

The Adobe Art Gallery and PhotoCentral present their spring shows Page 32



All about the food at popular Feast event



comeback kid

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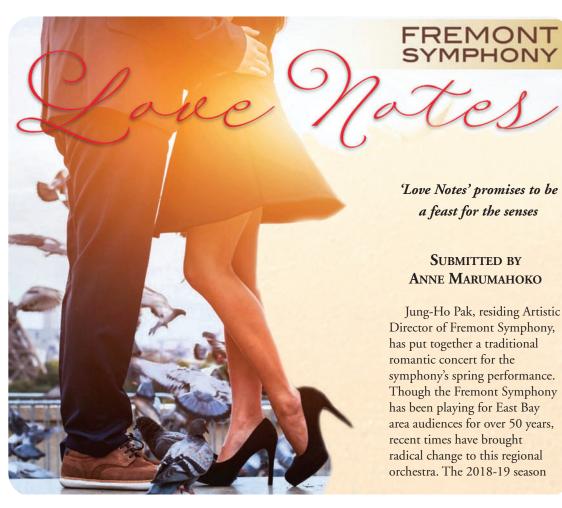
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March 26, 2019

Vol. 17 No. 13





has been defined by contemporary audience tastes, with Broadway singers in the fall, ballerinas dancing during the winter show, and an entire concert dedicated to the music of Sinatra in the summer. "We are at the forefront of creating a new experience... of a relationship with a symphony," said Pak as he reflected about the recent changes. Though the "Love Notes" concert is a return to historic musical masterpieces, the audience experience still takes center stage.

Pak built the Love Notes program around Shakespeare's classic love story, with selections from Tchaikovsky's "Romeo and Juliet" and Bernstein's "West Side Story," as well as Rota's "A Time for Us" (from the 1968 film of "Romeo and Juliet") played back to back to create instant comparison. "I try to choose exceptionally beautiful music that takes audiences back to a moment, an event that they remember," said Pak.

Several contemporary pieces have been added to the concert because of their resonance with love and the imagination. Pak enjoys mixing musical genres in concert. "It shows that beautiful music is beautiful music, no matter how it's used." Audiences will hear an example of genre mixing during Borodin's Polovtsian Dances from "Prince Igor," though the music will likely spark memories of Tony Bennet's famous cover of "Stranger in Paradise." The concert will finish with Rachmaninoff's "Rhapsody on a Theme of Paganini." For this famously emotional piano solo, Lisa Smirnova is flying in from Austria to join the Fremont Symphony as their special guest.

Smirnova made her professional debut over 20 years ago at Carnegie Hall and has been a featured pianist with

orchestras around the world. She regularly collaborates with European composers on new works and plays with the group she formed, New Classic Ensemble, for the purpose of exploring and creating new works with "historically informed... precision and authenticity." Praised by the New York Times for the way she joyfully communicates her passion" for musical masterworks on the modern grand piano, Smirnova's musicianship will be a highlight of the upcoming symphony performance.

Tickets are on sale now for Love Notes, presented Sunday, March 31 at the James Logan High School Center for the Performing Arts in Union City. For tickets or more information, call the symphony box office at (510) 371-4859 or visit https://fremontsymphony.org/.

Love Notes Sunday, Mar 31 3 p.m. James Logan Center for the **Performing Arts** 1800 H St, Union City (510) 371-4859 https://fremontsymphony.org/ Tickets: \$37.50 - \$77.50



Pianist Lisa Smirnova joins the Fremont Symphony as their special guest for "Love Notes"

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When it Comes to X-rays and CT Scans, Sometimes Less is More

New technology at Washington Hospital provides clear images with less radiation exposure

Patients at Washington Hospital who require CT scans or X-rays are experiencing a 40 percent reduction in the radiation required to achieve a clear picture as a result of new technology and equipment recently installed at the Hospital.

According to Raju Thiara, manager of Medical Imaging at Washington Hospital, the new ASiR (adaptive statistical iterative reconstruction) technology has advanced noise reduction software which provides clear, readable results while using a much lower level of radiation.

Medical Director of Medical Imaging, Jason Cheng MD, explained, "Our goal always is to provide the highest quality patient care at Washington Hospital. One way to do this is to achieve the clearest possible image using the lowest level of radiation to the patient. ASiR technology has made a significant difference in our ability to achieve that goal."

There is a nationwide concern that we are all being exposed to too much radiation, Dr. Cheng added. Generally, for patients, the exposure is short term and not frequent enough to be of concern, he said. "But the goal of our radiation safety committee is always ALARA — as low as reasonably achievable."

The change in X-ray and CT scan technology has been significant over the past 10 to 15 years, Thiara said. As recently as 10 years ago, film was the preferred medium for X-rays. Having the



ASIR (adaptive statistical iterative reconstruction) technology has advanced noise reduction software which provides clear, readable results while using a much lower level of radiation.

film developed took time and delayed diagnosis. The next improvement was the use of computed radiography which used phosphor plates rather than film cassette, cutting the development time and reducing the use of radiation by 20 to 25 percent. With digital radiography, the system now in use at Washington Hospital, radiation is cut by another 40 percent.

"A lower radiation dose is always better for the patient, but we wanted to make sure that we were not compromising image quality and that we did not miss anything." Thiara added. "With ASiR, we get to keep the same image quality while lowering the dose to the patient."

Washington Hospital's new Morris Hyman Critical Care Pavilion is completely digital and the CT scanner

has the ASiR technology. The Hospital's outpatient CT scanner will have the ASiR technology by late March. Ultrasound and MRI imaging does not use radiation.

To schedule an appointment for X-ray, CT, mammography, ultrasound, DEXA and liver elastography, please call the Central Registration Department at (510) 818-7410.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv







The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY		
	3/26/19	3/27/19	3/28/19	3/29/19	3/30/19	3/31/19	4/1/19		
:00 PM :00 AM	Diabetes Matters: Reading Food Labels: The Latest Updates		Sports Medicine Program: Big Changes in Concussion Care: What You Don't Know Can Hurt You	Mental Health Education Series:	Deep Venous				
30 PM 30 AM	Diabetes Matters: Diabetes & Eyes	Symptoms of Thyroid Problems	Nerve Compression	Mental Wellness	Thrombosis		Relieving Back Pair Know Your Option		
D PM D AM	Diabetes Matters: Diabetes: Is There an App for That?		Disorders of the Arm	Skin Health: Skin Cancer & Fountain of Youth	Respiratory Health	Washington Township Health Care District Board Meeting March 13, 2019			
) PM) AM	Diabetes Matters: Latin Foods		11th Annual Women's		Respiratory Ficular	March 13, 2019	Solutions for Weight		
O PM O AM	Updated Treatments	Mental Health Education Series: Anxiety Disorders	Health Conference: Patient's Playbook				Management		
O PM O AM	for Knee Pain & Arthritis			Washington Township Health Care District Board Meeting March 13, 2019	Mental Health Education Series: Understanding Mood Disorders	Shingles	Strategies to Reduce the Risk of Cancer		
) PM) AM	Sports Medicine Program: Nutrition	Preventive Screenings: When and Why are They Important?	Washington Township	Walcii 13, 2017	Wood Bisorders	Shingles	Recurrence		
0 PM 0 AM 0 PM	& Athletic Performance	The Patient's Playbook Community Forum:	Washington Township Health Care District Board Meeting March 13, 2019		Diabetes Health Fair 2018: Diabetes Care		Not A Superficial Problem: Varicose		
O PM O AM O PM	Strengthen Your Back! Learn to Improve Your	Getting to the No-Mistake Zone	maich 13, 2012	From One Second to the Next	Minimally Invasive Surgery for Lower	Palliative Care Series: How Can This Help Me?	Veins & Chronic Venous Disease		
) AM	Back Fitness	Pain When You Walk?		Mental Health	Back Disorders		Good Fats vs. Bad Fat:		
O PM O AM	Digestive Health: What You Need	It Could Be PVD	Your Concerns InHealth: Decisions in End of Life Care	Education Series: Understanding Psychotic Disorders	Low Back Pain	Voices InHealth: Antimicrobial Stewardship	Good Fats vs. Bad Fa		
O PM O AM	to Know	Women's Health Conference: Women & Stroke: Are You at Risk?	Prostate Cancer: What You Need to Know	rsycholic Disorders	Family Caregiver Series: Coping as a Caregiver	Inside Washington Hospital: The Green Team	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be		
PM O AM		Heart Health: What You Need to Know	, ,		Voices InHealth: Demystifying the Radiation Oncology Center	Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women	Your Concerns InHea		
O AM	Washington Township	Diabetes Matters: Basics of Insulin Pump Therapy	Women's Heart Health	Signs & Symptoms of Sepsis	Women's Health Conference:	Palliative Care Series: Palliative Care	Senior Scam Prevention		
) PM) AM	Health Care District Board Meeting March 13, 2019	Learn If You Are at Risk	Hepatitis B and	Colon Cancer: Prevention & Treatment	Reclaiming Your Confidence	Demystified			
O PM O AM O PM	,	for Liver Disease	Hepatitis B and Liver Cancer: Prevention and Treatment	Keeping Your Brain Healthy		Diabetes Health Fair: Eat 4 Diabetes Care	Washington Township		
O AM O PM O AM	Chronic Kidney Disease: FAQ		How To Stop Disease	Diabetes Matters:	Washington Township Health Care District Board Meeting	Obesity: Understand the Causes, Consequences & Prevention	Health Care District Board Meetin March 13, 2019		
PM D AM	Sports Medicine	Washington Township Health Care District Board Meeting	Before It Starts	Filipino Food Made Healthy	March 13, 2019	Diabetes Matters: Type 1.5 Diabetes			
PM AM	Program: Why Does My Shoulder Hurt?	March 13, 2019	Mental Health	Family Caregiver Series: Tips for Navigating the Healthcare System		Family Caregiver Series:			
O PM O AM	Family Caregiver Series: Advance Health Care Planning & POLST		Education Series: Family Support	,	Family Caregiver Series: How Do You Talk to Your Doctor?	- Mindfulness Meditation for the Caregiver	Crohn's & Colitis		
O PM O AM	Learn More About	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome		Sports Medicine Program: Youth Sports Injuries	Cough and Pneumonia:	Diabetes Matters:	D. H. C. C. C.		
O PM O AM	Kidney Disease	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Weight Management: Stopping the Madness) ; ;;	When to See a Doctor	Living with Diabetes	Palliative Care Series: Interfaith Discussions of End of Life Topics		
O PM O AM	Balance & Falls Prevention	Inside Washington Hospital: Implementing the Lean Management System		Diabetes Matters: Straight Talk About Diabetes Medications	Citizens' Bond Oversight Committee Meeting February 2, 2019	History of Washington Hospital, 60 Years Strong			

Pain Relief—And a New Lease on Life—Local Resident's Successful Surgery

Ted Dedmon endured serious back pain for two years. The pain was so intense, it severely limited his ability to care for himself. "I was facing having to live the rest of my life in a long-term care facility," he says, adding that the thought of back surgery was frightening. His wife, Ursula, adds, "The pain was so unbearable, he couldn't even get out of a chair or off the couch. It's difficult to see the one you love be in so much pain and to feel helpless."

Today, Ted says his life has changed dramatically due to Sandeep Kunwar, MD, a board-certified neurosurgeon with Washington Township Medical Foundation (WTMF) who is nationally and internationally recognized for his innovative and pioneering work in minimally invasive cranial and spinal surgery. "I'm now walking upright, and I can bend and stretch," says Ted. "It feels absolutely wonderful."

After searching for alternatives—including trying pain medications and steroid injections, none of which relieved his pain—he finally met Dr. Kunwar in July 2018 through his daughter, Robin Boggs, a nurse with Washington Outpatient Surgery Center who promised her father she would find the perfect doctor for him. And it seems she did just that.

"The first time I met with Dr. Kunwar, we connected right away. He explained in detail what would be involved in the surgery, including what was ahead and

what would come later," Ted explains.
"He is the absolute best in his field. I felt
he was the only doctor who could
perform this surgery on me."

Ted and Ursula were not only impressed with Dr. Kunwar's extensive knowledge and experience (he has performed more than 3,500 minimally invasive operations), they also appreciated the way he explained the procedure, including showing them images and X-rays to help them visualize the process. "He is very articulate, and he uses plain English, so you don't have to consult a medical dictionary to understand him," says Ted. "He was easy to talk to," Ursula agreed. "He's so full of knowledge; we were trying to get every word he said."

The nine-hour procedure involved making several small incisions to enable microscopic surgery. Dr. Kunwar inserted a titanium brace that would support three of Ted's lumbar discs. Ted also had four bulging discs, a large hernia and two broken bones in his spine. After the surgery, he spent several days recovering in the Hospital, then was transferred to a rehabilitation facility where he began his physical therapy regimen.

He is home now and continues to improve steadily with physical therapy, while attending follow-up appointments with Dr. Kunwar.

Despite the severity of his condition and the intricacy of the procedure, Ted is

in women between the ages of 25 and 40. It can lead to painful

menstrual cramps and fertility problems. At this seminar, learn

Thursday, May 2, 2019

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about symptoms, causes and treatment options.



With help from his daughter, Robin Boggs, RN, Ted Dedmon found the right physician for his spinal surgery and can now enjoy life's simple pleasures, like taking a walk with Teegan.

information, visit

www.whhs.com/events

or call (800) 963-7070.

Seminars may be televised on InHealth,

a Washington Hospital Channel

(Comcast Channel 78) and online at

www.whhs.com/inhealthtv.

amazed that he hasn't had to take any pain medications—and that by all accounts, his recovery has been remarkable. "Right now, I feel like I'm fully recovered. I'm thrilled to be normal again," he says, adding that he has the best posture he's ever had.

Speaking of posture, Ted had lost an inch of height due to his back problems. Ursula recalls their first meeting with Dr. Kunwar. "He said, 'I will give you your

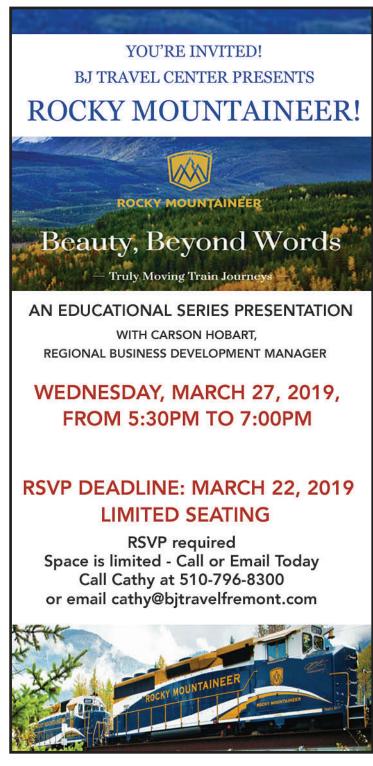
inch back,' and he did! It was incredible," she says. "If it wasn't for him, I don't know where we'd be today."

To learn more about Dr. Kunwar or the Neurosurgery Department at Washington Hospital, visit www.whhs.com/neurosurgery.



Stay connected to Washington Hospital through Facebook, Twitter, Instagram and YouTube. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's









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Sue Chan Ohlone College Board, Organizer



Sandra Boze Edwards Olympic Project for Human Rights & Educator



Aisha Wahab Hayward City Council, 1st Afghan American Elected Official

Friday, March 29
7 pm - 8:30 Program, 6 pm - 7 pm Reception
Niles Discovery Church
36600 Niles Blvd Fremont

Next in 2019 League Speaker Series
May 11: Housing w/Randy Shaw "Generation Priced Out"
May TBA: Abolishing the Electoral College
June 8: Alameda Co. DA Nancy O'Malley

The League welcomes everyone and strives for diverse accessible meetings and fair elections locally and across the country, for information and to inquire about specific accommodations, contact Martha Kreeger marthakreeger@gmail.com







Get started at hssv.org/foster

continued from page 1

Drivers For Survivors Black & White Ball

BY DEASY LAI PHOTOS BY HOWARD GRODIN PHOTOGRAPHY

Free transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments, is the focus of Drivers For Survivors (DFS), a 501(c)(3) non-profit organization. Ambulatory cancer patients living in Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Castro Valley, Ashland, and Cherryland are faced with a daunting set of challenges including transportation to oncology-related medical appointments and emotional support. DFS is ready to help within a 60-mile radius of ZIP code 94538, allowing clients to focus on their health and essential treatment.

Since its founding in 2012, DFS expanded its service to central Alameda County, providing over 17,000 rides for over 500 ambulatory cancer patients. Service expansion in July 2017 was made possible by the funding assistance by the Alameda County Transportation Commission, through Measure B and Measure BB tax dollars; Federal Transit Administration (FTA) Section 5310; and charitable individuals, organizations, and businesses within the communities served and beyond.

DFS Founder Sherry Higgs and the DFS Board are honored to invite the public to attend our fundraising gala, the fifth annual "Black and White Ball," on Saturday, April 6 at Castlewood Country Club in Pleasanton.

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This year, we are privileged to have the esteemed and internationally renowned breast cancer oncologist Dr. Laura Esserman, MD, MBA, Director of the Carol Franc Buck Breast Care Center at University of California San Francisco as our keynote speaker. TIME magazine named Dr. Esserman to the 2016 TIME 100, an annual list of the 100 most influential people in the world. Entertainment for the evening

will be performed by Marcie

Dodd and Carol Weiss. Marcie Dodd is an American stage performer, known for starring as Elphaba in the Broadway, Los Angeles, San Francisco, and both national tour productions of "Wicked." Carol Weiss is an accomplished musical director, teacher, pianist and composer. She was music director for the ABC TV series "General Hospital," vocal director for the Gershwin Trust's "Lady Be Good" cast album and a musical director at The American Academy of Dramatic Arts, the Sacramento

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Civic Light Opera, South Bay Civic Light Opera, Santa Monica Civic Light Opera and many other theatres in Los Angeles.

Newark Saxophone Quartet will add to an elegant atmosphere by providing the evening's cocktail hour music. David Smith, Mayor Emeritus of the City of Newark, will be our emcee.

Join us for a festive evening of cocktails, dinner, inspirational stories, entertainment, and dancing. Raise a paddle for Fund-A-Need and/or a Live Auction and Silent Auction unique experiences and items to benefit Drivers For Survivors' mission! Live Auction packages will only be available for bid at the event. We are introducing

Mobile Bidding for Silent Auction items this year, so you can bid on the silent auction items remotely, and also view live auction items if you plan on going! Check out all the auction items at

https://dfsgala2019.ggo.bid. Your contribution will help our fundraising efforts to provide a linear need and relief for cancer patients and their families.

Our growing list of sponsors includes Premier Nissan and Premier Subaru of Fremont, Washington Hospital Healthcare System, East Bay Community Foundation, SiliconSage Builders, F.H Dailey Chevrolet, Stanford Healthcare, Kaiser Permanente, Republic Services, Dale Hardware, Horizon Financial Associates, Alameda County Supervisor Richard Valle, Mission Valley Eye Medical Center, Union Bank and Fremont Hypnosis Center.

Tickets are \$100 each and dress is black tie optional. For information to purchase tickets or table, please visit www.driversforsurvivors.org/201 9gala. For sponsorship package/donation opportunities, please e-mail sponsors@driversforsurvivors.org or call (510) 369-5770. We also welcome auction items and baskets and have several volunteer opportunities.

Drivers For Survivors Black and White Ball Saturday, Apr 6 6 p.m. – 10 p.m.

Castlewood Country Club 707 Country Club Cir, Pleasanton (510) 369-5770 http://driversforsurvivors.org/0 2019gala

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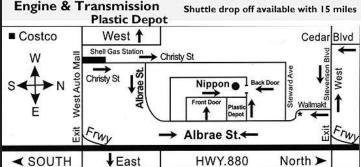
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Broadway and the Movies

SUBMITTED BY BOB MILLER

The Morrisson Theatre Chorus, under the musical direction of César Cancino, will present its 'Spring Concert: Broadway and the Movies" on Friday, March 29 through Sunday, March 31. The spring concert will feature a selection of works from the stage and the movies.

César Cancino enjoys a musically diverse career as pianist, musical director, and conductor. He attended the San Francisco Conservatory of Music then studied piano with Alain Naudé, a pupil of the great Dinu Lipatti. For many years, he was the musical director/pianist for Teatro Zinzanni in San Francisco and for several years he toured with

singer/songwriter Joan Baez as her musical director and pianist. Cancino was the musical director/pianist for the play "Life Without Makeup" starring the legendary Rita Moreno at the Berkeley Repertory Theatre. He is also a recipient of the Bay Area Theatre Critics Circle award for Outstanding Musical Director. Cancino has performed throughout North America, Europe, and Australia, with local credits including the Rrazz Room (San Francisco), Diablo Theatre Company, Martinez Opera, Monterey County Symphony, Lorraine Hansberry Theatre, 42nd St. Moon, and the Douglas Morrisson Theatre.

Tickets are \$18 adult, \$15 for adult HARD resident, \$15 for under 30/over 60 and \$12 for youth/student. The Box Office is open Tuesday through Friday, 1 p.m. to 5 p.m. and can be reached at (510) 881-6777. Information is also available at www.dmtonline.org.

Spring Concert: Broadway and the Movies Friday - Sunday, Mar 29 - 31 Mar 29 & 30: 8 p.m. Mar 31: 2 p.m. **Douglas Morrisson Theatre** 22311 N. Third St, Hayward (510) 881-6777 www.dmtonline.org Tickets: \$18 adult, \$15 adult HARD resident, \$15 under 30/over 60, \$12 youth/student



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SUBMITTED BY THE **HAYWARD EDUCATION FOUNDATION**

Since 1983, the Hayward Education Foundation (HEF) has funded over 980 innovative and creative classroom projects. With your generosity we have been able to put over one million dollars into Hayward classrooms. Join us on Friday, March 29 as we "Spring into Magic" to support our teachers in making learning magical.

Spring into Magic will be the premiere fundraising event of 2019. Come to our party at Hayward City Hall Rotunda and delight in a buffet of delectable hors d'oeuvres, beer and wine included. You will be entertained by a professional magician and student musicians from Mt. Eden High School Strings and

Hayward High School Jazz Band. There will be a live and silent auction with prizes and baskets from around the Bay Area to tempt you to part with your hard-earned money!

The Hayward Education Foundation is a non-profit organization (501(c)3) whose purpose is to enhance the educational opportunities for students in all Hayward schools. We achieve this by providing support to teachers for innovative projects in Hayward classrooms.

Since 1983, HEF has depended upon the community's generosity to generate the funds necessary to support innovative classroom projects. Since inception, we have given over \$1,020,000 to Hayward classrooms. Our success is based on the funds we raise through generous donations; we can only

give what we receive. "Schools have limited budgets, and foundations such as Hayward Education Foundation allow teachers to supplement the learning environment in their classrooms by having additional funding sources to supply

materials above the basics supplied by the school," said Michael Pelland, 2016-2017 Project Recipient.

Our goal is to raise money to help more of our Hayward teachers create magic in their classrooms by giving them more tools and resources that will expand lessons and capture students' imaginations. Spring into Magic is our call to the many businesses and community leaders who know the benefits and rewards from receiving a quality education.

With your help, we can put more innovative projects and tools into Hayward classrooms. We have been able to fund a 3D printer for a middle school, drones for an alternative learning high school's math class, robotics kits, solar kits, and water filtration kits for high school science and math classes, classroom gardens, and hands-on learning kits for math, science, and language arts in elementary schools.

A majority of Hayward's student population come from highly disadvantaged families. These students are most at risk and have the highest need, especially compared to other school districts. We want to do more for these students, so they can have the same opportunities to be engaged and excited about learning.

Join us on Friday, March 29 as we Spring into Magic to support our teachers in making learning magical. For more information, email admin@haywarded.org or call Penny Hodges-Bonny at (510) 881-0890.

Spring into Magic Friday, Mar 29 5:30 p.m. - 8:30 p.m. Hayward City Hall Rotunda 777 B St, Hayward (510) 881-0890 www.haywarded.org/events Tickets: \$75





Retired Fremont fire chief and planning commissioner passes away at 77

SUBMITTED BY CITY OF FREMONT

On March 18, retired Fremont Fire Chief and Planning Commissioner Daniel T. Lydon passed away at his home in Fremont. Lydon was born on October 30, 1941 in Oakland. He attended grammar school at Sacred Heart Elementary in Oakland and St. Mary's High School in Berkeley before being hired by the Oakland Tribune. Lydon then joined the Fremont Fire Department as a firefighter on March 15, 1963. His leadership was evident from the start as he was instrumental in the establishment of the Labor Union, Fremont Firefighters Local 1689 and would later serve as its president.

Lydon held the ranks of firefighter, inspector, lieutenant, captain and battalion chief, before being promoted to fire chief on March 16, 1987. During his administration, the department expanded adding four new fire stations, placed paramedics on fire engines that improved patient outcomes, and he was a key figure in the voter-approved bond measure, "Measure R" that ensured all Fremont fire stations were built or retrofitted to meet earthquake safety standards.

Upon retirement from the Fire Department, Lydon continued his life of public service and was appointed to the Fremont Planning Commission. He helped direct the growth of Fremont in



accordance with the Fremont General Plan; many of Fremont's newer developments and some currently under construction were approved during his tenure.

Lydon is survived by his wife of 53-years Patricia Lydon, his children Bridget McGrath, Daniel Lydon, Kevin Lydon, Margaret Lydon, Michael Lydon, and five grandchildren.

WOW! **Engineering Conference** for high school girls

SUBMITTED BY FIARA LLAGUNO

The Society of Women Engineers (SWE) at San Jose State University hosts the "WOW! That's Engineering" conference each year, providing an opportunity for local high school girls to learn more about the different opportunities in STEM (science, technology, engineering and mathematics).

Founded in 1950, SWE is a not-for-profit educational and service organization. SWE is the driving force that establishes engineering as a highly desirable career for women through an exciting array of training and development programs, networking opportunities, scholarships, outreach and advocacy activities, and much more. SWE empowers women to succeed, advance in those aspirations and be recognized for their life-changing contributions and achievements as engineers and leaders.

WOW! is a day-long event featuring a keynote speaker, panel, workshops hosted by various companies, and other fun activities. Companies present will include Tesla, Lockheed Martin, SWE++, Santa Clara Valley Water District, and San Jose State University 3D Printing Services. We are also pleased to announce that our keynote speech will be by Hayley Iben, a Senior Lead Software Engineer at Pixar Animation Studios.

The conference will be held on Saturday, March 30 at San Jose State University. This event is for high school girls only. You do not need any engineering experience/background to participate. We do not want the fees of our conference to stand in the way of a high school girl enjoying the conference. Please email us if you have any financial circumstances and we will be happy to help you out.

Parents are more than welcome to accompany their daughter to the conference. We will have

activities specific for parents while the girls are in their workshops. The first 30 parents to sign up for the conference will receive a free parking permit in any of SJSU's parking garages. We will also be raffling off Disneyland tickets!

Register at www.eventbrite.com/e/wow-thats-engineering-conference-tickets-56165606842, or email swe.sjsu@gmail.com with any questions.

8:45 a.m. - 9:30 a.m. Breakfast & Registration 9:30 a.m. – 9:45 a.m. Introductory Remarks 9:45 a.m. - 10:15 a.m. Keynote Speech by Hayley Iben 10:40 a.m. - 11:55 a.m. Workshop 1 (and Parent Panel) 12:05 p.m. - 1:00 p.m. Lunch & Student Panel 1:10 p.m. – 2:25 p.m. Workshop 2 (and Parent Panel) 2:35 p.m. – 3:50 p.m. Engineering Design Challenge 3:50 p.m. – 4:05 p.m. Prizes & Closing Remarks

WOW! That's Engineering Conference Saturday, Mar 30 9:00 a.m. – 4:30 p.m. San José State University Student Union, Ballroom B 1 Washington Sq, San Jose swe.sjsu@gmail.com www.eventbrite.com/e/wow-thats-engineeringconference-tickets-56165606842 http://studentorgs.sjsu.edu/swe/ Tickets: \$5 - \$15

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*Savings based on national customer-reported data for new policies in 2012. Actual savings will vary. Allstate Indemnity Company: Northbrook, IL. © 2016 Allstate Insurance Company

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BUSINESS

Lyft opens its IPO road show, to offer more than 30M shares

AP WIRE SERVICE

Lyft officially kicked off the road show for its initial public offering with more than 30 million shares expected to sell for between \$62 and \$68 per share.

That would raise more than \$2 billion for the San Francisco ride-hailing company, which could be valued between \$20 billion and \$25 billion eventually.

Lyft has been in a race with Uber to be first to offer its stock to the public. Lyft released financial details for the first time this month, reporting \$2.2 billion in revenue but \$911 million in losses. Lyft executives warned that the company could struggle to turn a profit.

The company has lost nearly \$3 billion since 2012 but has brought in more than \$5 billion in venture capital.

Goodbye console? Google launches game-streaming platform

By Mae Anderson AP Technology Writer

Google on Tuesday unveiled a video-game streaming platform called Stadia, positioning itself to take on the traditional video-game business.

The platform will store a game-playing session in the cloud and lets players jump across devices operating on Google's Chrome browser and Chrome OS, such as Pixel phones and Chromebooks.

Google made the announcement at the Game Developers Conference in San Francisco. Some industry watchers were expecting a streaming console, but Google's platform centers squarely on the company's cloud infrastructure.

"The new generation of gaming is not a box," said Google Vice President Phil Harrison. "The data center is your platform."

Much like movies and music, the traditional video-game industry has been shifting from physical hardware and games to digital downloads and streaming. Video-game streaming typically requires a strong connection and more computing power than simply streaming video, since there is real-time interaction between player and game. Google says it is leveraging its data centers to power the system.

Alphabet Inc.'s Google said playing video games will be as simple as pressing a "Play Now" button, with nothing to download or install. An optional dedicated Stadia controller will be available. The Wi-Fi-enabled controller has a button that lets players launch a microphone and use Google Assistant to ask questions about the games being played. Another button lets users share gameplay directly to Google's video streaming service, YouTube.

CFRA Research analyst Scott Kessler said Google's approach that ties YouTube sharing and video-game playing is unique.

"It is not necessarily at this point the easiest thing for people to livestream their games and now you can do it with the push of a button," he said. "What they've done with Stadia is to connect and unify both the gaming platform and the streaming platform which obviously is new."

No launch date or pricing was announced but the company said Stadia will be available in 2019 in the U.S., Canada, the U.K. and parts of Europe. The company showed demos of "Assassin's Creed Odyssey" and "Doom Eternal." More information about games is due this summer.

The U.S. video game industry raked in revenue of \$43.4 billion in 2018, up 18 percent from 2017, according to research firm NPD Group.

BTIG Managing Director Brandon Ross said Stadia will be a positive for game publishers "assuming that it works and works at scale, which is a big assumption."

That's because the platform could bring in players not willing to spend the money upfront for a gaming PC or a console.

"What they're presenting is a feasible way to play videogames in the cloud, and utilizing the cloud so you can play anytime, anyplace and anywhere," he said. "There's no friction, including the friction of upfront hardware

Ross added that Google's platform could set up a distribution battle between Microsoft, which owns the Xbox, Sony, which owns the PlayStation, Google and perhaps Amazon, which reportedly is working on its own video-game service, as they race to lock down distribution of the most in-demand games.

To that end, Google launched Stadia Games and Entertainment which will develop Stadia-exclusive games.

"The differentiator for any of the distributors on a console or in the cloud is going to be available content," he said.

Facebook left millions of passwords readable by employees

By Barbara Ortutay And Frank Bajak AP Technology Writers

Facebook left millions of user passwords readable by its employees for years, the company acknowledged Thursday after a security researcher exposed the lapse.

By storing passwords in readable plain text, Facebook violated fundamental computer-security practices. Those call for organizations and websites to save passwords in a scrambled form that makes it almost impossible to recover the original text.

"There is no valid reason why anyone in an organization, especially the size of Facebook, needs to have access to users' passwords in plain text," said cybersecurity expert Andrei Barysevich of Recorded Future.

Facebook said there is no evidence its employees abused access to this data. But thousands of employees could have searched them. The company said the passwords were stored on internal company servers, where no outsiders could access them.

The incident reveals yet another huge and basic oversight at a company that insists it is a responsible guardian for the personal data of its 2.2 billion users worldwide.

The security blog KrebsOnSecurity said Facebook may have left the passwords of some 600 million Facebook users vulnerable. In a blog post, Facebook said it will likely notify "hundreds of millions" of Facebook Lite users, millions of Facebook users and tens of thousands of Instagram users that their passwords were stored in plain text.

Facebook Lite is a version designed for people with older phones or low-speed internet connections. It is used primarily in developing countries.

Last week, Facebook CEO Mark Zuckerberg touted a new "privacy-focused vision " for the social network that would emphasize private communication over public sharing. The company wants to encourage small groups of people to carry on encrypted conversations that neither Facebook nor any other outsider can read.

The fact that the company couldn't manage to do something as simple as encrypting passwords, however, raises

questions about its ability to manage more complex encryption issues – such in messaging – flawlessly.

Facebook said it discovered the problem in January. But security researcher Brian Krebs wrote that in some cases the passwords had been stored in plain text since 2012. Facebook Lite launched in 2015 and Facebook bought Instagram in 2012.

Recorded Future's Barysevich said he could not recall any major company caught leaving so many passwords exposed internally. He said he's seen a number of instances where much smaller organizations made such information readily available — not just to programmers but also to customer support teams.

Security analyst Troy Hunt, who runs the "haveibeenpwned.com" data breach website, said that the situation is embarrassing for Facebook, but that there's no serious, practical impact unless an adversary gained access to the passwords. But Facebook has had major breaches, most recently in September when attackers accessed some 29 million accounts.

Jake Williams, president of Rendition Infosec, said storing passwords in plain text is "unfortunately more common than most of the industry talks about" and tends to happen when developers are trying to rid a system of bugs.

He said the Facebook blog post suggests storing passwords in plain text may have been "a sanctioned practice," although he said it's also possible a "rogue development team" was to blame.

Hunt and Krebs both likened Facebook's failure to similar stumbles last year on a far smaller scale at Twitter and Github; the latter is a site where developers store code and track projects. In those cases, software bugs were blamed for accidentally storing plaintext passwords in internal logs.

Facebook's normal procedure for passwords is to store them encoded, the company noted Thursday in its blog post.

That's good to know, although Facebook engineers apparently added code that defeated the safeguard, said security researcher Rob Graham. "They have all the proper locks on the doors, but somebody left the window open," he said.

Bajak reported from Boston.

Tesla unveils Model Y SUV, expanding into popular segment

By Alex Veiga and Michael Liedtke AP Business Writers

Tesla unveiled a new all-electric SUV on Thursday night that the automaker hopes will win over consumers looking for an all-electric alternative in the most popular segment of the auto market.

Cheers from a hangar-packed crowd of Tesla customers, employees and members of the media welcomed a blue Model Y as it rolled out onto a stage next to the automaker's other models.

"It has the functionality of an SUV, but it will ride like a sports car," CEO Elon Musk told the crowd. "This thing will be really tight on corners and we expect it will be the safest midsize SUV in the world by far."

The Model Y seats seven and has a panoramic glass roof and a 15-inch (38-centimeter) touchscreen interface for accessing all the car's controls.

The all-electric, mid-size SUV will start at \$39,000 for the standard range version, which the company said can go 230 miles (370 kilometers) on a single charge. The long-range model, which starts at \$47,000, has a

range of up to 300 miles (483 kilometers) on a single charge – less range than the Model 3.

A dual-motor, all-wheel drive version of the Model Y starts at \$51,000 while the performance version of the car, which boasts acceleration of 0-60 mph (97 kph) in as little as 3.5 seconds and a top speed of up to 150 mph (241 kph), starts at \$60,000.

The Model Y may be Tesla's most important product yet as it attempts to expand into the mainstream and generate enough cash to repay massive debts that threaten to topple the Palo Alto, California, company.

Tesla got a huge boost toward ensuring its survival with the 2017 debut of its Model 3 sedan, but an SUV could have even more mass appeal, given how popular SUVs have become in the U.S., Europe and Canada.

The U.S. market share for SUVs, crossovers, vans and pickup trucks stood at 69 percent in January, up from just 48.5 percent a decade ago, according to the research firm IHS Markit.

But most SUVs still run on gasoline, leaving Tesla to cater to consumers looking for an all-electric alternative. The Model Y's main competition in this still-nascent market is likely to be the Mercedes-Benz EQC, and to a lesser extent, the Jaguar I-Pace, according to the research firm LMC Automotive.

"This could be Tesla's most profitable vehicle, with the giant asterisk that the company doesn't do some of the dumb things it has in the past," said Gartner analyst Mike Ramsev.

Many of Tesla's past follies have been tied to Musk's penchants for making grandiose promises that the company hasn't been able to keep in terms of production, delivery and execution.

Production of the Model 3 quickly fell behind schedule as Tesla struggled to come up with adequate manufacturing capacity and it took much longer than anticipated to lower the sedan's starting price to the \$35,000 level that Musk had been promoting. Instead, the lowest priced version of the Model 3 had been selling for \$43,000 until a couple weeks ago when Tesla reached the promised price point by laying off thousands of workers and imposing other cost-cutting measures.

Overseeing the ramp-up of Model 3's production nearly drove Musk to exhaustion last year, a factor that may have contributed to a mystifying pattern of behavior that included tweeting about having lined up the financing for a potential buyout of Tesla. That misleading statement jeopardized his job and resulted in a \$40 million settlement with stock market regulators.

Tesla expects to deliver the performance, long range, rear-wheel drive and dual-motor, all-wheel drive versions of the Model Y in the fall of 2020. The standard version of the Model Y is expected to roll out in the spring of 2021.

As with all electric vehicles, the distance that the Model Y can cover on a fully charged battery is likely to be one of its key selling points – or downsides. Tesla pegged the Model Y's range at up to 300 miles compared to 325 miles for the Model 3.

miles for the Model 3.

Tesla is hoping there will
pent-up demand for the Model Y,
nearly four years after Musk first
began touting the company's plans
to make an SUV. Bringing in early
down payments for the vehicles
would help Tesla generate the
cash it needs to repay nearly
\$1.7 billion in loans that come due
within the next 16 months.

The company began the year with about \$11 billion in debt and

\$3.7 billion in cash, but those figures presumably fell recently when it repaid about \$920 million in bonds.

Another \$566 million in notes are scheduled to be repaid this November followed a \$1.1 billion credit line in June 2020.

Consumers who plop down their deposits for the Model Y may have to cross their fingers for their vehicles to be delivered on schedule.

Tesla's recurring production and delivery problems have resulted in consumers having to wait longer than they were originally told.

Musk now says Tesla has worked out those issues.

Ramsey, though, remains skeptical about whether the company will have adequate manufacturing capacity for the Model Y. He expects the Model Y's journey to the mass market to provide another wild ride for the company, its investors and customers.

"Until Elon is gone, Tesla is going to be a crazy company that occasionally makes breathtaking products," Ramsey predicted.

Liedtke contributed to this report from San Francisco.



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Apple refreshes iPad lineup, with larger entry-level model

AP WIRE SERVICE

Apple has unveiled a new iPad that's thinner and slightly larger than its current entry-level tablet.

The new iPad Air will cost \$499 and sport a screen that measures 10.5 inches diagonally. That compares with the standard, 9.7-inch iPad, which Apple will still sell for \$329.

Apple has higher-end Pro models starting at \$999. The new iPad Air has several features found in older Pro models, but not the latest. For instance, the iPad Air has a home button with a fingerprint

sensor, while the latest Pro ditches that to make more room for the screen.

Apple is also refreshing its 7.9-inch iPad Mini for the first time in more than three years.

In the past, Apple has sometimes used older chips in the Mini, saving the latest technology for the larger models instead. This time, the Mini will have the same chip as the Air, along with support for the Apple Pencil stylus. But the Mini won't have an optional keyboard attachment, unlike the new Air and Pro models.

The Mini will cost \$399, more expensive than the larger, but older 9.7-inch iPad.

Branding and marketing tips and tricks

SUBMITTED BY FRANK DE SMIDT

Brian Dunkel will be guest speaker at the next Milpitas Rotary Club meeting and deliver a talk about how to attract members to the club through branding, marketing and sales. The meeting will be 12 noon to 1:30 p.m. on Monday, April 1 at Dave & Buster's in the Great Mall of the Bay Area in Milpitas. Lunch will be available for purchase.

Rotary is a service club organization with chapters nationwide and around the world. The Milpitas club membership includes business and professional leaders who take an active role in their communities while enriching their personal and professional lives.

For information about the luncheon meeting, or Rotary, call Frank De Smidt at (408) 582-3342 or visit the Milpitas Rotary webpage at https://portal.clubrunner.ca/6028/

Milpitas Rotary Club meeting Monday, Apr 1 12 noon - 1:30 p.m. Guest speaker: Brian Dunkel Dave & Buster's 940 Great Mall Drive, Milpitas Frank De Smidt, (408) 582-3342 Admission: Free; lunch available for purchase

Santa Clara County Library: First public library system to offer patrons Headspace app

SUBMITTED BY ERIK SANJURJO

The Santa Clara County Library District (SCCLD) has engaged with popular health and fitness mobile and desktop app Headspace. Starting March 18, free subscriptions for 500 SCCLD patrons will be available to enjoy the more than 1,000 hours of engaging virtual meditation classes offered through Headspace's premium service. This pilot project is made possible through funding from the Pacific Library Partnership's Innovation and Technology Grant

'We all can use a little help with relaxation and stress relief from the pressures around work and everyday life," said Chris Brown, deputy county

librarian. "Headspace is a great addition to our digital offerings, one that will no doubt be a valuable service for our patrons."

This marks the first time that Headspace, which has over 30 million users across 190 countries, has teamed up with a public library system. What started as an event-based company gradually developed into an online experience as more and more people wanted to take part in the sessions remotely and/or at a time of their convenience.

Users can enroll in any of the courses they wish, whenever they want, for whatever length of time they desire, and complete them at their own pace. There are classes on a range of topics, such as coping with cravings, pain management, and specific anxieties like flying, job interviews, and work presentations. The app also provides age-appropriate content for kids and teens. Headspace can be downloaded for free from the Apple or Google Play stores. SCCLD's subscription services can be accessed at www.sccl.org/headspace/. The company has also produced several helpful videos explaining how best to use the app.

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Is small business ownership right for you?

SUBMITTED BY MARIANNE LEDDA

The Fremont Main Library is organizing a session on small business ownership, presented by Elizabeth Carmona of FranNet, on Wednesday, April 3. Review different ownership options - starting a business from scratch, buying an existing business, and buying a franchise. Carmona will discuss the pros and cons of each and help you decide what option is right for you. FranNet is an independent network of over 100 local consultants that help entrepreneurs mitigate their risk of business ownership through franchising. For more information, call the library at (510) 745-1400 or visit https://guides.aclibrary.org/fremont under Events.

> Workshop on Small Business Ownership Wednesday, Apr 3 4:45 p.m. – 5:45 p.m. Fremont Main Library 2400 Stevenson Blvd, Fremont (510) 745-1400 https://guides.aclibrary.org/fremont under Events

Do you want to start your own food business?

SUBMITTED BY ALAMEDA COUNTY SMALL BUSINESS DEVELOPMENT CENTER

Thinking of launching a food product or opening a restaurant or cafe? The Alameda County Small Business Development Center (SBDC) and Alameda County Community Development Agency are offering "Running Your Own Food Business" training on Mondays and Wednesdays from April 8 to May 8 for people interested to launch food businesses in Alameda County. In this free 10-part series, you will learn basic and critical aspects of how to start and succeed in the

specialty food business. Participants who attend eight of the 10 sessions will earn a Certificate of Completion. To register for the classes or for more information, call Alameda County SBDC at (510) 208-0410 or visit https://www.acsbdc.org/ under

Center Calendar. April 8: Concept (mission/vision/values)

April 10: Operating Models

April 15: Consumer Packaged Goods & Food Service Models

April 17: Understanding Costs (cash/profit)

April 22: Operations

April 24: Marketing Communications April 29: Financial Projections

May 1: Legalities & Resources

May 6: Funding Your Company

May 8: Your Business Plan

Food Business Entrepreneurial Training Mondays and Wednesdays, April 8 - May 8 6:30 p.m. - 8:30 p.m. San Lorenzo Library 395 Paseo Grande, San Lorenzo (510) 208-0410

https://www.acsbdc.org/ under Center Calendar Space limited; registration necessary

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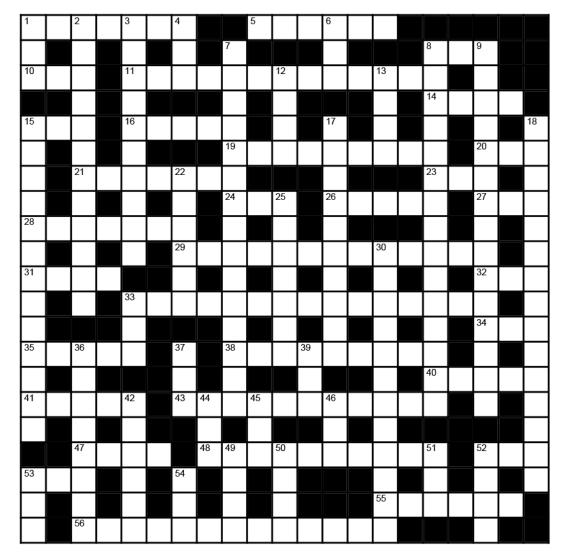
* Kidney stone

* Frequent urination

- * Parkinson's disease
- * TMJ syndrome
- * Tourette syndrome
- * Alzheimer's disease

wind Twisters

Crossword Puzzle



Across

- Stink (7)
- Transfer (4,2)
- 8 _ cross (3)
- Came in first (3) 10 11 Back (3,2,1,4,3)
- About (2,2) 14
- Food stat. (3) 15
- Aptly named English novelist (5) 16
- Shortly (2,1,6) 19
- 20 1990's Indian P.M. (3)
- 21 Basque, e.g. (7)
- Clandestine maritime org. (3) 23
- 24 "___ Wiedersehen" (3)
- 26 Accept (5)
- 27 _ Como Va" (1971 Santana

hit) (3)

- 28 Campus life (7)
- Prism output (5,8) 29
- So-so grades (4) 31
- 32 It's a wrap (3) 33
- Genius (6,9) "Am ___ believe ...?" (3)

35 Bypass (5)

- 38 Yon (4,5)
- 40 Like non-oyster months (1-4)
- 41 In-box contents (5)
- 43 Quick studies? (11)
- 47 Extinguish (4)
- Foolish (5-5) 48
- 52 Basic chess tactic (3)
- 53 Navy noncom (3)
- Siouan speakers (6) 55
- 56 Short-lived success (5,2,3,3)

Down

12

- 1 Commotion (3)
- 2 See circled squares (12)
- 3 Displaces (10)
- Pepper, for one (3) 4 6
- Lith., once (3) Occasionally (4,2,1,4,4) 7
- 8 Big rigs (15)
- 9 Hidden agenda (8,7)
- "Hold it right there!" (4) 13 Carpentry tool (4)

15 Student's worry (8,5)

- 17 Direct (2,3,5)
- 18 No matter what (4,4,2,5)
- Medicinal syrup (6) 22
- 25 Divine (7)
- 30 End of the definition (12)
- 33 Clean (3)
- 36 Intermittently (2,3,3)
- Electrical unit (3) 37
- 39 Alternative to a Maxwell (3)
- 42 San Diego suburb (2,4)
- "___ Believer" (3) 44
- 45 N.Y.C. subway (3)
- 46 Strike caller (3) 49 Actress Cannon (4)
- 50 Luxurious (4)
- 51 Raiding grp. (3)
- 52 Before: Abbr. (4) 53 IV units (3) Derisive cry (3)

Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.

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	5								
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			5	2	6	4		9	7
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	8					7	9		
		7	6				3	5	
ı		5		6		2	1		

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K	Ε	Υ	Е	D	U	Ρ							Ε		Е		Ν	_	Κ	Е
Α		0		Е		Е			Α	R	Е	Α	R	J	G		0			
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Tri-City Stargazer for week: MARCH 27 – APRIL 2, 2019

For All Signs: Mercury turns direct this week, early the morning of March 28. Mercury's retrograde phenomenon occurs three times per year, so we've all experienced many of them. This particular one has been more serious than most because of its particular position in the zodiac at this time. Normally it represents communication and paperwork snarls, shifts in schedules and confusing messages. However, this episode of the retrograde has represented emotional difficulties as well. For many, old and painful history has surfaced to be re-grieved, challenges to self-esteem have forced a reexamination of issues we thought had been laid to rest. Though not pleasant to experience, the result of reworking these things will generate a stronger definition of self and is ultimately healing.

Aries the Ram (March 21-

April 20): Mars, your ruling planet, shifts your attention on March 31 to fresh territory. During the next seven weeks, your activities and feelings will be intensified in the life sector related to vehicles, short distance travels, politics, communications, education, your neighborhood, and siblings. Use caution while driving because your accelerator foot may be a bit itchy.

Taurus the Bull (April 21-

May 20): It is possible you will be focused on an issue in which you feel bound and tied to someone else's tether. Career and life direction seem to be a focal point. You are normally a peaceful bull and like to enjoy your field of flowers. But this issue will require some concentration and creative thinking.

Gemini the Twins (May 21-

June 20): Mars, the red planet of war, enters your sign this week and will be traveling with you for seven weeks. This energy is best used to handle physically heavy projects or take initiatives that you might not otherwise tackle. If you are choosing not to deal honestly with this

assertive energy, the common side effects are irritability and infections. It is healthier to take charge of it.

Cancer the Crab (June 21-

July 21): You are conflicted about romance versus caretaking, which is your natural instinct. Perhaps you are caught in the middle between the needs of a spouse and your children. Sometimes a Cancer becomes a parent to the partner, which usually creates a troubled atmosphere. Set aside decisions on these matters until you are more centered. That will be soon.

Leo the Lion (July 22-

August 22): Mercury has been retrograding in the territory of taxes, debt, and joint resources. You will likely experience a need to go back and review financial history. If you prepared your taxes in the past two months, there is a higher probability that errors were made in the paperwork. Double check yourself now.

Virgo the Virgin (August 23-September 22): See the lead paragraph. Mercury is your ruling planet. It's possible that

you have been waffling over

several decisions and unable to choose the right ones. Now that Mercury turns direct, you will be able to untangle the various component parts and move in a forward direction.

Libra the Scales (September 23-October 22):

This is a great time to focus attention on returning to good health routines. Libras are so social that it is sometimes a challenge to maintain time consuming exercise or diet regimens. Over the next three weeks it is possible you will find a buddy whose schedule matches yours and who can help you hold onto your goals.

Scorpio the Scorpion (October 23-November 21):

You will be concluding a cycle of several weeks at this time. Your attention will begin to shift toward issues of intimacy and partnership, joint and corporate financial matters, taxes, and/or estate and business planning.

Sagittarius the Archer (November 22-December 21): You have been focused

recently on an issue of home, hearth, family or property. The appropriate solution has just eluded you. Now that Mercury is turning direct, some of the complicating cogs will fall into place, offering a doorway to a finale.

Capricorn the Goat (December 22-January 19):

There has been tension in your relationships since mid-winter. The problem is related to who has the power. Leave it alone for a couple of weeks and see if things will settle over time. You have the power. Consider how you can share some of it with the person who is struggling with you. Life will take on a less stressful tone.

Aquarius the Water Bearer (January 20-February 18): Currently, there is probability of

stress in your relationship life. The issue is over power, who gets

his or her way. Give it a break for ten days while Mercury stabilizes and then you can return to this issue with a more realistic focus.

Pisces the Fish (February 19-March 20):

Mercury has been retrograding in your sign for the whole month of March. It shifts direction this week to direct. There will be a need for clean-up time over the next two to three weeks. You will be finishing projects that just wouldn't get done during this retrograde cycle.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



March 26, 2019 WHAT'S HAPPENING'S TRI-CITY VOICE Page 11



REVIVE ACUPUNCTURE Fertility and Pain

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Research shows acupuncture increases pregnancy rates by 60% in couples trying to conceive. Research shows acupuncture reduces pain and inflammation, while accelerating healing times.

Fertility care for the following conditions:

- PCOS
- Endometriosis
- · Low ovarian reserve
- Recurrent miscarriage
- · Male factor infertility

Arthritis and joint pain

· IVI/IUI support

Pain management for the following conditions:

- Sciatica
- · Neck and back pain
- Carpal tunnel syndrome
- Migraines and headaches
- Tendonitis and computer syndrome
 - Traumatic injury
- · Plantar fasciitis

TMJ

Holistic care for the following health issues:

- Menopausal symptoms
- · Digestive disorders
- Fatigue
- PMS and hormonal imbalance
- · Diabetes and high cholesterol
- · Stress, anxiety, depression
- Autoimmunity

 - · High blood pressure

· Thyroid disorder

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Pasquale Esposito celebrates Enrico Caruso



SUBMITTED BY CASTRO VALLEY **ARTS FOUNDATION**

Italian tenor Pasquale Esposito brings his PBS special, "Pasquale Esposito Celebrates Enrico Caruso," live to Castro Valley on Saturday, March 30. The concert pays homage to the legendary tenor, Enrico Caruso. Esposito performs an incredible repertoire of Caruso's hits along with his own original compositions and talks about the cities and places that shaped Caruso's life and made him an international star.

Born in 1873, Caruso made close to 300 commercially released recordings, and his illustrious career paved the way for classical crossover stars like Luciano Pavarotti, Andrea Bocelli, and Esposito himself, whose opera repertoire includes Italian and American standards, traditional Neapolitan arias, and even some original compositions. In "The Voice of a Legend,"

Esposito performs the songs that made Caruso famous, including "La Donna e Mobile" from Verdi's "Rigoletto" and more. He also leads a video tour of Naples and the Amalfi Coast via clips from his successful TV special.

Expect a blend of fascinating history and operatic prowess as "The Voice of a Legend" comes to the Castro Valley Performing Arts Center. To purchase tickets, call (510) 889-8961 or visit www.cvartsfoundation.org.

Pasquale Esposito Celebrates Enrico Caruso Saturday, Mar 30

7:30 p.m. Center for the Arts 19501 Redwood Rd, Castro Valley (510) 889-8961

www.cvartsfoundation.org http://pasqualeesposito.com Tickets: \$34 - \$40



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Ohana **Health Fair** returns for 6th year





SUBMITTED BY CONNOR RAMEY

Need help finding the right care for you? Want to see what's available? With so many diverse options - come, learn and discover the health tools that are available in Fremont at Ohana Health Fair on Saturday, April 6. The Tri-City Health Center (TCHC) is hosting the event in partnership with Fremont Unified School District. The fair is not only an opportunity for families to discover additional health options but also to learn more about health and to volunteer their time.

Throughout the day dancers and exercise routines will take center stage, including yoga and mindfulness demonstrations from preschool and high school students. Entertainment will include Pinoy Pamilva Club, a Filipino dance troupe; Michael Quebec, a swing-dance instructor; among others. Sample-sized food will be

available and raffle prizes will be rewarded to lucky visitors.

"It is our delight to partner with the Fremont Unified School District to host this event," TCHC Development Specialist Desrie Campbell said. "This six-year partnership is a demonstration of our commitment to our community's health and well-being.'

For nearly 50 years, TCHC has been at the forefront in providing a variety of health care options for people in southern Alameda County. For more information, contact Desrie Campbell at (510) 252-6819 or at dcampbell@tri-cityhealth.org.

Ohana Health Fair Saturday, Apr 6 10 a.m. - 1 p.m. Washington High School 38442 Fremont Blvd, Fremont (510) 252-6819 dcampbell@tri-cityhealth.org Open to all ages

An afternoon of live music

SUBMITTED BY LYN LEONE

Chabot College's flute choir and guitar ensemble will present an eclectic program of musical styles on Saturday, April 6. The two

groups include students majoring in music at Chabot College as well as community members who wish to hone their playing skills. The Flute Choir performs on alto flutes and bass flutes as well as the more well-known C flutes and piccolo. The Guitar Ensemble, directed Rick Flores, has performed throughout the Bay Area. For more information, call the Castro Valley Library at (510) 667-7903, or see Events at https://guides.aclibrary.org/castro-valley.

> Flute Choir and Guitar Ensemble Saturday, Apr 6 2 p.m. - 4 p.m. **Castro Valley Library** 3600 Norbridge Ave, Castro Valley (510) 667-7903 Events at https://guides.aclibrary.org/castro-valley

Cybersecurity: Safety on Web

SUBMITTED BY LYN LEONE

We've all heard the term "phishing," but not everyone knows what it is, or how to avoid online scams. Visit Castro Valley Library on Saturday, April 6 to learn more about phishing, vishing, how to detect a phony email, tips for creating strong passwords and other security measures. For more information, call the library at (510) 667-7900, or see Events at www.aclibrary.org/branches/csv.

> **Online Security Workshop** Saturday, April 6 10:30 a.m. - 12 noon Castro Valley Library 3600 Norbridge Ave, Castro Valley (510) 667-7900

www.aclibrary.org/branches/csv under Events

No registration required

written sermon translations

Church offers

SUBMITTED BY CONNIE BUSH

Officials from the South Bay Community Church are working to make their 8 a.m. Sunday gatherings more welcoming and meaningful for their neighbors. Written sermon translations are now available in Chinese, Hindi and Urdu for neighbors who would like to attend services at the church, located at 47385 Warm Springs Blvd., Fremont. If another language would be helpful, guests are encouraged to call the church at (510) 490-9500 to make a request.







Washington Urgent Care is located on the second floor at Washington West, 2500 Mowry Ave., Suite 212. No appointment necessary. Visit whhs.com for updated wait times and to download registration forms to fill out prior to your visit, or call 510-791-CARE (510-791-2273).

Open 8am to 8pm, 7 days a week, 365 days a year

Offering Prayers to Ancestors

SUBMITTED BY LYDIA HARARI

For over 2500 years, the Chinese have observed Ching Ming (Qingming), also known as Tomb-Sweeping Day. The event is held on the 106th day after winter solstice and usually occurs on April 4 or April 5, with today's world of working families typically celebrating the weekend before. This ancient tradition is alive and well the Chapel of the Chimes Hayward, where families are invited to a Ching Ming event on Saturday, March 30 to clean gravesites, pray, and make ritual offerings of oranges, tea, dumplings and other food, as well as burn paper joss and incense.



As part of the Ching Ming event, the chapel will hold chanting and blessing; dragon dancers will wind their way around the grounds, occasionally tossing firecrackers to drive away evil spirits; monks will be driven in an open air truck, along with drummers; and complimentary lunch for families. Traditionally, this festival is observed by all classes, from peasants to imperials and merchants to nobility. In the same spirit, people of any culture are welcome to attend the festival – some pray to a higher deity to honor their ancestors while others may pray directly to the ancestral spirits. For more information, call (510) 400-4442 or visit https://hayward.chapelofthechimes.com/ under Upcoming Events.

10:00 a.m.: Chanting and Blessing (Sheun Yeung Temple) 10:30 a.m. – 12:30 p.m.: Free Lunch

12 noon: Lion Dance

Ching Ming
Saturday, Mar 30
10:00 a.m. – 12:30 p.m.
Chapel of the Chimes Hayward
32992 Mission Blvd, Hayward
(510) 400-4442
https://hayward.chapelofthechimes.com/
under Upcoming Events
No registration required



Home & Garden

A tropical Vacation in your Home

By Anna Jacoby

These clients love the ocean. It's where they choose to spend their precious free time, and what they told me they wanted for their master bath makeover. Inspired by glass tile featuring a variety of beachy colors, they now have a bath that transports them to their favorite place. I created a little taste of the ocean in their suburban home.

The gorgeous greens and aqua blues present in the tile set the stage for the transformation. While the rugged California coastline is beautiful and inspiring, when I found the tile, it immediately made me think of a tropical oasis, which is the idea I chose to develop. I designed a "waterfall" of sorts, with the wide vertical stripe in the shower. I repeated the glass tile in the backsplash, to distribute the color to the other side of the

room. The remaining tiles are the color of sand – a striking contrast to the turquoise. I chose a wood-look porcelain tile for the floor in a light color that looks like sun-bleached wood. I wanted it to feel like you were walking on a pier out to the ocean. The

sand-colored pebbles, simulates the ocean floor. Not afraid of color, my clients approved my bold choice for the walls – a Kelly Moore paint appropriately named Cabana Bay. This tiny bath was lacking

shower floor, made from

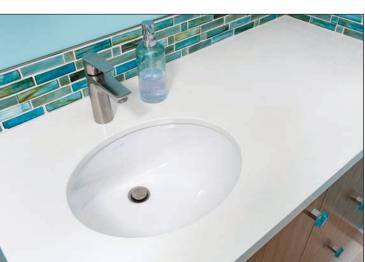
storage, so I custom-designed a bamboo vanity and upper cabinet to make the best use of every inch. Not only does it successfully store their toiletries, but it also looks beautiful and unique. The cabinet knobs are made of blue-green glass. If you are thinking about a tropical look for a room in your home, here are some tips:



Anna Jacoby is a local Certified Interior Designer. Contact her at 510-378-6989 or info@annajacobyinteriors.com You could also visit her website at www.annajacobyinteriors.com











Be Bold

Don't be afraid of a strong paint color or high-contrast materials - this can just be the jolt your room needs. However, the flip-side of that is to not go overboard with thematic elements. You don't need to display lighthouses and fishing nets and seashells in order to convey the theme. Choose your elements carefully; a little goes a long way.

Mix Materials and Textures

In this bath, smooth bamboo, wavy glass, and bumpy pebbles all combine to create a very interesting mix of textures. This design "rule" holds true for every room in the house – mixing woods, metals, patterns and textures is more interesting than having everything be the same.

Look to Nature for your Inspiration

The sky, ocean, tropical birds, coral reefs, plants and flowers are all amazing sources of color inspiration. Perhaps you have a photograph of the wonderful vacation you took in Puerto Rico – use it as the jumping off point for your decorating. How wonderful would it be to recreate that vacation feel in your home?

THE ACWD CONNECTION

Springtime To-Do List 🗸



Spring has officially arrived! It's the perfect time to start thinking about your landscape and small changes you can make to conserve water, and maintain a beautiful and colorful yard or garden.

- Plant vegetables and flowers now. Spring is the ideal time to plant because you can still take advantage of the rain and minimize watering.
- When choosing plants and vegetables for your garden, look for water-wise natives that do not require a lot of water to maintain.
- With the time change, remember to adjust your irrigation system accordingly and to keep sprinklers off when it rains.
- Now is the perfect time to check your irrigation system for leaks and make repairs before the warm weather begins.

For more information on conservation, gardening tips and upcoming landscape workshops, please visit www.acwd.org/waterconservation or call (510) 668-4218.

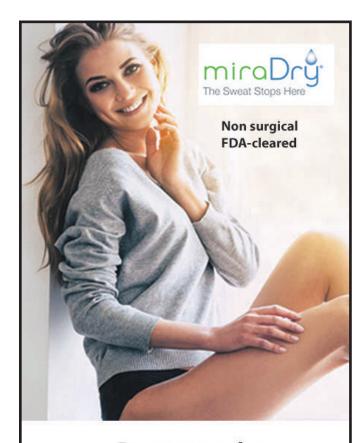


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Free Spring Concert showcases variety of music

SUBMITTED BY JIM CARTER PHOTO BY VICTOR CARVELLAS

The Tri-Cities' own 50 musician symphony, the Newark Symphonic Winds, under the direction of Richard Wong, presents an evening of wonderful symphonic music free of charge at their annual Spring Concert, Saturday, March 30.

We'll start off with a little "Comedy Tonight" by Stephen Sondheim followed by musical highlights by Danny Elfman from the Disney film "Alice in Wonderland." Next will be "O Sole Mio" by Eduardo di Capua followed by "Variations on Scarborough

Fair" by Calvin Custer. We'll end the first half of our performance with all the fun tunes you heard as a kid on Saturday mornings with "What's Up at the Symphony," arranged by Jerry Brubaker. This features Bugs Bunny's greatest hits, including "William Tell Overture," "The Barber of Seville," "The Merry-Go-Round Broke Down," Liszt's "Hungarian Rhapsody No.2," Brahms' "Hungarian Dance No. 5,"

"Merrily We Roll Along." After intermission we are proud to present the extraordinary music of the Newark Woodwind Quintet, after which the symphony will return to the stage

"Ride of the Valkyries," and

by Andrew Lloyd Webber, including "Buenos Aires," "High, Flying Adored," "You Must Love Me," and the hit "Don't Cry for Me Argentina." The lovely and soothing "Shenandoah" by Frank Ticheli follows, and we'll get your toes tapping with "Italian Polka" by Sergei Rachmaninoff. Our evening's performance will end with a flashback to Woodstock in upstate New York with "Summer of '69" arranged by Ted Ricketts. You will hear "Purple Haze," "Somebody to Love," "Judy Blue Eyes," "With a Little Help from My Friends," "Soul Sacrifice," "Pinball Wizard," and "Proud Mary."

This free performance (no tickets are necessary) is sponsored by the Fremont Bank Foundation. Donations are always

welcome. We have experienced near full-house attendance at our recent performances, so you may want to arrive early to get the seating you prefer. For more information, visit http://newarksymphonic.org or call (510) 552-7186.

Newark Symphonic Winds Free Spring Concert Saturday, Mar 30 7 p.m. Newark Memorial High School Theatre 39375 Cedar Blvd, Newark (510) 552-7186 http://newarksymphonic.org



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Youthsava

showcases Indian culture and heritage through dance

SUBMITTED BY INDIA COMMUNITY CENTER PHOTO BY SILICON PHOTOGRAPHY

"Youthsava," named after the Sanskrit word utsava meaning celebration, is India Community Center's signature dance competition. This fun, high-energy dance gala provides a platform for youth ages 4-18 to showcase their dancing talent and connects participants and the audience to Indian culture and heritage. Annually, approximately 1,000 youth perform nearly 100 dance routines to an audience of more than 3,000 throughout the 12-hour competition. This year, Youthsava will be held on Saturday, March 30.

Dancers participate in four categories:
Film (performance to a song from
Indian cinema), Folk (performance in
South Asia folk or tribal costume to a song
with folk beats in any language), Remix
(performance to a remixed version of a song
from Indian cinema or a created medley of
songs), and Director's Choice (open category

that lets directors share their vision and inspiration in a choice of three themes). Themes for 2019 include Love, Holi – Festival of Colors, and Mera Bharat.

For adults only (18+ years), the Semi-Classical Dance Fusion Category opens up the stage to the rich classical/semi-classical dance tradition of India. With the classical dances of India as base, directors are free to incorporate different dance styles to create a new aesthetic.

For additional information, email youthprograms@indiacc.org or call (408) 934-1130 ext. 262.

Youthsava
Saturday, Mar 30
10 a.m. – 9 p.m.
India Community Center
525 Los Coches St, Milpitas
(408) 934-1130 ext. 262
www.indiacc.org
Tickets: \$25 adult, \$10 child (3 – 12)



Real Estate Notebook

By David Stark
Public Affairs Director,
Bay East Association of REALTORS®

What a difference a year makes.

The experience of buying and selling a home has changed in significant and surprising ways: buyers have more choices and time to decide and sellers need to be patient.

"If a buyer stepped out of the market sometime mid last year, stepping back in right now is going to look really different," said Nancie Allen 2019, President of the Bay East Association of REALTORS® and Fremont resident.

The number of single-family detached homes listed for sale in the communities along the 880-corridor increased almost 60% in February 2019 compared with the same period last year. Last February there were 63 homes listed for sale in Fremont. That number increased to 107 this year. Newark jumped from 8 to 51 and Union City rose from 9 to 36.

Allen explained, "There are a lot more homes on the market. Buyers have many more choices and homes are staying on the market longer; something totally new to them if they were just doing this last year."

Asked if these significant increases in homes for sale are driving down prices, Allen said, "Prices have dropped some but not an enormous amount." She said more supply means more time for buyers to shop: "They are going to be able to take their time a bit more and look around and make an informed choice without the big rush we saw last year."

Sellers expecting to get all they want may be in for a surprise. "If sellers are looking back to May or June of last year and thinking that's where we're at now, they are going to be a little disappointed," Allen said. "We are not seeing the big rush to buy properties, so sellers need to be listening and working with their REALTORS®, to price their properties to get the most buyers through," Allen said.

On average, a home for sale along the 880-corridor last February was on the market for 21 days. This February it was up to 29 days. While the number of sales in the region was virtually unchanged, prices dropped. The median sales price for a single-family home was down eight percent compared with last February.

Allen explained the impact sales prices have on how long a home is on the market. "If a seller prices their home too high, it's going to sit on the market because nobody is going to look. The trend we see now is that if it's priced too high, in two or three weeks we're probably going to see a price reduction."

Dramatic price increases and homes flying off the market have characterized local real estate markets for the last several years. A final difference the last year has made is an equally dramatic market condition because it's so rare: balance.

Allen explained, "We're in a market now where there is more inventory than last year but there's still a lot of buyers out there. While homes may be sitting on the market for three or four weeks as opposed to three or four days, the properties are still selling for a good price. It's still a healthy price for the seller, but not quite as high as it was before; buyers have a better chance of getting in at a price they can actually afford."

Editor's Note: Real Estate Notebook is a new monthly column focusing on the home buying, selling and owning experience.

Inspired Connection

SUBMITTED BY OHLONE COLLEGE

Jorel Sarmiento isn't your average 17-year-old high school student. He goes to college. As a senior at John F. Kennedy High School in Fremont, Sarmiento joined Ohlone's College Connection Program to get a taste and feel for what the next chapter in his life would actually be like.

The Ohlone College Connection Program gives high school seniors the opportunity to complete their high school coursework on the Ohlone campus while still engaging in fun senior year activities like senior ball, grad night, and walking across the stage with their classmates for graduation. College Connection students take high school classes in the morning and the college classes of their choice in the afternoon. Students get college credit for the classes they take, begin to fulfill their general education requirements for college, with the added bonus that the tuition for the courses is free.

"Taking classes at Ohlone has helped me focus more on my education without all of the drama that goes on in high school," says Sarmiento. "The program has given me a real head start in getting my college credits and to see what a college campus is like while being a high school senior."

While Sarmiento focuses on his education at JFK and Ohlone, he's still able to balance a strenuous extracurricular schedule—running cross country, holding office in the Pinoy Pamilya Club at JFK High, and, not to mention, video production.

Sarmiento was so inspired by his experience at Ohlone that he decided to create a promotional College Connection

video. With a cell phone, the help of fellow College Connection student Alexxus Domingo, and a few other students in the program, he produced and posted the video on his YouTube channel (www.youtube.com/watch?v=yBAeYbjB0Us&feature=you

(www.youtube.com/watch?v=yBAeYbjB0Us&feature=youtu .be) "I wanted other students in the Fremont and Newark schools to know about this awesome opportunity," says

Sarmiento. "It's helped me so much in becoming a more independent student, prepared me for the realities of college, and I've made a lot of close friends."

The College Connection program is open to high school seniors at any public high school in the Fremont and Newark Unified School Districts. Students must be in good academic standing and meet the program's minimum GPA and academic requirements.

For more information about Ohlone's College Connection Program, visit www.ohlone.edu/collegeconnection.



Spring Book Sale

SUBMITTED BY MARY LEE BARR

The Friends of the San Leandro Library has announced a spring book sale, offering over 10,000 quality books at bargain prices, from Saturday, April 6 to Sunday, April 7. Friends of the Library members can attend a "Members Preview" for first picks of available books during the first two hours of the first-day sale, while the second-day will feature an all-day bag sale. Join the Friends of the San Leandro Library by applying for an individual membership or a family membership. Register or renew the Friends of the San Leandro membership at the door on the day-of sale or pick up a membership application at the San Leandro Main Library. For more information about the book sale or membership, call the library at (510) 577-3971.

April 6 9 a.m. – 11 a.m.: Friends of the San Leandro Library Members Only 11 a.m. – 4 p.m.: Open to Public

April 7
12 noon – 3 p.m.: Bag Sale at \$2/bag

Spring Two-Day Book Sale Saturday, Apr 6 – Sunday, Apr 7 San Leandro Main Library 300 Estudillo Ave, San Leandro (510) 577-3971

Ohlone College awarded Alameda County Small Business Development grant

SUBMITTED BY OHLONE COLLEGE

The Ohlone Community College District has been awarded the Alameda County Small Business Development Center (ACSBDC) program grant in the amount of \$521,575 by the Northern California Small Business Development Center (SBDC) fiscal agent, Humboldt State University. "The goal is to greatly increase the availability of business expertise throughout the area," says Kristin R. Johnson, Region Director of the Northern California SBDC.

The SBDC program grant provides support to the Alameda County region of small business entrepreneurs. Ohlone's Tri-Cities Career Center will be hosting the ACSBDC program located at the Ohlone College Newark campus. "We are pleased to be the recipient of the Alameda County SBDC program grant and to be its permanent home," says Daniel Newell, Director of the Ohlone College Tri-Cities Career Center. "This collaboration provides the Career Center access to potential employers, providing jobs, internship, and freelance opportunities for students, alumni, and the public."

The Career Center provides small business consulting and training opportunities that support economic development throughout Silicon Valley to students and to the public. Central to Ohlone's plan is to offer business consulting and training in nine locations throughout Alameda County including

Newark, Fremont, Hayward, Dublin, City of Alameda, San Lorenzo, San Leandro, Castro Valley, and Oakland.

The Alameda County Small Business Development Center, led by Interim Program Director Margaret A. Jackson, will be located inside of the Ohlone College Tri-Cities Career Center. Jackson, a former lead advisor of the Silicon Valley Small Business Development Center and a local business radio personality on AM 1220 KDOW Business & Finance radio, has agreed to spearhead and establish the Alameda County Small Business Development Center program into its new home at the career center. "Having the program nestled inside of the Ohlone Community College Tri-Cities Career Center; is an appropriate progression and complimentary to the overall program. Student entrepreneurship continues to rise, and we are here to meet that demand," says Jackson.

To celebrate the new location and collaboration, Ohlone College and the SBDC held a community open house on Wednesday, March 20, 2019 at the Ohlone College Career Center located in Newark.

"The opportunity to champion small businesses is a serious responsibility; together with Ohlone College, our expert advisors, region support, and local partners, we can champion small businesses and the aspiring entrepreneurs throughout the entire Alameda County," added Jackson.

"No small business or aspiring entrepreneur will be left behind. We all win together."

For more information about Ohlone Community College, Ohlone College Tri-Cities Career Center, and the Alameda County Small Business Development Center visit www.ohlone.edu or www.acsbdc.org.

Our Community in Unity

SUBMITTED BY CHRISTIANNE SELIG

Join the many organizations that are part of Castro Valley Community Alliance in celebrating the diversity of our community with a Unity Walk on Friday, April 5. The vision of Castro Valley Community Alliance is to promote a community that is welcoming and inclusive, where everyone is safe, respected and valued. For more information, call Castro Valley Library at (510) 667-7900 or visit https://events.aclibrary.org/event/5134362?hs=a.

6:00 p.m. – 6:40 p.m.: Meet at Castro Valley Library to share stories about the

6:40 p.m. – 7:30 p.m.: Unity Walk along Castro Valley Boulevard

Castro Valley Unity Walk
Friday, Apr 5
6:00 p.m. – 7:30 p.m.
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
https://events.aclibrary.org/event/51343

62?hs=a No registration required Parking is limited

Stage 1 Youth Theatre auditions

SUBMITTED BY BELINDA MALONEY

Stage 1 Youth Theatre announces auditions for ages 5 – 18 for their production of "Disney's The Little Mermaid, Jr." Auditions will be held Sunday, April 7 and Monday, April 8. Prepare a song (not from "The Little Mermaid) and bring sheet music in your key. Do not bring any tapes or CDs; a pianist will be provided. Dress comfortably for a short dance routine. Callbacks (invitation only) are Monday, April 15, 6:30 p.m. – 9 p.m. Performances are Friday, August 9 – Sunday, August 18.

For more information, visit www.stage1theatre.org/auditions/ or email Judy Byrne at jqbyrne@yahoo.com.

Disney's The Little Mermaid, Jr.
Auditions
Sunday, Apr 7 & Monday, Apr 8
6:30 p.m. – 9:00 p.m.
Newark Memorial High School
39375 Cedar Blvd, Newark
www.stage1theatre.org/auditions
jqbyrne@yahoo.com

Painting on Silk' Workshop

SUBMITTED BY OLIVE HYDE ART GUILD

The Olive Hyde Art Guild invites the public to a "Painting on Silk" workshop with guest artist Susan Helmer on Wednesday, March 27. Helmer's artwork was recently featured at the Mountain View Performing Arts Center. Helmer will do a demo and then guide those who want to try it themselves. Come with a sketch or idea of what you want to paint. Participants will be given brushes, dyes, resist silk, and palettes. To RSVP or for more information, call (510) 791-4357, visit http://olivehydeartguild.org/newsevents/upcoming-programs/ or email Elaina Habel at grams@olivehydeartguild.org

'Painting on Silk'
with Susan Helmer
Wednesday, March 27
10 a.m. – 12 noon
Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
http://olivehydeartguild.org/newsevents/upcoming-programs/
Observers are welcome;
refreshments will be served
RSVP necessary

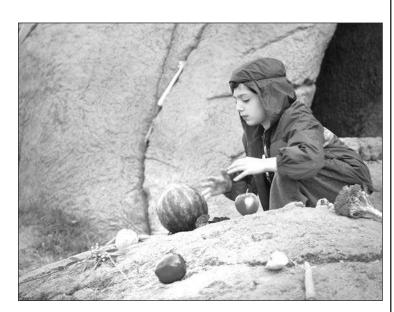
'Legally Blonde' to put a little spring in your step

SUBMITTED BY DAVID YICK-KOPPEL

The Washington High School Performing Arts Club will present its spring musical, "Legally Blonde," from Friday, April 5 – Sunday, April 14. A fun award-winning musical based on the adored movie, Legally Blonde, follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams. The musical is action-packed and explodes with songs and dynamic dances. Tickets can be bought by visiting https://whspac.brownpapertickets.com/ or at the box office an hour before the performance.

'Legally Blonde' Musical
Friday, Apr 5 – Sunday, Apr 14
7 p.m. Thursdays – Saturdays
2 p.m. Sundays
Husky Theater
38442 Fremont Blvd, Fremont
https://whspac.brownpapertickets.com/
Tickets: \$20, general; \$15, students and
seniors ages 65+

All about the food at popular Feast event



SUBMITTED BY OAKLAND ZOO PHOTOS COURTESY OF OAKLAND ZOO

Ever wanted to be a zookeeper? Curious about what elephants eat? Do you want to go inside a zoo habitat? The Oakland Zoo opens early, giving guests the opportunity to spread food for select zoo animals at the "Feast for the Beasts" event on Saturday, March 30. Due to high demand, we are now offering three different food spreads: Elephant All-You-Can-Eat, Baboon Brunch, and Sun Bear Buffet!

No one under of the age of two is allowed on the habitat due to safety concerns of uneven terrain. Guests 16 and under must be accompanied by an adult to attend. No strollers are allowed, and the animal habitats are not wheelchair accessible. Please note that the habitats contain uneven terrain and moderate inclines in places. In the event of rain or mud, keepers will place food in animal

habitats or spreads may be cancelled – no rain checks given.

Pre-registration is required. Animal spread tickets are currently sold out, but you're welcome to check the registration site in case cancellations make tickets available. Tickets are free with regular zoo admission. Mark your calendar for the next Feast for the Beasts on Saturday, July 27.

Visitors are also encouraged to donate fresh produce to help feed the animals and will be thanked for their donation with a free kid's ride ticket.

Feast for the Beasts
Saturday, Mar 30
9 a.m. – 3 p.m.
Oakland Zoo
9777 Golf Links Rd, Oakland
(510) 632-9525
www.oaklandzoo.org/programs-and-events/feast-for-thebeasts
Admission: \$24 adults, \$20
seniors (65-75)/kids (2-14),
under 2 and over 76 are free
Parking: \$10

Come to meet a cop, stay for the tea

SUBMITTED BY FREMONT POLICE DEPARTMENT

Pull up a chair and enjoy a boba tea and chat with members of the Fremont Police Department, including Police Chief Kimberly Petersen. That's the idea behind a "Badges and Boba" event set for Wednesday, March 27 in Fremont.

The goal for this informal meet-and-greet is to let community members ask questions and share neighborhood concerns with police. No formal presentation is planned, so people are free to drop in anytime during the event which is set for 5:30 p.m. to 7:00 p.m. at Queen Boba in the Northgate neighborhood. Admission is free.

A complimentary sample size Taro milk tea or original milk tea with boba will be provided to visitors while supplies last. For details, call (510) 790-6740.

Badges and Boba
Wednesday, Mar 27
5:30 p.m. – 7:00 p.m.
Meet members of the Fremont Police Department
Queen Boba
34420 Fremont Blvd., Fremont
(510) 790-6740

Park It

By NED MACKAY

Trails Challenge – East Bay Regional Park District's free, self-guided program to encourage exploring your regional parklands, is now well under way in its 27th year. Here's how it works – download the Trails Challenge guidebook from the Park District website at www.ebparks.org or you can pick it up at a regional park visitor center, where you can also obtain a free Trails Challenge T-shirt while supplies last. With the help of guidebook, hike, bike or ride any five of the 20 listed trails, or complete 26.2 miles of trails. Then submit your trail log online or by mail by December 1 to receive a commemorative pin, again while supplies last.

Trails described in the guidebook are designed for all levels of fitness, from easy strolls to more challenging adventures. Many are disabled accessible. The idea is to encourage everyone to get outdoors for healthy, enjoyable exercise in parklands that may be new to them. The guidebook also contains lots of useful information on equipment, safety, hiking with children, and how to handle wildlife encounters. Sponsors of the program are the Park District, Regional Parks Foundation, and Kaiser Permanente. Thousands of people have participated over the years, and it's lots of fun. So, don't hesitate; it's a great, family friendly activity.

It's not on the Trails Challenge list, but it's a unique experience: a short walk with goats from the Little Farm to Jewel Lake and back at Tilden Nature Area near Berkeley. Like us, goats sometimes need exercise and a change of scenery. Goatherd for the occasion will be naturalist Jenna Collins. Meet her at the Little Farm at 3:30 p.m. Sunday, March 31.

The Little Farm is at the north end of Tilden's Central Park D0rive. For information, call (510) 544-2233.

If you would prefer a flower safari, there's one scheduled starting at 9:30 a.m. Wednesday, April 3

at Sunol Regional Wilderness, led by naturalist Christina Garcia. It's a moderately strenuous hike in search of spring blooms. Garcia's hike is a Wednesday Walk, one of a series of naturalist-led hikes in various regional parks, open to all. The walks tend to be fast-paced; wear sturdy footwear, bring water, and dress for the weather. Meet Garcia at the parking area just past the entrance kiosk. There's a parking fee of \$5 when the kiosk is attended.

Sunol is located at the end of Geary Road off Calaveras Road, about 5 miles south of I-680 and the town of Sunol. For information, call (510) 544-3282.

Another informal hiking group is the Over-The-Hills Gang, designed for hikers ages 55 and older who enjoy nature study, history, fitness and fun. Naturalist "Trail Gail" Broesder leads the gang.

There's an Over-The-Hills hike from 10:00 a.m. to 12:30 p.m. Tuesday, April 2 starting at the parking lot of Kennedy Grove Regional Recreation Area on San Pablo Dam Road in El Sobrante. There's another at the same time on Tuesday, April 16 starting at the Steam Train overflow parking lot just off Grizzly Peak Boulevard in Tilden Regional Park.

For information on either hike, call (510) 544-2233.

The colors of nature are the theme of Family Nature Fun Hour from 2 p.m. to 3 p.m. Saturday, March 30 and Sunday, March 31 at Crab Cove Visitor Center in Alameda. There's a different topic every weekend. After that program, you can see the staff feed the fish in the center's large aquarium.

Crab Cove is at 1252 McKay Avenue, off Alameda's Central Avenue. The visitor center parking lot charges \$5 per vehicle. For information, call (510) 544-3187.

Springtime offers lots of programs and activities for all ages in the regional parks. For full information, check out the website www.ebparks.org.

San Leandro Farmers' Market returns

SUBMITTED BY ALICE KIM

The Downtown San Leandro Farmers' Market, in its 12th season, will be held on Wednesdays from March 27 to October 9. The opening night will feature a grand ceremony with members of the City Council. For the second year, Made in San Leandro Wednesdays return to the line-up of themed Wednesdays. The market will also continue its established themes: monthly Cooking Demonstrations, Wine Tastings, and Green Market Days. The prepared foods lot will have live music on a weekly basis, coordinated by Larry Allphin of Allphin Jewelers on behalf of San Leandro Downtown Association. The Farmers' Market is made possible by partnership between City of San Leandro, Pacific Coast

Farmers' Market, and the Downtown Association. For more information, call (510) 577-3311.

San Leandro Downtown
Farmers' Market
Wednesdays,
March 27 – Oct 9
4 p.m. – 8 p.m.
Opening Ceremony
Wednesday, March 27
5:30 p.m.
Parrott St between E 14th St
and Washington Ave,
San Leandro
(510) 577-3311

Community meeting to focus on public safety

SUBMITTED BY HAYWARD POLICE DEPARTMENT

Hayward Mayor Barbara Halliday and Police Chief Mark Koller along with City Manager Kelly McAdoo and Fire Chief Garrett Contreras will be among city leaders at an upcoming Public Safety Update community meeting.

Sponsored by Hayward Neighborhood Alert, the meeting will focus on helping community members gain a better understanding of public safety and ways to improve crime and safety programs in Hayward. Also attending will be block captains from the Hayward Neighborhood Association, various neighborhood leaders, residents and business owners.

The 90-minute meeting will start at 7 p.m. Wednesday, March 27 at the Hayward Police Department's North District Office. Admission is free and open to the public. For details, call (510) 293-1043.

Hayward Neighborhood Alert meeting
Wednesday, Mar 27
7:00 p.m. – 8:30 p.m.
Hayward Police Department, North District Office
22701 Main St., Hayward
(510) 293-1043
Free

Table tennis, yoga and more

SUBMITTED BY JENNIFER TIBBETTS

Who says being retired means that it's time to slow down? Don't tell that to the folks who frequent the Kenneth Aitken Senior Center in Castro Valley. From music and games to classes and lectures, there's always a variety of fun and interesting activities to keep visitors busy.

Upcoming and ongoing activities include:

• A "Starting Your Genealogy Research" class meets on the first Tuesday of every month from 2:00 p.m. to 3:55 p.m. The next class is April 2. Because is limited, advance reservations are advised and can be made by calling (510) 881-6738. Free.

- A class on "The Gift of Imperfection: Living With Your Whole Heart." The class will explore what we know about happiness and how to live a rich and fulfilling life. Facilitated by Liz Breshears, Ph.D., topics will focus on authenticity rather than perfection, practicing gratitude and working on treating ourselves and others with compassion. The class will meet 10:15 to 11:45 a.m. Wednesdays, April 3, 10 and 17. There is a \$2 drop-in fee per person.
- Table Tennis for players of all experience levels is offered from 1:00 p.m. to 3:45 p.m. Mondays and 12:30 p.m. to 3:45 p.m. Thursdays. The drop-in fee is \$3 per person.
- Ten-minute massage appointments for people 60 and older with a trained massage and certified acupressure

practitioner are available from 1:00 p.m. to 3:30 p.m. the second Monday of every other month. Appointments are available on a first-come basis and are being accepted now for Monday, April 8 and can be scheduled by calling (510) 881-6738. Free.

• Yoga classes for seniors are offered 9:30 a.m. to 10:30 a.m. Thursdays. The next sessions will meet April 4 through 25. The cost is \$18 for all sessions or \$8 drop-in fee for individual classes.

Kenneth Aitken Senior Center 17800 Redwood Rd, Castro Valley (510) 881-6738 www.haywardrec.org



A fox's home is called a

A baby fox is called a

(12 + 8)A group of foxes is called a

(11+6)15 = VIXEN 19 = DEN 20 = KIT 17 = SKULK 18 = DOG

Amazing Hearing

While a fox is a member of the dog family, it has some traits

that are very cat-like. Foxes are **nocturnal** (active at night). Fox

eyes are like a cat with vertical pupils that allow it to see in dim

light. And like the cat, the fox has sensitive whiskers and spines

on its tongue. It has retractable claws, just like a cat. It walks on

its toes in a graceful, cat-like tread. The gray fox can climb trees

and has, on occasion, taken naps in owl and hawk nests!

Member of the Dog Family

A fox can hear a mouse squeak 300 feet away. That's as far as a football field!

Fox's Good Life

Look through the newspaper for pictures and vords that would make a fox's life a good life. Make a collage with your selections.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Puzzler What do foxes eat? Circle all the things you think a fox eats as part of its natural diet. caterpillars, grasshoppers, beetles and crayfish. A large part of the fox's diet is made up of invertebrates like crickets, and grasses. It also eats birds and small mammals like squirrels, rabbits and mice. wide variety of foods. It is an omnivore and its diet includes fruits, berries

ANSWER If you circled all of these things, you are right! The fox eats a

Double

SURVIVING **FENNEC** ARCTIC TRAITS **SPINES** NATIVE **ACTIVE ADAPT** CLIMB X **URBAN FOXES** GRAY

RED

PREDATORS

Find the words in the puzzle. How many of them can you

find on this page? NABRUGCUSP CITCRAFTER EBFANEDRNE VMYONNDAID IIINXNGIPA TLEOFEFTST ACTIVESSOO NARDNUTXER SGNIVIVRUS

Standards Link: Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.

decide what's for dinner tonight!

Kid Scoop Together:

Fastest Fox

Race against a parent to see who can get their fox to the mouse first. Winner gets to

Standards Link: Reading Comprehension: Follow simple written directions.

This week's word:

URBAN

The adjective **urban** means relating to a city.

Fox populations have grown in urban areas.

Use the word urban in a sentence today when talking with your friends and family.

FROM THE COOP LESSON LIBRARY

Number Expansion

foxes there are in

the world.

ANSWER:

Clever as a Fox

food, surviving in

extreme weather,

roxes are very smart and crafty in finding

outsmarting predators, protecting their

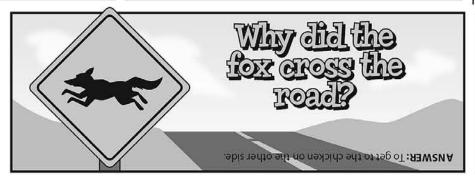
young and more. They're smarter than

foxes can you find on this page?

most, but not all, dog breeds. How many

Find at least 10 five-digit numbers in the newspaper. Write each number in its expanded form. Example: The number 15,743 becomes fifteen thousand, seven hundred fifty three.

Standards Link: Number Sense: Write numbers in words.





Use at least three of your five senses to describe your favorite vegetable.

Fremont Premont











WASHINGTON HOSPITAL AND CITY OF FREMONT PRESENT

GO GREEN with us in 2019!

Join us as we celebrate Earth Day and increase environmental awareness in our community.

Saturday, April 20, 2019 11 a.m. to 3 p.m.

Conrad E. Anderson, MD, Auditorium 2500 Mowry Ave. (Washington West), Fremont





FREE Residential Drop-off:

- · Confidential document shredding · Syringes and needles
- (in approved containers)
- Disposal of unused, unwanted
- Mercury thermometer exchange
- Donate eyeglasses



For Families:

- · Free basic bike tune-ups
- · Free bicycle valet parking Food trucks



Learn About:

- Recycling & waste reduction
- Saving energy at home
- Local sustainability programs Eco-friendly gardening &
- composting
- Healthy eating



For Children:

- Bike Rodeo
- Eco-tainment
- Face painting · Earth Day art
- Games & activities



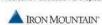
Healthcare















Find a Housemate with Covia's Home **Match Program**



Covia, a nonprofit organization, has partnered with City of Fremont to provide a free Home Match program to connect individuals (age 18 or older) who live or work or attend school in Fremont with someone who has a room to rent in Fremont, Union City, or Newark.

One of our recent matches was Linda and Debi. Linda came to the program looking for someone to provide her with companionship and to drive her to church and the grocery store. Debi was struggling to find affordable housing. They were partnered through Home Match and completed a service agreement together – Linda receives transportation services and Debi has a safe, affordable place to live. They both appreciated Covia's screening and support. Linda said that "everything is going well and I enjoy having a friend to shop with."

If you are interested in finding a housemate to pay rent or provide a service exchange, please call Covia's Home Match Program at

CITY OF FREMONT

FREE TENANT EDUCATION WORKSHOP

FREMONT MAIN LIBRARY 2400 STEVENSON BLVD. (FUKAYA ROOM)

THURSDAY, APRIL 18, 2019 | 6 P.M. - 7:00 P.M.



PRESENTATION ON:

Tenant Rights & Responsibilities

TO REGISTER:

Fremont

online: www.Fremont.gov/TenantRSVP email: RentReview@Fremont.gov

Project Sentinel



CITY OF FREMONT

EE LANDLO



Presentation on: **Fair Housing Law**



APRIL 17, 2019 6 PM - 7 PM

Fremont Main Library 2400 Stevenson Blvd, Fukaya

SPACE IS LIMITED. TO REGISTER:

ONLINE: www.Fremont.gov/LandlordRSVP

EMAIL: RentReview@Fremont.gov

PHONE: 510.733.4945





phone: 510.733.4945



























Fremont.gov/Social Media f 🔰 🖸 🗅 in 🖇 🖨 😹 🕱 🗶

GIVE YOUR BODY A MAKEOVER WITHOUT DIET, EXERCISE OR SURGERY.

Now you can transform yourself without diet, exercise or surgery. Sculpt yourself with CoolSculpting®

CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.





** Ask about our Special Package Pricing

Dr. Eric Okamoto, M.D.

Visit our new website for more information at Coolsculpting & other services WWW.drokamoto.com

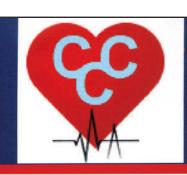
CALL TODAY

510 794-4640 686 Mowry Ave. | Fremont

FREE PRESCHOOL

Fremont Unified School District offers
FREE preschool for income-eligible families.
The income limits have been raised recently and
more families are qualifying.
Children must be 3-5 years old and toilet trained.
It's a 3-hour class, 5 days per week.
Openings now and throughout the school year.
For information: 510-659-2579 or
preschool@fremont.k12.ca.us





WALK IN ACCEPTED
All PPO's, Medicare,
Hill Physicians,
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510.413.2300 EXT. 88 | BISTRO880.COM 39900 BALENTINE DRIVE, NEWARK

WIN CASH PRIZES!

Friday Night at SACBC BINGO

5:00 pm DOORS OPEN - Flashboard games begin 6:30 pm 4 WARM-UP BINGO GAMES \$150 prize 7:00 pm 15 REGULAR BINGO GAMES \$300 - \$400 prizes

FLASHBOARD GAMES pay as much as \$1,199 WWW.SACBC.ORG/Bingo for more information.

Southern Alameda County Buddhist Church 32975 Alvarado Niles Rd, Union City t: 510-471-2581













Fraternal Order Of Eagles 1139

Thursday is - BINGO

Doors open 4pm Games Start 6:30pm

More Info: 510 676-3314 21406 Foothill Blvd., Hayward

Senior Helpline (510) 574-2041

Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



I need a Forever Home

Cookie is a joyful, highly energetic 10 month old

pup who's working on his obedience skills. He LOVES squeaky toys, and people. Cookie should do well in a home with teens or with a family that has big dog/pit bull experience. He'd also benefit from training lessons. Meet Cookie at the Hayward Animal Shelter.





Julian is a large, sweet and cuddly 7-yrs-young boy who wants to be your lap kitty. He had eyelid surgery to correct a painful condition and now he's healed and ready to go to his new

home. He 'd love to lay near a window to soak up the sun and sights, or in your lap receiving all your love. Meet Julian at the Hayward Animal Shelter.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter 510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward Tuesday - Saturday1pm - 5pm

R= Reservations Required

Schedules are subject to change.

Arts & Entertainment \$ = Entrance or Activity Fee Call to confirm activities shown in these listing



CONTINUING **EVENTS**

Tuesday, Sep 4 - Thursday, **May 23**

Mon. - Thurs. 3:30 p.m. - 5:00 p.m.

Homework Help Center

Primary and secondary students receive homework assistance Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 667-7900 (510) 745-1401

Mondays, Sep 10 - May 28 **Advanced Math & Science Tutoring**

6:00 p.m. - 7:30 p.m. For high school and college students Castro Valley Library 3600 Norbridge Ave., Castro Valley (510) 745 1401

Tuesdays, Jan 22 – Mar 26 **Practice Your Spoken English R**

4 p.m. - 5 p.m. No class Dec 18 - Jan 1 Chat session for English learners Fremont Main Library Fukaya Room A 2400 Stevenson Blvd., Fremont (510) 574-2063

Wednesdays, Thursdays, Sundays, Dec 19 - Apr 28 **Tech Help and Computer Tutor**

Wed. 7 p.m.-8 p.m., Thurs. 3 p.m.-4 p.m., Sun. 1 p.m.-5 p.m. Half hour appts. for one-on-one computer and e-device help Union City Branch Library 34007 Alvarado Niles Rd., Union City (510) 745-1464

Tuesdays, Jan 15 - Mar 26 **Shakespeare and Cultural Literacy Class \$**

12:30 p.m. - 2:30 p.m. Watch videos and discuss. \$2 drop-in Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738

Wednesdays, Jan 16 - Mar 27

Crochet and Knitting \$

www.haywardrec.org

12:30 p.m. - 3:00 p.m. Learn the basics. \$2 drop-in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Fridays, Jan 18 - Mar 29

Needle Arts \$

9:00 a.m. - 12:30 p.m. Have fun with yarn. \$2 drop-in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Tuesdays, Jan 22 - Mar 26

All Levels Line Dance Class \$

10 a.m. - 12 noon Exercise to music. \$4 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Thursdays, Jan 24 - Mar 28 Laughter Yoga \$

3 p.m. - 4 p.m. Reduce stress and boost your immune system. \$2 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley

(510) 881-6738 www.haywardrec.org

Friday, Jan 25 - Mar 29

Beginning Line Dance Class \$ 12 noon - 1:30 p.m. Exercise to music. \$4 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

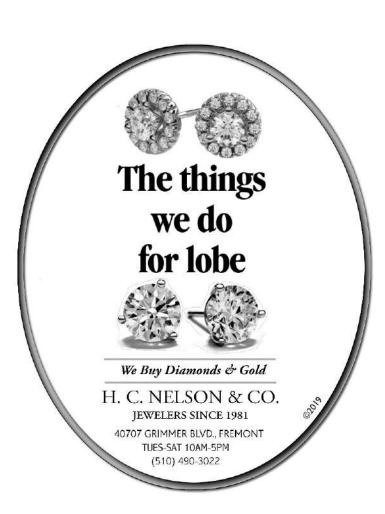
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Farmers' Markets

CASTRO VALLEY:

Castro Valley Farmers' Market

Saturdays

10 a.m. – 2 p.m. Year-round Castro Valley Bart station lot off of

Redwood Road equipped to accept EBT and Market Match funds to CalFresh customers. info@uvfm.org

FREMONT:

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. – 2 p.m.

Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM

Irvington Farmers' Market Sundays

9 a.m. - 2 p.m.

www.pcfma.com

Year-round Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

Niles Farmer's Market

Saturdays 9 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays 9 a.m. - 1 p.m.

Year-round Hayward City Plaza

777 B. St., Hayward 1-800-897-FARM www.agriculturalinstitute.org

South Hayward Glad Tidings Saturdays

9 a.m. - 3 p.m.

Year-round W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

SAN LEANDRO:

Bayfair Mall Saturdays

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2017 to December 31, 2017 2500 Merced St, San Leandro www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at Great Mall Parking Lot Sundays

8 a.m. - 1 p.m.

Year-round GREAT MALL 882 Great Mall Drive., Milpitas 800-949-FARM www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m. Year-round

NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

Union City Farmers' Market Saturdays

9 a.m. – 1 p.m.

Year-round Old Alvarado Park Smith and Watkins Streets, Union 800-949-FARM www.pcfma.com



Helping Cancer Patients

Making a difference, one survivor at a time.

FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments



Drivers For Survivors provides this FREE service to ambulatory cancer patients living in Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Castro Valley, Ashland and Cherryland going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?

We can drive you for FREE!

Do you have occasional extra hours? We always need more volunteer-companion drivers...let's talk!

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call (510) 896-8056 or email

ProgramCoordinator@DriversForSurvivors.org www.DriversForSurvivors.org

Help us help local cancer patients...come to an event, donate funds or donate services

Wednesday - Sunday, Jan 26 Apr 21

Hayward Arts Council 2019 Members Show

10 a.m. - 4 p.m. Members share sculpture, quilting, pottery, watercolors, mixed media and

Hayward Area Historical Society Museum

22380 Foothill Blvd., Hayward (510) 581-0223 haywardartscouncil.org

Thursdays, Jan 31 - Mar 28

Hawaiian Dance Class

11:15 a.m. - 12:30 p.m. Sway your hips to tropical music. \$4 drop in fee

Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Sunday, Feb 3 - Sunday, Mar 24

Dove Gallery Art from the Heart Exhibit

Contact for time Artworks of various media that reflect deep, heartfelt emotions

Park Victoria Baptist Church 875 S. Park Victoria Dr., Milpitas (408) 464-5011 dove@parkvictoria.org

1st and 3rd Mondays, Feb 4 - May 20

Guitar Jam For Seniors \$

1:00 p.m. - 3:30 p.m. Play guitar with others. No instruction. \$2.50 drop in fee

Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Wednesdays, Feb 6 – May 1 **Ukulele Jam Program \$**

1:00 p.m. - 2:30 p.m.

Weekly program for active adults 50+. Bring ukulele and music stand

San Leandro Senior Community

13909 East 14th Street, San Leandro (510) 577-3462

Saturdays, Feb 9 - Apr 13

Free Tax Preparation

1 p.m. - 4 p.m. Assistance for households earning \$54,000 or less.

Photo ID and tax documents required

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421

Mondays and Thursdays, Feb 12 - May 30

Table Tennis \$

Mon: 1:00 p.m. - 3:45 p.m. Thurs: 12:30 p.m. - 3:45 p.m. Improve your hand-eye coordination.

\$3 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Mondays, Feb 18 - May 27 Caning & Furniture Refinishing/Restoration Class \$

9 a.m. - 12 noon Beginners thru advanced - bring your project for evaluation. \$2 drop in fee Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Monday - Friday, Feb 18 -May 30

Billiards/Pool Tables \$

8:30 a.m. - 4:00 p.m. Beginning thru advanced players. \$1.50 drop in fee

Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Friday, Feb 22 - Tuesday, Apr 30

In My Own Backyard

Monday - Friday, 10 a.m. - 4 p.m. Digital artist Jeanne Bertolina shares compositions made from photos of familiar landmarks around town; pieces by wood sculptor Ken Bertelson also on

808 A Street Gallery 808 A St, Hayward (510) 538-2787 www.haywardartscouncil.org

EL DORADO RESTAURANT

1/2 Price Promotions EVERYDAY Some restrictions apply

MONDAY: ALL SOUPS, BEEF, CHICKEN, MENUDO, POZOLE, BIRRIA, TLALPENO

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Sunday Usu FRESH HAND MADE CORN TORTILLAS.

MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS, CHILE RELLENO, ENCHILADAS MEXICAN PASTRIES, DESSERTS and many more

15% SENIOR DISCOUNT

Any Breakfast with meat & Coffee \$9.99+tax

Mon-Sat

10am-12pm

not applicable with other offers Monday 10-8 Tuesday - Friday 10-9

Sat, Sunday 9-9

Catering and Private Parties

El Dorado Restaurant 510-581-8612

Authentic Mexican Food Beer and Wine

corner of Grand and Winton 386 Winton Ave. Hayward

Tuesdays, Feb 26 - Apr 16 **Civics/Citizenship Class**

6:00 p.m. - 8:30 p.m. Prepare for the U.S. Citizenship exam Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 www.aclibrary.org/fremont

Wednesdays, Feb 27 - Apr 17

Civics/Citizenship Class

12 noon - 2:30 p.m. Prepare for the U.S. Citizenship exam Newark Branch Library 6300 Civic Terrace Ave., Newark (510) 284-0684 (510) 745-1480

Monday - Friday, Mar 1 -

May 3 **Art is Education Show**

8 a.m. - 5 p.m. HUSD students' art work display John O'Lague Galleria 777 B Street, Hayward (510) 538-2787

Sunday-Saturday, Mar 1

Roving Artists - Where We Live

www.haywardarts.org

During business hours Women who create & record the beauty, pattern and light in the world

around them Reception 3/10 from 3-5 p.m. Mission Coffee Roasting House 151 Washington Blvd., Fremont (510) 474-1004

Saturdays and Sundays, Mar 2 - Apr 26

Wild Wonders

2 p.m. - 3 p.m. Games, activities, crafts for all ages Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Saturdays and Sundays, Mar 2 - Apr 26

Nature Crafts

10 a.m. - 12 noon Get crafty and learn about the natural

Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Sundays, Mar 3 - Apr 26

Animal Feeding Time

10:30 a.m. - 11:00 a.m. Discuss reptiles, observe feeding time Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Thursdays, Mar 7 - Mar 28

Spiritual Guides for Today \$R

1:00 p.m. - 2:30 p.m. "The Return of the Prodigal Son", 4-part book series Dominican Sisters of Mission

San Jose

43326 Mission Blvd., Fremont (510) 933-6335

Saturdays, Mar 9 - Mar 30 Caught in the Act \$

8 p.m.

(925) 862-2026

Hijinks unfold as the actors spread rumors and keep secrets Sunol Glen School 11601 Main St., Sunol

www.sunol.net Wednesdays, Mar 13 -

May 29 Watercolor Class \$

https://adu.slzusd.org

9 a.m. - 12 noon For all experience levels San Lorenzo Adult School 820 Bockman Road, San Lorenzo (510) 317-4200

Sunday, Mar 17 - Saturday,

Apr 13 **Juried Photography Exhibit**

Library open hours 25 local photographers share 100 diverse photos Fremont Main Library 2400 Stevenson Blvd., Fremont

www.Fremontculturalartscouncil.org Friday - Sunday, Mar 29 -

Apr 7

(510) 745-1421

Oliver! The Musical 7 p.m., 2 p.m. matinees on 3/31,

4/4, 4/6, 4/7 Join young Oliver Twist as he navigates London's underworld Irvington High School Valhalla

Theatre 41800 Blacow Rd., Fremont (510) 590-7510 www.ihsdrama.com

Fridays, Mar 29 - Apr 12 Stations of the Cross for Sen-

2:30 p.m. Inspiring reflections helpful to seniors, family, friends and caregivers Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 933-6335 www.msjdominicans.org

Thursday-Saturday, Mar 30 -May 11

Spring Exhibition: Celebrating HARD at 75

11 a.m. - 3 p.m. Variety of two-and three-dimensional media, watercolor, clay and photogra-

Reception: Sat. Mar 30, 1 p.m. - 3 p.m. Adobe Art Center 20395 San Miguel Ave., Castro Valley (510) 881-6735 haywardrec.org/783/adobe-artgallery



Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun Ilam-10pm Fri & Sat. Ilam -Ilpm Expires 5/30/19

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Renew books by phone
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For more information
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(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday

4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday

12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday

11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Monday

1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday

4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT

Wednesday

1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO 2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday

1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

22 VETERANS DIED TODAY BY SUICIDE VETERANS Crisis Line 1-800-273-8255 PRESS 1

Monday - Friday, Mar 30 -May 11

Celebrating HARD at 75! Spring Exhibition

Upstairs: Mon-Fri, 9-5 Downstairs: Mon: 5 p.m. - 10 p.m. Tues & Thurs: 10 a.m. - 1 p.m. Over 70 artists display a variety of work.

Reception: 3/30 2-5 p.m. PhotoCentral 1099 E St., Hayward (510) 881-6721 www.photocentral.org

Wednesdays, Apr 3 - Apr 17 Gift of Imperfection: Living With Your Whole Heart \$

10:15 a.m. - 11:45 a.m.

Happiness and how to live a rich and fulfilling life. \$2 drop-in fee

Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738

www.haywardrec.org

Thursdays, Apr 4 - Apr 25

Yoga \$

9:30 a.m. - 10:30 a.m. Yoga increases your ability to focus and creates energy

Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Thursday - Sunday, Apr 5 - Apr 14

Legally Blonde \$

Thurs - Sat: 7 p.m. Sun: 2 p.m. Follow Elle Woods as she tackles stereotypes and scandal

Washington High School 38442 Fremont Blvd., Fremont (510) 791-3414 whspac.brownpapertickets.com

Thursday-Sunday, Apr 5 May 4

Heated Expression: Clay and Glass

12 noon - 5 p.m.

Beautiful, fired works from members of the Assoc. of Clay & Glass Artists.

Reception:

April 5, 7 p.m.- 9 p.m. Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.fremont.gov/OliveHyde

Friday nights

Laugh Track City \$

8 p.m.

Fast-paced improv comedy show

Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633

https://madeuptheatre.com/

Saturday nights

8 p.m.

Audience-inspired improv play

Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633

https://madeuptheatre.com/

THIS WEEK

Tuesday, Mar 26

Tri-City Relay for Life

10 a.m. - 9 p.m. Fundraiser to benefit American Cancer Society

El Patio Restaurant 37311 Fremont Blvd, Fremont (510) 796-1733

Wednesday, Mar 27

Toddler Time

10:30 a.m. - 11:45 a.m.

Read a story, do some chores, meet some farm animals. Ages 1-4

Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Wednesday, Mar 27

Painting on Silk Workshop R

10 a.m.

Bring a simple line drawing and small palette for dyes

Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 programs@oliveydeartguild.org

Thursday, Mar 28

Community Office Hours

6 p.m. - 8 p.m. Assemblyman Kansen Chu shares up-

Berryessa Library

Renew MD Wellness

Dr. Sethi, MD and Owner

INTEREST FREE CARECREDIT AVAILABLE



Double Chin

Now uplift
your sagging
muscles with
technology
the stars are
using.
Lift your
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double chin, neck
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- treatments
 Shrink
 your
 stomach fat,
 love handles,
 & double chin

\$500 coupon

FREE CONSULTATION

510-744-1582 or 510-793-2277

Renewmdwellness.com
210 Fremont Hub Courtyard, Fremont

3355 Noble Ave., San Jose (408) 262-2501

Thursday, Mar 28

Hayward Community Meeting

5:30 p.m. Help to understand new PG&E bills English 5:30 - 6:30 Spanish 7:00 p.m. – 8:00 p.m. Matt Jimenez Community Center 28200 Ruus Road, Hayward (510) 887-0400

Friday, Mar 29

Spring Into Magic \$R

5:30 p.m. - 8:30 p.m.

Fundraiser for Hayward educators

Buffet, entertainment, auction

Hayward City Hall Rotunda

777 B St., Hayward

(510) 881-7976

www.haywarded.org

Friday, Mar 29

Taking A Seat At the Table

6:00 p.m. - 8:30 p.m. In honor of women's history month, panel discussion

Niles Discovery Church of Fremont 36600 Niles Blvd., Fremont (510) 797-0895 marthakreeger@gmail.com

Friday, Mar 29 -Sunday, Mar 31

Community Emergency Response Team R

Fri. 7 p.m. - 10 p.m., Sat. & Sun. 8 a.m. - 5 p.m.

Hands on training in fire-fighting techniques recognition. Must attend all three

sessions
Fremont Fire Training Tower
7200 Stevenson Blvd., Fremont

(510) 494-4244 fremontfiredepartment.eventbrite.com

Friday, Mar 29 -Sunday, Mar 31

Mar 31 Broadway and the Movies \$

Fri - Sat: 8 p.m. Sun: 2 p.m. Selection of works from the stage and the movies

Douglas Morrison Theatre 22311 N Third St., Hayward (510) 881-6777 www.dmtonline.org

Saturday, Mar 30

Women's Hall of Fame Luncheon \$R

12:30 p.m.

Alameda County charity benefiting women and girls

Greek Orthodox Cathedral

4700 Avenue, Oakland (510) 272-6510 http://www.acgov.org/whof/

Saturday, Mar 30 WOW! That's Engineering Conference \$R

9:00 a.m. – 4:30 p.m.

Day-long event for high school girls featuring a keynote speaker, panel, workshops hosted by various companies, and other fun activities

San José State University
Student Union, Ballroom B
1 Washington Square, San Jose
swe.sjsu@gmail.com
www.eventbrite.com/e/wow-thats-engineering-conference-tickets56165606842
http://studentorgs.sjsu.edu/swe/

Saturday, Mar 30

Chores for Little Farmers 10:30 a.m. - 11:00 a.m.

Prepare morning treats for livestock
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Nectar Garden Fun D

Nectar Garden Fun Day

1 p.m. - 3 p.m. Cone face-to-face with a caterpillar, chrysalis or butterfly Coyote Hills 8000 Patterson Ranch Road, Fremont (510) 544-3220

Saturday, Mar 30

Birds of the Farm

www.ebparks.org

8:00 a.m. - 9:30 a.m. Look for spring birds in the orchards and gardens

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org





Improve your reading and writing with a tutor

Study for the citizenship test in a Civics class

Complete High School Online and earn a diploma

Learn English for beginners in small groups

Apply for a job by updating your basic computer skills

> For more information call The Alameda County Library **Education and Literacy Services** 510-745-1480 www.aclibrary.org

Saturday, Mar 30

Old-Fashioned Fun

11:30 a.m. - 12:30 p.m. Stilt walking, sack races, tug-o-war, potato-spoon racing Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Saturday, Mar 30

Meet Author Mark Vaz and **Curator John Hill**

5:30 p.m. - 7:00 p.m. They will read from their new history book "Pan Am At War" Books on B 1014 B Street, Hayward (510) 538-3943

Saturday, Mar 30

www.booksonb.com

Wildflowers in Wilderness

9:00 a.m. - 11:30 a.m. Discover the changing blooms of the Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249

www.ebparks.org Saturday, Mar 30

Artistry 1 p.m. - 5 p.m. Bay area artists and crafters Bronco Billy's Pizza - Irvington 41200 Blacow Road, Fremont (510) 438-0121 arttistryshow@gmail.com

Saturday, Mar 30

Honey and Honeybees

10 a.m. – 12 noon Benefits of honey; observe bees at work Fremont Main Library Fukaya Room A 2400 Stevenson Blvd., Fremont (510) 574-2063

Saturday, Mar 30

Beautiful Trees 1:30 p.m. - 2:30 p.m.

Stroll the grounds, see some trees, hear their stories Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Saturday, Mar 30

For The Bay - Volunteer Project

9:30 a.m. - 11:00 a.m. Collect trash to help the environment. Ages 12+ Coyote Hills 8000 Patterson Ranch Road, Fremont (510) 544-3220 www.ebparks.org

Saturday, Mar 30

Dance for Fun

2 p.m. Learn vintage rock and roll-era line

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 (510) 745-1432

Saturday, Mar 30

Dance for Fun

3 p.m. Learn swing jitterbug Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 (510) 745-1432

Saturday, Mar 30

Spring Flea Market & Donation Drive

9 a.m. - 1 p.m. Support Milpitas High School PTSA Milpitas High School 1285 Escuela Pkwy., Milpitas (408) 945-5500 milpitas high school pts a@gmail.com

Saturday, Mar 30

That's What She Said Stand Up Comedy Show \$

5 fabulous female comics take the stage Englander Restaurant 101 Parrott St., San Leandro plethos.org

Saturday, Mar 30

Movie Night \$

7:30 p.m. "Why Worry?", "Dear Ol' Pal", "A Woman in Grey: Chapter XIV Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturday, Mar 30

Eggs-tra Fun Craft \$

10 a.m.- 12 noon Make and take home an Easter craft. Ages 3-8 years Michaels Store Fashion Faire Place 15100 Hesperian Blvd., San Leandro (510) 278-5400

Saturday, Mar 30

Eggs-tra Fun Craft \$

10 a.m. - 12 noon Make and take home an Easter craft. Ages 3-8 years Michaels Store Fremont Hub 39170 Argonaut Way, Fremont (510) 857-0268

Saturday, Mar 30

Eggs-tra Fun Craft \$

10 a.m. - 12 noon

Make and take home an Easter craft. Ages 3-8 years Michaels Store McCarthy Ranch 153 Ranch Dr., Milpitas

(408) 785-9998

Saturday, Mar 30

Eggs-tra Fun Craft \$

10 a.m. - 12 noon Make and take home an Easter craft. Ages 3-8 years

Michaels Store Union Landing 31080 Dyer St., Union City (510) 471-5443

Saturday, Mar 30

Youthsava 2019 \$

10 a.m. - 9 p.m. Dance routines performed by youth ages 4-18 to Indian & fusion music India Community Center 525 Los Coches Street, Milpitas (408) 934-1130 www.indiacc.org

Saturday, Mar 30

Bunny Tail Clay Pot MAKEBreak \$

1 p.m. - 3 p.m. Purchase clay pot, decorate for spring Michaels Store Fremont Hub 39170 Argonaut Way, Fremont (510) 857-0268

Saturday, Mar 30

Bunny Tail Clay Pot MAKE-Break \$

1 p.m. - 3 p.m. Purchase clay pot, decorate for spring Michaels Store Union Landing 31080 Dyer St., Union City (510) 471-5443

Saturday, Mar 30

Bunny Tail Clay Pot MAKE-Break \$

1 p.m. - 3 p.m. Purchase clay pot, decorate for spring Michaels Store Fashion Faire Place 15100 Hesperian Blvd., San Leandro (510) 278-5400

Saturday, Mar 30

Newark Symphonic Winds Spring Concert

7 p.m. Music by Sondheim, Rachmaninoff and flashback to Woodstock Newark Memorial High School Theatre

39375 Cedar Blvd., Newark (510) 791-0287 http://newarksymphonic.org/

Saturday, Mar 30

Feast for the Beasts \$

9 a.m. - 3 p.m. Place food at elephant, baboon and sun bear habitats Oakland Zoo 9777 Golf Links Rd., Oakland (510) 632-9525

Sunday, Mar 31

www.oaklandzoo.org

Dancing with the Trees

2:00 p.m. -3:30 p.m. How nature influences our dance moves. All ages welcome Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Sunday, Mar 31

Wake Up the Farm

10:30 a.m. - 11:30 a.m. Help prepare a snack for the sheep and

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Mar 31

Rabbit Rendezvous

11:30 a.m. - 12 noon Learn how rabbits use their long ears to sense danger

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Mar 31

Meet Author Juliane Corn Lee

2 p.m. - 4 p.m. Readings from her memoir "Thunderclap: A Defining Silence" Books on B 1014 B Street, Hayward (510) 538-3943 www.booksonb.com

Sunday, Mar 31

International Children's Choir

6:00 p.m. - 7:30 p.m. Song, dance, spoken word, creative media

South Bay Community Church 47385 Warm Springs Blvd., Fremont (510) 490-9500 sbccchildrenschoir.eventbrite.com

Sunday, Mar 31

Meet The Farmer: Growing A **Green Thumb**

1 p.m. - 2 p.m. Learn tricks of the trade in the vegetable garden

Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Mar 31

Fremont Symphony "Love Notes" \$R

3 p.m. Enjoy an afternoon of romantic, passionate and timeless masterpieces James Logan High School Center for the Performing Arts 1800 H Street, Union City www.fremontsymphony.org

Monday, Apr 1

Milpitas Rotary Club Meeting

12 noon - 1:30 p.m. How to attract members through branding, marketing and sales Dave and Busters

940 Great Mall Dr., Milpitas (408) 957-9215 http://www.clubrunner.ca/milpitas

Tuesday, Apr 2

Genealogy Research Class R\$

2:00 p.m. - 3:55 p.m. Basics of family tree research Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley (510) 881-6738 www.haywardrec.org

Wednesday, Apr 3

Wednesday Walk

9:30 a.m. Naturalist led 4-mile hike with wildflowers Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 (510) 544-3282 www.ebparks.org

Wednesday, Apr 3

Is Small Business Ownership Right for You?

4:45 p.m. - 5:45 p.m. Should you start a business from scratch, buy an existing business, buy a

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 (510) 745-1432

Wednesday, Apr 3

Transitional Kindergarten and Kindergarten Info Session R

10 a.m. - 11 a.m. Meet the teachers, tour the campus, see

a class in action St. Joseph School 43222 Mission Blvd., Fremont (510) 656-6525 www.stjosephschoolfremont.org

Thursday, Apr 4

Business Building Seminar -Friend & Champion

3 p.m. - 5 p.m. Get more done with ease and give yourself more time

Fremont Chamber of Commerce 39488 Stevenson Blvd., Fremont (510) 789-1950 www.fremontbusiness.com

Thursday, Apr 4

Outsmarting Investment Fraud

2:30 p.m. - 3:30 p.m. Learn how protect yourself when investing

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421 (510) 745-1432

Thursday, Apr 4

Golden Hills Art Association Meeting

7 p.m. Ocean watercolor demonstration by Cathy Zander

Milpitas Police Station 1275 N. Milpitas Blvd, Milpitas (408) 586-2400

Thursday, Apr 4

Caring For An Older Adult R

6:30 p.m. - 8:00 p.m. Free seminar presented by Kathy Stewart, R.N., B.S.N Aegis of Fremont 3850 Walnut Ave., Fremont (510) 739-1515 www.aegisliving.com

Saturday, Apr 6

Hiking Poles: Skills and Technique plus Hike \$R

8:30 a.m. - 3:00 p.m. Techniques over varied terrain Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org/register

Saturday, Apr 6

Ohana Health Fair 10 a.m. - 1 p.m. Presented by Fremont Unified School District & Tri-City Health Center Washington High School 38442 Fremont Blvd., Fremont

Saturday, Apr 6

www.tri-cityhealth.org

(510) 791-3414

Black and White Ball \$R 6 p.m. - 10 p.m.

Drivers for Survivors benefit Castlewood Country Club 707 Country Club Cir., Pleasanton (510) 659-6053 driversforsurvivors.org/2019gala

Friday, Apr 12

Annual Fremont Prayer Breakfast \$R

7 a.m. - 9 a.m. Keynote speaker Ruthie Bolton, 2-time Olympic gold medalist Paradise Ballroom 4100 Peralta Blvd, Fremont (510) 909-9263 www.eventbrite.com

LETTER TO THE EDITOR

Community meeting on May 1

The city will seek input from the community on the closure of Morrison Canyon Rd. The road is narrow (nine-feet wide), dangerous and substandard, as stated multiple times in the 2008 lawsuit filed by two Vargas Plateau landowners. Widening the road would be too costly, so it has been closed except for emergency vehicles, pedestrians and cyclists. Motorists who violate the closure are a danger and we want the city to enforce the road restrictions. The city will hold the meeting at Vallejo Mill Elementary School on May 1, 2019 at 7:00 p.m. Topics will include public safety, trash dumping, and dedicating the pathway for pedestrians and cyclists. If you can attend the meeting, please sign up at: www.meetup.com/Mission-Peak-Conservancy/events/259884625/

Mission Peak Conservancy news

Trash cleanup

Trash continues to be dumped alongside Morrison Canyon road and it then falls into the creek. This threatens the environment and the Bay, so the no dumping regulations need to be enforced. We asked the city to undertake a cleanup, which they did on March 21st. Workers hanging off ropes cleared the creek and hillsides. We thank the city for working with us and with the community, to keep the canyon clean.

Special legislation

The city of Fremont council voted unanimously in November 2018 to ask the state for "special" legislation, to allow Vargas Plateau residents and their guests commute access via Morrison Canyon road. Senator Bob Wieckowski chose to not introduce the legislation and we thank the Senator and his staff for listening to the concerns of those who wrote, emailed and called his office. This road is too narrow and dangerous to allow through vehicular traffic. We believe Arnold Schwarzenegger said it best: "Government's first duty and highest obligation is public safety."

East Bay Greenway Trail

The Greenway Trail which would use the Union Pacific Railroad easement continues to be a source of interest, and speculation. The city spent over \$100,000 over 270 days ago, for a geotechnical and environmental assessment of the easement. We want to see the results of the study, so the long-anticipated trail can move forward. We hope to find out at the community meeting the status of the negotiations, and what has been learned from the assessment.

> wm. yragui co-founder Mission Peak Conservancy

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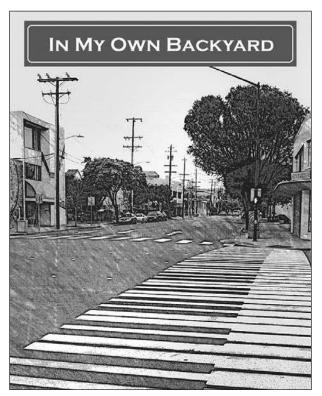
New art gallery hosts first show

SUBMITTED BY HAYWARD ARTS COUNCIL

The Hayward Arts Council (HAC) has expanded its influence into yet another gallery in Hayward. The 808 A Street Apartments is a new senior living complex filled with new residents and located right across from the Lucky supermarket at the corner of A Street and Mission Boulevard. Included in the lovely structure is a light-filled gallery space now curated by HAC.

The honor of being the first artists to display there has gone to digital artist Jeanne Bertolina, and wood sculptor Ken Bertelson.

Bertolina starts her pieces with photographs, then takes them into Photoshop on her computer to turn them into interesting compositions that elevate their subject matter. Her current show, "In My Own Backyard - Images of Hayward," features compositions made from photos of familiar landmarks all around town—from our three city



halls, to the Kennedy Park carousel, to the iconic water tower. Along with each composition there is a bit of written history that helps bring each subject to life. Did you know that the beautiful Meek Mansion was built in 1869, the downtown Ace Hardware in 1900, and that Buffalo Bill's was one of the very first brewpubs to open in California after they became legal?

Bertelson finds curved, twisted, unique woods in nature, then smooths and shapes them to enhance their intrinsic natural beauty.

Fans of art, photography, sculpture, and local history should venture to the 808 A Street Gallery, which is free and open to the public. The current show runs through Tuesday, April 30. Visit www.haywardartscouncil.org for more gallery exhibitions and events.

> In My Own Backyard Friday, Feb 22 - Tuesday, Apr 30 Monday - Friday, 10 a.m. - 4 p.m. 808 A Street Gallery 808 A St, Hayward (510) 538-2787 www.haywardartscouncil.org



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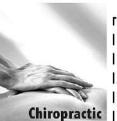
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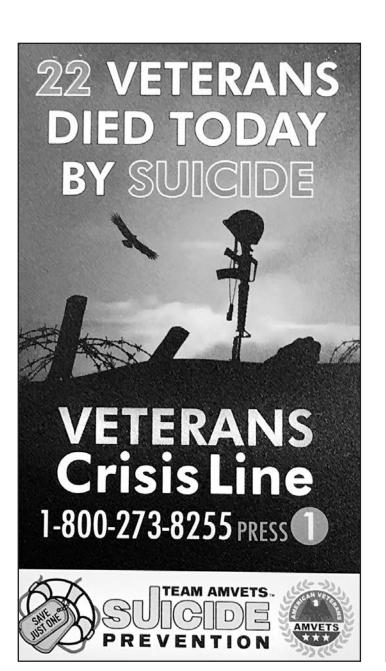
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SPORTS

The comeback kid

PHOTOS BY MIKE HEIGHTCHEW

Dilan Horwitz wanted to play baseball - even if he was the worst player on the field. In the first game of the Warm Springs Little League season, Dilan was the starting pitcher with the intention of facing only one batter. He retired that batter on a comebacker that he threw to first base for the out. He played the rest of the inning in Center Field and recorded the third out of the inning by throwing a runner out at home plate.

Here is the rest of the story...

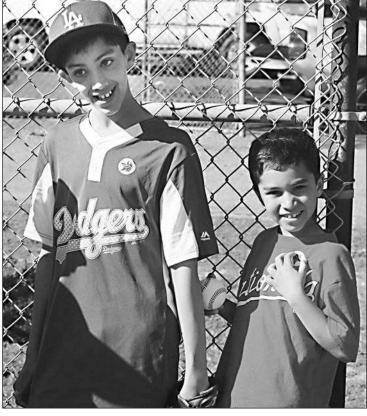
SUBMITTED BY STEVE HORWITZ

Friday, July 27, 2019 was a fateful day. We checked out of our accommodations in Zadar, Croatia and walked to the car to put our things away, planning to walk around a bit. About 20-30 minutes prior, Dilan, Jalen and I enjoyed chocolate croissants. My wife, Anu, and Dilan are allergic to tree nuts (strangely okay with peanuts), but at no time anything close to a serious reaction to them.

Unbeknownst to me, Dilan had complained to Anu that he was having difficulty breathing, saying that smoke was bothering him. She gave him his inhaler, but that didn't seem to work. Anu waived to me for help and I noticed that Dilan was partially slumped. As I tried to support him, I could feel his legs weaken and began looking for someone to get us to a hospital; Dilan's lips were turning blue; the situation was desperate.

After what felt like 10 years, but probably 5-10 minutes, the paramedics came and rushed him to the hospital. Zadar's Old Town, built in the 1400's with tiny streets, is not conducive to automobiles. Since we were on the edge of the town, the ambulance arrived quickly and, in another stroke of "luck", the hospital was only 1/2 mile away. I jumped into the ambulance with Dilan and we completed the short journey quickly.

Anu and Dilan's brother Jalen were given a ride to the hospital by a Good Samaritan. Before they arrived, one of the doctors pulled



me aside and cautioned, "you have to understand that he has no pulse and he is not breathing". Five or more minutes go by, not sure exactly how long, but I walked out and saw that they were cleaning up the room that he was in, and so I ask where is the boy that was in there; I'm asking people who don't speak any English. Finally, a doctor comes over. "So, you got his heart beating then?" Yes, they did. I wouldn't learn until later that they were successful in getting it beating, only to have it stop again, requiring a second resuscitation.

Dilan was put into a medical coma to help his body recover. After much debate, the medical professionals decided Dilan was stable enough to transfer to a children's hospital in Split, considered one of the best hospitals in the country. On Monday, they decided to extubate him and wake him. Within a few hours of his being extubated, he was breathing on his own without any supplementary oxygen, his heart was strong and his circulation was good.

Tuesday, they did an EEG and found, not surprisingly, a very low signal. Dilan appeared to nod to a couple of questions and try to move his fingers after I asked him to squeeze my hand. We still don't know if those actions occurred or it was wishful thinking. On Wednesday, they took an MRI of his brain and it showed quite a bit of damage throughout the

brain, consistent with an anoxic condition (total depletion of oxygen). The implication was that Dilan would remain in a persistent vegetative state.

Anu and I both agreed that we would talk to Dilan as if he could hear and understand every word that we said. On Thursday morning, I walked in while Anu was talking to multiple doctors, and began speaking to Dilan; he appeared to move his head and make contact with me. Over the course of the next couple of days, Dilan would give us small moments in which one of us would ask the other if they saw it as well. I told him a couple of really corny jokes and he laughed. We played videos of the kids and coaches on a team Dilan was going to be playing on wishing him well; Dilan smiled as he watched the video.

On Friday, Dilan was cleared to be transported home by air; he and Anu were scheduled to travel home on Monday, the tenth day after the medical emergency. Then, on Sunday, the nurses asked us to leave the room so that they could treat him for a minute. One of them came running out and blurted, "He said 'hi' and then a couple of more words." The nurses and doctors cried because they didn't believe it to be possible.

I am told that 100% recovery is still in the realm of possibility, but it is unknown. This will be a long hard road for him, and for us.

Baseball

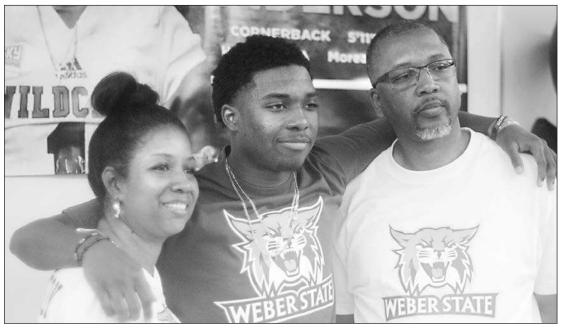
Late rally boosts Vikings

Submitted and photos by Mike Heighchew



The Fremont Christian Warriors jumped off to a 1-0 lead in the third inning with good hitting on March 15, but it wouldn't last. A determined Irvington Viking (Fremont) squad evened the score in the fourth and a pitcher's battle ensued. The status quo continued until the seventh inning when Vikings hitters drove the ball through Warrior infield defenses to score the winning run. Final score: Vikings 2, Warriors 1.

Weber State signs local scholar/athlete





Football

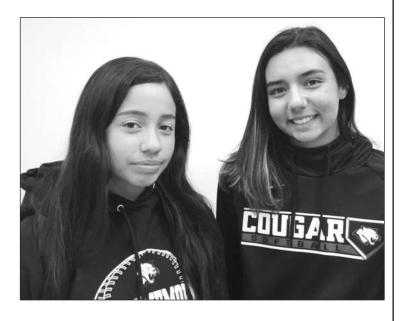
SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

March 23, 2019 was an exciting day for Moreau Catholic Mariners (Hayward) coaches, students and staff as they welcomed representatives of the Weber State (Ogden, Utah) "Wildcats" football program to their campus. Maxwell Anderson, an exceptional student who has excelled in both football and basketball, was officially presented with a scholarship to what is considered one of the best football programs in the country. The ceremony attracted a large crowd, including Anderson's family, who were optimistic about his future. A popular leader at school, Anderson was elated by the support of well-wishers in attendance.

Softball

Cougars Report

SUBMITTED BY TIMOTHY HESS



• The Newark Memorial High School Cougars varsity softball team defeated the Lady Vikings of Irvington (Fremont) 11-1 (5-innings) on March 21st.

• Vivian Gamez (varsity) and Davina Montano (junior varsity) have been selected as "Champions of Character."

Opposition to ban of death penalty

I do not want to be mistakenly judged "reactionary" by those in lock-step with Governor Gavin Newsom. Sometimes even popular and trusted political leaders make bad decisions in the name of change and progressive improvements. Governor Newsom's hasty move to ban the State of California "Death Penalty" is one. The governor says he personally disapproves of capital punishment for the 737 convicted murderers on "Death Row."

I disapprove of the ban. It sends the wrong message to gang members and other mass murderers that there will be no punishment for their heinous deeds. They do not fear God nor "the big house" (prison). I fear now more for my and everyone else's family members.

> Marie Gomez Hayward

Ground broken for long-awaited LAX people mover system

AP WIRE SERVICE

It's been talked about for years, and now construction is underway on a people mover to carry travelers in and out of Los Angeles International Airport.

City officials broke ground Thursday on the project which will finally give passengers an alternative to cars, shuttles and buses that now jam the upper and lower ring roads within the central terminal area.

Mayor Eric Garcetti called it historic, saying LAX travelers should have modern, reliable and timely public transportation.

The 21/4-mile (3.6-kilometer) system of automated trains will connect passengers to the terminals, external pick-up and drop-off locations and at long last the Los Angeles County Metro light rail

Developer LINXS will build and run the system under a 30-year, \$4.9 billion contract, the largest ever awarded by the city.

Fun Run to benefit schools will have Earth Day theme



SUBMITTED BY New Haven Schools Foundation PHOTO CREDIT: **New Haven Schools Foundation**

Tri-City runners and walkers should get ready to cinch up their shoelaces and get ready to move. On Saturday, April 20 the New Haven Schools Foundation (NHSF) will hold its annual Earth Day Celebration Fun Run community race along the Alameda Creek Trail.

Individual runners and walkers in the New Haven Unified School District and the surrounding communities are invited to be a part of this popular professionally-timed event which includes a 5K Run/Walk and 10K Run There also will be a chip-timed route for runners and family-friendly walk for those who prefer a slower pace.

The race starts and finishes at Cesar Chavez Middle School in Union City. Check-in and race day registration starts at 7:30 a.m. The starting time for the 5K and 10K races is 8:30 a.m. The 5K/10K race course closes at 11:00 a.m. Youth races will also be held, starting at 10 a.m.

Earth Day festivities and activities will also be part of the day's events including science, environmental and fitness exhibits, activities and information booths and a performance by the James Logan Show Choir.

Pre-registration entry fees for the 5K and 10K runs are \$30 for youths up to 18 and \$35 for

adults. Fees for the 400m/800m/1600m race for

children in kindergarten through 5th grades are

\$5 or \$10 for students in sixth through 12th grades. New this year is an Earth Day Poster Contest for New Haven Unified School District students in kindergarten through 8th grade. Entries may focus on one of the themes, including:

- Conservation of natural resources
- Reducing global warming
- Renewable energy

The deadline to submit poster entries is Friday, April 12. Winning submissions will be displayed at Mark Green Sports Center for 30 days. Winners will receive 1st, 2nd, and 3rd place ribbons and a NHSF Day Event t-shirt. Overall winner will receive a \$50 gift card. Winners will be announced at the NHSF Earth Day Event on April 20. Poster entries and race registration information is available online by visiting the Earth Day Celebration website at https://nhsfoundation.org/events-2/funrun/ and following the links.

Race sponsors include Fremont Bank, Masonic Homes of California, Al and Marsha Badella, East Bay Community Foundation, Washington Hospital Healthcare System, Republic Services, the County of Alameda and The Tri-City Voice.

> Earth Day Celebration Fun Run 7:30 a.m. - 11:00 a.m. Cesar Chavez Middle School 2801 Hop Ranch Road, Union City (510) 909-9263

https://nhsfoundation.org/events-2/fun-run/ Pre-registration: \$35 adults; \$30 youths; \$5 for K-5 students, \$10 for 6th-12th grade students

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council 1st/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council 1st/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council 1st/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board 1st/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District 1st/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board 1st/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board 1st/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont City Council

March 19, 2019

Special Meeting – Workshop:

• Presentation of the purpose and development of the five-year Capital Improvement Program (CIP) and discussion of issues for Fiscal Years 2019-2020 through 2023-2024. Draft CIP release and presentation on May 21, 2019; first public hearing on June 4, 2019; second public hearing and adoption on June 11, 2019.

Announcements:

• Meeting dedicated to the memory of former Fremont Fire Chief and Planning Commissioner Daniel Lydon who passed away March 18, 2019.

Consent Calendar:

- Termination of janitorial services contract with GCA Services, Inc./ABM.
 Authorize a new Request for
- Proposals process.

 Approve Art Review

 Board recommendations for a temporary public art installation at Capitol Avenue and Fremont Boulevard.
- Amend Master Fee Schedule to add a Video Redaction Fee.

Ceremonial Items:

 Proclaim March 2019 as American Red Cross Month. James Leeper of the American Red Cross accepted the proclamation.

Items Removed from Consent Calendar:

- Removed by Kassan to reflect opposition – Second reading minimum wage ordinance. PASSED 5-2 (Nay; Kassan, Bacon)
- Public comments regarding purchase of license plate reader cameras. Concerns expressed about surveillance, misuse and access by U.S. Immigration and Customs Enforcement (ICE).

Oral Communications:

- Admonition to councilmembers that the public is paying attention to voting records.
- Citing trash problems in Morrison Canyon and East Bay Regional Parks parking issues at Mission Peak Trailhead.

Scheduled Items:

• Consider Planning Commission and HARB recommendations on Centerville mixed-use project to demolish buildings at 37358-37494 Fremont Boulevard and 3768-3820 Peralta Boulevard to build commercial frontage and for-ownership and apartment rental units. An "alternative" proposal included demolition of an existing firehouse eligible for historical status. After 60 public comments and extensive discussion, council voted to PASS alternative proposal 4-3 (Nay;



Proclaim March 2019 as American Red Cross Month. James Leeper of the American Red Cross accepted the proclamation.

Mei, Bacon, Kassan)

- Annual Report of status of General Plan and 2015-2023 Housing Element. Due to late hour and another significant issue on agenda, council voted to accept the report with the provision that it would return to council at a later date for discussion.
- Provide opportunity for public comment and discussion of street design features of recent changes to Rancho Arroyo Parkway addressing changes to roadway, striping, bike lane, parking and notification procedures. Public speakers were

concerned with lack of advance notification and safety issues. Pro and con arguments regarding parking on Rancho Arroyo Parkway were aired. Council directed Staff to review the issues raised and develop compromise solutions to mitigate concerns raised by public comments.

Mayor Lily Mei Aye, 1 No
Vice Mayor Raj Salwan Aye
Vinnie Bacon Aye, 2 No
Rick Jones Aye
Teresa Keng (District 1) Aye
Jenny Kassan (District 3) Aye,
2 No
Yang Shao (District 4) Aye

Hayward City Council

March 19, 2019

Recognitions:

• Proclamation declaring March 2019 as American Red Cross Month. Karen Fuller received the proclamation.

Public Comments:

• Public outcry over the shooting of Agustin Gonsalez including demands for the Hayward Police to conduct an independent investigation and better mental health training.

Consent Calendar:

- Appropriate up to \$150,000 from the California State Library for Hayward Library's Education Services Programs
- Resignation of Ms. Frederica Brewer from the Keep Hayward Clean and Green Task Force, effective immediately
- Initiate the formation and annexation of the Parkside Heights Property to Benefit Zone No. 17 of the Consolidated Landscaping and Lighting District 96-1

Calendar passed 7-0

Items Removed From

Consent Calendar:

• Authorize an amendment to the agreement with ICF Incorporated for commercial cannabis program permit application review services, for



Mayor Halliday, Karen Fuller

round 1, tier 2 applications, and increasing the compensation amount not to exceed \$250,838

Item passed 6-1 (Nay; Salinas)

Public Hearing:

- Amend Zoning Ordinance related to a proposed modification of the required setbacks for commercial cannabis businesses from certain sensitive land uses. Item passed 6-0 (Recusal; Salinas)
- Amend Zoning Ordinance related to a reduction of the overconcentration buffer from 1,000 feet to 500 feet for commercial cannabis retail

dispensaries. Item passed 5-1 (Recusal; Salinas, Nay; Halliday)

Legislative Business:

- Introduction of the Hayward Community Foundation Concept. Item passed 7-0
- Adoption of proposed revisions to the council member handbook section on "Order of Business related to Council Reports, Referrals and Future Agenda Items". Motion to move the item with various changes passed 5-2 (Nay; Salinas, Wahab)

City Manager Comments:

• The police chief announced his retirement effective July 1.

The search for a new chief will begin in the next few weeks and community input will be encouraged

- On March 21 there will be a housing task force meeting. Location TBA
- On April 6 there will be a housing workshop from 9:30 a.m. – 12:30 p.m. Location TBA

Council Reports: • Councilmember Salinas

- Councilmember Salinas thanked the maintenance director
- Councilmember Zermeno announced a Latino Business Roundtable meeting on Friday, March 22, at 8:30 p.m. at St. Rose Hospital
- announced a beautifying project at Portuguese Park
- Councilmember Marquez announced an East Bay Clean Energy meeting at Matt Jimenez Community Center on March 28, 5:30 p.m. 6:30 p.m. with Spanish presentation 7 p.m. 8 p.m.
- Councilmember Marquez announced a Cesar Chavez celebration at City Hall on March 30 from 11 a.m. – 1 p.m.

Mayor Barbara Halliday Aye,
1 Nay
Sara Lamnin Aye
Francisco Zermeno Aye,
1 Nay
Al Mendall Aye
Elisa Marquez Aye
Mark Salinas Aye, 2 Nay

Santa Clara County supports bill requiring suicide prevention plans

SUBMITTED BY JANICE ROMBECK

The Santa Clara County Board of Supervisors is supporting a State Senate Bill that would require counties across California to develop a suicide prevention strategy focused on children age 18 and under. The board voted unanimously at the March 19 meeting to send a letter of support for State Senate Bill 331 introduced by Senator Melissa Hurtado and sponsored by Senator Jim Beall and Assemblymember Marc Levine. Only six other counties have adopted suicide prevention plans: Contra Costa, Fresno, San Diego,

San Mateo, Solano and Tuolumne.

"We've seen the success of Santa Clara County's suicide
prevention plan, and we want to send the message that all counties
need to be following our lead," said Supervisor Dave Cortese.

"Suicide prevention doesn't just happen," Vic Ojakian, co-chairman of Santa Clara County Suicide Prevention Advisory

Committee, said in an interview. "And it's a public safety issue as much as it is a public health issue. We all need to be involved. There needs to be a concerted effort by many people, especially our government."

Features of Santa Clara County's plan include:

Running crisis intervention services, such as the Suicide and Crisis Hotline.

Running public education and outreach campaigns to encourage people to seek help when they need it.

Promoting safe and effective messaging and reporting in the media. Training community members to identify and support others who

are in crisis.

Working with County schools to strengthen suicide crisis response and prevention.

Implementing policies that are supportive of suicide prevention.
Collecting data and evaluating activities to monitor and strengthen program efforts.

OPINION



WILLIAM MARSHAK

Madeline Kahn, playing the role of dance hall singer Lili von Shtupp in the Mel Brooks Old West parody, Blazing Saddles (1974), says it best – although in a different context - when expressing the sheer exhaustion of doing the same thing over and over with minimal or non-existent results. Asked to perform endlessly without reward, her frank and direct criticism is easily translatable to many tasks done under extreme stress or poor work conditions. Lili complains to an understanding audience of cowboys...

I'm tired
Tired of playing the game
Ain't it a crying shame
I'm so tired

Tired people do not always make good decisions. There are professions - elite combat units, police, fire, trauma specialists, hostage negotiators, etc. - that demand decisive action in abnormal circumstances. Those expected to perform under brutal conditions are typically trained to endure and respond in a controlled, rational manner even as chaos reigns around them. Few, if any candidates for these professions, unable to contain erratic behavior under such trying circumstances, are allowed to continue training regimens. Even highly skilled individuals with extraordinary personal reserves can make mistakes when pushed beyond their physical and/or psychological limit. The rest of us, including city councilmembers, probably have a much lower tolerance.

In the Fremont City Council meeting of March 19, 2019, the primary public controversy on the agenda was consideration of a mixed-use project

Tired People

proposed by Silicon Sage for a significant portion of the Centerville District.

Arguments initially centered on a split decision about retention of the old firehouse on Fremont Boulevard.

The Historical Architectural Review Board voted to keep the structure while Planning Commissioners voted to allow demolition.

With a large crowd and 60 speakers, the meeting, preceded by an earlier council work session on the Capital Improvement Program, was lengthy. A group of residents patiently waited to discuss a paving/restriping controversy on Rancho Arroyo Parkway. Following almost three hours of the regular council meeting, the developer and public speakers - pro and con - had spoken. It was time to hear councilmember comments. Council chambers were tense as a decision was nearing on this significant development. Valid arguments had been presented for both sides of the controversy surrounding the firehouse and questions about the composition and location of design elements surfaced as well. Concessions were made to include streetscape improvements and memorializing recently deceased former Fremont Fire Chief and Planning Commissioner Daniel Lydon. The impact of train whistle sounds would also emerge as a consideration.

However, through all of the earnest debate, a statement by Councilmember Vinnie Bacon as the regular council meeting closed in on three hours (four hours if the work session time is included) was a definite indication of frayed edges. Prefacing his comments by saying, "There is no easy way for me to say this," a tirade followed castigating the developer who "has gone to our youth and said we must destroy history in order for you to have a place to hang out." The implication was clear that the councilmember was convinced that youth who came to the council meeting on a

school night were unable to form their own opinions and had been misled "to speak like this... I am appalled!"

Both implied and explicit in his following statement, Bacon said that students had been coerced to support demolition of the firehouse. He admonished the developer saying, "Don't make them say we must destroy history to get there." It is interesting that the same admonition was not directed to adults in the audience even though there were many speakers who expressed the same opinion. Why are our youth, who take time to attend a council session late on a school night, to express an opinion, not worthy of the same deference accorded to others?

Resident involvement, no matter what age, in issues of civic responsibility should be applauded and encouraged. Honest disagreement can be debated and a lesson learned about the value of reasonable discourse and convincing through logic rather than moral outrage when someone does not agree with you. Although it may be impossible to accurately predict the length of council meetings when a "hot" topic arises, long meetings are inevitable. However, important decisions and dialogue depend on clear, rational thought and action. Not only does this apply to city council meetings, but other managing boards as well (school boards, are you listening?). Is it better to reach a decision in the fog of fatigue or examine time management practices and reserve judgement for another session with alert, informed council/board members?

Mallan Manhall

William Marshak
PUBLISHER



PUBLISHER
EDITOR IN CHIEF
William Marshak

DIRECTOR OF OPERATIONS
Sharon Marshak

PRODUCTION
Claire Camaclang
OFFICE ADMINISTRATOR
Gail Hansen

David R. Newman

BOOKKEEPING

Vandana Dua

Delivery Manager
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INTERNS
Toshali Goel
Zoya Hajee
Dhanika Pineda

PHOTOGRAPHERS Mike Heightchew Don Jedlovec

APP DEVELOPER WEB DEVELOPER AFANA ENTERPRISES David Afana

LEGAL COUNSEL
Stephen F. Von Till, Esq.

ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE®™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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Cynthia L. Rawlings-Deil

RESIDENT OF SUNOL January 22, 1959 - March 24, 2019

Gloria Antoinette Bullard RESIDENT OF UNION CITY March 21, 2019

Sue Ung Lim RESIDENT OF FREMONT December 4, 1918 - March 16, 2019

Meriyildo Sira RESIDENT OF NEWARK April 13, 1931 - March 15, 2019

Brady Shannon Leyva RESIDENT OF TRACY March 9, 1979 - March 7, 2019

"Bud" Carl Rudolph Swanson, Jr. **RESIDENT OF FREMONT**

June 13, 1930 – March 13, 2019

Cheuk Bor Li RESIDENT OF FREMONT October 31, 1939 - March 7, 2019

Kenneth Edward Wagner RESIDENT OF CONCORD October 5, 1985 - March 5, 2019 Chapel of the ${f A}$ ngels

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

> **Isabel Kelly** RESIDENT OF FREMONT June 4, 1925 - March 21, 2019

Oscar Santiago Jr.

RESIDENT OF FREMONT October 28, 1984 - March 20, 2019

Elaine Duarte RESIDENT OF FREMONT January 8, 1926 - March 20, 2019

Ah Shaung RESIDENT OF FREMONT

January 25, 1932 - March 20, 2019

Bhavani Pigilam RESIDENT OF FREMONT September 4, 1988 - March 17, 2019

Daniel Lydon RESIDENT OF FREMONT

October 30, 1941 - March 18, 2019 **Henry Besson**

RESIDENT OF FREMONT October 28, 1932 - March 18, 2019

Pragathish Kumar Gopalan RESIDENT OF UNION CITY June 6, 1983 - March 16, 2019

Rebecca Strohl RESIDENT OF SAN LEANDRO April 22, 1962 - March 16, 2019

Man Mohan Bhatia RESIDENT OF UNION CITY May 15, 1950 - March 14, 2019

Suseela Rani Meenakshi Sundaram

RESIDENT OF FREMONT May 05, 1940 - March 14, 2019

Mary "Marie" Maguire RESIDENT OF FREMONT January 30, 1926 - March 13, 2019

Enrico de Santos RESIDENT OF FREMONT August 30, 1972 - March 12, 2019

Manjursi Basu RESIDENT OF SAN RAMON June 25, 1938 - March 11, 2019

Carolina Sternberg RESIDENT OF FREMONT September 1, 1919 – March 5, 2019

Obituary

Kenneth "Kenny" Wagner

Resident to Concord

October 5, 1985 – March 5, 2019

Kenny Wagner was born on October 5, 1985 in Fremont and entered into rest on March 5, 2019 at the age of 33 in his Concord home, which he purchased last year. Kenny grew up in the Niles district of Fremont and graduated from Washington High School in 2003. In order to prepare for his future career in welding, he attended classes at both Las Positas and Chabot Junior Colleges. Kenny worked at a variety of companies while attending college. Upon completion of his welding classes, he was employed by Ferguson Welding and Bay Tech Manufacturing. In 2008, he joined the Jenson Mechanical family performing a job that he loved and working with people he cared about in a position that would be categorized as a millwright.

Kenny had a variety of interests. He was an avid reader of science fiction fantasy, medieval historical fiction, history and trivia books. He enjoyed the Marvel Super Hero movies and comics. Above all else, Kenny was a loyal Raider fan whether it was a good or bad year. He loved attending the games and tailgating with friends and family before the games

Kenny is survived by his loving parents Ken and Kathy



Wagner, his caring sister Jillianne Wagner, her husband Tomas Garcia, his uncles Jay Wagner and Wyn Conefry, his aunts Darlene Wagner and Cinda Conefry, his cousins Mat Conefry, Michael Shuss, Kimberly Shuss and Bernie Conception.

Family and friends are invited to attend A Celebration of Life on Saturday, March 30, 2019 at 11:00 AM at Fremont Memorial Chapel located at 3723 Peralta Blvd., Fremont, CA 94536. Raider attire and company shirts are welcomed. In lieu of flowers, the family prefers donations in Kenny's name to the Raiders Foundation, Niles Essanay Silent Film Museum, and The Niles Canyon Railway.

> Fremont Memorial Chapel 510-793-8900

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

tricityvoice@aol.com

"Bud" Carl Rudolph Swanson, Jr.

Resident of Fremont

June 13, 1930 - March 13, 2019

Carl "Bud" Swanson Jr. at age 88 passed away peacefully March 13th, 2019 with family by his side at Kaiser Hospital in Fremont, CA. Carl was born on June 13th, 1930 to Carl Swanson Sr. and Myrle Bixby in Omaha, Nebraska. Carl was lovingly married to Helen Sharum nearly 57 years, from 1952 until she passed away in 2009. Carl is survived by his sister Carol, brother Ron and his three children, Cindy, Doug and Craig. Carl was a wonderful grandfather to Bridgett, Chris, Michael, Carly, Beth, Amanda and Katie. He was a great grandfather to Sam, Jack, Hayden, Olive, Porter and Henry. Carl and his family were long-time residents in Fremont, California with all the children graduates of Washington High School and a son and



granddaughter graduates of University of California Berkeley. Carl can best be described as a man that could make anyone laugh. If there was a room full of people and he was there you would hear a room filled with laughter. His jokes, story-telling and antics were second to none.

He loved people and he loved nothing more than to make someone smile and laugh and he was so very good at making it happen. If there was ever someone "the life of the party" it would be him. Carl was also a devoted family man, he loved and cared for his family so very much, which included many, many pets along the way. He will be sorely missed by his family, friends and colleagues and so will all his jokes and stories.

A Memorial Service will be held Sunday, March 31, 2019 at 12:00 PM, Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont.

Fremont Memorial Chapel 510-793-8900



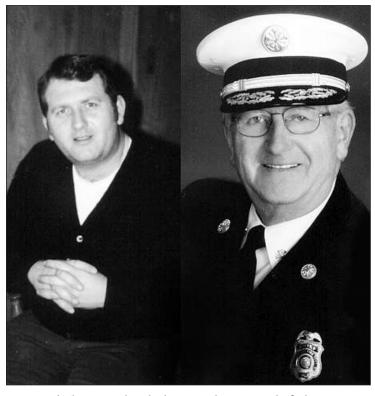
Serving individuals 60+ and their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



Obituary

Daniel Thomas Lydon



Daniel Thomas Lydon died peacefully at home in Fremont on March 18 surrounded by his loving family. Born in Oakland on October 30th, 1941, to James and Joan Lydon (deceased) of County Galway and County Kerry, Ireland. Loving husband of Patricia Smith Lydon for 53 years. Devoted father of Bridget (Dennis) McGrath, Daniel, Kevin (Olivia), Margaret, Michael and Monica (deceased) Lydon. Cherished grandfather of Finn, Margaret, and Claire; Aidan and Elias. Loving brother and brother-in-law to James (Linda), and John Lydon, John and Maureen Brosnan, James Noonan (Claire, deceased), John and Rosemary Smith and Jimmy Smith (deceased). Beloved uncle to numerous nieces, nephews and cousins. Loyal and caring friend to many.

A humble Irish kid from Oaklands Temescal district who rose through the ranks to become chief of the Fremont Fire Department and Retired after 39 years of service to his community. He was the first union president of Firefighters Local 1689 and recipient of numerous professional and community honors and awards. Dan attended Sacred Heart Grammar School, St. Mary s High School, Laney College, and numerous fire service academies. He was honorably discharged from the United States Marine Corps and was a member of St. Joseph s Catholic Church.

Dan never met a stranger and always had time to give a lift-up

to those in need of a boost. He mentored countless applicants for fire service jobs, asking nothing in return but to "pass it on." His generosity had a far reach. He was dedicated to his fellow firefighters, the fire service, the city of Fremont, his many friends, and especially, his family. He was a gifted story teller with a quick wit, in the finest Irish tradition, and could spend hours regaling a captive audience with his tales. That same Irish charm extended to funerals where he comforted countless friends and relatives over the years with a remembered story and consoling word. A kind and gentle Irish soul has gone home. May the road rise to meet you, Danny Boy!

Thanks to the many caretakers of Honors Inc. Kate Uritz, Shamailia and especially Toto. And to the Kaiser Hospice Team for their comforting care to Dan.

Funeral Mass for Family, Saturday, March 30th at St. Joseph's Church, located at 43148 Mission Blvd, Fremont, CA 94539. Visitation 10:00 a.m., Mass 11:00 a.m.

A Celebration of Life. Saturday, April 6th. Held at Harbor Light Church, located at 4760 Thornton Ave, Fremont, CA 94536. Memorial at 2 p.m.

In lieu of flowers, donations av be made to Sister John Marie Pantry, St. Joseph Church PO Box 3276, Fremont, CA 94539 or with St. Jude's Research Hospital

County of Santa Clara accepting grant applications for Fourth of July fireworksa

SUBMITTED BY SANTA CLARA COUNTY PUBLIC AFFAIRS

Government agencies and nonprofit organizations planning to host 2019 Fourth of July fireworks events in the County of Santa Clara may benefit from the grant program the county has established to fund safe and legal community fireworks displays. The county is allocating a total of \$25,000 to sponsor up to two fireworks events in each of the five supervisorial districts (\$5,000 per district). A county panel will review and evaluate submissions and the County of Santa Clara Board of Supervisors will consider panel recommendations and approve grants in May. Grant recipients will be notified and receive funds after the board approval.

Selection Criteria for Fireworks Events:

Must be held in the County of Santa Clara

Must be an existing event, at least in its second year Must include public/fire safety education element(s)

Must be open to any resident in the County of Santa Clara and be family friendly

Must be able to specify how the County of Santa Clara grant award will be used

Government agencies and nonprofit organizations that meet the criteria are encouraged to submit their applications via e-mail by Friday, April 5 to Cynthia Montemayor at cynthia.montemayor@ceo.sccgov.org. For more information, visit https://www.sccgov.org/sites/ceo/Pages/fsi.aspx

Fourth of July Fireworks Grant Deadline: 5 p.m. Friday, April 5 cynthia.montemayor@ceo.sccgov.org https://www.sccgov.org/sites/ceo/Pages/fsi.aspx

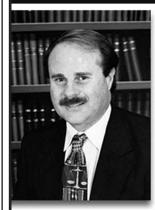
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Deed of Trust **Power of Attorney**

Affidavit of Death of Trustee, Joint Tenant

R. L. JOHNSON ATTORNEY AT LAW

38750 Paseo Padre Parkway Suite B-1, Fremont

M-F 10-7 **Evening & Weekends** By Appointment

Protect older adults from scams

SUBMITTED BY ASSEMBLYMEMBER KANSEN CHU OFFICE

Learn about scams targeting seniors and how to avoid falling prey to them. Assemblymember Kansen Chu on Wednesday, April 17 will host a session, featuring experts from government agencies who will speak on topics such as home improvement projects, identity theft, auto repair, health care fraud and investments. There will be presentations from the California Contractor State License Board and several state and local agencies. Attendees will receive a free canvas tote along with take-home reading material from the

state and local agencies. Light refreshments will also be provided at the free event. To RSVP or for more information, call assemblymember Chu's office at (408) 262-2501 or visit https://a25.asmdc.org/event/upcoming-event.

Senior Scam Stopper Seminar Wednesday, Apr 17 1 p.m. – 3 p.m. Barbara Lee Senior Center 40 N Milpitas Blvd, Milpitas (408) 262-2501

https://a25.asmdc.org/event/upcoming-event **RSVP** necessary

Milpitas City Council

March 19, 2019

Public Forum:

 Students from Milpitas High School's Community Advocate Teens of Today (CATT) and Friday Night Live (FNL), addressed the Council to raise awareness of the dangers of smoking and other forms of substance abuse.



March 2019 was proclaimed as Red Cross Month. Ms. Thu-Thuy Truong, Vice Chair of the Silicon Valley Chapter of American Red Cross received the proclamation.

Presentations:

• March 2019 was proclaimed as Red Cross Month. Ms. Thu-Thuy Truong, Vice Chair of the Silicon Valley Chapter of American Red Cross received the proclamation.

 March 2019 was proclaimed as Women's History Month. Ms. Protima Pandey, Director, Office of Women's Policy, County of Santa Clara was present to receive

Consent Calendar:

- Accept 2018 Emergency Management Performance Grant (EMPG) funds and authorize agreement with Santa Clara
- Authorize purchase of three fire vehicles from National Auto Fleet Group for total of \$127,721.41.
- Award sole source contract to Storm Water Maintenance Services, Inc. (SWIMS) for fabrication, installation, and maintenance of Stormtek Storm Drain Inlet Trash Capture Devices for Trash Removal Devices for \$290,195.
- Authorize projects for FY 2019-20 to be funded by SB 1



Women's History Month March 2019 was proclaimed as Women's History Month. Ms. Protima Pandey, Director, Office of Women's Policy, County of Santa Clara was present to receive proclamation.

Road Repair and Accountability Act of 2017.

- Approved Amendment No. 2 to the Agreement with BMI Imaging Systems to increase the total amount not to exceed \$234,070,35.
- Approved an Amendment with Avolve Software for the purchase of ProjectDox Test System and Assurance Services in the amount of \$35,074.87, resulting in a new total contract amount of \$369,731.07.
- Approved an Amendment to the Agreement with Telecommunications Engineering Associates, a Subsidiary of Daryl D. Jones, Inc. for maintenance and support of Public Safety Dispatch Center Telecommunications System and Analog Radio System.
- Authorized Milpitas Fire Department to submit application to Dept. of Homeland Security for Staffing for Adequate Fire and Emergency Response (SAFER) Grant for the hiring of six Firefighters.
- Received Mayor Tran's recommendation, and moved to reappoint Commissioner Ed Smythe to the Milpitas Veterans Commission to new 3-year term that would expire in February of 2022.

Business Items:

- Approved a Master Funding Agreement between City and VTA for 2016 Measure B Local Streets and Roads Program.
- Approved Amendment to the Consulting Services Agreement with Vali Cooper & Associates/TRC, Inc. to extend the Term to December 31, 2019 to Continue Support on the Silicon Valley Rapid Transit Program Berryessa BART Extension.
- Authorized City Manager to issue a letter of support for Assembly Constitutional Amendment 1 (Aguiar-Curry, D): Local government financing: affordable

housing and public infrastructure: voter approval to state legislators and representatives at League of California Cities.

Community Development:

• Received report from Deputy City Manager Steve McHarris and consultant Courtney Ramos of Matrix Consulting Group, on the Community Development Service Area - Service Delivery/Organizational Assessment and Fee Study. Council members commented favorably about adjusting fees and improving permit processing timeframes. Council member Phan made a request for staff to come back to Council to consider adding position of Zoning Administrator.

Public Safety:

• Received report from Police Chief Armando Corpuz, on the consultant's Police Staffing Assessment and Operations Report, completed by the Center for Public Safety Management.

Leadership and Support Services:

• Adopted Resolution amending the Classification Plan Salary Ranges for public safety unrepresented management positions. Approved to tie in the Milpitas Police Officers Association (MPOA) and International Association of Fire Fighters (IAFF) salary increases to Unrepresented Police and Unrepresented Fire Management to their respective bargaining units beginning with next upcoming MOU increases and until expiration of current MOUs. Motion included retroactive pay, upon review by the City Attorney of legality of such action.

Rich Tran (Mayor) Aye Karina Dominguez (Vice Mayor) Aye

Carmen Montano Aye Bob Nunez Absent Anthony Phan Aye

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– Douglas Adams



Brenda Avilla-Kintz

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Solutions for Changing Lives

The Adobe Art Gallery and PhotoCentral present their

Spring Shows

SUBMITTED BY
ADOBE ART GALLERY &
PHOTOCENTRAL

The Adobe Art Gallery and PhotoCentral present their spring shows in a cooperative exhibit that celebrates the Hayward Area Recreation and Park District's (HARD) 75th anniversary. This exhibit of Bay Area artists

Alan Rubinstein, Allen Fletcher, Allen McKinney, Andrew Detsch, Angelo Rolando, Arlyn Christopherson, Arnold Clayton Henderson, Austin Brewin, Bill Moy, Brad Baldwin, Bruce Finocchio, Bruce Folck, Catherine Duggan, Dannette Petersen, Denise Cicuto, Denise Kreuzer, Elizabeth Opalenik, Elizabeth Zuckerman, Frances Williams, Geir Jordahl, Gene



embodies HARD's mission, which is to enrich the quality of life for our community by providing a variety of recreation activities, parks, and facilities that promote health and wellness, learning, and fun.

Opening Saturday, March 30 and running through Saturday, May 11, this eclectic group show features a wide variety of works from over 70 artists in two exciting galleries. Artworks in the exhibit are inspired by community, relationship, inclusivity, environment, stability, celebration, longevity, sustainability, nature, public, free, space, parks, performance, recreation, HARD programs or facilities. A variety of two- and three-dimensional media including acrylic, watercolor, clay, photography, fiber arts, and works on paper will be on view.

Participating artists include: Aaron Francis Constantino,

Dominique, Glenn Hemanes, Hans Bergmann, Hollie Adamic, Philip Denst, Jagruti Bhikha, Jeff Fletcher, Jessica Judd, Jo-Ann Maggiora Donivan, Joe Decker, John Chatoian, John Thacker, Juanita Hemanes, Kate Jordahl, Kyle Hurlbut, Larry Chan, Larry Lagin, Laura Kenny, Leah Virsik, Lisa D'Alessandro, Lois Elling, Margaretta Mitchell, Majid Sotoodeh, Mark DeWeese, Mark Overgaard, Michael Stewart, Ulysses Duterte, Nancy Albury, Nasim Moghadam, Oliver Klink, Patricia Doyne, Phillip Garbutt, Renea Turner, Richard Man, Rita Sklar, Ronald Hasemeyer, Russell Foote, Steve Rentmeesters, Susan Hillyard, Kay Athos, Chelsea Tikotsky, Susan Quinn, Suzanne Lacey, Terry Stough, Tom Hicks, Vivian Cromwell, Wendy Hannum, Wenonah Washington, Henan Zhou and more.

There will be free public receptions at both the Adobe Art





Gallery and PhotoCentral Gallery on Saturday, March 30. See over 200 inspiring works, vote on your favorite pictures, and enjoy award, prizes, and gorgeous art. Celebrate with us and take home some great art and memories.

PhotoCentral and Adobe Galleries offer quality artwork in their galleries and outstanding facilities for the dedicated artist with classes, workshops, studios, and darkrooms. Expand your creativity in a supportive community! For more information, contact PhotoCentral at (510) 881-6721 or visit www.photocentral.org, contact the Adobe Art Gallery at (510) 881-6735 or visit https://haywardrec.org/783/Adob e-Art-Gallery.

Celebrating HARD at 75!
The 2019 annual
Spring Exhibition
Saturday,
Mar 30 – Saturday, May 11
Upstairs gallery:
Monday – Friday,
9 a.m. – 5 p.m.
Downstairs gallery:
Monday, 5 p.m. – 10 p.m.,
Tuesday & Thursday, 10 a.m. –
1 p.m.

Reception: Saturday, Mar 30 2 p.m. – 5 p.m.

PhotoCentral Gallery 1099 E St, Hayward (510) 881-6721 www.phtotocentral.org

Spring Open Exhibition: Celebrating HARD at 75 Saturday, Mar 30 – Saturday, May 11 Thursday – Saturday, 11 a.m. – 3 p.m.

> Reception: Saturday, Mar 30 1 p.m. – 3 p.m.

Adobe Art Gallery 20395 San Miguel Ave, Castro Valley (510) 881-6735 https://haywardrec.org/783/Ad obe-Art-Gallery



Information found in 'Protective Services' is provided to public "as available" by public service agencies police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative

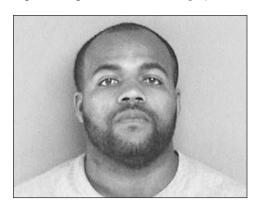


Felon with assault rifle nabbed by police

SUBMITTED BY San Leandro PD

A call to police from a downtown San Leandro business about a customer attempting to use a fraudulent credit card turned out to be a bigger case then police initially anticipated.

During the afternoon of Monday, March 18 officers arrived at the paint store and began talking to a woman that employees



Daniel Lamar

suspected of trying to use a fraudulent credit. Also present was the woman's boyfriend, later identified by police as Daniel Lamar, 30, of Oakland.

A check by officers showed that Lamar was on probation for a previous firearm violation. During the investigation, officers searched Lamar's vehicle and found a loaded subcompact assault rifle with a "banana" style high capacity magazine. The weapon was loaded with 39 rounds of ammunition.

Lamar is a convicted felon with a criminal history in four counties that include Los Angeles, Stanislaus, Sacramento, and Alameda. Lamar is currently on probation for a weapons-related arrest last year in Alameda County.

"The weapon that was located by our officers is capable of causing serious harm," said San Leandro Police Lieutenant Isaac Benabou. "This is a weapon designed for war, but yet found in the possession of a convicted felon in our community. Thankfully it has been taken out of the hands of a dangerous individual."

The Alameda County District Attorney charged Daniel Lamar with three felony crimes and one enhancement charge. Lamar remains in custody at Santa Rita Jail in Dublin. The woman involved in the case was not arrested as the business declined to press charges.

Car seat safety check-up planned

SUBMITTED BY UNION CITY POLICE DEPARTMENT

For new parents, choosing a safe and reliable car seat for their child is an important task. But what safety features are included with car seats and what's the best way to install one?

Those are common questions, and help is available. On Saturday, April 6 a free car seat check-up event will be held in the parking lot of the Walmart store in Union City. During the two-hour program, which starts at 10 a.m., certified car seat technicians will teach parents how to properly install a car seat in their vehicle and verify proper harness placement on their children. Parents will also learn what steps to take with a car seat as their child grows.

The program is jointly sponsored by Safe Kids Alameda County, Union City Police Department, the California Highway Patrol and Walmart. Because space is limited, appointments are suggested and can be made for 10:00 a.m., 10:40 a.m. and 11:20 a.m. by calling (510) 618-2050.

> Saturday, Apr 6 10 a.m. - 12 noon Walmart parking lot 30600 Dyer St., Union City (510) 618-2050 Free; appointments suggested

Car Seat Check-up

Hayward Police Log

SUBMITTED BY HAYWARD PD

Thursday, March 21

• At about 9:00 p.m. police responded to a report about a man with a gun in his waistband at an outdoor carnival at Southland Mall. The man reportedly ran through the crowd toward the I-880 freeway. As a precaution, the carnival was evacuated while police, with assistance from the California Highway Patrol, searched for the man. He was located walking on State Route 92 which authorities temporarily shut down. The suspect was taken into custody and the gun was found nearby on the ground. There were no injuries and the carnival was reopened.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Friday, March 15

- Officers responded to a report of a man brandishing a firearm at a victim who confronted him after the man bumped the victim's vehicle while trying to park his vehicle in a lot near Fremont Boulevard and Mowry Avenue. The 20-year-old suspect was detained and told officers the firearm was inside his vehicle. The victim identified the suspect who was arrested and booked into the Fremont jail on charges of brandishing a firearm.
- Five auto burglaries occurred between approximately 8:00 p.m. and 9:50 p.m. in the Warm Springs area. Two burglaries were reported at the Marina Market parking lot, two on the 46800 block of Warm Springs Boulevard and one on the 46900 block of Warm Springs Boulevard.
- Officer Rodarte responded to a report of a collision on Osgood Road, just south of Auto Mall Parkway where a driver said she was struck by another vehicle. The other vehicle stopped at a gas station, but then fled without providing the victim with any information. The female victim sustained leg injuries requiring hospital treatment. Traffic Investigator M. Ramsey is conducting a follow up investigation for felony hit and run.
- Officer Degenstein made a traffic stop near the area of Capitol Avenue and Paseo Padre Parkway.

A check showed that the driver, a 32-year-old man, was on searchable probation. He was arrested on suspicion of possessing a controlled substance and driving on a suspended license.

Saturday, March 16

• A victim called to report their parked vehicle was burglarized by an unknown suspect who drove a green Chrysler 300 in the 3300 block of Mowry Avenue. The victim threw a cinder block through the rear window of the suspect's vehicle as it fled the area. A short time later, officers located the suspect vehicle and arrested the driver near Peralta Boulevard and Paseo Padre Parkway.

Sunday, March 17

- Officers responded to a report about a person possibly brandishing a knife while arguing and threatening customers at a business in the 3900 block of Washington Boulevard. Officers stopped and arrested the suspect as he was leaving the business.
- At about 6:15 p.m. officers responded to report of an injury traffic collision on Central Avenue near Blacow Road. A male driver, later identified by police as Juan Martinez, 47, of Newark, was



Juan Martinez

driving eastbound on Central Avenue when his minivan went over the center median and collided head-on with a Honda Civic traveling westbound. Martinez exited his vehicle and fled the scene on foot. A female passenger in the Honda, later identified by police as Erlinda Domingo, 70, of Newark was fatally injured in the crash, while the 69-year-old male driver sustained non-life threatening injuries. Officers searching the area eventually found the suspect attempting to hide in the rear yard of a residence on Briarwood Drive. He showed signs of intoxication and was arrested on various charges including felony hit and run with injury and DUI. Murder charges were later filed by the Alameda County District Attorney. Martinez remains in custody and an investigation is continuing.

• At 8:23 p.m. officers were dispatched to a fight and injury collision on Mission Boulevard, near Nursery Avenue in the Niles Area. Several callers reported an argument and fight involving three people in the roadway. Arriving officers found a large collision scene and a badly beaten and unconscious male lying on the sidewalk. The man was taken to a trauma center with visible head injuries. Officers learned the drivers of two vehicles became involved in a road rage incident and two vehicles crashed. After stopping, two men (a father and son) exited their vehicle and beat the driver of the other vehicle. The two men, ages 52 and 21, were both arrested and booked at Santa Rita jail on suspicion of felony assault.

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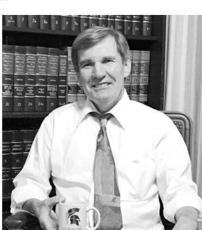
STEPHEN F. VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty, Santa Clara University School of Law 1987 Editor, University of Illinois Law Review California Supreme Court Cases

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Sale of City Surplus Property Sealed Bid Auction

Sealed Bid Opening* will be held publicly at the Finance Department of City of Fremont 3300 Capitol Avenue, Building B, Fremont, CA 94538 at 10:00 A.M. PST on Thursday, April 11, 2019

37697 Third Street, Fremont, CA Portion of APN 507-0320-001-00

1,152 \pm s.f. home with 3 bedrooms and one bath Lot: 6,050 \pm s.f.

Zoning: R-1-6 Deed Restriction: any future home is limited to one-story or 18 feet high

Minimum Bid: \$800.000.00 Close of Escrow: 45 days (Estimated Close of Escrow: June of 2019)

Commission to Buyer's Agent: 2% of the Purchase Price

Open Houses: 3/19/19 (Tuesday) from 11:30 a.m. to 1:30 p.m. 3/28/19 (Thursday) from 2 p.m. to 4 p.m. 4/4/19 (Thursday) from 11:30 a.m. to 1:30 p.m.

Submit Sealed Bids to:

City of Fremont Finance Department / Purchasing Division at 3300 Capitol Avenue, Building B, Fremont CA 94538 no later than 10:00 A.M. on 4/11/2019

A \$8,000 bid deposit and a proof of funds are required with the sealed bid Bids submitted after 10:00 A.M. on 4/11/19 will not be considered

*An oral bid auction will be held immediately after the sealed bid opening if the City receives written bids that result in a tie. Only the highest bidders who made the same offer will be allowed to participate.

For full details, please visit https://fremont.gov/2554 Contact: Eva Ip, Real Property Agent (eip@fremont.gov)

CNS-3229979#

Registrant(s):

Registrant(s):

successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happening Tri City Voice Date: February 22, 2019 WYNNE S. CARVILL Judge of the Superior Court 3/5, 3/12, 3/19, 3/26/19

FICTITIOUS BUSINESS

NAMES

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556767
Fictitious Business Name(s):
All Finished Handyman Services, 38215
Fremont Blvd #4, Fremont CA 94536, County of Alameda

of Alameda Mailing Address: P.O. Box 494, Fremont CA 94537

94537
Registrant(s):
Angela Duron, 38215 Fremont Blvd #4, Fremont CA 94536; California Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Angela Duron, Owner
This statement was filed with the County Clerk of Alameda County on March 20, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556084
Fictitious Business Name(s):
Classic Diner, 39403 Fremont Blvd., Fremont
CA 94538, County of Alameda
Registrant(s):

Registrant(s): Emasa Inc., 39403 Fremont Blvd., Fremont CA 94538; California Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

the fictitious business name(s) listed above on NIA I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is! Munkhsaruzi Baklouchev, CEO
This statement was filed with the County Clerk of Alameda County on March 6, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555955
Fictitious Business Name(s):
Neuroacupuncture Health Center, 39243
Liberty Street, Fremont CA 94538, County of
Alameda

Alameda Registrant(s): Jinhuan Yue, 37654 Argyle Rd. #A, Fremont CA 94536

Registrant(s):
Jinhuan Yue, 37654 Argyle Rd. #A, Fremont CA
94536
Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on
3/04/2019
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Jinhuan Yue
This statement was filed with the County Clerk of
Alameda County on March 4, 2019
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
1421, 4/9, 4/16/19
CNS-3235579#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 556599 Fictitious Business Name(s): Star Electricals, 33635 7th St, Union City, CA

irdeep Singh, 33635 7th St, Union City, CA

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Office Tribusand collars [51,000].)

//s/ Gurdeep Singh, Owner

This statement was filed with the County Clerk of Alameda County on March 18, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

94587, County of Alameda

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

Registrant(s)

CNS-3235581#

CNS-3235580#

CNS-3235579#

CNS-3226973#

NOTICE OF PUBLIC HEARING CITY OF FREMONT PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, APRIL 11, 2019, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD APPEAR AND BE HEARD.

ALSION MONTESSORI - 750 Wither-ly Lane - PLN2018-00344 - To consider a Conditional Use Permit Amendment to allow an increase in students from 40 to 90 for an existing private school in the Mission San Jose Community Plan Area and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities. Project Planner – Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

DHAM FAMILY ABODE - 45162 Rutherford Terrace - PLN2019-00116 - To consider a Discretionary Design Review Permit to allow construction of a new 9,270-square-foot two-story single-family home on a vacant 0.5-acre lot in the Mission San Jose Community Planning Area, and to consider a categorical exemption and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15303, New Construction of Conversion of

Small Structures. Project Planner – Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

PACIFIC COMMONS DEVELOPMENT AGREEMENT REVIEW - 43956 Pacific Commons Boulevard - PLN2019-00222 - To consider an annual review of the Pacific Commons Development Agreement for the approximately 840 acres of land west of Interstate 880, between Auto Mall Parkway and Cushing Parkway in the

Mall Parkway and Cushing Parkway in the Bayside Industrial Community Plan Area, and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15378 as the annual review does not meet CEQA's definition of a "project." Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public described in this notice written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

KRISTIE WHEELER, SECRETARY FREMONT PLANNING COMMISSION



CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG19008950
Superior Court of California, County of Alameda
Petition of: Vivek Nana Sonawane and Smita
Chandrakant Dhainje, on behalf of Soham Vivek
Sonawane, a minor for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Vivek Nana Sonawane and Smita

Petitioner Vivek Nana Sonawane and Smita Chandrakant Dhainje, on behalf of Soham Vivek Sonawane, a minor filed a petition with this court for a decree changing names as follows:

Soham Vivek Sonawane to Vihaan Vivek Sonawane

for a decree changing names as follows: Soham Vivek Sonawane to Vihaan Vivek Sonawane to Vihaan Vivek Sonawane to Vihaan Vivek Sonawane to Vihaan Vivek Sonawane to The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 4/19/2019, Time: 11:00 am, Dept.: 17
The address of the court is 1221 Oak Street, 3rd FI, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: March 01 2019
Wynne S. Carvill

Date: March 01 2019

Wynne S. Carvill Judge of the Superior Court 3/12, 3/19, 3/26, 4/2/19

CNS-3230590#

ORDER TO SHOW CAUSE

FOR CHANGE OF NAME
Case No. HG19007921
Superior Court of California, County of Alameda
Petition of: Tiffany Latoya O'Neal for Change

TO ALL INTERESTED PERSONS: Petitioner filed a petition with this court for a decree changing names as follows:
Tiffany Latoya O'Neal to Fatima Maree

Muhammed
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show

court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: 3-29-19, Time: 11:00 a.m., Dept.: 17
The address of the court is 1221 Oak St., Oakland CA Oakland, CA A copy of this Order to Show Cause shall be published at least once each week for four clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3234931#

CNS-3234931#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555876
Fictitious Business Name(s):
Danarie, 1452 N. Vasco Rd #376, Livermore, CA 94551, County of Alameda
Registrant(s):
Marie L Romero, 1796 Whipoorwell Ct, Livermore, CA 94551 Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

Is/ Marie L. Romero, Executive Director
This statement was filed with the County Clerk of Alameda County on March 1, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3233403#

FICTITIOUS BUSINESS

File No. 556489
Fictitious Business Name(s):
510 Towing, 36000 Spruce St, Newark, CA 94560, County of Alameda

3-13-19 declare that all information in this statement

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jose Israel Resendiz
This statement was filed with the County Clerk of

one thousand collars (\$1,001-) (\$i/s) Jose Israel Resendiz
This statement was filed with the County Clerk of Alameda County on March 13, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

Mailing Address: 3700 Beacon Ave., #270, Fremont CA 94538 Registrant(s): Frank A. Lee, 3700 Beacon Ave., #270, Fremont CA 94538

Fregistrant(s):
Frank A. Lee, 3700 Beacon Ave., #270, Fremont CA 94538
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
//s/Frank A. Lee
This statement was filed with the County Clerk of Alameda County on March 5, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3233400#

Registrant(s): Parminder Gill, 36047 Pizarro Drive, Fremont CA 94536

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Parminder Gill, Owner This statement was filed with the County Clerk of Alameda County on March 14, 2019 NOTICE: In accordance with subdivision (a)

Alameda County on March 14, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/26, 4/2, 4/9, 4/16/19

CNS-3233399#

CNS-3233399#

FICTITIOUS BUSINESS NAME STATEMENT File No. 556446

Fictitious Business Name(s):

Grocery Outlet of Fremont, 4949 Stevenson Blvd. Ste. F, Fremont, CA 94538, County of

Registrant(s): Suppiah Gajendran, 1932 Rheem Dr., Pleasanton CA 94588; California

CA 94588; California Srirajini Murugesapillai, 1932 Rheem Dr., Pleasanton, CA 94588; California Business conducted by: married couple The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

In is statement was filed with the County Clerk of Alameda County on March 13, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/19

The filing of this statement does not of itself authorize the use in this state of a fictitious

CNS-3232697#

Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 4/9/14
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Barry Lee Bailey, Owner This statement was filed with the County Clerk of Alameda County on February 28, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/19

FICTITIOUS BUSINESS NAME STATEMENT

Registrant(s): Tirath Singh, 4081 Park Center Ln., #A, Fremont

CA 94538
Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on

is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

flied before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/19, 3/26, 4/2, 4/9/19

CNS-3232541#

CNS-3232541#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556153
Fictitious Business Name(s):
VEE Sports, 36535 Mulberry St., Newark CA
94560, County of Alameda
Registrant(s):
Colts Soccer Academy, 4141 Deep Creek Rd Spc
76, Fremont CA 94555; California
Business conducted by: a Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Fernando Calmenares, President
This statement was filed with the County Clerk of
Alameda County on March 7, 2019
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
3/19, 3/26, 4/2, 4/9/19

CNS-3232219#

FICTITIOUS BUSINESS NAME STATEMENT File No. 556282

Proper Cuts, 37457 Niles Blvd, Fremont, CA 94536, County of Alameda Registrant(s):
Sabrina Baptista, 4152 Springlake Dr., San Leandro, CA 94578
Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Sabrina Baptista, Owner
This statement was filed with the County Clerk of Alameda County on March 11, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

the residerice aduress of a logistic new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/19, 3/26, 4/2, 4/9/19

CNS-3231889#

FICTITIOUS BUSINESS NAME STATEMENT File No. 556246-7 Fictitious Business Name(s):

(1) USA Myanmar Trading, (2) USA Burma Trading, 4284 Othello Dr., Fremont, CA 94555, County of Alameda Registrant(s): Tin Oo, 4284 Othello Dr., Fremont, CA 94555

the fictitiou 08 Mar 19

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

tiled before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3231435#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555721
Fictitious Business Name(s):
Churchill's Trucking, 7075 Camino Tassajara,
Pleasanton, CA 94588, County of Alameda
Registrant(s):

Jose Roman Valencia, 7075 Camino Tassajara, Pleasanton, CA 94588

Jose Roman Valencia, 7075 Camino Tassajara, Pleasanton, CA 94588
Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. /s/ Jose Roman Valencia, Owner This statement was filed with the County Clerk of Alameda County on February 26, 2019 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new incutious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/5, 3/12, 3/19, 3/26/19

CNS-3227660#

CNS-3227640#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555300
Fictitious Business Name(s):
Starbrite Dental, 38350 Fremont Blvd., #103,
Fremont CA 94536, County of Alameda
Registrant(s):
Munira Lokhandwala, DDS PC, 1377 Peralta
Blvd., Fremont CA 94536
Business conducted by: a Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
2000

Business conducted by: a Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
2000
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [S1,000].)
/s/ Munira Lokhandwala, President
Munira Lokhandwala, DDS PC
This statement was filed with the County Clerk of
Alameda County on February 14, 2019
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
3/5, 3/12, 3/19, 3/26/19

CNS-3227574#

CNS-3227574#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 554998
Fictitious Business Name(s):
Mowry Foodmart, 5301 Mowry Ave., Fremont
CA 94538, County of Alameda
Mailing Address: 10106 Linda Ann Pl., Cupertino,
CA 95014
Registrant(s):

Mailing Address: 10106 Linda Ann Pl., Cupertino, CA 95014
Registrant(s):
BW Homestead, Inc., 10106 Linda Ann Pl., Cupertino, CA 95014; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. /s/ Hong Hai Wang, President
This statement was filed with the County Clerk of Alameda County on February 6, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/5, 3/12, 3/19, 3/26/19

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555656
Fictitious Business Name(s):
Berkeley Christian College & Seminary,
35477A Dumbarton Ct., Newark, CA 94560,
County of Aldrees' 207 Ct. Address: 607 Clear Lake St, Danville, Mailing A CA 94506

Registrant(s): Fruth Internat Truth International Mission, 607 Clear Lake St. Danville, CA 94506; CA

Business conducted by: A Corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
02/14/2019

the fictitious business name(s) listed above on 02/14/2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/Timothy Hau, President
This statement was filed with the County Clerk of Alameda County on February 25, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

CNS-3227149#

CNS-3227149#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 554963
Fictitious Business Name(s):
Everest Home Builders, 33729 13th Street,
Union City, CA 94587, County of Alameda Registrant(s): Rodolfo A. Publico, 33729 13th Street, Union City,

CA 9450/ Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on Feb. 6, 2019

the fictitious business name(s) listed above on Feb. 6, 2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Is/Rodolfo A. Publico
This statement was filed with the County Clerk of Alameda County on February 6, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

3/5, 3/12, 3/19, 3/26/19

CNS-3227035#

CNS-3227035#

FICTITIOUS BUSINESS NAME STATEMENT File No. 555342

Registrant(s): Rodolfo Porras Sixtos, 4284 Bora Bora Ave., Fremont, CA 94538

Business conducted by: an Individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement

PUBLIC NOTICES

Registrant(s):
Jose Israel Resendiz Sosa, 36000 Spruce St,
Newark, CA 94560
Business conducted by: An Individual
The registrant began to transact business using
the fictitious business name(s) listed above on

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555986
Fictitious Business Name(s):
Core Performance Chiropractic, 3340 Walnut
Ave., Suite 160, Fremont CA 94538, County of
Alameta

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 556524-25
Fictitious Business Name(s):
1. Ajee Marketing, 2. Gill Exports, 36047 Pizarro
Drive, Fremont CA 94536, County of Alameda
Mailing Address: P.O. Box 2201, Fremont CA
94536
Registrant(<):

CA 94536 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement

Mailing address: 1932 Rheem Dr., Pleasanton CA 94588

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

//s/ Suppiah Gajendran, CEO

This statement was filed with the County Clerk of Alameda County on March 13, 2019

date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555837
Fictitious Business Name(s):
The Window Cleaner, 816 Uinta Ct., Fremont, CA 94536, County of Alameda
Registrant(s):
Barry Lee Bailey, 816 Uinta Ct., Fremont, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 4/9/14

CNS-3232561#

File No. 555896
Fictitious Business Name(s):
Kevin Transport, 4081 Park Center Ln., #A,
Fremont CA 94538, County of Alameda

I declare that all information in this statement

one thousand uollars [91,000].)

/s/ Tirath Singh, Owner

This statement was filed with the County Clerk of Alameda County on March 1, 2019

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk excent as provided in subdivision (b) of

CNS-3232541#

Fictitious Business Name(s):
Proper Cuts, 37457 Niles Blvd, Fremont, CA 94536, County of Alameda

Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on l declare that all information in this statement

Is/ Tin Oo
This statement was filed with the County Clerk of
Alameda County on March 8, 2019
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

14411 et seq., Busines 3/19, 3/26, 4/2, 4/9/19

Fictitious Business Name(s): El Indio Taqueria, 691 W A St., Hayward, CA 94541, County of Alameda; Mailing Address: 384 Winton Ave., Hayward, CA 94544 Peristranytés

is true and correct. (A registrant who declares as true any material matter pursuant to Section

PUBLIC NOTICES

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Rodolfo Porras Sixtos, Owner
This statement was filed with the County Clerk of Alameda County on February 15, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

(CNS-3225791#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 555421-2
Fictitious Business Name(s):
1. 420 Consulting Pros, 2. HVAC Consulting Pros, 40562 Robin St., Fremont, CA 94538, County of Alameda; Mailing Address: 3984 Washington Blvd., #335, Fremont, CA 94538 Registrant(s):
Matthew Donnici, 40562 Patrices

CA 94538

Matthew Donnici, 40562 Robin St., Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Matthew Donnici, President
This statement was filed with the County Clerk of Alameda County on February 19, 2019
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filled before the expiration.
The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1411 et seq., Business and Professions Code). 3/5, 3/12, 3/19, 3/26/19

CNS-3225789#

FICTITIOUS BUSINESS NAME STATEMENT

El Dorado Mexican Restaurant, 384 - 386 Winton Ave, Hayward, CA 94544, County of

Registrant(s):
Rodolfo Porras Sixtos, 4284 Bora Bora Ave ,
Fremont, CA 94538
Leticia Escudero De Porras, 4284 Bora Bora Ave,
Fremont, CA 94538
Business conducted by: Married Couple
The registrant began to transact business using
the fictitious business name(s) listed above on

02-25-2011
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000], /s/ Rodolfo Porras Sixtos, General Parkner

/s/ Rodolfo Porras Sixtos, General Parkner This statement was filled with the County Clerk of Alameda County on February 15, 2019 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filled before the expiration. new fictitious business na filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/5, 3/12, 3/19, 3/26/19

CNS-3225785#

GOVERNMENT

Notice of Public Hearing

The Fremont Unified School District Native American Studies Program is holding a public hearing for parent and community input on the Title VI Indian Education Grant for the 19-20. All parents and teachers of Native American encouraged to attend

Date: April 10, 2019 Time: 6:00 P.M.

Where: Fremont Adult School 4700 Calaveras Avenue Room 20 Native American Museum Fremont, Ca 94538

For more information about the Native American Studies Program, please call 510-797-2681 3/26, 4/2/19

CNS-3235845#

CITY OF FREMONT
SUMMARY OF ADOPTED ORDINANCE NO.
04-2019
AN ORDINANCE OF THE CITY COUNCIL
OF THE CITY OF FREMONT, AMENDING
FREMONT MUNICIPAL CODE TITLE 5,
BUSINESS LICENSES AND REGULATIONS,
CHAPTER 5.30 MINIMUM WAGE, SECTION
5.30.050 EMPLOYEE EXEMPTIONS
On March 5, 2019, the Fremont City Council
introduced the above ordinance amending
Fremont Municipal Code Title 5, Business
Licenses and Regulations, Chapter 5.30 Minimum
Wage, Section 5.30.050 Employee Exemptions.
The amended ordinance exempts employees who
are employed by a non-profit corporation.
This Ordinance was adopted at a regular meeting
of the City of Fremont City Council held March 19,
2019, by the following vote, to wit:
AYES: Mayor Mei, Vice Mayor Salwan,
Councilmembers: Jones, Keng, and Shao
NOES: Councilmembers: Bacon and Kassan
ABSENT: None
A SENT: None
A SETTIN None
A Certified copy of the full text of Ordinance No.
04-2019 as adopted is available for review upon
request in the office of the City Clerk, 3300 Capitol
Avenue, Building A, Fremont.
SUSAN GAUTHIER, CITY CLERK
3/26/19

3/26/19

CNS-3235465#

ORDINANCE NO. 515

ORDINANCE OF THE CITY COUNCIL OF THE CITY OF NEWARK ESTABLISHING A PLANNED DEVELOPMENT OVERLAY DISTRICT AT 6179

ROBERTSON AVENUE (APNs: 092A-2141-102, 092A-2143-039, 092A-2143-040-01, 092A-2143-042)

The City Council of the City of Newark does ordain as follows: Section 1: The City Council of the City of Newark does hereby find and declare that the zoning map amendment embodied in this ordinance is categorically exempt from the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15061(b) (3), which provides that where it can be seen with certainty that there is no possibility that the activity in question may have a significant impact on the environment, the activity is not subject to CEQA. Section 17:39.080 of Title 17 (Zoning) of the City of Newark Municipal Code, the City Council of the City of Newark Municipal Code, the City Council of the City of Newark Municipal Code, the City Council of the City of Newark does hereby find that the zoning map amendment embodied in this ordinance is consistent with the General Plan, necessary to achieve the balance of land uses desired by the City, consistent with the general plan, and to increase the inventory of land within a given zoning district, and promotes the growth of the City in an orderly manner and promotes and protects the public health, safety, peace, comfort, and general welfare of the residents of the City of Newark. Section 3: Effective Date. This ordinance shall take effect thirty (30) days from the date of its passage. Before expiration of fifteen (15) days after its passage, this ordinance shall be published in The Tri-City Voice, a newspaper of general circulation published and printed in the County of Alameda and circulated in the City of Newark.

County of Alameda and circulated in the City of Newark.
The foregoing ordinance was introduced and read before the City Council of the City of Newark by Council Member Bucci at the regular meeting of the City Council of the City of Newark held on February 28, 2019.
This ordinance was read at the regular meeting of the City Council held March 14, 2019. Council Member Bucci moved that it be adopted and passed, which motion was duly seconded, and said ordinance was passed and adopted. AYES: Council Members Bucci, Freitas, Hannon, Vice Mayor Collazo (Dalazo and Mayor Nagy, NOES: None, ABSENT: None, SECONDED: Vice Mayor Collazo, APPROVED: ALAN L. NAGY, Mayor, ATTEST: SHEILA HARRINGTON, City Clerk APPROVED AS TO FORM: KRISTOPHER J. KOKOTAYLO, Interim City Attorney 3/26/19

CNS-3235030#

NOTICE OF PUBLIC HEARING ZONE 2 – SANCTUARY
LANDSCAPING AND LIGHTING DISTRICT NO. 4
CITY OF NEWARK, ALAMEDA COUNTY, CALIFORNIA
The City Council of the City of Newark will conduct a public hearing for the formation of, the improvements to, and the increased maximum assessment rate for parcels within Zone 2 – Sanctuary of Landscaping and Lighting District No. 4, City of Newark, Alameda County, California (the "Zone 2"). At the hearing, the City Council will take public testimony, including protests against the proposed assessment. The public hearing will be held in the Chambers of the City Council, 37101 Newark Boulevard, Newark, California on the following date: April 11, 2019 at or after 7:30 p.m.

The proposed improvements to be funded by the assessment are briefly described as follows: i.The maintenance of an "in-tract" street lighting sys along public streets internal to the Sanctuary

development - Tract 8270 II. The maintenance development – Tract 8270 II. The maintenance of trash capture devices located along the Cherry Street frontage of Tract 8270 III. The maintenance of trash capture devices located along the Stevenson Boulevard frontage of Tract 8270 IV. The maintenance of trash capture devices located within the "in-tract" public rights-of-way V. The maintenance of the landscaping and landscape irrigation system within a future public neighborhood park internal to the Sanctuary development, located north of Dragonfly Street, between Brush Rabbit Avenue and Sea Turtle development, located north of Dragontily Street, between Brush Rabbit Avenue and Sea Turtle Avenue The maximum proposed total assessment for Zone 2 for Fiscal Year 2019/20 is \$74,907.16. The proposed maximum assessment would be divided equally among the residential parcels within Zone 2 for a maximum assessment of \$194.06 for each single-family unit. Maximum assessment rates will be adjusted annually based on the Consumer Price Index or three percent (3%), whichever is greater. For further particulars you may refer to the Resolution of Intention and the Report for the District on file with the City Clerk at 37101 Newark Boulevard, Newark, Canquiries about the improvement proceedings will be answered by the Public Works Director or the Assistant City Engineer at (510) 578-4671. Any interested person may file a written protest with the City Clerk at the address given above at or before the time set for the public hearing. Each protest must contain a description of the property which the citograft interested for some the force the defense. before the time set for the public hearing. Each protest must contain a description of the property in which the signer is interested (property address or Assessor's Parcel Number), sufficient to identify the property. If there is a majority protest, defined as ballots submitted in opposition to the formation of Zone 2 out-weight the ballots submitted in favor of the formation (ballots weighted according to the proportional financial obligation of the affected property), the assessment shall not be imposed. If you challenge the action of the City Council on property), the assessment shall not be imposed. If you challenge the action of the City Council on this matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Clerk at, or prior to the public hearing.

IN ADDITION, THE RECORD OWNER OF THIS PARCEL IS ENTITLED TO VOTE ON THE QUESTION WHETHER THE MAXIMUM ASSESSMENT SHALL BE INCREASED. Dated: February 15, 2019

February 15, 2019

Sheila Harrington, City Clerk, City of Newark, 37101 Newark, Boulevard, Newark, CA 94560 3/26/19

CNS-3233077#

CITY OF UNION CITY NOTICE OF PUBLIC HEARING PROPOSED ISSUANCE OF TAX EXEMPT REVENUE BONDS BY THE INDEPENDENT CITIES FINANCE AUTHORITY FOR THE TOPICS MOBILE HOME PARK (33000 ALMADEN BLVD.)

TOPICS MOBILE HOME PARK (33000 ALMADEN BLVD.)
Notice is hereby given that a public hearing will be conducted by the City Council on April 9, 2019, at or after 7:00 P.M. in the Council Chamber, City Hall, 34009 Alvarado-Niles Road, Union City, California 94587 to consider the proposed issuance by the Independent Cities Finance Authority (the "Authority") of its mobile home park revenue bonds in one or more series in an aggregate principal amount not to exceed \$39.5 million (the "Bonds") pursuant to Chapter 8 of Part 5 of Division 31 of the California Health and Safety Code.
The proceeds from the sale of the Bonds, if any are issued, are intended to be used to make

The proceeds from the sale of the Bonds, if any are issued, are intended to be used to make a loan to Millennium Housing of California, a California nonprofit public benefit corporation, or a related party (the "Owner") to be used to, along with other funds available to the Owner, (i) refund certain revenue bonds previously issued by the California Mobilehome Park Financing Authority, the proceeds of which were loaned to the Owner to finance or refinance the acquisition and renovation of a mobilehome park with the Owner to finance or refinance the acquisition and renovation of a mobilehome park with approximately 544 spaces known as Tropics Mobile Home Park located at 33000 Almaden Blvd., Union City, California (the "Project"); (ii) finance additional renovations to be made to the Project; and (iii) finance certain costs of issuing the Bonds. The Owner will be the owner and operator of the Project.

The Bonds and the obligation to pay principal of and interest thereon and any redemption premium

and interest thereon and any redemption premium with respect thereto do not constitute indebtedness with respect thereto do not constitute indebtedness or an obligation of the City of Union City, the State of California or any political subdivision thereof, within the meaning of any constitutional or statutory debt limitation, or a charge against the general credit or taxing powers of any of them. The Bonds shall be a limited obligation of the Authority, payable solely from certain revenues duly pledged therefor and generally representing amounts paid by the Owner and secured by deeds of trust over the Project.

This public notice is intended to comply with

This public notice is intended to comply with public notice requirements of Section 147(f) of the Internal Revenue Code of 1986, as amended. the Internal Revenue Code of 1986, as amended.
The Project is required to be occupied in part by persons of low and very low income in accordance with California laws and the requirements of Section 145 of the Internal Revenue Code of 1986, as amended.
The purpose of the public hearing will be to receive public comment and recommendations.

receive public comment and recommendations receive public comment and recommendations prior to the City Council acting on the proposed bond issuance. If you cannot attend, you are encouraged to submit written comments and recommendations prior to the public hearing. Comments and questions may be directed to the 34009 Alvarado-Niles Road, Union City, California 94587; Attention: Anna Brown, City Clerk, telephone (510) 675-5448.

CNS-3233004#

PROBATE

NOTICE OF PETITION TO ADMINISTER
ESTATE OF
MICHAEL R. LORENZ, AKA MICHAEL ROY
LORENZ, AKA MICHAEL LORENZ
CASE NO. RP19009610

CASE NO. RP19009610

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Michael R. Lorenz, aka Michael Roy Lorenz, aka Michael A Petition for Probate has been filed by Karin Moore in the Superior Court of California, County

The Petition for Probate requests that Karin Moore be appointed as personal representative to administer the estate of the decedent. The Petition requests the decedent's will and

administer the estate of the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on 04/17/19 at 9:31 a.m. in Dept. 202 located at 2120 Martin Luther King. Jr. Way, Berkeley, CA 94704.

at 2120 Martin Luther King. Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form LeTSO, 4) file filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Harry R. Bruno, 25199 Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Harry R. Bruno, 25199
Campus Drive, Hayward, CA 94542-1117, Telephone: 510/581-8701
3/19, 3/26, 4/2/19

NOTICE OF PETITION TO ADMINISTER ESTATE OF

ESTATE OF
ABIGAIL LAMBERT
CASE NO. RP19009392
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Abigail

creditors, and persons wito finaly otherwise be interested in the will or estate, or both, of: Abigail Lambert

A Petition for Probate has been filed by Abigail Lambert in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Sarina Lambert be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on April 17, 2019 at 9:31 AM in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704-1109.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditior or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative, as defined in section 58(b) of the California Probate.

letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or

personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in

California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal

of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk Attorney for Petitioner: Phillip Campbell, 1970 Broadway, Suite 625, Oakland, CA 94612, Telephone: (510) 832-0742 3/12, 3/19, 3/26/19

CNS-3229850#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-14-

NOTICE OF TRUSTEE'S SALE TS No. CA-14-610521-AL Order No.: 14-0001632-01 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/14/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty. expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JOHN B FREITAS, A/K/A JOHN B FREITAS, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 10/25/2005 as Instrument No. 2005459181 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$515,345.74 at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$515,345.74 The purported property address is: 36549 CEDAR BLVD, NEWARK, CA 94560 Assessor's Parcel No.: 0924-0985-021 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan. com, using the file number assigned to this foreclosure by the Trustee: CA-14-610521-AL. Information about postponements that are very short in duration or that occur close in time to the short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Reinstatement line: (866) 645-7711 Fot 5318 Quality Loan to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-610521-AL IDSPub #0150993 3/12/2019 3/19/2019 3/26/2019

CNS-3229264#

San Leandro **City Council**

March 18, 2019

Recognitions:

- Proclamation declaring March 2019 as American Red Cross Month
- Resolution reappointing Isabel Polvorosa as District 3 Representative to the Library-Historical Commission for term ending December 31, 2022. Item passed 7-0

Public Comments:

• Council asked to expedite mobile home ordinance

Presentations:

• Presentation by Alameda County Industries (ACI)

Consent Calendar:

• Resolution to purchase a lowboy trailer from Cozad Trailer Sales, LLC for an amount not to exceed \$126,117.60.

Calendar passed 7-0 **Items Removed From Consent**

Calendar:



Proclamation declaring March 2019 as American Red Cross Month. L-R: Jay Pimentel, Mayor Cutter

• Amend Administrative Code to permit city elected and appointed officials and city employees the option of planning applications that affect their personal economic interests reviewed by independent third parties. Item passed 7-0

Action Items:

• Amendments to the Medical Cannabis Dispensary Ordinance and the Permitted Commercial Cannabis Activities Ordinance to facilitate adult use sales and to establish a time limitation for commencement of operations. Item passed 6-1 (Nay; Ballew)

• Red Light Photo Enforcement Program. Extend contract with Redflex Traffic Systems for one year; explore alternative options. Passed 6-1 (Nay; Aguilar)

City Council Reports:

- Councilmember Cox attended a San Leandro Improvement Association (SLIA) meeting on Mach 14 where they discussed the budget, the landmark sign, and scooters
- Councilmember Cox attended a Stop Waste meeting on the same day, where they discussed the changing landscape of recy-
- an East Bay Community Energy meeting at the Castro Valley Library • Councilmember Ballew attended an

• Councilmember Hernandez attended

- Alameda County Housing Authority meeting on March 13 • Vice Mayor Lopez was in Washington D.C. from March 10 – March 13 where
- she attended several workshops • Councilmember Aguilar was also in Washington D.C. from March 9 – March 13 where he attended several workshops, including issues on LGBT
- Councilmember Lee was also in Washington D.C. and successfully lobbied on several issues including FCC regulations, and talked with Barbara Lee regarding an upcoming cannabis bill

City Council Calendar and Announcements:

• Councilmember Ballew announced

that he saw some of his fellow councilmembers appear in a weekly government report

- Councilmember Ballew announced a meeting on March 28 at 6pm for the San Leandro Scholarship Foundation
- Councilmember Cox attended the grand opening of the Nest Egg gas station which provides renewable diesel fuel
- Councilmember Cox met with Supervisor Chan to discuss a Home Match program for Alameda County run by COVIA
- Vice Mayor Lopez attended a Por-
- tuguese Immigrant Ceremony on March 9 • Vice Mayor Lopez announced a tour of the Waste Management Wetlands Restoration Project on March 20
- Councilmember Hernandez requested adjournment in honor of the victims in Christchurch, New Zealand
- Councilmember Aguilar announced Latino Achievement Night on March 21 from 6:30 p.m. - 8:00 p.m. at San Leandro High School
- Mayor Cutter also attended the opening of Nest Egg gas station

Council Requests to Schedule Agenda Items

- Councilmember Lee requested that the council officially support HR530. Staff will write a letter
- Councilmember Aguilar requested a resolution to support a national ban on conversion therapy. Item passed 6-1 (Nay; Cutter)

Mayor Pauline Russo Cutter Aye, 1 Nay Vice Mayor Corina N. Lopez Aye Victor Aguilar, Jr. Aye, 1 Nay Ed Hernandez Aye Benny Lee Aye Deborah Cox Aye Pete Ballew Aye, 1 Nay

DUI checkpoint nets

two arrests SUBMITTED BY NEWARK PD

During a recent DUI checkpoint conducted at Thornton Avenue and Newark Boulevard, the Newark Police Department contacted 716 vehicles. Of those motorists stopped, police cited 14 drivers for being unlicensed, towed two vehicles, arrested one driver on suspicion of DUI and another driver on a felony warrant.

The checkpoint took place on Saturday, March 16 from 6:00 p.m. until 2:00 a.m. the next day. DUI Checkpoints are placed in locations based on collision statistics and frequency of DUI arrests. Last year the Newark Police Department investigated seven DUI collisions that killed one person and injured six others.

Drivers caught driving impaired and charged with DUI can expect the impact of a DUI arrest to be approximately \$13,500. This includes fines, fees, DUI classes, license suspension, and other expenses not to mention possible jail time.

Officials from the Newark Police Department would like to remind drivers that "DUI Doesn't Just Mean Booze." Prescription drugs, particularly those with a driving or operating machinery warning on the label, can impair and result in a DUI charge. Marijuana can also be impairing, especially in combination with alcohol or other drugs.

Another DUI/Driver's License Checkpoint and DUI Saturation Patrol will be conducted in Newark in the future as part of the police department's ongoing commitment to take suspected impaired drivers off streets and highways, and ultimately lowering the risk for deaths and injuries.

Funding for this checkpoint was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

COMMUNITY BULLETIN BOARD

FREE INCOME TAX

PREPARATION IRS-Certified

Tax Preparers

\$55,000 or less annual household in-

come. Other restrictions may apply.

NEW HAVEN ADULT SCHOOL

600 G St, Union City

Saturdays - thru April 14

10am - 1:30pm (Closed Mar 9)

Walk-in & self-prep services available

510.574.2020

Fremont

FAMILY RESOURCE CENTER

24 agencies help Tri-City residents

with employment, counseling,

childcare subsidies, housing, legal,

public benefits, health insurance,

workshops & more. Mon-Fri 8-5.

39155 Liberty St, Fremont

510.574.2000 or Fremont.gov/FRC

FREE INCOME TAX PREPARATION IRS-Certified Tax Preparers

\$55,000 or less annual household income. Other restrictions may apply. FAMILY RESOURCE CENTER 39155 Liberty St, Rm #H830 Fremont

Open thru April 12 Wed & Thurs: 4pm - 8pm Fri: 10am - 1pm 510.574.2020

SPARKPOINT FINANCIAL **SERVICES** for Low-Income Residents

FREE financial coaching & services. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120 To register, call 574-2020

League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org

Fremont.gov/SparkPointFRC

Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible

SUPPORT GROUP Fremont Senior Center

40086 Paseo Padre Pwky, Fremont Meets 7pm 4th Monday each month except May, Aug., & Dec. Join us for speakers and discussions with members Call Bob Dickerson 510-552-1232 Barbara Degnegorio 510-693-2884

FREMONT PARKINSON'S

d.degregorio@comcast.net

Is Your Life Unmanageable

Because of Debt?

Are you sick of bouncing checks,

paying late fees, & having creditors

knocking at your door?

You are not alone

DEBTORS ANONYMOUS

www.debtorsanonymous.org

Fri. 7pm St. James Episcopal Church

37051 Cabrillo Terrace Fremont

FREE INCOME TAX PREPARATION IRS-Certified Tax Preparers

\$55,000 or less annual household income. Other restrictions may apply. OHLONE COLLEGE **CAREER CENTER** 39399 Cherry St, Rm #1211, Newark. Tuesdays thru April 9 by appt only.

For appt, call 510.574.2020

DISCOVERY COVE Drop-in Childcare Center Fremont Family Resource Center

Open to the public M-F 8:30-5. Staffed by City of Fremont Rec Dept. Open to well children aged 2-10. \$8/hour per child. 39155 Liberty St, #H850, Fremont. Fremont.gov/FRC Reservations: 510.574.2010

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles **Hayward Airport** Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com

Are you having trouble

controlling the way you eat?

Food Addicts in Recovery Anonymous

WWW.foodaddicts.org

FREE Meetings - Mon. 7-8:30pm

Centerville Presbyterian Church

4360 Central Ave. Rm E204 Fremont

Sat 8-9:30am Holy Trinity Lutheran

Church 38801Blacow Rd. Fremont

510-719-8288

10 lines/\$10/ 10 Weeks **\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities **Announcements** For sale **Garage sales Group meetings** Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

Is Food a Problem For You? **Try OVEREATERS ANONYMOUS**

Do you eat when you're not hungry? Do you binge, purge or restrict? Is your weight affecting your life? No dues, no fees, no weigh-ins, no diets. All are Welcome www.oasaco.org or www.oa.org

ABWA-Pathfinder Chap. American Business Women's Assoc.

510-449-7610

provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org

Prostate Cancer

Please join our support group

for monthly get-togethers to

discuss treatment options

medical breakthroughts, etc.

We meet at Washington Hospital

2500 Mowry Ave. (Room C)

6:30pm

First wednesday each month

call Lonnie Silva 510-783-5121

Meets on the third Tuesday

Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162

CLUB

Are you or a loved one struggling with metal health challenges? You are not alone.

NAMI - The National Alliance on Mental Illness offers Free, confidential classes and support groups We can help. Call Kathryn at

(408) 422-3831 Leave message

510-449-7610 **TRI-CITIES WOMEN'S Bay Area Guide Dog**

Puppy Raisers Looking For Volunteers Interested in giving back to their community Raise a puppy and

change a life! We meet Thursday 7-8pm For more information Call Randy Hollenshead 510-331-4862

Do you get nervous when you have to speak in public? Newark Toastmasters can help

Learn this skill and more in a supportive atmosphere It's FREE to attend Tues 7am-8:10am Newark Library 6300 Civic Terrace Ave., Newark 510-796-3562 or 510-402-8318 www.1118.toastmastersclub.org

Credit & Money Management Workshop Resolve your credit issues & be

A-1 Comm. Housing SVCS

better money managers Every 2nd Saturdays 10am-2:30pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Please register www.a1chs.org or call 510-674-9227

WANT TO WRITE?

Fremont Area Writers helps

Meets 4th Saturdays 2-4 pm

42 Silicon Valley • Rm 115

6600 Dumbarton Circle FMT

Open Mic 4th Mondays 7-9 pm

Suju's on Thronton Ave FMT

2nd Sats Half Price Books 2-4

cwc-fremontareawriters.org

EVERYONE IS WELCOME!

www.fremontcoinclub.org 510-792-1511

FREE PRESCHOOL

Fremont Unified School District offers

FREE preschool for income-eligible families.

The income limits have been raised recently and

more families are qualifying.

Children must be 3-5 years old and toilet trained.

It's a 3-hour class, 5 days per week.

Openings now and throughout the school year.

For information: 510-659-2579 or

preschool@fremont.k12.ca.us

FREMONT STAMP CLUB Meets 2nd Thurs. each month 7pm Fremont Community **Activities Center** 3375 Country Dr., Fremont Collectors of all ages welcome www.fremontstampclub.org/ or call Tom 510-793-9124

FREMONT COIN CLUB

Established 1971

Meets 2nd & 4th Tues 7pm

At the Fremont Elks Lodge

38991 Farwell Dr., Fremont

Guests Always Welcome,

come join us

Sunday Sermon Translations South Bay Community Church welcomes our neighbors

with written sermon translations in Chinese, Spanish and Urdu Message in written translation Sundays 8:00 am South Bay Community Church 47385 Warm Springs Boulevard Fremont, CA 94539 For information and to request another language: 510-490-9500

Free weekly ESL Classes for Adults

Beginning to Intermediate Levels Conversation, Vocabulary, Listening, Reading South Bay Community Church 47385 Warm Springs Blvd Info: eslsbcc@gmail.com or 510-912-1698

Afro-American Cultural & Historical Society

Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 aachstricity.org Welcome!

Fremont Cribbage Club

write12me@gmail.com

Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6PM. at SHAKERS PIZZA at 4075 Thornton Ave., Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.

Become a volunteer driver with LIFE Eldercare

Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org

Do you want to help build our Model Railroad **Layouts & Operate Trains?**

The Tri-City Society of **Model Engineers** Looking for new members Meet Fridays - 7:30pm-9:30 pm Niles Plaza 37592 Niles Blvd., Fremont www.nilesdepot.org or call 510-325-2092

F.U.N. (Fremont, Union City, **Newark) PROGRESSIVES** Join us for pizza and politics

Bronco Billy's Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com

Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm **VETERANS MEMORIAL BUILDING (NILES)** 37154 2nd & E Strets Fremont

AMERICAN LEGION POST 837

Veterans and Active

Let's Do Lunch! Volunteer for **LIFE ElderCare Meals on Wheels**

Mon - Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org

The Tri-Cities **Democratic Forum**

meets every 3rd Wednesday Chadni Restaurant- 5748 Mowry School Rd- in Newark. Resident of Fremont, Union City or Newark. Get involved in the political process, stay informed On local & national issues. Meet like-minded people. Contact President Sean Manalo sean.t.manalo@gmail.com

Wanted: Tenors & Basses Sing with the Mission Peak

Chamber Singers! Rehersals every Tuesday 7:30-9:30PM Irvington Presbyterian Church Concerts: March 9 &10 & May 19 Some singing experience & ability to read music helpful but not required. Contact: info@chambersingers.org 510-356-MPCS (6727)

Newark Cub Scout Pack 441

www.POST837.org

kindergarteners to fifth graders to join our Pack! Meetings are every third Wednesday at 6:30pm at Holy Redeemer Church, 35660 Cedar Blvd, Newark. For more information: pack441cubmaster@yahoo.com

Make a new friend! Be a volunteer friendly visitor with **LIFE ElderCare**

Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org

Native Plant Garden Tour Sunday, May 5 10am-5pm

Go To: bringingbackthenatives.net Get guide choose gardens 35 gardens Fremont-Orinda Self guided-save water \$\$ Lawn conversion = rebates hear expert garden talks this non-profit needs volunteers

Native Plant Sale Sunday, May 5 10am-5pm

San Lorenzo High 50 East Leweling Blvd San Lorenzo Student gardeners = bargains 79+ species 500 + plants East Bay MUD Rep get \$ for lawn conversion rebates experts & Kids activities great Mexican lunch - See: bringingbackthenatives.net

D.R.A.M.A. Ministry New Hope C.F. Church

22110 Montgomery St. Hayward, CA 94541 This is a Christianbased support group for women, 25 & up. www.drama-daughtersin-recovery.org Thursdays, 7 pm to 9 pm

Looking for adventurous

COMMUNITY BULLETIN BOARD

English Conversation Cafe

Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm **Bridges Community Church** 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org

Lions Pancake Breakfast Dawn Breakers Lions Club Saturday, April 6, 8 to Noon

All You Can Eat Pancakes - \$8 Centerville Presbyterian Church 4360 Central Ave, Fremont Children Under 6 Eat Free Help Support Blind, Deaf, & Other Local Needs -=We Serve=

Sunol 4-H Annual Pancake Breakfast **Sunday April 14** 8am-12pm

Sunol Glen Elementary School 11601 Main Street Sunol Adults \$10 - Child \$5

Buon Tempo Italian American Club Family Dinners

1st Tuesday of Month at 7 P.M. at Transfiguration Church in Castro Valley Everyone is welcome: Members \$15/Guests \$20 5-Course dinner Reservations by prior Friday at 510-483-6929 www.buontempoclub.org

MEHS Band & Orchestra FLEA MARKET

4TH Saturday of the month (weather permitting) March throuh October \$20 Cash fee for Vendors Due the day of flea market Set up 6am - 7am - 3:30pm 2300 Panama St. Hayward officialmehsband@gmail.com

A-1 Comm. Housing SVCS 1st Time Home Buyers **Certification Workshop**

Learn the process of shomeownership & What Down Payment Assistance Programs are available for dates & location, go to www.a1chs.org or call 510-674-9227

Do you like learning about history? Are you interested in antiques & collectibles? Meet 2nd Tuesday each month

to share lunch and learn something new. Contact Fran at 510-792-0388 or June Swift (510) 797-5315 or email dieseln@comcast.net

Fremont Prayer Breakfast

Guest Speaker: **Ruthie Bolton** Basketball Player April 12, 2019 Paradise Palace 4100 Peralta Blvd, Fremont www.fremontprayerbreakfast.com Sponsored by Washington Hospital

FREE CONCERT IN FREMONT

International Children's Choir Sun., March 31, 6-7 pm Song, Dance, Spoken Word, Creative Media Presenting the desperate reality of refugee children around the world, and ways you can hlep. South Bay Community Church Free tickets:

sbcccchildrenschoir.eventbrite.com

Adult Day Program

Direct care staff wanted to work with people with developmental disabilities in community-based settings or environment. Must be dependable and own a

vehicle. Background check. Training available

Call (510) 690 -9570

Police chief responds to report about purged records

SUBMITTED BY FREMONT PD

Following recent media reports that the Fremont Police Department purged confidential records before a new law making them open to public scrutiny went into effect, Police Chief Kimberly Petersen issued a public response on March 20 clarifying how the department manages its records.

The law, Senate Bill 1421, allows public access to previously confidential police use-of force records or cases of sexual assault or dishonesty by officers. The measure was signed by Governor Brown in September 2018 and went into effect on Jan. 1, 2019

Here is the chief's response:

Earlier this week, it was reported that the Fremont Police Department destroyed records in bulk dating back to the 1970s. The tone of the report represented the department as trying to "hide decades of police misconduct records." As follow up, I'd like to provide context and clarity to our business practices regarding records management.

First and foremost, the Fremont Police Department is grateful for the partnership and trust we have with our community. For the last several years, our agency has increased



Fremont Police Chief Kimberly Petersen

transparency through formal public information/communications and making ourselves available to our community through expanded community engagement programs.

It is standard practice for government agencies to purge records in accordance with internal policies, as well as State and Federal laws. Record retention policies are approved and set by the City Council and available to the public. As a standard business practice, our department regularly reviews and updates our records management policies and we routinely purge Police Department records based on the council approved retention schedule, including internal affairs documents.

In 2015, the department initiated a review of the records we had in our possession, including but not limited to

police reports, personnel records, digital evidence, officer involved shootings and internal affairs investigations. This was in direct response to storage and space issues and the desire to have a business model and policy consistent with state law. Additionally, with the recent adoption of body-worn cameras, community video and new technology, we are dealing with an enormous amount of digital records, requiring costly storage. This project predated Senate Bill 1421, which was not proposed as legislation until February, 2018, and signed in September, 2018.

In 2017 and again in 2018, we recommended modifications to our retention policy using state law as a baseline to bring consistency to our records management program. These amendments affected various types of documents but did not change the retention schedule for citizen complaints or internal affairs investigations. None of the amendments made were in response to SB 1421 or any other legislative changes. All records purged before and after the amendments were approved by the city attorney and done in compliance with federal and state laws.

As reported by the media, during our clean-up we did locate a handful of old records dating back to the 70s, 80s and 90s. These cases were all adjudicated and they were not responsive to

SB 1421. In addition, purging of these records would have been compliant with policy and law prior to the 2017 and 2018 retention schedule updates.

Senate Bill 1421 requires that files be made available to the public in the following four

1) An incident involving the discharge of a firearm at a person by a peace officer;

2) An incident in which the use of force by a peace officer against a person resulted in death, or in great bodily injury;

3) Any record relating to an incident in which a sustained finding was made that a peace officer engaged in sexual assault involving a member of the public; and

4) Any record relating to an incident in which a sustained finding of dishonesty by a peace officer directly relating to the reporting, investigation, or prosecution of a crime, or directly relating to the reporting of, or investigation of misconduct by, another peace officer or custodial officer, including, but not limited to, any sustained finding of perjury, false statements, filing false reports, destruction, falsifying, or concealing of evidence.

All other internal affairs investigations or personnel records remain confidential files under current law. This was not a case where decades of police officer misconduct files were all

destroyed at the same time. The vast majority of records from the 70s-90s time period were purged years ago in accordance with our retention policy.

Since learning SB 1421 and AB 748 were signed, my staff immediately began working to first identify responsive records, and second, determine the staff and technological resources required to comply with the new state law. Several measures, including a new Digital Records Unit, expansion of our public information program, and a new transparency portal on our web-site are being put into place to comply with these laws.

Since January, the city has received approximately 17 public records act requests in accordance with SB 1421. The city immediately provided preliminary information and responses to many of the requests and intends to begin to providing additional responses to these requests at the end of this week.

The new Transparency Portal (www.fremontpolice.org/transparency) on our website currently includes press releases and will soon be updated with investigative summaries, and audio/video related to officer involved shootings and incidents of public concern responsive to new legislation.

Sincerely, Chief Kimberly Petersen

Lawmaker named finalist for service award

SUBMITTED BY JULIA ALBERSTON

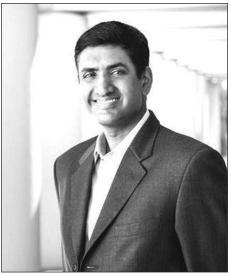
Officials from the Congressional Management Foundation (CMF) recently named Rep. Ro Khanna (D-California) as a finalist for its Democracy Awards. The award program recognizes non-legislative achievement in operations and constituent service by congressional offices and members of Congress. Khanna represents California's 17th district which includes southern Alameda and northern Santa Clara

Khanna is recognized for excellence in the Constituent Service category, which focuses on how an office interacts with and serves constituents, especially how it utilizes and leverages specific, methodical, and consistent processes for achieving measurable results in constituent service.

"Casework and constituent services form the core of our work in Congress," said Khanna. "Located where innovation, intellectual diversity and immigration converge, Silicon Valley rightly demands and deserves the highest caliber level of service our team strives to provide. I deeply congratulate my team for this well-deserved recognition and hard work."

"As a finalist in Constituent Service, Rep. Khanna's office is one of the best in Congress," said Bradford Fitch, President and CEO of the Congressional Management Foundation. "This designation demonstrates that Rep. Khanna has made a significant commitment to being the best public servant for his constituents in California. Rep. Khanna and his staff are to be congratulated for not only being a model for colleagues in Congress, but for helping to restore trust and faith that our democratic institutions can work," he added.

The Office of Rep. Khanna was one of four congressional offices across both chambers of Congress to receive this honor. A committee comprised primarily of former Members of Congress and former congressional staffers will select the two winners (one Democrat and one Republican) for each category. Winners will be announced in May, and a ceremony to honor finalists and winners will be held on June 20.



LETTER TO THE EDITOR

Birthday of a giant

On March 29 we celebrate Cesar Chavez Day (1927-1993), co-founder (with Dolores Huerta) and president of the United Farm Workers. In the minds of many, Chavez deserves a National Holiday.

Chavez was a champion of the downtrodden, human and non-human alike. Unbeknownst to most of his admirers, Chavez was also a vegetarian for ethical (not health) reasons. Following is an excerpt from a letter the great man sent to me in

"Kindness and compassion towards all living things is a mark of a civilized society. Conversely, cruelty, whether it is directed against human beings or against animals, is not the exclusive province of any one culture or community of people. Racism, economic deprival, dogfighting and cockfighting, bullfighting and rodeos are cut from the same fabric: violence. Only when we have become nonviolent towards all life will we have learned to live well ourselves."

Words to live by R.I.P., Cesar. You are sorely missed. Si se puede!

> Eric Mills, coordinator **ACTION FOR ANIMALS**

Page 38 What's Happening's Tri-City Voice March 26, 2019



That's What She Said stand-up comedy show

SUBMITTED BY ROSIE JOSUE PHOTO BY BRESLOW IMAGING

Plethos Productions is taking its show on the road to The Englander Pub in San Leandro. Five fierce, fabulous female comics take the stage at "That's What She Said" for a night of comedy, along with delicious food, wine and beer. Headliner Chelsea Bearce will be joined by Sam Gilweit, Iris Benson, Jeanette Marin, and Susan Maletta on Saturday, March 30.

The event will be hosted by Sol Sister Miya Jones, representing nonprofit women's empowerment nonprofit Sol Sisters (www.solsisters.org). This event will be an opportunity to benefit the work of Sol Sisters in their work with at risk women in the San Francisco Bay Area.

Thank you for supporting your local, nonprofit community theatre company. Your support allows us to create opportunities to present live performances that are as fresh, innovative, and diverse as our community.

Tickets are \$15, at the door or through http://plethos.org/.

That's What She Said
Saturday, Mar 30
7 p.m.
The Englander
101 Parrot St, San Leandro
http://plethos.org/
info@plethos.org
Tickets: \$15

P.E.O.—Helping Women through Scholarships for 150 Years

SUBMITTED BY KAREN L. McCready

Who knew about the treasure trove of funds available through an organization with two active chapters right here in Fremont?

That is P.E.O. (Philanthropic Educational Organization) International, celebrating 150 years of "women helping women reach for the stars." Those "stars" translate into hundreds of scholarships for women every year, offered in a wide array of fields, including licensing programs from accredited institutions, and at undergraduate and graduate levels. P.E.O.'s 5,874 chapters in the U.S. and Canada raise funds through many creative means, publicizing these opportunities mainly through word of mouth.

Three major scholarships are offered at the international level, along with a 2% interest Educational Loan Fund. The international funds require recommendation from a local chapter. For most of the P.E.O. California funds, however, an applicant simply fills out a single online application at peocalifornia.org and checks off the funds for which she is applying, with no chapter recommendation required.

Reading the list of California P.E.O.'s hundreds of scholarships is like discovering a gold mine, just waiting for more of our local area women to mine the bonanza. Fremont's two P.E.O. chapters, the daytime UF and the nighttime RJ, are eager to help more women benefit from these abundant opportunities. Rather than waiting for word of mouth, applicants may research the peocalifornia.org or peointernational.org websites on their own before taking the next step, if necessary, to contact a chapter for more information or a recommendation.

Minimum age for applying is 18, except for the very special STAR Scholarship. ALERT for 11th grade girls:

The STAR Scholarship, awarded to high school seniors, is celebrating its first decade of "Recognizing Young Women of Stellar Achievement." In the spring, our two local chapters begin the annual search for the most promising 11th grade girl scholars from Fremont's five public high schools. Applicants have until the end of June to prepare lists of their extracurricular and community service activities and their honors and awards, to complete an essay, and to find two mentors to write recommendations. In September, we interview the top applicants, based on the paperwork submitted, and select two girls to nominate, one from each of our respective chapters. When we have a close runner up, we find a nearby chapter to nominate that third girl. Although their online submissions are entered into a pool of thousands of girls from throughout Canada and the United States, our chapters' candidates have won a phenomenal six scholarships in the past three years. We set the bar at a 3.5+ GPA and generally expect applicants to have completed the 40 hours of community service required for graduation.

Information will be available in all Fremont high schools' College and Career Centers and posted on their websites on April 8. Email wordsmit65@gmail.com for the application materials.

After 150 years of providing support to women, it's time to discover how P.E.O. can help a woman start her education, continue her education after a break, complete a certified licensing program, improve her career status with a graduate degree, or receive a short-term stipend to get back on her feet. For more information, visit: www.peointernational.org

SPACE PLACE

Mars the Wanderer

By David Prosper

April's skies find Mars traveling between star clusters after sunset, and a great gathering of planets just before sunrise. Mars shows stargazers exactly what the term "planet" originally meant with its rapid movement across the evening sky this month. The ancient Greeks used the term "planete," meaning wanderer, to label the bright star-like objects that travelled between the constellations of the zodiac year after year.

You can watch Mars as it wanders through the sky throughout April, visible in the west for several hours after sunset. Mars travels past two of the most famous star clusters in our night sky: Pleiades and Hyades. Look for the red planet next to the tiny but bright Pleiades on April 1. By the second week in April, it has moved eastward in Taurus toward the larger V-shaped Hyades. Red Mars appears to the right of the slightly brighter red-orange star Aldebaran on April 11. We see only the brightest stars in these clusters with our unaided eyes; how many additional stars can you observe through binoculars?

Open clusters are made up of young stars born from the same "star nursery" of gas and dust. These two open clusters are roughly similar in size. The Pleiades appears much smaller as they are 444 light years away, roughly three times the distance of the Hyades, at 151 light years distant. Aldebaran is in the same line of sight as the Hyades but is not a member of the cluster; it shines just 65 light years away. By comparison, Mars is practically next door to us, this month just a mere 18 light minutes from Earth – that's about almost 200 million miles. Think of the difference between how long it takes the light to travel from these bodies: 18 minutes vs. 65 years!

The rest of the bright planets rise before dawn, in a loose lineup starting from just above the eastern horizon to high above the south: Mercury, Venus, Saturn, and Jupiter. Watch April as the apparent gap widens considerably between the gas giants and terrestrial planets. Mercury hugs the horizon all month, with Venus racing down morning after morning to join its dimmer inner solar system companion right before sunrise. In contrast, the giants Jupiter and Saturn move away from the horizon and rise earlier all month long, with Jupiter rising before midnight by the end of April. The Lyrids meteor shower peaks on April 22, but sadly all but the brightest meteors will be washed out by the light of a bright gibbous Moon. Discover all of NASA's current and future missions at nasa.gov.

This article is distributed by NASA Night Sky Network. The Night Sky Network program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit https://nightsky.jpl.nasa.gov/index.cfm to find local clubs, events, and more.

EARTH TALK

Dear EarthTalk: What is a low-carbon diet and is it good for losing weight or is it only about saving the planet? — Jane Monroe, Scranton, Pennsylvania

Not to be confused with a "low-carb" diet, which involves avoiding carbohydrates (bread, rice, pasta) as a way to lose weight or keep it off, a low-carbon diet — whereby you limit foods that generate a lot of carbon (CO2) emissions in their production and distribution is indeed more about reducing your carbon footprint than your waistline. That said, proponents of a low-carbon diet say that eating with reduced greenhouse gas emissions in mind is healthier for us than the typical American diet whereby carbon-intensive meat, dairy and processed foods occupy too large a share of our overall food intake.

A recent study from the University of Michigan Center for Sustainable Systems backs up these assertions. Researchers correlated data from the National Health and Nutrition Examination Survey — a snapshot of what 16,000 Americans consumed over one 24-hour period — with information on the nutritional value and greenhouse gas impacts of different food items, concluding that the better a diet is for the planet, the better it is for our health. Furthermore, the 20 percent of Americans who eat what researchers consider a "high-carbon" diet (rich in red meat, dairy and exotic and processed foods) are responsible for almost half of the nation's food-related CO2 emissions. The upshot is that changing the behavior and food choices of this small segment of the population could pay big dividends for public health and for reducing our overall national carbon footprint.

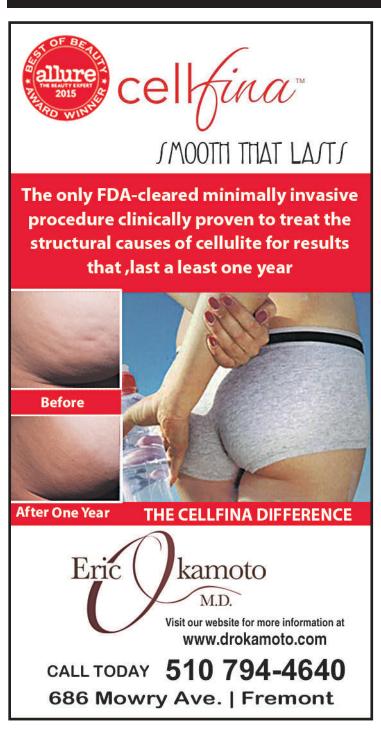
The concept of a low-carbon diet was first popularized in the U.S. by Bon Appétit Management Company, which runs more than 1,000 cafés in 33 states for corporations, universities and venues. Back in 2007, the company partnered with the non-profit Ecotrust to compile and conduct Life Cycle Assessments (LCAs) — measuring the amount of CO2 emitted during a given food product's entire life cycle — for thousands of different foods. These LCAs became the basis for the "Food Scores" section of its EatLowCarbon.org website, which provides information to help people reduce their carbon footprints through food choices.

Besides launching EatLowCarbon.org, Bon Appétit's managers also embarked on a five-year internal campaign to ratchet down the emissions generated by the company's own operations and offerings by 25 percent. The company stopped buying air-freighted seafood, reduced its use of tropical fruit by half, shrank beef purchases by 33 percent and cheese by 10 percent while cutting food waste by one-third. Overall these moves shaved some five million pounds of carbon emissions per month off Bon Appétit's contribution to global warming.

The fact that food and the systems to produce and distribute it are responsible for about a third of all greenhouse gas emissions means that everyone has a lot of potential for fighting global warming through sourcing locally produced and in-season foods to minimize emissions-intensive 'food miles', buying only as much as we can eat to reduce waste, and minimizing consumption of red meat, dairy and processed foods. In the case of climate change, if we don't watch what we eat, it could really come back to haunt us.

— Roddy Scheer and Doug Moss

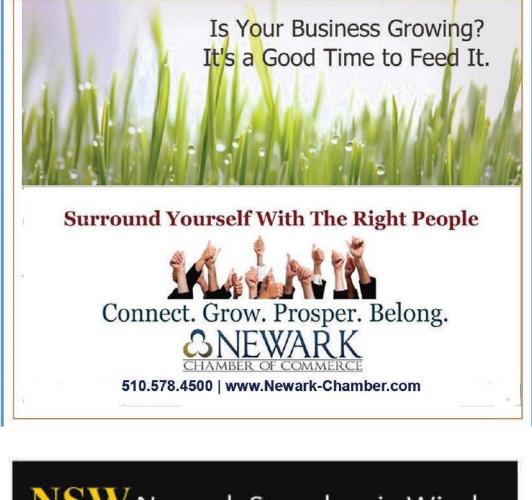
EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. To donate, visit www.earthtalk.org. Send questions to: question@earthtalk.org.













MY CHOICE IS WTMF,

because caring for my patients isn't a nine-to-five job.



Washington Township Medical Foundation (WTMF) has some of the most dedicated physicians in the Bay Area. Dr. Steven Curran chose to practice Family Medicine after he "discovered he was actually a people person," and this branch of medicine gave him an opportunity to focus on wellness, and improve the quality of life for all his patients. He's been an important member of WTMF since it began, and appreciates the combination of support with freedom to pursue his goals. Dr. Curran, like his colleagues, believes in the basics—listening more than talking, being attentive and following through. MyChart is just one way he communicates with other providers, and stays connected to his patients. "The great thing here is that we really care about all of our patients, from the moment someone enters our office to the time they leave and beyond."



Part of Washington Hospital Because WTMF is an integral part of the Washington Hospital Healthcare System, we have immediate access to the sys-

healthcare services, whenever you need them. This includes their highly awarded inpatient and outpatient facilities and specialty centers.

Washington MyChart

is an online resource which allows our patients to see their personal health information in a safe,



secure and private manner. Accessible from your mobile or desktop device, you can view your test results, prescriptions, allergies, immunizations, and other portions of your health record. You can also send a message to your doctor's office, schedule an appointment, or request a referral.



WTMF's Network of Clinics

Our skilled physicians and staff see their patients at conveniently located Primary Care, Urgent Care and Specialty Care

Centers throughout the East Bay. These include Clinics in Union City, Newark, Fremont and Warm Springs.