



Centerville National forces ‘what if’ game, then wins

Page 26



The Phantom of the Opera

Page 17



Hayward Native competes in warrior games

Page 19



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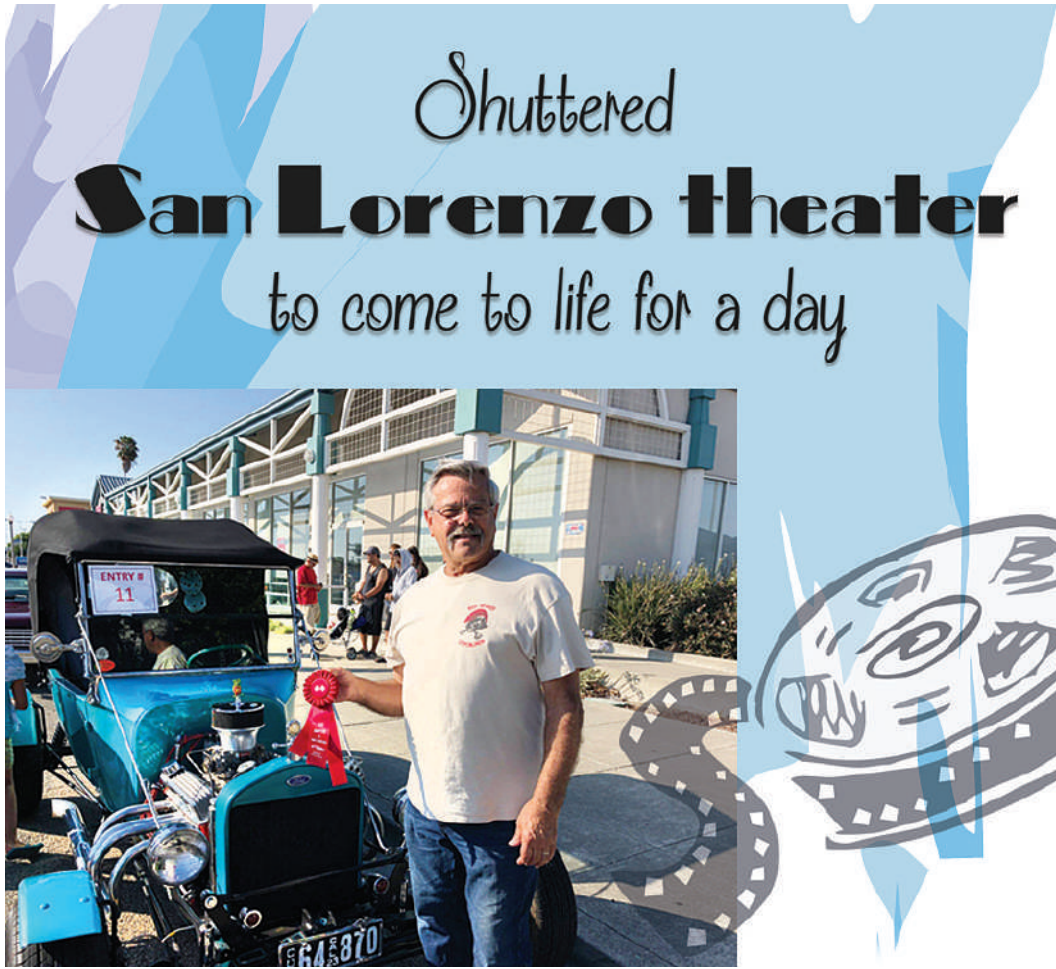
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July 16, 2019

Vol. 17 No. 29



BY ROB KLINDT
PHOTOS COURTESY OF
SHOWTIME IN SAN
LORENZO, AND
ROB KLINDT

Fans of classic movie theaters and history buffs should keep their calendars clear for the annual “Showtime in San Lorenzo” event, celebrating the iconic Lorenzo Theater; a community landmark for more than 70 years. On Saturday, July 20, this fundraiser, co-hosted by the nonprofit Lorenzo Theater Foundation, will include tours inside the shuttered theater where visitors

can get a rare peek at the beautiful black light murals painted by master muralist Anthony Heinsbergen.

After World War II, San Lorenzo was a bustling village with rapidly expanding neighborhoods, new schools and a vibrant and growing commercial district. In 1947 the Lorenzo Theater opened with its distinctive Moderne style Art Deco façade facing Hesperian Boulevard. The 700-seat theater, designed by San Francisco architect Alexander Airmwell Cantin, quickly became a favorite gathering spot for locals and

put San Lorenzo on the cinematic map.

After years of screening popular Hollywood movies and hosting a variety community events, the landmark theater fell on hard times and eventually closed in 1982, falling into disrepair. But the legacy remains and community efforts are underway by the non-profit Lorenzo Theater Foundation, with help from Alameda County, to purchase the building and restore the theater to is former grandeur. Donations accepted at the event will go toward the purchase and restoration of the theater.

“The theater still has a draw and an appeal to people” said Kelly McHan, a volunteer with the Lorenzo Theater Foundation, who also leads tours through the building. McHan said the colorful murals depicting jungle scenes with palm trees and panthers were the first black light murals in Northern California. Past efforts to illuminate the murals with LED lights met with limited success. “Now, we illuminate the murals the way they were meant to be seen, with real black florescent,” she said. She added that despite the general decay of the theater’s interior, the colorful murals painted on the auditorium walls are still in great shape, and festivalgoers should pay them a visit.

Free tours inside the building will be offered on a first-come-first-served basis about every 30 minutes until 7:00 p.m. during the event. In addition to the murals, visitors will see the theater’s lobby and auditorium. For many, however, the chance to see the black light murals in all their splendor will be the highlight of the Showtime in San Lorenzo celebration. Randy Waage, a longtime Lorenzo Theater enthusiast, sums it up best: “The murals inside are super-duper awesome!”

Meanwhile, adjacent to the theater, shoppers won’t want to miss the chance to browse for bargains offered by dozens of artisan craft vendors offering unique clothing and handmade items. In addition, the Bay Bombs Car Club will host an

impressive collection of vintage cars and trucks, muscle cars and custom hot rods with awards given to the best and most unique vehicles on display. For kids and parents, numerous family-friendly games and activities also are planned.

After all those activities, visitors may want to refuel with a lunch or snack from one of the food trucks on site offering a variety of entrees, beverages and desserts. Visitors also can also try their luck by buying a raffle ticket for a chance to win tickets to an Oakland A’s game.

Finally, as a salute to the Lorenzo’s cinematic past, the family-friendly movie “Smallfoot” will be screened outdoors in the parking area next to the theater starting at 8:30 p.m. Guests should bring a folding chair or blanket to sit on while enjoying the 90-minute movie.

Other co-hosts for Showtime in San Lorenzo are Alameda County Community Development Agency, Hayward Recreation & Park District, San Lorenzo Village Homes Association and the Castro Valley Eden Area Chamber of Commerce.

Showtime in San Lorenzo
Saturday, Jul 20
Festivities:
3 p.m. – 8 p.m.
Movie: 8:30 p.m. – 10 p.m.
16080 Hesperian Blvd.,
San Lorenzo
(510) 276-4554
www.showtimeinsanlorenzo.org
Admission: Free;
donations accepted

INDEX	Classified 25	It’s a date. 21	Public Notices 34
Arts & Entertainment 21	Community Bulletin Board 36	Kid Scoop 18	Real Estate. 15
Bookmobile Schedule 23	Contact Us. 29	Mind Twisters 10	Sports 26
Business. 8	Editorial/Opinion 29	Obituary 30	
	Home & Garden. 13	Protective Services 33	

Caution Required:

Barbecues and Campfires

Can Cause Serious Burns

Protect Your Family—Know

When to Seek Help



Barbecues and fire pits are a hallmark of summer. Who doesn't like roasting marshmallows over perfectly glowing coals? But grills and campfires can cause serious burns if you aren't careful.

“Cooking outdoors and sitting around a campfire are a fun part of summer, but it can be dangerous and you have to pay attention,” said Camelot Thompson, a nurse practitioner at Washington Hospital's Urgent Care Clinic and Washington on Wheels Mobile Health Clinic. “Kids fall into campfires or touch hot grills. There is a lot that can go wrong when you're dealing with hot surfaces and open flames.”

Area residents benefit from Thompson's expertise in wound and burn care. She worked in the Burn Unit at Adventist Health in Bakersfield for a year, and has received special training in wound care.

Thompson said there are steps you can take to protect yourself and your family

from burns this summer – and all year long. She offered these simple tips:

- Set up a kid-free zone around campfires, grills, fire pits, and other open flames or hot surfaces
- Don't leave any fire or stove unattended, and that includes grills and campfires
- Never try to lift or move a hot grill or camp stove and don't touch grates for at least an hour after cooking
- Don't pour lighter fluid on a fire that has already started, even if you don't see flames, there could still be hot embers that might ignite the fluid
- Make sure your clothes and hair don't get close to the flames when you are near a grill or fire
- Have a fire extinguisher or bucket of sand ready to put out any flames that get too big when grilling or sitting by the campfire

- When cooking, turn pot handles in so kids can't grab them and you won't accidentally knock into them

“The best advice is to pay attention, watch your kids, and don't drink too much when you are around grills and fires,” Thompson added. “You also need to watch out for boiling water and other hot liquids that can burn.”

Caring for a Burn

Thompson said many burns can be treated at home. It's important to understand what type of burn you have to know how to care for it and when you should seek medical attention.

A first-degree burn is when just the first layer of the skin is burned. It can cause pain and redness. When you touch the area, it turns white and then red again.

Second-degree burns reach the second layer of the skin and cause blisters. The blisters can appear immediately or

sometime later, and they can be small or very large. A second-degree burn is usually quite painful.

When to seek medical attention

The worst burn is a third-degree burn. It is a deep burn and there may be charring of the skin. Muscle, tendons and even bones can be exposed. Usually this burn is not very painful at first because the nerves have been burned. “Third-degree burns always need medical attention,” Thompson said. “You should go straight to the emergency room because the person will probably need to be hospitalized and possibly have surgery.”

Other times it is important to seek medical attention is when the burned person is younger than 5 years or older than 75 years; the blisters are larger than a dime; the burn goes completely around the

continued on page 5

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

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A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY			
	7/16/19	7/17/19	7/18/19	7/19/19	7/20/19	7/21/19	7/22/19			
12:00 PM 12:00 AM	Diabetes Health Fair 2018: Diabetes Care	Mental Health Education Series: Anxiety Disorders	Preventive Screenings: When and Why are They Important?	Diabetes Matters: Latin Foods	Gastrointestinal Disorders	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Weight Management: Stopping the Madness			
12:30 PM 12:30 AM	Washington Township Health Care District Board Meeting June 12, 2019		Early Detection and Prevention of Female Cancers	Voices InHealth: Antimicrobial Stewardship		Diabetes Health Fair: Eat 4 Diabetes Care		Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome		
1:00 PM 1:00 AM				Mental Health Education Series: Mental Wellness	Washington Township Health Care District Board Meeting June 12, 2019		Hepatitis B and Liver Cancer: Prevention and Treatment	Washington Township Health Care District Board Meeting July 10, 2019	How to Prevent Financial Elder Abuse/Fraud	
1:30 PM 1:30 AM		Palliative Care Series: How Can This Help Me?	Washington Township Health Care District Board Meeting June 12, 2019			Aortic Valve Disease: Treatment Options Including TAVR				Mental Health Education Series: Crisis Intervention
2:00 PM 2:00 AM	Colon Cancer	Washington Township Health Care District Board Meeting June 12, 2019		Stop Diabetes Before It Starts	Mental Health Education Series: Crisis Intervention		Diabetes Matters: Filipino Food Made Healthy			
2:30 PM 2:30 AM	Sports Medicine Program: Why Does My Shoulder Hurt?							Palliative Care Series: Interfaith Discussions on End of Life Topics	Women's Health Conference: Women & Stroke: Are You at Risk?	
3:00 PM 3:00 AM	Updated Treatments for Knee Pain & Arthritis		Diabetes Matters: Diabetes & Eyes			Heart Health: What You Need to Know				Obesity: Understand the Causes, Consequences & Prevention
3:30 PM 3:30 AM	Skin Health: Skin Cancer & Fountain of Youth	Good Fats vs. Bad Fats		Family Caregiver Series: Mindfulness Meditation for the Caregiver	Learn About the Signs & Symptoms of Sepsis					
4:00 PM 4:00 AM	Symptoms of Thyroid Problems						Mental Health Education Series: Family Support	Strategies to Help Lower Your Cholesterol and Blood Pressure	Women's Heart Health	
4:30 PM 4:30 AM			Washington Township Health Care District Board Meeting June 12, 2019			Diabetes Matters: Diabetes: Is There an App for That?				Family Caregiver Series: Tips for Navigating the Healthcare System
5:00 PM 5:00 AM		Mental Health Education Series: Understanding Mood Disorders		Food Pharmacy: Prescription for Colon Health	Washington Township Health Care District Board Meeting July 10, 2019					
5:30 PM 5:30 AM	How To Stop Disease Before It Starts						Prostate Cancer: What You Need to Know	Diabetes Matters: Exercise IS Medicine	Diabetes Matters: Asian Indian Cooking	
6:00 PM 6:00 AM			Keeping Your Brain Healthy			Diabetes Matters: Basics of Insulin Pump Therapy				Latest Treatment Options for Wound Care
6:30 PM 6:30 AM		Fresh Summer Foods: Cooking Demonstration		Mental Health Education Series: Psychotic Disorders	Family Caregiver Series: Loss, Grief & Recovery					
7:00 PM 7:00 AM	Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women						Metabolic Disorders	Advance Care Planning: Five Wishes	Balance & Falls Prevention	
7:30 PM 7:30 AM			Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be			History of Washington Hospital, 60 Years Strong				Diabetes Matters: Diabetes and Your Heart
8:00 PM 8:00 AM		Diabetes Matters: Type 1.5 Diabetes		Diabetes Matters: Diabetes and Kidney Health						
8:30 PM 8:30 AM	Understanding HPV: What You Need to Know									
9:00 PM 9:00 AM			Stress Management							
9:30 PM 9:30 AM		Women's Health Conference: Quality of Life Before and After Cosmetic Surgery								
10:00 PM 10:00 AM	Endometriosis: Causes, Symptoms, Diagnosis and Treatment									
10:30 PM 10:30 AM			Inside Washington Hospital: Implementing the Lean Management System							
11:00 PM 11:00 AM										
11:30 PM 11:30 AM										

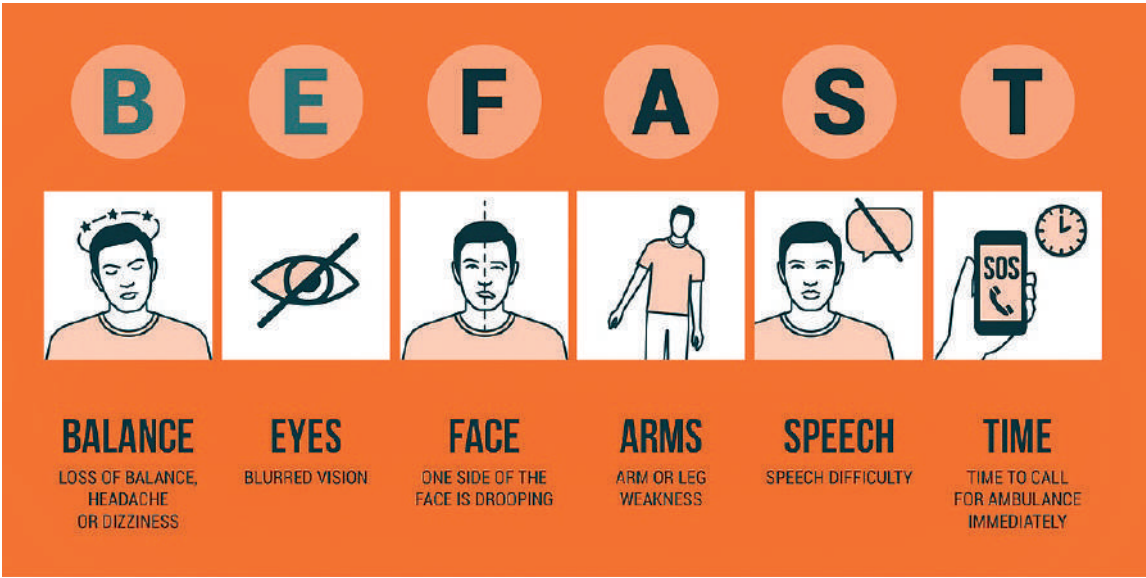
Stroke Education Impacts Lives

Free Community Seminar on Prevention, Signs and Symptoms, and Life After Stroke

Would you recognize the signs if someone was experiencing a stroke? Do you know the most important thing you can do to save their life or future quality of life? The answer is to call 911 immediately. When it comes to stroke, a little knowledge goes a long way to protecting yourself and others.

Strokes, also called “brain attacks,” happen when blood flow to part of the brain is cut off due to blocked arteries (ischemic stroke) or when a blood vessel bursts causing bleeding in the brain (hemorrhagic stroke). Stroke is the fifth leading cause of death in the U.S. and a major contributor to serious long-term disability. What you may not know is that 80 percent of strokes are preventable and when addressed quickly, most are treatable.

Washington Hospital is holding a free two-part Stroke Education Series that all community members are encouraged to attend. Part one: Stroke Prevention is being held on Tuesday, August 6, and again on Tuesday, October 8, from 10 a.m. until noon. Part two: Life After a Stroke will be held Tuesday, August 13, then again Tuesday, October 15, from 10 a.m. until noon. These events will be held in the Conrad E. Anderson, MD, Auditorium, room A, at Washington West, 2500 Mowry Ave., Fremont.



Knowing the signs and symptoms of a stroke can impact survival and recovery.

Washington Hospital is a certified Primary Stroke Center and the designated receiving center for strokes in Southern Alameda County. This means stroke patients receive the most current, high-quality care from the moment emergency medical services (EMS) responds through when they leave the Hospital and begin the recovery process.

“I cannot stress enough the importance of calling 911 when someone notices the signs of stroke in themselves or another person,” said Washington Hospital’s Stroke Program Coordinator Maria Nunes, MSN, FNP, RN. “We often say ‘Time is Brain,’ because a person loses 1.9 million brain cells for every minute the most common type of stroke (ischemic) goes untreated. When EMS is en route to Washington Hospital with a stroke patient they alert us to ‘Code Neuro,’ which sets in motion a multifunctional expert stroke response team ready to assess, test, diagnose and treat that patient upon arrival,” she said.

Nunes recommends people become familiar with the acronym, BE FAST, to spot signs of stroke. “The BE FAST guideline is a reminder that timely treatment, and more specifically calling 911, is the key to saving someone’s life or reducing their disabilities from stroke,” she said.

BE FAST stands for:

Balance – Is the person experiencing a sudden loss of balance or coordination?

Eyes – Is the person having a sudden change in vision or trouble seeing?

Face – Ask the person to smile. Does one side of the face droop?

Arms – Ask the person to raise both arms. Does one arm drift downward?

Speech – Ask the person to repeat a simple phrase. Is their speech slurred or strange?

Time – If you observe any of these signs, call 911 immediately.

“Strokes range from mild to severe and can happen to anyone at any age,” said Nunes. “There are ways to determine if you or a loved one are at risk for stroke, and lifestyle changes you can make to prevent having one or more strokes in the future.” As a Primary Stroke Center, Washington Hospital strives to educate the public through informational fairs and these quarterly seminars. The monthly Stroke Support Group helps recovering stroke patients and their families with information and shared experience.

To reserve your spot for the Stroke Education Series seminars go online to www.whhs.com/events, or call (800) 963-7070. For more information about stroke symptoms, risks and treatments, visit <https://www.bayareahealthiertogether.com/stroke/>. To learn more about Washington Hospital’s Stroke Program, visit whhs.com/stroke.



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Women’s Health: Strategies for Wellness



Healthy women are the cornerstone of healthy families. However, the obligations of work and family often result in delay of self-care. This six-part series will explore conditions and mental health challenges common to women—and outline strategies of prevention and well-being.

August 12	Stress Management and Self-Care
August 26	Depression: More Than a State of Mind
September 9	Women’s Health through the Years: Screenings Key to Aging Well
September 23	Reproductive Health: Planning for Pregnancy
October 14	Healthy Eating, Active Living
October 28	Gender Matters: Heart Disease Risk in Women

All classes will be held from 6:30 to 8 p.m. Participants need not attend every class.

Conrad E. Anderson, MD, Auditorium, rooms A & B Washington West, 2500 Mowry Ave., Fremont

Call (800) 963-7070 to register or for more information.



Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what’s happening at your community hospital.



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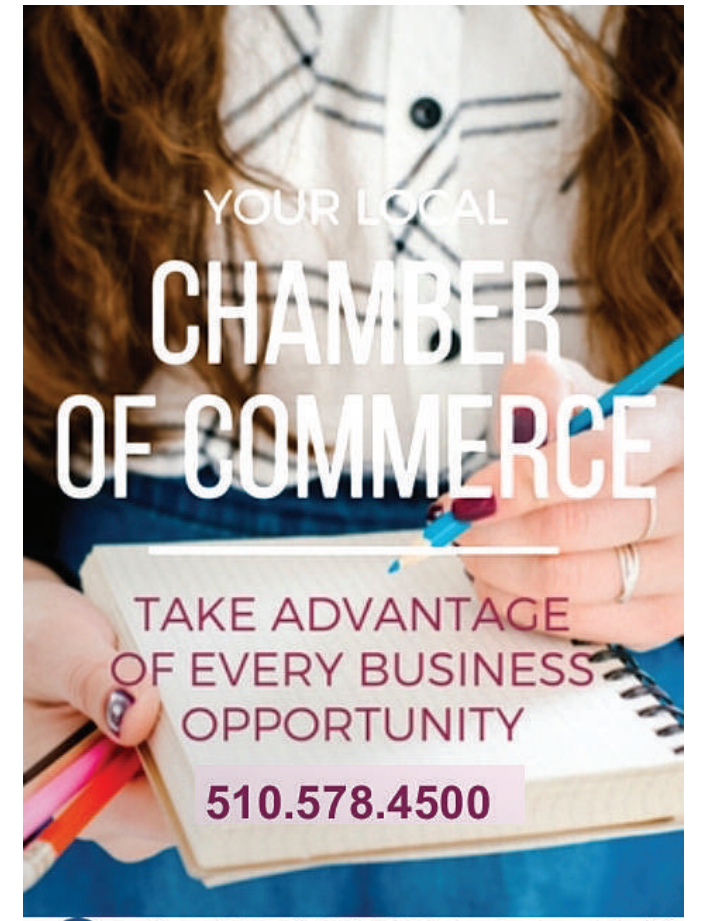


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CCCMA is pleased to welcome our new associate, Mary Borses, M.D.

Dr. Borses is a Board Certified Cardiologist and Fellow of the American College of Cardiologists. With over twenty years of experience, Dr. Borses will complement CCCMA's dedication to compassionate, comprehensive and quality medical care for our patients. Her motto, "Treat all patients like family" is indicative of her goal: to optimize the medical and emotional well-being of everyone under her care. For Dr. Borses, patient care extends to prevention as well as existing conditions with the highest level of compassion and respect for all. She personally attends to her patients at Washington Hospital.

Although new to our area, Dr. Borses is a native Californian with impeccable credentials including undergraduate studies at U.C. Davis, a medical degree from Uniformed Services University in Maryland, an Internal Medicine residency in Honolulu and Cardiology Fellowship at Ft. Sam Houston. She served as Chief of Medicine at Ft. Eustis, Virginia and Chief of Cardiology at Ft. Hood, Texas. Dr. Borses is thrilled to return to California and begin her practice with CCCMA.

Dr. Borses can advise patients with symptoms of chest pain, shortness of breath, palpitations, dizziness, fainting, fluid retention, fatigue and stroke. She has extensive experience in evaluation and management of coronary artery disease, atrial fibrillation, congestive heart failure, cardiomyopathy, valvular heart disease, hypertension, high cholesterol and pacemakers. Since many services are available within our facility, CCCMA care results in prompt assessment and management.

To schedule an appointment with Dr. Borses at the Fremont office, please call 510-792-2012.

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(510) 796-0222

San Jose Office
175 N Jackson Ave.
San Jose, CA 95116
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www.cccma.org

continued from page 2

Caution Required:

Barbecues and Campfires Can Cause Serious Burns

Protect Your Family—Know When to Seek Help

arm or leg; the burn is on the face or genitals; the burn is caused by a chemical; or the burned area is larger than the palm of the burned person's hand.

How to treat burns at home

First- and second-degree burns can often be treated at home, according to Thompson. Once the skin has been removed from the source of heat, apply cool water. "Never use ice," she cautions. "The skin is already damaged, and ice can cause a different kind of burn. You want to cool the burn down."

Burns that damage the skin need to be covered and kept moist until they heal, but don't apply any creams or ointments for the first 24 hours. Keep the wound moist with water at first. "Creams and ointments can hold in the heat and cause a deeper burn," she explained. "Don't use butter, toothpaste, milk or any other household item on burns. Applying the wrong

remedy can increase the chances of a worse burn, scarring or infection."

After 24 hours, burns can be kept moist with aloe vera or over-the-counter creams and ointments that are made for burns. She said antibacterial creams and ointments work well also.

"When it starts itching, it means it's getting dry," Thompson added. "Add water or apply more cream. If your skin blisters, leave the blisters intact. Blisters protect the area and keep out infection."

For more information about Washington Hospital's Urgent Care clinic, visit www.whhs.com/urgentcare. To learn about the Washington on Wheels Mobile Health Clinic, including current hours and locations, visit www.whhs.com/wow.

continued from page 1

Mariachi Festival

SUBMITTED BY EDDA RIVERA

The community is invited to a free fun summer afternoon enjoying the festive sounds of local mariachi bands during our 6th annual "Newark Mariachi Festival." The event is held within the beautiful Shirley Sisk Grove, located off of NewPark Mall Road across from Jack's Restaurant at NewPark Mall.

This year's festival will highlight the talents of three local mariachi bands featuring accomplished performers with years of musical experience:

- Mariachi San Francisco's nine-member band is comprised of both male and female players, which makes

their style unique. Their varied repertoire includes Rancheras, Danzones, and Huapangos.

- Mariachi Halcones de Oakland has been playing in Oakland since 1996

- Mariachi Estelar (also including both male and female players) is a group of young musicians inspired to continue the mariachi tradition.

In addition, the festival will feature performances from Newark Elementary Schools Children's Ballet Folklorico dancers and free hands-on art projects for kids. Young attendees can also enjoy a kids' zone play area with oversized games.

Mexican food will be sold by Arteaga's Food Center, a family-owned business dedicated to providing authentic cuisine around the Bay Area. Their signature taquerias menu offers an array of tacos and burritos (spicy and non-spicy options), so festival goers will be able to purchase snacks to match the occasion.

The free 2019 "Music at the Grove" summer concerts are sponsored in part by Washington Hospital Healthcare System, Safety Kleen, Homewood Suites, Tri-City Voice and Sign Zone Printing.

For more information, go to www.newark.org or contact Edda Rivera at (510) 578-4346.

Newark Mariachi Festival

Sunday, Jul 21

1 p.m. - 5 p.m.

Shirley Sisk Grove

NewPark Mall Road, Newark

(510) 578-4346

www.newark.org/Home/Components/Calendar/Event/432/15



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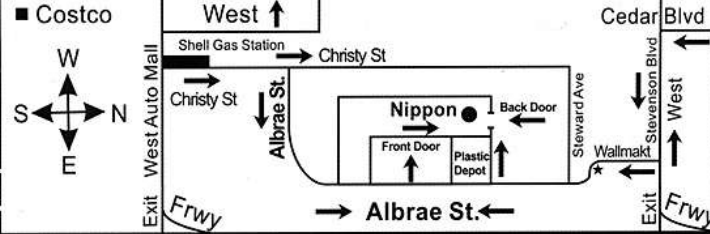
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Central Park

Summer Concert Series

SUBMITTED BY CITY OF FREMONT

2019 Concert Schedule

The summer heat marks the return of Fremont's Central Park Summer Concert Series. Every Thursday evening until August 15, the City will be hosting free concerts featuring a variety of musical genres and performers – from billboard hits and country music to soulful R&B classics.

Children are also welcome and can head to the Kids' Fun Zone, a kid-friendly environment sponsored by Bay Area Jump. Concert cuisine for purchase will be provided by the Food Truck Mafia with mouthwatering food truck bites that vary from week to week.

This year's Summer Concert Series is presented by Washington Hospital Healthcare System and Fremont Christian School. For more information, call (510) 494-4300.

Jul 18: Jukebox Heroes (Decades of Billboard Hits)
Jul 25: Joel the Band (Billy Joel Tribute)
Aug 1: Rachel Steele (Country Music)
Aug 8: Long Train Runnin' (Doobie Brothers Tribute)
Aug 15: East Bay Mudd (Big Horn Band Playin' R&B Hits)

Central Park Summer Concert Series
Every Thursday until Aug 15

6 p.m. – 8 p.m.

Central Park Performance Pavilion

Next to 40204 Paseo Padre Pkwy, Fremont
(510) 494-4300

A VISUAL JOURNEY

SUBMITTED BY CITY OF MILPITAS

On Monday, July 15, Milpitas' Phantom Art Gallery will see a new exhibit, "A Visual Journey" from Vinay Kumar Verma and Neel Kamal Verma, in mediums ranging from textile to acrylic and oil on canvas. Although the duo has been on the Fremont art scene for a decade, their work draws on cultures from around the globe. The exhibit will run through Friday, August 23.

The Milpitas Phantom Art Gallery was founded in 2000 with the vision of having artists of varying experience, age and medium, be able to display their work in the City of Milpitas. The Milpitas Phantom Art Gallery is located in the Milpitas Community Center

(457 E. Calaveras Blvd.) and the Milpitas Library (160 N Main St.).

You can view some of Vinay and Neel's pieces on their online portfolio VN Artwork: www.vnartwork.com. The couple has been giving life to art for more than 20 years. Neel is a trained textile designer and artist. Her creations are a unique blend of conventional learning and creative experiments. Vinay, on the other hand, is self-taught artist creating beautiful artwork by using different techniques with acrylic and oil on canvas. Since arriving on the Fremont art scene in 2009, the two have worked to capture and intrigue the art community with their beautiful work. They gather much of their inspiration from personal tales, the environment, and cultures around the world.

Their pieces embody some of their own life experiences, which has led them to work with leading artists and clients around the world to assist with specific works.

The Milpitas Arts Commission, the advisory body to the Milpitas Phantom Art Gallery, has committed itself to promoting awareness of the arts in the Milpitas Community, working with local regional and international artists.

For more information please contact Milpitas Recreation Services at (408) 586-3210. Download applications at <https://www.ci.milpitas.ca.gov/milpitas/departments/recreation-services/cultural-arts-theater/phantom-art-gallery/>.

A Visual Journey
Monday, Jul 15 – Friday, Aug 23

Mon – Thurs:
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Is a gig job right for you?

BY ANNE CHAN, PhD, MFT

The ads for Uber, Lyft, and Door Dash are enticing. They promise the chance to earn money whenever you want, work as much or as little as you want, vacation whenever you feel like it, and be your own boss. It sounds like an ideal scenario for almost anybody. I even know of people who have quit their full-time jobs or made a career change to work as Uber drivers. But, is this a good career move for everyone?

Let's look at the numbers first. Don't be fooled by ads promising \$25 and up per hour. These great hourly rates do not include driver expenses, including insurance, gas, car repairs, car payments, and car registration fees; other hidden costs include wear and tear on your car as well as Uncle Sam's cut.

Don't be lured by the promise of getting paid more during peak hours either. Yes, payments go up during these periods, but Uber will take a generous cut off your earnings. Also, bear in mind that not all drivers are paid equally. Uber, for example, has different levels of service drivers and some levels make far less than others. You might get paid more if you own a luxury car, but few gig workers operate luxury cars. Most of us would only be eligible to be paid at the lower levels of service.

Besides the posted hourly rate, gig workers also need to consider what they are not paid as part of their benefits package. What benefits package, you might well ask? My point exactly. Unlike gig workers, noncontract workers enjoy paid benefits, such as

health and dental insurance, paid vacation, paid sick leave, and retirement benefits. You miss out on these plusses when you are a gig or contract worker.

From a career perspective, consider other tradeoffs. One important factor is to assess if an Uber gig puts you in line toward your career aspirations. If your goal is to be in a future driving position, say a limousine driver, then being an Uber driver makes perfect sense and would put you in perfect alignment toward your future career goal. However, if you want to become a teacher, it would probably behoove you to take a job at a preschool or tutoring center rather than work as a driver. This is not to say that you can't move on to a different career track if you start off as an Uber driver. Nevertheless, you do have to be mindful of the types of skills, training, expertise, and experience you can bring to a potential employer.

A gig worker might rightfully argue that a huge benefit is not having a boss breathing down one's neck. Indeed, it is liberating to be master of your work domain; however, do consider that not having a boss also means no mentor, no role model, and no references for future work. Anyone who is on a job search will tell you that obtaining three excellent professional references can be fiendishly hard, even if one works in a professional setting. Gig workers are at a disadvantage because they can't obtain professional references from a supervisor.

Who, then, might benefit from gig work? The answer depends on what you want in the

Counseling Corner

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com

© Anne Chan, 2018

short- and long-term. Some stay-at-home parents have enjoyed gig work as a way of getting income while their children are in school – they are simply doing gig work to make money and are not on a path to build their career. Those with specialized skills (generally in tech) who command high hourly rates because of their skill and knowledge base are also happy gig workers. If you're in school, working toward a career goal, a short-term stint as a driver might just be the ticket for earning some extra cash. If this is your situation, be mindful of your career path and plan accordingly to get on-the-job training or experience that fits your goal.

Regardless of pay, all gig workers must be comfortable with the responsibilities that come along with being independent contractors (like paying for health insurance and getting general liability insurance). Gig work can help in some stages of your life but do make the most of it by considering future life and career goals.

Anne Chan is a career counselor and licensed psychotherapist in Fremont. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcv@gmail.com

© Anne Chan, 2019

Are you academy material?

SUBMITTED BY GUY ASHLEY

Alameda County officials are encouraging residents to become involved in their local community. And one of the best ways they can do that is by joining the Citizens Academy or Youth Leadership Academy.

Each Academy is designed to educate participants on county programs and services, promote engagement with elected officials and county staff members, build leadership/networking skills and to help solve community problems. Interactive

presentations by county leaders provide insight into the inner workings of Alameda County government. Academy members are able to network with others in the community and county officials have an opportunity to hear from the people they serve. Space is limited and applications for both academies are accepted on a first-come, first-served basis with consideration given to geographic location to ensure representation throughout Alameda County. Participation is free.

The Citizens Academy is open to adults who live, work or own a business in Alameda County. The program includes six Wednesday evening sessions (September 4, 18; and October 2, 16, 23, 30). Applications are being accepted through August 10. To apply, or to learn more about the Citizens

Academy, go to www.acgov.org/academies/citizens/.

Meanwhile, the Youth Leadership Academy is open to students in 11th and 12th grades who live and attend high school in Alameda County. The program includes five Saturday morning sessions (September 14, 21, 28 and October 12, 19). Application are being accepted through August 16. To apply for the Academy, or to learn more it, go to www.acgov.org/youthleadership/.

1st United Credit Union, is a sponsor of the 2019 adult and youth Academies. It is through the generosity of community partners that the county is able to continue to provide innovative community engagement programs.



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BUSINESS

85,000 Kaiser workers prepare for a strike

SUBMITTED BY ALISHA QIU

More than 85,000 Kaiser Permanente workers are preparing for a national strike to begin this fall as contract talks between the workers and the nonprofit healthcare corporation broke off on July 11 without an agreement. The workers are from multiple unions in California, Oregon, Washington, Colorado, Maryland, Virginia, Hawaii, and the District of Columbia. Beginning in late July and continuing into August, union members will vote to authorize their bargaining team to call the unfair labor practice strike. It would be the largest strike in the U.S. since the 1997 Teamsters strike at UPS. “While we have been providing care 24/7, holding the hands of sick and frightened patients and making sure

they are safe and get the treatment they need, Kaiser has been focused on racking up multi-billion-dollar profits and paying executives exorbitant, million-dollar salaries,” said Ida Prophet, an LVN at Kaiser South Sacramento in California. “This is a nonprofit company that has lost its way and is acting more like a typical for-profit corporation, where only a few at the top truly thrive.” The 85,000 workers, who are members of the Coalition of Kaiser Permanente Unions, say they will call the unfair labor practice strike unless Kaiser begins to bargain in good faith. In negotiations the coalition is fighting to:

- Restore a true worker-management partnership
- Ensure safe staffing and compassionate use of technology
- Build the workforce of the future to deal with major

projected shortages of licensed and accredited staff in the coming years.

- Protect middle-class jobs with wages and benefits that can support families

Kaiser workers also are demanding the company adhere to basic financial transparency so consumers can make smart choices about their healthcare; lawmakers and regulators can do strict oversight of Kaiser’s operations; and employers and unions have the real-time information they need to negotiate better healthcare rates. Transparency must include reporting of executive compensation, prices, and profit figures across Kaiser’s hospitals and for-profit medical groups.

County urges residents to participate in 2020 census

SUBMITTED BY COUNTY OF SANTA CLARA

Following President Trump’s announcement on July 11 that he is ending his effort to include a question about citizenship status on the 2020 Census, the County of Santa Clara is urging all residents to participate in the census count next year. The Trump Administration’s announcement comes after the U.S. Supreme Court rejected its attempt to add the citizenship question on the 2020 Census. “Better late than never,” said David Campos, Deputy County Executive overseeing the County’s Division of Equity and Social Justice, which includes the Office of Immigrant Relations. “With the Trump Administration standing down after the Supreme Court’s rebuke, we can now focus fully on the fundamental purpose of the census: counting everyone. The stakes are too high for us to have anything but a complete count of county residents. While we understand that the Trump Administration’s actions have already caused some community members to fear census participation, the county remains fully committed to working as a community to empower everyone to participate in the census. Every person deserves to be treated with dignity. Being counted makes us stronger.” “The County of Santa Clara will fight to protect our residents from any breach of their privacy rights,” said County Counsel James R. Williams. “We are a nation where no one, Trump included, is above the law.” Census Day is April 1, 2020. To get involved in Santa Clara County’s 2020 Census efforts, visit www.sccgov.org/census or send an email to census@ceo.sccgov.org.

California Assembly approves clean drinking water fund

AP WIRE SERVICE

The California state Assembly has approved a bill that would spend up to \$130 million a year to improve drinking water. About a million people in California don’t have access to clean drinking water. Democratic Gov. Gavin Newsom proposed a tax on residential water bills to fix that. But lawmakers rejected it. Instead, legislative leaders reached a compromise with Newsom to take some money out

of a fund used to improve air quality and use it for drinking water. Some environmental groups say it’s inappropriate to use the money this way. But bill author Sen. Bill Monning has said it is an appropriate because climate change has impacted water quality. The state Assembly approved the proposal on Friday by a vote of 67-0. It now heads to the state Senate.

State to pay student debt for docs increasing Medi-Cal load

AP WIRE SERVICE

California will pay off \$58.6 million in student loans for 247 physicians who have committed to serve more people covered by Medi-Cal. The doctors agreed to ensure that Medi-Cal patients represent 30 percent of their caseload for five years, the Sacramento Bee reported Friday. “By removing the burden of student loan debt, this program will encourage more providers to make different choices when entering the health care market and be able to provide care for the Medi-Cal population,” said Jennifer Kent, director of the Department of Health Care Services, the agency administering the loan repayment program. Medi-Cal patients have long complained that they struggle to find primary care providers who are willing to accept the amount California pays. They say the

payments don’t cover the entire cost of care. More than 13 million state residents get medical coverage through Medi-Cal. Many live in areas with a shortage of primary care physicians. Health department officials said doctors receiving help with loans are practicing in 40 areas of medicine, from pediatrics to psychiatry, in 39 different counties. Nearly 1,300 providers applied for the CalHealthCares loan repayment program, which is being funded by an allocation in the state budget and by a \$2 increase in tobacco taxes that went into effect in 2017. Each grant covers up to \$300,000 in loans taken out for medical or dental school. Dental award winners will be announced later this summer.

Information from: The Sacramento Bee, <http://www.sacbee.com>

Interactive map to plot city development

SUBMITTED BY CITY OF FREMONT

Did you know that City of Fremont has a mapping tool that allows you to see development activity through the city? Civic Insight is an interactive map that plots major development (vertical construction) permit activity throughout Fremont over the past 10 years. It includes building, engineering, and planning permits. You can search by address, permit number, neighborhood, street name, and/or time period. To get started, visit Fremont.gov/CivicInsight.

Facebook’s plans for Fremont campus

SUBMITTED BY CITY OF FREMONT

Facebook’s expansion into Fremont will be centered around its Dumbarton Campus, a network of 14 buildings in Ardenwood bounded by Kaiser Drive (north), Dumbarton Circle (south and east), and Campus Drive (west). The buildings, constructed in the mid-1990’s, range in size from 41,000 to 65,000 square feet and total over 750,000 square feet. The first two campus buildings were occupied earlier this year, and another five are targeted for occupancy in November 2019. The occupancy for the remaining buildings is tentatively scheduled for 2021. The total employee count for the campus will be roughly 5,000 employees. In addition to office space, the campus buildings will include fitness center, dining, and event space uses. Improvements to the site include a large, centrally located open space area (the “Central

Green”) consisting of multiple spaces for outdoor activities, including a basketball court, a synthetic turf field, a tree-rich meadow with walking trails, dining areas, and a main assembly area. Other site improvements include redesigned parking areas, new landscaping and accessible paths of travel, and the addition of access/security infrastructure. Additional plans include the preservation of 1,000 existing campus trees; creation of a transit island off Campus Drive that will include a bus shelter area for regional buses to deliver employees to and from the campus; and addition of shuttle stop locations around the campus to transport employees to other Facebook office locations, including the company’s existing facilities in Menlo Park. Facebook also plans to provide nearly 500 campus bikes for employee use, in addition to bike parking/storage for nearly 600 private employee bikes.

California effort to stop surprise hospital bills stalls

AP WIRE SERVICE

A California proposal aimed at limiting high medical bills from emergency room visits stalled Wednesday, with the author saying opposition from hospitals was insurmountable this year. Democratic Assemblyman David Chiu said he’ll continue working on the bill and try to bring it back next year. It’s the latest attempt by a state Legislature or Congress to rein in exorbitant hospitals bills when patients need emergency care but have little say about what hospitals they are taken to.

Chiu’s bill would have capped what emergency patients pay at their copays and deductibles, even if they got treatment at a hospital outside of their insurance network. It would also have capped how much hospitals could then seek from insurance companies. That turned the bill into a battle between hospitals and insurance companies. “This bill curtails a practice that generates billions of dollars of profits for hospitals, and lobbyists and CEOs for the most profitable hospitals in California have made it abundantly clear that they will protect those profits over patients,”

Chiu said in a statement. “Unfortunately, that level of moneyed opposition proved insurmountable at this time.” Jan Emerson-Shea of the California Hospitals Association did not immediately comment on Chiu’s withdrawal of the bill or his comments about hospital opposition. Carmela Coyle, the group’s chief executive, previously said insurance companies, not hospitals, are the true monopoly. She said the proposal “puts money into the pockets of insurance companies and does not make care more affordable for consumers.”

Mission San Jose commercial strategy study

SUBMITTED BY CITY OF FREMONT

In June 2018, the Fremont City Council directed city staff to study the Mission San Jose Town Center to determine the potential for commercial success in the area – with special emphasis on retail, restaurants, entertainment options, and mixed use developments that include housing – and to develop strategies to support it accordingly. The Mission San Jose Town Center is a commercial district near Washington Boulevard and Mission Boulevard, anchored by the historic Mission San Jose church and museum. The city has concluded the study, and the council reviewed

and accepted the final report for the study in May 2019. Key strategies include focusing revitalization efforts on a smaller “primary commercial area” within the town center; enhancing the identity of the area through marketing, events, and signage; incorporating a leasing/merchandising plan for property owners and commercial tenants; and improving the public realm. City staff is conducting another community meeting to outline the findings in detail. The public is invited to attend this meeting from 6:30 p.m. to 8:00 p.m. Thursday, July 25 at

the Olive Hyde Center, 123 Washington Blvd in Fremont. The study report and the council report are available at Fremont.gov/MissionSanJoseStudy. For more information, call Wayne Morris, deputy community development director at (510) 494-4729.

**Community Meeting
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SAVE receives \$5,100 donation

SUBMITTED BY SAFE ALTERNATIVES TO VIOLENT ENVIRONMENTS

In mid-April, executive director of Safe Alternatives to Violent Environments (SAVE), Dr. Yasi Safinya-Davies, participated in the Union City Impact Club, and the nonprofit organization received a \$5,100 donation. The contribution is a testament that Union City sees the value of SAVE's work and supports the center's efforts to end domestic violence.

In December 2016, the first Impact Club was launched in Northern Virginia where

112 Impact Venture Capitalists each committed to a \$100 donation. Three charities presented an inspiring story, and the charity with the majority vote won a check for \$11,200. Since then, this innovative fundraising process has been repeated in cities across the United States, and Union City has joined the club. For more information about Union City Impact Club, visit <https://impactclub.com/clubs/union-city-ca/>.

SAVE
1900 Mowry Ave #201, Fremont
(510) 574-2250
<https://save-dv.org/>

Union City Impact Club
<https://impactclub.com/clubs/union-city-ca/>

French lawmakers approve 3% tax on online giants

AP WIRE SERVICE

France's lower house of parliament approved Thursday a small, pioneering tax on internet giants like Google, Amazon and Facebook – and the French government hopes other countries will follow suit.

The bill aims to stop multinationals from avoiding taxes by setting up headquarters in low-tax EU countries. Currently, the companies pay nearly no tax in countries where they have large sales like France.

The bill foresees a 3% tax on the French revenues of digital companies with global revenue of more than 750 million euros (\$847 million), and French revenue over 25 million euros.

The bill adopted by the National Assembly goes to the Senate next week, where it is expected to win final approval.

The tech industry warns it could lead to higher costs for consumers.

It could affect U.S. companies including Airbnb and Uber as well as those from China and Europe. It primarily targets those that use consumers' data to sell online advertising.

The French Finance Ministry has estimated the tax will raise about 500 million euros (\$566 million) a year this year but that should increase ``quickly.”

France failed to persuade EU partners to impose a Europe-wide tax on online giants, but is now pushing for an international deal with the 34 countries of the Organization for Economic Cooperation and Development.

Seismic screenings required for soft-story residential buildings

SUBMITTED BY CITY OF HAYWARD

The Hayward City Council has given final approval to legislation requiring owners of multi-unit, soft-story residential buildings to have the structures screened for seismic vulnerability and report the findings to the city.

The mandatory seismic screening requirement applies to wood-frame buildings, constructed before 1979, with two or more stories and three or more dwelling units, and have a basement or a lower story that is substantially more vulnerable to earthquake damage than the story above.

The screenings must be conducted by an architect, civil engineer, or structural engineer with the findings due to the city by October 30, 2020, for buildings with five or more units, and by April 30, 2021, for buildings with fewer than five units. The legislation also establishes voluntary seismic retrofit standards for soft-story buildings.

The United States Geological Survey (USGS) predicts that there is a 72 percent probability of a major earthquake in the Bay Area by 2035. Of the 32 faults included in the analysis, the Hayward fault is the most likely to rupture and cause a damaging earthquake.

For more information, call the Hayward Building Division at (510) 583-4140 or visit <https://www.hayward-ca.gov/your-government/departments/building-division>.

Hayward Seismic Screenings
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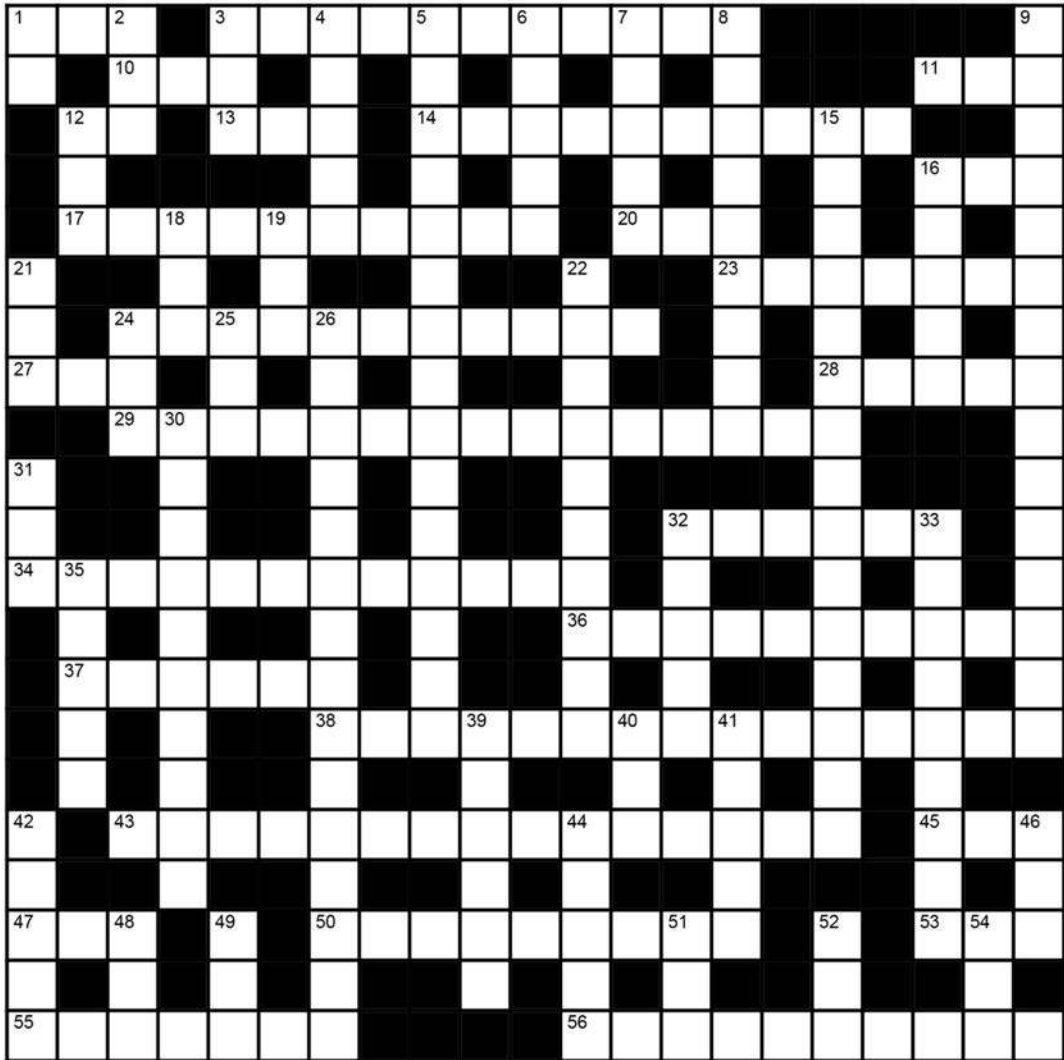
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Mind Twisters

Crossword Puzzle



- Across

1 ____ tai (3)

3 Festive (11)

10 Kind of gun (3)

11 French possessive (3)

12 ... (2)

13 Parenthesis, essentially (3)

14 Blue (2,3,5)

16 Blood-typing letters (3)

17 Start of a quip (4,6)

20 Start of an apology (3)

23 Stuck (2,1,4)

24 Waste (7,4)

27 ____ Kan (3)

28 Court org. (5)

29 Capital (5-4,6)

32 1999 U.S. Open champ (6)

34 Winter Olympics sport (5-7)

36 Calm (10)

37 Vamoosed (3,3)

38 Shock (4,4,3,4)

43 Signal receivers (9,6)
- 45 High school class, for short (3)

47 ____ jacket (3)

50 Restricted area (2-3-4)

53 Singer Sumac (3)

55 Drink (7)

56 Doodler's aid (5,5)
- Down

1 ... (2)

2 Here, in France (3)

3 Bean counter, for short (3)

4 Indy entrant (5)

5 Hard to grasp (8,2,2,3)

6 Big name in fruit juices (5)

7 ____ whale (5)

8 "Amen!" (3,4,2)

9 Grave (2,5,2,1,5)

12 ____ seul (dance solo) (3)

15 Good-time Charlies (8-7)

16 Bikini, e.g. (5)

18 Former Mideast inits. (3)

19 Prime meridian std. (3)
- 21 Bic filler (3)

22 Train part (7,3)

24 Bird ____ (3)

25 EarthLink, for example: Abbr. (3)

26 Tip (5,3,7)

30 Current (10)

31 And so on (3)

32 "____ With a View" (1-4)

33 Forever (9)

35 Bucolic (5)

39 Be a snitch (6)

40 "... ____ shall die" (3)

41 Giggle (2-3)

42 Clog (3-2)

44 Rocks (5)

46 Medical suffix (3)

48 Away (3)

49 Defraud (3)

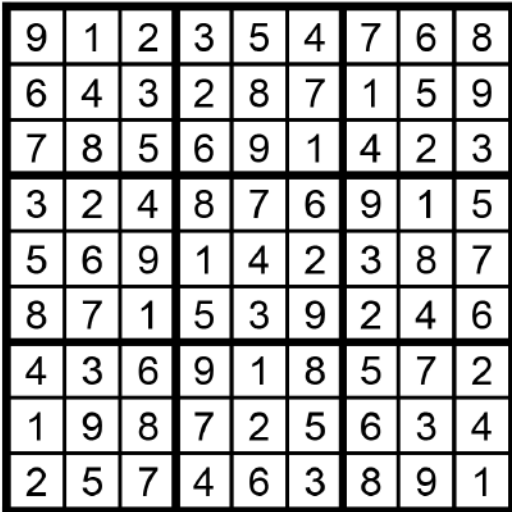
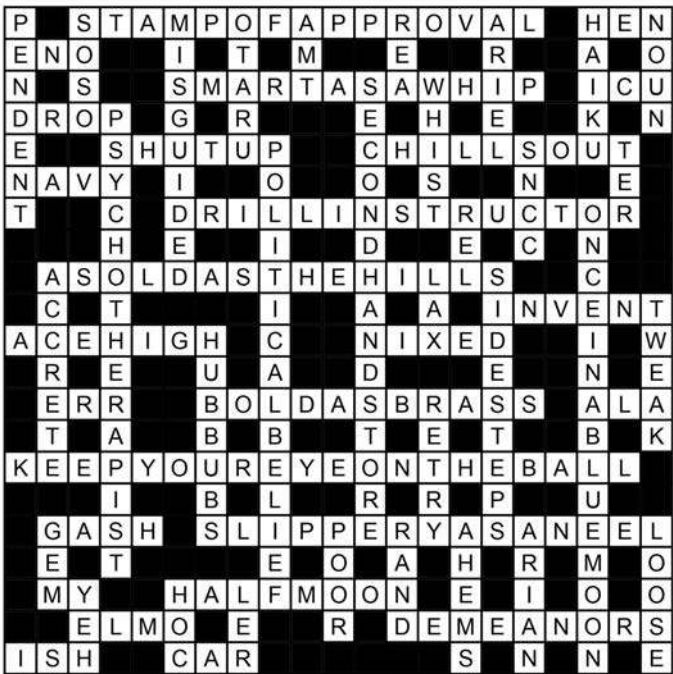
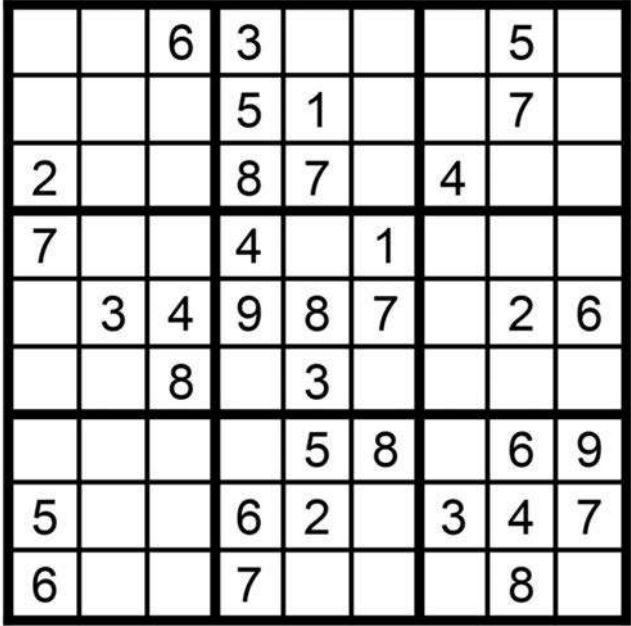
51 ____'wester (3)

52 Blueprint (3)

54 G.I. chow in Desert Storm (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JULY 17 – JULY 23, 2019

For All Signs: Many may experience challenges in relationships at this time because Venus, the relationship planet, is in a difficult aspect to both Saturn and Pluto. Our attitudes lean toward the negative and we are not seeing reality from a neutral position. Keep in mind that Mercury is retrograde and information we think

we have is not necessarily accurate. If in disagreement with another (person or country), it is probably more a projection of our internal critic than truth. Try not to jump to conclusions, particularly if the subject is critical. Hold off and wait for a few weeks to allow the facts to surface.

Aries the Ram (March 21-April 20): The full moon eclipse on July 16 shines brightly in your career or the area in which you contribute to the world. You may see the results of good works and/or the results of failure to produce. Meanwhile something deep within is searching for a sense of internal security. You may feel the need to get in touch with family that you haven't seen or spoken to for a long time.

Taurus the Bull (April 21-May 20): Venus, your personal avatar, is in a troubled cosmic space at present. See the lead paragraph at the beginning of this article. Problems may develop in dealings with those in authority. They are obstinate and prefer their rules over your rationale. Don't waste your anger or your breath. Do what you can to avoid harm's way for now.

Gemini the Twins (May 21-June 20): This is a week filled with changes in direction. You may no sooner decide on one thing than you switch to another. Be aware you are trying on answers, just as one tries on clothes. Under these cosmic circumstances it is perfectly normal to argue with yourself. Don't be critical of your inability to stabilize on one path.

Cancer the Crab (June 21-July 21): The activities of your partner are prominent during this Full Moon eclipse on your seventh house of partnership. You must recognize and respect his/her moment in the sun. Meanwhile new seeds inside of you are just sprouting that eventually will become an evolution in your sense of identity. If someone told you what that will become, you'd be astounded.

Leo the Lion (July 22-August 22): The sun returns "home" to your sign this week. You likely will find it to be energizing. Now is the time to focus on new plans for this next year of your life. Take a fresh look at where you want to direct your energy. It is appropriate that your attention be directed toward yourself right now as you re-set for the next year.

Virgo the Virgin (August 23-September 22): Memories from your life history may surface for examination at this time. Old friends or acquaintances who return for a short time could be the trigger for this life review. It is possible you may have a greater than normal need to reflect, to write, and otherwise give attention to your inner self.

Libra the Scales (September 23-October 22): You may be facing challenges within your family of origin. This could be accompanied by pressure to replace broken, aging or failing equipment within your home or vehicle. Expensive is the name of the game. These events are not fun or fulfilling but they are the result of the inevitable aging process in the material world.

Scorpio the Scorpion (October 23-November 21): The full moon eclipse of July 16 brings to light whatever you need to know about relationships to siblings, roommates, neighbors. It also may bring attention to your vehicle in some way. A weird noise becomes a breakdown, for example. Meanwhile the new moon encourages new starts related to higher education, publishing, travel, and spiritual pursuits.

Sagittarius the Archer (November 22-December 21): This summer you are looking at your life path with greater seriousness. You feel the need to direct yourself toward a worthwhile future that demonstrates your values. It is possible that you are taking on a teaching or mentoring role so

that you can deposit what you have learned with those who are following your path.

Capricorn the Goat (December 22-January 19): The world and its rules weigh heavily upon your shoulders. You may feel fatigued to the point of ill health. If so, take a good look at the “rules” you believe are true in your life. Maybe you can let go of serving all of them. Just pick a few that are worthwhile and step aside from those that merely serve your inner critic.

Aquarius the Water Bearer (January 20-February 18): This summer you may be withdrawing from your normal activities. Perhaps you are on a sabbatical of some kind. You need R&R of the quiet, reflective type rather than a raucous,

traveling vacation. Certain routines may be withdrawn from your life. Let them go. Soon you will experience a new birth of creativity.

Pisces the Fish (February 19-March 20): Your usual source of inspiration is lagging this summer. You may think the Muse is gone forever, but that is not so. He/she is in search of new fuel which has simply not yet surfaced. Give attention to both day and night dreams, which may reflect to you what is going on in your unconscious. Let go of anxious looking. Ride lightly on your life and relax.

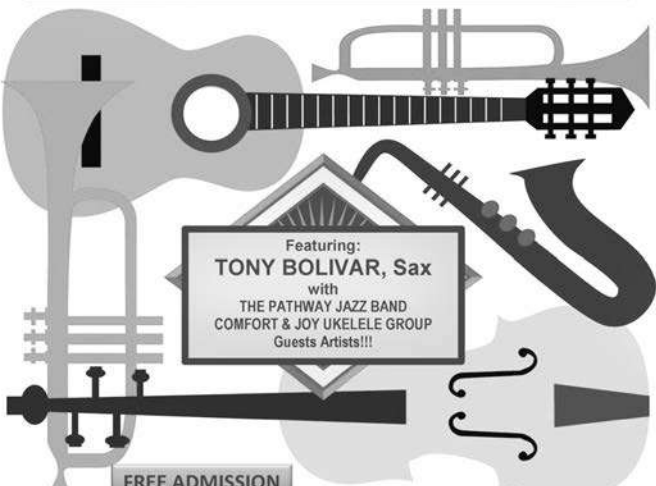
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A Little Misner and Smith is what you need

SUBMITTED BY
WAYNE AND SUE BRASK

Misner & Smith's original folk/rock blend is harmony-filled and lyric-driven. These two actors-turned-singers/songwriters bring a unique blend of talent to Mission Coffee House on Saturday, July 20 for this month's "Brask House Concert Series: Misner & Smith."

Headlining at venues such as the Freight & Salvage, Palms Playhouse, Kate Wolf Music Festival, San Francisco Folk Festival, San Francisco Old Time & Bluegrass Festival, Starry Plough in Berkeley, Oregon Shakespeare Festival Green Show, and San Francisco Free Folk Festival, Sam and Megan bring rare and undeniable talent to Fremont's music scene.

Misner & Smith's 5th album "Headwaters" focuses on the work of other musicians who have influenced them with such works as Simon & Garfunkel's "America" and "Return of the Grievous Angel," also recorded by Gram and Emmylou Harris. Other works reference Patty Griffith's "Making Pies," Talking Head's "City of Dreams," and "It Make No Difference" by The Band. As always, the duo faithfully offers up a diverse mix of influential tastes.

Misner & Smith's music is a combination of soaring vocal harmonies, extremely tight instrumental arrangements, and story-filled, poetic songwriting. The duo's sound harkens back to the bedrock of American rock & folk, but with their own diversity of styles. Sam and Megan sing

with one harmonic voice, producing music that captures longing and belonging. Close your eyes and you'll be swept up in a sound that you'll swear is a full band. The combination of musical dexterity and vocal prowess packs a punch that will linger with you for a long time to come.

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Student musicians celebrate summer with concert

SUBMITTED BY QUEENIE CHONG

Get ready for music in the air when the Hopkins Summer Band & Orchestra performs its 2019 concert at Chabot College in Hayward. The concert marks the conclusion of a three-week summer band and orchestra program held for students at Hopkins Junior High School in Fremont. This year, more than 300 students from 4th through 12th grade in Fremont Unified School district schools participated in the program.

Admission is free; the concert will start at 6 p.m. in the Reed L. Buffington Center for Performing Arts. For details about the Hopkins Instrumental Music Department, visit their website at www.musicathopkins.com.

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Band & Orchestra
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6 p.m.
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Buffington Center
25555 Hesperian Blvd.,
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www.musicathopkins.com
Free

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Bob Jones University, South Carolina
Spring 2019 graduate
• Grace Wong, Hayward

Champlain College, Vermont
Spring 2019 Dean's List
• Caitlyn Dangvu, Milpitas

Spring 2019 President's List
• Cindy Fan, Hayward

Rochester Institute, Technology,
New York
December 2018 graduate
• Faiz Rahman, Fremont

Spring 2019 graduates
• Ishaan Barot, Milpitas
• Hailey Sanidad, Fremont

Western Governors University, Utah
Spring 2019 graduates
• Sarah Zahid, Fremont
• Anil Jaiswal, Fremont
• Jaime Rust, Fremont
• Angela Ramirez, Fremont
• Rosy Chan, Fremont
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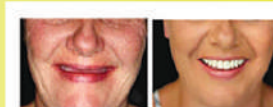
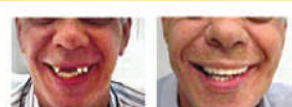


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Home & Garden

Stone Fruit: Getting to the heart of the matter

ARTICLE AND PHOTOS BY
LALITHA VISVESWARAN

It's the pits. The pit at its heart defines the fruit. Officially, the family name of all stone fruits is Prunus. Stones are also known as "drupes." The edible fleshy part of the fruit is the mesocarp, and the hard, inedible pit, known as the seed, is the endocarp. However, these days, trees are propagated by grafting, not necessarily by seed. They bloom en masse in spring, attracting pollinators. Often, when bees swarm, one of their first foods is the nectar from stone fruit tree blossoms. They are welcomed to buzz and feed in return for providing pollination services.

Stone fruits are ideal for home gardens and small backyards. Once established, the fruits require little care; they fruit on new growth, which means they can be pruned and trimmed to fit any garden space. By contrast, apples and pears fruit on old growth branches. Fruiting spurs will not be productive until their third year, making it a difficult choice to trim unruly branches, which can cost productivity.

Now, multiple varieties can be grafted into a single rootstock, allowing you to harvest peaches, apricots and plums from the same tree. These varieties require more attention as the branches need reinforcement to make sure they don't break under the weight of fruits. Personally, I like dwarf

rootstocks and single variety because those allow me to care for the tree and monitor for pests. Also, if disease strikes, I won't lose fruits for the whole summer. If I had more space, I would prune them hard and espalier them to resemble grape trellising.



I prefer smaller manicured trees for backyard orchards because finding the right labor and talent is difficult. With our busy working lives, our love for home orchards needn't be sacrificed if we can manage design. Furthermore, stone fruits drop when over ripe, and it is easier to clean up with a smaller canopy. It feels like a compromise to give up the umbrella-like shade of a multi-branched fruit tree canopy, but sometimes quality is better than quantity.

Some much-loved stone fruit varieties:

Cherries:

The very first stone fruits to appear in spring. There are two varieties: sweet cherries and tart cherries. The ones available in stores are usually the sweet kind as tart cherries don't travel well. While nurseries sell single cherry trees, it is better to plant two



peaches. If you are not bothered by the peach fuzz, sink your teeth into a peach, skin and all.

What to do:

Peach halves are great for grilling as they hold shape and taste better when juices are caramelized. Drizzle brown butter sauce over grilled peaches for a stellar dessert.

Plums:

Santa Rosa plums are our pride and joy in the Bay Area. The varieties include black, red, dappled, and even yellow. Pick them when they are still hard and slightly unripe. Plums turn sweet

concentrates sugars to make each bite delectable. Large apricots can turn watery and flavorless. Meanwhile that apricot in your garden with rationed water might be an explosion of taste.

What to do:

Best eaten by hand. Apricots also make great jellies and are often used as a glaze over other desserts, especially fruit tarts.

Nectarines:

Nectarines may seem not too different from peaches, but they have a thicker skin and lack fuzz. Nectarines are bigger and can be nectar-dripping juicy even though they may seem hard to the touch. They are great to slice like an apple and can be strewn over a salad because they keep their shape. Their pits are categorized as freestone or clingstone depending on how they may be removed. The two main nectarine colorings are white and yellow.

What to do:

Summer Arugula salad with nectarine, figs, and candied walnuts. Serve with a honey mustard vinaigrette.

Pluots:

These are a newer variety of hybrid. Pluots = plums + apricots, but more plums than apricots in the mix, so they're softer and juicier. Pluots are very sweet.

Plumcots:

Plumcots also combine plums and apricots. They are a love child with exactly 50/50 plum and apricot DNA.

Apiums:

Hybrid fruits of apricots and plums are known as apiums; the mix has more apricot genes than plum. Apiums can have the fuzz and are harder than pluots.

Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark. www.jelliclesfarm.com



for better pollination. Be sure to select two different varieties for high pollination success. For our zone, Bing red/maroon cherries and Rainier white/yellow cherries do very well.

What to do:

Cherry Clafoutis, cherries soaked in vodka for a fruit liqueur, cherry pie.

Peaches:

With peaches, pick them while they are still hard. Place them in a brown paper bag until they ripen and everything around the bag is suffused with that peachy aroma. The skin is very thick and you might want to use a peeler. The peach we know and love has that adorable heart shape, but there are flatter cultivars like Saturn and donut

on your counter table. There are so many tastes, from sweet to tart and everything in between.

What to do:

Plums make great jams and jellies. Plum sauces can be canned and preserved for use well after chilly fall has set in.

Apricots:

What we now know as Silicon Valley used to be apricot orchards. No words can describe the taste of ripe apricots in season. Apricots are somewhat daintier than their stone fruit cousins and are also higher maintenance. They can attract pests and diseases that can be difficult to control. They also can be sweeter when they are dry farmed or get less water. Like all stone fruits, less water

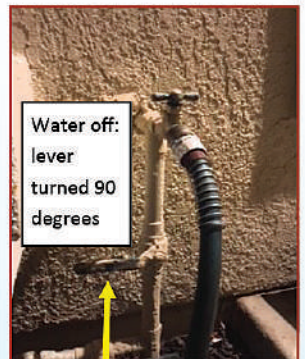
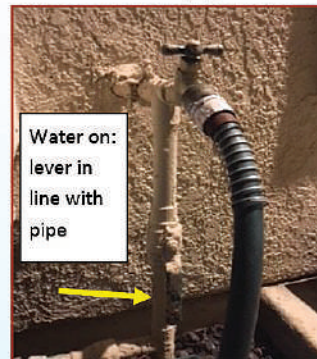
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TAKES FROM SILICON VALLEY EAST

Prospect Silicon Valley’s Innovation & Impact Symposium

BY CHRISTINA BRIGGS,
ECONOMIC DEVELOPMENT DIRECTOR

California’s clean technology ecosystem is continuing to expand and is a welcome news to Fremont, home to one of the largest cleantech industry clusters. Many of these organizations are our longtime partners and have provided a wealth of resources to the companies that reside here. Prospect Silicon Valley (PSV) (<https://prospectsv.org/>), a cleantech innovation hub based nearby in San Jose, is one such organization whose prominence is on the rise. At the company’s recent Impact & Innovation Symposium, PSV convened key leaders in advanced mobility and energy to provide a glimpse at where these industries are heading.

To set the stage, PSV CEO Ruth Cox interviewed Cal EPA’s Secretary for Environmental Protection Jared Blumenfeld to discuss Blumenfeld’s perspectives and priorities as California’s new administration gets underway. Issues that Blumenfeld focusses on include water quality in the Central Valley, safety innovation of agricultural pesticides and chemicals in manufacturing, and a push for increased uniformity in building codes and regulations across cities, without diluting the environmental causes they support.

While California is certainly an environmental leader by many measures, he did express interest in addressing

the issue of recycling, since many other parts of the world have developed recycling systems far better than ours. He concluded his remarks by reflecting on his time hiking the entire Pacific Crest Trail alone. The experience taught him that nature is nonjudgmental, human superiority is a myth, and that people must question the role they play with respect to nature.

Two separate breakout sessions followed: one dedicated to grid modernization and the other focused on advanced mobility. Given Fremont’s growing advanced automotive cluster, one can guess which track was followed. Mark Platshon of Icebreaker Ventures kicked off the mobility track with an insightful keynote about the state of the market. He cited quick facts to illustrate the speed at which mobility is evolving:

Bird is the fastest company to reach \$1 billion valuation in history.

Batteries used to cost \$2000 per kilowatt hour. Today, they cost approximately \$150, which indicates that they followed a similar cost curve as solar. (This is great news for consumers, but a dilemma for investors.)

Today, 42 all-electric EV models are coming to fruition by mainstream manufacturers. Platshon considers this as the beginning of a tipping point for EVs.

The opportunity for EVs extends far beyond passenger vehicles; it includes buses, trucks, mining equipment,

agricultural equipment, and shuttles. (Mobility focuses just as much on moving goods as it does on moving people.)

As it turns out, GDP is almost exactly correlated with Vehicle Miles Travelled (VMT). This indicates that the more goods are moved, the more growth the economy experiences. Think about the possible outcomes that could be achieved if this travel could be done without congestion, danger, and pollution.

Advanced mobility will disrupt many other industries, in addition to the automotive space:

-Insurance – Today people spend \$200 billion per year on auto insurance.

-Real Estate – The future of parking garages and the revenue generated for cities is still a big question. (Airports make half their money from parking)

-Safety/Emergency Services – Studies show a 25 percent decrease in San Francisco’s drunk driving rates since the advent of Uber.

Finally, advanced mobility has the potential to significantly impact issues of equity when people think about the opportunities it may present to the disabled, blind, seniors, and children.

Extra! Extra! StarStruck Theatre Presents Newsies

THEATRE

SUBMITTED BY
HELEN CHANG

StarStruck Theatre’s production of Newsies, the smash-hit musical, will play at the Dublin Center for Performing Arts July 20 to August 4. Filled with one heart-pounding number after another, it’s a high-energy explosion of song and dance you don’t want to miss. “I’m thrilled to bring this exciting and relevant musical to the StarStruck stage,” said Lori Stokes, founder and artistic director of the non-profit youth performing arts company, “And as an added bonus, to work with Juliane Godfrey and Courtney Stokes is a dream come true.” A veritable family reunion, this production of Newsies features two mother-daughter artistic duos.

Broadway actress Juliane Godfrey, recently in the Tony Award-winning Sponge Bob Square Pants on Broadway, is daughter of StarStruck music director Nancy Godfrey. She returned to her StarStruck roots this spring to choreograph

Newsies. Similarly, Courtney Stokes took a break from her own acting career to work with her mother as assistant director.

The 44 actors in the cast range in age from 12-20 and hail from Fremont, Newark, Hayward, Pleasanton, Livermore, Union City and Milpitas. Principle actors include Diego China as Jack Kelly; Gabriel Lew as Crutchie; Niko Le as Davey; Russell Lym as Les; Mehaa Mekala as Katherine Plumber; Roman Severtson as Joseph Pulitzer; and Maya Hoyt as Medda Larkin.

A 14-piece orchestra under the direction of Nancy Godfrey brings to life the score by eight-time Academy Award winner Alan Menken (Beauty and the Beast, Aladdin, Sister Act) and Jack Feldman and a book by four-time Tony Award winner Harvey Fierstein (La Cage aux Folles, Torch Song Trilogy).

Since the film’s 1992 theatrical releases, Newsies has grown into a cult phenomenon, and for four years was the single most requested title of all the Disney musical films not yet adapted for the stage.

Newsies’s longevity and reach has been driven from the

beginning by an indefatigable fan base. Beginning as a pilot regional production, Newsies was called to New York by critical acclaim and now Newsies is coming to the East Bay this summer.

Created in 2011, the stage version introduces eight brand-new songs by the original team of Menken and Feldman, while keeping many of the beloved songs from the film, including “Carrying the Banner,” “Seize the Day,” “King of New York” and “Santa Fe.”

Set in New York City at the turn of the century, Newsies is the rousing tale of Jack Kelly, a charismatic newsboy and leader of a ragged band of teenaged “newsies,” who dreams only of a better life far from the hardship of the streets. But when publishing titans Joseph Pulitzer and William Randolph Hearst raise distribution prices at the newsboys’ expense, Jack finds a cause to fight for and rallies newsies from across the city to strike for what’s right.

Newsies is inspired by the real-life ‘Newsboy Strike of 1899,’ when newsboy Kid Blink led a band of orphan and runaway newsies on a two-week-



In StarStruck's production of Disney's Newsies, Gabriel Lew is Crutchie, Diego China is Jack Kelly, Russell Lym is Les, and Niko Le is Davey. Photo by Judy Beck

long action against Pulitzer, Hearst and other powerful newspaper publishers. This production is recommended for ages 6 and up. Tickets, \$25-32, and additional information are available online (<https://starstrucktheatre.org/>). Special pricing on Fridays only; all seats, \$25. Discounts available for groups of 10 or more. Box office: (510) 659-1319.

Show Dates:

Saturday, July 20, 7:30 p.m.:
StarStruck Alumni Night
Sunday, July 21, 2:30 p.m.
Friday, July 26, 7:30 p.m.:
Family Discount Night

Saturday, July 27, 7:30 p.m.
Sunday, July 28, 2:30 p.m.:
Talk back with actors
Friday, August 2, 7:30 p.m.:
Family Discount Night
Saturday, August 3, 7:30 p.m.
Sunday, August 4, 2:30 p.m.

Newsies the Musical
Saturday, Jul 20 – Sunday
Aug 4
Fri & Sat: 7:30 p.m.,
Sun: 2:30 p.m.
Dublin Center for the
Performing Arts
8151 Village Parkway, Dublin
(510) 659-1319
<https://starstrucktheatre.org/shows/newsies-the-musical/>
Tickets: \$28 - 32

TRUTH THURSDAYS

SUBMITTED BY COURTNEY ROSE

The San Leandro Improvement Association, in partnership with Westlake Urban and OSI Software, presents the summer food-truck series, “Truth Thursdays,” occurring every fourth Thursday of the month through August from 5:00 p.m. to 8:30 p.m. at the San Leandro Tech Campus in Downtown San Leandro. Surrounding the 55-foot tall Truth is Beauty statue, “Truth Thursdays” features multiple food trucks by Food Truck Mafia, local brews, wine, recreational games, music and entertainment for the whole Bay Area community to enjoy.

“The San Leandro Improvement Association is excited to bring the community together for safe, family-friendly summer fun for the third year at ‘Truth Thursdays,’” said Gordon Galvan, San Leandro Improvement Association’s president. “We invite all community members and visitors to gather under the beautiful Truth is Beauty statue and enjoy food, drinks and live entertainment.”

Each event is FREE and features a specific theme to ensure there’s always something different for attendees to

enjoy. At each event attendees can participate in recreational games like corn hole and bocce ball on the grass in front of Truth is Beauty in addition to enjoying the music, food and drinks the entire evening. The last two events of the summer will occur on Thursday, July 25 and Thursday, August 22. July’s event will be an “Arts & Culture theme” and August’s event will be a season headliner that will be announced in upcoming weeks.

The Arts & Culture event will be in partnership with Ghirardelli Chocolate Company and in addition to the entertainment, recreational games and food trucks, local organizations from the community will be activating the event. There will be festivities and exhibits for the entire family to enjoy, from arts & crafts tables to demonstrations and more! Attendees can expect to see the following groups on the 25th:

Ghirardelli Chocolate Company
Boys & Girls Club San Leandro
San Leandro Arts Commission
San Leandro Arts Association
San Leandro Historical Society

San Leandro History Museum
San Leandro Education Foundation
Pilot City
Broadmoor Preschool
Leadership San Leandro

For more information about Downtown San Leandro’s “Truth Thursdays” or the San Leandro Improvement Association, visit www.downtownsanleandro.com. To connect with Downtown San Leandro and follow things happening in the area, check out Facebook/DWTNSan-Leandro, Instagram @dwtnsanleandro, or Twitter @dwtnsanleandro.

Truth Thursdays
Thursdays, Jul 25 & Aug 22
5 p.m. – 8:30 p.m.
San Leandro Tech Campus
1600 Alvarado St., San Leandro
(510) 281-0703
www.downtownsanleandro.com

CASTRO VALLEY TOTAL SALES: 2						
Highest \$: 1,165,000		Median \$: 682,500				
Lowest \$: 200,000		Average \$: 682,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
17032 President Drive	94546	200000	0	0	0	6/4/19
25735 Durrwood Court	94552	1165000	4	2280	1998	6/4/19

FREMONT TOTAL SALES: 35						
Highest \$: 2,700,000		Median \$: 1,130,000				
Lowest \$: 270,000		Average \$: 1,186,914				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
3695 Stevenson Blvd #E103	94538	270000	1	721	1991	6/4/19
1945 Barrymore Comm #D	94538	565000	2	882	1982	6/4/19
158 Leal Way	94539	580000	4	2686	1999	6/3/19
4165 Greenland Terr	94555	700000	4	1474	1970	6/3/19
34600 Falls Terrace	94555	721000	2	950	1990	6/5/19
4467 Millard Avenue	94538	765000	3	925	1955	6/6/19
40196 Santa Teresa Comm	94539	785000	2	1199	1970	6/4/19
4560 Portola Drive	94536	855000	3	1246	1954	6/4/19
42840 Philadelphia Pl	94538	864000	3	1151	1958	6/4/19
39268 Marbella Terraza #3s	94538	870000	3	1314	1991	6/3/19
4135 Sora Common	94555	890000	3	1637	1984	6/5/19
43606 Salem Way	94538	926000	3	1314	1960	6/4/19
37232 Blacow Road	94536	936000	5	1369	1950	6/6/19
35337 Ratto Place	94536	1075000	4	1550	1996	6/6/19
4528 Leonato Way	94555	1100000	3	1354	1986	6/4/19
3733 Savannah Road	94538	1100000	3	1314	1960	6/6/19
606 Ravenna Terrace	94536	1105000	3	1509	1997	6/4/19
40235 Legend Rose Terr	94538	1130000	3	2036	2009	6/3/19
555 Scott Street	94539	1205000	3	1100	1955	6/6/19
34717 Spoonbill Comm	94555	1210000	4	1863	1988	6/3/19
34141 Asti Terrace	94555	1223000	4	1969	2013	6/6/19
4931 Seneca Park Loop	94538	1235000	4	2097	1987	6/3/19
42963 Newport Drive	94538	1290000	3	1000	1958	6/5/19
38667 Chrisholm Place	94536	1300000	4	2186	1977	6/4/19
38294 Dixon Court	94536	1305000	4	1971	1959	6/4/19
43670 Bryant Street	94539	1380000	3	1356	1957	6/4/19
4560 Mattos Drive	94536	1490000	5	2800	1999	6/6/19
33220 Sandpiper Place	94555	1535000	0	2469	1979	6/6/19
4102 Isola Drive	94555	1570000	5	2396	1978	6/5/19
40661 Canyon Heights Dr	94539	1625000	4	1708	1976	6/3/19
4963 Mayfield Drive	94536	1630000	4	3221	1959	6/5/19
4158 Central Avenue	94536	1650000	2	1781	1961	6/3/19
251 Pawnee Place	94539	1747000	0	2097	1980	6/4/19
1096 Kachina Court	94539	2210000	4	2296	1979	6/3/19
3756 Monte Sereno Terr	94539	2700000	5	3899	1997	6/3/19

HAYWARD TOTAL SALES: 28						
Highest \$: 1,317,000		Median \$: 682,500				
Lowest \$: 414,000		Average \$: 703,214				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
446 Schafer Road #3	94544	414000	2	1044	1980	6/4/19
29626 Red Oak Ct #14	94544	419000	2	723	1985	6/3/19
260 Flint Court #4	94541	430000	2	1010	1991	6/3/19
26953 Hayward Blvd #107	94542	475000	2	1277	1983	6/4/19
25118 Belmont Avenue	94542	535000	2	696	1955	6/5/19
24625 Waterson Court	94544	535000	2	1058	1950	6/6/19
31214 Tepic Place #30	94544	566000	2	1435	1981	6/3/19
2589 Arf Avenue	94545	570000	3	1440	1971	6/3/19
1533 Denton Avenue	94545	571000	0	0	0	6/6/19
26019 Eastman Court	94544	610000	3	1100	1952	6/4/19
600 Old Oak Lane #4	94541	630000	3	1356	2011	6/6/19
767 Lilly Avenue	94544	645500	3	1352	1950	6/4/19
1761 Osage Court	94545	660000	3	1064	1965	6/3/19
24319 Fairview Avenue	94541	675000	3	1460	1954	6/5/19
22745 Marolyn Court	94541	690000	3	1007	1950	6/5/19
216 Catherine Place	94544	700000	3	1891	2015	6/3/19
20728 Times Avenue	94541	700000	3	1364	1951	6/6/19
547 Eleanor Place	94544	705000	3	1175	1955	6/5/19
25656 Calaroga Avenue	94545	708000	3	1359	1959	6/4/19
841 Hampton Road	94541	749000	4	2105	1927	6/6/19
18822 Sonnet Lane	94541	760000	4	1567	1990	6/3/19
24954 Silverthorne Place	94544	775000	3	1624	2001	6/6/19
24988 Plum Tree Street	94544	793000	3	1647	1997	6/6/19

921 East Lewelling Blvd #A	94541	850000	2	1168	1942	6/6/19
3608 Skyline Drive	94542	880000	4	2133	1976	6/6/19
3130 Atwal Court	94541	1077500	5	3215	2005	6/4/19
355 Ashbrook Way	94544	1250000	4	2898	1999	6/3/19
157 Roslea Road	94542	1317000	3	3459	2010	6/3/19

MILPITAS TOTAL SALES: 11						
Highest \$: 1,660,000		Median \$: 940,000				
Lowest \$: 615,000		Average \$: 1,070,227				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1101 South Main St #423	95035	615000	1	767	2007	6/7/19
1101 South Main St #305	95035	739000	2	1013	2007	6/7/19
387 Washington Drive	95035	757000	3	900	1969	6/4/19
1789 Lee Way	95035	915000	3	1456	2013	6/3/19
549 Greathouse Drive	95035	935000	4	1358	1965	6/4/19
410 Monmouth Drive	95035	940000	3	1276	1956	6/5/19
355 Timber Way	95035	1130000	3	1669	1965	6/3/19
1250 Calle De Cuestanada	95035	1255000	3	2082	1992	6/4/19
852 Horcajo Street	95035	1310500	3	1497	1971	6/3/19
698 Kirkwall Place	95035	1516000	4	2390	1982	6/5/19
2264 Churchill Drive	95035	1660000	4	2690	1984	6/6/19

NEWARK TOTAL SALES: 9						
Highest \$: 1,082,500		Median \$: 885,000				
Lowest \$: 475,000		Average \$: 829,167				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6294 Wilma Avenue	94560	475000	3	942	1953	6/6/19
6159 Thornton Ave #A	94560	650000	3	1383	1987	6/5/19
36653 Charles Street	94560	812000	3	1190	1954	6/4/19
6016 Peppertree Court	94560	830000	3	1324	1984	6/3/19
36727 Port Sailwood Dr	94560	885000	3	1310	1975	6/3/19
4962 Stafford Place	94560	890000	3	1344	1968	6/3/19
35157 Buckingham Ct	94560	910000	4	1200	1975	6/6/19
38912 Spicebush Place	94560	928000	3	1652	2016	6/3/19
38046 Luma Terrace	94560	1082500	4	2234	2016	6/4/19

SAN LEANDRO TOTAL SALES: 11						
Highest \$: 4,500,000		Median \$: 680,000				
Lowest \$: 455,000		Average \$: 1,064,727				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1503 136th Avenue #4	94578	455000	2	811	1970	6/4/19
16344 Blanco Street	94578	635000	2	1018	1947	6/6/19
14537 Sylvia Way	94578	650000	2	993	1945	6/6/19
1944 Vining Drive	94579	653000	3	1100	1958	6/4/19
435 Elsie Avenue	94577	675000	3	1157	1941	6/5/19
106 Dorchester Avenue	94577	680000	3	1576	1943	6/5/19
1306 Lillian Avenue	94578	730000	3	1287	1947	6/6/19
14597 Wake Avenue	94578	770000	2	1133	1945	6/6/19
1280 Vistagrand Drive	94577	880000	3	1847	1958	6/6/19
1284 Ardmore Drive	94577	1084000	0	2822	1957	6/4/19
810 Arbor Drive	94577	4500000	4	1767	1931	6/6/19

SAN LORENZO TOTAL SALES: 5						
Highest \$: 782,000		Median \$: 750,000				
Lowest \$: 600,000		Average \$: 718,400				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1314 Via San Juan	94580	600000	3	1050	1951	6/5/19
17560 Via Toledo	94580	710000	3	1237	1951	6/4/19
54 Corte Eulalia	94580	750000	3	1439	1956	6/3/19
1791 Via Hermana	94580	750000	3	1465	1956	6/5/19
15723 Via Seco	94580	782000	3	1287	1955	6/4/19

SUNOL TOTAL SALES: 1						
Highest \$: 2,400,000		Median \$: 2,400,000				
Lowest \$: 2,400,000		Average \$: 2,400,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
10025 Foothill Road	94586	2400000	5	4826	1987	6/5/19

UNION CITY TOTAL SALES: 6						
Highest \$: 1,457,000		Median \$: 924,750				
Lowest \$: 520,000		Average \$: 976,917				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
4974 Bridgepointe Place	94587	520000	2	888	1985	6/6/19
2429 Balmoral Street	94587	835000	3	1636	1968	6/4/19
33713 Colgate Drive	94587	889000	5	1750	1960	6/4/19
2931 Azelia Court	94587	960500	3	1762	1972	6/5/19
32703 Dinuba Court	94587	1200000	5	2967	1985	6/6/19
5205 Del Mar Court	94587	1457000	5	2766	1999	6/3/19

Getting ready for National Night Out

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Police, community groups and residents from numerous East Bay cities are busily preparing for “National Night Out,” a nationwide campaign held each August designed to heighten crime and drug prevention awareness, strengthen neighborhood spirit and community partnerships with law enforcement.

Now in its 36th year, National Night Out is set for Tuesday, August 6. The idea is to provide an opportunity for neighbors to get to know each other a little better and send a strong message to criminals that community residents will look out for each other by reporting suspicious activity in their neighborhood. Additionally, it is also a great way to meet elected officials, law enforcement personnel, firefighters, service organizations and corporate outreach organizations that serve local communities. To show their support for the program, people nationwide are asked to turn their porch lights on from 7 p.m. to 10 p.m.

In Fremont, police want to make local events in this year’s National Night Out the most successful in the City’s history. Volunteers from neighborhoods all over the City are being asked to participate by organizing a block or neighborhood party or even an ice cream social where neighbors share good food, laughter and updates on what is happening in the neighborhood. Throughout the night, city staff will make visits to parties that have registered in advance where they will share information, network and answer questions that community members may have.

Registration is now open for Fremont community members to register their parties to participate in this year’s event. Registrations can be made online at

www.fremontpolice.org/nnoreg. The registration deadline is 5:00 p.m. on Thursday, July 25, to be considered for a visit by the Police or Fire Department. The goal is to provide each party with one visit from city staff, but this will depend on the number of parties and staff who sign up to participate.

Requests for a visit from the Fire Department must be made separately. First register the party, then contact Pam Franklin at pfranklin@fremont.gov.

To learn how National Night Out is celebrated in other communities, visit the National Association of Town Watch website at www.natw.org.

FREMONT NATIONAL NIGHT OUT
Tuesday, Aug 6
7 p.m. – 9 p.m.
Various neighborhoods
(510) 494-4561
(510) 790-6740
www.fremontpolice.org/NNO

Other cities in the area are also planning National Night Out events:

NEWARK
Tuesday, Aug 6
6 p.m. – 9 p.m.
Various neighborhoods
Details: Jada Chiu at 1 (510) 578-4929 or jada.chiu@newark.org
www.newark.org/departments/police/get-involved-community-engagement/national-night-out

MILPITAS
Tuesday, Aug. 6
7 p.m. – 9 p.m.
Various neighborhoods
Contact: Officer Kita Inthasack at 1 (408) 586-2526 or kinthasack@co.milpitas.ca.gov

HAYWARD
Tuesday, Aug 6
6 p.m. – 9 p.m.
Various

Celebrating professionalism in business



Valerie Boyle (L-R), Newark Chamber; Matthew Jorgens representing Assemblymember Kansen Chu; honorees Don Lee (AVEX Group), Emily Phillips (Republic Services), Felix Lawrence (Correct Direct Marketing), Debbie Montes (Homewood Suites), Bob Fuchslin (Swiss Park Newark), Thuy Fontelera (Element Structural Engineers), and Maria “Sucy” Collazo (Mexico Tortilla Factory); Andrae Macapinlac representing Sen. Bob Wicckowski; speakers, Daniel Newell (Ohlone Tri-Cities Career Center) and Margaret Jackson (Alameda County Small Business Development Center).

SUBMITTED BY
NEWARK CHAMBER OF COMMERCE
PHOTO BY SOHAN SHARMA

Newark Chamber of Commerce recognized exceptional businesses and business leaders at the “Celebration of Business Awards Luncheon” on June 27. The event kicked off with networking between attendees and business exhibitors, followed by a luncheon served by DoubleTree by Hilton, Newark. Guests were then treated

to a wealth of useful information to help employers with their business challenges. Speakers Daniel Newell, director of the Ohlone Tri-Cities Career Center, and Margaret Jackson, program director of Alameda County Small Business Development Center, shared the services available through these two agencies – from recruiting to business planning, consulting and financial assistance, and accessing capital. Honorees for this year’s awards include Debbie Montes, sales director of Homewood Suites by Hilton – Distinguished Business Leader 2019; Element

Structural Engineers, founded and led by Thuy Fontelera – Small Business Award 2019; Republic Services – Large Business Award 2019; Felix Lawrence, owner and principal of Correct Direct Marketing – Partnering for Success Award 2019; Don Lee, Western Region, AVEX Group – “Bernie Nillo” Outstanding Service Award 2019; Mexico Tortilla Factory – Community Partner Award 2019; Swiss Park Newark –Sustaining Member Award 2019; and Nancy D. Farber, CEO, Washington Hospital Healthcare System – Outstanding Leadership Award 2019 (special award presented).

Born Yesterday an American comedy

THEATRE
SUBMITTED BY
GEORGIA LEE BARNES
PHOTO COURTESY OF
CHANTICLEERS THEATER

Chanticleers Theater in Castro Valley presents “Born Yesterday,” written by Garson Kanin, opening July 19. It was first produced on Broadway in 1946, and was subsequently turned into an Academy Award-winning film starring Broderick Crawford and Judy Holliday. Many consider “Born Yesterday” to be the funniest American comedy of the 20th Century. Harry Brock, a vulgar and egotistical junkyard tycoon, descends upon Washington D.C. to “buy” a congressman

or two, confident that his money can swing whatever illicit deals he wants. Harry brings with him his mistress of seven years, Billie Dawn, a charming but uneducated former showgirl whose lack of social graces embarrasses even Harry. He hires journalist Paul Verrall to smarten her up, but Harry gets more than he bargained for in the process. As Billie’s knowledge grows, sparks fly and lessons come home to roost in this delightful and surprisingly timely comedy classic. Chanticleers production is directed by known actor and director, Michael Sally and features Laura Zimmerman, Jason Berner, Mike Ettel, Kyle Smith, Bruce Kaplan, Edward Pieczenik, Ann Barnett, Heather Warren, Liva Langer and Santiago Sena-Guerra. “Born Yesterday” opens with Chanticleers traditional complimentary



hors d’oeuvres, desserts and beverage gala on July 19 and runs through August 11. Curtain time for Friday and Saturday evening shows is 8:00 pm and Sunday twilight matinees start at 6:00 pm (no show on July 21). General admission is \$25; admission for Seniors (60+)/Students/Military is \$20. On Bargain Night, July 20, all tickets are \$18. Chanticleers Theatre is located within the Castro Valley Community Park at 3683 Quail Avenue, Castro Valley. Call 510-SEE-LIVE (733-5483) or go to chanticleers.org for reservations/tickets.

Born Yesterday
Friday, Jul 19 – Sunday, Aug 11
Fridays and Saturdays at 8 p.m.
Sunday twilight matinees at 6 p.m.
(no show July 21)
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org
Tickets: \$25 adults, \$20 seniors/stu-
dents/military

Morrisson Theatre Chorus summer concert: Music of the Americas

SUBMITTED BY BOB MILLER
PHOTO COURTESY OF MORRISSON THEATRE CHORUS

The Morrisson Theatre Chorus, under the musical direction of César Cancino, will present its summer concert “Music of the Americas” on July 19 and July 20 at 8 p.m. and July 21 at 2 p.m. The summer concert will feature a selection of well-known works from both North and South America. Music of the Americas is a renowned concert series originally presented by Americas Society in New York in 1965, showcasing a wide range of artists and music styles from across the Western Hemisphere. Featured genres include popular, folk, classical, and contemporary. The arrangements reflect the diversity of the continents collectively known as “the Americas.” Director César Cancino enjoys a musically diverse career as pianist, musical director and conductor. He attended the San Francisco Conservatory of Music and

then studied piano with Alain Naudé. His musical career includes working with Teatro Zinzanni in San Francisco and touring with singer/songwriter Joan Baez. He was the Musical Director/Pianist for “Life Without Makeup” a play starring the legendary Rita Moreno at the Berkeley Repertory Theatre. He is also the recipient of a Bay Area Theatre Critics Circle award for “Outstanding Musical Director.” Mr. Cancino has performed throughout North America, Europe and Australia in such venues as the Montreux Jazz Festival, Carnegie Hall, Int’l Music Festival of Mexico City, Atlanta Summer Pops Symphony and the New Orleans Jazz and Heritage Festival. Local credits include: the Rrazz Room (San Francisco), Diablo Theatre Company, Martinez Opera, Monterey County Symphony, Lorraine Hansberry Theatre, 42nd St. Moon, and the Douglas Morrisson Theatre. The Douglas Morrisson Theatre is a program and facility of the Hayward Area Recreation and Park District,

enjoying its 75th year. The Douglas Morrisson Theatre is located at 22311 N. Third St. in Hayward, next to the Hayward Senior Center and Japanese Gardens. The Box Office is open Tuesday through Friday, 1 – 5 p.m. and can be reached at (510) 881-6777. Information is also available at www.dmtonline.org. Tickets are \$18 adult, \$15 for adult H.A.R.D. resident, \$15 for under 30/over 60 and \$12 for youth/student.

Morrisson Theatre Chorus presents
Music of the Americas
Friday, Jul 19 – Sun, Jul 21
Fri & Sat: 8 p.m., Sun: 2 p.m.
Douglas Morrisson Theatre
22311 N. Third St., Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$12 - 18



The Phantom of the Opera

THEATRE REVIEW

BY JANET GRANT

The incomparable “Phantom of the Opera” exploded onto the Fremont Hill’s Friday night with all its glorious music and visual majesty. Ohlone College, in collaboration with Stage 1 Theater, gave the audience in a nearly packed Jackson Theater, a dazzling feast of theatrical magic.

Based on the French novel by Gaston Leroux, “The Phantom of the Opera” transpired into the iconic musical in 1986 with Andrew Lloyd Webber’s story and soaring music, with lyrics by Charles Hart and additional lyrics by Richard Stilgoe. “The Phantom of the Opera” is Broadway’s longest running musical and winner of seven Tony awards, including Best Musical. With such a pedigree it’s of note that Ohlone College and Stage 1 received the restricted rights to produce it as Northern California’s only production of Webber’s masterpiece this summer.

The tale of the Phantom of the Opera takes place in the 19th century with a mysterious musical madman who terrorizes the Paris Opera House as he promotes the career of Christine, an ingenuous chorus girl whom he loves. Add in tempestuous divas, skeptical producers, and Raoul, the dashing Vicomte de Chagny who woos Christine, and you get one of the most popular Broadway musicals of all time.

Under the inspired direction of Michael Navarra, an exceptionally talented cast and crew delivered a top quality production of thrilling visuals and stunning power. From the first strains of the gut-punching overture to the wondrous set design, compete with a glittering chandelier hanging ominously over the audience, you know you

are settling into a night of magnificent entertainment.

At the heart of “The Phantom of the Opera” is the amazing music. Webber’s intoxicating score was faithfully and thunderously delivered by a live



traditional Broadway orchestra of 27 pieces made up of local musicians and led by music director Greg Zema. Kudos also goes to Scenic Artist, Beth Ziegler, and Scenic Set Designer and Builder, Fred Alim for the incredible and otherworldly sets that transported you directly into the heart of 19th century Paris. Props also go to Costume Designer, Tamara Cooper, Sound Designers, David L. Hobbs and Jeff Stevens, Technical Director and Light Designer, Mathew O’Donnell, Master Electrician and Special Effects, Jasper Gong and many more members of the Production Team that contributed to an incredible opening night.

Pedro Rodelas effortlessly cut a commanding figure as

The Phantom. At once menacing and vulnerable, his rich voice portrayed his passion on and off the stage as his presence seemed to resonate from the entire theater. You could palpably feel his emotions especially through

the songs, “The Phantom of the Opera,” and “The Music of the Night.”

The beautiful Rebecca Davis as Christine, brought the naïve but alluring young opera star to life. Her soaring and angelic voice brought brilliance to her role with such songs as “Think of Me,” “Angel of Music,” “The Phantom of the Opera,” and “All I Ask of You.”

Taylor Hendricks as Raoul, portrayed Christine’s love interest with charm and honesty. But when the time came he rose to the hero’s role to try and save his love from a madman. Mr. Hendrick’s strong voice was incredible and mesmerized the audience with his renditions of “Think of Me,” and “All I Ask of You.”

Joshua Gonzales as Monsier Firmin, and Mark Flolo as Monsier Andre, were the somewhat comic relief of the night in their pleasant performances of the new managers of the Opera Company.

Their irrepressible and unconstrained play off each other brought light to the darkness.

Elizabeth Claire Lawrence effectively portrays the mysterious house manager, Madame Giry, with the stern backbone of a Frenchwoman use to being in charge. She is strong and commanding, yet she shows a compassion you don’t expect.

Rachel Sue brings energy and vivaciousness to the role of Christine’s best friend, Meg Giry. I was also much impressed with her sweet and flawless singing voice.

Emily Schmeichel-Frank brings a huge soprano voice to her role as the ultimate prima donna, Carlotta Guidicelle. Her presence, humor, and dynamics were well timed as she

sings challenging orchestrations as the company lead. And you really do feel rather sorry for her as target of the Phantom’s scourge.

Elmer Strausser was an utter delight as the pompous and bombastic Italian tenor, Ubaldo Piangi. Far from being insufferable though, Mr. Strausser rendered his role with charm and over the top humor. And he could sure hit those notes!

I didn’t know what to expect from a College production of one of my favorite musicals. I saw “The Phantom of the Opera” first on Broadway many years ago and fell in love with the soundtrack from the British production even before that. As it turns out, I was pleasantly surprised and well entertained throughout the night with Ohlone College and Stage 1’s adaptation of the Anthony Lloyd Webber classic. This theater company’s rendering of the rather offbeat love story was sheer delight and kept me humming and singing into the night.

Ohlone College and Stage 1 Theater’s production of “The Phantom of the Opera” is a brilliant production not to be missed. It’s Broadway in your backyard available for just a ticket. And the way the audience packed Smith Center last night, the tickets must be going fast.

Phantom of the Opera
Friday, July 12 – Saturday,
July 27
(ASL interpreted July 25)
8 p.m.
Smith Center at Ohlone
College
43600 Mission Blvd, Fremont
(510) 659-6031
www.smithcenter.com
Tickets: \$15 general admission,
\$10 student admission
Parking: \$4

EARTHTALK

FROM THE EDITORS OF E - THE ENVIRONMENTAL MAGAZINE

Dear EarthTalk: Do animals respond to or enjoy music recorded or played live by humans?

— Jane W., Herndon, Virginia

Essayist and poet Gary Snyder likes to tell the tale of coming home from a walk through the forest surrounding his home in the foothills of California’s Sierra Nevada mountains to find a wild cougar sitting under a window, apparently enraptured by the music coming through the wall as his daughter practiced the piano just inside. From this anecdote, it would seem that animals can appreciate and enjoy human music, but does the science bear this out?

“To animals, human music falls into that grating, unrecognizable category,” reports animal psychologist Charles Snowdon. “With vocal ranges and heart rates very different from ours, they simply aren’t wired to enjoy songs that are tailored for our ears.” He adds that animals generally respond to human music with “a total lack of interest.”

But Snowdon wondered if the inverse might be true, so he and some colleagues composed and recorded music they thought would connect more with animals. In 2009 their music, inspired by the sounds of tamarin monkeys, did have a perceptible effect on monkeys exposed to it. Songs inspired by the monkeys’ calming calls led the animals to relax while others inspired by their sounds of fear stirred them up.

Snowdon’s team followed it up in 2015 with a similar experiment on cats, developing music containing frequencies and tempos similar to those used by felines to communicate. They tested their cat-friendly tunes against standard classical music in front of cats in 47 households and found that

music designed for felines tended to attract cats toward the speaker, while standard classical music engendered no response.

Elsewhere, a 2012 study published in the Journal of Veterinary Behavior found that 117 kenneled dogs exposed to different types of music appeared most relaxed (and slept the most) while listening to classical music but appeared agitated when listening to heavy metal. “These results are consistent with human studies,” the researchers noted, “which have suggested that music can reduce agitation, promote sleep, improve mood, and lower stress and anxiety.”

In another example, University of Leicester (UK) researchers found dairy cows to be more productive in milk output when they’re listening to calming music — such as REM’s ‘Everybody Hurts’ or Simon & Garfunkel’s ‘Bridge Over Troubled Water’. The chilled-out cows produced around three percent more milk than control groups listening to faster music or none at all.

Still other research showed that birds and humans react in similar ways to music. “We found that the same neural reward system is activated in female birds in the breeding state that are listening to male birdsong, and in people listening to music that they like,” reports Sarah Earp of Emory University. “Both birdsong and music elicit responses not only in brain regions associated directly with reward, but also in interconnected regions that are thought to regulate emotion. That suggests that they both may activate evolutionarily ancient mechanisms that are necessary for reproduction and survival.”

EarthTalk is produced by Roddy Scheer & Doug Moss for the nonprofit EarthTalk. To donate, visit www.earthtalk.org. Send questions to: question@earthtalk.org.

Backpacks, shoes and school supplies sought for needy kids

SUBMITTED BY
ROSE PADILLA JOHNSON

With the first day of school rapidly approaching in many districts, many families are busy buying school supplies, clothing, shoes and accessories to make sure students are ready to return to the classroom.

However, for low-income families, getting enough supplies can be a challenge. That’s where Davis Street Family Resource Center in San Leandro hopes to help. The center is asking the public to help them collect new backpacks, sneaker shoes and school supplies for distribution to hundreds of local children in need.

In addition to backpacks and sneakers of all sizes, Davis Street is also asking for donations of school supplies. Among supplies most needed are:

- Pens/pencils
- Colored pencils

- Crayons/markers
- Composition books
- Folders
- Highlighters
- Erasers
- Note cards
- Ruled paper
- Glue sticks
- Scissors

Cash and gift cards are also welcome.

The annual Davis Street Backpack and Shoe Drive and school supply donation program continues through Wednesday, Aug. 7. Items can be dropped off at Davis Street, 3081 Teagarden Street, San Leandro. Times are Monday through Thursday, 8:30 a.m. to 8:00 p.m. and Fridays, 8:30 a.m. to 6:00 p.m.

For details, call Kristal Gonzalez at 1 (510) 347-4620, extension 163. Information about other Davis Street programs is available on their website at www.davisstreet.org.



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Kid Scoop Together

Book Scoop

Use the Kid Scoop Secret Decoder Ring to discover the name of this book by Fran Hodgkins and Mike Taylor, which is available at the library.



Night sky photography by Mike Taylor and NASA images of the births and deaths of stars and galaxies help tell the story of the Milky Way along with details about stars, planets, nebulae, super novae and more.

To discover the name of this book, find the letter on the outer ring, then replace it with the letter below it on the inner ring.

★ D C T

K T O G T D

A P V P I N ★

A Great Summer Writing Idea

Keeping a daily journal of what you do all summer is a good way to keep your writing skills sharp.

Here's a great summer tip from Reading Rockets. List on a piece of paper some ideas for Summer Journal entries. The list could include ideas, memories, wishes or questions. Cut these out and place in a clean jar. Pull one out per day and use the heading to write a journal entry.



VOCABULARY BUILDERS

★ This week's word: **ORBIT**

The verb **orbit** means the act of one object revolving around another object. ★

The Earth **orbits** around the sun.

Try to use the word **orbit** in a sentence today when talking with your friends and family.



Write On!

Summer Jokes

Write down your favorite summer jokes and riddles and tell them to your friends. Mail some jokes to a family member who lives far away.

GOODNESS GRACIOUS: GALAXIES ABOUND!

What is a galaxy?

A **galaxy** is a group of stars held together by gravity.

Some stars in a galaxy have planets orbiting them. These are called **solar systems**.

The earth is part of a solar system of planets that orbit our sun. Our solar system is in a galaxy called the **Milky Way**.

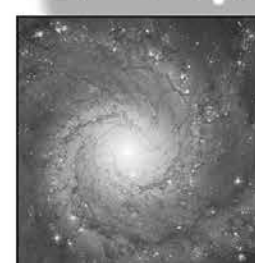
Types of Galaxies



An **Elliptical Galaxy** is smooth and oval shaped.



An **Irregular Galaxy** is a galaxy that isn't spiral or oval. It has an irregular shape and looks like a blob.



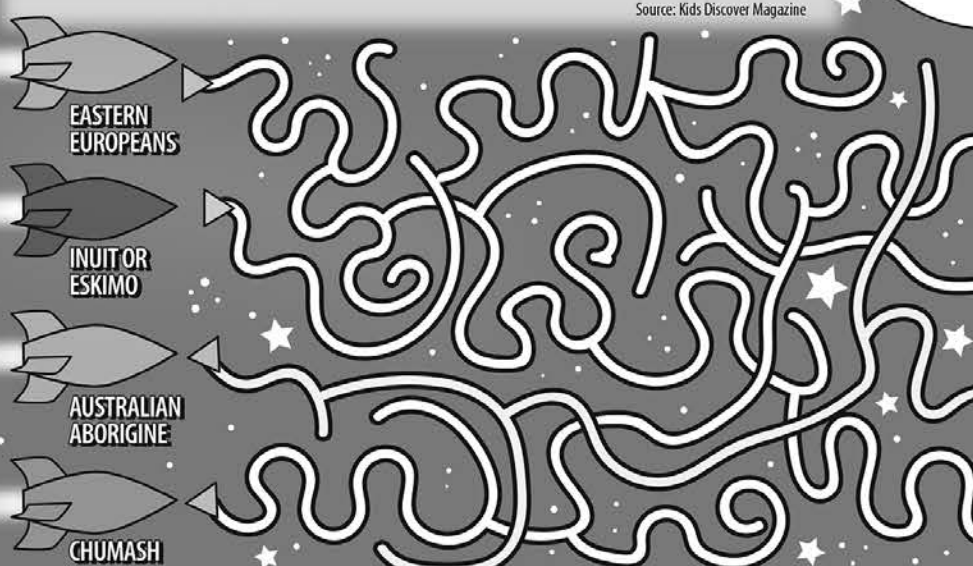
A **Spiral Galaxy** has curved arms that make it look like a pinwheel.

Our galaxy is part of 30 nearby galaxies.

A-maze-ing Stories

Around the world, there are many legends about the Milky Way. Follow the maze to discover what some cultures saw in the Milky Way.

Source: Kids Discover Magazine

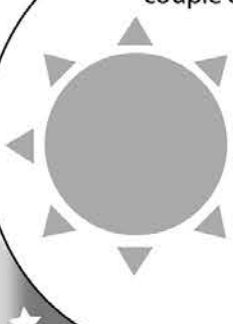


EASTERN EUROPEANS

INUIT OR ESKIMO

AUSTRALIAN ABORIGINE

CHUMASH



Hold this page up to a mirror to learn a couple of amazing facts about our sun.

The sun travels at over 180,000 miles per hour. It takes 8 minutes for light from the sun to reach Earth.

Milky Way

We live in the galaxy called the Milky Way. The Milky Way is a spiral-shaped galaxy and is estimated to be made up of around 300 billion stars.

The word galaxy comes from the Greek word for "milky."

The closest galaxy to the Milky Way is Andromeda, which is around 2.6 million light years away from us.

Shapes in the Newspaper

Look through the newspaper for the following shapes:

- Circle
- Square
- Oval
- Rectangle
- Triangle

Standards Link: Math: Recognize geometric shapes.

Kid Scoop Puzzler

Cut out the sentence fragments below and paste them to another sheet of paper in the correct order to reveal an interesting fact about our galaxy.

from Earth's southern hemisphere. They are

century Portuguese explorer who saw them.

Our galaxy has two smaller satellite galaxies

named for Ferdinand Magellan, the 16th

called the Magellanic Clouds which are visible

Double Double Word Search

ANDROMEDA
IRREGULAR
PINWHEEL
GRAVITY
PLANETS
GALAXY
SPIRAL
MILKY
SOLAR
STARS
GROUP
LIVE
BLOB
OVAL
WAY

Find the words in the puzzle. How many of them can you find on this page?

A	I	G	M	B	E	V	I	L	S
N	R	Y	R	I	O	L	K	A	O
D	R	S	X	A	W	L	Y	R	L
R	E	R	L	A	V	O	B	I	A
O	G	A	Y	K	L	I	M	P	R
M	U	T	S	T	T	A	T	S	A
E	L	S	P	U	O	R	G	Y	R
D	A	P	L	A	N	E	T	S	S
A	R	L	E	E	H	W	N	I	P

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.



FROM THE LESSON LIBRARY

Rounding

Clip ten money amounts from the newspaper and glue to a sheet of paper. Round each number to the nearest dollar and write that number next to it.

Standards Link: Number Sense: Rounding.



What does a star win in a competition?

ANSWER: A constellation prize!



FROM THE LESSON LIBRARY

Rounding

Clip ten money amounts from the newspaper and glue to a sheet of paper. Round each number to the nearest dollar and write that number next to it.

Standards Link: Number Sense: Rounding.

Shinn Park



SUBMITTED BY ALVIN MINARD

Mission Peak Historical Foundation will host its annual Ice Cream Social on Sunday, July 21 at the historic James and Lucy Shinn House. The public can enjoy ice cream sundaes, root beer floats, hot dogs, nachos, and soft drinks, which will be available for sale. Entertainment will include Jazzinators, the East Bay Traditional Youth Jazz Band.

The Shinn family came to California from Texas in 1856 and completed the Big House in 1876. They operated one of the early plant nurseries and sold ornamental as well as fruit and nut trees all over California and parts of the Pacific Rim. The back of the park features a dilapidated Chinese bunk house that was moved from Alameda Creek when the Corp of Engineers were doing work on the Alameda Creek channel. For more information, visit <http://missionpeakreporter.org/events.php>.

Mission Peak Historical Ice Cream Social
Sunday, Jul 21
12 noon – 4 p.m.
Entertainment: 1 p.m. – 2 p.m.
Shinn Historical Park and Arboretum
1251 Peralta Blvd, Fremont
<http://missionpeakreporter.org/events.php>
Tours: \$5 for adults;
\$2.50 for children ages 6 – 12;
free for children under ages 6

Hayward Native competes in warrior games

SUBMITTED BY MASS COMMUNICATION
2ND CLASS JACKSON G. BROWN,
NAVY OFFICE OF COMMUNITY OUTREACH

Retired Seaman Steven Davis, a Hayward native, participated in the Department of Defense Warrior Games, which took place in Tampa, Florida from June 21 to June 30. Davis competed for Team Navy and participated in wheelchair basketball, wheelchair rugby, and sitting volleyball events.

“It is an honor serving with my brothers and sisters again, representing the United States Navy,” said Davis.

The Department of Defense Warrior Games showcases the resilient spirit of today’s wounded warriors of all branches of the military. Athletes can showcase their enduring warrior spirit in the presence of their families and grateful nation.

Team Navy athletes are enrolled in the Navy Wounded Warrior - Safe Harbor, which is managed by Commander, Navy Installations Command. The program provides premier nonmedical services to wounded, ill, and injured sailors and coast guardsmen as well as support and resources to their families.





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OAKLAND ZOO



CONSERVATION SOCIETY OF CALIFORNIA
NATURAL RESOURCES
OAKLAND ZOO
oaklandzoo.org

THE INVISIBLE CHALLENGES OF AGING—FOR PARENTS AND THEIR CHILDREN

We often think of aging in terms of the physical challenges that arise as the body changes. However, the mental and emotional aspects of aging are perhaps more difficult to address—both for seniors and their families. “The thing that we run up against most often is depression and anxiety with older adults,” says Sheening Lin, a clinical psychologist at the Masonic Center for Youth and Families, a multidisciplinary team of highly trained professionals.

Issues such as isolation and not having access to quality caretaking can exacerbate anxiety and depression. “Some people are lucky enough to have family units that are intact,” says Lin, “but many people are on their own.” That goes for people at all stages of aging.

Another substantial but often overlooked issue is caregiver burnout. Caring for a parent can be particularly stressful, both in terms of navigating the logistics of



care and the emotions that arise witnessing a loved one’s illness or degeneration. The usual child-parent dynamic also undergoes a massive change. “It’s a big adjustment for kids of seniors to go from being their equals to being their caregivers,” Lin says. The same is true for elders, who are used to protecting their children

and now need to be taken care of. This shifting dynamic can be difficult for all involved—and represents one of the most important ways that MCYAF can help ease the transition. “We work with the children of aging parents to provide guidance,” Lin says, “but also helping them come to terms with what they can and can’t

do, and balancing that with the needs of the parents.”

It is crucial during times of familial duress to build a network of support for all involved. MCYAF offers a team of professionals that helps families make decisions around medical needs and longer-term care while providing emotional guidance that supports the whole family, both in-person and via its telehealth program. **For those interested in MCYAF’s services, call (877) 488-6293 or visit mcyaf.org.**

The Masonic Homes also offers short-term stay and respite care services for caregivers and elders.

Its Transitions services in Union City provides care in a tranquil setting with excellent amenities. Transportation between care settings can be coordinated. **To inquire about respite and short-term care services or to tour the facilities, call (888) 466-3642 or visit masonichome.org/transitions.**

THE CAPTAIN’S BALL

Presenting the
Third Annual Luminary
Caregiver Awards

NEW DATE!

Saturday, July 27, 5:30 p.m.
at Masonic Home Union City

34400 Mission Blvd.
Union City, CA 94587

Tickets \$80 (seating limited)

RSVP by July 22 to Kim Hegg at
khegg@mhcuc.org to reserve seats.

Additional sponsorship
opportunities are available.



Masonic Homes
of California

THE MASONIC HOME COMMEMORATES LOCAL HEROES

With the arrival of Memorial Day, seed turns to bloom, reminding us of perseverance against all odds. On May 29, residents of the Masonic Home at Union City and the Acacia Creek retirement community celebrated Memorial Day by recognizing members of the Union City Police Department and Alameda County Fire Department. “As we all took time to remember and honor the heroes who have given the ultimate sacrifice to create and preserve our freedom, we also sought to recognize the amazing people who are still caring and supporting the Masonic Home community,” said Joseph Pritchard, Health Services Administrator at the Union City Masonic Home. More than 20 police officers

from the Union City Police Department and 12 first responders from the Alameda County Fire Department attended the Memorial Day barbeque, along with more than 200 community members. As part of the celebration, Pritchard presented the chiefs of the UCPD and ACFD with appreciation plaques. The Masonic Home also recognized Sergeant Brian Baumgartner as Officer of the Year, presenting him with a certificate of appreciation.

The Masonic Homes of California and the Tri-City

community are deeply grateful for the extraordinary service first responders provide. “We are blessed to have such amazing men and women to protect and support us,” Pritchard said. “Together, we can help keep our community safe and thriving.”



Masonic Homes
of California

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View our video at:
masonichome.org/Transitions

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acaciacreek.org



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WIN CASH PRIZES!**Friday Night at SACBC BINGO**

5:00 pm DOORS OPEN – Flashboard games begin
 6:30 pm 4 WARM-UP BINGO GAMES \$150 prize
 7:00 pm 15 REGULAR BINGO GAMES \$300 - \$400 prizes

FLASHBOARD GAMES pay as much as **\$1,199**
WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church
 32975 Alvarado Niles Rd, Union City t: 510-471-2581

**WANTED**

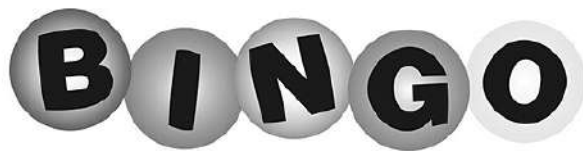
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tricityvoice@aol.com

**Fraternal Order Of Eagles 1139****Thursday is - BINGO**

Doors open 4pm
Games Start 6:30pm

More Info: 510 676-3314**21406 Foothill Blvd., Hayward****I need a Forever Home**

Alita, a Dutch breed bunny with beautiful white and black markings, is one of many bunnies found abandoned in a box. She is super sweet and curious. She loves greens and an occasional piece of apple. She's spayed and ready to go to an indoor home with a loving family. Meet Alita at the Hayward Animal Shelter.



Brody is a super handsome gray and white 10 years young pup. He loves toys and gets along with just about everyone. He's incredibly sweet and easy to handle. He may do well in a home with other dogs and/or kids of all ages. Can you give this happy pup a second chance? Meet Brody at the Hayward Animal Shelter.

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Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

16 Barnes Court (Near Soto & Jackson)
Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
 R= Reservations Required
 Schedules are subject to change.
 Call to confirm activities shown in these listings.

**CONTINUING EVENTS****Monday - Friday, May 3 - Aug 2****Conversation, 7+1 Collective**

9 a.m. - 5 p.m.
Paintings, sculptures, collages from eight female artists
 John O'Lague Galleria
 777 B Street, Hayward
 (510) 538-2787
 www.haywardartscouncil.org

Mondays, May 14 - Dec 30**English Conversation Group**

1 p.m. - 2 p.m.
Practice spoken English in a friendly environment
 Union City Branch Library
 34007 Alvarado Niles Rd.,
 Union City
 (510) 745-1464

Fridays, May 17 - Oct 25**Fremont Street Eats**

5:00 p.m. - 10:00 p.m.
Food trucks, beer, wine, music
 Town Fair Plaza
 39100 State St., Fremont
 fremontstreeteats.com

1st & 3rd Tuesdays, May 21 - Aug 20**Castro Valley Street Eats**

5 p.m. - 8 p.m.
Food trucks, activities
 Adobe Art Center
 20395 San Miguel Ave.,
 Castro Valley
 (510) 881-6735

Saturdays, May 25 - Aug 31**Campfire Program**

8 p.m. - 9 p.m.
Games, songs and stories around the campfire
 Anthony Chabot Campground and Park
 9999 Redwood Rd., Castro Valley
 (510) 690-6677
 (510) 544-3187
 www.ebparks.org

Tuesdays, May 28 - Aug 27**Practice Your Spoken English R**

4 p.m. - 5 p.m.
Chat session for intermediate and up English learners
 Fremont Main Library
 Fukaya Room A
 2400 Stevenson Blvd., Fremont
 (510) 574-2063
 www.aclibrary.org

Mondays & Wednesdays, Jun 17 - Jul 24**Jenny Lin Program**

6:45 p.m. - 9:00 p.m.
For orchestra, band and chorus students
 Proctor Elementary
 17520 Redwood Rd., Castro Valley
 jennylinfoundation.org

Monday - Thursday, Jun 17 - Aug 8**Mr. Hirsch's Tie Collection**

9 a.m. - 2 p.m.
Eclectic tie collection
 Ohlone College Newark Campus
 39399 Cherry St., Newark
 (510) 742-2300
 www.ohlone.edu/library

Mondays & Wednesdays, Jun 17 - Aug 8**Beginning Technology Skills R**

1:00 p.m. - 4:20 p.m.
Free noncredit course on Microsoft Office
 Ohlone College Newark Campus
 39399 Cherry St., Newark
 (510) 742-2300
 www.ohlone.edu/noncredit

Thursdays, Jun 20 - Sep 19**Fatherhood Class**

6:30 p.m. - 8:30 p.m.
Relationship, parenting, management, job search skills
 Fremont Family Resource Center,
 Pacific Room #H800
 39155 Liberty St. (at Capitol),
 Fremont
 (888) 308-1767
 www.r3academy.org/fremont

Arts & Entertainment

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WE HAVE MOVED!

Fremont Friends of the Library
 Fremont Main Library, in the Fukaya Room
 2400 Stevenson Blvd., Fremont, CA 94538

BOOK SALE**JULY 26, 27, & 28, 2019****Member Night** - First Pick Advance Sale

• **Friday, July 26: 7-9 pm**
Memberships Available at the Door
\$10 Annually per Individual or Family

**Open to All**

• **Saturday, July 27: 10 am - 3 pm**
 • **Sunday, July 28: 12-3 pm**
Clearance Sunday:
Only \$5 per paper grocery bag!
Bag size not to exceed 14"high x 12"wide x 7"deep

Books \$1 per inch stacked.
Some items are individually priced.
We accept cash & checks only.
No credit cards. No \$100 bills.

APRIL FEATURES - Books for Birders
 - Music
 - Poetry



For information, please call 510-494-1103 or 510-792-6684.

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Farmers’ Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Castro Valley Bart station lot off of Redwood Road
equipped to accept EBT and Market Match funds to CalFresh customers.
uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.org

Irvington Farmers’ Market

Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.org

Niles Farmer's Market

Saturdays
10 a.m. – 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
bestfarmersmarkets.org

HAYWARD:

Hayward Farmers’ Market

Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
415-472-6100
www.agriculturalinstitute.org

SAN LEANDRO:

Bayfair Center

Saturdays
9 a.m. - 1 p.m.
Year-round
15555 East 14th Street
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
Year-round
Merced St and Fairway Drive
www.pcfma.org

Downtown San Leandro

Wednesdays
4 - 8 p.m.
March 27 - October 9
Parrott Street and East 14th Street
San Leandro
www.pcfma.org

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot

Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.org

NEWARK:

Newark Farmers’ Market

Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
415-472-6100
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays
10 a.m. – 2 p.m.
April 9 - November 12
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.org

Union City Farmers’ Market

Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.org

Friday - Sunday, Jun 21 - Jul 27

As We See It
11 a.m. - 5 p.m.
Mixed media and sculpture
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Wednesdays, Jun 26 - Aug 14

Chess Club
3 p.m. - 4 p.m.
Chess for kids going into grades 2-6
Irvington Library
41825 Greenpark Dr., Fremont
(510) 795-2626
www.aclibrary.org

Thursday - Sunday, Jun 28 - Jul 27

Guild Members Juried Show
12 noon - 5 p.m.
Exhibition of two and three-dimensional art
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Fridays, Jun 28 - Aug 30

Teach Seniors Technology
3:30 p.m. - 4:30 p.m.
Computer/cell phone questions answered
Milpitas Senior Center
40 North Milpitas Blvd, Milpitas
(408) 586-3400

Fridays, Jun 28 - Aug 30

GO the Game Club
3:30 p.m. - 5:45 p.m.
Learn to play this ancient game of strategy
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Saturdays, Jun 29 - Aug 31

Zumba Kids
2:30 p.m. - 3:30 p.m.
Dances, games. Wear comfy shoes and clothes
New Hope Community Church
2190 Peralta Blvd., Fremont
(510) 739-0430

Monday - Saturday, Jul 1 - Jul 31

Local Color
10:30 a.m.- 4:00 p.m.
Pastel and oil landscape paintings by Mary K. Stahl
Portola Art Gallery-Allied Arts Guild
75 Arbor Rd., Menlo Park
(650) 321-0220
www.portolaartgallery.com

Mondays, Jul 1 - Aug 12

Teen Summer DIY
4 p.m. - 6 p.m.
Join teen librarians for creative fun
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesdays & Thursdays, Jul 2 - Aug 1

Summer Track Meets
5:30 p.m. - 7:00 p.m.
Tues: ages 11 and under. Thurs: ages 12 and up
Chabot College Track
25555 Hesperian Blvd., Hayward
(510) 723-6600

Fridays, Jul 5 - Jul 19

Summer Family Storytime and Craft
1:30 p.m. - 2:15 p.m.
Fun with stories and crafts. Ages 3-5
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturdays-Sundays, Jul 6 - Aug 31

Nature Crafts
10 a.m. - Noon
Discover the natural world through your artistic side
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

EL DORADO RESTAURANT

\$1.00 Tacos

Lunes Monday	Higado Liver
Martes Tuesday	Pollo Chicken
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Jueves Thursday	Cabeza Beef Head
Viernes Friday	Buche Pork Stomach
Sabado Saturday	Pastor Spicy Pork
Sunday Domingo	Chile Verde Green Pork

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FRESH HAND MADE CORN TORTILLAS, MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS, CHILE RELLENO, ENCHILADAS MEXICAN PASTRIES, DESSERTS and many more

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Sunday 9 - 8

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386 Winton Ave. Hayward

Saturdays-Sundays, Jul 6 - Aug 31

Wild Wonders
2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sundays, Jul 7 - Aug 25

Animal Feeding Time
10:30 a.m. - 11:00 a.m.
Discuss reptiles, observe feeding time
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Fridays and Saturdays, Jul 12 - Jul 27

Phantom of the Opera
Fri - Sat: 8 p.m. Sun 7/21: 2:30 p.m.
Thurs 7/25: 8 p.m.
Andrew Lloyd Webber's iconic masterpiece
Jackson Theater, Smith Center at Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6031
https://tix6.centerstageticketing.com/sites/ohlone6/

Friday - Sunday, Jul 12 - Jul 27

"Desert in Bloom" and "Travels to Asia" Photo Exhibit
11 a.m. - 5 p.m.
Collection by Patra Nesseth-Steffes and David Steffes
Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Monday - Friday, Jul 15 - Aug 23

A Visual Journey
Mon - Thurs: 8 a.m. - 6 p.m. Fri: 8 a.m. - 5 p.m.
Artwork by Vinay Kumar Verma and Neel Kamal Verma
Phantom Art Gallery at Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3409
http://www.ci.milpitas.ca.gov/milpitas/departments/recreation-services/cultural-arts-theater/phantom-art-gallery/

Fridays - Saturdays, Jul 19 - Jul 27

Newsies, The Broadway Musical \$
Fri & Sat. 7 p.m., Sat. 2:30 p.m.
Award winning Disney musical
Center Stage Performing Arts
457 E Calaveras Blvd., Milpitas
(408) 707-7158
www.ci.milpitas.ca.gov

Friday - Sunday, Jul 19 - Aug 11

Born Yesterday \$
Fri - Sat: 8 p.m. Sun: 6 p.m.
Classic Broadway comedy. No show July 21

Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org

Fridays, Saturdays, and Sundays, Jul 20 - Aug 4

Newsies, The Broadway Musical \$
Fri – Sat. 7:30 p.m. Sun. 2:30 p.m.
Tony-award winning musical from Disney. Produced by Star Struck Theatre
Dublin Center for Performing Arts
8151 Village Parkway, Dublin
(510) 659-1319
www.StarStruckTheatre.org

Friday nights

Laugh Track City \$
8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Saturday nights
8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

THIS WEEK

Thursday, Jul 18

Ask the Lawyer R
1:30 p.m. - 3:00 p.m.
Assistance for seniors - legal concerns, advance directives, trust
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union City
(510) 675-5495

Thursday, Jul 18

Summer Concert Series - Juke-box Heroes
6 p.m. - 8 p.m.
Decades of billboard hits
Lake Elizabeth Centrl Park
1100 Stevenson Blvd., Fremont
(510) 793-5683
www.fremont.gov/concerts

Thursday, Jul 18

Community Meeting
6 p.m.
Fremont Blvd. Smart and Safe Corridor project
Centerville Community Center
3355 Country Dr., Fremont
(510) 791-4324
www.FremontSmartCorridor.org



FREE

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Drivers For Survivors provides this **FREE** service to ambulatory cancer patients living in **Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Castro Valley, Ashland and Cherryland** going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

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For more info, please call **(510) 896-8056** or email

ProgramCoordinator@DriversForSurvivors.org

www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

Summer brings live music

Summer is the perfect time to lay out a blanket or pull up a lawn chair and listen to your favorite bands (or discover new ones!) in the long pleasant evenings around the East Bay. In 2019, the summer season will kick off with on June 15 in Fremont with the Pacific Commons Summer Concert Series, starting with pop and rock hits from Cover Story. The fun will continue with concerts from Milpitas to San Leandro. Milpitas will start their season with their Juneteenth summer concert on June 18, to pick up again on July 16 with Lyin I’s. Meanwhile, Hayward will join in with their Municipal Band and Summer Music in the park series, starting June 16 and August 4 respectively. Hayward’s lineup includes Chris Marquis’ Giant Garage Spiders, Sycamore 129 Blues Band, and What’s Up Big Band—and that’s just the start of the season. Newark will host Music at the Grove (starting June 21 with Big Band Beat), and San Leandro will join in with Hot August Thursdays.

With concerts running through September, there is plenty of time for music lovers to make the most of those summer days.

MILPITAS

Milpitas Summer Concert Series
Tuesdays, 6:30 p.m. – 8:30 p.m.
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
<http://www.ci.milpitas.ca.gov/>

Jul 16: Lyin I’s
Jul 23: Fog City Swampers
Jul 30: Patron Latin Rhythms
Aug 6: Country Cougars

Hayward Area Historical Society
Museum
22380 Foothill Blvd., Hayward
(510) 581-0223
www.edenareavillage.org

Sunday, Jul 21
Ice Cream Social \$
12 noon - 4 p.m.
Enjoy food, entertainment & tour Shinn house
Shinn Park
1251 Peralta Blvd., Fremont
(510) 552-4839
www.missionpeakreporter.org

Sunday, Jul 21
Tribute to Diana Ross
2 p.m.
Stacy Carter performs musical hits
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.fremont.gov/concerts

Sunday, Jul 21
Mariachi Festival
1 p.m. - 5 p.m.
Traditional Mexican music, kids’ activities, food
Shirley Sisk Grove
Cedar Blvd. at New Park Mall,
Newark
(510) 578-4000
www.newark.org

Sunday, Jul 21
Family Fishing Fun \$R
1:30 p.m. - 4:30 p.m.
Basic instruction baiting, casting, catching. Ages 6+
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org/hayshore.html

Sunday, Jul 21
Farm Chores for Kids
10:30 a.m. - 11:00 a.m.
Crack corn, feed animals, help with morning chores
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jul 21
Puppet Show
11:00 a.m. - 11:30 a.m.
Farmyard puppets perform the story of Little Red Hen
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jul 20
Eden Area Village Monthly Coffee
9 a.m.
Helping seniors remain in their home and be engaged in community

FREMONT

Central Park Summer Concert series
Thursdays, 6 – 8 p.m.
Central Park Performance Pavilion
40204 Paseo Padre Pkwy
(510) 494-4300
RegeRec@fremont.gov
<https://fremont.gov/290/Summer-Concert-Series>
Jul 18: Jukebox Heroes (decades of billboards)
Jul 25: Joel the Band (Billy Joel tribute)
Aug 1: Rachel Steele (country music)
Aug 8: Long Train Runnin’ (Doobie Brothers tribute)
Aug 15: East Bay Mudd (R&B hits)

Niles Home Concert Series
Friday, Aug 23 – Saturday, Aug 24
6:00 p.m. – 10:00 p.m.
Historic Niles
37735 Second St., Fremont
(510) 825-0783
www.facebook.com/NilesHomeConcert
Tickets: \$25 minimum donation
RSVP

Aug 23: Static & Surrender
Aug 24: The Jones Gang

NEWARK

Music at the Grove
Fridays, 6:30 p.m. – 8:00 p.m.
Gates open 5 p.m.
Shirley Sisk Grove Cedar Blvd at NewPark Mall,
Newark
(510) 578-4405
www.newark.org

Jul 19: Patron Latin Rhythms
Aug 2: Lyin I’s (Eagles tribute)
HAYWARD

Summer Music in the Park
Presented by Hayward Odd Fellows & H.A.R.D
Sundays, 1 p.m. – 5 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
haywardrec.org

Aug 4: Chris Marquis’ Giant Garage Spiders and Sycamore 129 Blues Band
Aug 11: What’s Up Big Band and Three O’Clock Jump
Aug 25: Kari & the SweetspOts and Dee Smith & Joe Melchoir III
Sept 8: TBD
Sept 15: TBD
Sept 22: TBD
Sept 29: TBD

SAN LEANDRO

Hot August Thursdays
Thursday, Aug 2 – Thursday, Aug 30
6 – 8 p.m.
Marina Park
14001 Monarch Bay Dr., San Leandro
(510) 577-3462
www.sanleandro.org

Aug 2: Native Elements
Aug 16: The Latin Rhythm Boys
Aug 30: 3day Weekend Band

ALAMEDA

Concert at the Cove
Friday, Jul 12 & Friday Aug 9
5:30 p.m. – 7:30 p.m.
Crown Memorial State Beach: Crab Cove
Visitors Center
1231 McKay Ave, Alameda
(510) 544-3187
<https://www.ebparks.org/>

Aug 9: Jazz Mafia Heaviest Feather

Saturday, Jul 20
Outdoor Movie Night: Small Foot
8 p.m.
Bring low-back chairs or blankets, picnic. Music, vendors
San Lorenzo Theater
16080 Hesperian Blvd., San Lorenzo
www.haywardrec.org

Saturday, Jul 20
Storytime with Miss April
11 a.m.
Passages from Shel Silverstein’s book Falling Up!
Books on B
1014 B Street, Hayward
(510) 538-3943
www.booksonb.com

Saturday, Jul 20
Moonlight Train Ride \$
7:30 p.m. - 10:30 p.m.
Celebrate the 50th anniversary of the Apollo 11 lunar landing
Niles Canyon Railway Niles Depot Station
37029 Mission Blvd., Fremont
(408) 249-2953
www.ncry.org

Saturday, Jul 20
Farmyard Storytime
10:30 a.m. - 11:30 a.m.
Classic barnyard tales
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jul 20
Rabbit Rendezvous
12:30 p.m. - 1:00 p.m.
How rabbits use their long ears to sense danger
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jul 20
Walking Tour of Irvington
11 a.m.
Meet at the Irvington Monument, Five Corners
Museum of Local History
190 Anza Street, Fremont
(510) 623-7907
www.museumoflocalhistory.org

Sunday, Jul 21
Wheat Harvesting
12:30 p.m. - 1:30 p.m.
Gather the grain, thresh it, mill it into stoneground flour
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jul 21
Play with Dough
1:30 p.m. - 2:30 p.m.
Shape a pretzel and bake it in a wood-burning stove
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jul 21
Ohlone Village Site Tour
1:30 p.m. - 3:30 p.m.
.5-mile walk to a 2,000-year-old Ohlone village site
Coyote Hills
8000 Patterson Ranch Road,
Fremont
(510) 544-3220
www.ebparks.org

Monday, Jul 22 - Thursday, Jul 25
Summer \$1 Movie \$
10:15 a.m. - 12:15 p.m.
The SpongeBob Movie
Century 25 Movie Theatre
32100 Union Landing, Union City
(510) 487-9347

Monday, Jul 22
Outdoor Discoveries: Dragonflies R
10:30 a.m. - 12 noon
Preschool and home school nature series. Ages 4-8
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday, Jul 22 and Wednesday, Jul 24
Summer \$1 Movie \$
10:00 a.m. - 12 noon
The SpongeBob Movie
Century 20 Great Mall
1010 Great Mall Dr., Milpitas
(408) 263-1351

53rd Annual Art Show – ARTIST CALL

8/25 Application Deadline!

Apply at

www.fremontartassociation.org/annual-art-show

~FREMONT ART ASSOCIATION~

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~FREMONT ART ASSOCIATION~

37697 Niles Blvd., Fremont, CA 510.792.0905

Monday, Jul 22
Milpitas Rotary Club Meeting
12 noon - 1:15 p.m.
Joseph Ehardt - Milpitas Historical Society
Dave and Busters
940 Great Mall Dr., Milpitas
(408) 957-9215
<http://www.clubrunner.ca/milpitas>

Monday, Jul 22
History of the East Bay Music Scene
7 p.m.
The 60’s and 70’s through stories and original art
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Tuesday, Jul 23
Summer Concert Series
6:30 p.m.
Fog City Swampers
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
www.ci.milpitas.ca.gov

Tuesday, Jul 23
Summer Splashdown!
10:30 a.m. - 12 noon
Keep cool in the stream, look for wildlife using dipnets
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Wednesday, Jul 24
Family Movie Night: Trolls
8 p.m.
Bring lawn chairs, blankets and snacks. Rated PG
Chabot Park
1698 Estudillo Ave., San Leandro
(510) 577-3462
www.sanleandrorec.org

Wednesday, Jul 24
Grants for Home Repair
1 p.m.
Workshop about grants available to homeowners
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Jul 24
Summer \$1 Movie \$
9 a.m. - 11 a.m.
The SpongeBob Movie
Century Theater Hayward
1069 B St, Hayward
(510) 582-1190

Thursday, Jul 25
Terrarium Delirium R
6 p.m. - 8 p.m.
Free art class
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

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Newark Unified
School District
Child Care program

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We serve enrolled elementary students from Transitional Kindergarten 4.5 years old to sixth grade.

Fees vary based on number of hours per week attending child care. Our sites are located at six of our eight NUSD elementary schools (Birch Grove Primary, Birch Grove Intermediate, Kennedy, Lincoln, Musick and Snow).

Please contact us at
(510)818-4138, and
(510)818-4159 or email us at
nsanchez@newarkunified.org

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Block - Concrete - Artificial Grass

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Employment Page:
<https://hersbreastcancerfoundation.org/about-hbcf/employment/>

Or call (510) 790-1911

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(REF #58987).

Marketing Manager

Lead team to gather and analyze market data and develop go-to market and channel strategy for major audio visual solutions provider Delegate and approve design and implement initiatives to improve customer engagement, user experience and re-marketing opportunities. Direct analysts to analyze data to identify actionable insights and perform A/B and multivariate testing to improve conversion. Send resume to: Avermedia Technologies Inc. 4038 Clipper Court, Fremont, CA 94538

Health Services Mgr.
Masters.

Supervise nursing care. Warm Springs Home Health.

54 Whitney Place,
Fremont, CA 9453

INVESTORS WANTED!

Invest in Bringing
The Cannery Kitchen & Tap
TO THE ALL NEW
Castro Valley Marketplace
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AVAILABLE

Contact: Blue Heron Group
Debbie Pfisterer, CEO/Owner
1-510-427-2515
info@blueheroncatering.com
www.blueheroncatering.com

Thursday, Jul 25

Truth Thursdays – “Arts & Culture”

5:00 p.m. - 8:30 p.m.

Food trucks, games, live entertainment

San Leandro Tech Campus
1600 Alvarado St., San Leandro
(510) 281-0703
www.downtownsanleandro.com

Thursday, Jul 25

State of the City R

6:00 p.m. - 7:30 p.m.

Mayor Carol Dutra-Vernaci

Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
<https://2019ucstateofthecity.eventbrite.com>

Thursday, Jul 25

San Lorenzo Summer Series

5 p.m. - 9 p.m.

Local food and shopping vendors

Hesperian Blvd. & Paseo Grande
16010 Hesperian Blvd., San Lorenzo
(510) 537-5300
info@castrovalleychamber.com

Saturday, Jul 27

Jenny Lin Foundation Concert

6:30 p.m.

Richard Meyer's "From Darkness,
Joyful Sounds Are Born"

Reed L. Buffington Visual and
Performing Arts Center
25555 Hesperian Blvd., Hayward
(510) 723-6830
<https://jennylinfoundation.org>

Saturday, Jul 27

Uncorked Comedy \$

7 p.m.

Wine, tasty treats, and four comedians

Twining Vine Winery
16851 Cull Canyon Rd.,
Castro Valley
plethos.org

Saturday, Jul 27

“Desert in Bloom” and
“Travels to Asia” Artist
Reception

1 p.m. - 4 p.m.

Meet the Steffes and view their
photographs

Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

California OKs benefits to
immigrants in country illegally

AP WIRE SERVICE

California has become the first state to offer taxpayer-funded health benefits to young adults living in the country illegally.

Democratic Gov. Gavin Newsom signed a bill into law on Tuesday that makes low-income adults age 25 and younger eligible for the state's Medicaid program regardless of their immigration status.

State officials expect the plan to cover about 90,000 people and cost taxpayers \$98 million. California already covers children ages 18 and younger regardless of immigration status.

The law will not give health insurance benefits to everyone 25 and younger, but only those whose income is low enough to qualify.

Newsom and Democratic legislative leaders say they plan to further expand coverage to more adults in the years to come. Republican President Donald Trump has called the move “crazy.”

Advocates of the measure say it's a way to improve the health of immigrants in the state by providing them with access to the medical care they need.

Many immigrants who are in the country illegally are already enrolled for some government-funded programs, but they only cover emergencies and pregnancies.

Democrats had pushed to expand the coverage to even more adults, but Newsom rejected the proposals, saying it would cost about \$3.4 billion to provide coverage to all California adults living in the country illegally. But he has vowed to keep expanding coverage in future years.



Top Flight

Summer Camp 2019

June 17th - August 5th

Topflight Gymnastics is excited to announce our new and improved Summer Camp for 2019!

Gymnastics Fun, Games, Crafts, Bouncy House and More!

Join us for just a week or the whole summer!

Are you looking for an active and fun summer camp for your child?

We will offer:

- *AM Camps (9am - 12pm)
- *PM Camps (12:30pm - 3:30pm)
- *All Day Camps (9am - 3:30pm)

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*Call our Office for more information about ages and pricing

510-796.FLIP (3547)

WWW.TOPFLIGHTFREMONT.NET

5127 Mowry Ave., Fremont
(in the corner near New India Bazar)

SPORTS

Summer track meets at Chabot College

SUBMITTED BY MIKE EXTON

Chabot College is hosting FREE youth (age 11 and under) track & field meets every Tuesday evening - 5:30 p.m. to 7:00 p.m. - during the month of July.

Also, every Thursday evening - 5:30 p.m. to 7:00 p.m. - during the month of July and August 1st, Chabot College is hosting track & field meets for older youths (12 years old and older) and adults of all ages. There is an entry fee of \$5 for Thursday track & field meets.

Chabot College
25555 Hesperian Blvd, Hayward
(510) 723-6600

Baseball

Centerville National forces 'what if' game, then wins

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

In a very competitive year for Little League District 14, Centerville National's (CNLL) 10-11-12 team forced a what if game with Niles-Centerville (NCLL) on July 7th for the league championship. Both teams displayed great defense, keeping the scoreboard empty until the third inning. NCLL jumped into the lead with two great hits through the infield, scoring the first run of the game. It appeared that one run might be the sole score of the game, but in the top of the sixth inning, CNLL offense came alive to score a pair of runs and held on to finish with a 2-1 victory.



Baseball

Oakland A's come to Fremont

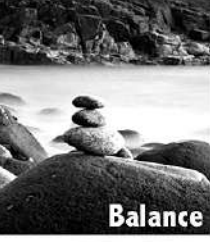
SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

July 13th was a fun day at Fremont American little league as they hosted the Oakland Athletics play ball program. Long lines of kids from a variety of little league programs were evidence of the enduring popularity of the national sport. The day was filled with activities promoting both the fun and discipline of baseball and softball, including basic skills – hitting, fielding, strategy - with professional athletes.

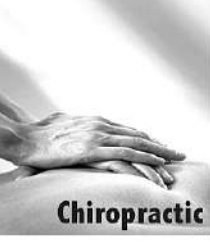




Wellness



Balance



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Exp. 9/30/19

Janet L. Laney, D.C.

510-792-9000

6170 Thornton Ave., Suite H

Newark (near Haller's Pharmacy)

22 VETERANS DIED TODAY BY SUICIDE



VETERANS Crisis Line

1-800-273-8255 PRESS 1



TEAM AMVETS. **SUICIDE PREVENTION**



Veterans Art Project receives accolades



Alameda County Supervisor Valle (center) hosts a commendation event for the Veterans Art Project. Pictured (from left) are Rachel Osajima, County Arts Commission Director; Paul Wilson, Veteran's Spouse; Oley Jones, Veteran; Fanny Garcia, Veteran; Gloria Wilson, Veteran; Richard Garber, Oakland Vet Center Counselor; Emma Morton, Veteran's Spouse; Jack Morton, Veteran; Dr. David Joseph, Oakland Vet Center Director; Raul Valle, Veteran and father of Supervisor Valle; Richard Valle, County Supervisor; Sean Gibson, Oakland Vet Center Outreach Coordinator; Christine Ralls, Veteran's Spouse; Laurina Sousa, Cal Veteran Services Center Peer Advisor; Doug Thompson, Veteran; Ed McKay, Veteran; Kimberly Kitano, Veteran's Spouse; Henry Newton, Veteran; Violet Juno, Arts Commission Coordinator; Kevin Hing, County Chief Deputy Auditor-Controller. Photograph by Paul Kuroda.

SUBMITTED BY GUY ASHLEY

At a recent ceremony Alameda County Supervisor Richard Valle presented a commendation to honor local veterans and the Oakland Vet Center for their participation in the Veterans Art Program. For the last four years, this program has brought creative expression workshops to the Oakland Vet Center to support the crucial services provided to our Alameda County veterans and their families. “I am pleased to present this commendation to the Oakland Vet Center to honor the artistic accomplishments of

local Veterans participating in the Veterans Art Project and to honor the Oakland Vet Center’s commitment to providing innovative care for our Veterans,” Valle said at the July 10 gathering. “This partnership project demonstrates that creativity and art are a vital part of Alameda County’s resilient and thriving community.”

The Veterans Art Project is coordinated by the Alameda County Arts Commission in partnership with the Oakland Vet Center. The goal of the Veterans Art Project is to provide veterans with opportunities to express themselves in a

supportive environment, explore visual art techniques, and engage in community building. This innovative program is part of a statewide initiative for veterans and active military funded by the California Arts Council and the National Endowment for the Arts.

This exhibition features three projects conducted at the Oakland Vet Center in Oakland and at the Cal Veteran Services Center on the UC Berkeley campus. Participants include 15 veterans who served during the Vietnam War, 13 veterans who served during the Global War on Terror or other conflicts,

and six partners of veterans. Art projects on display include painting, photography, collage and writing.

Artworks created through this program are currently on view as part of the Arts Commission’s Art In Public Spaces program through August 1 in the Board of Supervisors Lobby Gallery on the 5th Floor of the Alameda County Administration Building at 1221 Oak St., Oakland. Admission is free and open to the public during operating hours. For more information about the exhibition, please call (510) 891-5716 or (510) 272-6984.

Baseball

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

It came down to the last inning. Although the Warm Springs 9-11 Little League (WSLL) all-stars jumped out to an early lead on July 13th and appeared to have a win locked up. However, Castro Valley (CVLL) bats came alive in the fifth inning, to challenge and move ahead. Was WSLL up to the challenge? It turns out that they were as they regained the lead and won the game in the last inning of play. Final score: WSLL 9, CVLL 8. Congratulations to both teams for a well-played and exciting game. WSLL advances in the Section Tournament to meet the District 57 all-stars on July 14th.



Warm Springs 9-11 all-stars move on in tournament



Human workers can listen to Google Assistant recordings

BY RACHEL LERMAN
AP TECHNOLOGY WRITER

Google contractors regularly listen to and review some recordings of what people say to artificial-intelligence system Google Assistant, via their phone or through smart speakers such as the Google Home. The company acknowledged that humans can access those recordings after some of its Dutch language audio snippets were leaked. Google product

manager David Monsees acknowledged the leak in a blog post Thursday, and said the company is investigating the breach. “We are conducting a full review of our safeguards in this space to prevent misconduct like this from happening again,” he wrote. More than 1,000 recordings were obtained by Belgian broadcaster VRT NWS, which noted in a story that some contained sensitive personal conversations – as well as information that identified the person speaking. Google says no user account information is associated with the recordings, and reviewers are instructed not to transcribe background conversations. But VRT reporters could hear spoken home addresses in some

of the recordings and were able to track down the speakers. Some of these conversations were not directed at Assistant and happened either as background noise or as a mistaken recording when Assistant thought it was being spoken to but wasn’t. Google did not immediately respond to a request for further comment. Google says contractors listen to recordings to better understand language patterns and accents. Its user terms confirm recordings may be used by the company, stating Assistant “records your voice and audio on Google services to improve speech recognition.” Monsees wrote that Google works with contractors around the world to analyze the recordings.

“These language experts review and transcribe a small set of queries to help us better understand those languages,” he wrote. Google’s terms don’t explicitly say that people review the recordings but do state that data could be analyzed as the company updates services or create new features. The company acknowledged earlier this year that its reviewers listen to anonymous recordings in response to a Bloomberg report revealing that Amazon’s Alexa also uses contractors to listen to recordings. Amazon confirmed the report. Google’s recording feature can be turned off but doing so means Assistant loses some of its personalized touch. People who turn off the recording feature lose

the ability for the Assistant to recognize individual voices and learn your voice pattern. Assistant recording is turned off by default – but the technology prompts users to turn on recording and other tools in order to get personalized features. Google Assistant is available on more than 1 billion devices, including smartphones and smart speakers. It’s made quite a dent in the smart speaker market – still the primary place where people use voice technology – but still trails behind Amazon.

California Democrats turn up pressure on gig economy

AP WIRE SERVICE

The battle between California lawmakers and major employers such as Uber and Lyft is heating up.

Assembly Speaker Anthony Rendon used an expletive as he likened the “gig economy” to feudalism. His remarks came at a Wednesday rally on the Capitol featuring a couple hundred workers for ridesharing companies and union members. Earlier a Senate committee advanced legislation to limit when companies can label workers as independent contractors. It’s aimed at making sure ridesharing and food

delivery companies improve wages and benefits for workers. Democratic Assemblywoman Lorena Gonzalez of San Diego is the bill’s author. Uber and Lyft oppose the bill but say they are willing to give workers a base wage and create a drivers’ organization. The bill carves out exemptions for various industries.

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov
- Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us
- Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov
- Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us
- San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org
- Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont City Council

July 9, 2019

Work Session:

• Evaluation of potential sites for Housing Navigation Center. Sites evaluated by accessibility, physical suitability and environmental suitability. Highest rated sites included Parking Lot behind City Hall, Decoto surplus property near Regan’s Nursery and former RDA parcel adjacent to Niles Town Plaza. Jamie Almanza of Bay Area Community Services and Fremont Police Chief Kim Petersen answered council questions about safety and site issues. Assistant City Manager Brian Stott addressed financial concerns. Staff suggested following with an in-depth analysis of costs and challenges for two selected sites to be presented to Council in September/October and a final decision at that time; construction is expected to be completed and occupancy mid-2020. Over 100 speakers addressed the council to comment on the pros and cons of various sites and efficacy of a Navigation Center. Following Council discussion, two sites were selected for further investigation: 1) Parking Lot behind City Hall and 2) Decoto Surplus property. Councilmember Keng supported City Hall site and possibly parking lot at Maintenance Center.

Staff Report Site Description – City Hall Parking Lot:

This site, in the heart of Downtown Fremont, is surrounded by a mix of City administration buildings and commercial offices. The site’s most attractive features are its

location adjacent to social services, its proximity to transportation, and the existing infrastructure around the site. The area available for the development would likely be smaller compared to other sites to balance the needs of maintaining surface parking availability for city employees and the public. The navigation center could be strategically placed at a location within the rear parking lot that allows for the greatest separation from neighboring office and commercial development.

Staff Report Site Overview - Decoto Surplus Property:

This parcel is located on Decoto Road near the intersection with Fremont Boulevard. The majority of this 9.59-acre site is leased to Regan Nursery, though this 1.27-acre portion is not. The site is adjacent to commercial and single-family residential uses, although it is separated from most other residential uses by the 125-foot wide, five-lane arterial Decoto Road to the west and a 100-foot wide flood control channel to the east. This site has relatively few physical or environmental constraints. While the site does have sufficient access to public transit, there are limited pedestrian and bike improvements along adjacent road frontages.

Mayor Lily Mei	Aye
Vice Mayor Raj Salwan	Aye
Vinnie Bacon	Aye
Rick Jones	Aye
Teresa Keng (District 1)	Nay
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye

City Council Meeting:

Consent Calendar:

- Award contract to Matrix HG, Inc. in the amount of

- \$1,709,821 for Development Services Center HVAC & Roof Replacement.
 - Increase annual compensation to Bear Electrical Solutions, Inc. for streetlight and exterior facilities light maintenance.
 - Approve certification and mutual indemnification agreement with County of Alameda regarding collection of taxes and assessments for 2019/20 secured Property Tax.
 - Authorize contract with Alameda County Behavioral Health Care Services for mental health services.
 - Authorize Newark Joint Powers Agreement for paratransit services, case management services and homeless mobile hygiene services.
 - Authorize contract with California Department on Aging for Multipurpose Senior Services Program.
 - Authorize agreement with Accela, Inc. to migrate existing Accela Automation Land Use and Permit System to Accela Software-as-a-Service Platform.
 - Approve agreement with ePlanSoft, Inc. to purchase ePlanSoft Electronic Plan Check Cloud-Based System.
 - Authorize agreement with Alameda County for Homeless Emergency Aid Program (HEAP) for \$2,078,880.
 - Approve construction of public and private improvements for northeast corner of Hastings Street and Capitol Avenue.
 - Approve construction of public and private improvements for 38569 Mission Boulevard (Mission Villas).
 - Reject all bids for 2019 Tree Root Uplift Pavement Rehabilitation Project.
- Public Communications:**
- Representative of Building Industry Association, Bay Area asking for reconsideration of Fee Deferral Program.

- Retaining the name “Lopes” for Lopes Road is good.
 - Complaint by janitorial service employees claiming that benefits have been reduced or lost with change to non-union vendor for City of Fremont.
 - Complaint about lack of response by City personnel regarding changes on Rancho Arroyo Parkway.
- Scheduled Items: MOVED TO CONSENT CALENDAR**
- Modify Human Services Department fees for youth and family services, aging and family services, Family Resource Center, mobility and transportation services and senior center. CONTINUED TO September 3, 2019
 - Modify timing of payment of Development Impact Fees for certain types of development projects.
 - Rename Lopes Court to Lopes Road.
 - Approve vacation of a portion of Liberty Street between Walnut Avenue and Beacon Avenue.

Other Business: MOVED TO CONSENT CALENDAR

- Set annual tax rate for voter-approved General Obligation Bonds.
- Adopt resolution to support grant application to CA Dept of Justice Tobacco Grant Program REMOVED FOR CONSIDERATION IN SEPTEMBER

Mayor Lily Mei	Aye
Vice Mayor Raj Salwan	Aye
Vinnie Bacon	Aye
Rick Jones	Aye
Teresa Keng (District 1)	Aye
Jenny Kassan (District 3)	Aye
Yang Shao (District 4)	Aye



City Hall Parking Lot location



Decoto Surplus Property

Alameda County assessment roll hits record high

SUBMITTED BY ALAMEDA COUNTY ASSESSOR’S OFFICE

Newly elected Alameda County Assessor Phong La has released the 2019-2020 local Assessment that reflects assessments of more than 518,600 taxable properties. The roll was released Wednesday, July 10. “Thanks to the dedication and efforts of the staff at the Assessor’s Office, I am pleased to report that the gross value of all taxable property in Alameda County is a record \$321.5 billion, which is a \$21.4 billion or 7.13% increase above last year’s roll,” said La. Crediting the recovering economy and an increase in real estate values, he added, “the revenue generated by the assessment roll continues to support schools, public safety, parks, roads, and other essential services.”

Other factors leading to this year’s total assessed value growth included the 2% mandatory inflation index being applied to all properties’ assessed values that were not affected by assessment declines in prior years. This factor added \$5.6 billion. Sales/transfers of real estate also added \$11.3 billion and

new construction activity added \$2.5 billion. Many companies in Alameda County have flourished, becoming a key factor in the growth in the assessment roll, as these company’s business personal property assessments have increased by \$1.1 billion. Since 2014, the assessment roll has increased 35% or \$73 billion.

Of the 14 cities and unincorporated areas within Alameda County, the City of Oakland remains the highest assessment jurisdiction in the county with a total assessed value of \$68.8 billion. The City of Fremont continues to have the second highest assessed value of \$55.4 billion. The City of Dublin received the highest percentage increase in assessed value from the prior year at 10.3%.

With Alameda County’s historic unemployment rate of 2.7%, lower than both the state and national averages, the future of the county appears optimistic, but La cautions that “there are indicators that this tremendous growth in the economy may be coming to an end. It’s better to begin preparing for a potential recession now rather than having it come as a surprise. We also

need to deal with the fact that residents can no longer afford to live in our county.” Notifications of this year’s individual assessments are being mailed to all secured roll Alameda County property owners, as of July 8, 2019. If property owners have questions regarding their property assessment, they are encouraged to call the Assessor’s Office at 1 (510) 272-3787 (real estate assessments) or 1 (510) 272-3836 (business personal property assessments) or visit www.acassessor.org. As indicated on these notifications, formal appeals of the 2019-2020 assessed values must be made by September 16, 2019, with the Clerk, Board of Supervisors, Assessment Appeals Unit, on their Assessment Appeal Application. An application and instruction booklet is available at www.acgov.org/clerk/as-sessment.htm. Property tax bills for fiscal year 2019-20 will be mailed by the Alameda County Tax Collector in October and will be based upon the Assessor’s 2019-20 assessed values.

OPINION



WILLIAM MARSHAK

After years of neglect and unfulfilled, hopeful plans, the Centerville District of Fremont will be liberated from the misery of a state highway through its heart. Finally, CalTrans will relinquish its sovereignty over that portion of Highway 84 and reroute the state highway. Fremont can now move forward and review plans, some dusty from years on a backroom shelf, to renovate this important roadway. The effect of a state operated highway splitting the district, has been neglect and many obstacles preventing long overdue improvements to sections of Peralta and Fremont Boulevards. With the advent of local control, a major excuse to delay streetscape improvements will be removed. Even though redevelopment agencies have been dissolved, plans for a vibrant Centerville remain viable and, with the Silicon Sage revitalization project in the works, Centerville can emerge from a decades-old slumber.

Centerville's saga is similar to many other locations that share the Southeast

Bay Area. Fractured by fuel and water conduits, rail lines, and commuter routes, our communities are forced to deal with a myriad of public and private entities that exert control and influence over mobility options. Add to this state pressure to build more and more housing and the existential threat of climate change, endangering coast/bay lands. Since many cities and unincorporated areas are connected by externally-controlled supply corridors, it is imperative that local public works entities unite with a systematic infrastructure model resulting in a comprehensive plan to identify chokepoints and work toward their elimination.

Centerville is not the only victim of defunct plans that ravage our area. Mission Boulevard (SR-238) through Fremont and Hayward along with Calaveras Boulevard (SR-237), are examples of "forgotten freeways", remnants of grand plans of the past. Instead of providing smooth and efficient passage for intercity commuters, they have become bottlenecks, congested to the point of gridlock, clogging feeder and auxiliary roads as well. As a burgeoning high-tech center of commerce, it is time – long overdue – in the southeast Bay Area to decide whether the physical and emotional environment can sustain

the Type A drive of Silicon Valley or needs a respite and at least some deconstruction.

Our cities are struggling with the effects of multi-jurisdictional control; a macro view that tends to gloss over local and societal differences. Relinquishment of a small segment of Highway 84 represents a rational approach that finally transcends regional priorities, allowing local priorities to prevail. This is a complex issue since communication and transportation corridors are of critical importance. But so are quality of life issues. The newly formed Mobility Commission in Fremont is a good start to identify and strategize solutions. Why not form such commissions in every jurisdiction, then convene a summit on an annual basis to compare notes, exchange ideas and coordinate action?

In many cases, the word "final" indicates completion of a task. In this situation, it is only the beginning.

William Marshak
PUBLISHER



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Sleeping with the TV on may make you gain weight

BY LINDSEY TANNER
AP MEDICAL WRITER

Dozing off to late-night TV or sleeping with other lights on may mix up your metabolism and lead to weight gain and even obesity, provocative but preliminary U.S. research suggests.

The National Institutes of Health study published Monday isn't proof, but it bolsters evidence suggesting that too much exposure to light at night could pose health risks.

"Evolutionarily we are supposed to be sleeping at night, in a dark place," said lead author Dale Sandler, a scientist with the National Institute of Environmental Health Sciences, a division of the National Institutes of Health. "It's much more important than people realize for

a whole variety of health reasons."

Daily exposure to light and darkness helps maintain our 24-hour body clock, which regulates metabolism, sleep-promoting hormones, blood pressure, and other bodily functions.

Mounting research suggests disrupting that typical sleep-wake cycle may contribute to poor health, increasing risks for high blood pressure, diabetes, depression and obesity.

The researchers analyzed health and lifestyle data on nearly 44,000 U.S. women enrolled in an ongoing study seeking clues to causes of breast cancer. The analysis focused on data on sleep, light exposure and weight gain during the study, but not on breast cancer. Results were published in JAMA Internal Medicine.

Women in the study had medical exams and filled out

health and lifestyle questionnaires when they enrolled and periodically after. Those who reported sleeping at night in a room with a television on or a light were more likely to gain at least 11 pounds over about five years than those who slept in darkness. They were also about 30 percent more likely to become obese.

Sandler said she is confident that the added weight wasn't from things like snacking at night, because the analysis accounted for other variables that could have led to weight gain such as diet, physical activity and sleep duration.

Sandler said it's likely that similar results would be found in men.

Animal research and smaller studies in humans have linked prolonged light exposure with

weight gain. Exactly how is uncertain but scientists think disruption in release of hormones related to sleep and appetite may be involved.

Dr. Phyllis Zee, an expert in sleep and circadian rhythm disorders at Chicago's Northwestern University, said the study is important because it highlights a behavior that can be easily changed to reduce the risk of gaining weight. "Properly timed light should be considered as part of a healthy lifestyle," she said, along with exercise and good nutrition.

The Associated Press Health and Science Department receives support from the Howard Hughes Medical Institute's Department of Science Education. The AP is solely responsible for all content.



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November 9, 1943 – July 13, 2019

Kay Martin
RESIDENT OF UNION CITY
December 10, 1939 – July 13, 2019

Bert William Ball
RESIDENT OF FREMONT
December 18, 1921 – July 13, 2019

Paula Therese Anne Bruckner
RESIDENT OF NEWARK
April 13, 1933 – July 12, 2019

Samuel “Sam” Francisco
RESIDENT OF LONG BEACH, CA
March 25, 1949 – July 6, 2019

David Ross Cresto
RESIDENT OF UNION CITY
September 4, 1947 – July 14, 2019

Nora Loyola Vergara
RESIDENT OF LOS ANGELES
November 14, 1959 – July 8, 2019

Virginia “Ginny” Marriott
RESIDENT OF FREMONT
February 11, 1922 – July 4, 2019

Alyssa Hayley Pimentel-Ornelas
RESIDENT OF FREMONT
November 12, 2001 – June 21, 2019

John Torre Bowker
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May 12, 1954 – June 18, 2019



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February 2, 1936 – July 8, 2019

Paul Sheffield
RESIDENT OF BRENTWOOD
November 28, 1962 – July 7, 2019

Phillip Bouthillier
RESIDENT OF SAN LEANDRO
September 6, 1937 – July 5, 2019

Juanita Perriera
RESIDENT OF FREMONT
January 18, 1932 – July 4, 2019

Leila Kalin
RESIDENT OF FREMONT
December 13, 1931 – July 2, 2019

Claudio Baria
RESIDENT OF MILPITAS
April 18, 1944 – June 30, 2019

Chweekim Tan
RESIDENT OF FREMONT
October 12, 1964 – June 29, 2019

Alfonso Flores
RESIDENT OF FREMONT
August 18, 1938 – June 28, 2019

Sister Eileen (Marleen) Corrigan
RESIDENT OF FREMONT
February 21, 1942 – June 28, 2019

Levino Segarra
RESIDENT OF HAYWARD
August 30- 1941 – June 27, 2019

Elena Perez
RESIDENT OF FREMONT
July 22, 1935 – June 27, 2019

Ashutosh Jog
RESIDENT OF SAN RAMON
February 15, 1969 – June 26, 2019

Rebecca Walker
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Obituary

Juanita Yvonne Perreira



Juanita Yvonne Perreira, 87 entered into rest July 4, 2019 in Fremont, CA. Born and raised in Hawaii, January 18, 1932 to William and Madeline Espelata, she has been a Fremont resident for the last 58 years. Juanita was a member of Our Lady of Guadalupe church where she

sang in the Hawaiian Choir. She enjoyed crocheting, crossword puzzles and traveling back to Hawaii to visit family and friends.

Loving wife of 64 years to Anthony Perreira, beloved mother of Anthony Perreira Jr and wife Isabel, Bill Perreira, and the late Reginald Perreira. Devoted grandmother of Daniel and wife Monica, Mark and wife Katlin, Samantha and Kaitlyn Perreira.

Services will be held at a later date. Donations may be made to St. Jude's Childrens Hospital <https://www.stjude.org> or Veterans of Foreign Wars: <https://heroes.vfw.org/page/21776/donate/1?ea.tracking.id=homepage>

Obituary

Nora Loyola Vergara

November 14, 1959 – July 08, 2019

Resident of Los Angeles

For 30 years she was a nanny who help raise children as if they were her own. She loved watching Korean drama, she was a very religious person who served as a Eucharist Ministry at Cathedral and Sacred Heart Church in Los Angeles.

She loved traveling, especially if it involved going to the beach. She enjoyed going to many different restaurants and loved to spend time shopping at the mall.

She is survived by her beloved mother Estelita Vergara. Loving sister to Angela, Fernando and auntie to Samantha, Christopher and many other relatives and friends.



Services were already held. Fremont Memorial Chapel 510793-8900

Obituary

Alvina Martinez

Resident of Newark

November 9, 1943 – July 13, 2019

Alvina was born on November 9, 1943 in Niles (Fremont), CA. daughter to George R. and Margaret (Micaela Eleazarraz) Gutierrez. She passed away on July 13, 2019 at age of 75 years old, after a brave two-year battle with cancer.

She graduated from Washington High School in 1961, she worked and retired from The County of Alameda Health Care System.

Alvina married Marcos E. Martinez, Sr. on August 7, 1965 and they raised four children; Loving mother to Patricia Strauch, Lisa Martinez, Maggie Martinez (Edward) and Marcos Martinez, Jr. (Regina). Beloved grandmother to Matthew and Alex Strauch, Arianna Flores, Marcos III and Enrique “Ricky”



Martinez. Adoring sister to Benjamin (Ramona) Gutierrez, Raymond Gutierrez and Connie Dias. Also survived by many cousins, nieces and nephews. Alvina was preceded in death by her parents, sister Delfina Reyna

and a brother Robert Gutierrez.

A longtime resident of Newark, CA. Alvina loved to go to Disneyland, read, play video games, sew and bake. She was known as Cookie Tia or Tia Cookie to her great nieces and nephews.

Visitation will be held from 5:00 PM – 08:00 PM on Thursday, July 18, 2019 with a Vigil at 6:30 PM at Fremont Memorial Chapel, 3723 Peralta Blvd. Fremont. A Funeral Mass will at 10:30 AM, Friday, July 19, 2019 at St. Edward's Catholic Church, 5788 Thornton Ave, Newark.

Fremont Memorial Chapel 510-793-8900

Obituary

Dorothy (Dottie) Magidson



Dorothy (Dottie) Magidson peacefully passed away on Monday, July 1, 2019 with her 3 daughters at her bedside. She has now joined her loving husband Merve (1914-1992).

Dottie is survived by her 3 daughters and their husbands: Marsha and Jim Brass of Union City; Ilene and John (d) Marshall of Pleasanton and Michele and Midge Mortensen of Malaysia? She is also survived by 3 grandchildren, Brian (Carrie) of Modesto; Jason Brass of Reno and Kimberly (Greg) of Greece and 4 great grandchildren.

In lieu of flowers the family requests donations be made to your favorite charity. For questions regarding the Celebration of Life, contact Shelley Mortensen at 510-378-1307.

Tri-City Cremation & Funeral Service 510-494-1984 Newark, CA 94560

Obituary
Virginia “Ginny” Marriott
Resident of Fremont
February 11, 1922 – July 4, 2019

Virginia “Ginny” Marriott of Fremont California passed away at home on July 4, 2019 at the age of 97.

Virginia was the daughter of Gooding Allard Grant and Ella Marie Jefferson born on February 11, 1922 in Ripon, CA. She is predeceased in death by her husband Richard Marriott and brother Edward Grant.

Beloved mother to Russell Marriott. Loving grandmother to Carolynn (Daniel) Myers. Adoring great-grandmother to Joshua and Jonah.

Virginia was a member of Washington Township Women’s Club and Daughter of the American Revolution and Holy Spirit Catholic Church. Also a member of an Antique Club in Fremont.



A Memorial Mass will be held on Friday, July 19, 2019 at 11:00 AM, Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont.

Fremont Chapel of the Roses
510-797-1900

New housing with San Francisco Bay views

SUBMITTED BY CHUCK FINNIE

The City of Hayward is requesting proposals from developers interested in turning 37 acres of hillside property with San Francisco Bay views into one of the region’s most sought-after new residential neighborhoods. The Master Development Plan for the property, Parcel Group 5, envisions of up to 74 detached single-family homes on lot sizes averaging 10,000 square feet with a variety of architectural styles. The homes would be linked by trails and connected to wildlife corridors.

The development site is nestled below California State University East Bay and is part of a stretch of former California Department of Transportation right-of-way that was once intended for construction of a State Route 238 bypass freeway. Development of Parcel Group 5 will include infrastructure improvements to roads and water, sewer, and electricity distribution systems. The site is a priority project, and the City is ready to work with developers to quickly sell and develop the property. In approving of the Master Development Plan, the City Council also certified an addendum to the 2014 General Plan Environmental Impact Report to streamline the approval and development process.

Requests for proposals are due on Wednesday, August 28. Proposers will have to attend one of two mandatory pre-submittal meetings on Friday, July 23 and Sunday, July 25. For details on Parcel Group 5 Request for Proposals (RFP) and Master Development Plan, visit <https://www.hayward-ca.gov/content/california-state-route-238-corridor-lands> or contact special project manager John Stefanski at john.stefanski@hayward-ca.gov or (510) 583-3904.

Obituary
Donald E. Jones
Resident of Newark
March 30, 1931 – July 4, 2019

It is with profound sadness that we announce this passing of Donald (Don) E. Jones on July 4, 2019 at the age of 88. Born in New York to parents John Edwin Jones & Katherine Veronica Jones, Don thrived as an adventurous boy in the town of Tuckahoe, NY where he grew up and graduated from Tuckahoe High school in 1950. Never one to be in any one place too long, Don answered the call to serve his county, enlisted in the Marines, and served proudly. He was incredibly gifted in his technical knowledge, and he had a vast appetite for learning new things; characteristics that served him well in his career working on communications, radar and early computing technologies in Alaska. He also had a successful career as a Manager at Verizon for 10 years before he eventually retired and moved to California.

In retirement, he still looked to adventure and began hang-gliding for the first time in his sixties. He was very active in the hang-gliding community in the Bay Area, loved to read, and was a talented cook that experimented often with flavors and recipes. Throughout his life Don was unmistakably kind and found comfort in his deep Catholic faith. He is preceded in death by his parents, John & Katherine, and brother Robert (Bob) Jones. He survived by his brother Jack Jones of New York, Fr. Thomas Jones of Florida, Sister Marilyn Jones of Washington, and an extended family that love and miss him dearly.

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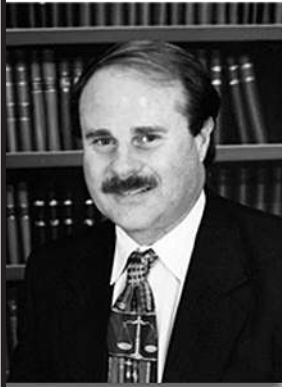
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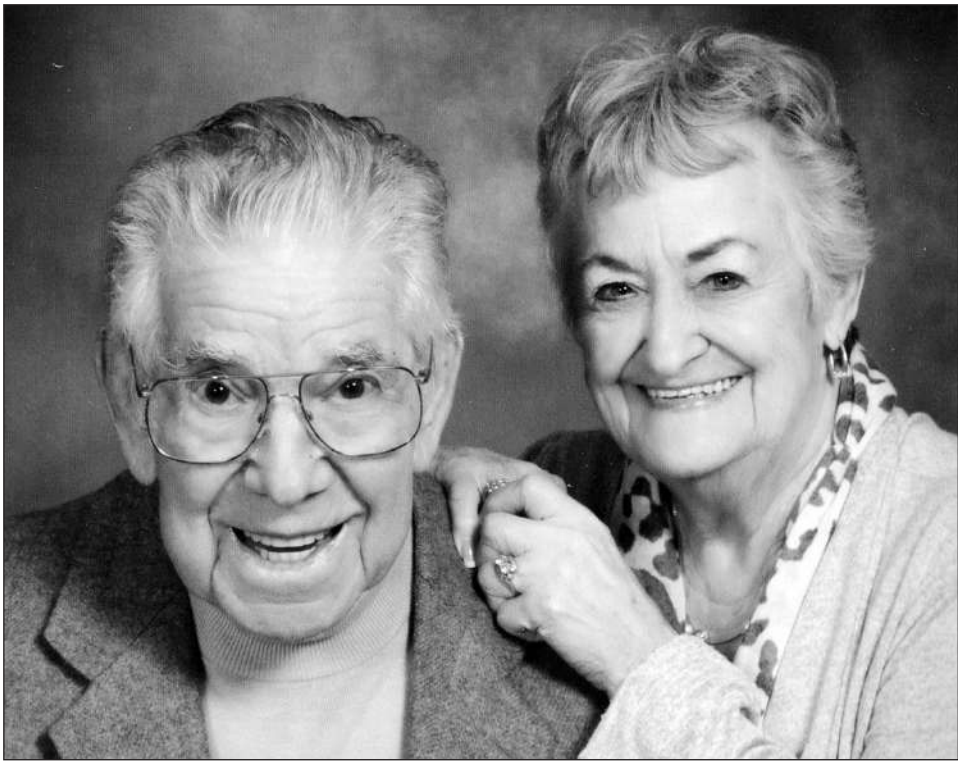
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Family Celebrating 70th Wedding Anniversary of Joseph and Joyce Steiner of Fremont, California



Joseph Steiner II and Joyce Dean Hart fell in love and married on August 7, 1949, in Oakland, California. They raised their four children, Joe III, Janice, Judie, and James in San Leandro for 19 years. Mr. and Mrs. Joseph Steiner

lived in Castro Valley for 13 years before they traveled the United States for 10 years in their beautiful motor home. They moved to Fremont in 2013. The Steiners have been blessed with 10 grandchildren and 24 grandchildren.

Before retiring Mr. Joseph Steiner was a real-estate broker and Joyce Steiner worked for Jerry’s Pancake Parade in San Leandro before opening her nail salon in Hayward. Now they enjoy residing together in Fremont.

Tesla sets deliveries record as focus turns to its profits

BY TOM KRISHER
AP AUTO WRITER

Tesla overcame delivery logistics problems to set a quarterly record for deliveries from April through June, and now Wall Street is focusing on whether it will translate into profits.

The electric car and solar panel company said it handed over 95,200 vehicles to customers worldwide, breaking the previous record of 90,700 set in the fourth quarter of last year.

The company rebounded from a dismal first quarter when it delivered only 63,000 of its Model S, X and 3 vehicles, a 31% drop from last year’s fourth quarter.

But many analysts question whether the record sales will turn into profits for the struggling company, and they’re raising questions about demand for Tesla vehicles and its long-term profitability.

CEO Elon Musk has said Tesla will lose money in the second quarter but predicted profits in future quarters. Of 22 analysts polled by FactSet, only four expect a second-quarter profit and 18 predict a loss. The median is for a \$227.9 million net loss and a 55-cent-per-share adjusted loss.

Musk told workers last week the company was close to the delivery record toward the end of June, but it was having trouble moving vehicles to the right places.

Cowen analyst Jeffrey Osborne wrote in a note to investors Tesla’s full-year guidance of 360,000 to

400,000 deliveries ``reflects an extremely optimistic’’ second half. The third quarter, he wrote, will give a real picture of how steady demand is for the company’s top-selling Model 3, which starts at \$35,000.

He also questions Tesla’s ability to post sustained profits. “We continue to see risks with the company’s growth story, which we believe is likely to be challenged as competition enters the market,” he wrote. “Simply, we see a lot more that can go wrong than can go right.”

Osborne expects Tesla to post a 68-cent-per-share loss in the second quarter and a \$3.77 per share loss for the whole year. He does predict profits in 2020 and 2021.

Morgan Stanley analyst Adam Jonas wrote in a note that his investor clients see a large “air pocket” of sales to the start of the third quarter “setting up for a rerun of concerns around demand and cash flow.”

Another problem for future Tesla sales and profits is the phase-out of its federal electric vehicle tax credit. It was \$7,500 last year, then cut in half from January through June and is only \$1,875 through the end of 2019 before going away completely. That could chase some buyers away, especially if they were looking at the lower-priced Model 3.

Earlier this week, electric vehicle startup Lucid Motors announced that it had named former Tesla Vice President Peter Hochholdinger as vice president of manufacturing. Hochholdinger, who was in charge of part of the operations at Tesla’s Fremont, California, assembly plant, left the company last week.

Tesla lost \$702.1 million in the first quarter, among its worst quarters in two years.

Shares of the company rose 7.6% in after-hours trading after the deliveries were announced. They’re up 21% in the past month, but they have been punished most of the year. They’re down 33% thus far in 2019.



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Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Thursday, July 4

- Police responded to approximately 54 calls involving fireworks.
- The 4th of July Parade along Paseo Padre Parkway went as planned and there were no issues.
- At 5:17 a.m. officers responded to a call about an armed robbery at the 7-Eleven store on Central Avenue in the Centerville district. The suspect was described as a white of Hispanic man, 30 to 40 years-old, wearing a yellow baseball cap, yellow mask, orange hoody sweatshirt, blue latex gloves and black cargo shorts. The firearm was a small handgun. Video surveillance from the store showed the suspect fleeing north on Joseph Street after the crime. The loss was cash from the register drawer. An investigation is ongoing.
- At 5:48 a.m. officers responded to a call from a woman about a man swinging a metal bat in the direction of her car in the street at Mowry Avenue and Farwell Drive. The woman was able to get to safety as officers arrived. The man reportedly left the area on a bicycle which was pulling a trailer. He was described as a white heavyset man about 40-year-old and a possible transient. Officers checked a nearby homeless encampment but did not find the suspect.
- Saturday, July 6**
- Officers responded to a report about two men fighting in the area of the 99 Cent Only store on Fremont Boulevard at Blacow Road in the Irvington district. One of the men reportedly had a wooden pole. Officers spoke with the men and

- learned that one man was upset with the other man over one of their dogs. Officers arrested a 41-year-old man who was booked at Santa Rita Jail and faces charges of assault with a deadly weapon. The case was investigated by Officer Alejo and Field Training Officer Koehler.
- Officers were dispatched to a report of a robbery at the Walgreen’s store located on Mowry Avenue and Paseo Padre Parkway in Central Fremont. A suspect walked into the store and reportedly grabbed lotion and was attempting to leave without paying. Store security attempted to detain the suspect. The suspect then physically assaulted store security before fleeing eastbound in a vehicle. Store employees noted the suspect’s vehicle type and license plate. With an associated address in Union City, the Union City Police Department was notified and they located the vehicle and made a felony car stop. The 19-year-old driver was arrested on suspicion of robbery. The case was investigated by Officer Ramirez.
 - Sunday, July 7**
 - At 5:55 p.m. a patrol sergeant was at the Chevron Gas Station on Stevenson Boulevard at Paseo Padre Parkway when he saw a store clerk yelling at a man walking away with items not paid for. The sergeant ordered the man to stop but he ignored the command. Additional backup offers were called while the sergeant followed the man in his patrol car. Fearing the man was going to run into traffic or turn around and fight, the sergeant deployed his Taser. The next arriving officer arrested the man, identified by police as Kristen Lagrone, 34, of Richmond. A record check showed he was on probation for two prior arrests. He was treated at the scene by paramedics before being booked at Santa Rita Jail on charges of resisting/obstructing an officer and a probation violation.

- The business owner wants to prosecute for the theft.
- Officers responded to the City of Fremont’s Dog Park on a report of terrorist threats after the owner of one dog pulled a gun on another dog owner following a dog fight. The victim provided a description and license plate of the suspect vehicle. Officer Samayoa located the occupied vehicle parked near Essanay Avenue and Vallejo Street in the Niles district. The 61-year-old male driver was detained and positively identified as the suspect. The man was arrested and booked into jail and faces a criminal threats charge.
 - Monday, July 8**
 - Multiple callers reported a car swerving across lanes on Paseo Padre Parkway near Mowry Avenue. The vehicle eventually stopped on at the intersection Paseo Padre at Mowry Avenue with a male passed out in the driver’s seat. Multiple officers arrived found the male unconscious and barely breathing. There was evidence of narcotics use which led officers to believe the subject had overdosed. Fremont Fire Department arrived and quickly administered NARCAN which almost immediately revived the 21-year-old Newark man. He subsequently told officers that he had ingested fentanyl and that there was some remaining in the vehicle. The man was taken to the hospital for treatment and then arrested for driving under the influence.
 - Wednesday, July 10**
 - At 5:50 p.m. officers responded to a call about a juvenile being struck by a vehicle while in the crosswalk in front of Hopkins Junior High School on Driscoll Road. The teenage student sustained serious, but non-life threatening injuries and was taken to a local trauma center with a parent. The driver remained on scene and cooperated with the investigation.

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Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty Law Clinic Santa Clara University College of Law 1987
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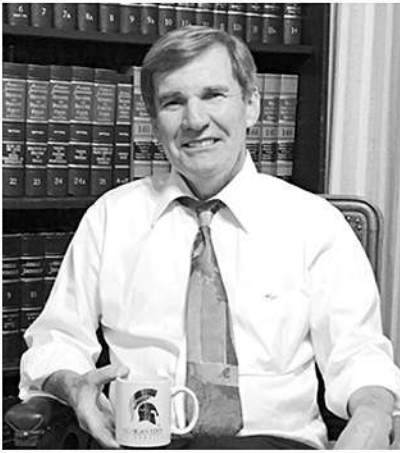
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DUI checkpoint
nets multiple citations

SUBMITTED BY NEWARK PD

During a recent DUI checkpoint conducted at Mowry Avenue and Cedar Boulevard, the Newark Police Department screened 939 vehicles. Of those motorists stopped, police cited three drivers. The checkpoint took place on Saturday, July 6 from 6 p.m. until 2 a.m. the next day. DUI Checkpoints are placed based on collision statistics and frequency of DUI arrests. Last year the Newark Police Department investigated 27 DUI collisions that killed one person and injured eight others. Motorists caught driving impaired and charged with DUI can expect the impact of a DUI arrest to be approximately \$13,500. This includes fines, fees, DUI classes, license suspension, other expenses and possible jail time.

Officials from the Newark Police Department would like to remind drivers that “DUI Doesn’t Just Mean Booze.” Prescription drugs, particularly those with a driving or operating machinery warning on the label, can impair and result in a DUI charge. Marijuana can also be impairing, especially in combination with alcohol or other drugs. Another DUI/Driver’s License Checkpoint or a DUI Saturation Patrol will be conducted in Newark in the coming months as part of the police department’s ongoing commitment to take suspected impaired drivers off streets and highways, and ultimately lower the risk for deaths and injuries. Funding for this checkpoint was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

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PUBLIC NOTICES

BULK SALES

NOTICE TO CREDITORS OF BULK SALE
(U.C.C. §6104, 6105)

ESCROW # 0126013423
NOTICE IS HEREBY GIVEN to creditors of the within named seller that a bulk sale is about to be made of the assets described below. The names and business address of the Seller(s) is/are: Golden Smog West, Inc. 2601 Decoto Rd., Union City, CA 94587. The location in California of the Chief Executive Office of the seller is: same as above. As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: none. The names and business address of the Buyer(s) is/are: FM Auto Group LLC, 2601 Decoto Rd., Union City, CA 94587. The assets to be sold are described in general as All stock in trade, furniture, fixtures, equipment and other property. And are located at: 2601 Decoto Rd., Union City, CA 94587. The business name used by the Seller(s) at those locations is: "Quik Stop". The anticipated date of the bulk sale is August 1, 2019. At the office of Old Republic Title Company @ 1000 Burnett Avenue, Suite 400, Concord, CA 94520.

The bulk sale is subject to California Uniform Commercial Code, Section 6106.2. If so subject, the name and address of the person with whom claims may be filed is as follows: Old Republic Title Company @ 1000 Burnett Avenue, Suite 400, Concord, CA 94520. The last day for filing claims shall be July 31, 2019 which is the business day before the sale date specified herein. Dated: 07/05/19. FM Auto Group LLC. /S/ By: Faizal Nisar, member 7/16/19.

CNS-3272382#

NOTICE TO CREDITOR'S OF BULK SALE AND
OF INTENTION TO TRANSFER ALCOHOLIC
BEVERAGE LICENSE
(UCC SEC. 6101 ET SEQ. AND
B & P 24073 ET SEQ.)

ESCROW #0126013416
NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made. The name(s) and business address(es) of the seller(s) is/are Booniepepper Islander Grill LLC, 6180 Jarvis Avenue Suite B Newark, California 94560. Doing Business as: Booniepepper Islander Grill. All other business name(s) and address (es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: (if none, so state) NONE. The location in California of the chief executive office of the seller is: SAME. The name(s) and business address of the buyer(s) is/are: Heung Su Lee, 6180 Jarvis Avenue Suite B Newark, California 94560. The assets being sold are generally described as: furniture, fixtures and liquor license and are located at: 6180 Jarvis Avenue Suite B Newark, California 94560. The kind of license to be transferred is: 41 – On Sale Beer and Wine – Eating Place #546141. Now issued for the premises located at: 6180 Jarvis Avenue Suite B Newark, California 94560. The anticipated date of the bulk sale / transfer is August 1, 2019 and upon approval by Department of Alcoholic Beverage Control at the office of OLD REPUBLIC TITLE COMPANY located at 1000 Burnett Avenue, Suite 400, Concord, CA 94520 or E-Fax to 925-265-9040. The amount of the purchase price or consideration in connection with the transfer of the license and business including is \$70,000.00. It has been agreed between the Seller/Licensee and the intended Buyer/Transferee, as required by Sec 24703 of the Business and Professions Code that the consideration for the transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control. Dated: 7/3/2019. /S/ Heung Su Lee 7/16/19.

CNS-3272111#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19026218
Superior Court of California, County of Alameda. Petition of: Tuan Kien Loy for Change of Name TO ALL INTERESTED PERSONS: Petitioner Tuan Kien Loy filed a petition with this court for a decree changing names as follows: Tuan Kien Loy to Daniel Tuan Kien Loy. The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: 9-6-19, Time: 11:00 AM, Dept.: 17. The address of the court is 1221 Oak Street, 3rd Fl, Oakland, CA 94612. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice. Date: July 09 2019. WYNNE S. CARVILL. Judge of the Superior Court 7/16, 7/23, 7/30, 8/6/19.

CNS-3273189#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19014989
Superior Court of California, County of Alameda. Petition of: Kyra Vivian Lewis-Pervere for Change of Name TO ALL INTERESTED PERSONS: Petitioner filed a petition with this court for a decree changing names as follows: Kyra Vivian Lewis-Pervere to Kyra Vivian Pervere. Kyreana Lisa Lewis-Pervere to Kyreana Lisa Pervere. The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: 7/19/19, Time: 11:00 am, Dept.: 17. The address of the court is 1221 Oak Street, Oakland, CA 94612. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri City Voice. Date: April 15 2019. Wynne S Carvill. Judge of the Superior Court 6/25, 7/2, 7/9, 7/16/19.

CNS-3267071#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19010743
Superior Court of California, County of Alameda. Petition of: Karamjit Kaur Binder for Change of Name TO ALL INTERESTED PERSONS: Petitioner Karamjit Kaur Binder filed a petition with this court for a decree changing names as follows: Karamjit Kaur Binder to Karamjit Kaur Dhalwal. The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: 08/02/2019, Time: 11:00 a.m., Dept.: 17. The address of the court is 24405 Amador Street, Hayward, CA 94544. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of

general circulation, printed in this county: Tri-City Voice. Date: WYNNE S. CARVILL. Judge of the Superior Court 6/25, 7/2, 7/9, 7/16/19.

CNS-3266634#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG19022619
Superior Court of California, County of Alameda. Petition of: Yen-Mei Sophia Wu AKA Sophia Yen-Mei Lai Wu AKA Yen-Mei Sophia Lai AKA Sophia Yen-Mei Lai AKA Sophia Lai Wu AKA Sophia Y. Lai for Change of Name TO ALL INTERESTED PERSONS: Petitioner Yen-Mei Sophia Wu AKA Sophia Yen-Mei Lai Wu AKA Yen-Mei Sophia Lai AKA Sophia Yen-Mei Lai AKA Sophia Y. Lai filed a petition with this court for a decree changing names as follows: Yen-Mei Sophia Wu AKA Sophia Yen-Mei Lai Wu AKA Sophia Yen-Mei Lai AKA Sophia Yen-Mei Lai AKA Sophia Y. Lai to Yen-Mei Sophia Wu. The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: 8-2-19, Time: 11:00 AM, Dept.: 17. The address of the court is 1221 Oak Street, 3rd Fl, Oakland, CA 94612. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice. Date: June 12 2019. WYNNE S. CARVILL. Judge of the Superior Court 6/25, 7/2, 7/9, 7/16/19.

CNS-3265084#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 560827
Fictitious Business Name(s): **Elle's Home, 2420 Columbine Court, Hayward, CA 94545**, County of Alameda. Mailing address: 278 Sadowna Street, San Francisco, CA 94112. Registrant(s): Elle's Home LLC, 278 Sadowna Street, San Francisco, CA 94112; California. Business conducted by: a limited liability company. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Maria Carmela Roco, Owner/Manager. This statement was filed with the County Clerk of Alameda County on July 2, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19.

CNS-3271415#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560428
Fictitious Business Name(s): **Mission Peak Dental Care, 39572 Stevenson Place #227, Fremont, CA 94539**, County of Alameda. Mailing Address: 1550 Salamancan Ct, Fremont, CA 94539. Registrant(s): **Apama Borole DDS, Inc.** 1550 Salamancan Ct, Fremont, CA 94539; S-Corp. California. Business conducted by: A Corporation. The registrant began to transact business using the fictitious business name(s) listed above on 6/3/2019. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Apama Borole, President. This statement was filed with the County Clerk of Alameda County on June 19, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19.

CNS-3271414#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560769
Fictitious Business Name(s): **Old Glory Consulting, 39 Old Glory Ct., Fremont, CA 94539**, County of Alameda. Registrant(s): Donald Pan, 39 Old Glory Ct., Fremont, CA 94539. Business conducted by: An Individual. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Donald Pan. This statement was filed with the County Clerk of Alameda County on July 1, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19.

CNS-3270928#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560630-1
Fictitious Business Name(s): **1. The COT, 2. The Bay Cleaning Service, 625 Berry Ave #107, Hayward, CA 94544**, County of Alameda. Mailing Address: PO Box 3365, Hayward, CA 94540. Registrant(s): Teresa Singh, 625 Berry Ave #107, Hayward, CA 94544. Business conducted by: An Individual. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Teresa Singh. This statement was filed with the County Clerk of Alameda County on June 25, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/9, 7/16, 7/23, 7/30/19.

CNS-3270927#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 528619
The following person(s) has (have) abandoned the use of the Fictitious Business Name(s). The Fictitious Business Name Statement for the Partnership was filed on 3-9-17 in the County of Alameda. **Rooms Décor, 33446 Western Ave., Union City, CA 94587**, County of Alameda. Registrant: Owner(s): Tuan Anh Vuong LLC, 4931 Calistoga St., Union City, CA 94587; California. This business is conducted by: a Limited Liability Company. I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. S/ Tuan Anh Vuong, Owner. This statement was filed with the County Clerk-Recorder of Alameda County on June 4, 2019. 7/2, 7/9, 7/16, 7/23/19.

CNS-3269199#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 555902
Fictitious Business Name(s): **Rooms Décor Furnishing, 5944-A Newpark Mall Rd., Newark, CA 94560**, County of Alameda. Registrant(s): Tuan Vuong, 4931 Calistoga St., Union City, CA 94587. Business conducted by: an individual. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Tuan Vuong, Owner. This statement was filed with the County Clerk of Alameda County on June 4, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/2, 7/9, 7/16, 7/23/19.

CNS-3269197#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560425
Fictitious Business Name(s): **Ramen Arashi, 46577 Mission Blvd, Fremont, CA 94539**, County of Alameda. Mailing Address: 41276 Makenery St, Fremont, CA 94538; California. Registrant(s): J.O. LJF, Inc. 41276 Makenery St, Fremont, CA 94538; California. Business conducted by: A Corporation. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Jiaun Jung, President. This statement was filed with the County Clerk of Alameda County on June 19, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/2, 7/9, 7/16, 7/23/19.

CNS-3269191#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560391
Fictitious Business Name(s): **Fortune Auto, 44790 S Gimmer Blvd Ste #202, Fremont, CA 94538**, County of Alameda. Mailing Address: 34913 Roberts St, Union City, CA 94587. Registrant(s): Wanda Truong LLC, 34913 Roberts St, Union City, CA 94587; California. Business conducted by: A Limited Liability Company. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Bo Zhing, Manager. This statement was filed with the County Clerk of Alameda County on June 18, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/25, 7/2, 7/9, 7/16/19.

CNS-3267070#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560385
Fictitious Business Name(s): **WM LANDSCAPING, 37444 Sycamore St #21, Newark CA 94560**, County of Alameda. Mailing Address: 34972 Newark Blvd #22, Newark, CA 94560. Registrant(s): Walter Martinez, 6395 Lafayette Ave, Newark CA 94560. Business conducted by: An Individual. The registrant began to transact business using the fictitious business name(s) listed above on 2011. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Walter Martinez, Owner. This statement was filed with the County Clerk of Alameda County on June 18, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/25, 7/2, 7/9, 7/16/19.

CNS-3267068#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 560216
Fictitious Business Name(s): **TGI Onisushi, 6100 La Salle Avenue, Oakland,**

CA 94611, County of Alameda. Registrant(s): TGI Yolo, Inc., 6100 La Salle Avenue, Oakland, CA 94611; California. Business conducted by: a corporation. The registrant began to transact business using the fictitious business name(s) listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Alvin Lee, CEO.

This statement was filed with the County Clerk of Alameda County on June 12, 2019. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/25, 7/2, 7/9, 7/16/19.

CNS-3266635#

GOVERNMENT

SECTION 00010
NOTICE INVITING BIDS

Notice is hereby given that sealed bids will be received by the Union Sanitary District in their office located at 5072 Benson Road, Union City, CA 94587-2508, at any time prior to **2:00:00 p.m. on August 15, 2019** for furnishing all labor, material, equipment, and services for the construction of improvements designated as: **Alvarado Influent Pump Station Improvements Project**

Project No. 800-501

The project consists of mechanical, electrical and structural improvements to the Alvarado Influent Pump Station (AIPS) and miscellaneous improvements to the Degritter Building located within the Alvarado Wastewater Treatment Plant (WWTP). To accomplish this work the Contractor shall complete the work items indicated on the Drawings and Specifications, including but not limited to the following items, which include bid alternates: - Replacement of the pumps and VFDs within the AIPS. - Replacement of the main switchgear within the AIPS. - Replacement of valves, piping and actuators within the AIPS. - Replacement of gates and actuators within the AIPS. - Replacement of fans within the AIPS. - Replacement of hydraulic power unit for actuating the Diversion Gate and Head Gate. - Replacement of the hydraulic gate actuator, stem, and access hatch in the Diversion Box south of the AIPS. - Replacement of Head Gate, hydraulic gate actuator, and access hatch in the AIPS Influent Box. - Structural modifications to the AIPS roof, walls, and mezzanine in the pump room. - Improvements to floor drainage within the AIPS. - Concrete and masonry work for removal, repairs, and/or replacement within the AIPS. - Replacement of the AIPS roof membrane. - Replacement of the Degritter building roof membrane and roof hatches. - Improvements to the AIPS and Degritter building roof drainage.

Miscellaneous electrical and instrumentation equipment replacement including but not limited to a step down transformer, panels, combustible gas detectors, level sensors, and indoor and outdoor lights. - All associated work to furnish a complete project as described in the Drawings and Specifications. The successful bidder will have five hundred and twenty (520) calendar days from Notice to Proceed to complete the Base Bid elements of the Project and selected alternate bid items A, C, D, E, and F. If Bid Alternate Item B is selected by the District, additional work days shall be granted and the successful bidder will have seven hundred and sixty (260) calendar days from the Notice to Proceed to complete the Project. The Engineer's Estimate for this Project is \$7,140,000 for the Base Bid items and \$11,350,000 total including all six (6) Bid Alternates. In accordance with Public Contract Code Section 20238.8(d), determination of apparent lowest bidder will be based upon an evaluation of the Base Bid and Bid Alternates in accordance with a process that prevents any information that would identify any of the bidders or proposed subcontractors or suppliers, or which bid belongs to which bidder, from being revealed to the District bid evaluation team before the ranking of all bidders from lowest to highest has been determined.

At the time the Bids are due, the evaluation team will convene behind closed doors. A proctor will monitor the room and will take custody of all cell phones, computers and other electronic devices while the evaluation team is in the room. In a separate room, the District's Purchasing Agent will publicly announce the base bid price and price of each alternate upon receipt and opening of the Bids. The District's Purchasing Agent will record pricing information on a summary sheet identifying the bidders by letter, e.g., "Bidder A", "Bidder B", etc. This summary sheet will then be provided to the proctor for delivery to the evaluation team making the decision concerning alternates to be accepted.

District staff will NOT reveal to the District evaluation team which Bid belongs to which Bidder until after the evaluation team has selected the Bid Alternates to be used in determining the apparent low Bidder and until after the evaluation team has identified the apparent low Bidder using the Base Price and whatever Bid Alternates the evaluation team selects. Upon the conclusion of the closed door evaluation, the evaluation team will deliver the executed summary sheet, with all selected Bid Items circled and tallied, back to the proctor for delivery to the District's General Manager. Subsequently, District staff will transmit and post District's Notice of Intent to Award. The Notice will be posted at the District Offices. The District will use reasonable efforts to deliver by facsimile and/or e-mail a copy of the Notice of Intent to Award to all Bidders who submitted Bids no later than the Business Day after issuance.

Mandatory prebid and mandatory site visit following prebid

A mandatory prebid conference will be held at **10:00 am, local time, on July 23, 2019** at the Alvarado WWTP located at 5072 Benson Road, Union City, CA 94587-2508 and a site visit will be conducted immediately following the prebid conference. Attendance at both the prebid conference and site visit following the conference is mandatory for all contractors submitting a bid. For those who have attended both mandatory prebid conference and site visit, additional site visits can be scheduled if the District is notified 24 hours in advance.

Under California Laws and Regulations the District shall inform all prime contractors of public works, to the extent feasible of relevant public work requirements as listed in Section 00010 of the Contract Documents. Copies of the Contract Documents are now on file and available for public inspection in the District Office, 5072 Benson Road, Union City, CA 94587-2508. A paper copy of the Contract Documents, including half size drawings, may be purchased at the District Office for a non-refundable \$100 charge, which includes the appropriate State sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. Partial sets of Bid Documents are not available from the District. Bidders may pay for plans and specs by sending a check made out to Union Sanitary District, 5072 Benson Road, Union City, California 94587, or by going to our website www.unionsanitary.ca.gov for payment by VISA or MASTERCARD credit card.

Project information may be viewed at www.unionsanitary.ca.gov. Electronic copies of the Contract Documents are available on Compact Discs for a non-refundable \$15 charge, which includes the appropriate State sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. However, all bidders submitting a bid must purchase and receive a paper copy of the Project Manual of Alvarado Pump Station Improvements Project No. 800-501 from the District prior to the bid opening date. All submitted bids must be on bid forms included in the purchased paper copy of the Project Manual or subsequent addenda. A bid submitted to the District by a bidder who has not purchased and received a paper copy of the Project Manual of Alvarado Pump Station Improvements Project No. 800-501, or submitted on bid forms not included in the purchased paper copy of the Project Manual or subsequent addenda shall be considered non-responsive and shall be rejected by the District.

Each bid must conform and be responsive to the invitation to Bid and Specifications and all documents comprising the Contract Documents. Each bid shall be presented under sealed cover and shall be accompanied by a certified check

or bidder's bond, made payable to the District, in an amount not less than ten percent (10%) of the bid. The said check or bidder's bond shall be given as a guarantee that the successful bidder will execute the contract in conformity with the form of agreement contained within the contract documents, and will furnish bonds and insurance policies as specified within ten (10) days after notification of the award of the Contract to the successful bidder. Cost for work described in each addenda issued during the time of bidding shall be included in the Bid and the addenda shall become a part of the Contract documents. Bidders shall develop and submit bids at their own expense. The District will not reimburse any costs associated with the development and submittal of any and all Bids. The District reserves the sole right to reject any and all bids and to waive any informality in a bid. No bidder may withdraw its bid for a period of sixty (60) days after the date set for the opening thereof.

At the successful Contractor's option, securities may be substituted for the required retention, in accordance with the provisions of Section 22300 of the State of California Public Contract Code. In accordance with the provisions of California Public Contract Code Section 3300, the District has determined that the Contractor shall possess, as a minimum, a valid Class A license. In accordance with the provisions of California Business and Professions Code Section 7028.15, a bid submitted to the District by a Contractor who is not licensed in accordance with Chapter 9 of the California Business and Professions Code shall be considered non-responsive and shall be rejected by the District.

BID PROTEST: Any Bid protest must be submitted in writing to the Project Manager at the District Office located at 5072 Benson Road, Union City, California 94587 before 4:30 p.m. of the fifth Business Day following transmission and posting of the District's Notice of Intent to Award. The notice will be posted at the District Offices. The District will use reasonable efforts to deliver by facsimile and/or e-mail a copy of the Notice of Intent to Award to all Bidders who submitted Bids no later than the Business Day after issuance, although any delay or failure to do so will not extend the Bid protest deadline described above. Questions concerning this project should be directed to: Union Sanitary District Attn: Thomas Lam 5072 Benson Road Union City, CA 94587 Phone: 510-477-7609 By: Jennifer Toy Secretary of the Board Union Sanitary District Date: July 9, 2019

*** END OF SECTION ***

7/9, 7/16/19

CNS-3271020#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
CARLOS LORENZI
CASE NO. RP19026257

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Carlos Lorenzi. A Petition for Probate has been filed by Cal Ray Lorenzi in the Superior Court of California, County of Alameda. The Petition for Probate requests that Cal Ray Lorenzi be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court

PUBLIC NOTICES

representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Walter Johnson, Law Office of K. Walter Johnson, 4000 Pimlico Drive, Suite 114-101, Pleasanton,	CA 94588, Telephone: 925-965-2156 7/9, 7/16, 7/23/19	The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this	court on 07/30/2019 at 09:31 AM in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.	Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: 31369 Santa Elena Way, Union City, CA 94587, Telephone: 510-825-6596 7/2, 7/9, 7/16/19
CNS-3271879#				
SECOND AMENDED PETITION NOTICE OF PETITION TO ADMINISTER ESTATE OF EMMETT DAVIS CASE NO. RP19015144 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Emmett Davis A Petition for Probate has been filed by Cheryl Jean Payne in the Superior Court of California, County of Alameda. The Petition for Probate requests that Cheryl Jean Payne be appointed as personal representative to administer the estate of the decedent.				
CNS-3270043#				

BART Police Log

SUBMITTED BY BART PD

Sunday, July 7

At 12:34 p.m. a man identified by police as David Luna, 35, of San Leandro was arrested at the Hayward station on suspicion of carrying a concealed dirk or dagger, probation violation and possession of drug paraphernalia. He was booked into Santa Rita Jail.

Thursday, July 11

At 11:56 p.m. a man identified by police as David Barnes, 34, of Oakland, was arrested at the San Leandro station on suspicion of being drunk in public. He was booked into Santa Rita Jail.

Milpitas Police Log

SUBMITTED BY LT. FRANK MORALES, MILPITAS PD

Thursday, July 4

At about 1:32 a.m. officers responded to a report about a vehicle that struck a power pole on the 3000 block of Calaveras Road. Arriving officers determined the driver, identified by police as Andrew Nguyen Morales, 22, of San Jose was under the influence of alcohol and arrested him. Morales was booked into the Santa Clara County Main Jail. The collision caused a power outage in the area. Traffic was blocked in both directions of Calaveras Road from Piedmont Road to Downing Road while PG&E workers made repairs. The roadway was reopened about 4:00 p.m.

Union City Police Log

SUBMITTED BY LT. MATIAS PARDO, UNION CITY PD

Wednesday, July 10

At about 5:13 p.m. officers responded to a call about a shooting in a residence in the area of Palmetto Drive and Butternut Court. Arriving officers found a 16-year-old male suffering from a gunshot wound to his chest. He was taken to a

hospital where his condition was later reported as stable. Officers interview three other people at the scene and identified one of them, a 16-year-old male as a suspect. He was arrested and faces felony charges of assault with a deadly weapon and negligent discharge of a firearm. The firearm was recovered at the scene. The suspect's name is not being released because he is a juvenile. An investigation is continuing. Anyone with information is asked to call Det. Josh Clubb at 1 (510) 675-5227.

SUBMITTED BY ALAMEDA COUNTY FIRE DEPARTMENT

The Alameda County Fire Department is actively recruiting for provisional Fire Department Aides to perform a variety of activities including messenger, weed abatement, public and community education, hydrant checking, administrative and clerical assignments and special projects as required. The pay range for the position is \$14.43 — \$17.56 per hour and the deadline to apply is July 25.

Example of duties:

- Drive a delivery van or truck for pick-up and delivery of fire department mail, materials, supplies, furniture and equipment to all fire locations, county agencies and departments and vendors on a regularly scheduled basis.
- Routinely inspect, services, lubricates, marks location of, makes minor repairs and paints fire hydrants in accordance with prescribed standards.
- Gather data, records and completes reports as required.
- Perform necessary administrative duties such as, but not limited to, established records and forms, daily/weekly routing schedules, data entry.
- Maintain assigned vehicle and tool through prescribed care, use and maintenance techniques.
- Load and unload delivery vehicles; sorts, receives and prepares fire department materials, supplies and equipment for transport.

- Deliver and fill, if necessary, oxygen tanks and air bottles to all stations.
 - Assist with office work such as answering telephones, typing, filing and copying, as needed.
 - Assist with special projects or assignments as needed.
 - Assist at community events or other public functions as needed.
 - Inspect property for weed and combustible materials that may constitute a fire hazard; writes correspondence setting forth violations and conditions for abatement.
 - Maintain service schedules and records for fire hydrants and conduct periodic testing.
 - Provide training to the public in emergency preparedness, Community Emergency Response Team (CERT), basic fire safety and CPR under the direction of ACFD staff.
 - Perform other work as required.
- Minimum Qualifications:**
- Must be 18 years of age at the time of appointment.
 - Possession of a valid California Motor Vehicle Operator's license and a satisfactory DMV record.

Anyone who is interested in applying for a position, should send a resume via email to Samantha Costa at samantha.costa@acgov.org before the filing deadline of 5:00 p.m. on Thursday, July 25.

Police seeking input for updated website

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Officials from the Fremont Police Department are getting ready to roll up their cyber sleeves and start redesigning and updating their website at www.fremontpolice.org. But, before they do, they want to hear from you. They have set up an online survey to ask community members what website features they want to see in the new and improved website which is scheduled to launch by early 2020. Among their goals for the new website are better navigation, transparency and mobile responsiveness. The survey link is at <https://www.surveymonkey.com/r/7S6LCZM>. The deadline to respond to the survey is Thursday, July 18.



Officials from the Fremont Fire Department announced the promotions of five of its members to the rank of fire captain on Tuesday, July 9. They are: (L-R, holding captain badges) Kyle Sater, John Morales, Greg Miller, Thomas Hoobler and Robert Fenyves.

Big earthquakes raise interest in West Coast warning system

By JOHN ANTCAK AND CHRISTOPHER WEBER
ASSOCIATED PRESS

The powerful Mojave Desert earthquakes that rocked California ended a years-long lull in major seismic activity and raised new interest in an early warning system being developed for the West Coast. The ShakeAlert system is substantially built in California and overall is about 55% complete, with much of the

remaining installation of seismic sensor stations to be done in the Pacific Northwest, said Robert de Groot of the U.S. Geological Survey. Areas that have the appropriate number of sensors include Southern California, San Francisco Bay Area and the Seattle-Tacoma region, de Groot said. The system does not predict earthquakes. Rather, it detects that an earthquake is occurring, rapidly calculates expected intensity levels and sends out

alerts that may give warnings ranging from several seconds to perhaps a minute before potentially damaging shaking hits locations away from the epicenter. Depending on the distance, that could be enough time to automatically slow trains, stop industrial machines, start generators, pull a surgical knife away from a patient or tell students to put the “drop, cover and hold” drill into action. For alerts to be useful, delivery has to be timely, and that’s a

problem with current cellphone technology. For cellphone delivery, the USGS ultimately intends to use the same system that delivers Amber Alerts, sending signals to everyone in reach of cellphone towers in defined areas where damaging shaking is expected. Pilot programs involving select users have been underway for several years. In October, the USGS announced the system was ready to be used broadly by businesses, utilities, schools and other entities following a software update that reduced problems such as false alerts typically caused by a big quake somewhere in the world being misidentified as a local quake. Currently, the only mass public notification is possible through a mobile app developed for the city of Los Angeles and functional only within Los Angeles County. The ShakeAlertLA app did not send alerts for last week’s two big quakes, but officials said it functioned as designed because the expected level of shaking in the LA area – more than 100 miles from the epicenters– was below a trigger threshold. Thresholds for alerting are important because California has daily earthquakes. “Imagine getting 10 ShakeAlerts on your phone for really small earthquakes that may not affect you,” de Groot said. “If people get saturated with these messages it’s going to make people not care as much.”

In the Mojave Desert on Monday, rattled residents cleaned up and officials assessed damage in the aftermath of Thursday’s magnitude 6.4 earthquake and Friday’s magnitude 7.1 quake centered near Ridgecrest. It could be several more days before water service is restored to the small town of Trona, where officials trucked in portable toilets and showers, said San Bernardino County spokesman David Wert. Ten residences in Trona were red-tagged as uninhabitable and officials expect that number to increase as inspectors complete surveys. Wert said he’s seen homes that shifted 6 feet (nearly 2 meters) off their foundations. Electricity was restored to Trona over the weekend, allowing people to use much-needed air conditioners as daytime temperatures approached 100 degrees (38 Celsius). Teams will need several more days to finish assessments in nearby Ridgecrest, where the number of damaged buildings will likely be in the dozens, Kern County spokeswoman Megan Person said. Person says officials are bringing in counselors to help residents still on edge as aftershocks rattle the area. “You can’t feel every single one, but you can feel a lot of them,” she said. “Those poor people have been dealing with shaking ground non-stop since Thursday.”

COMMUNITY BULLETIN BOARD

Eden Community Connections Circle of Friends Come join with other mental health clients looking for mutual support and fun. We meet every Wed. 1:30-3pm at various locations in San Leandro and Hayward. Call Judy 510-605-8412 for information	Fremont FAMILY RESOURCE CENTER 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, workshops & more. Mon-Fri 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Let’s Do Lunch! Volunteer for LIFE ElderCare Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
SPARKPOINT FINANCIAL SERVICES for Low-Income Residents FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020 Fremont.gov/SparkPointFRC	Tri-City Free Breakfast Program VOLUNTEERS NEEDED! Help serve hot nutritious meals. Students Community service hours! Irvington Presbyterian Church 4181 Irvington Ave, Fremont Mon, Wed, & Fri Any time between 5am-9am Contact Rich Doberstein at rich.dare2dream@sbcglobal.net	DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010		
League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Al-Anon & Alateen Family Groups are here to help you Are you troubled by someone else’s drinking? Al-Anon has but one purpose, to help families and friends of alcoholics. We share our experience, strength and hope Website: alanond17.weebly.com For a meeting list or Email: Easyduz@gmail.com or call: 510-276-2270	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com		
Is Food a Problem For You? Try OVEREATERS ANONYMOUS Do you eat when you’re not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org 510-449-7610	Is Your Life Unmanageable Because of Debt? Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone DEBTORS ANONYMOUS www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610		FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
ABWA-Pathfinder Chap. American Business Women’s Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162	Bay Area Guide Dog Puppy Raisers Looking For Volunteers Interested in giving back to their community Raise a puppy and change a life! We meet Thursday 7-8pm For more information Call Randy Hollenshead 510-331-4862	A-1 Comm. Housing SVCS Credit & Money Management Workshop Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, come join us www.fremontcoinclub.org 510-792-1511
		Do you get nervous when you have to speak in public? Newark Toastmasters can help Learn this skill and more in a supportive atmosphere It’s FREE to attend Tues 7am-8:10am Newark Library 6300 Civic Terrace Ave., Newark 510-796-3562 or 510-402-8318 www.1118.toastmastersclub.org		FREMONT STAMP CLUB Meets 2nd Thurs. each month 7pm Fremont Community Activities Center 3375 Country Dr., Fremont Collectors of all ages welcome www.fremontstampclub.org/ or call Tom 510-793-9124 write12me@gmail.com
English Conversation Cafe Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm Bridges Community Church 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org	Sunday Sermon Translations South Bay Community Church welcomes our neighbors with written sermon translations in Chinese, Spanish and Urdu Message in written translation Sundays 8:00 am South Bay Community Church 47385 Warm Springs Boulevard Fremont, CA 94539 For information and to request another language : 510-490-9500	Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!	Union City Toastmasters All are Welcome! Every1st & 3rd Monday from 7-9pm 904 H Street, Union City Practice your Speaking Skills & Lead with Confidence! For more information 5269.toastmastersclubs.org/ 510-386-7722	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.
Become a volunteer driver with LIFE Eldercare Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org	Do you want to help build our Model Railroad Layouts & Operate Trains? The Tri-City Society of Model Engineers Looking for new members Meet Fridays - 7:30pm-9:30 pm Niles Plaza 37592 Niles Blvd., Fremont www.nilesdepot.org or call 510-325-2092	Free Health Coaching Session Weight loss, Blood Sugar Balance, Cognitive Health and Better Sleep. Work with a Coach for Better & Longer Lasting Results. www.missionvalleyhealthcoach.com jackie@missionvalleyhealthcoach.com 510-320-3956	Zumba with Jazzy Jenny! Monday nights 7:30pm-8:30pm at Hope Community Church 2190 Peralta Blvd., Fremont Cost is FREE but donations are appreciated. Men and Women 12 + Zumba is a fun filled dance workout with many rhythms from around the world	AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy’s Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com		The Tri-Cities Democratic Forum meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com		Newark Cub Scout Pack 441 Looking for adventurous kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com
Make a new friend! Be a volunteer friendly visitor with LIFE ElderCare Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org	Vacation Bible School “Roar” July 22 - 26 12:45pm family Safari on July 28 9:30am Hope Community Church 2190 Peralta Blvd., Fremont 510-739-0430 Register on line at www.hopefremont.church		Buon Tempo Italian American Club Family Dinners 1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org	Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

COMMUNITY BULLETIN BOARD

	LOVE to WRITE? WANT to WRITE? WRITER’S BLOCK? Fremont Area Writers (FAW) is here to HELP! Meets 4th Saturdays (except July & Dec) 2:00 to 4:00 P.M. 42 Silicon Valley, 6600 Dumbarton Cir, FRMT. Great speakers! “Second Saturday” Monthly Readings w/ a published author from 2:00 to 4:00 P.M. Half Price Books in the Fremont Hub. Open Mic 4th Mondays 7:00 to 9:00 P.M. at Suju’s on Thornton Ave next to Dale’s Hardware in FRMT. Critique Groups to help you from first draft to publication Everyone is welcome! www.cwc-fremontareawriters.org	FOR SALE Dining room table 26” wide X 61” long X 29” high Butcher block top, white legs 4 matching chairs Drawer at each end for storage \$60 for the set Also rocker recliner, good condition Rocks but doesn’t recline - \$25 (510) 276-1439	MEHS Band & Orchestra FLEA MARKET 4TH Saturday of the month (weather permitting) March through October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com
A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop Learn the process of shomeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227	53rd Annual Art Show – ARTIST CALL 8/25 Application Deadline! Apply at www.fremontartassociation.org/annual-art-show ~FREMONT ART ASSOCIATION~ 37697 Niles Blvd., Fremont, CA 510.792.0905	Public Community and Event Spaces Open to all ages Town Fair Plaza at the corner of Capitol Ave and Downtown Fremont CHECK US OUT AT: WWW.TOWNFAIRPLAZA.COM	SiliconAndhra ManaBadi Telugu Language Program 501c3, ACS-WASC accredited Approved by school districts ManaBadi classes many locations For ages 4 years and above OPEN to non-heritage students http://manabadi.siliconandhra.org/ Sridevi Ganti 510-364-2493 sridevi.ganti@manabadi.silico-nandhra.org

Hayward City Council

July 9, 2019

Public Comments:

- Residents complained about fireworks and requested the City enforce the law more strictly
- People expressed their thanks for the new Eden Center near Tennyson

Consent Calendar:

- Adoption of an ordinance amending the City’s downtown-specific plan and parking code
- Adopt a resolution to terminate the Green Hayward PAYS pilot program
- Adopt a resolution to amend the agreement with Pavement Engineering, Inc. (to provide

engineering services for FY 20 pavement rehabilitation and maintenance and

Winton Avenue pavement rehabilitation projects)

- Adopt a resolution authorizing delinquent charges for delinquent garbage bills incurred by owners of single-family residences
- Adopt a resolution confirming report and special assessment for delinquent sewer and water bills incurred by property owners and authorizing the delinquent charges to become a special assessment against the properties if not paid by August 1, 2019
- Adopt a resolution approving addendums awarding a contract with Los Loza Landscaping in the amount of \$198,569, and authorizing expenditures of up to \$282,426

for the Fire Stations 2 – 5 Landscape Improvements Project

- Adopt a resolution to increase the appropriation of funds and contract amount for Elite Landscape Construction by \$55,603 for the Industrial Parkway west median landscape improvement project for a not-to-exceed amount of \$593,603 and increase budget appropriation by \$21,553
- Adopt a resolution authorizing the mayor to sign letters of support for recycling bills SB 54 and AB 1080

Consent Calendar passed 7-0

Items removed from Consent Calendar:

- Authorize a contract between Cole Pro Media, LLC and the Hayward Police Department to provide media consulting services in an amount not to exceed \$127,500.

Councilmember Wahab asked about in-house social media services. Item passed 6-1 (Nay; Wahab)

Work Session:

- Update on the South Hayward Youth and Family Center Project

Public Hearing:

- Approval of a resolution certifying an addendum to the 2014 General Plan Environmental Impact Report, approval of Master Development Plan, and authorization for the City Manager to issue a Request for Proposals for the development of Parcel Group 5: Bunker Hill. Item passed with amendment to keep affordable units on site 6-1 (Nay; Wahab)

Legislative Business:

- Designation of voting delegates and alternates for the League of California Cities 2019

annual conference. Mayor Halliday was nominated to be primary delegate, Councilmember Lamnin was nominated to be alternate. Item passed 7-0

Information Item:

- Report on the Hayward Housing Navigation Center

Council Reports:

- Councilmember Marquez asked about the status of a resolution from the Community Services Commission regarding upcoming census

Mayor Barbara Halliday	Aye
Sara Lamnin	Aye
Francisco Zermeno	Aye
Aisha Wahab	Aye, 2 Nay
Al Mendall	Aye
Elisa Marquez	Aye
Mark Salinas	Aye

Union City City Council

Presentations:

Appreciation Proclamation to Tony Acosta for 43 years of public service, including 18 years as Union City’s Deputy City Manager and as City Manager. He initiated city programs like Youth Violence Prevention and Intervention and the Kennedy Youth Center. Karishma Khatri, district representative for Senator Bob Wieckowski also presented a proclamation for Acosta on behalf of Senator Wieckowski and Assemblymember Bill Quirk.

PG&E Safety Power Shutoff presentation. A fire risk map of Union City was presented. Several factors that can lead to a possible power shutoff discussed.

Staffing Analysis of UCPD, including four month audit of entire police staff on their workload. The auditor concluded the police department is understaffed. About half of the

work is being spent on calls for service or police dispatch. Out of the 11 Bay Area police departments, Union City is the second busiest with murder, rape, robbery, and assault crimes.

Consent Agenda:

Second reading and adopt ordinance on the management of Polychlorinated Biphenyls (PCBs) during building demolition. Permit applicants will be required to go through a priority building materials screening assessment.

Designate a voting delegate and an alternate for the League of California Cities Annual Conference on October 16-18, 2019 in Long Beach.

Public Comment:

On the budget and senior center operation days.

Residents ask City Council to reconsider the legalization of all fireworks in the city. Burnt up illegal fireworks were brought to the meeting to show the negative impacts of fireworks.



Karishma Khatri, district representative for Senator Bob Wieckowski, and Mayor Dutra-Vernaci giving Appreciation Proclamations to City Manager Tony Acosta for 43 years of public service.

Public Hearing:

Second of five public hearings on district map boundaries. No resident feedback. The third public hearing with drafted district maps is on August 13. Maps will be available online before August 6.

City Reports:

After public comment the Council discussed looking into

the ordinance involving legalization of fireworks. Council gave direction to staff to look into the ordinance. City residents voted for the legalization of fireworks.

Authorized City Manager to start an agreement with Union Pacific Railroad to construct a pedestrian crossing near Union

City BART station. During construction, I Street will be closed with barricades, with no pedestrian access. Resolution will be presented to the Council for closing I Street.

Adopted Resolution to create a process where a cannabis business can change locations. The application fee to switch locations will cost \$9,158. After moving, the business will have to submit new site, development, air quality, floor and security plans and a zoning verification. PASSED 4-1 (Nay, Singh).

Replaced an Armored Rescue Vehicle used by UCPD for \$369,465.27 from the City’s vehicle replacement funds. A separate fund was made ten years ago to prepare for the replacement of the vehicle.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Gary Singh	Aye, 1 Nay
Emily Duncan	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye

New rent regulations and tenant protections

SUBMITTED BY CITY OF HAYWARD

The City of Hayward is establishing a new mandatory mediation and binding arbitration process that can be utilized by tenants when their landlord wants to raise their rent by more than five percent in a year. The new regulation process for rent increase in excess of 5 percent takes effect Thursday, July 25 and applies to multi-unit residential properties built before 1979. All single-family homes and condominiums are exempted, as required by state law.

The new mediation and arbitration process are part of a broader update to the city’s Residential Rent Stabilization Ordinance (RRSO) and received final council approval on June 25. The new ordinance also requires all landlords to file

with the city copies of all notices of rent increase or termination of tenancy issued to residential tenants in Hayward. Other provisions set forth the justifications by which landlords can lawfully evict a tenant and prohibit discrimination against housing applicants intending to use government vouchers to pay rent. The new ordinance also protects tenants against retaliation by landlords for exercising their rights under the new ordinance.

At the same June 25 meeting, the council also passed separate emergency legislation immediately capping residential rent increases at 5 percent until the new more comprehensive update to the RRSO takes effect. Like the mediation and arbitration process for rent increases over 5 percent, the emergency one-month cap on rent increases applies only to multi-unit residential properties constructed before 1979 and exempts all single-family homes and condos as required by state law.

To read more about the new ordinances and regulations, visit <https://www.hayward-ca.gov/your-government/departments/housing-division>.

Hayward affirms sanctuary status

SUBMITTED BY THE CITY OF HAYWARD

The following statement from the City of Hayward, released on July 11, reaffirmed to the public that Hayward is a sanctuary city.

The City of Hayward is a sanctuary city that does not participate in the enforcement of federal immigration laws and is committed to equal treatment of its residents and workforce regardless of immigration status.

As a sanctuary city, Hayward recognizes the importance of trust building between all segments of our community, the Hayward Police Department and other facets of city government as a public health and safety strategy. As part of that strategy, the Hayward Police Department and other city agencies do not ask for, collect or maintain information specific to the immigration status of members of the Hayward public.

Similarly, the City opposes approaches to federal immigration enforcement that unnecessarily threaten or undermine trust between immigrant community members and local law enforcement. Mass immigration raids by U.S. Immigration and Customs Enforcement (ICE) reportedly in the works for this coming weekend is an immigration enforcement approach that threatens the trust and sense of safety the City has sought to foster and maintain with members of our immigrant communities. The City has been provided no direct information about and will not participate in any such raids. Information about legal resources for immigrant community members related to immigration enforcement are available on the city’s website at www.hayward-ca.gov/.

For rapid response and legal services related to immigration raids, arrests and incarceration, contact the Alameda County Immigration Legal and Education Partnership at 1 (510) 241-4011.

Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Temporary Housing Navigation Center

The Fremont City Council held a work session on July 9 to review 11 potential city-owned and privately-owned sites for a temporary housing navigation center. The sites were based on previously recommended council-approved criteria from the June 18 council work session. The council has selected two sites to further evaluate and has directed staff to provide additional analysis, which includes cost estimates and community outreach, on each location for the implementation of a housing navigation center.

City staff will further analyze the following two sites: Parking lot at Fremont City Hall (rear area) and Decoto surplus property (unleased property next to Regan Nursery). Both locations are within a half mile of food services and bus stop/bus services to BART, utility connection points about property, and located outside of a fault trace zone.

The temporary navigation center will provide 45 beds and up to 6 months of housing to homeless adults while they are supported and are focused on finding stable, permanent housing. The navigation center will be operated by Bay Area Community Services (BACS), who will provide 24/7 staffing and supportive services to the residents of the program.

Throughout the summer, city staff will conduct outreach to obtain community input and comments on the two potential

sites selected. At a council Meeting in September (date to be determined), staff will return with completed analysis and community feedback to present to the council. It is anticipated that the council would then select a final site to locate a temporary housing navigation center and city staff would proceed with procurement of contracts to implement the center.

To watch the recording of the July 9 work session, visit <https://fremont.gov/AgendaCenter/City-Council-4>.

Input Sought for New Website

The Fremont Police Department is seeking community input to develop a new website that will better serve the community. The current website (www.fremontpolice.org) is due for a redesign. The new website is scheduled to launch by early 2020 and will focus on

easy navigation, transparency, and mobile responsiveness. The public is encouraged to respond to a community survey at www.surveymonkey.com/r/7S6LCZM by Thursday, July 18. Public comments will help the police department build a more effective website.

Summer Movies in the Park

Visit Central Park’s Performance Pavilion just after sunset on Fridays, July 26 and August 16 to enjoy free Summer Movies in the Park. The Recreation Services Division will be playing “How to Train Your Dragon” on July 26 and “Dumbo” on August 16. Grab some blankets, low beach chairs, and a picnic dinner to enjoy two films in the park. For more information, visit www.Fremont.gov/MovieNight.

Fighting food waste at Fremont schools



Sodexo with award plaque: Karl Go-Reynoso (2nd from left) with Sodexo colleagues at StopWaste.

SUBMITTED BY STEFANIE PRUEGEL

Edible food going to waste is an issue that has gained significant traction nationally and internationally, with over 40 percent of all food produced believed to never reach a plate. The Fremont Unified School District (FUSD) is taking steps to counter the trend, thanks to the

initiative of Sodexo, the district’s food service provider. For its effort, Sodexo received the Business Efficiency Award for Excellence in Food Waste Reduction from Alameda County public agency StopWaste. Under the leadership of FUSD Child Nutrition Services Manager Karl Go-Reynoso, all 39 K-12 schools in the district have set up “food share carts,” which have

proven an effective way to keep surplus school cafeteria food from going to waste. The concept is simple: Students place unwanted, unopened, and unbitten foods on the food share cart for other students to take or to be donated to food rescue organizations. The approach is promoted by StopWaste as part of the agency’s Smart Cafeteria Initiative, but FUSD is the first to roll out food share districtwide.

Go-Reynoso received support from Science & Eco-Club students at American High School and their teacher and advisor Julio Navarrete. With guidance and funding for supplies from StopWaste, the team assembled 39 food share carts and distributed one to each school. Navarrete and his students also supported Go-Reynoso in establishing a partnership between American High and TriCity Volunteers, a nonprofit food rescue organization that accepts surplus food for its bagged lunch program. In the 2018-19 school year, TriCity Volunteers received over 2,000 pounds of surplus edible food from American High School.

Sodexo is working to get similar food donation systems in place at all FUSD schools. The food service provider’s recent partnership with Daily Bowl in Union City brings Sodexo one step closer to that goal. For more information about the StopWaste Business Efficiency Awards, visit www.StopWaste.org/business-awards.



It’s a hoot to celebrate living 90 years

SUBMITTED BY PENNY VITTORIA

What better way to celebrate a birthday at 90 years of age than to charter a train on the Niles Canyon Railway and invite a trainload of your friends and relatives? That is what Roger Baird, a resident of Acacia Creek Retirement Community in Union City, did on Saturday June 29. Attendees were treated to a beautiful train ride through Niles Canyon, along with sandwiches, drinks and cake which they consumed en route from Niles Station to Sunol and back over a two-hour period. It was a perfect warm summer afternoon as the group gathered at the Niles Station at

4 p.m. to greet the five-car train as it rolled in. The two open air coaches were in high demand among those who wanted to enjoy the views in the canyon. Baird commented that rather than jump out of an airplane, or go on a cruise around the world, he would rather entertain his fellow residents at Acacia Creek along with family members and friends who came from Washington, Oregon, Southern California and Arizona—and one nephew from the Chicago area. A lively group of Baird’s former racquetball players from San Jose came as well. All together there were over 160 celebrants. The train crew was in full uniform. Conductor Ed Best headed the crew (including some of his grandchildren and nephews), who were especially helpful in boarding a group of seniors, including a few who needed to use the special lift. For many of the passengers it was their first

ride on the Niles Canyon Railway, and for a few it was their first train ride of any kind. In turn, the train crew commented this was their first time to run a 90th birthday train. Conductor Best invited Baird to ride the diesel locomotive in Sunol when they moved it from one end of the train to the other for the return trip. Baird was able to wave to all the passengers while standing on the front of the diesel as it rolled along the train. Engineer Ron let him give a blast on the locomotive air horn as a signal the locomotive and engine crew were ready for the return trip to Niles. Baird is not a novice around diesel locomotives. In 1952 when he was attending the South Dakota School of Mines and Technology, he accepted a summer job with General Electric at their locomotive manufacturing operation in Erie, PA. He and his experienced partner took the newly completed locomotives

from the factory floor, gave them their first checks for operational performance, started them up, and occasionally ran them down the test track at Erie in preparation for delivery to the railroad that ordered them. When Roger and Donna Baird (married for 67 years) decided to move from San Jose to Acacia Creek in 2010, one of their motivators was access to Bay Area Regional Transit (BART) and Capital Corridor trains connecting them to the Amtrak long distance trains so they could easily visit family in Reno and Los Angeles. Overlooked at the time was living so close to the Niles Canyon Railway, a living museum of operating locomotives and rail cars. Finding the vintage railway in the neighborhood was indeed a bonus. And ten years later, chartering a birthday train for a trip through Niles Canyon became a reality.



Newark City Council

July 11, 2019

Presentations and Proclamations:

- Introduction of Jada Chiu as Newark Police Department Community Engagement Manager and Newark Police Department Community Service Officer Terence Lau
- Recognize 2018 Dispatcher of the Year Dawn Paige, the second straight year she has been so honored.
- Commend Saint Edward School Science Fair Team of Catalina Interiano and Johanna Perez. Team's Science Teacher is Yvette Cardenas. The team received the Director's Award for the Most Innovative Alternative Energy Project at the California Science and Engineering Fair in Los Angeles on April 30, 2019.
- Consent Calendar:**
 - Authorize Certification and Indemnification Agreement with County of Alameda
 - Approve lease and maintenance agreements with KBA Docusys for multifunction copier/scanner/printers.
 - Authorize purchase



Recognize 2018 Dispatcher of the Year Dawn Paige, the second straight year she has been so honored.



Saint Edward School Science Fair Team

agreement with Ross Recreation Equipment Co., Inc. for picnic tables, benches and trash containers for Mel Nunes Sportsfield Park and NewBark Dog Park.

- Authorize a Contractual Services Agreement with 3QC,

Inc. for commissioning services for new Civic Center.

- Authorize Contractual Services Agreement with Geocon Consultants, Inc. for new Civic Center.
- Approve agreement with County of Alameda for



Jada Chiu as Newark Police Department Community Engagement Manager and Newark Police Department Community Service Officer Terence Lau

participation in Community Development Block Grant program for FY 2019-2020.

Non-Consent:

- Approve Memorandum of Understanding with: Newark Association of Miscellaneous Employees; Newark Police Association; Newark Police Management Association; Compensation and Benefit Plan for Confidential Employee Group; Compensation and Benefit Plan for City Officials, Management, Supervisory, and Professional Employee Group.
- City Council Matters:**
 - Appoint John Becker to Planning Commission.
 - Congratulate John Becker and recognize the contributions of recently deceased Bernie Nillo.
 - Recognize the success of Fire

Department Pancake Breakfast on July 4th.

- Commend recent negotiations with employee groups resulting in three-year contracts.
- Use of “welcome wagon” technique for new residents
- Oral Communications:**
 - Resident request to consider city internships. City response indicated a current lack of physical space to add interns, but will consider other options.

Mayor Alan Nagy	Aye
Vice Mayor Sucy Collazo	
Absent	
Luis Freitas	Aye
Michael Hannon	Aye
Mike Buccì	Aye

LETTER TO THE EDITOR

Navigation Center will help

A flyer opposing the proposed Decoto homeless navigation center arrived on my porch. Don't these people realize the homeless are already here? Just visit the homeless camp on old Alameda Creek just north of the Mission Lakes neighborhood. It has been there for a few years now, unregulated. It is a health hazard to its residents, a fire hazard to the neighborhood and a crime hazard to all. A regulated center will be a vast improvement to the current chaos. A navigation center will not bring new people in, it will just help manage those who are already here.

David Pellarin
Fremont

LETTER TO THE EDITOR

Another possible Navigation Center location

This is in response to letters regarding the proposed Fremont Navigation Center and “Not In My Back Yard” (NIMBY) responses. There is a place in Fremont that meets all the requirements: where the old City Hall was located on Civic Center Drive, between the police station and main library. I do not know how much land is required, who owns the land, etc., but it is near medical facilities, shopping center, BART and bus connections. I suggest that the City and/or committee for the Navigation Center look at that property as a possibility.

Grace England
Union City

Ohlone to offer cyber defense coursework

SUBMITTED BY TINA VOSSUGH

The National Security Agency (NSA) and the U.S. Department of Homeland Security (DHS) designates Ohlone College as a National Center of Academic Excellence in Cyber Defense Education (CAE-CDE) through academic year 2024. The prestigious CAE-CDE designation places Ohlone College in a select group of two-year, four-year, and postgraduate institutions across the nation.

“Ohlone is excited to offer students a program that meets national cyber security criteria and which will open career opportunities not otherwise available to them,” said Dr. Gari Browning, President and Superintendent of the Ohlone Community College District.

Following a lengthy year-long process, the Ohlone College Computer, Networks, and Emerging Technology (CNET) program was rigorously vetted

and approved by NSA experts. The Computer Science (CS) and CNET departments at Ohlone College will now have the privilege of providing students NSA and DHS-approved certificates in qualifying Cyber Defense programs.

“Ohlone College is the only community college in Northern California to have received this designation as a Center of Academic Excellence in Cyber Defense Education by the NSA,” said Ron Sha, Head of Ohlone's Cybersecurity Program and CNET Department, Professor of Computer Science and CNET.

Ohlone's cyber defense course offerings and certificates include information technology curriculum and certification courses preparing students for work in positions including Network Administrator, Cybersecurity, Cisco Certified Network Associate or Professional, Business Analytics, and Microsoft Certified Systems Administrator or Engineer.

The CNET Department is also an Academy of Cisco Network, VMware Authorized, Palo Alto Network, CompTIA, and Microsoft IT.

“Ohlone's ability to meet the increasing demands of the program criteria will serve the nation well in contributing to the protection of the National Information Infrastructure,” said Karen Leuschner, National CAE Program Manager, NSA.

A formal DHS/NSA ceremony will take place on November 20 in Phoenix, Arizona to formally recognize Ohlone College's designation. Additionally, official letters of notice from DHS/NSA have been sent to California Governor Gavin Newsom, Congressman Ro Khanna, other Members of Congress, and appropriate Congressional Committees.

More information about the Ohlone CS/CNET program is available online at <https://www.ohlonecs.com>.

THE ROBOT REPORT

A team at the University of Cambridge initially trained Vegebot to recognize and harvest iceberg lettuce in the laboratory. It has now been successfully tested in a variety of field conditions in cooperation with G's Growers, a local fruit and vegetable co-operative.

Although the prototype is nowhere near as fast or efficient as a human worker, it demonstrates how the use of robotics in agriculture might be expanded, even for crops like iceberg lettuce which are particularly challenging to harvest mechanically. The researchers published their results in The Journal of Field Robotics.

Crops such as potatoes and wheat have been harvested mechanically at scale for decades, but many other crops have to date resisted automation. Iceberg lettuce is one such crop. Although it is the most common type of lettuce grown in the U.K., iceberg is easily damaged and grows relatively flat to the ground, presenting a challenge for robotic harvesters.

“Every field is different, every lettuce is different,” said co-author Simon Birrell from Cambridge's Department of



Vegebot uses machine vision to identify heads of iceberg lettuce. Credit: University of Cambridge

Engineering. “But if we can make a robotic harvester work with iceberg lettuce, we could also make it work with many other crops.”

“At the moment, harvesting is the only part of the lettuce life cycle that is done manually, and it's very physically demanding,” said co-author Julia Cai, who worked on the computer vision components of the Vegebot while she was an undergraduate student in the lab of Dr. Fumiya Iida.

The Vegebot first identifies the “target” crop within its field of vision, then determines whether a particular lettuce is healthy and ready to be harvested. Finally, it cuts the

lettuce from the rest of the plant without crushing it so that it is “supermarket ready.” Co-author Josie Hughes said, “For a human, the entire process takes a couple of seconds, but it's a really challenging problem for a robot.”

Vegebot designed for lettuce-picking challenge

The Vegebot has two main components: a computer vision system and a cutting system. The overhead camera on the Vegebot takes an image of the lettuce field and first identifies all the lettuces in the image. Then for each lettuce, the robot classifies whether it should be harvested or not. A lettuce might be rejected because it's not yet mature, or it

might have a disease that could spread to other lettuces in the harvest.

The researchers developed and trained a machine learning algorithm on example images of lettuces. Once the Vegebot could recognize healthy lettuce in the lab, the team then trained it in the field, in a variety of weather conditions, on thousands of real lettuce heads.

A second camera on the Vegebot is positioned near the cutting blade and helps ensure a smooth cut. The researchers were also able to adjust the pressure in the robot's gripping arm so that it held the lettuce firmly enough not to drop it, but not so firmly as to crush it. The force of the grip can be adjusted for other crops.

“We wanted to develop approaches that weren't necessarily specific to iceberg lettuce, so that they can be used for other types of above-ground crops,” said Iida, who leads the team behind the research.

In the future, robotic harvesters could help address problems with labor shortages in agriculture. They could also help reduce food waste. At the moment, each field is typically harvested once, and any unripe

vegetables or fruits are discarded.

However, a robotic harvester could be trained to pick only ripe vegetables, and since it could harvest around the clock, it could perform multiple passes on the same field, returning at a later date to harvest the vegetables that were unripe during previous passes.

“We're also collecting lots of data about lettuce, which could be used to improve efficiency, such as which fields have the highest yields,” said Hughes. “We've still got to speed our Vegebot up to the point where it could compete with a human, but we think robots have lots of potential in agri-tech.”

Iida's group at Cambridge is also part of the world's first Centre for Doctoral Training (CDT) in agri-food robotics. In collaboration with researchers at the University of Lincoln and the University of East Anglia, the Cambridge researchers will train the next generation of specialists in robotics and autonomous systems for application in the agri-tech sector. The Engineering and Physical Sciences Research Council (EPSRC) has awarded £6.6 million (\$8.26 million U.S.) for the new CDT, which will support at least 50 Ph.D. students.



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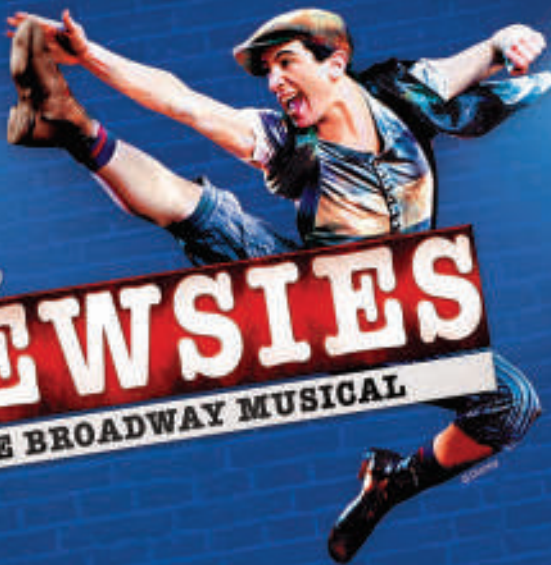
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