



Walk/Run celebrates and supports breast cancer survivors

Page 40



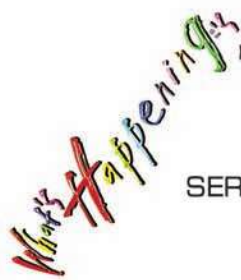
Mark Anderson & the Röntgen Piano Trio

Page 4



Cherryland Art Gallery now abloom

Page 14



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September 19, 2017

Vol. 15 No. 38

Laser Dandiya

SUBMITTED BY INDUZ
PHOTOS BY AMETHYST FOTOGRAFIX

Every child deserves a comprehensive education that includes global learning and the arts. Induz – Where Art Meets Heart™, a Bay Area non-profit has been working over the last decade to address the gap that exists in our education system, providing holistic education for children. The mission of Induz is to empower children to be creative and innovative through the arts.

Research has shown that three out of four children in low-income households have no access to art education. Low-income students engaged in the arts are twice as likely to graduate college as their peers with no arts education. Students

continued on page 6



Dragon Boats

SUBMITTED BY
TIFFANY WOOLF

The 22nd annual "Hong Kong – Northern California International Dragon Boat Festival" returns this fall on Saturday and Sunday, September 23 and 24 at Oakland's beautiful Lake Merritt, the second year at its new location. Presented by the California Dragon Boat Association (CDBA), audiences will once again be treated to the spectacular fleet of colorful 40-foot dragon boats as they race to the beat of Chinese drums. This year, the festival will also honor the 20th anniversary of the Hong Kong Special

Administration Region (SAR) with cultural programs throughout the weekend and a Hong Kong dragon boat team participating in the races for the first time.

At the heart of the Hong Kong – Northern California International Dragon Boat Festival is the thrill and excitement of the races. Hundreds of dragon boat teams comprised of thousands of paddlers, ranging from novice teams to competitive caliber racers throughout the U.S. and visiting teams from across the globe, come together for two days of world-class racing.

The two-day fest also features a full-scale family festival with a vast array of special cultural arts performances, such as lion

dancing, martial arts, and Taiko drumming, with leading food vendors, merchandise booths, and family-friendly activities. Dragon Land – a "kids zone" pavilion dedicated to a myriad of programming for families, will return this year with activities including arts and crafts, games and prizes, obstacle courses, science experiments and more.

"The City of Oakland is thrilled to host the Hong Kong – Northern California International Dragon Boat Festival for its second year at Lake Merritt," said Oakland Mayor Libby Schaaf.

"Last year was truly inspiring to see so many families and audiences

continued on page 11

Artists explore Meaning Through Making

ARTICLE AND PHOTOS COURTESY OF
ADOBE ART GALLERY

Adobe Art Gallery presents the 40th Area Artists' Annual Juried Exhibit: "Meaning Through Making." This exhibit explores the relationship between process, materials, and expression. Emphasis is placed on the essential connection between what the artists use to express themselves and how meaning is discovered through their hand.

continued on page 32



INDEX

Arts & Entertainment 21

Bookmobile Schedule 23

Business 8

Classified. 25

Community Bulletin Board . . 36

Contact Us 29

Editorial/Opinion 29

Home & Garden 13

It's a date 21

Kid Scoop 16

Mind Twisters 10

Obituary 30

Protective Services 33

Public Notices. 34

Real Estate. 15

Sports 26

Subscribe 31

Got Medicare?

Now Is a Good Time to Review Your Plan

Free seminar helps you find the best coverage for your needs

This year, government-sponsored health care coverage has been a major topic of discussion and concern, both in Washington, D.C., and throughout our country. So far, there have been no major changes to the Medicare program.

Even so, if you are 65 or older and on Medicare, or if you receive Medicare benefits because you have a qualified disability, now is a good time to review and re-educate yourself about your benefits and how your plan works. If you will turn 65 in the next year, it's a good time to introduce yourself to Medicare and become knowledgeable about its workings and how it can help you. This will get you ready to choose the best coverage for your needs when it's time to enroll.

“It’s important for you to take a look at your Medicare plan each year during Open Enrollment,” said Kristi Caracappa, Washington Hospital Health Insurance Information Service coordinator. “You should check your prescription drug coverage (Part D) and, if you have a Medicare Advantage plan (Part C), you should also review that.”

Medicare Advantage is a type of Medicare-approved plan that combines Part A (hospitalization), Part B (medical) and usually Part D. Part C plans are run by private insurers. The plans can vary, depending on where you live.

This year, Medicare Open Enrollment begins October 15. According to [medicare.gov](https://www.medicare.gov), the government's official Medicare website, that's when people with Medicare can change their Medicare Advantage plan and

prescription drug coverage for the following year to better meet their needs. The period ends December 7. After that, in most cases, you'll be unable to change your Medicare coverage until fall 2018.

Washington Hospital's free, confidential Health Insurance Information Service (HIIS) can help you get all the information you need to make informed decisions about Medicare and other health insurance. This includes assistance in verifying



Kristi Caracappa simplifies the complicated subject of Medicare enrollment at free seminar.

rooms A and B of the Conrad E. Anderson, MD, Auditorium in the Washington West building next to Washington Hospital. Caracappa will also lead upcoming seminars on “New to Medicare” and “Medicare Part D” on Wednesday, Oct. 4, from 6 to 8 p.m. and Tuesday, Oct. 10, from 1 to 3 p.m. To register or for more information, visit www.whhs.com/events or call (800) 963-7070.

“With Part D, you should check every year to see if there is a new prescription plan that is less expensive or better for your needs,” advised Caracappa. “Even if you keep the same plan, there may be changes to the drugs it covers. So, it’s good to read through the information and ask questions.”

HIIS can also answer your questions about Medicare and other health coverage over the phone, or you can arrange for a personal consultation. For more information, call (800) 770-9447 on weekdays between 8 a.m. and 5 p.m. Check the whhs.com website for details.

Learn more.

For more information about Washington Hospital's Health Insurance Information Service, go online to whhs.com/health-insurance. To learn more about Medicare, attend the free seminar and/or visit medicare.gov.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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A Washington Hospital Channel

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	9/19/17	9/20/17	9/21/17	9/22/17	9/23/17	9/24/17	9/25/17
12:00 PM 12:00 AM	Kidney Transplants	Voices InHealth:The Legacy Strength Training System	Good Fats vs. Bad Fats	Learn IfYou Are at Risk for Liver Disease	11th Annual Women's Health Conference: Heart Health Nutrition	Strengthen Your Back	Symptoms of Thyroid Problems
12:30 PM 12:30 AM		Mindful Healing			Family Caregiver Series: Legal & Financial Affairs	Diabetes Matters: Basics of Insulin Pump Therapy	
1:00 PM 1:00 AM	Inside Washington Hospital:Advanced Treatment of Aneurysms		Lunch and Learn: Yard to Table	Voices InHealth: New Surgical Options for Breast Cancer Treatment			Voices InHealth: Radiation Safety
1:30 PM 1:30 AM	Diabetes Matters: Mindless vs Mindful Eating	Washington Township Health Care District Board Meeting August 9, 2017			Pain When You Walk? It Could Be PVD	Washington Township Health Care District Board Meeting August 9, 2017	
2:00 PM 2:00 AM	Sports Medicine Program: Nutrition & Athletic Performance		Respiratory Health	Diabetes Matters:Type 1.5 Diabetes			(Late Start) Voices InHealth: Healthy Pregnancy
2:30 PM 2:30 AM	Community Based Senior Supportive Services	Family Caregiver Series: Advance Health Care Planning & POLST			Family Caregiver Series: Tips for Navigating the Health Care System	(Late Start) Menopause:A Mind-Body Approach	
3:00 PM 3:00 AM			Diabetes Matters: Insulin: Everything You Want to Know	Strengthen Your Back! Learn to Improve Your Back Fitness			Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility
3:30 PM 3:30 AM	Don't Let Hip Pain Run You Down	Federal Health Policy Outlook	Turning 65? Get To Know Medicare Shoulder Hurt?		Keeping Your Heart on the Right Beat	Washington Township Health Care District Board Meeting September 13, 2017	
4:00 PM 4:00 AM	Don't Let Hip Pain Run You Down			Palliative Care Series: Palliative Care Demystified			Diabetes Matters: Hypoglycemia
4:30 PM 4:30 AM	Snack Attack	Superbugs:Are We Winning the Germ War?	Washington Township Health Care District Board Meeting August 9, 2017		Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Minimally Invasive Surgery for Lower Back Disorders	
5:00 PM 5:00 AM	Washington Township Health Care District Board Meeting August 9, 2017			Learn About the Signs & Symptoms of Sepsis			Preventive Health Care Screening for Adults
5:30 PM 5:30 AM		(Late Start) Inside Washington Hospital:Implementing the Lean Management System	Diabetes Matters: Gastroparesi		(Late Start) Diabetes Matters: Ready, Set, Goal Setting	Your Concerns InHealth: Senior Scam Prevention	
6:00 PM 6:00 AM	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Keys to Healthy Eyes		Digestive Health: What You Need to Know			Urinary Incontinence in Women:What You Need to Know
6:30 PM 6:30 AM	Learn IfYou Are at Risk for Liver Disease	Digestive Health: What You Need to Know	Urinary Incontinence in Women:What You Need to Know	Not A Superficial Problem:Varicose Veins & Chronic Venous Disease	Cognitive Assessment As You Age	11th Annual Women's Health Conference: Patient's Playbook	Community Health Needs Assessment 2016
7:00 PM 7:00 AM							
7:30 PM 7:30 AM	Washington Township Health Care District Board Meeting August 9, 2017	Learn About the Signs & Symptoms of Sepsis	Preventive Health Care Screening for Adults	Minimally Invasive Options in Gynecology	Nerve Compression Disorders of the Arm	Palliative Care Series: How Can This Help Me?	(Late Start) Do You Suffer From Anxiety or Depression?
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There's More to Prostate Health than Cancer Screenings

September Is Prostate Health Month

No doubt, prostate cancer is a serious health concern in the United States. The American Cancer Society (ACS) estimates that one of every seven men will get prostate cancer during his lifetime.

Yet other prostate conditions warrant attention, too. Eight out of 10 men will develop an enlarged prostate, also known as benign prostatic hyperplasia (BPH). Also, about half of adult men will be treated in their lifetime for prostatitis – an inflammation of the prostate usually caused by an infection. To help educate men about prostate diseases, the Prostate Health Council of the American Foundation for Urologic Disease inaugurated the first Prostate Health Month in September 1999.

Prostate Enlargement

“Most of the time when a man experiences symptoms such as urinary frequency or an urgent need to urinate, BPH is a more likely cause than cancer,” says Mark Saleh, MD, a urologist with Washington Township Medical Foundation.

Other symptoms of BPH may include: weak urine stream, increased frequency of urination at night, difficulty starting or stopping urination, inability to completely empty the bladder or blood in the urine.

“The symptoms of BPH are not necessarily a natural part of aging,” Dr. Saleh notes. “BPH can and should be treated to improve the patient’s quality of life. While these symptoms most likely indicate BPH, a man with such problems also should be examined to rule out cancer.”



Treatment options for BPH might include medications, minimally invasive therapies such as microwave therapy or the “Urolift” procedure, or – for more severe symptoms – surgery such as laser or transurethral resection of the prostate (TURP).

Prostatitis

Prostatitis may be caused by a bacterial infection. Acute bacterial prostatitis often produces a rapid onset of symptoms, including fever and chills, pain in the lower back and aching muscles, fatigue, or frequent or painful urination.

Chronic bacterial prostatitis develops slowly over several years and may produce no symptoms other than those similar to a recurring urinary tract infection or advanced BPH symptoms. “Bacterial prostatitis can be treated with antibiotics, but it usually requires a course of treatment lasting from two to six weeks,” Dr. Saleh says.

Non-bacterial prostatitis is more complicated to diagnose and treat. Symptoms may include:

- Discomfort in the testicles, urethra, lower abdomen or back



Mark Saleh, MD, explains important prostate health information.

- Discharge from the urethra
- Blood or urine in ejaculate
- Low sperm count
- Sexual difficulties
- Frequent urination

“We don’t really know what causes non-bacterial prostatitis,” Dr. Saleh explains. “The diagnosis is one of exclusion, ruling out other potential causes. Since the condition is not caused by bacteria, we cannot treat it with antibiotics, so the primary treatment is to use anti-inflammatory medications.”

Prostate Cancer

Because early prostate cancer generally causes no symptoms, regular screenings have been considered an important diagnostic tool. Such screenings generally include a digital rectal exam (DRE) and a blood test to measure the level of prostate specific antigen (PSA), a protein made by prostate cells.

A controversy over prostate screenings erupted in May 2012, however, when the U.S. Preventive Services Task Force (USPSTF) issued recommendations against PSA screenings and discouraged the use of the test. Meanwhile, the American Urological Association (AUA) and the ACS continued to advise that PSA screenings could still be a valuable tool in diagnosing prostate cancer.

This year in April, the USPSTF released a draft of revised recommendations, allowing a month for public comment. The final new recommendations are expected later this year after the USPSTF considers the feedback it received.

“The draft of the new task force recommendations now more closely aligns with the recommendations of the AUA,” Dr. Saleh notes. “The AUA

continued on page 5



Medication drop-off at Washington Hospital

Unused medications can be dropped off at Washington Hospital.

Location: Washington Hospital main lobby
(2000 Mowry Ave.)

Hours: Always open

Other drop-off locations in Alameda County can be found at www.med-project.org/locations/alameda



Fremont Symphony Orchestra

Mark Anderson &
the Röntgen Piano Trio

SUBMITTED BY NICK BURDICK

The Fremont Symphony Orchestra opens its 2017-18 season on Saturday, September 23 with celebrated pianist Mark Anderson performing both as soloist and as part of the Röntgen Piano Trio. Anderson has performed worldwide as a chamber musician and soloist, appearing with Sir Simon Rattle, Nicholas McGegan, William Boughton, George Cleve, Adam Fischer and many others. He has given recitals in New York's Alice Tully Hall and Weill Hall; the Kennedy Center; the Phillips Gallery in Washington, D.C.; London's Wigmore Hall and Zurich's Tonhalle. His performances have been featured on BBC Radio 3, the CBC in Canada, and on radio and television in Spain, Italy, Ireland, Japan and the United States. A Steinway pianist who records exclusively with Nimbus Records, Anderson is founder and executive director of the New World Music Academy in Pleasanton.



A long-time local favorite, Anderson grew up in Pleasanton and studied with Trula Whalen, whose students included a great many of our Young Artist Award winners. Anderson later studied with Aiko Onishi at San Jose State University, and after winning a Fulbright Scholarship finished his formal training in England. A prizewinner at such prestigious international competitions as the Leeds, Busoni, Tokyo, Kapell, and Dublin, Anderson is currently on the faculty of the University of British Columbia. This will be his first Fremont appearance since 1999.

The Röntgen Piano Trio consists of Mark Anderson, Dutch violinist Antoine van Dongen (for many years first violin in the world-famous Concertgebouw Orchestra in Amsterdam), and cellist Eric Gaenslen, artist-in-residence at the University of Washington and member of the esteemed Rossetti String Quartet. The trio is named for Julius Röntgen, a gifted Dutch pianist and composer, friend of Brahms and Grieg, whose works have only recently come to the attention of the public. Anderson was the first to record much of Röntgen's extensive piano music, and some of that music will be featured along with works by Johannes Brahms and Franz Liszt.

The performance will be held at First United Methodist Church in Fremont. Tickets range from \$15 – \$55 and are available online at www.fremontsymphony.org, by calling (510) 371-4859, or at the door. Tickets for the entire 2017-18 season—four chamber concerts and three symphonic concerts—are also available, and subscribers can select any three or more performances for subscriber discounts and benefits.

Mark Anderson &
the Röntgen Piano Trio

Saturday, Sep 23
7:30 p.m.

First United Methodist Church
2950 Washington Blvd, Fremont

(510) 371-4859
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Annie

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SEP. 30
to
OCT. 15

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October 1 @ 2:30pm
October 5, 6, 7 @ 8:00pm
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continued from page 3

There's More to Prostate Health than Cancer Screenings

September Is Prostate Health Month

currently recommends that men discuss screening with their doctors and suggests that most males between ages 55 and 70 years be screened every one to two years. Men at high risk, including African Americans and men with a strong family history of prostate cancer, might need to be screened earlier. The AUA also suggests that screening might be continued after age 70 if the patient has a life expectancy of 10 years or more and wants the screening."

The USPSTF draft recommendations state, in part: "The USPSTF recommends that clinicians inform men ages 55 to 69 years about the potential benefits and harms of PSA-based screening for prostate cancer.

"The decision about whether to be screened for prostate cancer should be an individual one. Screening offers a small potential benefit of reducing the chance of dying of prostate cancer. However, many men will experience potential harms of screening... The USPSTF recommends individualized decision-making about screening for prostate cancer after discussion with a clinician, so that each man has an opportunity to understand the potential benefits and harms of screening and to incorporate his values and preferences into his decision."

Dr. Saleh notes that if a patient's PSA is high and remains elevated, or if the DRE detects any swelling, nodules or lumps in the prostate, a biopsy might be needed to determine if cancer is present. "Today we generally perform minimally invasive, ultrasound-guided needle biopsies, and we always take care to reduce the risk of post-biopsy infection or inflammation," he says. "Complications from biopsies are rare, and they are much less onerous than complications of late-stage prostate cancer."

Treatment options for prostate cancer generally depend on how aggressive the tumor is and the patient's personal preference. "For men with low-grade, early stage tumors, the recommendation likely would be 'watchful waiting,' with more frequent regular screenings and biopsies as indicated," Dr. Saleh explains. "Hormone therapy to stop production of testosterone, which promotes cancer growth, might also be considered. Hormone therapy does not cure the cancer, but it can help relieve symptoms and can be used in combination with radiation therapy to improve outcomes."

If active treatment is desired, the patient may choose radiation therapy, surgery, cryotherapy (freezing of the prostate), or HIFU (high-intensity focused ultrasound). Radiation therapy could be in the form of external beam radiation therapy or brachytherapy – implantation of radioactive "seeds" into the prostate.

"Surgery for prostate cancer could be traditional open prostatectomy or laparoscopic surgery with smaller incisions," Dr. Saleh says. "In the right surgeon's hands, the results of laparoscopic surgery and open surgery are equivalent, with good cancer control and few complications. Current surgical techniques allow us to preserve the nerves necessary for erectile function and maintaining urinary continence in the majority of patients."

For more information about prostate cancer, including screening recommendations, visit the websites of the American Urological Association at www.auanet.org, the American Cancer Society at www.cancer.org, and the U.S. Preventive Services Task Force at www.uspreventiveservicestaskforce.org.

Senior Wellness Fair provides health resources, screenings

SUBMITTED BY
LAUREL ANDERSON

The Santa Clara County Social Services Agency Department of Aging and Adult Services (DAAS) invites the public to the 25th annual Senior Resource and Wellness Fair. More than 50 agencies and community organizations will be on-site, providing resources and various health screenings, such as blood pressure, lung capacity, mood assessment, cognition, hearing, and risk for falls. There will also be fitness demonstrations and brief seminars scheduled throughout the day on topics such as health insurance information, health care and mental health, estate planning, Medicare, legal and housing assistance, and home repair services. Interpreters will be on-site, and participants will have access to free flu shots, giveaways and prizes.

The DAAS mission is to promote a safe and independent lifestyle for seniors, dependent adults and the disabled through the delivery of protective services, quality nutrition and supportive in-home services. In addition, DAAS assists in the provision of long-term care for the frail and

elderly, and safeguards the property of people in the county who have been diagnosed with severe mental illness or conditions (such as dementia or Alzheimer's disease) and the court found them unable to provide for their own well-being, and don't have any willing or appropriate family members to care for them.

Coordinators are expecting between 300 and 500 attendees, the majority of whom are over the age of 65. The fair welcomes both seniors and caregivers who are looking for resources for aging parents or relatives. Free parking validation is available by using the City Hall Garage located on S. 6th St. (between E. Santa Clara St. and E. San Fernando St.), or the 4th St. Garage.

Senior Resource and Wellness Fair
Monday, Oct 16
9:30 a.m. – 12:30 p.m.

San Jose City Hall (rotunda and plaza)
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continued from page 1

Laser Dandiya

who study art are four times more likely to be recognized for academic achievement. Art education helps achieve better academic, cognitive, personal and social outcomes.

The 100 percent volunteer-run organization, Induz, provides arts enrichment educational programs to low-income schools across the San Francisco Bay Area. The program has made a significant impact over the years and received recognition as one of the best after-school program in Silicon Valley. It also has global programs in India, Nepal, Africa, and Haiti.

Induz organizes annual events in the Bay Area to raise funds to sustain and expand their programs. On Saturday, September 23, they will be hosting an exciting “Induz Laser Dandiya 2017” at Centerville Junior High School in Fremont. “Dandiya” is a traditional folk dance of India from Gujarat state, with two sticks in an energetic dance.

The past two years have been remarkable for Induz, as the program has expanded to Haiti and a second initiative in India. The Kopou Project in Dibrugarh, Assam, India, launched in August 2016, provides arts and vocational training for children of tea plantation workers. Besides classes in arts, music, and dance for children, the Kopou Project offers sewing classes to teenage girls, enabling sustainable skills. Induz plans to further expand

vocational courses to include computers and electrician classes. The first initiative in Bangalore, Project Tulika, launched in 2008 for orphan kids, is going strong.

Induz youth wing program, MorphUp, led by Rhea Mitra of Project Sanaa, is an initiative to fund and construct a Resource Center to serve underprivileged children of Ukwala, Kenya. The building was completed in December 2016 and currently functions as the arts center, library, and extension to the existing school.

In April 2017, Induz launched Project Iris in Haiti, an arts and creative focused initiative. Induz is also in the process of constructing a Resource Center for children to learn, perform, and have a library; it will also serve as a community center. This is at a remote location in Haiti in the mountains, not easily accessible. The program and Resource Center will serve communities from seven surrounding mountain villages, totaling approximately 300 children.

Life for the children and families in the mountain is very hard due to poverty, lack of roads, heavy rainfall, floods, lack of proper sanitation, etc. Induz hopes to provide a better life and future for the children. The Induz team visited the village in June 2017 and has seen, first-hand, the impact and difference it is making in the lives of the children. Volunteers visited the site and conducted

workshops, planted trees, and are now in the process of soil assessment to plan the foundation for the building. Although there has been huge progress on the project, further funds are required to complete the center. Funds raised from the Dandiya event will go towards its completion.

Induz Dandiya was sold out last year and a huge success. Induz brings it again this year featuring Dandiya with a spectacular laser lights display – the only Dandiya event across the country with the unique laser showcase. A popular Bay Area Eastern Winds band will be providing traditional Dandiya and garba live music.

Induz founder Ray Mitra said, “Art – all art, be it music, dance, painting or any other form – is a medium for bringing diverse cultures and communities together. That’s our vision. We see the point of ‘connection’ as being Where Art Meets Heart. If we can accomplish that for our children then the world of their future will be a peaceful and happy place.”

Tickets for the Laser Dandiya can be bought online at www.sulekha.com/induz or by contacting Ray Mitra at (510) 875-5006. Contact Mitra for volunteering opportunities. For more information about Induz or donate to its projects, please visit www.induz.org.

Induz Laser Dandiya
Saturday, Sep 23
7:30 p.m.

Centerville Junior High School
37720 Fremont Boulevard,
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(510) 875-5006
www.sulekha.com/induz
www.induz.org
Tickets: \$15 – \$25

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Hayward Promise Neighborhood feeding families

BY: KIMBERLY HAWKINS

It's no secret that the cost of living in the Bay Area is high and for most non-homeowners, rent takes the biggest dent out of paychecks. Anything left usually goes to healthcare, utilities, transportation and groceries. For many in Hayward, it's not enough and they turn to the Fresh Food Families program for help.

A partnership between the Alameda County Community Food Bank and Cal State East Bay's Hayward Promise Neighborhood, the program regularly provides nearly 4,000 residents 6,000 to 7,000 pounds of food. According to Janevette Cole, community resident engagement specialist of HPN, the program started in 2015 in an effort to leverage HPN's existing presence in the community to help combat ever increasing food insecurity in Hayward.

The bimonthly distribution operates like a farmers' market, allowing families to choose which of the available items they want

to take home. It's a conscious effort by volunteers, HPN staff and the Alameda food bank to set up the program this way, giving dignity and choice to families who stop by.

"We don't want it to feel like a handout," Cole said. "Our students are encouraged to engage with the families, talk with the children and make sure they are having an enjoyable experience, so it feels more like a farmers' market [than a charity]."

Over the last two years, it's also become a flourishing, service learning opportunity for Cal State East Bay students, staff and the other community entities. Several groups and individuals across campus, including the Cal State East Bay women's basketball team, nursing students and several on-campus fraternities, have given time at the market, helping with everything from greeting residents to carrying their groceries to nearby doorsteps or vehicles.

"These are the experiences that give me the best perspective in the world," said Alyna Kanae, a junior on the women's basketball team.

"The people at this event were incredibly grateful for the food and services they were being provided... I [didn't] realize how much I tend to take for granted the fortunes I have in life."

Cole said families start lining up at 9 a.m. every other month and distribution runs well into the afternoon. "It's hard work for sure, we're out in the sun, but we see that there's a need in the community - we see the elderly there, [people with disabilities] there. All of these families trying to supplement the food supplies that they have," Cole said.

In addition to the market, Cole said several other community organizations are available on market days to meet with families including HPN's home visiting nurse and the Tiburcio Vasquez Health Center.

Fresh Food for Families
(Fruits and vegetables only)
Thursday, Sep 28th
11:00 a.m.– 12:00 p.m.

The Hub
24823 Soto Road, Hayward
<http://www.haywardpromise.org/calendar.php>



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Red Kettle Kickoff Luncheon

SUBMITTED BY
LT. DAVID KIM

Join fellow community members on Wednesday, November 15, 2017, at 11:30 a.m., to launch The Salvation Army's 127th annual Red Kettle Campaign Season at a luncheon benefiting programs and social services at The Salvation Army Tri-Cities Corps Community Center, Newark. Tickets are \$35 each.

At the event, businesses and individuals will receive the gift of a Red Kettle Sponsorship when they target programs and services or provide general support for The Salvation Army Tri-Cities' activities. Sponsors' names, or logos, are displayed daily during the Red Kettle Campaign Season.

Red Kettle donations sustain our services into the New Year but account for a fraction of our annual budget. For the remainder, The Salvation Army relies on

the generous support of our local communities. 83 cents of every dollar raised go direct to program funding. Donations stay local.

Last year, The Salvation Army USA's 7,551 centers of operation served 25.5 million individuals in every zip code, with 3.3 million people seeking assistance during the holidays, alone.

Sponsorship and advertising opportunities are available for the Red Kettle Kickoff Luncheon, as follows:

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Red Kettle Kickoff Luncheon
Wednesday, Nov 15
11:30 a.m. – 1:30 p.m.

The Salvation Army Tri-Cities Community Center
36700 Newark Blvd., Newark
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Roeding Centennial Exhibit opens

SUBMITTED BY
JOYCE BLUEFORD

The Roeding Family in California was a pioneering family that arrived in San Francisco in 1849 from Hamburg, Germany. Frederick Roeding became a mercantile banker who after the 1868 Great Quake purchased thousands of acres in Fresno with six other

Germany families. They moved to Fresno to become part of the agricultural revolution in the Central Valley. In 1917 the Roedings purchased the California Nursery Company in Niles, making 2017 their 100th anniversary.

Their vast holdings throughout the state included citrus, fig, and olive orchards in Southern California as well as

several growing fields in Central Valley. California Nursery Company provided trees and exhibits which helped to propel the nursery in becoming the largest nursery in the West Coast.

The new Roeding Centennial Exhibit opening Sunday, September 24 will focus on their contribution to our troops in World War I by using peach pits to keep them safe from mustard gas, creating new varieties of fruit for market, selling of the "Peace Rose" after World War II, and the expansion of retail during the famous Bulb Shows in the '30s – '50s.

The exhibit will be open on Sundays through November 12 with tours starting at 2 p.m. And mark your calendars for a special event: "Fremont History Through the Ages" on Saturday October 14. A free event that is great for families, attendees will learn about local history through activities and informational booths of the various organizations that are preserving this heritage.

Roeding Centennial Exhibit
Sunday, Sep 24 – Sunday, Nov 12

Sundays: 1 p.m. – 4 p.m.

Tour starts at 2 p.m.

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<https://msnucleus.org/calnursery/roeding100.html>

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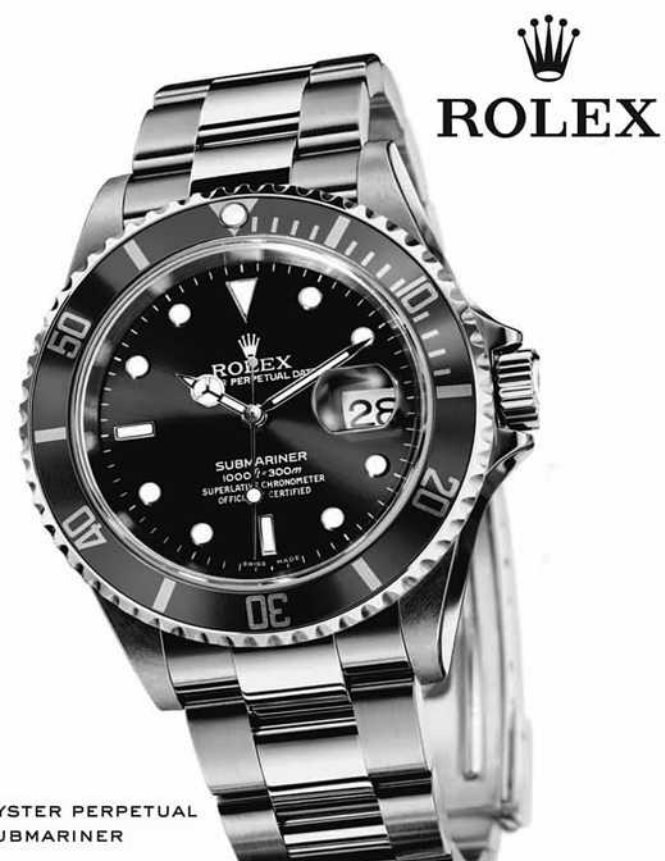
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Winfrey to join '60 Minutes'

Dunkin' Donuts readies new Tri-City location

Fager, who just completed a book on the show to mark the anniversary, talks now about how hard it was to replace Hewitt 15 years ago. Colleagues say his status as an insider at CBS News and "60 Minutes" helped him, along with the absence of an ego-driven need to make changes for change's sake.

Yet the storytelling and writing put the show far ahead of the competition. Unlike newsmagazines like “Dateline NBC” and ABC’s “20/20” that have chased after trends and lost their identity, “what ‘60 Minutes’ did was stay consistent to its brand, to its vision, year in and year out,” he said.

Apply now to Youth Advisory Commission

Interested students should also plan on attending the first YAC meeting of the school year on Tuesday September 19 at 6:15 pm at the Marina Community Center (15301 Wicks Blvd). For more information, please contact Lydia Rodriguez at (510) 577-3477.

Shape Our Fremont

High-Rise Housing at the Hub?

The City of Fremont’s plan to develop an “urban neighborhood” in and around The Hub shopping center is starting to take shape. If you didn’t know about it, you are not alone.

Currently there are three proposals to build multi-story buildings in the area—two of them at The Hub itself. It’s part of the City’s intent to urbanize the entire City Center, and more high-rise proposals are sure to follow.

City Center Plans

The City Center is part of the Fremont General Plan. It is generally defined as being the area surrounding the new Downtown District and is bounded by Mowry Avenue on the north, the Fremont BART station on the east, Argonaut Way on the west, and an irregular line running between Stevenson Boulevard and Walnut Avenue on the south. The Downtown is separate from the City Center and has its own development plans.

The portion of the City Center that contains The Hub shopping center is designated as an Urban Neighborhood Zone. According to the Fremont Municipal Code, the function of this area is “to support the downtown and employment core areas with a wide variety of housing opportunities, neighborhood services, office, neighborhood retail, and regional retail.”

Buildings in the Urban Neighborhood can be residential, or they can be mixed-use with commercial on the ground floor and residential units above. The buildings can be two- to

six-stories high, with a maximum height of 75 feet. Parking for residential units may be located up to 600 feet away from the building site, and parking for non-residential commercial units may be located up to 1,250 feet away from the building site.

Current Proposals

Three development proposals for The Hub area are going through a Preliminary Review Procedure (PRP) with the Fremont Planning Department to identify potential problems early in the process. This is a good time for residents to express their thoughts and feelings on any and all of them.

Fremont Hub Mixed-Use Buildings (PRP2018-00004). This proposal will demolish several existing business buildings at The Hub and replace them with a six-story building that includes a drug store and other retail space on the ground floor, 303 apartment units on the upper five floors, and two levels of underground parking. Email questions and concerns to **Fremont Staff Planner Joel Pullen at jpullen@fremont.gov**

The Argonaut (PLN2016-00427). Another developer has proposed to build a six-story building with 58 condominiums on the corner of The Hub at Mowry Avenue and Argonaut Way. Parking will be on three levels — one at ground level, and the other two below ground. The existing Union 76 gas station will be demolished. Email questions and concerns to Fremont Staff Planner Steve Kowalski at skowalski@fremont.gov

Bell Street Housing (PRP2018-00002). This Affordable Housing project is located opposite The Hub on the north side of Mowry Avenue. It is just outside the City Center boundaries, but it will contribute to the impacts on traffic, schools,

and water in the area. The existing Islander Motel will be converted to 65 studio apartments with kitchenettes, and a four-story building with a total of 53 one-, two-, and three-bedroom apartments will be constructed on two vacant lots behind the motel. All parking will be on site. Email questions and concerns to **Fremont Staff Planner David Wage at dwage@fremont.gov**

These projects will add a total of 480 housing units in an area that is primarily commercial, and the General Plan allows many, many more.

Time for a Time Out?

Before we consider any of these projects, we need to ask some tough questions. Does the intent to urbanize the entire City Center area go too far? Are the proposed buildings too tall? Will the presence of housing and the lack of convenient parking harm the retail businesses? Can our streets and schools and parks and water supplies really handle such a large influx of people in a small area? And where are all the jobs in the Downtown and City Center? Right now, the only projects that have been approved in those areas are a lot of housing with only a minimum amount of commercial space.

These are all good questions, but they won’t get answered unless residents ask them.

Maybe the best approach is to call a time out for all developments in the City Center area until we can work out some answers. The concept of “build it first and deal with the problems later” is a poor one, and we shouldn’t follow it. That’s not how Fremont should grow.

To learn more about all proposed housing developments and related issues in Fremont, go to www.ShapeOurFremont.com

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Discuss traffic relief along Dumbarton corridor

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If you are a Dumbarton Corridor commuter, come learn about future rail options that could take you out of your car and decrease your commute time.

SamTrans will host a public meeting at 6:30 p.m. Wednesday, Sept. 13 at the Mark Green Sports Center in Union City to present a study that identifies strategies for relieving traffic congestion along the Dumbarton corridor. After the presentation, members of the public will have an opportunity to meet with SamTrans staff in small group discussions.

One strategy identified in the study is the restoration of the Dumbarton Rail Bridge, which can then provide train service between Redwood City and Union City. The new Dumbarton Rail service could interface with Caltrain, ACE, Capitol Corridor, and BART at the Union City BART station. This strategy would be possible with construction of track improvements nearby — work that can be done by coordination among local transportation agencies.

Another strategy recommended by SamTrans are improvements to Highway 84 that would allow for increased bus service.

The solutions identified in this report can address traffic congestion and create new transit alternatives along the Dumbarton Corridor between Alameda County and San Mateo and Santa Clara counties. Union City commuters who rely on this corridor are encouraged to come to the meeting and learn about transit and rail opportunities that support the Union City Station District.

**SamTrans Meeting
Wednesday, Sept. 13
6:30 p.m.
Mark Green Sports Center,
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(510) 471-3232
Admission: Free**

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Connie Tsai



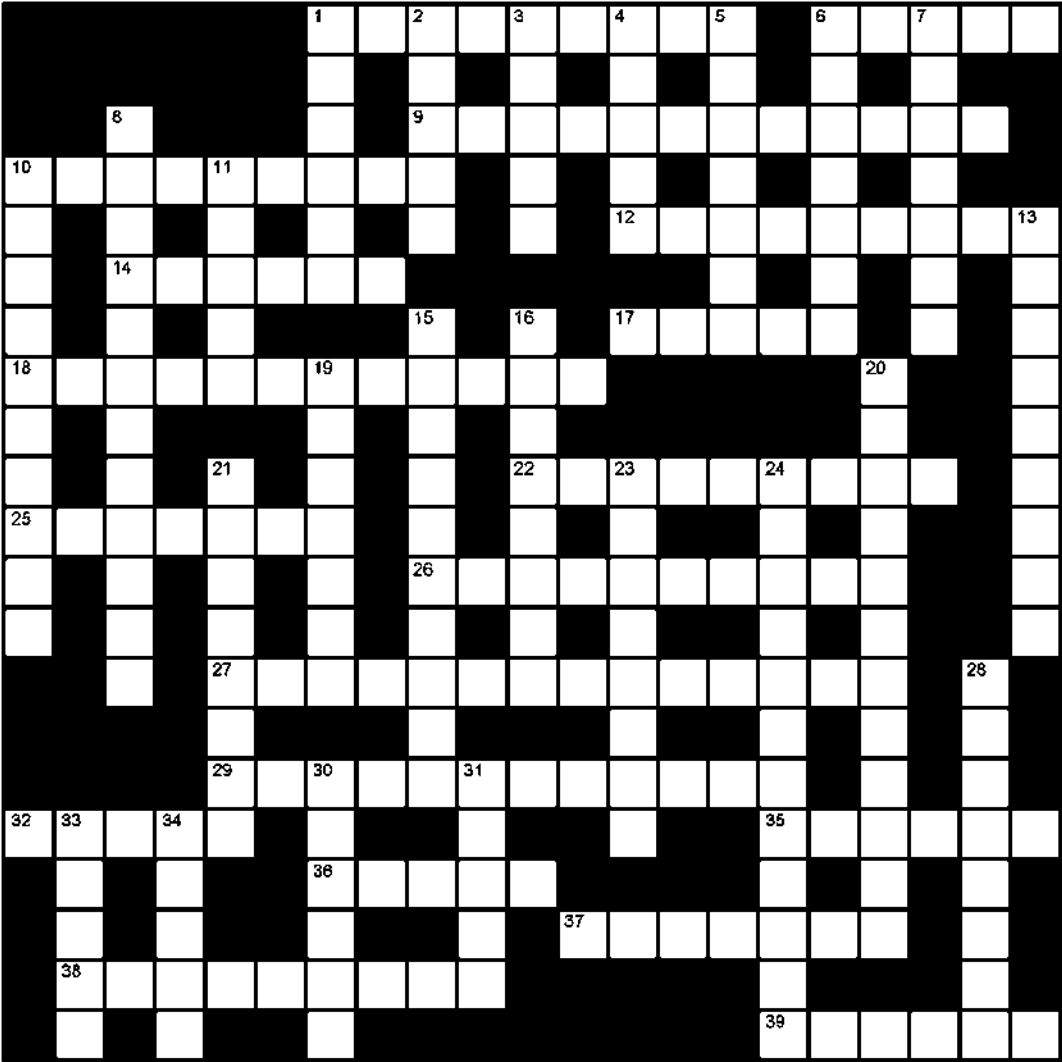
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Mind Twisters

Crossword Puzzle B 3846



B 380166

- Across
- 1 Royal _____ Music (Handel Suite) (9)

6 Divers' gear (5)

9 A first, in books (12)

10 Roadsides (9)

12 Tolerating (9)

14 Oscillates (6)

17 Carnival attractions (5)

18 Modern (12)

22 Chore remuneration (9)

25 It, he, they, e.g. (7)

26 Inspired (10)

27 School table? (14)

29 It might be artificial (12)

32 TV, radio, etc. (5)

35 Workout target (6)

36 Competitor (5)

37 Cycling club event (7)

38 They are often scaled (9)

39 Firstborn (6)
- Down
- 1 Restraining order? (6)

2 Bring up (5)

3 End of the quip (5)

4 Quarters (5)

5 Describes T-day guests, and the bird (7)

6 Makes a difference (7)

7 Demonstrating (7)

8 "Buttoned-down" (12)

10 The "Flatiron" was an early one (10)

11 The "L" of XXL (5)

13 Magnificence (9)

15 Man-made (10)

16 Penny _____ (Victorian shocker) (8)

19 Causing a wince (7)

20 By chance (12)

21 "_____, gem of the ocean..." (8)

23 Motorboats (8)

24 Art and science of structures (12)

28 Cracks (8)

30 Sewer line? (6)

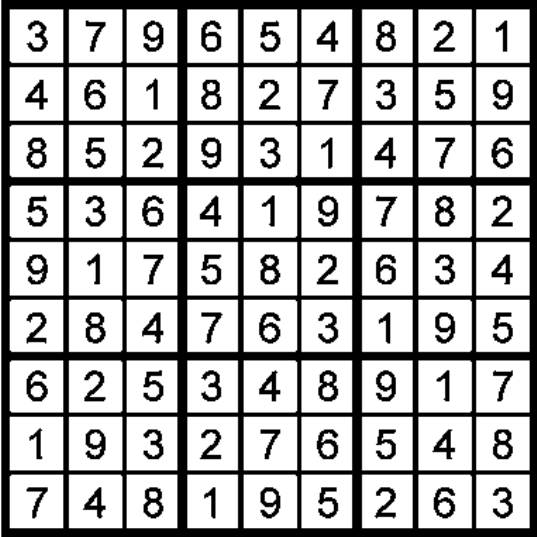
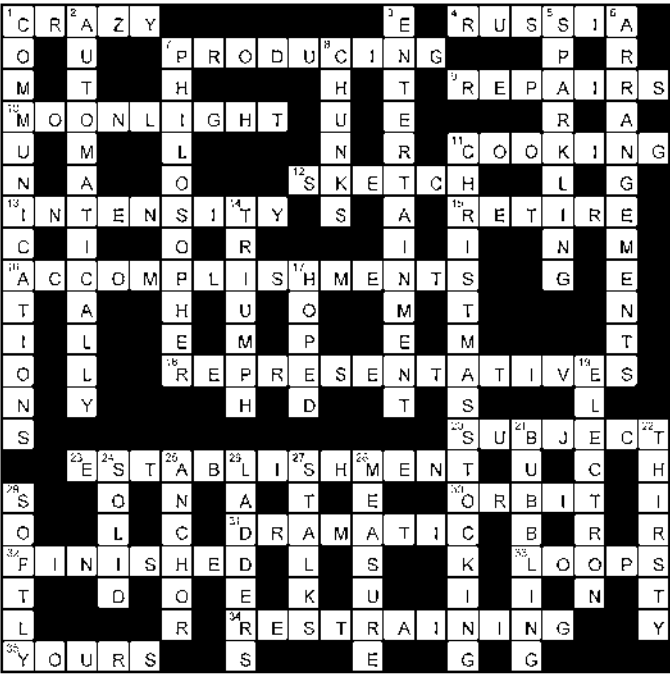
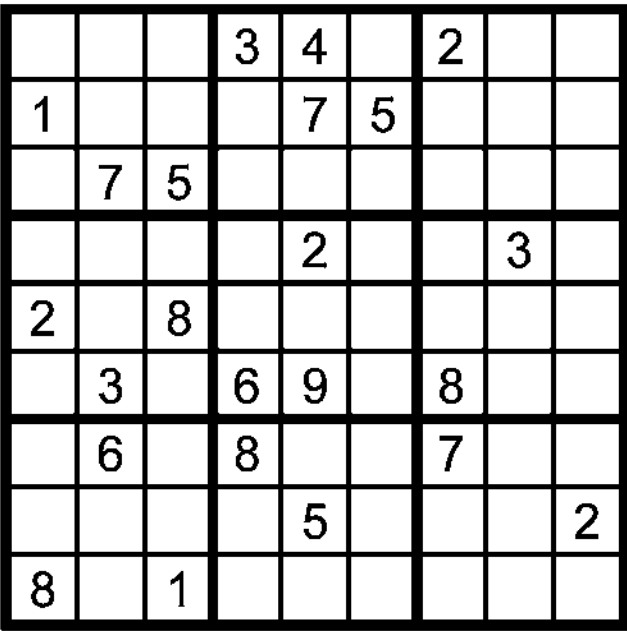
31 Jetés, e.g. (5)

33 Foe (5)

34 Any Time (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: SEPTEMBER 20 - SEPTEMBER 26

For All Signs: The Autumnal Equinox occurs precisely at 4:02 p.m. EDT on Sept. 22. This is the theoretical point of equal day and night which teeters annually at the point of the northern hemisphere's slide toward winter. Many tribes and cultures of eras gone by considered the equinox and solstice points as holy days in which to give tribute to their concept of universal power. Most of those cultures also gave greater honor in an ongoing

way to the soul of Mother Earth than we do now. It would be supportive to the universal consciousness to take a few minutes on Wednesday afternoon to pay respects to the planet that bears our weight and our refuse. The trees everywhere are weakening and need loving attention. Send them a prayer for strength.

Aries the Ram (March 21-April 20): Take every precaution not to abuse your body during this period. Drugs or alcohol could have peculiar side effects that you don't understand. You are in a low physical cycle and will be unable to push yourself as hard as normal on any physical task. If you are affected emotionally, try not to worry about it. Your body/feelings will right themselves after Sept. 25, 2017.

Taurus the Bull (April 21-May 20): There is a potential for becoming caught in ego games with a loved one. Any of the "games" will do, but this week's aspect is particularly fond of playing "How much do you love me? Prove your feelings." You could be asking the question or the Other might be asking you. Try to stay with communications that are more authentic.

Gemini the Twins (May 21-June 20): Past work on a significant project related to your home pays off now. It has demanded major attention to the details, but they are now integrating well. If your communication with anyone becomes a challenge, shift to another mode, such as email.

Speak slowly for a different effect.

Cancer the Crab (June 21-July 21): Because you are moon-ruled, your moods are prone to ebb and flow with the tides. This is hard for children and adolescents, but adult Cancers eventually learn to ride the emotional flow up and down more easily. The new Moon of Sept. 20 occurs in your third house of communications, nearby travel, education and siblings. You may be starting something new in any of these areas.

Leo the Lion (July 22-August 22): Your life tempo is accelerating as it always does in September. You probably feel the need to pay closer attention to your neighborhood, roommates, siblings and the casual relationships in your life. If you have any communication habits that interfere, they may be brought to your attention now. Your vehicle may want attention over the next month.

Virgo the Virgin (August 23-September 22): There is so much happening in your life that it is probably hard to keep track. One of the challenges is that people that you expected to help become unavailable. Don't spend

time mourning over that disappointment. Just carry on the best you can. Take things one at a time if possible to avoid confusion.

Libra the Scales (September 23-October 22): The sun returns "home" to your sign this week. You likely will find it to be energizing. Now is the time to focus on new plans for this next year of your life. Take a fresh look at where you want to direct your energy. It is appropriate that your attention be directed toward yourself right now. However, don't forget that others have needs as well.

Scorpio the Scorpion (October 23-November 21): It is possible you will be feeling hurt and disappointed over a situation with a loved one. People just don't always respond to us as we wish. Sometimes they are distracted by life situations of their own and are unable to appreciate what we offer. If a beloved seems oblivious, try not to take it personally.

Sagittarius the Archer (November 22-December 21): You may need to concentrate to avoid critics, whether they be internal or external. Instead of accepting

blame or guilt, use the energy to make improvements wherever they are needed. Avoid contracts and business negotiations for a week or so because misunderstandings may develop.

Capricorn the Goat (December 22-January 19): You want to finish up an oral or written project at this time, but words just are not flowing with ease. If possible, give yourself a break over the weekend and see new sights. When you return, your mind will feel refreshed and more able to tackle that project.

Aquarius the Water Bearer (January 20-February 18): You may be feeling cross and irritable this week. Don't struggle over things you cannot change right away. It only makes you and

others miserable. Break loose of routine and take yourself to someplace new and interesting. You may prefer to go alone, which is certainly OK. You are taking a breather, not running away.

Pisces the Fish (February 19-March 20): This is a week in which your physical cycle is "off". Don't press your body beyond what it wants to do, just because it could do the same thing last week. Pay special attention to your temporary boundaries right now and by next week things will return to your personal normal.

Are you interested in a personal horoscope?
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Auto Review

Volkswagen e-Golf: More Range plus the VW experience

BY STEVE SCHAEFER

In the wake of the Diesel emissions scandal, VW is emphasizing its electric car goals, but so far, its only all-electric car is the e-Golf. I enjoyed a week with a handsome White Silver example.

The Golf is a car buff magazine perennial favorite, especially the GTI model, because it's compact but not too small, extremely practical, drives with enthusiasm, and handles precisely. In addition, the interior feels like a driver's car and not simply a motoring appliance.

The beauty of the e-Golf is that it doesn't lose any of its Golf virtues in the transition to an EV.



Over the past 25 years, Steve Schaefer has tested more than 1,200 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists.

Contact Steve at sdsauto53@gmail.com
My blog for alternative vehicles: stevegoesgreen.com



Its 700-pound battery lives along the bottom of the car, giving it a low center of gravity and not intruding a bit into the passenger or cargo room. At 3,455 pounds, the e-Golf weighs only 432 pounds more than a four-door Golf automatic, thanks to some careful engineering and use of high-strength steel.

With the sound and vibration of an engine removed, tire noise, wind, and EV functions come to the fore, so the engineers worked to make the e-Golf extremely quiet inside. They also installed a tone that's emitted at low speeds to warn pedestrians that the silent cruiser is coming.

The Golf can accommodate folks inside comfortably, and haul 22.8 cubic feet of gear with the rear seat up. Flip it down to make that 52.7 cubic feet.

The original e-Golf's 85 kW electric motor generated 115 horsepower, but the new one's motor is boosted to 100 kW, and develops 134 horsepower. The new motor churns out a generous 214 lb.-ft. versus 199 for the old one. The trip from 0 to 60 takes 9.6 seconds, reasonable if not thrilling; some other EVs do better.

The real benefit of the 2017 model, though, is range. With a larger, 35.8 kW battery (up from 24.2 kW), official range is now 125 miles versus 83. That can change your destination choices. I found the range was more like 145 miles, but this may have been from my careful EV driving habits. You can build those habits, too. The e-Golf provides the Think Blue Trainer electronic aid to teach you how to drive more efficiently and conserve battery life.

VW lets you select from three levels of electricity regeneration. The car's default setting only regenerates when you brake the car, as in a hybrid vehicle. However, you can easily set it for a more aggressive level with a flick of the transmission level. I tended to leave it in D3—the maximum—which allowed a bit more “one pedal driving.”

Choose from three driving modes: Normal, Eco, and Eco+. Normal uses the full power and features of the car, but Eco and Eco+ progressively limit horsepower, change the

accelerator response curve, and reduce or turn off the air conditioning, for increased efficiency.

The 2017 e-Golf's EPA estimated fuel economy is 126 MPGe City, 111 MPGe Highway, and 119 MPGe Combined. This beats the 2016 EPA estimates of 126, 105 and 116, respectively.

Golf is not a flashy design, inside or out. Its origins go back to 1975, when it replaced the Beetle as the centerpiece of VW's sales efforts. The boxy, front-wheel-drive, water-cooled hatchback was totally different from its ancestor, and created the Volkswagen we know today.

The latest Golf still wears sharp edges outside and solid, straight shapes inside. Materials are more upscale than some compact competitors. Most of the door and dash surfaces are padded, the seats are substantial and supportive, and the doors close with a nice “thunk.”

The e-Golf's windshield has a fine net of wires in it for de-icing, but I don't need that in sunny California and it was occasionally annoying. But then there was the beautiful rimless rear-view mirror, and audio controls that expose details as your hand approaches them. The sporty, flat-bottomed steering wheel wears jaunty blue stitching; an 8-inch dash display is easy to use.

The e-Golf used to come in the SE and SEL Premium editions, but there's a new Limited Edition that sits between them. You can expect to pay around \$29,000 for the SE and \$36,000 for the SEL Premium, based on the 2016 pricing. 2017 pricing will be released in mid-September.

Despite its virtues, the one thing the e-Golf can't do is travel more than 200 miles on a charge, like the Chevrolet Bolt EV or any Tesla. But that should change. By the 2020s, VW will field a range of EV models under the I.D. brand, including a hatchback, a crossover, and an all-electric successor to the beloved microbus. VW is also helping to build charging networks that will benefit anyone with an electric car in the future.

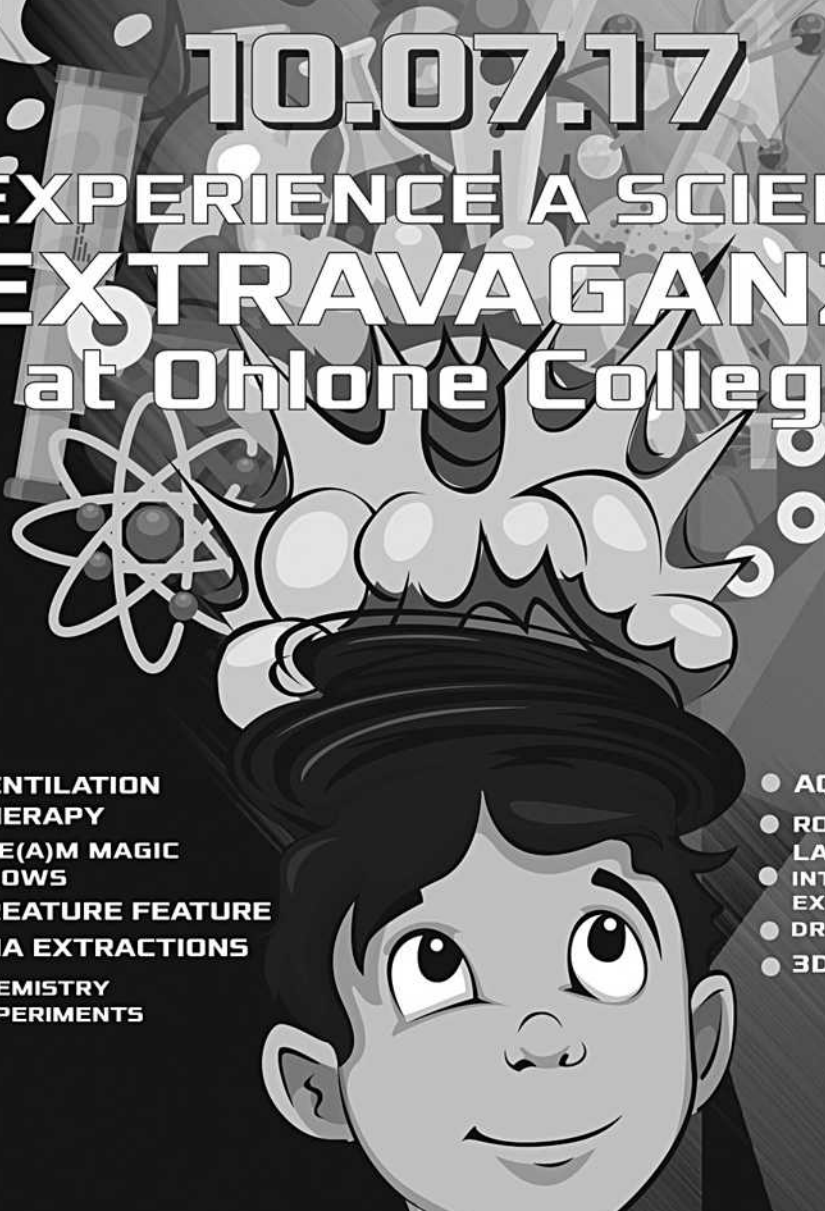
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continued from page 1

Dragon Boats

of all ages coming together to share in the experience of this deeply rooted and inspiring cultural tradition. We look forward to welcoming back returning guests and inviting new audiences to enjoy this year's festival, located at one of Oakland's most beautiful destinations.”

Dragon boating is a 2,500-year-old sport, originating in Southern China and is one of the fastest growing international team water sport throughout the world. Each year, race festivals are held around the globe in Asia, Australia, Canada, Europe, and the United States, with the Hong Kong – Northern California International Dragon Boat Festival as one of the largest festivals in the U.S. The Dragon Boat Festival is one of three major holidays celebrated in Chinese communities around the world. A dragon boat team consists of 20 paddlers, a drummer, and a steersperson, and is heavily reliant on timing and teamwork. There are no “stars” in dragon boating, as success depends upon how well the team works together.

Hayward resident Khiet-Vi Long has been involved with dragon boating for over 15 years, participating in many domestic and international events. Long first paddled as part of the Asian Community Mental Health Services corporate team when the organization's director gathered

staff and family members to support a dragon boat festival by paddling in an Oakland race.

“Through dragon boating, I realized the value, the importance of teamwork. I learned that good sportsmanship and good leadership build up a strong team, while selfishness and undermining could tear a team apart. Further, it helps me to focus and to de-stress from my job,” says Long. “I also enjoy dragon boating because it encourages family and community involvement. Everyone is welcome to paddle on a dragon boat or come watch a dragon boat race.”

Long's team, DragonMax, will be participating in the Oakland festival. While numbers change as members come and go throughout the years, DragonMax is currently 160 members strong. Fremont resident JoAnn Kop is also part of the team.

“I started dragon boating in 2001 as part of a Celera Diagnostic team-building event. I fell in love with the sport as the 20 paddlers all need to work together to get the boat to the finish line,” says Kop. “I paddled as part of the corporate team for a second year, then joined the Alameda Dragonflyers, a community team based in Oakland. About six years ago, I joined the DragonMax team, which is based in Berkeley as this team likes to travel to other

areas to race.”

Combining her love of racing with traveling, Kop has adventured with the DragonMax team locally and further afield, racing in the Bay Area, Tempe, Long Beach, Portland, and Vancouver. The team raced in Ravenna, Italy, at the 2014 IDBF Club Crew Championships, and in 2016 participated in the Crew Championships in Adelaide, Australia.

“What I love most about dragon boating is the feeling of ohana, the Hawaiian term for family. Each one of my teams is an important part of my life,” says Kop. “The second reason is my love of being on the water. Lastly, it is the adrenaline flow when we are racing down the course, paddling as hard as I can, and folks yelling to encourage each other.”

The Dragon Boat Festival kicks off with its opening ceremonies on Saturday, September 23 at 11:30 a.m. with a traditional blessing of the festival boats, a traditional Chinese ceremony accompanying dragon boat races all over the world for thousands of years. Buddhist monks from the Oakland based Fa Yun Chan Temple community will help awaken the dragons and bless the racing. They will be joined by lion dancers and the Oakland Interfaith Gospel Choir singing the National Anthem.

The festival is open to the public with free admission and free Dragon Boat Shuttle transportation all day from nearby parking garages and BART stations. For more information, visit www.sfdragonboat.com.

Hong Kong – Northern California International Dragon Boat Festival
Saturday, Sep 23 & Sunday, Sep 24
10 a.m. – 5 p.m.
Opening Ceremonies: Saturday, Sep 23 at 11:30 a.m.
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www.sfdragonboat.com
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A Fundraiser to Benefit **SAVE**

An Evening of Empowerment HERO EDITION

By **JOHNNA M. LAIRD**
PHOTOS COURTESY OF
TINA FERNANDEZ STECKLER

Safe Alternatives to Violent Environments (SAVE), a nonprofit that began in Fremont 41 years ago, will focus on local heroism at its fundraiser on Saturday, September 30 at the DoubleTree by Hilton in Newark. Themed “An Evening of Empowerment: Hero Edition,” the event will celebrate courage and resilience of local heroes, paying special tribute to individuals and families who are survivors of violence.

More than 300 people are expected to attend SAVE’s primary fundraising event, an evening of dinner, dancing, live entertainment and auctions, both silent and live. The evening will include a selfie booth with heroes, and American High School volunteers will dress in hero attire mingling among guests to get hero conversations started. A wine bar and Viollissimo, a violin trio, launches the evening followed by dinner. Cover band Sandi and the Rockerfellers perform dance music on the patio, and Fremont Christian’s Dixie Dominus plays jazz in the ballroom. The evening’s deejay, Fluid Cut, oversees after-party dancing.

SAVE is hoping for a lively auction featuring items that include a trip for two to Las Vegas with airfare, accommodations, entertainment, and dinner; a private Livermore Valley Limousine Wine Tour; a birthday party cake delivered by Fremont Firefighters; and a Sharks’ game with suite tickets accompanied by an autographed jersey and puck, among other items.

The upbeat, fun-filled evening runs counter to the grave situations facing SAVE’s clients. Funds raised from the evening will assist individuals experiencing domestic violence, support SAVE’s 30-bed safe house, provide a 24-hour crisis hotline, and offer school-based presentations on healthy relationships aimed at prevention, among others. SAVE’s walk-in empowerment center offers immediate counseling and case management, along with legal, financial, and health services. Direct services reach 2,500 people annually, 10 percent of whom

are men. About 8,500 teens participate in programs to educate youth. In 2016 SAVE’s trained advocates responded to 1,900 calls. To help guide clients through the legal system, SAVE trains volunteers in a 40-hour program.

An Evening of Empowerment: Hero Edition arrives near the start of National Domestic Violence Awareness, held annually in October. A combination of fundraiser and an awareness month helps SAVE heighten attention on issues of partner abuse.

National statistics seem staggering. On average 20 people experience physical abuse from an intimate partner every 60 seconds in America, according to the National Coalition Against Domestic Violence. One in three women and one in four men have experienced physical abuse at some point in their lives from an intimate partner. Physical violence is often accompanied by emotional abuse, psychological trauma, and controlling patterns of behavior.

During the fundraising evening, SAVE will present a short film about its work, featuring interviews with SAVE donors and volunteers.

“This is our first year with the Evening of Empowerment concept,” explains SAVE’s Director of Development Tina Fernandez Steckler. Almost since its beginning as a grassroots organization in 1976 when a group of women sheltered victims in their homes, SAVE has held an annual fundraiser. For years, SAVE hosted a “much-loved” Chocolate Fair, says Steckler. From 2002 to 2015, SAVE hosted a breakfast. Last year, the organization chose an evening fundraiser to mark its 40th anniversary.

Begun as Shelter Against Violent Environments, SAVE changed its name in 2006 to Safe Alternatives to Violent Environments to better reflect its growing services that exceeded its 30-bed safe house. Continuing to identify needs and serve the communities of Fremont, Union City, Newark, Hayward, and San Leandro, SAVE created a Cultural Responsiveness Committee to create better understanding among community members.

“We’re striving to make the

evening a positive, uplifting experience and to inspire guests to continue appreciation for others and continue those conversations well beyond our gala,” says Steckler. “When we say we’re celebrating our heroes, the individuals and families we serve, we stress that our clients’ strengths, resilience and capacity to hope and become survivors inspire us at SAVE.”

Steckler encourages attendees to share, wear, and talk about their heroes or life inspirations to create conversations about “what makes us unique and what unifies us as community members.”

Table décor will feature bios of heroes that include the youngest winner of a Nobel prize – Malala Yousafzi; U.S. Supreme Court Justice Ruth Bader Ginsberg;

American novelist and poet Alice Walker; and the U.S.’s first openly gay elected politician Harvey Milk, among others.

Steckler credits SAVE’s reputation in the community to securing large donations to support the event, including the deejay, audiovisual professionals and graphic designer for the invitations, along with donors of auction items, and sponsors that include PetersenDean, Fremont Bank, Randall A. Wolf Family Foundation, Legacy Real Estate & Associates, Sisters of the Holy Family, Blocka Construction, Washington Hospital, Robson Homes, East Bay Community Foundation, and Cargill.

SAVE’s fundraising committee, which began work months ago, is co-chaired by Dana Jones and Margo Hood, who along with Nisreen Akbari, Aggie Freeman, Janice Gebhardt, Rick Jones, Rosalie Sears, Valarie Serrato, Sybil Smith, Craig Steckler, Holly Walter, and Joan White have spent “countless” hours on the event.

Jones, a Fremont police officer for 30 years, has served on SAVE’s Board for more than two years. “As a police officer, I witnessed many horrific examples

of domestic violence. I have seen how this issue affects us all. As a daughter, sister, mother, and now grandmother, I understand how vulnerable one can be to abuse and how dangerous this crime is,” says Jones. “Many strides have been made in domestic violence laws over the years but there is still work that needs to be done.”

Hood, a domestic violence survivor who turned to SAVE in the 1980s, says, “It can be shocking, scary, and shameful to suddenly find yourself in this position but SAVE made me feel empowered. I was grateful to SAVE then and even more grateful now that I can give back.”

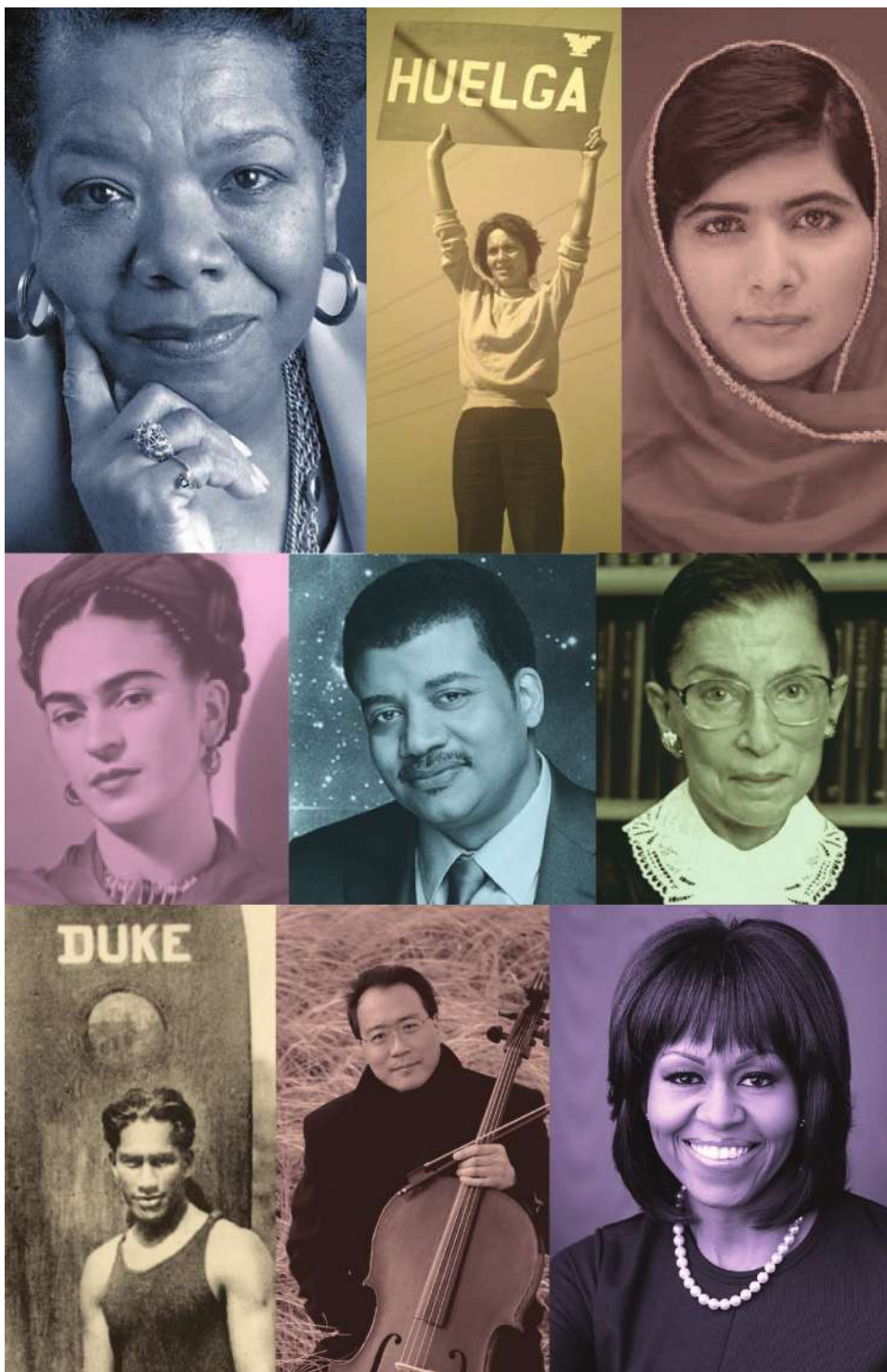
For more information, contact Tina Fernandez Steckler at (510) 574-2250 or TinaF@save-dv.org or visit <http://save-dv.org/>.

**An Evening of Empowerment:
Hero Edition**

**Saturday, Sep 30
6 p.m. – 11 p.m.**

**DoubleTree by Hilton
39900 Balentine Dr, Newark**

**(510) 574-2250
<http://save-dv.org/>
Tickets: \$100**



Home & Garden

Sustainable Straw Bale Planters

ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

Straw has been used for building homes as far back as the Paleolithic Age, two million years ago. Today, people also use straw in the form of bales to build houses, barns, and other structures. The currently popular Paleo Diet mimics the food our prehistoric ancestors ate. Unfortunately, there will not be a movement toward "Paleo Gardening," as Paleolithic people were not gardeners even though they were using straw for other purposes. Instead, it would be the ancient Egyptians who would use straw (bales) for gardening.

Straw bale planters were also used by the Aztecs and American pioneers heading west. A shift towards organic gardening and sustainable techniques over the past couple of decades has renewed interest in using straw bales as planters. A straw bale planter offers many benefits at a low cost. It can be used over poor, rocky, compacted, or diseased soil. It can be placed on a concrete driveway or tile patio also making it ideal for small spaces. Using a straw bale planter means that plants will not have to compete with weeds and

vegetable crops won't be shared with gophers or moles. The higher surface makes planting and tending to the plants easier, and limits bending needed during the harvesting of herbs and vegetables.

A straw bale planter is ideal for people who want to garden sustainably or raise organic vegetables. Unlike a ceramic, concrete, or plastic planter, a straw bale planter can be broken down and used in the rest of the garden when the spring and summer growing seasons come to their ends. It can be used as compost to amend soil or as a mulch around plants and trees to insulate their roots during the winter. A new one the next year can be easily placed elsewhere if things did not work out well in the prior year's spot. A straw bale planter will be a magnet for attracting worms and all the positive benefits they bring regardless of where it is located.

Straw is not the same as hay. Straw is the stem of a grain or cereal plant; hay is the stem, leaves, and seed heads. It is important for this reason to purchase a straw bale not a hay bale. Hay bales will sprout whatever seed is in them and some of these are very invasive. Types of

straw bales appropriate for a planter include, but are not limited to, wheat, barley, rye, oat, and rice. A straw bale purchased locally will most likely be from a local or semi-local crop. The straw bale should not have been sprayed with an herbicide or pesticide, and should not be damp or moldy when purchased. Close Feed & Supply (727 Industrial Parkway, West Hayward, 510-581-6811) sells and will load a standard size straw bale that will fit in most car trunks.

Placement of the straw bale will depend on what will be planted in it. Annuals and vegetables make the best candidates because a straw bale is not a permanent planter. Straw bales are great for starting perennial herbs and other plants that can be transplanted into the garden when the straw bale can no longer function as a planter. The mature size of a plant should be taken into account; too many plants can shade each other causing subnormal growth and low vegetable or fruit yields. Tall plants such as sunflowers thrive in straw bale planters but might need support in windy areas.

Straw bales are held together lengthwise with twine or string. Position it with the twine or string on the sides, not the top and bottom. Thoroughly water it for three days. The center of the bale will begin to compost and heat up. Continue watering the bale daily for about the next two weeks as well as adding a high nitrogen fertilizer to the top of it. Blood meal, fish emulsion, or an



organic general vegetable fertilizer are satisfactory.

The initial heat from the composting process should have cooled after about two weeks. It is now time to sow seeds in or plant the straw bale. If sowing seeds, sprinkle those that germinate below the soil surface on top of the bale and cover them with a thin layer of compost or topsoil and for seeds that germinate on the soil surface, first spread the compost or topsoil and then dot the seeds on top. Make a small divot in the straw to plant seedlings, place the roots in the hole, and pack the surface of the bale with compost or topsoil.

Continue to water the seedling and seeds keeping the soil slightly moist. Once they seem established, follow the required watering guidelines for

that particular plant. Plants and vegetables planted in a straw bale will need continued fertilizing throughout the season.

Still too big of a project? Michaels art stores, found throughout the Bay Area, sell tabletop size straw bales during the fall months. These are perfect for planting small herb kitchen gardens or making unique Halloween and Thanksgiving table arrangements while still providing the same benefits as larger straw bale planters.

Use of straw bale planters for gardening is back. Sometimes we need to look to the past to find another approach for the future.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



THE ACWD CONNECTION

September is Emergency Preparedness Month

With the recent devastation caused by Hurricane Harvey and Hurricane Irma we are reminded that a natural disaster can strike at any time. We can't predict when it will happen, but we can be ready when it does. You and your family can be emergency-ready by preparing an emergency kit, and checking and replacing supplies as needed. Not sure what you need? Learn how much water you should store and more:

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Cherryland Art Gallery

now abloom

BY PHILIP KOBYLARZ
PHOTOS COURTESY OF
RENÉ CAPONE

One can imagine groves of Black Tartarian cherry trees, wide swaths of almond, prune, and plum trees, and bushes of black currant that once made up the landscape of north Hayward. Cherryland, as it is called today, a census-designated place running from B Street to Lewelling, was once lush farmland. William Meek cultivated this area in the 1850s, and the landmark he left as a testament to his wealth still stands in the Meek Mansion.

Today, another visionary has entered the scene. Hailing from upstate New York, René Capone has come to Hayward with a plan. The city is a vibrant, multi-cultural enclave brimming with life and has reputedly the friendliest people in the bay, but something essential is lacking: art galleries.

Possessing a keen perspective and raw talent, Capone has envisioned a space where people can come together in celebration of beauty in all its forms. The Cherryland Art Gallery celebrated its opening May 27, 2017 with a show featuring the artwork of Lamberto Roque Hernandez, a painter, writer, teacher, and multi-faceted artist from Mexico's renowned Oaxaca region.

Capone himself had a natural inclination and desire to take over the art hall as an adolescent. His high school art teacher recognized his talent and pushed him to pursue the arts, steering him toward college. Capone was accepted into Parsons School of



Design in Greenwich Village, considered the preeminent art school in the U.S. and alma mater of such luminaries as Jasper Johns and Roy Lichtenstein.

At the age of 20, Capone sold his first painting for \$600. He flourished in New York City but grew weary of the crowds and the winters, and one day discovered Armistead Maupin's "Tales of the City." San Francisco seemed to be a vibrant new place in which he could practice his art of life figure painting, so go west young man he did. He came "in search of community and to find a home," and became active in the local art scene, serving as the gallery assistant for K. Imperial Fine Art and a design assistant for Andrew Fisher at the Fisher Weisman Interior Design firm, both located in San Francisco.

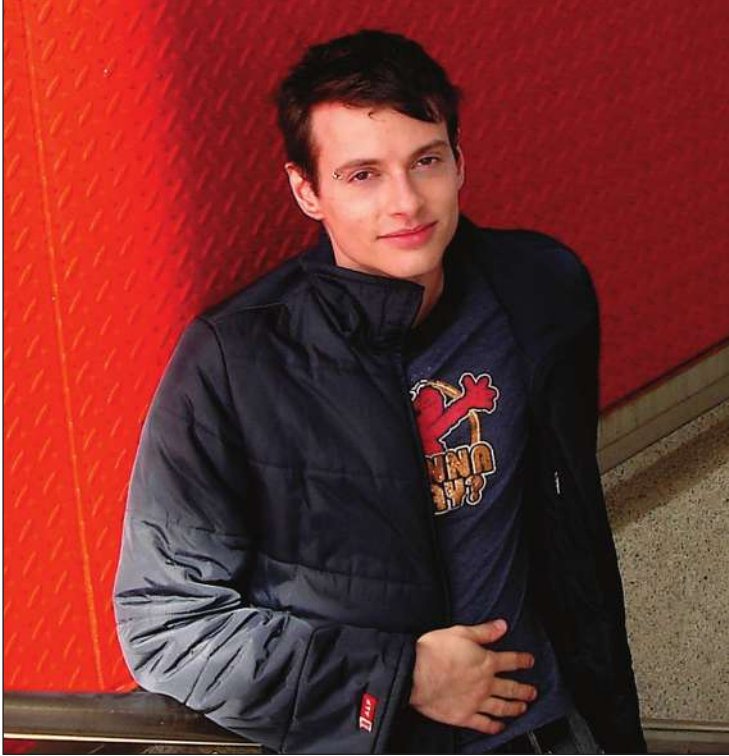
Capone is very well known in New York and San Francisco and has sold his art all over the world. His body of work is wide-ranging

and impressive; his paintings have been featured on magazine covers, he has shown at countless galleries on both coasts, his work has been featured in German art anthologies, and a graphic novel titled, "The Legend of a Hedgehog Boy" is also among his accomplishments. "Sometimes I'm embarrassed, sometimes I'm proud," he says of his acclaim.

His paintings feature vivid, sultry colors and studies of figures playing, in repose, or lost in thought and emotion, caught in the act of seeing and being seen. He is fascinated with human/animal beings and of capturing moments of sensual intimacy of the purest form. "I learned to paint to escape pain and abuse and in my adult life and morphed in into something that moves people, sometimes in ways you would not understand," he said. "It's supernatural, life affirming and completely unfiltered."

Having attained that elusive quality called success, Capone now wishes to act as an empowering agent to promote the work of fellow artists. Because he saw himself as an underdog in the art world, his desire for the Cherryland Art Gallery "is to let brilliant artists get a chance to shine." Capone's goals for the gallery are clear. In his own words, he aims firstly to "stay open." He hopes to create and inspire a community of artists in our corner of the bay and to open his gallery to endless possibility. He sees the space as a gathering place of souls that will feature soirées on the weekends, open calls for showings, and even perhaps a venue for stand-up comedy.

The current exhibit, "Stillness Before Dawn," features Capone's art along with that of figure painter Salena Alessandra Valentini from Italy, the digital art of John Waiblinger, and Eddie Louis Delvaux. "Artists sacrifice huge parts of their lives to fully embrace their craft. Here I would like to acknowledge the struggles that each artist has endured. From disabilities or confronting social injustice, all



Artist and Cherryland Art Gallery owner René Capone.

these artists have persevered. As the curator, I see the title of the show as a concept – a concept representing the personal and often quiet victories that we experience alone," said Capone.

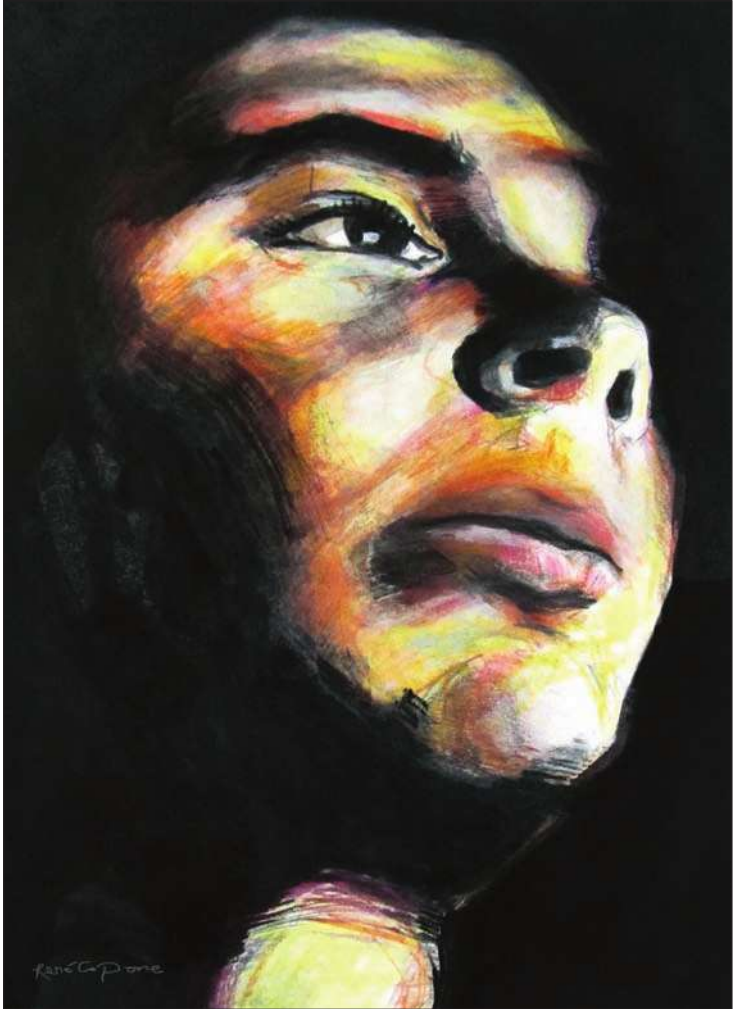
The gallery is also offering Saturday morning art classes for kids with instructor Lamberto Roque Hernandez. Hernandez has created an interactive arts curriculum that honors Mexican traditions with 2D and 3D art projects. Kids will expand their creativity with sculptural

which the lovers of painting, art, and life can commune.

For more information, call (510) 827-7077 or visit www.cherrylandart.com.

Stillness Before Dawn
Sunday, Sep 10 – Tuesday, Oct 10
Tuesday – Saturday, 1 p.m. – 7 p.m.

Reception
Saturday, Sep 22 7 p.m. – 9 p.m.



exercises, pigment mixing, and storytelling through art. Class size is limited to six; call Hernandez for rates and more information at (510) 760-3003.

Like the work of literature that inspired a New York City artist to manifest his destiny westward, René Capone and the Cherryland Art Gallery now provide a venue of creativity to

Saturday Morning Art Classes
11 a.m. – 12:30 p.m.
(510) 760-3003
Limited to six students

Cherryland Art Gallery
21308 Mission Blvd,
Cherryland
(510) 827-7077
www.cherrylandart.com



CASTRO VALLEY TOTAL SALES: 10							
Highest \$: 1,010,000		Median \$: 749,000					
Lowest \$: 420,000		Average \$: 703,100					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
19060 Clemans Drive	94546	815,000	3	1507	1953	08-01-17	
2505 Miramar Ave #115	94546	420,000	2	986	1988	07-31-17	
2505 Miramar Ave #139	94546	425,000	2	871	1988	08-03-17	
19959 Redwood Road	94546	749,000	3	1462	1952	08-03-17	
17300 Robey Drive	94546	587,000	3	1215	1953	08-02-17	
18752 Sandy Road	94546	910,000	3	2046	1949	08-03-17	
18969 Thornbury Ave	94546	770,000	3	1336	1956	08-02-17	
20111 West Ridge Court	94546	515,000	2	1467	1977	08-01-17	
22014 East Lyndon Loop	94552	830,000	3	2328	1998	07-31-17	
5722 Greenridge Road	94552	1,010,000	4	1842	1960	08-02-17	
5349 San Simeon Place	94552	565,000	2	1322	1981	07-28-17	

FREMONT TOTAL SALES: 30							
Highest \$: 2,630,500		Median \$: 935,000					
Lowest \$: 425,000		Average \$: 1,039,864					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
35950 Adobe Drive	94536	768,000	3	1150	1957	08-02-17	
4585 Evelena Court	94536	1,111,500	3	1721	1964	08-01-17	
38427 Farwell Drive	94536	1,110,000	5	2056	1960	08-03-17	
908 Gurnard Terrace	94536	1,100,000	4	1579	1996	08-03-17	
107 Kerry Common	94536	1,020,000	4	1824	1988	08-02-17	
38115 Paseo Padre Court	94536	1,200,000	-	2334	1977	08-02-17	
671 Rancho Arroyo Plkw	94536	1,350,000	5	2240	1967	07-31-17	
36376 San Pedro Drive	94536	850,000	3	1148	1961	07-31-17	
5089 Coco Palm Drive	94538	935,000	4	1228	1961	08-01-17	
42865 Everglades Park Dr	94538	920,000	3	1581	1962	08-01-17	
5211 Farina Lane	94538	967,500	4	2168	1961	07-31-17	
43335 Fremont Boulevard	94538	985,000	3	1372	1956	07-31-17	
4463 Hyde Com #218	94538	765,000	2	1244	2009	08-02-17	
3750 Jamestown Road	94538	780,000	3	1112	1954	07-27-17	
40447 Landon Avenue	94538	790,000	3	1148	1960	08-01-17	
42614 Queens Park Ct	94538	930,000	4	1551	1962	08-03-17	
3695 Stevenson Blvd #E306	94538	600,500	2	1040	1991	07-31-17	
108 Visa Court	94538	806,500	3	1078	1961	08-01-17	
47945 Avalon Heights Ter	94539	2,630,500	5	3831	1998	08-02-17	
47129 Bennis Terrace	94539	425,000	1	675	1987	07-31-17	
1972 Briscoe Terrace	94539	890,000	3	1314	1972	08-02-17	
2937 Bruce Drive	94539	1,291,000	3	1377	1958	08-02-17	
228 Campina Court	94539	2,400,000	5	3444	2016	08-01-17	
49002 Cinnamon Fern Com #510	94539	730,000	2	1229	2009	07-31-17	
42945 Corte Verde	94539	760,000	2	968	1971	08-03-17	
114 Hackamore Lane	94539	540,000	2	835	1983	08-01-17	
41385 Morada Court	94539	2,100,000	4	3310	2003	07-31-17	
43758 Paso Nuez Com	94539	945,000	3	1431	2011	07-31-17	
166 Paso Olmo Terrace	94539	1,130,000	4	1842	2011	08-01-17	
49114 Rose Terrace	94539	765,000	2	1112	2004	08-02-17	
34274 Kenwood Drive	94555	1,185,000	4	1734	1989	07-31-17	
34545 Nantucket Com	94555	510,000	2	884	1970	07-31-17	
2863 Welk Common	94555	1,025,000	3	1591	1987	07-31-17	
34854 Snake River Place	94555	983,000	3	1305	1973	07-28-17	

HAYWARD TOTAL SALES: 31							
Highest \$: 1,135,000		Median \$: 595,000					
Lowest \$: 300,000		Average \$: 645,194					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
22855 Charing Street	94541	555,500	2	1524	2003	08-03-17	
237 El Dorado Avenue	94541	545,000	2	1116	1927	08-03-17	
361 Hampton Road	94541	712,500	5	2612	1942	07-31-17	
19671 Medford Circle #22	94541	430,000	2	1125	1992	08-03-17	
19579 Meekland Avenue	94541	525,000	3	1623	2005	07-31-17	
630 Moss Way	94541	640,000	3	1827	2012	08-03-17	
2265 Romey Lane	94541	635,000	2	1718	1949	08-01-17	
22135 Sevilla Road #24	94541	479,000	3	1453	1982	07-31-17	
24657 Sylvan Glen Court	94541	670,000	-	1246	1978	08-01-17	
3109 Vista Lane	94541	928,000	5	3031	2003	07-31-17	
198 Drummond Drive	94542	1,100,000	4	3462	2007	07-31-17	
28300 Fox Hollow Drive	94542	1,040,000	5	3653	1996	08-01-17	
25912 Hayward Blvd #316	94542	445,000	2	1203	1983	07-31-17	
27890 Baldwin Street	94544	300,000	3	927	1952	08-02-17	
27756 Biscayne Avenue	94544	528,000	3	1000	1954	07-31-17	
27225 Brick Way	94544	450,000	3	1590	1955	07-31-17	
24267 Clarendale Street	94544	598,000	3	1356	1940	08-01-17	
139 May Court	94544	520,000	3	1050	1952	07-31-17	
24624 Santa Clara Street	94544	595,000	3	1176	1958	08-01-17	
1126 Silver Maple Lane	94544	1,135,000	4	2958	1999	08-03-17	
914 Snowberry Court	94544	440,000	3	1185	1972	07-31-17	
24766 Soto Road	94544	486,000	3	1114	1943	08-03-17	
29483 Taylor Avenue	94544	622,000	3	1469	1989	08-01-17	
26039 Whitman Street	94544	565,000	3	1107	1952	08-01-17	
2516 Admiral Circle	94545	891,500	-	-	-	07-31-17	
2609 Admiral Circle	94545	890,500	-	-	-	07-31-17	
29028 Caravan Lane	94545	670,000	2	1750	2008	08-02-17	

29233 Eden Shores Ct	94545	935,000	4	2198	2005	08-02-17
2747 Leeward Street	94545	545,000	3	1128	1957	08-02-17
26750 Trinidad Street	94545	615,000	3	999	1958	08-03-17
21103 Gary Drive #308A	94546	510,000	2	1100	1993	08-01-17

MILPITAS TOTAL SALES: 14							
Highest \$: 1,850,000		Median \$: 825,000					
Lowest \$: 315,000		Average \$: 925,429					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
613 Angus Drive	95035	1,850,000	4	2913	1997	08-16-17	
411 Bixby Drive	95035	1,060,500	4	1538	1962	08-22-17	
327 Celebration Drive	95035	680,000	2	1012	2000	08-18-17	
444 Elm Court	95035	735,000	3	980	1960	08-18-17	
1569 Hidden Creek Ln	95035	1,032,000	3	2318	2017	08-16-17	
1573 Hidden Creek Ln	95035	1,137,000	4	2405	2017	08-18-17	
1577 Hidden Creek Ln	95035	1,050,000	3	2318	2017	08-16-17	
400 Live Oak Court	95035	780,000	3	1240	1970	08-21-17	
110 Parc Place Drive	95035	690,000	2	1192	2005	08-17-17	
2260 Petersburg Drive	95035	1,130,500	4	2074	1970	08-18-17	
338 San Petra Court #1	95035	540,000	3	1050	1971	08-21-17	
1768 Snell Place	95035	825,000	3	1450	2010	08-22-17	
1101 South Main St #227	95035	315,000	2	977	2007	08-18-17	
1612 Stemel Way	95035	1,131,000	4	1976	1978	08-22-17	

NEWARK TOTAL SALES: 8							
Highest \$: 1,050,000		Median \$: 811,000					
Lowest \$: 317,000		Average \$: 760,438					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
6210 Cedar Boulevard	94560	317,000	3	1232	1970	08-02-17	
36445 Dijon Drive	94560	1,050,000	5	2591	2003	07-31-17	
5338 Dupont Avenue	94560	790,000	4	1360	1962	08-03-17	
6150 Joaquin Murieta Ave #F	94560	520,000	2	1132	1981	08-01-17	
6341 Lafayette Avenue	94560	811,000	3	1100	1960	07-27-17	
8525 Perserve Avenue	94560	854,500	-	-	-	08-02-17	
8551 Pierview Way	94560	865,000	-	-	-	07-28-17	
8565 Waveside Way	94560	876,000	-	-	-	08-02-17	

SAN LEANDRO TOTAL SALES: 20							
Highest \$: 870,000		Median \$: 600,000					
Lowest \$: 365,000		Average \$: 590,950					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
121 Chumalia Street	94577	530,000	3	1271	1925	08-01-17	
14533 Doolittle Drive	94577	395,000	2	865	1979	07-31-17	
901 Fulton Avenue	94577	682,500	3	1334	1953	08-03-17	
970 San Jose Street	94577	870,000	4	1749	1939	07-31-17	
1187 139th Avenue	94578	575,000	3	1090	1947	08-02-17	
1742 150th Avenue	94578	521,000	2	1197	1977	07-31-17	
2010 167th Avenue	94578	489,000	2	992	1952	08-03-17	
16308 Bevil Way	94578	515,000	2	1059	1947	08-01-17	
1041 Dillo Street	94578	702,000	2	1784	1946	08-03-17	
3583 Figueroa Drive	94578	560,000	3	1156	1954	07-31-17	
16558 Hannah Drive	94578	651,000	3	1500	1968	07-31-17	
405 Lloyd Avenue	94578	635,000	3	1299	1952	08-01-17	
16640 Los Banos Street	94578	600,000	2	1176	1947	08-01-17	
2324 Prosperity Way	94578	661,000	3	1631	1954	08-03-17	
1670 Burkhart Avenue	94579	632,000	3	1107	1957	08-01-17	
15008 Costela Street	94579	625,500	3	1114	1951	08-02-17	
690 Fargo Avenue #14	94579	365,000	2	1020	1965	07-31-17	
14312 Hemlock Street	94579	500,000	3	1076	1952	08-01-17	
15437 Jutland Street	94579	630,000	3	1117	1955	08-01-17	
1519 Sayre Street	94579	680,000	3	1190	1956	08-03-17	

SAN LORENZO		TOTAL SALES: 3				
Highest \$: 566,000		Median \$: 465,000				
Lowest \$: 320,000		Average \$: 450,333				
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED	
16765 Daryl Avenue	94580	320,000	2	905	1947	08-02-17
15506 Hesperian Blvd	94580	465,000	3	1290	1946	08-03-17
81 Paseo Grande	94580	566,000	3	1077	1951	08-01-17

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FAIR OR FOUL

Has this ever happened to you?

Circle the cartoon that shows the best thing you think Liz could do.

Bill! Get the heck out of my way! I'm first!

I'm going to **trip** you next time you walk by my desk!

For me it is a pleasure to let you go first!

The teacher said I should go first because I have to help her.

Well, she **did** ask me to collect homework later!

Liz runs her fastest to get to the front of the line, but Bill beats her. Liz feels angry. How would you feel? What would you do?

Liz **STOPS** and **THINKS**. The next thing she does could make the conflict worse. This would be a **FOUL**. Look at the fouls described on the **FOUL** card. Do they sound familiar to you?

Liz could try one of the **FAIR** ways to resolve her conflict. Look at the **FAIR** card. Which one do you think she should try?

FAIR

Avoid
Sometimes it is better to give in and let the other person have her/his way. Another way to avoid a conflict is to leave when a conflict starts.

Humor
A good laugh works miracles. Remember to laugh at the problem, not at the person.

Bossing
Ordering people around.

Excuses
Making up a story in order to get your own way.

Getting Even
Planning to get back at the other person – also called revenge.

FOUL

Cutline Cut Ups
The description printed under a newspaper photo is called a **cutline**.

Cut out three news photos and their cutlines. Cut apart the photos and their cutlines. Give a partner the three photos and the three cutlines and see if he/she can match them.

Standards Link: Language Arts/Research: Students understand the layout of newspapers.

Be Prepared! One good way to quickly resolve a conflict is by thinking about it ahead of time. What will **you** do next time someone cuts in front of you in line?

Standards Link: Health/Conflict Resolution: Students know strategies for solving interpersonal conflicts without harming others.

YOU'RE THE REFEREE!

Alexis and Tyler have a science project due today. It isn't ready. Look at the ways in which Tyler and Alexis are handling their conflict. Decide if they are acting **FAIR** or **FOUL**. Can you name the **FAIR** and **FOUL** things they are doing?

Standards Link: Health/Conflict Resolution: Students know possible cause of conflicts in school and strategies to prevent them.

It's **your** fault, Tyler! You haven't done **anything** for this project!

It makes me feel mad when you blame **me**, Alexis. After all, we were **both** responsible for this project.

How could I do anything? **You** didn't get the materials! **You** always want everything all for **yourself**! You're a selfish jerk!

Calling me names won't get our project done. Let's ask the teacher if we can bring it in tomorrow.

Okay! I'll come over after school and we'll finish the project!

Missing Vowels

The vowels are missing from this famous quote about kindness. Can you replace them all?

A=☺ **E**=☆ **I**=⚙ **O**=♥ **U**=☾

"H _ m _ n k _ ndn _ ss h _ s _ n _ v _ r _ w _ k _ n _ d
th _ st _ m _ n _ r _ s _ ft _ n _ d th _ f _ b _ r _ f
fr _ p _ pl _ . A n _ t _ n _ d _ s _ n _ t _ h _ v _
t _ b _ cr _ l _ t _ b _ t _ gh."

—Franklin D. Roosevelt
32nd President of the United States

Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

PREPARED
CELEBRATE
BLAME
RESOLVE
RECESS
PLEASURE
FRONT
STORY
VALUES
FIRST
AVOID
MIRACLES
EGG
BELL
EVEN

G P O E N O D E L A
S R R R E F G T A V
E E E U V G I A Y O
L P S S E C E R U I
C A O A G M O B S D
A R L E H T A E B T
R E V L S E U L A V
I D E P E L L E B S
M T T N O R F C F O

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE KID SCOOP LESSON LIBRARY

Values We Share

Values are basic beliefs or standards which an individual or society live by. Find examples in the newspaper of people demonstrating their value systems. Is conflict resolution valued? Does your community share values?

Standards Link: Social Science: Students recognize ways in which they are all part of the same community sharing values and beliefs.

What can you lose that will make an argument even worse?

ANSWER: Your temper!

Kindness News Around the World

Read the news story below. Fill in the missing words on each blank line using the words in the word box.

On the Random Acts of Kindness Foundation website, you can _____ about acts of kindness being done by _____ all over the world. They have discovered that acts of kindness are not just for people, but for the _____ as well, as this story from the Philippines reveals ...

In the Philippines, we have a word for _____, it is called **BAYANIHAN**! When we say *bayanihan*, people of all ages come together to _____ for a common cause. On April 22, 2006, 300 young people _____ a lake clean-up along Sampaloc Lake, largest of our city's _____ lakes.

We chose the largest and most heavily _____ of the seven lakes and invited the local community to participate in the event.

POLLUTED PLANET
CONDUCTED SEVEN
LEARN CHILDREN
VOLUNTEERISM WORK

You can visit the Random Acts of Kindness Foundation at www.actsofkindness.org.

What a Character!

Kindness is ...

... giving someone a smile!

Kid Scoop VOCABULARY BUILDERS

This week's word: **HUMOR**

Humor is something that makes people laugh or feel amused.

The **humor** in the story made the whole class laugh.

Try to use the word **humor** in a sentence today when talking with your friends and family.

Write On!

Stop Bullying Now!

Pretend you have been asked to write an advertisement asking kids not to bully other kids. What would your advertisement say?

THEATRE REVIEW

Broadway West *Lets Loose The Hound*

By JANET GRANT
PHOTOS BY
CHRISTIAN PIZZIRANI

The games afoot in Fremont as Broadway West Theatre Company premiered classic Sherlock Holmes on Friday evening with “The Hound of the Baskervilles.”

First serialized in Britain’s Strand Magazine from 1901-1902, Sir Arthur Conan Doyle’s “The Hound of the Baskervilles” quickly became Sherlock Holmes

Victorian clothes, and a baying hell hound is guaranteed to offer an evening of glorious mystery and mayhem. And Broadway West certainly does not disappoint!

The play opens with the death of the wealthy Sir Charles Baskerville. At first it seems he died of natural causes but his friends are none too sure. The famous detective consulting services of Sherlock Holmes with colleague, Dr. John Watson are enlisted. They must solve the mystery of what frightened



most beloved adventure. More than a century later, it was adapted to the modern stage by Hamilton Wright and David Pichette. Though an homage to the original, this adaptation still presents some interesting twists that makes for a full night of entertaining dramedy.

Brilliantly directed by Paula Chenoweth and assistant directed by Craig Cutting, the dark and menacing moors of Devonshire come to life. Indeed, any play that starts off with a fog-bound stage, eerie music, a lonely moor, people dressed in

Sir Charles to death. Is there an ancient curse following the Baskerville family? Is Sir Charles’ young heir, Sir Henry Baskerville, being stalked by a supernatural hound or a clever murderer of the man-made variety? With a dash of humor seasoned by a spell-binding story culminating on the dreary Dartmoor heath, the stunning secret of the Baskervilles is revealed.

With a rather unique twist, this production features a female Sherlock Holmes in veteran Broadway West actress, Angie Higgins. Ms. Higgins incomparable portrayal of the

brilliant but socially callous detective, stays on the one hand, traditional – as the genius who waffles between glee and exasperation at her superior intellect and the inability of everyone else to keep up with her adept deductions. But on the other hand, Ms. Higgins brings more of a humanity to Holmes. Her flashes of humor reveal another side to the deeply flawed individual who regularly takes cocaine to escape the “dull routine of existence.”

In Tom Shamrell’s wonderful portrayal of the stalwart and loyal aide-de-camp, Dr. John Watson,

we find a perfect partnership and foil for Holmes. Mr. Shamrell plays the good doctor with reserve and calm, instilling trust and confidence. And his comedic timing shows through brilliantly when exasperated by Holmes’s secret maneuverings. There is a real chemistry between Mr. Shamrell and Ms. Higgins that is reminiscent of an old married couple.

Michael Ettel plays Sir Henry Baskerville with an openness and charm befitting a Canadian cowboy. Hank, as he prefers to be called, brings a breath of fresh air to the stodgy and Victorian attitudes of his neighbors. You can’t help but root for this young heir in his pursuit of love and hope that he doesn’t succumb to the Baskerville curse.

Other fine performances were featured by Kyle Smith as the gentle anthropologist James Mortimer; Rachel Campbell in the dual roles of the likable Mrs. Hudson and dour Mrs. Barrymore; Larry Barrott, as the taciturn and suspicious butler, Mr. Barrymore; Greg Small as nerdy naturalist, Jack Stapleton, Morgan Voellger as the beautiful love interest and would be psychic, Beryl Stapleton; Joel A. S. Butler in the multiple roles of Sir Charles Baskerville, the humorless Mr. Frankland, and others.

And kudos goes to Set Director, Craig Cutting; Scenic Designer and Painter, Irene Hentschke; Set Crew, Craig

Cutting, Bob Hargrove, and Mary Galde; Sound Design, Andrew Sha; and Lighting Design, Selina G. Young. The remarkable monochrome set transported you from 221-B Baker Street in Victorian London into the lonely, windswept English moor, and from the parlor of Baskerville Hall to its pitch-dark wine cellar. And the many set changes worked like clockwork thanks to the hard work of the crew.

Seamless direction, a solid cast, and a hardworking crew brings “The Hound of the Baskervilles” into an amazing night of escape and entertainment. And Broadway West as always, gives great community theatre to the Tri-City area. “The Hound of the Baskervilles” is a wonderful treat for all of us who can never seem to get enough of the great Sherlock Holmes.

The Hound of the Baskervilles

Friday, Sep 15 – Saturday, Oct 14
8 p.m.
(Sunday matinees at 1 p.m. & 3 p.m.)

Broadway West Theatre Company
4000-B Bay Street, Fremont, CA 94539
(510) 683-9218
www.broadwaywest.org
Tickets: \$10 - \$27

Flag assembly at Gomes School honors 9/11 victims

ARTICLE BY ANUSHKA MADHAVANI
PHOTO BY PURVI SHAH

On Tuesday, September 11, 2001, two planes crashed into the two buildings of the World Trade Center in New York City. On that fateful day, four planes had been taken over by terrorists, two of which crashed into the buildings, another into the Pentagon, and the fourth one into a field in rural Pennsylvania. The fourth plane did not reach its intended target, since the crew and passengers fought back against the terrorists. More

than 3,000 people died that day, and the World Trade Center Towers were destroyed, making it one of the deadliest event’s in United States history.

As a remembrance to those who died, John Gomes Elementary in Fremont had a flag assembly to commemorate Patriots Day. The Girl Scouts in the 6th grade led the school in the Pledge of Allegiance. To make the ceremony even more patriotic, the girls sang the national anthem. Afterward, two teachers sang the song, “His Eye is on the Sparrow.”

It was a wonderful school flag assembly, and we honor the lives of the people who died on September 11, 2001.



EXHIBIT CELEBRATES HANDMADE PHOTOGRAPHS

ARTICLE AND PHOTOS COURTESY
OF PHOTOCENTRAL

PhotoCentral presents “Made By Hand: Panel Discussion and Exhibition on Handmade Photographs” featuring the artwork of nationally recognized practitioners of unique contemporary and historic processes. Artists include Linda Connor, Susan Friedman, Vaughn Hutchins, Sandy King, Kerik Kouklis, Elizabeth Opalenik, Kari Orvik, Brian Taylor, Jerry N. Uelsmann, Sarah Van Keuren, and Ellie Young.

“Made By Hand” is an exhibition in conjunction with PhotoCentral’s first Artist-in-residence, Vaughn Hutchins. The exhibit will include Carbon Prints, Mordancage, Printing-out Silver Gelatin, Cyanotype, Wet-plate Colodion, Ambrotype, Gum Bicromate and more. This exhibition will be a celebration of the tradition, craft and vision of photography.

There will be a Panel Discussion on Saturday, September 30, followed by an artists’ reception. Also for one day only, September 30, PhotoCentral will host the Made By Hand Invitational Pop-up Show featuring a wide variety of photographic processes and techniques. All events are free, and all are invited.

PhotoCentral offers quality artwork in its gallery and outstanding facilities for the dedicated photographic artist with classes, workshops, darkrooms, and a matting facility. Expand your creativity

in a supportive community! For more information, please contact PhotoCentral at (510) 881-6721 and info@photocentral.org. Visit PhotoCentral online at www.photocentral.org where you will find information on classes, workshops, and other events.

Made By Hand
Friday, Sep 29 – Monday, Nov 27
Upstairs gallery: Monday – Friday,
9 a.m. – 5 p.m.
Downstairs gallery: Monday, 5 p.m. -
10 p.m.; Tuesday & Thursday,
10 a.m. – 1 p.m.

Invitational Pop-up Show
Saturday, Sep 30
1 p.m. – 7 p.m.

Panel Discussion
Saturday, Sep 30
2 p.m. – 4 p.m.
RSVP:
<http://evite.me/2ZwWCkgVCm>

Reception
Saturday, Sep 30
4 p.m. – 7 p.m.

PhotoCentral
1099 E St, Hayward
(510) 881-6721
www.photocentral.org
Free



Cal State East Bay’s diversity, inclusion efforts honored

SUBMITTED BY
KIMBERLY HAWKINS

At Cal State East Bay, diversity and inclusion isn’t just a talking point; it’s a pillar of the university, a commitment of nearly every program, activity and classroom on campus.

This month, for the fourth year in a row, the University has received INSIGHT Into Diversity magazine’s Higher Education Excellence in Diversity award. The HEED Award is the only national recognition honoring colleges and universities that exhibit outstanding efforts and success in the area of diversity and inclusion.

“Diversity is essential to our academic excellence at Cal State East Bay,” President Leroy M. Morishita said. “We are dedicated to reducing any barriers to success that come from race, ethnicity, socioeconomic status, culture, religion, linguistic diversity, ability, gender identity, sexual orientation, age, geographical region, personality, learning styles, life experiences and other human characteristics.”

According to Dr. Dianne Rush

Woods, Cal State East Bay’s university diversity officer, the university has long celebrated its diverse student population, but has recently pushed to also create opportunities for those students who need it to receive more academic support. She says that shift toward “practicing what we preach” sets Cal State East Bay apart from other universities.

“We’ve always been supportive of diversity and inclusion efforts, but now there are more programs and lots of focus on student success for our diverse populations,” Woods said. “We try new things, we’re willing to take risks and develop new programs.”

For example, in 2014-15 school year, Cal State East Bay established Sankofa, an Afrocentric program to support transfer students, and Kaleidoscope, a mentoring program for first year and transfer students. Gaining Access ‘N Academic Success, known on campus as GANAS, is a similar program focused on Latino/a transfer students.

Efforts for more inclusivity on campus have also increased in the past few years. For the past four years, the campus has held a “Week of

Solar Illumination at Mission San Jose



SUBMITTED BY
ADRIENNE STEPHENS

The Women of St. Joseph of St Joseph Catholic Church invite the community to witness A Liturgy of Light at Old Mission San Jose. A solar illumination phenomenon will take place on October 4th, 2017 on the main altar in the Old Mission church. The late afternoon sun will shine through a window at the rear of the church and gradually make its way to center squarely on the altar. At that point, the gilded gold tabernacle will shine brilliantly with an intense light.

Orientation of the original mission church was designed using solar geometry to associate the equinoctial illumination with certain feast days. The autumnal equinox, October 4th, is the feast of Saint Francis of Assisi. The reconstructed church was built upon the original foundations and flooring and so has perpetuated the phenomenon.

Dr. Ruben Mendoza of California State University Monterey Bay will speak on the Franciscan Spanish mission’s centuries-old hidden secrets of astronomy and indigenous people’s belief in sun worship. Dr. Mendoza is an archaeologist, writer, photographer and founding faculty member of the California State University, Monterey Bay. Professor Mendoza has directed major investigations at missions San Juan Bautista, San Carlos Borromeo, San Miguel Arcangel, and La Soledad. In 2016, he was awarded the Norman Neuerburg Award for Lifetime Achievement/Historic Preservation by the California Missions Foundation.

Solar Illumination
Wednesday, Oct 4
Doors open - 5:00 p.m.
Illumination - 5:30 p.m.
(reception follows)
Mission San Jose
43300 Mission Blvd, Fremont
For information: ndorighi@comcast.net
Free

Enjoy music, food and community at Truth Thursdays

SUBMITTED BY COURTNEY ROSE

Downtown San Leandro’s “Truth Thursdays” with Off the Grid, a monthly food truck event that launched in May of 2017 surrounding the iconic 55-foot “Truth is Beauty” statue, has been extended through September and October. Truth Thursdays will occur every fourth Thursday of the month, with its next event on September 28.

Truth Thursdays features five food trucks, beer from San Leandro’s own 21st Amendment and Drake’s Brewing, wine, recreational games, live entertainment and a new interactive element for guests each month. September’s event will also feature a bike workshop, which will be lead by Bike East Bay—attendees are encourage to bring their bikes and enjoy this community event. The organizers of the event, the Downtown San Leandro Improvement Association, invite Bay Area residents to come hang out around “Truth is Beauty” the whole evening, enjoying live music, each other, and food and drinks.

For more information about Downtown San Leandro’s Truth Thursdays or the San Leandro Improvement Association, visit www.downtownsanleandro.com.

Truth Thursdays
Thursday, Sep 28
5 p.m. – 9 p.m.
San Leandro Tech Campus
1600 Alvarado St, San Leandro
(510) 281-0703
www.downtownsanleandro.com
Free entry; food and drinks sold by vendors

Inclusive Excellence” with five days of programming directed at addressing contemporary issues, such as first-generation, international, and undocumented student concerns to name a few. Faculty and off-campus speakers have participated in town hall and workshop discussions.

Over the past year, Cal State East Bay’s Department of Facilities Management changed dozens of single stall men’s and women’s restrooms to gender neutral. In addition, the university’s Recreation and Wellness center offers gender-neutral locker rooms, and student housing has offered gender-inclusive housing since 2011. In 2012, the university added a section about diversity to its Institutional Learning Outcomes, which states that all graduates

from Cal State East Bay should be able to “apply knowledge of diversity and multicultural competencies to promote equity and social justice in our communities.”

Dr. Woods said that the colleges have been involved in broadening their faculty search process to ensure that there are more women and professors of color in the classroom.

“We have a lot of diversity initiatives that directly tie into student success,” Woods said. “It’s important for students to see themselves reflected in their professors and staff. We are committed to the breadth of diversity represented at Cal State East Bay and will continue to develop programs and services to support student success and the success of our faculty and staff.”

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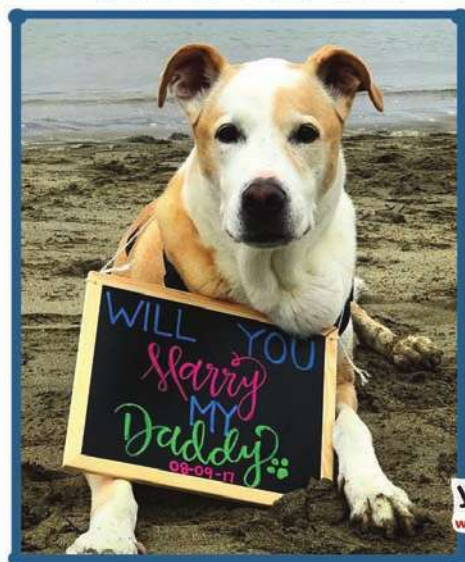
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5K Walk/Run & 10K Run

September 30, 2017

WHEN/WHERE

- Saturday September 30, 2017
- Quarry Lakes East Bay Regional Parks
2200 Isherwood Way, Fremont

SCHEDULE

- 7:00 to 9:00 a.m. Check In/Registration
- 8:30 Elaine's Circle
Celebration of Survivors
- 8:45 Pre-event Warm-ups
- 9:00 10K runners start
- 9:15 5K runners start
- 9:20 5K walkers start (strollers welcome)

REGISTER ONLINE!

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Visit: ItsYourRace.com to register online.

Race Details

- Every participant receives a finishers medal and event t-shirt.
- We partner with On Your Mark Events Management, a professional race timing company. We will be using a chip-timing system for the 5K/10K run.
- Race results will be available within minutes of completion and posted on our website after the event.
- Awards for the top 3 men and top 3 women runners for the 5K and 10K, by age group (age groups available on our website).
- Special recognition for breast cancer survivors.
- Teams are welcomed and encouraged to participate.

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Every dollar we raise allows us to continue serving our clients healing from breast cancer! We encourage everyone to create a donation page and help us raise much needed funds.

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Visit HersBreastCancerFoundation.org for more information

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MASONIC HOMES OF CALIFORNIA

SEPTEMBER 2017

A DELICIOUS HISTORICAL TRADITION

On August 19, 2017, the Masonic Homes celebrated its 105th Jam and Jelly Day. Every year since 1912, the East Bay Past Matrons' Association of the Order of the Eastern Star (OES) has organized the event on the Union City campus on the third Saturday in August. Founded by Henrietta McGregor, past worthy matron of Oak Leaf Chapter No. 8, the purpose of this tradition was originally "to encourage social discourse and give a spirit of mutual helpfulness among its members, to give cheer and assistance to members and other persons related to members of the Masonic order, and to promote whatever may be for the general welfare of the East Bay chapters of the Order of the Eastern Star."

In its earliest iterations, Jam and Jelly Day's festivities were closely aligned with its name: Ladies of the local OES chapters would come to the Masonic Homes to harvest and prepare jam and jelly on the spot for residents from the campus's bountiful fruit orchards. In later years, members sent personal donations of jam and jelly from their own households. As health restrictions tightened and this was no longer possible, the OES began providing gifts for the Masonic Homes resident community. Donations from this year's event will be used to purchase many card tables for the Masonic Homes auditorium.

As part of Jam and Jelly Day, local OES chapters host the grand officers of the Grand Lodge of California, F. & A.M., the grand officers of the Order of the Eastern Star, and Masonic Homes residents for a potluck lunch on campus. Each dignitary is escorted by a Masonic Homes resident. This year's lunch included 325 guests. Masons of California Deputy Grand Master Bruce R. Galloway had the honor of being escorted by the eldest Masonic Homes resident, Betty Ehly, 103.

Each year during Jam and Jelly Day, a "quilt of valor" is awarded to a deserving veteran in acknowledgment of their service and patriotism. These red, white, and blue quilts are hand-sewn by the Amador Valley Quilters. This year's recipient was Jerry Journeay, past grand



OES WORTHY GRAND MATRON LINDA HOESER WITH MASONIC HOMES RESIDENTS MARGE MONTGOMERY AND PAT GATES, AND OES WORTHY GRAND PATRON BILL PRENTISS



MASONS OF CALIFORNIA DEPUTY GRAND MASTER BRUCE GALLOWAY WITH MASONIC HOMES RESIDENT BETTY EHLY



JOHN DAHLE, MASONIC HOMES RESIDENT AND MASTER OF SIMINOFF DAYLIGHT LODGE NO. 850, WITH OES CALIFORNIA GRAND SECRETARY TAMMY KINZY



OES GRAND CONDUCTRESS TERRI EWING WITH MASONIC HOMES RESIDENT DULCIE TULLIS

chaplain of the Grand Chapter of California and past potentate of the Aahmes Shrine. Journeay, who was serving as master of ceremonies during the event, was especially touched by this gesture.

In line with this patriotic sentiment, the theme of this year's celebration was "On the Wings of the Eagle." Guests listened to a tape explaining the meaning of the lyrics of the "Star Spangled Banner" and a history of its composition by Freemason Francis Scott Key.

JoAnne Wright, a four-time past matron, has earned the nickname "Miss Jam and Jelly" for her eight-year term as chairperson of Jam and Jelly Day. Wright began volunteering at the Masonic Homes 11 years ago and has a special affinity for the event. "This year's Jam and Jelly Day was a lovely event – a very social event – but most of all an important way to honor the residents of the Masonic Homes and to demonstrate our patriotism," says Wright. "Every year it's a labor of love and every year, it is worth it."

STRUT WITH YOUR FAVORITE PUP!

Kick off the Halloween season with the New Haven School Foundation's annual Mutt Strut at the Masonic Homes. All proceeds benefit local schools, students, and teachers.



- Costumed Dog Walk
- Pancake Breakfast
- Frisbee Dog Performance
- Games
- Costume Contest
- Pet Adoption - New this year!

Saturday, October 7
8:00 a.m. - 12:00 p.m.
Masonic Homes Campus
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Masonic Homes of California

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Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Fridays, May 12 thru Oct 27

Fremont Street Eats
4:30 p.m. - 9:00 p.m.
Food trucks, beer, wine and entertainment
Downtown Fremont
Capitol Ave., Fremont
www.fremontstreeteats.com

Wednesdays, Aug 16 thru Oct 25

**Newark Police Department
Citizen Police Academy - R**
5:30 p.m. - 9:00 p.m.
Participants learn about local law enforcement
Register by July 28th
Newark City Hall
37101 Newark Blvd., Newark
(510) 578-4352
beverly.ryans@newark.org

Wednesdays, Jun 7 thru Oct 25

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Thursdays, Jun 15 thru Sep 28

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Variety of food trucks and entertainment
San Lorenzo Street Eats
Hesperian Blvd and Paseo Grande, San Lorenzo

thefoodtruckmafia@gmail.com
www.thefoodtruckmafia.com

Wednesday, Jul 1 - Sunday, Sep 24

Art and Science of Pinball \$
10 a.m. - 5 p.m.
Discover variety of old and new machines
View inner-workings on see through machine
Interactive games
Chabot Space & Science Center
10000 Skyline Blvd., Oakland
(510) 336-7373
www.chabotspace.org

Tuesdays, Jul 25 thru Sep 26

Toastmasters Club Meeting
7:00 a.m. - 8:10 a.m.
Practice public speaking and leadership
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 402-8318
www.1118.toastmastersclubs.org

Wednesdays, Aug 2 - Sep 27

Hayward PD Community Academy - R
6 p.m. - 9 p.m.
Topics include crime, traffic, narcotics, 911 dispatch
Application and background check required
Must be 18+
Hayward Police Department
North District Office
22701 Main St, Hayward
(510) 293-7151
gale.bleth@hayward-ca.gov
http://www.haywardpd.net

Wednesdays, Aug 16 thru Oct 25

Citizen Police Academy - R
5:30 p.m. - 9:00 p.m.
Volunteers train to assist Newark Police
Application due 7/28
Newark Police Department
37101 Newark Blvd., Newark
(510) 578-4352
beverly.ryans@newark.org

Arts & Entertainment



Voted Best BBQ LIVE MUSIC/Dancing

Friday & Saturday 9pm

Friday - September 22

PAULA HARRIS & THE BEASTS OF BLUES



Saturday - September 23
TERRIE ODABI



Happy Hour

Mon.-Fri 2pm-6pm
Sat. 11am-4pm
Sun. All Day

Great Prices
Appetizers and Drinks
At the Bar Only

New Lunch Menu - Lighter, Faster, Lower Cost!

SMOKING FAST LUNCH SPECIALS

Mon.- Fri. 11am-2pm

Rib & Chicken Combo
Pulled Pork & Brisket Combo
Hot Link & Chicken Combo
Chicken & Pulled Pork Combo

All Combos served with 2 sides of your choice

We Deliver

CATERING 510-713-1854

www.smokingpigbbq.net

BRONCO BILLY'S PIZZA PALACE

Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm
Fri & Sat. 11am - 11pm
Expires 10/30/17

ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF
510-792-1070

Dine In - Take Out - Delivery (Limited Area & Time)
37651 Niles Blvd. Fremont
Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

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50% OFF FIRST 2 MONTHS

On selected sizes only. New rentals only.
Excludes RV spaces
www.reevesmgt.com

OPEN 7 DAYS A WEEK

CAL SELF STORAGE

26869 Mission Blvd., Hayward
(Behind FOOD SOURCE)
510-538-1536

Farmers' Markets

FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market

Wednesdays

3 p.m. - 7 p.m.

May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. - 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. - 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. - 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Friday, Jul 28 - Monday, Oct 2

Blue Planet #Standupfor-Science

8:30 a.m. - 4:30 p.m.

Exhibit on climate change, habitat destruction

John O'Lague Galleria
777 B Street, Hayward
(510) 581-4050
www.SunGallery.org
www.haywardartscouncil.org

Thursday, Aug 11 - Sunday, Sep 23

Textile Exhibit

12 noon - 5 p.m.

Traditional and contemporary fiber artworks

Opening reception Friday, Aug 11 at 7 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Monday, Sep 1 - Sunday, Sep 30

Monochromes Art Display

5 a.m. - 9 p.m.

Works by Durba Sen

Opening reception Sunday, Sept. 3 at 3 p.m.

Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Wednesdays, Sep 6 - Oct 11

Ballroom Dance Classes \$

Beginners 7:00 p.m. - 8:00 p.m.

Intermediate & Advanced 8:15 p.m. - 9:15 p.m.

Rumba, East Coast Swing, Two Step

Couples only
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5357

Fridays, Sep 8 thru Oct 6

Ballroom Dance Classes \$

Beginners 7:00 p.m. - 8:00 p.m.

Intermediate & Advanced 8:15 p.m. - 9:15 p.m.

Rumba, East Coast Swing, 2 Step

Couples only
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465 x 29103

Mondays - Thursdays, Sept 11 thru Oct 26

Homework Help Center

3:30 p.m. - 5:00 p.m.

Assistance with math and reading

Grades K - 12

Castro Valley Library

3600 Norbridge Ave.,

Castro Valley

(510) 608-1141

www.aclibrary.org

Mondays & Wednesdays, Sep 11 thru Nov 1

Citizenship Class \$R

12:30 p.m. - 3:00 p.m.

Discuss American Government

Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

Monday, Sept 11 - Friday, Dec 15

Homework Club and Fun Fridays

4 p.m. - 6 p.m.

Assistance with homework for grades 1 - 5

Games, crafts, cooking, sports on Friday

Attend two homework sessions to join Friday group
10th Street Community Center
33948 10th Street, Union City
(510) 675-5488
www.unioncity.org

Wednesdays, Sep 13 thru Oct 25

Spring Chicken Exercise \$

9:30 a.m. - 11:00 a.m.

Improve flexibility, strength, balance thru games

Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
ruggieriseniorcenter@unioncity.org

The Best Darn Ever

Church Parking Lot Sale!



Saturday, September 23

9:30AM-3:00PM

New Bridges Presbyterian Church
26236 Adrian Ave., Hayward

Across the Street from

Chabot Community College at Depot Rd.

Who needs West Elm and Pottery Barn when you can find a deal on a parking lot table. Looking for that new style, change a room décor', retro-recyclables, kids stuff, must-have gadgets, and thing-a-bob's? Stretch a dollar and bring home the cheap-chic' decorator in you!

NEW FAMILIES SAVE \$150!

OPEN HOUSE
EARLY EDUCATION - GRADE 12
FRIDAY, SEPTEMBER 22, 2017
8:30AM - 11:00AM

Come meet our Administrators, see our Teachers and Students in action and get a look at what makes Fremont Christian School special.

- Outstanding Academics
- Award-winning Fine Arts
- Faith-Based Learning
- Competitive Sports Teams
- Safe & Secure Environment
- After School Programs

4760 Thornton Ave. Fremont, CA 94536
510.744.2241 | fremontchristian.com

Friday, Sep 15 - Sunday, Oct 8

Veterans Art Project Exhibition

11 a.m. - 5 p.m.

Visual storytelling, textile art, paintings

Sun Gallery
1015 E St., Hayward
(510) 581-4050
www.sungallery.org

Friday, Sep 15 - Sunday, Oct 14

The Hound of the Baskervilles \$

Thurs - Sat: 8 p.m.

Sun: 3 p.m.

Sherlock Holmes murder mystery

Broadway West Theatre Company
400-B Bay St., Fremont
(510) 683-9218
www.broadwaywest.org

Fridays, Sep 15 thru Oct 27

Social Dancing

12:15 p.m. - 3:15 p.m.

Enjoy dancing with friends

Music by DJ Geri Foley
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
www.unioncity.org

Saturday, Sep 16 - Friday, Oct 27

Serra Center Art Exhibit

1 p.m. - 3 p.m.

Artworks by Serra Center students

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Sep 16 - Sunday, Jan 7

B is for Bird

10 a.m. - 5 p.m.

Captivating photography of birds

Opening reception Sunday, Sept 17 at 2 p.m.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Mondays, Sep 18 thru Oct 23

Health and Wellness Yogs \$

11 a.m.

Exercise for those with mobility limitations, older adults

New Bridges Church
26236 Adrian Avenue, Hayward
(510) 786-9333
http://newbridgespcusa.org/news/view/id/112

Monday, Sep 25 - Friday, Nov 17

Oil Painting Display

8 a.m. - 6 p.m.

Textured abstract works

Milpitas Community Center
Phantom Art Gallery
457 E. Calveras Blvd., Milpitas
(408) 586-3409
http://www.ci.milpitas.ca.gov/government/recreation/phantom_art.asp
Sundays, Sep 24 thru Nov 12
Roeding Centennial Exhibit
1 p.m. - 4 p.m.
History and contributions of Roeding family
Tours at 2 p.m.
California Nursery Historic Park
36500 Niles Blvd., Fremont
(510) 790-6284
https://msnucleus.org/calnursery/roeding100.html



DRIVERS FOR SURVIVORS, INC.
Helping Cancer Patients
Making a difference, one survivor at a time.

FREE

Transportation service and supportive companionship for ambulatory cancer patients, from suspicious findings through completion of treatments

Drivers For Survivors provides this **FREE** service to ambulatory cancer patients living in **Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo, Castro Valley, Ashland and Cherryland** going to all cancer-related medical appointments within a 60-mile radius of ZIP code 94538, freeing them to focus on their health and essential treatment.

Need a ride to your cancer-related medical appointment?
We can drive you for FREE!

Do you have occasional extra hours?
We always need more **volunteer-companion drivers...let's talk!**

Help us help local cancer patients...come to an event, donate funds or donate services
Upcoming Events (Sponsorship Opportunities Available)
2nd Annual Holiday Pancake Breakfast with Santa
4th Annual Black and White Ball
Contact 510-369-5770 with questions

Saturday, December 9, 2017
Saturday, April 7, 2018

Companionship • Stress Relief • Therapeutic Presence • Free Transportation Assistance

For more info, please call **510-896-8056**
or email
ProgramAssistant@DriversForSurvivors.org

www.DriversForSurvivors.org

BRONCO BILLY'S PIZZA PALACE

Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.

M, T, W, Th, Sun 11am-10pm Expires 10/30/17
Fri & Sat. 11am-11pm

ANY X-LARGE PIZZA \$3 OFF
ANY LARGE PIZZA \$2 OFF
ANY MEDIUM PIZZA \$1 OFF

510-727-0532

Dine In - Take Out - Delivery (Limited Area & Time)

26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096

For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.

Times & Stops subject to change

Tuesday, Sept 19

4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park, Gable
Dr. & McDuff Ave., FREMONT

Wednesday, Sept 20

12:45 – 2:15 Glenwood School,
4620 Mattos Dr., FREMONT
3:15 – 3:45 Station Center,
Cheeves Way, UNION CITY
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Thursday, Sept 21

11:30 – 12:30 Our Lady of
Grace, 19920 Anita Ave.,
CASTRO VALLEY
2:15 – 3:15 Cherryland School,
585 Willow Ave., HAYWARD

Monday, Sept 25

1:45 – 2:45 Delaine School,
34901 Eastin Dr.,
UNION CITY
4:15 – 4:45 Contempo Homes,
4190 Gemini Dr.,
UNION CITY

5:15 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird
Circle, FREMONT

Tuesday, Sept 26

4:45 – 5:30 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:30 Jerome Ave. &
Oholones St., FREMONT

Wednesday, Sept 27

1:00 – 2:00 Del Rey School,
Via Mesa & Via Julia.,
SAN LEANDRO
2:30 – 3:00 Eden House Apart-
ments, 1601 165th Ave.,
SAN LEANDRO
3:30 – 4:00 Baywood Court,
21966 Dolores St.,
CASTRO VALLEY
6:00 – 6:30 Camellia Dr. &
Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991

For more information
(408) 293-2326 x3060

Wednesday, Sept 27

3:30 – 4:00 Friendly Village Park,
120 Dixon Landing Rd.,
MILPITAS

Newark Oktoberfest 2017

Beer, Bratwurst, Games, Music, Dancing, Team Contests, Beer Pong & More!

Willkommen! You are invited to be "German for a Day!"



Noon-6:00p
Traditional Family Fun!



7:00p-Midnight
21+ OktoBEERfest After Dark!



11:00a-4:00p
Cool, Cool Rides!

Three Times the FUN!

Saturday, September 30, 2017

Come for part, or come for all - It's All for Fun!

at Swiss Park Newark

5911 Mowry Avenue, Newark – <http://swissparknewark.com/>

→ **Vendors, Sponsors and fun-loving OktoberFesters!**

Get your Vendor Applications & Sponsor Benefit Packets

& all Event Details on our website www.NewarkOktoberFest.com.

Or link to our Facebook Event Page at

<https://facebook.com/NewarkChamberOfCommerce>

Presented by Swiss Park Newark & the Newark Chamber of Commerce



SATURDAY SEPTEMBER 30, 2017
OLD ALVARADO PARK - 3871 SMITH ST.
10AM-5PM - FREE ADMISSION

CUSTOM BIKES | FOOD, WINE & BEER | LOCAL CRAFTERS
KIDZONE & PUMPKIN PATCH | DANCE PERFORMANCES
LIVE MUSIC BY PACIFIC SOUL BAND AND NATIVE ELEMENTS



f /alvaradofallfest

ig /alvaradomERCHANTS

www.AHDFest.org



22 VETERANS DIED TODAY BY SUICIDE

VETERANS Crisis Line

1-800-273-8255 PRESS 1



TEAM AMVETS
SUICIDE
PREVENTION



THIS WEEK

Tuesdays & Thursdays, Sep 26 thru Nov 16

Citizenship Class \$R

7:00 p.m. - 9:30 p.m.

Discuss American Government

Prepare for interview test
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
www.face.edu

Thursday, Sep 28 - Saturday, Nov 11

Meaning Through Making Exhibit

11 a.m. - 3 p.m.

Annual juried exhibit open to all bay area artists

Opening reception Saturday, Sept 23 at 1 p.m.
Adobe Art Center
20395 San Miguel Ave.,
Castro Valley
(510) 881-6735
www.adobegallery.org

Tuesday, Sep 19

Hikes for Tykes

10:30 a.m. - 11:45 a.m.

Enjoy outdoors with your child

No strollers
Anthony Chabot Campground
and Park
9999 Redwood Rd.,
Castro Valley
(510) 690-6677
www.ebparks.org

Tuesday, Sep 19

Pooch Pool Party \$

6:00 p.m. - 7:30 p.m.

Dogs run, play and swim in pool

San Leandro Family Aquatic
Center
14900 Zelma St., San Leandro
(510) 577-7966
https://www.sanleandro.org/dept/s/rec/special_events/default.asp

Wednesday, Sep 20

Toddler Time \$

10:30 a.m. - 11:45 a.m.

Activities and farm chores for tots

Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Sep 20

NUSD Budget Reduction Input Session

6:00 p.m. - 7:30 p.m.

Community discussion for student success

Kennedy Elementary School
35430 Blackburn Dr., Newark
(510) 818-4103
www.newarkunified.org/parents-community/feedback
www.newarkunified.org

Wednesday, Sep 20

BART Community Open House

7 p.m.

Discuss Irvington BART station

Irvington Community Center
41885 Blacow Rd., Fremont
(510) 791-4334
<https://fremont.gov/2977/Irvington-BART-Station>

Thursday, Sep 21

East Bay Stompers Band

7 p.m. - 9 p.m.

Dixie, swing and standards music

Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 914-7304

Thursday, Sep 21
Healthy Living Festival \$
8 a.m. - 2 p.m.
Music, lunch, health screenings, zoo tour
Promoting wellness in ages 60+
Extensive walking required
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 729-0852
mary@usoac.org
www.usoac.org

Thursday, Sep 21
Friends of Chabot College Gala \$R
6 p.m.
Dinner, special guests, honorees
Benefiting students and learning programs
Stonebrae Country Club
27900 Fairview Ave., Hayward
(510) 723-6633
http://www.supportchabotcollege.org/gala

Thursday, Sep 21
NUSD Budget Reduction Input Session
8:30 a.m. - 10:00 a.m.
Community discussion for student success
Lincoln Elementary School
36111 Bettencourt St, Newark
(510) 818-4103
www.newarkunified.org/parents-community/feedback
www.newarkunified.org

Friday, Sep 22 - Saturday, Sep 23
Live Blues Music
9 p.m.
Various artists
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Sep 22
Teen Night Out!
5:30 p.m. - 8:30 p.m.
Play pool, air hockey, video games
Ages 12 – 17
Union City Teen Center
1200 J St., Union City
(510) 675-5600
http://www.ci.union-city.ca.us/departments/community-recreation-services

Friday, Sep 22
Outdoor Movie Night
8 p.m.
Beauty and the Beast rated PG
Bring a blanket, chair and picnic
Adobe Park
20395 San Miguel Ave., Castro Valley
www.haywardrec.org

Friday, Sep 22
Live Mariachi Music
7 p.m.
Enjoy traditional Mexican music
Mexico Lindo
33306 Alvarado-Niles Rd., Union City
(510) 471-4525
www.mexicolindorestaurantbar.com

Friday, Sep 22
Weekend Dance Party \$
9 p.m. - 1 a.m.
DJ Tasi spins dance music
Bistro 880
39900 Balentine Dr., Newark
(510) 413-2300
http://bistro880.com/event/

Friday, Sep 22
Golf and Foot Golf Tournament \$R
10 a.m. - 7 p.m.
Enjoy traditional golf or soccer golf
Lunch, prizes, fundraiser
Monarch Bay Golf Club
13800 Monarch Bay Dr, San Leandro
(510) 317-1400
http://sanleandrochamber.com/events/us-makers-cup-2017/

Friday, Sep 22
Swing for the Team Golf Tournament Fundraiser \$R
2 p.m.
Wine tasting, lawn games, raffle, auction, golf
Mission Hills Golf Course
275 Industrial Parkway, Hayward
(650) 690 -5551
www.streetsteam.org/golf

Friday, Sep 22
Food Choices and Healthy Living
4:30 p.m. - 5:30 p.m.
Raising awareness thru arts and carnival games
All ages
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Friday, Sep 22
Outdoor Movie Night
8 p.m.
Raiders of the Lost Ark rated PG13
Bring low chairs, blankets, flashlights
Downtown Fremont
Capitol Ave., Fremont
(510) 494-4300
www.Fremont.gov/MovieNight

Saturday, Sep 23
Induz Laser Dandiya \$
7:30 p.m. - 11:30 p.m.
Music, traditional dances, laser light show
Centerville JR High School
37720 Fremont Blvd., Fremont
(510) 797-2072
www.sulekha.com/induz
www.induz.org

Saturday, Sep 23
Drawbridge Van Excursion – R
1:00 p.m. - 3:30 p.m.
Docent narrated van tour of marshlands
Alviso Environmental Education Center
1751 Grand Blvd., Alviso
(408) 262-5513
http://drawsummer.eventbrite.com

Saturday, Sep 23
Rope Making and Hay Hoisting \$
12 noon - 1 p.m.
Use antique machines and pulleys
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 23
Ohlone Village Site Tour
1:30 p.m. - 3:30 p.m.
Tour shade structure, pit house and sweat house
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 23 - Sunday, Sep 24
Discovery Days
10:30 a.m. - 3:30 p.m.
Hands-on exploration and crafts
Parent participation required
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 23
Gorgeous Goats \$
2:00 p.m. - 2:30 p.m.
Groom and prepare snack for goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 23
Apple Cider Pressing \$
11 a.m. - 12 noon
Squeeze juice for a tasty treat
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 23
Volunteer Orientation
10 a.m. - 11 a.m.
Discuss becoming a wildlife refuge volunteer
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Sep 23
Farmyard Story Time \$
10:30 a.m. - 11:00 a.m.
Enjoy classic barnyard tales
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Sep 23
Live Dance Music \$
9 p.m. - 1 a.m.
Featuring Vintage Plus
Bistro 880
39900 Balentine Dr., Newark
(510) 413-2300
http://bistro880.com/event/

Saturday, Sep 23
Ghebray Invitational Cross Country Event \$R
8 a.m.
Races for all NHUSD grades
Quarry Lakes
2250 Isherwood Way, Fremont
(510) 795-4895
https://sportstarsmag.com/cal-stars-featured-ghebray-invitational-fremont/

Saturday, Sep 23
Movie Night \$
7:30 p.m.
Tramp, Soft Pedal, Danger Ahead
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Sep 23
Deerskin Pouch Making – R
10 a.m. - 12 noon
Lace and decorate small bag
Ages 12+
Alviso Environmental Education Center
1751 Grand Blvd., Alviso

(408) 262-5513
https://deerskinpouch.eventbrite.com

Saturday, Sep 23
Seed Saving Workshop
2:30 p.m. - 4:30 p.m.
Techniques to collect, process, store seeds
Union City Branch Library
34007 Alvarado Niles Rd., Union City
(510) 745-1464
www.aclibrary.org

Saturday, Sep 23
Grade School Arts and Crafts – R
2:30 p.m. - 4:00 p.m.
Draw, color, paint
Grades K – 5
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0677
btelford-ishida@aclibrary.org

Saturday, Sep 23 - Sunday, Sep 24
International Dragon Boat Festival
10 a.m. - 5 p.m.
Racing, food, vendors, performances
Lake Merritt
568 Bellevue Ave., Oakland
(510) 238-2362
www.sfdragonboat.com

Saturday, Sep 23
Ronstadt Brothers \$
7 p.m. - 9 p.m.
Live Folk, Tex-Mex, Blues music
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Saturday, Sep 23
Pianist Mark Anderson and Rontgen Trio \$
7:30 p.m.
Piano solos, trios with violin and cello accompaniment
United Methodist Church
2950 Washington Blvd., Fremont
(510) 371-4859
tickets@fremontsymphony.org
www.fremontsymphony.org/buy-tickets

Saturday, Sep 23 - Sunday, Sep 24
Sleep with the Fish \$R
6:30 p.m. - 10:00 a.m.
Moonlit walk, sleep over, breakfast
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Sunday, Sep 24
Hayward Airport Open House
10 a.m. - 4 p.m.
Exhibits, food and music
Free airplane rides for ages 8 -17
Rides for purchase benefit youth programs
Hayward Executive Airport
20301 Skywest Dr., Hayward
(510) 293-8678

Sunday, Sep 24
Wake Up The Farm \$
10:30 a.m. - 11:00 a.m.
Prepare snacks for goats
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 24
Farmyard Games \$
1 p.m. - 2 p.m.
Stilt walking, tug of war, sack races
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 24
Birds Around the Farm
8:00 a.m. - 9:30 a.m.
Stroll the grounds in search of birds
Early morning free admission
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 24
Meet the Bunnies \$
11:30 a.m. - 12 noon
Interact with rabbits
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 24
Mexican Trio
11 a.m. - 1 p.m.
Live music
Mexico Lindo
33306 Alvarado-Niles Rd., Union City
(510) 471-4525
www.mexicolindorestaurantbar.com

Sunday, Sep 24
Concert in the Park
1 p.m. - 5 p.m.
Rock and Roll featuring Uncle Rico’s Hypnotones
Bring blanket, lawn chair, picnic, no alcohol
Memorial Park
Tony Morelli Bandstand
24176 Mission Blvd., Hayward
(510) 881-6766
www.haywardrec.org

Sunday, Sep 24
Wonderful Wool \$
2 p.m. - 3 p.m.
Transform fleece into yarn
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Sep 24
Afternoon of Cabaret and Desserts \$
2 p.m.
Vocalists, dancers, comedians, impersonators
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.tinyurl.com/SilverLining-Cabaret

Sunday, Sep 24
Saving and Sharing Seeds
2:00 p.m. - 3:30 p.m.
Sort, label, store seeds for next year
Ages 8+
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0677
btelford-ishida@aclibrary.org

Ronstadt Brothers journey through post-modern American west

SUBMITTED BY
BRASK CONCERTS

The Ronstadt Brothers (formerly Ronstadt Generations) continue the five generations of a family music tradition begun by Michael J. Ronstadt (brother of Linda) and his sons Michael G. and Petie in 2009. Continuing to this day, the nephews of Linda Ronstadt along with Los Tucsonenses (the Tucsonans) Alex Flores and Aaron Emery perform original material and traditional songs. They present a repertoire that keeps the Southwestern and

Rancho-Mexican songs of their heritage, and add an eclectic mix of indie rock and Americana roots with a touch of blues and jazz. “When they get together they bring new life and outlook to old favorites,” says concert organizer Wayne Brask. “Just look at their past performances: would you expect them to do a Robert Johnson ‘Come On in My Kitchen,’ Jackson Browne ‘For a Dancer,’ or Bob Dylan’s ‘Don’t Think Twice, It’s All Right’? “We have seen them perform twice and love the marriage of sax and cello, the voices of family

in harmony,” says Brask. “The guitar work blends with the percussion beat of tradition.” While touring the country and internationally, Ronstadt Brothers have performed with Linda, Los Lobos, The Dixie Hummingbirds,

Muriel Anderson, Big Bad Voodoo Daddy and many more.

Ronstadt Brothers
Y Los Tucsonenses
Saturday, Sep 23
7 p.m. – 9 p.m.
Mission Coffee

151 Washington Blvd, Fremont
(510) 623-6920
www.braskhouseconcerts.com
www.fremontcoffee.com
www.RonstadtBrothers.com
Tickets: \$15 at the door



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into jobs/internships.

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dnewell@ohlone.edu
with a proposal.

Sunday, Sep 24

Charity, Giving and Morality

11:30 a.m. - 1:30 p.m.

Interactive Dharma discussion and
lunch

Southern Alameda County
Buddhist Church

32975 Alvarado Niles Rd.,
Union City

(510) 471-2581

www.sacbc.org

Monday, Sep 25

Outdoor Discoveries Wet and
Wild \$R

10:00 a.m. - 11:30 a.m.

Science activities for preschool and
home school kids

Sunol Regional Wilderness

1895 Geary Rd., Sunol

(510) 544-3249

www.ebparks.org/register

Monday, Sep 25

Eden Garden Club Meeting

9:30 a.m.

Discuss drought resistant, animal proof
bulbs

Hayward-Castro Valley Moose
Lodge

20835 Rutledge Rd.,
Castro Valley

(510) 397-1268

Monday, Sep 25

Social and Emotional Wellbe-
ing in School

6:30 p.m. - 7:30 p.m.

Parenting strategies for kids who feel
different

Fremont Main Library

2400 Stevenson Blvd., Fremont

(510) 745-1421

www.aclibrary.org

Monday, Sep 25

Being Mortal Villages Webinar

2 p.m.

Tools to create communities for aging
adults

Niles Discovery Church of
Fremont

36600 Niles Blvd., Fremont

(510) 509-8165

Tuesday, Sep 26

Weekday Bird Walk

7:30 a.m. - 9:30 a.m.

Explore tranquil parklands for birds

All levels welcome

Coyote Hills Regional Park

8000 Patterson Ranch Rd.,
Fremont

(510) 544-3220

www.ebparks.org

Tuesday, Sep 26

National Voter Registration
Day

10 a.m. - 4 p.m.

Assistance with registration forms for
ages 18+

Must be a US citizen

Fremont Family Resource Center

39155 Liberty St. (at Capitol),
Fremont

(888) 308-1767

www.lwvfnuc.org

Tuesday, Sep 26

Toastmasters Anniversary Cele-
bration

6:45 p.m. - 8:30 p.m.

Potluck and public speaking

Baywood Court

21966 Dolores St, Castro Valley

http://961.toastmastersclubs.org/

Wednesday, Sep 27

Pastels Workshop – R

10:00 a.m. - 12:30 p.m.

Purchase art supplies at registration

All levels welcome

Limited spaces

Olive Hyde Art Gallery

123 Washington Blvd., Fremont

(510) 791-4357

http://olivehydeartguild.org/news
-events/upcoming-programs/

Friday, Sep 29

Rhinestone Rodeo Seniors'
Night Out \$R

4:30 p.m. - 8:30 p.m.

Dinner, prizes, dancing,
entertainment

RSVP by Thursday, Sept 14th

Presented by Tri-City Elder
Coalition

Doubletree Hotel

39900 Balentine Dr., Newark

(510) 818-9888

SeniorsNightOut@comcast.net

http://tceconline.org/events/se-
niors-night-out/

Saturday, Sep 30

Breast Cancer Walk and Run
\$R

7 a.m.

5k and 10k walk and run

Quarry Lakes

2250 Isherwood Way, Fremont

(510) 790-1911

www.hersbreastcancerfounda-
tion.org/

Saturday, Sep 30

SAVE An Evening of Empower-
ment Hero Edition \$R

6 p.m. - 11 p.m.

Wine reception, dinner, entertainment,
auction

Benefit for SAVE emergency
shelter

Doubletree Hotel

39900 Balentine Dr., Newark

(510) 574-2250 x106

TinaF@save-dv.org

http://save-dv.org/event/save-the-
date-for-an-evening-of-empower-
ment-hero-edition/

Saturday, Sep 30

Cheers to 70 Years \$R

3 p.m. - 11 p.m.

Reunion dinner, drinks, mingling

All Saints Catholic Church

22824 2nd St., Hayward

(510) 219-7676

ascsalumni@csdo.org

http://ascshayward.org/70th-an-
niversary-reunion.html

Park It
BY NED MACKAY

It's Tarantula Time
Every year at about this time, male tarantulas venture forth in search of females in order to produce a new generation of eight-leggers. Love is not easy for the guys. The females await in silken-lined burrows, and after the assignation, will sometimes kill their partner. Even if the male survives the encounter, he dies not long afterwards. Females, in contrast, can live many years and produce multiple offspring.
A tarantula's nemesis is the tarantula hawk, a variety of wasp that will sting a tarantula to paralyze it, then lay wasp eggs on the helpless spider. When the larvae hatch, a meal awaits.
Although you will sometimes see tarantulas along the trails, a sure bet to view one of these fascinating creatures is to meet naturalist Eddie Willis anytime

between 1 p.m. and 4 p.m. on Sunday, Sept. 24 at Black Diamond Mines Regional Preserve in Antioch.
Eddie will be in the parking lot at the end of Somersville Road, 3.5 miles south of Highway 4. With Eddie will be Harry, Black Diamond Mines' tarantula in residence. For information, call (888) 327-2757, ext. 2750.
Two tarantula programs are planned at Del Valle Regional Park south of Livermore. The first is from 6 to 8 p.m. on Saturday, Sept. 23. Naturalist Constance Taylor will lead a tarantula safari on one of the park trails. If you come, bring a flashlight. Meet at the visitor center on the west side of the lake. Or you can meet a tarantula at the center during a program from 11 a.m. to noon on Sunday, Sept. 24, with naturalist Ashley Grenier.
Del Valle Regional Park is at the end of Del Valle Road off Mines Road about nine miles

south of Livermore. For information, call 888-327-2757, ext. 3249.
Mike Moran, supervising naturalist at Big Break Regional Shoreline in Antioch, has been collecting data for years on the population of raptors in East Contra Costa County. His results go into a database used by scientists and wildlife program managers.
Mike welcomes the assistance of the public. One of the raptor census hikes, led by naturalist Constance Taylor, is from 9 to 11:30 a.m. on Thursday, Sept. 28 at Morgan Territory Regional Preserve east of Mt. Diablo. There's another at the same time on Oct. 26 in Round Valley Regional Preserve south of Brentwood. Both regional parks are home to a large population of hawks, falcons and eagles. No birding experience is necessary; the naturalists will show how to identify the birds.

Both programs are free of charge, but registration is required. For registration and information, call (888) 327-2757 and select option 2. For Morgan Territory, refer to program 18409. For Round Valley, refer to program 18416.
Meanwhile at Tilden Regional Park near Berkeley, there are several interesting programs in the works.
"Build a Blossom" is from 2 to 3 p.m. on Saturday, Sept. 23 with interpretive student aide Laura Graham. It's a way of learning the parts of a flower by creating a blossom out of paper.
Naturalist Trail Gail Broesder plans two programs on Sunday, Sept. 24. The first is a trek from lake to lake from 10 a.m. to 12:30 p.m., an exploration of the Wildcat Creek watershed. The second is a hike from 2 to 3 p.m. to stimulate your senses and imagination.

All three programs meet at Tilden's Environmental Education Center, which is at the north end of Central Park Drive. For information, call (510) 544-2233.
Morning Yoga by the Bay is on the agenda from 8 to 9:30 a.m. on Sunday, Sept. 24 and again on Oct. 29 at Crab Cove Visitor Center in Alameda.
Yoga instructor Stacy Dulan and the park's interpretive staff will lead a session of Vinyasa flow yoga, connecting movement to breath, then follow up with some nature exploration. All experience levels are welcome; bring a yoga mat. The class will be outside or indoors, depending on the weather.
Crab Cove is at the end of McKay Avenue off Central Avenue. The yoga program is free of charge. For information, call (510) 544-3187.
There's more information on all kinds of East Bay Regional Park District programs and parklands at the website, www.ebparks.org.

SPORTS

Lady Titans sweep invitational tournament



Women's Volleyball

SUBMITTED BY JODY CUTAIA

The Lady Titans of John F. Kennedy High School (Fremont) went 5-0 on Saturday, September 16th to win the East Bay County Invitational Volleyball Tournament. The Titans were strong throughout the day and kept their composure during a final match against Dougherty Valley of San Ramon. Coach Angel and Coach M gave the players all the tools they needed to pass, set and kill the ball continuously throughout the match.

JV Titans blanked by Jets

Football

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The John F. Kennedy Titans (Fremont) Junior Varsity team lost to the Encinal Jets (Alameda) 49-0 in a non-conference contest on September 15th that showcased impressive speed by the visitors. The Jets opened a lead early in the game and never looked back.



Football

Titans lose a heart-breaker

SUBMITTED AND PHOTOS BY
MIKE HEIGHTCHEW

The John F. Kennedy Titans (Fremont) varsity football team lost to the Encinal (Alameda) Jets 30-25 in a non-conference game on September 15th that could have gone either way. A blazing offense by the Jets started the contest as they took an early two touchdown lead, but the Titans were not intimidated. Titan defense kept the game close and with an offense that rose to the occasion, held a 18-12 lead in the third quarter. However, the fourth quarter of play reversed the Titan trend and the game slipped away toward a Jets victory.



Women's Volleyball

Lady Cougars win – team remains undefeated

SUBMITTED BY TIMOTHY HESS

Newark Memorial High School girl's volleyball team defeated Mission San Jose 3-1 on Tuesday, Sept. 12 to run their record to 6-0. Sarah Lagan had seven service aces and Haylee Nelson tallied 24 kills in the Cougars victory.



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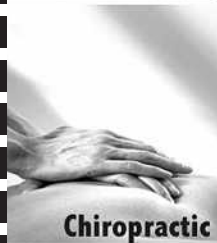
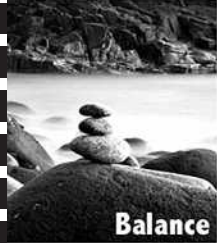
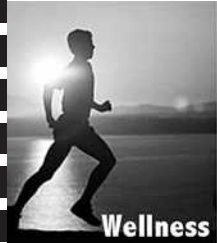
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Pioneers welcome new men's head basketball coach

Basketball

SUBMITTED BY
STEVE CONNOLLY

California State University East Bay (CSUEB) Director of Athletics Jason Carmichael recently announced that Bryan Rooney has been hired as the ninth head coach of the CSUEB men's basketball program. Rooney joins the Pioneers after spending the last 10 seasons as the head coach at California Maritime Academy, where he accumulated 200 victories and captured seven California Pacific (CalPac) Conference championships. Rooney replaces former CSUEB head coach Gus Argenal,

who stepped down in August to take a coaching position at the University of Nevada. "I'm thrilled to welcome Coach Rooney to Cal State East Bay as our next men's basketball coach," said Carmichael. "He has an outstanding reputation within the coaching field and has achieved tremendous success at Cal Maritime. I believe Bryan's personality and energy will be an excellent fit with our team, and I'm excited to watch him continue to grow our program into a championship contender." "My family and I are honored to have the opportunity to lead Cal State East Bay basketball," Rooney commented. "This is an extremely exciting time for



Pioneer Athletics and I'm thrilled to be joining the team. The collective vision of President Morishita and Mr. Carmichael

was a very important factor in our decision to leave a very special place in Cal Maritime. I look forward to working tirelessly with the rest of the coaching staff to provide a tremendous experience for our student-athletes and be a source of great pride for East Bay students, faculty, staff and alumni." A native of Stockton, California, Rooney played one year of Division I football for Saint Mary's College before transferring to San Joaquin Delta College to compete in basketball for two seasons. He finished his collegiate career at Dominican University, where he was an All-Conference point guard and won the school's Athlete of the

Year award as a senior. In his two seasons at Dominican, the Penguins broke their program record for wins twice, posted an overall record of 45-22, and captured the university's first conference championship. Rooney earned his bachelor's degree in literature from Dominican in 2003, then served for two seasons as the head assistant coach for the Penguins while completing his master's degree in education. He then spent one season each on the coaching staffs at San Francisco State and Claremont McKenna College before accepting the head coach position at Cal Maritime in 2007.

Huge week leads to honor for volleyball player

Volleyball

SUBMITTED BY
STEPHEN CONNOLLY

California State University East Bay junior Deja Thompson has been selected as the California Collegiate Athletic Association (CCAA) Volleyball Player of the Week for Sept. 4-10. Thompson had a huge week on the attack to lead the Pioneers to a 3-1 record at the D2 West Region Showcase tournament in Monmouth, Oregon. She was East Bay's top scorer for the weekend, tallying 55 total kills and a .254 attack percentage. The Rialto, California native turned in three huge perform-

ances, hitting .333 with 18 kills against Fresno Pacific, .300 with 11 kills vs. Seattle Pacific, and .317 with 17 kills in a thrilling comeback win over Western Oregon. Defensively, she also tallied 11 digs and 15 total blocks in the four matches. Following action on Sept. 10, Thompson was named to the D2 West Region Showcase All-Tournament Team. A Second Team All-CCAA selection in 2016, Thompson has helped lead the Pioneers to a 6-2 record in non-conference play. Last week, the Pioneers opened their CCAA schedule at home against Cal State Monterey Bay and Humboldt State.



Rebels control Eagles

Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Varsity San Lorenzo Rebels contained the American (Fremont) Eagles 28-6 on September 16th, taking control of line of scrimmage early. The Rebels offense opened good running lanes for their running game and a stout Rebel defense made good plays to stifle the Eagles. The Eagles broke through for one touchdown of their own, but it was too little, too late. The Rebels are looking good this season with a 3-1 record.



Local student wins Newark Days race



SUBMITTED BY TIMOTHY HESS

Newark Memorial junior Angel Martinez (cross country, soccer, track) beat a field of over 200 runners to win the 33rd annual running of the Newark Days 4km Road Race on September 16th. Martinez blazed through the 2.5 mile parade route course in the fastest time of the day to kick off the Newark Days Parade.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Supervisors consider aid for DACA renewals

SUBMITTED BY JANICE ROMBECK

On September 5, the federal administration announced it was phasing out the Deferred Action for Childhood Arrivals (DACA) administrative relief. On the same day, Board President Dave Cortese and other County leaders vowed to take whatever action necessary to save the program and help the DACA recipients with their immediate legal and counseling needs. While the Department of Homeland Security will no longer accept initial DACA requests, it is still processing those that were filed by September 5, and will process applications for renewal filed by October 5 by those with an existing DACA grant and work permit that are set to expire on or before March 5, 2018.

The Board of Supervisors will consider allocating \$200,000 to provide services for DACA recipients seeking renewals. The funding would be distributed by the Silicon Valley Community Foundation. The item is considered urgent because the deadline for renewal applications is October 5, 2017. There are roughly 1,740 DACA recipients in the County eligible to submit renewal requests. For more information (408) 299-5030.

Fremont City Council

September 12, 2017

Consent Calendar:

- Authorize agreement to receive \$1,071,000 from Alameda County Transportation Commission for traffic signal coordination.
 - Adopt Fremont Salary Schedule
 - Approve up to \$400,000 for additional environmental remediation and site closure services by TRC Engineers, Inc. for Centerville Unified Site at 37070 Fremont Boulevard. 4-0-1 (Salwan, recuse)
 - Approve final map, agreement for construction of private street improvements and dedication of public easements at 44960 Warm Springs Boulevard (Metro Crossing).
 - Appropriate funds as received for District Art funds – Downtown, City Center, Warm Springs.
- Public Communications:**
- Public comment regarding earthquake fault lines and proximity to Walnut Avenue housing project.

Other Business:

- Amend police safety retirement plan to include pre-retirement 2W option death benefit. Benefit allows a spouse or registered domestic partner to receive pension payment in lieu of lump sum if deceased was eligible for retirement at time of death.
- Policy discussion of disposition of city-owned Decoto/Fremont Boulevard Site. Proceeds would be used for design and construction of Downtown Civic Center. Three options or combinations: 1) Market rate housing; 2) Divide land - Affordable Housing and Market Rate; 3) No action. Since nearby “horse property” is being considered by Fremont Unified School District for school/work-force housing purposes. Council favors waiting for needs assessment by FUSD to determine disposition of property.

Mayor Mei	Aye
Vice Mayor Jones	Aye
Vinnie Bacon	Aye
Raj Salwan	Aye, 1 Recusal
David Bonaccorsi	Aye

CSUEB President Morishita takes stand on DACA

SUBMITTED BY
CAL STATE EAST BAY

I was very dismayed by the decision recently to phase out the Deferred Action for Childhood Arrivals (DACA) program and wanted to share my deep concern for everyone affected by this unwelcome ruling. Despite this action, I want to be clear — undocumented students are an important and vital part of Cal State East Bay. We will continue to make every effort to provide a safe and welcoming campus environment for all students, faculty, staff, alumni and members of our communities. As a proud member of the Dream.US which supports DACA eligible students with scholarships, we welcome these scholars as they pursue their education on our campus.

We are examining the implications of this decision for our students and employees. In the meantime, I would like to remind the campus community of the resources available on our undocumented student web site (<http://www.csueastbay.edu/undocumented/index.html>). We will update this web site as soon as new information is made available, which will include how to ask Members of Congress to protect the future of these young people.

In addition, I would like to reiterate Cal State East Bay’s policy regarding immigration, which is consistent with our commitment to diversity and inclusivity:

Cal State East Bay will not enter into agreements with state or local law enforcement agencies, Homeland Security, ICE (Immigration and Customs Enforcement) or any other federal department for the enforcement of federal immigration law;

Our university police department will not honor immigration hold requests; and

Our university police do not contact, detain, question or arrest individuals solely on the basis of being—or suspected of being—a person that lacks documentation.

I appreciate that so many of you have reached out with offers of assistance and your understanding of the stress and pressure this creates for members of our campus community. If you haven’t already had the opportunity to participate in one of our “UndocuAlly Training” sessions, I encourage you to do so.

Lastly, rest assured that I will be working with students, faculty and staff groups to urge Congress to restore the DACA program. Your voices are needed to ensure the Dream Act will continue and I hope you will join me on this important issue.

TAKES FROM SILICON VALLEY EAST

Cybersecurity for Business

BY CHRIS WILLIAMS

In May 2017, the WannaCry ransomware attack swept across the world. It prevented hospitals, businesses, and nonprofit organizations from working. It scared a lot of people, and for good reason.

WannaCry was a worldwide wake-up call that cybersecurity is a concern for all businesses, big or small. We can’t afford to take the security of our IT systems for granted. This post explores the best security precautions to take if you’re a small business.

Small businesses are a prime cyberattack target, but most don’t know it

How aware are small businesses of the cybersecurity threats looming around them? According to Security Magazine, not very. A 2016 article states, “Only 31 percent of small businesses take active measures to guard themselves against security breaches.” Yet, 43 percent of all cyberattacks hit small businesses, according to a 2016 report from Symantec.

This means that small businesses are disproportionately targeted by cyberattacks and are unaware or distracted by other priorities that demand their attention—balancing the books, conducting sales, fulfilling orders, and satisfying customers. The risk of not adequately protecting your IT is substantial, and can range from theft of intellectual property and customer information to possible business closure.

Cybersecurity precautions many small businesses take may not be enough

In the past few years, general security awareness has improved among small businesses. In our experience, the standard cybersecurity precautions taken by small businesses are as follows:

- Backup files on a USB drive
- Paying for a good website and email host
- Using Gmail for its convenience and built-in spam filter
- Using free versions of malware and antivirus software

Unfortunately, the most common precautions don’t always do the job and this list is not sufficient for most businesses. Backing up to a USB drive is better than nothing, but it’s not safe enough for business data. A good hosting provider will secure your website and email, but that doesn’t protect emails after you receive them. Gmail’s spam filter is OK, but as any Gmail user will tell you, it’s not perfect!

Malware can slip right past many antiviruses through emails, popup ads, social media posts, holes in the OS—places you wouldn’t even think about. For

example, WannaCry got in by exploiting a Windows security hole that Microsoft had already patched! Millions of people simply didn’t install the patch or were on pirated software and therefore ineligible to receive it. And for all you Mac users, don’t snicker! Macs are vulnerable to malware and ransomware too.

This leaves us with the big question. If these precautions aren’t enough to keep cybercriminals out, what can small businesses do?

The cybersecurity precautions that work, whether you’re big or small

The good news is, once you’ve implemented strong cybersecurity precautions, they can grow with your business. Here’s a list of the tried and true cybersecurity precautions that we recommend:

1. Maintain two sets of secure backups. One of these should be physically separate from your computers (e.g., in another location, like our datacenter) and encrypted.

2. Keep all computers and servers up-to-date and protected. Apply all security patches and Windows updates on a monthly basis. Make sure you have business-grade malware protection as well (e.g., Malwarebytes Corporate Edition).

3. Don’t use pirated software. You can’t get updates for it, which instantly leaves your computer vulnerable.

4. Educate your employees on how malware and ransomware work. This is crucial. Never click an email attachment or link you weren’t expecting, even if it appears to come from a legitimate source (FedEx, Bank of America, and Microsoft are all frequently “spoofed” like this). If in doubt, send a separate email to the person (do not click “Reply”) and ask for confirmation.

5. Use a firewall and/or Virtual Private Network (VPN). Firewalls are powerful protection, but they need configuration to work best. A VPN is essentially an encryption-protected “tunnel” surrounding your Internet connection.

Cybersecurity is a concern, but protection is possible

The Security Magazine article had one final statistic. Approximately 60 percent of small businesses who are hacked go out of business after just six months. While that’s a scary statistic, it’s also illuminating. Even if you don’t think your business’ data is worth stealing, it is to someone. Don’t let them take it. Although “staying aware of cybersecurity” is another addition to the to-do list, it’s better than adding “recover from the cyberattack (somehow).”

Bill requires California pet stores to sell rescue animals

ASSOCIATED PRESS

SACRAMENTO, Calif. (AP)—California lawmakers have approved a bill requiring pet stores to sell dogs, cats and rabbits from shelters or rescue operations. It now heads to Gov. Jerry Brown.

It bans pet stores from selling animals bred in so-called “puppy mills” and other mass-breeding operations. Instead, stores must work with public animal control agencies, shelters or rescue groups.

The stores must keep records for up to one year showing where they get the dogs, cats and rabbits they sell. No Assembly members spoke against the bill. Supporters say it ensures only animals bred healthily and humanely are sold.

Pet stores that violate the new law would face a \$500 fine. More than 30 California counties and cities already require pet stores to sell rescue animals.

OPINION



WILLIAM MARSHAK

As the calendar year moves toward 2018, we will begin to hear more about the coming winter Olympics scheduled for February 9-25 in PyeongChang, the Republic of Korea. The Summer Olympic Games of 2016 are beginning to fade in our memories but interest and excitement over international competition and a strong showing by the USA teams is memorable. Team USA excelled in many sports but one of the most entertaining was a group of female gymnastic wizards. Through a series of competitions, contestants tumbled, flipped, summersaulted and otherwise defied gravity to perform amazing feats. Only through extensive training and practice were these athletes able to perform in near perfect routines.

Another group, our local legislators, with a bit less training and usually less time to practice, try to perform similar feats of balance and stability. This team is composed of a myriad of participants, often with dissimilar methods and goals. At the heart of our governmental system is a blend between democratic representation through elected leaders and a republic in which specific rights are guaranteed to individuals. Philosophers

Political Gymnastics

can argue about the intent of our forefathers and interpretation of system, but our cities and local civic bodies are dependent on satisfying their constituents so they can complete an exercise of power that benefits all of us while respecting individuals as well.

The performance of Gymnastics Team USA exemplifies this balancing act. Each member of the team is required to contribute through individual prowess, while the team relies on a unified effort for success. Which attribute is dominant? For recognition in a specific discipline, value is placed on individual training and skill, but these efforts need to coalesce for a comprehensive victory. This is similar to a balance beam routine performed on a narrow bar with a specific length, width and elevation; skill and poise dictate whether a gymnast will remain upright or suffer an ignominious and premature dismount.

An example of this balancing act surfaced at a recent Fremont City Council meeting as the disposition of city property at Decoto Road and Fremont Boulevard was discussed. A sale, with proceeds destined for “downtown,” fell through and currently the land remains vacant. So, what to do? Land across Fremont Boulevard, dubbed “the horse property,” owned by Fremont Unified School District (FUSD), is planned for a school, special needs school and possibly employee “workforce housing.”

While a noble goal given the cost of housing that balloons above most incomes, the result of a needs assessment by FUSD has not been completed. If there is a request to use city-owned land as a supplement to achieve these goals is

currently unknown. However, what did surface during the discussion by councilmembers was a philosophical difference between land banking assets for a profitable return to fund downtown and Warm Springs infrastructure or as a low- and very low- income housing asset. Both are clear and immediate needs. The issue in question is whether a majority driven asset – downtown – takes precedence over our brethren’s individual inalienable rights outlined in the Declaration of Independence:

“We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. — That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, —”

What is the “pursuit of Happiness”? Does this include decent housing?

Due to return to the Council for disposition once FUSD has completed its needs assessment, it will then be up to our political gymnastics team in Fremont to determine how to use this “surplus” land. While both goals are commendable, will the quest for a downtown, serving the city, supersede the needs of those left behind by an irrational economy?

William Marshak
PUBLISHER

Park district names new fire chief

SUBMITTED BY
DAVE MASON

Richard “Rick” Seal, a 25-year veteran of the San Jose Fire Department has been selected as the new Fire Chief of the East Bay Regional Park District, succeeding Dan McCormick who retired in April. Seal started his new job on Aug. 14.

“We are happy to announce that Rick Seal is our new fire chief,” said East Bay Regional Park District General Manager Robert Doyle. “Chief Seal is a great fit for the East Bay Regional Park District and has significant experience with fire protection in an urban interface.”

Seal began his career as an EMT in 1985 with the



San Bernardino County Fire Department. He served as a paramedic with Santa Clara County before joining the San Jose Fire Department in 1990.

In 1996 Seal was promoted to fire captain where he served as basic life support manager

overseeing more than 700 emergency medical technicians. In 2011, he was promoted to battalion chief of special operations overseeing the San Jose Airport, Urban Search and Rescue, and hazmat operations. Seal was awarded a Class A Medal of Valor, the San Jose Fire Department’s highest award in 1998.

Seal holds a Bachelor of Arts degree in Geography from UC Berkeley, a MPA from San Jose State University, and a Juris Doctor (law) Degree from Golden Gate University. Seal is a member of the State Bar of California and the International Association of Fire Chiefs (IAFC).

“Chief Seal was selected after an extensive search,” said East Bay Regional Park District Interim Chief of Public Safety Anthony Ciaburro. “Chief Seal’s leadership, education, professionalism, and experience with fire protection in a wildland and urban interface made him the clear choice for the position.”

Seal joins the Park District as a steward of the environment who is committed to the multi-faceted nature of the Park District, which includes lifeguard services, fire hazard reduction, and management of full time and on-call emergency responders.

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Call 510-494-1999

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September 17, 1941 – Sept. 7, 2017

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RESIDENT OF UNION CITY
November 21, 1945 – Sept. 11, 2017

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RESIDENT OF FREMONT
Sept. 10, 1924 – Sept. 11, 2017

Maxine Wollberg Garcia
RESIDENT OF UNION CITY
May 2, 1920- September 10, 2017

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Muoi Thi Le
RESIDENT OF FREMONT
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March 13, 1929 – September 3, 2017

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RESIDENT OF FREMONT
January 13, 1942 – September 5, 2017

Lois M. Curry
RESIDENT OF FREMONT
January 5, 1923 – September 6, 2017

Catharine L. Yeats
RESIDENT OF PLEASANTON
September 13, 1924 - September 7, 2017

Ruth M. Kelly
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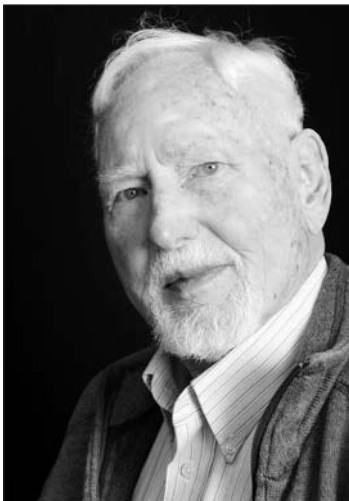
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Obituary

John Seldon Ogle

John Seldon Ogle died 3 September 2017 at home from complications arising from Alzheimer's disease. He was 88. Born and raised in logging camps in Klamath County, Oregon, John later joined the navy in 1948. After serving two tours in the Pacific, he worked in the aerospace industry at the Southern California Cooperative Wind Tunnel and then Lockheed. He later got his Master's degree in Electrical Engineering at San Jose State University. He married Mareile Angela Ogle and moved to Milpitas in 1970. Soon after he started work in the computer industry. A lifetime member of MENSA, John was awarded several patents for his designs for modems, semiconductor manufacturing processes, and medical equipment. He co-founded the Milpitas-based companies Xecom and Seldon Custom Plasmas. For most of the last forty years, three times each week John would hike up



Mission Peak in Fremont, where he would greet everyone with a wave and a smile. Mr. Ogle is survived by his brother Harold Hampton, his sister Margaret Thornberry, his son Harold Franz, daughter-in-law Darcy, and grandchildren Blake and Lucia. A memorial service will be held at 2 PM on 23 September 2017 at the Milpitas Senior Center, located at 40 N. Milpitas Blvd in Milpitas, California.

Obituary

Colleen Page Hansen

Resident of Hayward
December 11, 1966 – September 4, 2017

Colli passed away peacefully at her home surrounded by family & friends. She battled cancer for 13 years and never gave up. She had the strength of a horse and the sweetness and loving kindness of a lamb. Colli retired from Lucky stores after 22 years of service. Colli is survived by her fiancé John Sales and her parents Nancy and Jerry Hansen. Her sisters Kim Newton (Bill), & Terri Hansen (David), Aunt June and Uncle Tom DeMunck, nephew, Calvin Hansen; plus many cousin and many loving friends. Celebration of Life will take place on September 24, 2017, 1:00 PM at Fremont Memorial Chapel 3723 Peralta Blvd.,



Fremont. In lieu of flowers please make donations to the American Cancer Society.
Fremont Memorial Chapel
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Fremont School Board
meeting notes

SUBMITTED BY ROBIN MICHEL

During its August 23, 2017 meeting, the Fremont Unified School District (FUSD) Board of Education took the following action on Bond Measure E-related items:

- Authorized staff to amend the agreement with DSA School Inspectors, in the amount of \$28,720, for construction phase project inspector services for the Priority 2, Package 4 - IT upgrade projects at Oliveira, Parkmont, and Patterson Elementary Schools, and Washington High School.
- Authorized staff to amend the agreement with Jerome Zalinski, in the amount of \$14,700, for construction phase project inspector services for the Priority 4, Package 4 - IT upgrade projects at Green, Hirsch, Millard Elementary School and Robertson High School.
- Authorized staff to amend the agreement with Silicon Valley Paving, in the amount of \$45,660, for the playground paving project at Oliveira Elementary School and authorize staff to reallocate project budget between Oliveira Elementary School and Washington High School.
- Authorized staff to amend the agreement with O'Connor Construction Management, Inc. (OCMI), in the amount of \$233,940, for construction management services for the Priority 4, Package 2 IT upgrade projects at Cabrillo, Forest Park, Maloney, Niles and Warwick Elementary Schools, and Priority 2, Package 4 IT upgrade projects at Oliveira, Parkmont, Patterson Elementary Schools and Washington High School.
- Authorized staff to enter into an agreement with Infinity Communications and Consulting, Inc. for design and contract administration services for the District-wide Voice over Internet Protocol (VoIP) Telephone System, Clock, Bell, and Public Address (PA) System Project.

On non-Measure E facilities items, the Board of Education ratified the agreement, in the amount of \$14,800, with Inspectacon Corpora-

tion for inspection services for the Mission San Jose High School Traffic Drop-off lane project. The cost of the services will be initially paid through Developer Fees and will be reimbursed by Robson Homes. There will be no net fiscal impact to the District. The Board of Education also approved allocating additional District funds to complete the construction of a new elementary school planned in the Warm Springs / South Fremont Community Plan Area. On December 9, 2015, the Board approved the Mitigation and Construction Agreement between the District and Toll Brothers, Inc., Lennar Homes of California, Inc., and Valley Oak Partners, LLC. The agreement states that the developers agree to design and construct an 1100-student elementary school in South Fremont. The Division of the State Architect ("DSA"), during the review process, required numerous changes to the construction documents. These DSA-initiated changes, along with the delay in approval to start construction, have resulted in additional construction costs to the contractor. In order for the contractor to execute the construction contract for the project, which has been approved by DSA, the parties must agree on a guaranteed maximum price ("GMP") for the construction. Currently, there is an approximately \$1.6 million gap between the preliminary estimated GMP and the final GMP. Staff and legal counsel have negotiated with the developers and believe that it is in the best interest of the District and the community to furnish additional funding to enable the project to move forward immediately. The additional funding to close the project budget gap will be from the Developer Fee Fund (level 2 developer fees). Regular meetings are tentatively scheduled for the second and/or fourth Wednesday of the month. Please check the District website (http://www.fremont.k12.ca.us/) for agenda and any time and/or location changes.

Obituary

John William Gosen

Resident of Fremont

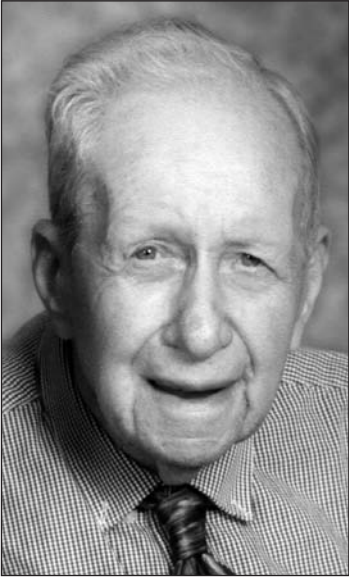
September 10, 1924 – September 11, 2017

John “Jack” William Gosen, devoted husband and father of nine, passed away peacefully in the comfort of his Fremont home of six decades, surrounded by family on September 11, 2017. He was 93.

Jack is survived by his loving wife of 64 years, Adaline, as well as their children, Anne Nakai (Kazuo) of Newark, John Gosen Jr. and Frank Gosen of Union City, Ted Gosen (Terri) of Poway, Calif., James Gosen (Diana) and Mary Martin (Jim) of Fremont, Cathy Gambee (Mike) of Hillsboro, Ore., and Joe Gosen (Nicky) of Bellingham, Wash. Sixteen grandchildren and two great grandchildren also survive him. His son, Paul Gosen, preceded him in death in 1994. Jack’s parents and his siblings, Mary Jane Sutton, Theodore Gosen Jr. and Julianne Tucker, preceded him in death, as well.

Jack was born on September 10, 1924 to Theodore and Genevieve Gosen of Webster Groves, Missouri. As the youngest of four, he grew up with a love of the outdoors and sports, especially golfing and bowling, all of which he melded into his work life and family life right up to the end. He was not one to boast about his accomplishments or draw attention to himself. Instead, he dedicated his life, with a quiet pride, in service to his family, his church, his collection of plants and flowers, and to birds that arrived for daily feeding in his backyard.

Jack served with the U.S. Navy from 1943 to 1946 aboard the USS Tuscaloosa. After being honorably discharged as a Seaman 1st Class, he studied at University of Texas at Austin for a year before returning to the University of Missouri-Rolla School of Mines and Metallurgy to finish his bachelor’s degree in petroleum engineering. In 1949 he began his 32-year career as a cartographer with the U.S. Geological Survey, trekking throughout the U.S. and



collecting data for topographic maps, many of which he referenced during annual family camping trips and countless Boy Scout outings. During the ‘60s he played an instrumental role in overseeing the construction of Dawn School, an educational and training facility for special needs children and adults in Fremont, and would eventually hold the position of president of the school’s board. Throughout the ‘70s and ‘80s he was the proud personal coach of his son Paul, a Special Olympics athlete.

A parishioner of Holy Spirit Church since 1960, Jack was unwavering about celebrating Sunday Mass. Whether he was cramming his family of 11 into the station wagon in the ‘60s and ‘70s or driving himself until the age of 92, he rarely missed a service. All will miss his warm and welcoming presence.

A visitation and vigil service will take place at Fremont Chapel of the Roses in Fremont on Monday, Sept. 25, from 5 to 8 p.m. A funeral Mass will be celebrated at Holy Spirit Church on Tuesday, Sept. 26 at 10:30 a.m., followed by a private burial on Wednesday, Sept. 27.

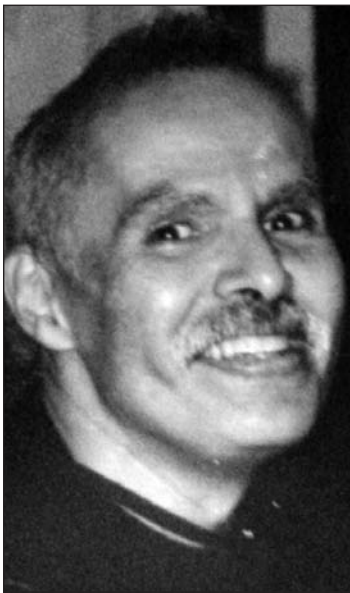
In lieu of flowers the family request donations be made to Special Olympics of Northern California in honor of Jack Gosen (<https://www.sonc.org/>).

Fremont Chapel of the Roses
(510) 797-1900

Obituary

Manuel Cuevas

January 1, 1956 - September 6, 2017



A long time resident of the Bay area, Passed away peacefully in his Hayward home.

A beloved son, brother, uncle, nephew, cousin and friend.

Manuel was a man of many talents. He was a hairdresser for 39 years, avid gardener, loved to cook, collect antiques and classic cars, and cherished His little Yorkie: Mas-Y-Mas and cat Iggy. He was born to create. He could take a piece of junk and create a work of art.

Manuel will be missed greatly for his love and laughter by those who loved him dearly.

"The universe will never be the same, I'm glad I came."

**Tri-City Cremation
& Funeral Service**
Newark, CA 94560
510-494-1984

Police to boost enforcement of pedestrian and traffic safety laws

SUBMITTED BY THE
SEAN HENEGHAN,
MILPITAS PD

Look before you take that first step. In response to the rising number of pedestrians being

killed and injured on California roadways, the California Office of Traffic Safety has declared September as “California Pedestrian Safety Month.”

In response, the Milpitas Police Department is joining with other law enforcement agencies,

Union City City Council Meeting

September 12, 2017

Proclamations and Presentations:

• Recognize Lt. Lisa Graetz and Community Resource Coordinator Crystal Raine as recipients of the John Charland Jr. Luminary Innovation Award.

• Recognize sponsors of the 2017 National Night Out sponsors and partners including Walmart, Fremont Bank, Abaxis, Costco, Lowe’s, Krispy Kreme, Office Max, Tri-Ced Recycling, Union City Dental Care, Union City Recycles and others.

Consent

• Approve the Inter-Governmental Agreement for the Completion of the Assessment of Fair housing.

• Authorize city’s continued participation in the Alameda County HOME Consortium for HOME funds and authorizing the execution of the necessary documents to maintain eligibility for funding in accordance with the National Affordable Housing Act of 1990.

• Adopt a resolution authorizing the city manager to enter into a consulting services agreement with Eden Council for Hope and Opportunity to serve as the program administrator of the Residential Landlord and Tenant

Relations Ordinance and the rent review ordinance in an amount not to exceed \$75,000.

• Authorize the city manager to enter into a consulting agreement with Barbara Anscher to provide on-call mediation services for the rent review ordinance in an amount not to exceed \$47,000.

• Appropriate Cal-Recycle Tire Derived Products Grant Funds in the amount of \$23,440 to city-wide playground equipment and fitness course repair project account.

• Approve project funding agreements with Alameda County Transportation Commission for added bike lanes in the amount of \$7.8 million and bicycle and pedestrian Master Plan update in the amount of \$150,000.

• Adopt resolutions appointing individuals to serve on the Human Relations commission, Parks and Recreation Commission and Oakland Airport/Community Noise Management Forum.

• Adopt a resolution for the award of contracts for purchase of certain public works, police and community & recreation services department vehicles and equipment.

• Approve amendments to the ROMA Design Group and HDR Engineering agreements increasing total compensation by \$52,000 to complete engineering and design of the pedestrian crossing from the BART station

to the east plaza.

• Appropriate funds and award a construction contract for city project regarding Veterans Memorial Park in the amount of \$291,537 to Silman Venture Corporation.

City Manager Reports

• Adopt a resolution amending the Master Fee Schedule to establish rent ordinances subcategory and related fees under the Economic Community Development Category for Administration of the Residential Landlord and Tenant Relations Ordinance.

• Direction on use of city funds for Alvarado Historic District Merchants Association Fall Festival. (4 ayes, 1 abstention: Dutra-Vernaci)

Public Hearings

• Approve the 2016-17 Community Development Block Grant Consolidated Annual Performance and Evaluation Report. CDBG funding totaled \$464,369 for the fiscal year.

• Introduce first reading of an ordinance of the City of Union City adding text to the Union City Municipal Code to provide for an expedited, streamlined permitting process for electric vehicle charging stations.

Mayor Carol Dutra-VernaciAye,
1 abstention
Vice Mayor Pat Gacoscos Aye
Emily Duncan Aye
Lorrin Ellis Aye
Gary Singh Aye

Downtown traffic signal adjustments planned

SUBMITTED BY CHUCK FINNE

Responding to traffic-safety concerns downtown, Hayward traffic engineers plan to shorten traffic-signal cycles along Mission and Foothill Boulevards starting this week as part of a traffic-calming pilot project.

Signal cycles are being shortened by a third at each intersection in the loop north Fletcher Lane. The move is intended to reduce

overall traffic speeds by eliminating the ability of drivers to travel through multiple intersections without stopping.

All intersections in downtown Hayward on Mission and Foothill boulevards (from A Street to Industrial Parkway) are part of Hayward’s Adaptive Traffic Control System. The goal of adaptive traffic systems is to optimize traffic flow through an entire corridor.

Shortened signal cycles will result in longer travel time for many drivers

through the corridor but should yield reduced speeds and roadways more conducive to pedestrians, cyclists and public transit.

Set to begin Wednesday, Sept. 20, the pilot project is expected to run for three months. The first few weeks will entail fine-tuning of signal timing to smooth traffic flow. Traffic engineers will gather data through the test period to assess whether the changes are achieving the goal of reduced speeding and improved safety.

city and state transportation agencies, pedestrian advocates and walking clubs to promote public awareness aimed at both drivers and pedestrians to always be aware of each other and share the road responsibly.

This month draws attention to the 892 pedestrians who were killed on California roadways in 2016, accounting for more than 24 percent of all roadways deaths in the state, up from 17 percent just a decade ago.

The Milpitas Police Department investigated one pedestrian fatal collision and another 20 pedestrian injury collisions.

The department has mapped out locations over the past several years where pedestrian collisions

have occurred along with the violations that led to those collisions. Traffic officers working overtime and others on routine patrol will be focusing enforcement both on drivers as well as pedestrians who violate traffic laws.

Both drivers and walkers are cautioned to put down their cell phones, since electronic distractions are seen in increasing numbers of pedestrian crashes. Other factors for drivers include unsafe speed and failure to see and yield to pedestrians in crosswalks and intersections. For pedestrians, the major dangers are jaywalking and thinking that they can be seen at night, especially while wearing dark clothing.

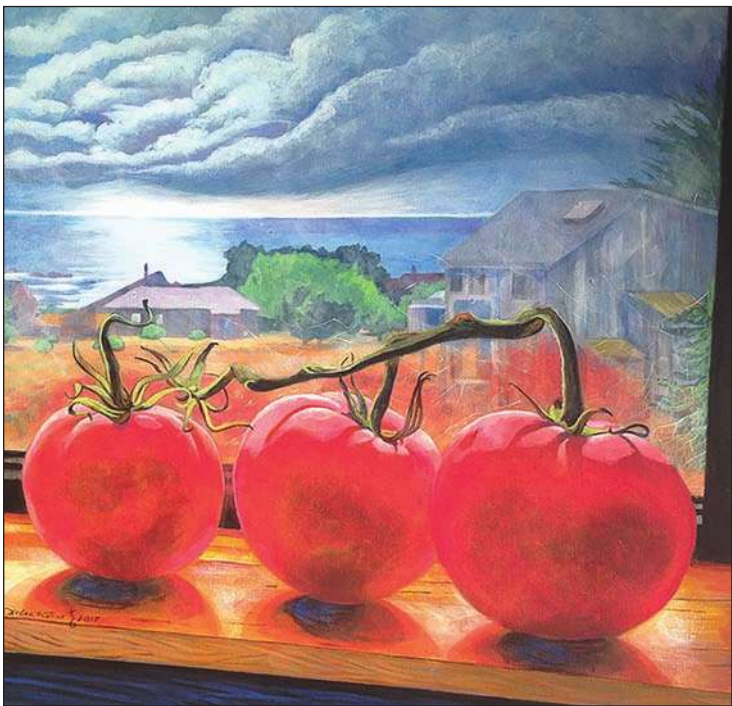
To keep youngsters in the loop, Milpitas officers will conduct pedestrian safety presentations at two local elementary schools on Wednesday, Sept. 27.

For more information on pedestrian safety, visit the “Safety Tips for Pedestrians” page on the Pedestrian and Bicycle Information Center website at www.pedbikeinfo.org/community/tips_pedestrian.cfm.

Funding for this enforcement campaign is provided to the Milpitas Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

continued from page 1

Artists explore Meaning Through Making



Juror Christine Koppes, Assistant Curator at the Bedford Gallery, had the extremely challenging task of selecting 50 works of art for exhibition from the 131 pieces entered. She worked in a thoughtful manner to include a diversity of mediums and content. Koppes was impressed with the wide range of materials used including acrylic, assemblage, ceramic, clay, collage, colored pencil, encaustic, glass, gouache, mixed media, oil, pastel, photography, textiles, watercolor, and wood. She appreciated the amount of experimental work, saw evidence of play and discovery, and could tell that the artists were having fun.

Congratulations to selected artists: Hollie Adamic, Jonathan Barber, Tanna Bellia, Shari Benson, Louis Bodas, Nick Calarco, Susan Chung, Debra Collins, Susan Deming, Philip Denst, Anthony Michael Diaz, Patricia Doyne, Ulysses Duterte, Kim Gabel, Phillip Garbutt, Jamila Harris, Mercie Harris, Glenn Hemanes, Juanita Hemanes, Susan Howell, Vaughn Hutchins, Geir Jordahl, Natalie Juntz, Niambi Kee, M. Kathleen

Kelly, Elizabeth Kennen, Sally Lampi, Nicole Leming, Carol J. Marlin, Ray McGinnis, Edward Ortman, Kathy Ries, Lynne Shephard, Kevin Street, Rucy Lin Syrop, Susan Taira, Gerald Thompson, Renea Turner, Doyle Wegner, and Grace Yun.

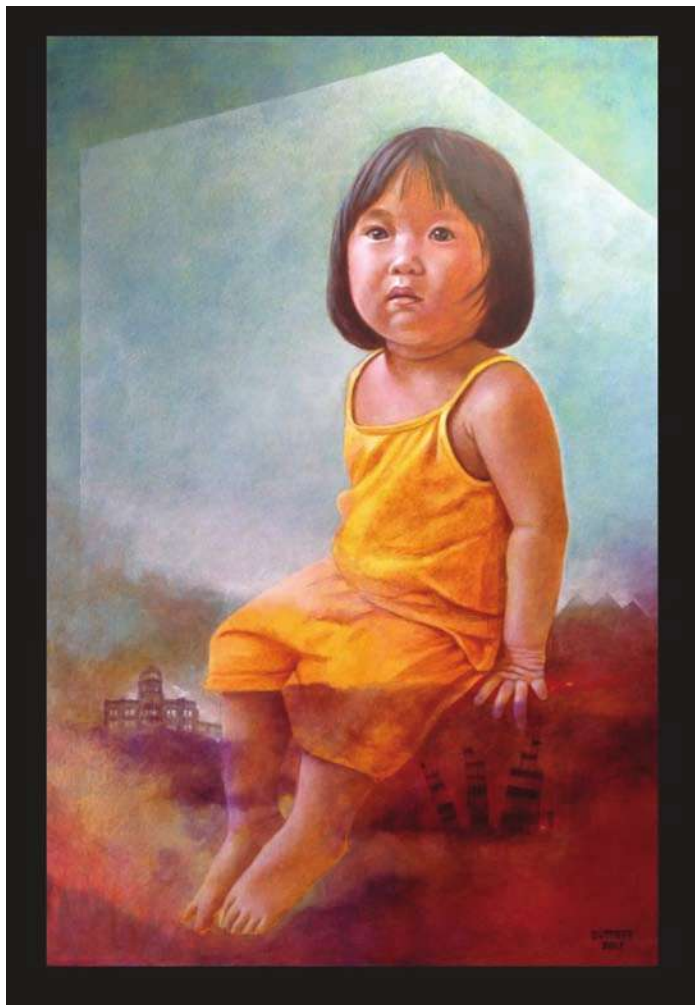
This exhibit is special to Gallery Director Leah Virsik because as an exhibiting artist herself, she feels she has a real connection with artists putting their work out to be judged. The exhibition features many local artists from the Bay Area and she appreciates their participation and support. Virsik is happy that artists return to exhibit at the Adobe Art Gallery, a beloved gallery in the East Bay, year after year showcasing an impressive amount of high quality work.

The exhibit opens Saturday, September 23 with an Artists' Reception in the afternoon. Awards will be announced at 1:45 p.m. and the public is invited. For more information, visit www.adobegallery.org.

Meaning Through Making
Saturday, Sep 23 –
Saturday, Nov 11
Thursday – Saturday,
11 a.m. – 3 p.m.

Artists' Reception
Saturday, Sep 23
1 p.m. – 3 p.m.

Adobe Art Gallery
20395 San Miguel Ave,
Castro Valley
(510) 881-6735
www.adobegallery.org
Free



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- 71% of business owners believe mobile marketing is important to their business success
- According to Google, 61% of users are unlikely to return to a mobile website they had trouble accessing and 40% will visit a competitor's site instead if it is not mobile friendly and loads correctly on a mobile device
- 57% of customers say they won't recommend a business with a poorly designed mobile website
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the agency providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



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Juris Doctor, University of Illinois (7th in class)
Quoted by Ralph Nader in his book "No Contest" (1996)
Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

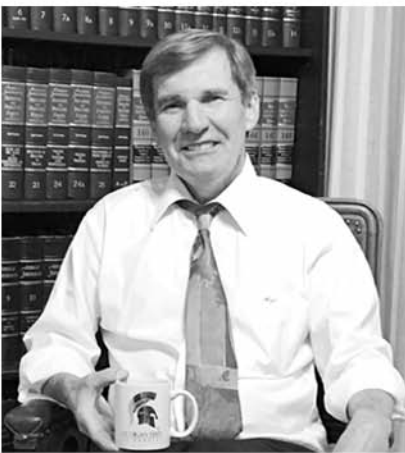
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Two SLPD Officers run over by fleeing vehicle

**SUBMITTED BY
SAN LEANDRO PD**

The investigation continues in the case where two San Leandro Police Officers were struck by a fleeing suspect vehicle Sunday, September 17th at the Greenhouse Marketplace.

The incident started when two SLPD officers were hailed regarding a subject who had just shoplifted from the Safeway at

699 Lewelling Boulevard. When Officers attempted to stop the subject, he ran to his vehicle and fled, striking the officers. The suspect and the vehicle are still outstanding.

Both Officers were transported to a local hospital for treatment. One officer was treated and released hours later, the second remains in the hospital with non-life-threatening injuries.

“The SLPD family would like to thank everyone who has reached out with prayers and well-wishes for our injured officers”, said Lt. Isaac Benabou. “It is comforting to see the outpouring support from our community in a time of need.”

Investigators are asking anyone who may have witnessed this incident to please contact the San Leandro Police Department at 510-577-2740.

BART Police Log

SUBMITTED BY LES MENSINGER

Saturday, Sept. 9

A victim reported the theft of a men’s Giant Escape brand hybrid mountain bicycle while it was cable locked between 1:30 p.m. and 8:06 p.m. near the station agent’s booth at the Castro Valley station. An officer contacted the victim and completed a report.

A woman was seated in front of the South Hayward station when an unidentified man attempted to punch her while grabbing her cellular phone from her hand. After taking the victim’s cell phone, the suspect fled into the station. It’s believed the suspect boarded a Warm Springs/South Fremont-bound train and fled the area. Responding officers were unable to locate the suspect.

Monday, Sept. 11

A woman was aboard a Warm Springs/South Fremont-bound train between the Hayward and South Hayward stations, when an unidentified man approached her, produced a black semi-automatic handgun, and demanded her purse. According to a witness, the suspect took the victim’s purse and exited the train when it reached the South Hayward Station. The victim was not injured. The suspect was described as a black man between 20-and-30-years-old, and wearing a black beanie, black sweatshirt and black sweat pants. Police checking the area did not locate the suspect. Train car and station video will be requested.

A victim reported his red TREK mountain bicycle was stolen from the Fremont station sometime between 10 a.m. and 6 p.m. The bicycle was secured with a cable lock.

Tuesday, Sept. 12

An officer stopped a man, later identified as William Gunnari, 37, of Hayward at the Hayward station on suspicion of fare evasion. During the stop, it was determined the suspect was too intoxicated to care for himself and he was placed under arrest on suspicion of public intoxication. He was booked into Santa Rita Jail and cited for fare evasion.

Wednesday, Sept. 13

A motorist reported the theft of a catalytic converter from their 2004 Chevy Cavalier while it was parked at the Hayward station between 2 p.m. and 7:45 p.m.

Thursday, Sept. 14

A victim reported the theft of their Magna, 10-speed, bicycle from the Bay Fair station in San Leandro sometime between 9:30 a.m. and 10:45 p.m. The bicycle was secured with a chain.

A motorist reported their 1995 Acura Integra was stolen from the Hayward station sometime between 7:15 a.m. and 5 p.m.

A motorist reported the catalytic converter from their 2006 Honda Element was stolen while it was parked at the Bay Fair station in San Leandro.

Union City Police Log

**SUBMITTED BY LT. MATIAS PARDO,
UNION CITY PD**

Monday, Sept. 4

At around 2:15 a.m. police detectives were in the 32000 block of Alvarado Niles Road when they saw a suspect stealing property from a hotel room. Alfred Perez, 39, of Union City, was arrested on suspicion of burglary.

At around 3:45 p.m. Officer Perry was dispatched to the area of Smith and Dyer streets on the report of a brandished firearm during a road rage incident. The suspect was described as a heavy-set Hispanic man in his 30s, with a goatee. The suspect vehicle was described as a late-model blue Honda Accord, with yellow or white paper plates that said “Victory.”

At around 8:30 p.m. Officer Ayala was dispatched to the 30000 block of Industrial Parkway SW on the report of a robbery. The suspect demanded cash from a cash register at a business. When the employee refused, the suspect said he had a gun, although no weapon was seen. The suspect grabbed money from the register and fled on foot. The suspect was described as a black man, 20-30-years-old with light-colored eyes, and of short height with a thin build.

Tuesday, Sept. 5

At around 1 a.m. Officer Ayala was dispatched to investigate a report of a brandished weapon. The victim said he was near Alvarado Niles Road and Hartnell Street when a suspect got out of his car and brandished a shotgun or rifle at him, then got back into his vehicle and sped away. The suspect was described as a Hispanic man in his 20s with dark, curly hair. The vehicle was described as a gray Scion XA.

Friday, Sept. 8

At around 10:45 p.m. Officer Smith was dispatched to the 31700 block of Alvarado Blvd. on the report of an armed robbery. An Asian man in his 30s pointed a silver revolver at the victim and stole his wallet and iPhone.

Saturday, Sept. 9

At around 1:45 a.m. Officer Alberto was dispatched to the 31700 block of Alvarado Blvd. on the report of an armed robbery. The suspect pointed a gray revolver at the victim and demanded his wallet and cell phone. The suspect was described as a Filipino male, 25-30 years-old, with black hair in a buzz cut, and approximately 5-feet-4-inches tall and weighing between 160 and 170 pounds.

Sunday, Sept. 10

At around 10 p.m. Officer Jensen was dispatched to the 33600 block of Ninth Street on the report of an injury collision. In an apparent road rage incident, a suspect intentionally rammed the victim’s vehicle at a high rate of speed. Carlos Lopez, 55, of Union City, was located nearby and identified by the victim. He was arrested on suspicion of assault with a deadly weapon and driving without a license.

Milpitas Police Log

**SUBMITTED BY
LT. RAJ MAHARAJ**

Tuesday, Sept. 11

Shortly before 7 p.m. police received a call about a man who had locked himself in a bathroom at Kentucky Fried Chicken on South Main Street. He was reportedly screaming and banging on the walls, and refused to come outside. As the first officer arrived on scene, a possible gunshot was heard. All employees and customers of the restaurant were immediately evacuated. With the assistance



from the San Jose Police Department and Fremont Police Department, people in adjacent buildings were accounted for and a safety perimeter was set around the restaurant.

Officers tried to speak to the man in the bathroom for several hours, but he refused to come outside. The Milpitas SWAT Team eventually entered the bathroom and took James Trelles Martinez, 50, of Cupertino into custody after a brief struggle. Officers discovered Martinez had severely damaged the bathroom fixtures, had methamphetamine, and was under the influence of a controlled substance. He was booked into the Santa Clara County Main Jail on suspicion of vandalism, trespassing, resisting arrest, possession of a controlled substance, and being under the influence of a controlled substance.

PUBLIC NOTICES



NOTICE OF PUBLIC HEARING

CUSHING PARKWAY TRUCK ROUTE (PLN2018-00002)

Public Hearing (Published Notice) to Consider a General Plan Amendment to Establish a Truck Route on a Portion of Cushing Parkway South of Bunche Drive and a Fremont Municipal Code Text Amendment to Provide Conformance with the General Plan.

APPLICANT: City of Fremont

PUBLIC HEARING: Notice is hereby given that the Fremont City Council will consider Planning Commission recommendation to approve the Cushing Parkway Truck Route on Tuesday, October 3, 2017, at 7 p.m. in the Council Chambers at 3300 Capitol Avenue, Fremont, California, at which time all interested parties may appear and be heard.

ENVIRONMENTAL REVIEW: The proposed project is exempt from the California Environmental Quality Act (CEQA) under CEQA Guidelines 15061(b)(3), General Rule, and 15301, Existing Facilities.

Any questions or comments on the project should be submitted to:

Joel Pullen, Senior Planner

Location: 39550 Liberty Street, Fremont
Mailing: P.O. Box 5006, Fremont, CA 94537-5006
Phone: (510) 494-4436
E-mail: jpullen@fremont.gov

CNS-3052261#

BULK SALES

NOTICE TO CREDITORS OF BULK SALE

(Secs. 6104, 6105 U.C.C.)

Notice is hereby given to creditors of the within named seller that a bulk sale is about to be made of the assets described below.

The names and business addresses of the seller are:

Jiwen Qin, 34460 Fremont Blvd, Fremont, CA 94555

The location in California of the chief executive office of the seller is: Same as Above

As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: None.

The names and business addresses of the buyer are:

Jie Wang and Jing Yu Wang, 34460 Fremont Blvd, Fremont, CA 94555

The assets to be sold are described in general as: All Furniture, Fixtures, Equipment, Tradename, Good Will, Lease, Leasehold Improvements, Covenant not to compete and All other Assets of the Business Known as "TEA SIX" and are located at: 34460 Fremont Blvd, Fremont, CA 94555

The business name used by the seller at that location is: TEA SIX

The anticipated date of the bulk sale is 10/5/2017 at the office of 34460 Fremont Blvd, Fremont, CA 94555.

This bulk sale is not subject to California Uniform Commercial Code Section 6106.2.

If so subject, the name and address of the person with whom claims may be filed is, and the last date for filing claims may be 10/4/2017, which is the business day before the sale date specified above.

Dated: 9/8/2017

S/ Jie Wang

S/ Jing Yu Wang

(Signature of Buyer)

9/19/17

CNS-305161#

CIVIL

SUMMONS

Case No.: FN2017-003695
 SUPERIOR COURT OF ARIZONA
 MARICOPA COUNTY

Belen Baker
 Petitioner/Plaintiff

and
 Juan Manuel Ochoa Sanchez
 Respondent/Defendant

WARNING: This is an official document from the court that affects your rights. Read this carefully, if you do not understand it, contact a lawyer for help.

FROM THE STATE OF ARIZONA TO: Juan Manuel Ochoa Sanchez

1. A lawsuit has been filed against you. A copy of the lawsuit and other court papers are served on you with this "Summons".

2. If you do not want a judgment or order taken against you without your input, you must file an "Answer" or a "Response" in writing with the Court, and pay the filing fee. If you do not file an "Answer or Response", the other party may be given the relief requested in his/her Petition or Complaint. To file your "Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, 201 West Jefferson Street, Phoenix, Arizona 85003-2205 or the Office of the Clerk of the Superior Court, 222 East Javelina Drive, Mesa, Arizona 85210-6201 or Office of the Clerk of Superior Court, 14264 West Tierra Buena Lane, Surprise, Arizona 85374. Mail a copy of your "Response" or "Answer" to the other party at the address listed on the top of this Summons.

3. If this "Summons" and the other court papers were served on you by a registered process server or the Sheriff, within the State of Arizona, your "Response" or "Answer" must be filed within TWENTY (20) CALENDAR DAYS from the date you were served, not counting the day you were served. Service by a registered process server or the Sheriff is complete when made. Service by Publication is complete thirty (30) days after the date of the first publication.

4. You can get a copy of the court papers filed in this case from the Petitioner at the address at the top of this paper, or from the Clerk of the Superior Court's Customer Service Center at 601 W. Jackson, Phoenix, Arizona 85003 or at 222 E. Javelina Drive, Mesa, Arizona 85210.

5. Requests for reasonable accommodation for persons with disabilities must be made to the office of the judge or commissioner assigned to the case, at least five (5) days before your scheduled court date.

SIGNED AND SEALED this date: Jun 2, 2017

Michael K. Jeanees
 Clerk of Court

By: /s/ Illegible
 Deputy Clerk

9/19, 9/26, 10/3, 10/10/17

CNS-3052892#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG1787398#

Superior Court of California, County of Alameda
 Petition of: Jiyong Song for Change of Name

TO ALL INTERESTED PERSONS:
 Petitioner Jiyong Song filed a petition with this court for a decree changing names as follows:

Jiyong Song to Jean Du

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
 Date: 10-20-2017, Time: 11:30 a.m., Dept.: 24
 The address of the court is 1221 Oak Street, Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice

Date: 08/03/17

Morris D. Jacobson
 Presiding Judge of the Superior Court

8/29, 9/5, 9/12, 9/19/17

CNS-3044083#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. HG17871687

Superior Court of California, County of Alameda
 Petition of: Jincy George Mamplify for Change of Name

TO ALL INTERESTED PERSONS:
 Petitioner Jincy George Mamplify filed a petition with this court for a decree changing names as follows:

Jincy George Mamplify to Jincy George Seepo

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

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Date: 08/03/17

Morris D. Jacobson
 Presiding Judge of the Superior Court

8/29, 9/5, 9/12, 9/19/17

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, OCTOBER 2, 2017, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

LITTLE STEPS CHILDCARE -- 37957

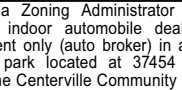
Fremont Boulevard - PLN2017-00208 - To consider a Zoning Administrator Permit and Discretionary Design Review Permit to allow construction of a new 2,350-square-foot child daycare facility to be located behind an existing potentially historic building and exterior modifications to that building in the Centerville Community Planning Area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Sections 15303, New Construction or Conversion of Small Structures, and 15331, Historical Resource Restoration/Rehabilitation. Project Planner - Terry Wong, (510) 494-4456, twong@fremont.gov

BLUE DIAMOND AUTO SALES -- 37454

Glennmore Drive - PLN2017-00368 - To consider a Zoning Administrator Permit to allow an indoor automobile dealership by appointment only (auto broker) in an existing industrial park located at 37454 Glennmore Drive in the Centerville Community Plan Area, and to consider a categorical exemption from The California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15301, Existing Facilities. Project Planner - Spencer Shafsky, (510) 494-4452, sshafsky@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

KRISTIE WHEELER
ZONING ADMINISTRATOR

CNS-3052303#

described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
 Date: 10/06/2017, Time: 11:30 AM, Dept.: 24
 The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice

Date: AUG 15, 2017

Morris D. Jacobson
 Judge of the Superior Court

8/29, 9/5, 9/12, 9/19/17

CNS-3043964#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 535190

Fictitious Business Name(s):
PBL Learning Center Newark, 39151 Cedar Blvd., Newark, CA 94560, County of Alameda

Mailing address: 15080 Swenson Street, San Leandro, CA 94579

Registrant(s):
 PBL Learning Center of Newark, 15080 Swenson Street, San Leandro, CA 94579, California

Business conducted by: a limited liability company
 The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Luis Flores, Owner
 This statement was filed with the County Clerk of Alameda County on September 11, 2017

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/19, 9/26, 10/3, 10/10/17

CNS-3051803#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 534846

Fictitious Business Name(s):
Smile Zone Family Dental, 34743 Ardenwood Blvd., Fremont, CA 94555, County of Alameda

Registrant(s):
 Milo Sinha DDS, Inc., 34743 Ardenwood Blvd., Fremont, CA 94555, s. corp, CA

Business conducted by: a Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on 7/20/12

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Milu Sinha, CEO
 This statement was filed with the County Clerk of Alameda County on August 30, 2017

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/19, 9/26, 10/3, 10/10/17

CNS-3051801#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 535027

Fictitious Business Name(s):
Best Graphic Images, 14816 South Grimmer Blvd., Fremont, CA 94538, County of Alameda

Registrant(s):
 Sahdev, Inc., 44816 South Grimmer Blvd., Fremont, CA 94538; California

Business conducted by: a Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on February 1999

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Dev Sagar, President
 This statement was filed with the County Clerk of Alameda County on September 5, 2017

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement

pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/19, 9/26, 10/3, 10/10/17

CNS-3051791#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 534543

Fictitious Business Name(s):
Blue Sky Vacation, 47952 B Warm Springs Blvd., Fremont, CA 94539, County of Alameda

Registrant(s):
 Hoi Ying Bonnie Lai, 917 Vida Larga Lp, Milpitas, CA 95035

Business conducted by: an Individual
 The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Hoi Ying Bonnie Lai, Owner
 This statement was filed with the County Clerk of Alameda County on August 21, 2017

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/19, 9/26, 10/3, 10/10/17

CNS-3051746#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 530406

The following person(s) has (have) abandoned the use of the fictitious business name: **AZZ Mart, 39331 Drake Way, Fremont, CA 94538**, County of Alameda

The Fictitious Business Name Statement being abandoned was filed on 4-26-17 in the County of Alameda.

This Business is Conducted By: An Individual
 Nabeela Waheed, 39331 Drake Way, Fremont, CA 94538

S/ Nabeela Waheed
 This statement was filed with the County Clerk of Alameda County on September 6, 2017.

9/19, 9/26, 10/3, 10/10/17

CNS-3051288#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 535205

Fictitious Business Name(s):
Omega Furniture & Mattress Distribution, 179 Coleridge Green, Fremont, CA 94538, County of Alameda

Registrant(s):
 Luis Flores, 179 Coleridge Green, Fremont, CA 94538

Business conducted by: An Individual
 The registrant began to transact business using the fictitious business name(s) listed above on 11/1/17

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Luis Flores, Owner
 This statement was filed with the County Clerk of Alameda County on September 11, 2017

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/19, 9/26, 10/3, 10/10/17

CNS-3051174#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 535109

Fictitious Business Name(s):
Happy Lemon, 46873 Warm Spring Blvd., Fremont, CA 94539, County of Alameda

Registrant(s):
 VVWGR Inc., 46873 Warm Spring Blvd., Fremont, CA 94539; California

Business conducted by: a Corporation
 The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Nam Quan, President
 This statement was filed with the County Clerk of Alameda County on September 7, 2017

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/19, 9/26, 10/3, 10/10/17

CNS-3051167#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 535213

Fictitious Business Name(s):
Black Dog Army, 40655 Grimmer Blvd., Fremont, CA 94538, County of Alameda

Registrant(s):
 Charles Cunningham, 42474 Roberts Ave., Fremont, CA 94538

Business conducted by: an Individual
 The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Charles Cunningham, Owner
 This statement was filed with the County Clerk of Alameda County on September 11, 2017

PUBLIC NOTICES

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/29, 9/5, 9/12, 9/19/17

CNS-3046004#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s):
Qwikle, 40239 Legend Rose Terrace, Fremont, CA 94538, County of Alameda
Registrant(s):
RCloud Labs - LLC, 40239 Legend Rose Terrace, Fremont, CA 94538; CA
Business conducted by: A Limited Liability Company

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Bhavin Rawal, Member
This statement was filed with the County Clerk of Alameda County on August 4, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/29, 9/5, 9/12, 9/19/17

CNS-3046003#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s):
Aberdeen Cafe, 46831 Warm Springs Blvd, Fremont, CA 94539, County of Alameda
Registrant(s):
Four Greens Inc., 46831 Warm Springs Blvd., Fremont, CA 94539; California
Business conducted by: A Corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Xiang Li Zhu, CEO
This statement was filed with the County Clerk of Alameda County on August 14, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/29, 9/5, 9/12, 9/19/17

CNS-3045472#

GOVERNMENT

ORDINANCE NO. 843-17
AN ORDINANCE OF THE
CITY COUNCIL OF THE CITY OF UNION CITY
FOR ZONING TEXT AMENDMENT AT-17-001,
TO MODIFY CHAPTER 18.38, STATION MIXED
USE COMMERCIAL DISTRICT,
TO REDUCE THE ALLOWABLE
FAR AND CLARIFY

LIST OF PERMITTED AND CONDITIONALLY
PERMITTED USES

The above entitled ordinance was adopted by the City Council on September 12, 2017. This abbreviated notice is published in lieu of the full text of the ordinance. A copy of the full text of the ordinance is also available at the Office of the City Clerk, 34009 Alvarado-Niles Road, Union City, California, during normal business hours. The City Clerk can be reached by phone at 510-675-5348 if you desire a copy of the full text of the ordinance sent to you via email or by first class mail. PASSED, APPROVED, AND ADOPTED by the City Council of the City of Union City at a regular meeting held on September 12, 2017 by the following vote:

AYES: Councilmembers Ellis, Duncan, Singh, Vice Mayor Gacoscoss, Mayor Dutra-Vernaci
NOES: None
ABSENT: None
ABSTAIN: None
APPROVED: /s/ Carol Dutra-Vernaci CAROL DUTRA-VERNACI, Mayor ATTEST: /s/ Anna M. Brown ANNA M. BROWN, City Clerk
APPROVED AS TO FORM: /s/ Kristopher J. Kokotaylo KRISTOPHER J. KOKOTAYLO, Interim City Attorney 9/19/17

CNS-3052435#

CITY OF FREMONT PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, October 3, 2017, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

CUSHING TRUCK ROUTE (PLN2018-00002)
Public Hearing (Published Notice) to Consider a General Plan Amendment to Add a Portion of Cushing Parkway South of Bunche Drive as a Truck Route and a Fremont Municipal Code (FMC) Text Amendment to FMC 105.370 for Conformance with the General Plan, and to Consider an Exemption from the California Environmental Quality Act (CEQA) under CEQA Guideline 15303, Existing Facilities
FREMONT TECHNOLOGY BUSINESS CENTER (PLN2017-00114)

Public Hearing (Published Notice) To Consider a General Plan Amendment, Planned District Major Amendment, Development Agreement, Vesting Tentative Tract Map No. 8348, and Preliminary Grading Plan for the Development of 153 Acres of Vacant Land into Approximately 2,533,000 sq. ft. of Industrial Use and the Development of Approximately 10 Acres for 100,000 Square Feet for Auto Dealer Use. The Proposed Project Would Be Within the Scope of a Previously Certified Environmental Impact Report (EIR) and a Proposed Addendum to the EIR under CEQA Guideline 15164. Therefore, no Further Environmental Review is Required. The Site is Located within the Remaining Vacant Portion of the Pacific Commons Planned District P-2000-214 on Both Sides of Cushing Parkway South of Bunche Drive and West of Christy Street in the Bayside Industrial Community Plan Area

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER, CITY CLERK 9/19/17

CNS-3052290#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg B, Fremont, California, up to the hour of **2:00 PM on Tuesday, October 10, 2017** , at which time they will be opened and read out loud in said building for:

MEASURE WW – IRRIGATION UPGRADES (PWC)8886

Location and Description: The Base Bid Project is located at Brookvale Trail, Peregrine Park, Brookvale Park, Patterson Park, Warbler Park and Westridge Park, and is described as follows:

The project general description consists of replacement of all existing irrigation controllers and other related components of the irrigation systems, with Calsense automatic system. Work includes demolition of existing irrigation controllers, enclosures and footings; installation of new irrigation controllers, enclosures and footings; master valves, flow sensors, trenching for low voltage wiring, antenna, decoders, grounding rods, wire splice pull boxes, junction boxes, electrical connections, miscellaneous sod repair and concrete work, and other such items or details that are required by plans, standard specifications and these special provisions.

Alternates:

Alternate 1: Williams Historic Park
Alternate 2: Plaza Park
Alternate 3: Noli Park
Alternate 4: Lowry Park
Alternate 5: Bill Ball Plaza
Alternate 6: Irvington Plaza Park
Alternate 7: Vallejo Mill Historical Park

PRE-BID CONFERENCE : A Non-Mandatory Pre-Bid Conference is scheduled for 10:00 a.m., Thursday, September 28, 2017, at the Brookvale Park project site, 3801 Nicolet Ave., Fremont, Ca 94536, main parking lot, for the purpose of acquainting all prospective bidders with the contract documents and the Worksite.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Santa Clara located at 821 Marin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/ca/santaclara, Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

Sandy Smith
Purchasing Division
CITY OF FREMONT
9/19, 9/26/17

CNS-3051707#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA A. STRUNCK CASE NO. RP17875179

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Patricia A. Strunck
A Petition for Probate has been filed by Robert Strunck in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Robert Strunck be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 10-30-17 at 9:31 AM in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Jeffery D. Trowbridge, 1901 Harrison Street, 14th Floor, Oakland, CA 94612, Telephone: 510-893-5300 9/19, 9/26, 10/3/17

CNS-3052336#

NOTICE OF PETITION TO ADMINISTER ESTATE OF LEWIS L. SCOTT, JR. CASE NO. RP 17 861990

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Lewis L. Scott Jr.
A Petition for Probate has been filed by Jeanette Butler in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Jeanette Butler be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person

files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on October 11, 2017 at 9:30 am in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Lisa Corman, Lilac Law Group, 505 14th Street, Suite 900, Oakland, CA 94612, Telephone: 415 867 2551 9/12, 9/19, 9/26/17

CNS-3048483#

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONNA LEE CLAYMON CASE NO. RP17872827

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Ronna Lee Claymon, Ronna L. Claymon and Ronna Claymon
A Petition for Probate has been filed by Vicki Claymon in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Vicki Claymon be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on Oct. 4, 2017 at 9:31 a.m. in Dept. 201 located at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court.

If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Rebecca Conradi, 1980 Mountain Blvd. Suite 205, Oakland, CA 94611, Telephone: (510) 339-7178 9/5, 9/12, 9/19/17

CNS-3046336#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: On the 9th day of October, 2017at or after 10:00am, pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

Name Unit # Paid Through Date
Yeny RamirezC28408/07/17
Joseph FrancoC252-5308/05/17
Mohammed SajidB18908/05/17
Adam SmithC14507/30/17
Jeff OuyeeAA8034D07/30/17
Daiyva AllmondC10608/05/17
Chantal FerrAA4400A04/21/17
Adolpho SanchezC17406/28/17
James MonezB22706/27/17
Tania PerezC11506/30/17 9/19, 9/26/17

CNS-3052305#

Notice is hereby given pursuant to California Self Storage Act, Business and Professions Code 21700-21716. Three Sixty Storage Center, 6649 Central Avenue, Newark, California in Alameda County, will for the purpose of satisfying lien for storage, on the premises where said property has been stored, **SELL at PUBLIC AUCTION** on October 9, 2017 at 12:15PM, the contents of storage spaces named below, which consists of personal property including but not limited to, household furniture, clothing, tools, toys, appliances, stereo equipment, televisions, miscellaneous boxes of household goods and unknown contents.
Rochelle Tendencia
Ahmad Y. Farhang
Syed M. Hassan
Ashley R. Cassata
John F. Cepeda
Jacqueline R. Cunningham

James W. Feaster
Thomas J. Chavez
Auctioneer John Cardoza, Bond #58608070, Ph.(909) 667-5797 Sale subject to cancellation in the event of settlement between owner and seized party. **ITEMS SOLD AS IS, WHERE IS, FOR CASH ONLY.** 9/19, 9/26/17

CNS-3051268#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-14-610521-AL Order No.: 14-0001632-01 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVI DED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/14/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial C ode and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JOHN B FREITAS, A/K/A JOHN B FREITAS, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 10/25/2005 as Instrument No. 200548181 of Official Records in the office of the Recorder of Alameda County, California; Date of Sale: 10/10/2017 at 12:00PM Place of Sale: At the Fallon Street emergency clinic to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$480,800.07 The purported property address is: 36549 CEDAR BLVD., NEWARK, CA 94560. The purported property No.: 092A-0985-021 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sa le date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.servicelinik.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-610521-AL . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 O r Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-610521-AL IDSPub #0131388 9/19/2017 9/26/2017 10/3/2017

CNS-3048483#

NOTICE OF TRUSTEE'S SALE TS No. CA-17-771672-CL Order No.: 730-17705021-70 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVI DED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/23/2005. UNLESS YOU TAKE ACTION TO PROTECT OUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial C ode and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): Zarmina Godieski and Gino Godieski, wife and husband Recorded: 9/6/2005 as Instrument No. 2005381152 of Official Records in the office of the Recorder of Alameda County, California; Date of Sale: 9/28/2017 at 9:00 AM Place of Sale: At the Scottish Rite Center, 1547 Lakeside Dr., Oakland, CA 94612 in the 3rd Floor Lodge and Banquet Room Amount of unpaid balance and other charges: \$553,600.81 The purported property address is: 5429 RIDGEWOOD DRIVE, FREMONT, CA 94536. The purported property No.: 0454-059 543-0454-060 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sa le date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site <http://www.servicelinik.com>, using the file number assigned to this foreclosure by the Trustee: CA-17-771672-CL . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 O r Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-17-771672-CL IDSPub #0130464 9/5/2017 9/12/2017 9/19/2017 9/5, 9/12, 9/19/17

CNS-3049879#

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 00000004734290 Title Order No.: 730-1802183-70 FALLON STREET EMERGENCY CLINIC RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVI DED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/03/2002. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, is duly appointed Trustee under and pursuant to Deed of Trust Recorded on 10/11/2002 as Instrument No. 2002461646 of official records in the office of the County Recorder of ALAMEDA County, State of CALIFORNIA, EXECUTED BY: WAFAH WAZWAZ, A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY. WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924(h), (payable at time of sale in lawful money of the United States). DATE OF SALE: 10/12/2017 TIME OF SALE: 12:30 PM PLACE OF SALE: AT THE FALLON STREET ENTRANCE TO THE COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 38785 LE COUNT WAY, FREMONT, CALIFORNIA 94536 APN#: 501-0956-039 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total

amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$604,271.67. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site www.servicelinik.com for information regarding the sale of this property, using the file number assigned to this case 00000004734290. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation,

COMMUNITY BULLETIN BOARD

Let's Do Lunch! Volunteer for LIFE ElderCare – Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org		Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members	FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511	10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.		Payment is for one posting only. Any change will be considered a new posting and incur a new fee. The “NO” List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV
League of Women Voters Fremont-Newark-Union City www.lwvnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible		TRI-CITY DEMOCRATIC FORUM MEETING Every Third Wednesday 7:00 pm Chandni Restaurant 5748 Mowry School Rd Newark, CA 94560 http://www.tricitydems.com/	St Vincent de Paul Thrift Store 3777 Decoto Road Fremont DONATIONS: Tues. - Sun. 10AM- 4:30 PM Clean, lightly used clothing. Household & furniture. No electronics or e-waste. VOLUNTEERS: Individuals & groups! COMMUNITY SPACE Call for info 510-792-3711 Fremont@svdp-alameda.org	FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com		First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Tuesday - Wednesday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161
Make a senior's life a bit easier Volunteer for LIFE ElderCare – VIP Rides Drive seniors to appts/errands Flexible weekday scheduling Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org		American Assoc. of University Women Fremont Branch Advances equity for women and girls through advocacy, education, philanthropy, and research. to join or for more information: fremont-ca.aauw.net	Scholarships for Women! Our Fremont Philanthropic organization, PEO, sponsors scholarships for women entering college, earning another degree, or returning to school after 2 + years. Low interest education loans. www.peocalifornia.org (Apply online for these.) 510-794-6844 for more info	“Giftique” @Cedars Church In Newark October 28th, 9:30-3:00pm 38325 Cedar Blvd, (Corner of Smith) Tables and Tables of Unique Gifts and Decorations! Giftique 71@gmail.com		
Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress www.cribbage.org		Is food a problem? Try Overeaters Anonymous Mon 7 PM & Wed 7 PM St. James Episcopal Church 37051 Cabrillo Terr., Fremont Sat 10:30 AM No dues or fees All are welcome! First Presbyterian Church 35450 Newark Blvd., Newark www.oasaco.org	Alameda County Republican Party Assembly District 20 & Assembly District 25 Local issues discussed Second Sun month 5:30 PM – 7:00 PM Monthly meeting Call (510) 657-8645 http://www.alamedagop.org			
FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288		Do you get nervous when you have to speak in public? Newark Toastmasters can help Learn this skill and more in a supportive atmosphere It's FREE to attend Tue 7am - 8:10am @ Newark Library, 6300 Civic Terrace Ave 510-402-8318 or 510-796-3562 www.1118.toastmastersclubs.org	F.U.N. (Fremont, Union City, Newark) PROGRESSIVES Join us for pizza and politics Bronco Billy's Pizza 41200 Blacow Road Fremont Most meetings 6pm - third Sun of the month. For Info Visit our website: www.funprogressives.com Contact us at: funprogressives@gmail.com	CRAFTERS! At Cedars Church In Newark October 28th, 9:30-3:00pm Contact Vicki 510-589-1167 Giftique71@gmail.com		FREMONT SYMPHONY GUILD Enthusiastic music lovers who support the Fremont Symphony! First Tuesday each month 7:30 pm Fremont Community Activities Center 3375 Country Drive, Fremont Visitors are welcome! call 510-656-8763 or email mmherstory@comcast.net
Shinn House Mission Peak Heritage Foundation 1269 Peralta Blvd. Fremont Docents & Volunteers needed for Various Activities throughout the year. Free professional Docent Training. Please contact: Joan Serafino 510-795-0891		Fremont Cribbage Club Meets to play weekly, every Wed. We play a Cribbage Tournament starting at 6:25 pm at Round Table Pizza at 37480 Fremont Blvd., We welcome experienced player and will work with new players hoping to learn the game. email: Accgr43@gmail.com for more information	New Dimension Chorus Men's 4 Part Vocal Harmony In the “Barbershop” style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481	Supporting the Fremont Symphony Orchestra for 50 years! FREMONT SYMPHONY GUILD To learn more about this group of music-lovers call 510-673-0085 or email blgorsuch@att.net		58th yr.! San Leandro Art Association a non-profit group of artists, is hosting an ART FEST 9/15 & 16 at main library in San Leandro on Estudillo open to the public where art work will be for sale along with entertainment and prizes. Monthly free demos at library 2nd Tues. of month 7 pm. See us in facebook 510-483-1208.
TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bi-monthly; marathon bridge, walking group, lunch bunch, rummikub group, pinochle group, bocce ball & book club. For more info, call 510-656-0162			The Friendship Force San Francisco Bay Area Experience a country & its culture with local hosts; meet global visitors here. Japanese guests in 2017 Travel to Kenya in 2018 Many Bay Area social activities. www.fffba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	SONS OF ITALY Social Club for Italians And Friends 1st Friday of month (No meetings July/Aug/Dec) 5:30 social hour 6:30 potluck dinner (\$5) Newark Pavilion - Bld. 2 (Thornton Blvd. & Cherry Blvd., Newark) Info: Gina 510-943-7403 www.giuseppemazzini.org		“Neighborhood Village” Non-profit to help people stay in their homes as they age Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley & San Lorenzo area. Public outreach meeting held 1st Friday each month - 2pm Hayward City Hall 777 B Street, Hayward
		Are You Troubled By Someone's Drinking? Al-Anon and Alateen are here to help. Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call 510-276-2270, or email Easyduz@gmail.com	Our Savior Preschool Fall Enrollment is OPEN 858 Washington Blvd., Fremont Students 2 1/2-5 years Part time classes 9am-12pm Full time classes 7am-6pm Lic. #010204114 Call for tour 510-657-9269 oslpsfremont@gmail.com www.oslps.com			Dominican Sisters Holiday Boutique November 18 & 19 Saturday & Sunday 10:00am-4:00pm 43326 Mission Tierra Pl. New Dominican Center Dominican Fruitcakes & Olive Oil Variety of Homemade Goods www.msjdominicans.org
Fremont Youth Symphony Orchestra Apply online for Audition http://fremontsymphony.org New Season starts on 9/11/17 Monday Rehearsals, 4pm-7pm First United Methodist Church 2950 Washington Blvd, Fremont youth@fremontsymphony.org or call (510) 936-0570		Soiree Seniors For People Over 60 Many Activities Potluck Dinners, Dancing, TGIF's, Birthdays and more Call Dianne for information (510) 581-9008	Fremont Garden Club Join enthusiasts from Tri-City area Meets Feb. - Oct. 3rd Wednesday of the month at various locations Social time: 6:15 pm Presentation: 7-8:30 pm Annual dues: \$30 indi, \$50 couples Call Lynn: 510-604-8206 www.fremontgardenclub.org	HOME CRAFT FAIR OCT 4,5,6,7 Hundreds of Items by Local Crafters and Artists Top-Jewelry-Holiday stuff-gifts Wed-Oct 4 - 11am-4pm Thurs-Oct 5 - 10am-6pm Fri-Oct 6 - 10am-6pm Sat-Oct 7 - 10am-4pm Follow signs on Bockman Rd. 1608 Via Sarita, San Lorenzo		Boutique Navideno de las Hermanas Dominicani 18 y 19 de noviembre, 2017 Sabado y Domingo 10:00am-4:00pm 43326 Mission Circle, Fremont Acceso por Mission Tierra Place Pasteles de fruta navideno hechos por las dominicas y aceite de olivos www.msjdominicans.org
		SparkPoint Financial Servicesfor Low-Income Residents FREE financial services & coaching. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To register, call 574-2020. Fremont.gov/SparkPointFRC	Attend Free Classes Become A Travel Trainer & teach others how to travel at wholesale Prices. Tax Benefits & Free Health Care Reserve your seating. Arleen 510 695 7278 insidertravel4u@gmail.com	CRAFTERS Seeking quality arts & Craft Vendors for our Holiday Boutique in Fremont on Sat-Dec 2 9am-3pm Hundreds of Items Sponsored by American High School PTA Contact 925-222-5674 or holidayvendors@americanhighptsa.org		FREMONT MULTI-FAMILY YARD SALE Saturday - September 16 8am-2pm Face-painting - Bounce House Food & more Proceeds to be donated to Freedom House for “The Beacon” a shelter for victims of Human Trafficking Fremont Community Church 39700 Mission Blvd., Fremont

COMMUNITY BULLETIN BOARD

Come join family fun& festivities at Annual Public Olive Harvest Saturday, November 4 9 am-12:30 pm Dominican Sisters Motherhouse 43326 Mission Circle - Fremont Entrance offMissionTierra Coffee, hot chocolat & free BBQ provided forharvesters	ABWA-Pathfinder Chap. American Business Women's Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. DoubleTree 39900 Balentine Dr, Newark (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org	You are invited Hayward Arts Council Benefit - We Love Art Fri.- Nov. 3, 5:30-8:30pm Hayward City Hall Rotunda 777 B St. Hayward Buy Tickets: www.haywardartscouncil.org Call: 510-538-2787 \$45 if purchased before Oct 31 \$60 after that date	16th Olive Festival Sat/Sun – Oct 7 & 8 www.msjchamber.org Located on the grounds of Dominican Sisters of MSJ 43326 Mission - Fremont Live Music, Beer & Wine New Food - Vendors Kids Games, Crafts & FUN 10am–5pm – NO PETS	MSJ CHAMBER EVENTS www.msjchamber.org 8/19 @ 6pm LOBSTER FEST 151 Washington Blvd @\$65 – Limited - Presale Only 10/7 & 8 OLIVE FESTIVAL 10am-5 pm – 43326 Mission Live Entertainment, Crafts Beer-Wine-Vendors-Food Entry is FREE – NO PETS
Vengan a participar enfestividades de alegri para toda la familia: Cosccha de Olivos anual ublico Sabado, 4 de noviembre 9 am-12:30 pm Dominican Sisters Motherhouse 43326 Mission Circle - Fremont Entrance offMissionTierra cafe, chocolate caliente y bar-barcoa gratis para los segadores	Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org	East Bay Self Employment Association Calling all Veterans/Unemployed Retired, Men & Women, for FREE COUNSELING one to one, on alternate self employment. Call : 408-306-0827	Tri-Cities Women's Club September 19 at 11:30 a.m. Lunch \$19.00 Elks Lodge 38991 Farwell Dr, Fremont Entertainment provided by Elaine D'sa Call 673-3969 if interested in attending	

Fremont Police Log

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Friday, Sept. 8
At 2:33 p.m. a 51-year-old woman was in standing in front of a residence on the 33100 block of Lark Way when a woman jumped out of a vehicle and ripped a chain and locket from the victim's neck. The suspect got back into the vehicle (blue, smaller Ford sedan) and drove away toward Lowry Avenue. The case is being investigated by

Officer Stiers.
Three Auto Burglaries reported between 8:35 p.m. and 9:19 p.m. from the parking lot at the Ranch 99 Market on Fremont Boulevard and Paseo Padre Parkway. The suspect vehicle was possibly a white or cream 4-door Honda or similar. A second victim stated the suspect vehicle was a black F150. The suspects were described as two black men in their mid-20s, between 5-feet-6 and 5-feet-7-inches tall, with thin builds. One suspect was wearing a red sports jacket and the other was wearing a gray jacket with a white stripe across the front.
Saturday, Sept. 9
Officers were dispatched to Fremont Boulevard and Sundale

Drive on the report of an injury collision involving three vehicles. It is determined that one of the drivers of the vehicles fled the scene prior to our arrival. Traffic Officer Gregory took over the investigation, but the suspect was not located. At 9:23 p.m. the suspect came to the lobby of the police department and turned himself in. The suspect said he was in shock which is why he walked away from the crash and suddenly had chest pains when Officer Gregory informed him he was under arrest. The suspect was taken to a hospital for medical clearance and cited for hit and run.
Sunday, Sept. 10
A man arrived home at his home on the 3900 Block of Trinity way to find his front door

had been forced open. A burglary had occurred sometime between 7 p.m. and 8:10 p.m.; the loss was jewelry. Arriving officers determined no suspects were still inside the residence. Officer Latimer investigated the case.
At 3:09 a.m., Officers were dispatched to Bluebird Loop on the report of a collision involving a motorcyclist who was down after apparently colliding with a parked car. The motorcyclist was taken to a trauma center with severe injuries.
Monday, Sept. 11
Numerous Fremont Police Depart units responded with lights and siren to the Fremont BART station after receiving a call from BART Police that an armed robbery had just occurred

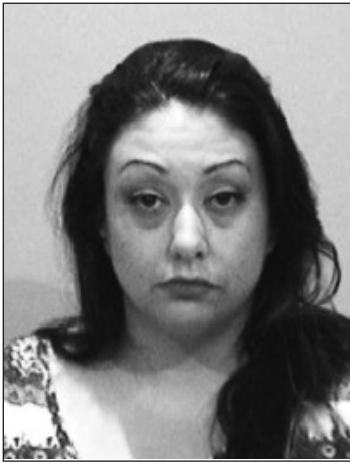
on a train approaching the station. Fremont police joined BART officers and cleared two trains on the platform. They learned the suspect had likely exited the train prior to reaching the Fremont station. BART police are investigating the incident.
Wednesday, Sept. 13
Officer Burns investigated an attempted vehicle theft where the victim saw a man sitting inside the victim's vehicle attempting to steal it. When the victim came out of his house, the suspect ran to a waiting vehicle driven by a second suspect, and fled the scene. Both suspects were described as Hispanic men and the suspect vehicle was a black (possibly) Honda Accord.

Arrest made in string of package thefts

SUBMITTED BY
GENEVA BOSQUES,
FREMONT PD

Just minutes after a package was delivered to the front porch of a private home in Fremont, a nearby video surveillance camera captured an image of a woman walking onto the porch and snatching the package, then fleeing.
That event on June 23 kicked off an extensive investigation by Fremont Police to track down the package thief. During the investigation, police identified the woman in the surveillance footage as Danielle Gonsalves, 36, of Hayward.
Police also learned that additional video surveillance of

Gonsalves had been featured in a local TV news broadcast on June 27 that showed her stealing a package from a Hayward area porch, although she was not identified at the time.
In mid-August, Fremont Police obtained an arrest warrant for Gonsalves and she was taken into custody on August 23. She admitted to stealing the package from the Fremont victim, and she was charged with mail theft and trespassing, among other crimes.
According to police, Gonsalves has an extensive criminal history that includes arrests for identity theft, fraud-related crimes, drug possession and theft.
Mail theft continues to be a wide-spread problem for



Bay Area residents. In general, people who engage in mail theft are looking for money, credit cards and other items of financial benefit. It also leads to identity theft, which can cause long-reaching problems for victims.

Here are several tips that police say homeowners should follow to protect themselves from mail theft:
Install a locking mailbox, use the letter slots inside the local post office or hand mail directly to the letter carrier. It's also a good idea to pick up mail promptly after delivery, avoid sending cash or other valuables through the mail, and pay attention to local delivery schedules. If mail is not delivered when it is expected, recipients should contact the senders right away to inquire when the mail was sent.
For more information about mail theft, contact the US Postal Inspection Service at www.uspis.gov.

Newark Police Log

SUBMITTED BY
CAPT. CHOMNAN LOTH,
NEWARK PD

Friday, Sept. 8
At 4:13 p.m. Officer Rivas detained, and then arrested a 26-year-old Fremont woman on suspicion of possessing a controlled substance, drug paraphernalia, identify theft, violating the terms of probation and for an outstanding warrant. She was booked into Fremont City Jail.
Sunday, Sept. 10
At 12:43 p.m. Officer Jackman investigated a Citizen's arrest/shoplifting case at Macy's, NewPark Mall. A 44-year-old Fremont man was issued a citation and released.

State Senator addresses private student debt

SUBMITTED BY OFFICE OF SENATOR BOB WIECKOWSKI

Student loan debt in the United States tops \$1.3 trillion, considerably more than credit card debt and auto loan debt. More than 40 million Americans are saddled with this burden. They include recent graduates, mid-career professionals and seniors who co-signed onto loans. But unlike federal loans, many private loans do not provide borrowers with helpful repayment options. In fact, borrowers who default on their private loans can see 25 percent of their paychecks garnished by lenders.
State Senator from the 10th District, Bob Wieckowski has authored Senate Bill 16, which is one step away from going to Governor Brown for his signature. SB 16 provides more parity between federal and private loans by lowering the cap private lenders can garnish from borrowers' paychecks to 15 percent, the same as on federal loans.
While federal loan borrowers are afforded lower interest rates, fixed interest rates, and more repayment flexibility, private student loan borrowers have variable interest rates and consistently report their inability to negotiate with their creditors. Experts say students and families should exhaust federal aid options before seeking private loans. Unfortunately, 47 percent of private borrowers borrowed less than they could have in Stafford loans.
Having heard from college students at Sacramento State University about their struggles with student loan debt, their comments echoed by students at California State University East Bay, Wieckowski realized that Californians need the help SB 16 can provide. Statewide student and faculty organizations and consumer groups throughout California support SB 16.
"Providing affordable access to higher education," says Wieckowski, "is vital to the future of our state. The passage of SB 16 will assist many Californians struggling with student loan payments and will help them avoid falling further into debt."

Air District seeks new climate technologies

SUBMITTED BY SARAH ZAHEDI

The Bay Area Air District is opening a search for innovative and disruptive technologies that can help combat climate change and improve air quality in the Bay Area.
The Air District's new Technology Implementation Office will assess emerging technologies for their potential to reduce greenhouse gas emissions from stationary air pollution sources such as gas stations, buildings, energy producers, landfills, refineries and other industrial facilities. This effort will enable the Air District to direct incentive money, grants or other potential resources to accelerate these technologies into the mainstream.
"The Bay Area is the global hub for technological advancement," said Jack Broadbent, executive officer of the Air District. "Innovative technologies can quickly transform our lives and how we do business. We are looking for technologies that can have the same effect to protect the global climate and air quality."
Those who submit information may be eligible for project-based financing and may have access to the Air District's network of technology partners. The Air District is asking companies, non-profits, research organizations and other interested parties to submit information about technologies that have been successfully piloted in a commercial setting. Technologies may include, but are not limited to, equipment, software, smart/connected technologies or other innovations that reduce use of non-renewable energy, reduce emissions or optimize energy efficiency.
This effort will help direct current and future Air District grant programs.
To submit information, interested parties can fill out an online form at: <http://www.baaqmd.gov>. The deadline to submit is December 15, 2017. The Bay Area Air Quality Management District is the regional agency responsible for protecting air quality in the nine-county Bay Area.

Pool party goes to the dogs

SUBMITTED BY
JASMINE BATESON

The San Leandro Family Aquatic Center will host its first "Pooch Pool Party" before the pool closes for the winter on Tuesday, September 19 from 6:00 pm to 7:30 pm. The free dog-only (no pet owners will be allowed in the pool) pool party will be a fun opportunity for dogs to run, play and swim in the pool.
All dogs must have current shots and be on leashes when entering and leaving the pool area. Lifeguards will be on duty. Additional rules and waiver (required upon pool entry) can be found at www.sanleandro.org

**Pooch Pool Party
Tuesday, Sep 19
6:00 p.m. – 7:30 p.m.
San Leandro Family Aquatic Center
14900 Zelma St, San Leandro
(510) 577-7966
www.sanleandro.org
Free**

Newark City Council

September 14, 2017

Presentations and Proclamations:

- Introduction of new employees: Police Officers Joseph Hunter, Dejuan Johnson and Public Safety Dispatcher Luz Borja.
- Commend Sriya and Sahith Kudaravalli for distribution of Vial of Life supplies at Clark W. Redeker Newark Senior Center.
- Proclaim September 14-17 as Newark Days celebrating Newark's 62nd birthday.
- Presentation of draft of Dumbarton Transportation Corridor Study by representative of SamTrans (San Mateo County Transit District).

Written Communications:

- Optional review of Planning Commission referral for minor Conditional Use Permit for large family day care home at 6271 Brittany Avenue. NO REVIEW
- Optional Zoning Administrator referral for an accessory structure addition to a single-family residence at 38244 Aralia Drive. NO REVIEW
- Optional review of Planning Commission approval of Conditional Use Permit for a haunted house attraction at 5530 Newpark Plaza from September 28 – November 1, 2017. NO REVIEW

Public Hearings:

- Approve annexation of Tract 8157 to Zone 2 – Light-house of Landscaping and Lighting District No. 19.



Proclaim September 14-17 as Newark Days celebrating Newark's 62nd birthday.

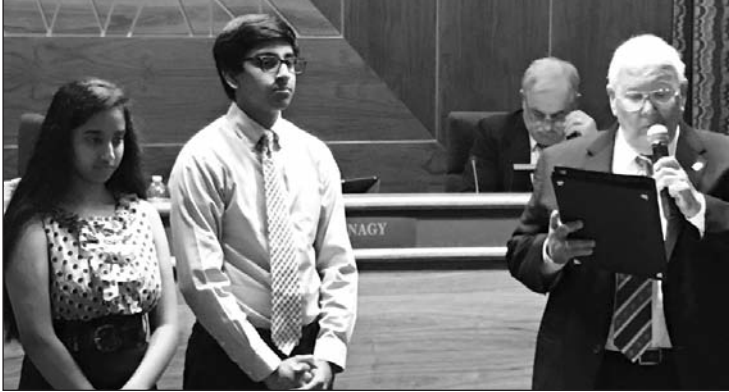


Introduction of new employees: Police Officers Joseph Hunter, Dejuan Johnson and Public Safety Dispatcher Luz Borja.

- Approve annexation of Senior Housing Project to Zone 3 – Senior Housing of Landscaping and Lighting District No. 19.
- Approve General Plan Amendment to incorporate Newark's portion of Volume 2 of Union City/Newark Multijurisdictional Hazard Mitigation Plan to create a uniform hazard mitigation strategy.
- Approve a Conditional Use Permit and waiver of certain fees for proposed eight-lot, sixteen-unit multi-family residential townhome-style subdivision at

37243 and 37257 Filbert Street. Councilmember Buccì objected to continued use of 3-story structures and minimal parking capacity. APPROVED: 4 AYE, 1 NAY (Buccì)

- Approve a Conditional Use Permit for a proposed five-story mixed-use hotel and retail space at 37445 Willow Street. Concern expressed about parking capacity. Condition added to include shuttle service to both San Jose and Oakland Airports. APPROVED: 4 AYE, 1 NAY (Buccì)



Commend Sriya and Sahith Kudaravalli for distribution of Vial of Life supplies at Clark W. Redeker Newark Senior Center.

- Amend Master Fee Schedule to include a Special Event Permit processing fee.
- ### Consent Calendar:
- Report on administrative actions during August council recess.
 - Authorize purchase of 2018 Ford F-250 Truck replacement for Maintenance Division.
 - Authorize purchase of 2018 Ford F-350 Cab/Chassis for Maintenance Division.
 - Authorize Memorandum of Understanding in Dumbarton Transit Oriented Development

- Plan for Fiscal Year 2017-2018.
- Authorize purchase of replacement pool slide at the Silliman Family Aquatic Center.
- | | |
|-----------------------|------|
| Mayor Alan Nagy | Aye |
| Vice Mayor Mike Buccì | Aye, |
| 2 Nay | |
| Luis Freitas | Aye |
| Sucy Collazo | Aye |
| Michael Hannon | Aye |

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Irvington BART Community Open House

The Irvington BART Station has long been planned as the third BART station in the City of Fremont on the Warm Springs BART Extension, but funding for further planning and construction of the station was not available until Alameda County voters passed Measure BB in 2014. With planning for the future Irvington BART station under way, the City of Fremont wants to hear from the community. Join us for the first Community Open House on Wednesday, September 20 at 7 p.m. at the Irvington Community Center located at 41885 Blacow Rd. in Fremont. For more information, please visit www.Fremont.gov/IrvingtonBART.

Fremont Receives Prestigious Beacon Award

At this year's League of Cities Annual Conference in Sacramento, the City of Fremont was presented with the "Silver Level" Beacon Award for its work to create a healthier, more efficient, vibrant, and prosperous community. Fremont was one of only eight cities to receive the ILG's prestigious Beacon Award this year. Other 2017 awardees included Sacramento, Scotts Valley, Foster City,

Hayward, San Carlos, Palo Alto, and Claremont.

Fremont's "Silver Level" Beacon Award recognizes the City's achievements for reducing community greenhouse gas emissions by 11 percent, municipal greenhouse gas emissions by 7 percent, electricity use reductions of 28 percent, and natural gas use reductions of 6 percent. Fremont also received "Gold Level" recognition for achievements in each of the ten best practice areas highlighted in the ILG's Sustainability Best Practices Framework. One major Fremont achievement is the comprehensive energy and water efficiency upgrade of City facilities, which includes the citywide upgrade to LED streetlights. Other notable projects include the implementation of a solar plus energy storage "Microgrid" demonstration project on City of Fremont fire stations, the adoption of green building reach codes requiring mandatory solar on new residential developments and electric vehicle charging in 10 percent of all new parking spaces, and the launch of the online Fremont Green Challenge residential climate action engagement platform (www.FremontGreenChallenge.org).

For more information on the City of Fremont's sustainability initiatives, please contact Sustainability Manager Rachel DiFranco at (510) 494-4451 or rdifranco@fremont.gov.

Building Bridges with 6th Graders

The Fremont Police

Department has officially launched Building Bridges, a new program in partnership with Fremont Unified School District. The one-year pilot program is designed to allow Fremont Police officers and civilian staff to interact, educate, and build bridges with 6th graders throughout the City of Fremont in the 2017/18 school year. The program concept emerged after Police Captain Fred Bobbitt visited Grimmer Elementary School 6th graders in March 2017 for the Read Across America program. During his visit, he engaged with the students about their relationship with the police in our community. Each student hand wrote a letter to Captain Bobbitt providing their feedback, ideas, and suggestions. On September 6, the Fremont Police Department kicked off the program with their first school visit to Oliveira Elementary and on September 13, they visited Brier Elementary. For more information, contact the Fremont Police Community Engagement Unit at (510) 790-6740 or email Fremontpolice@fremont.gov.

Free Green Home Workshop

Want a more comfortable, energy efficient home that saves you money? Sure you do! To learn how, join the City of Fremont and Stop Waste for their free Fremont Green Home Workshop on Tuesday, September 26, from 6:30 p.m. to 8 p.m. at the Fremont Main Library, located at 2400 Stevenson Blvd.

Refreshments will be served, and all attendees will receive a LED light bulb and tote bag. Register today at www.FremontGreenHome2017.eventbrite.com. Space is limited.

Pink Patch Project

The Fremont Police Department is proud to announce their participation in the Pink Patch Project during the month of October. Joining more than 175 agencies across the country, the law enforcement Pink Patch campaign is designed to increase awareness and stimulate conversations in our community about the importance of early detection and treatment in the fight against breast cancer. A limited quantity of Fremont Police Department's commemorative collector patches will be available for the public to purchase with all profits going to the HERS Breast Cancer Foundation. To learn more visit <http://hersbreastcancerfoundation.org>.

Beginning Monday, September 18, the commemorative patches will be available while supplies last, to purchase at the Fremont Police Department, located at 2000 Stevenson Blvd., during normal business hours of Monday through Friday, 6 a.m. to 6 p.m. The Department's Community Engagement Unit will also attend and sell patches at the 18th Annual HERS Foundation 5K Walk/10K Run event at Quarry Lakes on Saturday, September 30. For more information about the Pink Patch Project and the list of participating agencies, visit

www.pinkpatchproject.com.

Energy Conservation Competition

Calling all parents, students, and educators: Challenge your school to save energy this fall, and join the 7th annual Energize Schools Energy Conservation Competition from October 26 to November 15. This three-week challenge is for elementary schools, middle schools, and high schools served by Pacific Gas and Electric Company. Enlist environmental clubs, green teams, leadership clubs, and science classes to compete for your school to save energy. Prizes of up to \$1,200 will be awarded to schools that reduce their usage and develop creative, effective campaigns. To learn more about the competition and to register your school, visit www.energizeschools.org/competition. The deadline to register is Sunday, October 1, 2017.

How to Build an Enterprise Software Business

Startup Grind Fremont is back for another fireside chat. This time, join us as we discuss how to prepare a software-oriented startup from initial funding to scaling. Hear from Jitendra Gupta, entrepreneur, founder, and business leader. We'll be convening at EFI (Electronics for Imaging) located at 6700 Dumbarton Circle in Fremont, on Thursday, September 28, from 6:30 p.m. to 8:30 p.m. You can find additional information and purchase your tickets here: www.startupgrind.com/fremont.

Moreau student honored for social justice video

SUBMITTED BY DONNA CUMMING

Moreau Catholic High School junior, Jasmine Munoz, from Hayward, was recently honored with a national award, one of three students so honored, and a \$300 scholarship from Pax Christi USA (PCUSA) for her five-minute video on social justice. The PCUSA organization

is a Catholic peace and justice movement.

Her video focused on the theme "Welcoming a Stranger," where she had to illustrate with images, music and quotes from Pope Francis, how Catholics are welcoming refugees and immigrants. Jasmine worked on the video during Spring Break and was notified of her award in May.

In researching quotes from Pope Francis, she found several that resonated with her, including quotes from the 2013 and 2015 World Day of Migrants and Refugees. She opens the "Welcome a Stranger" video with a quote from July 8, 2013:

"Despite the problems, risks, and difficulties to be faced, great number of migrants and refugees continue to be inspired by confidence and hope; in their hearts, they long for a better future, not only for themselves but for their



families and those closes to them." She chose the song "One Day" because it talks about praying for more peace and respect among each other. The biggest challenge, Jasmine said was "finding relevant

quotes with the right message."

"Both Father Bruce (Moreau chaplain) and my mom encouraged me to submit the video," Jasmine added. "This is a really special award to me."

Jasmine ends her video with a quote from the Bible "Love one another as I have loved you" John 13:34, and follows this with a question "What are you doing to welcome the strangers?"

Youtube link to Jasmine's video: <https://www.youtube.com/watch?v=THKWc2OA7sw>

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Flowery first prize for Golden Hills artist

SUBMITTED BY
GAIL NOETH

Golden Hills Art Association Artist of the month for September was Alice Woodrow for "White Lily" in oil. First runner up was Dexin Zhao for "Sunset" in Oil and Second runner up was Gail Noeth for "Roxy I" in water color.

Golden Hills Art Association meeting
Thursday, Oct 5
7 p.m.
Milpitas Police Department
Community Room

1275 Milpitas Blvd,
Milpitas

For more information:
Gail Noeth at agnoeth@yahoo.com

An Evening of Empowerment

HERO EDITION

SATURDAY, SEPTEMBER 30, 2017 • 6:00 PM - 11:00 PM
DoubleTree by Hilton, 39900 Balentine Drive, Newark



An Evening of Empowerment: Hero Edition fundraiser will celebrate **SAVE's** heroes and yours! Share it! Wear it! Show it! Talk about it! Let's celebrate what makes us unique and what unites our communities.

Wine welcome, live music and entertainment, dinner, live/silent auction, awards. Proceeds will benefit SAVE's free domestic violence victim support services.

SAVE is a 501(c)3 nonprofit organization, Fed Tax ID 94-2520559

Thank you to our sponsors to date:

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- Fremont Bank
- Kaiser Permanente
- Nicole Causey/Legacy Real Estate
- PetersenDean, Inc.
- Randall A. Wolf Family Foundation
- Robson Homes
- Sisters of the Holy Family
- Washington Hospital Healthcare System

For tickets, visit:
www.brownpapertickets.com/event/2980948
Questions? Call (510) 574-2250 ext 106 or visit
https://goo.gl/z36Han.

SAVE thanks the
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f **8** **⊕** Fremont Symphony Orchestra

Mark Anderson & the Röntgen Piano Trio

September 23
7:30PM
First United Methodist Church
2950 Washington Blvd, Fremont, CA 94539
Visit fremontsymphony.org or call 510-371-4859



Röntgen Sonatine in E
Piano Trio No. 6 in C Minor

Brahms Intermezzi No. 1 and No. 3
Piano Trio No. 1 in B Major

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and runners form teams and wear fun costumes or special group outfits to show their love and support.

HERS Breast Cancer Foundation is again partnering with the East Bay Community Foundation (EBCF). EBCF will be matching online donations up to \$15,000. HBCF's enthusiastic participants and their supporters helped exceed this goal last year. This year's event sponsors include Fremont Bank Foundation, Beverly Hagan CPA, Washington

proceeds from the event will be used for HBCF programs and services. Those interested in sponsoring, donating, participating, or volunteering will find detailed information online at <http://hersbreastcancerfoundation.org/walk-run/>.

HERS Breast Cancer Foundation believes in restoring beauty and dignity to breast cancer survivors at an extremely vulnerable time of their lives. Every day, we bring Hope, Empowerment, Renewal and



Hospital Healthcare System, UCSF, Carol Dutra-Vernaci EA, Stanford Health Care-ValleyCare, Sutter Health Palo Alto Medical Foundation, and many more generous Bay Area organizations.

On event day registration and check-in will open at 7 a.m. The opening ceremony at 8 a.m. is a special time to celebrate survivors and those who have passed on. After this inspirational moment, participants take to the course trails at 9 a.m. to walk, run or race for this great cause; 10K runners start first. Following the race, participants will enjoy live music, nonprofit and vendor exhibits at the Community Expo, and a BBQ lunch hosted by Dutra Enterprises. Premier Subaru of Fremont is sponsoring parking at Quarry Lakes.

Heather Holmes, KTVU newscaster, will serve as Master of Ceremonies for the day's events. On Your Mark Events, a professional race event management company, will post race results online within minutes of completion. Awards will be given to the top three male and female runners in each age group for each event (5K and 10K). Every participant (walkers and runners) will receive a medal for completing the course as well as a T-shirt at check-in.

The 18th annual Walk/Run fundraiser supports the HERS Breast Cancer Foundation's mission: supporting women healing from breast cancer by providing post-surgical garments, wigs, and fitting services regardless of financial status. All

Support, because every woman deserves to look and feel whole. We support all women healing from breast cancer by providing post-surgical products and services regardless of financial status. HBCF is the only nonprofit organization in the Bay Area that provides appropriate products (such as bras, prostheses, lymphedema garments, and wigs) for breast cancer survivors in a safe, comfortable, and understanding environment.

HBCF's services for breast cancer survivors are provided at our program stores at Washington Hospital in Fremont and Valley Care Health Library in Pleasanton. For more information on services, locations and hours, visit <http://hersbreastcancerfoundation.org/hers-breast-cancer-foundation-program-stores/>.

5k Walk, 5k/10k Run & Community Expo
Saturday, Sep 30

Registration & check-in:
7:00 a.m.

Opening ceremony: 8:00 a.m.
Pre-event Warm-ups: 8:45 a.m.
10K Runners start: 9:00 a.m.
5K Runners start: 9:15 a.m.
5K Walkers start: 9:20 a.m.
5K Walkers start

Quarry Lakes Regional Park
2100 Isherwood Way, Fremont
(510) 790-1911
<http://hersbreastcancerfoundation.org/>

Registration fees: \$5 – \$60

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Walk/Run celebrates and supports breast cancer survivors

SUBMITTED BY
JENNIFER KINDRED
PHOTOS BY RAMIL
SUMALPONG, ICONIC LAB

Registration and fundraising have kicked off for HERS Breast Cancer Foundation's (HBCF) annual "5k Walk, 5k/10k Run and Community Expo" on Saturday, September 30 at Quarry Lakes Regional Park in Fremont. This is the organization's biggest fundraiser of the year; proceeds will benefit services for Bay Area breast cancer survivors. This event, now in its 18th year, brings together breast cancer patients and survivors from all over the Bay Area, along with their families and supporters, to celebrate life and raise funds for



services that help those healing from breast cancer treatment. Runners of all ages and skill levels enjoy the gorgeous 5K and 10K racecourses.

On the event website at <http://hersbreastcancerfoundation.org/walk-run/>, walkers and runners will find all the

information they need for registering and participating. Donors, sponsors, and expo exhibitors can find event details and contact information as well. This website also helps participants set up their personalized online fundraising page through the Crowdrise site. Many walkers