



Republic Day of India

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Shrek The Musical

Page 22

Adult Education
Insert in
this issue



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January 15, 2019

Vol. 17 No. 3



Folksinger John McCutcheon

SUBMITTED BY
WENDY BRYNFORD-JONES
PHOTOS BY IRENE YOUNG

Wisconsin-bred, Georgia-based musician John McCutcheon is folk music's Renaissance man — master multi-instrumentalist, powerful singer-songwriter, storyteller, activist, and author. His recordings have garnered every imaginable honor including six Grammy nominations. He has produced over 20 albums of other artists, from traditional fiddlers to contemporary singer-songwriters to educational and documentary works. McCutcheon's commitment to grassroots political organizations has put him on the front lines of many issues with relevance to communities and workers.

His 40th album, released on January 11, is a tribute to iconic folksinger Pete Seeger

continued on page 11

'Perspectives'

SUBMITTED BY DORSI DIAZ

The Sun Gallery is pleased to announce the opening of "Perspectives" in the Ken Cook Room, running now through Sunday, February 27. Isadora Qi, age 6, will be the youngest solo exhibiting artist alongside her mentor Ruey Syrop.

Isadora, who resides in Palo Alto, has been drawing and painting since she was three. She is full of imagination, likes to listen to stories, and loves to tell stories through her art. When she was three and a half years old, through her mother's friend, she met Ruey Syrop, who is a Bay Area artist, and started making art with her. Besides making art, Isadora loves to dance and play musical instruments.

"Watching Isadora Qi grow up and start noticing the changing world around her, sometimes I would wonder

*In this exhibition,
alongside Isadora's
paintings Syrop is
displaying her homeless
series, "Invisible."
"The contrast between
our work might make
some people feel uneasy.
The juxtaposition of social
and political reality with
childhood innocence
is one of many things
that adults in our society
need to deal with,"*

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ZooMobile brings Animal Ambassadors to local libraries

BY DHANIKA PINEDA
PHOTOS COURTESY OF OAKLAND ZOO

A purple or yellow Prius pulling up to your local libraries? That must be the ZooMobile! The Oakland Zoo is partnering once again with the libraries of the Tri-City area to provide this engaging program to animal lovers across the community. With the goal of cultivating a more widespread fascination of wildlife, the Oakland Zoo established its Education Department in 1987 to provides schools and community groups with programs both on-site and off-site that make safe, close encounters with animals of the zoo possible. Since its establishment, the ZooMobile has expanded its visits from the zoo's hometown of Oakland to further areas of the Greater Bay Area. The program visits over 10,000 people a year, and this year, that 10,000 could include you! Tri-City Voice is proudly sponsoring upcoming programs at libraries near you to help this experience come to life.

The ZooMobile features Oakland Zoo's Educational Animal Ambassadors. These ambassadors are small animals who will meet

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Thyroid Disease Treatments: Is Surgery the Answer?

January is Thyroid Awareness Month. This is the second of two articles about thyroid disease and its treatment.

After not feeling well, you went to your doctor for a checkup. You were diagnosed with thyroid disease; now what? Once a patient has been diagnosed with a thyroid-related illness, a treatment plan is created.

As explained in last week's article, the thyroid gland produces hormones that regulate the body's metabolic rate as well as heart and digestive function, muscle control, brain development, mood and bone maintenance. Thyroid disease typically appears either as hyperthyroidism where the thyroid produces too much hormone, speeding up your body functions to the point you develop heart problems or other serious illnesses; or hypothyroidism in which the thyroid is underactive and does not produce enough hormone, slowing down the body's functions — sometimes to the point of total inaction.

Other thyroid diseases include an enlargement of the thyroid, called a "goiter" and nodules on the thyroid which can be caused by various factors.

Treatment Options

In many cases, thyroid disease can be treated with medications which regulate the production of the thyroid hormone or sometimes with radioactive iodine, according to Dr. Ramsey Araj, a general surgeon with Washington Township Medical Foundation in Fremont. He notes, however, surgery is often the best option.

Nonsurgical

With radioactive isotope treatments, the thyroid is destroyed by absorbing a concentrated dose of low-grade radioactive iodine. "The treatment can be very effective and does not harm other organs or other parts of the body," Dr. Araj explains. "But the patient has to be careful and take precautions until the radioactivity is flushed out of the body, usually within 24 to 48 hours."

Surgical

"There are three main indications for surgery," Dr. Araj says. "These include evidence of cancer either in the nodules or goiter; the need to remove the goiter because of

obstruction/pain or other issues; or the need to remove a hyperactive thyroid when other treatment options are not appropriate or have not been successful." Surgery also is indicated for individuals who should not be exposed to the radioactive iodine, such as children or women who are pregnant.

Patients go through a series of tests to determine if surgery is warranted, according to Dr. Araj. These tests include a blood test to determine the level of thyroid function, and an ultrasound test to determine if more than one nodule exists, the character of the nodule(s), the size of the nodule, and whether it is a cyst which usually can be treated without surgery.

Next is a fine-needle aspiration biopsy so the cells can be examined to determine whether they are cancerous. The cells are measured on a scale from 1 to 6, Dr. Araj explains: 1 being "not enough information, repeat biopsy," 2 being "nonscancerous, watch it," 3 and 4 showing an atypical cell which requires genetic testing and may require



General surgeon, Dr. Ramsey Araj, describes treatment options for thyroid-related conditions.

surgery; 5 being "suspicious," and 6 being "definitely cancer." Levels 5 and 6 require surgery, states Dr. Araj.

"Because the most common thyroid cancers are slow growing, it is one of the more curable cancers," Dr. Araj explains. "The cancer remains contained in the gland itself for a long time before spreading elsewhere in the body, typically to the lymph nodes near the neck."

Patients who have their thyroid removed must take

thyroid hormone replacement, in pill form, for the rest of their life, Dr. Araj adds.

Dr. Araj has averaged 50 surgical thyroid cases a year over the course of his 33-year career, and notes that, in his practice, the volume of surgical thyroid cases has increased somewhat over the last five or ten years.

For more information about endocrinology and metabolism, visit www.mywtmf.com/Services

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	1/15/19	1/16/19	1/17/19	1/18/19	1/19/19	1/20/19	1/21/19
12:00 PM 12:00 AM	Symptoms of Thyroid Problems	Washington Township Health Care District Board Meeting December 12, 2018	Caregiver Series: Dementia	Latest Treatment Options for Wound Care	Shingles	Inside Washington Hospital: The Green Team	Solutions for Weight Management
12:30 PM 12:30 AM			Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Women's Heart Health		Diabetes Matters: Type 1.5 Diabetes	
1:00 PM 1:00 AM	Stress Management	Diabetes Matters: Filipino Food Made Healthy	Weight Management: Stopping the Madness	Pain When You Walk? It Could Be PVD	Washington Township Health Care District Board Meeting January 9, 2019	Surgical Treatment of Obstructive Sleep Apnea	Diabetes Matters: Gastroparesis
1:30 PM 1:30 AM						Diabetes Matters: Straight Talk About Diabetes Medications	Diabetes Matters: Asian Indian Cooking
2:00 PM 2:00 AM	Mental Health Education Series: Family Support	Respiratory Health	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	History of Washington Hospital, 60 Years Strong	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	Mindful Healing	
2:30 PM 2:30 AM					Family Caregiver Series: Legal & Financial Affairs		
3:00 PM 3:00 AM	Washington Township Health Care District Board Meeting December 12, 2018	Taking Charge of Your Health	Prostate Cancer: What You Need to Know	Mental Health Education Series: Mental Wellness	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	Your Concerns InHealth: Senior Scam Prevention	
3:30 PM 3:30 AM		Chronic Kidney Disease: FAQ					Keeping Your Heart on the Right Beat
4:00 PM 4:00 AM		Women's Health Conference: Gender Matters: Why Atrial Fibrillation (Afib) is More Fatal for Women	Sports Medicine Program: Nutrition & Athletic Performance	Sick Feet?	Washington Township Health Care District Board Meeting January 9, 2019	Nerve Compression Disorders of the Arm	
4:30 PM 4:30 AM	Learn More About Kidney Disease	Palliative Care Series: Interfaith Discussions on End of Life Topics	Your Concerns InHealth: Decisions in End of Life Care				Strategies to Reduce the Risk of Cancer Recurrence
5:00 PM 5:00 AM				Mental Health Education Series: Understanding Psychotic Disorders	Voices InHealth: Medicine Safety for Children	History of Washington Hospital, 60 Years Strong	
6:00 PM 6:00 AM	Good Fats vs. Bad Fats	Solutions for Weight Management	Diabetes Matters: Asian Indian Cooking	Updated Treatments for Knee Pain & Arthritis	Minimally Invasive Surgery for Lower Back Disorders	Learn If You Are at Risk for Liver Disease	
6:30 PM 6:30 AM							Washington Township Health Care District Board Meeting December 12, 2018
7:00 PM 7:00 AM	Understanding HPV: What You Need to Know	Mental Health Education Series: Crisis Intervention	Family Caregiver Series: Codependency and the Caregiver	Symptoms of Thyroid Problems	Family Caregiver Series: Panel Discussion	Washington Township Health Care District Board Meeting January 9, 2019	
7:30 PM 7:30 AM	Strengthen Your Back! Learn to Improve Your Back Fitness						Inside Washington Hospital: Implementing the Lean Management System
8:00 PM 8:00 AM	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone	How to Sleep Your Way to Better Health	Washington Township Health Care District Board Meeting December 12, 2018	Sports Medicine Program: Nutrition & Athletic Performance	Pain When You Walk? It Could Be PVD	History of Washington Hospital, 60 Years Strong	
8:30 PM 8:30 AM		Updated Treatments for Knee Pain & Arthritis					Mental Health Education Series: Family Support
9:00 PM 9:00 AM	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	11th Annual Women's Health Conference: Patient's Playbook	Family Caregiver Series: Hospice & Palliative Care	Strengthen Your Back! Learn to Improve Your Back Fitness	Women's Heart Health	Crohn's & Colitis	
9:30 PM 9:30 AM							Women's Health Conference: Reclaiming Your Confidence
10:00 PM 10:00 AM	Palliative Care Series: How Can This Help Me?	Strategies to Reduce the Risk of Cancer Recurrence	Taking Charge of Your Health	Family Caregiver Series: Understanding Health Care Benefits	Inside Washington Hospital: Advanced Treatment of Aneurysms	Shingles	
10:30 PM 10:30 AM							Sick Feet?
11:00 PM 11:00 AM							
11:30 PM 11:30 AM							

DO YOU HAVE HEARTBURN OR ACID REFLUX?

Washington Hospital Surgeon Discusses Newer Procedure to Treat GERD

Does it ever feel like the acid in your stomach is backing up into your throat? Sometimes called indigestion, heartburn or acid reflux, it could be a symptom of gastroesophageal reflux disease or GERD. An estimated one in five Americans have GERD, according to the National Institutes of Health. While lifestyle changes and medications can help, for those who suffer from chronic GERD, there is a relatively new procedure available that could bring long-term relief.

GERD is a digestive disorder that affects the ring of muscle between your esophagus and stomach called the lower esophageal sphincter.

“With normal digestion, the lower esophageal sphincter works like a valve,” explained Dr. Jennifer Chan, a thoracic surgeon with the Washington Township Medical Foundation (WTMF) and a member of the Washington Hospital medical staff. “It opens to allow food to pass into the stomach, and closes to prevent food and stomach acid from backing up into the esophagus.”

Heartburn and indigestion are typical symptoms of GERD. It often feels like a burning chest

pain beginning behind the breastbone and moving up to the neck and throat. It can leave an acid or bitter taste in the mouth. Coughing, sore throat and severe chest pain can also occur. Too much stomach acid in the esophagus can cause serious complications, including esophagitis and Barrett’s esophagus.

“In the most severe cases, GERD can lead to a type of esophageal cancer,” Dr. Chan added. Anybody can get GERD, but it is more common in people who are obese, and it often affects pregnant women. A hiatal hernia can also increase the risk for GERD, according to Dr. Chan. This occurs when the upper part of the stomach moves up into the chest through a small opening in the diaphragm.

Medication and Lifestyle Changes

Lifestyle changes like avoiding certain foods that increase acid production can help reduce the symptoms of GERD. These include coffee, fatty foods, alcohol, chocolate and peppermint. Decreasing portion sizes, avoiding eating at least two hours before bedtime, and evading tobacco smoke can also help.



There are also over-the-counter and prescription medications that treat GERD. The most effective are called proton pump inhibitors. These medications reduce the production of stomach acids, Dr. Chan explained.

“Treating GERD is a billion dollar business,” she added. “An estimated 21 million Americans are taking proton pump inhibitors. But they aren’t always effective, and long-term use can cause complications including nausea, diarrhea, increased risk of infection and osteoporosis.”

Surgery Options

For some people who suffer from chronic GERD, surgery offers the best hope for lasting relief, according to Dr. Chan. Often it can be done using a

laparoscopic procedure, a minimally invasive type of surgery performed through several small incisions rather than one large one. With laparoscopic surgery, a narrow, tubular video camera and several tiny operating instruments are inserted into the abdomen and the surgical team uses the camera to view a magnified image of the surgical site.

The most common type is the Nissen fundoplication. Part of the stomach is wrapped around the lower esophageal sphincter to recreate a more effective valve mechanism.

LINX Procedure Offers New Hope

Dr. Chan is excited about a relatively new procedure she performs that is very promising because it offers quicker recovery

times than the Nissen and patients can get back to eating normally right away instead of being on a special diet for six weeks. The LINX Reflux Management System uses a tiny flexible band of magnetic titanium beads. The magnetic force keeps the lower esophageal sphincter from opening, preventing food and acid from backing up into the esophagus.

“When you swallow, it temporarily breaks the magnetic bond, so food and liquid can pass into the stomach,” she said. “The magnetic attraction of the device is designed to close the lower esophageal sphincter immediately after you swallow, preventing any reflux.”

According to Dr. Chan, preliminary data shows that the LINX System can be as effective as the Nissen procedure with fewer complications. The procedure isn’t right for everyone, but it offers new hope for many.

“Many patients suffer with GERD for a long time before they get proper treatment,” she added. “It often takes multiple doctor visits before they ever see a surgeon. I’m hoping to create a multidisciplinary team so we can streamline the process.”

For information about programs and services at Washington Hospital that can improve your health, visit www.whhs.com. To read more about Dr. Chan or other WTMF physicians, please visit www.mywtmf.com.



Washington Township Medical Foundation Community Health Fair

Fun and FREE community health fair including glucose, cholesterol, blood pressure and body mass index screenings. Talk to experts on diabetes, nutrition, heart disease and stroke. Registration is encouraged for health screening priority.

WHEN: Saturday, February 23, 2019
10 a.m. to 1 p.m.
WHERE: Washington Township Medical Foundation
Newark Clinic conference room
6236 Thornton Ave., Newark

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to register.
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”

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Tuesday, January 22, 2019 10 AM and 2 PM	Foster City Crowne Plaza Hotel 1221 Chess Drive Foster City, CA 94404
Thursday, January 24, 2019 10 AM and 2 PM	Union City Crowne Plaza Hotel 32083 Alvarado-Niles Road Union City, CA 94587

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mom's care?*
- D.G., Palo Alto.
”

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Continued from page 1

ZooMobile brings Animal Ambassadors to local libraries



and greet program attendees and, with the assistance of the zoo's trained education specialists, teach program attendees about their Amazing Adaptations and Habitats, in accordance with this year's educational theme. Daniel Flynn, Marketing Associate of the Oakland Zoo, says, "Since these animals serve as ambassadors to their wild counterparts, it is very important that the community understands the challenges they face and what they can do to help these animals in the wild." During their time at the Oakland Zoo, the stars of the ZooMobile live in the Education Center, only appearing to the public during these special programs. The animal ambassadors are accompanied by specially trained education specialists, who will not only educate but also ensure the safety of all program participants – both human and animal.

As the ZooMobile visits the Tri-City area, local libraries will play host to critters such as tortoises, hedgehogs,

chuckwallas, cockatoos, and many more! Each ZooMobile visit will help the zoo accomplish their goals of ecological education. Flynn says, "With any ZooMobile program we always hope that people build a greater connection with wildlife. We hope that by having an up-close encounter with a live animal, that people can squash misconceptions about certain animals and overcome fears they might have once had. Of course, the most important part with every ZooMobile is that the community has fun!" Help the zoo strengthen your connection with wildlife and participate in a ZooMobile program near you!

The ZooMobile will make its first stop at the Fremont Main Library on Saturday, January 19 with two programs. Visits to other libraries are scheduled to follow throughout January, February, and March. The current schedule is as follows: San Lorenzo Library on Sunday, January 27; Newark Library on Saturday, February 9;

Castro Valley Library on Saturday, February 16; Milpitas Library on Wednesday, February 20; Union City Library on Saturday, February 23; Hayward Weekes Library on Wednesday, February 27; Fremont Centerville Library on Saturday, March 2; and San Leandro Library on Friday, March 29.

Contact libraries directly for updates, more information, and reservation requirements:
www.aclibrary.org,
www.haywardca.gov/public-library,
www.sacl.org/Locations/Milpitas,
and www.sanleandro.org/depts/library/.

Tri-City Voice/Oakland ZooMobile visits:

**Saturday, Jan 19
11 a.m. & 12 noon
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
TTY 888-663-0660
www.aclibrary.org/fremont**

**Saturday, Feb 9
2 p.m.
Newark Library
6300 Civic Terrace Ave, Newark
(510) 284-0675
TTY 888-663-0660
www.aclibrary.org/newark**



**Sunday, Feb 10
2 p.m.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
TTY 888-663-0660
www.aclibrary.org/san_lorenzo**

**Saturday, Feb 16
10:30 a.m.
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
TTY 888-663-0660
www.aclibrary.org/castro_valley**

**Wednesday, Feb 20
4 p.m.
Milpitas Library
160 North Main St, Milpitas
(408) 262-1171
www.sacl.org/Locations/Milpitas**

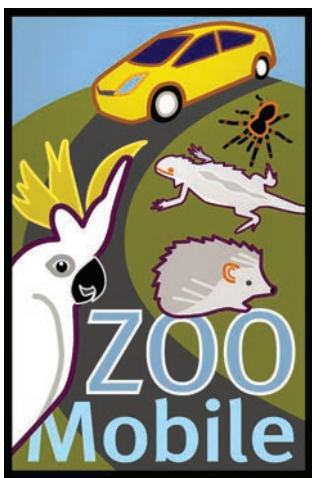
**Saturday, Feb 23
2 p.m.
Union City Library
34007 Alvarado-Niles Rd,
Union City
(510) 745-1464
TTY 888-663-0660
www.aclibrary.org/unioncity**

**Wednesday, Feb 27
2 p.m.
Hayward Weekes Branch**

**27300 Patrick Ave, Hayward
(510) 782-2155
www.haywardca.gov/public-library**

**Saturday, Mar 2
2 p.m.
Fremont Centerville Branch
3801 Nicolet Ave, Fremont
(510) 795-2629
TTY 888-663-0660
www.aclibrary.org/centerville**

**Friday, Mar 29
1 p.m.
San Leandro Library
300 Estudillo Ave, San Leandro
(510) 577-3971
www.sanleandro.org/depts/library**



What is a hero?

SUBMITTED BY CASTRO VALLEY DRAMATIC ARTS ACADEMY

Castro Valley Dramatic Arts Academy (CVDAA) presents “How Heroes Are Made,” an original play written by director Michael Lushington and CVDAA Middle School Workshop, on Friday, January 18 and Saturday, January 19. The work explores what happens when a girl finds herself on the roof of her school after an upsetting day. Students and staff begin to gather below the building and witness a boy join her on the roof and then they leave together. No one really understands what happened. Some people think the boy was a hero because he went up on the roof to save her; others have different ideas about the events that unfolded. In his dreams, the boy is visited by Batman, Superman, Bruce Willis, an Army General, Spiderman, Elektra, and Wonder Woman and they all have good advice for the boy on how to do something heroic. Come find out what it means to be a hero. Can everyday people living uneventful lives be heroic? Who knows, maybe you’re one already. For information or to buy tickets, visit CVDAA website, www.cvdAA.org under “Box Office.”

“How Heroes Are Made” play
Friday, Jan 18 and Saturday, Jan 19
7 p.m.
Douglas Morrison Theatre
22311 N 3rd St, Hayward
(510) 881-6777
www.cvdAA.org under “Box Office”
Tickets: \$25 adults, \$20 students
(Suggested Donation - Pay What You Can)

Blankets and sleeping bags needed

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

Winter is here and there are many homeless in our area living in the cold. Do you have any extra blankets or sleeping bags that are gently used or new that you would like to donate? Eastin Elementary PE Specialist Darlene Crittendon (Coach C.) is collecting blankets and sleeping bags for Sunrise Village Homeless

Shelter, part of Abode Services that serves the homeless in Alameda County and beyond. Donations can be dropped off at New Haven Unified School District (NHUSD) until Friday, January 18. Blankets or sleeping bags must be washed and cleaned before donating. For information about the donation drive, call NHUSD at (510) 471-1100. For details about Sunrise Village Homeless Shelter, visit www.abodeservices.org or call (510) 252-0910.

Donation Drive
Until Friday, Jan 18
New Haven Unified School District
34200 Alvarado-Niles Rd,
Union City
(510) 471-1100

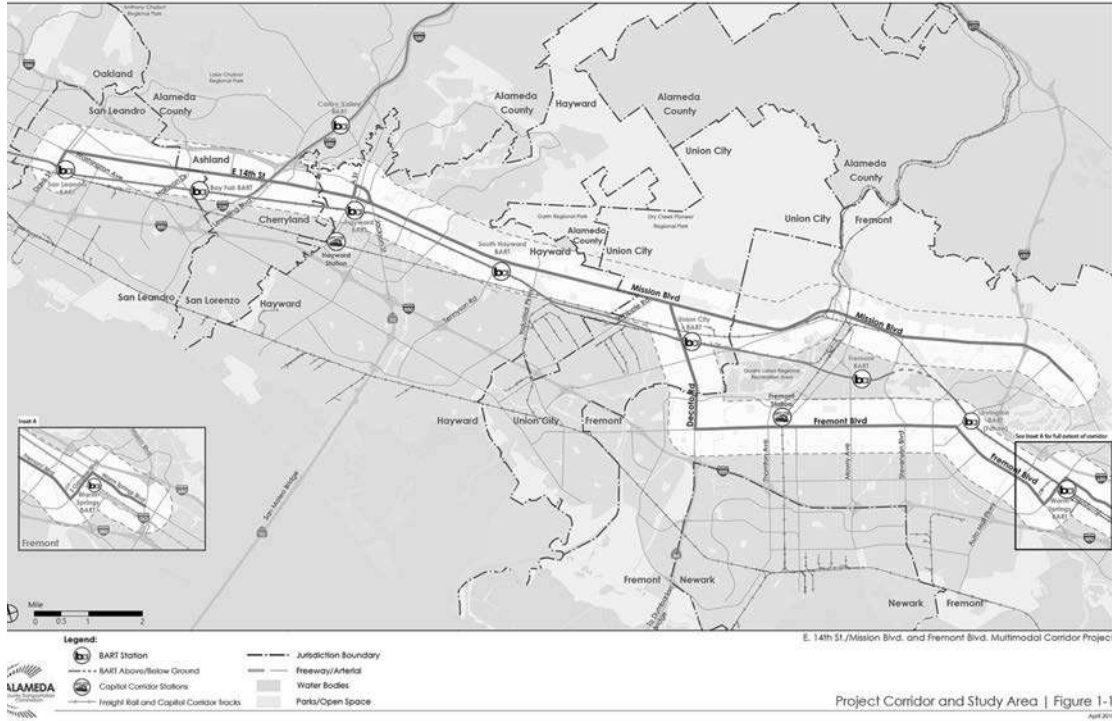
Community Meeting on Transportation Plans for Fremont

SUBMITTED BY CITY OF FREMONT

The City of Fremont and Alameda County Transportation Commission (Alameda CTC) will hold a community meeting on Thursday, January 24 at the Fremont Main Library, Fukaya Room. The purpose of the meeting is to share information and receive input on the Fremont Mobility Action Plan and the E. 14th St./Mission Blvd. and Fremont Blvd. Multimodal Project. The meeting will begin with a brief presentation followed by an open house format where participants can learn and provide input on specific topics of interest.

The Fremont Mobility Action Plan has been developed over the past year based on public input and guidance by a 14-member Mobility Task Force appointed by Fremont’s Mayor and City Council. The plan is intended to serve as the City’s 5-year strategy for local action and regional advocacy to address traffic congestion, improve multimodal circulation, and enhance traffic safety. Recommendations in the plan include the topics of traffic signal modernization, safe routes to school, new technologies, travel alternatives, regional policy, and priorities for regional high-way and transit improvements.

The Mobility Action Plan will also be presented to the City Council for review at a work



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- Autoimmunity
- High blood pressure

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session scheduled for Tuesday, February 19, 2019, at 5:30 p.m. Learn more about the Fremont Mobility Action Plan at www.fremont.gov/mobilitytask-force

The E. 14th St./Mission Blvd. and Fremont Blvd. Multimodal Corridor is a major commute corridor paralleling Interstate 880 and the BART alignment that provides key north-south connections throughout the inner East Bay. This Corridor Project, led by Alameda CTC, is in the early stage of planning and will identify multimodal mobility improvements in Fremont generally within the Mission Boulevard, Fremont Boulevard, Osgood Road, and Warm Springs Boulevard corridors. For more

information on this Project, visit Alameda CTC.

**Transportation
Community
Meeting**
Thursday, Jan 24
7:00 p.m. – 8:30 p.m.

**Fremont Main Library,
Fukaya Rm**
2400 Stevenson Blvd, Fremont
www.alamedaactc.org/programs-projects
www.fremont.gov/mobilitytask-force



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• Check & Rotate Tires

Most Cars Expires 2/28/19

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+ Tax

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Not Valid with any other offer Most Cars Expires 2/28/19

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European Synthetic Oil Service

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+ Tax

Not Valid with any other offer Most Cars Expires 2/28/19

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up to 5 Qts.

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Most Cars Expires 2/28/19

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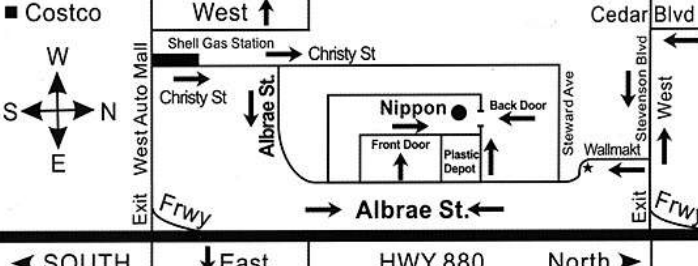
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Reflections on Water

Boogie Birding

By SARA MAATTA

When I was in high school, my dad picked up a hobby that I did not understand: birding.

He would go on walks in the woods and spend endless minutes poised, frozen, binoculars pressed to his glasses, intent on some rustling leaves in a bush.

"Dad, come on!" I would whine, several steps ahead. He would trail after me, but only after the elusive avian specimen had departed. I would shake my head at him as he strolled after me. They are just birds!

Time rushed ahead a decade or so. One cloudy, wintry day, my friend and I met for a walk at a beach near Santa Cruz. Or, so I thought... In the parking lot, my friend proudly opened the trunk of the car to reveal – two wetsuits and two boogie boards! I stared with wide eyes. The biting wind was already raising goosebumps on my arms.

"Come on!" my friend said. "The wetsuits will keep us warm. Let's try it!"

We squeezed into the thick black neoprene and waddled down the beach, awkwardly clutching the big foam boogie boards. We weren't wearing shoes, and the beach sand was cold on my feet. Maybe this wasn't such a good idea.

But my friend let out a whoop and ran forward, splashing. I followed with careful steps. A knee-high roll of white foam came at me and I winced in anticipation as it hit, but I felt nothing! Above my ankles, the wetsuit insulated me from the

cold water. I even felt warm.

We're not surfers, but we could ride the foamy shallows on boogie boards. We stayed where we could touch the sandy bottom and rode already-crashed waves in to shore.

On one of those rides, as the last push of the wave left us high up on the sand, a group of small white birds walked up to us, long legs stepping carefully, chopstick beaks poking hungrily into the sand. The birds ignored us, but we were transfixed by them; their delicate, intricate movements, so small and perfect. My friend and I glanced at each other, and we both knew: we wouldn't move and disturb these birds. We lay there, beached black-and-foam mammals, mesmerized by our avian cousins. It was like peering in on a family of aliens, as they went about their exotically normal daily routine.

We rode more waves, but the Bird Wave stuck in my head for a long time. Later, I realized I finally understood my dad's birding hobby. It's not easy to describe, but it is magical to watch the strange creatures so closely, to consider our vast differences, and our fundamental similarities. We all need to eat, drink, stay clean, and care for our families. It's no coincidence that this realization came on the heels of a wave of water. The water brought us together: me, my friend, my dad, and the birds.

We are all united by similar needs, which bring us to the same place, to use a shared resource. Water is the ultimate shared resource, all over our blue planet. Water can be shared and reused

many times over, for different purposes. My friend and I played in it – and we didn't need to disturb the birds eating from it. In the same way, water everywhere can be shared for different purposes – for recreation, navigation, irrigation, drinking water for houses and businesses, and to support the complex ecosystems of earth life. Water can be recycled too, either naturally in the endless hydrologic cycle of evaporation and precipitation, or by human technology in water recycling projects.

Technology is a tool that allows humans to go beyond what is possible in natural systems, like how I can swim in the Pacific Ocean for an hour with a wetsuit, but just for a couple minutes without it. But I can't swim forever, even in the most expensive deep-sea gear – every technology has limitations in what it can do. Likewise, the best technologies in the world can't provide infinite water, and if they could, that water would be unaffordable. It's important that we learn to share and work with what we have.

As a water resources engineer with Alameda County Water District, my job is to help find the balance in providing clean, affordable, and reliable water in a world where everything is shared.

Now when I see a bird, I feel a glint of the magic from the beach that day. The bird and I are very different creatures, and yet we are connected by our reliance on water for the many facets of our lives. When I turn on a faucet, the rush of water sounds like a frothy ocean wave and reminds me of all the connections created by water on our earth.

Sara Maatta is a water resources engineer with Alameda County Water District.



Oratorical Festival and Poetry Slam celebrates Dr. King

SUBMITTED BY THE CITY OF SAN LEANDRO

PHOTOS COURTESY OF DONTÉ WATSON

Mayor Pauline Cutter and the City of San Leandro invites the community to attend the City's annual celebration in honor of Dr. Martin Luther King, Jr. on Monday, January 21. The "Dr. Martin Luther King, Jr. Oratorical Festival and Poetry Slam" commemorates the birthday of this great American leader and his lifelong work toward equality and peace. At the event, participants can share their original poetry or prose or those of Dr. King or another author whose work captures the spirit of Dr. King.

"It's always a pleasure to bring the community together in celebration of Dr. Martin Luther King,

Jr. holiday, now in its 33rd year after being recognized as a national holiday in 1986. This day has also now become a day of celebration for us as a San Leandro tradition with our Oratorical Festival," said Mayor Cutter. "I encourage everyone to join us on January 21st this year to help celebrate Dr. King's enduring legacy."

San Leandro students enrolled in grades 3 – 12 were invited to apply to participate in the oratorical contest and poetry slam. There will be three age divisions: elementary students in third to fifth grades, middle school students in sixth through eighth grades, and high school students from ninth through twelfth grades. Students can win gift card prizes, made possible by the San Leandro Optimist Club, in their grade category. All participants receive a Certificate of Participation.

This free community event will also feature a community conversation ("Barbershop Talk"; discussion appropriate for ages 13 and up), children's art and crafts, and light refreshments will be provided.

This event is in collaboration with Unity in the Community and cosponsored by the San Leandro Optimist Club. For more information, call Donté Watson at (510) 577-3473 or visit www.sanleandro.org.

Dr. Martin Luther King, Jr. Oratorical Festival and Poetry Slam
Monday, Jan 21
10:30 a.m.

Senior Community Center
13909 E. 14th St, San Leandro
(510) 577-3473
<https://sanleandro.org>

Clean and Green Hayward!

SUBMITTED BY CITY OF HAYWARD

Commit to making a difference in your community this year. Join the Keep Hayward Clean and Green Task Force as they kick-off their first community clean-up event of 2019 on Saturday, January 26. The public can pre-register until Thursday, January 24 on www.hayward-ca.gov/haywardbeautiful or can sign up in-person on the day of the event. Stop by, pitch in and enter for a chance to win a Fitbit. For more information, call (510) 881-7745 or email cleanupinfo@hayward-ca.gov.

Hayward Clean-up Drive

Saturday, Jan 26

8:00 a.m. – 11:30 a.m.

Big 5 Parking lot

22400 Foothill Blvd, Hayward

(510) 881-7745

www.hayward-ca.gov/haywardbeautiful

cleanupinfo@hayward-ca.gov

Bring a pair of gloves

Pre-registration until 3 p.m. Thursday, Jan 24

Interviews are Happening Now to Become a Senior Peer Counselor

Looking for empathetic Seniors over age 50 to participate in the program to offer emotional support for other Seniors in the Tri-City Community. Interview to receive the 54 hour training to become a volunteer Senior Peer Counselor. Training conducted at the City of Fremont offices starting March 2019. For more information or to receive an application contact Heidi Stein, LCSW at 510-574-2064 or hstein@fremont.gov



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Drivers for Survivors

SUBMITTED BY DRIVERS FOR SURVIVORS

Drivers For Survivors (DFS) is hosting its 6th annual Volunteer Training & Appreciation Luncheon on Friday, February 8. The organization invites those volunteers who have made significant contributions to provide free transportation service and supportive companionship for ambulatory cancer patients. To cover costs of the event, DFS is seeking sponsorship; monetary contributions are also welcome. For details on sponsorship

opportunities or additional information, call (510) 369-5770 or email sponsors@driversforsurvivors.org.

Drivers for Survivors Volunteer Luncheon
Friday, Feb 8
2 p.m. – 4 p.m.
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sponsors@driversforsurvivors.org
Sponsorships needed from \$250 – \$2,500

Republic Day of India



SUBMITTED BY RITU MAHESHWARI

Festival of Globe, Silicon Valley invites the community to the 70th Republic Day of India Celebration on Sunday, January 27. Republic Day honors the date on which the Constitution of India came into force, January 26, 1950, replacing the Government of India Act (1935) as the governing document of India. The event will feature Indian cultural performances, patriotic songs, musical and dance competitions, and Indian food. Tickets can be bought online or at the door on the day of the event. Sanjay Panda, consul general of India, and other dignitaries will grace the occasion. For more information, visit FOG website at www.fogsv.com under "Events" or call Ritu Maheshwari, chairwoman - media relations and publicity, at (510) 304-5619. For details about the dance competition or to register, visit www.fogsv.com/fog-dance-competition Jyotsna B Sharma, cultural chairperson at (408) 685-4234.

11:00 a.m. – 2:00 p.m.: Dance Competition
2.00 p.m. – 3.00 p.m.: Reflections - "Freedom Leaders Speech Competition" and Kids' Fashion Show
6:00 p.m. – 7:30 p.m.: Chief Guest and Dignitaries, Awards
7.30 p.m. – 8:00 p.m.: Dance Performances and Songs
After 8 p.m.: Miscellaneous and Wrap-up

Republic Day of India Celebration
Sunday, Jan 27
11 a.m. – 10 p.m.
Santa Clara Convention Center Theater
5001 Great America Pkwy, Santa Clara
(510) 304-5619
www.fogsv.com under "Events"
Dance Competition
(408) 685-4234
www.fogsv.com/fog-dance-competition
Online tickets, \$5 per person; at the door, \$6 per person

MLK celebration and march planned

SUBMITTED BY TOM SPITZER

This year's Martin Luther King Day celebration and march will be held in Hayward on Monday, January 21 starting at 9:30 a.m. at City Hall Plaza. South Hayward Parish ("SHP"), a community of local congregations that runs food distribution, shelter, civic engagement and referral programs, and has advocated on issues of poverty and social justice in Hayward for more than 50 years, organizes and sponsors this annual event. The theme of this year's event is "Lack of Shelter — Homes for Everyone". Dr. King was a tireless advocate for fair housing. Students of the Civil Rights movement agree that the Chicago Open Housing Movement, which Dr. King initiated in 1966, laid the groundwork for the 1968 Fair Housing Act, which outlawed discrimination in renting or selling homes based on an individual's race, color, religion, sex, national origin, disability or familial status. However, in our community and many others, thousands are homeless or at risk of homelessness, the result of steady gentrification of our communities and increasing housing costs.

The Hayward rally will include music, readings from Dr. King, and a talk by Hayward City Council Member Sara Lamnin on the topic "Housing Hayward — moving beyond soup and sandwiches." Lamnin is a past president of SHP and as a past SHP staff member directed programs aimed at mitigating economic hardships affecting mainly homeless members of the community. After the rally at City Hall Plaza, participants will march along the main streets of downtown Hayward. The event will conclude after the march with closing remarks at about 11:30. The event is free and open to everyone. For details, call (510) 785-3T663.

MLK Celebration and March
Monday, Jan. 21
9:30 a.m. – 11:30 a.m.

Hayward City Hall
777 B St., Hayward
(510) 785-3663
www.southhaywardparish.org/

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BUSINESS

CES 2019: Google brings a Disney-like ride to tech show

BY MATT O’BRIEN AND JOSEPH PISANI
ASSOCIATED PRESS

The CES 2019 gadget show opened its doors Tuesday, with tech companies from giants to tiny startups showing off their latest products and services.

In recent years, CES’s influence has declined as Apple, Google and other major companies throw their own events to launch new wares. Still, more than 180,000 people from about 150 countries are expected to attend. The sprawling event spans 11 official venues, plus scores of unofficial ones throughout Las Vegas. The four-day show in Las Vegas opened after two days of media previews.

Here are the latest findings and observations from Associated Press reporters on the ground.

CUTTING THROUGH THE BABEL

Google has transformed CES into a Disney-like theme park – complete with singing animatronic macarons – to showcase new features of its voice-enabled digital assistant.

This includes an “interpreter mode” that enables some of Google’s smart home devices to work as a translator. It’s being

piloted at a hotel concierge desk near the Las Vegas tech conference and rolls out to consumer devices in several weeks.

Voice assistants are getting pretty good at translating speech into text, but it’s a thornier challenge in artificial intelligence to enable real-time translation across different languages. Google’s new feature expands upon real-time translation services it’s rolled out to Android phones and headphones over the past year.

This is the second year that Google Assistant had made a huge splash at CES in an effort to outbid Amazon’s Alexa as the voice assistant of choice.

Google this year has an amusement park ride that resembles Disney’s “It’s a Small World,” though on a roller-coaster-like train at slow speeds. Talking and singing characters showcase Google’s various voice-assistant features as visitors ride along.

Google isn’t the only CES exhibitor promising the next generation of instant translation. Chinese AI firm iFlytek has been showing of its translation apps and devices that are already popular among Chinese travelers. And at least two startups, New York-based Waverly Labs and China-based

TimeKettle, are promoting their earbuds that work as in-ear translation devices.

BRING THAT UMBRELLA

IBM is expanding its side job as the world’s meteorologist.

IBM CEO Ginni Rometty used a keynote address Tuesday to unveil a new global forecasting system that promises more accurate local weather reports in places that never had them before.

The computing giant owns The Weather Company, which runs popular weather services including weather.com and the Weather Channel and Weather Underground apps (though not the Weather Channel television network). Those apps provide precise and constantly updating forecasts in places like the U.S. and parts of Europe and Japan, but not in most of the world.

IBM says its new forecasting model relies in part on “crowd-sourced” data – barometric pressure readings from millions of smartphones and sensor readings from passing airplanes.

Weather Company CEO Cameron Clayton says the new system is intended to aid IBM’s business providing critical weather data to airlines, energy firms and other industries. But he says it will

also have societal benefits, such as helping small farmers in India or parts of Africa yield better crops.

IBM may have trouble persuading some users to agree to transmit atmospheric data to IBM after the city of Los Angeles sued last week to stop the Weather Channel’s data-collection practices. The lawsuit alleges that the company uses location information not just to personalize weather but also to track users’ every step and profit off that information. The company has denied any impropriety with sharing location data collected from users, saying it does disclose what it does.

SAMSUNG WANTS TO BRING ROBOTS HOME

Up next for Samsung: a robot that can keep its eye on grandma and grandpa.

The rolling robot, which talks and has two digital eyes on a black screen, can track medicines they take, measure blood pressure and call 911 if it detects a fall.

The company didn’t not say when Samsung Bot Care would be available but brought the robot out on stage Monday at a presentation at CES. Samsung also said it is working on a robot for stores and another for testing and purifying the air in homes.

Samsung also unveiled TVs, appliances and other high-tech gizmos – but not a foldable phone it hinted at in November. But a startup called Royole did. The Royole FlexPai smartphone was first shown in November but the California-based company has more details. The phone will have a 7.8-inch display that can be folded like a wallet, priced at more than \$1,300.

STAR DELIGHT

Sony brought some star power to CES with a visit from musician Pharrell Williams, straight from trip to Anguilla.

The star of hit songs such as “Happy” came to talk about a mostly secret project that he and Sony are supposedly undertaking. But in the end, it was clearly an attempt by Sony to sprinkle some stardust on launches for TVs and other products.

“I was a little bit worried that he was still on holiday, but he is here,” Sony Music head Rob Stringer told the crowd.

AP Technology Writer Barbara Ortutay in New York and video journalist Jona Kallgren in Las Vegas contributed to this report.

San Leandro appoints new assistant city manager

SUBMITTED BY ALICE KIM

Elizabeth D. Warmerdam has been appointed to serve as San Leandro’s next assistant city manager from February 1. “Throughout her career in public service, Liz has demonstrated the skills, experience and character required to excel in this critical leadership position,” said San Leandro City Manager Jeff Kay. “I’m excited to work with her and confident that she will be a great addition to our team.”

Warmerdam began her professional career as an officer in the U.S. Army, serving tours of duty in Germany and Korea. She has master’s in city planning and public administration from University of North Carolina. For more than 20 years, she has worked in a variety of positions in cities throughout Alameda and Contra Costa Counties in the areas of finance and redevelopment. Warmerdam previously served as assistant city manager in the City of Hercules and, most recently, in the City of Alameda.

“San Leandro is a dynamic and diverse community with exciting opportunities on the horizon. I am looking forward to working with the City Council, community and professional staff to accomplish the community’s priorities,” said Warmerdam.

Former racer flips from track to kitchen

SUBMITTED BY JOANN KIRK

From the age of 13, Union City native Bobby Kirk’s ultimate goal was to be a chef when he grew up. However, before that could happen, Kirk, who is now 29, tried his hand at racing his BMW. That is, until he flipped it at a track race.

Undaunted, Kirk left the racing world behind and focused on his culinary goal. Eventually, he graduated from the Culinary Academy of San Francisco in 2008 cum laude.

Kirk started his career at a restaurant at Santana Row in San Jose, and then worked for five years at the Viognier restaurant in San Mateo. Three years ago, he moved to the Villa Taverna in the financial district of San Francisco. And, just recently, Kirk achieved his boyhood goal when his bosses made him an Executive Chef.



Huge trash-collecting boom in Pacific Ocean needs repairs

AP WIRE SERVICE

A trash collection device deployed to corral plastic litter floating in the Pacific Ocean between California and Hawaii will be hauled back to dry land for repairs.

Boyan Slat, who launched the Pacific Ocean cleanup project, told NBC News last week that the 2,000-foot (600-meter) long floating boom will be towed 800 miles (1,300 kilometers) to Hawaii.

If it can’t be repaired there, it will be loaded on a barge and returned to its home port of Alameda, California.

The boom broke apart under constant wind and waves in the Pacific.

Slat said he’s disappointed, but not discouraged and pledged that operations would resume as soon as possible.

“This is an entirely new category of machine that is out there in extremely challenging conditions,” the 24-year-old Dutch inventor said. “We always took into account that we might have to take it back and forth a few times. So, it’s really not a significant departure from the original plan.”

Previously Slat said the boom was moving slower than the plastic, allowing the trash to float away.

A ship towed the U-shaped barrier in September from San Francisco to the Great Pacific Garbage Patch – an island of

trash twice the size of Texas. It had been in place since the end of October.

The plastic barrier with a tapered 10-foot-deep (3-meter-deep) screen is intended to act like a coastline, trapping some of the 1.8 trillion pieces of plastic that scientists estimate is swirling in the patch while allowing marine life to safely swim beneath it.

Slat has said he hopes one day to deploy 60 of the devices to skim plastic debris off the surface of the ocean

Hayward welcomes new library director

SUBMITTED BY THE CITY OF HAYWARD

Following a competitive recruitment and interview process, Hayward officials recently selected Jayanti Addleman as the city’s new Director of Library Services. Addleman comes to Hayward from the Monterey County Free Libraries (MCFL) where she worked for 14 years,



most recently as library director. Under Addleman’s leadership, MCFL became recognized as a vibrant organization that encourages innovative ways of stretching resources and delivering services to an extremely diverse population. Addleman is widely considered a passionate advocate for literacy, inclusion of underserved and marginalized communities,

and helping people reach their potential. She has been recognized for professional achievement, including selection in 2015 as California Library Association’s Outstanding Librarian in Support of Literacy and as one of Monterey County’s Outstanding Women. Addleman began her career at the pioneering online information company Dialog Information Services of

Palo Alto. She has worked at Salinas Public Library, Hartnell College and Gavilan College, and earned a Master of Arts degree in English from Jadavpur University in India and a Master of Library Science degree from San Jose State University. She started her Hayward job January 14, 2019



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Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Community Disaster Preparedness Training Programs

The City of Fremont's Fire Department has released the 2019 schedule for its Disaster Preparedness Training Program, including free Personal Emergency Preparedness (PEP) and Community Emergency Response Team (CERT) classes. PEP classes are specifically designed to help residents prepare for a disaster and to take care of themselves and their families before, during, and after a disaster.

The class will educate residents on earthquake and disaster awareness, fire extinguisher types, smoke detector placement, and sheltering in place. PEP classes at the Fremont Fire Administration Office, 3300 Capitol Ave. (behind the building), will be held from 7 p.m. to 10 p.m. Tuesday, January 22; Tuesday, March 19; Wednesday, May 22; Tuesday, July 16; Tuesday, October 15; and Monday, November 18. In addition, classes at the Fremont Fire Training Tower, 7200 Stevenson Blvd. (West end), will be held from 9 a.m. to 12 noon Saturday, April 13; and Saturday, August 17. To register for a PEP class, call (510) 494-4244 or email FirePubEd@fremont.gov. If your group would like to schedule a personal group PEP class at your location, call Chuck Guaraglia at (510) 792-3473 or email guaraglia@comcast.net.

Additionally, Fremont Fire has developed the Community Emergency Response Team (CERT) program, which consists of three classes that provide residents with the skills they need to assist themselves, their families, neighbors, and Fire Department in the event of earthquakes, fires, floods, or other natural disasters. Anyone interested in taking a CERT class must first attend a Personal Emergency Preparedness (PEP) class. The free CERT training classes include detailed, hands-on training in building damage assessment, small fire fighting, search and rescue, first aid triage, lifting heavy objects off trapped persons, moving injured people, and incident command system

and disaster communications. CERT classes will be held at the Fremont Fire Training Tower on the following dates:

- CERT Class Series I**
- Class 1: 7 p.m. to 10 p.m. Friday, March 29
- Class 2: 8 a.m. to 5 p.m. Saturday, March 30
- Class 3: 8 a.m. to 5 p.m. Sunday, March 31
- CERT Class Series II**
- Class 1: 7 p.m. to 10 p.m. Friday, July 19
- Class 2: 8 a.m. to 5 p.m. Saturday, July 20
- Class 3: 8 a.m. to 5 p.m. Sunday, July 21
- CERT Class Series III**
- Class 1: 7 p.m. to 10 p.m. Friday, October 11
- Class 2: 8 a.m. to 5 p.m. Saturday, October 12
- Class 3: 8 a.m. to 5 p.m. Sunday, October 13

To register for the CERT program, call (510) 494-4244 or email FirePubEd@fremont.gov.

Enrollment Underway for Teen Explorer Program

The Fremont Police Department is currently accepting applications for the Teen Explorer Program, a fun and safe way for teenagers to learn more about the field of law enforcement. Explorers participate in activities such as community events, ride-alongs, traffic control, building tours, and school visits. In addition, explorers are required to attend weekly meetings at the Police Department. This program gives teens an understanding of various law enforcement careers and helps them decide whether to pursue a career in law enforcement. All new explorers are required to attend a one-week Explorer Academy in southern California (Late July or early August 2019). If you are between the age of 14 to 18 and interested in learning more about becoming a Police Explorer or having a future career in law enforcement, visit the Department's Explorer Volunteer webpage at www.FremontPolice.org/Explorers. Applications will be accepted until 5 p.m. February 1.

Irvington Community Workshop

In November 2018, City of Fremont Planning staff received direction from the Fremont City Council to conduct a community workshop to provide an overview

of the City's General Plan as it applies to the Irvington Community Plan Area. The plan is intended to strengthen the historic heart of Irvington and allow it to grow in a vibrant way that maintains its neighborhood character. To learn more, read the Irvington Community Plan at www.Fremont.gov/IrvingtonCommunityPlan. The city invites the Irvington community to attend the workshop from 7:00 p.m. to 8:30 p.m. Wednesday, January 16. The workshop will provide an opportunity to discuss the General Plan for Irvington and explain the new state legislation that affects local planning efforts. City staff from planning, the police department, and transportation engineering will also be available to answer questions. The Irvington Community Workshop will be held at Fremont Main Library, Fukaya Room, 2400 Stevenson Blvd. For more information, visit www.Fremont.gov/IrvingtonCommunityWorkshop.

Help Needed for Homeless Count 2019

The County of Alameda conducts a homeless count biennially to retain and improve Alameda County's funding for homeless services and meet federal data reporting requirements. It also increases community understanding of homelessness, and informs strategic, program, and policy planning. The next countywide homeless count will take place 5 a.m. to 10 a.m. Wednesday, January 30. The City of Fremont will lead the coordination effort in the South County and seeking volunteers to participate in the event. Volunteers will work alongside formerly or currently homeless guides to count the number of homeless individuals in the South County. Volunteers will receive specific assignments the day of the count. The deployment center location is the Fremont Fire Department Training Classroom, 3300 Capitol Ave, Building A in the rear entrance. Training will be provided from 12 noon to 1 p.m. January 18 at the deployment center location. An online training will be available for volunteers who are unable to attend in-person. Participation in this year's homeless count includes a five- to six-hour total time commitment. For questions or to sign up to volunteer, visit www.Everyonehome.org/Everyone-Counts.

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- Tourette's Syndrome

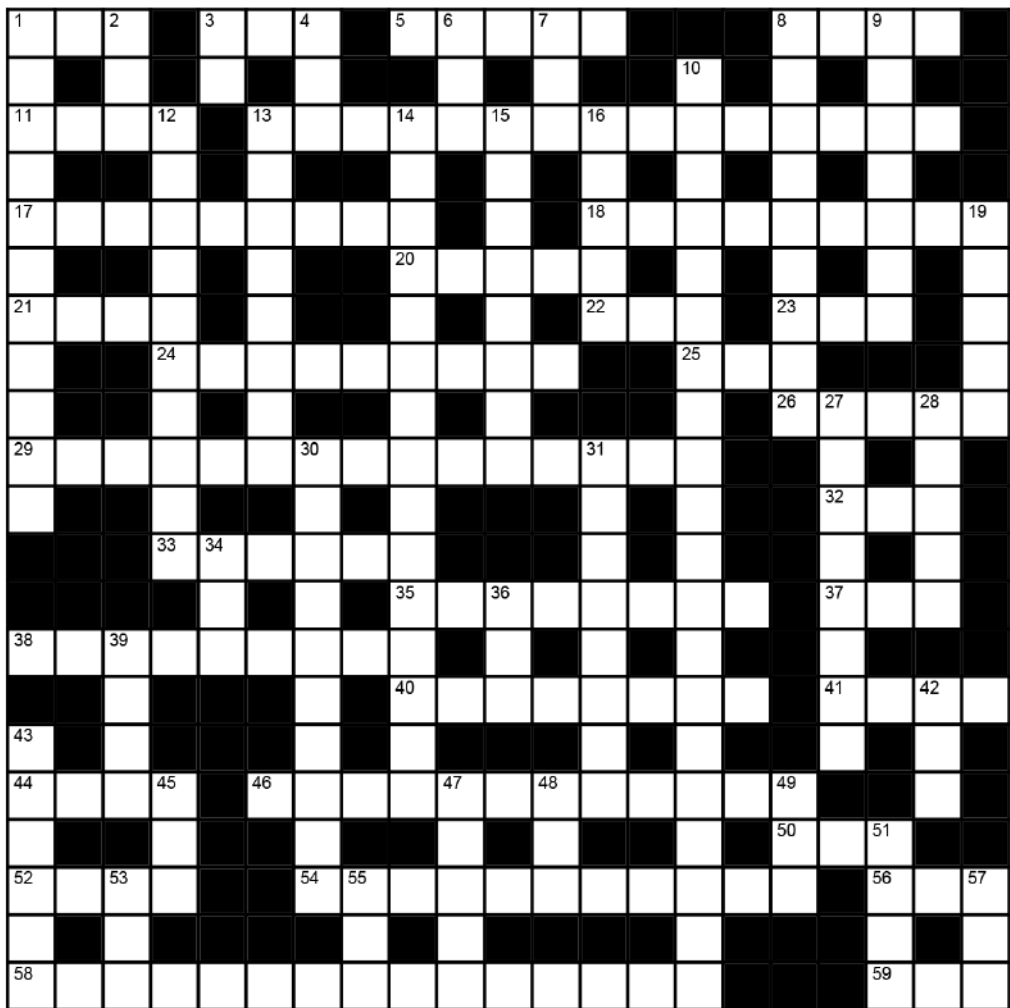
Connie Tsai



L.Ac. 16592
39803 Paseo Padre Parkway, Suite D
Fremont, CA 94538
408-888-3616

Mind Twisters

Crossword Puzzle



- Across

1 Law, in Lyon (3)

3 Bit of butter (3)

5 Avoid (5)

8 1968 Chemistry Nobelists (4)

11 Baby's bed (4)

13 Genius (6,9)

17 Summarize (9)

18 Put down (9)

20 Go on and on (5)

21 Casting need (4)

22 ___-Caps (3)

23 "___ pig's eye!" (3)

24 Stops (9)

25 Currency exchange board abbr. (3)

26 Bandleader Skinnay ___ (5)

29 Crazy (3,2,1,5,4)

32 "I do," for one (3)

33 Civil War battle site (6)

35 Together (2,6)

37 Big ___ (3)

38 Judge, at times (9)

40 Assailed (4,4)

41 Jemima, e.g. (4)

44 Count played by Jim Carrey in "Lemony Snicket's A Series of Unfortunate Events" (4)

46 Speaker of the quote (4,1,7)

50 Emma player in "The Avengers" (3)

52 R-rated, maybe (4)

54 Gab (7-4)

56 Pioneer cell phone co. (3)

58 Fast (9,6)

59 Heart lines: Abbr. (3)

Down

1 Changing places (6,5)

2 Here, elsewhere (3)

3 ... (2)

4 Double standard? (3)

6 General in gray (3)

7 Drill wielder: Abbr. (3)

8 Ignores (4,5)

9 Stone name (7)

10 Batting order? (4,4,3,2,3,4)

12 "Of course" (2,3,5)

13 Stop on the way (4,4)

14 "Relax!" (4,4,5,2)

15 Sandwich filler (4-4)

16 They may be cracked (5)

19 Cubes (5)

27 Soup ingredient (4,4)

28 Apollo 15 astronaut James ___ (5)

30 Blue state (10)

31 Building wing (8)

34 Yes, in Yokohama (3)

36 ... (3)

39 Eastern music (4)

42 "___ so fast!" (3)

43 Not as good (6)

45 Swelter (3)

47 Phony (5)

48 "Mangia!" (3)

49 Big laugh (3)

51 "A Death in the Family" writer (4)

53 Half of D (3)

55 Sun Devils' sch. (3)

57 Brain scan, for short (3)
- ## Sudoku:
- Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.
- | | | | | | | | | |
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| 5 | | | 6 | | | | 1 | |
| 2 | 6 | 9 | 1 | | | | 5 | |
| | 4 | | 5 | 7 | | 9 | | |
| | 3 | | | | 6 | | | |
| | 9 | 6 | 4 | 3 | | | | 8 |
| | | | 2 | | | | | |
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| A | B | N | E | G | A | T | E | | H | A | P | P | Y | A | S | A | L | A | R | K | |
| B | | A | | I | E | | E | S | | I | | | | | | | | W | T | | |
| R | | S | K | A | T | E | S | O | N | T | H | I | N | I | C | E | | A | L | S | |
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| 8 | 6 | 4 | 9 | 1 | 5 | 2 | 3 | 7 |
| 3 | 9 | 1 | 4 | 2 | 7 | 5 | 6 | 8 |
| 7 | 5 | 2 | 3 | 6 | 8 | 9 | 4 | 1 |
- ## Tri-City Stargazer FOR WEEK: JANUARY 16 - JANUARY 22
- For All Signs: Eclipses always occur in pairs. On January 5, we experienced a partial Solar Eclipse. This week on January 21 we will have the answering total Lunar Eclipse in the sign of Leo at 12:16 a.m. It should be visible in both North and South America to those with clear weather. This is a Supermoon, closer than normal to the earth. It will be brighter than is normal and appear larger. A lunar eclipse is essentially a strongly punctuated full moon. All those activities normally related to the full moons, such as
- increased traffic and potential for accidents, general hyperactivity, etc. are double accented. Often a full moon eclipse will bring fulfillment or consummation of important affairs in life. If an activity has a flaw or a foundation problem, its crack becomes visible near the full moons. This is notable especially on eclipses. See your Sun and Ascending signs below for a discussion of this eclipse series in your life. The effects will last approximately 10 to 18 months.
- Aries the Ram (March 21-April 20):** The full moon side of this eclipse season may bring fresh news to light about someone in the family. For example, a pregnancy is announced. The new moon calls upon you to take steps toward beginning something new in your career, even if it feels like a risk. Start your research.
- Taurus the Bull (April 21-May 20):** The accent of this eclipse cycle will be on travel, education, care of vehicles and relationships to siblings, roommates, neighbors, or others who daily traverse your life. Habit patterns of thought will be brought to consciousness so negative thinking can be corrected. You will be introduced to new practical life skills.
- Gemini the Twins (May 21-June 20):** During this new 18-month series of eclipses you will be learning to value yourself in new ways. Alongside of that comes education in the management of money and other resources, such as time and energy. There will be less assistance from others in these arenas, but you are creating these resources for yourself.
- Cancer the Crab (June 21-July 21):** The eclipses of this new 18-month series will draw your attention to your partnerships. Patterns from your childhood history needed to be uncovered, repaired or removed in order to allow your growth into a more mature relationship. Psychotherapy may be truly helpful. There may be a crisis of consciousness at this time.
- Leo the Lion (July 22-August 22):** On this eclipsed full moon you may discover or reveal one or more secrets. Dreams and intuition are very strong. Issues of mental health are emphasized. The strength of the interplay between physical and emotional health is apparent. You likely will vow to change health habits that are destructive.
- Virgo the Virgin (August 23-September 22):** The results of contributions you have made to your community become apparent. "Your community" may include organizations to which you belong, your friends, and various connections you have made along the way. A new beginning occurs in the arena of romance or life with children, the territory of play.
- Libra the Scales (September 23-October 22):** Matters concerning your family and property will be accented for the next 18 months. Old problems in relationships, even with the deceased, will surface for cleansing and healing. A new family member may enter the scene, or you may begin to spend more time with family in general.
- Scorpio the Scorpion (October 23-November 21):** You will be mulling over where you stand about moral, ethical and philosophical issues. Information has come to your attention that pressures you to recognize a fallacy in your belief system. This is disturbing, but it is the only way to mature the system. What has been a black/white issue has a lot grayer than you previously thought.
- Sagittarius the Archer (November 22-December 21):** This eclipse pattern will emphasize issues of sexuality, intimacy, and material accumulation. Reorganization of debt, investments and your estate may be in progress. You may now be more conscious than usual about existential matters related to life, death, and what is on "the other
- side" of normal, waking consciousness.
- Capricorn the Goat (December 22-January 19):** The eclipses of this new 18-month series will draw your attention to your partnerships. Patterns from your childhood history needed to be uncovered, repaired or removed in order to allow your growth into a more mature relationship. Psychotherapy may be truly helpful. There may be a crisis of consciousness at this time.
- Aquarius the Water Bearer (January 20-February 18):** This eclipse pressures you to concentrate on improvement of work-related relationships and health maintenance. Diet, exercise and improvement of physical regimen will become
- imperative. Honing your management systems in personal and work arenas is necessary to create order in your daily work routine.
- Pisces the Fish (February 19-March 20):** This eclipse pattern emphasizes your progeny or other personally creative births. Romantic ventures will be intensely emotional and self-revealing. You will be learning a few lessons in discernment concerning friendships and associations that no longer serve you well.
- Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).
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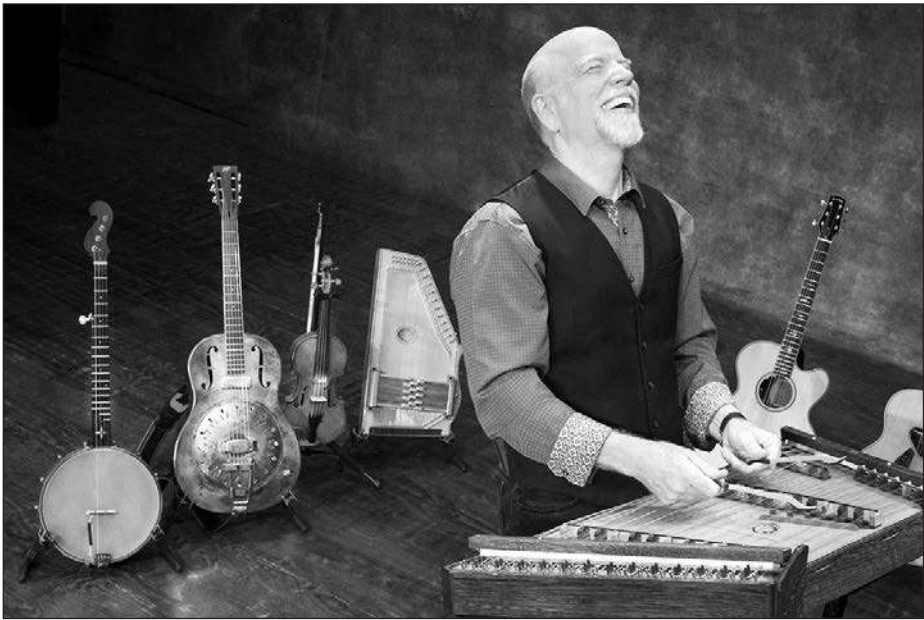
Folksinger John McCutcheon

called “To Everyone in All the World: A Celebration of Pete Seeger,” featuring many guests including the Steel Wheels, Hot Rize, and Suzy Bogguss. In many ways, this album has been a long time coming.

McCutcheon was 11 years old when his mother insisted he watch with her the news reports from the March on Washington for Jobs and Freedom—the historic event during which Martin Luther King, Jr., gave his “I Have a Dream” speech. Joan Baez, Bob Dylan, and Peter Paul and Mary helped cement the relationship between mainstream folksingers and the civil rights movement at the gathering. What McCutcheon saw that day would be seared into his memory forever. It wasn’t only the historical images and inspiring rhetoric that moved the young boy, but also the music.

“That’s where I discovered folk music,” he says. “I’d never heard of it but there was Joan Baez, Bob Dylan, and Peter, Paul and Mary. Pete was the next logical thing [to discover] but I didn’t know anything about him until I got that album.”

The album he’s referring to was Seeger’s “We Shall Overcome,” recorded live at Carnegie Hall that same year (1963). It presented the folksinger in his natural habitat, in front of an audience that was at once profoundly moved by his stirring, empathic performance, and eager to participate with him. That recording, McCutcheon says, is “filled with iconic songs from that movement.”



“I’d never heard a live concert recording before and I certainly had never heard an audience like that. Audiences were supposed to just sit there and clap, but this was something really, really different. It made me want to be a part of that. It made me want to be in that audience. It’s shaped how I think concerts can and often should be: It’s a conversation, a trip you take together. It’s about moving rather than impressing.”

In the 55 years since, McCutcheon has released dozens of albums and performed in countless venues, in the spirit of moving rather than impressing people. In fact, Seeger’s influence was so indelible, McCutcheon named his 1975 debut after a song he learned from the late folksinger, “How Can I Keep from Singing?”

That song appears again on “To Everyone in All the World” as the final track. It is the most stripped-down performance on the disc, delivered as a sort of meditation with McCutcheon singing

and playing a Tibetan singing bowl as multi-instrumentalist Jon Carroll plays expansive chords on an organ. While that track is a beautiful period on the sentence of this album, it stands in contrast to the rest of the disc, wherein McCutcheon has gathered an exquisite cast of musicians to help him explore these classic songs in new ways.

In addition to old friends like Pete Kennedy and Tim O’Brien, with whom McCutcheon has recorded several times, he also enlisted the support of Suzy Bogguss, Stuart Duncan, and many more. “It was really easy to convince everybody to sing on a Pete Seeger tribute album,” he says. Indeed, the spirit of the recording allowed him the opportunity not only to work with artists he’d been wanting to record with for years, but also to explore the many avenues of folk and roots music to which Seeger’s music opened his ears.

All told, “To Everyone in All the World” is a fitting tribute to the late folksinger, whose life’s work was an equal balance of collecting songs, singing them, and encouraging others to add their voices to the choir. Here, McCutcheon has added not only his own vital voice but those of many of his dearest friends. McCutcheon said it best in the liner notes he penned himself: “Pete was more than merely a musician. He was a man of unique courage. He was generous, humble, and as flawed as any of us humans can be. But he was relentless in his willingness to learn and to grow. He gave us songs to fill our throats and our hearts. May the many lessons he left us help us put our own hands on the plow. He did it well for 94 years. It’s our turn now.”

John McCutcheon returns to Fremont on January 21, Martin Luther King, Jr. Monday. Catch this truly inspiring and joyful musician live in his craft, playing numerous instruments including guitar, banjo, piano, hammered dulcimer and more.

Tickets are \$27 for adults, \$15 for children 12 and under, and children under five are free. For information or to purchase tickets, call (510) 797-1492, ext. 203 or email events@saintj.com. For more information about John McCutcheon go to www.folkmusic.com.

John McCutcheon
Monday, Jan 21
7:30 p.m.
St. James’ Episcopal Church
37051 Cabrillo Terr, Fremont
(510) 797-1492 ext. 203
https://saintj.com/wp/event/john-mc-cutcheon-in-concert/?instance_id=44899
Tickets: \$15 – \$27

Chamber Gala honors outstanding community service

SUBMITTED BY HAYWARD
CHAMBER OF COMMERCE
PHOTOS BY RUSSELL FOOTE

Renee Rettig, owner of Books on B in downtown Hayward, will be honored as Business Person of the Year at the 75th annual “Hayward Chamber of Commerce Awards Celebration Gala” on Saturday, January 26. Rettig will be honored along with recipients of awards for Hayward’s Educator, Firefighter, and Police Officer of the Year. “This is one of Hayward’s great traditions and reflects the esteem this city has for those that make community service part of their life’s work,” said Kim Huggett, president and CEO of the chamber. “The fact that the gala sells out every year says a lot about Hayward and this event.”

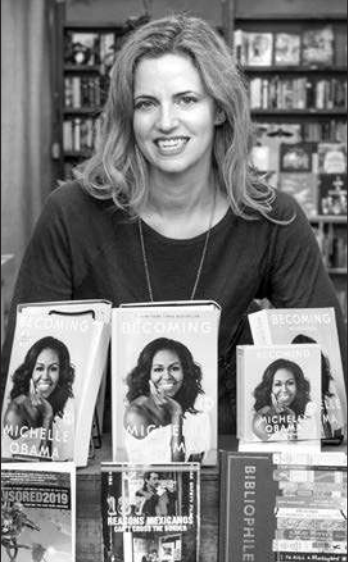
This year’s “diamond anniversary” event will feature a reception followed by a gourmet meal, fine wines, and the awards ceremony. Silent and live auctions will benefit Leadership Hayward, now in its 29th year of training Hayward’s current and future leaders.

Business Person of the Year: Renee Rettig
Sponsored by Kaiser Permanente

After 56 years as a staple in Hayward, The Book Shop closed in February 2017 when the developer of The Green Shutter Hotel upstairs needed to perform significant structural changes to the surrounding space to ensure it was seismically safe.

A 21-year manager at The Book Shop and a serious bibliophile, Renee Rettig sprang into action to keep an independent bookstore in Hayward. She purchased leftover inventory from The Book Shop, secured a new name and permit and negotiated a lease across the street from the former bookstore at 1014 B Street.

Rettig consulted with the Alameda County Small Business



Hayward Business Person of the Year
Renee Rettig

Development Center to learn about lease negotiation, map out a business plan, review assets, and explore financing options. With help from her personal savings, a tenant improvement grant from the City of Hayward, and an online Indiegogo crowdfunding campaign with 480 contributors, Rettig realized her dream of opening an independent bookstore and preserving the legacy of a much-loved literary institution.

Police Officer of the Year: Detective Claudia Mau
Sponsored by St. Rose Hospital

Detective Claudia Mau has been an officer for 10 years and is assigned to the Criminal Investigations Bureau Special Investigations Unit, one of the most caseload heavy assignments. Despite her busy schedule, Detective Mau volunteers to teach at the Citizen’s Academy for English and Spanish speaking citizens of the City of Hayward and also takes time to educate community members on important topics such as domestic violence and child abuse.

She conducts thorough investigations into investigations involving vulnerable victims, including children and



Hayward Police Officer of the Year
Detective Claudia Mau

elder/dependent care adults. The burden of these cases and what she has to see and hear on a daily basis has not diminished her enthusiasm to help victims out of desperate situations and place suspects behind bars.

Detective Mau is in communication with Child Protective Services, Adult Protective Services, Community Care Licensing, doctors at Children’s Hospital, Forensic Interview Specialists at CALICO, and the district attorney’s office to ensure victims and families receive the best service. She is a member of the HPD Crisis Negotiation Team.

Educator of the Year: Kristina Adams
Sponsored by Tri-CED Recycling

For the past eight years Kristina Adams has served as Director of Early Childhood Education Programs for the Hayward Unified School District. In her role she supports and supervises the educational program for more than 700 of Hayward’s youngest learners.

A passionate advocate for children, Adams was selected as Educator of the Year for her outstanding contributions to both the Early Childhood Education Programs in Hayward



Hayward Firefighter of the Year
Captain Daniel Grueneberg

and elsewhere. Referring to her students as her “babies,” Adams has built a loving and nurturing learning community for her students, their families, and the staff, in order to provide the foundation they will need for their entire educational career.

Adams has fostered a shared commitment and unifying vision within the staff to consistently do what is best for children and their families. Her leadership has guided her staff to be in the forefront of early childhood learning practices.

Firefighter of the Year: Captain Daniel Grueneberg
Sponsored by Paramedics Plus

Captain Daniel Grueneberg has worked for the Hayward Fire Department for the past 12 years. He was a firefighter for four years before promoting to apparatus operator and serving in that position for eight years. This month he was named captain at Engine Five. He has been married to wife Londyn for eight years and they have two boys, Talyn, 7, and Knox, 4. Grueneberg’s father was in the fire service where his involvement inspired Grueneberg to become a firefighter from an early age. He considers his work with the Hayward Fire Department to be his “dream job,”



Hayward Educator of the Year
Kristina Adams

working as a firefighter for the best organization that he knows.

The Celebration Gala will be held in the New University Union on the Hayward campus of California State University, East Bay. Reservations for the gala, which is black tie optional, are \$175 apiece and \$1,400 for a table and can be arranged at the Hayward Chamber of Commerce, 22561 Main Street, or online at <http://events.r20.constantcontact.com/register/event?oeidk=a07efvwb58e81ed4d5&llr=dbzk8odab>. Businesses and organizations can participate as event sponsors by contacting the chamber office at (510) 537-2424.

Hayward Chamber of Commerce Awards Celebration Gala
Saturday, Jan 26
6 p.m.
California State University, East Bay
New University Union
25800 Carlos Bee Blvd, Hayward
(510) 537-2424
<http://hayward.org/>
Tickets: \$175;
\$1,400 for a table

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Home & Garden

Novel Nurseries for the new year

ARTICLE AND PHOTOS BY DANIEL O'DONNELL

Regan Nursery and Dale Hardware Garden Center in Fremont and Evergreen Nursery in San Leandro are outstanding local nurseries that Tri-City residents and the neighboring communities are lucky to have. They have friendly and knowledgeable staff members, sell quality plants, and give back to the local communities in numerous ways. Purchasing from one of these nurseries on a regular basis is the best way to support them. However, every now and then it is nice to visit some of the other nurseries around the Bay Area. Especially if you want to start the new year by finding fresh inspiration for new garden projects, attending a

Alden Lane Nursery (www.aldenlane.com) is just a short scenic trip over the Sunol grade or through Niles Canyon



Annie's Annuals



Flora Grubb

and into Livermore. The nursery was established in 1955 but remains on the cutting edge by offering free basic, rose, and grape pruning classes. They host a handful of free annual events such as a daffodil show in March and an iris show in April. "Art Under the Oaks," usually sometime in July, has over 40 regional artists and musicians sprinkled throughout the nursery, giving visitors their fill of local culture. Local wineries and food vendors ensure that no one's stomach will go empty either.

Grove Way Bonsai Nursery in

class to learn or sharpen various garden skills, or just have an enjoyable day out.

Small and family-operated nurseries have been slowly disappearing from the Bay Area landscape for more than 30 years. Competition from big box stores, high land values, and homeowner's lack of time to spend in the garden have made it difficult for many garden centers to stay in business. There is a ray of hope in this otherwise disheartening scenario in that the current trend for plant shops is to make the nursery experience more than just purchasing a plant.



Hayward is one of only a few bonsai-only nurseries in the Bay Area; the next closest centers are in the Sacramento or Santa Rosa area. The nursery was founded by Yoneo (Johnny) Uchida, a bonsai teacher recognized internationally as a master bonsai artist. Although the nursery hosts an annual show in Union City and offers beginner and advanced classes at the Castro Valley Adult School in conjunction with the Yamato Bonsai Kai (club), the nursery itself is worth a visit. There are plenty of captivating specimens to view or purchase as well as traditional pots and supplies. There is always someone there to answer questions or simply enjoy the bonsais with.

Annie's Annuals (www.anniesannuals.com) in Richmond is a nursery that deserves a pilgrimage to at least once a year for their rare, heirloom, native, or edible annual and perennial plants. Or three times a year for their Spring Planting Party, Mother's Day Soiree, or Fall Extravaganza. Regardless of when you visit, plant shopping is easy because Annie's only has seven different prices for all their plants represented by different colored labels, making it easy to stay within a budget.

Golden Gate Palms (www.goldengatepalms.com) in Point Richmond is a nine-acre paradise filled with exotic palms and succulents. Not far from Annie's Annuals, Golden Gate Palms is a garden center well worth visiting on a Richmond nursery day out. It makes a nice stop because it has a resident food truck serving Mexican cuisine that can be eaten in the demonstration garden patio.

Berkeley's Cactus Jungle Nursery and Garden (www.cactusjungle.com) shows

Annie's Annuals

that there is hope for a viable nursery in an affluent urbanized area. They propagate and grow all their own plants outdoors using only natural light, organic fertilizers, and native soil mixes at this succulent and cactus specialist nursery. A visit on any day is worth the trip but dropping in on a weekend for a terrarium building or succulent wreath class can be extra special.



Cactus Jungle

Flora Grubb Gardens (www.floragrubb.com) in San Francisco is a model for modern retail nurseries. The plants for sale are not grouped together by species, but rather paired with other plants as if they were in a designed landscape. Narrow paths twist and turn around corners exposing rare and unusual plants, living walls, garden art, and interesting planters including a full-sized classic car. Tables, chairs and benches are scattered throughout the nursery, so visitors can enjoy a specialty coffee and pastry from the coffee counter. There is a potting bench complete with supplies and expert advice to make a one of a kind objet d'art. They offer professional complimentary in-store design sessions to help get any garden project done just right.

The new year is often looked at as a time to make changes. However, as time progresses the motivation for change can fade away. A simple way to keep the new year spirit alive is to break out of a routine from time to time. Visiting or taking a class at a new nursery is an easy and enjoyable way to stay inspired all year long.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



THE ACWD CONNECTION

Upcoming Community Meetings

Join ACWD and talk one-on-one with staff during our open house meetings. You can learn more about proposed water rates, water shortage emergency stage rates and the projects and programs supported by your rate dollars.

Wednesday, January 16, 2019, 6:30 p.m. - 8:30 p.m. (presentation at 7:30 p.m.)
Ardenwood Elementary School - Multipurpose Room
33955 Emilia Lane, Fremont

Wednesday, January 30, 2019, 6 p.m. - 8 p.m. (presentation at 7 p.m.)
Los Cerritos Community Center
3377 Alder Avenue, Fremont

A public hearing on the proposed water rates and water shortage emergency stage rates will be held at 6 p.m. on February 7, 2019, at the District's Headquarters.

Visit www.acwd.org/rates for more information



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John McCutcheon Concert

Monday January 21

7:30 p.m., doors open at 7:00p.m.

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Thornton Ave at Cabrillo Terrace
Fremont

(510) 797-1492 ext. 203
events@saintj.com

**Tickets \$27 adults, \$15
children 12 & under, children under 5 free**





CASTRO VALLEY TOTAL SALES: 11									
Highest \$: 937,500		Median \$: 710,000							
Lowest \$: 620,000		Average \$: 751,091							
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			
3407 Middleton Avenue	94546	620,000	2	954	1940	12/5/18			

FREMONT TOTAL SALES: 33									
Highest \$: 2,450,000		Median \$: 950,000							
Lowest \$: 316,500		Average \$: 1,017,197							
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
38228 Paseo Padre Parkway #36	94536	316,500	1	750	1970	12/6/18			
38455 Bronson St #327	94536	415,000	1	750	1970	12/5/18			
248 Hackamore Com	94539	460,000	1	665	1984	12/4/18			
39139 Argonaut Way #208	94538	500,000	1	1030	1974	12/7/18			
38533 Vancouver Com	94536	550,000	2	976	1978	12/7/18			
5736 Birch Terrace	94538	550,000	2	945	1970	12/7/18			
38919 Cherry Glen Com	94536	689,000	2	1168	1987	12/7/18			
36126 Potel Common	94536	699,000	2	1213	1984	12/7/18			
984 Huntington Terrace	94536	700,000	2	1168	1988	12/7/18			
4785 La Mesa Court	94536	750,000	3	1150	1956	12/3/18			
5245 Tacoma Common	94555	770,000	2	950	1989	12/6/18			
4413 Cambria Street	94538	855,000	3	1269	1961	12/3/18			
36329 Pizarro Drive	94536	859,000	3	1168	1955	12/6/18			
4628 Victoria Avenue	94538	904,500	4	1744	1963	12/5/18			
35111 Cabrillo Drive	94536	930,000	3	1232	1967	12/4/18			
4760 Hedgewick Ave	94538	940,500	4	1744	1963	12/6/18			
37475 Willowood Drive	94536	950,000	3	1167	1955	12/5/18			
43366 Sweetwood St	94538	980,000	3	1356	1958	12/4/18			
43565 Euclid Drive	94539	984,000	4	3112	1988	12/7/18			
4408 Amador Road	94538	1,038,000	4	1948	1961	12/7/18			
40565 De Silva Court	94538	1,095,000	4	2009	1960	12/7/18			
3617 Pintail Terrace	94555	1,160,000	4	1853	1989	12/7/18			
3472 Darwin Drive	94555	1,200,000	3	1372	1971	12/6/18			
64 Calle Amigo Drive	94539	1,225,000	4	2040	1981	12/5/18			
34176 Finnigan Terrace	94555	1,271,000	3	1686	1990	12/4/18			
32721 Clear Lake Street	94555	1,300,000	4	1871	1976	12/6/18			
36220 Gibraltar Court	94536	1,340,000	5	2512	1965	12/4/18			
44038 Renoir Terrace	94539	1,376,000	4	2464	2012	12/4/18			
35654 Conovan Lane	94536	1,380,000	4	2173	1985	12/4/18			
2089 Boxwood Way	94539	1,380,000	4	1777	1964	12/6/18			
48855 Sauvignon Court	94539	1,750,000	0	3058	1998	12/6/18			
39330 Zacate Avenue	94539	1,800,000	5	4708	2007	12/4/18			
1612 Mento Terrace	94539	2,450,000	0	-	-	12/4/18			

HAYWARD TOTAL SALES: 28									
Highest \$: 1,360,000		Median \$: 655,000							
Lowest \$: 350,000		Average \$: 687,929							
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
681 Royston Lane #330	94544	350,000	1	643	1988	12/3/18			
25912 Hayward Blvd #207	94542	425,000	2	1307	1983	12/7/18			
1017 Imperial Place	94541	450,000	2	1565	1982	12/7/18			
921 Cheryl Ann Circle #2	94544	470,000	3	1245	1979	12/7/18			
21103 Gary Drive #109a	94546	475,000	2	1100	1993	12/4/18			
160 Newcomb Street	94541	500,000	3	1556	1952	12/3/18			
613 Minerva Street	94544	545,000	3	1135	1955	12/5/18			
25973 Regal Avenue	94544	560,000	3	1879	1952	12/3/18			
27953 Biscayne Avenue	94544	585,000	3	1000	1954	12/3/18			
26749 Gaither Way	94544	599,000	3	1059	1953	12/6/18			
22654 Myrtle Street	94541	615,000	3	1256	1952	12/5/18			
22819 Kiwanis Street	94541	615,000	3	1086	1950	12/6/18			
656 Macabee Way	94541	625,000	2	1227	2012	12/3/18			
225 Newhall Street	94544	650,000	3	1130	1954	12/7/18			
1104 Roxanne Avenue	94542	660,000	3	1476	1947	12/7/18			
25930 Madeline Lane	94545	675,000	3	1244	1959	12/6/18			
1646 Eastori Place	94545	685,000	3	1301	1956	12/4/18			
28093 Petrina Court	94545	736,000	4	1755	1963	12/5/18			
22395 Fuller Avenue	94541	770,000	2	1960	1925	12/7/18			
27190 Fielding Drive	94542	780,000	3	1683	1980	12/5/18			
27750 Fallen Leaf Court	94542	782,000	3	1887	1970	12/6/18			
29272 Chance Street	94544	800,000	3	1612	1994	12/6/18			

3907 Arbutus Court	94542	835,000	5	1490	1957	12/7/18			
509 Staccato Place	94541	860,000	3	1915	2016	12/7/18			
27431 Green Hazel Road	94544	920,000	0	2529	2000	12/7/18			
27895 Adobe Court	94542	935,000	5	2650	1971	12/3/18			
25389 Old Fairview Ave	94542	1,000,000	5	2772	1998	12/7/18			
29192 Marshbrook Drive	94545	1,360,000	4	3227	2006	12/4/18			
1410 Calhoun St	94,544	1780000	3	4564	1980	11/30/18			

MILPITAS TOTAL SALES: 7									
Highest \$: 1,320,000		Median \$: 976,000							
Lowest \$: 530,000		Average \$: 995,214							
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED			
428 Dempsey Rd#231	95035	530,000	3	1021	2007	12/4/18			
1592 Bond Street	95035	940,000	2	1300	2014	12/6/18			
1565 Coyote Creek Way	95035	950,000	3	1462	2014	12/7/18			
310 Riesling Avenue #20	95035	976,000	0	-	-	12/7/18			
1820 Lee Way	95035	1,000,500	3	1622	2013	12/3/18			
1626 Rocky Mountain Ave	95035	1,250,000	3	1264	1968	12/4/18			
2395 Mattos Drive	95035	1,320,000	5	1980	1970	12/7/18			

NEWARK		TOTAL SALES: 7				
Highest \$: 1,270,000		Median \$: 900,000				
Lowest \$: 680,000		Average \$: 927,143				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39821 Cedar Blvd #108	94,560	400000	1	777	1986	11/28/18
39821 Cedar Blvd#303	94,560	435000	1	777	1986	11/28/18
6378 Buena Vista Dr #B	94,560	600000	2	1301	1985	11/26/18
6386 Buena Vista Dr#B	94,560	615000	2	1301	1985	11/30/18
6250 Bellhaven Pl	94,560	680000	3	1966	1962	11/30/18
6781 Rochelle Ave	94,560	780000	3	1126	1962	11/28/18
36523 Cherry St	94,560	805000	3	1175	1959	11/28/18
8610 Enterprise Dr	94,560	807000	-	0	2017	11/30/18
37353 Ezra Dr	94,560	817000	3	1328	1992	11/28/18
36371 Cypress Point Dr	94,560	915000	3	1482	1969	11/30/18
35141 Maidstone Ct	94,560	970000	3	1701	1969	11/29/18
38945 Snapdragon Pl	94,560	1030000	3	1933	2017	11/29/18
37720 Spring Tide Rd	94,560	1034000	3	1712	2017	11/30/18
35322 Dover Court	94,560	1090000	4	1225	1963	11/27/18
37740 Spring Tide Rd	94,560	1100000	4	1886	2017	11/30/18
37729 Harbor Light Rd	94,560	1225000	3	2192	2017	11/28/18

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ThinkFremont



City of Fremont Hosting Irvington Community Workshop



In November 2018, City of Fremont Planning staff received direction from the Fremont City Council to

conduct a community workshop to provide an overview of the City's General Plan as it applies to the Irvington Community Plan Area. The plan is intended to strengthen the historic heart of Irvington and allow it to grow in a healthy and vibrant way that maintains its neighborhood character. To learn more, read the Irvington Community Plan at www.Fremont.gov/IrvingtonCommunityPlan.

The City invites the Irvington community to attend the workshop on Wednesday, January 16. The workshop will provide an opportunity to discuss the General Plan as it applies to Irvington and explain the new state legislation

that affects local planning efforts. City staff from Planning, the Police Department, and Transportation Engineering will also be available to answer questions.

The Irvington Community Workshop will be held Wednesday, January 16, from 7 p.m. to 8:30 p.m. at the Fremont Main Library in the Fukaya Room, located at 2400 Stevenson Blvd.

For more information, please visit www.Fremont.gov/IrvingtonCommunityWorkshop.

Recycled Material Standards

Recycling provides the raw materials needed to manufacture new products that are consumed every day. The paper, plastic bottles, jars, and metal cans placed in recycling bins are sorted and shipped to manufacturers in the U.S. and around the world. But the task of washing recyclable material is up to each household and business rather than our local recycling center. Only clean recyclables will meet strict new standards and have a chance to be used to create new products.

What can you do to help sustain a healthy recycling system in our community?

Keep items clean and dry. Materials soiled by liquids or food are not acceptable for making new products. Because recyclables are mixed into one bin, it's important for cans and food containers to be rinsed and free of residue in order to keep the paper products clean. Any remaining food on containers can become

moldy and rancid, creating an unhealthy environment for the recycling workers who handle the materials. Items that are not rinsed cannot be recycled.

Recyclables should be placed loose in household recycling carts. Neither bagged materials nor plastic bags of any type belong in the carts. Bags of recycling must be opened by hand and often appear to be bags of garbage to the recycling workers, increasing the chance that they could end up in the landfill. Also, torn or loose bags get tangled in the equipment at the recycling facility, creating maintenance delays that slow the process and make recycling more expensive. Please note that plastic bags can generally be returned back to the grocery store for recycling. For more information about the recycling program, contact the City's Environmental Services Division at 510-494-4570 or visit www.Fremont.gov/Environment.



Upcoming Homeless Count 2019 We Need Your Help!



The County of Alameda conducts a homeless count once every two years to retain and improve Alameda County's funding for homeless services and meet federal data reporting requirements. It also increases community understanding of homelessness, and informs strategic, program, and policy planning.

The next biennial county-wide homeless count will take place on Wednesday, January 30. Once again, the City of Fremont will lead the coordination effort in the South County and is looking for volunteers to participate in this important event. Volunteers will work alongside formerly or currently homeless guides to count the number of homeless individuals in the South County.

The homeless count will take place in the early morning from approximately 5 a.m. to 10 a.m. on Wednesday, January 30 within the South County limits. Volunteers will receive specific assignments the day of the count. The deployment center location is the Fremont Fire Department Training Classroom, located at 3300 Capitol Ave., Building A in the rear entrance. One hour of training will be given on January 18 from 12 p.m. to 1 p.m. at the deployment center location. An online training will be available for volunteers who are unable to attend in-person training. Participation in this year's homeless count includes a five to six hour total time commitment.

For questions or to sign up to volunteer for the count, visit www.Everyonehome.org/Everyone-Counts.

Fremont Fire to Offer Community Disaster Preparedness Training Programs in 2019



The City of Fremont's Fire Department has released the 2019 schedule for its Disaster Preparedness Training Program, including free Personal Emergency Preparedness (PEP) and Community Emergency Response Team (CERT) classes. PEP classes are specifically designed to help residents prepare for a disaster and to take care of themselves and their families before, during, and after a disaster.

This one-time, three-hour class will educate residents on skills such as earthquake and disaster awareness, fire extinguisher types, smoke detector placement, and sheltering in place. The Fire Department offers PEP classes at two locations on multiple different dates to

offer community members the opportunity to attend the class that best suits their schedule.

PEP classes at the Fremont Fire Administration Office, located at 3300 Capitol Ave. (behind the building), are held from 7 to 10 p.m. and are offered on:

- Tuesday, January 22
- Tuesday, March 19
- Wednesday, May 22
- Tuesday, July 16
- Tuesday, October 15
- Monday, November 18

In addition, classes at the Fremont Fire Training Tower, located on 7200 Stevenson Blvd. (West end), are held from 9 a.m. to 12 p.m. on Saturday, April 13 and Saturday, August 17.

To register for a PEP class, please call 510-494-4244 or email FirePubEd@fremont.gov. If your group would like to schedule your own personal group PEP class at your location, please contact Chuck Guaraglia at 510-792-3473 or guaraglia@comcast.net.

Additionally, Fremont Fire has developed the Community Emergency Response Team (CERT) program, which consists of three classes that provide residents with the skills they need to assist themselves, their families, neighbors, and Fire Department in the event of earthquakes, fires, floods, or other natural disasters. Anyone interested in taking a CERT class must first attend a Personal Emergency Preparedness (PEP) class.

The free CERT training classes include detailed, hands-on training in building damage assessment, small fire fighting, search and rescue, first aid triage, lifting heavy objects off trapped persons, moving injured people, and incident command system and disaster communications.

CERT classes will be held at the Fremont Fire Training Tower on the following dates:

CERT Class Series I

- Class 1: Friday, March 29 at 7 p.m. to 10 p.m.
- Class 2: Saturday, March 30 at 8 a.m. to 5 p.m.
- Class 3: Sunday, March 31 at 8 a.m. to 5 p.m.

CERT Class Series II

- Class 1: Friday, July 19 at 7 p.m. to 10 p.m.

- Class 2: Saturday, July 20 at 8 a.m. to 5 p.m.
- Class 3: Sunday, July 21 at 8 a.m. to 5 p.m.

CERT Class Series III

- Class 1: Friday, October 11 at 7 p.m. to 10 p.m.
- Class 2: Saturday, October 12 at 8 a.m. to 5 p.m.
- Class 3: Sunday, October 13 at 8 a.m. to 5 p.m.

To register for the CERT program, please call 510-494-4244 or email FirePubEd@fremont.gov.



Fremont.gov



cof@fremont.gov

| Fremont.gov/Social Media



BEATING THE WINTER BLUES

While the end of the hectic holiday season can oftentimes bring a sigh of relief, the absence of its social highlights – holiday parties, well wishes, and greeting cards from friends – can also leave many people feeling a bit lonely. If you find that you’re struggling to maintain a spirit of connection and joy following the holiday season, don’t despair.

It’s normal around this time of year, with short days and cold nights, to experience feelings of loss or loneliness. If you are feeling down, here are some simple ways to get yourself through the season and embrace the opportunities of the New Year.

- 1. Know that you’re not alone.** Feelings of sadness following the holiday season are common. Acknowledge your feelings and remember that it’s OK to feel this way.

2. Plan for positive growth. Make a list of your personal priorities for the year, no matter how small or large. Consider what areas of your life you’d like to develop more – perhaps learning a language or trying out a new art or craft. If you’re feeling lonely, put special emphasis on growing friendships and expanding your social circle. By articulating this as a priority, it will motivate you to make progress.

3. Give back. If you’re feeling lonely or down about your own life circumstances, consider finding ways to give back to those around



- you who are in need. Visit elders at a senior community, help out at a local soup kitchen or clothing drive, or read to children at your library. More of an animal lover? Consider volunteering at a humane society or fostering homeless animals.
- 4. Maintain healthy routines.** The holidays often disrupt our usual schedules, and it’s easy to forget to get back to the healthy activities that can help manage stress and sadness. Make sure to include physical activities on your calendar, like going for walks and visiting the gym.
- 5. Create a buddy system.** If you’ve recently lost a loved one, it can

seem intimidating to attend social gatherings or cultural events by yourself. Rather than skipping them, consider who among your friends or acquaintances might like to attend with you. You might help yourself and someone else by extending an invitation.

6. Eat nutritious meals. Food is fuel. You won’t be able to succeed in your goals and maintain your health without proper nutrition. Make sure to eat a variety of fruits and vegetables, lean proteins, and whole

grains. Drink plenty of fresh water throughout the day to stay hydrated.

7. Be open to new experiences. You might be tempted to think that because you haven’t tried something before that you won’t be good at it. Don’t count yourself out too quickly. Try to challenge yourself more than you’re naturally inclined. Who knows: You might enjoy yourself and even find a new passion.

8. Be proactive about invitations. Rather than waiting for people to invite you to socialize, reach out to friends and neighbors who you haven’t talked to in awhile and invite them to get together. Whether it’s meeting for a cup of coffee or planning to check out a local museum together, the first step is to set plans in motion.

9. Get plenty of rest. Most people need between six and eight hours of sleep each night to function effectively and regulate mood. While it’s important to be active and social, make sure to give yourself plenty of downtime to avoid burnout.

10. Express gratitude. Take time every day to make note of specific, positive things in your life. Maybe you received a phone call from a friend, saw an adorable dog, or witnessed a lovely sunbeam break through a cloud. No matter how small, taking stock of moments of happiness and expressing gratitude for them can help you to focus on the positive elements of your life.

CELEBRATE INTERNATIONAL QUALITY OF LIFE MONTH

January is International Quality of Life Month! Paired with the beginning of a new calendar year – and oh-so-popular New Year’s resolutions – it’s a perfect time to take stock of your life and find small ways to improve its quality. Start with goals that are easily achievable; the success will motivate you to continue.

- Help ensure sufficient sleep by aiming to go to bed half an hour earlier.
- Boost your nutrition by adding an extra serving of vegetables to your plate.
- Learn something new: Sign up for a music or arts class.
- Stay social by visiting friends or volunteering at a local charity.

By committing to make small changes each day, at the end of 2019 you’re likely to find that they’ve had a big effect!

ABOUT THE MASONIC HOMES OF CALIFORNIA

The Masonic Homes of California is a charitable organization devoted to helping our communities and families live well and achieve meaningful and rewarding lives. The longest continuously operated organization in Union City, CA, the Masonic Homes has been a trusted name in health care since 1898. Its campus on Mission Boulevard is home to over 300 residents, employs 200 health care professionals, and provides volunteer opportunities to over 500 members of the Tri-City community. The Masonic Homes shares its campus with Acacia Creek Retirement Community, and both offer a variety of services, including independent and assisted living, skilled nursing, and rehabilitation services. Its Outreach Services office also provides information and referral services to community members within the Tri City region and beyond.

For more information about the Masonic Homes of California, its residents, and services, visit masonichome.org. And, follow us on Facebook @masonichomesofca.



Masonic Homes of California

TRANSITIONS



TRANSITIONS SHORT TERM CARE:

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(877) 902-7555

acaciacreek.org



ACACIA CREEK RETIREMENT COMMUNITY

Imagine Living The Dream

RCFE 015801302 COA #246

UNION CITY: RCFE #011440129 SNF #020000063 COA #151 | COVINA: RCFE #191592287 COA #154

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your basic computer skills**

For more information call
The Alameda County Library
Education and Literacy Services

510-745-1480**www.aclibrary.org**

I need a Forever Home



Oreo is a sweet, friendly bunny who allows all handling and loves fresh cilantro, parsley, basil, and timothy hay. This young Californian breed bunny is spayed and ready to live indoors with her new, loving family.

Meet Oreo at the Hayward Animal Shelter.

Arturo is a 5 year old pup who's neutered and ready to go home. He is still learning the ins and outs of walking on a leash, but enjoys attention from people and would like to find a home with older teens and adults. Meet Arturo at the Hayward Animal Shelter.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200

16 Barnes Court (Near Soto & Jackson)
Hayward

Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee

R= Reservations Required

Schedules are subject to change.

Call to confirm activities shown in these listings.



CONTINUING EVENTS

**Tuesday, Sep 4 - Thursday,
May 23**

Homework Help Center

Mon. - Thurs. 3:30 p.m. - 5:00 p.m.

Primary and secondary students receive
homework assistance

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
(510) 745-1401

Mondays, Sep 10 - May 28

**Advanced Math & Science
Tutoring**

6:00 p.m. - 7:30 p.m.

For high school and college students

Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 745-1401

Tuesdays, Jan 22 - Mar 26

Practice Your Spoken English R

4 p.m. - 5 p.m.

No class Dec 18 - Jan 1

Chat session for English learners

Fremont Main Library
Fukaya Room A
2400 Stevenson Blvd., Fremont
(510) 574-2063

**Thursday-Sunday, Nov 30 -
Jan 20**

Lantern Light Festival \$

Thurs. & Sun. 5 p.m. - 10 p.m.,

Fri. & Sat. 5 p.m. - 11 p.m.

Celebration of Chinese culture

Alameda County Fairgrounds
4501 Pleasanton Ave., Pleasanton
(925) 426-7600
(651) 504-2000

Wednesdays, Dec 5 - Feb 20

Watercolor Class \$

9 a.m. - 12 noon

For all experience levels

San Lorenzo Adult School
820 Bockman Road, San Lorenzo
(510) 317-4200
https://adu.slsusd.org

**Monday - Friday, Dec 13 -
Mar 1**

Celebrate Women!

9 a.m. - 5 p.m.

Art from a variety of artists using
different media

Hayward City Hall
777 B St., Hayward
(510) 208-0410
www.haywardartscouncil.org

**Monday - Friday, Dec 15 -
Feb 15**

**Cultures in Transition:
Photographs by Oliver Klink**

Upstairs: Mon-Fri, 9-5

Downstairs: Mon: 5 p.m. - 10 p.m.

Tues & Thurs: 10 a.m. - 1 p.m.

Celebrating Asia

PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

**Wednesdays, Thursdays,
Sundays, Dec 19 - Apr 28**

**Tech Help and Computer Tutor
R**

Wed. 7 p.m.-8 p.m., Thurs. 3 p.m.-4
p.m., Sun. 1 p.m.-5 p.m.

Half hour appts. for one-on-one com-
puter and e-device help

Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464

**Tuesdays & Thursdays, Jan 3
- Feb 7**

Food Business Training R

6:30 p.m. -- 8:30 p.m.

10-part series on running your own
food business

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
https://tinyurl.com/ya4xgmfo

Arts & Entertainment

BRONCO BILLY'S PIZZA PALACE

Superior Pizza made fresh daily from the finest
premium ingredients. Specially blended sauces,
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M, T, W, Th, Sun 11am-10pm

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Present Coupon When Ordering. Mobile Coupons Not Accepted
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Sauces and Pies!**

SUNDAY**Football Brunch**

**\$1 Mimosas,
New breakfast skillet,
and breakfast burrito!**

Happy Hour**Mon.-Fri 2pm-6pm**

**Great Prices
Appetizers
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WEEKDAY LUNCH SPECIALS**Mon - Fri 11am - 2pm \$13.99 each**

Rib & Chicken Combo

Hot Link & Chicken Combo

Pulled Pork & Brisket Combo

Chicken and Bratwurst Combo

Chicken and Pulled Pork Combo

Pulled Pork & Hot link Combo

Pulled Pork & Bratwurst Combo

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Farmers’ Markets

FREMONT:

Kaiser Permanente Fremont Farmers’ Market

Thursdays
10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell Ave.
and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St.,
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2017 to
December 31, 2017
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot Sundays

8 a.m. – 1 p.m.

Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets, Union
City
800-949-FARM
www.pcfma.com

Saturdays and Sundays, Jan 5 - Feb 24

Wild Wonders

2 p.m. - 3 p.m.
Games, activities, crafts for all ages
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Saturdays and Sundays, Jan 5 - Feb 24

Nature Crafts

10 a.m. - 12 noon
Get crafty and learn about the natural world
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Monday - Sunday, Jan 8 - Jan 31

Climate Change: Landscapes of Our Blue Planet During business hours Exhibit by Fremont artist Bhavna Misra

Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004 fremontcoffee.com
Wednesdays, Jan 9 - Jan 23
Gift of Imperfection: Living With Your Whole Heart \$
10:15 a.m. – 11:45 a.m.
Explore happiness - how to live a rich and fulfilling life
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738

Friday, Saturday, Sunday, Jan 11 - Jan 27

Shrek The Musical \$

Fri - Sat: 7:30 p.m. Sun: 2:30 p.m.
Come see your favorite ogre
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
https://starstrucktheatre.org/

Thursday-Sunday, Jan 11 - Feb 9

Musing and Memento Mori

12 noon - 5 p.m. Mixed media
sculptures by David Morrirt
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.fremont.gov/OliveHyde

Friday, Jan 11 – Sunday, Feb 24

Perspectives

Friday-Sunday, 11 a.m. – 5 p.m.
Reception: Saturday, Feb 2
1 p.m. – 3 p.m.
Six-year-old artist Isadora Qi and mentor Ruey Syrop
Sun Gallery
1015 E St, Hayward
(510) 581-4050
www.sungallery.org

Tuesdays, Jan 15 - Mar 26

Shakespeare and Cultural Literacy Class \$

12:30 p.m. - 2:30 p.m.
Watch videos and discuss.
\$2 drop-in fee
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Wednesdays, Jan 16 - Mar 27

Crochet and Knitting \$

12:30 p.m. - 3:00 p.m.
Learn the basics. \$2 drop-in fee
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Fridays, Jan 18 - Mar 29

Needle Arts \$

9:00 a.m. - 12:30 p.m.
Have fun with yarn. \$2 drop-in fee
Kenneth C. Aitken Center
17800 Redwood Rd., Castro Valley
(510) 881-6738
www.haywardrec.org

Friday nights

Laugh Track City \$

8 p.m.
Fast-paced improv comedy show
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

Saturday nights

8 p.m.
Audience-inspired improv play
Made Up Theatre
4000 Bay St, Suite B, Fremont
(510) 573-3633
https://madeuptheatre.com/

EL DORADO RESTAURANT

1/2 Price Promotions EVERYDAY

Some restrictions apply

MONDAY: ALL SOUPS, BEEF, CHICKEN, MENUDO, POZOLE, BIRRIA, TLALPENO

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THURSDAY: BURRITOS

FRIDAY: ALL BEER half price



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9 to 3



FRESH HAND MADE CORN TORTILLAS,
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510-581-8612

corner of Grand and Winton

386 Winton Ave. Hayward

BINGO

Fraternal Order Of Eagles 1139

Thursday is - BINGO

**Doors open 4pm
Games Start 6:30pm**

**More Info: 510 676-3314
21406 Foothill Blvd., Hayward**

THIS WEEK

Tuesday, Jan 15

Zumba Family Fundraiser R

6:30 p.m.
80's theme. Proceeds go to Youth Advisory Commission

Marina Community Center
15301 Wicks Blvd., San Leandro
(510) 577-6080
(510) 577-3477

Wednesday, Jan 16

Irvington Community Workshop

7:00 p.m. - 8:30 p.m.
Discuss general plan to strengthen historic heart of Irvington

Fremont Main Library
Fukaya Room A
2400 Stevenson Blvd., Fremont
(510) 574-2063

Thursday, Jan 17

Hayward Nonprofit Alliance

10 a.m.
Learn how to market your business/organization on the web
Hayward Area Historical Society
Museum
22380 Foothill Blvd., Hayward
(510) 581-0223

Friday, Jan 18

Mobile Tips and Tricks for Business

2 p.m. - 5 p.m.
Tips for using Facebook and Instagram
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 670-6283
(510) 208-0410

Friday, Jan 18

Taize

8 p.m. - 9 p.m.
Prayer around the cross
Dominican Sisters of Mission
San Jose
43326 Mission Blvd., Fremont
(510) 933-6335
www.msjdominicans.org

Friday, Jan 18

The Transformative Power of Education

4:30 p.m.
Author Francisco Jimenez gives a presentation
New Haven Adult School
600 G St., Union City
(510) 489-2185
http://adsweb.nhusd.k12.ca.us/

Friday, Jan 18 - Saturday, Jan 19

How Heroes Are Made

7 p.m.
A touching, humorous tale by Castro Valley Dramatic Arts Academy
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.cvdaa.org

Friday, Jan 18 - Sunday, Jan 20

Martin Luther King Jr. Invitational

Speech and Debate Tournament
James Logan High School
1800 H Street, Union City
jgarrett@nhusd.k12.ca.us

Saturday, Jan 19

Eden Area Village Monthly Coffee

9 a.m.
Helping seniors remain in their home
Hayward Area Historical Society
Museum
22380 Foothill Blvd., Hayward
(510) 581-0223
www.edenarevillage.org

Saturday, Jan 19

Aesthetics, Renaissance and Wabi Sabi \$

2:00 p.m. - 4:00 p.m.
Watch videos, discussion, and open studio
Adobe Art Center
20395 San Miguel Ave.,
Castro Valley
(510) 881-6735
www.adobegallery.org



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Need a ride to your cancer-related medical appointment?
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or email

ProgramAssistant@DriversForSurvivors.org

www.DriversForSurvivors.org

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Dine In - Take Out - Delivery (Limited Area & Time)

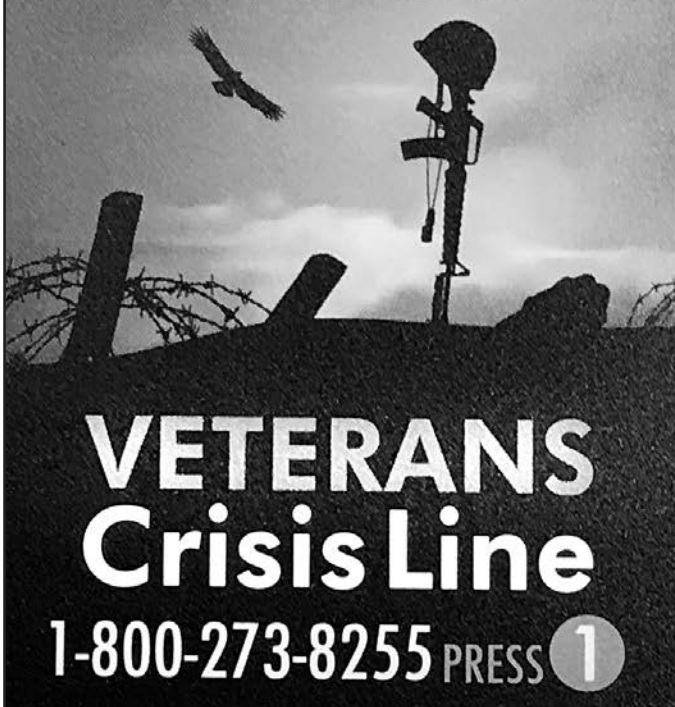
26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change	Tuesday 4:45 – 5:30 Baywood Apartments, 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. & Oholones St., FREMONT
Tuesday 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT	Wednesday 1:00 – 2:00 Del Rey School, Via Mesa & Via Julia., SAN LEANDRO 2:30 – 3:00 Eden House Apartments, 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Court, 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT
Thursday 11:30 – 12:30 Our Lady of Grace, 19920 Anita Ave., CASTRO VALLEY 2:15 – 3:15 Cherryland School, 585 Willow Ave., HAYWARD	Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060
Monday 1:45 – 2:45 Delaine School, 34901 Eastin Dr., UNION CITY4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT	Wednesday 1:50 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:30 – 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

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Crisis Line**

1-800-273-8255 PRESS 1



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Saturday, Jan 19
Oh, Harold! \$

7:30 p.m.

"Safety Last!", "The Adventures of Dollie", "A Woman in Grey: Chapter VIII, The Drop of Death"

Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Jan 19
Sahaïta Lohri 2019 \$

6:30 p.m. - 11:00 p.m.

Indian festival with Giddha and Bhangra performances

Paradise Ballroom
4100 Peralta Blvd, Fremont
(510) 909-9263
https://sahaïta.yapsody.com

Saturday, Jan 19
Monarchs for Kids

10:30 a.m. - 11:30 a.m.

Learn about eggs, caterpillars, and chrysalides. Meet at Granary. Ages 3-6

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jan 19
Stewardship Saturday R

9:30 a.m. - 12 noon

Volunteers weed and clean up trash

SF Bay Wildlife Refuge - Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222 x 361

Saturday, Jan 19
Restoration Work Day - R

10 a.m. - 12 noon

Volunteers weed, mulch, plant native plants. All ages welcome

Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104
https://restorationeec.eventbrite.com

Saturday, Jan 19
Pacific Flyway R

2:00 p.m. - 3:30 p.m.

Learn why birds migrate and why they stop along the San Francisco Bay

Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
pacificflyway.eventbrite.com

Saturday, Jan 19
Salt Marsh Walk R

10:00 a.m. - 11:30 a.m.

Learn about the history of the wetlands

SF Bay Wildlife Refuge - Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222
https://marshwalk.eventbrite.com

Saturday, Jan 19
Twilight Marsh Walk R

4:30 p.m. - 6:15 p.m.

Discover the salt marsh at sunset. No young children

SF Bay Wildlife Refuge - Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222
http://donedwardstwilight.eventbrite.com

Saturday, Jan 19
Stories Under an Oak

1 p.m. - 2 p.m.

Settle in for story time under the canopy of a majestic oak

Coyote Hills
8000 Patterson Ranch Road,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Jan 19
Sunrise Photography R

6:30 a.m. - 8:00 a.m.

See the beauty and diversity of Coyote Hills at sunrise

Coyote Hills
8000 Patterson Ranch Road,
Fremont
(510) 544-3220
1-888-327-2757

Saturday, Jan 19
Canine Capers Dog Walk R

1:00 p.m. - 3:00 p.m.

Hike the park trails with your dog. 8+ years

Garin Regional Park
1320 Garin Ave, Hayward
(510) 582-2206
1-888-327-2757

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Dr. Sethi, MD and Owner

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Now uplift your sagging muscles with technology the stars are using. Lift your full face, brow, double chin, neck or décolleté. Need 1-2 treatments a year .

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- Lose 2-5” in one treatment
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\$500 coupon

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510-744-1582 or 510-793-2277

Renewmdwellness.com

210 Fremont Hub Courtyard, Fremont

Saturday, Jan 19
ZooMobile R

11 a.m. & 12 noon

Oakland Zoo's Animal Ambassadors bring the zoo to you!

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org/Fremont

Saturday, Jan 19
Youth Dixieland Jazz Festival

12 noon - 4 p.m.

Performances from four local jazz bands

Bronco Billy's Pizza - Irvington
41200 Blawock Rd, Fremont
(510) 438-0121
www.eastbaytradjazz.org

Saturday, Jan 19
Kannada Koota of Northern California

3:30 p.m.

Cultural event

Chabot Performing Arts Center
25555 Hesperian Blvd., Hayward
(510) 723-6976

Saturday, Jan 19 - Sunday, Jan 20
Monarchs: Pollinator Royalty

12:30 p.m. - 1:30 p.m.

Learn how butterflies affect our surroundings. Meet at Greenhouse

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jan 19 - Sunday, Jan 20
Monarch Spotting

Saturday: 2:00 p.m. - 2:30 p.m.
Sunday: 11:00 a.m. - 11:30 a.m.

Use a spotting scope to take a closer peek. Meet at Greenhouse

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jan 20
First Full Moon Hike

5 p.m. - 8 p.m.

Bring a trailside dinner and watch the moon rise

Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org

Sunday, Jan 20
Open House \$

1 p.m. - 4 p.m.

Docent led tours of historic home

Shinn House
1251 Peralta Blvd., Fremont
(510) 793-9352

Sunday, Jan 20
Puppet Show

10:30 a.m. - 11:00 am.

See the story of The Very Hungry Caterpillar

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Monday, Jan 21
Dr. Martin Luther King Jr. Birthday Celebration

4:30 p.m.

Speeches and music to honor Dr. Martin Luther King, Jr.

Chabot Performing Arts Center
25555 Hesperian Blvd., Hayward
(510) 723-6976

Monday, Jan 21
Dr. Martin Luther King, Jr. Oratorical Festival & Poetry Slam

10:30 a.m.

San Leandro school students in 3rd - 12th grades participate for prizes

San Leandro Senior Community Center
13909 East 14th Street, San Leandro
(510) 577-3462

Monday, Jan. 21
Martin Luther King Celebration and March

9:30 a.m. – 11:30 a.m.

Hayward City Hall, 777 B St., Hayward
www.southhaywardparish.org/
(510) 785-3663

Monday, Jan 21
John McCutcheon Concert \$

7:30 p.m.

International folksinger

St. James Episcopal Church
37051 Cabrillo Terrace, Fremont
(510) 797-1492
events@saintj.com

Tuesday, Jan 22
Start Smart: Teen Driver Program
6 p.m.
Driver education overview for teenagers 15 - 19 yrs. old
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Jan 23
Madagasikara: The Real Madagascar Film Screening \$
6:30 p.m.
The story of three resilient women
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org

Wednesday, Jan 23
Fremont Chamber Mixer
5 p.m. - 7 p.m.
Networking with local businesses
Our Lady of Guadalupe School
40374 Fremont Blvd, Fremont
(510) 656-4921
(510) 795-2244

Wednesday, Jan 23
Fall Prevention Workshop
10:30 a.m.- 11:30 a.m.

Step-by-step guide on how to get up from a fall, home safety checklist
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Thursday, Jan 24
Food Business Training Academy R
6:30 p.m. - 8:30 p.m.
Target audience relationship building with marketing communications
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421

Thursday, Jan 24
Paying For Long Term Care Without Going Broke R
10 a.m. and 2 p.m.
Learn about ways to help aging parents
Crowne Plaza Hotel
32083 Alvarado Niles Rd., Union City
(510) 471-3115
www.dignete.com

Thursday, Jan 24
Transportation Community Meeting
7:00 p.m. – 8:30 p.m.
Fremont Main Library. Fukaya Rm
2400 Stevenson Blvd, Fremont

www.alamedactc.org/programs-projects
www.fremont.gov/mobilitytaskforce

Friday, Jan 25
Storytime with Sara
11 a.m.
Dr. Seuss classic "The Sneetches"
Books on B
1014 B Street, Hayward
(510) 538-3943
www.booksonb.com

Saturday, Jan 26
UC Lions Crab Feed \$R
5 p.m.
Fundraiser benefiting youth groups and community service projects
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union City
(510) 675-5495
www.UCLions.com

Saturday, Jan 26
Hayward Chamber of Commerce Awards Gala \$R
6 p.m. - 9 p.m.
Dinner and special recognition awards. Black tie optional
Cal State East Bay University
25800 Carlos Bee Blvd., Hayward
(510) 885-3118
(510) 537-2424 www.hayward.org

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Contact Recreation Coordinator Jen Tibbetts at (510) 881-6742 for more information.

Crab Feed

SUBMITTED BY CITY OF
FREMONT, SENIOR CENTER

The community is invited to Fremont Senior Center's 12th annual Crab Feed Fundraiser on Friday, February 15. The alcohol-free event will be celebrating 38 years of service to seniors. All proceeds benefit Fremont Senior Center. For more

information or to buy tickets, call (510) 790-6600/6606/6602 or email seniorcenter@fremont.gov.

Fremont Crab Feed Fundraiser
Friday, Feb 15
6 p.m.
Centerville Presbyterian Church
4360 Central Ave, Fremont
(510) 790-6600/6606/6602
seniorcenter@fremont.gov
Ticket: \$55/person

THEATRE REVIEW

Shrek The Musical



BY DAVID R. NEWMAN
PHOTOS BY MARK AND
TRACY PHOTOGRAPHY

Everyone's favorite ogre is back, and he's as charming as ever. StarStruck Theatre presents Shrek The Musical at Ohlone College's Smith Center (they originally produced it in 2014). With a cast of 52 brand new youth performers (ages 9-21), Artistic Director Lori Stokes has done it again, creating a wacky, musical masterpiece that is a delight to behold.

With book and lyrics by David Lindsey-Abaire and based on the Oscar-winning DreamWorks animated feature film "Shrek", it's the classic tale of ogre meets princess. When displaced fairy tale creatures invade Shrek's peaceful swamp,

he strikes a deal with the diminutive Lord Farquard to rescue the Princess Fiona in exchange for the removal of those pesky freaks. Along the way, Shrek is joined by Donkey, who becomes his loyal, furry companion.

Rocen Nooran, as Shrek, is magnificent in his first lead role. He effortlessly carries the show with a strong rendition of the Scottish ogre, bringing just enough tenderness to the grumpy soul. Songs like "When Words Fail" and "Build A Wall" are deeply moving. It's not easy to like an ogre, but Nooran does a fine job of winning over the audience with his layered performance.

Anne Marie Salgado shines as the ever-hopeful Princess Fiona. At times sweet, funny, and desperate, her timing, dancing,



and singing are superb. In one of the production's many highlights, Salgado and Nooran belch and fart their way across the stage, as only ogres can, in the touching and hilarious duet "I Think I Got You Beat." And she is wonderful, along with her young self (Lilia ten Bosch) and teen self (Valerie Golobic), in "I Know It's Today".

Of course, who would Shrek be without his trusty companion, Donkey? Diego China is very likeable as the easily spooked ass-istant. His onstage antics are on par, from his numerous faints, to his toe-tapping tap dance routine, to his one-liners. Not an easy task, especially considering the high bar set for the character - in the film he was voiced by Eddie Murphy.

Rounding out the stellar cast of main characters, Zarif Shahid does well as Lord Farquaad, bringing to the stage equal parts evil genius and hapless ruler. And Ella Child - wow. Her sultry singing dragon is amazing (along with her backup singers). A nod must also be given to the cute and rebellious Gingy, played by

Russell Lym.

Choreographer Savannah Riddle has done wonders with this young cast. "What's Up, Duloc?" is a dazzling ensemble number, complete with surreal matching outfits that give us that theme park feel. Indeed, the costumes throughout the show are magnificent, thanks to Costume Designer Diane Scherbarth. It's not clear if she has recycled them from the last production, but it's nevertheless an incredible feat. Every performer on stage looks fantastic.

"Morning Person" is another well-choreographed scene, where Princess Fiona leads a troupe of dancing rats in an impromptu jazz tap routine. And all hell breaks loose in the energetic "Freak Flag" number, a hilarious ensemble piece where the fairy tale creatures band together in hip hop mode.

Music Director Nancy Godfrey leads a talented orchestra of 20 musicians, bringing Jeanine Tesori's music to life. Live music is always a treat, especially when paired with such strong singers.

The set design, by Stephen C. Wathen, and lighting design, by Ryan Willer, are well executed. Multiple flats set the scenes with lush imagery, and backdrops of stars and red lava effectively set the mood.

Shrek The Musical is a story of friendship and love that urges us to not judge a book by its cover. It is a theme that is curiously even more relevant today than it was just five years ago. And thanks to Lori Stokes and the young performers of the well-run StarStruck Theatre, it really is a big bright beautiful world.

Shrek The Musical continues...

**Friday, Saturday &
Sunday, Jan 11 – Jan 27**
7:30 p.m.,
Sunday matinee at 2:30 p.m.

Smith Center
Ohlone College
43600 Mission Blvd., Fremont
(510) 659-1319
www.starstruck.org
Tickets: \$28 - \$32

JOHNNY CASH TRIBUTE COMES TO CENTER FOR THE ARTS

SUBMITTED BY CASTRO VALLEY
ARTS FOUNDATION

James Garner's Tribute to Johnny Cash celebrates the life and music of the legendary "Man in Black" with strong conviction and stunning accuracy. Garner and his band faithfully recreate Cash's biggest hits and present historical accounts and personal anecdotes about America's most beloved singing storyteller in this not-to-be-missed musical event.

Since 2008, Garner and his band have performed nearly 500 professional shows around the country and headlined numerous events honoring Johnny Cash's legacy. A decade ago, the band took their show to the Folsom State Prison for the 40th anniversary of Cash's infamous live album recorded behind prison walls. For a

commemoration of a different nature, Garner and the band performed at the U.S. Post Office in Claremont, California, at the official unveiling of the Johnny Cash stamp in June 2013. In 2018, James Garner's Tribute to Johnny Cash returned to Folsom, California, performing sold-out shows at the Harris Center for the Arts to honor the memory of Johnny Cash on the 50th anniversary of the Folsom prison concert.

The musicians have recorded three CDs: "James Garner: A Musical Tribute to Johnny Cash" (2009), "Shades of Black" (2012), and "James Garner's Tribute to Johnny Cash: LIVE!" (2015). Recently, PBS stations KVIE and KQED have aired the special, "Live in Concert - James Garner's Tribute to Johnny Cash," with selections from the band's concert performance.

Don't miss James Garner's Tribute to Johnny Cash

when they come to Castro Valley's Center for the Arts on Saturday, January 19. For tickets or more information, call (510) 889-8961 or visit www.cvartsfoundation.org/.

James Garner's Tribute to Johnny Cash
Saturday, January 19
7:30 p.m.

Center for the Arts
19501 Redwood Rd, Castro Valley
(510) 889-8961

www.cvartsfoundation.org/
http://cashtribute.net/
Tickets: \$34 – \$40



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Alameda County Healthy Homes Department

HOME REPAIR GRANTS

Minor Home Repair Program

This program provides small grants to low-income homeowners for minor repairs such as plumbing, electrical, carpentry, railings, grab bars, toilets and other minor health and safety repairs.

Lead Hazard Repair Program

Grant funds are available to address lead hazards in older housing with lower income occupants. Housing built before 1960 with children under six is a priority.

For more information call the Alameda County Healthy Homes Department
510-567-8280 www.achhd.org

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Resume to Emmanuel Mission Church, Attn: Martin Shim, 5885 Smith Ave., Newark, CA 94560.

I SWETHA MADHANRAJAN, daughter of MADHANRAJAN INBARAJAN, holder of Indian Passport No. L1227404 issued at SAN FRANCISCO on Feb 11, 2014, permanent resident of India and presently residing at 4949 Knowlson Terrace, Fremont 94555, USA, do hereby change my name from SWETHA MADHAN RAJAN to SWETHA MADHANRAJAN, with immediate effect.

Tri-City Animal Shelter launches new website

SUBMITTED BY
FREMONT POLICE DEPARTMENT

The Fremont Police Department has announced the launch of a new user-friendly website for the Tri-City Animal Shelter. Created with general public's user experience in mind, the website offers easy navigation, including new features to help residents access information and services quickly.

Features include:

Online pet licensing and citation payment processing for Fremont residents
Online pet adoption applications for dogs, cats, and rabbits
Portal with information on how to report different types of animal-related issues, and direct online reporting of lost and found pets, animal welfare check requests, animal bites, barking dogs, and dead animals.
Links to available animals and their associated adoption fees

Spotlight section on adoption stories and articles on pet or stray animal-related issues
FAQ section providing answers to commonly asked questions

In addition, the new site contains information on different types of services provided by the shelter, as well as information on pet ownership and pet limitation in Fremont. Not only would users find information on the more popular dogs and cats, users can also find pet ownership information on small animals, live stocks, chickens, bees, etc.

The website is fully compatible with all browsers and mobile devices, and it also connects visitors to the Shelter's Instagram and Nextdoor accounts to stay in touch. The Tri-City Animal Shelter houses animals for the cities of Fremont, Newark, San Leandro, and Union City. The public can visit the shelter's new website at www.tricityanimalshelter.org.

Power of Education

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

Francisco Jimenez, author, professor, and national award winner will present "The Transformative Power of Education" session on Friday, January 18. New Haven Adult School, Migrant Education, New Haven Unified/DELAC and the Union City Family Center have come together for the event. Parents and students from fifth grade and above are encouraged to attend the presentation together. The presentation will be in Spanish but translation to English will be available. A ceremony and fiesta will follow the session. For details, visit https://drive.google.com/file/d/1AEYTKXrHcy7Pi1653eMbnLLZdnFh_J7E/view or call New Haven Adult School at (510) 489-2185.

"The Transformative Power of Education" presentation
Friday, Jan 18

4:30 p.m.; doors open at 4 p.m.
New Haven Adult School
600 G St, Union City

https://drive.google.com/file/d/1AEYTKXrHcy7Pi1653eMbnLLZdnFh_J7E/view
(510) 489-2185

Translation to English available

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SPORTS

Colts use final seconds for victory

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The annual Mission Valley Athletic League basketball battle between the Newark Memorial Cougars and the James Logan Colts (Union City) has become a heated rivalry over the past few years. The 2019 version on January 8th did not disappoint as the game clock dwindled to 28.4 seconds before the Colts sank the winning shot.

The Cougars attack produced an early lead in the first quarter of play but a second quarter surge by the Colts came back to tie, then move ahead for a 29-24 halftime advantage. No lead was secure as both teams battled for an advantage but unable to build a substantial point margin. It became evident that whichever team made the last shot would win but even as the Colts defense gained control with 35.3 seconds left and converted it to a 24-foot shot and a 58-57 lead with 28.4 seconds on the clock. Still, it wasn't over. With 0.4 seconds left, the Cougars had one last chance, but an errant pass sealed their fate.

There may be many more well-contested games in the future for these two teams, but 2019 will be remembered as one of the finest.



Women's Basketball Lady Renegades fall to Lady Patriots

SUBMITTED AND PHOTOS BY
DON JEDLOVEC

The Ohlone Renegades (Fremont) were no match for the College of San Mateo Lady Patriots in their conference meeting on the hardwood January 9th. The first quarter of play looked promising for the Renegades as they led by a point heading into the next quarter, but at halftime faced a formidable 15-point deficit. Slipping a bit more in the third quarter, the Renegades ran out of gas in the fourth quarter and, at the final buzzer, suffered a 74-42 defeat. Jessica Titus (1) led the Lady Renegades scoring effort with 15 points on the board.

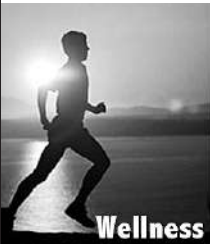


Colts Junior Varsity wins a close one

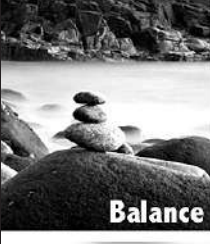
SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The James Logan Junior Varsity Colts (Union City) were challenged in an exciting contest with the Junior Varsity of Newark Memorial Cougars on January 8th. Although the first quarter belonged to the Cougars, the Colts rallied to gain the lead at the half and continued to hold a slim lead until the final seconds ticked off the clock. It wasn't an easy victory, but the Colts prevailed. Colts 47, Cougars 42

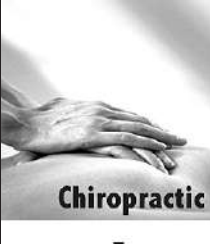




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Park It

BY NED MACKAY

East Bay Regional Park District is hosting two Youth Job Fairs to highlight full- and part-time employment opportunities for youth in the regional parks. The first fair is from 10 a.m. to 12 noon Saturday, January 26 at the Big Break Visitor Center, 69 Big Break Road, Oakley. The second is from 10 a.m. to 12 noon Saturday, February 2 at Ruggieri Senior Center, 33997 Alvarado-Niles Road, Union City, in partnership with the city of Union City. At both events, attendees can learn about specific park district jobs available, and talk to current employees about what it's like to work for the district.

Positions open in 2019 include interpretive student aides, public safety student aides, recreation leaders, lifeguards, gate attendants, park service attendants, student laborers, field interns and volunteers. The fairs also offer sessions on resume writing, application submittal, and job interviewing for youth looking

Youth Job Fairs to highlight full- and part-time employment opportunities for youth in the regional parks.

to enter the workforce, whether at the park district or elsewhere.

“The Park District’s annual Youth Job Fairs are an important way for the district to engage with local youth looking for jobs,” said Ayn Wieskamp, a park district board member. “The Park District works very hard to ensure youth in the district are aware of the jobs the district has to offer. These events are great for area youth looking for full-time work or seasonal jobs.”

East Bay Regional Park District is the largest employer of youth in the East Bay, hiring more than 400 youth each year to work in the district’s 73 regional parks and 10 visitor centers. The fairs are key to filling seasonal summer

positions, especially recreation leaders and lifeguards. The fairs are free of charge and no reservations are necessary. Just show up and find out about some great opportunities.

The first full moon of the year will occur on Sunday, January 20. Naturalist Ashley Adams will celebrate it with a full moon hike from 5 p.m. to 8 p.m. at Sunol Regional Wilderness in southern Alameda County. Bring a trailside dinner, meet at the visitor center, and watch the sun set and moon rise over the valley. The hike is for ages 6 and older.

Sunol Regional Wilderness is at the end of Geary Road, off Calaveras Road 5 miles south of I-680. The program is free; there’s a parking fee of \$5 per vehicle. For information, call (510) 544-3249.

Sunset is also the theme of a program from 4:30 p.m. to 6:00 p.m. Saturday, January 19 at Coyote Hills Regional Park in Fremont with naturalist Kristina Parkison, for ages 8 and older. Watch the change in wildlife activity as day turns into night.

Coyote Hills is at the end of Patterson Ranch Road, off Paseo

Padre Parkway. Meet at the visitor center. The program is free; there’s a parking fee of \$5 per vehicle. For details, call (510) 544-3220.

Crab Cove Visitor Center in Alameda hosts “A Day at the Beach” from 11:00 a.m. to 11:30 a.m., 2:00 p.m. to 3:00 p.m., and 3:00 p.m. to 3:30 p.m. every Sunday in January and February. Stop by the visitor center for free drop-in activities, including storytime and family nature fun.

Crab Cove is at the end of McKay Avenue, off Alameda’s Central Avenue. For information, call (510) 544-3187.

“California Ecology, Creatures of the Bay” is the theme of a program from 2 p.m. to 3 p.m. Saturday, January 19 at Tilden Nature Area near Berkeley, with interpretive student aide Brianna Contaxis-Tucker. Brianna will talk about the bay’s evolution in terms of both natural and cultural history.

Meet at Tilden’s Environmental Education Center at the end of Central Park Drive. For information, call (510) 544-2233.

Saturday and Sunday Strolls are family- and dog-friendly naturalist-led walks to explore the features of various regional parks. There’s one from 10 a.m. to 12 noon Saturday, January 19 at Sibley Volcanic Regional Preserve in Oakland. It’s a moderate, 2-mile loop with a stop at a quarry pit to look for newts and frogs.

Meet at the park’s entrance on Skyline Boulevard, just south of the intersection with Grizzly Peak Boulevard. Call (510) 544-3187 for information.

Mushrooms are popping up all over. Naturalist Virginia Delgado will lead a fungus finding (but not harvesting) adventure from 10:00 a.m. to 11:30 a.m. Saturday, January 19 at Black Diamond Mines Regional Preserve in Antioch for ages 5 and older.

Meet at the parking lot at the end of Somersville Road, 3½ miles south of Highway 4. Call (888) 327-2757, ext. 2750.

There’s plenty of activity this time of year in the regional parks. Check out the website www.ebparks.org, for more information.

Madagasikara: a story of hope and survival

SUBMITTED BY THE OAKLAND ZOO

Madagascar is the fourth largest island in the world, known for its lemurs and unique biodiversity and as the setting of the popular animated films. But the real Madagascar is much different than the world imagines. “Madagasikara” is the story of three resilient women fighting for the survival of their families and the education of their children against the overwhelming forces of domestic political instability, international political hypocrisy and the crushing poverty caused by both.

Join us on Wednesday, January 23 for a special film screening of the award-winning “Madagasikara” with Q&A from director Cam Cowan and learn how helping the people of Madagascar helps wildlife.

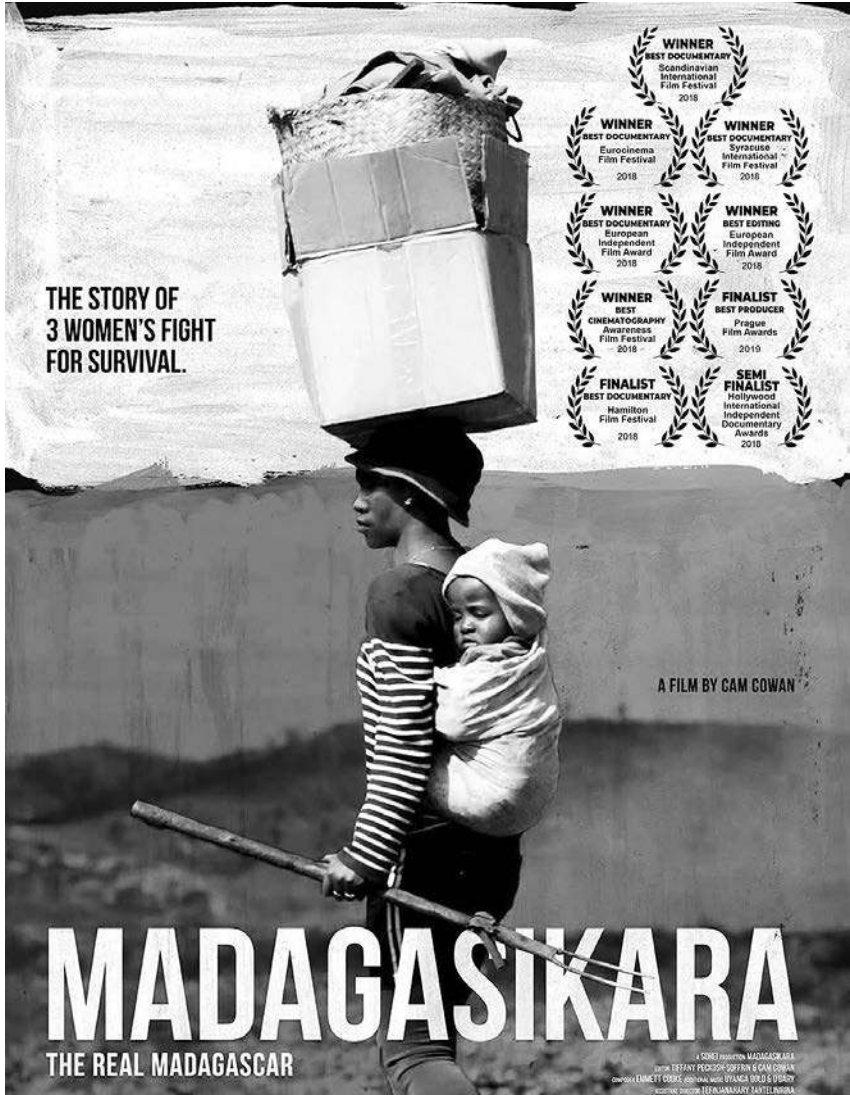
Oakland Zoo supports local schools in the Ranfomafana area of Madagascar and understands that education and working with the local community is key in protecting wildlife. All proceeds benefit Centre ValBio, a wildlife conservation organization and research facility, and Akamasoa, a housing community and humanitarian organization.

Snacks and drinks are provided, and optional dinner is available for purchase. This event is not appropriate for children under 13.

Online ticket sales end January 22; a limited number of tickets will be available at the door. For information, contact Dan Flynn at dflynn@oaklandzoo.org.

Madagasikara: The Real Madagascar Film Screening
Wednesday, Jan 23
6:30 p.m. reception, 7:15 p.m. film
Oakland Zoo
Marian Zimmer Auditorium
9777 Golf Links Rd, Oakland
(510) 632-9525

www.oaklandzoo.org/programs-and-events/madagasikara-the-real-madagascar-film-screening
Tickets: \$10-\$30 sliding scale



90th Birthday of Dr. Martin Luther King Jr.

SUBMITTED BY CITY OF HAYWARD

Hayward invites the community to 2019 Dr. Martin Luther King, Jr., Birthday Celebration on Monday, January 21. Carolyn McKinstry, civil rights advocate and lifelong member of Sixteenth Baptist Church in Birmingham, Alabama, will deliver the keynote address. In addition, the celebration will feature presentation of an annual community award and performances by Mt. Eden High School Choir. Pre-registration is not required to attend the event. For more information, call (510) 670-7280 or visit www.hayward-ca.gov/, under “Events”.

Martin Luther King Birthday Celebration
Monday, Jan 21
4:30 p.m.
Chabot College, Reed L. Buffington Performing Arts Center
25555 Hesperian Blvd, Hayward
(510) 670-7280
www.hayward-ca.gov/, under “Events”
Admission and parking are free

It's all about Crab

SUBMITTED BY DORENE COLEMAN

Kiwanis Club of San Leandro invites the community to its 15th annual Crab Feed Fundraiser on Saturday, January 19. Dinner includes all-you-can-eat salad, garlic bread, pasta, and crab. Tickets are available from San Leandro Kiwanis Club members, or call Terri Neumann at (510) 895-4425 to make a reservation. All seats are reserved; the ticket number is the seat assignment.

Kiwanis Crab Feed Fundraiser
Saturday, Jan 19
5:30 p.m. – 10:00 p.m.
San Leandro Boys & Girls Club
401 Marina Blvd, San Leandro
(510) 895-4425
\$50 per person;
children ages 10 and under \$20
Call early to reserve group seating

5:30 p.m.: Social
6:30 p.m.: Dinner
7:30 p.m. – 10:00 p.m.: Dancing to live music featuring Chico and the Band

Deepening Compassion

SUBMITTED BY TERESA SCHMIDT

Dominican Sisters of Mission San Jose invites the community to “Boundless Compassion – Creating a Way of Life,” a seven-week workshop on January 29, February 5, February 12, February 19, February 26, March 5, and March 12. Using Boundless Compassion book, the sessions will explore ways to deepen our understanding of compassion, the central quality of the life and teachings of Jesus. Participants are asked to buy the book beforehand and read the introduction. Registration is open until January 25 and can be done on <http://bit.ly/2019Boundless>. For more information, call (510) 933-6360.

“Boundless Compassion” workshop
Jan 29, Feb 5, Feb 12, Feb 19, Feb 26, March 5, and March 12
10 a.m. – 12 noon
Dominican Sisters Motherhouse
43326 Mission Circle (entrance off Mission Tierra), Fremont

<http://bit.ly/2019Boundless>
(510) 933-6360
\$10 per session
Registration through Jan 25
Group size is limited

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Hayward City Council

January 8, 2019

Public Comments:

• Trees, parking, the homeless, and increased rent at the airport were discussed

Consent Calendar:

• Minutes of the City Council meeting on December 11, 2018. Calendar passed 7-0

Items Removed From Consent Calendar:

• Approval to appropriate funds from the Measure C Operating Fund for the 2016 lease-purchase of 532 radios for police and field personnel, not to exceed \$2,600,000. Item passed 7-0

Public Hearing:

• Approval of a revised application for the proposed establishment of a cocktail bar

and lounge with food service and cabaret entertainment located at 990 “B” Street. VGJB, Inc. (Applicant); Corinne and Timoleon Zaracotas (Property Owners). Item passed 4-2 (Nay; Halliday, Mendall. Recusal; Marquez)

Legislative Business:

• Introduction of an ordinance amending the Hayward Municipal Code establishing a “Dig-Once” policy of installing underground conduits. Item passed 7-0

• Introduction of an ordinance amending the Hayward Municipal Code to regulate wireless communication facilities in the public right of way. Motion to approve item with two amendments (change wording from ‘300 feet’ to ‘500 feet’, and notify the public regarding Master License Agreements) passed 7-0

City Manager’s Comments:

• There are several impacts on city resources due to the Federal government shut down

• There will be a Community Open House from 9 a.m. to noon Saturday, Jan. 12, at City Hall, hosted by the Development Services Department, to present and gather feedback from residents, businesses and other interested parties on a new Draft Downtown Specific Plan and associated Draft Environmental Impact Report.

• On Monday, January 21, Chabot College will host a Martin Luther King, Jr. event at 4:30 p.m.

• The city’s Pavement Index has been raised to 70 for 2018

Council Reports:

• Councilmember Lamnin announced a Martin Luther King, Jr. celebration and march starting at City Hall on Monday, January 21, at 9:30 a.m. by

South Hayward Parish

• Councilmember Lamnin, on behalf of StopWaste.org, asked users of meal kits like Blue Apron to make condiments optional

• Councilmember Salinas thanked student volunteers who helped the Kids Breakfast Club over the holiday break

• Mayor Halliday announced a special city council meeting in Berkeley on January 22, during which council members will receive a tour of the new homeless shelter

• Councilmember Wahab asked that staff research ways to create an equal pay ordinance for the city. Item passed 7-0

Mayor Barbara Halliday	Aye,
1 Nay	
Sara Lamnin	Aye
Francisco Zermeno	Aye
Aisha Wahab	Aye
Al Mendall	Aye, 1 Nay
Elisa Marquez	Aye, 1 Recusal
Mark Salinas	Aye

Newark City Council

January 10, 2019

Presentations and Proclamations:

• Introduction of new employees: Maintenance Supervisor Tonya Connolly, General Laborer Thomas Curtis, General Laborer Gabriel Bedolla, Administrative Support Specialist II Mirna Padilla.

• Presentation by District Manager Ryan Clausnitzer and Board Trustee Eric Hentschke of the Alameda County Mosquito Abatement District.

Consent Calendar:

• Approve addition of Recreation Supervisor classification to replace Senior Recreation Supervisor due to retirement. Estimated budget savings \$10,000.

• Accept work of G. Bortolotto & Company, Inc.



Introduction of new employees (Left to Right): General Laborer Thomas Curtis, General Laborer Gabriel Bedolla, Administrative Support Specialist II Mirna Padilla. Maintenance Supervisor Tonya Connolly, Mayor Alan Nagy

for park pathways resurfacing - ADA access.

• Partial release and replacement of security bonds for Bayshores Phase I, a 213-unit residential subdivision at 37555 Willow Street.

• Partial release and replacement of security bonds for Bayshores Phase II, a 86-unit residential subdivision at 37555 Willow Street.

• Authorize agreement with GHA/Nutanix Technology Solutions for new server hardware and virtual City and Police

Department computer networks. Proposal cost: \$199,996.99.

Non-Consent:

• Adopt an Urgency Ordinance amending encroachment requirements relating to Small Cell Wireless Communications Facilities to conform with FCC Ruling effective January 14, 2019. Ruling shortens time to process applications; limits fees for installations; limits aesthetic review and requirements. Master License Agreement will establish a regulatory framework.

City Council Matters:

• Martin Luther King, Jr. commemoration January 13 at First Presbyterian Church of Newark.

• Support the Schilling School Health Fair at Newark Pavilion on January 12.

Oral Communications:

• None

Mayor Alan Nagy	Aye
Vice Mayor Lucy Collazo	Aye
Luis Freitas	Aye
Michael Hannon	Aye
Mike Bucci	Aye

Union City City Council

January 8, 2019

Presentations:

• Awards and Certificates given to Union City’s Annual Recycling Poster Art Contest. The theme this year was “Keep It Clean!” emphasizing the importance of rinsing out foods from paper, cardboard, metal, glass, and plastic before recycling. Kindergarten to 9th graders participated in the competition. First place winners won \$50, second place winners won \$30, and third place winners won \$15.

Consent Agenda:

• Form a City Manager Recruitment Advisory Committee with Mayor Dutra-Vernaci and councilmember Duncan as members of the committee. City Manager Tony Acosta is retiring

on June 30, 2019. The committee plans to work with a firm to recruit and interview for a new city manager.

• Pass a resolution appointing alternate Human Relations commissioner Medha Rishi as a full-time human relations commissioner. Jaime Patiño resigned from the commission on December 4, 2018 to fulfill councilmember duties.

• Start a consulting service contract with Urban Planning Partners to assist the Planning Division with Development applications in an amount not to exceed \$300,000. Projects being reviewed include Integral Communities’ 875 residential units and Midpen’s 81-unit affordable family housing.

City Reports:

• Approve a Chief of Police contract between the city and Jared Rinetti. Rinetti has been with the Union City Police Department for 19 years and

police captain the last four years. He will receive a monthly base salary of \$19,306.

• Initiate a contract with Management Partners for \$44,900 to develop a Citywide Strategic Plan and Implementation plan.

• Adopt an Urgency Ordinance amending encroachment requirements related to small cell wireless telecommunications facilities. The city currently does not have any regulations on small cell facilities, which will adapt to 5G technology. Installers would need an encroachment permit and a master license agreement with the city. The FCC ruling, effective January 14, 2019, would prohibit local cities from setting aesthetic, zoning, public works, and fee restrictions on small cell facilities. This emergency ordinance maintains local control.

• Enter a master license

agreement on small cell wireless facility installations approving the license fees. This agreement acts as a template for all telecommunications companies looking to install small cell devices on city owned poles and associated facilities like conduits, pull-boxes and power circuits. The annual pole license fee would be \$500 per pole and \$1000 per associated facility. The contract is amendable.

• Start a contract with Extenet Systems (California) LLC for small cell pole installations. Extenet agrees to pay a higher pole license fee of \$2,000 per pole. Their contract will be 15 years long, including two 5-year automatic renewals.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Gary Singh	Aye
Emily Duncan	Aye
Pat Gacoscos	Aye
Jaime Patiño	Aye



Annual Union City Recycling poster contest winners with Mayor Dutra-Vernaci and councilmembers Jaime Patiño, Pat Gacoscos, Emily Duncan, and Vice-Mayor Gary Singh. Grades Kindergarten to 9th grade participated in the contest. The theme this year was “Keep it Clean!” encouraging residents to clean out plastic, cardboard, and glass before recycling.

OPINION



WILLIAM MARSHAK

Hybrid Vigor

a delicate balance is required for health, strength and sustainability.

The effect of too much inbreeding can be seen in other situations as well. For instance, when political systems resist introduction of new ideas, relying heavily on previous theories or practices, the result can be stagnation and nearsighted adherence to “truths” that may not reflect societal changes. Although basic principles are important and form a solid foundation of beliefs and norms, an influx of competing ideas and interpretations should not only be welcome but create an atmosphere of challenge to either reinvigorate or refine cherished beliefs. At the local city council level, whether new or returning councilmembers, a new term is beginning with the new year. As these elected representatives participate in retreats with their counterparts and staff members to develop strategies for the coming year, hopefully rigid adherence to old policies, alliances and programs will give way to open consideration of changes and possibilities for the future.

Fremont, in particular, has undergone a significant change in council composition and political leanings. In the past, voting blocs have dominated, but the political landscape has changed with district voting and reactions to development proposals. A recent “council retreat” was held to work

toward common goals and develop strategies for upcoming challenges. The agenda followed a predictable path toward policies, priorities, “protocols and norms” as might be expected at such gatherings. However, it was interesting to note that one of the facilitators was none other than a previous Fremont city manager, Jan Perkins. It appears that old city managers never die, simply morph into consultants and facilitators.

As with many business groups, links and contacts prevail as a valuable commodity within associations of people who move between cities, counties or other political institutions. This may be an indication of beneficial cross-fertilization or the inverse, rampant inbreeding. Watching how staff and elected officials seem to move between positions and institutions almost effortlessly is at least a cautionary flag that should trigger investigation of how these folks operated previously. Vetting through a resume of prior positions or cronyism is not indicative of someone’s performance during their tenure or value for future considerations. Nature seeks balance and so should our politics.

William Marshak
PUBLISHER

Famed biologist/geologist Charles Darwin (1809-1882) recognized the importance of cross-fertilization in his studies of nature. He followed a progression of scientists who noticed the effect of inbreeding, primarily in agriculture. Studies of genetic progression in plants and animals (including humans) through generations have continued to this day.

“Inbreeding Depression” refers to stagnation and decline of plant and animal populations that are restricted to replicating within a small group of individuals, often relatives. In the field of genetics, recessive, undesirable attributes may become prominent, threatening the health and well-being of a population. The biological term “heterosis” or “hybrid vigor” refers to the dominance of favorable traits that can shield organisms from failings of a detrimental recessive genetic flaw. Legal restriction of family-related marriage is an example of these concerns. However, depending on circumstances, influx of outside influences can also be detrimental (“Outbreeding Depression”) if useful traits in one environment are harmful in another. As with most things in nature,

Family Caregiver Education Series

SUBMITTED BY FRISHTA SHARIFI

The city of Fremont Family Caregiver Support Program is pleased to offer a series of eight workshops designed to provide training, education, support, and resources for Family Caregivers of the Tri-City.

Workshops will be offered on every Thursday, beginning January 24, 2019. Registration and refreshments will begin at 9:30 a.m., and classes will be held from 10 a.m. to 12 noon. This is an opportunity to discuss your particular caregiving challenges and to learn about important community resources. Please join us with your questions and concerns.

Schedule:

1. January 24: Caregiving 101
2. January 31: Normal Aging and Ways of Improving Memory
3. February 7: Caring for Loved Ones with Alzheimer’s and Memory Problems
4. February 14: Caring for Loved ones with Parkinson’s disease
5. February 21: Stress Management for Caregivers
6. February 28: Communication Strategies
7. March 7: Taking Care of Yourself
8. March 14: Caregiving and Forgiveness

This program is available at no cost to all community members. Pre-registration is required

To register, contact Frishta Sharifi at 510-574-2035, fsharifi@fremont.gov
Unfortunately, we are unable to accommodate professional caregivers at this workshop. Donations to City of Fremont are greatly appreciated.



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ADJUDICATION:

What's Happening's Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's **TRI-CITY VOICE**™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Constance White
RESIDENT OF NEWARK
July 24, 1939 – January 9, 2019

Everick K. Chong
RESIDENT OF UNION CITY
August 3, 1933 – January 7, 2019

Ronald Max Sterbenk
RESIDENT OF FREMONT
August 20, 1930 – January 6, 2019

Celia Chaney
RESIDENT OF NEWARK
April 6, 1959 – January 4, 2019

Lupe H. Perez
RESIDENT OF RIPON
March 31, 1923 – January 3, 2019

Dave A. Amaral
RESIDENT OF FREMONT
February 14, 1937 – December 31, 2018



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Carlos Calvillo
RESIDENT OF FREMONT
July 16, 1955 – January 10, 2019

Quang Phan
RESIDENT OF SAN LEANDRO
October 4, 1944 – January 9, 2019

Ram Chandra Bindu
RESIDENT OF INDIA
April 22, 1952 – January 7, 2019

Najah Abdullah
RESIDENT OF FREMONT
August 15, 1998 – January 6, 2019

Angelina Frausto
RESIDENT OF SAN JOSE
August 4, 1937 – January 6, 2019

Mary Ann Cronin
RESIDENT OF FREMONT
June 26, 1926 – January 5, 2019

Raymundo Juarez
RESIDENT OF FREMONT
March 15, 1934 – January 5, 2019

Ravindra Puranik
RESIDENT OF SAN RAMON
January 13, 1944 – January 3, 2019

Yuk Bing Chow
RESIDENT OF SAN JOSE
February 6, 1925 – January 3, 2018

Michael Perucca
RESIDENT OF FREMONT
March 2, 1955 – January 3, 2019

Carlos Medellin
RESIDENT OF FREMONT
November 4, 1943 – January 2, 2019

Stephen Demmitt
RESIDENT OF CALIFORNIA
December 2, 1979 – December 30, 2018

Xi Sheng Fang
RESIDENT OF FREMONT
January 6, 1948 – December 29, 2018

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Obituary

Ronald Max Sterbenk
Resident of Fremont
August 20, 1930 – January 6, 2019

Ronald was born on August 20, 1930 in Oakland, CA, and entered into rest on January 6, 2019 in his home, in Fremont, at the age of 88. Ronald is survived by his children Juanita Epps (Jeff), Theresa Nogueira (John), Diane Lagau, Noreen Wernsing (Mike), Gina Dias and Kenneth Dias (Christina). 12 grandchildren; Daniel, David, Nicholas, Ethan, Jennifer, Monica, Brian, Laura, Alexa, Matthew, Roman, Gabriel and many great grandchildren. Preceded in death by his wife Helen Sterbenk in 2017. Ronald served in the Merchant Marines and worked at and Central Chevrolet over 30 years, retiring as their Service Manager. He loved his dogs over the years



especially “Cody”. A Memorial Service will be held at 11:00 AM, Saturday, January 19, 2019 at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont.

Fremont Chapel of the Roses
510-797-1900

Obituary

Michael Botello
June 17, 1963 - December 25, 2018
Resident of Fremont

and then completed an automotive program at the Arizona Automotive Institute. Michael returned to the Fremont and Union City area where he married Sandra Chapa and had two children, Jacqueline and Nicholas. He worked at NUMMI for almost 20 years. In his free time, he enjoyed coaching and attending Little League baseball games, snowboarding, riding his bike and ATV's, playing pool, and bowling.

Michael was preceded in death by his loving step-father Vernon Van Dusen. He is survived by his mother Bertha Van Dusen, his two sisters Lynn and Jenni, his niece Bella, his nephew Jason, his children, Jacqueline and Nicholas, and his three grandsons, Michael, Dominic, and Kainan.



Michael Botello, age 55, passed away on Tuesday, December 25, 2018 in Hayward, California.

Michael was born on June 17, 1963 in North Hollywood to Bertha and Jose Botello. Shortly after his birth, the family moved to and settled in Fremont where Michael spent his childhood and adolescence. Michael graduated from Fremont Christian in 1981

Fremont Memorial Chapel
510-793-8900

Obituary

Constance “Connie” White
Resident of Newark
July 24, 1939 – January 9, 2019

Connie was born on July 24, 1939 in Wisconsin, and entered into rest on January 9, 2019 in Hayward at the age of 79. Loving mother to Karen White (Alan Bryant), beloved grandmother to David Grandstaff (Valerie) and Kayla Grandstaff.

Memorial Service will held Saturday, January 19, 2019 at 11:00 AM, Fremont Memorial Chapel, 3723 Peralta Blvd. Fremont.

Fremont Memorial Chapel
510-793-8900



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Obituary

Sister M. Timothy Cronin, SHF
June 26, 1926 – January 5, 2019



Sister M. Timothy Cronin, SHF, died peacefully at the Motherhouse of the Sisters of the Holy Family in Fremont on January 5, 2019, at the age of 92. She was born Mary Ann Cronin on June 26, 1926, in Richmond, California, and entered the Sisters of the Holy Family from St. Mark's Parish there on January 6, 1945, at the age of 18.

Between 1945 and 1976 Sister Timothy served in various parishes in the Dioceses of San Francisco and San Jose in the field of religious education. In 1976 she was named Assistant Treasurer of the Sisters of the Holy Family, a position she held until becoming Treasurer General in 1983.

In 1992 she was called to family ministry, and on returning to the Motherhouse in 2000, she began volunteer ministry in the Finance Department, which continued until her retirement in 2010. She continued with community ministry until her health required a reduction in activities.

Sister Timothy began working with computers early in the home computer age, and became something of an expert around the Motherhouse, someone the other Sisters could turn to when they were having problems with email or other tasks. She was always gracious and willing to share her expertise.

The Mass of Resurrection for Sister Timothy will be celebrated on Monday, January 28, at 10:30 a.m. at the Sisters of the Holy Family Oratory. Interment will take place that afternoon at 2:00 p.m. at Holy Cross Cemetery in Colma.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Obituary

Offlia L. Teixeira

OFELIA L. TEIXIERA, beloved wife of late husband Louie Teixeira Sr., was surrounded by her family and entered peacefully into rest January 7, 2019. Born August 6, 1930 in Porto Judeu, Terceira, Azores, she was 88 years old and a longtime resident of the Tri City area. She loved to do word searches, watch Hallmark movies and spend time with family and friends. Beloved mother of Susan Labendeira and late husband Larry of Merced, CA; Louie Teixeira Jr. and wife Susie of Fremont, CA; Michael Teixeira and wife Bernadette of Newark, CA; Tommy Teixeira and wife Barbara of Fremont, CA. Loving grandmother of 8 grandchildren and 7 great grandchildren.

Family and Freinds are invited to attend a rosary that will be held on Monday January 14, 2019 at 3:30 PM at Holy Spirit Catholic Church,



37588 Fremont Blvd., Fremont with a Mass to follow at 4:00 PM. Ofelia will be laid to rest with her "honey" on Tuesday 15, 2019 at 11:30 AM at San Joaquin Valley National Cemetery, 32053 W. McCabe Rd., Santa Nella, Ca 95322.

Donations may be made to the American Heart Association, PO Box 742030, Los Angeles, CA 90074-2030..

Measure I parcel tax waver applications available to qualified homeowners

SUBMITTED BY BRIAN KILLGORE

Homeowners in Fremont who will be 65 or older by June 30, 2019 can apply for a waiver to the Measure I Parcel Tax that raises funds for local schools. Residents who receive Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI), regardless of age, who own and occupy their principal residence may also apply for an exemption.

The Fremont Unified School District (FUSD) provides senior citizens who own and live in a single-family home an opportunity each year to apply for a Senior Exemption Waiver to the Measure I Parcel Tax. Information about how to apply for waivers is available at the FUSD office Fremont.

Approved by voters in 2016, Measure I is a local funding continuation measure to provide additional resources to help local schools continue attracting and retaining highly-qualified teachers, including science teachers, for 21st century education,

maintaining math, reading and writing programs and protecting student safety and security.

The application for the Measure I exemption is only for first-time applicants. People who are owners of parcels used solely for owner-occupied, single-family residential purposes who previously applied for a Measure I exemption in 2017 or 2018, are automatically exempted from Measure I and do not have to file a new application. The deadline for all new applications is 4:30 p.m. Saturday, June 29, 2019.

Applications are available at the Fremont Main Library, the Fremont Senior Center and are also available on the Fremont Unified School District web site at www.fremont.k12.ca.us/MeasureI.

The printed application can be delivered in person or mailed — with the required supporting documentation – to the FUSD District Office at 4210 Technology Drive, Room 290, Fremont, California, 94538. It also can be sent by fax to (510) 659-2597. Anyone with questions about the program can call (510) 979-7709.

Obituary

James Elmer Koski

James Elmer Koski, age 78, entered into rest on December 17, 2018 after a two week battle with an infection that his body was just not strong enough to overcome.

Jim was born March 16, 1940 to Arlene and Elmer Koski of Hayward, California. His father passed away in a small plane crash in the SF Bay when he was only 17. At such a young age he became the man of the house for his mother and 6 younger siblings. He joined the National Guard in 1964 and went on to receive a honorable discharge in 1969. He became a member of the Carpenter's Local 713 as soon as he turned 18 to support the family. He earned his Journeyman within three years by 1961. Being a hard worker and extremely talented at his trade, he is credited with building many of the local business buildings you can still see today including the Pacifica Pier and many more. He retired from the Union in 1991 after 30 years of sharing his craftsmanship within the Bay Area and throughout Northern California.

He had married his love Joanne Sorensen in 1967 and moved to Newark in 1974. They had three beautiful and successful children, Jeffrey, Jennifer, and Jonathan Koski. Jim and Joanne eventually divorced, but they remained good friends and celebrated the holidays with their three children.

Jim never remarried but remained in Newark at the family home living close to his oldest son, his sisters, and his brother along with their extended families. Jim loved vintage airplanes and classic cars and he frequented all the local air and car shows that he could. He is best known for his country style sense of humor and his sparkling blue eyes that smiled from his cheeks with the happiest of crows' feet one has ever seen. He was a kind man who never had



a harsh word for anyone and his demeanor was very laid back. Often when speaking of current times or events he would be quoted as saying "it's a changin' world." To him it really must have been because he was witness to and helped to transform the farm lands of the Bay Area into the cities of today. At the end of a visit, he never said goodbye- it was always "ok then, I guess I'll see ya down the Blvd" and off he would go. We will certainly all miss those words. He was loved very much!

Jim is survived by his son Jeffrey Koski, daughter in law Laura Koski, grandchildren Ryan Koski and Kaitlyn Koski, granddaughter Joelle Stribe and her husband Spencer Stribe and great grandchild Everett Stribe, daughter Jennifer Koski, son Jonathan Koski, daughter in law Elvira Koski, granddaughter Mckenna Koski, sister Jan Warren, sister Phylliss Murillo, niece Debbie Martin, sister Judy Okerlund, nephew Dennis Okerlund, sister Barbara Aguilera, niece Shannon Tomlins, niece Heather Chamberlin, nephew Nathianial Woudstra, brother Gregg Koski, nephew Adam Koski, niece Nancy Mullison, nephew Cary Hutton, along with numerous members of their extended families. A Celebration of His Life will be held in Tracy on January 26, 2019 from 1-5pm. For more information about attending please contact laurakoski@comcast.net and include your phone number.

SUBMITTED BY LYN LEONE

Join Castro Valley Library for "I Have Fallen and CAN Get Up," workshop on Wednesday, Jan 23. Participants will learn how to change their daily living activities to help prevent a fall as well as have the confidence to know what to do in case they do fall. The free program will feature a graphic, step-by-step guide on how to get up from a fall; exercises to do at home; and a home safety checklist. Caregivers, anybody with a fear of falling, and

seniors age 60 plus are welcome to attend. For more information, call the library at (510) 667-7900, or see Events at www.aclibrary.org/branches/csv.

"I Have Fallen and CAN Get Up"
Wednesday, Jan 23
10:30 a.m. – 11:30 a.m.
Castro Valley Library
3600 Norbridge Ave, Castro Valley
(510) 667-7900
Events at www.aclibrary.org/branches/csv

Winter coat drive benefits children and families

SUBMITTED BY KIRSTEN SWENSON

This winter, the Alameda County Office of Education (ACOE) continued its partnership with OneChild, a Fremont-based nonprofit organization focused on providing underprivileged children with the new clothes and supplies they need to be successful in school. ACOE staff donated new coats for students in grades K-12, which are available to those in need at OneChild's storefront near Washington Hospital in Fremont.

Alameda County Board of Education Trustee Eileen McDonald spearheads ACOE's winter coat drive with OneChild, which has been going strong for three years.

"As school leaders, we are steadfastly committed to the academic success of every student in the county — but when students' basic needs are not met, that success is hindered," McDonald said. "ACOE is proud to partner with OneChild to advance the health and wellbeing of students in need, so that they have the tools necessary to thrive both in and out of the classroom. Every new coat donated means another child is warm."

OneChild's goal is to promote self-esteem in underprivileged children, so that they can appreciate their individual worth. The family-run organization is the vision of Bernadine Dutra, who — having grown up in poverty — was teased as a child for wearing used clothing.

Children, and their families, "shop" (free of charge) at OneChild's storefront, giving them the opportunity to browse for new items in a comfortable, supportive environment. To date, OneChild has served more than 5,000 children throughout the Bay Area.

For more information about OneChild, including donation details and volunteer opportunities, visit their website at www.onechildca.org or send an email to onechildca@yahoo.com.



Zumba Family Fundraiser

SUBMITTED BY ALICE KIM

The City of San Leandro's Recreation and Human Services Department and Youth Advisory Commission (YAC) invites the community to an 80's-themed family Zumba fundraiser on Tuesday, January 15. Proceeds from ticket sales will go toward YAC's Mini-Grant Program that awards grants to youth serving organizations in San Leandro community. The event is for ages 5 and above, and participants are encouraged to wear 80's themed attire. To register, visit the recreation department's website www.sanleandrorec.org. Walk-in registrations are also

available at the San Leandro Senior Community Center or at Marina Community Center. For more information, call Lydia Rodriguez, recreation supervisor at (510) 577-3477 or email at lrodriguez@sanleandro.org.

Zumba Family Fundraiser
Tuesday, Jan 15
6:30 p.m. – 7:30 p.m.
Marina Community Center
15301 Wicks Blvd, San Leandro

Walk-in registration
San Leandro Senior Community Center

13909 E 14th St, San Leandro

Marina Community Center
15301 Wicks Blvd, San Leandro

(510) 577-3477
lrodriguez@sanleandro.org
Admission: \$5 per person or \$20 per family
(maximum 5 members)

Pre-registration recommended; light refreshments available for purchase

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LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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info@LifeElderCare.org

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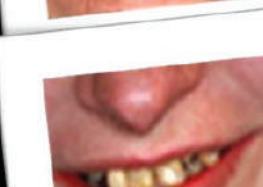
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Dr. Gupta

Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Newark Police Log

SUBMITTED BY
CAPTAIN CHOMNAN LOTH,
NEWARK PD

Wednesday, December 19

- At 3:09 p.m. Officer Hernandez responded to the 36000 block of Cedar Boulevard to investigate a possible package theft. A man had reportedly attempted to take a package from a residential front porch but was confronted by the resident and fled. Officers searched the area and located a man who was identified by the victim as the suspect. The 47-year-old Union City man was arrested on suspicion of battery and booked into the Fremont jail.

Thursday, December 20

- Between 9:24 and 9:30 p.m. officers responded to the 3100 block of Newpark Mall Road and investigated two

burglaries from vehicles that had been parked next to each other. Someone tried to gain access to the locked vehicles by shattering windows in an attempt to steal property. A suspect vehicle description was obtained as a silver Mercedes sedan with a sun roof, tinted windows and chrome wheels.

- At 9:20 p.m. Officer Jackman responded to the 500 block of Newpark Mall Road to investigate a grab and run theft of clothing that had occurred over an hour earlier. The suspect was described as a black male adult with a white hat, red jacket, blue jeans, and red and blue Nike shoes. The suspect vehicle was described as a Silver Lincoln Navigator without license plates.

Friday December 21

- Between 2:50 and 2:55 p.m. officers responded to the 35100 block of Newark Boulevard and 5800 block of Jarvis Avenue and investigated two burglaries from vehicles during which suspect(s) gained

access into the locked vehicles by shattering windows to steal a suitcase and duffel bag.

- At 9:40 p.m. officers responded to the 400 block of Newpark Mall Road to investigate a disturbance, ultimately arresting a 47-year-old Oakland woman on an outstanding felony warrant. She was booked into Santa Rita Jail.

Sunday, December 23

- At 2:07 officer Jackman responded to the 35100 block of Newark Boulevard and investigated a burglary from a vehicle during which suspect(s) gained access into the locked vehicle by shattering a window to steal an iPad and bag.

Thursday, December 27

- At 12:33 a.m. Officer D. Johnson responded to the 6000 block of Overlake Place and investigated a burglary from a vehicle during which suspect(s) gained access into the locked vehicle sometime overnight by shattering a window to steal a purse.

- Between 5:53 and 7:29 a.m. officers responded to the 39100 block of Cedar Boulevard and 5900 block of Mowry Avenue and investigated two burglaries from vehicles during which suspect(s) gained access into the locked vehicles by shattering windows to steal tools.

- Between 10:48 a.m. and 12:33 p.m. officers responded to the 35000 block of Lido Boulevard and 6500 block of Dairy Avenue and investigated two burglaries from vehicles during which suspect(s) gained access into the locked vehicles by shattering windows to steal back-packs, a laptop, wallet and tools.

Friday, December 28

- At 2:28 a.m. Officer Losier checked on an occupied vehicle at the corner of Edgewater Drive and Severn Drive. Losier contacted the occupant who was hunched over the steering wheel. During this time, he observed a baggie containing suspected methamphetamine in plain view. The 61-year-old Newark man

was arrested on suspicion of possessing methamphetamine and drug paraphernalia. He was booked into Fremont Jail.

- At 9:46 a.m. Officers Riddles and Pacheco along with their team conducted a probation search at a residence on the 7000 block of Arrowhead Place. They ultimately arrested a 33-year-old Newark woman on a felony warrant and a 49-year-old Newark man on suspicion of possessing methamphetamine and drug paraphernalia. They were booked into Santa Rita Jail.

Monday, December 31

- At 3:44 a.m. officers responded to the area of Thornton Avenue and Sycamore Street on a report of a DUI driver. The reporting party followed the suspected DUI driver as officers continued to respond. Officer Lenz subsequently arrested the driver, a 27-year-old San Jose man, on suspicion of DUI. He was booked into Fremont Jail.

Milpitas Police Log

SUBMITTED BY LT. JARED HERNANDEZ, LT. JOHN TORREZ AND SGT. TIM CAMPBELL, MILPITAS PD

Wednesday, January 2

- At about 11:38 a.m. police responded to a call from a woman who reported hearing noises in her backyard and the sound of someone trying to enter her bedroom. Arriving officers saw a suspect, later identified by police as Andre Lamont McBride Jr., 23, of Hayward climbing out of an open window. He ran from officers but fell into a swimming pool and then was taken into custody. Meanwhile, another suspect, later identified by police as Michael L. Ambrose, 22, of Alameda County, was spotted trying to jump a fence into a neighbor's yard. He was found hiding in the yard and taken into custody.

Both suspects were in possession of jewelry, cash and other items stolen from the victim's home. Both men were arrested on suspicion of burglary, conspiracy, resisting arrest and possession of stolen property and booked into the Santa Clara County Main Jail.

Thursday, January 3

- At 8:44 p.m. an officer made a traffic stop after spotting a driver, later identified as Sebastian Ruben Santillan, 20, of Milpitas run a stop sign at the intersection of Arizona Avenue and Dixon Landing Road. During the stop, Santillan told the officer he had a firearm in his car, and the officer saw it under the driver seat. Additional officers responded and Santillan was taken into custody without incident. In the car, officers found a loaded Glock G22 .40 caliber semi-automatic pistol with a fully loaded 30 round magazine inserted

into the magazine well and two additional fully loaded high capacity pistol magazines. An illegal quantity of marijuana, a switchblade style knife, and brass knuckles were also found.

Tuesday, January 8

- At 9:41 p.m. officers responded to a report of a shooting on the 500 block of Easter Avenue. Arriving officers determined an unknown suspect had shot into an occupied residence. No one was injured and an investigation is ongoing. Anyone who has information about this is asked to call the Milpitas Police Department at (408) 586-2400. Additionally, the information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: www.ci.milpitas.ca.gov/crimetip.

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES,
FREMONT PD

Tuesday, January 8

- A resident on the 34000 block of Gannon Terrace reported arriving home and finding the place burglarized. A possible suspect vehicle was a white van with the rear license plate only; the suspect(s) gained entry into the house through the rear door.
- Two vehicles parked at the intersection of Warm Springs and Mission boulevards were reported burglarized within 40 minutes of each other. Taken: personal items and electronics.
- A residential burglary was reported on the 38300 block of Debo Drive. The front door was found open.
- A residential burglary was reported on the 3500 block of Ramblewood Place. The residents were asleep when the rear sliding glass door was broken by unknown suspect(s). Several seconds later, a resident heard a vehicle driving away from the area.

- Officer Gerber made a traffic stop in a parking lot of a gas station on Auto Mall Parkway. The 29-year-old female driver was found to have a felony and misdemeanor warrant for her arrest. She was taken to Santa Rita Jail for booking without incident.

Thursday, January 10

- At about 3:40 p.m. officers responded to a report of shots fired in the parking lot of a shopping center at Fremont and Grimmer boulevards in the city's Irvington district. Officers and firefighters found an adult male suffering from a non-life-threatening gunshot wound. The man was taken to a trauma center for treatment. An investigation into the incident is continuing. Anyone who has information is asked to call Fremont Police Department Dispatch at (510) 790-6800 extension 3.

Public's help sought to warm up a cold homicide case

SUBMITTED BY NEWARK PD

Police in Newark are asking the public for help in their efforts to solve a cold case homicide where a man was found fatally shot near the marshlands on the western edge of the city.

The case started on October 27, 2014 when officers responded to a report about a possible dead body along Thornton Avenue. Arriving officers located a deceased male along the east side of Thornton Avenue between Marshlands Road and Hickory Street. The victim was later identified as Fernando "Gordo" Guerra, 24, of San Lorenzo.

The Alameda County Sheriff's Office Coroner's Bureau determined Guerra had suffered a fatal gunshot wound and

the case was investigated by Newark Police Detectives as a homicide. But, so far, the case remains unsolved.

Nonetheless, this remains a high priority, open cold case investigation for the Newark Police Department. Officials are releasing information about this case to the public now in an effort to bring renewed energy and attention to it. The idea is that information that once may have seemed insignificant could now prove to be the missing element in solving the case when combined with new tips and leads.

Anyone with information about this case is asked to contact Newark Police Department Investigations Sergeant Shannon Todd at (510) 578-4988 or send an email to shannon.todd@newark.org. Information can also be left anonymously by calling the "Silent Witness" telephone hotline at (510) 578-4965.

Fernando "Gordo" Guerra



Afternoon shooting awakens quiet neighborhood

SUBMITTED BY LT. MATIAS PARDO,
UNION CITY PD

Four suspects are in custody in connection with a shooting that occurred on Thursday, January 10 in the area of 11th and F streets in Union City.

Police responded to the residential area after receiving several 911 calls about the shooting. Arriving officers found witnesses who provided them with a description of the suspects and their vehicle. No injuries were reported.

Soon after police broadcast a description of the suspects and their vehicle, Hayward Police stopped a vehicle matching the description in their city. Four juvenile suspects were taken into custody. Their identities were not released because of their ages.

Officers from the Union City Police Department remained at the site of the shooting to continue their investigation. Witnesses to the incident are asked to contact Detective Scott Jensen at (510)458-3707 or via email at scottj@unioncity.org. Anonymous information can be sent to the UCPD Tip line at (510) 675-5207 or via email at Tips@unioncity.org.



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PUBLIC NOTICES



NOTICE TO BIDDERS

Land For Sealed Bid Auction

Sealed Bid Opening* will be held publicly at the Finance Department / Purchasing Division at 3300 Capitol Avenue, Building B, Fremont, CA 94538 at 10:00 A.M. PST on Friday, February 15, 2019

351-353 G Street, Fremont, CA
Portion of APN 507-0270-003-04

Lot Size: 31,026± s.f.

Including two residential homes: 766± s.f. (351 G St) and 2,900± s.f. (353 G St)

Zoning: R-1-8

Restrictions: One lot, no further subdivision allowed. Any future home is limited to one-story or 18 feet high and to no more than 4,450 square feet in size

Minimum Bid: \$850,000.00

Close of Escrow: 45 days (Estimated Close of Escrow: April of 2019)

Commission to Buyer's Agent: 2% of the Purchase Price

Open Houses:

1/17/19 (Thursday) and 1/30/19 (Wednesday) from 2 p.m. to 4 p.m.

Submit Sealed Bids to:

City of Fremont Finance Department / Purchasing Division at 3300 Capitol Avenue, Building B, Fremont CA 94538 no later than 10:00 A.M. on 2/15/2019

A \$8,500 bid deposit is required with the sealed bid

Bids submitted after 10:00 A.M. on 2/15/19 will not be considered

*An oral bid auction will be held immediately after the sealed bid opening if the City receives written bids that result in a tie. Only the highest bidders who made the same offer will be allowed to participate.

To download the bid package, please visit <https://fremont.gov/2551> or contact Eva Ip in Real Property (eip@fremont.gov) for further details

CNS-3211261#



NOTICE TO BIDDERS

Land For Sealed Bid Auction

Sealed Bid Opening* will be held publicly at the Finance Department / Purchasing Division at 3300 Capitol Avenue, Building B, Fremont, CA 94538 at 10:00 A.M. PST on Friday, February 15, 2019

37697 Third Street, Fremont, CA
Portion of APN 507-0320-001-00

Lot Size: 6,050± s.f.

Including one residential home: 1,152± s.f.

Zoning: R-1-6

Restriction: Any future home is limited to one-story or 18 feet high

Minimum Bid: \$800,000.00

Close of Escrow: 45 days (Estimated Close of Escrow: April of 2019)

Commission to Buyer's Agent: 2% of the Purchase Price

Open Houses:

1/17/19 (Thursday) and 1/30/19 (Wednesday) from 2 p.m. to 4 p.m.

Submit Sealed Bids to:

City of Fremont Finance Department / Purchasing Division at 3300 Capitol Avenue, Building B, Fremont CA 94538 no later than 10:00 A.M. on 2/15/2019

A \$8,000 bid deposit is required with the sealed bid

Bids submitted after 10:00 A.M. on 2/15/19 will not be considered

*An oral bid auction will be held immediately after the sealed bid opening if the City receives written bids that result in a tie. Only the highest bidders who made the same offer will be allowed to participate.

To download the bid package, please visit <https://fremont.gov/2554> or contact Eva Ip in Real Property (eip@fremont.gov) for further details

CNS-3211258#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION
SPECIAL MEETING

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M. ON THURSDAY, JANUARY 31, 2019, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

SERRA APARTMENTS – 42000 Osgood Road – PLN2019-00162 – To consider a two-year time extension for Vesting Tentative Parcel Map No. 10631, Discretionary Design Review Permit, and Preliminary Grading Plan approvals in conjunction with the construction of a new six-story, 179-unit apartment building on a 2.68-acre parcel located in the Irvington Community Plan Area, and to consider a finding that no further environmental review is required based on project consistency with the development density established in the General Plan for which a Final Environmental Impact Report (State Clearinghouse No. 2010082060) was previously prepared and certified. Project Planner – Mark Hungerford, (510) 494-4541, mhungerford@fremont.gov

GENERAL PLAN AMENDMENT SCREENING REQUESTS – (Ohlone Frontage – 43600 Mission Boulevard – PLN2019-00173, (Oakmont of Fremont – 4546 and 4588 Peralta Boulevard – PLN2019-00175), (The Golden Pines – 43450 Sabercat Road – PLN2019-00176) – To consider General Plan Amendment Requests to authorize formal processing of General Plan Amendment applications to change the land use designation of property located at 43600 Mission Boulevard, 4546 and 4588 Peralta Boulevard, and 43450 Sabercat Road to facilitate additional market rate residential development, and to consider a finding that the requests are not subject to the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15378 in that they do not meet CEQA's definition of a project. Project Planner – Bill Roth, (510) 494-4450, broth@fremont.gov

STATE STREET CENTER – 39183 State Street – PLN2019-00192 – To consider an annual review of the State Street Center Development Agreement for a mixed-use project with 157 residential units and approximately 21,000 square feet of commercial space on a 6.1-acre site in the Downtown Community Plan Area, and to consider a finding that no environmental review is required pursuant to the California Environmental Quality Act (CEQA) as the annual review does not constitute a "project" as defined in CEQA Guidelines Section 15378. Project Planner – Bill Roth, (510) 494-4450, broth@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

KRISTIE WHEELER, SECRETARY
FREMONT PLANNING COMMISSION



CNS-3211453#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG1901380
Superior Court of California, County of Alameda
Petition of: Alicia N. Smith for Change of Name
TO ALL INTERESTED PERSONS:
Pettitioner filed a petition with this court for a decree changing names as follows:
Alicia N. Smith to Alicia N. Overton
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be

plaintiff's attorney, or plaintiff without an attorney, *(El nombre de la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es:)* Peter J. Salmon - SBN 174386), Donna Y. Oh (SBN 278911) Aldridge & LLP, 4310 University Blvd., Suite 200, San Diego, CA 92177-0935; (858) 750-7600; (619) 590-1385; DATE (Fecha): August 29, 2018
Chad Finck, Clerk (Secretario), by ---, Deputy (Substituto) (SEAL)

1/8, 1/15, 1/22, 1/29/19

CNS-3208892#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG18933375
Superior Court of California, County of Alameda
Petition of: Wonseop Choi, Lanhee Baik for Change of Name
TO ALL INTERESTED PERSONS:
Pettitioner filed a petition with this court for a decree changing names as follows:
Florance Jee Yoon Choi to Eunice Jaeyoon Choi
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 2/1/19, Time: 11:30 A.M.
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: December 24, 2018
WYNNE S. CARVILL
Judge of the Superior Court
1/1, 1/8, 1/15, 1/22/19

CNS-3207306#

SUMMONS
(CITACION JUDICIAL)

CASE NUMBER (Número del Caso):
RG18891903
NOTICE TO DEFENDANT (AVISO AL DEMANDADO): Florentia Atoun Kujore and Daniel Lemos and Does 1 to 10
YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ DEMANDANDO EL DEMANDANTE):
Hawenden Johnson
NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.
You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.
There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org) or the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

(AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.)
Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en el tribunal. Si no puede pagar el costo de presentar una demanda, pida al secretario de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso.
The name and address of the court is (El nombre y dirección de la corte es): Alameda County Superior Court, 1225 Fallon Street, Oakland, CA 94612
The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Angela L. Morgan, 2603 Camino Ramon, Suite 200, Ramon, CA 94583; 925-242-2561
DATE (Fecha): February 2, 2018
Estela Espinoza, Deputy (Adjunto) (SEAL)

1/1, 1/8, 1/15, 1/22/19

CNS-3210622#

SUMMONS
(CITACION JUDICIAL)

CASE NUMBER (Número del Caso):
RG18918726
NOTICE TO DEFENDANT (AVISO AL DEMANDADO): EUSEBIO M. LEAL, an Individual; EUSEBIO M. LEAL, as Trustee of The Leal 2003 Trust, UTD May 14, 2003; ALL PERSONS UNKNOWN, CLAIMING ANY LEGAL OR EQUITABLE RIGHT, TITLE, ESTATE, LIEN, OR INTEREST IN THE PROPERTY LOCATED AT 5592 Dewey Pl., Fremont, CA 94538 ADVERSE TO PLAINTIFF'S INTEREST, OR ANY CLOUTIER PLAINPLAINTIFF'S INTEREST THERETO, AND DOES 1-20, Inclusive
YOU ARE BEING SUED BY PLAINTIFF (LO ESTÁ DEMANDANDO EL DEMANDANTE): BANK NATIONAL ASSOCIATION SUCCESSOR BY MERGER TO U.S. BANK NATIONAL ASSOCIATION, N.D.
NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.
You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.
There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), or the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

(AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.)
Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en el tribunal. Si no puede pagar el costo de presentar una demanda, pida al secretario de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso.
The name and address of the court is (El nombre y dirección de la corte es): Superior Court of California, County of Alameda, 1225 Fallon St., Oakland, CA 94612
The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Angela L. Morgan, 2603 Camino Ramon, Suite 200, Ramon, CA 94583; 925-242-2561
DATE (Fecha): February 2, 2018
Estela Espinoza, Deputy (Adjunto) (SEAL)

1/1, 1/8, 1/15, 1/22/19

CNS-3206366#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG18932372
Superior Court of California, County of Alameda
Petition of: Chen Min Chiang for Change of Name
TO ALL INTERESTED PERSONS:
Pettitioner Chen Min Chiang filed a petition with this court for a decree changing names as follows:
Chen Min Chiang to Kevin Chiang
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Date: 2-8-19, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: December 17, 2018
Wynne S. Carvill
12/25/18, 1/1, 1/8, 1/15/19

CNS-3205783#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

Fictitious Business Name(s):
Secondary Fire, 1147 Atlantic St, Union City, CA 94587, County of Alameda
Address: P.O. Box 1638, Union City, CA 94587
Registrant(s):
Daniel Martin, 35418 Severn Drive, Newark, CA 94587
Business conducted by: An Individual
The registrant began to transact business using

the fictitious business name(s) listed above on 9/19/17.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Daniel Martin, Owner
This statement was filed with the County Clerk of Alameda County on January 10, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/15, 1/22, 1/29, 2/5/19

CNS-3211582#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 553682
Fictitious Business Name(s):
Protect Niles, 37483 2nd Street, Fremont, CA 94536, County of Alameda
Registrant(s):
David Jacobs, 37483 2nd St., Fremont, CA 94536
Robert Daulton, 37523 2nd St., Fremont, CA 94536
René Guild, 37955 2nd St., Fremont, CA 94536
Julie Cain, 37375 G St., Fremont, CA 94536
Lorna Jaynes, 37976 2nd St., Fremont, CA 94536
Bruc Boates, 37978 2nd St., Fremont, CA 94536
John Weed, 43255 Mission Blvd., Fremont, CA 94536
Victoria Mayer, 37421 2nd St., Fremont, CA 94536
Dorel Casler, 925 Springfield Dr., Gardnerville, NV 89460
Business conducted by: an Unincorporated association other than a partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ David Jacobs, Member
This statement was filed with the County Clerk of Alameda County on January 4, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/15, 1/22, 1/29, 2/5/19

CNS-3211334#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 553407
Fictitious Business Name(s):
Forrunner Christian Bookstore, 39610 Sundale Dr., Fremont, CA 94538, County of Alameda
Registrant(s):
Forrunner Christian Church, 39620 Sundale Dr., Fremont, CA 94538; California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on 1/12/2019
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Martina Huang, Secretary
This statement was filed with the County Clerk of Alameda County on December 26, 2018.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/15, 1/22, 1/29, 2/5/19

CNS-3211331#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 553791
Fictitious Business Name(s):
H.S.T., 35995 Fremont Blvd., Apt #41, Fremont, CA 94536, County of Alameda
Registrant(s):
Armin Singh, 35995 Fremont Blvd. Apt. #41, Fremont, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 01-11-19
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Armin Singh, Owner
This statement was filed with the County Clerk of Alameda County on January 8, 2019.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/15, 1/22, 1/29, 2/5/19

CNS-3211211#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 553484
Fictitious Business Name(s):
Ca Court, 7142 Zanker Way, Union City, CA 94582, County of Alameda
Mailing address: 1893 Serpentine Drive, Union City, CA 94587
Registrant(s):
Sangal Group, LLC, 1893 Serpentine Drive, Union City, CA 94587; California
Business conducted by: a Limited Liability Corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Vishal Sangal, President and CEO
This statement was filed with the County Clerk of Alameda County on December 22, 2018.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/15, 1/22, 1/29, 2/5/19

CNS-3209488#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 553458
Fictitious Business Name(s):
GoBind Singh Trucking, 1779 Bobolink Ct, Hayward, CA 94545, County of Alameda
Registrant(s):
GoBind Singh, 1779 Bobolink Ct, Hayward, CA 94545
Business conducted by: an Individual
The registrant began to transact business using

Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 05/10/17
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ GoBind Singh, Owner Operator
This statement was filed with the County Clerk of Alameda County on December 27, 2018.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/8, 1/15, 1/22, 1/29/19

CNS-3208821#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 552916
Fictitious Business Name(s):
Emerging Wonder, 3583 Madison Common, Fremont, CA 94538, County of Alameda
Registrant(s):
Anm Basu, 3583 Madison Common, Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 11-20-17
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Julie Basu
This statement was filed with the County Clerk of Alameda County on December 11, 2018.
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/8, 1/15, 1/22, 1/29/19

CNS-3208810#

FICTITIOUS BUSINESS
NAME STATEMENT

PUBLIC NOTICES

one thousand dollars [\$1,000.])
/s/ Devin J.C. Silva, Owner/Co-partner
This statement was filed with the County Clerk of Alameda County on December 13, 2018
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/1, 1/8, 1/15, 1/22/19

CNS-3206869#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 553215
Fictitious Business Name(s):
IQ Auto Glass, 1998 Osage Avenue, Hayward, CA 94545, County of Alameda
Mailing Address: 4125 Darwin Drive, Fremont, CA 94555
Registrant(s):
Kenneth Lorica, 4125 Darwin Drive, Fremont, CA 94555
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000.])
/s/ Kenneth Lorica, Owner
This statement was filed with the County Clerk of Alameda County on December 18, 2018
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/25/18, 1/1, 1/8, 1/15/19

CNS-3205852#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 553189
Fictitious Business Name(s):
Four 8 Specialties, 34324 Siward Dr., Fremont, CA 94555, County of Alameda
Registrant(s):
Duane Headworth, 34324 Siward Dr., Fremont, CA 94555
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 12-17-2018
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000.])
/s/ Duane Headworth, Sole Prop
This statement was filed with the County Clerk of Alameda County on December 17, 2018
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/25/18, 1/1, 1/8, 1/15/19

CNS-3205652#

FICTITIOUS BUSINESS NAME STATEMENT
File No. 553189
Fictitious Business Name(s):
Four 8 Specialties, 34324 Siward Dr., Fremont, CA 94555, County of Alameda
Registrant(s):
Duane Headworth, 34324 Siward Dr., Fremont, CA 94555
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 12-17-2018
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000.])
/s/ Duane Headworth, Sole Prop
This statement was filed with the County Clerk of Alameda County on December 17, 2018
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/25/18, 1/1, 1/8, 1/15/19

CNS-3205652#

GOVERNMENT

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on January 29, 2019 at which time they will be opened and read out loud in said building for:

WALNUT BOULEVARD BIKEWAY IMPROVEMENTS-PASEO PADRE PARKWAY TO MISSION BOULEVARD CITY PROJECT 8959(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
12/18/18, 1/8, 1/15/19

CNS-3203573#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF Norberto Cua Castaneda CASE NO. RP19001428

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Norberto Cua Castaneda
A PETITION FOR PROBATE has been filed by Nenita Mariveles in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that Nenita Mariveles be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with full authority. (This authority will allow the personal representative to take any actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on 02/13/2019 at 9:31 AM in Dept. 202 located at 2120 Martin Luther King, Jr. Way Berkeley, CA 94704 ..
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account

as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Steven R. Pogue SBN 160164 2150 Trade Zone Blvd. #102 San Jose, CA 95131 Telephone: (408) 258-3250 1/15, 1/22, 1/29/19

CNS-3210299#

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSEPH BEGA CASE NO. RP18932451

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Joseph Bega
A Petition for Probate has been filed by Joseph R. Bega in the Superior Court of California, County of Alameda. The Petition for Probate requests that Joseph R. Bega be appointed as personal representative to administer the estate of the decedent.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take any actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on 02/04/2019 at 9:31 a.m. in Dept. 201 located at 2120 Martin Luther King Jr Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Thomas B Reed Jr, 676 Bockman Road, San Lorenzo, CA 94560, Telephone: 510-278-8362 1/1, 1/8, 1/15/19

CNS-3206377#

TRUSTEE SALES

T.S. No.: 2012-00635 A.P.N.:543-0411-042-00
Property Address: 4082 POLONIUS CIRCLE, FREMONT, CA 94555 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION TO BE FURNISHED TO THE PUBLIC, AS A COURT, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site: <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case 2012-00635. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 19, 2018/Western Progressive, LLC, a Trustee for beneficiary C/o 15355 Public Design, Suite 237 Ventura, CA 93003 Sale Information Line: (866) 960-8299 <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

CNS-3206377#

YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: ALEXANDER C PARAS AND CANDELARIA R PARAS, HUSBAND AND WIFE, AS JOINT TENANTS Duty Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 08/15/2005 as Instrument No. 2005347676 in book ---, page--- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 02/05/2019 at 12:00 PM Place of Sale:AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 742,472.81 NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH CASHES CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE. All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 4082 POLONIUS CIRCLE, FREMONT, CA 94555 A.P.N.: 543-0411-042-00 The undersigned Trustee disclaims any liability for any inaccuracy of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 742,472.81. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust reserves the right to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county of Alameda, California, on or about 12/11/2018. NOTICE OF TRUSTEE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are liens in priority to the lien being auctioned. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to the property and does not constitute a release of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site: <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case 2012-00635. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 19, 2018/Western Progressive, LLC, a Trustee for beneficiary C/o 15355 Public Design, Suite 237 Ventura, CA 93003 Sale Information Line: (866) 960-8299 <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

1/8, 1/15, 1/22/19

CNS-3206738#

NOTICE OF TRUSTEE'S SALE TS No. CA-18-837728-BF Order No.: 8743062 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/19/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): VINCENT REYES DIAS, AN UNMARRIED MAN Recorded: 10/29/2007 as Instrument No. 2007377748 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 12/29/2019 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$381,009.17 The purported property address is: 34550 SHENANDOAH PL., FREMONT, CA 94555-3307 Assessor's Parcel No.: 543 -0249-022 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site: <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-18-837728-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any inaccuracy of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders' rights against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-18-837728-BF IDSPub #0148241 1/8/2019 1/15/2019 1/22/2019 1/8, 1/15, 1/22/19

CNS-3203943#



NEWARK UNIFIED SCHOOL DISTRICT

5715 Musick Avenue
Newark, CA 94560-2554
Phone: 510-818-4103
Fax: 510-794-2199

BOARD OF EDUCATION

Ray J. Rodriguez, President
Nancy Thomas, Clerk
Elisa Martinez, Member
Lucia Gutierrez, Member
Vacant, Member
Sierra Van Rossem, Student Member

SUPERINTENDENT OF SCHOOLS
Patrick Sánchez

ASSOCIATE SUPERINTENDENT OF EDUCATIONAL SERVICES
Leticia Salinas

CHIEF BUSINESS OFFICIAL
Khai Nguyen

EXECUTIVE DIRECTOR OF HUMAN RESOURCES
Jessica Saavedra

NOTICE OF BOARD APPOINTMENT

Pursuant to Government Code 6061 and Education Code 5092

NOTICE OF PROVISIONAL APPOINTMENT TO THE BOARD OF EDUCATION OF THE NEWARK UNIFIED SCHOOL DISTRICT

On December 5, 2018 a vacancy was created on the Board of Education of the Newark Unified School District when Board member Janet Crocker's resignation became effective.

The Newark Unified School District Board of Education has appointed Bowen Zhang to assume the vacant seat on the Board.

The date for the appointment of Bowen Zhang to the Newark Unified School District Board of Education was January 10, 2019.

Unless a petition calling for a special election pursuant to Education Code 5091 is filed in the Office of the Alameda County Superintendent of Schools within 30 days of this provisional appointment, it shall become an effective appointment.

Enter Newark Optimist Club Essay Contest

SUBMITTED BY DARRYL REINA

The annual Newark Optimist Club Essay Contest is underway, and the completed essays and official contest applications must be received by Friday, January 25. This year's essay topic is "When All the World's Problems are Solved, is Optimism Still Necessary." The contest is open

to Newark, Fremont, and Union City high school, junior high, and elementary students who are under the age of 18 and have not already graduated from high school.

The top-three essays will receive cash prizes (\$200, \$100, and \$50 respectively) and medallions, with the first-place essay advancing to District Level

competition with a chance to win a \$2,500 college scholarship. Winners will be recognized at the club's breakfast meeting on Wednesday, February 13. For more information and application, that includes the official rules, visit www.optimist.org/Forms/18-19_Essay_Application.pdf. The essays and entries can be sent

to Darryl Reina, Essay Contest chairman, at darryl14r@aol.com or mailed to the Newark Optimist Club.

**Newark Optimist Club
Essay Contest
Newark Optimist Club
P.O. Box 402, Newark,
CA 94560**

**www.optimist.org/Forms/18-19_Essay_Application.pdf
darryl14r@aol.com**

**Deadline: Friday, Jan 25
Winners announced on
Wednesday, Feb 13**

Sheila Harrington
City Clerk

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COMMUNITY BULLETIN BOARD

FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, come join us www.fremontcoinclub.org 510-792-1511	Soiree Seniors For People Over 60 Many Activities Potluck Dinners, Dancing, TGIF's, Birthdays and more Call Nancy for information (510) 397-1191	League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post informa- tion including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thou- sands of friends and neighbors every TUESDAY in the TCV printed version and continu- ously online. TCV has the right to reject any posting to the Commu- nity Bulletin Board. Payment must be received in advance. Payment is for one posting only. Any change will be con- sidered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non- profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV	
FREMONT STAMP CLUB Meets 2nd Thurs. each month 7pm Fremont Community Activities Center 3375 Country Dr., Fremont Collectors of all ages welcome www.fremontstampclub.org/ or call Tom 510-793-9124 write12me@gmail.com		Do you want to help build our Model Railroad Layouts & Operate Trains? The Tri-City Society of Model Engineers Looking for new members Meet Fridays - 7:30pm-9:30 pm Niles Plaza 37592 Niles Blvd., Fremont www.nilesdepot.org or call 510-325-2092		
Rotary Club of FUN Sunset Meets every Thursday at 7pm Crowne Plaza Hotel 32083 Alvarado-Niles Road Union City, CA 94587 Questions: Call Omy 510-585-8897		FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com		
		Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous-FA WWW.foodaddicts.org FREE Meetings - Mon. 7-8:30pm Centerville Presbyterian Church 4360 Central Ave. Rm E204 Fremont Sat 8-9:30am Holy Trinity Lutheran Church 38801Blacow Rd. Fremont 510-719-8288	FREE PRESCHOOL Fremont Unified School District offers FREE preschool for income-eligible families. The income limits have been raised recently and more families are qualifying. Children must be 3-5 years old and toilet trained. It's a 3-hour class, 5 days per week. Openings now and throughout the school year. For information: 510-659-2579 or preschool@fremont.k12.ca.us	
	TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162		A-1 Comm. Housing Svcs 1st Time Home Buyers Workshop Learn the process of homeownership Down Payment Assistance Every 3rd Sat. 10am-1pm 22693 Hesperian Blvd. #150 Hayward, CA 94541 Register: www.a1chs.org Call: 510-674-9227	Our Lady of Guadalupe School CRAB FEED Feb 23, 2019 4:30pm – 11pm Holy Spirit Parish Center 37588 Fremont Blvd., Fremont \$50 per Person Crab, pasta, salad, rolls, dessert *MUST BE 21 & OLDER * Silent & Live Auctions Raffle Baskets - Live DJ & Bar Contact 510-657-1674
	Are you or a loved one struggling with metal health challenges? You are not alone. NAMI – The National Alliance on Mental Illness offers Free, confidential classes and support groups We can help. Call Kathryn at (408) 422-3831 Leave message		Bay Area Guide Dog Puppy Raisers Looking For Volunteers Interested in giving back to their community Raise a puppy and change a life! We meet Thursday 7-8pm For more information Call Randy Hollenshead 510-331-4862	FREMONT Girls Softball Get your girls away from the Cellphone and involvedin A Fun Activity! Ages 5 - 18 Years Registration Dates Jan. 1/12/19 & Feb. 2/9/19 www.fgsa.org
MEHS Band & Orchestra Flea Market 4th Saturday of the month (weather permitting) March through October \$20 cash fee for vendors Due the day of flea market Set up 6 a.m. 7 a.m. -3:30 p.m. 2300 Panama St. Hayward officialmehsband@gmail.com		Afro-American Cultural & Historical Society Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec, Feb, June, July 5:30pm Newark Library 510-793-8181 www.aachstricity.org Welcome!	Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 6:25 PM. at Round Table Pizza at 37480 Fremont Blvd. We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.	
Become a volunteer driver with LIFE Eldercare Drive older adults to appts/errands Flexible weekday scheduling Call Valerie 510-894-0370 x2 vdraeseke@LifeElderCare.org www.LifeElderCare.org		F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy's Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	English Conversation Cafe Practice your English & enjoy refreshments Small conversation groups with English tutors, Beg & Adv Students Free / Drop-ins welcome Tuesdays 7-8:30pm Bridges Community Church 505 Driscoll Road, Fremont 510-651-2030 / nateg@bridgescc.org	AMERICAN LEGION POST 837 Veterans and Active Duty Military are invited Meetings 3rd Tuesday each month - Except July and Dec. Social Time 6:30pm General Meeting 7:15pm VETERANS MEMORIAL BUILDING (NILES) 37154 2nd & E Strets Fremont www.POST837.org
Let’s Do Lunch! Volunteer for LIFE ElderCare Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@LifeElderCare.org www.LifeElderCare.org	SparkPoint Financial Services for Low-Income Residents FREE financial coaching & services SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center 39155 Liberty St, Rm #A120, Fremont To register, call 574-2020 Fremont.gov/SparkPointFRC			NEWARK OPTIMIST CLUB ESSAY CONTEST students under 18 Topic: “When the World’s Problems are solved is Optimism still necessary?” CASH Prizes www.optimist.org/forms/18-19es- sayapplicationpdf Deadline: January 25, 2019 Submit to: darryl114R@aol.com
Make a new friend! Be a volunteer friendly visitor with LIFE ElderCare Spend time with a lonely older adult. You both will enjoy your weekly visits. Call Linda 510-894-0370 x3 lhoyne@LifeElderCare.org www.LifeElderCare.org	Fremont Family Resource Center 24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, a drop-in childcare center & more. M-F 8-5. 39155 Liberty St, Fremont 510.574.2000 or Fremont.gov/FRC	Do you get nervous when you have to speak in public? Newark Toastmasters can help Learn this skill and more in a supportive atmosphere It's FREE to attend Tues 7am-8:10am Newark Library 6300 Civic Terrace Ave., Newark 510-796-3562 or 510-402-8318 www.1118.toastmastersclub.org		

You are invited!

**Fremont's First Premiere
Cruise Night**

Hosted by BJ Travel

Largest cruise event in the area!
Thursday, January 24, 2019
5:30pm - 7:30pm
at Campo di Bocce of Fremont

RSVP required
Space is limited - Call or Email Today
Call Cathy at 510-796-8300
or email cathy@bjtravelfremont.com

Cruise Information!
Cruise Line Representatives!
Sign up specials!
Door Prizes! *Exclusive Offers!*
Snacks!

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AMERICAN CRUISE LINES

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AVALON WATERWAYS

Holland America Line

Celebrity Cruises

SILVERSEA

FREE PRESCHOOL
Fremont Unified School District offers
FREE preschool for income-eligible families.
The income limits have been raised recently and
more families are qualifying.
Children must be 3-5 years old and toilet trained.
It's a 3-hour class, 5 days per week.
Openings now and throughout the school year.
For information: 510-659-2579 or
preschool@fremont.k12.ca.us

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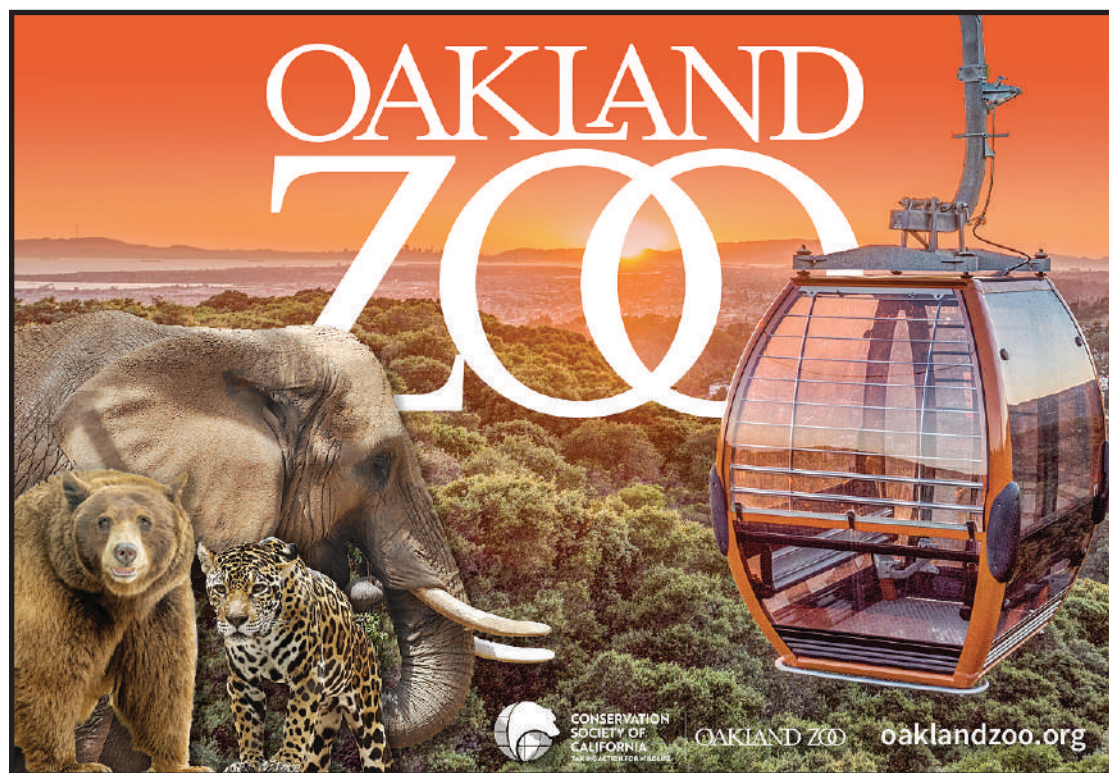
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continued from page 1

'Perspectives'



how she felt about her environment. She often told me her thoughts during her art making," said Syrop. "I feel very lucky to have had access to Isadora's impressions and ideas as she engaged her young and innocent mind in the making of art. She always reminds me of the beautiful aspects of the world."

Syrop studied fine art at National Taiwan Normal University and taught high school art for three years. In 1988, she married, immigrated to the United States, and settled in Hayward. In August 2018, Syrop obtained a post-baccalaureate certificate in visual art from UC Berkeley Extension. She enjoys taking photos and working with a variety of media including oils, acrylics, pastels, and Chinese ink. Living in the San Francisco Bay Area, Syrop is constantly inspired by the many cultures and varied landscapes here. Making art has always been her way of expressing herself. She finds inner peace and harmony through her practice.

In this exhibition, alongside Isadora's paintings Syrop is displaying her homeless series, "Invisible." "The contrast between our work might make some people feel uneasy. The juxtaposition of social and political reality with childhood innocence is one of many things that adults in our society need to deal with," said Syrop. "I am hoping that we adults can address the serious problems facing

our world to make a decent future for our young people, and it is my hope that today's children will have a chance to maintain their innocence and good will."

The artists' reception for "Perspectives" on Saturday, February 2 will be held in tandem with the 30th annual "Children's Book Illustrator Show" artists' reception.

For more information, contact the gallery at (510) 581-4050 or visit www.sungallery.org.

Perspectives

Friday, Jan 11 – Sunday, Feb 24
Friday – Sunday, 11 a.m. – 5 p.m.

Reception:
Saturday, Feb 2
1 p.m. – 3 p.m.

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Jan. 19	Sat.	7:30 pm	SuperStar Donor Reception
Jan. 20	Sun.	2:30 pm	Dress up as your favorite fairytale character
Jan. 25	Fri.	7:30 pm	Talk Back with Actors/ Family Discount Night
Jan. 26	Sat.	7:30 pm	Wear green for Shrek
Jan. 27	Sun.	2:30 pm	

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