \$: 737,083			
ADDRESS	ZIP	SOLD	FOR	BDS	SQFT	BUILT	CLOSED
36549 Cedar Boulevard	94560	434000	4	1728	1978	6/11/19	
36621 Beutke Avenue	94560	615000	3	1073	1959	6/12/19	
39907 Parada Street #B	94560	660000	2	1448	1984	6/10/19	
39925 Parada Street #A	94560	663500	2	1301	1984	6/12/19	
36297 Brighton Court	94560	875000	3	1460	1971	6/11/19	
8198 Pebble Beach Ave	94560	1175000	4	1953	1976	6/11/19	

Sandoe earns PhD

SUBMITTED BY
GENEVIEVE ANGELIDES

Fremont native Emma Sandoe has received her PhD in Health Policy, Political Analysis, from Harvard University in May, 2019. The Health Policy specialization is a collaborative program among six Harvard University faculties: Faculty of Arts and Sciences, Harvard Business School, Harvard Kennedy School, Harvard Law School, Harvard Medical School, and Harvard T.H. Chan School of Public Health.

Dr. Sandoe was a 2003 graduate of Washington High School, and received a BS and BA from the University of California, San Diego, in Biology and Political Science. She received her Master’s in Public Health from George Washington University and previously worked for the Department of Health and



Human Services in Washington DC before beginning the five-year doctoral program. Her dissertation was an analysis of health care policy (particularly Medicaid) and politics. She has accepted a position as the Director of Strategic Planning for the North Carolina State Medicaid program.

Emma is the daughter of Fremont residents Kristine and Jonathan Sandoe.

Local Student Spends Summer Conducting Research at UC Davis



SUBMITTED BY
STEVEN RAMSAY
PHOTO COURTESY OF UC
DAVIS & TJ USHING

While most high school students are lounging around the pool, playing video games, or maybe working at the nearest mall, Eric Ma is spending his off time doing research in protein crystallization at UC Davis.

A senior at Mission San Jose High School, Eric is among a select group of students attending the UC Davis Young Scholars Program this summer. The advanced science program, now over 50 years old and offered by the School of Education, introduces up to 40 high-achieving high school sophomores and juniors to the world of original research in the biological and natural sciences.

Participants work one-on-one with research faculty in state-of-the art laboratories for six weeks. Each student works on an individual project and prepares a professional-level research paper and presentation about his or her work.

“Students work under the direction of real-world researchers,” said Rick Pomeroy, program executive director and teacher educator (retired) in the School of Education at UC Davis. “In fact, these high school students are engaged in research that most college undergraduates don’t have an opportunity to do.”

Ma is investigating a class of bacterial enzymes called glycosyltransferases under Dr. Malathy Palayam in the Department of Chemistry. Glycosyltransferases are proteins useful in the synthesis of

drugs—but their miniscule size makes them a challenge to analyze. Ma says, “Obtaining structures of proteins at the atomic level cannot be done by just taking a picture or looking under a microscope. One way is a scientific instrument called the X-ray diffractometer, which shines X-ray beams on an object and records how they diffract. This information can then be used to solve for the structure of the molecule. Unfortunately, in order to use the machine, we need the proteins to be structured in a regular fashion, e.g. a protein crystal.”

By forming protein crystals from the glycosyltransferases, Ma hopes to better understand the structure of the enzyme. This can, in turn, aid researchers in creating more effective vaccines for diseases like bacterial meningitis. Ma explains, “The modern meningitis vaccine is made by extracting molecules from the bacteria itself, which can lead to a lot of variation between different vaccine samples.” Solving the structure of glycosyltransferase through crystallization can provide an alternative to this hit-or-miss sampling method.

Which all sounds like a lot for anyone to take on, let alone a high school student! Ma says, “Investigating a topic that is unknown to scientists all around the world is intimidating but also exhilarating because of how uncertain everything is.”

The program, which this year runs June 23 – August 3, immerses students in the entire college experience. During the first two weeks of the program, participants attend lectures focusing on recent developments

in biology and natural sciences in the mornings and conduct lab science every afternoon. During the last four weeks of the program, students work full time in their labs. Students live in campus dormitories and take field trips every weekend.

The course is challenging, but also rewarding for students who have a passion for the sciences. Ma says, “The day-to-day of lab work had a great deal of time devoted to reading papers which was confusing at first but later became enjoyable as the papers became less esoteric and I began to understand how everything fit together and the motivation behind what scientists were researching.”

To qualify for the program, students must have a strong academic record, have taken biology and two years of college preparatory mathematics, obtain recommendations from teachers, and write a personal essay. “All of the participants are highly qualified academically, take honors or advanced placement courses in high school and have high GPAs,” said Pomeroy. “Most importantly, though, they have all demonstrated a desire and ability to conduct original scientific research and have the potential to contribute significantly to the field.”

Eric says he already had plans to go into scientific research and work in academia, but his experiences at UC Davis confirmed that this was the right path. “I am not sure what field I want to pursue yet,” he says, “but that is only because all the scientific research areas are exciting!”

California’s Premiere Art, Wine & Music Festival

SUBMITTED BY
DENISE LAMOTT

The 36th annual “Fremont Festival of the Arts” returns to Downtown Fremont on August 3 & 4 from 10 a.m. – 6 p.m. This is the largest free street festival west of the Mississippi with activities and entertainment for all ages. Attendees can expect top-quality artisan booths, gourmet food trucks, booths benefiting the local non-profits and community, beer, wine and margaritas in branded glasses, and continuous live music on two stages. A festive combination of street performers includes face painters, henna tattoos, and balloon artists. The fabulous Kid City will amuse the youngest festival-goers with lively rides, games and shows.

The Fremont Festival of the Arts is produced by the Fremont Chamber of Commerce. More than 500 artist booths will showcase only handmade works crafted by talented artists from around the Bay Area. From

paintings and drawings, to jewelry and clothing, to household decorations and furnishing, every piece of beautiful art is a rare find, with many being one-of-a-kind pieces.

The Gourmet Marketplace will be selling ingredients and condiments such as unique rubs, spice blends and marinades, designer oils and vinegars, and flavorful chutneys and relishes. Foodies will also appreciate perusing the handmade pastas and jerkies, varietal honeys, seasoned and candied nuts, and wide variety of delectable desserts. Wine, beer and margaritas are \$6 with the purchase of a \$7 festival-branded glass. There will even be fun kids cups for slushies.

In addition, the festival will offer a variety of food for sale, including favorites such as funnel cakes and Philly Cheese Steaks. Food Trucks will be on hand selling the hottest street food. Many of the food booths are run by local non-profit organizations that use this opportunity as one of their major fundraising sources

each year. Over the past three decades, an estimated \$11 million has been raised at the Festival.

Don’t miss the Business Marketplace! Festivalgoers can benefit from special deals and promos, as well as some free prizes and giveaways. Businesses may include local gyms or health-care facilities, schools and newspapers, animal shelters, or home remodeling companies.

The Fremont Festival of the Arts will take place in Downtown Fremont on Paseo Padre Parkway and Walnut Avenue. Admission is free. For more information and an updated list of vendors and entertainment, visit the Festival website fremontfestival.net.

36th annual Fremont Festival of the Arts
Saturday, Aug 3 – Sunday, Aug 4
10 a.m. – 6 p.m.
Downtown Fremont
Paseo Padre Prkwy. & Walnut Ave.
(510) 795-2244
fremontfestival.net

Dine Greek and support community health programs

SUBMITTED BY TRI-CITY HEALTH CENTER

For more than 40 years TCHC has provided residents in Southern Alameda County with affordable, full-service healthcare. Their approach recognizes every person’s unique financial and cultural needs and focuses on helping people take control of their health.

On Wednesday, August 7, hungry Tri-City area diners are encouraged to satisfy their appetites by visiting Yalla Mediterranean restaurant specializing in Greek fare. And, when customers place their food orders and mention Tri-City Health Center (TCHC), 50% of the order will be donated to the center.

All orders must be placed directly with the restaurant during business hours and not through third-party services such as DoorDash or UberEats. The restaurant is located at 3141 Mowry Ave., Fremont.

Health center fundraiser
Wednesday, Aug 7
10:30 a.m. - 9:00 p.m.
Yalla Mediterranean
3141 Mowry Ave., Fremont
TCHC: (510) 770-8040
Yalla: (510) 284-3980
www.tri-cityhealth.org

Back-to-school shopping made easy

SUBMITTED BY
DYANNE GRIFFIN

Parents have a new tool in their back-to-school bag of tricks this year as all their school’s supply lists are now posted on TeacherLists.com. With just one or two clicks, parents can find their child’s exact supply list and then click right over to pre-filled shopping carts on Target, Walmart, Office Depot, Amazon, or Staples to buy their list and have the supplies shipped right to their home. Target, Walmart, Office Depot, and Staples also offer in-store pick up. The site includes lists for Fremont Kitayama Elementary, Union City New Horizons School, and

Fremont Prince Of Peace Lutheran School, among others. “For decades, the supply list process has been a frustration for parents,” said TeacherLists CEO Charles Field. “Where to find the lists? When are they available? Forgetting the list on the counter at home. Hunting the aisles for the specific items their teacher has requested. All those issues are solved with TeacherLists.” Lists for more than one million classrooms are live on the site and include required and requested items as well as specific notes and clarifications from teachers and school staff. For details, visit www.teacherlists.com/parents.



Adobo Festival

continued from
page 1

BY CHARLENE DIZON
PHOTOS BY JOEY CAMINS

The heat and adventure of summer often heightens our craving to explore new foods. The upcoming annual “Adobo Festival,” held Saturday, August 3 – Sunday, August 4, perfectly satisfies this summer appetite by providing authentic Filipino food for all to savor and enjoy.

Now in its 14th year, the Adobo Festival stemmed from Filipino founder and organizer Joey Camins, who was inspired by other food festivals he had attended. Amongst other popular Filipino foods such as lumpia and pancit, adobo is yet another favored savory dish. This Filipino staple consists of pork marinated in soy sauce, vinegar, garlic, and black peppercorns served with rice. Camins states, “There are so many festivals for all kinds of food, like the Asparagus Festival or the Garlic Festival. So, I thought to myself: ‘Why not create an Adobo Festival so that I can share my culture and food with everyone?’”

From this idea came the birth of the first Adobo Festival in 2006. Though at the time it was held in a parking lot, a whopping three hundred attendees arrived. Since then, the festival has greatly grown in its number of visitors, with recent fairs having as many as 6,000 attendees. The festival is held in a new location every year and has reached various cities, including Union City, Sacramento, and Stockton. With Milpitas as this year’s selected location, all East Bay residents are free to enjoy the Filipino food and fun activities offered. Hosting an Adobo Festival calls for providing diverse and delicious Filipino cuisine, as well as classic American favorites. Everything from adobo, halo-halo, ice cream, kettle corn, and more are served.

Camins also was set on creating a special symbol to represent the festival and its significance to Filipino culture. “When I went to other festivals, they had their symbols like flowers or statues. So, I decided to have a vinta created in honor of my hometown, Mindanao,” he states.

A vinta is a traditional boat with brightly colored sails originating from the Philippine island, Mindanao. The boat is historically associated with past Muslim tribes in the Philippines that traveled via vinta. “It took four months to assemble, but it was worth it,” Camins adds. “People love it and everyone who comes to the festival takes pictures with it.”

Those attending can not only taste adobo at the festival but cook it, as well. An Adobo Cook-Off Contest is held for amateur cooks 18 years of age and up who wish to enter their version of adobo. Roughly ten contestants must bring their own marinated meat and are given only thirty minutes to prepare their dish. Burners and butanes are provided to the contestants, along with Datu Puti Vinegar and soy sauce. Prizes range from \$50 to \$200. “This is one of the most fun parts of the festival because you get to see how each person makes their adobo and how it can be different,” Camins states. Each dish is judged based on flavor, originality, and presentation. The contest is sure to keep both cooks and attendees in anticipation.

Yet another highlight of the festival is musical entertainment. Not only is the music live, but non-stop as well. Live performances from several talented, up-and-coming Filipino artists and groups are held for attendees to listen to and applaud. Camins states, “I’ve always loved listening to music at other festivals I’ve

attended because music brings people together. It’s important to me to have non-stop entertainment so that we can highlight lots of Filipino talent.” Performances include both singing and cultural dances. For younger children who wish to join, a Kiddie Popstar Contest is held for ages four through ten. The exception of the “no intermissions” rule are the raffles. “We’ve given winners prizes like airline tickets to the Philippines. The raffles make people want to stay,” Camins adds. With both prizes and cultural performances to enjoy, attendees are sure to feel captivated by all that the Filipino-American community has to offer.

The Adobo Festival remains as a primary positive symbol highlighting the warm and welcoming Filipino-American community. “What amazes me is that not only Filipinos come but other backgrounds, as well,” says Camins. “I feel really happy and content to see our culture being appreciated by others and I’m glad that it encourages the communities we visit to see what Filipino culture is all about.”

Adobo Festival
Saturday, Aug 3 - Sunday, Aug 4
11 a.m. - 7 p.m.
101 N Main St near Windsor Dr.,
Milpitas
650-290-0542
www.adobofestivalusa.com

continued from page 1

Swiss National Day

Food will be provided by Lugano Swiss Bistro, a traditional restaurant that serves a mix of Swiss, German and French cuisine in Carmel, CA.

The day’s program of events includes a speech from Consul General Thomas Schneider, Ticino and accordion music, Flag Parade, Swiss Echoes Choir, Swiss Kids Choir, and Bernese Mountain Dogs. Boy’s and girl’s schwingen, and kids jump house are some of the activities aimed at kids. For those interested in traditional garb, there will also be a tracht fashion show.

This year’s raffle is giving out two awesome travel prizes: two first class Swiss travel passes, and a grand prize of a two-night stay at Hotel Castell in Zuoz, Switzerland! (Raffle tickets can be purchased at the gate, and attendees must be present to win.)

Shopping vendors at the festival offer traditional snacks and art pieces; stop by Swiss Delices Bakery, Judy’s Bauernmalerei and Folk Art Creations, A Touch of Switzerland, Swiss Tombola, and Ronald Martella Farms/Grower Direct Nut Company.

There will also be ample time to learn about Swiss culture with exhibits such as Swiss Heritage Booth, Switzerland at Pier 17, Switzerland Tourism & Swiss Business Hub, Trade Winds Aviation, Swiss American Chamber of Commerce, San Francisco Zurich Sister City Committee, and German International School of Silicon Valley.

Tickets can be ordered online at www.unitedswissnorcal.org and can be

picked up the day of the event at the will call counter (for tickets ordered by August 1) or at the ticket sale counter (tickets ordered August 2 or later, bring a print out of your online confirmation).

General Admission (ages 17+) \$12.00
Roasted Chicken \$22.00
Bratwurst Lunch \$22.00
Vegetable Spatzle \$18.00
Food available for purchase on site:

bratwurst with bread, hot dogs, soft pretzels, baked goods by Swiss Delices Bakery, and drinks and bites from the snack bar.

No outside food, alcohol or pets may be brought into Swiss Park.

Swiss National Day
Saturday, Aug 3
11 a.m. – 5 p.m.
Swiss Park
5911 Mowry Ave., Newark
(415) 462-4513
www.unitedswissnorcal.org



Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

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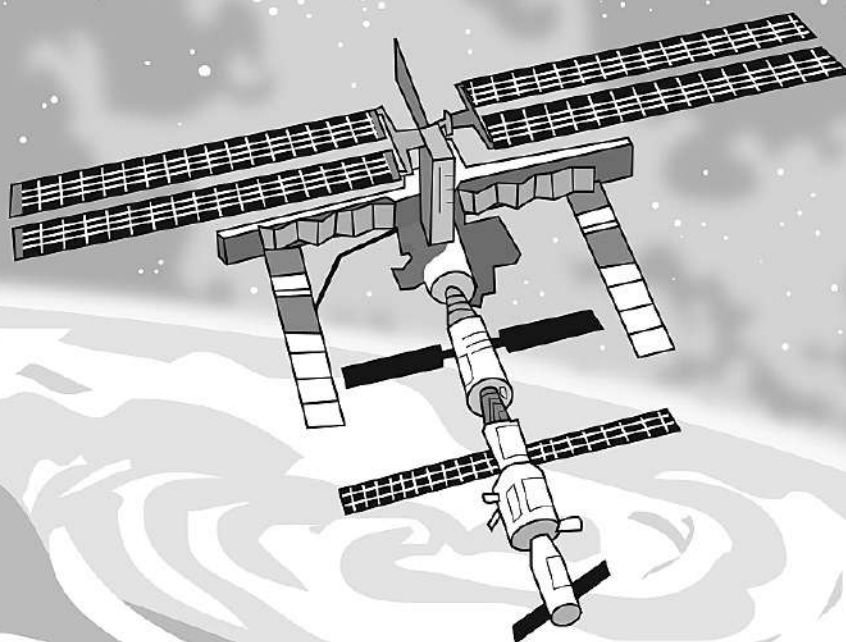
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Living in Space: International Space Station

WHO In 1984, the United States invited countries around the world to build an international space station. Now, with the participation of 18 countries, it has truly become a global cooperation project.

The flags below represent the 18 countries participating in the International Space Station project. Unscramble the letters to discover the name of each country.

 SIRUAS	 YITLA
 DACNAA	 ASPIN
 PANAJ	 DANSHERNETL
 ZIBLAR	 DEWSNE
 GUBLIME	 OTSUH AKREO
 MADRENK	 ZKSAKAAHTNS
 RAFENC	 SUTHO FIACAR
 ERNYMAG	 TIEDNU GIDKNMO
 LSAMIAYA	 DETNUI TESTSA



WHAT When completed in 2010, the ISS was longer than an American football field, has a living and working space the size of a 747 jumbo-jet, and is able to house up to seven astronauts.

How does it get electricity? Hold this sentence up to a mirror:

!02102 202102 202102 202102 202102 202102

Standards Link: Spelling: Spell grade-level appropriate words correctly. Economics: Students understand the effect that increasing international interdependence may have on countries.

WHEN When did the United States invite other countries to join in the building of the ISS?

When was it completed?

The answers can be found on this page.

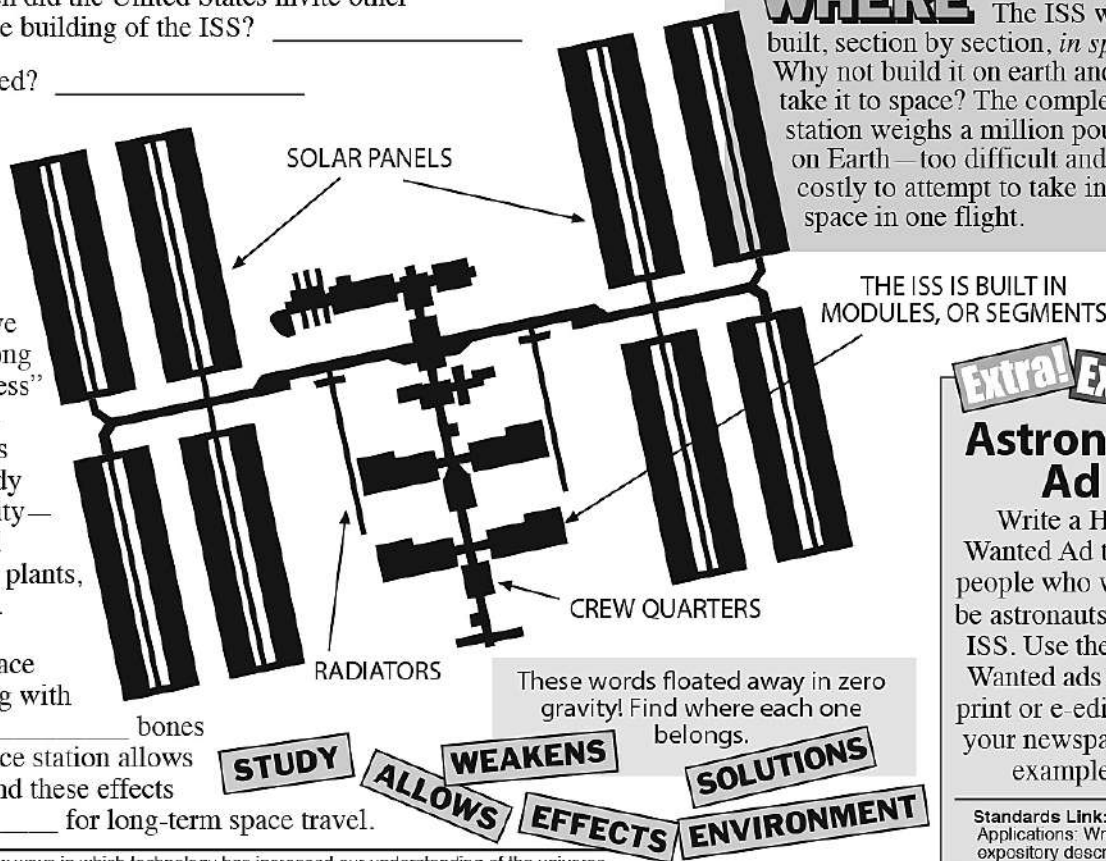
WHY

The space station _____ humans to live and _____ for long periods in a "weightless" _____. The space station provides an opportunity to study a world without gravity—and better understand gravity's _____ on plants, animals, and humans.

Lessons from past space travel show that living with little or no gravity _____ bones and muscles. The space station allows scientists to understand these effects and find _____ for long-term space travel.

Standards Link: Science: Know ways in which technology has increased our understanding of the universe.

WHERE The ISS was built, section by section, *in space*. Why not build it on earth and then take it to space? The completed station weighs a million pounds on Earth—too difficult and costly to attempt to take into space in one flight.



Extra! Extra! Astronaut Ad

Write a Help Wanted Ad to find people who want to be astronauts on the ISS. Use the Help Wanted ads in the print or e-edition of your newspaper as examples.

Standards Link: Writing Applications: Write brief expository descriptions.

Kid Scoop Together Book Scoop

Use the Kid Scoop Secret Decoder Ring to discover the name of this book by Susan E. Goodman, illustrated by Michael Slack, which is available at the library.



Want to blast into orbit? Walk on the moon? Snag a personal photo of a shooting star? Well your time is coming! And when it does, you're going to need this book. Grounded in the history of space travel and the planned future of space tourism, this guide book will start you daydreaming about space vacations!

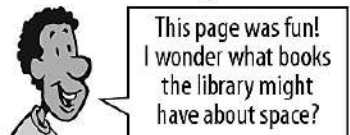
To discover the name of this book, find the letter on the outer ring, then replace it with the letter below it on the inner ring.

C H I W H

N H M Y M G L

B F K L P O T

What a Character! Curiosity is ...



... wondering about and exploring our world and beyond.

Kid Scoop-doku

Complete the grid by using all the letters in the word SPACE in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

		S		
S	P	A	C	E
			S	
C				

Kid Scoop Puzzler

Space Milestones

In which year did each of these events happen? Do the math to find out!

Astronaut Neil Armstrong walks on the moon.

$$\begin{array}{r} 19 \\ \times 3 \\ \hline \end{array} + 6$$

U.S. sends four monkeys into the stratosphere.

$$\begin{array}{r} 19 \\ \times 2 \\ \hline \end{array} + 1$$

U.S.S.R. launches Sputnik 1 satellite into space.

$$\begin{array}{r} 19 \\ \times 2 \\ \hline \end{array} + 7$$

John Glenn becomes first American to orbit the earth.

$$\begin{array}{r} 19 \\ \times 4 \\ \hline \end{array} + 2$$

Standards Link: Number Sense: Use multiplication and addition to solve problems.

Double Double Word Search

ASTRONAUTS
SPACE
STATION
GRAVITY
GLOBAL
INVITE
SOLAR
WEAKENS
WEIGH
FLAGS
LONG
EARTH
NEIL
JET

Find the words in the puzzle. How many of them can you find on this page?

S	H	S	N	E	I	L	G	P	A
W	T	I	O	L	C	R	C	E	S
E	R	N	I	L	A	A	N	T	G
A	A	V	O	V	A	B	P	L	A
K	E	I	I	I	E	R	O	S	L
E	R	T	J	K	T	N	N	L	F
N	Y	E	A	I	G	A	T	I	G
S	T	U	A	N	O	R	T	S	A
O	N	A	H	G	I	E	W	S	L

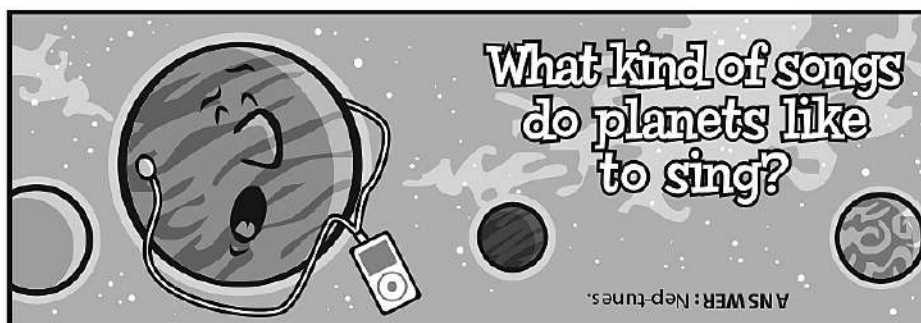
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Average Age

Find 10 ages mentioned in the news. (For example: *Senator Smith, age 54*) Add them. Find the average age by dividing the total by 10. **Challenge:** Find the **mean** and the **mode**.

Standards Link: Data Analysis: Find the average, mean and mode.



Write On! Explorer's Journal

Pretend you are exploring a country you have never visited. Where would you go? Write a journal entry.



Join police staff along with community organizations, neighborhood groups and city leaders in celebrating “National Night Out” on Tuesday, August 6.

National Night Out is sponsored by the National Association of Town Watch (NATW) and now involves over 38.6 million people and 16,790 communities from all 50 states, US territories, Canadian cities and military bases around the world. It was created to: (1) Heighten crime and drug prevention awareness; (2) Generate support for, and encourage people to participate in, local anti-crime efforts; (3) Strengthen neighborhood spirit and police/community partnerships; and (4) Send a message to criminals letting them know neighborhoods are organized and fighting back.

The typical way to participate in National Night Out is to organize or attend a block or neighborhood party. Many will organize barbecues or ice cream socials where neighbors share good food, laughter and updates on what is happening in the neighborhood. National Night Out

provides the opportunity for neighbors to get to know each other a little better and sends a strong message to criminals that our community will look out for each other by reporting suspicious activity. Throughout the night, city staff will make visits to the registered parties where they will share information, network and answer questions that community members may have.

Learn how to celebrate National Night Out by visiting the National Association of Town Watch online at www.natw.org. For local information about National Night Out opportunities, contact:

Fremont

7 p.m. – 9 p.m.

For questions about National Night Out in Fremont, please call the Fremont Police Department’s Community Engagement Unit at 510-790-6740. Or follow #StaySafeFREMONT.

<https://www.fremontpolice.org/index.aspx?nid=304>

Hayward

7 p.m. – 10 p.m.

For more information contact Crime Prevention Specialists: Mary Fabian at Mary.Fabian@hayward-ca.gov (510) 293-1043 or Gale Bleth at gale.bleth@hayward-ca.gov (510) 293-7151

<https://www.hayward-ca.gov/discover/events/2019-national-night-out>

Milpitas

Contact Officer Kita Inthasack at (408) 586-2526 or kinthasack@ci.milpitas.ca.gov



Newark

6 p.m. – 9 p.m.

Newark’s police, fire, CERT, RAVEN volunteers, and ham radio operators will be at National Night Out. Contact Community Engagement, Jada Chiu at jada.chiu@newark.org or by phone at (510) 578-4929 with questions or for information on making your event successful and fun.

<http://www.newark.org/departments/police/get-involved-community-engagement/national-night-out>

San Leandro

5:30 p.m. – 8:00 p.m.

Contact the San Leandro Police Department Crime Prevention Unit @ 510-577-3228 or crimeprevention@sanleandro.org. <https://www.sanleandro.org/depts/pd/programs/nno.asp>

Union City

5:30 p.m. – 7:00 p.m.

Union City Police Department, Alameda County Fire Department personnel, and City officials will be visiting the four block parties taking place around the city. Each location will have activities, music, food, and entertainment.

UCPD National Night Out event locations:

- Accinelli Park – 33104 Navarro Dr.
- Kennedy Park – 1333 Decoto Rd.
- Veterans Memorial Park – 4525 Dyer St.
- Town Estates Park – End of Douglas St.

<https://www.facebook.com/events/3390285417664438/>

EARTHTALK

Dear EarthTalk:
I was never keen on tent camping but I hear that the new “glamping” trend takes some of the discomfort out of spending the night in nature. Where are some “glamping” hotspots across the United States?

— JON RUBINSTEIN, ALBANY, NEW YORK

While traditional campgrounds are great, they don’t always feel like an escape to nature, especially given the dog-eat-dog aspect of scoring a site and the fact that you’ll be living right next to your neighbors. And while the price may be right — you can score a tent site in most state parks for less than \$30 per night — maybe you’d be willing to pay more for privacy and some creature comforts? If you’re one of the millions of Americans yearning for more outdoors time but don’t want to deal with campgrounds, “glamping” (short for “glamorous camping”) might be just your speed.

Indeed, glamping is one of the hottest trends in the hospitality sector these days and several travel start-ups have risen to this challenge. To wit, Roam Beyond tows eco-friendly, solar-powered, off-grid camping trailers (made in the USA by sister company Homegrown Trailers) onto various sites in or near different iconic natural areas around the West. Their first two sites are in Washington State (on the Pacific coast and in the Cascade foothills)



Glampers staying at Roam Beyond’s Kalaloch site on Washington’s Olympic Peninsula can spend the night listening to the sounds of the pounding surf and chirping birdsong in an eco-friendly, solar-powered camping trailer. Credit: Homegrown Trailers

but the company has new sites in the works at Yellowstone, Joshua Tree, Sedona, Moab, Zion and the Grand Canyon.

Meanwhile, California-based AutoCamp offers guests the opportunity to spend the night in a tricked-out customized Airstream camping trailer in Yosemite, Sonoma or Santa Barbara. While AutoCamp originally sourced and rehabbed older trailers, now it works in partnership with Airstream in the production of hundreds of new customized ones. The company recently raised \$115 million in venture capital to expand to several new locations in California and on the East Coast.

New York City isn’t the first place that comes to mind when you think glamping, but Collective Retreats is trying to change all of that with its new platform-tent resort

there on Governors Island. Yes, you’ll be sleeping in a tent, but inside you’ll have all the amenities you’d expect at a five-star hotel, including plush beds with high thread count linens, bathrooms with luxury amenities, and chef-prepared “farm-to-table” meals. You can also indulge in the Collective Retreats experience at their other properties in Upstate New York’s Hudson Valley on a working organic farm as well as in the Texas Hill Country and at Yellowstone and Vail.

Yet another option is Under Canvas, which operates safari-style canvas tent resorts in eight locations across the country including the Grand Canyon, Yellowstone, Moab, Glacier, Zion, Mt. Rushmore, Tucson and the Great Smokies. You’ll hardly be roughing it in one of Under Canvas’s tents given the en-suite bathrooms, king size beds, daily

housekeeping and wood-burning stoves.

Of course, these start-ups didn’t invent glamping, and there are still many ways to glamp at one-off resorts and sites across the country. In fact, a quick search for glamping spots in the United States on GlampingHub.com turns up 20,000 listings. And many state parks and private campgrounds are devoting more space to yurts, tipis and even overnight lodging made out of refurbished shipping containers.

— Roddy Scheer and Doug Moss

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

LETTER TO THE EDITOR

Rodeos: a response to PETA

I am writing in response to a letter about the Rowell Ranch Rodeo in Tri-City Voice that appeared July 9, 2019. At one time, there was little in this area but farms and ranches. PETA (People for the

Ethical Treatment of Animals) advocates who disapprove of rodeos should mind their own business.

My father used to farm with draft horses; he needed them to do his work and make a living. I guess, according to PETA, he was abusing them. I used to have a shuttle horse and still ride to this day. Farm animals were raised as food to eat. That’s the way it was when I was growing up.

My brother-in-law ran a big cattle ranch in Fremont and part of the job was to move cattle from one area to another. Those of us who worked with cattle and other farm animals understand rodeos. Others who have not

seen or experienced this have little idea of what they are talking about.

I like rodeos and appreciate the skill of those involved.

**Leonard Rose
Fremont**

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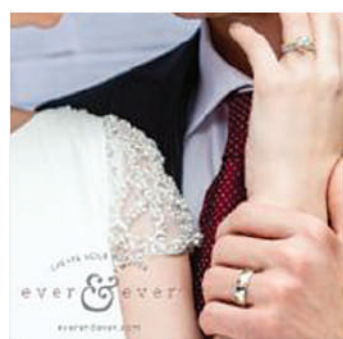
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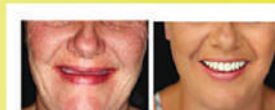
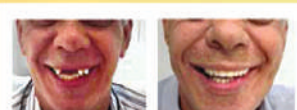
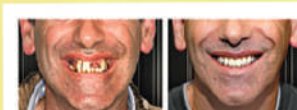


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Saturday, August 10th - Vintage Plus Band
Friday, August 16th - The Mirage Band
Saturday, August 17th - Vintage Plus Band
Friday, August 23rd - Level Set
Saturday, August 24th - Vintage Plus Band
Friday, August 30th - DJ David
Saturday, August 31st - Vintage Plus Band

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WWW.SACBC.ORG/Bingo for more information.

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 32975 Alvarado Niles Rd, Union City t: 510-471-2581


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Regular train schedule and details at **NCRY.org**
 or Facebook. Information (510) 996-8420

BINGO**Fraternal Order Of Eagles 1139****Thursday is - BINGO**

**Doors open 4pm
 Games Start 6:30pm**

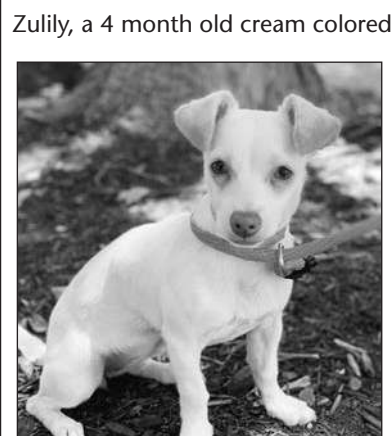
More Info: 510 676-3314**21406 Foothill Blvd., Hayward**

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 tricityvoice@aol.com**

I need a Forever Home

Millie, a sweet 4 month old Cairn Chi mix, loves people and receiving attention. Timid at first, she rolls over and waits quietly until you tell her it's OK, then she quickly blossoms. Apparently food was scarce when Millie and her siblings Miles, Malfoy, were living on the mean streets, so sometimes she doesn't want to share her treats. She does well with other dogs and may be OK with young kids. Millie at the Hayward Animal Shelter.



Zulily, a 4 month old cream colored Cairn Chi mix, plays well with dogs and humans. She's ready to explore the world with you! Sometimes things startle her, but with someone by her side her confidence continues to build. She was found abandoned in an industrial area of Hayward along with with siblings Malfoy, Miles and Millie. She shares her toys and treats with others and may be OK with young kids. Meet Zulily at the Hayward Animal Shelter.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!**Hayward Animal Shelter**

www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson)
Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
 R= Reservations Required
 Schedules are subject to change.
 Call to confirm activities shown in these listings.

**CONTINUING
EVENTS****Monday - Friday, May 3 - Aug 2****Conversation, 7+1 Collective**

9 a.m. - 5 p.m.
Paintings, sculptures, collages from eight female artists
 John O'Lague Galleria
 777 B St., Hayward
 (510) 538-2787
 www.haywardartscouncil.org

Mondays, May 14 - Dec 30**English Conversation Group**

1 p.m. - 2 p.m.
Practice spoken English in a friendly environment
 Union City Branch Library
 34007 Alvarado Niles Rd.,
 Union City
 (510) 745-1464

Fridays, May 17 - Oct 25**Fremont Street Eats**

5 p.m. - 10 p.m.
Food trucks, beer, wine, music
 Town Fair Plaza
 39100 State St., Fremont
 fremontstreeteats.com

1st & 3rd Tuesdays, May 21 - Aug 20**Castro Valley Street Eats**

5 p.m. - 8 p.m.
Food trucks, activities
 Adobe Art Center
 20395 San Miguel Ave.,
 Castro Valley
 (510) 881-6735

Saturdays, May 25 - Aug 31**Campfire Program**

8 p.m. - 9 p.m.
Games, songs and stories around the campfire
 Anthony Chabot Campground and Park
 9999 Redwood Rd., Castro Valley
 (510) 690-6677
 (510) 544-3187
 www.ebparks.org

Tuesdays, May 28 - Aug 27**Practice Your Spoken English R**

4 p.m. - 5 p.m.
For intermediate and up English learners
 Fremont Main Library
 Fukaya Room A
 2400 Stevenson Blvd., Fremont
 (510) 574-2063
 www.aclibrary.org

Monday - Thursday, Jun 17 - Aug 8**Mr. Hirsch's Tie Collection**

9 a.m. - 2 p.m.
Eclectic tie collection
 Ohlone College Newark Campus
 39399 Cherry St., Newark
 (510) 742-2300
 www.ohlone.edu/library

Mondays & Wednesdays, Jun 17 - Aug 8**Beginning Technology Skills R**

1:00 p.m. - 4:20 p.m.
Free noncredit course on Microsoft Office
 Ohlone College Newark Campus
 39399 Cherry St., Newark
 (510) 742-2300
 www.ohlone.edu/noncredit

Thursdays, Jun 20 - Sep 19**Fatherhood Class**

6:30 p.m. - 8:30 p.m.
Relationship, parenting, management, job search skills
 Fremont Family Resource Center,
 Pacific Room #H800
 39155 Liberty St. (at Capitol),
 Fremont
 (888) 308-1767
 www.r3academy.org/fremont

Wednesdays, Jun 26 - Aug 14**Chess Club**

3 p.m. - 4 p.m.
Chess classes for kids going into grades 2-6
 Irvington Library
 41825 Greenpark Dr., Fremont
 (510) 795-2626
 www.aclibrary.org

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Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market Saturdays

10 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market Saturdays

9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center Saturdays

9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro Wednesdays

4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot Sundays

8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

Fridays, Jun 28 - Aug 30

Teach Seniors Technology
3:30 p.m. - 4:30 p.m.
Computer/cell phone questions answered
Milpitas Senior Center
40 North Milpitas Blvd., Milpitas
(408) 586-3400

Fridays, Jun 28 - Aug 30

GO the Game Club
3:30 p.m. - 5:45 p.m.
Learn to play this ancient game of strategy
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Saturdays, Jun 29 - Aug 31

Zumba Kids
2:30 p.m. - 3:30 p.m.
Dances, games. Wear comfy shoes and clothes
New Hope Community Church
2190 Peralta Blvd., Fremont
(510) 739-0430

Monday - Saturday, Jul 1 - Jul 31

Local Color
10:30 a.m.- 4:00 p.m.
Pastel and oil landscape paintings by Mary K. Stahl
Portola Art Gallery-Allied Arts Guild
75 Arbor Rd., Menlo Park
(650) 321-0220
www.portolaartgallery.com

Mondays, Jul 1 - Aug 12

Teen Summer DIY
4 p.m. - 6 p.m.
Join teen librarians for creative fun
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesdays & Thursdays, Jul 2 - Aug 1

Summer Track Meets
5:30 p.m. - 7:00 p.m.
Tuesdays: ages 11 and under. Thursdays: ages 12 and up
Chabot College Track
25555 Hesperian Blvd., Hayward
(510) 723-6600

Saturday - Sunday, Jul 6 - Aug 31

Nature Crafts
10 a.m. – 12 noon
Discover the natural world through your artistic side
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturday - Sunday, Jul 6 - Aug 31

Wild Wonders
2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sundays, Jul 7 - Aug 25

Animal Feeding Time
10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday - Friday, Jul 15 - Aug 23

A Visual Journey
Mon - Thurs: 8 a.m. - 6 p.m. Fri: 8 a.m. - 5 p.m.
Artwork by Vinay Kumar Verma and Neel Kamal Verma
Phantom Art Gallery at Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3409
http://www.ci.milpitas.ca.gov/milpitas/departments/recreation-services/cultural-arts-theater/phantom-art-gallery/

Friday - Sunday, Jul 19 - Aug 11

Born Yesterday \$
Fri - Sat: 8 p.m. Sun: 6 p.m.
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Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

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Sunday 9 - 8

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corner of Grand and Winton

386 Winton Ave. Hayward

Any Breakfast
with meat & Coffee
\$9.99+tax
Mon-Sat
10am-12pm

Friday - Sunday, Jul 20 - Aug 4

Newsies, The Broadway Musical \$

Fri - Sat: 7:30 p.m. Sun: 2:30 p.m.
Tony-award winning Disney musical.
Produced by Star Struck Theatre
Dublin Center for Performing Arts
8151 Village Pkwy., Dublin
(510) 659-1319
www.StarStruckTheatre.org

Monday - Friday, Jul 30 - Sep 13

Celebrating Wildlife: The Animals of Sulphur Creek

9 a.m. - 5 p.m.
Photos of local wildlife
PhotoCentral
1099 E St., Hayward
(510) 881-6721
info@photocentral.org

Fridays, Aug 2 - Aug 23

Summer Family Storytime and Craft

1:30 p.m. - 2:15 p.m.
Fun with stories and crafts. Ages 3-5
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Thursday - Sunday, Aug 9 - Sep 21

Annual Textile Exhibit
12 noon - 5 p.m.
Traditional and contemporary artists
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Saturday nights

8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

THIS WEEK

Wednesday, Jul 31

Women's Health Series: Breast Cancer Awareness

6:30 p.m. - 7:30 p.m.
Reduce risk, recommendations for screenings
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 670-6283
www.aclibrary.com

Thursday, Aug 1

Women's Health Series: Improving Your Sleep

6:30 p.m. - 7:40 p.m.
How to fall asleep quicker and sleep more soundly
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Thursday, Aug 1

Tenants Educational Seminar

6:00 p.m. - 7:30 p.m.
New rent stabilization and tenant protection ordinance
Hayward City Hall, Rm 2A
777 B St., Hayward
(510) 208-0410
evelyn.olivera@hayward-ca.gov

Thursday, Aug 1

Summer Concert Series

6 p.m. - 8 p.m.
Rachel Steele: Country music
Lake Elizabeth Central Park
1100 Stevenson Blvd., Fremont
(510) 793-5683
www.fremont.gov/concerts

Thursday, Aug 1

Community Meeting

6 p.m.
AC Transit seeks feedback on bus service improvements
Hayward City Hall
777 B St., Hayward
(510) 208-0410
actransit.org

Friday, Aug 2

Once Upon a Summer at Kennedy Park

12 noon - 3 p.m.
Youth carnival with snacks and water games
Kennedy Community Center
1333 Decoto Rd., Union City
(510) 675-5488
www.unioncity.org

Friday, Aug 2

Movie Night Out

8:30 p.m.
How to Train Your Dragon 3
Pinewood Park
298 Lonetree Ct., Milpitas
(408) 586-2786



FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments

Drivers For Survivors provides this **FREE** service to ambulatory cancer patients living in **Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Castro Valley, Ashland and Cherryland** going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?
We can drive you for FREE!

Do you have occasional extra hours? We always need more **volunteer-companion drivers...let's talk!**

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For more info, please call **(510) 896-8056** or email

ProgramCoordinator@DriversForSurvivors.org

www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services



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Fri & Sat. 11am -11pm

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Expires 9/30/19

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org/book- mobile Times & Stops subject to change	Tuesday 4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT
Tuesday 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT	Wednesday 1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO 2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT
Wednesday 12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT	Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060
Thursday 11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD	Wednesday 1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS
Monday 1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT	

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Alameda County
LIBRARY

For more information call
The Alameda County Library
Education and Literacy Services
510-745-1480
www.aclibrary.org

Park It

BY NED MACKAY

Summer is a perfect time for stargazing, with milder evening temperatures while constellations, planets, galaxies, and nebulae parade across the evening sky. There’s a great opportunity for summer astronomy in a free program from 8:30 p.m. to 10:00 p.m. Saturday, August 3 at the Arroyo Road Staging Area of Del Valle Regional Park. The Tri-Valley Stargazers club will be there with telescopes to enhance the viewing. Bring flashlights and dress in layers. The Arroyo Staging Area is at the end of Arroyo Road, which is the extension of South L Street in downtown Livermore. For information, call (510) 544-3249.

If you’re more of a morning person, consider joining a naturalist from 9:00 a.m. to 11:30 a.m. Wednesday, August 7 for an easy, 2.8-mile walk at Shadow Cliffs Regional Recreation Area in Pleasanton. This is one of the hikes on the 2019 Trails Challenge list, and it’s not too late to take up the challenge. The walk will highlight the cultural and natural history of the area.

Shadow Cliffs is on Stanley Boulevard just east of downtown Pleasanton. There’s a parking fee of \$5 per vehicle. For information on the free walk, call (510) 544-3249.

Ohlone people and their culture are the focus of a free program from 1:30 p.m. to

3:00 p.m. on Sunday, August 4 at Coyote Hills Regional Park in Fremont. Staff will talk about the Ohlones’ intimate relationship with nature, family, and their ancestors. The program is for ages 8 and older. Meet at the visitor center (not at the reconstructed village site).

Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway. There’s a parking fee of \$5 per vehicle. For more information, call (510) 544-3220.

It’s Family Nature Fun Time from 2:00 p.m. to 3:00 p.m. every Saturday and Sunday at Crab Cove Visitor Center in Alameda. There are family-friendly activities for all ages, and a new adventure each week. After that, the fish in the center’s large aquarium get fed from 3:00 p.m. to 3:30 p.m.

Crab Cove is at the end of McKay Avenue, off Alameda’s Central Avenue. For information, call (510) 544-3187.

Tule reeds were used by the Ohlone for many purposes, including boat construction. You can make your own miniature tule boat from 1:00 p.m. to 2:00 p.m. Saturday, August 3 at the Environmental Education Center in Tilden Nature Area near Berkeley. Naturalist “Trail Gail” Broesder will lead the session, which includes a walk to a local pond to see if the boats will float.

The center is at the north end of Tilden’s Central Park Drive. For information, call (510) 544-2233.

How about helping with a bat census? There are bat colonies in the former mining tunnels at Black Diamond Mines Regional Preserve in Antioch. You can stay after normal park hours to help staff monitor colonies as they emerge into the night sky.

The program, for ages 7 and older, requires walking uphill on terrain transitioning from asphalt to steep uneven sandstone. Three sessions are scheduled from 7:00 p.m. to 9:45 p.m. Saturdays August 3, August 24 and August 31. There’s no fee, but registration is required. To register, call (888) 327-2757 and select option 2; for August 3, refer to program 25787, for August 24 refer to 25793, and for August 31 refer to 25795.

Black Diamond Mines is at the end of Somersville Road, 3½ miles south of Highway 4. There’s a parking fee of \$5 per vehicle when the kiosk is attended.

Water as a liquid, solid, and gas is the topic of a get-your-hands-wet program from 12:30 to 2:00 p.m. Saturday, August 3 at Big Break Regional Shoreline in Oakley. American white pelicans are the subject of another program, from 2:00 p.m. to 3:00 p.m. Sunday, August 4.

Big Break is at 69 Big Break Road, off Oakley’s Main Street. For information, call (888) 327-2757, ext. 3050.

All summer long, the East Bay Regional Parks are your go-to locations for lots of fun. For information visit, www.ebparks.org.

Friday, Aug 2
Music at the Grove: "Lyn I's"
6:30 p.m.
Tribute to the Eagles
Shirley Sisk Grove
Cedar Blvd. at New Park Mall,
Newark
(510) 578-4000
www.newark.org

Friday, Aug 2
Hot Summer Dinner and Dance \$
5:30 p.m. - 10:00 p.m.
Hawaiian Luau, food, live music, dancing
Hayward Area Senior Center
22325 North Third St., Hayward
(510) 881-6766
www.haywardrec.org

Friday, Aug 2
Eden Area Village Member Forum & Outreach
2 p.m.
Meet members, learn how Eden area seniors are being helped
Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.edenareavillage.org

Saturday, August 3
Stuff the Bus
8:30 a.m. – 6:30 p.m.
Shop at Walmart to donate school supplies
Walmart, 44009 Osgood Rd.,
Fremont
Walmart, 40850 Albrae St., Fremont
(510) 793-6319
Lily.MacCallum@usw.salvation-army.org

Saturday, Aug 3
Classic Film Night \$
7:30 p.m.
“Webs of Steel,” “Easy Payments,” “Don’t Get Jealous”
Niles Essanay Theater
37417 Niles Blvd., Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Aug 3
Nature Walk for Health
10:30 a.m. - 11:30 a.m.
1.3-mile guided nature walk. Meet at Visitor Center
SF Bay Wildlife Refuge - Don
Edwards
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Aug 3 - Sunday, Aug 4
Festival of the Arts
10 a.m. - 6 p.m.
Artwork, entertainment, food and music
Downtown Fremont
Paseo Padre Pkwy. & Walnut Ave.
www.fremontfestival.net

Saturday, Aug 3
Fremont Saturday Market
2 p.m. - 8 p.m.
Local artists, vendors, food trucks, craft beer, entertainment
Town Fair Plaza
39100 State St.
www.townfairplaza.com

Saturday, Aug 3
Outdoor Movie Night: Wreck It Ralph: Ralph Breaks the Internet
6:30 p.m.
Jump houses, games, community fair, food trucks. Movie starts at sunset
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620

Saturday, Aug 3
Summer Book Sale
10 a.m. - 3 p.m.
Books, CD's, DVD's
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464
(510) 378-6376

Saturday, Aug 3
Open House
1 p.m. - 5 p.m.
Visit museum and see fossils. Sessions on electricity and planetarium
Children's Natural History Museum
4074 Eggers Dr., Fremont
(510) 790-6284
msn@msnucleus.org

Saturday, Aug 3 - Sunday, Aug 4
Wake Up the Farm
10:30 a.m. - 11:00 a.m.
Help prepare a snack for sheep and goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 3
What's the Buzz About Bees
11:30 a.m.- 12:30 p.m.
Explore fruits and vegetables, learn why bees are a farmer's best friend
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 3
Garden Chores for Kids
1:30 p.m. - 2:30 p.m.
Help weed, water, plant seeds in the garden. Learn about heirloom vegetables
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 3
Bliss Dance Festival \$
7:30 p.m. - 10:30 p.m.
Celebration of female sexual empowerment
San Leandro Tech Campus
1600 Alvarado St., San Leandro
(510) 281-0703
www.blissdancefestival.com

Saturday, Aug 3
Garden Open House
10 a.m. - 3 p.m.
Improving soil quality for the urban food grower
Paradise Community Garden
20095 Mission Blvd, Hayward
(510) 909-4077

Saturday, Aug 3
Swiss National Day \$
11 a.m. - 5 p.m.
Traditional food, music, arts & crafts
Swiss Park
5911 Mowry Ave., Newark
(510)793-6279
www.unitedswissnorcal.org

Saturday, Aug 3
Woof Animal Rescue Dog Adoption Showcase \$
11 a.m. - 2 p.m.
Adoption fees apply
Pet Food Express
39010 Paseo Padre Pkwy., Fremont
(510) 713-9999
www.lovetwoof.com

Summer brings live music

Summer is the perfect time to lay out a blanket or pull up a lawn chair and listen to your favorite bands (or discover new ones!) in the long pleasant evenings around the East Bay. In 2019, the summer season will kick off with on June 15 in Fremont with the Pacific Commons Summer Concert Series, starting with pop and rock hits from Cover Story. The fun will continue with concerts from Milpitas to San Leandro. Milpitas will start their season with their Juneteenth summer concert on June 18, to pick up again on July 16 with Lyin I’s. Meanwhile, Hayward will join in with their Municipal Band and Summer Music in the park series, starting June 16 and August 4 respectively. Hayward’s lineup includes Chris Marquis’ Giant Garage Spiders, Sycamore 129 Blues Band, and What’s Up Big Band—and that’s just the start of the season. Newark will host Music at the Grove (starting June 21 with Big Band Beat), and San Leandro will join in with Hot August Thursdays.

With concerts running through September, there is plenty of time for music lovers to make the most of those summer days.

MILPITAS

Milpitas Summer Concert Series
Tuesdays, 6:30 p.m. – 8:30 p.m.
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
<http://www.ci.milpitas.ca.gov/>

Jul 30: Patron Latin Rhythms
Aug 6: Country Cougars

FREMONT

Central Park Summer Concert series
Thursdays, 6 – 8 p.m.
Central Park Performance Pavilion
40204 Paseo Padre Pkwy
(510) 494-4300
RegeRec@fremont.gov
<https://fremont.gov/290/Summer-Concert-Series>

Aug 1: Rachel Steele (country music)
Aug 8: Long Train Runnin’ (Doobie Brothers tribute)
Aug 15: East Bay Mudd (R&B hits)

Niles Home Concert Series
Friday, Aug 23 – Saturday, Aug 24
6:00 p.m. – 10:00 p.m.
Historic Niles
37735 Second St., Fremont
(510) 825-0783
www.facebook.com/NilesHomeConcert
Tickets: \$25 minimum donation
RSVP

Aug 23: Static & Surrender
Aug 24: The Jones Gang

NEWARK

Music at the Grove
Fridays, 6:30 p.m. – 8:00 p.m.
Gates open 5 p.m.
Shirley Sisk Grove Cedar Blvd at NewPark Mall,
Newark
(510) 578-4405
www.newark.org
Aug 2: Lyin I’s (Eagles tribute)

HAYWARD

Summer Music in the Park
Presented by Hayward Odd Fellows & H.A.R.D
Sundays, 1 p.m. – 5 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
haywardrec.org

Aug 4: Chris Marquis’ Giant Garage Spiders and Sycamore 129 Blues Band
Aug 11: What’s Up Big Band and Three O’Clock Jump
Aug 25: Kari & the SweetspOts and Dee Smith & Joe Melchoir III
Sept 8: TBD
Sept 15: TBD
Sept 22: TBD
Sept 29: TBD

SAN LEANDRO

Hot August Thursday
Sacred Fire Band
Thursday, Aug 15
6 – 10 p.m.
Marina Park
14001 Monarch Bay Dr., San Leandro
(510) 577-3462
www.sanleandro.org

ALAMEDA

Concert at the Cove
Friday, Jul 12 & Friday Aug 9
5:30 p.m. – 7:30 p.m.
Crown Memorial State Beach: Crab Cove
Visitors Center
1231 McKay Ave, Alameda
(510) 544-3187
<https://www.ebparks.org/>

Aug 9: Jazz Mafia Heaviest Feather

Saturday, Aug 3
Global Warming Workshop
9:30 a.m. - 12 noon
Focus on global warming. Snacks provided
Mission Peak Unitarian Universalist Congregation
2950 Washington Blvd., Fremont
(510) 490-0200
jgoby@hotmail.com

Sunday, Aug 4
Odd Fellows Summer Concert
1 p.m. - 5 p.m.
Chris Marquis’ Giant Garage Spiders and Sycamore 129 Blues Band
Memorial Park
24176 Mission Blvd., Hayward
<http://www.ci.hayward.ca.us>
www.haywardlodge.org

Sunday, Aug 4
Family Fishing Fun \$R
1:30 p.m. - 4:30 p.m.
Basic instruction baiting, casting, catching. Ages 6+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Aug 4
Everyday Heroes Run \$R
7 a.m.
5K run/walk benefiting Tiburcio Vasquez Health Center
Don Castro Regional Area
22400 Woodroe Ave., Hayward
(510) 670-7270
brazenracing.com/heroes5k

Sunday, Aug 4
Rabbit Rendezvous
2:00 p.m. - 2:30 p.m.
Rabbits are great hoppers and use their long ears to sense danger
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 4
Sweet As Honey
11 a.m. - 12 noon
Stop by the Country Kitchen and taste honey
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 4
Wax: It's the Bee's Knees
1 p.m. - 2 p.m.
Make a candle and taste some honey
Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 4
Ohlone People & Culture
1:30 p.m. - 3:00 p.m.
Learn about their relationship with nature, family and ancestors. Ages 8+
Coyote Hills
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Sunday, Aug 4
Karunesh Talwar Live \$
6 p.m. - 8 p.m.
Stand-up comedian from Mumbai, India
India Community Center
525 Los Coches St., Milpitas
(408) 934-1130
<https://events.sulekha.com/karunesh-talwar-live-stand-up-comedy-bay-area>

Monday, Aug 5 & Thursday, Aug 8
Summer \$1 Movie \$
10:15 a.m.
Hotel Transylvania 3: Summer Vacation
Century 25 Movie Theatre
32100 Union Landing, Union City
(510) 487-9347

Monday, Aug 5 & Wednesday, Aug 7
Summer \$1 Movie \$
10 a.m.
Hotel Transylvania 3: Summer Vacation
Century 20 Great Mall
1010 Great Mall Dr., Milpitas
(408) 263-1351

Tuesday, Aug 6
Community Workshop
12 noon - 2:00 p.m.
Learn about energy efficiency retrofit programs
City of Fremont Development Services Center, Niles Room
39550 Liberty St., Fremont
(510) 494-4535
cof@fremont.gov

Tuesday, Aug 6
Summer Concert Series
6:30 p.m.
Country Cougars
Murphy Park
1645 Yellowstone Ave., Milpitas
(408) 586-3210
www.ci.milpitas.ca.gov

Wednesday, Aug 7
Summer \$1 Movie \$
9 a.m.
Hotel Transylvania 3: Summer Vacation
Century Theater Hayward
1069 B St, Hayward
(510) 582-1190

Wednesday, Aug 7
Family Movie Night: The Incredibles 2
8:30 p.m.
Bring lawn chairs, blankets and snacks. PG Film
Washington Manor Park
14900 Zelma St., San Leandro
(510) 577-3462
www.sanleandro.org

Wednesday, Aug 7
Toddler Time
10:30 a.m. - 11:45 a.m.
Hear a story, do some chores, meet some farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Aug 7
Startup Grind Meeting R
6:30 p.m.
Considerations of owning and running a startup
Peerbuds Innovation Labs
4580 Auto Mall Pkwy #121, Fremont
<https://www.startupgrind.com/fremont/>

Thursday, Aug 8
Landlord's Educational Seminar
6:00 p.m. - 7:30 p.m.
Overview of new rent stabilization and tenant protection ordinance
Hayward City Hall, Rm 2A
777 B St., Hayward
(510) 208-0410
evelyn.olivera@hayward-ca.gov

Thursday, Aug 8
Newark Civic Center groundbreaking
5:30 p.m.
Groundbreaking and dedication of admin/police/library buildings
Thornton Ave. & Newark Blvd.
(510) 578-4278
www.newark.org

53rd Annual Art Show - ARTIST CALL

8/25 Application Deadline!
Apply at

www.fremontartassociation.org/annual-art-show
~FREMONT ART ASSOCIATION~
37697 Niles Blvd., Fremont, CA 510.792.0905

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37697 Niles Blvd., Fremont, CA 510.792.0905

Friday, Aug 9
Movie Night Out
8:30 p.m.
Viewers’ choice, vote for the movie you want to see
Starlite Park
Abbot Ave., Milpitas
www.ci.milpitas.ca.gov/recreation

Friday, Aug 9
Annual Textile Exhibit Opening Reception
7 p.m. – 9 p.m.
Traditional and contemporary artists
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

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FREE PRESCHOOL
Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

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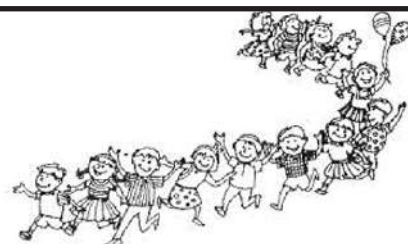
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PARALEGAL

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www.newark-legal.com

BPcode Chapter 5.6 (6450-6456)

38750 Paseo Padre Pky., Ste. B-1, Fremont



Newark Unified School District

Child Care program

**Before and after school
 Child Care services**

We serve enrolled elementary students from Transitional Kindergarten 4.5 years old to sixth grade.

Fees vary based on number of hours per week attending child care. Our sites are located at six of our eight NUSD elementary schools (Birch Grove Primary, Birch Grove Intermediate, Kennedy, Lincoln, Musick and Snow).

**Please contact us at
 (510)818-4138, and
 (510)818-4159 or email us at
 nsanchez@newarkunified.org**

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 New Lawn - Yard & Hillside Clean Up
 Sod Topping - Sprinkler System
 Driveway - Paver stone - Fence
 Retaining Wall - Overhang - Decking
 Patio - Mowstrip - Flagstone
 Aggregate Exposed - Walkway - Brick
 Block - Concrete - Artificial Grass

Monthly Maintenance 2/4 Times
FREE ESTIMATES
 Please Call: Mr. Tony
510-599-8814

LEPPARD LANDSCAPING

MONTH TO MONTH SERVICE

**Hauling and Clean up
 Rain Gutter Cleaning
 Pressure Wash**



CALL JIMMY
1-510-673-4318

HANDYMAN FREE ESTIMATES

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matisar.25.rm@gmail.com

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 Tiles, Paint, Dry Wall, Sewer line repair
 Driveway, Retaining Walls, Fences
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PRODUCT DEVELOPMENT ANALYST for Vaco San Francisco LLC in Fremont, CA: Interact with cross functional teams of various technical disciplines to develop KPIs and measurement plan. Develop testing best practices to be utilized across the whole business. Perform initial analysis and estimation for all test opportunities. Req: Master's Degree in Computer Information Systems or Computer Engineering; Must have 24 months experience in Business Analysis; 24 months of experience in each of the following skills are required: (1) Windows, (2) SQL, (3) Tableau, (4) Oracle and (5) Python; Travel and/or relocation to various unanticipated locations throughout the U.S. is required. Mail resumes: Vaco San Francisco LLC, 39159 Paseo Padre Parkway Suite 106, Fremont, CA 94538. Attn: Rob Riddle.



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Summer Band/Orchestra Program

SUBMITTED BY HOPKINS MUSIC VOLUNTEERS

Fremont Unified School District (FUSD) Summer Music Program 2019 hosted its concert on July 20 at Chabot College. Close to 400 student musicians of all attendance areas of FUSD performed at two levels each of Band and Orchestra, directed by Greg Conway and Cary Nasatir.

The music program is free to eligible instrumental students from fourth to 12th grade. In 2020, this program will run daily from Thursday, June 25 to Friday, July 17

with a mandatory concert on Saturday, July 18. Interested in joining the program next year? Watch for announcements in the spring from Hopkins Junior High School Instrumental Music Department.

FUSD Summer Band/Orchestra Program

(510) 656-3500, ext. 38033

<https://musicathopkins.com>



SPORTS

Softball is for everyone, life is a pitch

ARTICLE AND PHOTOS BY
MARISOL CABRERA

It was a hot summer day at Oliver Park; it was the bottom of the sixth inning and Diane Blackwell was next to hit. She was focused, determined. A team member in the back was yelling words of encouragement. When Blackwell saw the ball come within striking distance, hit it as hard as she could and once the bat hit the dirt, ran to first base with the speed of a teenager. Every time she ran a base, people were amazed at her speed. Although Blackwell has the moves of a young athlete, she plays for the 70+ senior softball team, the Rovers.

The Hayward Senior Softball League got its start in 1990, when retirees who played in local “beer leagues” (so named because they represented different bars along Mission Boulevard) wanted to form teams that could meet on weekdays rather than in evenings or Sundays. Joe Farias and Rita Shue co-sponsored the league with H.A.R.D. (Hayward Area Recreational District), and teams of players in their 50s, 60s, and 70s joined from Pleasant Hill, Livermore, Alameda, Redwood City, Concord, Danville, and Castro Valley.

On July 23, the League honored three of their long-time players, two who will be turning 90 years old and one who will be 92 years old this year. Charlie Adams, 91, Jack Moore, 89, and Bob Schmidt, 89, were honored at a BBQ celebration at Alden E. Oliver Sports Park in Hayward. Friends, family, and current and former players joined the celebration.

Charlie Adams

In the history of senior softball handbook, Joe Farias and Al Hilbert expressed how Charlie Adams competes with the same enthusiasm that he has always exhibited and maintains excellent overall softball skills.

“He’s at the top of his game competing with people who are 20 or 30 years younger, and he’s competing at a high level. He’s my hero,” said David Adams, Charlie’s son.

In 1947, Adams would go watch softball games at a nearby park after finishing work at a bowling alley in Oakland. After some time, he was asked to join the team and so he began playing. He later joined the senior softball league in Hayward.

Adams was asked to join the senior team Redwood City Chiefs and travel to Florida. They qualified to play the Softball World Series in 1997 in Salt Lake City. He served as a pitcher for eight games and only lost one. That year, the Redwood City Chiefs would win their first Softball World Series. “The manager asked me if I wanted to go to Florida with them and, as a joke, I said, ‘I don’t have enough food stamps for that trip,’” said Adams.

He was inducted into the National Senior Softball hall of fame in 1999 and the NorCal Senior Softball hall of fame in 2016. Adams considers retiring from the league this year due to medical procedures.

“Every morning before I get up, I wiggle my big toe and I thank the man upstairs that I’m still here,” said Adams lightheartedly.

Jack Moore

Jack Moore served as a player, manager and trusted advisor in the league from 1998 to 2018.

He has been associated with H.A.R.D. since he graduated high school in 1947. Moore had always played sports and later found an associate and started a volleyball, bowling and softball sports team that lasted for 15 years. Moore would later start his own basketball team under H.A.R.D.

“He has instructed many of us on how to play ball because he has a good mind about what should be done,” said Farias of Moore. Moore learned about the softball league in Hayward through his wife Eleanor, who encouraged him to play and had been a beloved volunteer to the team for many years. (Eleanor Moore passed away in 2018.)

“I was through with Babe Ruth, I had been coaching Babe Ruth with my son until he was 21 years old, so I wasn’t doing anything except bowling twice a week,” said Moore.

Before softball, Moore got drafted into the Korean war and received orders to go off to Korea seven months prior to his discharge. After that, he went on to become a dental technician but remained in sports for most of his life.

Although he is no longer playing, Moore expressed how lucky he is to be able to live a good life and to have participated with players like Bob Schmidt, who he says was outstanding and “a big hitter,” and Charlie Adams who is “mister everything.”

“Everybody’s welcome, we would have fun. That’s what senior softball is all about, is making new friends, keeping fit, getting to exercise your mind,” said Moore.

Bob Schmidt

At 60 years old, Bob Schmidt remembers not having much to do. When he saw an ad about a senior softball league in Castro Valley, he decided to join. He would go on to play for the Rowdy’s. “I played only fast pitch ball, and this was slow pitch, so it was a totally different concept, but I kind of got used to it. Twenty-five years later, I said I’m done,” said Schmidt.

Schmidt recently retired from playing ball due to medical conditions but his joy for the game and the good memories he had will remain. “I remember winning the championship a couple of years. Just the fact that we’re playing ball, that’s the concept that I cared about. Getting up in the morning and putting in seven or nine innings and going home. I had a great time, it went by fast,” said Schmidt.

He recalled meeting Moore when they both bowled for the same team and later played for the Redwood City Chiefs. He met Adams later in the Senior Softball league.

The senior softball league in the Hayward area has expanded over 29 years from having 18 participants to reaching over 200 men and women. The program was established thanks to the support of H.A.R.D. Many participants and players are from Hayward, but some are from different cities of the Bay Area.

Current Commissioner of the 70’s league, Joe Farias, has been part the league’s organization and along with other commissioners has dedicated his time in continuing to grow and encourage others to participate.

For more information about HARD Senior Softball, visit <http://www.hardseniorsoftball.com/>



Jack Moore keeps a memento of his time with the Hayward Senior Softball League that members of the team have helped him make over the years. Photo by Marisol Cabrera.

Top Flight Summer Camp 2019 June 17th - August 5th

Topflight Gymnastics is excited to announce our new and improved Summer Camp for 2019!

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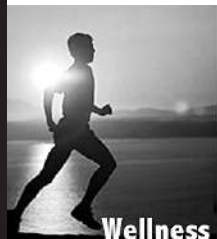
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VETERANS Crisis Line

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TEAM AMVETS.
**SUICIDE
PREVENTION**



Seat belt patrols

SUBMITTED BY
SGT. JOSEPH HEYLEN
MILPITAS PD

Buckle up and arrive alive. That’s the idea behind a statewide campaign for Californians to wear their seatbelts any time they are riding in a moving vehicle. As part of the campaign, police in Milpitas will have extra officers on patrol during August to make sure drivers and passengers are wearing seat belts while traveling on city streets.

The program is part of a Go Safely California safety campaign operated by the California Office of Traffic Safety. The seatbelt campaign is prompted by sobering statistics from the National Highway Traffic Safety Administration (NHTSA). In a 2019 report the NHTSA said 37,133 people were killed in motor vehicle crashes in 2017, and 47% of them were not wearing seat belts. That same year, seat belts saved an estimated 14,955 lives and could have saved an additional 2,549 people if they had buckled up.

Additional figures from the NHTSA pegged seat belt use in 2018 at 89.6 percent. The Milpitas Police Department’s goal is to help increase this percentage for 2019. To do that, stepped-up patrols will be in place from 6:00 p.m. to 12:00 midnight on Wednesdays, August 3, 10, 17 and 24. Officers will be making sure drivers and passengers are wearing seatbelts. Those who are caught not using a seat belt will be issued a \$162 seatbelt violation ticket.

The campaign also covers the use of child safety seats. A driver can be issued a ticket when a minor passenger is not wearing a seat belt. California law requires children under 2 years old who weigh under 40 pounds and are under 40 inches tall ride in a rear-facing car seat. Children under the age of 8 or under 4 feet 9 inches tall must be secured in a car or booster seat. The fine for not using a child safety seat is \$490.

Buckling up only takes a few seconds and is the best defense in the event of a crash. Air bags are not enough to protect vehicle occupants and can seriously injure or kill people who are not buckled up. Funding for this seat belt enforcement operation is provided by a grant from the California Office of Traffic Safety, through the NHTSA.

FTC approves record \$5B fine for Facebook

By BARBARA ORTUTAY
AP TECHNOLOGY WRITER

At \$5 billion, the fine the U.S. Federal Trade Commission (FTC) is about to levy on Facebook is by far the largest it’s given to a technology company, easily eclipsing the second largest, \$22 million for Google in 2012.

The long-expected punishment, which Facebook is well prepared for, is unlikely to make a dent in the social media giant’s deep pockets. But it will also likely saddle the company with additional restrictions and another lengthy stretch of strict scrutiny.

Multiple news reports on Friday said the FTC has voted to fine Facebook for privacy violations and mishandling user data. Most of them cited an unnamed person familiar with the matter.

Facebook and the FTC declined to comment. The



Child, Family & Community Services, Inc. HEAD START & EARLY HEAD START PROGRAM

2019 FEDERAL POVERTY INCOME GUIDELINES

CFCS is now enrolling children 0-5years for the Head Start/Early Head Start Program. Comprehensive services are provided for qualified families with infants, toddlers and pre-school age children living in Southern Alameda County. Programs provide curriculum and environment which are developmentally appropriate while being culturally and family supportive. Head Start is also a full inclusion program serving children with disabilities in a least restrictive environment. Free meals are provided under CACFP (Child and Adult Care Food Program).

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For more information, contact:
Administration Office
32980 Alvarado-Niles Road
Suite 856
Union City, CA 94587
(510) 796-9512

FAMILY SIZE	WEEKLY	2WEEKS	2XMO	MONTHLY	YEARLY	130%
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2	\$325.19	\$650.38	\$704.58	\$1,409.17	\$16,910.00	\$21,983.00
3	\$410.19	\$820.38	\$888.75	\$1,777.50	\$21,330.00	\$27,729.00
4	\$495.19	\$990.38	\$1,072.92	\$2,145.83	\$25,750.00	\$33, 475.00
5	\$580.19	\$1,160.38	\$1,257.08	\$2,514.16	\$30,170.00	\$39,221.00
6	\$665.19	\$1,330.38	\$1,441.25	\$2,882.50	\$34,590.00	\$44,967.00
7	\$750.19	\$1,500.38	\$1,625.42	\$3, 250.83	\$39,010.00	\$50,713.00
8	\$835.19	\$1,670.38	\$1,809.58	\$3,619.16	\$43,430.00	\$56,459.00

FOR FAMILIES WITH MORE THAN 8 PERSONS, ADD \$4,180 FOR EACH ADDITIONAL PERSON

*The period of time to be considered for eligibility is the twelve months immediately preceding the month in which application or reapplication for enrollment of a child in a Head Start program is made or for the calendar year immediately preceding the calendar year in which the application or reapplication is made, whichever more accurately reflects the family’s current needs.

The definition of “family” to be used in determining eligibility is defined as, all persons living in the same household who are:

1. Supported by income of the parent(s) or guardian(s) of the child enrolling or participating in the program, AND
2. Related to the parent(s) or guardian(s) by blood, marriage, or adoption.

California governor announces changes at troubled DMV

By KATHLEEN RONAYNE
ASSOCIATED PRESS

California’s DMV is trying to improve customer service by accepting credit cards, upgrading its website and offering clearer instructions on how to obtain a new federally mandated ID, but Gov. Gavin Newsom cautioned Tuesday the agency’s long wait times and other troubles aren’t over.

“This is going to take a few years. Next year will be tough,” Newsom said, referencing an expected surge in people using the Department of Motor Vehicles next year to acquire new IDs that will be required for air travel.

Newsom spoke as he released a report detailing efforts the DMV is making to improve services after wait times averaged two hours last summer, prompting outrage from lawmakers and customers. The state hired the high-powered firm McKinsey & Company to recommend improvements, with the funding coming out of roughly \$240 million in new money the DMV got in this year’s state budget.

Newsom also announced he’s appointed Steve Gordon as the agency’s director. Gordon is a longtime employee of the private

sector, working for Cisco Systems and most recently for zTransforms, a consulting company focused on business-wide process improvement. He is not registered in a political party and will make \$186,000. The state Senate must approve his appointment.

The DMV has been plagued by slow-downs related to the state’s “motor voter” registration program and an uptick in people applying for REAL IDs, the new federal IDs that will be required for airplane travel starting in October 2020. More than 28 million Californians may seek a REAL ID.

Beyond hiring McKinsey, the state has brought in a public relations firm to create a statewide awareness campaign about the new IDs and a consulting firm to think about what DMV offices should look like. The report did not say how much each is being paid.

Other changes include the planned acceptance of credit cards, which will start at a Davis office in September before expanding to Fresno, Victorville and Roseville. The state hopes to eventually accept credit cards statewide. The DMV has also started launching REAL ID “pop ups” at businesses and plans to open 100 kiosks in August, where people can do routine transactions such

as renewing vehicle registration without going to a customer service window.

The goal, Newsom said, is to improve through small changes. “We’re not going big at first – we want to go small and build on successes,” he said.

The department plans to hire between 1,800 and 1,900 new workers, most of them temporary, through next year. Newsom’s announcement comes a day before the DMV plans to close offices statewide for half a day for a day of training for its more than 5,000 employees.

Republican lawmakers were divided on the Democratic governor’s actions. Republican Assemblyman Jim Patterson of Fresno faulted Newsom for “making excuses” for the DMV rather than re-imagining it and criticized him for saying wait times could be long again next summer. But GOP Sen. Pat Bates from Laguna Niguel said Newsom was taking “steps in the right direction to help fix the DMV.”

The report did not address problems with the state’s “motor voter” registration programming, and Newsom said an audit on the program will be coming out soon.

3-2 vote broke along party lines, with Republicans in support and Democrats in opposition to the settlement, according to the reports.

The case now moves to the Justice Department’s civil division for review. It’s unclear how long the process would take, though it is likely to be approved. A Justice Department spokeswoman declined to comment on the Facebook matter.

For many companies, a \$5 billion fine would be crippling. But Facebook is not most companies. It had nearly \$56 billion in revenue last year. This year, analysts expect around \$69 billion, according to Zacks. As a one-time expense, the company will also be able to exclude the amount from its adjusted earnings results – the profit figure that investors and financial analysts pay attention to.

“This closes a dark chapter and puts it in the rearview mirror with Cambridge Analytica,” said Wedbush analyst Daniel Ives. “Investors still had lingering worries that the fine might not be approved. Now, the Street can breathe a little easier.”

Facebook has earmarked \$3 billion for a potential fine and said in April it was anticipating having to pay up to \$5 billion.

But while Wall Street – and likely Facebook executives – may be breathing a little easier, the fine alone has not appeased Facebook critics, including

privacy advocates and lawmakers.

“The reported \$5 billion penalty is barely a tap on the wrist, not even a slap,” said Senator Richard Blumenthal, a Democrat from Connecticut. “Such a financial punishment for a purposeful, blatant illegality is chump change for a company that makes tens of billions of dollars every year.”

He and others questioned whether the FTC will force Facebook to make any meaningful changes to how it handles user data. This might include limits on what information it collects on people and how it targets ads to them. It’s currently unclear what measures the settlement includes beyond the fine.

Privacy advocates have been calling on the FTC to come down on Facebook for a decade, but over that time the company’s money, power and Washington influence has only increased.

“Privacy regulation in the U.S. is broken. While large after-the-fact fines matter, what is much more important is strong, clear rules to protect consumers,” said Nuala O’Connor, president and CEO of the Center for Democracy and Technology. The CDT is pushing for federal online privacy legislation.

Some have called on the FTC to hold Facebook CEO Mark Zuckerberg personally liable for the privacy violations in some way, but based on the party line vote breakdown, experts said this is not likely.

Marc Rotenberg, president of the nonprofit online privacy advocacy group Electronic Privacy Information Center (EPIC), said he was “confused” as to why the Democratic commissioners didn’t support the settlement and said he suspects, without having seen the actual settlement, that this was due to the Zuckerberg liability question.

“But I thought that was misguided,” he said, adding that EPIC instead supports more wholesale limits on how Facebook handles user privacy.

Since the Cambridge Analytica debacle erupted more than a year ago and prompted the FTC investigation, Facebook has vowed to do a better job corralling its users’ data. That scandal revealed that a data mining firm affiliated with President Donald Trump’s 2016 campaign improperly accessed private information from as many as 87 million Facebook users through a quiz app. At issue was whether Facebook violated a 2011 settlement with the FTC over user privacy.

Other leaky controls have also since come to light. Facebook acknowledged giving big tech companies like Amazon and Yahoo extensive access to users’ personal data, in effect exempting them from its usual privacy rules. And it collected call and text logs from phones running Google’s Android system in 2015.

Wall Street appeared unfazed at the prospect of the fine

Facebook’s shares closed at \$204.87 on Friday and added 24 cents after hours. The stock is up more than 50 percent since the beginning of the year. In fact, Facebook’s market value has increased by \$64 billion since its April earnings report when it announced how much it was expecting to be fined.

Rep. David Cicilline, a Democrat from Rhode Island, said in a statement that the fine gives Facebook “a Christmas present five months early. It’s very disappointing that such an enormously powerful company that engaged in such serious misconduct is getting a slap on the wrist. This fine is a fraction of Facebook’s annual revenue.”

Cicilline leads the House Judiciary subcommittee on antitrust, which is pursuing a bipartisan investigation of the big tech companies’ market dominance.

The fine, however, doesn’t spell the end of Facebook’s troubles. The company faces a slew of other investigations, both in the U.S. and overseas, that could carry their own fines and, more importantly possible limits to its data collection. This includes nearly a dozen by the Irish Data Protection Commissioner, which oversees privacy regulation in the European Union.

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Tax dollars at work

Proceeds from a City of Newark ballot measure, passed in November 2016, to raise that city’s sales tax by one-half cent is going to good use. A portion of the funds will result in a new Civic Center to replace physically inadequate and outdated facilities currently serving city administration, police/emergency dispatch and the Newark branch of Alameda County Library system. The administration building was built in 1968 for \$570,000 using several cost-cutting measures such as limiting bathrooms to lower floors and minimal installation of light switches.

Following a feasibility study and, a conceptual design that was accepted by the council April, 19, 2018, a design/build contract with Webcor Builders was approved; construction will begin in August of this year. When completed, state-of-the-art technology and LEED certified buildings will replace the current facilities that are expected to remain open during the construction period, estimated to be 18-24

months. During construction, on-site parking will be for visitors only; employees will park at Newark Pavilion. The total estimated cost of construction for the new facilities is \$88 million.

A unanimous decision by the current city council has named the new city hall in honor of mayor emeritus David W. Smith who served the community as councilmember and mayor for over 33 years.

A groundbreaking and dedication ceremony will be held Thursday, August 8.

Newark Civic Center Groundbreaking
Thursday, Aug 8
5:30 p.m.
City Hall parking lot, Newark
(Thornton Ave. & Newark Blvd.)
(510) 578-4278

http://www.newark.org/home/showdocument?id=5121



Newark City Council

July 25, 2019

Presentations and Proclamations:

- Introduction of Aquatics Coordinator Stacy Burton and Associate Planner James Bergantino.
- Presentation of plaques to residents who submitted a version of the name for Newark Community Park “NewBark Dog Park.” Recognition to: Elizabeth Macris, Jessica Brown, Gabriella Mitchell, Heather Garcia, Carina Rodriguez, Belen Verduzco, Elwood Ballard.
- Proclaim July as Parks Make Life Better Month. Recreation Coordinator Katie Dennis

- accepted the proclamation.
- Commend Rahul Sharma and Chance Hefter of the Mission Peak District of the Boy Scouts of America, Troop 186 for achieving the rank of Eagle Scout.
 - Proclamation of the Portuguese Fraternal Society of America Council 16 that will celebrate the annual Holy Ghost Festival July 27 & 28. Duarte Teixeira accepted the proclamation.
- Public Hearings:**
- Approve a Conditional Use Permit for installation of a 50-foot monopole at 6590 Central Avenue.
 - Hearing to consider property owners’ objections and confirmation of weed abatement assessments. No objections noted.
 - Establish an Underground Utility District on Newark

- Boulevard between Fair Avenue and Bellhaven Avenue.
- Approve annual levy of assessment of Landscaping and Lighting District Nos. 1,2,4,6,7,13,15,16,17,18,19
 - Approve annual levy of assessment of Landscaping and Lighting District Nos. 10,11 PASSED 4-0-1 (Abstain, Collazo)
- Non-Consent Calendar:
- Authorize financing of the New Civic Center Project.
 - Approve agreement with Tyler Technologies New World for purchase of an Enterprise resource Planning System.
- City Council Matters:**
- Presentation of the Measure GG Transaction and Use Tax Oversight Committee annual report.
- POSTPONED**
- Groundbreaking for new

- civic center (Thornton Avenue & Newark Boulevard) will be August 8 at 5:30 p.m.
- Mariachi Festival a success
 - Movie in the Park on August 3rd
 - Councilmember Bucci will appear at Punchline Comedy Club in San Francisco to raise money for the American Cancer Society.
- Oral Communications:**
- Resident asked for City of Newark that has declared itself as a “Welcoming City” to consider becoming a Sanctuary City.

Mayor Alan Nagy	Aye
Vice Mayor Sucy Collazo	Aye,
1 Abstention	
Luis L. Freitas	Aye
Michael Hannon	Aye
Mike Bucci	Aye



Introduction of Aquatics Coordinator Stacy Burton and Associate Planner James Bergantino.



Proclaim July as Parks Make Life Better Month. Recreation Coordinator Katie Dennis accepted the proclamation.



Commend Rahul Sharma and Chance Hefter of the Mission Peak District of the Boy Scouts of America, Troop 186 for achieving the rank of Eagle Scout.



Presentation of plaques to residents who submitted a version of the name for Newark Community Park “NewBark Dog Park.” Recognition to: Elizabeth Macris, Jessica Brown, Gabriella Mitchell, Heather Garcia, Carina Rodriguez, Belen Verduzco, Elwood Ballard.

OPINION



WILLIAM MARSHAK

PAR

PAR is a term often associated with the sport of golf. It is used to indicate an average of scores, setting a standard for a particular hole or course. It can also be found in descriptions of financial transactions to express a measurement of value. In common parlance, the terminology has been appropriated as “par for the course” for expected performance, “par excellence” meaning superior performance and “below par” for inadequate performance. As an acronym, PAR has a variety of meanings ranging from the airport code for Paris, France to a Performance and Accountability Report or Pixel Aspect Ratio. I propose adding PAR as shorthand for Proportionate Allocation Response as well.

Civic employee contracts are often tied to fiscal years so many municipalities find themselves in the midst of contract negotiations with various employee bargaining entities near that time of the year. Council agendas that address these agreements typically include Memorandums of Understandings (MOUs) under “Consent” items that require council ratification but face little, if any, scrutiny from the public. After all, it is reasonable to assume that these agreements are the result of thorough discussions and compromise, fair to everyone involved.

Often included in such negotiations are Cost of Living (COLA) increases that help employees maintain a standard of living commensurate with increases (or decreases) of the cost of goods and services. COLAs are typically calculated

by a recognized authority such as the U.S. Bureau of Labor Statistics. [Such increases are separate and apart from seniority and merit increases.] The Consumer Price Index (CPI) is adjusted to account for regional differences. Just as locale affects the cost of goods and services, people at different economic levels are affected differently as well.

Using equal COLA adjustments for all levels of a pay scale is a bit misleading. Since COLA adjustments are intended to maintain a standard of living commensurate with rising costs, it actually favors highly paid employees who may have a significant amount of discretionary income with little need for a cost of living raise to maintain their lifestyle. In fact, if a fixed percentage is used for all employees, no matter where they fall on the pay scale, the disparity between the low end and high end is enhanced.

For example, consider Employee A who earns \$60,000 per year while her Supervisor, with more responsibility and seniority, is paid \$200,000 for the same time period. Without merit pay increases for either party, their employer has negotiated a three percent COLA for all employees consistent with the regional CPI. What is the difference and is it a fair representation of an essential need?

Employee A
Before COLA: \$60,000
After 3% COLA: \$61,800

Supervisor
Before COLA: \$200,000
After 3% COLA: \$206,000

Difference before COLA: \$140,000
Difference after COLA: \$144,200

The difference is dramatic and a question arises of whether this truly represents an equal impact of cost of living increases on both employees. Where much of the income for Employee A probably goes to the cost of housing, food, transportation, etc., can the same be said for the supervisor? And, if so, is it

fair for someone close to break-even or below to receive COLA equivalent to 30% of a higher end employee who is probably better prepared to absorb cost of living increases?

There may be many differences between living and family arrangements so the comparison is much more complex than a simple mathematical calculation. However, the disparity is striking. Not only does the lower-paid employee receive less assistance for increased costs, but the spread between their compensation and the higher end employees is now much greater. This is the fallacy of equivalent percentage increases. What can an employer and employee negotiator do about this?

One way to equalize the impact of CPI increases is to consider a proportionate adjustment depending on an employee's position on the pay scale. Making the assumption that those on the lower end of the pay scale are impacted the most, if the COLA amount is combined and distributed on a weighted basis to maintain a reasonable difference between pay grades, those in greatest need would receive the greatest benefit. Using a Proportionate Allocation Response (PAR) technique will maintain “equality in value or standing,” the definition of par.

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Obituary

Ernest Lee Burkholder

January 27, 1926 - July 15, 2019

Lee Burkholder (93), of Fremont, passed away peacefully on Monday, July 15 2019.

He is survived by his 3 daughters; Denise Fleming, Tracey Burkholder and Kelly Antonini, his Son-in-law Dennis Antonini and honorary son-in-law Paul Rodriguez, 4 grandchildren; Samantha Davis, Carl Davis, Jessica Cardenas and Michelle Cardenas, and 3 great grandchildren; Alexandra Rodgers, Bryce Davis and Caesarius Cardenas. He is also survived by his compassionate neighbors of over 40 years, Jan and Garry Cunningham who consistently showed kindness and friendship over the years.

Ernest was born in Amherst, New York, in 1926 and was raised by his parents Bertha Maud and Ernest (Bud) Lee Burkholder. He was the youngest of four with three elder sisters; Evelyn L, Phyllis Jean and June Irene. In 1948 Ernest met Laurita (Teddy) Ann Tedesco in Buffalo, New York and they were married on September 24, 1949. Together, they lived in Tonawanda, New York from 1949 until 1961 when they moved to California, settling into their Fremont home in 1964.



Ernest constantly gave back to the community and actively worked to make the world a better place. Earnest and Laurita were active members of Prince of Peace Church in Fremont beginning around the mid 1970s.

He not only remained an active member of the church, but also volunteered two mornings a week at Kaiser hospital in Fremont.

Together, Ernest and Laurita shared a great love for life and enjoyed square dancing, round dancing, and bowling. They are now dancing together again.

The Celebration of Life will be Saturday, August 31st at 1:00PM at the Prince of Peace Church.

Obituary

David Ross Cresto, Jr.

Resident of Union City

September 4, 1947 – July 14, 2019



To quote a text from our brother-in-law, John Parkin:

"He was a kind and gentle guy who loved his family. He also loved the Giants and the 49ers. He was a loyal fan and supporter. I will have a Mass said for him and I'll pray for him. I will miss him."

An only child, David attended St. Emydius Grade School, Riordan High School, the University of San Francisco and Golden Gate University, where he majored in Accounting and Taxation. He later got a Certified Public Accounting license.

In May he celebrated his 40th wedding anniversary by taking a cruise to Alaska from his home town, San Francisco. He enjoyed the nightly musical performances.

He especially loved listening to jazz and took Mary Anne to the San Francisco Symphony often.

He had an amazing sense of humor, taste in music, a sonorous singing voice, and was often seen in the choir at the 5:00 p.m. Saturday Mass.

David was grateful to God for blessing his life with two beautiful children, being a member of the brotherhood of the Knights of Columbus, penny for the friendship of life-long friends and cousins. He had season tickets to the University of California, Berkeley football games, which also was a think he looked forward to each fall. In his 20's and 30's he enjoyed the game of golf.

He enjoyed singing Happy Birthday on the phone to his relatives and friends, near and far away.

David was a man of faith, a devoted husband and father, and a devoted family man. His beautiful smile will stay with us forever.

- Mary Anne
Services were already held.

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California governor encouraged by oil spill cleanup effort

BY ANDREW OXFORD
ASSOCIATED PRESS

Gov. Gavin Newsom said Wednesday that he is encouraged by Chevron's efforts to clean up what has turned into the state's largest oil spill in decades.

About 970,000 gallons (3,670,000 liters) have leaked from the ground at an oilfield west of Bakersfield over the last couple of months; about one third of it is oil and the other two-thirds water.

"I'm seeing progress," Newsom said on a visit to the site, where the oil and water are contained in a dry desert creek bed. The leaks are known as surface expressions, which can be caused by injecting steam into the ground.

Chevron uses steam injection to extract oil in the Cymric Oil Field about 35 miles (55 kilometers) west of

Bakersfield. The steam softens the thick crude so it can flow more readily. It is a different process from fracking, which breaks up underground layers of rock.

The company has said the initial leak began May 10 after its crews tried to seal off a damaged and abandoned well. The company said efforts to confirm the source of the original leak and shut it down unleashed higher flows in the weeks after the initial release was discovered.

The state issued Chevron a notice of violation ordering it to stop steam injections around the spill. The company also increased its production of oil from wells in the area. Both actions are intended to relieve underground pressure that may be forcing the mix of oil and water to the surface.

The latest seepage was noticed July 17.

The spill is the largest in California since 1990, when a tanker spilled more than 400,000 gallons (1.5 million liters) of crude oil off the coast of Huntington Beach.

Officials said the latest spill is not affecting waterways.

Still, Newsom told reporters the state would ask Chevron to turn over data so regulators can investigate the cause of the spill.

The Bakersfield Californian reported over the weekend that records show Chevron continued to inject steam into the ground at a site about 360 feet (110 meters) from where its crews were working on a well – a combination of activity that experts said probably contributed to the release. Chevron denied that steam played any role in the uncontrolled releases.

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SOCIAL SECURITY COLUMN

Scams come in different forms

By Linda Zamfino
Social Security Representative

Social Security is at the forefront of keeping your online data secure, but you play a vital role in safeguarding your personal information too. Scammers commonly target people who are looking for Social Security program and benefit information. You might receive an advertisement in the mail, but it could be from a private company or even a scammer. U.S. law prohibits people and businesses from using words or emblems that mislead others.

Some advertisements can mislead people to believe that the businesses represent, are affiliated with, endorsed or approved by Social Security or the Centers for Medicare & Medicaid Services (Medicare). If you receive misleading information about Social Security, send the complete advertisement, including the envelope it came in, to Office of the Inspector General Fraud Hotline, Social Security Administration, P.O. Box 17768, Baltimore, MD 21235.

Scams can also happen online. A growing tactic for scammers is to use online dating sites. According to the United States Postal Inspection Service’s recent messaging, before starting an internet-based relationship, keep your personal details to yourself until you meet face-to-face. Next, do an internet search of the other person’s name and the town they claim to be living in.

Indications that someone may not be who they say they are: A mismatch between the person’s name and the name embedded in their email address Obvious spelling and grammar errors

The person asks if you would send or receive money/packages on someone else’s behalf

The person needs money right away due to a medical emergency or needs a visa or air tickets. A business opportunity arose that was too good to turn down. Can you wire a loan?

If anyone asks for your Social Security number, never reveal it, and if the person is pretending to be from Social Security, report the information to the Office of the Inspector General at 1-800-269-0271 or online at oig.ssa.gov/report.

Protecting your information is an important part of Social Security’s mission. You work hard and make a conscious effort to save and plan for retirement. For information, visit oig.ssa.gov/newsroom/scam-awareness.

CalSTRS says it earned 6.8 percent in investment returns last year

AP Wire Service

The country’s second-largest retirement system says it earned percent on its investments last year. The California State Teachers’ Retirement System says its goal is to average returns of 7 percent each year. The fund that covers more than 600,000 educators is valued at a record high of \$236.9 billion. The system has 64 percent of the money it needs to pay benefits over the next few decades, leaving a gap of \$107.2 billion as of June 30, 2018. CalSTRS funding plan calls for the system to be fully funded by 2046. Chief Investment Officer Christopher J. Ailman called it “a roller coaster year and a very challenging environment to generate returns.” The most recent state budget provides an additional \$5.1 billion to the system to reduce state and employer contribution rates.

Facebook says it is under FTC antitrust probe

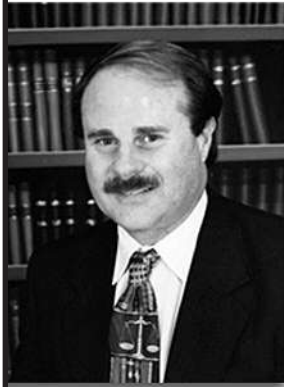
AP Wire Service

Facebook says it is under antitrust investigation by the Federal Trade Commission. The company said Wednesday that it was informed of the investigation in June. On Tuesday, the Department of Justice also announced a broad antitrust probe of technology companies. That announcement did not specify what companies the agency was looking into, though broad antitrust concerns have long swirled around Apple, Amazon, Facebook and Google. The investigations are part of a broad, global attempt to crack down on the growing power of these U.S. technology companies.

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By Appointment**

NOTICE OF TIME AND PLACE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Board of Directors of the ALAMEDA COUNTY WATER DISTRICT has fixed Thursday, August 8th, 2019 at the hour of 6:00 P.M., in the Board of Directors Room of the District Headquarters Building, 43885 S. Grimmer Boulevard, Fremont, California, as a time and place for a hearing to review and consider the ALAMEDA COUNTY WATER DISTRICT: Draft Report on Water Quality Relative to Public Health Goals 2016-2018.

At said time and place, or at such time and place to which said hearing may be adjourned, any person interested may appear and present comments on the ALAMEDA COUNTY WATER DISTRICT: Draft Report on Water Quality Relative to Public Health Goals 2016-2018.

NOTICE IS FURTHER GIVEN that staff will be making a presentation on the Draft Report on Water Quality Relative to Public Health Goals 2016-2018 at the public hearing to present key facts and details pertaining to the Draft Report on Water Quality Relative to Public Health Goals 2016-2018. After said presentation the ALAMEDA COUNTY WATER DISTRICT Board of Directors will hear and consider public comments, if any, to the aforesaid report.

Gina Markou, District Secretary
Board of Directors
Alameda County Water District

USDA rule would cut food stamp benefits for 3.1 million

By Carole Feldman
Associated Press

About 3.1 million people would lose food stamp benefits under the Trump administration’s proposal to tighten automatic eligibility requirements for the food stamp program. The Agriculture Department said Tuesday that the rule would close “a loophole” that enables people receiving only minimal benefits from the Temporary Assistance for Needy Families (TANF) program to be eligible automatically for food stamps without undergoing further checks on their income or assets. “For too long, this loophole has been used to effectively bypass important eligibility guidelines. Too often, states have misused this flexibility without restraint,” Agriculture Secretary Sonny Perdue said in a statement. The proposed rule is the latest in the Trump administration’s efforts to cut back on the Supplemental Nutritional Assistance Program or SNAP, the official name of the food stamp program. It also has proposed to tighten work requirements for those who receive federal food assistance. USDA estimates that 1.7 million households – 3.1 million people – “will not otherwise meet SNAP’s income and asset eligibility prerequisites under the

proposed rule.” That would result in a net savings of about \$9.4 billion over five years. An unpublished version of the proposed rule acknowledges the impact, saying it “may also negatively impact food security and reduce the savings rates among those individuals who do not meet the income and resource eligibility requirements for SNAP or the substantial and ongoing requirements for expanded categorical eligibility.” Democrats in Congress were quick to condemn the proposal. House Speaker Nancy Pelosi said it was “the administration’s latest act of staggering callousness” while Senate Democratic leader Chuck Schumer said he would “fight to make sure these cuts never become a reality.” Sen. Debbie Stabenow, D-Mich., said the administration was trying anew to circumvent Congress and that the effect would be to “take food away from families, prevent children from getting school meals, and make it harder for states to administer food assistance.” Congress has rejected previous, similar attempts to change the expanded automatic eligibility provisions, most recently during the farm bill debate in 2018. Robert Greenstein, president of the Center on Budget and Policy Priorities, said the proposal could discourage working families with incomes close to the maximum for SNAP participation from seeking more work out of fear that the added wages could make them ineligible for the program. “The proposed rule would weaken SNAP’s role in supporting work while making it harder for families that struggle

to get by on low wages to meet their basic needs,” he said. About 36 million people participated in SNAP in April 2019, down from more than 38 million a year earlier. Under current law, states may automatically make people eligible for food stamps, if they meet income and other requirements for TANF. USDA says 43 states have expanded that to include households that it says “barely participate” in TANF. The provision is called “expanded categorical eligibility.” USDA said the policy has resulted in people receiving food stamps who don’t need it and wouldn’t qualify under regular program rules. Ellen Vollinger, legal director of the Food Research & Action Center, said the proposal was troubling and that the government should “put attention on how to help more people, not undercut supports for them and make their struggle against hunger even harder.” She said the department didn’t seem to address a resulting loss of school meals, which she said the Congressional Budget Office included in its analyses of previous, similar proposals. “It’s another hit on hunger,” she said. Under the proposal, to qualify for automatic eligibility, people would have to get at least \$50 a month in benefits from TANF for a minimum of six months. Perdue said the change is necessary for “preventing abuse of a critical safety net system so those who need food assistance the most are the only ones who receive it.” The rule, expected to be published in the Federal Register on Wednesday, is open for public comment for 60 days.

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The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Thursday, July 18

• Ten auto burglaries were reported: 42700 and 42800 blocks of Jefferson St., 1100 block of Stevenson Boulevard, 40100 block of Blanchard Street, 44800 block of Trout Court, 39400 block of Tamayo Street, Brookvale Shopping Center on Fremont Boulevard, Tesla Factory in South Fremont and Motel 6 at 34047 Fremont Blvd.

Friday, July 19

• Two evening auto burglaries were reported in the parking lot at Olive Garden restaurant on Farwell Drive.
• Officers were dispatched to Southlake Mobile Home Park on a report about a male brandishing gun at a security guard and then entering a restroom near the pool cabana. Three people were detained in the area, but neither the gun nor any other corroborating evidence was found to confirm the incident.

Saturday, July 20

• Officers responded to a report about two males breaking into a vehicle on Chaplin Drive. The victim chased the pair into the Quarry Lakes area, causing them to drop possible burglary tools. Numerous Fremont officers joined by East Bay Parks Officers with an East Bay Parks helicopter unit searched the area. Eventually K9 Officer Smith located one suspect, a 24-year-old man hiding in the bushes. A record check showed he had three outstanding warrants. He also was partially identified by the

victim. The second male was not found.
• Just before 9:00 p.m. officers were checking Mowry East shopping center for auto burglary activity and specifically for a silver Mazda SUV responsible for numerous auto burglaries in several cities, including Fremont. Over the previous two weeks, it had hit shopping centers in all three zones of Fremont. Video of the suspects was captured the night prior where a large sum of cash was taken from a vehicle in Mowry East. Officer Soper spotted the vehicle in the parking lot, and it immediately fled northbound I-880 and a pursuit was started. The suspect car was disabled after it sideswiped another vehicle then crashed into the sound wall on I-880 south of Whipple Road in Hayward. The three occupants of the suspect vehicle were all detained; two of them, ages 21 and 19, were later booked into Santa Rita Jail. The vehicle’s driver was taken to a hospital for treatment of injuries sustained in the collision. Items from various auto burglaries were found inside the vehicle.

Sunday, July 21

• A female called police to report that while she was stopped in the area of 5680 Stewart Ave., a vehicle pulled up next to her and asked her to come closer to his car. The victim noted the male was exposing himself. The male drove off in the direction of Christy Street. He was described as white, about 30 to 40 years-old, 200 pounds, bald and wearing a gray shirt with green trim. The man’s vehicle was described as light-colored Dodge Dart and the license plate ended in “999.” Officer Hanrahan investigated and documented the case.

Monday, July 22

• Officer Gonzales located a reported stolen vehicle northbound on Mission Boulevard at Washington Boulevard. After backup units arrived, a high-risk vehicle stop was made resulting in the arrest of a 35-year-old man on suspicion of possessing a stolen vehicle and stolen property.

Tuesday, July 23

• Three auto burglaries were reported: Extended Stay America hotel on Farwell Drive, Extended Stay America hotel on Mission Boulevard, Motel 6 on Research Avenue.
• A man was jogging in the area of Grimmer Boulevard and Auto Mall Parkway when an unknown man tried to take away his cellular phone. The suspect spat on the victim before leaving the area. The victim called police and Officer Gonzales located a 37-year-old man in a nearby parking lot and took him into custody on suspicion of robbery, battery and a probation violation after he was identified by the victim.

Wednesday, July 24

• Officers were dispatched to a residence on Hyde Common on the report of a robbery where a female resident was getting into a car in her garage when an unknown man entered and attempted to steal items. A male resident wrestled with the man, but the suspect fled on foot northbound onto Irvington Avenue. The suspect was described as white, about 50 years-old, wearing a green and yellow shirt, blue jeans, white trucker hat, and a black backpack. The case was investigated by Officer Higgins.

BART Police Log

SUBMITTED BY LES MENSINGER
AND BART PD

Friday, July 19

• At 11:14 a.m. a man identified by police as Gene Mabry, 39, of Oakland was arrested at Union City station on suspicion of disobeying a court order, probation violation and possession of drug paraphernalia. He was taken to Santa Rita Jail.

Saturday, July 20

• At 9:05 p.m. a man identified by police as Charles Hemphill, 37, of San Francisco, was arrested at the Bay Fair

station in San Leandro on suspicion of disorderly conduct. He was booked into jail.

Monday, July 22

• At 1:15 a.m. a suspect identified by police as Jontori Lee, 25, was arrested at Bay Fair station in San Leandro on suspicion of domestic battery. Lee was booked into local jail.

Tuesday, July 23

• At 9:36 p.m. a man identified by police as Thomas Lake, 59, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of being drunk in public. He was booked into Santa Rita Jail.

Wednesday, July 24

• At 9:54 a.m. a man identified by police as Edgardo Jason Tiran,

46, of Richmond was arrested at Bay Fair station in San Leandro on a warrant for assault with a deadly weapon. He was booked into Martinez Detention Facility.

• At 4:40 p.m. a woman identified by police as Chynna Brown, 20, of San Francisco, was arrested at Bay Fair station in San Leandro on suspicion of burglary. She was booked into Santa Rita Jail.

Thursday, July 25

• At 11:37 a.m. a man identified by police as Robert Wallace, 33, of Oakland was arrested at Bay Fair station in San Leandro on suspicion of engaging in lewd conduct and interfering with a business. He was booked into Santa Rita Jail.

Alameda County Sheriff’s Office

SUBMITTED BY SGT. RAY KELLY, ACSO

Wednesday, May 24

• During a multi-location search warrant operation in unincorporated Alameda County,

members of the Eden Township Substation I nvestigations Bureau located 25 firearms, including various handguns, automatic weapons, Glock auto sears and FN 5.7 mm weapons. The Sheriff’s Office is working in conjunction with agents from Alcohol Tobacco and Firearms in an effort to seek Federal Prosecution for various weapons offences. Suspect identities will not be released while the investigation continues.

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Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty Law Clinic Santa Clara University College of Law 1987
Editor, University of Illinois Law Review 1968-1969
California Supreme Court Cases Accepted and Argued
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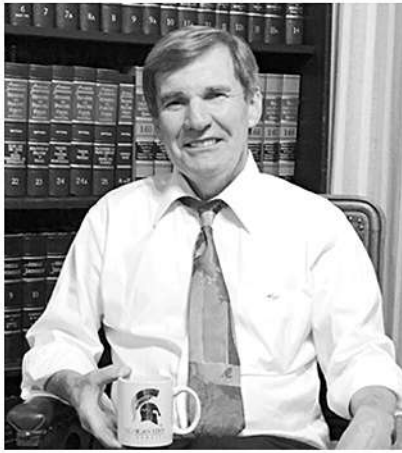
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PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19026218
Superior Court of California, County of Alameda
Petition of: Tuan Kien Loy for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Tuan Kien Loy filed a petition with this court for a decree changing names as follows:
Tuan Kien Loy to Daniel Tuan Kien Loy
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 9-6-19, Time: 11:00 AM, Dept.: 17
The address of the court is 1221 Oak Street, 3rd Fl, Oakland, CA 94612
A copy of this order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: July 09 2019
WYNNE S. CARVILL
Judge of the Superior Court
7/16, 7/23, 7/30, 8/6/19

CNS-3273189#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 561503
Fictitious Business Name(s):
Riwaayat Jewels, 38525 Blacow Rd, Fremont, CA 94536, County of Alameda
Registrant(s):
Navneet K. Sooch, 38525 Blacow Rd, Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Navneet K. Sooch
This statement was filed with the County Clerk of Alameda County on July 24, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/30, 8/6, 8/13, 8/20/19

CNS-3278360#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561097
Fictitious Business Name(s):
Fiona Miller, 4795 Hansen Ave., Fremont, CA 94536, County of Alameda
Registrant(s):
Fiona McLellan, 4795 Hansen Ave., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Fiona McLellan
This statement was filed with the County Clerk of Alameda County on July 11, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/30, 8/6, 8/13, 8/20/19

CNS-3277201#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561338
Fictitious Business Name(s):
Alpine Heating and Air Conditioning Inc, 35946 Anjou Pl, Newark, Ca 94560, County of Alameda
Registrant(s):
FMH, Inc., 35946 Anjou Pl, Newark Ca 94560; FMH Inc, California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 8-1-2003
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Kenneth M Stensland, CEO
This statement was filed with the County Clerk of Alameda County on July 18, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/30, 8/6, 8/13, 8/20/19

CNS-3276333#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560811
Fictitious Business Name(s):
Fremont Botanicals, 37317 Fremont Blvd, Fremont, CA 94539, County of Alameda
Registrant(s):
GSB Pharmaceutical Enterprises, Inc 37323 Fremont Blvd, Fremont, CA 94536; CA
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Gurpartal Basrai, President
This statement was filed with the County Clerk of Alameda County on July 2, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/23, 7/30, 8/6, 8/13/19

CNS-3275558#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 561086
Fictitious Business Name(s):
Pacifico Anchor Boats, 38472 Cedar Blvd., Newark, CA 94560, County of Alameda
Registrant(s):
Roberto Corres, 4437 Glidden Way, Fremont, CA 94536
Briana J. Corres Rivera, 4437 Glidden Way, Fremont, CA 94536
Business conducted by: married couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Briana J. Corres Rivera
This statement was filed with the County Clerk of Alameda County on July 10, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/23, 7/30, 8/6, 8/13/19

CNS-3274316#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560827
Fictitious Business Name(s):
Elle's Home, 2420 Columbine Court, Hayward, CA 94545, County of Alameda
Mailing address: 278 Sadowa Street, San Francisco, CA 94112
Registrant(s):
Elle's Home LLC, 278 Sadowa Street, San Francisco, CA 94112; California
Business conducted by: a limited liability company
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Maria Carmela Rocero, Owner/Manager
This statement was filed with the County Clerk of Alameda County on July 2, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19

CNS-3271415#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560428
Fictitious Business Name(s):
Mission Peak Dental Care, 39572 Stevenson Place #227, Fremont, CA 94539, County of Alameda
Mailing Address: 1550 Salamanca Ct, Fremont, CA 94539
Registrant(s):
Aparna Borole DDS., Inc. 1550 Salamanca Ct, Fremont, CA 94539; Cor California
Business conducted by: A Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 6/3/2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Aparna Borole, President
This statement was filed with the County Clerk of Alameda County on June 19, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19

CNS-3271414#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560769
Fictitious Business Name(s):
Old Glory Consulting, 39 Old Glory Ct., Fremont, CA 94539, County of Alameda
Registrant(s):
Donald Pan, 39 Old Glory Ct., Fremont, CA 94539
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Donald Pan
This statement was filed with the County Clerk of Alameda County on July 1, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19

CNS-3270928#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560630-1
Fictitious Business Name(s):
1. The DOT, 2. The Bay Cleaning Service, 625 Berry Ave #107, Hayward, CA 94544, County of Alameda
Mailing Address: PO Box 3365, Hayward, CA 94540
Registrant(s):
Teresa Singh, 625 Berry Ave #107, Hayward, CA 94544
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Teresa Singh
This statement was filed with the County Clerk of Alameda County on June 25, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19

CNS-3270927#

GOVERNMENT

UNION SANITARY DISTRICT

On July 22, 2019, the Union Sanitary District Board of Directors adopted Ordinance No. 34.08, An Ordinance Providing for the General Regulation of Private and Public Sewers, Plan Review, Issuance of Construction Permits, Inspection of Sewer Installation, and the Collection of Fees for These Services, and Repealed Ordinance No. 34.07, Ordinance No. 34 includes general regulations regarding the ownership, construction, use, and maintenance of private and public sewers and sets forth procedures and fees for the construction and installation of sewers and related appurtenances. Ordinance No. 34.08 revised the schedule of construction costs that are used for calculating plan review and inspection fees, updated the material and services fees used to calculate fees for work performed by the District, clarified District ownership of sewer lines, clarified the use of deposits, and added an appeals provision. The costs and fees were updated to cover the minimum effort associated with performing these services and do not exceed the reasonable cost of providing the services or benefit for which the fee is charged. Regarding the clarification of District ownership of sewer lines, provisions regarding private main sewers and their maintenance were added, including a revised Access and Clearance Requirements Detail 31 that has been drafted to reduce the current detail in the District's 2017 Standard Specifications and Details. The ordinance was discussed and approved following a noticed public hearing held at the Union Sanitary District Board meeting of July 22, 2019 and will take effect on August 12, 2019. A copy of the ordinance may be found on our website at www.unionsanitary.ca.gov, or may be obtained at our offices located at 5072 Benson Road, Union City, California. 7/30/19

CNS-3278103#

PUBLIC HEARING NOTICE

Pursuant to California Government Code Sections 6061, 65090, 65091, 65094, 65095 and 65905, on August 13, 2019, at or after 7:30 p.m. in the Council Chambers, 37701 Newark Boulevard, Newark, CA, the Planning Commission will hold a public hearing to consider:

Z-19-3, Text amendments to the Zoning Ordinance of the Newark Municipal Code to revise various sections including Ch. 17.07.020, 17.07.030, 17.13.040(D)(5), 17.07.040(E), 17.08.020, 17.13.040, 17.26.090 & 17.26.280, generally affecting land uses, pedestrian walkways, landscaping, design standards, public notice requirements and other development standards. All proposed changes are in conformance with the City's General Plan.

The purpose of the text amendments is to change land uses and revise language of the City of Newark Zoning Ordinance. Specifically, the proposed changes shall amend how government offices, public safety facilities, lodging house, guesthouse, tutoring centers and instructional services are permitted in residential and commercial zoning districts. In addition, design standards are proposed which affect: landscaping,

pedestrian walkways, single-family design review and distances between buildings. Public notice requirements for large family daycares shall also be proposed.

Please refer any questions or comments regarding the subject item to the Planning Department, 37101 Newark Boulevard, Newark, CA, 94560, and by calling (510) 578-4330.

If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Newark Planning Commission at, or prior to, the public hearing.

ART INTERIANO
Acting Community Development Director

7/30/19

CNS-3277769#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
JOHN A. FARIA
CASE NO. RP19028042

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: John A. Faria
A Petition for Probate has been filed by Perry J. deFaria in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Perry J. deFaria be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 8/14/2019 at 9:31 a.m. in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Charles A. Triay, One Kaiser Plaza, Suite 750, Oakland, CA 94612, Telephone: (510) 463-3170
7/30, 8/6, 8/13/19

CNS-3277912#

REPORT OF SALE AND PETITION FOR
ORDER CONFIRMING SALE
OF REAL PROPERTY

Case Number: RP1823690
Hearing date and time: 08/14/19 9:30
Dept. 202
Superior Court of California, County of Alameda, 2120 Martin Luther King Way, Berkeley, CA 94704, Probate
Estate of Gerald Fishburn decedent
1. Petitioner: Lola Russo is the personal representative of the estate of the decedent, conservatee, or minor and requests a court order for:
b. confirmation of sale of the estate's interest in other property sold as a unit as described in Attachment 2c
c. approval of commission of: 4.5% of the amount of \$32,625.00
d. additional bond is not required.
2. Description of property sold
a. interest sold: 100%
b. Improved
c. Street address and location: 3744 James Avenue, Fremont, CA 94538-3414, County of Alameda
e. Legal description is affixed as Attachment 2e.
3. Appraisal
a. Date of death of decedent or appointment of conservator or guardian: DOD - 08/28/2018
b. Appraised value at above date: \$870,000.00
c. Reappraised value within one year before the hearing: \$870,000.00
d. Appraisal or reappraisal by probate referee has been filed
4. Manner and terms of sale
a. Name of purchaser and manner of vesting the:
Seema Gupta
c. Sale was private on: 6/24/2019
d. Amount bid \$725,000.00
Deposit \$21,750.00
e. Payment Cash
f. Other terms of sale
5. Commission
a. Written contract for commission was entered into with: Stacy Lahn, Adrenal Realty & Associates
c. Purchaser was procured by: Zeke Mujaddadi, Home Advantage Corp.
a licensed real estate broker who is not buying for his or her account
d. Commission is to be divided as follows: 4.5% Total - 2% to Sellers Broker and 2.5% to Buyers

Broker
6. Bond
a. Amount before sale: \$98,000.00
b. Additional amount needed: None
7. Notice of sale
a. Published
8. Notice of hearing
a. Special devise:
(1) None
(2) devise
(3) Required written notice will be given
c. Personal representative conservator of the estate, or guardian of the estate:
(3) Written notice will be given
9. Reason for sale
a. Necessary to pay
(1) debts
(2) devise
(4) expenses of administration
(5) taxes
b. The sale is to the advantage of the estate and in the best interest of the interested persons.
(10) Formula for overbids
a. Original bid: \$725,000.00
b. 10% of first \$10,000 of original bid: \$1,000.00
c. 5% of (original bid minus \$10,000): \$26,250.00
d. Minimum overbid (a + b + c): \$752,250.00
11. Overbid. Required amount of first overbid \$752,250.00
12. Petitioner's efforts to obtain the highest and best price reasonably attainable for the property were as follows:

Listed on several MLS's: Paragon, Metrolist, Baret's, SFAR, Redfin, Trulia, Realtor.com. and CAR other MLS service. The house had exposure to the greater N. CA. Property on the market for 2 weeks prior to 1st Open House on 4/27/19. Several offers received with accepted offer deemed most beneficial to Estate.
Date: July 19, 2019
C. Brent Patten 77706
I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct
C. Brent Patten 77706, Law Offices of Rives & Rives, 2211 Railroad Avenue, Pittsburg, CA 94565; Telephone: (925) 432-3511; Fax No. (925) 432-3516
e-mail address: cbpatten@hotmail.com
Attorney for Lola Russo
7/30, 8/6, 8/13/19

CNS-3277802#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
CARLOS LORENZI
CASE NO. RP19026257

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Carlos Lorenzi
A Petition for Probate has been filed by Cal Ray Lorenzi in the Superior Court of California, County of Alameda.
The Petition for Probate requests that Cal Ray Lorenzi be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on August 21, 2019 at 9:31 AM in Dept. 201 located at 2120 Martin Luther King, Jr. Way, Berkeley, California 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: ROBERT LOWELL JOHNSON, ESQ., 38750 Paseo Padre Parkway, Suite B-1, Fremont, California 94536, Telephone: (510) 794-5297
7/16, 7/23, 7/30/19

CNS-3273187#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the 12th day of August, 2019 at or after 12:15pm pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
NameUnit #Paid Through Date
Jorge Barajas3205-7-2019
William GoudyMM4015-18-2019
Gergory Munoz3405-20-2019
Vanvi Luong3005-30-2019
Matthew Aiake36711-17-2018
James Jerome3024-21-2019
7/30, 8/6/19

CNS-3276760#

Instagram expands hiding 'likes' to make you happier

BY BARBARA ORTUTAY
AP TECHNOLOGY WRITER

Instagram is expanding a test to hide how many "likes" people's posts receive as it tries to combat criticism that such counts hurt mental health and make people feel bad when comparing themselves to others.

The Facebook-owned photo-sharing service has been running the test in Canada since May. Now, Facebook said the test has been expanded to Ireland, Italy, Japan, Australia, Brazil and New Zealand.

Facebook typically tests new Facebook and Instagram features

in smaller markets before bringing them to the U.S., if it ever does. The company would not comment on what it's learned from the Canada test or if it has plans to expand it to the U.S. any time soon.

One group that may be affected is Instagram "influencers," the major, minor or micro celebrities who use social media to market products and otherwise influence their hordes of followers. After all, if you post a photo and no one likes it, did you really post it?

People can still see how many people liked their own photos but won't see counts for other

people's posts. Rather, they could tap to see a list of all the accounts that liked the other posts but would have to count the total manually. It's a task few people would bother with. Likewise, though Instagram isn't hiding the number of followers on an account, it still requires an extra tap or two to find that.

"It makes it hard to find who the influencers are," said Ryan Hilton, a 27-year old Canadian who works in social media and has been part of the no-likes test for months. "It's hard to know who to follow because everyone looks the same."

Hilton, who has a personal account as well as one for his dog, the latter with more than 3,200 followers, added that he understands why Instagram is doing this. Hilton said his younger sister, who is in high school, is "obsessed" with likes.

"It's mostly for the younger generation, people in high school and stuff," he said. "There is a lot of pressure. If someone has 1,000 likes and someone has two likes, that probably makes them feel not very nice."

While Hilton said the change will probably slow down the influencer world a little bit, he pointed out that a lot of young

influencers now are using live videos, not static photos, to build their following. Here, likes are still visible.

Guy Avigdor, co-founder and chief operating officer of influencer marketing company Klear, said many marketers are also moving toward Story, Instagram's disappearing video and photo feature.

"If anything, now is a time for the industry to adapt more adequate metrics for measuring influencer impact and reduce reliance on likes," Avigdor said.

Police Community Academy starting soon

SUBMITTED BY HAYWARD PD

Citizens who are interested in learning how the Hayward Police Department works and getting an insider’s view of daily operations are invited to apply to be part of the department’s upcoming Community Academy.

Among topics covered during the nine-week program are police patrol structure, community policing, robberies and property crime, traffic and narcotics, 911 dispatch operations and evidence collection. The academy is aimed at people who live or work in Hayward.

Sessions will meet 6 to 9 p.m. Tuesdays, Sept. 3 through Oct. 29 at the Hayward Police Department North District Office. Because of the sensitivity of the information presented, participants must be 18 or older and pass a background check. There is no cost to participate in the Community Academy.

To apply, call the Crime Prevention Unit at (510) 293-5051 or email HaywardPDCPU@hayward-ca.gov. More information about the program, including a link to register online, is available at www.haywardpd.net. Click the “Programs” tab and scroll to the Community Academy link.

Hayward Police Community Academy
Tuesdays, Sept 3 – Oct 29
6 p.m. – 9 p.m.
22701 Main St., Hayward
Apply by phone: (510) 293-5051
Email: HaywardPDCPU@hayward-ca.gov

Milpitas Police Log

SUBMITTED BY
SGT. JOSEPH A. HAYLEN,
MILPITAS PD

Monday, July 8

- At 8:51 p.m. Milpitas police and fire personnel responded to a

northbound 680 to eastbound E. Calaveras Boulevard hit him at a high speed and fled the scene. The pedestrian sustained major injuries. The suspect vehicle may be a 1990s model Ford Taurus or Mercury Sable and may have damage to the right front fender area.

Police are asking that anyone who may have information about the driver or the incident to call



report of a hit and run incident involving a pedestrian on E. Calaveras Boulevard at Highway 680. The 31-year-old male pedestrian was walking westbound on the south sidewalk of E. Calaveras Boulevard when a dark-colored sedan exiting

them at (408) 586-2400. Information also can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department Website at: www.ci.milpitas.ca.gov/crimetip.

Heads up! Lane closures may slow drivers

SUBMITTED BY THE CITY OF HAYWARD

Drivers should be plan for possible delays or detours along Mission Boulevard in South Hayward through August 9 as the City continues its roadway rehabilitation and repaving project.

Northbound traffic will be reduced to one lane along a 1.5-mile stretch of Mission Boulevard from the Hayward-Union City border at Blanche Street to the intersection of Industrial/Alquire Parkway for roadway rehabilitation and repaving.

The lane reduction is scheduled for 8 a.m. to 4 p.m. Tuesday, July 30 through Thursday, August 1 and again on Monday, August 5 through Friday, August 9. The work is part of Phase 2 of the City of Hayward Mission Boulevard Improvements Project. Two lanes will open to traffic at the end of each day.

Phase 1 of the Mission Boulevard improvements, from Industrial Parkway to A Street, was completed in 2014. Phase 3, from A Street to the north City Limit at Rose Street, is now in the design phase. Phase 2 construction started in March 2018 and is anticipated to be completed by early 2020.

In addition to roadway rehabilitation and repaving, the project consists of:

- Under-grounding of overhead utility wires
- Construction of new sidewalks and curb ramps, bike lanes with buffer planter islands, and median island with landscaping
- Planting of new trees
- Installation of LED streetlights, new metal fencing on the west side of Mission adjacent to existing wood fencing, and gateway monuments at Blanche, Fairway and Corrine Streets
- Modification of existing traffic signals and installation of new traffic signals

Project funding includes revenue from sale of land once planned for construction of a State Route 238 bypass freeway and from Alameda County voter-approved Measure BB transportation sales tax.

Hayward names new police chief

SUBMITTED BY THE
CITY OF HAYWARD

Following a nationwide search that also included interviews with police chiefs from numerous California cities and with panels of community members, Hayward officials have selected Toney Chaplin as the city’s newest Chief of Police. The announcement was made July 24 by Hayward City Manager Kelly McAdoos.

Chaplin comes to Hayward after a long stint with the San Francisco Police Department (SFPD) where he held every departmental rank — from patrol officer to interim chief of police. “I’m humbled and honored to be chosen, and I’m grateful for all that my San Francisco colleagues have done to help prepare me,” Chaplin said.

“It is with great enthusiasm and excitement that I appoint Toney Chaplin as the next leader of our distinguished Hayward Police Department and to become its 15th Chief of Police,” McAdoos said. Chaplin succeeds retired Hayward Police Chief Mark Koller and will assume command over the approximately 200-officer force on Tuesday, September 3.

Chaplin expressed enthusiasm for leading a department that has earned and maintained CALEA (Commission on the Accreditation of Law Enforcement Agencies)



accreditation “with distinction,” noting that only 2% of departments nationwide achieve this accreditation, which involves review of all of the department’s policies, procedures and training to make sure they reflect the best practices in the industry.

In Hayward, Chaplin plans to bring to the job a leadership style he describes as “inclusive, optimistic and focused on moving the profession forward into the 21st century of policing.”

As assistant chief at SFPD, he led the department’s Operations Division, which is made up of four bureaus with approximately 2,000 officers of all ranks, including four deputy chiefs. As a deputy chief, Chaplin formed SFPD’s new Bureau of Professional Standards and Principled Policing and served as direct liaison to and manager of the U.S. Department of Justice Collaborative Reform Initiative for Technical Assistance.

Hayward officials noted that throughout his career Chaplin worked regularly with community-based organizations, resident groups and faith leaders, and distinguished himself as a

mentor and developer of others for leadership, promotion and career advancement.

As a commander, Chaplin led the SFPD Investigation Bureau, which includes homicide, Gang Task force, Special Victims Unit, all district station investigative teams and the elite Special Investigations Division.

As a lieutenant, he oversaw the homicide detail, expanded the Cold Case Unit and increased the diversity of the unit to better serve San Francisco’s diverse population. As a lieutenant and sergeant, Chaplin supervised and managed a complement of junior-ranking police officers and sergeants, managing all aspects of police operations during supervisory/management shifts. He has a Bachelor of Science degree in Organizational Leadership from Colorado State University and has served as an SFPD Academy instructor and a guest instructor at City College of San Francisco. Chaplin is a recipient of the Silver Medal of Valor, SFPD’s second-highest award.

Chaplin, his wife, Tiffaney, and their daughter have resided in Hayward since 2006.

“Hayward has been a great city to live in, and I fully expect this will be my last job in policing,” he said. “Hayward has an outstanding police department. With my experience, particularly around community policing, I’m confident we can increase transparency with those we serve, identify service enhancements that will be of value to the community, and make the HPD one of the very best departments in the country.”

Alameda County Fire Department

SUBMITTED BY AISHA KNOWLES, ACFD

Sunday, July 21

- At 7:46 p.m. firefighters responded to a working residential fire on the 2700 block of Condor Street in Union City. The one-alarm fire caused damage to the attached garage of the house. Smoke and flames breached the living space but were held in check by fire crews. Two adults were medically evaluated at the scene and will be temporarily displaced. Another resident sustained minor injuries but was treated and released. The cause of the fire is under investigation.

Senators want to rename NASA facility after Neil Armstrong

AP WIRE SERVICE

Ohio’s two U.S. senators plan on asking Congress to rename a NASA research facility in northern Ohio after astronaut Neil Armstrong.

Republican Rob Portman and Democrat Sherrod

Brown want to honor the Ohio native by renaming the NASA Plum Brook Station in Sandusky.

Portman says he talked about the idea with Armstrong a year before his death in 2012. But the senator says Armstrong was so humble that he balked at the suggestion.

Portman says he has since talked with Armstrong’s family and NASA and that they support renaming the facility.

Brown says it would be a fitting tribute, with this weekend marking the 50th anniversary of Armstrong’s first steps on the moon in 1969.

Pot legalization bills introduced in Congress

AP WIRE SERVICE

Bills that would legalize and tax marijuana at the national level and provide opportunities for people convicted of federal pot crimes to clear their records, were introduced Tuesday in Congress.

The companion legislation in the House and Senate were introduced by Sen. Kamala Harris of California and New York Rep. Jarrold Nadler, the chairman of the powerful House Judiciary Committee. Both are Democrats.

“Times have changed – marijuana should not be a crime,” said Harris, who is running for president. “We need to start regulating marijuana and expunge marijuana convictions from the records of millions of Americans so they can get on with their lives.”

The tax revenue from legalization would support job training, substance abuse treatment, literacy programs and other services for individuals and

communities hit hard by drug enforcement. Some of the revenue would also support programs designed to help “socially and economically disadvantaged individuals” start their own marijuana businesses.

While support for marijuana legalization has gained traction in Congress it’s still a long shot that a bill will pass this session. Still, Nadler’s introduction means the issue is very likely to get a hearing before his committee.

Supporters of legalization hailed Nadler’s involvement as a clear sign of momentum.

“Never in American history has the chairman of the Judiciary introduced a bill to end federal marijuana criminalization,” said Justin Strelak, political director of the Washington-based National Organization for the Reform of Marijuana Laws. “At a time when the state you live in can determine whether cannabis can ruin your life or make you a millionaire, now more than ever we must end the national prohibition of marijuana.”

Eleven states and the District of Columbia have legalized marijuana since 2012 for so-called recreational use by people 21 and older. Illinois joined the list last month when that state’s governor signed legislation removing criminal penalties and allowing for expungement of past low-level pot

convictions.

Legalization efforts in New York and New Jersey stalled this year despite strong support in their Legislatures. Proponents believe legalization is only a matter of time in those states. Meantime, two-thirds of the states have some form of legal medical marijuana, which also is banned at the federal level.

Opponents to national legalization warned of dangerous consequences.

“This is a bill to legalize the sale of addictive, high potency marijuana candies, gummies, ice creams, soda, waxes, dabs, and concentrates nationwide,” said Kevin Sabet, a former Obama administration drug-policy adviser who now heads Smart Approaches to Marijuana, an anti-legalization group.

Sabet said proposals to expunge past pot convictions are “commendable” but could be considered without “giving the green light to the marijuana industry.”

Meantime, the Senate Banking Committee held a hearing Tuesday to discuss banking reform efforts for the cannabis industry. A bill in Congress dubbed the SAFE Act would allow financial institutions to work with cannabis-related businesses without threat of federal punishment.

COMMUNITY BULLETIN BOARD

Eden Community Connections Circle of Friends Come join with other mental health clients looking for mutual support and fun. We meet every Wed. 1:30-3pm at various locations in San Leandro and Hayward. Call Judy 510-605-8412 for information	Fremont FAMILY RESOURCE CENTER 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Let’s Do Lunch! Volunteer for LIFE ElderCare Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
SPARKPOINT FINANCIAL SERVICES for Low-Income Residents FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020 Fremont.gov/SparkPointFRC	Tri-City Free Breakfast Program VOLUNTEERS NEEDED! Help serve hot nutritious meals. Students Community service hours! Irvington Presbyterian Church 4181 Irvington Ave, Fremont Mon, Wed, & Fri Any time between 5am-9am Contact Rich Doberstein at rich.dare2dream@sbcglobal.net	DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010		
League of Women Voters Fremont-Newark-Union City www.lwvfnc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking? Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope Website: alanond17.weebly.com For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com		
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	Is Your Life Unmanageable Because of Debt? Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone DEBTORS ANONYMOUS www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610		FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162	Bay Area Guide Dog Puppy Raisers Looking For Volunteers Interested in giving back to their community Raise a puppy and change a life! We meet Thursday 7-8pm For more information Call Randy Hollenshead 510-331-4862	A-1 Comm. Housing SVCS Credit & Money Management Workshop Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, come join us www.fremontcoinclub.org 510-792-1511
		Do you get nervous when you have to speak in public? Newark Toastmasters can help Learn this skill and more in a supportive atmosphere It’s FREE to attend Tues 7am-8:10am Newark Library 6300 Civic Terrace Ave., Newark 510-796-3562 or 510-402-8318 www.1118.toastmastersclub.org		FREMONT STAMP CLUB Meets 2nd Thurs. each month 7pm Fremont Community Activities Center 3375 Country Dr., Fremont Collectors of all ages welcome www.fremontstampclub.org/ or call Tom 510-793-9124 write12me@gmail.com
English Conversation Cafe Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm Bridges Community Church 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org	Sunday Sermon Translations South Bay Community Church welcomes our neighbors with written sermon translations in Chinese, Spanish and Urdu Message in written translation Sundays 8:00 am South Bay Community Church 47385 Warm Springs Boulevard Fremont, CA 94539 For information and to request another language : 510-490-9500	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Union City Toastmasters All are Welcome! Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
Become a volunteer driver with LIFE Eldercare Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org	Do you want to help build our Model Railroad Layouts & Operate Trains? The Tri-City Society of Model Engineers Looking for new members Meet Fridays - 7:30pm-9:30 pm Niles Plaza 37592 Niles Blvd., Fremont www.nilesdepot.org or call 510-325-2092	Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun filled dance workout with many rhythms from around the world	AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com		The Tri-Cities Democratic Forum meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com	Public Community and Event Spaces Open to all ages Town Fair Plaza at the corner of Capitol Ave and Downtown Fremont CHECK US OUT AT: WWW.TOWNFAIRPLAZA.COM	Newark Cub Scout Pack 441 Looking for adventurous kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com
Make a new friend! Be a volunteer friendly visitor with LIFE ElderCare Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org		SiliconAndhra ManaBadi Telugu Language Program 501c3, ACS-WASC accredited Approved by school districts ManaBadi classes many locations For ages 4 years and above OPEN to non-heritage students http://manabadi.siliconandhra.org/ Sridevi Ganti 510-364-2493 sridevi.ganti@manabadi.siliconandhra.org	Buon Tempo Italian American Club Family Dinners 1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org	Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

COMMUNITY BULLETIN BOARD

A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop Learn the process of shomeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227	LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK? Fremont Area Writers (FAW) is here to HELP! Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M. 42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers! “Second Saturday” Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub. Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju’s on Thornton Ave next to Dale’s Hardware in FRMT. Critique Groups to help you from first draft to publication Everyone is welcome! www.cwc-fremontareawriters.org		FOR SALE Dining room table 26” wide X 61” long X 29” high Butcher block top, white legs 4 matching chairs Drawer at each end for storage \$60 for the set Also rocker recliner, good condition Rocks but doesn’t recline - \$25 (510) 276-1439	MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com
HAYWARD AIRPORT OPEN HOUSE SUNDAY, SPET 22, 2019 10am - 4pm Free Entry & Free Parking Aircraft, Classic Cars Food Truck DJ & Booths 20301 Skywest Dr. Hayward www.haywardairport.org or call 510-293-8678	Larry O Car Show Sat. August 10 9am-3pm Free Admission! Riggieri Senior Center 33997 Alvarado Niles Blvd. Bounce House, Bicycle Show, Model Car Display, Prizes BBQ Fundraiser, Music contact: 510-675-5495	53rd Annual Art Show – ARTIST CALL 8/25 Application Deadline! Apply at www.fremontartassociation.org/ annual-art-show ~FREMONT ART ASSOCIATION~ 37697 Niles Blvd., Fremont, CA 510.792.0905	Home Craft Fair - 48th year October 2,3,4,5 Wednesday 10am - 4pm Thursday 10am - 5pm Friday 10am - 5pm Saturday 10am - 4pm 1608 Via Santa, San Lorenzo (Follow signs on Bockman Road) Hundreds of Handmade Gifts for Giving and Keeping	Centennial Celebration September 28 - 10am-5pm American Legion Post 68 and American Legion Auxiliary Unit 68 - Hayward B Street Downtown Hayward Parade and Festivities All are invited For info Call Alfredo Rodriguez 510-537-6105 email: readyajr@yahoo.com

Alameda County Transportation Commission receives recognition

SUBMITTED BY ALAMEDA COUNTY
TRANSPORTATION COMMISSION

Alameda County Transportation Commission (CTC) has received the Certificate of Achievement for Excellence in Financial Reporting for its Comprehensive Annual Financial Report (CAFR) for the year ended June 30, 2018. The Certificate of Achievement, awarded by the Government Finance Officers Association of the United States and Canada (GFOA), is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

“This fiscal leadership and financial transparency help to attract additional funds for transportation to Alameda County and ensure our promise to taxpayers to deliver critical transportation projects and programs,” said Alameda CTC Chairman Supervisor Richard Valle.

The commission has demonstrated success in administering funds to support transportation-related projects and programs. “This award is a testament to the commission’s continued commitment to the highest standards and transparency in the conveyance of financial information to the taxpayers of Alameda County,” said Alameda CTC Executive Director Arthur L. Dao.

Civics for Citizenship

SUBMITTED BY
HELEN CHRISTIAN

Studying to be a U.S. citizen? Need help with learning U.S. history and government? The Fremont Main Library and Newark Library provide free “Civics for Citizenship classes” and reading materials. To join, attend the orientation classes on Tuesday, August 13 or Wednesday, August 14.

Since 2013, Education and Literacy Services have been providing classes to help members learn U.S. history and

government, not only to pass the U.S. Citizenship exam but also to understand its impact on current times and the importance of civic duty. For more information on the orientation classes, call Alameda County Library Education and Literacy Services at (510) 745-1480.

Orientation Class for Citizenship
Tuesday, Aug 13
6 p.m. – 7 p.m.
Fremont Main Library
2400 Stevenson Blvd., Fremont

Wednesday, Aug 14
12 noon – 1 p.m.
Newark Library
6300 Civic Terrace Ave., Newark

(510) 745-1480

Snake on a mailbox halts mail delivery until it’s relocated

AP WIRE SERVICE

The Postal Service Creed covers rain, snow, heat and gloom of night, but it says nothing about snakes on a mailbox.

One North Carolina postal worker who encountered that very thing said the mail delivery could wait until the snake was delivered elsewhere.

The Charlotte Observer reports the worker found the snake Friday at a home in Mint Hill near Charlotte.

Jennifer Gordon of Carolina Waterfowl Rescue said the nonvenomous Dekay’s brown snake was living in some ivy below the mailbox and climbed up to get some sun.

The postal worker wanted it gone before the mail was delivered. Neither the worker nor the family were identified.

Rescue workers released the snake in some nearby woods. The owners removed the ivy from the mailbox to prevent a return to sender.

Information from: The Charlotte Observer, http://www.charlot-teobserver.com

Union City City Council

July 23, 2019

Updates:
Medical cannabis dispensary Jiva Life lost their lease at Kohoutek Way and will be changing locations. They also plan to apply for a cultivation, distribution, and manufacturing permit at a separate location.

Consent Agenda:
Approved minutes for Special City Council meetings on June 17, 2019 and July 16, 2019, and regular meeting on July 9, 2019.

Extend contract with Marilou Ayupan as the City’s interim Public Works Director and Merrill Buck as interim Capital Projects Engineer. Their contract

will continue through March 27, 2020. Major projects include construction inspection of Windflower 2, Sugar Mill by City Ventures, traffic signal improvements, and resurfacing of Decoto Road.

Increase contract amount by \$350,000 with Bay Area Tree Specialist for the city’s tree pruning and removal projects. The service will continue through 2019-2020.

Update Local Agency Investment Fund (LAIF) signature authority to include city manager Joan Malloy.

Start contract with Kimberly-Horn and Associates, INC. to make final designs to Union City Boulevard Bike Lane Improvements Project. Project is over 2 miles along Union City Boulevard.

Public Comment:
Resident is upset over the July 16, 2019 study session vote to close Fire Station 30. The closure plan will be voted on at a future city council meeting.

Catholic Church St. Anne’s Summer Festival is on July 27-28.

Council Reports:
Council voted unanimously during closed session to appoint Carmela Campbell as the City’s Community and Economic Development Director. She was previously the City’s Planning Manager.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Gary Singh	Aye
Emily Duncan	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye

LETTER TO THE EDITOR

President’s reply to student association

In response to the Letter to the Editor by Talha Tariq, Ohlone College’s ASOC President [Tri-City Voice, July 23, 2019], it is important for the community to know that Ohlone College administration prides itself in putting our students first and in valuing their input and opinions.

I am saddened by the recent claims suggesting that I have attempted to stifle the voice of our students. Over the past 11 years, I hope you have come to know me as a reflective leader who values and uses the input of our community and our students.

The Ohlone College’s governing Board of Trustees has authorized the organization of the ASOC per California Education Code 76060.

Board policy designates the President to be responsible for ensuring applicable laws and policies are followed. As a public institution of higher education, the College administration has the duty and responsibility to the electorate to ensure that the College is operating legally and mandating official regulations.

The College and its administration exist to serve, support, educate, and guide our students. ASOC plays an important role in our participatory governance processes. Since the article was published, we continue to work for resolution and understanding and we have made progress.

We appreciate the students’ efforts and leadership in advocating for change.

Sincerely,

Gari Browning, Ph.D.
President/Superintendent
Ohlone Community College District

UC system accepts record number of California applicants

AP WIRE SERVICE

The University of California accepted a record number of freshmen and transfer students that includes the most ever from California for the 2019-20 academic year, officials announced Monday.

The university system’s nine undergraduate campuses accepted 71,655 California freshmen and 26,700 students who will transfer from California community colleges. That’s 579 more freshmen and 52 more transfer students from California than last year.

“Yet another year of record-setting admissions underscores the tremendous interest in the world-class education at UC,” said UC President Janet Napolitano.

“The best and the brightest young minds continue to make UC their university of choice.”

The freshman admission rate for California residents jumped 3 percentage points to 62 percent, while the admission rate for California community college transfers remained at 76 percent.

UC schools have been under pressure to accept California residents so they can have a cheaper way to complete a four-year degree at the state’s top public universities and after freshman admission rates fell from 85 percent in 2009 to 59 percent in 2018.

Nearly 218,000 prospective undergraduates applied for at least one UC school for fall 2019 during the application period that ended Nov. 30, according to figures released by the university system. They include about 177,000 applications to become freshmen and more than 41,000 to become transfer students.

UC expects to enroll an additional 2,500 California undergraduates for 2019-20, on top of the more than 14,000 additional California students the university has added over the past three years, officials said.

UC campuses are working toward a goal of enrolling one new California resident transfer student for every two new in-state freshmen. As part of those efforts, some UC campuses reached out to community

colleges in their area to seek out transfer students.

The university’s transfer enrollment is expected to rise in the coming years from growing awareness of the UC Transfer Pathways program, which provides a roadmap of course preparation for the university’s most sought-after majors.

“With UC Transfer Pathways, we expect to see even more Californians, especially first-generation college students and underrepresented minorities, enroll at UC and graduate in a timely manner,” said Han Mi Yoon-Wu, UC’s interim associate vice president and director of undergraduate admissions.

Among freshmen applicants, Asian American students remained the largest group admitted at 35 percent, while the percentage of white students remained 22 percent. The Latino student population grew slightly to 34 percent of those admitted. African Americans represented 5 percent, the same as the previous year.

An Open Letter to the Fremont Community: July 29, 2019

The City of Fremont has been ranked as the “happiest city” in America, but recently, many are not happy. Why? Because the City recently began studying the potential of creating a temporary Housing Navigation Center as part of a comprehensive effort to address the growing challenge of homeless encampments spreading through the city. The thoughts of possibly having the Center near their neighborhood got many worried. While we understand their concerns and requests not to have the Center near schools or residential areas, we also have a responsibility to look into all factors to address this crisis realistically and effectively. As your Mayor, I sincerely hope to have your support and understanding by way of this letter.

- The City has undertaken many efforts and has seen a steady increase in several areas:
- In July 2018, the City had identified 133 encampment sites; as of June 2019, that number has increased to 178 encampment sites.
 - In Fiscal Year 2018-19, which runs July 1, 2018 – June 30, 2019, the City has conducted biweekly cleanups removing 72.33 tons of debris using approximately 900 contractor work hours.
 - The Police Department notes that almost one-half of their calls for service are related to concerns about homeless persons, often taking them away from more serious matters. Homelessness in and of itself is not a crime.
- The challenge continues to grow and isn’t going away on its own. California

- shares the largest burden of the national crisis, with 25% of the nation’s homeless population. Between 2017 and 2019 the number of homeless individuals in Alameda County increased 43%. Mayors from all cities in Alameda County have met monthly over the last year to work on collaborative solutions to this issue.
- Motivated by a desire to resolve these challenges and to make the most use of over \$2,000,000 in state funding, the City began studying the merits and viability of a Homeless Navigation Center, defined as follows:
- A Housing Navigation Center is a facility that transitions, those experiencing homelessness, into permanent housing, stabilization, and self-sufficiency, through coordinated services.
- On Site Services:
- No walk-ins
 - Adults only
 - Up to 6-month stay
 - One-on-one intensive housing case management
 - Linkages to other needed services
 - Hygiene facilities
 - Meal services
 - Placement to permanent and supportive housing
 - Management and operations plan
 - 24/7 staffing and security
 - A safe, clean, calm and flexible environment to rebuild lives
- Upon studying and learning that the Navigation Center model is operating

- successfully in other cities, both Alameda County and Hayward are in the process of opening Navigation Centers as well, and the Vallejo City Council approved funding for a Navigation Center in May 2019, our City Council decided unanimously to do the same for our community.
- While legitimate concerns have been expressed by neighborhood groups, others have reacted heatedly based on assumptions, such as people without a permanent home are likely to be sexual predators, criminals, and drug addicts. The fact is that many of the homeless in Fremont grew up here, attended school here, work here, or have family members in the area and identify as residents of the City of Fremont. For women especially, domestic violence is the leading cause of homelessness with 89% of homeless women having experienced severe physical or sexual abuse at some point in their lives.

- With these dynamics in mind, as Fremont’s Mayor, I am seeking your cooperation to assure open and civil discussion, even of controversial issues, in a safe and orderly setting.
- In order to effectively listen and represent our community and represent them, our City is engaging in a full outreach campaign and we will be hosting two workshops:
- Wednesday, August 14 from 5:30 p.m. – 8:30 p.m. at Harbor Light Church, 4760 Thornton Ave.
 - Saturday, August 24 from 10 a.m. – 1 p.m. at Harbor Light Church, 4760 Thornton Ave.

Additionally, an online forum is being developed as a platform for dialogue and to ensure that residents who are unable to attend the community workshops have an opportunity to participate. Information about the project, including previous staff reports, can be found on a dedicated webpage at www.Fremont.gov/NavigationCenter. A list of frequently asked questions (FAQs) has been developed by City staff from community member questions, and will continue to be updated at www.Fremont.gov/NavigationCenterFaqs. If you have a question that has not been answered it can be submitted to hnc@fremont.gov.

As the nation experiences its own challenges with divisive rhetoric, where people of differing opinions are personally attacked and ostracized, the City of Fremont is committed to working together to maintain the unity amidst diversity that has always been a hallmark of our City. We strive for a place where people from all backgrounds and perspectives can openly and safely share their viewpoints, and where residents have the opportunity to extend compassion for others beyond their nuclear families and neighborhoods. By working together, we can and will move Fremont forward.

For more information on how you can help, visit www.Fremont.gov/HowCanIHelp.

Sincerely,

Lily Mei
Mayor

California governor signs bill to clean up drinking water

BY ADAM BEAM
ASSOCIATED PRESS

California’s governor on Wednesday signed a law that will take up to \$130 million of state money each year that was supposed to clean up the air and instead use it to clean up drinking water.

Despite its status as the world’s fifth largest economy, California has struggled to provide the basic service of clean

tap water to more than 1 million of its residents. The problem is most acute in the Central Valley, the heart of the state’s \$20 billion agriculture industry, where large farms have polluted water sources for mostly rural communities.

The problem is so severe the state has a grant program to provide bottled water to some communities. As of June, the state was providing bottled water to about 18,000 Californians in 51 communities at a cost of about \$4 million, said George Kostyrko of the State Water Resources Control Board. The state does not track the total number of bottles it hands out.

Shortly before signing the bill into law, Democratic Gov. Gavin Newsom spoke to some people in the city of Sanger in Fresno County who receive five 8-gallon (30 liter) jugs of water every two weeks through a grant program.

One woman speaking in Spanish told Newsom through an

interpreter that she uses a jug of water for her son to take a shower, and that her son tries to save some of the water so she can bathe.

“Families shouldn’t have to dump water over their heads to shower every day,” Newsom said in a statement. “This funding is critically important to addressing California’s long-standing safe drinking water issues.”

California has grant programs that would fund infrastructure to deliver water to these rural communities, including a voter-approved \$7.5 billion bond in 2014. But the state does not have a program to provide financing for cash-strapped water systems to operate that equipment, which can be a challenge for smaller systems lacking sufficient revenue.

Newsom proposed a tax on most residential water bills to fix this, but the Democratic-controlled state

legislature rejected that proposal. Instead, they authorized a plan to take up to \$130 million a year over the next decade from a fund that was meant to help reduce greenhouse gas emissions.

That fund is part of the state’s cap and trade program, which requires the states’ biggest polluters – including oil refineries and farms – to buy credits that let them pollute. The program has generated more than \$9.5 billion since its inception, and state officials are supposed to use that money to improve the environment.

The drinking water plan has alarmed some environmental groups, who worry it sets a precedent of the state using the cap and trade money for other purposes as the state struggles to meets its emission reduction goals.

“The gray lines which already existed just became grayer,” Democratic state Sen. Bob

Wieckowski, who voted against the plan, said in an interview last month.

But supporters, including bill author Democratic Sen. Bill Monning, said the spending is appropriate because climate change has impacted drinking water by accelerating the decline of groundwater basins and increasing naturally occurring environmental contaminants.

The law also requires the State Water Resources Control Board to develop a plan on how to spend the money, including identifying failing water systems that need the most help.

—

Associated Press writer Andrew Oxford contributed.

Study: California’s 12 oldest prisons need major fixes

BY DON THOMPSON
ASSOCIATED PRESS

California’s 12 oldest prisons, some dating to the mid-1800s, need major repairs or replacements if they are to continue housing about a third of the state’s inmate population, according to a new state-commissioned study made public Tuesday.

“In nearly all cases, the building and site systems evaluated at all 12 studied prisons has exceeded their expected useful life,” said the private consultants’ initial report, made public in a court filing. “Indeed, most of the systems date to the prisons’ original construction.”

They include San Quentin State Prison, built in 1852, and Folsom State Prison, built in 1880. Two other prisons date from the World War II era, and two others were “repurposed from former military housing.”

The \$5.4 million Kitchell CEM study is still underway and the consultants haven’t estimated

the cost to fix all 12 prisons. But the projected cost to fix just one prison built in 1955 was estimated at more than \$763 million.

“Do the math – 11 other prisons,” said Don Specter, director of the nonprofit Prison Law Office that is involved in major lawsuits over inmates’ welfare. “Prisons are literally crumbling.”

Corrections department spokeswoman Terry Thornton said the department began seeking the study in 2016.

“It’s to guide future planning and investment in the department’s infrastructure needs,” she said.

State budget officials and lawmakers would have to approve any spending.

The report comes as the state is already scrambling to fix deteriorating prison roofs that in some cases have required officials to stop using dining or housing areas. The state committed \$260 million over four years to repair leaking roofs at more than two

dozen of the state’s 35 prisons where the cost of overdue maintenance is estimated at more than \$1 billion.

The consultants generally recommended between seven to 10 large projects at each prison to keep them running, with a priority on inmates’ safety and welfare.

“In a few instances, the recommendation is to suspend operations of a particular building until repairs can be made,” they warned. But while a majority of prison buildings and other infrastructure are “beyond their useful life,” they may still be in operational condition. Completing the recommended repairs and replacements would make it likely the prisons “will continue to operate for the foreseeable future,” they said.

Specter said he, too, is concerned that some areas may be uninhabitable.

“Decades of deferred maintenance have led to this. What the state has done is ignore the need to routinely replace some of these critical infrastructure

for decades,” he said.

The state needs the prisons to stay below a court-ordered population cap, set after prisons grew so crowded more than a decade ago that inmates were sleeping in triple-tiered bunks in gymnasiums and other common areas.

“These prisons have been put through the ringer,” Specter said. “Many of them have not only been inhabited past their useful life, but they put thousands more people in them than they were designed for, so that takes its toll as well.”

The only fully completed estimate is \$763.5 million for the California Medical Facility in Vacaville, southwest of Sacramento. The consultants recommended repairing some buildings but said others, including some housing units, should be replaced.

By contrast, the entire cost for the state’s newest prison, another medical facility opened in 2013 in Stockton, was \$839 million.

“The price tag is enormous,” Specter said. “Three-quarters of a billion dollars just for one prison.”

California officers reunite 250-pound tortoise with owners

AP WIRE SERVICE

A 250-pound tortoise that wandered away from its home has been rescued after California Highway Patrol officers found it on the side of a road.

And no, they didn’t arrest it for speeding.

The highway patrol says it got a call about the big reptile Sunday evening. It was spotted on the shoulder of a road in Santa Ynez, about 100 miles (161 kilometers) northwest of Los Angeles.

Santa Ynez Animal Rescue picked up the tortoise before CHP officers arrived. The CHP located the owners, put the tortoise in the patrol car and delivered it to them about two hours later.

ASHLEY HESS CONCERT



SUBMITTED BY NICK NARDOLILO
PHOTOS COURTESY OF ALYSSA LADENBURG

Vocal powerhouse Ashely Hess is coming to Newark on Saturday, August 10. The Washington High School alumna made Top 14 in American Idol 2019. She will perform at the ALoft Silicon Valley venue, and Joey T & Friends Trio will also make a guest appearance during the performance.

Driven by heartfelt lyrics and soul-tingling melodies the California-born, Nashville-based artist, Ashley Hess enamors and draws audiences in. She intertwines Pop with R&B, backed by an emotional connection that produces an astonishingly powerful performance.

Although much of her music has a theme of sadness and heartbreak, there is a layer of hope and vulnerability that inspires. Her raw performance is contrasted with her infectiously goofy personality that shines through on stage in between songs, as well as off stage, and provides a balance that makes her relatable. This magnetic polarity has allowed her to share the stage with national acts such as Andy Grammer, Us the Duo, Jason Mraz, and Dan Reynolds of Imagine Dragons. Ashley grew up singing in church, but music wasn't at the forefront of her life until she moved to Utah and started digging into writing and performing. It's there that she started creating her own music, which ignited her passion.

Hess has released three original singles, one of which, "Running," was released in August 2018. She is currently writing and preparing to record her first original EP that is set to release in 2020.

Food and wine (provided by White Crane Winery) will be available for purchase. Tickets are \$20 per person, and seating is limited so reservations are required. Parking is free. For more information or to reserve your spot, call Nick at (925) 321-5463.

Ashley Hess Concert
Saturday, Aug 10
11 a.m. – 2 p.m.
ALoft Silicon Valley Hotel
8200 Gateway Blvd, Newark
(925) 321-5463
Tickets: \$20



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Starting August 30th

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NEW REFEREE COURSE THIS AUGUST

Fremont Youth Soccer Club

August 12th to 14th, 6pm — 9pm

Fremont Youth Soccer Office

44100 Old Warm Springs Blvd

Registration — www.fremontyouthsoccer.com/referees
info@fremontyouthsoccer.com

Niles Merchants Association Presents....

Hot August Niles Car Show

August 17th, 2019
9am - 3pm

This is an Entertaining Day for the Entire Family!

- * Food & Refreshments will be available *
- * 50/50 Raffle (must be present to win) *
- * Live Band will perform *
- * Shops will be open for your shopping pleasure *

Niles Merchants Association
P.O. Box 2672, Fremont, CA 94536
(510)656-9192

MY CHOICE IS WTMF,

because my doctor makes me feel like I'm her only patient.



People choose Washington Township Medical Foundation (WTMF) for lots of reasons. When Jessica Rivas was pregnant with twins, she was looking for a great obstetrician close to her home in Fremont. Jessica's mom, a nurse at Washington Hospital, knew that Dr. Stacey Barrie, a WTMF OB/GYN, would be the perfect choice for her daughter. Jessica took her mom's advice, and couldn't be happier. "Not only do I get attentive, individualized care from Dr. Barrie," said Jessica, "she's incredibly knowledgeable and experienced – and hilarious! You can tell that she really loves what she does." Since the twins' birth, Jessica continues to see Dr. Barrie and has recommended her to friends. And because Jessica's experience with the rest of the staff has been so positive, she has recommended other physicians in the group to friends and family as well.



Part of Washington Hospital

Because WTMF is an integral part of the Washington Hospital Healthcare System, we have immediate access to the system's wide array of advanced healthcare services, whenever you need them. This includes their highly awarded inpatient and outpatient facilities and specialty centers.

Washington MyChart

is an online resource which allows our patients to see their personal health information in a safe, secure and private manner. Accessible from your mobile or desktop device, you can view your test results, prescriptions, allergies, immunizations, and other portions of your health record. You can also send a message to your doctor's office, schedule an appointment, or request a referral.



Our WTMF specialist network

has a staff of board certified physicians who work as a team, consulting regularly and collaborating to provide patients with thorough, in-depth care in specialties ranging from Cardiology and Neurosurgery to Endocrinology and Geriatrics..

I Choose WTMF



Washington Township
Medical Foundation

Part of Washington Hospital Healthcare System

To find out more, visit our website at mywtmf.com or call 866-710-6864