



Get ready to party in the street

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Regional
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August 8, 2017

Vol. 15 No. 32

100 years of fashion

By JULIE HUSON

Care for some history lessons delivered with your fashion show? Stylish trend setters accustomed to the concept of professional

models rocking the latest trends along an elevated runway will be in for an intriguing afternoon at the "Have Bag Will Travel" show

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Textile Art

SUBMITTED BY SEEMA GUPTA

Textile art refers to fine art that utilizes natural or synthetic fiber in the form of fabric or yarn. A wide variety of techniques are employed to create textile art such as weaving, quilting, knitting, embroidery, rug hooking, felting, braiding, lace making, and many more.

The annual "Textile Exhibition" at Olive Hyde Art Gallery, in its 49th year, was started in 1968 to honor its original benefactor Olive Hyde, who had an avid interest in textile art. Over the years, the exhibition has transitioned from displaying primarily quilts to a wide

spectrum of textile creations. It has been one of the most popular exhibitions featuring works of both traditional and contemporary artists.

This year's exhibition includes a special presentation called "Lines, Angles and Spaces" by three accomplished Northern California fiber artists: Jean Renli Jurgenson, Geri Patterson-Kutras, and Sue Siefkin. Whether drawing inspiration from actual buildings or pure imagination, each artist reveals her way of expressing angle, perspective, line, and shape through her use of value, color, and scale.

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GPS helps racers explore

Don Edwards Refuge

By VICTOR CARVELLAS
PHOTOS COURTESY OF
DON EDWARDS WILDLIFE REFUGE

Standing on top of a hill at Don Edwards Refuge on the edge of San Francisco Bay, you can see for miles. Below lay peaceful meandering estuaries, and to the north stand the gently rolling Coyote Hills. Birds of all types fly past while the wind whips the salt air across the landscape. Though much has changed, it is

not hard to imagine what this was like a century or two ago.

Today, Don Edwards San Francisco Bay National Wildlife Refuge, part of a larger complex that includes wildlife refuges from the Farallon Islands down to the Salinas River, is home to endangered species such as the salt marsh harvest mouse and western snowy plover. Reptiles, mammals, and amphibians thrive in the 30,000-acre urban oasis. Ongoing monitoring of the

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Reducing the Risk of Cancer Recurrence

If you or a loved one has experienced cancer, you may be concerned about the potential for a recurrence. Is there anything you can do to reduce that risk?

David Lee, MD,
hematologist-oncologist and
medical co-director of the UCSF -
Washington Cancer Center, will

answer this question at a free seminar sponsored by Washington Hospital on Tuesday, September 19, from 6 to 8 p.m. in the Conrad E. Anderson, MD, Auditorium, in the Washington West building at 2500 Mowry Ave.

Evidence suggests that lifestyle changes can influence the health outcomes after cancer treatment,

according to Dr. Lee. "First and foremost, we recommend commonsense lifestyle changes to our patients, such as healthy eating, exercise and smoking cessation," he says.

Early detection is vital for successful treatment and preventing the spread of the disease. In fact, there are recent

advances in research and technology that help with early detection. “The research and technology advances are critical; we rely on advanced technical screenings to help identify cancer early in its development,” explains Dr. Lee.

He notes that some advances in screening, such as stool sample tests for colon cancer, are more easily tolerated than a colonoscopy. However, if that test shows abnormalities, a patient will still need a colonoscopy or flexible sigmoidoscopy. A colonoscopy examines the entire large intestine, while a sigmoidoscopy is a partial exam that only covers the lower part of the colon.

Immunotherapy, a relatively new method, is another important tool for treating cancer. “Immunotherapy harnesses a patient’s immune system to help it attack and fight off cancer cells,” Dr. Lee explains. “It’s similar to the way our immune systems fight off a cold,” he continues. “This targeted therapy recognizes a particular pathway of cancer cell growth and attempts to inactivate it—and it works on many types of

cancer." The good news is that technological advances are occurring rapidly. "The speed at which change occurs is faster in oncology than in other fields," he points out.

Dr. Lee explains that the UCSF - Washington Hospital affiliation benefits oncology patients in many ways. "Our partnership with UCSF enables us to expand the level of care within our community," he says. "Because we coordinate with UCSF, we can more easily facilitate treatment and care for our oncology patients. For example, if patients need a special surgery or type of treatment, we can refer them to UCSF where they have access to the latest cancer research, technology and treatment."

Dr. Lee believes the best part about his work as an oncologist is being able to spend a lot of time with his patients and their families. "Having the traditional doctor-patient relationship is very gratifying," he says.

To reserve your spot for Dr. Lee's free presentation, go online to www.whhs.com, Events page, or call (800) 963-7070.



Cancer survivors will learn strategies to reduce the chance of recurrence at seminar presented by hematologist-oncologist, David Lee, MD.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



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The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	8/8/17	8/9/17	8/10/17	8/11/17	8/12/17	8/13/17	8/14/17
12:00 PM 12:00 AM	Colon Cancer: Prevention & Treatment	Preventive Health Care Screening for Adults	Voices InHealth: Washington's Community Cancer Program	Preventive Health Care Screening for Adults	New Treatment Options for Chronic Sinusitis	Preventive Health Care Screening for Adults	Obesity: Understand the Causes, Consequences & Prevention
12:30 PM 12:30 AM	Your Concerns InHealth: Senior Scam Prevention		Latest Treatments for Cerebral Aneurysms		Sports Medicine Program: Why Does My Shoulder Hurt?		Good Fats vs. Bad Fats
1:00 PM 1:00 AM		Federal Health Policy Outlook		Voices InHealth: The Legacy Strength Training System	Respiratory Health	Your Concerns InHealth: Sun Protection	
1:30 PM 1:30 AM	Keys to Healthy Eyes		Washington Township Health Care District Board Meeting July 12, 2017	Raising Awareness About Stroke			Voices InHealth: Radiation Safety
2:00 PM 2:00 AM		Community Based Senior Supportive Services			Minimally Invasive Surgery for Lower Back Disorders	Washington Township Health Care District Board Meeting July 12, 2017	
2:30 PM 2:30 AM	Get Back On Your Feet: New Treatment Options for Ankle Conditions		Diabetes Matters: Gastroparesis	Pain When You Walk? It Could Be PVD	Diabetes Matters: Gastroparesis		Cough and Pneumonia: When to See a Doctor
3:00 PM 3:00 AM	Family Caregiver Series: Loss, Grief & Recovery	The Patient's Playbook Community Forum: Getting to the No-Mistake Zone				Deep Venous Thrombosi	
3:30 PM 3:30 AM			Strengthen Your Back	Superbugs: Are We Winning the Germ War?	Heart Health: What You Need to Kno		Washington Township Health Care District Board Meeting July 12, 2017
4:00 PM 4:00 AM	Diabetes Matters: Managing Time with Diabetes	Keeping Your Heart on the Right Beat	Shingles			Palliative Care Series: Palliative Care Demystified	
4:30 PM 4:30 AM	Family Caregiver Series: Loss, Grief & Recovery			From One Second to the Next	Prostate Cancer: What You Need to Know		Washington Township Health Care District Board Meeting July 12, 2017
5:00 PM 5:00 AM	Shingles	Understanding Mental Health Disorders	Urinary Incontinence in Women: What You Need to Know			Symptoms of Thyroid Problems	
5:30 PM 5:30 AM				Washington Township Health Care District Board Meeting July 12, 2017	Nerve Compression Disorders of the Arm		Do You Suffer From Anxiety or Depression?
6:00 PM 6:00 AM	The Weigh to Success	Sports Medicine Program: Nutrition & Athletic Performance	Mindful Healing			Get Your Child's Plate in Shape	
6:30 PM 6:30 AM				Strengthen Your Back! Learn to Improve Your Back Fitness	Voices InHealth: New Surgical Options for Breast Cancer Treatment		Learn the Latest Treatment Options for GERD
7:00 PM 7:00 AM	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Learn the Latest Treatment Options for GERD			Knee Pain & Arthritis	
7:30 PM 7:30 AM				The Real Impact of Hearing Loss & the Latest Options for Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment		Learn the Latest Treatment Options for GERD
8:00 PM 8:00 AM	The Real Impact of Hearing Loss & the Latest Options for Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Learn the Latest Treatment Options for GERD			Knee Pain & Arthritis	
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9:00 PM 9:00 AM	The Real Impact of Hearing Loss & the Latest Options for Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Learn the Latest Treatment Options for GERD			Knee Pain & Arthritis	
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10:30 PM 10:30 AM				The Real Impact of Hearing Loss & the Latest Options for Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment		Learn the Latest Treatment Options for GERD
11:00 PM 11:00 AM	The Real Impact of Hearing Loss & the Latest Options for Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Learn the Latest Treatment Options for GERD			Knee Pain & Arthritis	
11:30 PM 11:30 AM				The Real Impact of Hearing Loss & the Latest Options for Treatment	Voices InHealth: New Surgical Options for Breast Cancer Treatment		Learn the Latest Treatment Options for GERD

Vitamins and Supplements

When Are They Good For You?

For many years, general wisdom has been: take a daily vitamin and perhaps a supplement or two to put you on the road to good health.

Times have changed, however. Vitamins and supplements aren't always good for you, and often can cause harm, especially if taken in large doses, according to Dr. Victoria Leiphart, a Washington Township Medical Foundation gynecologist and lifestyle medicine physician.

Dr. Leiphart will discuss why we should be cautious about taking vitamins and supplements at a free public seminar on Thursday, September 28, in the Conrad E. Anderson, MD, Auditorium, Rooms A & B, Washington West, 2500 Mowry Ave., in Fremont.

The free program titled "Vitamins and Supplements: How Useful Are They?" will be held from 6 to 8 p.m. Attendance is limited, so please call (800) 963-7070 to register for the program and for additional information.

For many years, vitamins and many supplements were considered healthy and individuals were encouraged to use them, Dr. Leiphart says. "But more recent research shows that most have no effect on our health and some vitamins and supplements can be quite harmful." A key consideration is the dosage,

Dr. Leiphart explains. "In the general population, a regular multivitamin each day isn't harmful, but we have no indication that there is any benefit either."

The best way to get the vitamins, minerals and other supplements your body needs is to eat fruits and vegetables on a regular basis, Dr. Leiphart says. Fruits and vegetables are packed with the nutrients you need to stay healthy. "A tomato is greater than the sum of its parts," Dr. Leiphart explains.

Your body absorbs the vitamins, minerals, fiber and other essential nutrients in fruits and vegetables much more effectively than it does from a vitamin. Research has shown that individuals who rely on fruits and vegetables for nutrients have higher levels of antioxidants than individuals who rely on vitamin pills and supplements.

Vitamin supplements are necessary in some specific cases, she explains. "For example, pregnant women should take folic acid supplements to prevent neural tube defects (NTDs) – serious birth defects of the spinal cord (such as spina bifida) and the brain (such as anencephaly).

Vitamin D supplements can be helpful to older women in preventing bone fractures and women taking vitamin D have been shown to be less likely to

have falls which can cause fractures. Vegans need vitamin B12 supplements to balance out their nutritional needs. Individuals on dialysis or those with food absorption issues, such as gastric bypass patients, also need vitamin supplements.

On the other hand, excessive doses of beta carotene (vitamin A) have been shown to increase lung cancer in smokers and high doses of vitamin E have been connected to heart failure. And, Dr. Leiphart says, contrary to popular opinion, no data exists to show that high doses of vitamin D reduce cancer, even in women who have cancer.

Megadoses of vitamins can be harmful and research has shown megadoses of vitamin E can result in a higher mortality rate. Excessive calcium supplements can cause kidney stones. The most common supplements are fish oil, glucosamine and chondroitin, but studies have yet to prove specific effectiveness of these supplements.

A major problem with vitamins and supplements is that they are not regulated by the Federal Drug Administration and, thus, don't meet the same safety and effectiveness standards as prescription drugs. "In the European Union, all supplements and herbal medicines are required to meet the same standards as prescription medicines," Dr. Leiphart says.



Choosing dietary supplements can be confusing. Dr. Victoria Leiphart offers free seminar to answer your questions.

In Germany, 65 percent of Germans use herbal or other supplements and 80 percent of physicians — who are trained extensively on how to use these drugs — use supplements to treat patients. Unfortunately, the same standard for safety and effectiveness is not required in the United States so herbal medicines and supplements often can be unsafe.

Furthermore, traditional herbal medicines can interact with other prescription drugs, reducing the effectiveness of the prescription drugs. St. John's wort, for example, can change the

effectiveness of birth control pills. Ginkgo biloba can prolong bleeding.

"It is important to understand the effectiveness of any medicine you take, including vitamins and supplements that have been considered safe and effective for many years," Dr. Leiphart adds. "Each year we learn more about what works best in our bodies and, to date, nothing compares to eating getting nutrients from fresh food — fruits and vegetables."



Changes in Medication Drop-off Program at Washington Hospital

New medication drop-off regulations mean changes in Washington Hospital's medication drop-off program. Effective immediately, all Washington Hospital medication drop-off locations are closed. This includes the medication drop-off location in the Hospital main lobby, Washington West Community Health Resource Library, the Nakamura Clinic in Union City, the Newark Clinic and the Warm Springs Clinic.

In late August, Washington Hospital will be opening a medication drop-off location only in the Hospital main lobby (2000 Mowry Ave.). Until this medication drop-off location opens, alternate local medication drop-off sites can be found on the Alameda County MEDs Project program website: <http://www.med-project.org/locations/alameda>.

We apologize for any inconvenience caused by the change.



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Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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continued from page 1

GPS helps racers explore Don Edwards Refuge



habitat means that endangered and non-endangered species can enjoy relative protection as ongoing restoration projects continue. Situated under the Pacific Flyway, the major West Coast migration route stretching from Alaska to Patagonia, as many as 280 different birds can be sighted living in or passing through the refuge throughout the year.

Dedicated staff at Don Edwards provide several environmental education and interpretive programs. Other types of wildlife-oriented programming are also offered and designed to encourage individuals to learn and appreciate the natural environment in which they live.

One way the public can learn more about Don Edwards and have some great family fun at the same time is the upcoming "Amazing Refuge Race." Armed with GPS units, you and your team will race against other teams, attempting to complete required tasks first. Teams will be given a set of coordinates, which they must try to locate using a GPS unit. Once at that location, teams must work together to complete the task. When that task is completed, teams will receive the next set of coordinates. Those who complete all tasks and arrive at the finish first, win!

REI is providing prizes, but what they are is to be announced. "Last year," says Outdoor Recreation Planner Carmen Minch, "They gave us backpacks," but participants will just have to be surprised. "It's sure to be outdoorsy stuff."

Last year 60 registrants signed up, but Minch is hoping to double that number this year. "This is our eighth year," she says, "and it's still a great way to get out of the house and do something fun as a team or family and learn something about the refuge as well."

When the race first started, GPS technology was still filtering into the hands of enthusiasts, although the real change came in 2000 when the federal government made policy changes that allowed civilians to access the nearly pinpoint potential of GPS navigation. Following that change, the geocaching craze was launched. Suddenly, across the U.S., and even globally, people were hiding caches and logbooks, challenging friends and strangers to find the caches and report their findings online. Today there are more than

two million caches worldwide with nearly 6,000 registered in and around the East Bay.

Riding the popularity of the geocaching craze, the Refuge Race began in 2009 (one year was skipped) as a way of "blending technology with the refuge's mission to educate the public."

At the end of the race, REI will have an outdoor lounge set up for finishers to relax and trade stories. Racers should bring their own water and snacks.

You may register up to five people for your team. There is minimum of two people per team, but the refuge may place individuals on teams containing fewer than five people to ensure maximum participation. To make things fair (and more fun), everyone on the team should expect to participate. This year, finishing times will be recorded so future finishers can compare their results with this year's winner.

Don't have a GPS unit? At 10 a.m. you can borrow one from the refuge and learn how to enter and locate coordinates. There are a limited number of units to practice on.

Participants who want to get more involved with the refuge are in good company. More than 42,000 people volunteer their time and ideas each year to the U.S. Fish and Wildlife Service. Whether they work on the land, in a visitor center, or with youth, they contribute to the conservation mission that reaches back more than a century. Race day could be a great opportunity to become a volunteer or Refuge Friend and contribute your strengths on behalf of wildlife.

Participation in the Amazing Refuge Race is free but registration is required by August 17. Go to www.eventbrite.com/e/the-amazing-refuge-race-registration-34695305593 to register.

Amazing Refuge Race
Saturday, Aug 19
10:00 a.m.: GPS training
10:30 a.m.: Race starts
(approximately 90 minutes)

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Strategies for older workers in the workplace

BY ANNE CHAN, Ph.D., MFT

Question:What do General Mills, Twitter, and Hewlett Packard have in common?

Answer:All three have been (or are being) sued for age discrimination.

These three companies are not alone; numerous lawsuits have been filed against many big-name companies. Since 2012, over 90 age discrimination lawsuits have been filed against a dozen Silicon Valley companies, including Apple, Facebook, Google, and Cisco Systems. These lawsuits point to a disturbing, but perhaps not surprising, phenomenon in high tech. After all, the average age of employees in companies like Facebook and Google is 30.

State and federal laws protect older workers in several ways: employers cannot hire a younger candidate over a more qualified older one, nor can they deny benefits to younger workers. The good news is that there are strong laws on your side if you are 40 years and older. The bad news is that these laws are difficult to enforce and are easily ignored.

So what is an older worker to do?

First, it's important to know what you might be up against. My advice would be to be aware of stereotypes about older workers and be proactive in proving that you do not fit these

stereotypes. Last month, I highlighted stereotypes about older workers that may be on the minds of interviewers and supervisors (<http://www.tricityvoice.com/articlefiledisplay.php?issue=2017-07-11&file=Chan-Column+515TS+++TCV.txt>). These stereotypes are unfair and untrue, but they might be influencing the people controlling your future.

Make a list of these negative stereotypes and note the many ways in which you differ from these stereotypes. Whether you are looking for a job or are employed, be sure to highlight these positive attributes and skills. For example, there is a perception that older people are not tech savvy or are uncomfortable with technology. You can combat this stereotype by highlighting your tech knowledge and skills, both in your resume and during the interview.

You might also be dealing with a perception that you are overqualified. There are several things you can do in this situation. First, review your resume and include only the most recent ten to fifteen years of your employment history. Second, be sure to target your resume to the job you are applying for. This is especially important if you are taking a step down. For instance, say you used to be a manager, but now you want to be in a non-managerial position. Be sure to remove and de-emphasize

Counseling Corner

Anne Chan is a career counselor and licensed psychotherapist in Union City. She helps people find happiness and meaning in their work and lives. She can be reached at annechantcv@gmail.com

all your previous managerial responsibilities. Instead, highlight skills and experience relevant to the non-manager job you are applying to. At the interview, be prepared to explain (with enthusiasm and confidence) why you are seeking a non-manager position.

Last, but certainly not least, be sure to play to your strengths whenever you are crafting your resume, interviewing, or handling a work situation. Make an inventory of the tangible and intangible skills, qualities, and experiences that make you a standout employee. Have you been exceptionally loyal to your previous employers? Have you always been on time? Have you completed impossible projects? Are you known for your positivity? Do not short-sell yourself. I invite you to ask your friends and trusted colleagues to help you in this exercise.

There are plenty of negative stereotypes about older workers, but YOU don't have to accept or believe these stereotypes. Create a new definition of what it means to be over 40. Start with Betty Friedan's thought that "Aging is not lost youth but a new stage of opportunity and strength."

Kiwanis speakers focus on kids, healthcare

SUBMITTED BY SHIRLEY SISK

The Kiwanis Club of Fremont has scheduled two fascinating speakers for its final August meetings.

On Tuesday, August 15 Margaret Thornberry, President of the Fremont Cultural Arts Council, will discuss the Council's program, Passport to World Arts for Children. The program is presented in partnership with INDUZ and the Fremont Main Library. 'Passport' is a summer Friday afternoon program where children are given a 'passport' with a stamp along with a geography lesson about a particular country or area, as well as materials to create their own art in the style of the country on their stamp.

On August 22 at 6:30 pm, Pat Danielson, Registered Health Information Technician and Washington Hospital Healthcare System Director, will update attendees on the new Critical Care Pavilion under construction and the new services it will offer our community.

Kiwanis meetings are held at The Doubletree by Hilton in Newark on the first and third Tuesday

mornings at 7:00 a.m. for breakfast, and the second and fourth Tuesdays for dinner at 6:30 pm. Come learn more about Kiwanis and our many services to the community! Enjoy our informative speakers and meet people who enjoy getting involved and making difference. Check out our website, kiwanisfremont.org.

Margaret Thornberry – Passport Program
Tuesday, August 15
7 a.m.

Pat Danielson – Critical Care Pavilion
Tuesday, Aug 22
6:30 p.m.

Doubletree Hotel
39900 Balentine Dr, Newark
For more information, call Shirley Sisk at (510) 793-5683
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SUBMITTED BY UNION CITY COMMUNITY
& RECREATION

A colorful cavalcade of custom and vintage cars, trucks and hot rods from the 1920s through the 1970s will soon be rolling into Union City at the Fifth Annual Larry-O Car Show.

The family-friendly event is named in honor of longtime Union City resident and Recreation Department supervisor Larry Orozco who was instrumental in bringing a car show to the city. Special guest at this year's show will be Union City Mayor Carol Dutra-Vernaci.

Cars will be on display from 9 a.m. to 3 p.m. Saturday, Aug. 12 at the Ruggieri Senior Center, 33997 Alvarado Niles Road. Traditional favorites at previous shows will be back including restored Model A and Model T classics and custom motorcycles. Although the emphasis is on vintage and classic cars, some newer vehicles also will be on display. All cars in the show belong to local residents who registered to show off their classic vehicles.

Also on tap throughout the day will be a model car display, custom bicycle show and a fund-raising barbecue. Entertainment will include oldies music and a rockabilly performance by Billy London & the Lucky Dice. For children, there will be a bounce house and face painting activities. Admission is free to all events.

It's not too late to add new cars into the mix. Registrations are still being accepted from anyone who would like to enter their new or classic cars into the show. Pre-registration cost is \$25 per vehicle, or \$30 the day of the event. Call (510) 675-5495 for details.

5th Annual Larry-O Car Show
Saturday, Aug. 12
9 a.m. – 3 p.m.
Ruggieri Senior Center
33997 Alvarado Niles Road, Union City
(510) 675-5495
Admission: Free

Saving lives and
celebrating life

The American Cancer Society is on a mission: to save lives and celebrate life. Every single day. They are aided in this goal by communities around the world who take part in the world's largest volunteer-based fundraising event – Relay For Life.

Relay is a powerful tool, a time when stranger and friends band together, forming teams and donning purple to strike back at cancer. Teams gather at local schools or parks for up to 24 hours to walk or run around a track to raise money for cancer research. After an Opening Ceremony, cancer survivors take the first lap of the day, followed by a Caregivers Lap. Teams have a member on the track at all times to show that cancer never sleeps.

When dark falls, the Luminaria Ceremony is held, candles lighting personalized bags that represent a loved one lost to cancer, those currently fighting the disease, and honors the survivors who

have overcome. This ceremony is an opportunity to grieve, but also symbolizes hope and perseverance, with an eye to a cancer-free future.

Food, games, and activities are also part of the event, with plenty of fun opportunities to take part and donate to the cause.

Join Relay For Life and your local community to support the fight against our biggest health threat.

To learn more or register, visit <http://relay.acsevents.org>. Learn more about the American Cancer Society at www.cancer.org.

Relay San Lorenzo
Saturday, Aug 12
9 a.m.
Arroyo High School
15701 Lorenzo Ave, San Lorenzo
(510) 993-8536
jessi.norris@cancer.org



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SIR Branch 59 Presents

The Fremont/Newark/Union City Branch 59 of SIR – Sons In Retirement – holds monthly luncheon meetings featuring guest speakers and, twice annual, "sweetheart luncheons" when wives, daughters or significant others are invited.

The next meeting will be held on Wednesday August 30th, at the Fremont Elks' Lodge #2121, located at 38991 Farwell Drive in Fremont. With the exception of this month, meetings will be the third WEDNESDAY of the month.

This month's speaker is Alan Anderson who brings nearly 20 years of fundraising and marketing experience to his work as Director of Development at Shriners Hospitals for Children Northern California. Prior to joining Shriners Hospitals, Anderson managed the Children's Miracle Network program for the University of California, Davis and served as the major gifts officer for the UC Davis Children's Hospital. With two children of his own, Anderson has long been an advocate for children. He is a member of the board of the Davis Schools Foundation. In his free time, Anderson can be found emceeing at athletic and fundraising events that benefit children's causes.

Fremont/Newark/Union City Branch 59 of SIR! Socializing is from 11:00am to 12:00pm, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00pm with branch announcements, birthday wishes, a sing-a-long, and lunch, followed by an interesting and entertaining guest speaker. Meetings usually end about 1:30pm.

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

SIR Branch 59 welcomes new members. Visit the website at www.sirbranch59.org or call Ron Brutvan at (510) 794-4019 or email sirbranch59@gmail.com for more information. Do it today!

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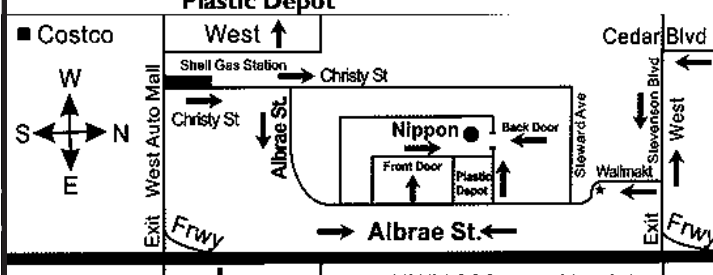
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BUSINESS

Wells Fargo faces lawsuits over car insurance practice

BY KEN SWEET
AP BUSINESS WRITER

(AP) – At least three lawsuits have been filed against Wells Fargo from customers who say they were hurt by the bank's latest scandal, involving how it operated its auto lending business.

In Washington, D.C., some politicians still angry at Wells Fargo over the sales practices scandal from last year are calling for Congressional investigations. And an influential banking regulator is demanding copies of the bank's loan contracts with borrowers.

Wells Fargo admitted last week that roughly 570,000 customers were signed up for car insurance that they did not need. Many couldn't afford both the car payment and the extra insurance, which made them fall behind in payments. In about 20,000 cases, cars were repossessed.

The bank has already agreed to pay \$80 million in the form of refunds and account adjustments to customers who were affected, with checks starting to go out this month.

Two of the lawsuits were filed in the Northern District of California and one was filed

Southern District of New York. One said the bank's "abusive" practices caused "significant stress, hardship and financial losses" for customers.

Separately, the New York Department of Financial Services, a banking regulator that tends to play an outsized role in oversight of the industry due to the number of banks based in New York, sent a subpoena to Wells Fargo demanding copies of loan contracts with borrowers, agreements with its dealer network, and any outside vendors who may have played a role.

Wells Fargo is one of the nation's largest auto loan companies, working with a network of 14,000 dealerships across the country. Most people who get a Wells Fargo car loan did not go shopping specifically for a loan from that bank, but got it after applying for financing once a car or truck was picked out.

Like most auto loan companies, Wells Fargo required borrowers to have comprehensive and collision insurance. If they didn't have comprehensive coverage, Wells would purchase it for the customer and charge them for it.

Wells acknowledged its systems signed up customers who already had insurance. Worse, thousands of customers were unable to afford the insurance

that some did not realize had been added to what they owed, and that “may have contributed to a default that led to their vehicle’s repossession,” the bank said.

"We are very sorry for the inconvenience this caused impacted customers and we are in the process of notifying them and making things right," said Wells Fargo spokeswoman Catherine Pulley. The bank declined to comment on the specific lawsuits filed against it.

Politicians are also angry with Wells, with Democrats both in the House and the Senate calling for a Congressional investigation. The bank had faced bipartisan outrage after admitting last fall that employees opened as many as 2 million accounts without getting customers' permission to meet sales targets. It paid \$185 million to regulators and settled a class-action suit for \$142 million.

Seven Senate Democrats on the Senate Banking Committee sent a letter to Wells Fargo, saying they “were extremely concerned to learn last week of the latest in a seemingly endless chronicle of Wells Fargo’s fraudulent practices and widespread misconduct.”

They called it “eerily familiar” to last year’s sales practices scandal.

New steakhouse restaurant opening in Fremont

**SUBMITTED BY
PACIFIC COMMONS**

Diners in Fremont will soon have another choice in steak and casual dining options when Prime 109 Steak & Libation House opens its doors at Pacific Commons shopping center.

Filling the 5,714 square-foot space vacated last year by Bennigan's restaurant, Prime 109 features a menu full of quality meats, fresh seafood and tapas-style items along with beverages and hand-crafted cocktails. "The casual environment of Prime 109 Steak & Libation House offers our customers a unique steakhouse experience with a classy style of service," said Heath McCue, Marketing Director, Pacific Commons.



“This contemporary food and libations restaurant will capture the attention of our shoppers and the community.”

The restaurant will open Wednesday, Aug. 9

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Many banks
shy away
from legal
pot business

BY MICHAEL R. BLOOD
ASSOCIATED PRESS

(AP), Billions of dollars are expected to flow through California's legitimate marijuana industry next year when recreational pot becomes legal, but most of those businesses won't be able to use banks.

The reason: Many banks don't want anything to do with pot money for fear it could expose them to legal trouble from the federal government, which still lists marijuana as illegal — and regulates the banking industry. There is uncertainty over how the Trump administration will react.

Because of those fears, pot dispensary operators in the 29 states where the drug is legal, either for medical or recreational purposes, often find themselves nervously handling obscene amounts of cash.

During the Obama administration, the Justice Department issued guidelines to help banks avoid

federal prosecution when dealing with pot businesses in states where the drug is legal. But most banks don't see those rules as a shield against charges that could include aiding drug trafficking. And they say the rules are difficult to follow, in effect placing the burden on banks to determine if a pot business is operating within the law.

For example, the Justice Department wants to make sure pot profits in states where marijuana is legal are not being funneled to gangs or cartels. Banks are unsure how to make such a determination. The number of banks and credit unions willing to handle pot money is growing, but they still represent only a tiny fraction of the industry.

Colorado tried in 2015 to set up a credit union to serve the marijuana industry but was blocked by the Federal Reserve. A court ruling last month could open the door for another attempt. Elsewhere around the country, the Oregon Department of Revenue built a fortress-like office for dropping off and counting cash.

Some pot businesses have tried to open bank accounts by setting up management companies or nonprofit organizations with ambiguous names - in other words, by misleading the banks. But those accounts can be shut down if a bank realizes where the money is coming from.

"It is not normal for people to walk around with millions of dollars of cash. We have to deal with this reality," lamented Los Angeles City Council President Herb Wesson, who has proposed creating a municipal bank that would serve cannabis businesses.

Shape Our Fremont

Questions about new housing developments

Why does Fremont allow so many new housing developments, and why are some of the developments so dense? How are residents notified about new developments, and who can they contact with questions or concerns? How does the City deal with the impacts on traffic, schools, water, and other concerns? Who makes the final decisions on developments, and how can residents affect those decisions?

These are all good questions. Here are some answers to provide a general overview.

Housing and Density

The Fremont General Plan defines the allowable land uses within the City. These include land designated for use as residential, commercial, industrial, public facilities, and open space. The current General Plan was adopted in December 2011 and is intended to guide developments in Fremont through 2025 or 2030.

For residential uses, the General Plan also specifies the density, as measured by the allowable number of dwelling units per net acre, or du/ac, for each site. For example, most one- and two-story, single-family houses are in the 2.3 to 8.7 du/ac range. On the other end of the scale, the density of some multi-story, multi-family apartments or condominiums can be 30.0 to 70.0 du/ac, depending on the location.

Notification and Contacts

Shape Our Fremont maintains a website with information about all recent active, approved, and disapproved residential development proposals with

details about the number of units, number of stories, amount of parking, and other issues (see ShapeOurFremont.com).

Once a proposed development is submitted to the City as a Formal Application, a large Courtesy Notice sign should be posted on the affected property. The developer may also hold one or more community meetings to present the proposal to residents and listen to comments.

For every new development, the City assigns a Planning Department staff member who will coordinate activities between the developer, city staff, and the general public. This is the best person for residents to contact with questions, comments, and concerns. The sooner in the process residents express their feelings or ask for changes, the sooner the City can respond. Planning Department contact information for each new residential development appears on the Shape Our Fremont website.

Impacts

Most large new construction projects are subject to an Initial Study, which determines the types and severity of impacts on the environment. In some cases, a more detailed Environmental Impact Report is required. Based on the findings, the developer may be required to take certain actions to mitigate the impacts.

All new projects are also subject to City ordinances regarding the building size, as well as certain limitations, guide rules, and guidelines regarding the impacts of the project on the privacy and solar rights of adjacent properties.

And finally, the developers of all residential projects must pay the City certain fees to cover the impacts of the project on police, fire, traffic, parks, and other city services. Developers must also provide a certain amount of affordable housing or pay an in-lieu fee to the City, which can

then use it to help finance affordable housing elsewhere. The City also collects impact fees for schools and water and passes them on to the school district and water district respectively.

Decisions

Decisions for small residential projects that follow the General Plan and meet all the zoning requirements are made by the Zoning Administrator, who is a senior member of the Fremont Planning Department. If a project is approved, it does not go to the Planning Commission or City Council unless it is appealed.

Decisions for larger residential projects that follow the General Plan, but have some variations to the zoning requirements, are made by the Planning Commission. If a project meets the above requirements and is approved, it does not go to the City Council unless it is appealed.

Decisions for residential projects that request a General Plan Amendment, or a Master Plan, or a significant zoning change such as a Planned District are made by the City Council. These projects are first reviewed by the Planning Commission, who make a recommendation to the City Council.

All Zoning Administrator, Planning Commission, and City Council meetings are open to the public. All residents within 300 feet of the proposed development site are mailed notices in advance of the meetings. The meeting dates and the specific developments on the agenda for each meeting are also announced in the Tri-City Voice Public Notice section. Members of the public may attend the meetings and make comments or express concerns about any development on the agenda.

For more answers to questions regarding new housing developments, see the [Process and Issues](#) pages at www.ShapeOurFremont.com

Backpacks and school supplies sought

SUBMITTED BY
ROSE PADILLA JOHNSON

With the first day of school rapidly approaching in many districts, many families are busy buying school supplies, clothing, shoes and accessories to make sure students are ready for their first day back at school.

However, for low-income families, getting enough supplies can be a challenge. That's where Davis Street Family Resource Center in San Leandro hopes to help. The center is asking the public to help them collect new

backpacks, sneaker shoes and school supplies for distribution to more than 300 local children in need.

In addition to backpacks and sneakers of all sizes, Davis Street is also asking for donations of school supplies. Among supplies most needed are:

- Pens/pencils
- Colored pencils
- Crayons/markers
- Composition books
- Folders
- Highlighters
- Erasers
- Note cards

- Ruled paper
- Glue sticks
- Scissors

The Backpack and Shoe Drive and school supply donation program continues through Saturday, Aug. 12. Davis Street is at 3081 Teagarden St., San Leandro.

For details about donating items, call Kristal Gonzalez at (510) 347-4620 or send an email to kgonzalez@davisstreet.org. Information about other Davis Street programs is available on their website at www.davisstreet.org.

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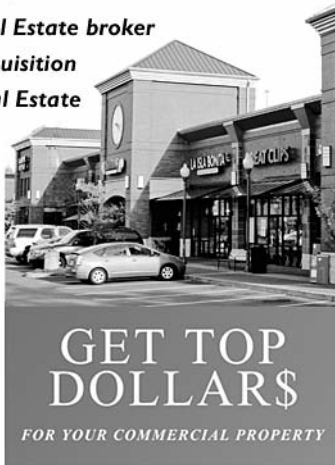
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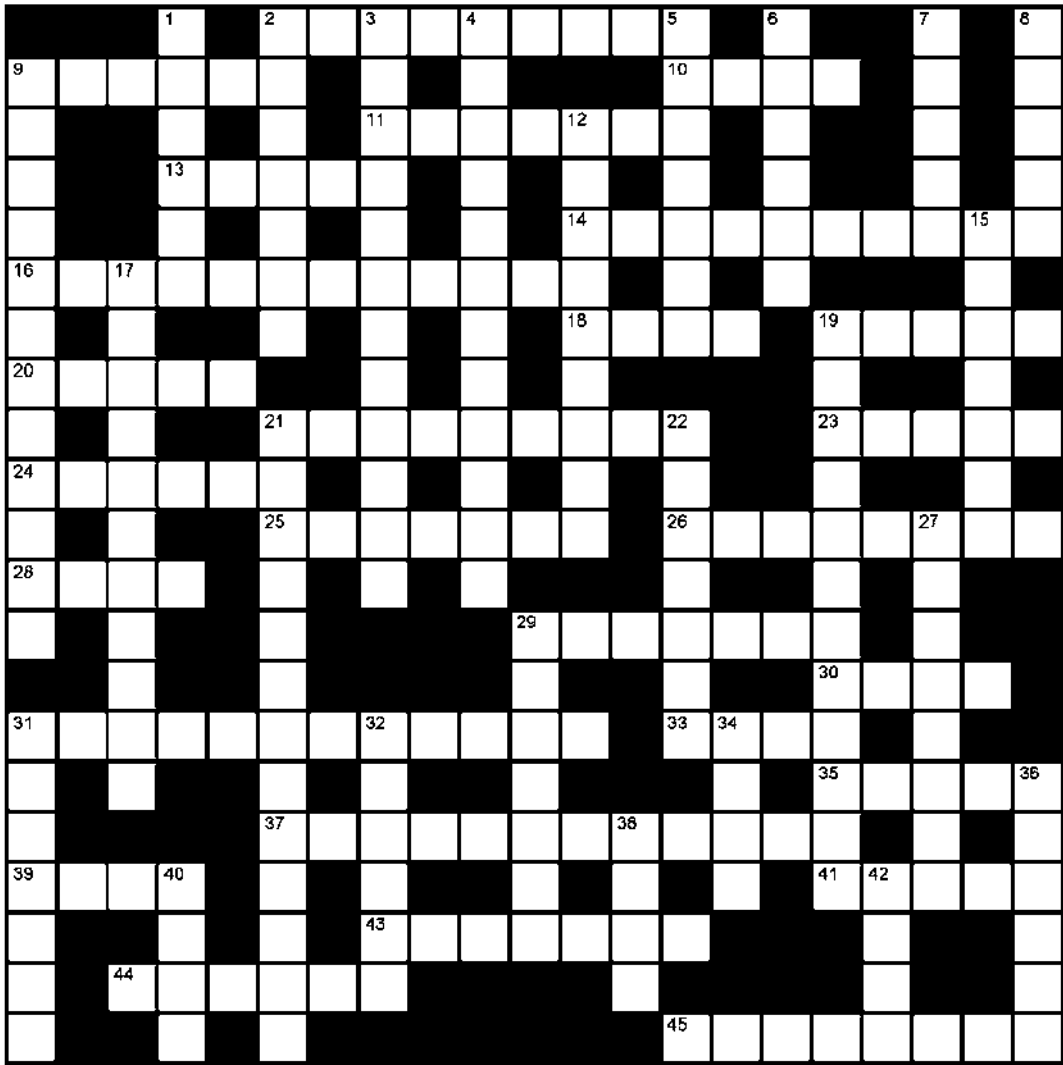
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B 380161

Across

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- 9 Poem part (6)
- 10 "___ bitten, twice shy" (4)
- 11 Up and _____ (7)
- 13 British Commonwealth member (5)
- 14 Calls up (10)
- 16 Smarts (12)
- 18 Barely beat, with "out" (4)
- 19 The "N" of U.S.N.A. (5)
- 20 Candidate's concern (5)
- 21 Government branch (9)
- 23 Call on (5)
- 24 Squeaks, rattles, e.g. (6)
- 25 In all respects (7)
- 26 Typewriter part (8)
- 28 Bet (4)
- 29 _____ Leyland (7)
- 30 20-20, e.g. (4)

- 31 Girls' school chief (12)
- 33 Essence (4)
- 35 Bend (5)
- 37 Central offices (12)
- 39 Alternative to acrylics (4)
- 41 Class (5)
- 43 Tied up (7)
- 44 Articulation points (6)
- 45 Cantankerous (8)

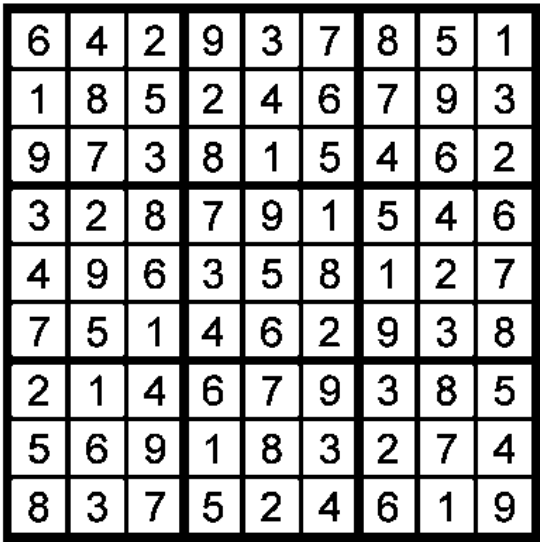
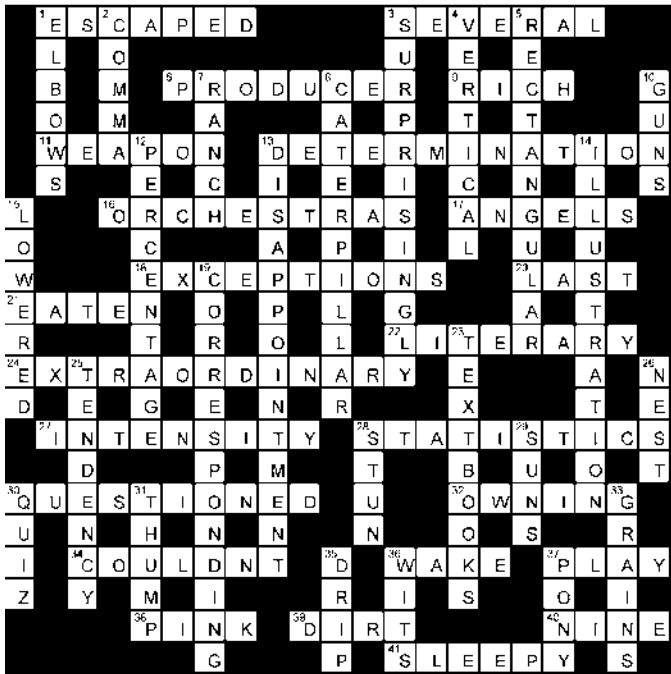
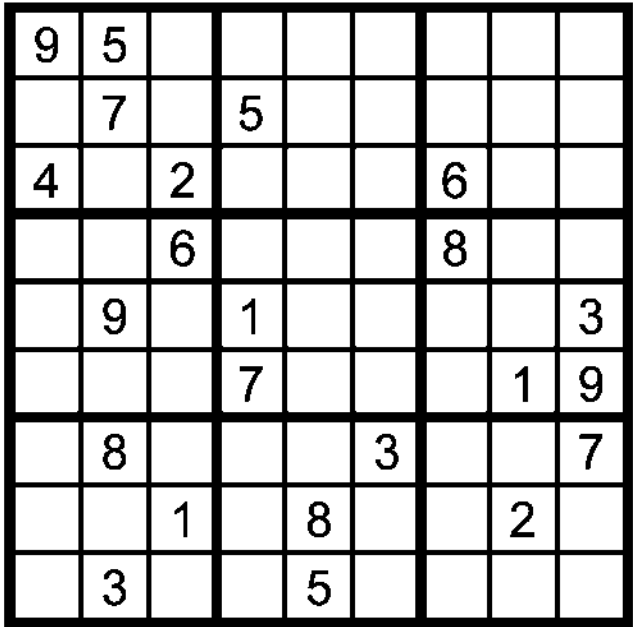
Down

- 1 Dissimilar (6)
- 2 Biblical footwear (7)
- 3 Vase contents, often (12)
- 4 Without stopping (12)
- 5 Ocean eyewear (7)
- 6 Absorb (6)
- 7 Big in _____ (by Cheap Trick) (5)
- 8 Recreational areas (5)

- 9 Adequately (12)
- 12 Depth, as in color (9)
- 15 Pencil activity (7)
- 17 According to the usual rules (11)
- 19 Despite that... (12)
- 21 Act of setting up a business (13)
- 22 Riles up (7)
- 27 Christmas bicycle requirement (8)
- 29 Dog treat (7)
- 31 Perils of Penelope star, e.g. (7)
- 32 Railyard sight (6)
- 34 Beasts of burden (4)
- 36 A tabloid, often (6)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



- 38 Bassoon, e.g. (4)
- 40 Falling flakes (4)
- 42 Double (4)

Tri-City Stargazer FOR WEEK: AUGUST 9 - AUGUST 15

For All Signs: Guess what? Mercury turns retrograde once again on Saturday, August 12. During this upcoming week we may encounter obstacles and holes in previously made plans. Delays and revisions of schedule are likely with lots of “hurry up and wait.” The solution for most of the issues encountered will be waiting for a time and maintaining a sense of humor. Remember the message of Mercury retrograde: The rhythm of life is supposed to slow down while we reevaluate intentions. Reflection on the past is appropriate

now and may offer advice or solutions for present confusion. Given that August is an eclipse season as well, lack of order will be the name of the game. Creating a U.S. budget will be a really challenging project. Mercury is in the sign of healthcare. The fact that it is retrograding suggests “going back” to the former plan rather than initiating a new one.

Aries the Ram (March 21-April 20): Uranus, the god of change and surprise, turns retrograde in your sign this week. This suggests that you may be backing away from a previous direction, opting out instead of opting in. This planet of individuation has one more year of traveling with you before it changes signs. If you are headed for a significant change in life direction, you will probably accomplish it next spring.

Taurus the Bull (April 21-May 20): Don't allow fear and pessimism to interfere with your pleasure in life. If something is nagging at you, take a clear and direct look at it. Is there really anything there, or have you invented your own worry? The blues may be your companion for a couple of days over the weekend, but the cloudy time is short.

Gemini the Twins (May 21-June 20): An issue has arisen that brings forth your need to protect home, hearth, and family. The temptation to overspend is strong. Consider what would be fun and interesting that doesn't

require a big expenditure. The most important gift is your care and love.

Cancer the Crab (June 21-July 21): At the beginning of the week you may be feeling stress related to your lover or a partner, maybe a child. Underneath it all, the issue is tied to your internalized sense of what a woman “should” do or be. Our culture has always struggled with images of the feminine. Is she a caretaker or a seductress?

Leo the Lion (July 22-August 22): The full moon eclipse on August 7, 2017, occurs in the sector of partnerships and clientele. It is time to illuminate and define your relationships, whether business or personal. Attend to those who rattle chains and complain. Strike a more equal balance between or among you.

Virgo the Virgin (August 23-September 22): In July I wrote that you are called to protect something or someone. You are the keeper of the flame for now, which means to hold up the spirit and show “the way”. It is a sacred duty for the present. Now you are

called further to verbalize your care, whether that is in speech or writing. Do not hesitate to answer the summons.

Libra the Scales (September 23-October 22): Your open-hearted generosity may lead you to bite off more than you can chew this week. There may be more people at the table than you have plates to serve. Do not worry about what people will think. They are aware you've almost exceeded your limit of tasks to handle. It will all work out.

Scorpio the Scorpion (October 23-November 21): Listen to the Guardian, who speaks to you from the inside. This is a time in which your Guardian will protect you. It is sometimes hard to pick it out from the voice of Ego. If the Voice is flattering you, set it aside. That is not the true Guardian. The true Guardian offers wisdom, not criticism or flattery.

Sagittarius the Archer (November 22-December 21): If you have been channeling your energy into a project that has positive value for many you may be receiving recognition and

applause now. Others are recognizing the value of your efforts. For many, this time frame represents improvements in a job situation or beneficial changes in job conditions.

Capricorn the Goat (December 22-January 19): You may feel compelled to raise your flag and promote your plans now. Do some self-searching ahead of time to find your own motive. If it is for the good of all, you will gain support from others. However, if you are really after a prize that will simply allow you to preen, let go of it. Your product or idea is not yet ready for exposure.

Aquarius the Water Bearer (January 20-February 18): The full moon Eclipse occurs in your

sign on August 7, 2017. It is possible that you will reveal information that has been hiding in the dark. You may feel compelled to do so for the sake of equality. Check the lead paragraph for more information.

Pisces the Fish (February 19-March 20): The Sun is in an uncomfortable aspect to Neptune, your ruling planet. You may not be feeling well. If so, lighten up on your exercise routine and get some extra rest. Stay out of the hot Sun. You or someone else may be guilt-tripping you. Ignore that voice. You don't have to prove anything to pay for your existence.

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Honda Ridgeline: trucking reimagined



BY STEVE SCHAEFER

When you think pickup trucks, the Honda brand probably doesn't pop into your mind. That makes sense, because Honda hasn't offered trucks in the U.S. for long. The Ridgeline, which debuted in 2005 as a 2006 model, manifested more as an SUV with a truck bed, and that's because it was. It's built on Honda's new Global Light Truck platform, after all.

Now, for 2017, you can buy a totally redesigned Ridgeline that offers the usefulness of a cargo bed with the amenities of a crossover SUV. And it comes with all the qualities that have made Honda a favorite over the years.

The new model looks completely different—in fact, its styling is less controversial than before. Despite retaining the one-piece construction of the first generation, there's now a line between the cab and the bed that replicates the body-on-frame competition. It just looks more normal.

The styling comes off as restrained for Honda, makers of the bizarre Civic. The front features the clean, measured appearance of an oversized Accord, and the pleasant shape of

the rest of it feels unmemorable, with side creases that mimic many other vehicles on the road today.

Inside, you'll feel like you're riding in the new Pilot crossover, because that's essentially what's happening. No barebones accommodations in trucks today—any of them. The handsome dash feels more carlike than utilitarian. Like most Hondas, you'll find an Econ button there, and unlike other Hondas, a Cargo Light button. You get high quality, soft-touch materials, as well as bonuses like the LED map lighting and a heated steering wheel.

You'll enjoy lots of room for carrying your gear, with a rear seat that folds up to create a sizeable cargo space, and offers storage space under it when it's down.

Honda's pickup features a 3.5-liter V6 under the big hood, with 280 horsepower and 262 lb.-ft. of torque. Those numbers beat the previous gen by 30 and 15 respectively. The driving experience feels robust, while still giving a sense of smooth, carlike handling.

EPA fuel economy numbers run 18 City, 25 Highway, and

21 Combined. I averaged 18.8 mpg during my test week. The Green scores rank as 6 for Smog and 4 for Greenhouse Gas. Those numbers don't stand out particu-

4,432 pounds, it has lost about 73 pounds over the generation one model. The truck stretches 3.1 inches longer on a 3.2-inch longer wheelbase. It sits 0.8 inch



larly for a Honda, but for its size and power, the Ridgeline competes well with other trucks.

A six-speed automatic transfers the V6's power to two or four wheels; this is the first Ridgeline to offer both two- and all-wheel drive. My tester, as an AWD model, provided an Intelligent Traction Management switch that lets you select for Snow, Mud, Sand, or Normal. I left it in the latter position, because I experienced none of those other conditions during a California spring (just some rain).

Like any good pickup, the Ridgeline comes in several levels, from the base RT through the RTS, Sport, and RTL. My tester sat at the pinnacle, as the top-of-the-line Black Edition. It came painted in—you guessed it—Crystal Black Pearl. The package upgrades include shiny black 18-inch alloy wheels, blacked-out moldings and mirrors, and in case nobody could tell you were cool—a "Black Edition" badge inside the black grille.

Inside, you'll relax with black leather and red accents, including subtle red illumination in the footwells, door handles, and cupholders. The ambiance feels cool, for sure. You'll see Black Edition embroidered into the seatbacks and flaunted on the floor mats.

The new Ridgeline casts a larger shadow now, although at

wider, and more important for owners, the bed now stretches nearly four inches longer and 5.5 inches wider. That cargo bed, by the way, retains the built-in trunk feature from the previous generation, a welcome Ridgeline exclusive. You get the dual-action tailgate as well.

Designed in Honda's Los Angeles design center, Honda R&D Americas, the Ridgeline rolls out of Honda's plant in Lincoln Alabama. It contains 75 percent U.S. and Canadian parts, including a U.S. built engine and transmission.

As a truck, the Ridgeline can haul a class-leading 1,584-pound payload and tow up to 5,000 pounds. However, as a daily driver, you'll enjoy carlike amenities whether you use that capacity or not. The noteworthy truck bed audio system, a first as far as I can tell, makes you the life of the tailgating party.

Prices start at \$30,415 for the two-wheel-drive RT and climb



Over the past 25 years, Steve Schaefer has tested more than 1,200 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists.

Contact Steve at sdsauto53@gmail.com
My blog for alternative vehicles: stevegoesgreen.com

to \$43,910 for the Black Edition, including a \$940 destination charge.

In the U.S., where the perennial bestseller remains the Ford F-150 pickup, it's smart for Honda to build its presence in that segment. The new Ridgeline stands as a much-improved entry.

Niles Boulevard Bridge Construction Update

SUBMITTED BY
CITY OF FREMONT

Replacement of the Niles Boulevard Bridge—connecting the City of Fremont and Union City—continues. The new structure, immediately south of the existing bridge, will remain open throughout construction, which is anticipated to be completed in the fall.

Traffic shifts will be required to transition traffic off the old

bridge and onto the new one. The first shift occurred the week of July 31 and involved moving eastbound traffic onto the new bridge, while westbound traffic temporarily remained on the old bridge. Once construction between the bridges is completed, all traffic will shift to the new bridge in a temporary alignment so that the old bridge and embankments can be removed. Once this is complete, traffic will be placed in its final alignment.

Weekday and weekend night work to demolish the old bridge is scheduled to begin the week of August 24 and continue through the first week of September. This work is scheduled to take place from 1 a.m. to 10 a.m. Weekend and weekday night work is necessary due to the short time windows available for the construction team to conduct operations over the BART tracks. This work is conducted Monday through Friday 1:45 a.m. to

3 a.m., Saturday 1:45 a.m. to 5 a.m., and Sunday 1:45 a.m. to 7 a.m.

Anticipated work dates and times are subject to change due to weather, unforeseen conditions, or the availability of on-site Union Pacific Railroad flaggers and BART safety monitors.

Changeable message boards near the project site indicate upcoming weekend night work dates and times. Notice of future weekend, night, or noisy

activities will be provided as work is scheduled; weekly updates are posted on the project website. Community members can also sign up to receive weekly message updates by emailing, or by calling the project Construction Info Line at (510) 355-1502.



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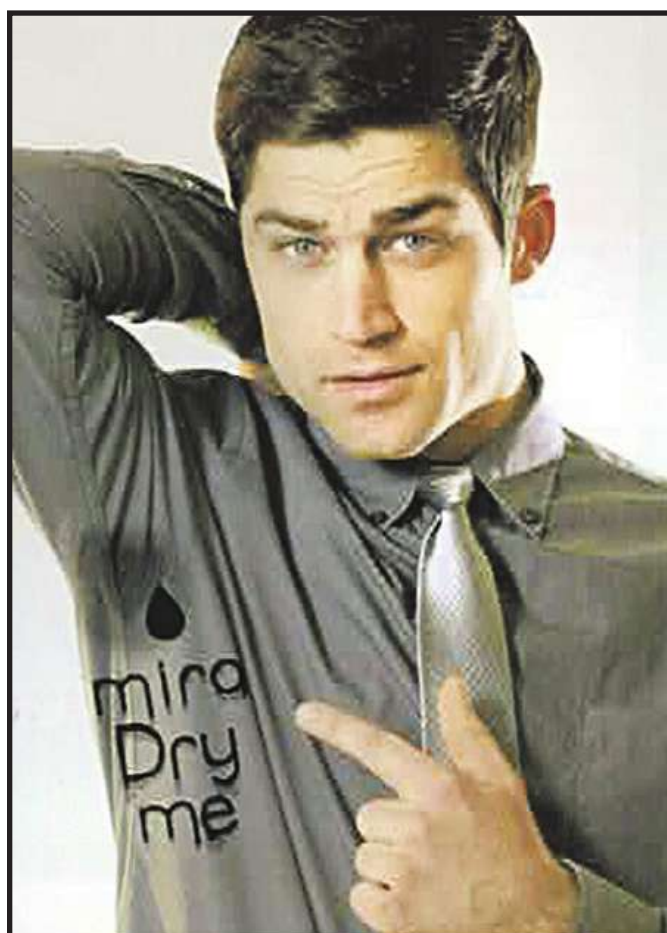
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A fresh view on window boxes

ARTICLE AND PHOTOS BY
DANIEL O'DONNELL

The cell phone has shown how fast accessories and additions follow an invention. It did not take long for a countless number of apps to be developed, different carrying cases to be made, and hundreds of different ring tones to be created. This was not the case for the common window. The earliest windows were made from animal skins or primitive paper thousands of years before

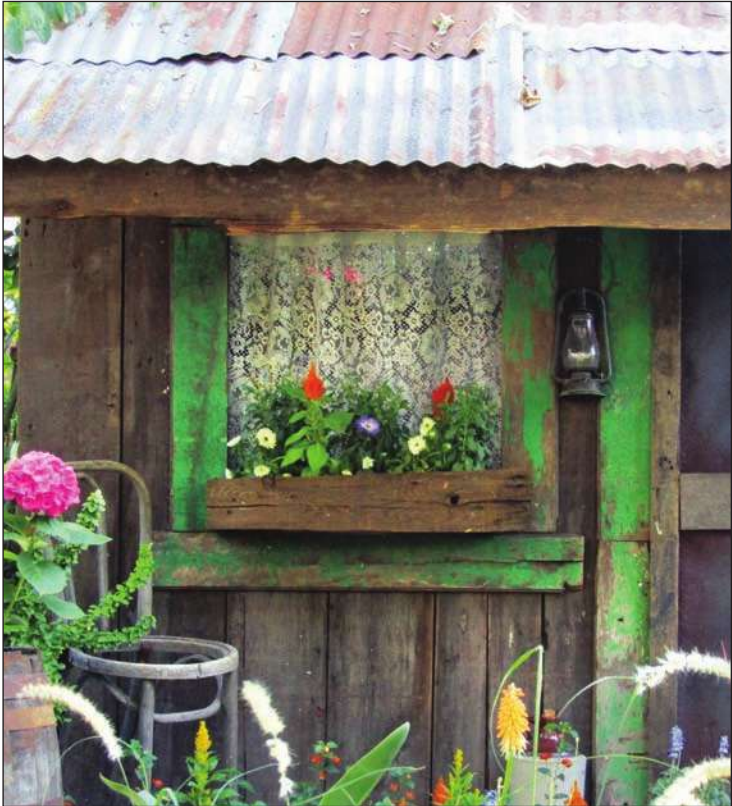
wildlife and an optimal viewing condition for whatever flies, flutters, or floats by, or simply because they look good.

There are multiple materials that window box planters can be made from, each offering a different look and some varying practical characteristics. A black wrought-iron box will outlast most other window boxes and can provide a modern or sophisticated style. Plastic window planters are lightweight, come in a variety of colors, and

are fairly durable, but can heat the soil up to temperatures that can harm certain plants' roots and/or promote the growth of harmful plant pathogens. Wooden window boxes add a cottage charm and provide excellent aeration, but will need to be replaced more frequently than other types of boxes. A hanging felt planting bag is easy to install and lightweight, but might require more water than other planters.

Most plants in a window box will require a little more water than if they were growing in the ground or even in a pot placed at ground level growing under the same light conditions. Evapotranspiration, the loss of water from evaporation from the soil and transpiration from a plant's leaves, is usually greater in a window box due to heat reflected off the window and wall, and having less shelter from the wind. An organic potting soil with compost will help retain water, while at the same time providing good drainage for excess water that can add significant weight if it were to stay in the window box.

There are many ways to mount a window box. Some come with brackets and some with bolts that go directly into the wall. Some window boxes can be placed on an existing shelf below a window. The important thing is to make sure they are



secure, especially if over a walkway or terrace. They should also be mounted below a window that has easy access from either inside or outside for watering, harvesting, replanting, and maintenance.

It is important to maximize the space that is available because a window box's space is limited. Window boxes look the best when they are packed. Start with taller plants in the back, shorter ones in the middle, and trailing plants in front. It is also important to use plants from the same hydrozone since the space is so limited. A hydrozone refers to a grouping of plants based on their similar water needs. A high water-usage plant growing with a low water-usage plant will only guarantee the death of one of them because the growing space is so small.

The same water conservation principle of using summer dry or drought-tolerant plants offers the best chances for successful window boxes in this area if they are going to be neglected or not watered very frequently. Any plants that are chosen for a

window box should be shallow rooting and adapted to the conditions that they will be in.

Grasses will do well in windy conditions. Succulents and geraniums will flourish in high temperatures. Spider plants are great trailing plants as their long "spiderettes" are happiest when dangling. Clivia is one of the few flowering, low water-usage plants that can be used for a window box in deep shade. Lettuces, chard, and basil are just a few edible plants that will produce bountiful results in a window box.

Window boxes are relatively inexpensive and can be purchased at most nurseries, hardware stores, and online. Although things change rapidly in today's world, the enjoyment people get from plants and flowers is not going to change. The use of window box should not change either.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



the Romans were to use glass. The accessories and upgrades came much later. Shutters, curtains, and stained glass would follow over the next few centuries, and after many more centuries, the window box planter.

A window box is a term used to describe a planter that is mounted in front of a window. There are many reasons to do this. Sometimes a gardener does not have an actual garden. A window box provides a small garden, whether it is on the first or the thirty-first floor. Window boxes can create a colorful natural privacy screen in high-density urban areas. They can be used to grow fresh herbs and vegetables right outside the kitchen window, or planted with fragrant flowering plants to delicately scent a room. They can be installed to provide habitat for



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Student Honor Roll

SUBMITTED BY TOMAS SILVANI

Youth on Course awarded 28 high school graduates with college scholarships totaling \$315,000. Among those selected were:

- Sandip Nirmel (Fremont, Calif.), Harvard University
Major: Engineering
- Mira Yoo (Fremont, Calif.), Claremont McKenna College
Major: Business / International Relations

Youth on Course is a non-profit organization serving as the charitable arm of the Northern California Golf Association. Its core purpose is to provide youth with access to life-changing opportunities through golf. This is achieved through initiatives that include subsidized rounds at partner courses, mentorship opportunities through caddie programs and paid internships, and scholarship grants for qualifying members.

Habitat for Humanity seeks volunteers

SUBMITTED BY CITY OF FREMONT

Earlier this month, the City of Fremont partnered with Habitat for Humanity East Bay/Silicon Valley to hold a Groundbreaking Ceremony for the new Central Commons project at 4369 Central Avenue. The 30-home development gives low-income families the opportunity to own their own home in Fremont.

Habitat for Humanity is now looking for volunteers to help build the new homes. Every hour volunteered will help 30 limited-income families own a home and build stability and self-reliance for themselves and their children. Experience is not required to volunteer, and Habitat for Humanity provides all instructions and equipment. Volunteer opportunities are also available for company and group team building.

For more information and to sign up, please visit:
<https://eastbay.volunteerhub.com/events/index?format=List&filter=66289&format=List&filter=66289>

Mt. Eden High senior goes to Boys State

SUBMITTED BY
DIONICIA RAMOS

An incoming senior at Hayward’s Mt. Eden High School was nominated to serve as a delegate in a selective, nationwide program. Boys State seeks to prepare young men to be the leaders of the future and it boasts notable alumni such as former President Bill Clinton and John A. Pérez, the former California Assembly speaker. Mathew Bretz was the only Hayward Unified School District student selected to the program at the statewide level.

The American Legion began the California chapter of Boys State in 1937 with the goal of replicating how local and state government systems should function. Mathew Bretz was a junior at Mt. Eden High School when he was nominated by his history teacher to participate as a delegate. He went on to earn the endorsement of the local American Legion post. When he arrived for the week-long program, which takes place at Sacramento State University, he and 1,000 other young men from across the state were placed into five separate dorms. Each building represented a county, and the members of those counties embarked on a process of electing city, county, and then



state representatives.

Mr. Bretz was appointed to serve as a firefighter for his mock city and later, due to staffing issues, he was called to duty as a police officer. Inspired by the experience, Mathew Bretz stated, “It is vital that every American participate in the electoral process and become familiar with their state and local governments.” In addition to acquiring public speaking and leadership skills, Bretz ended the program with a new appreciation for the art of consensus building. The experience culminated with the delegates visiting the state capitol, where they had the opportunity to meet state legislators and convene a joint session of the Assembly. According to Tim Aboudara, a Boys State

senior staff member, “The program is unique in that it is modeled closely after the California Constitution.” Aboudara indicated that every state in the U.S. (with the exception of Hawaii) sends two representatives to the nationwide program, which convenes in Washington D.C. Recently, President Trump welcomed the members of Boys Nation to a ceremony at the White House.

As for Bretz, he plans to apply to UC Davis, San Francisco State, and Stanford to pursue a career

in medicine. While he doesn’t foresee a future in politics, he’s grateful for the opportunity this program has given him to become more civic-minded.

Developing a drought-proof water supply

For water agencies and residents across California, surviving the state’s longest drought was no stress-free feat. With no foreseeable end, five years of dismal precipitation taught us to reduce water waste to preserve our most precious resource. Equally as important, the Santa Clara Valley Water District focused on identifying reliable sources of water and made great strides in developing its purified and recycled water efforts – a truly drought-proof water supply.

Recycled and purified water is a local water source that doesn’t rely on rainfall. Wastewater cleaned through multiple levels of treatment, recycled water can be purified through advanced treatment processes such as microfiltration, reverse osmosis and ultraviolet disinfection to strip out contaminants, pharmaceuticals, viruses and bacteria and produce clean, safe and drinkable water. Purified water meets or exceeds all state drinking water quality standards.

Even in improved conditions, developing this critical source of water better prepares our region

to continue supporting a thriving Silicon Valley. With more than half of our region’s water supply imported from outside the county, bolstering recycled water production conserves drinking water supplies and reduces dependency on imported water and groundwater, which is crucial to help us weather future droughts. Currently, recycled water is used for landscaping, agricultural and industrial purposes.

The water district will soon be celebrating the completion of the Wolfe Road Recycled Water Facilities Project. The newly installed 2.5 miles of recycled water pipeline will expand recycled water distribution in the western valley, servicing the Apple Campus 2, and lays the foundation to serve potential future customers in Sunnyvale and Cupertino. Additionally, this pipeline provides a foundation for potential future opportunities to distribute purified water for groundwater replenishment in the western valley.

Furthermore, the water district is developing a strategic plan with the City of Palo Alto

that will benefit much of the mid-peninsula and will evaluate recycled water expansion opportunities to service customers in Stanford, Los Altos, Los Altos Hills, Mountain View, East Palo Alto and Menlo Park. This plan, known as the Northwest County Recycled Water Strategic Plan, will identify and study possibilities as well as evaluate conditions to use recycled and purified water for groundwater replenishment and drinking water reuse.

As the water district lays down the track for our future, we continue building community support for this sustainable local water source. In July, we hosted Asian Community Day at the Silicon Valley Advanced Water Purification Center to continue promoting education and awareness of the benefits of purified water. Over 250 community members joined us on educational tours and purified water tastings.

Our-state-of-the-art purification center opened in 2014, the year Governor Brown declared the drought state emergency. The largest center of its kind in

Norther California, the center can produce up to 8 million gallons of highly purified water a day. Since day one we’ve had a great plan for this center: to supply more drinking water to our region. There are two possibilities to do this. One is by indirect potable reuse which is replenishing our groundwater aquifers with purified water, allowing the water to naturally filter through soil and rock layers, and eventually pump it for drinking. The other is by direct potable reuse, which sends purified water directly to our drinking water system after it has been treated. Both require further evaluation and would also require us to expand our pipeline network for distribution.

The water district is currently involved in a series of local and state studies to evaluate the possibility of both methods. This spring, the water district installed monitoring wells near existing percolation ponds in Campbell to collect information on groundwater levels and soil makeup for a lab study on how purified water might affect groundwater, for a potential

indirect potable reuse project in the future.

To learn more about these efforts and see the purified water process for yourself, I personally invite you to a free tour of our purification center. You can schedule your tour and learn about tasting events coming soon at www.purewater4u.org.

Use water wisely,

RICHARD P. SANTOS
SANTA CLARA VALLEY
WATER DISTRICT

As always, I am available for questions or comments as your District 3 representative for the northern areas of Sunnyvale and Santa Clara; Alviso; Milpitas; and the north San Jose and Berryessa communities. Feel free to contact me at (408) 234-7707.

CASTRO VALLEY TOTAL SALES: 13							
Highest \$: 1,072,500		Median \$: 700,000					
Lowest \$: 450,000		Average \$: 721,808					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
17705 Almond Road	94546	1,072,500	4	3159	1955	06-20-17	
2731 Barlow Drive	94546	908,000	4	2000	1960	06-21-17	
18767 Brickell Wway	94546	832,000	3	1808	1951	06-23-17	
19204 Center Street	94546	450,000	1	728	1946	06-20-17	
20677 Forest Avenue	94546	660,000	2	1066	1941	06-19-17	
3644 Lorena Avenue	94546	535,000	1	1248	1993	06-19-17	
20031 Lorena Place	94546	530,000	2	1258	1981	06-23-17	
19310 Parkview Road	94546	700,000	2	1579	1969	06-21-17	
19318 Parkview Road	94546	775,000	3	1499	1968	06-23-17	
4976 Proctor Road	94546	735,000	2	1123	1952	06-22-17	
18817 Sandy Road	94546	635,000	3	1217	1947	06-20-17	
5342 Briar Ridge Drive	94552	591,000	-	1572	1978	06-22-17	
6420 Ridgewood Drive	94552	960,000	3	2256	1990	06-20-17	

FREMONT TOTAL SALES: 47							
Highest \$: 2,900,000		Median \$: 905,000					
Lowest \$: 350,000		Average \$: 993,787					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
37703 2nd Street	94536	685,000	2	919	1902	06-19-17	
37126 Alexander Street	94536	810,000	4	1080	1960	06-19-17	
38028 Ballard Drive	94536	1,160,000	3	1785	1959	06-23-17	
38478 Berkeley Common	94536	658,000	3	1210	1979	06-21-17	
38623 Cherry Lane #191	94536	542,000	3	1199	1974	06-21-17	
117 East Street	94536	1,150,000	-	-	-	06-21-17	
5143 Eggers Drive	94536	996,000	4	1584	1960	06-20-17	
38341 Farwell Drive	94536	845,000	4	2182	1960	06-20-17	
36240 Gibraltar Court	94536	1,250,000	5	2326	1965	06-23-17	
4323 Gibraltar Drive	94536	1,015,000	4	2496	1965	06-23-17	
3341 Hudson Place	94536	1,160,000	3	1579	1971	06-22-17	
4044 Kettering Terrace	94536	700,000	2	1228	1986	06-23-17	
38821 Le Count Way	94536	960,000	3	1532	1962	06-21-17	
4253 Lorren Drive	94536	800,000	3	1152	1961	06-19-17	
37248 Meadowbrook Com #103	94536	520,000	2	978	1984	06-21-17	
3586 Ramblewood Place	94536	1,015,000	3	1302	1993	06-22-17	
3606 Ramblewood Place	94536	1,060,500	3	1302	1993	06-23-17	
38519 Royal Ann Common	94536	550,000	3	1180	1970	06-19-17	
5509 Butano Park Drive	94538	788,000	3	1064	1962	06-22-17	
39601 Embarcadero Terr	94538	702,000	2	1257	1978	06-19-17	
3410 Hart Common	94538	820,000	3	1430	1996	06-22-17	
4437 Keepsake Rose Com	94538	1,140,000	3	2195	2008	06-23-17	
4566 Margery Drive	94538	815,000	3	1558	1959	06-22-17	
4827 Mauna Loa Park Drive	94538	933,000	4	1581	1963	06-23-17	
4009 San Francisco Terrace	94538	735,000	3	1371	1978	06-23-17	
3695 Stevenson Blvd #A141	94538	615,000	2	1040	1991	06-21-17	
40454 Torenia Circle	94538	960,000	3	1422	-	06-21-17	
40471 Torenia Circle	94538	1,150,000	4	1763	1994	06-21-17	
3386 Wolcott Common	94538	585,000	2	1280	1983	06-22-17	
3300 Wolcott Com #101	94538	350,000	1	712	1983	06-21-17	
40813 Calido Place	94539	1,200,000	5	1902	1964	06-23-17	
49002 Cinnamon Fern Com #506	94539	735,500	2	1229	2009	06-19-17	
45541 Claret Court	94539	1,860,000	4	2767	1996	06-21-17	
764 Gallegos Terrace	94539	860,000	3	1207	1970	06-23-17	
49077 Meadowfaire Com	94539	905,000	3	1400	2004	06-23-17	
47150 Morse Terrace #110	94539	580,000	2	926	1987	06-20-17	
43207 Palm Place	94539	1,840,000	3	2762	2007	06-20-17	
46499 Roadrunner Road	94539	1,900,000	-	3136	1979	06-21-17	
40172 San Carlos Place	94539	1,390,000	4	1945	1967	06-20-17	
106 Shaniko Common #77	94539	745,000	3	1150	1986	06-20-17	
3060 Woodside Terrace	94539	2,900,000	5	3899	1997	06-19-17	
3540 Bittern Place	94555	1,630,000	4	3314	1984	06-21-17	
4822 Canvasback Com	94555	1,128,000	4	1641	1987	06-23-17	
34152 Cromwell Place	94555	900,000	4	1400	1970	06-21-17	
4113 Darwin Drive	94555	950,000	3	1594	1972	06-20-17	
6103 Sienna Terrace #61	94555	1,050,000	3	1933	1992	06-19-17	
5190 Tacoma Com #41	94555	665,000	2	950	1988	06-22-17	
34263 Stable Way	94555	1,535,500	-	-	-	05-19-17	

HAYWARD TOTAL SALES: 37							
Highest \$: 2,250,000		Median \$: 625,000					
Lowest \$: 265,000		Average \$: 651,946					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
1096 Azalea Court	94541	475,000	2	1270	1973	06-23-17	
21290 Birch Street	94541	605,000	3	1482	1946	06-23-17	
1426 Clay Street	94541	600,000	4	912	1900	06-20-17	
2315 Gibbons Street	94541	700,000	4	1982	2014	06-19-17	
628 Grand Terrace	94541	558,000	3	1319	2004	06-22-17	
1007 Imperial Place	94541	520,000	2	1565	1982	06-20-17	
1010 Imperial Place	94541	495,000	2	1565	1982	06-22-17	
24814 Joe Mary Court	94541	755,000	3	1802	1977	06-21-17	
24036 Marchand Court	94541	580,000	3	1808	1986	06-22-17	
1104 Martin Luther King Dr	94541	680,000	4	1982	2014	06-19-17	
1124 Oakview Avenue	94541	265,000	3	900	1922	06-20-17	
22778 Olive Place	94541	715,000	3	1765	1996	06-23-17	
468 Pamela Court	94541	660,000	4	2361	1951	06-23-17	
23626 Stonewall Avenue	94541	720,000	5	2507	1956	06-23-17	
23628 Stratton Court	94541	730,000	4	1620	1956	06-22-17	
275 Sunset Boulevard #6	94541	425,000	2	1070	1983	06-20-17	
1827 Trym Street	94541	680,000	3	1211	1956	06-20-17	
3121 Vista Lane	94541	970,000	3	2780	2003	06-20-17	
27925 Edgecliff Way	94542	886,000	4	1578	1970	06-20-17	
2438 St. Helena Drive #1	94542	499,000	2	1132	1984	06-19-17	
28073 Thorup Lane	94542	712,000	3	1920	1988	06-21-17	
24830 Arvilla Lane	94544	2,250,000	3	1139	1952	06-20-17	

28416 Brighton Street	94544	625,000	3	1704	1955	06-23-17	
31377 Chicoine Avenue	94544	500,000	3	1430	1955	06-23-17	
26268 Coleman Avenue	94544	500,000	3	1555	1953	06-23-17	
972 Collins Court	94544	565,000	3	960	1967	06-21-17	
685 Dartmore Lane #364	94544	393,000	2	906	1988	06-20-17	
652 Elizabeth Way	94544	700,000	3	1273	1955	06-20-17	
29088 Gillingham Street	94544	771,000	4	1792	1994	06-22-17	
1279 McFarlane Lane	94544	618,000	3	1153	1955	06-22-17	
46 Orchard Circle	94544	750,000	3	2043	2015	06-23-17	
24411 Thomas Avenue	94544	410,000	2	840	1910	06-23-17	
26998 Whitman Street	94544	550,000	3	951	1950	06-20-17	
25129 Copa Del Oro Dr #147	94545	310,000	1	608	1991	06-19-17	
25813 Scripps Street	94545	655,000	4	1280	1959	06-22-17	
1826 Tulip Avenue	94545	630,000	3	1224	1964	06-21-17	
1544 West Street	94545	665,000	3	1451	1958	06-23-17	

MILPITAS TOTAL SALES: 18							
Highest \$: 1,216,000		Median \$: 840,000					
Lowest \$: 600,000		Average \$: 865,167					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
71 Bettencourt Way	95035	760,000	3	1359	2010	06-26-17	
1592 Bleecker Street	95035	827,000	2	1297	2015	06-23-17	
1603 Cortez Street	95035	910,000	3	1100	1958	06-26-17	
996 Courtland Court	95035	1,060,500	3	1763	1981	07-03-17	
71 Duttonwood Lane	95035	881,500	2	1498	1987	07-03-17	
81 Ede Lane	95035	780,000	3	1450	2007	06-27-17	
196 Fairmeadow Way	95035	1,005,000	4	1653	1994	06-23-17	
155 Folsom Place	95035	865,000	2	1350	1983	06-23-17	
1482 Los Buellis Way	95035	840,000	3	1547	1992	06-26-17	
474 Oliver Street	95035	735,000	3	900	1960	06-23-17	
32 Parc Place Dr #3109	95035	685,000	2	1192	2005	06-26-17	
1101 South Main Stt #316	95035	600,000	2	1013	2007	06-28-17	
1228 Stellar Way	95035	926,000	4	1824	1969	06-28-17	
138 Sudbury Drive	95035	1,216,000	4	2097	1978	07-03-17	
1289 Sunrise Way	95035	1,020,500	4	1824	1969	06-27-17	
2086 Tiny Street	95035	756,000	3	1024	1958	06-26-17	
2027 Trento Loop	95035	910,000	-	-	-	07-03-17	
243 Washington Drive	95035	795,500	3	900	1968	06-23-17	

NEWARK TOTAL SALES: 10							
Highest \$: 1,365,000		Median \$: 826,000					
Lowest \$: 490,000		Average \$: 849,650					
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
6208 Cedar Boulevard	94560	610,000	3	1164	1970	06-23-17	
5406 Chapman Drive	94560	1,065,000	4	1866	1964	06-23-17	
5001 Chelsea Drive	94560	950,000	5	2328	1967	06-21-17	
8137 Del Monte Avenue	94560	921,000	-	1953	1976	06-23-17	
37841 Harbor Light Rd	94560	1,082,500	-	-	-	06-23-17	
5246 Hebrides Court	94560	1,365,000	-	2550	1978	06-21-17	
6936 Jarvis Avenue	94560	502,000	2	928	1982	06-23-17	
35156 Lido Boulevard #j	94560	490,000	2	1060	1984	06-23-17	
35777 Orleans Drive	94560	685,000	3	1423	1960	06-19-17	
39874 Potrero Drive	94560	826,000	2	1627	1996	06-22-17	

SAN LEANDRO TOTAL SALES: 18						
Highest \$: 975,000		Median \$: 580,000				
Lowest \$: 363,000		Average \$: 591,167				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
249 Accolade Drive	94577	683,000	4	1627	2002	06-19-17
352 Accolade Drive	94577	675,000	3	1599	2002	06-23-17
1340 Carpentier Street	94577	488,000	2	990	1940	06-19-17
400 Davis Street #107	94577	475,000	2	1728	1982	06-21-17
1249 Kelly Avenue	94577	555,000	3	1140	1942	06-22-17
1401 I Seagate Dr #235	94577	480,000	2	1033	1985	06-23-17
1204 Vistagrاند Drive	94577	795,000	3	2206	1959	06-22-17
1473 Vistagrاند Drive	94577	975,000	3	2532	1959	06-19-17
798 Moraga Drive	94578	630,000	3	1108	1954	06-22-17
1718 Sidney Avenue	94578	638,000	2	1486	1945	06-22-17
720 Fargo Avenue #2	94579	389,000	2	840	1965	06-23-17
740 Fargo Avenue #6	94579	363,000	2	840	1965	06-22-17
690 Fargo Avenue #7	94579	365,000	2	1020	1965	06-23-17
1220 Georgetown Ave	94579	580,000	3	1459	1951	06-22-17
15605 Hebron Court	94579	615,000	3	1419	1959	06-21-17
14331 Juniper Street	94579	480,000	3	1076	1952	06-21-17
15280 Laverne Drive	94579	655,000	3	1401	1957	06-23-17
1033 Lewelling Blvd	94579	800,000	-	2871	-	06-19-17

Recycling Pro Tips

- **Flatten cardboard** before placing it in your recycle cart. This may seem like a no-brainer but you would be surprised at how much space is saved in your cart just by taking a few extra seconds to break down boxes.
- **Ditch the straw!** Plastic cups and lids are recyclable, but please remember to trash the straw. Make sure containers are clean, empty, and dry before tossing them in the recycle cart.
- **Know the rules** and take the time to be sure you're recycling correctly. Don't be afraid to ask questions. It's a learning process! Visit republicservicesAC.com to get answers to your recycling questions or give us a call at 510-657-3500.





THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

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Neptune: The Windy Planet



Extremely windy and icy cold, Neptune is a planet that is beautiful to look at but not welcoming to Earthlings.

Dear Kid Scoop Readers -

Would you like to visit Neptune? You'd need a super space suit to the planet's _____ conditions!

Scientists think there might be a super hot ocean under Neptune's cold _____. It does not _____ because of the incredible pressure. This _____ makes it impossible for a spacecraft - or person, to _____ on the planet.

- Woodward

Replace the missing words.

CLOUDS

LAND

PRESSURE

EVAPORATE

SURVIVE

ROUGH

Happy New Year... Finally!

Neptune was discovered in 1846. But it took until the year 2011 for the planet to complete its first orbit around the sun since being discovered.

About how many Earth years did it take for Neptune to orbit the sun?

How many rings does Neptune have? Color the even-numbered squares blue and the odd-numbered squares black.

1	8	2	8	7
3	4	3	7	5
9	6	4	8	9
5	2	9	2	3
7	4	4	6	1

Hold Onto Your Hat!

Neptune is super windy. NASA says it might be the windiest planet in the solar system. Winds blow at speeds up to 1,200 mph! Complete the comparison chart below. Color in squares to indicate that a passenger jet cruises at about 500 mph, a bullet train at 300 mph and an Indy Car at 200 mph.

Neptune Wind	100	100	100	100	100	100	100	100	100	100	100	100	100	100
passenger jet														
Bullet Train														
Indy Car														

Use this chart to answer these questions.

- The planet Neptune orbits the sun much faster than does Earth.
☐ True ☐ False
- The length of three Earth days are more than the length of four days on Neptune.
☐ True ☐ False

	NEPTUNE	EARTH
DISTANCE FROM THE SUN	2.8 BILLION MILES	93 MILLION MILES
TIME TO ORBIT THE SUN	164.93 EARTH YEARS	365 DAYS
ORBIT SPEED	12,079 MILES PER HOUR	70,000 MILES PER HOUR
LENGTH OF DAY	16 HOURS 6 MINUTES	JUST A BIT OVER 24 HOURS
DIAMETER	49,493 MILES	7,926 MILES
NUMBER OF MOONS	13 OR MORE	1

SOURCE: planetfacts.org

Kid Scoop Puzzler

How Neptune Got Its Name

Neptune appears blue because of a layer of gas that gives it a deep blue color. This blue color inspired scientists to name Neptune after the Roman god of the Sea.

What is the blue gas that gives Neptune its beautiful color? Use the code to find out.

■=A ■=E ■=H ■=M ●=N ■=S ■=T

■ ■ ■ ■ ■ ■ ■ ■



Double Double Word Search

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

C	E	T	A	R	O	P	A	V	E
E	C	O	B	L	D	Y	E	H	L
G	L	B	A	L	D	R	O	N	A
A	O	L	E	N	U	T	P	E	N
R	U	O	I	S	S	E	W	V	D
E	D	W	S	U	R	V	I	V	E
V	S	E	P	I	N	S	D	Y	S
A	R	E	T	R	I	N	G	S	A
P	R	R	S	T	H	G	U	O	R

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

Spacey Math

Circle the largest and smallest numbers on one newspaper page. Subtract the two numbers you have found. Add the two numbers. Repeat with other pages in the newspaper.

Standards Link: Research. Use the newspaper to locate information.

What kind of songs do planets sing?



ANSWER: Neptunes.

Kid Scoop Together

Proof It

Are you a careful reader? Read the article below and see if you can circle all eight errors. Then, rewrite the article correctly on a sheet of paper.

Icy Moon

Neptune has 13 moon that we know of. The largest of these moons is Triton. Triton is one of the largest moons in the solar's system as well. At 1,700 miles across, it is neerly the same size as Earth's moon.

Triton is the only nown moon in our solar system to have a surface maid mainly of nitrogen ice.

Wile it is icy today, scientists think Triton was once a hot, volcanic plaice. Today it still has geysers that spew frozen nitrogen miles into the sky! These are called ice geysers.

Triton is one of the coolest objects in our solar system. It is so cold that most of Triton's nitrogen is condensed as frost, giving its surface an icy sheen that reflects 70 percents of the sunlight that hits it.

Kid Scoo-doku™

Complete the grid by using all the letters in the word WINDY in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

		W		D
		I	W	
		N		W
W		D		
	W	Y		N

Kid Scoop VOCABULARY BUILDERS

This week's word: **PRESSURE**

The noun **pressure** means a continuous force or action of pressing or bearing down.

The **pressure** on the wound stopped the bleeding.

Try to use the word **pressure** in a sentence today when talking with your friends and family.

Write On!

Report from Space

Pretend you are living on a space station and write a report about life in space.

Camp supports families with Autism

**SUBMITTED BY
KIMBERLY HAWKINS**

Summer is a season of fun and exploration. For typically developing children, those without disabilities, there are endless options when it comes to activities, ranging from sleepaway camps to programs focused on sports, arts and crafts, and countless more. But for children with autism, the choices are limited and often cost-prohibitive for families.

Shubha Kashinath, associate professor and chair of the Department of Communicative Sciences and Disorders at Cal State East Bay is intent on changing that. Pioneer Pals not only gives children with autism a safe place to have fun and engage in play, but also addresses core social communication skills. Simultaneously, the camp is providing real world training for Kashinath’s graduate students in speech pathology.

“Typically, graduate training programs provide students with opportunities to work one-on-one with children with autism, but don’t often have opportunities to train students to provide intervention in group

settings,” Kashinath says. “Our graduate students lead camp activities around themes—learning to incorporate fun, age appropriate games and activities to teach critical social communication skills to children with autism with a range of abilities and skills.”

This year, the camp, which wrapped up Thursday, August 3, hosted 21 children with autism as well as their siblings, who were invited to attend at no additional cost. Kashinath says this is an opportunity for siblings to learn how to interact and support a brother or sister with autism and develop leadership skills.

Pioneer Pals is housed in the Norma S. and Ray R. Rees Speech Language and Hearing Clinic, a teaching clinic on the Cal State East Bay campus for students preparing for careers in speech-language pathology.

During the academic year, the Rees clinic provides speech therapy services to the community at no cost. Donations are welcome, and can be made securely online (<https://www.csueastbay.edu/class/departments/commsci/clinic/donation.html>)

Virtual kidnapping scams are on the rise

**BY ROBERT JABLON
ASSOCIATED PRESS**

LOS ANGELES (AP), — Authorities are warning about a rise in virtual kidnappings — where con artists falsely claim to be holding victims’ relatives for ransom.

Los Angeles police and federal officials warned July 25 that dozens of people have fallen prey to the scam in recent years and have paid out more than \$100,000.

Authorities say the scammers typically claim that the victim’s

child or other relative faces mutilation or death unless money is paid. Sometimes the calls are made at random but sometimes the scammers target people using information gleaned from their social media accounts.

The FBI says it’s received some 80 reports of victims in California, Texas and Idaho. Authorities say actual ransom kidnappings are rare, and anyone receiving such calls should hang up, check on their relatives’ safety and contact police.

Traditional Chinese Medicine Festival



Saturday, August 12

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continued from page 1

100 years of fashion

of styles on Monday, August 21 at the Alta Mira Club in San Leandro.

Shawn Richardson of the Greater East Bay’s all-volunteer auxiliary The Goodwill Bags says the organization has been presenting unique fashion shows displaying donated items ranging from furs to wedding dresses and swimming costumes since 1972. A variety of authentic, donated treasures from eras such as the Victorian period, Civil War, and the Roaring Twenties will be modeled by auxiliary volunteers.

The elegant tea and dessert luncheon sponsored by the Alta Mira Club will benefit the group’s scholarship fund for students at San Leandro and Arroyo High Schools. The Alta Mira Club was organized in 1907 and has been a member of the California Federation of Women’s Clubs since 1908 and the General Federation of Women’s Clubs since 1912. Club members are dedicated to civic improvements and host a number of events throughout the year, including a pancake breakfast in October, a boutique in November, a holiday tea in December and shrimp fest in February. Club members also hold other charitable causes such

as toy drives and sponsor and support local community organizations.

Double good works are ensured by those attending this event, as The Goodwill Bags supports Goodwill Industries’ mission services of job training and placement.

If you’re thinking that clothes have nothing to do with wars or modes of transportation you’ll be enlightened to learn that fabric shortages during World War II dictated severe silhouettes, as frivolity and extravagance were put on hold. And when



acquisition of the automobile at the turn of the century achieved status, driving clothes and veiled hats were developed to protect against dust so stylish Americans could drive on unpaved roads with their fashions protected.

In much the same way Americans’ current “athleisure” outfits of Lycra leggings and sports team regalia are recognized as acceptable day wear, so were linen walking suits for women in 1920 with skirts rising, surprisingly, above the ankle! In 1930, women clamored to look like Hollywood screen idols, which prompted many high fashion designers to produce clothing for the mass market and sell through department stores. The sleek satin bias-cut dresses worn by Jean Harlow and other screen stars featured dramatic lines that played best to camera. Captivating images appeared in fan magazines’ glossy pages and in widely circulated newspapers.

Royal personalities also influenced the continually changing fashion market. France’s Princess Eugénie, known worldwide as a beauty and a trend setter, collaborated in 1868 with the designer Charles Frederick Worth to change the popular bell-shape silhouette into a straight and narrow-fronted frock that hugged the figure and boasted a bustle in the back of the dress. The sensation immediately caught on, and



women were freed of the layers of restrictive horsehair and linen crinoline skirts, as well as hooped, metal cages, which mimicked layers of underskirts and petticoats.

Because the grand Peralta House in San Leandro boasts architectural features from several historical time periods, it’s the ideal backdrop for a history-themed fashion show. While viewing clothes spanning 100 years of style, guests to the event will be able to time travel over a cup of tea seated in the historic Ignacio Peralta house built in 1860. Said to be the first brick house erected in Alameda County, it has additional historic

associations with the large and landed Peralta family who were pioneers of the area. It is California Registered Historical Landmark 285 and has been under the care of the Alta Mira Club since 1926.

To purchase tickets, please call (510) 483-1018 or e-mail nancyfong@aol.com.

Have Bag Will Travel: 100 Years of Fashion
Monday, Aug 21
11:30 a.m.
Alta Mira Club
561 Lafayette Ave, San Leandro
(510) 483-1018
nancyfong@aol.com
Tickets: \$25 per person

Roof Rats

BY PAT KITE

A roof rat has eaten my fig. Normally I don't care, as I usually have a zillion figs, but this year's crazy weather has left me with several immature baby figs and one adult fig. It was just turning purple, and I decided to wait until it turned royal purple—nice and sweet. The next morning, sadly, only a shred of skin remained. This column is therefore dedicated to Mr. or Mrs. Rattus rattus, in case he or she is the culprit.

Roof rats, also known as ship rats, black rats, house rats, white-bellied or gray-bellied rats, are common in our area. They take up residence in ivy, walls, vines, attics and trees. Sometimes they opt to live in palm trees that are festooned with old fronds. Roof rats can climb horizontally and vertically. They easily clamber up pipes. In addition to my cherished fig, rats eat fresh and fallen fruit, nuts, vegetables, and whatever is remotely edible. If you leave out cat food or dog nibbles, rats devour those too.

To obtain water from dried food, rats get it from leaky plumbing, aging sewer pipes, leaky sprinkler heads, and similar. When water is scarce, rats will chew through plastic and metal pipe.

Rats vs. mice. House mice are smaller. They are about three inches long, not including the tail, which is about 2 to 3 inches long. Weight is about one ounce. They are light grey to dark brown. Actually, they do tend to be cute, unless they have eaten your dishwasher rubber piping. Then mice tend to be an expensive repair. Roof rat bodies are six to eight inches long. Their six- to- nine- inch long, hairless scaly tails make them visible when climbing up your bird feeder for a snack.

Roof rats live all over the world, except for icy regions and true deserts. Where people dwell, roof rats usually dwell too. Roof rat remains have even been discovered in prehistoric sites. There are a few other types of rats besides Rattus rattus. They include Rattus norvegicus, the

TRI-CITY GARDEN CLUB MEETINGS:
Friends of Heirloom Flowers
Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.
1251 Peralta near Mowry, Fremont (510) 656-7702
Bring gloves and tools. - Social Hour afterward
Every Thursday, 10 a.m. - 12 p.m.
Niles Rose Garden - 36501 Niles Boulevard, Fremont
Bring gloves and tools.
[Across Driveway from Mission Adobe Nursery]
Contact Joyce Ruiz: 659-9396
Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club
First Friday of each month, 1-2 p.m.
Tanya Mendoza, Program Coordinator 510-790-6602

Fremont Garden Club
The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org call Lynn at 510-604-8206

Gardens at the California Nursery Historical Park
Every Thursday 10 a.m. - 12 p.m.
36501 Niles Boulevard, Fremont
Bring gloves and tools
Park near entrance across from rose garden
contact bart.balk@comcast.net for details
Find us on Facebook:
www.facebook.com/FriendsofCaliforniaNurseryHistoricalPark



PAT KITE

L. Patricia [Pat] Kite's several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids*, *Raccoons*, *Ladybug Facts and Folklore* and *Silkworms*. They may be found at Amazon.com and Alibris.com.

house. There is supposedly a magical means to be rid of them: write a curse on a piece of paper, and leave it where the rats can find it. I shall try this should I ever again have an almost ripe fig.

Restaurant Walk

SUBMITTED BY JOE FARIAS

The Castro Valley Lions Breakfast Club will be hosting their 21st annual "Restaurant Walk" in the Castro Valley Village on Tuesday, August 22. Spend the evening visiting old friends and taste foods from many of the restaurants in the Village, including Don Jose's, Vitality Bowls, Mr. Pickles, Starbucks, Aroma Cuisine of India, Lord's Ice Cream, the nearby Milkcow Café, Wend's Café, and Knudsen's Ice Creamery.

All proceeds from the event are used to support local non-profit organizations, Ruby's House, Blue Star Moms and more.

Each restaurant walker must have a booklet of tickets. These ticket booklets are available for purchase at the Castro Valley/Eden Area Chamber of Commerce office (3160 Castro Valley Boulevard, Castro Valley) or by calling Joe Farias at (510) 581-2897. Cost per booklet is \$20. This event has been selling out each year, so get your tickets soon!

Restaurant Walk
Tuesday, Aug 22
6 p.m. – 8 p.m.
Castro Valley Village
20211 Patio Dr, Castro Valley
(510) 581-2897
www.cvllionsbreakfastclub.org
Tickets: \$20

SAVE Evening of Empowerment

SUBMITTED BY
TINA FERNANDEZ

On Saturday, September 30, SAVE (Safe Alternatives to Violent Environments) will host its annual fundraising gala, An Evening of Empowerment: Hero Edition, at the DoubleTree by Hilton in Newark from 6 to 11 p.m. Funds raised will benefit SAVE's comprehensive domestic violence victim support services, including its 30-bed safe house, 24-hour crisis hotline, individual and family counseling, and Empowerment Center.

Because SAVE services are offered free of charge, community support is critical to client success. Join SAVE and bring peace, empowerment, and hope to some of the most vulnerable individuals in our communities – victims of domestic violence.

The hero theme is a chance for SAVE to celebrate those who inspire the organization's staff and volunteers every day: the courageous and resilient individuals and families they serve. In turn, SAVE is encouraging gala guests to share, wear, and talk

about who or what inspires them. In communicating heroes and inspirations, the evening will be a celebration of what makes community members unique and what unites us. The event will also be SAVE's first efforts of the year to draw attention to October being National Domestic Violence Awareness Month, a nationwide effort to highlight the issue of intimate partner violence.

Asked about the event, SAVE's Executive Director, Dr. Yasi Safinya-Davies remarked, "It will be a great opportunity to hear about our innovative programs, meet other movement makers in our community, and celebrate the strong people we serve!"

An Evening of Empowerment: Hero Edition will include a wine welcome during the registration hour, live entertainment, the presentation of SAVE's Community Partner and Volunteer of the Year Awards, the screening of SAVE's newest short film, dinner, silent and live auctions, and more! Sponsors to date include the Beck Family Foundation, Blocka Construction, the East Bay Community Foundation, Fremont Bank,

Nicole Causey/Legacy Real Estate, PetersenDean, the Randall A. Wolf Family Foundation, Robson Homes, Sisters of the Holy Family, and Washington Hospital Healthcare System. For a complete list of sponsors, visit SAVE's website: www.save-dv.org. For information about sponsorship and advertising opportunities, contact TinaF@save-dv.org.

This is your chance to support a wonderful cause and to celebrate your personal hero. Hero attire is encouraged but optional, cocktail or business attire are welcome as well. Who is your hero?

SAVE Evening of Empowerment
Saturday, Sep 30
6 p.m. – 11 p.m.
Doubletree by Hilton
39900 Balentine Dr, Newark

For tickets, call
(510) 574-2250 ext. 106 or
order online via Brown Paper
Tickets: <https://goo.gl/8wx9ST>
More information:
www.save-dv.org
or email TinaF@save-dv.org

Health Fair fun for the family

BY VICTOR CARVELLAS

Davis Street is excited to host its 3rd annual Health Fair on Saturday, August 12! Last year, more than 1,000 people attended the health fair. Between 1,500 and 2,000 are expected to attend this year's fun-filled event. Adults can get complimentary blood pressure checks and kids, free dental screenings. Volunteers will be on hand to provide information related to health resources, help with insurance enrollment for Medi-Cal and Covered CA, and assistance applying to CalFresh, a California state program for helping low-income families put healthy food on the table.

A delicious and complimentary BBQ lunch is available to all attendees thanks to Local 55 Firefighters Union of Alameda County (who will do the cooking) and Saag's Specialty Meats, who donated the meats. The event will also feature a mini-farmers market where vendors will provide complimentary fresh produce to attendees thanks to Pacific International Marketing. Guests should be sure to tour the newly renovated Davis Street Primary Care Clinic. A DJ will provide music to create a festive mood.

More than just a health fair, the event promises to be fun for the whole family, with carnival games, face painting and 25 community resource booths. This year's scheduled participants include: Alameda Alliance; Alameda County / Firefighters Local 55; Alameda County Fire Department; Alameda County Health Care Service Agency; Alameda County Food Bank, Alameda Health Systems, Sexual Assault Response and Recover Team;

Al-Anon/Alateen Family Groups; Building Futures for Women and Children; Drivers for Survivors; Eden Health District; Eden I&R / 2-1-1 Alameda County; FeelSafe Wireless; George Mark Children's House; Golden Gate Sleep Centers; Healthy Relationships California; Planned Parenthood Mar Monte; Pulmonary Fibrosis Foundation; Rep. Barbara Lee's Office; Rubicon Programs; San Leandro Police Department; San Leandro

Recreation and Human Services; San Leandro Youth Soccer League; East Bay Agency for Children; Stepping Stones Growth Center; Women, Infants, and Children (WIC).

For more than 45 years, Davis Street has helped low income families of the Eden area and the surrounding communities improve their quality of life through short and long-term assistance. Today, Davis Street offers a comprehensive safety net that helps clients navigate their journey to financial, physical, and mental well-being. Davis Street programs include, emergency food and clothing, subsidized child care, housing and utility assistance and referrals, five child care centers and a newly renovated state of the art Primary Care Clinic providing medical, dental and behavioral health services.

Davis Street Health Fair
Saturday, August 12, 2017
10:00 a.m. – 2:00 p.m.
Davis Street Community Center
3081 Teagarden Street, San Leandro
For more information call
(510) 347-4620 ext. 113
Email: skumar@davisstreet.org
Free





**Call to Artists and Sponsorship Opportunities:
City of Fremont boxart!
Utility Box Project - Phase 4**

Deadline extended to September 15

The deadline for the City of Fremont **boxART!** program to request submissions to transform our traffic signal control boxes with compelling and creative imagery has been extended to September 15, 2017. We are looking for innovative artists to enhance the utility boxes in a dramatic and new way.

This is a tremendous opportunity for forward thinking artists to let the community see your work. Hundreds of people will drive or walk by the boxes daily. In addition, photographs of the boxes will be displayed on the City of Fremont website and other venues with your name and contact information.

ELIGIBILITY: San Francisco Bay Area residents

THEME: The theme for Phase 4 is “Agriculture – Past/Present”. Fremont’s agricultural history is rich with ranching, farming, nurseries, milling and canning industries, and more. While the city has evolved into its hi-tech identity, agricultural industries and community gardening endeavors continue to thrive. Artists are encouraged to provide their own interpretations.

DEADLINE FOR PROPOSALS: Friday, September 15, 2017

STIPEND: \$650, which includes material costs.

There are also sponsorship opportunities available for each **boxART!** By sponsoring a traffic signal control box, citizens, businesses, nonprofits, and places of worship are actively participating in bettering our community.

For more information on the program, including sponsorship opportunities, visit www.Fremont.gov/boxart or contact Program Manager Susan Longini at boxart@fremont.gov or 510-494-4555.



Movie under the Stars



Join the City of Fremont Recreation Services Division for Friday Night Movies in the Park this summer on August 18. The LEGO Batman Movie will be shown just after sunset at the Central Park Performance Pavilion.

The event is free, so grab some blankets or low beach chairs, a picnic dinner and enjoy a great flick with your family this summer! For more details, visit www.Fremont.gov/MovieNight.

**City of Fremont Implements
50-50 Sidewalk Program**

Attention all residents that have broken and damaged sidewalks caused by street trees

The Fremont City Council recently authorized limited funding for its 50-50 Sidewalk Program, which helps local property owners repair their sidewalk. Funds are available on a first-come, first-served basis. If interested, residents can visit www.Fremont.gov/Sidewalks, fill out a Sidewalk Repair Request, and attach an image of their sidewalk that is in need of repair.



And if fixing the sidewalk involves pruning or removing a tree, the City of Fremont also has a 50-50 Tree Program for replacing eligible street trees. Those interested need to first apply for a tree permit at no cost at www.Fremont.gov/TreePermitApplication.

For additional information on the 50-50 Sidewalk Program, visit www.Fremont.gov/5050Sidewalk. For information on the 50-50 Street Tree Program, visit www.Fremont.gov/5050Tree.

**Fun-Filled Festivities
Coming to Downtown Fremont
this Summer and Fall**

Summer is in full swing! Check out all the events in Downtown Fremont scheduled through fall! Grab some gourmet treats at Fremont Street Eats, held every Friday through October 27 from 4:30 to 9 p.m. on Capitol Avenue between Liberty and State streets, and stay for fun, music, and festivities.

This past weekend, the Fremont Festival of the Arts brought together artists, musicians, businesses and festival-goers for two days of music, art and gourmet food at the largest free street festival west of the Mississippi. Next up is the Festival of India and Parade, which will take place on August 12 and 13 and includes an annual celebration of Indian heritage and culture.

The fun doesn’t slowdown in September! Labor Day weekend starts with the Future Fremont Block Party on Capitol Avenue, Saturday, September 2, from 12 to 7 p.m. Enjoy live music, food, games, and provide feedback on what you want for the future downtown temporary plaza. Then, as the weather cools down, catch a flick under the stars at Downtown Date Night on September 22, and bring the kids to Trick or Treat on Downtown Safety Street on October 20.

For more information on these events, visit www.Fremont.gov/Downtown.



**City of Fremont Maintenance Center
Makes Way for Solar Carports**



The City of Fremont’s solar energy efforts took another big leap forward in May with the installation of new solar carports at the Maintenance Center at 42551 Osgood Rd.

The structures – similar to those constructed in parking lots at the Police Building Complex, Aqua Adventure Waterpark, and Irvington Community Center – will result in approximately a five percent reduction in greenhouse gas emissions resulting from City of Fremont municipal operations.

This solar carport installation is another big step toward meeting the City of Fremont’s Climate Action Plan goals. The project will also save the City about \$1.3 million in electricity costs over the next 20 years.

**Fremont Family Resource Center’s Peer Lending Program
Helps Residents Correct Credit Scores**

Establishing and improving a credit score can be no easy feat. But, we all know a high credit score is crucial if someone is looking to rent or buy housing, find a job, open a credit card, or obtain a better loan.

The Fremont Family Resource Center’s Peer Lending Program, which is operated by SparkPoint Fremont and will be available starting in August, was developed to help out

those who need assistance establishing or improving a positive credit score. How does it work? This financial program provides users with a very small social loan that increases their credit score as they pay back the loan on time. And, the loan doesn’t come from SparkPoint Fremont. It’s a zero percent interest loan that is provided by a group of peers who are also looking to improve their credit scores.

Those interested in the Peer Lending Program must have a household income below the listed income for their household size, be 18 years of age, and become a SparkPoint client in good standing.

Additional information and qualifications for the Family Resource Center’s Peer Lending Program can be found at www.Fremont.gov/PeerLending.

SUPERHERO MONTH



What do Spiderman and Wonder Woman have in common?

They are looking forward to visiting local libraries during the month of August and inviting pre-teens to participate in a contest to create and publish their own superhero in Tri-City Voice. In August, everyone is invited to stop by and snap a picture with Spiderman and Wonder Woman. Contest rules and superhero supplies are available at your local participating library. Enter the contest for a chance to make your superhero famous.

SUPERHERO MONTH

Visit your participating library to meet Spiderman and Wonder Woman. They have agreed to pose with fans of all ages to celebrate their special month and invite pre-teens to create a new superhero to join their ranks. Each library will select their top entry to be published in a September issue of Tri-City Voice. Don't delay... entry deadline is August 25th. Will your superhero be the one?

Participating libraries include:

Castro Valley

Fremont (Main)

*Contest entries available at Centerville, Irvington, Niles

Milpitas

Newark

San Lorenzo

Union City



continued from 1

Textile Art

Jean Jurgenson, from Walnut Creek, made her first architectural quilt 24 years ago. "Since then my interest in architecture has only deepened," she says. It does not matter how long it takes, or what technique she uses. She just works towards an effect that pleases her, knowing that when she's done there will be another piece that she is as excited to begin!

A retired California Superior Court Judge, Sue Siefkin first began making quilts in 1990. Almost a decade later, she attended a seminar that radically changed her perspective. Freed from the traditional quilt block format, she has since focused exclusively on producing original textile "paintings" with "layering and fusing fabric from background to foreground."

Geri Patterson-Kutras likes to tell stories through the medium of cut cloth, stitch, color, and design. Originally from a special education background, Patterson-Kutras earned another degree in studio art after her retirement. In this exhibit, she explores the architectural relationships between

buildings and the landscape. Patterson-Kutras believes that, "like human relationships, structural-environmental relationships are never static."

Gallery Curator Gloria Kim has selected 10 additional Bay Area artists – Nancy Bardach, Adriane Dedic, Giny Dixon, Kirsie Engels, Susan Helmer, Kay Hille-Hatten, Barbara Meyers, Denise Oyama Miller, Liliana Rocha, and Ellen Wong – whose works will also be displayed at the exhibition.

Nancy Bardach credits her inspiration to years of art observation, architectural school, and practice, and a constant enjoyment of her visual surroundings. Her recent work is characterized by abstract imagery, brilliant coloring, and curved piecing of cotton fabrics.

In her most recent mixed-media creations, Adriane Dedic uses fabric, stitching, and paper shapes to form artistic lines, then adds textures and embellishments. Female figures, geisha, birds, and gardens often constitute her themes. She loves it when her art touches someone. "It's like a language without words."

With a background in construction management, space planning, and interior design, Giny Dixon grew an affinity towards color, texture, and materials. Experimentation with different quilting techniques and surface design methods ultimately led to creating her own fabric that became the foundation of her artwork.

Kirsie Anna-Maria Engels works with handmade papers that she created without an objective. Their textures and colors inspired her to make them into something more touchable, to be held and played with, adding "a tactile experience to the visual."

Mesmerized by "the incredibly intense colors spread like magic on the silk," Susan Helmer started off as a silk painter, but later began to incorporate her love of textiles and beads into her paintings. Her interest in color

and textiles has led to a variety of utilitarian products including T-shirts and scarves.

Kay Hille-Hatten's piece is a product of "random weaving infused with artist-made paper." Her weaving experience comes from basketry and she loves to make paper. Her work on display is a result of experimentation with yarn, wax linen, ribbon, raffia, and paper pulp.

An ordained Unitarian Universalist minister, Barbara Meyers does weaving as a creative outlet and as part of her spiritual practice. She specializes in the Theo Moorman weaving technique, which is characteristic of most of her creations.

Denise Oyama Miller enjoys making things with her hands. While traveling, she always keeps journals for recording what she sees and ideas for future work. For Miller, "the challenge of taking an idea from inspiration to artwork is thrilling."

The artwork of Liliana Rocha analyses clothing, how it is made to function within a specific environment, and how it relates to the body. Clothing to her is more than a set of pieces of fabric on the body, for "it is the construction of a membrane with textiles."

Ellen Wong likes to "manipulate colors and shapes to create compositions with depth, movement and mystery." She loves to challenge herself into translating any verbal idea or concept into a visual composition.

The 49th annual Textile Exhibition will open with an Artists' Reception on Friday, August 11 and will remain on display through Saturday, September 23.

Textile Exhibit
Friday, Aug 11 – Saturday, Sep 23
Thursday – Sunday, Noon – 5 p.m.

Opening Reception
Friday, Aug 11
7 p.m. – 9 p.m.

Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
www.fremont.gov



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I need a Forever Home



Myrtle is a 12 yrs young pup who's a little shy. She likes being close to her person and showering them with kisses and nuzzles. Being curled up by your side is her favorite thing. She doesn't like a lot of noise and would be fine in a home with kids 13 yrs and older. Info: Hayward Animal Shelter. (510) 293-7200



Tootsie is a 3 month old baby girl with sleek black fur and big green eyes. She's a bit shy and needs a family who'll give her a little TLC to help her blossom in new environments. She's very sweet and enjoys being pet once she gets to know you. Info: Hayward Animal Shelter. (510) 293-7200

ENRICH YOUR LIFE - BECOME A VOLUNTEER!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.



CONTINUING EVENTS

Tuesdays, May 9 thru Aug 29

Street Eats

5 p.m. - 9 p.m.

Variety of food trucks, art in the park, activities

Adobe Art Center
20395 San Miguel Ave.,
Castro Valley
(510) 537-5300
info@castrovalleychamber.com

Fridays, May 12 thru Oct 27

Fremont Street Eats

4:30 p.m. - 9:00 p.m.

Food trucks, beer, wine and entertainment

Downtown Fremont
Capitol Ave., Fremont
www.fremontstreeteats.com

Wednesdays, Aug 16 thru Oct 25

Newark Police Department Citizen Police Academy - R

5:30 p.m. - 9:00 p.m.

Participants learn about local law enforcement

Register by July 28th
Newark City Hall
37101 Newark Blvd., Newark
(510) 578-4352
beverly.ryans@newark.org

Thursdays, Jun 1 thru Aug 17

Fatherhood Class - R

6:30 p.m. - 8:30 p.m.

Discuss parenting skills and conflict management

Registration due date May 25
Fremont Family Resource Center
39155 Liberty St., Fremont
(510) 333-3478
www.RelationshipsCA.org/R3Academy

Wednesdays, Jun 7 thru Oct 25

Street Eats

5 p.m. - 9 p.m.

Variety of food trucks

Niles Town Plaza
37592 Niles Blvd., Fremont
www.thefoodtruckmafia.com

Thursdays, Jun 15 thru Sep 28

Food Truck Mafia

5 p.m. - 9 p.m.

Variety of food trucks and entertainment

San Lorenzo Street Eats
Hesperian Blvd and Paseo
Grande, San Lorenzo

thefoodtruckmafia@gmail.com
www.thefoodtruckmafia.com

Tuesdays & Wednesdays, Jun 13 thru Aug 30

Cribbage Club

6:20 p.m.

Tues: Beginner Night

Wed: Intermediate Night
Round Table Pizza Centerville
37480 Fremont Blvd, Fremont
(510) 793-9393
http://www.accgrassroots.org/

Monday, Tuesday, Thursday & Saturday, Jun 17 - Aug 17

Kintsugi Healing Cracked Spaces

Mon: 5 p.m. - 10 p.m.

Tues & Thurs: 10 a.m. - 1 p.m.

Sat: 12 noon - 3 p.m.

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Friday - August 11

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www.fremontfarmersmarket.com

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May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

**Kaiser Permanente Fremont
Farmers’ Market**

Thursdays

10 a.m. – 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers’ Market

Sundays

9 a.m. – 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer’s Market

Saturdays

9 a.m. - 2 p.m.

Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers’ Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

**Kaiser Permanente
San Leandro**

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

**Milpitas Farmers’ Market at
ICC**

Sundays

8 a.m. – 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers’ Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmkts.com

UNION CITY:

**Kaiser Permanente Union
City Farmers’ Market**

Tuesdays

10 a.m. – 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers’ Market

Saturdays

9 a.m. – 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

**Tuesday, Jun 20 - Friday,
Aug 11**

Kids Summer Camp \$R

8:30 a.m. - 3:30 p.m.

Sports, music, arts and crafts

Vacation homework assistance

Grades 1 – 8

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319 x204

http://tri-cities.salvationarmy.org/

Friday, Jul 1 - Sunday, Sep 1

**Healing Wings and Natural
Things Exhibit**

10 a.m. - 5 p.m.

*Nature photographs to encourage relax-
ation*

Hayward Shoreline Interpretive

Center

4901 Breakwater Ave., Hayward

(510) 670-7270

www.haywardrec.org

**Wednesday, Jul 1 - Sunday,
Sep 24**

Art and Science of Pinball \$

10 a.m. - 5 p.m.

*Discover variety of old and new ma-
chines*

View inner-workings on see

through machine

Interactive games

Chabot Space & Science Center

10000 Skyline Blvd., Oakland

(510) 336-7373

www.chabotspace.org

Mondays, Jul 3 thru Aug 21

Walk This Way

9:00 a.m. - 10:45 a.m.

Fitness games and outdoor walking

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

http://www.newark.org/depart-
ments/recreation-and-commu-
nity-services/senior/

Wednesdays, Jul 5 - Aug 30

Spring Chicken Exercise \$

9:30 a.m. - 11:00 a.m.

Improve flexibility, strength, balance

Ruggieri Senior Center

33997 Alvarado Niles Rd.,

Union City

(510) 675-5495

ruggieriseniorcenter@unioncity.org

**Wednesday, Jul 7 - Sunday,
Sep 10**

Arts and Letters Exhibit \$

10 a.m. - 4 p.m.

*Variety of pieces reflecting words and
art*

Hayward Area Historical Society

Museum

22380 Foothill Blvd., Hayward

(501) 581-0223

www.haywardareahistory.org

**Thursday, Jul 11 - Sunday,
Aug 12**

Red, White and Tuna \$

Thurs - Sat: 8 p.m.

Sun: 3 p.m.

*Comedy portrays small town Texas
family*

Broadway West Theatre

Company

400-B Bay St., Fremont

(510) 683-9218

www.broadwaywest.org

Tuesdays, Jul 11 thru Aug 29

Bridge 1

9:30 a.m. - 10:30 a.m.

Set up, bid play and score keeping

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org

Tuesdays, Jul 11 thru Aug 29

Bridge 2

10:45 a.m. - 11:45 a.m.

Mastering game strategy

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org

Thursdays, Jul 13 - Aug 31

Bingo \$

1 p.m.

Games, refreshments and door prizes

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org



CENTERVILLECHURCHPRESCHOOL

Serving Fremont children
for over 50 years!!

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Monday-Friday: 2, 3, & 5 day classes
Curriculum Hours: 9:00 a.m.-12:30 p.m.

New Extended Care Hours Available:
7:30 a.m.-9:00 a.m.
and 12:30 p.m.-6:00 p.m.

**Now Enrolling Children Ages
2.9 months old to K-ready**

4360 Central Avenue, Fremont
Located across from the DMV
510-793-3575 x12
Email: preschooloffice@cpcfremont.org



**Saturday, Jul 15 – Sunday,
Aug 13**

Arsenic and Old Lace \$

*8 p.m. Saturdays & Fridays, Aug 4 &
11*

2 p.m. Sundays

Zany family disconnected from reality

San Leandro Museum/Audito-
rium

320 West Estudillo Ave,

San Leandro

(510) 895-2573

www.slplayers.org

Mondays, Jul 17 thru Aug 28

Bunco

10 a.m.

Dice game

No experience necessary

Newark Senior Center

7401 Enterprise Dr., Newark

(510) 578-4840

www.newark.org

Wednesdays, Jul 19 - Aug 30

**Resume Writing and Job Search
Class**

11:45 a.m. - 12:45 p.m.

Employment assistance

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319

Lilyx.MacCallum@usw.salvation-
army.org

Thursdays, Jul 20 - Aug 31

Bingo

10:30 a.m. - 12 noon

Fun, friendship and prizes

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319

Lilyx.MacCallum@usw.salvation-
army.org

Fridays, Jul 21 thru Aug 25

Exercise Class

11:45 a.m. - 12:45 p.m.

Yoga, stretching, gentle cardio

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319

Lilyx.MacCallum@usw.salvation-
army.org

Fridays, Jul 21 thru Aug 25

Youth Night

5:30 p.m.

Educational and recreational activities

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319

Lilyx.MacCallum@usw.salvation-
army.org

Mondays, Jul 24 thru Aug 28

**Nutrition Basics and Cooking
Class**

11:45 a.m. - 12:45 p.m.

Healthy eating and simple recipes

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319

Lilyx.MacCallum@usw.salvation-
army.org

Tuesdays, Jul 25 - Aug 29

**English as a Second Language
Class**

10:00 a.m. - 11:30 a.m.

Open to all adult learners

Salvation Army Newark

36700 Newark Blvd., Newark

(510) 793-6319

Lilyx.MacCallum@usw.salvation-
army.org

Tuesdays, Jul 25 thru Sep 26

Toastmasters Club Meeting

7:00 a.m. - 8:10 a.m.

Practice public speaking and leadership

Newark Branch Library

6300 Civic Terrace Ave., Newark

(510) 402-8318

www.1118.toastmastersclubs.org

Friday, Jul 28 - Sunday, Aug 13

Footloose The Musical \$

Fri & Sat: 7:30 p.m.

Sun: 2:30 p.m.

Starstruck Theatre production

Intended for audiences ages 8+

Smith Center

43600 Mission Blvd., Fremont

(510) 659-6031

http://starstrucktheatre.org/
www.smithcenter.com

Wednesdays, Aug 2 - Sep 27

**Hayward PD Community Acad-
emy – R**

6 p.m. - 9 p.m.

*Topics include crime, traffic, narcotics,
911 dispatch*

Application and background

check required

Must be 18+

Hayward Police Department

North District Office

22701 Main St, Hayward

(510) 293-7151

gale.bleth@hayward-ca.gov

http://www.haywardpd.net

Wednesdays, Aug 16 thru

Oct 25

Citizen Police Academy – R

5:30 p.m. - 9:00 p.m.

Volunteers train to assist Newark Police

Application due 7/28

Newark Police Department

37101 Newark Blvd., Newark

(510) 578-4352

beverly.ryans@newark.org

Friday, Jul 28 - Monday, Oct 2

**Blue Planet #Standupfor-
Science**

8:30 a.m. - 4:30 p.m.

*Exhibit on climate change, habitat de-
struction*

John O’Lague Galleria

777 B Street, Hayward

(510) 581-4050

www.SunGallery.org

www.haywarddartscouncil.org



BRONCO BILLY'S PIZZA PALACE

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Fri & Sat. 11am -11pm

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26775 Hayward Blvd. Hayward

Present Coupon When Ordering. Mobile Coupons Not Accepted
Offers Cannot be Combines.

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

Tuesday, Aug 1
2:30 – 3:00 Glenmoor School,
4620 Mattos Dr., FREMONT
4:45 – 5:20 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:40 Booster Park, Gable
Dr. & McDuff Ave., FREMONT

Wednesday, Aug 2
1:40 – 2:10 Jerome Ave. &
Ohlone St., FREMONT
2:30 – 4:00 Warm Springs
Community Center,
47300 Fernald St., FREMONT
5:45 – 6:45 Camellia Dr. &
Camellia Ct., FREMONT

Thursday, Aug 3
No Service

Friday, Aug 4
No Service

Monday, Aug 7
2:15 – 3:00 Seabreeze Park, Dyer
St. & Carmel Way,
UNION CITY

4:45 – 6:45 Forest Park School,
Deep Creek Rd. & Maybird Cir.,
FREMONT

Tuesday, Aug 8
2:30 – 3:00 Glenmoor School,
4620 Mattos Dr., FREMONT
4:45 – 5:20 Baywood
Apartments, 4275 Bay St.,
FREMONT
5:50 – 6:40 Booster Park, Gable
Dr. & McDuff Ave., FREMONT

Wednesday, Aug 9
1:40 – 2:10 Jerome Ave. &
Ohlone St., FREMONT
2:30 – 4:00 Warm Springs
Community Center,
47300 Fernald St., FREMONT
5:45 – 6:45 Camellia Dr. &
Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Wednesday, August 16
3:30 – 4:00 Friendly Village Park,
120 Dixon Landing Rd.,
MILPITAS

Fremont Laser Med Spa

Dr. James Kojian, M.D. Owner

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Destroy the fat cells
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Non Invasive
Buy 10 Cavitation
fat cell blasting trtmnts
and get 10 ILipo Free**

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**Reduce the
production
of melanin,
brown spots,
and acne
\$500 COUPON
towards
recommended
package**

Liquid Face lift with Fillers



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Done by Dr. James Kojian
1.Fill your tear trough
(under eye area)
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Look 10-15 years younger
\$150 COUPON towards
recommended package**

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www.fremontlasermedspa.com

210 Fremont Hub Courtyard, Fremont



Need an activity for the children this summer?

The Fremont Art Association

offers classes for children and adults.

Classes are offered during the day and evening.

Check out our website
www.fremontartassociation.org
510-792-0905

Thursday, Aug 11 - Sunday, Sep 23
Textile Exhibit
12 noon - 5 p.m.
Traditional and contemporary fiber artworks
Opening reception Friday, Aug 11 at 7 p.m.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Saturday, Aug 12 - Sunday, Aug 13
Obon Festival
Sat: 5 p.m. - 7 p.m.
Sun: 10 a.m.
Food, music and dancing
Southern Alameda County
Buddhist Church
32975 Alvarado Niles Rd.,
Union City
(510) 471-2581
www.sacbc.org

Saturday, Aug 12 - Sunday, Aug 13
Discovery Days
10:30 a.m. - 3:30 p.m.
Hands-on exploration and crafts
Parent participation required
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Aug 12
Canine Capers Dog Walk – R
9 a.m. - 11 a.m.
Enjoy open spaces with your dog
Ages 8+
Garin Regional Park
1320 Garin Ave., Hayward
(888) 327-2757

Saturday, Aug 12
Meet the Chickens \$
10:30 a.m. - 11:00 a.m.
Interact with chickens in the coop
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 12
Outdoor Crafting Beginning Leatherwork – R
10 a.m. - 12 noon
Create a small patch from leather
Family program
Alviso Environmental Education
Center
1751 Grand Blvd., Alviso
(408) 262-5513 x104
http://craftleather.eventbrite.com

Saturday, Aug 12
Campfire Program
8 p.m. - 9 p.m.
Games, songs and stories around the campfire
Anthony Chabot Campground
and Park
9999 Redwood Rd.,
Castro Valley
(510) 544- 3187
www.ebparks.org

Saturday, Aug 12
Niles Pie Open House
1 p.m. – 4 p.m.
Music, promotions and specials
Niles Pie Company
Dowe Business Park
32990 Alvarado-Niles Rd,
Suite 960
Fremont
(510) 324-4743
www.nilespie.com

Friday, Aug 11 - Saturday, Aug 12
Live Blues Music
9 p.m.
Various artists
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Aug 11
Friday Teen Festivities \$
4:45 p.m.
Dodgeball Tournament
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Friday, Aug 11
Family Movie Night
8:00 p.m.
Bring lawn chairs, blankets and a picnic
William Cann Neighborhood
Park
33001 Marsh Hawk Rd,
Union City
www.unioncity.org

Friday, Aug 11
Startup Grind Summer Party \$
6:30 p.m. - 9:00 p.m.
Mingle with local entrepreneurs
Food, drinks, dancing
Electronics For Imaging
6700 Dumbarton Circle,
Fremont
https://www.startupgrind.com/ev
ents/details/startup-grind-fre-
mont-presents-summer-party#/
Saturday, Aug 12 - Sunday, Aug 13
Marshall of Dreams
10 a.m. - 11 a.m.
Discuss farming and salt production
Docent led walk
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Aug 12
Drawbridge Van Excursion – R
9:30 a.m. - 12:00 noon
Docent narrated van tour of marsh-lands
Alviso Environmental Education
Center
1751 Grand Blvd., Alviso
(408) 262-5513
http://drawsummer.eventbrite.com

Saturday, Aug 12 - Sunday, Aug 13
FOG India Day Fair and Parade
10 a.m. - 6 p.m.
Food, music, dancing and kids games
Parade Sunday, Aug 13 at 11 a.m.
Downtown Fremont
Paseo Padre Pkwy. &
Walnut Ave., Fremont
(510) 304-5619
https://www.facebook.com/fogsv.org/

Saturday, Aug 12
Larry-O Car Show
9 a.m. - 3 p.m.
Classic cars, BBQ, raffle and kid's zone
Ruggieri Senior Center
33997 Alvarado Niles Rd.,
Union City
(510) 675-5495
www.unioncity.org



CALL FOR ARTISTS

Fremont Art Association's

52nd Annual Art Show

September 26 - October 29 2017

Members and the general public are invited to submit two and three-dimensional art for this juried Art Show. This year the juror is Julie Jenkins, the owner of JCO'S Art Haus in Los Gatos. \$700.00 in prizes will be awarded. Entry is done solely online. Go to <http://nncybntn.wixsite.com/50annualartshow> Deadline to enter is September 2

Saturday, Aug 12
Intro to Geo PDF Maps – R
10:30 a.m. - 12 noon
Docent instruction to utilize smart phone GPS
Devices with or without wi-fi or data connection
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222
<https://geopdf.eventbrite.com>

Saturday, Aug 12
We All Scream for Ice Cream \$
1 p.m. - 2 p.m.
Churn a homemade frozen treat
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 12
Old Fashioned Fun \$
2 p.m. - 3 p.m.
Walk on stilts, tug-o-war, sack races
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 12
Beginning Embroidery \$
11 a.m. - 12 noon
Decorate cloth with basic stitches
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Saturday, Aug 12
eBook and eAudiobook Help
10:30 a.m. - 12:30 p.m.
Assistance with electronic books and readers
Fremont Main Library

2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Aug 12
Summer Concert: Last One Picked
7 p.m. - 9 p.m.
Rock and Americana music
Pacific Commons at The Block
43923 Pacific Commons Blvd., Fremont
(510) 770-9798
www.pacificcommons.com

Saturday, Aug 12
Gloria Swanson Movie Night \$
7:30 p.m.
Why Change Your Wife, Danger Girl, Trip to Paramount Town
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Saturday, Aug 12
Misner and Smith \$
7 p.m. - 9 p.m.
Live acoustic folk music
Mission Coffee Roasting House
151 Washington Blvd., Fremont
(510) 474-1004
www.fremontcoffee.com

Saturday, Aug 12
Introduction to Tarot Board Game
2:00 p.m. - 4:30 p.m.
Mystical problem solving card game
Beginners only
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Aug 12
Day in Al-Anon Workshop \$
9 a.m. - 3 p.m.
Workshops, food, raffle baskets and prizes
Calvary Chapel Fremont
42986 Osgood Road, Fremont
<http://bit.ly/2thsysu>
www.ncwsa.org

Saturday, Aug 12
Multidisciplinary Art Demonstration
2 p.m. - 4 p.m.
Presentation by Pallavi Sharma
Adobe Art Center
20395 San Miguel Ave., Castro Valley
(510) 881-6735
www.adobegallery.org

Saturday, Aug 12
Health Fair
10 a.m. - 2 p.m.
Medical and dental screenings
Games, prizes, farmers market
Davis Street
3081 Teagarden St., San Leandro
(510) 347-4620 x113
skumar@davisstreet.org

Sunday, Aug 13
Rope Making and Hay Hoisting \$
1 p.m. 2 p.m.
Use antique machines and pulleys
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 13
Scrumptious Sourdough \$
10:30 a.m. - 12 noon
Sample biscuits with a sour kick
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 13
Rabbit Rendezvous \$
2:30 p.m. - 3:00 p.m.
Interact with bunnies
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Sunday, Aug 13
Blues and Jazz Concert in the Park
1 p.m. -5 p.m.
Featuring What’s Up Big Band
Bring blanket, lawn chair, picnic, no alcohol
Memorial Park
Tony Morelli Bandstand
24176 Mission Blvd., Hayward
(510) 881-6766
www.haywardrec.org

Sunday, Aug 13
Laurel and Hardy Talkie Matinee \$
4 p.m.
Free Wheeling, Them Thar Hills, Southern Exposure
Niles Essanay Theater
37417 Niles Blvd, Fremont
(510) 494-1411
www.nilesfilmmuseum.org

Sunday, Aug 13
Tribute to Kirana Gharana \$
5 p.m. - 8 p.m.
Live vocal and band performance
India Community Center
525 Los Coches Street, Milpitas
408-934-1130
www.IndiaCC.org

Monday, Aug 14
Bingo Luncheon \$
12 noon
Food, raffle and bingo
Eagles Hall
21406 Foothill Blvd., Hayward
(510) 584-1568

Monday, Aug 14
Big Little Lies Book Talk
6:30 p.m.
Engaging take on divorce and starting over
Hayward Main Library
835 C St., Hayward
(510) 881-7700
sally.thomas@haywrdr-ca.gov

Tuesday, Aug 15
Weekday Bird Walk
7:30 p.m. - 9:30 p.m.
Tranquil walk along park trails
All levels of birding experience welcome
Garin Regional Park
1320 Garin Ave., Hayward
(510) 582-2206
www.ebparks.org

Tuesday, Aug 15
Newark Days Volunteer Meeting
7 p.m.
Join Newark Days committee
League of Volunteers Office
8440 Central Ave., Ste A, Newark
(510) 793-5683
www.newarkdays.org

Tuesday, Aug 15
Kiwanis Club Meeting
7 a.m.
Discuss Passport to World Arts for Children
Doubletree Hotel
39900 Balentine Dr., Newark
(510) 490-8390
www.kiwanisfremont.org

Swing into summer with local Concerts

Music is in the air once again as musicians converge in the Tri-Cities for annual summer concert series. Whatever your musical leanings, local concerts are sure to have you covered; from jazz to cover bands and country, options are offered throughout the week in various cities. Grab a lawn chair, some sunscreen, and your family and friends to enjoy the sweet sounds of summer.

CASTRO VALLEY

Chouinard Summer Concert Series

Sundays, 4:30 p.m. – 8:30 p.m.
Chouinard Vineyard and Winery
33853 Palomarea Rd, Castro Valley
(510) 582-9900
www.chouinard.com/winery-eventcalendar/
www.brownpapertickets.com

Cost: \$50 per car (six people max.)

Aug 20: Blues in the Vineyards – Delta Wires

Niles Home Concert Series
Saturday, 5:30 p.m. – 9:30 p.m.
Historic Niles
37735 Second St, Fremont
(510) 825-0783
www.facebook.com/NilesHomeConcert?
Tickets: \$20 minimum donation; attendance by advanced RSVP only

Aug 26: Mark Karan & Friends and Blood & Dust

Niles Plaza Summer Concert Series
Sundays, 1:00 – 5:00 p.m.
Niles Plaza
37592 Niles Blvd, Fremont
(510) 742-9868
www.niles.org/summer-concert-

series/
Free

Sep 10: Saddle Cats, Sandi & The Rockefellers, Johnny Harper & Carnival, Southbound

Pacific Commons Summer Concert Series
Saturdays, 7:00 p.m. – 9:00 p.m.
The Block (near Dick’s Sporting Goods)
(510) 770-9798
www.pacificcommons.com
Free

Aug 12: Last One Picked (Rock & Americana)

HAYWARD

Hayward Street Party
Thursdays, 5:30 p.m. – 8:30 p.m.
B Street (between Foothill Blvd and Watkins St), Hayward
(510) 537-2424
www.hayward.org

Free

Aug 17: Patron, Hayward High School Marching Band, Mitch Polzak and the Royal Deuces, Justin Brown, Conscious Souls

Hayward Odd Fellows Summer Concert Series

Sundays, 1:00 p.m. – 5:00 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
www.HaywardLodge.org
Free, donations accepted by nonprofits

Aug 13: Jazz and Blues Concert: What’s Up Big Band, the Sycamore 129 Blues Band, and the Fault Line Blues Band to benefit the Family Emergency Shelter Coalition (FESCO), with Celebrity Chef City Council Member Mark Salinas

Aug 27: Original Feel Good Music of Sezu and

Kari McAllister and the SweetspOts benefiting the South Hayward Parish

Sep 10: Jazz and Rock Concert: 3 O’Clock Jump, Tablues, with Mt. Eden High School Choirs and members of the choir to benefit the Mt. Eden High School Choir, with Celebrity Chef City Council Member Francisco Zermeno

Sep 17: Jazz Concert: In Full Swing Big Band and the Hayward La Honda All Stars to benefit the Hayward-La Honda Music Camp

Sep 24: Original Rock ’n’ Roll: Uncle Rico’s featuring Hypnotones and the Hayward High School Marching Band, Band and Jazz Band members to benefit the Hayward High School Instrumental Music Program, with Celebrity Chef City Council Member Mark Salinas

Hayward Historical focuses on

Harvest, Immigrants

SUBMITTED BY HAHS

Toddler Time: Farm and Harvest
We’re coming to the end of summer and closing in on harvest season. Bring your little ones in to the Museum for our monthly Toddler Time program filled with stories, crafts, and games.

Toddler Time
Thursday, August 10
10:30 – 11:30 a.m.
HAHS Museum of & Culture
22380 Foothill Blvd, Hayward
<http://www.haywardareahistory.org/family-programs/>
Free with Museum Admission

Digging Up the Past - Stories of Immigration
The Hayward area has always been an immigration hotspot.

Many of the cemetery’s headstones reflect where early residents came from before building their lives here in California. Join us for an exploration of their stories. Proceeds support the maintenance and preservation of the Cemetery.

Immigrant History
Saturday, August 12
9:00 a.m.
San Lorenzo Pioneer Cemetery
Usher and College Streets, San Lorenzo

For more information or to purchase tickets, visit <http://www.haywardareahistory.org/> or call (510) 581-0223.
\$15 General Admission; \$10 HAHS Members, Seniors and Students
Tickets are limited and must be purchased in advance

COMMUNITY FESTIVAL

SUBMITTED BY DORSI DIAZ

Community Church of Hayward will host its annual festival Saturday, August 12. A local favorite, families are encouraged to bring their friends and family for a day of fun, games, free haircuts, live music, and community resources. The festival is held in collaboration with A Joyful Noise Learning Center and Iglesia Vision Pentacostes Church.

All activities are free, including a BBQ lunch. There will also be free children’s backpack giveaways. (Quantities are limited so come early!) In addition to all the activities, free raffles will be held throughout the day with prizes from local restaurants and businesses.

Information and resource booths at the festival will focus on health education: free blood pressure checks (Stanford), Tiburcio Vasquez Health Center, the Literacy Program, Alameda County Social Services, Bay Area Women Against Rape, Alameda Human Exploitation and Trafficking, Real Options, Clean and Green Task Force, CASA (Court

Appointed Special Advocates), and the Joyful Noise Learning Center. There will also be a joint English/Spanish Church Ministry/Prayer table for those seeking prayer and encouragement.

Fun for the kids includes a bouncy house, balloons, face painting, games and prizes plus a snow cone and popcorn booth. The Hayward Police and dog team will be on hand to give demonstrations along with a visit by the Hayward Fire Department where kids can get a chance to sit in a real fire truck!

Call (510) 782-8593 for more information or visit www.communitychurchofhayward.com.

Community Festival
Saturday, Aug 12
11 a.m. – 3 p.m.
Community Church of Hayward
26555 Gading Rd, Hayward
(510) 782-8593
www.communitychurchofhayward.com
Free

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Sr.Programmer Analysts (Newark,CA): Design & develop the new interface for Kelly Open Invoice Import program (AP) from the Legacy system. Involve in designing & developing the Bank Statement Import program in Cash Management (CM). Customize the reports in Order Detail Report, Credit Order Summary Report, Orders by Item Report in Order management in oracle rdf and xml publisher. Will use Oracle, Unix, Oracle Apps, SQL/PL/SQLXML, Toad, Dev Suite, BPEL, SOA, Microsoft Office, Putty, Filezilla. Should be willing to travel &/or reloc. Masters with Engg(any) CS, Sci w/1 yr. of exp. in the reld field is reqd. Send 2 copies of Res: Attn: HR Dept: TEXARA SOLUTIONS LLC, 37053 Cherry St Suite 210A, Newark, CA-95460.

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Process Quality Engineer (Bach + 5 yrs exp),
Lead Engineer - Customer Liaison (5 yrs exp),
CAD Designer/Product Engineer (Bach + 3yrs exp),
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in Newark, CA. Send resumes to Vivian Lee, HR Mgr., Futuris
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MANAGERS

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(5 yrs exp),
Technical Manager - North California (BACH + 3 yrs exp)
sought by Futuris Automotive (US) Inc. in Newark, CA.
Send resumes to Vivian Lee, HR Mgr., Futuris
6601 Overlake Pl., Newark CA 94560 or fax 510-771-2381

Hindustani Classical Concert

SUBMITTED BY INDIA COMMUNITY CENTER

A Tribute to Kirana Gharanaby by Smt.Meena Faterpekar is set for Sunday, Aug. 13 at the India Community Center (ICC) in Milpitas.

Faterpekar is a very popular and acclaimed vocalist in India and a granddaughter of the late Saraswati Rane and Hirabai Badodekar who were close disciples of the legendary Ustad Abdul Karim Khan, founder of Kirana Gharana.

Also performing will be the Cool Breeze Band whose band members hail from the United States, Colombia, Ukraine, Russia, Turkey, India and Europe. They play various instruments including guitar, sitar, harmonium, flute and tabla.

The program starts at 5 p.m. at the ICC, 525 Los Coches St., Milpitas. Advance tickets are free to ICC members or \$5 at the door. Advance tickets for non-members are \$5 or \$10 at the door. To sign up for advance tickets, visit the ICC website at www.indiacc.org, then click events and calendar, then the concert.

Hindustani Classical Concert
Sunday, Aug. 13
5 p.m. – 8 p.m.
India Community Center, 525 Los Coches St.,
Milpitas
www.indiacc.org/event/kiranagharana
(408) 934-1130
\$5 ICC members at the door
\$10 non-members at the door

Are you eligible for federal food programs?

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

The New Haven Unified School District (NHUSD) participates in the child nutrition programs offered by the United States Department of Agriculture (USDA). The school district receives funding for providing nutritious meals for breakfast, lunch and snacks to NHUSD students. Parents who have children in the district are encouraged to fill out a meal application to determine the eligibility category for school meals. The information that parents provide is confidential and will be used only for eligibility determinations and verification of the data.

To determine your eligibility for the meal program, you must apply and provide information regarding household size and income. Households that receive Food Stamps (CalFresh), or California Work Opportunity and Responsibility to Kids (CalWORKS) may be notified of their child's automatic eligibility to receive free meals, and do not need to apply unless they do not receive our notification. These children will be provided free meal benefits unless the school is contacted and the free meals are declined. If you are receiving assistance from these programs and do not receive notification of free meal eligibility, please apply online or complete a paper application.

Households may apply online for the school year 2017-2018 on the District website: www.nhusd.k12.ca.us. Paper applications will be provided to all District households and will also be available in August at all school sites, the District Office, and at the office of Food & Nutrition Services located at 2831 Faber Street in Union City, California 94587.

Please contact Food and Nutrition Services at (510) 475-3992 if you have questions regarding the program.

Senior advocate group offers legal, Medicare assistance

SUBMITTED BY JENNIFER PARDINI

The mission of Legal Assistance for Seniors (LAS) is to ensure the independence and dignity of seniors by protecting their legal rights through education, counseling, and advocacy. We offer services in the following areas: Public Benefits, Immigration, Elder Abuse, Guardianship, and Health Care.

LAS is the parent agency for Alameda County's HICAP, a volunteer-based program helping people on Medicare and pre-retirees to navigate the health insurance maze. HICAP provides free, unbiased Medicare counseling to anyone in Alameda County. We help Medicare beneficiaries of any age make informed choices and we provide advocacy when their health care benefits and rights are threatened or denied. Individual appointments and group presentations are available throughout the county.

Medicare's annual enrollment period runs from October 15 through December 7 and allows people to make changes in their Medicare plans for the following year. If you have experienced changes in your health or financial situation this open enrollment period is your opportunity to ensure your health care needs are being met. There is no cost to meet with our volunteer HICAP Counselors who provide individual appointments so that they can answer questions specific to each person's situation. By early October, we know what changes will affect coverage in 2018 and can provide accurate and detailed information for Alameda County Medicare beneficiaries.

If you would like us to schedule educational presentations about Medicare or any of our legal services for a group of seniors or providers you know, you may contact our office at (510) 832-3040 or <https://www.lashicap.org/> and ask for the Community Education Department.

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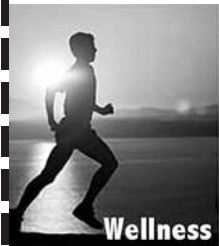
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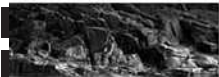
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SPORTS

Cal State East Bay nets new women's basketball guard



SUBMITTED BY STEVE CONNOLLY

Cal State East Bay head women's basketball coach Shanele Stires recently announced that Zaria Branch will join the Pioneers as a junior this season after spending two seasons at Fresno State University.

The San Diego native is 5-feet-9-inches tall and will be guard on the Pioneer team. "We are very excited to have Zaria join our family," Stires said. "Zaria gives us incredible athleticism, offensive rebounding, and rim-attacking ability to add dimen-

sion to our perimeter game. She has all the characteristics that we look for in a player."

Branch competed in 24 games off the bench for the Division I Bulldogs during the 2015-16 and 2016-17 seasons, totaling 30 points and 12 rebounds. She notched a career high eight points in a game against Air Force in February.

"Zaria loves the game," praised Stires. "A lot of our conversations centered around Demar DeRozan of the Toronto Raptors, and her passion and natural abilities will make us a more competitive team. Coming from Mount Miguel High School and then Fresno State, she knows how to work hard. We cannot wait to see her in the red and black."

Branch was a member of two successful squads at Fresno State. She helped the Bulldog women to two straight winning seasons, an overall record of 40-27, and back-to-back trips to the Mountain West Conference championship game over the last two years.

Prior to that, Branch enjoyed a standout prep career at Mount Miguel, where she graduated in 2015. She spent four years on the varsity team and scored more than 1,000 career points, leading the Matadors to four straight Grossmont Valley League titles and a league record of 31-1 during her career. As a junior, she captured First Team All-League honors and was named All-State by both CalHiSports and MaxPreps.

Workshop on Coyote Hills

BY AYN WIESKAMP

In 2014 the East Bay Regional Park District received a donation of 296 acres of the Patterson Ranch, which expands Coyote Hills Regional Park eastward to Paseo Padre Parkway in Fremont.

This addition will enable the District to improve public access and restore wildlife habitat as well. As part of the process, the District will hold a public meeting from 7 to 9 p.m. on Monday, Aug. 14 in Fukaya Room A of the Fremont Main Library, 2400 Stevenson Boulevard.

At the meeting, District staff will provide information about the Coyote Hills Restoration and Public Access Project, and seek suggestions from the community.

For more information about the project, visit the District web site at www.ebparks.org/about/planning#patterson, or contact Karla Cuero, project coordinator, at (510) 544-2622.

If you'd like to learn more about the original inhabitants of Coyote Hills and their descendants, there's a free program at the park about the Ohlone people and their culture, scheduled from 1:00 p.m. to

2:30 p.m. on Sunday, Aug. 20. Naturalist Francis Mendoza will talk about the Native Americans' intimate relation with nature, family and their ancestors, as well as the Ohlone values of fairness and generosity.

Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway in Fremont. There's a parking fee of \$5 per vehicle. Francis' program is for ages eight and older. Meet at the visitor center. For information, call 510-544-3220.

The always-enjoyable Historic Rail Fair returns to Ardenwood Historic Farm in Fremont during the Labor Day Weekend, from Saturday, September 2 through Monday, September 4.

All kinds of railroad-themed activities will be available for kids and adults alike, including steam train rides, hand car rides (you have to work to drive that), displays of garden railroads, model railroads, rail yard equipment, early gas engines and tractors, and the children's Hobo Game.

Ardenwood recreates life on a nineteenth century farming estate, centered on the historic

Patterson House. The farm is located at 34600 Ardenwood Boulevard, just north of Highway 84 (the Dumbarton Bridge approach).

Entrance to the fair is \$12 for adults, \$8 for seniors, and \$7 for children ages 4 through 17. Kids 3 and under are free. For more information, call 510-544-2797. Parking is free.

Wednesday Walks are a series of naturalist-led hikes, ranging from easy to challenging, that explore various regional parks. Everyone is welcome.

There's a Wednesday Walk starting at 9:30 a.m. on August 30 at Pleasanton Ridge Regional Park. This one is a somewhat strenuous climb, a five-mile round trip to explore the fruit and olive growing history of the area.

Meet at the park's Foothill Staging Area. It's on Foothill Road about a mile and a half south of Castlewood Drive in Pleasanton. For information, call (510) 544-3282.

Visit the East Bay Regional Park District web site at www.ebparks.org for all kinds of good information: an activity guide, park brochures with trail maps, and news about district projects and programs.

Teenage driver livestreams crash that killed sister

BY SCOTT SMITH, ASSOCIATED PRESS

FRESNO, Calif. (AP) — A teenage driver lost control of her car while she was livestreaming on Instagram and recorded part of the crash that authorities said July 23 killed her younger sister in California.

After a gap in the livestream, the driver is seen leaning over the body of the girl, trying to shake her awake and saying she was sorry. She said she expected to spend the rest of her life in prison but doesn't care.

"This is the last thing I wanted to happen, OK? ... Rest in peace, sweetie," the teen says. "If you don't survive, I'm so (expletive) sorry."

Authorities say Obdulia Sanchez, 18, was driving the car Friday when it veered onto the shoulder of a road about 75 miles (120.7 kilometers) northwest of Fresno.

She overcorrected, causing the vehicle to swerve and overturn into a field, ejecting her sister, the California Highway Patrol said.

Jacqueline Sanchez, 14, of Stockton died in the crash, Merced County Sheriff Vern Warnke said. Another girl, also 14, was in the backseat and survived with a leg injury.

The driver was wearing a seatbelt but not the

two girls, the CHP said.

Obdulia Sanchez was arrested on suspicion of drunken driving and vehicular manslaughter and remained in jail with bail set at \$300,000.

The livestream was recorded on Instagram and posted on Facebook by someone who had seen it. Stockton resident Mary Hernandez said she saw the video there and reposted it.

"People need to know these things can happen," Hernandez said, adding that she had gotten a range of responses from anger to gratitude.

"I mean no disrespect to their family for posting it," she said. Hernandez said she knew about Obdulia Sanchez through social media but they never met in person.

Rob Carroll, a chief deputy in the Merced County District Attorney's Office, said he had not yet seen the video but expects it will be a key piece of evidence.

"Drinking, driving and driving erratically—obviously those are poor choices," Carroll said.

Relatives have set up a GoFundMe page to pay for the funeral of Jacqueline Sanchez. The page says she was planning to celebrate her 15th birthday—known as a quinceañera—on July 30.

Neither Obdulia Sanchez nor an attorney representing her could be reached for comment.

Park It

By NED MACKAY

Perseid meteor shower

Every year at this time the night sky puts on its own fireworks display: the Perseid meteor shower. It’s so named because the shooting stars seem to emanate from the constellation Perseus. The meteors are debris left behind by the comet Swift-Tuttle, which swings by Earth every 133 years. Don’t look for the comet itself, though; its next flyby is far in the future.

This year the shower is expected to peak around midnight on August 12 and 13. However, because there will be a three-quarter-full moon on those nights, the shower isn’t expected to be as visible, maybe 40 to 50 mph (meteors per hour). I have

to be honest: the Perseid shower doesn’t always live up to its billing, and unless you are well away from city lights—not easy in the Bay Area—it can be hard to see the shooting stars.

You have a choice of two naturalist-led programs in the East Bay Regional Park District to view the Perseid shower:

One is from 8 to 10:15 p.m. on Saturday, August 12 at Del Valle Regional Park south of Livermore, with naturalist Constance Taylor. Bring the family and meet at the intersection of Del Valle and Mendenhall Roads, at the top of the hill before the park entrance kiosk. For information, call (510) 544-3249.

The other program is also on August 12, from 8:00 p.m. to 9:30 p.m. at Big Break Regional

Shoreline in Oakley with naturalist Cat Taylor. Bring a blanket or reclining chair to sit back and view the stellar show. Big Break is at 69 Big Break Road off Oakley’s Main Street. For information, call (888) 327-2757, ext. 3050.

Another nighttime program at Big Break will be from 6 p.m. to 8 p.m. on Tuesday, August 15, and it sounds like fun. It’s the sixth annual international “Chalk the Walks,” during which visitors can express themselves artistically through chalk drawings on the park patio. Chalk will be provided.

Big Break is also hosting an exhibit of nature photography in the East Bay Regional Parks. You can see it between 10 a.m. and 4 p.m., Friday through Sunday, August 18 through 20.

If you’ve ever wondered how wild animals (let alone the rest of us) survive summer heat in

East Contra Costa, join naturalist Kevin Dixon for a nature walk from 8:30 a.m. to 10 a.m. Saturday, August 12 at Black Diamond Mines Regional Preserve in Antioch.

Meet Kevin at the park’s uppermost parking lot at the end of Somersville Road, three-and-a-half miles south of Highway 4. For information, call (888) 327-2757, ext. 2750.

There are **dragons** in the air at Tilden Nature Area near Berkeley. Fortunately, they are not “Game of Thrones” sized.

Naturalist Anthony Fisher will reveal the truth about the dragons and damsels through a slideshow and nature walk. The program is from 2:00 p.m. to 3:30 p.m. on Sunday, August 13.

Meet at Tilden’s Environmental Education Center, which is at the north end of Central Park Drive. For information, call (510) 544-2233.

Crab Cove Visitor Center in Alameda ends this year’s free **Concert at the Cove series** with a performance by The Up and Down, from 5:30 to 7:30 p.m. on Friday, August 11. The group won a Best Band award in 2015.

Sponsors are Alameda Rotary, Regional Parks Foundation, and the East Bay Regional Park District. The Visitor Center will have activities on its deck starting at 4:30 p.m., and will be open after the concert until 8 p.m. Bring a blanket or lawn chair and a picnic dinner, or purchase local food and beverages on site.

Crab Cove is at the end of McKay Avenue off Alameda’s Central Avenue. Park on Webster Street or at the Crown Beach lot at Otis and Shore Line Drive. For information, call (510) 544-3187.

There’s all kinds of information about other park district facilities and programs online at www.ebparks.org.

New scholarship to help girls study STEM

SUBMITTED BY SHARMA ACHUTH

Female students who are interested in pursuing Science, Technology, Engineering and Mathematics (STEM) programs in college are invited to apply for a new scholarship offered by Study.com.

The winner of the Women in STEM scholarship will receive \$500 to help with her tuition at a college or university. The idea behind the scholarship is to promote more interest and opportunity for women in STEM fields of study.

To participate in the scholarship contest, applicants must meet the following eligibility requirements:

- Must be a U.S. Citizen or Permanent U.S. Resident
- Must be an enrolled (or accepted) female student in an accredited college or university
- Must be pursuing an undergraduate degree with a STEM emphasis

Students must apply by April 1, 2018. One winner will be chosen from all submissions. More information about the scholarship and a link to apply can be found by visiting the Study.com website at http://study.com/pages/Women_in_STEM_Scholarship.html.

THE ROBOT REPORT

By FRANK TOBE

China’s second-biggest e-commerce company, JD.com (Alibaba is first), is testing mobile robots to make deliveries to its customers and imagining a future of a fully unmanned logistics system.

On the last day of a recent two-week-long shopping bonanza that recorded sales of around \$13 billion, some deliveries were made using mobile robots designed by JD. It’s the first time that the company has used delivery robots in the field. The bots delivered packages to multiple Beijing university campuses such as Tsinghua University and Renmin University.

JD has been testing delivery robots — drones and mobile ones — since November 2016. At that time, the cost of a single robot was almost \$88,000. “Our logistics systems can be unmanned and 100 percent automated in five to eight years,” said Liu Qiangdong, JD’s chairman.

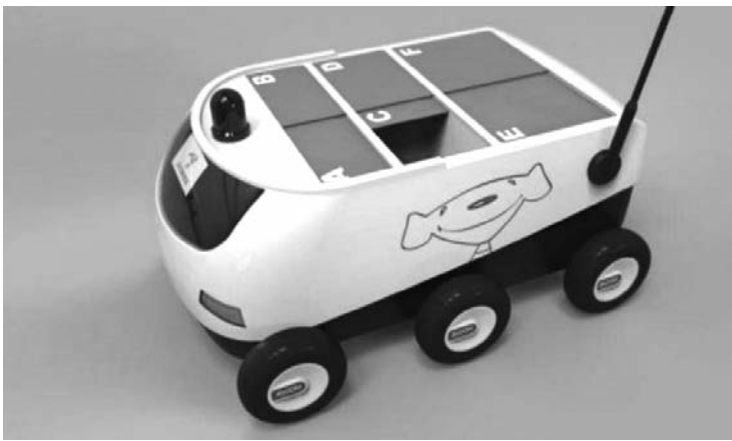
They have been working on lowering the cost and increasing the capabilities since then. The white, four-wheeled UGVs can carry five packages at once and travel 13 miles on a charge. They can climb up a 25-degree incline and find the shortest route from warehouse to destination.

Once it reaches its destination, the robot sends a text message to notify the recipient of the delivery. Users can accept the delivery through face-recognition technology or by using a code.

The UGVs now cost \$7,300 per robotic unit which JD figures can reduce delivery costs from less than \$1 for a human delivery to about 20 cents for a robot delivery.

JD is also testing the world’s largest drone-delivery network, including flying drones carrying products weighing as much as 2,000 pounds.

Courtesy of The Robot Report. For more information, visit www.therobotreport.com.



BART Police Log

SUBMITTED BY LES MENSINGER

Thursday, July 27

At 7:31 p.m. a juvenile suspect snatched a cell phone from a victim aboard a Dublin-bound train at the Castro Valley station. A responding officer located and detained the suspect near the station and positive identification

was made by the victim. The juvenile was arrested on suspicion of theft.

At 7:14 p.m. The owner of a 2002 Honda Accord parked in the lot at the Castro Valley station reported that they found the car unlocked and the stereo missing. The crime occurred sometime between 8:20 a.m. and 7:10 p.m. It appears someone used a key to enter the vehicle.

Sunday, July 30

At 6:05 p.m. a car owner re-

ported that their 1997 Chevrolet Silverado pickup was stolen between 10:30 a.m. and 6 p.m. from the Union City station.

Wednesday, Aug. 2

At 9:40 a.m. BART police made a suspicious person contact with Ishmael Redden, 56, of San Leandro at the San Leandro station. A records check showed an active arrest warrant issued by the Napa County Sheriff’s Office. Redden was arrested and booked at Santa Rita jail.

Supervisor Report

SUBMITTED BY DAVE CORTESE

The eclipse is coming

Even though Santa Clara County won’t be in the path of a total solar eclipse on Monday, August 21, we will get to view a partial eclipse, with about 75 percent of the sun being covered. This is a rare and exciting event that you won’t want to miss. But please make sure you have the proper glasses; looking directly at the sun will injure your eyes. If you’re looking through a telescope or camera, you will need a special filter.

The Space Science Institute is distributing more than 2 million pairs of eclipse glasses through libraries across the U.S., including County Libraries and City of San Jose Libraries. Contact your local library for information about when and where the glasses will be available.

There will be many areas for viewing in Santa Clara County, including San Jose’s Hogue Park. The San Jose Astronomical Association is hosting a free viewing event from 9 a.m. to noon on Monday, August 21, at Hogue Park in West San Jose. Visit www.sjaa.net/events/solar-eclipse-2017 for more information and to RSVP.

And here’s something you might not have thought about. In California, the eclipse will reduce solar energy supplies that help power the grid for more than two hours while the moon blocks the sun. The California Public Utilities Commission is asking all of us to conserve energy during the time the eclipse is expected to occur in California, from 9:02 to 11:54 a.m. Sunlight is one of our greatest sources of clean energy, and having less of it means we rely more on other more expensive and less efficient sources like natural gas.

Over the past few years, the County has been reducing power usage at its facilities through lighting retrofits and recommissioning its heating and cooling systems. Nonetheless, we will work

with our departments and our employees to temporarily reduce energy usage even more at our County buildings like the County Government Center through lowering lights where possible, turning up the thermostat 2 to 5 degrees, not charging electronics and not using appliances.

You can do the same at home. You can pledge to replace lightbulbs with LEDs, turn off lights, not charge electronics, unplug appliances not in use and, if you have air conditioning, turn up your thermostat. The CPUC would like you to take an online pledge to “give the sun a break.”

Below are events, activities and programs you might be interested in.

Several local libraries are providing special presentations and watching parties:

Dr. Andrew Fraknoi, astronomy professor at Foothill College, will lead a discussion from 2 to 3:30 p.m. on Saturday, August 12, at the Milpitas Library, 160 North Main Street, Milpitas. The library will also host a viewing event on the fourth floor of the parking garage, starting at 9 a.m.

Play and Learn at Milpitas Library

Play and Learn offers parents and children an opportunity to engage while playing with educational toys. It happens from 11 a.m. to noon on Saturdays at the Milpitas Library. Every Tuesday evening starting at 7 p.m., children in grades K-4 can participate in a Story Time especially planned for them. These events will be taking place at the Milpitas Library, 160 N. Main St. Milpitas. For more information, call (408) 262-1171, extension 3617 or visit <https://www.sccl.org/Locations/Milpitas>.

If you have questions on any topic, please call my office at 408-299-5030 or email me at dave.cortese@bos.sccgov.org.

Can monkey hold copyright on photo selfies?

ASSOCIATED PRESS

A curious monkey with a toothy grin and a knack for pressing a camera button is back in the spotlight as a federal appeals court weighed July 12 whether an animal can hold a copyright to photo selfies.

Naruto is a free-living crested macaque who snapped the pictures with an unattended camera in Sulawesi, Indonesia, in 2011. People for the Ethical Treatment of Animals said Naruto was accustomed to cameras and took the selfies when he saw himself in the reflection of the lens.

The animal rights organization sought a court order in 2015 allowing it to administer all

proceeds from the photos to benefit the monkey. British nature photographer David Slater, whose camera the monkey used, says the British copyright for the photos obtained by his company, Wildlife Personalities Ltd., should be honored worldwide.

If successful, it will be the first time that an animal is declared the owner of property, instead of being declared a piece of property, PETA attorney Jeffrey Kerr said.

“When science and technology advance, the law adapts,” Kerr said. “There is nothing in the Copyright Act limiting ownership based on species, and PETA is asking for an interpretation of the act that acknowledges today’s scientific consensus that

macaque monkeys can create an original work.”

The organization says the monkey made different facial expressions while pressing the shutter release. PETA sued Slater and his San Francisco-based self-publishing company Blurb, which published a book called “Wildlife Personalities” that includes the monkey selfies.

The 9th U.S. Circuit Court of Appeals in San Francisco is hearing arguments after a federal judge ruled against the monkey last year, saying there was no indication that Congress intended to extend copyright protection to animals. The 9th Circuit proceedings will be broadcast online.

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Milpitas City Council Meeting August 1, 2017

Presentations:

- Recognize Milpitas International Barbeque volunteers.
- Recognize Taiwanese American Chamber of Commerce—Northern California’s incoming president Stanley Kuo.

Public Hearings:

- Conduct a public hearing and adopt a resolution confirming weed abatement assessments to be entered on property tax assessments.
- Conduct a public hearing to consider a request to hold a flag ceremony outside plaza by Pakistan American Culture Center on August 14, 2017.
- Conduct a public hearing and adopt urgency ordinance extending temporary moratorium on issuance of demolition permits for structures providing affordable housing.

Unfinished Business:

- Receive presentation about billing changes and outreach for new residential recycling and garbage program starting December 1, 2017.
- Approve recommendation for appointment of the finance director to the Milpitas Oversight Board.
- Approve amendment to the agreement with Burk, Williams and Sorensen, LLP to close out legal services.

Reports of Officers:

- Authorize more than four hours of staff time to return to council with stricter regulations of massage establishments.
- Authorize more than four hours of staff time to return to council with a residential permit parking program for the Pines.

New Business:

- Consider request for a predevelopment loan commitment of \$150,000 from Milpitas Housing Authority to Resources for Community Development for a development on Sango Court.
- Receive staff report on city manager signing authority.
- Receive City of Milpitas investment portfolio status report for quarter which ended July 30, 2017.
- Accept the 2016 bulletproof vest partnership grant and appropriate funds into the police departments’ operating budget.
- Discuss recommendation to amend the by-laws of the Milpitas Planning Commission.

Ordinances:

- Consider introduction of ordinance related to expedited permitting procedures for electric vehicle charging stations per Assembly Bill 1236.
- Waive the second reading and adopt ordinance amending the municipal code relating to the display of flags on city-owned property.

Resolutions:

- Approve the annual investment policy.
- Approving badger meters as the standard brand of water me-

ters used by the city.

Agreements:

- Approve amendment to the agreement with Best, Best & Krieger, LLP for city attorney services in the amount of \$150,000.
- Approve the agreement between the City of Milpitas and Mobilite to install small cell antennas on municipal facilities.
- Approve amendment to the Cayenta Software Support and Maintenance Service Agreement for the financial and utility billing system for an amount not to exceed \$3,000.
- Authorize the city manager to execute an amendment to the agreement with G&K Services for uniform rental and laundry services for an amount not to exceed \$46,000 annually.
- Approve an amendment to the master agreement with Santa Clara Valley Transportation Authority relating to the Silicon Valley Rapid Transit Berryessa BART, appropriate \$125,000 to BART extension coordination and planning and authorize payment up to \$125,000 to VTA for Union Pacific Railroad off-quadrant pedestrian crossing signal improvements at Dixon Landing Road at-grade railroad crossing.
- Approve and authorize the city manager to execute amendment to the consulting service agreement with EOA, Inc. to increase the hourly rate, to increase compensation by \$35,000 and to extend the term to June 30, 2018 associated with Municipal Regional Stormwater Permit C3 Re-

views for land development projects.

- Authorize the city manager to execute a storm water management facilities operation and management agreement with KB Home South Bay, Inc. for development on California Circle.
- Approve amendment to the agreement with RMC Water and Environment to increase compensation in the additional amount of \$183,868 and to extend the term to June 30, 2021 for the Dempsey Road water line replacement.
- Approve amendment to the agreement with West Yost Associates to increase compensation in the additional amount of \$293,055.

Demands:

- Authorize payments to Cayenta and Portford for annual software support and maintenance fees in the amount of \$190,336.36 and \$23,836, respectively.
- Receive report on emergency repairs of storm pumps at Penitencia Pump Station and Berryessa Pump Station and authorize payment of invoices to Pump Repair Service Company in the amount of \$10,062.50 and Peterson Power in the amount of \$6,788.43.

Mayor Richard Tran	Aye
Vice Mayor Marsha Grilli	Aye
Garry Barbadillo	Absent
Bob Nuñez	Aye
Anthony Phan	Aye

Board Meeting Highlights

SUBMITTED BY FREMONT UNIFIED SCHOOL DISTRICT

At its July 26th meeting, The FUSD Board of Education addressed the following items:

1. Approved cost-sharing with the City of Fremont for school crossing guard services at three more school sites (total 22 school sites). Additional costs totaling \$290,657 are beyond the City’s budget for the next three fiscal years; therefore, FUSD staff recommend that the District fund 50% of the additional costs, totaling \$145,328.50 for the next three fiscal years.
2. Appointment of FUSD Measure I Citizens’ Oversight Committee Members.
3. The Board received an update on the American High School modernization project. The original budget for the American High School HVAC upgrade, IT upgrade, flooring, and exterior lighting project was \$18.04 million. The current estimated project cost is approximately \$29.44 million. The project is currently \$11.4 million over budget. To address this budget shortfall, staff identified three options for the Board to review and consider.
4. Approved attendance area assignments for Planned Housing Developments.
5. Ratified delegated staff action consenting to lease of a portion of the adult school site.

FUSD has entered into a property exchange agreement and joint escrow instructions with Kidango, Inc. (Kidango agreed to convey 2.56 acres to District, which agreed to pay Kidango \$9.7M; District agreed to a 40-year ground lease with Fremont Adult School; Kidango agreed to pay \$1 annual rent for the Adult School use). Certificate of Participation in the amount of \$12.38M will be issued to finance this transaction.

6. Authorized staff to amend agreement with Bockmon & Woody Electric Company Inc. for the construction information technology upgrade projects at Washington High School. Based on cost estimates provided and further negotiations with the contractor, staff recommends increasing the agreement with Bockman by \$172,252. The proposed revised agreement is \$1,988,202 (original agreement of \$1,815,950 plus recommended amendment of \$172,252).

7. Received the 2017-18 final State Budget and FUSD’s 45-day update: Overall, the revenues have increased by \$5,427,000.

See video of entire meeting (<https://www.fremont.k12.ca.us/Page/23546>)

The Board’s next Regular Meeting is scheduled for Wednesday, August 23, 6:30 p.m. (time subject to change), at the District Office Board Room, 4210 Technology Dr., Fremont.

Alameda County Transit progress, commuter solutions

SUBMITTED BY TESS LENGYEL

RideMatch

New options to facilitate carpooling are now available in the Bay Area, all aimed at making carpooling more convenient. Carpool apps make it easy to schedule one-way carpool trips and allow you to be either a driver or a passenger. Try the 511 RideMatch Service to find and email neighbors with similar commutes, or one of the carpool apps available at rideshare.511.org.

Project and Program Delivery in Full Swing

Measure B and Measure BB supported projects and programs are in progress throughout the county. New express lanes over the Sunol Grade on I-680 begin construction in late 2017, interchange improvements at I-80/Gilman are in the environmental phase, and safety and operational improvements on I-880 at the 23rd and 29th Avenue crossings and East Bay BRT are in full construction.

East Bay Bus

Rapid Transit rendering

The Route 84 Expressway Widening and Route 84/I-680 Interchange Improvements project will widen the 3-mile segment from south of Ruby Hill Drive to the I-680 interchange from two lanes to four lanes and will provide operational improvements, such as ramp modifications, at the interchange. Public circulation of the draft environmental document is anticipated to occur this fall.

Share Your Ride Week

Alameda CTC is participating in California’s Share Your Ride Week, October 2 through 6, to promote carpooling, vanpooling and taking transit. If you are an individual, employer or organization interested in participating in Share Your Ride Week activities, please let us know. We encourage you to take transit or to fill up your seats—the empty seats in cars are our biggest untapped transportation resource—and carpool apps can help. Check out Rideshare.511.org/ to download and start using an app or the rideshare match program. Use promo code ALAMEDA05 for \$5 off your first ride using any of the apps. Make commute time your time.

City of Hayward upgrades its roads and pedestrian facilities

As in past years, the City of Hayward relies heavily on Measures B and Measure BB and Vehicle Registration Fee (VRF) funding to improve roadways and bicycle and pedestrian facilities. Utilizing this funding, the gas tax and one-time funding from local tax Measure C in fiscal year 2016, the city completed the largest street pavement improvement program in its history. Approximately 69 miles of city streets were slurry sealed and an additional 37 lane miles were rehabilitated or reconstructed. Additionally, Measure B/BB bicycle and pedestrian funds paid for construction of new sidewalk along portions of Hayward Boulevard and Donald Avenue.

In 2017-2018, Measure B/BB/VRF will fund reconstruction, rehabilitation or slurry seal of approximately 30 lane miles of city streets and will contribute to the final design and construction of the Mission Boulevard (Hwy 238) improvement project. This funding will also support maintaining and upgrading the city’s network of pedestrian traffic signals and completing updates to the pedestrian and bicycle master plans.

East Bay Paratransit implements new programs to assist riders

In 2016-2017 East Bay Paratransit implemented a few new programs to assist users. Riders can now use credit or debit cards to purchase books of East Bay Paratransit fare tickets through the website at East Bay Paratransit Tickets. Click on the “Fares” link at the top of the home page at www.eastbayparatransit.org and go to the online order form, which will guide you through a series of screens to complete an order. Ticket books will then be mailed to the purchaser.

Another new East Bay Paratransit program gives riders a phone call to let them know their vehicle is near—usually about 10 minutes from the pick-up point. Riders also receive a phone call the night before a scheduled trip to remind them about the next day’s trip. Riders can opt out of reminder calls if they choose, for any reason, by simply calling East Bay Paratransit at (510) 287-5000.

OPINION



WILLIAM MARSHAK

A time to reflect

rhythms, actions and consequences are continuous.

The King James version of the Bible spoke of a nonstop life cycle that moves like a pendulum, back and forth. Everything has a place and purpose.

“To every thing there is a season, and a time to every purpose under the heaven.”

As seasons change, a pattern emerges that appears to hold true throughout time. Behaviors that capture headlines and attention on a global and national scale can also be seen at the local level as well although not as well publicized. The Biblical text speaks of our own community relationships and issues whether gathering or casting stones, laughing, crying or reaping what is sown.

In its wisdom, Biblical verses advise of times to keep silent and times to speak. Some of our politicians would be wise to read and reread these words as a lesson in winning friends and influencing people. Dale Carnegie wrote a book using that thought as a title. His techniques, communicating with others with empathy rather than preaching at them, are not only an effective interpersonal tool for small gatherings but can expand to larger groups as well.

It seems that elected officials often forget simple dictums in favor of their own voice, focused on becoming the first among equals. Some don't seem to mind if they have exhausted the patience and sympathy of their audience. Is local politics the breeding ground of endless rhetoric that appeals to few

and entices none? If this is the rule of politics on a state and national level, it may be that we can at least attempt to restrain the exercise of such nonsense from local politicians.

The text, whether Ecclesiastes, Seeger or The Byrds, is a universal guide to behavior and decorum in a global sense. All forms and levels of governance can gain from adherence to these phrases, one of the oldest codes in time. If local politicians take time to reflect on the meaning of the Biblical passage during their hiatus and, if state/federal representatives gather their thoughts during time away from squabbles in Sacramento or Washington, D.C. to listen to their constituents, returning to sessions with an invigorated sense of purpose, a positive flow of text can dominate.

A time to be born, and a time to die; a time to plant, a time to reap that which is planted;

A time to kill, and a time to heal; a time to break down, and a time to build up;

A time to weep, and a time to laugh; a time to mourn, and a time to dance;

From the seasons of life, let's focus on reap, build, laugh and dance.

William Marshak
PUBLISHER

Many city councilmembers and elected officials in our area are in recess during the month of August, so it is an appropriate time for them to reflect on and renew commitments made to constituents. This time, however, is not without action for although council meetings may not be in session, administrative staff has no such hiatus. It is important to pay attention to all governmental movement, even if elected officials are not meeting. As “seasons” change, none are without activity.

In a popular folk song of the late 1950s, Pete Seeger quoted the Book of Ecclesiastes almost verbatim in “Turn! Turn! Turn!” Rearranged and adapted by a myriad of musicians, styles range from the Limelighters, Judy Collins, The Byrds, Bruce Springsteen, Dolly Parton and even international celebrities including Marlene Dietrich singing a German translation. The song and its origin reminds us that although there may be ebb and flow in our lives,

How to grow your Social Security benefits beyond retirement age

BY MARIAELENA LEMUS,
SOCIAL SECURITY PUBLIC
AFFAIRS SPECIALIST

For more and more Americans, reaching retirement age no longer means the end of an active working life. Many people are choosing to work past the age of 65, according to the Department of Labor's Bureau of Labor Statistics.

If you're willing and able, maintaining gainful employment later in life could go a long way toward ensuring a secure future for you and your family. Besides providing you with additional income to pay your bills, extending your employment or working for yourself could boost your lifetime Social Security benefits.

Here's how:

Waiting to claim your Social Security retirement benefits could grow them by up to

32 percent. Through delayed retirement credits, your monthly benefit amount increases by about eight percent for each year you wait between your full retirement age and 70. Full retirement age is between 65 and 67, depending on when you were born. To learn more about delayed retirement credits, please visit www.socialsecurity.gov/planners/retire/de-layret.html.

You get credits on your earnings record for each year of additional work income. Once you start receiving retirement benefits, we'll automatically review your earnings record each year to determine if you're entitled to an adjustment. When we calculate your retirement benefit amount, we use your best 35 years of earnings. We'll increase your benefit amount if your new year of earnings is higher than one of the years we used to calculate your initial benefit amount. To see how we calculate your benefits, visit

www.socialsecurity.gov/pubs/EN-05-10070.pdf.

An increased benefit amount for yourself could mean more support for your family, too, through Social Security spousal benefits, child benefits, and survivor benefits.

We also encourage you to set up your own my Social Security account so you can verify your lifetime earnings record, check the status of an application for benefits, and manage them after you're receiving them. You can create your personal my Social Security account today at www.socialsecurity.gov/my-account.

Social Security is committed to helping you prepare for a secure today and tomorrow for you, your family, and future family. You can access all of our retirement resources at www.socialsecurity.gov/planners/retire

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ADJUDICATION:

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's **TRI-CITY VOICE**™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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August 3, 1957 – July 13, 2017

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Roxanne Miller
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RESIDENT OF UNION CITY
July 1, 1921 – August 2, 2017

Lois Stabile
January 22, 1961 – August 4, 2017

William J. Wilson
RESIDENT OF FREMONT
August 13, 1919 – August 4, 2017

Maria Freitas
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June 1, 1924 – August 4, 2017

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Obituary

Robert “Frenchman” Renard
June 30, 1946 – July 27, 2017
Resident of Newark

Robert “Frenchman” Renard entered in to rest July 27, 2017

Robert is survived by his loving wife and two daughters and two grandchildren.

Frenchman dedicated a 29 year career to B.A.R.T. and began enjoying his retirement seven years ago. He loved working on cars as his hobby. He was passionate about dogs especially his dog Paco.

In honor of Roberts wishes there will not be any services held.



Meals on Wheels driver
a lifesaver too

SUBMITTED BY AMY CLIFFORD

A crucial part of Meals on Wheels is the security of knowing someone is checking on your loved one when you can't. Sometimes that certain someone might just save a life.

Wil is a Spectrum Meals on Wheels volunteer in Livermore. A semi-retired professional and father of three teenagers, he loves the friendships he's developed with the seniors in his community through volunteering. Just recently, Wil was delivering meals to homebound seniors on his regular Monday route. Meal in hand, he strode up to the apartment of Virginia, an elderly homebound widow, who receives meals five days a week. He knocked on Virginia's door but didn't hear an answer. Wil tried calling but the line was busy.

Sometimes the seniors sleep late or take a long time coming to the door so Wil delivered the rest of the meals at the senior living apartment complex and then circled back to Virginia's apartment. When he still couldn't get an answer at her door he dialed her daughter, Lisa. Lisa didn't know why her mother wasn't answering and became immediately concerned. Her mother is homebound and there was no reason for her not to have come to the door by now. Just then, Wil thought he could hear Virginia calling out from inside.

He immediately ran to the apartment manager's office and they opened her door using a master key. Inside, Wil discovered Virginia prone on the floor, with her phone knocked off the cradle. He called 911. As the emergency personnel worked with Virginia, Wil and Spectrum Meals on Wheels' staff stayed on the phone with Lisa and her family.

Virginia had had a small heart attack and had been lying on floor of her apartment for six hours. Virginia is now receiving care in the hospital, surrounded by her family. Lisa and Virginia have reached out to Wil and the rest of the Spectrum Meals on Wheels' team to express their deepest thanks.

Meals on Wheels is more than just a meal.

Family of brain-dead
California girl fights to
reverse death

BY PAUL ELIAS, ASSOCIATED PRESS

SAN FRANCISCO (AP), More than three years after a coroner declared a teen girl dead, a Northern California judge is deciding whether to revoke her death certificate.

In court documents filed last month, retired neurologist Dr. Alan Shewmon says videos recorded by Jahi McMath's family from 2014 to 2016 show McMath is still alive.

Shewmon is a longtime critic of how brain death is defined and has filed similar court papers supporting efforts by McMath's family to undo the death certificate.

Doctors declared Jahi brain dead in December 2013 after a routine tonsillectomy went awry. Her family moved her to New Jersey because of that state's different laws.

A judge heard arguments July 13 and will issue a decision later.

The case rekindles debate over parents' right to choose childrens' medical treatment.

Students share unique experiences from Cuba visit

SUBMITTED BY KIMBERLY HAWKINS

A group of Cal State East Bay students recently returned from a trip to Cuba where changing rules about travel to the Communist island nation are likely to come soon. In September, President Trump is expected to tighten the restrictions on American travel.

The 25 students led by Associate Professor and Department of Communications Chair Mary Cardaras and Lecturer Casey Beck were tasked with simulating the lives of journalists and telling the stories of modern-day Cubans.

“It’s just 90 miles of ocean but worlds apart in terms of our two countries,” Beck said. “You hear about communism and what communist countries look like — one of my students put it best when she said to me, ‘It’s so interesting to be here and use my own eyes and ask myself, do I think the same thing as what I’ve been told about communism and what’s been portrayed in the media where I live?’”

Beck said she feels very lucky because she got the opportunity to see Cuba through 25 sets of eyes and 25 different projects, including the two profiled below.

Name: Daniel Arevalo

Project: Family Ties

For Daniel Arevalo, a liberal studies major and second-generation Cuban, the trip abroad was personal.

“My grandfather came by boat from Caibarien, the town I visited while I was there,” Arevalo says. “He left basically straight from his house, which was on the beach, and was at sea for three days and was caught by the Coast Guard — luckily it was the U.S. Coast Guard because at that time if it had been Russian, he would have been sent back and either jailed or executed.”

Arevalo’s grandfather became a refugee in Miami, and found help from the Catholic church. When he couldn’t secure a job in Florida, he turned to some connections he had in a small town in Northern California: Hayward.

Through a photo essay, Arevalo captured the experience of reuniting with his Cuban relatives, none of whom have seen each other since his grandfather, now 95 years old, took to the ocean all those decades ago.

“It’s been on my bucket list [to go to Cuba] since I was a young kid listening to stories about Caibarien and my grandfather working in the tenería (the tannery),” he says. “My family was all very

excited I was going, but given all the memories, they were also scared. Coming back and showing my grandfather the pictures was incredible. He’s too stubborn to ever go back and he’s probably too old now, but he actually sent me for this old bike horn. He just wanted this piece of his past in his hands again, and [our family] had kept it for him for 50-something years.”

Arevalo said he hopes to return to Cuba again and again, if he can.

“The Trump administration changes are pretty frustrating,” Arevalo says. “It’s targeting people like me who have family that they can visit there. I’ve heard many different things [about what the restrictions mean] and I just hope it doesn’t impact the family ties and our ability to keep in touch with future generations.”

Name: Daniel Larios

Project: Baseball

Given his love of sports, when Danny Larios landed in Cuba, he had a single goal: To talk with local people about the Cuban legacy of baseball and their feelings about defectors — those who denounce their home country and claim asylum abroad, all for the chance of glory on the diamond.

Baseball, which had been the most popular sport in Cuba, was prohibited at the professional level during Fidel Castro’s revolution in the 1950s, cutting off opportunities for players who aspired to the “big leagues.” The first player to defect from Cuba was Rene Arocha in 1991. His career with the St. Louis Cardinals was short-lived but he inspired scores of future players to follow in his footsteps and defect to the world’s largest baseball markets — the U.S., Europe and Japan.

“What’s interesting about Cuba is that everything ties back to the politics, even baseball,” Larios said. “We went to a central park area and you could easily pick out the guys sitting around talking about baseball. I started lightly, but then I hit them with it: ‘How do you feel about your Cuban players defecting?’ Almost everyone had the same response. They’re so happy that their players are being represented on this big stage and making money for their families, but it’s sad that they have to leave home and they can’t come back.”

Over the course of the two-and-a-half-week trip, Larios, with the help of fellow students Mitchell Stover and Cameron Scorza, managed to capture a dozen hours of live footage, which the trio has turned into a short documentary for their final project.

Coyote Creek

SUBMITTED BY MARTY GRIMES

In an action that will be among the first in the nation, the U.S. Army Corps of Engineers has agreed to partner with Santa Clara Valley Water District to develop a feasibility study for reducing flood risks on Coyote Creek in Santa Clara County. This partnership is an important step toward securing funding from the United States government and state of California for a flood protection project for this creek.

Coyote Creek flooded thousands of residents in February 2017, damaging homes, property and valued personal belongings. Subsequently, the water district sought federal assistance to reduce future flooding of the creek.

In a July 14 letter to the water district, Lieutenant Colonel Travis J. Rayfield of the San Francisco District of the Army Corps, accepted the district’s request to enter into a partnership with the water district to develop a feasibility study for Coyote Creek. Under the formal agreement, which will now be drafted, the district will pay the Army Corps for the provision of technical assistance in the development of a feasibility study.

“This commitment from the Army Corps is a big win for those who live in areas prone to flooding on Coyote Creek,” said the water district’s board chair, John L. Varela. “We are grateful to Representatives Lofgren and Khanna for advocating for this action. We are running on all cylinders to push for

long-needed flood risk reduction measures for Coyote Creek.”

“A feasibility study is an important step towards securing federal support for infrastructure improvements,” said Congresswoman Lofgren, who led a letter of support for the partnership this May. “We need to prevent the sort of flooding San Jose suffered earlier this year.”

“This feasibility study is a necessary action to better understand the flood risks facing the communities on and around Coyote Creek,” said Congressman Khanna. “It is my hope that the findings from it can prevent another disaster like the President’s Day flood.”

A Civil Works Feasibility Study is the initial step in the U.S. Army Corps of Engineers process for addressing flood risk reduction. The study establishes the federal interest, engineering feasibility, economic justification and environmental acceptability of a water resource project recommended for Congressional authorization and construction.

Section 1126 of the Water Resources Development Act of 2016 provides the water district with the ability and flexibility to advance an Army Corps feasibility process without federal funding or approvals. This commitment marks the first such application of Section 1126 in the nation.

Close coordination with the Army Corps by the water district for important study elements such as technical assistance will ensure that the feasibility report produced by the water district will meet the

rigorous requirements of the Army Corps planning process. The planning process concludes with the acceptance of the report by the Chief of Engineers Report (also known as the Chief’s Report) making it eligible for congressional authorization.

Prior to the enactment of this Section 1126, which passed as part of the Water Infrastructure Improvements for the Nation (WIIN) Act in December, non-federal interests would have to wait for the federal government to fund and carry out a feasibility study. By paying for the Army Corps’ technical assistance, the feasibility study can commence as soon as an agreement is signed between the two agencies.

While the water district will pay the Army Corps for the services provided, the agreement is a first step in establishing a federal interest in an eventual project. A federal interest, which indicates that a project’s benefits exceed the costs, must be established before the federal and state governments can contribute funding for a flood protection project. Given the high cost of a flood protection project for Coyote Creek, federal and state support is essential to provide adequate protection to the communities at risk of future flooding.

Prior to this year’s flooding, flooding occurred in similar areas along Coyote Creek during storms that occurred 20 years ago, in 1997. At that time, the water district sought assistance from the Army Corps to create flood control measures, but was turned down, as it was determined that there was not a federal interest at that time.

Students conduct dental awareness program

SUBMITTED BY AMREEN SUNIL

On July 14, high school student and founder of Aid4Kids.org, Amreen Sunil and several other students conducted a dental health awareness day at Kidango Linda Vista Center in San Jose. The team gave a presentation on the importance of dental health, and read stories on dental hygiene to the kids. After the presentation, Esha Desai, AidKids.org event coordinator, gave out free dental hygiene kits.

“The children benefited very much from your presentation,” said Kidango Director, Carolyn Loayza. “The little bag of supplies you provided were a big hit for the children and our families. I was surprised by how many children did not even know what mouth wash was.”

Aid4Kids is a non-profit organization committed to making a difference in the lives of underprivileged children through education and health services. The Aid4Kids team has conducted similar events across the Bay Area, as well as in Uganda and India. For more information, please visit www.aid4kids.org.

Pregnant women urged to avoid areas with Zika risk

SUBMITTED BY COREY EGEL

The California Department of Public Health (CDPH) advises pregnant women, and men and women of child bearing age, not to go to areas with Zika. If they must go to places with known transmission of the Zika virus, CDPH recommends they protect themselves against sexual transmission of Zika and take steps to prevent mosquito bites. Pregnant couples in which one or both partners were in an area with Zika should use condoms every time they have sex, or not have sex during the pregnancy in order to reduce the risk of transmitting Zika to the fetus.

“Whether you work in a location with Zika, visit family who live in places with Zika or travel for leisure to places with Zika, you need to protect yourself,” said CDPH Director and State Health Officer Dr. Karen Smith. “Anyone living in or traveling to areas with ongoing Zika activity may be at risk for infection. It is very important to protect yourself, and if you are pregnant, protect your developing baby from the serious birth defects that can result from Zika infection.”

Zika virus can spread through mosquito bites and can also be transmitted by both men and women during sex.

Sexually active people who travel to areas with Zika transmission should use condoms or other barriers to avoid getting or passing Zika. Condoms helps reduce the chance of sexual transmission of the Zika virus, but should not be the only form of contraception for pregnancy prevention. Most people who are infected with Zika do not experience symptoms (fever, rash, joint pain and red eyes), but they should still take precautions to avoid sexual transmission.

Couples planning pregnancy when either partner has been exposed to Zika virus should speak with a health care provider about a safe time to try to get pregnant. A health care provider can also provide information on the most effective contraceptive methods.

“The best thing pregnant women can do to protect themselves and their unborn baby is to stay away from areas where Zika is circulating,” Dr. Smith said.

While there has been no local transmission of Zika virus in California to date, CDPH has confirmed 574 cases of travel-associated infections in the state. Florida and Texas have experienced locally transmitted cases of Zika.

People who go to areas with known Zika transmission should take steps to avoid mosquito bites by doing the following:

- Use insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus or para-menthane-diol for long-lasting protection. If using sunscreen and insect repellent, apply sunscreen first and then the repellent. It is recommended and safe for pregnant women, and women who are breastfeeding, to use an EPA-registered insect repellent according to the product label. Do not use insect repellent on infants less than two months of age.
- Wear long-sleeved shirts and long pants.
- Use air conditioning or window and door screens to keep mosquitoes outside. If mosquitoes may come indoors, sleep under a bed net.
- Reduce the number of mosquitoes by emptying standing water from containers, such as flowerpots and buckets.

More information about Zika can be found in the February 2017 CDPH Health and Travel Advisory, and on the CDPH website (www.cdph.ca.gov), which includes resources about Zika and travel, Zika and pregnancy, Zika and sex, Zika and family planning and mosquito bite prevention. Additional information is also available on the CDC website (<https://www.cdc.gov/>).

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to take
Mission Coffee stage



SUBMITTED BY BRASK CONCERTS

“With their top quality original songs, distinctive vocals and stage presence, they stand out from the pack,” said Laura Bethel, Maverick Magazine (UK), of duo Misner & Smith. Tri-City residents will have the opportunity to experience their sound live when Brask Concerts at Mission Coffee hosts Misner & Smith Saturday, August 12.

With soaring vocal harmonies and story-filled, poetic songwriting, Misner & Smith’s sound harkens back to the bedrock of modern American rock & folk. Paying tribute to strong influences like Simon & Garfunkel, The Band, and Buffalo Springfield, they invent a sound all their own, seducing listeners with music that captures longing and belonging in the same moment.

With their fourth release, “Seven Hour Storm,” Misner & Smith have created an album of vivid poetic songwriting, filled with some of the finest harmony singing around. Working with producer Jeff Kazor and engineer Bruce Kaphan they have penned an album with lush, yet subtle arrangements, filling out an already rich sound that the duo is known for producing live.



Misner & Smith tour extensively, both at home and abroad, with state-wide stops including Freight & Salvage in Berkeley, the Great American Music Hall in San Francisco, Sweetwater Music Hall in Mill Valley, Petaluma’s Mystic Theatre, The Crepe Place in Santa Cruz, Genghis Cohen in Los Angeles, the San Francisco Old Time & Bluegrass Festival, Davis Music Fest, and San Francisco Free Folk Festival.

“Misner & Smith make a strong case for music with intricate simplicity and lyrical dignity. This duo is a treasure that needs to be shared.” – Jose Segue, Hicks with Sticks

Misner & Smith
Saturday, Aug 12
7 p.m. – 9 p.m.
Mission Coffee Roasting Co
151 Washington Blvd, Fremont
(510) 623-6920
www.braskhouseconcerts.com
www.fremontcoffee.com
<http://misnerandsmith.com>
Tickets: \$15 at the door

Fremont
Joins Global
Network to
Meet Needs of its
Elderly Residents



The City of Fremont has joined the World Health Organization (WHO) Global Network for Age-Friendly Cities and Communities. This network is a group of cities and communities worldwide making an effort to meet the needs of their older residents.

To gain a better understanding of the specific needs in Fremont, the City’s Human Services Department conducted 30 focus groups throughout the city and held an open community dialogue in April. More than 1,000 residents shared ideas

and the City is now working on detailed action steps that will increase its age-friendly efforts in areas such as transportation, volunteer opportunities, health and wellness, outdoor spaces, and housing.

The City of Fremont is working with other Bay Area cities that also believe an age-friendly city is a livable city for all. This initiative is supported by AARP. For more information, contact Karen Grimsich at kgrimsich@fremont.gov or 510-574-2062.

OBON FESTIVAL



SUBMITTED BY JOYCE DAVIS
PHOTOS BY
JULIE GRABOWSKI

The Southern Alameda County Buddhist Church (SACBC) invites all community members to their annual Festival of Obon. Featured entertainment will include Buddhist dancing, music by the San Jose Chidori Band, and a drum performance by O Nami Taiko. There will also be authentic Japanese foods for sale.

Obon, also referred to as Kangi-e, is a “joyous gathering with dharma dance.” Colorful ki-mono-clad dancers perform dances of joy, marking a day honoring departed loved ones and offering thanks. This annual celebration expresses joy and gratitude to those who made our own lives possible.

Free Obon practice sessions began July 31 for those looking to learn the dances ahead of time or to brush up on their moves, and two sessions remain before the festival: Wednesday, August 9 and Thursday, August 10. These will start at 7:30 p.m. in the Sangha Hall at SACBC. Dance

practices are optional — you need not practice to participate in the event.

On Sunday, August 13, SACBC will hold its annual Buddhist Obon Spiritual Service for our departed loved ones. Those who recently lost their loved ones within the past year are especially welcome. We will be conducting a special service for them called Hatsubon (First Obon Service). During this festival and remembrance, our caring and gratitude extends to all people and all living beings.

Obon Festival
Saturday, Aug 12?
5 p.m. – 6 p.m.: Food Sales?
7 p.m.: Bon Dance

Obon Service
Sunday, Aug 13
10 a.m.

Southern Alameda County
Buddhist Church
32975 Alvarado-Niles Rd,
Union City
(510) 471-2581
www.sacbc.org
Free

Information found in ‘Protective Services’ is provided to public “as available” by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of

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Juris Doctor, University of Illinois (7th in class)
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Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present
Faculty, Santa Clara University School of Law 1987
Editor, University of Illinois Law Review
California Supreme Court Cases

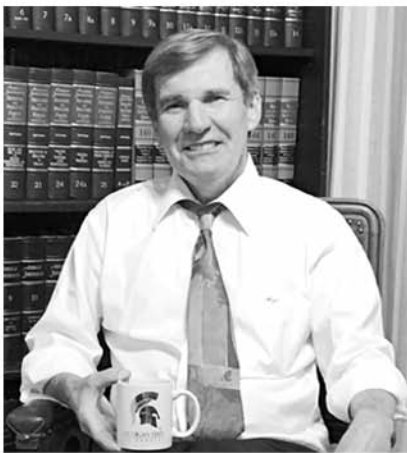
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Fremont Police Log

SUBMITTED BY
**GENEVA BOSQUES,
FREMONT PD**

Friday, July 28

Officer G. Oliveira completed follow up from a July 17th case was a male was reported to be masturbating in the children's section of a retail store. After following leads and identifying the suspect, Oliveira obtained both an arrest and a search warrant. Sgt. Crandall lead a team of officers to the suspect's home where he was arrested and additional evidence was located. David Fluckiger, 28, of Fremont, was arrested on suspicion of committing lewd acts and taken to Santa Rita jail.

Saturday, July 29

At 12:29 a.m. a man called to report that he was robbed at gunpoint in the 46300 block of Mission Boulevard. An investigation showed that the man had answered a Craigslist ad regarding prostitution. The man was directed to a room at the meeting place and told to knock on the door. A woman answered the door and pointed a gun at the man and ordered him to hand over his money. The man complied, and then fled. The female suspect was last seen running and getting into an awaiting dark colored vehicle. She was described as a black woman in her 20s, about 5-feet-2-inches tall and weighing about 100 pounds with shoulder length brown hair and wearing a grey cloak, grey shorts and armed with a handgun. Officer C. Cordero is conducting a follow-up investigation.

Sunday, July 30

Officers were sent to the 41800 block of Blacow Road to investigate a strong-arm robbery. The victim connected with the suspects via "Letgo" app and wanted to purchase an iPhone. They agreed to meet at a park and conduct the transaction there. Once they met, the suspects robbed the victim and stole his wallet along with his phone. The phone was recovered nearby but the wallet and cash were gone. The suspects were described as black male adults. The first suspect was wearing a black hoodie, grey sweats and

white shoes. The second suspect was wearing a dark blue hoodie. The victim thinks the suspects had curly hair. The case is being investigated by Officer Loughery.

At 8:08 p.m. officers were dispatched to a 911 call at Vallejo Mill Park at 37800 block of Mission Boulevard on the report of a vicious dog. While officers were responding, the caller said a dog was attacking two women and chewing them up. Arriving officers found two women whose hands were covered in blood attempting to control an extremely violent dog. Both women had already been bitten and the dog owner had a serious wound to her hand. The women were trying to break up a dog fight when one dog turned on the owner. Officers attempted to use a snare pole to control the dog; but the animal attacked the pole and violently shook it. Attempting to free itself, it eventually began to slip away from the noose. Because of the serious injury and the potential for further violence the dog had to be dispatched by one of the officers. Both women were taken via ambulance to the hospital.

Monday, July 31

Traffic Officer Hartman is investigating a hit and run accident where the victim's foot was run over at Fremont Boulevard and Nicolet Avenue. The suspect vehicle was described as a newer dark blue Nissan with a white female adult driver.

A victim posted his Adidas "Yeezy" shoes for sale on Craigslist. He met with a potential buyer on the 47000 block of Warm Springs Boulevard. The buyer took the shoes and put them inside his car. The victim demanded money from the buyer and a fight started with the buyer punching the seller and stealing the shoes as well as the victim's cell phone. The victim was taken to a hospital for treatment of his injuries. The first suspect was described as an Asian male about 5-feet-7-inches tall with orange hair, a medium build and between 20 and 30-years old. He was wearing black/blue shoes and a black shirt. The second suspect was described as a black male in his 30s, last seen wearing a blue hot, a multi-colored button-up shirt and black shoes. Their vehicle was a 2000s silver 4-door BMW 325. The case is being investigated by Officer Gigliotti.

Tuesday, Aug. 1

At 10:08 a.m. police responded to a 911 call about a residential in the 36700 block of Marlowe Street in the Brookvale neighborhood. The caller said that an unknown male knocked at the front door, but the caller did not answer. Soon, a second unknown male, was seen jumping over the back fence. The reporting party scared off the two suspects who took off on foot in the direction of American High School. Officers and detectives responded to the area to search for the suspects. Then, at 10:44 a.m. a detective and patrol officer recognized a vehicle around Isherwood and Barnard Drive that was wanted in connection with a residential burglary that had occurred Monday on Farwell Drive. When the driver saw the marked patrol car, he fled at a high rate of speed. The patrol officer attempted a vehicle stop and the driver failed to yield. A short vehicle pursuit was initiated that traveled west on Isherwood crossing Paseo Padre Parkway and then Nicolet Ave. When the vehicle came to the end of Isherwood Place, the driver lost control and collided with a house. Two suspects were taken into custody in front of the residence and a third took off running and jumping fences. He was located at 10:56 a.m. and taken into custody on Blair Place, about five streets away. One suspect sustained a minor injury and was treated by paramedics at the scene. Detectives are investigating whether these suspects are responsible for additional residential burglaries that occurred earlier in the week on Hudson Place, Kipling Place and Farwell Drive.

At approximately 6:12 p.m. officers were dispatched to Carol Avenue and Grimmer Boulevard to investigate a possible collision or road rage. Officer Gerber investigated and found that after a road rage incident the suspect struck the victim with his vehicle. The victim rolled over the vehicle and suffered injuries during impact with the street. Area checks for the suspect vehicle were unsuccessful. The suspect vehicle is an older brown Nissan Altima with a black hood and black left front fender. An investigation is ongoing and anyone with information is asked to call police at (510) 790-6800, extension 3.

Arrest made in attempted sex tape extortion

SUBMITTED BY
**GENEVA BOSQUES,
FREMONT PD**

A 33-year-old Fremont man has been arrested on suspicion of trying to extort two of his former roommates by posting a sex video of them on the internet.

According to police, the couple who are in their 20s, received an anonymous email in mid-June from someone claiming to have video recordings of them having sex. Screen shots from the video were included to back up the claim. The person said the video would be posted on Facebook unless the couple paid \$2,000 to prevent it.

After the couple reported the incident to police, the demand increased to \$5,000 with a warning that the video would be posted on multiple websites and shared with family members.

Detectives from the Fremont Police Department's Crimes Against Persons Unit jumped



on the case. Tracking the emails online and using metadata embedded in the photos, investigators determined the photos were coming from an address on Pennsylvania Avenue in Fremont where the couple had lived until moving out at the end of April.

Armed with a search warrant, police visited the apartment on July 27 and arrested suspect Maninder Adama, a former roommate. They also found

and seized several laptops and electronic devices outfitted with the ability to record audio and video.

Detectives from the Regional Computer Forensic Laboratory assisted with the search of the laptops. Inside one of them, detectives found a video of the victims. Inside Adama's cell phone, detectives located the email account being used by the suspect in the extortion.

Adama was booked at the Fremont Jail on multiple counts of felony extortion and multiple misdemeanor counts related to invasion of privacy for the recording of the victims. He was arraigned in Fremont Superior Court on July 31.

Detectives are continuing to investigate this case to determine if there are additional victims. Anyone with information regarding Adama is encouraged to contact Detective Gebhardt in the Crimes Against Persons Unit at (510) 790-6954.

St. Rose
HOSPITAL



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PUBLIC NOTICES

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
ZONING ADMINISTRATOR

NOTICE IS HEREBY GIVEN THAT THE ZONING ADMINISTRATOR OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 3:00 P.M., ON MONDAY, AUGUST 21, 2017, AT THE CITY OF FREMONT DEVELOPMENT SERVICES CENTER, RANCHO HIGUERA CONFERENCE ROOM, 39550 LIBERTY STREET, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

TEMPORARY PHARMACY TRAILER – 3140 Kearney Street – PLN2017-00356
- To consider a Zoning Administrator Permit to allow the placement of a temporary pharmacy compounding trailer in the parking lot of the Palo Alto Medical Center located at 3140 Kearney Street in the Central Community Plan Area, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15311, Accessory Structures.
Project Planner, Hang Zhou, (510) 494-4545, hzhou@fremont.gov

* NOTICE *

If you challenge the decision of the Zoning Administrator in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Zoning Administrator at, or prior to, the public hearing.

**KRISTIE WHEELER
ZONING ADMINISTRATOR**



CNS-3038735#

NOTICE OF PUBLIC HEARING
CITY OF FREMONT
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M. ON THURSDAY, AUGUST 24, 2017, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FREMONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

3900 THORNTON AVENUE – 3900 Thornton Avenue – PLN2017-00035 – To consider Vesting Tentative Tract Map for Condominium Purposes No. 8383, a Conditional Use Permit, and a Discretionary Design Review Permit, to allow a new four-story mixed-use development containing a podium garage and four commercial condominium units totaling 7,124 square feet on the ground floor and 54 residential condominium units on the three upper floors on a vacant 1.05-acre site located at 3900 Thornton Avenue in the Centerville Community Plan Area, and to consider a Categorical Exemption pursuant to California Environmental Quality Act (CEQA) Guidelines Section 15332, In-Fill Development Projects.
Project Planner – Steve Kowalski, (510) 494-4532, skowalski@fremont.gov

WARM SPRINGS AREA 3 APARTMENTS – 3048 Tavis Place – PLN2017-00215 – To consider Vesting Tentative Parcel Map No. 10638 to allow the merger of three lots into two and facilitate the dedication of right-of-way for public improvements, a Preliminary Grading Plan, a Discretionary Design Review Permit to allow development of a transitory mixed-use project that includes 422 market rate apartments, 102 affordable apartments and 8,000 square feet of retail space proposed by Fairfield Warm Springs LLC, and a Modification of Zoning Standards to allow a reduced building height within the corner zone, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) as a Final Environmental Impact Report (SCH#2013032062) was previously certified for the Warm Springs/South Fremont Community Plan, and a CEQA compliance checklist was prepared, for the subsequent Old Warm Springs Boulevard South Master Plan, of which the proposed project is a conforming part.
Project Planner – David Wage, (510) 494-4447, dwage@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

* NOTICE *

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

**WAYNE MORRIS, SECRETARY
FREEMONT PLANNING COMMISSION**



CNS-3038743#

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17868857
Superior Court of California, County of Alameda
Petition of: Fnu Farkhunda for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed this court for a decree changing names as follows:
Fnu Farkhunda to Farkhunda Nasiry
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 9/22/17, Time: 11:30 a.m., Dept.: 24
The address of the court is 1221 Oak Street, Oakland, CA (*Administration Building) 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri City Voice
Date: July 21, 2017
MORRIS D JACOBSON
Judge of the Superior Court
8/1, 8/8, 8/15, 8/22/17

CNS-3035381#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17867286
Superior Court of California, County of Alameda
Petition of: Ho Lee for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Ho Lee filed a petition with this court for a decree changing names as follows:
Ho Lee to Bryan Ho Lee
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: Sep. 8, 2017, Time: 11:30 a.m., Dept.: 24
The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice
Date: July 12, 2017
MORRIS D. JACOBSON

Presiding Judge of the Superior Court
7/25, 8/1, 8/8, 8/15/17

CNS-3033162#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17867958
Superior Court of California, County of Alameda
Petition of: Abida Khan and Ishiaq Hussain for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Abida Khan and Ishiaq Hussain filed a petition with this court for a decree changing names as follows:
Aleeza Hussain to Aleeza Sultana Khan
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 09/15/17, Time: 11:30 AM, Dept.: 24
The address of the court is Alameda County Superior Court, 1221 Oak Street, Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happenings Tri City Voice
Date: Jul 17, 2017
Morris D. Jacobson
Presiding Judge of the Superior Court
7/25, 8/1, 8/8, 8/15, 8/22, 8/29, 9/5/17

CNS-3032745#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME

Case No. HG17866570
Superior Court of California, County of Alameda
Petition of: Manuel and Rebecca Pereira for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Manuel and Rebecca Pereira filed a petition with this court for a decree changing names as follows:
Rahim Fernando Hidayatullah to Rahim Fernando Pereira
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 8/25/17, Time: 11:30 a.m., Dept.: 24
The address of the court is 1221 Oak Street, 3rd Fl., Oakland, CA 94612
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri City Voice
Date: Jul 6, 2017
Morris D. Jacobson
Presiding Judge of the Superior Court
7/18, 7/25, 8/1, 8/8/17

CNS-3030999#

FICTITIOUS BUSINESS
NAMESFICTITIOUS BUSINESS
NAME STATEMENT

File No. 533961
Fictitious Business Name(s):
Always Towing Service, 32665 Brenda Way, #4, Union City, CA 94587, County of Alameda
Registrant(s):
Jatinder Singh, 32665 Brenda Way, #4, Union City, CA 94587
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jatinder Singh, Owner
This statement was filed with the County Clerk of Alameda County on August 3, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/8, 8/15, 8/22, 8/29/17

CNS-3039181#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533907
Fictitious Business Name(s):
Eih75deliveries, 37644 Crocus Ct., Newark, CA 94560, County of Alameda
Registrant(s):
EdiNelson Lorenzo Hernandez, 37644 Crocus Ct., Newark, CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ EdiNelson Lorenzo Hernandez
This statement was filed with the County Clerk of Alameda County on August 2, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/8, 8/15, 8/22, 8/29/17

CNS-3038702#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533727
Fictitious Business Name(s):
Country Kids Workshop, 1993 Greenwood Rd, Pleasanton, CA 94566, County of Alameda
Registrant(s):
Career Tiger LLC, 1993 Greenwood Rd, Pleasanton, CA 94566; CA
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Radhika Sahasrabudhe, Director
This statement was filed with the County Clerk of Alameda County on July 27, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/1, 8/8, 8/15, 8/22/17

CNS-3036994#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 468784
The following person(s) has (have) abandoned the use of the fictitious business name: **Pink Honey Productions, 38533 Goodrich Way, Fremont, CA 94536**
The Fictitious Business Name Statement being abandoned was filed on 8-21-2012 in the County of Alameda.
Jayne Roberta DeLeo, 38533 Goodrich Way, Fremont, CA 94536
Shirley Roberta DeLeo, Owner
This statement was filed with the County Clerk of Alameda County on July 11, 2017.
8/1, 8/8, 8/15, 8/22/17

CNS-3036716#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533445
Fictitious Business Name(s):
Crypto Lotus, 3744 Parish Ave., Fremont, CA 94536, County of Alameda
Registrant(s):
Tactical Safety, Inc. 3744 Parish Ave., Fremont, CA 94536; Delaware
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on July 1, 2017
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Antonio Benjamin, Chairman/ Chair-Person
This statement was filed with the County Clerk of Alameda County on July 24, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
8/1, 8/8, 8/15, 8/22/17

CNS-3035197#

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME

File No. 508815
The following person(s) has (have) abandoned the use of the fictitious business name: **Proactive Physical Therapy and Fitness, 4269 Marie Ct., Fremont, CA 94536**
The Fictitious Business Name Statement being abandoned was filed on 8/24/2015 in the County of Alameda
Genaro Jimenez, 4269 Marie Ct., Fremont, CA 94536
S/ Genaro Jimenez, Owner
This statement was filed with the County Clerk of Alameda County on July 20, 2017.
7/25, 8/1, 8/8, 8/15/17

CNS-3034493#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533152
Fictitious Business Name(s):
A. R. Investments, 3178 Winterbrook Drive, Bay Point, CA 94565, County of Contra Costa
Registrant(s):
Amyra Katrina Rocreo Soriano, 3178 Winterbrook Drive, Bay Point, CA 94565
Alfredo Bernier Calzadilla II, 3178 Winterbrook Drive, Bay Point, CA 94565
Business conducted by: A General Partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Amyra Soriano, General Partner
This statement was filed with the County Clerk of Alameda County on July 13, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/25, 8/1, 8/8, 8/15/17

CNS-3034334#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533160
Fictitious Business Name(s):
Jubilant Learning Club Tutoring Center, 32643 Alvarado Blvd., Union City, CA 94587, County of Alameda
Registrant(s):
Wing Tak Chan, 97 King Ave., CA 94536; Fremont
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Wing Tak Chan, Owner
This statement was filed with the County Clerk of Alameda County on July 13, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/25, 8/1, 8/8, 8/15/17

CNS-3034036#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 532641-42
Fictitious Business Name(s):
(1) Violet's Valentines, (2) Double V Delights, 40566 Fremont Blvd., Fremont, CA 94538, County of Alameda
Mailing address: 39270 Paseo Padre #534, Fremont, CA 94538
Registrant(s):
/s/ Linda L. Sepeda, 40566 Fremont Blvd., Fremont, CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Linda L. Sepeda
This statement was filed with the County Clerk of Alameda County on June 27, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/25, 8/1, 8/8, 8/15/17

CNS-3033196#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533217
Fictitious Business Name(s):
Avtar Transport, 4445 Stevenson Blvd., Apt 9, Fremont, CA 94538, County of Alameda
Registrant(s):
Avtar Singh Saini, 4445 Stevenson Blvd., Apt 9, Fremont CA 94538
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Avtar Singh Saini, Owner

This statement was filed with the County Clerk of Alameda County on July 17, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/25, 8/1, 8/8, 8/15/17

CNS-3032662#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533201
Fictitious Business Name(s):
Fremont Super Cab, 37483 Parish Cir., Fremont, CA 94536, County of Alameda
Registrant(s):
Jaswinder Singh, 37483 Parish Cir., Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on 4-12-2012
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jaswinder Singh
This statement was filed with the County Clerk of Alameda County on July 14, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/25, 8/1, 8/8, 8/15/17

CNS-3032446#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533161
Fictitious Business Name(s):
Sat Trucking, 38660 Lexington St. #420, Fremont, CA 94536, County of Alameda
Registrant(s):
Girish Sharma, 38660 Lexington St. #420, Fremont, CA 94536
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Girish Sharma, Owner
This statement was filed with the County Clerk of Alameda County on July 13, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/18, 7/25, 8/1, 8/8/17

CNS-3031787#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533039
Fictitious Business Name(s):
Sericle Food, 2746 Bayview Drive, Fremont, CA 94538, County of Alameda
Registrant(s):
Sericle Inc, 2746 Bayview Drive, Fremont, CA 94538, California
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jun Ma CEO
This statement was filed with the County Clerk of Alameda County on July 11, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/18, 7/25, 8/1, 8/8/17

CNS-3031781#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 532609
Fictitious Business Name(s):
Square Bookkeeping LLC, 36453 Ames Ter., Fremont, CA 94536, County of Alameda
Registrant(s):
Square Bookkeeping LLC, 36453 Ames Ter., Fremont, CA 94536; California
Business conducted by: a Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Nelli Markhusevska, Manager
This statement was filed with the County Clerk of Alameda County on June 27, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/18, 7/25, 8/1, 8/8/17

CNS-3031373#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 533011
Fictitious Business Name(s):
Top Real Estate, 2511 Parkside Dr., Union City, CA 94587, County of Alameda
Registrant(s):
Jing-Jing He, 2511 Parkside Dr., Union City, CA 94587
Business conducted by: Married Couple
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Lei Wen, Co-Owner
This statement was filed with the County Clerk of Alameda County on July 10, 2017
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after

any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
7/18, 7/25, 8/1, 8/8/17

CNS-3031370#

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 532631
Fictitious Business Name(s):
Bay Area Meal Preps, 40458 Marcia St. Fremont, CA 94538, County of Alameda
Registrant(s):
Takafumi Kudo, 1804 Camino Verde, Apt. O, Walnut Creek, CA 94597
Enrick Guerra, 40458 Marcia St. Fremont, CA 94538
Business conducted by: a general partnership
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Enrick Guerra
/s/ Takafumi Kudo, General Partners
This statement was filed with

PUBLIC NOTICES

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 7/18, 7/25, 8/1, 8/8/17

CNS-3030212#

GOVERNMENT

PUBLIC NOTICE
CITY OF NEWARK SUMMARY OF ORDINANCE NO. 500 ORDINANCE OF THE CITY COUNCIL OF THE CITY OF NEWARK, AMENDING TITLE 17 (ZONING) OF THE NEWARK MUNICIPAL CODE TO REVISE CHAPTER 17.20 (COMMERCIAL DISTRICTS) AND CHAPTER 17.24 (INDUSTRIAL DISTRICTS) BY AMENDING SECTIONS 17.20.030, 17.020.040, 17.24.030 AND 17.24.040.

On July 27, 2017, the Newark City Council adopted Ordinance No. 500 amending Title 17 (Zoning) of the Newark Municipal Code, removing "Distribution and Warehousing Uses" as a permitted use in the General Commercial, Intermediate Commercial, High Technology Park, Industrial Technology Park, Industrial Park, Limited Industrial, and General Industrial Zoning Districts and add "Distribution and Warehouse Uses" as a conditional use in the General Commercial, Intermediate Commercial, High Technology Park, Industrial Technology Park, Industrial Park, Limited Industrial, and General Industrial Zoning Districts with the aim of establishing the appropriate process to determine potential negative impacts associated with Distribution and Warehouse Uses.

This ordinance was adopted at the regular meeting of the Newark City Council on June 27, 2017, and shall take effect in 30 days. Vice Mayor Buccini moved that it be adopted and passed, which motion was duly seconded, and said ordinance was passed and adopted and ordered published pursuant to Government Code 36933 (c) (1) within 15 days of the date of adoption in The Tri City Voice by the following vote: AYES: Hannon, Collazo, Buccini, Freitas, and Nagy; NOES: None. Certified copies of the full text of this ordinance are available in the City Clerk's office, 37101 Newark Boulevard, 5 th Floor and in the Newark Library, 6300 Civic Terrace Avenue, Newark, California. SHEILA HARRINGTON City Clerk 8/8/17

CNS-3038392#

PUBLIC HEARING NOTICE
On August 22, 2017, at or after 7:30 p.m. in the Council Chambers, 37101 Newark Boulevard, Newark, CA, the Planning Commission will hold a public hearing to consider:

A General Plan Amendment to incorporate by reference the **Union City/Newark Local Hazard Mitigation Plan: Volume 1 and Newark's portion of Volume 2** into the General Plan Safety Element.

Details available at the Planning Department, 37101 Newark Boulevard, Newark, CA, 94560, and by calling (510) 578-4208.

If you challenge a City action in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Newark Planning Commission at, or prior to, the public hearing.

TERRENCE GRINDALL
Assistant City Manager
8/8/17

CNS-3038379#

NOTICE TO CONTRACTORS
Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg 5, Fremont, California, up to the hour of **2:00 PM on Tuesday, August 29, 2017**, at which time they will be opened and read out loud in said building for:

NILES COMMUNITY PARK DOCK

RENOVATIONS PROJECT (PWC)8891

Location and Description: The Project is located in Niles Community Park at 37361 3rd St., CA 94536 and is described as follows:

Base Bid (Dock #1): The Niles Community Park Dock Renovations Project includes the removal and disposal of the wooden floating dock and all flotation devices, guardrails, gangway, and anchor system. The project scope also includes the design and installation of a concrete floating dock system complete with a concrete floating dock, flotation devices, 80'L aluminum gangway, aluminum guardrail for the gangway and floating dock, anchor system, and a new concrete abutment and other concrete work associated with the connection and anchor system.

Alternate 1: Dock#2: The project scope includes the removal and disposal of the wooden floating dock and all flotation devices, guardrails, gangway, and cable anchors. The project scope also includes the design and installation of a concrete floating dock system complete with a concrete floating dock, flotation devices, 40'L aluminum gangway, aluminum guardrail for the gangway and floating dock, anchor system, and concrete work associated with the connection and anchor system.

PRE-BID CONFERENCE: A Non-Mandatory Pre-Bid Conference is scheduled for **11:00 a.m., Tuesday, August 16, 2017**, at the following location: **Dock#2** at 470 School Street, Fremont, Ca 94536, for the purpose of acquainting all prospective bidders with the contract documents and the Worksite.

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Santa Clara located at 821 Marin Avenue, Santa Clara, Ca 95050 or through Planwell at www.e-arc.com/ca/santaclara, Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

Sandy Smith
Purchasing Division
CITY OF FREMONT
8/8, 8/15/17

CNS-3038157#

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS NOTICE OF REQUEST FOR PROPOSALS (RFP) TO PROVIDE DESIGN SERVICES FOR HSIP CYCLE 8 TRAFFIC SIGNAL IMPROVEMENTS PROJECT CITY PROJECT NO. 17-18

FEDERAL PROJECT NO. HSIPL-5354 (040)
Proposals to provide design services for the HSIP Cycle 7 Traffic Signal Improvements will be received at the City of Union, Public Works Department, 34009 Alvarado-Niles Road, Union City, California until Tuesday, August 29, 2017 at 5 p.m. This project includes federal funds. The City has established a DBE goal of 8.0% for this contract. Contact the Department of Public Works at (510) 675-5308 to request a copy of the RFP. The RFP is also posted on the City's website: www.unioncity.org. All questions should be emailed to Michael Renk at mrenk@ci.union-city.ca.us.

City of Union City
Dated: July 27, 2017
8/8/17

CNS-3037384#

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHANGQING ZHANG, AKA CHANG QING ZHANG

CASE NO. RP17848950

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Changqing Zhang aka Chang Qing Zhang, deceased

A Petition for Probate has been filed by George C. Luo in the Superior Court of California, County of Alameda.

The Petition for Probate requests that George C. Luo be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court continuance: August 14, 2017 at 9:30 a.m. in Dept. 202 located at 2120 Martin Luther King Jr. Way, Berkeley, California 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets, or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: George C. Luo, 9 Main Street, Charlestown, Massachusetts 02129, Telephone: 434/420-4813
7/25, 8/1, 8/8/17

CNS-3033165#

NOTICE OF PETITION TO ADMINISTER ESTATE OF SAIED KHATA-O-KHOTAN

CASE NO. RP17867749

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Saied Khata-O-Khotan

A Petition for Probate has been filed by Khanh Tran in the Superior Court of California, County of Alameda.

The Petition for Probate requests that Khanh Tran be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on Aug 23 2017 at 9:31 AM in Dept. 201 located

at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner in Pro Per: Khanh Tran, 41449 Millenium Terrace, Fremont CA 94538, Telephone: (510) 676-3256
7/25, 8/1, 8/8/17

CNS-3032972#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: On the 14th day of August, 2017 at or after 10:00am, pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and/or other household items stored by the following people:

NameUnit #Paid Through Date
Chantal FerrAA4400A04/21/17
MICHAEL JACKSONC23604/27/17
MICHAEL JACKSONB33105/01/17
Robert AgorastosC11906/29/16
SUN O'DONNELLB31804/23/17
8/1, 8/8/17

CNS-3035104#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 0000000693287 Title Order No.: 730-1703018-70 FHAVA/PM No.: ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/24/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 04/04/2003 as Instrument No. 2003200091 of official records in the office of the County Recorder of ALAMEDA County, State of CALIFORNIA. EXECUTED BY: CARNELL D.

MOORE AND DYANN MOORE, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/31/2017. TIME OF SALE: 12:30 PM. PLACE OF SALE: AT THE FALLON STREET ENTRANCE TO THE COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be:32423 LOIS WAY, UNION CITY, CALIFORNIA 94587. APN#: 483 -0100-018. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances of the Trustee of the initial publication of the Notice of Sale is \$299,197.98. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the public records where the property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale, or visit this Internet Web site www.servicelinkASAP.com for information regarding the sale of this property, using the file number assigned to this case 0000000693287. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES AND POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 07/26/2017 BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP IS ACTING AS A DEBT COLLECTOR/ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4628141 08/01/2017, 08/08/2017, 08/15/2017 8/1, 8/8, 8/15/17

CNS-3035954#

Suspicious death under investigation

SUBMITTED BY LT. RAJ MAHARAJ

Police in Milpitas are investigating the death of a 54-year-old Milpitas man as a possible homicide. The case started when police officers and fire department personnel responded to a medical aid call at about 12:53 a.m. on Saturday, July 29. Arriving officers at a business on Winsor Street found a man dead at the scene. However, suspicious circumstances surrounding the death are leading police to investigate the incident as a homicide.

Newark Police Log

SUBMITTED BY
CAPTAIN CHOMNAN LOTH,
NEWARK PD

Thursday, July 27

At 4:22 a.m. Officer Johnson recovered a stolen U-Haul truck at the DoubleTree by Hilton Hotel, 39900 Balentine Drive. The registered owner was notified.

During a 3:09 p.m. security check in the NewPark Mall parking lot Officer Johnson met and subsequently arrested a 28-year-old Vallejo man on suspicion of theft and possession of burglary tools. He also arrested a 21-year-old Suisun City woman on suspicion of grand theft, possession of burglary tools and providing false identification to an officer. Both suspects were booked into the Fremont Jail.

Saturday, July 29

At 8:16 a.m. Officer Johnson recovered a reported stolen truck, trailer and boat on Elm Street at Wells Avenue. The registered owner was notified of the recovery.

At 8:24 p.m. Officer Wallace and Field Training Officer Johnson met and subsequently arrested a 36-year-old Berkeley man on suspicion of falsely exhibiting a firearm on Thornton Avenue at Willow Street. The suspect was booked into the Fremont Jail.

Sunday, July 30

At 4:11 p.m. Officer Mapes investigated a hit-and-run collision on Willow Street at Thornton Avenue. A 51-year-old San Leandro woman was arrested on suspicion of driving under the influence and booked into the Santa Rita Jail. The driver of the second vehicle, a 39-year-old East Palo Alto man, was arrested on suspicion of driving without a license. He was issued a citation and released.

Tuesday, Aug. 1

At 7:56 a.m. Officers responded to a collision involving two semi-trucks that caused a fuel and oil spill on Thornton Avenue at Gateway Boulevard. The intersection was reopened following cleanup.

At 11:27 p.m. Officer Khairy met and subsequently arrested a 28-year-old Newark man on suspicion of possessing drug paraphernalia and concealing evidence on Cherry Street at Dairy Avenue. The suspect was booked into the Fremont Jail.

Wednesday, Aug. 2

At 1:51 a.m. A rolling dispute between two vehicles ended up in the upper parking lot of the police station at 37101 Newark Blvd. The driver of one of the vehicles, a 33-year-old Newark man, was issued a citation for driving on a suspended license and possession of drug paraphernalia. The vehicle was towed from the scene.

CSU East Bay grads exceed expectations

SUBMITTED BY KIMBERLY HAWKINS

Cal State East Bay is one of the nation's top "value-added" public colleges, according to a new list published by Money Magazine for the week of July 17.

The magazine ranked the university No. 12 out of 50 nationwide for helping students "do far better than would be expected from their academic and economic background." According to the publication, rankings were created using a methodology that evaluates colleges on graduation rates, post-graduation earnings and student loan repayments.

Cal State East Bay was named among a handful of other California public universities including

CSU Stanislaus, Sacramento State, San Jose State and UC Davis.

In addition to the "value added list," Money Magazine also recently placed Cal State East Bay at No. 156 out of 711 colleges on its "Best Colleges for Your Money" list, which ranked colleges based on educational quality, affordability and alumni success.

According to the "Best Colleges" listing, Cal State East Bay alumni earn \$50,700 on average during the first few years after graduation, and 56 percent of students receive "needs-based grants." Other CSU campuses including Long Beach State, Fresno State, Cal State Los Angeles and Stanislaus State also made the list.

Investigators are asking the public's help in cracking the case. Anyone who has information about the incident is encouraged to call the Milpitas Police Department at (408) 586-2400. Information also can be shared anonymously by calling the Crime Tip Hotline at (408) 586-2500 or by visiting the Milpitas Police Department website at www.ci.milpitas.ca.gov/crimetip.

VW and regulators agree on fix for cars in cheating scandal

By MICHAEL BIESECKER
AND TOM KRISHER
ASSOCIATED PRESS

WASHINGTON (AP), Volkswagen and U.S. environmental regulators an agreement has been reached for the German automaker to fix most of the diesel cars involved in an emissions cheating scandal.

The company said the Environmental Protection Agency and the California Air Resources Board have approved the program, which involves about 326,000 VW cars sold between 2009 and 2014. That's the first generation of the "Clean Diesel" cars with 2.0-liter TDI engines, including the Jetta, Golf, Beetle and Audi A3.

Under the plan, VW owners can either choose to have their emissions systems repaired for free or have the company buy back their vehicles. The company says the fix does not impair driving performance.

With the deal, Volkswagen said it has completed plans covering about 98 percent of all the affected cars with 2.0-liter engines sold in the United States.

It has been more than a year since VW agreed to pay more than \$15 billion to settle criminal charges and civil claims related to the company's sale of nearly 600,000 cars with "defeat devices" designed to beat U.S. emissions tests.

Volkswagen has admitted that the cars were sold with illegal software programmed to turn on emissions controls during government lab tests and turn them off while on the road.

Investigators determined that the cars emitted more than 40 times the legal limit of nitrogen oxide, which can cause respiratory problems in humans. The company got away with the scheme for seven years until independent researchers reported it to government regulators.

Retrofitting the older "Generation 1" cars to meet U.S. air quality standards represented was an engineering challenge for VW because the cars were not designed to do so in the first place.

The approved fix involves both software and hardware changes that would be installed at dealerships across the United States. Technicians will erase the defeat device software and upload new software that the company says directs the emission controls to function effectively. VW will replace the catalyst that scrubs smog-causing nitrogen oxide from the vehicles' exhaust.

VW is spending more than \$20 billion to cover the cost of the global scandal, which includes a total of 11 million vehicles worldwide.

Associated Press Auto Writer
Tom Krisher in Detroit contributed to this report.

COMMUNITY BULLETIN BOARD

10 lines/\$10/ 10 Weeks
\$50/Year

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

Activities
Announcements
For sale
Garage sales
Group meetings
Lost and found

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The “NO” List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

FREE AIRPLANE RIDES FOR KIDS AGES 8-17

Young Eagles
Hayward Airport
Various Saturdays
www.vaa29.org
Email for more information
youngeagles29@aol.com

First Church of Christ Scientist, Fremont

Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Chld Care is available all services. Reading Room Open
Tuesday - Wednesday 1-3pm
1351 Driscoll Rd., Fremont
510-656-8161

“Giftique”

@Cedars Church
In Newark
October 28th, 9:30-3:00pm
38325 Cedar Blvd,
(Corner of Smith)
Tables and Tables of Unique
Gifts and Decorations!
[Giftique 71@gmail.com](mailto:Giftique71@gmail.com)

CRAFTERS!

At Cedars Church In Newark

October 28th, 9:30-3:00pm

Contact Vicki 510-589-1167
Giftique71@gmail.com

FREMONT STAMP CLUB

SINCE 1978
Meets 2nd Thurs.
each month 7pm
Cultural Arts Center
3375 Country Dr., Fremont
Everyone is welcome. Beginners to Advanced. For questions or more information:
www.fremontstampclub.org/
or call Dave:
510-487-5288

Do you get nervous when you have to speak in public?

Newark Toastmasters can help
Learn this skill and more in a supportive atmosphere
It’s FREE to attend
Tue 7am - 8:10am @ Newark Library, 6300 Civic Terrace Ave
510-402-8318 or 510-796-3562
www.1118.toastmastersclubs.org

F.U.N. (Fremont, Union City, Newark) PROGRESSIVES

Join us for pizza and politics
Bronco Billy’s Pizza
41200 Blacow Road Fremont
Most meetings 6pm - third Sun of the month.
For Info Visit our website:
www.funprogressives.com
Contact us at:
funprogressives@gmail.com

An Evening of Worship with Melia & Micah Mann

Sunday- Aug. 27- 6:30pm
The Mann’s will share what God has been doing through their ministry in Austria and we will have a time of worship and praise
New Hope Community Church
2190 Peralta Blvd., Fremont
newhopefremont@gmail.com
www.newhopefremont.org

FREMONT SYMPHONY GUILD

Enthusiastic music lovers who support the Fremont Symphony!
First Tuesday each month 7:30 pm
Fremont Community Activities Center
3375 Country Drive, Fremont
Visitors are welcome!
call 510-656-8763 or email
mmherstory@comcast.net

Shinn House Mission Peak Heritage Foundation

1269 Peralta Blvd. Fremont
Docents & Volunteers needed for Various Activities throughout the year. Free professional Docent Training.
Please contact: Joan Serafino
510-795-0891

Fremont Cribbage Club

teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville
Email:Accgr43@gmail.com
American Cribbage Congress
www.cribbage.org

New Dimension Chorus Men’s 4 Part Vocal Harmony In the “Barbershop” style

Thursdays at 7pm
Calvary Luther Church
17200 Via Magdalena
San Lorenzo
Contact: ndchorus.org
510-332-2481

Supporting the Fremont Symphony Orchestra for 50 years! FREMONT SYMPHONY GUILD

To learn more about this group of music-lovers call 510-673-0085 or email blgorsuch@att.net

58th yr.! San Leandro Art Association

a non-profit group of artists, is hosting an ART FEST 9/15 & 16 at main library in San Leandro on Estudillo open to the public where art work will be for sale along with entertainment and prizes. Monthly free demos at library 2nd Tues. of month 7 pm. See us in facebook 510-483-1208.

Tri-City Society of Model Engineers

The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site:
www.nilesdepot.org

The Friendship Force San Francisco Bay Area

Experience a country & its culture with local hosts; meet global visitors here.
Japanese guests in 2017
Travel to Kenya in 2018
Many Bay Area social activities.
www.ffsfba.org
www.thefriendshipforce.org
Call 510-794-6844 or 793-0857

SONS OF ITALY Social Club for Italians And Friends

1st Friday of month
(No meetings July/Aug/Dec)
5:30 social hour
6:30 potluck dinner (\$5)
Newark Pavilion - Bld. 2
(Thornton Blvd. & Cherry Blvd., Newark)
Info: Gina 510-943-7403
www.giuseppemazzini.org

“Neighborhood Village”

Non-profit to help people stay in their homes as they age
Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley & San Lorenzo area.
Public outreach meeting held 1st Friday each month - 2pm
Hayward City Hall
777 B Street, Hayward

East Bay Self Employment Association Calling all Veterans/Unemployed Retired, Men & Women, for FREE COUNSELING one to one, on alternate self employment. Call : 408-306-0827

Are You Troubled By Someone's Drinking? Al-Anon and Alateen are here to help.

Al-Anon has but one purpose: to help families of alcoholics. We share our experience, strength, and hope. www.ncwsa.org for a meeting near you, or call 510-276-2270, or email Easyduz@gmail.com

Our Savior Preschool Fall Enrollment is OPEN

858 Washington Blvd., Fremont
Students 2 1/2-5 years
Part time classes 9am-12pm
Full time classes 7am-6pm
Lic. #010204114
Call for tour 510-657-9269
oslpfremont@gmail.com
www.oslps.com

SENIORS IN SCHOOLS

Senior Volunteers are needed to help Newark school children with reading and basic math in their classrooms. If you can volunteer one or more hours a week, you can give a life-long gift of learning to a child. To help CALL Tom 510-656-7413 or email tkfederico@sbcglobal.net

Fremont Youth Symphony Orchestra

Apply online for Audition
<http://fremontsymphony.org>
New Season starts on 9/11/17
Monday Rehearsals, 4pm-7pm
First United Methodist Church
2950 Washington Blvd,
Fremont
youth@fremontsymphony.org
or call (510) 936-0570

Soiree Seniors For People Over 60

Many Activities
Potluck Dinners, Dancing, TGIF's, Birthdays and more
Call Dianne for information
(510) 581-9008

Fremont Garden Club

Join enthusiasts from Tri-City area
Meets Feb. - Oct.
3rd Wednesday of the month at various locations
Social time: 6:15 pm
Presentation: 7-8:30 pm
Annual dues: \$30 indi, \$50 couples
Call Lynn: 510-604-8206
www.fremontgardenclub.org

HOME CRAFT FAIR OCT 4,5,6,7

Hundreds of Items
by Local Crafters and Artists
Top-Jewelry-Holiday stuff-gifts
Wed-Oct 4 - 11am-4pm
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Follow signs on Bockman Rd.
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FREMONT MULTI-FAMILY YARD SALE Saturday - September 16 8am-2pm

Face-painting - Bounce House
Food & more
Proceeds to be donated to Freedom House for “The Beacon” a shelter for victims of Human Trafficking
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COMMUNITY BULLETIN BOARD

Larry “O” Car Show Sat. Aug 12 - 9am-3pm Classic, Custom Cars, Hot Rods & Trucks. Bounce House & Face Painting, Fund Raiser BBQ Bicycle Show & Model Car Displays! Drawings, Prizes and More! Ruggieri Senior Center 510-675-5495 33997 Alvarado-Niles Rd Union City	FREE Festival Community Church of Hayward Sat. Aug 12 - 11-3pm Everything is FREE! BBQ Lunch, Games, Raffles Family Activities kids school backpacks Live Music & Resources 26555 Gading Road, Hayward 510-782-8593	16th Olive Festival Sat/Sun – Oct 7 & 8 www.msjchamber.org Located on the grounds of Dominican Sisters of MSJ 43326 Mission - Fremont Live Music, Beer & Wine New Food - Vendors Kids Games, Crafts & FUN 10am–5pm – NO PETS	MSJ CHAMBER EVENTS www.msjchamber.org 8/19 @ 6pm LOBSTER FEST 151 Washington Blvd @\$65 – Limited - Presale Only 10/7 & 8 OLIVE FESTIVAL 10am-5 pm – 43326 Mission Live Entertainment, Crafts Beer-Wine-Vendors-Food Entry is FREE – NO PETS
Proclaim A Revival Revive, Restore & Rejoice! In the presence of God Come and receive Sun., Aug. 13 & 20 -11am The Veterans’ Building 37154 Second St., Fremont Liberty Church International Bishops Peter & Diane Robinson www.facebook.com/LibertyFremont/			FLASH FICTION WRITING CONTEST WIN Cash &/or prizes 300 words or less Subject: Year 2070 or later (50 years in future) Sat, Sept 8 - 10am-5pm Entry Deadline Tues. Sept 5 At: HALF-PRICED BOOKS Fremont Hub fcacWriters@gmail.com www.fremontculturalartscouncil.org

Tattoo Removal: Options and Results

SUBMITTED BY
MARY ELLEN TAYLOR,
UNITED STATES FOOD &
DRUG ADMIN.

Removing a tattoo isn’t as easy as it might seem. It can be painful, and risks include possible scarring and infection. But when done by a trained dermatologist, laser surgery can be safe and effective. Want to remove a tattoo? Talk to your dermatologist.

While state and local authorities oversee the practice of tattooing, inks and pigments used in tattoos are subject to U.S. Food and Drug Administration (FDA) oversight as cosmetics. FDA takes action to protect consumers when safety issues arise related to the inks.

At the other end of the tattoo process, FDA also regulates laser devices used to remove tattoos. In recent years, FDA has cleared for marketing several types of lasers for tattoo lightening or removal. According to a Harris Interactive poll conducted in January 2012, 1 in 8 of American adults who have tattoos regret getting one. In addition, many people who get a tattoo will want to update or modify their tattoos.

The American Society for Dermatologic Surgery (ASDS) reports that in 2011, its doctors performed nearly 100,000 tattoo removal procedures, up from the 86,000 performed in 2010. And, from 2012 to 2013, the number of tattoo removals increased by 52 percent.

Unfortunately, removing a tattoo is not as simple as changing your mind. Tattoos are meant to be permanent. Artists create tattoos by using an electrically powered machine that moves a needle up and down to inject ink into the skin, penetrating the epidermis, or outer layer, and depositing a drop of ink into the dermis, the second layer of skin. The cells of the dermis are more stable compared with those of the epidermis, so the ink will mostly stay in place for a person’s lifetime.

An effective and safe way to remove tattoos is through laser surgery, performed by a dermatologist who specializes in tattoo removal, says FDA’s Mehmet Kosoglu, Ph.D., who reviews applications for marketing clearances of laser-devices. There are several FDA-cleared devices intended for use in removing tattoos. FDA clearance means that FDA has determined the device to be substantially equivalent to another legally marketed device, according to FDA dermatologist Markham Luke, MD, PhD.

With laser removal, pulses of high-intensity laser energy pass

through the epidermis and are selectively absorbed by the tattoo pigment. The laser breaks the pigment into smaller particles, which may be metabolized or excreted by the body, or transported to and stored in lymph nodes or other tissues, Kosoglu explains.

The type of laser used to remove a tattoo depends on the tattoo’s pigment colors, he adds. Because every color of ink absorbs different wavelengths of light, multi-colored tattoos may require the use of multiple lasers. Lighter colors such as green, red, and yellow are the hardest colors to remove, while blue and black are the easiest. Generally speaking, just one laser treatment won’t do the trick. According to the American Academy of Dermatology, the procedure requires multiple treatments (typically six to 10) depending on a tattoo’s size and colors, and requires a few weeks of healing time between procedures.

Kosoglu says that pulsed lasers have been used to remove tattoos for more than 20 years. However, it can be a painstaking process. “Complete removal, with no scarring, is sometimes not possible,” Kosoglu notes. Other methods include dermabrasion—actually “sanding” away the top layer of skin—and excision, cutting away the area of the tattoo and then sewing the skin back together.

At this time, FDA has not approved or cleared any do-it-yourself tattoo removal ointments and creams that you can buy online. “FDA has not reviewed them, and is not aware of any clinical evidence that they work,” says Luke. In addition, Luke says that tattoo removal ointments and creams may cause unexpected reactions, such as rashes, burning, scarring, or changes in skin pigmentation in the process.

Does tattoo removal hurt? “That depends on a person’s pain threshold,” Kosoglu says. Some people compare the sensation of laser removal to being spattered with drops of hot bacon grease or snapping a thin rubber band against the skin. A trained dermatologist will be able to adjust the treatment to the patient’s comfort level. Some side effects may include pinpoint bleeding, redness, or soreness, none of which should last for long. Another possible side effect of tattoo removal is scarring.

Luke says that these laser devices are cleared for use by, or under the supervision of, a health care professional. The removal procedure requires using the correct type of laser, understanding the reaction of tissue to laser,

and knowing how to treat the area after the procedure. “If you have any concerns about having a tattoo removed, it’s a good idea to consult your dermatologist, who is knowledgeable about laser treatments,” Luke concludes.

The ASDS has a list of dermatological surgeons who specialize in tattoo removal. Consumers are asked to report adverse (negative) reactions from tattoos, as well as problems with tattoo removal, to FDA’s MedWatch.

This article appears on the FDA’s Consumer Updates page (<https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm336842.htm>), which features the latest on all FDA-regulated products.

LETTER TO THE EDITOR

Drought Emergency Over, but Wildfire Season May be Worse

The drought is over, but the damage has already been done. According to the U.S. Forest Service, between 2010 and 2016, more than 102 million trees died in California. In addition, the wet winter fueled the growth of a significant grass crop. The recent Grizzly Fire is a reminder that this combination may exacerbate this wildfire season.

That’s why Pacific Gas and Electric Company (PG&E) is working with local Fire Safe Councils for the fourth year in a row, providing nearly \$2 million in project funding this year to reduce the threat of wildfires.

In Alameda and Contra Costa counties, the Diablo Fire Safe

Council will use \$75,000 in PG&E funding to remove dead and dying trees, remove brush, and fund chipping days.

Each of us can do our part by maintaining defensible space around our homes, creating an evacuation and family communication plan, and assembling an emergency supply kit. You can even download the new CAL FIRE ready for wildfire app.

Cheryl Miller, Diablo
Fire Safe Council
Laura Wetmore, PG&E
Mission division

Fear of falling? Classes help seniors stay mobile

Balance exercises helps seniors stay upright and stabilizing muscles. Endurance exercises increase the heartbeat, which also helps with hypertension and diabetes. Flexibility training helps prevent injuries, and strength training builds and maintains bone density. Our program can be modified for wheelchairs, walkers, and canes.

Fall Prevention for Seniors
Mondays and Wednesdays
2:30 p.m. – 3:30 p.m.
Fridays
3:00 p.m. – 4:00 p.m.
Ruggieri Senior Center
33997 Alvarado Niles Road, Union City
For information, contact Aaron Wong (email)
awong@spectrumcs.org
(510) 209-0238 ext. 270 or (510) 209-8835
Free (60+ and at risk for falls)

SUBMITTED BY AARON WONG

According to the U.S. Center for Disease Control and Prevention, one-fourth of Americans aged 65 or more fall each year, and every 11 seconds an older adult is treated in the emergency room for a fall. These alarming statistics demonstrate the need to help seniors avoid falls, a goal that Spectrum Community Services address through classes focusing on strength, balance, flexibility, and cardiovascular endurance.

Since April, Spectrum Community Services has been offering fall prevention exercise classes for seniors at the Ruggieri Senior Center in Union City. The class meets one hour three times a week and is free of charge for seniors 60 and older who are at risk for falls.

Spectrum is licensed to provide their evidence-based exercise program called Enhance Fitness.

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Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Advisory and Engagement Board (CAEB) Recruiting

The Fremont Family Resource Center (FRC) Community Advisory and Engagement Board (CAEB) is currently looking for new members for the 2017-2018 fiscal year.

CAEB serves to enhance community involvement in the FRC and strengthen the link between FRC programs and services, and the Tri-City area's diverse residents. Therefore, those interested in serving on the CAEB must be a representative of a cultural, religious, neighborhood, business, service, or education group or organization in the area and have a means to relay FRC information to that group. CAEB members should also be interested in sharing their knowledge about FRC programs and services with associates, friends, and family.

Members will attend monthly dinner meetings on the third Tuesday of each month from 6-7:30 p.m. beginning in September. In addition, members will participate in and support FRC community activities, such as fundraising events. CAEB applicants must live or work in Fremont, Union City, or Newark, or represent an organization that serves Tri-City families.

If interested in becoming a CAEB member, please contact Jane O'Hollaren at 510-574-2026 or JOHollaren@fremont.gov for an application and additional information.

Adoption Event at the Tri-City Animal Shelter

The Tri-City Animal Shelter will be participating in a "clear

the new Warm Springs/South Fremont BART station being developed by St. Anton Communities. Construction is underway and projected completion date is summer 2018.

• **Central Commons:**
A 30-unit affordable ownership townhome project being developed by Habitat for Humanity on Central Avenue. Construction on phase I is underway, with an anticipated completion date for the first units in mid-2018. Habitat for Humanity is now looking for volunteers to help build the new homes. (Volunteer opportunities are also available for company and group team building.) Visit www.Fremont.gov/Central-Commons to volunteer for more information.

• **Mission Court Senior Apartments:** A 90-unit affordable rental project under construction for seniors. (Formerly named Parc 55.)

Affordable units in these complexes will vary from development to development and are restricted to the following income levels based on area median income (AMI) figures released by the Department of Housing & Urban Development:

- Extremely low income (30% of AMI or below)
- Very low income (30% - 50% of AMI)
- Low income (50% - 80% of AMI)

Visit www.Fremont.gov/Housing for the latest AMI figures.

Those interested in applying for a unit at Innovia or Mission Court can put their names on the Interest List at www.Fremont.gov/Affordable-Housing. Those interested in a unit at Central Commons can visit the Central Commons webpage at

The City of Fremont's Fire Department is offering a free Personal Emergency Preparedness (PEP) class, which will teach you how to take care of yourself and your family before, during, and after a disaster.

In just a single three-hour class, you will become an expert in:

- Earthquake and Disaster Awareness
- Gas, Electric and Water Shut-off
- Hazardous Material Awareness
- Fire Extinguisher Types
- Smoke Detector Placement
- Sheltering In-place

Classes are held from 7 p.m. to 10 p.m. on the following dates: Thursday, August 24 and Wednesday, November 8. A special Saturday class will be held on September 16 from 9 a.m. to 12 p.m., with hands on training starting at 12:15 p.m.

All classes will be located at the Fremont Fire Training Tower, located at 7200 Stevenson Blvd., west of Interstate 880. To register for a free PEP class, please call (510) 494-4244 or send an email to FirePubEd@fremont.gov.

However, when thousands of homes across Alameda County use similar products, improperly handle, store, and dispose of them, it can become a major problem.

Fremont residents should also be sure to visit the re-use area to find useable paint, cleaners, sealants, garden products, and more that are available at no cost.



The facility is located at the Fremont Recycling & Transfer Station at 41149 Boyce Rd. in Fremont. Call (800) 606-6606 for more information.

Some small businesses can also use the site. To learn more, businesses can call (510) 670-6460 or visit www.household-hazwaste.org.

Battery Recycling Drop-off Locations

The City of Fremont has established additional convenient drop-off options for the general public to recycle its batteries. Recent laws have made it illegal to dispose of batteries in the trash, including common household types such as alkaline, rechargeable, and smaller button-types.

In addition to the existing County HHW drop-off locations and the Republic Services Center on Boyce Road, battery drop-off locations that are open to the public now include:

- City Hall, 3300 Capitol Ave. (Lobby/Reception Desk)
- Development Services Center, 39550 Liberty St. (Lobby)
- Maintenance Center, 42551 Osgood Rd.
- Senior Center at Central Park, 40086 Paseo Padre Pkwy.
- Centerville Community Center, 3355 Country Dr. (Lobby)



the shelter" adoption event. Adoption fees will be waived for all rabbits, dogs, cats, and hamsters through August 19, 2017. Also, VIP Pet Care is offering free additional vaccinations and a microchip voucher that can be used for all pets owned by new adopters. The Tri-City Animal Shelter is located at 1950 Stevenson Blvd. and is open to the public Tuesday through Friday from noon to 5 p.m. and Saturday from 11 a.m. to 4 p.m.

Affordable Housing in the Pipeline

Finding affordable housing in Fremont is an ongoing challenge, but the good news is that there are new affordable units in the pipeline. Projects include:

- Innovia: A 290-unit affordable rental project near

www.habitatsv.org/Homes-for-Sale/Central-Commons-1

Free Personal Emergency Preparedness Class



If you are part of a group and would like to schedule your own personal group PEP class at your location, please contact Chuck Guaraglia, Public Education with the Fremont Fire Department, at 510-792-3473 or guaraglac@comcast.net.

Safely Dispose of Hazardous Products

A typical household can contain an array of hazardous products used for maintaining our cars, cleaning and disinfecting our homes, painting the house, and helping our gardens grow.

The health and safety of our families, neighborhoods, and environment is threatened when these hazardous household products are stored or disposed of improperly. The chemical-based household products from a single home may seem insignificant.

Our communities and the environment are endangered when these products are discarded in household garbage, sinks, or storm drains. That's why the City of Fremont is informing residents to never dispose of toxics in the garbage, sinks, toilets, or storm drains, and request that Fremont residents dispose of household toxics safely by using the Fremont Household Hazardous Waste Drop-off Facility.

Drop off is free and easy for Fremont residents. Accepted items include: aerosols; automotive fluids; batteries; fluorescent tubes/bulbs; household chemicals/cleaners; pharmaceuticals; sharps/syringes/lancets/needles; paints/solvents/thinners; pesticides/herbicides/fertilizers; pool chemicals; mercury thermometers; and rat



poison/pest control products.

Last year more than 12,000 households brought in over one million pounds of unwanted hazardous waste to the drop-off facility. The facility is open Wednesday through Friday, 8:30 a.m. to 2:30 p.m., and on Saturdays from 8:00 a.m. to 4:30 p.m. The facility is closed on Thanksgiving Day, Christmas Day, and New Year's Day.

- Irvington Community Center, 41885 Blacow Rd. (Lobby)
- Warm Springs Community Center, 47300 Fernald St. (Lobby)
- Los Cerritos Community Center, 3377 Alder Ave. (Lobby)

For additional information, visit www.Fremont.gov/Environment or call 510-494-4570.



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LETTERS POLICY

The Tri-CityVoice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

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Dr. Jain



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Get ready to Party in the Street

SUBMITTED BY HAYWARD
CHAMBER OF COMMERCE

It might be said they're saving the best for last. The Downtown Hayward Street Party series will finish its 2017 season with a musical and automotive extravaganza on Thursday, Aug. 17 along B and Main Streets, between City Hall and Foothill Boulevard.

The event, sponsored by the Hayward Chamber of Commerce, will include live music by four bands, a collection of vintage, classic and unusual cars and loads of fun activities for kids. And, the best part? Everyone is invited. The fun starts at 5:30 p.m. when bands strike up the tunes at various locations along B Street. Music will range from rock 'n' roll to salsa and popular hits.

Bands include salsa-influenced Patron at the Bank of the West stage, the reggae and rock of Conscious Souls at the Buffalo Bill's Stage, and Mitch Polzak and the Royal Deuces at the Bistro Patio Stage. DJ Robert Louis will entertain at the chamber of commerce Main Street Stage in the midst of the classic car show.

Other activities include a live performance by the Hayward High School Marching Band at



nearby Newman Park along with a student fashion show. Children's activities will include kiddie rides, face-painters and a bicycle art show from Kaiser

Permanente. Admission is free. Vendor spaces are still available. For information call Susan at the chamber at (510) 537-2424.

Hayward Street Party
Thursday, Aug. 17
5:30 p.m. – 8:30 p.m.
Downtown Hayward

**B St (from Foothill Blvd to
Watkins St), Hayward**
(510) 537-2424
www.hayward.org
Admission: Free

Golden Hills recognizes Artist of the Month

SUBMITTED BY
GAIL NOETH

Golden Hills Art Association Artist of the month for August is Alice Woodrow for an oil painting, "John Deere Tractor." First runner-up is Lynne Rogers' "Planetary Sunset"; second runner-up is Neelkamal Verma's "Sunrise."

The group meets at the Milpitas Police Department's Community Room, 1275 Milpitas Blvd. on the first Thursday of the month. The next

meeting is scheduled for September 7th; demonstrator will be Susan Helmer painting on silk.

Golden Hills Art Association
Thursday, Sep 7
7 p.m.
Milpitas Police Department
Community Room
1275 N Milpitas Blvd, Milpitas
(408) 263-8779



Niles Pie Open House & Celebration



SUBMITTED BY NILES PIE COMPANY

Niles Pie Company is an artisanal bakery in Union City that specializes in handmade seasonal pie and pastry with fresh, local produce. In business since 2010, they opened their retail location in the Dowe Business Park on Alvarado-Niles Road in the spring of 2013. They have expanded rapidly and continue to grow by serving area Farmers' Markets, adding corporate deliveries and catering, as well as hosting classes and events in their bright and comfortable retail space. It's the rapid growth that prompted founding owner Carolyn Berke to begin to explore the option to bring long-time staff into management and ownership roles. "Once I started to think about offering profit-sharing and ownership to our staff, the cooperative model really started to make sense," she says. "In order for us to continue our growth and really embed ourselves into the community, I wanted to bring on partners that were already invested in the business, and already part of the

community. We know we like to work with each other, so it's the obvious way to continue on the path we're already on."

Worker cooperatives are a democratic form of employee ownership. What makes them unique is they are businesses both owned and governed by their workers. Strategic decision-making is democratic, adhering to the principle of one member, one vote. Profits are earned based on hours worked. The Niles Pie cooperative has a traditional management structure, along with participatory culture and representative democracy with an elected board. Daily operations remain the same, and all looks the same to the naked eye. Original owner and founder Berke remains with the company in her current role as general manager, but the company is now owned by its staff. Toto Chittharath, one of Niles Pie's founding worker-owners, says, "This means that worker owners make decisions about things like overall workplace governance, policy setting, annual budget, company direction and strategy. We also share in the profits and risks of the company on an equal basis."



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Box Office 510-659-1319
www.StarStruckTheatre.org
See website for additional information



TRI-CITY VOICE



Not all staff are members of the cooperative, and there may always be a mix of owners and employees, but the goal is an ownership culture and a democratically governed workplace. "Our goal is to have as many of our staff become worker-owners as possible because we believe it will make us a stronger company," says Sarah Vegas, another of the cooperative's founding worker-owners.

On Saturday, August 12, Niles Pie will hold an open house to celebrate their new business model. There will be live music, promotions, and specials. Niles Pie wants to thank the local community for the strong

support they've given the business in their first seven years, and to include them in their future plans. Keep an eye on their Facebook event page (www.facebook.com/pg/NilesPie/events/) for updates and special appearances.

**Niles Pie Open House
and Celebration**
Saturday, Aug 12
1 p.m. – 4 p.m.
Niles Pie Company
Dowe Business Park
32990 Alvarado-Niles Rd,
Suite 960, Union City
(510) 324-4743
www.nilespie.com