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December 19, 2017

Vol. 15 No. 51

Happy Trails

Connecting the Bay in one trail

BY ROBBIE FINLEY

It is a dream over 50 years in the making: to unite all 500-plus miles of San Francisco Bay coastline with one trail. Forty-seven cities in nine counties, are working in conjunction with the Association of Bay Area Governments (ABAG) to pull off this incredible, arduous feat.

Imagine one day being able to hop on a bike and circumnavigate the entire bay, taking in all of its diverse urban and natural beauties at a leisurely pace. Sound outrageous? Not to

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Marina Bay in Richmond near Meeker Slough. Photo by Bruce Beyaert.



Kwanzaa

celebrates core values, fosters community

BY VICTOR CARVELLAS

For the seven days, spanning December 26 through January 1, millions of people of African descent in the United States and worldwide will celebrate the holiday of Kwanzaa, created in 1966 by Dr. Maulana Karanga of Cal State Long Beach.

According to Karenga, the name Kwanzaa derives from the Swahili phrase "matunda ya kwanza," meaning "first fruits of the harvest," or simply "first fruits." Swahili was

chosen as the language of Kwanzaa because it is something of a pan-African lingua franca, and because the acceptance of Swahili as an international language acknowledged the decolonization of numerous African nations in the 1950s and '60s.

Kwanzaa is a value-centered holiday with roots in the Black Nationalist movement of the 1960s. Karenga believed that the

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Big Picture Arts

Nurturing the artist in all of us

BY DAVID R. NEWMAN
PHOTO COURTESY OF
ANDREW JOHNSTONE

Andrew Johnstone is a man on a mission. For practically his entire life, he has been lucky enough to get paid for what he loves to do, and now it is his chance to give back. Says Johnstone, "I've never had a real job. I've always made a living as an artist, selling work and keeping busy. I've been lucky. Now I'm in my third act – I'm at a point in my life when I can give back."

Johnstone is known for his trompe l'oeil murals (large realistic looking landscapes) that can be seen throughout the Bay Area. And since 2005 he has been the Chief Design Steward of "The Man" at the famous Burning Man art and music festival held every year at Black Rock, Nevada.

In 2010, the Scottish muralist founded Big Picture Arts, a non-profit dedicated to mentoring young graffiti offenders, helping them use their creative energy for good, to make "art without victims." Says Johnstone, "We start off with the premise that everything is art. Graffiti, Expressionism, Cubism – it's all art. But when is art wrong? When is it in the wrong place? It's in the wrong place when it's on somebody else's stuff. That's it. End of discussion."

For many inner city youth, the lines between personal and public space can be blurred. For them, writing on a wall or a building may not seem like an infringement on someone else's rights, but simply an act of self-expression. Says Johnstone, "We're saying that there are other ways to paint and to express yourself. These kids have been aching for feedback and a little love."

At his workspace at American Steel Studios in Oakland, Johnstone and a small band of fellow artists teach week-long classes to graffiti offenders from the juvenile justice system, department of health and human services, or directly from schools. They show them how to stretch and gesso their own canvas, meet other working artists, and go on fieldtrips to galleries and museums and places like Pixar. Says Johnstone, "We're not police, or social workers, or teachers, or parents. We're artists. And I think that opens up a dialogue of trust. We understand that passion, that compulsion to create. We're the same animal."

Big Picture Arts runs about six projects per year, each with a crew of about six to eight artists. Recently the San Leandro Improvement Association (SLIA) teamed up with Big Picture Arts to create the city's first public art mural. Entitled

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At Washington Hospital, support group participants offer both compassion and first-hand information.

When It Feels Like Others Can’t Understand

Washington Hospital Offers a Variety of Support Groups

Where do you turn when some of the aspects of your life are difficult and you feel like others can’t understand what you’re experiencing? Maybe you’re facing the challenges of living with a chronic disease like diabetes, lung disease or arthritis. Perhaps you or someone you know is caring for a loved one with dementia. Washington Hospital offers a number of

support groups to help community members dealing with these and other issues. “Sometimes just talking to others in the same situation can help,” said Lucy Hernandez, community outreach project manager at Washington Hospital. “Our support groups provide a caring place to turn for anyone who could use a little extra understanding.” The support groups are offered free to the community

and no registration is required. All of the groups meet monthly, except for the weekly Grief Support Group. All are held at the Conrad E. Anderson, MD, Auditorium, except for the Stroke Support Group, which meets in the Neuroscience conference room at Washington West. “A lot of individuals who have had a stroke tend to gravitate toward each other,” Hernandez noted. “They’re

not always comfortable around others, particularly if they are still in the process of recovering and maybe haven’t gained full function. They might be embarrassed. But in the support group, they are with others facing some of the same changes to their lifestyle.” Living with a chronic disease can be difficult. Lifestyle changes, medications, and the loss of health and mobility can be overwhelming. Support groups provide an outlet where people can share their experiences and learn from others who understand.

Caregivers Welcome

Being a caregiver can also take its toll. That’s why caregivers and loved ones are welcome at all of the group meetings.

The support groups are designed to provide information and connect people who are experiencing similar challenges. Some groups feature formal presentations in addition to discussion group time where members can talk about what is on their minds.

“One of the common aspects among all the support groups is that members learn valuable information from others in the group,” Hernandez said. “Participants are eager to share useful information and resources that can help make the journey a little easier for other patients, families and loved ones. They are excited to help others in the same situation.”

In addition to the Grief Support Group and the Stroke Support Group, there are support groups for people with arthritis, lung disease, breast cancer, diabetes, and Crohn’s disease and colitis. The Mended Hearts Group provides support to those who have had heart surgery, heart attack, angioplasty, or other heart conditions and procedures. The Dementia Family Caregiver Support Group is for family members and caregivers of those with dementia or Alzheimer’s.

“Caregiving can be incredibly challenging, both emotionally and physically,” Hernandez added. “You aren’t only caring for another person, you are also working through your own issues. Caregivers are always putting others out in front of their own needs, but they also need to care for themselves so they have the energy to care for others.”

A complete list of support groups is included in the latest Washington Hospital Health & Wellness catalog, available online and soon, in print. For an online list, with meeting times and dates, visit <http://www.whhs.com/About/Community-Connection/Health-and-Wellness-Catalog>. You can also call Health Connection at (800) 963-7070.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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InHealth
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
	12/19/17	12/20/17	12/21/17	12/22/17	12/23/17	12/24/17	12/25/17	
12:00 PM 12:00 AM 12:30 PM 12:30 AM	Deep Venous Thrombosis	Family Caregiver Series: Legal & Financial Affairs	Shingles	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Sports Medicine Program: Nutrition & Athletic Performance	Heart Health: What You Need to Know	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	
1:00 PM 1:00 AM		New to Medicare? What You Need to Know		New to Medicare? What You Need to Know		(Late Start) Learn If You Are at Risk for Liver Disease		
1:30 PM 1:30 AM	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Diabetes Matters: Gastroparesis	Nerve Compression Disorders of the Arm	11th Annual Women's Health Conference: Meditation	Voices InHealth: Medicine Safety for Children	Pain When You Walk? It Could Be PVD	Strategies to Help Lower Your Cholesterol and Blood Pressure	
1:30 PM 1:30 AM	Snack Attack						Diabetes Matters: Type 1.5 Diabetes	
2:00 PM 2:00 AM	Respiratory Health	Washington Township Health Care District Board Meeting November 8, 2017	Keys to Healthy Eyes	Washington Township Health Care District Board Meeting November 8, 2017	Skin Health: Skin Cancer & Fountain of Youth	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Washington Township Health Care District Board Meeting December13, 2017	
2:30 PM 2:30 AM			Learn the Latest Treatment Options for GERD					
3:00 PM 3:00 AM	Stop Diabetes Before it Starts		(Late Start) Family Caregiver Series: Panel Discussion	(Late Start) Palliative Care Series: How Can This Help Me?	New to Medicare? What You Need to Know			
3:30 PM 3:30 AM	(Late Start) Diabetes Matters: Living with Diabetes							
4:00 PM 4:00 AM		Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be	Diabetes Matters: Diabetes: Is There an App for That?	Symptoms of Thyroid Problems	Learn About the Signs & Symptoms of Sepsis	Vitamins & Supplements: How Useful Are They?	Family Caregiver Series: Advance Health Care Planning & POLST	
4:30 PM 4:30 AM	Arthritis: Do I Have One of 100 Types?	Minimally Invasive Surgery for Lower Back Disorders	Family Caregiver Series: Tips for Navigating the Health Care System					
5:00 PM 5:00 AM	Sports Medicine Program: Exercise & Injury	Sports Medicine Program: Big Changes in Concussion Care: What You Don't Know Can Hurt You	New to Medicare? What You Need to Know	(Late Start) Voices InHealth: Healthy Pregnancy	(Late Start) Getting Through the Holidays When You Are Grieving	Getting Through the Holidays When You Are Grieving	Vitamins & Supplements: How Useful Are They?	
6:00 PM 6:00 AM	Community Based Senior Supportive Services	(Late Start) Learn More About Kidney Disease	Latest Treatments for Cerebral Aneurysms	Good Fats vs. Bad Fats	Washington Township Health Care District Board Meeting December 13, 2017	Washington Township Health Care District Board Meeting December 13, 2017	Learn About the Signs & Symptoms of Sepsis	
6:30 PM 6:30 AM			Keeping Your Heart on the Right Beat				Advance Health Care Planning	Getting Through the Holidays When You Are Grieving
7:00 PM 7:00 AM	11th Annual Women's Health Conference: Patient's Playbook	Get Back On Your Feet: New Treatment Options for Ankle Conditions	New to Medicare? What You Need to Know					
7:30 PM 7:30 AM	Inside Washington Hospital: Advanced Treatment of Aneurysms							
8:00 PM 8:00 AM	Washington Township Health Care District Board Meeting November 8, 2017	Family Caregiver Series: Caregiving From A Distance	Washington Township Health Care District Board Meeting November 8, 2017	(Late Start) Understanding Mental Health Disorders	Vitamins & Supplements: How Useful Are They?	Diabetes Matters: Managing Time with Diabetes	Surgical Treatment of Obstructive Sleep Apnea	
8:30 PM 8:30 AM		(Late Start) Palliative Care Series: Palliative Care Demystified				Family Caregiver Series: Coping as a Caregiver	Sports Medicine Program: Why Does My Shoulder Hurt?	(Late Start) Alzheimer's Disease
9:00 PM 9:00 AM								
9:30 PM 9:30 AM		Obesity: Understand the Causes, Consequences & Prevention				Raising Awareness About Stroke	Prostate Cancer: What You Need to Know	Colon Cancer: Prevention & Treatment
10:00 PM 10:00 AM	Your Concerns InHealth: Senior Scam Prevention	Superbugs: Are We Winning the Germ War?	Digestive Health: What You Need to Know	Eating for Heart Health by Reducing Sodium	Don't Let Hip Pain Run You Down	Kidney Transplants	Voices InHealth: Demystifying the Radiation Oncology Center	
10:30 PM 10:30 AM				Minimally Invasive Options in Gynecology			(Late Start) Don't Let Hip Pain Run You Down	11th Annual Women's Health Conference: Heart Health Nutrition
11:00 PM 11:00 AM	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome				Voices InHealth: New Surgical Options for Breast Cancer Treatment	Diabetes Matters: Mindless vs Mindful Eating	(Late Start) Early Detection & Prevention of Female Cancers	

Can You Inherit Cancer?

The Washington Cancer Genetics Program Provides Important Answers

You've just heard that another family member has been diagnosed with cancer — luckily early stage.

However, you realize that this is the fifth case of cancer in your family: your grandfather, aunt, two cousins and your mother. Does this mean that your family has a genetic predisposition to cancer? What does this mean for you — and your children?

Beginning in January, genetic specialists will be adding a second monthly clinic at Washington Hospital in Fremont to help families answer some of these questions. The clinic serves patients, both men and women, with a diagnosis or history of cancer as well as those with questions about their risk for cancer. The Washington Cancer Genetics Program, an affiliation with UCSF Medical Center, is located at the Washington Women's Center, Washington West, 2500 Mowry Ave., suite 150, in Fremont.

Dr. David Lee, a UCSF medical oncologist and co-director of the UCSF – Washington Cancer Center, serves as the medical director for the genetics program. “We are able to test for a hereditary predisposition to a range of cancers,” says Liane Abrams, MS,



Through the Washington Cancer Genetics Program, patients understand the importance of family health history.

LCGC, one of the licensed genetic counselors who sees patients at the Fremont clinic. Some of the cancers that can be hereditary include breast, ovarian, colon, uterine, stomach, medullary thyroid, adrenal gland and neuroendocrine cancers.

The genetic counseling program includes education regarding genetic susceptibility, personal risk assessment and genetic testing, according to Abrams. The program also

provides support to help cope with the emotional and family concerns related to an increased cancer risk.

If a person is concerned about the possibility of being predisposed to cancer, seeing a genetic counselor is good preventive medicine, Abrams explains. “I encourage individuals to look at the family history, particularly first- or second-degree relatives who had cancer and anyone in the family who

has had a history of cancer under the age of 50.”

First- and second-degree relatives include parents, siblings, children, grandparents, aunts and uncles. Also important to be considered are the ages at which these individuals were diagnosed with cancer. “For example, prostate cancer diagnosed in an uncle in his 70s is of less concern than a grandmother who had breast cancer in her 40s,” Abrams says.

Abrams also emphasizes that hereditary cancer can occur in individuals of every ethnic background. She tells the story of a 38-year-old woman who hadn't had cancer herself but had multiple family members in Chile who had been diagnosed with early-onset breast or ovarian cancer under the age of 50.

After learning more about hereditary cancer, the woman chose to have genetic testing and was identified with a mutation in one of the breast cancer genes. She chose to have her ovaries removed, and the pathology of her ovaries showed early-stage ovarian cancer. The woman said that the testing saved her life.

Abrams explains that the first step for those who wish to have genetic counseling is to ask their primary care or other physician for a referral to the clinic. The cost for genetic counseling and testing is usually covered by most insurance providers. Those interested should check their insurance coverage policy guidelines for coverage information.

More information is available on the clinic's website: www.whhs.com/cancergenetics or by calling the clinic coordinator at (510) 608-1356.

Pilates

Pilates is a series of nonimpact exercises to develop strength, flexibility, balance and inner awareness. Pilates promotes a feeling of physical and mental well-being and also develops inner physical awareness; and it can be done by people of all ages and levels of fitness. Pilates practice is also helpful in preventing and rehabilitating injuries, improving posture and increasing flexibility, circulation and balance.

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Animal shelter salutes young ‘Honorary Volunteer’



Tia Mehta is honored by Fremont Animal Services as an “Honorary Volunteer”

SUBMITTED BY NAMRATA MEHTA

Fremont Animal Services recently honored second grader, Tia Mehta, 8, for her dedication and fund-raising work she has done for the shelter. Tia is a Fremont native who has always been an animal lover and has found it in her heart to help all of them in need.

Each year on her birthday, Tia goes around her neighborhood door-to-door raising funds and creating awareness for different charities she supports, such as Indians for Collective Action, a California based nonprofit organization serving the poor and needy, and Haiti Flood Relief.

This is Tia's fifth year of fund raising; she has been involved with the Animal Shelter for three years. While Tia is not old

enough to be an official volunteer, Animal Services has named her as an Honorary Volunteer of the Tri-City Animal Shelter. This year Tia raised a \$1001, and gave \$601 of that sum to the shelter where it will directly benefit animals waiting for their new forever homes and families. The rest of the money was donated to Indians for Collective Actions. She has also made and served breakfast at a Women and Kids Shelter in San Jose along with Community Seva Inc.

Tia believes that animals can hear and listen to her and vice versa. She is a compassionate and kind-hearted girl who is dedicated to helping animals in need. Tia's parents, Amit and Namrata Mehta, have taught her to give back to her community and are so proud of her accomplishments and selflessness.

Holiday Gifts

SUBMITTED BY NEWARK POLICE

We've all heard it's important when choosing toys for infants or small children to avoid small parts that can be pulled or broken off and might prove to be a choking hazard. But safety doesn't stop with just young children.

Below are additional gift-related safety tips for older children, teens and adults that you might not have heard about.

- Select gifts for older adults that are not heavy or awkward to handle.
- Be aware of dangers associated with coin lithium batteries; of concern is the ingestion of button batteries.
- Choose toys with care. Keep in mind the child's age, interests and skill level.
- Look for quality design and construction in all toys for all ages.
- Make sure that all directions or instructions are clear — to you

and, when appropriate, to the child.

- Plastic wrappings on toys should be discarded at once before they become deadly playthings.
 - Be a label reader. Look for and heed age recommendations, such as “Not recommended for children under 3.”
 - Look for other safety labels including: “Flame retardant/Flame resistant” on fabric products and “Washable/hygienic materials” on stuffed toys and dolls.
 - Electric toys with heating elements are recommended only for children over 8-years-old. Children should be taught to use electric toys properly, cautiously and under adult supervision.
- For answers to more holiday toy safety questions, visit the On-Safety blog on the Consumer Product Safety Commission website at <https://onsafety.cpsc.gov/> and search for “Holiday Toy Safety.”

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HiPhousing

Continued from page 1

Kwanzaa

celebrates core values,
fosters community

African-American community in the U.S. needed a positive identity and fundamental set of values that were based on the moral and ethical ideals of its home and parent culture, both of which had been stripped from the men and women forcibly brought to the New World.

By annually uniting in meditation and study of African traditions of Nguzo Saba, the “Seven Principles,” which Karenga called “communitarian African Philosophy,” a cultural renewal takes place, capable of sustaining the spiritual energy needed to make progress in the face of racism, disenfranchisement, and social inequality. Speaking at the height of the Civil Rights movement, Karenga noted that the fight for social justice before anything needed a spiritual focus: “The cultural revolution,” said Karenga, “gives identity, purpose, and direction.”

The celebration neither promotes nor reflects any specific religion; and while the Seven Principles feel universal, reflection on the history of African-descended people helps one understand why Karenga chose these values, and the resonance they have within communities of the African Diaspora.

The Nguzo Saba are celebrated - one per day - in the following order:

–**Umoja (Unity):** The focus here is to think about unity on several fronts, including family, community, nation, and race. Unity values what people have in common while recognizing the contributions made by their differences.

–**Kujichagulia (Self-determination):** Here the point is that people should have the right to give themselves a name, take credit for their own ideas and contributions to society, and use their own voices in forming their society and deciding on what is ethical and right.

–**Ujima (Collective work and responsibility):** The form of a community is the right and responsibility of all members. No one should suffer alone, and neither should any one person

receive the spoils of work that is the result of community effort.

–**Ujamaa (Cooperative economics):** Businesses, shops, and professions need to understand that while competition improves the quality of goods and services, the needs of human beings and maintenance of a level playing field creates the healthiest environment for all community members.

–**Nia (Purpose):** The collective vocation of a community is the building and development of the community to restore people of African descent to “traditional greatness.” This value recognizes that beyond the mission of individual business and practitioners, the greater purpose of the community should be replacing worn-out stereotypes held even by the most well-meaning (non-African) people regarding African peoples. Africa has a rich history of sophisticated societies and intellectual development, but impoverishment of the African Diaspora, most often the result of institutional racism, negatively informs public discourse about Africans and African-Americans in particular. African-Americans’ views of themselves have not entirely escaped the debilitating effects of negative images held by non-Africans. The “traditional greatness” sought, therefore is as much about African-descended communities resuscitating their own self-esteem as it is about positively changing the world-view of non-Africans.

–**Kuumba (Creativity):** All the community is encouraged to participate fully, using the strengths and talents bestowed upon individuals. Every generation should strive to leave the community more beautiful and better working than they found it. Whether it be through the arts, engineering, economics, professional development, or any other endeavor, individuals either alone or on cooperation should understand the role their indispensable efforts play. Community is not a concept, but a living organism that requires conscious and deliberate effort;

moreover, everyone has something to bring to the table, and should.

–**Imani (Faith):** This is about faith in people—about parents, teachers, and leaders. Implied also is that respect is due to those who have come before, who have learned the hard lessons, and desire to pass on their knowledge. It is also about faith in the ultimate victory against inequality. If there is no hope that the world will someday value all beings equally and without prejudice, everything else is just going through the motions. People the world over and throughout history have invented ways to be better than someone else. A world where that is no longer true is a vision truly to be sought.

On any given evening of Kwanzaa, a Karamu, or feast, is held. Gifts can be given, though mainly to children, always include a book and a heritage symbol. The book is to emphasize the African value and tradition of learning, stressed since ancient Egypt, and the heritage symbol to reaffirm and reinforce the African commitment to tradition and history.

The colors of Kwanzaa are black, red, and green. Decorations should include traditional African items, for example, African baskets, cloth patterns, art objects, harvest symbols, and such. The greeting for each day of Kwanzaa is “Habari Gani?” which is Swahili for “How are you?”

This year’s Kwanzaa theme is “Practicing the Principles of Kwanzaa: Repairing, Renewing, and Remaking Our World.” Every year the Afro-American Cultural and Historical Society, based in the Hayward and Tri-Cities area, sponsors a Kwanzaa celebration. This year it will take place on Friday, December 29 at Palma Ceia Baptist Church in Hayward. There will be displays of crafts and a program of drumming and poetry, followed by a Karamu Feast.

Kwanzaa Celebration
Friday, Dec 29
6:00 – 6:30 p.m.: Displays and Crafts
6:30 p.m. – 8:30 p.m.: Program
Palma Ceia Baptist Church
Bennett Hall
28605 Rufus Rd, Hayward
(510) 471-9040
www.aachsi.com
Free

California will set more fires to try to stop wildfires

CHRISTOPHER WEBER
ASSOCIATED PRESS

California’s seemingly endless cycle of wildfires is driving plans for authorities to set more “controlled burns” of thin forests choked with dead trees and dry underbrush that works like kindling.

The U.S. Forest Service and the state fire agency recently warned that an estimated 129 million trees that died in the last year from drought and beetle infestation threaten to feed monster blazes that force entire communities to flee.

Fire authorities call the bone-dry material surface fuels

and say their 2018 goal is to clear at least 31 square miles (80 square kilometers) of it statewide through prescribed burns. Crews using chain saws and heavy equipment would clear another 31 square miles of the ground fuels. California’s wildfires have burned 1,560 square miles (4,040 kilometers) so this year.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
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BUSINESS

UC system sets record for applicants – again

ASSOCIATED PRESS

Students are applying to the University of California system in record numbers for the 13th straight year, according to preliminary data released Dec. 14.

Nearly 222,000 prospective undergraduates applied for at least one UC school for fall 2018 during the application period that ended Nov. 30, according to figures released by the university system. They include about 181,000 applications to become freshmen and about 40,000 to become transfer students.

Those numbers represent an increase of 5.7 percent from last year's stack of applications — which totaled about 206,000. “We are thrilled by yet another record-shattering year of applica-

tions from freshman and transfer students who want to attend UC,” UC President

Janet Napolitano said in a written statement.

The total is bound to grow, as three schools in the system are accepting transfer applications until Jan. 8. The biggest growth in applicants came for UC Riverside, a school with traditionally lower demand than most in the system, with a 12.4 percent increase over last year. Campuses generally start notifying applicants in March if they made the cut.

The constant annual growth in would-be students is a steady source of good news for the UC system, which has seen some upheaval amid recent scrutiny over sexual misconduct that

began before the recent surge of allegations in entertainment, politics and elsewhere.

Criticism over lenient punishment of senior faculty and administration at its top-rated school, UC Berkeley, led to resignations there. In March, the university released documents in response to public records requests showing it had investigated 113 cases involving faculty and staff over a three-year period that included allegations ranging from inappropriate conduct to sexual assault.

In response to the cases, Napolitano has moved to strengthen campus procedures for investigating and disciplining faulty members in sexual misconduct cases.

Windy Weather Safety

SUBMITTED BY TAMAR SARKISSIAN

Winter is nearly here, and PG&E (Pacific Gas and Electric) meteorologists are predicting high winds in the East Bay. Customers are encouraged to prepare for outages that could occur as a result of windy weather conditions. PG&E crews are ready to work around the clock to restore service safely and as quickly as possible, should there be outages.

Always treat low hanging and downed power lines as if they are energized and extremely dangerous. Keep yourself and others away from them. Be aware that trees, pools of water and other objects that may be in contact with power lines. If you see damaged power lines or electrical equipment, call 911 immediately and then notify PG&E at 1 (800) 743-5002.

During a power outage, use battery-operated flashlights, and not candles, due to the risk of fire. If you must use candles, please keep them away from drapes, lampshades and small children. Do not leave candles unattended.

Customers with generators should make sure they are properly installed by a licensed electrician in a well-ventilated area. Improperly installed generators pose a significant danger to crews working on power lines.

If you experience an outage, unplug or turn off all electrical appliances to avoid overloading circuits and to prevent fire hazards when power is restored.

Simply leave a single lamp on to alert you when power returns. Turn your appliances back on one at a time when conditions return to normal.

Other tips can be found at pge.com/beprepared. Customers can sign up for outage alerts or by checking the outage map on www.pge.com.

The integration of advanced communications and control technologies throughout the electric grid continues to enhance the resiliency of the system and helps identify and restore power outages more quickly as we face stronger and more regular storms across Northern and Central California.

In the last five years, PG&E has invested \$15 billion to enhance and harden its electric transmission and distribution system assets. A wide range of factors, from the operation of new distribution control centers to the building of a smarter energy infrastructure to advances in forecasting and emergency planning, all contributed to better reliability during storms.

PG&E's meteorology team has developed a Storm Outage Prediction Model that incorporates real-time weather forecasts, historic data and system knowledge to accurately show where and when storm impacts will be most severe. This model enables the company to pre-stage crews and equipment as storms approach to enable rapid response to outages.

For more information about outages and ways to prepare and stay safe during the storm, please visit www.pge.com.

Food fun Santa highlight party at for disabled adults

The Arc is a nonprofit agency that serves about 400 people with intellectual and developmental disabilities each day



ARTICLE AND PHOTOS
SUBMITTED BY
TIMOTHY HORNBECKER

For more than 100 people with developmental disabilities at The Arc Alameda County campus in Hayward, Saturday, Dec. 9 was a day to celebrate.

Food, fun and a visit from Santa Claus highlighted a holiday party made possible by the Knight of Columbus with help from local Boy Scout and Cub Scout Troops. The annual party dates back almost 50 years as the Knight of Columbus volunteers have cooked lunch, sang songs and brought Santa visit The Arc clients.

With winter soon arriving, the days of hot dogs have long passed, so instead a delicious and healthy meal of baked ham, mashed potatoes, green beans and

homemade cupcakes were delivered to each person sitting at long tables in L'Arc Hall,” according to former Grand Knight John Piekarczyk.

After the meal, musical entertainment, provided by the Santa's Helpers band, made up of Knights and singers young and old, had everyone on the dance floor exercising off the delicious meal. One of the singers, Jane Scott, has been singing at The Arc since the 1960s with her group, the “Cavaliers and the Lady.” But this year Scott also brought her daughter Kelleen Bush with her to sing.

Rounding out the activities was elementary school student Ayanara Santiago who came with her dad to not only serve food and help Santa give out presents, but to confidently get on stage in front of the microphone and sing

Christmas carols. The holiday spirit of giving came early this year to The Arc of Alameda County thanks to the Knights of Columbus.

The Arc is a nonprofit agency that serves about 400 people with intellectual and developmental disabilities each day at campuses in Hayward, San Leandro, Union City, and Livermore. It is one of 22 Arc chapters in California with 700 nationwide.

In addition to providing employment services for adults, The Arc operates a preschool program for children with developmental delays. The organization was founded by parents in the 1950s who refused to send their developmentally delayed children away to institutions and began lobbying for services closer to home.

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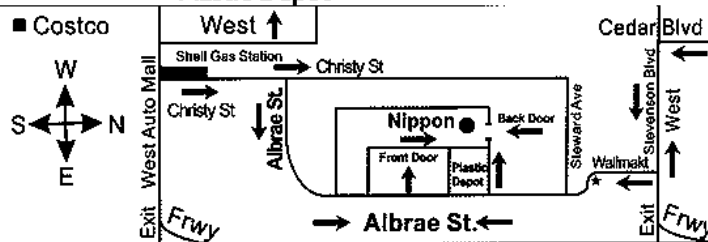
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Senator decries rule
blocking holiday trees for troops

ASSOCIATED PRESS

ALBANY, N.Y. (AP) _ New York’s U.S. Sen. Chuck Schumer says a federal rule change that’s stopping donated Christmas trees from being sent to American troops overseas is straight out of the Grinch’s playbook.

The top Senate Democrat sent a letter to the U.S. postmaster on Dec. 14 urging her to immediately waive procedural changes that are

preventing New York residents from sending trees to military bases abroad.

Schumer says at least 40 trees donated by community groups and others this year were returned to New York farmers. He blames a last-minute policy change that strictly limits the size of packages that can be shipped to overseas bases in places such as Iraq, Afghanistan and Germany. The U.S. Postal Service hasn’t commented.

Cannabis Summit

SUBMITTED BY KAMIKA DUNLAP

As California gears up to establish a legal, taxed and tightly regulated system for medical and adult-use cannabis, Alameda County is hosting a Winter Cannabis Summit on Wednesday, December 20, from 9 a.m. to 4 p.m., at the Alameda County Board of Supervisors Chambers.

The goal is to bring key stakeholders together to address the challenges and opportunities related to critical cannabis policy implementation. Starting January 1, 2018, the sale and taxation of cannabis for adult use will be legal in California. To prepare, Alameda County has been actively involved in helping to shape the landscape of cannabis cultivation, retail sale,

manufacturing, and distribution in California.

“The cannabis industry is emerging as a major force,” said Alameda County Supervisor Nate Miley, organizer of the County’s Winter Cannabis Summit. “We have a great opportunity for a new source of untapped tax revenue to strengthen our public infrastructure and to grow jobs.”

The summit will begin with a morning session panel with State licensing officials. State representatives from the Bureau of Cannabis Control, CalCannabis Cultivation Licensing, California Department of Food and Agriculture and the Office of Manufactured Cannabis Safety, and California Department of Public Health will be participating. The

focus will be on regulations for medical and adult-use cannabis for licensing, manufacturers, retailers, distributors, testing labs and microbusinesses. The panel will also include information about a track-and-trace system to record the movement of cannabis through the distribution chain.

“As we move toward issuing the first start licenses for commercial cannabis activity, the state’s three licensing authorities are grateful for the opportunity to interact with our key local government partners,” Bureau of Cannabis Control Chief Lori Ajax said. “A tremendous amount of work has gone into this process and we wouldn’t be in the position we are today without the feedback received at events like this summit.”

The afternoon panel session will include Alameda County District Attorney

Nancy O’Malley, prevention specialists, and community partners focused on what legalization brings and cannabis education for youth. The session will also include information about how schools and community groups can prevent access to cannabis.

Winter Cannabis Summit
Wednesday, Dec 20
9 a.m.– 4 p.m.

Alameda County Board of Supervisors Chambers
1221 Oak St, 5th Floor, Oakland
Event is sold out, but will be live streamed. Go to
<https://www.eventbrite.com/e/alameda-county-winter-cannabis-summit-2017-tickets-40108453464> and click the ‘LiveStreamed’ link

Community volunteers
make a difference

SUBMITTED BY STEVE KAY

Local Elks Lodges from every state, Guam, Puerto Rico and the Panama Canal Zone are keeping busy helping their communities this holiday season Among their activities are delivering food baskets and presents to thousands of needy families.

Elk volunteers are also visiting thousands of hospitalized veterans who bravely defended our shores. The visits are part of the Elks’ vow, “So long as there are veterans, the Benevolent and Protective Order of Elks will never forget them.”

Over the years, the Elks have supported both active military forces and retired veterans. Elks furnish food, comfort care items, therapeutic items and gifts, host holiday celebrations and recreational activities at bases and hospitals, and stand ready to fulfill any need when called upon.

Last year, the value of Elks’ contributions to the nation’s heroes provided more than \$40.8 million

to more than 300 Veterans Administration Medical Centers, clinics, and state care facilities. The Elks have entered into a partnership with the VHA to support efforts with homeless Veterans in their communities. To this end, the Elks have pledged \$4 million dollars to help end Veteran Homelessness.

The Elks will receive thousands of scholarship applications in December from high school seniors across the nation. Annually, the Elks award college scholarships across the nation totaling more than \$4 million. The Elks Community Investment Program will award nearly \$10 million toward enriching our communities.

There are more than 1,900 Elks Lodges across the country with a total membership nearing 800,000. Elks’ members must be American citizens who are at least 21 years-old and must believe in God.

To learn more about the organization, visit their website at www.elks.org.

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SUBMITTED BY FREMONT
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The perfect present for that office gift exchange or craft beer lover in your life. The Burger & Brew Fest was created to celebrate the variety of craft breweries in northern CA. The 4th annual event happening on May 26th from 11a.m. to 5 p.m. will feature sampling from bay area breweries, mouthwatering burgers and sliders, gourmet snack vendors, local business booths, art and craft vendors, and live entertainment, including The Burger Throwdown, a burger cooking competition. This is one tasty fest you won’t want to miss!

For the burger and brew lover on your shopping list, nothing could be better than tickets to next year’s bash. Right now, a

Holiday Special Tasting Package is only \$35, which includes one 4 oz. branded tasting glass and eight pour tickets.

Give your tasting package by printing out the confirmation page putting it in a card or adding to a gift. Tasting Package recipients just need to go to the Will Call located in the Info Booth at the 2018 Burger & Brew Fest and present a copy of the receipt or confirmation page. Valid ID (21 and up) required for drinking attendees.

The Holiday Special Tasting Package rate ends on January 15, 2018. All packages purchased after that date will be full priced.

For additional information, contact the Burger & Brew Fest Team at info@burgerandbrewfest.com or visit www.burgerandbrewfest.com

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Connie Tsai



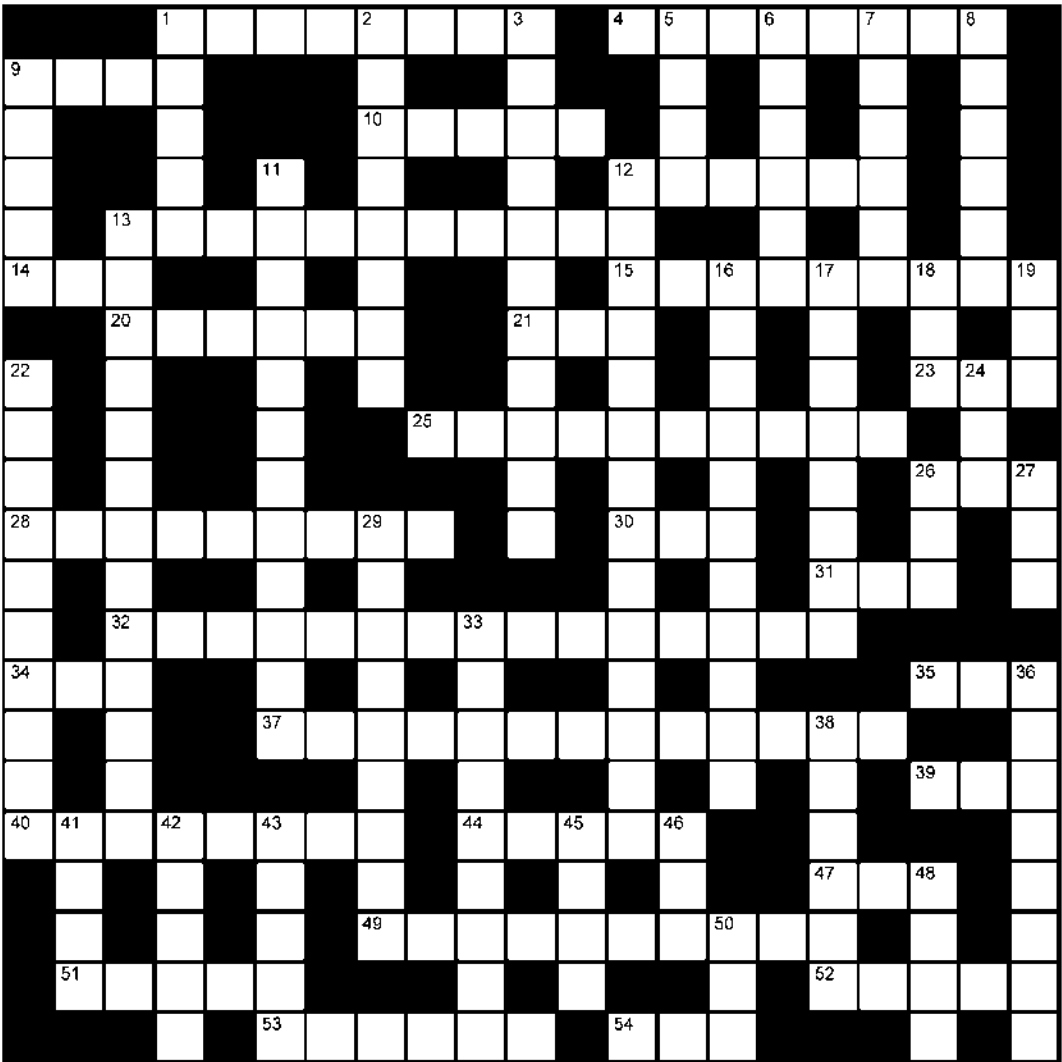
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Mind Twisters

Crossword Puzzle



- Across

1 Prism output

4 Steam train fixtures

9 Gigantic

10 Arctic ____

12 Bugs

13 Location of London's tubes

14 "My boy"

15 With great force

20 Opposed

21 A needle needs one

23 Dracula, at times

25 Interrogated

26 Pistol, slangily

28 Saves, with "away"

30 Had a portrait made

31 ____ roll

32 Feats

34 "A jealous mistress": Emerson

35 ____ Wednesday

37 Grit
- Down

1 Back

2 Mind set?

3 A ruler's specialty

5 Mass number

6 Teach

7 Ease up

8 It stands for something

9 Ming things

11 Approximation term

12 Paid spaces in a newspaper

13 Regrettably

16 Far-ranging rover

17 Costs

18 Butter holder

19 "Are we there ____?"

22 Sears Tower, for one

24 "Give it ____!"

27 Animal house

29 Tubed cosmetics

33 Bargain bin marking

36 Christmas, Memorial Day, e.g.

38 Senior

41 Put up, as a picture

42 Kind of wave

43 Kind of review

45 Bow

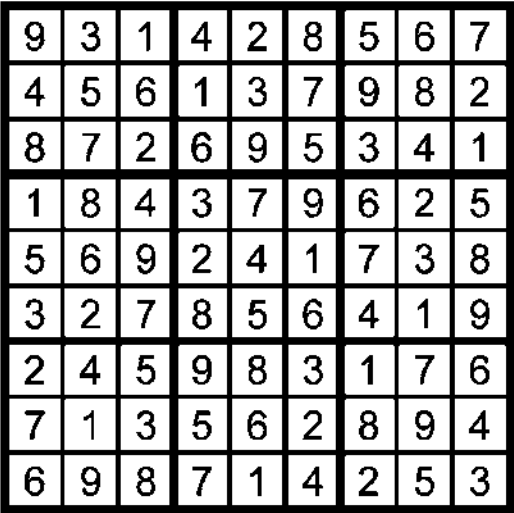
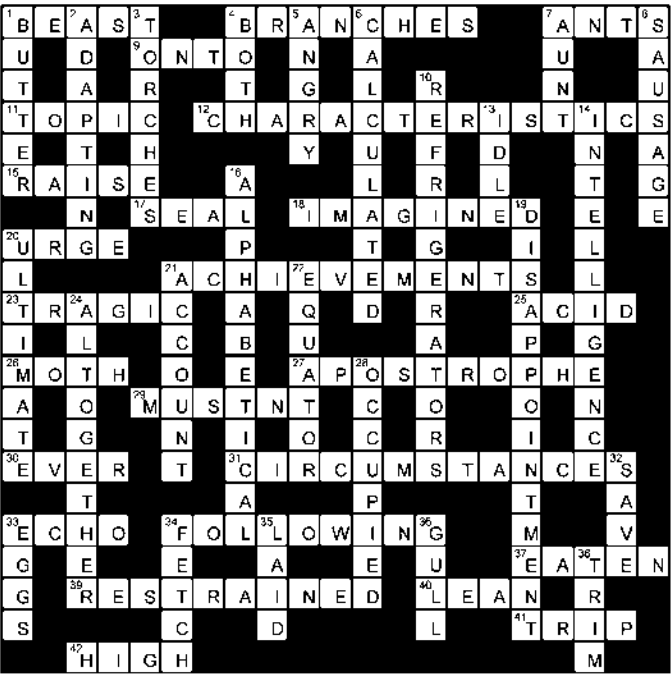
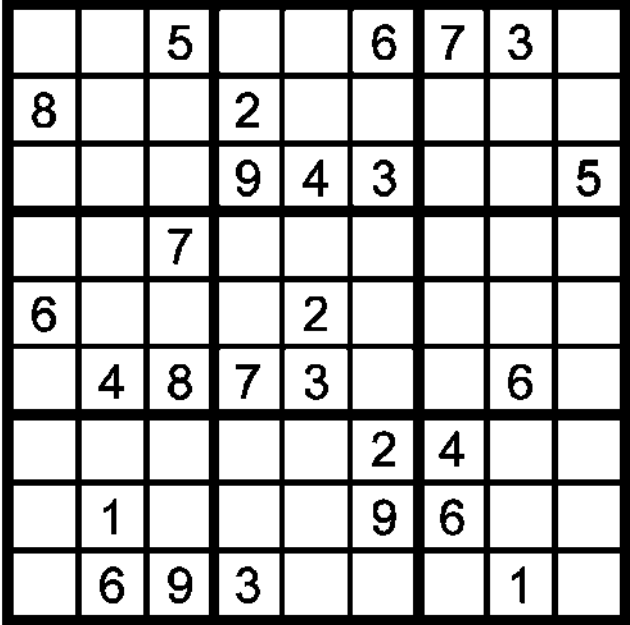
46 Schuss, e.g.

48 Kind of dealer

50 Control

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: DECEMBER 20 - DECEMBER 26

For All Signs: The winter solstice this year is timed at 11:29 a.m. on December 21. This is the point of deepest darkness in the northern hemisphere. Ancients celebrated the “return” of the Sun within a few days following the solstice when it became apparent that it would indeed return. On Hanukkah and Christmas, we celebrate the light that never quite goes out inside, no matter how dark it may seem in the world. We rejoice in the ongoing rebirth of

hope for new life within our psyche and on the planet. May each of you experience fresh inspiration and expectation of joy in the year to come!

Note that Mercury will turn direct on December 22. Given that shift, many of us will have last minute changes in our plans for holiday celebrations. Relax, take what comes, and enjoy it.

Aries the Ram (March 21-April 20): This looks like a week in which uncomfortable circumstances develop that bear a strong kinship to your past. It could go back far enough to trigger family of origin material. You could be overreacting to a situation in the “now” as though you were a child with no personal resources. Make an effort to stay in the moment.

Taurus the Bull (April 21-May 20): You are particularly invested in resolving shared financial issues at this time. This focus includes partner's income, debts you may have accumulated, concerns regarding income tax, social security, estate planning, and finances you may share with others in the stock or bond market. You have a desire to tighten up details concerning these matters.

Gemini the Twins (May 21-June 20): You may have been waiting for your partner(s) to make a decision in the last three or four weeks. Now that Mercury is turning direct in the house of partner, that which has been on hold will begin to become untangled. Life will become smoother again.

Cancer the Crab (June 21-July 21): This holiday season may not be the best for you. It is possible you don't feel well, or you are taking care of someone who needs your attention. Perhaps you are feeling cautious about expenditures and would rather forego the gift exchanges. The time will move on quickly and the blues will lift soon.

Leo the Lion (July 22-August 22): You are in a somber frame of mind this week. Decisions in front of you have long term consequences, so you do not want to make mistakes. Use whatever helps your imagination and take each option out as far as it can go in your mind. Then return to the present and decide if that is the best route to follow.

Virgo the Virgin (August 23-September 22): During recent weeks your plans for the holidays may have been unsure or perhaps unstable. But now that Mercury is turning direct in your fourth house of home and family, new decisions may evolve, just in time for Christmas and New Year's. You can set the table with ease now.

Libra the Scales (September 23-October 22): Venus is your

ruling planet and she represents your cooperative and affable personality, along with your attraction to beauty in all its forms. On December 25, she moves into the sector which is related to home, property and family matters. You likely will enjoy family during the holidays. You will be concentrating upon making your life more secure.

Scorpio the Scorpion (October 23-November 21): An abandonment issue from the past may be re-enacted in the present, only in different clothing. The symbolism points toward early issues with siblings or elementary education peers. If you have an overdone sense of rage this week, it is most probably caused by the older issues.

Sagittarius the Archer (November 22-December 21): The planet Mercury has been traversing your sign since November 5. This week the planet turns direct after a three-week stint of retrogradation. Details and circumstances that have been held back by indecision or waiting for a “go” signal, will begin to fall into place now. You may be changing your mind on one or more things this week.

Capricorn the Goat (December 22-January 19): There seems to be an unusual emphasis on your responsibility requirements this season. If not that, you may not feel quite up to par on the physical level. A female brightens your outlook and attitude over the holiday weekend.

Aquarius the Water Bearer (January 20-February 18): It is time to take some R&R from the world. Perhaps circumstances have worked that out for you. If this is merely a fantasy, then take some time off so you can refresh your spirit. When we insist on maintaining forward motion, sometimes the body will take the hit and find a way to make you rest.

Pisces the Fish (February 19-March 20): In the big picture

you are on the verge of major change. The need became apparent last winter, and it looked easier then. Now you are hesitating. It is wisest to make conservative decisions for the next several months. Look at how you can make this change in small increments. Take baby steps if possible.

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Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

VITA program offers free tax preparation

Tax season 2018 is approaching fast. The Fremont Family Resource Center's (FRC) Volunteer Income Tax Assistance (VITA) program provides free, quality tax return preparation assistance and electronic filing for eligible individuals and families with a household income of \$54,000 or less annually. IRS-certified volunteer tax preparers will help eligible taxpayers claim their maximum refunds, such as the Earned Income Tax Credit (EITC), which can amount to as much as \$6,318 for a family with three or more qualifying children.

FRC VITA also provides access to asset building or income support resources such as public benefits, low or no cost bank accounts, and financial education. FRC VITA's main location is at the Fremont Family Resource Center, 39155 Liberty St., Building EFGH, in Fremont. It will be open Wednesdays and Thursdays from 4 p.m. to 8 p.m., and Fridays from 10 a.m. to 1 p.m. starting Jan. 24, 2018 through April 13, 2018. The deadline to file is April 17, 2018. FRC VITA will be open April 17 from 10 a.m. to 7 p.m. to assist filers. VITA services are also offered at the New Haven Adult School, Tri-Cities One Stop Career Center located at the Ohlone College Newark Campus, and Tri-City Volunteers.

For more information, please visit www.fremontvita.org or call SparkPoint Fremont at (510) 574-2020.

City of Fremont Rent Review Ordinance

On Oct. 3, 2017, the Fremont City Council adopted the Rent Review Ordinance which will go into effect on Jan. 1, 2018. The ordinance covers all residential

rental units in Fremont, including single family homes. The Rent Review Program provides a review and, if necessary, a formal hearing for proposed rent increases in excess of five percent in any 12-month period. A tenant challenging a rent increase will first be encouraged to resolve the matter through consultation which may include mediation.

In the event the rent dispute is not resolved through consultation, either a landlord or a tenant may ask for a hearing before a Rent Review Board composed of five members (two tenants, two landlords, and one neutral party) appointed by the City Council. Both landlords and tenants are required to participate in the process at no charge to the participants. Community members who are interested in serving on the board can request an application by sending an email to rentreview@fremont.gov. Applications will be accepted until Dec. 22, 2017. While the recommendations of the Rent Review Board are not binding, the City believes that by providing a neutral setting for discussion led by a trained Rent Review Board, the rent review process will result in fair and equitable resolutions to both parties.

For more information about the Rent Review Ordinance and/or Rent Review Program, visit www.Fremont.gov/RentReview, call (510) 574-2043, or send an email to rentreview@fremont.gov.

Bring holiday cheer to families and seniors in need

The City of Fremont Giving Hope Holiday Program is an opportunity to give hope this holiday season to families and seniors in need who receive counseling or case management services from Fremont's Human Services Department. Can you help brighten their holiday season? You can sponsor and provide personalized gifts for a senior or family by using their

Wish List (available for viewing at www.Fremont.gov/Giving-Hope.) You can also make cash donations to support the City's efforts to ensure all Wish Lists are fulfilled at www.Fremont.gov/HSDonate. Whether as an individual or working together as a team in an office or organization, Give Hope this holiday season to your fellow Fremont residents!

Christmas tree disposal

Every year, Fremont residents buy thousands of Christmas trees that will end up in landfills if they are not properly composted. You can reduce your environmental impact this holiday season by planting a live tree or decorating with a reusable tree. If you choose to use a real Christmas tree, please make sure it is compostable by removing all decorations, tinsel, nails, and tree stands (including the wooden kind, nailed to the bottom of the trunk). Additionally, any tree that is covered with artificial snow contains fire retardant and therefore cannot be composted.

There are four different ways you can dispose of your tree in Fremont:

- Gutter (Single-family homes only). Service is only available during the first two weeks of January. If your tree is less than six feet in length, place the whole tree in the gutter on your collection day. If your tree is over six feet in length, cut the tree in half and place both halves in the gutter on your collection day. Make sure your tree is in the gutter, not on the sidewalk. Check that your tree is free of all decorations when placed in the gutter; this helps keep our storm drains litter-free.
- Green Organics Cart. Cut compostable trees so that pieces fit loosely in your organics cart with the lid closed. Place the cart at the curb on your scheduled collection day.
- Boy Scouts of America Pickup Service. Please make arrangements with the Boy Scouts to have your tree picked up outside your residence on

Saturday, Jan. 6, 2018 by mailing in the coupon by Thursday, Dec. 28, 2017. Do not place your tree anywhere near the gutter or on the sidewalk. Instead, place it on your lawn, driveway, or other designated outdoor area (visible from the street) that you pre-arrange with the Boy Scouts.

- Garbage Cart. Please use this only as the last option. Compost your tree first, if possible.

If the tree contains flocking or decorations, cut it up so pieces fit loosely in your garbage cart with the lid closed. Place the blue or black garbage cart at the curb on your scheduled collection day. If you live in a multifamily complex, please contact your property manager to learn how your tree can be properly composted.

Additional Christmas tree composting information is available at www.Fremont.gov/Environment.

City of Fremont holiday closure scheduled for Dec. 25, 2017 to Jan. 2, 2018

The City of Fremont is implementing a Holiday Closure for many non-public safety City Services. The Holiday Closure is scheduled for Dec. 27, 28, and 29, 2017, while City holidays are observed on Dec. 25 and 26, 2017 and Jan. 1 and 2, 2018. City offices participating in the Holiday Closure will re-open for business on Wednesday, Jan. 3, 2018. This closure will not affect police and fire services.

Offices and facilities providing limited services during the Holiday Closure include:

- Parks and Recreation, 3300 Capitol Ave., Building B (for walk-in registration of recreation programs only, from 8:30 a.m. to 5 p.m. on Dec. 26 - 29 and Jan. 2, 2018.
- Community Centers and Recreation buildings with holiday day camps, programs, and pre-booked facility rentals will be closed Dec. 25, 2017 and

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Jan. 1, 2018.

- Human Services will provide limited services for Youth & Family Services, Family Resource Center, Healthy Start Program, HIP Housing and In-Home Support Services (IHSS). Please call (510) 284-4093 with any questions.

Life Eldercare (clients should contact (510) 574-2090 for additional information). Afghan Elderly Association (clients should contact their caseworker for additional information).

The Fremont Police and Fire Departments will continue to provide public safety services.

A minimum number of City staff will be available in an on-call status to provide emergency maintenance services, such as responding to storm-related issues.

Regularly-scheduled street sweeping will occur on Dec. 27, 28, and 29, 2017; weather permitting. There will be no street sweeping on City-observed holidays. (We will make every effort to provide service on a different day.)

The Tri-City Animal Shelter, located at 1950 Stevenson Blvd., will be closed to the public on City-observed holidays. Animal Field Services will be available during limited hours on Dec. 25 and 26, 2017 and Jan. 1 and 2, 2018.

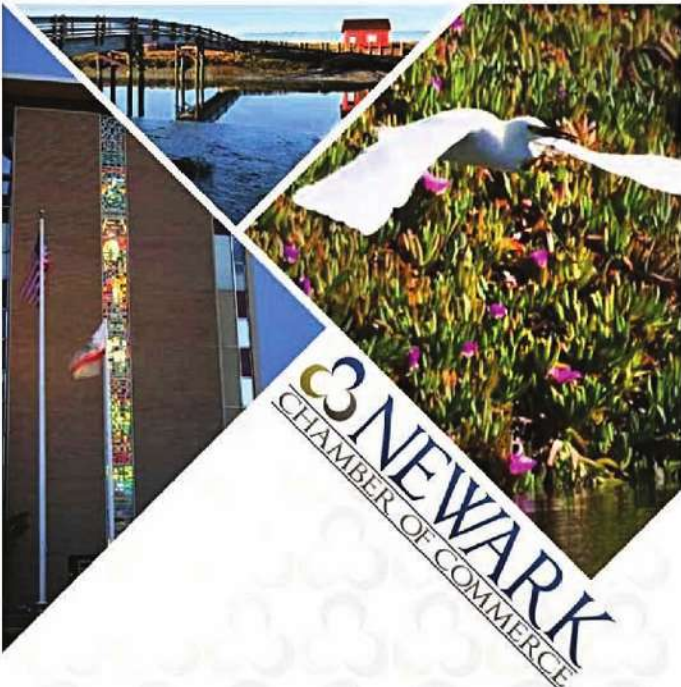
The Human Services Department will have one or two crisis counselors available at the Fremont Family Resource Center, located at 39155 Liberty St.

Garbage, recycling, and yard waste collection by Republic Services will be provided one day later than normally scheduled during the closure. Call (510) 657-3500 for more information.

The Parks and Recreation Division will offer camps and other programs.

For more information on the Holiday Closure, please visit www.Fremont.gov/HolidayClosure or call (510) 284-4093.

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Continued from page 1

Happy Trails

Connecting the Bay in one trail

Lee Huo and others who are part of the Bay Trail Project. “We consistently get phone calls and emails from the public, from in and out of the Bay Area, asking how will I get to run, walk, or bike the entire bay,” said Huo, the Bay Trail planner for Alameda and Contra Costa counties. “We expect it to be a huge draw,” he continued, adding, “being 500 miles, it’s very ambitious.”

The ABAG’s Bay Trail Plan officially kicked off in 1989, but its roots date back more than two decades prior. “Back in the 1960s there really wasn’t much public access,” Huo explained. “State legislation was passed that created the San Francisco Bay Conservation and Development Commission (BCDC), and one of its missions was to develop public access to the Bay,” he added. Senate Bill 100 created ABAG in 1987, which in turn got to work on the trail and hasn’t stopped since.

More than 18 years later, the Bay Trail has about 150 total miles of difficult terrain remain

throughout the Bay Area to convert and close the loop. “We got the easier parts done first,” explained Huo, adding “what’s left are the most challenging and difficult.” Difficulties vary, from funding to the actual terrain itself. A good example of how things can slow down can be found in the salt marsh area from Milpitas to Fremont. There, restoration efforts are underway, and so coordinating trail development requires a number of considerations. “There are no openings in the East Bay,” Huo said, explaining that currently, city roads act as temporary detours for portions of the trail not yet completed. “There are a couple of big projects underway,” he continued, saying, “We’ve been working with Fremont and Newark to take a look at the ability to redo the alignment of the Bay Trail so that you get a better bay/shoreline experience.”

The longest portion of completed trail, to date, is 25 miles long and runs from Ravenswood to San Jose. Each portion of the trail is constructed through proposed projects, which vary in origin. “Sometimes, these projects are developed in collaboration with cities and counties, it’s us working with them and they come to us to ensure compliance. There’s a lot of different ways that the trails come to fruition, and it takes the efforts of a lot of public and private organizations... It winds



Coyote Hills Regional Park. Photo by Tom Mikkelsen.

up being a very opportunistic way that trails are completed. Sometimes you will get 500 feet and sometimes you’ll get several miles,” Huo said.

In a project as complex in size and scope as this, progress is sure to be slow at times. “The challenges go back to history a little bit, again, partly, when western civilization moved into the Bay Area, no one wanted to live near the bay, so you ended up with a lot of landfills put in on the edge of it. You can think of the Bay Trail as reclaiming the Bay for the public. Everyone has the right to be near this jewel,” Huo said, adding that though they face occasional logistical and

financial challenges, they have overwhelming support from all nine counties and 47 cities. “The collaboration is essential. We have to stop seeing boundaries and start seeing a single goal that we are providing for the public good,” he said.

What does an additional 150 miles look like? Well, it looks mighty expensive. The trail is not quite in the home stretch yet. “Right now, our current estimates are underestimated at \$220 million,” Huo said, adding, “That only accounts for the areas that public agencies have to build.” Many counties have sought to assist with funding, as did Alameda County with Measure AA, which specifically allocated funds for the trail. Besides bonds and funds from the BCDC, there has been no consistent source of funds for the Bay Trail project.

when people vote for funding measures that have the trail included... [it is] so important for the entire community to collectively work together to complete the vision of the Bay Trail. It’s something that serves all of us.”

The history and beauty of the Bay is on full display now along the completed portions of the trail. Many locations offer audio tours, available through the app Vizzit Places. Not only can you get some exercise while taking in the fantastic sights, but you can also learn about the Bay’s rich history. Narrated by Bay Area icon Doug McConnell (of NBC Bay Area’s “OpenRoad”), the app detects your location and provides fascinating insight to the history of the place, such as in Richmond, where as you take in the waterfront, you can also learn about local Rosie the Riveters that worked at the Ford Assembly Plant during World War II.



The Bay Trail does not have any traditional fundraising efforts at this time, but Huo said, “The best way that the public can help is that when they see a project in their community, for them to support that. One of the greatest ways to support us is

Marina Bay in Richmond near Meeker Slough.
Photo by Bruce Beyaert.

You don’t have to wait for the trail to be completed to enjoy it. To explore and find out more, visit www.baytrail.org. There you will find useful information, maps, and instructions on how to download audio tours for certain portions of the Bay Trail.

Home & Garden

Heucheras for the Holidays



Heuchera Fire Alarm

ARTICLE AND PHOTOS BY DANIEL O'DONNELL

Great paintings start with a blank canvas; brush strokes of color bring them to life. It is the same approach to designing a garden. Start with the existing landscape, and then plant color. Most of the time, color in a garden comes from flowers. Only in winter is it realized that green foliage provided much of the garden's color. Adding color to a garden in the winter is not impossible. Lack of leaves on dormant plants and deciduous trees creates a dull canvas begging for color. There are many different types of Heucheras that can serve as colorful brush strokes.

Carl Linnaeus was a famous zoologist and botanist during the 1700s whose work led to modern day botanical nomenclature for classifying plants. He named the genus of an evergreen herbaceous perennial plant after his friend Johann Heinrich von Heucher. Heucheras, also called coral bells or alumroots, are native to North America. Coral bells is a reference to the numerous small bell-shaped flowers that appear on multiple slender stocks. The

flowers attract hummingbirds and butterflies and can be used as long-lived cut flowers in vases. The name alumroot is attributed to harsh tasting roots that have medicinal properties when used as herbal remedies.

There is little soil preparation necessary when planting them in the Bay Area since all Heucheras are native to North American soils. Many evolved on slopes, so good drainage is essential. Heucheras have a wide range of foliage color. In general, the paler the leaves, the less direct sunlight they can tolerate. Most will thrive in morning sunlight and afternoon shade. Those with dark green or deep purple leaves are the best candidates for full sun locations. Nothing more than an annual topdressing of compost is needed for fertilizing. Heucheras do not require heavy watering but will need more or less during dry spells depending upon their location. Wilting may not be an indication of lack of water, but rather too much.

Heucheras have an average life span of five years and can get woody in their centers after three or more years. This can slow growth and raise the crown too far off the ground for the plant



Heuchera Plum Pudding

to be healthy or even survive. Divisions should be made in the spring to ensure the plant's wellbeing. Heuchera can seed itself depending upon the variety. Dividing and allowing the seeds to germinate and grow will ensure many plants for the future.

What really makes Heuchera an ideal plant for a striking winter garden is the diversity of foliage colors, variegations, and leaf shapes and sizes. Here are seven examples:

–**Heuchera “Stainless Steel”** is a living ornament in any winter garden. Its silver leaves glisten even in the shade where it prefers to live. Larger leaves have light purple veins and deep purple undersides.

–**“Lime Marmalade”** is as festive as it sounds. It has extravagantly ornate neon lime green foliage that makes a frozen margarita sound appealing even in the cold of winter.

–**“Marmalade”** has pink, peach, and gold ruffled leaves that all have dark pink undersides. The colors are reminiscent of a warm Bay Area sunset that might seem forgotten under gray skies.

–**“Plum Pudding”** has the perfect winter name. The deep purple velvet looking leaves contrast amazingly with gray clouds making it a hit for the holidays.

–**“Fire Alarm”** has entirely bright red foliage that will heat up any garden, regardless of cold temperatures.

–**“Kassandra”** looks like someone dropped Mardi Gras confetti in the garden. Leaf colors include rose, yellow, green, brown and gold, and remind us that spring is not that far away.

–**“Red Lightning”** is striking. It has red fire bolt looking veins that blast through the chartreuse leaves.

Different varieties of Heuchera can be found at Dale Hardware in Fremont (www.dale-hardware.com), Regan Nursery in Fremont (www.regannursery.com), and Evergreen Nursery in San Leandro (www.theevergreen-nursery.com). Varieties not in stock can be special ordered if available. Bluestone Perennials (www.bluestoneperennials.com)

has an extensive selection of rare Heucheras that will not disappoint any imagination or expectation.

William Kent, a famous 1700s English landscape architect, once said that “All gardening is landscape painting.” He was a contemporary of Carl Linnaeus and it is possible that Heucheras inspired this quote. How lucky we are to have an opportunity to paint our own gardens.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



Heuchera Marmalade

THE ACWD CONNECTION

Helpful Holiday Tips

The holidays are in full swing and though it is a joyful season, it is a busy time for most. Whether it is holiday shopping madness, parties or hosting guests in your home - this time of year can take a toll on you, and your wallet. Here are some helpful tips to survive the season, while saving water and some cash!

- Hosting dinner guests? Fully load the dishwasher before running. If handwashing dishes, fill the sink with water for washing and rinsing—avoid letting the water run.
- Expecting overnighters? Wash only full loads of laundry and encourage guests to take short showers — the length of their favorite holiday song. If you need water-efficient showerheads, request a free water saver kit. Visit www.acwd.org/conserves for more information.
- Still have shopping to do? Bring a snack from home and your reusable water bottle filled with tap water. This will help to stay hydrated and prevent you from spending time and money on food and drinks while out.

Happy Holidays from ACWD

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Orphaned Mountain Lion Cubs Get New Zoo Home



SUBMITTED BY ERIN HARRISON

Two orphaned mountain lion cubs have been taken in by Oakland Zoo, working with the California Dept. of Fish and Wildlife (CDFW) and the Feline Conservation Center. Both cubs were found in Orange County, separately, two weeks apart from each other, but based on their ages and geographic proximity to each other, DNA testing will be conducted by Oakland Zoo veterinarians to determine if they are, in fact, siblings.

An adult female mountain lion was struck and killed by a motorist in the area of the cubs' rescues, leading to the conjecture that the cubs may have belonged to her and were separated as a result of her tragic death. In response to situation such as this, Oakland Zoo helped found BACAT (Bay Area Cougar Action Team) in 2013, in partnership with the Bay Area Puma Project and the Mountain Lion Foundation, to help save mountain lions caught in the human-wildlife conflict with the CDFW.

"The mountain lions of the Santa Anas are the most at-risk in the nation, equal to the Florida Panther in terms of the uncertainty around their survival. Orphaned kittens represent the death of a mother lions, and this isolated Orange County population cannot afford the loss. It will take protection of habitat and wildlife corridors, depredation prevention efforts, and enhancements of Southern California freeways to allow the mountain lions of the Santa Anas and Orange County to survive. The two orphaned kittens at the Oakland Zoo are evidence of that need," said Lynn Cullens, Executive Director of the Mountain Lion Foundation.

Both cubs are male and estimated to be 3-4 months old and weigh close to 30 lbs. They were found approximately 15 miles apart in Orange County's Silverado Canyon and Rancho Santa Margarita. The first was discovered in a resident's backyard and the second, approximately two weeks later, on a roadside. Residents reported the cub sightings and CDFW was contacted. The cubs were initially cared for by the Feline Conservation Center in Lake Forest before being brought to Oakland Zoo where they are currently being quarantined, given medical attention and cared for by the Zoo's Veterinary Hospital.

The second male cub arrived at Oakland Zoo on Monday and is doing very well. Zookeepers describe him as 'feisty' compared to his counterpart, who is more shy and cautious. Mountain lions are new to Oakland Zoo, and these two cubs and the events that led them to need a 'forever home' will serve as educational ambassadors at Oakland Zoo's upcoming 56-acre California Trail expansion, opening in June 2018.

"It is an honor to provide a forever home for these young mountain lions, and honor their lives further by working to help conserve their wild counterparts. We have a lot of work to do to better protect and conserve pumas, from proper education to establishing wildlife crossings and proper enclosures for pets and livestock. Oakland Zoo will continue to work in our BACAT Alliance with CA Department of Fish and Wildlife, Bay Area Puma Project, Mountain Lion Foundation to inspire our community to both understand and take action for our precious local lion," said Amy Gotliffe, Director of Conservation at Oakland Zoo.

The mountain lion habitat in the Zoo's expansion site is intended to mimic California habitat, educate visitors about wildlife in California and inspire people to take action for the future of the state's wildlife and resources. The mountain lion habitat is currently under construction and is expected to be complete and ready for the cubs by February or March. At 26,000 square feet, the covered habitat is boomerang-shaped with netting reaching 50 feet in the air, covering mature oak trees in which the mountain lions can perch, rest, and climb. They will also have rocky outcroppings that create caves that they can choose to rest and hide in. In addition to their night house in the evenings, they will have access to the expansion area, which will include some trees and platforms for climbing and resting. This new habitat one of the largest mountain lion exhibits in the world, and all the features focus on attributes of their lions' natural environment.

For now, the priority for Oakland Zoo's keepers and vet staff is for the cubs to develop a bond with each other, build their confidence and trust in their keepers to acclimate to Zoo guests when the California Trail opens to the public in June 2018.

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CASTRO VALLEY TOTAL SALES: 4						
Highest \$: 938,000		Median \$: 780,000				
Lowest \$: 705,000		Average \$: 814,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2459 Irma Way	94546	780,000	3	1292	1952	10-31-17
18106 Vineyard Road	94546	835,000	3	2400	1972	10-31-17
23010 Canyon Terrace Dr	94552	705,000	4	1463	1996	10-31-17
17476 Columbia Drive	94552	938,000	3	2006	1986	10-30-17

FREMONT TOTAL SALES: 40						
Highest \$: 2,378,000		Median \$: 990,000				
Lowest \$: 307,000		Average \$: 1,082,175				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
38627 Cherry Lane #1	94536	535,000	2	929	1974	10-31-17
38627 Cherry Lane #86	94536	455,000	2	789	1974	10-31-17
37356 Chinaberry Com	94536	1,135,000	4	2054	1997	10-31-17
5218 Earle Street	94536	1,171,000	3	1944	1964	10-31-17
3371 Foxtail Terrace	94536	307,000	-	421	1986	10-30-17
4756 La Mesa Court	94536	763,000	3	1148	1956	10-30-17
4395 Nagle Way	94536	1,025,000	3	1343	1958	10-31-17
4630 Northdale Drive	94536	1,380,000	3	1974	1955	11-01-17
1361 Peralta Boulevard	94536	985,000	-	1652	1977	10-31-17
399 Rivercreek Drive	94536	985,000	3	1384	1989	10-30-17
957 Rock Avenue	94536	1,210,000	3	1752	1965	10-31-17
38617 Royal Ann Com	94536	605,500	3	1180	1971	10-30-17
5264 Selma Avenue	94536	1,150,500	4	2552	1962	10-30-17
37341 Sequoia Road	94536	385,000	1	593	1986	10-31-17
37965 Stenhammer Dr	94536	860,000	3	1482	1959	10-31-17
4471 Amador Road	94538	980,000	5	1696	1961	10-31-17
39732 Costa Way	94538	910,000	3	1626	1963	11-01-17
5481 Cumberland Park Ct	94538	1,050,000	4	1736	1962	10-31-17
4656 Flamingo Park Ct	94538	1,155,000	4	1684	1964	11-01-17
42789 Hamilton Way	94538	840,000	3	1156	1958	10-31-17
42723 Lemonwood St	94538	1,051,000	3	1198	1959	10-31-17
5469 Reseda Circle	94538	990,000	4	1422	1994	10-30-17
40407 Torenia Circle	94538	1,040,000	4	1614	1994	10-31-17
5651 Willkie Place	94538	931,000	4	1387	1966	10-31-17
46943 Bradley Street	94539	1,280,000	4	1430	1962	11-01-17
43129 Palm Place	94539	1,754,500	4	2328	2007	10-30-17
1013 Sage Court	94539	2,378,000	-	3203	1980	10-31-17
616 Starlite Way	94539	901,000	3	1000	1963	10-31-17
1591 Via Sombrio	94539	1,750,000	4	2533	1973	10-31-17
44342 View Point Circle	94539	2,200,000	5	3207	1990	10-31-17
218 West Hunter Lane	94539	2,170,000	4	3209	1989	10-30-17
34847 Awning Terrace	94555	1,040,000	4	2242	2016	11-01-17
4004 Caribbean Com	94555	579,000	3	1166	1970	10-31-17
32965 Falcon Drive	94555	1,440,000	-	2469	1979	10-30-17
34811 Hardwick Place	94555	941,000	4	1402	1971	11-01-17
33965 Horseshoe Loop	94555	1,699,500	4	2888	2016	10-31-17
33204 Lake Garrison St	94555	890,000	3	1060	1969	10-31-17
34925 Oyster Bay Ter	94555	650,000	2	1296	1983	10-31-17
34661 Tabu Terrace	94555	650,000	2	934	1987	10-30-17
3133 Warwick Road	94555	1,065,000	4	1402	1971	10-30-17

HAYWARD TOTAL SALES: 18						
Highest \$: 1,600,000		Median \$: 750,000				
Lowest \$: 430,000		Average \$: 779,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
22555 Cisneros Drive	94541	750,000	3	1840	2002	10-31-17
1097 D Street	94541	830,000	5	2878	1923	10-31-17
21335 Hathaway Ave	94541	1,600,000	2	1823	1952	11-01-17
24481 Northpointe Ct	94541	850,000	4	2554	2000	10-30-17
22559 Santa Clara Street	94541	530,000	3	859	1955	10-31-17
18663 Standish Avenue	94541	430,000	1	528	1937	10-31-17
19063 Times Avenue	94541	660,000	3	1182	1952	10-30-17
27043 Columbia Court	94542	888,000	4	2127	1987	10-31-17
3247 Round Hill Drive	94542	890,000	5	2650	1969	10-31-17
474 Elmhurst Street	94544	570,000	3	1176	1958	10-31-17
167 Gloria Street	94544	720,000	4	1370	1952	10-30-17
125 Lafayette Avenue	94544	595,000	3	927	1951	11-01-17
170 Turlock Way	94544	646,000	4	1310	1954	10-31-17
2541 Admiral Circle	94545	1,020,000	4	2377	2016	10-30-17
27603 Barcelona Ave	94545	521,000	3	1119	1955	10-31-17

2816 Shellgate Court	94545	930,000	4	2291	2003	10-30-17
317 Toscana Way	94545	802,000	4	2101	2010	10-31-17
325 Toscana Way	94545	799,000	3	1998	2010	10-30-17

MILPITAS TOTAL SALES: 7						
Average \$: 779,500		Median \$: 965,000				
Lowest \$: 425,000		Average \$: 903,000				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1970 Badgerwood Lane	95035	965,000	2	1498	1987	11-21-17
1592 Hidden Creek Ln	95035	1,067,000	3	2318	2017	11-22-17
1606 Hidden Creek Lane	95035	1,105,500	3	2413	2017	11-28-17
56 Lonetree Court	95035	1,160,500	4	1824	1967	11-21-17
1053 North Abbott Ave	95035	425,000	2	863	1979	11-22-17
1108 North Abbott Ave	95035	658,000	3	1143	1979	11-22-17
668 North Abbott Ave	95035	940,000	3	1160	1960	11-21-17

NEWARK TOTAL SALES: 9						
Highest \$: 1,257,000		Median \$: 730,000				
Lowest \$: 360,000		Average \$: 740,889				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
38393 Amaryllis Place	94560	1,257,000	4	2708	2003	10-31-17
6757 George Avenue	94560	360,000	3	1012	1947	10-31-17
6301 Joaquin Murieta Ave #D	94560	534,000	2	1132	1981	10-31-17
36657 Lakewood Court	94560	730,000	3	1144	1962	10-31-17
6035 Madelaine Drive	94560	770,000	3	1100	1959	10-30-17
37517 Shelter Road	94560	689,500	-	-	-	10-30-17
37523 Shelter Road	94560	723,000	-	-	-	11-01-17
37553 Shelter Road	94560	776,500	-	-	-	10-31-17
6282 Smith Avenue	94560	828,000	3	1816	1964	10-30-17

SAN LEANDRO TOTAL SALES: 18						
Highest \$: 1,730,000		Median \$: 585,000				
Lowest \$: 200,000		Average \$: 616,056				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
351 Accolade Drive	94577	650,000	3	1460	2002	10-30-17
1233 Aileen Street	94577	578,500	3	1135	1943	10-31-17
935 Begier Avenue	94577	800,000	2	1738	1938	10-31-17
713 Callaway Street	94577	805,000	4	2646	2004	11-01-17
1132 Carpentier St #106	94577	217,000	2	1182	1983	11-01-17
905 Frederick Road	94577	479,500	3	933	1942	11-01-17
840 Glen Drive	94577	700,000	4	1797	1957	10-30-17
1468 Jean Way	94577	450,000	2	840	1942	11-01-17
276 Joaquin Avenue	94577	599,000	3	1330	1924	10-31-17
436 Lewis Avenue	94577	200,000	2	798	1923	11-01-17
3881 Carmel Way	94578	600,000	3	1096	1954	10-31-17
14978 Fjord Street	94578	472,000	-	1608	1978	10-31-17
16931 Los Reyes Avenue	94578	585,000	4	1506	1945	11-01-17
16011 Maubert Avenue	94578	1,730,000	11	4413	1953	11-01-17
458 Olive Street	94578	540,000	2	1168	1947	10-31-17
14857 Sylvia Way	94578	345,000	3	1393	1946	11-01-17
15679 Anchorage Drive	94579	680,000	5	2251	1998	11-01-17
15212 Farnsworth Street	94579	658,000	2	1594	1950	10-31-17

SAN LORENZO TOTAL SALES: 6						
Highest \$: 725,000		Median \$: 570,000				
Lowest \$: 525,000		Average \$: 607,500				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
988 Ferro Drive	94580	725,000	4	1722	2000	10-31-17
15951 St. Johns Drive	94580	565,000	3	1164	1954	10-31-17
17476 Via Estrella	94580	570,000	2	837	1948	10-30-17
17482 Via Melina	94580	525,000	3	1031	1952	10-31-17
17246 Via San Ardo	94580	600,000	3	1031	1950	10-31-17
1794 Via Sarita	94580	660,000	3	1335	1952	10-30-17

UNION CITY TOTAL SALES: 7						
Highest \$: 865,000		Median \$: 550,000				
Lowest \$: 430,000		Average \$: 627,857				
ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
33611 3rd Street	94587	550,000	3	1260	1963	10-31-17
33309 5th Street	94587	520,000	2	740	1935	10-30-17
33865 8th Street	94587	810,000	5	2444	1953	10-30-17
2444 Balmoral Street	94587	865,000	3	1492	1967	11-01-17
2908 Flint Street #119	94587	435,000	2	908	1988	10-31-17
2244 Peacock Place #3	94587	430,000	2	903	1972	10-31-17
2389 Sherman Drive	94587	785,000	3	1320	1967	10-31-17

Home Sales Report

Goodyear opens inflatable hangar for airship

ASSOCIATED PRESS

Morning commuters on a Southern California highway were greeted on Dec. 13 by a huge structure that wasn't there the night before.

In a matter of hours overnight, Goodyear Tire & Rubber Co. raised a giant inflatable hangar that will be the

permanent home of one of the company's new airships, which replaced its original blimps. The building standing nine stories and stretching the length of a football field went up along Interstate 405 south of Los Angeles in suburban Carson.

It will house Wingfoot Two, which began flying over college football games in Los Angeles in October. The company says

its new airships are easier to maneuver than the original ones.

Goodyear said the hangar, manufactured by United Kingdom-based Lindstrand Technologies and constructed with ultralight high-tech material, is the largest structure of its type in North America. Twenty fans inflated the hangar's air cells and will maintain pressure.

Wingfoot Two, which is technically a dirigible rather than a blimp, was scheduled to leave its temporary home at Long Beach Airport and arrive in Carson on Dec. 15. Goodyear has operated the base in Carson since 1968 and plans to mark its 50th anniversary next year.

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Glenmoor adopts fire ravaged school

SUBMITTED BY BRIAN BENEVIDES

Fremont's Glenmoor Elementary School has adopted Hidden Valley Satellite School (Kindergarten – 2nd grades) in Santa Rosa, which recently suffered extreme damage in the Sonoma County Fires. Glenmoor's Student Leadership group will be collecting books to help revive and replenish Hidden Valley's school and classroom libraries. Please join us and

donate a new or gently used book on December 21 in front of Glenmoor Elementary School.
Thank you in advance for helping us make a difference.
Book drive
Thursday, Dec 21
7:30 – 10:30 a.m.
Glenmoor Elementary School
4620 Mattos Dr, Fremont

Celebrity giveaways result in windfall for education



SUBMITTED BY MAUREEN ADDIEGO

It's difficult enough to get tickets to The Ellen De Generes show, but to land tickets for one of her 12 Days of Giveaways is rare, indeed. Nevertheless, the stars did align for Newark's Jennifer McMenamy.
It began with her friend, Lia MacDonald of Monte Sereno, who won the original tickets to one of Ellen's shows. Lia and her husband bid on a pair of tickets at a non-profit charity auction for "Sky's the Limit", which helps fund a wilderness program in Utah taking youths out of their "troubled" environment to learn survival skills.

All items at the auction were things that money can't buy – like tickets to one of Ellen's shows. When the date came for the trip down to Los Angeles to attend the show, Lia's husband was out of the country on a business trip, so she invited Jennifer to the taping of the show, which aired on Oct. 11.
Seated next to Ellen's mother, they enjoyed the show and cheered on someone who was being honored for giving back to her community by playing a game for a prize. In the course of her game, she won tickets for the whole audience to return for one of Ellen's 12 Days of Giveaways, which this year turned into 15 days of Giveaways in honor of Ellen's 15th season.



With their non-transferable tickets, they were emailed four dates to choose from and chose the 10th day of giveaways, which was the day that Chris Pratt and Bryce Dallas Howard were on the show. Even though it was months ahead of the release of their upcoming movie, "Jurassic World 2", they were there to promote it and invited the audience to the Hollywood premiere in June. So Lia and Jennifer will return to Southern California for the third time this June for the premiere.
As they exited the show, they were given a Red Tote Bag which Ellen's "elves" filled with items given out by the show: lots of gift cards including one to Ikea, five years of Netflix, an iPad, and the paperwork to return for the premiere in June. As they were driving their rental car from the studio lot, they were given the

bigger items that didn't fit in the red tote bag which included the scale and the PIQS Virtual Touch Projection system with stand.
The plan now is to donate most of the items to Newark Educational Foundation, where Jennifer is on the Board. This foundation supports music and science programs in Newark's schools.
From the initial donation of tickets to Ellen's October show, money was raised at the Milpitas auction to help troubled youth attend the wilderness program in Utah, to donations of some of the "12 Days of Giveaways" gifts for the Newark's Educational Foundation fundraiser.
Jennifer beamed as she said, "I'm so grateful that I was able to go to Ellen's shows and that the Newark Foundation will also benefit from the donation of some of the "12 Days of Giveaways" prizes."

\$1 million grant to boost academic engagement

SUBMITTED BY
DIONICIA RAMOS

Hayward students from kindergarten through 12th grade will benefit from a portion of a new grant that will provide academic opportunities to better prepare them for college and career readiness.
Hayward Unified School District (HUSD), UC Berkeley's Graduate School of Education, and the Reach Institute for School Scholarship each have received funding from the William and Flora Hewlett Foundation totaling \$1 million. The three partners will embark on a project that will provide students opportunities to think critically, work collaboratively,

and communicate more effectively.
The Hewlett Foundation's Deeper Learning program seeks to re-examine K-12 curriculum and help schools better prepare their students for an ever-changing job market. The \$200,000 earmarked for HUSD will allow the district to deliver and measure deeper learning by providing more specialized professional development for teachers.
HUSD, UC Berkeley, and Reach are heading into their fourth year of continued collaboration. This long-term commitment to Hayward students has allowed the partners to establish a solid base from which to launch this endeavor.

"We are thrilled that the Hewlett Foundation is supporting this partnership," said HUSD Superintendent Matt Wayne. "It reinforces our belief that if we strengthen academic engagement for all students, we will prepare them to compete globally and develop valuable life skills," he added.
Over the course of the three-year grant, HUSD and its partners will produce lesson plans and other content that will help teachers facilitate more rigorous classroom learning. The grant will also fund UC Berkeley's research to help HUSD learn how innovation can best be scaled up so that as many students as possible benefit from its improvement efforts.

LETTER TO THE EDITOR

On the Front Lines of Fire Safety

Recent wildfires are a tragic reminder of the importance of making our homes and communities fire safe. California's Local Fire Safe Councils are leading the way on fire safety initiatives, working with local government, fire departments, and others on wildfire prevention.
The Diablo Fire Safe Council recently completed 20 projects in the East Bay's high fire hazard zones with the help of a \$75,000 grant from PG&E. Funds were used to hire contractors to complete wildfire prevention action items identified by community members. Kensington started a juniper

removal campaign to reduce this highly flammable shrub from around their homes. Sunol residents cleared evacuation routes. Oakland residents thinned dense eucalyptus groves.
You play a key role by making your home fire safe and being ready to evacuate. Maintain 100 feet of defensible space around your home. Create an emergency action plan for your family and practice it. Learn more at <http://www.diablofiresafe.org>.
Cheryl Miller, Diablo Fire Safe Council
Laura Wetmore, Senior Manager of PG&E's Mission Division

Living Well

MASONIC HOMES OF CALIFORNIA

DECEMBER 2017

BE MERRIER!

Enjoy the Holidays with These Stress-Reducing Tips

By Lisa Goodwin, LCSW

As the holiday season approaches, to-do lists often start growing. When your schedule gets hectic, try these tips to reduce your stress level without sacrificing what matters most: your health and healthy relationships.

Make time for your support network. Schedule quality time with family and friends on a regular basis. On days when it's impossible to get together in person, send positive texts to let loved ones know that they're top of mind.

Treat yourself. If you spend the whole day scrambling to get things done, reward your hard work with something to look forward to after: a good dinner, talking with a close friend, a long walk, or watching your favorite TV show.

Look inward. Meditate or take time to reflect upon your thoughts, acknowledging stressors without giving them too much weight. Accept what you cannot change and dismiss troublesome topics when a resolution is not easily discovered.

Sweat it out. Exercising just 30 minutes per day, three or four times a week can be a big mood-lifter. Exercise is proven to release endorphins (pleasure hormones) in your body and expel unhealthy stress.

Get physically unstuck. A rush of blood and change of scenery can boost your focus and concentration. Make an effort to leave your desk and get out of the house to physically move your body.

Go outside. Immerse yourself in the great outdoors for 30 minutes per day: Vitamin D, the "sunshine vitamin," is proven to improve mood, decrease depression and anxiety, and reduce the risk of serious health conditions. A bonus: The fresh air can clear your head.

Find release. Try journaling or deep breathing during stressful times. A series of three deep yoga breaths lowers your blood pressure and calms your entire body. Relaxing your body will calm your mind.

Acknowledge progress: Each day, create reasonable to-do lists with at least five tasks that are easily accomplished. Cross off each one as it is completed – and absorb the success.



Be grateful: Reflect upon things in your life that you are grateful for each day: Chronicle these feelings in a gratitude journal, and return to it in times of stress.

Lisa Goodwin, LCSW, is clinical director of the Masonic Center for Youth and Families (MCYAF) in Covina, California. Part of the Masonic Homes of California, MCYAF is a nonprofit organization offering therapeutic services to children, adolescents, young adults, and their families in Northern and Southern California. Learn more at mcyaf.org.

TREE LIGHTING WELCOMES COMMUNITY

On Thursday, Dec. 7, 2017, more than 1,200 Tri-City community members, Masonic Homes and Acacia Creek residents and staff, and friends from near and far gathered at the Masonic Homes and Acacia Creek campus for the 17th annual Christmas Tree Lighting and Holiday Party. Guests stayed warm with hot cider and hot chocolate and enjoyed a variety of holiday treats and cookies, as they visited Santa and enjoyed performances by the Masonic Homes Bell Choir, Washington High School Band, Delaine Eastin Elementary Choir, Newark Memorial High School Choir, and Music at Mission Trio. Attendees donated more than 150 new toys for Toys for Tots. Thank you to everyone who helped make this year a success!





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Cheddar is not only special, he's also a special needs kitty. More info: Hayward Animal Shelter. (510) 293-7200.



Sir Edmund is a 2 month old kitten who's blossoming into a sweet boy. He arrived at the shelter at a month old and learned that people are friends. He tends to be a bit shy at first, but his purr motor gets started with pets on the ears, and when chasing a feather toy. Sir Edmund is already neutered. Info: Hayward Animal Shelter. (510) 293-7200.

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www.haywardrec.org

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<http://bridgestojobs.org>

**Tuesday, Nov 28 - Friday,
Feb 9**

Favorites from the Sew 'n Sews

8:30 a.m. - 4:30 p.m.

Colorful quilt show

John O'Lague Galleria
777 B Street, Hayward
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www.haywardartscouncil.org

**Thursday, Nov 30 - Friday,
Jan 5**

Nordic 5 Arts

9 a.m. - 5 p.m.

Scandinavian visual arts

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www.photocentral.org

**Friday, Dec 1 - Saturday,
Dec 23**

Santa at the Zoo \$

6 p.m. - 9 p.m.

Visit Santa Claus and his helpers

Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525

www.oaklandzoo.org

**Thursday, Dec 2 - Saturday,
Jan 13**

Nordic 5 Art Works

11 a.m. - 3 p.m.

Scandinavian inspired visual arts

Opening reception Saturday,
Dec. 2 at 1 p.m.

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**Monday, Jan 8 - Thursday,
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**Tuesday, Dec 5 - Monday,
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9 a.m. - 1 p.m.

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Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. - 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. - 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St.,
San Leandro
(925) 465-4690
www.cafarmersmkts.com

Kaiser Permanente San Leandro

Wednesdays

10 a.m. - 2 p.m.

June 11, 2017 to
December 31, 2017
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. - 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Friday, Dec 15 - Saturday, Dec 23

Las Posadas

6 p.m.

Processional celebration of Mary
and Joseph's journey to Bethle-
hem
Bring flashlights to read song
sheets
Old Mission San Jose
43300 Mission Blvd., Fremont
(510) 657-1797 x106
www.missionshanjose.org

THIS WEEK

Tuesday, Dec 19

Chanukah Lighting

5:30 p.m. - 7:00 p.m.

Music, snacks, activities

The Block at Pacific Commons
43923 Pacific Commons Blvd.,
Fremont
(510) 770-9798
www.pacificcommons.com

Wednesday, Dec 20

Wednesday Walk

9:30 a.m. - 1:30 p.m.

Moderate 6+ mile trail hike

Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Thursday, Dec 21

East Bay Stompers Band

7 p.m. - 9 p.m.

Dixie, swing and standards music

Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 914-7304

Thursday, Dec 21

Ugly Sweater Day

10:00 a.m. - 12 noon

Bring a sweater to decorate

Contest at 12 noon
Milpitas Senior Center
40 North Milpitas Blvd, Milpitas
(408) 586-3413
www.ci.milpitas.ca.gov

Thursday, Dec 21

Longest Night Service

7:30 p.m.

*Assistance for those dealing with life's
challenges*

Candle lighting and prayer
Niles Discovery Church of
Fremont
36600 Niles Blvd., Fremont
(510) 797-0895
jeff@nilesdiscoverychurch.org

Thursday, Dec 21 - Sunday, Dec 24

Holiday Concert \$

Thurs - Sat: 8 p.m.

Sun: 1 p.m.

Classical, jazz, popular holiday songs

Sing-a-long
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22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

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Upcoming Events (Sponsorship Opportunities Available):

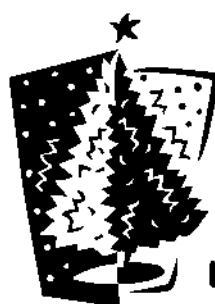
2nd Annual Holiday Pancake Breakfast with Santa Saturday, December 9, 2017
4th Annual Black and White Ball Saturday, April 7, 2018
Contact Sherry at (510) 369-5770 with questions

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Thursday, Dec 21

American Red Cross Blood Drive

12 noon - 6 p.m.

Call to schedule an appointment

Drop-ins welcome

Bayfair Mall

15555 E. 14th Street,

San Leandro

(800) 733-2767

www.redcrossblood.org

Friday, Dec 22 - Sunday, Dec 24

Monarchs and Milkweed \$

Fri: 1:30 p.m.

Sat & Sun: 10:30 a.m. & 2:00 p.m.

Search for caterpillars and butterflies

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Friday, Dec 22

American Red Cross Blood Drive

10 a.m. - 4 p.m.

Call to schedule an appointment

Kaiser Permanente

3555 Whipple Road, Union City

(800) 733-2767

www.redcrossblood.org

Friday, Dec 22

Live Mariachi Music

7 p.m.

Enjoy traditional Mexican music

Mexico Lindo

33306 Alvarado-Niles Rd.,

Union City

(510) 471-4525

www.mexicolindorestaurantbar.com

Saturday, Dec 23

Monarchs for Kids \$

11 a.m. - 12 noon

Interactive puppet show about butterfly life cycle

Ages 3 - 6

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Saturday, Dec 23

Bird Watching for Beginners

8:30 a.m. - 10:00 a.m.

Discuss use of binoculars, bird guide

Short walk for bird viewing, identification

Ages 10+

SF Bay Wildlife Refuge

1 Marshlands Rd., Fremont

(510) 792-0222

Saturday, Dec 23

Beginner Swing Dance Lesson

8 p.m.

DJ, dancing, food, beverages

Slap Face Coffee

37324 Fremont Blvd., Fremont

(510) 565-1130

<http://www.facebook.com/events/135030070461825>

Saturday, Dec 23

Movie Night \$

7:30 p.m.

Lighthouse by the Sea, Koko's Cure, Fast and Furious

Niles Essanay Theater

37417 Niles Blvd, Fremont

(510) 494-1411

www.nilesfilmmuseum.org

Saturday, Dec 23

American Red Cross Blood Drive

10:30 a.m. - 3:30 p.m.

Call to schedule an appointment

Drop-ins welcome

Milpitas Library

160 North Main St., Milpitas

(800) 733-2767

www.redcrossblood.org

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Saturday, Dec 23

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2 p.m.

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(510) 745-1421

www.aclibrary.org

Sunday, Dec 24

Marvelous Monarchs \$

11 a.m. - 12 noon

Discover the butterfly life cycle

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Sunday, Dec 24

Bird Walk

8:30 a.m. - 10:30 a.m.

Naturalist led bird watching hike

Ages 15+

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,

Fremont

(510) 544-3220

www.ebparks.org

Sunday, Dec 24

Christmas Candlelight Celebration

7:30 p.m. - 11:00 p.m.

Enjoy Christmas carols by candlelight

Prince of Peace School

38451 Fremont Blvd., Fremont

(510) 793-3366

www.popfremont.org

Sunday, Dec 24

Mexican Trio

11 a.m. - 1 p.m.

Live music

Mexico Lindo

33306 Alvarado-Niles Rd.,

Union City

(510) 471-4525

www.mexicolindorestaurantbar.com

Monday, Dec 25

Holiday Spectacular \$

8 p.m.

Holiday-themed improvisation show

Made Up Theatre

3392 Seldon Ct., Fremont

(510) 573-3633

www.madeuptheatre.com

Monday, Dec 25

Christmas Day Celebration

10 a.m.

Festival of Nativity and choir

Prince of Peace School

38451 Fremont Blvd., Fremont

(510) 793-3366

www.popfremont.org

Tuesday, Dec 26

American Red Cross Blood Drive

12 noon - 6 p.m.

Call to schedule an appointment

Drop-ins welcome

Bayfair Mall

15555 E. 14th Street,

San Leandro

(800) 733-2767

www.redcrossblood.org

Wednesday, Dec 27

American Red Cross Blood Drive

10 a.m. - 4 p.m.

Call to schedule an appointment

Drop-ins welcome

Kaiser Permanente San Leandro

2500 Merced St., San Leandro

(800) 733-2767

www.redcrossblood.org

Sunday, Dec 31

New Year's Eve Retreat - R

7:00 p.m. - 10:30 p.m.

Spiritual reflection, festive dessert

RSVP by 12/27

Dominican Sisters of Mission

San Jose

43326 Mission Blvd., Fremont

(510) 933-6360

<http://bit.ly/NYRetreat2017>

Sunday, Dec 31

New Year's Eve Gala \$R

7:30 p.m.

DJ, dancing, Indian buffet, hosted bar

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6064 Stevenson Blvd., Fremont

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www.fogsv.org

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Tuesday, Dec 19

4:45 - 5:30 Baywood Apartments, 4275 Bay St.,

FREMONT

5:50 - 6:30

Jerome Ave. & Oholones St.,

FREMONT

Wednesday, Dec 20

1:00 - 2:00 Del Rey School,

Via Mesa & Via Julia, SAN

LORENZO

2:30 - 2:55 Eden House Apartments, 1601 165th Ave.,

SAN LEANDRO

3:30 - 4:00 Baywood Court,

21966 Dolores St.,

CASTRO VALLEY

6:00 - 6:30

Camellia Dr. & Camellia Ct.,

FREMONT

Thursday, Dec 21

12:30 - 1:00 Stellar Academy,

38325 Cedar Blvd., NEWARK

2:30 - 3:00 Graham School,

36270 Cherry St., NEWARK

Monday, Dec 25

No Service - Holiday

Tuesday, Dec 26

No Service - Holiday

Wednesday, Dec 27

No Service - Holiday

Milpitas Bookmobile stops

Renew books by phone

(800) 471-0991

For more information

(408) 293-2326 x3060

Wednesday, December 20

1:45 - 3:00 Foothill School,

1991 Landess Ave., MILPITAS

3:30 - 4:00

Friendly Village Park, 120 Dixon

Landing Rd., MILPITAS

22 VETERANS DIED TODAY BY SUICIDE



Newark PD shapes young adults through Explorer Program



Newark Police Department's Explorers.

ARTICLE AND PHOTOS BY
RHODA J. SHAPIRO

Every Thursday evening, a group of young men and women, ages 16 to 20, gather at the Newark Police Department to gain a deeper understanding of law enforcement. These young

14 years old, and may remain until their 21st birthday. Sandra Turchan, 20, who began the program when she was 19, jokes about how old she is compared to some other kids who started at 14. Turchan has been a uniformed Explorer for a month and has learned so much

lights from ambulances, fire trucks, and police cars filled him with wonder. He always knew that he was going to either be a fireman or a police officer.

Along with being an officer and Explorer program advisor, Sandoval also teaches a class at Newark Memorial High School called Law Enforcement/Homeland Security. Through this class, some high school students have been led to discover the Explorer program. Sandra Soto, 19, is one of them. Three years ago, she dived into the program and never looked back. Currently, Soto works part-time in the department as a Police Services Aide. She's described by Sandoval as a natural leader, which explains why, in April of this year, she was promoted to the rank of Captain.

To instill a more comprehensive understanding of how a police department works, rankings are given to the Explorers. Along with the Captain, two Sergeants serve in the program. Arteaga is one of them. He oversees the Alpha Squad while another Explorer serves as a Sergeant for the Bravo Squad.

As their Captain, Soto watches over the two squads, attending to their varied needs. She sets up ride-alongs with police officers, an added perk for Explorers. Soto also takes part in setting up codes tests and assists interviews with new recruits. "I'm basically the bridge between the advisors and everyone else," Soto says, smiling widely.

Detective Bloom likes to exercise a "hands-off" approach

while working with the Explorers. Not only does she feel it's an opportunity for the Captain and Sergeants to develop their own leadership experience, but it's also good for the entire group to truly start understanding ranking systems and how to function within them.

When the Explorers aren't in session, they're involved in other things, like helping at community events. In Newark, Explorers help with traffic control at several parades throughout the year. During summertime, they help with security and traffic control at the Shirley Sisk Grove concert series. During other community events, Explorers are in the field, building relationships between youth in the community and the Newark Police Department.

As an advisor of the program for four years, Detective Bloom admires the dedication of current and past Explorers. "It's the most rewarding part about my job," Bloom says. "As a detective, I have to deal with some pretty tough cases. And every single week I look forward to working with the Explorers. They're such a great group of kids. They're so hardworking. Some of the Explorers that were there when I first stated are now police officers. To see them from high school age, and then going on to fulfill their dreams of becoming a police officer, it's great. Even if law enforcement isn't for them, the Explorer program is a great opportunity. It helps build great people in society. It's a positive experience for young people, and I'm very proud to be a part of that."



Explorer program advisors Detective Jennifer Bloom and Officer Sal Sandoval.

community members are part of an Explorer program, inspired by the Boy Scouts of America. All come dressed in sharp uniforms and with their own unique badges, unless they're new recruits. New recruits always show up to their first series of meetings in business attire, until they've gone through the necessary application and testing process.

As Explorers, they are privy to a wide array of knowledge about the inner workings of a police department; they also get to witness up close what it means to be a police officer. "People outside see differently... they don't actually know what goes on. Once you work with officers, you see what actually goes on here; you see how things work. It changes your mindset," says Alejandro Arteaga, a 19-year-old Explorer who has been in the program for two and a half years.

At each session, Explorers are led by two advisors — Detective Jennifer Bloom and Officer Sal Sandoval. The lessons and trainings are wide-reaching, offering a level of thoroughness that brings to mind Police Academy training. Explorers pay close attention to their advisors' every word, soaking up wisdom. Confidence is tangible among all present; a feeling that the gravity of what they're involved in carries deep meaning and purpose.

Young adults can start the Explorer program as early as

already. "They give us a calendar a month in advance to tell us what we're going to work on. It could be different tactics, or scenarios, or Physical Training. They're very organized. You learn how to strategically figure out what to do in a situation ... how to work as a police officer in different scenarios. Figuring out how to work with silence and how to communicate with people, like with tone and attitude. You learn how to hold yourself as a police officer."

Officer Sandoval has been leading the Explorer program at Newark since 2003. He joined the Newark Police Department in 2001, having previously served as an officer in Hayward. It was in Hayward where Sandoval himself went through the Explorer program. "I was getting a scholarship for college," he says. "One of our scholarship meeting nights involved a School Resource Officer coming and talking. In that presentation, he brought up Explorers. I'd never had a clue about it. He told me where to go... Hayward Police Department. So, I went, and here I am. I was 14 when I started. The discipline that I got ... it's what molded me to who I am now."

A deep love for Public Safety was imprinted in Officer Sandoval at an early age. He describes himself as the kind of kid who darted outside every time he heard sirens. Flashing



Explorers Alejandro Arteaga (Sergeant) and Sandra Soto (Captain).



Sandra Turchan has been a uniformed Explorer for a month.

Without question, the Explorers program is making a positive impact. For many, this program has paved the way toward a future of possibilities. Arteaga sums it up best: "If you want to go into law enforcement, you're getting your foot in the door with this program. Even if you don't want to go into law enforcement, it's still great for a resume. People who see you've been an Explorer know you're dedicated; they know you're determined to succeed. And that will probably help you a lot in the long run."

The Newark Police Department's Explorer Program is open to young men and women, ages 14 to 20. For more information, contact Officer Sandoval at (510) 578-4289, or email salvador.sandoval@newark.org. For information about Explorer programs in other cities, contact your local police department.

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Park It

BY NED MACKAY

Holiday Happenings

The holiday season is always
 a busy time, but the East Bay
 Regional Parks offer a break from
 all the hustle and bustle.

One park where you can enjoy
 some nature-themed activities is
 Crab Cove Visitor Center in
 Alameda. Crab Cove will host an
 open house from 10 a.m. to 4
 p.m. on Saturday, Dec. 23, with
 holiday traditions, stories,
 and crafts.

And there's a post-Christmas
 birding program for kids from
 1:30 to 3 p.m. on Wednesday,
 Dec. 27, led by naturalist Michael
 Charnofsky. Michael will show
 youngsters and adults how to
 observe, mimic and identify
 shorebirds that feed at the
 mudflats, then finish with a

bird-themed craft. Binoculars will
 be available for loan; rain cancels
 the program.

If you're willing to volunteer
 some time, there's a bayside beach
 cleanup at Crab Cove from 2 to
 4 p.m. on Thursday, Dec. 28,
 coordinated by naturalist
 Susan Ramos. Bring your own
 gloves and bucket, or borrow
 from the visitor center.

Crab Cove is located at
 1252 McKay Ave. off Alameda's
 Central Avenue. For information,
 call (510) 544-3187.

Newts and other amphibians
 are the quarry of a safari from
 4 to 5:30 p.m. on Saturday, Dec.
 23 at Tilden Regional Park near
 Berkeley, led by naturalist Trent
 Pearce. During the rainy season,
 newts migrate from fields to
 streams for purposes of
 procreation.

Rain or shine, meet Trent at
 the Regional Park Botanic
 Garden parking lot on Wildcat

Canyon Road and South Park
 Drive. The group will check out
 South Park Drive and vicinity.
 However South Park Drive is
 closed to vehicle traffic because of
 the new migration. You have to
 access Wildcat Canyon Road via
 Golf Course Drive and Shasta
 Road. For more information and
 directions, call (510) 544-2233.

Mushrooms have made their
 appearance in the regional parks
 and other open spaces, though
 recent lack of rain has somewhat
 diminished the crop. Mushroom
 harvesting is prohibited in all the
 regional parks, and signs are
 posted at many trailheads
 warning of the danger of picking
 poisonous varieties.

However, if you want to learn
 more about mushrooms, without
 collecting them, join naturalist
 Kevin Dixon on a mushroom
 foray from 10 a.m. to noon on
 Saturday, Dec. 23 at Black
 Diamond Mines Regional

Preserve in Antioch.

Meet Kevin in the parking lot
 at the end of Somersville Road,
 3.5 miles south of Highway 4.
 For information, call
 (888) 327-2757, ext. 2750.

There's also a lot going on at
 Big Break Regional Shoreline in
 Oakley. Naturalist Cat Taylor is
 leading two sessions of the
 Audubon Christmas bird count,
 both on Saturday, Dec. 23.

The first is from 8 to 10:30
 a.m. starting at the Jordan Lane
 entrance to Big Break Regional
 Trail. The second is from noon to
 2 p.m. at Big Break, which is at
 69 Big Break Road off Oakley's
 Main Street.

This is an annual citizen
 science project to document every
 bird seen or heard. Both begin-
 ning and advanced birders are
 welcome. Bring binoculars,
 scopes, apps and field guides.
 For more information, call
 (888) 327-2757, ext. 3050.

While we're on the subject of
 birding, Mike Moran, who's the
 supervising naturalist at Big
 Break, will lead a bird walk from
 9 to 11:30 a.m. on Thursday,
 Dec. 28 starting at the Cypress
 Staging Area on Marsh Creek in
 Brentwood. This is part of Mike's
 raptor baseline project that he has
 worked on for years. The idea is
 to document the variety and
 numbers of East County birds of
 prey. The results go into a data-
 base used by scientists and envi-
 ronmentalists.

Mike's program is free, but
 registration is required. To regis-
 ter, call (888) 327-2757, select
 option 2, and refer to program
 number 19145.

These are just a few of the activ-
 ities available in the regional parks
 in coming days. For more, visit the
 website, www.ebparks.org. And,
 however you spend your time, have
 a happy holiday season and New
 Year.

Task force tackling litter, bringing beauty

SUBMITTED BY CITY OF HAYWARD

The Keep Hayward Clean and Green Task Force is transforming its annual program of
 monthly community cleanups into a series of beautification events in 2018, combining
 traditional litter pickups with newer activities like drought-tolerant landscape plantings.

The 2018 schedule of beautification events was adopted by the Keep Hayward Clean
 and Green Task Force in November and is available on the City of Hayward website.
 Go to <https://www.hayward-ca.gov/> and look for #HaywardBeautiful.

Event registration and other pre- and post-event information—including before and
 after photos and shots from the event—will be shared on social media using a common
 hashtag, #HaywardBeautiful.

The Keep Hayward Clean and Green Task Force was established by the City Council
 in 2007 to preserve the environment and enhance the visual appearance of the city
 through joint efforts of individuals, volunteer groups, businesses and municipal

resources. Its mission is as relevant today as ever. Per its bylaws, the Task Force stages
 10 cleanup events a year, which generally take place the last Saturday of the month in
 a different neighborhood each time.

The first 2018 event—a combined landscaping and litter pickup project—is
 scheduled for January 27 from 8:30 a.m. to noon at Five Flags in the heart of downtown
 Hayward at D Street and Mission and Foothill boulevards. Advanced registration is
 encouraged and opens soon.

Clean and Green

Saturday, Jan 27

8:30 a.m. – noon

D Street and Mission Blvd, Hayward

<https://www.hayward-ca.gov/your-environment/get-involved/keep-hayward-clean-green-clean-ups/cleanup-beautification-schedule>

Free – Advance registration recommended

TopFlight

GYMNASTICS

www.topflightfremont.net

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- * Cheer & Tumbling
- * Birthday Parties
- * Open Gym **1x** & Flight Night **2x** a Month



Has your child ever wanted to be a Ninja Warrior? Top Flight is proud to introduce our new **Ninja Zone** program! These classes offer influences from parkour, free running, martial arts, and obstacle courses to improve agility, balance, and strength.

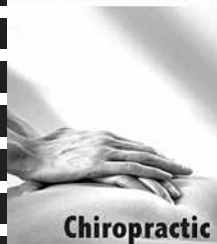
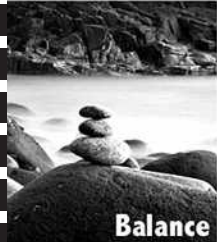
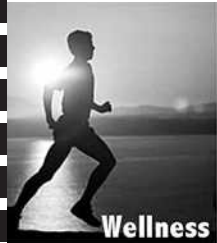
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VETERANS Crisis Line

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SUICIDE
PREVENTION



SPORTS

Wrestling

Cougars Report

SUBMITTED BY
TIMOTHY HESS

Men:
The following Newark Memorial Cougars wrestlers competed and placed at the Bill Martell Invitational Wrestling Tournament,

December 16th, at Northgate High School (Walnut Creek):

Brandon Moriguchi	3rd
Marcos Calvo	3rd
Jose Rodriguez	3rd
Xander Pereira	4th
Chance Hefter	5th

Women:
Newark Memorial High School Girls Wrestling had a

solid tournament in Rocklin, CA at the Women's West Coast Tournament of Champions, December 15-16. The Lady Cougars, led by Emmily Patneaud with a 4-0 first place finish, took third place out of 88 teams.

Emmily Patneaud	1st
Mikaela Troche	4th
Ariana Pereira	4th
Sierra Van Rossem	5th



Nor Cal Rush captures two state championships

Soccer

SUBMITTED BY FERNANDO COLMENARES

Over the weekend of December 9–10, the California Youth Soccer Association (Cal North) hosted its State Cup for the 2009 - 2006 age groups in Morgan Hill and Sacramento, California. Nor Cal Rush came away with two state championships at the top level of the 2008 and 2007 boys' divisions. This secures the third state cup title for the 2008 boys in three years and first state cup title for the 2007 boys in its first season as a team. "It is quite an accomplishment to have two state cup titles this year and proves that the 'Rush

Way' that all nationwide Rush clubs follow, works," says club president Fernando Colmenares.

Players that wish to be considered for a Rush Competitive team or in our player development league should visit the club website at www.norcalrushsoccer.com for schedule of open age group training days and programs starting in January 2018.

According to Club Technical Director Ricky Garcia, "Our next step is to develop an elite girls program here in the East Bay that can compete at the highest level. We encourage all girls to attend the training days in January. We want to bring Girls State Cup Championships to Fremont next year and know there is enough talent in the East Bay to compete with anyone."

Women's Soccer

Cougars Junior Varsity shut out Huskies Junior Varsity

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The Newark Memorial Lady Cougars Junior Varsity soccer team looked to be in mid-season form on December 14th as they put on an impressive performance with a solid win over the Washington Lady Huskies Junior Varsity, 7-0. Although the Lady Huskies tried to slow the Cougars attack, they had little success in their early season effort.



Women's Basketball

Lady Cougars improve season record

SUBMITTED BY TIMOTHY HESS

With their 47-43 win over Hayward High School Lady Farmers on Dec. 14, the Lady Cougars Newark Memorial High School varsity basketball team improved their early-season record to 4-0. Meanwhile, the Cougars junior varsity team also won, defeating the Hayward High School Farmers junior varsity team 42-31.

Game Highlights: Haylee Nelson, a senior, scored a game-high 19-points, grabbed 23-rebounds, and had three blocks. Maleia Colker, a freshman, chipped-in with nine points, while Savanna Swickard, a junior and Samantha Armas, a freshman each added six points in the victory.

Military veteran fulfills wrestling dream at Chabot College

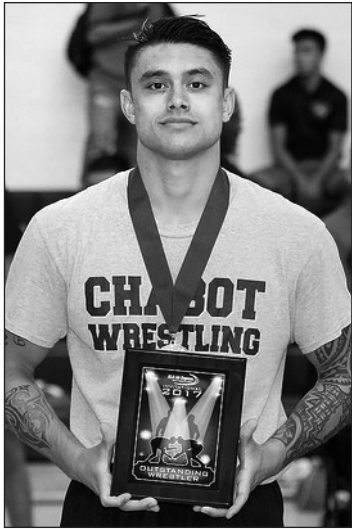
Men's Wrestling

SUBMITTED BY PHIL JENSEN
PHOTO BY JOHN SACHS

Chabot College's Anthony "AJ" Cress doesn't believe a day went by during his time in the United States Army when he didn't think about wrestling. "It pushed me to be who I am today," Cress recalls. "I started at age 11, and I've been wrestling ever since."

The 25-year-old freshman spoke before he competed in the California Community College Athletic Association Wrestling State Championships Dec. 8-9 at San Joaquin Delta College in Stockton. Cress went on to win the event after he pinned Sacramento City College's Abel Garcia in 2:52 to win the 174-pound title.

From 2011 to 2016, Cress served in the Army, including a



Anthony Cress

combat deployment for nine months in Afghanistan in 2012 and 2013. "It is what people think it is: It's war ... It's a combat zone," Cress said of his time in Afghanistan. "We were there to help the people out."

When Cress enlisted, the 2010 Antioch High School graduate felt he would mesh well in the

armed forces. "Honestly, I thought it was going to be just like wrestling ... which it kinda was," he said. Cress, is currently in the Reserves in addition to majoring in fire science at Chabot. "Hard pace, hard tempo, teamwork ... things I was already used to growing up as far as sports."

Cress was also part of the 173rd Airborne in Italy as an airborne paratrooper, and he had an occupational deployment in Kuwait in 2015.

But he had to make an adjustment when he left active duty. "For a lot of veterans, it's tough, you know, because you are leaving a lifestyle of people who have the same mindset as you ... When you get into the civilian world, it's almost like you are kind of out of place in a way," Cress said. "There was a bit of a sad time in my life for those first few months. I honestly felt like something was missing."

His family sat him down and he admitted that he missed wrestling. "They said 'go try out for a college'. And I said, 'what college?'" recalled Cress, who lives in Antioch and was a student at Los Medanos College, which does not have a wrestling program. "I called a few of my coaches from high school and friends, and they said you should go to Chabot."

Gladiators coach Steve Siroy has no complaints. Cress is a team captain. "He's a hard worker. He takes responsibility for what he does," Siroy said. "He puts the extra time in. After practice, he has guys stay with him and they do extra drills."

At Antioch High, Cress was a two-time Bay Valley Athletic League champion and won the 2010 North Coast Section title at 152 pounds. He was known for his flashy and spectacular style in the Panthers program, which explains his old nickname,

"Big Dog."

Clearly, Cress has picked things right back up at Chabot. He has a 23-3 record and avenged one of his losses in the NorCal Regional finals, when he beat Abel Garcia of Sacramento City 3-0. Cress is ranked second in the state by caccwrestling.com behind Hector Vargas of Mt. San Antonio College. Vargas beat Cress by one point earlier this season. In September, Cress was named the Outstanding Wrestler at the KLS Air Express Invitational.

"It's going really good," Cress said about the season. "Training's great. Coach Siroy and Coach George, they are great coaches. My teammates really push me. They're really good wrestlers."

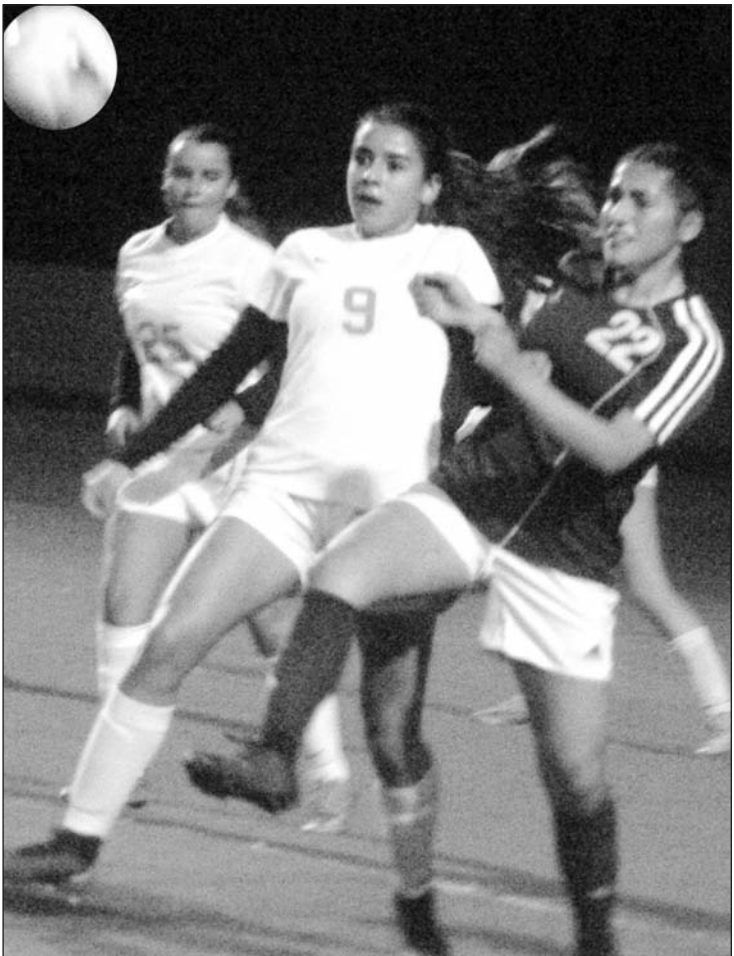
He is also thrilled about the education he's receiving. "It's a great school. I recommend it to everybody," Cress said about Chabot. "We have the best education system in the world in the United States."

Women's Soccer

Cougars Varsity puts on an impressive show

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Newark Memorial Cougars Varsity soccer team beat the Washington Huskies 7-0 on December 14th with an impressive show of speed and great ball control. Moving the ball up and down the field at will, the Cougars were able to continually place themselves in great positions to set up shots on goal. The Huskies made a good effort to keep up, but the Cougars juggernaut was just too much to handle on this day.

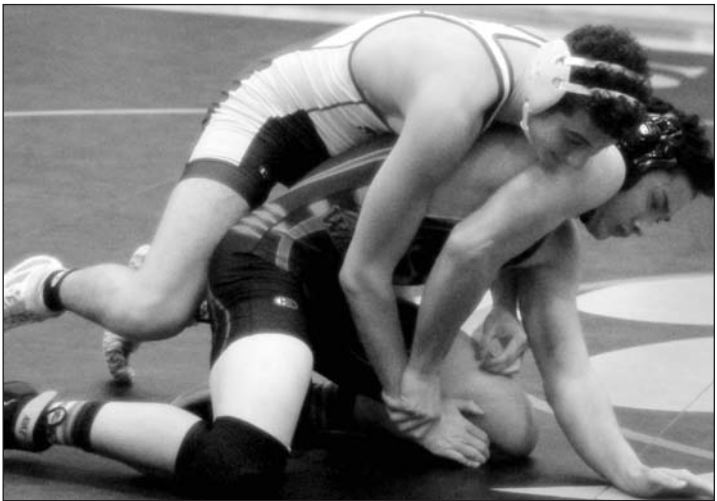
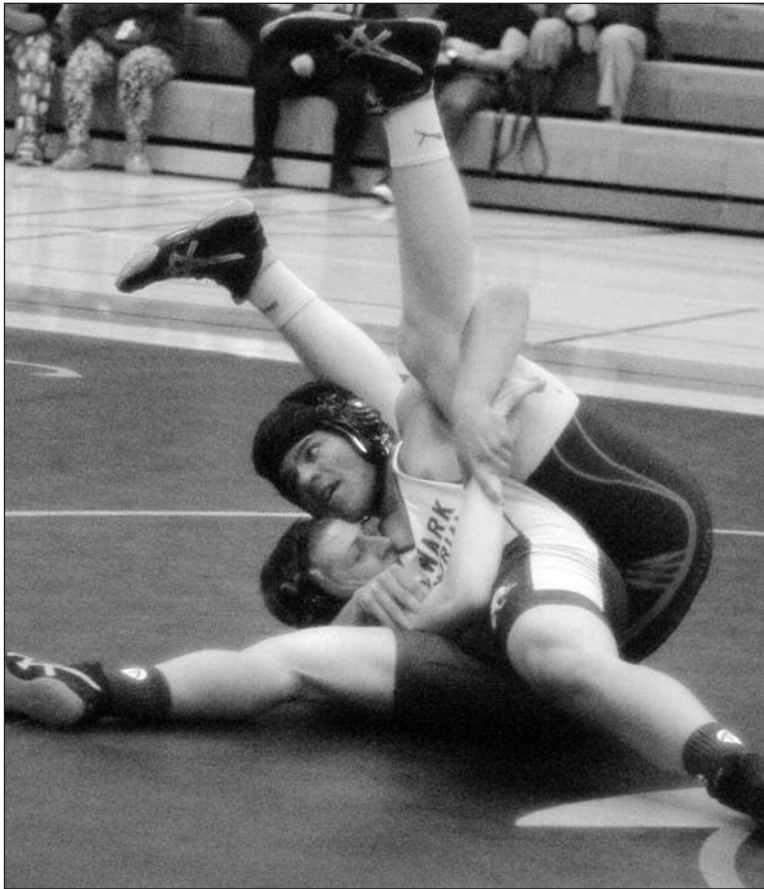


Wrestling

Cougars varsity wrestlers defeat Huskies

SUBMITTED BY
TIMOTHY HESS
PHOTOS BY MIKE
HEIGHTCHEW

The Newark Memorial High School Cougars varsity wrestling team opened Mission Valley Athletic League action with 51-30 victory over Washington High School Huskies on December, 13th. Leading the way for the Cougars were Matthew Costa, Marcos Calvo, Moises Rodriguez, Bryan Barton and Xander Pereira, all earning pins. Brandon Moriguchi added a major decision and Owen Gallegos tacked on a technical fall.



SUBMITTED BY TIMOTHY HESS

Cougars celebrate big wins

It was a day of non-stop wrestling on December 9th when the Junior Varsity Cougars from Newark Memorial High School competed against the Eagles at Clayton Valley Charter High School in Concord. Several Cougars wrestled a full five matches and competed for the first time. There were five first-place finishers for the Cougars: Owen Gallegos, Jacob James, Bryan Barton, Ryan Koski, and Ritchie Punzaian.

Meanwhile, a lot of good work came from the novice guys and returners, who fought off their backs and came up with big wins. The coaches are looking forward to the continued growth of the team.



City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzusd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

Ohlone College

- December 13, 2017 Ceremonial Items:**

 - Approved a No Harassment Resolution in which Ohlone Community College District urges college to educate its students, staff and faculty about sexual harassment policies, complaint procedures and promote a safe harassment free environment, accepted by Associated Students of Ohlone College (ASOC) president Martin H. Kludjian, Jr.

Staff Reports:

 - The Board elected Trustee Bonaccorsi as chair of the board. Trustee Cox was elected vice chair and Ohlone college president Dr. Browning was ratified as secretary (Trustee Fuentes abstained from chair, vice chair, and secretary vote and Trustee Giovannini-Hill was absent during the elections).
 - Report from Faculty Senate President Brenda Ahnholz: Introduced the faculty member of the month for her work on the Global Literacy certificate used to train faculty.
 - Report from Associated Students President Martin H. Kludjian, Jr.: An on-campus club passed out finals “care packages” filled with snacks for students during finals. There was also a “Mac and Cheese” event for students during finals.
 - “Good News Reports” about Ohlone College reported by college president Dr. Gari Browning: 50th Anniversary Gala earned over \$40,000 dollars. Proceeds will be used for equipment and furniture for the Academic Core building on campus. A former Ohlone student is now an employee with NASA Ames Research Center and co-authored a paper with his supervisor.

Public Communications:

 - Chapter president of California School Employees Association (CSEA) introduced new staff leaders.
- Consent Agenda:**

 - Approved 2017 Payroll Warrants
 - Approved Integrated Plan
 - Approved revised, new, and deactivation of courses and programs for 2018-2019
 - Approved 2018-2019 Budget Planning Calendar
 - Approved Academic Core Buildings change order amount of \$189,355.
 - Approved change order amount of \$246,175 for Geothermal Ground Loop project in Fremont campus.
 - Ratified contract for college president Dr. Gari Browning from July 1, 2017 to June 30, 2021.

Discussion and Actions:

 - Sabbatical leave presentation by Nancy Pauliukonis professor of Deaf Studies Division. Pauliukonis developed a writing, reading and grammar handbook for deaf students.
 - Accepted auditor’s District report.
 - Transferred \$121,265 from Internal Services Fund to Futuris Irrevocable Trust to fund retiree health benefits.
 - Approved United Faculty of Ohlone (UFO) contract from July 1, 2017 to June 30, 2020.
 - Guided Pathways presentation by Duncan Graham, Interim vice president of Academic Affairs. Program will offer new degrees and certificates. Students are involved in the planning process. A multi-year plan will be submitted by March 31, 2018.
 - Approved Trustee compensation of \$354.60 per month starting January 1, 2018.

Richard Watters	Aye
Greg Bonaccorsi	Aye
Teresa Cox	Aye
Jan Giovannini-Hill	Aye (3 Absent)
Vivien Larsen	Aye
Garrett Yee	Aye
Ishan Shah	Aye
Miguel Fuente	Aye (3 Abstain)

Mission San Jose High School gets the vote for a new swimming pool



SUBMITTED AND PHOTO BY RHODA SHAPIRO

A packed room of students, teachers, and community members broke out into applause after Fremont Unified School District’s (FUSD) Board of Trustees voted unanimously to fund a new pool for Mission San Jose High School.

Back in June of 2014, Fremont voters approved Measure E, a \$650 million general obligation bond initiative, which would allow for repairing and upgrading school facilities. In 2015, the Board approved \$4.1 million replacing Mission San Jose High School’s pool. However, earlier this Fall, the FUSD board received notice that the project would cost more than originally estimated... \$3.9 million more, to be exact. Before the board meeting, trustees asked staff to look into different possibilities, one of which was to simply repair the existing pool.

Before trustees discussed and voted on the item, nearly a dozen speakers expressed their views. Many pleaded with the Board to keep their promise of replacing the pool.

Danielle, Booster Club President at Mission San Jose High School, addressed the board. “In 2015, the District deemed Mission’s pool the worst in the district. This was not hard to believe because, with the exception of American High School, all the pools in the district either need some work, like Washington High School, or to be replaced as is the case for Mission and Irvington. I understand that the funds are not there to replace all of these pools. But replacing the pool at Mission is a step in the right direction and something that you, the Board, thought was a good idea when you approved the funding of the project more than two years ago. To repair or refurbish the pool would be the cheaper way to go, but those [actions] would just be bandaids.”

After an outpouring of support for pool replacement at Mission San Jose High School, trustees delivered a unanimous vote to place funds, some of which would come from sale of site funds, toward the new pool. It is estimated that the pool will take eight to nine months to build.

TAKES FROM SILICON VALLEY EAST

Fremont Maker Education Update

SUBMITTED BY PARKER THOMAS

You may recall from our October Q&A with FUSE Fellow Parker Thomas (www.thinksiliconvalley.com/blog/2017/10/inspiring-next-generation-makers-fremonts-push-maker-education) that he probably has the most interesting one-year assignment imaginable: creating a maker education platform for Fremont’s schools and the community at large with the goal of building the workforce pipeline for advanced manufacturing. For the last two months, Parker has been on a listening tour, interviewing close to 100 educators, parents, companies, and community partners. Luckily for us, Parker has been documenting his journey in a series of blog posts. His most recent “update to the tribe” can be found at www.fremontlearningnetwork.org/blog/2017/12/4/update-2-for-the-tribe, with key excerpts below.

FUSE update December 2017:

I’m eight weeks into my listening tour and starting to shift from listening to synthesis. What’s becoming clear is that there are pockets of innovation all over the Fremont Unified School District (FUSD). For example:

- Kristin Berbawy’s classroom at Irvington High School is filled with drones, material sorting machines, and other projects that kids create inside and outside class. We explored how she might coach others interested in doing similar work.
- Dana Graham’s sixth graders at Warm Springs Elementary hold an annual college fair. In conducting their own research and presenting about what makes each school unique, they learn about colleges and how universities link to their own aspirations.
- Charlie Brucker at Mission San Jose High School creates field trips for his AP Computer Science students to technology companies all over Silicon Valley. And interestingly, many of his contacts at the companies he visits are his old students.

In fact, in virtually every meeting with educators, I find some innovation that would be valuable if spread across FUSD. What surprises me is that these efforts are not equally distributed. It’s not related to the socioeconomic background of the students or the quality of the school. Rather these innovations are the results of irrepressible teachers determined to do what’s best for their students.

This leads me to think that we don’t need to create another program or ‘maker’ curriculum. Rather, we need to create a framework so that these organic ideas from the people closest to the children can be nourished, scaled, and focused on larger problems.

There are amazing community-based programs that would be thrilled to plug into FUSD. Many could help with “creating an HR Pipeline for Advanced Manufacturing.” For example:

- http://www.earnlearneast-bay.org. This Bay Area organization has a list of 2,800 companies eager to help kids learn about the professional

world through talks, internships, shadowing, and other programs. It’s also free.

- https://www.gladeo.org. Similarly, Gladeo is a non-profit dedicated to inspiring and helping young people discover, navigate, and achieve their dream careers.
- http://www.pilotcity.com. Among other programs, Pilot City helps companies package real-world business problems in a way that is accessible to students.
- https://www.lrng.org. LRNG works with cities and organizations to create “roadmaps of learning” so that students can connect to career opportunities.

These are just a few of the many that I have uncovered. In fact, every time I have a “Wouldn’t it be cool if ...?” inspiration with an interviewee, I’ve been able to find a program that already exists. Here again, we need to make it easier for FUSD—as well as teachers and students—to access these programs, experiment, and evaluate how they work. I’m not saying that the solution to the Fellowship is simply connecting to outside organizations (it’s more complicated than that), but above all, we need not replicate effective programs.

Businesses are sometimes said not to be interested in getting involved with schools, but I’m finding the opposite to be true; moreover, many companies are already involved in creative ways. For example, Peer 1 and IBM support the cybersecurity program in Hector Albizo’s classroom. And it’s not just large companies with enormous resources. Gemmo, a startup with only three people, has created an internship program for five students. Schmartboard, another three-person company in Fremont, donates time and materials to the Ohlone College STEM Day every year (among others).

All of this leads me to a hypothesis: When companies are asked to be involved in a time-constrained, resource-constrained way that fulfills their business needs, they generally say yes. Companies large and small want to be good corporate citizens and have a hand in shaping their workforce of tomorrow.

Programs like the Fine Arts Mini Experience (FAME) program at Warm Springs Elementary and the Science Docent program at Mattos Elementary provide a way for parents to engage with schools in a manner that respects time and resources. Those programs are oversubscribed, meaning that the company hypothesis could extend to parents as well.

The overall challenge is to create frameworks for companies (and other outside organizations) to engage in a way that meets everyone’s needs. How can we do this a long-term sustainable way that also differentiates Fremont from other districts?

What do you think? Next time I’ll explore the question, “What does it mean to prepare kids for ‘advanced manufacturing?’” In the meantime, check out the new Fremont Learning Network website (www.fremontlearningnetwork.org) for the latest information, including a calendar of events and resource listing; also be sure to subscribe to the regular newsletter.

OPINION



WILLIAM MARSHAK

Santa Claus will come to town

DEAR EDITOR: I am 8 years old. Some of my little friends say there is no Santa Claus. Papa says, If you see it in THE SUN its so. Please tell me the truth; is there a Santa Claus?

VIRGINIA O'HANLON
115 WEST NINETY-FIFTH STREET

VIRGINIA, your little friends are wrong. They have been affected by the skepticism of a skeptical age. They do not believe except they see. They think that nothing can be which is not comprehensible by their little minds. All minds, Virginia, whether they be men's or children's, are little. In this great universe of ours man is a mere insect, an ant, in his intellect, as compared with the boundless world about him, as measured by the intelligence capable of grasping the whole of truth and knowledge.

Yes, VIRGINIA, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy. Alas! how dreary would be the world if there were no Santa Claus. It would be as dreary as if there were no VIRGINIAS. There would be no childlike faith then, no poetry, no romance to make tolerable this existence. We should have no enjoyment, except in sense and sight. The eternal light with which childhood fills the world would be extinguished.

Not believe in Santa Claus! You might as well not believe in fairies! You might get your papa to hire men to watch in all the chimneys on Christmas Eve to catch Santa Claus, but even if they did not see Santa Claus coming down, what would that prove? Nobody sees Santa Claus, but that is no sign that there is no Santa Claus. The most real things in the world are those that neither children nor men can see. Did you ever see fairies dancing on the lawn? Of course not, but that's no proof that they are not there. Nobody can conceive or imagine all the wonders there are unseen and unseeable in the world.

You may tear apart the baby's rattle and see what makes the noise inside, but there is a veil covering the unseen world which not the strongest man, nor even the united strength of all the strongest men that ever lived, could tear apart. Only faith, fancy, poetry, love, romance, can push aside that curtain and view and picture the supernal beauty and glory beyond. Is it all real? Ah, VIRGINIA, in all this world there is nothing else real and abiding.

No Santa Claus! Thank God! he lives, and he lives forever. A thousand years from now, Virginia, nay, ten times ten thousand years from now, he will continue to make glad the heart of childhood.

Each year, I step aside to let perennial eight-year-old, Virginia O'Hanlon, pose a question that has reverberated for over a century. She wrote a letter to the editor of New York's SUN in 1897 and the response, printed as an unsigned editorial Sept. 21, 1897, the work of veteran newsman Francis Pharcellus Church, has since become history's most reprinted newspaper editorial. It is especially relevant in this year of national and international turmoil and divisive rhetoric.

Merry Christmas to all!

William Marshak
PUBLISHER

Tips for an environmentally friendly season

SUBMITTED BY TRACY SKENANDORE

This holiday season, Republic Services, Inc. encourages consumers across the country to incorporate environmentally responsible practices into celebrations and family gatherings with five simple tips.

"The holiday season can be a hectic time of year for just about everyone," said Pete Keller, vice president of recycling and sustainability at Republic Services. "Many of us want to be more sustainable during the holidays, but we aren't sure how or we just don't have the time. These five easy tips can help each of us to do our part to make environmentally responsible choices throughout the holiday season and help make a positive impact in our communities for generations to come."

- When giving holiday gifts, commit to reusing laminated bags and recycling those made of paper.

- Shipping gifts? Make shredded paper out of old newspapers and be sure to reuse last year's bubble wrap and Styrofoam peanuts.

- After opening gifts, remember to recycle the wrapping paper—even the shiny stuff—but save and reuse the ribbons and bows.

- Getting a new device this holiday season? Make sure your old phone or tablet does not get tossed in with the recycling. Check with your local service provider on any special instructions or electronics recycling options.

- Enjoy that holiday latte, just remember the paper cup, plastic lid and paper sleeve should be empty, clean and dry before tossing them into the recycling container.

With parties, decorations, gift giving and travel, Americans waste generation per household increases 25 percent, or almost 1,000 pounds of trash, between Thanksgiving and New Year's Day. Remarkably, roughly 80 percent of what is thrown away during the holidays could be recycled or repurposed, according to the U. S. Environmental Protection Agency.

The most common non-recyclables contaminating the recycling waste stream during the holiday season include: bubble wrap, cellophane, string/rope, ribbons and bows, batteries, food, clothing, cell phones and Styrofoam and other forms of polystyrene foam.

Remember that when it comes to toy packaging, both the cardboard and the plastic are recyclable, but they must be separated from one another. That includes the plastic window on the box of a doll or action figure. Sticky gift tags are not recyclable by themselves, but they are acceptable if fixed to an envelope or wrapping paper.

Check with your local recycling and waste collection service provider or solid waste authority to confirm what items can be recycled curbside or through the community drop-off this season. Republic also recommends checking in advance on any changes to your holiday collection date or time and special instructions for disposing of Christmas trees.

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RESIDENT OF FREMONT
June 7, 1937 ~ December 12, 2017

Debra Darlene Munoz
RESIDENT OF NEWARK
March 18, 1963 ~ December 12, 2017

Francisco Gutierrez
RESIDENT OF NEWARK
July 25, 1983 ~ December 11, 2017

Sou Hing Chu
RESIDENT OF SUGARLAND
June 16, 1924 ~ December 10, 2017

Alma Aurora Montemayor
RESIDENT OF NEWARK
February 1, 2017 ~ December 8, 2017

Dolores Solorio
RESIDENT OF FREMONT
May 2, 1935 ~ December 8, 2017

Frank James Silva
RESIDENT FREMONT
July 8, 1923 ~ December 8, 2017

Flora E. Putler
RESIDENT OF UNION CITY
August 20, 1925 ~ December 2, 2017



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August 29, 1929 – December 16, 2017

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April 3, 1973 – December 14, 2017

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November 12, 1930 – December 13, 2017

Gina Gangi
RESIDENT OF PLEASATON
June 4, 1937 –December 13, 2017

Janet Roberts
RESIDENT OF FREMONT
November 2, 1955 – December 10, 2017

Alexander Calderon
RESIDENT OF FREMONT
March 3, 1951 – December 10, 2017

Gail Becker
RESIDENT OF FREMONT
August 8, 1957 – December 8, 2017

Chu-Len Shen
Resident of San Jose
November 22, 1931 - December 8, 2017

William Downard, Jr.
Resident of Fremont
October 3, 1945 – December 6, 2017

Jane Sato
Resident of San Ramon
December 6,1947 – December 5, 2017

Ravin Patel
Resident of San Jose
June 21, 1951 – December 4, 2017

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December 16, 1935 – December 4, 2017

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Obituary

Ernest Consolow Lewis

May 15, 1914 – November 28, 2017

Resident of Fremont

Ernest Consolow Lewis passed from this life on November 28th and entered his Heavenly home. He was born in Kansas City, Kansas into a Christian family and was the sole survivor of eight children. His twin sister, Inez (Lewis) Foggs, preceded him in death in 2008.

Ernest graduated from Summer High School in Kansas City, Kansas. Later he migrated to California, where he worked as a Rigger at the Hunter's Point Naval Shipyard, in San Francisco. During this time, Ernest desired to serve his country and enlisted in the Navy, at the start of the Korean War, and was stationed aboard the USS Sperry submarine tender. After the war, he returned to the shipyard, where he retired after 30 years. He then worked at Stanford University Hospital and retired after 15 years.

Ernest continued serving his church, the community, and the American Legion, where he was a blessing to others, well into his retirement years. During his over 50 years of service to the American Legion, Ernest was the first Black Post Commander of Post 375 in Palo Alto, an office which he held twice. An avid reader and writer, Ernest earned an AA Degree in Library Science, from Foothill College.

Ernest was the proud father of 2 natural and 4 step children, and an adopted child, from his first and second marriages, who were active in his life until his passing.

At the center of his life was his dedicated service to his San Francisco Bay Area church community, where he was active

in several ministries including greeters, prayer team, choir, and prison visitation. He was often heard signing his favorite church hymn, “Trust and Obey.”

Ernest was known for many things, including his love of singing, his generosity, and his positive and encouraging attitude. He was blessed to have a long life and he will be greatly missed by his family and friends, who were honored to share his life all these years.

He is survived by his ex-wife, Anne P. (Neal) Lewis; daughters Elizabeth C. Witherspoon (Charles) and Dr. Lucretia (Drane) Peebles; sons John Andre Lewis (Milly) and Mauricio Sanchez (Winnie); grandchildren (4) Deborah Danielle Witherspoon; William Ernest, Noah Allen, and Lillian Andrea Nanono Lewis.

Services have been held. Donations can be made to the American Legion, Post 375, Palo Alto, CA.

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Obituary

Merilyn Louise Cauthorn-Lawrence

June 7, 1937 – December 12, 2017

Merilyn was born in Philadelphia, PA on June 7, 1937. Merilyn was preceded in death by her husband James Lawrence October 10, 2017. Beloved sister of Eleanor Duckrey. Loving aunt and cousin to many. Services will be held in Philadelphia, PA with burial at Fairview Cemetery in Willow Grove PA.

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Obituary

Gail Becker

Gail Becker entered peacefully into rest on December 8, 2017. She was born on August 8, 1957 to Edwin and Zetta Granger. She was a resident of Hayward for 20 years before moving to Fremont for the last 3 years.

Gail is survived by her beloved husband of 31 years, Don Becker. She is survived by her son Joel Becker and his wife Veronica of Hollister, CA, sisters Connie Fife of Hayward, Valerie Granger of Livermore, Linda Granger of San Leandro, Adrienne Granger of Oakland, and her brother Phil Granger of San Leandro.

Gail enjoyed reading, word searches and puzzles. She was an avid Oakland A's Fan and was known for her sense of humor. She grew up in a military family and moved around the country before settling in the East Bay. She was a member of Our Savior Lutheran Church, Formerly was a member of Messiah Lutheran church and their Women's club of Hayward, S.V.S. Day Program in



Fremont, and the Main Street Village Community.

Family and friends are invited to a memorial service at Our Savior Lutheran Church on Saturday December 16, 2017 at 1 PM located at 858 Washington Blvd, Fremont, CA 94539. Gail's family asks that any flowers or donations be made in her name to Our Savior Lutheran Church.

Obituary

Don Robert Amyx

Resident of Union City

May 12, 1948 ~ November 21, 2017



Don Robert Amyx, resident of Union City, CA, aged 69, passed away on November 21, 2017. Don died peacefully, surrounded by family, after a year-and-a-half battle with lung cancer.

Don was born in Salinas and later moved to San Jose where he attended Blackford High School (Class of '66). As a teenager, Don developed a huge interest in Amateur (HAM) Radio and was licensed as WA6TQK and later N6DA. He pursued this hobby throughout his life and was a member of several HAM clubs, including NCCC and SBARA.

Don was an avid sailor. He learned to sail in small lake boats and then crewed on larger racing boats in San Francisco Bay and also on yacht races to Hawaii and Tahiti.

Don worked at San Jose Airport for his first career. He was an aircraft refueler and later worked in management in Airport Operations. He loved planes and held a private pilot's license. He attended San Jose State University during this time and earned a degree in Business.

In the mid 1980's, Don began his second career at the City of Fremont, where he was an Administrative Analyst in the department of Public Works. He made the most of working closer to home and was able to coach his sons' teams, particularly Little League teams for Union City American.

After his retirement in 2005, Don picked up the game of golf

and loved playing with friends, especially at his home course, Skywest in Hayward. He was a loyal A's fan for over 40 years. He loved traveling to the Hawaiian Islands where he would swim, snorkel and celebrate the culture.

Don was drafted into the Army during the Vietnam War and was stationed in Binh Thuy, near the Mekong Delta, for his tour of duty. He was always grateful that he was able to return home, meet Mary, and raise a great family.

He is predeceased by son, Christopher B. Amyx, and parents, B.V. "Bob" Amyx and Marjorie Hickey Amyx of San Jose. He is survived by loving wife, Mary White Amyx, devoted sons, Robert (Kelly) Amyx of San Jose, Paul Amyx of Seal Beach and Brian Amyx of Hayward and wonderful grandsons, Patrick and William Amyx of San Jose. Don is also survived by his brother Richard (Meredy) Amyx and nephews Damon and Ethan Amyx of San Jose. Don's mother-in-law, Helen C. White, of Los Gatos and his large extended family also mourn his loss.

A private "Celebration of Life" will be held.

A donation in Don's memory may be made to www.donornetworkwest.org

Fremont Chapel of the Roses
510-797-1900

Obituary

Frank J. Silva

Resident of Fremont

July 8, 1923 – December 8, 2017

Frank was born in Alviso, CA to Aldina and John Silva. He was the youngest of six children: Vic, Joe, Louis, John, and Thelma. Frank attended Alviso Grammar School and graduated from Washington High School. Like many young men his age, he joined the military and chose to be a member of the Army Air Force and was sent to the European war front. While serving the United States, he was a gunner on a B26 bomber and received numerous military honors such as a Purple Heart and a Silver Star which is one of the U.S. military's highest decoration for valor. He flew 65 missions, many of those on D-Day.

Upon discharge, Frank was reintroduced and married the most beautiful girl in Fremont, Margaret Schelbert, who he was married to for 61 years. Frank went to work at KraftTile and

eventually worked for the Alameda County Water District from which he retired. After his retirement, Frank and Margaret traveled to Europe, Hawaii and much of the U.S. As many of you know Franks favorite pastime was riding his bicycle around Fremont and cheering on his beloved Oakland A's.

Frank is survived by his two stepchildren, Frank and Bev, three grandchildren Cristin, Eric, and Steven, four great-grandchildren, and two great-great-grandchildren.

Visitation will be held at Fremont Memorial Chapel 3723 Peralta Blvd., Fremont on Wednesday, December 20th from 5-8p.m. with a vigil service at 6:30 p.m. Mass will be held at Holy Spirit Church 37588 Fremont Blvd., Fremont on Thursday, December 21st at 11:00 a.m. with military honors. Burial to be held on Friday,



December 22 at San Joaquin Nat. Cemetery in Santa Nella, CA

In lieu of flowers, please donate to either of the following organizations by clicking on the links below. Thank you.

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Fremont Memorial Chapel
510-793-8900

Obituary

Janet Lynn Roberts

November 2, 1955 - December 10, 2017

Fremont (Niles) CA



A faithful member of Corpus Christi Parish. Preceded in death by her son Alexander,

and her parents Luther and Anna Roberts. Survived by her brother, Ron and his son, Daniel, and her sister, Tami Garcia (Roberts) and their children Kyle, Austin, and Gabrielle. Janet is survived by her most faithful and loving companion-her Chihuahua, "Diego". She leaves behind many loyal and loving friends.

Janet was employed by the Fremont Unified School District for over 30 years - most of these at Fremont Adult School.

Memorial service, December 18th at 10 a.m., at Corpus Christi Church.

Janet was privileged to have special friends who assisted her

for months, and who treated her with utmost respect and kindness. Her Church family - their prayers, many visits,and their reverence is exemplary.

Janet and her son, Alexander, worked together diligently to serve the poor, homeless, and needy with kindness and compassion.

A great tribute to their memory is to remember to be considerate of one another and to do a kind deed for someone.

Donations may be made to Corpus Christi Church.

Obituary

Debra Darlene Munoz

Resident of Newark

March 18 1963-December 12, 2017

Our Dear Debra Darlene Munoz, passed away in her Newark home late Tuesday afternoon, December 12th 2017 at the age of 54 years old.

She was the most loving wife, mother, daughter, sister, aunt and friend to so many. She devoted her life to her husband, children and grandchildren. Her family was everything to her!

Debra aka Debbie is survived by her loving Husband Max Munoz Jr.; 4 Children Christina Cortez, Lorraina Munoz, Javie Munoz and Vincent Munoz; Son-in-law Heath Cortez; 8 Grandchildren

Dylan, Alyssa, Brandon, Jayden, Daniel, Elynnna, Cody and Emalynn; Mother and Father Viola and Alfredo Ledesma Sr.; 5 of 6 Siblings Dorene Gonzales, Sharon Gonzales, Angela Gonzales Franco, Laura Gonzales and Alfredo Ledesma Jr. along with many half siblings, family and friends.

Debra will be joining her birth Father Jose Esteban Gonzales, Brother Stevie Gonzales, Grandmother Angelita Dean and Father-in-law Max Munoz Sr. beyond the pearly white gates in heaven.



May her beautiful loving soul Rest in Peace!

Fremont Memorial Chapel
510-793-8900

Obituary

James A. "Jim" Hansen

Resident of Fremont

April 15, 1939 ~ December 4, 2017

As our family mourns the loss of our beloved husband, father, grandfather, uncle and cousin, we remember Jim Hansen in loving tribute. Jim entered into rest on December 4, 2017 after a 10-year struggle with Alheimzers. Born and raised in Oakland, CA, Jim graduated from Oakland Technical High School and Laney Technical College becoming a plumber with Local #342 for over 57 years; a craft he loved and excelled at. Jim was proud of his blood donations to the American Red Cross earning membership into the Ten-Gallon Club. He also served in the United States Marine Corp Reserves.

Jim is survived by his wife of 55 years, Sandee, Daughter Lisa,



Sons Michael (Rulynn) and Frank (Meredith) and his four adored granddaughters, Mackenzie, Emilee, Piper and Sophie.

He was devoted to his family and participated in all activities and events: coaching CYO Basketball and Niles-Centerville Little League for many years. He was the ultimate volunteer leaving his legacy at Holy Spirit School and Church, Moreau Catholic High School and Silva Pediatric Clinic. He contributed countless hours of his time and skills. Always happiest helping others and expecting nothing in return.

A private family memorial will be held in January.

Fremont Chapel of the Roses
510-797-1900

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

New landscaping and mural focus on food cycle



SUBMITTED BY KERRY LESLIE
PHOTOS COURTESY AMERICAN HIGH SCHOOL

On December 9, student leaders at American High School in Fremont joined forces with StopWaste and community volunteers to host a sheet mulching party celebrating the school's new compost-themed mural, and, lay the literal groundwork for the school's soon-to-be eco-friendly school yard.

Science and Eco Club students and volunteers sheet mulched the school's front lawn, making space to plant a drought-tolerant landscape, which the students will nurture by hand until the rainy season. StopWaste expanded on its partnership with the Science and Eco Club by recreating the 'Food Cycle' through various tabling stations set up during the event, where community members got the chance to learn more about ways to reduce food waste. (Last year, the groups piloted a successful food share table program together in the school's cafeteria.)

The event and renovation took place in front of American High's expansive entry-way mural, painted by local artists Desi Mundo and Pancho Peskador, themed to encourage the community to compost their food scraps.



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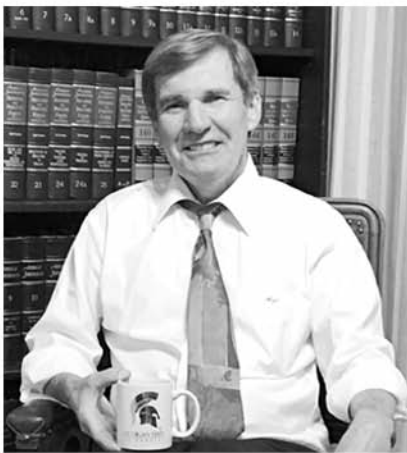
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BART Police Log

SUBMITTED BY
LES MENSINGER

Monday, Dec. 11

At 3:14 p.m. A man identified by BART police as Arthur Seymour, 52, of Union City was arrested at the Union City station on suspicion of attempting to steal a bicycle and possession of a burglary tool.

Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Friday, Dec. 8

Police units responded to a major injury accident on Argonaut Way involving a vehicle that hit a pedestrian and a large moving trailer that was parked along the curb. Fremont Fire Department personnel responded and pronounced the pedestrian dead on scene and the driver of the vehicle, Robert Greer, Jr., 57, of Fremont, was arrested on suspicion of DUI after being treated at a local hospital for minor injuries. The Traffic Unit is leading this ongoing investigation.

Sgt. Baca and Sgt. Zambonin coordinated with multiple outside agencies regarding a large side show event that was to be held in San Jose. Nearly all Fremont units deployed to various freeway overpasses throughout the city and turned on their overhead lights. At about 11 p.m. more than 400 side show participants began to gather in the South Bay. They were met by officers from several agencies. Several vehicles entered the south end of Fremont, but nothing materialized.

Saturday, Dec. 9

Officers were dispatched to Niles Canyon approximately one mile east of Mission Boulevard for a head-on collision. Both drivers were injured and taken to hospitals. Niles Canyon was closed for approximately two hours until the roadway was cleared of vehicles and cleaned of debris. Officer Berrier investigated.

Sunday, Dec. 10

At 3:56 p.m., Officer Catassi was conducting a security check behind Home Depot on Auto Mall Parkway, when he noticed a suspicious vehicle driving through the lot. Catassi ran the license plate and learned the vehicle was reported stolen to Hayward Police. Catassi followed the vehicle, described as a 1992 Honda Civic, until more units arrived to help. The vehicle entered the freeway heading south on I-680 and a pursuit was initiated, and the CHP was notified. Fremont units pursued the vehicle

Seymour was also found to be on probation for theft. He was booked into the Fremont City Jail.

At 9:21 p.m. BART police, fire and medical personnel responded to the Hayward station regarding an unresponsive adult male. A short time later, medical personnel declared the male deceased. No foul play is suspected. Notifications were made, and The Alameda County Coroner and took custody of the body.

Tuesday, Dec. 12

At 7:32 p.m. a woman

for approximately nine minutes to the area of I-280 and Seventh Street in San Jose, then CHP officers took over and pursued the vehicle into Santa Cruz where it was turned over to Santa Cruz police. Shortly after the suspect entered the City of Santa Cruz, the vehicle crashed, and the suspect was taken into custody. He was identified as a 47-year-old Fremont man.

Monday, Dec. 11

At 6:07 a.m. a caller reported a vehicle collision around Fremont Boulevard and Auto Mall Parkway. The caller reported that the driver of the crashed vehicle was throwing bottles out of the vehicle and was possibly DUI. Arriving officers found a 20-year-old man disoriented and confused in the driver's seat of the vehicle, which had significant damage including a detached rear bumper and three tires missing. The driver was unsure of what caused the damage. Officers also located a shattered wine bottle in the adjacent lane of traffic. The driver, a 20-year-old Fremont man was determined to be intoxicated and was arrested.

At 3:42 p.m. officers were dispatched to the area of Fremont Boulevard and Decoto Road to investigate a report of vandalism. A citizen reported that a male was walking southbound on Fremont Boulevard from Decoto Road and tagging objects with a can of orange spray paint. A responding officer on Decoto Road saw a male matching the suspect description with an orange bottle of spray paint in his hand. As the officer drove behind the male, he saw the suspect spray paint erratic lines on the sidewalk. Additional officers arrived and when they tried to contact the male, he acted erratically and became irate. He refused to follow commands and was handcuffed. During a search, a methamphetamine pipe was found. The suspect was arrested and booked at Santa Rita Jail on suspicion of obstructing an executive officer, felony vandalism, possession of drug paraphernalia, obstructing/resisting and for a probation violation. In total, officers located 16 locations of vandalized property, including signs, electrical boxes, trees, mailboxes, a traffic signal, a retaining wall, fire hydrant and the sidewalk, between Ferry Lane and Tamayo Street along Fremont Boulevard, with an estimated damage of \$1,885.

reported being carjacked by two men at the Bay Fair station in San Leandro. The victim was parked on the Lewelling Boulevard side of the station. One man held a gun to the victim and demanded her car. A second man joined the suspect and they drove off with the victim's car and purse. Officers responded to the station and searched the area but were unable to locate the vehicle or the suspects, who were described as two black men.

Undercover cop helps nab suspected laptop thief

SUBMITTED BY
SAN LEANDRO PD

A Starbucks coffee shop at Bayfair Mall in San Leandro was the scene of a pair of thefts that occurred simultaneously on Monday, Dec. 11.

According to San Leandro Police, both thefts were committed by a group of juveniles that entered the shop in search of electronic items that they could steal from unsuspecting coffee shop patrons. The thefts occurred around 2:30 p.m. from two customers sitting at tables and working on their electronic devices. One victim had her Apple laptop stolen and a second victim had his iPhone X stolen by two separate male juveniles.

The group of juveniles, including the two suspects, quickly fled the restaurant and ran in multiple directions. Police arrived in the area after the victims called 911. An undercover San Leandro Police officer spotted part of the group as they ran to the Bay Fair BART station and entered the train platform.

Uniformed officers arrived and detained the group before they could board a train. The victim's stolen Apple laptop was located inside one of the juvenile's backpack. A second laptop was also found and is being investigated as possible stolen property. The male victim's iPhone X was not located.

"The theft of laptops and cell phones from coffee shops is a daily crime in our society. Stolen laptops and other electronic devices are being sold for a fraction of their value to other thieves and resold through various means," said Lt. Isaac Benabou. "Please take extra precaution when handling your expensive electronics in public. Always be aware of your surroundings and never leave your personal belongings unattended."

Elk Lodge assists medications collection

SUBMITTED BY STEVE KAY

Recently, Fremont Elks Lodge 2121 partnered with the Redwood City Police Department and the San Francisco Field Metro Task Force to participate in the National Prescription Drug Take Back Day sponsored by the Drug Enforcement Administration.

Prescription drugs are fast becoming the most common form of drug abuse, and this annual program provides an opportunity to dispose of unneeded prescription drugs at no charge. The Elks have been an active part of our community for 58 years and nationally for almost 150 years, so when the opportunity arose to provide this

valuable program to our neighbors, our Drug Awareness Chairman immediately began working with fellow members who were able to help develop the partnership.

Alameda County collects approximately 700 pounds of prescription drugs during this event. Through community participation, the Fremont Elks were able to collect 79 pounds at their location. In keeping with the motto 'Elks care, Elks share,' Fremont Lodge 2121 looks forward to a yearly partnership with law enforcement on behalf of our community to help eradicate prescription drug abuse.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ART REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE ART REVIEW BOARD OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:30 P.M., ON WEDNESDAY, JANUARY 17, 2018, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

BoxART/ART SELECTION– To consider and select artwork for the **boxART/** Program; and to consider an exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15061(b)(3), General Rule, which states that, where it can be seen with certainty that the activity will not have a significant effect on the environment, that activity is not subject to CEQA.
Project Planner – Joel Pullen, (510) 494-4436, jpullen@fremont.gov

* NOTICE *

If you challenge the decision of the Art Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Secretary, Art Review Board at, or prior to, the public hearing.

JOEL PULLEN
FREMONT ART REVIEW BOARD



BULK SALES

NOTICE TO CREDITORS OF BULK SALE
(U.C.C. §6104, 6105)

ESCROW # **0126010402-PC**
NOTICE IS HEREBY GIVEN to creditors of the within named seller that a bulk sale is about to be made of the assets described below.
The names and business address of the Seller(s) is/are: **Elite Drive-Ins II, LLC and Norcal Cajun Foods, Inc.**
a. **Popeye's #10320 – 39234 Argonaut Way, Fremont, CA 94538**
The location in California of the Chief Executive Office of the seller is: same as above
As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: None
The names and business address of the Buyer(s) is/are: **Norcal BSPK Foods, Inc.**
a. **Popeye's #10320 – 39234 Argonaut Way, Fremont, CA 94538**
The assets to be sold are described in general as: All stock in trade, furniture, fixtures, equipment and other property located at: a. **39234 Argonaut Way, Fremont, CA 94538**
The business name used by the Seller(s) at those locations is: **Popeye's #10320**
The anticipated date of the bulk sale is: January 8, 2018
At the office of **Old Republic Title Company @ 1000 Burnett Avenue, Suite 400, Concord, CA 94520.**
The bulk sale IS subject to California Uniform Commercial Code Section 6106.2. If so subject, the name and address of the person with whom claims may be filed is as follows: Old Republic Title Company @ 1000 Burnett Avenue, Suite 400, Concord, CA 94520 or E-Fax to 925-265-9040 or Fax 925-363-2276.
The last day for filing claims shall be January 5, 2018 which is the business day before the sale date specified herein.
Dated: 12/12/2017
Buyer(s)
Norcal BSPK Foods, Inc.
/S/ By: Balwinder Singh, President
/S/ By: Pawan Kumar, Secretary
12/19/17

CNS-3081296#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17885081
Superior Court of California, County of Alameda
Petition of: Wenyuan Yu for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Wenyuan Yu filed a petition with this court for a decree changing names as follows:
Xiao Yu to Alyssa Xiao Yu
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.
Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 1/26/2018, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street 3rd Fl., Oakland CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happenings Tri-City Voice - Fremont
Date: Dec 07 2017
Morris D. Jacobson
Judge of the Superior Court
12/12, 12/19, 12/26/17, 1/2/18

CNS-3079205#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17884737
Superior Court of California, County of Alameda
Petition of: Lorraine Margo Patricia Vandegraaf Rodriguez and Alfredo Cabral Rodriguez for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Lorraine Margo Patricia Vandegraaf Rodriguez and Alfredo Cabral Rodriguez filed a petition with this court for a decree changing names as follows:
Lorraine Margo Patricia Vandegraaf Rodriguez to Lorraine M VanRod
Sofia Athena Vandegraaf Rodriguez to Sofia Athena VanRod
Ethan Ares Vandegraaf Rodriguez to Ethan Ares VanRod
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.
Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 1/12/2018, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: Dec 05 2017
Morris Jacobson
Judge of the Superior Court
12/12, 12/19, 12/26/17, 1/2/18

CNS-3078250#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17880960
Superior Court of California, County of Alameda
Petition of: Mary Carmen Walker for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Mary Carmen Walker filed a petition with this court for a decree changing names as follows:
Mary Carmen Walker to Maria Carmen Walker
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.
Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two

court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 1-12-18, Time: 11:30 AM, Dept.: 24
The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice
Date: Nov 02 2017
Morris Jacobson
Judge of the Superior Court
12/5, 12/12, 12/19, 12/26/17

CNS-3076174#

FICTITIOUS BUSINESS
NAMES

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538209
Fictitious Business Name(s):
Valiant Audio Video, 2020 Warm Spring Ct., Ste. 1, Fremont, CA 94539, County of Alameda
Registrant(s):
Jason Leon, 38850 Farwell Dr., #5E, Fremont, CA 94536
Viet Truong, 4095 Keepsake Ct., Tracy, CA 95304
Business conducted by: a General Partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jason Leon, General Partner
This statement was filed with the County Clerk of Alameda County on November 27, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/19, 12/26/17, 1/2, 1/9/18

CNS-3081323#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538487
Fictitious Business Name(s):
Different Oasis, 793 Highpoint Way, Hayward, CA 94541, County of Alameda
Mailing Address: 1090 B St #129 Hayward, CA 94541
Registrant(s):
Joseph Montablo, 793 Highpoint Way, Hayward, CA 94541
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Joseph Montablo, Owner
This statement was filed with the County Clerk of Alameda County on December 4, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/19, 12/26/17, 1/2, 1/9/18

CNS-3081085#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538488
Fictitious Business Name(s):
Shreesha LLC DBA Comfort Inn & Suites, 5977 Mowry Ave., Newark, CA 94560, County of Alameda; Mailing Address: 5977 Mowry Ave., Newark, CA 94560
Registrant(s):
Shree Ganesh LLC, 5977 Mowry Ave., Newark, CA 94560; California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on 7/20/12
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Ishwar J. Patel, President
This statement was filed with the County Clerk of Alameda County on December 4, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/19, 12/26/17, 1/2, 1/9/18

CNS-30808978#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538765
Fictitious Business Name(s):
VARES BROS, 5464 SAINT MARK AVE #6, NEWARK, CA 94560; MAILING ADDRESS: PO BOX 740, NEWARK, CA 94560, County of ALAMEDA
Registrant(s):**DUVAN OLIVARES-GALVAN, 5464 SAINT MARK AVE #6, NEWARK, CA 94560**
Business conducted by: AN INDIVIDUAL
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ DUVAN OLIVARES-GALVAN
This statement was filed with the County Clerk of Alameda County on DECEMBER 8, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/19, 12/26/17, 1/2, 1/9/18

CNS-3080359#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538375
Fictitious Business Name(s):
Josh The Garage Door Guy, 5794 St. Matthew Dr., Newark CA 94560, County of Alameda
Mailing Address: P.O. Box 1631, Newark CA 94560
Registrant(s):
Josh Eugene Fout, 5794 St. Matthew Dr., Newark CA 94560
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Josh Fout, Owner

This statement was filed with the County Clerk of Alameda County on November 30, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/12, 12/19, 12/26/17, 1/2/18

CNS-3079203#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538552
Fictitious Business Name(s):
Joseph Realty Services & Management, 31770 Alvarado Blvd., #170, Union City, CA 94587, County of Alameda
Registrant(s):
Wilbert Joseph Robinson Jr., 31770 Alvarado Blvd., #170, Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 12/6/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Wilbert Joseph Robinson Jr., Owner
This statement was filed with the County Clerk of Alameda County on December 6, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/12, 12/19, 12/26/17, 1/2/18

CNS-3078818#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538485
Fictitious Business Name(s):
Serra LLC, 4125 Breakwater Ave, Unit -E, Hayward, CA 94545, County of Alameda
Mailing Address: 2163 Aldengate Way #295, Hayward, CA 94557
Registrant(s):
Serra LLC, 4125 Breakwater Ave Unit E, Hayward, CA 94545; Mossouri
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Esequiel Saldivar, Menor
This statement was filed with the County Clerk of Alameda County on December 4, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/12, 12/19, 12/26/17, 1/2/18

CNS-3078265#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 537748
Fictitious Business Name(s):
Gaia Gems and Crystals, 4816 Cabello Ct., Union City, CA 94587, County of Alameda
Registrant(s):
Sarah Eunjoo Lee, 4816 Cabello Ct., Union City, CA 94587
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on 11/6/17
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sarah E. Lee
This statement was filed with the County Clerk of Alameda County on November 8, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/5, 12/12, 12/19, 12/26/17

CNS-3076558#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 537896
Fictitious Business Name(s):
Badru Hyatt Services, 34370 Enea Ter, Fremont, CA 94555, County of Alameda
Registrant(s):
Badru Hyatt, 34370 Enea Ter, Fremont, CA 94555
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Badru Hyatt
This statement was filed with the County Clerk of Alameda County on November 14, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/5, 12/12, 12/19, 12/26/17

CNS-3076546#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538107
Fictitious Business Name(s):
Groundjet Transportation, 41078 Farallon Common, Apt #102, Fremont, CA 94538, County of Alameda
Registrant(s):
Shahabuddin Samaruddin, 1886 N. Capitol Ave. Apt #125, San Jose, CA 95132
Hamidullah Fakiri, 41078 Farallon Common, Apt #102, Fremont, CA 94538
Business conducted by: a Joint Venture
The registrant began to transact business using the fictitious business name(s) listed above on 11/1/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Shahabuddin Samaruddin, Operation Manager/Partner
This statement was filed with the County Clerk of

Alameda County on November 20, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/5, 12/12, 12/19, 12/26/17

CNS-3076327#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538172
Fictitious Business Name(s):
Unique Hair And Nails, 3923 Washington Blvd., Fremont, CA 94538, County of Alameda
Registrant(s):
Thuy Nguyen, 1101 Shirley Drive, Apt. #1, Milpitas, CA 95035
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Thuy Nguyen, Owner
This statement was filed with the County Clerk of Alameda County on November 21, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/5, 12/12, 12/19, 12/26/17

CNS-3076325#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 538187
Fictitious Business Name(s):
Helioplume, 33798 Trailside Way, Union City, CA 94587, County of Alameda
Registrant(s):
Katherine Lau, 33798 Trailside Way, Union City, CA 94587, California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on November 21st, 2017
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Katherine Lau, Manager
This statement was filed with the County Clerk of Alameda County on November 22, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/5, 12/12, 12/19, 12/26/17

CNS-3076265#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 537999
Fictitious Business Name(s):
At Heart, 41135 Canyon Heights Drive, Fremont, CA 94539, County of Alameda
Registrant(s):
Amanda Fung, 41135 Canyon Heights Drive, Fremont, CA 94539
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Amanda Fung
This statement was filed with the County Clerk of Alameda County on November 16, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
11/28, 12/5, 12/12, 12/19/17

CNS-3075155#

GOVERNMENT

City of Union City Department of Public Works
Notice Inviting Bids for
2017-2018 SIDEWALK AND CURB & GUTTER REPAIRS
City Project No. 17-33
Sealed proposals for the work shown on the plans entitled: 2017-2018 Sidewalk and Curb & Gutter Repairs, City Project No. 17-33 will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until **THURSDAY, JANUARY 11, 2018, 2:00 P.M.** at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A or C-8 license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. The bid package is available on CD and can be obtained at the Public Works Department at no charge. A copy of bid package CD will be mailed by request upon the receipt of a \$5 non-refundable mailing charge, via U.S. Mail or bidder's FedEx account number. In addition, you may call (510) 675-5308 for a copy of the Plan Holder's List. General Work Description : The work to be done, in general, consist removal and replacement of existing concrete sidewalk and curb & gutter and all associated items indicated and required by the plans, Standard Specifications, and these special provisions and other such items indicated and required by the plans, Standard Specifications, and these technical specifications. All questions should be faxed to Michael Renk, Civil Engineer III City of Union City, at (510) 489-9468 or transmitted via email at mrenk@unioncity.org. The successful bidder shall furnish a Payment Bond, a Performance Bond, and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled "General Prevailing Wage Rates," (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication.
CITY OF UNION CITY
DATED: DECEMBER 19, 2017
12/19, 12/26/17

CNS-3081246#

CITY OF FREMONT
ORDINANCE NO. 23-2017

AN ORDINANCE OF THE CITY OF FREMONT, Amending Fremont Municipal Code Chapter 9.60, Rent review
WHEREAS, on October 3, 2017, the City Council adopted Ordinance No. 13-2017 creating a new rent review program to provide a process for reviewing proposed residential rent increases and creating a Rent Review Board to review proposed rent increases in excess of five percent in any 12-month period; and
WHEREAS, the City Council desires to authorize a regulatory fee so that the costs of implementing and administering the rent review program can be recovered from residential rental unit owners; and
WHEREAS, since adoption of the rent review program ordinance, staff has identified discrepancies in the ordinance that should be clarified and cleaned up.
NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS:
SECTION 1. fmc §9.60.050(b) AMENDED
Fremont Municipal Code Section 9.60.050, subsection (b) is amended to read as follows:
Sec. 9.60.050 Rent review program.
[Subsection (a) remains unchanged.]
(b) The rent review hearing board process may be initiated by either an affected landlord or an affected tenant requesting assistance with a rent increase exceeding five percent in any 12-month period by contacting the designated service provider within 15 calendar days of the date of the notice of rent increase and providing a copy of the notice of rent increase to the designated service provider.

[Subsections (c)- (f) remain unchanged.]
SECTION 2. FMC §9.60.060(a) AMENDED
Fremont Municipal Code Section 9.60.060, subsection (a) is amended to read as follows:
Sec. 9.60.060 Consultation/mediation procedures.
(a) The affected landlord/responsible party or tenant shall respond either orally or in writing to the designated service provider within two business days following phone contact. If the landlord designates a responsible party, the landlord shall also provide a responsible party declaration to the designated service provider within the same timeframe, or within the time established by the designated service provider. Failure of either the landlord or the responsible party to respond to the designated service provider within two business days, or additional time if provided by the designated service provider, shall void the rent increase notice for all purposes.
[Subsections (b) - (c) remain unchanged.]
SECTION 3. fmc §9.60.130 ADDED
Fremont Municipal Code Section 9.60.130 is added to read as follows:
Sec. 9.60.130 Administration fees.
(a) One hundred percent of the costs incurred in the administration of the provisions of this chapter shall be reimbursed by the responsible party to the owners to the city. The fee shall be determined by the city from all the costs incurred in the administration of this chapter, in the prior calendar or fiscal year, based

PUBLIC NOTICES

NOES: None
ABSENT: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/19/17

CNS-3081217#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of 2:00 PM on January 25, 2018 at which time they will be opened and read out loud in said building for:

ANIMAL SHELTER REMODEL
CITY PROJECT 8911(PWC)

MANDATORY PRE-BID CONFERENCE: A mandatory pre-bid conference is scheduled for **Thursday, January 11, 2018 at 10:00 a.m.** at 1950 Stevenson Blvd., Fremont, CA. 94538.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
12/19/17, 1/9/18

CNS-3080940#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of 2:00 PM on January 24, 2018 at which time they will be opened and read out loud in said building for:

PRESIDENT'S HOUSE STABILIZATION
PROJECT
CITY PROJECT 8951(PWC)

MANDATORY PRE-BID CONFERENCE: A mandatory pre-bid conference is scheduled for **Wednesday, January 10, 2018 at 11:00 a.m.** at 36501 Niles Blvd., Fremont, California, 94536.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
12/19/17, 1/9/18

CNS-3080836#

PROBATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
EVELYN JANE HETU
CASE NO. RP17883537

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Evelyn Jane Hetu
A Petition for Probate has been filed by Carl Durham in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Carl Durham be appointed as personal representative to administer the estate of the decedent.
The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to

take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on JAN 3, 2018 at 9:31 AM in Dept. 201 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Carl M. Durham, Jr., Law Offices of Carl M. Durham, Jr., 303 Twin Dolphin Drive, Suite 600, Redwood City, CA 94038, Telephone: 650-249-6733
12/19, 12/26/17, 1/2/18

CNS-3080761#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
JOSEPH VEGA
CASE NO. RP 17-882708

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Joseph Vega

A Petition for Probate has been filed by Steven J. Calibo in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Steven J. Calibo be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on JAN 8, 2018 at 9:31 am in Dept. 202 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from

the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner: Alec E. Adams, Esq., 22762 Main Street, Suite 105, Hayward, CA 94541-5114, Telephone: 510-581-0613
12/19, 12/26/17, 1/2/18

CNS-3080491#

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
LEO MUNIZ
CASE NO. RP17870944

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Leo Muniz

A Petition for Probate has been filed by Kathleen Cuevas in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Kathleen Cuevas be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on April 3, 2018 at 9:30 am in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Kurt K. Robinson, Robinson Law Firm, 38930 Blacow Road, Suite B2, Fremont, CA 94536, Telephone: 510-825-4453

12/19, 12/26/17, 1/2/18

CNS-3075420#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC SALE OF GOODS TO
SATISFY LIEN AUCTION LOCATION:

32001 DOWE AVE., UNION CITY, CA. 94587
In accordance with the provisions of the California Commercial Code, Sections 7201-7210, notice is hereby given that on **Monday, January 8, 2018** at the hour of **10:00 am** of said date, at **32001 Dowe Ave., City of Union City, County of Alameda State of CA**, the undersigned will sell at public auction for cash, in lawful money of the United States, the articles hereinafter described, belonging to, or deposited with, the undersigned by the persons hereinafter named at Crown Moving and Storage. Said goods are being held on the accounts of: Peter Lassen, Evelyn Dickerson, Eva Dickerson, David Sneddon, Edward Goletz, John Krause, and Dennis Spicer. All other goods are described as household goods, furniture, antiques, appliances, tools, misc goods, office furniture, and articles of art, equipment, rugs, sealed cartons and the unknown. The auction will be made for the purpose of satisfying the lien of the undersigned on said personal property to the extent of the sum owed, together with the cost of the sale. For information contact Crown Moving and Storage. Terms: Cash only with a 15% buyer's premium. Inspection at sale time. Payment and removal day of sale. Auction conducted by American Auctioneers, Dan Dotson & Associates (800) 838-SOLD, (909) 790-0433 or www.americanauctioneers.com Bond #FS863-20-14
/S/ Crown Moving and Storage
12/19, 12/26/17

CNS-3081951#

Notice is hereby given pursuant to California Self Storage Act, Business and Professions Code 21700-21716. Three Sixty Storage Center, 6649 Central Avenue, Newark, California in Alameda County, will for the purpose of satisfying lien for storage, on the premises where said property has been stored, SELL at PUBLIC AUCTION on January 8, 2018 at 12:15PM, the contents of storage spaces named below, which consists of personal property including but not limited to, household furniture, clothing, tools, toys, appliances, stereo equipment, televisions, miscellaneous boxes of household goods and unknown contents.

Thomas J. Chavez
Narinder Kaur
Olga M. Silva
Regene P. Fulgueras
Samantha Watson
Syed M. Hassan
Khanhank Delay Vongsy
Gary Moore

Auctioneer John Cardoza, Bond #5860870, Ph.(209) 667-5797 Sale subject to cancellation in the event of settlement between owner and obligated party. ALL ITEMS SOLD AS IS, WHERE IS, FOR CASH ONLY.
12/19, 12/26/17

CNS-3081013#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE T.S. NO.: 10-06877 A.P.N.: 092a-0465-045-04 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. PURSUANT TO CIVIL CODE Section 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/1/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under

and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor: RONALD MILLER, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY. Duly Appointed Trustee: Atlantic and Pacific Foreclosure Services, LLC. Recorded 3/13/2006 as Instrument No. 2006092299 in book page and rerecorded on — as — of Official Records in the office of the Recorder of Alameda County, California, Described as follows: As more fully described on said Deed of Trust. Date of Sale: 12/26/2017 at 12:30 PM. Place of Sale: At the Fallon Street entrance to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612. Amount of unpaid balance and other charges: \$546,169.05 (Estimated). Street Address or other common designation of real property: 7721 SUNSET AVE NEWARK, CA 94560. The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 or visit this Internet Web site www.servicelinkasap.com, using the file number assigned to this case 10-06877. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 11/27/2017 Carrington Foreclosure Services, LLC 1500 South Douglass Road, Suite 150 Anaheim, CA 92806 Automated Sale Information: (714) 730-2727 or www.servicelinkasap.com for NON-SALE Information: 888-313-1969 Vanessa Gomez, Trustee Sale Specialist. A-4639542 12/05/2017, 12/12/2017, 12/19/2017
12/5, 12/12, 12/19/17

CNS-3075724#

Newark
Police Log

SUBMITTED BY
CAPTAIN CHOMNAN LOTH,
NEWARK PD

Thursday, Dec. 7

At 4:24 p.m. Officer Fredstrom accepted the citizen's arrest of a 60-year-old Newark man on suspicion of embezzlement at the Home Depot, 5401 Thornton Avenue. The suspect was issued a citation and released.

At 4:26 p.m. Officer Palacio investigated three auto burglaries in the Macy's, NewPark Mall parking lot. Taken were backpacks, laptop computers and soccer equipment.

Friday, Dec. 8

At 4:18 p.m. Officer Jackman investigated a hit and run accident on Cherry Street at George Avenue. The suspect vehicle was located on Olive Avenue. The driver,

an 18-year-old Newark woman was issued a citation and her vehicle was towed from the scene.

At 7:37 p.m. officers responded to a call about two people looking into vehicles with flashlights at Nijo Castle, 39888 Balentine Drive. The suspects were not located.

Saturday, Dec. 9

At 10:19 a.m. officers responded to a disturbance at Aloft Motel, 8200 Gateway Boulevard. A 38-year-old Patterson male was contacted and arrested on an outstanding warrant. The suspect was booked into the Fremont Jail.

At 5:35 p.m. officers responded to a report of an accident between a car and a motorcycle on the 37200 block of Cedar Blvd. One person was taken to a hospital for treatment

Sunday, Dec. 10

At 8:52 a.m. Officer Hunter contacted and arrested a 30-year-old Newark man on suspicion of being a felon in possession of ammunition and firing three shots into an unoccupied vehicle belonging to another person after

an argument on the 37100 block of Spruce Street. The man was booked into Santa Rita Jail.

Monday, Dec. 11

At 12:49 p.m. Officer Musantry investigated a multi-vehicle auto accident at NewPark Mall. A driver inadvertently hit the gas pedal instead of the brake pedal and crashed into several parked cars. The driver was treated at the scene for his injuries.

At 12:58 a.m. Officer D. Johnson and Field Training Officer Norvell were dispatched to the area of 5800 Jarvis Avenue for a possible DUI driver. The officers contacted and arrested a 40-year-old Fremont man on suspicion of driving under the influence and possession of methamphetamine. The suspect was booked into the Fremont Jail.

Tuesday, Dec. 12

At 5:33 p.m. officers responded to a multi-vehicle injury collision on Wells Avenue at Elm Street. The driver and passenger from one vehicle were taken an area hospital for treatment of their injuries.

San Leandro
holiday lights recycling

It can take up to 1,000 years for holiday lights to breakdown in a conventional landfill. Recycling holiday lights conserves natural resources because oil is needed to make plastic. The lights are separated for their metal and plastic and then given new life as new products. Recycling non-working holiday lights is also a great opportunity to make the switch to LED lights, which last longer, and are more energy efficient and durable. Residents are encour-

aged to bring in their working or non-working light strands of all lengths and colors. Collection bins will be located in the lobby of the Public Works Service Center. Lights should be free of all bags, binding and packaging. Extension cords, Compact Fluorescent Lamps (CFLs), pre-lit trees, wreaths, and garland will not be accepted.

For more information, please call the City of San Leandro Recycling Hotline at (510) 577-6026.

SUBMITTED BY
TONYA ALVES RICHARDSON

The City of San Leandro announced that its third annual free holiday lights recycling program will be available through January 12, 2018. Holiday lights in working or non-working condition may be dropped off Monday through Friday, from 7:00 a.m. to 3:30 p.m. at the Public Works Service Center, located at 14200 Chapman Road. The event is open to San Leandro residents only.

Five ways Social Security
protects you and your family

BY MARIAELENA LEMUS,
SOCIAL SECURITY PUBLIC
AFFAIRS SPECIALIST

Next payday, when you see a portion of your wages go toward FICA taxes, rest easier knowing that your investment in Social Security brings a lifetime of protections for you and your family.

From your first job and throughout your career, we track your earnings and give you credits for the contributions you've made through payroll taxes. Those credits can translate into important future benefits. As you prepare for a financially secure future, you should know about these five benefits that you, your spouse, and your children may become eligible for through Social Security:

- Retirement benefits provide you with a continuous source of income later in life. If you've earned enough credits, you can start receiving your full retirement benefits at age 66 or 67, depending on when you were born. You may choose to claim these benefits as early as age 62 at a permanently reduced rate, but waiting until after your full retirement age increases your benefit amount by up to 8 percent per year to age 70. Plan for your retirement at: www.socialsecurity.gov/planners/retire
- Disability benefits offer a financial lifeline if you're struck by a serious medical condition that makes it impossible for you to work and provide for yourself

and your family and is expected to last at least one year or to result in death. Learn more at: www.socialsecurity.gov/disability

- Child benefits support your minor children while you're receiving Social Security retirement benefits or disability benefits. This financial support also is available to adult children who become disabled before age 22. Grandchildren and stepchildren may qualify in certain situations. Please see: www.socialsecurity.gov/people/kids.

- Spousal benefits supplement a couple's income if one of the two never worked or had low lifetime earnings. In some cases, this benefit is also available to divorced spouses. Please see: www.socialsecurity.gov/planners/retire/applying6.html
- Survivor benefits ease the financial burden on your loved ones after you die by providing monthly payments to eligible widows, widowers, children, and dependent parents. It's likely the survivor benefits you have under Social Security carry greater value than your individual life-insurance policy. Read more about survivor benefits at: www.socialsecurity.gov/survivors.

You must meet specific eligibility requirements to receive any type of Social Security benefits. Currently, Social Security provides benefits to more than 61 million American workers and their families. And we'll be there for you and your family through life's journey. Learn more about all of our programs at www.socialsecurity.gov

COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles
Hayward Airport
Various Saturdays
www.vaa29.org
Email for more information
youngeagles29@aol.com

First Church of Christ Scientist, Fremont

Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Child Care is available all services. Reading Room Open Tuesday - Wednesday 1-3pm
1351 Driscoll Rd., Fremont
510-656-8161

Let’s Do Lunch!

Volunteer for
LIFE ElderCare – Meals on Wheels
Mon – Fri, 10:30-12:30
Choose your day(s)
Call Tammy 510-574-2086
tduran@fremont.gov
www.LifeElderCare.org

Afro-American Cultural & Historical Society, Inc.

Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday
Except Dec & Feb
5:30pm Newark Library
510-793-8181 www.aachsi.com
We welcome all new members

FREMONT COIN CLUB

Established 1971
Meets 2nd & 4th Tues 7pm
At the Fremont Elks Lodge
38991 Farwell Dr., Fremont
All are welcome, come join us
www.fremontcoinclub.org
510-792-1511

League of Women Voters
Fremont-Newark-Union City
www.lwvfnuc.org

Free meetings to inform the public about local, regional and statewide policy issues.
Participate in non-partisan in-depth, discussions with guest speakers at our meetings.
All sites are wheelchair accessible

TRI-CITY
DEMOCRATIC FORUM
MEETING
Every Third Wednesday
7:00 pm

Chandni Restaurant
5748 Mowry School Rd
Newark, CA 94560
http://www.tricitydems.com/

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org

Make a senior’s life a bit easier

Volunteer for
LIFE ElderCare – VIP Rides
Drive seniors to appts/errands
Flexible weekday scheduling
Call Valerie 510-574-2096
vdraeseke@fremont.gov
www.LifeElderCare.org

American Assoc. of University Women
Fremont Branch

Advances equity for women and girls through advocacy, education, philanthropy, and research.
to join or for more information: fremont-ca.aauw.net

ABWA-Pathfinder Chap.
American Business Women’s Assoc.

provides opportunities for women personally & professionally thru leadership, education, networking
Dinner Meetings: 3rd Wednesday each month. DoubleTree
39900 Balentine Dr, Newark
(Fremont): 6:30-9:00 pm
Call Harriet 510-793-7465
www.abwa-pathfinder.org

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville
Email: Accgr43@gmail.com
American Cribbage Congress
www.cribbage.org

Is food a problem? Try Overeaters Anonymous

Mon 7 PM & Wed 7 PM
St. James Episcopal Church
37051 Cabrillo Terr., Fremont
Sat 10:30 AM No dues or fees
All are welcome!
First Presbyterian Church
35450 Newark Blvd., Newark
www.oasaco.org

Start Your Own Business

East Bay Self Employment Assoc
Calling all unemployed, including able bodies or disabled, retired, men & women for “FREE COUNSELING”
One to One, How to start your small business
Call 408-306-0827

FREMONT STAMP CLUB

SINCE 1978
Meets 2nd Thurs.
each month 7pm
Cultural Arts Center
3375 Country Dr., Fremont
Everyone is welcome. Beginners to Advanced. For questions or more information:
www.fremontstampclub.org/
or call Dave:
510-487-5288

Do you get nervous when you have to speak in public?

Newark Toastmasters can help
Learn this skill and more in a supportive atmosphere
It’s FREE to attend
Tue 7am - 8:10am @ Newark Library, 6300 Civic Terrace Ave
510-402-8318 or 510-796-3562
www.1118.toastmastersclubs.org

F.U.N. (Fremont, Union City, Newark) PROGRESSIVES
Join us for pizza and politics

Bronco Billy’s Pizza
41200 Blacow Road Fremont
Most meetings 6pm - third Sun of the month.
For Info Visit our website: www.funprogressives.com
Contact us at: funprogressives@gmail.com

A-1 Comm. Housing Svcs
1st Time Home Buyers Workshop

Learn the process of homeownership
Down Payment Assistance
Every 3rd Sat. 10am-1pm
22693 Hesperian Blvd. #150
Hayward, CA 94541
Register: www.a1chs.org
Call: 510-674-9227

FREMONT SYMPHONY GUILD

Enthusiastic music lovers who support the Fremont Symphony!
First Tuesday each month 7:30 pm
Fremont Community Activities Center
3375 Country Drive, Fremont
Visitors are welcome!
call 510-656-8763 or email mmherstory@comcast.net

Shinn House
Mission Peak Heritage Foundation

1269 Peralta Blvd. Fremont
Docents & Volunteers needed for Various Activities throughout the year. Free professional Docent Training.
Please contact: Joan Serafino
510-795-0891

Fremont Cribbage Club

Meets to play weekly, every Wed. We play a Cribbage Tournament starting at 6:25 pm at Round Table Pizza at 37480 Fremont Blvd., We welcome experienced player and will work with new players hoping to learn the game.
email: Accgr43@gmail.com
for more information

New Dimension Chorus
Men’s 4 Part Vocal Harmony In the “Barbershop” style

Thursdays at 7pm
Calvary Luther Church
17200 Via Magdalena
SanLorenzo
Contact: ndchorus.org
510-332-2481

Supporting the Fremont Symphony Orchestra for 50 years!
FREMONT SYMPHONY GUILD

To learn more about this group of music-lovers
call 510-673-0085 or
email blgorsuch@att.net

The Friendship Force San Francisco Bay Area

Experience a country & its culture with local hosts; meet global visitors here.
Japanese guests in 2017
Travel to Kenya in 2018
Many Bay Area social activities.
www.ffi-sfba.org
www.thefriendshipforce.org
Call 510-794-6844 or 793-0857

TRI-CITIES WOMEN’S CLUB

Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games
11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162

St Vincent de Paul Thrift Store

3777 Decoto Road Fremont
DONATIONS: Tues. - Sun. 10AM- 4:30 PM
Clean, lightly used clothing. House-hold & furniture.
No electronics or e-waste. VOLUNTEERS: Individuals & groups! COMMUNITY SPACE
Call for info 510-792-3711
Fremont@svdp-alameda.org

HELP FEED THE NEED

TCV Food Bank & Thrift Store (Tri-City Volunteers) looking for energized volunteers to help out in our Marketplace (Food Bank) and Thrift Store. Variety of tasks & shifts available Monday–Friday 7:30a–4:00p. For more information, visit www.tcvfoodbank.org email volunteer@tcvfoodbank.org.

SONS OF ITALY
Social Club for Italians And Friends

1st Friday of month
(No meetings July/Aug/Dec)
5:30 social hour
6:30 potluck dinner (\$5)
Newark Pavilion - Bld. 2
(Thornton Blvd. & Cherry Blvd., Newark)
Info: Gina 510-943-7403
www.giuseppemazzini.org

Scholarships for Women

Our Fremont Philanthropic Organization, PEO Scholarships for Women entering college,earning another degree or returning to school after 2+ yrs
Low interest education loans
Apply online: www.peocalifonia.org
wordsmit65@gmail.com for info

Are You Troubled By Someone’s Drinking?
Al-Anon and Alateen are here to help.

Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org
for a meeting near you, or call 510-276-2270, or email Easyduz@gmail.com

Fremont Area Writers

Like to write?
Meet other writers?
Get tips from speakers?
Join us from 2-4pm every fourth Saturday except in July & December
www.cwc-fremontareawriters.org

Students Looking for Scholarship Money?
Enter Newark Optimist Essay Contest

Topic: “Can Society Function Without Respect?”
to enter: www.optimist.org
January 26, 2018 Deadline
Mail to:
Newark Optimist Club
PO Box 402 Newark CA 94560

Little Lamb Preschool Open House Sat. March 3

Drop-in Between 9-12pm
Refreshments
Meet the Teachers
Visit the Classrooms
Registration Info Available
www.littlelambpreschoolbcc.org

Fremont Youth Symphony Orchestra

Apply online for Audition
http://fremontsymphony.org
New Season starts on 9/11/17
Monday Rehearsals, 4pm-7pm
First United Methodist Church
2950 Washington Blvd, Fremont
youth@fremontsymphony.org
or call (510) 936-0570

Soiree Seniors For People Over 60

Many Activities
Potluck Dinners, Dancing, TGIF’s, Birthdays and more
Call Dianne for information (510) 581-9008

Fremont Garden Club

Join enthusiasts from Tri-City area
Meets Feb. - Oct.
3rd Wednesday of the month at various locations
Social time: 6:15 pm
Presentation: 7-8:30 pm
Annual dues: \$30 indi, \$50 couples
Call Lynn: 510-604-8206
www.fremontgardenclub.org

FREE Christmas Eve Concert Sun. Dec. 24 11am-12noon

Alder Ave. Baptist Church
4111 Alder Ave., Fremont
Featuring: Bob Reyen Brass Quintet From SF Opera Orchestra
Like us on Facebook
alderaveuebaptist.com
510-797-3305

SparkPoint Financial Servicesfor Low-Income Residents

FREE financial services & coaching.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
To register, call 574-2020.
Fremont.gov/SparkPointFRC

Attend Free Classes Become A Travel Trainer & teach

others how to travel at wholesale Prices.
Tax Benefits & Free Health Care
Reserve your seating.
Arleen 510 695 7278
insidertravel4u@gmail.com

Serious Mental Illness

FREE 12 week course for caregivers of someone with a serious mental illness
January 6 2018
9:00 -11:30 in Fremont
Registration required
Contact: Joe Rose 510-378-1578
or Email: F2F@NAMIacs.org
http://www.NAMIacs.org
http://www.NAMI.org

Newark City Council



Commend Volunteer Reserve Police Officer Bruce Howcroft for 40 years, in excess of 15,000 hours, of volunteer service.

December 14, 2017

Presentations and Proclamations:

• Commend Volunteer Reserve Police Officer Bruce Howcroft for 40 years, in excess of 15,000 hours, of volunteer service.

Written Communications:

• Approve architectural and site plan for three new 2-story advanced manufacturing buildings located at 7200, 7300 and 7400 Gateway Boulevard (approximately 23.1-acre site).

Consent Calendar:

• Second reading of ordinance to conform with California Office of Emergency Services requirements.

• Approve participation in the Alameda County Operational Area Emergency Management Organization.

• Approve 2018 local appointments list of all regular and ongoing boards, commissions and committees appointed by the legislative body of the local agency to conform with Maddy Act.

• Authorize purchase of a 2018 Dodge Caravan SE from Fremont CDJR as a replacement vehicle for police department in the amount of \$29,935 plus outfitting from Telepath not-to-exceed \$5,000.

• Approve partial release of security for Tract 8212 (Classic 36120 Ruschin, L.P.) at 36120 Ruschin Drive.

• Approve recalculation of Fiscal Year 2017-2018 appropriations limit due to population adjustment.

• Annual Impact Fee Report removed by staff until January 11, 2018.]

City Attorney Reports:

• Authorize creation of the Pooled Liability Assurance Network Joint Powers Authority for risk management services.

City Council Matters:

• Reappoint Eric Hentschke to Alameda County Mosquito Abatement District.

• Approve 2 percent merit increase for City Attorney David J. Benoun.

• Appoint Michael Hannon as Mayor Pro Tempore (Vice Mayor).

• Approve annual appointments of city council members to 13 various agencies, boards, commissions and committees plus one multi-year appointment.

• Recognize retirement of three city personnel.

• Wish Newark residents Merry Christmas and Happy New Year.

Mayor Alan Nagy	Aye
Vice Mayor Mike Bucci	Absent
Luis Freitas	Aye
Sucy Collazo	Aye
Michael Hannon	Aye

Union City City Council

December 12, 2017

Presentations and Proclamations:

• Appoint councilmember Lorrin Ellis as Vice Mayor.

Consent Calendar

• Declare certain equipment as surplus and authorize sale at auction.

• Approve an application for authorization to access state and federal level summary criminal history information for employment, volunteers and contractors, licensing or certification purposes.

• Adopt a joint resolution with the city council and successor agency to the community redevelopment agency approving a plan for expenditure of excess tax allocation bond proceeds.

Public Hearings

• Introduce an ordinance for Shri Guru Ravidas Sabha Bay Area to demolish two existing buildings and construct and operate a new 15,707 square foot faith-based facility located on Veasy Street. (all ayes)

City Manager Reports

• Industrial inventory update

• Briefing on official city signage and role of city in promoting events and growth of commerce.

• Approve exception to 180-day waiting period for post-retirement employment for Kevin Reese to serve as Interim Chief Building Official.

Mayor Carol Dutra-Vernaci	Aye
Vice Mayor Lorrin Ellis	Aye
Emily Duncan	Aye
Pat Gacoscos	Aye
Gary Singh	Aye

Funding available for neighborhood improvement projects

SUBMITTED BY TERESA MEYER

Mayor Pauline Russo Cutter and the San Leandro City Council recently announced the launch of “Get Ready San Leandro,” a new program that will award grants for projects aimed at creating more resilient neighborhoods and a stronger volunteer network.

Thanks to funding provided by the Cities of Service Prepared Together program, local community groups or individuals may qualify to receive grants of up to \$1,500 for local projects. The application deadline is February 9, 2018, and winners will be announced in mid-February.

Members of the community are invited to propose projects that will help their neighborhoods or community-based organizations prepare for environmental disasters and/or adapt to the changing climate. Examples of community projects could include: building a

neighborhood cache of emergency supplies, weatherization of neighborhoods, preparing emergency kits, or clearing storm drains of debris as part of a neighborhood clean-up day.

“By working together as neighbors, we can make our community a safer place that is well prepared to adapt to our changing climate,” added Cutter. “I encourage anyone who has a thoughtful idea for an innovative project to contact the city so we can explore it further.”

To learn more about this opportunity and how to apply, San Leandro residents can attend an information session at 7 p.m. Jan. 23, 2018 in the Sister Cities Gallery, located on the first floor of City Hall, 835 Eat 14th St.

For more information or to RSVP for the information session, please contact Heidi DeRespini at (510) 577-0437 or send an email to hdespini@sanleandro.org.

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☐ Credit Card

☐ Cash

Credit Card #:

Card Type:

Exp. Date: Zip Code:

Delivery Name & Address if different from Billing:

Authorized Signature: (Required for all forms of payment)

Fremont City Council

December 12, 2017

Work Session:

• Discussion and update on Phase I (Community Center and Plaza) of Civic Center Master Plan. Phase I includes a community center and open space for gatherings, food truck and “pop-up” space. A no-debt model reduces building size, shifts from LEED Gold to Silver, reduced plaza size and eliminates an outdoor stage/LED screen. Projected cost \$25.5 million. Design approvals will be sought through boards and commissions, then a city council hearing during first quarter of 2018. Construction anticipated to begin July 2019 – February 2021.

Announcements:

• Moment of silence to honor those fighting wildfires in Southern California, remembrance of Mayor Ed Lee of San Francisco, and support for victims of New York City subway tragedy.

Consent Calendar:

• Second reading of amendment to Municipal Code to authorize an interim membership increase to the Environmental Sustainability Commission.

• Second reading of ordinance to institute a Rent Review Program fee.

• Set Integrated Waste Management collection rates, Transfer Station service fees, and Landfill disposal fees for January 2018-December 2019.

• Award a construction contract to Arktos, Inc. in the amount of \$620,051 for ballfield backstop and fencing at Northgate Community Park and Central Park.

• Approve an application and agreement with California Department of Health Care Services to become a Certified Substance Use Disorder Clinic and Drug Medi-Cal Provider.

• Consider Development Impact Fees and an annual adjustment of these fees.

Oral Communications:

• Request for report of analysis of historical structures.

• Several public comments about lack of traffic control and pedestrian safety on East Warren Avenue and resulting fatality.

Scheduled Items:

• Consider Historic Architectural Review Board and Recreation Commission recommendations to adopt a Master Plan for the California Nursery Historical Park. Favorable public comments with caution about noise and traffic affects on neighborhood, the need for metrics to assess the impact of programs

Other Business:

• Year end update of Fiscal Year 2016-2017 and fund balance allocations. Due to increased revenues and expenditure savings, a \$6.9 million ending fund balance. Staff recommendations include set aside of funds misallocated by State of California, Additional contribution to CalPERS unfunded liability and use of the remaining \$2.8 million for other programs by council direction. Council approved used of funds for misallocated funds, unfunded liability and adding two police officers for FY 2017/2018). Remaining funds will be reserved for further discussion. Mid-Year Budget review scheduled for March 6, 2018.

• Update of first year operation of Mission Peak

Neighborhood Permit Parking Program. Program seen as a success by most speakers. Some criticism addressed the need to accommodate visitors rather than restrict access to the park and expand park hours.

Promotion of Ohlone College (and Sunol) access vs. Stanford Avenue reviewed. Enforcement by City of Fremont and East Bay Regional Parks Police is limited. By end of November: 2,247 citations issued – 65% by EBRPD, 35% by COF. Ongoing concerns include: additional signage, increased enforcement, limited public street access, curfew, speeding, garbage and break-in & theft. EBRPD will revisit this April 2018 and council review 2019. Parking Permit Program is considered temporary; expiration July 2020.

Council Communications:

• Appointments and re-appointments to Advisory Bodies:

Art Review Board:
Jaeline Deridder, Barbara Meerjans
Economic Development Advisory Commission:
Yogi Chugh, Tim Tran, Jennifer Duarte
Human Relations Commission: Lance Kwan
Library Advisory Commission: Felix Lechner, Ayush Patel (student), Erika Albury

Mayor Lily Mei	Aye
Vice Mayor Vinnie Bacon	Aye
Rick Jones	Aye
Raj Salwan	Aye
David Bonaccorsi	Aye



Downtown Community center and open space for gatherings, food truck and “pop-up” space.



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Family Dentistry

\$99 Sinsational Smile Teeth Whitening
a \$350 value

\$79 exam, x-rays & cleaning
Not valid if doctor's diagnosis reveals that needs deep cleaning 12/30/17



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www.missionridgedentist.com
43693 Mission Blvd., Fremont
Across from Ohlone College at the intersection of Mission & Pine St.



Any Home Sale or Refinancing Questions Ask The Gupta Team 510-697 7750



Rajeev Gupta
Home Sales Specialist
Remax Accord
CA BRE # 01232943
39644 Mission Blvd., Fremont
510-697-7750





Monica Gupta
Home Loan Specialist
Home Advantage
CA BRE # 01424265, NMLS # 343986
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Continued from page 1

Big Picture Arts Nurturing the artist in all of us

“Spacetime from a Breath of Air,” the painting shows a young girl blowing bubbles in the shape of planets, symbolizing a child’s imagination. It was designed and produced with help from two students at Lincoln High School in San Leandro. Says SLIA Director Dominic LiMandri, “This project provided an opportunity for young San Leandro artists to give back to their community in a productive and creative way.”

The Big Picture Arts program can change students in profound ways. Says Johnstone, “I have a particular crew member from one of our first projects that was a chronic tagger (and astonishing talent). After being shown how to stretch and gesso canvas she went back to school and bought the books she needed for school by selling canvasses, and is now selling her art to help raise her little boy.”

Although you might not know it from his gentle demeanor, Johnstone is also a fierce advocate

of bringing art back into the classroom, of putting the A (Art) back in STEM (Science, Technology, Engineering, Math). “Self-expression is a basic human right. It defines us as a species. At Big Picture Arts we’ve identified a problem in that the avenue for self-expression has been denied at critical moments, particularly during puberty. Their bodies and minds are changing, and at that moment they’re screaming for identity.”

To help generate the funds needed for more art classes, Johnstone is proposing a \$1 national surcharge on every can of spray paint. With over 400 million cans of spray paint produced every year in the U.S., that could provide a lot of cash. Johnstone is also hoping that programs like Big Picture Arts will help address the graffiti problem at the root, instead of spending more money on superficial cleanup (the U.S. currently spends 20 billion

dollars every year on property-damaging graffiti). Not to mention the environmental costs – disposing of all those non-recyclable, aerosol spray cans containing harmful chemicals can be a huge challenge.

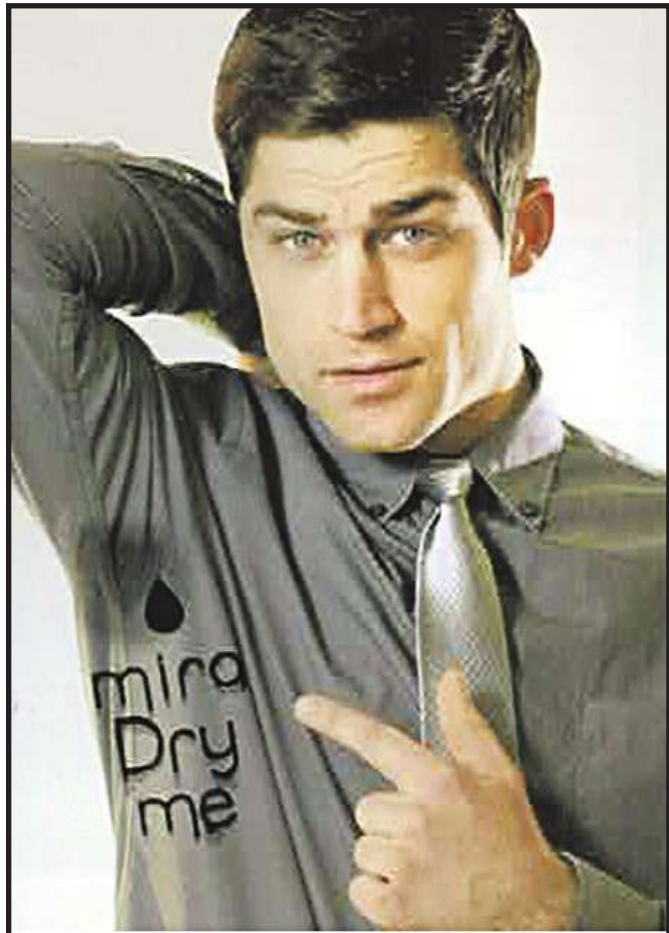
Johnstone is hoping to work with the City of San Leandro and other Bay Area cities on many future projects. He is also planning on bringing his cause to Washington, D.C. And plans are in the works to start Big Picture Arts programs in other cities and countries. Says Johnstone, “Every community has this problem. You go to the highlands of Scotland and you see graffiti. You see it from Manhattan to Mongolia. Worldwide it’s a hundred billion dollar per year dilemma.”

Johnstone just published a book entitled, “Contents Under Pressure: Graffiti Solutions From the Big Picture Project.” In it he goes into the details of graffiti and gang culture and the solutions that he is proposing. It’s just the latest project out of many for him, an artist with a huge heart who sees hope in all of us.

For more information, call Big Picture Arts at (510) 823-7320 or visit online at www.bigpicturearts.com.



Andrew Johnstone in front of the mural “Spacetime from a Breath of Air” in San Leandro. Photo by David R. Newman.



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DISPOSE OF FATS, OILS AND GREASE PROPERLY.**



FOG (Fats, Oils & Grease) in your household drains can create blockages that turn a great holiday into a hot mess.

Avoid sloppy, costly backups into your home and overflows that can enter local waterways, harming wildlife and the environment. NEVER put fats, oils, or grease down your drains or into storm drains, which flow untreated to our creeks and San Francisco Bay. Bring your used cooking oil and grease to the Republic Services Customer Service Center at 42600 Boyce Road in Fremont for FREE disposal Monday through Friday, 8 a.m.– 5 p.m. Pour used cooking oil and grease into the receptacle and dispose of your empty jug in the provided container.

For more information, visit www.StopFOG.com, call Republic Services at (510) 657-3500, or call Union Sanitary District at (510) 477-7500.