



Tree lightings  
kick off the  
Christmas  
holiday

Page 20



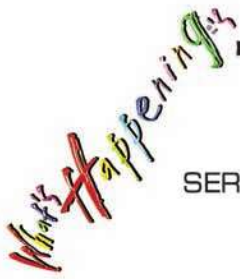
Sew 'n Sews

Page 13



Monarchs  
wing their  
way back to  
Ardenwood

Page 26



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November 21, 2017

Vol. 15 No. 47



**Niles**

**Friday November 24  
6:30 pm  
Niles Blvd., Fremont**

*Parade &  
Tree Lighting*

**See page 11**



## Ballet Petit's Nutcracker

**SUBMITTED BY  
EMMA BLANCO**

Ballet Petit of Hayward will perform its 39th annual production of "The Nutcracker" at Chabot College's Performing Arts Center on Saturday, December 2 and Sunday, December 3.

"The Nutcracker" is a two-act ballet originally choreographed

by Marius Petipa and Lev Ivanov, with a score composed by Peter Ilyich Tchaichovsky. It premiered, unsuccessfully, in the Marinsky Theater in St. Petersburg, Russia, on December 18, 1892. Yet, over the course of a century and several decades, "The Nutcracker" has evolved into global popularity performed by a multitude of ballet companies during the

Christmas season, including Ballet Petit.

Peggy Peabody, Ballet Petit's Artistic Director, explained, "One thing that makes 'The Nutcracker' such a phenomenon in this country is the way dancers sort of grow up in the production. The same is true here at Ballet Petit. I love to just sit back some days and watch my staff teach or rehearse their dancers. We all danced together in one way or another at some point. Many were actually students here."

And now those students have themselves become Ballet Petit teachers. Peabody reminisced, "It is amazing to me to look at

old photos and recall that, for example, in 1984, Miss Nicole was once a very shy, little gray mouse in our show. [Years later], she was a Clara. Much later, she rounded out her performing years here as a lovely and elegant Sugar Plum Fairy. We have priceless photos of these moments in our school's lobby. [Today], she is teaching dancers how to elongate their lines, use their feet properly in pointe shoes, extend their legs higher and higher."

Miss Lauren also grew up with Ballet Petit (she danced "Nutcracker" solo roles of Clara and Sugar Plum Fairy), then taught for a while, and returned when her daughter was

old enough to dance with Ballet Petit. And then there is Miss Patience who was a Clara, Snow Queen, and Sugar Plum Fairy, amongst many other "Nutcracker" soloist roles. She is also the original co-choreographer of Ballet Petit's Sugar Plum Fairy and Cavalier Grande Pas De Deux. She has danced with Ballet Arizona and Oakland Ballet and is currently appearing in Menlowe Ballet's "Nutcracker" as Snow Queen for the first time in her professional career.

Miss Leah danced at Ballet Petit for 12 years and performed in 13 "Nutcrackers" and 11

Continued on page 26

### INDEX

Arts & Entertainment . . . . . 23

Bookmobile Schedule . . . . . 25

Business . . . . . 8

Classified. . . . . 27

Community Bulletin Board . . 40

Contact Us . . . . . 33

Editorial/Opinion . . . . . 33

Home & Garden . . . . . 15

It's a date . . . . . 23

Kid Scoop . . . . . 18

Mind Twisters . . . . . 10

Obituary . . . . . 34

Protective Services . . . . . 37

Public Notices. . . . . 38

Real Estate. . . . . 17

Sports . . . . . 30

Subscribe . . . . . 35



Starting with Thanksgiving, most Americans plunge headlong into the holiday season, enjoying various celebrations with family and friends. Yet this “season to be jolly” can also be a season filled with stress that triggers emotional responses such as anxiety or depression.

“There are so many demands on us during the holiday season, including shopping, cleaning, over-committed schedules, financial pressures and sometimes dealing with difficult personal relationships or the recent loss of a loved one,” says Seema Sehgal, MD, a psychiatrist with Washington Township Medical Foundation (WTMF).

“It’s not unusual to feel worried or get a case of the ‘blues’ during the winter holidays,” she notes. “Anxiety and depression, which can be interrelated since prolonged anxiety can lead to depression, are known to be more common during the winter months when the hours of sunlight are diminished. This phenomenon is sometimes known as seasonal affective disorder – or SAD – and the stress of the holidays can exacerbate those emotional responses.”

Dr. Sehgal, who serves in Washington Hospital’s Department of Psychiatry and Behavioral Science, explains that symptoms of anxiety might include feeling irritable or edgy, being more “moody,” or feeling overwhelmed. Physical symptoms of stress and anxiety could include headaches, stomachaches, muscle aches and pains, or changes in sleep patterns.

“Once you sense such symptoms of anxiety, it can affect your thought patterns and behavior,” she says. “For example, some people may resort to poor behavioral choices such as overeating or overindulgence in alcohol or drugs as a way of coping with their anxiety. Another typical response to anxiety is to avoid the perceived cause of your anxiety, which ultimately may reinforce your fears and compound your anxiety.”

Avoidance and a need to isolate yourself also can be responses to depression.

Dr. Sehgal explains that, “People who are depressed often pull away from interacting with other people and don’t want to do things they used to enjoy. People sometimes mistakenly assume that you can’t be clinically depressed if you don’t feel sad all the time. It’s likely that someone with depression would feel down, sad or ‘blue’ more days than not, but even people with serious depression can feel a lift in their mood at times.”

Some other symptoms of depression might include low energy level, a sense of helplessness or worthlessness, a significant decrease or increase in appetite, sleep changes such as insomnia or sleeping more than usual, looking at the past negatively or looking at the future as bleak.

Dr. Sehgal offers several suggestions for coping with holiday stresses that may contribute to anxiety or depression:

- Know your financial boundaries and create a budget that reflects your spending limits. If your finances are tight, consider other alternatives such as a “gift certificate” to accompany someone on a hike or some other outing. By giving a gift of your time, you can be generous without spending a lot of money.

Continued on page 7

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|                      | TUESDAY                                                                 | WEDNESDAY                                                               | THURSDAY                                                                | FRIDAY                                                                  | SATURDAY                                                         | SUNDAY                                                      | MONDAY                                                                  |
|----------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------------------|
|                      | 11/21/17                                                                | 11/22/17                                                                | 11/23/17                                                                | 11/24/17                                                                | 11/25/17                                                         | 11/26/17                                                    | 11/27/17                                                                |
| 12:00 PM<br>12:00 AM | Arthritis: Do I Have One of 100 Types?                                  | Obesity: Understand the Causes, Consequences & Prevention               | Deep Venous Thrombosis                                                  | 11th Annual Women's Health Conference: Heart Health Nutrition           | Sports Medicine Program: Nutrition & Athletic Performance        | Skin Health: Skin Cancer & Fountain of Youth                | Learn If You Are at Risk for Liver Disease                              |
| 12:30 PM<br>12:30 AM |                                                                         | Keeping Your Heart on the Right Beat                                    |                                                                         | Pain When You Walk? It Could Be PVD                                     |                                                                  | (Late Start) Learn More About Kidney Disease                |                                                                         |
| 1:00 PM<br>1:00 AM   | Raising Awareness About Stroke                                          | Diabetes Matters: Diabetes & Stroke: What's the Connection?             | Your Concerns InHealth: Senior Scam Prevention                          | Diabetes Matters: Basics of Insulin Pump Therapy                        | Strengthen Your Back! Learn to Improve Your Back Fitness         | Family Caregiver Series: Caregiving From A Distance         | Diabetes Matters: Diabetes: Is There an App for That?                   |
| 1:30 PM<br>1:30 AM   |                                                                         |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |
| 2:00 PM<br>2:00 AM   | Keys to Healthy Eye                                                     | Washington Township Health Care District Board Meeting November 8, 2017 | Strengthen Your Back                                                    | Washington Township Health Care District Board Meeting November 8, 2017 | From One Second to the Next                                      | Family Caregiver Series: Understanding Health Care Benefits | Washington Township Health Care District Board Meeting November 8, 2017 |
| 2:30 PM<br>2:30 AM   |                                                                         |                                                                         | Voices InHealth: New Surgical Options for Breast Cancer Treatment       |                                                                         |                                                                  |                                                             |                                                                         |
| 3:00 PM<br>3:00 AM   | Prostate Cancer: What You Need to Know                                  |                                                                         | Shingles                                                                |                                                                         | (Late Start) Understanding Mental Health Disorders               | (Late Start) Preventive Health Care Screening for Adults    |                                                                         |
| 3:30 PM<br>3:30 AM   | Digestive Health: What You Need to Know                                 |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |
| 4:00 PM<br>4:00 AM   | Good Fats vs. Bad Fats                                                  | Learn the Latest Treatment Options for GERD                             | Get Your Child's Plate in Shape                                         | What You Should Know About Carbs and Food Labels                        |                                                                  | Inside Washington Hospital: Advanced Treatment of Aneurysms | Advance Health Care Planning                                            |
| 4:30 PM<br>4:30 AM   |                                                                         | (Late Start) Balance & Falls Prevention                                 | (Late Start) Voices InHealth: Healthy Pregnancy                         |                                                                         |                                                                  |                                                             | Not A Superficial Problem: Varicose Veins & Chronic Venous Disease      |
| 5:00 PM<br>5:00 AM   | Diabetes Matters: Gastroparesis                                         | New to Medicare? What You Need to Know                                  | Diabetes Matters: Insulin: Everything You Want to Know                  | New to Medicare? What You Need to Know                                  | Diabetes Matters: Sugar Substitutes - Sweet or Sour?             | Diabetes Matters: Type 1.5 Diabetes                         | Snack Attack                                                            |
| 5:30 PM<br>5:30 AM   |                                                                         |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |
| 6:00 PM<br>6:00 AM   | Respiratory Health                                                      | Diabetes Matters: Hypoglycemia                                          | Urinary Incontinence in Women: What You Need to Know                    | Diabetes Matters: Mindless vs Mindful Eating                            |                                                                  | Diabetes Matters: The History of Diabetes                   | Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome                |
| 6:30 PM<br>6:30 AM   |                                                                         | Sports Medicine Program: Exercise & Injury                              |                                                                         | Crohn's & Colitis                                                       |                                                                  |                                                             | Washington Township Health Care District Board Meeting November 8, 2017 |
| 7:00 PM<br>7:00 AM   | Eating for Heart Health by Reducing Sodium                              | Community Based Senior Supportive Services                              | New to Medicare? What You Need to Know                                  | (Late Start) Menopause: A Mind-Body Approach                            |                                                                  | Diabetes Matters: Monitoring Matters                        | New to Medicare? What You Need to Know                                  |
| 7:30 PM<br>7:30 AM   | Family Caregiver Series: Advance Health Care Planning & POLST           |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |
| 8:00 PM<br>8:00 AM   | Washington Township Health Care District Board Meeting November 8, 2017 |                                                                         | Washington Township Health Care District Board Meeting November 8, 2017 | Latest Treatments for Cerebral Aneurysms                                | Diabetes Matters: Strategies for Incorporating Physical Activity | Diabetes Matters: Medicare                                  | Sports Medicine Program: Why Does My Shoulder Hurt?                     |
| 8:30 PM<br>8:30 AM   |                                                                         |                                                                         |                                                                         | 11th Annual Women's Health Conference: Patient's Playbook               | Palliative Care Series: Palliative Care Demystified              | Diabetes Matters: The History of Diabetes                   | Diabetes Matters: Medicare                                              |
| 9:00 PM<br>9:00 AM   |                                                                         | Nerve Compression Disorders of the Arm                                  | Diabetes Matters: Reading Food Labels: The Latest Updates               | The Patient's Playbook Community Forum: Getting to the No-Mistake Zone  | Inside Washington Hospital: The Green Team                       | Minimally Invasive Surgery for Lower Back Disorders         | (Late Start) Early Detection & Prevention of Female Cancers             |
| 9:30 PM<br>9:30 AM   | Diabetes Matters: Managing Time with Diabetes                           | Kidney Transplants                                                      | Diabetes Matters: Living with Diabetes                                  | Colon Cancer: Prevention & Treatment                                    | Superbugs: Are We Winning the Germ War?                          | Palliative Care Series: How Can This Help Me?               | Reach Your Goal: Quit Smoking                                           |
| 10:00 PM<br>10:00 AM | (Late Start) Meatless Mondays                                           |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |
| 10:30 PM<br>10:30 AM | New to Medicare? What You Need to Know                                  | 11th Annual Women's Health Conference: Meditation                       | Minimally Invasive Options in Gynecology                                | Don't Let Hip Pain Run You Down                                         | New to Medicare? What You Need to Know                           |                                                             | (Late Start) Knee Pain & Arthritis                                      |
| 11:00 PM<br>11:00 AM |                                                                         |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |
| 11:30 PM<br>11:30 AM |                                                                         |                                                                         |                                                                         |                                                                         |                                                                  |                                                             |                                                                         |

# Washington Hospital Mobile Health Clinic Helps Santa Rosa Patients

North Bay fires devastate health center needed by Santa Rosa residents

The October firestorm that devastated Santa Rosa and the North Bay carved a destructive path into many areas. The Santa Rosa Community Health Center's (SRCHC) largest clinic (with 56 exam rooms) was severely damaged, forcing its closure. In a few short hours, 24,000 of SRCHC's 50,000 patients lost the place where they receive comprehensive primary care and mental health services. Washington Hospital responded to the urgent call to help the health center provide care for their patients.

Washington Hospital is lending their Washington on Wheels (WOW) mobile health clinic to SRCHC while they work to implement their recovery plan. "Washington Hospital has a steadfast commitment to providing quality health care to all in need, so when Santa Rosa reached out for help, it was an easy decision to loan them our van," says Washington Hospital CEO Nancy Farber.

The 36-foot WOW medical unit normally provides an array of quality health care services to uninsured and underserved patients in the Washington Township Healthcare District regardless of immigration status or ability to pay. "Our dedication to bringing health services to our own community also applies to supporting our North Bay neighbors," says Patti Coffey, the WOW clinic manager. "We're happy to pitch in and help serve Santa Rosa's patients in their time of need."

Washington on Wheels, staffed by a licensed nurse practitioner under the direction of Washington Hospital physician Steven Curran, MD, provides these services for children, adults and seniors:

- Physical exams
- Health screenings for blood pressure, cholesterol and glucose levels for diabetes
- Immunizations

- Prescriptions to treat high blood pressure, non-insulin-dependent diabetes mellitus and high cholesterol
- Health education
- Health insurance counseling referral
- Occupational medicine

Although the WOW van will be in Santa Rosa for the next two to three months, Tri-City residents who depend

on it will still have access to quality care. For primary care, patients can call the Tiburcio Vasquez Health Center (TVHC) at (510) 471-5880 or visit [www.tvhc.org](http://www.tvhc.org) for information about their eight primary care clinics located throughout Hayward, Union City and San Leandro. TVHC provides care to the underserved, regardless of immigration status or ability to pay.

For life-threatening emergencies, patients should go to the nearest emergency room or call 9-1-1.

"We never lose sight of our Mission as a leader in providing quality health care to our community and to others in desperate need," says Farber. "Our entire staff, doctors and volunteers are consistently guided by our Patient First Ethic, which applies to our community as well as to patients in Santa Rosa."



The Washington on Wheels (WOW) mobile health clinic will soon be traveling to assist the Santa Rosa Health Center who lost their main campus in the North Bay fires.



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# Community Thanksgiving meal set



SUBMITTED BY SIMON WONG

Everyone is welcome at the Hayward Community Thanksgiving Meal set for Thursday, Nov. 23 in Hayward. The event will include a traditional turkey meal, dessert, refreshments and fellowship. Hosted for more than 30 years by The Salvation Army Hayward, the dinner attracts about 2,000 people each year.at The Salvation Army Hayward, 430 A. St.

Wish to volunteer for this event? Please contact Captain Kyna Kelley at [Kyna.Kelley@usw.salvationarmy.org](mailto:Kyna.Kelley@usw.salvationarmy.org)

Corps Officers Captains John Kelley & Kyna Kelley, Hayward Corps Advisory Council members, staff and volunteers look forward to welcoming and serving you this year.

Community Thanksgiving Meal  
Thursday, Nov. 23  
11:30 a.m. — 1:30 p.m.  
The Salvation Army Hayward  
430 A St., Hayward  
(510) 581-6444  
[Kyna.Kelley@usw.salvationarmy.org](mailto:Kyna.Kelley@usw.salvationarmy.org)

# Give. Share. CARE!

SUBMITTED BY  
NANNETTE MIRANDA

Give. Share. CARE! Holiday Drive 2017 will assist local food banks in feeding millions of Californians still struggling with hunger. According to the California Association of Food Banks, an average of one in eight residents still doesn't know where his or her next meal will come from. Out of those 5 million experiencing food insecurity in our state, about 40% of those are children.

To help boost donations to local food banks during the holiday season, Lucky Supermarkets and FoodMaxx stores will once again hold their annual Holiday Give. Share. CARE! Drive, making it easier for shoppers to donate. At check-out, customers can tear off a coupon and hand it to the cashier.

- \$2 feeds one person breakfast
- \$3 feeds one person lunch
- \$5 feeds one person dinner

The coupon shoppers choose will be added to their grocery bill, and the tax-deductible contribution will be noted on their receipt. 100% of all donations go to the local food bank assigned to each store.

Last year, our Holiday campaign brought in more than \$326,000 collectively from our more than 200 stores for about 30 food banks throughout California and Northern Nevada. Donations at checkout begin Wednesday, November 15 and will end December 26.

We're encouraging donors to share their giving spirit on social media by using the hashtags: #LuckyGiving or #FoodMaxxGiving.

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**[tricityvoice@aol.com](mailto:tricityvoice@aol.com)**

## Talented writers shine in Flash Fiction Contest

**SUBMITTED BY AL MINARD**

Sudiksha Vaidyanathan is this year's Flash Fiction Writing Contest winner with "Posthuman." Second Place went to "The Goodbye Hug" by Richard Lau with 26 votes. There was a three-way tie for third place for third place: The Vampire and the Spy, by Madhu Kaval; "The Dog President" by Daniel Sloop; and, "Pick Your Future" by Lavanya M. Sundar.

Thanks to the creative writers who sent in submissions, volunteers who made this happen, and those that voted. Flash Fiction was supported by Half-Price Books providing space, coffee and \$75 in Gift Certificates, and Nothing Bundt Cakes, donating cake squares.

### Posthuman

*Emotions.*

*Feelings.*

I am different.

I am one of the few.

The few who have not forgotten the Emotion of Before.

A place of Happiness. Anticipation. Stress.

The procedure had not worked on me, like it had on the others. It has left them blank, and unfeeling.

But, I am one of the Disturbed; those who react differently. Who see and feel the world differently.

Who feel Emotion.

At times, like when I had gone to the annual carnival, I had felt it.

A rush of something so bitter sweet and enticing pumping through my nerves. Adrenaline, like a jet plane, rushing through me, awakening me.

*They had called it Excitement.*

Or when I had lost my favorite blue hat in a store.

A hard lump pressing against my throat, a salty wetness cloistering around my eyes, and the urge to shed the water and throw myself into someone's arms.

*The had called it Sadness.*

The wanting, while going hiking, to venture further into the cave, a sort of clearing of every

sensible thought in my head.

*Recklessness.*

And when Celia had won a medal of excellence; the fixation of my mind on causing her distress, and wiping the smile from her face. The hardening of my heart, causing me to smash her trophy down.

*The green monster. Jealousy.*

Emotion.

Everytime, something new, something distinct.

The called me different, they called me mad. The people of 4019 had always ostracized the Disturbed.

But I did not care. This Emotion had always intrigued me. Had always had my mind tugging myself forward to know more. The wanting-no, needing-to dig just a little further, a little deeper.

They had called it Curiosity.

Oh, how did I get so emotional, like the humans we vanquished.

*Feelings.*

*Emotion.*

## Fremont News Briefs

**SUBMITTED BY  
CHERYL GOLDEN**

**Fremont taking  
Rent Review Board  
applications**

The City of Fremont seeks applicants for its newly created Rent Review Board. In October 2017, the City Council created a rent review program to replace the existing Residential Rental Housing Dispute Resolution Ordinance (RRIDRO) and established a Rent Review Board to review rent increases that exceed five percent in any one year. The Board will consist of two members who are landlords owning rental units within the City of Fremont, two Fremont tenants, and one neutral Fremont resident. Applications are due by December 22, 2017. For more information, and to download an application, visit [www.Fremont.gov/RentReview](http://www.Fremont.gov/RentReview)



**Senior Helpline**

The City of Fremont has always had a special place in its heart for its senior residents. And one of our unique services is the Fremont Senior Helpline, available in English, Farsi, Spanish, and Mandarin.

The Fremont Senior Helpline offers information and referral to a wide array of programs specifically for those over the age of 60, including care management services for frail seniors, caregiver support and emotional and mental health services. Last year, the Senior Helpline responded to more

than 1,800 calls.

While calls typically come in from seniors themselves, we also get plenty of calls from professional staff in the community, neighbors, pastors, and family members living locally as well as in other areas. The hours of operation are Monday through Friday from 9:30 a.m. to 4:30 p.m. If you cannot reach someone immediately, please leave a voice message and your call will be returned in less than one business day.

To reach Fremont's Senior Helpline, call (510) 574-2041.

## Volunteers repair home of 84-year-old veteran

**SUBMITTED BY ANDREA BEASLEY**

On November 10, as part of a national effort to improve 100 homes for veterans, Wells Fargo and Habitat for Humanity volunteered to improve the home of 84-year-old Frank Fallentine, a veteran living in Hayward.

Volunteers provided senior-friendly accommodations and beautified Fallentine's home with landscaping, painting and home repairs. The Oakland native spent several years serving in the

U.S. Armed Forces in Japan and Korea during the Korean War.

Wells Fargo has a longstanding history of supporting military members and veterans through initiatives to recruit and retain team members, and through foundation donations, countless volunteer hours, and event sponsorship. In 2016, the bank donated more than \$19.5 million to nonprofit organizations serving the needs of the military, veterans, and their families



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Continued from page 2

**During the Holidays,  
Are You Stuck  
Between a  
Jingle Bell Rock  
and a Hard Place?**  
*Advice for coping with  
holiday 'blues' and anxiety*



- Keep holiday expectations reasonable. Sometimes women assume that they must take care of all holiday responsibilities, but it can help to share that burden. Not everything has to be perfect. Instead of organizing and preparing every aspect of a holiday gathering by yourself, consider a “pot-luck” celebration, with others contributing to the meal. Let the kids help with wrapping presents for their teachers or others.
- If you are coping with the loss of a loved one, be compassionate with yourself and don’t isolate yourself. Other people around you are likely to be going through similar emotions. Seek the support of people who care about you and share your grief, asking them how they are coping.
- Be open to invitations for events you enjoy, but recognize that it’s OK to decline when you have too much going on. You should be able to say “no thank you” without feeling guilty or offending anyone.
- Make taking care of yourself a priority, getting enough exercise and maintaining a good diet.

Organize your activities and have a reasonable “to-do list” broken down into small, achievable goals. When possible, spend some time outdoors in nature. A walk in the park can be a great stress buster.

- Don’t deny yourself occasional holiday treats, but be aware that too many “goodies” may result in guilt or remorse later. Before attending a holiday party where lots of high-calorie foods and desserts will be served, consider eating a sensible, healthy meal beforehand.
- If you will be alone for the holidays, consider calling or visiting other people you know who will also be alone. You also might volunteer to serve meals to the needy, perform other community service, or connect with a community organization or spiritual group that reflects your interests.
- Don’t overindulge in alcohol, especially if you are depressed. Alcohol is often misconstrued as something that will put you in a festive mood. Remember, it is a depressant. Be sure to drink a glass of water before indulging in a second

alcoholic beverage.

- Cultivate a sense of gratitude and focus on those things for which you are grateful. Where one area of your life is not as you would want it, some other area probably is. Write a list of the good aspects of your life, and review the list whenever you are feeling worried or sad.

If your anxiety or depression continues for more than a couple of weeks and interferes with your daily life, you may benefit from professional help.

“When self-help measures haven’t been successful, people may need help to overcome anxiety or depression,” Dr. Sehgal explains. “Medications might help, but medications alone may not be the only answer. A skilled therapist can provide guidance that is very effective in teaching people new techniques for coping with anxiety or depression.”

If you need help finding a physician, visit [www.mywtmf.com](http://www.mywtmf.com) and click on “Find a Doctor,” or go to [www.whhs.com](http://www.whhs.com) and click on “Find Your Physician.”

# Scouts gather food donations to benefit the needy

**ARTICLE AND PHOTOS  
SUBMITTED BY  
BRIAN WYNN**

Newark Cub Scout Pack 441, along with many other Cub Scout Pack and Boy Scout Troops, took part in the Boy Scouts of America Annual National Scouting for Food program on Saturday, Nov. 11.

Twelve cub scouts from Pack 441 walked through residential streets for five hours and knocked on hundreds of doors asking for

canned food donations. Scouts, ages 6 to 9, experienced slammed doors, ornery neighbors, dog bites, and a head wound requiring hospital attention, but fortunately not serious. Ultimately, the cub scouts gathered 1,587 cans and received \$48 in cash donations which were given to the Viola Blythe Community Service Center in Newark.

The cub scouts and their parents should be proud of their efforts because it takes bravery,

fortitude, energy, and compassion to walk those miles and knock on all those doors to engage their neighbors and community to give back a little to those who may need it more.

The cub scouts from Pack 441, along with all scouts across the nation participating in the food drive were Super Heroes that day.



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## Regulators approve first digital pill to track patients

By MATTHEW PERRONE  
ASSOCIATED PRESS  
HEALTH WRITER

WASHINGTON (AP), U.S. regulators have approved the first drug with a sensor that alerts doctors when the medication has been taken, offering a new way of monitoring patients but also raising privacy concerns.

The digital pill approved Nov. 14 combines two existing products: the former blockbuster psychiatric medication Abilify — long used to treat schizophrenia and bipolar disorder — with a sensor tracking system first approved in 2012.

The technology is intended to help prevent dangerous emergencies that can occur when patients skip their medication, such as manic episodes experienced by those suffering from bipolar disorder.

But developers Otsuka Pharmaceutical Co. and Proteus Digital Health are likely to face hurdles. The pill has not yet been shown to improve patients' medication compliance, a feature that insurers are likely to insist on before paying for the pill. Additionally, patients must be willing to allow their doctors and caregivers to access the digital information.

These privacy issues are likely to crop up more often as drug makers and medical device companies combine their products

with technologies developed by Silicon Valley. Experts say the technology could be a useful tool, but it will also change how doctors relate to their patients as they're able to see whether they are following instructions.

"It's truth serum time," said Arthur Caplan, a medical ethicist at NYU's Langone Medical Center. "Is the doctor going to start yelling at me? Am I going to get a big accusatory speech? How will that interaction be handled?"

The technology carries risks for patient privacy too if there are breaches of medical data or unauthorized use as a surveillance tool, said James Giordano, a professor of neurology at Georgetown University Medical Center. "Could this type of device be used for real-time surveillance? The answer is of course it could," said Giordano.

The new pill, Abilify MyCite, is embedded with a digital sensor that is activated by stomach fluids, sending a signal to a patch worn by the patient and notifying a digital smartphone app that the medication has been taken.

The FDA stressed however that there are limitations to monitoring patients. "Abilify MyCite should not be used to track drug ingestion in 'real-time' or during an emergency," the statement said, "because detection may be delayed or may not occur." Patients can track their dosage on their smartphone and allow

their doctors, family or caregivers to access the information through a website.

In a statement issued last May at the time the FDA accepted submission of the product for review, the companies said "with the patient's consent, this information could be shared with their health care professional team and selected family and friends, with the goal of allowing physicians to be more informed in making treatment decisions that are specific to the patient's needs."

While it's the first time the FDA has approved such a pill, various specialty pharmacies and hospitals in the U.S. have previously "packaged" various drugs and sensors. But the federal endorsement increases the likelihood that insurers will eventually pay for the technology.

Drug makers frequently reformulate their drugs to extend their patent life and to justify raising prices. For instance, Otsuka already sells a long-acting injectable version of Abilify intended to last for one month. The patent on the original Abilify pill expired in 2015.

The Japanese drug maker has not said how it will price the digital pill. Proteus Digital Health, based in Redwood City California, makes the sensor.

Merrill Hartson in Washington contributed to this report.

## Compassion Network hosts Winter Warming Center

SUBMITTED BY CITY OF FREMONT

The Warming Center is a life-saving program that opens as needed between November and March when overnight weather forecasts call for heavy precipitation or low temperatures of 40 degrees or colder. Last year, the warming center served a total of 271 unduplicated homeless persons ranging in age from 6 months to 81 years, for a total of 2,067 night-stays. Please consider donating according to the wish list below.

• Shower: used, clean bath towels (no dish/hand towels or washcloths)

- Clothing: Unisex sweat suits (M, L, XL in dark colors) New or gently used ok, but must be clean.
- Other: U-shaped bike locks, plastic tarps (6' x 10')

Please bring donations to Compassion Network at the Fremont Resource Center, 39155 Liberty St, #H840. You can call the Network at (510) 796-7378. Regular hours are Monday through Thursday 10 a.m. to 4 p.m. (closed noon to 1 p.m.) and Friday, 10 a.m. to 2 p.m. Thanksgiving week hours are Monday and Tuesday, 10 a.m. to 4 p.m. (closed noon to 1 p.m.), Wednesday 10 a.m. to noon, closed Thursday and Friday.

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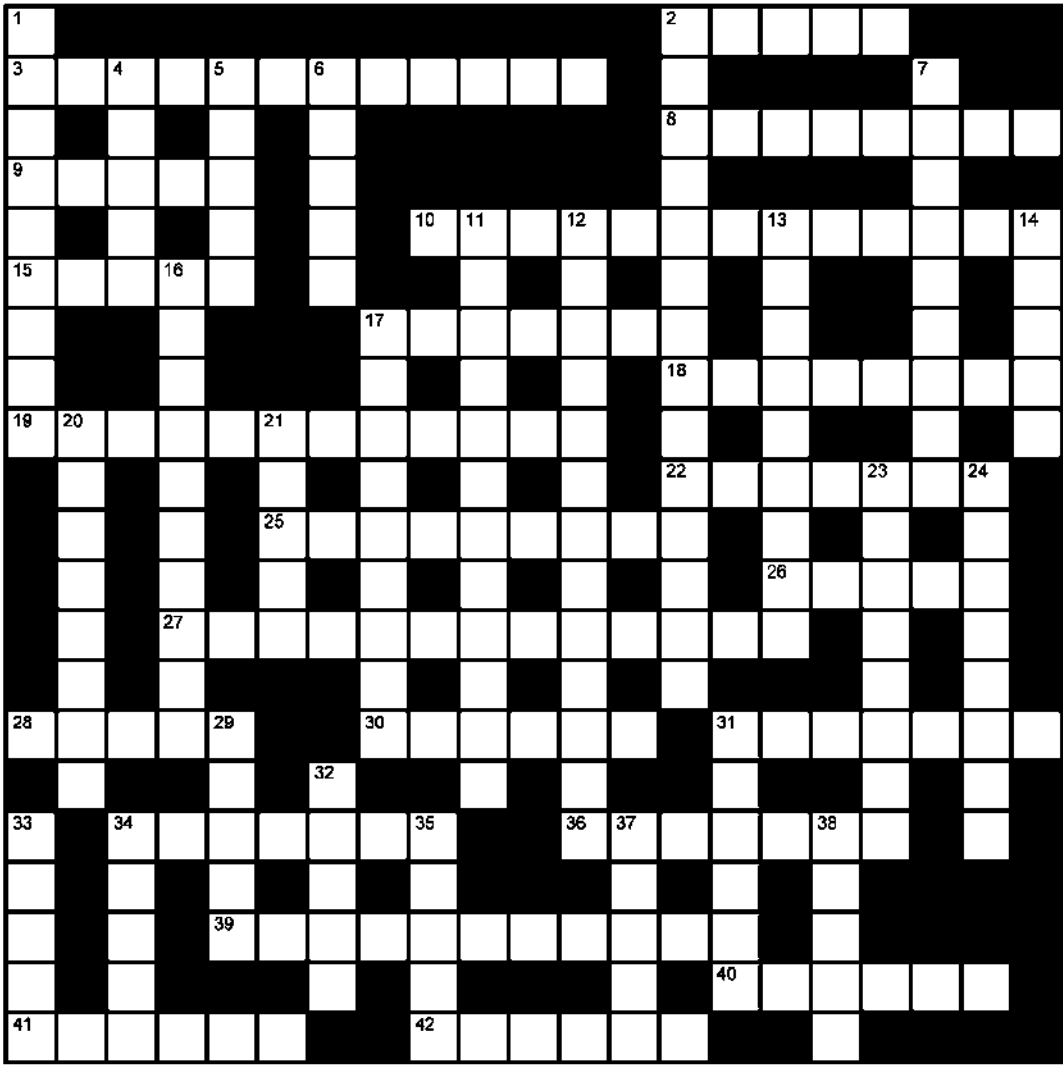
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# Mind Twisters

## Crossword Puzzle



- Across

2 "You \_\_\_ kidding!" (5)

3 Some rats are raised in them (12)

8 Kind of band (8)

9 Kind of battery (5)

10 Kind of terminal (13)

15 Kind of pain (5)

17 Asks to join in (7)

18 Often buried or lost (8)

19 Large scale maker (12)

22 Tailored (7)

25 Wichita to Topeka direction (9)

26 Too interested (5)

27 Cast-off category (13)

28 "The possession of fools": Herodotus (5)

30 Less taxing (6)
- 31 Non-native (7)

34 Some appearances (7)

36 Abuts upon (7)

39 New job necessity (11)

40 Imperial measure (6)

41 Seat of power (6)

42 Opened wide (6)

Down

1 Pupil site (9)

2 Current government (14)

4 Pork \_\_\_\_\_ (5)

5 Bucolic (5)

6 Panzers, e.g. (5)

7 Representative, as a dish (9)

11 Notwithstanding (12)

12 Amusement (13)

13 Postures bellicosely (9)

14 Cake part (5)

16 Inured (10)

17 Meddle (9)

20 "Anytime, Anyday, \_\_\_\_\_" (Cole tune) (8)

21 Some wedding guests (5)

23 Fidgety (8)

24 the "D" in DST (8)

29 Accessory (5)

31 Veneer (6)

32 Puts up a tent (5)

33 Mature (5)

34 Dog tag datum (5)

35 With a deadpan look (5)

37 Antipasto morsel (5)

38 American symbol (5)
- ## Sudoku:
- Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.
- 
- 
- 
- ## Tri-City Stargazer FOR WEEK: NOVEMBER 22 - NOVEMBER 28
- For All Signs: On Thanksgiving Day, November 23 in the United States, it is notable that the Moon is ‘Void Of Course.’ Morning activities may be quieter than expected, with everyone tending to his or her own routine. Watch the shift in energy after 3:14 p.m. from quiet to active when the Moon enters the sign of Aquarius. I have noted that it is a real effort to get anything social off the ground while the Moon is Void but as it shifts into the next sign people stir around
- again. Both Thursday afternoon and Friday have favorable aspects and lend themselves to holiday revelry. This year the big party day is likely to be Saturday, with lots of favorable connecting aspects. Save some energy for the weekend activities.
- Aries the Ram (March 21-April 20):** This is a powerful time to consider your spiritual purposes. It is all too easy for the maya, the things of the world, to overwhelm every waking minute, leaving no time for the higher goals. If you notice fatigue, disappointment, or depression at this time, stop. Any of these symptoms represent a message to be still and listen for the Voice deep within your soul.
- Taurus the Bull (April 21-May 20):** Events of this week trigger your sense of compassion and draw you into the need to assist in the healing of another. As you live into this experience, you will discover that having compassion also heals you. Your spirit is lifted. Don't ignore the call.
- Gemini the Twins (May 21-June 20):** Don't overindulge over the holiday. Too much food or drink will not feel so good on the day after. Over the weekend you will have fun and interesting things to do. Whatever you do related to communications or education is favored. Your wit is sharp and quick.
- Cancer the Crab (June 21-July 21):** This traditional holiday week is likely to be fairly quiet for you. There is little activity among the planets to ruffle your feathers or create unexpected surprises. Whatever your plans are for the holiday will very likely come off without a squeak or a hitch.
- Leo the Lion (July 22-August 22):** Your attention is shifting into the areas of children, recreation, personal creativity, and romance. You are ready for playtime and likely to be thinking about what fun activities you can generate. Attend parties and social occasions to expand the emphasis of this aspect. Artistic efforts yield good results.
- Virgo the Virgin (August 23-September 22):** It is more than likely that you will spend this holiday weekend at home with family members or good friends. I realize anyone could say that, of course. But your horoscope particularly emphasizes home, hearth, and family related activities. Enjoy!
- Libra the Scales (September 23-October 22):** You may have the good fortune to be the right
- person in place at the right time. You can assist another who is in need of emotional healing. The encounter may prove to be a two-way street. As you seek to help, a gift of the heart is likely to be given to you. If you seek healing for yourself, you will find the right source.
- Scorpio the Scorpion (October 23-November 21):** The asteroid Vesta has recently moved into your sign. It will be with you until the end of January. The name Vesta is borrowed from the Vestal Virgins of Rome. Female children were committed to tend the flame from age 6 to around 30. They were allowed to do little else. You may become devoted to someone or something of value during this period.
- Sagittarius the Archer (November 22-December 21):** You are likely to encounter a fresh scrape of a very old wound, perhaps even one from adolescence. Chiron, the “wounded healer” is crossing your path. Chiron was the first half man, half horse in the pantheon who was not wild. He was rejected because he did not fit into the gods’ idea of who or
- what he should have been. You are familiar with rejection. It is a consequence of taking your soul path.
- Capricorn the Goat (December 22-January 19):** You may feel pressured by circumstances to take control of a situation. Or perhaps you only fear that others will not handle the situation as well as you can. You are dangerously close to letting your ego run the game. Please spend some time in contemplation of what is the “right” thing to do before you act.
- Aquarius the Water Bearer (January 20-February 18):** You likely will take care of those who are needy for this holiday. That will not be the only thing you do,
- but it will be the thing you remember about this holiday. Your power of concentration is deep at this time. It is important that you use it for the good in your life rather than in self-criticism and obstructive thinking.
- Pisces the Fish (February 19-March 20):** Your primary ruling planet turns direct this week after several months of retrograde activity. This suggests that you may choose to put yourself in gear and begin to move forward for the next few months. You can stop treading water now and begin to direct your life better. It is time to take yourself more seriously.
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Continued from page 1

# Niles

## Parade & Tree Lighting

ARTICLE AND PHOTOS BY  
VICTOR CARVELLAS

The idea that Christmas might not come underpins many a holiday tale. More unthinkable would be the disappearance of the Niles Festival of Lights Parade—and it almost happened.

“Because of the world we live in,” says Parade Coordinator for the Niles Merchant Association, Marie Dear, “the City of Fremont

decided we needed more police security. Last year we had 11 officers, but this year they wanted 27.”

She understands the need, though. “My dad was a police officer,” says Dear, “and I understand that they want to watch each other’s backs.” The decision to place so many officers in the short four-and-a-half block stretch is due to the growth of the crowds each year. Estimates place the size of last year’s attendance at

25,000 to 35,000 visitors. “It’s bigger than the Fourth of July parade,” says Dear. “You have to remember where it’s at,” she says, “Niles has that nice atmosphere for an old-time holiday.”

Money was the biggest obstacle to putting on the parade. The Merchants Association could afford only three more officers, not to mention the cost of deploying the new barriers as seen at this year’s Fremont Art and Wine Festival.

“All those things cost money,” says Dear. “For a while we weren’t sure we would be able to afford to put on the parade this year.

Luckily, Washington Healthcare came to the rescue as the main sponsor of this year’s event.

Hopefully, the police will have little to do. “Let’s all be adults,” says Dear, “and not fight over viewing spots. This is for the kids.”

“With all the work and the money problems,” she says,

“every year I say this is going to be it, but the first time I see a child smile I say okay, it’s all worth it.” This year marks the 16th annual production of the Festival of Lights.

Every year the Niles Merchants Association puts on Spring Fever and Hot August Niles, two popular car shows that help fund the parade. Dear also puts on a fundraising Christmas tea at her home where the public is invited to enjoy some refreshments and take in the extensive collection of antiques. It happens December 1 through December 3 by reservation only.

In addition to the more than 50 anticipated floats, bands, tap-dancing Christmas trees, dancing presents, decorated vehicles, and who knows what (possibly Star Wars Stormtroopers), Santa will be on hand for pictures next to the Merchant Association train car. The live band that has played

the parade for years, the Hot Rods, has retired, but a DJ will provide plenty of holiday cheer. Mayor Lily Mei will be on hand for the tree lighting at 6 p.m.

Come early to find parking. Niles Boulevard will be closed off at 4 p.m. For more information, visit [www.nilesfestivaloflightsparade.org](http://www.nilesfestivaloflightsparade.org).

For information on Christmas Tea at Marie Dear’s residence, call Dear at (510) 552-6034 or Morning Glory Antiques at (510) 790-3374.

**Niles Festival of Lights Parade**  
**Friday, Nov 24**  
**6:00 p.m.: Tree lighting**  
**(Niles Town Plaza)**  
**6:30 p.m.: Parade begins**  
**Downtown Niles**  
**Niles Blvd between F St & J St**  
**(510) 552-6034**  
**[www.nilesfestivaloflightsparade.org](http://www.nilesfestivaloflightsparade.org)**

# Smile! Thanksgiving dinner and family portrait

SUBMITTED BY DIONICIA RAMOS

The Hayward Adult School is sponsoring a Thanksgiving dinner for families in need on Tuesday, Nov. 21, followed by a sitting for a free family portrait.

The annual event started four years ago after a case manager for a local organization was approached by a young student who revealed that they had never experienced a traditional Thanksgiving holiday event. Just over 20 students participated in the inaugural dinner which has grown over the years to more than 150 participants.

Today, volunteers, local businesses and community partners give their time and resources to make this event possible. Hayward city leaders, district staff and first responders will be on hand to serve meals and share dinner with needy families. Admission is free and open to Hayward Unified School District children and their families.

**Thanksgiving Dinner and Family Portrait**  
**Tuesday, Nov. 21**  
**6:45 p.m. – 9 p.m.**  
**Hayward Adult School Cafeteria**  
**22100 Princeton St., Hayward**  
**(510) 784-2600**  
**Free**

# Silent Night - A living Nativity

Five living scenes from the Nativity story and a petting zoo

SUBMITTED BY LORI BECKER

Prince of Peace Church offers a unique experience for those seeking a meaningful holiday season or who wish to learn more about an ancient story, cherished by many around the world. The nativity scenes along the Fremont Blvd. side of the church are staged structures with living actors and livestock. The five scenes include: The Annunciation, No Room at the Inn, Angels & Shepherds, The Nativity Scene and The Wise Men. Come enjoy some free refreshments, warm drinks and a petting zoo. Everything is free! Parking is in the back of the church.

**Living Nativity**  
**Friday, Dec 1 – Sunday, Dec 3**  
**6 p.m. – 8 p.m.**  
**Prince of Peace Church**  
**38451 Fremont Blvd**  
**(510) 793-3366**  
**[www.popfremont.org](http://www.popfremont.org)**  
**Free**

# Toy drive and car meet ‘For the Kids’

SUBMITTED BY UNION CITY PD

The New Haven Teachers Association, Alameda County Fire District, and Union City Police Officers Association invite the public to join them in their 13th Annual “For The Kids” Toy Drive and Car Meet. This car meet is open to all makes and model cars (trucks, imports, euro, domestic, lowrider) Please bring a new unwrapped toy to donate. Come out, have some fun, and help families in need during this holiday season. See you there!

**For the Kids**  
**Sunday, Dec 10**  
**11:00 a.m – 3:00 p.m.**  
**James Logan High School parking lot**  
**1800 H St, Union City**  
**Free admission and free car spaces**  
**For more information email Charmaine Banther, [chanther@nhusd.k12.ca.us](mailto:chanther@nhusd.k12.ca.us)**

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- [www.candlelighters.com](http://www.candlelighters.com)

League of Volunteers  
host annual

Thanksgiving Dinner

SUBMITTED BY  
SHIRLEY SISK

Joining hands and hearts again this year, the League of Volunteers (LOV) is working with local Tri-City service organizations to insure a wonderful Thanksgiving, complete with good food and fellowship. The feast and festivities are for all those who would spend the day alone or who do not have the resources, either money or shelter, to enjoy a traditional Thanksgiving Day meal.

Last year 3,626 meals were served either at the Newark Pavilion or to the homebound in Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, and Castro Valley. Those who come to the Newark Pavilion for the meal on Thanksgiving Day, Thursday, November 23, will enjoy an afternoon of good food, entertainment, and children's crafts. In addition, we will try to give a free box of food to every family, depending on donations received. For those who are homebound, meals will be delivered to Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, and Castro Valley. Many of these are

Meals on Wheels clients who really appreciate a hot Thanksgiving Day meal and a little companionship. For homebound meals, call Assistant Executive Director Harold Colon at (510) 793-5683.

Food donations and monetary donations to purchase what is not donated are very welcome. For current food needs, call LOV; checks, made payable to LOV and marked "for Thanksgiving," should be mailed to 8440 Central Ave., Suite A/B, Newark, California, 94560. Donations are tax deductible.

There are many opportunities to give of yourself this holiday. From November 20 through November 24, you can cook a turkey or ham, carve, prepare dressing or mashed potatoes, bake pies, deliver homebound meals, pick up donations, pack food boxes, set tables, decorate, serve dinner, clean up and more.

For more information, call (510) 793-5683 or visit [www.lov.org](http://www.lov.org)

**LOV Thanksgiving Dinner**  
**Thursday, Nov 23**  
**12:30 p.m. – 4:00 p.m.**  
**Newark Pavilion**  
**6430 Thornton Ave, Newark**  
**(510) 793-5683**  
**[www.lov.org](http://www.lov.org)**



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**How to apply:** Submit your application by going to:  
[www.Edjoin.org](http://www.Edjoin.org) -or -  
[www.Fremont.k12.ca.us](http://www.Fremont.k12.ca.us)

**Details:** Type 1 Bus Drivers will need type 2 certification to drive a 15-passenger school bus, and Type 2 Bus Drivers will need type 1 certification to drive an 85 passenger school bus.

- QUESTIONS?**
- **For Employment Questions, call HR at 510-659-2556**
  - **For Questions on Training or Qualifications, call Transportation at 510- 657-1450**

Gold Star Memorial

SUBMITTED BY MICHAEL EMERSON

Everyone is invited to attend a dedication of the Gold Star Families Memorial Monument to honor and remember our fallen military veterans and their families. Ceremonies include posting of the U.S. flag colors and gun salute by Guards from the American Legion, Veterans of Foreign Wars and American Veterans. Gold Star Families Memorial designer and Medal of Honor recipient Hershel "Woody" Williams, U.S. Marine Corps WWII Battle of Iwo Jima will address attendees. For more information and donations, please contact Michael L. Emerson at: [MLEmerson@aol.com](mailto:MLEmerson@aol.com).

**Gold Star Families Memorial Monument dedication**  
**Saturday, Dec 2**  
**1 p.m.**  
**Lone Tree Cemetery**  
**24591 Fairview Ave., Hayward**  
**(510) 582-1274**

Gold medal skater visits seniors



SUBMITTED BY GUS NODAL

Olympic gold medalist and Hayward-native (and Mission San Jose HS, Fremont alumna) Kristi Yamaguchi visited On Lok Lifeways' Peralta PACE Center in Fremont on October 26 to meet



with local seniors. Kristi also surprised her mother Carole Yamaguchi, who along with ten other seniors from the

Union City and Castro Valley Senior Centers, performed Hawaiian Hula dance routines for the On Lok Lifeways senior

participants. Kristi's sister Lori Yamaguchi, who is executive director of Kristi's Always Dream Foundation was also in attendance.

On Lok Lifeways, a comprehensive health plan that provides long-term care for eligible seniors living in Fremont and other parts of the San Francisco Bay Area, features a year-round calendar of recreational, social and cultural activities. Additionally, the program offers full medical care and support services with the goal of helping seniors live at home and in the community for as long as possible.



# Artist Walk Grand Opening



SUBMITTED BY  
KATHY KIMBERLIN

You're invited! Join us Thurs Nov. 30th to celebrate the opening of the beautiful new 185-unit Artist Walk apartments with a walking-street paseo and 30,000 square feet of retail.

There will be a ribbon-cutting with city officials, chamber of commerce members, local and area businesses, and residents. Enjoy light refreshments and art installations from Fremont artists. Afterwards, enjoy the festivities at the Grand Opening Celebration, featuring Artist Walk's luxury apartment residences, initial ground floor retailers, local painters and artists in the spacious community room, and an array of food trucks from which we will host a lunch item and a dessert.

Located in Fremont's historic Centerville District, Artist Walk's 185 residences include 1- and 2-bedroom apartments. Amenities include a public courtyard, large water fountain and a 1,900-square-foot private

community room available to residents for art exhibits and meeting space. The apartments feature in-unit washer/dryers, nine-foot ceilings and private balconies. Residents also have access to a business center, clubhouse, resort-style pool, pet spa and bicycle maintenance room.

Artist Walk is breathing life into an evolving community. In many ways it's the main street of a new exciting urban district: a hub close to major employers and place for hard-working families, artists, foodies, and cultural enthusiasts to experience the best of Silicon Valley right where they live.

**Artist Walk Grand Opening**  
**Thursday, Nov 30**  
**10:30 a.m. Ribbon-cutting**  
**11:30 a.m. – 1:30 p.m.**  
**Grand Opening Celebration**  
**3888 Artist Walk Common**  
**at Fremont Blvd**  
**For more information,**  
**call Blake|Griggs Properties**  
**(925) 575-8737**  
**Free**

# Sew 'n Sews

SUBMITTED BY  
WINDA I. SHIMIZU

John O'Lague Galleria presents "Favorites from the Sew 'n Sews," a unique exhibit presenting an array of sewing techniques, exotic textiles, and creative use of the artists' daily experiences portrayed in their quilts.

Eight artists and 58 quilts comprise this colorful show by the Sew 'n Sews, a mini group of the African American Quilt Guild of Oakland (AAQGO). Featured artists are Blanche Brown, Dolores Vitero Presley, Carolyn Pope, Julia Vitero, Norma Mason, Pat Bailey, Marylin Handis, and Ann Robinson.



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Yoko Young, choreographer

& Fremont Opera Orchestra  
David Sloss, conductor

Saturday, December 9 at 2 PM  
Saturday, December 9 at 8 PM  
Sunday, December 10 at 2 PM

[www.fremontopera.org](http://www.fremontopera.org)  
(510) 659-6031

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Sew 'n Sews was established 12 years ago with the purpose of sewing and supporting each other in their creative endeavors. The "Favorites from Sew 'n Sews" show promotes camaraderie and the power of creativity. "We are honored to accept an invitation from Hayward Arts Council to display our favorite quilts at John O'Lague Galleria at the Hayward City Hall. Every quilt tells a story," expressed Dolores Vitero Presley.

Visitors will have fun tracking the results of the Sew 'n Sews "Whisper Challenge 2014-15," a version of the old telephone

game. During the "Whisper Challenge" one artist created a fabric image. The next created another image based on what she perceived the message/image of the first artist to be, and each member created an image in turn.

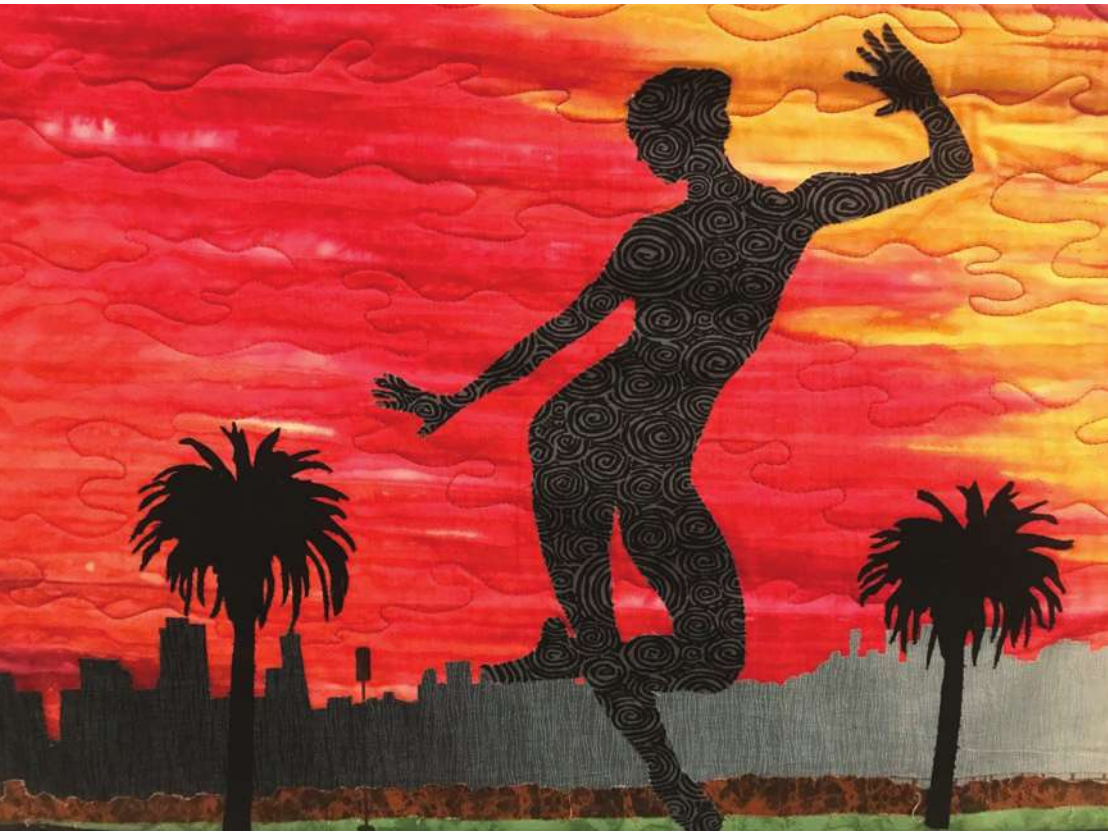
"Favorites from the Sew 'n Sews" will be on display from November 20 through February 9, 2018. Join us for the artists' reception on Friday, December 1 at the John O'Lague Galleria. "Favorites from the Sew 'n Sews" is an exhibit sponsored by the Hayward Arts Council. Visit [www.haywardarts.org](http://www.haywardarts.org)

[dartsCouncil.org](http://dartsCouncil.org) for more art exhibits and events.

**Favorites from the Sew 'n Sews**  
**Monday, Nov 20 – Friday, Feb 9**  
**8:30 a.m. – 4:30 p.m.**

**Artists' Reception:**  
**Friday, Dec 1**  
**5:30 p.m. – 7:30 p.m.**

**John O'Lague Galleria**  
**Inside City Hall**  
**777 B St, Hayward**  
**(510) 538-2787**  
[www.haywardartsCouncil.org](http://www.haywardartsCouncil.org)



Sew 'n Sews quilters. Back row: Blanche Brown, Dolores Vitero Presley, Carolyn Pope, and Julia Vitero; Front row: Norma Mason, Pat Bailey, Marylin Handis, and Ann Robinson.

# Trees of Angels Tree Lighting Ceremonies



SUBMITTED BY SHANNON ANTEPENKO

Washington Hospital Healthcare Foundation’s annual “Trees of Angels Tree Lighting Ceremonies” kick off the holiday season on Friday, November 24 at the Niles Festival of Lights Tree Lighting and Parade. Now in its 22nd year, the tree lightings support high quality hospice and palliative care in the Tri-Cities, ensuring comfort and dignity to those in need.

The tree lightings are a wonderful time to honor a loved one and mingle with fellow community members while enjoying entertainment, refreshments, and raffle at each event. The original tree, located at the Bernardin Family McDonalds at Highway 680 and Mission Boulevard in Fremont, is adorned each year with thousands of lights forming angels, doves, and stars.

Contributions to this crucial healthcare program are greatly appreciated. Donations will ensure that all of our neighbors have access to local hospice and palliative care for their loved ones.

“We hope you will join us for these joyous community events. They are a great way to kick off the holiday season and benefit a wonderful cause. We thank our generous Harmony Sponsors, Albert and Marsha Badella and the Fremont Bank Foundation for making these events possible,” said Helen Kennedy, President of the Washington Hospital Healthcare Foundation.

For more information or to make a charitable donation, contact the Foundation at (510) 791-2328 or email [foundation@whhs.com](mailto:foundation@whhs.com).

### Trees of Angels Tree Lighting Ceremonies

Friday, Nov 24  
6:00 p.m.  
Niles Festival of Lights Tree Lighting and Parade  
Niles District, Fremont

Monday, Nov 27  
6:00 p.m.  
McDonalds Restaurant  
42800 Mission Blvd, Fremont

Thursday, Nov 30  
5:30 p.m.  
Washington West  
2500 Mowry Ave, Fremont

Monday, Dec 4  
6:30 p.m.  
Newark City Hall  
37101 Newark Blvd, Newark

Friday, Dec 8  
6:00 p.m.  
Union City City Hall  
34009 Alvarado-Niles Rd, Union City



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2ND PRIZE \$100

3RD PRIZE \$50

Open to all residential addresses in the 94538 zip code.  
All light contest entries must be submitted by Dec 10.  
Winners will be announced Dec. 17.

# Home & Garden

## Cold season herbal allies



Flowering mints

ARTICLE AND PHOTOS  
SUBMITTED BY LALITHA  
VISVESWARAN

It is that time of year when chill in the air can penetrate skin and muscles and even bones. Like gnarly claws of a witch, it can creep up to squeeze your heart cold. But it isn't a witch, it's just Mother Nature reminding us that seasons are shifting, and we must prepare ourselves and our bodies like plants and animals do.

This is the time to bundle up and stay warm. It is the time to pick roots, leaves, seeds and cones strewn on what might not be exactly forest floor, but maybe your backyard. The earth is going to rest and so should you.

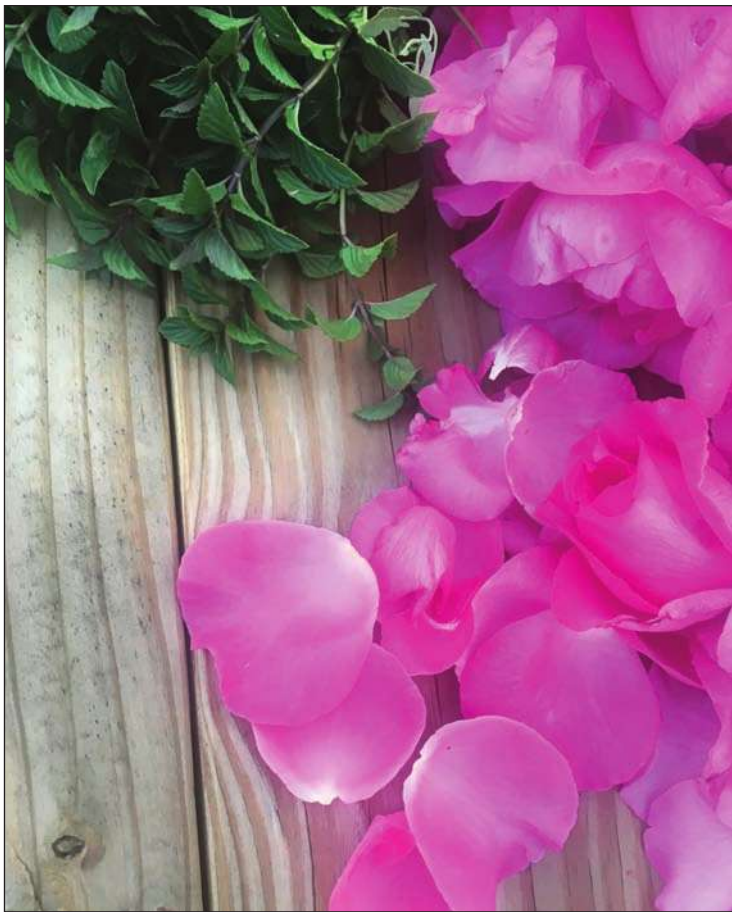
When the nip in the air challenges our bodies and then our spirit, reach for time-tested comforting syrups. They are potent and also delicious. They can be an acute remedy, but I suggest them as preventatives. Berries and herbs, honey and spices, the solution can be at hand but always consult your physician or healer when ill. Having said that, try to boost immunity and support for our bodies that work so hard for us!

This is the time when leaves swirl and fall gently for their final rest under the canopy of trees. They are great as mulch,

protecting the trees' root zone when frost might visit. It is okay to borrow a few for some kitchen medicine.

### Mulberry tree leaves

These leaves are my favorite for any kind of respiratory ailment. They are particularly good when the lungs are healing from smoke inhalation. Dry



Mint and rosepetals

them and crumble them into an air-tight container. Use them as you would an herbal tea mix. You can also partly dry them and infuse them in a 1:1 sugar syrup. If you choose to use honey instead of sugar, be sure to clean and dry the leaves completely.

### Rose hips

These are chockful of vitamin C that is so helpful for keeping colds and other seasonal ills at bay. Add about a handful of roughly chopped rosehips to four cups of water. Boil water to a nice noisy roil, then turn down heat to simmer it down. When the water has evaporated until only about one cup is left, turn heat off and filter the plant material. Add equal amount of honey and refrigerate. Take a tablespoon every day!

Do note that rosehips have tiny irritant "hairs." Filter them thrice and maybe through a muslin cloth or coffee filter to ensure that there is nothing irritating to your throat.

### Conifer needles

Conifer needles are high in vitamins, antioxidants, flavonoids, and minerals. Douglas fir is my favorite conifer to use. The cones, needles, and twigs are all good. Do make sure that all plant material is clean and from an unpolluted place.

There are many variations to this syrup, but my favorite for this season is a conifer fennel seeds crushed ginger tonic. The formula remains the same: one cup of fresh mixed plant material with four cups of water brought to a boil and then to a simmer until its



Honeysuckle

1/4 original volume. Add equal amounts of honey to the strained herbal liquid. I also like to add orange slices or rosehips for that extra boost of vitamin C and for the taste and color! It is perfect after those pants straining holiday meals to help with digestion.

### Mint and lemon balm syrup

Sometimes we just need to breathe easy and nothing is better than a whiff of mint. Magical mint with lemon balm is sure to calm the spirits. I like to add dried or fresh rosehips. You don't have to search especially hard for rosehips; the little bulbous bottom of a spent rose in your garden will do. Make sure that it's ripened and red. Fresh works well for all our syrups. Do not use any plant material that has been sprayed with chemicals like pesticides or anything that is not suitable to be ingested.

### Eucalyptus

We have a surfeit of eucalyptus in our cities. It isn't a native species and was brought here from Australia because it was fast growing. It has since become invasive. But its benefits are many, especially to the respiratory system as its volatile oils open any phlegmatic passages. I like to tie a bunch of eucalyptus leaves in the shower and let it slowly moisten the steam. Do be careful not to use it directly on skin or strew it in the bathtub. The volatile oils are almost half the constituents in the leaves. Steam gently releases it in the air we breathe. Always use

caution and check for allergies before indulging in any of the above ideas.

### Honeysuckle flowers

Fresh honeysuckle flowers steeped as a tea and sweetened with honey is a good cough syrup. For a hoarse voice and achy throat, add licorice. For mucus and phlegmy condition, marshmallow leaves. Leaves, twigs, and flowers of honeysuckle are all medicinal except the shiny black berries – those are toxic.

Personally, I love the fragrance of honeysuckle. Nothing compares to it; it is truly magical. That it helps with a stubborn cough is a bonus. If you don't have access to fresh honeysuckle you can purchase it from reputable herbal suppliers. You can dry them or make a batch of cough syrup with the flowers and keep it in the fridge.

For quality online commercial herb suppliers, go to [www.frontiercoop.com](http://www.frontiercoop.com), [www.starwest-botanicals.com](http://www.starwest-botanicals.com), and [www.mountainroseherbs.com](http://www.mountainroseherbs.com).

Stay healthy and let this season of rest give us all a chance to revive and rejuvenate before we face another year full of possibilities!

*Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark where she grows vegetables, herbs, flowers, and lavender.*  
[www.jelliclesfarm.com](http://www.jelliclesfarm.com),  
[www.facebook.com/jelliclesfarm](http://www.facebook.com/jelliclesfarm),  
[www.instagram.com/jelliclesfarm](http://www.instagram.com/jelliclesfarm)

## THE ACWD CONNECTION

### District Staff Lend Support in North Bay Fire Relief Efforts

ACWD gives thanks this holiday season to the emergency responders who assisted our northerly neighbors during one of the worst fire disasters in the state's history.

When ACWD was contacted to provide mutual assistance during the October wildfires that scorched Sonoma and Napa counties, there were several staff members who stepped up to offer support --- engineers, emergency preparedness personnel, facilities maintenance, and other staff. Although experts in the operations of a water utility, ACWD employees are considered Disaster Service Workers, along with many other government employees. With a wide-breadth of knowledge, government personnel may be called upon to offer assistance in local, state or national emergency relief. Based on skill-set and the need at the time, two ACWD personnel were asked to report to the Sonoma County Emergency Operations Center (EOC) Logistics Team.

Jacob Reed and Dan Stevenson each worked 12-hour shifts for 11 and 14 days, respectively. Their work in the EOC, and eventually Recovery Operation Center, included dispatching transportation and overseeing Commodity Points of Distribution to disperse supplies, water, personal protective equipment, and resources to residents returning home.

Lending support to our neighbors not only relieved Sonoma County personnel, many of which lost their homes to the fires, but it provided ACWD staff with real-world emergency training so we can be better prepared locally should a disaster strike. This experience has strengthened the interagency relationship of ACWD and Sonoma County benefiting us all. To learn more about the Sonoma County fire relief efforts, visit: [www.sonomacountyrecovers.org/](http://www.sonomacountyrecovers.org/)



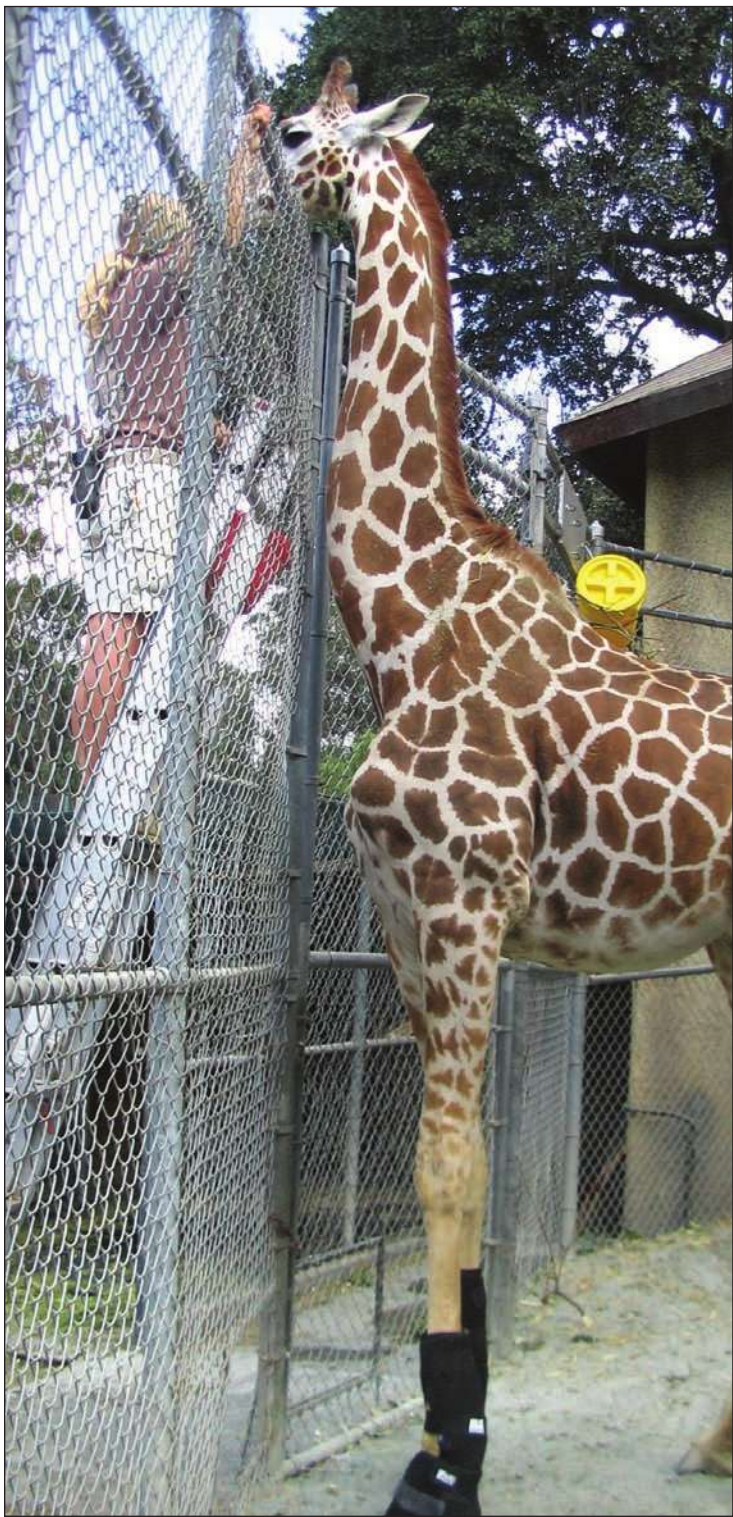
**ACWD Wishes You a Safe and Happy Thanksgiving**



Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



# Oakland Zoo mourns loss of beloved *Giraffe*



At 28, Tiki reached age 95 in 'equivalent giraffe years.

ARTICLE AND  
PHOTOS SUBMITTED  
BY ERIN HARRISON

For decades the public has enjoyed stories about Tiki (short for T'Keyah), most notably her need for a custom-made coat back in 2008, when she was already considered geriatric by giraffe standards and needed protection from the cold, so she could socialize with her herd-mates outside her heated barn during winter.

Born at Oakland Zoo in 1989, Tiki was one of the oldest living giraffes in captivity. In recent months, ongoing medical issues, including ringbone arthritis that affected her feet, back and neck, compromised her quality of life to the point where zoo veterinarians made the decision that euthanizing her would be the humane decision.

Tiki proved herself a great mother and grandmother, birthing five healthy calves over the years. Two of the calves have moved to other zoos, while the other three have remained at Oakland Zoo (daughter, Twiga, and two sons, Benghazi and Balthazar). Not only had she raised five calves on her own, she also nurtured and helped raise seven additional calves within her herd here.

On her impact on the 'giraffe community' of researchers, scientists, and zookeepers worldwide, Tiki began developing medical issues at the age of fourteen that required Oakland Zoo zookeepers to think "outside the box" of traditional giraffe management in animal care. An unprecedented training methodology evolved that was previously assumed giraffes were incapable of learning.

Tiki demonstrated that giraffes are smart, very much capable of learning, and practicing patience — she would voluntarily participate in hoof trimming, and for her neck and back issues resulting from arthritis she received a combination of regular acupuncture, chiropractic care, massage therapy and traditional Western medicine.

"T'Keyah was unique, everyone who met her fell in love with her instantly. Through her patience and gentle presence, she was a great teacher to us all, said Jessica Real, Senior Giraffe Keeper at the Oakland Zoo. "Real added: "She broke the barriers of what were standard practices in giraffe care. Articles were published in countries around the world, shedding new light on what was possible for giraffes in human care. She'll be deeply missed."



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| CASTRO VALLEY   TOTAL SALES: 11 |       |                     |     |      |       |          |
|---------------------------------|-------|---------------------|-----|------|-------|----------|
| Highest \$: 1,050,000           |       | Median \$: 905,000  |     |      |       |          |
| Lowest \$: 315,000              |       | Average \$: 830,136 |     |      |       |          |
| ADDRESS                         | ZIP   | SOLD FOR            | BDS | SQFT | BUILT | CLOSED   |
| 18844 Almond Road               | 94546 | 919,000             | 5   | 2355 | 1949  | 09-29-17 |
| 18193 Carmel Drive              | 94546 | 315,000             | 3   | 1440 | 1962  | 09-29-17 |
| 19069 Gliddon Street            | 94546 | 843,500             | 3   | 1264 | 1953  | 09-29-17 |
| 4345 Gregory Street             | 94546 | 710,000             | 3   | 1745 | 1962  | 09-29-17 |
| 2479 Lessley Avenue             | 94546 | 658,000             | 3   | 1236 | 1948  | 09-29-17 |
| 5340 Proctor Road               | 94546 | 980,000             | 3   | 2120 | 1966  | 10-05-17 |
| 2552 Ridge Crest Court          | 94546 | 950,000             | 4   | 2244 | 2000  | 09-29-17 |
| 18631 Vineyard Road             | 94546 | 1,050,000           | 3   | 1987 | 1962  | 09-29-17 |
| 19951 Clement Drive             | 94552 | 905,000             | 3   | 1808 | 1984  | 10-03-17 |
| 19498 Mt. Lassen Drive          | 94552 | 880,000             | 4   | 2278 | 1988  | 10-02-17 |
| 20018 Shadow Creek Cl           | 94552 | 921,000             | 4   | 2130 | 1998  | 10-02-17 |
| 20716 Waterford Place           | 94552 | 651,000             | 3   | 1794 | 1981  | 09-26-17 |

| FREMONT   TOTAL SALES: 36 |       |                       |     |      |       |          |
|---------------------------|-------|-----------------------|-----|------|-------|----------|
| Highest \$: 2,380,000     |       | Median \$: 997,000    |     |      |       |          |
| Lowest \$: 405,000        |       | Average \$: 1,047,639 |     |      |       |          |
| ADDRESS                   | ZIP   | SOLD FOR              | BDS | SQFT | BUILT | CLOSED   |
| 35817 Augustine Place     | 94536 | 1,110,000             | 3   | 1590 | 1970  | 10-03-17 |
| 35693 Chaplin Drive       | 94536 | 1,495,000             | 4   | 2675 | 1978  | 10-03-17 |
| 38694 Country Terrace     | 94536 | 450,000               | 2   | 1003 | 1979  | 10-04-17 |
| 3353 Foxtail Terrace      | 94536 | 405,000               | 2   | 750  | 1986  | 10-02-17 |
| 4366 La Cosa Avenue       | 94536 | 1,075,000             | 3   | 1581 | 1962  | 09-29-17 |
| 38550 Mission Boulevard   | 94536 | 1,010,000             | 4   | 1904 | 1952  | 10-04-17 |
| 4489 Morgan Common        | 94536 | 1,030,000             | 3   | 2000 | 2008  | 10-05-17 |
| 4388 Nagle Way            | 94536 | 1,125,000             | 4   | 1661 | 1960  | 10-04-17 |
| 36525 Nasa Terrace        | 94536 | 705,000               | 4   | 1300 | 1971  | 09-29-17 |
| 3471 Pennsylvania Com     | 94536 | 620,500               | 2   | 944  | 1981  | 10-02-17 |
| 4635 Rothbury Com #66     | 94536 | 600,000               | 2   | 1140 | 1988  | 10-02-17 |
| 35155 Santiago Street     | 94536 | 847,000               | 3   | 1240 | 1965  | 10-02-17 |
| 38780 Tyson Lane #301C    | 94536 | 464,000               | 1   | 870  | 1982  | 10-03-17 |
| 1980 Barrymore Com #O     | 94538 | 485,000               | 2   | 882  | 1981  | 10-02-17 |
| 39356 Blacow Road         | 94538 | 950,000               | 3   | 1662 | 1959  | 10-03-17 |
| 5605 Butano Park Drive    | 94538 | 935,000               | 4   | 1324 | 1962  | 10-03-17 |
| 42780 Gatewood Street     | 94538 | 1,290,500             | 4   | 1860 | 1959  | 09-29-17 |
| 4439 Gina Street          | 94538 | 700,000               | 3   | 1325 | 1955  | 09-29-17 |
| 3675 Kay Court            | 94538 | 1,245,000             | 3   | 1232 | 1955  | 10-02-17 |
| 4625 Margery Drive        | 94538 | 901,000               | 3   | 1456 | 1959  | 09-29-17 |
| 3816 Nolan Terrace        | 94538 | 675,000               | 3   | 1338 | 1981  | 09-29-17 |
| 5618 Statrice Common      | 94538 | 582,000               | 2   | 850  | 1994  | 09-29-17 |
| 4282 Stevenson Blvd       | 94538 | 1,065,000             | 4   | 1997 | 1958  | 10-02-17 |
| 4662 Stevenson Blvd       | 94538 | 875,000               | 3   | 1148 | 1959  | 10-05-17 |
| 40231 Strawflower Way     | 94538 | 997,000               | 4   | 1614 | 1994  | 09-29-17 |
| 41329 Thurston Street     | 94538 | 1,205,000             | 3   | 1731 | 1961  | 10-04-17 |
| 40370 Canyon Heights Dr   | 94539 | 2,380,000             | 4   | 4183 | 1975  | 10-02-17 |
| 44441 Chantecler Court    | 94539 | 2,332,000             | 5   | 3075 | 1991  | 10-02-17 |
| 329 Dana Street           | 94539 | 1,765,000             | 4   | 2814 | 1953  | 10-04-17 |
| 328 Ohlones Street        | 94539 | 1,385,000             | 3   | 1944 | 1953  | 09-29-17 |
| 564 Shoshone Court        | 94539 | 1,606,000             | 4   | 2091 | 1973  | 10-02-17 |
| 200 St. Henry Drive       | 94539 | 1,560,000             | 3   | 1803 | 1957  | 09-29-17 |
| 42074 Via San Gabriel     | 94539 | 1,410,000             | 3   | 1502 | 1963  | 10-05-17 |
| 99 Wenatchee Common       | 94539 | 715,000               | 3   | 1170 | -     | 09-29-17 |
| 32959 Lake Wawasee St     | 94555 | 555,000               | 2   | 960  | 1971  | 10-03-17 |
| 5388 Shamrock Com         | 94555 | 1,165,000             | 4   | 1857 | 1990  | 10-04-17 |

| HAYWARD   TOTAL SALES: 28 |       |                     |     |      |       |          |
|---------------------------|-------|---------------------|-----|------|-------|----------|
| Highest \$: 1,110,000     |       | Median \$: 628,000  |     |      |       |          |
| Lowest \$: 375,000        |       | Average \$: 639,411 |     |      |       |          |
| ADDRESS                   | ZIP   | SOLD FOR            | BDS | SQFT | BUILT | CLOSED   |
| 23703 Amador Street       | 94541 | 550,000             | 4   | 1757 | 1951  | 10-05-17 |
| 2526 Hermosa Terrace      | 94541 | 430,000             | 3   | 975  | 1949  | 10-04-17 |
| 19799 Kennedy Park Pl     | 94541 | 667,000             | 3   | 1550 | 2004  | 10-02-17 |
| 22773 Lorand Way          | 94541 | 834,000             | 5   | 2851 | 1949  | 10-04-17 |
| 3195 Madsen Street        | 94541 | 720,000             | 4   | 2110 | 2011  | 09-29-17 |
| 22822 Optimist Street     | 94541 | 435,000             | 3   | 1079 | 1950  | 09-29-17 |
| 430 Palmer Avenue         | 94541 | 628,000             | 3   | 1726 | 2012  | 10-02-17 |
| 22801 Paseo Place         | 94541 | 562,000             | 3   | 1595 | 2004  | 09-29-17 |
| 2968 Pickford Way         | 94541 | 697,500             | 3   | 1229 | 1962  | 09-29-17 |
| 3399 Saddle Drive         | 94541 | 710,000             | 4   | 1786 | 1964  | 09-29-17 |
| 20979 Tabua Court         | 94541 | 950,000             | 5   | 2016 | 1962  | 09-29-17 |
| 28560 Barn Rock Drive     | 94542 | 1,110,000           | 4   | 3046 | 1992  | 10-03-17 |
| 27905 Edgecliff Way       | 94542 | 696,000             | 4   | 2035 | 1970  | 10-05-17 |
| 26937 Hayward Blvd #230   | 94542 | 575,000             | 3   | 1713 | 1982  | 10-02-17 |
| 27789 Pleasant Hill Ct    | 94542 | 805,000             | 6   | 2650 | 1968  | 10-03-17 |
| 763 Beryl Place           | 94544 | 375,000             | 3   | 1080 | 1953  | 10-05-17 |
| 31292 Birkdale Way        | 94544 | 615,000             | 3   | 1423 | 1955  | 09-29-17 |
| 25416 Brooks Way          | 94544 | 460,000             | 3   | 952  | 1950  | 10-03-17 |
| 24074 Dotson Court        | 94544 | 700,000             | 4   | 1476 | 1952  | 10-04-17 |

|                        |       |         |   |      |      |          |
|------------------------|-------|---------|---|------|------|----------|
| 30987 Faircliff Street | 94544 | 695,000 | 3 | 1078 | 1955 | 09-29-17 |
| 26323 Jane Avenue      | 94544 | 529,000 | 3 | 1086 | 1952 | 09-29-17 |
| 27821 Mandarin Ave     | 94544 | 550,000 | 3 | 1264 | 1954 | 10-02-17 |
| 26909 Patrick Avenue   | 94544 | 650,000 | 4 | 1492 | 1960 | 10-04-17 |
| 26340 Stanwood Ave     | 94544 | 465,000 | 3 | 1059 | 1952 | 10-03-17 |
| 315 Victoria Place     | 94544 | 750,000 | 3 | 1938 | 2015 | 09-29-17 |
| 1501 Hayden Street     | 94545 | 670,000 | 3 | 1467 | 2015 | 10-03-17 |
| 26772 Jamaica Lane     | 94545 | 600,000 | 3 | 1153 | 1958 | 10-05-17 |
| 21109 Gary Drive #214  | 94546 | 475,000 | 2 | 1070 | 1981 | 10-05-17 |

| MILPITAS   TOTAL SALES: 14 |       |                      |     |      |       |          |
|----------------------------|-------|----------------------|-----|------|-------|----------|
| Highest \$: 1,325,000      |       | Median \$: 1,000,000 |     |      |       |          |
| Lowest \$: 590,000         |       | Average \$: 959,679  |     |      |       |          |
| ADDRESS                    | ZIP   | SOLD FOR             | BDS | SQFT | BUILT | CLOSED   |
| 859 Alisal Court           | 95035 | 745,000              | 4   | 2496 | 1988  | 10-30-17 |
| 2021 Conway Street         | 95035 | 850,000              | 3   | 900  | 1960  | 10-23-17 |
| 905 Decoto Court           | 95035 | 1,325,000            | 3   | 2217 | 1979  | 10-27-17 |
| 1566 Ellis Avenue          | 95035 | 1,036,000            | 3   | 1584 | 1962  | 10-23-17 |
| 435 Galaxy Court           | 95035 | 640,000              | 3   | 1240 | 1970  | 10-27-17 |
| 1511 Hidden Creek Ln       | 95035 | 1,092,000            | 3   | 2413 | 2017  | 10-27-17 |
| 1570 Hidden Creek Ln       | 95035 | 1,050,000            | 3   | 2318 | 2017  | 10-27-17 |
| 1588 Hidden Creek Ln       | 95035 | 1,097,000            | 3   | 2413 | 2017  | 10-27-17 |
| 1225 Mente Linda Loop      | 95035 | 800,000              | 2   | 1371 | 2007  | 10-23-17 |
| 269 North Temple Dr        | 95035 | 590,000              | 2   | 976  | 1970  | 10-25-17 |
| 1536 Sonoma Drive          | 95035 | 1,200,000            | 4   | 1737 | 1966  | 10-24-17 |
| 289 South Park Victoria Dr | 95035 | 970,500              | 5   | 2269 | 1967  | 10-25-17 |
| 1255 Sunrise Way           | 95035 | 1,040,000            | 4   | 1885 | 1969  | 10-27-17 |
| 701 Vida Larga Loop        | 95035 | 1,000,000            | 3   | 1772 | 2006  | 10-30-17 |

| NEWARK   TOTAL SALES: 7 |       |                     |     |      |       |          |
|-------------------------|-------|---------------------|-----|------|-------|----------|
| Highest \$: 1,127,000   |       | Median \$: 715,000  |     |      |       |          |
| Lowest \$: 621,000      |       | Average \$: 783,429 |     |      |       |          |
| ADDRESS                 | ZIP   | SOLD FOR            | BDS | SQFT | BUILT | CLOSED   |
| 36452 Blackwood Drive   | 94560 | 1,127,000           | 4   | 1908 | 1971  | 10-02-17 |
| 37375 Cherry Street     | 94560 | 676,000             | 3   | 792  | 1910  | 10-05-17 |
| 36341 Concord Street    | 94560 | 895,000             | 4   | 1700 | 1960  | 10-02-17 |
| 6722 George Avenue      | 94560 | 621,000             | 2   | 850  | 1947  | 09-29-17 |
| 6056 Madelaine Drive    | 94560 | 795,000             | 3   | 1880 | 1959  | 10-04-17 |
| 36830 Munyan Street     | 94560 | 715,000             | 4   | 1064 | 1955  | 10-05-17 |
| 5410 Port Sailwood Dr   | 94560 | 655,000             | 3   | 1647 | 1983  | 09-29-17 |

| SAN LEANDRO   TOTAL SALES: 17 |       |                     |     |      |       |          |
|-------------------------------|-------|---------------------|-----|------|-------|----------|
| Highest \$: 1,200,000         |       | Median \$: 630,000  |     |      |       |          |
| Lowest \$: 345,000            |       | Average \$: 653,235 |     |      |       |          |
| ADDRESS                       | ZIP   | SOLD FOR            | BDS | SQFT | BUILT | CLOSED   |
| 298 Begier Avenue             | 94577 | 650,000             | 2   | 1240 | 1929  | 09-29-17 |
| 683 Black Pine Drive          | 94577 | 645,000             | 3   | 1420 | 1989  | 10-03-17 |
| 1400 Carpentier St #318       | 94577 | 345,000             | 1   | 812  | 1983  | 09-29-17 |
| 794 Donovan Drive             | 94577 | 550,000             | 4   | 1292 | 1942  | 09-29-17 |
| 267 Durant Avenue             | 94577 | 630,000             | 3   | 1383 | 1926  | 09-29-17 |
| 2431 Fairway Drive            | 94577 | 1,200,000           | -   | 3105 | 1964  | 09-29-17 |
| 123 Farrelly Drive            | 94577 | 525,000             | 2   | 1310 | 1947  | 10-05-17 |
| 835 Kenyon Avenue             | 94577 | 690,000             | 2   | 1518 | 1948  | 10-04-17 |
| 1473 Montrose Drive           | 94577 | 710,000             | 3   | 1858 | 1956  | 09-29-17 |
| 604 Oakes Boulevard           | 94577 | 900,000             | 3   | 2109 | 1934  | 10-03-17 |
| 468 Linnell Avenue            | 94578 | 585,000             | 3   | 1014 | 1952  | 09-29-17 |
| 2190 Placer Drive             | 94578 | 560,000             | 3   | 1596 | 1940  | 09-29-17 |
| 2455 Ranspot Drive            | 94578 | 785,000             | 4   | 1729 | 1958  | 09-29-17 |
| 16710 Rolando Ave             | 94578 | 390,000             | 2   | 963  | 1940  | 09-29-17 |
| 16556 Severn Road             | 94578 | 555,000             | 2   | 1080 | 1968  | 10-03-17 |
| 2160 Sol Street               | 94578 | 620,000             | 2   | 1382 | 1947  | 10-03-17 |
| 1752 Hubbard Avenue           | 94579 | 765,000             | 5   | 1937 | 1954  | 09-29-17 |

| SAN LORENZO   TOTAL SALES: 1 |       |                     |     |      |       |          |
|------------------------------|-------|---------------------|-----|------|-------|----------|
| Highest \$: 625,000          |       | Median \$: 625,000  |     |      |       |          |
| Lowest \$: 625,000           |       | Average \$: 625,000 |     |      |       |          |
| ADDRESS                      | ZIP   | SOLD FOR            | BDS | SQFT | BUILT | CLOSED   |
| 16128 Via Walter             | 94580 | 625,000             | 3   | 1595 | 1956  | 10-03-17 |

| UNION CITY            |       | TOTAL SALES: 10     |     |      |       |          |
|-----------------------|-------|---------------------|-----|------|-------|----------|
| Highest \$: 1,275,000 |       | Median \$: 573,000  |     |      |       |          |
| Lowest \$: 400,000    |       | Average \$: 667,500 |     |      |       |          |
| ADDRESS               | ZIP   | SOLD FOR            | BDS | SQFT | BUILT | CLOSED   |
| 33132 7th Street      | 94587 | 573,000             | 3   | 1951 | 1959  | 10-02-17 |
| 34254 Arizona St #24  | 94587 | 655,000             | 3   | 1684 | 1982  | 09-29-17 |
| 33149 Basswood Ave    | 94587 | 692,000             | 3   | 1256 | 1957  | 09-29-17 |
| 32656 Brenda Way #2   | 94587 | 410,000             | 2   | 903  | 1973  | 10-05-17 |
| 243 Galano Plaza      | 94587 | 400,000             | 2   | 710  | 1985  | 09-29-17 |
| 4262 Las Feliz Court  | 94587 | 495,000             | 2   | 875  | 1972  | 09-29-17 |
| 34358 Perry Road      | 94587 | 1,275,000           | 3   | 2171 | 1954  | 10-03-17 |
| 34283 Pinnacles Drive | 94587 | 965,000             | 4   | 1881 | 2000  | 10-03-17 |
| 519 Tamarack Dr #24   | 94587 | 510,000             | 2   | 1072 | 1976  | 10-02-17 |
| 136 Teddy Drive       | 94587 | 700,000             | 3   | 1056 | 1958  | 10-04-17 |

Reduce Waste This Holiday Season

During the five weeks between Thanksgiving and New Year's Day household waste increases by more than 25%, according to the U. S. Environmental Protection Agency. This results in an additional one million tons of trash entering landfills each week. As the holiday season approaches, try taking a greener approach to the holiday routine using these simple solutions. Follow these simple steps and you're sure to end up on Santa's "nice" list.

- \* When hosting a party, **set the table with cloth napkins and reusable dishes, glasses, and silverware.** After parties, fill the dishwasher to capacity before running it. Fewer wash cycles means energy savings.
- \* **Compost food scraps and holiday greenery** in your organics cart. Include meats, seafood, eggs, cheese, grains, fruits, veggies, paper napkins, paper towels, paper plates, paper cups, coffee filters, tea bags, and pizza boxes.
- \* **Turn off or unplug holiday lights** during the day. Doing so will not only save energy, but will also help lights last longer.
- \* Be sure to **recycle e-waste** to make way for gifted new electronics.
- \* While out shopping be sure to **bring a few reusable shopping bags along.** Reusable shopping bags make a great gift too!

Helpful holiday tips from your friends at  **REPUBLIC SERVICES**



THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

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Thrifty & Fritter

Budgeting for the Holidays

Fritter, we're NOT going to go totally crazy during holiday shopping. We need to ...

Oh, Thrifty! Just LOOK at all the sparkly lights and decorations!

WAHOOOO!!! I'm gonna get THIS and THAT and THOSE and THESE and ...

Fritter, you really need a BUDGET!

Okay, but can you carry the budget? My arms are full!

A budget is a plan that helps you to spend **only** the amount of money you can **afford**.

**Shopping On A Budget**

Look at the things Jodi would like to buy for her family. She has \$50 budgeted for her holiday shopping. Make a list of the things she could buy on her budget.

| INCOME                   |      |
|--------------------------|------|
| Allowance                | \$15 |
| Shovel Snow              | \$20 |
| Run Errands for Elves    | \$15 |
| TOTAL:                   |      |
| EXPENSES                 |      |
| Carrot Sticks            | \$10 |
| Flying Lessons           | \$12 |
| Reindeer Games Entry Fee | \$10 |
| TOTAL:                   |      |

How much money does Thrifty have left over each month?

**THINK ABOUT IT:** What could Thrifty do to **save** more money each month?

Standards Link: Economics: Students understand basic concepts of managing money.

**Extra! Extra!**

**Holiday Party Time!**

Thrifty and Fritter are planning a holiday bash for family and friends. They have budgeted \$500 for the party!

They will need food, decorations and gifts. These are called **goods**.

They also need entertainment and perhaps folks to help set up and clean up. These are called **services**.

Look through today's newspaper and help Thrifty and Fritter find what they need. *Stay within their \$500 budget!*

| GOODS: | SERVICES: |
|--------|-----------|
|        |           |
|        |           |
|        |           |
|        |           |
|        |           |
|        |           |
|        |           |
|        |           |
|        |           |

Standards Link: Number Sense: Solve real-world problems involving computations with dollars and cents.

How many silly things can you find at this holiday party?

Standards Link: Investigation: Identify objects that fit into a category and those that do not belong.

 **Kid Scoop Together:**

**Count Your Cash!**

Fritter wants to buy each of the items below. Look at each item and its price. Figure out how he would pay for it. The first one is done for you.

Item: Pack of Cards

Price: \$2.50

To pay for it, I would use:

# of dollar bills: 2

# of pennies: 0

# of nickels: 1

# of dimes: 2

# of quarters: 1

Item: Crayons

Price: \$3.59

To pay for it, I would use:

# of dollar bills: 0

# of pennies: 0

# of nickels: 0

# of dimes: 0

# of quarters: 0

Item: Soccer Ball

Price: \$7.57

To pay for it, I would use:

# of dollar bills: 0

# of pennies: 0

# of nickels: 0

# of dimes: 0

# of quarters: 0

Item: Scarf

Price: \$3.90

To pay for it, I would use:

# of dollar bills: 0

# of pennies: 0

# of nickels: 0

# of dimes: 0

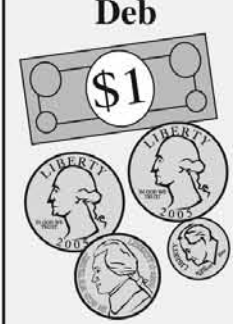
# of quarters: 0

Standards Link: Measurement: Students understand how different coins can be combined to equal the same amount.

**Kid Scoop Puzzler**

**Who bought what?** An ice cream cone costs \$1.50. A comic book is \$1.65. A deck of cards is \$1.10. Count each person's money to see what they bought.

Deb



Vanessa



Theresa



Standards Link: Mathematical Reasoning: Problem solving using money.

**Kid Scoop Word Search**

THRIFTY  
SPARKLY  
SMART  
BUDGET  
HOLIDAY  
SAVE  
PARTY  
COMIC  
SALE  
MONEY  
SPEND  
GIFTS  
COUNT  
TIME  
PLAN

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| T | S | Y | E | N | O | M | M | A | S |
| R | E | T | A | S | D | N | E | P | S |
| S | H | G | T | D | S | M | A | R | T |
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| U | I | D | O | E | L | A | S | G | E |
| T | N | U | O | C | P | L | A | N | T |

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

**What a Character!**

**Responsibility is ...**



... not spending more than you can afford on gifts.

**Kid Scoop VOCABULARY BUILDERS**

**This week's word:**  
**BUDGET**

The noun **budget** means a plan for how much money will be spent and earned during a certain time period.

Lisa stuck carefully to her **budget** and saved enough money for a new bike.

Try to use the word **budget** in a sentence today when talking with your friends and family.

**FROM THE Kid Scoop LESSON LIBRARY**

**New and Used**

Find five new items for sale in the newspaper. Chart the items and their prices. Can you find similar used items for sale? What is the difference in price? What are the advantages and disadvantages of buying new versus used?

Standards Link: Economics: Students demonstrate basic economic reasoning in terms of how individual economic choices involve trade-offs and the evaluation of costs and benefits.



What stays in bed most of the day but sometimes goes to the bank?

ANSWER: A river.

**Write On!**

**Start a Business**

If you could start a business, what would it be? Explain why you would like to start this business.



**Tuesday, Nov 14 – Sunday, Jan 7**

**Holiday Boutique**  
Tues: 11 a.m. – 3 p.m.  
Wed: 11 a.m. – 5 p.m.  
(December only)  
Thurs: 1 p.m. – 4 p.m.  
Fri – Sun: 11 a.m. – 5 p.m.  
*Handcrafted jewelry, ornaments, ceramics, paintings*  
Fremont Art Association  
37697 Niles Blvd., Fremont  
(510) 792-0905  
<https://www.fremontartassociation.org/>

**Friday, Nov 17 – Sunday, Dec 17**

**Holiday Boutique**  
11 a.m. – 5 p.m.  
*Handmade holiday gift items*  
Sun Gallery  
1015 E Street, Hayward  
(510) 581-4050  
[www.sungallery.org](http://www.sungallery.org)  
**Saturday, Nov 25**  
**Holiday Boutique**  
9 a.m. – 3 p.m.  
*Handmade gift items*  
Fremont Veteran’s Memorial Hall  
37154 Second St., Fremont  
[Karen@beausbridgeclub.org](mailto:Karen@beausbridgeclub.org)

**Saturday, Nov 25**

**Holiday Boutique**  
10 a.m. – 4 p.m.  
*Jewelry, clothing, holiday décor*  
Prize drawing for Disneyland tickets  
First Presbyterian Church  
35450 Newark Blvd., Newark  
[tricitymoms@yahoo.com](mailto:tricitymoms@yahoo.com)  
<http://www.tricitymoms.org/>

**Saturday, Dec 2**

**Holiday Boutique**  
11 a.m. – 3 p.m.  
*Handmade gifts, holiday décor*  
Holy Trinity Lutheran Church  
38801 Blacow Rd., Fremont  
[HolidayBoutique.NewarkRelay@gmail.com](mailto:HolidayBoutique.NewarkRelay@gmail.com)

**Sunday, Dec 3**

**Hanukkah Fair**  
11 a.m. – 2 p.m.  
*Gifts and food*  
Temple Beth Torah  
42000 Paseo Padre Pkwy, Fremont  
<http://www.bethtorah-fremont.org/>

**Friday, Dec 1 – Sunday, Dec 3**

**Holiday Art Show and Sale**  
Fri: 5:30 p.m. – 9:00 p.m.  
Sat & Sun: 10:00 a.m. – 5:00 p.m.  
Handcrafted ceramics, glass, paintings, jewelry and sculpture  
Olive Hyde Art Guild  
(510) 791-4357  
[www.olivehydeartguild.org](http://www.olivehydeartguild.org)

**Saturday, Dec 2**

**Holiday Boutique**  
9 a.m. – 3 p.m.  
*Artesian vendors, baked goods, trees and wreaths*  
American High School  
36300 Fremont Blvd., Fremont

**Saturday, Dec 2 – Sunday, Dec 3**

**Holiday Boutique**  
11 a.m. – 5 p.m.  
*Wearable art, jewelry, ceramics, glass*  
Newark Artists Open Studio Locations  
35911 Ruschin Dr., Newark  
36541 Cherry St., Newark  
6222 Thornton Ave., Newark  
(510) 794-3436  
[www.myartiststudio.com/open-studios-map.html](http://www.myartiststudio.com/open-studios-map.html)

**WIN CASH PRIZES!**  
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**SACBC BINGO**

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**6:30 pm** 4 **WARM-UP BINGO GAMES** **\$150 prize**  
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**[www.sacbc.org/bingo](http://www.sacbc.org/bingo)**



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# New Artist-in-Residence program announced

**SUBMITTED BY CHABOT SPACE & SCIENCE CENTER**

The rich intersections of art, science, and community will be explored in depth in Chabot Space & Science Center’s new Artist-in-Residence program, which kicks off with two artists who use science and community engagement in their work, Jacki Rust and Cere Davis. The program will officially roll out to the public with Rust’s interactive look at how the human eye perceives and creates color as part of Chabot’s popular First Fridays event on Friday, December 1. On Friday, January 5, new Artist-in-Residence Cere Davis will bring her interactive Water Organ to First Fridays for a sonic exploration of how and what we hear.

Art and science have much in common, especially in the areas of problem solving and exploration. Both call on artists’ and scientists’ human creativity and innate tinkering natures and use of the senses to observe and interpret. This commonality is the jumping off point for Chabot’s new Artist-in-Residence program, which will feature artists in-house creating or refining work and presenting it in interaction with the public.

A passion for cycling and art brought Jacki Rust to the Bay Area in 2009. Teaching art to dyslexic students has been a way for Rust to pass on learning techniques that help visual learners understand concepts. She also volunteers with students, particularly girls, to gain confidence and self-sufficiency through bike polo and cycling. Artistically, Rust creates surrealist paintings and pen and inks with whimsical and industrial themes.



Chabot Space & Science Artist-in-Residence Jacki Rust

The way the eye perceives color is an interesting and astounding process. Technology often replicates biology. Rust’s interactive learning piece at Chabot will break down the mechanics of the human eye, demonstrating how it has inspired technology. The participants will also learn about the nature of light and color how gains to better understand how painters mix color and paint the allusion of light. Each participant will contribute to a mural of a supernova with a tile they paint proceeding the exhibits. Scientists observe supernovas to gain information about what elements are present around the exploded star, elements that are found in the very paint we use. In this experience, the learner will hopefully gain more interest in not only art or science, but the beautiful dance between the two.

Cere Davis will be working with Chabot staff to bring her fantastic Water Organ to visitors. This kinetic piece explores how magnetized vessels create a chorus of sounds as they move through water in what she calls “meditative Koi pond behavior.” The idea began to materialize when Davis asked herself the intriguing question: If you could build a system that behaved in a spatially chaotic way, what would it sound like?

Davis grew up in parts of Washington and Alaska fascinated with physics and real-world manifestations of dynamic imbalance. As a child she enjoyed spending much of her recreational time at the local science center when she wasn’t ice skating or fixing her friends’ bikes. After spending a year at a research station at the South Pole, she moved to the Bay Area in

2013 where she began using her creative energy and professional background in physics and engineering to explore her passion for creating art which offers provocative yet improbable embodiments that are sometimes just beyond the practical reach of current technology. Davis’s aim is to invite fresh emotional perspectives and deeper scientific inquiry through exhibits which offer a playful counterbalance to our increasingly isolating and sterile urban environments.

She produces, collaborates, and participates in projects ranging from dance performance, science exhibits, and art festivals. Her works have shown in galleries, science festivals, conferences, and public outreach events throughout the U.S. Davis is a science educator and the

artistic director at Counter Culture Labs and a resident artist fellow at Manylabs in San Francisco, where she collaborates with scientists and artists to inspire scientific curiosity and participation through interactive art and critical making.

**\$5 First Fridays**  
**Friday, Dec 1**  
**6 p.m. – 10 p.m.**  
**Chabot Space & Science Center**  
**10000 Skyline Blvd, Oakland**  
**(510) 336-7300**  
**[www.chabotspace.org](http://www.chabotspace.org)**  
**Admission: \$5**



Chabot Space & Science Artist-in-Residence Cere Davis

# Tree lightings kick off the Christmas holiday

PHOTOS BY DON JEDLOVEC

Christmas lights are already twinkling in the night, but the season can't officially begin until tree lighting ceremonies take place! The Greater Tri-City area is ready for the jolliest of seasons with several holiday events filled with music and entertainment, hot beverages, games, community fellowship, and, of course, sparking lights on the Christmas tree.

**Castro Valley:**

Stop by Castro Village Shopping Center for tree lighting, live music, and free photos with Santa.

**Castro Village Christmas Tree Lighting**  
**Friday, Dec 1**  
**5:00 p.m. – 8:00 p.m.**  
**6:00 p.m. Tree Lighting**  
**Castro Village Shopping Center**  
**Castro Valley Blvd at Santa Maria Ave, Castro Valley**  
**www.castrovillage.com**

**Fremont:**

The Christmas season kicks off in Niles with the annual Festival of Lights Parade on the Friday after Thanksgiving. Sponsored by the Niles Merchants Association, this wonderful holiday tradition features over 60 unique floats and other entries, marching bands, specialty service units, costumed characters and of course, an appearance by the man himself – Santa Claus.



**Niles Festival of Lights Tree Lighting & Parade**  
**Friday, Nov 24**  
**6 p.m.: Trees of Angels Tree Lighting**  
**6:30 p.m.: Parade**  
**Downtown Niles**  
**Niles Blvd between F St & J St, Fremont**  
**(510) 552-6034**  
**www.nilesfestivaloflightspa-  
rade.org**

Washington Hospital Healthcare Foundation's annual Trees of Angels Tree Lighting Ceremonies celebrate the season while supporting high quality hospice and palliative care in the Tri-Cities, ensuring comfort and dignity to those in need. Donations will ensure that all of our neighbors have access to local hospice and palliative care for their loved ones. The original tree, located at the Bernardin Family McDonald's in Fremont, is adorned each year with thousands of lights forming angels, doves, and stars. Enjoy entertainment, refreshments, and raffle.

**Trees of Angels Tree Lighting Ceremony**  
**Monday, Nov 27**  
**6 p.m.**  
**McDonalds Restaurant**  
**42800 Mission Boulevard, Fremont**  
**(510) 791-2328**  
**www.whhs.com/foundation**



Washington Hospital Healthcare Foundation's annual Trees of Angels Tree Lighting Ceremonies celebrate the season while supporting high quality hospice and palliative care in the Tri-Cities, ensuring comfort and dignity to those in need. Donations will ensure that all of our neighbors have access to local hospice and palliative care for their loved ones. Enjoy entertainment, refreshments, raffle, and appearance by Santa and Mrs. Claus.

**Trees of Angels Tree Lighting Ceremony**  
**Thursday, Nov 30**  
**5:30 p.m.**  
**Washington West**  
**2500 Mowry Ave, Fremont**  
**(510) 791-2328**  
**www.whhs.com/foundation**

Mission San Jose Chamber and Robson Homes invite you to participate in their annual "Thank You" to the community. Fun for the entire family includes tree lighting, pictures with Santa Claus, fresh hot popcorn, hot chocolate, cookies, face painters, balloon makers, live music from Canyon Band, and StarStruck carolers. Come early to experience a well-attended community get together.

**Mission San Jose Christmas Tree Lighting**  
**Saturday, Dec 2**  
**5:00 p.m. – 7:30 p.m.**  
**5:00 p.m. – Live Music**  
**6:00 p.m. – Tree Lighting**  
**Old Mission Courtyard**  
**43417 Mission Blvd, Fremont**  
**http://msjchamber.org/events/c-  
hristmas-tree-lighting/**

Join us as we celebrate the beginning of the holiday season! Performance by local music groups. Free Santa Photos to the first 100 in line!

**Pacific Commons Tree Lighting Ceremony**  
**Saturday, Dec 2**  
**6:00 p.m. – 8:00 p.m.**  
**Pacific Commons Shopping Center**  
**By P.F. Chang's & Market Broiler**  
**(510) 770-9798**  
**http://www.pacificcommons.com**

**Hayward:**

Come join us in Downtown Hayward for our annual Light Up the Season event! There will be a tree lighting ceremony, live performances, fun games and rides, ice skating, and letters to Santa. Mr. and Mrs. Claus will also be at the event for kids and families to take pictures with in front of the tree.

**Light Up the Season**  
**Saturday, Dec 2**  
**3:30 p.m. – 6:30 p.m.**  
**Hayward City Hall**  
**777 B St, Hayward**  
**(510) 537-2424**  
**http://hayward.org**

**Milpitas:**

Celebrate the 30th anniversary of City of Milpitas' Tree Lighting Ceremony! The Milpitas Civic

Center will be transformed into a winter wonderland with snow, sparkling lights, holiday community trees and festive holiday decor. Spend the evening enjoying musical performances, light refreshments, dancing, live music, balloon artists, face painting, and the Dave & Buster's S'mores Pits! We're also expecting a very special visitor from the North Pole!

**Milpitas Tree Lighting Ceremony**  
**Friday, Dec 1**  
**6:30 p.m. – 8:30 p.m.**  
**Civic Center Plaza**  
**457 E. Calaveras Blvd, Milpitas**  
**(408) 586-3210**  
**www.ci.milpitas.ca.gov/**

**Newark:**

Washington Hospital Healthcare Foundation's annual Trees of Angels Tree Lighting Ceremonies celebrate the season while supporting high quality hospice and palliative care in the Tri-Cities, ensuring comfort and dignity to those in need. Donations will ensure that all of our neighbors have access to local hospice and palliative care for their loved ones. Enjoy entertainment, refreshments, raffle, and appearance by Santa and Mrs. Claus.

**Trees of Angels Tree Lighting Ceremony**  
**Monday, Dec 4**  
**6:30 p.m.**  
**Newark City Hall**  
**37101 Newark Blvd, Newark**  
**(510) 791-2328**  
**www.whhs.com/foundation**

**San Leandro:**

Downtown San Leandro welcomes all to its Holiday Tree Lighting and "It's A Wonderful Night" celebration on Friday, December 1. The San Leandro Improvement Association (SLIA) invites the community to kick-off the evening at 5:30 p.m. for the Holiday Tree Lighting in Estudillo Plaza and photos with Santa Claus in the plaza. Returning this year is the "Holiday Tree Lane," a row of artificial holiday trees donated by the SLIA and decorated by local San Leandro schools. "It's A Wonderful Night" will be a

magical winter wonderland filled with holiday entertainment, dancers and singers, holiday games, cookie decorating, interactive arts and crafts for kids and horse-drawn carriage rides.

**Holiday Tree Lighting & It's A Wonderful Night**  
**Friday, Dec 1**  
**5:30 p.m. – 9:00 p.m.**  
**Estudillo Plaza**  
**1301 E. 14th St, San Leandro**  
**(510) 281-0703**  
**www.downtownsanleandro.com**

**Union City:**

Celebrate the holiday season with us! Enjoy live holiday entertainment and musical performances. There will be a Santa's workshop for the kids, and plenty of hot chocolate and holiday treats. Join us for good cheer and fun! No advance reservation is required. Parking is limited and carpooling is recommended.

**Christmas Tree Lighting & Holiday Party**  
**Thursday, Dec 7**  
**5:00 p.m. – 8:00 p.m.**  
**Masonic Homes of CA**  
**34400 Mission Blvd, Union City**  
**888-466-3642**  
**http://masonichome.org/our-  
campuses/union-city-campus/**

Washington Hospital Healthcare Foundation's annual Trees of Angels Tree Lighting Ceremonies celebrate the season while supporting high quality hospice and palliative care in the Tri-Cities, ensuring comfort and dignity to those in need. Donations will ensure that all of our neighbors have access to local hospice and palliative care for their loved ones. Enjoy entertainment, refreshments, raffle, and appearance by Santa and Mrs. Claus.

**Trees of Angels Tree Lighting Ceremony**  
**Friday, Dec 8**  
**6 p.m.**  
**Union City City Hall**  
**37009 Alvarado-Niles Rd, Union City**  
**(510) 791-2328**  
**www.whhs.com/foundation**

Please join the Alvarado Historic District Merchants Association for an evening of fun for the whole family. "Winterfest" on Saturday, December 9 will celebrate the season with a tree lighting, holiday choir and performances, hot cocoa and cookies, local crafters and businesses and a visit from Santa Claus.

**Winterfest**  
**Saturday, Dec 9**  
**3 p.m. – 7 p.m.**  
**Old Alvarado Park**  
**3871 Smith St, Union City**  
**www.alvaradomerchants.org**



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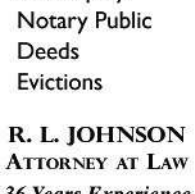
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[LifeElderCare.org](http://LifeElderCare.org)



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For more information, visit [www.StopFOG.com](http://www.StopFOG.com), call Republic Services at (510) 657-3500, or call Union Sanitary District at (510) 477-7500.

# Living Well

MASONIC HOMES OF CALIFORNIA

NOVEMBER 2017

## COMING TOGETHER FOR FIRE RELIEF

Over three long weeks in October, more than 17 wildfires spread throughout Northern California, leaving mass destruction in their wake. More than 8,900 homes and other buildings were destroyed and more than 100,000 people were displaced. More than 40 people were killed, making this the deadliest fire series in California history. Amidst this disaster, communities, organizations, and Masonic lodges throughout the state have banded together to support those in need.

The Masonic Homes of California donated \$10,000 to support employees of senior communities in fire areas and offered to take in up to 10 seniors displaced by skilled nursing facilities in fire areas.

Masonic Homes' residents and staff were also committed to giving back in the community's time of need. The Home Association Team, responsible for staff-oriented events, organized a major clothing and blanket drive in support of fire victims. They gathered enough donations to fill two large trucks, then assisted local fire and rescue personnel in delivering the donations to evacuation centers throughout the North Bay.

"I am so proud of our staff in taking the initiative to organize this event and to go over and beyond the call of duty in helping to deliver the donations to those in need," says Masonic Homes of California President and Chief Executive Officer Gary Charland. "They are



truly exemplifying the Masonic values upon which our organization was founded."

The Masonic Homes is a nonprofit organization providing health care and human services to Masons statewide and, in some instances, members of the general public. In addition to its retirement communities in Union City and Covina, it provides statewide outreach services to Masonic families in need and assists



struggling youth through the Masonic Center for Youth and Families in San Francisco and Covina. Established in 1898 by California Masons, the Masonic Homes is devoted to helping communities and families live well and achieve meaningful, rewarding lives. The Masonic Homes fulfills the primary Masonic tenets of brotherly love, relief, and truth.

*Learn more about the history of the Masonic Homes and its philosophy of care at [masonichome.org/about](http://masonichome.org/about).*

## MUTT STRUT BRINGS LAUGHS AND SUPPORT FOR LOCAL SCHOOLS

On October 7, 2017, the Tri-City community rallied together at the Masonic Homes of California and Acacia Creek campuses for the New Haven Schools Foundation's seventh annual Mutt Strut. This fun, family-oriented walk/run is an important fundraiser for the Foundation, which provides critical support to public schools, students, and teachers within the New Haven School District.

Community members of all ages and Masonic Homes and Acacia Creek residents enjoyed a walk through the foothills, pet vendor fair, pet adoptions, and the ever-

popular Halloween costume parade and contest! This year's festivities raised \$10,000 for the Foundation's scholarship and grant programs. Grants will be used to fund innovative classroom programs, as well as for enrichment activities, such as music, color guard, and forensics. This year, the Foundation will be starting another grant program focused on science, technology, engineering, and mathematics.

To learn more about the Foundation, visit [nhsfoundation.org](http://nhsfoundation.org).



## YOU'RE INVITED: 17TH ANNUAL TREE LIGHTING

Everyone in the Tri-City community is invited to the 17th annual tree lighting festivities at the Masonic Homes and Acacia Creek campus in Union City!

As usual, this fun, family-oriented event will include hot cider and hot chocolate, holiday treats and cookies, and visits and photos with Santa. This year, the Masonic Homes is thrilled to welcome performances by the Masonic Homes Bell Choir, Washington High School Band, Delaine Eastin Elementary Choir, Newark Memorial High School Choir, and Music at Mission Trio. All festivities are free to the community. Families are encouraged to bring a new, unwrapped toy donation for Toys for Tots.

Join us on Thursday, December 7 from 5:00-7:00 p.m. at the Masonic Homes and Acacia Creek, 34400 Mission Boulevard, Union City, CA 94587.

Questions? Contact Ranshu Malini (510) 429-6401 or [rmalini@mhuc.org](mailto:rmalini@mhuc.org).



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[acaciacreek.org](http://acaciacreek.org)



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(510) 490-3022

## I need a Forever Home



Georgia is a social butterfly who seems to get along with everyone she meets. She'd love to cuddle up with you and be your best friend. She loves greens, hay, and an occasional piece of carrot. She has silky-soft gray fur with white accents. Georgia is spayed and ready to go to a loving home. Info: Hayward Animal Shelter. (510) 293-7200.



Mango is an adorable, happy-go-lucky 3-month-old kitten. She's a ball of energy chasing around toy mice, then she'll curl up for a little nap before starting all over again. She gets along with other cats and kittens and hopes to find a loving home soon. Mango is a brown tiger with striking markings. Info: Hayward Animal Shelter. (510) 293-7200.

**ENRICH YOUR LIFE - BECOME A VOLUNTEER!**

## Hayward Animal Shelter

[www.facebook.com/haywardanimalshelter](http://www.facebook.com/haywardanimalshelter)  
510-293-7200  
16 Barnes Court (Near Soto & Jackson)  
Hayward  
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.



## CONTINUING EVENTS

**Monday, Sept 11 - Friday, Dec 15**

**Homework Club and Fun Fridays**

4 p.m. - 6 p.m.

Assistance with homework for grades 1 - 5

Games, crafts, cooking, sports on Friday

Attend two homework sessions to join Friday group  
10th Street Community Center  
33948 10th Street, Union City  
(510) 675-5488  
[www.unioncity.org](http://www.unioncity.org)

**Saturday, Sep 16 - Sunday, Jan 7**

**B is for Bird**

10 a.m. - 5 p.m.

Captivating photography of birds

Opening reception Sunday, Sept 17 at 2 p.m.

Hayward Shoreline Interpretive Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
[www.haywardrec.org](http://www.haywardrec.org)

**Saturdays, Sep 30 thru Dec 30**

**Bridges to Jobs**

9:30 a.m. - 11:30 a.m.

Job interview training class

Centerville Presbyterian Church  
4360 Central Ave., Fremont  
(510) 299-2223  
<http://bridgestojobs.org>

**Wednesday, Oct 4 - Sunday, Nov 26**

**Day of the Dead Exhibit**

10 a.m. - 4 p.m.

Explore symbols via alters and artwork

Hayward Area Historical Society Museum  
22380 Foothill Blvd., Hayward  
(510) 581-0223  
[www.haywardareahistory.org](http://www.haywardareahistory.org)

**Tuesday, Oct 10 - Friday, Dec 15**

**Bear in Mind, California Grizzly Bear Story**

10 a.m. - 7 p.m. daily

Stories, artifacts, images of now extinct bear

Historical symbol of the California State flag

Milpitas Library  
160 North Main St., Milpitas  
(408) 262-1171  
<https://www.sccl.org/milpitas>

**Wednesdays, Oct 25 thru Nov 29**

**Ballroom Dancing \$R**

Beginners 7:00 p.m. - 8:00 pm  
Intermediate & Advanced 8:15 p.m. - 9:15 p.m.

*Two Step, Cha Cha, Foxtrot, Swing*  
Couples only  
Ruggieri Senior Center  
33997 Alvarado Niles Rd., Union City  
(510) 675-5357

**Wednesdays, Oct 25 thru Nov 29**

**Ballroom Dancing \$R**

Beginners 7:00 p.m. - 8:00 p.m.  
Intermediate & Advanced 8:15 p.m. - 9:15 p.m.

*Two Step, Cha Cha, Foxtrot, Swing*  
Couples only  
Ruggieri Senior Center  
33997 Alvarado Niles Rd., Union City  
(510) 675-5357  
[ca.schoolloop.com/](http://ca.schoolloop.com/)

**Thursday, Nov 10 - Sunday, Dec 16**

**Lost in Yonkers \$**

Thurs - Sat: 8 p.m.  
Sun: 3 p.m.

Comedy about New York family set in 1942

Broadway West Theatre Company  
400-B Bay St., Fremont  
(510) 683-9218  
[www.broadwaywest.org](http://www.broadwaywest.org)

## Arts & Entertainment

## BRONCO BILL'S PIZZA PALACE

Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm  
Fri & Sat. 11am-11pm

Expires 12/30/17

**ANY X-LARGE PIZZA \$3 OFF**  
**ANY LARGE PIZZA \$2 OFF**  
**ANY MEDIUM PIZZA \$1 OFF**  
**510-792-1070**

Dine In - Take Out - Delivery (Limited Area & Time)  
**37651 Niles Blvd. Fremont**  
Present Coupon When Ordering. Mobile Coupons Not Accepted  
Offers Cannot be Combines.

## Have a great THANKSGIVING

# EL DORADO RESTAURANT

## 1/2 Price Promotions EVERYDAY

Some restrictions apply

corner of Grand and Winton

**MONDAY: ALL SOUPS, BEEF, CHICKEN, MENUDO, POZOLE, BIRRIA, TLALPENO**

**TUESDAY: TACO**

**WEDNESDAY: TORTAS**

**THURSDAY: BURRITOS**

**FRIDAY: ALL BEER half price**



## Sunday Buffet

9 to 3



**FRESH HAND MADE CORN TORTILLAS, MENUDO, POZOLE, BIRRIA, CEVICHE, SALADS, CHILE RELLENO, ENCHILADAS**

**MEXICAN PASTRIES, DESSERTS and many more**

Monday 10-8  
Tuesday - Friday 10-9  
Sat, Sunday 9-9

Catering and Private Parties

**Authentic Mexican Food Beer and Wine**

## El Dorado Restaurant

510-581-8612  
corner of Grand and Winton  
**386 Winton Ave. Hayward**

**FREE Adult Reading and Writing Classes** are offered at the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480

## NEED STORAGE SPACE?



# 50% OFF FIRST 2 MONTHS

On selected sizes only. New rentals only.  
Excludes RV spaces  
[www.reevesmgt.com](http://www.reevesmgt.com)

**OPEN 7 DAYS A WEEK**

# CAL SELF STORAGE

26869 Mission Blvd., Hayward  
(Behind FOOD SOURCE)  
**510-538-1536**

# Farmers' Markets

FREMONT: SAN LEANDRO:

|                                                                                                                                                                                                               |                                                                                                                                                                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Centerville</b><br><b>Saturdays</b><br><b>9 a.m. - 1 p.m.</b><br>Year-round<br>Bonde Way at Fremont Blvd.,<br>Fremont<br>(510) 909-2067<br>www.fremontfarmersmarket.com                                    | <b>Bayfair Mall</b><br><b>Saturdays</b><br><b>9 a.m. - 1 p.m.</b><br>Year-round<br>Fairmont and East 14th St.,<br>San Leandro<br>(925) 465-4690<br>www.cafarmersmkt.com                                                                        |
| <b>Kaiser Permanente Fremont Farmers' Market</b><br><b>Thursdays</b><br><b>10 a.m. - 2 p.m.</b><br>Year-round<br>39400 Paseo Padre Pkwy.,<br>Fremont<br>800-949-FARM<br>www.pcfma.com                         | <b>Kaiser Permanente San Leandro</b><br><b>Wednesday</b><br><b>10 a.m. - 2 p.m.</b><br>June 11, 2017 to<br>December 31, 2017<br>2500 Merced St, San Leandro<br>www.cafarmersmarkets.com                                                        |
| <b>Irvington Farmers' Market</b><br><b>Sundays</b><br><b>9 a.m. - 2 p.m.</b><br>Year-round<br>Bay Street and Trimboli Way,<br>Fremont<br>800-949-FARM<br>www.pcfma.com                                        | <b>Milpitas Farmers' Market at ICC</b><br><b>Sundays</b><br><b>8 a.m. - 1 p.m.</b><br>Year-round<br>India Community Center<br>525 Los Coches St.<br>800-949-FARM<br>www.pcfma.com                                                              |
| <b>Niles Farmer's Market</b><br><b>Saturdays</b><br><b>9 a.m. - 2 p.m.</b><br>Year-round<br>Niles Town Plaza<br>37592 Niles Blvd., Fremont<br>www.westcoastfarmersmarket.org                                  | <b>NEWARK:</b><br><b>Newark Farmers' Market</b><br><b>Sundays</b><br><b>9 a.m. - 1 p.m.</b><br>Year-round<br>NewPark Mall<br>2086 NewPark Mall, Newark<br>1-800-897-FARM<br>www.agriculturalinstitute.org                                      |
| <b>HAYWARD:</b><br><b>Hayward Farmers' Market</b><br><b>Saturdays</b><br><b>9 a.m. - 1 p.m.</b><br>Year-round<br>Hayward City Plaza<br>777 B. St., Hayward<br>1-800-897-FARM<br>www.agriculturalinstitute.org | <b>UNION CITY:</b><br><b>Kaiser Permanente Union City Farmers' Market</b><br><b>Tuesdays</b><br><b>10 a.m. - 2 p.m.</b><br>Year-round<br>Kaiser Permanente Medical<br>Offices<br>3553 Whipple Rd., Union City<br>800-949-FARM<br>www.pcfma.com |
| <b>South Hayward Glad Tidings</b><br><b>Saturdays</b><br><b>9 a.m. - 3 p.m.</b><br>Year-round<br>W. Tennyson Rd. between Tyrell<br>Ave. and Tampa Ave., Hayward<br>(510) 783-9377<br>www.cafarmersmarkets.com | <b>Union City Farmers' Market</b><br><b>Saturdays</b><br><b>9 a.m. - 1 p.m.</b><br>Year-round<br>Old Alvarado Park<br>Smith and Watkins Streets,<br>Union City<br>800-949-FARM<br>www.pcfma.com                                                |



## Christmas Craft Day for Kids

FREE EVENT

Saturday, December 2  
9 AM - 12 PM  
Pathway Community Church  
4500 Thornton Ave., Fremont

Join us for a morning of fun for the entire family, making crafts & gifts, baking cookies, and a Holiday photo shoot. We know your family and friends will have a great time.



## The Fremont Art Association's Holiday Boutique

37697 Niles Boulevard

Hand crafted items for the holidays  
made by local artists: Jewelry,  
Ornaments, Wearables, Ceramics and  
Paintings.

Tuesdays, 11 am to 3pm  
Wednesdays in December 11am to 5pm  
Thursdays, 1pm to 4pm  
Friday, Saturday, & Sunday, 11 am to 5pm



## Tri-City Mothers of Multiples Show & Sell Holiday Boutique

Saturday, November 25th  
10am - 4pm

Prize drawing for Disneyland tickets and many other prizes.

Jewelry, Scarves, Handmade Soap  
Holiday Decor, Hair Bows  
Bags, Essential Oils, Clothing,  
Accessories and more

First Presbyterian Church  
35450 Newark Blvd., Newark





## FREE

Transportation service and  
supportive companionship for  
ambulatory cancer patients,  
from suspicious findings through  
completion of treatments

Drivers For Survivors provides this **FREE** service to ambulatory cancer patients living in **Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Castro Valley, Ashland and Cherryland** going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?  
**We can drive you for FREE!**

Do you have occasional extra hours?  
We always need more **volunteer-companion drivers...let's talk!**

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call **(510) 896-8056**  
or email  
**ProgramAssistant@DriversForSurvivors.org**  
**www.DriversForSurvivors.org**

Help us help local cancer patients...come to an event, donate funds or donate services

**Upcoming Events (Sponsorship Opportunities Available):**  
2nd Annual Holiday Pancake Breakfast with Santa Saturday, December 9, 2017  
4th Annual Black and White Ball Saturday, April 7, 2018  
Contact Sherry at (510) 369-5770 with questions



## Holiday Boutique Call for Vendors!

Join us for Small Business Saturday!

We are looking for vendors who want to sell their hand crafted or small home based business items.

Your booth fee will go to support Beau's Bridge Club, a local animal rescue and 501c3 non-profit. The booth fee may be tax deductible.

You will also be given a marketing kit to help get the word out so we can all benefit from lots of foot traffic.

November 25th, 2017  
8am to 4pm  
Public hours 9am to 3pm

Fremont Veteran's Memorial Hall  
37154 Second St. Fremont (Niles area)

\$25 booth fee  
plus \$20 refundable cleaning deposit

Registration deadline November 18th

Please contact Karen at [karen@beausbridgeclub.org](mailto:karen@beausbridgeclub.org)



## BRONCO BILLY'S PIZZA PALACE

*Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.*

M, T, W, Th, Sun 11am-10pm  
Fri & Sat. 11am -11pm

Expires 12/30/17

ANY X-LARGE PIZZA

\$3 OFF

ANY LARGE PIZZA

\$2 OFF

ANY MEDIUM PIZZA

\$1 OFF

510-727-0532

Dine In - Take Out - Delivery (Limited Area & Time)

26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted  
Offers Cannot be Combines.

BOOKMOBILE SCHEDULE

|                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                |
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| <b>Alameda County</b><br><b>Renew books by phone</b><br><b>(510) 790-8096</b><br><b>For more information</b><br><b>about the Bookmobile call</b><br><b>(510) 745-1477 or visit</b><br><b>www.aclibrary.org.</b><br><b>Times &amp; Stops subject to change</b> | 4275 Bay St., FREMONT<br>5:50 – 6:30<br>Jerome Ave. & Oholones St.,<br>FREMONT                                                                                                                                                                                                                                 |
| <b>Tuesday, Nov 21</b><br>4:30 – 5:20<br>Weibel School, 45135 South<br>Grimmer Blvd., FREMONT<br>5:50 – 6:40<br>Booster Park, Gable Dr. &<br>McDuff Ave., FREMONT                                                                                             | <b>Wednesday, Nov 29</b><br>1:00 – 2:00<br>Del Rey School, Via Mesa &<br>Via Julia., SAN LEANDRO<br>2:30 – 3:00<br>Eden House Apartments,<br>1601 165th Ave.,<br>SAN LEANDRO<br>3:30 – 4:00<br>Baywood Court,<br>21966 Dolores St.,<br>CASTRO VALLEY<br>6:00 – 6:30<br>Camellia Dr. & Camellia Ct.,<br>FREMONT |
| <b>Wednesday, Nov 22</b><br><b>No Service / Holiday</b>                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                |
| <b>Thursday, Nov 23</b><br><b>No Service / Holiday</b>                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                |
| <b>Monday, Nov 27</b><br>1:45 – 2:45<br>Delaine School,<br>34901 Eastin Dr.,<br>UNION CITY<br>4:15 – 4:45<br>Contempo Homes,<br>4190 Gemini Dr.,<br>UNION CITY<br>5:15 – 6:45<br>Forest Park School,<br>Deep Creek Rd. &<br>Maybird Circle, FREMONT           | <b>Milpitas Bookmobile stops</b><br><b>Renew books by phone</b><br><b>(800) 471-0991</b><br><b>For more information</b><br><b>(408) 293-2326 x3060</b>                                                                                                                                                         |
| <b>Tuesday, Nov 28</b><br>4:45 – 5:30<br>Baywood Apartments,                                                                                                                                                                                                  | <b>Wednesday, Nov 22</b><br>1:45 – 3:00<br>Foothill School,<br>1991 Landess Ave., MILPITAS<br>3:30 – 4:00<br>Friendly Village Park, 120 Dixon<br>Landing Rd., MILPITAS                                                                                                                                         |

22 VETERANS  
DIED TODAY  
BY SUICIDE



VETERANS  
CrisisLine  
1-800-273-8255 PRESS 1



THIS WEEK

|                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                       |
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| <b>Friday, Nov 21</b><br><b>Green Friday Family Fun</b><br>10:30 a.m. - 3:30 p.m.<br><i>Assist in creating Tree of Thanks exhibit</i><br>Create ornaments to take home<br>Coyote Hills Regional Park<br>8000 Patterson Ranch Rd.,<br>Fremont<br>(510) 544-3220<br>www.ebparks.org                                          | <b>Wednesday, Nov 22</b><br><b>Thanksgiving Luncheon for Seniors \$R</b><br>11 a.m. - 1 p.m.<br><i>Turkey dinner, live entertainment and raffle</i><br>San Leandro Senior Center<br>13909 East 14th Street,<br>San Leandro<br>(510) 577-3462<br>www.sanleandrorec.org |
| <b>Wednesday, Nov 22</b><br><b>Thanksgiving Luncheon for Seniors \$</b><br>11 a.m. - 1 p.m.<br><i>Turkey dinner, entertainment, raffle</i><br>Ages 50+<br>Marina Community Center<br>15301 Wicks Blvd., San Leandro<br>(510) 577-3462<br>www.sanleandrorec.org                                                             | <b>Thursday, Nov 23</b><br><b>Thanksgiving Meal</b><br>11:30 a.m. – 1:30 p.m.<br><i>Traditional turkey meal, dessert, refreshments</i><br>All welcome<br>Salvation Army<br>430 A St., Hayward<br>(510) 581-6444<br>Kyna.Kelley@usw.salvationarmy.org                  |
| <b>Thursday, Nov 23</b><br><b>Turkey Swim \$</b><br>8 a.m. - 11 a.m.<br><i>College scholarship fundraiser for certified life guards</i><br>Hayward Plunge<br>24176 Mission Blvd., Hayward<br>(510) 881-0123                                                                                                                | <b>Thursday, Nov 23</b><br><b>LOV Thanksgiving Dinner</b><br>12:30 p.m. - 4:00 p.m.<br><i>Food, entertainment, children's crafts</i><br>Newark Pavilion<br>6430 Thornton Ave., Newark<br>(510) 793-5683<br>www.lov.org                                                |
| <b>Friday, Nov 24 - Sunday, Nov 26</b><br><b>American Red Cross Blood Drive – R</b><br>Fri & Sat: 8:15 a.m. - 3:00 p.m.<br>Sun: 8:15 a.m. - 2:45 p.m.<br><i>Call to schedule an appointment</i><br>Drop-ins welcome<br>Fremont-Newark Blood Center<br>39227 Cedar Blvd., Newark<br>(800) 733-2767<br>www.redcrossblood.org | <b>Friday, Nov 24 - Sunday, Nov 26</b><br><b>Mysterious Monarchs \$</b><br>1 p.m. - 2 p.m.<br><i>Discover the butterflies, make a caterpillar craft</i><br>Ardenwood Historic Farm<br>34600 Ardenwood Blvd.,<br>Fremont<br>(510) 544-2797<br>www.ebparks.org          |
| <b>Friday, Nov 24 - Saturday, Nov 25</b><br><b>Return of the Monarchs \$</b><br>1:30 p.m.<br><i>Naturalist led trek to butterfly grove</i><br>Ardenwood Historic Farm<br>34600 Ardenwood Blvd.,<br>Fremont<br>(510) 544-2797<br>www.ebparks.org                                                                            | <b>Friday, Nov 24</b><br><b>Festival of Lights Parade</b><br>6:30 p.m.<br><i>Floats, marching bands, antique cars</i><br>Niles District<br>Niles Blvd., Fremont<br>(510) 742-9868<br>https://www.facebook.com/Niles-Merchants-Association-114009481971617/            |

Fremont Laser Med Spa

Dr. James Kojian, M.D. Owner

INTEREST FREE CARECREDIT AVAILABLE



Double Chin

Now uplift your sagging muscles with technology the stars are using. Lift your full face, brow, double chin, neck or décolleté. Need 1-2 treatments a year .

Coupon for \$500 towards full face

Freeze or Melt Stubborn Fat with 6 Different Lasers



• Lose 2-5” in one treatment  
• Lose 5-25” in 12 treatments  
• Shrink your stomach fat, love handles, & double chin

\$500 coupon

FREE CONSULTATION

510-744-1582 or 510-793-2277

www.fremontlasermedspa.com

210 Fremont Hub Courtyard, Fremont

|                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                 |
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| <b>Friday, Nov 24</b><br><b>Train Museum Open House</b><br>8 p.m.<br><i>View exhibits and model railroad layouts</i><br>Niles Canyon Railway<br>Niles Depot Station<br>37001 Mission Blvd., Fremont<br>(408) 249-2953<br>http://www.ncry.org/ | <b>Sunday, Nov 26</b><br><b>Turkeys and Vultures</b><br>1 p.m. - 2 p.m.<br><i>Short bird hike</i><br>Ages 6+<br>Coyote Hills Regional Park<br>8000 Patterson Ranch Rd.,<br>Fremont<br>(510) 544-3220<br>www.ebparks.org                                         |
| <b>Saturday, Nov 25</b><br><b>Chores for Little Farmers \$</b><br>10:30 a.m. - 11:00 a.m.<br><i>Prepare morning treats for livestock</i><br>Ardenwood Historic Farm<br>34600 Ardenwood Blvd.,<br>Fremont<br>(510) 544-2797<br>www.ebparks.org | <b>Sunday, Nov 26</b><br><b>Ohlone People and Cultures</b><br>10:00 a.m. - 11:30 a.m.<br><i>Discuss family values of Native Americans</i><br>Ages 8+<br>Coyote Hills Regional Park<br>8000 Patterson Ranch Rd.,<br>Fremont<br>(510) 544-3220<br>www.ebparks.org |

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| <b>Saturday, Nov 25</b><br><b>Sunol's Rocky Past</b><br>10 a.m. - 12 noon<br><i>Discuss geology</i><br>Sunol Regional Wilderness<br>1895 Geary Rd., Sunol<br>(510) 544-3249<br>www.ebparks.org | <b>Sunday, Nov 26</b><br><b>Wonderful Wool \$</b><br>11 a.m. - 12 noon<br><i>Transform fleece into yarn</i><br>Ardenwood Historic Farm<br>34600 Ardenwood Blvd.,<br>Fremont<br>(510) 544-2797<br>www.ebparks.org |
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| <b>Saturday, Nov 25</b><br><b>Save the Planet Arts and Crafts Workshop</b><br>11:00 a.m. - 12:30 p.m.<br><i>Kids make crafts from recycled materials</i><br>Grades 3 – 5<br>Fremont Main Library<br>2400 Stevenson Blvd., Fremont<br>(510) 745-1421<br>www.aclibrary.org | <b>Sunday, Nov 26</b><br><b>Indian Joe: Man, Myth, Legend</b><br>1 p.m. - 2 p.m.<br><i>Short hike to discuss ranching history</i><br>Sunol Regional Wilderness<br>1895 Geary Rd., Sunol<br>(510) 544-3249<br>www.ebparks.org |
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| <b>Friday, Nov 24</b><br><b>Train Museum Open House</b><br>8 p.m.<br><i>View exhibits and model railroad layouts</i><br>Niles Canyon Railway<br>Niles Depot Station<br>37001 Mission Blvd., Fremont<br>(408) 249-2953<br>http://www.ncry.org/                            | <b>Sunday, Nov 26</b><br><b>Meet the Bunnies \$</b><br>2:00 p.m. - 2:30 p.m.<br><i>Interact with rabbits</i><br>Ardenwood Historic Farm<br>34600 Ardenwood Blvd.,<br>Fremont<br>(510) 544-2797<br>www.ebparks.org            |
| <b>Saturday, Nov 25</b><br><b>Sunol's Rocky Past</b><br>10 a.m. - 12 noon<br><i>Discuss geology</i><br>Sunol Regional Wilderness<br>1895 Geary Rd., Sunol<br>(510) 544-3249<br>www.ebparks.org                                                                           | <b>Sunday, Nov 26</b><br><b>Wonderful Wool \$</b><br>11 a.m. - 12 noon<br><i>Transform fleece into yarn</i><br>Ardenwood Historic Farm<br>34600 Ardenwood Blvd.,<br>Fremont<br>(510) 544-2797<br>www.ebparks.org             |
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| <b>Saturday, Nov 25</b><br><b>Movie Night \$</b><br>7:30 p.m.<br><i>Dr. Jack, Koko's Thanksgiving, Golf</i><br>Niles Essanay Theater<br>37417 Niles Blvd, Fremont<br>(510) 494-1411<br>www.nilesfilmmuseum.org                                                           | <b>Monday, Nov 27</b><br><b>Milpitas Rotary Club Meeting</b><br>1:30 p.m.<br><i>Discuss fire safety</i><br>Dave and Busters<br>940 Great Mall Dr., Milpitas<br>(408) 957-9215<br>http://www.clubrunner.ca/milpitas           |

Continued from page 1

# Ballet Petit's Nutcracker

Spring Concerts. She enthused, “I loved performing. Each show was a highlight of my year, and I really fell in love with being on stage. I loved dancing during the show because of the chance to be on stage, but I enjoyed every other aspect most because of the amazing environment at Ballet Petit. It was incredible to be surrounded by friends and supportive teachers throughout the year and especially during performances, when most of the day is spent backstage. It really felt like I was in a magical fairyland throughout the performance weekend.” Asked about her current role as teacher, she answered, “I’m much more involved in the organizational side of ‘The Nutcracker’ and it makes me appreciate even more how much work goes into the performance behind the scenes. I’m not sure how my perception has changed since I became a teacher before I stopped being a student, and I’ve been involved in setting dances since I was about 16. So, I feel like I always had one foot in the ‘observer’ side of the equation.”

Miss Lillian started dancing with Ballet Petit when she was eight years old and danced in “The Nutcracker” every year until she graduated high school. She reminisced, “I danced so many dream roles including Clara, Snow Queen, and the Sugar Plum Fairy. It was so rewarding to at first watch older dancers perform these leading roles and then grow into them myself.” Miss Lillian finds it interesting to be on the other side of performing as a teacher. Instead of feeling nerves or excitement for herself, she feels it for my students instead. She added, “I think it helps me as a teacher to be able to understand and relate to what the dancers are feeling as they get ready for the show and I like sharing my memories with them.”

On the local front, there is a collective and palpable anticipation for Ballet Petit’s production by its dancers, their teachers, and families. For many of the dancers, “The Nutcracker” is the first classical ballet production they have seen, and the enchantment encourages



them to dream and work hard toward being a part of such a special holiday tradition. That desire propels dancers toward excellence. Peabody asserted, “When Ballet Petit dancers train and rehearse for a production such as our annual ‘Nutcracker,’ [we] pass along to our dancers that we are not just doing a show. We are creating something special together that is building upon our past efforts.” She added, “Every day at Ballet Petit I see that my staff constantly passes on, in a very nurturing way, not only the technical parts of ballet, but the deep value and respect for what we do. After years of being students, as teachers they have all come to want to share their passion for this unique classical art form.”

The 2017 “Nutcracker” will showcase a unique and enthusiastic cast that is eager to share the magic of the season with its audiences. One of Peabody’s favorite things about each year’s production is how the show comes together with difference dancers dancing new roles. “The show looks different each year based on the dynamics each dancer brings to the stage,” she stated. “This year, we are happy to have a group of boys across the age and ability levels back in greater numbers. Two of our little boys have grown up and are now tall enough to dance as the Nutcracker Prince for the first time. We are so happy to have them partnering the girls, lifting them, etc. It is a huge deal.”

For performance information or to purchase tickets, call (510) 783-4958 or visit [www.balletpetit.com](http://www.balletpetit.com). Tickets are \$25 for adults and \$20 for children (3-12) and seniors. Group discounts are also available.

**The Nutcracker**  
**Saturday, Dec 2 & Sunday, Dec 3**  
**2 p.m. & 7 p.m. both days**  
**Reed Buffington Center for the Performing Arts**  
**Chabot College**  
**25555 Hesperian Blvd, Hayward**  
**(510) 783-4958**  
**[www.balletpetit.com](http://www.balletpetit.com)**  
**Tickets: \$25 adults, \$20 children (3-12) & seniors**



## Monarchs wing their way back to Ardenwood



SUBMITTED BY EAST BAY REGIONAL PARKS DISTRICT  
PHOTOS BY JULIE GRABOWSKI

Hundreds of monarch butterflies gather annually to spend the winter at Ardenwood Historic Farm in Fremont. Discover



the amazing migration of these tiny creatures and how they survive the long cold season in the eucalyptus trees.

Monarch events are scheduled throughout late November and December and include nature programs, slide shows, and

naturalist-led treks. Take part to learn about the life cycle of the monarch and how you can help ensure the survival of this iconic insect. Or just stop by the park any time to observe this fascinating phenomenon on your own!

Greet the beautiful monarch butterflies as they flutter into the eucalyptus grove at Ardenwood Historic Farm for the winter. For a list of all monarch activities, visit <http://www.ebparks.org/activities>.

**Mysterious Monarchs**  
**Friday – Sunday, Nov 24 –26**  
**Friday & Saturday:11 a.m. – noon**  
**Sunday: 1 p.m. – 2 p.m.**

**Return of the Monarchs**  
**Friday & Saturday, Nov 24 & 25**  
**1:30 p.m. – 2:30 p.m.**

**Ardenwood Historic Farm**  
**34600 Ardenwood Blvd, Fremont**  
**(510) 544-2797**  
**[www.ebparks.org/parks/ardenwood](http://www.ebparks.org/parks/ardenwood)**  
**Admission: \$3 – \$6**

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Volunteers needed for  
emergency warming center

SUBMITTED BY FREMONT UNIFIED STUDENT STORE

With the cold weather season approaching many people in the Fremont area will likely need a place that offers protection from the elements.

The City of Fremont, in collaboration with Compassion Network CitySERVE, is planning to open a Winter Emergency Warming Center soon. The center, located in Wing A at the Fremont Senior Center, will be open during the winter months every time it rains, or the temperature drops below 40 degrees.

Volunteers are being recruited to help set up the center and operate it during inclement weather. They will be asked to help keep the center clean,

make or serve food and gather supplies needed for the center. Food donations also are needed.

People who would like to volunteer with the Fremont Unified Student Store (FUSS) or learn more about the program should send an email to [fuss4schools@gmail.com](mailto:fuss4schools@gmail.com) or visit their website at [www.fuss4schools.com/2017-2018-emergency-warming-center](http://www.fuss4schools.com/2017-2018-emergency-warming-center).

Potential volunteers can also contact Laurie Flores at the City of Fremont via email at [lflores@fremont.gov](mailto:lflores@fremont.gov). For donation details, visit [www.fremont.gov/hsdonate](http://www.fremont.gov/hsdonate).

To check if the center is open when rain or cold weather arrives, a telephone hotline is updated regularly at (510) 574-2222.

The East Bay Regional Park District Police Department possesses the following FOUND items. If you believe any of these items may belong to you, please call the Property/Evidence Unit at 510-690-6565, to identify your property. After ten days from the date of this publication, all unclaimed items will be disposed of or auctioned according to law.

|          |                                     |
|----------|-------------------------------------|
| 14-05608 | High School Class Ring w/ engraving |
| 14-05608 | Woman's Ring w/ stones              |
| 15-01214 | Yellow Metal Ring, Men's Band       |
| 15-01214 | White Metal Ring, Men's Band        |
| 15-03293 | White Metal Ring                    |
| 15-07172 | Yellow Metal Ring                   |
| 16-06734 | Yellow Ring w/ colored stones       |
| 16-07268 | Metal Ring w/ engraving             |
| 16-07268 | Metal Ring w/ w/ engraving          |
| 16-08202 | Necklace w/ colored stones          |
| 16-10049 | Brown Watch w/ metal face           |
| 16-12288 | Giant 24 Speed Bike                 |
| 17-01109 | Flat Link Metal Chain               |
| 17-02096 | Metal Ring w/ stones                |
| 17-06132 | High School Class Ring White Metal  |
| 17-07135 | Yellow Metal Ring w/ stones         |

Bus museum talk transports  
guests back in time

SUBMITTED BY AL MINARD

Washington Township Historical Society and the Fremont Main Library invite you to a talk and slide show presentation by Ron Medaglia on the Pacific Bus Museum.

Everyone is invited to attend this event and take a nostalgic look back when a city or highway bus was typical transportation for everything from running errands around town to taking trips across the country. In 2006, during Fremont's 50th birthday celebrations, many of you rode some of the museum's restored buses through historic Fremont locations, including the trip from the Sunol station of the Niles Canyon Railway down the canyon and into Niles.

Medaglia is the president of the Pacific Museum, whose membership includes people from all walks of life who enjoy restoring, driving or looking at old buses. Of the many buses in the museum, many are either fully or partially restored; a few have recently been salvaged from the scrap heap.

The Pacific Bus Museum team and the Fremont Main Library have put together a collection of historical information on the second floor of the Library which you can look at before the talk or during the two weeks that the collection will be up.

Pacific Bus Museum  
Presentation  
Monday, Nov 27  
7 p.m.  
Fremont Main Library,  
Fukaya Room  
2400 Stevenson Blvd, Fremont  
(510) 623-7907  
Free

**Monday, Nov 27**  
**Outdoor Discoveries: Turkey Time \$R**  
10:00 a.m. - 11:30 a.m.  
*Playful science for home school kids*  
Ages 4 – 8  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
www.ebparks.org/register

**Monday, Nov 27**  
**Pacific Bus Museum Presentation**  
7 p.m.  
*Slide show and discussion*  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1421  
www.aclibrary.org

**Monday, Nov 27**  
**Coyote Cubs: Turkey Vultures Ain’t Turkeys**  
10:30 a.m. - 11:30 a.m.  
*Games, crafts, park exploration*  
Ages 3 – 5  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont  
(510) 544-3220  
www.ebparks.org

**Tuesday, Nov 28**  
**Weekday Bird Walk**  
7:30 a.m. - 9:30 a.m.  
*Discover migration patterns and habitats*  
Meet at Isherwood Staging Area  
Ages 12+  
Quarry Lakes  
2250 Isherwood Way, Fremont  
(510) 544-3220  
www.ebparks.org

**Saturday, Dec 2**  
**Daddy Daughter Starlight Ball \$R**  
6 p.m. - 8 p.m.  
*Dancing, DJ, refreshments, photo booth*  
RSVP by Monday, Nov 27  
No tickets at the door  
All ages welcome  
Silliman Activity Center  
6800 Mowry Ave., Newark  
(510) 578-4409  
www.newark.org

# Park It

BY NED MACKAY

If you’re looking for outdoor adventure after Thanksgiving, the East Bay Regional Parks have lots to offer.

Post-Thanksgiving activities will include a “Tilden Attractions” hike from 9 a.m. to noon on Saturday, Nov. 25, led by naturalist “Trail Gail” Broesder. This is a five-mile on-foot tour of Tilden Regional Park’s features, including the Nature Area, carousel, lakes and gardens. You can take a ride on the merry-go-round, for which a ticket costs \$3.

And turkeys will be the focus of a program from 10 a.m. to noon on Sunday, Nov. 26, with naturalist Anthony Fisher. We’ve all seen turkeys roaming the regional parks and even suburban neighborhoods; here’s a chance to learn more about these ubiquitous birds.

For either Gail’s or Anthony’s program, meet at Tilden’s Environmental Education Center, which is at the north end of

Central Park Drive, reached via Canon Drive from Grizzly Peak Boulevard in Berkeley. For information, call (510) 544-2233.

Speaking of Tilden’s merry-go-round, the carousel has a special Christmas season celebration from Nov. 24 through Dec. 23. Attractions will include Santa and his elves, unique ornaments, cookies, hot chocolate and gingerbread, and Christmas trees.

Hours are noon to 8:30 p.m. from Nov. 24 through 26; 4 to 8:30 p.m. from Nov. 27 through Dec. 15; and noon to 8:30 p.m. from Dec. 16 through 23. The carousel is closed Christmas Eve and Christmas Day.

The merry-go-round is located on Central Park Drive just down the hill from the intersection with Wildcat Canyon Road.

Turkeys are also the theme of Family Nature Fun Hour, from 2 to 3 p.m. on Saturday and Sunday, Nov. 25 and 26 at Crab Cove Visitor Center in Alameda.

Crab Cove has the family fun hour at the same time every weekend in November and

December, except Dec. 24, with a different theme each time. The center is at the end of McKay Avenue off Alameda’s Central Avenue. For information call (510) 544-3187.

What else is going on? Well, at Coyote Hills Regional Park in Fremont, naturalist Francis Mendoza will lead a program about the Ohlone people and their culture. Designed for ages eight and up, the program is from 10 to 11:30 a.m. on Sunday, Nov. 26, and again from 1 to 2:30 p.m. on Dec. 17.

And in case you don’t know the difference between turkeys and turkey vultures, Francis will help out with a program from 1 p.m. to 2 p.m. on Sunday, Nov. 26, including a short hike in search of the birds in the park. Hint: turkey vultures are not a good substitute for turkeys on your Thanksgiving table.

The Sunday program is for ages six and older, but Francis plans a repeat from 10:30 to 11:30 a.m. on Monday, Nov. 27 for younger kids ages three through five, with parent or caregiver participation required.

The kids will play games, explore the park, and make a turkey/turkey vulture-themed craft. For either program, meet at Coyote Hills’ visitor center. The park is at the end of Patterson Ranch Road off Paseo Padre Parkway. For information, call (510) 544-3220.

Out at Big Break Regional Shoreline in Oakley, water bugs are the focus of a program from 2 to 3 p.m. on Sunday, Nov. 26. The group will collect some plankton and other water denizens and learn about the role they play in wetland ecology.

Big Break is at 69 Big Break Road off Oakley’s Main Street. For information, call (888) 327-2757, ext. 3050.

There are lots of things to see and do in the East Bay Regional Parks as fall turns to winter. For a complete list of programs, visit the district’s web site, www.ebparks.org

# Renegades win in straight sets

Women’s Volleyball

SUBMITTED BY  
DON JEDLOVEC

On sophomore night, November 14, the Ohlone Renegades defeated Napa Valley College Storm in straight sets. Among standout sophomore players for Ohlone were Michelle Vo, Reenah Harris, Cassie Carino, Hannah Finnigan, Tasha Sarger, and Deja Holland.



Sophomore Night action: Michelle Vo, Reenah Harris, Cassie Carino, Hannah Finnigan, Tasha Sarger, and Deja Holland

# Explore rediscovered fossils at Mammoth Day

SUBMITTED BY  
JOYCE BLUEFORD

The Children’s Natural History Museum is having a special day on Saturday, December 2 to show about 400 new fossils that were “rediscovered.” These fossils are from the famous Irvington site in the old Bell Quarry excavated in the 1940s by Wes Gordon, an amateur paleontologist and teacher, and his “Boy Paleontologists.” Gordon also used this site to interest children about the wonders of science.

Gordon had asked Dr. Stirton from the University of California Berkeley, who found fossils in Irvington in 1934, for a site he could go to. Dr. Stirton recommended that Gordon take the boys to this quarry in Irvington. When he and his students followed Dr. Stirton’s advice, fossils were lying within plain sight sparking interest for years to come. Students found specimens and Dr. Stirton would pick up the fossils to study at U.C. Berkeley. Dr. Donald Savage would later use this site as the type section of part of the Pleistocene (Ice Age).

Chris Charles (grandson to Gordon) decided to sell Gordon’s house that was purchased in the 1960s in Hayward. Charles asked the Math Science Nucleus (MSN) if we wanted to incorporate some of the minerals that were in the basement into the collection. Of course, MSN said “yes” and met with Charles at the site. He had his miner cap on and wanted to make sure that we picked up everything. Charles climbed into a back area on a steep slope, and just yelled, “You won’t believe what is back here.” First, he brought out crates that were



wrapped up in newspaper dated 1960. Two hours later he hauled out 400 fossils, from mastodon tusks to bones to teeth. Gordon must have wrapped up the fossils and brought them over to his new house. Years had gone by and they were waiting to be rediscovered.

Staff at the Math Science Nucleus, who manage the Children’s Natural History Museum, have not had time to identify them, nor figure out how to store them. The 10,000 square feet that is currently devoted to the museum, specimens, and teaching is getting too small for the expanding nonprofit. Senator Bob Wieckowski is helping to find a solution by looking into opportunities for a bigger museum at the original site and to connect the museum with Sabercat Historical Park. This bold and visionary concept would make ensure the fossils will stay in Fremont.

If people are interested in learning how to help, please come to a Community Meeting at the museum form on December 2 to learn from Dr. Joyce Blueford and Phil Gordon what options we may have. For more

information, visit <http://msnucleus.org> or email [blueford@msnucleus.org](mailto:blueford@msnucleus.org).

If you would just like to see the fossils, the museum will be open from 11 a.m. –4 p.m. Admission is \$3 per person for non-member, free for members, and donations of \$10 will get you free admission and a small backpack with a google and apron that were donated by Thermo Fisher for this event.

**Mammoth Day – Rediscovered Fossils**  
**Saturday, Dec 2**  
**11:00 a.m. – 4:00 p.m.**  
**11:30 a.m. – 1:00 p.m.**

**Community Meeting**  
**2:00 p.m. – 3:30 p.m.**

**Visit by Phil Gordon**  
**Children’s Natural History Museum**  
**4074 Eggers Dr, Fremont**  
**(510) 790-6284**

**<http://msnucleus.org/events/mammothdays.html>**  
**Admission: \$3 non-members,**  
**\$10 donation for free admission and backpack**





# Tree Lightings



**Niles Festival of Lights Tree Lighting & Parade**

**Friday, Nov 24**  
6 p.m.: Trees of Angels Tree Lighting  
6:30 p.m.: Parade  
*Floats, marching bands, costumes characters & more*  
Downtown Niles  
Niles Blvd between F St & J St, Fremont  
(510) 552-6034  
[www.nilesfestivaloflightsparade.org](http://www.nilesfestivaloflightsparade.org)

**Trees of Angels Tree Lighting Ceremony**

**Monday, Nov 27**  
6 p.m.  
*Entertainment, refreshments & raffle*  
McDonalds Restaurant  
42800 Mission Boulevard, Fremont  
(510) 791-2328  
[www.whhs.com/foundation](http://www.whhs.com/foundation)

**Trees of Angels Tree Lighting Ceremony**

**Thursday, Nov 30**  
5:30 p.m.  
*Entertainment, refreshments, raffle & appearance by Santa and Mrs. Claus.*  
Washington West  
2500 Mowry Ave, Fremont  
(510) 791-2328  
[www.whhs.com/foundation](http://www.whhs.com/foundation)

**Castro Village Christmas Tree Lighting**

**Friday, Dec 1**  
5:00 p.m. – 8:00 p.m.  
6:00 p.m.: Tree Lighting  
*Live music and free photos with Santa*  
Castro Village Shopping Center  
Castro Valley Blvd at Santa Maria Ave, Castro Valley  
[www.castrovillage.com](http://www.castrovillage.com)

**Centerville Tree Lighting**

**Friday, Dec 1**  
5:30 p.m. – 8:00 p.m.  
6:00 p.m.: Tree Lighting with Santa  
*Carolers, games, pictures with Santa & more*  
Train Depot  
37260 Fremont Blvd, Fremont  
[www.cbcafremon.com](http://www.cbcafremon.com)  
**Holiday Tree Lighting & It’s A Wonderful Night**  
**Friday, Dec 1**  
5:30 p.m. – 9:00 p.m.  
*Pictures with Santa, Holiday Tree Lane & more*  
Estudillo Plaza  
1301 E. 14th St, San Leandro  
(510) 281-0703  
[www.downtownsanleandro.com](http://www.downtownsanleandro.com)

**Milpitas Tree Lighting Ceremony**

**Friday, Dec 1**  
6:30 p.m. – 8:30 p.m.  
*Snow, community trees, music refreshments & more*  
Civic Center Plaza  
457 E. Calaveras Blvd, Milpitas  
(408) 586-3210  
[www.ci.milpitas.ca.gov/](http://www.ci.milpitas.ca.gov/)

**Light Up the Season**

**Saturday, Dec 2**  
3:30 p.m. – 6:30 p.m.  
*Performances, games, ice skating & more*  
Hayward City Hall  
777 B St, Hayward  
(510) 537-2424  
<http://hayward.org>

**Mission San Jose Christmas Tree Lighting**

**Saturday, Dec 2**  
5:00 p.m. – 7:30 p.m.  
5:00 p.m. – Live Music  
6:00 p.m. – Tree Lighting  
*Pictures with Santa, hot chocolate, snacks, face painters & more*  
Old Mission Courtyard  
43417 Mission Blvd, Fremont  
<http://msjchamber.org/events/christmas-tree-lighting/>

**Pacific Commons Tree Lighting Ceremony**

**Saturday, Dec 2**  
6:00 p.m. – 8:00 p.m.  
Music & Santa photos  
*Pacific Commons Shopping Center*  
By P.F. Chang’s & Market Broiler  
(510) 770-9798  
<http://www.pacificcommons.com>  
**Trees of Angels Tree Lighting Ceremony**  
**Monday, Dec 4**  
6:30 p.m.  
*Entertainment, refreshments, raffle & appearance by Santa and Mrs. Claus*  
Newark City Hall  
37101 Newark Blvd, Newark  
(510) 791-2328  
[www.whhs.com/foundation](http://www.whhs.com/foundation)

**Christmas Tree Lighting & Holiday Party**

**Thursday, Dec 7**  
5:00 p.m. – 8:00 p.m.  
*Entertainment, musical performances & holiday treats*  
Masonic Homes of CA  
34400 Mission Blvd, Union City  
888-466-3642  
<http://masonichome.org/our-campuses/union-city-campus/>

**Trees of Angels Tree Lighting Ceremony**

**Friday, Dec 8**  
6 p.m.  
*Entertainment, refreshments, raffle & appearance by Santa and Mrs. Claus*  
Union City City Hall  
37009 Alvarado-Niles Rd, Union City  
(510) 791-2328  
[www.whhs.com/foundation](http://www.whhs.com/foundation)

**Winterfest**

**Saturday, Dec 9**  
3 p.m. – 7 p.m.  
*Choir and performances, refreshments, crafters & more*  
Old Alvarado Park  
3871 Smith St, Union City  
[www.alvaradomERCHANTS.org](http://www.alvaradomERCHANTS.org)

# New Haven News

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

**Sikh Awareness and Appreciation Month**

The State of California and City of Union City recognize November as Sikh American Awareness and Appreciation Month. Since the 1890s Sikh pioneers have made significant contributions to California in Farming, Technology, Transportation, Entrepreneurship, Democracy, Community and Social Issues and many more. This month affords all Californians the opportunity to understand, recognize, and appreciate the rich history and shared principles of democracy, equality, and service to humanity by Sikh Americans.

**Attention Logan Alumni!**

James Logan High School is in the process of building a more complete Alumni Database and Network. Please take a few seconds and fill out the form (<https://docs.google.com/forms/d/e/1FAIpQLSf5d5q74VeiYv9OwIVa1dcpY1lobm3LJcbeeUEFqWYL5KnYbQ/viewform>). Feel free to share the link with any other alumni you know! Your support is appreciated as always!

**Union City Kids’ Zone**

Holiday Totes ~ Union City Kids’ Zone would like to invite you to partner with us in collecting much needed goodies for the “Holiday Tote” giveaway. We will continue to focus on our NHUSD families who are displaced or in much need of a cheerful boost this holiday season.

Last year, together with many of our amazing partners, we were able to provide over 457 NHUSD families with a basket filled with basic toiletries, board games, books, and food. We are hopeful that pulling together we can serve as many or more this year. With this said, we are reaching out to you all to come together with us and donate towards this amazing event.

Donation items needed: Shampoo/Conditioner, body wash, toothpaste, deodorant, microwave popcorn, hot cocoa mix, pasta, pasta sauce, peanut butter, jelly, board games, cards, dominoes, etc. Donations can be dropped off at the Union City Kids’ Zone office located at 725 Whipple Road, Union City, CA from November 1-30, 2017 during business hours (M-F 8:30 a.m. - 4:30 p.m.)

New Pantry Hours: Union City Kids’ Zone Resource Center houses a Food & Clothing Pantry available to any student, family and community member. NEW pantry hours are Mondays from 9:00 a.m. - 12:00 p.m. and Thursdays from 1:00 p.m. - 4:00 p.m. or by appointment (510) 476-2770.

# Quarry Turkey supports food bank

ARTICLE AND PHOTOS  
COURTESY OF BRAZEN RACING

The rarely seen Quarry Turkey will make his appearance two days after the big feast, fueled-up and ready to take on all the little turkeys! Come start a new Thanksgiving weekend tradition with a fast, mostly-flat half marathon, 10K or 5K! Little Turkeys Race (about 100 yards or so) is free to all children brought with race participants. Thanksgiving-themed costumes (for children and adults) are highly encouraged! Walkers welcome!

All races start and finish in the Quarry Lakes Regional Recreation Area. The half marathon and 10K have out-and-back sections on the Alameda Creek Trail. The course is mostly dirt fire trails with a very small portion of pavement at the beginning and end. Hills are nearly non-existent, so bring on the speed!

The Brazen Racing community is nothing if not generous, and our two Thanksgiving weekend events are a great example. Last year we collected nearly two tons of food and over \$7,000 in cash donations for our food banks. And we are out to break our records in 2017!

Quarry Turkey will be supporting the Alameda County Community Food Bank and encourages every little turkey to bring at least one canned good on race morning. Cash donations can be made when registering and bins will be available on race day for food donations. Visit <https://brazenracing.com/quarryturkey/> for the food items most in need.

**Quarry Turkey Half Marathon, 10K and 5K**  
**Saturday, Nov 25**

**7:40 a.m.: Little Turkeys Race**  
**8:00 a.m.: Half Marathon**  
**8:20 a.m.: 10K**  
**8:40 a.m.: 5K**

**Quarry Lakes Regional Recreation Area**  
**2100 Isherwood Way, Fremont**  
**[racedirector@brazenracing.com](mailto:racedirector@brazenracing.com)**  
**<https://brazenracing.com/quarryturkey/race-info/>**  
**Cost: \$40 – \$75**



SUBMITTED BY  
DEBBIE AYRES

Every year, the track at California School for the Deaf (CSD) hosts an event during which students and staff bring non-perishable food and circle the oval to show support for those in need during the holiday season. This year, each class competes to see who can bring in the most donations.

Organizer Debbie Ayres, with an energetic group of volunteers including Maggie Hatch, Jeanne, Ruth, Joshua, Jose, Scott, David, Herminio, Daryl, Warren, Jeremy, Patrick & Leda, Melinda

Cole, Lori Helms, Annette Anderson, Cindy Sasser, Francisco & Adam and the Physical Education staff guided a record-breaking effort - 79 staff participated this year and 1048 pounds of food was collected.

The effort put everyone in a great holiday mood and, as Ayers noted, “You are champs in my eyes! You made so many people happy today. Hope you also felt the joy of giving!”



# SPORTS

## Wrestlers to grapple in Newark

### Wrestling

SUBMITTED BY TIM HESS

Newark Memorial High School is proud to host, with the assistance of WrestlingMart and the Newark Rotary Club, the 29th Annual Rich Swift Memorial Ironman Wrestling Duals on Saturday, December 2, 2017

Rich Swift, recently inducted into the California Wrestling Hall of Fame, was an outstanding teacher, coach, athletic director, and wrestling tournament director in Newark for more than 30 years who passed away in 2013. The tournament promises to be an outstanding day of competition.

For the boy's tournament, twelve teams will be divided into three groups of four. Each team will then square off for three duals in a round robin format against each team in their group. For the final three rounds (two matches and one bye), the

best team in each group will move into the Gold Division to compete for the Ironman team title, while the second-best teams will compete in the Silver Division, the number three teams will match up in the Bronze Division and the number four teams will move into the Copper Division for the final three rounds.

The girl's division consists of six teams: Albany, Irvington, Morro Bay, Newark Memorial, San Leandro, Walnut.

**Rich Swift Iron Man Wrestling Duals**  
**Saturday, Dec 2**  
**8:00 a.m.**  
**Newark Memorial HS**  
**39375 Cedar Blvd, Newark**  
**(510) 673-8967**  
**nwmrcoach@aol.com**  
**Free**

## McGill debuts with CCAA Player of the Week honors



Savannah McGill with ball

helped the two-time defending CCAA champion Pioneers to a pair of victories, averaging 15.5 points and 16.5 rebounds on 70 percent shooting in wins over Bay Area rivals Holy Names and Academy of Art at Kezar Pavilion.

She was the squad's leading scorer in the season opener against the Hawks with 21 points on 9-of-10 shooting from the field. The following afternoon, McGill notched her first double-double in an East Bay uniform with 10 points and 25 rebounds. Her impressive rebounding mark is the highest total by a Pioneer in a single game in the CCAA era, and it fell just two shy of matching a school record that has been on the books for 32 years.

With its 2-0 start, Cal State East Bay women's basketball now has a record of 60-17 over its last 77 contests dating back to 2015, and a 24-9 mark under second-year head coach Shanele Stires.

### Women's Basketball

SUBMITTED BY  
STEPHEN CONNOLLY

Cal State East Bay junior newcomer Savannah McGill, from Lacey, Washington, began

her Pioneer career with an impressive weekend to earn California Collegiate Athletic Association (CCAA) Player of the Week honors for Nov. 6-12.

McGill, a junior South Puget Sound College and the all-time leading rebounder in the Northwest Athletic Conference,

### Women's Volleyball

**Cougars bow to Wolverines but finish a great season**

SUBMITTED BY TIMOTHY HESS

The Newark Memorial Cougars finished a successful season with a tough loss to San Francisco Waldorf 3-2 (26-24, 25-15, 24-26, 9-25, 10-15) in the CIF Northern California quarterfinal play on November 18th. Congratulations to the Cougars' players, and coaches, Tricia Kelly and Ryan Hanohano, on an outstanding season [24-10 record]. The 2017 TEAM advanced farther than any other Volleyball team in Cougars history.



### Football

## Trojans advance after impressive victory

SUBMITTED AND PHOTOS BY  
MIKE HEIGHTCHEW

The Milpitas Trojans won their first-round game of the Central Coast Section football tournament with an impressive 35-7 victory on November 17th. Scoring in their first offensive series of the game, the Trojans were able to continue the onslaught with another touch-down and kept adding to the score all night long. Paired with a great offensive effort, the Trojans defense shut down the Bellarmine College Prep Bells (San Jose) offense with a relentless pass rush and backfield pressure. The Bells' quarterback, sacked four times, had no time to find receivers or develop an effective counterattack.

The Trojans will face the Menlo Atherton Bears (Atherton) in the next round of play (semi-finals) on Friday, November 24th at Milpitas.



## TopFlight GYMNASTICS

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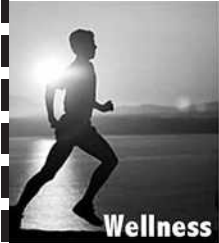
5127 Mowry Avenue  
Fremont, CA, 94538

**510-796-FLIP**

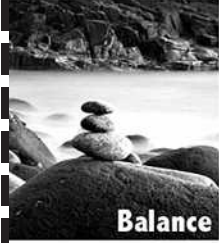
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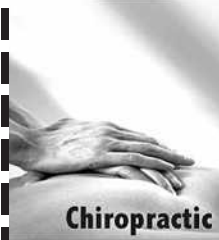
## New Address



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# 22 VETERANS DIED TODAY BY SUICIDE



## VETERANS Crisis Line

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TEAM AMVETS.  
**SUICIDE  
PREVENTION**



# Milpitas High School Coaches Receive Recognition



Coach Kelly King receives his certificate, surrounded by MUSD school board and staff.

By Rhoda J. Shapiro

At Milpitas High School (MHS), the high caliber of athleticism demonstrated by various sports teams has drawn a lot of positive attention. At the November 14, 2017 Milpitas Unified School District

(MUSD) Board Meeting, Superintendent Cheryl Jordan led a presentation to recognize MHS coaches who have dedicated themselves to guiding student athletes. Earlier this year, MHS received the Central Coast Section (CCS) Good

Sportsmanship Award. The CCS award is given to schools that demonstrate respect, fairness, and ethics during all games throughout the school year. Across the entire Santa Clara Valley Athletic League, the school is only one of two to receive this honor. Superintendent Jordan recognized

MHS Athletic Director Jeff Lamb for contributions to MHS team achievements, setting a high standard for athletes and demonstrating how Milpitas can shine in leadership roles. Lamb, who has served as Athletic Director at MHS for 25 years, was also recognized for his role as Head Coach of the Girls’ Varsity Volleyball team, that qualified for CCS Division 1 Volleyball playoffs this Fall. This past September, the MHS football team defeated Saratoga High School, marking the team’s 200th win under the helm of Coach Kelly King. “You are a pillar to a large number of young men in Milpitas,” Board Member Chris Norwood told Coach King during the presentation. Accepting a certificate for his achievement, Coach King spoke of his affinity for Milpitas and all that it represents. “I basically just wanted to give back to the city...” Coach King said. “I’m just proud to be from Milpitas.” King attended Samuel Ayer High School, the first-ever high school in Milpitas. When the school closed in 1980, King was transferred to MHS, where he graduated in 1981. He began coaching at MHS in 1985, and became Head Coach in 1990.



Athletic Director/Coach Jeff Lamb receives his certificate, surrounded by MHS coaches, MUSD school board, and MUSD staff.

## Cross County championship results

### Cross Country

SUBMITTED AND PHOTOS BY  
MIKE HEIGHTCHEW

The North Coast Section Cross County championship competition was held at Hayward High School November 18th. An impressive showing by Mission Valley Athletic League teams was led by James Logan (Union City) in Division 1, Washington (Fremont) and Mission San Jose (Fremont) in Division 2 and Moreau Catholic in Division 4.

- Division 1 Boys
- 2 Bringas, Sage SR James Logan 16:01.20
  - 7 Grewal, Yavinder SO James Logan 16:41.23
  - 8 Austria, Noel JR James Logan 17:08.40
  - 8 Hernandez, David JR James Logan 18:08.40

- Division 1 Girls
- 1 Harper, Rylie FR James Logan 19:54
  - 5 Childs-Smith, Alexandria SR James Logan 20:07.60
  - 7 Mejia, Vanessa SR James Logan 20:20.00
  - 9 Fewx, Melody SO James Logan 20:37.60
  - 5 Sena, Jasmine JR James Logan 20:51.90
  - 8 Dalman, Skylar SO James Logan 21:49.20
  - 9 Vaturri, Rithika SO James Logan 21:51.80

- Division 2 Boys
- 4 Rich, Denny SR Washington 15:12.20
  - 4 Arora, Arnav SO Mission San Jose 15:42.10
  - 9 Vasavada, Shrey SR Mission San Jose 16:18.70

- Division 2 Girls
- 10 Bellers, Myrthe JR Irvington 19:37.00
  - 2 Smith, Avery SR Mission San Jose 20:11.20
  - 4 Lau, Rachael SO Mission San Jose 20:13.10

- Division 4 Boys
- 6 Borbon, Spencer SR Moreau Catholic 16:19.80
  - 9 Melendrez, Nico SO Moreau Catholic 17:09.50
  - 2 Cardenas, Ethan SR Moreau Catholic 17:10.00

- Division 4 Girls
- 5 Isom, Nia SR Moreau Catholic 19:38.20
  - 5 Tsoi, Krystal SR Moreau Catholic 20:39.70
  - 3 A, Aakanksha SR Moreau Catholic 21:02.10



- 6 Herrera, Breana SR Moreau Catholic 21:08.40
- 9 Lowerre, Talia SR Moreau Catholic 21:18.00
- 3 Moraida, Kayla SO Moreau Catholic 22:20.60
- 5 Famallet, Sophia SO Moreau Catholic 22:27.50
- 15 Isom, Nia SR Moreau Catholic 19:38.20

- Division 5 Boys
- 10 Sevilla, Ryan SO Fremont Christian 18:49.90
  - 2 Wei, Wesley SO Fremont Christian 18:52.90

- Division 5 Girls
- 10 Wiens, Kaitlyn SR Fremont Christian 21:34.10



City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

- Fremont City Council  
1st/2nd/3rd Tuesday @ 7 p.m.  
City Hall, Bldg A  
3300 Capitol Ave., Fremont  
(510) 284-4000  
www.fremont.gov

Hayward City Council  
1st/3rd/4th Tuesday @ 7 p.m.  
City Hall, second floor  
777 B Street, Hayward  
(510) 583-4000  
www.ci.hayward.ca.us

Milpitas City Council  
1st/3rd Tuesday @ 7 p.m.  
455 East Calaveras Blvd., Milpitas  
(408) 586-3001  
www.ci.milpitas.ca.gov

Newark City Council  
2nd/4th Thursday @ 7:30 p.m.  
City Hall, 6th Floor  
37101 Newark Blvd., Newark  
(510) 578-4266  
www.ci.newark.ca.us

San Leandro City Council  
1st/3rd Monday @ 7 p.m.  
835 East 14th St., San Leandro  
(510) 577-3366  
www.sanleandro.org

Union City City Council  
2nd/4th Tuesday @ 7 p.m.  
City Hall  
34009 Alvarado-Niles Rd.,  
Union City  
(510) 471-3232  
www.ci.union-city.ca.us
- WATER/SEWER**

Alameda County Water District  
2nd Thursday @ 6:00 p.m.  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
www.acwd.org

East Bay Municipal Utility District  
2nd/4th Tuesday @ 1:15 p.m.  
375 11th St., Oakland  
(866) 403-2683  
www.ebmud.com

Santa Clara Valley Water District  
2nd/4th Tuesday @ 6:00 p.m.  
5700 Almaden Expwy., San Jose  
(408) 265-2607, ext. 2277  
www.valleywater.org

Union Sanitary District  
2nd/4th Monday @ 7:00 p.m.  
5072 Benson Rd., Union City  
(510) 477-7503  
www.unionsanitary.com
- SCHOOL DISTRICTS**

Castro Valley Unified School Board  
2nd/4th Thursday @ 7:00 p.m.  
4400 Alma Ave., Castro Valley  
(510) 537-3000  
www.cv.k12.ca.us

Fremont Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
4210 Technology Dr., Fremont  
(510) 657-2350  
www.fremont.k12.ca.us

Hayward Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
24411 Amador Street, Hayward  
(510) 784-2600  
www.husd.k12.ca.us

Milpitas Unified School Board  
2nd/4th Tuesday @ 7:00 p.m.  
1331 E. Calaveras Blvd., Milpitas  
www.musd.org  
(406) 635-2600 ext. 6013

New Haven Unified School Board  
1st/3rd Tuesday @ 6:30 p.m.  
34200 Alvarado-Niles Rd.,  
Union City  
(510) 471-1100  
www.nhusd.k12.ca.us

Newark Unified School District  
1st/3rd Tuesday @ 7 p.m.  
5715 Musick Ave., Newark  
(510) 818-4103  
www.newarkunified.org

San Leandro Unified School Board  
1st/3rd Tuesday @ 7:00 p.m.  
835 E. 14th St., San Leandro  
(510) 667-3500  
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board  
1st/3rd Tuesday @ 7:30 p.m.  
15510 Usher St., San Lorenzo  
(510) 317-4600  
www.slzusb.org

Sunol Glen Unified School Board  
2nd Tuesday @ 5:30 p.m.  
11601 Main Street, Sunol  
(925) 862-2026  
www.sunol.k12.ca.us

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

California takes steps to increase affordable housing units

By Senator Bob Wieckowski

Last December, Facebook announced that it was partnering with community groups in East Palo Alto and investing \$20 million to build affordable housing.

That same day, just across the Bay, 36 people died in a fire that ravaged the “Ghost Ship” warehouse in downtown Oakland, where artists lived without permits because they couldn’t afford the \$2,500 average monthly cost to rent a one-bedroom apartment in their city.

The irony of those two events occurring just hours and miles apart wasn’t lost on me. My Tenth Senate District sits wedged between East Palo Alto and Oakland. If the Bay Area has been hiding from the shame of the housing crisis, it was no longer possible for communities to ignore the gravity of the problem in the image of that gutted warehouse.

Our housing shortage isn’t born of depressed economic times. In the Bay Area, we’ve added 500,000 new jobs over the past six years and only 56,000 housing units. People want to live and work here, and that’s a good thing. But in Silicon Valley, the distance between home and job is often 50 miles and more.

Last year, in an effort to ease the crisis, I authored a new law to create hundreds of thousands of accessory dwelling units (ADUs)—at no cost to the State of California. These are separate living quarters that can be added onto existing single-family lots and provide an affordable and safe place to live.

Instead of encouraging such dwellings, local governments were charging excessive fees, limiting their size and imposing silly parking restrictions to discourage their construction. SB 1069, signed by Gov. Jerry Brown last September, has eased those roadblocks. The number of permit applications has since skyrocketed, demonstrating

enormous residential interest.

This year, my colleagues in the Senate have added two more creative solutions for low-income and working-class people and military veterans hard hit by the crisis.

SB 2 by Sen. Toni Atkins establishes permanent funding to build affordable housing by adding a \$75 fee for documents used in real estate sales, with a \$225 ceiling for each transaction. Her bill will raise \$1.2 billion over the next five years, money that can be used to leverage an additional \$5 billion from federal and local agencies and private institutions. This combined funding will add 20,000 new or fixed up housing units throughout the state.

Sen. Jim Beall, whose 15th District adjoins mine, has authored the “Affordable Housing Bond Act of 2018.” This statewide general obligation bond, if passed by voters, will raise \$4 billion for housing, including \$1 billion to extend the CalVet Home Loan program. For every 70 cents of state investment, it will leverage \$3 in federal tax credits.

Both these bills (which Gov. Brown signed into law) will begin to address our most immediate needs.

Over the past three decades, our population has gone from 28 million to 40 million, and among the questions we need to ask ourselves is “If we keep growing, how best to accommodate the millions more to come in a sustainable, affordable manner?”

This is the dialogue we Californians need to be sharing even as we answer a crisis already upon us of too many people and not enough roofs. And while we continue that dialogue in the faces of climate change and decades of untrammelled suburban growth, it is reassuring that the California Legislature has passed a number of important measures that will have an immediate impact on affordable housing for the people of California.

lower than the provisional number of cases reported.

The number of Valley Fever cases varies from year to year, and by season. Cases can be more common in the late summer and fall. Provisional cases include suspect, probable, and confirmed cases: suspect and probable cases may be confirmed later or excluded as official Valley Fever cases upon further investigation. CPDH is releasing the provisional data, since it provides an early indication of potential risk of Valley Fever in the current season.

It is unknown why there has been an apparent increase in provisional Valley Fever cases in California in 2017.

“With an increase in reported Valley Fever cases, it is important that people living, working, and travelling in California are aware of its symptoms, especially in the

TAKES FROM SILICON VALLEY EAST

Intellectual property and protecting your business

Submitted by Kim Marshall

Our most recent workshop, in partnership with the Alameda County Small Business Development Center (Alameda County SBDC at www.acsbdc.org), presented tips on how to safeguard a business’ intellectual property (IP) and featured speaker IP Legal Strategist Soody Tronson. According to Tronson, IP is any ‘product’ of your brain, including new ideas, discoveries, and concepts. It’s really the heart of an entrepreneur’s business. Unfortunately, many startups do not spend the time or money to protect their IP, leaving their businesses vulnerable.

So, what’s the key to protecting IP? Tronson says it varies depending on the type. It’s most important to determine what type of IP your business has. Common examples include:

- Patents (i.e., new inventions)
- Trademarks (i.e., distinctive identification)
- Copyrights (i.e., music, plays, original creative material, etc.)
- Trade Secrets (i.e., valuable

information not known to the public)

- Registered Design (i.e., external appearance)

Most companies have a business plan—a roadmap showing where they’ll be in the next few years in spending and revenue—and IP should play a key role in that plan. It needs to be defined, protected, grown, and used. If companies have multiple types of IP, multiple protections need to be in place.

As a business grows, its IP may change. Look at protecting not only the IP that exists right now, but also what might come in the future.

The good news is that there are some local resources for understanding and protecting IP, including the Tech Futures Group (www.techfutures-group.org) through the Alameda County SBDC and the Silicon Valley U.S. Patent and Trademark Office (www.uspto.gov/about-us/uspto-locations/silicon-valley-california) in San Jose. A seasoned IP attorney with knowledge of the various types of IP can help you determine which strategies are needed to protect your core business.

CORRECTION:

The report from the November 7, 2017 Fremont City Council meeting stated:

Removed from Consent Calendar:

- Second reading and adoption of ordinance regarding residential zoning standards and adding solar access preservation provision. Much public comment regarding the proposed restrictions of second story construction of existing homes. Councilmembers reevaluated their previous decision and decided to approve new zoning standards with the elimination of the 500-square-foot exemption and review square footage allowed for second story at the next council meeting. Approved 4-1 (Nay, Bacon)
- Review of square footage allowed will be reviewed at a FUTURE council meeting, not the “next” council meeting.

southern San Joaquin Valley and the Central Coast, where it is most common,” said CDPH Director and State Public Health Officer Dr. Karen Smith. “In these areas, anyone who develops flu-like symptoms, such as cough, fever, or difficulty breathing, lasting two weeks or more, should ask their health care provider about Valley Fever.”

Valley Fever, also known as coccidioidomycosis, is caused by the spore of a fungus that grows in soil in parts of California, Arizona, and other areas of the southwestern United States. People get infected by breathing in spores present in dust that gets into the air when it is windy or when soil is disturbed, such as through digging during construction.

A person can reduce the risk of infection by avoiding breathing in dirt or dust in areas where Valley Fever is common. In these areas, when it is windy outside and the air is dusty, stay inside and keep windows and doors closed. While driving, keep car windows closed and use recirculating air conditioning, if available. If you must be outdoors when it is windy and dusty, consider wearing a properly fitted mask (such as an N95 respirator mask, which is widely available in retail stores),

and refrain from disturbing the soil whenever possible. Employers should train their workers about Valley Fever symptoms and take steps to limit workers’ exposure to dust.

Most infected people will not show signs of illness. Those who do become ill with Valley Fever may have symptoms similar to other illnesses, including influenza or bacterial or viral pneumonia, so Valley Fever is not always recognized. The flu-like symptoms can last for two weeks or more. While most people recover fully, some people are at risk for more severe disease or complications of Valley Fever such as pneumonia, infection of the brain, joints, bone, skin or other organs. People with an increased risk for severe disease include those 60 years or older, pregnant women, and people with diabetes or conditions that weaken their immune system. Additionally, African-Americans and Filipinos are at increased risk for severe disease, but the reason is unknown. If you think you have Valley Fever, you should contact your health care provider.

For additional information on Valley Fever, please visit the CDPH website. www.cdph.ca.gov

Valley Fever on the rise in 2017

Submitted by Corey Egel

The California Department of Public Health (CDPH) today announced an increase in the number of new Valley Fever cases reported from local health departments in California through October 31, 2017, compared with the number of cases reported for the same period in 2016.

From January 1 through October 31, 2017, 5,121 provisional cases of Valley Fever were reported in California. This is an increase of 1,294 provisional cases from the provisional 3,827 cases reported during that same time period in 2016. The number of provisional cases provides a timely indicator of overall current activity, but the number of cases eventually confirmed is usually

# OPINION



WILLIAM MARSHAK

## Give Thanks

born every minute” (probably not his phrase), refers to the gullibility of some who will follow the carnival barker’s lure and subsequent signs of “This way to the Great Egress” which, instead of directing patrons to another exhibit, simply steered them to the exit.

On the local scene, the hype and fanfare of P.T. Barnum, sales gimmicks and other hucksterism is less likely to pass public inspection since those in the political game are closer to their electorate and more vulnerable to inspection. Our communities can be thankful that local politics remains a ground level sport that invites resident participation. The Greater Tri-City area not only includes a plethora of ethnicities, cultures and backgrounds but active participation in the political process as well. In addition, at the local level, the immediate results of those efforts are often plain to see. This is a real consequence of the combination of actions by those who govern and those who are governed. We can be thankful for our birthright or, for those who have come to this country by choice, the existence of this freedom. Others around the world are not so lucky.

Even with the turmoil at state, national and international levels, we can be thankful for the relative calm and peaceful communities around us. As a newspaper that aims to elevate the positive aspects of area without turning a blind eye to issues that require remediation, Tri-City Voice is thankful and grateful for the support of our communities and will continue to commend when appropriate yet keep a watchful eye on political and social issues vital to our common well-being. Our staff, all fellow residents of the Greater Tri-City Area, are thankful for support from you, Tri-City Voice readers, and pledge to continue to present an “accurate, fair & honest” newspaper.

Happy Thanksgiving!

William Marshak  
PUBLISHER

We are closing in on yearend and as November days dwindle, the holiday season complete with enticing sales and advertising is in full swing. Black Friday following traditional Thanksgiving feasts, has been eclipsed by week-long promotions in brick-and-mortar stores and online eCommerce. Through the hype and glitz of the retail world, political hijinks continue, especially on the national scene. The pessimistic, “bah, humbug” side of things says this is simply business as usual; cheer and goodwill is a calculated ploy to separate the naïve from their savings or assets. Attributed to American Showman P.T. Barnum, the phrase, “there’s a sucker

### EARTHTALK

#### FROM THE EDITORS OF E - THE ENVIRONMENTAL MAGAZINE

Dear EarthTalk: Isn’t the increasing urbanization of our world good for reducing our carbon footprint given the efficiency benefits of greater density?

— Simon Vorhees, Oak Park, Illinois

No doubt, the increased density of big cities leads to less energy use and fewer greenhouse gas emissions per capita. “The biggest factor is transportation, first, simply because trips get shorter, and second, because trips are more likely taken by transit, biking and walking, which are more energy efficient than cars,” says Dan Bertolet of Sightline Institute, a Seattle-based sustainability think-tank. “Density also leads to less energy use in buildings for two reasons: The housing tends to be smaller, and the shared walls/floors/ceilings in multifamily buildings help conserve heating and cooling.”

To Bertolet’s point, a recent study published in the Proceedings of the National Academy of Sciences examining projected emissions from buildings in a variety of urban areas confirms that denser development is more effective at reducing greenhouse gas emissions than weather-proofing or other efficiency-oriented infrastructure upgrades. But researchers warn that increased density alone isn’t enough to drive emissions lower overall given a host of other factors.

“Urbanization is often accompanied by higher incomes, higher economic activity and more consumption,” says Burak Güneralp, geosciences researcher at Texas A&M and the study’s lead author. “So any gains in per capita consumption due to greater density in urban areas may be exceeded by the increase in per capita consumption due to higher incomes.” Also, says Güneralp, efficiency benefits of increased density can backfire if not directed by thoughtful policy. “For example, too high a density coupled with poor planning can lead to traffic congestions, which can increase fuel consumption hence carbon emissions.”

Another downside of density is the so-called “heat island effect,” where development-crammed, pavement-capped city centers can be

20 degrees Fahrenheit hotter than surrounding areas, leading to increased energy consumption as more people crank the air conditioning, elevated emissions of potentially hazardous air pollutants from tailpipes and outflow stacks, and impaired water quality as streams, rivers, lakes and coastal areas get flushed with overheated toxin-laden run-off.

Poorly managed development outside the urban core, AKA urban sprawl, can also counteract the carbon footprint gains of increased density downtown. Sprawling suburban development uses more land per capita and forces people to drive long distances in private cars to get to work, school and shopping.

“Metropolitan areas look like carbon footprint hurricanes, with dark green, low-carbon urban cores surrounded by red, high-carbon suburbs,” says Chris Jones, a researcher with UC Berkeley’s Renewable & Appropriate Energy Lab. “Unfortunately, while the most populous metropolitan areas tend to have the lowest carbon footprint centers, they also tend to have the most extensive high-carbon footprint suburbs.”

For his part, Güneralp says careful planning is key. “The important point is that when we think about urbanization and its environmental impacts, we need to consider trade-offs and co-benefits of different approaches as well as the local context,” he concludes. “Particularly in growing cities in the developing world, such efforts can improve the well-being of billions of urban residents and contribute to mitigating climate change by reducing energy use in urban areas.”



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March 5, 1929 ~ November 15, 2017

**Henry Poff Noland**  
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November 27, 1932 ~ November 14, 2017

**Edward Joseph Quiroz**  
RESIDENT OF NEWARK  
August 17, 1943 ~ November 14, 2017

**Abel Souza Marks**  
RESIDENT OF NEWARK  
December 31, 1927 ~ November 12, 2017

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December 23, 1917 ~ November 11, 2017

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**Obituary**  
**Teresa Maria Prouty (Scalise)**



her loving brother & sister in law, Pepi, and Melissa Scalise, nephews, nieces, 5 grandchildren and other loving relatives and long time clients.

Teresa graduated from Fremont Beauty College, and went on to be a manager of Fabulous Haircuts. She traveled to several salons in the Newark, and Fremont area, with “The Girls,” Monica, Katrina, Miriam, and Amy. She was in the beauty industry for over 30 years. She enjoyed nothing more than being around her family, salon colleagues, and clients. She had a strength, and honesty about her that will greatly be missed by all who knew and loved her.

A memorial service will be held at the Silliman Center, 6800 Mowry Ave, Newark, CA 94560 on Saturday, December 2, 2017 at 12:00 p.m. The family will be there to greet relatives and friends.

**Obituary**  
**Edward J. Quiroz**  
Resident of Newark  
August 17, 1943 – November 14, 2017

Edward J. Quiroz entered into eternal rest at his home in Newark, California on November 14, 2017, he was 74.

Edward was born in Oakland, California to Guillermo and Jovita Quiroz. An avid 49er fan, he also enjoyed taking long drives and listening to music. Edward worked for 30 years as a custodian for the New Haven School District and will be greatly missed by his family and friends.

Edward Quiroz is survived by his daughter Cecilia Guerrero of Brentwood and her husband Ramon, 3 stepchildren, 8 Grandchildren, by his sister, Rosemary Garnica of Union City, nephew, Victor Garnica, Jr. of Union City, niece, Mariaelena Garnica of Fremont, and many family and friends by heart.

Services will be held at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, on Saturday, November 25, 2017



with visitation from 9:30- 11:30 a.m. and a chapel service following at 11:30 a.m. Escort will be provided to Chapel of the Chimes Cemetery in Hayward for burial following chapel service.

Family requests any donations be made to the American Diabetes Association in Edward's memory.

**Fremont Chapel of the Roses**  
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**Obituary**  
**Abel Souza Marks**  
Resident of Newark  
December 31, 1927 ~ November 12, 2017

Abel Souza Marks passed away on November 12, 2017 at the age of 89. Abel was born in Hawaii but he lived in Alameda County, CA for 50 years. Abel will be truly missed by Family and Friends.

A Chapel Service will be held on Monday, November 20, at

12:30PM at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA 94536

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Obituary

Henry P. Noland

November 27, 1932 – November 14, 2017  
Resident of Fremont

On November 14, 2017, Henry Noland entered into eternal rest in Fremont, California at the age of 84. Henry was a 56 year resident of Alameda County and worked as an aircraft mechanic for United Airlines for 37 years. Henry was a master at fixing anything. Henry is survived by his beloved wife Joan of 63 years, also survived by son, Dennis A. Noland of Modesto, daughter, Kate Werner of Monterey, 2 brothers, Donald R. Noland, Jr., and William A. Noland, sister, Irene Pereira, 4 grandchildren, 2 great grandchildren. Predeceased by son, Daniel H. Noland (2015) A Memorial Service will be held at 11:00 a.m., Saturday, November 25, 2017, at Christ the King Lutheran Church, 1301 Mowry Avenue Fremont, CA. Fremont Chapel of the Roses 510-797-1900

Obituary

In Memory of Wang Liu Pei Chang

Wang Liu Pei Chang passed away in the comfort of her home on November 16, 2017, due to complications from a recent stroke. She was 93 years old. She is predeceased by her husband, Wang Ke Cheng, and her daughter, Susan Wang Wade, and lovingly survived by her four children, twelve grandchildren, three great-grandchildren, and countless dear friends and extended family members.

Pei Chang was born in Shanghai, China on April 14, 1924, the daughter of Liu Sien Shuen and Liu Wang Shien Sian. From the start, her zeal for life and fiercely independent streak were clear. While the custom of the time was for women to marry young to a carefully-selected suitor, Pei Chang defied the odds. Her graduation from Shanghai University signified this; she was the first woman in the Liu family to attend college. A skilled linguist who could switch seamlessly between Cantonese, Mandarin, Shanghainese, German, and English depending on her audience, Pei Chang was a well-learned and articulate woman. Her nearly six-decades long marriage to husband Wang Ke Cheng proved she was more than capable of finding her own lifelong partner and charting their life together.

Together, Pei Chang and Ke Cheng celebrated life alongside their five children, daughters Judy (b. 1949), Susan (b. 1951, d. 2016), Jean (b. 1952), Eunice (b. 1954), and son John (b. 1955). After time in China, Hong Kong, and Germany, Pei Chang made a permanent home for herself in America.

A lifelong learner and dedicated artist, Pei Chang spent the latter decades of her robust life carefully honing her many talents. Singing traditional Beijing opera was a particular joy of Pei Chang's, a passion that began in her midlife and continued in earnest well into her nineties. Never one to sit idly by,



Pei Chang reveled in performing for others, starring in one-woman shows and competing in local pageants. Her companions at the Aegis Gardens assisted living facility noted that even the night before her stroke, she was singing karaoke in front of her peers, making them smile and laugh as she was known to do. She developed a wide array of fine arts skills over the past thirty years, becoming an avid painter skilled in several media including oil, watercolor, and traditional Chinese styles. Her canvases and cards now decorate the homes of her children and grandchildren. She also learned to play acoustic guitar as well as the traditional Chinese yueqin (moon guitar) and erhu (Chinese fiddle), performing with her local community-based band of senior citizens as well as partaking in weekly private lessons.

More so than her many talents and skills, however, Pei Chang will be tenderly remembered as a loving, joyful, high-spirited, and independent mother, grandmother, great-grandmother, and friend. Her inner spark and fidelity to her own ideas about what constitutes a healthy and fulfilling life have left an indelible mark on the lives of the many friends and family members she touched over the years. May she rest evermore in peace.

The family of Wang Liu Pei Chang will be arranging a private memorial at Fremont Chapel of the Roses. The service will be followed by burial at the Gates of Heaven Cemetery, located at 22555 Cristo Rey Drive, Los Altos, CA, 94024.

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Major Road Closure Next Week

SUBMITTED BY CITY OF UNION CITY

Union Pacific Railroad will be performing urgent safety repairs on the stretch of rail that intersects Decoto between Cheeves Way and Depot Road. Here are some key things you should know:

- Anticipated construction date: November 27 to December 1 (may be done sooner).
- NO THROUGH TRAFFIC WILL BE ALLOWED ON DECOTO ROAD DURING

THIS TIME.

- Residents are suggested to use an alternate route such as Whipple Road or Niles Boulevard to access the Decoto neighborhood.

- Commuters from the tri-valley and other through traffic are highly encouraged to use route 84. Hayward-area commuters are encouraged to use I-880.

- We recognize the timing of this project is difficult for commuters and parents with children at James Logan High School and

Guy Emanuele. The Railroad's jurisdiction supersedes the city's jurisdiction in these urgent rail safety repairs, so the city cannot control the timing or duration of the project.

- The city is performing extensive public outreach, including phone calls to all businesses and residents in the area starting November 20.

We encourage residents and businesses with questions to call the Public Works line at 510.675.5308.

Canna-biz regulations approved

SUBMITTED BY CITY OF HAYWARD

Hayward is poised to open its borders to commerce in cannabis—a year after majorities of city voters backed a statewide initiative legalizing adult recreational use of marijuana and a local measure in support of taxing canna-businesses.

Just recently, the Hayward City Council passed an ordinance establishing a competitive process through which every applicant for a commercial cannabis permit will undergo rigorous review by a neutral third-party.

A land-use ordinance designating permissible locations for marijuana cultivation, laboratories, product manufacturing and packaging, wholesale and retail operations, as well as covering delivery services and cultivation for personal use, is undergoing final amendments. That measure would limit the total number of retail operations in Hayward to up to three.

The final package of legislation is slated to take effect prior to Jan. 1 when state licensing of cannabis businesses could begin. It has been crafted to maximize selectivity in the awarding of permits, and flexibility in setting and adjusting business operating conditions and tax rates to protect public health and safety, and cover the increased demand on city services.

To see a map of areas of Hayward permissible for establishment of a retail cannabis business and for other information, visit our City of Hayward website (<https://www.hayward-ca.gov/your-government/programs/medical-and-adult-use-cannabis>)

Lincoln Landing legal challenge dropped

SUBMITTED BY CITY OF HAYWARD

A community group has dropped its legal challenge to the Lincoln Landing plan for 476 market-rate apartments to be built over 80,500 square feet of new retail space at the site of the old Mervyn's headquarters on Foothill Boulevard.

On Oct. 11, the Hayward Smart Growth Coalition requested dismissal of its lawsuit, which argued that the development project was approved without adequate study of its environmental effects.

The request for dismissal followed confidential negotiations between the Coalition and Lincoln Landing developer Dollinger Properties of Redwood City. No deal or terms of an agreement to settle the dispute have been disclosed by the Coalition or Dollinger.

The City Council voted unanimously to approve Lincoln Landing on April 25—the second of three major mixed-use projects to get Council backing in 2017. Earlier, it approved Maple and Main, another downtown project calling for 192 market-rate apartments, 48 apartments priced affordably to very low-income households, 48,000 square feet of rehabilitated medical offices, and 5,500 feet of retail space. Later, on May 9, the Council gave the green light to Mission Crossings, a re-imagining of the former Hayward Ford automotive dealership at 25501 Mission Boulevard into 142 townhouse-style condominiums, an extended-stay hotel, and retail space built around an urban agricultural garden.

Combined, Lincoln Landing, Maple and Main and Mission Crossing represent nearly a half-billion dollars in new private real estate investment in the city.

Union City City Council Meeting

November 14, 2017

Proclamations and Presentations:

- Congratulate and honor Mintze Cheng, P.E. on her retirement as Public Works Director.
- Recognize November as Sikh Awareness and Appreciation Month.
- View a presentation by the Union City Police Department on the Dementia Family Program.

Consent:

- Increase the budgets for project 17-01 annual overlay project by \$212,186 and Project 17-12 Annual Slurry Seal Project by \$200,000.
- Adopt a resolution authorizing the police department's participation in the 2017-18 California Office of Traffic Safety "Step" Grant.

Public Hearing:

- Adopt a resolution (Public Hearing) approving site development review and use permit for Windflower Properties to develop 443 new residential units and 5,088 square feet of retail space at 34302 11th Street.

City Manager Reports:

- Impose regulatory restrictions and procedures for

the operation of commercial cannabis uses. (3 ayes, 2 nays: Singh, Ellis)

- Establish the number and types of commercial cannabis permits, open process for commercial cannibas permits and establish and adopt fees for processing such permits. (4 ayes, 1 nay: Singh)

|                           |             |
|---------------------------|-------------|
| Mayor Carol Dutra Vernaci | Aye         |
| Vice Mayor Pat Gacoscos   | Aye         |
| Emily Duncan              | Aye         |
| Lorrin Ellis              | Aye, 1 nay  |
| Gary Singh                | Aye, 2 nays |



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According to Google, 61% of users are unlikely to return to a mobile website they had trouble accessing and 40% will visit a competitor's site instead if it is not mobile friendly and loads incorrectly on a mobile device

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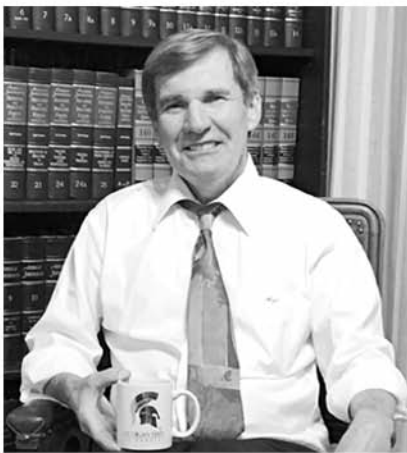
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SUBMITTED BY LT. RAJ MAHARAJ,  
MILPITAS PD

On Friday, September 29, 2017, at approximately 2:30 p.m., a 44-year-old woman reported, to the Milpitas Police Department, she had been a victim of a prior sexual assault while being treated by a chiropractor. The woman stated the previous day, September 28, 2017, she had an appointment with Dr. Gregory Alan Lind, at the Family Chiropractic and Natural Healing Center, located at 1778 Clear Lake Avenue, for an adjustment. During the adjustment, the woman said she was inappropriately touched by Dr. Lind. Milpitas Police detectives investigated the incident and ultimately arrested Dr. Lind, at his business. Dr. Lind was booked into the Santa Clara County Main Jail for two counts of sexual penetration. Anyone with information regarding this case or other cases involving Dr. Lind are encouraged to call Detective Sergeant Morris at (408) 586-2400.



## BART Police Log

SUBMITTED BY  
LES MENSINGER

### Friday, Nov. 10

At 3:18 p.m. officers responded to the San Leandro Station and detained a man that allegedly had threatened patrons and committed a battery. The suspect was placed under arrest on suspicion of public intoxication and booked into jail. No one came forward regarding the battery.

At 3:27 p.m. A victim reported their Nishiki Mountain Bike was stolen from the Union City Station sometime between 1 p.m. and 3:15 p.m. The bike was secured with a cable lock.

### Saturday, Nov. 11

At 10:10 a.m. a man, identified by police as Mark Stewart, 49, of Richmond, was detained on suspicion of fare evasion at the Hayward Station. Stewart provided a false name and then struggled with the officer as he attempted to take him into custody. He was arrested on suspicion of battery on a peace officer, resisting arrest and a probation violation. He was issued a prohibition order and booked at Santa Rita Jail.

### Sunday, Nov. 12

While riding a train at 8:34 p.m. a victim had his \$700 iPhone 7S slapped out of his hand and taken by a man as the train approached the South Hayward station. The suspect fled from the station by jumping over a wall, and was in the company of two other males who did

not participate in the robbery. The suspect was described as an 18-year-old black man wearing saggy jeans and a dark jacket.

### Monday, Nov. 13

At 7:45 p.m. a woman reported a man pointed a gun at her and demanded her backpack while in the bus zone at the South Hayward station. After taking the backpack, the man threw away the backpack and then fled from the station. The victim's boyfriend pursued the suspect, but did not catch him. There were no injuries, and the backpack was recovered. The suspect was described as a black man wearing a blue sweater and a white hat.

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## Suspect in Union City man's death identified and charged



John Ashley Gordon

SUBMITTED BY UNION CITY PD

Union City Police have identified an extended family member who struggled with a 64-year-old man on a residential street in early November that resulted in the man's death.

The suspect, John Ashley Gordon, 46, of Union City, was charged with murder by the Alameda County District Attorney's Office. He is being held at Santa Rita Jail.

The events started on Thursday, Nov. 9 when Union City Police responded to the 4400 block of Lisa Dr. on a report of an unresponsive man lying in the middle of the street. Efforts by paramedics to revive the man were unsuccessful and he died at the scene. The identity of the man who died is being withheld pending notification of the family by the Alameda County Coroners Bureau.

There were no apparent signs of trauma, however witnesses told police that the man who died had been in a heated argument and struggle prior to police arrival.

It was later determined the man who died was an extended family member of Gordon's. The reasons for the argument and struggle are still being investigated by detectives. It is believed the death was brought on by a medical event brought on by the struggle.

## Newark Police Log

SUBMITTED BY  
CAPTAIN CHOMNAN LOTH, NEWARK PD

### Friday, Nov. 10

At 1:42 p.m. officer Palacio and Rivas contacted and arrested a 44-year-old transient male on suspicion of vandalism, being under the influence of a controlled substance and for violating the terms of his probation on the 35200 block of Newark Boulevard. The suspect was booked into Santa Rita Jail.

### Saturday, Nov. 11

At 3:43 p.m. Officers Taylor and Jackman respond to Sears at NewPark Mall on a report of a theft. Jackman located a suspect, a 61-year-old transient male, on Mowry Avenue near Interstate 880. The suspect was arrested on suspicion of carrying a concealed weapon, possession of a controlled substance, possession of drug paraphernalia, shoplifting and an outstanding warrant. The suspect was booked into the Fremont Jail.

At 11:34 p.m. Officer Piquette and Field Training Officer Arroyo contacted and arrested a 38-year-old Newark woman on suspicion of being under the influence of a controlled substance, possession of drug paraphernalia, possession of a controlled substance and obstructing a Police Officer on the 5600 block of Jarvis Avenue. The suspect was booked into the Santa Rita Jail.

### Sunday, Nov. 12

At 11:39 p.m. Officers Herbert and Wallace responded to a disturbance in the Home Depot parking lot, 5401 Thornton Avenue. A 22-year-old man, and a 25-year-old man, both of Newark, were arrested on suspicion of mutual battery. Both suspects were booked into Santa Rita Jail.

### Tuesday, Nov. 14

At 8:55 a.m. Officer Allum responded to a three-vehicle injury accident on Mowry Avenue and Alpine Street. One driver was taken to a hospital to treat injuries sustained in the accident.

At 3:28 p.m. Officers Jackman and Wang responded to a disturbance on the 37900 block of Dahlia Drive. Jackman contacted and arrested a 24-year-old Newark man on suspicion of battery. The suspect was booked into the Fremont Jail.

### Wednesday, Nov. 15

At 8:41 a.m. Officers Knutson and Heckman responded to the 6400 block of Buena Vista to investigate multiple garages being broken into.

At 12:39 p.m. Officer Rivas responded to the Forever 21 store at NewPark Mall to investigate an embezzlement case. Rivas arrested a 20-year-old Fremont woman for the embezzlement. The suspect was booked into the Fremont Jail.

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HOSPITAL



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PUBLIC NOTICES

NOTICE OF PUBLIC HEARING  
CITY OF FREMONT  
HISTORICAL ARCHITECTURAL REVIEW BOARD

NOTICE IS HEREBY GIVEN THAT THE HISTORICAL ARCHITECTURAL REVIEW BOARD (HARB) OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS, SAID PUBLIC HEARINGS WILL BE HELD AT 6:30 P.M., ON THURSDAY, DECEMBER 7, 2017 AT THE CITY OF FREMONT, NILES CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

Centerville Pioneer - 37218 Fremont Boulevard - PLN2017-00228 - To consider Historical Architectural Review to remove a previously destroyed/demolished church from the Fremont Register, and of a proposal that includes a General Plan Amendment, Rezoning, Tentative Tract Map, and Private Street to allow development of eight residential units (condominiums) in two buildings on an approximately .4-acre site, which previously contained the historic church, and to consider a Mitigated Negative Declaration prepared in accordance with the California Environmental Quality Act (CEQA). The project site is located in the southern corner of the historic Centerville Pioneer cemetery grounds, fronting Bonde Way, where the church once stood until destroyed by fire in 1993.  
Project Planner - Bill Roth, (510) 494-4450, broth@fremont.gov

\* NOTICE \*

If you challenge the decision of the Historical Architectural Review Board in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Historical Architectural Review Board at, or prior to, the public hearing.

INGRID RADEMAKER  
FREMONT HISTORICAL  
ARCHITECTURAL REVIEW BOARD

  
CNS-3072794#

CIVIL

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME  
Case No. HG17881275  
Superior Court of California, County of Alameda  
Petition of: Victor Yong Chao Liang for Change of Name  
TO ALL INTERESTED PERSONS:  
Pettitioner Victor Yong Chao Liang filed a petition with this court for a decree changing names as follows:  
Victor Yong Chao Liang to Sydney Liang  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice of Hearing:  
Date: 11/19/18, Time: 11:30 a.m., Dept.: 24  
The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice  
Date: Nov. 3, 2017  
Morris Jacobson  
Judge of the Superior Court  
11/14, 11/21, 11/28, 12/5/17

CNS-3069404#

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME  
Case No. HG17880731  
Superior Court of California, County of Alameda  
Petition of: Peck Sim Cheah for Change of Name  
TO ALL INTERESTED PERSONS:  
Pettitioner Peck Sim Cheah filed a petition with this court for a decree changing names as follows: Maurice Hawlan Cheah Damiani to Maurice Hawlan Kovacs  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice of Hearing:  
Date: 12/29/2017, Time: 11:30 AM, Dept.: 24  
The address of the court is 1221 Oak St, Oakland, CA 94612  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Whats Happening Tri-City Voice  
Date: Oct 31 2017  
Morris Jacobson  
Judge of the Superior Court  
11/7, 11/14, 11/21, 11/28/17

CNS-3068121#

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME  
Case No. HG17873828  
Superior Court of California, County of Alameda  
Petition of: Ramanajoithy Senathirajah for Change of Name  
TO ALL INTERESTED PERSONS:  
Pettitioner filed a petition with this court for a decree changing names as follows:  
Ramanajoithy Senathirajah to Ram Rajah  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice of Hearing:  
Date: Continuanace 12/8/2017, Time: 11:30 am, Dept.: 24  
The address of the court is 1221 Oak Street, CA ("Administration Building) 94612  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Fremont  
Date: Sep 1, 2017  
Morris Jacobson  
Judge of the Superior Court  
11/7, 11/14, 11/21, 11/28/17

CNS-3066782#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537972  
Fictitious Business Name(s):  
**Ragamallika, Mus. Language Academy, 37155 Aspenwood Common, Unit 201, Fremont, CA 94536**, County of Alameda  
Registrant(s):  
Jayanthi Balakrishnan, 37155 Aspenwood Common, Unit 201, Fremont, CA 94536  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Jayanthi Balakrishnan

CNS-3072794#

This statement was filed with the County Clerk of Alameda County on November 15, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/21, 11/28, 12/5, 12/12/17

CNS-3072837#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537809  
Fictitious Business Name(s):  
**Ground Zone Environmental Services, LLC, DBA Ground Zone LLC, 1361 B Street, Hayward, CA 94544**, County of Alameda  
Registrant(s):  
Ground Zone LLC DBA Ground Zone Environmental Services, LLC, 1705 Modoc Ave., Hayward, CA 94542; California  
Business conducted by: a Limited Liability Company  
The registrant began to transact business using the fictitious business name(s) listed above on 2/16/12  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Sam Brathwaite, Principal  
This statement was filed with the County Clerk of Alameda County on November 9, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/21, 11/28, 12/5, 12/12/17

CNS-3072279#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537149  
Fictitious Business Name(s):  
**Niles Supply Company, 345 Goleta Terrace, Fremont, CA 94536**, County of Alameda; PO Box 2101, Fremont, CA 94536  
Registrant(s):  
Keith Westra, 345 Goleta Terrace, Fremont, CA 94536  
Business conducted by: Married Couple  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Keith Westra, Owner / Partner  
This statement was filed with the County Clerk of Alameda County on October 25, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/21, 11/28, 12/5, 12/12/17

CNS-307174#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537066  
Fictitious Business Name(s):  
**Pooja International Gifts, 34159 Fremont Blvd., Fremont, CA 94555**, County of Alameda  
Registrant(s):  
Ruby Sharma, 229 N. Orinda, Mountain House, CA 94539  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Ruby Sharma  
This statement was filed with the County Clerk of Alameda County on October 23, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/14, 11/21, 11/28, 12/5/17

CNS-3070816#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537737  
Fictitious Business Name(s):  
**Atlas General Construction, 36391 Haley St., Newark, CA 94560**, County of Alameda  
Registrant(s):  
Atlas TR Inc., 36391 Haley St., Newark, CA 94560, California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Bilal Iliter, CEO  
This statement was filed with the County Clerk of Alameda County on November 8, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/14, 11/21, 11/28, 12/5/17

CNS-3070355#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537378  
Fictitious Business Name(s):  
**Indcomm Real Estate, 39465 Paseo Padre Pkwy, #1500, Fremont, CA 94538** Alameda  
Registrant(s):  
Teresa Reinstra, 5486 Jonathon Dr., Newark, CA 94560  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on Nov.15, 1989  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Teresa Reinstra, Owner, Broker  
This statement was filed with the County Clerk of Alameda County on October 31, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after

any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/14, 11/21, 11/28, 12/5/17

CNS-3070028#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537486  
Fictitious Business Name(s):  
**Stitch On Wheels Auto Upholstery, 37643 Timber Street, Unit B, Newark, CA 94560**, County of Alameda  
Registrant(s):  
Andrew E. Reams, 36265 Cedar, Newark, CA 94560  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on 6/1/2007  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Andrew E. Reams, Owner  
This statement was filed with the County Clerk of Alameda County on November 2, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/14, 11/21, 11/28, 12/5/17

CNS-3070027#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537225  
Fictitious Business Name(s):  
**Autolux, 1122 B St, Unit #203, Hayward, CA 94541**, County of Alameda  
Registrant(s):  
Miguel Vega, 651 Mockingbird Ln, Oakley, CA 94561  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Miguel Vega, Owner  
This statement was filed with the County Clerk of Alameda County on October 26, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/14, 11/21, 11/28, 12/5/17

CNS-3069576#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537410  
Fictitious Business Name(s):  
**Loso Unlimited, 2943 Pescadero Terrace, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Sengphet Douangchampa, 2943 Pescadero Terrace, Fremont, CA 94538  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Sengphet Douangchampa  
This statement was filed with the County Clerk of Alameda County on November 1, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/14, 11/21, 11/28, 12/5/17

CNS-3069406#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537306  
Fictitious Business Name(s):  
**InnoCatalist, 42007 Camino Santa Barbara, Fremont, CA 94539**, County of Alameda  
Registrant(s):  
Tanya Wang, 42007 Camino Santa Barbara, Fremont, CA 94539  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on Oct 29, 2017  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Danyang, Owner  
This statement was filed with the County Clerk of Alameda County on October 30, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/7, 11/14, 11/21, 11/28/17

CNS-3068527#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537256-60  
Fictitious Business Name(s):  
**Wawadentz, (4) Source Sherpas, (3) Devices Tech, 7100 Stevenson Blvd. #130, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Beautera Inc 7100 Stevenson Blvd. #130, Fremont, CA 94538; California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Nina Lew, CEO  
This statement was filed with the County Clerk of Alameda County on October 27, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/7, 11/14, 11/21, 11/28/17

CNS-3067057#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 537261-62  
Fictitious Business Name(s):  
**1. direcXource, 2. direcXource Cable, 48603 Warm Spring Blvd., Fremont, CA 94539**, County of Alameda  
Registrant(s):  
RDS Associates, Inc., 48603 Warm Spring Blvd., Fremont, CA 94539; California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ David Cheng, CEO  
This statement was filed with the County Clerk of Alameda County on October 2, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/7, 11/14, 11/21, 11/28/17

CNS-3066776#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 536651  
Fictitious Business Name(s):  
**Bits20, 44994 Cougar Circle, Fremont, CA 94539**, County of Alameda  
Registrant(s):  
Naved Zafar, 44994 Cougar Circle, Fremont, CA 94539  
Abida Nazir, 44994 Cougar Circle, Fremont, CA 94539  
Business conducted by: Married Couple  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Naved Zafar  
This statement was filed with the County Clerk of Alameda County on October 16, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
10/31, 11/7, 11/14, 11/21/17

CNS-3066107#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 5373161  
Fictitious Business Name(s):  
**1. Cal Bay Supplies, 2. Cal Bay Realty, 566 Rock Avenue, Fremont CA 94536**, County of Alameda  
Registrant(s):  
Hyong T. Thomas, 566 Rock Avenue, Fremont CA 94536  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Hyong Thomas, Owner  
This statement was filed with the County Clerk of Alameda County on October 25, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
10/31, 11/7, 11/14, 11/21/17

CNS-3065911#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 536858  
Fictitious Business Name(s):  
**Lost in Art, 2872 Pinnacles Ter, Fremont, CA 94538**, County of Alameda  
Registrant(s):  
Christine Kuo, 2872 Pinnacles Ter, Fremont, CA 94538  
Business conducted by: An Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Christine Kuo, Owner  
This statement was filed with the County Clerk of Alameda County on October 20, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
10/31, 11/7, 11/14, 11/21/17

CNS-3065688#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 536859  
Fictitious Business Name(s):  
**Raina Rental Properties, 3423 Woodside Terrace, Fremont, CA 94539**, County of Alameda  
Registrant(s):  
Atasi Gantayat, 3423 Woodside Terrace, Fremont, CA 94539  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Atasi Gantayat, Sole Proprietorship  
This statement was filed with the County Clerk of Alameda County on October 20, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
10/31, 11/7, 11/14, 11/21/17

CNS-3065410#

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 536857  
Fictitious Business Name(s):  
**Gantayat Rental Properties, 3423 Woodside Terrace, Fremont, CA 94539**, County of Alameda; Mailing Address: N/A  
Registrant(s):  
Bijaya Gantayat, 3423 Woodside Terrace,

Fremont, CA 94539  
Business conducted by: an Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Bijayan Gantayat, Sole Proprietorship  
This statement was filed with the County Clerk of Alameda County on October 20, 2017  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
10/31, 11/7, 11/14, 11/21/17

CNS-3065405#

GOVERNMENT

NOTICE TO CONTRACTORS  
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on December 12, 2017 at which time they will be opened and read out loud in said building for:  
**SULLIVAN UNDERPASS IMPROVEMENTS, MISSION BLVD TO NILES BLVD CITY PROJECT 8374 (PWC)**  
Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-fundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at [www.e-arc.com/location/santa-clara](http://www.e-arc.com/location/santa-clara). Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.  
LINDA WRIGHT  
PURCHASING DIVISION  
CITY OF FREMONT  
11/21, 11/28/17

CNS-3072606#

ORDINANCE NO. 845-17  
AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF UNION CITY REPEALING CHAPTER 5.43 "MEDICAL MARIJUANA DISPENSARIES" AND 9.46 "MEDICAL MARIJUANA CULTIVATION AND DELIVERY" IN THEIR ENTIRETY AND ADDING CHAPTER 5.44 "CANNABIS" TO THE UNION CITY MUNICIPAL CODE  
The above entitled ordinance was adopted by the City Council on November 14, 2017. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance, as it was read and adopted on November 14, 2017 is available on the City's website at: <http://lf2.unioncity.org/weblink/8/0/f/12/Row1.aspx>. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail.  
PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on November 14, 2017 by the following vote:  
AYES: Councilmember Duncan, Vice Mayor Gaceros, Mayor Derjermaci  
NOES: Councilmembers Ellis, Singh ABSENT: None ABSTAIN: None  
APPROVED: /s/ Carol Dutra-Vernaci CAROL DUTRA-VERNACI, Mayor  
ATTEST: /s/ Anna M. Brown ANNA M. BROWN, City Clerk APPROVED AS TO FORM: /s/ Kristopher J. Kokotaylo KRISTOPHER J. KOKOTAYLO, Interim City Attorney  
11/21/17

CNS-3072602#

PUBLIC NOTICE AND SUMMARY OF AN ORDINANCE TO BE ADOPTED BY THE CITY COUNCIL OF THE CITY OF NEWARK  
ORDINANCE OF THE CITY COUNCIL OF THE CITY OF NEWARK AMENDING THE TITLE 2 (ADMINISTRATION AND PERSONNEL) CHAPTER 2.16 (DISASTER COUNCIL) OF THE NEWARK MUNICIPAL CODE TO CONFORM WITH THE CALIFORNIA OFFICE OF EMERGENCY SERVICES REQUIREMENTS  
On November 9, 2017, the Newark City Council introduced an ordinance amending Chapter 2.16 (Disaster Council) of the Newark Municipal Code to conform with the California Office of Emergency Services requirements. The California Office of Emergency Services has issued recommendations for updating local Disaster Council Ordinances to comply with changes in legislation governing disaster response. The proposed update includes minor revisions and clarifications to the current language and ensures that the ordinance conforms to the latest State law and regulations issued by California Office of Emergency Services.  
This ordinance will be considered for adoption at the regular meeting of the Newark City Council to be held on Thursday, December 14, 2017 at 7:30 p.m. in the City Council Chambers, 37101 Newark Boulevard, Newark, California.  
Copies of the full text of this ordinance are available for public examination in the Office of the City Clerk, 37101 Newark Boulevard, 5 th Floor and in the Newark Library, 6300 Civic Terrace Avenue, Newark, California.  
Sheila Harrington City Clerk  
11/21/17

CNS-3072411#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF EARL LESTER YOWELL  
CASE NO. RP17882364  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Earl Lester Yowell  
A Petition for Probate has been filed by Julie Shirk in the Superior Court of California, County of Alameda.  
The Petition for Probate requests that Julie Shirk be appointed as personal representative to administer the estate of the decedent.  
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)  
The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
A hearing on the petition will be held in this court on 01/02/2018 at 09:31 a.m. in Dept. 202 located at 2120 Martin Luther King Jr Way, Berkeley, CA 94704.  
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court and the court clerk (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.  
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.  
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
Petitioner/Attorney for Petitioner: Thomas B Reed Jr, 676 Bockman Court, San Lorenzo, CA 94580, Telephone: (510) 278-8362  
11/21, 11/28, 12/5/17

CNS-3073153#

## GPS leads to recovery of stolen truck

SUBMITTED BY  
SAN LEANDRO PD

Two San Leandro men have been arrested on suspicion of auto theft in a disappearance of a commercial truck owned by a local electrical construction company.

Events started at about 2 p.m. Monday, Nov. 13 when the San Leandro Police Department to report that a company truck was stolen and was being tracked via GPS driving toward Oakland.

San Leandro Police officers and detectives quickly responded to the area where the stolen vehicle was traveling and found it in the parking lot of the Coliseum Flea Market in Oakland. Detectives watched as two men, identified by police as Leroy Silva, 48, and Robert Barton, 54, began unloading the

truck’s tools into a parked sport-utility-vehicle.

Both men then abandoned the stolen truck and left the area in the sport-utility-vehicle. Police detectives then followed the two men to a retail strip mall near High Street where they were detained. One of the two men attempted to run but was quickly apprehended by officers.

“The implementation of GPS technology and the swift response by officers greatly contributed to locating the stolen truck,” said San Leandro Police Department Lt. Isaac Benabou. “In this case, we were able to recover the victim’s stolen vehicle and tools, and arrested two subjects for the crime.”

Both Silva and Barton are being held at Alameda County’s Santa Rita Jail awaiting their court appearance.

## Phone companies get new tools to block spam calls

BY TALI ARBEL  
ASSOCIATED PRESS  
TECHNOLOGY WRITER

NEW YORK (AP)— Phone companies will have greater authority to block unwanted calls from reaching customers as regulators adopted new rules to combat automated messages known as robocalls.

Rules adopted on Nov. 16 by the Federal Communications Commission represent the latest tools against robocalls, which pester consumers, sometimes multiple times each day, and often push scams. The agency, which regulates the country’s phone, broadcast TV and internet services, also hopes that recent big fines will help deter scammers.

Phone companies can already block some calls that trick consumers by showing up on Caller ID with fake numbers. The new rules make clear that they can block additional calls that are likely scams, such as numbers that start with a 911 area code, or one that isn’t currently assigned to anyone.

The changes won’t stop robocalls completely, though experts say these steps are a good start. The federal and state “Do Not Call” lists are supposed to protect people from unwanted calls from telemarketers. But scammers don’t care about breaking the law.

Scammers reach people cheaply and easily using auto-dialers, which spew out many calls automatically. It’s estimated that Americans receive tens of millions of robocalls every day. Not all of them are fraudsters, of course. Pharmacies send automated messages about prescriptions being filled. But too often, it’s this: you owe the IRS money; it’s Microsoft calling to fix your computer; free cruises!

The steps the FCC took lets carriers crack down on these spoofed numbers. If successful, that would make running a scam more difficult and save U.S. consumers millions of dollars, a group of state attorneys general said in an FCC filing.

Experts have said these are solid developments, but won’t protect consumers from all unwanted calls. Not every one of those is from a spoofed number. Debt collectors and political campaigns are not covered under the Do Not Call lists.

In the longer term, the FCC supports industry efforts to verify that callers are really who they say they are. Perhaps one day, you’ll see a green checkmark on your smartphone when the caller is legitimate. U.S. Telecom, the phone-company lobby, has said that rolling this out could take a few years, but would prove powerful against robocallers.

The FCC has also sought ways to stop annoying calls from dogging consumers when they change numbers. Today, if you sign up for Do Not Call but then get a new number, a marketer may not know and could pester you on your new line.

Phone companies, cellphone makers and independent apps can also screen or block unwanted calls by checking them against databases of known problem numbers and analyzing suspicious behavior, like a number that’s calling lots of people on Do Not Call lists.

Some of the carriers’ tools cost extra, and they’re not available for all phones and all plans. Consumers Union wants phone companies to make call-blocking tools available to all consumers for free. For home phones, apps including YouMail and Nomorobo offer relief for free, but they have some limitations. You can also buy gadgets that block calls on home phones, although some of them can be clunky.

Robocallers and spammers will still try to find ways to their victims. But there are common-sense measures for consumers to follow:

- Don’t answer the phone if you don’t recognize the number. (Yes, this is impractical on business phone lines.)
- Hang up on unwanted callers. Don’t talk to them or press any buttons. If you engage with them, they might flag you as someone who’s responsive and inundate you with more calls. Block the number after the call, if possible.
- Don’t give callers personal information, like bank account or Social Security numbers.
- Use call-blocking apps. If you have privacy concerns, check the app’s policy to see if it’s sharing your call or contacts data with marketers.

## Fremont Police Log

SUBMITTED BY  
GENEVA BOSQUES,  
FREMONT PD

### Thursday, Nov. 9

At about 3:18 p.m. an officer was driving through Niles when he saw a 28-year-old Fremont man already known to police standing near a vehicle parked around Niles Boulevard near J Street. The officer attempted to make contact, but the man ran away prompting the officer to chase him on foot. When caught, the man struggled as the officer tried to take him into custody prompting the officer to use a taser to subdue him. The man was found to be in possession of a loaded Glock 23, methamphetamine, burglary tools, and identification belonging to other people. He was taken to jail and booked on various charges including being a felon in possession of a gun, carrying a concealed loaded weapon, possession of a controlled substance while armed, obstructing an executive officer, possession of a controlled substance, receiving stolen property, battery on a police officer, possession of a silencer, obstructing/resisting, possession of burglary tools.

### Friday, Nov. 10

At 9:29 a.m. officers were dispatched to a vehicle collision that was heard near Niles Boulevard and Nursery Avenue. The first arriving officer located a white 4-door Honda Civic on the east side sidewalk of Niles Boulevard north of Nursery Avenue. As he approached the vehicle, it began to drive slowly eastbound off the sidewalk onto Torrano Common. The vehicle had two flat tires and structural damage and eventually stopped. The officer contacted the driver, a 29-year-old Fremont man and asked him to exit the car. Instead, he sped away, traveling about 25 yards before the driver exited and ran to a nearby unoccupied vehicle with an unlocked door. Eventually, the officer got the man out of the vehicle. The man

then started to remove his clothes except underwear. The officer attempted to detain the man, but he resisted and began fighting, prompting the officer to use a taser, but the man pulled the probes out of the taser and continued to fight. Eventually more officers arrived and helped take the man into custody. The man was taken to a hospital for medical clearance, and later booked at Santa Rita on charges of obstructing an executive officer, attempting to remove a peace officer’s firearm and attempted vehicle theft.

### Saturday, Nov. 11

At 12:30 p.m. three separate reporting parties called to report a man driving around Fremont with an assault rifle on his lap. The suspect vehicle was described as a dark grey Toyota with a green dealership paper plate. Officer Contrada located the suspect vehicle as it traveled southbound on Fremont Boulevard near Stevenson Boulevard. A felony traffic stop was initiated near Fremont and Grimmer boulevards and 31-year-old Fremont man was arrested. A black AR-15 replica rifle and a two-foot long steel machete were located near the front passenger seat. The orange tip on the AR-15 replica rifle was painted black. The man made several comments about wanting to harm himself and he was taken to a hospital to see a crisis nurse. After being released from the hospital, he was booked into Santa Rita Jail on charges of altering an imitation firearm, obstructing/resisting and driving under the influence.

Two men approached a male at Papazian Way and Fremont Boulevard and asked what he was doing. The male told them he was waiting for a rideshare service to take him to BART and the two suspects offered him a free ride. The victim happily entered their vehicle, described as a black four door-possibly a Toyota. The two males did not drive the victim to BART, instead, they took him to Budwing Terrace where they parked and demanded cash. One suspect produced a knife and took the victim’s satchel and the other suspect punched the victim twice and took his jacket. Both suspects then sped away in their

car. The loss was an iPhone 10, a Samsung cell phone, a black satchel, black jacket, some access cards, and cash.

### Sunday, Nov. 12

At 11:04 p.m. Fremont Fire personnel from Station 11 in south Fremont called to report several hundred cars doing donuts and sideshow activities on Lakeview Boulevard. Arriving officers found several cars in the area engaged in illegal sideshow activity, as well as a couple hundred people running. The vehicles mostly sped away and a few traffic stops were made. A 1990 Lexus 4-door vehicle with false registration tabs was towed. Some of the vehicles in the area were carrying spare tires they would sell once the participants destroyed their tires doing donuts. During this initial enforcement, one Fremont patrol car was damaged by a suspect who threw a large rock at the vehicle. After the group left, they moved their sideshow activities to Osgood Rd near Auto Mall Parkway. Officers arrived, and the group left, only to gather again on the 900 block of Page Road and Milmont Drive. During enforcement in this area, an officer’s occupied patrol car was surrounded by masked people. The patrol car sustained damage including a broken mirror and dents. CHP responded to assist and said that they took rocks and bottles the night before while enforcing sideshow activity. The large group dispersed the area fleeing down Milmont Road towards Milpitas and did not return.

### Monday, Nov. 13

At 10:40 p.m. officers responded to a large fight near Royal Palm and Diamond Head. What started as a mutual battery turned more serious when one party produced a handgun and pistol whipped the victim. The suspect was described as a light skinned black man, 20-25 years-old with short hair wearing a “sailor style” beanie and camouflage jacket. The suspect may have fled in a white Subaru. The victim sustained facial injuries and was treated at a hospital. The investigation is ongoing.

## Consumer safety group unveils its ‘worst toys’ list

ASSOCIATED PRESS

BOSTON (AP), Fidget spinners, a plastic Wonder Woman battle sword and a remote-controlled Spider-Man drone are among the toys topping a consumer safety group’s annual list of worst toys for the holidays.

World Against Toys Causing Harm, or WATCH, unveiled the top 10 list Tuesday at a Boston children’s hospital. The nonprofit organization has been releasing the lists for more than four decades to inform consumers about potential toy hazards.

The Toy Association, an industry trade group, dismissed the list as “needlessly frightening” to parents because all toys sold in the U.S. meet “rigorous” safety standards. It also criticized the organization for not testing the toys it focuses on. National toy safety standards are “inadequate,” as can be seen by the high number of recalls each year, WATCH President Joan Siff said.

The nonprofit says there have been at least 15 recalls representing nearly 2 million units of dangerous toys since December.

Siff stressed the toys named each year have common hazards that the group sees year after year. She pointed to the “Pull Along Pony” by Tolo Toys that’s marketed for children over age 1 but has a 19-inch cord. “We don’t need a testing lab to know that’s a strangulation and entanglement hazard,” she said.

With consumers increasingly doing their holiday shopping online, it’s more important than ever to have the most current information about the safety of a toy online, Siff said.

For example, Hallmark’s Disney-themed “Itty Bittys” plush stacking toy for babies was recalled over the summer because fabric pieces posed a choking hazard. But the toy still is readily available online because many web sales — particularly consumer-to-consumer and secondhand transactions — are rarely monitored for recalls, Siff noted.

Among the other toys that made this year’s list is Nerf’s “Zombie Strike” crossbow, which the organization says poses the risk of eye and face injuries because it uses a pressurized, pull back lever to shoot soft projectiles.

Razor’s “Heel Wheels” are strapped onto children’s shoes to turn them into improvised roller skates but pose a burn risk because they include “real sparking action.” And “Slackline” is a tightrope-like device by Brand 44 meant to be anchored between two trees that WATCH says can lead to severe injury and death.

COMMUNITY BULLETIN BOARD

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| <b>Let’s Do Lunch!</b><br>Volunteer for<br>LIFE ElderCare – Meals on Wheels<br>Mon – Fri, 10:30-12:30<br>Choose your day(s)<br>Call Tammy 510-574-2086<br>tduran@fremont.gov<br>www.LifeElderCare.org                                                                                                                      |  | <b>Afro-American Cultural &amp; Historical Society, Inc.</b><br>Sharing ur culture and history in the Tri-Cities and surrounding area<br>Meetings: Third Saturday<br>Except Dec & Feb<br>5:30pm Newark Library<br>510-793-8181 www.aachsi.com<br>We welcome all new members                                           | <b>FREMONT COIN CLUB</b><br>Established 1971<br>Meets 2nd & 4th Tues 7pm<br>At the Fremont Elks Lodge<br>38991 Farwell Dr., Fremont<br>All are welcome, come join us<br>www.fremontcoinclub.org<br>510-792-1511                                                                                                                              | <b>10 lines/\$10/ 10 Weeks \$50/Year</b><br><b>510-494-1999 tricityvoice@aol.com</b><br><b>Shout out to your community</b><br>Our readers can post information including:<br><b>Activities</b><br><b>Announcements</b><br><b>For sale</b><br><b>Garage sales</b><br><b>Group meetings</b><br><b>Lost and found</b><br>For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.<br>TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. |                                                                                                                                                                                                                                                                                                               | Payment is for one posting only. Any change will be considered a new posting and incur a new fee.<br><b>The “NO” List:</b> <ul style="list-style-type: none"><li>• No commercial announcements, services or sales</li><li>• No personal services (escort services, dating services, etc.)</li><li>• No sale items over \$100 value</li><li>• No automobile or real estate sales</li><li>• No animal sales (non-profit humane organization adoptions accepted)</li><li>• No P.O. boxes unless physical address is verified by TCV</li></ul> |
| <b>League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org</b><br>Free meetings to inform the public about local, regional and statewide policy issues.<br>Participate in non-partisan in-depth, discussions with guest speakers at our meetings.<br>All sites are wheelchair accessible                          |  | <b>TRI-CITY DEMOCRATIC FORUM MEETING</b><br><b>Every Third Wednesday 7:00 pm</b><br>Chandni Restaurant<br>5748 Mowry School Rd<br>Newark, CA 94560<br>http://www.tricitydems.com/                                                                                                                                     | <b>Tri-City Society of Model Engineers</b><br>The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas.<br>We meet Fridays 7:30-9:30pm.<br>Please visit our web site: www.nilesdepot.org                                                    | <b>FREE AIRPLANE RIDES FOR KIDS AGES 8-17</b><br>Young Eagles<br>Hayward Airport<br>Various Saturdays<br>www.vaa29.org<br>Email for more information<br>youngeagles29@aol.com                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                               | <b>First Church of Christ Scientist, Fremont</b><br>Sunday Service 10am<br>Sunday School 10am<br>Wed. Eve Service 7:30pm<br>Chld Care is available all services. Reading Room Open Tuesday - Wednesday 1-3pm<br>1351 Driscoll Rd., Fremont<br>510-656-8161                                                                                                                                                                                                                                                                                 |
| <b>Make a senior’s life a bit easier</b><br>Volunteer for<br>LIFE ElderCare – VIP Rides<br>Drive seniors to appts/errands<br>Flexible weekday scheduling<br>Call Valerie 510-574-2096<br>vdraeseke@fremont.gov<br>www.LifeElderCare.org                                                                                    |  | <b>American Assoc. of University Women Fremont Branch</b><br>Advances equity for women and girls through advocacy, education, philanthropy, and research.<br>to join or for more information: fremont-ca.aauw.net                                                                                                     | <b>ABWA-Pathfinder Chap. American Business Women’s Assoc.</b><br>provides opportunities for women personally & professionally thru leadership, education, networking<br>Dinner Meetings: 3rd Wednesday each month. DoubleTree<br>39900 Balentine Dr, Newark (Fremont ): 6:30-9:00 pm<br>Call Harriet 510-793-7465<br>www.abwa-pathfinder.org |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Fremont Cribbage Club</b><br>teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville<br>Email:Accgr43@gmail.com<br>American Cribbage Congress<br>www.cribbage.org                                              |  | <b>Is food a problem? Try Overeaters Anonymous</b><br>Mon 7 PM & Wed 7 PM<br>St. James Episcopal Church<br>37051 Cabrillo Terr., Fremont<br>Sat 10:30 AM No dues or fees<br>All are welcome!<br>First Presbyterian Church<br>35450 Newark Blvd., Newark<br>www.oasaco.org                                             | <b>Start Your Own Business</b><br>East Bay Self Employment Assoc<br>Calling all unemployed, including able bodies or disabled, retired, men & women for “FREE COUNSELING”<br>One to One, How to start your small business<br>Call 408-306-0827                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>FREMONT STAMP CLUB</b><br>SINCE 1978<br>Meets 2nd Thurs.<br>each month 7pm<br>Cultural Arts Center<br>3375 Country Dr., Fremont<br>Everyone is welcome. Beginners to Advanced. For questions or more information:<br>www.fremontstampclub.org/ or call Dave: 510-487-5288                                               |  | <b>Do you get nervous when you have to speak in public?</b><br>Newark Toastmasters can help<br>Learn this skill and more in a supportive atmosphere<br>It’s FREE to attend<br>Tue 7am - 8:10am @ Newark Library, 6300 Civic Terrace Ave<br>510-402-8318 or 510-796-3562<br>www.1118.toastmastersclubs.org             | <b>F.U.N. (Fremont, Union City, Newark) PROGRESSIVES</b><br><b>Join us for pizza and politics</b><br>Bronco Billy’s Pizza<br>41200 Blacow Road Fremont<br>Most meetings 6pm - third Sun of the month.<br>For Info Visit our website: www.funprogressives.com<br>Contact us at: funprogressives@gmail.com                                     | <b>A-1 Comm. Housing Svcs 1st Time Home Buyers Workshop</b><br>Learn the process of homeownership<br>Down Payment Assistance<br>Every 3rd Sat. 10am-1pm<br>22693 Hesperian Blvd. #150<br>Hayward, CA 94541<br>Register: www.a1chs.org<br>Call: 510-674-9227                                                                                                                                                                                                                                                                                                                                                                | <b>FREMONT SYMPHONY GUILD</b><br>Enthusiastic music lovers who support the Fremont Symphony!<br>First Tuesday each month 7:30 pm<br>Fremont Community Activities Center<br>3375 Country Drive, Fremont<br>Visitors are welcome!<br>call 510-656-8763 or email mmherstory@comcast.net                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Shinn House Mission Peak Heritage Foundation</b><br><b>1269 Peralta Blvd. Fremont</b><br>Docents & Volunteers needed for Various Activities throughout the year. Free professional Docent Training.<br>Please contact: Joan Serafino 510-795-0891                                                                       |  | <b>Fremont Cribbage Club</b><br>Meets to play weekly, every Wed. We play a Cribbage Tournament starting at 6:25 pm at Round Table Pizza at 37480 Fremont Blvd., We welcome experienced player and will work with new players hoping to learn the game.<br>email: Accgr43@gmail.com for more information               | <b>New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style</b><br>Thursdays at 7pm<br>Calvary Luther Church<br>17200 Via Magdalena<br>SanLorenzo<br>Contact: ndchorus.org<br>510-332-2481                                                                                                                                  | <b>Supporting the Fremont Symphony Orchestra for 50 years! FREMONT SYMPHONY GUILD</b><br>To learn more about this group of music-lovers call 510-673-0085 or email blgorsuch@att.net                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>The Friendship Force San Francisco Bay Area</b><br>Experience a country & its culture with local hosts; meet global visitors here.<br>Japanese guests in 2017<br>Travel to Kenya in 2018<br>Many Bay Area social activities.<br>www.ffa.org<br>www.thefriendshipforce.org<br>Call 510-794-6844 or 793-0857 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>TRI-CITIES WOMEN’S CLUB</b><br>Meets on the third Tuesday Elk’s Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch,rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162 |  | <b>St Vincent de Paul Thrift Store</b><br><b>3777 Decoto Road Fremont</b><br>DONATIONS: Tues. - Sun. 10AM- 4:30 PM<br>Clean, lightly used clothing. House-hold & furniture.<br>No electronics or e-waste. VOLUNTEERS: Individuals & groups! COMMUNITY SPACE<br>Call for info 510-792-3711<br>Fremont@svdp-alameda.org | <b>HELP FEED THE NEED</b><br>TCV Food Bank & Thrift Store (Tri-City Volunteers) looking for energized volunteers to help out in our Marketplace (Food Bank) and Thrift Store. Variety of tasks & shifts available Monday–Friday 7:30a–4:00p. For more information, visit www.tcvfoodbank.org email volunteer@tcvfoodbank.org.                | <b>SONS OF ITALY Social Club for Italians And Friends 1st Friday of month</b><br>(No meetings July/Aug/Dec)<br>5:30 social hour<br>6:30 potluck dinner (\$5)<br>Newark Pavilion - Bld. 2 (Thornton Blvd. & Cherry Blvd., Newark)<br>Info: Gina 510-943-7403<br>www.giuseppemazzini.org                                                                                                                                                                                                                                                                                                                                     | <b>Sun Gallery Annual 2017 Holiday Boutique</b><br>Supports Our Children’s Art Programs<br>Nov 17-Dec 17 2017 5 weeks<br>Thurs.-Sun 11-5pm<br>Call forCrafters & Artists<br>1015 E St., Hayward<br>Sungallery.org or Sungallery@comcast.net                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Scholarships for Women</b><br>Our Fremont Philanthropic Organization, PEO Scholarships for Women entering college,earning another degree or returning to school after 2+ yrs<br>Low interest education loans<br>Apply online: www.peocalifonia.org<br>wordsmitt65@gmail.com for info                                    |  | <b>Are You Troubled By Someone’s Drinking? Al-Anon and Alateen are here to help.</b><br>Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call 510-276-2270, or email Easyduz@gmail.com                              | <b>Fremont Area Writers</b><br>Like to write?<br>Meet other writers?<br>Get tips from speakers?<br>Join us from 2-4pm every fourth Saturday except in July & December<br>www.cwc-fremontareawriters.org                                                                                                                                      | <b>AHS PTSA Holiday Boutique Sat. December 2, 9am-3pm</b><br>Artesian vendors, Baked goods<br>Fresh trees & wreaths<br>American High School<br>36300 Fremont Blvd, Fremont<br>Proceeds benefit Class of 2018<br>Safe & Sober<br>Grad Nite celebration<br>seniors@americanhighptsa.org                                                                                                                                                                                                                                                                                                                                      | <b>Hanukkah Fair</b><br>Gifts, food<br>December 3, 2017<br>11:00 am – 2:00 pm<br>Temple Beth Torah<br>42000 Paseo Padre Pkwy<br>Fremont, Ca 94539                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Fremont Youth Symphony Orchestra</b><br>Apply online for Audition<br>http://fremontsymphony.org<br>New Season starts on 9/11/17<br>Monday Rehearsals, 4pm-7pm<br>First United Methodist Church<br>2950 Washington Blvd, Fremont<br>youth@fremontsymphony.org or call (510) 936-0570                                     |  | <b>Soiree Seniors For People Over 60</b><br>Many Activities<br>Potluck Dinners, Dancing, TGIF’s, Birthdays and more<br>Call Dianne for information (510) 581-9008                                                                                                                                                     | <b>Fremont Garden Club</b><br>Join enthusiasts from Tri-City area<br>Meets Feb. - Oct.<br>3rd Wednesday of the month at various locations<br>Social time: 6:15 pm<br>Presentation: 7-8:30 pm<br>Annual dues: \$30 indi, \$50 couples<br>Call Lynn: 510-604-8206<br>www.fremontgardenclub.org                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                            |  | <b>SparkPoint Financial Servicesfor Low-Income Residents</b><br>FREE financial services & coaching.<br>SparkPoint Info Session<br>3rd Thursday, 6-7pm<br>City of Fremont<br>Family Resource Center<br>To register, call 574-2020.<br>Fremont.gov/SparkPointFRC                                                        | <b>Attend Free Classes Become A Travel Trainer &amp; teach</b><br>others how to travel at wholesale Prices.<br>Tax Benefits & Free Health Care<br>Reserve your seating.<br>Arleen 510 695 7278<br>insidertravel4u@gmail.com                                                                                                                  | <b>CRAFTERS Seeking quality arts &amp; Craft Vendors for our Holiday Boutique in Fremont on Sat-Dec 2 9am-3pm</b><br>Hundreds of Items<br>Sponsored by American High School PTA<br>Contact 925-222-5674 or holidayvendors@americanhighptsa.org                                                                                                                                                                                                                                                                                                                                                                             | <b>Serious Mental Illness</b><br>FREE 12 week course for caregivers of someone with a serious mental illness<br><b>January 6 2018 9:00 -11:30 in Fremont</b><br>Registration required<br>Contact: Joe Rose 510-378-1578 or Email: F2F@NAMIacs.org<br>http://www.NAMIacs.org<br>http://www.NAMI.org            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## Relieving traffic along major commute corridors

SUBMITTED BY  
ALAMEDA COUNTY  
TRANSPORTATION  
COMMISSION

As one of the key promises of Measure BB, Alameda County Transportation Commission (ACTC) is funding highway improvements and programs to provide congestion relief along major Alameda County Corridors.

Construction is near completion for a new overcrossing at 29th Avenue as part of our continued investment in I-880. This new configuration has reduced traffic congestion and collisions. Reconstruction of the 29th and 23rd Avenue interchanges is also underway, which will make goods

movement along this key connector route to the Port of Oakland safer and more efficient.

Construction to begin on the I-680 Sunol Northbound Express Lane in 2018. As one of the top 10 congested corridors in the entire Bay Area, the new express lane, combined with the existing southbound lane (the first to open in Northern California) will help further alleviate congestion on this busy corridor, which is central to goods and people movement between the East Bay and Silicon Valley. We also marked the first anniversary of the I-580 Express Lanes, which opened to traffic in spring 2016.

Caltrans, in cooperation with Alameda CTC, has released the Draft Environmental Impact Report/Environmental

Assessment (EIR/EA) for the SR-84 Expressway Widening and SR-84/I-680 Interchange Improvements Project. The project proposes to widen and conform SR-84 to expressway standards between south of Ruby Hill Drive and the I-680 interchange in southern Alameda County, improve SR-84/I-680 interchange ramps and extend the existing southbound I-680 high-occupancy vehicle/express lane northward by approximately 2 miles. This will alleviate traffic congestion, improve operations and safety, and improve bicycle access on SR-84 and at the SR-84/I-680 interchange. The Draft EIR/EA is available for public review online ([www.alamedactc.org/SR-84widening](http://www.alamedactc.org/SR-84widening)).

### LETTER TO THE EDITOR

## Long live the Pioneers!

I greatly appreciate and agree with the three recent letters to the editor from CSU Hayward graduates in favor of restoring the CSU Hayward name.

I graduated from Cal State Hayward in 1999 where I was a four-year member of the women's water polo and swim teams. I often wondered then about CSU teams whose names I did not immediately recognize many years ago. Many of my teammates did, too.

So, I just did some research. Three CSUs—Channel Islands, Dominguez Hills and Northridge—are not named for a city or a county. Channel Islands is in the City of Camarillo; Dominguez Hills is in the City of Carson; Northridge is in the City and County of Los Angeles, and all three are significantly smaller than Hayward. As far as I can determine, no other California public agency, authority or district is named for Channel Islands, Dominguez

Hills, or Northridge. The three give their names to no school district, parks and recreation district, major bridge, nor major earthquake fault. [N.B. Following the 1994 Northridge earthquake, a Northridge earthquake fault was named, but there is none named for Channels Islands nor Dominguez Hills.]

Compare that with Hayward: it is the name of a city, a parks and recreation district, a unified school district, a half-name of a trans-bay bridge, and the name of a major earthquake fault.

Now, compare again. In 1972, CSU San Fernando Valley was renamed Northridge, downsized from a larger area name to a smaller area name. In 2005, CSU Hayward was renamed East Bay, upsized from a smaller area name to a larger area name. How do the CSU trustees explain this 180-degree about face in policy?

And, one more comparison: CSU Northridge often has the

largest enrollment of all 23 CSUs. How does it keep its neighborhood ‘Northridge’ name while CSU in Hayward, with less than half Northridge’s enrollment, loses its neighborhood ‘Hayward’ name?

Why was CSU Hayward renamed CSU East Bay in January 2005 in the absence of any identifiable city, county, postal address, zip code for “East Bay,” while CSUs Channel Islands, Dominguez Hills, and Northridge kept their names? Why was its perfect-fit 42-year-old ‘bulls-eye’ Hayward name removed for the ill-fitted, 13 year-old, ‘misses-the-target,’ East Bay name?

The contradictions are glaring! The CSUEB administration in Hayward and the CSU Chancellor’s Office in Long Beach both have a lot of explaining to do!

Sarah Dias  
CSU Hayward Graduate

## Trophies and cash prizes awarded in ‘FUSD’s Got Talent’

SUBMITTED BY FREMONT  
UNIFIED STUDENT STORE  
(FUSS)

FUSS wants to give its most sincere appreciation and congratulations to all participants from 23 of Fremont Unified School District’s K-12 schools. What impressive performances you all gave at the 2017 Talent Show! While it is certainly an honor to win trophies and cash awards for your school, FUSS hopes that the participants will find most rewarding the

opportunity to learn about and celebrate the talents of performers hailing from all over the school district.

Thanks again for sharing yourself and your talents! Trophies and awards were presented at the November 15, 2017 FUSD School Board meeting:

Staff First Place  
Glankler Learning Center

Choir First Place  
Warwick Elementary School

High School First Place  
Irvington High School

Jr. High School First Place  
Centerville Jr. High School

Elementary School First Place  
Gomes Elementary School

Elementary School Second Place  
Warm Springs Elementary School

Elementary School Third Place  
Durham Elementary School

### LETTER TO THE EDITOR

## Morrison Canyon Road threats

Morrison Canyon Road connects our community to the hills of Vargas Plateau. The scenic road through the canyon affords our residents a unique, healthy path to exercise and to experience nature. However, this vital link is under threat in three ways.

First, the single lane allows two-way flow, producing head-on conflicts on the narrow road. The city should restrict traffic to one-way westbound, downhill during commute hours (weekday afternoons and early evenings). This would improve safety, and eliminate the cut-through commuter traffic that gets on I-680 north at Vargas Rd.

Second, the Public Works Department of the city installed a video camera to measure traffic on Morrison Canyon Rd in spring 2016. This included two Saturdays and two Sundays. Hans Larsen, the Director of the Department, graciously provided Mission Peak Conservancy a breakdown of pedestrians, cyclists and motor vehicles. The data shows that the 744 bikes and pedestrians on the road represented 45% of the 1,349 recorded users. This is an impressive demonstration of our community’s commitment to healthful recreation.

But, at the same time, it evidences the dangerous threat to our safety from speeding motor vehicles. At nine feet wide, Morrison Canyon Road is simply too narrow to be shared safely by pedestrians, dogs, bicyclists, cargo vans and or pick-up trucks carrying construction materials and agricultural supplies. For pedestrian safety, Vargas Road should be designated as a truck and car route on weekends and Morrison Canyon Road should be closed off for cyclists, equestrians and pedestrians. The only vehicles allowed should be emergency vehicles. Residents on Vargas Plateau and those living alongside Morrison Canyon have access to Vargas Road.

Two owners of large properties on Vargas Plateau sued the park district in 2008, over road safety. Their lawsuit used the word “safety” 46 times, citing the danger to residents and first responders. When the lawsuit was settled in 2012, the park district agreed to widen two segments of Vargas Rd. But the required widening was not completed before Vargas Plateau Regional Park opened in 2016. The plaintiffs went to court again, to shut down the Regional Park for another 11 months and forced EBRPD to spend over \$300,000 on road repairs. EBRPD then paid \$57,500 in attorney fees for the plaintiffs.

The park reopened in 2017, but all is still not quiet on the Plateau. One of the plaintiffs applied for a permit to build a 12,000-sq ft. “agricultural barn” at the east end of Morrison Canyon Rd in 2014. Commercial development on Vargas Plateau will impact city-maintained, not County-maintained, roads. This represents the third threat to our community. The application claims to be exempt from building review, per the ordinance for “agricultural” buildings. The project was not reviewed under CEQA, the California Environmental Quality Act. It has a 2,000-sq ft patio, several cupolas, copper sheathing on the roof, in-floor radiant heating on the second story, an oversized (400 A) electrical supply, and an

expanded septic system. The “barn” would store 960 tons of hay, if it were used agriculturally. However, a memo from county planners in 2014 says they were told to expect that the “barn” would be used as a beer brewery. Conveniently, Alameda County is proposing a new Microbrewery Ordinance to come to the rescue of the “barn” developer. The ordinance is tailor-made, with custom-designed zoning that would legalize the “barn” ex post facto. The ordinance will go before the Board of Supervisors in December 2017.

<https://www.acgov.org/cda/planning/landuseprojects/documents/Microbreweries-Proposed-ZO-Amendment-final.pdf>

The proposed ordinance has not been presented to local residents for comment, nor has it been discussed with city officials. Public hearings were only held in unincorporated areas of Sunol and Castro Valley. The city of Fremont was locked out.

Commercial parties and events will bring more concentrated traffic. For example, a large wedding party would arrive and leave all at once. This is also true of birthday parties, corporate events, and graduations. The parking area at the site has been enlarged through excavation, filling and grading. Now, the parking lot has more than twice as many spaces (50–100) as the Regional Park (25 spaces). Alcohol sales would make our roads even less safe. While the County will profit from the alcohol sales, our city will pay to police and maintain the roads. Our community and the city of Fremont need a voice in the operation, permitting and fee revenue from the construction and operation of this development. The 2008 lawsuit against the park said it best:

“Petitioners and the public will be irreparably harmed in that the opening of the Park will dramatically increase traffic on Vargas and Morrison Canyon Roads causing substantial safety hazards to Petitioners and others who reside along these roadways and to the general public who will use the roadways to access the Park.

...there will be immediate substantial increased traffic along these narrow, dangerous, substandard roads.”

The development poses a far greater safety hazard than the Regional Park. We think the developer should pay for the needed road improvements. They should widen 2.5 miles of Vargas Road and portions of Morrison Canyon Road to 20 feet, beginning at the I-680 exit. It should have protected sight lines, with hard-surface gravel shoulders two-feet wide. Morrison Canyon Road should also be restricted to one-way traffic, and limited to bikes and pedestrians on weekends and holidays.

Officials need to hear from you. Make your voice heard, by calling your County planners and Supervisors, city staff and elected officials. The local community and city officials need to open a dialogue with the County. The County must begin to comply with its zoning ordinance, that protects our hillsides and open spaces—the East County Area Plan.

wm. yragui  
co-founder  
Mission Peak Conservancy



HISTORY

# You can bank on it: The Bank of Haywards building

ARTICLE AND  
PHOTOS  
SUBMITTED BY  
JOHN CHRISTIAN,  
HAYWARD AREA  
HISTORICAL SOCIETY

Founded in 1891, the Bank of Haywards enjoyed a long run of success in downtown Hayward. And before we go any further, that's not a typo. It was known as the Bank of Haywards (with an "s") because the bank was founded when Hayward was still known as the "Town of Haywards." Hayward would drop its "s" just a few years later in 1893, but many businesses chose to keep the "s" letter.

The original Bank of Haywards was in the bottom



A view from the second story offices of the Bank of Haywards building, 1938. This image is looking East up B Street in downtown Hayward.

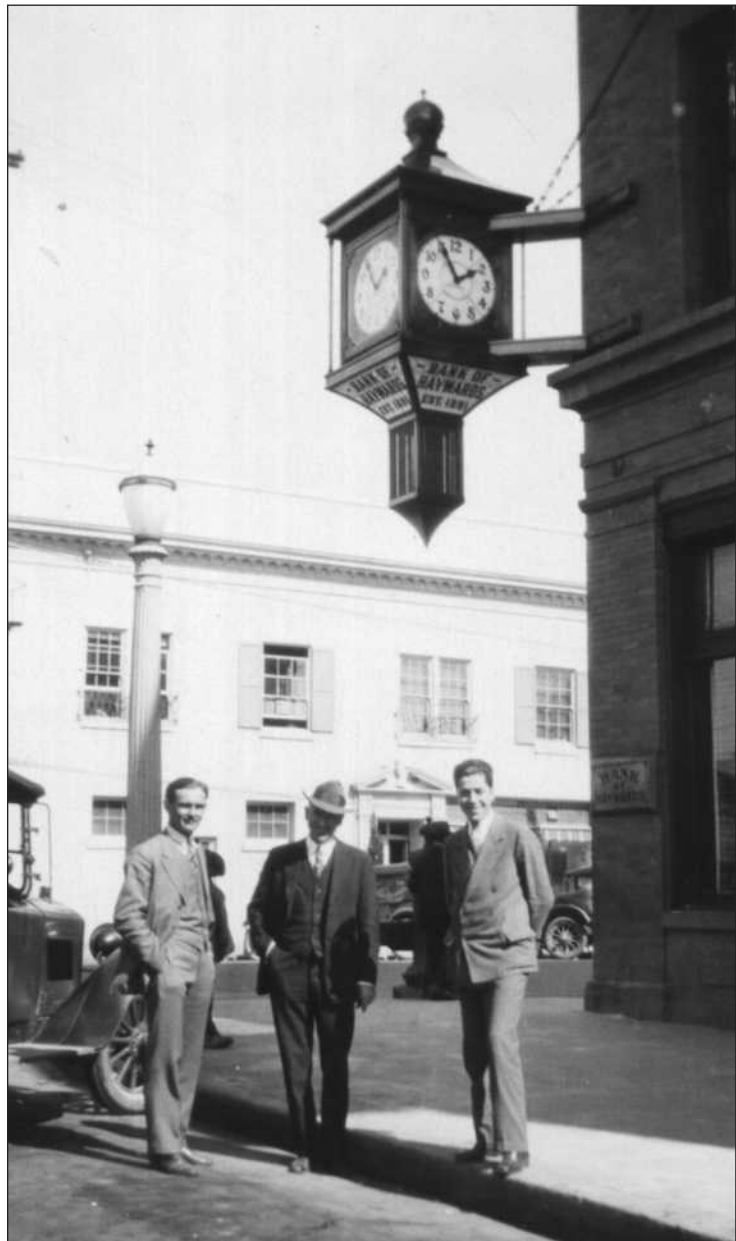
was nearing completion in mid-April 1906. On April 18, 1906 the great San Francisco Earthquake and Fire took the newspaper's focus off Hayward leaving little room for mention of the new building in downtown. It's unclear if the new building suffered any damage like a few others in Hayward did at the time.

Despite its quiet start, the new building left a positive impression on the people of Hayward. The design of the building made it extremely versatile. The large brick structure was three-stories tall and had a large basement. The Bank of Haywards took up the entire first floor of the building. Customers entered through a grand set of doors on B Street. Out of sight, in the basement, was a large reinforced concrete safe.

well. The constant use of the third floor no doubt helped the bank through the more difficult years of the Great Depression.

Over the years the building was slowly upgraded. In 1924 a new "Burglar-Proof Safe" was installed. A few years later a large clock was added to the exterior of the building. The clock became such a local landmark that when it was removed, the local newspaper received a spike in letters to the editor that were described as "hornets' nest" of affection for the old timepiece.

By the time the bank celebrated its 50th anniversary in 1941 it could claim the title of the oldest continually operating bank in all of Alameda County. The bank chugged along through the Second World War, but the small bank began to lose its



Three unidentified men stand under the Bank of Haywards clock, c.1935. The Green Shutter Hotel stands in the background. The clock's removal in 1949 caused a stir amongst some Hayward residents.



A postcard of the Bank of Haywards Building c. 1907. Notice the horses, buggies and bicycles around the building. 79.033.4148: The Banks of Haywards, 1934.

on the corner of B and Main Streets for the construction of a proper banking building. Parsons bought the site for \$18,000 — a hefty sum at that time, especially in small town Hayward. Within days Parsons transferred the property over to the bank's board of directors.

The bank's construction cost an estimated \$30,000 and was built by Brown and Swain Contractors of Oakland. There are few actual mentions of the construction or opening of the Bank of Haywards. The building

On the Main Street side there was an entrance to a staircase that led to the professional offices on the second floor. Many prominent lawyers such as Marlin Haley and F.I. Lemos (Hayward's first Portuguese attorney) set up shop and must have enjoyed a great view of downtown. The third floor was designed with meeting spaces and a ballroom. A variety of fraternal organizations scheduled regular meetings at the beautiful new building. Many events and fundraisers took place there as

footing after the war as returning G.I.'s began looking for home loans. The rapid growth of the community seems to have hurt more than it helped, as it decentralized Hayward and made the bank a less convenient location for area residents. In 1949, the Bank of Haywards merged with Anglo California Bank.

After 58 years serving the community, the Bank of Haywards was no more. Anglo California remodeled the old building and the landmark took on a more modern look. In the late 1970s, the building served as the home for Centennial Bank and today is a US Bank location. Standing the test of time, the Bank of Haywards building has remained a fixture of downtown Hayward for more than 110 years.

If you are interested in researching local history, please visit the Hayward Area Historical Society at 22380 Foothill Boulevard in downtown Hayward. Visit our website at [www.haywardareahistory.org](http://www.haywardareahistory.org) or call (510) 581-0223 for more information.

floor of a small building on B Street, with a local dentist renting out the space above the bank. Its founding board of directors included Horry Meek, A.F. Goad and the unfortunately named John Crooks. The original site was a small operation. One of their vault's holdings included the gold leaf the upstairs dentist used to repair teeth.

Soon however, the Bank of Haywards outgrew its modest space. In 1905, Bank of Haywards board member, I.B. Parsons purchased a large lot



## East Bay's social mobility ranking climbs

SUBMITTED BY KIMBERLY HAWKINS

Beginning with its initial ranking of No. 47 out of 931 colleges and universities in 2015, Cal State East Bay has been steadily climbing CollegeNET.com's annual Social Mobility Index report. In 2016, the university was No. 34 out of 913 other institutions, and this year, Cal State East Bay ranks in the top 2 percent, coming in at No. 21 out of an increased pool of 1363 colleges and universities.

According to the CollegeNET.com website, the Social Mobility Index is an annual report that "focuses directly and broadly on the problem of economic mobility," and "A high SMI ranking means that a college is contributing in a responsible way to solving the dangerous problem of economic immobility in our country."

By state, California was given the highest Social Mobility Index ranking in the country, and other CSUs came in high on the list as well, including Fresno State, San Jose State, CSU Long Beach, Chico State, CSU L.A., CSU Northridge, San Francisco State and CSU Stanislaus.

The rankings are based on a combination of factors, including the cost of tuition and the economic background of the student body at a particular university, as well as graduation rates, early career salaries and endowment. CollegeNET.com gathers data from third-party sources such as PayScale and the Integrated Postsecondary Education Data System.

# Nordic 5 Arts



**SUBMITTED BY  
ADOBE ART GALLERY**

Adobe Art Gallery and PhotoCentral Gallery present the work of Nordic 5 Arts, a group of professional artists, primarily of Nordic/Scandinavian descent, and born in Denmark, Finland, Iceland, Norway, and Sweden.

ADOBE ART GALLERY will showcase "Runes Revealed – Contemporary Artists Respond to an Ancient Alphabet: A Mixed-Media Exhibition by Nordic 5 Arts" opening Saturday, December 2. The artists' work in this show was inspired by the ancient Norse runes, the distinctive form of writing that is no longer in use. The runic alphabet was the script of the Old Norse and the Vikings before the introduction of the Latin alphabet in the 12th century. It was not only a simple representation of sounds, but each rune was imbued with symbolism, mystery and an association with specific gods in Norse mythology.

The show runs through Saturday, January 13 with an artists' reception on Saturday, December 2.

PHOTOCENTRAL GALLERY will feature select works by members of Nordic 5 Arts Thursday, November 30 – Friday, January 5.

Exhibiting artists at both galleries include: Patricia Bengtson-Jones, Kati Casida, Colette Crutcher, Ulla de Larios, Olivia Eielson, Jason Englund,

Ellen Faris, Pam Fingado, Norma Fox, Marc Ellen Hamel, Russell Herrman, Maj-Britt Hilstrom, Matlena Hourula, Debra Jewell, Kirstin Lindseth, Maj-Britt Mobrand, Karen Olsen, Loren Rehbock, Diane Rusnak, Helene Sobol, Barbara Stevens Strauss, Elizabeth Stokkebye, Helena Tiainen, Jenny Wantuch and Lee Williams.

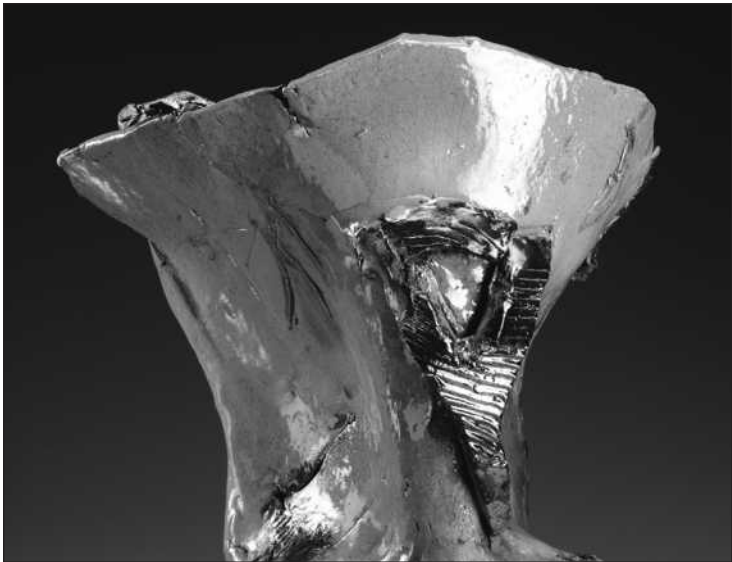
For more information on Nordic 5 Arts, please visit [www.nordic5arts.com](http://www.nordic5arts.com).

**Nordic 5 Arts: Select Works**  
**Thursday, Nov 30 – Friday, Jan 5**  
**Monday–Friday,**  
**9 a.m. – 5 p.m.**  
**PhotoCentral Gallery**  
**1099 E St, Hayward**  
**(510) 881-6721**  
**[info@photocentral.org](mailto:info@photocentral.org)**  
**[www.photocentral.org](http://www.photocentral.org)**

**Runes Revealed**  
**Contemporary Artists**  
**Respond to an**  
**Ancient Alphabet**  
**Saturday, Dec 2 – Saturday, Jan 13**  
**Thursday - Saturday:**  
**11 a.m. – 3 p.m.**

**Reception:**  
**Saturday, Dec 2**  
**1 p.m. – 3 p.m.**

**Adobe Art Gallery**  
**20395 San Miguel Avenue,**  
**Castro Valley**  
**(510) 881-6736**  
**[adobegallery@haywardrec.org](mailto:adobegallery@haywardrec.org)**  
**[www.adobegallery.org](http://www.adobegallery.org)**



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**Sunday**  
December 3, 2017  
4:00pm

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Children & Students: \$15 online & at the door

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## Olive Hyde's Holiday for the Arts

SUBMITTED BY SEEMA GUPTA

It's that time of the year again! Holidays are right around the corner, and so is Olive Hyde Art Guild's 35th annual Holiday Show, which will take place during the first weekend of December. Make sure to mark your calendars for this once in a year opportunity to view and purchase artifacts for yourself or for the artistically inclined family and friends on your holiday shopping list.

Our signature community event and the only fundraiser, the annual "Holiday for the Arts" Show & Sale supports the guild's activities throughout the year. It benefits the Olive Hyde Art Gallery and funds numerous art projects in the Fremont schools and community. Each year we sell over \$25,000 worth of high-quality handcrafted objects and fine art. Close to 90 local artists are participating this year with original works in ceramics, glass and sculpture, paintings, photography, cards and wall art, jewelry, fiber, gourds and masks, wood, and holiday décor. Each featured artist went through a judging process for their works to be selected.



The show opens with a ticketed Gala on Friday night, featuring hors d'oeuvres, sweets, wine and beer, with the first viewing and sale of art. This year's Gala will be held on Friday, December 1. Tickets are \$15 for members and \$20 for non-members, and they can be purchased at the door or in advance. On Saturday, December 2 and Sunday, December 3 the show is open to the public, free of charge. Live musical entertainment is planned for the weekend afternoons. Classical Guitar & Vocal Ensemble will be performing on Saturday, and Flute Fantasia will be playing on Sunday.

Among the participants this year are more than 20 artists who are new to the show. Numerous well-known and returning artists such as Kay Hille-Hatten,



Barbara Schlein, Mary Bobik, Susan Helmer, Adrianna Dedic, Denise Oyama Miller, and many more will also be bringing their new creations for sale.

The Gala night will also include a raffle for an original watercolor painting donated by the featured artist for our show, Maureen Langenbach. With a bachelor's degree in Art Education, Langenbach has continued for over 40 years to focus on the intricacies of watercolor. She enjoys the challenge of making art from ordinary or commonplace objects. Besides being included in many private collections, Langenbach's work has recently been exhibited at several galleries in Fremont and Hayward, as well as at the Triton Museum of Art in Santa Clara.

**Opening Night Gala**

**Friday, Dec 1**

**5:30 p.m. – 9:00 p.m.**

Tickets: \$15 members,  
\$20 non-members

**Show and Sale**  
**Saturday & Sunday, Dec 2 & 3**  
**10:00 a.m. – 5:00 p.m.**  
**Saturday, 1:30 p.m. – 3:00 p.m.:**  
**Classical Guitar & Vocal Ensemble**  
**Sunday, 2:30 p.m. – 4:00 p.m.**  
**Flute Fantasia**  
**Olive Hyde Art Gallery**  
**123 Washington Blvd, Fremont**  
**(510) 791-4357**  
**www.olivehydeartguild.org**

**Free**

