



Feral Hearts on the farmland



Railroad lore comes to life at museum open house



California Trail habitat to open at Oakland Zoo



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June 19, 2018

Vol. 16 No. 25



Sulphur Creek educates community on Wildlife

BY TOSHALI GOEL
PHOTOS COURTESY OF WENDY WINSTED

As the world around us becomes more industrial and urban, wild animals are rapidly shrinking in number. Facilities to protect them as well as to re-familiarize today’s technologically advanced generation with the wonders of the natural world are growing increasingly important. Sulphur Creek Nature Center, located in Hayward, is one such facility. They offer various educational programs to help encourage the community

Continued on page 19



Field Day

demonstrates science, skill, and service

ARTICLE AND PHOTOS
COURTESY OF
STEVE WILSON

Members of the South Bay Amateur Radio Club (SBARA) will be participating in the national Amateur Radio “Field Day” exercise, Saturday and Sunday, June 23 and 24 at Central Park/Lake Elizabeth near the corner of Sailway Drive and Paseo Padre Parkway. Since 1933, Amateur Radio operators across North America have established temporary radio stations in public locations during Field Day to showcase

the science and skill of Amateur Radio. This event is open to the public and all are encouraged to attend.

For over 100 years, Amateur Radio — sometimes called ham radio — has allowed people from all walks of life to experiment with electronics and communications techniques, as well as provide a free public service to their communities during a disaster, all without needing a cell phone or the Internet. Field Day demonstrates ham radio’s ability to work reliably under any conditions

Continued on page 5



Music at the Grove

SUBMITTED BY
DAVID ZEHNDER

The City of Newark Recreation and Community Services Department is proud to announce the 31st season of free concerts at the beautiful Shirley Sisk Grove, located on NewPark Mall Road across from Macy’s. Newark was one of the first cities in the Bay Area to offer free community concerts,

modeled after the famous Stern Grove concerts held each summer in San Francisco. Our concert series began back in 1987 with a performance by Bay Area party band Big Bang Beat. And the Big Bang Beat has been with us ever since, opening our annual concert series to the delight of their many dedicated fans. We have some great concerts scheduled this summer culminating with a fan appreciation event on August 3.

Make sure you mark your calendars now and plan on being part of a great summer of family-fun concerts at the Grove!

All concerts will be held on Friday evenings beginning at 6:30 p.m. Concert goers can arrive early to picnic and relax with family and friends. Bring a blanket or low-back chair as all seating is festival style. The concerts are made available through generous sponsorships including the Newark Betterment Corporation, Tri-City Voice (special media sponsor), The Sign Zone, Homewood Suites, Arteaga’s Food Center, Cedar Dental Care, Massimo’s Italian Restaurant, and Cargill. Long-time concert promotor

Continued on page 16

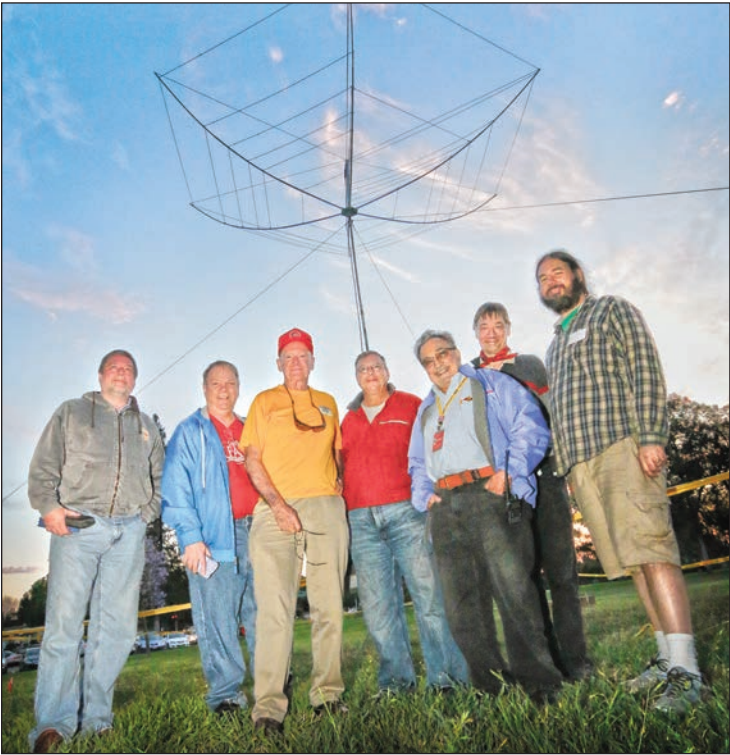


Photo by Victor Carvellas

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Get Your Kids Moving This Summer

Family Physician Offers Tips for Staying Active and Healthy

Summer is here and that means your kids will probably have a lot more time on their hands. It's important to get them moving this summer so they don't spend it on the couch.

"Kids need physical activity," said Dr. Shelli Bodnar, a family physician at the Warm Springs Clinic in Fremont and member of the Washington Township Medical Foundation. "You need to figure out ways to keep them active. The first step is to set a screen limit."

She said limiting the time kids spend on their phones and in front of the computer and TV is necessary because they have a hard time self-regulating, and too much screen time is not good for their health.

"When kids get away from their phones and computers, they find things to do," she added. "Kids have the best intentions, but they get sucked in. They start playing video games or looking at social media, and they have no sense of time. You have to step in and set limits."

There are plenty of activities that can keep kids occupied, even if you have a tight budget. Encourage your kids to get outside and play, and give them toys that promote physical activity like basketballs, soccer balls, jump ropes and kites.

"Of course, summer camps that provide lots of activities are great, so do that if you can," she said. "But those can be expensive. Cities often offer free and low-cost programs through their parks and recreation departments. Neighborhood pools and recreation centers can also be options for fun summer activities that don't break the bank."

Staying Safe

Bicycle riding and skateboarding are great ways to stay active, but it's important to wear protective gear. Dr. Bodnar recommends wearing a helmet with any activity where you could crash into pavement, including bike and scooter riding, skateboarding, and roller skating or blading. She also said elbow and knee pads should be worn

for skateboarding and roller skating or blading.

"You don't want to be so obsessed with injury that you don't let your kids be active," she added. "But you do need to supervise and take the proper safety precautions."

Most minor cuts, scrapes and bruises can be treated with ice, soap and water, and over-the-counter creams and ointments. But if your child has a deep, dark bruise that appears within a couple hours or has intense pain that doesn't subside after an hour, you should seek medical attention, and always take head injuries seriously, notes Dr. Bodnar.

"Anything other than a minor head bang against a wall should be checked," she added. "If your child has a head injury, you should go straight to the emergency room."

For outdoor activities, sunscreen with an SPF of 30 or higher is important. Make sure your child puts it on 30 minutes before going outside and re-apply every two hours. Hats and long sleeves can also help reduce sun exposure.

Family Affair

"Staying active can be part of your family routine," she said. "Now that summer is here, the days are longer and there is plenty of time after work to do some physical activity with your kids."

Dr. Bodnar suggested taking your kids out for an evening walk or bike ride around the neighborhood. You could even pedal over to your local park and take a picnic dinner. Weekends could include longer bike rides and hikes, or visits to a local museum.

"There are also a lot of parks in California that families don't have time to visit during the school year," she added. "Getting out with your kids and introducing them to nature and physical activity can be fun for the whole family."

Getting out into nature can also mean bug bites. When in areas where there are mosquitoes, or if you are out at dusk, you should make sure your child

wears bug repellent. After walking through foliage, check for ticks. Mosquitoes and ticks can spread diseases like West Nile virus and Lyme disease, she explained.

"Remember that while it's important to get your kids active, some amount of lounging around is fine," she said. "It is their summer break after all. You don't need to keep them booked all day, every day. Just make sure they get out of the house and moving for at least a few hours each day."

For information about services offered through the Washington Township Medical Foundation and a list of locations, visit www.mywtmf.com.



Minimize screen time and encourage outdoor play, says Dr. Shelli Bodnar.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

 Follow WHHS on Facebook & Twitter





A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	6/19/18	6/20/18	6/21/18	6/22/18	6/23/18	6/24/18	6/25/18
12:00 PM 12:00 AM	Strategies to Help Lower Your Cholesterol and Blood Pressure	Respiratory Health	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Mental Health Education Series: Understanding Mood Disorders	Diabetes Matters: Diabetes: Is There an App for That?	Strengthen Your Back! Learn to Improve Your Back Fitness	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility
12:30 PM 12:30 AM	Solutions for Weight Management		Washington Township Health Care District Board Meeting May 9, 2018		(Late Start) Palliative Care Series: How Can This Help Me?		Women's Health Conference: Reclaiming Your Confidence
1:00 PM 1:00 AM		Inside Washington Hospital: Advanced Treatment of Aneurysms		Diabetes Matters: Mindless vs Mindful Eating		Sports Medicine Program: Nutrition & Athletic Performance	
1:30 PM 1:30 AM	New Treatment Options for Chronic Sinusitis	Diabetes Matters: Type 1.5 Diabetes	Learn About the Signs & Symptoms of Sepsis		Washington Township Health Care District Board Meeting June 13, 2018		Minimally Invasive Options in Gynecology
2:00 PM 2:00 AM	Keys to Healthy Eyes	Updated Treatments for Knee Pain & Arthritis		(Late Start) Voices InHealth: Healthy Pregnancy		Keeping Your Heart on the Right Beat	
2:30 PM 2:30 AM	Washington Township Health Care District Board Meeting May 9, 2018	Minimally Invasive Surgery for Lower Back Disorders	Strategies to Reduce the Risk of Cancer Recurrence		Skin Health: Skin Cancer & Fountain of Youth		
3:00 PM 3:00 AM				Crohn's & Colitis		Deep Venous Thrombosis	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome
3:30 PM 3:30 AM	Diabetes Matters: Gastroparesis	Obesity: Understand the Causes, Consequences & Prevention	Surgical Treatment of Obstructive Sleep Apnea		Family Caregiver Series: Legal & Financial Affairs		
4:00 PM 4:00 AM				Good Fats vs. Bad Fats		Voices InHealth: New Surgical Options for Breast Cancer Treatment	Family Caregiver Series: Advance Health Care Planning & POLST
4:30 PM 4:30 AM	Cough and Pneumonia: When to See a Doctor	New to Medicare? What You Need to Know	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery			
5:00 PM 5:00 AM					(Late Start) Diabetes Matters: Living with Diabetes	Shingles	Diabetes Matters: Exercise IS Medicine
5:30 PM 5:30 AM	Raising Awareness About Stroke	(Late Start) Understanding Mental Health Disorders	Digestive Health: What You Need to Know	Reach Your Goal: Quit Smoking			
6:00 PM 6:00 AM					Kidney Transplants	Women's Heart Health	Symptoms of Thyroid Problems
6:30 PM 6:30 AM	Prostate Cancer: What You Need to Know	Your Concerns InHealth: Sun Protection	(Late Start) Dietary Treatment to Treat Celiac Disease	Women's Health Conference: Reclaiming Your Confidence			
7:00 PM 7:00 AM	Superbugs: Are We Winning the Germ War?				(Late Start) Meatless Mondays	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Diabetes Matters: Hypoglycemia
7:30 PM 7:30 AM	Understanding HPV: What You Need to Know	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Family Caregiver Series: Loss, Grief & Recovery				
8:00 PM 8:00 AM							
8:30 PM 8:30 AM							
9:00 PM 9:00 AM							
9:30 PM 9:30 AM							
10:00 PM 10:00 AM							
10:30 PM 10:30 AM							
11:00 PM 11:00 AM							
11:30 PM 11:30 AM							

Local Students Earn Washington Hospital Service League Scholarships

Throughout Washington Hospital, patients, family members and visitors are certain to encounter one of the Hospital's many Service League volunteers. From the lobby desk and gift shop to one of many patient care areas and departments, the volunteers offer support and information for family and friends of patients. They may also participate in numerous special projects when extra hands are needed.

In addition to providing volunteers who aid with care and support throughout the Hospital, the Service League also awards scholarships to local students, 22 years and younger, who are pursuing a career in health care. Since its establishment in 1961, the Service League has awarded \$318,000 in scholarship funds. The first scholarship of \$150 was awarded to a nursing student training at Highland Hospital in Oakland.

Today, the Service League grants two \$1,000 scholarships annually, which are renewable for three additional years, based on the student's academic performance and continued focus on health care. Additionally, a one-time scholarship is awarded.



Winners of the Washington Hospital Service League scholarships: Jenny Yang, Parishkrita Srivastava and Nyle Almeida.

“Our volunteers love working in the Hospital, helping patients and families,” says Dian Zarzycki, Service League Scholarship chair. “It’s very meaningful to give assistance and support to budding doctors, nurses and other health care professionals in the local community.”

This year, the Hospital awarded three scholarships. This year’s deserving students are:

Jenny Yang is the winner of the four-year Katherine Fusco Health Career Scholarship. Her goal is to become a nurse. Jenny will be attending Dominican College of California in San Rafael this fall. She has logged more than 200 hours of

volunteer work at the Hospital in the Birthing Center snack delivery program. “This scholarship will take me one step closer to achieving my goals,” says Yang. “I appreciate the efforts of the scholarship committee. By giving a helping hand, they help make students’ dreams become reality.”

Parishkrita Srivastava is the winner of the four-year Josephine Walton Health Career Scholarship. She plans to major in Integrative Biology at the University of California, Berkeley with the goal of becoming a surgeon. She is co-president of the Washington Hospital Medical Explorer Program and has worked hard to increase the

membership. “Earning the scholarship has made me feel that my efforts to raise awareness about working in the health care field have paid off. I’m excited to continue my premedical education in college,” says Srivastava.

Nyle Almeida has been awarded the one-time \$1,000 Anna Elola Health Career Scholarship. He will be attending Oklahoma University College of Medicine this fall with the goal of becoming a physician. Nyle was selected to present research findings at the annual meeting of the American Association for Cancer Research in Chicago, Illinois. He says, “Volunteering through the Washington Hospital Healthcare System was a

formative experience in my decision to pursue medicine and continues to motivate me. This award from the Service League will greatly support my medical school education.”

Zarzycki notes, “It is rewarding to meet the outstanding students who apply for a scholarship. Learning about their past accomplishments and future hopes and dreams is incredibly inspirational.”

Scholarships are awarded to eligible students living in the Washington Township Health Care District—which includes Fremont, Newark, Union City, and parts of South Hayward and unincorporated Sunol—who are pursuing a career in health care. Students who live outside the Tri-City Area and volunteer at Washington Hospital are also eligible to apply for a scholarship.

To learn more about the Washington Hospital Service League, including how to become a volunteer at Washington Hospital, visit www.whhs.com/volunteer.



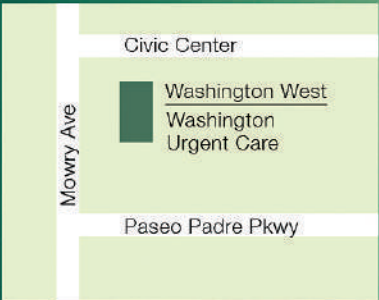
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Railroad lore comes to life at museum open house



SUBMITTED BY SAN LEANDRO HISTORICAL RAILWAY SOCIETY

The San Leandro Historical Railway Society (SLHRS) invites you to its Summer 2018 Model Train Show & Open House on Saturday, June 23rd and Sunday, June 24th. Visitors will be delighted by the amazingly detailed HO Scale model railroad inside the depot and the larger G and O gauge railroads running in the garden. The depot was erected in 1898 as a more modern replacement for the original depot built in 1865. After WWII, the building fell into disrepair serving as a breakroom for railroad employees for decades. When it

was scheduled for demolition in 1988, local railroad enthusiasts saved the depot from demolition by purchasing it (for \$1.00) and negotiating a lease with the City of San Leandro to house it within Thrasher Park. Today, SLHRS museum houses not only model trains but an extensive collection of railroad memorabilia, much of it local. Maintenance of the museum and construction of the model railroad display are performed by members of the society. Financial support is through membership dues and donations from visitors and railroad enthusiasts. As a 501 (c)(3) Non-Profit Corporation, the San Leandro Historical Railway



JOB FAIR

June 21, 2018

JOB FAIR

WHAT: Job Fair with a focus on Bus & Van Drivers, Child Nutrition Assistants and & on-call Substitutes including Paraeducators and Custodians.

WHEN: Thursday, June 21, 2018
3:00 pm to 6:00 pm

WHERE: Fremont Unified School District
Professional Development Room
4210 Technology Dr. Fremont, 94538
Submit your application in advance at www.edjoin.org or www.fremont.k12.ca.us

Who Should Attend: Anyone interested in becoming a Bus or Van Driver , Special Education Paraeducator or on-call Substitute. Walk-in written testing will be held, a photo ID is required to test.

Van Drivers earn \$17.92 to \$21.10 per hour
Bus Driver 1, Type 2 earns \$21.10 to \$24.95 per hour
Bus Driver 2, Type 1 earns \$24.56 to \$29.13 per hour
Child Nutrition Assistants earn \$17.02 to \$20.19 per hour



CHAMBER BUSINESS AWARDS 2018



CHANGE OF PLANS

Thursday, June 28th, 2018
11:30am – 1:30pm
Deadline for Reservations is June 23

We'll see you when our New Date is Rescheduled! The only question is: Will you be in the audience? Or on the awards platform?

Postponed

New Date Coming Soon

Society receives no public funds.
Don't miss this opportunity to speak to SLHRS members and learn about the fascinating 150-year-old history of the railroads in the East Bay.
This year marks the 30th anniversary of the SLHRS and a celebration ceremony is planned for Saturday, June 23 from 11 a.m. to 1 p.m. (Trains will not be running during this time.)
SLHRS Train Show
Saturday, Jun 23 - Sunday, Jun 24
10 a.m. – 4 p.m.
Anniversary Celebration
Saturday, Jun 23
1 p.m.

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Detailed oriented - Follow instructions

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Continued from page 1

Field Day

demonstrates science,
skill, and service

from almost any location and create an independent communications network. Over 35,000 people from thousands of locations participated in Field Day in 2016.

“It’s easy for anyone to pick up a computer or smartphone, connect to the Internet and communicate, with no knowledge of how the devices function or connect to each other,” said Dave Isgur of the American Radio Relay League (ARRL), the national association for Amateur Radio. “But if there’s an interruption of service or you’re out of range of a cell tower, you have no way to communicate. Ham radio functions completely independent of the Internet or cell phone infrastructure, can interface with tablets or smartphones, and can be set up almost anywhere in minutes. That’s the beauty of Amateur Radio during a communications outage.”

“Hams can literally throw a wire in a tree for an antenna, connect it to a battery-powered transmitter and communicate halfway around the world,” Isgur added. “Hams do this by using a layer of Earth’s atmosphere as a sort of mirror for radio waves. In today’s electronic do-it-yourself (DIY) environment, ham radio remains one of the best ways for people to learn about electronics, physics, meteorology, and numerous other scientific disciplines, and is a huge asset to any community during disasters if the standard communication infrastructure goes down.”

The Amateur Radio frequencies are the last remaining place in the usable radio spectrum where individuals can develop and experiment with wireless communications. Hams not only can make and modify

their equipment but can create whole new ways to do things.

The Hayward Radio Club will also be participating in Field Day at the Air National Guard Base in Hayward. The entrance is a gate in the chain-link fence, west of Clawiter Road, across from Saf Keep Storage. Members will demonstrate their emergency-communications abilities and invite the community to share in the fun they have each year at Field Day.

Anyone may become a licensed Amateur Radio operator. There are over 725,000 licensed hams in the United States, as young as five and as old as 100. And with clubs such as SBARA and Hayward Radio Club, it’s easy for anybody to get involved right here in the Tri-City area.

For more information about Field Day, visit www.arrrl.org/what-is-ham-radio. For more information about SBARA, visit www.sbara.org; for the Hayward Radio club, go to www.k6eag.org.

SBARA Field Day
Saturday, Jun 23 &
Sunday, Jun 24
11 a.m. Saturday – 11 a.m.
Sunday
Central Park
Paseo Padre Pkwy & Sailway
Dr, Fremont
www.sbara.org
www.arrrl.org/field-day
Free

Hayward Radio Club Field Day
Saturday, Jun 23 &
Sunday, Jun 24
11 a.m. Saturday – 11 a.m.
Sunday
Air National Guard Base
1651 West Winton Ave,
Hayward
(510) 924-2040
www.k6eag.org
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Swalwell introduces duty to report act

SUBMITTED BY JOSH RICHMAN

Rep. Eric Swalwell (CA-15), Ranking Member of the CIA Subcommittee for the House Permanent Select Committee on Intelligence, on June 7, 2018 introduced the Duty to Report Act to help protect our elections from foreign interference.

The Duty to Report Act would make it a crime for federal candidates, their immediate families, or people involved with their campaigns to fail to notify the FBI if any of them are told about, offered, or receive in an unsolicited way non-public, materially significant information about another candidate for the same office which they know or should know is from a foreign power or the agent of a foreign power.

“For years, we’ve advised our citizens, ‘If you see something, say something’ to prevent terrorist attacks, and the same should apply to safeguarding our elections against foreign manipulation,” Swalwell said. “The hours upon hours of witness interviews in which I participated during the House Intelligence Committee’s investigation made clear the need for such legislation. Being a candidate for public office requires taking responsibility for helping to ensure that our democracy’s foundations aren’t attacked by our nation’s adversaries.”

The Trump family has acknowledged that Russia offered secret “dirt” on Donald Trump’s opponent in the 2016 presidential election, former Secretary of State Hillary Clinton. Donald Trump Jr. was told that Russia was offering him this information

as part of its support for his father’s candidacy, but instead of reacting with concern or alarm that a foreign power was trying to meddle in a domestic U.S. election, he said he would “love” to get his hands on this information. He, then-Trump campaign manager Paul Manafort, and Donald Trump’s son-in-law Jared Kushner later met with the Russian representatives, two years ago this Saturday, June 9.

Another Trump campaign aide, George Papadopoulos, also was told that Russia had “dirt” on Clinton, in the form of “thousands of emails.” He also failed to alert anyone that our election could be targeted by Russia.

“Russia clearly tried to help a Republican campaign in 2016, but that nation or some other could just as easily try to swing a future election some other way, so this is not a partisan issue,” Swalwell said. “We must make it clear that no foreign attempts to influence our elections will be tolerated.”

“As maddening as the Russia investigation has been, we can’t just agonize over it – we must act on what we’ve learned, and this bill does that.”

The Duty to Report Act’s original co-sponsors include Reps. Steve Cohen, D-TN; Ted Lieu, D-CA; André Carson, D-IN; Mike Quigley, D-IL; Joaquin Castro, D-TX; Yvette Clarke, D-NY; Ruben Gallego, D-AZ; John Garamendi, D-CA; Eleanor Holmes Norton, D-DC; Tim Ryan, D-OH; Val Demings, D-FL; Hakeem Jeffries, D-NY; Jackie Speier, D-CA; and Brendan Boyle, D-PA.

Hungry for literature?

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SUBMITTED BY POLINA RUBANOVA

‘Telling Our Stories’ is the title of Union City Library’s Summer Book Club Series where literature lovers can come read, reflect, connect, and enjoy delicious brunch!

Union City Library will provide the brunch, you provide the conversation. Discuss books that make an impact in a fun, welcoming atmosphere in our three-part book club series on American identities. All books are available through the Union City Library. To sign up for the book club or more information, please email prubanova@aclibrary.org

Books & Brunch

All meetings 11:00 a.m. – 12:30 p.m.

Sunday Jun 24 - Between the World and Me

Sunday, Jul 29 - Strangers in Their Own Land

Sunday, Aug 26 - Tell Me How It Ends

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SUMMERFEST 2018

Smith Center at Ohlone College 43600 Mission Blvd. in Fremont

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hairspray

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13-14, 19*-21

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smithcenter.com

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ComicCon



SUBMITTED BY MARINA LUKYANTSEVA

Aliens fans in the Bay Area are up for a special treat from Powerhouse Comic Con coming to Alameda County Fairgrounds July 28 from 10 a.m. to 5 p.m. For the first time on the West Coast, Carrie Henn, known as Newt in the Aliens movie, and Christopher Henn who played Newt's brother, will be reunited with Ricco Ross (Private Frost) and Cynthia Scott (Corporal Dietrich). This is a unique opportunity to meet the actors and go behind the scenes of James Cameron's 1986 classic.

The Aliens Reunion is only part of the celebrity lineup at this year's Powerhouse Comic Con. Vernon Wells, known for his roles in The Road Warrior, Weird Science, Commando, and as Ransik in Power Rangers Wild Force, will make an appearance. Power Rangers will also be represented by Ciara Hanna and Christina Masterson, the Yellow and Pink Rangers from Power Rangers Megaforce.

Classic Hollywood fans will be able to meet Kathy Garver (Cissy Davis on Family Affair and

voice of Firestar on Spider-Man and His Amazing Friends), Jon Provost (best known as Timmy from Lassie), and Laurie Jacobson, a celebrated Hollywood researcher and author.

Representing comics are industry heavyweights Danny Bulanadi (Captain America, The Fantastic Four, Daredevil, West Coast Avengers, The Blue Beetle, The Further Adventures of Indiana Jones), Chris Marrinan (Nova, Excalibur, Doctor Strange), John Heebink (Nick Fury, Agent of SHIELD, Quasar, Mighty Morphin Power Rangers, Elvira) and Peter Secosh (The Bod, Doll and Creature, Nocturnals: Troll Bridge, Vampirella). They will be joined by indie comic creators Tobe Daranouvong (Villain Comic) and Omar Morales (CruZader: Agent of the Vatican, Moongirl).

Calamity Caller Cosplay, Princess Marly Cosplay and West Wylde Cosplayer will be also appearing to take pictures and connect with kids and adults alike.

The vendor hall will feature a variety of comic book, toy and game vendors, as well as an Artist Valley showcasing the art from the best local artists. Attendees will be able to participate in panels and fun activities like video games, laser tag, flight simulator, racing simulator, and much more. Cosplayers will have a chance to compete in the cosplay contest for a grand prize of \$200 and a trophy.

Tickets are on sale online at for a special online rate and at the door. Exclusive photo op packages are also available online.

Powerhouse ComicCon
Saturday, Jul 28
10 a.m. – 5 p.m.
Alameda County Fairgrounds
4501 Pleasanton Ave, Pleasanton
www.powerhousecomiccon.com
Tickets \$5 - 15. Family pkg
(online only, 4 persons 13+) \$35

Move, Grove and Swing

SUBMITTED BY PATTY DERIDDER

A "Happy Music" program of Dixie and swing standards performed by the East Bay Stompers band is set for Thursday, June 21 at Bronco Billy's Pizza Palace. Admission is free; tips are welcome.

East Bay Stompers
Thursday, June 21
7 p.m.
Bronco Billy's Pizza Palace
41200 Blacow Rd., Fremont
(510) 914-7304
Free; tips welcome

Davis Street continues its Shoe and Backpack drive

SUBMITTED BY DAVIS STREET FAMILY RESOURCE CENTER

Davis Street Community Center in San Leandro continues in its summer Backpack and Shoe Drive through Aug. 1. More than 300 low-income and homeless students need your help getting the essentials they need for going back to school in the fall. In addition to new backpacks and shoes (kids and teen sizes), Davis Street also needs your donations of new school supplies of all descriptions.

Shoe and backpack drive
Mon-Thu: 8:30 a.m. – 8:00 p.m.
Fri: 8:30 a.m. – 6:00 p.m.
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LETTER TO THE EDITOR

You too? Graduation Politics

Well, it happened yet again, even in the editor’s opinion piece [June 12,2018] regarding praiseworthy graduation for (I’m assuming, recent) immigrants, as highlighted at Fremont Adult School...you, Mr. Marshak, had to get political digs in. To which Fremont residents were you referring to that chant “USA” in “bellicose...jingoistic xenophob(ic)” ways? And which city leaders were you referring to who “stray away from the promise of a nation that shunned monarchies and tyrannical authoritarian regimes...”? And, which neighbors of yours are “autocrats who wrap themselves in a flag without conscience...” Well, let me guess...anyone who disagrees with you, or the liberal agenda.

It’s unfair for you to pretend to know the heart of anyone who chants “USA.” Yes, yes, yes, this is

your opinion, but there must be a better way to inspire, than to put down others whose heart you proport to know and insert politics where it need not be. Your article could have simply outlined the beauty of immigrants coming to America, earning an education.

Now that I know I will be judged when I chant “USA,” I’ll be sure to do it in places where you are not present, lest you read my heart incorrectly, and attach labels to me undeservedly. Uh, just kidding, I’ll chant USA wherever I please.

Stop politicizing everything!

Mary Walker
Fremont



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This week at the Smoking Pig



Chris Cain - Jazz

SUBMITTED BY KASSIE SHREVE

The entertaining Chris Cain will bring his jazz-tinged, blues-soaked guitar and deep, warm vocals to the Pig on Friday, June 22. Strings start strumming at 9 p.m. and continue until midnight. Then, on Saturday, June 23, Aki Kumar, a rising star among the next generation of SF Bay Area blues artists and a master of the amplified Chicago blues sound, takes the stage from 9 p.m. to midnight.

Chris Cain - Jazz
Friday, Jun 22
Aki Kumar - Blues
Saturday, Jun 23
9 p.m.
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
Admission is free. Come for dinner
and stay for the show!



Aki Kumar - Blues

Historic Milpitas
Bus Tour

SUBMITTED BY JOSEPH EHARDT

Milpitas Historical Society will host its annual bus tour of historic sites in the city on Saturday, June 23. We will visit numerous locations by coach bus with reserved seating. Docents will provide knowledgeable commentary to participants, including answering any questions, and all will receive a multi-page color pamphlet documenting these sites.

The tour is free and open to the public, but reservations are strongly recommended as previous tours have filled quickly. Pre-registered participants will meet at the Great Mall of the Bay Area at 9 a.m. for check-in outside Entrance 4 (Food Court), on the east side and middle of the mall.

The tour begins at 9:30 a.m. with docent commentary about the society’s exhibit of Milpitas historical items, highlighting any recently displayed items or those of special interest, and it will include some history of the Great Mall itself and the 1955-1983 Ford Motor Company Assembly Plant that preceded it.

The group will board the bus to travel on South Main Street to the historic intersection of today’s Serra Way and Main Street (formerly Alviso Road and Mission Road). Our docent will relate the historic importance of that location and the various businesses that served the community over the years, going back to the 1850s.

The tour will continue north on Main Street and pause near the former location of the 1922 Winsor Blacksmith shop. In view will be the 1916 Milpitas Grammar School (of neo-Classical design), which after 1955 served as City Hall, then as a Senior Citizen Center, but now embedded in the 2009 Milpitas Library. The Society’s historic Leapin’ Lena fire engine is on

display in the garage, as well as a wood wall with test burns of branding irons of local ranches.

On the opposite side is a classic Prairie-style home (now a City Cultural Resource) built for Dr. Renselaer Smith in 1915, which also housed his medical office. Both buildings were designed by the well-known architect, Frank Delos Wolfe.

Next stop will be the 1837 José Higuera Adobe on the original 4,394-acre Rancho Tularcitos. Our docent will explain some of the Adobe’s different uses over those many years. The group will pose for a commemorative photo in front of the Adobe.

The tour will advance to the next Mexican-era historic site, the José Alviso Adobe Park with its 1835 residence on what was the 4,458-acre Mexican land grant Rancho Milpitas. We will walk around the property to learn about and examine the various buildings with our docent.

Finally, the tour bus will roll south on Piedmont Road to the Silva Apricot Ranch. This is the last working apricot ranch in Milpitas; Kelly Silva and his family have cared for this farm for about 60 years. The hand processing of fresh apricots will be explained and demonstrated by the Silva crew.

The tour bus will return to the Great Mall by about 1:30 p.m. To reserve a seat on the bus, or for more information about the tour, call (408) 489-7657.

Historic Milpitas Bus Tour
Saturday, Jun 23
9:30 a.m. – 1:30 p.m.
Entrance 4, Great Mall of the Bay Area
447 Great Mall Drive, Milpitas
(408) 489-7657
Free

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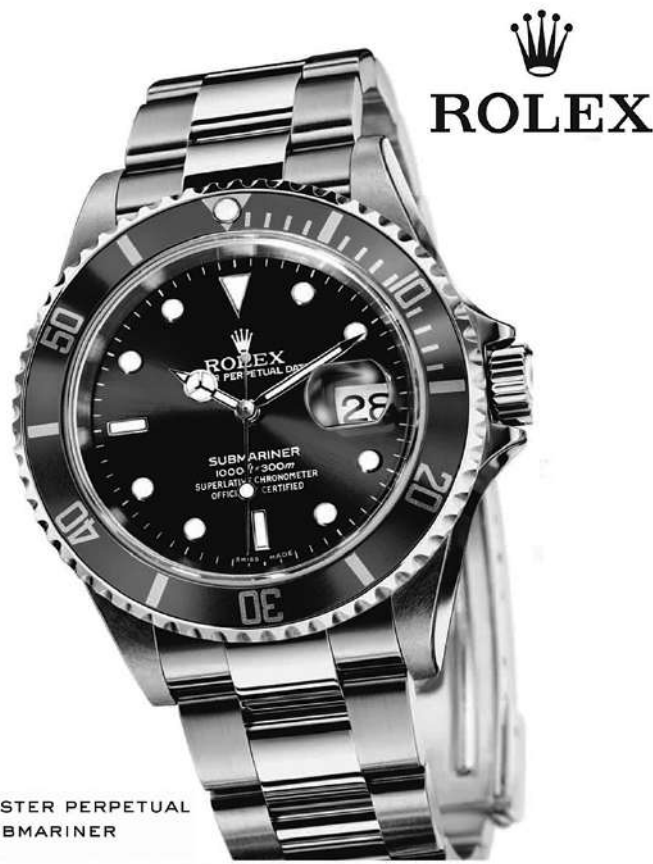
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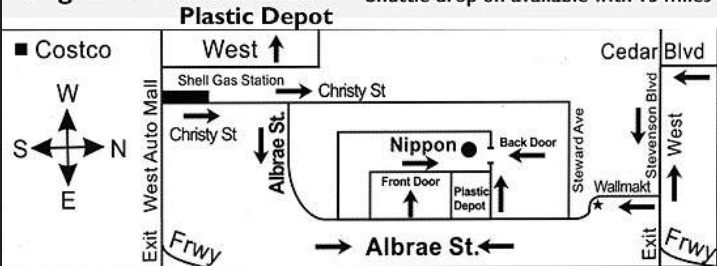
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BUSINESS

Senator Wieckowski praises state budget

SUBMITTED BY
JEFF BARBOSA

On June 14 the California State Senate passed an on-time, record budget that includes the highest investment in school funding, the biggest reserves in a generation and investments in climate adaptation, fire prevention, and transportation improvements.

“California’s strong recovery continues and this budget’s record investment in K-12 schools and funding increases to higher education to avoid tuition hikes will provide more opportunities to people seeking a diploma,” said Senator Bob Wieckowski (D-Fremont), a member of the Senate Budget and Fiscal Review Committee. “This budget is the product of months of hard work and almost 70 committee hearings. It keeps our economy moving while also setting aside reserve funds in case there is a downturn in the future.”

Wieckowski, who chairs the budget subcommittee on Resources, Environmental Protection, Energy, and Transportation, touted the budget’s funding for fixing our roads, highways and public transit to address needed road repairs, create jobs and improve

commutes. Locally, the budget includes funding for a feasibility study, to be completed by the Metropolitan Transportation Commission, on the potential for an intermodal transit station in Fremont linking BART, the Altamont Commuter Express and AC Transit.

“I believe such a transfer station will provide commuters more transit alternatives, add convenience and shorten commute times,” Wieckowski said.

Senator Wieckowski, one of the Legislature’s leading advocates for climate adaptation funding, was instrumental in getting millions into the budget for San Francisco Bay wetlands restoration.

“This increased funding for San Francisco Bay wetlands restoration will benefit people and wildlife by accelerating creation of marsh habitat and our region’s adaptation to climate change,” said David Lewis, executive director of Save The Bay.

The budget also addresses another Wieckowski priority—providing low income Californians access to justice—by making permanent a \$10 million funding increase to the Equal Access Fund, which provides financial assistance to legal aid organizations. Legal aid providers help low-income

Californians in many ways, including preventing violence by obtaining, renewing and enforcing restraining orders; preserving access to health care; fighting unnecessary foreclosure or repossession; securing unpaid wages; stopping elder abuse; and, helping immigrant and blended families. They also step in to resolve their clients’ problems to avoid lawsuits altogether.

On healthcare issues, the budget provides \$50 million to develop options for universal healthcare and expanding Covered California subsidies. Wieckowski also helped include almost \$500,000 to have the Office of Environmental Health Hazard Assessment (OEHHA) conduct a literature review and risk assessment on the potential impacts of synthetic food dyes on children.

“Few organizations are as well equipped to thoroughly assess the risks posed by food dyes, and to advance our understanding of how they affect children, as California’s OEHHA,” said Lisa Lefferts, senior scientist with the Center for Science in the Public Interest (CSPI). “Children and their families owe a debt of gratitude to Senator Wieckowski for this sensible budget provision.”

Tri-City Health Center receives positive review

SUBMITTED BY
CONNOR RAMEY

Tri-City Health Center (TCHC) was successful in its 2018 Health Resources and Services Administration’s (HRSA) Operational Site Visit (OSV), conducted every three years.

The HRSA site visit, which is the standard federal reviewing arm for Federally Qualified Health Centers (FQHC) that confirms health clinics are committed to financial and service delivery work plans, took place in early June for TCHC’s six clinic sites. The HRSA assessment confirmed Tri-City Health Center’s ability to

meet its goals and mission during these uncertain times, while offering the best-quality health care to its patients regardless of economic conditions.

The OSV included a detailed review of TCHC documents, and interviews with Staff and Board Members. In the positive review, Tri-City Health Center successfully met 98 percent of the elements inside HRSA’s Bureau of Primary Health Care (BPHC) Compliance Manual, and the remaining policy revisions will be completed shortly.

The three reviewers stated that staff distinguished themselves by not only performing well but by exhibiting a strong willingness to help and offer timely care that was not previously observed in other site visits.

Tri-City Health Center is dedicated to providing the community of Southern Alameda County with affordable, full service healthcare. Our personal approach recognizes every person’s unique financial and cultural needs and helps them take control of their health. Our mission has proudly served our community for more than 40 years, delivering primary, behavioral health, dental and vision. Join us as a patient, partner or donor at www.tri-city-health.org.

Tri-City Health Center
40910 Fremont Blvd., Fremont
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www.tri-cityhealth.org

BART Silicon Valley extension moving forward

SUBMITTED BY
VALLEY TRANSIT AUTHORITY

Another step in the process of extending BART into downtown San Jose and eventually into Santa Clara fell into place on June 4 when the Federal Transit Administration (FTA) issued a Record of Decision (ROD) to the Valley Transit Authority (VTA) to move the six-mile project forward.

Receiving the ROD is a required next step for projects seeking federal funding, making this a critical milestone. It signifies that VTA satisfied the requirements of the National Environmental Policy Act (NEPA) for the \$4.7 billion project.

“This Record of Decision by the FTA puts us in a strong position to secure the final federal funding necessary to extend BART all the way to Downtown San Jose and Santa Clara,” said VTA Board Chair Sam Liccardo. “As we come one step closer in our two-decade campaign to complete a ring of rail around the Bay, I’d also like to thank my predecessors — Mayors Ron Gonzales and Chuck Reed — as well as leaders

like Carl Guardino at the Silicon Valley Leadership Group who’ve played instrumental roles in advancing this transformative project for our residents.

As the project sponsor, VTA is applying for \$1.5 billion in FTA New Starts Program funding, completing the Phase II funding plan. VTA has already secured 70 percent of the funding through two local sales tax measures and a \$750 million Senate Bill 1 grant.

The ROD is issued once extensive environmental analysis and public review is completed, which is documented in the Final Supplemental Environmental Impact Statement (FSEIS). The FSEIS assessed alternatives considered, public comments made during the draft environmental document phase and responses to those comments and provides the basis for the decision and measures required to mitigate potentially adverse effects.

Now that a ROD has been issued, VTA will begin the engineering phase of the project and apply for federal funding.

VTA’s BART Silicon Valley Phase II Project is a six-mile,

four-station extension that will expand BART operations from Berryessa/North San José through downtown San Jose to the City of Santa Clara. The Phase II Project completes the full 16-mile extension from the Warm Springs/South Fremont Station into Santa Clara County, enhancing regional connectivity linking BART with VTA’s light rail and bus network, Amtrak, ACE, Caltrain and Capitol Corridor. It will help reduce regional traffic congestion and spur transit-oriented development around stations, providing increased access to jobs, housing, and education.

Phase II includes an approximately five-mile subway tunnel, three underground stations (Alum Rock/28th Street, Downtown San Jose, Diridon), and one at-grade station (Santa Clara). Construction is planned to start by 2021 with passenger service by 2026, serving a projected 52,000 weekday riders by 2035. Once constructed, the extension will be operated by BART, as part of its regional rail system.



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Auto Review

Cadillac CT6 plug-in - Upscale electric motoring



BY STEVE SCHAEFER

Cadillac's large flagship sedan, the CT6, with battery power and a motor added to a gasoline engine, offers a premium electric car experience. CT6 sits between the all-electric Tesla luxury sedans and the smaller and less costly all-electric models and hybrids, such as GM's own Chevrolet Bolt EV and Volt plug-in hybrid. When GM announced last fall that it would offer 20 electrified vehicles over the next five years, they were thinking mostly of cars with this technology.

The CT6 combines a 2.0-liter turbocharged four-cylinder engine with a two-motor electric drive system and an 18.4-kWh lithium-ion battery pack, driving the rear wheels. You may think a small four-cylinder in a 4,537-pound sedan makes no sense, but between the three powerplants, the system puts out 335 horsepower and 432 pounds-feet of torque, great for acceleration and effortless cruising. The battery, unfortunately, takes up the front third of the trunk, but there is still 10.6 cubic feet of cargo space—enough for an electric bass guitar and practice amplifier (or, I am guessing, a set of golf clubs).

CT6 consistently displayed 29 or 30 miles of range when I charged up at work or at home (the EPA rates it at 31). So, my 18-mile commute was totally battery-powered, along with in-town errands. I only used the engine once, on a slightly longer trip.

I essentially was driving an electric car for the week, and the numbers back it up. The gauges told me I averaged 250 mpg over 248.4 miles. And the instant torque and silent, smooth drivetrain made the luxury of the car stand out. The EPA numbers are 62 MPGe for electricity and gasoline and 25 mpg for just gas. Green numbers are 3 for Smog but an awesome 9 for Greenhouse Gas.

Electric cars tend to cost more than equivalent

internal-combustion models for now, and my Deep Amethyst Metallic test car, with no options listed, came to \$76,090.

Price that against Tesla's least-expensive Model S, the 75D, at \$75,700, before factoring in the federal and state deductions and the \$5,500 you save not buying gasoline. The Cadillac qualifies for the same rebates and tax breaks. A major difference is that the all-electric Tesla has a 259-mile range, and needs recharging, while the Cadillac runs as a gasoline vehicle when the battery is depleted and has a combined 430-mile range.

The Cadillac CT6 is today's version of the full-size luxury sedan, for a diminishing pool of traditional customers who choose them in this era of crossover vehicle ascendancy. Though handsome, the design is hardly radical. If you look closely, you'll see the Cadillac shield motif everywhere, from the rear trunk shape to multiple elements on the instrument panel to the stitching on the leather seats. Materials and assembly are about as good as GM gets. An attractive interior blends wood and carbon fiber with metallic detailing.

The Cue system inside has taken some hits in reviews, but I found it to be nearly flawless. It provided a big screen full of useful, colorful information. It starts up with a whooshing sound when you enter the car, starting in the instrument panel and dramatically migrating to the 10.2-inch center console display. The Apple CarPlay integration (it has Android Auto as well) provides large colored buttons and gave me the texting and navigation services I use regularly. The Bose audio sounds clean and powerful in the well-insulated cabin. The only annoyance was swiping the screen to move audio presets, which sometimes didn't work. There's also a center console touchpad, as in a Lexus, for controlling the screen remotely.



Over the past 25 years, Steve Schaefer has tested more than 1,200 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists.

Contact Steve at
sdsauto53@gmail.com
My blog for alternative vehicles: stevegoesgreen.com

This car has the electronic camera interior rearview mirror, which gives an unobstructed, wide view of what's behind. I've enjoyed that in my Bolt EV. It also features a Rear Seat Reminder when it senses anything back there. This is good for babies and pets but also for leftover Chinese food and your briefcase.

To charge the car, I plugged into a ChargePoint station at work and dispatched it in a few hours at 240-volt Level 2. At home, I simply plugged it in to household current and it was full in the morning.

The CT6's instrument panel shows you whether you're using or generating electricity—and how much. The left-hand gauge center also provides various views, including numbers and bar graphs. You can easily configure all three parts of the instrument panel to show various information, as in other GM vehicles.

The CT6 Plug-in offers attractive sedan styling, plenty of traditional luxury, and amazing electric-car performance if you stay close to home. It'll provide economy-car fuel economy on long trips with no inconvenience. Its little secret? It's built in Shanghai, China.

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Connie Tsai



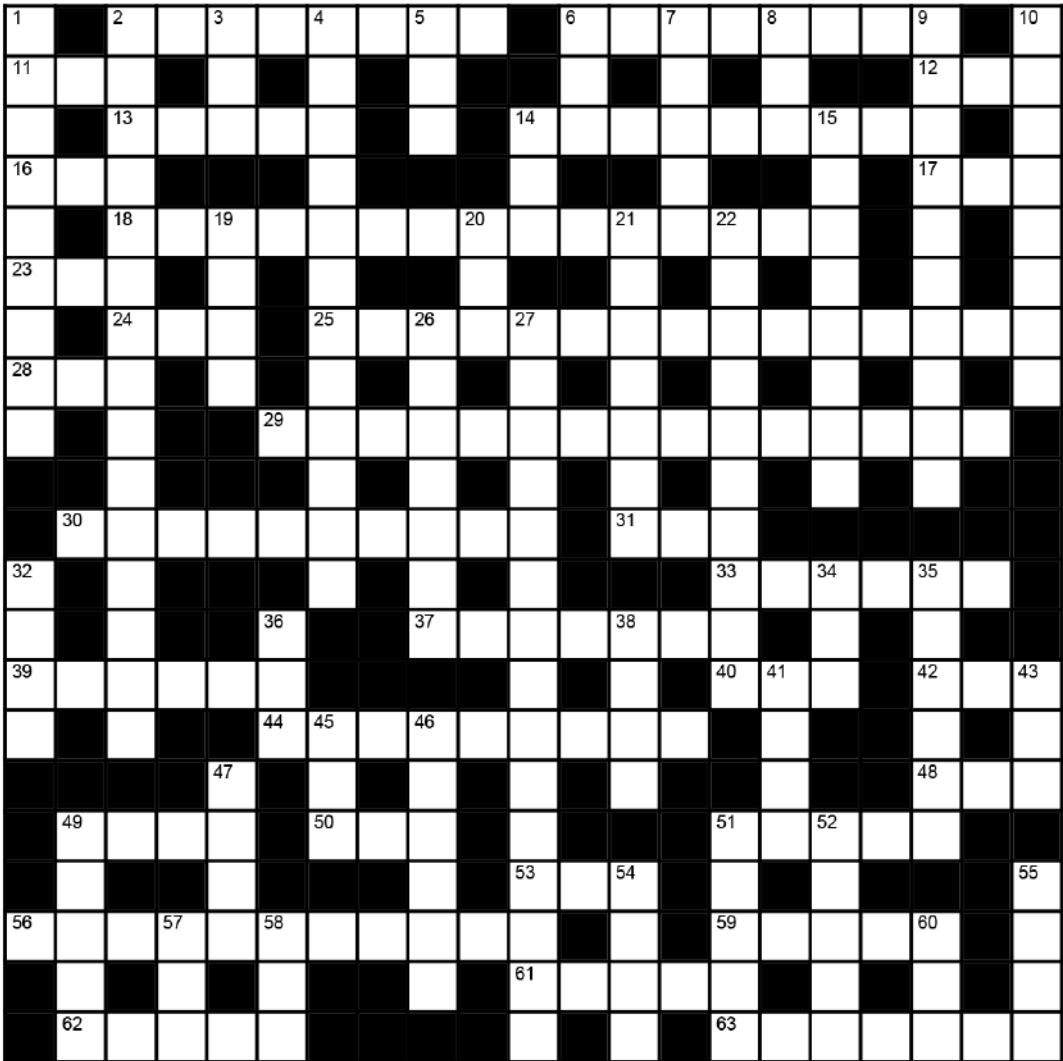
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Mind Twisters

Crossword Puzzle



- Across

2 Relax (2 wds.) (8)

6 Disease caused by a thiamine deficiency (8)

11 Env. contents (3)

12 Japanese drama (3)

13 Works of optical intrigue (2,3)

14 Place of bliss (2 wds.) (7-2)

16 Astronaut Grissom (3)

17 Major, to Mozart (3)

18 Signal receivers (2 wds.) (9,6)

23 ___ Arann (Irish carrier) (3)

24 Always, to Donne (3)

25 Set in one's ways (4 wds.) (8,2,1,4)

28 Kennel sound (3)

29 Find fault with (3 wds.) (4,9,2)

30 Lack (4 wds.) (2,2,4,2)

31 Chemical ending (3)

33 1972 Jack Lemmon comedy (6)

37 Flowers named for a Swedish botanist (7)

39 Forever, poetically (6)

40 Old, old style (3)

42 Confederate soldier, for short (3)

44 Very expensive (2 wds.) (3-6)
- 48 Bauxite, e.g. (3)

49 ___ Mujeres, Mexico (4)

50 Mary ___ cosmetics (3)

51 Couples (5)

53 Collection of sayings (3)

56 Bikini, e.g. (7,4)

59 Codeine source (5)

61 1990's sitcom (5)

62 Set of moral principles (5)

63 Lubed (7)
- Down

1 Keeps at it (2 wds.) (5,4)

2 Dictionary features (2 wds.) (15)

3 The Monkees' "___ Believer" (2 wds.) (3)

4 Lad (2 wds.) (6,6)

5 180° turn, slangily (3)

6 "___, humbug!" (3)

7 Carries on (5)

8 Measure (3)

9 Not up to snuff (10)

10 Spanish wines (8)

14 180° from NNW (3)

15 Available (2 wds.) (2-6)

19 Cause for a lawsuit (4)
- 20 Bar bill (3)

21 Nazareth native (7)

22 Serenity (10)

26 Turned over (7)

27 Valentine present? wds.) (3,2,10)

32 Bullfight cheers (4)

34 Make sense, with "up" (3)

35 Some sculptures (6)

36 Ball honoree, for short (3)

38 Intestinal parts (4)

41 Kraft Nabisco Championship org. (4)

43 "Ciao!" (3)

45 Tattoo, slangily (3)

46 Audition (6)

47 ___-mutuel

49 Absurd (5)

51 Antler point (5)

52 Ammonia derivative (5)

54 "It was ___ mistake!" (2 wds.) (4)

55 Gentle (4)

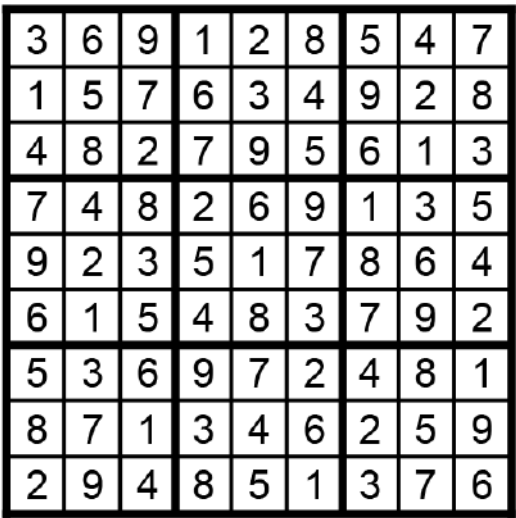
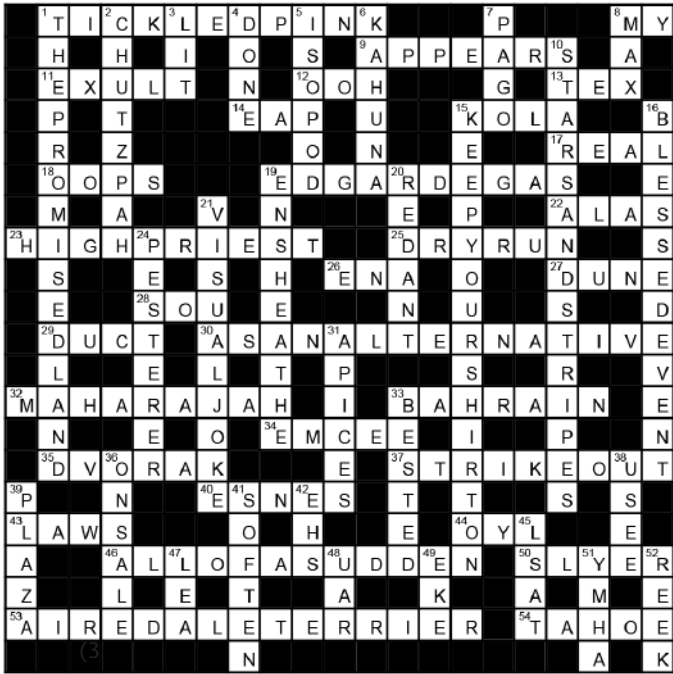
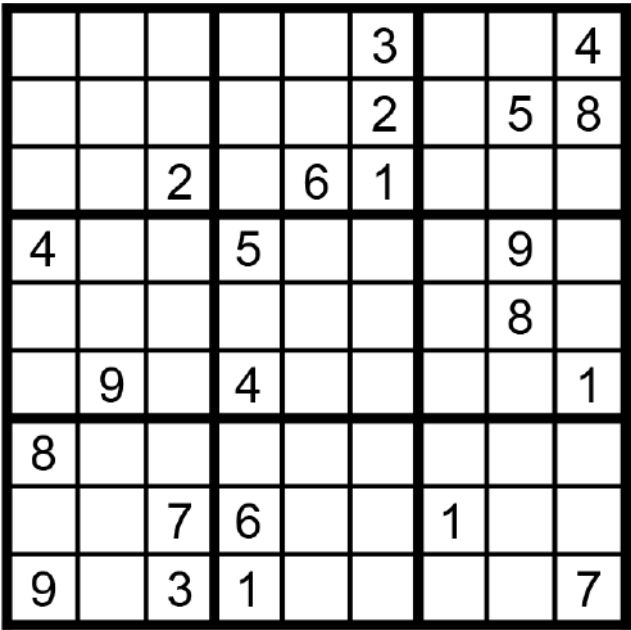
57 "Fat chance!" (3)

58 Big Apple inits. (3)

60 Criminal patterns, for short (3)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JUNE 20 – JUNE 26, 2018

For All Signs: Mars, known to the ancients as the god of war, turns retrograde on June 26 and remains so until August 27. Historically, those who draw a sword or attempt to expand power during these periods eventually find it turned against themselves. In our personal lives we are well advised to avoid extending our boundaries or initiating ‘war’ on any front. The defendant, not the aggressor,

will win in any conflict as long as the god of war moves backward, and it doesn’t matter how big or right the initiator may be. When Mars is retrograde we are well advised against filing suit, hunting for game, or opting for elective surgery (a different type of sword.)

Aries the Ram (March 21-April 20): You may be backpedaling your way out of one or more relationships right now. What you fear is being smothered or overwhelmed. Your ruling planet, Mars, is retrograde. Be aware that the war is really internal. Perhaps you let yourself become closer than you really wanted.

Taurus the Bull (April 21-May 20): Relationships are problematic now and probably through the summer. You may be caught into power games with one who does not let go. It is time- and energy-consuming so you would be wise to find some way to rise above the fray. Make an effort to stay out of quarrels that are about ego.

Gemini the Twins (May 21-June 20): You have been spending with a bit of grandiosity. It has been fun and probably worth it to you. However, it appears that you are confronted with the bill that causes you to reel in and stop in your tracks. That is OK. Just don’t continue to pay all the tabs and travel everywhere. You will be fine in the end.

Cancer the Crab (June 21-July 21): Probably you have recently experienced a fine vacation or you may be anticipating one right away. Relationships with children and lovers are flowing easily. You may feel challenged by a partner (marital or business) who is not in the best of moods. You know there is little point in arguing, so get around it the best way you can and steer clear.

Leo the Lion (July 22-August 22): Within relationships of intensity, there is often a strong sexual attraction, whether or not your personalities are compatible. If the sexual component is not recognized, it may be transmuted into a competition. Avoid commitment to any new relationship on your radar. You need to know more about the individual who is making the offer.

Virgo the Virgin (August 23-September 22): Overall you have been in a charmed place during this month and next. However, there may be a crisis with your children or a lover this week. There are elements of obsessive thinking and criticism

involved. Be intentional about keeping an open mind and don’t insist on a black and white answer.

Libra the Scales (September 23-October 22): You and your child or a lover may not be seeing eye to eye at this time. It may be best to find other things to do for distraction than spend much time together. This is not a time for open quarreling. It will only create resentment that follows you around and turns up later at inconvenient moments.

Scorpio the Scorpion (October 23-November 21): Give special attention to the lead paragraph because Mars is an Avatar for you. This week it seems as though everywhere you go, there will be troublesome and antagonistic people. Perhaps the real issue is inside of you. The slope is slippery related to career. Keep your nose clean.

Sagittarius the Archer (November 22-December 21): Warning to those on diet and exercise programs: this week it is just too easy to break training. If you mean what you’ve promised to yourself, don’t go anywhere in

which you would be in harm’s way. Social life may be over the top, even more than you prefer.

Capricorn the Goat (December 22-January 19): Prepare for a period of scarcity between now and the end of August. This could be due to debt or reduced income. Make every effort to not indebt yourself further. You will need your savings for back up. Otherwise you must work extra hours to manage your resources. Many of you have seen this time coming and have already prepared.

Aquarius the Water Bearer (January 20-February 18): Read the lead paragraph carefully. Mars, the god of war, is turning retrograde in your sign.

Take to heart the message about non-aggression, lest you be sorry you ever attempted it. Perhaps someone deserves your ire, but this is not the time to tackle. However, if you are on the receiving end of someone’s anger, it is safe to defend yourself.

Pisces the Fish (February 19-March 20): Allow your intuition to be your guide. The Muse wants to speak through you during this period of two to three weeks. Focus on art, music, dance, and color—whatever gives you pleasure. Take long breaks if possible. Being near the water will be most soothing, even if it is only the bathtub.

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Registration is underway for National Night Out



SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Now in its 35th year, National Night Out provides an opportunity for communities to meet one another, have parties, play games, cook out, and more. Additionally, it is also a great way to meet elected officials, law enforcement personnel, firefighters, service organizations and corporate outreach organizations that serve local communities.

In Fremont, police want to make local events in this year's National Night Out, slated for Tuesday, Aug. 7 the biggest in the city's history. Volunteers from neighborhoods all over the city are being asked to participate by organizing a block or neighborhood party or even an ice cream social where neighbors share good food, laughter and updates on what is happening in the neighborhood.

National Night Out provides the opportunity for neighbors to get to know each other a little better and sends a strong message to criminals that our community will look out for each other by reporting suspicious activity in their neighborhood. Throughout the night, city staff will make visits to the registered parties where they will share information, network and answer questions that community members may have.

Registration is now open for Fremont community members to register their parties to participate in this year's event. Registrations can be made by visiting the Fremont Police Department webpage, and then typing "National Night Out Registration" into the search box and then following the link.

The registration deadline is 5 p.m. Friday, July 27, to be considered for a visit by the Police or Fire Department. Our goal is to provide each party with one visit from city staff, but it will be dependent upon the number of parties and staff who sign up to participate.

Requests for a visit from the Fire Department must be made separately. First register your party and then contact Pam Franklin at pfranklin@fremont.gov. If your group plans to block off your street for the celebration, you will need to obtain a \$20 block party permit from the City of Fremont by contacting Barbara Yee-Charlson at (510) 494-4561 or by sending an email to byee-charlson@fremont.gov. The deadline to file for a permit is Friday, July 8.

To learn how National Night Out is celebrated in other communities, visit the National Association of Town Watch website at www.natw.org.

Walk to End Alzheimer's

SUBMITTED BY BONNIE LANTIEGNE

In a recent resolution, Thursday, June 21 has been proclaimed "The Longest Day" by the Union City Council in recognition of Alzheimer's and Brain Awareness month.

The number of people living with Alzheimer's can be surprising: more than 650,000 throughout California, 26,000 in Alameda County and about 1,200 in Union City. Families of Alzheimer's patients are affected, too. An estimated 75,000 people in Alameda County are caring for a loved one with Alzheimer's, 3,525 of whom live in Union City.

Bay Area residents are invited to join the fight to end Alzheimer's disease by wearing purple on June 21 in support of Alzheimer's patients and their caregivers. They also are encouraged to register for the upcoming Walk to End Alzheimer's, the world's largest event to raise awareness and funds for Alzheimer's care, support and research.

People are encouraged to sign up for the walk as a team captain or register as an individual walker by visiting their website at www.alz.org/walk. For details, call (925) 284-7942 or send an email to eastbaywalk@alz.org.

Walk to End Alzheimer's
Saturday, Oct. 20
7:30 a.m. Registration
8:30 a.m. Opening Ceremony
9:30 a.m. Walk
Heather Farm Park
301 N. San Carlos Dr., Walnut Creek
www.alz.org/walk
(925) 284-7942



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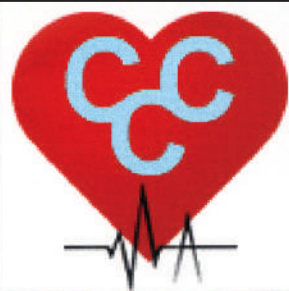
Visit our website for updated wait times and registration forms.



Washington Urgent Care is located on the second floor at Washington West, 2500 Mowry Ave., Suite 212. No appointment necessary. Visit whhs.com for updated wait times and to download registration forms to fill out prior to your visit, or call 510-791-CARE (510-791-2273).

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LEAF's Community Garden is seeking volunteers to greet visitors. Very time flexible. ADA Handicap accessible. Location: California Nursery Historical Park in Fremont, at Mission Blvd/Niles. FremontLEAF@gmail.com 925-202-4489



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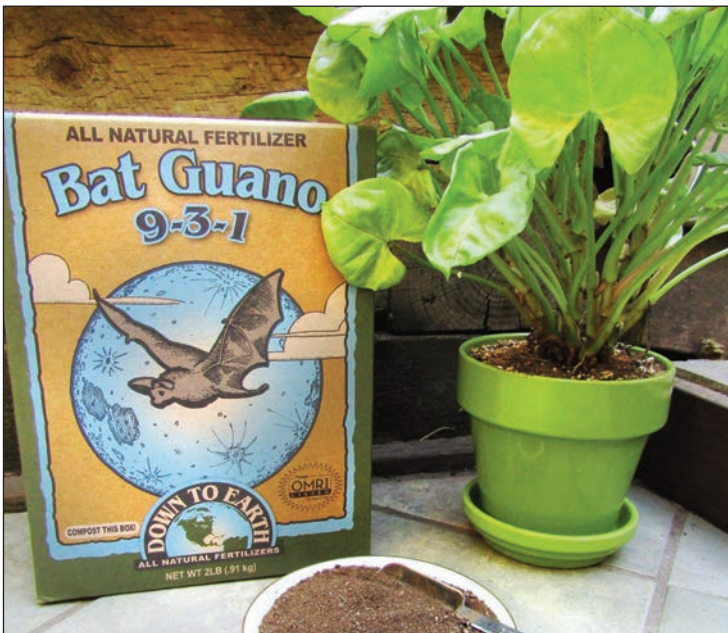
Plant foods that produce payoffs

ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

It is rare for any professional sports team to have one outstanding player who will almost single-handedly lead a team to victory. The Cleveland Cavaliers with LeBron James is one of those exceptions. Most teams have multiple players whose individual skills make a winning team. The same scenario is true for organic fertilizers. Although compost is the all-around superstar, there are some lesser-known fertilizers that

(70 percent) is generally filler. There are 14 other macro essential elements for optimal plant growth and health as well as some micro beneficial elements. This is where some lesser-known organic fertilizers can enter the game.

There are many different brands of bat guano on the market that can be used in the same manner as a general fertilizer. It usually has a 9-3-1 ratio that makes it great for prolific fruit and flower development and promotes robust leaf growth. It also contains a broad spectrum of the other



Bat guano

mixed into the soil seaweed or liquid seaweed can increase a plant's nutrient uptake, increase vegetable yields, increase the number of buds a plant produces, help make plants more frost tolerant, and even extend the shelf life of fruits and vegetables. Seeds soaked in liquid seaweed prior to planting increases germination, and if sprayed on flowers before they are cut, extends their vase life. Seaweed can be easily harvested in a way that does not harm the environment, making it a sustainable organic fertilizer.

Feather meal is made primarily from chicken feathers. It is produced by grinding and drying feathers under pressure and heat



Feather meal

can make a significant contribution to a winning garden.

The purpose of a fertilizer is to supply a plant with nutrients that are not readily available in the soil. There are many natural or synthetic compounds that can feed plants; some are better than others based on how much nutrition they can provide.

There are 17 nutrients essential for plant growth. Nitrogen, phosphorus, and potassium are the primary three. A general plant fertilizer focuses on supplying a combination of the three. A national uniform labeling system called the N-P-K ratio reflects the three primary nutrients' percentages by weight that are in a bag of fertilizer. The ratio is usually printed directly above or below the fertilizer's name on the front of the package.

A 50-pound bag of 10-10-10 fertilizer will contain five pounds (10 percent) of nitrogen, five pounds (10 percent) of phosphorus, and 5 pounds (10 percent) of potassium. The other 35 pounds



Fish emulsion

essential nutrients that plants need. It can be used as a natural fungicide, is fast acting, and high in beneficial microbes. One would expect guano to have a strong smell; fortunately, it is odorless.

Seaweed can be collected or purchased as an organic liquid fertilizer. It contains more than 70 minerals, vitamins, enzymes, and other trace elements. When

and them milling them into a coarse powder. Feather meal is primarily used for its high nitrogen content. It has a 12-0-0 N-P-K ratio. What makes it different from other high nitrogen fertilizers is that the nitrogen in it comes from a fibrous protein called keratin. Keratin is hard for soil microbes to break down, making feather meal an excellent source of



Bison Brew Compost Tea



long-term, slow-release nitrogen.

Fish emulsion is made from the "unusable" leftover pieces of fish from the seafood industry. Fortunately, these items are also very high in nutrients when given the time to break down. With a N-P-K ratio of 5-2-2, fish emulsion can be used as a general fertilizer any time during a plant's growth cycle. It is a good source of food for many native plants that do not have high nitrogen requirements. It is also a great source of many of the other essential elements such as calcium, magnesium, sulfur, chlorine, and sodium. Fish have been used for centuries as one of the most effective fertilizers for plants. Adding lavender oil to the mix can

a healthy environment. Hunted almost to extinction, they are now making a comeback. Bison Brew Compost Tea in the garden will add another success story to the buffalo's rebound.

Gardening is a lot like a sporting event. The best chance of winning is to have many talented players. Using a team of uncommon fertilizers is a slam-dunk if want your plants to go the distance.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



Seaweed

THE ACWD CONNECTION

Summer Fun Water Conservation Word Search

As the weather heats up, it's important to think about water conservation. Now is the perfect time to check your irrigation systems for leaks, and adjust your watering times. It's best to water your landscape between the hours of 2 a.m. and 6 a.m. to take advantage of relatively low winds and you will lose less water to evaporation. If possible, replace water thirsty turf with water-wise plants and natives.

Go ahead and test your water conservation knowledge with this fun word search. We will give you a hint that you are searching for the following water-wise terms:

1. Poppy
3. Calla Lilly
5. Turf replacement
7. Drip irrigation
2. Mulch
4. Butterfly
6. Rain barrel rebate
8. Bees

For more water conservation ideas, visit www.acwd.org/conservation.

M	H	Z	T	U	J	V	B	V	P	Y	E	A	F	D	N	W	J
C	X	H	Z	N	R	E	D	A	L	K	U	X	U	B	O	D	A
G	M	Q	W	T	E	M	O	L	E	U	S	H	I	A	I	Z	F
B	C	U	S	N	H	M	I	N	L	Q	H	S	T	K	T	Z	X
P	Q	E	L	F	E	L	E	W	J	L	X	I	W	I	A	N	D
V	R	Z	R	C	A	Z	H	C	L	O	N	C	S	X	G	H	S
L	Z	L	H	L	H	Z	D	C	A	H	F	W	U	A	I	Y	G
G	Z	D	L	P	P	T	S	L	O	L	W	P	J	D	R	E	U
U	J	A	I	V	G	M	Q	N	X	B	P	W	Z	A	R	W	T
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E	T	A	B	E	R	L	E	R	R	A	B	N	I	A	R	G	S



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Summer Days

arrive at Olive Hyde Art Gallery



SUBMITTED BY SEEMA GUPTA

Olive Hyde Art Gallery is pleased to announce its latest exhibit, “Summer Days,” presented by the Women’s Caucus for Art (WCA), a national organization unique in its multi-disciplinary, multicultural membership of women artists, art historians, students, educators, and museum professionals. The exhibition will open on Friday, June 22, with an Artists Reception and will remain on display through July 21.

Founded in 1972 as an offshoot of the College Art Association, the WCA is committed to recognizing the contribution of women in the arts; providing women with leadership opportunities and professional development; expanding networking and exhibition opportunities for women; supporting local, national, and global art activism; and advocating for equity in the arts for all.

The “Summer Days” exhibition will focus on the works of WCA’s Peninsula Chapter. It will employ a wide range of media and demonstrate a remarkable variety in style and content. The following artists’ work will be on display:

• Annette Wagner: With a diverse background in spirituality and technology, she is an Intentional Creativity teacher and coach. She specializes in sumi-e, sketching in nature and connecting to the essence of what she’s drawing.

• Christine Cianci: A self-taught artist, who has learned from studying the works of ancient and modern masters. Her preferred medium is oils, and her favorite subject the human form.

• Carol Golemme: Grew up in Georgia, loving the outdoors and capturing it on paper. Her compositions are characterized by “bold colors, fluid strokes, harmony and motion.

• Marian Yap: An abstract artist striving for “simplicity and visual clarity” in her work. She likes to explore subtle variations and effects of colors while moving between mediums, from painting to mixed media to pastels and mono prints.

• Deanna Taubman: Works with a variety of media, including ceramics, printmaking, and painting, consistently uses letters and words in her art as powerful tools to communicate.

• Kris Idarius: An art therapist who works with several populations of different ages with mental health issues.

• Debbie Bakker: Grew up in Canada, earned a BFA in Illustration from the Academy of Art University, and now specializes in watercolors, illustration, and murals.

• Yvonne Newhouse: Is awestruck by the stature and grandness of the mountains and meadows of California. Being an avid hiker, she has “witnessed and recorded many vistas of infinite beauty” that she enjoys painting using transparent watercolor.

• Greta Waterman: An

accomplished artist, whose works have been described as a “cross between cubism and fauvism and sometimes a reminder of stained glass.” She likes to paint in oils, oil pastels, ceramics, and mixed media and is known for her vivid colors and abstract views.

• Marie LaPrade: Developed the habit of looking beyond the everyday. She learned to spot “subtle hints of the extraordinary,” which are astutely captured in her photographs.

• Lorraine Capparell: A sculptor, photographer, and painter from New York, who studied sculpture at San Francisco State University. She was exposed to Buddhism and Hindu culture during her travels in Asia, which has greatly influenced her art and spiritual philosophy.

• Patricia Keefe: Received her B.A. and M.A. in Fine Arts and Sculpture from the University of San Francisco. Her work is “surreal, whimsical and metaphoric,” each piece being one of a kind.

• Rebecca Lambing: Her abstract acrylic and mixed-media paintings have a multidimensional quality that is rendered by the application of many layers of paint. Her process involves an exploration of color and texture, rhythm and balance, until the painting is rotated 90 degrees four times, and she “loves it equally in each orientation.”

• Sherri Hanna: Earned a Fine Art degree from Stanford and continues to pursue her passion for art. She paints “because it makes her happy.”

• Rachel Tirosh: After experimenting with various mediums including painting, collage, papier-mache, mosaic, clay-print, photography, and digital-design, she is now focused on polymer clay and mixed-media abstract painting.

• Xuan My Ho: During a visit to Barcelona she was greatly inspired by Antoni Gaudi’s use of mosaics in his architectural structures which led her to practice mosaic art, first as a hobby, and later professionally.

• Tanya Lin: She uses photography, x-rays, assemblage and holography to communicate visually. Most of what she does is process oriented.

Works by artist Breeze Momar also will be part of the exhibit.

Whatever their reason for creating art, each one of these artists have a story to tell. You are invited to come meet them and enjoy the diversity of their work.

Summer Days
Friday, Jun 22 – Saturday, Jul 21
Thursday - Sunday
Noon - 5 p.m.

Artist’s reception
Friday, June 22
7 p.m. – 9 p.m.

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(510) 494-4324
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2018

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- **WEEK 4:** JULY 16TH - JULY 20TH
- **WEEK 5:** JULY 23RD - JULY 27TH
- **WEEK 6:** JULY 30TH - AUGUST 3RD
- **WEEK 7:** AUGUST 6TH - AUGUST 10TH
- **WEEK 8:** AUGUST 13TH - AUGUST 17TH

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CASTRO VALLEY TOTAL SALES: 12						
Highest \$: 1,550,000		Median \$: 790,000				
Lowest \$: 522,000		Average \$: 872,667				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
19212 Almond Road	94546	810,000	3	1176	1949	04-26-18
21927 Baywood Avenue	94546	800,000	4	1812	1947	05-02-18
2883 Eugene Terrace	94546	1,550,000	4	3282	2004	04-26-18
5008 Foxboro Drive	94546	925,000	3	1781	1961	04-27-18
2849 Jennifer Drive	94546	1,070,000	3	1620	1964	05-02-18
1835 Knox Street	94546	760,000	3	1302	1961	05-02-18
3480 Middleton Avenue	94546	522,000	2	980	1953	04-30-18
3938 Stevens Street	94546	790,000	3	1428	1954	04-30-18
2636 Vegas Avenue	94546	675,000	3	1405	1948	05-02-18
4291 Veronica Avenue	94546	750,000	3	1269	1952	04-27-18
20650 Yeandle Avenue	94546	600,000	3	1292	1955	05-02-18
25552 Crestfield Drive	94552	1,220,000	4	2334	1998	04-30-18

FREMONT TOTAL SALES: 38						
Highest \$: 2,950,000		Median \$: 1,050,000				
Lowest \$: 415,000		Average \$: 1,117,974				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
3371 Baywood Terrace #21	94536	415,000	1	714	1987	04-27-18
3655 Birchwood Terrace #21	94536	487,000	1	936	1984	04-27-18
35523 Centeno Road	94536	1,225,000	3	1232	1967	04-30-18
4462 Gibraltar Drive	94536	975,000	3	1232	1967	04-26-18
260 Hillview Drive	94536	1,123,000	3	1316	1954	04-27-18
37155 Holly Street	94536	778,000	2	794	1947	05-01-18
949 Huntington Common	94536	800,000	2	1168	1988	04-26-18
3321 Kipling Place	94536	1,475,000	4	1805	1971	04-30-18
35698 Mission Boulevard	94536	1,155,000	3	1741	1980	05-02-18
365 Morrison Canyon Road	94536	749,000	3	1104	1930	04-30-18
535 Posada Way	94536	1,140,000	4	2052	1967	04-27-18
37050 Reynolds Common	94536	975,000	2	1296	1987	04-30-18
38017 Vallejo Street	94536	511,500	-	1165	1976	05-02-18
5363 York Drive	94536	1,180,000	3	1504	1963	05-01-18
4491 Cahill Street	94538	905,000	3	950	1955	04-30-18
5018 Curtis Street	94538	1,150,500	5	1830	1960	05-02-18
41158 Ellen Court	94538	1,230,000	4	1600	1960	04-30-18
4613 Fanwood Terrace	94538	802,000	3	1242	1971	04-27-18
39059 Guardino Drive #21	94538	773,000	2	1077	1987	04-27-18
39224 Guardino Drive #31	94538	493,000	1	693	1990	04-30-18
4366 Hardwood Street	94538	1,265,000	3	1233	1959	05-01-18
4410 Inyo Court	94538	1,050,000	4	1996	1961	05-02-18
38581 Princeton Terrace #17	94538	559,000	2	822	1990	05-01-18
4243 Providence Terrace	94538	1,060,000	3	1437	2007	04-26-18
42743 Roberts Avenue	94538	1,053,000	3	1000	1958	04-26-18
40311 Robin Street	94538	1,115,000	3	1321	1959	05-01-18
39421 Seascape Road	94538	1,041,000	3	1344	1962	04-27-18
41646 Sherwood Street	94538	1,361,000	3	1543	1959	04-30-18
41005 Cornac Terrace	94539	850,000	2	1066	1972	05-01-18
45434 Grapevine Court	94539	2,950,000	5	5341	1995	05-02-18
492 Ironwood Terrace	94539	1,360,000	3	2009	2008	04-27-18
166 Leal Way	94539	1,684,000	5	2628	1999	05-01-18
6700 Mill Creek Road	94539	2,800,000	4	3604	1984	04-27-18
43684 Southerland Way	94539	1,885,000	3	2388	1988	05-02-18
34192 Aberdeen Terrace	94555	715,000	3	1166	1970	04-26-18
32940 Falcon Drive	94555	1,605,000	4	1871	1979	04-30-18
5238 Tacoma Common	94555	870,000	2	1050	1989	05-01-18
34167 Torino Terrace	94555	918,000	3	1387	2007	04-30-18

HAYWARD TOTAL SALES: 43						
Highest \$: 1,560,000		Median \$: 625,000				
Lowest \$: 325,000		Average \$: 638,314				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
22739 1st Street	94541	739,000	4	1976	1928	04-27-18
1315 A Street #112	94541	410,000	2	989	1984	04-26-18
1315 A Street #208	94541	410,000	2	1056	1984	05-01-18
1315 A Street #301	94541	434,000	2	1056	1984	05-01-18
1315 A Street #309	94541	425,000	2	1080	1984	05-01-18
1318 B Street #109	94541	360,000	1	944	1984	05-02-18
1318 B Street #204	94541	387,000	2	1047	1984	04-27-18
1318 B Street #302	94541	425,000	2	989	1984	05-02-18
1318 B Street #310	94541	540,000	3	1265	1984	04-30-18
1318 B Street #B114	94541	430,000	2	1080	1984	05-01-18
22501 Bayview Avenue	94541	730,000	3	1240	1935	04-27-18
22573 Center Street	94541	500,000	1	1025	1942	05-02-18
135 Cherry Way	94541	620,000	2	1330	1947	04-27-18
2489 East Avenue	94541	1,100,000	3	1438	1949	04-27-18
351 Elmwood Lane	94541	570,000	2	841	1950	04-27-18
474 Grove Way	94541	530,000	2	756	1949	04-26-18
3359 Kelly Street	94541	625,000	2	1069	1875	04-27-18
921 Marin Avenue	94541	650,000	4	1162	1952	04-26-18
539 Meek Avenue	94541	360,000	1	576	1922	05-02-18
1985 Nina Court	94541	790,000	4	1998	1969	05-01-18
21715 Vallejo Street	94541	650,000	3	1251	1940	04-27-18
19425 Waverly Avenue	94541	706,000	3	1620	1951	04-30-18
50 Adair Way	94542	1,430,000	4	4117	2016	04-26-18
22 Carrick Drive	94542	1,125,000	4	2647	2008	05-02-18
1133 Central Boulevard	94542	653,500	5	1678	1956	05-01-18
938 Devon Drive	94542	600,000	3	1011	1950	04-26-18
25119 Old Fairview Avenue	94542	1,560,000	5	3682	1998	04-30-18
33 Ballard Court #2	94544	430,000	2	1000	1982	04-30-18
695 Bristol Drive #380	94544	361,000	1	643	1988	04-26-18
26574 Colette Street	94544	410,500	3	951	1950	05-01-18
26897 Huntwood Avenue #29	94544	325,000	2	1104	1980	05-01-18
26453 Mocine Avenue	94544	666,500	3	1086	1952	04-30-18
506 Ramos Avenue	94544	772,000	4	1507	1944	04-30-18
1087 Seymore Place	94544	680,000	3	1466	1953	04-30-18
27505 Tampa Avenue #29	94544	371,000	2	910	1981	04-27-18
26390 Adrian Avenue	94545	750,000	3	1254	1956	04-30-18
1071 Avondale Lane	94545	761,000	3	1276	1958	04-26-18
2881 Baumberg Avenue	94545	850,000	2	783	1940	05-02-18
26088 Peterman Avenue	94545	761,000	3	1285	1956	04-30-18
27444 Ponderosa Court	94545	350,000	3	1254	1970	04-26-18
27569 Portsmouth Avenue	94545	625,000	3	1128	1957	04-26-18
28559 Starboard Lane	94545	925,000	4	2134	2007	04-26-18
26637 Wauchula Way	94545	650,000	3	1128	1957	04-27-18

MILPITAS TOTAL SALES: 15						
Highest \$: 1,800,000		Median \$: 1,280,000				
Lowest \$: 600,000		Average \$: 1,243,900				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1478 Ashland Drive	95035	850,000	3	995	1956	05-14-18
819 De Anza Court	95035	1,800,000	-	-	1900	05-14-18
705 Folsom Circle	95035	1,280,000	2	1459	1983	05-11-18
2079 Frank Court	95035	1,450,000	4	1884	1978	05-14-18
1305 French Court	95035	1,416,000	4	1946	1996	05-16-18
1560 Hidden Creek Lane	95035	1,067,000	3	2318	2017	05-11-18
1562 Hidden Creek Lane	95035	1,087,000	3	2413	2017	05-16-18
465 La Baree Drive	95035	600,000	3	1102	1962	05-16-18
158 Newbury Street	95035	1,101,000	3	1401	2015	05-11-18
2151 Pedro Avenue	95035	1,450,000	4	2398	1977	05-14-18
781 Penitencia Street	95035	1,100,000	3	1016	1962	05-11-18
1112 Pescadero Street	95035	1,400,000	3	1769	1977	05-15-18
1934 Shenandoah Avenue	95035	1,500,000	4	2142	1966	05-11-18
2149 Shiloh Avenue	95035	1,350,000	4	1499	1971	05-15-18
234 Sylvia Avenue	95035	1,207,500	3	1344	1955	05-11-18

NEWARK TOTAL SALES: 6						
Highest \$: 1,380,000		Median \$: 910,000				
Lowest \$: 616,000		Average \$: 970,313				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
7318 Carter Avenue	94560	1,020,000	3	2006	1999	04-27-18
36857 Newark Boulevard #B9	94560	803,000	3	1330	1987	04-30-18
39967 Parada Street #A	94560	616,000	2	1000	1990	04-27-18
39668 Potrero Drive	94560	1,060,000	2	1627	1994	04-30-18
5895 Woodbine Place	94560	910,000	2	1168	1986	04-26-18
35255 Wycombe Place	94560	1,380,000	4	1636	1971	04-26-18

SAN LEANDRO TOTAL SALES: 12						
Highest \$: 900,000		Median \$: 552,000				
Lowest \$: 375,000		Average \$: 605,417				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1672 Brookside Drive	94577	480,000	3	1196	1942	05-02-18
499 Estudillo Avenue #107	94577	475,000	2	1208	1981	04-30-18
1599 Hays Street #108	94577	375,000	2	814	1965	04-27-18
14185 Maracaibo Road	94577	770,000	4	1616	1963	04-27-18
359 Pershing Drive	94577	715,000	2	1074	1939	04-27-18
2321 Sitka Street	94577	650,000	3	1317	1951	05-02-18
1321 145th Avenue	94578	660,000	5	1828	1906	04-26-18
14419 Kings Court	94578	505,000	3	1195	1974	04-26-18
16725 Selby Drive	94578	900,000	4	2280	1955	05-01-18
730 Fargo Avenue #7	94579	538,000	3	1136	1965	04-26-18
14323 Juniper Street	94579	645,000	3	1096	1952	04-30-18
14809 Wiley Street	94579	552,000	3	1319	1953	04-27-18

SAN LORENZO TOTAL SALES: 7						
Highest \$: 800,000		Median \$: 655,000				
Lowest \$: 579,000		Average \$: 669,714				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
16124 Channel Street	94580	665,000	3	1450	1951	04-30-18
15592 Sharon Street	94580	579,000	2	1125	1955	05-01-18
1937 Via Buena Vista	94580	585,000	3	1444	1953	04-27-18
17061 Via Corona	94580	800,000	3	1473	1951	05-01-18
1475 Via La Paloma	94580	781,000	3	1570	1955	05-01-18
18090 Via Segundo	94580	655,000	3	1578	1944	04-30-18
16026 Via Sevilla	94580	623,000	3	1024	1950	04-26-18

Summer brings Live Music

With concerts running through September, there is plenty of time to hear your favorite bands, discover new ones, and make the most of those summer days.

FREMONT
Central Park Summer Concert Series
Thursdays,
6:00 p.m. – 8:00 p.m.
Central Park Performance Pavilion
40204 Paseo Padre Pkwy, Fremont
(510) 494-4300
www.fremont.gov
Free

Jul 19: Pop Fiction (‘80s hits, ‘70s disco & more)
Jul 26: Tortilla Soup (Latin, funk & more)
Aug 2: Rock Skool (‘80s rock)
Aug 9: Kenny Metcalf (Elton John early years)
Aug 16: East Bay Mudd (big horn band playing R&B hits)

Niles Home Concert Series
Saturday,
6:00 p.m. – 10:00 p.m.
Historic Niles
37735 Second St, Fremont
(510) 825-0783
www.facebook.com/NilesHomeConcert/
Tickets: \$25 minimum donation; attendance by advanced RSVP only
Aug 25: Static & Surrender, Hannah Jane Kile Band

Niles Plaza Summer Concert Series
Sundays, 12:00 p.m.
Niles Plaza
37592 Niles Blvd, Fremont
(510) 742-9868
www.niles.org/summer-concert-series/
Free
Jul 15: TBD
Sep 9: TBD

Pacific Commons Summer Concert Series
Saturdays,
7:00 p.m. – 9:00 p.m.
The Block (near Dick’s Sporting Goods)
(510) 770-9798
www.pacificcommons.com
Free
Jul 21: Dr. D Band
Jul 28: San Leandroids
Aug 4: Tinman
Aug 11: Last One Picked Band

HAYWARD
Hayward Street Party
Thursdays,
5:30 p.m. – 8:30 p.m.
B Street (between Foothill Blvd and Watkins St), Hayward
(510) 537-2424
www.hayward.org
Free
Jun 21: West Coast Blues Society Caravan of All Stars, Shark Punch, The Royal Deuces, Ruckatan
Jul 19: Third Sol, The Royal Deuces, Andre Thierry
Aug 16: Patron, The Royal Deuces, Hayward High School Marching Band

Hayward Municipal Band Concerts in the Park
Sundays, 2:30 p.m.
Tony Morelli Bandstand, Memorial Park
24176 Mission Blvd, Hayward
(510) 569-8497
www.haywardmunicipalband.com
Free

Sundays, Jun 17, Jun 24, and Jul 1. Concerts include classical, popular, Big Band, jazz, musicals, Latin and more

Hayward Odd Fellows Summer Concert Series
Sundays, 1:00 p.m. – 5:00 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
www.HaywardLodge.org
Free, donations accepted by nonprofits
Aug 5: Celebration of Hayward’s Mexican heritage with Ballet Folklorico Mexico Danza, Velvet Hammer Band, Youth Orchestra of Southern Alameda County. Benefits East Bay Center for the Preservation of Cultural Arts

Aug 12: Blues Concert: Giant Garage Spiders with the Sycamore 129 Blues Band to benefit the Family Emergency Shelter Coalition (FESCO), with Celebrity Chef City Council Member Mark Salinas

Aug 26: Original Feel Good Music of Kari and the SweetspOtS with Sezu, Gary O and Dee Smith benefiting the South Hayward Parish

Sep 9: Jazz Concert: 3 O’Clock Jump with the Mt. Eden High School Choirs to benefit Mt. Eden High School Choirs, with Celebrity Chef City Council Member Francisco Zermenio

Sep 16: Jazz Concert: In Full Swing and the La Honda All Stars to benefit the Hayward-La Honda Music Camp

Sep 23: Blues & Beatles Concert: Fault Line Blues Band with the Sycamore Beatles to benefit H.A.R.D. Foundation, with Celebrity Chefs Dennis Hancock, Paul Hodges, and Dennis Waespi

Sep 30: Original Rock ‘n’ Roll: Hypnotones, The New Naturals, the HHS String Orchestra, Jazz Band and Marching Band, benefit the Hayward High School Instrumental Music Program, with Celebrity Chef City Council Member Mark Salinas

MILPITAS
Milpitas Summer Concert Series
Tuesdays, 6:30 p.m.
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
www.ci.milpitas.ca.gov
Free

Jun 26: The Houserockers
Jul 17: The Speakeasies
Jul 31: Sang Matiz

NEWARK
Music at the Grove
Fridays, 6:30 p.m. – 8:00 p.m.
Shirley Sisk Grove
Cedar Blvd at NewPark Mall, Newark
(510) 578-4405
www.newark.org
Free

Jun 22: Big Bang Beat
Jul 6: The Drifters
Jul 20: Long Train Running – A Tribute to the Doobie Brothers
Aug 3: Orquesta Latin Heat

SAN LEANDRO
Music in the Park
Thursdays,
6:00 p.m. – 8:00 p.m.
Marina Park
14001 Monarch Bay Dr., San Leandro
(510) 577-3462
www.sanleandro.org
Free

Continued from page 1

Music at the Grove



Long Train Running

Joel Nelson Productions is our feature sponsor for the July 6 Drifters concert.

Friday, Jun 22
Big Bang Beat
San Francisco’s very own legendary rock ‘n’ soul review... and the most enduring and amazing party band of them all. From swing, Motown, disco, ‘80s, contemporary and beyond, Big Bang Beat is renowned for being the best and most versatile party band ever! Featuring an awesome variety and a phenomenal repertoire, this band has to be seen to be believed. But most of all, this band has SOUL. You can feel it in every song at every show. Only a band that has stayed together and performed together as Big Bang Beat has can bring you this much genuine warmth and entertainment. From “Respect” to “Love Shack” and Glen Miller to Adele, Big

Bang Beat will take you on a musical journey you will never forget.

Friday, Jul 6
The Drifters
The Drifters were founded in 65 years ago by George Treadwell and Ahmet Ertegun, the founder of Atlantic Records. Since their creation, the band has featured more than 65 vocalists, including icons such as Clyde McPhatter, Ben E. King, and Johnny Moore. With the exception of the much-loved icon Moore, the current lineup is the only complete one in the group’s history to have recorded on both of the group’s historic labels – Atlantic Records with the release in 2009 of “Five Decades & Moore” and in 2011 on Sony Music. The Drifters have sold over 214 million singles and 114 million albums worldwide. They were inducted

favorable opinion of politicians. Low didn’t take offense but told his own story. His grandfather immigrated to the U.S. and started a Chinese restaurant, bought a home and put four children through college. Low grew up in San Jose, the son of an optometrist and a doctor, and attended Leland High School and San Jose State University. Along the way, he found his calling.

“I’m here because I want to be part of the solution,” he said. “Most of us care a lot, but we can’t do it alone. We need you to be engaged and hold us accountable so your government fundamentally works for you.”

His point was echoed by the other state Senators and Assemblymembers who generously gave up their time to join the forum at our 16th annual Bus Trip for Education on May 15 in Sacramento: Get involved, stay involved and let us know what you think. Our guest speakers talked about their backgrounds and the bills they were working on and answered questions. Besides Assemblymember Evan Low, visiting us were Senators Jim Beall, Bob Wieckowski and Jerry Hill, and Assemblymembers Anna Caballero, Marc Berman, Ash Kalra, Kansen Chu, Mark Stone and Kevin Kiley.

Conversations were engaging, and the students from Oak Grove and Silver Creek High Schools and Downtown College Prep were well-prepared with questions about the teacher shortage, lack of vocational and technical programs, school safety and the high cost of college tuition.

For Senator Jim Beall, who heads the Housing and Transportation Committee, housing is a priority. With Senator Nancy Skinner from Berkeley, Beall proposed a bill to invest \$5 billion to increase affordable housing for people who are homeless that will also

into the Rock & Roll Hall of Fame in 1988 in recognition of their global success spanning almost six decades.

Friday, Jul 20
Long Train Running – A Tribute to the Doobie Brothers
This group of outstanding South Bay musicians have formed a rockin’ band that pays tribute to the music of the Doobie Brothers. With their extensive Bay Area musical backgrounds, these musicians perform songs from the Doobie Brothers’ record catalog with the live energy of a Doobie Brothers concert. Performance songs include “Listen to the Music,” “Long Train Runnin’,” “Black Water,” “Takin’ It to the Streets,” and “What a Fool Believes.” The Doobie Brothers’ catalog includes many favorite top hits and outstanding arrangements for a rockin’ live concert experience.

Friday, Aug 4
Fan Appreciation featuring Orquesta Latin Heat
Orquesta Latin Heat is a hot new salsa band based in San Jose, featuring a strong rhythm section, authentic Latin percussion, and a swinging horn section. Latin Heat is a 10-piece Latin band that specializes in playing red hot salsa, sizzling Latin jazz, cha cha cha, and more.

For further information about the concert series, please call (510) 578-4405 or visit www.newark.org.
Big Bang Beat
Friday, Jun 22
6:30 p.m. – 8:00 p.m.
Shirley Sisk Grove
Cedar Blvd at NewPark Mall, Newark
(510) 578-4405
www.newark.org
Free

and universities. While today’s student population is more diverse, faculties are not, he said, and the education system needs to work on that. Mental health is also a concern. He sponsored a suicide prevention bill that focuses on training teachers to recognize the needs of troubled students. He spoke of his own experience with failure – rejected from seven of nine colleges he applied to and losing big in his first try at the Assembly. “It’s OK to fail. You learn from it and do it better the next time.”

Assemblymember Kansen Chu is working on three bills that support education: AB2022 would place at least one mental health professional in K-12 schools to expand access for children to services. AB1763 requires high school students to receive crucial information about college options, career technical education and financial aid before they graduate. And AB1978 requires that all school buses be equipped with seat belts by 2028.

Assemblyman Mark Stone also believes that mental health services in the juvenile justice system are a priority and initiated a bill that changed how children are evaluated to stand trial, including a mandate for mental health services. Stone: “Give these kids a chance to grow and be in our community.”

Even though he doesn’t represent Santa Clara County in the Assembly, Kevin Kiley also dropped by to talk to us. Vice-Chair of the Education Committee and Vice-Chair of the Privacy and Consumer Protection Committee, he answered a question about accountability of Charter Schools. “Almost all Charters report weekly. Or they can’t renew their right to get their Charter.”

For more information about the trip or legislation, please call my office at 408-299-5030 or email me at dave.cortese@bos.sc-gov.org

Legislators give time and wisdom at State Capitol

SUBMITTED BY
JANICE ROMBECK FOR SUPERVISOR CORTESE

Assemblymember Evan Low was out to make a point. He asked who in the audience of

about 200 gathered on the lawn at Capitol Park in Sacramento had a favorable opinion of nurses and teachers?

Lots of hands shot up. But most of the hands went down when he asked who had a

Hayward rent control survives – for now

SUBMITTED BY CITY OF HAYWARD

The City Council enacted an 18-month emergency ordinance on May 29 to preserve Hayward’s remaining rent-controlled housing, suspending a process through which landlords can move to have residential rental units permanently exempted from local rent control.

A provision of the city’s Residential Rent Stabilization Ordinance (RRSO) allows landlords to apply to have a rental unit permanently ‘decontrolled’ once voluntarily vacated by a tenant and after making a certain dollar-value of improvements to the dwelling, ranging from

\$1,500 to \$3,100 depending on unit size.

Of approximately 46,700 total housing units in Hayward, about 22,200 are rentals. Of those, approximately 14,900 are covered by the RRSO, which regulates units held by landlords who own at least five residential rental units in the city.

Of 14,900 rentals covered by the RRSO, only about 9,500 have been subject to ordinance’s rent-increase limitations, because approximately 5,400 are single-family homes exempted from rent-control under state law. To date, the city has received about 7,900 applications for decontrol of rent-controlled units, leaving an estimated range of 1,000 to 1,600 remaining under rent control in all of Hayward.

During the 18-month moratorium, city staff will evaluate the administrative process of decontrolling units under the RRSO, as well as the appropriate dollar threshold for unit improvements to qualify.

Water district to expand bill payment options

SUBMITTED BY LAURA HIDAS

Alameda County Water District is set to launch an upgraded online billing and payment system on July 9, offering customers greater flexibility to view and pay their water bills. The new service will provide new and improved payment options for customers, including online payment

enrollment, updated AutoPay options, payment by debit or credit card, and paperless billing options. There will be no fees or additional costs for these services.

The updated payment portal will provide customers with quick access to their account to view bills, check their balance and make payments. Customers will also be able to schedule one-time or automatic payments, securely store payment information and receive email and text (optional) reminders. Creating an account is recommended to access all the new and improved features, however, it is not required to pay bills online.

Customers enrolled in previous AutoPay and e-Bill programs will have to re-enroll in the new upgraded system in order to continue using these services. The

enrollment process will be quick and easy, and instructions will be provided with upcoming water bills for quick reference.

“This upgrade will give our customers a variety of new and improved options to pay their water bill anywhere, anytime — and to go paperless,” said Paul Sethy, Board President.

“With so many options and an easy-to-use customer portal, there will be something for everyone!”

Beginning July 9, customers can make payments online or enroll in the upgraded system by visiting the District’s website (www.acwd.org) and clicking on the “Pay my Bill” or “Your Account” links.

For more information, visit www.acwd.org.

Students launch environmental campaign



Karen Li and Serena Huang

BY TOSHALI GOEL

In a world where the environment is increasingly endangered, it is more important than ever to safely dispose of waste materials. People often unknowingly contribute to this growing problem by improperly disposing of medical waste, an issue that Mission San Jose High School sophomores Serena Huang and Karen Li are trying to address. Huang and Li launched their environmental campaign, The Disposal Proposal, in December of 2017 to urge Bay Area residents to drop off any medication, such as expired painkillers or antibiotics, at local hospitals.

Huang and Li researched the effects of improper medical waste disposal at the encouragement of their chemistry teacher and found that the result can be water contamination and loss of biodiversity. Contamination of the water supply with hormones, antibiotics, and other residual medication affects the lives of up to 40 million Americans, especially those who drink bottled water. Fish were found to have slower responses to stimulant after being exposed to antidepressant remnants in the water, leading to decreased fish defense mechanisms.

Huang and Li decided to spread awareness about the issue

and inform the community that local hospitals contain facilities to properly dispose of this waste. “This is something that applies to everyone,” they said. “We chose this topic because it had a tangible effect on our local community, and everyone can take simple steps like dropping medicine off at Washington Hospital in Fremont. Just doing that can help everyone and benefit our community.”

Huang is interested in pursuing a medical profession in the future and felt that the marriage of medicine and the environment would be impactful and meaningful. “For us personally, it’s an issue that we weren’t aware of. We were shocked that we didn’t know about this. It had been affecting our lives, and the lives of people in our community, and it was still a relatively unknown issue. We wanted to use that and help students around our school as well as residents in the Bay Area become aware of this issue through our project,” said Li.

Huang and Li have hosted several drives at various Walgreens locations across the Bay Area, where the two set up a booth and educate the public about goals of their project and steps people can take to reduce medical waste. They also provide customers with links to their website, that provides more

information about the research behind this issue, how improper medical disposal has impacted the community, and what people can do to stop it. Over 70 companies and small businesses throughout the Bay Area have displayed The Disposal Proposal team’s flyer in their offices. Data detailing medicines dropped off at various locations is used to track Huang and Li’s progress.

“The main problem was that people didn’t know there were programs. That was our first step, to spread awareness about the pre-existing facilities,” said Li. “In the future, we’re thinking about starting a program in our own name to transfer medication ourselves, using library locations, medical foundations, or hospitals that do not have such a system already in place. We hope to have our own disposal boxes to make sure people aren’t just dumping their medicines down the drain. We also want to expand our impact internationally by translating our flyers into various languages and posting them in those communities.”

For more information, visit tinyurl.com/thedisposalproposal, or contact The Disposal Proposal team at disposalproposal@gmail.com or (510) 248-9606.

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Summer & fall Gardening workshops

SUBMITTED BY LILI KHALILI

Novice gardeners or those who want to learn more about gardening are invited to attend gardening workshops this summer at the Union City Library. Lori Caldwell, a landscape and professional garden educator will lead two workshops at the library, 34007 Alvarado-Niles Road. Workshops include:

- Wednesday, June 27: Big Gardens in Small Places; Adventures of Container Gardening.Landscape. This class is geared toward people who don’t have a lot of space and want to grow their own food. Topics such as maintaining soil fertility, best plants for container gardens and crop rotation will be covered.
- Wednesday, July 11: Prepping Your Garden for Fall. One of the many benefits of our climate is being able to garden year-round. The Fall and Winter

seasons are still a great time to garden. This class will cover great techniques on how to transition to your Fall garden: cool-weather, edible crops, starting seeds, crop rotation, sheet mulching and planting natives.

Both workshops will meet from 4:30 p.m. to 6:30 p.m. Admission is free, and reservations aren’t required. The Union City Library is a branch of the Alameda County Library and is wheelchair accessible. To request accommodations for library sponsored events, contact branch library at least six working days prior to event.

Gardening Workshops
Wednesdays, June 27 and July 11
4:30 p.m. – 6:30 p.m.
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464
Free

National Home Ownership Month

SUBMITTED BY DAVID STARK

The Bay East Association of REALTORS® (Bay East) is celebrating National Home Ownership Month through ongoing advocacy for home owners, home buyers and home sellers.

Home ownership builds long-term personal wealth, strengthens social stability and drives the national economy and Bay East pledges to continue its efforts to ensure the American dream is possible for those who want to attain it. “Creating home ownership opportunities is a top priority for Bay East,” said REALTOR® Tim Ambrose, 2018 Bay East President.

Ambrose said anyone who is able and willing to assume the responsibilities of owning a home should have the opportunity to pursue that dream in an affordable and responsible way. “National Home Ownership Month is a time to celebrate and promote the American dream of owning a home,” said Ambrose. “Home ownership changes lives and enhances futures, and many Americans see it as one of their greatest hopes to grow their financial future and build wealth.”

Through ongoing public policy efforts, Bay East keeps home ownership issues on the forefront of local policy debates. Ambrose explained Bay East is currently working with city leaders from

communities in southern and eastern Alameda County to ensure they understand the important roles home ownership, and housing in general, play in making and keeping communities viable. “Bay East members testify at public hearings on a regular basis on issues ranging from residential land use policies, to how affordable housing funds are allocated and managed,” Ambrose said.

He continued, “But, we also put our money on the table, too.” Ambrose explained that the Bay East recently secured a \$50,000 grant from the California Association of REALTORS® Housing Affordability Fund for a Closing Cost Assistance Grant program for low-income first-time homebuyers. “The grant will be administered by the Bay East Foundation and will provide critical help for those families who will certainly benefit from home ownership.” He added the Bay East Housing Opportunities Committee will conduct fundraising activities to leverage the start-up grant.

Ambrose concluded, “We’re happy to celebrate June as National Home Ownership Month, but after it’s over, we’ll keep working to keep home ownership top of mind with our elected officials at the same time we’re helping families to achieve the American Dream.”

#SchoolsOut Recycling Tips

You've been recycling in the classroom all year long. Don't stop now! Close out the school year the Earth friendly way by following these easy tips to reduce school supply waste:

- ✂ Recycle unwanted papers and save your old folders and binders for next year.
- ✂ Hold onto those pencil pouches, rulers, pencils, pens, and erasers. They'll come in handy next year!
- ✂ Many schools reuse textbooks to save money and reduce waste. Share your textbooks with friends, relatives, or younger schoolchildren.



Have a fun and safe summer!
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DAY AT THE ZOO

Find these hidden things in the picture below:

A visit to a zoo gives you a chance to see animals from all around the world, animals you would never see in your neighborhood. Zoos are more than places to see animals. They also help save animals from **extinction**.

It is believed that the first zoo was built here by Queen Hatshepsut in 1500 B.C. She collected animals from all over Africa. Circle every third letter to reveal this country.

R N E L S G P G Y J S P V W T

 E

Zoos Save Tiny Frogs

The tiny black and yellow Corroboree Frog only lives in a small area of Australia. They have been nearly wiped out due to a nasty disease. Zoos like Toronga Zoo in Sydney collect and raise the brightly colored frogs. They can now return them to the wild.

How many of these frogs can you find on this page?

Tiny Tortoise Saved?

One of the world's tiniest and rarest tortoises is on the edge of extinction. Scientists at the Paignton Zoo in England have managed to hatch one of the tortoise's eggs. The hatchling is only about one and a half inches long! If they can raise the little critter and manage to hatch more eggs, there may be hope for the species.

The letters on the correct path spell the name of this rare tortoise.

 S

Which giraffe is the tallest? Convert the size of each giraffe into feet to find out!

Amare (252 inches)	Jafari (3 feet + 132 inches)	Feechi (1 foot + 204 inches)
_____ feet tall	_____ feet tall	_____ feet tall

California Condor Success

In 1982, only 22 California condors were left in the wild. At that time, the San Diego Zoo started a program to raise the birds at the zoo. Many of these have been released back into the wild. Today more than 400 live in the wild.

California condors can live more than 50 years in the wild. They can now be found in California, Arizona and Baja California, Mexico.

Standards Link: Visual Discrimination: Find similarities and differences in common objects.

Picture Pose

Look at pictures in the newspaper. Copy a pose of a person in a picture and hold it!

Standards Link: Reading Comprehension: Follow written directions.

Extra! Extra!

Standards Link: Number Sense: Calculate amounts.

Kid Scoop Puzzler

Monkey See, Monkey Do

Sometimes, monkeys like to imitate each other! Look at these monkeys to find the two that are exactly the same.

Standards Link: Visual Discrimination: Find similarities and differences in common objects.

Kid Scoop Word Search

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

EXTINCTION	NOITCNITXE
DISEASE	ANIMALCOHM
MONKEYS	NCCONDOROP
AFRICA	DLIWFI SNPI
EMPIRE	E E W R R S K V E R
CONDOR	A D O T F E G G S E
ANIMAL	I G R O Y A D O T N
YELLOW	S E L S I S O O Z S
FROGS	K E D Y Y E L L O W
WORLD	
TODAY	
ZOOS	
EGGS	
WILD	
EDGE	

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop FIT & FUN

Animal Exercises

Fox Trot

Walk around on all fours like a little fox.

Eagle's Flight

Flap your arms and pretend to fly.

Panda Belly Rub

Roll over onto your back and wiggle your arms and legs in the air. Wiggle as if someone was rubbing your tummy!

Read this in a mirror:

One of the earliest known human building projects was the Great Pyramids of Giza. The pyramids were built to honor the Egyptian god Osiris. The pyramids are still standing today. They are one of the most famous landmarks in the world.

Kid Scoop VOCABULARY BUILDERS

This week's word: **EXTINCT**

The adjective **extinct** means to no longer exist, usually meaning an animal species that no longer exists.

Loss of natural habitat is one of the most common reasons an animal species becomes **extinct**.

Try to use the word **extinct** in a sentence today when talking with your friends and family.

FROM THE KID SCOOP LESSON LIBRARY

Animals in the News

How many non-human animals are mentioned in today's newspaper? Select one and write a paragraph about why this animal is in the news.

Standards Link: Research: Use the newspaper to locate info.

Where is the best place to put an injured insect?

ANSWER: In an ambulance.

Write On!

Fun Family Adventure

Tell about a fun outing you went on with your family.

Continued from page 1

Sulphur Creek educates community on Wildlife

to learn more about nature and wildlife preservation, and nurse wild animals that are sick, orphaned, or injured. The center's mission is to "instill a sense of responsibility for the welfare of our world by bringing people and animals closer together through wildlife rehabilitation and education." They take an interest in orphaned, native wildlife, ranging from raccoons and squirrels to more exotic animals like river otters and Townsend long-eared bats, all of which are part of California's heritage. Their goal is to heal these animals and settle them back into the wild.

The center was originally established as The Nature Center in 1944 by the Hayward Area Recreation and Park District and was up the street from its current location. In 1970, it moved to the 10-acre Sulphur Creek property, originally an old ranch. It was converted it into a nature and wildlife education and rehabilitation center and began taking in animals that needed care. Today, the center houses a wildlife rehabilitation hospital, a Discovery Museum, several aviaries, and animal enclosures. It has grown from hosting around 20-30 programs a year to the over 1,300 programs it now provides annually. The center is home to about 70 species of resident animals that are nursed by the 12-person part and full-time staff of Sulphur Creek along with 200 volunteers; they take in between 600 and 700 animals for rehabilitation every year. Some native wildlife currently onsite

includes golden eagles, falcons, coyotes, foxes, pond turtles, and the latest addition, skunks. The longest resident animal is a turkey vulture, that came to Sulphur Creek in 1989 as a juvenile with the tip of its left wing missing. Fox, squirrels, opossums, and baby birds are brought in most often for rehabilitation.

Park Coordinator Wendy Winsted spoke about the animals that do not fully recover while under the center's care. "Ones that do survive but have problems, like maybe they've got a wing that doesn't work and they can't fly again, or maybe they've become imprinted, or maybe they've got a bad eye and they need their eyes to survive – like a hawk does. Those animals, sometimes we can get permitted to stay here at Sulphur Creek or at another wildlife facility. We use those animals to educate the public about the native wildlife that's around us. Our educational programs all involve participants getting to meet native wildlife up close."

The center offers programs that differ by age group, giving people the chance to meet the animals and learn about the rehabilitation process. A variety of programs are offered for a wide range of ages, including "Toddler Time" for ages 1-3. The most popular program is for children grades K-2, and features a "Walk with the Animals," where participants get to meet four different groups of animals: a mammal, a bird, a reptile, and an amphibian. The center also



hosts "Wild Things" birthday parties, popular among younger children. Older age groups can find programs tailored to their interest level as well, including the popular "Bats in Focus," and "Owls on the Prowl." The Sulphur Creek staff also tries to enrich the lives of elderly citizens by visiting rest homes, convalescent homes, and dementia units. The center engages in Scout programs to help Boy and Girl Scouts earn their badges and organizes special events such as "Flight to Freedom" to release owls back into the wild, and the "Unhaunted House" Halloween

event to share wild animals in an educational manner along with carnival games, night hikes, campfires, and storytelling.

"The programs offer a really valuable educational experience. With kids that are so into video games, and being inside, they get a chance to be outside and experience what nature's really about. They get to see and understand about an animal, that can hopefully excite them, and make them want to go out into the wild even more, to explore the trails in the hopes of spotting an animal," said Winsted. "We are trying to encourage people to appreciate the wild world around

us. It's a precious gift. With the encroachment of housing, and development, and businesses, their habitats are shrinking, and we are not seeing as much native wildlife around. For kids and adults, the chance to see wildlife up close will give them a chance to see how precious these lives are."

Sulphur Creek Nature Center
1801 D St., Hayward
Daily, 10 a.m. – 5 p.m.
(510) 881-6747
www.haywardrec.org/129/Sulphur-Creek-Nature-Center
Free

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 - www.fremont.k12.ca.us
- and clicking on the employment tab
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WELCOMING SUMMER WITH A SPICY COMPETITION

Annual Chili Cook-Off Honors Local First Responders

Although the Union City Police Department (UCPD) and Alameda County Fire Department (ACFD) are usually summoned to cool down heated situations in the Tri-City community, on May 30, they were called upon to heat things up!

More than 30 first responders were invited to the Masonic Homes campus to serve as judges for the Fourth Annual Chili Contest, sponsored by the Masonic Homes and Acacia Creek retirement communities. This fun-filled event united residents and staff members from both senior living communities in a lively competition.

As they listened to Latin music performed by Avante Latin Duo, participants sampled eight delicious chilis prepared by residents and staff members.

Ultimately, three winners were chosen – all members of the Masonic Homes Dining Services staff! Congratulations to this year's chili champs:

- First place: Jennifer MacRae, administrative assistant
- Second place: Sailesh Chand, sous chef
- Third place: John Marshall, director of Dining Services

The first place win is shared with Masonic Homes resident Barbara Sullivan, whose original recipe MacRae adapted to build her own delicious concoction.

A highlight of this annual event is recognizing the significant contributions of UCPD and ACFD members.



"We are truly grateful for the extraordinary service that the UCPD and ACFD provide to the Tri-City community, and to the Masonic Homes and Acacia Creek in particular," says Gary Charland, president and CEO of the Masonic Homes. "Because of their dedication, professionalism, and selflessness, we are able to rest assured that our families and loved ones will remain healthy and safe."

Among the first responders who attended the event were ACFD Battalion Chief John Walsh; Union City Police Chief Darryl McAllister; UCPD Captain Gloria Lopez-Vaughn, who is retiring this year; and UCPD Officer of the Year Josh Vasicek.

Charland presented plaques of appreciation to the UCPD and ACFD leaders in attendance, as well as to Vasicek for his special recognition this year. He also led the crowd in giving a special thanks to Lopez-Vaughn for her years of dedicated partnership to the Masonic Homes.



The Masonic Homes and Acacia Creek thank all who contributed their recipes, taste buds, and time to make this a memorable event.



FIVE TIPS FOR STAYING COOL

Hot weather can be lovely, but it also has the potential to become dangerous – especially for older adults, who may experience physical challenges when dealing with the heat. When the thermometer rises, follow these tips to keep yourself cool.

1. **Stay out of the sun.** You don't need to become a couch potato; just limit your outdoor hours to times when the sun is low – evenings or early in the morning.
2. **Stay hydrated.** Try carrying a reusable water bottle and refilling it often. This will make it easy for you to determine how much water you've consumed.
3. **Find air conditioning.** If you can't afford an air conditioner of your own, visit an air-conditioned public space like a library, shopping mall, or senior center.
4. **Dress for the weather.** Choose loose, lightweight, natural fiber clothes in light colors. Wear a large-brimmed hat for extra sun protection.
5. **Apply sunscreen regularly.** Apply sunscreen of at least 30 SPF first thing in the morning, and reapply every five hours – or more often if you perspire.

Remember: When it comes to summer heat, taking the right precautions can mean a world of difference for you and your loved ones.



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CONTINUING EVENTS

Feb 26 – June 20

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Hayward Chamber of Commerce

22561 Main St., Hayward

(510) 538-2787

www.haywardartscouncil.org

Saturday, Mar 10 – Sunday, Oct 28

Loyal Americans: Japanese American Imprisonment During WWII

History exhibition

HAHS Gallery

22392 Foothill Blvd., Hayward

(510) 581-0223

Friday, May 25 – Friday, Jul 27

First Impressions

Monday – Friday, 9 a.m. – 5 p.m.

Variety of media from 15 artists

John O'Lague Galleria

Hayward City Hall

777 B St., Hayward

(510) 538-2787

www.haywardartscouncil.org

Fridays, May 4 - Oct 26

Downtown Street Eats

4:30 p.m. - 9:00 p.m.

Food trucks, beer, and wine

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Capitol Ave. Between Fremont Blvd.

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www.fremontstreeteats.com

Wednesdays, May 9 - Jul 25

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Thursdays - Sundays, May 17 - Aug 26

Patterson House Tours \$

2:30 p.m. (Thurs. & Fri.)

11:30 a.m. (Sat. & Sun.)

Tour the Patterson House Museum

Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont

(510) 544-2797

www.ebparks.org

Thursday, Friday & Sunday, May 17 - Aug 26

Train Rides \$

10:15 a.m. - 3:30 p.m.

All aboard! Check the daily schedule.

Ardenwood Historic Farm

34600 Ardenwood Blvd., Fremont

(510) 544-2797

www.ebparks.org

Saturday, May 26 – Saturday, Jul 7

The Magic of Collaboration

Thursday – Saturday, 11 a.m. - 3 p.m.

Reception: Saturday, May 26

from 1-3pm

Art from an array of collaborators

Adobe Art Center

20395 San Miguel Ave.,

Castro Valley

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www.AdobeGallery.org

Thursday, May 31 - Sunday, Jun 30

Animal Feeding \$

3 p.m.

Check for eggs and feed them hay.

Meet at Chicken Coop

Ardenwood Historic Farm

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(510) 544-2797

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3340 Mowry Ave., Fremont

I need a Forever Home



Tibby is just one of 4 sweet Guinea pigs who recently arrived at the shelter. He's a 1 year old who's still getting used to being handled. He loves playing in his guinea pig castle and nibbling on treats. His fur coloring is mainly white, with a tan

stripe around his midsection. He also has a bit of black on his forehead and a spot on his back. Info: Hayward Animal Shelter. (510) 293-7200.

4 month old Scooter, along with 3 siblings, was also a shy, timid little furball when he arrived at the shelter. Staff and volunteers gave him lots of love and TLC and he's

blossomed into a sweet, active, playful and curious kitten. He has short, easy to care for orange and white Tabby markings. Scooter and his siblings hope to find a loving family soon. Info: Hayward Animal Shelter. (510) 293-7200.



ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter

510-293-7200

16 Barnes Court (Near Soto & Jackson)

Hayward

Tuesday - Saturday 1pm - 5pm

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Farmers’ Markets

FREMONT:

Centerville
Saturdays
9 a.m. - 1 p.m.
Year-round
Bonde Way at Fremont Blvd., Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers’ Market
Thursdays
10 a.m. – 2 p.m.
Year-round
39400 Paseo Padre Pkwy., Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market
Sundays
9 a.m. – 2 p.m.
Year-round
Bay Street and Trimboli Way, Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market
Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro
Wednesday
10 a.m. - 2 p.m.
June 11, 2017 to
December 31, 2017
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers’ Market at Great Mall Parking Lot
Sundays
8 a.m. – 1 p.m.
Year-round
GREAT MALL
882 Great Mall Drive., Milpitas
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers’ Market
Tuesdays
10 a.m. – 2 p.m.
Year-round
Kaiser Permanente Medical Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market
Saturdays
9 a.m. – 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets, Union City
800-949-FARM
www.pcfma.com

Friday June 1 - Monday, August 6
Davis Street Annual Backpack and Shoe Drive
Drop off donations at:
3081 Teagarden Street, San Leandro
http://davisstreet.org/
(510) 347-4620

Saturday, Jun 2 - Sunday, Jun 30
Discovery Days
10:30 a.m. 3:30 p.m.
Family crafts and exploration
Coyote Hills
8000 Patterson Ranch Road, Fremont
(510) 544-3220
www.ebparks.org

Mondays, Jun 4 - Jul 9
Gently Yoga for Seniors \$
11 a.m. - 12 noon
6-week series; \$10 per class
New Bridges Church
26236 Adrian Avenue, Hayward
(510) 786-9333

Tuesdays & Thursdays, Jun 5 - Aug 30
Gentle Flow Yoga \$
Tues 4:00-5:00 p.m., Thurs. 9:30 - 10:30 a.m.
Gentle poses designed to help reduce pain, stiffness, and stress
San Leandro Senior Community Ctr
13909 East 14th Street, San Leandro
(510) 577-3462

Friday, Jun 9 - Sunday, Aug 3
Life to Art: A Portuguese American Story in Art
11 a.m. - 5 p.m.
Works by Portuguese-American artists
Opening reception June 9,
3:00-7:00 p.m.
Sun Gallery
1015 E St., Hayward
(510) 581-4050

Wednesdays, Jun 13 - Jul 25
Ballroom Dancing \$R
Beginners (Tango, Waltz, Samba)
7-8 p.m.
Intermediate & Advanced (West Coast Swing) 8:15- 9:15 p.m.
Couples only
Ruggieri Senior Center
33997 Alvarado Niles Rd., Union City
(510) 675-5495
(510) 675-5357

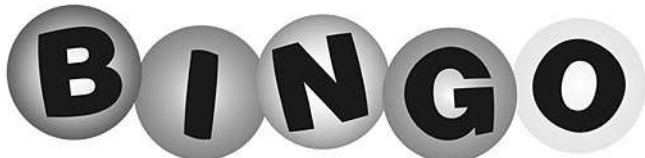
Friday - Sunday, Jun 15 Aug 26
Lego Display
1 p.m. - 6 p.m.
75 square foot display and play area. Closed July 13-15
Bay Area Family Church
2305 Washington Avenue, San Leandro
(510) 483-4712
(510) 612-7962

Saturday, Jun 16 – Saturday, Jul 21
Toastmaster Youth Leadership Program - R\$
9 - 12:00 pm (except July 7)
Practice public speaking
Friends of Children with Special Needs
2300 Peralta Blvd, Fremont
(510) 739-6900
(510)790-0740

Sundays, Jun 17 - Aug 5
Genesis: the Art of New Beginnings
11:45 a.m. - 12:15 p.m.
The beauty of creation and spiritual renewal
Park Victoria Baptist Church
875 S. Park Victoria Dr., Milpitas
(408) 464-5011
carolhamilton123@comcast.net

Sundays, Jun 17 Aug 26
Sunday Chat To Practice Your English
2 p.m. - 3 p.m.
Improve your English by discussing everyday topics
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0684
btelford-ishida@aclibrary.org

Fridays, Jun 22 - Jul 27
Ballroom Dancing \$R
Beginners (Rumba, East Coast Swing, 2 Step) 7-8 p.m.
Intermediate & Advanced (West Coast Swing) 8:15- 9:15 p.m.
Couples only
Fremont Adult School
4700 Calaveras Ave, Fremont
(510) 793-6465



Fraternal Order Of Eagles 1139

Thursday is - BINGO

**Doors open 4pm
Games Start 6:30pm**

**More Info: 510 676-3314
21406 Foothill Blvd., Hayward**

THIS WEEK

Tuesday, Jun 19
Real Reads
6:30 - 7:45 p.m.
The Wright Brothers
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900

Tuesday, Jun 19 - Friday, Jun 22
Grand Opening
Days of free car washes
Quick Quack Car Wash
1367 A St., Hayward

Wednesday, Jun 20
Toddler Time \$
10:30 a.m. - 11:45 a.m.
Little kids help with farm chores. Ages 1 - 4
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Jun 20
Wednesday Walk
9:30 a.m. - 1:30 p.m.
Walk the Bay Trail on this 8+ mile hike. Bring a snack
Hayward Shoreline Robert's Landing
2655 Grant Ave, San Lorenzo
(510) 881-6700
(510) 544-3187

Wednesday, Jun 20
Parenting Workshop
3 - 5 p.m.
Raising Bicultural Children in a Challenging Environment
Fremont Family Resource Center,
Pacific Room #H800
39155 Liberty St. (at Capitol), Fremont
(888) 308-1767
https://www.fremont.gov/228/Family-Resource-Center

Wednesday, Jun 20
Aging in Harmony R
6 - 8 p.m.
Workshop exploring the challenges of aging
Villa at Castro Valley
19960 Santa Maria Ave, Castro Valley
(510) 582-2765
bchristensen@northstardsl.com

Thursday, Jun 21
Hayward Nonprofit Alliance Meeting
10 a.m.
How to Build a Winning Staff at your Organization
Hayward Area Historical Society
Museum
22380 Foothill Blvd., Hayward
(510) 581-0223

Thursday, Jun 21
East Bay Stompers Band
7 - 9 p.m.
Dixie, swing and standards - happy music. No cover
Bronco Billy's Pizza - Irvington
41200 Blacow Road, Fremont
(510) 438-0121
(510) 914-7304

Thursday, June 21
World's Largest Swimming Lesson R
1 - 2:30 p.m.
Free swim lesson and CPR training. Children ages 4-16.
Mills College Aquatic Center
5000 MacArthur Blvd, Oakland
(510) 618-2050

Thursday, Jun 21
Hayward Street Party
5:30 - 8:30 p.m.
Live music, food, vendors, car show
Downtown Hayward
B St. and Foothill, Hayward
(510) 537-2424
www.hayward.org

Friday, Jun 22
Latino Business Roundtable Meeting
8:30 a.m.
Presentation on Hayward's new official electricity supplier, EBCE
Sherman L. Balch Pavilion - St. Rose Hospital
27190 Calaroga Ave., Hayward
www.hayward.org

Friday, Jun 22
Music at the Grove: Big Bang Beat
6:30 p.m. - 8:00 p.m.
Versatile party band
Shirley Sisk Grove
Cedar Blvd. at New Park Mall, Newark
(510) 578-4000
http://www.newark.org/departments/recreation-and-community-services/music-at-the-grove/

Friday - Saturday, Jun 22 Jun 23
Talking With \$
8:00 p.m.
CVDAA presents play with intriguing female monologues
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.artful.ly/store/events/15367

Friday, Jun 22
Chris Cain
9:00 p.m.
Blues Master
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Jun 22
Movie Night Out
8 p.m.
Beauty & the Beast
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
https://www.eventbrite.com/e/milpitas-movie-night-out-beauty-and-the-beast-2017-tickets-42544372363

Friday, Jun 22
Call to Artists!
Submission deadline for upcoming Textile Exhibit
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
olivehydecorator@fremont.gov

Saturday, Jun 23
Wonderful Wool \$
11 a.m. - 12 noon
Learn about sheep
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jun 23
Aki Kumar
9 p.m.
Harp player blending traditional with new
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net



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ProgramAssistant@DriversForSurvivors.org
www.DriversForSurvivors.org

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(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, June 19
4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park,
Gable Dr. & McDuff Ave.,
FREMONT

Wednesday, June 20
12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Thursday, June 21
11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday, June 25
1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY4:15 – 4:45
Contempo Homes,
4190 Gemini Dr., UNION CITY
5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday, June 26
4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday, June 27
1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House
Apartments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30
Camellia Dr. & Camellia Ct.,
FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday, June 20
1:50 – 3:00 Foothill School,
1991 Landess Ave., MILPITAS
3:30 – 4:00 Friendly Village
Park, 120 Dixon Landing Rd.,
MILPITAS

Saturday, Jun 23
Family Bird Walk - R
10 a.m. - Noon
Explore marsh trails for birds.
Ages 5 - 10 with supervision
SF Bay Wildlife Refuge -
Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222 x363 <https://donedwardsfamilybird.eventbrite.com>

Saturday, Jun 23
Bay Bike Ride - R
10:00 a.m.
Docent led 11-mile shoreline trail ride.
Paved and dirt trails
SF Bay Wildlife Refuge -
Don Edwards
1 Marshlands Rd., Fremont
(510) 792-0222 x363 <https://donedwardsbike.eventbrite.com>

Saturday, Jun 23
Giant Redwoods! \$
7:30 p.m.
“Valley of the Giants”, “The Big Swim”, “Vacation Waves”
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Jun 23
Hens Lay Eggs \$
10:30 a.m. - 11:00 a.m.
Gather eggs, hear stories
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jun 23
Old Fashioned Butter Making \$
1:30 - 2:30 p.m.
Churn cream into butter
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jun 23
Rabbit Rendezvous \$
1 - 1:30 p.m.
Interact with bunnies
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Jun 23 - Sunday, Jun 24
SBARA Field Day
11 a.m.
Learn aspects of Amateur Radio
Lake Elizabeth Central Park
1100 Stevenson Blvd., Fremont
(510) 793-5683
<http://sbara.org>

Saturday, Jun 23
Fremont Area Writers Meeting
2 p.m.
Creating your own media image
DeVry University Campus
6600 Dumbarton Cir., Fremont
(510) 791-8639
www.cwc-fremontareawriters.org

Saturday, Jun 23
Northern California Premiere \$
2 p.m.
Chesley Bonestell: A Brush with the Future
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Jun 23
Enfold India: From Classrooms to Courtrooms
11 a.m. - 12 noon
Learn how to prevent and redress child sexual abuse
India Community Center
525 Los Coches Street, Milpitas
(408) 934-1130
www.indiacc.org

Saturday, Jun 23
SunWork Volunteer Training
9:30 a.m. - 12:15 p.m.
Learn how to install solar systems
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Jun 23
Going Solar Workshop
12:30 p.m. - 1:45 p.m.
Learn about solar technology and how it can work for your home
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org



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Saturday, Jun 23
Walk in the Wild \$
4 p.m. - 10 p.m.
Cuisine, live music & desserts
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
(510) 632-9523 x 158

Saturday, Jun 23
Reading and book signing by Laura Austin Wiley
1 - 3 p.m.
Author reading Playing Hooky
Books on B
1014 B Street, Hayward
(510) 538-3943

Saturday, Jun 23
Fitness, Nutrition, and Trigger Points
2 p.m.
Learn about fitness from Christopher Randle, acupuncturist for the Warriors
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Jun 23 - Sunday, Jun 24
Relay for Life - Tri-City F.U.N.
10 a.m.
Cancer walk, entertainment, activities
Newark Community Park
35501 Cedar Blvd., Newark
(510) 742-4840
www.relayforlife.org/tricityfunca

Saturday, Jun 23 - Sunday, Jun 24
Hayward Radio Club Field Day
11 a.m.
Demonstration of amateur radio
Air National Guard Base
1651 West Winton Ave, Hayward
(510) 924-2040
www.k6eag.org

Saturday, Jun 23
Milpitas Historical Society Annual Tour R
9 a.m.
Free bus tour of historical sites. Meet at Entrance 4
Great Mall
447 Great Mall Dr., Milpitas
(408) 956-2033
(408) 489-7657

Saturday, Jun 23
Keep Hayward Clean and Green R
8:30 a.m. - 12 noon
25051 Whitman St.
Downtown Hayward
(510) 537-2424
www.hayward.org

Saturday, Jun 23
Fixit Clinic
1 - 4 p.m.
Fix your broken items
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
fixitclinic.blogspot.com

Sunday, Jun 24
Wake Up the Farm \$
10:30 a.m. - 11:00 a.m.
Prepare morning snack for farm animals
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jun 24
Hay Harvesting \$
1 p.m. - 3 p.m.
Load and stack freshly mowed hay
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jun 24
Berry-Picking Basket R\$
10 a.m. - Noon
Create a basket out of tule. Ages 18+
Coyote Hills
8000 Patterson Ranch Road,
Fremont
(510) 544-3220
www.ebparks.org

Sunday, Jun 24
Books & Brunch
11 - 12:30 p.m.
Discuss books over breakfast. This week: Between the World and Me
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464
www.aclibrary.org

Tuesday, Jun 26
Summer Concert Series
6:15 p.m. - 8:15 p.m.
The Houserockers
Murphy Park
1645 Yellowstone Ave, Milpitas
(408) 586-3210
http://www.ci.milpitas.ca.gov/milpitas/departments/recreation-services/37244-2/

Wednesday, Jun 27
Family Movie Night: Lego Batman Movie
8 p.m.
Bring lawn chairs, blankets and snacks. Film rated PG
Washington Manor Park
14900 Zelma St., San Leandro
(510) 577-3462
www.sanleandro.org

Irma Louise Vargas celebrates 100th birthday

SUBMITTED BY ELAINE VARGAS RODGERS

Irma Louise Vargas celebrated her 100th Birthday Wednesday, June 13, 2018 surrounded by her family and friends at the Brookdale Care Facility. She is a native of Mission San, the Daughter of Mr. and Mrs. Joseph Azevedo, who had an apricot orchard on Mission Boulevard. She married Frank Vargas (deceased), and had a son Richard (deceased), daughter-in-law Virginia, and two grandchildren. Irma Louise is a graduate of Washington High School, Class of 1936. She belongs to the Parish of St. Joseph's in Mission San Jose and was an active member of many Portuguese Organizations. Her favorite past time is playing Bingo.



AC Transit unveils new third phase of AC GO

SUBMITTED BY ROBERT LYLES

The Alameda-Contra Costa Transit District (AC Transit) recently announced the third installment of AC Go — AC Transit's unprecedented expansion in the number of operating buses, service hours and the streamlining of routes for improved reliability. This iteration of service changes is now in effect and includes routes in Hayward, San Leandro, and the unincorporated areas of Castro Valley, Ashland, Cherryland, and San Lorenzo.

Riders in these communities will experience route redesigns that share corridors for improved frequency, and some bus stop optimizations. AC Transit riders, in these Central Alameda County communities, will experience a better ride via the following newly created bus lines.

New bus lines, service areas and additions:

- Line 28: Hayward BART to San Leandro BART via Castro Valley, Bay Fair BART, and Alvarado Street
 - Line 34: Foothill Square to Hayward BART via downtown San Leandro, Washington Manor, and Meekland Avenue
 - Line 35: Foothill Square to Bay Fair BART via downtown San Leandro, San Leandro Marina, and Lewelling Boulevard
 - Line 41: Hayward BART to Union Landing Transit Center via Whitman Street, Gading Road, South Hayward BART, and Huntwood Avenue
 - Line 56: Hayward BART to Union Landing Transit Center via Alameda County Offices, Underwood Avenue, Ruus Road, and Industrial Parkway West
- Service improvements, extension of routes and service hours:
- Line 60: Extension to Chabot College via Winton Avenue and Southland Mall – hours extended

to 11:00 pm on weekdays and weekends

- Line 83: Frequency increases from 60 minutes to 30 minutes
- Line 86: Full route from Hayward BART to South Hayward BART – served both weekdays and weekends
- Line 93: Frequency increase from 60 minutes to 40 minutes on weekdays

Route redesign to operate from Bay Fair BART to Castro Valley BART via San Lorenzo, A Street and Grove Way

Numerous other existing routes have also undergone redesign to enhance hours of operation with the added advantage of serving more Central Alameda County destinations. More information, including all AC Transit maps and schedules, is available online at www.actransit.org or by calling Customer Service at (510) 891-4777.

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510-661-9147
152 Anza St., Fremont
rwkendrickjr@yahoo.com

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Sat, Sunday 9-9

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LETTER TO THE EDITOR

Safety on Morrison Canyon Road

Single-lane Morrison Canyon Road was designed for horse-drawn wagons and carved through a steep canyon in the 19th century. The road is narrow (nine-feet wide), dangerous and substandard. For the better part of the last century, locals have been walking and biking on the formerly-peaceful, wooded path. However, it carries a surge of afternoon commuters from Mission Blvd to the Vargas Road ramp for I680, and head-on conflicts are not uncommon.

Alarminglly, illegal roadside dumping has left piles of trash along the creek. Mission Peak Conservancy is asking Alameda County Flood Control and city Environmental Services to clean up the creek and put a stop to the dumping.

The city council will vote soon on specific plans to make the road safer and protect the creek. If motor vehicles were restricted, the illegal dumping would slow down or stop. The park district could someday acquire land in the canyon and convert the road to a scenic walking trail. Ask your elected officials to put environmental protection and pedestrian safety on the front burner, at the city council meeting on June 19, 2018.

Kelly Abreu
Mission Peak Conservancy

Free eye checks

SUBMITTED BY STEPHEN HOUSE

As a public service, the Dawn Breakers Lions Club of Fremont will be performing free eye screenings during the Fremont Street Eats program on Friday, June 22.

With a snap of the Spot Camera Vision Screener adults and children as young as 6 months old can get a basic check of their eyes. It is especially useful for children that have trouble communicating vision issues. The Spot Camera program is bringing the latest technology to the Fremont community. The public is encouraged to come check out the camera and talk to the Lions about how these cameras are being used throughout Alameda county.

Club members will also be accepting donations of used prescription eyeglasses for the Lions in Sight of California and Nevada. These eyeglasses are used to change lives all over the world. All types of glasses are accepted. Children-sized glasses are especially needed.

The outdoor Street Eats food event will be 4:30 p.m. to 9:00 p.m. Friday, June 22 on Capitol Avenue between State Street and Fremont Boulevard. Admission is free.

Since 1974 the Dawn Breakers have been serving the Fremont area, notably with a scholarship program supporting both the California School of the Blind and the California School for the Deaf. For more information about the group, including future Street Eats dates, send an email to: dawnbreakerslion-sclub@gmail.com.

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Alameda County Healthy Homes Department

HOME REPAIR GRANTS

Minor Home Repair Program

This program provides small grants to low-income homeowners for minor
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and other minor health and safety repairs.

Lead Hazard Repair Program

Grant funds are available to address lead hazards in older housing with
lower income occupants. Housing built before 1960 with children under
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For more information call the Alameda County Healthy Homes Department

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Park It

By NED MACKAY

Naturalist Programs in the Regional Parks

No matter the season, the
East Bay Regional Park District's
nature educators offer enjoyable,
interactive programs in the
parklands, and there's a topic for
every interest.

There are a couple of good
programs coming soon at Black
Diamond Mines Regional
Preserve in Antioch.

'Snakes Fast and Slow' is from 9
to 11 a.m. on Saturday, June 23
with naturalist Eddie Willis.
featuring the Alameda whipsnake
and other reptiles for which the
park is a safe home. And from
1 to 2 p.m. Sunday, June 24,
Eddie will preside over 'Owl
Barfology.' Owls help to keep
down the rodent population, and
you can dissect an owl pellet to
find out what the birds have been
eating.

Both programs meet at the
parking lot at the upper end of
Somerville Road, 3.5 miles south
of Highway 4. While you're at
Black Diamond Mines, check out
the underground Greathouse
Visitor Center, where you can also
purchase tickets for the newly
expanded mine tour. Greathouse
entry is free; the tours cost \$5 per
person and are restricted to ages
seven and older.

The cool thing about the mines
is that it's always about 57 degrees
underground, regardless of the
outside temperature. For Black
Diamond information, call (888)
327-2757, ext. 2750.

At Big Break Regional
Shoreline in Oakley, there's an easy,
one-mile stroll planned through
the willows atop the levee to look
for various plants and evidence of
wildlife. It's from 2 to 3 p.m. on
Sunday, June 24.

Big Break is at 69 Big Break
Road off Oakley's Main Street.
Call (888) 327-2757, ext. 3050.

Insects are the focus of two
upcoming programs at Tilden
Nature Area near Berkeley.
Naturalist Anthony Fisher will lead
a safari from 10 a.m. to noon on
Saturday, June 23 in search of
insects in grasses and trees. You can
view the results under the
superscope, which will probably
make you grateful that the bugs
aren't any bigger. Anthony also
plans a steep hike to Wildcat Peak
in search of spring vegetation and
grand views of the Bay. It's from
2:00 to 3:30 p.m. the same day.

Naturalist Trent Pearce will
lead a catch-and-release insect
expedition to Vollmer Peak from
2 to 3:30 p.m. on Sunday, June
24. Nets will be provided.

For either of Anthony's
programs, meet at Tilden's
Environmental Education Center,
which is at the north end of
Central Park Drive. For Trent's
insect program, meet at the
Vollmer Peak Trailhead, which is
on the road that leads off Lomas
Cantadas, near the Steam Train.

For directions and more
information on all three of these
programs, call (510) 544-2233.

A couple of interesting
programs are on the books for
Wednesday, June 27. The first is a
Wednesday Walk from 9:30 a.m.
to 1:00 p.m. at Garin Regional
Park in Hayward. The Wednesday
Walks are naturalist-led hikes to
explore various regional parks.
This one is a moderately strenuous
four-miler led by Christina Garcia.
Garin Park is at the end of Garin
Avenue off Mission Boulevard.
Meet at the red barn near the
parking lot. For information, call
(510) 544-3282.

The other is a full moon walk
from 7:30 to 9:30 p.m. the same
day at Anthony Chabot Regional
Park, led by naturalist Susan
Ramos. It's a short walk to a
hilltop to view the rising full
moon. Bring a snack and blankets
to sit on.

Meet at the parking area
down Marciel Road, accessed via
Chabot's Marciel Gate. Marciel

Gate is on Redwood Road about
halfway between Oakland and
Castro Valley. Drive towards the
campground. For information
and directions, call
(510) 544-3187.

At Coyote Hills Regional Park
in Fremont, a volunteer work
session is planned from 9 a.m. to
11 a.m. on Saturday, June 30 at
the park's reconstructed Ohlone
village, led by naturalist Kristina
Parkison. Volunteers will learn
about Native American culture
while cleaning, weeding, and
renewing the village structures.
Snacks, water, gloves and tools
will be provided.

The activity is for ages 12 and
older and registration is required.
For registration and information,
call (888) 327-2757. Select
option 2 and refer to program
number 20725.

This is just a sample. For a
complete listing of park district
programs and facilities, visit the
website, www.ebparks.org.

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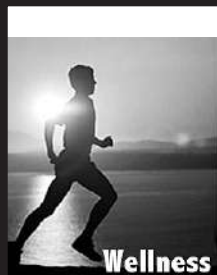
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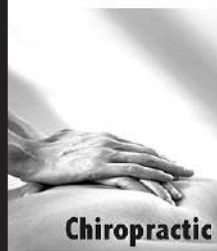
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SPORTS

Youth volleyball instructional league
opens registration

SUBMITTED BY ANAHI TORRES

The United States Youth Volleyball League (USYVL) announced that registration for the 2018 fall program in Fremont, California is open. The instructional volleyball league will provide boys and girls ages 7-15 the opportunity to learn and play volleyball in a fun, safe, and supervised environment.

The eight-week developmental league provides participants instruction twice per week that is designed to teach basic volleyball skills in a positive environment. The program is structured around the principles of participation, teamwork, skill development, sportsmanship, and fun. Practices and games operate in a coed format and offer participants the opportunity to develop self-esteem and confidence.

USYVL's Fremont league will begin September 12th and run through November 3rd at Irvington Community Park. Practices for the league will be held on Wednesdays 5:30 PM – 6:30 PM and

games on Saturdays 10:00 a.m. – 11:00 a.m. Registration for participants is currently available online at www.usyvl.org. The registration price includes a volleyball, t-shirt, and end of season participation award.

USYVL is a volunteer organization that is built around community involvement. Under the direction of the USYVL National Office, Site Director, Clinician (Volleyball Instructor), parents, and volunteers assist with coaching, equipment set-up, and administrative duties. The league offers multiple opportunities for parents to be actively involved in the success of the program. Individuals interested in volunteering with USYVL can click on the "Get Involved" section of our website.

For information on registration, programs, locations, schedules or volunteer opportunities visit www.usyvl.org or contact us at 1-888-988-7985 or info@usyvl.org.

Life Chiropractic College West
Gladiatrix Repeat as
D1 National Champions

SUBMITTED BY
MARGARITA ABLAZA

Life Chiropractic College West congratulates the women's rugby team, The Life West Gladiatrix for competing at the highest level and winning the recent Emirates Airline USA Rugby Women's Club D1 National Championship held in Glendale, CO. Not only has the team dominated in the sport of rugby, they have also spread awareness of the power of vitalistic chiropractic. Catie Benson earned Most Valuable Player honors, scoring four tries and providing the spark the Gladiatrix needed to cruise to their victory.

Dominance is a word that denotes the Gladiatrix rise to the top. Their undefeated streak spans over three seasons — and in those seasons they have captured two

D1 National Championships and a D2 National Championship back in 2016. The players and coaching staff continue to rise to the challenge, "We have a group of committed players who work extremely hard on and off the field. We want players to drive their own development and challenge themselves to work hard on the areas of their game they need to improve," says Life West Athletic Director, Adriaan Ferris.

The team is built with veterans, Catie Benson, Amy Naber, Elizabeth Cairns, Hali Deters and Jenn Severs. The Gladiatrix have more depth this year with the additions of USA Eagle player Nicole Strasko, and first-year player, Madison Porter.

Dominance of the Life West Gladiatrix for the past three seasons has caught the eye of the



Women's Premier League. The WPL, which celebrates its 10th season this fall, had suspended its promotion/relegation process when the National Championships moved to the spring season. The league grew to 10 teams starting in 2017, and now the WPL will reinstate the challenge matches. WPL commissioner, Milla Sanes, has invited the Gladiatrix to challenge the bottom two teams of the WPL 2018 season for inclusion in the 2019 season.

The College would like to thank rugby sponsors, California Capital & Investment Group, Standard Process, Erchonia, RockTape, and Canterbury Clothing Company for their continued support. They also acknowledge Drs. Scott Lessard and Robert Logan from the Life Chiropractic College West Sports Performance Institute for providing chiropractic performance care to all athletes.

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SUNDAY JULY 1ST 2018

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* 10AM - 12PM (AGES 8-12)

* 12:45 PM REGISTRATION
1PM - 3:30PM (AGES 13-17)

* 1PM - 3PM (AGES 13-17)

Summer fun at ‘Truth Thursdays’



SUBMITTED BY LAUREN SPINELLI

Downtown San Leandro’s “Truth Thursdays” returns on Thursday, June 28, bringing more food and fun to surround the iconic 55-foot “Truth is Beauty” statue at the San Leandro Tech Campus. The event features multiple food trucks presented by Food Truck Mafia, beer, wine, recreational games, and live entertainment.

Food trucks and live music are rotating each month, so the community can return to expect something new at every event. All can also enjoy recreational games like corn hole and bocce ball on the grass in front of “Truth is Beauty” in addition

to the live music, food and drinks for the entire evening.

Dates for the remaining 2018 “Truth Thursdays” summer event series are Thursday, July 26 and Thursday, August 23.

Truth Thursdays
Thursday, Jun 28
5 p.m. – 9 p.m.
San Leandro Tech Campus
1600 Alvarado St, San Leandro
(510) 281-0703
www.downtownsanleandro.com
Free

Centerville
American/Fremont
American
win District 14
Junior
Shaughnessy



Baseball

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

CA/FA (Centerville American/Fremont American Little Leagues) handled the Juniors from Niles-Centerville LL 13-8 to advance on June 15th. Meanwhile, Warm Springs LL (WSLL) and Mission San Jose LL (MSJLL) Juniors fought until the last out, a double play on a fly ball caught by the WSLL right fielder, throwing a strike to his catcher in time to nab the runner coming from third, who tagged up on the fly ball. WSLL emerged with a 12-11 victory.

It all came down to a showdown between CA/FA and WSLL on June 16th. In a thrilling game, CA/FA won the contest during which each team gained and lost the lead. This was not to be an easy victory for either team as even in a losing effort, WSLL threatened with baserunners in the final innings. Final score: CA/FA 10, WSLL 8.

Congratulations to all teams for an exciting series and to Centerville American and Fremont American Little Leagues on their victory at the 2018 CA District 14 Junior Shaughnessy!

A’s, B’s and O’s are missing

SUBMITTED BY CHRISTINE WELCH

Every two seconds, someone in the U.S. needs blood. But for the past four years, new Red Cross donors have declined by about 80,000 each year. This is not just a Red Cross trend, but a challenge that blood collection organizations face across the country and around the world.

As part of an international movement, the American Red Cross is launching the Missing Types campaign today to recruit new blood donors—and those who have not given recently—to ensure lifesaving blood is available for patients. During the Missing Types campaign, the letters A, B and O—the main blood groups—will disappear from brands, social media pages, signs, and websites to illustrate the critical role of every blood donor. When the letters A, B and O vanish from everyday life, the gaps are striking. And when A, B and O blood types are missing from hospital shelves, patient care could be impacted.

“Unfortunately, blood shortages still happen, and the number of new Red Cross blood donors is shrinking each year,” said Cliff Numark, senior vice president, Red Cross Blood Services. “That’s why the Red Cross is asking those who have never donated blood and those who haven’t given in a while to make a lifesaving donation. You are the missing type patients need.”

Don’t wait until the letters A, B and O go missing from hospital shelves. Join the #MissingType movement today—make an appointment to give blood by visiting RedCross-Blood.org/MissingTypes, using the Red Cross Blood Donor App or calling 1-800-RED CROSS (1-800-733-2767).

Donating blood is a simple process and only takes about an hour from start to finish:

- Registration: Sign in, show ID and read required information.
- Health check: Answer questions and receive a mini-physical.
- Donation: Giving a pint of blood only takes about eight to 10 minutes.
- Refreshments: Donors enjoy snacks and relax before resuming their day.

The Red Cross appreciates the support of its 18 lead partners who have joined the #MissingType campaign,

including: Adobe, Anheuser-Busch, AvalonBay Communities, Inc., Domino’s, Dropbox, Google, IBM, Land O’Lakes, Inc., Mastercard, Nationwide, Neiman Marcus, the New York Yankees, Oreo, PayPal, Salesforce, State Farm®, Sunoco and U.S. Bank.

Blood donation opportunities: Castro Valley

6/29/2018: 9 a.m. - 3 p.m., Eden Medical Center, 20101 Lake Chabot Road

Newark (All times at Fremont - Newark Blood Donation Center, 39227 Cedar Boulevard)

6/19/2018: 11:45 a.m. - 6:15 p.m.
6/20/2018: 11:45 a.m. - 6:30 p.m.
6/21/2018: 11:45 a.m. - 6:30 p.m.
6/22/2018: 8:15 a.m. - 3 p.m.
6/23/2018: 8:15 a.m. - 3 p.m.
6/24/2018: 8:15 a.m. - 2:45 p.m.
6/26/2018: 11:45 a.m. - 6:15 p.m.
6/27/2018: 11:45 a.m. - 6:30 p.m.
6/28/2018: 11:45 a.m. - 6:30 p.m.
6/29/2018: 8:15 a.m. - 3 p.m.
6/30/2018: 8:15 a.m. - 3 p.m.
7/3/2018: 11:45 a.m. - 6:30 p.m.

LETTER TO THE EDITOR

Peterson Farm

In two previous letters, Elizabeth Ames and Subru Bhat both discuss the East-West Corridor and its effect on the open land around the Peterson Farm. What is missing from the discussion, although Ms. Ames does mention it briefly, is the historical significance of the Peterson Farm.

John H. Peterson farm as built in 1884. In 1994, Ward Hill, an historical architect, reviewed the Peterson farm and found it be historically significant under Criteria A and C for the National Register of Historic Places. He also found it historically significant under Criteria 1 and 3 of the California Register of Historic Resources.

Basin Research also performed an historic analysis of the farm in March 1995 and came to the same conclusions as Ward Hill. In October 1995, the State Historic Preservation Office agreed with the conclusions of both Ward Hill and Basin Research. An updated historical analysis was done in 2008 by ICF Jones & Stokes and agreed with all the previous conclusions about the historical significance of the Peterson Farm.

No other building in Union City has been so thoroughly reviewed for historical significance. Alvarado and Decoto were founded as farming towns; the Peterson farm is one of the few farmhouses left in Union City.

The Final EIR (April 2009) for the East-West Connector shows that the new roadway (including the new path of Quarry Lakes Drive) will not touch any buildings on the Peterson farm. What is worrisome is the Special Area Elements document (Feb. 1, 2018) from the City of Union City in which the area around the Peterson Farm is labeled the Gateway Site. The document shows housing proposed for the Peterson farm. Policies listed for the Gateway Site make no mention of the Peterson farm, which leads to the conclusion that City of Union City does not consider the Peterson farm historically significant and that it will be demolished.

The City of Union City has consistently allowed older buildings to be demolished stating that their lack of historical significance did not allow the City to deny demolition applications. The Peterson farm has thrice been deemed historically significant. Hopefully that will be enough to allow the building to be preserved for future generations.

Timothy Swenson
Secretary, Washington
Township Museum of
Local History
Secretary, Washington
Township Historical Society

Castro Valley sailor participates in the Wounded Warrior Games 2018



SUBMITTED BY
MC3 THEODORE QUINTANA
(NAVY OFFICE OF
COMMUNITY OUTREACH)
PHOTO BY PETTY OFFICER
1ST CLASS MARCUS STANLEY

Senior Chief Master-at-Arms David Mills, from Castro Valley,

Calif., marks his score sheet during the archery competition at the 2018 Department of Defense Warrior Games at the U.S. Air Force Academy in Colorado Springs, Colo. Team Navy is comprised of athletes from Navy Wounded Warrior- Safe Harbor, the Navy’s sole organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors and Coast Guard members, providing resources and support to their families.

HONOR ROLL

University of Dayton 2018 Dean’s List
Laura Hubacek of Fremont

Hofstra University 2018 Provost’s List
Matthew Saleem of Fremont

Mary Baldwin University May 20 graduation
Eunbee Choi of Fremont, Bachelor of Science

State University of New York at New Paltz
Spring 2018 Dean’s List
Jeffrey Pietkiewicz of Fremont
University of Dayton Spring 2018 Dean’s List
Laura Hubacek of Fremont

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Fremont City Council

June 12, 2018

Consent Calendar:

- Authorize five-year agreement with Mission Peak Heritage Foundation for use of Shinn House.
 - Approve 2018 cape and slurry seal project with California Pavement Maintenance Company, Inc. for \$3,707,402.95.
 - Authorize purchase of sweeper vehicle from Atlantic Machinery, Inc. in an amount not-to-exceed \$258,788.12.
 - Authorize two-year agreement with Central Valley Toxicology for forensic toxicology testing services for the police department.
 - Adopt City of Fremont Salary Schedule incorporating salary changes resulting from MOU negotiations and any changes implemented by the City Manager. The salary schedule reflects negotiated pay increases which go into effect on June 24, 2018.
 - Authorize a professional services agreement with Kittelson & Associates, Inc. in an amount not-to-exceed \$234,372.52 for a systemic safety analysis report.
- Public Communications:**
- Public comment commending those involved with Mission San Jose Town Center Task Force.
 - Public comment regarding the need for pedestrian pathways around Harvey Community Park.
 - Chris Moylan, District Director for Congressman

Ro Khanna spoke about Mini Roundtable for Pride Month to discuss federal laws and congress actions scheduled for June 23rd; up to 100 members of the public are invited with signups available at the congressman’s website. He clarified responses at a recent town hall meeting held in Fremont last weekend saying that only none-campaign related and house business items can be addressed at these meetings. Other comments will violate congressional ethics.

Scheduled Items:

- Second public hearing and adoption of 2018/19 Operating Budget and Appropriations Limit. Public speaker commented about the impact fees on immediate neighborhood of development and how these fees will integrate with the city as a whole.

Other Business:

- Approve increase of salaries for the mayor and councilmembers using the annual salary increases approved for all City employees (except police) of 3.00% increases effective July 1, 2017, and July 1, 2018. At that annualized rate, Councilmembers’ salaries will increase to \$2,247.93 per month and the Mayor’s salary increases to \$3,993.78 per month. Salary increases would become effective upon the seating of the newly elected City Council in December 2018.

PASSED 4-1 (Nay, Salwan)

Mayor Lily Mei	Aye
Vice Mayor Vinnie Bacon	Aye
Rick Jones	Aye
Raj Salwan	Aye, 1 Nay
David Bonaccorsi	Aye

\$3.1 Billion Budget Proposed for Alameda County

SUBMITTED BY GUY ASHLEY

Alameda County Administrator Susan S. Muranishi has proposed a \$3.1 billion County Budget for FY 2018- 19 that is balanced and would close a \$65.9 million funding gap without significant reductions to services or staff.

Muranishi said the proposed spending plan includes funding increases to community service providers, allows the County to continue building its financial reserves, and supports a workforce of more than 9,700 employees. It also expands funding for initiatives addressing some of the County’s most difficult challenges—including the lack of affordable housing, chronic homelessness, and maintenance and improvement of aging infrastructure. These efforts benefit from a strong regional economy and energized housing market that continue to provide much-needed revenues to the County.

The Proposed Budget was presented June 12 to the Alameda County Board of Supervisors against a backdrop of concern about what lies ahead. While County finances are sound, the current economic expansion is less than a month shy of becoming the longest in modern history. Many economists are predicting a recession within the next two years, which will create significant challenges in funding services for County residents.

As it is, the task of keeping the County’s budget in balance is complicated by many factors, including rising employee salary and benefit costs, growing pension obligations, and expanding financial responsibility for mandated services such as

In-Home Supportive Services for the elderly and disabled.

Even as local communities benefit from the region’s robust economy—including an unemployment rate that is about half of what it was four years ago—demand for County-administered safety net services remains high. Soaring home prices and a lack of affordable housing surely play a role, as relatively sluggish wage growth for lower- and middle-income workers results in many residents—even those working full-time—struggling to make ends meet.

“Our resources remain under significant strain, as many residents find it extremely difficult to cover the costs of housing and other basic necessities,” said Wilma Chan, President of the Alameda County Board of Supervisors.

Rising real estate values have fueled a nearly 7 percent increase in the County’s assessment roll, resulting in increased revenues for the County. This helps the County fund increases to many of the Community Based Organizations (CBOs) that receive County General Fund support. As proposed, annual spending by the County will grow to about \$558 million to the 332 CBOs that provide health and human services, housing, community development, and public safety services.

This year’s \$65.9 million funding gap underscores the fact that—even with bolstered property tax revenue—Alameda County is grappling with a structural deficit in which State and federal funding combined with limited discretionary revenues continue to fall short of the rising cost of providing services to residents.

TAKES FROM SILICON VALLEY EAST

Bay Area Makes another Move toward Greater Regional Collaboration

By KARA GROSS, EXECUTIVE DIRECTOR, SILICON VALLEY ECONOMIC DEVELOPMENT ALLIANCE

Last month, the Bay Area took a big step toward coordinating its varied economic development interests across the region by adopting a Comprehensive Economic Development Strategy (CEDS). Led by the Association of Bay Area Governments (ABAG) and the Metropolitan Transportation Commission (MTC), this effort will ultimately lead to the designation of a Regional Economic Development District (EDD) by the U.S. Department of Economic Development.

This designation, leveraged by many other metropolitan areas, will make jurisdictions and organizations in the Bay Area more competitive for grants and other programs from federal and state agencies and foundations. Becoming a regional EDD also establishes a framework for intraregional cooperation on economic initiatives and concerns among elected officials and jurisdictions, economic, workforce, business, labor, and community organizations and directly with businesses.

The concept of an EDD is not new, and other metropolitan areas have utilized the tool for years as a way to organize major initiatives or projects. The truth is that the Bay Area has prospered for so long, thanks to the strength of its economic assets, that the need for an EDD was historically not obvious. However, with

The projected funding gap represents the difference between the cost of maintaining existing programs and projected revenues. The Proposed Budget would close more than half of the funding gap by using Fiscal Management Reward savings accrued by County agencies/ departments that have operated well within budget to avoid future funding cuts and maintain the continuity of services. With over 60 percent of its General Fund budget supported by State and federal revenue, including Medicaid and Medicare charges for services, uncertainty over those sources add to the complexity of Alameda County’s fiscal outlook.

The sweeping tax cuts signed by President Trump in late 2017 have prompted predictions of spiraling federal deficits, which over time could result in cuts to safety net programs and a rise in interest rates that could slow down the economy and make it more expensive for local governments to finance capital projects.

Threatened moves to weaken the Affordable Care Act (ACA) would also negatively impact the County’s health care delivery system, while grants funding vital law enforcement services may be at risk as the US Department of Justice considers shifting eligibility requirements based on compliance with current immigration priorities.

Questions about State support for local government also persist. With State finances surging amid California’s continued economic expansion, Governor Brown remains committed to building State reserves and holding the line on spending for local priorities such as affordable housing, subsidized childcare,

serious issues like housing and transportation necessitating much stronger regional collaboration, a shifting perspective is afoot with local leaders and influencers more often speaking on behalf of the Bay Area, not one jurisdiction over another.

And let’s face it, other regions across the U.S. are making great strides, and it’s important for the Bay Area to be proactive to maintain its competitive edge. As an example, one of the most important outcomes of the CEDS is the creation of Priority Production Area (PPA) designations. This policy provides a framework for encouraging land use decisions that protect industrially zoned or employment-generating land, recognizing that these areas contribute heavily to the region’s economic vitality. PPAs will help ensure that the region can continue to accommodate manufacturing and other supply chain activities.

Creating the EDD and the process of producing the CEDS will improve our collective understanding of the regional economy and can support broader initiatives within a wide range of federal, state, foundation and local partners. In turn, it will facilitate a much greater ability to address shared problems, realize mutual goals, and leverage regional resources.

To learn more about the Bay Area Regional Economic Development District visit https://abag.ca.gov/planning/economic_more.html#recent.

and assistance to seniors, undocumented immigrants and other vulnerable populations.

These uncertainties further complicate long-term planning efforts by the Board of Supervisors. Earlier this year, the Board approved a new strategic plan, ‘Vision 2026,’ that outlines County priorities for advancing local communities toward a healthy, prosperous future. Details about the plan are vision2026.acgov.org

Supervisor Keith Carson, who chairs Alameda County’s Budget Workgroup, said fiscal discipline and strong management by County department heads are allowing the County to keep its finances in order without disrupting services. This is no small feat and—with the threat of an economic downturn looming—it’s not going to get any easier.

“While our finances are relatively stable during what historically are pretty good times, we’ve got to get out in front of some looming challenges that await us,” Carson said, “If we don’t, many vital services in our communities will be placed in peril.”

The Proposed Budget will be the focus of Budget Hearings held by the Board of Supervisors June 25-27. The Board is scheduled to adopt the Final Alameda County Budget for 2018-2019 on Friday, June 29. All sessions will be in the Board of Supervisors Chambers, 1221 Oak Street, 5th Floor, Oakland. For more information contact Susan S. Muranishi, Alameda County Administrator (510) 272-6984.

OPINION



WILLIAM MARSHAK

Just as individuals and families struggle to define and allocate income within a reasonable budget, so does government. It's difficult enough when a couple tries to match hopes and dreams with reality, but when a larger group with significantly different priorities tries to do the same, it can be a complex and confusing process. Finance professionals at all levels of government try to make sense of this by submitting [hopefully] logical and accurate reports to unravel the fiscal weave of income and costs. This is no easy task when not only is income a moving target but when it is received can be variable as well. As a consequence, budgets are almost always estimates, subject to revisions on a continual basis.

For those who follow public agendas, it is obvious that at this time of year local councils and boards are asked to consider and approve budgets that may actually extend over multiple years. It can be confusing to follow the trail of priorities and projects that span many years; some remain incomplete and unfunded. For example, Fremont's Capital Improvement Plan (CIP) spans five years but has a

Money is the root of all budgets

two-year cycle for capital investment projects and infrastructure maintenance. It can be updated at any time since priorities, income and expenditures may change dramatically during that time. However, even when long term economics are uncertain, it makes sense to plan ahead.

An Operating Budget is composed and reviewed annually. It is here that a myriad of cash flows is analyzed and described. A massive document, due to the efforts of finance departments, attempts to be comprehensive, yet understandable for public officials and the general population. Many of our cities have received the prestigious Government Finance Officers Association (GFOA) of the United States and Canada Distinguished Budget Presentation Award that recognizes the results as an exceptional document, "a policy document, as an operations guide, as a financial plan and as a communications device."

Do you want to know how much your government spends and what it intends to do with your tax dollars over the next year or multiple years? Are you interested in salaries and compensation or department priorities? Budget documents will reveal the answers – although often raising new questions. A truly transparent government reveals its income and expenditures to everyone for inspection and discussion. As an important part of our democratic system, budgets are a critical part of the process. Not only does the budget attempt to define city/county/board priorities and use of funds, it may also assess a larger financial

picture to understand outside factors that could influence the amount and collection of funds – and therefore expenditures. We, the public, are given an opportunity to weigh in at work sessions and public hearings preceding approval of these documents. Although current budget considerations are in the final stages, this is an ongoing process, so careful consideration is never out of date.

Just as families try to maintain a "rainy day" fund, so do larger organizations. How much is enough? And, is it feasible to put such funds aside? Is money received from a particular source restricted to a specific use? If so, how flexible is this fund? Another consideration is when and how to reallocate funds when no longer needed for a particular project?

Even with a cursory look at your local budget, most will find that with just a bit of concentration, these documents are understandable and make sense. This is your opportunity to inspect your government at its roots, to see how it really works. Take a little time and check out the CIP and Operating Budget for your city, county or public organization [usually found online]. It will give you a sense of participation and reveal a wealth of knowledge about their operations.

William Marshak
PUBLISHER

Alameda County wins big in national awards program

SUBMITTED BY GUY ASHLEY

Alameda County made a stellar showing in this year's National Association of Counties (NACo) awards program, drawing national distinction with 19 Achievement Awards for innovations and accomplishments covering a wide range of services. One of the winning Alameda County programs, an effort led by the Department of Public Health to improve immunization rates in local schools, was named Best in Category (Civic Education and Public Information). Public Health's "Community Immunity Honor Society," helped spark a one-year immunization rate improvement in local schools of nearly eight percent, highest in California. "Alameda County surpassed the State average and became one of the best immunized counties in California," NACo said in announcing the award.

The County's haul of NACo Achievement Awards was impressive not only for its large number, but for the diverse array of services commended by judges from around the country. Award-winning programs included campaigns to reduce gun violence and improve residents' health; a new app that gives users instant information on the latest road closures; and numerous innovations to improve business practices and reduce waste. "This past year has been marked by amazing work across the County organization," said Susan S. Muranishi, County Administrator. "Our impressive showing in this year's NACo awards should be a source of pride for every member of our workforce."

In addition to Public Health's countywide school immunization program, Alameda County's 18 other Achievement Award winners were:

- Authorized Approvers System for Online Forms
- Boards and Commissions App
- IMPROVE.NET, business/personal property valuation system

- Reimagining the Ashland-Cherryland Healthy Community Collaborative
- "Save a Life Gun Safety Campaign and Toolkit
- Contract Renewal Management System for Community-based Organizations
- Special Assessments Portal for Taxing Agencies
- Care Partners
- Shoo the Flu, Influenza Vaccination in Schools
- ULEP Mental Health Services Impact Assessment Tools
- CalWORKs Public Service Trainee Program
- Advanced Visibility in the Cloud
- Earned Income Tax Credit (EITC) Online Appointment Scheduling
- League of Women Voters Affidavit Tracker
- Technology Refresh of Desktop Environment
- Wellness at Work
- Emergency Tracking System
- Road Closures Tool

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SB 262 creates new climate agency

SUBMITTED BY
JEFF BARBOSA

The California Assembly Natural Resources Committee overwhelmingly passed a bill by Senator Bob Wieckowski (D-Fremont) on June 11 to create the California Council for Adaptation and Resiliency (CCAR) to maintain a climate adaptation clearinghouse, provide technical and scientific support to local, regional and state agencies, and to handle various climate adaptation resiliency and financing documents.

SB 262 builds on legislation authored by Wieckowski in 2015 that created the Integrated Climate Adaptation and Resiliency Program (ICARP). It provides a permanent structure in the Office of Planning Resources for state, local, and regional collaboration on climate adaptation.

“Comprehensive adaptation and resiliency actions are crucial

to protect California from the unavoidable impacts of climate change on our environment and our infrastructure,” said Wieckowski, the chair of the Senate Environmental Quality Committee. “Many scientific forecasts on climate change are finding the effects could be more devastating than previous estimates. Whether it is rising sea levels, more extreme weather events, or vector borne diseases, adapting to these challenges, requires improved collaboration, access to the latest scientific and technical information and financing. SB 262 will improve the state’s interactions with local governments, agencies and non-profits on climate change.”

After the Little Hoover Commission issued a report, “Governing California Through Climate Change” that found there was a need for a more unified approach to adaptation from the state government, Wieckowski

chaired a series of hearings across California in 2015. He successfully authored SB 246 that year to create the ICARP, an information clearinghouse, and technical advisory council.

The East Bay Regional Parks District supports SB 262. “As operators of over 55 miles of Bay-Delta shoreline and 121,000 acres of open space, the East Bay Regional Park District experiences firsthand the effects of a changing climate on natural and built infrastructure,” said EBRPD General Manager Robert E. Doyle. “EBRPD supports SB 262 to enhance California’s coordination of climate adaptation strategies and protect infrastructure for years to come.”

The bill is also supported by the Midpeninsula Regional Open Space District, the Union of Concerned Scientists, U.S. Resiliency Council, and other organizations.

LETTER TO THE EDITOR

Rowell Ranch rodeo

I am writing to express my disgust regarding the atrocities that took place at Rowell Ranch last month. The rodeo has a long, incredibly well-documented history of violence and egregious animal abuse.

Anybody can file a CA Public Records Act request with the DCA (department of consumer affairs) for the “rodeo reporting forms.” These are the forms that the veterinarians are required to complete for injured or killed rodeo animals.

You can see multiple samples of these reporting forms, posted as photos on Rowell Ranch’s Yelp review online: Rowell Ranch Rodeo - Castro Valley, CA

Actually, when poring over the last five years of such DCA forms, Rowell Ranch had the highest incidence of injuries and fatalities. This is 100% AVOID-ABLE. These are innocent, docile farm animals. They would never willingly put themselves in harm’s way. These injuries are also documented in great detail by former USDA meat inspectors- injuries that are concealed by the fur coats but are fully visible in all their horror upon necropsy.

Broken bones, torn ligaments, ruptured organs, punctured lungs, broken backs, crushed windpipes, torn muscles- these are the unspeakable atrocities that vicious humans are deliberately inflicting upon these creatures. If we did these things to other animals (i.e. dogs), there would be public outcry! The notion that “large animals do not suffer or feel pain” is completely untrue.

I am a health care professional with nearly 30 years of experience in shock-trauma, emergency, and the operating room. I have seen most of these injuries in humans and been a part of treating them. But when the patients are rodeo animals- they are either killed right there in the arena, or they are shipped out to be slaughtered. It is absolutely unconscionable. A growing number of cities, states, municipalities in the US and abroad are finally banning rodeos due to their inherent cruelty and outright violence.

This has to stop!

Heather Hamza
Los Angeles, CA

Obituary

Tara Housman

Resident of San Francisco

August 5, 1958 – June 12, 2018

Tara Housman left us Tuesday, June 12, 2018. She is survived by her husband of 11 years Kelly Zimmerman, sister Lucinda (Azi Ben-David), brother Damien Housman (Flora) and niece Jennifer. She is also survived by numerous loving family and friends.

Born in New York City in 1958. She graduated from the University of Florida. She made her way to San Francisco where she became a Taxi driver. She loved being in her cab and meeting new people. She loved the craziness of it all. She



advocated on taxi worker issues both at city and state levels.

Her love of science fiction brought her to science fiction

fandom where she met her husband and made numerous friends. She was an avid reader with a curious mind. Tara loved musical theater. He was also an avid collector of taxi memorabilia. Tara will be greatly missed.

A Memorial Mass will be held Saturday, June 23, 2018 at 11:00 AM, Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont.

Fremont Memorial Chapel
510-793-8900

East Bay Community Energy begins service

SUBMITTED BY CITY OF
HAYWARD

East Bay Community Energy (EBCE) this month officially became the electricity provider for unincorporated Alameda County and eleven of its cities, including the City of Hayward. Businesses within EBCE’s service area are being automatically enrolled to receive cleaner energy in June, and residential customers will be enrolled in November.

EBCE partners with PG&E for power distribution, customer service, and billing while providing more renewable energy at lower rates. EBCE is locally governed, with Board and Community Advisory Committee meetings and business processes open to public attendance and review. Earnings will be reinvested back into the community, creating local jobs and retaining local involvement

in energy choices.

EBCE customers will have two choices: Bright Choice and Brilliant 100. Bright Choice service uses approximately the same amount of clean energy sources as PG&E but costs less. Brilliant 100 service is greener than PG&E electricity at the same price. In an effort to support Hayward climate-protection goals, commercial customers in the city are being enrolled in Brilliant 100 automatically at the start of service.

“Hayward is proud to be a member of EBCE and is leading the way when it comes to clean, renewable energy,” said Hayward Council Member Al Mendall, the city’s representative on the EBCE Board of Directors. “EBCE will play a significant role in helping Hayward meet the goals of our Climate Action Plan.”

“We’re excited to bring clean electricity service to Alameda

County,” said Nick Chaset, EBCE chief executive officer. “Our business customers will now be able to power their work with more renewable energy that doesn’t affect their bottom line.”

EBCE will be purchasing solar, wind, and hydroelectric renewable energy as sources for its renewable and carbon-free power. Over time, EBCE will increase the amount of renewable energy in its power mix.

EBCE is a public agency power supplier, committed to providing electricity generated from a high percentage of renewable sources. With commencement of EBCE service from June through November 2018, Alameda County businesses and residents will have a greener alternative for the source of their electricity.

For more information about EBCE, please visit www.ebce.org.

Union City City Council

June 12, 2018

Ceremonial Items:

- Declare June 21 as “The Longest Day,” a day of awareness and effort to fight against Alzheimer’s dementia. June also proclaimed as “Alzheimer’s and Brain Awareness” month.
- Proclaim June as Pride Month in recognition of the 1969 Stonewall Riots in New York City.
- Recognize June as Immigrant Heritage Month, accepted by chair of the Human Relations Commission Derrick Richardson.
- Rising Sun Energy Center presentation by outreach manager Lindsey Roark on the California Youth Energy Services program.

The program runs “Green House Call,” a visit to a resident’s home where they install green friendly LED lights, and other water and energy saving equipment for the home. Youth ages 15-24 also gain professional development skills and job experience.

Consent Agenda:

- Adopt a resolution authorizing the City Manager to sign a three-year contract with the City of Fremont Animal Shelter Services. The city has been on the previous contract for 30 years and it expires on June 30 of this year. The contract can be renewed for two more three-year terms for animal shelter operation and services.
- Adopt a resolution to pay the final construction cost of the Union City Teen Center remodel project in the amount of \$3,441,272. Construction projects for the center include new rooms,

a kitchen for commercial use, energy efficient LED lights, and a wooden canopy entrance. Additional renovation and modification of rooms is included in the final project amount.

- Develop a resolution announcing and organizing a local general election on Tuesday, November 6, 2018. The elections would fill three vacant seats on the City Council.

Public Hearings:

- Conduct a second public hearing on the Charter City proposal. City Council would vote on putting the proposal on the November ballot on July 24. Residents would then decide whether Union City becomes a charter city.

Public Comments:

- Resident asked if she can continue her campaign on Alzheimer’s awareness by posting on the City Council board.

Dutra-Vernaci directs her to a staff member.

City Reports:

- Create a resolution that would repeal the elimination of the Civil Engineering position, fund that position with the gas tax fund, and fund the new Environmental Analyst position with the Clean Water fund. The gas tax fund would be an annual increase in salary and benefits for the Civil Engineer which equals to \$183,000 per year. The Environmental Analyst position would have a \$54,000 decrease in salary and benefits per year. The Environmental Analyst position is still a full time position that would fund the employee with grants.
- Adopt a resolution for the fee increase of the city’s solid waste, organic waste, recycling and storm water runoff programs. The services are coming from Tri-CED

and Republic. There is a \$1.62 increase for single-family homes that have all three carts and a \$1.23 increase for a two cart service.

- Adopt the 2018-2019 budget with recently made adjustments. Councilmember Singh raised a concern of the 2% decrease in the city’s fire department program, also called a “brownout”. His main worry is the slower response time for emergency events especially for senior citizens. City manager Tony Acosta explains why cuts were made on this specific program. One public comment was made on this item about public safety.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Lorrin Ellis	Aye
Emily Duncan	Aye
Pat Gacoscos	Aye
Gary Singh	Aye

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Tips to apply for citizenship

SUBMITTED BY EILEEN MENDEZ

Anyone that is wondering about how the process of becoming a United States citizen works, should mark Monday, July 9 on their calendar. That’s the date the Fremont Main Library is hosting a Naturalization Information Session with speaker Jennifer LaForce, a Community Relations Officer with the United States Citizenship and Immigration Services. LaForce will deliver a step-by-step presentation on how to prepare to become a U.S. citizen.

The program will start at 6:30 p.m. in the library’s Fukaya Room with a presentation on the naturalization process and requirements. There will be a demonstration interview followed by a Q&A session related to the citizenship process. Following the program, free naturalization preparation materials will be given to attendees.

The Library will provide an ASL interpreter for any event with at least seven working days’ notice. For more information, call (510) 745-1401 or TTY (888) 663-0660.

Naturalization Information Session
Monday, Jul 9
6:30 p.m. – 8:30 p.m.
Fremont Main Library, Fukaya Room
2400 Stevenson Blvd., Fremont
(510) 745-1401
Free

Want an entry-level job? Brush up on your skills

BY ANNE D'INNOCENZIO
ASSOCIATED PRESS

Asia Thomas knew she was at a disadvantage. It had been 16 years since she quit a job at McDonald's to raise her kids. When she left, restaurants didn't have kiosks to take orders, people didn't use smartphones to pay, and job seekers did applications on paper. "Things have changed," said Thomas, who lives in Baltimore. "And there were a lot of things I forgot."

Getting a job at a store or fast-food restaurant — often a way into the economy for an unskilled worker — used to be as simple as walking up and down the mall and applying. Now, with store chains closing and laying off thousands of workers, that path is more complicated. The stores that remain financially healthy are raising wages in a tight labor market. But they're seeking a new type of worker — one who has a lot more skills up front.

Thomas, 44, was able to get a job at wholesale club B.J.'s for \$12 an hour — but that was only after signing up for computer lessons and taking a class in retail basics like how to track inventory and handle issues like returns. That led her to another opportunity at a casino.

Across all entry-level retail jobs, the number of skills being demanded rose from 2010 to 2016, according to an analysis done for The Associated Press by Burning Glass Technologies, which scours 25 million job postings.

Burning Glass found a greater emphasis on customer service and communications skills for cashier, stock clerk and sales floor support jobs. And for many other entry-level jobs, employers want even more skills, like the ability to use customer relations software like Salesforce. Even forklift operators are being asked to be proficient in inventory management software.

This has major consequences for workers without college degrees or vocational training trying to get an economic foothold. A decade ago, workers, especially young ones, could start as cashiers and move up to become store managers or even higher. But now, it's harder to even get in the door. "The bottom may be coming out of the career ladder," said Burning Glass CEO Matt Sigelman.

Experts say those who might otherwise have started out at working at a store may head instead to cleaning, dishwashing or health aide jobs. The number of jobs in those fields is expected to grow far more than in retail. While these jobs may pay about the same as retail, they can be more demanding physically and provide less opportunity to move up.

"This phenomenon is creating more pressure on incomes at the lower end of the middle class and will push people down closer to and even below the poverty line," said Fred Crawford, senior vice chairman of consulting firm AlixPartners. "It will exacerbate the growing gap between the haves and have-nots."

These changes are being driven by companies' use of large amounts of data not available a generation ago. Supermarkets, for instance, use loyalty programs to better track customers' shopping habits. Clothing chains are now quickly reacting to the latest fashion trends, adjusting the merchandise on store shelves within days. That means front-line workers must do more.

Take cashiers. Employers asked for five skills in 2016, up from three in 2010. The job often requires running sophisticated registers that track loyalty

cards, digital coupons and real-time inventory. "We are looking for workers who are not only friendly and passionate but people who are tech-savvy," said Marisa Velez, store director of DSW Designer Warehouse in New York's Union Square.

That's a shift from just five years ago, when the technology a sales clerk at the serve-yourself shoes and accessories chain would use would involve a calculator or calling another store to check if they have an item.

At DSW, Phoebe Li swiftly navigates the aisles stacked with boxes of shoes, seeing if customers need help while she scans an iPad to check on online inventory. The tablets DSW uses will soon be able to ring up a sale as well. "If I see someone bending down looking for a size, I ask them, 'How is everything?'" said Li, 24, who has worked at DSW part-time since February.

"Customers are coming in with limited time," Velez said. "They're rushing. They want what they are looking for. We're able to expedite that through the app, through the iPad and making sure we are respecting their time while still capturing the sale."

Online home goods retailer Wayfair is increasingly looking for customer service and warehouse workers with problem-solving skills. Its employees help customers design a room, or they figure out how to pack a truck without damaging fragile items. It's now recruiting gamers at places like Comic Con for those roles, said Liz Graham, who oversees customer service and sales.

Nearly a third of all first jobs in the U.S. are in retail. But 62 percent of service-sector workers, which includes jobs like cashiers and store sales assistants, have limited literacy skills and 74 percent have limited math abilities, according to the National Skills Coalition, funded by Walmart Inc.'s charitable arm.

Chains like Target and Walmart are increasing training on the job. And the nonprofit arm of the industry's trade and lobbying group, the National Retail Federation, launched a training and credential program for entry-level workers last year, joining with nonprofit groups like Goodwill to teach classes. But that may not be enough to fill the skill gap. There were more than 700,000 current job openings in retail in March, according to government data.

The retail industry "relied on a largely unskilled entry labor force. Now, it's leaning more toward skilled people and competing with other sectors" like technology, said economist Frank Badillo, founder and director of research at MacroSavvy.

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the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Officers take three guns off city streets

SUBMITTED BY
SAN LEANDRO PD

In recent days, San Leandro Police Officers recovered three handguns during separate traffic incidents. Each of the weapons recovered were possessed illegally by individuals who were also arrested.

The first incident occurred on Sunday, June 10 when an officer on patrol conducted a routine traffic stop around 11:50 p.m.

near Davis Street and Doolittle Drive. One of the two occupants in the vehicle was on probation which led to a search of the vehicle. A loaded 9 mm handgun was found the vehicle as well as narcotics that were packaged for sales. Both occupants were arrested.

Then, about 20 minutes later, at 12:10 a.m. June 11, another officer on patrol conducted a traffic stop near MacArthur Boulevard and Fortuna Drive.

A male in the vehicle was found to be on probation due to a previous firearm offense. Officers searched the vehicle and found a loaded 9 mm handgun. Both occupants of the vehicle were arrested.

Finally, at around 10:45 p.m. Wednesday, June 13, a patrol officer made a traffic stop on a vehicle in the 3000 block of Alvarado Street. The driver of the vehicle did not have any form of identification which required the

officer to investigate further. As the driver exited the vehicle, the officer found that the man was carrying a loaded 9 mm handgun in his waistband. The gun was safely recovered, and the driver was placed under arrest.

“These incidents are just a few over the past several days,” said San Leandro Police Lieutenant Isaac Benabou. “So far this year officers have recovered approximately 31 handguns from cars and individuals in San Leandro.

These incidents should remind us of the dangers that our officers face every day during routine calls. Fortunately, all guns were recovered safely, and without incident, however, any weapon present during a police encounter is dangerous and a reason for concern.”

Illegally carrying a firearm in California is a misdemeanor unless other circumstances exist, making it a felony.

Union City Police Log

SUBMITTED BY LT. MATIAS PARDO, UNION CITY PD

Tuesday, June 12

- With assistance from detectives from the Newark Police Department, Union City officers arrested Kristina Romo, 39, of Union City on suspicion of attempted arson. Romo was identified by a community member who watched a surveillance video of a suspected arson attempt at the Safari Kids preschool in Union City and tipped police. Police contacted Romo at her home and made the arrest. The motive behind the incident is being investigated.

Thursday, June 14

- At 7:04 p.m. police responded to several 911 calls about shots being fired at the Chapel of the Chimes cemetery on Mission Boulevard. Arriving officers initially found three people with gunshot wounds near the main mortuary. They were taken to a hospital for treatment. During the investigation, two



Kristina Romo

more victims were found, one was contacted by police a distance away from the shooting scene, while the other one was leaving to go to a local hospital for treatment. During the investigation, the Northbound lanes of Mission Boulevard were closed, and portions of the cemetery’s buildings were placed on temporary lockdown. The identifies of the shooting victims have not been released. An investigation is ongoing. Anyone with information about the incident is asked to call police at (510) 675-5207 or send an email to Tips@union-city.org.

BART Police Log

SUBMITTED BY LES MENSINGER

Monday, June 11

- At 1:21 a.m. a man identified by police as Edwards Daniels, 61, of Richmond, was arrested at the Bay Fair station in San Leandro on suspicion of making threats, probation violation, public intoxication. He was issued a BART prohibition order.
- At 10:44 a.m. a person reported their Schwinn 1250 bicycle was stolen sometime between 3:30 p.m. Friday, June 8 and 10:30 a.m. Monday, June 11. The bicycle had been secured with a cable and lock.
- At 12:13 p.m. a man identified by police as Timothy Knockum, 51, of Oakland, was detained at the Union City station on suspicion of fare evasion and then arrested on an outside agency warrant. He was booked into Santa Rita jail.

Bank robber arrested

SUBMITTED BY
SAN LEANDRO PD

Around 5:30 pm, June 15th, a San Leandro Police Sergeant on patrol located and arrested an Oakland man responsible for robbing the Chase bank at the Greenhouse Marketplace. The incident occurred on June 14th at 4:47 pm when San Leandro Police received a bank robbery call at the Chase bank located at 699 Lewelling Blvd. Officers arrived on scene and learned that the suspect presented a robbery note to the teller demanding cash. The suspect fled the bank before he received any money from the teller.

Officers immediately began broadcasting the suspect description, including the vehicle he used to get away. Less than 30 minutes later, while officers were searching the area, a neighboring law enforcement agency broadcasted a similar style bank robbery that just also occurred at a Chase bank. The description of the suspect and his vehicle matched that of the San Leandro incident.

Approximately 30 minutes later, around 5:45 pm, a San Leandro Police Sergeant on patrol searching for the suspect, located the suspect vehicle traveling on Bancroft Ave., near 90th Ave. in Oakland. The suspect vehicle was stopped, and the driver, who matched the physical and clothing description was detained. The suspect was later positively identified by the victims.

“This was an example of excellent teamwork by all involved, including the neighboring agency who assisted in the investigation,” said San Leandro Police Lieutenant Isaac Benabou. “A very observant Police Sergeant found the “needle-in-a-haystack” by locating the suspect and his vehicle.”

It is believed that the suspect may also be responsible for up to a dozen other banks throughout the East Bay. San Leandro Police detectives are working with other Law Enforcement agencies in those jurisdictions.

The suspect has been taken to Santa Rita’s East County Jail in Dublin. The case will go before the Alameda County District Attorney on Monday.

Newark Police Log

SUBMITTED BY
CAPTAIN CHOMNAN LOTH, NEWARK PD

Thursday, June 7

- At 7:40 p.m. Officer Piquette responded to a report of a shoplifter in custody at the Sears store at NewPark Mall. A 55-year-old Concord man was arrested on suspicion of shoplifting, giving false identification information to a police officer and on an outstanding warrant. The suspect was booked into the Santa Rita jail.

Friday, June 8

- At 3:06 p.m. Officer Khairy responded to a disturbance on the 4900 block of Stafford Place. A 34-year-old Newark man was arrested on suspicion of violating a restraining order, possession of a controlled substance, possession of drug paraphernalia, possession of burglary tools and probation violation. The suspect was booked into the Fremont Jail.

Saturday, June 9

- At 9:08 a.m. Officer Mapes investigated a vehicle collision on Newark Boulevard and Thornton Avenue. Two people were taken to a local hospital for treatment of their injuries.
- At 4:05 p.m. Officer Mapes investigated a report of a

suspicious person at Newark Junior High. A 39-year-old Hayward man was contacted and later arrested on an outstanding warrant and was booked into the Fremont Jail.

- At 7:49 p.m. Officer Piquette was contacted by NewPark Mall security who told him Sears loss prevention was watching two male subjects that were concealing merchandise inside the store. Piquette located a vehicle running near the Sears lower entrance with a lone female seated in the front passenger seat. Soon, the two suspects exited Sears and entered the vehicle. Piquette and Officer Taylor contacted the suspects in the vehicle and found that the female passenger, a 30-year-old from San Pablo, had an outstanding warrant. One of the males, a 28-year-old from Oakland had an outstanding warrant and was in possession of drug paraphernalia, and the other male, a 29-year-old from Stockton was arrested on suspicion of probation violation for having pepper spray, a speed loader and a loaded gun magazine in the vehicle. All three suspects were booked into the Santa Rita jail.
- At 8:37 p.m. Officer Horst saw a vehicle stopped on the railroad crossing on Sycamore Street. Horst honked his horn to get the vehicle to move. Unaware that the officer was behind him,

the driver, a 27-year-old San Jose man, decided it would be a good idea to spin the tires creating a cloud of smoke and then take off at a high rate of speed. Horst stopped the driver and issued him a citation for reckless driving and driving on a suspended license. The vehicle was towed from the scene.

Sunday, June 10

- At 11 a.m. Officer Mapes responded to a disturbance call on the 37400 block of Cherry Street. A 38-year-old male transient was contacted and later arrested on suspicion of being under the influence of a controlled substance. The suspect was booked into the Santa Rita jail.

Monday, June 11

- During a 9:03 a.m. pedestrian stop on Cedar Boulevard at St. Mark Avenue, Officer D. Johnson arrested a 59-year-old male transient on an outstanding warrant. The suspect was booked into the Fremont Jail.
- During a citizen requested security check around Truckee Court at Levi Street at 7 p.m., Officer Herbert contacted and later arrested a 23-year-old San Jose man on an outstanding warrant. The suspect was issued a citation and released at the scene.

Auto theft suspects arrested

SUBMITTED BY
SGT. STEVEN FOX, MILPITAS PD

On June 6, 2018, at approximately 5:22 a.m., a Milpitas Police officer observed two subjects in the process of stealing a Blue & White Yamaha motorcycle parked on West Capitol Avenue in Milpitas. The officer saw a man, later identified as Robert Kint, drive away on the Yamaha motorcycle and another man leaving the area on a black MV Agusta motorcycle.

Responding officers saw both motorcycles traveling on South Abel Street in Milpitas. The man driving the MV Agusta motorcycle fled southbound on South Abel

Street and eluded capture however officers were eventually able to take Robert Kint into custody without incident. Officers contacted the registered owner of the Yamaha motorcycle and learned it had been stolen from the Ilara Apartments, located at 1102 South Abel Street in Milpitas.

Kint was booked into the Santa Clara County main jail for auto theft, evading a peace officer, grand theft, and reckless driving. On June 8, 2018, Milpitas Police detectives located Colton Hartley driving the MV Agusta motorcycle in the City of San Jose. Milpitas Police detectives detained Hartley after he parked the motorcycle and entered an as-

sociated vehicle. Hartley was on Santa Clara County probation for crimes including narcotics violations, possession of a stolen vehicle, and violation of a court order. Hartley was also in possession of suspected crystal methamphetamine and drug paraphernalia. Hartley was booked into the Santa Clara County main jail for possession of a controlled substance, possession of drug paraphernalia, and a probation violation.

Milpitas Police detectives later contacted the registered owner of the MV Agusta motorcycle and learned it was stolen, on June 4, 2018, from an apartment complex in the City of San Jose.

Citizen Police Academy signups

SUBMITTED BY NEWARK PD

Citizens who want to learn about the inner workings of the Newark Police Department and how to promote community engagement are encouraged to sign up for the department’s Fall Citizen Police Academy. Among the goals of the 11-week academy are to promote an increased awareness of an effective police force through community partnership. During the academy participants will be exposed to many aspects of police work and will learn about the laws, procedures and policies that govern law enforcement. The idea is to foster lively and informative discussions about issues facing the community, police department and the City of Newark.

Those applying for the Citizen Academy must meet several eligibility requirements:

- Age 21 or older
- Live or work in Newark
- Have no felony convictions
- Have no misdemeanor convictions during the past three years
- Be willing to undergo a background check
- Must attend all class meetings

Classes will meet 5:30 to 9 p.m. Wednesdays, Aug. 15 through Oct. 24 at 37101 Newark Blvd., Newark. There is no participation fee.

For more details about the academy, or to download an application, visit the City of Newark website at www.newark.org, then type “Fall Citizen Police Academy Enrollment” into the search box and follow the prompts. Applications must be received by July 2. For details, call Beverly Ryans at (510) 578-4352 or send an email to beverly.ryans@newark.org.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, JULY 2, 2018, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

MISSION HOOPS ACADEMY – 42982 Osgood Road – PLN2017.00291 - To consider a Zoning Administrator Permit to allow the establishment of a basketball training facility for children from 4 to 16 years old in Clifford Osgood Business Park located in the Irvington Community Planning Area, and to consider a Categorical Exemption from the requirements of the California Environmental Quality (CEQA) pursuant to CEQA Guidelines Section 15301, Existing Facilities. Project Planner – Hang Zhou, (510) 494-4545, hzhou@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

KRISTIE WHEELER
ZONING ADMINISTRATOR



CNS-3143534#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. RG18007157

Superior Court of California, County of Alameda
Petition of: Poonam Rajiv Girdhar for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Poonam Girdhar filed a petition with this court for a decree changing names as follows:
Poonam Girdhar to Poonam Jandial
Poonam Rajiv Girdhar to Poonam Jandial
Poonam R. Girdhar to Poonam Jandial
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 7/20/2018, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street 3rd Fl., Oakland CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this County: Tri-City Voice
Date: Jun 1, 2018
Wynne Carvill
Judge of the Superior Court
6/12, 6/19, 6/26, 7/3/18

CNS-3141856#

SUMMONS

CASE NO. 18-DI-0090

DEPT. No. I

In The Ninth Judicial District Court
Of the State of Nevada, in and for the County
of Douglas

SONIA GIRI,)

Plaintiff,)

-vs-)

JASVIR SINGH,)

Defendant.)

NOTICE! YOU HAVE BEEN SUED, THE COURT MAY DECIDE AGAINST YOU WITHOUT YOUR BEING HEARD UNLESS YOU RESPOND WITHIN 20 DAYS. READ THE INFORMATION BELOW.

TO THE DEFENDANT: A civil Complaint has been filed by the plaintiff against you for the relief set forth in the Complaint.

TO DISSOLVE THE BONDS OF MATRIMONY AND TO SEEK A DECREE OF DIVORCE.

1. If you intend to defend this lawsuit, within 20 days after this Summons is served on you exclusive of the day of service, you must do the following:

a. File with the Clerk of this Court, whose address is shown below, a formal written response to the Complaint in accordance with the rules of the Court.

b. Serve a copy of your response upon the attorney whose name and address is shown below.

2. Unless you respond, your default will be entered upon application of the plaintiff and this Court may enter a judgment against you for the relief demanded in the Complaint, which could result in the taking of money or property or other relief requested in the Complaint.

3. If you intend to seek the advice of an attorney in this matter, you should do so promptly so that your response may be filed on time.

/s/ Illegible

Clerk of the Court

By: /s/ A NEWTON

Deputy Clerk

Date: 4-3-18

Douglas County Court Clerk

P.O. Box 218

Minden, NV 89423

Issued at direction of:

SONIA GIRI, pro per

Attorney for

6/5, 6/12, 6/19, 6/26/18

CNS-3139375#

SUMMONS

Case No. 18-01-0120

Dept No.: I

In the Ninth Judicial District Court
Of The State of Nevada, in and for the County
of Douglas

MOHAMMED ARBAAZ MANDOZAI

Plaintiff,

vs.

BUSHRA ASMI SHAREEF

Defendant.

NOTICE! YOU HAVE BEEN SUED, THE COURT MAY DECIDE AGAINST YOU WITHOUT YOUR BEING HEARD UNLESS YOU RESPOND WITHIN 20 DAYS. READ THE INFORMATION BELOW.

TO THE DEFENDANT: A civil Complaint has been filed by the Plaintiff against you for the relief set forth in the Complaint.

TO DISSOLVE THE BONDS OF MATRIMONY AND TO SEEK A DECREE OF DIVORCE.

1. If you intend to defend this lawsuit, within 20 days after this Summons is served on you exclusive of the day of service, you must do the following:

a. File with the Clerk of this Court, whose address is shown below, a formal written response to the Complaint in accordance with the rules of the Court.

b. Serve a copy of your response upon the attorney whose name and address is shown below.

2. Unless you respond, your default will be entered upon application of the plaintiff and this Court may enter judgment against you for the relief demanded in the Complaint, which could result in the taking of money or property or other relief requested in the Complaint.

3. If you intend to seek the advice of an attorney in this matter, you should do so promptly so that your response may be filed on time.

Issued at direction of:

MOHAMMED ARBAAZ MANDOZAI

/s/ —

Clerk of the Court

By: M. BIAGGINI

Deputy Clerk

Date: 4/23/18

Douglas County Court Clerk

P.O. Box 218, Minden, NV 89423

5/29, 6/5, 6/12, 6/19/18

CNS-3136796#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 545515

Fictitious Business Name(s):

MTZ Carriers Inc. 2519 Begonia St., Union City, CA 94587, County of Alameda

Registrant(s):

MTZ Carriers Inc. 2519 Begonia St., Union City, CA 94587, California

Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Luz G. Martinez, Treasurer

This statement was filed with the County Clerk of Alameda County on May 30, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/19, 6/26, 7/3, 7/10/18

CNS-3143737#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545709

Fictitious Business Name(s):

Big Apple Bagels, 3040 Castro Valley Blvd., Castro Valley, CA 94546, County of Alameda

Registrant(s):

SF Bagel Company, LLC, 25275 Morse Ct., Hayward, CA 94542, California

Business conducted by: a Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Brian Schott, Managing Partner

This statement was filed with the County Clerk of Alameda County on July 4, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/19, 6/26, 7/3, 7/10/18

CNS-3143666#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545509

Fictitious Business Name(s):

Help Start Young, 43031 Everglades Park Dr., Fremont, CA 94538, County of Alameda

Registrant(s):

Hriaan Solutions, LLC, 43031 Everglades Park Dr., Fremont, CA 94538, California

Business conducted by: a Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Roshni Bhonsle, Owner/Manager

This statement was filed with the County Clerk of Alameda County on May 30, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/19, 6/26, 7/3, 7/10/18

CNS-3143661#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545150

Fictitious Business Name(s):

Lilly Studio, 41299 Paseo Padre Pkwy, #227, Fremont, CA 94539, County of Alameda; Mailing Address: PO Box 1176, Fremont, CA 94538

Registrant(s):

Lei Wang, 41299 Paseo Padre Pkwy, #227, Fremont, CA 94539

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on 04/1/2018

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Lei Wang

This statement was filed with the County Clerk of Alameda County on May 18, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/19, 6/26, 7/3, 7/10/18

CNS-3142176#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545064-6

Fictitious Business Name(s):

(1) Fremont Acupuncture, (2) Joy Haven, 39813 Paseo Padre Pkwy, Fremont, CA 94538, County of Alameda

Registrant(s):

Reyna Ambrose, 616 Metzgar St., Half Moon Bay, CA 94019

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Reyna Ambrose, Business Owner

This statement was filed with the County Clerk of Alameda County on May 16, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/19, 6/26, 7/3, 7/10/18

CNS-3142318#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545184

Fictitious Business Name(s):

Dandos Automotive Services, 45554 Industrial Pl #9, Fremont, CA 94538, County of Alameda

Registrant(s):

Keneth A Keeler, 319 I St, Fremont, CA 94536

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on 11/3/2008

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Keneth A Keeler

This statement was filed with the County Clerk of Alameda County on May 21, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/19, 6/26, 7/3, 7/10/18

CNS-3142126#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 530687

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):

The Fictitious Business Name Statement for the Partnership was filed on 5-04-2017 in the County of Alameda.

Ayurveda Healing Center, 29621 Mission Blvd., Hayward, CA 94544, County of Alameda.

Register(s) Owner(s):

Usha Khosla, 316 Arrowhead Wy, Hayward, CA 94544

This business is conducted by: an Individual

I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

St Usha Khosla

This statement was filed with the County Clerk-Recorder of Alameda County on May 31, 2018.

6/19, 6/26, 7/3, 7/10/18

CNS-3142124#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545210

Fictitious Business Name(s):

Foothill 76, 21494 Foothill Blvd., Hayward CA 94541, County of Alameda

Mailing Address: 10106 Linda Ann Place, Cupertino CA 95014

Registrant(s):

BW Jackson, Inc., 10106 Linda Ann Place, Cupertino CA 95014; CA

Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Hong Hai Wang, President

This statement was filed with the County Clerk of Alameda County on May 21, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/12, 6/19, 6/26, 7/3/18

CNS-3141862#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545167

Fictitious Business Name(s):

Jaleo Trucking, 3675 Santa Maria Ct., Castro Valley, CA 94546, County of Alameda

Registrant(s):

Oscar J. Sanchez, 3675 Santa Maria Ct., Castro Valley, CA 94546

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Oscar Jesus Sanchez

This statement was filed with the County Clerk of Alameda County on May 18, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/5, 6/12, 6/19, 6/26/18

CNS-3139469#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545300

Fictitious Business Name(s):

AB Sunshin, 37895 Essanay Pl. Fremont, CA 94536, County of Alameda

Registrant(s):

Quynh Mo Truong, 37895 Essanay Pl. Fremont, CA 94536

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on 5/15/18

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Quynh Mo Truong, Owner

This statement was filed with the County Clerk of Alameda County on May 24, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/5, 6/12, 6/19, 6/26/18

CNS-3139467#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545301

Fictitious Business Name(s):

Allusa, 37895 Essanay Pl., Fremont, CA 94536, County of Alameda

Registrant(s):

Hoang Do, 37895 Essanay Pl., Fremont, CA 94536

Business conducted by: an Individual

The registrant began to transact business using the fictitious business name(s) listed above on 05/16/2018

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Hoang Do, Owner

This statement was filed with the County Clerk of Alameda County on May 24, 2018

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 6/5, 6/12, 6/19, 6/26/18

CNS-3139465#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 545191

Fictitious Business Name(s):

K.S. Automotive Repair, 16210 Foothill Blvd., San Leandro, CA 94578, County of Alameda;

PUBLIC NOTICES

written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (DE-154) of the filing of an inventory and appraisal of

estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner:
PETER N. PELAVIN SBN 131033
1300 GRANT AVE., SUITE 203
NOVATO, CA 94945
Telephone: (415) 986-5910
6/5, 6/12, 6/19/18

CNS-3138590#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: On the 9th day of July, 2018at or after 10:00am, pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving

& Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
NameUnit #Paid Through Date
Harbinder SinghC11809/19/2017
Katherine DurhamB29304/28/2018
Arthur S StokesAA1144804/22/2018
Patricia PerezB27004/04/2018
Ernest PaniaguaB21904/19/2018
Dwayne CummingsB28704/17/2018
Jeff OuyeAA8034D11/18/2017
Nicholas SisoisC16104/21/2018
Rebekah MeyerC24605/03/2018
Mark WillisB116 04/12/2018
Robert AgorastosC119 06/29/2016
Miguel GonzalezAA6270F 01/15/2018
Edward HerreraB27504/14/2018
Dramaine VinegarC212 04/25/2018
6/19, 6/26/18

CNS-3144502#

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the 9th day of July, 2018 at or after

12:15pmpursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd. Fremont, CA.94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
NameUnit #Paid Through Date
Pennie Bowles50806/09/2017
Daniel Perales31504/29/2018
Michael Danilewicz37903/12/2018
Mary Alvarez274U01/29/2018
Eric Farrell17503/29/2018
William Gruver15804/26/2018
Alex Alugas37804/24/2018
Matthew Ajake36712/17/2017
Pennie Bowles50906/09/2017
Hilal Jarrar33204/14/2018
George Gonzalez 31802/19/2018
Glenn Nepomuceno242U03/22/2018
Porfirio Penafior14603/29/2018
6/19, 6/26/18

CNS-3144501#

Notice is hereby given pursuant to California Self Storage Act. Business and Professions Code 21700-21716. Three Sixty Storage Center, 6649

Central Avenue, Newark, California in Alameda County, will for the purpose of satisfying lien for storage, on the premises where said property has been stored, SELL at PUBLIC AUCTION on July 9, 2018 at 11:15 AM, the contents of storage spaces named below, which consists of personal property including but not limited to, household furniture, clothing, tools, toys, appliances, stereo equipment, televisions, miscellaneous boxes of household goods and unknown contents.
Catherine L. Evans
Marian Bennett
Nancy Padilla
Teresa Crain
Elisa C. Limon
Rose Ann P. Bayani
Jose Aguirre
Nicole M. Buehler
James W. DeFrance
Auctioneer John Cardoza, Bond #5860870, Ph.(209) 667-5797 Sale subject to cancellation in the event of settlement between owner and obligated party. ALL ITEMS SOLD AS IS, WHERE IS, FOR CASH ONLY.
6/19, 6/26/18

CNS-3144261#

NOTICE OF INTENT TO ADOPT A MITIGATED NEGATIVE DELCARATION

NOTICE OF INTENT TO ADOPT A MITIGATED NEGATIVE DECLARATION - ACWD Kaiser Pond Diversion Pipe Improvement Project. Pursuant to the State of California Public Resources Code and the “Guidelines for Implementation of the California Environmental Quality Act of 1970 as amended to date, this is to advise you that the Alameda County Water District (ACWD) has prepared an Initial Study/Mitigated Negative Declaration (IS/MND) for the Kaiser Pond Diversion Pipe Improvement Project located in Fremont, CA. The proposed project involves: replacement of the existing diversion pipe with a box culvert and erosion repair at the levee bisecting Kaiser Pond. The purpose of the project is to restore hydraulic connectivity between the two segments of Kaiser Pond, enhance groundwater recharge southwest of the Hayward Fault, and prevent further erosion. The IS/MND report describes the proposed project, analyzes whether the project would result in any potential significant environmental impacts, describes measures that would mitigate any potential significant impacts to a less than significant level, and determines that the project, incorporating a number of mitigation

measures, will not have a significant adverse effect on the environment. The IS/MND is available for public review at the following locations during business hours: ACWD Headquarters, 43885 South Grimmer Boulevard, Fremont, CA 94538, and Fremont Public Library, 2400 Stevenson Boulevard, Fremont, CA 94538. In addition, the IS/MND is available online at the following link: www.acwd.org under Customers > News & Information > Public Notices. **The period for accepting comments on the adequacy of the environmental documents is from June 8, 2018 to 5:00 p.m. July 11, 2018.** Any comments must be in writing and be submitted to the following address: Alameda County Water District, 43885 South Grimmer Boulevard, Fremont, CA 94538, attn.: Carlos Sempere, or email address: carlos.sempere@acwd.com. The proposed IS/MND will be considered for adoption by the ACWD Board of Directors at the **regularly scheduled board meeting on August 9, 2018**, at 6 p.m. at the ACWD office located at 43885 South Grimmer Boulevard, Fremont, CA 94538.

CITY OF NEWARK
PARATRANSIT ADVISORY AND PLANNING COMMITTEE (PAPCO)

The City of Newark is seeking a volunteer to serve on the Alameda County Transportation Commission’s Paratransit Advisory and Planning Committee (PAPCO).
PAPCO makes recommendations to improve the planning and coordination of transportation services for seniors and people with disabilities in Alameda County. PAPCO members advise Alameda CTC on the development and implementation of paratransit programs. In order to apply for this volunteer position, applicants must be a Newark resident who use transportation that supports seniors and people with disabilities.
PAPCO generally meets on the fourth Monday of the month from 1:30 to 3:30 p.m. at the Alameda CTC offices in Oakland.
Applications are available through the City Clerk at city.clerk@newark, via telephone request 510-578-4266, or on the web at www.newark.org/departments/commissions-committees.

PUBLIC HEARING NOTICE

The Independent Watchdog Committee reviews all Alameda County Transportation Commission Measure B expenditures and Measure BB expenditures and performance measures. The IWC invites the public to comment on its Draft 16th Annual Report to the Public at a public hearing on **Monday, July 9, 2018 at 5:30 p.m.** at Alameda CTC, 1111 Broadway, Suite 800, Oakland, CA. The draft report is available on the Alameda CTC website at https://www.alamedactc.org/events/view/21386 or by request at the Alameda CTC office. For more information, please call 510.208.7400.

Newark City Council

June 14, 2018

Presentations and Proclamations:

- Introduction of new employees Child Care Instructors Kim Caton and Fides Lozano
- Introduction of new Newark Police Officers Alexandria Riddles, Frank Wilkerson, , Ariel San Pedro, and Trevor Damewood.
- Commendation to Police Of- ficer of the Year Adeceli Kovach
- Commendation to Dis- patcher of the Year Dawn Paige
- Commendation to Missionar- ies of the Precious Blood Priests who have served the community for the last 39 years. Fathers Jayababu Nuthulapati, James Franck and Frankline Rayappa C.P.P.S will be returning to their home Province in Ohio.
- Proclaim June as Elder Abuse Awareness Month. Dena Aindow of Alameda County District Attorney’s office and Colette Lee of Alameda County Adult Protective Services accepted the proclamation.
- Presentation by Shelby Sugierfski, Regional Manager of Rising Sun Energy Center’s California Youth Energy Services (CYES) Program that informs the public of energy efficiency assessments and hires youth, ages 15-22 to perform Green House Calls at no cost to resident. Goal of 50 home visits in Newark this summer..

Public Hearing:

- Adopt Master Fee Schedule for Fiscal Year 2018-2019.



Commendation to Dispatcher of the Year Dawn Paige



Commendation to Police Officer of the Year Adeceli Kovach

Consent Calendar:

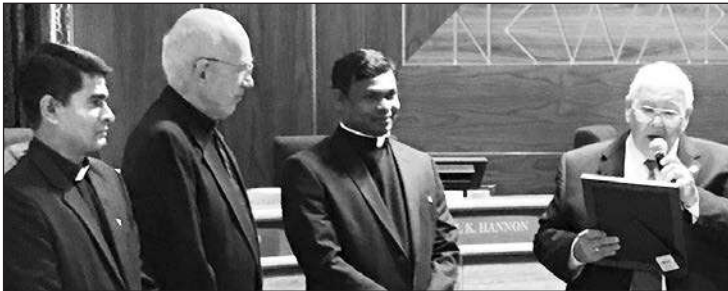
- Authorize lease agreement with Viola Blythe Community Service Center of Newark, Inc. for use of Jerry Raber Ash Street Park Building #1 for a food and clothing distribution center for rental fee of \$1 per year.
- Authorize lease agreement with Child, Family, and Commu- nity Services, Inc. for use of Jerry Raber Ash Street Park Building #2



Proclaim June as Elder Abuse Awareness Month. Dena Aindow of Alameda County District Attorney’s office and Colette Lee of Alameda County Adult Protective Services accepted the proclamation.



Introduction of new employees Child Care Instructors Kim Caton and Fides Lozano



Commendation to Missionaries of the Precious Blood Priests who have served the community for the last 39 years.



Introduction of new Newark Police Officers Alexandria Riddles, Frank Wilkerson, , Ariel San Pedro, and Trevor Damewood.

- Approve addition of classifica- tion of Finance Manager to serve as Division Head of Finance. Salary of \$10,423 to \$15,114 per month effective July 1, 2018. This will result in a salary savings by under-filling an impending retirement vacancy.
- Adopt 2018-2020 Biennial Budget and Capital Improvement Plan as a result of a work session on May 31, 2018.
- Authorize contract with City of Fremont for animal sheltering services for three years with an option to renew the agreement for two additional three-year terms. Total estimated annual cost (July 1, 2018 – June 30, 2019) of \$104,572 is slightly less than current costs.
- Approve agreement with Verde Design, Inc. for professional design services for Sportsfield Park synthetic turf fields and skate park. Initial public workshops will be held to gather input; preferred design concepts are anticipated to be presented to Council in Fall 2018. Construction projected to begin Spring 2019. Design cost for synthetic turf fields for a not-to-exceed amount of \$262,000 and skate park for a not-to-exceed \$175,000.

Removed from Consent:

- Authorize continuation through June 30, 2019 of four additional open hours of library services each Sunday for approximately \$110,000.
- Accept public subdivision improvement for an 85-unit residential townhouse development (K. Hovnanian at Cedar Lane, LLC) at northeast corner of Cedar Boulevard and Mowry School Road.

City Council Matters:

- Congratulations to graduates; Happy Father’s Day, Relay for Life June 23, 24 and birthday wishes for Councilmember Bucci and Administrative Services Director Woodstock.

Oral Communications:

- None

Mayor Alan Nagy	Aye
Vice Mayor Michael Hannon	Aye
Luis Freitas	Aye
Sucy Collazo	Aye
Mike Bucci	Aye

COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles
Hayward Airport
Various Saturdays
www.vaa29.org
Email for more information
youngeagles29@aol.com

Day in Al-Anon

By Al-Anon Family Groups
relatives & friends of alcoholics
Sat. July 7 - 9am-3pm
Niles Discovery Church
42986 Osgood Rd. Fremont
Recovery fellowship,
food & Fun
Suggested Donation \$20
510-366-6127

Pax Christi

A non-violent peace movement
with study and action
Free meetings the 1st & 3rd
Thursday each month
4:00 p.m. – 5:15 p.m.
(510) 862-2953
marykatesherbs@gmail.com

Let’s Do Lunch!

Volunteer for
LIFE ElderCare – Meals on Wheels
Mon – Fri, 10:30-12:30
Choose your day(s)
Call Tammy 510-574-2086
tduran@fremont.gov
www.LifeElderCare.org

Soiree Seniors For People Over 60

Many Activities
Potluck Dinners, Dancing,
TGIF’s, Birthdays and more
Call Nancy for information
(510) 397-1191

FREMONT COIN CLUB

Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge
38991 Farwell Dr., Fremont
All are welcome, come join us
www.fremontcoinclub.org
510-792-1511

League of Women Voters
Fremont-Newark-Union City
www.lwvfnuc.org

Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

TRI-CITY DEMOCRATIC FORUM MEETING
Every Third Wednesday 7:00 pm

Chandni Restaurant
5748 Mowry School Rd
Newark, CA 94560
http://www.tricitydems.com/

Teen Bicycle Repair Shop

Basic Repairs - Brakes, Gears & Tune Ups! Learn how to build a Bicycle. Volunteer as a workshop repair person. We appreciate Donations! Larry Orozco
Teen Workshop
33623 Mission Blvd., Union City
510-675-5482

ABWA-Pathfinder Chap. American Business Women’s Assoc.

provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. DoubleTree
39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465
www.abwa-pathfinder.org

Make a senior’s life a bit easier

Volunteer for
LIFE ElderCare – VIP Rides
Drive seniors to appts/errands
Flexible weekday scheduling
Call Valerie 510-894-0370
vdraeseke@LifeElderCare.org
www.LifeElderCare.org

American Assoc. of University Women Fremont Branch

Advances equity for women and girls through advocacy, education, philanthropy, and research.
to join or for more information:
fremont-ca.aauw.net

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville
Email:Accgr43@gmail.com
American Cribbage Congress
www.cribbage.org

Is food a problem? Try Overeaters Anonymous

Mon 7 PM & Wed 7 PM
St. James Episcopal Church
37051 Cabrillo Terr., Fremont
Sat 10:30 AM No dues or fees
All are welcome!
First Presbyterian Church
35450 Newark Blvd., Newark
www.oasaco.org

Are you having trouble controlling the way you eat?

Food Addicts in Recovery Anonymous-FA
WWW.foodaddicts.org
FREE Meetings - Mon. 7-8:30pm
Centerville Presbyterian Church
4360 Central Ave. Rm E204 Fremont
Sat 8-9:30am Holy Trinity Lutheran Church 38801Blacow Rd. Fremont
510-719-8288

Fremont Area Writers

Like to write?
Meet other writers?
Get tips from speakers?
Join us from 2-4pm every fourth Saturday except in July & December
www.cwc-fremontareawriters.org

Do you get nervous when you have to speak in public?

Newark Toastmasters can help
Learn this skill and more in a supportive atmosphere
It’s FREE to attend
Tue 7am - 8:10am @ Newark Library, 6300 Civic Terrace Ave
510-402-8318 or 510-796-3562
www.1118.toastmastersclubs.org

Fremont Youth Symphony Orchestra

Apply online for Audition
http://fremontsymphony.org
New Season starts on 9/11/17
Monday Rehearsals, 4pm-7pm
First United Methodist Church
2950 Washington Blvd, Fremont
youth@fremontsymphony.org
or call (510) 936-0570

A-1 Comm. Housing Svcs 1st Time Home Buyers Workshop

Learn the process of homeownership
Down Payment Assistance
Every 3rd Sat. 10am-1pm
22693 Hesperian Blvd. #150
Hayward, CA 94541
Register: www.a1chs.org
Call: 510-674-9227

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

Shinn House Mission Peak Heritage Foundation

1269 Peralta Blvd. Fremont
Docents & Volunteers needed for Various Activities throughout the year. Free professional Docent Training.
Please contact: Joan Serafino
510-795-0891

FREMONT PARKINSON’S SUPPORT GROUP

Fremont Senior Center
40086 Paseo Padre Pkwy.,Fremont
Meets 7pm Fourth Monday except in May, Aug & Dec
Join us for speakers and discussions with members
Call Bob Dickerson 510-552-1232
Barbara Degregorio 510-693-2884
d.degregorio@comcast.net

Free weekly ESL Classes for Adults

Beginning to Intermediate Levels
Conversation, Vocabulary, Listening, Reading
South Bay Community Church
47385 Warm Springs Blvd
Info: eslsbcc@gmail.com or 510-912-1698

TRI-CITIES WOMEN’S CLUB

Meets on the third Tuesday
Elk’s Club on Farwell Drive
9:15 – Cards & Games
11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162

St Vincent de Paul Thrift Store

3777 Decoto Road Fremont
DONATIONS: Tues. - Sun. 10AM- 4:30 PM
Clean, lightly used clothing. House-hold & furniture. No electronics or e-waste. VOLUNTEERS: Individuals & groups! COMMUNITY SPACE
Call for info 510-792-3711
Fremont@svdp-alameda.org

Afro-American Cultural & Historical Society, Inc.

Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday Except Dec & Feb
5:30pm Newark Library
510-793-8181
www.aachstricity.org
We welcome all new members

SONS OF ITALY Social Club for Italians And Friends 1st Friday of month

(No meetings July/Aug/Dec)
5:30 social hour
6:30 potluck dinner (\$5)
Newark Pavilion - Bld. 2 (Thornton Blvd. & Cherry Blvd., Newark)
Info: Gina 510-943-7403
www.giuseppemazzini.org

Cougars Girls Basketball Camp

Ages 7-15
Mon-Fri, June 25-29
9am-12Noon
Silliman Activity Center
Gymnasium
6800 Mowry Ave
Newark
Director: CoachDarryl Reina
Register Now:
510-578-4620

Scholarships for Women

Our Fremont PEO chapter sponsors scholarships for women entering college, earning another degree, or returning to school after 2+ years. Low interest education loans. Apply online for these: www.peocalifornia.org
wordsmi65@gmail.com for more info

Are You Troubled By Someone’s Drinking? Al-Anon and Alateen are here to help.

Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call 510-276-2270, or email Easyduz@gmail.com

F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics

Bronco Billy’s Pizza
41200 Blacow Road Fremont
Most meetings 6pm - third Sun of the month.
For Info Visit our website: www.funprogressives.com
Contact us at: funprogressives@gmail.com

TCSME Model RR & Niles Depot Museum 7th Annual Open House FREE Family Fun

HO & N Train layouts operating
Sat. June 9 - 10am-5pm
Sun. June 10 - 10am-4pm
37592 Niles Blvd., Fremont
Please visit our web site: www.nilesdepot.org
Q: bobcz007@comcast.net

Men’s Prostate Group

Join us for monthly support group
We discuss treatment options, medical break-throughs, and have informed speakers.
Meet at 6:30pm 2nd Tuesday of the month
St. Rose Hospital, Room B2, 27190 Calaroga Ave. Hayward.
Call Lonnie Silva for info
510-783-5121

Vacation Bible School “Shipwrecked”

July 23-27, 12:45-4pm
Family Celebration
July 29 9:30am
Hope Community Church
2190 Peralta Blvd., Fremont
510-739-0430
Register online at hopefremont.church/children

Are you or a loved one struggling with mental health challenges?
You are not alone.

NAMI – The National Alliance on Mental Illness offers Free, confidential classes and support groups

We can help. Call Kathryn at (408) 422-3831
Leave message

Buon Tempo Italian American Club

Family Dinners 1st Tuesday of Month at Transfiguration Church Castro Valley
Everyone welcome: Members \$15/Guests \$20
5-Course dinner plus wine & dessert
Reservations by prior Friday at 510-483-6929
Info: www.buontempoclub.org

SparkPoint Financial Services for Low-Income Residents FREE financial coaching & services

SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
39155 Liberty St, Rm #A120, Fremont
To register, call 574-2020
Fremont.gov/SparkPointFRC

Fremont Family Resource Center

24 agencies help Tri-City residents with employment, counseling, childcare subsidies, housing, legal, public benefits, health insurance, a drop-in childcare center & more.
M-F 8-5.
39155 Liberty St, Fremont
510.574.2000 or
Fremont.gov/FRC

COMMUNITY BULLETIN BOARD

Fremont Garden Club Join enthusiasts from Tri-City area Meets Feb. - Oct. 3rd Wednesday of the month at various locations Social time: 6:15 pm Presentation: 7-8:30 pm Annual dues: \$30 indi, \$50 couples Call Lynn: 510-604-8206 www.fremontgardenclub.org		SPORTS COLLECTOR'S SHOW Saturday July 14 10am-3pm Hayward Veterans Bldg. 22727 Main, Hayward Hosted by The American Legion Post 68 For more information Edward Castillo 510-348-7771 ercastillo@yahoo.com	Fun Orchid Day On Saturday, June 23 Rotary Club of FUN Sunset (Meets every Thursday at 7pm) Come join the fun and learn about Cymbidium Orchids Its care, how to split & re-pot Wine & refreshments served You will take home a young orchid to love. Barry Ripp at 510-386-5066 for information and tickets	
	Free English Adult Classes Beginning to intermediate conversation, pronunciation, listening, reading Tues. 10am -11:30am South Bay Community Church 47385 Warm Springs Blvd. Fremont 510-912-1698 email: eslsbcc@gmail.com		Rotary Club of FUN Sunset Meets every Thursday at 7pm Crowne Plaza Hotel 32083 Alvarado-Niles Road Union City, CA 94587 Questions: Call Orny 510-585-8897	

2018 nominees to U.S. service academies

SUBMITTED BY
JOSH RICHMAN

Rep. Eric Swalwell (CA-15) hosted a reception June 9 in Dublin to honor six students from the 15th Congressional District whom he has nominated to the United States Service Academies. “This diverse group of young men and women represents the best of California’s 15th Congressional District: They are leaders in their schools and communities who are eager to apply their amazing talents and skills to the service of our nation,” Rep. Swalwell said after the reception. “Just as these students have earned reputations for their determination and success, the United States Service Academies have earned reputations for building character and academic excellence. I know Bianca, Amir, Rohit, Victor, Isabella, and Matthew will give this challenge their all, and be great assets to our armed services.” Bianca Greer, 18, of Hayward—graduating from Castro Valley High School in Castro Valley—will attend the United States Military Academy in West Point, N.Y. Bianca is president of the Black Student Union, captain of the varsity basketball team, and is academically ranked second in

her graduating class. A three-sport varsity athlete, earning letters in basketball, volleyball, and track and field, she received the North Coast Section Scholar Athlete Award for three consecutive years. Amir Udler, 18, of San Ramon—graduating from California High School in San Ramon—will attend the United States Military Academy in West Point, N.Y. Amir served as captain of the Mock Trial Team and the Academic Decathlon Team, and is founder and president of the Jewish Student Club. This year, Amir’s Mock Trial Team won first place in the Contra Costa County competition, and he received awards for Best Prosecution Opening Statement and Best Direct Examination. Rohit Menon, 17, of Pleasanton—graduating from Amador Valley High School in Pleasanton—will attend the United States Naval Academy in Annapolis, Md. Rohit is an exceptional track and field athlete, earning a varsity letter in all four years of high school. He received an All-American Bronze Medal in the 4 x 100 at the 2016 U.S.A. Track and Field Junior Olympics, and he was a North Coast Section Track and Field Finalist in 2015, 2016, and 2017. Rohit also was named a National Merit Scholarship Semi-Finalist.



Victor Wang, 19, of San Ramon but formerly of New Jersey, will attend the United States Naval Academy in Annapolis, Md. Victor played varsity lacrosse and basketball at the Bergen County Academies in Hackensack, N.J., and he served as captain for his basketball team. One of Victor’s great passions is robotics, which he has pursued with his work in the FIRST Robotics Competition Club, the TSA TEAMS, and the Battlebots Club. His robotics projects have earned him two state-level second-place titles and one third-place title. Isabella Adamos, 17, of Dublin—graduating from Dublin High School in Dublin—will attend the United States Air Force Academy near Colorado Springs, Colo. Isabella has earned a varsity letter for soccer in all four years of

high school; she also has earned a first-degree black belt in Tae Kwon Do. Isabella has volunteered for more than 75 community service hours with the Catholic Community of Pleasanton. Through this organization, she served as Vacation Bible School Leader, Mass Greeter and Usher, and assisted with the Eucharistic preparation courses and church decoration. Matthew Kim, 18, of Pleasanton—a graduate of Foothill High School in Pleasanton—will attend the United States Air Force Academy near Colorado Springs, Colo. Matthew served as captain of the varsity swim and water polo teams. He also participated in the marching band, playing the clarinet, piano, and tuba, earning first chair. Before graduating, Matthew also founded his own

company, Shard Designs; he crowdsourced more than \$25,000 to design and manufacture a portable sketching tool, and he has sold 1,500 of these tools so far. “Many thanks to the panel of esteemed 15th District veterans and distinguished community members who reviewed the applications and made these selections,” Swalwell said. The honor of attending a service academy comes with an obligation and commitment to serve in the military for a minimum of five years upon graduation. Nominations are based on a ‘whole person’ evaluation: Factors such as academic achievements, extra-curricular activities, leadership skills, physical aptitude, character, and motivation are taken into consideration and compared with other applicants.

Union City
City Council

June 12, 2018

Ceremonial Items:

- Declare June 21 as “The Longest Day,” a day of awareness and effort to fight against Alzheimer’s dementia. June also proclaimed as “Alzheimer’s and Brain Awareness” month.
- Proclaim June as Pride Month in recognition of the 1969 Stonewall Riots in New York City.
- Recognize June as Immigrant Heritage Month, accepted by chair of the Human Relations Commission Derrick Richardson.
- Rising Sun Energy Center presentation by outreach manager Lindsey Roark on the California Youth Energy Services program.

The program runs “Green House Call,” a visit to a resident’s home where they install green friendly LED lights, and other water and energy saving equipment for the home. Youth ages 15-24 also gain professional development skills and job experience.

Consent Agenda:

- Adopt a resolution authorizing the City Manager to sign a three-year contract with the City of Fremont Animal Shelter Services. The city has been on the previous contract for 30 years and it expires on June 30 of this year. The contract can be renewed for two more three-year terms for animal shelter operation and services.
- Adopt a resolution to pay the final construction cost of the Union City Teen Center remodel project in the amount of \$3,441,272. Construction projects for the center include new rooms,

a kitchen for commercial use, energy efficient LED lights, and a wooden canopy entrance. Additional renovation and modification of rooms is included in the final project amount.

- Develop a resolution announcing and organizing a local general election on Tuesday, November 6, 2018. The elections would fill three vacant seats on the City Council.

Public Hearings:

- Conduct a second public hearing on the Charter City proposal. City Council would vote on putting the proposal on the November ballot on July 24. Residents would then decide whether Union City becomes a charter city.

Public Comments:

- Resident asked if she can continue her campaign on Alzheimer’s awareness by posting on the City Council board. Dutra-Vernaci di-

rects her to a staff member.

City Reports:

- Create a resolution that would repeal the elimination of the Civil Engineering position, fund that position with the gas tax fund, and fund the new Environmental Analyst position with the Clean Water fund. The gas tax fund would be an annual increase in salary and benefits for the Civil Engineer which equals to \$183,000 per year. The Environmental Analyst position would have a \$54,000 decrease in salary and benefits per year. The Environmental Analyst position is still a full time position that would fund the employee with grants.
- Adopt a resolution for the fee increase of the city’s solid waste, organic waste, recycling and storm water runoff programs. The services are coming from Tri-CED and Republic. There is a \$1.62 increase

for single-family homes that have all three carts and a \$1.23 increase for a two cart service.

- Adopt the 2018-2019 budget with recently made adjustments. Councilmember Singh raised a concern of the 2% decrease in the city’s fire department program, also called a “brownout”. His main worry is the slower response time for emergency events especially for senior citizens. City manager Tony Acosta explains why cuts were made on this specific program. One public comment was made on this item about public safety.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Lorrin Ellis	Aye
Emily Duncan	Aye
Pat Gacoscos	Aye
Gary Singh	Aye

June is Brain Awareness Month – Dementia on the Rise

SUBMITTED BY RICHARD CAMPAGNA

June is Alzheimer’s and Brain Awareness Month® (<https://www.alz.org/abam/>), and time for the Alzheimer’s Association to raise awareness about Alzheimer’s and other dementias. “The facts (<https://www.alz.org/facts/>) about Alzheimer’s are startling,” says Richard Campagna, an in-home senior services professional with Senior Helpers of Pleasanton serving the Pleasanton area. “More than 5.7 million people are living with Alzheimer’s today, and every 65 seconds someone new in the

United States alone develops the disease.” These statistics, says Campagna, tell only a part of the story. An Alzheimer’s or dementia diagnosis impacts not only the person affected, it can also create physical, emotional, and financial challenges for family members. A recent study from The Alzheimer’s Association estimates that unpaid family caregivers provide 18.4 billion hours of care valued at over \$232 billion each year to affected loved ones. “The difficult reality of Alzheimer’s is that, today, there are no therapies that significantly slow or halt the progress of the disease,” says Campagna. “But studies do

show that active management of Alzheimer’s and other dementias can improve quality of life for both an affected loved one and their family, as well as reduce behaviors like wandering and agitation.” ‘Active management’ includes not only seeking out appropriate treatment options and coordinating health care services, but also encouraging the affected individual to continue to participate in meaningful and enjoyable activities and to connect, through support groups and similar services, with others living with dementia. Another difficult reality of Alzheimer’s and dementia, according to Campagna, is that individuals will require increasing levels of supervision and personal care as the disease progresses. “No one should have to

face Alzheimer’s alone,” said Campagna, “but juggling the demands of caregiving with other family, personal, and professional responsibilities is challenging. As the brain changes progress and cognitive skills decrease over the course of the disease, the burden of caregiving can become overwhelming. That’s when services offered by companies like Senior Helpers can offer a real and welcome benefit to both the affected person and their caregivers.” To learn more about techniques and strategies to help support a loved one experiencing brain change, visit <https://www.seniorhelpers.com/services/alzheimers/> to download a video or request a DVD copy of Senior Helpers’ Guide to Supporting Family Members with Dementia.

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Get Set to Get Wet!

Have fun in the sun this summer at Aqua Adventure Waterpark! Plan your family fun activities with us. The waterpark is open daily from June 18 through August 26 and weekends through September. Aqua Adventure has something for everyone. From the Lil’ Squirts Splash Pad and Bucket Bay, to Roundabout River and Oasis Pool, to our 40-foot waterslides—we’ve got it all! And don’t worry about packing a lunch. The Grill will be cooking up pizzas and hot dogs for the kids and whipping up salads and sandwiches for the parents.

Aqua Adventure is the place to be this summer with its aquatic camps, swim lessons, birthday packages, and group events. So, whether you’re planning your entire summer itinerary, a birthday party, get-togethers, or a corporate event, remember to have a splashing good time at Aqua Adventure! Visit www.GoAquaAdventure.com for park information, location, and details.

Aqua Adventure Family Friday Nights

Are you ready for some quality family time? Don’t let fun-filled opportunities with your kids pass you by. Come enjoy Aqua Adventure Family Friday Nights this summer from 4 p.m. to 8 p.m. on the following dates:

- Friday, June 29
- Friday, July 20

- Friday, August 10

With fun in the sun and in the water, you can’t go wrong. Tickets are \$9 each and are only good for the specific Family Friday event date chosen and are non-refundable and non-transferable between Family Friday dates. Please bring your ID, a copy of your receipt, and all group members to the front gate to be admitted. Your receipt is your entry ticket.

For more information visit www.GoAquaAdventure.com or call (510) 494-4426.

Community Feedback on Mobility Action Plan Extended to July 20

Since launching the Mobility Action Plan survey on April 20, the City of Fremont has received valuable community feedback on local transportation and mobility challenges. Due to popular demand, the survey window has been extended to July 20.

The City continues to seek input from the community to develop the most efficient, timely solutions for its Mobility Action Plan. Guided by the Mobility Task Force, the Plan is a community-developed, five-year framework for regional advocacy and local action to relieve traffic congestion, improve multimodal local circulation, reduce major traffic crashes, and adapt to new transportation technologies.

Fremont is calling on community members to share their thoughts via an online survey conducted on the City’s online civic engagement forum, Fremont Open City Hall. Community members will be shown information on the portal about Fremont’s transportation challenges, what the City is already doing to address them,

and what is planned for the future. They can then share their input on each of the topics which will later be incorporated into the broader Mobility Action Plan.

Visit www.Fremont.gov/OpenCity-Hall Mobility to take the survey, which will run through July 20. There are 16 questions in the survey and it should take approximately 10 minutes to complete. For more information about the Mobility Action Plan visit www.Fremont.gov/Mobility-ActionPlan.

Summer High School Student Course on Energy and Sustainability

The City of Fremont is pleased to announce a summer course for local high school students on energy and sustainability. The course, titled “Electric Power and Its Impact on the Environment and Economy,” will be held on Fridays from 1 p.m. to 3 p.m. from July 6 through August 24 at the City of Fremont Development Services Center, and it will be taught by City of Fremont Environmental Sustainability Commissioner Shiva Swaminathan, P.E., CPA.

Aligning with STEM (science, technology, engineering, and math) principles, the course will provide students with the opportunity to develop their knowledge and skills in electrical engineering while at the same time exploring the environmental and economic impacts of electricity production and consumption. Students from all public and private high schools who reside in Fremont are encouraged to apply by 5 p.m. on Wednesday, June 27. Priority will be given to incoming high school juniors and seniors who have previously completed coursework

in Geometry, Algebra 2, AP Physics 1 (with electricity), and AP Chemistry.

For more information and to apply, please visit www.Fremont.gov/Energy Class or send an email to sustainability@fremont.gov.

Summer Camps

Anything is possible this summer! The City of Fremont’s Recreation Services has hundreds of camps with a variety of activities and locations. Whether your child is a hacker in training, passionate about the arts, the next top chef, or an athlete — we’ve got something for everyone. If your child loves nature, science, or cooking, we have camps that will help them explore and try new activities. Just for fun, aquatic, and sports camps emphasize play and meet new friends.

This summer is a world of possibilities with the City of Fremont. Camps run June 18 — August 29 with full-day, half-day, and extended-care options. So, what are you waiting for? Learn more at www.RegeRec.com or call (510) 494-4300.

Spanish Immersion Summer Camps

Fremont Recreation Services offers new Spanish Immersion Summer Camps designed to give children a unique opportunity to learn, practice, and improve their Spanish language skills. Week-long sessions are centered on a specific theme [Central American Adventure (July 9-13) and Secret Formula ‘Laboratorio’ (Aug. 20-24)] and consist of interactive games, music and movement activities, and arts and crafts. Each camper, age 5 to 10 years old, will learn basic language skills to

supplement the vocabulary linked to each theme. More advanced students learn useful phrases, grammatical concepts, and practice their conversational Spanish. Join in exploring the savage rain forests, wild rivers, majestic waterfalls, and explosive volcanoes of Central America and make sure not to miss this scientific adventure where we will reveal our confidential formulas! Register at www.RegeRec.com (barcode #’s – 264830 and 264831), or call (510) 494-4349.

Upcoming SunWork Solar Workshops in Fremont

Looking for a volunteer opportunity in the areas of sustainability and clean energy? Interested in learning how solar energy can work for your home? SunWork is a nonprofit solar installer and City of Fremont community partner that specifically targets low energy usage households, schools, and nonprofit organizations. SunWork is hosting the following workshops in Fremont on Saturday, June 23.

Volunteer Training

Become a SunWork volunteer and learn how to install solar systems

**Saturday, June 23
9:30 a.m. to 12:15 p.m.
Fremont Main Library
2400 Stevenson Blvd.**

Going Solar Workshop

Learn about solar technology and how it can work for your home

**Saturday, June 23
12:30 p.m. to 1:45 p.m.
Fremont Main Library
2400 Stevenson Blvd.**

For more information and to register for the workshops, visit www.sunwork.org/events.

Local Author and Astronomer honored



Former Union City Mayor and Councilmember Bob Garfinkle has received an out-of-this-world honor. In May 2018, Bob received word that the International Astronomical Union (IAU) has officially adopted the name “(31682) Garfinkle” for a Minor Planet (asteroid) originally designated 2000 EY70, which is located in the main asteroid belt between Mars and Jupiter. The object is about 6 km in diameter and has a visual magnitude of 20.5. Bob is also a Fellow of the Royal Astronomical Society and a best-selling author of astronomy books. He is nearing completion of the proofing stage of his major lunar observers’ handbook, which will be published by Springer in the near future.

Additionally, Bob is a former president of the California Writers Club (CWC) and in 2009 was a co-founder of the local Fremont Area Writers branch of CWC. He is also the book review editor for the “Journal of the Association of Lunar and Planetary Observers” and the Historian for the Lunar Section of the British Astronomical Association, and he writes articles on the history of astronomy for national and international publications.

Student overcomes homelessness, addiction and depression to graduate

SUBMITTED BY KIMBERLY HAWKINS

“I am homeless. I am addicted to cocaine. I am addicted to alcohol. From head to toe I am covered in addictions that have plagued my life for too long. I’ve never been so lost or confused in my life. I sleep wherever I can with whoever I can to drown my depression and a lie that I have been keeping from those who have cared so deeply for me. I push away my family to continue living a lie. Nobody has any idea how badly I want to leave this earth. I don’t belong here. I am going to sleep now and if you find this, share my life with the world. Share the stories both good and bad. Share the love. Share the happiness. Share life just as I tried to do. I love, and that is all I have to offer you.”

Nelson Harrison didn’t think he would make it through the night when he wrote this just after midnight in January 2016.

“I really thought at that point, my life was a wreck,” the Cal State East Bay kinesiology student said. “There was nothing to live for anymore. I fell asleep, and the very next day, I woke up and that was it. I don’t know what happened, how it happened, but that was the turning point of my life.”

Harrison says he grew up in an abusive home where drugs were prevalent. By the time he was ten years old he was smoking weed and eventually his addiction turned to alcohol and harder drugs, including cocaine.

He enrolled in Cal State East Bay’s kinesiology program hoping to clean up his act, but during his studies, his father suffered two strokes. Moreover, his sister battled breast cancer, and Harrison says the stress from those life-changing events sent him spiraling deeper into depression and addiction.

Looking back, Harrison says the night back in 2016 doesn’t seem real. He woke up the next morning, quite literally and figuratively. “From that moment on my life completely changed,” Harrison said. “Everything that I could ever imagine going wrong started going right for me and now I am finally here, about to graduate. It’s the greatest thing.”

Harrison worked hard at making amends with his family and getting back on track at school. “Three words really help me—compassion, forgiveness and gratitude,” he said. “Every time I wake up, I say thank you and just look at myself in the mirror and say ‘You made it! You made it!’”

Harrison said he isn’t sure about his next step, but he knows his purpose in life is to bring smiles to others and to give back whenever and wherever he can. The 31-year-old runs a free boot camp and cooks fresh meals for the homeless in Berkeley at least once a week.

“Knowing what Nelson had to overcome to get where he is today is inspirational and humbling,” said Paul Carpenter, chair of the Department of Kinesiology. “Inspirational in

that the challenges he has faced and overcome, the demons he has conquered, offers hope to others that they too cannot only survive but thrive. Humbling in that his willingness to give back and help others gives me perspective on how privileged I am. The support and encouragement he has given me as my personal trainer as I have dealt with a health issue, has been invaluable and for which I owe him a debt of gratitude. He may yet convince me to go vegan!”

Harrison, a tri-athlete, has had a profound impact on his professors who say he is a standout who reminds them of their responsibility to the health of our environment, and of our bodies.

“He’s very smart, works incredibly hard, with a driving commitment to a set of values that will make him an invaluable member of any community lucky enough to have him,” said Cathy Inouye, associate professor of kinesiology. “There’s an altruistic element to the work he plans to do upon being graduated, plans that include international travel and impacting lives of others by teaching and educating others about effective exercise programming and evidence-based benefits of movement and physical activity from a multidisciplinary perspective.”

Facebook shared user data with Chinese handset makers

ASSOCIATED PRESS

Facebook has acknowledged it shared user data with several Chinese handset manufacturers, including Huawei, a company flagged by U.S. intelligence officials as a national security threat, as it faces a fresh wave of allegations over its handling of private data.

Chinese firms Huawei, Lenovo, Oppo and TCL were among

numerous handset makers that were given access to Facebook data in a “controlled” way approved by Facebook, the social media giant’s vice president of mobile partnerships, Francisco Varela, said in a statement on June 5.

The statement came after The New York Times published reports detailing how Facebook has given device makers deep access to the data of users’ friends without their explicit consent. The data included work history, relationship status and likes on device users and their friends.

The Times reported the recipients of Facebook data in-

cluded Chinese firms like Huawei that have been banned by some U.S. government agencies due to security concerns. Facebook told the newspaper it would end its data partnership with Huawei by the end of this week.

Senator Mark Warner, the top Democrat on the Senate Intelligence Committee, said the news raises legitimate concerns and wanted to know how Facebook ensured data was not transferred to Chinese servers. “Given the interest from Congress, we wanted to make clear that all the information from these integrations with Huawei was stored on the device,

not on Huawei’s servers,” Facebook’s Varela said.

Huawei did not immediately respond to requests for comment. It has long denied that its products pose security risks.

For years, Huawei and its Shenzhen-based rival ZTE have been the subject of security misgivings in the U.S., but they have come under scrutiny since the start of the Trump administration. The Pentagon in May banned the sale of Huawei and ZTE phones on military bases, four months after AT&T dropped a deal to sell a new Huawei smartphone.

Feral Hearts on the farmland

ARTICLE AND PHOTOS BY
ROBBIE FINLEY
PHOTO COURTESY OF
FERAL HEART FARM

Within the confines of the Sunol AgPark's sprawling agricultural landscape is a small farm with a big purpose. With three acres of farmland, Feral Heart Farm produces a variety of unique crops that you won't find at your average grocery store. Food can connect people in the community, and Feral Hearts' mission is to provide accessible foods to the diverse communities in the East Bay.

Sunol AgPark is home to seven small farms in all, with



to start a farm there. Today, he operates it with the help of fellow farmer Mica O'Herlihy, who recently joined him after working for a while at Ardenwood. Dinwoodie, a California native, has been farming for 14 years and spent 11 of those years farming in Half Moon Bay. The dream for the venture is still the same as it is today: Feral Heart is local, organic, and unique.

For a while now, people have been gravitating towards food that is organic or otherwise verified as not containing harmful toxins or additives. "We wanted to grow a substantial amount of food and provide it to our community," Dinwoodie

said. "We were certified organic a few years in, and we do plant starters so people can grow in their own gardens," he added. Feral Heart provides organic produce for purchase at farmers markets and directly to local restaurants. "Part of [creating Feral Heart Farm] was creating access to healthy food that isn't always readily available. That we're so close to urban centers is also an important factor," Dinwoodie said of the farm's mission.

Feral Heart grows basically the greatest hits of produce, but with their own twist. While they may grow cauliflower, Dinwoodie explained, they will try to grow a



Sunol farmer Aaron Dinwoodie. Photo courtesy of Feral Heart Farm.



Feral Heart operating there for the past four years. Small is a funny term in the world of farming, as anything less than 100 acres is considered a small farm, while the AgPark's farms top out at around three acres each. In a sense, these might be called micro farms, if such a term existed. Feral Heart's farmer Aaron Dinwoodie came to the AgPark as part of a joint venture



unique version, such as purple cauliflower. "Our niche that we're trying to create for ourselves is that we're growing things that are recognizable to some degree but are a little different, things no one has heard of," Dinwoodie said, adding, "When we go to farmers markets or to our chefs, that's what they want, and a lot of people who go to the farmers markets tend to want to try something new." Past produce includes purple daikon radishes, kohlrabies (type of cabbage), turnips, a variety of peppers, lettuces, tomatoes, carrots, and broccoli.

The AgPark's seven farms foster a friendly neighbor attitude with one another, often assisting each other when possible. "There is a lot of camaraderie and a fair amount of cooperation," Dinwoodie said, adding, "We're all different businesses serving different markets. Some do farmers markets and some restaurants, but they mainly focus on the markets. Feral Heart grows mixed vegetables, another farm is a flower farm, and another grows veggies and edible flowers for wholesale." Feral Heart's tractor and the greenhouse are often shared among the adjacent farms in the AgPark, often in exchange for work or bartering.

The vision for Feral Heart extends beyond offering produce to the community, as Dinwoodie often takes part in the AgPark's educational outreach. Throughout the school year, students from local districts visit the park and learn about farming. Dinwoodie has also worked to bring Feral Heart to elementary

schools in Hayward and offer produce for sale to the families there. "One thing I've been working on with my friend Sandy Frost in Hayward... Last fall, we sold some produce to an elementary school where the kids set up a farmer's market and basically sold the produce to their parents," Dinwoodie said. The event was a success and a fun exercise in produce education and business for the students. "We're working on a few projects like that to partner with local schools and get kids into farming and other projects around greening or providing access," he added, noting how Hayward is what he describes as a food desert. "We are trying to find that food accessibility to low income folks," he said.

While Feral Heart has been busy for its four years in operation, it is not easy running a very small farm with very large competition out there. "We are a small farm and we need to pay ourselves a living wage, so we're looking at grants and county initiatives that would provide some income to our farm while subsidizing the cost of veggies for low-income folks so that accessibility can be created," Dinwoodie explained. He's also looking for ways to expand Feral Heart's operations, looking into projects like taking on olive trees at locations throughout the East Bay.

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California Trail habitat to open at Oakland Zoo



SUBMITTED BY
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Almost three years since breaking ground and more than two decades in the making, Oakland Zoo's highly anticipated California Trail opens to the public on July 12, 2018. The expansion more than doubles the Zoo's current size from 45 acres to 100 acres. Six (soon to be eight) new native California animal species, each selected for their historical significance to our state and status in the wild, have settled into their expansive new habitats—among the largest in the world—designed under the collaboration of animal behavior experts, wildlife experts, and notable habitat design experts. These species are American buffalo, Black bears, Grizzly Bears, Brown bears, Mountain lions, Jaguars, California condors, Gray wolves and Bald eagles.

The California Trail also includes the interactive California Conservation Habitatarium, Conservation Action Tent, California Wilds! Playground based on California's diverse eco-zones, and Clorox Overnight Experience 'safari-style' campground.

Many of the animals at California Trail come from rescue situations managed by the California Department of Fish



& Wildlife, where re-release into the wild was not possible due to no chance of survival following rehabilitation. These animals would have been euthanized if suitable placements were not found.

Two Grizzly/Brown bear cubs, all orphans, and all males over one year of age arrived on May 25th. The bears' mothers were unfortunately designated as 'public threats' and thus dispatched by Alaska Dept. of Fish and Game, creating the need to find a home for the cubs who would have otherwise been euthanized.

Two California Condors arrived on May 10, from the San Diego Zoo and the Oregon Zoo. Four female bald eagles will

arrive the week of June 25 from the Raptor Education Center in Wisconsin. All of these birds are rescues from the wild and unable to survive on their own.

Two Gray wolves, Sequoia and Siskiyou, from the California Wolf Center, arrived in late December and animal keepers have been conducting 'wolf acclimation training sessions' for these many months with exposure to small groups of people to give them ample time to adjust to their new two-acre home.

Two Jaguars, the first of whom will arrive the week of June 25 from LA Zoo and is a 5-year old male. A female from ARCASin Guatemala will be arriving as early as this fall.

Three Mountain lion cubs, two male and one female, were brought to the Zoo in December of last year by the California Dept. of Fish and Wildlife in very ill condition. Through the attentive care of Zoo vets and animal keepers, Toro, Silverado, and Coloma have grown healthy and strong over the past few months and have created a tight bond with one another in their new home.

Our Black bear family, a mother and her three cubs, were the first to call California Trail their home in summer 2017. Following an incident where the mother entered a home and inflicted human injury, the California Department of Fish and Wildlife (CDFW) picked up the bears and deemed the mother a public safety threat. Per the law, she was initially set to be euthanized by CDFW—her cubs also determined by CDFW to be ineligible for re-release as they were too habituated to humans. An exception was made by





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Pablo-Allard herd which date back to 1873, were brought to California Trail by the Blackfeet Nation of Montana in mid-April. They currently enjoy 13 acres of rolling grassland and can be seen the gondola transporting guests to the California Trail.

California Trail is accessed by 24 eight-passenger open-air gondolas, which transport guests on a four-minute ride up and over the rolling hills of Knowland Park to the California Trail site from the main Zoo. There, at 650 feet above sea-level, visitors arrive at the 3-story Kaiser Permanente Visitor Center, which houses The Landing Cafe, a floor-to-ceiling glass-walled 176-seat restaurant serving artisan menu items not available elsewhere in the Zoo. An observation deck at the restaurant provides panoramic views of six Bay Area counties.

CDFW in this case, allowing them to be taken in by Oakland Zoo permanently.

Fourteen iconic (female) Buffalo (24 now including calves birthed in recent weeks), descendants of the historic



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