

Francesca Battistelli brings 'Own It' tour to town

Page 19



Environmental exhibit explores 'Planet Earth: The Beauty of Life'

Page 16



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April 2, 2019

Vol. 17 No. 14

Take a Scenic Ride with the Primavera Century

SUBMITTED BY JULIE GILSON

Ride the best of the East Bay's scenic roads when Fremont Freewheelers Bicycle Club (FFBC) hosts their annual spring bicycle event. The 46th "Primavera Century" will be held Saturday, April 20 and offers a variety of routes, from a 100 mile "full century" to a family-friendly Fun Ride of 25 miles with "in-between" distances of 85 miles and a "metric century" (100km or 63 miles). With all the extra rain this year, expect a special display of wildflowers!

All distances will start at Mission San Jose High School in Fremont. Helmets are required.

continued on page 11





Celebrating Scottish Deritage

By Madhvika Singh Photos by Victor Carvellas

Pipes, kilts, haggis and all things Scotland are here! Celebrating culture and heritage has a universal spirit to it, and Scottish heritage or not, "Tartan Day Scottish Faire" provides an opportunity to experience and appreciate the vast cultural diversity in the Bay Area. Hosted by the East Bay Scottish Association (EBSA) with the support of the East Bay Regional Park District (EBRPD), Tartan Day at Ardenwood Historic Farm in Fremont is a fun-filled family event.

Tartan Day marks the declaration of Scottish independence from England during the reign of king Edward I. The Declaration of Arbroath was signed in 1320 and was submitted to Pope John XXII. It intended to confirm Scotland's status as an independent, sovereign state, defending Scotland's right to use military action when unjustly attacked.

National Tartan Day started in New York City in 1982 and is observed in the U.S. on April 6th each year. It commemorates the Scottish Declaration of Independence and recognizes contributions and achievements of Scottish Americans. Newark was the first city in California to proclaim April 6th as Tartan Day in 1996. On April 5, 1997, EBSA, previously known as the Tri-Cities Scottish Association of California, celebrated their first Tartan Day Family Gathering at Ardenwood Historic Farm. This event was one of the first large-scale Tartan Day events in the country.

EBSA is an organization that takes pride in celebrating the rich culture of Scotland through events like Tartan Day Scottish Faire. The event on Saturday, April 6 will showcase Scottish dancing, music, historical re-enactments, bagpipes, and handmade crafts. The Highland Games season kicks off that day too. Local Scottish clans and societies will showcase their rich culture and vibrant heritage. Visitors to the faire will be enthralled with a variety of activities such as Vikings' demonstration of their weapons, learning how wool was dyed and spun into fabric, and taking a history trip to Scotland in 16th century to meet Mary, Queen of Scots, and her court.

continued on page 12

INDEX
Arts & Entertainment 21
Bookmobile Schedule 23
Business

Classified 2	5
Community Bulletin Board 3	6
Contact Us2	9
Editorial/Opinion2	9
Home & Garden1	3

It's a date 21
Kid Scoop 18
Mind Twisters 10
Obituary 30
Protective Services 33

 Public Notices
 34

 Real Estate
 15

 Sports
 26

Go Green for Earth Day

Washington Hospital Hosts Fun-filled Educational Event

Want to know how you can improve the environment? Celebrate Earth Day this year by learning how to reduce your footprint at Washington Hospital's free, fun-filled Go Green event that includes educational activities, informational exhibits and booths, games, food and entertainment for the entire family.

Go Green will be held Saturday, April 20, from 11 a.m. to 3 p.m. at the Conrad E. Anderson, MD, Auditorium, 2500 Mowry Ave. (Washington West), in Fremont. The annual Earth Day celebration is open to the entire community and is co-sponsored by the City of Fremont.

"We recognize the critical link between the health of each individual and the health of our environment," said Paul Kelley, Washington Hospital's director of Biomedical Engineering and green initiatives. "It really starts with the Hippocratic oath to do no harm. Pollutants can harm our planet and our health. We need to have a clean, healthy environment so individuals can enjoy better health."



Crafts, information, giveaways, and lots of fun—Earth Day Celebration at Washington West, 2500 Mowry Ave., April 20.

Hands-on Activities

The day will feature a range of educational activities and interactive exhibits where participants can learn about recycling and waste reduction, home energy savings, local sustainability programs,

composting and healthy eating. There are fun activities planned for the kids, including a bike rodeo, face painting, games, and Earth Day art.

While there has been an abundance of rain this year, that's not always the case in California.

This year, the event will include information about ways to reduce water usage. Shreya Ramachandran of The Grey Water Project will be on hand to explain how you can reuse water. The 14-year-old Fremont resident was named a winner of

the 2018 Gloria Barron Prize for Young Heroes, which honors young people from across the U.S. and Canada who have made a significant impact on the environment.

The popular Mobile Climate Science Lab will be back this year. The exhibit offers activities and hands-on demonstrations for people of all ages that show the effects of climate change.

Getting out of your car and onto a bicycle is a great way to reduce your carbon footprint. Bicycle valet parking and free bike tuneups will be available, making it easier to ride your bike to the event.

"We're also excited that the Fremont Police Department will have their Tesla patrol car on display," Kelley added. "It's one of the first electric police cars in the country."

Food Trucks

If you work up an appetite, food trucks will be on-site with a variety of dining options, including Rita's frozen custard and chicken and waffles. Those

continued on page 5

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

Washington Hospital website, www.whhs.com

Diabetes and Your Heart

Prevention

The full schedule of InHealth programs listed below can also be viewed in real time on the





A Washington Hospital Channel

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	4/2/19	4/2/19 4/3/19		4/5/19	4/6/19	4/7/19	4/8/19	
00 PM 00 AM	Diabetes Matters: Reading Food Labels: The Latest Updates		Sports Medicine Program: Big Changes in Concussion Care: What You Don't Know Can Hurt You		Mental Health Education Series:			
30 PM 30 AM	Aortic Valve Disease: Treatment Options Including TAVR	Mental Health Education Series: Crisis Intervention	Deep Venous	- Education Series: Mental Wellness	Understanding Mood Disorders		Palliative Care Series: How Can This Help Me	
O PM O AM	Family Caregiver Series: Legal & Financial Affairs		Thrombosis	Preventive Screenings: When and Why are They Important?	Strategies to Reduce	Washington Township Health Care District Board Meeting		
O PM O AM	Chronic Kidney Disease: FAQ		Nerve Compression		the Risk of Cancer Recurrence	March 13, 2019	Solutions for	
O PM O AM	Updated Treatments	Mental Health Education Series:	Disorders of the Arm				Weight Management	
0 PM 0 AM	for Knee Pain & Arthritis	Anxiety Disorders		Washington Township Health Care District Board Meeting	Relieving Back Pain: Know Your Options	11th Annual Women's		
D PM D AM		Caregiver Series: Securing Care Preferences Through AHCD		March 13, 2019		Health Conference: Patient's Playbook	Respiratory Health	
0 PM 0 AM	Shingles	Minimally Invasive	- Washington Township Health Care District Board Meeting		Skin Health: Skin Cancer & Fountain of Youth		Not A Superficial Problem: Varicose	
00 PM 00 AM	The Patient's Playbook Community Forum:	Surgery for Lower Back Disorders	March 13, 2019	Reach Your Goal: Quit Smoking	Sports Medicine Program: Nutrition & Athletic	Hepatitis B and Liver Cancer: Prevention and Treatment	Veins & Chronic Venous Disease	
0 PM 0 AM	Getting to the No-Mistake Zone	Strengthen Your Back! Learn to Improve			Performance	and freatment	Good Fats vs. Bad Fats	
O PM O AM	Pain When You Walk?	Your Back Fitness	Diabetes Matters: Latin Foods	Sports Medicine Program: Youth Sports Injuries	Latest Treatments for Cerebral Aneurysms	Diabetes Matters: Diabetes: Is There an App for That?	Good rats vs. bad rats	
O PM	It Could Be PVD	Family Caregiver Series: Advance Health Care Planning & POLST	Family Caregiver Series: Understanding Healthcare Benefits		Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women	Inside Washington Hospital: Rapid Detection of MRSA	Diabetes Matters: Gastroparesis	
O PM O AM		Family Caregiver Series: Managing Family Dynamics in Caregiving	Diabetes Matters: Diabetes & Eyes	Digestive Health: What You Need	Cognitive Assessment As You Age	Caregiver Series: Caring for Someone with Dementia or Other Medical-Related Memory Loss	Keeping Your Heart	
SO PM SO AM	Washington Township	Hip Pain and Arthritis: Evaluation & Treatment	Family Caregiver Series: Hospice & Palliative Care	to Know	Voices InHealth:	Women's Health Conference: Reclaiming	on the Right Beat	
0 PM 0 AM	Health Care District Board Meeting March 13, 2019	Palliative Care Series: Palliative Care	Mental Health	Family Caregiver Series: Nutrition for the Caregiver	Bras for Body & Soul	Your Confidence	Washington Township	
0 PM 0 AM		Demystified	Mental Health Education Series: Understanding Psychotic Disorders	Learn If You Are		Diabetes Health Fair:		
OO PM OO AM			1 sychotic Disorders	at Risk for Liver Disease	- Washington Township	Eat 4 Diabetes Care	Health Care District Board Meeting March 13, 2019	
O PM O AM	Family Caregiver Series: Medication Safety	- Washington Township	Surgical Treatment of Obstructive	Vitamins & Supplements:	Health Care District Board Meeting March 13, 2019	Family Caregiver Series: Care for the Caregiver	Willett 13, 2017	
00 PM 00 AM	Strategies to Help Lower Your Cholesterol and	Health Care District Board Meeting	Sleep Apnea	How Useful Are They?	Wini (11 13, 2017	Inside Washington Hospital: Advanced Treatment of Aneurysms		
O PM O AM	Blood Pressure	March 13, 2019	Diabetes Matters: Filipino Food	Family Caregiver Series: Loss, Grief & Recovery		Diabetes Matters:	Family Caregiver Series	
00 PM 00 AM	Family Caregiver Series: Fatigue and Depression		Made Healthy		Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Living with Diabetes	Panel Discussion	
30 PM 30 AM	Peripheral Vascular	Family Caregiver Series: How Do You Talk to Your Doctor?		Palliative Care Series: Interfaith Discussions on End of Life Topics	Learn More About	Voices InHealth:		
00 PM 00 AM	Disease	History of Washington Hospital, 60 Years Strong	Weight Management: Stopping the Madness	,	Kidney Disease	Healthy Pregnancy	Symptoms of Thyroid Problems	
30 PM 30 AM	Diabetes Matters: Diabetes and Your Heart	Balance & Falls Prevention	1	Inside Washington Hospital: Implementing the Lean	Citizens' Bond Oversight Committee Meeting	Diabetes Matters: Straight Talk About		

Management System

February 2, 2019

Diabetes Medications

Local Sports Medicine Physician Cares for March Madness Players

As basketball fans across the nation are enthralled with March Madness, a Fremont physician plays an important role in the tournament—from a seat behind the players' bench.

Russell Nord, MD, medical director of Sports Medicine for Washington Hospital, served as one of two conference physicians for the West Coast Conference Men's and Women's NCAA Basketball Championships for the eighth consecutive year.

March Madness is far from Dr. Nord's first experience treating high-level athletes. He served as team physician for the Stanford football team while completing his fellowship in sports medicine at the university and also provided orthopedic care for the San Francisco 49ers.

Dr. Nord enjoys the excitement of high-level

athletics and the spirit of good sportsmanship that typically accompanies the competitions. "In high-level sports, the coaches, athletic trainers and players have respect for each other, even when they're opponents," he explains. As for his years working at March Madness, he describes a camaraderie among all those who care for the players. "It's a very nice dynamic that has developed over the years—the coaches, trainers, doctors (orthopedic and primary care physicians) have become friendly acquaintances. We're all rowing in the same direction; we all want to take care of the players. It's a very collegial atmosphere."

Dr. Nord explains that even when a player on the opposite team is hurt, if necessary, all medical personnel take immediate action to help



During a March Madness game, Dr. Russell Nord lends his expertise to assess an injured player.

them, regardless of their team affiliation. "When someone gets hurt, everyone jumps in to assist," he notes.

As an orthopedic surgeon, Dr. Nord takes primary responsibility for athletes who didn't travel with their own team physicians. In addition, he is often called upon to confer with team physicians and give his insights from an orthopedic perspective. "I frequently lend a hand if one of the teams doesn't specifically have an orthopedic physician at the game. Even if

they do, it can sometimes be helpful to have two sets of hands available," he says.

Dr. Nord says there is a strong connection between college-level sports and high school athletics. Washington Hospital sponsors athletic trainers at several local high schools in the Tri-City Area. "We have the same sorts of discussions with the athletic trainers at high school games as at the college level. Do we take the player out of the game? Do we send him or her to the clinic or for X-rays? The

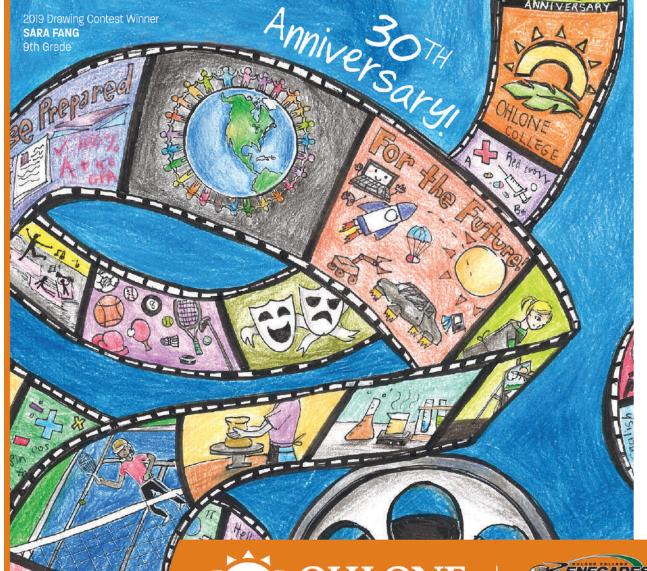
decisions, the calculus we use, are driven by the same general principles," he says. "It's all about keeping players safe, acknowledging when they need to sit out due to injury while also ensuring that they aren't excluded from play unnecessarily. In the end, that's how we keep our young athletes in the game."

To learn more about Dr. Nord and the Washington Sports
Medicine Program, visit
www.whhs.com/Sports.



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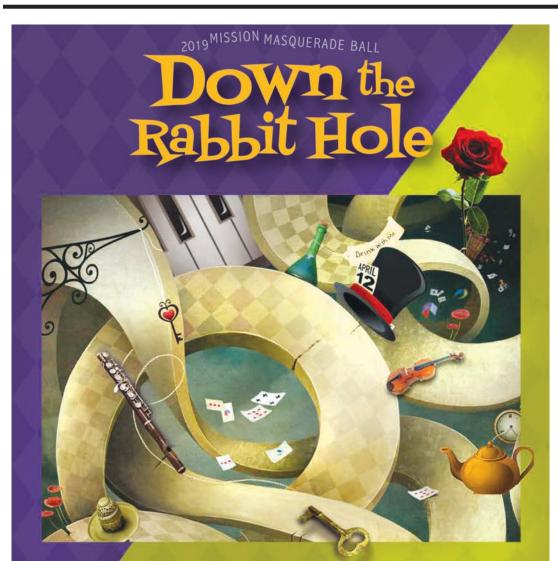


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SUBMITTED BY VICKILYN HUSSEY

Music at the Mission salutes Tri-City champions of the arts and culture David Bonaccorsi and Gael Stewart at the Music at the Mission Masquerade Ball "Down the Rabbit Hole" on Friday, April 12. This evening of memorable entertainment, auction prizes, a Wonderland Dinner and Hare-Raising Surprises will support Music at the Mission's season of bold, world-class classical music performances, music education, engaging community outreach programs, and ChamberFest, the summer chamber music festival for promising young musicians.

"This year, we are proud to honor David Bonaccorsi with the Music at the Mission Cultural Arts Recognition Award for his public service and devotion to the arts in our local community," said Aileen Chanco, Artistic and Executive Director of Music at the Mission. "David is passionate about classical music, as evidenced by his service on the Board of the Fremont Symphony, education, and the City of Fremont. He has generously invested his time and experience in Music at the Mission as a member of our Board of Directors." Bonaccorsi has rocked the house as emcee of the Music at the Mission Masquerade Ball for the past five years.

"On the personal side, it's also Dave's persistence as a voice for local arts within government, as well as connecting those arts organizations with other non-profits in the community. He has always been on the same wavelength as us as far as the importance of having arts in the local community and has worked to make that happen both in public and behind the scenes," according to Bill Everett, Music at the Mission Artistic Director.

Gael Stewart is being recognized as Volunteer of the Year for "her extraordinary volunteer work with Music at the Mission and supporting the growth of a thriving performing arts culture in our community." She began her philanthropic career in San Jose as president and executive director of San Jose Dance Theater, Ballet

Company and School reigniting dance and theater in San Jose through her ingenuity and fundraising efforts.

"Gael's involvement with Music at the Mission dates back ten years, to when she started volunteering on the Masquerade Ball. To say she made our main fundraising event what it is today is an understatement." Everett described her work on the Ball. Salon Series, concert receptions and fundraising campaigns as integral to the organization growth, "making what we do possible." "Much like Dave, she sees the need for arts in the local community, and she's worked tirelessly to make that happen."

"Fremont has benefited greatly from her creativity and unflagging support of the arts and culture, and many other philanthropic endeavors, and we are very lucky to have enjoyed her support on the Board of Directors and as our Director of Development for over nine years. And who could be better as a Co-Chair of the Mission Masquerade Ball?" asked Chanco, rhetorically. "No one throws a party like Gael!" Anyone who has attended a Music at the Mission Salon Series concert or a post-concert party at Mission Coffee can attest to that.

Down the Rabbit Hole entertainment promises to continue Music at the Mission's "Outside the Box" tradition. The Masquerade Ball always opens with something wildly unique; at last year's sold-out event it was The Pirates Charles. This year, the Music at the Mission Chamber Players begin the evening in a collaboration with Cyr Wheel Dancer Jessica Anderson-Gwin, a national award-winning aerial artist and vertical dance virtuoso. Anderson-Gwin will be performing to a sizzling tango "Escualo" by the masterful

Piazzolla, and a soulful quartet arrangement of Cindy Lauper's "True Colors" by Steve Huber.
The Ledge Trio makes a special appearance with "Malambo" by Miguel del Aguila, a celebration of the traditional gaucho dance that should inspire everyone to dance later in the evening.

The 2019 Mission Masquerade Ball organizing committee is led by Co-Chairs Christina Valdez and Carmela Waugh, President of the Music at the Mission Board of Directors. Harriet Whitney, Beth Wong, Len Gasiorek, Dan Waugh, Rhonda Bradetich, and Katherine Lee are the committee members. They invite you to join them for a gourmet three-course dinner with delicious entrée choices, live music, creative masks, dancing, costumes, auctions and more! Dress is formal or Alice in Wonderland-inspired costume.

Ask yourself, "What would Alice and the Mad Hatter do?" They'd invite all their friends to share a table or two! Down the Rabbit Hole details, table reservations and individual tickets are available at https://2019missionmasqueradeball.brownpapertickets.com/. The deadline for reservations is April 9.

The 2019 Mission Masquerade Ball is sponsored by Fremont Bank (Gold Sponsor), Robson Homes (Sapphire Sponsor) and Dutra Enterprises (Ruby Sponsor).

MAM Masquerade Ball:
Down the Rabbit Hole
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www.musicatmsj.org
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continued from page 2

Go Green for Earth Dau

Washington Hospital Hosts Fun-filled Educational Event

who sign up for the Bay Area Air Quality Management District's Spare the Air Program will get free chicken and waffles. Spare the Air can help you find ways to avoid driving alone to work, including carpooling and apps that get you out of your car.

You can learn more about your impact on the environment by playing an interactive Jeopardy-style game at

Washington Hospital's booth. The Hospital will also provide information about its green initiatives, as well as tips on healthy eating and food samples.

"We are always looking for ways to reduce our environmental impact at Washington Hospital," Kelley explained. "We have received several awards from Practice Greenhealth over the years, the nation's leading organization dedicated to environmental sustainability in health care."

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"Protecting the environment also means being careful how you dispose of certain items," Kelley added. "We don't want discarded medications to end up in the landfill or flushed down the toilet."

You can drop off unused and unwanted medications, used syringes and needles (in approved containers), and mercury thermometers at the Go Green event. In addition, document shredding will be provided so you can get rid of old confidential documents. If you have eyeglasses you don't need, organizers will be collecting those as well. They will be donated to the Lions Club Recycle for Sight program,

which helps prevent blindness and restore eyesight around the

ReCARES will also be on hand this year to provide information about getting rid of used medical equipment. The organization collects and redistributes donations of clean, gently used medical equipment and unused home health care

For more information about the Go Green Earth Day event, or Washington Hospital's green initiatives, visit www.whhs.com/green.



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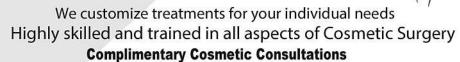
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Kaiser Permanente workers eager to resume negotiations

SUBMITTED BY ROBERT J. HADLEY

More than 85,000 healthcare workers across the U.S. are mobilizing as contract negotiations get under way with Kaiser Permanente, after the healthcare giant recently agreed to drop a ban on employees' speaking out on patient care issues and engaging in political activity as a condition to start bargaining. Coalition of Kaiser Permanente Union (CKPU) workers from across the country are eager to resume contract negotiations.

"We are eager to continue our partnership with Kaiser Permanente to strengthen patient care at its facilities throughout the country, but not under the conditions they demanded that would have put patients and caregivers at risk," said Tamara R.Rubyn, secretary treasurer of the Coalition of Kaiser Permanente Unions. "We're thankful to have resolved this impasse and look forward to resuming negotiations and ultimately securing a new national agreement for Kaiser workers."

Bargaining sessions will be held April 17 through April 19 between the company and the Coalition of Kaiser Permanente Unions, which comprises 11 labor unions in California, Oregon, Washington, Colorado, Hawaii, Virginia, Maryland and the District of Columbia. The coalition's national agreement with Kaiser Permanente expired Sept. 30, 2018.

The coalition filed a complaint in May 2018 with the National Labor Relations Board over Kaiser's refusal to bargain. Workers said that Kaiser's proposed ban on employees speaking out about patient care issues or taking action against the company through ballot initiatives, legislation or other public campaigns, violated federal law. The board issued charges against Kaiser, and a hearing on the complaint is scheduled for April 22.

Shape Our Fremont

DEVELOPERS TARGET MISSION SAN JOSE

The list of developers who want to build more houses in the heart of Mission San Jose is growing larger, and so is the number of houses. At the last count, there are four proposals to add 324 new housing units in the Town Center. These units would range from apartments to custom homes in two-, three-, and even four-story buildings – all within a few hundred yards of the historic Mission.

Four Proposals

The largest proposal is from Ohlone College, which has signed a 99-year land lease with SteelWave LLC to build 275 two-story rental apartment/townhouse units and 6,500 square feet of commercial space across the frontage on Mission Boulevard. As the first step, the college has submitted a General Plan Amendment Screening Request asking Fremont to consider changing the land use designation from Public Facility to a mix of Residential and Commercial. The Fremont Planning Commission has deferred hearing that request until an independent Mission San Jose Commercial Study is complete and has been presented in May. In the meantime, residents are encouraged to email their comments on the Ohlone Frontage proposal to City Staff Planner Bill Roth at broth@fremont.gov.

The second proposal is Mission Paradise from Green Globe, which wants to build a mixed-use project with 14 townhouses, six flats, and 5,470 square feet of commercial space in several three-story buildings on the southwest corner of Washington Boulevard and Ellsworth Street. All the existing buildings on the site would be demolished. This proposal has gone through a Preliminary Review Procedure by the Fremont Planning Department and is now going through a more detailed review as a Formal Application. Public input is welcome. To express your comments and questions about the Mission Paradise proposal, email City Staff Planner Mark Hungerford at mhungerford@fremont.gov.

The third proposal is Ellsworth Villas from WRD Green Inc, which recently submitted a request to build 18 townhouses, five flats, and 3,465 square feet of commercial space in several three- and four-story buildings on the property occupied by the vacant McIvors Hardware store on Ellsworth Street. The store and parking lots would be demolished, but the two existing properties on Mission Boulevard would remain, as would the open plaza area between them. This proposal is currently undergoing a preliminary review procedure by the Fremont Planning Department, and public input is welcome. To express your comments and questions about the Ellsworth Villas proposal, email City Staff Planner Terry Wong at twong@fremont.gov.

Finally, the smallest of the four proposals would subdivide several parcels on Witherley Lane into eight lots. Two existing houses would remain on a portion of their lots, and the remainder of the land would be divided to form six additional lots for custom single-family homes. This proposal has undergone a preliminary review procedure. Public input is still welcome. To express your comments and questions about the Wang Lot Subdivision proposal, email City Staff Planner Mark Hungerford at mhungerford@fremont.gov.

Get Involved

Before any of these proposals are presented for a final decision, Fremont residents need to get involved. Will more homes mean more benefits to the community or will they just mean more problems? What will the impact be on traffic, schools, businesses, and the quality of life in the area? Are mixed-use projects, with a little commercial space surrounded by a lot of residential space, an appropriate fit for the Mission San Jose business district? And do three- and four-story townhouses belong anywhere in the Mission San Jose Historic Overlay District?

Residents often have unique experiences and perspectives that apply to specific developments, and their comments are every bit as valuable in the decision process as those from professional consultants and staff. Individual emails on each separate proposal are the most effective way to communicate comments and concerns. All correspondence will be forwarded to the Planning Commission and City Council to consider in making their decisions. To learn more about these proposals and other housing developments in Fremont, visit www.ShapeOurFremont.com.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Facebook extends ban on hate speech to 'white nationalists'

By Barbara Ortutay **AP TECHNOLOGY WRITER**

Facebook is extending its ban on hate speech to prohibit the promotion and support of white nationalism and white separatism.

The company previously allowed such material even though it has long banned white supremacists. The social network said Wednesday that it didn't apply the ban previously to expressions of white nationalism because it linked such expressions with broader concepts of nationalism and separatism – such as American pride or Basque separatism (which are still allowed).

But civil rights groups and academics called this view "misguided" and have long pressured the company to change its stance. Facebook said it concluded after months of "conversations" with them that white nationalism and separatism cannot be meaningfully separated from white supremacy and organized hate groups.

Critics have "raised these issues to the highest levels at Facebook (and held) a number of working meetings with their staff as we've tried to get them to the right place," said Kristen Clarke, president and executive director of the Lawyers' Committee for Civil Rights Under Law, a Washington, D.C.-based legal advocacy group.

"This is long overdue as the country continues to deal with the grip of hate and the increase in violent white supremacy," she said. "We need the tech sector to do its part to combat these efforts."

Though Facebook said it has been working on the change for three months, it comes less than two weeks after Facebook received widespread criticism after the suspect in shootings at two New Zealand mosques that killed

49 people was able to broadcast the massacre on live video on Facebook.

As part of the change, people who search for terms associated with white supremacy will be directed to a group called Life After Hate, which was founded by former extremists who want to help people leave the violent far-right.

Clarke called the idea that white supremacism is different than white nationalism or white separatism a misguided "distinction without a difference."

She said the New Zealand attack was a "powerful reminder about why we need the tech sector to do more to stamp out the conduct and activity of violent white supremacists."

Associated Press Writer Michael Kunzelman in College Park, Maryland, contributed to this story.

'Amélie The Musical



SUBMITTED BY AMERICAN HIGH SCHOOL **PERFORMING ARTS** PHOTOS BY KEERIT NIJJAR

American High School Performing Arts presents "Amélie The Musical," opening Thursday, April 4.

"Amélie" is a new musical based on the beloved five-time Oscar-nominated film. Amélie is an extraordinary young woman who lives quietly in the world, but loudly in her mind. She covertly improvises small, but surprising acts of kindness that bring joy to those around her. But when a chance at love comes her way, Amélie realizes that to find happiness she'll have to risk everything and say what's in her heart. Come be inspired by this imaginative dreamer who finds her voice, discovers the power of connection and sees possibility around every corner. In these uncertain times, Amélie is someone to believe in.

Directed by Troy River, "Amélie" stars Devin Hill, Sebastian Woodson, Andrew Chen, Emma Thomas, Carl Fulton, Mingyu Wy, Richa Marathe, Jamilla Ebuen, Laura Baluyut, Leonard Sun, Subhon Ghosh, Ryan Tsai, Jovian Chang, and Maylee Tran, with Kaitlin Cruey, Antara Baruah, Dora Sheade, Daniel Chiu, Jay Kochhar, Gian Ordona, Alisa Tsang, and Anusha Nayak.

Choreography is by Antara Baruah with musical direction by Richard Wong.

Amélie The Musical Thursday, Apr 4 – Saturday, Apr 13 7 p.m., Sunday matinee at 2 p.m., Apr 4 at 4 p.m. American High School Theatre 70 36300 Fremont Blvd, Fremont (510) 796-1776 x 57702 www.ahs-fusd-ca.schoolloop.com www.facebook.com/events/2274650456086877/ Tickets: \$12 general admission, \$10 students/seniors



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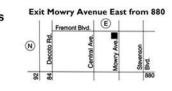




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BUSINESS

California Supreme Court justice blasts death penalty system

By Sudhin Thanawala Associated Press

The death penalty system in the nation's most populous state is dysfunctional and expensive, and a ballot measure approved by voters to speed up executions will not make it "workable," a California Supreme Court justice said Thursday in an unusual

Associate Justice Goodwin Liu made the comments after joining the rest of the court to unanimously uphold the death sentence of Thomas Potts, who was convicted of killing an elderly couple in 1997.

But Liu wrote separately to express his concerns about the state of the death penalty system in California and Proposition 66, a 2016 ballot measure that aimed to remove regulatory hurdles to executions.

The measure, however, did not enact the "key reforms that leading authorities consider fundamental to a workable death penalty system," Liu wrote in the opinion, which Associate Justice Mariano Florentino-Cuellar joined. Former Democratic Gov. Jerry Brown appointed both justices.

The measure did not reduce the back up of death penalty appeals at the state Supreme Court or provide additional resources to provide inmates with qualified attorneys or allow courts to expedite capital cases, Liu said.

"In these respects, Proposition 66 promised more than the system can deliver," he said.

He later added that "the promise of justice in our death penalty system is a promise that California has been unable to keep. We are overdue for what our Chief Justice has called 'a merit-based discussion on (the death penalty's) effectiveness and costs."

The opinion comes two weeks after Gov. Gavin Newsom placed a moratorium on capital punishment in the state, which hasn't executed anyone since 2006.

Newsom called the death penalty a failure that "has discriminated against defendants who are mentally ill, black and brown, or can't afford expensive legal representation." He also said innocent people have been wrongly convicted and sometimes put to death.

California has the nation's largest death row with nearly 750 inmates. Only 13 have been executed since 1978. Currently, condemned inmates are more likely to die of old age during decades of appeals.

Golden Gate Bridge toll to cost nearly \$10 by 2023

AP WIRE SERVICE

A trip across the Golden Gate Bridge is about to get more expensive.

The Press Democrat reports Golden Gate Bridge officials voted Friday to raise tolls up to \$9.75 by 2023.

The first increase will come in July when a trip from the North Bay from San Francisco will rise from \$7 to \$7.35.

The toll hikes are expected to raise an estimated \$100 million over five years and help transportation officials buy another ferry boat to meet growing demand and add service

between Larkspur and San Francisco.

According to the California Department of Transportation, the 1.7-mile bridge sees a daily average of between 112,000 and 119,000 motorists each day.

Information from: The Santa Rosa Press Democrat, http://www.pressdemocrat.com

Digital scrapbooking site Pinterest files for IPO

By Rachel Lerman and Barbara Ortutay AP Technology Writers

Pinterest is pinning its future on Wall Street, with the digital scrapbooking site on Friday filing for an initial public offering of stock.

It follows a similar filing with securities regulators earlier this month by ride-hailing company Lyft in what is shaping up to be a busy season for technology IPOs. Also expected to sell stock to the public in the coming weeks: Lyft rival Uber and messaging app Slack.

Pinterest said in its filing that it intends to list itself on the New York Stock Exchange using the ticker symbol "PINS." The company hasn't yet said how many shares it's selling in the IPO or how much money it intends to raise.

The San Francisco-based company had revenue of \$756 million last year, a 60 percent bump from 2017. It had a loss of \$63 million last year, compared to a loss of \$130 million in 2017.

Pinterest allows people to search for and "pin" images as inspiration for fashion, interior design, travel and more.

The company said it has more than 250 million users each month, and users have saved more than 175 billion pins since the site was launched.

Pinterest has raised nearly \$1.5 billion in the private markets, and was last valued at \$12.3 billion in 2017, according to PitchBook Data.

Pinterest has long shunned being labeled a social network. Because of that, it doesn't push users to add friends or build connections. It also means it's been able to avoid problems of its larger rivals like Facebook.

But despite the lack of friend networks, many advertisers likely still consider Pinterest to be part of their "social" budgets, said eMarketer analyst Andrew Lipsman, meaning it competes in part with Facebook, Snapchat and others.

Pinterest makes advertising revenue when businesses promote pins in users' feeds. Pinterest has the potential to be more valuable than most digital media to advertisers, Lipsman said, because it has direct information about what a user wants.

It's all clear in the search – if a user is searching for new floor lamps or diamond rings, there's a decent chance they want to buy those things.

"Visual search has a much bigger impact in terms of driving desire," Lipsman said.

Pinterest was founded in 2010 by Ben Silbermann and Evan Sharp, who still serve as CEO and chief product officer, respectively.

The company has been working on developing its artificial intelligence search, which allows people to take a photo or upload a screenshot of an item and find similar products on Pinterest.

Like many other tech companies, including Facebook and Google, Pinterest will create two classes of stock – one that will give the holder one vote per share, and another that will get 20 votes per share. Shares held by executives and board members will be converted into shares of the second, more powerful, class. Pinterest's filing did not break down the percentage of ownership.

California sells \$600M in bonds for high-speed rail project

By Kathleen Ronayne, Associated Press

California sold \$600 million in bonds Tuesday to help pay for its high-speed rail project even as lawmakers and Gov. Gavin Newsom acknowledge challenges to completing the line between Los Angeles and San Francisco.

The bond money is a key source of funding for the troubled project, which has been beset by cost overruns and delays. Voters approved \$10 billion in bonds in 2008 and the state routinely sells them. The entire project is estimated to cost \$77 billion.

"Today's funding announcement is a continued sign of progress to keep our transformative high-speed rail initiative moving forward in California,"

Democratic Sen. Jim Beall of San Jose said in a statement.

Wells Fargo and Jefferies, LLC, purchased the bonds, state Treasurer Fiona Ma said. The bond sale came ahead of a Senate hearing about how the state should move forward. It was the first public hearing since Newsom signaled changes to the project. But his administration provided few new details, saying those would come in an update to the Legislature on May 1.

"Let there be no doubt, (Newsom) supports high-speed rail in California," said Lenny Mendonca, the governor's appointee to lead the board overseeing the project.

Newsom in his state of state speech said there wasn't a path for the project as planned and said he will instead focus immediately on completing and expanding a line through the Central Valley, adding about 50 miles (80 kilometers) of track to a line already under construction rather than going west toward the San Francisco

But he also said he'd continue environmental work on the full line and seek private money to eventually build the full train. Lawmakers said they're still seeking clarity on Newsom's vision for the project.

The project's funding challenges were at the center of Tuesday's hearing.

Beyond bonds, the project gets money from the federal government and the state's cap and trade program, which raises money through credits to emit carbon. The Trump administration recently threatened to withhold or rescind roughly \$3.5 billion in federal money, a move that would put the project further in jeopardy.

The state would need at least \$50 billion more to meet the funding plan.

"The inspiring vision of high-speed rail, replete with dramatic pictures of speeding gold and blue trains but presented in advance of a credible financing plan is now meeting reality," said Lou Thompson, head of a peer review group. "Action by the Legislature is badly needed."

Thompson and Helen Kerstein of the Legislative Analyst's Office said lawmakers need to decide if they'll provide more money or change the project, potentially by finishing the high-speed line in the Central Valley and connecting it to Los Angeles and San Francisco using existing train and commuter services.

Senators also said the high-speed rail authority hasn't been spending money or building as fast as it needs to ahead of 2022 deadlines.

Construction slowed down through the winter months amid rain, but an uptick is expected soon, said Joe Hedges, the chief operating officer of the project.

Hedges and other rail officials said the federal government has also slowed down progress because it has not completed required environmental reviews.

California may toughen immunization rules to block measles

By Don Thompson Associated Press

California may give state public health officials instead of local doctors the power to decide which children shouldn't be vaccinated before attending school.

The legislation announced Tuesday would also let state and county health officials revoke medical exemptions granted by doctors if they are found to be fraudulent or contradict federal immunization standards.

They say the legislation is needed to crack down on a few unscrupulous

doctors who are helping parents avoid vaccinating their children.

The proposal comes amid measles outbreaks in New York, Washington and elsewhere.

Several upset parents say the measure isn't needed because California's immunization rate already is high.

California eliminated non-medical immunization exemptions in 2016. The lawmakers want California to now follow West Virginia's lead in having public health officials decide who qualifies for medical exemptions.

Apple's foray into video shows limits to tech growth

By MATT O'BRIEN AP TECHNOLOGY WRITER

Apple's latest move into streaming video illustrates an escalating trend: Tech's biggest companies, faced with limits to their growth, are encroaching on each other's turf.

Apple is taking on Netflix.
Facebook is edging into Amazon's sphere with its e-commerce plans.
Google, which has already challenged Amazon and Microsoft in cloud computing, is launching an online game service that could undercut the lucrative game-console business at Microsoft and Sony.

Apple, which is also launching a gaming service and introducing its own credit card, may be veering the most outside its comfort zone, technology industry analyst Rob Enderle said.

"This is an awful lot of breadth really quickly for a company that hasn't been known for being great at breadth," Enderle said. "This is much more diversity than Apple's ever had."

Before, when the company's product suite grew too varied, "what Steve Jobs did with Apple was, he made the company focus," Enderle said.

Enderle said.

These are different times,
however, and Apple may have

decided that it doesn't have much choice amid declining sales of its premier product, the iPhone.

"They have kind of bled the device market dry," said Sally Edgar, of UK-based technology consultancy Waterstons. "Companies will increasingly be about subscription services. I think they have to do it to survive."

Tech companies, of course, have explored new markets and fought turf battles over them for years.

Facebook and Google have long scrapped over digital ads. Google and Amazon are battling it out over voice assistants in the home. Google and Microsoft have competing search engines. And Apple and Google have waged an epic smartphone battle for roughly a decade.

But longtime tech industry analyst Tim Bajarin sees new urgency in the latest push into streaming services and other businesses that bring in continuous flows of money – not just when consumers make big investments in new phones or other hardware.

"It's just becoming clearer today that the only way a company is going to grow is by adding a recurring revenue model," Bajarin said. "Apple is becoming an aggregator of content. They now have multiple services that will help them grow their bottom line."

Enderle said Apple is still in the "honeymoon phase" after a Monday announcement at its Cupertino, California, headquarters. Apple brought out new A-list entertainment partners such as Oprah Winfrey and Steven Spielberg and video game partners such as the creators of "SimCity" and the "Final Fantasy" series. What happens next may be harder for the company to manage.

"It always looks great on the front end and then you have to execute," he said.



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State of the City 2019: Embracing Balanced **Growth and Building a Community for Al**

TAKES FROM SILICON VALLEY EAST

> By Fremont MAYOR LILY MEI

2018 was a year of historic significance for the City of Fremont and its residents: we converted our council elections from at-large voting to a district-based system last November and welcomed some talented, fresh faces to the city management team, including our new City Manager Mark Danaj and Community Development Director Dan Schoenholz, who are ready to continue Fremont's long legacy of great leadership.

With a new council and city manager on board, we agreed upon a shared vision of three key focus areas for Fremont this year: housing, traffic congestion, and neighborhood commercial districts and businesses. These priorities, which are in line with results from our community survey (www.fremont.gov/communitysurvey) conducted last June, will translate to tangible actions, including the creation of new development guidelines, the implementation of innovative transportation solutions, and increased support for our businesses.

As the number of jobs has risen in the past few years, Fremont has been striving to maintain the healthy balance between housing and jobs. In fact, Fremont has accomplished a record-breaking year in terms of increasing the availability of affordable housing, for example:

- We built more units than ever before at project sites such as Stevenson Terrace, Innovia, and Central Commons.
- Additional funding has been approved for the construction of City Center Apartments, which will provide supportive housing for low-income households, including several units set aside for veterans and people with mental disabilities.
- Along with housing needs, traffic and safety are key issues for our city. The council and staff are working on delivering infrastructure projects and securing additional funding to address those concerns. Part of our strategic approach includes:
 - The Mobility Action Plan

(www.Fremont.gov/MobilityActionPlan), which includes an accompanying checklist of focused areas and projects (www.Fremont.gov/3342/Action-Agenda-Check-List), has been adopted with a goal to improve our local and regional transportation systems.

• We've budgeted and are on track to modernize 40 percent of our traffic signals with new hardware and software, allowing more efficient traffic flow, faster response times for emergency vehicles, better detection for bicyclists, and a battery backup system to ensure uninterrupted power. We'll be looking for funding sources to complete the city's network.

As we work to implement creative solutions to housing and traffic, we'll also be focusing on neighborhoods of character and look forward to working with our historic commercial districts, small businesses, and community partners. Here are a few highlights:

- A workshop was held to provide an overview of the city's General Plan and how it applies to the Irvington District.
- We will help facilitate a new elementary school at Centerville Community Park, as well as build two new city parks within the next four years.
- This year, the Alameda County Small Business Development Center Headquarters will move from Oakland to Ohlone College. Resources for the small business community in Fremont will continue to become more accessible with this move and through our efforts working with the Fremont Chamber of Commerce and historic districts.

Meanwhile, innovation is in our DNA, and Fremont's long-standing leadership in advanced manufacturing is at the foundation. Fremont's largest growth sector continues to be biotechnology, with most Fremont's biomedical companies manufacturing here. To name a couple:

- U.K.-based Orchard Therapeutics is building a gene therapy manufacturing operation in Warm Springs.
- We welcomed dozens of new biomedical startups last year, including PrinterPrezz.

As Fremont continues to act to reduce the effects of climate

change, I'm very proud of our continued bold climate leadership. Here are some of our new initiatives:

- Fremont is one of the first cities in the region to adopt a new goal to align local policies with the state's ambitious target of carbon neutrality by 2045.
- The city welcomed a new, sustainable electricity provider, East Bay Community Energy, and passed the Solar Preservation Ordinance.

We recognize the importance and impact that people and organizations we serve have on our city. We have been working hard to preserve this view with actions such as:

- We made strides in providing homelessness resources and services in our city by participating in the second biennial Alameda County homeless count, expanding our warming center to a winter relief shelter, and launching a new mobile hygiene unit called "Fresh Start."
- The groundbreaking of a new senior center in Warm Springs is anticipated this summer as a space that will offer services for older adults to continue making Fremont an age-friendly city.
- The Fire Department has been focusing on recruiting talent from under-represented and economically-disadvantaged groups. To spark young women's interest in fire service, the Department opened its training center to NorCal Women in the Fire Service for its inaugural NorCal First Alarm Girls Fire Camp last fall.

Additionally, I would like to congratulate the Fremont Police Department for its well-deserved honor of the Annual Chairman's Award by the Fremont Chamber of Commerce. I agree whole-heartedly with Chamber Chairman Ken Ariathurai's remarks, "At the heart of a successful and thriving community is the sense of security and safety for both citizens and business alike." We are fortunate to have an engaged police force, which fosters a unifying and respectful presence in the Fremont community.

Last but not the least, I want to thank our gracious host - Fremont Chamber of Commerce – for another successful State of the City Address. For details, visit www.Fremont.gov/StateoftheCity

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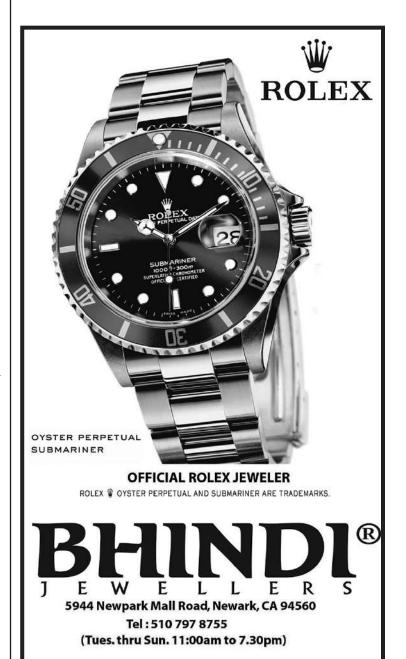
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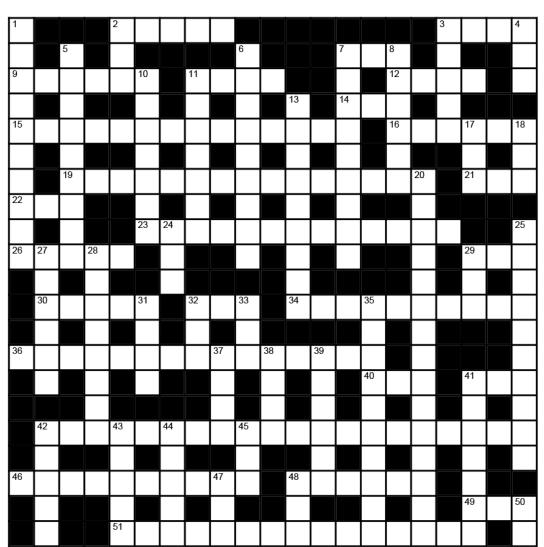
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- * Frequent urination * Kidney stone
 - * Facial Palsy
- * Parkinson's disease
- * TMJ syndrome
- * Tourette syndrome * Alzheimer's disease

Wind Twisters

Crossword Puzzle



Across

- 2 Sheer fabric (5)
- 3 It means nothing to the French (4)
- 7 "Pow!" (3)
- 9 Cool (6)
- 11 Catch (4)
- 12 Misfortunes (4)
- 14 "The Real Gilligan's Island"
- channel (3) 15 End of the definition (6,8)
- 16 Trifling (6)
- 19 Place to find keys (10,5)
- 21 Suffix with ball (3)
- 22 Mid-6th-century date (3)
- 23 Back (3,2,1,4,3)
- 26 "Frasier" dog (5)29 Video maker, for short (3)
- 30 "Ah, Wilderness!" mother (5)
- 32 Can. neighbor (3)
- 34 Flat (10)
- 36 See note (2.3.2.3.5)
- 36 See note (2,3,2,3,5)40 Literature Nobelist Andric (3)

- 41 Violinist Jean-___ Ponty (3)
- 42 Batting order? (4,4,3,2,3,4)
- 46 High spirits (10)
- 48 Calling (6)
- 49 South Africa's ___ Paul Kruger (3)
- 51 Thoroughly (4,4,2,5)

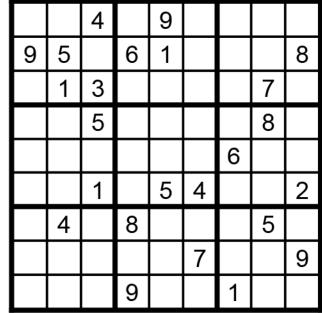
Down

- 1 Traffic stopper (10)
- 2 "China Beach" setting (3)
- 3 Life of ___ (5)
- 4 Give a thumbs-down to (3)
- 5 Crow, e.g. (9)
- 6 Popular painkiller (9)
- 7 Bugbear (4,5)
- 8 Fellow (6)
- 10 Split (7)
- 11 Home (7)
- 13 Took care of (5,4)
- 17 "Here ___ Again" (1987 #1 hit) (3)
- 18 Geometry suffix (3)
- 20 Fantastic (3,4,2,2,4)

tains an digits.

Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.



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Tri-City Stargazer For WEEK: APRIL 3 – APRIL 9, 2019

For All Signs: We are amid a several week period in which many of us will feel compelled to revisit the past in some way. Old issues of resentment and anger, especially about authority figures, may resurface for a better cleansing. A helpful ritual in these times is to clean out closets, eliminate useless items, and organize clutter. There is something about these activities that helps us to clear our thoughts.

If you are troubled by an old angry demon, be aware that it wants you to search for a fresh perspective. Work it out with a heavy project or write it out in a journal and consider whether that demon must still be revered by your ego. On a larger playground, corporations and political arenas may crash into each other.

Aries the Ram

(March 21-April 20): The New Moon on April 6 is in your sign. You will likely be considering your next move(s) in life. There may be one or more people that you will need to consider before taking the leap. Once you decide upon something, you immediately want to move on it. This time there may be push back, so take it slowly.

Taurus the Bull

(April 21-May 20): This is likely to be an unusual week. Watch for odd coincidences and messages that seem to be sent to you personally, even if not direct, i.e. a book or a lecture you happen to find. Your intuition is strong this week.

Gemini the Twins

(May 21-June 20): There are times that you have a sharp tongue and this week you may be wanting to lash out quickly. Be careful of where you aim that weapon. Authority figures, older people, and teachers may not be forgiving. Give attention to vehicle complaints. You may have big car trouble if you don't.

Cancer the Crab

(June 21-July 21): This week brings changes and potential crises all around you. Fortunately, you are the one with the clear head. Don't allow someone else's panic to throw you off center. You have what it takes to bring peace and harmony back to the situation.

Leo the Lion

(July 22-August 22): It will be important to you to bring beauty and harmony into your situation. Others may be upset but you can use ingenuity to help those you care about through their circumstances. Oddly enough, focusing on the issues at hand will help you to the other side as well.

Virgo the Virgin

(August 23-September 22):
You may be concentrating on giving practical help to your significant other or to someone else of importance to you. This is a good time to contribute your organizing talent to almost anyone who needs it. Now is also a fine time to share thoughts with your partner and work toward amicable agreements.

Libra the Scales September 23-October 22

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News initials (3)

Modest (10)
"Who ___?" (6)

Defeatist

Chi hrs. (3)

Adequate, once (4)

Sensitive subject, to some (3)

1936 Loretta Young title role (6)

Alliance created in 1948: Abbr. (3)

Final: Abbr. (3)

Suffering (2,8)

Icy coating (4)

Cunning (4)

Entices (5,2)

___ lunch (3,2)

Hallow ending (3)

Diploma word (3)

... (2)

All-American name (5)
Dish with seasoned rice (5)

declaration (3,2,3)

(September 23-October 22): If you are in need, now would be a good time to see an alternative healer or helper. You are more than normally open to these practices and likely to gain benefit. Give attention to circumstances that seem to give you a message. (Cold chills are a symptom of that.) Your intuition is heightened now.

Scorpio the Scorpion

(October 23-November 21): Currently, you are at a low both emotionally and physically. Though you are normally prone to push yourself, this is a better period to listen to your body and give it what it needs. You may be at a critical point concerning matters of resources. The "rules" are interfering with your forward motion during this period. It is frustrating, but it will soon pass.

Sagittarius the Archer (November 22-December 21):

(November 22-December 21): Your planetary ruler is in undisturbed condition this week. Your partner may take on an uncharacteristic manner of self-assertion. He or she is not so likely to back down from a

fight. Life will be generally more harmonious if you stay off the hot topics. If it is important to tackle them, seek a counselor, a trusted friend, or a negotiator to keep things fair.

Capricorn the Goat (December 22-January 19):

Give special attention to the lead paragraph this week. If you are feeling angry with yourself or someone else, sit and think about it before acting. It is possible that you are over-reacting to a situation that is similar to something negative in your old history. Perhaps you are dealing with someone whose behavior or visage is a reminder of someone else in your past.

Aquarius the Water Bearer (January 20-February 18):

It may be a challenge for you to be around people this week. Everything seems irritating. If you recognize this in yourself, look for activities that you can manage without involving others. It is a generally difficult week, but it will be over soon.

Pisces the Fish (February 19-March 20):

A reality which cracks a prized illusion may pierce the veil and make itself conscious for you. It is disappointing, but let it teach you something about your truth. Evaluate. Don't be critical or hard on yourself. If you object to this reality, you can change it and you will feel better.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

Local nonagenarian releases second collection of poetry

ARTICLE BY ROBIN MICHEL PHOTO BY DENNY STEIN

Raven & Wren Press is proud to announce the release of poet Florence Miller's second full-length collection of poetry, "After Rain a Little Girl Straightening Worms." To celebrate, the press is hosting a book launch on Sunday, April 7 at Mission Coffee Roasting Company in Fremont.

Miller, who lives Fremont, was born in Newark, New Jersey, in 1922. Her family moved to West Orange soon after. She loved the natural beauty and freedom she experienced as a child, climbing every tree in every park. One summer, when Miller was in sixth grade, she and her friends learned that Eleanor Roosevelt would be visiting her godparents in the gated neighborhood Llewellyn Park. The girls decided to pay the First Lady a visit. A headline in the Newark Evening News read: Six West Orange Girls Crash the Gate. This cherished experience is captured in one of Miller's poems.

Miller remembers how her mother, Jeannette Shank, recited Milton to her and her siblings when they were small children. "My mother loved poetry," Miller recalled, and attended the same high school as Allen Ginsburg's father Louis. "He was our class poet," my mother said, her voice filled with admiration for him.

One of Miller's earliest memories of poem-making happened when she was a three-year-old child twirling around the house, singing out, "Spinach and Fish! Spinach and Fish! Mixed in a dish!" That's a poem," her mother cried. "Let me get a pencil and write it down." Poetry is in Florence's DNA.

Along with her husband Don Miller, a sociology professor,



and their young son David, Miller moved to Berkeley "just in time for the sixties" — as she often likes to say. Miller's husband taught at Laney College and she taught English and creative writing at McClymonds High School in Oakland.

Miller's students are the subject of the Emmy Award winning 1972 film by Allen Willis, "Can You Hear Me? Young Black Poets from the Ghetto." (In her book, Miller has a poem, "My Student, Beaten to Death on the Street," for Robbie Bowie, whose death she learned about from his mother while paying a visit to his home to let her student know one of poems would soon be published.)

Miller also became a founding member of the writing collective, Shakespeare's Sisters, co-authored with Alexis Rotella a renga trilogy during the 1970s, and published her work in numerous magazines and anthologies.

Widowed in 1985, Miller eventually married East Coast writer Edward Wahl. She and Wahl enjoyed six years of marriage, until his death in 2006. After his death, she moved to Fremont to be closer to her son David Miller, a (retired) teacher at American High School.

Since returning to the west coast, she has co-authored (with Bay Area poets Elaine Starkman, Joseph Chailkin, Dave Holt, S. Solomon, and Mark Hofstadter) the poetry collection, "My Dreaming Waking Life" (Dog Ear Publishing, 2009) and her previous full-length collection, "Upriver" (Shakespeare's Sisters Press, 2012). Of her latest collection, Miller sums it up simply: "This book is the culmination of a lifetime of work."

Miller astounds the reader with how deftly she captures a quicksilver glimpse of beauty while simultaneously bearing witness to loss. "Florence's poetry is magical," said poet Joan Alexander. "The direct imagery hits me somewhere just below consciousness with a profound and simple beauty."

Poetry Book Launch Party Sunday, Apr 7 4 p.m. – 6 p.m. Florence Miller poetry Mission Coffee Roasting Company 151 Washington Blvd., Fremont (510) 623-6920 Free; books

available for purchase

28th Annual Fremont Prayer Breakfast 2019

April 12, 2019 7am - 9am **Paradise Place** 4100 Peralta Blvd., Fremont

Keynote Speaker: Ruthie Bolton

Ms. Bolton has earned 2 Olympic gold medals, along with being one of the first women to sign a professional basketball contract with WNBA.

Please come listen to Ms Bolton speak about using your gifts to serve and inspire others.

This is our 28th year of hosting a time of community prayer.

Fremont prayer breakfast is patterned after the National Prayer Breakfast in Washington, DC. This event is designated time of prayer for our cities, states and our nation, its leaders and time of dedication of individuals to God.

Sponsors:

Dutra Enterprises



www.fremontprayerbreakfast.com



NOW AVAILABLE

for your Special Events & Community Celebrations events@townfairplaza.com

\$10 Spaces 2nd Sunday **SWAP MEET** info@townfairplaza.com

Fridays April 5, 12, 19, 26 **Luchador Wrestling** Saturday April 6 **Noodles Festival**

2nd Sunday Swap Meet

39100 State St + Capitol Ave Downtown Fremont

Sunday April 14

continued from page 1

Take a Scenic Ride with the Primavera Century

The Fun Ride travels to and through scenic Coyote Hills Regional Park using parts of the Alameda Creek Trail on this mostly flat, fun, and educational ride. Then it's back to the high school for a tasty lunch at a choice of several gourmet food trucks, including vegetarian options. Lunch and goodie bags with bicycling items are included in the registration fee. Mechanical support and rest stops with water, snacks, and rest rooms are also included. The Fun Ride is perfect for new riders, those just getting back into bicycling, and families with limited experience bicycling.

The longer rides are along the most scenic of East Bay's bicycle routes: climb the challenging Calaveras Wall, then cycle the quiet road along Calaveras Reservoir. Bald eagles have been spotted again along the route, and this year the wildflowers should be stunning. Ride past Livermore vineyards and wineries and the wind turbines of Altamont Pass. After a picnic lunch at Rios Lovell winery, it's up and over the tree-shaded Palomares Road with the descent to Niles Canyon. Return to the start for a hearty meal.

All routes are fully-supported by volunteers providing hot and cold beverages, food, bathroom facilities, and bicycle repair. In addition, the Freewheelers will have drivers on all the distance routes, providing support to riders needing mechanical assistance during the ride.

The Fremont Freewheelers is the Tri-Cities' non-profit bicycle club organized for the purpose of promoting all facets of bicycling including leisure, recreational, touring and racing, always with

education. The club hosts organized bicycle rides weekends and most weekdays. Experienced riders lead each ride, providing maps and moral support as

needed. Rides are designed for all

of distance and number of hills, so there are rides for any level of cyclist. Most rides include a "coffee" stop providing a chance to re-fuel and socialize.

Special event evening rides are usually planned for the longer

daylight days in summer. The



club also holds training series every year for those interested in riding longer distances of 65 to 100 miles. Although our open series started in January and are mid-way through their programs, experienced riders comfortable with the upcoming distances are welcome. All riders must wear helmets and have bicycles in good working order.

Register early to reserve your spot for the Primavera – it has sold out early in the past several years. To sign up or learn more, go to http://ffbc.org/primavera/.

Primavera Century Saturday, Apr 20 6:30 a.m. - 5:00 p.m. Mission San Jose High School 41717 Palm Ave, Fremont (520) 490-8098 http://ffbc.org/ **Registration:** \$15 – \$80



Laser Hair Reduction

A: Full legs

15% off 'pay as you go' Plus, FREE bikini & underarm

> B: "Beard" or Lip w/Chin 50% off Sessions 1-3 10% off Session 3-6

C: Treat Back & Shoulders w/Chest & Abs Just \$800



Botox for Underarm Sweat

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Regularly \$1300



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VOLUNTEER to bring JOY to the elderly

It's easy and fun and only takes a few hours

Options to meet your interest and schedule:

- Drive to appointments and provide assistance as needed
- Deliver meals...and a smile
- Visit with a new friend

Volunteers needed throughout Alameda County

Contact Tammy 510-574-2086 info@LifeElderCare.org LifeElderCare.org





Washington Urgent Care is located on the second floor at Washington West, 2500 Mowry Ave., Suite 212. No appointment necessary. Visit whhs.com for updated wait times and to download registration forms to fill out prior to your visit, or call 510-791-CARE (510-791-2273).

Open 8am to 8pm, 7 days a week, 365 days a year

continued from page 1

Celebrating Scottish Beritage



Coloring, crafts, and games will be available for children, and there will be Scottish treats, food, and libations to enjoy as well. Davenriche European Martial Arts School will provide sword lessons, and for those of us who are looking to curl up with books on lazy days, authors will be on hand signing copies of their work. Several vendors will bring Scottish-themed clothes, jewelry, artwork, handcrafted items, leather goods and much more for visitors to take home as souvenirs. Grab a beer from the Beer Garden stocked by local Fremont brewery Das Brew (for 21 and up) and watch a shinty game (team sport similar to hockey or lacrosse).

As no event is ever complete without music and entertainment, Golden Bough, Peninsula Scottish Fiddlers, MacIntosh Pipe Band, Scottish Dancing, and Solo Pipe Competitions will rock the Tartan Day celebration.

Tickets can be purchased at http://eastbayscots.org and at Ardenwood Historic Farm.
Registration is required and admission includes access to the rest of the park including the Patterson House and viewing of the farm animals and blacksmith. Free parking; no pets.

Tartan Day will enrich you to the core! When the kilts come out for the celebration, the Tartan reminds us of the ways that history is woven into the fabric of our society.

Tartan Day Scottish Faire
Saturday, Apr 6
10 a.m. – 5 p.m.
Ardenwood Historic Farm
34600 Ardenwood Blvd,
Fremont
(510) 544-2797
ebsa.tartanday@hotmail.com
www.ebparks.org/parks/ardenwood/
http://eastbayscots.org/
Tickets: \$6 – \$12,
kids 3 & under free



Home & Garden

Luscious Locks and Shiny Tresses

ARTICLE AND PHOTOS BY LALITHA VISVESWARAN

When I was a little girl, one of my favorite "Grimm's' Fairy Tales" was the story of Rapunzel, the girl with long hair who was locked in a tower by an evil witch until a prince came to rescue her. We all know that fairy tales aren't true and that kissing princes has the inherent danger of ending up with a toad. These days, hipster princes have better locks than Rapunzels. But surely lovely locks need not be the stuff of fairy tales!

Prior to embarking on any healthy hair program, it is good to remember that diet and genetics are key factors. Healthy hair comes from inside and so what we eat matters. Hair needs protein, biotin, iron, iodine, vitamin B12 and omega-3 fatty acids. The roots of our hair are connected to our bloodstream. Any imbalances and toxicity can be detected through hair analysis.

Minimize heat in your hair care routine and try to air dry as much as possible; blow dryers,



flat irons, and curling irons will damage the cuticle of hair. Ditto with UV high sunlight – wear a hat when you venture out. While washing hair, make the final rinse with cold water to tighten pores Stress causes hair loss, so meditate, practice self-care, and treasure your locks. They can be indicators of your physical and mental health. Hormonal imbalances can also affect the condition of our hair as does pollution and prolonged or chronic illnesses.

The jury is still out as to whether shampoos and conditioners are good for us. Most of them contain artificial fragrances and sodium lauryl sulfate to create lather. Its main purpose is to strip the oils. This isn't necessarily a good thing, but convenience trumps natural living sometimes. It is advisable to use commercially-sold shampoos no more than twice a week

Flaxseed Serum

Flaxseed has amazing hair benefits and is also great for growing hair. It's chockful of omega-3 fatty acids, essential for hair and many other healthy functions. Ingesting it provides great returns but it can also be applied to hair as a serum. It strengthens hair follicles, reduces dryness, and makes hair smooth and silky. It is also anti-inflammatory when applied to an irritated scalp.

To make a simple flaxseed serum take 1/4 cup of flaxseed



and boil in four cups of water. Keep stirring or it will stick to the bottom and burn. Bring to a boil and after five minutes, it will have a gel-like consistency. It will thicken as it cools, so strain immediately once it's off heat.

Apply to scalp and hair. Wash after one hour. This treatment can be repeated two to three times a week. It can be stored in the fridge.

Hair and Scalp Emollients

These are oils or pomades to nourish hair and scalp. These special treatments help balance the effects of environmental and internal stress on hair that causes it to be dry, frizzy, and dull. Hot oil treatments also deodorize and clean hair and scalp.

Place a small amount on fingertips and comb hair with your fingers for even distribution. Use finger tips to massage scalp or tap gently over various points in your scalp. Don't over apply to the point of greasiness. Wash after 30 minutes or, if using minimally (four to five drops), you can leave it in.

For massage and wash treatments (one to four tablespoons depending on hair length), massage the warm oil as above and brush hair to evenly disperse from root to tip. Wrap hair and tuck under a shower cap. Place a thick towel or woolen cap over it. Relax and enjoy a cup of tea for 30 to 60 minutes.

Rosemary Hair Oil

This daily leave-in treatment cleanses and deodorizes hair, soothes itchy scalp, and increases blood circulation to scalp promoting hair growth. For one ounce of cold-pressed olive oil or jojoba oil, add 30 drops of rosemary essential oil. Set aside for two to three days. Use as needed.

Lavender Coconut Hair Pomade

For every four ounces of coconut oil, add 30 drops of

lavender oil and 30 drops of rosemary essential oil. You might have to melt the coconut oil in a double boiler. When it's liquid, add the essential oils and mix well.

Herb-infused Hair Treatment

Mugwort, nettles, and comfrey are mostly known as weeds, but they are absolute magic and packed with hair health boosting powers. They are cleansing, anti-fungal and reparative herbs for hair. Harvest fresh mugwort, nettle leaves, and comfrey root and dry them. After they are dried, weigh and place one ounce of each in three six-ounce jars. Pour four ounces of cold-pressed olive oil in each jar and mix well. Lid them and label the jars. Solar infuse them by a window, agitating the jars every couple of days.

After three weeks minimum and six weeks maximum, strain and press them over cheese cloth. There will be about 25 percent loss of volume. You will likely have three ounces of each infused oil. Mix them together equally for hot oil treatment.

All the above treatments can be applied to men too! Male hair is a little different and can be coarser. But if the scents don't appeal, a more masculine version of the hot oil treatment is four ounces coconut oil plus 10 drops black pepper essential oil, 10 drops sage essential oil, and 10 drops lemongrass oil.

Here's to lovely locks and shiny, healthy tresses! While we practice self-care from the roots of your hair to the soles of your feet, we shouldn't forget that the exterior is just a reflection of our inner selves and physical health.

Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark. www.jelliclesfarm.com



THE ACWD CONNECTION

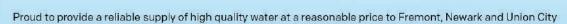
Small changes can make a big difference! From fixing sprinkler leaks to adding mulch in your yard, the water savings will grow! For more water-saving tips, visit: www.acwd.org/conserve













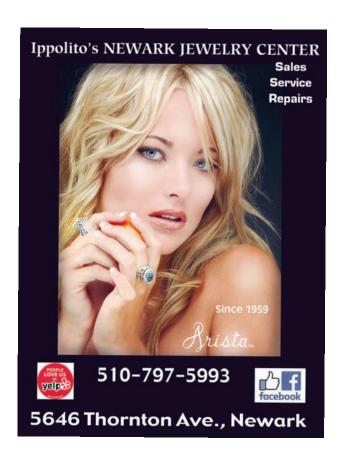
The Sweat Stops Here Non surgical FDA-cleared

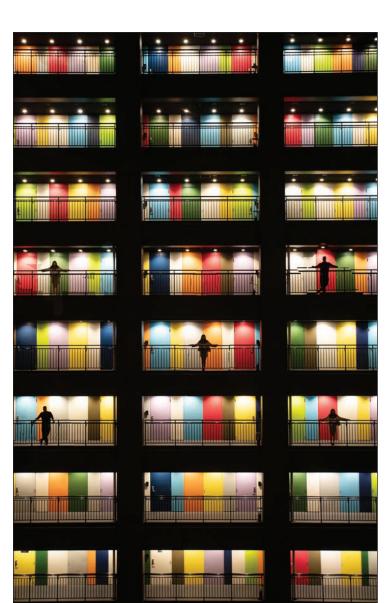
Permanently reduce underarm sweat



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"Tic Tac Toe" by Rajeev Shankar, 2nd Place

Annual Juried Photography Exhibit winners



"Grand Central Station," by Eduardo Kneler, 1st Place

SUBMITTED BY ARATHI SATISH

The 25th annual "Juried Photography Exhibit" reception was held on Saturday, March 16 at the Fremont Main Library. Fremont Cultural Arts Council (FCAC) President Margaret Thornberry said, "This year I felt as if each photo had an interesting story to tell, if only I knew it. Just to name a few...the image of four

Schwabacher," Greg Green for "Snowy Egret Pair with Eggs," and Jacline Deridder for "Keep Smiling." The Alvin Dockter Award was given to Raul Lopez for "Focused Eyes." The President's Choice award went to Eduardo Kneler for "Variations in Red and Green." The People's Choice award was given to Aadhav Rajesh for "Half Dome."

The photographs were judged on artistic merit, originality, difficulty and technical aspects.

Thornberry selected an incredible

close-up photograph of a Costa

Rican red-eyed frog on a banana

blossom for the President's

Choice Award and an FCAC card with this photograph will be printed.

"All pictures are for sale unless the card on the pictures says NSF in the bottom right corner," said Smith. "The reference librarians for the remainder of the show have price and contact information on the photographers. Any photographs purchased must remain in the exhibit until the end of the show. The sales are between the photographer and the buyer. FCAC and the library are not parties to any sales."

The photographs will be on display at the library through Saturday, April 13.

For more information, visit www.fremontculturalartscouncil.org or contact Exhibit Chairman Gregory Smith at (510) 828-2893 or fcacphotoshow@gmail.com.



www.aclibrary.org



"Focused Eyes" by Raul Lopez, Alvin Dockter Award

smiling young boys holding a python, a woman and her dog in a candid moment, and the incredible photo of a bat surrounded by ...butterflies? As always, I am impressed and astounded by the creative talent in our community!"

"We have another great photography show on display this year," said Exhibit Chairman Gregory Smith. "I'm always happy to see so many excellent photographs from our local photographers. If you have not already done so, it is well worth your time to stop by the Fremont Main Library to see the exhibit."

First prize went to Eduardo Kneler for "Grand Central Station," second prize to Rajeev Shankar for "Tic Tac Toe," and the third prize to David Litman for "Metamorphosis." Honorable Mentions were awarded to Douglas Stinson for "Chimney Rock from the Mesa," Eduardo Kneler for "Bat Feeding on a Banana Flower," Carol Bednar for "Clouds Mirrored," Raul Lopez for "A Quiet Morning at

"Bat Feeding on a Banana Flower" by Eduardo Kneler, Honorable Mention



FCAC President Margaret Thornberry with President's Choice winner "Variations in Red and Green" by Eduardo Kneler. Photo by Arathi Satish.

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43167 Newport Drive 94538 850000 3 1160 1955 2/20/19 40458 Landon Avenue 94538 870000 3 1148 1960 2/22/19	39821 Cedar Blvd #115 94560 580000 2 1071 1986 2/22/19	1.0
40718 Greystone Terr #11 94538 885000 3 1292 2007 2/22/19	36651 Deborah Street 94560 650000 3 942 1953 2/20/19	
5511 Hughes Place 94538 900000 3 1473 1966 2/22/19	36348 Cedar Boulevard 94560 860000 3 1144 1962 2/22/19 6133 Bellhaven Place 94560 885000 3 1568 1962 2/19/19	
5764 Antone Road 94538 960000 3 1131 1963 2/19/19	5621 Civic Terrace Ave 94560 890000 4 1758 1986 2/19/19	α
32671 Shaver Lake St 94555 1090000 0 1409 1976 2/22/19	SAN LEANDRO TOTAL SALES: 11	
40519 Verne Street 94538 1095000 4 1972 1960 2/21/19	Highest \$: 905,000 Median \$: 630,000	_
4496 Stickley Terrace 94536 1110000 3 1917 2007 2/21/19	Lowest \$: 470,000 Average \$: 651,545	
41753 Trenouth Street 94538 1140000 3 1355 1956 2/19/19	ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
4162 Glenwood Street 94538 1140500 3 1198 1959 2/20/19 35537 Galen Place 94536 1150000 4 1703 1967 2/21/19	1550 Bancroft Ave #121 94577 470000 2 1404 1976 2/22/19	
35537 Galen Place 94536 1150000 4 1703 1967 2/21/19 990 Yucatan Court 94539 1500000 4 1974 1975 2/22/19	13844 Rose Drive 94578 560000 4 2117 1981 2/22/19	
39815 San Moreno Ct 94539 1580000 3 1957 1967 2/22/19	1725 137th Avenue 94578 593000 2 945 1948 2/21/19 15298 Upton Avenue 94578 615000 4 1760 1952 2/21/19	
1423 Deschutes Place 94539 1640500 4 1948 1979 2/22/19	930 Dolores Avenue 94577 620000 3 1644 1946 2/22/19	
HAYWARD TOTAL SALES: 26	1119 Melcher Street 94577 630000 3 1039 1944 2/22/19	
Highest \$: 1,395,000 Median \$: 628,000	15203 Edgemoor Street 94579 645000 3 1020 1950 2/22/19	
Lowest \$: 255,000 Average \$: 650,750	14582 Birch Street 94579 650000 3 1076 1953 2/19/19	Re
ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	284 West Broadmoor Blvd 94577 659000 3 1469 1926 2/21/19	
25070 Cypress Avenue 94544 255000 3 1391 1990 2/22/19	2125 166th Avenue 94578 820000 3 2285 1949 2/20/19	(D
2725 Hawthorne Avenue 94545 350000 3 1153 1958 2/21/19 945 Fletcher Lane #A312 94544 415000 2 946 1986 2/19/19	771 Dolores Avenue 94577 905000 3 1997 1948 2/22/19	
27163 Patrick Avenue 94544 450000 3 1148 1957 2/19/19	SAN LORENZO TOTAL SALES: 5	$\overline{}$
21062 Gary Drive #204 94546 460000 2 1056 1980 2/20/19	Highest \$: 700,000 Median \$: 620,000	
27478 Lemon Tree Court 94545 500000 3 1254 1971 2/22/19	Lowest \$: 540,000 Average \$: 609,800 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
21109 Gary Drive #118 94546 540000 2 1041 1981 2/20/19	17339 Via Primero 94580 540000 3 1000 1944 2/22/19	
648 Grand Terrace 94541 540000 2 1170 2003 2/21/19	16382 Emery Court 94580 560000 3 1032 1948 2/22/19	
24445 Alves Street 94544 570000 3 1152 1950 2/19/19	16075 Mills Avenue 94580 620000 3 1271 1951 2/20/19	
1850 Sally Creek Circle 94541 583000 0 1640 1979 2/22/19	17452 Via La Jolla 94580 629000 3 1471 1952 2/22/19	•
643 Veranda Circle 94541 600000 3 1381 2003 2/21/19	15529 Via Vega 94580 700000 3 1289 1957 2/19/19	
568 Mardie Street 94544 600000 3 1000 1950 2/21/19 1472 170th Avenue 94541 621000 2 1394 1945 2/20/19	UNION CITY TOTAL SALES: 5	•
1384 Lytelle Street 94544 635000 3 1119 1956 2/22/19	Highest \$: 950,000 Median \$: 577,000	
452 C Street 94541 650000 0 2080 1944 2/22/19	Lowest \$: 485,000 Average \$: 694,400 ADDRESS ZIP SOLD FOR BDS SQFT BUILT CLOSED	
2910 Winchester Drive 94541 700000 3 1365 1915 2/22/19	219 Entrada Plaza 94587 485000 2 880 1986 2/20/19	
31290 Meadowbrook Ave 94544 705000 3 1161 1955 2/21/19	100 Camino Plaza 94587 540000 3 1135 1985 2/21/19	
553 Mildred Place 94544 720000 4 1609 1955 2/22/19	100 Aurora Plaza #3 94587 577000 3 1206 1985 2/22/19	
1158 Inglewood Street 94544 735000 3 1593 1953 2/22/19	3218 Courthouse Drive 94587 920000 3 1860 1989 2/20/19	
22595 5th Street 94541 746500 3 1764 1939 2/22/19	31353 San Bruno Court 94587 950000 4 2020 1971 2/22/19	
22635 Myrtle Circle 94541 780000 4 1607 2016 2/22/19		

East Bay Park District celebrates 85 years with special events and programs

(Castro Valley)

(Antioch)

September 13 (Alameda)

SUBMITTED BY DAVE MASON

To celebrate the East Bay Regional Park District's (EBRPD) 85th Anniversary, the Park District has planned several special events and programs, including Free Park Fridays, Free Concerts in the Parks, and a free multicultural festival. For 85 years, EBRPD has preserved and protected open space in Alameda and Contra Costa counties, and provided public access to regional parks, shorelines, and trails for hiking, biking, swimming, horseback riding, boating, fishing, picnicking, camping, and nature discovery.

Free Park Fridays:

Park entry and other fees will be waived every Friday in 2019 from April to December to celebrate the Park District's 85th Anniversary. Park entrance and fees for day use parking, swimming, dogs, horse trailers, boat launching, and fishing permits will all be waived. Fee waiver does not apply to special event permits/reservations, camping and associated fees, or state fees such as fishing licenses and watercraft inspections. Fee waiver also does not apply to

district concessions. Park entrance is subject to available

Free Events/Concerts in the Parks:

Family friendly music events with food and beverages available for purchase. Bands and performers to be announced later.

- Lake Chabot Concerts in the Park Saturday, June 22
- Crown Beach Concerts at the Cove Friday, July 12 (Alameda)
- Crown Beach Concerts at the Cove Friday, August 9 (Alameda)
- Contra Loma Concert in the Park Friday, August 23
- Crown Beach Concerts at the Cove Friday,
- John Sutter Gateway Bridgeyard Festival Saturday,
- September 28 (Oakland)

Love fashion? Check out this event

SUBMITTED BY NANCY TUBBS

A fun and informative evening focusing on fashion, business and networking. That's the idea behind the upcoming Silicon Valley Fashion Event sponsored by Fremont Beauty College. The event is Tuesday, April 9 at Fremont Beauty College. A wide spectrum of topics including fashion tech, cosmetology, fashion retail brand and fashion salon will be discussed with keynote speakers sharing their expertise on business and fashion industry trends. A networking opportunity for guests is also planned with complimentary non-alcoholic beverages and snacks available.

"Super Early Bird" tickets are free through April 6 for those who register online at www.professionalconnector.com/event/silicon-valley-fashion-event/. Tickets at the door are \$10. For details, call (510) 797-7318.

> Silicon Valley Fashion Event Tuesday, Apr 9 6 p.m. – 8 p.m. Fashion news and networking Fremont Beauty College 4164 Technology Drive, Fremont (510) 797-7318

Free "Super Early Bird" tickets though Apr 6 at: www.professionalconnector.com/event/silicon-valley-fashion-event/ Tickets at the door: \$10

Tri-City Health Center opens fourth mobile health unit

SUBMITTED BY TRI-CITY HEALTH CENTER

Tri-City Health Center (TCHC), with funding from Palo Alto Medical Foundation (PAMF), is expanding to a fourth mobile health clinic directly bringing healthcare to homeless in southern Alameda County. As part of TCHC's Homeless HealthCare Services, the new mobile health unit "Healthcare Express," can provide medical, behavioral health, substance use disorder care, and social services. TCHC will reach additional encampments and shelters to provide needed services.

"Evidence suggest that mobile health services represent a cost-effective care delivery model that improves health outcomes. Common barriers to health care services include transportation and geographic limitations," said Chief Medical Officer Dr. Harsha Ramchandani. "This additional mobile health clinic will allow us to do an even better job caring for our most vulnerable patients, such as those who are homeless. We are committed to serving everyone regardless of their condition, documentation or immigrant status. In partnership with PAMF, we will enhance access to care for the homeless population in our service area."

Tri-City Health Center

39500 Liberty St., Fremont 2299 Mowry Ave., Fremont 1999 Mowry Ave., Fremont 3607 Main St., Fremont 40910 Fremont Blvd., Fremont 40924 Fremont Blvd., Fremont (Vision) 38056 Martha Ave., Fremont (Dental) Mobile Clinics service for primary care, pediatrics and family practice (510) 770-8040 www.tri-cityhealth.org

Environmental exhibit explores Planet Earth: The Beauty of Life



SUBMITTED BY SUN GALLERY

The Sun Gallery proudly announces its 6th annual Environmental and Climate Change Exhibit: "Planet Earth: The Beauty of Life." Opening Day is Friday, April 5 and the show runs until Saturday, June 1. The Artists' Reception will be held on Saturday, April 13 and will include free appetizers, beverages, and activities for children. On closing day, Saturday, June 1, there will also be a special event at the Gallery, "Prayers for the Planet," a joint effort between the Sun and the local Eden Area Interfaith Council. All denominations, faiths, beliefs and cultures are encouraged to attend and enjoy music, food, art projects, prayer and speakers throughout the day.

During a year of unprecedented climate change related disasters happening worldwide, this year's exhibit is focused on the beautiful things that make up life on Earth, including the things that we are losing every day, like endangered plants and wildlife. Hummingbirds are a recurring theme in the show as are water, landscapes, and disappearing habitat. Viewers will also find strong spiritual influences permeating the space, such as artist Jon Kerpel's piece "Angel of the Waters" and "Worship," artist Debra Collins' piece "Following

St. Kevin's Prayer," Nina Starr's work "The Birth of Mother Nature," and Sun Gallery Director/Curator Dorsi Diaz's art "Teach the Children, Touch the World," which features a silhouette of her grandson Zachary touching the Earth with a kaleidoscope of water and sky in the background. Her artwork was inspired by Dotti Chicon and Anitta Toivio's video installation, a favorite every year among viewers. Toivio, a Finland artist, and local artist Chicon work together every year to create something unique

and profound in their videos, addressing nature's beauty and also its vulnerabilities.

Planet Earth: The Beauty of Life is dedicated to Zachary, Diaz's grandson, and to all the children of the world. Diaz says, "Tragically, our children are the ones who are going to suffer the brunt of climate change and will be the most affected during their lifetimes. We have not left them a grand legacy but instead a world full of uncertainties full of looming mega-disasters, such as ever-increasing hurricanes,



flooding, storms, cyclones, typhoons, firestorms, rising sea levels and ever-increasing and abrupt releases of methane, an extremely potent greenhouse gas that lies beneath the ocean seas and in permafrost areas around the globe."

In its typical edginess, the show also exposes the viewer to ponder Earth changes during this time of abrupt climate change, such as Elinor Cheung's piece entitled "Anomaly," which features children holding the planet up with the U.S. Constitution in the background. It asks the question: "What would our forefathers have thought or done during this time of great environmental change and chaos?" Christa Schanda invites viewers to think about all the "stuff" that the Earth is trying to expel in a large work titled "Universum."

Planet Earth includes a wide range of additional artists from as far away as Europe to several well-known local artists: Sharon DeVetter, Julie Barrett, Dr. Htain Win, Tom Oliver, Jeanne Bertolina, Sarah Sammis, Ruey Syrop, Linda Nygard, Hollie Adamic, Roshawn Osborne, Greg Duggan, Hana Zhou, Claudia Schwalm, Rita Sklar, Christine Bender, Sun Gallery Free Saturday Family Art Class, Schafer Park Elementary School (4th grade with teacher John Martoni), Kathryn Page, plus Peter and Maureen Langenbach.

School field trips for the environmental exhibit inside the gallery can also be scheduled Monday – Friday. Field trips have become extremely popular for teachers and students because of the STEAM element the field trips provide (science, technology, engineering, art and math perspective on climate change and art). School trips include a gallery tour and art project in the spacious Sun Gallery studio. The Sun also offers special in-classroom art lesson and can come into the classroom with books, art, materials, and project. To book your tour, email the gallery at sungallery@comcast.net or call (510) 581-4050.

An encore debut of the show will be held at Hayward City Hall in the John O'Lague Galleria during the summer.

For more information on the climate change exhibit, call the Sun Gallery at (510) 581-4050 or visit www.SunGallery.org.

Admission is free.

Planet Earth: The Beauty of Life Friday, Apr 5 – Saturday, Jun 1 Friday – Sunday, 11 a.m. – 5 p.m.

> Artists Reception Saturday, Apr 13 1 p.m. – 4 p.m.

Sun Gallery 1015 E St, Hayward (510) 581-4050 www.SunGallery.org



Disney Tour Showcase 2019



SUBMITTED BY MEI WAN

Get ready to experience your favorite oldies when Center Stage Performing Arts presents its "Disney Tour Showcase" Friday, March 29 through Saturday, April 6. Song selection from hit Broadway musicals include "Million Dollar Quartet," "Motown The Musical," "Jersey Boys," and "Mamma Mia!"

Center Stage Performing Arts offers a fun and unique opportunity for their performers to experience music, dance, and theater through the Disney Performing Arts

program. Our "invite only" cast members get to participate in workshops and perform at the Disneyland Parks in Anaheim. The programs are designed to enhance their talents and promote self-confidence. Our goal is to foster creativity and teamwork, contribute to personal growth, teach discipline, and create everlasting memories. 2019 marks our 6th "Disney Tour" and we hope to continue this great experience!

The Showcase is where we bring the Disneyland performance back home for our friends and family with the addition of some extra material!

Disney Tour Showcase 2019
Friday, Mar 29 – Saturday, Apr 6
Fridays at 7:00 p.m.,
Saturdays at 2:30 p.m. & 7:00 p.m.
Milpitas Community Center
457 E Calaveras Blvd, Milpitas
(408) 707-7158
www.centerstagepa.org

Tickets: \$15 - \$20

Kia Niro EV: Competitive All-Electric Compact Crossover

By Steve Schaefer

The Kia Niro offers three levels of electrification: hybrid version extends the gasoline engine's range for more miles per gallon; plug-in hybrid (PHEV) enables battery power for local driving, but lets you take long trips using the gas engine; the brand-new EV moves you into a long-range, carbon-free future.

As a compact crossover, Niro EV sits in a hot market segment. It's so popular that competitor Toyota is now selling more RAV4s compact crossovers than Camry sedans. The Niro EV





earns 239 miles of range from its 64-kWh lithium ion polymer battery, cleverly one-upping its most direct competitor, Chevrolet Bolt EV (238-mile range). The Kia's electric motor, at 201 horsepower and 291 lb.-ft. of torque, is a bit torquier than the Bolt's, too. EPA numbers are 112 MPGe Combined (123 City, 102 Highway) and a pair of perfect 10's for the Green scores.

The Niro EV is a bit bigger than Bolt EV, stretching 8.2 inches longer on a 3.9-inch-longer wheelbase. However, passenger volume is only 2.2 cubic feet more. If you want a Korean-built car that matches the Bolt EV in size, choose Kia's sister division Hyundai's new Kona EV, which uses the same powertrain as the Niro EV.

In a time of fierce and overstyled models, the Niro EV looks clean and purposeful. While some EVs remove the grille entirely, the Niro simply gives it a solid texture. The front features a mirror-image opening below the closed grille; lower

corners flaunt accents with lights that look like airplanes in flight. Sides press in along the lower doors, a favorite designer technique to make the wheelwells stand out ruggedly.

The driving experience is smooth and quiet. All you'll hear is a little tire and wind noise. One other sound appears in low speed situations, though, from the Pedestrian Warning System. The company is portraying it as a cool "fantastic techy whir of a sci-fi craft," but I found it a little annoying. As more EVs penetrate the market, pedestrians will have to remember to use their eyes when stepping into the street.

Regenerative braking adds charge to an EV's batteries. For hybrids, it's the only way, while for plug-in hybrids and EVs, it's a nice boost. The Niro EV lets you select from four options—ascending levels of 0, 1, 2, or 3, using the steering wheel paddles. I like heavy regen, but the level 2 setting seems about right for most driving. Select from four Drive Modes—Normal, Sport, Eco, and Eco+. Normal, the

default, works fine; while Sport lets the motor spin freely and takes advantage of the motor's instant torque. Eco and Eco+ reduce electricity consumption for maximum efficiency. Each level has its own set level of regen, but you can adjust it.

The Niro EV comes in two levels – EX and EX Premium. The Premium adds niceties such as a sunroof, a larger 8-inch touchscreen, Harman Kardon premium sound system, heated front seats, and wireless smartphone charging. My tester, a Platinum Graphite EX Premium, felt nice enough, but didn't match luxury crossover EVs (in quality or price). Charging works in the normal way, with a standard plug at home or at charging stations.

Combined fast-charge capacity comes standard and is great for longer trips. On the Bolt EV, it's a \$750 option.

If you choose to use Level 1 household current (120V) it could take 2-1/2 days to refill an empty battery versus 9-1/2 hours for Level 2 (240V). Fast charging can refill to 80 percent in an hour. For most people, the car's 239 miles of range will be enough with regular charging at home or at work.

One area the Niro has it over Bolt, Nissan LEAF, and even sister Hyundai is in standard Advanced Smart Cruise Control and Lane Following Assist. These are not even available on the Chevy and are options on the others (no lane following assist on the Kona). Three other safety features are standard on Kias and Hyundais but optional on the others: Lane Departure Warning and Lane Keeping Assist, Forward Collision Avoidance and Collision Warning, and Blind Spot Warning & Rear Cross Traffic Alert. I applaud the Korean brands for including

Auto Review



Over the past 25 years, Steve Schaefer has tested more than 1,200 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists.

Contact Steve at sdsauto53@gmail.com My blog for alternative vehicles: stevegoesgreen.com

them on all models.

Official pricing for the Kia Niro EV is expected to start at a competitive \$37,500 for the EX. Kia has not sold 200,000 EVs yet, so you should be able to claim the full federal and state rebates and tax credits. The Niro EV is a very attractive package for style, comfort, efficiency and affordability. Kia is now seen as a quality and value leader, and by stepping strongly into the EV market, is keeping an eye on the future.



Get ready to shred unneeded, but sensitive documents

SUBMITTED BY ALICE KIM

A free document shredding and techno trash recycling event, sponsored by the City of San Leandro is on tap for Saturday, April 6. The event is open only to San Leandro residents and is part of the city's broader efforts to encourage recycling and make disposal of sensitive documents more convenient for its citizens.

- Residents are asked to bring paper documents free of binder clips, plastic report covers and binders. Small paper clips, envelopes and manila file folders will be accepted. Participants are limited to tow four record boxes (12 by 10 by 15-inch) or the equivalent. Service will be on a first-come, first-served basis and will be limited to the capacity of two commercial-sized shredding trucks. All documents will be securely shredded onsite and recycled.
- People may also bring techno trash such as floppy disks, CDs, DVDs, audio and video tapes, jewel cases and toner cartridges for recycling. Techno trash should be kept separate from documents to be shredded. E-waste including computers, monitors, printers televisions, VCRs, and stereos will not be accepted at this event.

The event is set for 9 a.m. to 1 p.m. Saturday, April 6 at the San Leandro Public Works Center on Chapman Road. There is no fee for residents For details, visit www.RecycleSanLeandro.org or call the city's Recycling Hotline at (510) 577-6026.

Document Shredding/Techno trash recycling
Saturday, Apr 6
9 a.m. – 1 p.m.
Public Works Center
14200 Chapman Road, San Leandro
(510) 577-6026
www.RecycleSanLeandro.org
Free to San Leandro residents only

HOSAUNA EXHIBIT HIGHLIGHTS THE LIFE OF CHRIST

SUBMITTED BY CAROL HAMILTON

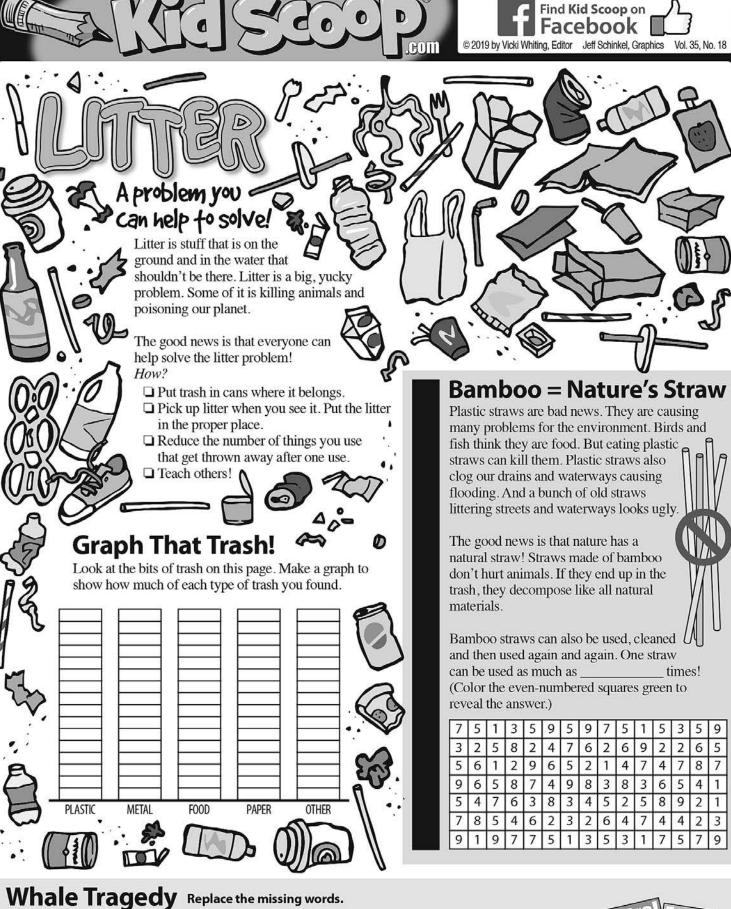
To celebrate the Easter season, Dove Art Gallery in Milpitas is opening a new exhibit titled "Hosanna" to honor the life of Christ. The works of more than 20 artists will be on display representing a variety of artistic styles, media and subject matter. Art that depicts the events surrounding the birth of Christ, the impact of his ministry and his death on a cross will adorn the gallery walls.

Fremont artist Roballoo will have a creative display of crosses using both photography and collage, while works by Milpitas artist Carol Hamilton show cubist patterns and time-lapse movement in her acrylic painting of Christ's baptism. Jane Manasse, a quilter from Santa Barbara, will exhibit a watercolor quilt of the cross with the small fabric squares containing hidden biblical images honoring the work of Christ.

Dove Gallery is located in a one-story building near the back parking lot of Park Victoria Church in Milpitas. It is a local venue displaying a wide range of medium, styles and local talent. Exhibitors include professional, emerging and youthful artists. The goal of the non-profit gallery is to bless the community with inspirational artwork and provide an opportunity for artists of all ages to exhibit their work.

A public grand opening celebration for the "Hosanna" exhibit is set for 12 noon to 3 p.m. Sunday, April 14 at the gallery. The exhibit will be on view during the same hours each Sunday (including Easter) through June 23. Admission is free. For details, visit the Dove Gallery website at www.dovegallery.com or send an email to dove@parkvictoria.org.

Hosanna art exhibit
Sundays through Jun 23
Opening celebration: Sunday, Apr 14
12 noon – 3 p.m.
Dove Art Gallery
875 S. Park Victoria Drive
(408) 263-9000
dove@parkvictoria.org
www.dovegallery.com
Admission: Free



of the ocean was recently found in a young whale found dead in the

by the whale and found in its stomach. Disposable shopping

were included. The haul was described as "disgusting." Many

marine mammals are found dead after _

POLLUTION

BAGS

, 16 rice sacks and commercial bags from banana plantations

addressed if marine life is to survive.

the dead whale, 88lbs (40kg) of

. It is a problem that must be

NATURE

LITTER **OCEANS** PROPER

DRAINS

TRASH

STRAW TEACH

SOLVE

UGLY

HURT

CLOG

discarded

Bamboo = Nature's Straw

HE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

many problems for the environment. Birds and fish think they are food. But eating plastic straws can kill them. Plastic straws also clog our drains and waterways causing flooding. And a bunch of old straws littering streets and waterways looks ugly.

natural straw! Straws made of bamboo don't hurt animals. If they end up in the trash, they decompose like all natural

Bamboo straws can also be used, cleaned and then used again and again. One straw (Color the even-numbered squares green to

	7	5	1	3	5	9	5	9	7	5	1	5	3	5	9
	3	2	5	8	2	4	7	6	2	6	9	2	2	6	5
[5	6	1	2	9	6	5	2	1	4	7	4	7	8	7
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1	5	4	7	6	3	8	3	4	5	2	5	8	9	2	1
	7	8	5	4	6	2	3	2	6	4	7	4	4	2	3
3	9	1	9	7	7	5	1	3	5	3	1	7	5	7	9



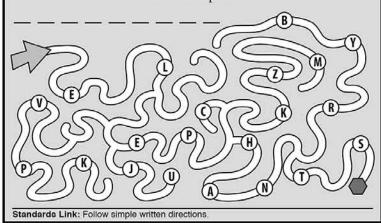
Look through the newspaper for pictures of things and words that describe things that make your life good. Cut these out and make a collage.

The Good

Standards Link: Research: Use the newspaper to locate information.

There could already be 150 million tons of plastic litter in the

world's oceans. That's the same weight as 25 million of these large animals. If they stood in a line it would be 124,274 miles (200,000 km) long. It would go around the world five times. To find out what kind of animal, unscramble the letters on the correct path.



Double

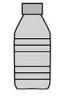
Find the words in the puzzle. WATERWAYS How many of them can you **ELEPHANTS** find on this page? PLASTIC

\mathbf{S}	E	\mathbf{S}	O	L	V	E	\mathbf{S}	G	W
Y	L	N	T	C	T	О	E	O	A
A	E	Ι	P	C	E	R	T	L	R
W	P	A	\mathbf{T}	I	U	A	A	\mathbf{C}	T
R	Η	R	E	T	Н	Н	N	S	S
Е	A	D	A	S	E	U	I	S	Н
T	N	N	C	A	G	R	R	S	P
A	Т	R	Η	L	O	В	L	T	Е
W	S	M	Y	P	R	O	P	E	R

Standards Link: Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together:

Have fun, get outside, get moving and help out the planet earth by going for a walk to pick up litter in your neighborhood with your family. Wear rubber gloves and be careful!



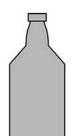
How many plastic bottles did you pick up?



How many aluminum cans did you pick up?



How many pieces of waste paper did you pick up?



How many glass bottles did you pick up?



How many plastic straws did you pick up?

Litterati: The APP for Planet Warriors

Do you think litter is ugly and bad for the planet? Do you want to be a part of making the planet a cleaner, healthier place? Now there is an APP for that!

Litterati.org has developed an app that asks people to collect, photograph and geotag litter and contribute that data to a global database that tracks and analyzes the world's litter problem. With the extensive data this citizen science project can provide, litter policies can be created that will make a difference.

This week's word:

DECOMPOSE

The verb **decompose** means to break down in decaying.

> The leaves were left to decompose in the compost heap.

Use the word decompose in a sentence today when talking with your friends and family.

Environmental News

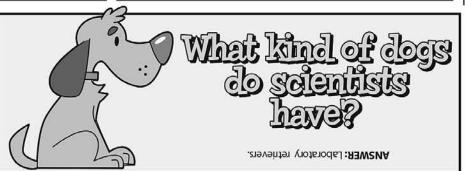
The result of plastic

plastic bags were

Philippines. According to marine biologists who

Make a chart with four columns. Label them: Threats to the Environment, Natural Resources, Ways to Save Energy, and Items to Recycle. Look through the newspaper for one month to find relevant articles to paste into each column.

Standards Link: Reading: Extract information from text.



Write On! 🐗 What does "green" mean?

What does the term "green" mean when used to describe businesses and lifestyles? What do you do that is "green"?

FRANCESCA BATTISTELLI BRINGS Own IT TOUR TO TOLIN

SUBMITTED BY MELODY HENNESSEE

Francesca Battistelli has announced "The Own It Tour," named after the multi-award-winning artist's latest critically acclaimed release. The tour will hit top markets across the country including Denver, Houston, Portland, Seattle, and the Tri-Cities' own Castro Valley on Thursday, April 11. Promoted by Premier Productions and produced by Sometimes Savvy Management, the tour features special guests Stars Go Dim and Elle Limebear.

"The songs on this album 'Own It' are so empowering. It meant so much to finally get to share them when the album was released, but there is something even more special about getting to experience them live together," said Battistelli. "To truly own your identity in Christ is so important, and I'm excited to

invite people into that with me. It's going to be an amazing tour!"

Grammy award-winning artist Francesca Battistelli began writing and performing original songs at age 15. A childhood immersed in art, music, dance and theatre prepared her for a future career on the stage. Since her 2008 Gold-certified debut, "My Paper Heart," Battistelli has propelled three consecutive studio projects to the top of Billboard's Christian Albums chart and notched seven No. 1 radio singles, including multi-format, 15-week chart-topper "Holy Spirit." The wife and mother of four has appeared on "Good Morning America" and "FOX & Friends" and has seen her music placed in a variety of high-profile films and television shows.

In addition to one Grammy win and four career Grammy nominations, Battistelli has garnered a Billboard Music



Award nod, two K-LOVE Fan Awards and six Dove Awards, including being named the Gospel Music Association's Artist of the Year, a Gold album and three certified Gold singles. With total on-demand streams exceeding 300 million, YouTube views of over 65 million, and total consumption over 2 million, the singer/songwriter continues to be one of the strongest voices in Christian music.

Battistelli will be performing songs from her latest release, "Own It," along with many of her previous hits and fan favorites. It will be a night to listen, interact, and worship. For more information go to https://francescamusic.com/ or www.premierproductions.com/.

Francesca Battistelli The Own it Tour Thursday, Apr 11 7 p.m.
Redwood Chapel
Community Church
19300 Redwood Rd,
Castro Valley
(510) 886-6300
www.premierproductions.com/t
our/francesca-battistelli-own-ittour/castro-valley-ca
https://francescamusic.com/
Tickets: \$22 - \$75

Chabot Space & Science Center announces programs for April

SUBMITTED BY CHABOT SPACE & SCIENCE CENTER

Have you ever wondered what the inside of a baseball looks like or how to measure the momentum of a fastball pitch? Did you know that weather, temperature, and altitude all have effects on the flight distance of a baseball? Join nine-time World Series champs the Oakland A's at Chabot and learn all of this and much more during our homerun First Friday, The Science of Baseball, complete with a special appearance from A's mascot, Stomper!

Also included is Future Friday with neurobiologist Allan Basbaum. Basbaum's research addresses the molecular mechanisms that underlie the generation of persistent pain after tissue or nerve injury. Most recently, his laboratory has focused on novel approaches to overcoming the neurological consequences of peripheral nerve damage by transplanting embryonic cortical inhibitory precursor cells into the spinal cord. Basbaum has served as Treasurer of the International Association for the Study of Pain (IASP) and as Editor-in-Chief of PAIN, the journal of the IASP. Recently, he was appointed Co-Chair of the Steering committee of the Intergovernmental Pain Research Coordinating Committee (IPRCC). He is a member of the American Academy of Arts and Sciences, the National Academy of Medicine and is a fellow of the American Association for the Advancement of Science and of the Royal Society in the United Kingdom.

First Friday: The Science of Baseball Friday, Apr 5 6:00 p.m. – 10:00 p.m.

Future Friday: Translating the neurobiology of pain to chronic pain

management: What does the crystal ball say?

Friday, Apr 5 6:00 – 7:30 p.m. Tickets: \$5

Tinkerfest is a one-day festival that celebrates the creative, curious, and innovative spirit in all of us. Tinkerfest brings together makers, artists, and tinkerers to showcase their work while inviting attendees of all ages to join in DIY fun. During the daylong event, the entire center will be activated, both interior and exterior spaces, with activities that highlight creativity and curiosity. A hallmark area of Tinkerfest is the "take apart" zone where tinkerers can see, touch, and learn how something works by assisting in dismantling it. Tinkerfest is geared towards a family audience but intriguing for everyone! The event is a platform for where all ages can experiment and learn together.

Tinkerfest
Saturday, Apr 13
10:00 a.m. – 5:00 p.m.
Tickets: \$22 adults, \$14 youth

Want to impress your friends with your knowledge of science and culture? Looking for a new date night activity? Just want to kick back and watch a laser show? Join us at Chabot for our new Lectures & Lasers series! Every month we'll be joined by experts, writers, and entertainers to delve into a new topic from rocket launches to pop astrology and everything in between. Then grab a drink and head to the planetarium dome for an immersive, multi-sensory music and laser light show. Shows, including the Beatles, U2, and Pink Floyd, will rotate each month. Beer, wine, non-alcoholic beverages, and desserts will be available for purchase. This event is recommended for ages 18 and up.

7:00 p.m.: David Presti: The Neuroscience of Cannabis 8:15 p.m.: Pink Floyd: The Wall 9:15 p.m.: Pink Floyd: The Dark Side of the Moon Laser Show

> Lectures & Lasers Friday, Apr 19 6:30 p.m. – 10:00 p.m. Tickets: \$15

Chabot Space & Science Center 10000 Skyline Blvd, Oakland (510) 336-7300 https://chabotspace.org/

Hayward's new main library expected to open in June

SUBMITTED BY CHUCK FINNIE

After a brief work stoppage, construction is back on track and nearing completion on the Hayward new main library with an anticipated opening in June for the public. Once finished, the new 21st Century Library and Community Learning Center will be one of the largest net-zero energy public buildings in the country and offer users of all ages an expansive collection of reading, audio and visual materials, new computers, digital media lab and makerspace featuring 3D printers and robotics, and a homework support center for students.

The three-story, 58,000-square foot building, designed by Noll + Tam Architects of Berkeley, is setting a new standard in environmental sustainability. In addition to being 100-percent energy self-sufficient and carbon-free, it will conserve drinking water by capturing, filtering and storing rainwater for non-potable uses such as flushing toilets and irrigation.

"This is an extraordinary building that also is extraordinarily complicated from a service, systems and materials standpoint," said Hayward Library Director Jayanti Addleman. "We're all eager to get in there and open the doors to the community once and for all. We can see the light at the end of the tunnel now."

Summer is coming and camp volunteers are needed

SUBMITTED BY SHIRLEY SISK

League of Volunteers (LOV) is looking for volunteers to work in its award-winning children's summer camp which will operate in Newark June 17-27 and July 8-August 1.

This year marks the 39th season of LOV's Summer Recreation in the Park which will meet 10 a.m. to 2 p.m. Mondays through Thursdays at Mayhews Landing Park in Newark. LOV's goal is to have 500 Tri-City children ages 5 to 12 enjoying arts and crafts, sports, games, music, dance and special events each day. The camp includes a daily lunch, breakfast snacks and lots of fun.

Volunteers can sign up for the full six-week program or just a single day, a week or one of the camp's special events. LOV's Summer Recreation volunteers are people ages 14 and older, and community service hours are available. For more information about volunteer opportunities, call Sherrie Valdez at (510) 793-5683.

LEAF's Community Garden

is seeking volunteers to greet visitors. Very time flexible.
ADA Handicap accessible. Location: California Nursery
Historical Park in Fremont, at Mission Blvd/Niles.

FremontLEAF@gmail.com 925-202-4489

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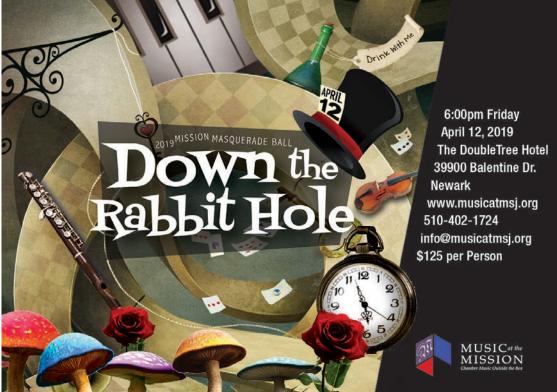
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WIN CASH PRIZES!

Friday Night at SACBC BINGO

5:00 pm DOORS OPEN - Flashboard games begin 6:30 pm 4 WARM-UP BINGO GAMES \$150 prize 7:00 pm 15 REGULAR BINGO GAMES \$300 - \$400 prizes

FLASHBOARD GAMES pay as much as \$1,199 WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church 32975 Alvarado Niles Rd, Union City t: 510-471-2581













Fraternal Order Of Eagles 1139

Thursday is - BINGO

Doors open 4pm Games Start 6:30pm

More Info: 510 676-3314 21406 Foothill Blvd., Hayward

Senior Helpline (510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



I need a Forever Home

Gabriella is a sweet senior gal whose guardian passed. Suddenly, she found herself in a place with unfamiliar smells and noises, her world turned upside down. She hopes a loving family adopts her to



give her a second chance. Meet Gabriella at the Hayward Animal Shelter.



Scarlett, a sweet 2 yr old, wants nothing more than to be your companion. She's calm, yet playful when playing fetch and she plays well with both humans and dogs. Likely OK with young children. Spayed, up-to-date

on shots. Meet Scarlett at the Hayward Animal Shelter.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter 510-293-7200

16 Barnes Court (Near Soto & Jackson) **Hayward**

Tuesday - Saturday1pm - 5pm

\$ = Entrance or Activity Fee

R= Reservations Required

Schedules are subject to change. Call to confirm activities shown in these listing





CONTINUING **EVENTS**

Tuesday, Sep 4 - Thursday, May 23

Mon. - Thurs. 3:30 p.m. - 5:00 p.m.

Homework Help Center

Primary and secondary students receive homework assistance Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 (510) 745-1401 www.aclibrary.org

Mondays, Sep 10 - May 28

Advanced Math & Science Tutoring

6:00 p.m. - 7:30 p.m. For high school and college students Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 745 1401 www.aclibrary.org

Wednesdays, Thursdays, Sundays, Dec 19 - Apr 28 **Tech Help and Computer Tutor**

Wed. 7 p.m.-8 p.m. Thurs. 3 p.m.-4 p.m. Sun. 1 p.m.-5 p.m. Half hour appts. for one-on-one computer and e-device help Union City Branch Library 34007 Alvarado Niles Rd.,

Union City (510) 745-1464 www.aclibrary.org

Wednesday - Sunday, Jan 26 - Apr 21

Hayward Arts Council 2019 Members Show

10 a.m. - 4 p.m. Sculpture, quilting, pottery, watercolors, mixed media and poetry

Hayward Area Historical Society Museum 22380 Foothill Blvd., Hayward (510) 581-0223

1st and 3rd Mondays, Feb 4

- May 20 **Guitar Jam For Seniors \$**

haywardartscouncil.org

1:00 p.m. - 3:30 p.m. Play guitar with othe No instruction. \$2.50 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Wednesdays, Feb 6 – May 1

Ukulele Jam Program \$

1:00 p.m. - 2:30 p.m. Weekly program for active adults 50+. Bring ukulele and music stand

San Leandro Senior Community Center

13909 East 14th Street, San Leandro (510) 577-3462

https://www.sanleandro.org/depts/re c/facilities/senior_community_center/default.asp

Saturdays, Feb 9 - Apr 13 **Free Tax Preparation**

1 p.m. - 4 p.m.

Assistance for households earning \$54,000 or less. Photo ID and tax documents required Fremont Main Library

2400 Stevenson Blvd., Fremont (510) 745-1421 www.aclibrary.org

Mondays and Thursdays, Feb 12 - May 30

Table Tennis \$

Mon: 1:00 p.m. - 3:45 p.m. Thurs: 12:30 p.m. - 3:45 p.m. Improve your hand-eye coordination. \$3 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

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Happy Hour SUNDAY

Mon.-Fri 2pm-6pm Football Brunch \$1 Mimosas,

New breakfast skillet, and breakfast burrito! **Great Prices Appetizers** and Drinks

WEEKDAY LUNCH SPECIALS

Mon - Fri I lam - 2pm \$13.99 each

Rib & Chicken Combo Hot Link & Chicken Combo **Pulled Pork & Brisket Combo** Chicken and Bratwurst Combo Chicken and Pulled Pork Combo Delivery/Pick-up Pulled Pork & Hot link Combo **Pulled Pork & Bratwurst Combo**

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VISA

26869 Mission Blvd., Hayward (Behind FOOD SOURCE)

510-538-1536

Farmers' Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays

10 a.m. - 2 p.m.

Year-round Castro Valley Bart station lot off of Redwood Road equipped to accept EBT and Market Match funds to CalFresh customers. info@uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. – 2 p.m. Year-round

39400 Paseo Padre Pkwy., Fremont 800-949-FARM www.pcfma.com

Irvington Farmers' Market Sundays

9 a.m. - 2 p.m.

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

Niles Farmer's Market

Saturdays 9 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays 9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward

1-800-897-FARM www.agriculturalinstitute.org

South Hayward Glad Tidings Saturdays 9 a.m. - 3 p.m.

Year-round W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward

(510) 783-9377 www.cafarmersmarkets.com **SAN LEANDRO:**

Bayfair Mall Saturdays

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2017 to December 31, 2017 2500 Merced St, San Leandro www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at Great Mall Parking Lot Sundays

8 a.m. – 1 p.m.

Year-round GREAT MALL 882 Great Mall Drive., Milpitas 800-949-FARM www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays 9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark

1-800-897-FARM www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

Union City Farmers' Market Saturdays

9 a.m. – 1 p.m.

Year-round Old Alvarado Park Smith and Watkins Streets, Union 800-949-FARM www.pcfma.com



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ProgramCoordinator@DriversForSurvivors.org www.DriversForSurvivors.org

Mondays, Feb 18 - May 27 Caning & Furniture Refinishing/Restoration Class \$

9 a.m. - 12 noon Beginners thru advanced - bring your project for evaluation. \$2 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Monday - Friday, Feb 18 -May 30

Billiards/Pool Tables \$

8:30 a.m. - 4:00 p.m. Beginning thru advanced players. \$1.50 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738

Tuesdays, Feb 26 - Apr 16

Civics/Citizenship Class

www.haywardrec.org

6:00 p.m. - 8:30 p.m. Prepare for the U.S. Citizenship exam Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 www.aclibrary.org/fremont

Wednesdays, Feb 27 - Apr 17

Civics/Citizenship Class

12 noon - 2:30 p.m. Prepare for the U.S. Citizenship exam Newark Branch Library 6300 Civic Terrace Ave., Newark (510) 284-0684 (510) 745-1480 www.aclibrary.org

Monday - Friday, Mar 1 -May 3

Art is Education Show

8 a.m. - 5 p.m. HUSD student art work display John O'Lague Galleria 777 B Street, Hayward (510) 538-2787 www.haywardarts.org

Saturdays and Sundays, Mar 2 - Apr 26

Wild Wonders

2 p.m. - 3 p.m. Games, activities, crafts for all ages Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Saturdays and Sundays, Mar 2 - Apr 26

Nature Crafts

10 a.m. - 12 noon Get crafty and learn about the natural

Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Sundays, Mar 3 - Apr 26

Animal Feeding Time

10:30 a.m. - 11:00 a.m. Discuss reptiles, observe feeding time Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Wednesdays, Mar 13 **May 29**

Watercolor Class \$

9:00 a.m. - 12:00 noon For all experience levels San Lorenzo Adult School 820 Bockman Road, San Lorenzo (510) 317-4200 https://adu.slzusd.org

Sunday, Mar 17 - Saturday,

Juried Photography Exhibit

Library open hours

25 local photographers share 100 diverse photos Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 www.Fremontculturalartscouncil.org

Friday - Sunday, Mar 29 -Apr 7

Thursday, Apr 4

Oliver! The Musical 7 p.m., 2 p.m. matinees on 3/31, 4/6, 4/7

Join young Oliver Twist as he navigates London's underworld Irvington High School Valhalla

41800 Blacow Rd., Fremont (510) 590-7510 www.ihsdrama.com

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corner of Grand and Winton 386 Winton Ave. Hayward

Fridays, Mar 29 - Apr 12 **Stations of the Cross for Seniors**

2:30 p.m.

Inspiring reflections helpful to seniors, family, friends and caregivers

Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 933-6335 www.msjdominicans.org

Thursday-Saturday, Mar 30 -May 11

Spring Exhibition: Celebrating HARD at 75

11 a.m. - 3 p.m. Variety of two-and three-dimensional media, watercolor, clay and photography. Reception: Sat. Mar 30, 1 p.m. - 3 p.m. Adobe Art Center 20395 San Miguel Ave., Castro Valley (510) 881-6735 haywardrec.org/783/adobe-art-

Monday - Friday, Mar 30 -

Celebrating HARD at 75!

gallery

Spring Exhibition Upstairs: Mon-Fri, 9-5 Downstairs: Mon: 5 p.m. - 10 p.m. Tues & Thurs: 10 a.m. - 1 p.m. Over 70 artists

PhotoCentral 1099 E St., Hayward (510) 881-6721 www.photocentral.org

Wednesdays, Apr 3 - Apr 17 Gift of Imperfection: Living With Your Whole Heart \$

10:15 a.m. - 11:45 a.m. Happiness and how to live a rich and fulfilling life. \$2 drop-in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Wednesdays, Apr 3 - Oct 9 **Downtown San Leandro Farmers Market**

4 p.m.- 8 p.m. Cooking demonstrations, wine tastings, live music, 30+ vendors

Downtown San Leandro Parrott Street between East 14th and Washington Ave. https://www.sanleandro.org/thingsto

Thursdays, Apr 4 - Apr 25

do/farmersmarket/default.asp

Yoga \$

9:30 a.m. - 10:30 a.m. Yoga increases your ability to focus and creates energy

Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Thursday - Saturday, Apr 4 -Apr 13

Amelie The Musical \$

(510)796-1776 ext. 57702

April 4 at 4 p.m., Fri. & Sat. 7 p.m., Sun 2 p.m. Imaginative dreamer finds her voice American High School Theatre 50 36300 Fremont Blvd, Fremont

Thursday - Sunday, Apr 5 -Apr 14

www.ahs-fusd-ca.schoolloop.com

Legally Blonde \$

Thurs - Sat: 7 p.m. Sun: 2 p.m. Follow Elle Woods as she tackles stereotypes and scandal Washington High School 38442 Fremont Blvd., Fremont (510) 791-3414

whspac.brownpapertickets.com

Thursday-Sunday, Apr 5 -

May 4 **Heated Expression: Clay and**

Glass 12 noon - 5 p.m.

Beautiful, fired works from members of the Assoc. of Clay & Glass Artists.

Reception: Friday, Apr 5 7 p.m.- 9 p.m. Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.fremont.gov/OliveHyde

Friday, Apr 5 - Saturday,

Apr 6 **Disney Tour Showcase \$**

Fri & Sat: 7:00 p.m. Sat: 2:30 p.m. Songs from Broadway Musicals, Jersey Boys, Mamma Mia, Motown the Mu-

Milpitas Community Center 457 E. Calaveras Blvd., Milpitas (408) 586-3210 www.centerstagepa.org

Thursday - Sunday, Apr 5 -

You're A Good Man, Charlie **Brown \$** 4/5, 4/6, 4/12; 7pm, 4/7; 4pm, 4/11;

3:30pm, 4/14; 2pm Newark Memorial High School Theatre 39375 Cedar Blvd., Newark (510) 791-0287 (510) 818-4350 https://nmhs.newarkunified.org/

Friday-Sunday, Apr 5 - Jun 1 **Planet Earth: The Beauty of Life**

11 a.m. - 5 p.m. Environmental exhibit exploring the beautiful things that make up life

Reception;

Saturday, Apr 13 1 p.m. - 4 p.m. Sun Gallery 1015 E St., Hayward (510) 581-4050 www.sungallery.org



Suberior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun Ilam-10pm Fri & Sat. Ilam -Ilpm

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BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., **FREMONT** 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., **FREMONT**

Wednesday

12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT 6:00 - 6:30Camellia Dr. & Camellia Ct., **FREMONT**

Thursday

11:30 - 12:30 Our Lady of Grace, 19920 Anita Ave., **CASTRO VALLEY** 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 - 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 - 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday

4:45 - 5:30 Baywood Apartments, 4275 Bay St., **FREMONT** 5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO 2:30 - 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO 3:30 - 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY 6:00 - 6:30Camellia Dr. & Camellia Ct., **FREMONT**

Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd.,

MILPITAS

22 VETERANS **VETERANS Crisis Line** 1-800-273-8255 PRESS TEAM AMVETS

Monday - Sunday, Apr 6 -Apr 20 **Photos with the Easter Bunny \$**

11 a.m. - 8 p.m. Someone special is hopping into town New Park Mall 2086 Newpark Mall, Newark

(510) 794-5523 www.newparkmall.com

Sundays, Apr 7 - Apr 29 **Golden Hills Art Association Art Exhibit**

During business hours

Painting demonstrations, face painting, finger foods Meet the artist reception:

Sunday, Apr 7 2 p.m. - 4 p.m. Milpitas Library 160 North Main St., Milpitas (408) 262-1171

Friday nights

Laugh Track City \$

Fast-paced improv comedy show Made Up Theatre 4000 Bay St, Suite B, Fremont (510) 573-3633 https://madeuptheatre.com/

Saturday nights

8 p.m. Audience-inspired improv play Made Up Theatre 4000 Bay St, Suite B, Fremont (510) 573-3633 https://madeuptheatre.com/

THIS WEEK

Wednesday, Apr 3

Toddler Time

10:30 a.m. - 11:45 a.m. Read a story, do some chores, meet some farm animals

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Thursday, Apr 4

Home Buyer Seminar R

6:30 p.m. - 8:00 p.m. 7 things you should know before buying a home

Round Table Pizza Hayward 22457 Foothill Blvd., Hayward https://rem.ax/HomeBuyerSeminar

Friday, Apr 5

Eden Area Village Member Forum & Outreach

Meet members and learn how local seniors are being helped Hayward City Hall 777 B St., Hayward (510) 208-0410

Friday, Apr 5

Our Community In Unity

www.edenareavillage.org

6:00 p.m. - 7:30 p.m. Sharing stories and unity walk along Castro Valley Blvd.

Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org

Friday, Apr 5

Senior Care & Life Planning Seminar R

1:30 p.m. - 3:00 p.m. Assemblymember Quirk hosts free Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 (510) 583-8818 www.haywardrec.org

Saturday, Apr 6

Night Out At Sunol

7:30 p.m. - 9:30 p.m. Watch bats leave their roosts, blacklight for moths, sit by a campfire Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249

Saturday, Apr 6

www.ebparks.org

Garden Open House

10 a.m. - 3 p.m. Drum circle, worm farming demo, live music, vendors

Paradise Community Garden 20095 Mission Blvd, Hayward (510) 909-4077

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Renewmdwellness.com 210 Fremont Hub Courtyard, Fremont

Saturday, Apr 6

Wild Edibles & Plant Uses R

9 a.m. - 1 p.m. Sample savory wild food Garin Regional Park 1320 Garin Ave., Hayward (510) 582-2206 1-888-327-2757 www.ebparks.org

Saturday, Apr 6

Shredding and Techno Trash Recycling Event

9 a.m. - 1 p.m.

Documents must be free of staples and clips. E-waste must be separate from paper shredding

Public Works Service Center 14200 Chapman Rd., San Leandro (510) 577-6026 www.sanleandro.org

Saturday, Apr 6

Gardening with Succulents R

9:30 a.m. - 12:30 p.m. Learn how to care for, irrigate, and design landscapes with succulents Hayward City Hall

777 B St., Hayward (510) 208-0410 https://www.hayward-ca.gov

Saturday, Apr 6

Cybersecurity: Safety on the

10:30 a.m. - 12 noon Learn about phishing, vising, how to detect phony email, security measures Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org

Saturday, Apr 6

Chabot College Music Performance

2 p.m. Eclectic program of music from the flute choir and guitar ensemble Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org/branches/csv

Saturday, Apr 6

Aprons On: Samosas and Lassis

6 p.m. - 9 p.m. Hands on workshop learning about Indian cooking Fremont Art Association

37697 Niles Blvd., Fremont

(510) 792-0905 www.FremontArtAssociaion.org

Saturday, Apr 6

Union City Police Dept. Car **Seat Checkup Event**

10 a.m.- 12 noon Learn proper installation of a car seat or booster seat

Walmart 30600 Dyer St., Union City (510) 475-5915 (510) 618-2050 www.unioncity.org

Saturday, Apr 6

Tartan Day Scottish Fair \$

10 a.m. - 5 p.m. Music, dancing, bagpipes, handmade crafts, historical re-enactments,

Highland athletics Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 888-327-2757 www.ebparks.org

Saturday, Apr 6 - Sunday,

Friends of San Leandro Library Fall Book Sale

Sat. 9 a.m. - 4 p.m., Sun. 12 noon -3 p.m.

Saturday members preview 9:00a.m. - 11:00 a.m., general public 11:00 a.m. - 4:00 p.m. Sunday \$2 per bag sale San Leandro Main Library 300 Estudillo Ave., San Leandro (510) 577-3971 www.aclibrary.org

Saturday, Apr 6

eBook & eAudiobook Help

10:30 a.m. - 12:30 p.m. Get help downloading electronic books and audiobooks from the library's website Fremont Main Library 2400 Stevenson Blvd., Fremont

(510) 745-1421 www.aclibrary.org

Saturday, Apr 6 **Young Recitalist Competition**

8 a.m. - 5 p.m. (Fridays) Open to instrumentalists living in the Bay Area

First United Methodist Church of Fremont 2950 Washington Blvd., Fremont (510) 794-6844

www.fremontfirstumc.org



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Saturday, Apr 6 **Family Crafts and House Tours**

11 a.m. - 2 p.m. Family friendly crafts and activities

McConaghy House 18701 Hesperian Blvd., Hayward (510) 581-0223 www.haywardrec.org

Saturday, Apr 6

Regina Doyle: The Untold, But True Story

6 p.m. - 7 p.m. Imagine you discovered your grandmother was a movie star Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturday, Apr 6 Movie Night \$

7:30 p.m. "Gone Before Their Time: Regina Doyle, Pearl Cook & Martha Mansfield". "Dr. Jekyll and Mr. Hyde' Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411

Saturday, Apr 6 **Noodles on Noodles Festival**

www.nilesfilmmuseum.org

3 p.m. - 9 p.m. Over 15 food trucks and vendors serve up delicious chef-inspired noodle

Town Fair Plaza 39100 State St., Fremont (510) 858-9150 https://www.mvblfeast.com/noodlesfestival

Saturday, Apr 6

Peeps T-Shirt MAKEBreak \$

1 p.m. - 3 p.m. Purchase t-shirt, decorate for spring Michaels Store Fashion Faire Place 15100 Hesperian Blvd., San Leandro (510) 278-5400 www.michaels.com

Saturday, Apr 6

Peeps T-Shirt MAKEBreak \$

1 p.m. - 3 p.m. Purchase t-shirt, decorate for spring Michaels Store Fremont Hub 39170 Argonaut Way, Fremont (510) 857-0268 www.michaels.com

Saturday, Apr 6

www.aclibrary.org

Peeps T-Shirt MAKEBreak \$

1 p.m. - 3 p.m. Purchase t-shirt, decorate for spring Michaels Store Union Landing 31080 Dyer St., Union City (510) 471-5443 www.michaels.com

Saturday, Apr 6

Carrot Cards Craft Make & Take \$

10 a.m - 12 noon Make and take home an Easter craft. Ages 3-8 years

Michaels Store Fashion Faire Place 15100 Hesperian Blvd., San Leandro (510) 278-5400 www.michaels.com

Saturday, Apr 6

Carrot Cards Craft Make & Take \$

10 a.m - 12 noon Make and take home an Easter craft. Ages 3-8 years Michaels Store Fremont Hub 39170 Argonaut Way, Fremont (510) 857-0268

www.michaels.com Saturday, Apr 6

Carrot Cards Craft Make & Take \$

10 a.m - 12 noon Make and take home an Easter craft. Ages 3-8 years Michaels Store Union Landing 31080 Dyer St., Union City (510) 471-5443 www.michaels.com

Saturday, Apr 6

Compost Workshop

10 a.m. - 2 p.m. Free lesson on composting basics. Everyone receives a 1 lb. bag of redworms

Milpitas City Hall 455 E. Calaveras Blvd., Milpitas (408) 586-2528 (408) 918-4640 www.ci.milpitas.ca.gov

Saturday, April 6

Aunt Marie reads "Sheep in a Jeep"

11 a.m. Books on B 1014 B St, Hayward (510) 538-3943 www.booksonb.com

Sunday, Apr 7

Farmyard Story Time \$

10:30 a.m. - 11:00 a.m. Enjoy classic barnyard tales Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Apr 7

Cooking in the Country Kitchen

11 a.m. - 1 p.m. Discover cooking with a wood-burning stove and sample the special of Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797

Sunday, Apr 7 **Garden Bug Safari**

www.ebparks.org

1 p.m. - 2 p.m. Discover the mysterious world of bugs Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Apr 7

Stories Under an Oak

11 a.m - 12 Noon Settle in for story time under the canopy of a majestic oak Covote Hills 8000 Patterson Ranch Road, Fremont (510) 544-3220 www.ebparks.org

Sunday, Apr 7

Wildflowers in Wilderness

9:00 a.m. - 11:30 a.m. Discover the changing blooms of the

Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Sunday, Apr 7 **Bike For Education**

7:30 a.m. - 3:00 p.m. Fun bike routes, bbq, games. Proceeds benefit Castro Valley Educational Foundation

Castro Valley High School 19400 Santa Maria Ave, Castro Valley (510) 537-5910 www.cvef.org

Sunday, Apr 7

Rural Farm Pharmacy

11:30 a.m. - 12:30 p.m. Discover a few simple remedies used by 19th century rural Americans Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Apr 7 - Monday, Apr 8

The Little Mermaid, Jr. Auditions

6:30 p.m.- 9:00 p.m. Prepare a song and bring sheet music in your key, dress comfortably for a short dance routine

Ages 5-18 years Newark Memorial High School The-39375 Cedar Blvd., Newark (510) 791-0287 www.stage1theatre.org

Sunday, Apr 7

Book Launch

4 p.m. - 6 p.m. Local poet Florence Miller celebrates her 2nd collection of poetry Mission Coffee Roasting House 151 Washington Blvd., Fremont (510) 474-1004 www.fremontcoffee.com

Monday, Apr 8

10:30 a.m. - 12 noon

Outdoor Discoveries: Seeds of Sunol R

Playful science for home school kids. Ages 4 - 8 Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org/register

Monday, Apr 8

10 Minute Massage R

1:00 p.m. - 3:30 p.m. Trained massage and certified acupressure practitioner. Seniors 60+ years. Call to make an

appointment Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Monday, Apr 8

Become a Castro Valley Booklegger

10 a.m. - 11 a.m. Do you like kids and books? Learn about this volunteer opportunity Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 www.aclibrary.org

Monday, Apr 8

Milpitas Rotary Club Meeting 12 noon - 1:30 p.m.

Presentation on the importance of a workplace violence prevention program Dave and Busters 940 Great Mall Dr., Milpitas (408) 957-9215 http://www.clubrunner.ca/milpitas

Monday, Apr 8

Running Your Own Food Business

6:30 p.m. - 8:30 p.m. Develop a concept - mission, vision, values

San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 670-6283 www.aclibrary.org

Monday, Apr 8

Pet Photos with the Easter **Bunny \$**

5 p.m. - 9 p.m. Dogs and cats welcome New Park Mall 2086 Newpark Mall, Newark (510) 794-5523 www.newparkmall.org

Tuesday, Apr 9

Dispute Resolution

2:30 p.m. - 3:30 p.m. What happens when you submit a complaint; how BBB can help Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 (510) 745-1432 www.aclibrary.org

Tuesday, Apr 9

Alameda County Small Business Development Center

7:00 p.m. - 8:30 p.m. Learn how small businesses achieve their goals at no cost to them Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 (510) 745-1432 www.aclibrary.org

Tuesday, Apr 9

Sikh Turban Day

5:00 p.m. - 7:30 p.m. Join Sikh community to celebrate Vaisakhi by experiencing Turbin tying Union City Branch Library 34007 Alvarado Niles Rd., Union City (510) 745-1464 www.aclibrary.org

Tuesday, April 9

Silicon Valley Fashion Event

6 p.m. – 8 p.m. Panel discussion on fashion tech and trends, cosmetology and networking Fremont Beauty College 4164 Technology Dr., Fremont (510) 797-7318 www.professional.connector.com./eve nt/silicon-valley-fashion-event

Wednesday, Apr 10

Running Your Own Food Business

6:30 p.m. - 8:30 p.m. Learn about operating models San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 670-6283 www.aclibrary.org

Wednesday, Apr 10

Student Health Clinic Opening

1 p.m. - 4 p.m. Ribbon-cutting ceremony and refreshments

Chabot College, Building 2300 25555 Hesperian Blvd., Hayward cjohnson@tvhc.org

Thursday, Apr 11

Francesca Battistelli - The Own it Tour \$

7 p.m. Christian artist performs music from latest album, previous hits and fan

Redwood Chapel Community 19300 Redwood Rd., Castro Valley (510) 886-630 www.redwoodchapel.org

Friday, Apr 12

Music at the Mission Masquerade Ball -Down the **Rabbit Hole \$**

6 p.m. Evening of entertainment, food, auction items, and surprises Doubletree Newark-Fremont Hilton

Hotel 39900 Balentine Dr., Newark (510) 490-8390 www.musicatmsj.org

Saturday, Apr 13

Bunco Madness \$R

10:30 a.m. - 2:30 p.m. Join the Hill and Valley Women's Club for lunch and fun. Reservations accepted until 4/6 Hill and Valley Clubhouse 1808 B St., Hayward (650) 245-8473 (510) 487-8827 www.facebook.com/hillandvalleyclub

Gala raises funds to help East Bay families

SUBMITTED BY DAVIS STREET

For just one night, the Sequoyah Country Club in Oakland was transformed into a Cuban themed oasis for a fund-raising "A Night in Havana" dinner dance that raised \$156,170 for East Bay families

The March 27 event was sponsored by Davis Street, a non-profit agency that serves low-income families from the Eden area and surrounding communities. During the event, Davis Street officials recognized Gordon Galvan for his 10 years of service and leadership on the Davis Street Board of Directors and

welcomed Dr. Susan Cota as Board President.

"I'm eternally grateful to our core supporters for making this our highest grossing event ever and am excited to welcome Dr. Cota as we write the next chapter of Davis Street," said Rose Padilla Johnson, Davis Street CEO.

The sold-out gala raised critically needed funds to support all the programs at Davis Street and ensure that the thousands of people who turn to Davis Street during their time of need are never turned away.

Funds raised help Davis Street maintain a comprehensive safety net that helps low-income clients navigate their journey to financial, physical, and mental well-being. Among their programs are a federally qualified health center, primary care clinic providing medical, dental, vision, pediatric services, behavioral, and women's health services; food and clothing; subsidized child care; housing and utility assistance and referrals; five childcare centers; and the Stepping Stones Growth Center that provides programs for individuals with developmental disabilities.

Senior Care and Life Planning Seminar

SUBMITTED BY Lyanne Mendez

Assemblymember Bill Quirk (D-Hayward), Kaiser Permanente and Legal Assistance for Seniors invite seniors, their caregivers and families to a free Senior Care and Life Planning Seminar on Friday, April 5. Attendees will learn how to complete an advance directive or "living will," how to make decisions ahead of time based on our personal values and know what information to discuss with your agent, family and doctor. To RSVP, call Quirk's office at (510) 583-8818.

For more information, visit https://a20.asmdc.org/event/upcoming-event.

> Senior Care and Life Planning Seminar Friday, Apr 5 1:30 p.m. - 3:00 p.m.

Kenneth C. Aitken **Senior Center** 17800 Redwood Rd, Castro Valley (510) 583-8818

https://a20.asmdc.org/event/up coming-event

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Contact: Debbie Romero

Email: dromero@newarkunified.org

depending on need

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Alameda County Healthy Homes Department HOME REPAIR GRANTS

Minor Home Repair Program

This program provides small grants to low-income homeowners for minor repairs such as plumbing, electrical, carpentry, railings, grab bars, toilets and other minor health and safety repairs.

Lead Hazard Repair Program

Grant funds are available to address lead hazards in older housing with lower income occupants. Housing built before 1960 with children under six is a priority.

For more information call the Alameda County Healthy Homes Department

510-567-8280 www.achhd.org



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Honoring John Sutter

By Dennis Waespi EAST BAY REGIONAL PARK **DISTRICT BOARD OF DIRECTORS**

The East Bay Regional Park District Directors have unanimously approved naming a new 45-acre regional park at the eastern landing of the Bay Bridge in honor of John Sutter, a longtime Park District board member and strong advocate of public access to waterfront recreation. The new park will be called Judge John Sutter Regional Shoreline in recognition of his distinguished service. Sutter was a Park District director from 1996 to 2016. In his previous career, he was an Alameda

County deputy district attorney, an Alameda County Superior Court judge, an Oakland City Council member, and vice mayor of the City of Oakland.

Sutter was president and a founding member of the Citizens for Regional Recreation and Parks, known today as the Greenbelt Alliance. In 2016 he received the prestigious Honorable Cornelius Amory Pugsley Award from the American Academy for Park and Recreation Administration. He was also the earliest proponent of a park at the site of the former Oakland Army Base. In 1967, as president of the future Greenbelt Alliance, he advocated for the Association of Bay Area

Governments to designate the then-active army base as future parkland.

The Oakland Army Base was placed on the federal base closure list in 1995. Through a complicated process, 45 acres of the property were conveyed for public use. The new park will include 13 acres of upland and seven acres of submerged, all conveyed to the Park District. Additional lands in the park are owned by the City of Oakland and CalTrans. The Park District will fund, develop and maintain the park.

Part of the park is the Bridge Yard Building, a former maintenance structure redesigned as an event venue. Currently, the public has access to the building and the Bay Bridge Trail, which leads from the mainland out to Yerba Buena Island. Public access to a pier that is being constructed on former Bay Bridge footings is expected this year. The new park

name is a fitting tribute to Sutter for his many years of advocacy on behalf of public access to bay shorelines.

Many local park and recreation projects in the East Bay have benefited from Measure WW, a Park District bond issue approved in 2008 by voters in Alameda and Contra Costa Counties. Sale of \$500 million in bonds was authorized, of which \$125 million are specifically dedicated to local park and recreation projects on a per capita population basis. In the past 11 years, the Park District has approved \$118 million toward 240 projects benefiting communities in the two counties. Of those, 162 projects have been completed so far. Projects funded have included youth and senior centers, sports fields, aquatics centers, picnic areas, safe playground equipment, and park

infrastructures such as bathrooms

and water fountains. For a list of projects in your community, visit www.ebparks.org/Measure WW.

This looks to be a great year for wildflowers. So be sure to check out the Spring Wildflower Festival from 11 a.m. to 4 p.m. Sunday, April 14 at Sunol Regional Wilderness. Wildflower hikes, arts and crafts, live entertainment, and nature-themed activities will all be part of the fun.

Parking costs \$5 per vehicle; admission to the festival is free. Sunol is at the end of Geary Road, off Calaveras Road about 5 miles south of I-680 and the town of Sunol. For information, call (510) 544-3249.



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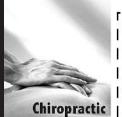
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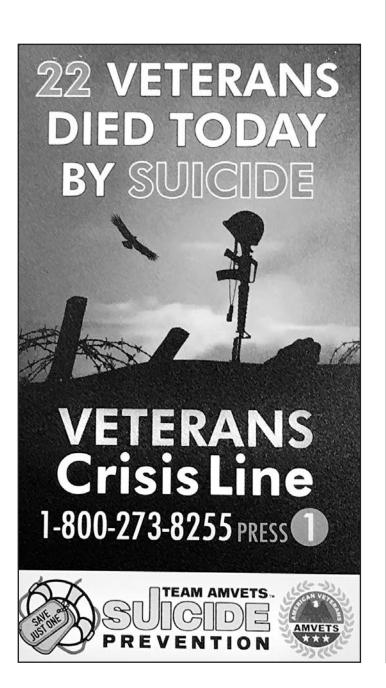
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Cougars Champions of Character





SUBMITTED BY TIMOTHY HESS

Recent selections of Newark Memorial High School Champions of Character are:

Baseball – Jadon Malimban Softball – Rhiannon Underhill and Analicia Parish

Lady Cougar grappler recruited for Menlo Oaks

SUBMITTED BY TIMOTHY HESS

Congratulations to Newark Memorial High School wrestler, Sierra Van Rossem. She has earned and accepted a scholarship at wrestling powerhouse Menlo College (Atherton, CA). Menlo College recently won the Women's Collegiate Wrestling Association National Championship. We are extremely proud of you Sierra.



Sierra Van Rossem and Menlo College Women's Wrestling Coach Marcus Randolph



Softball

Renegades Report

PHOTOS BY DON JEDLOVEC

The month of March on the softball field has been a mixed bag for the Ohlone College (Fremont) Lady Renegades who move into April with a 12-14 overall record. At an even 4-4 in conference play, this month will be critical as they will meet seven conference rivals, trying to move above the .500 mark. After meeting Hartnell at home on April 2, the Lady Renegades will be at San Jose on the April 4, then back to their home field in non-conference action for a double-header on Saturday, April 6. Come out to the game to watch some competitive action!



Park It

By NED MACKAY

The pipes are calling, and

Scots will gather on Saturday, April 6 at Ardenwood Historic Farm in Fremont for the annual Tartan Day Scottish Fair. From 10 a.m. to 5 p.m., it's a full day of celebrating things Scottish, including bagpipe music, Scottish dancing, homemade crafts, historic re-enactments, and Highland-style athletic competitions. Local Scottish clans and societies will share their rich culture and colorful heritage. Children may find a fairy or dragon in the Children's Glen. Traditional food and drink will be available for purchase.

The event is sponsored by the East Bay Regional Park District and the East Bay Scottish Association. Fee for the event is \$12 for adults, \$8 for seniors 62 and older, \$6 for children ages 4 through 17, and free for kids 3 and under. Parking is free. To buy tickets in-advance call (888) 327-2757, option 2, or buy in-person at the park entrance. Everyone is welcome to attend the celebration.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84. For information, call (510) 544-2797.

Flowers and bats are both on the agenda at Sunol Regional Wilderness in southern Alameda County. The park's interpretive staff will lead a series of Sunday walks from 9 a.m. to 11:30 a.m. April 7 and April 28 in search of wildflowers starting at the park's visitor center. The length and route will vary, based on what's blooming.

Naturalist Constance Taylor will lead a **night hike** from 7:30 p.m. to 9:30 p.m. Saturday, April 6. **The group will watch bats in flight and learn what glows in the dark.** Bring a flashlight, wear layers, and meet at the visitor center.

Sunol Wilderness is located at the end of Geary Road, off Calaveras Road, about 5 miles south of I-680. For information, call (510) 544-3249.

At Tilden Nature Area near Berkeley, naturalist Trent Pearce will lead an **amphibian roundup** from 10 a.m. to 11 a.m. Sundays, April 7 and April 14. It's a search for newts, frogs, and other small, slimy creatures that are fond of water. Pearce ventures out again from 2 p.m. to 5 p.m. Sunday, April 7 for a 2-mile walk in search of wildflowers.

For either program, meet Pearce at Tilden's Environmental Education Center, at the north end of Central Park Drive. For information, call (510) 544-2233.

Carnivorous canines are the theme of a program from 2 p.m. to 3 p.m. Saturday, April 6 at Big Break Regional Shoreline in Oakley. The group will explore the park to discover the differences and similarities between wild canines and your family pet.

Big Break is at 69 Big Break Road, off Oakley's Main Street. For information, call (888) 327-2757, ext. 3050.

If you're looking for wildflowers on your own, I can suggest several options at various regional parks. Likely spots include Prairie Falcon Trail at Morgan Territory Regional

Preserve, east of Mt. Diablo; Chaparral Loop Trail at Black Diamond Mines in Antioch; Sibley Volcanic Regional Preserve on Skyline Boulevard in Oakland; Vargas Plateau Regional Park in Fremont; Pleasanton Ridge in Pleasanton; and Camp Ohlone Road and Canyon View Trail at Sunol.

Wildflower displays are hard to predict; many factors contribute. But this looks to be a fine year for the blooms.

There's always something fun and educational going on in the regional parks. Visit the website www.ebparks.org for a complete schedule.

The weather outside was frightful

SUBMITTED BY MIKE HEIGHTCHEW PHOTO BY CHRIS DIGGS

The drought is over and then some! Many early games of local spring sports were delayed in due to heavy rains and sodden fields. The poor outdoor conditions have caused cancellations and delays, but sunny days and warmer nights are on the horizon; racquets, drivers and putters, starter shots and umpire calls will soon fill the air!



The condition of Tak Fudenna Stadium (Fremont) on March 27 tells the tale of the early spring sports season.

San Leandro announces grant opportunity for youth programs

SUBMITTED BY ALICE KIM

The City of San Leandro Youth Advisory Commission (YAC) has announced the release of 2018-19 Youth Mini Grant program. This annual program provides grant funding to support organizations or programs that are youth-driven and have a positive impact on San Leandro youth. The Commission is accepting applications through Monday, April 22. The total funding available for this year's mini grant program is \$1000; the amount per award will depend on the number of awards granted, and corresponding funding level.

The YAC raised the grant money by volunteering and implementing special fundraising events. Additional funds to support this program were donated by the San Leandro Optimist Club. Applications are available online at

https://www.sanleandro.org/depts/rec/programs/mini_grant_application/default.asp or at the Marina Community and San Leandro Senior Community Center. For more information, call the Recreation and Human Services Department at (510) 577-3462.

San Leandro Youth Mini Grant Applications accepted until Monday, Apr 22

> Marina Community 15301 Wicks Blvd, San Leandro

San Leandro Senior Community Center 13909 East 14th St, San Leandro

(510) 577-3462 https://www.sanleandro.org/depts/rec/programs/mini_grant_application/default.asp

FREE PRESCHOOL

Fremont Unified School District offers
FREE preschool for income-eligible families.
The income limits have been raised recently and
more families are qualifying.
Children must be 3-5 years old and toilet trained.
It's a 3-hour class, 5 days per week.
Openings now and throughout the school year.
For information: 510-659-2579 or
preschool@fremont.k12.ca.us

Titans flex their offense muscle





Baseball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The John F. Kennedy Titans (Fremont) and Moreau Catholic Mariners (Hayward) played a double header on March 29 to catch up from rain delays. The first game began with an offensive show of power hitting in the first inning as Dalton Bowling got the Titans started with a home run blast over the center field wall. The Titans lead increased as another two runs were scored early in the game and, in the third inning, another shot over the fence in almost the same place. Even though



there were Mariners attempts to respond, they failed to score. With little to slow the juggernaut, more Titans runs were added in the final innings. Final score: Titans 6, Mariners 0.

In the second game of the doubleheader,
Titans power remained unchecked as the hit fest
continued. Titans hitters accounted for six runs in
the first inning, adding seven more runs in the
fifth inning and three in the sixth inning. It was
decidedly a Titans day at the plate, especially for
Seniors Dalton Bowling who blasted home runs in
both contests, John Harmon, James Swarts and
Josh Manges. Sophomore Cole Lewis had a good
day at the plate as well, adding four Runs Batted
In (RBI) in the second game. Final score: Titans 16,
Mariners 0.

Nomination period open for Hayward volunteer recognition

SUBMITTED BY CITY OF HAYWARD

The steering committee of Hayward's Annual Volunteer Recognition and Awards Dinner is inviting local community agencies to select one of their volunteers to be recognized during the 42nd Volunteer and Recognition Dinner on Tuesday, October 8. Agencies can select a volunteer to be recognized during the event's "Hearts of Hayward" awards ceremony. In addition, organizations may nominate a volunteer for the John N. Pappas Humanitarian Award, presented every year to a community volunteer who exemplifies community spirit and ownership. The nomination period closes Wednesday, May 15.

Nomination forms were mailed to community agencies last month, and can be requested by calling

Ginny DeMartini, district director for Alameda County District 2 Supervisor Richard Valle at (510) 670-6150 or can be found online at http://www.emailmeform.com/builder/emf/hef/40t hDinner.

The Annual Volunteer Recognition, sponsored by County of Alameda and City of Hayward, serves as an opportunity to thank the most dedicated community members in the city and pay tribute to our many selfless volunteers.

"Hearts of Hayward" Awards Ceremony Nomination Deadline: Wednesday, May 15 (510) 670-6150 http://www.emailmeform.com/builder/emf/hef/4 0thDinner

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council 1st/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council 1st/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Newark City Council

March 28, 2019

Arbor Day commemoration:

City councilmembers and City Manager David Benoun participated in a tree planting ceremony held at Civic Center Park prior to council meeting. Newark has been recognized as "Tree City USA" for 32 years.

Presentations and Proclamations:

• Proclaim March 28, 2019 as Arbor Day in Newark. Assistant Maintenance Superintendent Neal Hornbeck accepted the proclamation.

Consent Calendar:

- Authorize program submittal for Measures B and BB funding for Ride-On! Transportation services.
- Accept work of Rosas Brothers Construction for 2018 curb, gutter and sidewalk replacement.
- Accept subdivision improvements for 77-unit single-family residential

subdivision, Classics at Ruschin, located at 36120 Ruschin Drive.

- Initiate 2019 Weed Abatement Program and set April 25, 2019 for a public hearing.
- Accept Comprehensive
 Annual Financial Report (CAFR)
 for period ended June 30, 2018.
- Amend 2018-2020 Biennial Budget and Fiscal Year 2018-2019 Capital Improvement Plan – general revisions and operating changes.
- Accept Annual Report on Newark Development Impact Fees for Fiscal Year 2017-2018.

City Council Matters:

• Council meeting will adjourn in memory of Fire Chief Joe Perry and Fire Chief Dan Lydon.

Oral Communications:

• Tom Pyke, District Director, for U.S. Representative Ro Khanna, announced that a Town Hall meeting will be held on Thursday, April 18 at Newark Memorial High School at 7:30 p.m.

Mayor Alan Nagy Aye
Vice Mayor Sucy Collazo Aye
Luis Freitas Aye
Michael Hannon Aye
Mike Bucci Absent



(I to r) Councilmembers Michael Hannon, Mayor Alan Nagy, Vice Mayor Sucy Collazo, Luis Freitas and City Manager David Benoun help plant a tree in Civic Center Park to recognize Newark's 32nd year as a "Tree City USA" (Councilmember Mike Bucci was absent).

Union City City Council

March 26, 2019

Presentations and Proclamations:

• Proclaim March as American Red Cross Month. The American Red Cross Bay Area chapter is a volunteer-based agency authorized by Congress in 1898. Alameda County Leadership Council and Kane Wong of the Red Cross Disaster services.

Consent Agenda:

- Resolution for the city manager and city attorney to collaborate on the Analysis of Impediments to Fair Housing Choice (AI) document required for U.S. Department of Housing and Urban Development funding for the city.
- Approve a \$74,000 consultant services contract with

parking violation tickets not being distributed evenly and asked why contracted workers are being used for parking enforcement instead of UCPD cadets. Deputy city manager Mark Evanoff explained street sweeping is only enforced in communities with older storm drain systems and that there are days cadets cannot work in parking enforcement. MOTION PASSED 4-1 (Nay Patiño).

Public Communications:



Proclaim March as American Red Cross Month. Proclamation accepted by Harry Hartman of the Red Cross Alameda County Leadership Council and Kane Wong of the Red Cross Disaster services.

American Red Cross' Blood Services supports Bay Area hospitals with 75,428 units of blood annually. The American Red Cross trained 86,843 people last year in CPR, first aid, and water safety and assisted 1,828 families with temporary housing, clothing, food, and mental health counseling in 838 local disasters last year. Their staff members were also deployed with the U.S. Military to provide emergency communications, financial assistance, and counseling to 912 local military families. Proclamation accepted by Harry Hartman of the Red Cross

engineering firm WRECO to work on the Green Infrastructure Plan, an evaluation of low impact drainage design.

• Appoint Dilip Sharma from an alternate commissioner to a full-time commissioner on the Human Relations Commission (HRC). Commissioners and alternate commissioners receive \$39 per meeting, up to \$78 per month.

Removed from Consent:

 Extend contract with LAZ Parking for parking enforcement services until June 30, 2020.
 Councilmember Patiño raised concerns about street sweeping • Resident asked the council to improve the cleanliness of the Union City library restrooms.

• Representative of an international youth program requested they make a presentation at a future city council meeting.

 Resident shared his concerns about the negative effects of drugs in the Latino community.

Public Hearing:

• Construction of a new 25-unit Mixed Use Development at 31063 Watkins Street. The applicant, Richard Hunt of Hunt, Hale, Jones, requested to continue the hearing on April 9, 2019. A public comment was made about the need for more community outreach for this hearing.

g. City Reports:

- Introduce an ordinance to repeal the "Human Habitation Of Vehicles and Campers" city code. Repealing this code would allow for people to sleep in their vehicles overnight. A policy against vehicles that are parked for 72 hours straight, and other state and local policies will still be enforced. Councilmember Patiño raised concerns about the quality of life being lowered if the policy is repealed. Vice-Mayor Singh is concerned about the possible increase of parking for long periods of time. There will be a second reading and possible adoption of the ordinance on April 9, 2019. PASSED 3-2 (Nay Patiño, Singh).
- Make revisions to the city's Public Art Board to include changing the membership requirements to anyone who is a resident or an artist. The definition of artist is also expanded to someone with a serious commitment to the fine arts. The name will also be changed to the Arts & Culture Commission.

Mayor Carol Dutra-Vernaci Aye Vice Mayor Gary Singh Aye, 1 Nay Emily Duncan Aye Pat Gacoscos Aye Jaime Patiño Aye, 2 Nay

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OPINION



WILLIAM MARSHAK

There are all sorts of "bugs" in this world. Before computers and the technological age, common use of the term was largely restricted to insects and odd mob characters such as Benjamin "Bugsy" Siegel, who oversaw development of the Flamengo Casino in Las Vegas during the late 1940s, the beginning of the "strip," and the early twentieth century Chicago gangster George "Bugs" Moran. Spoofed on film and cartoons, the term has been used to indicate wacky characteristics. The 1976 film comedy, Bugsy Malone, featured a young Scott Baio and Jody Foster substituting whipped cream for bullets; the cartoon universe featured a wisecracking cartoon character, Bugs Bunny. As medicine evolved to recognize the actions of microorganisms, both beneficial and harmful, the term was expanded to include a related poor state of health: i.e. "flu bug."

With the introduction of computers, an incident that threatened an early machine in 1947 added the term in engineering parlance to common vocabulary. Tests on a "calculator" at Harvard University were running into problems. As technicians investigated the cause, it turned out that a moth had settled on the circuit board, creating the difficulty. After "debugging" the machine, the hardware began normal operations.

Bugs

Even though the word "bug" had been part of our vocabulary long before the incident (i.e. bugaboo, bugbear), it has rapidly become a popular noun. It also acts as a verb ("bug out" and "bug" phones); widely used in that sense as well.

In our country, a nation of immigrants, words are constantly adopted from a variety of sources including other languages and by imagination using fragments or combinations that describe a physical thing or feeling - ethereal or otherwise - untouched by traditional communication. These words carry meaning often beyond the dictionary. In recognition, many dictionaries exist and most are revised on a regular basis. The word bug is no exception.

Politics has been largely spared from the term "bug" but not its application. Personal references and diatribes have now ascended to an artform at even the most prestigious levels. While "bug" appears to be too mild for the rough and tumble political stage, it can describe a unique state that descends on many politicians. They often get a political bug and, even with a relatively altruistic entry to public "service," are twisted and formed into a much different animus. In nature, not all who encounter harmful bugs are adversely affected, but most are not so lucky. Political bugs are no different.

Some politicians have a natural immunity to the siren song of money, power and prestige, but as ambition solidifies, so does a tendency toward corruption. Offers of career enhancement

and the fruits of an elevated position join with recognition and an aura of power; it becomes difficult to resist the tendency to overlook those voters responsible for first steps at the local level. When observing your local politicians at work during council meetings and work sessions, it is incumbent on constituents to watch for signs of the bug and help our representatives to resist, maintaining a clear sense of purpose and transparent motives for their actions. Just as some bugs are beneficial and necessary for a healthy environment, so too, can the political bug assist in developing positive and supportive policies. A healthy politician speaks succinctly and clearly without the need for threats or sanctimony. Early detection and prevention of negative political bugs is the province of constituents. Bugs can be controlled.

William Mandall

William Marshak
PUBLISHER

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California awards \$63M in grants to promote healthy forests

AP Wire Service

California forestry officials say they have awarded over \$63 million in grants to projects that promote healthy forests to help enhance carbon sequestration.

The California Department of Forestry and Fire Protection announced Wednesday the grants were awarded to 16 projects covering nearly 200,000 acres of private, state, and federal forestlands in 13 counties.

Angie Lottes, CAL FIRE's Assistant Deputy Director for Climate and Energy, says 13 of the grants will target about 150,000 acres in several ways. The projects include thinning dense and pest-impacted forests; using prescribed fire to reduce hazardous fuel loads; and planting trees in forests diminished by fire, drought, insects and disease.

The three other grants will protect more than 40,000 acres of forestland in Napa, Placer and Siskiyou counties from urban and agricultural development.



ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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Birth

Marriage

Obituaries



Fremont Chapel of the Roses (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com



Fremont Memorial Chapel (510) 793-8900 FD 1115 **3723 Peralta Blvd. Fremont** www.fremontmemorialchapel.com

Phung T. Duong RESIDENT OF SAN JOSE September 20, 1931 - March 28, 2019

John Lawrence Ferguson RESIDENT OF SAN LUIS OBISPO August 10, 1963 - March 28, 2019

Oscar Fontillas Fabunan RESIDENT OF MILPITAS March 14, 1948 - March 24, 2019

Cynthia L. Rawlings-Deil RESIDENT OF SUNOL

January 22, 1959 - March 24, 2019 Estrella F. King RESIDENT OF SAN JOSE

March 22, 1927 - March 21, 2019

Gloria Antoinette Bullard RESIDENT OF UNION CITY

March 21, 2019

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> Allan Zmyslowski RESIDENT OF SAN JOSE

September 21, 1954 - March 28, 2019

Aaron Eyre RESIDENT OF FREMONT July 6, 1985 - March 28, 2019

David Birch

RESIDENT OF FREMONT February 8, 1957 – March 27, 2019

Margret Palmer

RESIDENT OF FREMONT December 31, 1929 – March 27, 2019

Lewis Cross RESIDENT OF FREMONT

September 6, 1933 - March 25, 2019

Frances Drake RESIDENT OF FREMONT

May 27, 1926 – March 23, 2019 **Lawrence Gonzales**

RESIDENT OF FREMONT January 29, 1938 - March 23, 2019

Jane Tran **RESIDENT OF FREMONT** February 14, 1960 - March 23, 2019

Bert "Birthy" Van de Graaf

RESIDENT OF FREMONT May 16, 1942 - March 21, 2019

Isabel Kelly RESIDENT OF FREMONT June 4, 1925 - March 21, 2019

Tam Van Nguyen RESIDENT OF UNION CITY March 10, 1926 - March 20, 2019

> Oscar Santiago Jr. RESIDENT OF FREMONT

October 28, 1984 - March 20, 2019 **Elaine Duarte** RESIDENT OF FREMONT

January 8, 1926 - March 20, 2019

Ah Shaung RESIDENT OF FREMONT January 25, 1932 - March 20, 2019

Bhavani Pigilam RESIDENT OF FREMONT September 4, 1988 - March 17, 2019

Daniel Lydon RESIDENT OF FREMONT

October 30, 1941 - March 18, 2019

Henry Besson

RESIDENT OF FREMONT

October 28, 1932 - March 18, 2019 **Pragathish Kumar Gopalan RESIDENT OF UNION CITY**

June 6, 1983 - March 16, 2019 **Rebecca Strohl**

RESIDENT OF SAN LEANDRO April 22, 1962 - March 16, 2019

Man Mohan Bhatia RESIDENT OF UNION CITY May 15, 1950 - March 14, 2019

Suseela Rani Meenakshi Sundaram RESIDENT OF FREMONT

May 05, 1940 - March 14, 2019

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Obituary

Frances M Drake

May 27, 1926 - March 23, 2019

Frances was born in Kerman, CA to August and Mary Russell. She met and married Bill in 1944. Together they moved to Fremont in 1945 and raised 5 children.

Frances loved to travel, fish, cook, sew and garden. She belonged to several Portuguese organizations; & was State Supreme President of the former SES in 1992. And was Sec/Treas. of the local council for 30 yrs.

She is survived by her children Barbara Boudreau (Rick), Linda Schlag (Alton), Fran Carvalho (Jim), David Drake (Jeanette), 21 grandchildren; 20 great grandchildren and 1 great great-grandchild and her sister Martha Morgan. She is preceded in death by both of her parents her husband Bill son William L. Drake, grandson Kenneth Drake, granddaughter Tisha Rogers, 15 siblings & many others.

Visitation will be Monday April 1st from 4-7 pm at



Berge Pappas Smith Chapel of the Angels 40842 Fremont, Blvd. Fremont Funeral Mass will be Tuesday April 2nd 11:30 am at Our Lady of Guadalupe Church 41933 Blacow Rd Fremont, CA. In lieu of flower the family requests donations in Frances's name to any of the following: PFSA Scholarship Foundation (San Leandro), American Lung Association, or charity of your choice.

Obituary

Estrella Feraren King

Resident of San Jose

March 22, 1927 - March 21, 2019



Estrella a life shaped by her guerilla years...a fighter through and through, until death.

She was born March 22, 1927 in Casiguran, Sorsogon, Philippines and entered into eternal rest March 21, 2019 in San Jose. Devoted mother to Ben (Lolit), Dodie (Bing/Christine), Ruby (+Freddie), Sonia (Ado), Aida

(Greg) Pinky (Perry), Karen (Michael). Loving grandmother to Richard (Jennifer), Patrick, Edward Jr. (Tisha), Tootsie (Jason), Ziggy, Robby, Jessica (Calger), Missy (Dennis), Matthew, Richelle (Joie), Mikko (Sheryl), Macky (Butchie), Marigold (Louie), Leo, Cedric, Paolo, Nico and Kayla. Adoring great-grandchildren to Jacob, Madison, Trey, Erin, Ynigo, Elian, Alexis, Lia, Aki, Ghillian, Dylann, Arhrian, Zian, Gavin, Alfred, Ian and Sophia. Tender sister to Belen (Gil), Arnold (Imelda) and Lida. Predeceased by her husband Macario.

A Mass will be held at 9:30 AM, Tuesday, April 2, 2019, Holy Spirit Church, 37588 Fremont Blvd, Fremont. Burial to follow at Rolling Hills Memorial Park, 4100 Hilltop Drive, Richmond, CA.

Fremont Memorial Chapel 510-793-8900

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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FREE PRESCHOOL

Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us

Obituary

Aaron Michael Eyre

July 6, 1985 - March 28, 2019 Fremont, California

Aaron Michael Eyre passed away on Thursday, March 28, 2019 at home surrounded by family, after courageously battling a chronic illness for 18 years.

Aaron was born in Fremont, CA. to Chris and Hedy Evre. He has a brilliant mind and attended Mission San Jose Elementary, Hopkins Jr. High, and Mission San Jose High School, graduating in 2004 as valedictorian. Aaron achieved the rank of Eagle Scout during his high school career and later attended Brigham Young University, Ohlone College and the University of California, Berkeley. He has a true fondness for the Chinese culture, is fluent in Mandarin, and spent a summer studying at National Taiwan Normal University in Taipei. Aaron served as a missionary for the Church of Iesus Christ of Latter Day Saints in Toronto, Canada He has a deep love for basketball and was a loyal fan of the Lakers and later the Warriors.

He worked frequently as a tutor in math and science for High School and Jr. High School students. He loved assisting them in learning principles that always came easily to him. They and their parents were full of gratitude for how patient, caring and helpful Aaron was. He has always been a gifted teacher.

All who knew Aaron are lifted by his kindness, his caring spirit, by his brilliant smile and the light that is always felt when in his presence. He is deeply sensitive to others' feelings. He is a true follower of Jesus Christ, always eager to serve others in whatever ways he can, often sacrificing his own needs to help them.

Aaron is survived by his parents, Chris and Hedy Eyre of



Fremont, his sister Elisha (Michael) Rotar of Sudbury, MA, 3 brothers: Adam (Kimberly) Eyre of Twin Falls, ID, Samuel (Lindsay) Eyre of Raleigh, NC, and Benjamin (Ashley) Eyre of Provo, UT as well as 19 nieces and nephews who all adore him.

Family and friends are invited to attend his Funeral on Saturday, April 6, 2019 at 12:00 PM at the Church of Jesus Christ of Latter Day Saints, Scott Creek Chapel, 48950 Green Valley Road in Fremont. The family also welcomes the honor of visiting with friends and loved ones at a viewing prior to the service between 10:30 and 11:30 AM. In lieu of flowers, the family requests donations to the National Eating Disorders Association.

Aaron will be laid to rest in the family's cemetery plot in Logan, Utah. Prior to the graveside dedication, family and friends are invited to gather to celebrate Aaron's life and share memories at the Allen-Hall Mortuary, 34 East Center Street, Logan on Tuesday, April 9, 2019 at 11:00 AM.

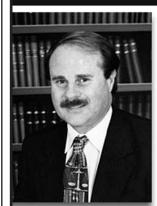
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M-F 10-7 **Evening & Weekends** By Appointment

See What You Can Do Online **During National Social Security Month**

SOCIAL SECURITY COLUMN

By LINDA ZAMFINO SOCIAL SECURITY SOCIAL SECURITY REPRESENTATIVE

For generations, Social Security has been evolving to meet your changing needs. In April, we celebrate National Social Security Month by letting you know what you can do online with a "my Social Security" account. Replacing a lost or stolen Social Security number (SSN) card has never been easier. You can request a replacement SSN card online in most states. There's no need to sit in traffic or visit a local office or card center. If you're only requesting a replacement card, and no other changes, you can use our free online service from anywhere. All you need to do is log in to or create a "my Social Security" account at www.socialsecurity.gov/myaccount.

You can also get a copy of your Social Security 1099 (SSA-1099) or Benefit Statement, which is a tax form Social Security mails each year in January. It shows the total amount of benefits you received from Social Security in the previous year, so you know how much Social Security income to report to the IRS on your tax return. If you live in the U.S. and you need a copy of your SSA-1099 or 1042S, go online and get an instant, printable replacement form with a my Social Security account at www.socialsecurity.gov/myaccount.

Another important thing you can do is check the status of your Social Security benefit application or claim. This feature can be accessed anywhere you can log in to your Social Security account. Knowing the status of your pending claim is important for several reasons, and now you can get the up-to-date status when you want it. Securing your identity and personal information is important to us. We protect your information by using strict identity verification and security features. The application process has built-in features to detect fraud and confirm your identity. Replacing documents and checking status can be time consuming, but Social Security has made it as easy as possible. Share what you can do online with friends and family with a "my Social Security" account at www.socialsecurity.gov.

Cynthia L. Rawlings-Deil

Resident of Sunol

January 22, 1959 - March 24, 2019



Sindi Lee Rawlings-Deil has passed away at the age of 60 on March 24, 2019. She was temporarily residing at Windsor Rosewood Nursing Home in Pleasant Hill, California but her permanent residence was in Sunol, California at her brother and sister-in-law's residence. She passed away in her sleep from Metastatic Stage 4 Lung Cancer that she was diagnosed with in October of 2016.

Sindi was born in Newark, California on January 22, 1959. She was survived by her mother Loleta Rawlings, her older brother Ed Rawlings, Jr., and her daughter Danielle Deil. She was

predeceased by her father Ed Rawlings, Sr. and her younger brother Wade Rawlings. Throughout her life she spent many years moving around the country. She lived in Hawaii, Alaska, Oklahoma, and in various cities around the San Francisco Bay Area before coming back home to the Newark, Fremont, Union City area where she grew up. She spent most of her career in home sales and mortgage lending, but earlier in her life she also studied gemology extensively and was always very interested in fine jewelry. Sindi was a free spirit, and always marched to the beat of her own drum. She was very attached to her two cats Benjamin and Ladybug and never turned down a glass of wine. Sindi had a big heart and will be deeply missed by her family

and friends. Her family will be having a "Celebration of Life" at her brother's house in Sunol, California on April 27, 2019 at 2pm. For location details, please reach out to one of her family members.

Fremont Chapel of the Roses 510-797-1900

Income Tax Preparation Assistance

SUBMITTED BY SANTA CLARA COUNTY OFFICE OF PUBLIC AFFAIRS

Low income, elderly, disabled, and limited English-speaking taxpayers in Santa Clara County can seek free tax preparation assistance through Volunteer Income Tax Assistance Program (VITA), coordinated by the Internal Revenue Service (IRS) and United Way Bay Area. This year, VITA tax preparation services are temporarily offered at nearly 40 sites, including county library in Milpitas. Trained IRS-certified volunteers will assist in multiple languages to prepare basic forms (1040EZ, 1040A, 1040 with Schedule A, B, Limited Schedule CEZ, C and California State Income Tax Returns) and facilitate e-filing or paper returns.

"Even for English speakers it may be very confusing to keep up with ongoing changes in tax benefits, deductions, exemptions and refunds," said County of Santa Clara Supervisor Mike Wasserman. "Many VITA sites offer tax preparation assistance services in several languages; this is especially valuable to tax payers whose first language is not English."

To qualify for VITA assistance program, taxpayers must have a valid Social Security Number or Individual Taxpayer Identification Number (ITIN), and have a combined household income of \$55,000 or less.

Taxpayers need to bring the following information to VITA sites:

- · A photo ID (Passport, driver's license, State issued ID) for him or herself and his or her spouse if married
- Social Security card or ITIN for each person included in tax returns
- Proof of income: W2s, 1099s, 1098s, cash income, interest income, etc.
- Proof of expenses: childcare expense statement (with provider address and tax ID number), medical expenses, property tax bills, etc.
 - A copy of last year's federal and state returns, if available
 - Bank account number with routing number for direct deposit refund
 - Household health coverage information (1095-A, B or C)
- Landlord's name, address and phone number for CA Renter's Credit
- For married filing jointly, both spouses need to be present to sign (volunteers will not be able to prepare returns for married taxpayers filing separately)

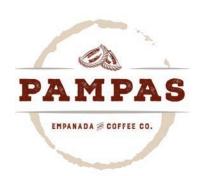
For more information about the tax preparation schedule and VITA sites near you, call 2-1-1 or visit www.earnitkeepitsaveit.org. You can either view a map of sites and search by city (http://earnitkeepitsaveit.org/map) or to find all VITA sites within Santa Clara County, visit http://ow.ly/mkcP30nVRv5.

> Volunteer Income Tax Assistance Every Saturday through April 13 10 a.m. - 1 p.m. Milpitas Library 160 N. Main St, Milpitas (408) 262-1171, ext. 3616 http://ow.ly/mkcP30nVRv5 Assistance available in English, Vietnamese, Mandarin, Hindi and Cantonese

> > Walk-in only (first-come, first-served)

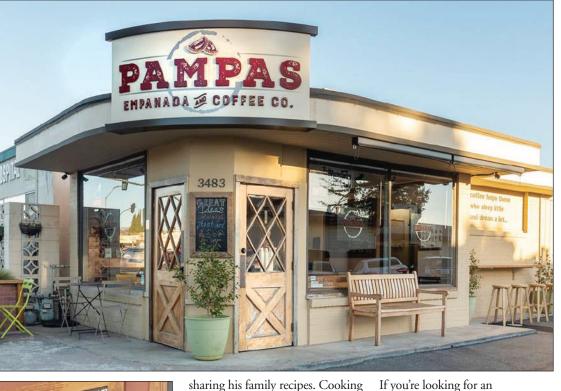
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By SHIELA TRIAS PHOTOS COURTESY OF PABLO AND SHANNON VERGARA

When one thinks of Argentina the first place that comes to mind is Buenos Aires; it's the country's capital and second largest city in South America. There, you can stroll through streets surrounded





Shannon Vergara and son Thomas

by 19th century Spanish Colonial architecture and indulge in the city's rich history. Argentina is not just a place where its name rolls off your tongue, but is known for its vibrant culture - most famous for tango and music as well as its diverse landscape.

However, one cannot truly experience the soul of any country until completely immersed in the culture and local cuisine. Can't get to Argentina? Then let Argentina come to you! Pampas Café in Castro Valley is a little taste of South America wrapped up and baked in a sweet pastry dough, where their specialties are both savory and sweet empanadas. These baked pockets of hardy ingredients are a fast food staple in Buenos Aires, made with flour-based dough and often filled with ground beef and chicken.

Pampas is named after "the flat plains," that cover approximately 295,000 square miles of Southeastern Argentina. Pampas Café was a dream come true for Pablo Vergara and his wife, Shannon. Pablo, born in Rosario, Argentina, had always dreamt of

empanadas for friendly gatherings, they quickly became a favorite. Friends encouraged them to start their next chapter – a family

The story really began in Madrid, Spain, where Pablo and Shannon met in 1998; they lived together in Argentina until 2013. Soon after, they moved to California to settle down in Castro Valley where Shannon's family resides. It was Shannon who discovered the location for their family-owned and run bakery on a busy corner of Castro Valley Boulevard. Pampas first opened its doors in November of 2016.

Open Tuesday through Sunday, the café serves traditional flavors. On their menu you'll find their bestseller, which includes ingredients such as ground beef, onion, green olives, raisin, and hard-boiled egg. Another popular item is the chorizo-filled empanada, which includes chimichurri and provolone cheese.

at 6 a.m. in their commercial kitchen. During the first few months after their grand opening, the bakery survived with just the effort of the couple themselves.

after-dinner treat, you'll also find a

such as blueberry, apple, or peach.

For the Vergaras, the day begins

sweet selection with some items

important to involve the community in any way possible. The convenience of their location has not only put them in sight of many day-to-day commuters along the corner of the town's busiest intersections, but also provided a perfect stage to host live entertainment. Once a week during the spring and summer season, the café hosts live music performed by local artists. The performers are part of a local talent organization known as Smalltown Society, which, according to Shannon, is "a community space for these local artists to gather and meet, to share ideas." Pampas is proud to create a venue for these performers to showcase their talent.

The café also lends their hand to support other local businesses such as Four Barrel brand Coffee, a purveyor based in San Francisco whose coffee is served at Pampas every day. Along with their empanadas, an Argentine bakery called Wooden Table from Oakland also sells their alfajores cookies at Pampas.

In addition to their in-café offerings, Pablo and Shannon can



Now, with a staff of five, the café is thriving. It is not uncommon to see Thomas, the couple's oldest son, helping at the cash register and greeting customers; a true family business. With three children (Thomas 17, Mateo 14, and Pedro 11), it was a challenge to make it all work but Shannon says, "When we moved back to Castro Valley, my husband was ready to do something different ... it all just fell into place."

As a native of the city where their bakery stands, it was

also cater large orders for parties and events. No matter where you enjoy your empanadas, Pampas is sure to provide a delicious escape!

> Pampas Café Tuesday - Friday: 7 a.m. - 5 p.m.Saturday, Sunday: 8 a.m. – 5 p.m. 3483 Castro Valley Blvd, Castro Valley (510) 359-9339 www.pampascafe.com



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the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative



Fremont **Police Log**

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, March 22

- Officer Borzone and Field Training Officer Madsen responded from the family of a 29-year-old man who was acting erratically and possibly under the influence of drugs. Officers determined the man may have been under the influence of methamphetamine. He was arrested and booked at Santa Rita jail.
- During a security check at the Charter Square shopping center, Officer Cavaz located an occupied stolen vehicle. Three people were taken into custody and later indicated that there may be fentanyl inside the vehicle. Fremont Fire responded to assist with the retrieval and packaging of the suspected substance. In the end, the substance could not be identified and no officers were exposed. Two men, ages 44 and 57, and a 36-year-old woman were arrested on suspicion of possessing drugs, a stolen vehicle, and several other charges.
- K9 Officer Taylor responded to a disturbance involving a man at the 7-Eleven store on Niles Boulevard. He tried to detain the man, but he fled on foot. After a short chase, the man was caught and arrested on suspicion of obstructing/resisting an officer and booked into jail.
- Officers responded to a call about a possible shooting in the parking lot at 6000 Stevenson Boulevard. The caller reported hearing several people fighting in the parking lot and then several shots fired. Officer Carter arrived on the scene just in time to see a vehicle exiting from the parking lot. He tried to make a stop, but the vehicle took off with Carter in pursuit. After a mile, the vehicle stopped and a 20-year-old man and a juvenile were taken

into custody without incident. Multiple shell casings were found inside the vehicle. The juvenile admitted that he shot several rounds in the air during a confrontation with other people. He told officers where he discarded the firearm during the pursuit. Officers found the revolver on Stewart Avenue and determined that it was reported stolen out of Santa Clara. The older man, an East Palo Alto resident, was arrested and booked on felony evading and felony child endangerment charges. The juvenile was booked on charges of possessing a firearm and narcotics, possession of a controlled substance, negligent discharge of a firearm, and various other weapons charges.

Saturday, March 23

 Officers Degenstein and Macciola were dispatched to the 4500 block of Serra Avenue to investigate a report of a suspicious vehicle. A resident returning home noticed a strange vehicle across the street and a person ducking down away from view. Officers arrived and contacted the men inside the vehicle. A search showed evidence of drug sales. A 21-year-old man was arrested on suspicion of possessing marijuana with intent to sell along with a probation violation. The second occupant, also a 21-year-old man, was also arrested on the same charges.

Sunday, March 24

- A man reported to police that a male juvenile robbed him of his bicycle while at the Fremont Hub. Shopping center. The man said that the juvenile kept reaching into his waistband as if he had a weapon, but no firearm was seen. The juvenile was last seen fleeing westbound on Mowry Avenue. Case investigated by Officer DeStefano.
- At 7:50 p.m. a man was robbed of his cellphone at gunpoint by three suspects while he was walking eastbound on the north side of Lake Arrowhead Avenue near Clear Lake Street. Based on video surveillance, it's believed the suspects drove into

the area to commit the crime. Officers and dispatchers were able to ping the phone to an area in Union City within a 1 1/2 mile radius and then there was no further activation. The suspects were not located. The first suspect was described as a black man in his 20s, between 5-feet-6 and 5-feet-8-inches tall with a stout build, wearing a black hoody, black face mask, black pants and carrying a small handgun. The second suspect was described as a black man about the same height, or a bit shorter than the first man, but with a slim build. The third man was described as being about the same height as the other suspects, but of an unknown race. Their vehicle was an older dark Ford Expedition.

- Officers responded to a report about a possible prowler at a residence on Ambar Place. The resident reported that a man was standing in the home's backyard. K9 Officer Macciola was the first on the scene and contacted a 60-year-old man, who complied with verbal commands and was detained without incident. The man was arrested and faces prowling charges.
- At 4:21 a.m. a man reported that he was watching live video surveillance of a person attempting to disable his video camera, and then accessing the work trucks parked on PG&E property near Auto Mall Parkway and Fremont Boulevard. Several officers responded to the area. Officer Macciola saw a white van pulling exiting the nearby Extreme Pita restaurant and made a traffic enforcement stop. A 30-year-old man was detained. The reporting party arrived on the scene and positively identified the man, who was also wearing a work jacket belonging to PG&E. Items taken were recovered and returned. The suspect was arrested and charged with possession of known stolen property. Case investigated by Officer Maniego.

Put down cell phones

SUBMITTED BY SGT. JOSEPH A. HEYLEN, MILPITAS PD

April is National Distracted Driving Awareness Month and the Milpitas Police Department is joining law enforcement agencies statewide to stop drivers who violate the California handsfree cell phone law. During the month, extra officers will be patrolling Milpitas streets looking specifically for drivers holding and using cell phones.

"Cell phones remain one of the top distractions for drivers and this bad habit can have life altering consequences. A text or phone call will never be worth the loss of a life. That is why eliminating distracted driving is high on our priority list," said Armando Corpuz, Milpitas Police Chief.

In 2018, the Milpitas Police Department issued 1,216 citations to drivers texting, calling or otherwise using their phone illegally. Distracted driving is dangerous, especially when it involves a cell phone. According to preliminary data from the California Highway Patrol, 66 people were killed and more than 6,500 were injured in

2017 from distracted driving-related crashes.

The most recent law prohibiting cell phone use when driving went into effect in 2017. The law prohibits drivers from having a phone in their hand for any reason and only allows hands-free use of a phone when driving. To satisfy the hands-free regulation, phones must be mounted on the dashboard, windshield or center console, and can only be touched once with the swipe or tap of a finger to activate or deactivate a function. First-time offenders face a citation and \$162 fine.

If a driver needs to make a call or send a text, police advise pulling over and parking at a safe location before doing so. Motorists who struggle to stay off the phone while behind the wheel are advised to put the phone in a place where it can't be reached like the back seat or in a vehicle's trunk. Or, simply turn the phone off while driving.

Funding for distracted driving enforcement operations is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

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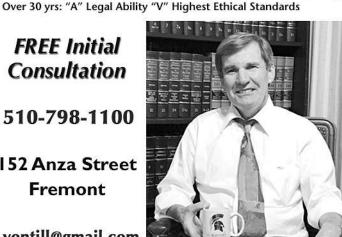
STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty Law Clinic Santa Clara University College of Law 1987 Editor, University of Illinois Law Review 1968-1969 California Supreme Court Cases Accepted and Argued Martindale-Hubbell's Highest Preeminent A-V Peer Review Ranking

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BART Police Log

SUBMITTED BY LES MENSINGER

Friday, March 22

• At 5:07 p.m. a man identified by police as Thomas Brownlee, 19, was arrested at the South Hayward station on suspicion of burglary and possession of burglary tools. He was booked into Santa Rita jail.

Wednesday, March 27

• At 9:01 a.m. a man identified by police as Marvinus Clark, 45, of Oakland was arrested at the Bayfair station in San Leandro on suspicion of battery on a police officer and violating a court order. He was booked at Alameda County jail.

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PUBLIC NOTICES

NOTICE OF PUBLIC HEARING CITY OF FREMONT ART REVIEW BOARD

NOTICE IS HERERY GIVEN THAT THE NOTICE IS HEREBY GIVEN THAT THE ART REVIEW BOARD OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:30 P.M., ON WEDNESDAY, APRIL 17, 2019 AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD. PEAR AND BE HEARD.

BoxART! ART SELECTION – To consider and select artwork for the boxART! Program; and to consider an exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061(b)(3), General Rule, which states that, where it can be seen with certainty that the activity will not have a significant effect on the environment, that activity is not subject to CEQA. Management Analyst – Luciana Torres, (510) 494-4553, lutorres@fremont.gov

* NOTICE *

If you challenge the decision of the Art Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Secretary, Art Review Board at, or prior to, the public hearing.

LUCIANA TORRES FREMONT ART REVIEW BOARD Fremont CNS-3237926#

CIVIL

ORDER TO SHOW CAUSE

FOR CHANGE OF NAME
Case No. HG19008950
Superior Court of California, County of Alameda Petition of: Vivek Nana Sonawane and Smita Chandrakant Dhainje, on behalf of Soham Vivek Sonawane, a minor for Change of Name TO ALL INTERESTED PERSONS:

10 ALL INTERESTED PERSONS:
Petitioner Vivek Nana Sonawane and Smita
Chandrakant Dhainje, on behalf of Soham Vivek
Sonawane, a minor filed a petition with this court
for a decree changing names as follows:
Soham Vivek Sonawane to Vihaan Vivek Sonawane

Sonawane
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4/19/2019, Time: 11:00 am, Dept.: 17
The address of the court is 1221 Oak Street, 3rd FI, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: March 01 2019

Date: March 01 2019 Wynne S. Carvill
Judge of the Superior Court
3/12, 3/19, 3/26, 4/2/19

CNS-3230590#

FICTITIOUS BUSINESS **NAMES**

FICTITIOUS BUSINESS

NAME STATEMENT File No. 556890 Fictitious Business Name(s): Panda Lok, 1 Southland Mall Dr., Hayward, CA

94545, County of Alameda Mailing address: 952 Lester Ave., Hayward, CA

Registrant(s): Patricia Alegria, 952 Lester Ave., Hayward, CA 94541

34341 Angel Alegria, 952 Lester Ave., Hayward, CA 94541

94941 Business conducted by: married couple The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

one thousand dollars [\$1,000].)

Is/ Patricia Alegria

This statement was filed with the County Clerk of Alameda County on March 25, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county and the county of the

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

4/2, 4/9, 4/16, 4/23/19

CNS-3238083#

CNS-3238083#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556829
Fictitious Business Name(s):
Derin Transportation, 39869 Fremont Blvd Apt
#1307, Fremont, CA 94538, County of Alameda
Posistrapt(A)

Registrant(s):
Karel Benitez, 39869 Fremont Blvd Apt #1307, Fremont, CA 94538
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

This statement was filed with the County Clerk of Alameda County on March 21, 2019 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement

generally expires at the end of five years from the date on which it was filed in office of the county derk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself

the use in this state of a fictitious business name in violation of the rights of another federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/2, 4/9, 4/16, 4/23/19

CNS-3238032#

FICTITIOUS BUSINESS

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556632
Fictitious Business Name(s):
Media Majeure, 4853 Phelan Ave., Fremont CA
94538, County of Alameda
Registrant(s):
Timothy James Enguidanos, 4853 Phelan Ave.,
Fremont CA 94538
Geoffrey Timothy Garay-Enguidanos, 4853
Phelan Ave., Fremont CA 94538
Business conducted by: Co-partners
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Timothy James Enguidanos, Partner
This statement was filed with the County Clerk of
Alameda County on March 18, 2019
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

filed before the expiration.
The filing of this statement does not of itself the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 14411 et seq., Busines 4/2, 4/9, 4/16, 4/23/19

CNS-3238030#

CNS-3238030#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556664
Fictitious Business Name(s):
Learning Bee, 45462 Little Foot Place, Fremont CA 94539, County of Alameda Registrant(s):
Silicon Valley Learning Bee Academy, Inc., 45462 Little Foot Place, Fremont CA 94539, California Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 04/19/2003
I declare that all information in this statement is true and correct. (A registrant who declares as true and value and become on the 1/9/2003
I declare that all information in this statement is true and correct. (A registrant who declares as true and value and value of the section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Selfor (Selfor Valley Learning Bee Academy, Inc This statement was filed with the County Clerk of Alameda County on March 19, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3235978#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556767
Fictitious Business Name(s):
All Finished Handyman Services, 38215
Fremont Blvd #4, Fremont CA 94536, County Mailing Address: P.O. Box 494, Fremont CA 94537

Mailing Address: P.O. Box 494, Fremont CA 94537
Registrant(s):
Angela Duron, 38215 Fremont Blvd #4, Fremont CA 94536; California
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Angela Duron, Owner
This statement was filed with the County Clerk of Alameda County on March 20, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3235581#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 556084
Fictitious Business Name(s):
Classic Diner, 39403 Fremont Blvd., Fremont
CA 94538, County of Alameda

CA 94336, County of Adameda Registrant(s): Emasa Inc., 39403 Fremont Blvd., Fremont CA 94538; California Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct (A registrant who declares

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Munkhsaruzi Baklouchev, CEO
This statement was filed with the County Clerk of Alameda County on March 6, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement

pursuant to section 17913 other than a change in fictitious business name statement must be filed before the expiration.

filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of anothe under federal, state, or common law (see Section 14411 et seq., Business and Professions Code) 3/26, 4/2, 4/9, 4/16/19

CNS-3235580#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555955
Fictitious Business Name(s):
Neuroacupuncture Health Center, 39243
Liberty Street, Fremont CA 94538, County of
Alameda

Alameda Registrant(s): Jinhuan Yue, 37654 Argyle Rd. #A, Fremont CA 94536

94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 03/04/2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jinhuan Yue

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jinhuan Yue

This statement was filed with the County Clerk of Alameda County on March 4, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

208, 3/26, 4/2, 4/9, 4/16/19

CNS-3235579#

CNS-3235579#

FICTITIOUS BUSINESS

NAME STATEMENT File No. 556599 Fictitious Business Name(s): Star Electricals, 33635 7th St, Union City, CA 94587, County of Alameda

Registrant(s): Gurdeep Singh, 33635 7th St, Union City, CA

9498/ Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Gurdeep Singh, Owner
This statement was filed with the County Clerk of Alameda County on March 18, 2019

Inis statement was filed with the County Clerk of Alameda County on March 18, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section

14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3234931#

CNS-3234931#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555876
Fictitious Business Name(s):
Danarie, 1452 N. Vasco Rd #376, Livermore, CA
94551, County of Alameda
Registrant(s):
Marie L Romero, 1796 Whipoorwell Ct, Livermore,
CA 94551
Business conducted by: An Individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].
//s/ Marie L. Romero, Executive Director
This statement was filed with the County Clerk of
Alameda County on March 1, 2019
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
3/26, 4/2, 4/9, 4/16/19

FICTITIOUS BUSINESS NAME STATEMENT File No. 556489 Fictitious Business Name(s):

510 Towing, 36000 Spruce St, Newark, CA 94560, County of Alameda Registrant(s)

Jose Israel Resendiz Sosa, 36000 Spruce St, Newark, CA 94560 Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on

3-13-19 declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Jose Israel Resendiz

This statement was filed with the County Clerk of Alameda County on March 13, 2019.

Isl Jose Israel Resendiz. This statement was filed with the County Clerk of Alameda County on March 13, 2019 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/26, 4/2, 4/9, 4/16/19

CNS-3233402#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555986
Fictitious Business Name(s):
Core Performance Chiropractic, 3340 Walnut
Ave., Suite 160, Fremont CA 94538, County of
Alameda

Mailing Address: 3700 Beacon Ave., #270, Fremont CA 94538

Registrant(s): Frank A. Lee, 3700 Beacon Ave., #270, Fremont

CA 94538
Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on NA
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Frank A. Lee

one thousand dollars [\$1,000].) /S/ Frank A. Lee This statement was filed with the County Clerk of Alameda County on March 5, 2019 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

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The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another parts for first the state of the rights of another parts for first the state of the rights of another parts for first the state of the rights of another parts for first the state of the rights of another parts for first the state of the rights of another parts for first the rights of the rights under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3233400#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556524-25
Fictitious Business Name(s):
1. Ajee Marketing, 2. Gill Exports, 36047 Pizarro
Drive, Fremont CA 94536, County of Alameda
Mailing Address: P.O. Box 2201, Fremont CA
94536
Registrat/

୨୫୦୨୦ Registrant(s): Parminder Gill, 36047 Pizarro Drive, Fremont

CA 94536

CA 94536
Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Parminder Gill, Owner

one thousand dollars [\$1,000].)
/s/ Parminder Gill, Owner
This statement was filed with the County Clerk of Alameda County on March 14, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3233399#

CNS-3233399#

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 556446
Fictitious Business Name(s):
Grocery Outlet of Fremont, 4949 Stevenson
Blvd. Ste. F, Fremont, CA 94538, County of

Mailing address: 1932 Rheem Dr., Pleasanton CA 94588 Registrant(s): Suppiah Gajendran, 1932 Rheem Dr., Pleasanton, CA 94588; California

CA 94588; California Srirajini Murugesapillai, 1932 Rheem Dr., Pleasanton, CA 94588; California Pleasanton, VA 9436, Camionia Business conducted by: married couple The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) for thousand dollars [\$1,000]. Suppial Gajendran, CEO
This statement was filed with the County Clerk of Alameda County on March 13, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/19

FICTITIOUS BUSINESS NAME STATEMENT File No. 555837

CNS-3232697#

14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/19

filed before the expiration.

08 Mar 19

GOVERNMENT

WASHINGTON TOWNSHIP HEALTH CARE DISTRICT ORDINANCE NO. 19-01

APPROVING A FORMAL AGREEMENT FOR THE PRIVATE SALE OF THE WASHINGTON TOWNSHIP HEALTH CARE DISTRICT REFUNDING AND REVENUE BONDS, 2019 SERIES A
WHEREAS, the Board of Directors (the "Board") of

Fictitious Business Name(s):
The Window Cleaner, 816 Uinta Ct., Fremont,
CA 94536, County of Alameda
Pagistrant(s): the Washington Township Health Care District (the "District"), a local health care district organized and existing under and pursuant to The Local Health Care District Law of the State of California Registrant(s):
Barry Lee Bailey, 816 Uinta Ct., Fremont, CA 94536 (the "Law"), has determined to issue its Refunding and Revenue Bonds, 2019 Series A (the "Bonds") Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on in an aggregate principal amount of not to exceed \$80,000,000, pursuant to the Law; and

4/9/14
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Barry Lee Bailey, Owner
This statement was filed with the County Clerk of Alameda County on February 28, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/19

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555896
Fictitious Business Name(s):
Kevin Transport, 4081 Park Center Ln., #A,
Fremont CA 94538, County of Alameda
Registrant(s):

Registrant(s): Tirath Singh, 4081 Park Center Ln., #A, Fremon CA 94538

CA 94938 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement

2013
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Tirath Singh, Owner
This statement was filed with the County Clerk of Alameda County on March 1, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3232541#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556153
Fictitious Business Name(s):
VEE Sports, 36535 Mulberry St., Newark CA
94560, County of Alameda
Registrant(s):

FICTITIOUS BUSINESS NAME STATEMENT File No. 556282

FICTITIOUS BUSINESS NAME STATEMENT File No. 556246-7

Registrant(s): Tin Oo, 4284 Othello Dr., Fremont, CA 94555

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on

I declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

This statement was filed with the County Clerk of Alameda County on March 8, 2019 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement

of Section 1/920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious

business name in violation of the rights of anothe under federal, state, or common law (see Section

CNS-3231435#

CNS-3232561#

CNS-3232541#

14411 et seq., Busines 3/19, 3/26, 4/2, 4/9/19

I declare that all information in this statement

WHEREAS, the District has determined that financial market conditions and the needs of the District dictate that the Bonds be sold pursuant to

WHEREAS, the Law requires the adoption of this Ordinance prior to the sale of the Bonds at private sale; and

WHEREAS, there has been presented to this meeting of the Board a form of Bond Purchase Contract respecting the purchase and sale of the Bonds (the "Bond Purchase Contract"), to be entered into by and between the District and Merrill Lynch, Pierce, Fenner & Smith Incorporated, or BofA Securities, Inc., as successor in interest thereto, as underwriter (the "Underwriter");

NOW, THEREFORE, BE IT ORDAINED by the Board of Directors of the Washington Township Health Care District as follows:

Section 1. The foregoing recitals are true and

Section 2. The formal agreement between the District and the Underwriter, in substantially the form of the Bond Purchase Contract on file with the Secretary of the Board and presented to this meeting, is hereby approved. The Chief Executive Officer of the District, or her designee, is hereby authorized and directed to approve the final terms of sale of the Bonds and to evidence the District's acceptance of the offer made thereby by executing and delivering the Bond Purchase Contract in substantially said form, with such changes therein as the officer executing the same may require or approve, such approval to be conclusively evidenced by the execution and delivery thereof; provided, however, that the Bonds shall have a final maturity of no more than 30 years, their true interest cost shall not exceed \$80,000,000 (not which (i) an aggregate principal amount of not to exceed \$55,000,000 may be issued to refund some or all of the District's Revenue Bonds, 2009 Series A and to finance the payment of fees and expenses incurred in connection therewith, and (ii) an aggregate principal amount of not exceed \$25,000,000 may be issued to finance dexpenses incurred in connection therewith, and the payment of fees and expenses incurred in connection therewith, and the payment of fees and expenses incurred in connection therewith), and the Underwriter's discount shall not exceed 1.0%.

Section 3. The entering into of the Bond Purchase Contract and the adoption of this Ordinance shall be subject to referendum as provided by Section 9140 of the Elections Code of the State.

Section 4. The Secretary of the Board is directed to cause this Ordinance to be published once a week for two successive weeks in a newspaper of general circulation within the District, in accordance with Section 9303 of said Elections Code and Section 32321 of the Law.

Section 5. This Ordinance shall take effect thirty (30) days after the date of its adoption.

PASSED AND ADOPTED this 27th day of March 2019, at a regular meeting of the Board of Directors of the Washington Township Health Care District conducted in Fremont, California, upon notice duly given, at which a quorum of members of said Board were present and acting throughout, by the following vote:

ABSENT:

President, Board of Directors, Washington Township Health Care District

Secretary, Board of Directors, Washington Township Health Care District 4/2, 4/9/19

NOTICE TO CONTRACTORS 2019 PARK

VEE Sports, 36535 Mulberry St., Newark CA 94560, County of Alameda Registrant(s):
Colts Soccer Academy, 4141 Deep Creek Rd Spc 76, Fremont CA 94555; California Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s/ Fernando Calmenares, President This statement was filed with the County Clerk of Alameda County on March 7, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). NOTICE TO CONTRACTORS 2019 PARK PATHWAYS RESURFACING FOR ADA ACCESS PROJECT NO. 1232

The City Council of the City of Newark invites sealed bids for the construction of public improvements for 2019 Park Pathways Resurfacing For ADA Access, Project 1232, City of Newark, Alameda County, California. Bids shall be enclosed in a sealed opaque envelope. The envelope shall be sealed and clearly marked on its face with the Bidder's name, address and the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBERS and BID DATE as identified on this Notice to Bidders. If the bid is sent by mail, the sealed bid envelope shall be enclosed in a separate mailing envelope/box. The mailing envelope/box shall also be clearly marked on its face with the notation "SEALED BID ENCLOSED, CITY OF NEWARK" with an identification of the PROJECT NAME, PROJECT NUMBERS and BID DATE as identified on this Notice to Bidders. Sealed bids must be delivered to the office of the City Cashier of the City of Newark at 37101 Newark Boulevard, First Floor Cashier Counter, Newark, California, before 2:00 p.m. on Tuesday, April 23, 2019. At that time, all bids will be publicly opened, examined and declared. The improvements are generally described as follows: Asphalt concrete pavement CNS-3232219# File No. 30262
Fictitious Business Name(s):
Proper Cuts, 37457 Niles Blvd, Fremont, CA 94536, County of Alameda
Postetront/ol: Registrant(s): Sabrina Baptista, 4152 Springlake Dr., San Leandro, CA 94578 2:00 p.m. on Tuesday, April 23, 2019. At that time, all bids will be publicly opened, examined and declared. The improvements are generally described as follows: Asphalt concrete pavement construction and rehabilitation on various park pathways at Sportsfield Park and Bridgepointe Park. The scope of work includes traffic control; asphalt concrete pathway surface conform/full width grinding; localized patch paving of various depths; minor grading and backfilling; installation of headerboards; installation of irrigation sleeves; installation of root barriers; placement of 2-inch compacted hot mix asphalt concrete on 4-foot to 10-foot wide park pathways; adjusting existing utility frames and covers to grade; application of thermoplastic/paint striping and pavement legends, and other related items of work as needed to complete the public works improvements. All work at Sportsfield Park must be substantially completed by June 21, 2019. It is the City's intent to award the contract for this work on May 9, 2019with a Notice to Proceed to be issued on May 15, 2019. The first working day will be no later thanJune 3, 2019. Plans and Specifications for the work may be obtained in electronic (PDF) format from the City of Newark Public Works Department, free of charge, via e-mail delivery by calling Ms. Charlotte Allison at (510) 578-4452 or by e-mail to charlotte.allison@newark.org. If electronic delivery is unavailable, Plans and Specifications in PDF format are available for pick-up, free of charge, on compact disk (CD) at 37101 Newark Boulevard (First Floor, Public Works Department), Newark, California. Plans and Specifications in PDF format on CD is also available for mailing for a non-refundable fee of \$10. Information regarding obtaining Plans and Specifications or a list of plan holders is available by calling Ms. Charlotte Allison at (510) 578-4452 or by E-mail to charlotte.allison@newark.org. All technical questions should be directed to Mr. Michael Carman Ascietzant Envirence at (610) 578-Sabrina Baptista, 4152 Springlake Dr., San Leandro, CA 94578
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sabrina Baptista, Owner
This statement was filed with the County Clerk of Alameda County on March 11, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filled before the expiration.

The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/19, 3/26, 4/2, 4/9/19 Fictitious Business Name(s):
(1) USA Myanmar Trading, (2) USA Burma Trading, 4284 Othello Dr., Fremont, CA 94555, County of Alameda

> bid shall be considered as an acknowledgment of site investigation. The Contractor shall possess a valid Class A California Contractors License at the time of the bid opening. The successful Bidder shall furnish a Performance Bond and a Payment Bond. Items of work in conjunction with this project are included in the proposal. As of July 1, 2014, all Contractors bidding on As of July 1, 2014, all Contractors bidding on this project are required to register with the Department of Industrial Relations (DIR) and to pay the required annual fee. Under California Labor Code section 1771.1, as amended by SB 854, unless registered with the DIR, a Contractor may not bid or be listed as a Subcontractor for any bid proposal submitted for public works projects on or after March 1, 2015. The City Council of Newark reserves the right to reject any or all bids, and to waive any minor informalities, irregularities and/or bid non-responsiveness that does not and to waive any inition informatices, irregularities and/or bid non-responsiveness that does not influence the competitive nature of the bid. The City Council will award the project, if it is awarded, to the lowest responsible Bidder as determined by the Total Base Bid only. The City of Newark hereby notifies all bidders that it will affirmatively. by the Total Base Bid only. The City of Newark hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business and women owned business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation, including a perception that the person has any of those characteristics or that the person is associated with a person who has, or is perceived to have, any of those characteristics in consideration for an award. Pursuant to Section of 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the Department of Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors shall pay all their employees performing labor under this Contract salaries or wages at least

or by E-mail to charlotte.allison@newark.org. Al technical questions should be directed to Mr. Michael Carmen, Assistant Engineer, at (510)578-

4320 or by E-mail to michael.carmen@newark.org
No pre-bid meeting is scheduled for this project.
However, Bidders are strongly urged to visit the
job sites before submitting bids. Submission of a

PUBLIC NOTICES

equal to the general prevailing wage rates for the particular crafts, classifications or types of workers employed on this project. These wage rates appear in the latest Department of Industrial Relations publication. Future effective wage rates which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication, and are available on the internet at www.dir. ca.gov are on file with the City of Newark, Public Works Department - Engineering's office, which shall be available to any interested party upon request. The Contractor is also required to have a copy of the applicable wage determination posted and/or available at each jobsite. This project is partially funded by the Community Development Block Grant (CDBG) from the United States Department of Housing and Urbann Development, administered by the Alameda County Housing and Community Development Department, a division of the Alameda County Community Development Agency. The general Contractor and Subcontractors shall comply with the Federal Labor Standard Provisions (HUD-4010(06/09)): New Affirmative Action Requirements for Equal Employment Opportunity Executive Order 11246; Prevailing Wage (General Wage Decision Number: CA190019, Modification Number 3, Publication Date: 02/22/2019). Note: The minimum (prevailing) wages applicable to this project will be those in effect ten (10) days prior to bid opening. Minimum wages rates for this project as predetermined by the Secretary of Labor are included in the Specifications. If there is a difference between the minimum wages rates for this project will be those in effect ten (10) has project will be those in effect ten (10) has prior to bid opening. Minimum wages rates for this project will be those in effect ten (10) has prior to bid opening. Minimum wages rates for this project will be those in effect ten (10) has prior to bid opening. Minimum wages rates for this project will be those in effect ten (10) has prior to bid opening. there is a difference between the minimum wages rates predetermined by the Secretary of Labor and prevailing wages rates determined by the Department of Industrial Relations for similar classifications of labor, the Contractor and his/her subcontractors shall pay not less than the higher wages rate.

wage rate.
Dated: March 27, 2019 SHEILA HARRINGTON,
City Clerk City of Newark, Alameda County,
California Publish Dates: Tuesday, April 2, 2019 Tuesday,

CNS-3238055#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 23, 2019 at which time they will be opened and read out loud in said building for:

2019 CAPE AND SLURRY SEAL PROJECT CITY PROJECT 8195-R (PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT PURCHASING DIVISION CITY OF FREMONT 4/2, 4/9/19

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 23, 2019 at which time they will be opened and read out loud in said building for:

NOTICE TO CONTRACTORS

2019 PAVEMENT REHABILITATION PROJECT CITY PROJECT 8234-S (PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of conice before comice to rick up documents. of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT PURCHASING DIVISION CITY OF FREMONT 4/2, 4/9/19

CNS-3237863#

Notice of Public Hearing

The Fremont Unified School District Native American Studies Program is holding a public hearing for parent and community input on the Title VI Indian Education Grant for the 19-20. All parents and teachers of Native American children, administrators, and interested parties are encouraged to attend

Date: April 10, 2019

Time: 6:00 P.M.

Where: Fremont Adult School 4700 Calaveras Avenue Room 20 Native American Museum Fremont, Ca 94538

For more information about the Native America Studies Program, please call 510-797-2681 3/26, 4/2/19

CNS-3235845#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MICHAEL R. LORENZ, AKA MICHAEL ROY LORENZ, AKA MICHAEL LORENZ CASE NO. RP19009610

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Michael R. Lorenz, aka Michael Roy Lorenz, aka Michael Lorenz

A Petition for Probate has been filed by Karin Moore in the Superior Court of California, County

Moore in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Karin Moore be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court

A hearing on the petition will be held in this court on 04/17/19 at 9:31 a.m. in Dept. 202 located at 2120 Martin Luther King. Jr. Way, Berkeley, CA 94/704

If you object to the granting of the petition, you

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months front the date of first issuance of

appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Harry R. Bruno, 25199 Campus Drive, Hayward, CA 94542-1117, Telephone: 510/581-8701 3/19, 3/26, 4/2/19

PUBLIC AUCTION/SALES

Notice is hereby given pursuant to California Self Storage Act, Business and Professions Code 21700-21716. Three Sixty Storage Center, 6649 Central Avenue, Newark, California in Alameda County, will for the purpose of satisfying lien for storage, on the premises where said property has been stored, SELL at PUBLIC AUCTION on April 22nd, 2019 at 1:15 P.M the contents of storage spaces named below, which consists of personal property including but not limited to, household

furniture, clothing, tools, toys, appliances, stereo equipment, televisions, miscellaneous boxes of household goods and unknown contents. Edna Marie Medeiros

Edna Marie Medeiros
Tracy Johnston
Kenneth J. Reese
Sahar F. Eldeeb
Jireh Coronel
Brent M. Hammarstrom
Deann M. Harris
Rhonda J. Ellis
Jose V. Aguilar
James C. Johnson
Auctioneer John Cardoza, Bond #5860870,
Ph.(209) 667-5797
Sale subject to cancellation in the event of
settlement between owner and obligated party.
ALL ITEMS SOLD AS IS, WHERE IS, FOR
CASH ONLY.
4/2, 4/9/19
CNS-3237988#

CNS-3237988#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-18-842481-AB Order No.: DS7300-18003368 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/7/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): GILBERT PERRY SURVIVING TRUSTEE Recorded: 5/9/2003 as Instrument No. 2003272864 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 4/23/2019 at 12:30 PM Place of Sale: 4/28/2019 at 12:30 PM Place of Sale: 4834 PHELAN AVE, FREMONT, CA 94612 Amount of unpaid balance and other charges: \$17,312.03 The purported property address is: 4834 PHELAN AVE, FREMONT, CO 945338-1280 Assessor's Parcel No.: 531-0012-092 NOTICE TO POTENTIAL BIDDERS: If you should understand that there are risks involved in bidding on a lien, not on the property itself. will be held by duly appointed trustee. The sale will be made, but without covenant or warranty in bidding at a trustee auction. You will be bidding on a lien, not on the property itself.

Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 855 238-5118 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this com, using the file number assigned to this foreclosure by the Trustee: CA-18-842431-AB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Interne Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set publication of this Notice of sale: If the Sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exceed the note belden intended. to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 855 238-5118 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-18-842481-AB IDSPub #0151516 4/2/2019 4/9/2019 4/16/2019

Placing the highest bid at a trustee auction does

CNS-3235852#

Students shine in academic competitions

SUBMITTED BY THE ALAMEDA COUNTY OFFICE OF EDUCATION

During March dozens of students from across Alameda County matched wits and showed off their academic chops at local scholastic competitions. The contests — Alameda County History Day, Philip A. Harley Memorial Mock Trial and Alameda County Spelling Bee — take place annually in March, hosted by the Alameda County Office of Education.

"We are glad to have an opportunity to host events like these to give students the chance to show what they have learned," said L. Karen Monroe, Alameda County Superintendent of Schools. "Congratulations to our student participants for your outstanding efforts, and to our teachers, staff and volunteers for your hard work in producing these events."

Alameda County History Day

Showcasing projects under the theme of "Triumph and Tragedy in History," more than 180 Alameda County students participated in Alameda County History Day on Saturday, March 2 at Edna Brewer Middle School in Oakland. Students in grades 4-12 presented on a variety of topics, including Gilroy Hot Springs, Baron Von Steuben, the Black Panther Party, Korematsu v. U.S., the Partition of India, Harriet Tubman and the Chicago Garment Strike. Most students began researching their topics in September 2018, and presented their findings as

historical papers, posters, websites, documentaries, performances, and exhibits.

Submissions were judged by a panel of local educators and leaders, which selected 75 student champions to advance to the California National History Day competition. The contest is set for May 10-11 at William Jessup University in Rocklin, California; students from 30 counties across the state will compete.

Special awards were presented by the Alameda County Historical Society and the Hayward Area History Museum for projects related to Alameda County or the San Francisco Bay Area. The project awarded for a topic related to Alameda County was "War and Opportunity" by Kelsey Dougherty, Naima Rahim-Roberts and Nola Lum from Edna Brewer Middle (Oakland USD). The project awarded for a topic related to the San Francisco Bay Area was "Angel Island: A History of Chinese Immigration" by Charlotte Carmany and Leonor Garre from Ecole Bilingue de Berkeley.

Philip A. Harley Memorial Mock Trial

The Philip A. Harley Mock Trial Competition is a county-wide high school criminal trial competition designed to increase understanding of our judicial system and the processes necessary to create a just society. Teams of nine to 25 students study a hypothetical case, conduct legal research and receive individual coaching by volunteer attorneys in trial preparation, courtroom protocol, courtroom procedure, analysis and communication. Preparation begins in the fall and culminates in competition in January and February. This year's winning team, Moreau Catholic High School from Hayward, was to represent Alameda County at the state competition in late March in Sacramento. The Amador Valley High School (Pleasanton USD) team was the second-place winner and secured a "wild card" slot to compete at the state match.

The awards ceremony for the Mock Trial Competition took place at the San Leandro Performing Arts Center on Monday, March 11.

Alameda County Spelling Bee

A quartet of talented spellers representing all corners of Alameda County will advance to state competitions after outstanding performances at the annual Alameda County Elementary and Junior High Spelling Bees. Students in elementary (grades 4-6) and junior high (grades 7-8) competed for the top two spots in each division and the opportunity to move on to state spelling bee competitions. This annual event took place at the San Leandro Arts Education Center on Saturday, March 16.

The Elementary Spelling Bee winners are:

• First Place: Samvrith Bandi, fifth grade, Mission Valley Elementary (Fremont USD)

- Second Place: Vinci Ho, fifth grade, Lincoln Elementary (Oakland USD)
- Third Place: Tulasi Venkatesh, fourth grade, Jensen Elementary School (Castro Valley USD
- Fourth Place: Tarini Gurusankar, sixth grade, Fallon Middle School (Dublin USD)

Samvrith and Vinci will compete at the California State Elementary Spelling Bee Championship on May 11 at the San Joaquin County Office of Education in Stockton.

The Junior High Spelling Bee winners are:

- First Place Anisha Rao, eighth grade, Fallon Middle School (Dublin USD)
- Second Place Ella Banchieri, eighth grade, Lincoln Middle School (Alameda
- Third Place Roya Rashidchi, eighth grade, Christensen Middle School (Livermore Valley Joint USD)
- Fourth Place Brighton Alcantara, eighth grade, Wells Middle School (Dublin USD)

Anisha and Ella will compete at the California State Junior High Spelling Bee Championship on May 4 at Miller Creek Middle School in San Rafael.

Netflix will cut 'Bird Box' footage months after outcry

By Mark Kennedy AP ENTERTAINMENT WRITER

Netflix will remove footage of a real fiery train disaster from its hit post-apocalyptic survival film "Bird Box" months after the streaming giant was criticized for exploiting a tragedy.

The stock footage was taken from a 2013 crash in the Quebec town of Lac-Megantic when a train carrying crude oil came off the tracks and exploded into a massive ball of fire, killing 47 people.

Nexflix says it will replace the footage with an outtake from a former TV series in the U.S.

The company says it is 'sorry for any pain caused to the

Lac-Megantic community."

The call is out for fans of table tennis and billiards

SUBMITTED BY JENNIFER TIBBETTS

For anyone that hasn't visited the Kenneth Aitken Senior Center recently, it's probably time to check out numerous new activities at their Castro Valley facility. Among activities now offered are table tennis and billiards. Table tennis not only provides fitness and fun, it also can help improve hand-eye coordination and agility in older adults. Table tennis is offered from 1:00 p.m. to 3:45 p.m. Mondays and 12:30 p.m. to 3:45 p.m. Thursdays and is open to players of all experience levels. The cost is \$3; reservations aren't necessary.

There are two pool tables available for billiards from 8:30 a.m. to 4:00 p.m. Mondays through Fridays. The daily drop-in fee is \$1.50 and participation is open to players from beginning to advanced levels. The center is at 17800 Redwood Road, Castro Valley. For details, call (510) 881-6738.

Small Business Development Center

SUBMITTED BY MARIANNE LEDDA

The Fremont Main Library invites small business owners and aspiring entrepreneurs to meet Interim Director Margaret Jackson of Alameda County Small Business Development Center (ACSBDC) on Tuesday, April 9. Jackson, an AM 1220 KDOW Small Business Radio personality, will share how ACSBDC works hands-on with entrepreneurs and business owners to address challenges, seize opportunities and

grow their bottom line. For more information, call the library at (510) 745-1400 or visit https://events.aclibrary.org/event/5252882.

For Small Business Owners/Entrepreneurs Tuesday, Apr 9 7:00 p.m. - 8:30 p.m. Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 https://events.aclibrary.org/event/5252882 **FREE INCOME TAX**

PREPARATION IRS-Certified

Tax Preparers

\$55,000 or less annual household in-

come. Other restrictions may apply.

OHLONE COLLEGE

CAREER CENTER

39399 Cherry St, Rm #1211,

Newark.

Tuesdays thru April 9 by appt only.

For appt, call 510.574.2020

DISCOVERY COVE

Drop-in Childcare Center

Fremont Family

Resource Center

Open to the public M-F 8:30-5.

Staffed by City of Fremont Rec

Dept. Open to well children aged

2-10. \$8/hour per child.

COMMUNITY BULLETIN BOARD

FREE INCOME TAX

PREPARATION IRS-Certified

Tax Preparers

\$55,000 or less annual household in-

come. Other restrictions may apply.

NEW HAVEN ADULT SCHOOL

600 G St, Union City

Saturdays - thru April 14

10am - 1:30pm (Closed Mar 9)

Walk-in & self-prep services available

510.574.2020

Fremont

FAMILY RESOURCE CENTER

24 agencies help Tri-City residents

with employment, counseling,

childcare subsidies, housing, legal,

public benefits, health insurance,

workshops & more. Mon-Fri 8-5.

39155 Liberty St, Fremont

510.574.2000 or Fremont.gov/FRC

FREE INCOME TAX PREPARATION IRS-Certified Tax Preparers

\$55,000 or less annual household income. Other restrictions may apply. FAMILY RESOURCE CENTER 39155 Liberty St, Rm #H830 Fremont

Open thru April 12 Wed & Thurs: 4pm - 8pm Fri: 10am - 1pm 510.574.2020

SPARKPOINT FINANCIAL **SERVICES** for Low-Income Residents

FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020

League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org

Fremont.gov/SparkPointFRC

Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible

FREMONT PARKINSON'S **SUPPORT GROUP** Fremont Senior Center

40086 Paseo Padre Pwky, Fremont Meets 7pm 4th Monday each month except May, Aug., & Dec. Join us for speakers and discussions with members Call Bob Dickerson 510-552-1232 Barbara Degnegorio 510-693-2884 d.degregorio@comcast.net

39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010

FOR KIDS AGES 8-17 Young Eagles **Hayward Airport** Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com

Are you having trouble

controlling the way you eat?

Food Addicts in Recovery Anonymous

WWW.foodaddicts.org

FREE Meetings - Mon. 7-8:30pm

Centerville Presbyterian Church

4360 Central Ave. Rm E204 Fremont

Sat 8-9:30am Holy Trinity Lutheran

Church 38801Blacow Rd. Fremont

510-719-8288

FREE AIRPLANE RIDES

10 lines/\$10/ 10 Weeks

\$50/Year 510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities **Announcements** For sale **Garage sales Group meetings** Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

FREE PRESCHOOL

Fremont Unified School District offers

FREE preschool for income-eligible families.

The income limits have been raised recently and

more families are qualifying.

Children must be 3-5 years old and toilet trained.

Is Food a Problem For You? **Try OVEREATERS ANONYMOUS**

Do you eat when you're not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org

510-449-7610

ABWA-Pathfinder Chap.

American Business

Women's Assoc.

provides opportunities for women

personally & professionally thru

leadership, education, networking

Dinner Meetings: 3rd Wednesday

each month. DoubleTree

39900 Balentine Dr, Newark

(Fremont): 6:30-9:00 pm

Call Harriet 510-793-7465

Is Your Life Unmanageable **Because of Debt?**

Are you sick of bouncing checks, paying late fees, & having creditors knocking at your door? You are not alone

DEBTORS ANONYMOUS

www.debtorsanonymous.org Fri. 7pm St. James Episcopal Church 37051 Cabrillo Terrace Fremont 510-449-7610

TRI-CITIES WOMEN'S CLUB

Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162

Bay Area Guide Dog Puppy Raisers Looking For Meets on the third Tuesday **Volunteers**

their community Raise a puppy and change a life! We meet Thursday 7-8pm For more information Call Randy Hollenshead

Interested in giving back to

510-331-4862

A-1 Comm. Housing SVCS **Credit & Money Management Workshop**

Resolve your credit issues & be better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227

It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us **FREMONT COIN CLUB** Established 1971

www.abwa-pathfinder.org

Prostate Cancer Please join our support group for monthly get-togethers to discuss treatment options medical breakthroughts, etc. We meet at Washington Hospital 2500 Mowry Ave. (Room C) 6:30pm First wednesday each month

call Lonnie Silva 510-783-5121

Are you or a loved one struggling with metal health challenges?

NAMI - The National Alliance on Mental Illness offers Free, confidential classes and support groups We can help. Call Kathryn at

You are not alone.

(408) 422-3831 Leave message

Do you get nervous when you have to speak in public?

Newark Toastmasters can help Learn this skill and more in a supportive atmosphere It's FREE to attend Tues 7am-8:10am **Newark Library** 6300 Civic Terrace Ave., Newark 510-796-3562 or 510-402-8318 www.1118.toastmastersclub.org

WANT TO WRITE?

Fremont Area Writers helps Meets 4th Saturdays 2-4 pm 42 Silicon Valley • Rm 115 6600 Dumbarton Circle FMT Open Mic 4th Mondays 7-9 pm Suju's on Thronton Ave FMT 2nd Sats Half Price Books 2-4 cwc-fremontareawriters.org **EVERYONE IS WELCOME!**

Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, come join us www.fremontcoinclub.org 510-792-1511

FREMONT STAMP CLUB

Meets 2nd Thurs. each month 7pm Fremont Community **Activities Center** 3375 Country Dr., Fremont Collectors of all ages welcome www.fremontstampclub.org/ or call Tom 510-793-9124 write12me@gmail.com

Sunday Sermon Translations South Bay Community Church welcomes our neighbors

with written sermon translations in Chinese, Spanish and Urdu Message in written translation Sundays 8:00 am South Bay Community Church 47385 Warm Springs Boulevard Fremont, CA 94539 For information and to request another language: 510-490-9500

Free weekly ESL Classes for Adults

Beginning to Intermediate Levels Conversation, Vocabulary, Listening, Reading South Bay Community Church 47385 Warm Springs Blvd Info: eslsbcc@gmail.com or 510-912-1698

Afro-American Cultural & Historical Society

Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!

Fremont Cribbage Club

Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.

Become a volunteer driver with LIFE Eldercare

Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org

Do you want to help build our Model Railroad **Layouts & Operate Trains?**

The Tri-City Society of **Model Engineers** Looking for new members Meet Fridays - 7:30pm-9:30 pm Niles Plaza 37592 Niles Blvd., Fremont www.nilesdepot.org or call 510-325-2092

F.U.N. (Fremont, Union City, **Newark) PROGRESSIVES** Join us for pizza and politics

Bronco Billy's Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com

AMERICAN LEGION POST 837

Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm **VETERANS MEMORIAL**

BUILDING (NILES) 37154 2nd & E Strets

Fremont www.POST837.org

Let's Do Lunch! **Volunteer for LIFE ElderCare Meals on Wheels**

Mon - Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org

The Tri-Cities **Democratic Forum**

meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com

Wanted: Tenors & Basses Sing with the Mission Peak

Chamber Singers! Rehersals every Tuesday 7:30-9:30PM Irvington Presbyterian Church Concerts: March 9 &10 & May 19 Some singing experience & ability to read music helpful but not required. Contact: info@chambersingers.org 510-356-MPCS (6727)

Newark Cub Scout Pack 441

kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com

Make a new friend! Be a volunteer friendly visitor with **LIFE ElderCare**

Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org

Native Plant Garden Tour Sunday, May 5 10am-5pm

Go To: bringingbackthenatives.net Get guide choose gardens 35 gardens Fremont-Orinda Self guided-save water \$\$ Lawn conversion = rebates hear expert garden talks this non-profit needs volunteers

Native Plant Sale Sunday, May 5 10am-5pm

San Lorenzo High 50 East Leweling Blvd San Lorenzo Student gardeners = bargains 79+ species 500 + plants East Bay MUD Rep get \$ for lawn conversion rebates experts & Kids activities great Mexican lunch - See: bringingbackthenatives.net

D.R.A.M.A. Ministry New Hope C.F. Church

22110 Montgomery St. Hayward, CA 94541 This is a Christianbased support group for women, 25 & up. www.drama-daughtersin-recovery.org Thursdays, 7 pm to 9 pm

Looking for adventurous

COMMUNITY BULLETIN BOARD

English Conversation Cafe

Practice your English & enjoy refreshments
Small conversation groups with
English tutors, Beg & Adv Students
Free / Drop-ins welcome
Tuesdays 7-8:30pm
Bridges Community Church
505 Driscoll Road, Fremont
510-651-2030 /
nateg@bridgescc.org

Lions Pancake Breakfast Dawn Breakers Lions Club Saturday, April 6, 8 to Noon

All You Can Eat Pancakes - \$8
Centerville Presbyterian Church
4360 Central Ave, Fremont
Children Under 6 Eat Free
Help Support Blind, Deaf,
& Other Local Needs
-=We Serve=

Sunol 4-H Annual Pancake Breakfast Sunday April 14 8am-12pm

Sunol Glen Elementary School 11601 Main Street Sunol Adults \$10 - Child \$5

Buon Tempo Italian American Club Family Dinners

1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley
Everyone is welcome: Members \$15/Guests \$20 5-Course dinner
Reservations by prior Friday at 510-483-6929 www.buontempoclub.org

MEHS Band & Orchestra FLEA MARKET

4TH Saturday of the month (weather permitting) March throuh October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com

A-1 Comm. Housing SVCS 1st Time Home Buyers Certification Workshop

Learn the process of shomeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227

Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month

to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

Fremont Prayer Breakfast

Guest Speaker:
Ruthie Bolton
Basketball Player
April 12, 2019
Paradise Palace
4100 Peralta Blvd, Fremont
www.fremontprayerbreakfast.com
Sponsored by:
Washington Hospital
Dutra Enterprises

Public Community and Event Spaces

Open to all ages
Town Fair Plaza
at the corner of Capitol Ave
and Downtown Fremont
CHECK US OUT AT:
WWW.TOWNFAIRPLAZA.COM

Adult Day Program
Direct care staff wanted to
work with people with
developmental disabilities in
community-based settings
or environment.

Must be dependable and own a vehicle. Background check.
Training available
Call (510) 690 -9570

Cal State East Bay joins single-use plastics ban

SUBMITTED BY KIMBERLY HAWKINS

California State University (Cal State), East Bay in Hayward will join the rest of the CSU system in banning all single-use plastics on campus by 2023. The new policy, in effect immediately, establishes purchasing practices aimed at eliminating items such as plastic straws, plastic water bottles and plastic bags, giving preference to reusable products or those that are compostable or recyclable.

Currently, plastic bags and straws have been

removed from the Dining Commons, Provisions on Demand (the POD) and Greens to Go. The bookstore provides paper bags and while it does have straws and sporks available, both are made from compostable materials. The push to eliminate single-use plastic items on campuses throughout California follows a national trend aimed at slowing the overwhelming number of plastics affecting oceans and other environmentally fragile areas.

"Millions of tons of plastics end up in our oceans each year, threatening marine life and creating unnecessary costs in expensive cleanup efforts," Cal State East Bay Sustainability Director Jillian Buckholz said. "I'm proud that the CSU is banning single-use plastics across all campuses making the statement that the largest university system in the U.S. is moving toward a sustainable future."

Women for women

SUBMITTED BY OHLONE COLLEGE

Women helping women, supporting women, and empowering women to be a force. Those were the principles guiding Ohlone College's 4th annual Women in Engineering, Computer Science, and Biotechnology "Speed Mentoring Dinner" held March 8, 2019, International Women's Day.

"It helps to see and know the women who have gone before you, who have paved the way, who have opened up doors, and that is really empowering, to not only see them but to know them," said communication studies professor Larissa Favela, the evening's MC.

The event, hosted and led by engineering professor Rose-Margaret Ekeng-Itua, Ph.D., connects female students across the Bay Area with local female professionals in various science and engineering related industries. Over 200 people attended this year including female students representing 13 colleges, one university, and two high schools from across the Bay Area.

"It's a chance for students to find mentors. Giving them direct access to professional women who have already 'made it' in engineering and tech is a huge draw for students," says Dr. Itua. "When you can sit across someone working at your dream job and you can ask them about their experiences and their path to success, it really makes the dream seem much more accessible—it

becomes a reality."

Industry professionals from
Tesla, Lam, Apple, Amazon,
Genentech, and the City of
Fremont were among the
30 companies that attended the
event. Professionals sat among students and shared their best career
advice and lessons learned from
their years of industry experience.

"Fremont has a very high concentration of companies doing

innovative things in industry sectors such as advanced manufacturing, cleantech, and biotech," says Tina Kapoor, Economic Development Manager for the City of Fremont. "These companies choose Fremont as their location because they are able to tap in to the rich talent that's here. Ohlone College is a strong partner in preparing the future talent pipeline of engineers."

Kapoor attended the event with Fremont Mayor Lily Mei who shared words of wisdom as she spoke with student attendees.

"When I was just 16 years old, I landed a job at Siemens where my manager, who was also a woman, took me under her wing and taught me how to be better organized and poised. I also learned how to negotiate, how to shake someone's hand, and how to ask for what I wanted," says Mayor Mei. "My manager was a mentor to me and was so critical. And that's what I hope to see, a pipeline of future women who help one another."

Ohlone's engineering department focuses on providing lower-division engineering courses and pre-engineering programs that prepare students for success upon transfer to a four-year institution for a Bachelor of Science degree. Students intern at local engineering and manufacturing companies while managing their studies, gaining first-hand experience, and learning in the field.

"Women in engineering must continue to stand strong, believe in ourselves and know that we belong," says Dr. Itua.

Ohlone College is one of the first community colleges to be a member of the Society of Women Engineers—an organization with a mission to empower women to achieve full potential in careers as engineers and leaders, expand the image of the engineering and technology professions as a positive force in improving the quality of life, and demonstrate the value of diversity and inclusion.

County of Santa Clara offers mobile app for paying property tax

SUBMITTED BY SANTA CLARA COUNTY PUBLIC AFFAIRS

Business and personal property taxpayers in Santa Clara County now have access to SCC DTAC, a new mobile app launched by the Department of Tax and Collection (DTAC) to provide convenient access to pay the second installment of annual secured property tax payments. The deadline to pay the taxes is April 10.

"There is no longer a need to spend time in traffic, finding parking or standing in line at the Department of Tax and Collections to pay property taxes in Santa Clara County," said Margaret Olaiya, director of the Department of Tax and Collections. "People can pay online, and even from their phones, because we now have the DTAC App that allows you to look up your bill and pay directly from your bank account with no additional fees."

The SCC DTAC app, available for iOS (Apple's App

Store) and Android (Google's Play Store) mobile devices, includes the following features:

Pay for one or more tax bills for secured or unsecured property.

Pay tax bills with credit/debit card, or eChecks; Payments made by eCheck are free of convenience fees.

Make partial payments on a tax bill (Note: Currently for secured properties only).

View list of tax bills due and/or past due, including the ability to view bill details and download bills.

Save properties as Favorites. Save copies of tax bills.

Provide feedback about the app or DTAC service overall.

Access using multiple mobile and smart devices such as phones and tablets

"We encourage property

"We encourage property taxpayers to transact business with the County using the new convenient option of their mobile and smart devices," added Olaiya.

Once the app is downloaded, property owners will be presented with two options. The first option allows a search for real property by Assessor's Parcel Number (APN) or by property address. Real property includes homes, buildings, or land (a.k.a. secured property). The second option provides property owners of businesses, boats, airplanes, etc. (a.k.a. unsecured property) the ability to search for their property tax obligation by its assessment number or property address. Property owners can use the shopping cart feature to pay for multiple secured and/or unsecured tax bills that are available for their properties.

For more information about paying property taxes, visit the Department of Tax and Collections website at www.sccdtac.org, call (408) 808-7900 or email scctax.collector@fin.sccgo.org. Information about the mobile app is available at www.sccdtac.org/mobileapp

Hosts sought for foreign exchange students

SUBMITTED BY CAROL BERGER

Imagine being a student and studying abroad for the first time. Of course, there's the excitement of visiting another country, experiencing a different culture and learning new things. But there also can be anxiety from being away from home and family for an extended time. An excellent way to help these students is by providing them with a "second" home and family.

Above and Beyond (AnB) Education, a non-profit organization pairing foreign high school students with volunteer host families is looking for volunteer host families in the San Francisco East Bay Area.

For more than 22 years AnB Education has been developing rewarding relationships between international students and their families, schools, and communities. The organization is the leading non-profit sponsor of J-1 exchange students and places young learners from many countries into semester and year-long academic programs.

Students who participate in the AnB program have their own spending money and are fully insured. They attend local high schools in order to learn more about American culture, make friends, participate in sports and student activities, volunteer in the community, and most of all — become a lasting member of your family and community.

Anyone that is interested in hosting a student or wants more information about the program can call Carol Berger at (209) 567-2412 or send her an email at arielpdog1@yahoo.com. More information about AnB Education is available by visiting their website at www.anbeducation.com/.

Car seat safety check-up

SUBMITTED BY UNION CITY POLICE DEPARTMENT

For new parents, choosing a safe and reliable car seat for their child is an important task. But what safety features are included with car seats, and what's the best way to install one?

Those are common questions, and help is available. On Saturday, April 6 a free car seat check-up event will be held in the parking lot of the Walmart store in Union City. During the two-hour program, which starts at 10 a.m., certified car seat technicians will teach parents how to properly install a car seat in their vehicle and verify proper

harness placement. Parents will also learn what steps to take to ensure continued car seat safety as their child grows.

The event is jointly sponsored by Safe Kids Alameda County, Union City Police Department, the California Highway Patrol and Walmart. Because space is limited, appointments are recommended .Those interested can reserve slots 10:00 a.m., 10:40 a.m. and 11:20 a.m. by calling (510) 618-2050.

Car Seat Check-up
Saturday, Apr 6
10 a.m. – 12 noon
Walmart parking lot
30600 Dyer St., Union City
(510) 618-2050
www.unioncity.org
Free; appointments
recommended

Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Fremont Holds 2019 State of the City Address

This year's State of the City
Address took place on March 22
at the Fremont Marriott Silicon
Valley at an event hosted by the
Fremont Chamber of Commerce.
Mayor Lily Mei began by
welcoming City Manager
Mark Danaj and the newly
elected council members to the
Fremont family and outlined the
city's achievements in 2018 and
its goals for the year ahead:

- Converting elections to a district-based system.
- Three focus areas: housing, traffic congestion, and neighborhood commercial districts.
- Affordable housing units such as Stevenson Terrace, Innovia, and Central Commons.
- Progress in providing homelessness services and resources.
 - A Mobility Action Plan.
- Efforts to reduce residential burglaries and an expanded focus on auto burglaries.
- The Fire Department focus on recruiting talent from under-represented and economically-disadvantaged groups; an inaugural NorCal First Alarm Girls Fire Camp.
- Fremont's business economy continues to thrive, especially in biotechnology and advanced manufacturing.
- Encourage resident participation in the upcoming 2019 Census.

The full speech, slides, online webcast, video playback programming schedule on Channel 27, and resource guide from Mei's State of the City address are available at www.Fremont.gov/State-oftheCity.

Solar Renewable Microgrid Demonstration Project

Fremont's Solar Renewable Microgrid System demonstration project was dedicated April 2 at Fremont Fire Station No. 6. "Merging Fremont's continued bold climate leadership and dedication to supporting local entrepreneurship, this project has verified that renewable energy storage systems will aid in building a clean energy future for our community," said Mayor Mei. "Additionally, the City of Fremont's proactive planning in partnership with Gridscape will ensure an uninterrupted power source for our public safety responders in the case of natural disaster emergency services operations."

Pairing solar photovoltaic (PV) carports with large battery systems, the participating fire stations can effectively and sustainably generate and store their own energy. In addition to the protection of emergency service facilities against power outages, this program will reduce city utility bills by \$214,844 over the 10-year Power Purchase Agreement term (in addition to the \$32,027 saved during the demonstration period). The project will also decrease municipal greenhouse gas emission by around 80,000 pounds of carbon dioxide

City Council Work Session for Irvington BART Station

The Draft Irvington BART Station Area Plan is ready for review. The draft document is available online on the Irvington BART webpage at www.Fremont.gov/Irvington-BART. A work session has been scheduled for the Fremont City Council to receive a presentation on the Station Area Plan from city staff and the consultant team, ask questions, and provide comments. The session will take place at 5:30 p.m. Tuesday, April 9 at City Hall in the City Council Chambers, 3300 Capitol Avenue.

The primary purpose of the Station Area Plan is to ensure successful integration and

connectivity between the Irvington BART Station, new development, and existing neighborhoods. City Council to formally consider the Station Area Plan will be tentatively scheduled in May and June. For more information, visit www.Fremont.gov/Irvington-

Mixed-Use Development Coming to Fremont's Centerville Area

At the Fremont City Council March 19 meeting, a new mixed-use development proposed by developer SiliconSage Builders was approved. The project will be located on Fremont Boulevard between Parish Avenue and Peralta Boulevard. It will feature 26,000 square feet of ground-floor commercial space with 93 rental apartment units on the upper floors along Fremont Boulevard and 72 for-ownership townhomes at the rear of the site facing Peralta Boulevard, Parish Avenue, and Jason Way. The approved project includes demolition of the former Fire Station No. 6, located on the site; and infrastructure improvements to perimeter streets, such as a new traffic signal and wider sidewalks.

The developer agreed to provide a variety of community benefits, including a community room available to the public to be named in honor of former Fremont Fire Chief Dan Lydon, historical displays documenting the former Fire Station No. 6 building, streetscape beautification, and discussions with local trade unions about providing work for the construction of the project. Construction for this project is anticipated to begin in 2020. For questions, contact project planner Joel Pullen at (510) 494-4436 or jpullen@fremont.gov.

Annual Compost Giveaway

Participants in the city's curbside organics program can pick up two free bags of compost, while supplies last, from 8 a.m. to 12 noon Sunday, April 14 at Fremont Recycling and Transfer Station, 41149 Boyce Road. Residents must bring their most

current Republic Services garbage bill to show their household's participation in the curbside organics program. Residents may pick up compost on behalf of a neighbor or family member who is unable to attend by bringing their respective Republic Services bill. The event will be held rain or shine. For more information, call Republic Services at (510)657-3500.

Biocom's Bay Area Life Science Meet Up Mixer at PrinterPrezz

On April 17, the City of Fremont will be partnering with Biocom to host Bay Area Life Science Meet Up. The event will take place from 4:30 p.m. to 6:30 p.m. at PrinterPrezz, a new biotechnology company in Fremont, 4026 Clipper Court. This informal mixer will provide an informal platform for the life science community to network with other professionals in this field. To register for the event, visit Biocom's Events page at https://www.biocom.org/s/Event-Detail?event=meet-up-fremont.

Workshops for Landlords and Tenants

The City of Fremont is offering free workshops for landlords and tenants on Wednesday, April 17 and Thursday, April 18 at Fremont Main Library, 2400 Stevenson Boulevard. Landlords will learn about Fair Housing Law, and tenants will learn about tenant rights and responsibilities. All are welcome to attend the sessions. For more information, call (510) 733-4945, visit www.Fremont.gov/RentReview or email rentreview@fremont.gov.

Landlord Education Workshop

Presentation on Fair Housing Law Wednesday, Apr 17 6 p.m. – 7 p.m.

Tenant Education Workshop

Presentation on Tenant Rights and Responsibilities Thursday, Apr 18 6 p.m. – 7 p.m.

Earth Day Celebration 2019

Go green with the City of Fremont and Washington Hospital and celebrate Earth Day 2019. Bring your family, friends, and bicycles to take part in the free festivities from 11 a.m. to 3 p.m. Saturday, April 20 at Washington West Building, 2500 Mowry Ave. The event will host children's arts and crafts, eco-entertainment, games, free bicycle valet parking and basic tune-ups provided by a local bike shop, and educational exhibits.

The event will also feature a Family Cycling Rodeo hosted by Bike East Bay. Certified instructors will lead children through games, safety drills and skill building. Participants will learn how to perform a bicycle safety check; proper helmet fitting; communication skills with other road users; how to navigate safely through intersections; and how to avoid obstacles. Bicycles and helmets will be provided for children or they can bring their own. All minors must be accompanied by an adult to participate.

Other highlights include a drop-off location for old eyeglasses, syringes, and needles (must be in approved container), and unused or unwanted medications. Hazardous mercury thermometers can also be exchanged for mercury-free thermometers at no charge. Attendees can learn more about how to reduce their household's carbon footprint by signing up for the Fremont Green Challenge. This online tool, found at www.FremontGreen-Challenge.org, helps households discover ways to decrease their energy and water consumption, reduce waste and protect the environment, all while saving money. For more information about the upcoming Earth Day celebration, visit www.Fremont.gov/EarthDay or call the Environmental Services Division at (510) 494-4570.

5 tips on what to do with unwanted stuff

By Anne D'innocenzio AP Retail Writer

World-renowned tidying expert Marie Kondo is sparking joy among shoppers feeling the urge to clean out their homes.

But once you master the Japanese organizing expert's novel approach to de-cluttering, what do you do with all the stuff you don't want?

Charitable organizations like Goodwill have cited how Kondo's popular Netflix series, "Tidying up with Marie Kondo" has led to a surge of donations. And sites like OfferUp and thredUP also note an uptick in the number of items being sent to them for sale. Kondo recommends getting rid of items that don't spark joy, and she calls for decluttering by category, not by location.

Still, there's a lot of angst in figuring out the right home for unwanted items.

"I think we're living in the age where people are taking the stress out of their lives, so Marie Kondo comes at a perfect time," said Wendy Liebmann, founder and CEO of WSL Strategic Retail. "But there's a lot of stress in trying to find all these places that will take all these things."

Liebmann recommends getting rid of the easiest items first. Then, deal with the harder items to give away or sell.

Here are five more rules to embrace:

– BE SMART ABOUT WHAT YOU'RE SELLING: Study a variety of sites from thredUp and Poshmark to find out what they accept, what carries the best value and any fees. Make sure to sell in-season items and only clean garments. For those who have a closet full of Chanel and Prada bags, check out luxury consignment online retailer The RealReal.com.

"This is not a way to get rich. But it is a way to clean out your closet," said James Reinhart, co-founder and CEO of thredUP.com. At thredUP, only 40 percent of received items are accepted and sold online; the rest are donated. If interesting in selling secondhand items on thredUP, request a cleanout bag. New this year, customers can request a shipping label that can be used on any box. Many of the sites including thredUP and RealReal list recently sold items so customers will know their worth. Many sites set the pricing based on quality, style, and the available inventory. Check out selling fees, which vary. For example, for all sales under \$15, Poshmark takes

a flat commission of \$2.95. For sales of \$15 or more, Poshmark's commission is 20 percent. The fee at selling app Mercari is 10 percent.

– CONSIDER APPS THAT HELP YOU SELL LOCALLY: Move over Craigslist. A growing number of marketplace apps like LetGo and OfferUp let you sell locally the big sofa or other large item that would be too expensive to ship across the country. EBay also allows customers to post local listings.

Many give the option to register with your Facebook account, helping to verify its members and make it a safer exchange. OfferUp says it's the biggest mobile marketplace for local buyers and sellers. Last year, however, it began allowing sellers to ship item across the U.S., widening the market of prospective buyers, says Natalie Angelillo, vice president of community at OfferUp. OfferUp allows users to create a custom profile link and lets buyers and sellers leave reviews for a deal.

- STUDY WHAT CAN BE DONATED: You don't want to waste time carting a big piece of furniture to only find out your local thrift store doesn't want it. Best to call the local Salvation Army or Goodwill store to make sure they can either pick up the item or you can drop it off. Goodwill's main website says acceptable donations include clothing, shoes, books, small appliances and small furniture. But starting Jan. 1, Goodwill Industries of Great New York and New Jersey has put a temporary hold on accepting book donations at their Goodwill stores, says Lauren Lawson-Zilai, a spokeswoman at Goodwill Industries International.
- SCRUTINIZE DONATION BINS: Heading to a local donation bin may be convenient, but unfortunately, many items wind up supporting for-profit groups. Look for signs that spell out a clear mission statement. Also, look at what percent of sales are contributed to the charitable organization. Be wary of a donation bin without a clear mission statement.
- RECYCLE ELECTRONICS: Many electronics makers and retailers offer recycling programs. Amazon allows customers to receive an Amazon.com gift card in exchange for a variety of electronic devices including Amazon devices.

And, of course, there's always that garage sale.

"Check to see if your neighborhood or homeowner's association has a designated garage sale date," says Target Corp.'s home style expert Camille Styles. "If not, team up with a friend who may also be looking to sell some of their items."

California National Guard to leave border, help stop fires

By Don Thompson ASSOCIATED PRESS

California is calling in the National Guard for the first time next month to help protect communities from devastating fires like the one that largely destroyed the city of Paradise last fall.

It's pulling the troops away from President Donald Trump's border protection efforts and devoting them to fire protection, another area where Trump has been critical of California's Democratic officials - even repeatedly threatening to cut off federal disaster funding.

Starting in April, 110 California National Guard troops will receive 11 days of training in using shovels, rakes and chain saws to help thin trees and brush, California Department of Forestry and Fire Protection spokesman Mike Mohler said.

They will be divided into five teams that will travel around the state working on forest management projects, mainly clearing or reducing trees and vegetation in an effort to deprive flames of fuel.

"They will be boots on the ground doing fuels projects alongside CalFire crews," Mohler said. "We've had them out for flood fighting, several different operations, but this would be the first time their mission would be fuels thinning and forest management."

They have helped fight fires before, however. Former Gov. Arnold Schwarzenegger was the first in recent decades to deploy California National Guard troops as firefighters. That occurred on July 4, 2008, after lightning storms sparked hundreds of fires, Guard Lt. Col. Jonathan Shiroma said.

He referred questions about the latest effort to CalFire, which is directing the Guard's new assignment.

The training is similar for firefighting and fire protection. Mohler said the troops also will receive some training in forest management, "so they're not just out there cutting brush" but understand why they're doing what they're doing.

For instance, firefighting crews generally cut fire lines down to mineral earth during active wildfires, while fuels management crews often do less-intensive thinning of trees and chaparral to slow advancing flames.

That often involves creating fuel breaks. They can range from stripping away all woody vegetation on wide strips of land to thinning larger trees and

removing shorter trees, brush and debris to discourage fires from climbing into treetops and jumping from tree to tree.

Critics say the work damages forests and can be useless against wind-driven fires, like the one that jumped a river to rain embers on the Sierra Nevada foothills community of Paradise last year, killing 85 people in and around the Northern California city of 27,000 people

'CalFire is taking the Trump approach, logging the forest and weakening critical environmental protections, and that's the exact opposite of what we need to be doing," Center for Biological Diversity scientist Shaye Wolf said.

She said the better approach is to make homes more fire resistant while pruning vegetation immediately surrounding homes.

CalFire this month listed 35 fuel-reduction projects it wants to start immediately, covering more than 140 square miles (362 square kilometers) - double the acreage in previous years. But state officials estimate 23,438 square miles (60,704 square kilometers) of California forestland need thinning or other restoration.

``It's not a problem that's going to get fixed overnight," Mohler said.

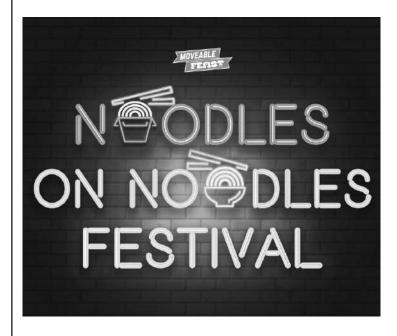
Such thinning operations are getting more attention in recent years, with the U.S. Forest Service estimating last month that 18 million trees died in California over the last year.

The agency estimated that more than 147 million trees have died across nearly 15,625 square miles (40,469 square kilometers) during a drought that began in 2010, while about 1.5 million dead trees have been cut down.

Moreover, investigations have often blamed recent wildfires on utilities not doing a good enough job of clearing vegetation around power lines and equipment. Democratic state Sen. Bill Dodd of Napa has proposed legislation that would require CalFire to tell utilities which trees and brush to remove and then inspect the work.

Aside from Guard troops, CalFire also is creating 10 civilian fuels management crews this year. The 10-member crews could help with initial fire suppression if need be but will primarily reduce fuels, Mohler said.

"It's going to be a pretty amazing sight to see as these crews get out there on the ground," he said. "There's hundreds of, unfortunately, Paradises cross the state, (so) the public needs to understand this.'



SUBMITTED BY MOVEABLE FEAST

Come out for a day filled with delicious chef-inspired noodle dishes, flavorful craft beers, family-friendly games, and live entertainment at the "Noodles on Noodles Festival" Saturday, April 6 at Fremont's Town Fair Plaza.

Moveable Feast curates a selection of over 15 specialty food trucks and restaurateurs from all over the Bay Area serving their best noodles-inspired dish featuring favorites such as ramen, pad thai, garlic noodles, and much much more. All plates are tailored for portioning to allow to try more than one!

The food vendor lineup includes Twister, Mixwell, Hula Truck, Kurotaka Ramen, Thai Thai, Sip n Slurp, Wokitchen, Lemongrass Lane, Ampuli, Clay Pot, Yummi BBQ, Momo Noodle, Boonie Pepper, Banh Mi Zon, Factory Tea Bar, and Frozen Kuhsterd. From local to international flavors, enjoy a variety of craft beers to choose while you slurp down some noodles.

For more information, contact info@mvblfeast.com or visit www.mvblfeast.com/noodlesfestival.

> Noodles on Noodles Festival Saturday, Apr 6 3 p.m. – 9 p.m. Town Fair Plaza 39100 State St, Fremont (510) 858-9150 www.mvblfeast.com/noodlesfestival https://townfairplaza.com/

Admission: \$1 - \$10, beer tasting pass (with admission) \$25 & \$30, kids 10 and under free

Laundry robots could get foothold in the home for automation

By OLIVER MITCHELL

Last week, attending the Our Crowd Summit, I felt engulfed by the breadth of innovation and minds gathered in Jerusalem's International Convention Center. Jonathan Medved's billion-dollar crowd-funding platform has launched some of Israel's most promising mechatronic startups, including ReWalk, Intuition Robotics, Airobotics, and Argus Cyber Security. Household robotics, such as laundry robots, could yet be the next big thing.

Medved's success is thanks to his infectious positivity and confidence that fosters collaboration across the venture ecosystem. In the words of the Summit's concluding speaker, Nobel laureate Daniel Kahneman, "Optimism is the engine of capitalism. ... The people who make great things, if you look back, they were overconfident and optimistic - overconfident optimists."

Following Dr. Kahneman's remarks, I met the self-assured entrepreneur of FoldiMate, Gal Rozov. The laundry robots' startup made headlines this past January at the Consumer Electronics Show (CES) demonstrating its novel approach to smart home automation.

This week, the founder shared with me the genesis of his idea: "I always felt that I should share the burden of the household chores, but I am the first to admit that I am not very good at chores and do not particularly enjoy them."

Rozov confessed, "My wife didn't approve of my laundry folding standards," and then it hit him, "perhaps if there was a machine that could do the difficult part of the folding for me, I could help with this tiresome and hefty chore."

He compared his invention with other household appliances: "It would do the difficult part — the folding, just as the dishwasher does the cleaning."

It's a curious juxtaposition as the creator of KitchenAid's most successful product, Josephine Cochran, unveiled the first working mechanical dishwasher at the clothing folding machine, but it is 1893 World's Fair in Chicago. However, it took another 65 years before consumers started to install units in their homes. Instead, KitchenAid's customers prior to its postwar sales boom consisted of hotels and large restaurants.

Laundry robots go commercial first

The home consumer market has been the ruin of many upstarts, Rozov's fresh perspective, perhaps inspired by Cochran's story, provides value lessons for budding robot entrepreneurs. Rather than positioning FoldiMate as a new appliance merchandised at electronic stories next to washers and dryers, the company is tackling the commercial laundry space first.

"Based on our calculations, according to the current U.S. population, we estimate that each day in the U.S. alone, over 120 million items are being folded manually in laundromats and shared laundry rooms," Rozov said. When asking him to quantify this amount, the executive projected that approximately 800,000 hours a day are spent folding clothes, translating to \$5.8 million of hourly payroll at the existing minimum wage

According to Rozov, the billion-dollar market opportunity could be even higher. "We don't know how many items are being folded in other businesses such as clothing stores, but it's safe to assume that it is not less than laundromats, and probably a lot more," he said.

"FoldiMate folds a laundry load of around 25 items in less than 5 minutes, and after recent tests where we tested humans folding alongside FoldiMate, we discovered that it folds at least twice as fast as a human," gloated Rozov. This data translates into significant payroll savings and increased sales opportunities for clothing merchandisers, including such folding-obsessed stores as Gap Inc.

FoldiMate is not the first automatic currently the only portable laundry robot priced under \$1,000. For years, garment manufacturers have used industrial folders that cost hundreds of thousands of dollars to pack apparel orders.

In 2018 at CES, Japanese startup Seven Dreamers, introduced Laundroid, a \$16,000 intelligent apparel organizer that includes folding drawers for creased laundry to be pressed and stacked elegantly onto the closet's shelves.

Unlike FoldiMate, which uses clips to bend and tuck fabrics into crisp pleats, the Asian version utilizes robotic arms and a database of more than 250,000 images to scan, recognize, and fold into neat bundles. In reviewing Laundroid in 2018, Verge writer Dami Lee stated, "You'll need a couple of hours for it to finish folding a load of laundry, as one T-shirt takes about 5-10 minutes to fold."

With \$90 million of capital invested in the company and a Panasonic engineering partnership, Seven Dreamers is not deterred, as it is on track to release a less expensive, more efficient version later this year to compete directly against FoldiMate.

Another approach to laundry robots While Laundroid and FoldiMate tussle to conquer the \$40 billion laundry robot market, many roboticists are taking a different approach. In 2017, researchers at the Carlos III University of Madrid, Spain demonstrated a humanoid, named TEO, capable of handling domestic ironing jobs. The lab programmed TEO with wrinkle detection computer vision technology to quickly press out the creases.

In the words of its creator, Dr. Juan Victores, "TEO is built to do what humans do as humans do it. We will have robots like TEO in our homes. It's just a matter of who does it first."

MIT gripper blooms

Dr. Victores' prediction of cyborg-butlers took a step closer to reality

this week with the announcement of the successful test of a new type of soft mechanical gripper at MIT's Compute Science and Artificial Intelligence Laboratory. Prof. Daniela Rus displayed the origami end effector to the press, showing how the flower-like appendage is able to pick up heavy objects of varying sizes and depths.

"By combining this foldable skeleton with the soft exterior, we get the best of both worlds," she explained. "I'm excited about using such a robot hand to start grasping groceries." According to latest experiments by Dr. Rus, the usual arm is able to hoist 100 times its weight, promising to augment the heavy lifting for the world's aging population.

While the sun is setting on the first generation of home robotics as exemplified with the shuttering of Jibo and Kuri, smart appliances are very much alive with the advancement of hardware like laundry robots and recent academic breakthroughs.

Rozov optimistically stated: "We don't think we should compare FoldiMate to Jibo and Kuri. We feel that the world has been waiting for a viable solution to the folding problem for decades, and FoldiMate is the first natural step that solves the major part of the problem."

His tenacity in pushing the industry forward is reminiscent of the perseverance of Cochran in the nineteenth century, who set out to free women from the bondage of dirty dishes by proclaiming, "If nobody else is going to invent a dish washing machine, I'll do it myself!"

Even though they are separated by more than one hundred years, Cochran and Rozov fulfill Kahneman's theory on the determination of entrepreneurs, "They take big risks because they underestimate how big the risks are."



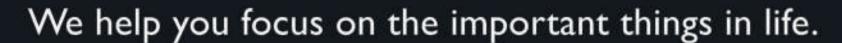




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